

**HOUSTON
RESOURCE
GUIDE**

The "Blue Book"

**HOUSTON
GUÍA DE
RECURSOS**

El "Libro Azul"

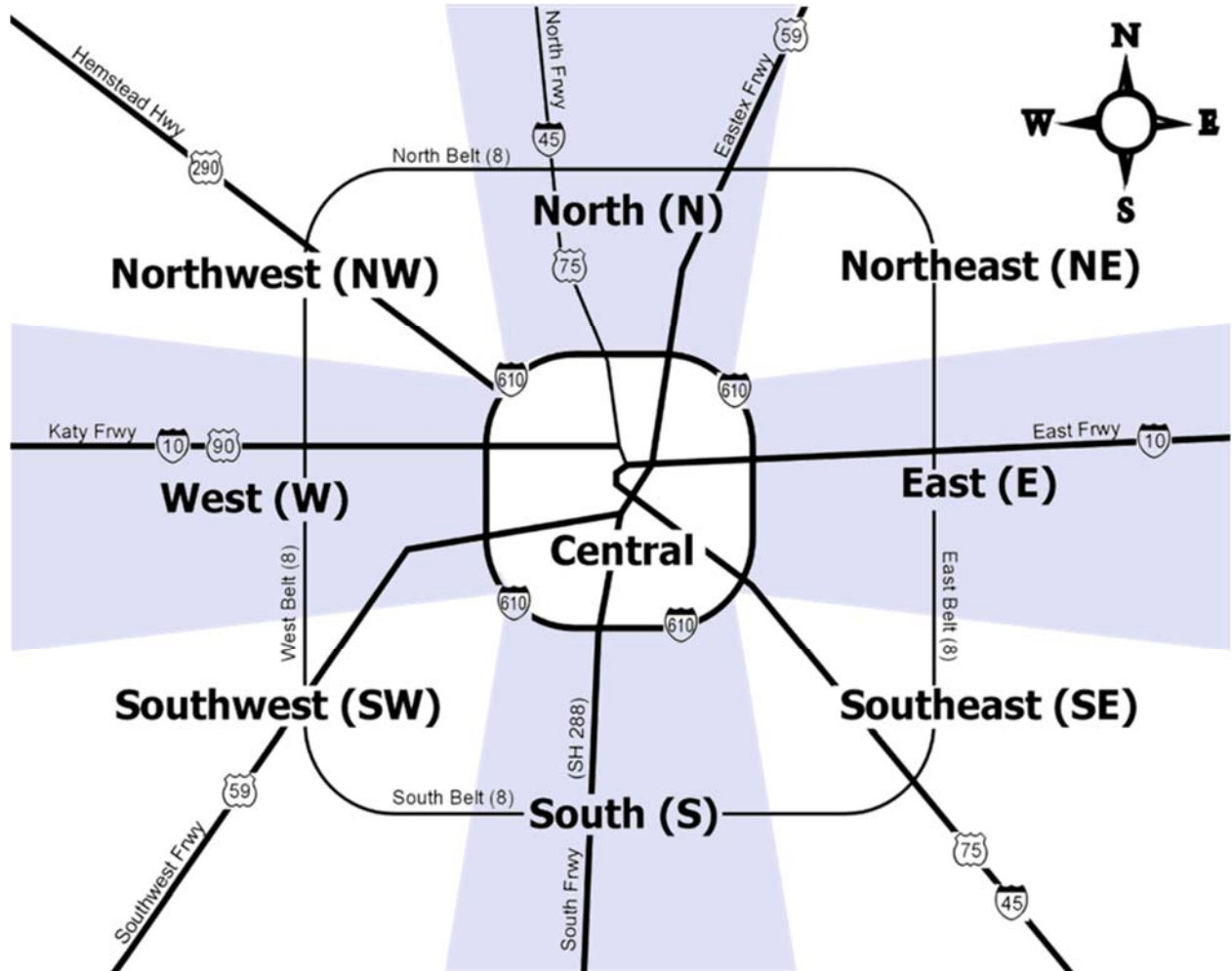


2025 - 2026

free / gratis

Houston Area Map

Mapa del Área de Houston



About the Blue Book...

The Houston area HIV Resource Guide is a convenient source of information about services in the Greater Houston Area available to persons living with HIV. This guide is not intended to be a directory of all agencies serving persons living with HIV. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council.

In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although we have done our best to provide accurate information, changes do occur, and what was correct when we went to print may no longer be correct at the time you are reading the guide.

We ask that you contact us at (832) 927-7926 or by e-mail at FeedbackRWPC@harriscountytexas.gov if you have comments or suggestions for improving future editions. Be sure to check our website for updated information: rwpchouston.org.

Acerca del Libro Azul...

La Guía de Recursos VIH de Houston es una conveniente fuente de información que refiere a los servicios en el área de Houston disponibles a las personas viviendo con el VIH. Sin embargo, no se pretende que sea un directorio de todas las agencias sirviendo a las personas que viven con el VIH y las inclusiones no implican endoso por parte del Concilio de Planificación Ryan White.

En la preparación de esta publicación hemos confiado en que las agencias mismas nos proveyeran de los datos concernientes a sus programas y servicios. Aunque nuestra intención es el de ofrecer al lector información precisa, algunos cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente.

Le solicitamos que nos llame al (832) 927-7926, o se comunique con nosotros a través de nuestro correo electrónico: FeedbackRWPC@harriscountytexas.gov con sus comentarios o sugerencias a efecto de mejorar nuestras futuras ediciones. Visítenos a nuestro sitio del internet rwpchouston.org para la información más actualizada.

New for 2025

Having reliable healthcare care and support is always important and enriches the quality of our lives. This guide remains an essential tool for connecting people with the services they need. We hope it helps you to access the support you need and encourages you to share information about available resources with others who may not know where to turn. ♥

Nuevo para 2025

Tener acceso a atención médica confiable y apoyo siempre es importante y enriquece la calidad de nuestras vidas. Esta guía sigue siendo una herramienta esencial para conectar a las personas con los servicios que necesitan. Esperamos que le ayude a acceder al apoyo que necesita y que lo motive a compartir información sobre los recursos disponibles con quienes no saben a dónde acudir. ♥

How To Use This Guide

The Legend below applies to the legend codes used for many services in this book. Additional codes may be used occasionally and are self-explanatory.

When looking for a particular service, use the TABLE OF CONTENTS on page 4. If you don't find the exact service, scan the table of contents to see if it might be included in another category.

The SERVICE CATEGORY sections list the agencies that provide each service. The Service Category sections list the agency name, phone number and legend codes. Use the HOUSTON AREA MAP (opposite page) to find the general area (North, South, East, etc) where the agency is located.

If you know the name of the agency you are looking for, refer to the ALPHABETICAL LISTING on page 86.

The PULL OUT PHONE DIRECTORY on the last page is perforated and can be removed for easy reference.

Como Usar Esta Guía

La leyenda a continuación indica los códigos utilizados en la mayoría de los servicios incluidos en este libro. Códigos adicionales pueden usarse ocasionalmente y son autoexplicativos.

Cuando necesite buscar un tipo de servicio, refiérase a la TABLA DE CONTENIDO en la página 4. Si no encuentra el servicio exacto, indague en la tabla para ver si está incluido en una categoría diferente.

Las secciones de CATEGORÍA DE SERVICIOS clasifican las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON (en la página opuesta) para encontrar el área general (norte, sur, este, etc.) donde la agencia está ubicada.

Si sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO en la página 86.

La GUÍA TELEFÓNICA ubicada en la última página, está perforado y se puede ser removida del libro para uso portátil y de referencia fácil.

LEGEND

M	Program for Men.
W	Program for Women.
C	Program for children, ages 0–12 (or age as specified).
Y	Program for youth, ages 13 – 24 (or age as specified).
Fam	Program for families with at least one child.
All	Program for persons of all ages.
Esp	Spanish speaking personnel available.
Free	At least one service provided free of charge.
X	Program for persons living with HIV.
Ins	Accepts private medical insurance.
IRR	Services for those recently released from jail or prison.
Med	Accepts Medicare and/or Medicaid.
S\$	Sliding scale used to determine fees.
SUD	Program for persons with a substance use disorder.
Appt req ...	Appointment required.
Walk-ins ...	No appointment needed.

LEYENDA

M	Programa para hombres.
W	Programa para mujeres.
C	Programa para niños, 0 – 12 años (o edad como se especifica).
Y	Programa para adolescentes, 13 – 24 años (o edad como se especifica).
Fam	Se atienden a las familias con niños.
All	Servicios para toda persona.
Esp	Personal que habla español disponible.
Free	Al menos un servicio proporcionado es gratis.
X	Programa para las personas que viven el VIH.
Ins	Aceptan seguro médico privado.
IRR	Servicios para personas que se han dado de alta de la cárcel o prisión.
Med	Se acepta Medicare y/o Medicaid.
S\$	Escala móvil utilizada para determinar costo.
SUD	Programa para personas con trastorno por uso de sustancias.
Appt req	Se requiere cita previa.
Walk-ins	No se requiere cita.

About the Artwork...

The artwork for the 2025-26 Houston Area HIV Resource Guide has been generously provided to us over the years by participants of the Healing Art Class from the Art League Houston and by participants of the currently unfunded Day Treatment Program at Avenue 360 Health and Wellness (formerly Bering Omega Community Services).

Those who have given us permission to use their artwork are Arturo Salazar-Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White and Tammy Garrison (front cover).

We are very grateful to the Day Treatment Program, the Art League Houston and the artists listed above for sharing their images and feelings with us for this publication.

Acerca de la Gráfica...

El material gráfico para la Guía de Recursos para el VIH 2025-26 del Área de Houston nos ha sido proporcionado generosamente a lo largo de los años por participantes de la Clase de Arte de Sanación (Healing Art Class) de Art League Houston y por los participantes del Programa de Tratamiento Diurno, actualmente no financiado, en Avenue 360 Health and Wellness (anteriormente Bering Omega Community Services).

Entre los que permitieron la publicación de sus trabajos se encuentran Arturo Salazar Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White y Tammy Garrison (portada).

Estamos agradecidos al Programa de Tratamiento Diurno, a la Liga de Arte Houston y a los artistas previamente mencionados por compartir con nosotros en esta publicación las imágenes y los sentimientos expresados a través del arte.

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Esta información o contenido y conclusiones son las del autor y no debe interpretarse como la posición oficial o política oficial, ni debe inferirse ninguna aprobación por HRSA, el HHS o del Gobierno de EE.UU..

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Dear Friends,

Welcome to the 2025-26 edition of the Houston Area HIV Resource Guide (the “Blue Book”), published by the Ryan White Planning Council. We are pleased to present the most current information about services available to people living with HIV in Harris County and the surrounding areas.

The Office of Support for the Ryan White Planning Council is responsible for this guidebook. The Council and its staff are constantly striving to enhance future editions of the Blue Book.

We encourage you to collaborate with us by providing accurate information and practical tips to ensure this resource guide is effective and user-friendly. Feel free to reach out via email, fax, or phone to share your feedback. We also welcome comments during Ryan White Planning Council and committee meetings, which are open to the public. Everyone is invited to attend. To learn more, please contact the Office of Support or check our website calendar for information about upcoming meetings.

Together, let’s work towards a future where this resource guide is no longer needed.

With Best Wishes,

Estimados Amigos,

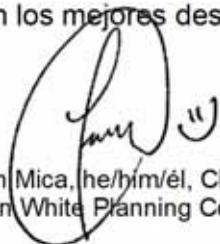
Bienvenidos a la edición 2025-26 de la Guía de Recursos sobre el VIH del Área de Houston (el “Libro Azul”), publicada por el Consejo de Planificación Ryan White. Nos complace presentarles la información más actualizada sobre los servicios disponibles para las personas que viven con VIH en el condado de Harris y sus alrededores.

La Oficina de Apoyo del Consejo de Planificación Ryan White es responsable de este manual. Tanto el Consejo como su equipo trabajan continuamente para mejorar las futuras ediciones del Libro Azul.

Les animamos a colaborar con nosotros proporcionando información precisa y consejos prácticos para garantizar que esta guía de recursos sea efectiva y fácil de usar. No duden en contactarnos por correo electrónico, fax o teléfono para compartir sus comentarios. También recibimos sugerencias durante las reuniones del Consejo de Planificación Ryan White y sus comités, las cuales están abiertas al público. Todos están invitados a asistir. Para más información, comuníquese con la Oficina de Apoyo o consulte el calendario en nuestro sitio web para conocer las próximas reuniones.

Trabajemos juntos por un futuro en el que esta guía de recursos ya no sea necesaria.

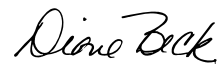
Con los mejores deseos,



Josh Mica, he/him/él, Chair
Ryan White Planning Council



Tori Williams
Director, Office of Support



Diane Beck
Blue Book Editor

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Important Resources Everybody Should Know About *Los Recursos Importantes Que Todos Deben Saber*

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both.

As with all listings in this guide, services and programs change, and only the agencies themselves, or a case manager, can tell you whether or not you qualify.

Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones.

Como todos los recursos en esta guía, los servicios y programas cambian y solo las agencias, o su administrador de casos, pueden decirle si califica.

Texas HIV Medication Program (THMP, or ADAP) *Programa de Medicamentos Contra el VIH de Texas (THMP, o ADAP)*

Available to low-income persons living with HIV, this program covers the cost of many often-prescribed medications. The THMP may also be able to provide assistance with health insurance premiums for eligible people living with HIV. See page 140 for more information.

Disponible para personas de bajos ingresos que viven con VIH, este programa cubre el costo de muchos medicamentos comúnmente recetados. El THMP también puede brindar asistencia con las primas de seguro médico para personas elegibles que viven con VIH. Ver página 140 para más información.

Health Insurance Co-Pay and Premium Assistance *Programa de Medicamentos Contra el VIH de Texas (THMP, o ADAP)*

This program offers assistance with HIV and non-HIV medication costs, as well as health insurance premiums, co-pays and deductibles.

Este programa ofrece asistencia con los costos de medicamentos relacionados o no con el VIH, así como primas de seguro médico, copagos y deducibles.

Located at Legacy Montrose Clinic (page 123), the program is open to area residents living with HIV who meet eligibility requirements. You can access the program at any Ryan White funded clinic.

Ubicado en la Clínica Legacy Montrose (página 123), el programa está abierto a los residentes del área que viven con el VIH y cumplen con los requisitos de elegibilidad. Puede acceder al programa en cualquier clínica financiada por Ryan White.

Operation ID (program of Main Street Ministries Houston) *Operación ID (un programa de Main Street Ministries Houston)*

Assists low income individuals with obtaining official state-issued identification, such as Texas IDs, driver's licenses, and birth certificates. **You must have an agency referral, no walk-ins are accepted.**

Ayuda a personas de bajos ingresos a obtener una identificación oficial del estado, como ID de Texas, licencias de conducir y actas de nacimiento. Se requiere referencia de una agencia; no se aceptan visitas sin cita.

Common referring agencies include homeless service providers, re-entry programs, social service agencies, and local government agencies. Ask your case manager or call 2-1-1 if you need help getting an ID.

Las agencias de referencia incluyen servicios para personas sin hogar, programas de reinserción, agencias sociales y gubernamentales. Pregunte a su administrador de casos o llame al 2-1-1 si necesita ayuda para obtener una identificación.

PrEP (Pre-Exposure Prophylaxis) / *PrEP (profilaxis previa a la exposición)*

Pre-Exposure Prophylaxis, commonly known as PrEP, can help prevent a person who does not have HIV from acquiring HIV from a sexual or injection drug using partner.

La profilaxis previa a la exposición, comúnmente conocida como PrEP, puede ayudar a prevenir que una persona que no tiene VIH adquiera VIH de una sexual o de una pareja que usa drogas inyectables.

Available as a daily pill or long-acting injectable, PrEP is highly effective when take as prescribed in preventing HIV.

Disponible en forma de pastilla diaria o inyección de acción prolongada, la PrEP es altamente efectiva para prevenir el VIH cuando se toma según las indicaciones.

See page 63 for more information and a list of providers.

Vea la página 63 para más información y una lista de proveedores.

Harris County Public Health Services Ryan White Grant Administration

CPCDMS Ryan White Client Registration

All clients are required to register in the CPCDMS in order to be eligible for Ryan White services. Listed below are the steps required to complete the registration. **Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.**

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Ryan White eligibility** (see below).
4. If the client provides **all necessary eligibility documentation** (HIV diagnosis, identity, residency, income, and health insurance verification), the agency serves client.

NOTE: Only a Ryan White Grant funded agency may register you. Only the agency where you register(ed), or who now currently owns your record, may update your registration.

Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

Required Documentation

Acceptable Forms of Documentation

HIV diagnosis¹

Acceptable signatories

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician (**only acceptable by Harris County Ryan White Grant Administration**)
- An Advanced Practice Nurse

- A computer-generated HIV laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed. Examples are:
 1. Antibody screening test {e.g. Reactive Enzyme Immunoassay (EIA) with confirmatory western blot or Indirect Immunofluorescence Assay test (IFA)}, or
 2. HIV Nucleic Acid (DNA or RNA) detection test {e.g. Polymerase Chain reaction (PCR), HIV p24 Antigen test, HIV Isolation (viral culture)}, or
 3. HIV Testing Medical Report on HHD letterhead.
- A statement or letter signed by a medical professional indicating that the individual is living with HIV, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is living with HIV, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth (**valid for only 60 days from the start of services at the agency**).
- A Texas Department of Criminal Justice (TDCJ) physician-completed Medical Certification form.

NOTE: Proof of HIV diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV diagnosis must be presented at all agencies where services are accessed.

¹ For services available to persons not living with HIV, documentation of the client's relationship to a person living with HIV and their diagnosis must be provided.

CPCDMS Ryan White Client Registration

Required Documentation	Acceptable Forms of Documentation
<p>Verification of identity</p>	<ul style="list-style-type: none"> • Texas Driver’s License (Primary & Preferred ID) • Texas Identification Card • Texas Department of Corrections identification card • Employment badge with picture • Student ID with picture • U.S. immigration documents with picture • Credit card with picture • Metro picture ID • U.S. naturalization, citizenship, passport or other Federal documents with picture • Driver’s license or identification card issued by another US state • A government-issued ID from a country other than the US • Birth certificate (cannot be used by married women) • Social Security card • Medicaid/Medicare card • Letter on letterhead from another Social Service agency (homeless or undocumented only) • Veterans Administration ID Card <p>The following documentation is acceptable only for homeless clients and clients recently released from or referred by the Harris County jail:</p> <ul style="list-style-type: none"> • Letter on company letterhead from a case manager, social worker, counselor or other professional from another agency who has personally provided services to the client. • Letter on company letterhead from the Harris County jail)
<p>Verification of residency within funding source’s catchment area</p>	<p>Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation (must be current):</p> <ul style="list-style-type: none"> • Client Residency Affidavit of no change (acceptable at every 6-month reassessment) or self-attestation of change with acceptable documentation (form found on HCPH website)* • Residency and Income Affidavit (form found on HCPH website)* • Valid copy of “CPCDMS Client Verification” form (Agencies Online who are NOT Record Owners) • Valid Texas Driver’s License (unexpired) • Texas State identification card (unexpired) • Current lease in the name of the client or listing the client as an occupant • Current Property tax documents • Current utility/phone/cable bill in the name of the client • Current credit card bill in the name of the client • Current letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility • Any type of current business correspondence with the client’s

Harris County Public Health Services Ryan White Grant Administration

CPCDMS Ryan White Client Registration

Required Documentation	Acceptable Forms of Documentation
<p>Verification of residency within funding source's catchment area <i>(continued)</i></p>	<p>name and address pre-printed, (e.g. auto registration, insurance, bank/ brokerage statement, food stamp letter, Social Security letter [SSI or SSDI], Medicaid letter/card)</p> <ul style="list-style-type: none"> • Current pay stub with address • Supporter statement with address and valid signature by client supporter • P.O. Box, along with another means to verify the address such as current utility bill or case manager's verification letter • Current voter registration • Proof of current college enrollment or financial aid <p>The following documentation is acceptable only for homeless clients:</p> <ul style="list-style-type: none"> • Agency temporary affidavit signed and dated by the client (valid for only 60 days from the start of services at the agency). • Letter on company letterhead from a case manager, social worker, counselor or other professional from another agency who has personally provided services to the client. • A letter of identification and verification of residency from a verifiable homeless shelter or community center serving homeless individuals; or • A statement/attestation (does not require notarization) with client's signature declaring that client has no resources for housing or shelter. <p>A letter on company letterhead from the agency providing services attesting that the individual has no resources for housing or shelter will be accepted.</p>
<p>Verification of household income</p>	<p>All clients must be screened for financial eligibility for Ryan White funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.²</p> <p>Documentation of income must be provided for all members of the client's household.³ Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.</p> <p>Acceptable income documentation:</p> <ul style="list-style-type: none"> • Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation • Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)

² See the US Dept. of Health & Human Services Poverty Guidelines for the current year and the "Ryan White Financial Eligibility" table.

³ Refer to P&P for determining household income.

CPCDMS Ryan White Client Registration

Required Documentation	Acceptable Forms of Documentation
<p>Verification of household income <i>(continued)</i></p>	<ul style="list-style-type: none"> • Payroll stub/copy of payroll check/bank statement showing direct payroll deposit • Letter from employer on company letterhead indicating weekly or monthly wages • Unemployment benefits letter/copy of check • IRS 1040 form (tax return)/W-2 form/1099 form (preferred) • Social Security award letter • VA benefits letter • Private disability/pension letter on company letterhead • Medicaid letter • Child or spousal support order with judge’s signature and date • Food stamp award letter (TANF: Temporary Aid to Needy Families) <p>The following documentation is acceptable only for clients claiming no income:</p> <ul style="list-style-type: none"> • Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date) for zero income • Residency and Income Affidavit (form found on HCPH website)* for zero income • Proof of application for Social Security (valid for 6 months only) for zero income • Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses • Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type of support (room only, room and board, cash assistance, etc.) and the supporter’s phone number for verification for zero income <p>The following documentation is acceptable only for homeless clients:</p> <ul style="list-style-type: none"> • Agency temporary affidavit signed and dated by the client (valid for only 60 days from the start of services at the agency) for zero income <p>Letter on company letterhead from a case manager, social worker, counselor or other professional from another agency who has personally provided services to the client for zero income.</p>
<p>Verification of Health Insurance Coverage: Medicaid/ Medicare or Third Party Eligibility Verification</p>	<p>The following service categories must provide verification of client ineligibility for Medicaid/Medicare or third party coverage (to assure that Ryan White Part A is payer of last resort) at every visit or monthly (whichever is less frequent).</p> <p>Medicaid/Medicare or Third Party Reimbursable Service Categories:</p> <ul style="list-style-type: none"> • Primary Medical Care (including pediatric and women’s services)

CPCDMS Ryan White Client Registration

Required Documentation

Acceptable Forms of Documentation

Verification of Health Insurance Coverage: Medicaid/Medicare or Third Party Eligibility Verification
(continued)

- Psychiatry
- Local Pharmacy Assistance Program (LPAP)
- Dental
- Substance Abuse Treatment
- Vision Services
- Transportation (Medicaid only)
- Case Management (children up to 20 years old and pregnant women)

Acceptable documentation to verify Medicaid/Medicare or third party eligibility status:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- The preferred method for documenting insurance verification is printing the results and filing in client record or electronically in an organized and identifiable manner
- Verification of employment, i.e. payroll stub, copy of payroll check, bank statement showing direct payroll deposit, letter from employer on company letterhead indicating weekly or monthly wages no greater than 6 months old (to demonstrate Medicaid/Medicare or third party eligibility status)
- Medicaid/Medicare or third party rejection/denial letter covering the dates of service
- Medifax slips or other automated system (must be done at least monthly)

The following documentation is acceptable only for homeless clients:

- Letter on company letterhead from a case manager, social worker, counselor or other professional (certifying Medicaid/Medicare or third party eligibility status) from another agency who has personally provided services to the client, stating that the client is undocumented and/or homeless.

Servicios de Salud Pública del Condado Harris Administración de Subsidios Ryan White

Procedimiento de registro de CPCDMS para clientes de Ryan White

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios de Ryan White. A continuación están los pasos a seguir para completar la registración. **La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.**

5. El cliente firma el formulario del consentimiento para recibir servicios.
6. El personal de la agencia completa el formulario de registración con el cliente.
7. El personal de la agencia asesora al cliente para su elegibilidad a la **Ryan White** (vea a continuación).
8. Si el cliente provee **toda la documentación necesaria para la elegibilidad** (confirmación de diagnóstico del VIH, identidad, residencia, ingreso, y verificación de seguro de salud), la agencia ofrece servicio al cliente.

AVISO: Solo puede registrarlo una agencia financiada por la subvención de Ryan White. Solamente la agencia donde usted está registrado (o se registró) o, que actualmente tiene su registro, puede actualizar su registro.

Requerimientos de elegibilidad de la Ryan White

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

Documentación requerida

Tipos de documentación aceptables

Diagnóstico del VIH⁴

Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico **(aceptado solamente por el Condado Harris Administración de Subsidios Ryan White)**
- Una enfermera de práctica avanzada

- Un análisis de laboratorio del VIH+ elaborado por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso. Ejemplos:
 4. Análisis del anticuerpo, por ejemplo, Inmunoanálisis de Enzima Reactiva (EIA) con “Western blot” confirmatorio o Análisis de Inmunofluorescencia Indirecta (IFA); o
 5. Análisis de detección del Acido Nucleico del VIH (DNA o RNA) {por ejemplo, Reacción de Cadena Polimerase (PCR), Análisis de Antígeno VIH p24, Aislamiento del VIH (cultivo viral); o
 6. Reporte médico de la prueba del VIH en hoja membretado con HHD.
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento (**válido solamente por 60 días del inicio del servicio en la agencia**).
- Un médico del Departamento de Justicia Criminal de Texas (TDCJ) formulario de Certificación médica completada.

AVISO: La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.

⁴ Para los servicios disponibles a personas sin VIH, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

Registro CPCDMS para clientes de Ryan White

Documentación requerida	Tipos de documentación aceptables
<p>Verificación de identidad</p>	<ul style="list-style-type: none"> • Licencia de conducir de Texas (Identificación primaria y preferida) • Cédula de identidad de Texas • Tarjeta de identidad del Departamento de Corrección de Texas • Tarjeta laboral con fotografía de identidad • Tarjeta estudiantil con fotografía • Documentos de inmigración de EEUU con fotografía • Tarjeta de crédito con fotografía • Tarjeta del Metro con fotografía • Documento de naturalización, ciudadanía, pasaporte u otro documento federal con fotografía • Licencia de conducir o tarjeta de identidad de otro estado de EEUU • Identificación gubernamental producida por otro país que no sea de EEUU • Certificado de nacimiento (no aceptable de mujeres casadas) • Tarjeta del Seguro Social • Tarjeta de Medicaid/Medicare • Carta con logo de otra agencia de servicios sociales (sin hogar o indocumentados solamente) • Tarjeta de identidad de la Administración de Veteranos <p>La siguiente documentación es aceptable únicamente para clientes sin hogar y clientes recientemente liberados o remitidos por la cárcel del condado de Harris:</p> <ul style="list-style-type: none"> • Carta en papel con membrete de la empresa de un administrador de casos, trabajador social, consejero u otro profesional de otra agencia que haya prestado servicios personalmente al cliente. • Carta en papel con membrete de la empresa desde la cárcel del condado de Harris.
<p>Verificación residencial dentro de la zona de captación de fondos</p>	<p>Documentación de residencia de menores de edad es requerida de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable (debe estar vigente):</p> <ul style="list-style-type: none"> • Declaración jurada de residencia del cliente (aceptable en cada reevaluación semestral) de que no hubo cambios o autocertificación de cambio con documentación aceptable (formulario que se encuentra en el sitio web de HCPH)*. • Declaración jurada de residencia e ingresos (formulario disponible en el sitio web de HCPH)*. • Copia válida del formulario de "Verificación de cliente CPCDMS" (agencias en línea que NO son propietarias de registros). • Licencia de conducir de Texas válida (vigente). • Tarjeta de identificación de Texas (vigente). • Contrato de alquiler actual a nombre del cliente o que incluya al cliente como ocupante. • Documentos de impuestos a la propiedad actuales. • Factura de servicios públicos/teléfono/cable actual a nombre del cliente. • Factura de tarjeta de crédito actual a nombre del cliente. • Carta actual en papel con membrete de la empresa firmada por el director de un hogar grupal reconocido, un hogar de cuidado o un establecimiento de vivienda de transición. • Cualquier tipo de correspondencia comercial actual con el nombre y la dirección del cliente preimpresos (por ejemplo, registro de automóvil, seguro,

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptables
<p>Verificación residencial dentro de la zona de captación de fondos <i>(continúa)</i></p>	<p>estado de cuenta bancario/de intermediación, carta de cupones de alimentos carta de Seguro Social [SSI o SSDI], carta/tarjeta de Medicaid).</p> <ul style="list-style-type: none"> • Recibo de pago actual con dirección. • Declaración notariada con domicilio y firma válida del cliente auspicante. • Apartado postal, junto con otro medio para verificar la dirección, como una factura de servicios públicos actual o una carta de verificación del administrador del caso. • Tarjeta de inscripción de votante actual. • Comprobante de inscripción universitaria actual o ayuda financiera <p>La siguiente documentación es aceptable únicamente para clientes sin hogar:</p> <ul style="list-style-type: none"> • Declaración jurada temporal de la agencia firmada y fechada por el cliente (válida solo por 60 días desde el inicio de los servicios en la agencia). • Carta en papel con membrete de la empresa de un administrador de casos, trabajador social, consejero u otro profesional de otra agencia que haya prestado servicios personalmente al cliente. • Una carta de identificación y verificación de residencia de un refugio para personas sin hogar o un centro comunitario verificable que preste servicio a personas sin hogar; o • Una declaración/certificación (no requiere certificación notarial) con la firma del cliente declarando que el cliente no tiene recursos para vivienda o refugio. • Se aceptará una carta en papel con membrete de la agencia que presta los servicios que acredite que la persona no tiene recursos para vivienda o refugio.
<p>Verificación del ingreso familiar</p>	<p>Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Ryan White. No se debe proveer servicios a cliente cuyo ingreso familiar sobrepasa el máximo establecido por el Concilio de Planeamiento Ryan White para cada categoría de servicio.⁵</p> <p>La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.⁶ La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside.</p> <p>Documentación de ingreso aceptable (debe estar vigente):</p> <ul style="list-style-type: none"> • Testimonio del cliente (aceptable cada 6 meses de reevaluación) afirmando que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable • Una copia valida y oficial de “verificación del sistema de CPCDMS” (solamente agencias que NO son poseedoras de registro del cliente) • Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso • Carta con logo escrita por el empleador indicando salario semanal o mensual • Carta de beneficio de desempleo/copia del cheque • Formulario del IRS 1040 (reembolso de impuesto)/W-2/1099 (preferido) • Carta del beneficio del Seguro Social • Carta de beneficio de la Administración de Veteranos • Discapacidad privada/carta de pensión que incluya el logo de la compañía • Carta de Medicaid

⁵ Ver la guía de indigencia del año actual del Departamento de Salud y Servicios Humanitarios de EEUU y la tabla “Ryan White Federal Poverty Guidelines.”

⁶ Refiérase a los Reglamentos y Procedimientos para determinar el ingreso familiar.

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptables
<p>Verificación del ingreso familiar (<i>continúa</i>)</p>	<ul style="list-style-type: none"> • Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez La siguiente documentación es aceptable cuando el cliente declara no tener ingreso: • Declaración jurada temporal de la agencia firmada y fechada por el cliente (válida solo por 60 días a partir de la fecha inicial del servicio) para personas con cero ingresos. • Declaración jurada de residencia e ingresos (formulario que se encuentra en el sitio web de HCPH)* para personas con cero ingresos. • Comprobante de solicitud de Seguridad Social (válido solo por 6 meses) para personas con cero ingresos. • Cliente que vive de ahorros: extractos de cuentas bancarias o de inversión de 3 meses consecutivos que muestren retiros para gastos de manutención. • Cliente recibiendo auspicio de otra persona: declaración firmada y fechada por el auspiciante, que incluye la cantidad y el tipo de auspicio (solo alojamiento, alojamiento y comida, asistencia en efectivo, etc.) y el número de teléfono del auspiciante para verificación de cero ingresos. <p>La siguiente documentación es aceptable únicamente para clientes sin hogar:</p> <ul style="list-style-type: none"> • Declaración jurada temporal de la agencia firmada y fechada por el cliente (válida solo por 60 días desde el inicio de los servicios en la agencia) para personas con cero ingresos. <p>Carta con membrete de la empresa de un administrador de casos, trabajador social, consejero u otro profesional de otra agencia que haya prestado servicios personalmente al cliente con cero ingresos.</p>
<p>Verificación de la Cobertura del Seguro de Salud: Medicaid / Medicare o Verificación de Elegibilidad de un Tercer Partido</p>	<p>Las siguientes categorías de servicios deben proveer verificación de la elegibilidad del cliente para Medicaid/Medicare o la cobertura de un tercer partido (para asegurar que la Parte A de Ryan White pagara como último recurso) a todas las visitas o mensualmente (cual fuera menos frecuente).</p> <p>Categorías de Servicio Reembolsable por Medicaid/Medicare o un Tercer Partido:</p> <ul style="list-style-type: none"> • Cuidado Médico Primario (incluye pediatría y servicios para mujeres) • Psiquiatría • Programa Local de Asistencia Farmacéutica (LPAP) • Dental • Tratamiento de Abuso de Sustancias • Servicios de Visión • Transportación (Medicaid solamente) • Administración de Casos (niños/niñas hasta los 20 años de edad y mujeres embarazadas) • Documentación aceptable que verifique elegibilidad con Medicaid/Medicare o un tercer partido: • Testimonio del cliente (aceptable cada 6 meses de reevaluación) de que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable • El método preferido para documentar verificación de seguros es imprimiendo los resultados y registrándose en el archivo del cliente o electrónicamente de una manera identificable y organizada • Verificación de empleo, por ejemplo, planilla de pago, copia del cheque salarial, documento de cuenta bancaria que demuestra depósito directo del pago salarial, carta con membrete de la compañía del empleador indicando salario semanal o mensual fechado un máximo de seis meses de la fecha de presentación del documento (para demostrar estado de elegibilidad con Medicaid/Medicare o un tercer partido)

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptables
Verificación de la Cobertura del Seguro de Salud: Medicaid / Medicare o Verificación de Elegibilidad de un Tercer Partido <i>(continúa)</i>	<ul style="list-style-type: none"> • Una carta de rechazo/negación durante las fechas de servicio de Medicaid/Medicare o un tercer partido • Planillas de Medifax u otro sistema automatizado (debe hacerse por lo menos mensualmente) <p>Las siguientes documentaciones son aceptables sólo para clientes sin vivienda:</p> <ul style="list-style-type: none"> • Carta con membrete de la compañía de un administrador/a de casos, trabajador/a social, consejero/a u otro profesional (certificando el estado de elegibilidad con Medicaid/Medicare o un tercer partido) de otra agencia quien ha proveído personalmente servicios al cliente, afirmando que el cliente es indocumentado y/o sin vivienda.

SITIOS DE REGISTRACIÓN RYAN WHITE

AGENCIA	TELÉFONO
AccessHealth	(281) 342-4530
AIDS Healthcare Foundation - Binz	(713) 524-8700
AIDS Healthcare Foundation - Fannin	(713) 799-8994
City of Houston - Houston Health Department (nuevo y fuera de cuidado solamente)	(832) 393-4258
Harris Health System – HIV Services	(713) 873-3700
Avenue 360 Health and Wellness	(713) 426-0027, Ext 399
Legacy Community Health Services	(832) 548-5000
The Montrose Center	(713) 529-0037, Ext. 350
St Hope Foundation	(713) 778-1300
Veteran's Administration	(713) 791-1414, Ext. 5292

Notas

Client Rights

Derechos del Cliente

As a client at an agency receiving services funded by the Ryan White Program, you have the following rights:

- ◆ To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- ◆ To services that are considerate and respectful and free from abuse, neglect and exploitation.
- ◆ To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law.
- ◆ To communicate about your services in a language and format that you understand.
- ◆ To be informed of all agency rules and regulations related to your services.
- ◆ To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- ◆ To withdraw your consent for services and/or seek services at another agency, and to do so without pressure or intimidation.
- ◆ To know the qualifications of the staff providing you with services.

Como cliente de esta agencia que recibe fondos del Programa "Ryan White", Ud. tiene los siguientes derechos:

- ◆ A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- ◆ A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- ◆ A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- ◆ A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- ◆ A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- ◆ A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- ◆ A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- ◆ A saber la calificación del personal que está ofreciéndole el servicio.

Complaint Procedures

Procedimiento para Reclamos

Services funded by Ryan White Program funds are administered by one of the entities listed below.

By contract, the agency providing the service is required to have a client complaint procedure.

If you have questions on how to file a complaint regarding a Ryan White funded service, please call one of these two agencies:

Project Monitor *Monitor de proyecto*
832-927-7560
RWComplaints@phs.hctx.net

Or write to: O escriba a:

Harris County Public Health
Ryan White Grant Administration
1111 Fannin Street, 16th Floor
Houston, TX 77002

Consumer Relations Coordinator
Coordinadora de Relaciones con el Consumidor
713 526-1016, Extension 104
ellisonr@hivtrg.org

Or write to: O escriba a:

The Resource Group
3700 Buffalo Speedway, Suite 250
Houston, TX 77098

If your complaint remains unresolved after you have followed all procedures with the agency, you will be informed on how to file a formal grievance.

Si su queja no se ha resuelto después de haber tomado los pasos del procedimiento con la agencia, usted será informado de cómo registrar un agravio formal.

Harris Health System Eligibility

Elegibilidad del Harris Health System

Harris Health is a community-focused academic healthcare system dedicated to improving the health of those most in need in Harris County through quality care delivery, coordination of care, and education.

While medical care is not free at our facilities, there is financial assistance for those who qualify. To qualify for financial assistance, household income may not exceed 150% of the Federal Poverty Level.

All Harris Health patients are asked to make a minimum payment at the time of their hospital or clinic visit, except for pediatric and prenatal care visits. Service fees do not apply to patients in the Healthcare for the Homeless Program or other insurance plans. Insurance plan copays will be collected according to plan requirements.

Harris Health es un sistema académico de atención médica enfocado en la comunidad, dedicado a mejorar la salud de las personas más necesitadas del condado de Harris mediante la administración de atención de calidad, coordinación de servicios y educación.

A pesar de que la asistencia médica no es gratuita en nuestras instalaciones, hay asistencia financiera para aquellos que cumplan con ciertos requisitos. Para calificar a fin de recibir asistencia financiera, el ingreso familiar no debe superar el 150 % del índice federal de pobreza.

Se les pide a todos los pacientes de Harris Health que hagan un pago mínimo en el momento de su visita de clínica o hospital, excepto visitas de cuidado pediátricas y prenatales. Los honorarios de servicio no se aplican a pacientes en el Programa de servicios médicos para indigentes u otros planes de seguros. Los copagos de plan de seguros serán cobrados según las exigencias del plan.

How to Apply for Assistance

If you need assistance, contact the Eligibility Call Center at 713-566-6509 (Mon-Fri 8am-4pm; 4th Fri of the month 8am-2pm).

Apply online:

<https://ola.veritysource.com/harris>

Open the link to find Harris Health's Financial Assistance Application, along with instructions for the application process. Complete all sections on the application and upload your proof documents.

Apply by mail:

www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english.pdf

Open the link and print the application. Complete all sections on your application and attach proof documents. Mail your completed application to:

Harris Health Financial Assistance Program
PO Box 300488
Houston, TX 77230

You can also drop-off your completed application and proof documents in the eligibility drop box at the following locations at the front door of each health center

Cómo Solicitar Asistencia

Si necesita asistencia, comuníquese con el Centro de Llamadas de Elegibilidad al 713-566-6509 (lunes a viernes 8am a 4pm, y el cuarto viernes del mes de 8am a 2pm).

Solicitar en línea:

[*https://ola.veritysource.com/harris*](https://ola.veritysource.com/harris)

Abra el enlace para encontrar la solicitud de asistencia financiera de Harris Health y las instrucciones para el proceso de solicitud. Complete todas las secciones de la solicitud y cargue los documentos de prueba.

Solicitar por correo:

[*www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-instructions-spanish.pdf*](http://www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-instructions-spanish.pdf)

Abra el enlace y imprima la solicitud. Complete todas las secciones de la solicitud y adjunte los documentos de prueba. Envíe por correo su solicitud debidamente completada a:

Programa de Asistencia Financiera de Harris Health
PO Box 300488
Houston, TX 77230

Puede depositar su solicitud debidamente completada y los documentos de prueba en el buzón de elegibilidad en la puerta principal de cada centro de salud en las siguientes ubicaciones.

Harris Health System Eligibility *Elegibilidad del Harris Health System*

Eligibility Centers / *Centros de Elegibilidad*

Acres Home Health Center	818 Ringold St. Houston, TX 77088	Mon-Fri, 8am - 5pm 3rd Thurs, 8am - 11am
El Franco Lee Health Center	8901 Boone Rd. Houston, TX 77099	Mon-Fri, 8am - 5pm 2nd Wed, 8am - 12noon
Martin Luther King Jr. Health Center	3550 Swingle Rd. Houston, TX 77047	Mon-Fri, 7am - 4pm 4th Thurs, 7am - 12noon
Strawberry Health Center	927 Shaw Ave. Pasadena, TX 77506	Mon-Fri, 7:30am - 5pm 3rd Wed, 7:30am - 11am

What to Submit with Your Application

Identification (self and spouse)

Proof of marriage (if married), and one with a picture on it: state issued driver's license or ID card, current student ID, current employee job badge, passport with picture, US Immigration documents, foreign consulate ID card, agency letter, current enhanced+ public library photo ID card, or National Electoral Institute (INE) photo ID card. If a picture ID is not available, two of the following proofs may be used: birth certificate, marriage license, social security card, other federal document showing your name and address in Harris County, hospital or birth records, adoption papers or records, current Harris County voter card, current check stub, Medicare or Medicaid card.

Proof of address

One of the items below showing proof of address that includes your name or your spouse's name dated within the last 60 days: Utility bill; check stub; school record for children under the age of 18; mortgage coupon; credit card statement; printout from IRS of most current year's tax filing; certification documents or benefit checks from Social Security or Texas Workforce Commission; certification documents from Supplemental Nutrition Assistance Program (SNAP), Medicaid or Medicare; letter from recognized social services agency; business mail; statement from a licensed child care provider; or Harris Health System Residence Verification Form completed by a non-related person not living in the same household.

-OR-

Proof of address that includes your name or your spouse's name dated within the last year: Lease agreement, department of motor vehicles record, property tax documents, automobile insurance documents, automobile registration, Harris County

Qué debe presentar con su solicitud

Identificación (suyo y de su cónyuge)

Prueba de matrimonio (si está casado) y una con una fotografía: Licencia de conducir emitida por el estado, tarjeta de identificación emitida por el estado, tarjeta de identificación de alumno con foto, tarjeta del trabajo con foto, pasaporte con foto, documentos de inmigración de los Estados Unidos con foto, tarjeta de crédito con foto, tarjeta de identificación de un consulado extranjero con foto. Si la identificación con foto no se encontrara disponible, se podrán utilizar dos de los medios de prueba que se detallan a continuación: partida de nacimiento, licencia de matrimonio, tarjeta de seguro social, otros documentos federales que prueben la identidad, registros hospitalarios o de nacimiento, documentos o acta de adopción, tarjeta de registro de elector actuales, recibos de sueldo actuales, tarjeta de Medicare o Medicaid.

Prueba de domicilio

Un comprobante de domicilio que tenga su nombre o el de su cónyuge con fecha dentro de los últimos 60 días: Recibos de servicios, registro escolar para niños menores de 18 años, recibo de hipoteca, resumen de tarjeta de crédito, impresión del IRS o de la declaración jurada impositiva más reciente, documentos de certificación o cheques de subsidio emitidos por la Seguro Social (SSA) o de la Comisión de Fuerza de Trabajo de Texas (TWC), documentos de certificación del Programa de Asistencia de Nutrición Suplementaria (SNAP, anteriormente conocido como cupones de alimentos), Medicaid o Medicare, carta de agencia reconocida de servicios sociales, correspondencia de negocios, declaración de un proveedor de cuidado infantil con licencia, formulari de verificación de residencia del Harris Health System completado por una persona sin vínculo familiar que no viva en la misma casa.

-O BIEN-

Necesita una copia de un comprobante fechado dentro del último año: Acuerdo de renta, registro del departamento de vehículos motorizados, documento del impuesto inmobiliario, documentos del seguro de automóvil, registro

Harris Health System Eligibility *Elegibilidad del Harris Health System*

voter card for current year, or printout from IRS of most current year's tax filing.

Proof of income for the past 30 days for each household member 18 or older

Every household member over the age of 18 must sign and date on the application. Cash income, dividends and royalties, rental property, alimony, workmen's compensation, military pay and allowances, current check stubs, child support documents, current IRS 1040/1040A tax return (all pages) if self-employed, Harris Health System Statement of Self Employment Income Form if no tax return is filed, Harris Health System Wage Verification Form (for cash and personal check wages only), Social Security award letter, Retirement award letter, Veteran Affairs letter or check, unemployment benefit records or Harris Health System Statement of Support Form if no income.

Dependent proof for household members

Birth certificate, baptismal record, proof of full time school enrollment for students ages 18 to 26, Social Security award letter with dependents names, school documents or insurance documents showing names of both parent and child, US Immigration applications with dependents names, divorce decree or child support documents, baby's Popras form, birth fact record or hospital armband for infants less than 90 days old, or death certificate for previous household members, or US Department of Health and Human Services Office of Refugee Resettlement-Verification of Release Form (ORR UAC/R-1) for unaccompanied alien child.

Immigration status for household members. Current or expired documents from the U.S. Citizenship and Immigration Services.

Health care coverage for you, your spouse and all dependent children
Current proof of Medicaid, CHIP, CHIP Perinatal, Medicare or health insurance.

Resources for Medicare patients

You must fill out a Medicare Asset Form and show proof of your current resources and liabilities (all pages of bank statements, credit card bills, loans, etc.).

You must fill out applications for programs such as but not limited to CHIP, CHIP Perinatal, Medicaid, TANF (Temporary Assistance for Needy Families), SSI (Supplemental Security Income), Title V or Healthy Texas Women Program (HTWP) if you can have these programs.

de automóvil, tarjeta de votante en el Condado de Harris, versión impresa de la declaración de impuestos al IRS del año más reciente.

Comprobante de ingreso de los últimos 30 días para cada miembro de la familia que tenga 18 años de edad o más.

Cada miembro de su familia de 18 años o más debe firmar el formulario. Contribuciones de dinero en efectivo, dividendos y regalías, renta de propiedades, pensión alimenticia, indemnización por accidentes del trabajo, salario militar y contribuciones, talones de cheques actuales, manutención de niños, declaración jurada actual 1040/1040A del IRS (todas las páginas) si fuera autónomo, formulario de ingresos como trabajador independiente del Harris Health System para clientes que no presentan declaración jurada del impuesto a las ganancias, formulario de verificación de salario del Harris Health System (solo para sueldos en efectivo o con cheque personal), seguro social, jubilación, carta o cheque de Veteran Affairs, registros de seguro de desempleo o formulario de declaración de ayuda financiera del Harris Health System si no posee ingresos.

Constancias para personas a cargo

Partida de nacimiento, registro de bautismo, comprobante de inscripción escolar a tiempo completo para estudiantes de 18 a 26 años, carta de asignación del seguro social con el nombre de las personas a cargo, documentos escolares o documentos de seguro que muestren los nombres del padre y del hijo, solicitudes de inmigración de los Estados Unidos con los nombres de las personas a cargo, sentencia de divorcio o de manutención de menores, formulario Popras del bebé (Evaluación de Riesgo Orientado a Problemas Perinatales), registro de datos del nacimiento o brazalete infantil de hospital de menos de 90 días, certificado de defunción de anteriores miembros del hogar, o Forma U.S. Department of Health and Human Services Office of Refugee Resettlement-Verification of Release (ORR UAC/R-1) niño extranjero no acompañado.

Condición migratoria de usted, su cónyuge y sus hijos dependientes. Debe mostrar documentos vigentes o vencidos de los Servicios de Ciudadanía e Inmigración de Estados Unidos.

Cobertura de salud para cada miembro de la familia. Traiga un comprobante vigente de Medicaid, CHIP, CHIP Perinatal, Medicare u otro seguro de salud.

Si tiene Medicare. Debe completar un formulario de activos de Medicare y mostrar un comprobante de sus recursos y pasivos actuales (todas las páginas de extractos bancarios, facturas de tarjetas de crédito, préstamos, etc.).

Debe completar las solicitudes para programas tales como, entre otros, CHIP, CHIP Perinatal, Medicaid, TANF (Asistencia Temporal para Familias Necesitadas), SSI (Seguridad de Ingreso Suplementario), Título V o Programa de Mujeres Saludables de Texas (HTWP) si puede tener estos programas.







Case Management / Administración de casos

Community case management, medical case management and service linkage are available free to individuals and families, including individuals living with HIV, to make them aware of the services that are available to them and connect them to needed resources. Case managers can link you to services that are appropriate for your situation and help you to develop the skills you need to access services on your own. If you think you need a case manager, contact one of the agencies listed below.

La administración de casos comunitarios, la administración de casos médicos y la vinculación con servicios están disponibles de forma gratuita para individuos y familias, incluyendo a personas que viven con VIH, para hacerles conocer los servicios disponibles para ellos y conectarlos con los recursos necesarios. Los administradores de casos pueden vincularle con los servicios que sean apropiados para su situación y ayudarle a desarrollar las habilidades necesarias para acceder a los servicios por su cuenta. Si cree que necesita un administrador de casos, póngase en contacto con una de las agencias que se enumeran a continuación.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All,  , Free, Free, Esp.....	86
AccessHealth	(281) 342-4530	(SW) Richmond	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	87
AIDS Healthcare Foundation - Binz	(713) 524-8700	(C) Medical Center	Adults,  , Appt req, S\$, Med, Ins, Ryan White, Esp	89
AIDS Healthcare Foundation - Fannin	(713) 799-8994	(C) Astrodome area	Adults,  , Appt req, S\$, Med, Ins, Ryan White, Esp	89
Alexander Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat, S\$, Ins, Med, Financing, Appt req	89
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam,  , IRR, Homeless, Immigrants, SUD, Free	89
AAMA	(713) 929-2300	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp....	91
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, CHIP, Esp	94
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp	98
Catholic Charities - Stable Homes	(713) 526-4611	(C) Midtown	M, W,  , Free, Appt req, Esp	102
Cenikor Foundation	(888) 236-4567	(SE) Deer Park	M, W, IRR, SUD, Walk-ins, Med, Flat, Ins, Financing, HHSC, Esp	103
City of Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp.....	106
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	107
Coalition for Barrier Free Living - Fort Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	107
Evolve Outreach of Texas	(832) 930-4898	(C) Midtown	All, Med, CHIP, Walk-ins, Esp.....	110
Goodwill Project Good Hope	(713) 699-6306	(C) Heights	M, W,  , Walk-ins, Free, Esp.....	113
Gulf Coast Community Services Assoc.	(713) 393-4700	(S) South Main	All, Free (income guidelines apply), Appt req, Ltd, Esp	114
Harris Co. Homeless Youth Case Management Program	(832) 927-4925	(C) Astrodome area	Ages 18-24, IRR, Homeless, SUD, Free, Appt/Walk-ins, Esp	116

Case Management / *Administración de casos*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
Hope and Healing Center & Institute	(713) 871-1004	(W) Greater Uptown	Adults w/serious mental illness, Free	120
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	123
Michael E. DeBakey VA Medical Center	(713) 794-7384	(C) Medical Center	Veterans,  , Appt/Walk-ins.....	127
The Montrose Center	(713) 529-0037	(C) Montrose	M, W,  , IRR, Homeless, Immigrants, Free, Ryan White, Walk-ins, SUD, Esp	127
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp.....	129
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, SUD, Homeless, Esp.....	132
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, IRR, Walk-ins, SUD, Homeless only, Esp.....	134
SEARCH House of Tiny Treasures	(713) 276-3065	(C) East End	C (2 to 5 yrs), Free	134
SERJobs - Veteran's Services	(713) 773-6000	(E) Lawndale	Veterans, Free, Walk-ins, Esp	134
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	135
Spring Branch Community Health Center	(713) 462-6565	(NE) Spring Branch	All, Ins, S\$, Free, Walk-in/Appt, Esp.....	135
SHF Bellaire Health Care Center	(713) 778-1300	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(713) 778-1300	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 778-1300	(SE) Dickinson	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(713) 778-1300	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(713) 778-1300	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(713) 778-1300	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp	141
UT Health-Houston Pediatrics	(832) 325-6516	(C) Medical Center	C, Y, Fam,  , Immigrants, Free, Med, Ryan White, Ins, Appt req, Esp.....	143
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	143



Art by Tammy

Children's Services | Servicios para Niños

Children have special health care needs, especially children living with HIV. The Houston area offers low-cost or free medical and support services for children and their families. Although many of the agencies in this book can be of assistance, the agencies listed below have provide services specifically for children.

Child Care in Texas: Search the online database to locate child care or register to get help paying for child care:

<https://childcare.twc.texas.gov/find/welcome>

Los niños tienen necesidades especiales de atención médica, especialmente aquellos que viven con VIH. El área de Houston ofrece servicios médicos y de apoyo a bajo costo o de forma gratuita para los niños y sus familias. Aunque muchas de las agencias en este libro pueden brindar ayuda, las agencias enumeradas a continuación ofrecen servicios específicamente para niños.

Cuidado Infantil: Busque en la base de datos en línea para encontrar cuidado infantil o regístrese para obtener ayuda con el pago del cuidado infantil:

<https://childcare.twc.texas.gov/find/welcome>

Child Care Cuidado de niños				
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA George I. Sanchez High School South Pre K Program	(713) 929-2442	(C) Lawndale	C (3-4 yrs), Free, Walk-ins, SUD, Esp ..	93
SEARCH House of Tiny Treasures Childcare Center	(713) 276-3065	(C) Third Ward	C (2 to 5 yrs), Free	134

Medical Services Servicios médicos				
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AccessHealth Brookshire Center	(281) 342-4530	(W) Brookshire	All, S\$, Med, Ins, CHIP, Esp.....	88
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp.....	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, S\$, Med, Ins, CHIP, Esp.....	88
AccessHealth Second Mile Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp.....	88
AccessHealth Stafford Clinic	(281) 342-4530	(SW) Stafford	All, S\$, Med, Ins, CHIP, Esp.....	88
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	94
Avenue 360 Humble	(713) 426-0027	(NE) Humble	M, W, C, Y, S\$, Ins, Med, Esp.....	94
Avenue 360 Memorial City	(713) 426-0027	(W) Memorial City	C, Y, S\$, Ins, Med, CHIP, Esp.....	94
Avenue 360 Southwest	(713) 426-0027	(SW) Fondren SW	M, W, C, Y, S\$, Ins, Med, Esp.....	94
Avenue 360 Spring Cypress	(713) 426-0027	(N) Ponderosa Forest	M, W, C, Y, S\$, Ins, Med, Esp.....	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp.....	98
Colby D Healthcare Pediatric Home Health	(832) 563-4970	(SW) Westwood	M, W, C, Ins, Medicaid, Superior, Private pay.....	107
El Centro de Corazon	(713) 660-1880	(C) Magnolia Park	C, Y, S\$, Med, CHIP, Esp.....	109
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
SHF Greenspoint Health Care Center	(713) 778-1300	(N) Greenspoint	All, S\$, Med, Ins, Appt/Walk-ins, Esp ...	138
SHF Sugar Land Health Care Center	(713) 778-1300	(SW) Sugar Land	All, S\$, Med, Ins, Appt/Walk-ins, Esp ...	138
Spring Branch CHC Cy-Fair Clinic	(713) 387-7180	(NW) Cy-Fair	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Hillendahl Clinic	(713) 462-6565	(W) Spring Branch	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136

Children's Services | Servicios para Niños

Medical Services | Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Spring Branch CHC Katy Clinic	(713) 231-5757	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Northwest Clinic	(281) 885-4630	(N) Bammel	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Spring Branch CHC WholeLife Clinic	(713) 231-5767	(W) Spring Branch	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
TX Children's Retrovirology Clinic	(832) 822-1304	(C) Medical Center	C (ages 0-18), ♿, S\$, Medicaid, Esp ...	139
TX Children's Baylor Int'l Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18), ♿, S\$, Medicaid, Esp ...	139
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up), Free, S\$, Med, Ins, Appt/Walk-ins, Esp	141
UT Health-Houston Pediatrics	(832) 325-6516	(C) Medical Center	C, Y, Fam, Immigrants, ♿, Free, Med, Ryan White, Ins, Appt req, Esp.....	143

Support Services | Servicios de apoyo

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA George I. Sanchez High School South Pre K Program	(713) 929-2442	(C) Lawndale	C (3-4 yrs), Free, Walk-ins, SUD, Esp	93
AccessHealth Stafford Clinic	(281) 342-4530	(SW) Stafford	All, S\$, Med, Ins, CHIP, Esp.....	88
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins.....	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp.....	98
Casa de Esperanza de los Niños, Inc.	(713) 529-0639	(C) Medical Center	C, Free, Esp	101
CCSC Back To School	(713) 961-3993	Various-Seasonal	C/Y entering Pre K - Grade 12, Esp.....	105
CCSC Jingle Bell Express	(713) 961-3993	Various-Seasonal	Fam w/children ages 0-15, Free, Ltd	106
Evolve Outreach of Texas	(832) 930-4898	(C) Midtown	All, Med, CHIP, Walk-ins, Esp	110
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Gulf Coast Community Services Assoc.	(713) 393-4700	(S) South Main	All, Appt req, Ltd, Esp	114
Harris Co Public Health WIC Program	(713) 407-5800	Harris County	C (0-5 yrs), Pregnant, postpartum and breastfeeding women, Free, Esp.....	117
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	121
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	125
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, IRR, SUD, Esp.....	129
University Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 2 & up), S\$, Appt req, Esp.....	142
Unlimited Pathways to Change LLC	(346) 833-5905	(W) Greater Uptown	All, Med, Esp	143
UT Health-Houston Pediatrics	(832) 325-6516	(C) Medical Center	C, Y, Fam, ♿, Immigrants, Free, Med, Ryan White, Ins, Appt req, Esp.....	143

Clinics / Clínicas
















Access to quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through one of the clinics that receive Ryan White funding (see page 11 for eligibility and a list of clinics) or through the Harris Health System at the Thomas Street Clinic at Quentin Mease Health Center. New Harris Health patients must go through an eligibility process before seeing a doctor (see page 18 for information on how to apply). The Michael E. DeBakey VA Medical Center offers HIV care to veterans. There are also clinics located in Fort Bend and Montgomery County for those living outside Harris County.

See page 41 for agencies that offer help paying for insurance premiums, co-pays and deductibles.

El acceso a atención médica de calidad es muy importante. Los residentes del condado de Harris sin seguro o con recursos limitados pueden recibir atención para el VIH en una de las clínicas que reciben fondos de Ryan White (ver página 16 para requisitos y lista de clínicas) o a través del sistema Harris Health en la Clínica Thomas Street del Centro de Salud Quentin Mease. Los nuevos pacientes de Harris Health deben completar un proceso de elegibilidad antes de ver a un médico (ver página 18 para más información sobre cómo aplicar). El Centro Médico para Veteranos Michael E. DeBakey ofrece atención para el VIH a veteranos. También hay clínicas en los condados de Fort Bend y Montgomery para quienes viven fuera del condado de Harris.

Ver página 41 para agencias que ayudan a pagar primas de seguro, copagos y deducibles.

HIV Clinics / Clínicas del VIH





Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
AHF Binz Healthcare Center	(713) 524-8700	(C) Medical Center	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	89
AHF Fannin Healthcare Center	(713) 799-8994	(C) Astrodome area	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	89
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, Esp .	94
Avenue 360 Midtown	(713) 341-3790	(C) Montrose	All,  , S\$, Ins, Med, Ryan White, Esp .	94
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp	98
Harris Health - Thomas Street Clinic	(713) 873-4000	(C) MacGregor	Adults (18+),  , S\$, Ins, Med, Ryan White, Appt req, Esp	118
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W, Appt/Walk-ins,  , Free, S\$, Ins, Med, Ryan White, Esp	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W, Appt/Walk-ins,  , Free, S\$, Ins, Med, Ryan White, Esp	123
Michael E. DeBakey VA Medical Center	(713) 794-7384	(C) Medical Center	Veterans,  , Appt/Walk-ins.....	127
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138

Clinics / Clínicas

HIV Clinics / Clínicas del VIH

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
TX Children's Baylor Int'l Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18),  , S\$, Medicaid, Esp ...	139
TX Children's Retrovirology Clinic	(832) 822-1304	(C) Medical Center	C (ages 0-18),  , S\$, Medicaid, Esp ...	139
UT Health-Houston Pediatrics	(832) 325-6516	(C) Medical Center	C, Y, Fam, Immigrants,  , Free, Med, Ryan White, Ins, Appt req, Esp.....	143
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults,  , S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143

Other Clinics / Otras Clínicas

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AccessHealth Brookshire Center	(281) 342-4530	(W) Brookshire	All, Walk-ins, S\$, Med, Ins, CHIP, Esp	88
AccessHealth East Fort Bend Clinic	(281) 342-4530	(SW) Missouri City	M, W, S\$, Med, Ins, Esp	88
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Second Mile Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp	88
Allies in Hope	(713) 623-6796	(SW) Sharpstown	All, Free	89
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, Esp	94
Avenue 360 Humble	(281) 570-2525	(NE) Humble	All, S\$, Ins, Med, Esp	94
Avenue 360 Midtown	(713) 341-3790	(C) Montrose	All,  , S\$, Ins, Med, Ryan White, Esp	94
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren Southwest	All, S\$, Ins, Med, Esp	94
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	All, S\$, Ins, Med, Esp	95
Baylor Bayland Park Teen Health Clinic	(713) 274-5348	(SW) Gulfton	Y (ages 13-24), Appt/Walk-ins, Free, Med, Ins, Esp.....	97
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Margaret Long Wisdom HS Teen Health Clinic	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Tejano Center Teen Health Clinic	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Baylor Worthing HS Teen Health Clinic	(713) 556-5348	(S) Sunnyside	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp	98
The Beacon-Healthcare for the Homeless	(713) 220-9737	(C) Downtown	All, Free, Homeless	98
Christ Clinic	(281) 391-0190	(W) Katy	Adults, Uninsured, Flat fee, Appt/Walk-ins, Esp	105

Clinics / Clínicas

Other Clinics / Otras Clínicas

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
El Centro de Corazon Dunn Health Center	(713) 660-1880	(C) Magnolia Park	S\$, Med, CHIP, Esp.....	109
El Centro de Corazon Eastwood Health Center	(713) 660-1880	(C) East End	Free, S\$, Med, Flat, Ins, Appt/Walk-ins, CHIP, Esp.....	109
El Centro de Corazon Magnolia Health Center	(713) 660-1880	(C) East End	S\$, Med, CHIP, Esp.....	110
Harris Co. Public Health Antoine Clinic	(832) 927-7350	(NW) Inwood Forest	All, S\$, Appt req, Esp.....	117
Harris Co. Public Health Humble Clinic	(832) 927-1330	(NE) Humble	All, S\$, Appt req, Esp.....	117
Harris Co. Public Health Southeast Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Appt req, Esp.....	117
Healthcare for the Homeless-Houston	(713) 286-6000	(C) Downtown	All, Homeless, Free, Walk-ins, Med.....	119
Healthcare for the Homeless-Houston	(713) 286-6000	(S) Sunnyside	All, Homeless, Free, Walk-ins, Med.....	119
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W, Appt/Walk-ins,  , Free, S\$, Ins, Med, Ryan White, Esp	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W, Appt/Walk-ins,  , Free, S\$, Ins, Med, Ryan White, Esp	123
Planned Parenthood Gulf Coast	(800) 230-7526	Call to be connected to the nearest location	M, W, Y, S\$, Ins, Cash/Credit card, Appt req (same day available), Esp	131
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Spring Branch CHC Cy-Fair Clinic	(713) 387-7180	(NW) Cy-Fair	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Hillendahl Clinic	(713) 462-6565	(W) Spring Branch	All, Ins, S\$, Free, Appt/Walk-ins, Esp ...	136
Spring Branch CHC Katy Clinic	(713) 231-5757	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Memorial Clinic	(713) 827-4744	(W) Memorial City	All, Ins, S\$, Free, Appt/Walk-ins, Esp ...	136
Spring Branch CHC Northwest Clinic	(281) 885-4630	(N) Bammel	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Spring Branch CHC WholeLife Clinic	(713) 231-5767	(W) Spring Branch	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141
Univ. Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 2 & up), S\$, Appt req, Esp.....	142

Clothing and Household Items / Ropa y Artículos para el Hogar

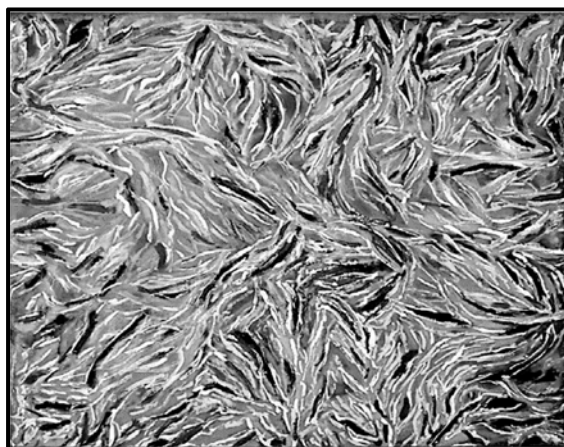
Affording enough clothing and household items can be difficult for persons living with HIV, many of whom are living on low and/or fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at low cost or no charge.

For additional options, call 2-1-1.

Poder comprar ropa y artículos para el hogar puede ser difícil para las personas que viven con el VIH, muchas de las cuales viven con ingresos bajos y/o fijos. Algunas agencias en el área de Houston pueden darle ropa, muebles y otros artículos del hogar a bajo costo o sin cargo alguno.

Para opciones adicionales, llame al 2-1-1.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Leyenda	Pg
AFH Out of the Closet - Houston	(713) 391-8990	(C) Montrose	89
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins.....	95
CCSC Emergency Svcs - Central	(713) 871-9741	(C) Greenway Plaza	All, Free, Walk-ins, Appt req for financial assistance, Esp	105
CCSC Emergency Svcs - Southwest	(713) 871-9741	(SW) Sharpstown	All, Free, Walk-ins, Appt req for financial assistance, Esp	106
Cypress Assistance Ministries	(281) 955-7440	(NW) Cy-Fair	M, W, Fam, Appt req, IRR, Esp	108
East Fort Bend Human Needs Ministry Tri-City Churches Resale Shop	(281) 499-8833	(SW) Stafford	109
Good Shepherd Mission Thrift Store	(936) 291-3311	(N) Huntsville	All, Free, S\$, Walk-ins, SUD.....	113
Humble Area Assistance Ministries	(281) 446-3663	(NE) Humble	All, Fam, Free	121
HAAM Resale Store	(281) 446-0993	(NE) Humble	122
Love Network of Baytown	(281) 422-5683	(E) Highlands	All, Free, Ltd	123
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	125
MAM Heights Resale Store	(713) 714-5824	(C) Heights	126
MAM Spring Branch Resale Store	(713) 491-4330	(W) Spring Branch	126
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
Rosenberg-Richmond Helping Hands	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins.....	132
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp...	144



Art by Mark

Day Programs and Respite Care *Programas diurnos y Asistencia para los cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the family member or partner living with HIV receives care, and provide the person living with HIV with the extra attention he or she needs.

Medical respite care is available for people who have been discharged from the hospital but are not yet able to care for themselves on their own.

El VIH puede causar fatiga y estrés, ya sea que vivas con VIH o cuides a alguien que lo tenga. Los programas diurnos y el cuidado de relevo permiten que los cuidadores tomen un descanso mientras la persona con VIH recibe atención, y brindan a la persona con VIH el apoyo adicional que necesita.

El cuidado de relevo médico está disponible para quienes han sido dados de alta del hospital pero aún no pueden cuidarse por sí mismos..

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Leyenda	Pg
Alzheimer's Association Info & Referrals	(713) 314-1313	(C) Gulfgate	Adults, Free, S\$.....	90
Harmony House Respite Care Program	(713) 221-6217	(C) Downtown	M, W, Free, Ltd, Homeless, IRR.....	115
Open Door Mission Medical Respite Care Program	(832) 962-4249	(C) East End	Adult Men only, SUD, Homeless, IRR, Free, Appt/Walk-ins	130

Deaf and Hard of Hearing Services / *Servicios para Sordos*

In the Houston area, there are agencies that serve deaf and hard of hearing persons living with HIV. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.

En el área de Houston, hay agencias que atienden a las personas sordas y con dificultades auditivas que viven con VIH. Todas las agencias en este libro pueden atender a personas sordas o personas con problemas auditivos, pero las que se indican a continuación se especializan en atender a este grupo.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Leyenda	Pg
Career and Recovery Resources	(713) 754-7000	(C) Midtown	Adults, SUD, IRR, S\$, Med, Financing available	100
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
The Montrose Center	(713) 529-0037	(C) Montrose	M, W, ♿, IRR, Homeless, Immigrants, Free, Ryan White, Walk-ins, SUD, Esp.....	127
University Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 2 & up), S\$, Appt req, Esp.....	142










Dental Services / Cuidado dental

Don't neglect your teeth! It is important for everyone to get routine oral health care to stay healthy, especially if you are living with HIV or experiencing frequent and serious oral health issues. A neglected mouth can lead to more than tooth pain, tooth and gum infections can spread to other parts of the body and mouth pain can cause people to go without necessary nutrition - and even forgo their HIV medications.

Call one of the clinics listed below if you haven't seen a dentist in the past six months.

¡No descuides tus dientes! Es importante recibir atención dental de rutina para mantenerse saludable, especialmente si vives con VIH o tienes problemas de salud oral frecuentes y graves. Una boca descuidada puede conducir a más que un dolor de dientes, las infecciones de dientes y encías pueden propagarse a otras partes del cuerpo y el dolor en la boca puede hacer que la gente se quede sin la nutrición necesaria - e incluso renunciar a sus medicamentos contra el VIH.


