Resources and Information re COVID-19

(as of 03/25/20)

If you need help finding a doctor or accessing medical care, call 2-1-1 and they can direct you to low- or no-cost providers in your area as well as assistance to find food or other social services. There may be an increased volume of calls so if you cannot get through, call again.

Stay Home-Work Safe Order

Harris County Judge Lina Hidalgo, in coordination with Houston Mayor Sylvester Turner, has issued a mandatory "Stay Home-Work Safe" Order, effective through at least April 3. **Read the order here**: <u>https://www.readyharris.org/Stay-Home</u>

COVID-19 Testing Updates

Anyone currently experiencing COVID-19 symptoms should contact their healthcare provider.

The Houston Health Department's free COVID-19 drive-thru testing sites will provide services to people of any age with chronic illnesses. Examples of chronic illnesses include heart disease, asthma, chronic lung disease, cancer, HIV/AIDS. Transplant recipients, people with weakened immune systems and pregnant women are also eligible.

People with chronic illnesses experiencing cough, difficulty breathing and fever, the common COVID-19 symptoms, can call the Houston Health Department's COVID-19 call center at 832-393-4220 or 832-927-7575 between 9 a.m. and 3 p.m. to get screened – or – complete the online screening tool: CoVCheck.hctx.net (or www.ReadyHarris.org). You will receive a unique identification code and instructions on where to go for testing.

Based on the results of the online screening tool (whether online or via the call center), you may be directed to a COVID-19 nurse triage call center, where it will be determined if you need to be tested, continue monitoring your symptoms or contact your health care provider.

The drive-thru testing sites will only accept people with a unique identification code obtained through the screening process. People who show up without an identification code will not be tested.

Legacy Community Health is offering testing to anyone with a chronic illness or underlying condition that results in a suppressed immune system who is also exhibiting symptoms of COVID-19.

Legacy will provide a COVID-19 test ONLY to those who screen positive. With the recent change in criteria, that means:

- An individual who is experiencing symptoms of fever, cough, shortness of breath, or other respiratory conditions AND either:
- Is over the age of 65, or
- Has a chronic medical condition or those who are immunocompromised.

Chronic medical conditions or those who are immunocompromised can include pregnancy, diabetes, heart disease, cancer, or a transplant recipient. For questions about testing for COVID-19 call the Legacy contact center in Houston at (832) 548-5000 or in Beaumont at (409) 242-2525. It is not necessary to call our contact center ahead of coming to any of our clinics to be screened for COVID-19.

COVID-19 testing is available at Legacy's four satellite clinics (physically separated from the main clinics), at the following locations:

- Legacy Fifth Ward, 3811 Lyons Ave.
- Legacy Montrose, 1415 California St.
- Legacy Southwest, 6441 High Star Dr.
- Legacy Central Beaumont, 450 North 11th St.

For clinic hours and updated information go to http://www.legacycommunityhealth.org/

Hotlines:

If you are experiencing symptoms please call the hotline for your area:

City of Houston 832-393-4220 (M-F 9am-7pm, Sat 9am-3pm) Ft. Bend County 281-633-7795 (M-F 8am-8pm, S-S 10am-2pm) Harris County 832-927-7575 (9 a.m. until 7 p.m.)

For local updates on COVID-19, please go to www.ReadyHarris.org or www.hcphtx.org.

Mental Health Support:

833-251-7544 (Toll Free, 24/7)

Online Resources:

- CDC | COVID-19: What people with HIV should know
- Coronavirus.gov
- <u>COVID-19 prevention during pregnancy</u>
- <u>Texas Dept of State Health Services</u>
- <u>www.ReadyHarris.org</u>
- <u>www.harrishealth.org</u>
- www.hcphtx.org
- <u>www.HoustonHealth.org</u>
- HoustonEmergency.org/COVID19
- www.fbchealth.org/ncov