Llame a una de las clínicas que se indican a continuación si no ha visto a un dentista en los últimos seis meses.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AccessHealth Second Mile Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp.....	88
AccessHealth Stafford Clinic	(281) 342-4530	(SW) Stafford	All, S\$, Med, Ins, CHIP, Esp.....	88
Avenue 360 Midtown	(713) 341-3790	(C) Montrose	All,  , S\$, Ins, Med, Ryan White, Esp.....	94
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren Southwest	All, S\$, Ins, Med, Esp.....	94
El Centro de Corazon Dunn Health Ctr	(713) 660-1880	(C) Magnolia Park	S\$, Med, CHIP, Esp.....	109
El Centro de Corazon Eastwood Health Center	(713) 660-1880	(C) East End	Free, S\$, Med, Flat, Ins, Appt/Walk-ins, CHIP, Esp.....	109
Harris Co. Public Health Humble Clinic	(832) 927-1300	(NE) Humble	All, S\$, Appt req, Esp.....	117
Harris Co. Public Health Southeast Clinic	(713) 274-9430	(SE) Pasadena	All, S\$, Appt req, Esp.....	117
Healthcare for the Homeless Caroline Street Clinic	(713) 286-6000	(C) Downtown	All, Homeless, Free, Walk-ins, Med.....	119
Healthcare for the Homeless Cathedral Clinic at The Beacon	(713) 286-6000	(C) Downtown	All, Homeless, Free, Walk-ins, Med.....	119
Healthcare for the Homeless-Houston	(713) 286-6000	(S) Sunnyside	All, Homeless, Free, Walk-ins, Med.....	119
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W, Appt/Walk-ins,  , Free, S\$, Ins, Med, Ryan White, Esp.....	123
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp.....	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp.....	137
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults,  , S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	143

Education Programs / Programas educativos

The following agencies provide education about health-related and other topics (such as occupational training, GED or ESL classes). Some employ professional and/or volunteer educators to give group presentations. Health-related topics can range from basic HIV and STD awareness and risk reduction to information about advanced treatments. Other educational programs offer a variety of topics that may be useful to you.

Las siguientes agencias proveen educación sobre temas relacionados con la salud y otros (como capacitación ocupacional, clases de GED o ESL). Algunos emplean a educadores profesionales y/o voluntarios para dar presentaciones en grupo. Los temas relacionados con la salud pueden abarcar desde la conciencia básica sobre el VIH y las ETS y la reducción del riesgo hasta información sobre tratamientos avanzados. Otros programas educativos ofrecen una variedad de temas que pueden ser útiles para usted.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA Adult Education Programs	(713) 929-2300	(C) Lawndale	M, W, Esp	92
AAMA George I. Sanchez High School North	(713) 742-0947	(N) Northside	Y, Free, Walk-ins, Esp	92
AAMA George I. Sanchez High School South	(713) 926-1112	(C) Lawndale	M, W, Y, Free, Walk-ins, SUD, Esp	92
Ambassadors for Christ Youth Ministries	(281) 536-5475	(W) Greater Uptown	Y, Homeless, Appt/Walk-ins, Esp	90
AVDA (Aid to Victims of Domestic Abuse)	(713) 224-9911	(C) Downtown	Adults, IRR, Immigrants, S\$, Scholarships, Appt req.....	93
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
Career and Recovery Resources Employment Services	(713) 754-7000	(C) Midtown	M, W, Y, Free, Walk-ins.....	100
CCSC Home Caregiver Training Program	(346) 446-5247	(C) Greenway Plaza	Adults, Free	106
CCSC Martha's Way Vocational Program	(713) 328-0160	Various locations	Adults, Free, Esp	106
City of Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp	106
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
Cypress Assistance Ministries	(281) 955-7440	(NW) Cy-Fair	M, W, Fam, Appt req, IRR, Esp	108
Gulf Coast Community Services Association	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Ltd, Esp	114
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Humble Area Assistance Ministries	(281) 446-3663	(NE) Humble	All, Fam, Free	121
Living without Limits Living Large Inc.	(832) 545-5689	(C) call for location	M, W,  /affected heterosexuals, Free .	123
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	125
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
Open Door Mission	(832) 962-4249	(C) East End	Adult Men only, SUD, Homeless, IRR, Free, Appt/Walk-ins	130
Ryan White Planning Council	(832) 927-7926	(C) Downtown	All,  Free, Esp.....	133
SERJobs Workforce Opportunity Center	(713) 773-6000	(C) Second Ward	M, W, Y, IRR, Free, Esp	134
WoodsEdge Community Church Hope Center	(281) 364-0415	(N) Spring	All, Appt recommended, Esp	144

Education Programs / Programas Educación


Health Education / Educación de salud

<i>Agency / Agencia</i>	<i>Phone / Teléfono</i>	<i>Location / Ubicación</i>	<i>Legend / Leyenda</i>	<i>Pg</i>
AAMA - Clifton Office	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp ..	91
Allies in Hope	(713) 623-6796	(SW) Sharpstown	All, Free	89
Alzheimer's Association	(713) 314-1313	(C) Gulfgate	Adults, S\$	90
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All, X, S\$, Ins, Med, Ryan White, Esp .	94
Bay Area Council on Drugs and Alcohol	(800) 510-3111	(SE) Clear Lake	All, SUD	95
Baylor Bayland Park Teen Health Clinic	(713) 274-5348	(SW) Gulfton	Y (ages 13-24), Appt/Walk-ins, Free, Med, Ins, Esp.....	97
Baylor Margaret Long Wisdom High School Teen Health Clinic	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Tejano Center Teen Health Clinic	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Baylor Worthing High School Teen Health Clinic	(713) 556-5348	(S) Sunnyside	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, SUD, Homeless, Immigrants, Free, Walk-ins, Esp.....	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp	98
Christ Clinic	(281) 391-0190	(W) Katy	Adults, Uninsured, Flat fee, Appt/Walk-ins, Esp	105
Fort Bend County Clinical Health HIV/STI Services	(281) 403-8091	(SW) Missouri City	M, W, Y, Free, Appt req, Esp	111
Fort Bend County Clinical Health HIV/STI Services	(281) 403-8091	(SW) Rosenberg	M, W, Y, Free, Appt req, Esp	111
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	W, Free, Appt/Walk-ins, Esp.....	112
Harris Co. Public Health	(713) 439-6000	(C) Downtown	All, Esp	116
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp	128
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, IRR, SUD, Esp	129
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All, X, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All, X, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	135
Spring Branch CHC Hillendahl Clinic	(713) 462-6565	(W) Spring Branch	All, Ins, S\$, Free, Appt/Walk-ins, Esp ...	136
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143

Employment & Training / Ayuda para empleo y entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Many agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.

Para alguien que vive con VIH, mantenerse productivo y activo es importante por razones tanto económicas como emocionales. Varias agencias en el área de Houston tienen programas que capacitarán, aconsejarán, y referirán a la gente que busca trabajos. Si es capaz de trabajar, una persona con VIH puede beneficiarse de un cheque de pago constante, un posible seguro de salud y más opciones.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA Work and Learn Center	(713) 929-2300	(C) Lawndale	M, W, Y, Esp.....	92
Alexander Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat, S\$, Ins, Med, Financing available, Appt req	89
Career and Recovery Resources Employment Services	(713) 754-7000	(C) Midtown	M, W, Y, Free, Walk-ins.....	100
CCSC Home Caregiver Training Program	(346) 446-5247	(C) Greenway Plaza	Adults, Free,	106
CCSC JobNet	(713) 626-8320	(C) Greenway Plaza	Adults, Free	106
CCSC Martha's Way	(713) 328-0160	Houston area	Adults, Free, Esp	106
City of Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp	106
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
Cypress Assistance Ministries Operation Jobs	(281) 955-5895	(NW) Cy-Fair	Free, Adults, IRR	108
Goodwill Project Good Hope	(713) 699-6306	(C) Heights	M, W,  , Walk-ins, Free, Esp	113
Gulf Coast Community Services Assoc.	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Ltd, Esp	114
Humble Area Assistance Ministries	(281) 446-3663	(NE) Humble	All, Fam, Free	121
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	125
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, IRR, Walk-ins, SUD, Homeless only, Esp	134
SERJobs	(713) 773-6000	(C) Second Ward	M, W, Y, IRR, Free, Esp	134
SERJobs Fort Bend County	(281) 207-2301	(SW) Stafford	M, W, Y, IRR, Free, Esp	134
SERJobs Galveston County	(713) 773-6000	(SE) Galveston	M, W, Y, IRR, Free, Esp	135
SERJobs Veteran's Services	(713) 773-6000	(C) Second Ward	Veterans, Free, Walk-ins, Esp	135
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp...	144

Eye Care / Cuidado de la vista

Certain illnesses associated with HIV can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	123
Michael E. DeBakey VA Medical Center	(713) 794-7384	(C) Medical Center	Veterans,  , Appt/Walk-ins.....	127
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp.....	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
UH Health - Eye Care Center	(713) 743-2020	(C) Third Ward	All, S\$, Med, Ins, CHIP, Appt req, Esp .	142

Financial Assistance / Asistencia financiera

Financial assistance is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs (see page 67), medical supplies, insurance premiums (see page 41) and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive. Call for details.

Se dispone de asistencia financiera por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos (ver página 67), equipo médico, prima de seguro (ver página 41) y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán. Llame para más detalles.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Catholic Charities	(713) 526-4611	(C) Midtown	M, W,  , Free, Appt req, Esp.....	101
Catholic Charities Beacon of Hope Center	(409) 762-2064	(SE) Galveston	M, W, Fam, Appt req, Esp.....	103
Catholic Charities Mamie George Community Ctr	(281) 202-6200	(SW) Richmond	M, W, Fam, Free, Esp.....	103
CCSC Emergency Svcs - Central	(713) 871-9741	(C) Greenway Plaza	All, Free, Walk-ins, Appt req for financial assistance, Esp.....	105
CCSC Emergency Svcs - Southwest	(713) 871-9741	(SW) Sharpstown	All, Free, Walk-ins, Appt req for financial assistance, Esp.....	106

Financial Assistance / Asistencia financiera

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Cypress Assistance Ministries	(281) 955-7440	(NW) Cy-Fair	M, W, Fam, Appt req, IRR, Esp	108
East Fort Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, Free, Walk-ins	109
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	All,  , Free, Walk-ins, Esp	112
Gulf Coast Community Services Assoc.	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Ltd, Esp	114
Humble Area Assistance Ministries	(281) 446-3663	(NE) Humble	All, Fam, Free	121
Humble Area Assistance Ministries	(281) 446-3663	(NE) New Caney	All, Fam, Free	121
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	125
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	135
Social Security Administration	(800) 772-1213	National	All, Esp	135
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp...	144

Food / Alimentos

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. There are many food pantries and soup kitchens are available in the Houston area. All those listed below are free. Restrictions may apply. For additional options, call 2-1-1.

Poder comprar alimentos suficientes puede ser difícil para las personas con VIH, muchas de las cuales viven con ingresos bajos o fijos. Comer una variedad de alimentos saludables es especialmente importante. Hay muchas despensas de alimentos y cocinas públicas disponibles en el área de Houston. Todos los listados a continuación son gratuitos. Pueden aplicar algunas restricciones. Para opciones adicionales, llame al 2-1-1.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All,  , Esp	86
Allies in Hope Stone Soup Food Pantry	(713) 623-6796	(C) Midtown	All,  , IRR, Homeless, Immigrants, SUD, Free	90
Allies in Hope Stone Soup Food Pantry	(713) 623-6796	(SW) Sharpstown	All,  , IRR, Homeless, Immigrants, SUD, Free	90
Catholic Charities Beacon of Hope Center	(409) 762-2064	(SE) Galveston	M, W, Fam, Appt req, Esp	103
Catholic Charities Food Distribution	(713) 251-6919	(C) Eastex/Jensen	M, W,  , Free, Esp	102
Catholic Charities Mamie George Community Ctr	(281) 202-6200	(SW) Richmond	M, W, Fam, Free, Esp	103
CCSC Emergency Svcs - Central	(713) 871-9741	(C) Greenway Plaza	All, Free, Walk-ins, Appt req for financial assistance, Esp	105
CCSC Emergency Svcs - Southwest	(713) 871-9741	(SW) Sharpstown	All, Free, Walk-ins, Appt req for financial assistance, Esp	106
Cypress Assistance Ministries	(281) 955-7440	(NW) Cy-Fair	M, W, Fam, Appt req, IRR, Esp	108
East Fort Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, Free, Walk-ins	109
Fair Haven Food Pantry	(713) 467-4363	(W) Spring Branch	All, Free, Walk-ins,	111
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	All,  , Free, Walk-ins, Esp	112

Food / Alimentos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, SUD.....	113
Gulf Coast Community Services Assoc.	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Ltd, Esp	114
Harris Co. Public Health WIC Program	(713) 407-5800	Harris County	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free, Esp	117
Humble Area Assistance Ministries	(281) 446-3663	(NE) Humble	All, Fam, Free	121
Love Network of Baytown	(281) 422-5683	(E) Highlands	All, Free, Ltd	123
Magdalene House Social Ministry	(281) 540-1907	(NE) Humble	All, Free, Walk-ins, Ltd, Proof of residence	124
Magnificat Houses Loaves and Fishes	(713) 224-1373	(C) Downtown	All, Free, Lunch Tue-Sat 11a-12p, Breakfast Sun 8a-9a	125
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
Rosenberg-Richmond Helping Hands	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins.....	132
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp...	144
WoodsEdge Community Church Hope Center	(281) 364-0415	(N) Spring	All, Appt recommended, Esp	144

Information and Resources for the Formerly Incarcerated Información y recursos para el previamente encarcelados

What to do First

Qué Hacer Primero

After release, your first call should be to your case manager or a community service organization to make an appointment to meet with a case manager - be sure to let them know that you were recently released from incarceration.

A case manager will help you to get registered in the CPCDMS client database (see page 6 for more information about the CPCDMS) and together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food and transportation.

If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment. Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life; if your needs change, let your case manager know right away!

Al ser liberado llame a su supervisor. También llame a su administrador/a de casos o solicite uno/a de una agencia comunitaria - asegúrese de informarle que fue recientemente liberado de encarcelamiento.

Dicha persona le inscribirá al sistema de base de datos (ver página 12 para más información sobre el sistema CPCDMS). Juntos desarrollarán un plan con el propósito de continuar recibiendo cuidado médico y determinar cuáles otras necesidades tenga, así como el obtener cédula de identidad, refugio/hospedaje, comida y transporte.

Si existen circunstancias fuera de su control que no le permita asistir a su primera cita, llame lo antes posible para informar su situación y hacer una nueva cita. No espere hasta el último momento en llamar a su administrador/a de casos para recibir la asistencia que necesite. Ellos están disponible para contestar sus preguntas y facilitarle la transición a una nueva vida; si sus necesidades cambian, asegúrese de informárselo a su administrador/a de casos inmediatamente.

Harris County Sheriff's Office

If you have questions about the medical care that you received while in the county jail, please contact:

(346) 286-2665 or (346) 286-2458

Oficina del sheriff del Condado de Harris

Si usted tiene preguntas acerca del cuidado médico que recibió durante su estadía en la cárcel del condado, por favor póngase en contacto con:

(346) 286-2665 ó (346) 286-2458

Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

ADAP Drug Assistance Program

Programa de Asistencia de Medicamentos ADAP

TOLL FREE: (800) 255-1090
HOURS: Monday - Friday, 8am-5pm
(except holidays)

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy (see page 61 for a list of ADAP pharmacies).

Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance.

LLAME GRATIS: (800) 255-1090
HORAS: Lunes a viernes, 8am-5pm
(sin incluir feriados)

Al ser liberado, llame a ADAP para informarles de su liberación. Puede que tome varios días antes que reciba sus medicamentos, por lo tanto, es muy importante que llame lo antes posible. Cuando llame, se le asignará una farmacia (vea pagina 61 para una lista de las farmacias que participan en ADAP).

Una vez inscrito, su farmacia asignada necesitará recetas médicas y su número de identificación de ADAP para ordenar sus medicinas. Luego, tomará unos días para que estén listos para ir por ellas. Si tiene alguna pregunta favor de llamar a ADAP o a su administrador/a de casos.

Emergency Homeless Services | *Hospedaje de emergencia*

If you have nowhere to go when you are released, the agencies below are in and around the downtown area and can provide or help you to access basic needs like food, clothing and shelter.

Si no tienes a dónde ir cuando seas liberado, las agencias a continuación están en el área del centro y pueden proporcionarte o ayudarte a acceder a necesidades básicas como comida, ropa y refugio.

Coalition for the Homeless www.homelesshouston.org **713 739-7514**
Homeless resource information (Help Card and Street Guide).

Información para personas sin vivienda (Tarjeta de Ayuda y Guia de Calles).

The Beacon **1212 Prairie St.; Houston, TX 77002** **713 220-9737**
Day shelter: meals, showers, laundry, referrals and more. Available Thurs-Mon. See page 98 for more information.

Refugio diurno: comida, ducha, lavandería, ropa, información, referencia y más. Disponible de jueves a lunes. Vea página 98 para más información.

Magnificat House Admissions Center **1410 Elgin Street; Houston, TX 77004** **713 529-4231**
Offers a three-night stay and the opportunity to apply for longer term residency. Admission is on a first-come, first served basis and beds are limited. See page 124 for more information.

Ofrece una estadía de tres noches y la oportunidad de solicitar una residencia a largo plazo. La admisión se realiza por orden de llegada y las camas son limitadas. Vea página 124 para más información.

Salvation Army Center of Hope **1717 Congress Street; Houston, TX 77002** **713 223-8889**
Men's shelter: meals, showers, laundry and more.

Refugio para hombres: comida, ducha, lavandería y más.

Salvation Army Family Residence **1603 McGowen Street; Houston, TX 77004** **713 650-6530**
Shelter for women and families needing temporary emergency shelter or transitional living.

Refugio para mujeres y familias que necesitan refugio temporal de emergencia o vivienda transitoria.

Star of Hope **1811 Ruiz Street; Houston, TX 77002** **713 226-5414**

Men's Development Center: provides shelter, meals, showers, referrals; employment programs. See page 138 for more information.

Centro de desarrollo para hombres: refugio, comida, ducha, referencia, programa de empleo. Vea página 138 para más información.

Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

Emergency Homeless Services | *Hospedaje de emergencia*

Star of Hope

2575 Reed Road; Houston, TX 77051

713 748-0700

Women and Family Development Center: shelter for 30 days to 18 months provides meals, showers, referrals. See page 139 for more information.

Centro de desarrollo para mujeres y familias: refugio para 30 días a 18 meses: comida, ducha, referencia. Vea página 139 para más información.

Helpful Phone Numbers | *Números de teléfono útiles*

2-1-1 Texas/United Way Helpline

Call 2-1-1 or search the online database:
<http://referral.unitedwayhouston.org>

Free, confidential information and referrals for food, housing, employment, counseling and much more. Just dial 2-1-1 from anywhere in the state, 24 hours a day.

EMPLOYMENT ASSISTANCE *ASISTENCIA DE EMPLEO*

Career and Recovery Resources	713 754-7000
Cypress Assistance Ministries	281 955-5895
Goodwill Project Good Hope	713 699-6306
Humble Area Assistance Ministries	281 446-3663
Memorial Assistance Ministries	713 468-4516
SERJobs	713 773-6000
Workforce Solutions Gulf Coast	1-888-469-5627

METRO

713 635-4000

www.ridemetro.org

METRO offers a variety of services, including the METRO Bus, METRO Rail, METRO Lift, STAR (vanpool), and Ride Share programs. Call or go online for more information, including maps, schedules and fares.

METRO ofrece una variedad de servicios, que incluyen el METRO Bus, METRO Rail, METRO Lift, STAR (vanpool) y los programas Ride Share. Llama o visita la página web para obtener más información sobre, incluyendo mapas, horarios y tarifas.

Michael E. DeBakey VA Medical Center 713 791-1414

Medical care for Veterans; bus passes available for clients of the HIV Clinic. See page 127 for more information.

Cuidado médico para veteranos; pase de bus disponible en la clínica del VIH. Vea 127 para más información.

9-8-8 Suicide & Crisis Lifeline

Free and confidential, call or text. Available 24/7/365. Chat online: 988lifeline.org

la línea 9-8-8 de prevención del suicidio y crisis

Gratuitas y confidenciales, llamar o texto. Está disponible 24/7/365. Chat en línea: 988lifeline.org/es

La Línea de Ayuda 2-1-1 Texas/United Way

Llame al 2-1-1 o busque en la base de datos en línea:
<http://referral.unitedwayhouston.org>

Información gratis y confidencial, y referencias para comida, vivienda, empleo, consejería y más. Marque el 2-1-1 de cualquier lugar dentro del estado de Texas, 24 horas del día.

SUBSTANCE USE TREATMENT & SUPPORT *TRATAMIENTO Y APOYO POR USO DE SUSTANCIAS*

Alcoholics Anonymous	713 686-6300
Cocaine Anonymous	713 668-6822
Narcotics Anonymous	713 661-4200

TX Attorney General Child Support 800 252-8014

The AGs office can assist with establishing paternity, establishing, enforcing and modifying child and medical support orders and collecting and distributing child support payments.

For assistance with access and visitation, call the hotline Monday-Friday, 1pm-5pm: 866 292-4636 or go to www.txaccess.org.

Procurador General de Texas apoyo a niños

La oficina del PG puede asistir en establecer paternidad, establecer, aplicar y modificar órdenes de apoyo a los niños/niñas y apoyo médico, y coleccionar y distribuir pagos de apoyo para los niños/niñas.

Para asistencia con acceso y las visitas, llame a la línea de ayuda de lunes-viernes, 1pm-5pm al 866 292-4636 o visite el internet al www.txaccess.org.

Texas Center for Justice and Equity 512 612-3219 <https://texascje.org>

The TCJE advocates for a just and accountable judicial system. Extensive online resource library for people re-entering the world following incarceration.

El TCJE aboga por un sistema judicial justo y responsable. Amplia biblioteca de recursos en línea para personas que reingresen a la sociedad después de estar encarcelados.

Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

Service Providers | *Proveedores de servicios*

The following agencies provide at least one service to assist formerly incarcerated individuals with their re-entry needs. Check the agency description in the ALPHABETICAL LISTING or contact them directly for more information.

Las siguientes agencias proporcionan al menos un servicio para ayudar a individuos ex-convictos con sus necesidades de reingreso a la sociedad. Revise la descripción de la agencia en el LISTADO ALFABÉTICO o póngase en contacto con ellos directamente respecto a información adicional.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless,  , IRR, SUD, Appt req.....	86
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam,  , IRR, Homeless, Immigrants, SUD, Free.....	89
Allies in Hope Stone Soup Food Pantry	(713) 623-6796	(C) Midtown	All.....	90
AVDA (Aid to Victims of Domestic Abuse)	(713) 224-9911	(C) Downtown	All, Fam, Immigrants, Free (some court costs if higher income), Appt req, Esp ..	93
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, SUD, Homeless, Immigrants, Free, Walk-ins, Esp.....	98
Career and Recovery Resources	(713) 754-7000	(C) Midtown	Adults, SUD, IRR, S\$, Med.....	100
Cenikor Foundation	(888) 236-4567	(SE) Deer Park	M, W, IRR, SUD, Walk-ins, Med, Flat, Ins, Cash/Card, Financing, HHSC, Esp	103
City of Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp	106
Cypress Assistance Ministries	(281) 955-7440	(NW) Cy-Fair	M, W, Fam, Appt req, IRR, Esp	108
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	All,  , Free, Walk-ins, Esp.....	112
Goodwill Project Good Hope	(713) 699-6306	(C) Heights	M, W,  , Walk-ins, Free, Esp	113
Harmony House	(713) 221-6200	(C) Downtown	M, W, Free, Ltd, Homeless, IRR.....	115
H&A Support Services	(337) 240-6046	Houston area	M, W,  , IRR, Free, Appt req.....	115
L-H Transitional Center	(713) 239-3866	(NE) Kashmere Gardens	Adults, SUD, IRR, S\$, Med, Appt/Walk-ins	123
Magnificat Houses	(713) 529-4231	(C) Midtown	M, W, Homeless, IRR, Appt req, Esp....	124
The Montrose Center	(713) 529-0037	(C) Montrose	M, W, Y, SUD, IRR, Homeless, Esp	127
National Alliance on Mental Illness	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp	128
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, IRR, SUD, Med, CHIP, Ins, Flat fee, Appt req, Esp	129
Open Door Mission	(832) 962-4249	(C) East End	Adult Men only, SUD, Homeless, IRR, Free, Appt/Walk-ins	130
re:mind Depression and Bipolar Support	(713) 600-1131	Houston area	M, W, IRR, Homeless, SUD, Free, Walk-ins, Esp.....	132
Santa Maria - Bonita House	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only,  , IRR, SUD, Free, Appt req	133
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Homeless only, IRR, SUD, Walk-ins, Free, Esp.....	134
SERJobs	(713) 773-6000	(C) Second Ward	M, W, Y, IRR, Veterans, Free, Esp.....	134
SERJobs Fort Bend County	(281) 207-2301	(SW) Stafford	M, W, Y, IRR, Free, Esp	134
SERJobs Galveston County	(713) 773-6000	(SE) Galveston	M, W, Y, IRR, Free, Esp	135
UT Health-Houston Ctr for Neuro-behavioral Research on Addictions	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, SUD, IRR	143

Funeral Services / Servicios funerarios

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable persons living with HIV and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veterans Administration; veterans can apply online for burial benefits, or go to a VA regional office for assistance.

A nadie le gusta pensar en planes de entierro o cremación cuando se sienten bien, pero la planificación anticipada no sólo ayuda a prevenir el estrés futuro y la ansiedad, sino que también puede permitir a las personas que viven con VIH y sus familias ahorrar mucho dinero. Al mirar alrededor y comparar los costos y servicios, la mayoría de la gente toma mejores decisiones que cuando surge una crisis. Los Veteranos pueden tener derecho a beneficios de entierro a través de la Administración de Veteranos; los veteranos pueden solicitar beneficios de entierro en línea, o ir a una oficina regional de VA para obtener ayuda.

Funeral Assistance / Asistencia funeraria

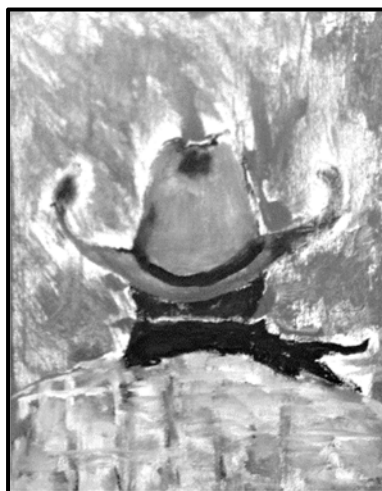
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
3ABF Bereaved Family Assistance Pgm	(713) 649-3232	(SE) OST/S. Union	All, Income-based eligibility, Free, Appt req, Esp.....	86
Harris Co. Bereavement Program	(713) 696-1952	(NE) Eastex/Jensen	All, Income-based eligibility	N/A
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	135

Funeral Education & Information / Educación e Información Funeraria

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Page
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/S. Union	All, Appt req, Income-based eligibility, Free, Esp.....	86

Funeral Services / Servicios funerarios

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Page
Harris Co. Bereavement Program	(713) 696-1952	(NE) Eastex/Jensen	All, Income-based eligibility	N/A



Art by Hilton

Health Insurance Assistance / Asistencia de Seguro Médico

Affordable Care Act: Assistance with the Health Insurance Marketplace La ley de Asistencia Asequible: Asistencia con el mercado de seguros médicos

If you are a client at a Ryan White funded agency: Speak with your case manager. If you do not have a case manager, tell the receptionist that you want to talk with someone about signing up for health insurance.

If you do not go to a Ryan White funded agency and do not have a case manager: You can go to any federally qualified health center (FQHC) and ask to speak with someone about signing up for the healthcare Marketplace. All FQHCs have staff that is trained to assist anyone who needs assistance, you do not need to be a patient at that clinic.

For locations and contact information, please see the following:

Accesshealth	Pg 87
AIDS Healthcare Foundation	Pg 88
Avenue 360 Health & Wellness	Pg 94
Bee Busy Wellness Center	Pg 98
El Centro de Corazón	Pg 109

Si usted es un cliente con una agencia financiada por Ryan White: Hable con su administrador de casos. Si usted no tiene un administrador de casos, dígale a la recepcionista que usted quiere hablar con alguien sobre inscribirse en un seguro de salud.

Si no eres en una agencia financiada por Ryan White y no tienen un administrador de casos: Usted puede ir a cualquier centro de salud federalmente calificado (FQHC) y pida hablar con alguien en inscribirse en el mercado de la salud. Todos los FQHC tienen personal que está capacitado para ayudar a cualquier persona que necesite ayuda, no es necesario ser un paciente en la clínica.

Para ubicaciones e información de contacto, por favor vea la siguiente:

Harris Health Thomas Street Clinic	Pg 118
Legacy Community Health	Pg 122
Spring Branch Community Health Center	Pg 135
St Hope Foundation	Pg 137


Official website for the Health Insurance Marketplace:
www.healthcare.gov

Sitio web oficial del Mercado de seguros medicos:
www.cuidadodesalud.gov

Premium & Copay Assistance / Prima de seguro y asistencia del copago

Many people living with HIV are not fortunate enough to have health insurance. And, sadly, many others lose their insurance coverage because they cannot afford the premiums, co-pays or deductibles. The agencies listed below may be able to help pay your insurance costs and will answer your questions about COBRA benefits and keeping your insurance.

Muchas personas que viven con el VIH no tienen la suerte de tener un seguro de salud. Y, lamentablemente, muchos otros pierden su cobertura de seguro porque no pueden pagar las primas, copagos o deducibles. Las agencias indicadas a continuación pueden ayudarle a pagar sus costos de seguro y contestarán sus preguntas sobre los beneficios de COBRA y el mantenimiento de su seguro.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All,  , Free, Ryan White, Esp	86
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
AHF Binz Healthcare Center	(713) 524-8700	(C) Medical Center	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	89
AHF Fannin Healthcare Center	(713) 799-8994	(C) Astrodome area	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	89

Health Insurance Assistance / *Asistencia de Seguro Médico*

Premium & Copay Assistance / *Prima de seguro y asistencia del copago*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, Esp	94
Avenue 360 Midtown	(713) 341-3790	(C) Montrose	All,  , S\$, Ins, Med, Ryan White, Esp	94
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W, Appt/Walk-ins,  , Free, S\$, Ins, Med, Ryan White, Esp	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	123
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
TX DSHS HIV Medication Program (TIAP)	(800) 255-1090	Texas	All,  , Free, Restrictions apply	140
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp	141
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults,  , S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143



Art by Tammy

Information and Resources for Hepatitis C Información y recursos para la Hepatitis C

Treatment & Support Resources // Tratamiento y Recursos de Apoyo

St. Luke's Health

Comprehensive Liver Disease Care

Multiple locations, call for an appointment:
1-877-64-LIVER (1-877-645-4837)

www.stlukeshealth.org/services-specialties/liver-care

Treats patients with all forms of liver disease - ranging from screening for abnormal liver function to medical management of disease and liver transplantation. Telemedicine services available.

Free hepatitis C testing, clinical trials and resource information. Ongoing clinical trials available for previously treated and first time treatment seeking patients. Often these trials provide free treatment.

St. Luke's Health

Comprehensive Liver Disease Care

Multiple locations, call for an appointment:
1-877-64-LIVER (1-877-645-4837)

www.stlukeshealth.org/services-specialties/liver-care

Centro para la enfermedad del hígado está dedicado exclusivamente a tratar a pacientes con todo tipos de enfermedades del hígado - de asesoramiento de la función anormal del hígado al manejo médico de la enfermedad y la trasplatación. Servicios de telemedicina disponibles.

Análisis gratis de la hepatitis C, ensayos clínicos, e información de recursos. En curso ensayos clínicos disponibles a pacientes anteriormente tratados así como también nuevos pacientes en busca de tratamientos. Con frecuencia estos ensayos ofrecen tratamientos gratis.

Liver Specialists of Texas

6560 Fannin St #2050
Houston, TX 77030
(713) 794-0700

Monday-Friday 8:30am-4:30pm

www.texasliver.com info@texasliver.com

Comprehensive treatment for Hepatitis C, patient education, and opportunities to participate in clinical research protocols. Patients who have previously been treated for hepatitis C and those who have never been treated are welcome. Telemedicine services available.

Resources for clinical trials:

www.clinicaltrials.gov

www.centerwatch.com

Liver Specialists of Texas

6560 Fannin St #2050
Houston, TX 77030
(713) 794-0700

Lunes a Viernes 8:30am-4:30pm

www.texasliver.com info@texasliver.com

Tratamiento integral para la Hepatitis C, educación del paciente, y oportunidades para participar en protocolos de investigación clínica. Los pacientes anteriormente tratados para el hepatitis C y los pacientes nunca tratados están bienvenidos. Servicios de telemedicina disponibles.

Recursos para ensayos clínicos:

www.clinicaltrials.gov







www.centerwatch.com

Treatment & Support Resources // Tratamiento y Recursos de Apoyo

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA - Clifton Office	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp ..	91
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, , S\$, Med, Ins, CHIP, Ryan White, Esp	88
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All, , S\$, Ins, Med, Ryan White, Esp .	94
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp	98
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W, , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W, , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	123
Michael E. DeBakey VA Medical Center	(713) 794-7384	(C) Medical Center	Veterans, , Appt/Walk-ins	127
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All, , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137

Information and Resources for Hepatitis C Información y recursos para la Hepatitis C

Treatment & Support Resources | Tratamiento y Recursos de Apoyo

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp	141
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults,  , S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143

Prescription Assistance | Asistencia de prescripción médica

If you need help paying for your hepatitis C medications, you may be eligible for a patient assistance or cost-sharing assistance program offered through a drug company or private foundation. Restrictions may apply.

Si necesita ayuda para pagar sus medicamentos de hepatitis C, puede ser elegible para un programa de asistencia de paciente o asistencia para compartir recursos ofrecido a través de una compañía farmacéutica o fundación privada. Se pueden aplicar restricciones.

Company Compañía	Contact Contacto	Medication Medicación	Details Detalles	
AbbVie	1-855-687-9703 CAP abbvie.com/patients/patient-support/patient-assistance.html	Mavyret	CAP: Max savings of \$4,000 after the first \$5 payment every month; \$12,000 is the max annual savings.	CAP: Ahorro máximo de \$4,000 después del primer pago de \$5 cada mes; \$12,000 es el ahorro anual máximo.
	1-855-687-7503 PAP abbvie.com/PatientAccessSupport		PAP: Financial eligibility is 600% federal poverty level (FPL).	PAP: Elegibilidad financiera es 600% del nivel federal de pobreza (FPL).
Asegua Therapeutics	1-855-769-7284 CAP https://qv.trialcard.com/Asegua#/app/layout/home	sofosbuvir/ velpatasvir ledipasvir/ sofosbuvir	CAP: Maximum savings of 25% of the catalog price for three bottles.	CAP: Ahorro máximo del 25% del precio de catálogo por tres botellas.
	1-855-769-7284 PAP www.mysupportpath.com		PAP: Financial eligibility is 500% FPL.	PAP: Elegibilidad financiera es 500% del FPL.
Gilead Sciences	1-855-769-7284 CAP / PAP www.mysupportpath.com	Epclusa Harvoni Sovaldi Vosevi	CAP: Maximum savings of 25% of the catalog price for three bottles.	CAP: Ahorro máximo del 25% del precio de catálogo por tres botellas.

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

Prescription Assistance / *Asistencia de prescripción médica*

Company <i>Compañía</i>	Contact <i>Contacto</i>	Medication <i>Medicación</i>	Details <i>Detalles</i>
Gilead Sciences	1-855-769-7284 CAP / PAP www.mysupportpath.com	Epclusa Harvoni Sovaldi Vosevi	PAP: Financial eligibility is 500% FPL. PAP: <i>Elegibilidad financiera es 500% del FPL.</i>
Merck and Co.	1-800-727-5400 PAP www.merckhelps.com	Zepatier	PAP: Financial eligibility is 400% FPL. PAP: <i>Elegibilidad financiera es 400% del FPL.</i>

Vaccines for Hepatitis A & B / *Vacunas para Hepatitis A y B*

Everyone with HIV and Hep C should get vaccinated against Hep A and Hep B if they have not already been exposed or vaccinated.

While there are vaccines available for Hep A and B, there is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Please contact your health care provider or one listed below for information on appointments and pricing.

Toda persona que tenga el VIH y la Hepatitis C debe ser vacunada en contra de la Hep A y la Hep B si es que no ha sido expuesta o vacunada anteriormente.

Aunque hay vacunas en contra de la Hep A y la Hep B, en la actualidad no lo hay para la Hep C. Es importante que toda persona que no tenga inmunidad a la Hep A y la Hep B reciba las vacunas. Por favor póngase en contacto con su proveedor de cuidados de salud o con alguno en la lista a continuación para información acerca citas y precios.

Location / <i>Localidad</i>	Address / <i>Dirección</i>	Phone / <i>Teléfono</i>
CVS/pharmacy	Various locations / <i>Varias localidades</i>	www.cvs.com
Harris County Public Health	Various locations / <i>Varias localidades</i>	(832) 927-7350 publichealth.harriscountytexas.gov
Houston Health Department	Various locations / <i>Varias localidades</i>	(832) 393-5427 www.houstonhealth.org
HOPE Clinic	Various locations / <i>Varias localidades</i>	(713) 773-0803 www.hopechc.org
Immunization Clinic	Fort Bend County / <i>Condado de Fort Bend</i>	(281) 313-7468 houstonvaccines.com
International Medicine Center	9230 Katy Freeway, Suite 400 Houston, TX 77055	(713) 550-2000 www.traveldoc.com
Kelsey-Seybold	Various locations / <i>Varias localidades</i>	(713) 442-8747 www.kelsey-seybold.com
Legacy Community Health	Various locations / <i>Varias localidades</i>	(832) 548 5000 www.legacycommunityhealth.org
Randall's Pharmacy	Various locations / <i>Varias localidades</i>	www.randalls.com
Walgreens Pharmacy	Various locations / <i>Varias localidades</i>	www.walgreens.com

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

Additional Resources | *Recursos adicionales*

The Assistance Fund

855-730-5873

tafcares.org

Provides co-payment assistance to eligible individuals for prescribed FDA-approved HCV treatment. Eligible patients must have prescription coverage for the prescribed treatment and meet financial eligibility criteria.

Brinda ayuda para el copago a personas que califican para asistencia con el pago de tratamientos contra el VHC aprobados por la FDA. Los pacientes elegibles deben tener cobertura para la receta del tratamiento indicado y cumplir con los requisitos de elegibilidad económica

HealthWell Foundation

800-675-8416

www.healthwellfoundation.org

Provides co-payment assistance to eligible individuals for HCV treatment. Eligible patients include those who are insured and have an annual household income of up to 500% of the federal poverty level (FPL).

Proporciona asistencia de copago a los individuos elegibles para tratamientos de HCV. Los pacientes elegibles incluyen a aquellos que estén asegurados y tengan un ingreso doméstico anual de hasta 500% del nivel de pobreza federal (FPL).

Help-4-Hep

877-HELP-4-HEP (877-435-7443)

www.help4hep.org

A non-profit toll-free helpline for those with concerns about HCV. Help-4-Hep can also help individuals access lower-cost testing for HCV.

Una línea de ayuda gratis y sin fines de lucro para personas con dudas sobre el VHC. Help-4-Hep también puede ayudar a encontrar pruebas de VHC más baratas.

Needy Meds

800-503-6897

www.needy meds.org

Offers resources that are helpful to uninsured and underinsured patients including an MRI/CAT scan discount program and medical bill mediation.

Ofrece recursos que son útiles para pacientes no asegurados o con un seguro menor incluyendo un programa de descuento de exploración MRI/CAT y mediación de facturas médicas.

Patient Access Network Foundation

866-316-7263

www.panfoundation.org

Offers help and hope to people with chronic or life-threatening illnesses, including HIV and hepatitis, for whom cost limits access to medical treatments.

Ofrece ayuda y esperanza a personas con enfermedades crónicas o que amenazan la vida, incluyendo VIH y hepatitis, para quienes el costo limita el acceso a los tratamientos médicos.

Patient Advocate Foundation

www.copays.org

Provides direct financial support to insured patients, including Medicare Part D beneficiaries, who financially and medically need assistance paying prescription medication co-payments, co-insurance and deductibles relative to their diagnosis.

Proporciona soporte financiero directo a pacientes asegurados, incluyendo beneficiarios de la Parte D de Medicare, que necesiten asistencia financiera y médica para pagar los copagos de medicamentos de prescripción, coseguro y deducibles relacionados con su diagnóstico.

RxOutreach

888-796-1234

<http://rxoutreach.org>

A nonprofit mail order pharmacy for people with little to no health insurance coverage.

Una farmacia de pedido por correo sin fines de lucro para personas con poca o ninguna cobertura de seguro de salud.

The Treatment Action Group

www.treatmentactiongroup.org

Collaborates with activists, community members, scientists, governments, and drug companies to make safer, more effective and less toxic treatment for viral hepatitis available.

Colabora con activistas, miembros de la comunidad, científicos, entidades gubernamentales, y compañías farmacéuticas a generar tratamientos del hepatitis viral que sean más seguros, eficientes y menos tóxicos.

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

Support Groups | *Grupos de apoyo*

Support groups can be very helpful for people with Hep C or co-infected with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases.

Grupos de apoyo pueden ser de gran ayuda para las personas con el VHC o coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas.

Group Name / <i>Nombre de Grupo</i>	Time & Date / <i>Hora y Día</i>	Contact / <i>Contacto</i>
American Liver Foundation Virtual Discussion Community	A liver disease support and discussion community for cancer, hepatitis, cirrhosis, and hepatic encephalopathy, transplants and more. Participate online or download the Inspire mobile app.	www.inspire.com/groups/american-liver-foundation
Help-4-Hep Hepatitis C Peer-to-Peer Helpline Information, support and referrals - all free of charge and confidential. The helpline is staffed by people who have experience dealing with Hep C – you talk with a real person, one-to-one, about your specific situation. Help-4-Hep is there to support you from deciding to get tested to talking to your doctor about treatment options and finding resources to help with payment.	Monday-Friday, 8am - 8pm (closed on holidays)	877-HELP-4-HEP (877) 435-7443 www.help4hep.org
Hep C Discussion Forum	Online discussion board, available 24/7.	https://hepcfriends.activeboard.com/
HepatitisC.net A community for people affected by hepatitis C. Learn, share, and connect with peers and healthcare professionals.	Informational website and Facebook group, available 24/7.	contact@hepatitisc.net hepatitisc.net www.facebook.com/HepatitisCDotNet
Hepatitis C Mentor and Support Group Founded in 2010 to ensure that anyone affected by Hepatitis C and/or living with both HIV and HCV have access to information and supportive services that will help them manage and overcome Hepatitis C with strength, dignity and fellowship.	Webinars, resources and trainings.	hepatitisCmsg@gmail.com www.hepatitiscmsg.org www.facebook.com/HepatitisCmsg
Houston Methodist Willowbrook Hospital 18220 Tomball Parkway Room C, 1st Floor Houston TX 77070	2 nd Tuesday, 7pm	(281) 820-6168

Information and Resources for Hepatitis C
Información y recursos para la Hepatitis C

Publications & Information / Publicaciones y información

Name / Nombre	Contact / Contacto	Description / Descripción
American Liver Foundation	1-800-GO-LIVER (800-465-4837) Mon-Fri, 8am-4pm www.liverfoundation.org info@liverfoundation.org	Patient support groups, information, physician referral, educational seminars for physicians, patients, their families and friends. <i>Grupos de apoyo, información, referencia a médico, seminarios educacionales sobre la hepatitis para médicos, pacientes, familiares y amistades.</i>
Centers for Disease Control and Prevention	www.cdc.gov/hepatitis/index.htm	Free comprehensive information on viral hepatitis. <i>Información amplia y gratuita sobre la hepatitis viral.</i>
CDC Foundation Viral Hepatitis Action Coalition	www.cdcfoundation.org/vhac	Provides information about advances in the prevention, screening and treatment of viral hepatitis. <i>Provee información sobre avances en prevención, asesoramiento y tratamiento de la hepatitis viral.</i>
Houston Health Department Hepatitis C Task Force	www.houstonhepatitis.org taskforce@houstonhepatitis.org	Hepatitis C Task Force and service provider training. <i>Grupo de trabajo sobre la hepatitis C y capacitación para proveedores de servicios.</i>
National Viral Hepatitis Roundtable (NVHR)	www.nvhr.org info@nvhr.org	National networking, partnership development and capacity-building to improve viral hepatitis programs. <i>Red nacional, desarrollo y capacidad en asociación para el mejoramiento de los programas de la hepatitis viral.</i>
Texas Department of State Health Services	www.dshs.texas.gov/hivstd/info/hepatitis-c	Information and resources for Hep C. <i>Información y recursos para la hep C.</i>

Home Assistance & Home Health Care *Asistencia y cuidado en el hogar*

Some people living with HIV need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.

Algunas personas que viven con el VIH necesitan ayuda en casa. Afortunadamente, hay varios tipos de asistencia disponibles. Para las personas que sólo necesitan ayuda con la limpieza ligera, amas de casa pueden ir a la casa de forma gratuita o por una pequeña tarifa. Para las personas que necesitan atención personal (ayuda con el baño, etc.), hay ayudantes de salud en el hogar y enfermeras disponibles. A veces se requiere una orden médica.

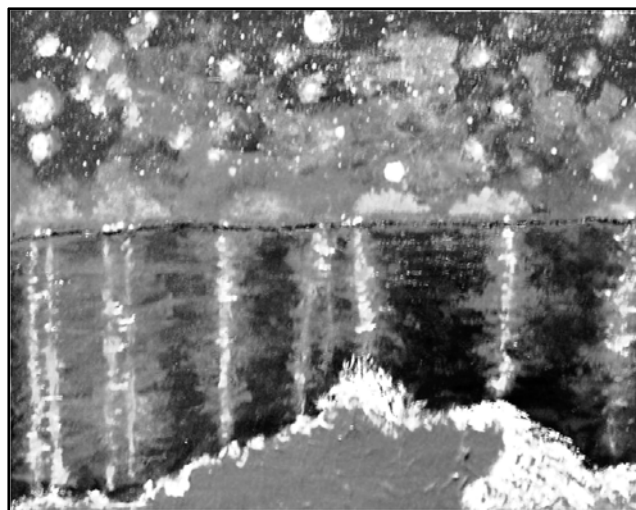
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Colby D Healthcare Pediatric Home Health	(832) 563-4970	(SW) Westwood	M, W, C, Ins, Medicaid, Superior, Private pay.....	107
Paws with Helping Hands Charity	(832) 573-7274	Houston area	All, Free, , Esp.....	130

Hospice Care / *Cuidado de Hospicio*

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of HIV. Physician approval is needed for this service.

El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del VIH. La aprobación de un médico es necesaria para recibir este servicio.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Avenue 360 Omega House Hospice	(713) 523-7110	(C) Montrose	Adults, , \$20 co-pay/day if above 100% FPL, Esp.....	95



Art by Ronnie

Housing and Emergency Shelters *Vivienda y Refugios de Emergencia*

The Houston area offers several housing options for persons living with HIV on a fixed income, as well as for those with families or special needs. These include subsidized apartments, group residential facilities, substance use treatment facilities, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (see FINANCIAL ASSISTANCE, page 34 and HOPWA, page 53). As a last resort, a number of emergency shelters are located in the Houston area.

El área de Houston ofrece varias opciones de vivienda para las personas que viven con el VIH con un ingreso fijo, así como para aquellos con familias o necesidades especiales. Estos incluyen apartamentos subvencionados, instalaciones residenciales de grupo, instalaciones de tratamiento de uso de sustancias, hogares de cuidado y centros de transición. Estas instalaciones están a menudo disponibles a un costo muy bajo. Ciertas agencias también proveen servicios de alquiler y/o servicios públicos para prevenir la falta de vivienda o los cortes de servicios (ver también ASISTENCIA FINANCIERA, página 34 y HOPWA, página 53). Como último recurso, una serie de refugios de emergencia se encuentran en el área de Houston.

Housing Assistance | *Asistencia para la Vivienda*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp.....	141
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, ♿, Esp.....	86
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free.....	89
Brentwood Project WAITT (We're All In This Together)	(713) 852-2551	(S) Central Southwest	All, Appt/Walk-ins, Free, ♿, SUD.....	99
Catholic Charities Beacon of Hope Center	(409) 762-2064	(SE) Galveston	M, W, Fam, Appt req, Esp.....	103
Catholic Charities Housing Program	(713) 526-4611	(C) Midtown	M, W, Fam, Ltd, Esp.....	102
Catholic Charities Mamie George Community Ctr	(281) 202-6200	(SW) Richmond	M, W, Fam, Free, Esp.....	103
Catholic Charities Stable Homes (HIV/AIDS Ministry)	(713) 526-4611	(C) Midtown	M, W, ♿, Free, Appt req, Esp.....	102
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	M, W, Fam, ♿, SUD, Homeless, Free, Appt req, Esp.....	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Harris Co. HCD Eviction Defense Program	(832) 927-4955	(C) Astrodome area	All, Immigrants, Free, Appt req, Esp.....	115
Harris Co. HCD Homeless Youth Case Management Pgm	(832) 927-4925	(C) Astrodome area	Ages 18-24, IRR, Homeless, SUD, Free, Appt/Walk-ins, Esp.....	116
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Magdalene House Social Ministry	(281) 540-1907	(NE) Humble	All, Free, Walk-ins, Ltd.....	124
Montrose Center	(713) 529-0037	(C) Montrose	All, S\$, Esp.....	127
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Appt/Walk-ins, Esp.....	129
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137

Housing & Emergency Shelters / Vivienda y refugios de emergencia

Housing Assistance / Asistencia para la Vivienda

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All, ♿, S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138

Emergency Shelters / Refugios de Emergencia

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp	141
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free	89
Bay Area Homeless Services	(281) 837-1654	(E) Baytown	M, W, Fam, Homeless, Free, Esp	95
Bay Area Turning Point	(281) 286-2525	(SE) Webster	W, M, Fam, Free, Appt req, Esp	96
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
FamilyTime Crisis and Counseling Ctr	(281) 446-2615	(NE) Humble	All, Free, S\$, Appt req (Walk-ins crisis only), Esp	111
Fort Bend Women's Center	(281) 342-4357	(SW) Richmond	All, Free, Appt/Walk-ins, Esp	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med	113
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, SUD	113
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	120
Magnificat House	(713) 529-4231	(C) Midtown	M, W, Homeless, SUD, IRR, Appt req, Esp	124
Star of Hope Doris and Carlross Morris Men's Development Center	(713) 226-5414	(C) Downtown	M, Walk-ins, Homeless, Ltd, Free, SUD	138

Long Term Housing / Vivienda de Largo Plazo

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
ACSP Lydia's Place Apartments	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, ♿, IRR, SUD, Appt	86
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free	89
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
CEF Swehla House	(713) 528-0037	(C) Montrose	M, W, S\$, Appt req, ♿, Single occupancy	107
Corder Place Apartments	(713) 741-4070	(SE) OST/S. Union	Fam, ♿, Homeless, S\$, Appt/Walk-in ..	107
The Montrose Center	(713) 529-0037	(C) Montrose	All, S\$, Esp	127
San Jacinto Apartments	(713) 650-0306	(C) Downtown	Adults, ♿, Disabled	133
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, Homeless only, IRR, Walk-ins, SUD, Esp	134

Housing & Emergency Shelters / *Vivienda y refugios de emergencia*

Short Term Housing / *Vivienda temporal*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free	89
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Harmony House	(713) 221-6200	(C) Downtown	M, W, Free, Ltd, Homeless, IRR.....	115
Magnificat Houses Midtown Admissions Center	(713) 529-4231	(C) Midtown	M, W, Homeless, SUD, IRR, Appt req, Esp	124
The Montrose Center Housing and Utility Assistance	(713) 529-0037	(C) Montrose	All, S\$, Esp	127
Star of Hope Doris and Carloss Morris Men's Development Center	(713) 226-5414	(C) Downtown	M, Walk-ins, Homeless, SUD, Ltd, Free	138
Star of Hope Women & Family Development Center	(713) 222-2220	(C) MacGregor	W, Single parent family, Homeless, Ltd, Free, Esp	139

Transitional Housing / *Vivienda de transición*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, ♿, IRR, SUD, Appt req	86
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free	89
Bay Area Homeless Services	(281) 837-1654	(E) Baytown	M, W, Fam, Homeless, Free, Esp.....	95
Brentwood Project WAITT (We're All In This Together)	(713) 852-2551	(S) Central Southwest	All, ♿, SUD, Free, Appt/Walk-ins	99
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, SUD.....	113
Harmony House	(713) 221-6200	(C) Downtown	M, W, Free, Ltd, Homeless, IRR.....	115
Magnificat Houses Midtown Admissions Center	(713) 529-4231	(C) Midtown	M, W, Homeless, SUD, IRR, Appt req, Esp	124
Open Door Mission	(832) 962-4249	(C) East End	Adult Men only, SUD, Homeless, IRR, Free, Appt/Walk-ins	130
Santa Maria - Bonita House	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only, ♿, IRR, SUD, Free, Appt req	133
Star of Hope Doris and Carloss Morris Men's Development Center	(713) 226-5414	(C) Downtown	M, Walk-ins, Homeless, SUD, Ltd, Free	138
Star of Hope Women & Family Development Center	(713) 222-2220	(C) MacGregor	W, Single parent family, Homeless, Ltd, Free, Esp	139

HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of December 2024)

The Houston area offers several housing options for persons living with HIV on a fixed income, as well as for those with families or special needs. The agencies listed below receive HOPWA funds to provide the following housing and/or housing-related services:

El área de Houston ofrece varias opciones de vivienda para las personas que viven con el VIH con un ingreso fijo, así como para aquellos con familias o necesidades especiales. Las agencias indicadas a continuación reciben fondos de HOPWA para proveer los siguientes servicios de vivienda y/o relacionados con la vivienda:

PHP: Permanent Housing Placement

TBRA: Tenant base rental assistance

STRMU: Short term rent, mortgage, utility assistance

SS: Supportive Services

CR: Community Residences

Search the list below to find an agency that provides the particular service that you need.

Busque en la lista a continuación la agencia que provee el servicio particular que necesita.

Agencies | Agencias

A Caring Safe Place (CR, SS)

Two community residences providing housing and supportive services for persons with substance and/or alcohol dependency issues. Permanent Supportive Housing: (713) 692-4900
Transitional Housing: (713) 225-5441

Access Care of Coastal Texas (STRMU, TBRA, PHP, SS)

Short-term rent, mortgage and utility assistance, tenant-based rental assistance, and permanent housing placement with supportive services. (409) 763-2437

Allies in Hope (CR, SS)

Multiple community residences with supportive services. (713) 623-6796

Bread of Life (STRMU, TBRA, PHP, SS)

Short-term rent, mortgage and utility assistance, tenant-based rental assistance, and permanent housing placement with supportive services. (346) 571-6982

Brentwood Community Foundation (STRMU, CR, SS)

Short-term rent, mortgage and utility assistance program, and community residence with supportive services for single men. STRMU: (713) 852-2556
Transitional Housing: (713) 852-2551

Catholic Charities of the Archdiocese of Galveston-Houston (STRMU, TBRA, PHP, SS)

Short-term rent, mortgage and utility assistance, tenant-based rental assistance, and permanent housing placement with supportive services. (713) 874-6724

Fundación Latinoamericana de Accion Social (TBRA, PHP, SS)

Tenant-based rental assistance, permanent housing placement, and behavioral health, mental health, and substance use services. (281) 883-2564

Goodwill Industries of Houston (SS)

Job training program and expungement services. (713) 692-6306

Houston HELP, Inc.

Corder Place Apartments (CR, SS)
Community residence with supportive services for families with children. (713) 741-4070

Houston SRO Housing Corp. (CR, SS)

Community residence for individuals and couples. (713) 526-9470

The Montrose Center (STRMU, TBRA, PHP, SS)

Short-term rent, mortgage and utility assistance, tenant-based rental assistance, and permanent housing placement with supportive services. (713) 526-9470

SEARCH Homeless Services (SS)

Childcare and early childhood education to children between the ages of 21 months and five years (pre K). Provides case management and education. (713) 276-3004

The Women's Home (SS)

Counseling, case management, peer support services and workforce development. (713) 328-1963

The eligibility requirements for HOPWA services are very basic, but some agencies may have additional restrictions placed on them by other funding sources that are more stringent. To be eligible you must:

1. Meet the definition of low to medium income; resources of 50% or below for TBRA and CR;
2. Have an HIV diagnosis; and
3. Live in one of the following ten counties: Austin, Brazoria, Chambers, Ft Bend, Galveston, Harris, Liberty, Montgomery or Waller.

Please check with the service provider for additional eligibility requirements, restrictions and limitations.

Los requisitos para elegibilidad a los servicios HOPWA son muy básicos, pero algunas agencias puede que tengan restricciones adicionales exigidas por otras fuentes financieras que son más estrictas. Para ser elegible usted debe:

1. Cumple la definición de ingreso bajo a medio; recursos de 50% o menos para TBRA y CR;
2. Estar diagnosticado con el VIH; y
3. Vivir en uno de los diez siguientes condados: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery o Waller.

Por favor hable con el proveedor para conocer de requisitos, restricciones y limitaciones adicionales.

HOPWA Complaints / Reclamos de HOPWA: (832) 394-6388 or HCDDComplaintsAppeal@houstontx.gov

Information & Hotlines / Líneas de información y ayuda

Information and referral lines provide information on specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours.

Hotlines offer information or assistance during a crisis and usually operate 24 hours a day, seven days a week.

Las líneas de información y ayuda proporcionan información sobre servicios específicos o responden a preguntas sobre el VIH y los problemas de salud relacionados. Las llamadas son gratuitas y anónimas y las líneas normalmente funcionan sólo durante las horas de oficina.

Las líneas de ayuda ofrecen información o asistencia durante una crisis y normalmente operan las 24 horas del día, los siete días de la semana.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp	141
Alzheimer's Association	(713) 314-1313	(C) Gulfgate	Adults, S\$	90
Bay Area Council on Drugs and Alcohol	(800) 510-3111	(SE) Clear Lake	All, SUD	95
The Beacon	(713) 220-9737	(C) Downtown	All, Free, Homeless	98
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
Career and Recovery Resources Supportive Services for Veteran Families	(713) 754-7000	(C) Midtown	Veterans, Free	100
Crisis Intervention of Houston	(832) 416-1177	Houston area	All ages, Free	108
Disability Rights Texas	(800) 252-9108	(C) Midtown	All, Fam, Appt req, Free.....	108
FamilyTime Crisis and Counseling Ctr	(281) 446-2615	(NE) Humble	All, Free, S\$, Appt req (Walk-ins in crisis only), Esp.....	111
Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All, Free	127
H&A Support Services	(337) 240-6046	Houston area	M, W, ♿, IRR, Free, Appt req.....	115
HIVinfo / infoVIH	(800) 448-0440	National	All, Free, Esp	119
Hope and Healing Center & Institute	(713) 871-1004	(W) Greater Uptown	Adults with serious mental illness, Free	120
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
The Montrose Center Anti-Violence Program	(713) 529-0037	(C) Montrose	All, Free, Esp	127
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp.....	128
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
PFLAG Houston	(713) 467-3524	(C) Montrose	All, Free	131
Ryan White Planning Council	(832) 927-7926	(C) Downtown	All, ♿, Free, Esp.....	133
SERJobs Workforce Opportunity Center	(713) 773-6000	(C) Second Ward	M, W, Y, IRR, Free, Esp	134
Social Security Administration	(800) 772-1213	National	All, Esp	135
Texas DFPS Abuse Hotline	(800) 252-5400	Texas	All, Free	140
Texas DFPS Youth and Runaway Hotline	(800) 989-6884	Texas	C, Y, Fam, Free, Esp	140

Legal Services & Advocacy | Servicios Legales y Defensa

Free or very low cost legal services are available to people living with HIV in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians (“living wills”) and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress.

Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Criminal matters generally are not.

Los servicios legales gratuitos o de muy bajo costo están disponibles para las personas que viven con el VIH en el área de Houston. Uno de los servicios más importantes es ayudar a completar documentos legales como testamentos, cartas poder, directivas a los médicos (“testamentos en vida”) y directivas de entierro. A nadie le gusta pensar en esos documentos cuando se sienten bien, pero tenerlos completados de antemano puede evitar mucha confusión y angustia.

También está disponible asistencia con otros tipos de necesidades legales, tales como asuntos familiares, obtención de beneficios por discapacidad, discriminación e inmigración. Generalmente, las cuestiones penales no lo están.

Legal Services | Servicios Legales

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Harris County Housing & Community Development	(832) 927-4955	(C) Astrodome area	All, Immigrants, Free, Appt req, Esp.....	115
Houston Lawyer Referral Service	(713) 237-9429	(C) Downtown	M, W, S\$, Esp.....	120
Houston Volunteer Lawyers Program	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, Filing fees if required by court.....	120

Advocacy | Defensa

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AVDA (Aid to Victims of Domestic Abuse)	(713) 224-9911	(C) Downtown	All, Fam, Immigrants, Free (some court costs if higher income), Appt req, Esp ..	93
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
Disability Rights Texas	(800) 252-9108	(C) Midtown	All, Fam, Appt req, Free.....	108
Harris County Housing & Community Development	(832) 927-4955	(C) Astrodome area	All, Immigrants, Free, Appt req, Esp.....	115
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120

Immigration | Inmigración

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Houston Volunteer Lawyers Program	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, Filing fees if required by court.....	120
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	135

Medical Equipment / Equipo Médico

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, ♿, Esp.....	86
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107

Mental Health Services / Servicios de Salud Mental

People living with HIV may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual, couple and group counseling is available for people living with HIV and their loved ones. These services are frequently free of charge, low cost or based on the client's income. Many hospitals and clinics also provide inpatient and outpatient psychiatric services.

Suicide and Crisis Lifeline (24 hours): 9-8-8

See page 56 for Support Group listings.

Las personas que viven con el VIH pueden sentirse solas, deprimidas, confundidas o incluso culpables. A veces se necesita ayuda profesional para resolver estas emociones. El asesoramiento individual, en pareja y en grupo está disponible para las personas que viven con el VIH y sus seres queridos. Estos servicios suelen ser gratuitos, de bajo costo o basados en los ingresos del cliente. Muchos hospitales y clínicas también ofrecen servicios psiquiátricos para pacientes hospitalizados y ambulatorios.

Línea de Prevención del Suicidio y Crisis (24 horas): 9-8-8

Vea la página 56 para los listados de Grupos de Apoyo.

Counseling / Consejería

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
3ABF Bereaved Family Assistance Pgm	(713) 649-3232	(SE) OST/S. Union	All, Income-based eligibility, Free, Appt req, Esp.....	86
AccessHealth Brookshire Center	(281) 342-4530	(W) Brookshire	All, Walk-ins, S\$, Med, Ins, CHIP, Esp .	88
AccessHealth East Fort Bend Clinic	(281) 342-4530	(SW) Missouri City	M, W, S\$, Med, Ins, Esp.....	88
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, ♿, Med, Ins, CHIP, Ryan White, Esp.....	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, S\$, ♿, Med, Ins, CHIP, Ryan White, Esp.....	88
AccessHealth Second Mile Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp.....	88
AccessHealth Stafford Clinic	(281) 342-4530	(SW) Stafford	All, S\$, Med, Ins, CHIP, Esp.....	88
Alexander Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat, S\$, Ins, Med, Financing available, Appt req	89
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free.....	89
AVDA (Aid to Victims of Domestic Abuse)	(713) 224-9911	(C) Downtown	Adults, IRR, Immigrants, S\$, Scholarships, Appt req.....	93

Mental Health Services / *Servicios de salud mental*

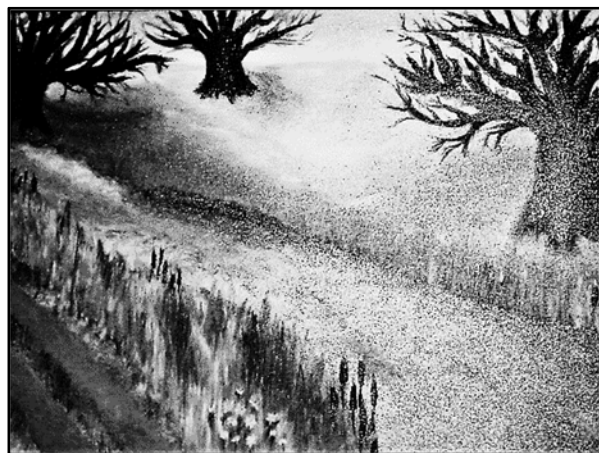
Counseling / *Consejería*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All, , S\$, Ins, Med, Ryan White, Esp .	94
Avenue 360 Memorial City	(713) 827-8266	(W) Memorial City	C, Y, S\$, Ins, Med, CHIP, Esp	94
Avenue 360 Midtown	(713) 341-3790	(C) Montrose	All, , S\$, Ins, Med, Ryan White, Esp .	94
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren Southwest	All, S\$, Ins, Med, Esp	94
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	All, S\$, Ins, Med, Esp	95
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins.....	95
Baylor Bayland Park Teen Health Clinic	(713) 274-5348	(SW) Gulfton	Y (ages 13-24), Free, Med, Ins, Appt/Walk-ins, Esp	97
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Margaret Long Wisdom High School Teen Health Clinic	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Tejano Center Teen Health Clinic	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Med, Ins, Esp	98
Baylor Worthing High School Teen Health Clinic	(713) 556-5348	(S) Sunnyside	Y (ages 13-24), Free, Med, Ins, Esp	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
Catholic Charities Counseling Services	(713) 874-6590	(C) Midtown	M, W, Fam, S\$, Appt only, Esp	102
Christ Clinic	(281) 391-0190	(W) Katy	Adults, Uninsured, Flat fee, Appt/Walk-ins, Esp	105
El Centro de Corazon Dunn Health Center	(713) 660-1880	(C) Magnolia Park	S\$, Med, CHIP, Esp.....	109
El Centro de Corazon Magnolia Health Center	(713) 660-1880	(C) East End	S\$, Med, CHIP, Esp.....	110
Evolve Outreach of Texas	(832) 930-4898	(C) Midtown	All, Med, CHIP, Walk-ins, Esp	110
FamilyTime Crisis and Counseling Ctr	(281) 446-2615	(NE) Humble	All, Free, S\$, Appt req (Walk-ins crisis only), Esp.....	111
Fort Bend Women's Center	(281) 342-4357	(SW) Richmond	All, Free, Appt/Walk-ins, Esp	112
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	M, W, Fam, , Free, SUD, Homeless, Appt req, Esp	112
Hope and Healing Center & Institute	(713) 871-1004	(W) Greater Uptown	Adults with serious mental illness, Free	120
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W, , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W, , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	123
L-H Transitional Center	(713) 239-3866	(NE) Kashmere Gardens	Adults, SUD, IRR, S\$, Med, Appt/Walk-ins	123

Mental Health Services / Servicios de salud mental

Counseling / Consejería

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	125
Michael E. DeBakey VA Medical Center	(713) 794-7384	(C) Medical Center	Veterans, ♿, Appt/Walk-ins.....	127
The Montrose Center	(713) 529-0037	(C) Montrose	M, W, Fam, ♿, IRR, SUD, Free, Ryan White, Walk-ins, Esp	127
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp	128
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, IRR, SUD, Med, CHIP, Ins, Flat fee, Appt req, Esp	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
re:mind Depression and Bipolar Support	(713) 600-1131	Houston area	M, W, IRR, Homeless, SUD, Free, Walk-ins, Esp.....	132
Santa Maria - Bonita House	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only, ♿, IRR, SUD, Free, Appt req	133
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	135
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All, ♿, S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up), ♿, Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141
Unlimited Pathways to Change LLC	(346) 833-5905	(W) Greater Uptown	All, Med, Esp	143
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults, ♿, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143



Art by Kevin

Miscellaneous Services / Servicios Misceláneos

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.










Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.

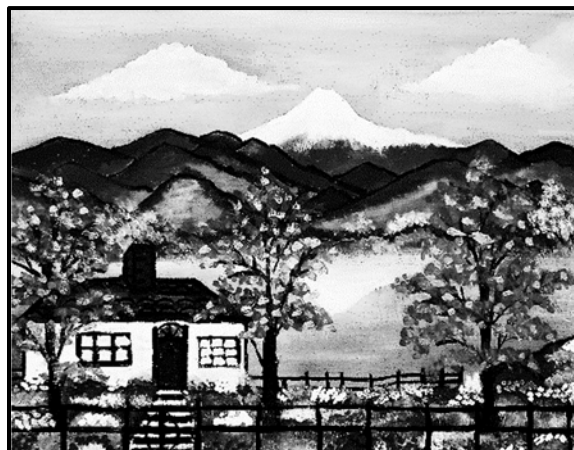
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp	141
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free	89
Alzheimer's Association	(713) 314-1313	(C) Gulfgate	Adults, S\$	90
Ambassadors for Christ Youth Ministries	(281) 536-5475	(W) Greater Uptown	Y, Homeless, Appt/Walk-ins, Esp	90
The Beacon	(713) 220-9737	(C) Downtown	All, Free, Homeless	98
Career and Recovery Resources Employment Services	(713) 754-7000	(C) Midtown	M, W, Y, Free, Walk-ins	100
Career and Recovery Resources Supportive Services for Veteran Families	(713) 754-7000	(C) Midtown	Veterans, Free	100
Casa de Esperanza de los Ninos	(713) 529-0639	(C) Medical Center	C, Free, Esp	101
Catholic Charities Refugee Services	(713) 874-6516	(C) Midtown	M, W, Fam, Free, Esp	102
CCSC Back To School	(713) 961-3993	Various-Seasonal	Students entering Pre K through Grade 12, Esp	105
City of Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp	106
Evolve Outreach of Texas	(832) 930-4898	(C) Midtown	All, Med, CHIP, Walk-ins, Esp	110
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med	113
H&A Support Services	(337) 240-6046	Houston area	M, W, ♿, IRR, Free, Appt req	115
Harris Co. HCD Homeless Youth Case Management Pgm	(832) 927-4925	(C) Astrodome area	Ages 18-24, IRR, Homeless, SUD, Free, Appt/Walk-ins, Esp	116
Harris Co. Public Health	(713) 439-6000	(C) Downtown	All, Esp	116
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat, Ltd scholarships	122
Magnificat Houses St. Joseph Clubhouse	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins	124
Paws with Helping Hands Charity	(832) 573-7274	Houston area	All, Free, ♿, Esp	130
POZ Impact Auto Repair Mobile Mechanic	(832) 573-7274	Houston area	M, W, S\$, Cash/Credit Card	131
Ryan White Planning Council	(832) 927-7926	(C) Downtown	All, ♿, Free, Esp	133
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, IRR, SUD, Homeless only, Walk-ins, Esp	134
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	135
Social Security Administration	(800) 772-1213	National	All, Esp	135
Stan's Hands Massage & Wellness, LLC	(713) 485-6490	(C) Greenway Plaza	M, W, Y, S\$, Appt req	138
Thomas Street Patient Advisory Council	(713) 873-4040	(C) MacGregor	All, ♿, Free	141
University Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 2 & up), S\$, Appt req, Esp	142

Nutrition & Wellness | *Nutrición y Bienestar*

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also a healthy balance of the mind, body and spirit that results in an overall feeling of well-being. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your nutrition and health.

El bienestar es el concepto de construir y mantener la salud a través de un enfoque holístico (total), teniendo en cuenta no sólo los aspectos físicos de la salud, sino también un equilibrio saludable de la mente, el cuerpo y el espíritu que resulta en una sensación general de bienestar. La nutrición adecuada es una parte importante del bienestar. Hay muchas clases gratuitas disponibles donde usted puede aprender más sobre cómo mejorar su nutrición y salud.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AccessHealth Brookshire Center	(281) 342-4530	(W) Brookshire	All, Walk-ins, S\$, Med, Ins, CHIP, Esp .	88
AccessHealth East Fort Bend Clinic	(281) 342-4530	(SW) Missouri City	M, W, S\$, Med, Ins, Esp	88
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All,  , S\$, Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All,  , S\$, Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Second Mile Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp	88
AccessHealth Stafford Clinic	(281) 342-4530	(SW) Stafford	All, S\$, Med, Ins, CHIP, Esp	88
Harris Co. Public Health WIC Program	(713) 407-5800	Harris County	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free, Esp	117
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat, Ltd scholarships	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	123
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Stan's Hands Massage & Wellness, LLC	(713) 485-6490	(C) Greenway Plaza	M, W, Y, S\$, Appt req	138



Art by Arturo

Pharmacies | Farmacias

All of the pharmacies listed below accept Texas HIV Medication Program (also known as ADAP) assignments as of November 2024 (see *IMPORTANT RESOURCES*, page 5). **They are listed in order by zip code.**

If you are charged for medication dispensed through the ADAP program, or denied medication because you did not pay, please contact the THMP toll free at 1-800-255-1090.

For the most up to date information, go to www.dshs.texas.gov/hivstd/meds/pharmacy.

*Todas las farmacias enlistadas abajo aceptan el Programa de Medicamentos del VIH de Texas (también conocida como ADAP) asignadas a partir de abril 2024 (también vea LOS RECURSOS IMPORTANTES, página 5). **Estos se encuentran por orden de código postal.***

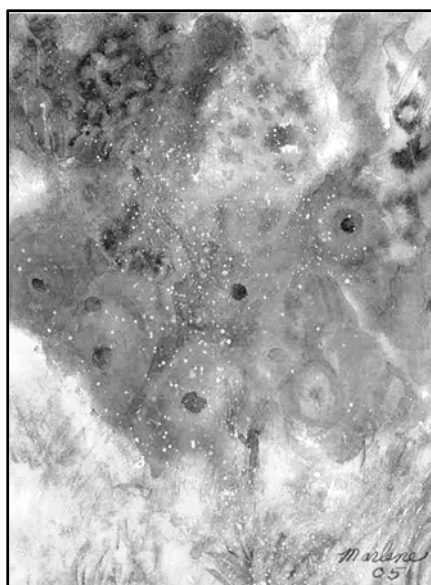
Si le cobran por un medicamento dispensado a través del programa ADAP o le niegan el medicamento porque no pagó, comuníquese con el THMP llamando gratis al 1-800-255-1090.

Favor diríjase a www.dshs.texas.gov/hivstd/meds/pharmacy para más información al corriente.

ID #	Pharmacy / Farmacia	Phone / Teléfono	Address / Dirección
585	Medical Plaza Pharmacy	(713) 654-4137	2101 Crawford #101, Houston 77002
895	AHF Pharmacy, Houston	(323) 860-5366	1200 Binz Street #1040, Houston 77004
956	Texas Care Pharmacy	(832) 769-0088	4900 Fannin Street #201, Houston 77004
480	Park Plaza Pharmacy	(713) 524-2828	1213 Hermann Drive #140, Houston 77004
936	AHF Pharmacy, Houston	(713) 391-8991	1435 Westheimer Road, Houston 77006
855	Legacy Pharmacy - Montrose	(713) 665-8800	1415 California Street #110, Houston 77006
766	Walgreen's Pharmacy #9808	(713) 529-2969	2612 Smith Street, Houston 77006
735	Avenue 360 Pharmacy	(832) 384-1423	2150 W 18th Street #300, Houston 77008
917	TruMed Pharmacy	(281) 201-1188	5620 E. Sam Houston Pkwy North, Houston 77015
316	Walgreen's Pharmacy #3735	(713) 526-3621	1919 W Gray Street, Houston 77019
873	Health Rx Scripts Pharmacy	(832) 740-4353	900 S. Wayside Drive #400A, Houston 77023
075	Texas Children's Hospital Pharmacy	(832) 824-5250	6621 Fannin Street #WB1.120, Houston 77030
768	Walgreen's Pharmacy #13778	(713) 795-0199	6824 Fannin Street, Houston 77030
827	Healthco Pharmacy #2	(713) 640-5575	8604 Martin Luther King Blvd., Houston 77033
623	Clinical Care Pharmacy	(281) 272-8700	2770 N Sam Houston Pkwy West, Houston 77038
862	Summerwood Pharmacy	(281) 225-4300	13176 West Lake Houston Parkway, Houston 77044
940	Texas Rx Solutions/Compounding Pharmacy	(713) 790-1222	7501 Fannin Street #701, Houston 77054
602	Greenspoint Pharmacy	(281) 872-4177	165 Greens Road, Houston 77060
763	Walgreen's Pharmacy #5035	(713) 641-0389	8301 Broadway Street, Houston 77061
962	Legacy CHS Pharmacy - Sharpstown	(713) 814-3499	6411 High Star #100, Houston 77074
908	E-Med Pharmacy 2	(832) 804-9237	6121 Hillcroft Ave. #K-2, Houston 77081
942	Calvary Pharmacy	(346) 323-6161	17115 Red Oak Drive #105, Houston 77090
142	Community, a Walgreens Pharmacy #15320	(713) 521-1700	4101 Greenbriar #235, Houston 77098
787	StreetHope Pharmacy - Conroe	(936) 494-2455	1414 South Frazier Street #105, Conroe 77301
024	Brookshire Brothers Pharmacy #33	(936) 435-1234	2601 11 th Street, Huntsville 77340

Pharmacies / Farmacias

ID #	Pharmacy / Farmacia	Phone / Teléfono	Address / Dirección
847	Splendora Pharmacy	(281) 689-7700	13841 US Hwy 59, Splendora 77372
775	First Care Pharmacy	(832) 698-1532	24922 Tomball Parkway #120, Tomball 77375
582	Kroger Pharmacy #732	(281) 419-1137	8000 Research Forest Dr #300, The Woodlands 77382
859	Avita Drugs Pharmacy Bellaire	(844) 592-0211	6800 West Loop South #225, Bellaire 77401
776	StreetHope Pharmacy - Bellaire	(832) 319-7610	6800 West Loop South #590, Bellaire 77401
489	HEB Pharmacy #584	(979) 578-8609	306 N Mechanic, El Campo 77437
097	AccessHealth	(281) 341-2918	400 Austin Street, Richmond 77469
963	Stafford Pharmacy/DME LLC	(281) 969-5901	2448 South Main Street, Stafford 77477
797	DeliverIt Pharmacy	(281) 277-1071	13303 West Airport Blvd., Sugar Land 77478
733	HEB Pharmacy #563	(281) 239-2055	19900 Southwest Fwy, Sugar Land 77479
802	Alvin Care Pharmacy	(281) 519-7030	204 E. House Street, Alvin 77511
653	The Medicine Shoppe #1040	(979) 849-9391	2301 E Mulberry, Angleton 77515
904	StreetHope Pharmacy - Dickinson	(713) 955-4841	3750 Medical Park Drive #150, Dickinson 77539
488	Walgreen's Pharmacy #3420	(409) 763-3588	308 Seawall Boulevard, Galveston 77550
869	Galveston Specialty Pharmacy	(281) 549-5960	707 23rd Street #F, Galveston 77552
374	The Medicine Shoppe #1145	(281) 471-1241	800 S. Broadway, La Porte 77571
783	Hazel's Compounding RX Pharmacy Inc.	(713) 340-0202	1801 Country Place Pkwy #115, Pearland 77584
960	Nature Green Leaf Pharmacy	(281) 617-7438	3129 Kingsley Drive #2030, Pearland 77584
815	Walgreen's Pharmacy #15513	(409) 813-1206	3080 College Street, Beaumont 77701
277	Corner Pharmacy	(409) 842-3222	3570 Fannett Road, Beaumont 77705



Art by Marlene

Pre-exposure prophylaxis (PrEP) & Prevention Services *Profilaxis previa a la exposición (PrEP) y Servicios de Prevención*

Undetectable = Untransmittable (U=U). The CDC confirmed that persons living with HIV who take antiretroviral therapy and maintain an undetectable viral load have no risk of sexually transmitting HIV.

PrEP is a way for people without HIV to prevent acquiring HIV by taking a pill every day. PrEP was approved by the FDA and is safe and highly effective for preventing HIV when it is taken as prescribed. PrEP only protects against HIV. Condoms protect against both HIV and many other STDs, as well as pregnancy.

See the list of resources and providers to learn about PrEP and how you can get it.

There are also many agencies that provide outreach and/or prevention education about HIV, STDs and related health topics ranging from basic awareness and risk reduction to information about advanced treatments.

Indetectable = No transmisible (U=U). El CDC confirmó que las personas que viven con el VIH que toman la terapia antirretroviral según lo prescrito y mantienen una carga viral indetectable no tienen efectivamente ningún riesgo de transmitir sexualmente el virus a una pareja sin VIH"

La PrEP es una forma en que las personas sin VIH pueden prevenir la adquisición del VIH tomando una pastilla todos los días. La PrEP fue aprobada por la FDA y es segura y altamente efectiva para prevenir el VIH cuando se toma según las indicaciones. La PrEP solo protege contra el VIH. Los condones protegen tanto contra el VIH como contra muchas otras ETS, además de prevenir el embarazo.

Consulta la lista de recursos y proveedores para saber más sobre la PrEP y cómo obtenerla.

También hay muchas agencias que ofrecen alcance comunitario y/o educación para la prevención del VIH, las ETS y otros temas de salud relacionados, que van desde la concienciación básica y la reducción de riesgos hasta información sobre tratamientos avanzados.

Information about PrEP | Información sobre PrEP

PrEP FAQs, how and where to get it, how to pay for it.	www.greaterthan.org/prep/
<i>Preguntas frecuentes sobre PrEP, cómo y dónde obtenerla, y cómo pagarla.</i>	www.greaterthan.org/prep-es
PrEP experience (en inglés)	myprepexperience.blogspot.com
Houston Health Department <i>Departamento de Salud de Houston</i>	https://www.houstonhealth.org/services/disease-prevention/hiv-viral-hepatitis/hiv/prep

PrEP Providers | Proveedores de PrEP

The Houston Health Department offers PrEP at each of its health centers: www.houstonhealth.org/services/clinical/health-centers For an appointment, call: 832-395-9800	El Departamento de Salud de Houston ofrece PrEP en cada uno de sus centros de salud: www.houstonhealth.org/services/clinical/health-centers Para programar una cita, llame al: 832-395-9800
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Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, Esp	86
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All,  , S\$, Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All,  , S\$, Med, Ins, CHIP, Ryan White, Esp	88
AHF Binz Healthcare Center	(713) 524-8700	(C) Medical Center	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	88
AHF Fannin Healthcare Center	(713) 799-8994	(C) Astrodome area	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	88

Pre-exposure prophylaxis (PrEP) & Prevention Services
Profilaxis previa a la exposición (PrEP) y Servicios de Prevención

PrEP Providers | Proveedores de PrEP

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Allies in Hope	(713) 623-6796	(SW) Sharpstown	All, Free	89
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, Esp .	94
Avenue 360 Humble	(281) 570-2525	(NE) Humble	All, S\$, Ins, Med, Esp	94
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	All, S\$, Ins, Med, Esp	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
El Centro de Corazon Eastwood Health Center	(713) 660-1880	(C) East End	All, Free, S\$, Med, Flat, Ins, Appt/Walk-ins, CHIP, Esp	109
Fort Bend Co. Clinical Health HIV/STI Services	(281) 403-8091	(SW) Missouri City	M, W, Y, Free, Appt req, Esp	111
Fort Bend Co. Clinical Health HIV/STI Services	(281) 403-8091	(SW) Rosenberg	M, W, Y, Free, Appt req, Esp	111
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	All,  , Free, Walk-ins, Esp	112
Harris Co. Public Health Antoine Clinic	(832) 927-7350	(NW) Inwood Forest	All, S\$, Appt req, Esp	117
Harris Co. Public Health Humble Clinic	(832) 927-1330	(NE) Humble	All, S\$, Appt req, Esp	117
Harris Co. Public Health Southeast Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Appt req, Esp	117
Harris Health - Thomas Street Clinic	(713) 873-4000	(C) MacGregor	Adults (18+),  , S\$, Ins, Med, Ryan White, Appt req, Esp	118
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	123
Michael E. DeBakey VA Medical Center	(713) 794-7384	(C) Medical Center	Veterans,  , Appt/Walk-ins	127
Planned Parenthood Gulf Coast	(800) 230-7526	Call to be connected to the nearest location	M, W, Y, S\$, Ins, Cash/Credit Card, Appt req (same day available), Esp	131
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp	141

If you need help paying for PrEP you may be eligible for one of the patient assistance or cost-sharing assistance programs that provide PrEP for free or at a reduced cost, and even help with co-pays if you are insured.

PrEP is covered by most insurance plans, Medicaid and Medicare but the out-of-pocket cost varies by plan.

Many organizations have PrEP navigators who can help connect you to resources. Ask your provider what options are available for your situation.

Si necesita ayuda para pagar la PrEP, puede ser elegible para un programa de asistencia para pacientes o asistencia con costos, que proporcionan PrEP gratis o a un costo reducido, e incluso ayudan con copagos si tiene seguro.

La PrEP está cubierta por la mayoría de los planes de seguro, Medicaid y Medicare, pero el costo de su bolsillo varía según el plan.

Muchas organizaciones cuentan con navegadores de PrEP que pueden ayudar a conectar a los pacientes con recursos. Pregunte a su proveedor qué opciones están disponibles para su situación.

Gilead Sciences Advancing Access

1-800-226-2056 / www.gileadadvancingaccess.com

ViiV Connect

1-844-588-3288 / www.viivconnect.com

Depending on your income, you may be eligible to get PrEP, including long acting injectables, at no cost as part of programs offered by PrEP manufacturers Gilead and ViiV. Programs cover out-of-pocket expenses, including copays, coinsurance, and deductibles. To determine if you are eligible, your medical provider needs to submit an application for you. Call for more information.

Dependiendo de tus ingresos, pueden ser elegible para recibir PrEP, incluidos los inyectables de acción prolongada, sin costo como parte de los programas ofrecidos por fabricantes Gilead y ViiV. Los programas pueden cubrir los gastos de bolsillo, incluyendo los copagos, coseguros y deducibles. Para determinar si eres elegible, tu proveedor médico debe presentar una solicitud por ti. Llama para más información.

Medicine Assistance Tool (MAT)

<https://medicineassistancetool.org/>

Allows users to search for financial assistance resources available through the various pharmaceutical company programs for patients who are eligible, free of charge.

Herramienta de Asistencia Médica

<https://medicineassistancetool.org/es>

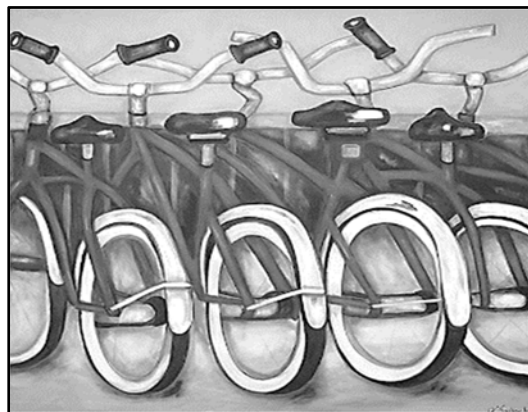
Permite a los usuarios buscar recursos de asistencia financiera disponibles a través de los diversos programas de compañías farmacéutica que están a disposición de los pacientes que cumplen los requisitos, sin cargo.

Patient Advocate Foundation Co-Pay Relief

1-866-512-3861 / copays.org

Provides direct payment for co-pays, co-insurance, and deductibles for patients who need financial assistance. If you are eligible, your application will be instantly approved and you will be enrolled in the program.


Brinda pago directo para copagos, coseguro y deducibles a pacientes que necesitan ayuda financiera. Si es elegible, su solicitud será aprobada de inmediato y será inscrito en el programa.



Art by Gary

Pre-exposure prophylaxis (PrEP) & Prevention Services
Profilaxis previa a la exposición (PrEP) y Servicios de Prevención

Prevention Services | Servicios de Prevención

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA - Clifton Office	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp ..	91
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, Esp	86
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All,  , S\$, Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All,  , S\$, Med, Ins, CHIP, Ryan White, Esp	88
Allies in Hope	(713) 623-6796	(SW) Sharpstown	All, Free	89
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, Esp .	94
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, SUD, Homeless, Immigrants, Free, Walk-ins, Esp.....	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
El Centro de Corazon Eastwood Health Center	(713) 660-1880	(C) East End	Free, S\$, Med, Flat, Ins, CHIP, Appt/Walk-ins, Esp	109
Fort Bend County Clinical Health HIV/STI Services	(281) 403-8091	(SW) Missouri City	M, W, Y, Free, Appt req, Esp	111
Fort Bend County Clinical Health HIV/STI Services	(281) 403-8091	(SW) Rosenberg	M, W, Y, Free, Appt req, Esp	111
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	123
Planned Parenthood Gulf Coast	(800) 230-7526	Call to be connected to the nearest location	M, W, Y, S\$, Ins, Cash/Credit Card, Appt req (same day available), Esp	131
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Spring Branch CHC Hillendahl Clinic	(713) 462-6565	(W) Spring Branch	All, Ins, S\$, Free, Appt/Walk-ins, Esp ...	136
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141

Prescription Assistance *Asistencia para Prescripciones Médicas*

The following agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE, page 34).















The Ryan White Program provides Local Pharmacy Assistance and Emergency Financial Assistance specifically to pay for medications. These programs can be accessed at clinics that receive Ryan White funds.

Another possible source of assistance is the manufacturer of your medication (see Patient Assistance and Co-Pay Programs on the next page). Be aware that each program has its own eligibility rules. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también ASISTENCIA FINANCIERA, página 34).

El Programa Ryan White proporciona asistencia de farmacia local y asistencia financiera de emergencia en forma específica para pagar medicamentos. Se puede acceder a estos programas en clínicas que reciben fondos del Programa Ryan White.

Otra posible fuente de asistencia es la compañía que hace sus medicamentos (vea Asistencia al Paciente y Programas de Copagos en la siguiente página). Cada compañía tiene sus propios criterios de elegibilidad. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp	141
AHF Binz Healthcare Center	(713) 524-8700	(C) Medical Center	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	88
AHF Fannin Healthcare Center	(713) 799-8994	(C) Astrodome area	Adults,  , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Ryan White, Esp	88
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam,  , IRR, Homeless, SUD, Immigrants, Free.....	89
Catholic Charities Beacon of Hope Ctr	(409) 762-2064	(SE) Galveston	M, W, Fam, Appt req, Esp	103
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	123
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	125
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141
TX DSHS HIV Medication Pgm (ADAP)	(800) 255-1090	Texas	All,  , Free, Restrictions apply	140
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults,  , S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143

Patient Assistance & Co-Pay Programs for Current HIV Medications

Asistencia al paciente y programas de copagos para medicamentos corrientes del VIH

(www.NASTAD.org, as of March 2024)

What is a Patient Assistance Program?

A patient assistance program (PAP) is a program run through pharmaceutical companies to provide free or low-cost medications to people with low incomes who do not qualify for any other insurance or assistance programs, such as Medicaid, Medicare, or ADAP. Each individual company has different eligibility criteria for application and enrollment in their patient assistance program.

What is a Cost-sharing Assistance Program?

A cost-sharing assistance program (CAP) is a program operated by pharmaceutical companies to offer cost-sharing assistance (including deductibles, co-pays and co-insurance) to people with private health insurance to obtain HIV drugs at the pharmacy.

¿Qué es un programa de asistencia al paciente?

Un programa de asistencia (PAP) al paciente administrado por compañías farmacéuticas que provee medicamentos gratis o de bajo costo a personas de bajo ingreso que no califiquen en ningún otro seguro o programa de asistencia, así como Medicaid, Medicare o ADAP. Cada compañía que ofrece un programa de asistencia tiene su propia solicitud con diferentes criterios de elegibilidad.

¿Qué es un programa de asistencia para compartir costos?

Un Programa de Asistencia para Compartir Costos (Cost-Sharing Assistance Program, CAP) es un programa operado por compañías farmacéuticas con el fin de ofrecer asistencia para compartir costos (incluyendo deducibles, copagos y coseguros) a personas con seguro médico privado para obtener medicamentos contra el VIH en la farmacia.

Company Compañía	Contact Contacto	Medication Medicación	Details / Detalles	
AbbVie	1-800-441-4987 CAP	Kaletra Norvir	CAP: Covers the first \$400/mo. for Kaletra (\$4,800 max/yr) and up to \$100/mo (\$1,200/yr) for Norvir. Must reapply each year.	CAP: Cubre los primeros \$200/ mensual para Kaletra(\$4,800 máx./año) y hasta \$100/mes (\$1,200/año) para Norvir. Debe solicitar cada año.
	1-800-222-6885 PAP www.kaletra.com www.norvir.com		PAP: Financial eligibility is 600% federal poverty level (FPL). No income limit for Norvir.	PAP: Elegibilidad financiera es 600% del nivel federal de pobreza (FPL). No hay límite de ingresos para Norvir.
Gilead Sciences	1-800-226-2056 gileadadvancingaccess.com	Biktarvy Complera Descovy Emtriva Genvoya Odefsey Stribild Sunlenca Truvada Tybost	CAP: Covers the first \$7,200/yr of co-pays for Biktarvy Descovy, Genvoya & Truvada; the first \$6,000/yr of co-pays for Complera, Odefsey & Stribild; the first \$9,600/yr of co-pays for Sunlenca; the first \$300/mo (\$3,600/yr) of co-pays for Emtriva; and the first \$50/mo (\$600/yr) of co-pays for Tybost.	CAP: Cubre los primeros \$7,200/año de copagos para Biktarvy Descovy, Genvoya y Truvada; los primeros \$6,000/ año de copagos para Complera, Odefsey y Stribild; los primeros \$9,600/año de copagos para Sunlenca; los primeros \$300/mes (\$3,600/año) de copagos para Emtriva; y los primeros \$50/mes (\$600/año) de copagos para Tybost.
			PAP: Financial eligibility is 500% FPL.	PAP: Elegibilidad financiera es 500% FPL.

Patient Assistance & Co-Pay Programs for Current HIV Medications
Asistencia al paciente y programas de co-pagos para
medicamentos corrientes del VIH

Company Compañía	Contact Contacto	Medication Medicación	Details / Detalles	
Janssen Therapeutics	1-866-836-0114 CAP www.janssencarepath.com	Edurant Intelce Prezcobix Prezista Symtuza	CAP: Covers the first \$7,500/yr for Edurant, Intelce, Prezcobix & Prezista and the first \$12,500 per yr of for Symtuza.	CAP: Cubre los primeros \$7,500/año para Edurant, Intelce, Prezcobix & Prezista y los primeros \$12,500/año para Symtuza.
	1-833-742-0791 (insured) PAP PatientAssistanceInfo.com		PAP: Financial eligibility: \$43,740 (1 person household), \$59,160 (2 persons), \$105,420 (5 persons).	PAP: Elegibilidad financiera: \$43,740 (hogar de 1 persona), \$59,160 (2 personas), \$105,420 (5 personas).
Johnson & Johnson Patient Assistance Foundation, Inc.	800-652-6227 (uninsured) PAP jjpaf.org	Edurant Prezcobix Prezista Symtuza	PAP: Financial eligibility is 300% FPL.	PAP: Elegibilidad financiera es 300% FPL.
Merck & Co.	1-800-727-5400 CAP / PAP www.merckhelps.com	ISENTRESS Isentress HD Delstrigo Pifeltro	CAP: Covers out-of-pocket costs up to a total of \$6,800.	CAP: Cubre los costos de su bolsillo hasta un total de \$6,800.
			PAP: Financial eligibility is 400% FPL.	PAP: Elegibilidad financiera es 400% FPL.
Theratechnologies	1-833-238-4372 CAP / PAP trogarzo.com/hcp/patient-support	Trogarzo	CAP: Covers out-of-pocket costs up to a total of \$7,500.	CAP: Cubre los costos de su bolsillo hasta un total de \$7,500.
			PAP: Not disclosed; contact the manufacturer.	PAP: No divulgado; comuníquese con el fabricante.
ViiV Healthcare	1-844-588-3288 www.viivconnect.com	Cabenuva Dovato Epivir* Juluca Lexiva Rukobia Selzentry Tivicay Tivicay PD Triumeq Triumeq PD Trizivir Viracept** Ziagen	CAP: Cabenuva: \$13,000 per year; Triumeq & Rukobia: \$7,500/yr; Dovato & Juluca: \$6,250/yr; Lexiva, Selzentry, Ziagen, Trizivir & Viracept: \$4,800/yr.	CAP: \$13,000/año Cabenuva; \$7,500/año para Triumeq y Rukobia; \$6,250/año para Dovato y Juluca; y \$4,800/año para Lexiva, Selzentry, Ziagen, Trizivir. y Viracept.
			PAP: Financial eligibility is 500% FPL; must be uninsured or have insufficient prescription drug coverage.	PAP: Elegibilidad financiera es 500% FPL; debe estar sin seguro o tener cobertura insuficiente para medicamentos recetados.

*Epivir - PAP only

**Viracept - CAP only

Additional Resources / *Recursos adicionales*

The following suggested resources may be of particular interest to individuals who are not eligible for either PAPs or CAPs, are uninsured or underinsured, or have Medicare.

Los siguientes recursos sugeridos podrían ser de interés a las personas que no son elegibles a obtener PAP o CAP, sin seguro o con seguro insuficiente, o tiene Medicare.

<p>Clinical Trials www.clinicaltrials.gov</p>	<p>A registry and results database of publicly and privately supported clinical studies of human participants conducted around the world. A service of the U.S. National Institutes of Health.</p>	<p><i>Un registro y tiene una base de datos con resultados de estudios clínicos de participantes humanos a través del mundo apoyado pública y privadamente. Un servicio del Instituto de Salud Nacional de EEUU.</i></p>
<p>Health Insurance Marketplace www.healthcare.gov</p>	<p>Allows individuals and families to sign-up for insurance coverage through the Affordable Care Act.</p>	<p><i>Permite a individuos y a familias a inscribirse para recibir cobertura a través del Affordable Care Act.</i></p>
<p>Needy Meds www.needy meds.org</p>	<p>Offers resources that are helpful to uninsured and underinsured patients including an MRI/CAT scan discount program and medical bill mediation.</p>	<p><i>Ofrece recursos que son útiles para pacientes no asegurados o con seguro insuficiente, incluyendo un programa de descuento de exploración tipo imagen por MRI o CAT y mediación de facturas médicas.</i></p>
<p>Patient Access Network (PAN) Foundation https://panfoundation.org 1-866-316-7263</p>	<p>Offers co-pay assistance for individuals who have Medicare and an annual income less than 500% FPL. The max yearly benefit is \$2,000. Patients may apply for a second grant during their eligibility period subject to availability of funding. Otherwise, patients must reapply each year. See website for list of eligible HIV medications.</p>	<p><i>Ofrece asistencia con el copago para personas que tienen Medicare y un ingreso anual inferior al 500 % del nivel federal de pobreza. El beneficio anual máximo es de \$2,000. Los pacientes pueden solicitar una segunda subvención durante su período de elegibilidad sujeto a la disponibilidad de fondos. De lo contrario, los pacientes deben volver a presentar la solicitud cada año. Consulte el sitio web para obtener una lista de los medicamentos contra el VIH elegibles.</i></p>
<p>Patient Advocate Foundation www.copays.org/diseases/hiv-aids-and-prevention 1-866-512-3861</p>	<p>Offers co-pay assistance for insured individuals with an annual income less than 500% FPL. The yearly max is \$5,000 to help cover the out-of-pocket costs incurred for HIV treatment (not drug-specific). Patients must have health insurance which covers the medication for which the patient seeks assistance. Must reapply annually.</p>	<p><i>Ofrece asistencia con el copago para personas aseguradas con un ingreso anual inferior al 500 % del nivel federal de pobreza. El máximo anual es de \$5,000 para ayudar a cubrir los gastos por cuenta propia incurridos por el tratamiento contra el VIH (no específico para un medicamento). Los pacientes deben tener un seguro médico que cubra la medicación para la que el paciente busca asistencia. Debe volver a presentar la solicitud cada año.</i></p>
<p>The Treatment Action Group www.treatmentactiongroup.org</p>	<p>Collaborates with activists, community members, scientists, governments, and drug companies to make safer, more effective and less toxic treatment for HIV, Hep C and TB available.</p>	<p><i>Colabora con activistas, miembros de la comunidad, científicos, entidades gubernamentales, y compañías farmacéuticas a generar tratamientos del VIH, Hep C y TB que sean más seguros, eficientes y menos tóxicos.</i></p>

Social Support & Activities / Apoyo Sociales y Actividades

Many people in the Houston area volunteer their time to help persons living with HIV and their families. Some volunteers develop one-on-one relationships with those who need additional social or emotional support, or provide support through telephone contact. Some volunteers help with food preparation, transportation, and running errands.

Also, there are many activities and social groups for people living with HIV in the Houston area.

Muchas personas en el área de Houston ofrecen voluntariamente su tiempo para ayudar a las personas que viven con el VIH y sus familias. Algunos voluntarios desarrollan relaciones uno a uno con aquellos que necesitan apoyo social o emocional adicional, o brindan apoyo a través del contacto telefónico. Algunos voluntarios ayudan con la preparación de alimentos, transporte y mandados.

Además, hay muchas actividades y grupos sociales para las personas que viven con el VIH en el área de Houston.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, Esp	86
Alexander Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat, S\$, Ins, Med, Financing available, Appt req	89
Alzheimer's Association	(713) 314-1313	(C) Gulfgate	Adults, S\$	90
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins.....	95
Bering Spiritual Support Group	(713) 526-1017	(C) Montrose	Adults, Walk-ins,  or affected	99
Catholic Charities Mamie George Community Ctr	(281) 202-6200	(SW) Richmond	M, W, Fam, Free, Esp.....	103
City of Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp	106
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Harmony House	(713) 221-6200	(C) Downtown	M, W, Free, Ltd, Homeless, IRR.....	115
Living without Limits Living Large Inc.	(832) 545-5689	(C)	M, W,  /affected heterosexuals, Free	123
Magnificat Houses St. Joseph Clubhouse	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins.....	124
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129
Paws with Helping Hands Charity	(832) 573-7274	Houston area	All, Free,  , Esp.....	130
PFLAG Houston	(713) 467-3524	(C) Montrose	All, Free	131
SERJobs Veteran's Services	(713) 773-6000	(C) Second Ward	Veterans, Free, Walk-ins, Esp	134
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	135

Substance Use Disorder Treatment *Tratamiento del trastorno por uso de sustancias*

For people living with HIV, the use of alcohol, recreational drugs and nicotine can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. If you would like to cut back on your use of alcohol or other drugs, talk to your doctor or case manager about getting help and finding the treatment you need, or call an agency listed below to find out about treatment options.

Para las personas que viven con VIH, el uso de alcohol, drogas recreativas y nicotina puede debilitar el cuerpo. Afortunadamente, existe ayuda para quien desee liberarse o permanecer libre de alcohol o drogas. Si desea reducir su consumo de alcohol u otras drogas, hable con su médico o administrador de casos sobre cómo obtener ayuda y encontrar el tratamiento que necesita, o llame a una agencia que se menciona a continuación para informarse sobre las opciones de tratamiento.

12-Step Programs & Support Groups | *Programas "12-step" y de grupos de apoyo*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Career and Recovery Resources	(713) 754-7000	(C) Midtown	Adults, SUD, IRR, S\$, Med.....	100
Cenikor Foundation	(888) 236-4567	(SE) Deer Park	M, W, IRR, SUD, Walk-ins, Med, Flat, Ins, Cash/Card, Financing, HHSC, Esp	103
The Montrose Center	(713) 529-0037	(C) Montrose	M, W, Fam, IRR, , SUD, Ryan White, Walk-ins, Free, Esp	
Open Door Mission	(832) 962-4249	(C) East End	Adult Men only, SUD, Homeless, IRR, Free, Appt/Walk-ins	
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, SUD, Homeless, Esp.....	132

Detox | *Desintoxicación*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Brazos Place Behavioral Health Center	(855) 862-3278	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, SUD, Esp	99
Cenikor Foundation	(888) 236-4567	(SE) Deer Park	M, W, IRR, SUD, Walk-ins, Med, Flat, Ins, Cash/Card, Financing, HHSC, Esp	103
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, SUD, Homeless, Esp.....	132

Outpatient | *Paciente externo*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA - Clifton Office	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp.....	91
AccessHealth Brookshire Center	(281) 342-4530	(W) Brookshire	All, Walk-ins, S\$, Med, Ins, CHIP, Esp.....	88
AccessHealth East Fort Bend Clinic	(281) 342-4530	(SW) Missouri City	M, W, S\$, Med, Ins, Esp	88
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, , Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, S\$, , Med, Ins, CHIP, Ryan White, Esp	88
AccessHealth Second Mile Clinic	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp	88
AccessHealth Stafford Clinic	(281) 342-4530	(SW) Stafford	All, S\$, Med, Ins, CHIP, Esp.....	88
Adult Rehabilitation Services	(713) 541-4422	(SW) Sharpstown	Adults (18+), SUD.....	88
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All, , S\$, Ins, Med, Ryan White, Esp	94
Bay Area Council on Drugs and Alcohol	(800) 510-3111	(SE) Clear Lake	All, SUD	95

Substance Use Disorder Treatment / *Tratamiento del trastorno por uso de sustancias*

Outpatient / *Paciente externo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp.....	98
Career and Recovery Resources Alternative Outpatient Substance Use Treatment	(713) 754-7000	(C) Midtown	Adults, SUD, IRR, S\$, Med, Financing available	100
Cenikor Foundation	(888) 236-4567	(SE) Deer Park	M, W, IRR, SUD, Walk-ins, Med, Flat, Ins, Cash/Card, Financing, HHSC, Esp	103
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	M, W, Fam, ♿, SUD, Homeless, Free, Appt/Walk-ins, Ltd, SUD, Esp, Esp.....	112
L-H Transitional Center	(713) 239-3866	(NE) Kashmere Gardens	Adults, SUD, IRR, S\$, Med, Appt/Walk- ins	123
The Montrose Center Outpatient Substance Use Disorder Treatment	(713) 529-0037	(C) Montrose	M, W, Fam, IRR, ♿, SUD, Free, Ryan White, Walk-ins, Esp	128
The Montrose Center Recovery Coaching	(713) 529-0037	(C) Montrose	All, Free, Walk-ins accepted	128
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, IRR, SUD, Med, CHIP, Ins, Flat fee, Appt req, Esp	129
Santa Maria - Bonita House	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only, IRR, SUD, ♿, Free, Appt req	133
UT Health-Houston Ctr for Neuro- behavioral Research on Addictions	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, SUD, IRR.	143

Residential / *Residencial*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, ♿, IRR, SUD, Appt req,	86
ACSP Lydia's Place Apartments	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, ♿, IRR, SUD, Appt req,	86
Brazos Place Behavioral Health Center	(855) 862-3278	(S) Freeport	Adults, SUD, S\$, Appt/Walk-ins, Waiting list, Esp	99
Cenikor Foundation	(888) 236-4567	(SW) Central Southwest	Y, SUD, Med, Flat, Ins, Cash/Card, Financing, HHSC, Appt req, Esp	103
Cenikor Foundation	(888) 236-4567	(SE) Deer Park	M, W, IRR, SUD, Walk-ins, Med, Flat, Ins, Cash/Card, Financing, HHSC, Esp	103
Open Door Mission	(832) 962-4249	(C) East End	Adult Men only, SUD, Homeless, IRR, Free, Appt/Walk-ins	130
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, SUD, Homeless, Esp.....	132
Santa Maria - Bonita House	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only, ♿, IRR, SUD, Free, Appt req	133
SOH Doris and Carloss Morris Men's Development Center	(713) 226-5414	(C) Downtown	M, Walk-ins, Homeless, Ltd, Free, SUD	138
SOH Women & Family Development Center	(713) 222-2220	(C) MacGregor	W, Single parent family, Homeless, Ltd, Free, Esp	139



Support Groups / Grupos de Apoyo

Individuals living with HIV may feel alone, depressed, confused or even guilty. Sometimes help is needed to sort out these emotions. Support groups are available for people living with HIV and their loved ones. These services are frequently free of charge, low cost or based on the client's income.

Please see page 56 for Mental Health counseling services.

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda para enfrentar estos sentimientos. Los grupos de ayuda están disponibles para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente.

Por favor, consulte la página 56 para servicios de consejería de salud mental.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
3ABF Bereaved Family Assistance Pgm	(713) 649-3232	(SE) OST/S. Union	All, Free, Appt req, Esp.....	86
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All,  , Free, Esp.....	86
Alexander Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat, S\$, Ins, Med, Financing available, Appt req	89
Alzheimer's Association	(713) 314-1313	(C) Gulfgate	Adults, S\$	90
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins.....	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
Bering Spiritual Support Group	(713) 526-1017	(C) Montrose	Adults,  or affected, Walk-ins	99
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Free, Appt req, Esp	100
Catholic Charities	(713) 526-4611	(C) Midtown	M, W,  , Free, Appt req, Esp.....	101
Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp	106
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	All,  , Free, Walk-ins, Esp	112
HATCH Youth	(713) 529-3590	(C) Montrose	Y, Free.....	119
Hope and Healing Center & Institute	(713) 871-1004	(W) Greater Uptown	Adults with serious mental illness, Free	120
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Living without Limits Living Large Inc.	(832) 545-5689	(C) call for location	M, W,  , affected heterosexuals, Free ..	123
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp	128
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, IRR, SUD, Med, CHIP, Ins, Flat fee, Appt req, Esp	129
PFLAG Houston	(713) 467-3524	(C) Montrose	All, Free	131
re:mind Depression and Bipolar Support	(713) 600-1131	Houston area	M, W, IRR, Homeless, SUD, Free, Walk-ins, Esp.....	132
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	135
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults,  , S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143

Testing for HIV and STDs / Prueba del VIH y ETS

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This simple medical test is the only way to tell if someone has acquired HIV.





The test can be done at a variety of locations, and some testing programs will come to you. Many times you do not have to give your name, and often the test is free or very low cost. Most sites offer tests that give immediate results.

Go to www.greaterthan.org to find testing and resources near you.

Si crees que has estado expuesto al VIH, deberías considerar seriamente hacerte una prueba de VIH. Esta prueba médica sencilla es la única manera de saber si alguien ha adquirido el VIH.

La prueba se puede hacer en muchos lugares, y algunos programas de prueba pueden ir a donde estés. Muchas veces no necesitas dar tu nombre, y a menudo la prueba es gratuita o de muy bajo costo. La mayoría de los sitios ofrecen pruebas con resultados inmediatos.

Visita www.greaterthan.org para encontrar pruebas y recursos cerca de ti.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA - Clifton Office	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp ..	91
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, Esp	86
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
AHF Binz Healthcare Center	(713) 524-8700	(C) Medical Center	Adults,  , IRR, Homeless, S\$, Med, Ins, Ryan White, Appt req, Esp	89
AHF Fannin Healthcare Center	(713) 799-8994	(C) Astrodome area	Adults,  , IRR, Homeless, S\$, Med, Ins, Ryan White, Appt req, Esp	89
AFH Out of the Closet - Houston	(713) 391-8990	(C) Montrose	89
Allies in Hope	(713) 623-6796	(SW) Sharpstown	All, Free	89
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, Esp ..	94
Avenue 360 Humble	(281) 570-2525	(NE) Humble	All, S\$, Ins, Med, Esp	94
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren Southwest	All, S\$, Ins, Med, Esp	94
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	All, S\$, Ins, Med, Esp	95
Baylor Bayland Park Teen Health Clinic	(713) 274-5348	(SW) Gulfton	Y (ages 13-24), Free, Med, Ins, Appt/Walk-ins, Esp	97
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Margaret Long Wisdom High School Teen Health Clinic	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp	97
Baylor Tejano Center Teen Health Clinic	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Med, Ins, Esp	98
Baylor Worthing High School Teen Health Clinic	(713) 556-5348	(S) Sunnyside	Y (ages 13-24), Free, Med, Ins, Esp	98
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, SUD, Homeless, Immigrants, Free, Walk-ins, Esp	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
El Centro de Corazon Eastwood Health Center	(713) 660-1880	(C) East End	Free, S\$, Med, Flat, Ins, Appt/Walk-ins, CHIP, Esp	109

Testing for HIV and STDs / Prueba del VIH y ETS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Fort Bend Co. Clinical Health HIV/STI Services	(281) 403-8091	(SW) Missouri City	M, W, Y, Free, Appt req, Esp.....	111
Fort Bend Co. Clinical Health HIV/STI Services	(281) 403-8091	(SW) Rosenberg	M, W, Y, Free, Appt req, Esp.....	111
Fundacion Latinoamericana De Acción Social (FLAS, Inc)	(713) 772-2366	(SW) Sharpstown	All,  , Free, Walk-ins, Esp.....	112
Harris Co. Public Health Antoine Clinic	(832) 927-7350	(NW) Inwood Forest	All, S\$, Appt req, Esp.....	117
Harris Co. Public Health Humble Clinic	(832) 927-1330	(NE) Humble	All, S\$, Appt req, Esp.....	117
Harris Co. Public Health Southeast Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Appt req, Esp.....	117
Harris Health - Thomas Street Clinic	(713) 873-4000	(C) MacGregor	Adults (18+),  , S\$, Ins, Med, Ryan White, Appt req, Esp.....	118
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	123
Planned Parenthood Gulf Coast	(800) 230-7526	Call to be connected to the nearest location	M, W, Y, S\$, Ins, Cash/Credit card, Appt req (same day available), Esp.....	131
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp.....	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
Spring Branch CHC Hillendahl Clinic	(713) 462-6565	(W) Spring Branch	All, Ins, S\$, Free, Appt/Walk-ins, Esp...	136
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp.....	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp.....	137
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141



Art by Kevin

Transportation / Transporte

For persons living with HIV without their own transportation, it can be very hard to access needed services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need a ride and other restrictions may apply. Be aware that not all agencies will service your area, and that METRO offers special van services for the disabled individual.

Ryan White clients may be eligible to receive a bus pass, see your case manager for details.

Para las personas que viven con el VIH sin su propio transporte, puede ser muy difícil acceder a los servicios necesarios. Las siguientes agencias ofrecen ayuda con el transporte a proveedores de servicios médicos y/o sociales, pero es posible que tenga que hacer reservaciones con suficiente antelación cuando necesite un viaje y otras restricciones pueden aplicarse. Tenga en cuenta que no todas las agencias prestarán servicio a su área, y que METRO ofrece servicios de van especiales para las personas con discapacidad.

Los clientes de Ryan White pueden ser elegibles para recibir un pase de autobús, consulte a su administrador de casos para obtener más detalles.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, ♿, Esp.....	86
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free.....	89
Harris County RIDES	(713) 368-7433	(C) Astrodome area	Disabled or Elderly, Low income, Flat, Esp.....	118
POZ Impact Auto Repair Mobile Mechanic	(832) 573-7274	Houston area	M, W, S\$, Cash/Credit Card.....	131
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All, ♿, S\$, Med, Ins, Appt/Walk-ins, Esp.....	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up), ♿, Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141

METRO Metropolitan Transit Authority of Harris County

METRO offers a variety of services, including the METRO Bus, METRORail, METROLift, STAR (vanpool), and Ride Share programs.

For more information, including maps, schedules and fares, visit www.ridemetro.org, or call 713-635-4000.

METRO Autoridad de Tránsito Metropolitano de Harris County

METRO ofrece una variedad de servicios, que incluyen el METRO Bus, METRORail, METROLift, STAR (vanpool) y los programas Ride Share.

Para más información sobre, incluyendo mapas, horarios y tarifas, visite www.ridemetro.org, o llame al 713-635-4000.










Treatment Information & Clinical Trials Información de tratamientos y Pruebas clínicas

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options.

To help advance research and have access to “cutting edge” treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. Persons living with HIV who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS, page 156.

¡Con tantos nuevos tratamientos prometedores, es más importante que nunca estar informado! Afortunadamente, hay muchas fuentes de información confiables, incluyendo publicaciones gratuitas o de bajo costo que explican las opciones de tratamiento más recientes.

Para ayudar a avanzar en la investigación y acceder a tratamientos innovadores, considere participar en un ensayo clínico. El propósito de estos ensayos es estudiar nuevos medicamentos para combatir el VIH o las enfermedades que causa. Todos los medicamentos actuales están disponibles gracias a personas que participaron en ensayos clínicos. Las personas con VIH que participan en estos ensayos gratuitos pueden no ver un resultado inmediato (aunque muchos sí lo hacen), pero los estudios ayudan a los médicos a obtener información que puede permitir que otras personas vivan más tiempo y con mejor salud. Cualquier médico puede ayudar a conectar a los pacientes interesados con un ensayo clínico. También consulte la sección PUBLICACIONES, página 156.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	123
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All,  , S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
UT Health-Houston Ctr for Neuro-behavioral Research on Addictions	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, SUD, IRR.	143
UT Health-Houston Pediatrics	(832) 325-6516	(C) Medical Center	C, Y, Fam,  , Immigrants, Free, Med, Ryan White, Ins, Appt req, Esp....	143
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults,  , S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143



Art by Kevin

Veterans Services / Servicios para Veteranos

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD-214, which identifies the veteran's condition of discharge - honorable, general, dishonorable or bad conduct. The DD-214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.

If you are a veteran, contact the VA Benefits Hotline at 1-800-827-1000 or benefits.va.gov/benefits; you may be eligible for a pension or other benefits that you did not even know about!

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.

Si Ud. es un veterano, póngase en contacto con la Línea de Ayuda de Beneficios de VA: 1-800-827-1000 o benefits.va.gov/benefits; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios!

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
Career and Recovery Resources	(713) 754-7000	(C) Midtown	Veterans, Free	100
Catholic Charities Counseling Services	(713) 874-6590	(C) Midtown	M, W, Fam, ♿, S\$, Appt only, Esp	102
Catholic Charities Mamie George Community Ctr	(281) 202-6200	(SW) Richmond	M, W, Fam, Free, Esp.....	103
Houston Volunteer Lawyers Program	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, Filing fees if required by court.....	120
Michael E. DeBakey VA Medical Center	(713) 794-7384	(C) Medical Center	Veterans, ♿, Appt/Walk-ins.....	127
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, SUD, Homeless, Esp.....	132
Santa Maria - Bonita House	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only, ♿, IRR, SUD, Free, Appt req	133
SERJobs Veterans Services	(713) 773-6000	(C) Second Ward	Veterans, Free, Walk-ins, Esp	134



Art by Arturo

Volunteer Opportunities / Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services.

To find out more and get involved, call today!

Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente.

¡Para mayor información y participar, llame hoy!

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Alzheimer's Association	(713) 314-1313	(C) Gulfgate	Adults, S\$	90
Catholic Charities Stable Homes (HIV/AIDS Ministry)	(713) 526-4611	(C) Midtown	M, W,  , Free, Appt req, Esp.....	101
City of Houston Community Re-Entry Network	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp	106
Coalition for Barrier Free Living - Brazoria Co. Ctr for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	107
Coalition for Barrier Free Living - Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	107
Cypress Assistance Ministries	(281) 955-7440	(NW) Cy-Fair	M, W, Fam, IRR, Appt req, Esp	108
East Fort Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, Free, Walk-ins	109
Fair Haven Food Pantry	(713) 467-4363	(W) Spring Branch	All, Free, Walk-ins,.....	111
Fort Bend Women's Center	(281) 342-4357	(SW) Richmond	All, Free, Appt/Walk-ins, Esp	112
Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All, Free	127
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, SUD.....	113
Harmony House	(713) 221-6200	(C) Downtown	M, W, Homeless, IRR, Free, Ltd	115
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Legacy Gulfton Dashwood Clinic	(832) 548-5000	(SW) Gulfton	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	122
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	M, W,  , Free, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp.....	123
L-H Transitional Center	(713) 239-3866	(NE) Kashmere Gardens	Adults, SUD, IRR, S\$, Med, Appt/Walk-ins	123
Love Network of Baytown	(281) 422-5683	(E) Highlands	All, Free, Ltd	124
Magnificat House Loaves and Fishes	(713) 224-1373	(C) Downtown	All, Free	124
Magnificat House St. Joseph Clubhouse	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins.....	124
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp.....	128
Ryan White Planning Council	(832) 927-7926	(C) Downtown	All,  , Free, Esp.....	133
Thomas Street Patient Advisory Council	(713) 873-4040	(C) MacGregor	All,  , Free.....	141
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp...	144
WoodsEdge Community Church Hope Center	(281) 364-0415	(N) Spring	All, Appt recommended, Esp	144

Women's Services / Servicios para Mujeres

The Houston area offers OB/GYN care and family planning to women living with HIV through physicians and community clinics.

Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES, page 23). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.

El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar.

Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea SERVICIOS PARA NIÑOS, página 23). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.

Housing / Vivienda

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam,  , IRR, Homeless, Immigrants, SUD, Free	89
Bay Area Turning Point	(281) 286-2525	(SE) Webster	W, M, Fam, Free, Appt req, Esp	96
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Free, Appt req, Esp	100
FamilyTime Crisis and Counseling Ctr	(281) 446-2615	(NE) Humble	All, Free, S\$, Appt req (Walk-ins crisis only), Esp.....	111
Fort Bend Women's Center	(281) 342-4357	(SW) Richmond	All, Free, Appt/Walk-ins, Esp	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Santa Maria - Bonita House	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only,  , IRR, SUD, Free, Appt req	133
Star of Hope Women & Family Development Center	(713) 222-2220	(C) MacGregor	W, Single parent family, Homeless, Ltd, Free, Esp	139

Medical Services / Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AccessHealth Missouri City Clinic	(281) 342-4530	(SW) Missouri City	All, S\$,  , Med, Ins, CHIP, Ryan White, Esp	88
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All,  , S\$, Ins, Med, Ryan White, Esp .	94
Avenue 360 Humble	(281) 570-2525	(NE) Humble	All, S\$, Ins, Med, Esp	94
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren Southwest	All, S\$, Ins, Med, Esp	94
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	All, S\$, Ins, Med, Esp	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
Christ Clinic	(281) 391-0190	(W) Katy	Adults, Uninsured, Flat fee, Appt/Walk-ins, Esp	105
El Centro de Corazon Magnolia Health Ctr	(713) 660-1880	(C) East End	S\$, Med, CHIP, Esp.....	110
Harris Health - Thomas Street Clinic	(713) 873-4000	(C) MacGregor	Adults (18+),  , S\$, Ins, Med, Ryan White, Appt req, Esp	118
Planned Parenthood Gulf Coast	(800) 230-7526	Call to be connected to the nearest location	M, W, Y, S\$, Ins, Cash/Credit Card, Appt req (same day available), Esp	131
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137

Women's Services / *Servicios para Mujeres*

Medical Services / *Servicios médicos*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	137
SHF Dickinson Health Care Center	(713) 955-4821	(SE) Dickinson	All, ♿, S\$, Med, Ins, Appt/Walk-ins, Esp	138
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Northwest Health Care Center	(832) 365-3380	(NW) Jersey Village	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Spring Branch CHC Katy Clinic	(713) 231-5757	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Memorial Clinic	(713) 827-4744	(W) Memorial City	All, Ins, S\$, Free, Appt/Walk-ins, Esp ...	136
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Spring Branch CHC WholeLife Clinic	(713) 231-5767	(W) Spring Branch	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up), ♿, Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141
UTMB Health Ryan White Program	(409) 772-0644	(SE) Galveston	Adults, ♿, S\$, Ins, Med, Ryan White, Appt/Walk-ins, Esp	143

Support Services / *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins.....	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
Brazos Place Behavioral Health Center	(855) 862-3278	(S) Freeport	Adults, Waiting list, S\$, SUD, Appt/Walk-ins, Esp	99
Bridge Over Troubled Waters	(713) 473-2801	(E) Baytown	W, Fam, Appt req, Free, Esp	100
FamilyTime Crisis and Counseling Ctr	(281) 446-2615	(NE) Humble	All, Free, S\$, Appt req (Walk-ins crisis only), Esp.....	111
Fort Bend Women's Center	(281) 342-4357	(SW) Richmond	All, Free, Appt/Walk-ins, Esp	112
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	W, Free, Appt/Walk-ins, Esp.....	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Harris Co. Public Health WIC Program	(713) 407-5800	Harris County	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free, Esp.....	117
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, IRR, SUD, Med, CHIP, Ins, Flat fee, Appt req, Esp	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt/Walk-ins, Esp	129

Youth/Teen Services / Servicios para Jóvenes/Adolescentes

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.

Los jóvenes que viven con el VIH a menudo tienen necesidades únicas. Si tiene entre 13 y 24 años de edad y ha resultado ser VIH positivo, llame a una de las agencias siguientes; todos tienen programas especiales para jóvenes con VIH y están ahí para ayudarlos.

Housing / Vivienda

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
Allies in Hope	(713) 623-6796	(C) Midtown	M, W, Y, Fam, ♿, IRR, Homeless, Immigrants, SUD, Free.....	89
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113

Medical Services / Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AccessHealth Richmond Clinic	(281) 342-4530	(SW) Richmond	All, S\$, ♿, Med, Ins, CHIP, Ryan White, Esp.....	88
Avenue 360 Heights	(713) 426-0027	(C) Timbergrove	All, ♿, S\$, Ins, Med, Ryan White, Esp .	94
Avenue 360 Humble	(281) 570-2525	(NE) Humble	All, S\$, Ins, Med, Esp.....	94
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren Southwest	All, S\$, Ins, Med, Esp.....	94
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	All, S\$, Ins, Med, Esp.....	95
Baylor Bayland Park Teen Health Clinic	(713) 274-5348	(SW) Gulfton	Y (ages 13-24), Free, Med, Ins, Appt/Walk-ins, Esp.....	97
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Margaret Long Wisdom High School Teen Health Clinic	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Tejano Center Teen Health Clinic	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Baylor Worthing High School Teen Health Clinic	(713) 556-5348	(S) Sunnyside	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp.....	98
El Centro de Corazon Eastwood Health Center	(713) 660-1880	(C) East End	All, Free, S\$, Med, Flat, Ins, CHIP, Appt/Walk-ins, Esp.....	109
Harris Co. Public Health Antoine Clinic	(832) 927-7350	(NW) Inwood Forest	All, S\$, Appt req, Esp.....	117
Harris Co. Public Health Humble Clinic	(832) 927-1330	(NE) Humble	All, S\$, Appt req, Esp.....	117
Harris Co. Public Health Southeast Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Appt req, Esp.....	117
Planned Parenthood Gulf Coast	(800) 230-7526	Call to be connected to the nearest location	M, W, Y, S\$, Ins, Cash/Credit Card, Appt req (same day available), Esp.....	131
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All, ♿, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp.....	138

Youth/Teen Services | *Servicios para Jóvenes/Adolescentes*

Medical Services | *Servicios médicos*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	All,  , S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp	138
Spring Branch CHC Cy-Fair Clinic	(713) 387-7180	(NW) Cy-Fair	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Hillendahl Clinic	(713) 462-6565	(W) Spring Branch	All, Ins, S\$, Free, Appt/Walk-ins, Esp ...	136
Spring Branch CHC Katy Clinic	(713) 231-5757	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Northwest Clinic	(281) 885-4630	(N) Bammel	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC Pitner Clinic	(713) 462-6545	(NW) Langwood	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	136
Spring Branch CHC West Houston Clinic	(713) 462-6555	(W) Katy	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Spring Branch CHC WholeLife Clinic	(713) 231-5767	(W) Spring Branch	All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp	137
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up),  , Free, S\$, Med, Ins, Appt/Walk-ins, Esp.....	141
UT Health-Houston Pediatrics	(832) 325-6516	(C) Medical Center	C, Y, Fam, Immigrants,  , Free, Med, Ryan White, Ins, Appt req, Esp.....	143

Support Services | *Servicios de apoyo*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Leyenda	Pg
AAMA Sanchez High School North	(713) 742-0947	(N) Northside	Y, Free, Walk-ins, Esp	92
AAMA Sanchez High School South	(713) 926-1112	(C) Lawndale	M, W, Y, Free, Walk-ins, SUD, Esp	92
Ambassadors for Christ Youth Ministries	(281) 536-5475	(W) Greater Uptown	Y, Homeless, Appt/Walk-ins, Esp	90
Back to Eden Fellow Program	(713) 425-9705	(N) Independence Heights	All, Appt/Walk-ins.....	95
Baylor Bayland Park Teen Health Clinic	(713) 274-5348	(SW) Gulfton	Y (ages 13-24), Appt/Walk-ins, Free, Med, Ins, Esp	97
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Margaret Long Wisdom High School Teen Health Clinic	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp.....	97
Baylor Tejano Center Teen Health Clinic	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Baylor Worthing High School Teen Health Clinic	(713) 556-5348	(S) Sunnyside	Y (ages 13-24), Free, Med, Ins, Esp.....	98
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, SUD, Homeless, Immigrants, Free, Walk-ins, Esp.....	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp	98
Career and Recovery Resources	(713) 754-7000	(C) Midtown	M, W, Y, Free, Walk-ins.....	100

Youth/Teen Services | *Servicios para Jóvenes/Adolescentes*

Support Services | *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Ubicación</i>	Legend / <i>Leyenda</i>	Pg
Cenikor Foundation	(888) 236-4567	(SW) Central Southwest	Y, SUD, Med, Flat, Ins, Cash/Card, Financing, HHSC, Appt req, Esp	103
Crisis Intervention of Houston	(832) 416-1199 (281) 201-4430	Call Text	All, Free	108
Evolve Outreach of Texas	(832) 930-4898	(C) Midtown	All, Med, CHIP, Walk-ins, Esp	110
God's Lovely Butterflies Maternity Home	(832) 264-7491	(C) Astrodome area	W, Y, C, Homeless, Free, S\$, Med.....	113
Harris Co. HCD Homeless Youth Case Management Pgm	(832) 927-4925	(C) Astrodome area	Ages 18-24, IRR, Homeless, SUD, Free, Appt/Walk-ins, Esp	116
HATCH Youth	(713) 529-3590	(C) Montrose	Y, Free	119
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	120
Humble Area Assistance Ministries	(281) 446-3663	(NE) Humble	All, Fam, Free	121
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp.....	128
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, IRR, SUD, Appt req, Esp	129
SERJobs Workforce Opportunity Center	(713) 773-6000	(C) Second Ward	M, W, Y, IRR, Free, Esp	134
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	135
Texas DFPS Youth and Runaway Hotline	(800) 989-6884	Texas	C, Y, Fam, Free, Esp	140
UT Health-Houston Pediatrics	(832) 325-6516	(C) Medical Center	C, Y, Fam, Immigrants, , Free, Med, Ryan White, Ins, Appt req, Esp.....	143



Art by Kenneth

3 "A" BEREAVEMENT FOUNDATION (3ABF)



5330 Griggs Road, Suite A108
Houston, TX 77021-3758

MAIN (713) 649-3232
FAX (713) 649-2328
WEB www.3abereavement.org
EMAIL bereavement3a@aol.com



NEIGHBORHOOD(SE) OST/South Union
AREA SERVED Harris and Fort Bend counties.
BUS ROUTES5, 87, METRORail (purple)

LEGEND.....All, Income-based eligibility, Free, Appt req, Esp
HOURS Mon-Fri 9am-5pm;
On-call nights, weekends & holidays

NEED FOR INTAKE... Proof of income, government assistance
letter/documents

3ABF is a faith-based nonprofit organization established in 1997 to provide comprehensive bereavement support services to low-income and working poor families. Our mission is to enable low-income and working poor bereaved families to secure services to comprehensively address their bereavement needs. Crime Victims Services are available to all Texas Residents whose loved ones are victims of homicide.

3ABF es una organización religiosa sin fines establecida en 1997 para proporcionar servicios integrales de apoyo para duelo a familias de bajos ingresos y trabajadores pobres. Nuestra misión es permitir que las familias de bajos ingresos y pobres que trabajan en condiciones de aflicción aseguren servicios para atender de manera integral sus necesidades de duelo. Los servicios para víctimas de delitos están disponibles para todos los residentes de Texas cuyos seres queridos sean víctimas de homicidio.

Bereaved Family Assistance Program

Bereaved Family Assistance Fund provides financial support to defray funeral expenses. Crisis Emergency Assistance - consultations and referrals to families prior to the death of a loved one. Helping Hands - hands-on assistance in all aspects of preparing for funeral services. Grief Counseling - group and individual informal and professional sessions. Crime Victim Services - assists families of victims of violent crime to receive state support. Community Outreach - workshops to educate low-income residents about bereavement planning. Aftercare Team - provides follow-up services to families at 3, 6, and 9 months as they move through their grief.

Programa de Asistencia para Familias en Luto

Programa de Asistencia para Familias en Luto proporciona apoyo financiero para cubrir los gastos funerarios. Asistencia de Emergencia en Crisis - consultas y referencias a familias antes de la muerte de un ser querido. Manos que ayudan - asistencia práctica en todos los aspectos de la preparación de servicios funerarios. Consejo de Duelo - sesiones informales y profesionales en grupo e individuales. Servicios para Víctimas del Crimen - ayuda a familias de víctimas de crimen violento para recibir apoyo del estado. Compromiso de la comunidad - talleres para educar a residentes de bajos ingresos sobre la planeación del duelo. Equipo de atención posterior: presta servicios de seguimiento a las familias a los 3, 6 y 9 meses a medida que avanzan en su duelo.

AAMA

See Association for the Advancement of Mexican Americans

A CARING SAFE PLACE, INC.

1804 Carr Street
Houston, TX 77026-7316

MAIN(713) 225-5441
WEB www.acaringsafeplace.org
EMAILinfo@acaringsafeplace.org



NEIGHBORHOOD(C) Fifth Ward
BUS ROUTES 6

LEGEND M (18+), , Homeless, Appt req, IRR, SUD

A Caring Safe Place strives to meet and serve each participant in their various places of individual need. We work to empower participants to dismantle and unlearn old unhealthy behaviors, while building successful recovery tools that can improve many areas of their lives. A strong recovery foundation is critical to combatting substance abuse and other chronic unhealthy behaviors. We place a strong emphasis on healthy choices and healthy living and ensure that all participants are linked to primary medical care. Most enter the program facing long histories of failure and disappointment. Many leave with a changed life perspective, healthier coping behaviors, and the tools to live a new life with greater purpose.

A Caring Safe Place

Transitional housing services provided in a therapeutic, yet home-like environment. Eligible participants are drug-free males with a history of substance abuse and at least 30 days of sobriety, with low to moderate incomes, who are at least 18 years of age and are living with a specific diagnosed chronic health condition. Individuals must have a desire to live drug and alcohol free, while actively working to improve their lives and their future. Residents may participate in the program for up to 24 months, while they receive case management and other supportive services including but not limited to support groups, individual and group counseling sessions, day treatment services, and job training for those who are able to work.

Lydia's Place Apartments

Offers fifteen furnished Single Room Occupancy (SRO) units. Eligible participants are drug-free males with a history of substance abuse and at least 9 months of sobriety, with low to moderate incomes, who are at least 18 years of age and are living with a specific diagnosed chronic health condition. Supportive services include, but are not limited to case management, individual and group counseling, and peer support groups. Residents may reside at Lydia's Place as long as they continue to meet eligibility guidelines and remain compliant with program rules and guidelines.

ACCESS CARE OF COASTAL TEXAS




Main Campus
707 23rd Street
Galveston, TX 77550

MAIN/INTAKE/TTY(409) 763-2437
PHARMACY(409) 877-7029
WEB www.acctexas.org
EMAILacct@acctexas.org



AREA SERVED..... Brazoria, Galveston & Matagorda counties

LEGENDAll, , Free, Ryan White, Esp
HOURS Mon 9am-5pm, Tue-Thur 9am-5pm,
Fri 9am-12pm

NEED FOR INTAKE..... Proof of residency, proof of income or financial support, insurance (if applicable)

ACCT serves Galveston, Brazoria, and Matagorda counties. We offer free, confidential HIV testing, prevention counseling, health education/risk reduction, HIV prevention education, clothing assistance, financial education/emergency assistance, housing assistance, medication assistance program, transportation, and volunteer services. Translation services are available.

Services are available to all persons who qualify for assistance, regardless of their race, color, religion, sex, age, national origin, familial status, or disability.

ACCT presta servicios en los condados de Galveston, Brazoria y Matagorda. Ofrecemos pruebas de VIH gratuitas y confidenciales, consejería para la prevención, educación en materia de salud y reducción de riesgos, educación para la prevención del VIH, asistencia con ropa, educación financiera y asistencia en situaciones de emergencia, asistencia para vivienda, programa de asistencia de medicamentos, transporte y servicios de voluntarios. Hay disponibilidad de servicios de traducción.

Los servicios están disponibles para todas las personas que califiquen para recibir asistencia, independientemente de su raza, color, religión, sexo, edad, origen nacional, situación familiar o discapacidad.

Nutrition Assistance: A balanced nutritious diet is an important part of maintaining one's health. ACCT offers a monthly food pantry service to all clients. See the online calendar for dates.

Asistencia nutricional: una dieta nutritiva y equilibrada es una parte importante para mantener la salud. ACCT ofrece un servicio de despensa de alimentos mensual a todos los clientes. Consulte el calendario en línea para conocer las fechas.

Testing-Prevention-Care: Free and confidential walk-in and scheduled HIV and Syphilis testing. Contact testing@acctxexas.org for information.

Pruebas, prevención y atención: pruebas de VIH y sífilis gratuitas y confidenciales, sin cita previa o programadas. Comuníquese escribiendo a testing@acctxexas.org para obtener información

PrEP Case Management: ACCT can assist in acquiring medical evaluation and applying for medication payment assistance. Contact prep@acctxexas.org for information.

Administración de casos de profilaxis previa a la exposición (PrEP): ACCT puede ayudar a obtener una evaluación médica y solicitar asistencia para el pago de medicamentos. Comuníquese escribiendo a prep@acctxexas.org para obtener información

CLIENT SERVICES

Client Services provides compassion based social service support to people living with HIV. For additional information and to schedule an intake appointment to meet with a Client Services Advocate to complete an application and develop a plan to meet your current/future needs, contact clientservices@acctxexas.org


ACCT provides the following Ryan White funded services: Insurance Premium and Co-Pay Assistance, Medical Transportation, and Nutrition Assistance.

SERVICIOS AL CLIENTE

Apoyo compasivo de servicios sociales para personas que viven con VIH. Comuníquese escribiendo a clientservices@acctxexas.org para obtener información

adicional y programar una cita de admisión para reunirse con un defensor de servicios al cliente con el fin de cumplimentar una solicitud para recibir servicios y un plan para satisfacer sus necesidades actuales y futuras.

ACCT presta los siguientes servicios financiados por el Programa Ryan White: asistencia con copagos y primas de seguros, transporte médico y asistencia nutricional.

LEGEND All, , Ryan White, Esp
HOURS Mon 9am-5pm, Tue-Thur 9am-5pm, Fri 9am-12pm

NEED FOR INTAKE.....Proof of residency, proof of income or financial support, insurance (if applicable), HIV diagnosis

HOPWA: TBRA long-term rental assistance program assists with a portion of the monthly rental payment. STRMU emergency-based rental, mortgage, and utility assistance program. Qualifying emergencies include loss of income, illness causing loss of income, or change in household composition. Other emergencies are reviewed on a case-by-case basis. Permanent Housing Placement (PHP) program assists with move-in expenses such as application fees, security deposits, utility deposits, and first month's rent. Contact housing@acctxexas.org for information on the waitlist and application process.

Servicios del Programa de Oportunidades de Vivienda para Personas con SIDA (HOPWA): Asistencia prolongada con el alquiler proveniente del Programa de Asistencia con el Alquiler para Inquilinos (TBRA) con una parte del pago del alquiler mensual. Programa de asistencia en situaciones de emergencia con el alquiler, la hipoteca y los servicios públicos (STRMU); las emergencias que califican incluyen pérdida de ingresos, pérdida de ingresos por enfermedades o cambio en la composición del grupo familiar. Otras emergencias se revisan de manera individual. El Programa de Colocación en Vivienda Permanente (PHP) ayuda con gastos de mudanza, tales como tarifas de presentación de solicitudes, depósitos de garantía, depósitos de servicios públicos y el alquiler del primer mes. Comuníquese escribiendo a housing@acctxexas.org para obtener información sobre la lista de espera y el proceso de presentación de solicitudes.

Pharmacy: (409) 877-7029
Conveniently located at ACCT's main campus, Galveston Specialty Pharmacy offers personalized service and free delivery! Open Mon-Fri, 9am-5pm.

Farmacia: (409) 877-7029
Convenientemente ubicada en el campus principal de ACCT, Galveston Specialty Pharmacy ofrece un servicio personalizado y entrega gratuita. Abierta de lunes a viernes, de 9:00 a. m. a 5:00 p. m.

ACCESSHEALTH



400 Austin Street
Richmond, TX 77469-4406

MAIN(281) 342-4530
WIC PROGRAM.....(281) 238-2316
WEBwww.myaccesshealth.org
EMAILinfo@myaccesshealth.org



AREA SERVED..... Austin, Colorado, Fort Bend, Waller and Wharton counties
NEED FOR INTAKE..... ID, Proof of income and residency

AccessHealth is a federally qualified health center, providing a full range of healthcare services--medical care for adults and children, women's services, counseling services, chronic illness management (diabetes, Hep C, HIV, etc.), dental care for adults and children (Stafford Clinic), nutrition services, treatment for substance use disorder, pharmacy services, lab services, vaccines/immunizations, drug assistance plans, and the WIC nutrition program. HIV treatment and prevention services, including PrEP and PEP, are available at the Richmond and Missouri City Health Centers.

AccessHealth es un centro de salud calificado a nivel federal, que proporciona una gama completa de servicios de salud - atención médica para adultos y niños, servicios para mujeres, servicios de salud de conductual, manejo de enfermedades crónicas (diabetes, hepatitis C, VIH, etc.), cuidado dental para adultos y niños (Clínica Stafford), servicios de nutrición, tratamiento para los trastornos por uso de sustancias, servicios de farmacia, servicios de laboratorio, vacunas/inmunizaciones, planes de asistencia para medicamentos y el programa de nutrición de WIC. Los servicios de tratamiento y prevención del VIH, que incluyen PrEP y PEP, están disponibles en los centros de salud en Richmond y Missouri City.

Brookshire Center

533 FM 359 South
Brookshire, TX 77423

INTAKE (281) 342-4530
LEGEND All, Walk-ins, S\$, Med, Ins, CHIP, Esp
HOURS Mon-Thur 7am-5pm, Fri 8am-5pm

Medical care for adults and children, behavioral health, WIC.

Atención médica para adultos y niños, servicios de salud conductual, WIC.

East Fort Bend Clinic

7707 Hwy 6
Missouri City, TX 77459


INTAKE (281) 342-4530
LEGEND M, W, S\$, Med, Ins, CHIP, Esp
HOURS Mon-Thur 8am-5pm

Medical care for adults.

Atención médica para adultos.

Missouri City Clinic

307 Texas Pkwy, Ste 100
Missouri City, TX 77489


INTAKE (281) 342-4530
LEGEND All, S\$, , Med, Ins, CHIP, Ryan White, Esp
HOURS Adults: Mon-Fri 8am-5pm
Pediatrics: Tue 7am-7pm, Wed-Fri 8am-5pm

Medical care for adults and children, HIV treatment and prevention services, PrEP and PEP.

Atención médica para adultos y niños, servicios de tratamiento y prevención del VIH, PrEP y PEP.

Richmond Clinic

400 Austin Street
Richmond, TX 77469-4406

INTAKE (281) 342-4530
LEGEND All, S\$, , Med, Ins, CHIP, Ryan White, Esp
HOURS Pediatrics: Mon-Tue-Thur-Fri 7am-5pm,
Wed 7:30am-5:30pm; 2nd & 4th Sat 8am-12pm

Family Medicine: Mon-Fri 7am-7pm, Sat 8am-12pm

Lab: Mon-Fri 7am-6:30pm, Sat 8am-12pm

Women's Svcs/Behavioral Health/Pharmacy:
Mon-Fri 8am-5pm

Medical care for adults, women and children, HIV treatment and prevention services, PrEP and PEP, behavioral health, full service pharmacy.

Atención médica para adultos, mujeres y niños, servicios de tratamiento y prevención del VIH, PrEP y PEP, servicios de salud conductual, farmacia de servicio completo.

Second Mile Clinic

1135 US-90 Alt
Missouri City, TX 77489

INTAKE (281) 342-4530
LEGEND All, S\$, Med, Ins, CHIP, Esp
HOURS Mon-Tue-Fri 7am-5pm, Thur 8am-5pm
Dental: Wed 7am-6pm

Medical and dental care for children and adults.

Atención médica y dental para adultos y niños.

Stafford Clinic

10435 Greenbough Drive, Suite 300
Stafford, TX 77477

INTAKE (281) 342-4530
LEGEND All, S\$, Med, Ins, CHIP, Esp
HOURS Dental: Mon-Fri 8am-6pm
Pediatrics: Mon-Fri 7am-4pm, Sat 8am-12pm

Pediatrics, dental care for children and adults, behavioral health, WIC.

Pediatría, atención dental para niños y adultos, servicios de salud conductual, WIC.

ADULT REHABILITATION SERVICES



6612 Hornwood Dr., Suite C
Houston, TX 77074

MAIN (713) 541-4422
FAX (713) 541-9085
WEB www.adult-rehab.com
EMAIL adultrehab@adultrehab.net

NEIGHBORHOOD (SW) Sharpstown
AREA SERVED Harris and Fort Bend counties
BUS ROUTES 310

LEGEND Adults (18+), SUD
HOURS Mon-Fri 6am-9:30am; Sat by appointment
NEED FOR INTAKE Valid ID, history of substance abuse

A private and confidential opioid treatment program, includes maintenance (methadone, buprenorphine) and counseling.

AIDS FOUNDATION HOUSTON


See Allies in Hope

AIDS HEALTHCARE FOUNDATION



WEB AHF.org / HIVcare.org



LEGEND Adults, , IRR, Immigrants, Homeless,
Appt req, S\$, Med, Ins, Ryan White, Esp

HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE Proof of HIV status

AHF Binz Healthcare Center

1200 Binz Street, Suite 1040
Houston, TX 77004

MAIN (713) 524-8700
NEIGHBORHOOD (C) Medical Center
BUS ROUTES 5, METRORail (red)

AHF's full service clinic led by Dr. Norris Tran Duc provides comprehensive medical care and treatment to people living with HIV.

La clinica de servicio completo de la AHF dirigida por el Dr. Norris Tran Duc, que brinda atención médica integral y tratamiento a las personas que viven con el VIH / SIDA.

AHF Fannin Healthcare Center

7400 Fannin Street, Suite 1118
Houston, TX 77054

MAIN (713) 799-8994
NEIGHBORHOOD (C) Astrodome/S. Loop
BUS ROUTES 84, METRORail (red)

Comprehensive medical treatment for people living with HIV.

Tratamiento médico integral para personas que viven con VIH.

Out of the Closet - Houston

1435 Westheimer Road
Houston, TX 77006

MAIN (713) 391-8990
NEIGHBORHOOD (C) Montrose
BUS ROUTES 82
HOURS 10am-7pm daily

Thrift store selling clothing, books and housewares. Small item donations are accepted at the store. For free pickup of large donations call 800-558-8220.

AHF pharmacy onsite. Free, confidential rapid HIV testing.

ALEXANDER JEWISH FAMILY SERVICE



4131 S. Braeswood Blvd.
Houston, TX 77025

MAIN (713) 667-9336
FAX (713) 667-3619
WEB www.alexanderjfs.org
EMAIL info@alexanderjfs.org



NEIGHBORHOOD (C) Meyerland
BUS ROUTES 68

LEGEND All, Free, Flat, S\$, Ins, Med,
Financing avail, Appt req
HOURS Mon 8:30am-8pm, Tue-Thur 8:30am-5:30pm,
Fri 8:30am-4pm
NEED FOR INTAKE Photo ID, Proof of residence
Proof of income, Ins card, Social
Security card, birth certificate

Alexander Jewish Family Service is a non-profit human service agency for people of all ages and all walks of life. Our goal is to provide light, hope and help to individuals struggling with life challenges. Alexander JFS's professional, highly credentialed staff offers mental health and support counseling for individuals

and families including a specialized program for individuals who live with persistent and pervasive mental illness. Alexander JFS also provides disability services, senior adult services and case management, employment services, Jewish chaplaincy services at area hospitals, community outreach, financial assistance programs and volunteer opportunities.

Counseling Services

Our professionals provide behavioral and mental health services, coaching and case management services, disability services, employment services and Chaplaincy services.

ALLIES IN HOPE



2328 Fannin Street
Houston, TX 77002


MAIN (713) 623-6796
FAX (713) 623-4029
WEB www.aihhouston.org
EMAIL info@aihhouston.org



NEIGHBORHOOD (C) Midtown
AREA SERVED Harris and surrounding counties
BUS ROUTES 54, METRORail (red)
HOURS Mon-Fri 9am-5pm

Formerly known as AIDS Foundation Houston, Allies in Hope provides prevention, housing and supportive services to individuals and families affected by and living with HIV.

Housing and Supportive Services

LEGEND M, W, Y, Fam, , IRR, Homeless,
Immigrants, SUD, Free
NEED FOR INTAKE Appt req, Photo ID, Proof of
residence and income

Housing programs include community and AFH housing facilities for low-income and homeless individuals and families, and those living with HIV who are recently released from incarceration. In addition, AFH provides a housing program for homeless young adults age 18-24, regardless of HIV status, race or gender identity.

Supportive services include mental health, substance abuse counseling, food through the AFH Stone Soup program, re-engagement in health care and medical transportation services for those living with HIV who are recently released from incarceration.

Allies in Hope offers three HOPWA programs that serve individuals and their families living with HIV who are low income or in jeopardy of becoming homeless: Short-Term Rent, Mortgage, and Utility (STRMU) assistance for households experiencing a financial crisis or a change in their economic circumstances; Tenant-Based Rental Assistance (TBRA) to provides an ongoing and portable rental subsidy that helps households obtain or maintain permanent housing; and Permanent Housing Placement (PHP) that helps households access, secure, and establish a permanent residence, maintained either on their own or with the help of ongoing rental assistance.

For more information, contact us at: housing@aihhouston.org or call (713) 623-6796.

Incarcerated/Recently Released Services

Somebody Cares: A peer-based program designed to help individuals plan for living with HIV after their release. We provide access to post-release resources and services such as

transitional housing and medical transportation assistance that increase adherence to treatment and medication.

Prevention Services

LEGEND.....All, Free
NEED FOR INTAKE.....Appointment required

Prevention services include HIV and other STI testing (in office, home or mobile), counseling, linkage to treatment and care, PrEP education and care, nPep, Rapid Start, peer-to-peer navigation for persons living with HIV and other supportive services.

Stone Soup Food Pantry

A donation-based, volunteer-driven program that provides nutritious food assistance while improving the health outcomes for individuals and their families experiencing food insecurity in the greater Houston area. The pantry has two locations:

6260 Westpark Dr., Ste 100, Houston 77057
Open Tuesday & Thursday, 10am-4pm

2328 Fannin Street, Houston 77002
Open Monday-Friday, 10am-4pm

ALZHEIMER'S ASSOCIATION



6055 South Loop East
Houston, TX 77087-1005

MAIN/24 HOURS (713) 314-1313
FAX (713) 314-1315
WEB www.alztex.org



NEIGHBORHOOD (C) Gulfgate
AREA SERVED Southeast Texas (37 counties)
BUS ROUTES 5

LEGEND..... Adults, Free, S\$
HOURS Mon-Fri 8:30am-5pm

The Alzheimer's Association, Houston and Southeast Texas Chapter, provides a variety of services for persons affected by Alzheimer's and dementia related illness, covering a 37 county region in Southeast Texas.

Care Consultation

This service is designed to assist the person with Alzheimer's and their family in planning for and dealing with all aspects of the illness including needs assessment, planning and problem solving. Call to schedule a meeting.

Clinical Trials

A free service that makes it easy to locate clinical trials based on personal criteria (diagnosis, stage of disease) and location. Call or visit our website for more information.

Education and Training

An array of educational programs designed to equip the diagnosed individual, family members and professionals with the knowledge and skills needed to enhance the quality of life of individuals with dementia. Visit the website to learn about upcoming programs. We also maintain a variety of educational materials (brochures, videos, audiotapes and books) on topics related to Alzheimer's disease and related disorders. Call or visit our website to learn more about our library.

Information and Referral

The Helpline operates 24/7 in 140 languages. Staff is highly trained and knowledgeable about all aspects of Alzheimer's disease. Call if you have questions about Alzheimer's or memory loss, medications and treatment options, brain health

and care options, how the Association can help you, caregiving tips and respite care options, and community resources. You can also call us for emotional support. We know that living with Alzheimer's can be overwhelming at times, we are here for you - all day, every day.

Message Boards

The message boards and chat rooms provide an online community for persons with Alzheimer's, caregivers and care providers. Stories and information are available 24 hours.

Support Groups

Monthly gatherings of family, friends and caregivers provide socializing, discussion and support on Alzheimer's related issues. Groups are facilitated by trained volunteers. Call or visit the website for more information.

AMBASSADORS FOR CHRIST YOUTH MINISTRIES

Corporate Office
100 Glenborough Drive, Suite 900
Houston, TX 77067

MAIN (281) 536-5475
WEB www.afcyouth.org
EMAIL info@afcyouth.org



AFC's mission is to inspire excellence and promote leadership to youth through one-on-one and group mentoring, music and the performing arts in order to provoke positive change and enrichment in our community. We provide education on teen pregnancy prevention, HIV and STD prevention, as well as mentoring and counseling services to at risk youth in our community

La misión de AFC es inspirar la excelencia y promover el liderazgo a los jóvenes a través de la tutoría individual y grupal, música y artes escénicas para provocar un cambio positivo y enriquecimiento en nuestra comunidad. Proporcionamos educación sobre la prevención de embarazo adolescente, prevención del VIH y ETS, así como servicios de tutoría y consejería para jóvenes en riesgo en nuestra comunidad.

AFC North Office

390 Glenborough Dr. Suite 156
Houston, TX 77067

NEIGHBORHOOD (N) Greenspoint
AREA SERVED Harris County
BUS ROUTES 99, 399

LEGEND Y, Homeless, Appt/Walk-ins, Esp
HOURS Mon-Fri 9am-5pm
NEED FOR INTAKE Recent paystub

Project EQUIP provide services to those at the highest risk for IV and substance use disorders, especially racial/ethnic males aged 13-24 at risk for HIV including males who have sex with males (MSM) with a particular emphasis on those who are not stably housed.

Proyecto EQUIP brinda servicios a personas con el mayor riesgo de uso de drogas inyectables y trastornos por uso de sustancias, especialmente a hombres de origen racial/étnico de entre 13 y 24 años en riesgo de contraer VIH, incluyendo a hombres que tienen sexo con hombres (HSH), con un énfasis particular en aquellos que no tienen una vivienda estable.

Project FABULOUS is a sexual risk avoidance program that targets African-American and Hispanic youth aged 12-19 who

are at high-risk of becoming pregnant, living in or aging out of foster care, from juvenile detention centers, being homeless and/or residing in an area with high birth rates. The program is provided in English and Spanish.

Proyecto FABULOUS es un programa de prevención del riesgo sexual dirigido a jóvenes afroamericanos e hispanos de entre 12 y 19 años que tienen un alto riesgo de embarazo, viven o están por salir del sistema de acogida, provienen de centros de detención juvenil, se encuentran en situación de calle y/o residen en áreas con altas tasas de natalidad. El programa se ofrece en inglés y español.

Project PEACE AFC's Path Forward Project offers safe, stable housing and appropriate trauma-informed victim-centered services to survivors and victims of human trafficking, ages 18-24.

Proyecto PEACE AFC's Path Forward ofrece vivienda segura y estable, así como servicios adecuados, informados en el trauma y centrados en la víctima, para sobrevivientes y víctimas de trata de personas de entre 18 y 24 años.

Project RHY (Runaway and Homeless Youth) is a street outreach and transitional living program for youth in crisis up to age 21 to help break the dysfunctional cycles that keep them street dependent and help them transition from homelessness to self-sufficiency and independent living.

Proyecto RHY (Jóvenes en situación de calle y sin hogar) es un programa de alcance en la calle y de vida transitoria dirigido a jóvenes en crisis de hasta 21 años. Su objetivo es romper los ciclos disfuncionales que los mantienen dependiendo de la calle y ayudarles en su transición de la falta de vivienda a la autosuficiencia y la vida independiente.

The Drop In & Resource Center is located at 555 Seminar Drive, Houston, 77060

El Centro de asistencia y recursos está ubicado en 555 Seminar Drive, Houston, 77060

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

204 Clifton Street
Houston, TX 77011

MAIN (713) 926-9491
FAX (713) 926-2672
NEIGHBORHOOD (C) East End
BUS ROUTES 20, METRORail (green, purple)
LEGEND..... All, Free, S\$, Ins, Med, Walk-ins, Esp
HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE Varies by program, call for information

AAMA offers the following services which include support groups on topics related to HIV, alcohol and substance use prevention education and treatment for individuals seeking to gain more information and network with others facing similar situations. All services are offered in Spanish and English.

AAMA ofrece los siguientes servicios, que incluyen grupos de apoyo sobre temas relacionados con el VIH, la prevención del consumo de alcohol y otras sustancias, educación y tratamiento para personas que buscan obtener más información y establecer contactos con otras personas que enfrentan situaciones similares.

Buena Salud (SBIRT) Program

A comprehensive approach to early intervention and treatment services for persons with substance use disorders (SUD), as

well as those who are at risk of developing these disorders.

- Screening to assess the severity of substance use and identify the appropriate level of treatment.
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
- Brief SUD treatment of up to 20 sessions may be provided
- Referral to treatment for those needing more extensive treatment and access to specialty care.

Programa Buena Salud (SBIRT)

Un enfoque integral para la intervención temprana y los servicios de tratamiento para personas con trastornos por uso de sustancias (SUD), así como para aquellos que están en riesgo de desarrollar estos trastornos.

- Evaluación para determinar la gravedad del consumo de sustancias e identificar el nivel de tratamiento adecuado.
- Intervención breve enfocada en aumentar la comprensión y conciencia sobre el consumo de sustancias y la motivación hacia el cambio de comportamiento.
- Tratamiento breve para SUD de hasta 20 sesiones puede ser proporcionado.
- Derivación a tratamiento para quienes necesiten una atención más extensa y acceso a atención especializada.

HIV Prevention Services

HIV prevention program services include:

- Prevention education on HIV, STI's, and Viral Hepatitis
- HIV, Hepatitis C (rapid results) and Syphilis Testing
- Condom kits with lubricant
- Referrals and linkage to Medical Care, PEP/PrEP, and other social services
- Each client meets with an Outreach Specialist and to tailor a plan of action that best fits their individual needs.

Outreach Specialists can schedule to meet individuals beyond normal testing location sites to provide services to people who are at high-risk. Services include risk reduction counseling, information, prevention education, referral(s) linkage and resources for PrEP and PEP, substance use treatment, housing, medical benefits, and additional health screenings. Outreach Specialists also serve as liaisons for individuals who are unable to access services due to language barriers.

Servicios de prevención del VIH

Los servicios del Programa de Prevención del VIH incluyen:

- Educación preventiva sobre el VIH, las ITS y las hepatitis virales
- Pruebas de VIH, hepatitis C (resultados rápidos) y sífilis
- Kits de condones con lubricante
- Derivaciones y vinculación a atención médica, PrEP/PEP y otros servicios sociales
- Cada cliente se reúne con un Especialista en Alcance para diseñar un plan de acción que se adapte mejor a sus necesidades individuales.

Los especialistas en extensión pueden programar reuniones con las personas fuera de los sitios habituales de prueba para brindar servicios a quienes están en alto riesgo. Los servicios incluyen asesoramiento para la reducción de riesgos, información, educación en prevención, derivaciones y vinculación con recursos para PrEP y PEP, tratamiento para el uso de sustancias, vivienda, beneficios médicos y evaluaciones de salud adicionales. Los especialistas en extensión también sirven como enlaces para personas que no pueden acceder a los servicios debido a barreras lingüísticas.

¿Y Ahora Qué? A grassroots intervention that helps newly diagnosed individuals come together and build strong bonds while learning the steps of how to stay healthy! (virtual sessions available)

¿Y ahora qué?

Una intervención de base que ayuda a las personas recién diagnosticadas a unirse y construir vínculos fuertes mientras aprenden los pasos para mantenerse saludables. (Sesiones virtuales disponibles)

Substance Use Disorder Treatment Services

Project Tejas assists the community with issues related to Substance Use and Mental Health Disorders. We provide psycho-social assessments, individual services, group, family education, and continuum of care services to include after-care and recovery peer support. All services are individualized and tailored to meet the needs of the client. The program is culturally sensitive and age-appropriate (virtual sessions available).

Servicios de tratamiento de trastornos por consumo de sustancias

El Proyecto Tejas ayuda a la comunidad con problemas relacionados con el consumo de sustancias y los trastornos de salud mental. Ofrecemos evaluaciones psicosociales, servicios individuales, grupales, educación familiar y servicios de atención continua que incluyen atención posterior y apoyo entre pares para la recuperación. Todos los servicios son individualizados y personalizados para satisfacer las necesidades de nuestros clientes. El programa es culturalmente sensible y apropiado para cada edad (sesiones virtuales disponibles).

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

6001 Gulf Freeway
Houston, TX 77023

MAIN (713) 929-2300
WEB www.aama.org



NEIGHBORHOOD(C) Lawndale
BUS ROUTES28

Adult Education Programs

AAMA's Work and Learn Center empowers individuals through education and job training. Offering GED preparation, vocational courses, and career readiness programs, the center equips participants with essential skills for employment. Supportive instructors and personalized guidance ensure students can achieve their academic and professional goals in a nurturing environment.

AAMA's Adult Education program empowers adult learners through free courses in English as a Second Language (ESL), High School Equivalency (HSE) preparation, and various certification programs. Flexible schedules accommodate working adults, offering morning and evening classes to help individuals advance their education and career prospects.

Programas de educación para adultos

El Centro de trabajo y aprendizaje de AAMA empodera a las personas a través de la educación y la capacitación laboral. El centro ofrece preparación para el GED, cursos vocacionales y programas de preparación profesional y equipa a los participantes con habilidades esenciales para el empleo. Los instructores que brindan apoyo y la orientación personalizada garantizan que los estudiantes puedan alcanzar sus metas académicas y profesionales en un entorno enriquecedor.

El programa de Educación para Adultos de AAMA capacita a los estudiantes adultos a través de cursos gratuitos de inglés como segundo idioma (ESL), preparación para el examen de equivalencia de la escuela secundaria (HSE) y varios

programas de certificación. Los horarios flexibles se adaptan a los adultos que trabajan y ofrecen clases por la mañana y por la noche para ayudar a las personas a avanzar en su educación y sus perspectivas profesionales.

George I. Sanchez High School North

170 Rittenhouse St.
Houston, TX 77076

MAIN(713) 742-0947
FAX(713) 742-0874
NEIGHBORHOOD(N) Northside
BUS ROUTES 56

LEGENDY, Free, Walk-ins, Esp
HOURS Mon-Fri 8am-4pm

An open-enrollment, tuition-free, public charter school, Sanchez serves students in Grades 6-10. At Sanchez North, students overcome academic and social barriers through small classes, rigorous instruction, one-on-one attention, a personalized learning environment and an array of wraparound services for themselves and their families. Sanchez has one of the most successful programs for educating Latino middle school and high school students. At Sanchez, students overcome academic and social barriers through small classes, rigorous instruction, one-on-one attention, a personalized learning environment and an array of wraparound services for themselves and their families.

Because Sanchez is small, fewer than 400 students, our educators develop personal relationships with each student while maintaining high academic expectations. Teachers engage students in their studies through project-based learning and state-of-the-art technology such as netbooks, tablets and Promethean boards. In addition, a variety of student clubs, extra-curricular activities and competitive sports programs help students keep fit, active and motivated to succeed.

Escuela Charter George I. Sanchez Norte

Sanchez es una escuela autónoma pública, de inscripción abierta y matrícula gratuita de inscripción abierta que recibe a alumnos de 6 a 10 grado. En Sanchez North, los estudiantes superan las barreras académicas y sociales a través de clases pequeñas, instrucción rigurosa, atención personalizada, un entorno de aprendizaje personalizado y una variedad de servicios integrales para ellos y sus familias. La escuela autónoma Sánchez del Norte tiene uno de los programas más exitosos para educar a estudiantes latinos de secundaria y preparatoria. En Sánchez, los estudiantes superan las barreras académicas y sociales a través de clases pequeñas, instrucción rigurosa, atención individualizada, un entorno de aprendizaje personalizado y una variedad de servicios integrales para ellos y sus familias.

Debido a que Sanchez es una escuela pequeña (menos de 400 estudiantes), nuestros educadores desarrollan relaciones personales con cada estudiante y al mismo tiempo mantienen altas expectativas académicas. Los maestros involucran a los estudiantes en sus estudios a través del aprendizaje basado en proyectos y tecnología de vanguardia, como netbooks, tabletas y pizarrones Promethean. Además, una variedad de clubes estudiantiles, actividades extracurriculares y programas deportivos competitivos ayudan a los estudiantes a mantenerse en forma, activos y motivados para tener éxito.

George I. Sanchez High School South

6001 Gulf Freeway, Bldg. E
Houston, TX 77023

MAIN(713) 929-1112
FAX(713) 926-8129

NEIGHBORHOOD(C) Lawndale
 BUS ROUTES28
 LEGEND..... M, W, Y, Free, Walk-ins, SUD, Esp
 HOURS Mon-Fri 8am-4pm

An open-enrollment, tuition-free, public charter school, Sanchez serves students in pre-kindergarten and Grades 6-12. Sanchez Charter School has one of the most successful programs for educating Latino middle school and high school students. At Sanchez, students overcome academic and social barriers through small classes, rigorous instruction, one-on-one attention, a personalized learning environment and an array of wraparound services for themselves and their families. Because Sanchez is small, fewer than 800 students, our educators develop personal relationships with each student while maintaining high academic expectations. Teachers engage students in their studies through project-based learning and state-of-the-art technology such as netbooks, tablets and Promethean boards.

At Sanchez, students discover a wide range of college and career pathways through campus visits, dual credit courses, internships, service learning projects, and other learning experiences beyond the classroom. And a variety of student clubs, extra-curricular activities and competitive sports programs help students keep fit, active and motivated to succeed.

Escuela Charter George I. Sanchez Sur

Es una escuela pública de inscripción abierta que recibe a alumnos desde preescolar hasta los grados 6 a 12. La escuela autónoma Sánchez tiene uno de los programas más exitosos para educar a estudiantes latinos de secundaria y preparatoria. En Sánchez, los estudiantes superan las barreras académicas y sociales a través de clases pequeñas, instrucción rigurosa, atención individualizada, un entorno de aprendizaje personalizado y una variedad de servicios integrales para ellos y sus familias. Debido a que Sánchez es una escuela pequeña (menos de 800 estudiantes), nuestros educadores desarrollan relaciones personales con cada estudiante y al mismo tiempo mantienen altas expectativas académicas. Los maestros involucran a los estudiantes en sus estudios a través del aprendizaje basado en proyectos y tecnología de vanguardia, como netbooks, tabletas y pizarrones Promethean.

En Sanchez, los estudiantes descubren una amplia gama de caminos universitarios y profesionales a través de visitas al campus, cursos de doble crédito, pasantías, proyectos de aprendizaje de servicio y otras experiencias de aprendizaje fuera del aula. Además, una variedad de clubes estudiantiles, actividades extracurriculares y programas deportivos competitivos ayudan a los estudiantes a mantenerse en forma, activos y motivados para tener éxito.

Pre-Kindergarten

MAIN (713) 929-2442
 LEGEND..... C (3-4 yrs), Free, Walk-ins, SUD, Esp

Bilingual Pre-Kindergarten program open to the public for 3-4 year-old children. Recognizing that each child is a unique and special individual, our child-centered approach focuses on each child's needs, abilities, interests and learning styles. Through hands-on exploration, children develop a love of learning and become active participants in their own learning and development. We offer half-day options, both morning and afternoon, for three year-olds, and a full-day session for four year-olds. The center is part of the United Way Bright Beginnings program, an innovative program designed to help children achieve social, emotional, physical, and cognitive milestones.

Prejardín de infantes

Programa de Pre-Kinder Bilingüe abierto al público para niños de tres y cuatro años. Reconociendo que cada niño es un individuo único y especial, nuestro enfoque centrado en el niño se centra en las necesidades, habilidades, intereses y estilos de aprendizaje de cada niño. A través de la exploración práctica, los niños desarrollan el amor por el aprendizaje y se convierten en participantes activos de su propio aprendizaje y desarrollo. Ofrecemos opciones de medio día, tanto por la mañana como por la tarde, para niños de tres años y una sesión de día completo para niños de cuatro años. El centro es parte del programa Bright Beginnings de United Way, un programa innovador diseñado para ayudar a los niños a alcanzar hitos sociales, emocionales, físicos y cognitivos.

AVDA (AID TO VICTIMS OF DOMESTIC ABUSE)



1001 Texas Avenue, Suite 600
 Houston, TX 77002-3181

MAIN(713) 224-9911
 FAX(713) 715-6935
 WEB www.avda-tx.org
 EMAIL sherrick@avda-tx.org



NEIGHBORHOOD (C) Downtown
 AREA SERVED..... Harris, Galveston & Montgomery Counties

BUS ROUTES..... 102, 108, METRORail (red, green, purple)
 LEGENDAdults, IRR, Immigrants, S\$, Appt req
 HOURS Mon-Fri 8am-5pm; after hours by appointment

AVDA is a non-profit organization whose mission is to end family violence. AVDA offers free legal services to victims of domestic violence for protective orders, divorce and child custody, as well as trauma counseling, other support and resources.

AVDA es una organización sin fines de lucro cuya misión es acabar con la violencia familiar. AVDA ofrece servicios legales gratuitos a las víctimas de violencia doméstica para órdenes de protección, divorcio y custodia de niños, así como otro tipo de apoyo y recursos..

Battering Intervention and Prevention Services (BIPP)

AVDA's BIPP program is located at sites across the Greater Houston Area and is for individuals who have been physically, emotionally, or verbally abusive in a relationship. AVDA's BIPP is the first to be fully accredited in Texas and is the largest in the region. Staff are licensed and well-trained to provide quality group psychoeducational classes, and the program is a minimum of 18 weeks per state accreditation guidelines.

Programa de Intervención y Prevención de la Violencia Doméstica

Nuestro programa de grupo basada en la discusión se centra en el cambio personal para poner fin a la conducta abusiva. Grupo BIPP de AVDA te da herramientas para poner fin a los abusos, ya sea física, verbal o emocional. Deje AVDA ayuda usted se convierte en el mejor padre, pareja y persona que puedas ser.

Legal Advocacy Program

Provides free legal representation for victims of domestic abuse for protective order, divorce, child custody, and child support. AVDA's advocates (all bilingual in Spanish/English) provide safety planning, help with crime victims compensation, information/referral and more, and its Trauma Counselor provides free group and individual counseling to both adults and children. We also have offices in Fort Bend and Waller counties.

Servicios Legales

Proporcionamos ayuda sin costo para: (1) la representación legal de las ordines de protección, el divorcio, la manutención de menores y custodia de los hijos; (2) intervención en crisis, la promoción y el apoyo; (3) panificación de la seguridad y referencias; (4) asistencia financiera para refugio de emergencia, alimentos, transportación y más; (5) consejería individual y do grupos para el sobreviviente y sus hijos; (6) fondos para la educación y la formación. También tenemos oficinas en los condados de Fort Bend y Waller.

AVENUE 360 HEALTH & WELLNESS



MAIN (713) 426-0027
FAX (713) 426-0211
WEB avenue360.org



NEED FOR INTAKE..... ID, Proof of residence and income, Insurance and Social security card (if available)

Avenue 360 is a Federally Qualified Healthcare Center (FQHC) that provides affordable, quality medical care, pharmacy, behavioral health and support services to individuals and families residing in Harris county and surrounding areas. Avenue 360 serves people with Ryan White, Healthy Texas Women, Family Planning, Medicare, Medicaid, CHIP, private insurance and all major credit cards. There is a sliding fee scale for the uninsured.

Avenue 360 es un Centro de Cuidados Médicos Calificado a Nivel Federal (FQHC) que provee atención médica asequible y de calidad, farmacia, salud mental y servicios de apoyo a individuos y familias que residen en el condado Harris y áreas circundantes. Avenue 360 atiende a personas con Ryan White, Healthy Texas Women, Planificación Familiar, Medicare, Medicaid, CHIP, seguros privados y todas las principales tarjetas de crédito. Hay una escala de honorarios flexible para los no asegurados.

Avenue 360 Heights

2150 West 18th Street, Suite 300
Houston, TX 77008

MAIN (713) 426-0027
NEIGHBORHOOD (C) Timbergrove
BUS ROUTES 26

LEGEND..... All, , S\$, Ins, Med, CHIP, Ryan White, Esp
HOURS Mon-Thur 8am-6pm, Fri 8am-5pm

Primary medical care, infectious disease including HIV, OB/GYN, prenatal and postpartum care, family planning, well-child visits, screenings, immunizations, pharmacy, diagnostic laboratory and radiology, and health education. Behavioral Health including psychiatry, mental health counseling, and substance use treatment services. Support services including eligibility services, case management, information and referral, transportation services, translation services.

Atención médica primaria, atención a enfermedades infecciosas (incluyendo VIH), obstetricia y ginecología, atención prenatal y posparto, planificación familiar, consultas pediátricas de rutina, exámenes de detección, vacunaciones, farmacia, radiología y laboratorio de diagnóstico, y educación en materia de salud. Salud comportamental, que incluye psiquiatría, consejería de salud mental y servicios de tratamiento por consumo de sustancias. Servicios de apoyo, que incluyen servicios de elegibilidad, administración de casos, información y remisiones, servicios de transporte y servicios de traducción.

Avenue 360 Humble

18842 South Memorial Dr., Ste 206
Humble, TX 77338

MAIN(281) 570-2525
LEGEND All, S\$, Ins, Med, Esp
HOURS Mon-Fri 8am-5pm

Primary medical care, family planning, well-child visits, screenings, immunizations, and health education. Support services including eligibility services, information and referral, and translation services.

Atención médica primaria, planificación familiar, consultas pediátricas de rutina, exámenes de detección, vacunaciones, y educación en materia de salud. Servicios de apoyo, que incluyen servicios de elegibilidad, información y remisiones, y servicios de traducción.

Avenue 360 Memorial City

902 Frostwood Dr., Suite 142
Houston, TX 77024

MAIN(713) 827-8266
BUS ROUTES 26, 46, 70, 160, 161, 162

LEGEND C, Y, S\$, Ins, Med, CHIP, Esp
HOURS Mon 8am-7pm, Tue-Fri 8am-5pm

Pediatric services including immunizations, well child visits, screenings, mental health counseling and telehealth services. Support services including eligibility services, information and referral, and translation services.

Servicios pediátricos, que incluyen vacunas, consultas pediátricas de rutina, exámenes de detección, consejería de salud mental y servicios de telesalud. Servicios de apoyo, que incluyen servicios de elegibilidad, información y remisiones, y servicios de traducción.

Avenue 360 Midtown

2920 Fannin St.
Houston, TX 77002

MAIN(713) 341-3790
BUS ROUTES 81, 82

LEGEND All, , S\$, Ins, Med, Ryan White, Esp
HOURS Mon-Thur 8am-6pm, Fri 8am-5pm

Primary medical care, HIV specialty care, behavioral health services, and full range of dental services including services for people living with HIV. Support services including eligibility services, case management, information and referral, and translation services.

Atención médica primaria, atención especializada en VIH, servicios de salud comportamental y una gama completa de servicios dentales, incluyendo servicios para personas que viven con VIH. Servicios de apoyo, que incluyen servicios de elegibilidad, administración de casos, información y remisiones, y servicios de traducción.

Avenue 360 Southwest

14095 South Main St.
Houston, TX 77035

MAIN(832) 830-8345
NEIGHBORHOOD (SW) Fondren Southwest

LEGEND All, S\$, Ins, Med, Esp
HOURS Mon-Fri 8am-5pm

Primary medical care, pediatrics including well-child visits, OB/GYN, prenatal and postpartum care, family planning, screenings, immunizations, and health education. Behavioral Health including mental health counseling. Adult and pediatric dentistry including preventative dental care and diagnostic radiology. Support services including eligibility services, information and referral, and translation services.

Atención médica primaria, pediatría (incluyendo consultas pediátricas de rutina), obstetricia y ginecología, atención prenatal y posparto, planificación familiar, exámenes de detección, vacunaciones y educación en materia de salud. Salud comportamental, que incluye consejería de salud mental. Odontología para adultos y pediátrica, incluyendo cuidado dental preventivo y radiología diagnóstica. Servicios de apoyo, que incluyen servicios de elegibilidad, información y remisiones, y servicios de traducción.

Avenue 360 Spring Cypress

17010 Sugar Pine Drive
Houston, TX 77090-2213


MAIN (281) 537-8627
NEIGHBORHOOD (N) Bammel
BUS ROUTES 86
LEGEND All, S\$, Ins, Med, Esp
HOURS Mon-Fri 8am-5pm

Primary medical care, well-child visits, OB/GYN, prenatal care, family planning, screenings, immunizations, pharmacy and health education. Behavioral Health including mental health counseling. Support services including eligibility services, information and referral, and translation services.

Atención médica primaria, consultas pediátricas de rutina, obstetricia y ginecología, atención prenatal, planificación familiar, exámenes de detección, vacunaciones, farmacia y educación en materia de salud. Salud comportamental, que incluye consejería de salud mental. Servicios de apoyo, que incluyen servicios de elegibilidad, información y remisiones, y servicios de traducción.

Omega House Hospice

602 Branard
Houston, TX 77006-5020

MAIN (713) 523-7110
NEIGHBORHOOD (C) Montrose
BUS ROUTES 25
LEGEND Adults, , \$20 co-pay/day if above 100%
FPL, Ryan White, Esp
HOURS 24-hour facility
NEED FOR INTAKE Call for intake

Avenue 360 Omega House is a safe and loving home environment where people can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The program offers social interaction with peers and volunteers, as well as recreational activities including pet therapy.

La Casa de Omega Avenue 360 es un hogar con un ambiente seguro, de amor y compasión, donde los pacientes pueden vivir sus últimos días con dignidad. Este hospicio de ocho camas ofrece asistencia médica paliativa (comodidad) así como ayuda sicosocial y de duelo para los moribundos y para sus seres queridos. El cuidado médico en curso y el cuidado de enfermería

es ofrecido, junto con soporte y asistencia emocional durante las actividades diarias. El programa ofrece la interacción social con compañeros y voluntarios, así como actividades recreacionales.

BACK TO EDEN FELLOW PROGRAM

4141 North Fwy, Suite 102
Houston, TX 77022-

MAIN (713) 425-9705
WEB www.backtoedenfellow.org
EMAIL backtoedenonprofit@aol.com



NEIGHBORHOOD (N) Independence Heights
LEGEND All, Appt/Walk-ins
NEED FOR INTAKE ID, proof of income and residence

Nonprofit that serves victims of domestic and sexual violence with case management, support groups, financial assistance, youth prevention, furniture, clothes, crisis intervention, anger management classes, parenting classes and community service.

BAY AREA COUNCIL ON DRUGS AND ALCOHOL, INC.



United Way Building
1300A Bay Area Boulevard, Suite 224
Houston, TX 77058

MAIN (800) 510-3111
WEB www.bacoda.org
EMAIL info@bacoda.org



NEIGHBORHOOD (SE) Clear Lake/NASA
AREA SERVED South, southeast & eastern Harris County, Brazoria, Matagorta and Galveston counties

LEGEND All, SUD
HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE Register and pay online for education classes

Counseling & Education Classes

Free substance abuse screening, treatment referral, assessments and counseling for those meeting eligibility requirements.

BACODA also offers many classes including state-mandated classes for DWI Education, DWI Intervention for repeat offenders, and Texas Drug Offender Education Program. Fees vary. All class days must be attended in order to receive a Certificate of Completion. Classes and counseling are offered virtually and in person. Staff available for health fairs and speaking engagements at no cost.

If you are seeking state-funded substance abuse treatment in Texas, please call one of the following: The Council on Recovery (713) 942-4100 or Gulf Coast Center (409) 944-4337

BAY AREA HOMELESS SERVICES

3406 Wisconsin Street
Baytown, TX 77520

MAIN (281) 837-1654
FAX (281) 837-1031
ADMINISTRATION (281) 420-6728

WEBbahs-shelter.org
EMAIL..... edbahs@gmail.com



AREA SERVEDEastern Harris, Chambers and
Liberty counties
LEGEND..... M, W, Fam, Homeless, Free, Esp

Emergency Shelter Services

HOURS 24/7; new clients 9am-4pm
NEED FOR INTAKE..... Photo ID, Social Security card

Emergency homeless shelter services for low-income clients in the East Harris County, Baytown, Liberty County and Chambers County area. We have separate men's and women's dormitories for the safety and privacy of our residents. BAHS provides three meals daily. Our caring professional case management staff provides an individual case management plan for every client shortly upon entry. We strongly encourage our clients to seek employment. Therefore we also provide transportation to employment interviews, perform resume critiques, and provide basic on-the-job readiness training. Clients take personal responsibility for their individual growth by actively participating in training activities, and completing routine household chores.

Servicios de Albergue de Emergencia

Servicios de albergue para indigentes de emergencia para clientes de bajos ingresos en el área del Condado East Harris, Baytown, Condado Liberty y Condado Chambers. Hemos separado los dormitorios para hombres y mujeres por seguridad y privacidad de nuestros residentes. BAHS proporciona tres comidas al día. Nuestro personal de administración de caso profesional y atento proporciona un plan de administración de caso individual para cada cliente poco después de llegar. Alentamos firmemente a nuestros clientes que busquen empleo. Por lo tanto, también proporcionamos transporte para entrevistas de empleo. Realizamos críticas de currículo, y proporcionamos capacitación básica de preparación en el trabajo. Los clientes toman su propia responsabilidad por su crecimiento individual al participar activamente en actividades de capacitación, y completar tareas domésticas de rutina.

Britton-Fuller Family Center

Six apartment style rooms for families including intensive case management services to intact homeless families who require supportive services in order to transition into more permanent housing. Eligibility can be determined by calling the main office at (281) 837-1654. There may be a waiting list.

Centro Familiar Britton-Fuller

Seis habitaciones estilo apartamento para familias que incluyen servicios intensivos de administración de caso para proteger a familias indigentes para cambiar a un alojamiento más permanente. La elegibilidad se puede determinar llamado a la oficina principal al (281) 837-1654. Puede haber una lista de espera.

Employment Services

Pre-employment, post-employment, job readiness, employment maintenance, casework, and classes for current and former clients. We have volunteers who donate their time to do mock interviews, present life-skills classes and assist with post-employment career counseling. BAHS caseworkers provide a job board and work with local employers. These services are available upon request to former, as well as current, clients.

Servicios de Empleo

Pre-empleo, post-empleo, preparación de trabajo, mantenimiento de empleo, trabajo de caso, y clases para

clientes actuales y anteriores. Tenemos voluntarios que donan su tiempo para hacer entrevistas fingidas, presentar clases de habilidades de vida y ayudar con consejo de carrera post-empleo. Los trabajadores de caso BAHS proporcionan una bolsa de trabajo y colaboran con empleadores locales. Estos servicios están disponibles a solicitud para clientes anteriores así como actuales.

Speaker Services - Meeting Room

Bay Area Homeless Services can provide a speaker for any organization that wishes to learn more about homelessness, our services, our programs, and our needs. The Multipurpose Room at the Britton-Fuller Family Center may be reserved for meetings for groups of 25 persons or less. Please call to inquire about available dates and times.

Servicios de Portavoz - Sala de Juntas

Bay Area Homeless Services puede proporcionar un portavoz para cualquier organización que desee aprender más sobre indigencia, nuestros servicios, nuestros programas, y nuestras necesidades. La Sala Multipropósito en el Centro Familiar Britton-Fuller se puede reservar para juntas para grupos de 25 personas o menos. Por favor llame para consultar las fechas y horas disponibles.

BAY AREA TURNING POINT, INC.



Mailing Address:
PO Box 58537
Webster, TX 77589

OFFICE.....(281) 338-7600
24 HOURS(281) 286-2525
WEB.....www.bayareaturningpoint.org
EMAIL Contactus@bayareaturningpoint.com



LEGENDW, M, Fam, Free, Appt req, Esp
HOURS Mon-Thur 8:30am-5:30pm, Fri 8:30am-3pm

Crisis intervention and prevention program for victims of family and/or sexual violence. 24 hour crisis hotline and shelter to provide services to victims. All services are free and confidential.

Programa de intervención y prevención de crisis para víctimas de violencia familiar y/o sexual. Línea de crisis disponible las 24 horas y refugio para brindar servicios a las víctimas. Todos los servicios son gratuitos y confidenciales.

Crisis Intervention Center

210 South Walnut Street
Webster, TX 77598

24 HOURS(281) 286-2525

Crisis shelter for victims of family violence and sexual assault. Includes therapy and victim assistance. Shelter address is confidential. Please use this email address to ask questions about services: Gethelp@bayareaturningpoint.com. For emergency and immediate assistance call the hotline at (281) 286-2525.

Refugio de crisis para víctimas de violencia familiar y acoso sexual. Incluye terapia y asistencia a la víctima. La dirección del refugio es confidencial. Utilice la siguiente dirección de correo electrónico para hacer preguntas sobre los servicios: Gethelp@bayareaturningpoint.com. Para asistencia en situaciones de emergencia e inmediata, llame a la línea de ayuda al (281) 286-2525.

BAYLOR TEEN HEALTH CLINICS



5737 Cullen Blvd.
Houston, TX 77021

MAIN (713) 873-3601
FAX (713) 873-3608
WEB [www.bcm.edu/community/healthcare-
outreach/teen-health-clinic](http://www.bcm.edu/community/healthcare-
outreach/teen-health-clinic)



AREA SERVED Harris County
LEGEND.... Y (ages 13-24), Appt/Walk-ins, Free, Med, Ins, Esp
HOURS Mon-Fri 8am-4:30pm

Baylor College of Medicine Teen Health Clinics offer a broad range of health services to teens and young adults ages 13 through 24.

Las clínicas de salud de Baylor College of Medicine para adolescentes ofrecen una amplia gama de servicios de salud a adolescentes y adultos jóvenes hasta los 24 años.

Bayland Park Teen Health Clinic

6400 Bissonnet Street
Houston, TX 77074

MAIN (713) 274-5348
NEIGHBORHOOD (SW) Gulfton
BUS ROUTES 3, 60, METRORail (red)

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para las infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; evaluación y terapia de salud mental.

Ben Taub Teen Health Clinic

1504 Taub Loop
Houston, TX 77030-1608

MAIN (713) 873-3601
NEIGHBORHOOD (C) Medical Center
BUS ROUTES 28, METRORail (red)

Testing and treatment for sexually transmitted infections, HIV testing, counseling and referrals for treatment; family planning services, pregnancy testing and referral, and postpartum exams; mental health screening and therapy.

Pruebas y tratamiento para las infecciones transmitidas sexualmente, pruebas de VIH, consejería y referencias para el tratamiento, servicios de planificación familiar, examen de embarazo y referencias y exámenes posparto; evaluación y terapia de salud mental.

Cavalcade Teen Health Clinic

3815 Cavalcade St.
Houston, TX 77026-3403

MAIN (713) 673-1655
FAX (713) 673-1549
NEIGHBORHOOD (C) Kashmere Gardens
BUS ROUTES 26

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; mental health screening and therapy.

Pruebas y tratamiento para las infecciones transmitidas sexualmente; pruebas de VIH; servicios de planificación familiar; examen de embarazo; referencia y administración de casos; examen de posparto; evaluación y terapia de salud mental.

Cullen Teen Health Clinic

5737 Cullen Boulevard
Houston, TX 77021

MAIN (713) 440-7313
FAX (713) 440-8358
NEIGHBORHOOD (C) MacGregor
BUS ROUTES 28,29

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; mental health screening and therapy.

Análisis y tratamiento para las infecciones transmitidas sexualmente; pruebas de VIH, consejería y referencia a tratamiento; servicios de planificación familiar; examen de embarazo; referencia y administración de casos, exámenes de posparto; evaluación y terapia de salud mental.

Lawn Teen Health Clinic

8111 Lawn Street
Houston, TX 77088-6323

MAIN (281) 847-9970
FAX (281) 820-3740
NEIGHBORHOOD (N) Acres Home
BUS ROUTES 30, 64

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; mental health screening and therapy.

Análisis y tratamiento para las infecciones transmitidas sexualmente; pruebas de VIH, consejería y referencia a tratamiento; servicios de planificación familiar; examen de embarazo; referencia y administración de casos, exámenes de posparto; evaluación y terapia de salud mental.

Margaret Long Wisdom High School

6529 Beverly Hill Street
Houston, TX 77057-6406

MAIN (713) 556-5705
FAX (713) 556-9539
NEIGHBORHOOD (SW) Gulfton
BUS ROUTES 47

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades

menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; exámenes post-parto; evaluación y terapia de salud mental..

Tejano Center for Community Concerns

2950 Broadway Street
Houston, TX 77017-1706

MAIN (713) 640-3730
FAX (832) 536-1473
NEIGHBORHOOD (SE) Park Place
BUS ROUTES 50

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV testing, counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; evaluación y terapia de salud mental.

Worthing High School Teen Clinic

9215 Scott Street
Houston, TX 77051-3302

MAIN (713) 556-5348
FAX (713) 556-6033
NEIGHBORHOOD (SE) Sunnyside
AREA SERVED Students of Worthing High School only
BUS ROUTES 54, 87

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV testing, counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; sports physicals; mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; examen físico deportivo; evaluación y terapia de salud mental.

THE BEACON

John S. Dunn Outreach Center

1212 Prairie Street
Houston, TX 77002

MAIN (713) 220-9737
WEB www.beaconhomeless.org



NEIGHBORHOOD (C) Downtown
BUS ROUTES 6, 11, 51, 52, 137, Project Access bus, METRORail (red)
LEGEND All, Free, Homeless, Ltd



The Beacon is a non-profit organization that serves individuals experiencing homelessness by providing daily services, civil legal aid, counseling and mentoring and housing case management. Our mission is to provide essential and next-step services to restore hope and help end homelessness in Houston.

Entry for all services is through the Day Center, located on Caroline Street.

Meals: Breakfast (7am-9:30am) and hot lunch (11am-12pm) served Thurs-Mon, serving 200 people per meal.

Resource Center: Open Mon, Thurs, and Fri 8am-11am. Phone and device charging is available. Mail services available for clients regularly engaged in other Day Center services.

Laundry: Full-service laundry facility open Thurs-Mon, intake begins at 7am. First come, first served basis.

Coordinated Entry Housing Assessments: Tues and Weds by referral only. Sign-up starts at 7am. Assessments are not guaranteed. Assessors will conduct pre-screening. First come, first served basis. Status checks are available Mon-Fri for individuals who have been assessed. Sign-up starts at 7am. First come, first served basis.

Showers: Five private shower cabins open Thurs-Mon, intake begins at 7am. First come, first served basis.

Civil Legal Aid: To apply for legal services, visit the Day Center on Fridays and ask to sign-up for services. Intake from 7am-9:30am.

Medical and dental services: see Healthcare for the Homeless, page 119.

BEE BUSY INC.



9896 Bissonnet, Suite 625
Houston, TX 77036

MAIN (713) 774-8800
FAX (713) 774-8850
WEB beebusy.org
EMAIL info@beebusy.org



NEIGHBORHOOD (SW) Westwood
BUS ROUTES 152, 65, 68

LEGEND M, W, Y, IRR, SUD, Homeless, Immigrants, Free, Walk-ins, Esp

HOURS Mon-Fri 9am-6pm

Early Diagnosis Program

Services include free HIV, Hepatitis C, and Syphilis counseling, testing and linkage to care; free condom distribution, adolescent HIV/STI/pregnancy prevention; and resources for the homeless. Find us on social media for up to date information!

Los servicios incluyen asesoramiento, pruebas y vinculación para atención gratuitos sobre VIH, Hepatitis C, y Sífilis; distribución gratuita de preservativos, prevención de VIH/ETS/embarazo en adolescentes; y recursos para personas sin hogar. ¡Encuétranos en las redes sociales para obtener información actualizada!

BEE BUSY WELLNESS CENTER



8785 W Bellfort Avenue
Houston, TX 77031-2403

MAIN (713) 771-2292

FAX (713) 771-2294
WEB www.mybbwc.org
EMAIL info@mybbwc.org



NEIGHBORHOOD (SW) Sharpstown
AREA SERVED Harris and Fort Bend counties
BUS ROUTES 8, 46

LEGEND All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Esp
HOURS Mon-Fri 8am-6pm, Sat 8am-3pm
NEED FOR INTAKE Photo ID, Proof of income
and residence, Call for intake

Bee Busy Wellness Center is a Federally Qualified Health Center established in 2009. We provide quality health care for the entire family. Our dedicated group of medical providers work together to ensure that every patient receives high quality, life-extending care, free from stigma and discrimination. Services are provided regardless of ability to pay. No matter your age, family situation or ability to pay - Bee Busy Wellness Center is your partner in affordable healthcare.

Our professional staff provide the following services: family medicine, pediatric care, women's health including OB/GYN, men's health, health screenings, weight management, pharmacy services, x-ray and ultrasound, preventative care, PrEP (Pre-Exposure Prophylaxis) and PEP (Post Exposure Prophylaxis) for HIV prevention, STI screening and treatment, athletic physicals, immunizations/vaccinations, mental health care, health education and enrollment in Qualified Health Plans.

El Centro de Bienestar Bee Busy (Bee Busy Wellness Center) es un centro de salud calificado a nivel federal fundado en 2009. Prestamos atención médica de calidad para toda la familia. Nuestro dedicado grupo de proveedores médicos trabaja en conjunto para garantizar que cada paciente reciba una atención de alta calidad que prolonga la vida, libre de estigma y discriminación. Los servicios se prestan independientemente de la capacidad de pago. Sin importar su edad, situación familiar o capacidad de pago, el Centro de Bienestar Bee Busy es su socio en atención médica asequible.

Nuestro personal profesional presta los siguientes servicios: medicina familiar, atención pediátrica, salud de la mujer que incluye obstetricia (OB)/ginecología (GYN), salud masculina, exámenes médicos, control de peso, servicios de farmacia, radiografías y ultrasonido, atención preventiva, profilaxis previa a la exposición (PrEP) y profilaxis posterior a la exposición (PEP) para la prevención del VIH, detección y tratamiento de infecciones de transmisión sexual (ITS), exámenes físicos deportivos, inmunizaciones/ vacunaciones, atención de salud mental, educación para la salud e inscripción en planes médicos calificados.

BERING SPIRITUAL NETWORK



1440 Harold St.
Houston, TX 77006-3730

MAIN (713) 526-1017
WEB beringchurch.org/outreach
EMAIL donalda@beringchurch.org

NEIGHBORHOOD (C) Montrose
BUS ROUTES 88

Bering Spiritual Support Group

Fellowship Hall

LEGEND Adults, Walk-ins, or affected
HOURS Wed 6:30pm-8:30pm

Potluck dinner and support meetings for persons who are living with or affected by HIV. Parking lot and building entrance are behind the building on Hawthorne Street.

BRAZOS PLACE BEHAVIORAL HEALTH CENTER



1103 North Avenue H
Freeport, TX 77541

MAIN (979) 233-3826
FAX (979) 233-3708
WEB www.brazosplace.org



LEGEND Adults, S\$, Appt/Walk-ins, Waiting list, SUD, Esp
HOURS 24 hour facility
NEED FOR INTAKE Photo ID, Social Security card,
admission forms available online

Brazos Place is a leading residential treatment facility. We treat both men and women, age 18 and older, who meet the admission criteria and want to begin the process of recovery from drugs and alcohol. We accept most private insurance and all Medicaid programs.

Residential treatment facility for both men and women age 18 and up who are indigent with serious alcohol or substance use issues. This is the only facility in Brazoria county that accepts female clients for residential treatment.

Brazos Place es un centro de tratamiento residencial líder. Brindamos atención a hombres y mujeres de 18 años en adelante que cumplan con los criterios de admisión y deseen iniciar el proceso de recuperación del consumo de drogas y alcohol. Aceptamos la mayoría de los seguros privados y todos los programas de Medicaid.

Instalación de tratamiento residencial para hombres y mujeres de 18 años en adelante que sean indigentes con problemas serios de abuso de sustancias. Ésta es la única instalación en el condado Brazoria que acepta a clientes femeninos para tratamiento residencial.

BRENTWOOD COMMUNITY FOUNDATION



Mailing Address:
PO Box 450088
Houston, TX 77045

MAIN (713) 852-1452
WEB www.brentwoodfoundation.org
EMAIL info@brentwoodfoundation.org




Brentwood Community Foundation is a non-profit community-based organization established in 1993 to respond to community needs for affordable housing, health services, economic development and cultural enrichment. The Foundation utilizes government, private sector and foundation support to implement its community programs and services.

Brentwood Community Foundation es una organización comunitaria sin fines de lucro establecida en 1993 para responder a las necesidades de la comunidad en cuanto a vivienda asequible, servicios de salud, desarrollo económico y enriquecimiento cultural. La Fundación utiliza el apoyo del gobierno, el sector privado y otras fundaciones para implementar sus programas y servicios comunitarios.

**Brentwood Project WAITT
(We're All In This Together)**

13033 Landmark Street
Houston, TX 77045

INTAKE (713) 852-2551
FAX (832) 793-0229
NEIGHBORHOOD (S) Central Southwest
AREA SERVED Harris, Fort Bend, Montgomery,
Chambers, Liberty and Waller counties
BUS ROUTES 14
LEGEND All, , Appt/Walk-ins, Free, SUD
HOURS Mon-Thur 9am-5pm, Fri 9am-1pm
NEED FOR INTAKE ID, proof of income, proof of
residence and HIV status

Brentwood Community Foundation provides emergency rent, mortgage and utility assistance, an 18-bed onsite transitional housing facility, nutrition counseling, health education and mental health counseling.

Brentwood Community Foundation ofrece asistencia económica de emergencia a nuestros clientes para el alquiler, la hipoteca y los servicios públicos. Además de una instalación de vivienda de transición con 18 camas. También nuestros servicios incluyen asesoramiento nutricional, educación sobre salud y asesoramiento de salud mental.

THE BRIDGE OVER TROUBLED WATERS



3811 Allen Genoa Rd.
Pasadena, TX 77504-2723

MAIN (713) 472-0753
FAX (713) 472-8759
24 HOURS (713) 473-2801
WEB www.tbotw.org
EMAIL thebridge@tbotw.org



The Bridge is a 24 hour emergency shelter for survivors of domestic abuse and/or sexual assault. Services and programs are offered to help our clients heal mentally, emotionally, physically, and spiritually. Our philosophy focuses on empowering individuals and families to make healthy decisions that will lead to productive lifestyles.

All services are offered without being mandatory. Immediate crisis intervention and advocacy are available on a walk-in basis during our regular business hours. Call the 24 Hour Hotline at (713) 473-2801 for more information and/or to schedule an after hours appointment.

The Bridge es un refugio de emergencia las 24 horas para sobrevivientes de abuso doméstico o agresión sexual. Se ofrecen servicios y programas para ayudar a nuestros clientes a sanar mental, emocional, física y espiritualmente. Nuestra filosofía se centra en empoderar a las personas y a las familias para que tomen decisiones saludables que conduzcan a estilos de vida productivos.

Todos los servicios se ofrecen sin ser obligatorios. Se encuentran disponibles intervenciones y defensa inmediatas en situaciones de crisis sin cita previa durante nuestro horario de atención habitual. Llame a la línea directa las 24 horas al (713) 473-2801 para obtener más información o programar una cita fuera del horario de atención.

Baytown Office

8203 John Martin Road
Baytown, TX 77521

MAIN (281) 420-5600
24 HOURS (713) 473-2801
AREA SERVED Harris County including Pasadena,
Jacinto City, South Houston, Channelview,
La Porte, Deer Park, Galena Park, Baytown, Highlands
LEGEND W, Fam, Appt req, Free, Esp
HOURS Office: Mon-Fri 9am-4pm,
Shelter open 24 hours

We offer individual counseling and support groups for children and adults, legal advocacy, legal accompaniments, casework, supportive family services and education, as well as outreach for the community.

Refugio de Emergencia Ofrecemos asesoría individual, grupos de apoyo, defensa legal, acompañamiento legal, trabajo de caso, servicios familiares de apoyo y educación y compromiso para la comunidad.

CAREER AND RECOVERY RESOURCES



2525 San Jacinto St.
Houston, TX 77002-9131

MAIN/INTAKE (713) 754-7000
WEB www.careerandrecovery.org
EMAIL info@CareerRecovery.org



NEIGHBORHOOD (C) Midtown
BUS ROUTES 54, 11, METRORail (red)

It is the mission of Career and Recovery Resources, Inc. to break barriers for people experiencing substance abuse, unemployment, underemployment, and housing instability, with focused services for youths, Veterans, people with disabilities, and those referred from the criminal justice system.

Alternative Outpatient Substance Use Treatment

LEGEND Adults, SUD, IRR, S\$, Med, Financing available
HOURS Mon-Thur 9am-9pm, Fri 9am-5pm
NEED FOR INTAKE Call for intake, attend orientation,
commit to the 90-day program

This program offers both group and individual counseling sessions, providing essential topics to strengthen participants' support systems. In our counseling sessions, conducted in a supportive environment, individuals receive guidance, education, and skills aimed at transforming their relationship with substances, empowering them to determine how they utilize this support to progress positively in their lives.

Our treatment locations are community-based, easily accessible and offer trauma-informed care in a safe environment for all genders. Services are provided through case management which offer employment and housing assistance, and referrals to any other resources needed during treatment and post-recovery.

Fees are based on a sliding scale. No one is denied services due to an inability to pay. Free HIV education and testing services are provided to all clients.

Additional locations in Brookshire and Hempstead, for information call (832) 563-6756.

- 531 FM 359 South, Brookshire 77423
- 925 5th Street, Hempstead 77445

1st Offender DWI Education Court Ordered Program offered at 2525 San Jacinto. Payment due at first class, call for more info.

Employment Services

LEGEND..... M, W, Y, Free, Walk-ins
HOURS Mon-Thur 10am-3pm, Fri 9am-1pm

Employment and Supportive Services provides resources and training to help individuals secure and maintain meaningful work. ESS offers comprehensive support by combining resources, case management, transportation support, substance use treatment, and resource referrals to ensure individuals have access to essential support such as healthcare, food assistance, legal aid, and housing resources. Additional services include adult literacy, computer and GED classes, and youth employment services.

Our services help those with significant barriers to employment and stability. We work to help you find a job, receive training, and earn certifications. We offer specialized employment and on-the-job training for people experiencing homelessness or those accessing housing.

Supportive Services for Veteran Families (SSVF)

LEGEND.....Veterans, Free, Financing available
NEED FOR INTAKE Photo ID, Social security card for all family members, Proof of veteran status, Proof of income, SSI/SSDI documentation

SSVF provides Military personnel, Veterans and their families with the tools and support needed to achieve successful civilian careers and housing stability. Transitioning from military to civilian life can be challenging. CRR assists with job training and placement services by providing individualized, holistic plans to help each participant succeed. The plan serves the needs of the whole family with the goal of achieving job placement, retention and long-term financial stability.

We serve transitioning military members, Reservists, National Guard Members, Veterans of all eras and ranks, military and veteran spouses, and dependents under 25 living with a veteran or military sponsor.

The program includes emergency temporary financial assistance, placement and screening services, skills analysis and soft skills programs, and Retention Services: assistance and follow-up to ensure a successful placement.

Our Returning JPMorgan Chase Veterans Program, helps all veterans (regardless of homeless status or type of discharge) to find and retain employment.

CASA DE ESPERANZA DE LOS NIÑOS, INC.

2911 Corder St, Building A
Houston, TX 77054

Mailing Address:
PO Box 301209
Houston, TX 77230

MAIN/INTAKE (713) 529-0639
FAX (713) 529-9179
WEB www.casahope.org
EMAIL..... casa@casahope.org



NEIGHBORHOOD (C) Medical Center
LEGEND..... C, Fam, Free, Esp
HOURS Mon-Fri 9am-5pm; available 24 hours for emergencies
NEED FOR INTAKE Person with legal authority to place the child

Casa de Esperanza de los Niños strives to break the cycle of child abuse and neglect for at-risk infants, children and their families by providing comprehensive residential and family support programs that transform people and communities.

Foster Care offers immediate safety for at-risk children, primarily newborn to six years old, whose families are in crisis. Children receive care in trauma-informed, loving homes where we address their basic needs including healthcare, assess any developmental deficits, and follow individualized plans to help them reach appropriate developmental milestones.

Family Support Services provides placing parents with individualized case management, coaching, and support, both while children are in our care and after families are reunified. We offer caregivers the tools they need to provide a safe, stable, and nurturing home.

Prevention Program supports families under stress before foster care becomes necessary, and intervention services for families who decline foster care placement but remain at risk for abuse and neglect. Services include intensive, crisis-focused case management services and trauma-informed Positive Parenting classes and coaching.

Post-Permanency offers support and services to families who have transformed their lives to care for a child in need through adoption, permanent conservatorship, or other similar arrangements.

Casa de Esperanza de los Niños se esfuerza por romper el ciclo de abuso y negligencia infantil en bebés, niños y familias en riesgo, brindando programas integrales de apoyo residencial y familiar que transforman a las personas y comunidades

Se ofrece seguridad inmediata mediante cuidado sustituto a niños en situaciones de riesgo, principalmente desde recién nacidos hasta los seis años, cuyas familias están en circunstancias de crisis. Los niños reciben atención en hogares amorosos y especializados en trauma donde atendemos sus necesidades básicas (incluyendo atención médica), evaluamos cualquier déficit del desarrollo y seguimos planes individualizados para ayudarles a alcanzar las etapas correspondientes del desarrollo.

Los servicios de apoyo familiar brindan a los padres adoptivos administración de casos individualizados, preparación y apoyo, tanto mientras los niños están bajo nuestro cuidado como después de que las familias se reunifiquen. Ofrecemos a los cuidadores las herramientas que necesitan para ofrecer un hogar seguro, estable y acogedor.

El Programa de Prevención apoya a las familias bajo estrés antes de que sea necesario el cuidado sustituto; también ofrece servicios de intervención para familias que rechazan la colocación en cuidado sustituto, pero siguen corriendo riesgo de abuso y negligencia. Los servicios incluyen servicios intensivos de administración de casos centrados en situaciones de crisis, así como clases y preparación especializados en trauma sobre crianza positiva.

Permanencia posterior ofrece apoyo y servicios a familias que han transformado sus vidas para cuidar a un niño necesitado a través de la adopción, curatela permanente u otros acuerdos similares.

CATHOLIC CHARITIES OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



2900 Louisiana Street
Houston, TX 77006-3435

MAIN (713) 526-4611
FAX (713) 524-1904

WEBwww.catholiccharities.org
EMAIL.....hope@catholiccharities.org



NEIGHBORHOOD(C) Midtown
BUS ROUTES 82
LEGEND..... M, W, Fam, S\$, Appt only, Esp
HOURS Mon-Fri 8am-5pm

Catholic Charities of the Archdiocese of Galveston-Houston brings help and hope to people in need, especially the poor and vulnerable. Through a network of programs that work together to alleviate poverty, we serve 100,000 people each year from locations in Harris, Fort Bend and Galveston counties. As the social services arm of the Archdiocese, we are guided by the Catholic faith to serve people of all beliefs in achieving self-sufficiency so they can live with dignity.

Caridades Católicas de la Arquidiócesis de Galveston-Houston brinda ayuda y esperanza a las personas necesitadas, especialmente a los pobres y vulnerables. A través de una red de programas que trabajan en conjunto para mitigar la pobreza, atendemos a 100,000 personas cada año desde sedes en los condados de Harris, Fort Bend y Galveston. Como rama de servicios sociales de la Arquidiócesis, nos guiamos por la fe católica para atender a personas de todas las creencias con el fin de lograr la autosuficiencia para poder vivir con dignidad.

Counseling Services

MAIN (713) 874-6590
NEED FOR INTAKE.....Proof residence and income, photo ID,
Social Security card (if available)

Provides individual, couple and family counseling, as well as workshops/presentations for men, women and children. These services are provided by licensed clinicians including marriage and family therapists, clinical social workers, and professional counselors. Services available at multiple locations and virtually. Free counseling and mental health support for veterans and their dependents.

Ofrece consejería individual, para parejas y familiar, así como talleres y presentaciones para hombres, mujeres y niños. Estos servicios son prestados por médicos clínicos autorizados, incluyendo terapeutas matrimoniales y familiares, trabajadores sociales clínicos y consejeros profesionales. Servicios disponibles en varias sedes y de forma virtual. Consejería gratuita y apoyo de salud mental para veteranos y sus dependientes.

Food Distribution

326 S. Jensen Dr.
Houston, TX 77003

MAIN (713) 251-6919
NEIGHBORHOOD (C) Second Ward
BUS ROUTES 6, 30, 48
LEGEND..... M, W, Fam, Free, Esp
HOURS Dates and hours vary
NEED FOR INTAKE..... First time clients must bring a photo ID
and a bill confirming address


Food distribution bags and drive thru distribution by appointment. Community food fairs, no appointment needed, bring bags. Call or go online for more information.

Bolsas de distribución de alimentos y distribución en automóvil mediante cita previa. Ferias comunitarias de alimentos. No es necesario hacer concertar una cita, solo traer bolsas. Llame o visite nuestra página web para obtener más información.

Stable Homes (a.k.a. HIV/AIDS Ministry)

HOUSING ASST HOTLINE:(713) 874-6724

AREA SERVED..... Austin, Brazoria, Fort Bend, Galveston,
Grimes, Harris, Montgomery, San Jacinto,
Walker, and Waller counties

LEGEND  Free, Appt req, Esp
NEED FOR INTAKE..... Proof of HIV status, residence and
income, photo ID, Social Security
card (if available)

The Stable Homes Program prevents homelessness by providing rental assistance to low income families and individuals who are threatened with eviction, including those living with HIV. We work with each family to develop and implement a plan to achieve self-sufficiency, connecting them with other Catholic Charities and community resources.

El Programa de Hogares Estables previene la falta de vivienda proporcionando asistencia de alquiler, hipotecas, y pagos por las utilidades a familias e individuos que califiquen, incluyendo personas de bajos recursos viviendo con el VIH/SIDA, y que estén en riesgo de ser desalojados por falta de pagos. Trabajamos con cada familia para desarrollar e implementar un plan de servicios de manera sistemática que los ayude hacer autosuficientes, conectándolos con otras organizaciones benéficas católicas y recursos comunitarios.

Housing Program

LEGENDM, W, Fam, Ltd, Esp

Services to help families on the verge of becoming homeless, or who have already experienced homelessness. The program provides limited rent and utility assistance and connections to services that contribute to housing stability, such as employment readiness, financial literacy, counseling and childcare. This program provides one-time assistance only, subject to applicant eligibility and the availability of funds. Rapid Re-Housing (RRH) for those experiencing homelessness; must apply for RRH with Coordinated Access through The Way Home. Rental/housing assistance program for women Veterans in crisis.

Servicios para ayudar a familias que están al borde de quedarse sin vivienda o que ya han experimentado la falta de vivienda. El programa ofrece asistencia limitada con el alquiler y los servicios públicos, así como conexiones a servicios que contribuyen a la estabilidad de la vivienda, tales como preparación laboral, educación financiera, consejería y cuidado infantil. Este programa brinda asistencia por única vez, sujeto a la elegibilidad del solicitante y la disponibilidad de fondos. Programa de Realojamiento Rápido para aquellos que experimentan falta de vivienda; deben presentar una solicitud al Programa RRH con acceso coordinado a través de The Way Home. Programa de asistencia con el alquiler y vivienda para mujeres veteranas en situaciones de crisis.

Refugee Services

MAIN(713) 874-6516

Provides free services to eligible government-approved refugees from all backgrounds, including assistance with public benefits, medical, and financial needs in addition to employment, vocational and immigration services. Eligible clients include refugees, asylees, Cuban-Haitian entrants, victims of trafficking, and Special Immigrant VISA (SIV) holders from Afghanistan and Iraq. Must be within Office of Refugee Resettlement five-year eligibility period.

Presta servicios gratuitos a refugiados elegibles con aprobación gubernamental de todos los orígenes, incluyendo asistencia con

beneficios públicos, necesidades médicas y financieras, además de servicios de empleo, vocacionales y de inmigración. Los clientes elegibles incluyen refugiados, asilados, inmigrantes cubano-haitianos, víctimas de trata de personas y titulares de visas especiales de inmigración (SIV) provenientes de Afganistán e Irak. Debe estar dentro del período de elegibilidad de cinco años fijado por la Oficina de Reasentamiento de Refugiados.

Mamie George Community Center

1111 Collins Road
Richmond, TX 77469

MAIN (281) 202-6200
FAX (281) 202-6299
AREA SERVED Fort Bend County

LEGEND..... M, W, Fam, Free, Esp
HOURS Mon-Fri 9am-5pm
NEED FOR INTAKE Registration &/or appointment required for some services

Provides vulnerable Fort Bend families and seniors food, rent and utility assistance, as well as a sense of community.

Brinda a familias y adultos mayores vulnerables de Fort Bend asistencia alimentaria, con el alquiler y los servicios públicos, así como un sentido de comunidad.

Food: Provides Fort Bend families in need with weekday opportunities to pick up food via monthly food fairs, weekly drive-thru food distributions or make an appointment to shop for their own groceries. All those in need of food assistance are welcomed to register by texting HFBPS to 855-788-3663, then select Catholic Charities - Richmond. Call for more information.

Alimentos: Brinda a las familias necesitadas de Fort Bend oportunidades entre semana para recoger alimentos mediante ferias de alimentos mensuales, distribuciones de alimentos semanales en automóvil o concertaciones de citas para comprar sus propios víveres. Todos aquellos que necesiten asistencia alimentaria pueden registrarse enviando un mensaje de texto con la palabra HFBPS al 855-788-3663 y luego seleccionar "Catholic Charities – Richmond". Llame para obtener mayor información

Rent and Utility Assistance: This program provides one-time assistance only, subject to applicant eligibility and the availability of funds.

Programa de Asistencia con el Alquiler y los Servicios públicos: Este programa brinda asistencia por única vez, sujeto a la elegibilidad del solicitante y la disponibilidad de fondos.

Senior Program: We support seniors in their efforts to stay healthy and active, volunteer, build friendships and live independently. Support offered includes loving, listening hearts for otherwise-isolated seniors, health and welfare monitoring, case management, nutrition education, exercise classes, social activities, referrals for mental health, benefits enrollment and/or restoration, social and spiritual needs, and emergency assistance. Sign up for a membership to participate in these activities.

Programa para Adultos Mayores: Apoyamos a los adultos mayores en sus esfuerzos por mantenerse saludables y activos, ser voluntarios, crear amistades y vivir de forma independiente. El apoyo ofrecido incluye corazones amorosos y atentos para adultos mayores que, de otro modo, estarían aislados; monitoreo de salud y bienestar; administración de casos; educación nutricional; clases de ejercicios físicos; actividades sociales; remisiones para salud mental, inscripción o restauración de beneficios; necesidades sociales y espirituales;

y asistencia en situaciones de emergencia. Regístrese para obtener una membresía y participar en estas actividades.

Women Veterans: The Women Veterans Program provides peer-to-peer mentoring and support groups, as well as financial assistance for rent, mortgage, food, employment and education guidance, and other services. Free counseling and mental health support for veterans and their dependents.

Programa para Mujeres Veteranas: El Programa para Mujeres Veteranas ofrece mentoría entre pares y grupos de apoyo, así como asistencia financiera con el alquiler, hipoteca, alimentación, orientación laboral y educativa, y otros servicios. Consejería gratuita y apoyo de salud mental para veteranos y sus dependientes

Beacon of Hope Center

AREA SERVED..... Galveston County
LEGEND M, W, Fam, Appt req, Esp
NEED FOR INTAKE..... Proof residence and income, photo ID, Social Security card (if available)

4700 Broadway, Suite B-101
Galveston, TX 77551

MAIN(409) 762-2064

712 5th Ave. North
Texas City, TX 77590

MAIN(409) 948-0405

We provide food, rent, utility, medication and financial assistance and support services aimed at returning individuals and families to self-sufficiency.

Ofrecemos servicios de apoyo y asistencia con alimentos, alquiler, servicios públicos, medicamentos y financiera con la finalidad de que las personas y las familias vuelvan a ser autosuficientes.

CENIKOR FOUNDATION



11931 Wickchester Ln,
Houston, TX 77043

MAIN(888) 236-4567
FAX(713) 780-3191
TTY(877) 243-2823
WEB.....www.cenikor.org
EMAILinfo@cenikor.org



Cenikor is committed to helping people with substance use disorders and behavioral health issues by offering high-quality, affordable treatment services. Cenikor provides a full continuum of care to meet the individualized needs of each client including: Inpatient and Outpatient Detox, Short-Term Inpatient, Adult Outpatient, Adolescent Inpatient, Adolescent Outpatient, Medication Assisted Treatment for Opioid Use Disorder, and Sober Living programs throughout Texas and New Mexico. Cenikor is a 501(c)(3) non-profit organization, proudly serving more than 1,000 clients weekly to achieve better health and better lives.

Cenikor se compromete a ayudar a las personas con trastornos por consumo de sustancias y problemas de salud comportamental ofreciendo servicios de tratamiento económicos y de alta calidad. Cenikor brinda una serie continua completa de atención para satisfacer las necesidades individualizadas de cada cliente, que incluye lo siguiente: desintoxicación para pacientes hospitalizados y ambulatorios, pacientes hospitalizados a corto plazo, pacientes ambulatorios

adultos, pacientes hospitalizados adolescentes, pacientes ambulatorios adolescentes, tratamiento asistido con medicamentos para trastornos por consumo de opioides y programas de sobriedad en todo Texas y New Mexico. Cenikor es una organización sin fines de lucro cobijada por la sección 501(c)(3) que orgullosamente atiende a más de 1,000 clientes cada semana para lograr una mejor salud y una mejor vida.

Houston Treatment Center

4525 Glenwood Ave.
Deer Park, TX 77536

MAIN (281) 476-0088
FAX (281) 476-5581
INTAKE (888) 236-4567
NEIGHBORHOOD (SE) Deer Park
LEGEND.....M, W, IRR, SUD, Walk-ins, Med, Flat, Ins,
Cash/Card, Financing avail,
HHSC if qualified, Esp
HOURS 24 hours
NEED FOR INTAKE..... 2 forms of ID, Social Security card,
Ins card, Proof of income and residence

Detoxification: Medically-supported detoxification services help stabilize clients going through active withdrawal symptoms associated with substance use disorders. Both intensive inpatient and outpatient detox services are available. Professional assistance is especially important in this critical period and includes medication to minimize withdrawal symptoms, individualized treatment and counseling. Before leaving the program, clients receive a discharge plan and aftercare referrals, including a 12-step support group such as AA or NA. Cenikor's commitment to long-term recovery begins with safe and successful detox.

Desintoxicación: Los servicios de desintoxicación bajo supervisión médica ayudan a estabilizar a los clientes que experimentan síntomas de abstinencia activa asociados con trastornos por consumo de sustancias. Los servicios de desintoxicación están disponibles tanto para pacientes internados como para pacientes ambulatorios. La asistencia profesional es especialmente importante en este período crítico e incluye medicamentos para minimizar los síntomas de abstinencia, tratamiento y consejería individualizados. Antes de dejar el programa, los clientes reciben un plan de alta y remisiones para atención posterior, incluyendo un grupo de apoyo para los 12 pasos tal como Alcohólicos Anónimos (AA) o Narcóticos Anónimos (NA). El compromiso de Cenikor con la recuperación a largo plazo comienza con una desintoxicación segura y exitosa.

Short-Term Residential: Adult Short-Term Inpatient programs provide non-emergency care and treatment for people with substance use disorders and related behavioral health disorders. Comprehensive, individualized treatment plans include assessment, screening, individual and group counseling, life skills training and education for family members. Participants may take advantage of smoking-cessation and other educational opportunities. By completion of treatment, clients are introduced to community and social support groups, including 12-step programs such as AA and NA. A thorough discharge plan includes referrals to aftercare programs that lead to successful, long-term recovery.

Tratamiento Residencial a Corto Plazo: Los programas para pacientes internados adultos a corto plazo brindan atención y tratamiento sin carácter de emergencia a personas que padecen trastornos por el consumo de sustancias y trastornos de salud comportamental relacionados. Los planes individualizados e integrales de tratamiento incluyen

evaluación, detección, consejería individual y grupal, capacitación en habilidades para la vida y educación para familiares. Los participantes pueden aprovechar las oportunidades para dejar de fumar y otras de tipo educativo. Al finalizar el tratamiento, se introduce a los clientes a grupos de apoyo comunitarios y sociales, incluyendo programas de 12 pasos tales como Alcohólicos Anónimos (AA) o Narcóticos Anónimos (NA). Un plan de alta exhaustivo incluye remisiones a programas de atención posterior que conducen a una recuperación exitosa y a largo plazo.

Long-Term Residential: Adult Long-Term Residential treatment programs are designed for people who are physically ready, mentally capable and willing to participate in all aspects of the recovery process. Assisting clients with completing their education and finding a job suited to their talents and skills are essential elements, unique to our program, that help clients achieve independence. Our therapeutic community model uses peer influence and professional clinical counseling to help clients change the attitudes, behaviors and perceptions associated with substance use disorders.

Tratamiento Residencial a Largo Plazo: Los programas de tratamiento residencial a largo plazo para adultos están pensados para personas que estén preparadas físicamente, que sean capaces mentalmente y que estén dispuestas a participar en todos los aspectos que comprende el programa de recuperación. Ayudar a los clientes a finalizar su educación y encontrar un trabajo adecuado a sus talentos y habilidades son elementos esenciales y exclusivos de nuestro programa que ayudan a los clientes a lograr su independencia. Nuestro modelo de comunidad terapéutica se vale de la influencia de pares y consejería clínica profesional para ayudar a los pacientes a cambiar las actitudes, comportamientos y percepciones vinculados con trastornos por el consumo de sustancias.

Adolescent Residential Treatment

5629 Grapevine Street
Houston, TX 77085-3816

MAIN (713) 726-0922
FAX (713) 726-0988
INTAKE (888) 236-4567
NEIGHBORHOOD (SW) Central Southwest
BUS ROUTES..... 49
LEGEND Y, SUD, Appt req, Med, Flat, Ins, Cash/Card,
Financing avail, HHSC if qualified, Esp
HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE..... 2 forms of ID, Social Security card,
Ins card, Proof of income and residence

Cenikor's Adolescent Inpatient program provides treatment and education to adolescents ages 13-17 and their families whose lives have been impacted by substance use disorders. Cenikor offers comprehensive and quality services to achieve lasting changes in the values and behaviors of youth, to create healthy lifestyles and healthy families.

Clients learn how to live with a structure as behaviors and attitudes are addressed by peers and counselors. In addition to individual, group and family therapy, teens continue their education with qualified teaching staff in our on-site accredited school. Call for more information.

El programa para pacientes internados adolescentes que ofrece Cenikor brinda tratamiento y educación a aquellos adolescentes de entre 13 y 17 años y a sus familias, cuyas vidas se han visto afectadas por los trastornos por el uso de sustancias adictivas. Cenikor ofrece servicios integrales y de calidad a fin de lograr cambios duraderos en los valores y las conductas de los

jóvenes y así promover estilos de vida saludables y familias sanas.

Los pacientes aprenden cómo vivir dentro de una estructura, ya que se abordan las conductas y las actitudes por medio de pares y terapeutas. Además del tratamiento individual, grupal y familiar, los adolescentes continúan su educación con personal docente calificado en nuestra escuela acreditada en el lugar. Los guiamos durante su recuperación y los ayudamos a convertirse en personas adultas responsables en la recuperación a largo plazo, al mismo tiempo que ellos aprenden cómo divertirse en estado de sobriedad. Comuníquese con nosotros hoy mismo para obtener más información

CHRIST CLINIC



25722 Kingsland Blvd., Suite 111
Katy, TX 77494

MAIN (281) 391-0190
FAX (281) 391-4178
PHARMACY (281) 784-0435
WEB christclinic Katy.org
EMAIL info@christclinic Katy.org



LEGEND Adults, Uninsured, Flat fee, Appt/Walk-ins, Esp
HOURS Mon-Thur 9am-5pm, Fri 9am-3pm
NEED FOR INTAKE Photo ID, Proof of income

Non-profit clinic that serves adults who are unable to receive necessary medical care without insurance. Patients contribute to the cost of care - Total Care: \$25 for the initial visit and \$15 for all follow up visits. Express Care visit: \$50. Low cost primary and preventive care, women's health, mental health services, pharmacy and medication assistance, and health education.

Clínica médica de sin fines de lucro al servicio de personas adultas que no pueden recibir una atención médica adecuada sin seguro. Los pacientes contribuyen con los costos de cuidado - Cuidado total: \$25 por la visita inicial y \$15 por todas las visitas de seguimiento. Visita de atención exprés: \$50. Bajo costo atención primaria y preventiva, salud de la mujer, servicios de salud mental, farmacia y asistencia con medicamentos, y educación para la salud.

CHRISTIAN COMMUNITY SERVICE CENTER (CCSC)



Mailing Address:
PO Box 27924
Houston, TX 77227-2924

MAIN (713) 961-3993
FAX (713) 961-1548
WEB www.ccschouston.org
EMAIL ccsc@ccschouston.org



CCSC has a 44-year history of serving community members in need. We operate several programs concentrating on three overlapping areas: Basic Needs (two full-service centers with food pantries), Employment (helping clients skill-build, find work, and increase household income), and Children (targeting the basic needs of young persons).

CCSC tiene una historia de 44 años de servicio a los miembros de la comunidad que lo necesitan. Operamos varios programas que se concentran en tres áreas superpuestas: necesidades

básicas (dos centros de servicio completo con despensas de alimentos), empleo (ayuda a los clientes a desarrollar habilidades, encontrar trabajo y aumentar los ingresos familiares) y niños (enfocados en las necesidades básicas de los jóvenes).

Back To School

Location varies, call for information
AREA SERVED 77002, 77003, 77004, 77005, 77006,
77007, 77009, 77010, 77011, 77012, 77016,
77019, 77020, 77021, 77023, 77025, 77026,
77027, 77028, 77029, 77030, 77031, 77033,
77036, 77046, 77056, 77057, 77072, 77074,
77081, 77096, 77098, 77401

LEGEND Students entering Pre K through Grade 12, Esp
HOURS Seasonal-annual registration in early May;
program in early August

NEED FOR INTAKE Photo ID for parent/guardian, proof of residence; birth certificates for children

Back To School helps prepare 4,000 students for the academic year by offering high quality school supply packages, gift cards to purchase new clothing/uniforms/shoes, and new backpacks. Call in April for location and schedule.

Back To School ayuda a preparar a 4.000 estudiantes para el año académico al ofrecer paquetes de suministros escolares de alta calidad (grados PK a 12), tarjetas de regalo para comprar ropa nueva / uniformes / zapatos, y mochilas nuevas. Llamar en abril por su ubicación y horario.

Emergency Services (locations listed below)

INTAKE (713) 871-9741
AREA SERVED 77002, 77003, 77004, 77005, 77006,
77007, 77010, 77011, 77012, 77019, 77020,
77021, 77023, 77025, 77026, 77027, 77028,
77030, 77031, 77036, 77046, 77056, 77057,
77072, 77074, 77081, 77096, 77098, 77401

LEGEND All, Free, Walk-ins, Appt req for financial asst, Esp

NEED FOR INTAKE Photo ID, Proof of residence, add'l documentation may be required

The Emergency Services program offers basic necessities to our neighbors in need including nutritious 5-day grocery packages based upon household size and client preferences; fresh produce from our garden (seasonal, as available); hygiene packages; gently-used clothing and shoes; financial assistance for rent or utilities; diapers; information and referrals. Limited medical assistance (dental, prescriptions and vision).

Servicios de emergencia (ubicaciones listadas a continuación)

El programa de Servicios de Emergencia ofrece necesidades básicas a nuestros vecinos, incluyendo paquetes nutritivos de comestibles de 5 días basados en el tamaño del hogar y las preferencias del cliente; productos frescos de nuestro jardín (estacional, según disponibilidad); paquetes de higiene; ropa y zapatos usados suavemente; asistencia financiera para alquiler o servicios públicos; pañales; información y referencias. Asistencia médica limitada (dental, recetas y visión).

Emergency Services - Central

3434 Branard Street
Houston, TX 77027

NEIGHBORHOOD (C) Greenway Plaza
HOURS Mon-Fri 10am-1pm, Sat 9am-Noon

Emergency Services - Southwest

6856 Bellaire Blvd.
Houston, TX 77074

NEIGHBORHOOD(SW) Sharpstown
BUS ROUTES 2, 9, 47, 402
HOURS Mon-Fri 10am-2pm, Sat 9am-Noon

Home Caregiver Training Program

INTAKE (346) 446-5247
LEGEND Adults, Free
HOURS Mon-Thur 8:30am-4:30pm
NEED FOR INTAKE State issued ID

Vocational training program that prepares individuals for a successful career as a caregiver for older adults and others who need assistance with daily activities. Students will learn roles of caregivers, professional behavior and communication, safety and infection control, technical skills and basic business strategies to launch their own private duty business as caregivers.

Jingle Bell Express

AREA SERVED 77002, 77003, 77004, 77005,
77006, 77007, 77009, 77010, 77011, 77012,
77016, 77019, 77020, 77021, 77023, 77025,
77026, 77027, 77028, 77029, 77030, 77031,
77033, 77036, 77046, 77056, 77057, 77072,
77074, 77081, 77096, 77098, 77401
LEGEND Fam w/children ages 0-15, Free, Ltd
HOURS Check website in Sept for details
NEED FOR INTAKE Photo ID for parent, proof of
residence, birth record for each child

Jingle Bell Express is a holiday program serving families with children. Each child receives a primary toy/gift and new books. Each family receives a gift card for purchasing groceries.

"Jingle Bell Express" es un programa de vacaciones que sirve a familias con niños. Cada niño recibe un juguete/regalo principal y libros nuevos. Cada familia recibe una tarjeta de regalo para comprar comestibles.

Martha's Way

INTAKE (713) 328-0160
LEGEND Adults, Free, Esp

Martha's Way is a vocational training program offered in Spanish that helps participants learn how to run their own professional housekeeping business. We provide free classes in professional development, business skills, technical housekeeping skills, workplace safety, and an optional "ESL for Housekeeping" class. Martha's Way is offered in various locations and is not restricted by zip code.

Martha's Way es un programa de formación profesional que se ofrece en español que ayuda a los participantes a aprender a dirigir sus propios negocios profesionales de limpieza. Ofrecemos clases gratuitas de desarrollo profesional, habilidades empresariales, habilidades técnicas de limpieza, seguridad en el lugar de trabajo y una clase opcional "ESL for Housekeeping". Martha's Way se ofrece en varios lugares y no está restringido por código postal.

CITY OF HOUSTON COMMUNITY RE-ENTRY NETWORK PROGRAM

Kashmere Multiservice Center
4802 Lockwood Drive
Houston, TX 77026



MAIN(832) 393-5467
FAX(832) 393-5566
WEB www.houstonhealth.org/services/community-re-entry
EMAIL hdhhs.reentry@houstontx.gov
NEIGHBORHOOD (C) Kashmere Gardens
BUS ROUTES 3, 80

LEGEND Adult ex-offenders, SUD, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm; hours vary for evening classes

If you have been recently released from incarceration and are seeking a second chance at employment and new opportunities, contact us. We may be able to help!

The Community Re-Entry Network Program is a program of the Houston Health Department. Our caring, multi-disciplinary staff is committed to addressing the needs of the whole person with innovative, evidence-based programming and linkage to services designed to meet the needs of formerly incarcerated persons, and interrupting the cycle of recidivism.

The Community Re-Entry Network Program works in partnership with the community to assess, plan, and implement effective strategies to reduce recidivism, increase public safety, and successfully assist and support ex-offenders in their transition in becoming productive, contributing members of the Houston community. Program components include case management, family reunifications, one-on-one counseling and peer support groups, life skills courses, job readiness and career development, as well as transportation assistance and linkage to resources and services including healthcare, ACA enrollment and more.

Additionally, the Community Re-Entry Network Program offers a SAMHSA-approved, 12-hour anger management program and state-approved 15-hour Texas Drug Offender Education course at affordable rates. Call or email to learn more.

Si usted ha sido recientemente liberado de encarcelamiento y está buscando una segunda oportunidad de empleo y nuevas oportunidades, comuníquese con nosotros. ¡Tal vez podamos ayudarle!

El Programa Community Re-Entry Network es un programa del Departamento de Salud de Houston. Nuestro personal multidisciplinario y afectuoso está comprometido a abordar las necesidades de la persona integral mediante una programación innovadora de base empírica y vinculación con servicios concebidos para satisfacer las necesidades de las personas anteriormente encarceladas e interrumpir el ciclo de reincidencia.

El Programa Community Re-Entry Network trabaja en asociación con la comunidad con el fin de evaluar, planificar e implementar estrategias efectivas para reducir la reincidencia, reforzar la seguridad pública, así como ayudar y apoyar de manera satisfactoria a antiguos delincuentes en su transición para convertirse en miembros productivos y contribuyentes de la comunidad de Houston.

Los componentes del programa incluyen administración de casos, reunificaciones familiares, consejería individualizada y grupos de apoyo entre pares, cursos de habilidades para la vida, preparación laboral y desarrollo profesional, así como asistencia con el transporte y vinculación con recursos y servicios que incluyen atención médica, inscripción en ACA y más.

Además, el Programa Community Re-Entry Network ofrece un programa de manejo de la ira de 12 horas aprobado por la Administración de Servicios de Salud Mental y Contra el Abuso de Sustancias (SAMHSA) y un curso de educación para

delincuentes por drogas de Texas de 15 horas aprobado por el estado a tarifas económicas. Llame o envíe un correo electrónico para obtener más información.

COALITION FOR BARRIER FREE LIVING

WEB hcil.cc



LEGEND.....All, Disabled, Free, Walk-ins

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer to peer counseling, independent living skills training, information and referral, individual and systems advocacy, post-secondary transition services for youth with disabilities, Deaf and hard of hearing services, housing assistance, employment assistance for SSI and SSDI beneficiaries, Assistive Technology (AT) training; AT and durable medical equipment (DME) financial assistance, relocation services to the community for people with disabilities living in nursing homes.

Houston Center for Independent Living

11111 Wilcrest Green Drive
Houston, TX 77042

MAIN (713) 974-4621
FAX (713) 974-6927
TOLL FREE (877) 877-7082
VIDEO PHONE (346) 231-0641
EMAIL..... HCILSupport@cbfl.cc

NEIGHBORHOOD (W) Westchase
AREA SERVED Houston, Harris County
BUS ROUTES 161
HOURS Mon-Thur 8am-5pm

Fort Bend Center for Independent Living

12946 Dairy Ashford Rd, Suite 110
Sugar Land, TX 77478

MAIN (281) 980-2219
FAX (281) 980-2298
VIDEO PHONE (832) 532-3650
EMAIL..... FortBendCIL@cbfl.cc

AREA SERVED Fort Bend County
HOURS Mon-Fri 8am-5pm

Brazoria County Center for Independent Living

700 North Front Street, Suite A
Angleton, TX 77515

MAIN (979) 849-7060
FAX (979) 849-8465
VIDEO PHONE (979) 922-5320
EMAIL..... BrazoriaCountyCIL@cbfl.cc

AREA SERVED Brazoria County
HOURS Mon-Fri 8am-5pm

COLBY D HEALTHCARE INC.

9888 Bissonnet, Suite 670
Houston, TX 77036

MAIN (832) 563-4970
SPANISH..... (832) 721-0153



NEIGHBORHOOD (SW) Westwood
AREA SERVED..... Brazoria, Fort Bend, Harris, Montgomery
and Waller counties

BUS ROUTES 65, 68

LEGEND M, W, C, Ins, Medicaid, Superior, Private pay

HOURS Call for intake 24 hours, 7 days a week

Pediatric Home Health

Pediatric home care providing skilled and private duty nursing, physical therapy, occupational therapy, speech therapy, respiratory therapy and durable medical equipment for children with special healthcare needs. We specialize in pediatric care, but we can care for all ages.


Cuidado pediátrico en la casa por enfermeras hábiles, terapia física, terapia ocupacional, terapia del habla, terapia respiratoria y equipo médico durable para niños/niñas con necesidades especiales en el cuidado de la salud.

COMMUNITY ENDOWMENT FOUNDATION (CEF) - SWEHLA HOUSE

2516 Mandell Street, #6
Houston, TX 77006

MAIN (713) 528-0037
FAX (713) 520-5646
WEB www.community-endowment-foundation.org

NEIGHBORHOOD (C) Montrose
BUS ROUTES 82

LEGEND M, W, S\$, Appt req,  Single occupancy
HOURS Appointment only


Affordable, permanent housing for persons living with HIV. A 12 unit efficiency apartment complex (permanent housing) for single persons living with HIV. Vacancies are advertised through case managers of agencies who primarily serve the HIV community. Tenants must have a source of income as CEF does not provide financial assistance. Rent is based on a percentage of income.

CORDER PLACE APARTMENTS

7210 Peerless Street
Houston, TX 77021

MAIN (713) 741-4070
FAX (713) 440-6549
EMAIL corderplace@sbcglobal.net

NEIGHBORHOOD (SE) OST/South Union
BUS ROUTES 360

LEGEND Fam,  Homeless, S\$, Appt/Walk-in
HOURS Mon-Fri 8am-4:30pm
NEED FOR INTAKE..... Photo ID, Proof of income, Social Security card, birth certificate (for minors)

Permanent housing for homeless families affected by HIV. Two bedroom units available for families no larger than 4 with at least one minor (under 18) child and at least one family member living with HIV. The program includes social services such as case management, child care, substance use counseling and legal services. Rent is based on income.

Corder Place is one of many properties managed by the Housing Corporation of Greater Houston: (713) 526-9470 or info@thehousingcorp.org.

Vivienda permanente para familias sin hogar afectadas por el VIH. Unidades de dos dormitorios disponibles para familias de no más de cuatro personas con al menos un niño menor de 18 años y al menos un familiar que viva con VIH. El programa incluye servicios sociales tales como administración de casos, cuidado infantil, consejería sobre consumo de sustancias y servicios legales. El alquiler se basa en los ingresos.

Corder Place es una de las muchas propiedades administradas por Housing Corporation of Greater Houston: (713) 526-9470 o info@thehousingcorp.org.

CRISIS INTERVENTION OF HOUSTON



MAIN OFFICE (832) 416-1200
 24 HOURS (832) 416-1177
 WEB www.crisishotline.org
 EMAIL info@crisishotline.org

Crisis Intervention of Houston, Inc. (CIH) is a 501c3 nonprofit organization with the sole mission to help people in crisis. We operate free, confidential, anonymous hotlines 24 hours a day, seven days a week:

- Crisis Hotline: 832-416-1177
- Teen Hotline: 832-416-1199 (call)
- Teen Hotline: 281-201-4430 (text)

Our goal is to help people who don't know where to go for help and to overcome the barriers to help such as fear, isolation, abuse, physical disability, health, language, age, income, location, problem type or timing of the crisis.

CYPRESS ASSISTANCE MINISTRIES



11202 Huffmeister Road
 Houston, TX 77065

Mailing Address:
 PO Box 2336
 Cypress, TX 77410-2336

MAIN (281) 955-7684
 FAX (281) 955-7695
 ASSISTANCE INFO (281) 955-7440
 WEB www.cypressassistance.org
 EMAIL info@cypressassistance.org



NEIGHBORHOOD (NW) Cypress Fairbanks
 AREA SERVED 77065, 77095, 77429, 77433
 (77084 food only)

LEGEND M, W, Fam, Appt req, IRR, Esp
 HOURS Mon-Wed 9am-5pm, Thur-Fri 9am-3pm
 NEED FOR INTAKE Photo ID, Social Security card for all household members, lease agreement/ mortgage statement and utility bill, Proof of all income (including government assistance), Proof of emergency causing financial crisis when possible.

CAM helps individuals and families who have experienced an unexpected emergency resulting in a financial hardship. Each client meets with an assistance counselor to determine the type of assistance that will best move them back on the road to self-sufficiency.

Cam provides assistance with food, clothing, household items, rent/mortgage, utilities, employment assistance (See Operation Jobs), GED classes and ESL classes. Volunteers are welcome in all areas of the ministry.

CAM ayuda a personas y familias que han experimentado una emergencia inesperada que les ha provocado dificultades financieras. Cada cliente se reúne con un consejero en asistencia para determinar el tipo de asistencia que mejor le ayudará a regresar al camino de la autosuficiencia.

Asistencia con alimentos, ropa, artículos para la casa, pago de renta y electricidad, asistencia de empleo, clases del GED y clases de inglés.

Operation Jobs

MAIN (281) 955-5895
 LEGEND Free, Adults, IRR
 HOURS Mon-Fri 9am-4pm
 NEED FOR INTAKE Appt req

Operation Jobs assists unemployed and under-employed individuals in all zip codes of the community. Operation Jobs assists applicants by preparing a resume, coaching to improve interview skills, offering encouragement and giving advice for finding and keeping a job. OJ maintains a database of employment positions that is updated daily.

DISABILITY RIGHTS TEXAS



1500 McGowen Street, Suite 100
 Houston, TX 77004

MAIN (713) 974-7691
 FAX (713) 974-7695
 TTY (800) 252-9108
 INTAKE (800) 252-9108
 VIDEO PH (866) 362-2851
 WEB www.disabilityrightstx.org
 EMAIL info@drtx.org



NEIGHBORHOOD (C) Midtown
 AREA SERVED East Texas
 BUS ROUTES 11, 54
 LEGEND All, Fam, Appt req, Free
 HOURS Mon-Fri 8am-5pm

Legal advocacy for persons with disabilities by providing direct legal assistance to people with disabilities whose rights are threatened or violated; protecting the rights of individuals and groups of people with disabilities through the courts and justice system; advocating for laws and public policies that protect and advance the rights of people with disabilities; and informing people with disabilities and family members about their rights and making referrals to programs and services.

Unfortunately we are NOT able to provide financial assistance, and we do NOT provide legal services for bankruptcy, criminal law, family law (divorce, child custody, etc.), identity theft, malpractice, mortgage foreclosure, personal injury, probate, property, Social Security determinations or appeals, and wills.

Intake Mon-Fri 9am-4pm or apply for services online 24/7, go to intake.DRTx.org

Defensa legal para personas con discapacidades al proporcionar asistencia legal directa a personas con discapacidades cuyos derechos son amenazados o violados; protección de los derechos de individuos y grupos de personas con discapacidades a través de las cortes y el sistema de justicia; advocar por leyes y políticas públicas que protejan y apoyen los derechos de personas con discapacidades; e informar a las personas con discapacidades y miembros de su

familia sobre sus derechos y realizar referencias a programas y servicios.

Desafortunadamente NO podemos proporcionar asistencia financiera, y NO proporcionamos servicios legales para bancarrota, leyes criminales, leyes familiares (divorcio, custodia de hijos, etc.), robo de identidad, negligencia, ejecución de hipoteca, lesiones personales, legitimación, propiedad, determinaciones o apelaciones de Seguridad Social, y testamentos.

Admisión de lunes a viernes, de 9 a. m. a 4 p. m., o solicite servicios en línea las 24 horas del día, los 7 días de la semana; vaya a <https://intake.DRTx.org>.

EAST FORT BEND HUMAN NEEDS MINISTRY, INC.



435 Stafford Run
Stafford, TX 77477

MAIN (281) 261-1006
FAX (281) 261-0986
WEB www.humanneeds.org
EMAIL ministry@humanneeds.org



NEIGHBORHOOD (SW) Stafford
AREA SERVED 77477, 77478, 77479, 77459, 77489,
77583, 77545, 77053, 77083, 77085, 77099

LEGEND All, Free, Walk-ins
HOURS Tue, Thur and Fri 10am-12:30pm;
every other Wed 6-8pm

NEED FOR INTAKE Photo ID, Proof of residence and
Social security cards for everyone receiving food.

Full service food pantry; for financial assistance call on Tuesday to make an appointment: (281) 261-5470. Also offers a school supply program in August, monthly Food Fair, Thanksgiving and Christmas food baskets. Referrals available. Our mission is to address the basic human needs of families in temporary financial crisis in East Fort Bend County.

Tri-City Churches Resale Shop

425 Stafford Run Rd.
Stafford, TX 77477

MAIN (281) 499-8833
EMAIL ResaleShop@humanneeds.org



HOURS Tues-Sat, 10am-4pm

Our Resale Shop is packed with a wide variety of items, including books, furniture, collectibles, appliances, children's items, toys, home goods, linens, clothing, sports equipment, shoes, purses, jewelry, holiday decor, and much more. Boutique items now available online - shop on Poshmark and Etsy.

Drop-off donations are accepted during store hours, we will pick up your large item donations call to schedule a pickup.

EL CENTRO DE CORAZON



Mailing Address:
PO Box 230209
Houston, TX 77223

MAIN (713) 660-1880
FAX (832) 494-1636
WEB www.elcentrodecorazon.org



Eastwood Health Center

412 Telephone Rd.
Houston, TX 77023

NEIGHBORHOOD (C) East End
BUS ROUTES 40, 41, 50, 80

LEGEND M, W, S\$, Med, Flat, Ins, Appt/Walk-in, Esp

Adult Primary Care Services including chronic disease management, sick visits and vaccines/immunizations. Limited dental services.

Latinos/Unidos offers HIV/STI-related prevention services including HIV/STI community based testing as well as venue and in clinic testing. Condom distribution, PrEP screening, assessment, and prescribing PrEP including Patient Assistance Programs to help pay for PrEP medications, and service linkage to needed mainstream and community supports. Services are culturally competent, linguistically appropriate, and self-affirming. Bilingual and Bicultural staff. Available Mon-Fri 8am-5pm, Sat by appointment.

Servicios de atención primaria para adultos, que incluyen manejo de enfermedades crónicas, consultas por enfermedad, así como vacunas e inmunizaciones. Servicios dentales limitados.

Latinos/Unidos ofrece servicios de prevención relacionados con VIH y enfermedades de transmisión sexual (ETS), incluyendo pruebas de VIH y ETS practicadas tanto en la comunidad como en sedes y clínicas. Distribución de condones, exámenes de detección para profilaxis previa a la exposición (PrEP), evaluación y prescripción de PrEP, incluyendo programas de asistencia al paciente para ayudar a pagar los medicamentos de PrEP y vinculación de servicios con los apoyos comunitarios y convencionales necesarios. Los servicios son culturalmente competentes, lingüísticamente adecuados y autoafirmantes. Personal bilingüe y bicultural. Disponible de lunes a viernes, de 8:00 a. m. a 5:00 p. m. Sábados mediante cita.

Dunn Health Center

7635 Canal St.
Houston, TX 77012

NEIGHBORHOOD (C) Magnolia Park
BUS ROUTES 20,50

LEGEND C, Y, S\$, Med, CHIP, Ins, Esp
HOURS Mon-Fri 7:30am-4:30pm

Pediatric Services including well-exams, school/sports physical exams, sick visits, immunizations, newborn screenings, hearing and vision screenings, chronic disease management and dental care. Pediatric same-day appointments are available, call for an appointment. Adult Medical and Dental care. Behavioral Health Services including psychiatric evaluations, medication management, individual and family therapy, and trauma focused-cognitive behavioral therapy.

Servicios pediátricos, que incluyen exámenes de rutina, exámenes físicos escolares y deportivos, consultas por enfermedad, vacunas, exámenes de detección para recién nacidos, evaluaciones auditivas y de la vista, manejo de enfermedades crónicas y atención dental. Hay disponibilidad de citas pediátricas el mismo día. Llame para solicitar una cita. Atención médica y dental para adultos. Servicios de salud comportamental, que incluyen evaluaciones psiquiátricas,

administración de medicamentos, terapia individual y familiar, y terapia cognitivo-comportamental centrada en el trauma.

Magnolia Health Center

7037 Capitol St., Ste. N100
Houston, TX 77011

NEIGHBORHOOD (C) East End
BUS ROUTES 20,28,38,50,76, METRORail (green)

LEGEND.....M, W, S\$, Med, Flat, Ins, Appt/Walk-in, CHIP, Esp
HOURS Mon-Fri 7:30am-4:30pm

Adult Primary Care Services including chronic disease management, women’s health services, sick visits and vaccines/immunizations. Behavioral Health Services including psychiatric evaluations, medication management, individual and family therapy, and trauma focused-cognitive behavioral therapy.

Women's Health Services including obstetrical and limited gynecology procedures, prenatal care and postpartum care, family planning including insertion and removal of long-acting reversible contraception devices such as IUDs and implants, male newborn circumcisions, treatment of routine gynecological issues and disorders.

Servicios de atención primaria para adultos, que incluyen manejo de enfermedades crónicas, servicios de salud para la mujer, consultas por enfermedad, así como vacunas e inmunizaciones. Servicios de salud comportamental, que incluyen evaluaciones psiquiátricas, administración de medicamentos, terapia individual y familiar, y terapia cognitivo-comportamental centrada en el trauma.

Servicios de salud para la mujer, entre ellos procedimientos obstétricos y ginecológicos limitados, atención prenatal y posparto, así como planificación familiar, que incluye inserción y extracción de dispositivos anticonceptivos reversibles de acción prolongada tales como dispositivos intrauterinos (DIU) e implantes, circuncisiones de varones recién nacidos y tratamiento de problemas y trastornos ginecológicos de rutina.

EVOLVE OUTREACH OF TEXAS

2101 Crawford St., Suite 311
Houston, TX 77002

MAIN (832) 930-4898
FAX (888) 735-9554
WEB evolveoftexas.com
EMAIL info@eotexas.net



NEIGHBORHOOD(C) Midtown
AREA SERVEDHouston and the surrounding area
BUS ROUTES 11

LEGEND.....All, Med, CHIP, Walk-ins, Esp
HOURS Mon-Fri 9am-5pm; Weekends by appt
NEED FOR INTAKE Photo ID, insurance card

Evolve Outreach of Texas is committed to empowering individuals and families to achieve positive and lasting change through a person and family-centered approach and offers a comprehensive range of behavioral health services designed to support individuals and families in the Houston area.

Services available for individuals ages 3 and older, to address behavioral and emotional issues that disrupt daily life. The focus is on enhancing coping skills and behavior management through a collaborative approach involving parents or caregivers. Family

Services aimed at preventing crises and maintaining stable relationships, provide support to children, youth, and their families or caregivers, assisting in accessing appropriate community-based resources.

Case Management assists in identifying immediate needs and facilitates access to community resources. Case managers help clients advocate for themselves and coordinate various services to support recovery and independent living.

Medication Management provides monitoring and support for individuals requiring assistance with medication. Services can be provided in-office, at school, in the community, or via telemedicine.

Crisis Intervention is designed to address immediate crises, to resolve current issues, prevent escalation to higher levels of care, and avert future crises. This includes situations involving threats of suicide, self-harm, or rapid onset of emotional, behavioral, psychiatric, or substance abuse.

Please call for more information or to access services; referral forms for both adults and children/adolescents are available online. This is a Medicaid funded program that accepts: Amerigroup, Community Health Choice, Molina, and Superior.

Evolve Outreach of Texas está comprometido con empoderar a individuos y familias para lograr un cambio positivo y duradero a través de un enfoque centrado en la persona y la familia. Ofrecemos una gama integral de servicios de salud conductual diseñados para apoyar a individuos y familias en el área de Houston.

Servicios para individuos de tres años o más pretenden satisfacer las necesidades de quienes están sufriendo problemas conductuales y/o emocionales perturbar las relaciones familiares, de cuidado infantil, escuelas, trabajo y/o su comunidad. Con los niños, nos enfocamos en las relaciones con los padres o cuidadores, ayudándole al individuo a mejorar sus habilidades para manejar la presión y ofreciendo apoyo mejorando las habilidades de manejo del comportamiento del individuo a través de un enfoque de equipos. Los servicios familiares ayudar a los niños/jóvenes y a sus familias y/o cuidadores previniendo las situaciones de crisis. Mejoraremos y mantendremos relaciones estables proporcionando servicios de apoyo para niños/jóvenes que están recibiendo servicios individuales y/o ayudando con el acceso a servicios comunitarios apropiados.

Case Management: Assists individuals and families in identifying immediate needs and facilitates access to community resources. Case managers help clients advocate for themselves and coordinate various services to support recovery and independent living.

La gestión de medicamentos ofrece seguimiento y apoyo a las personas que necesitan ayuda con los medicamentos. Los servicios se pueden proporcionar en el consultorio, en la escuela, en la comunidad o mediante telemedicina. También es posible que los servicios sean ofrecidos en la escuela, en la comunidad o por medio de telemedicina.

Intervención en crisis servicios pretenden resolver la crisis actual, evitar un nivel más intenso o alto de cuidado y prevenir una crisis en el futuro. Esto podría incluir intentos o amenazas de suicidio, de daño a otras personas o a sí mismo, un inicio rápido y agudo por primera vez o recurrente de síntomas emocionales, conductuales, psiquiátricos o de abuso de sustancias.

Llame para obtener más información o para acceder a los

servicios. Los formularios de remisiones tanto para adultos como para niños y adolescentes están disponibles en línea. Este es un programa financiado por Medicaid que acepta Amerigroup, Community Health Choice, Molina y Superior.

FAIR HAVEN FOOD PANTRY

Chapelwood United Methodist Church
1330 Gessner Road
Houston, TX 77055

MAIN (713) 467-4363
EMAIL..... fhfoodpantryfaq@gmail.com



NEIGHBORHOOD (W) Spring Branch
BUS ROUTES 46

LEGEND..... All, Free, Walk-ins
HOURS Mon-Fri 10am-2pm
NEED FOR INTAKE Photo ID, proof of residence

Fair Haven is a client choice food pantry allowing people seeking food assistance to walk through and shop with one of our volunteers. They get to choose for themselves what products they receive from a variety of nutritionally balanced meal options to fit their families' specific needs. First-time clients need to arrive by 1pm so that there is time to register and shop before 2pm. New client registration is not available on Friday.

FAMILYTIME CRISIS AND COUNSELING CENTER



1203 S. Houston Avenue
Humble, TX 77338

MAIN OFFICE (346) 220-8205
FAX (281) 446-3691
TTY 7-1-1 or (800) 735-2989
24 HOURS (281) 446-2615
WEB www.familytimeccc.org
EMAIL..... info@familytimeccc.org



NEIGHBORHOOD (NE) Humble
AREA SERVED Harris, Liberty and east Montgomery counties

LEGEND..... All, Free, S\$, Appt req (Walk-ins crisis only), Esp
HOURS Mon-Fri 9am-5pm

FamilyTime provides free services to victims of abuse such as professional counseling, support groups, legal advocacy, case management and a domestic violence, sexual assault, and mental health crisis hotline available 24-hour/7 days a week. We also provide short-term emergency shelter for victims of domestic violence and their children.

Other services such as professional counseling (virtual or in person) for non-victim issues, anger management and parenting classes are available at an affordable rate.

FamilyTime ofrece servicios gratuitos a víctimas de abuso, tales como consejería profesional, grupos de apoyo, defensa legal, administración de casos y una línea de ayuda para situaciones de crisis de violencia doméstica, agresión sexual y salud mental disponible las 24 horas, los 7 días de la semana. También ofrecemos refugio de emergencia a corto plazo para las víctimas de violencia doméstica y sus hijos.

Otros servicios tales como consejería profesional (virtual o presencial) para problemas distintos a condición de víctima, manejo de la ira y clases de crianza están disponibles a una tarifa económica.

The main focus is helping victims of a crime. Shelter for victims and their children fleeing domestic violence (available 24 hours a day); 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy for non-victim issues (counseling only, no medication). Does not offer counseling for the severely mentally ill.

El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para víctimas y los niño/as en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.

FORT BEND COUNTY CLINICAL HEALTH SERVICES HIV/STI Services



WEB..... www.fortbendcountytexas.gov/government/departments/health-and-human-services/clinical-health-services/hiv-sti-program/hiv-sti-public



Missouri City Clinic
307 Texas Parkway, Suite 148
Missouri City, TX 77489

MAIN/INTAKE (281) 403-8091
FAX (832) 471-1808
AREA SERVED..... Fort Bend County

LEGEND M, W, Y, Free, Appt req, Esp
HOURS Mon-Fri, 8am-12pm & 1pm-5pm

We provide PrEP and PEP, free rapid HIV tests, free syphilis tests, free chlamydia and gonorrhea tests (oral, urine, vaginal and rectal). We also provide free condoms and lube. Confidential service - no ID required. Walk-ins are welcome on Monday 8:30am-3pm.

Text 2 Test: Get tested for HIV and STIs free of charge. Text to schedule: (832) 945-1391

Ofrecemos PrEP y PEP, pruebas rápidas gratuitas del VIH (resultados de 1 minuto), prueba gratuita de sífilis, pruebas gratuitas de clamidia y gonorrea (oral, orina, vaginal y rectal). También proporcionamos condones y lubricantes gratis. Hacemos pruebas caseras cuando alguno de nuestros empleados este disponible. No se necesita una identificación. Los walk-ins son bienvenidos! Lunes 8:30am-3pm.

Text 2 Test: *hágase la prueba de VIH y otras ETS de forma gratuita. Envíe un mensaje de texto para programarla: 832-945-1391.*

Rosenberg Clinic
4520 Reading Rd. Ste A-200
Rosenberg, TX 77471

MAIN (281) 342-6414
FAX (832) 471-1808
INTAKE (281) 403-8091
AREA SERVED..... Fort Bend County

LEGEND M, W, Y, Free, Appt req, Esp
HOURS Mon-Fri, 8am-12pm & 1pm-5pm

We provide PrEP and PEP, free rapid HIV tests, free syphilis tests, free chlamydia and gonorrhea tests (oral, urine, vaginal and rectal). We also provide free condoms and lube. Confidential service - no ID required. Walk-ins are welcome on Wednesday 8:30am-3pm.

Text 2 Test: Get tested for HIV and STIs free of charge. Text to schedule: (832) 945-1391

Ofrecemos PrEP y PEP, pruebas rápidas gratuitas del VIH (resultados de 1 minuto), prueba gratuita de sífilis, pruebas gratuitas de clamidia y gonorrea (oral, orina, vaginal y rectal). También proporcionamos condones y lubricantes gratis. No se necesita una identificación. Es requerida una cita. ¡Los walk-ins son bienvenidos! Miércoles 8:30am-3pm.

Text 2 Test: hágase la prueba de VIH y otras ETS de forma gratuita. Envíe un mensaje de texto para programarla: 832-945-1391.

FORT BEND WOMEN'S CENTER

501 E Highway 90A
PO Box 183
Richmond, TX 77406

MAIN OFFICE (281) 344-5750
FAX (281) 232-5041
24 HOURS (281) 342-4357
WEB www.fbwc.org
EMAIL info@fbwc.org



LEGEND..... All, Free, Appt/Walk-ins, Esp

Assistance for survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and referrals. Support services can be accessed by contacting our Hotline at (281) 342-HELP (4357).

Our goal is to help survivors in the Greater Houston area heal from the abuse they have experienced, equip them with the emotional, psychological and practical skills and resources they need to move forward and to restore their hope in a safe future, free of abuse and fear.

Ayuda para los adultos y sus niño/as sobrevivientes del abuso doméstico y el abuso sexual ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y referencias. Se puede acceder a los servicios de soporte comunicándose con nuestro Hotline at (281) 342-HELP (4357).

Nuestra meta es ayudar a los sobrevivientes en el Área Metropolitana de Houston a sanar del abuso que han experimentado, dotarlos con las habilidades y recursos emocionales, psicológicos y prácticos que necesitan para seguir adelante y restaurar su esperanza en un futuro seguro, libre de abuso y miedo.

ThriftWise Resale Stores

MAIN (281) 344-5777
HOURS Mon-Sat 10am-6pm, Sun 12pm-5pm
ONLINE STORE thriftwise.org
EMAIL thriftwiseinfo@thriftwise.org



ThriftWise is the shopping destination for thrifting enthusiasts, bargain shoppers, conscious conservationists, and those who simply want to find more ways to give back to their community. Thrift wisely, and leave knowing you've made a real difference

for survivors of domestic abuse and sexual assault. You can drop off donations or schedule a pickup.

ThriftWise Richmond location

501 Highway 90A East
Richmond, TX 77406

ThriftWise Stafford location

13645 Murphy Rd
Stafford, TX 77477

FUNDACION LATINOAMERICANA DE ACCIÓN SOCIAL, INC. (FLAS, INC)



6666 Harwin Drive, Suite 370
Houston, TX 77036-2264

MAIN (713) 772-2366
FAX (832) 251-8121
WEB www.flasinc.org
EMAIL info@flasinc.org



NEIGHBORHOOD (SW) Sharpstown
BUS ROUTES 47, 152, 153, 309, 310
HOURS Mon-Fri 9am-6pm

FLAS, Inc. is a non-profit community based organization. FLAS provides HIV, substance abuse, and Hepatitis C prevention services as well as substance abuse treatment and mental health services. We provide HIV, Syphilis, Chlamydia, Gonorrhea and Hepatitis C counseling and testing and referrals for social services, LGBTQ+ family support, Court mandated services (SOP) individual and group. Reproductive Health Education and linkage to care for Latino women.

FLAS, Inc. es una organizacion sin fines de lucro. FLAS provee diversas fuentes de informacion sobre el HIV, sobre la prevención del abuso de sustancias y la hepatitis C; educación sobre el HIV y enfermedades de transmisión sexual para la comunidad en general. Cursos mandatorios por la corte como tratamiento para la adicción individual ó en grupo. Educacion y referencias para la salud reproductiva para las mujeres Latinas, y apoyo para las familias LGBTQ+.

Casitas de Elia

LEGEND M, W, Fam, Free, Appt req, SUD, Homeless, Esp
NEED FOR INTAKE Proof of income

Casitas De Elia provides TBRA (HOPWA) assistance, housing relocation assistance, mental health and substance use treatment to people living with HIV.

El programa Casitas de Elia provee asistencia a través de TBRA (HOPWA), asistencia para moverse de vivienda, tratamiento para la salud mental y el uso de sustancias a personas con VIH.

Elia

LEGEND Adults, Free, Appt req, SUD, Esp

Bilingual mental health and substance use disorder services for Latino gay men and Latina transgender women.

Servicios bilingües para la salud mental y el uso de sustancias para hombres gays Latinos y para mujeres Latinas transgenero.


ELLA

LEGEND W, Free, Appt/Walk-in, Esp
NEED FOR INTAKE Call for intake

The ELLA Program provides information and education about reproductive health and linkage to care for Latina women.

El Programa ELLA provee informacion y educacion acerca de la salud reproductiva para las mujeres Latinas.

Health and Social Services

LEGEND..... All, , Free, Walk-ins, Esp

Free testing for HIV, Syphilis, Hep-C, Chlamydia and Gonorrhea. HIV/STI prevention education and PrEP clinic. Emergency assistance and support groups for people living with HIV. Food bank for people living with HIV or cancer. Family support for LGBTQ+. Referrals to other services.

Servicios Sociales y de Salud

Pruebas gratis VIH, Sífilis, Hep-C, Clamidia, Gonorrea. Prevención de VIH/ETS y Clínica PrEP. Ayuda de emergencias para personas con VIH. Banco de comida para personas con VIH o cáncer. Apoyo familiar para LGBTQ+. Referencias a otros servicios.

Saber para vivir

LEGEND..... All, Free, Walk-ins, Esp

Provides free and confidential HIV/STI counseling and testing to all persons who request it.

El programa SABER PARA VIVIR provee exámenes de VIH y Enfermedades de Transmisión Sexual gratuitos y confidenciales a todas las personas que los soliciten.

SOL Latino (Salud, Oportunidades y Libertad)

LEGEND..... Latino MSM (18 and up), Free, Walk-ins, Ltd, SUD, Esp

Substance abuse treatment for Latino men who have sex with men (MSMs), includes HIV and Hepatitis C screening.

Tratamiento para el uso de alcohol y drogas para hombres Latinos que tienen sexo con otros hombres, incluyen pruebas de VIH y Hepatitis C.

GOD'S LOVELY BUTTERFLIES

MATERNITY HOME

2626 S Loop West Suite 130
Houston, TX 77054

MAIN (832) 264-7491
WEB www.godslovelybutterflies.org
EMAIL..... godslovelybutterflies@gmail.com



NEIGHBORHOOD (C) Astrodome/S. Loop
LEGEND..... W, Y, C, Homeless, Free, S\$, Med

We assist teenage mothers, single mothers, single fathers, and foster parents. We serve as a resource center, helping with free diapers, wipes, baby clothing, baby hygiene, baby formula, and baby food, and help mothers once a month with items they may need. We accept volunteers and all donations: money, clothing, diapers, wipes, formula, baby items, furniture, etc. Please call before visiting our facility. Visit the website for more information.

We are a nonprofit organization that provides free diapers, wipes, formula, and baby items as well as stable housing for first time mothers and their babies and basic baby training and parenting classes. We offer classes on life awareness, nutrition, and money management and assist with employment readiness, referrals to services, counseling for substance use

disorders and STDs, and a support group for those who are living with HIV.

Other services include free backpacks, free school supplies, community baby showers, HIV awareness and training, diaper and wipes drives, and condom distribution. We also assist with applications for SNAP and Medicaid.

GOOD SHEPHERD MISSION



1005 Martin Luther King Dr.
Huntsville, TX 77320

Mailing Address:
PO Box 7281
Huntsville, TX 77340

MAIN(936) 291-8156
Thrift Store:(936) 291-3311
WEB..... thegsmission.org/wp
EMAIL info@thegsmission.org



AREA SERVED..... Walker County
LEGEND All, Free, S\$, Walk-ins, SUD
HOURS Office: 9am-3pm
Lodging Sign-In: 6pm-9:30pm

Shelter Meals: Hot meals are served each day of the year free of charge. Monday-Saturday at noon and 6pm, Sunday at 1pm and 6pm. All are welcome and are expected to help with clean up (if able).

Food Pantry: Interview and proof of need required to qualify for food vouchers to receive food items from the Food Pantry. Food is available for pick-up Monday-Friday from 9am-11:45am. Link2Feed clients are welcome to use the Food Pantry.

Bargains and Blessings Thrift Store: Affordable clothing and accessories are available for purchase, and all proceeds go directly toward the funding of the Good Shepherd Mission. Clothing Vouchers are available for individuals and families who qualify to select clothing and accessories free of charge. Please inquire about clothing vouchers Monday-Friday from 9am-1pm in the main building. Donations accepted Monday-Friday from 9am-2pm. Volunteers welcome to help sort clothing and assist in the operation of the store.

Lodging: Shelter is available for those in need and in local crises. Persons seeking shelter must come in Monday-Friday 9am to 1pm for an interview with a case manager or the director. Those approved receive food, clothing, job skill education, and spiritual classes.

Families are permitted to have extended lodging arrangements by working in collaboration with case management and director. The goal for lodging services is for a successful transition to self sufficiency. Lodging may be denied or terminated because of health, safety or security and other reasons at any time. Showers, linens, toiletries and clean clothes are available without charge.

GOODWILL INDUSTRIES OF HOUSTON



Corporate Office
1140 West Loop North
Houston, TX 77055

MAIN(713) 692-6221
FAX(713) 699-6307
WEB..... www.goodwillhouston.org



Goodwill Industries of Houston provides education, training and employment opportunities to people with disabilities and other barriers to employment (including, but not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases), improving the lives of individuals, families and communities.

Goodwill Industries of Houston proporciona educación, capacitación y oportunidades de empleo a personas con discapacidades y otras barreras para el empleo (incluyendo, pero no limitándose a, discapacidades físicas y mentales, situación de calle, antecedentes penales y enfermedades adictivas), mejorando la vida de individuos, familias y comunidades.

Project Good Hope

215 W. 20th Street
Houston, TX 77008

MAIN (713) 699-6306
 FAX (713) 699-6731
 NEIGHBORHOOD (C) Heights
 BUS ROUTES 26,40
 LEGEND M, W, ♿, Walk-ins, Free, Esp
 HOURS Mon-Fri 8am-4:30pm
 NEED FOR INTAKE State issued ID, Social security card, proof of income, medical status letter

Through Project Good Hope (PGH), Goodwill Houston will place low-income individuals living with HIV and their families into employment and will help them retain such employment as an important milestone on the road to self-sufficiency.

PGH's goal is to connect clients with case management, counseling, legal services (including expungement of criminal record), referrals, vocational training, life skills training, work readiness training, job search assistance, on-the-job assistance and supportive services, such as transportation and clothing. PGH staff will not tell employers about client's HIV status.

A través de proyecto Good Hope (PGH), Goodwill de Houston colocará en empleos a las personas de bajos ingresos, viviendo con el VIH y a sus familiares. Asimismo, los ayudarán a retener dichos empleos como un paso importante hacia la autosuficiencia.

La meta del PGH es el de proveer a los clientes la administración de casos, consejería, servicios legales (eliminación de antecedentes penales), referencias, entrenamiento vocacional y para enfrentar destrezas de la vida diaria, entrenamiento para la disposición de trabajo, asistencia en la búsqueda de trabajo y asistencia en el trabajo. Además, los servicios incluyen transportación y prendas de vestir. Los empleados del PGH no informarán a los empleadores el estado del VIH del cliente.

GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.



9320 Kirby Drive
Houston, TX 77054

MAIN (713) 393-4700
 WEB www.gccsa.org
 EMAIL info@gccsa.org



NEIGHBORHOOD (S) South Main
 AREA SERVED Harris County
 BUS ROUTES 8

LEGEND All, Free (income guidelines), Appt req, Ltd, Esp
 HOURS Mon-Fri 8am-5pm
 NEED FOR INTAKE Completed application form with Proof of Harris County residency and household income, income restrictions apply (at or below 125% FPL)

GCCSA is a 501(C)(3) Community Action Agency dedicated to strengthening the educational, social and economic well-being of individuals and families by administering high-quality programs and services designed to educate, equip and empower as they transition out of an economically distressed condition into a state of self-sufficiency and independence. GCCSA has a myriad of programs to address the various needs affecting Harris County's residents in poverty-related situations.

GCCSA es una Agencia de Acción Comunitaria 501(C)(3) dedicada a fortalecer el bienestar educativo, social y económico de individuos y familias mediante la administración de programas y servicios de alta calidad diseñados para educar, equipar y capacitar conforme salen de una condición económica precaria a un estado de autosuficiencia e independencia. GCCSA tiene muchos programas para atender las diversas necesidades que afectan a los residentes del condado de Harris en situaciones relacionadas con la pobreza.

Central Service Center

Financial Assistance for Hardship: rent and electricity assistance as well as bus passes for individuals to access travel for the purpose of employment and GCCSA continuing education.

Case Management: The Client Services team has specialists experienced in making referrals and providing linkage to various services including but not limited to: rent and electricity assistance, legal services, employment and work ready services, scholarships for vocational training, transportation assistance and financial capacity courses and workshops.

Adult Educational Services that increase basic academic skills of adults. The programs offered are as follows: Adult Basic Education Class; General Education Diploma Class; Nutrition Workshop; Resume and Job Readiness Workshops.

Food Pantry: provides a 3-5 day supply of groceries and essential household items to anyone who is food insecure. Open Mon-Fri 9am-4pm, closed Tues.

Head Start and Early Head Start: serves children (ages 0-5) and their families in the Southeast Houston Area, East End, Third Ward and Pasadena.

Centro de Servicio Central

Asistencia Financiera para Adversidades: asistencia de renta y electricidad así como pases de autobús para que individuos tengan acceso a viaje para el propósito de empleo y educación continua de GCCSA.

Administración de Caso: El equipo de Servicios al Cliente tiene especialistas experimentados en realizar referencias y proporcionar enlaces a varios servicios incluyendo sin limitarse a: asistencia de renta y electricidad, servicios legales, servicios de preparación de empleo y trabajo, becas para capacitación vocacional, asistencia de transporte y cursos y talleres de capacidad financiera.

Servicios de educación para adultos que incrementan las habilidades académicas básicas de los adultos. Los programas ofrecidos son los siguientes: Clase de Educación Básica para Adultos; Clase de Diploma de Educación General; Taller de Nutrición; Talleres de Currículo y Preparación para el Trabajo.

Despensa de alimentos: ofrecer un suministro de 3 a 5 días de víveres y artículos para el hogar esenciales a cualquier persona


en situación de inseguridad alimentaria. Abierto de lunes a viernes, de 9:00 a. m. a 4:00 p. m. Cerrado los martes.

Ventaja y Ventaja Oportuna (Head Start y Early Head Start): Servicios para niños (entre 0 y 5 años) y sus familias en el Área del Sureste de Houston, Extremo Este, Third Ward y Pasadena.

H&A SUPPORT SERVICES

MAIN (337) 240-6046
WEB www.facebook.com/HASupportSers
EMAIL hass.tx@aol.com



LEGEND..... M, W, , IRR, Free, Appt req
HOURS Mon-Thur 9:30am-4:30pm, Fri 9:30am-1pm
NEED FOR INTAKE Photo ID, Social security card, proof of status

H&A Support Services provides services to individuals living with HIV and AIDS such as referrals for employment, food pantry and EBT housing, physicians, educational resources and much more just give us a call.

HARMONY HOUSE, INC.



702 Girard Street
Houston, TX 77007

MAIN (713) 221-6200
FAX (713) 237-1715
RESIDENTIAL PGM..... (713) 221-6216
RESPIRE CARE PGM:..... (713) 221-6217

WEB harmonyhouse.org
EMAIL..... info@harmonyhouse.org



NEIGHBORHOOD (C) Downtown
LEGEND..... M, W, Free, Ltd, Homeless, IRR
NEED FOR INTAKE Varies by program

Harmony House, Inc. serves low-income individuals at risk of homelessness as well as chronically homeless individuals with disabling conditions, providing quality permanent and transitional housing, and access to primary health care with on-site clinic services.

We embrace a person-centered approach that recognizes the unique needs, goals, and preferences of everyone. Harmony House provides on-site support services or has close partnerships with service providers to address the unique needs of their residents. These services can include case management, mental health counseling, substance use treatment, healthcare access, life skills training, employment assistance, and legal support.

The goal for every program at Harmony House is to provide quality stable housing for vulnerable individuals.

Housing Navigation Center

Provides a safe, and stable place to stay while people transition from homelessness to housing. Guests receive case management, employment support, mental health and substance abuse counseling, and other services. Available by referral only from the Coalition for the Homeless Outreach Team; the Navigation Center is not open to drop-ins/walk-ups.

Permanent Supportive Housing

Program for chronically homeless individuals in various locations throughout Houston. We provide onsite substance abuse case management, intensive life-skills, and mental health

counseling. Program participants are provided with resources that focus on enhancing their abilities to exit homelessness and to remain self-sufficient. Clients may remain in the program as long as necessary with no maximum time limit. Participants must be referred through The Way Home Coordinated Access. To schedule an appointment for an assessment call (832) 531-6041 or email ca@homelesshouston.org.

Tuberculosis (TB) Recovery Center

A collaborative effort with the City of Houston, Bureau of Tuberculosis Control, the program provides 3 to 12 months of housing, treatment and supportive services. Since its opening, 100% of those completing the program have been cured of TB.

Worker Dorm

The Residence (worker dorm) is a 128-bed transitional housing facility providing safe lodging for men who are working but have nowhere to live. It is the chance to get back on their feet and eventually transition to their own apartment or back with family, if possible.

Harmony House is on the approved Alternate Housing Resource list (AHR) for the Texas Department of Criminal Justice system (TDCJ) and allows parolees to live in the Residence as long as they quickly secure employment.

HARRIS COUNTY HOUSING AND COMMUNITY DEVELOPMENT



8410 Lantern Point Drive
Houston, TX 77054

Mailing Address:
1111 Fannin St., 9th floor
Houston, TX 77002

MAIN (832) 927-4955
WEB hcd.harriscountytx.gov
EMAIL askHCD@harriscountytx.gov



NEIGHBORHOOD (C) Astrodome/S. Loop
AREA SERVED..... Harris County
BUS ROUTES..... 84
HOURS Mon-Fri 8am-5pm

Harris County HCD is committed to addressing housing, infrastructure, and essential community needs. We secure and manage HUD grants and work in partnership with other government and non-profit agencies to create positive outcomes for our community.

Vivienda y Desarrollo Comunitario del Condado de Harris (HCHCD) tiene el compromiso de atender las necesidades de vivienda, infraestructura y comunitarias esenciales. Conseguimos y gestionamos subvenciones del Departamento de Vivienda y Desarrollo Urbano de los Estados Unidos (HUD) y trabajamos en asociación con otras agencias gubernamentales y sin fines de lucro con el fin de crear resultados positivos para nuestra comunidad

Eviction Defense Program

LEGEND All, Immigrants, Free, Appt req, Esp
NEED FOR INTAKE..... State issued ID, proof of income and proof of residence

Harris County seeks to maximize the impact of its COVID-19 rental assistance funding by investing in eviction defense legal services for low-income residents. Harris County has had an increased number of evictions, especially for non-payment of

rent due to household financial losses related to the COVID -19 pandemic. Legal aid will assist any qualifying tenant who is facing eviction and is seeking legal advice, the opportunity to meet with an attorney or legal representative at the court where the tenant's eviction case is held (justice court or county court at law).

Programa de Defensa contra Desalojos

El condado de Harris procura maximizar el impacto de su financiación de asistencia con el alquiler debido al COVID-19 invirtiendo en servicios legales de defensa contra desalojos para residentes de bajos ingresos. El condado de Harris ha tenido una cantidad creciente de desalojos, especialmente por falta de pago del alquiler debido a pérdidas financieras de grupos familiares relacionadas con la pandemia de COVID-19. La asistencia legal ayudará a cualquier inquilino calificado que se enfrente a un desalojo y esté buscando asesoramiento legal. Le brindará la oportunidad de reunirse con un abogado o representante legal en el tribunal donde se lleva a cabo el caso de desalojo del inquilino (tribunal de justicia o tribunal del condado).

Homeless Youth Case Management Program

INTAKE (832) 927-4925
 EMAIL..... HCDYouthReferral@harriscountytexas.gov
 LEGEND..... Ages 18-24, IRR, Homeless, SUD, Free, Appt/Walk-ins, Esp

The Harris County Program for Homeless Youth provides comprehensive case management services to 18-24 year olds experiencing homelessness, per the HUD definition. Referrals can originate from advocates, shelters, agencies, walk-ins, or self-referrals. Services include, but are not limited to, assisting with registering homeless clients to Coordinated Access, assisting clients locate affordable, shelter search, referrals to Harris Health, education programs, tenant education, furniture, basic needs, job skills, CPS aftercare benefits, assist with getting Identification, monthly housing stability plans and more. Case Management aims to provide supportive services and stability tailored to the unique needs of each individual youth.

Programa de Administración de Casos para Jóvenes sin Hogar

El Programa para jóvenes sin hogar del condado de Harris brinda servicios integrales de administración de casos a jóvenes de 18 a 24 años sin hogar, según la definición de HUD. Las referencias pueden provenir de defensores, refugios, agencias, visitas sin cita previa o autoreferencias. Los servicios incluyen, entre otros, ayudar a registrar clientes sin hogar para Acceso Coordinado, ayudar a los clientes a encontrar alojamiento asequible, búsqueda de refugio, referencias a Harris Health, programas educativos, educación para inquilinos, muebles, necesidades básicas, habilidades laborales, beneficios de cuidados posteriores de CPS, ayuda para obtener identificación, planes mensuales de estabilidad de vivienda y más. La gestión de casos tiene como objetivo proporcionar servicios de apoyo y estabilidad adaptados a las necesidades únicas de cada joven individual.

Immigrant Legal Services Fund

AREA SERVED.....Residents currently in detention and facing deportation proceedings within 100 miles of Harris County.
 LEGEND..... Immigrants, Free, Appt req, Esp
 NEED FOR INTAKE..... State issued ID, proof of income and residence

The purpose of the Immigrant Legal Services Fund is to provide legal representation for immigrant community members, children and families facing the threat of deportation. Harris County strives to keep residents safe and is committed to

ensuring immigrants have access to fair and affordable legal representation in deportation proceedings. Having an attorney ensures that an individual's right to due process is protected and can help prevent tragic family separation. The legal service providers include, Baker Ripley, Catholic Charities, Galveston-Houston Immigrant Representation Project (GHIRP), Kids In Need Of Defense (KIND), Justice For All Immigrants (JFAI), YMCA and Refugee and Immigrant Center for Legal Services and Education (RAICES).

Fondo de Servicios Legales para Inmigrantes

La finalidad del Fondo de Servicios Legales para Inmigrantes es brindar representación legal a miembros, niños y familias de la comunidad inmigrante que enfrentan la amenaza de deportación. El condado de Harris se esfuerza por mantener seguros a los residentes y se compromete a garantizar que los inmigrantes tengan acceso a una representación legal imparcial y económica respecto a procesos de deportación. Tener un abogado garantiza que se proteja el derecho de una persona al debido proceso y puede ayudar a prevenir una trágica separación familiar. Los proveedores de servicios legales incluyen a Baker Ripley, Caridades Católicas, Galveston-Houston Immigrant Representation Project (GHIRP), Kids In Need Of Defense (KIND), Justice For All Immigrants (JFAI), YMCA y Refugee and Immigrant Center for Legal Services and Education (RAICES).

Survivor Services in Immigration Law

AREA SERVEDHarris County resident and also a victim or witness of violent crime
 LEGEND Immigrants, Free, Appt req, Esp
 NEED FOR INTAKE..... State issued ID, proof of income and proof of residence

The primary service to be funded under the Survivor Services in Immigration Law Program is immigration legal representation for victims of crime. Legal representation may include any and all immigration relief or benefit that a victim of crime is eligible under immigration law. Such legal representation may be extended to the crime victim's immediate family. Services to include safety planning, community referrals, law enforcement advocacy, outreach/education and criminal case status updates. The legal service providers include, Baker Ripley, Catholic Charities, Galveston-Houston Immigrant Representation Project (GHIRP), and Tahirih Justice Center.

Programa de Servicios para Sobrevivientes en Derecho Migratorio

El servicio principal que se financiará bajo el Programa de Servicios para Sobrevivientes en Derecho Migratorio es la representación legal migratoria para víctimas de delitos. La representación legal puede incluir cualquier tipo de ayuda o beneficio migratorio al que una víctima de un delito es elegible en consonancia con el derecho migratorio. Dicha representación legal puede ampliarse a la familia inmediata de la víctima del delito. Los servicios incluyen planificación de seguridad, remisiones comunitarias, defensa frente a las fuerzas del orden, divulgación y educación, así como actualizaciones del estado de casos penales. Los proveedores de servicios legales incluyen Baker Ripley, Caridades Católicas, Galveston-Houston Immigrant Representation Project (GHIRP) y Tahirih Justice Center.

HARRIS COUNTY PUBLIC HEALTH



1111 Fannin Street
 Houston, TX 77002

MAIN(713) 439-6000
 FAX.....(713) 439-6080
 WEB..... publichealth.harriscountytexas.gov



NEIGHBORHOOD (C) Downtown
 AREA SERVED Harris County
 LEGEND All, Esp
 HOURS Mon-Fri 8am-5pm

Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris county; provision of personal health services to eligible individuals that include family planning, immunizations/vaccinations, nutrition programs, well-child programs, risk factor screening and refugee health.

Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos y servicios para la salud de los refugiados.

Antoine Clinic

5815 Antoine Drive
 Houston, TX 77091

APPOINTMENTS (832) 927-7350
 NEIGHBORHOOD (NW) Inwood Forest
 BUS ROUTES 45, 85
 LEGEND All, S\$, Appt req, Esp
 HOURS Mon-Wed 8am-6pm, Thur by appt, Fri closed;
 Every other Sat: 9am-2pm by appt,
 walk-ins welcome but subject to availability
 NEED FOR INTAKE Photo ID, Proof of income, Proof
 of Government Benefits

General wellness services for adults and adolescents, health screenings, immunizations for all ages, nutritional counseling, family planning, HIV/STI testing and risk reduction counseling, PrEP and PEP. Appointments are required, same day appointments may be available.

Servicios generales de bienestar para adultos y adolescentes, inmunizaciones para todas las edades, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, análisis y consejería de VIH, PrEp y PEP. Se requiere concertar citas; es posible que haya citas disponibles el mismo día. Llame al Centro de Citas para Pacientes: (832) 927-7350

Humble Clinic

1730 Humble Place Drive
 Humble, TX 77338

APPOINTMENTS (832) 927-7350
 MAIN (832) 927-1330
 DENTAL: (832) 927-1300
 LEGEND All, S\$, Appt req, Esp
 HOURS Mon-Fri 8am-5pm
 NEED FOR INTAKE Photo ID, Proof of income, Proof
 of Government Benefits

General wellness services for adults and adolescents, health

screenings, immunizations for all ages, dental services, nutritional counseling, HIV/STI testing and risk reduction counseling, PrEp and PEP and family planning. Appointments are required, same day appointments may be available.

Servicios generales de bienestar para adultos y adolescentes, inmunizaciones para todas las edades, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, análisis y consejería de VIH, PrEp y PEP, y cuidado dental. Se requiere concertar citas; es posible que haya citas disponibles el mismo día. Llame al Centro de Citas para Pacientes: (832) 927-7350

Southeast Clinic

3737 Red Bluff
 Pasadena, TX 77503

APPOINTMENTS (832) 927-7350
 MAIN (713) 274-9440
 DENTAL: (713) 274-9430
 LEGEND All, S\$, Appt req, Esp
 HOURS Mon-Fri 8am-5pm
 NEED FOR INTAKE Photo ID, Proof of income, Proof
 of Government Benefits

General wellness services for adults and adolescents, health screenings, immunizations for all ages, dental services for children and adolescents, nutritional counseling, family planning, HIV/STI testing and risk reduction counseling, PrEP and PEP. Appointments are required, same day appointments may be available.

Servicios generales de bienestar para adultos y adolescentes, inmunizaciones para todas las edades, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, análisis y consejería de VIH, PrEp y PEP, y cuidado dental para niños y adolescentes. Se requiere concertar citas; es posible que haya citas disponibles el mismo día. Llame al Centro de Citas para Pacientes: (832) 927-7350

WIC Program

WIC APPOINTMENTS (713) 407-5800
 LEGEND Free (based on income), Pregnant, postpartum &
 breastfeeding women, C (0-5 yrs), Esp
 HOURS WIC Call Center: Mon-Wed 8am- 5:30pm,
 Thur 8am-3pm, Fri 8am-2pm
 WIC Center Hours: Mon-Thur 8am- 5:30pm,
 Fri 8am-12pm, 3rd Sat 8am-12pm.
 Closed Friday following the 3rd Saturday.
 NEED FOR INTAKE Appt req, Photo ID, Proof of
 residence and income, Proof
 of Government Benefits

Good nutrition, beginning with pregnancy, provides the optimum opportunity for babies and children to lead healthy, strong lives. WIC is a nutrition program that helps pregnant women, new mothers and young children eat well, learn about nutrition and stay healthy. WIC provides nutrition education, breastfeeding promotion and support, healthy foods, and referrals to health and social service programs for low-income women, infants and children. Eligible mothers can also receive breast pumps, breastfeeding supplies and peer-to-peer counseling through the WIC program.

Harris County Public Health has 10 WIC centers throughout Harris County. To make an appointment at any WIC Center, contact the WIC Call Center: (713) 407-5800.

Una buena nutrición, comenzando desde el embarazo, ofrece a los bebés y a los niños la oportunidad óptima de llevar una vida saludable y fuerte. El Programa para Mujeres, Bebés y Niños (WIC) es un programa de nutrición que ayuda a mujeres embarazadas, a madres primerizas y a niños pequeños a alimentarse bien, aprender sobre nutrición y mantenerse saludables. El Programa WIC ofrece educación nutricional, promoción y apoyo a la lactancia materna, alimentos saludables y remisiones a programas de salud y servicios sociales para mujeres, bebés y niños de bajos ingresos. Las madres elegibles también pueden recibir extractores de leche, insumos para la lactancia materna y consejería entre pares a través del Programa WIC.

Salud Pública del Condado de Harris tiene 10 centros de WIC en todo el condado de Harris. Para concertar una cita en cualquiera de los centros de WIC, comuníquese con el centro de llamadas de WIC: (713) 407-5800.

HARRIS COUNTY RIDES



8410 Lantern Point Drive
Houston, TX 77054

MAIN (713) 368-7433
FAX (713) 437-4860
WEB www.harriscountyrides.com

NEIGHBORHOOD (N) Eastex/Jensen
AREA SERVED Harris County
BUS ROUTES 6, 45, 80, 83

LEGEND Disabled, Elderly or Low income, Flat fee, Esp
HOURS Shared Ride: 7am-7pm; Taxi: 24 hours
NEED FOR INTAKE Photo ID and Proof of disability

What is RIDES? RIDES is a curb-to-curb subsidized program that allows eligible customers and participating agencies to purchase transportation services at a significant discount. The customer/agency pays 50% of the total trip cost. Each customer may select from two levels of service: Shared Ride and Taxi Service.

Am I Eligible? RIDES coordinates non-emergency transportation services for the seniors and people with disabilities who are residents of Harris County and unable to access METRO services. To qualify, you must reside within Harris County and meet one or more of the following criteria: 65+ years of age (proof of age required); or disabled (proof of disability required: SSI Award letter or certification letter from your physician).

¿Que es RIDES? RIDES es un programa subvencionado de transporte que permite a los clientes elegibles y las agencias participantes que solo paguen 50% del costo para transportación. El cliente/agencia ahorra 50% del costo. Cada cliente puede elegir entre dos niveles de servicio: Viaje Compartido y Servicio de Taxi.

¿Soy elegible para el programa? RIDES brinda servicios de transporte (no de emergencia) para los habitantes mayores de 65 años de edad y personas con discapacidad quienes son residentes del Condado de Harris y no tienen la posibilidad de acceder a los servicios de METRO. Para calificar, usted debe residir en el Condado de Harris y cumplir con uno o más de los siguientes criterios: 65+ años de edad (prueba de la edad requerida) o discapacidad (prueba de discapacidad requerido: Carta de adjudicación de SSI o un certificado médico).

HARRIS HEALTH THOMAS STREET CLINIC



Corporate Office
4800 Fournace Place
Bellaire, TX 77401

MAIN (713) 873-4000
WEB www.harrishealth.org



The Harris County Hospital District (Harris Health System) established Thomas Street Health Center in 1989 as the nation's first freestanding HIV/AIDS treatment facility and remains one of the largest in the country. Originally opened in 1910 as the Southern Pacific Railroad's Sunset Hospital, the iconic four-story clinic, recognized on the National Registry of Historic Buildings, is located two-miles north of the University of Houston's Downtown Campus. Thomas Street is fortunate to have two world-renowned schools of medicine providing our superb medical staff; Baylor College of Medicine and the University of Texas Medical School. In May, 2023, HIV Services moved to our new state of the art location at Quentin Mease Health Center.

El Distrito Hospitalario del Condado de Harris (Sistema de Salud de Harris) creó el Centro de Salud Thomas Street en 1989 como el primer centro independiente de tratamiento del VIH y SIDA del país, y sigue siendo uno de los más grandes del país. Inaugurada originalmente en 1910 como Southern Pacific Railroad's Sunset Hospital, la icónica clínica de cuatro pisos, reconocida en el Registro Nacional de Edificios Históricos, está situada a dos millas al norte del campus del centro de la Universidad de Houston. El Centro de Salud Thomas Street tiene la suerte de contar con dos escuelas de medicina de renombre mundial que aportan nuestro excelente personal médico: la Facultad de Medicina de Baylor y la Facultad de Medicina de la Universidad de Texas. En mayo de 2023, Servicios de Atención del VIH se mudaron a nuestra nueva sede de última generación en Quentin Mease Health Center.

HIV Primary Care Services Quentin Mease Health Center

3601 N MacGregor Way
Houston, TX 77004

MAIN (713) 873-4000
FAX (713) 873-4153
NEIGHBORHOOD (C) MacGregor
AREA SERVED Thomas Street Clinic Serves the 6 County

Ryan White EMA: Harris, Fort Bend, Liberty,
Montgomery, Chambers, and Waller Counties
BUS ROUTES 5

LEGEND Adults (18+), S\$, Ins, Med,
Ryan White, Appt req, Esp
HOURS Mon-Fri 7:30am-5pm; Thur til 7:30pm
NEED FOR INTAKE Photo ID, Proof of residence
and income; none for HIV test.

HIV Primary Care, Rapid Start Medication, PrEP, Pharmacy, Young Adult Clinic, OB/GYN, Well Woman, Behavioral Health, Neuropsychology, Coumadin Clinic, Dermatology, Rheumatology, Metabolic Clinic, Endocrinology, Anal Dysplasia, Hep-C, Case Management, Lab, Radiology, Substance Abuse Counseling, Physical Therapy, GI, Dialysis, Clinical Trials and Research, Language and Hearing Impaired Translation Services. Parking is free.

Atención primaria para el VIH, inicio rápido de terapia, PrEP, farmacia, clínica de adolescentes y adultos jóvenes, obstetricia y ginecología, clínica de atención para la mujer, salud conductual, neuropsicología, clínica del Coumadin (clínica de anticoagulación), dermatología, reumatología, clínica metabólica, endocrinología, displasia anal, hepatitis C, gestión de casos médicos, laboratorio, radiología, asesoramiento sobre el abuso de sustancias, fisioterapia, gastroenterología, diálisis, ensayos clínicos e investigación médica, servicios de traducción para personas con problemas de audición y del lenguaje. El estacionamiento es gratuito.

HATCH YOUTH



The Montrose Center
401 Branard Street
Houston, TX 77006

MAIN (713) 529-3590
WEB montrosecenter.org
EMAIL hatchyouth@montrosecenter.org



NEIGHBORHOOD (C) Montrose
BUS ROUTES 25
LEGEND Y, Free

Hatch Youth is Houston's oldest, currently active social group dedicated to empowering LGBTQIA+ youth and young adults. Hatch Youth peer support groups foster a safe and affirming space where young individuals can socialize, receive mentorship and guidance, and participate in enriching educational and creative activities. Our aim is to empower youth in and around Houston to not just survive, but thrive!

We can't wait to welcome you into our inclusive and empowering family at Hatch Youth! Whether you're looking to connect with peers, find support, or just have a good time, there's a group for you. At Hatch, you'll find a safe and welcoming space where you can be your authentic self and make lasting connections in Houston's LGBTQIA+ community.

The various Hatch peer support groups take place on different days and times. If you would like to learn how to join Hatch or get more information, email hatchyouth@montrosecenter.org or simply complete an intake form when you arrive at your first meeting.

HEALTHCARE FOR THE HOMELESS-HOUSTON



1934 Caroline Street
Houston, TX 77002

MAIN (713) 286-6000
FAX (713) 286-6091
WEB www.homeless-healthcare.org
EMAIL info@homeless-healthcare.org



The mission of HHH is to promote health, hope and dignity for Houston's homeless through accessible and comprehensive care. For thousands of Houston's homeless men, women and children we provide a community-oriented, primary care setting where they can address a wide variety of medical needs. We are the city's largest private healthcare provider of services exclusively designed for this vulnerable and marginalized population.

Services include primary care for men, women, and children, oral health care, mental health counseling, therapy and support

groups, behavioral health services for substance use and addiction, TB screening, HIV and STD testing, treatment and prevention, vision care, health education, case management, pharmacy, and information and referrals.

Caroline Street Clinic

1934 Caroline Street
Houston, TX 77002

NEIGHBORHOOD (C) Downtown
BUS ROUTES 6, 11, 244, 247, 249, METRORail (red)

LEGEND All, Homeless, Free, Walk-ins, Med
HOURS Mon-Thur 8am-4:30pm (closed for
lunch 12-12:45pm), Fri 8am-12pm
NEED FOR INTAKE Proof of homelessness

Cathedral Clinic at The Beacon

1212 Prairie St.
Houston, TX 77002

NEIGHBORHOOD (C) Downtown
BUS ROUTES 6, 11, 51, 52, 137, Project Access bus,
METRORail (red)

LEGEND All, Homeless, Free, Walk-ins, Med
HOURS Mon-Fri 7:30am-12pm
NEED FOR INTAKE Proof of homelessness

HOMES Clinic

(Houston Outreach, Medicine, Education and Social Services)

Operates at The Beacon on Sundays from 10am-2pm. As the only student-run medical clinic in Houston, we provide high-quality healthcare to our patients and meaningful education for our volunteers. Our services are entirely student-managed with oversight from attending physicians and licensed pharmacists.

HIVINFO

Mailing Address:

Office of AIDS Research National Institutes of Health
5601 Fishers Lane BG 5601FL RM 2F02 MSC 9840
Rockville, MD 20892-9840

MAIN (800) HIV-0440
(800) 448-0440

WEB hivinfo.nih.gov
EMAIL HIVinfo@NIH.gov



LEGEND All, Free, Esp
HOURS Mon-Fri 12pm-3pm (CST)

HIVinfo, a service of the U.S. Department of Health and Human Services (HHS), offers access to the latest, federally approved HIV medical practice guidelines, HIV treatment and prevention clinical trials, and other research information for health care providers, researchers, HIVinfo services and staff cannot replace direct communication with your health care provider. The staff cannot respond to specific medical questions, offer medical advice, give second opinions, or make recommendations about specific therapies.

The HIVinfo project is 100% federally funded. HIVinfo neither allows advertising on the website nor endorses any company or products.

infoVIH ofrece acceso a información actualizada en español sobre el tratamiento de la infección por el VIH/SIDA y ensayos clínicos desarrollados específicamente para las comunidades afectadas por dicha infección y para otras comunidades de atención de salud. infoVIH es un sitio compañero de infoVIH

creado para enlazar al público hispanohablante a información y recursos en español y de lectura fácil. Los servicios y el personal de infoVIH no pueden ni deben reemplazar la comunicación directa con sus proveedores de atención de salud. El personal no puede responder a preguntas médicas específicas, ofrecer asesoramiento médico, dar una segunda opinión, ni hacer recomendaciones sobre tratamientos específicos.

Los fondos para el proyecto de infoVIH provienen en su totalidad del gobierno federal. infoVIH prohíbe promociones comerciales en su sitio web y se abstiene de promover a cualquier compañía o producto.

HOPE AND HEALING CENTER AND INSTITUTE (HHCI)



717 Sage Road
Houston, TX 77056

MAIN (713) 871-1004
WEB www.hopeandhealingcenter.org



NEIGHBORHOOD (W) Greater Uptown
BUS ROUTES 20, 47

LEGEND Adults with serious mental illness, Free
HOURS Office: Mon-Fri 8am-5pm
Support Groups: Mon-Fri 8am-9pm

HHCI is a comprehensive mental health resource serving the Houston community and beyond. It is a frontline resource for accessing free mental health services and support. HHCI provides faith-based mental health counseling for individuals 18 years and older with serious mental illness for free regardless of income or insurance.

Free mental health counseling, support groups, case management, mental health care planning, internships, and professional referral network. The Hope Line is open daily from 5pm-8pm and offers free, 30-minute peer counseling over the phone. A safe place to unwind. (832) 831-7337

HOUSTON AREA WOMEN'S CENTER



1010 Waugh Drive
Houston, TX 77019

MAIN 24 HOURS (713) 528-6798
TOLL FREE 24 HOURS (800) 256-0551
TTY 24 HOURS (346) 295-8994
WEB www.hawc.org
EMAIL info@hawc.org



Sexual Assault Hotline (713) 528-7273 / (800) 256-0661
Domestic Violence Hotline (713) 528-2121 / (800) 256-0551

NEIGHBORHOOD (C) Montrose
BUS ROUTES 40, 41

LEGEND All, Free, Esp
HOURS Mon-Fri 9am-9pm, Sat 9am-5pm

Crisis intervention and telephone counseling for all victims of sexual assault, incest and domestic violence. Individual and group counseling for all victims of sexual assault, incest and domestic violence.

Shelter, advocacy and support services for victims and their non-offending family and friends. For safety reasons, our shelter's location is not publicized, information about shelter services is available through our 24 hour hotlines.

Intervención de crisis y consejería por teléfono para todas las víctimas de agresión sexual, incesto y violencia doméstica. Consejería individual y de grupo para todas las víctimas de agresión sexual, incesto y violencia doméstica.

Refugio, abogacía y servicios de apoyo para víctimas y sus familiares y amistades no ofensivos. Por razones de seguridad, no se publica la ubicación de nuestro refugio. La información sobre los servicios del refugio está disponible a través de nuestras líneas de ayuda las 24 horas.

HOUSTON LAWYER REFERRAL SERVICE

MAIN (713) 237-9429
WEB www.hlrs.org
EMAIL info@hlrs.org



AREA SERVED Harris, Galveston, Brazoria,
Montgomery and Fort Bend Counties

LEGEND M, W, S\$, Esp
HOURS Mon-Fri 8:30-4:30pm

HLRS is a non-profit public service helping local residents find qualified, experienced legal representation since 1958. If you need an attorney or think you have a legal problem, the Houston Lawyer Referral Service is here to help. We assist more than 100,000 people each year with legal matters in the Texas counties of Harris, Brazoria, Fort Bend, Galveston, and Montgomery.

Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need. A reduced fee program is available. HLRS is a community service project of the legal profession created to provide access to competent legal representation. Contact us today for a low cost, no obligation appointment with an experienced Houston area attorney

El Servicio de Referencia de Abogados de Houston (Houston Lawyer Referral Service, HLRS) es un servicio público sin fines de lucro que ayuda a los residentes locales a encontrar una representación legal calificada y experimentada desde 1958. Si necesita un abogado o cree que tiene un problema legal, el Servicio de Referencia de Abogados de Houston está aquí para ayudarlo. Ayudamos a más de 100,000 personas cada año con asuntos legales en los condados de Harris, Brazoria, Fort Bend, Galveston y Montgomery en Texas.

Referencia a abogados e información. Asiste a definir el problema del individuo y ofrece referencia a servicios sociales. Un programa de tarifa reducida está disponible. HLRS es un proyecto de la profesión legal al servicio de la comunidad creado para proveer acceso a una representación legal competente. Comuníquese hoy para una cita de bajo costo y sin compromiso con un abogado con experiencia en el área de Houston.

HOUSTON VOLUNTEER LAWYERS PROGRAM



1111 Bagby, Suite FLB300
Houston, TX 77002

MAIN (713) 228-0735
WEB www.makejusticehappen.org
EMAIL info@hvlp.org



NEIGHBORHOOD (C) Downtown
AREA SERVED Harris County and the surrounding area
BUS ROUTES 40, 41

LEGEND M, W, Fam, Free, Esp,
Filing fees if required by court
HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE ID, Proof of income and residence

Houston Volunteer Lawyers is the largest provider of pro bono legal services in Harris County and the surrounding areas. Thousands of private attorneys volunteer their time and expertise each year to provide free legal assistance on civil legal matters to eligible, low-income area residents. This pro bono model only works thanks to the dedication of the entire legal community in Harris County and the surrounding areas.

Provides legal assistance in civil matters including family law, housing, federal taxes, guardianship, estate planning, probate, consumer law, Veterans, and criminal expunctions and non-disclosures. Lawsuits for monetary damages and criminal matters are not accepted. To participate, complete an online application to determine eligibility: legalhelphouston.org.

Houston Volunteer Lawyers es el mayor prestador de servicios legales sin cobrar (pro bono) en el condado de Harris y sus áreas circundantes. Miles de abogados privados ofrecen en calidad de voluntarios su tiempo y conocimientos especializados cada año para brindar asistencia legal gratuita en asuntos legales civiles a residentes elegibles de áreas de bajos ingresos. Este modelo sin cobrar solo funciona gracias a la dedicación de toda la comunidad legal del condado de Harris y sus áreas circundantes.

Asistencia legal sobre temas civiles, incluidos ley familiar, alojamiento, impuestos federales, tutela, planificación patrimonial, legalización de un testamento, ley del consumidor, veteranos y Expunciones penales y no divulgación. No se aceptan pleitos que requieren ganancia monetaria. Para participar, completan un aplicaciones en línea para determinar la elegibilidad: legalhelphouston.org.

HUMBLE AREA ASSISTANCE MINISTRIES (HAAM)



1302 First Street
Humble, TX 77338

Mailing Address:
PO Box 14051
Humble, TX 77347

MAIN / APPOINTMENTS (281) 446-3663
WEB www.haaministries.org



AREA SERVED 77044, 77302, 77306, 77336, 77338,
77339, 77345, 77346, 77347, 77357,
77365, 77396, 77532, 77372

LEGEND All, Fam, Free, Esp
HOURS Mon-Thur 9am-4:30pm,
Friday by appointment
NEED FOR INTAKE Photo ID, Proof of residence & income

Humble Area Assistance Ministries (HAAM) is an interfaith

organization united with others in the community to serve the basic needs of those in financial crisis and provide assistance towards self-sufficiency.

Humble Area Assistance Ministries (HAAM) es una organización interconfesional unida con otros en la comunidad para atender las necesidades básicas de aquellos que se encuentran en una crisis financiera y brindar asistencia dirigida hacia la autosuficiencia.

Social Services / Servicios sociales

New clients are strongly encouraged to register online to make serving you easier and more efficient.

Se motiva enfáticamente que los clientes nuevos se registren en línea para que atenderles sea más fácil y eficiente.

Client Services provides limited assistance with rent, utilities and other basic needs such as food, clothing, prescriptions and obtaining a birth certificate/ID.

El Servicio de Atención al Cliente brinda asistencia limitada con el alquiler, los servicios públicos y otras necesidades básicas tales como alimentos, ropa, recetas médicas y obtención de un certificado de nacimiento o identificación.

Homeless Assistance Program offers food, shower facilities and basic hygiene packs to community members who meet the program requirements for the Unsheltered, Housing Stability Services, or Homelessness Prevention programs. These comprehensive services extend beyond the immediate, offering wrap-around assistance and referrals that address client needs on a sustained medium to long-term basis.

El Programa de Asistencia para Personas sin Hogar ofrece alimentos, duchas y paquetes básicos de higiene a los miembros de la comunidad que satisfacen los requisitos de programas que ofrecen servicios de estabilidad en materia de vivienda para personas sin techo o de prevención de la falta de vivienda. Estos servicios completos se amplían más allá de lo inmediato y ofrecen asistencia integral y remisiones que abordan las necesidades del cliente de manera sostenida a mediano y largo plazo.

The Employment Center helps unemployed and under-employed persons find work. If you are looking to improve your employment situation, we offer a trusting and supportive program that includes resume writing, interview coaching, job search assistance, job fairs and a computer lab.

El Centro de Empleo ayuda a las personas desempleadas y subempleadas a encontrar trabajo. Si está buscando mejorar su situación laboral, le ofrecemos un programa de confianza y apoyo que incluye redacción de currículums, preparación para entrevistas, asistencia en la búsqueda de empleo, ferias de empleo y un laboratorio de computación.

Education Services provides referrals for GED, basic literacy, ESL and tuition assistance and offers resource classes that are geared toward strengthening budgeting and money management as well as other life skills.

El Programa de Servicios Educativos brinda remisiones para desarrollo de educación general (GED), alfabetización básica, inglés como segundo idioma (ESL) y asistencia con la matrícula. También ofrece clases de recursos orientadas a fortalecer la elaboración de presupuestos y la administración del dinero, así como otras habilidades para la vida.

Family Services program offers personalized Counseling Services to assist clients in navigating emotional complexities and building resilience in times of crisis. The program provides behavioral health information and referrals, and robust case

management, ensuring each client receives a tailored plan and support to meet their specific needs.

El Programa de Servicios Familiares ofrece servicios personalizados de consejería para ayudar a los clientes a sortear las complejidades emocionales y desarrollar resiliencia en momentos de crisis. El programa ofrece información y remisiones sobre salud comportamental y una sólida administración de casos, lo que garantiza que cada cliente reciba un plan y apoyo personalizados para satisfacer sus necesidades específicas.

Senior Services program is for individuals aged 60 or older, offers a comprehensive array of services and resources aimed at facilitating independent living.

El Programa de Servicios para Adultos Mayores está dirigido a personas de 60 años de edad en adelante y ofrece una amplia gama de servicios y recursos destinados a facilitar la vida independiente.

HAAM Resale Store

1204 1st Street East
Humble, TX 77338

MAIN (281) 446-0993
HOURS Mon-Sat 10am-5:30pm

Black Cat Junction Resale Boutique

22310 Loop 494
Kingwood, TX 77339

MAIN (281) 359-5667
HOURS Mon-Sat 10am-5:30pm

HAAM Social Services operates two resale stores. Whether you are looking for clothing, household items and other knick-knacks or larger pieces such as furniture and art, we have the stores for you. The proceeds from the sales generated by your donations go directly into the programs and services provided by HAAM to local area residents in crisis. We have free-standing donation bins located at both store locations.

Los Servicios Sociales de HAAM operan dos tiendas de reventa. Ya sea que estés buscando ropa, artículos para el hogar y otros accesorios, o piezas más grandes como muebles y arte, tenemos las tiendas perfectas para ti. Los ingresos generados por la venta de tus donaciones van directamente a los programas y servicios que HAAM brinda a los residentes locales en crisis. Contamos con contenedores de donación independientes ubicados en ambas tiendas

LAZARUS HOUSE: A CENTER FOR WELLNESS

4106 Austin Street
Houston, TX 77004

MAIN (713) 526-5071
FAX (713) 523-0379
WEB www.thelazarushouse.org
EMAIL questions@thelazarushouse.org



NEIGHBORHOOD(C) Midtown
BUS ROUTES 25, METRORail (red)

LEGEND All, Flat fee, Ltd scholarships
HOURS Mon, Wed, Fri 7am-12pm, 2pm-6pm,
Tue & Thur 8am-5pm, Sat 8:30am-11:30am
NEED FOR INTAKE Drivers license or ID,
physicians phone/fax number

Lazarus House provides a unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related muscle loss through an integrated program of exercise, nutrition, mental and spiritual support.

LEGACY COMMUNITY HEALTH



Mailing Address:
PO Box 66308
Houston, TX 77266-6308

MAIN (832) 548-5000
FAX (832) 548-5092
WEB www.legacycommunityhealth.org
EMAIL info@legacycommunityhealth.org



Legacy Community Health is a full-service community health center that provides comprehensive, primary healthcare services to all Houstonians in a culturally sensitive, judgment-free and confidential environment. Legacy has specialized in HIV testing, health education, treatment and social services since the early 1980s. This also includes gender health and wellness services. We also provide care for other chronic health conditions like diabetes and high blood pressure. Generous financial support from individuals, businesses and charitable foundations allows Legacy to provide no-cost or low-cost healthcare services to nearly 150,000 men, women and children. As a Federally Qualified Health Center many of our services are offered on a sliding fee scale; Medicaid, Medicare and most health insurance plans are accepted.

Legacy has clinics throughout the Greater Houston area and in Beaumont, providing care for children and adults. See the website for additional locations and services.

Legacy Community Health (LCH) es un centro de salud comunitario de servicio completo que presta servicios de atención médica primaria integral a todos los habitantes de Houston en un ambiente culturalmente sensible, libre de prejuicios y confidencial. Legacy se ha especializado en pruebas de VIH, educación en materia de salud, tratamiento y servicios sociales desde principios de la década de 1980. Esto también incluye servicios de salud y bienestar en función del género. También ofrecemos atención para otras enfermedades crónicas, tales como diabetes y presión arterial alta. El generoso apoyo financiero de personas, empresas y fundaciones benéficas le permite a Legacy prestar servicios de salud sin costo o a bajo costo a cerca de 150,000 hombres, mujeres y niños. Como centro de salud calificado a nivel federal, muchos de nuestros servicios se ofrecen en una escala de tarifas flexible; Medicaid, Medicare y la mayoría de los planes de seguro médico son aceptados.

Legacy cuenta con clínicas en toda el Área Metropolitana de Houston y en Beaumont, brindando atención a niños y adultos. Consulte el sitio web para conocer sedes y servicios adicionales.

Legacy Gulfton Dashwood Clinic

5420 Dashwood, Suite 100
Houston, TX 77081

MAIN (832) 548-5000
FAX (832) 548-5092
NEIGHBORHOOD (SW) Gulfton
BUS ROUTES 49

LEGEND M, W, Appt/Walk-ins, Free, S\$, Ins, Med, Esp

HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE ID, proof of income and residence,
ins card if applicable

Adult primary care including HIV, diabetes, STIs, annual checkups, chronic disease management, HIV education, prevention information and confidential testing, behavioral health services and vaccines/immunizations.


The Patient Assistance Team (PAT) and offers long-term and short-term medication assistance for both HIV meds and Non-HIV medications. The Insurance Assistance Team (IAT) offers health insurance assistance (HIA) for health insurance premiums (including COBRA, ACA Marketplace, Medicare supplemental, Medicare Part D and Employer sponsored plans), cost sharing with copays, co-insurance and deductibles for medications, labs, outpatient procedures.

Atención primaria para adultos, que incluye VIH, diabetes, ETS, chequeos anuales, manejo de enfermedades crónicas, educación, prevención y pruebas confidenciales del VIH, servicios de salud comportamental, así como vacunas e inmunizaciones.

El Equipo de Asistencia al Paciente (PAT) ofrece asistencia con medicamentos a corto y largo plazo, tanto para medicamentos contra el VIH como para medicamentos que no son contra el VIH. El Equipo de Asistencia con Seguros (IAT) ofrece asistencia con seguros médicos (HIA) para primas de seguro médico (incluyendo COBRA, ACA Marketplace, Medicare complementario, Parte D de Medicare y planes auspiciados por empleadores), costos compartidos con copagos, coseguro y deducibles para medicamentos, exámenes de laboratorio y procedimientos ambulatorios.

Legacy Montrose Clinic
@ Katy Caldwell Campus
1415 California Street
Houston, TX 77006

MAIN (832) 548-5000
FAX (832) 548-5092
BUS ROUTES 56, 82

LEGEND M, W, Appt/Walk-ins, , Free, S\$,
Ins, Med, Ryan White, Esp
HOURS Mon-Thur 8am-8pm, Fri 8am-6pm, Sat 8am-5pm
NEED FOR INTAKE ID, proof of income and residence,
ins card if applicable

Primary health care, HIV testing and counseling, STD screening and treatment, family planning, LGBTQ healthcare, dental care, prevention education, counseling, vaccinations, psychiatry, eye care, glasses/contact lenses, nutritional counseling, personal training, social services and on-site pharmacy.

The Patient Assistance Team (PAT) offers long-term and short-term medication assistance for both HIV meds and Non-HIV medications. The Insurance Assistance Team (IAT) offers health insurance assistance (HIA) for health insurance premiums (including COBRA, ACA Marketplace, Medicare supplemental, Medicare Part D and Employer sponsored plans), cost sharing with copays, co-insurance and deductibles for medications, labs, outpatient procedures.

Cuidado de salud primario, análisis del VIH y consejería, asesoramiento y tratamiento de ETS, planificación familiar, cuidado de salud a las personas gay, lésbicas, bisexuales y transgéneras, servicio dental, prevención, educación, consejería, vacunas, psiquiatría, cuidado de la vista, anteojos/lentes de contacto, consejos de nutrición, entrenamiento personal, servicios sociales, y farmacia.

El Equipo de Asistencia al Paciente (PAT) ofrece asistencia con medicamentos a corto y largo plazo, tanto para medicamentos contra el VIH como para medicamentos que no son contra el VIH. El Equipo de Asistencia con Seguros (IAT) ofrece asistencia con seguros médicos (HIA) para primas de seguro médico (incluyendo COBRA, ACA Marketplace, Medicare complementario, Parte D de Medicare y planes auspiciados por empleadores), costos compartidos con copagos, coseguro y deducibles para medicamentos, exámenes de laboratorio y procedimientos ambulatorios.

Legacy Montrose Pharmacy

MAIN (713) 665-8800
FAX (713) 559-3268
EMAIL PharmacyMontrose@LegacyCommunityHealth.org
HOURS Mon-Fri 8am-7:30pm, Sat 8am-5pm

L-H TRANSITIONAL CENTER



2410 Caplin Street
Houston, TX 77026

MAIN (713) 239-3866
FAX (713) 239-3868
WEB www.lhtcenter.com
EMAIL uhollins@lhtcenter.com



NEIGHBORHOOD (NE) Eastex/Jensen
BUS ROUTES 6, 51, 52

LEGEND Adults, SUD, IRR, S\$, Med, Appt/Walk-ins
HOURS Mon-Fri 10am-6pm

Our mision is to be an educational and substance abuse network center that provides treatment for mental health and substance use disorders.

Adult Intensive Outpatient Program (IOP) and Supportive Outpatient Program (SOP) providing a comprehensive continuum of care that assists clients in transitioning from more intensive treatment. Call for informaiton about parenting and anger management classes.

**LIVING WITHOUT LIMITS
LIVING LARGE INC.**



MAIN (832) 545-5689
WEB www.livinglarge.co
EMAIL cysmith2003@livinglarge.co



LEGEND M, W, , affected heterosexuals, Free
HOURS Fri 6:30pm-8:30pm

Meeting Location:

You must call and RSVP for the location address.

Living without Limits Living Large is a place where heterosexual people living with HIV can embrace everyday life with new beginnings and expectations. Other supporters are also welcome. We also have group sessions and workshops co-sponsored with other local agencies. Please call for more information or for the monthly meeting schedule.

LOVE NETWORK OF BAYTOWN



206 N. Whiting
Baytown, TX 77520

MAIN (281) 422-5683

FAX (281) 427-7653
EMAIL..... LoveNetworkofBaytown@gmail.com

Love Network of Baytown

NEIGHBORHOOD (E) Highlands
AREA SERVED 77520, 77521, 77523, 77562
LEGEND.....All, Free, Ltd
HOURS Mon-Thur 9am-12pm/12:30pm-3pm

Coalition of Baytown churches and local service groups.

Rental assistance, referrals for food, diapers, gas vouchers (for verified appointments only), assistance with job related clothing and shoes, and prescription assistance (one time only, no pain or mind-altering drugs), assistance with small home repairs and wheelchair ramps for eligible low income persons.

MAGDALENE HOUSE SOCIAL MINISTRY



527 South Houston Avenue
Humble, TX 77338-4763

MAIN/INTAKE (281) 540-1907
WEBst-mm.com/social-ministry



NEIGHBORHOOD (NE) Humble
AREA SERVED..... Eviction/Utility in zip codes: 77044, 77338, 77346, 77347, and 77396

LEGEND.....All, Free, Ltd, Proof of residence
HOURS Mon-Wed-Fri 9:30am-12:30pm
NEED FOR INTAKE.....Valid ID, proof of all household income

Food: Clients may come twice a month (non-consecutive weeks). If a client is ill and in need of food, please call on the days/times listed and ask to speak to a caseworker. After a short intake interview, food will be available curbside.

Eviction and Utility Pledge Assistance in zip codes 77044, 77338, 77346, 77347, and 77396, with termination/disconnect, court ordered eviction notice. Call to schedule an appointment ten days prior to your disconnection and/or eviction. Magdalene House does not offer rental assistance. Can provide referrals for other needs.

MAGNIFICAT HOUSES, INC.



Mailing Address:
P O Box 8486
Houston, TX 77288

MAIN (713) 529-4231
WEB www.mhihouston.org
EMAIL.....info@mhihouston.org



Started in 1968 with one house, Magnificat has grown to 16 houses for residents who have mental illness, former offenders, homeless and adults with HIV. In addition to our residences, we have a clubhouse for those with a mental illness, a soup kitchen and the W.T. & Louise Moran Building that houses a resale and consignment shop, art studio and wood working facilities run by the residents of Magnificat.

To apply for residency in one of our homes, please make an appointment through your social worker or call for more information.

Tras su comienzo en 1968 con una casa, Magnificat ha crecido a 16 casas para residentes que padecen enfermedades mentales, antiguos delincuentes, personas sin hogar y adultos

con VIH. Además de nuestras residencias, contamos con una casa club para personas con enfermedades mentales, un comedor social y el edificio W.T. & Louise Moran, que alberga una tienda de segunda mano y consignación, un estudio de arte e instalaciones de trabajo en madera dirigidas por los residentes de Magnificat.

Para presentar una solicitud de obtener una residencia en una de nuestras casas, concerte una cita a través de su trabajador social o llame para obtener más información.

Midtown Admissions Center

1410 Elgin
Houston, TX 77004

INTAKE(713) 529-4231
AREA SERVED..... Harris County
BUS ROUTES..... 9, 11, 54, 82, Project Access Bus

LEGENDM, W, Homeless, SUD, IRR, Appt req, Esp
HOURSMon-Fri 8:30am-12pm

Our safe, dignified neighborhood homes currently accommodate over 100 men and women in our emergency and our supportive housing. We provide emergency shelter for 1 - 90 nights, and supportive homes: shared, single room occupancy or apartment. Guests share household chores and responsibilities, respect one another's traditions, celebrate holidays and birthdays together, and participate in day trips. Each house is monitored by a house leader and/or assistant house leader, carefully chosen and trained to provide individual support.

Emergency shelter for the homeless: 14-30 day stay and the opportunity to apply for longer term shelter. Intake interviews are in-person by appointment, with limited walk-in availability. Admission is on a first-come, first-served basis, and beds are limited. Call (713) 529-4231, ext. 1 to request an appointment.

Homes for those living with mental health challenges: Providing all meals and services to women and men enrolled in our Clubhouse programs.

Homes for ex-offenders: Offer a guided path back into society with varied 30 to 90-day programs for men or women. Some Single Room Occupancy (SRO) housing is available.

Most of our houses are located in Midtown (south of downtown), many in the neighborhood surrounding the intake center. We also have homes north of Downtown and in southeast Houston.

Guests can expect shared rooms with twin beds, family style home-cooked meals, clothing suitable for work and play, on-campus jobs and skills training, job search assistance, health assessment, flu shots, help finding doctors and dentists, recovery programs, bus passes for essential transportation, loving, non-judgmental mental health support through our Clubhouse program, and rehabilitation support through AA, and the opportunity to share their special skills and talents with the community.

Centro de admisiones de Midtown

Nuestras viviendas vecinales dignas albergan en la actualidad a más de 100 hombres y mujeres en nuestras viviendas de emergencia y de apoyo. Ofrecemos refugio de emergencia por 1 a 90 noches y viviendas de apoyo: apartamento o dormitorios de ocupación individual y áreas compartidas. Los huéspedes comparten las tareas y responsabilidades del hogar, respetan las tradiciones de los demás, celebran fiestas y cumpleaños juntos y participan en excursiones de un día. Cada casa es monitoreada por un jefe de casa o un jefe adjunto de casa, cuidadosamente elegidos y capacitados para brindar apoyo individual.

Refugio de emergencia para personas sin hogar: estancia de 14 a 30 días y la oportunidad de solicitar permanencia en refugio a más largo plazo. Las entrevistas de admisión se efectúan presencialmente mediante cita, con disponibilidad limitada sin cita previa. La admisión se realiza por orden de llegada y las camas son limitadas. Llame al (713) 529-4231, ext. 1 para solicitar una cita.

Viviendas para personas que viven con problemas de salud mental: se facilitan todas las comidas y servicios a mujeres y hombres inscritos en nuestro Programas Clubhouse.

Viviendas para antiguos delincuentes: ofrecemos una trayectoria orientada de regreso a la sociedad con programas variados de 30 a 90 días para hombres o mujeres. Hay algunas viviendas disponibles en modalidad de dormitorios de ocupación individual (SRO).

La mayoría de nuestras casas están situadas en Midtown (al sur del centro de Houston), muchas en el vecindario que rodea el centro de admisión. También contamos con casas al norte del centro de la ciudad y en el sureste de Houston.

Los huéspedes pueden esperar habitaciones compartidas con dos camas individuales, comidas caseras estilo familiar, ropa adecuada para el trabajo y el ocio, trabajos en el campus y capacitación de habilidades, asistencia en la búsqueda de empleo, evaluación de salud, vacunas contra la influenza, ayuda para encontrar médicos y dentistas, programas de recuperación, pases de autobús para transporte esencial, apoyo de salud mental afectuoso y sin prejuicios a través de nuestro Programa Clubhouse y apoyo de rehabilitación mediante Alcohólicos Anónimos (AA), así como la oportunidad de compartir sus habilidades y talentos especiales con la comunidad.

Loaves and Fishes

2009 Congress Ave.
on the corner of Congress and Chartres,
just east of Daikin (Minute Maid) Park
Houston, TX 77002

MAIN (713) 224-1373
NEIGHBORHOOD (C) Downtown
BUS ROUTES 6, 20, 30, 48
LEGEND All, Free
HOURS Lunch: Tues-Sat 11am-12pm,
the lunch line starts about 10:30am
Breakfast: Sundays 8am-9am

Soup kitchen run by the residents of Magnificat House and supported by volunteers. Lunch is served daily except on Monday, no questions asked. Be our guest! Our staff, residents and volunteers prepare a nutritious, homecooked meal hoping you will join us. We always prepare plenty, so bring your friends and family.

Cocina para indigentes operada por los residentes de Magnificat House y apoyada por voluntarios. El almuerzo se sirve diariamente excepto los lunes, sin hacer preguntas. ¡Sea nuestro invitado! Nuestro personal, residentes y voluntarios preparan una comida casera nutritiva esperando que nos acompañe. Siempre preparamos suficiente, así que lleve a sus amigos y familia.

St. Joseph Clubhouse

3307 Austin Street
Houston, TX 77004

Mailing Address:
PO Box 2641
Houston, TX 77252

MAIN (713) 523-5958
FAX (832) 941-0364
WEB www.stjosephhouse.org
EMAIL info@stjosephhouse.org

NEIGHBORHOOD (C) Midtown
BUS ROUTES 9, 11

LEGEND Adults, Free, Walk-ins
HOURS Mon-Fri 8am-4pm

St. Joseph is a certified clubhouse for persons living with mental health diagnoses. The day program focus is participation, interaction and support with one another in the following activities: horticulture, kitchen, computers, education and outreach.

San Jose esta certificado como clubhouse, para las personas que tienen problemas mentales. Es un programa de día los que participar, se ayudan unos a otros. En la clubhouse tienen diferentes actividades como: jardinería, cocina, computadoras, educacion y hospitalidad.

MEMORIAL ASSISTANCE MINISTRIES



1625 Blalock Road
Houston, TX 77080-7320

MAIN (713) 468-4516
FAX (713) 468-4702
WEB www.mamhouston.org



NEIGHBORHOOD (W) Spring Branch
AREA SERVED Financial/emergency assistance
zip codes: 77008, 77009, 77018, 77022,
77024, 77037, 77039, 77040, 77041,
77043, 77055, 77076, 77079, 77080,
77088, 77091, 77092.

Other services are open to all.

BUS ROUTES 26

LEGEND All, Free, Appt req, Esp
HOURS Mon-Fri 8:30am-5:30pm
NEED FOR INTAKE Photo ID, Proof of residence,
Apply online

MAM's mission is to assure families have the means to meet their basic needs. A variety of programming at MAM is designed to help families in immediate need of short term financial assistance as well as longer term programming that will help a family achieve financial sustainability. MAM partners with a number of nonprofits to provide additional services such as Houston Volunteer Lawyers Association, immunization clinics, and vision testing for adults and is one of the larger sites for Volunteer Income Tax Assistance (through Baker Ripley Income Tax Centers).

La misión de MAM es asegurar que las familias tengan los medios para satisfacer sus necesidades básicas. Una variedad de programación en MAM está diseñada para ayudar a las familias en necesidad inmediata de asistencia financiera a corto plazo, así como programación a largo plazo que ayudará a una familia a lograr la sustentabilidad financiera. MAM se asocia con una serie de organizaciones sin fines de lucro para prestar servicios adicionales tales como la Abogados Voluntarios de Houston, clínicas de inmunización y pruebas de la visión para adultos y es uno de los sitios más grandes para la Asistencia Voluntaria del Impuesto a la Renta (a través de los Centros Fiscales Baker Ripley).

MAM's programs are designed to help families in immediate

need of short term financial assistance as well as help a family achieve financial sustainability. MAM partners with a number of nonprofits to provide additional services.

Los programas de MAM están pensados para ayudar a familias que necesitan asistencia financiera inmediata a corto plazo, así como para ayudar a una familia a lograr la sostenibilidad financiera. MAM se asocia con varias organizaciones sin fines de lucro para prestar servicios adicionales.

Financial Assistance Program: Rent and Utility Assistance for those actively pursuing financial stability through MAM programs. To apply, visit the main location during normal hours for an in-person consultation.

Programas de Asistencia Financiera: asistencia con el alquiler y los servicios públicos para aquellos que buscan de manera activa la estabilidad financiera a través de los programas de MAM. Para presentar una solicitud, visite la sede principal durante el horario normal para una consulta presencial.

Medical Assistance: Addresses urgent physical illness, mental illness, access to health care for uninsured patients, and preventive health. Provides limited medical assistance and prescription drugs, application assistance for public benefits (food stamps, CHIP, Medicaid and Gold Card), immunizations and eye exams for children, medical screenings and eye exams for adults, and flu shots. View the schedule of upcoming medical services online.

Asistencia médica: atiende enfermedades físicas urgentes, enfermedades mentales, acceso a atención médica para pacientes sin seguro y salud preventiva. Facilita asistencia médica limitada y medicamentos recetados, asistencia para solicitar beneficios públicos (cupones para alimentos, Programa de Seguro Médico para Niños (CHIP), Medicaid y Gold Card), vacunas y exámenes de la vista para niños, evaluaciones médicas y exámenes de la vista para adultos y vacunas contra la influenza. Consulte el calendario de los próximos servicios médicos en línea.

Clothing: Vouchers for adult and children's clothing from the MAM Resale Store.

Ropa: cupones de ropa para adultos y niños de la tienda de segunda mano de MAM.

Employment Services: Includes resume writing, job search strategies, mock interviews, soft skills training, computer skills, and networking assistance. To start, attend an orientation Mon-Fri at 10am at the main campus. No appointment necessary. (713) 468-4516 or (713) 574-7542

Servicios de empleo: incluye redacción de currículums, estrategias de búsqueda de empleo, simulacros de entrevistas, capacitación en habilidades interpersonales, habilidades informáticas y asistencia en establecimiento de contactos. Para comenzar, asista a una orientación de lunes a viernes a las 10:00 a. m. en el campus principal. No es necesario concertar una cita previa. Teléfono: (713) 468-4516 o (713) 574-7542.

Food Assistance: Lunch bags and referrals to partner food pantries. Assistance with SNAP applications is available.

Asistencia alimentaria: bolsas de almuerzo y remisiones a despensas de alimentos asociadas. Hay asistencia disponible respecto a presentación de solicitudes al Programa de Asistencia Nutricional Suplementaria (SNAP).

Homecare Packs: Toiletries, cleaning products, diapers, and other in-kind donations for active clients.

Paquetes de atención domiciliaria: artículos de tocador, productos de limpieza, pañales y otras donaciones en especie para clientes activos.

Mental Health Counseling: Individual and family counseling, counseling for children and adolescents. Call for an initial screening to determine if our services are appropriate for your needs. Depending on your needs, we may refer you to other community resources equipped to provide the required support. (346) 415-6153

Consejería en salud mental: consejería individual y familiar, y consejería para niños y adolescentes. Llame para solicitar una evaluación inicial y determinar si nuestros servicios son adecuados para sus necesidades. Dependiendo de sus necesidades, podemos remitirle a otros recursos comunitarios dotados para brindarle el apoyo requerido. Teléfono: (346) 415-6153.

Transportation: Gasoline or Metro vouchers to facilitate travel for work, interviews, or medical appointments.

Transporte: cupones para gasolina o Metro para facilitar desplazamientos hacia el trabajo, entrevistas o citas médicas.

Immigration Legal Services: Assistance with immigration-related needs.

Servicios legales migratorios: asistencia con necesidades en materia de migración.

For more information about services and eligibility, visit MAM's main location or website.

Para obtener más información sobre los servicios y la elegibilidad, visite la sede principal o el sitio web de MAM.

Spring Branch Resale Store

1625 Blalock Road
Houston, TX 77080-7320

MAIN(713) 491-4330
HOURS Mon-Fri 10am-6pm (Thur til 8pm), Sat 10am-6pm

Heights Resale Store

1015 E. 11th Street
Houston, TX 77009

MAIN(713) 714-5824
BUS ROUTES 30,56
HOURS Mon-Wed-Fri 10am-6pm (Thurs till 8pm),
Sat 9am-5pm

MAM Resale is a thrift store benefiting Memorial Assistance Ministries to help families meet their basic needs and learn skills to build better lives. Your purchases and donations can make a big difference in so many lives. We have daily arrivals of clothing, home furnishings, electronics, home goods, toys, books and more, both pre-owned and new.

Shop online: mam-resale.myshopify.com



MAM Resale es una tienda de segunda mano que beneficia a Memorial Assistance Ministries para ayudar a las familias a satisfacer sus necesidades básicas y aprender habilidades para forjarse una vida mejor. Sus compras y donaciones pueden marcar una gran diferencia en muchas vidas. Tenemos llegadas diarias de ropa, muebles para el hogar, productos electrónicos, artículos para el hogar, juguetes, libros y más, tanto usados como nuevos.

Tienda en línea: mam-resale.myshopify.com

MICHAEL E. DEBAKEY VA MEDICAL CENTER

2002 Holcombe Boulevard
Houston, TX 77030



MAIN (713) 794-7384
FAX (713) 794-7045
WEB www.houston.va.gov



NEIGHBORHOOD (C) Medical Center
BUS ROUTES 11, 28

LEGEND Veterans, ♿, Appt/Walk-ins
NEED FOR INTAKE Registration at the VA is required

This is a VA facility, the following services are provided for Veterans: HIV Primary Care and medical specialty care, case management/social work, mental health, chemical dependency, eye care, pension and compensation assistance, housing assistance for Veterans with unstable housing. HIV PrEP (pre-exposure prophylaxis) and PEP (post-exposure prophylaxis) services are provided.

Comprehensive Veteran health and wellness website:
www.myhealth.va.gov.

THE MONTROSE CENTER

401 Branard Street, 2nd Floor
Houston, TX 77006



MAIN (713) 529-0037
FAX (713) 526-4367
24 HOURS (713) 529-3211
TTY 7-1-1
WEB www.montrosecenter.org
EMAIL info@montrosecenter.org



NEIGHBORHOOD (C) Montrose
AREA SERVED Chambers, Fort Bend, Harris, Liberty,
Montgomery and Waller counties
BUS ROUTES 25

The Center provides mental health, outpatient substance use disorder treatment, anti-violence program services, recovery coaching, reentry services, housing and utility assistance (HOPWA), emergency financial assistance, CPCDMS registration, rapid HIV, Hep C and syphilis testing, clinical case management for persons living with HIV and case management for persons struggling with substance use disorders and are living with HIV.

El Centro presta servicios de salud mental, tratamiento ambulatorio para trastornos por consumo de sustancias, servicios de programas contra la violencia, preparación para la recuperación, servicios de reingreso, asistencia para vivienda y servicios públicos (Programa de Oportunidades de Vivienda para Personas con SIDA [HOPWA]), asistencia financiera de emergencia, registro en el sistema centralizado de gestión de datos de atención al paciente (CPCDMS), pruebas rápidas de VIH, hepatitis C y sífilis, administración de casos clínicos para personas que viven con VIH y administración de casos para personas que tienen dificultades con trastornos por consumo de sustancias y viven con VIH.

Anti-Violence Program

LEGEND All, Free, Esp

We offer specialized Counseling and Case Management services for LGBTQIA+ individuals who are survivors of sexual abuse, intimate partner violence, hate crimes, and human trafficking. Additionally, we provide housing assistance for clients escaping same-sex intimate partner violence. Our advocacy services support crime victim survivors, ensuring they receive the resources and assistance necessary to navigate their recovery journey.

Ofrecemos servicios especializados de asesoramiento y gestión de casos para personas LGBTQIA+ que son sobrevivientes de abuso sexual, violencia domestica, crímenes de odio y personas. Además, brindamos asistencia de renta para clientes que escapan de la violencia de pareja del mismo sexo. Nuestros servicios de defensa apoyan a los sobrevivientes de víctimas de delitos, garantizando que reciban los recursos y la asistencia necesarios para recorrer su camino de recuperación.

Case Management

LEGEND M, W, Y, SUD, IRR, Homeless, Immigrants, Esp

Coordination of care and service connection for individuals facing mental health challenges, substance use disorders, and challenges related to community reentry from incarceration.

Coordinación de atención y conexión de servicios para personas que enfrentan problemas de salud mental, trastornos por uso de sustancias y desafíos relacionados con el reingreso a la comunidad después del encarcelamiento.

CPCDMS registration

LEGEND M, W, ♿, IRR, Free, Walk-ins, SUD,
Ryan White, Esp
HOURS Mon-Thurs 8am-6:15pm, Fri 8am-5pm
NEED FOR INTAKE Eligibility appt req, can be
walk-in, appt or phone

CPCDMS registration, assistance linking to needed services, licensed outpatient substance use disorder treatment for LGBTQIA+ individuals and allies; professional counseling by licensed therapists.

Registro en CPCDMS, asistencia para conectarse con servicios necesarios, tratamiento ambulatorio autorizado para trastornos por consumo de sustancias para personas LGBTQIA+ y sus aliados; consejería profesional por parte de terapeutas autorizados.

Gay and Lesbian Switchboard of Houston

24 HOURS (713) 529-3211
LEGEND All, Free

24 hour hotline for the community for crisis counseling, HIV information, community resource information and crime survivor support.


HATCH Youth

MAIN (713) 529-3590
LEGEND Y, Free

We can't wait to welcome you into our inclusive and empowering family at Hatch Youth! Whether you're looking to connect with peers, find support, or just have a good time, there's a group for you. At Hatch, you'll find a safe and welcoming space where you can be your authentic self and make lasting connections in Houston's LGBTQIA+ community.

The various Hatch peer support groups take place on different days and times. If you would like to learn how to join Hatch, please email hatchyouth@montrosecenter.org or simply complete an intake form when you arrive at your first meeting.


Housing and Utility Assistance

LEGEND.....All, , S\$, Esp
NEED FOR INTAKE.....Photo ID, Proof of income
and proof of HIV status

Housing and utility assistance for people living with HIV (HOPWA) is available: STRMU, TBRA, PHP.

Asistencia de vivienda y servicios públicos para personas que viven con VIH (HOPWA) disponibles: STRMU, TBRA, PHP.

Mental Health

LEGEND.....All, , Ryan White, Esp

Outpatient mental health counseling in individual, couple, family and group settings. Licensed counselors provide assessment, diagnosis and counseling. Services offered via telehealth or in-person.

Asesoramiento ambulatorio en salud mental en entornos individuales, de pareja, familiares y grupales. Los consejeros autorizados brindan evaluación, diagnóstico y asesoramiento. Servicios ofrecidos vía telesalud o en persona.

Outpatient Substance Use Disorder Treatment

LEGEND.....M, W, SUD, Esp

Outpatient substance use disorder (SUD) treatment. Intensive Outpatient Program (IOP) and Supportive Outpatient Program (SOP). Treatment is in individual and group settings. Licensed counselors provide assessment, diagnosis and counseling. Focus on sexual health in recovery principles addressing drug and sex linked behaviors. 12 Step and other recovery groups on-site.

Tratamiento ambulatorio del trastorno por consumo de sustancias (SUD). Programa intensivo para pacientes ambulatorios (IOP) y programa de apoyo para pacientes ambulatorios (SOP). El tratamiento se realiza en entornos individuales y grupales. Los consejeros autorizados brindan evaluación, diagnóstico y asesoramiento. Centrarse en la salud sexual en los principios de recuperación que abordan las conductas relacionadas con las drogas y el sexo. 12 Pasos y otros grupos de recuperación en el sitio.

Recovery Coaching

LEGEND.....All, Free, Walk-ins accepted, Esp

A Recovery Support Peer Specialist will assist individuals at any stage of their recovery journey. The recovery coach will support the path to recovery that that individual selects.

Un par especialista en apoyo a la recuperación ayudará a las personas en cualquier etapa de su viaje de recuperación. El entrenador de recuperación apoyará el camino hacia la recuperación que el individuo seleccione.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

9401 Southwest Freeway, Suite 1234
Houston, TX 77074



MAIN (713) 970-4419
FAX (713) 970-4436
WEB www.namigreaterhouston.org
EMAIL.....namigh@namigreaterhouston.org



NEIGHBORHOOD(SW) Sharpstown
AREA SERVED.....Harris, Ft Bend and Montgomery Counties

BUS ROUTES..... 65, 68

LEGEND M, W, Y, Fam, IRR, Homeless, SUD, Free, Esp
HOURS Mon-Fri 9am-4:30pm,
Support Group hours vary
NEED FOR INTAKE..... Call for intake

NAMI Greater Houston provides NO COST mental health education classes and support groups for anyone impacted by a mental illness including the diagnosed, family members and caregivers. NAMI Greater Houston is Texas' largest provider of peer-facilitated mental health services designed to educate a broad coalition of consumers on the challenges of living with a mental illness.

NAMI Greater Houston ofrece clases de educación sobre salud mental SIN COSTO y grupos de apoyo para cualquier persona afectada por una enfermedad mental, incluyendo aquellos diagnosticados, sus familiares y sus cuidadores. NAMI Greater Houston es el mayor prestador de Texas de servicios de salud mental facilitados por pares, concebidos para educar a una amplia coalición de consumidores sobre las dificultades de vivir con una enfermedad mental.

Support Groups: Free, confidential, peer-led support groups for individuals living with mental health conditions and their families, provide a space to share experiences, coping strategies, and encouragement.

Grupos de apoyo: Grupos gratuitos, confidenciales y dirigidos por pares para personas con condiciones de salud mental y sus familias, que ofrecen un espacio para compartir experiencias, estrategias de afrontamiento y apoyo mutuo.

Educational Programs: Educational classes to help individuals and families understand mental health conditions, treatment options, and strategies for recovery. Programs are designed to empower participants with knowledge and resources.

Programas educativos: Clases diseñadas para ayudar a individuos y familias a comprender las condiciones de salud mental, opciones de tratamiento y estrategias de recuperación. Proporcionan conocimiento y recursos para empoderar a los participantes.

S.E.A. Center: The Support, Education, and Advocacy (S.E.A.) Center serves as a hub for community mental health resources, offering guidance and connections to care partners in the Greater Houston area. The center also operates a Warmline, providing confidential, supportive assistance from trained peers. (713) 970-4483 or email seacenter@namigreaterhouston.org

Centro S.E.A.: El Centro de Apoyo, Educación y Defensa (S.E.A.) es un recurso comunitario para la salud mental, ofreciendo orientación y conexión con proveedores de servicios en el área de Houston. También opera una línea de apoyo ("Warmline") confidencial atendida por pares capacitados. (713) 970-4481 (Español) o envíe un correo electrónico a: seacenter@namigreaterhouston.org

Youth and Young Adult Programs: Tailored programs focusing on early intervention, education, and support to address mental health challenges unique to this age group.

Programas para jóvenes: Servicios específicos para jóvenes y adultos jóvenes, centrados en la intervención temprana, educación y apoyo para abordar los desafíos de salud mental únicos de esta población.

Speakers Bureau: Offers several educational programs to reduce stigma, provide resources and inform the public that treatment works. To learn more about our speaker bureau services or to schedule a presentation, call or email us.

Despacho de presentadores: Ofrece varios programas educativos para reducir el estigma, ofrecer recursos e informar al público que el tratamiento funciona. Para más información sobre este servicio o para programar una presentación, llame o visite el sitio del web.

NORTHSHORE COUNSELING CENTER



331 Freeport St.
Houston, TX 77015

MAIN (713) 637-6000
FAX (713) 637-6009
WEB www.nshore.cc
EMAIL northshorecc@yahoo.com



NEIGHBORHOOD (E) Northshore
AREA SERVED 77015, 77044, 77049, 77530,
77521, Humble, Pasadena, Galena Park

LEGEND All, Med, CHIP, Ins, Flat fee,
Appt req, IRR, SUD, Esp
HOURS Office: Mon-Fri 9:30am-4:30pm
Appointments: Mon-Fri 10am-7pm
NEED FOR INTAKE Photo ID, insurance card if
applicable; call for intake

Northshore Counseling Center's mission is to promote, enhance and support the well-being of individuals and families in the Northshore area and surrounding communities of Crosby, San Jacinto and Channelview. Northshore Counseling Center is committed to operating a quality mental health care center by providing confidential, appropriate and responsive behavioral health care services for children, adolescents, adults, couples and families.

La misión de Northshore Counseling Center (NCC) es promover, mejorar y apoyar el bienestar de individuos y familias en el área de Northshore y las comunidades circundantes de Crosby, San Jacinto y Channelview. Northshore Counseling Center se compromete a operar un centro de salud mental de calidad prestando servicios de atención de salud comportamental confidenciales, adecuados y receptivos para niños, adolescentes, adultos, parejas y familias.

Individual, family and couples therapy including treatment, counseling and/or education for mood and anxiety disorders, ADHD, stress and anger management, marital conflict and divorce issues, parent-child conflict, trauma, domestic violence and substance abuse.

Terapia individual, de pareja, incluyendo tratamiento, consejería y/o educación sobre el cambio de estado de ánimo, trastorno de la ansiedad, ADHD, manejo del estrés y la ira, conflictos matrimoniales y temas de divorcio, conflictos de padres e hijos, trauma, violencia doméstica y abuso de sustancias.

Other services include Intellectual, IQ and Adaptive Behavior Assessments/Tests, Academic Learning Competencies and Assessments and court-ordered anger management, substance abuse, decision making skills group and truancy classes; children's trauma group and grandparents support group.

Otros servicios incluyen asesoramiento/análisis del intelecto, y la conducta adaptiva, competencia en aprendizaje académico, evaluación y manejo de la ira por orden judicial, abuso de

sustancias, clases sobre la habilidad en hacer mejores decisiones y la ausencia injustificada en la escuela o el trabajo; grupo para niños/niñas con traumas, y de apoyo a abuelos/abuelas.

The Battering Intervention and Prevention Program (BIPP) is designed to help adults who are aggressive or intimidating toward their partner. The program teaches how to control anger, skills to manage negative thoughts and more. You can take the program if ordered by the court and likewise if you decide to end the violence in your home. Call for details.

Battering Intervention and Prevention (BIPP) es un programa diseñado para ayudar a adultos agresivos y/o que intimidan a sus parejas. El programa enseña a cómo controlar la ira, maneras de lidiar con pensamientos negativos, y más. Inscribese si la corte judicial lo requiere, o si desea eliminar la violencia en su casa. Llame para mayores detalles.

NORTHWEST ASSISTANCE MINISTRIES



15555 Kuykendahl Road
Houston, TX 77090

MAIN (281) 885-4555
WEB www.namonline.org
EMAIL naminfo@namonline.org



NAM exists to help neighbors in need deal with the difficulties they face. For many families, that means getting a second chance at life. The Client Services program, Joanne Watford Nutrition Center and Meals on Wheels provide services to residents within specific ZIP codes. All other programs are open to you regardless of where you live. Most services are offered in English and Spanish.

NAM existe para ayudar a los vecinos necesitados a lidiar con las dificultades que enfrentan. Para muchas familias, eso significa tener una segunda oportunidad en la vida. El Programa de Servicios de Atención al Cliente, el Centro de Nutrición Joanne Watford y Meals on Wheels prestan servicios a residentes dentro de códigos postales específicos. Todos los demás programas están abiertos para usted, independientemente de dónde viva. La mayoría de los servicios se ofrecen en inglés y español.

NEIGHBORHOOD (N) Bammel
AREA SERVED 77014, 77032, 77038, 77050, 77060,
77066, 77067, 77068, 77069, 77070,
77073, 77086, 77090, 77373, 77379,
77386, 77388, 77389

BUS ROUTES 86

LEGEND Fam, Free or low cost, Appt/Walk-ins, Esp
HOURS Mon-Thur 8am-5pm, Fri 8am-4pm

Client Services Centralized Intake is open Monday-Friday from 9am-2pm, no appointment necessary. Provides emergency assistance or referrals for clothing, housewares, rent/mortgage (apply online), gas or METRO cards, and holiday food and toys.

El servicio de admisión centralizado del Programa de Servicios de Atención al Cliente está abierto de lunes a viernes, de 9am a 2pm, sin necesidad de cita previa. Facilita asistencia en situaciones de emergencia o remisiones para ropa, artículos para el hogar, alquiler e hipoteca (presente una solicitud en línea), tarjetas para gasolina o METRO, así como alimentos y juguetes para fiestas.

Client Services Housing Services (281) 885-4595

A comprehensive program to help families who are homeless or at risk of becoming homeless. Services include assistance with rent or mortgage, help finding affordable housing, case management, and referrals to address other needs.

Servicios de vivienda del Programa de Servicios de Atención al Cliente Teléfono: (281) 885-4595

Un programa integral para ayudar a las familias que se encuentran sin hogar o en riesgo de quedarse sin hogar. Los servicios incluyen asistencia con el alquiler o la hipoteca, ayuda para encontrar vivienda económica, administración de casos y remisiones para atender otras necesidades.

Family Violence Center (281) 885-4673 or 1-888-750-4673

24/7 hotline for domestic violence and sexual assault; peer advocacy, legal advocacy and counseling for victims and their children; violence awareness and prevention education for youth and adults.

Centro Contra la Violencia Familiar

Teléfono: (281) 885-4673 o 1-888-750-4673

Línea directa 24 horas al día, 7 días a la semana para casos de violencia doméstica y agresión sexual; defensa entre pares, defensa legal y consejería para víctimas y sus hijos; educación en sensibilización y prevención de la violencia para jóvenes y adultos.

Joanne Watford Nutrition Center (281) 885-4589

A drive-thru pantry which allows clients to safely receive nutritious groceries including fresh produce, meat and dairy items. Open Monday-Friday 9am-2pm.

Centro de Nutrición Joanne Watford (281) 885-4589

Una despensa con servicio desde el automóvil que permite a los clientes recibir de forma segura víveres nutritivos que incluyen productos agrícolas, carne y productos lácteos frescos. Abierto de lunes a viernes, de 9:00 a. m. a 2:00 p. m.

Learning & Vocational Training Center (281) 885-4523

GED and ESL classes; resume writing, mock interviewing and job search assistance; classes in financial literacy and other topics offered free of charge.

Centro de Aprendizaje y Capacitación Vocacional

Teléfono: (281) 885-4523

Clases de GED y ESL; redacción de currículums, simulacros de entrevistas; asistencia en la búsqueda de empleo; clases de educación financiera y otros temas ofrecidos de manera gratuita.

Meals on Wheels Program (281) 885-4622

Hot, nutritious meals delivered to homebound seniors and individuals who are homebound because of illness or disability. Includes pet food assistance for seniors' pets.

Programa Meals on Wheels (281) 885-4622

Comidas calientes y nutritivas entregadas a adultos mayores confinados en sus hogares y a personas en la misma situación debido a una enfermedad o discapacidad. Incluye asistencia con alimentos para mascotas de adultos mayores.

Spring Branch Community Health Center

Centro de Salud Comunitario de Spring Branch

15555 Kuykendahl Road, Suite 319
Houston, TX 77090

MAIN (713) 387-7180
WEB www.SBCHC.net

Young at Heart Senior Center (281) 885-4600

The Senior Center offers activities for active seniors including bingo, bridge, exercise, educational seminars and more. Free

hot lunch served daily.

Centro para Adultos Mayores Young at Heart

Teléfono: (281) 885-4600

El Centro para Adultos Mayores ofrece actividades para personas mayores activas, que incluyen bingo, bridge, ejercicio físico, seminarios educativos y más. Se sirve a diario almuerzo caliente gratuito.

OPEN DOOR MISSION



5803 Harrisburg Blvd.
Houston, TX 77011

MAIN (713) 921-7520
FAX (713) 921-4206
INTAKE (832) 962-4249
FAX (713) 923-8743
WEB www.opendoorhouston.org
EMAIL info@opendoorhouston.org



OFFICE HOURS Mon-Fri 8:30am-5pm
NEIGHBORHOOD (C) East End
BUS ROUTES METRORail (green, purple)

LEGEND Adult Men only, SUD, Homeless, IRR,
Free, Appt/Walk-ins
NEED FOR INTAKE Photo ID, call for intake

Open Door Mission is a faith and evidence based recovery facility dedicated to transforming the lives of the most severely addicted, destitute, homeless, and disabled men in our community. Open Door Mission has been serving Houston's male homeless population since 1954 and is located near downtown in the East End of Houston.

Doorway Recovery Program

Open Door Mission offers a 30-day intensive substance abuse program and a 6-7 month intensive/supportive substance abuse program. Licensed clinicians work with the residents during this time by providing individual counseling, spiritual and substance abuse classes. Our Social Services Dept. provides referrals for legal, medical, and mental health care services.

The program is supplemented by an Education and Career Guidance Center. Our Education Center helps individuals obtain and GED if needed, as well as other educational needs. The Career Guidance Center assists upcoming graduates and alumni with career building, resume writing, and skills training through our collaboration with community partners. Open Door Mission also provides a Transitional Living Program for eligible graduates of the 6-7 month substance abuse recovery program.

Medical Respite Care

Open Door Mission's Medical Respite Care Program provides homeless men a safe place to continue healing from surgery, injury or illness after discharging from the hospital. The program provides clients the opportunity to recuperate while being able to access medical and supportive services that assist in completing their medical recovery.

PAWS WITH HELPING HANDS CHARITY

MAIN/INTAKE (832) 573-7274
WEB Pawswithhelpinghandscharity.org
EMAIL PawswithhelpinghandsCharity@gmail.com



LEGEND.....All, Free
HOURS 24/7

Regardless of age or the circumstance of a patient admitted to a hospital, Paws with Helping Hands Charity will assist all who have no family or friends to help take care of their pet at home in their hour of need free of charge.

Independientemente de la edad o las circunstancias de los pacientes, Paws with Helping Hands Charity ayudará a todos los que no tienen familia o amigos a cuidar de su mascota en casa en su hora de necesidad.

PFLAG HOUSTON



Meeting Location:
The Montrose Center
401 Branard St, 2nd Floor
Houston, TX 77006

Mailing Address:
P O Box 667655
Houston, TX 77266-7655

MAIN (713) 467-3524
WEB www.pflaghouston.org
EMAIL..... HelplinePflagHouston@gmail.com



LEGEND.....All, Free

When your loved one comes to you and shares that they are LGBTQ, you may not know where to even begin to show them you love and support them. PFLAG is made up of moms, dads, family, and friends who can help by sharing their stories and experiences. You have a home at PFLAG. You can talk to a volunteer for support by email or by calling the Helpline. When calling, please leave a message and a volunteer will call you back.

Our general meetings are held in person at The Montrose Center on the second Sunday of each month. These monthly meetings feature announcements and an educational program focusing on issues impacting the LGBTQ community and those who love them (some months we have a social event instead).

PFLAG Houston also holds weekly peer-led confidential support groups in various locations around the Houston area. We support each other by sharing our stories, both the good and the difficult. All ages are welcome to attend general meetings, but support groups are most appropriate for adults.

Cuando su ser querido se acerca a usted y le cuenta que es LGBTQ, es posible que no sepa por dónde empezar para demostrarle que lo ama y lo apoya. PFLAG está conformado por mamás, papás, familiares y amigos que pueden ayudar compartiendo sus historias y experiencias. Usted tiene un hogar en PFLAG. Puede hablar con un voluntario para obtener apoyo llamando a la línea de ayuda o escribiendo por correo electrónico. Cuando llame, deje un mensaje y un voluntario le devolverá la llamada.

Nuestras reuniones generales se llevan a cabo de manera presencial en el Centro Montrose el segundo domingo de cada mes. Estas reuniones mensuales incluyen anuncios y un programa educativo centrado en temas que afectan a la comunidad LGBTQ y a aquellos que los aman (algunos meses tienen un evento social en su lugar).

PFLAG Houston también organiza grupos de apoyo confidenciales semanales dirigidos por pares en diversas sedes

alrededor del área de Houston. Nos apoyamos unos a otros compartiendo nuestras historias, tanto las buenas como las difíciles. Todas las edades son bienvenidas a asistir a las reuniones generales, pero los grupos de apoyo son más adecuados para los adultos.

PLANNED PARENTHOOD GULF COAST



4600 Gulf Freeway
Houston, TX 77023-3558

MAIN (713) 522-3976
WEB www.ppgulfcoast.org
EMAIL information@ppgulfcoast.org



LEGEND M, W, Y, S\$, Ins, Cash/Credit card,
Appt req (same day available), Esp
NEED FOR INTAKE..... Call for intake

The mission of Planned Parenthood Gulf Coast, Inc. is to ensure the right and ability of all individuals to manage their sexual and reproductive health by providing health services, education and advocacy. PPGC operates six health centers in the Greater Houston area. To learn more or schedule an appointment, visit the website or call 1-800-230-PLAN (7526).

La misión de Planned Parenthood Gulf Coast, Inc. (PPGC) es asegurar el derecho y la capacidad de todas las personas para manejar su salud sexual y reproductiva prestando servicios de salud, educación y defensa. PPGC opera seis centros de salud en el Área Metropolitana de Houston. Para obtener más información o programar una cita, visite el sitio web o llame al 1-800-230-PLAN (7526).

To be automatically connected to the nearest clinic, call (800) 230-PLAN (7526)

Services offered include HIV testing and counseling, HIV prevention and post-exposure prophylaxis (PrEP and nPEP), STD testing and treatment, birth control, emergency contraception, annual exams, cancer screenings, pregnancy testing and options counseling, HPV vaccines, gender-affirming hormone therapy for transgender patients 18+, primary care, menopause care, problem visits (treatment for UTI, yeast infections, sexual health concerns, etc.), vasectomies, and other sexual and reproductive health services.

Para conectarse automáticamente a la clínica más cercana, llame al (800) 230-PLAN

Los servicios ofrecidos incluyen pruebas de VIH y consejería, prevención del VIH (PrEP y nPEP), pruebas de ETS y tratamiento, control de natalidad, anticoncepción de emergencia, exámenes de salud, exámenes de detección de cáncer, pruebas de embarazo y asesoramiento de opciones, vacunas contra el VPH, terapia hormonal para personas transgénero 18+, atención primaria, atención menopausia, visitas problemáticas (tratamiento de la infección urinaria, infecciones por hongos, preocupaciones de salud sexual, etc.), vasectomía, y otros servicios de salud sexual y reproductiva.

POZ IMPACT AUTO REPAIR CLINIC

MAIN (832) 573-7274
WEB POZImpact.org
EMAIL info@POZImpact.org



LEGEND M, W, S\$, Cash/Credit card

HOURS By appointment only
NEED FOR INTAKE Call or email for intake

POZ Impact Mobile Mechanic

We offer auto repair and maintenance services to financially struggling individuals in the Houston area. Our organization prioritizes Women, Seniors, LGBTQ+ individuals, People Living with HIV and Veterans. Services include check engine light diagnostic, air filter, spark plugs, battery, ac filter, brake pads, thermostat, fuel pump, transmission fluid change, tune-up, oil leak, alternator, oil changes. Call for information.

Cost*: \$40 Trip Fee + \$100 per hour. Subject to change. *Parts not included.

Mecánico móvil de POZ Impact

Ofrecemos servicios de reparación y mantenimiento de automóviles a personas con dificultades económicas en el área de Houston. Nuestra organización prioriza a mujeres, adultos mayores, personas LGBTQ+, personas que viven con VIH y veteranos. Los servicios incluyen verificación del motor, diagnóstico de luces, filtro de aire, bujías, batería, filtro de aire acondicionado, pastillas de frenos, termostato, bomba de combustible, cambio de líquido de transmisión, puesta a punto, fuga de aceite, alternador, cambios de aceite. Llame para obtener mayor información.

Costo*: \$40 por tarifa de desplazamiento + \$100 por hora. Sujeto a modificación. *No se incluyen piezas.

RE:MIND DEPRESSION AND BIPOLAR SUPPORT



Mailing Address:
PO Box 27607
Houston, TX 77227

MAIN (713) 600-1131
FAX (713) 600-1137
WEB www.remindsupport.org
EMAIL info@remindsupport.org



AREA SERVED Harris, Fort Bend, Montgomery counties
BUS ROUTES Many groups are on a METRO route

LEGEND M, W, IRR, Homeless, SUD, Free, Walk-ins, Esp
HOURS Office: Mon-Fri 9am-4pm
Support Group: hours vary by group

re:MIND provides free, confidential support groups for individuals living with, or family and friends affected by, depression and bipolar disorders to help in managing symptoms. Groups are led or co-facilitated by licensed mental health professionals. Visit the website to find a group near you. re:MIND also educates the community about these disorders.

re:MIND ofrece grupos de apoyo gratuitos y confidenciales tanto para personas que viven con depresión y trastornos bipolares como para familiares y amigos afectados con el fin de ayudarles a controlar los síntomas. Los grupos están dirigidos o son cofacilitados por profesionales autorizados de salud mental. Visite el sitio web para encontrar un grupo cerca de usted. re:MIND también educa a la comunidad sobre estos trastornos.

RECENTER HOUSTON



3809 Main Street
Houston, TX 77002

MAIN (832) 649-6696

WEB www.recenterhouston.com
EMAIL info@recenterhouston.com



NEIGHBORHOOD (C) Downtown
BUS ROUTES METRORail (red)

LEGEND M, W, SUD, Homeless, Esp
HOURS Mon-Fri 7am-6pm, Sat 8am-12pm

Recenter is a nonprofit organization that provides programs and services to help individuals who are predominately homeless recover from alcoholism and drug addiction in order to lead more productive lives.

There is life beyond addiction. We support residents in rebuilding independence and creating healthy lifestyles by establishing productive habits and routines, including obtaining gainful employment, volunteering in the community, and paying monthly rent to develop the skills and habits they need to maintain their success.

We support those in recovery through ongoing programs, case management and services including hosting of open Alcoholics Anonymous, Narcotics Anonymous, and Cocaine Anonymous meetings. We work with residents to learn the tools and skills necessary to rebuild their self-confidence and sense of self, torn down by addiction. Repairing relationships with families, friends, employers, and society becomes possible through group meetings led by those who have who have seasoned recovery. We take a holistic approach to healing, focusing on the mind as well as the body. We walk side by side with residents to help them find a balanced, hopeful, and sober life.

Recenter es una organización sin fines de lucro que ofrece programas y servicios para ayudar a las personas predominantemente sin hogar a recuperarse del alcoholismo y de la drogadicción con el fin de llevar vidas más productivas.

Hay vida más allá de la adicción. Apoyamos a los residentes a reconstruir su independencia y crear estilos de vida saludables estableciendo hábitos y rutinas productivas, que incluyen la obtención de un empleo remunerado, el voluntariado en la comunidad y el pago de un alquiler mensual para desarrollar las habilidades y los hábitos que necesitan para mantener su éxito.

Apoyamos a aquellos que se encuentran en recuperación mediante programas continuos, administración de casos y servicios que incluyen la organización de reuniones abiertas de Alcohólicos Anónimos, Narcóticos Anónimos y Cocainómanos Anónimos. Yendo un paso a la vez, trabajamos con los residentes para que aprendan las herramientas y habilidades necesarias para reconstruir su confianza en sí mismos y su sentido de identidad, destrozados por la adicción. Recomponer las relaciones con las familias, los amigos, los empleadores y la sociedad se hace posible a través de reuniones grupales dirigidas por personas que han experimentado la recuperación. Adoptamos un enfoque holístico de la sanación, centrándonos tanto en la mente como en el cuerpo. Acompañamos de cerca a los residentes para ayudarles a encontrar una vida equilibrada, esperanzadora y sobria.

ROSENBERG-RICHMOND HELPING HANDS, INC.



902 Collins Road
Richmond, TX 77469-2732

Mailing Address:
P O Box 1268
Richmond, TX 77406-0032

MAIN (281) 232-4904
 FAX (281) 232-8050
 WEB www.roserrichhelpinghands.org
 EMAIL.....rrhh@roserrichhelpinghands.org



AREA SERVED..... Richmond, Beasley, Booth, Damon, East Bernard, Fulshear, Guy, Kendleton, Nee

LEGEND..... All, Free, Walk-ins
 HOURS Food: Mon-Thur 9:30am-1:30pm;
 Clothing Closet closes at 12pm.

NEED FOR INTAKE.....ID, Proof of address, and all household income and bills

Rosenberg Richmond Helping Hands has been faithfully serving the community, providing food and clothing to those in need, since 1985. From the beginning, RRHH has relied solely on the generosity of the West Fort Bend County community.

RRHH provides assistance to local households with emergency food, clothing, diapers and hygiene products. We supply a safe place for people to come and receive the help they need. Our goal is to provide assistance temporarily until the individual or family becomes self-sufficient. If we cannot help with a problem, we can make referrals to someone who can.

RYAN WHITE PLANNING COUNCIL



Meeting Location:
 Bering Church
 1440 Harold Street (Parking/entrance in back)
 Houston, TX 77006

Mailing Address:
 1310 Prairie Street, Suite 800
 Houston, TX 77002

MAIN (832) 927-7926
 FAX (713) 431-4880
 WEB rwpchouston.org
 EMAIL.....FeedbackRWPC@harriscountytexas.gov



AREA SERVED..... Harris and surrounding counties

LEGEND..... All, Free, Esp
 HOURS Mon-Fri 8am-5pm

Each year, the Ryan White Planning Council designs services and allocates federal funds for services to people living with HIV. All meetings and processes are open to the public and community input is encouraged at all levels. The meeting calendar, Council publications and a wealth of other information is available on our website. See page 158 for a timeline of annual Planning Council processes. Most meetings are hybrid (in-person and on Zoom). Call or email to receive meeting notices by email, or check the website calendar to get location, Zoom info and meeting materials (pdf).

The Office of Support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book". The Blue Book is available as a download on our website or call/email to have one to mailed to you free of charge.

Project LEAP (Learning-Empowerment-Advocacy-Participation) is a comprehensive advocacy training program for individuals living with or affected by HIV who reside in Harris and the surrounding counties. The goal of the program is to train people living with HIV and others to become active participants in local HIV planning activities by serving on a planning body, such as the Ryan White Planning Council or the City of Houston HIV

Prevention Planning Group. See page 160 for more information about Project LEAP.

Cada año, el Consejo de Planificación del Programa Ryan White formula servicios y asigna fondos federales para servicios a personas que viven con VIH. Todas las reuniones y procesos están abiertos al público y se fomenta la participación de la comunidad en todos los niveles. El calendario de reuniones, las publicaciones del Consejo y una gran cantidad de información adicional están disponibles en nuestro sitio web. Consulte la página 159 para ver un cronograma de los procesos anuales del Consejo de Planificación. La mayoría de las reuniones son híbridas (presenciales y en Zoom). Llame o envíe un correo electrónico para recibir avisos de reuniones por correo electrónico, o bien consulte el calendario del sitio web para obtener la sede, información de Zoom y materiales de la reunión (en formato pdf).

La Oficina de Apoyo publica la Guía de recursos sobre el VIH del área de Houston, comúnmente conocida como "El Libro azul". El Libro azul está disponible para descargar en nuestro sitio web o puede llamar o enviar un correo electrónico para que le enviemos por correo postal un ejemplar sin cargo.

Proyecto VIDA (Vivir, Inspirar, Defender, Aprender) es un programa integral de capacitación en defensa para personas que viven con VIH o se ven afectadas por este virus y que residen en Harris y los condados circundantes. La meta del programa es capacitar a personas que viven con VIH y a otras para que participen de manera activa en actividades locales de planificación contra el VIH al formar parte de un organismo de planificación, tal como el Consejo de Planificación del Programa Ryan White o el Grupo de Planificación de Prevención del VIH de la Ciudad de Houston. Consulte la página 161 para obtener más información sobre el Proyecto VIDA.

SAN JACINTO APARTMENTS

1111 McIlhenny St.
 Houston, TX 77002

MAIN (713) 650-0306
 EMAIL sanjacintoapts@sbcglobal.net

NEIGHBORHOOD (C) Downtown
 AREA SERVED..... 10-County HOPWA service area
 BUS ROUTES.....54, METRO Rail (red)

LEGEND Adults, Disabled
 HOURS Mon-Fri 8am-5pm
 NEED FOR INTAKE..... Doctor letter stating disability,
 letter signed by case manager, state ID
 and Social Security card

Unfurnished housing for individuals living with HIV. Amenities include central heat/AC, full size bath, stove, wood floors, on site washer/dryers, easy access to bus and light rail. Rent is set at 30% of a person's adjusted monthly income.

San Jacinto Apartments is one of many properties managed by the Housing Corporation of Greater Houston: (713) 526-9470 or info@thehousingcorp.org.

SANTA MARIA HOSTEL



2605 Parker Road
 Houston, TX 77093-4639

MAIN (713) 691-0900
 FAX (713) 691-0910
 WEB www.santamariahostel.org



Santa Maria Hostel is a non-profit organization with over 50 years of experience serving women. The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives. Santa Maria serves women age 18 and up who reside in Harris or the surrounding counties.

Santa Maria - Bonita House

INTAKE (713) 691-0900
 admissions@santamariahospel.org

NEIGHBORHOOD (NE) Eastex/Jensen
 AREA SERVED Harris and the surrounding counties
 BUS ROUTES 79, 6, 83

LEGEND Women/women with children only, ♿,
 IRR, SUD, Free, Appt req

Residential substance abuse treatment programs for women and women with children ages 0-12.

Outpatient substance abuse treatment programs for women.

Transitional housing for up to one year include programs for homeless women/homeless women with children ages 0-12 years, Veterans and women living with HIV.

Santa Maria treatment and housing clients also benefit from many additional services including integrated mental health services for clients with co-occurring disorders, case management, counseling, parenting and life skills classes, educational and vocational services, peer-to-peer recovery coaching, court liaison services and childcare and transportation assistance.

SEARCH HOMELESS SERVICES



2015 Congress Street
 Houston, TX 77002

MAIN (713) 739-7752
 FAX (713) 739-7706
 WEB www.searchhomeless.org
 EMAIL info@searchhomeless.org



NEIGHBORHOOD (C) Midtown
 AREA SERVED Houston/Harris County
 BUS ROUTES 6, 20, 30, 48, Project Access

LEGEND M, W, Fam, Free, IRR, Walk-ins,
 SUD, Homeless only, Esp

HOURS Mon-Fri 8am-4pm

SEARCH Homeless Services pursues a mission of providing hope, creating opportunity, and transforming lives for the thousands of individuals experiencing homelessness in our community. We bring this mission to life every day by connecting men, women, and children not only with housing and employment, but with the targeted resources and wrap-around support they need to remain stably housed and regain self-sufficiency. If you are homeless and in need of immediate assistance, please call 211.

SEARCH specializes in skilled case management to help those who are homeless move from the streets into jobs and safe, stable housing. SEARCH's programs help individuals obtain housing, increase their income, improve their health, and stabilize their lives through a proven path of services that Engage & Stabilize, House, Employ, and Educate.

SEARCH Homeless Services se dedica a la misión de brindar esperanza, crear oportunidades y transformar vidas para los

miles de personas que experimentan falta de vivienda en nuestra comunidad. Damos vida a esta misión todos los días al conectar a hombres, mujeres y niños no solo con vivienda y empleo, sino también con los recursos específicos y el apoyo integral que necesitan para mantener una vivienda estable y recuperar la autosuficiencia. Si no tiene hogar y necesita asistencia inmediata, llame al 211.

SEARCH se especializa en la administración especializada de casos para ayudar a aquellos que no tienen hogar a salir de las calles y acceder a trabajos y viviendas seguras y estables. Los programas de SEARCH ayudan a las personas a obtener vivienda, aumentar sus ingresos, mejorar su salud y estabilizar sus vidas a través de una trayectoria comprobada de servicios que involucran, estabilizan, albergan, emplean y educan.

House of Tiny Treasures Childcare Center

MAIN (713) 276-3065
 LEGEND C (2 to 5 yrs), Free
 NEED FOR INTAKE Call for intake

An early childhood education and therapeutic services program for children, 2 to 5 years of age, who are either homeless or living in deep poverty. Along with the specialized childcare provided free of charge, HTT delivers wrap-around support to families, empowering them to pursue educational and job opportunities that will increase their income and overall stability. HTT is an ongoing program, open year-round. While the children are being cared for, their parents are able to focus on getting back on their feet and regaining a stable, self-sufficient life for their family.

SERJOBS



1710 Telephone Road
 Houston, TX 77023

MAIN (713) 773-6000
 FAX (713) 773-6010
 WEB www.serhouston.org
 EMAIL info@serhouston.org



NEIGHBORHOOD (C) Second Ward
 AREA SERVED Harris, Fort Bend, Galveston, Matagora,
 Wharton, Brazoria, Montgomery counties

BUS ROUTES 40

LEGEND M, W, Y, IRR, Free, Esp
 HOURS Mon-Fri 8am-5pm
 NEED FOR INTAKE Photo ID

SER is a nonprofit community organization that educates and equips people in the Texas Gulf Coast Region who come from low-income backgrounds or who have significant barriers to employment.

SER es una organización comunitaria sin fines de lucro que educa y prepara a las personas en la región de la costa del golfo en Texas que provienen de entornos de bajos ingresos o que tienen barreras importantes para la vinculación laboral.

FORT BEND OFFICE

United Way Fort Bend Center
 12300 Parc Crest Dr.
 Stafford, TX 77477

MAIN (281) 207-2301
 EMAIL navigation@serhouston.org
 HOURS Mon-Fri 8am-5pm

GALVESTON OFFICE

Island Community Center
4700 Broadway Road
Galveston TX 77551

MAIN (713) 773-6000
EMAIL..... navigation@serhouston.org
HOURS Mon-Fri 8am-5pm

Workforce Opportunity Center

Free career coaching, occupational training, employment assistance and financial coaching services for adults, individuals who have been formerly incarcerated or involved with the criminal justice system, Veterans and youth. SER's unique, holistic process empowers participants for long-term success and stability.

Apply for free training at serhouston.org/application.

Servicios gratuitos de preparación profesional, capacitación ocupacional, asistencia laboral y preparación financiera para adultos, personas que han estado anteriormente encarceladas o involucradas con el sistema de justicia penal, veteranos y jóvenes. El proceso único y holístico de SER empodera a los participantes para alcanzar el éxito y la estabilidad a largo plazo.

Presente una solicitud para recibir capacitación gratuita en serhouston.org/application

Workforce Resource and Training Center

1960 Tellepsen Street
Houston, Texas 77023

Veteran's Services

LEGEND..... Veterans, Free, Walk-ins, Esp
NEED FOR INTAKE..... Driver's license or state ID

Specialized services to help veterans navigate and access all of their benefits and successfully reintegrate into the civilian workforce.

Servicios para Veteranos

Servicios especializados para ayudar a los veteranos a navegar y tener acceso a todos sus beneficios y reintegrarse con éxito en la fuerza laboral civil.

SICKLE CELL ASSOCIATION OF TEXAS



Marc Thomas Foundation

2500 East T.C. Jester Blvd, Suite 178
Houston, TX 77008

MAIN (713) 534-1712
TOLL FREE..... (844) 994-HOPE
WEB..... www.sicklecelltx.org
EMAIL..... info@sicklecelltx.org



NEIGHBORHOOD(C) Greater Heights
LEGEND..... All, Free, Walk-ins, Call for intake
HOURS Mon-Fri 8am-5pm

We are a non-profit organization that provides holistic centered wraparound services to individuals and families affected by sickle cell disease and sickle cell trait., as well as public health education.

We provide the following services for families affected by sickle cell disease or trait:

Certified case management that includes health, transportation and basic needs assistance, limited emergency financial assistance, counseling and holistic support.

Medical case management that includes specific assistance with medical needs, medical home placement, medical referrals, specialty referrals, health education, doctor referrals and advocacy.

A specialized week-long camp for children with sickle cell disease ages 6-14 which provides disease management education, mental health support and respite for families.

A transitional boot camp designed to assist youth transitioning from pediatric to adult care through case management, referrals, support groups, education, career development, pain management education, and mental health counseling.

Free sickle cell screening for individuals wanting to learn if they have sickle cell trait or to verify their type of sickle cell disease. We also provide certified hemoglobinopathy education which provides detailed genetic and condition education relating to sickle cell disease or trait.

We also provide professional and continuing education to health professionals, social workers, teachers, clinics and other organizations focusing on removing stigmas, prejudice, patient concerns, mental health counseling, ethics and improving lives of those affected by chronic conditions.

SOCIAL SECURITY ADMINISTRATION



Call for nearest office:

MAIN (800) 772-1213
TTY (800) 325-0778
WEB..... www.ssa.gov



LEGEND All, Esp
HOURS Mon-Fri 8am-7pm

You can use our online services to apply for benefits, check the status of your claim or appeal, request a replacement Social Security card (in many areas), get an instant benefit verification letter, and much more. Our website is the best way to get help. If you cannot use our website, please call our 800 number or your local Social Security office. We can often help by phone and save you a trip to an office. If you need in-person help, you must make an appointment to visit a local office.

Puede solicitar beneficios, verificar el estado de su reclamo o apelación, solicitar una tarjeta de reemplazo de Seguro Social (disponible en muchas áreas), obtener una carta de verificación de beneficios instantánea y mucho más. Nuestro sitio de internet es la mejor manera de obtener ayuda. Si no puede utilizar nuestro sitio de internet, llame a nuestro número 800 o a su oficina local del Seguro Social. A menudo podemos ayudarlo por teléfono y ahorrarle un viaje a una oficina. Si necesita ayuda en persona, debe programar una cita para visitar una oficina local.

SPRING BRANCH COMMUNITY HEALTH CENTER



Mailing Address:
5502 1st Street
Katy, TX 77493

MAIN (713) 462-6565
WEB..... www.sbchc.net



Spring Branch Community Health Center (SBCHC) is a private, non-profit community health center providing quality, affordable healthcare services to the underserved and uninsured

communities of Spring Branch and West Houston. SBCHC has 8 clinics and a Mobile Clinic.

SBCHC was developed to reduce area health disparities by creating a neighborhood-based health center and by providing comprehensive primary health care services that are culturally competent, linguistically appropriate and client-driven in a location easily accessible to public transportation. SBCHC also provides free pregnancy tests, HIV rapid testing, and health education classes.

El Centro de Salud Comunitario de Spring Branch (SBCHC) es un centro de salud comunitario privado y sin fines de lucro que presta servicios de atención médica económicos y de calidad a comunidades desatendidas y sin seguro de Spring Branch y West Houston. SBCHC cuenta con ocho clínicas y una clínica móvil.

SBCHC se desarrolló para reducir las disparidades en materia de salud del área mediante la creación de un centro de salud vecinal y la prestación de servicios integrales de atención médica primaria que sean culturalmente competentes, lingüísticamente adecuados y orientados al cliente en una sede de fácil acceso al transporte público. SBCHC también ofrece pruebas de embarazo gratuitas, pruebas rápidas de VIH y clases de educación en materia de salud.

Cy-Fair Clinic

7777 Westgreen Blvd.
Cypress, TX 77433

INTAKE (713) 387-7180
NEIGHBORHOOD (NW) Cy-Fair
LEGEND..... All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm

Medical care including family and pediatric medicine, cancer screening, labs, physicals, and vaccinations.

Atención médica, que incluye medicina familiar y pediátrica, exámenes de detección de cáncer, exámenes de laboratorio, exámenes físicos y vacunaciones.

Hillendahl Clinic

1615 Hillendahl Blvd., Suite 100
Houston, TX 77055

INTAKE (713) 462-6565
NEIGHBORHOOD (W) Spring Branch
BUS ROUTES 26

LEGEND..... All, Ins, S\$, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm

Medical care including family and pediatric medicine, OB/GYN, and behavioral health.

HIV Early Intervention Services (EIS)

Free walk-in (or by appointment) health screenings and HIV/STI testing **Thursdays from 9am-6pm**; health education for HIV, referrals for PrEP, access to ART medications, free safer sex and harm reduction kits, and linkage to additional services. Call for more info: (346) 242-2620

Atención médica, que incluye medicina familiar y pediátrica, así como obstetricia y ginecología, y salud comportamental.

Servicios de intervención temprana (EIS) para el VIH

*Evaluaciones médicas gratuitas sin cita previa (o con cita) y pruebas de VIH y ETS los **jueves, de 9:00 a. m. a 6:00 p. m.**; educación en materia de salud para el VIH; remisiones para PrEP; acceso a medicamentos antirretrovirales (ART); kits gratuitos de sexo más seguro y mitigación de daños; y*

vinculación con servicios adicionales. Llama para obtener más información: (346) 242-2620

Katy Clinic

5502 1st Street
Katy, TX 77493

INTAKE (713) 231-5757
LEGEND All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm

Medical care including family and pediatric medicine, OB/GYN, cancer screening, labs, physicals, and vaccinations.

Atención médica, que incluye medicina familiar y pediátrica, exámenes de detección de cáncer, exámenes de laboratorio, exámenes físicos y vacunaciones.

Memorial Clinic

902 Frostwood Drive, Suite 108
Houston, TX 77024

INTAKE (713) 827-4744
NEIGHBORHOOD (W) Memorial City
AREA SERVED..... Harris County
BUS ROUTES..... 160

LEGEND All, Ins, S\$, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm

Services include family-centered OB care, family planning, high-risk pregnancies, infertility evaluation and treatment, management of endometriosis, menstrual disorders, chronic pelvic pain, menopause, and hormonal changes.

Los servicios incluyen atención obstétrica centrada en la familia, planificación familiar, embarazos de alto riesgo, evaluación y tratamiento de la infertilidad, manejo de la endometriosis, trastornos menstruales, dolor pélvico crónico, menopausia y cambios hormonales.

Northwest Clinic

15555 Kuykendahl Rd., Suite 319
Houston, TX 77090

INTAKE (281) 885-4630
NEIGHBORHOOD (N) Bammel
LEGEND All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm

Medical care for newborns, pediatrics and adolescents, school and sport physicals, asthma diagnosis and treatment, allergy diagnosis and treatment, and vaccinations.

Atención médica a recién nacidos, pediatría y adolescentes, exámenes físicos escolares y deportivos, diagnóstico y tratamiento del asma, diagnóstico y tratamiento de alergias, así como vacunaciones.

Pitner Clinic

8575 Pitner Road
Houston, TX 77080

INTAKE (713) 462-6545
NEIGHBORHOOD (NW) Langwood
LEGEND All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm, Sat 8am-12pm

Medical care including family and pediatric medicine, OB/GYN, and behavioral health.

HIV Early Intervention Services (EIS)

Free walk-in (or by appointment) health screenings and HIV/STI testing on the **1st Wednesday of the month from 1pm-4pm**; health education for HIV, referrals for PrEP, access to ART medications, free safer sex and harm reduction kits, and linkage to additional services. Call for more info: (346) 242-2620

Atención médica, que incluye medicina familiar y pediátrica, así como obstetricia y ginecología, y salud comportamental.

Servicios de intervención temprana (EIS) para el VIH

*Evaluaciones médicas gratuitas sin cita previa (o con cita) y pruebas de VIH y ETS los **primer miércoles de cada mes, de 1:00 p. m. a 4:00 p. m.**; educación en materia de salud para el VIH; remisiones para PrEP; acceso a medicamentos antirretrovirales (ART); kits gratuitos de sexo más seguro y mitigación de daños; y vinculación con servicios adicionales. Llama para obtener más información: (346) 242-2620*

West Houston Clinic

19333 Clay Road
Katy, TX 77449

INTAKE (713) 462-6555
LEGEND..... All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm

Medical care including family and pediatric medicine, OB/GYN, and behavioral health. Dental Health Services: First Dental Home and pediatric dentistry available, call to schedule or request eligibility.

HIV Early Intervention Services (EIS)

Free walk-in (or by appointment) health screenings and HIV/STI testing on the **3rd Monday of the month from 1pm-4pm**; health education for HIV, referrals for PrEP, access to ART medications, free safer sex and harm reduction kits, and linkage to additional services. Call for more info: (346) 242-2620.

Atención médica, que incluye medicina familiar y pediátrica, así como obstetricia y ginecología. Servicios de salud dental: primer centro odontológico y odontología pediátrica disponible. Llame para programar o solicitar elegibilidad.

Servicios de intervención temprana (EIS) para el VIH

*Evaluaciones médicas gratuitas sin cita previa (o con cita) y pruebas de VIH y ETS los **tercer lunes de cada mes, de 1:00 p. m. a 4:00 p. m.**; educación en materia de salud para el VIH; remisiones para PrEP; acceso a medicamentos antirretrovirales (ART); kits gratuitos de sexo más seguro y mitigación de daños; y vinculación con servicios adicionales. Llama para obtener más información: (346) 242-2620*

WholeLife Clinic

1905 Jacquelyn Drive, Suite 101
Houston, TX 77055

INTAKE (713) 231-5767
NEIGHBORHOOD (W) Spring Branch
BUS ROUTES 26

LEGEND..... All, S\$, CHIP, Med, Ins, Free, Appt/Walk-ins, Esp
HOURS Mon-Fri 8am-5pm

Medical care including pediatrics, OB/GYN, labs, physicals, and vaccinations. Clinic Parking is located at 1838 Johanna Dr.

Atención médica, que incluye pediatría, obstetricia y ginecología, exámenes de laboratorio, exámenes físicos y vacunaciones. El estacionamiento de la clínica está situado en 1838 Johanna Dr.

ST. HOPE FOUNDATION



6200 Savoy Dr., Suite 540
Houston, TX 77036-3338

MAIN (713) 778-1300
FAX (713) 778-0827
WEB www.offeringhope.org



LEGEND All, S\$, Med, Ins, Ryan White, Appt/Walk-ins, Esp
NEED FOR INTAKE..... ID, Proof of income and residency, insurance card (if applicable)

An innovative and inclusive federally-qualified community health center offering comprehensive medical, dental, vision, pharmacy, and clinical research to those in need. Specializing in primary care, education, and treatment since 1999, SHF has 6 locations throughout the Houston area offering services on a sliding fee scale, Medicaid, Medicare, and most health insurance. Same day appointments and new patients welcomed.

SHF provides medical care including internal medicine, family practice, OB/GYN, HIV care, diabetes, hepatitis treatment, dental care, behavioral health, psychiatry, optometry, podiatry, clinical research, diagnostic x-ray, ultrasound image, CT scan, nutritional counseling, prevention education, case management, pharmacy, community health screenings, and transportation

Un centro de salud comunitario innovador e inclusivo calificado a nivel federal, que ofrece servicios integrales de investigación médica, dental, de la vista, farmacéutica y clínica a aquellos que los necesitan. SHF se especializa en atención primaria, educación y tratamiento desde 1999. Cuenta con seis sedes en toda el área de Houston y ofrece servicios con una escala de tarifas variables, Medicaid, Medicare y la mayoría de los seguros médicos. Citas para el mismo día y nuevos pacientes bienvenidos.

SHF brinda atención médica que incluye medicina interna, medicina familiar, obstetricia y ginecología, cuidados del VIH, diabetes, tratamiento de la hepatitis, servicios de odontología, salud de la conducta mental, psiquiatría, optometría, podología, estudios clínicos, diagnóstico por rayos X, ultrasonidos, tomografía computarizada, consejos nutricionales, educación preventiva, administración de casos, farmacia, exámenes médicos comunitarios y transporte.

Bellaire Health Care Center

6800 West Loop South, Suite 560
Bellaire, TX 77401-4516

MAIN (713) 839-7111
FAX (877) 547-9031
INTAKE (713) 778-1300
BUS ROUTES 2
HOURS Mon-Thur 8am-6pm, Fri 9am-1pm,
1st/3rd Sat 8am-1pm

Conroe Health Care Center

1414 S. Frazier, Suite 105/106
Conroe, TX 77301-4475

MAIN (936) 441-2440
FAX (877) 615-5381
INTAKE (713) 778-1300
AREA SERVED..... Montgomery & Waller Counties; Huntsville
BUS ROUTES 2 South
HOURS Mon-Thur 8am-6pm, Fri 9am-1pm

Dickinson Health Care Center
3750 Medical Park Dr., Suite 150
Dickinson, TX 77539

MAIN (713) 955-4821
FAX (866) 316-2044
INTAKE (713) 778-1300
AREA SERVED Galveston and Brazoria counties
HOURS Tue-Thur 8am-6pm

Greenspoint Health Care Center
255 Northpoint Drive
Houston, TX 77060

MAIN (832) 300-8040
FAX (877) 547-9071
INTAKE (713) 778-1300
BUS ROUTES 102
HOURS Mon-Thur 8am-6pm, Fri 9am-1pm,
1st/3rd Sat 8am-1pm

Northwest Health Care Center
20320 Northwest Freeway, Suite 500
Jersey Village, TX 77065

MAIN (832) 365-3380
FAX (832) 699-5123
INTAKE (713) 778-1300
NEIGHBORHOOD (NW) Jersey Village
HOURS Mon-Thur 8am-6pm, Fri 9am-1pm

Sugar Land Health Care Center
14815 Southwest Freeway
Sugar Land, TX 77478

MAIN (281) 277-8571
FAX (866) 756-7603
INTAKE (713) 778-1300
HOURS Mon-Thur 8am-6pm, Fri 9am-1pm,
1st/3rd Sat 8am-1pm

**STAN'S HANDS MASSAGE
& WELLNESS, LLC**



2990 Richmond Avenue, Suite 440
Houston, TX 77098

MAIN (713) 485-6490
CALL/TEXT (832) 526-6520
WEB stanshandsmassage.com
EMAIL stanshands2000@yahoo.com



NEIGHBORHOOD (C) Greenway Plaza
BUS ROUTES 25

LEGEND M, W, Y, S\$, Appt req
HOURS Tue-Fri 10am-8pm, Sat 10am-7pm
NEED FOR INTAKE Referral if applicable, call for intake

Stan's Hands Massage & Wellness, LLC is a medical massage and wellness clinic offering a variety of modalities to help reduce pain and stress. We offer services for people with special needs and various disabilities including HIV. Our owner worked for 8 years with the Body Positive program at Legacy Community Health and we currently offer free 30 minute massages for clients of Lazarus House.

Stan is known for his Deep Tissue Massage and Sports Massage services but also provides a wide range of treatments and modalities, including Energy Work, Prenatal Massage, Geriatric Massage, Couples Massage, and more. It's our

mission to help patients reduce their pain and stress levels, increase their healing abilities, and promote relaxation. We're located in a beautiful salon, and our clinic offers a peaceful, gorgeous, private ambiance for our clients. We also offer classes for massage therapists as Stan is a Licensed Massage Therapy Instructor. If you want to experience relief from pain, book us for any of our services, and we promise to take great care of you. Book an appointment online.

STAR OF HOPE



Administration Office
2575 Reed Road
Houston, TX 77051

MAIN (713) 748-0700
FAX (713) 748-5941
WEB www.sohmission.org
EMAIL hope@sohmission.org



Star of Hope is a Christ-centered community dedicated to meeting the needs of homeless men, women and their children. Positive life changes are encouraged through structured programs which focus on spiritual growth, education, employment, life management and recovery from substance abuse. SOH is funded through public and private donations, churches, civic/community groups, corporations, grants and foundations and is assisted by more than 7,300 volunteers. The intake form is available to submit online.

Star of Hope (SOH) es una comunidad centrada en Cristo dedicada a satisfacer las necesidades de hombres y mujeres sin hogar, así como sus hijos. Se fomentan cambios positivos de vida a través de programas estructurados que se centran en el crecimiento espiritual, la educación, el empleo, la administración de la vida y la recuperación del abuso de sustancias. SOH se financia a través de donaciones públicas y privadas, iglesias, grupos cívicos y comunitarios, corporaciones, subvenciones y fundaciones. Cuenta con la ayuda de más de 7,300 voluntarios. El formulario de admisión está disponible para enviarlo en línea.

Donation and Distribution Center

2320 Lamar
Houston, TX 77003

Doris and Carloss Morris Men's Development Center

1811 Ruiz Street
Houston, TX 77002-1321

MAIN (713) 226-5414
NEIGHBORHOOD (C) Downtown
BUS ROUTES 20, 30, 48, 137, 236

LEGEND M, Walk-ins, Homeless, Ltd, Free, SUD
OFFICE HOURS Mon-Fri 9am-4pm
NEED FOR INTAKE Valid ID, 30-days of medications
(if applicable)

Emergency shelter for homeless men with 3 meals per day. Extended stay (3-6 months) substance abuse program with spiritual emphasis, case management and licensed chemical dependency counseling; transitional living programs (up to one year), career development, education (tutoring, GED assistance) and clinic. Must acquire ID after 5 days or forfeit services.

Refugio de emergencia para hombres sin vivienda incluyendo tres comidas diaria. Estadía por 3-6 meses, programa para el abuso de sustancias con énfasis espiritual, manejo de casos y consejería sobre la dependencia de sustancias, programas de

vivienda de transición (hasta 1 año), desarrollo de una profesión, educación (tutoría, asistencia con el GED) y clínica. Se debe obtener tarjeta de identidad después de 5 días para continuar recibiendo servicios.

Women & Family Development Center

2575 Reed Road
Houston, TX 77051

MAIN (713) 222-2220
NEIGHBORHOOD (C) MacGregor
BUS ROUTES 87
LEGEND W, Single parent families, Homeless,
Ltd, Free, Esp
OFFICE HOURS Mon-Fri 9am-4pm

Provides a continuum of care including crisis services through intensive programs offering stability, personal development and hope. We provide programs to help residents break the generational cycle of abuse, neglect and addiction that traps so many single women and families.

Services include: 30 days to 12 months of basic care, case management, safe housing and basic services, needed social services, guidance, therapy, licensed intensive substance abuse recovery program, spiritual recovery, Bible studies and chapel services, work force development and education to help set and achieve employment goals and independent living, a state-licensed children’s program, including child care, preschool, after school activities, and homework assistance, a teen program focusing on education and healthy living patterns and transition to college, referrals for and assistance to permanent housing.

Ofrece un servicio de atención continua que incluye servicios para situaciones de crisis a través de programas intensivos que ofrecen estabilidad, desarrollo personal y esperanza. Ofrecemos programas para ayudar a los residentes a romper el ciclo generacional de abuso, abandono y adicción que atrapa a tantas mujeres solteras y familias.

Los servicios incluyen los siguientes: De 30 días a 12 meses de atención básica, administración de casos, vivienda segura y servicios básicos; servicios sociales necesarios, orientación, terapia; programa de recuperación intensivo autorizado de abuso de sustancias; recuperación espiritual, estudios bíblicos y servicios de capilla; desarrollo y formación de fuerza laboral para ayudar a establecer y lograr metas laborales y de vida independiente; un programa infantil con autorización estatal, que incluye cuidado infantil, preescolar, actividades extraescolares y ayuda con las tareas; un programa para adolescentes que se centra en la educación, patrones de vida saludables y transición a la universidad; remisiones y asistencia para asegurar una vivienda permanente.

TEXAS CHILDREN'S HOSPITAL

Department of Retrovirology

1102 Bates St., FC-630
Houston, TX 77030-2399

MAIN (832) 822-1038
FAX (832) 825-9681
WEB www.texaschildrenshospital.org
www.BIPAI.org



Baylor International Pediatric AIDS Initiative

1102 Bates Street, FC-630
Houston, TX 77030-2399

MAIN (832) 822-1038
FAX (832) 825-9681

NEIGHBORHOOD (C) Medical Center
BUS ROUTES 4, 28, 60, METRORail (red)
LEGEND C (ages 0-18), ♿, S\$, Medicaid, Esp
HOURS Mon-Fri 8:30am-4pm
NEED FOR INTAKE Immunization record, Call for intake

Pediatric primary care for children and adolescents living with HIV and their uninfected siblings, as well as HIV exposed infants. Staff MD provides direct care to children and youth.

Atención primaria pediátrica para niños y adolescentes que viven con VIH y sus hermanos no infectados, así como para lactantes expuestos al VIH. El personal médico brinda atención directa a niños y jóvenes.

Retrovirology Clinic

6701 Fannin Street
Houston, TX 77030

MAIN (832) 822-1038
FAX (832) 825-1281
INTAKE (832) 822-1304
NEIGHBORHOOD (C) Medical Center
BUS ROUTES 2, 10, 56, 84, METRORail (red)
LEGEND C (ages 0-18), ♿, S\$, Medicaid, Esp
HOURS Mon-Fri 8:30am-4pm
NEED FOR INTAKE Immunization record, Call for intake

Pediatric primary care for children and adolescents living with HIV and their uninfected siblings, as well as HIV exposed infants. Staff MD provides direct care to children and youth.

Atención primaria pediátrica para niños y adolescentes que viven con VIH y sus hermanos no infectados, así como para lactantes expuestos al VIH. El personal médico brinda atención directa a niños y jóvenes.

TEXAS DEPARTMENT OF FAMILY AND PROTECTIVE SERVICES



Region 6 Headquarters
2525 Murworth Drive
Houston, TX 77054

MAIN (713) 394-4000
24 HOURS (800) 252-5400
WEB www.dfps.texas.gov



AREA SERVED Texas
LEGEND All, Free, Esp

The Texas Department of Family and Protective Services (DFPS) protects children and vulnerable adults from abuse, neglect, and exploitation.

El Departamento de Servicios para la Familia y Protección de Texas (DFPS) protege a los niños y a los adultos vulnerables del abuso, la negligencia y la explotación.

Adult Protective Services: Protects the elderly and people with disabilities from abuse, neglect, and exploitation through investigations and services.

Servicios de Protección para Adultos: Protege a las personas mayores y a las personas con discapacidades del abuso, la negligencia y la explotación a través de investigaciones y servicios.

Child Care: Search the online database to locate child care or register to get help paying for child care:

WEB <https://childcare.twc.texas.gov/find/welcome>

Cuidado Infantil: Busque en la base de datos en línea para encontrar cuidado infantil o regístrese para obtener ayuda con el pago del cuidado infantil:

SITIO WEB <https://childcare.twc.texas.gov/find/welcome>

Child Protective Services: Protects children from abuse and neglect through services, foster care, and adoption.

Servicios de Protección Infantil: Protege a los niños del abuso y la negligencia a través de servicios, hogares de acogida y adopción

Child Protective Investigations: Investigates reports of child abuse or neglect to determine abuse or neglect. If the children aren't safe, the investigator starts protective services.

Investigaciones de Protección Infantil: Investiga informes de abuso o negligencia infantil para determinar si han ocurrido. Si los niños no están seguros, el investigador inicia servicios de protección.

Texas Abuse Hotline / Línea Directa de Abuso en Texas

24 HOURS 1-800-252-5400
EMAIL..... TxAbuseHotline.org

Confidentially report if you suspect that a child or adult who is elderly or has disabilities is being abused, neglected, or exploited. Time frames for investigating reports are based on the severity of the allegations. Reporting suspected abuse makes it possible for a family to get help.

Informe de manera confidencial si sospecha que un niño o un adulto mayor o con discapacidades está siendo abusado, descuidado o explotado. Los tiempos de investigación de los informes dependen de la gravedad de las denuncias. Informar sobre sospechas de abuso permite que una familia reciba ayuda.

Texas Youth Hotline

24 HOURS (800) 989-6884
WEB www.texasyouthhelpline.org

The Helpline provides free and confidential services to youth, their parents, and other family members of youth in crisis who need help finding a counselor, safe shelter, legal information, other local referral information, or just need someone to talk to. Volunteer advocates are available 24/7 to talk with you about your issue, discuss your choices, and help you develop a plan of action.

We offer a free message service so runaways can communicate with their parents or guardians if they don't want to talk with them directly. All calls are strictly confidential. We can put you in contact with "Operation Home Free" transportation service that gives runaways a free ride if they are trying to get back home.

La línea de ayuda presta servicios gratuitos y confidenciales a los jóvenes, sus padres y otros familiares de jóvenes en situaciones crisis que necesitan ayuda para encontrar un consejero, un refugio seguro, información legal, otra información de remisiones locales o simplemente necesitan a alguien con quien hablar. Los defensores voluntarios están disponibles las 24 horas, los 7 días de la semana para hablar contigo sobre tu problema, analizar tus opciones y ayudarte a desarrollar un plan de acción.

Ofrecemos un servicio de mensajes gratuito para que los jóvenes fugados puedan comunicarse con sus padres o tutores si no quieren hablar con ellos directamente. Todas las llamadas son estrictamente confidenciales. Podemos ponerte en contacto con el servicio de transporte "Operation Home Free", que ofrece transporte gratuito a jóvenes fugados que intentan regresar a casa.

TEXAS DEPARTMENT OF STATE HEALTH SERVICES HIV Medication Program (ADAP)



Mailing Address:
PO Box 149347, MC 1873
Austin, TX 78714

MAIN (800) 255-1090
FAX (512) 989-4011
WEB www.dshs.texas.gov/hivstd/meds
EMAIL hivstd@dshs.texas.gov



AREA SERVED..... Texas
LEGEND Free, Restrictions apply, Esp

Please do not send applications or include any personal, identifying health information in email.

The Texas HIV Medication Program (THMP) is the official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP started in 1987 and provides medications approved by the FDA for the treatment of illnesses caused by HIV and opportunistic infections in people living with HIV as prescribed by their doctor.

The THMP provides medications for low-income Texans. To qualify for medications, you must meet specific income guidelines, lack adequate prescription drug coverage, and complete an application for assistance.

The THMP provides insurance assistance services for eligible, uninsured people with HIV. For more information, please visit www.dshs.texas.gov/hivstd/meds/tiap

Additionally, THMP operates the Texas HIV State Pharmaceutical Assistance Program (SPAP), which helps individuals living with HIV who do not qualify for the full Low-Income Subsidy (extra help) with out-of-pocket costs associated with Medicare Part D prescription drug plans, including co-payments, deductibles, coinsurance, and coverage during the "donut hole".

Visit the website to learn more about the THMP and find out if you are eligible. You can also apply for the program online or download the application. Be sure and review the specific application instructions when completing the application. Please call if you have questions or need assistance completing your application.

Programa de Medicamentos Contra el VIH de Texas (ADAP)

No envíe solicitudes ni incluya información de salud personal que le identifique en correo electrónico.

El Programa de Medicamentos Contra el VIH de Texas (THMP) es el Programa de Asistencia para Medicamentos Contra el SIDA (ADAP) oficial del estado de Texas. El Programa THMP comenzó en 1987 y facilita medicamentos aprobados por la Administración de Alimentos y Medicamentos (FDA) para el tratamiento de enfermedades provocadas por el VIH y otras infecciones oportunistas en personas que viven con el VIH, según lo recetado por su médico.

El Programa THMP brinda medicamentos para los texanos de bajos ingresos. Para calificar para recibir medicamentos, debe cumplir con pautas específicas de ingresos no tener una cobertura adecuada de medicamentos recetados y cumplimentar una solicitud para recibir asistencia.

El Programa THMP presta servicios de asistencia con seguros para personas con VIH que son elegibles y no tienen seguro. Para obtener más información, visite www.dshs.texas.gov/hivstd/meds/tiap

Además, el Programa THMP opera el Programa Estatal de Asistencia Farmacéutica para el VIH de Texas (SPAP), que ayuda a personas que viven con VIH que no califican para el subsidio para personas de bajos ingresos en su totalidad (ayuda adicional) con costos por cuenta propia asociados con los planes de medicamentos recetados de la Parte D de Medicare, incluyendo copagos, deducibles, coseguro y cobertura durante el "período sin cobertura" (donut hole).

Visite el sitio web para más información y para verificar si es elegible. También puedes presentar en línea una solicitud para el programa o descargar la solicitud. Asegúrese de revisar las instrucciones específicas de la solicitud al cumplimentarla. Llámenos si tiene preguntas o necesita ayuda para cumplimentar su solicitud.

THOMAS STREET HEALTH CENTER

See Harris Health Thomas Street Clinic

THOMAS STREET PATIENT ADVISORY COUNCIL



3601 N MacGregor Way
Houston, TX 77004

MAIN (713) 873-4040
FAX (713) 873-4052
LEGEND.....All, , Free, Esp

Clients, their families and interested members of the public meet to discuss issues and share information regarding their health care, events and services at the TSHC, providing a platform for dialog between clients, the public and the staff at the TSHC.

The Thomas Street Patient Advisory Council meets on the 2nd Wednesday of every month at 10am. Currently, meetings are online only using Webex: <https://bit.ly/TSPAC>.

Allí los clientes, familiares y el público en general se reúnen para discutir diversos temas y para compartir información referente al cuidado de la salud, los eventos y servicios del TSHC, dando lugar a una plataforma para el diálogo entre clientes, el público y los empleados del TSHC.

El Consejo Asesor de Pacientes de la Clínica Thomas Street (TSHC) se reúne en el segundo miércoles de cada mes a las 10 de la mañana. Actualmente, las reuniones se llevan a cabo únicamente en línea mediante Webex: <https://bit.ly/TSPAC>.

TRIANGLE AREA NETWORK (TAN HEALTHCARE)



1495 North 7th Street
Beaumont, TX 77702

MAIN (409) 832-8338
FAX (409) 832-0976
WEB www.tanhealthcare.org
EMAIL.....info@tanhealthcare.org



AREA SERVED.....Hardin, Jefferson and Orange counties
LEGEND All (ages 5 and up), , Free, S\$, Med, Ins, Appt/Walk-ins, Esp
HOURS Mon 7am-6pm, Tue-Thur 8am-5pm, Fri 8am-3pm
NEED FOR INTAKE.....Proof of residency and income; medical documents as necessary.

Triangle Area Network (TAN Healthcare) provides preventive and primary health care services to clients residing in greater Southeast Texas which includes Jefferson (Beaumont), Harding and Orange Counties. TAN Healthcare is active in the community and partners with other health care providers to ensure a continuity of care and access to specialty care services.

Services include primary health care services, women's health services, HIV/STD and Hepatitis C prevention, screening and treatment services, PrEP, behavioral health, medication assistance and transportation.

Triangle Area Network (TAN Healthcare) proporciona servicios preventivos y de atención primaria a clientes que residen en el sureste de Texas incluyen los condados de Jefferson (Beaumont), Hardin y Orange. En TAM Healthcare participamos activamente con las comunidades y estamos asociados con otros prestadores de servicios médicos para asegurar la continuación de cuidado de salud y atención especializada.

Los servicios incluyen servicios de atención médica primaria, servicios de salud para la mujer, prevención, detección y tratamiento del VIH, ETS y hepatitis C, profilaxis previa a la exposición (PrEP), salud comportamental, asistencia con medicamentos y transporte.

UNITED WAY OF GREATER HOUSTON



50 Waugh Drive
Houston, TX 77007-5813

MAIN (713) 685-2300
24 HOURS (713) 957-4357
WEB..... www.unitedwayhouston.org
EMAIL help@unitedwayhouston.org



211 Texas/United Way Helpline

LEGENDAll, Free, Esp
HOURS 24 hours

Need help? Dial 2-1-1. A free helpline operated by United Way of Greater Houston - 24 hours a day, 7 days a week in many languages. Whether you need help finding child care, food stamps, care for an aging parent or a haven from domestic violence, 2-1-1 is the number to call when you don't know who to call. Trained HELPLINE specialists are good listeners, blending understanding and expertise to provide information and referrals from a comprehensive database of social services.

The United Way database is available to search online: referral.unitedwayhouston.org

Línea de Ayuda United Way/ Texas 211

¿Necesita ayuda? Marque el 2-1-1. Una línea de ayuda gratuita operada por United Way of Greater Houston - 24 horas al día, 7 días a la semana en varios idiomas. Ya sea que necesite ayuda para encontrar cuidado para niños, estampas de alimentos, cuidado para un familiar de edad avanzada o un santuario contra violencia doméstica, 2-1-1 es el número al que debe llamar cuando no sepa a quién llamar. Los especialistas capacitados de la línea de ayuda saben escuchar, mezclan el entendimiento y experiencia para proporcionar información y

referencias a partir de una completa base de datos de servicios sociales.

La base de datos de The United Way también está disponible en línea: referral.unitedwayhouston.org

UNIVERSITY OF HOUSTON COLLEGE OF OPTOMETRY



Mailing Address:
505 J. Davis Armistead Bldg.
Houston, TX 77204-2020

MAIN (713) 743-2020
WEB eyecare.opt.uh.edu
EMAIL uhco@central.uh.edu



NEIGHBORHOOD (C) Third Ward
BUS ROUTES 25, 80, METRORail (purple)

LEGEND All, S\$, Med, Ins, CHIP, Appt req, Esp
HOURS Mon-Fri, 8am-6pm
NEED FOR INTAKE Photo ID, Insurance card,
Proof of residence, ID or birth certificate
for all family members, Proof of
household income.

Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.

Cuidado integral de los ojos y la visión. Tratamiento médico de la mayoría de las enfermedades oculares. Pruebas avanzadas de función visual y salud ocular. Se ofrecen intérpretes para los servicios del cuidado de la visión.

UH Health - Eye Care Center

4401 Martin Luther King Boulevard
Houston, TX 77204-2020

The UH Health - Eye Care Center provides a wide range of ophthalmic services, including eye exams and medical or surgical treatments for eye conditions. Highly skilled optometrists and ophthalmologists, many of whom are renowned experts, use advanced diagnostic tools in over 80 exam rooms and 30 specialized testing areas to deliver top-quality care with the latest technology.

Offers existing patients (seen within the past 3 years at either location) and the UH student community after hours emergency care. For emergency care after normal business hours, call (713) 743-2020 and follow the prompts. Additional fees for after-hours care apply and may not be covered by your insurance.

El Centro de Atención Oftalmológica de UH Health ofrece una amplia gama de servicios oftálmicos, incluyendo exámenes oftalmológicos y tratamientos médicos o quirúrgicos para afecciones oftalmológicas. Optómetras y oftalmólogos altamente cualificados, muchos de ellos reconocidos expertos, se valen de herramientas avanzadas de diagnóstico en más de 80 salas de examen y 30 áreas de pruebas especializadas para brindar atención de máxima calidad con la última tecnología.

Ofrece a los pacientes existentes (atendidos en los últimos tres años en cualquiera de las ubicaciones) y a la comunidad de estudiantes de la Universidad de Houston (UH) atención de emergencia fuera del horario de atención. Para atención de emergencia después del horario de atención normal, llame al (713) 743-2020 y siga las instrucciones. Se aplican tarifas

adicionales por atención fuera del horario de atención y es posible que su seguro no las cubra.

UNIVERSITY SPEECH-LANGUAGE- HEARING CLINIC: A UNITED WAY AGENCY



3871 Holman St. M156
Houston, TX 77204-6018

MAIN/INTAKE (713) 743-0915
FAX (713) 743-2926
WEB www.uh.edu/class/comd/slhc
EMAIL USLHC@uh.edu



NEIGHBORHOOD (C) Third Ward
BUS ROUTES 4, 9, 54, Light rail (purple)

LEGEND All (age 2 & up), S\$, Appt req, Esp
HOURS Mon-Fri 9am-5pm

The USLHC provides services to infants, children, and adults with speech, language, and/or hearing impairments. Services include testing and treatment and are provided by graduate

student clinicians under the supervision of licensed and certified speech-language pathologists and audiologists. Services are offered in-person at the clinic or via telepractice.

La USLHC presta servicios a bebés, niños y adultos con impedimentos del habla, el lenguaje y/o auditivos. Servicios incluyen pruebas y tratamiento y son proporcionados por estudiantes clínicos de posgrado bajo la supervisión de patólogos y audiólogos del habla y el lenguaje certificados y autorizados. Los servicios se ofrecen mediante telepráctica o en persona en la clínica.

Speech and Language Services

Pediatric diagnostic and therapy services for a variety of communication disorders, namely articulation, fluency, voice, language, social skills, and literacy. Evaluation and therapy services are available to adults who develop disorders of speech, voice, language, or cognition in adulthood (e.g., due to stroke, disease, or brain injury). Individual and groups sessions are provided through telepractice or in-person.

Servicios del habla y el lenguaje

Los servicios pediátricos de diagnóstico y terapia para una variedad de trastornos de la comunicación, a saber, articulación, fluidez, voz, lenguaje, habilidades sociales y alfabetización. Los servicios de evaluación y terapia están disponibles para adultos que desarrollan trastornos del habla, la voz, el lenguaje o la cognición en la edad adulta (p. ej., debido a un accidente cerebrovascular, una enfermedad o una lesión cerebral). Las sesiones individuales y grupales se ofrecen mediante telepráctica o en persona.

Hearing/Audiology Services

Evaluations and consultations are available to adults and children ages 2 and older. Recommendations are made based on the type and severity of hearing loss. Greatly reduced fees on evaluations and hearing aids are available to low-income persons through the Hearing Aid Assistance Program (HAAP).

Servicios de audición/audiología

Las evaluaciones y consultas están disponibles para adultos y niños mayores de 2 años. Las recomendaciones se basan en el tipo y la gravedad de la pérdida auditiva. Hay tarifas muy reducidas disponibles en evaluaciones y audífonos para personas de bajos ingresos a través del Programa de Asistencia para Audífonos (HAAP).

UNLIMITED PATHWAYS TO CHANGE LLC

5757 Woodway Dr., Suite 300
Houston, TX 77057

MAIN (346) 833-5905
FAX (832) 941-1456
WEB www.unlimitedpathwaystochange.com



NEIGHBORHOOD (W) Greater Uptown
AREA SERVED Harris, Fort Bend, Brazoria, Galveston,
Chambers, Liberty, Montgomery,
and Walker counties

BUS ROUTES 47

LEGEND All, Med, Esp

HOURS Mon-Fri 9am-5pm
NEED FOR INTAKE Insurance card, Medicaid
eligibility/verification

Behavioral health services aimed at transforming unhealthy behavioral, emotional, and psychological patterns. Services cater to middle-aged professional adults, teens, and children in low-income communities. Services include: Individual Sessions providing personalized support to help clients overcome specific challenges; Support groups that provide connection and understanding among participants; medication management, and access to professional assistance for addressing various behavioral health issues.

Servicios de salud comportamental destinados a transformar patrones comportamentales, emocionales y psicológicos nocivos. Los servicios están dirigidos a adultos profesionales de mediana edad, adolescentes y niños en comunidades de bajos ingresos. Los servicios incluyen lo siguiente: sesiones individuales que brindan apoyo personalizado para ayudar a los clientes a superar dificultades específicas; grupos de apoyo que brindan conexión y comprensión entre los participantes; administración de medicamentos y acceso a asistencia profesional para abordar diversos problemas de salud comportamental.

UT HEALTH SCIENCE CENTER-HOUSTON


McGovern Medical School Pediatrics

6410 Fannin St., Suite 500
Houston, TX 77030-1501

MAIN (832) 325-6516
APPOINTMENTS: (713) 500-6608



NEIGHBORHOOD (C) Medical Center
BUS ROUTES 28, 56, METRORail (red)

LEGEND C, Y, Fam, Immigrants, , Free, Med,
Ryan White, Ins, Appt req, Esp

Provides family centered, compassionate, culturally sensitive and individualized medical care/management services to children and youth ages 0 to 23 years of all ethnic and cultural groups. Bilingual (English/Spanish) staff on site and by phone.

UT Health Science Center at Houston es un centro de atención médica individualizado además de Servicio Social para población de 0 a 23 años de edad. Somos un centro de atención médica sensible a las necesidades de todos los diferentes

grupos étnicos y culturales. Tenemos personal disponible en Español y English, en persona o disponible por teléfono.

UT HEALTH-HOUSTON CENTER FOR NEUROBEHAVIORAL RESEARCH ON ADDICTIONS

Behavioral and Biomedical Sciences Building
1941 East Road, 1st Floor
Houston, TX 77054-6010

MAIN (713) 486-2800
FAX (713) 486-2807
WEB <https://med.uth.edu/psychiatry/center-for-neurobehavioral-research-on-addiction/>
EMAIL ms.CNRAResearch@uth.tmc.edu

NEIGHBORHOOD (C) Medical Center
BUS ROUTES 60

LEGEND Adults, Free, Appt/Walk-ins, SUD, IRR
HOURS Mon-Fri 8am-4:30pm

The CNRA, formerly The Substance Abuse Research Center, is a research facility that studies pharmacological and behavioral therapies to reduce drug abuse.

Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse. Participants will be screened and evaluated to determine eligibility.

UTMB HEALTH

Division of Infectious Diseases


301 University Blvd., Route 0435
Galveston, TX 77555-0435

WEB www.utmb.edu
EMAIL public.affairs@utmb.edu

Ryan White Program

MAIN (409) 772-0644
CASE MANAGEMENT (409) 747-0161

AREA SERVED Galveston, Brazoria, Matagorda Counties
BUS ROUTES Connect Transport, Island Transport

LEGEND Adults, , S\$, Appt/Walk-ins, Ins,
Med, Ryan White, Esp

HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE Photo ID, Proof of residency, Proof of
income or supporter statement

Primary health care, case management, treatment information and clinical trials, health education, Hep C/HIV dual diagnosis treatment, prevention services, specialty clinics and well woman care, pharmaceutical and ADAP assistance, mental health treatment and support groups, dental care, transportation and free condom distribution.

Programa Ryan White

Cuidado primario de la salud, administración de casos, información de tratamiento y pruebas clínicas, educación para la salud, tratamiento de diagnóstico dual de Hepatitis C/VIH, servicios de prevención, clínicas de especialidad y cuidado de bienestar para mujeres, asistencia farmacéutica y ADAP, tratamiento de salud mental y grupos de apoyo, cuidado dental, transporte y distribución gratuita de preservativos.

WEST HOUSTON ASSISTANCE MINISTRIES, INC.



10501 Meadowglen Ln.
Houston, TX 77042-4001

MAIN (713) 780-2727
FAX (713) 783-0761
WEB www.whamministries.org
EMAIL wham@whamministries.org



NEIGHBORHOOD (W) Westchase
AREA SERVED 77042, 77057, 77063, 77072,
77077, 77082 and 77083

BUS ROUTES 25

LEGEND M, W, Fam, Free, Appt/Walk-ins, Esp
HOURS Client Services: Mon-Fri 10am-1pm
NEED FOR INTAKE Photo ID, Proof of income
and residence, ID for children

Clients are required to register online to receive services.

Necesita inscribirse en línea para recibir alimentos y otros servicios.

Food: we provide a wide assortment of nutritious produce, organic food, and staples. Drive thru distribution to all who need it on Wednesday and Friday at 8am until supplies run out. On Tuesdays we serve those who are elderly and disabled, and Thursdays we serve those who are homeless and those without a car. No zip code restrictions.

Alimentos: ofrecemos una amplia variedad de productos agrícolas nutritivos, alimentos orgánicos y productos básicos. Distribución en automóvil para todos aquellos que lo necesiten los miércoles y viernes a las 8:00 a. m. hasta agotar existencias. Los martes atendemos a personas mayores y con discapacidades, y los jueves atendemos a personas sin hogar y sin automóvil. Sin restricciones de código postal.

Financial Assistance: we have limited funds to provide help with the cost of rent, utilities, hotels or childcare in zip codes 77036, 77042, 77057, 77063, 77072, 77077, 77082, 77083 and 77099. Service is by appointment on Mondays from 10am-2pm, call to schedule: (713) 780-2727, Ext 200. Calls are taken on a first come, first served basis. We can only help a limited number of people per day and hundreds are calling at the same time. Please be patient and continue calling thru 2pm.

Asistencia financiera: contamos con fondos limitados para brindar ayuda con el costo del alquiler, servicios públicos, hoteles o cuidado infantil en los códigos postales 77036, 77042, 77057, 77063, 77072, 77077, 77082, 77083 y 77099. El servicio es mediante cita los lunes de 10:00 a. m. a 2:00 p. m. Llame para programar: (713) 780-2727, ext. 200. Las llamadas se atienden por orden de llegada. Solo podemos ayudar a una cantidad limitada de personas por día y cientos de personas llaman al mismo tiempo. Por favor, tenga paciencia y continúe llamando hasta las 2:00 p.m.

Employment Services: we offer services to help clients become better equipped to find new or better jobs to gain financial stability. Visit our Employment Services page for job vacancies, job fairs, classes, certifications, and contact information for one-on-one help with resumes, interview coaching, and more!

Servicios de empleo: ofrecemos servicios para ayudar a los clientes a estar mejor dotados para encontrar empleos nuevos o mejores y así obtener estabilidad financiera. Visite nuestra página de servicios de empleo para conocer ofertas de trabajo, ferias de empleo, clases, certificaciones e información de contacto para obtener ayuda personalizada con currículums, preparación para entrevistas y más.

WOODSEGE COMMUNITY CHURCH



25333 Gosling Road
Spring, TX 77389

MAIN (281) 364-0415
FAX (281) 398-6086
WEB www.woodsedge.org
EMAIL info@woodsedge.org



NEIGHBORHOOD (N) Spring
AREA SERVED The Woodlands/Spring area
LEGEND All, Appt recommended, Esp

Hope Center

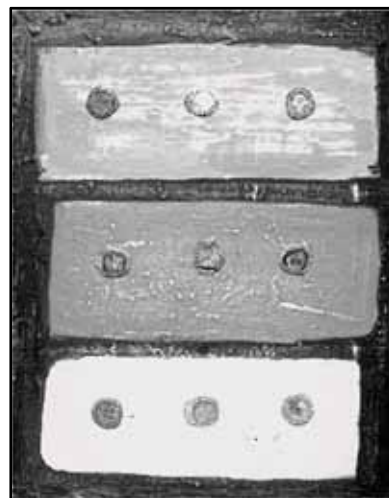
The Hope Center partners with The Houston Food Bank to provide a client choice pantry. After you schedule an appointment, you will need to register as a First-Time Client in the Houston Food Bank online system. Available on Tues 5pm-7:30pm and Weds 11am-1:30pm.

Education Center ESL classes provide adults with practical

English skills that will enhance both their personal and professional lives. Classes are held on Mon, Tues, and Weds evenings. Call to schedule your English placement test.

El Hope Center en asociación con el Houston Food Bank proporciona despensas para que las personas elijan lo que requieren. Después de programar una cita, necesitas completar el registro como un cliente primerizo en el sistema en línea del Banco de Comida de Houston. Disponible Martes 5pm-7:30pm y Miércoles 11am-1:30pm.

Centro educativo las clases de ESL brindan a los adultos enseñanzas de inglés práctico, con el propósito de mejorar su vida personal y profesional. Las clases se imparten los lunes, martes y miércoles por la noche. Contáctanos para programar tu prueba de nivel de inglés.



Art by Ronnie

SOCIAL SECURITY PROGRAMS FOR PEOPLE LIVING WITH HIV PROGRAMAS DEL SEGURO SOCIAL PARA PERSONAS VIVIENDO CON VIH

If you are living with HIV and cannot work, you may qualify for disability benefits from the Social Security Administration. Your disability must be expected to last at least a year or end in death, and must be serious enough to prevent you from doing substantial gainful work. The amount of earnings considered substantial and gainful changes each year. For the current figure, refer to the Annual Update (Publication No. 05-10003).

If your child is living with HIV, he or she may be able to get Supplemental Security Income (SSI) if your household income is low enough.

Si usted vive con el VIH y no puede trabajar, podría tener derecho a beneficios por incapacidad de la Administración del Seguro Social. Su incapacidad debe durar por lo menos un año o se espera que resulte en fallecimiento y debe ser bastante seria para impedirle realizar un trabajo sustancial. La cantidad de ganancias que se consideran cambios sustanciales y lucrativos cada año. Para la cantidad actual, consulte la publicación Anual Cambios (publicación número 05-10933).

Si su niño está viviendo con el VIH, él o ella puede tener derecho a recibir Seguridad de Ingreso Suplementario (SSI) si sus ingresos familiares son bastante bajos.

How do I contact Social Security?

The fastest, easiest way to get answers to general questions, file a claim, start direct deposit, request a replacement Social Security card (in many areas), change your address, verify your benefits, check the status of your claim or appeal, get an instant benefit verification letter, and much more is online:

www.ssa.gov

The website is the best way to get help. If you cannot use the website, please call the 800 number or your local Social Security office. If you need in-person help, you must make an appointment to visit a local office.

1-800-772-1213 TTY: 1-800-325-0778

This service is available 8:00 a.m. - 7:00 p.m. Monday through Friday.

¿Cómo comunicarse con el Seguro Social?

La manera más fácil y rápida de solicitar beneficios, obtener respuestas a preguntas generales, verificar el estado de su reclamo o apelación, solicitar una tarjeta de reemplazo de Seguro Social (disponible en muchas áreas), obtener una carta de verificación de beneficios instantánea, iniciar depósito directo, cambiar su dirección, y mucho más es en línea:

www.ssa.gov

Nuestro sitio de internet es la mejor manera de obtener ayuda. Si no puede utilizar nuestro sitio de internet, llame a nuestro número 800 o a su oficina local del Seguro Social. Si necesita ayuda en persona, debe programar una cita para visitar una oficina local.

1-800-772-1213 TTY: 1-800-325-0778

Este servicio está disponible de 8:00 a.m. a 7:00 p.m. de lunes a viernes.

Benefits Paid Under Two Programs

Disability benefits are paid under two programs: the Social Security disability insurance program (SSD) for people who paid Social Security taxes; and the Supplemental Security Income program (SSI) for people who have little income and few resources. If your Social Security benefits are very low and you have limited income and resources, you may qualify for benefits from both programs.

Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be disabled to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by contacting the Social Security Administration by phone or online and requesting an "Earnings & Benefits Statement."

Beneficios Que Se Pagan Bajo Dos Programas

Los beneficios por incapacidad se pagan bajo dos programas: el programa de seguro de incapacidad del Seguro Social para personas que pagaron impuestos de Seguro Social; y el programa de SSI para personas que tienen pocos ingresos y recursos. Si sus beneficios de Seguro Social son muy bajos, y usted tiene ingresos y recursos limitados, podría tener derecho a recibir beneficios de ambos programas.

Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté incapacitado para recibir beneficios. Se puede averiguar anticipadamente el pago mensual del SSD al cual tendría derecho de recibir si se incapacitara hoy, poniéndose en contacto con la Administración del Seguro Social (SSA) por teléfono o en línea y solicitando una "Declaración de Beneficios e Ingresos."

How do I Qualify for Social Security Disability Benefits?

When you work and pay Social Security taxes, you earn Social Security credits. (Most people earn the maximum of four credits a year.) The number of years of work needed for disability benefits depends on how old you are when you become disabled. Generally, you need five years of work in the 10 years before the year you become disabled. Younger workers need fewer years of work.

If your application is approved, your first Social Security disability benefit will be paid the sixth full month after the date your disability began.

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact SSA to obtain the most current definition of "qualified alien."

What will I get from Social Security?

The amount of your monthly benefit depends on how much you earned while you were working. You will also qualify for Medicare after you have been getting disability benefits for 24 months. Medicare helps pay for hospital and hospice care, lab tests, home health care and other medical services. For more information on Medicare, contact Social Security and ask for the publication, Medicare (Publication No. 05-10043).

How do I Qualify for SSI Disability Payments?

If you have not worked long enough to get Social Security or your Social Security benefits are low, you may qualify for SSI payments if your total income and resources are low enough.

If you get SSI, you most likely will be eligible for the Supplemental Nutrition Assistance Program (SNAP) and Medicaid. Medicaid takes care of your medical bills while you are in the hospital or receiving outpatient care. In some states, Medicaid pays for hospice care, a private nurse and prescription HIV drugs. For more information about Medicaid, visit benefits.gov, yourtexasbenefits.com or contact a local social services office.

Benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect your benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled.

¿Cómo Tengo Derecho a Beneficios del Seguro Social por Incapacidad?

Cuando usted trabaja y paga impuestos del Seguro Social, gana créditos de Seguro Social. (La mayoría de las personas ganan un máximo de cuatro créditos al año.) El número de años de trabajo necesario para tener derecho a beneficios por incapacidad depende de su edad cuándo usted se incapacitó. Por lo general, usted necesita haber trabajado cinco años en los 10 años precedentes al año en el que se incapacitó. Trabajadores más jóvenes necesitan haber trabajado menos años. Si su solicitud es aprobada, su primer beneficio de Seguro Social por incapacidad se pagará para el sexto mes completo después de la fecha en que su incapacidad comenzó.

La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier persona solicitando el SSI debe ser un ciudadano estadounidense o inmigrante calificado. Póngase en contacto con la SSA para obtener la definición más actualizada de "inmigrante calificado."

¿Qué recibiré del Seguro Social?

La cantidad de su beneficio mensual depende de cuánto usted ganó mientras estuvo trabajando. Usted también tendrá derecho a Medicare después de haber recibido beneficios por incapacidad durante 24 meses. Medicare le ayuda a pagar sus gastos de hospital y cuidado de hospicio, análisis de laboratorio, servicio de cuidado de la salud en el hogar y otros gastos de servicios médicos. Para informarse mejor sobre Medicare, comuníquese con Seguro Social y pida la publicación Medicare (publicación número 05-10943).

¿Cómo Tengo Derecho a Recibir Beneficios de SSI por Incapacidad?

Si usted no ha trabajado suficiente tiempo para recibir Seguro Social o sus beneficios de Seguro Social son bajos, usted podría tener derecho a recibir pagos de SSI si sus ingresos y recursos totales son suficientemente bajos.

Si obtiene SSI, lo más probable es que sea elegible para el Programa de Asistencia de Nutrición Suplementaria (SNAP) y Medicaid. Medicaid se encarga de sus cuentas médicas mientras está en el hospital o recibe atención ambulatoria. En algunos estados, Medicaid paga por cuidados paliativos, una enfermera privada y medicamentos recetados contra el VIH. Para obtener más información sobre Medicaid, visite benefits.gov, yourtexasbenefits.com o comuníquese con una oficina local de servicios sociales.

Se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado.

How do I File for Benefits?

It is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue.

If you file for benefits while you are still working, SSA must determine if the work you are doing is “substantial gainful activity” (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be “substantial.” SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

You are encouraged to apply for benefits online at www.ssa.gov, or you can call the toll-free number, 1-800-772-1213 (TTY 1-800-325-0778), to make an appointment to file a disability claim at your local Social Security office or to set up an appointment for someone to take your claim over the telephone. The disability claims interview lasts about one hour. All calls are treated confidentially, and a second Social Security representative monitors some telephone calls because we also want to make sure you receive accurate and courteous service.

Most hospitals and clinics have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home.

How do you Decide my Claim?

Applications received from people with HIV are processed as quickly as possible. Social Security works with an agency in each state called the Disability Determination Services. The state agency will look at the information you and your doctor have provided and decide if you qualify for benefits.

You may receive benefits right away (up to six months) before a final decision is made on your claim if:

- ✓ You are not working;
- ✓ You meet the SSI rules about income and resources; and
- ✓ Your doctor or other medical source certifies that your HIV is severe enough to meet our medical eligibility rules.

¿Cómo Solicito Beneficios?

Por lo general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar.

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una “actividad gananciosa sustancial” (SGA). SGA se refiere al trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser “sustancial.” SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y fracasos tentativos de trabajo. Si la SSA determina que está llevando a cabo la SGA, una decisión médica no será necesaria y su solicitud será rechazada.

Se le invita a solicitar beneficios en línea en www.ssa.gov o puede llamar al número gratuito 1-800-772-1213 (TTY 1-800-325-0778), para hacer una cita para presentar una reclamación por incapacidad en su oficina local del Seguro Social o para establecer una cita para que alguien tome su reclamo por teléfono. La entrevista de reclamaciones de discapacidad dura aproximadamente una hora. Todas las llamadas son tratadas confidencialmente y un segundo representante del Seguro Social vigila algunas llamadas telefónicas porque también queremos asegurarnos que reciba un servicio preciso y cortés.

La mayoría de los hospitales y clínicas tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI mientras que esté hospitalizado o visitando la clínica. También, en algunos casos excepcionales, la SSA tiene representantes que pueden entrevistarle y llenar la solicitud en su casa.

¿Cómo Decide mi Reclamación?

Todas las solicitudes recibidas de personas con VIH son tramitadas lo más pronto posible. El Seguro Social trabaja junto a la Agencia de Determinación de Incapacidad (en inglés, Disability Determination Services) en cada estado. La agencia estatal revisará la información que usted y su doctor nos facilitó y decide si usted tiene derecho a recibir beneficios.

Usted podría recibir beneficios inmediatamente (hasta seis meses) antes de tomar una decisión final en su caso si:

- ✓ *Usted no está trabajando;*
- ✓ *Usted cumple con las reglas de SSI sobre ingresos y recursos; y*
- ✓ *Su doctor u otra fuente médica certifica que su VIH es bastante grave para cumplir con nuestras reglas de elegibilidad médica.*

Required Documents

Use the following checklist to get ready for your appointment or when filing online. SSA will need this information to complete your application for SSD or SSI. You should have as much of the following information as possible ready.

Keep your appointment, even if you do not have all of the information. They will help you get any missing information.

Documentos Requeridos

Utilice la siguiente lista de verificación para prepararse para su cita o para presentar su solicitud en línea. La oficina de la SSA necesita esta información para completar su solicitud del SSD o SSI. Usted debe reunir tanta información como sea posible.

Cumpla con su cita. No demore en solicitar, aunque no tenga toda la información. Ellos le ayudarán a obtener cualquier información que falta.

<p align="center">CHECKLIST <i>Adult Disability Interview</i></p>	<p align="center">LISTA DE VERIFICACIÓN <i>Entrevista de incapacidad adulto</i></p>
<ul style="list-style-type: none"> <input type="checkbox"/> Medical records already in your possession. (They will help you get the rest of your medical records). <input type="checkbox"/> Workers' compensation information, including the settlement agreement, date of injury, claim number, and proof of other disability awarded payment amounts. <input type="checkbox"/> Names and dates of birth of your minor children and your spouse. <input type="checkbox"/> Dates of all marriages and divorces. <input type="checkbox"/> Checking or savings account number, including the bank's routing number, if you want Direct Deposit for your benefit checks. <input type="checkbox"/> Name, address, and phone number of a person we can contact if we are unable to get in touch with you. <input type="checkbox"/> Complete Medical release Form SSA-827 (<i>Authorization to Disclose Information to the Social Security Administration</i>), sign and date with witness signature and return it as directed. <input type="checkbox"/> If unable to file online, complete the "Medical and Job Worksheet – Adult" to bring to your interview. <p>Bring the Checklist items and information to your appointment or have them with you if your appointment is by telephone.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> <i>Expedientes médicos en su posesión. (Nosotros le ayudaremos a conseguir sus otros expedientes médicos.)</i> <input type="checkbox"/> <i>Información sobre su compensación de trabajo, incluso el acuerdo de establecimiento, la fecha de la lesión, el número de reclamación y comprobante de las cantidades de otros pagos adjudicados por incapacidad.</i> <input type="checkbox"/> <i>Los nombres y fechas de nacimiento de sus niños menores y de su cónyuge.</i> <input type="checkbox"/> <i>Fechas de todos los matrimonios y divorcios.</i> <input type="checkbox"/> <i>Su número de cuenta de cheques o ahorros, incluso el número de ruta del banco, si desea que su cheque de beneficios se deposite por depósito directo.</i> <input type="checkbox"/> <i>El nombre, la dirección, y el número de teléfono de una persona con la que nos podamos comunicar si no podemos comunicarnos con usted.</i> <input type="checkbox"/> <i>Completar el formulario para divulgar información médica SSA-827 (Autorización para divulgar información a la Administración del Seguro Social), signo y fecha con la firma de los testigo y devuélvalo tal como indicado.</i> <input type="checkbox"/> <i>Si usted no puede solicitar a través del Internet, llene la "Hoja para recopilar información médica y del trabajo - adulto" y tráigala consigo a su entrevista.</i> <p><i>Para su entrevista traiga los artículos e información en esta lista, o téngalos consigo si su entrevista se realizará por teléfono.</i></p>

Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI.

Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.

Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI.

Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.

How do you Decide my Claim?

Applications received from people with HIV are processed as quickly as possible. Social Security works with an agency in each state called the Disability Determination Services. The state agency will look at the information you and your doctor have provided and decide if you qualify for benefits.

You may receive benefits right away (up to six months) before a final decision is made on your claim if:

- ✓ You are not working;
- ✓ You meet the SSI rules about income and resources; and
- ✓ Your doctor or other medical source certifies that your HIV is severe enough to meet our medical eligibility rules.

How can I Help Speed up my Claim?

You can help speed up the processing of your claim by having certain information when you apply. This includes:

- ✓ Your Social Security number and birth certificate and the Social Security numbers and birth certificates of any family members who may be applying for benefits; and
- ✓ A copy of your most recent W-2 form. (If you are applying for SSI, we also will need information about your income and resources; for example, bank statements, unemployment records, rent receipts and car registration.)

SSA also needs information about:

- ✓ The names and addresses of any doctors, hospitals or clinics you have been to for treatment;
- ✓ How HIV has affected your daily activities, such as cleaning, shopping, cooking, taking the bus, etc.; and
- ✓ The kinds of jobs you have had during the past 15 years.

Additionally, your doctor will be asked to complete a form about how HIV has affected you. You or your doctor can access form "SSA-4814" for adults or "SSA-4815" for children at www.ssa.gov or you can call the 800 number to ask for the form. You should take the form to your doctor to complete and send the completed form to Social Security.

¿Cómo Decide mi Reclamación?

Todas las solicitudes recibidas de personas con VIH son tramitadas lo más pronto posible. El Seguro Social trabaja junto a la Agencia de Determinación de Incapacidad (en inglés, Disability Determination Services) en cada estado. La agencia estatal revisará la información que usted y su doctor nos facilitó y decide si usted tiene derecho a recibir beneficios.

Usted podría recibir beneficios inmediatamente (hasta seis meses) antes de tomar una decisión final en su caso si:

- ✓ Usted no está trabajando;
- ✓ Usted cumple con las reglas de SSI sobre ingresos y recursos; y
- ✓ Su doctor u otra fuente médica certifica que su VIH es bastante grave para cumplir con nuestras reglas de elegibilidad médica.

¿Cómo Puedo Ayudar en Acelerar mi Reclamación?

Usted puede ayudar en acelerar el proceso de su reclamación teniendo cierta información cuando solicita. Esto incluye:

- ✓ Su número de Seguro Social y certificado de nacimiento y los números de Seguro Social y certificados de nacimiento de cualquier otro miembro de su familia que podría estar solicitando beneficios; y
- ✓ Una copia de su formulario W-2 más reciente. (Si usted está solicitando SSI, también necesitaremos información sobre sus ingresos y recursos; por ejemplo, estado de cuentas bancarias, expediente del desempleo, recibos de alquiler y el registro de su automóvil.)

SSA también las necesidades de información sobre:

- ✓ Los nombres y las direcciones de cualquier doctor, hospital o clínica que usted haya visitado para obtener tratamiento;
- ✓ Cómo VIH ha afectado sus actividades diarias, así como hacer limpieza, hacer compra, cocinar, coger el autobús, etc.; y
- ✓ Los tipos de trabajo que usted ha desempeñado durante los últimos 15 años.

Además, se le pedirá a su médico que complete un formulario sobre cómo el VIH lo ha afectado. Usted o su médico pueden acceder al formulario "SSA-4814" para adultos o "SSA-4815" para niños en www.ssa.gov o puede llamar al número 800 para solicitar el formulario. Debe llevar el formulario a su médico para completar y enviar el formulario completado al Seguro Social.

If you are Denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." A new examiner who was not involved in the initial decision will review your case. They will examine all previous evidence and any new medical or financial information you submit. In most cases, no in-person hearing is required. If approved, you will start receiving benefits. If denied, you can proceed to the next level of appeal.

You have 60 days after a reconsideration denial to request a hearing. The hearing (in person or virtual) will be conducted by an administrative law judge who had no part in the reconsideration. At the hearing, the judge will question you and any witnesses you bring. Other witnesses, such as medical or vocational experts, may also give information at the hearing. You or your representative may question the witnesses.

Once approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly had you been approved sooner. If you exhaust all your appeals and are still denied, you can reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

What Happens if I Go Back to Work?

If you return to work, there are special rules that let your benefits continue while you work. These rules are important for people living with HIV who may be able to go back to work when they are feeling better.

If you have SSD and are interested in returning to work, you should contact SSA to find out if you are eligible for a Trial Work Period (TWP) or other work incentive program. Generally, the first 9 months of work is considered a TWP and the 9 months need not be consecutive. However, you cannot begin a TWP until after the 5-month waiting period and after you receive your award letter, or your claim will be denied if the work is substantial gainful activity (SGA). During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked 9 months. If SSA determines after the 9 month TWP that your work is SGA, then benefits will stop.

If you have SSI, there is no TWP, but there are work incentives that can help you achieve a more independent life. Contact SSA to talk about your options.

For more information, see the publication, Working While Disabled-How We Can Help (publication 05-10095).

Si es Rechazado

Si su solicitud inicial para SSI/SSD es denegada, tiene 60 días para presentar una solicitud de "reconsideración". Un nuevo examinador, que no participó en la decisión inicial, revisará su caso. Examinará todas las pruebas anteriores y cualquier nueva información médica o financiera que usted presente. En la mayoría de los casos, no se requiere una audiencia en persona. Si su solicitud es aprobada, comenzará a recibir beneficios. Si es denegada, puede proceder al siguiente nivel de apelación.

Tiene 60 días después de la denegación de la reconsideración para solicitar una audiencia. La audiencia (presencial o virtual) será realizada por un juez de derecho administrativo que no participó en la reconsideración. En la audiencia, el juez le interrogará a usted y a los testigos que lleve. Otros testigos, como expertos médicos o vocacionales, también pueden dar información en la audiencia. Usted o su representante pueden interrogar a los testigos.

Una vez aprobado, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

¿Qué sucede si regreso a trabajar?

Si usted regresa a trabajar, hay reglas especiales que permiten la continuación de sus beneficios mientras usted trabaja. Estas reglas son importantes para personas que viven con VIH quienes pueden regresar a trabajar cuando se sienten mejor.

Si Ud. tiene el SSD y está interesado en regresar a trabajar, debe comunicarse con SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros 9 meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el 5 mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado 9 meses. Si después de los 9 meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios terminarán.

Si Ud. tiene el SSI, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Contactar a la SSA para información acerca de sus opciones.

Para obtener más información, consulte la publicación, Cómo podemos ayudarle si trabaja mientras está incapacitado (publicación 05-10095).

Medicare & Medicaid / Medicare y Medicaid

MEDICARE

MEDICARE

Medicare Coverage for People with Disabilities

Medicare is available for certain people with disabilities who are under age 65. These individuals must have received Social Security Disability benefits for 24 months or have End Stage Renal Disease (ESRD) or Amyotrophic Lateral Sclerosis (ALS, also known as Lou Gehrig's disease). There is a five month waiting period after a beneficiary is determined to be disabled before a beneficiary begins to collect Social Security Disability benefits. People with ESRD and ALS, in contrast to persons with other causes of disability, do not have to collect benefits for 24 months in order to be eligible for Medicare.

People who meet all the criteria for Social Security Disability are generally automatically enrolled in Parts A (hospital insurance) and B (supplemental medical insurance). People who meet the standards, but do not qualify for Social Security benefits, can purchase Medicare by paying a monthly Part A premium, in addition to the monthly Part B premium.

People who qualify for Social Security Disability benefits should receive a Medicare card in the mail when the required time period has passed. If this does not happen or other questions arise, contact Social Security.

Medicare coverage is the same for people who qualify based on disability as for those who qualify based on age. For those who are eligible, the full range of Medicare benefits are available. Coverage includes certain hospital, nursing home, home health, physician, and community-based services. The health care services do not have to be related to the individual's disability in order to be covered.

There are no illnesses or underlying conditions that disqualify people for Medicare coverage. Beneficiaries are entitled to an individualized assessment of whether they meet coverage criteria.

Medicare Coverage for Working People with Disabilities

Medicare eligibility for working people with disabilities falls into three distinct time frames. The first is the trial work period, which extends for 9 months after a disabled individual obtains a job. The second is the seven-and-three-quarter years (93 months) after the end of the trial work period. Finally, there is an indefinite period following those 93 months. (See the statute at 42 U.S.C. § 422(c), and regulation at 20 C.F.R. § 404.1592). Keep in mind that Medicare eligibility during each of these periods applies only

Cobertura Medicare para Personas con Discapacidades

Medicare está disponible para ciertas personas con discapacidades menores a 65 años. Estas personas deben haber recibido beneficios de Seguro Social por Discapacidad durante 24 meses o tener Enfermedad Renal en Etapa Terminal (ESRD) o Esclerosis Lateral Amiotrópica (ALS, también conocida como enfermedad de Lou Gehrig). Hay un período de espera de cinco meses después de que se determine que un beneficiario está discapacitado antes de que un beneficiario comience a cobrar beneficios de Seguro Social por Discapacidad. Las personas con ESRD y ALS, en contraste con las personas con otras causas de discapacidad, no tienen que cobrar beneficios por 24 meses para ser elegibles para Medicare.

Las personas que cumplen con todos los criterios de discapacidad del Seguro Social generalmente se inscriben automáticamente en las Partes A (seguro de hospital) y B (seguro médico adicional). Las personas que cumplan con los estándares, pero no califican para los beneficios del Seguro Social, pueden comprar Medicare pagando una prima mensual de la Parte A, además de la prima mensual de la Parte B.

Las personas que califican para los beneficios de Seguro Social por discapacidad deben recibir una tarjeta de Medicare por correo cuando haya transcurrido el periodo de tiempo requerido. Si esto no ocurre o si surgen otras preguntas, comuníquese el Seguro Social.

La cobertura de Medicare es la misma para las personas que califican en base a la discapacidad como para aquellos que califican en función de la edad. Para aquellos que son elegibles, la gama completa de beneficios de Medicare está disponible. La cobertura incluye ciertos servicios hospitalarios, de ancianos, de salud en el hogar, médicos y comunitarios. Los servicios de salud no tienen que estar relacionados con la discapacidad del individuo para poder tener cobertura.

No hay enfermedades o condiciones subyacentes que descalifican a las personas para la cobertura de Medicare. Los beneficiarios tienen derecho a una evaluación individualizada sobre si cumplen los criterios de cobertura.

Cobertura de Medicare para Personas con Discapacidades que Trabajan

La elegibilidad para Medicare de las personas con discapacidades que trabajan se divide en tres períodos distintos. El primero es el período de prueba laboral, que se extiende por 9 meses después de que una persona con discapacidad obtiene un empleo. El segundo es un período de siete años y tres cuartos (93 meses) después de que finaliza el período de prueba laboral. Finalmente, existe un período indefinido después de esos 93 meses. (Consulte el estatuto en 42 U.S.C. § 422(c) y la regulación en 20 C.F.R. § 404.1592). Tenga en cuenta que la elegibilidad para Medicare durante cada uno de estos períodos se aplica

while the individual continues to meet the medical standard for being considered disabled under Social Security rules.

An individual who is receiving Social Security disability is entitled to continue receiving Medicare as well as Social Security income during a maximum 9 month “trial work” period during any 5 year time period. To qualify, you must meet a monthly gross earnings threshold (see www.ssa.gov/oact/cola/twp.html) or work more than 80 hours of self-employment per month. The nine months of the trial work period do not necessarily have to be consecutive. During the trial work period, the ability to perform such work will not disqualify the individual from being considered disabled and receiving Social Security and Medicare benefits. However, independent evidence that the individual is no longer disabled could end benefits during the trial work period. After the nine month trial work period has ended, the work performed during it may be considered in determining whether the individual is no longer disabled, and thus no longer eligible for Social Security income and Medicare benefits.

Individuals who still have the disabling impairment but have earned income that meets or exceeds the “Substantial Gainful Activity” level can continue to receive Medicare health insurance after successfully completing a trial work period. Substantial Gainful Activity Levels can be found at www.socialsecurity.gov/oact/cola/sga.html.

This new period of eligibility can continue for as long as 93 months after the trial work period has ended, for a total of eight-and-one-half years including the 9 month trial work period. During this time, though SSDI cash benefits may cease, the beneficiary pays no premium for the hospital insurance portion of Medicare (Part A). Premiums are due for the supplemental medical insurance portion (Part B). If the individual’s employer has more than 100 employees, it is required to offer health insurance to individuals and spouses with disabilities, and Medicare will be the secondary payer. For smaller employers who offer health insurance to persons with disabilities, Medicare will remain the primary payer.

Even after the eight-and-one-half year period of extended Medicare coverage has ended, working individuals with disabilities can continue to receive benefits as long as the individual remains medically disabled. At this point the individual – who must be under age 65 – will have to pay the premium for Part A as well as the premium for Part B. The amount of the Part A premium will depend on the number of quarters of work in which the individual or his spouse have paid into Social Security. Individuals whose income is low, and who have resources under \$4,000 (\$6,000 for a couple), can get help with payment of these premiums under a state run buy-in program for Qualified Disabled and Working Individuals.

únicamente mientras la persona continúe cumpliendo con el criterio médico para ser considerada discapacitada según las reglas del Seguro Social.

Una persona que recibe discapacidad del Seguro Social tiene derecho a seguir recibiendo Medicare y los ingresos del Seguro Social durante un período de prueba laboral de hasta 9 meses dentro de un período de 5 años. Para calificar, debe cumplir con un umbral de ingresos brutos mensuales (consulte www.ssa.gov/oact/cola/twp.html) o trabajar más de 80 horas por mes por cuenta propia. Los nueve meses del período de prueba laboral no tienen que ser consecutivos. Durante este período, la capacidad de realizar dicho trabajo no descalificará a la persona de ser considerada discapacitada ni de recibir beneficios del Seguro Social y Medicare. Sin embargo, si hay evidencia independiente de que la persona ya no está discapacitada, los beneficios podrían terminar durante el período de prueba laboral. Una vez que el período de prueba laboral de nueve meses haya finalizado, el trabajo realizado durante ese período puede ser considerado para determinar si la persona ya no cumple con la definición de discapacidad, lo que afectaría su elegibilidad para los beneficios del Seguro Social y Medicare.

Las personas que aún tienen su discapacidad pero cuyos ingresos alcanzan o superan el nivel de Actividad Laboral Sustancial pueden continuar recibiendo el seguro de salud de Medicare después de completar con éxito el período de prueba laboral. Los niveles de Actividad Laboral Sustancial pueden consultarse en www.socialsecurity.gov/oact/cola/sga.html.

Este nuevo período de elegibilidad puede continuar hasta por 93 meses después de que finalice el período de prueba laboral, sumando un total de ocho años y medio, incluyendo los 9 meses del período de prueba laboral. Durante este tiempo, aunque los beneficios en efectivo del Seguro de Discapacidad del Seguro Social (SSDI) puedan cesar, el beneficiario no paga prima por la parte de seguro hospitalario de Medicare (Parte A). Sin embargo, sí se deben pagar primas por la parte de seguro médico suplementario (Parte B). Si el empleador de la persona tiene más de 100 empleados, está obligado a ofrecer seguro de salud a individuos y cónyuges con discapacidades, y Medicare será el pagador secundario. Para empleadores más pequeños que ofrecen seguro de salud a personas con discapacidades, Medicare seguirá siendo el pagador primario.

Incluso después de que termine el período extendido de cobertura de Medicare de ocho años y medio, las personas con discapacidades que trabajan pueden continuar recibiendo beneficios siempre que sigan cumpliendo con la definición médica de discapacidad. En este punto, la persona (que debe ser menor de 65 años) tendrá que pagar la prima de la Parte A, además de la prima de la Parte B. El monto de la prima de la Parte A dependerá del número de trimestres de trabajo en los que la persona o su cónyuge hayan cotizado al Seguro Social. Las personas con bajos ingresos y con recursos inferiores a \$4,000 (\$6,000 para una pareja) pueden recibir ayuda para el pago de estas primas a través de un programa estatal de compra de cobertura para Individuos Calificados con Discapacidad y que Trabajan (Qualified Disabled and Working Individuals - QDWI).

MEDICAID**MEDICAID**

As of February 2025, Texas has not expanded Medicaid under the Affordable Care Act, resulting in stringent eligibility requirements and a significant coverage gap. In Texas, Medicaid covers many children, but coverage for adults is limited to low-income pregnant women, low-income women with breast or cervical cancer, very low-income adults caring for a child, former foster care children (up to age 26), people aged 65 and older, and people with disabilities who are below or near poverty, including people who need long-term care and people who get Supplemental Security Income (SSI). If eligible, some working adults with disabilities can “Buy-In” to Medicaid.

Medicaid benefits include coverage for hospital and doctor’s visits, prescription drugs, lab and x-ray charges, vision and hearing care, dental care, and much more. There are five Medicaid programs in Texas. The type of Medicaid coverage a person gets depends on where the person lives and what kind of health issues the person has.

Traditional Medicaid

Traditional Medicaid is for those who can't be in manage care. Traditional Medicaid is also called fee for service. The member handbook is available at www.hhs.texas.gov/services/questions-about-your-benefits

STAR

Most people who receive Medicaid in Texas are enrolled in STAR. The program primarily provides services to children, pregnant women and families.

STAR Kids

STAR Kids is Medicaid managed care program that provides benefits to children and adults 20 and younger who have disabilities.

STAR+PLUS

STAR+PLUS is a managed care program for adults who have disabilities or are age 65 or older. People in STAR+PLUS get Medicaid healthcare and long-term services and supports through a medical plan that they choose.

STAR Health

STAR Health is for children who get Medicaid through the Texas Department of Family and Protective Services.

Medicare-Medicaid Plans

Combined health plans for people who have both Medicare and Medicaid coverage, known as dual eligibles. By having one plan, Medicare and Medicaid benefits work together to better meet the member’s health care needs.

A partir de febrero de 2025, Texas no ha expandido Medicaid bajo la Ley de Cuidado de Salud a Bajo Precio, lo que ha generado estrictos requisitos de elegibilidad y una brecha de cobertura. Medicaid cubre a muchos niños, pero en adultos se limita a ciertos grupos de bajos ingresos, como mujeres embarazadas, personas con cáncer de mama o cervical, cuidadores de niños, exjóvenes en crianza hasta los 26 años, personas mayores de 65 años y personas con discapacidades que tienen ingresos en o cerca del nivel de pobreza, incluyendo personas que necesitan cuidado a largo plazo y personas que reciben Ingreso Suplementario de Seguridad (SSI). Si son elegibles, algunos adultos con discapacidades que trabajan pueden inscribirse en Medicaid a través del programa "Buy-In".

Los beneficios de Medicaid incluyen cobertura para visitas a hospitales y médicos, medicamentos recetados, cargos de laboratorio y rayos X, atención de la vista y la audición, atención dental y mucho más. Existen cinco programas de Medicaid en Texas. El tipo de cobertura de Medicaid que recibe una persona depende de dónde vive la persona y qué tipo de problemas de salud tiene.

Medicaid Tradicional

Medicaid Tradicional es para aquellos que no pueden estar bajo cuidado de administración. Medicaid Tradicional también se llama tarifa por servicio. El manual para miembros está disponible en www.hhs.texas.gov/es/servicios/preguntas-sobre-sus-beneficios.

STAR

La mayoría de las personas que reciben Medicaid en Texas están inscritas en STAR. El programa presta servicios principalmente a menores, mujeres embarazadas y algunas familias.

STAR Kids

STAR Kids es un programa de atención médica administrada de Medicaid que ofrece beneficios a niños y jóvenes menores de 20 años con discapacidad

STAR+PLUS

STAR+PLUS es un programa de atención médica administrada para adultos con discapacidad o mayores de 65 años. Los miembros de STAR+PLUS reciben atención médica y servicios y apoyos a largo plazo de Medicaid por medio del plan médico de su elección.

STAR Health

STAR Health es para niños que reciben cobertura de Medicaid a través del Departamento de Servicios Familiares y de Protección de Texas.

Planes Medicare-Medicaid

Planes de salud combinados para personas que tienen cobertura tanto de Medicare como de Medicaid, conocidas como personas con doble elegibilidad. Al tener un solo plan, los beneficios de Medicare y Medicaid trabajan juntos para atender mejor las necesidades de salud del miembro.

If you are approved for STAR+PLUS you will get a packet in the mail. It will tell you about the program and the medical plans in your area. You need to pick one of the medical plans. If you don't get Medicare, you also will need to pick a main doctor. You have 15 days pick a medical plan. The 15 days start once you get the packet in the mail. If you don't pick a medical plan, HHSC will pick a medical plan and main doctor for you. You can tell Medicaid your choices by phone, mail or by filling out a form at an enrollment event or presentation. Or, you can call the enrollment broker and enroll over the phone. The number to call is listed below.

You can change your medical plan or main doctor as often as once a month. If you ask to change your plan or doctor, you must wait until we tell you the change is made before you go to your new doctor. Medical plans must have a service coordinator visit with the member within 30 days of enrolling in the program. The coordinator must find out the member's needs and develop a plan of care. If you are covered by both Medicare and Medicaid and you join STAR+PLUS, you will keep getting regular health care services through your Medicare doctor. STAR+PLUS does not change the way you get Medicare services.

For get more information, check your eligibility and apply for or renew Texas Medicaid and other state benefits, go to YourTexasBenefits.com.

To learn more about Medicaid services, or to find a Medicaid doctor call the Medicaid Help Line: 1-800-335-8957, Monday-Friday, 7 am to 7 pm.

Si está aprobado para STAR+PLUS recibirá un paquete por correo. Le informará sobre el programa y los planes médicos en su área. Usted necesita escoger uno de los planes médicos. Si no obtiene Medicare, también tendrá que elegir un médico principal. Tiene 15 días para elegir un plan médico. Los 15 días comienzan una vez que usted consigue el paquete en el correo. Si usted no elige un plan médico, HHSC escogerá un plan médico y un médico principal para usted. Usted puede decirle a Medicaid sus elecciones por teléfono, correo o llenando un formulario en un evento de inscripción o presentación. O, puede llamar al agente de inscripción e inscribirse por teléfono. El número telefónico se indica a continuación.

Puede cambiar su plan médico o médico principal tan a menudo como una vez al mes. Si usted pide que cambie su plan o médico, debe esperar hasta que le digamos que el cambio se realizó antes de ir a su nuevo médico. Los planes médicos deben tener una visita del coordinador del servicio con el afiliado dentro de 30 días de inscribirse en el programa. El coordinador debe conocer las necesidades del afiliado y desarrollar un plan de atención. Si está cubierto por Medicare y Medicaid y se une a STAR+PLUS, continuará recibiendo servicios de atención médica regulares a través de su médico de Medicare. STAR+PLUS no cambia la forma en que obtiene los servicios de Medicare.

Para revisar su elegibilidad y solicitar Medicaid de Texas y otros programas estatales, visite YourTexasBenefits.com.

Para obtener más información sobre los servicios de Medicaid o para encontrar un médico de Medicaid, llame a la Línea de Ayuda de Medicaid: 1-800-335-8957, de Lunes a Viernes, 7 am a 7 pm.



Art by Kenneth

Medicare & Medicaid / Medicare y Medicaid

Important Phone Numbers / Números telefónicos importantes

To enroll or ask questions / Para inscribirse o si tiene preguntas:
Texas Medicaid Enrollment Broker / Agente de Inscripción de Medicaid de Texas

1-800-964-2777 or YourTexasBenefits.com

Medicaid Managed Care Helpline 1-866-566-8989

The Medicaid Managed Care Helpline helps people who are already on Medicaid but need help accessing health care services. A priority is placed on individuals with urgent or complex health care needs.

Help includes:

- Information about coverage.
- How to access services.
- Referrals to the right place to get help.
- Direct assistance from staff to resolve a problem.

La línea de ayuda de Medicaid *1-866-566-8989*

La línea de ayuda de Medicaid ayuda a las personas que ya están en Medicaid pero que necesitan ayuda para acceder a los servicios de atención médica. Se da prioridad a las personas con necesidades de salud urgentes o complejas. La ayuda incluye:

- *Información sobre la cobertura.*
- *Cómo acceder a los servicios.*
- *Referencias al lugar correcto para obtener ayuda.*
- *Asistencia directa a partir del personal para resolver un problema.*







HARRIS SERVICE AREA / ÁREA DE SERVICIO:
Austin, Brazoria, Fort Bend, Galveston, Harris, Matagorda, Montgomery, Waller & Wharton Counties.

JEFFERSON SERVICE AREA / ÁREA DE SERVICIO:
Chambers, Hardin, Jasper, Jefferson, Liberty, Newton, Orange, Polk, San Jacinto, Tyler & Walker Counties.

Managed Care Plan Providers / Proveedores de Plan de Cuidados Administrados
for the Harris/Jefferson service areas as of 09/01/24 / para las áreas de servicio Harris / Jefferson al 01/09/24

Community Health Choice	STAR STAR+PLUS (Harris only) CHIP	Member Services: 713-295-2294 or 1-888-760-2600 www.chchealth.org
Molina Healthcare of Texas	STAR STAR+PLUS CHIP Medicare-Medicaid	1-866-449-6849 www.molinahealthcare.com
Superior	STAR (statewide)	1-800-783-5386 www.superiorhealthplan.com
Texas Children's Health Plan	STAR STAR Kids CHIP	1-866-959-6555 www.texaschildrenshealthplan.org
United Healthcare Community Plan	STAR STAR+PLUS STAR Kids CHIP Medicare-Medicaid	1-888-887-9003 www.uhccommunityplan.com
Wellpoint	STAR STAR+PLUS (Jefferson only) STAR Kids (Harris only) CHIP Medicare-Medicaid	Member Services: 833-731-2160 STAR Kids: 844-756-4600 www.wellpoint.com/tx/medicaid

Publications / Publicaciones

Name <i>Nombre</i>	Phone & Website <i>Teléfono y Sitio Web</i>	Description <i>Descripción</i>	Legend <i>Leyenda</i>
amfAR Publications & E-newsletters 	120 Wall Street, 13th Floor New York, NY 10005-3908 www.amfar.org/about-amfar/publications/ info@amfar.org	amfAR is dedicated to ending the global AIDS epidemic through innovative research and produces a variety of publications. Most are available online (pdf), or you can request a hard copy by email or mail.	Free
theBody.com The HIV/AIDS Resource 	www.thebody.com www.thebody.com/category/hiv-espanol	Weekly email/online newsletter provides news on HIV prevention, treatment and quality-of-life issues. <i>El boletín informativo semanal por correo electrónico / en línea ofrece noticias sobre la prevención del VIH, el tratamiento y los problemas de calidad de vida.</i>	Free, Esp
CDC National Prevention Information Network (NPIN) 	https://npin.cdc.gov NPIN-info@cdc.gov	Current information about organizations that provide HIV, Viral Hepatitis, STD, and TB services, educational materials, and funding resources.	Free
HIV.gov/blog 	www.hiv.gov/blog	The official blog of the U.S. government's HIV initiatives, offering timely information on HIV policies, research updates, and educational resources. <i>El blog oficial de la iniciativa sobre el VIH del gobierno de EE. UU., que ofrece información actualizada sobre políticas de VIH, avances en la investigación y recursos educativos.</i>	Free, Esp
Positively Aware Magazine 	5537 N. Broadway St. Chicago, IL 60640 (773) 989-9400 www.positivelyaware.com distribution@tpan.com	The HIV Treatment Journal of Tpan in Chicago. The magazine is published bimonthly, it is available in print and online. You can also subscribe to their newsletter.	Free for PLWH
POZ Magazine 	Smart + Strong 157 Columbus Ave, Suite 525 New York, NY 10023-6082 Attention: Circulation Dept www.poz.com www.poz.com/page/poz-en-espanol	Daily news, treatment updates, personal profiles, investigative features, videos, blogs and an online social network that includes POZ Personals and community forums. <i>Noticias diarias, actualizaciones de tratamientos, perfiles personales, funciones de investigación, vídeos, blogs y una red social en línea que incluye POZ Personals y foros comunitarios.</i>	\$19.97/yr (8 issues), Free online, Esp

Publications / Publicaciones

Name <i>Nombre</i>	Phone & Website <i>Teléfono y Sitio Web</i>	Description <i>Descripción</i>	Legend <i>Leyenda</i>
San Francisco AIDS Foundation - BETA blog 	940 Howard Street San Francisco, CA 94103 (415) 487-3000 http://sfaf.org www.sfaf.org/blog/#sfaf-news-feed__beta-news	Your bright and brainy source for HIV news. Information on new developments in HIV treatment and prevention, and strategies for living well. Contributing writers include HIV researchers, clinicians, and community advocates - presented in a way that everyone can understand and use.	Free
Texas Department of State Health Services - HIV/STD Community Resource Directory 	(737) 255-4300 www.dshs.texas.gov/hivstd/services hivstd@dshs.texas.gov	Online directory of agencies providing HIV/STD services such as medical care, testing, treatment, and education. Services are grouped by city.	Free
United Way of Greater Houston Community Resources 	2-1-1 referral.unitedwayhouston.org help@unitedwayhouston.org	Online database and helpline of Houston area resources in a variety of categories, available in multiple languages.	Free
Harris County Resources for Children and Adults - Community Youth Services Resource Guide 	(713) 394-4000 https://resources.harriscountytexas.gov/News/Publications	Downloadable directory of the most commonly used nonprofit, United Way, church and governmental resources.	Free

Please visit our website: RWPCHouston.org for additional resources.



Art by Gary

Houston Ryan White Planning Council

Timeline of Annual Activities

Consumers, providers and the general public are encouraged to attend and provide public comment at any of the meetings described below. **Please verify if the meeting you wish to attend is being conducted in person or virtually before coming to the office.** For more information on Council processes or to receive monthly calendars and/or meeting packets, contact the Office of Support at 832 927-7926 or visit us on the web: rwpcHouston.org.

JANUARY	<ul style="list-style-type: none"> – Develop the annual Planning Council calendar.
FEBRUARY	<ul style="list-style-type: none"> – Deadline for submitting Proposed Idea Forms. Call the Office of Support for info and to request the required forms. There are two additional deadlines in April and September. – The Planning Council and all committees hold their first meeting of the year. – The Priority & Allocations (P&A) Committee meets to approve the policy for allocating unspent funds, priority setting and more.
MARCH	<ul style="list-style-type: none"> – The Planning Council approves the Joint Epidemiological Report. – Joint meeting of all Committees to determine the criteria used to select the service categories. – The EIIHA Workgroup and Project LEAP/Proyecto VIDA Advisory Committee meets. – Consumer Training for the <i>How to Best Meet the Need</i> (HTBMN) process.
APRIL	<ul style="list-style-type: none"> – Deadline for submitting Proposed Idea Forms. See February for more info. – The Planning Council and community training for the Quality Improvement (QI) Committee's HTBMN process; HTBMN workgroups convene. – P&A allocates Ryan White (RW) Part A unspent funds.
MAY	<ul style="list-style-type: none"> – HTBMN workgroup for the Blue Book. The Operations Committee reviews the Council Support budget. – QI meets to approve the HTBMN results and review subcategory allocation requests. – P&A meets to recommend service priorities for RW Part A/B and State Services funding. – Public Hearing on the HTBMN results.
JUNE	<ul style="list-style-type: none"> – The Steering Committee and Planning Council each meet to approve the HTBMN results. – Special P&A meetings to draft the funding allocations for RW Part A/B and State Services. – QI meets to review the assessment of the administrative mechanism. – P&A meets to approve the funding allocations for RW Part A/B and State Services. – Public Hearing on the recommended service priorities and funding allocations.
JULY	<ul style="list-style-type: none"> – The Steering Committee and Council approve the service priorities and funding allocations. – P&A meets to approve the funding allocations for RW Part A/B and State Services.
JULY / AUGUST	<ul style="list-style-type: none"> – The EIIHA Workgroup meets to complete the proposed the EIIHA Plan. – Project LEAP class begins*. Project LEAP is a free 17-week training course for persons living with and/or affected by HIV to gain the knowledge and skills needed to help plan HIV prevention and care services in the Houston Area. See the following page for more info.
AUGUST	<ul style="list-style-type: none"> – Consumer Training on Standards of Care and Performance Measures.
SEPTEMBER	<ul style="list-style-type: none"> – Deadline for submitting Proposed Idea Forms. See February (above) for more info. – Consumer-only Workgroup to review Standards of Care and Performance Measures
OCTOBER	<ul style="list-style-type: none"> – Community Workgroup to review Standards of Care and Performance Measures.
NOVEMBER	<ul style="list-style-type: none"> – Council recognizes Affiliate committee members. – Commissioners Court to receive the World AIDS Day Resolution.
DECEMBER	<ul style="list-style-type: none"> – World AIDS Day (December 1st) – Council meeting to elect officers for next year.

**All meetings including the Project LEAP schedule may be different than stated above. Please check the website or contact the Office of Support for more information: 832 927-7926 or FeedbackRWPC@harriscountytexas.gov.*

Consejo de Planificación del Programa Ryan White de Houston Cronograma de Actividades Anuales

Se invita a los consumidores, los proveedores y al público en general a asistir y proporcionar comentarios públicos en cualquiera de las reuniones que se describen a continuación. **Verifique si la reunión a la que desea asistir se lleva a cabo en persona o virtualmente antes de venir a la oficina.** Para obtener más información sobre los procesos del Consejo o para recibir calendarios mensuales y/o paquetes de reuniones, comuníquese con la Oficina de Soporte al 832 927-7926 o visítenos en Internet en rwpcHouston.org.

ENERO	– Desarrollar el calendario anual del Consejo de Planificación.
FEBRERO	– Fecha límite para enviar los formularios de ideas propuestas. Llame a la Oficina de Soporte para obtener información y para solicitar los formularios requeridos. Hay dos fechas límite adicionales en abril y septiembre. – El Consejo de Planificación y todos los comités celebran su primera reunión del año. – El Comité de Prioridad y Asignaciones (P&A) se reúne para aprobar la política de asignación de fondos sin gastar, establecimiento de prioridades y más.
MARZO	– El Consejo de Planificación aprueba el Informe epidemiológico conjunto. – Reunión conjunta de todos los comités para determinar los criterios utilizados para seleccionar las categorías de servicio. – Se reúnen el Grupo de trabajo EIIHA y el Comité Asesor del Project LEAP/Proyecto VIDA – Capacitación de consumidor sobre el proceso <i>Cómo cumplir mejor las necesidades</i> (HTBMN).
ABRIL	– Fecha límite para enviar los formularios de ideas propuestas. Consulte febrero para obtener más información. – Capacitación del Consejo de Planificación y de la comunidad para el proceso HTBMN del Comité de Mejoramiento de la Calidad (QI); se reúnen los grupos de trabajo HTBMN. – P&A asigna fondos sin gastar de la Parte A de Ryan White (RW).
MAYO	– Grupo de trabajo HTBMN para el Libro Azul. El Comité de Operaciones revisa el presupuesto de Apoyo del Consejo. – QI se reúne para aprobar los resultados de HTBMN y revisar las solicitudes de asignación de subcategoría. – P&A se reúne para recomendar las prioridades de servicio para la Parte A/B de RW y el financiamiento de Servicios Estatales. – Audiencia Pública sobre los resultados de HTBMN.
JUNIO	– El Comité de Dirección y el Consejo de Planificación se reúnen por separado para aprobar los resultados de HTBMN. – Reuniones especiales de P&A para redactar las asignaciones de financiamiento para la Parte A/B de RW y Servicios Estatales. – QI se reúne para revisar la evaluación del mecanismo administrativo. – P&A se reúne para aprobar las asignaciones de financiamiento para la Parte A/B de RW y Servicios Estatales. – Audiencia Pública sobre las prioridades de servicio recomendadas y asignaciones de financiamiento.
JULIO	– El Comité de Dirección y el Consejo aprueban las prioridades de servicio y las asignaciones de financiamiento. – P&A se reúne para aprobar las asignaciones de financiamiento para la Parte A/B de RW y Servicios Estatales.
JULIO / AGOSTO	– El Grupo de trabajo EIIHA se reúne para completar el Plan EIIHA propuesto. – Comienza la clase del Proyecto VIDA. El Proyecto VIDA es un curso de capacitación gratuito de 17 semanas para personas viviendo con VIH o están afectadas por este virus a fin de obtener los conocimientos y las habilidades necesarias para ayudar a planificar los servicios de atención y prevención del VIH en el área de Houston. Consulte la página siguiente para obtener más información.
AGOSTO	– Capacitación de Consumidor sobre Normas de Cuidado y Medidas de Desempeño.
SEPTIEMBRE	– Fecha límite para enviar los formularios de ideas propuestas. Consulte febrero (arriba) para obtener más información. – Grupo de trabajo exclusivo para Consumidores para revisar las Normas de Cuidado y Medidas de Desempeño.
OCTUBRE	– Grupo de trabajo de la Comunidad para revisar las Normas de Cuidado y Medidas de Desempeño.
NOVIEMBRE	– El Consejo reconoce a los miembros afiliados del comité. – Tribunal de Comisionados recibe la Resolución del Día Mundial del SIDA.
DICIEMBRE	– Día Mundial del SIDA (1.º de diciembre) – Reunión del Consejo para elegir funcionarios para el siguiente año.

**Todas las reuniones, incluido el calendario del Proyecto VIDA, pueden ser diferentes a lo indicado anteriormente. Consulte el sitio web o comuníquese con la Oficina de Soporte para obtener más información: 832 927-7926 o FeedbackRWPC@harriscountytexas.gov.*

Project L.E.A.P. Learning, Empowerment, Advocacy and Participation

What is Project L.E.A.P.?

Project L.E.A.P. is a free, 17-week comprehensive advocacy training course for individuals living with and/or affected by HIV in the Greater Houston Area. The goal is to train people living with HIV so that they become active participants in local HIV planning activities by serving on a planning body, such as the Ryan White Planning Council or the Houston HIV Prevention Community Planning Group (CPG).

What will I Learn?

Some of the topics covered in class include:

- Parliamentary Procedure (Robert's Rules of Order)
- HIV 101
- The History of HIV in the Houston Area
- HIV trends in the Houston area for populations such as African Americans, Hispanics, Women, Youth, Aging, Incarcerated, etc.
- HIV trends in the Houston area and available services for people with mental health issues, substance use disorders, those who are unstably housed and others
- HIV and co-infections, chronic diseases, and stigma
- Designing services for people living with HIV
- The Ryan White Program service prioritization and resource (funding) allocation process
- HIV prevention, PrEP and related services in the Houston Area

Additional class activities may include:

- Attend a Ryan White Planning Council and Committee meeting.
- Attend a CPG meeting.
- Attend a community meeting of your choice.
- Leadership skills and team building.
- Introduction to National, State, and Local HIV plans.
- Class project and presentation to the Planning Council.

When Does the Class Meet?

****The schedule for Project LEAP is subject to change. Contact the Office of Support for more information.***

Wednesdays beginning in July or August*

One day per week from 10:00 a.m. – 2:00 p.m.

Lunch will be provided.

Assistance with transportation and child care is also available.

How Do I Apply?

A brief application and interview are required. Applications are available by mail, fax, email, and can also be completed online.

If you have questions about Project LE.A.P. or the application process, please contact the Ryan White Planning Council Office of Support at 832 927-7926 or visit us on the web: www.rwpcHouston.org.

Proyecto V.I.D.A. Vivir, Inspirar, Defender, Aprender

¿Qué es el Proyecto V.I.D.A.?

El Proyecto V.I.D.A. es un curso gratuito de capacitación en defensa integral de 17 semanas de duración para personas portadoras del VIH o afectadas por este virus en el Área Metropolitana de Houston. El objetivo es capacitar a personas portadoras del VIH para que participen activamente en actividades locales de planificación contra el VIH al formar parte de un organismo de planificación, tal como el Consejo de Planificación del Programa Ryan White o el Grupo de Planificación Comunitaria (CPG) de Prevención del VIH.

¿Que voy a aprender?

Algunos de los temas cubiertos en clase incluyen los siguientes:

- Procedimiento parlamentario (reglas del orden de Robert)
- Fundamentos del VIH
- La historia del VIH en el área de Houston
- Tendencias del VIH en el área de Houston para poblaciones tales como afro estadounidenses, hispanos, mujeres, jóvenes, adultos mayores, encarceladas/liberadas recientemente, etc.
- Tendencias del VIH en el área de Houston y servicios disponibles para personas con dificultades de salud mental, trastornos por uso de sustancias, personas sin vivienda estable y otros
- VIH y coinfecciones, enfermedades crónicas y estigma
- Diseño de servicios para personas portadoras del VIH
- El proceso de asignación de fondos y priorización de servicios del Programa Ryan White
- Prevención del VIH y servicios relacionados en el área de Houston

Las actividades adicionales de clase pueden incluir las siguientes:

- Asistir a una reunión del Comité y del Consejo de Planificación del Programa Ryan White.
- Asistir a una reunión del CPG.
- Asistir a una reunión comunitaria de su elección.
- Habilidades de liderazgo y creación de equipos.
- Introducción a los planes nacionales, estatales y locales contra el VIH.
- Proyecto de clase y presentación al Consejo de Planificación.

¿Cuándo se reúne la clase?

Miércoles a partir de julio o agosto*

** El horario del Proyecto L.E.A.P. sujeto a cambios. Comuníquese con la Oficina de Apoyo para obtener más información.*

Un día a la semana de 5:30 p.m. a 9:30 p.m.

Se ofrecerá cena.

También se ofrece asistencia con el transporte y el cuidado infantil.

¿Qué debo hacer para postularme?

Se requiere una breve solicitud y entrevista. Las solicitudes están disponibles por correspondencia, fax, correo electrónico y también se pueden completar en línea.

Si tiene preguntas sobre el Proyecto V.I.D.A. o el proceso de postulación, comuníquese con la Oficina de Apoyo del Consejo de Planificación del Programa Ryan White al 832-927-7926 o visitenos en el sitio web: rwpcHouston.org.

Pull-Out Phone Directory / Guía Telefónica Portátil

211 Texas/United Way Helpline.....	2-1-1	Food Distribution.....	(713) 251-6919
3 "A" Bereavement Foundation.....	(713) 649-3232	Housing Program.....	(713) 874-6724
A Caring Safe Place.....	(713) 225-5441	Mamie George Community Center (Ft Bend).....	(281) 202-6200
Access Care of Coastal Texas (Galveston).....	(409) 763-2437	Beacon of Hope Center Galveston.....	(409) 762-2064
ACCT Pharmacy.....	(409) 877-7029	Beacon of Hope Center Texas City.....	(409) 948-0405
Accesshealth.....	(281) 342-4530	CEF - Swehla House.....	(713) 528-0037
Adult Rehabilitation Services.....	(713) 541-4422	Cenikor Foundation.....	(888) 236-4567
AIDS Drug Assistance Program (ADAP).....	(800) 255-1090	Houston Treatment Center.....	(281) 476-0088
AIDS Foundation Houston.....	(713) 623-6796	Adolescent Residential Treatment.....	(713) 726-0922
AIDS Healthcare Foundation		Christ Clinic.....	(281) 391-0190
Binz Street.....	(713) 524-8700	Christian Community Service Center.....	(713) 961-3993
Fannin Street.....	(713) 799-8994	Emergency Services.....	(713) 871-9741
Out of the Closet.....	(713) 391-8990	JobNet.....	(713) 626-8320
Alcoholics Anonymous.....	(713) 686-6300	Cocaine Anonymous.....	(713) 668-6822
Alexander Jewish Family Service.....	(713) 667-9336	Colby D Healthcare.....	(832) 563-4970
Allies In Hope.....	(713) 623-6796	Corder Place Apartments.....	(713) 741-4070
Alzheimer's Association.....	(713) 314-1313	The Council on Recovery.....	(713) 942-4100
Ambassadors for Christ Youth Ministry.....	(281) 536-5475	Crisis Intervention of Houston (24 hours).....	(832) 416-1177
AAMA (Clifton).....	(713) 926-9491	Teen (call).....	(832) 416-1199
AAMA (Gulf Fwy).....	(713) 929-2300	Teen (text).....	(832) 201-4430
George I. Sanchez High School North.....	(713) 742-0947	Cypress Assistance Ministries.....	(281) 955-7440
George I. Sanchez High School South.....	(713) 926-1112	Operation Jobs.....	(281) 955-5895
Pre-Kindergarten.....	(713) 929-2442	Disability Rights Texas.....	(800) 252-9108
Work and Learn Center.....	(713) 929-2300	Dispute Resolution Center of Harris County.....	(713) 274-7100
AVDA Aid to Victims of Domestic Abuse.....	(713) 224-9911	East Ft. Bend Human Needs Ministry, Inc.....	(281) 261-1006
Avenue 360 Heights (Main).....	(713) 426-0027	Tri City Churches Resale Shop.....	(281) 499-8833
Avenue 360 Humble.....	(281) 570-2525	El Centro de Corazon Community Health Center.....	(713) 660-1880
Avenue 360 Memorial City.....	(713) 827-8266	Evolve Outreach of Texas.....	(832) 930-4898
Avenue 360 Midtown.....	(713) 341-3790	Fair Haven Food Pantry.....	(713) 467-4363
Avenue 360 Omega House Hospice.....	(713) 523-7110	FamilyTime Crisis and Counseling Center.....	(281) 446-2615
Avenue 360 Southwest.....	(832) 830-8345	Fort Bend Center for Independent Living.....	(281) 980-2219
Avenue 360 Spring Cypress.....	(281) 537-8627	Ft Bend County Clinical Health HIV/STI Services.....	(281) 403-8091
Back to Eden Fellow Program.....	(713) 425-9705	Fort Bend Women's Center (24 hours).....	(281) 342-4357
Bay Area Council on Drugs and Alcohol.....	(800) 510-3111	F.L.A.S., Inc.....	(713) 772-2366
Bay Area Homeless Services.....	(281) 837-1654	Gay and Lesbian Switchboard Houston (24 hours).....	(713) 529-3211
Bay Area Turning Point Crisis Intervention Center.....	(281) 286-2525	God's Lovely Butterflies Maternity Home.....	(832) 264-7491
Baylor International Pediatric AIDS Initiative.....	(832) 822-1038	Good Shepherd Mission (Huntsville).....	(936) 291-8156
Baylor Teen Health Clinics.....	(713) 873-3601	Goodwill Project Good Hope.....	(713) 699-6306
Bayland Park Teen Health Clinic.....	(713) 274-5348	Gulf Coast Community Services Association.....	(713) 393-4700
Ben Taub Teen Health Clinic.....	(713) 873-3601	H&A Support Services.....	(337) 240-6046
Cavalcade Teen Health Clinic.....	(713) 673-1655	Harmony House.....	(713) 221-6200
Cullen Teen Health Clinic.....	(713) 440-7313	Harris Center for Mental Health and IDD.....	(713) 970-7000
Lawn Teen Health Clinic.....	(281) 847-9970	Harris County Burial Assistance.....	(713) 696-1952
Tejano Center for Community Concerns.....	(713) 640-3730	Harris County Public Health.....	(713) 439-6000
Wisdom High School Teen Health Clinic.....	(713) 556-5705	Antoine Health Clinic.....	(832) 927-7350
Worthing High School Teen Clinic.....	(281) 556-5348	Humble Health Clinic.....	(832) 927-1330
The Beacon.....	(713) 220-9737	Southeast Health Clinic.....	(713) 274-9440
Bee Busy, Inc.....	(713) 774-8800	WIC Appointment Line.....	(713) 407-5800
Bee Busy Wellness Center.....	(713) 771-2292	Harris County RIDES.....	(713) 368-7433
Ben Taub Hospital.....	(713) 873-2000	Harris County Sheriff's Office (non-emergency).....	(713) 221-6000
Bering Spiritual Network.....	(713) 526-1017	Inmate Information.....	(713) 755-5300
Brazoria Co. Center for Independent Living.....	(979) 849-7060	Harris Health System Appointments.....	(713) 526-4243
Brazos Place Behavioral Health Center.....	(855) 862-3278	Ask My Nurse Helpline.....	(713) 634-1110
Brentwood Project WAITT.....	(713) 852-2551	Eligibility Information.....	(713) 566-6509
Bridge Over Troubled Waters Emergency Shelter.....	(713) 473-2801	Thomas Street Clinic.....	(713) 873-4000
Career and Recovery Resources.....	(713) 754-7000	HATCH.....	(713) 529-3590
Casa de Esperanza de los Ninos.....	(713) 529-0639	Healthcare for the Homeless-Houston.....	(713) 286-6000
Catholic Charities.....	(713) 526-4611	HIVinfo.....	(800) HIV-0440
Counseling Services.....	(713) 874-6590	Hope and Healing Institute.....	(713) 871-1004

Pull-Out Phone Directory / Guía Telefónica Portátil

Houston Hope Line (5pm-8pm).....	(832) 831-7337	Ryan White Complaint Line (Part B/State Services).....	(713) 526-1016
Houston Area Women's Center (24 hours).....	(713) 528-6798	Saint Luke's Center for Liver Disease.....	(877) 64-LIVER
Houston Center for Independent Living.....	(713) 974-4621	Salvation Army Center of Hope.....	(713) 752-0677
Houston Community Re-Entry Program.....	(832) 393-5467	Salvation Army Jones Family Residence.....	(713) 748-0700
Houston Health Dept Clinic Appointment.....	(832) 393- 5427	Salvation Army Young Adult Resource Center.....	(713) 650-6530
Houston Health Dept PrEP Appointment.....	(832) 395-9800	San Jacinto Apartments.....	(713) 650-0306
Houston HOPWA Complaint line.....	(832) 394-6388	Santa Maria Hostel.....	(713) 691-0900
Houston Lawyer Referral Service.....	(713) 237-9429	SEARCH Homeless Services.....	(713) 739-7752
Houston Volunteer Lawyer Program.....	(713) 228-0735	House of Tiny Treasures Childcare Center.....	(713) 276-3065
Humble Area Assistance Ministries.....	(281) 446-3663	SERjobs.....	(713) 773-6000
HAAM Resale Store.....	(281) 446-0993	Sickle Cell Association of Texas.....	(713) 534-1712
Black Cat Junction Resale Boutique.....	(281) 359-5667	Social Security Administration.....	(800) 772-1213
Lazarus House: A Center for Wellness.....	(713) 526-5071	Southeast Area Ministries.....	(713) 944-0093
LBJ Hospital.....	(713) 566-5000	Thrift Store.....	(713) 944-7405
Legacy Community Health.....	(832) 548-5000	Spring Branch Community Health Center.....	(713) 462-6565
Montrose Clinic Pharmacy.....	(713) 665-8800	HIV Early Intervention Services.....	(346) 242-2620
L-H Transitional Center.....	(713) 239-3866	Cy-Fair Clinic.....	(713) 387-7180
Liver Specialists of Texas.....	(713) 794-0700	Hillendahl Clinic.....	(713) 462-6565
Living without Limits Living Large Inc.....	(832) 545-5689	Katy Clinic.....	(713) 231-5757
Love Network of Baytown.....	(281) 422-5683	Memorial Clinic.....	(713) 827-4744
Magdalene House Social Ministry.....	(281) 540-1907	Northwest Clinic.....	(281) 885-4630
Magnificat Houses (Admissions).....	(713) 529-4231	Pitner Clinic.....	(713) 462-6545
Loaves and Fishes.....	(713) 224-1373	West Houston Clinic.....	(713) 462-6555
St. Joseph House.....	(713) 523-5958	WholeLife Clinic.....	(713) 231-5767
Medicaid.....	(800) 335-8957	St Hope Foundation.....	(713) 778-1300
Medicare.....	(800) 633-4227	Bellaire Health Care Center.....	(713) 839-7111
Memorial Assistance Ministries.....	(713) 468-4516	Conroe Health Care Center.....	(936) 441-2440
Employment Services.....	(713) 574-7542	Dickinson Health Care Center.....	(713) 955-4821
Heights Resale Store.....	(713) 714-5824	Greenspoint Health Care Center.....	(832) 300-8040
Spring Branch Resale Store.....	(713) 491-4330	Northwest Health Care Center.....	(832) 365-3380
Memorial Hermann Call Center.....	(713) 222-2273	Sugar Land Health Care Center.....	(281) 277-8571
METRO (route & schedule information).....	(713) 635-4000	Stan's Hands Massage & Wellness.....	(713) 485-6490
Michael E. DeBakey VA Medical Center.....	(713) 794-7384	Star of Hope.....	(713) 748-0700
Montgomery County Women's Center (24 hours).....	(936) 441-7273	Men's Development Center.....	(713) 226-5414
The Montrose Center.....	(713) 529-0037	Women and Family Development Center.....	(713) 222-2220
Gay and Lesbian Switchboard of Houston (24 hrs).....	(713) 529-3211	Stone Soup Food Pantry.....	(713) 623-6796
HATCH.....	(713) 529-3590	Texas Children's Hospital.....	(832) 824-1000
Narcotics Anonymous.....	(713) 661-4200	Baylor International Pediatric AIDS Initiative.....	(832) 822-1038
National Alliance on Mental Illness (NAMI).....	(713) 970-4419	Retrovirology Clinic.....	(832) 822-1038
NeuroPsychiatric Center.....	(713) 970-7070	Texas Dept of Family & Protective Services.....	(713) 394-4000
Northshore Counseling Center.....	(713) 637-6000	Report Abuse, Neglect & Exploitation.....	(800) 252-5400
Northwest Assistance Ministries.....	(281) 885-4555	Youth and Runaway Helpline.....	(800) 989-6884
Housing Services.....	(281) 885-4595	Texas Dept of State Health Services.....	(888) 963-7111
Family Violence Center (24 hours).....	(281) 885-4673	HIV Medication Program (ADAP).....	(800) 255-1090
Young at Heart Senior Center.....	(281) 885-4600	Thomas Street Clinic (Harris Health).....	(713) 873-4000
Meals on Wheels Program.....	(281) 885-4622	TAN Healthcare (Beaumont).....	(409) 832-8338
Open Door Mission.....	(713) 921-7520	TX Attorney General Child Support Division.....	(800) 252-8014
Paws with Helping Hands Charity.....	(832) 573-7274	UH Health - Eye Care Center.....	(713) 743-2020
PFLAG Houston.....	(713) 467-3524	University Speech, Language & Hearing Clinic.....	(713) 743-0915
Planned Parenthood Gulf Coast.....	(800) 230-7526	Unlimited Pathways to Change.....	(346) 833-5905
Poz Impact Mobile Mechanic.....	(832) 573-7274	UT Health-Houston CNRA.....	(713) 486-2800
re:mind Depression & Bipolar Support.....	(713) 600-1131	UT Health-Houston Pediatrics.....	(832) 325-6516
Recenter Houston.....	(832) 649-6696	UTMB Health Ryan White Program.....	(409) 772-0644
Rosenberg-Richmond Helping Hands, Inc.....	(281) 232-4904	West Houston Assistance Ministries.....	(713) 780-2727
Ryan White Planning Council Office of Support.....	(832) 927-7926	WoodsEdge Community Church Hope Center.....	(281) 364-0415
Ryan White Complaint Line (Part A).....	(832) 927-7560	Workforce Solutions.....	(888) 469-5627

United Way Helpline

Línea Telefónica de Ayuda de United Way

2-1-1 Texas/United Way Helpline provides free information and referral assistance using the most comprehensive database of social services in our community. Individuals seeking assistance find that calm, reassuring call specialists are there for them, 24 hours a day, every day of the year, offering help in more than 150 languages.

With extensive knowledge of available community resources, the call specialists can connect people with social services that meet their needs in their community. Call specialists have expertise in areas such as basic needs, physical and mental health, child care, counseling, and disaster recovery.

When life's little problems are suddenly too big to manage alone, 2-1-1 Texas/United Way Helpline is the number.

You can also search the Helpline database online:

<http://referral.unitedwayhouston.org>

or email your inquiry the helpline:

help@unitedwayhouston.org



La Línea de Ayuda 2-1-1 Texas/United Way proporciona asistencia de información y referencia gratuita, utilizando la base de datos más comprensivo de servicios sociales en nuestra comunidad. Los especialistas que contestan sus llamadas están disponibles las 24 horas del día, cada día del año, ofreciendo ayuda en más de 150 idiomas y en una manera atenta y alentadora.

Con el conocimiento extenso de recursos disponibles en la comunidad, los especialistas del 2-1-1 pueden conectar a personas con servicios sociales y de salud en su propia comunidad. Los especialistas del 2-1-1 tienen conocimiento en áreas tal como necesidades básicas, la salud física y mental, guardería de niños, asesoramiento, y recuperación después de un desastre.

Cuando de repente los problemas de la vida son demasiado grandes para ser manejados solos, la Línea de Ayuda Texas/United Way 2-1-1 es el número para llamar.

También puedes buscar en la base de datos de la Línea de Ayuda en línea:

<http://referral.unitedwayhouston.org>

o escriba su pregunta a través del correo electrónico:

help@unitedwayhouston.org



If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:

Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:

Ryan White Planning Council Office of Support

1310 Praire Street, Suite 800; Houston, TX 77002

Ph: 832 927-7926

Fax: 713 431-4880

Web: rwpchouston.org

Email: FeedbackRWPC@harriscountytexas.gov

HOUSTON RESOURCE GUIDE
HOUSTON GUIA DE RECURSOS



NUTRITION & WELLNESS

The "Blue Book" El "Libro Azul"