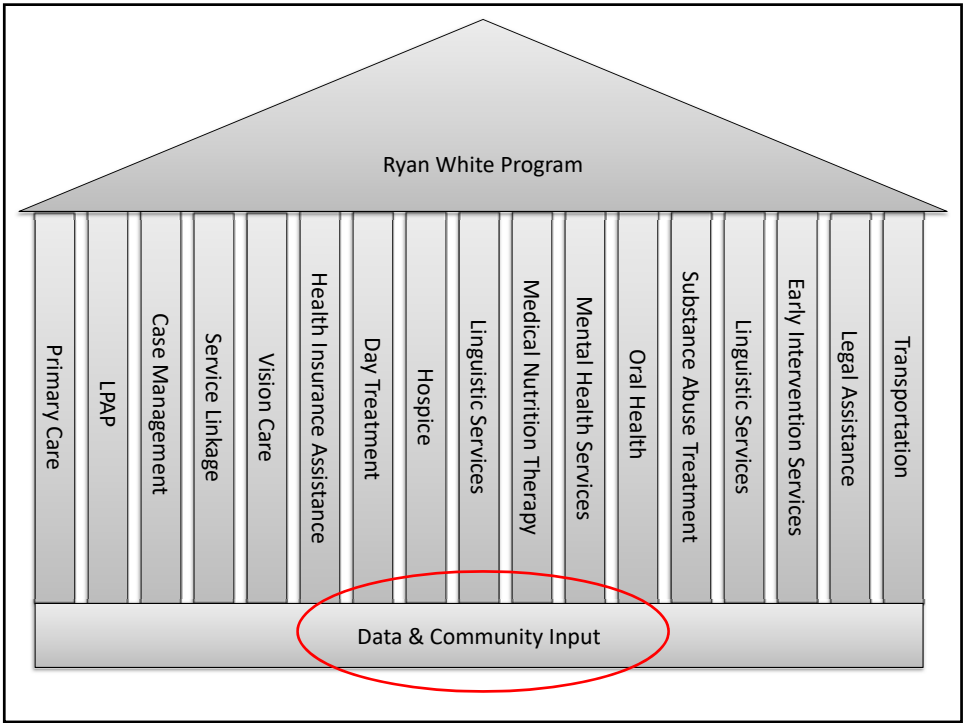



# “How to Best Meet The Need” Workshop Training

Tools Used in the FY 2026 Decision-Making Process



Houston Area HIV Services Ryan White Planning Council  
1:30 pm – 3:00 pm, Thursday, April 10, 2025  
1440 Harold St, 2<sup>nd</sup> Floor Classroom, Houston, TX 77006






## Overview

*What types of data are used ? Where are they found?*

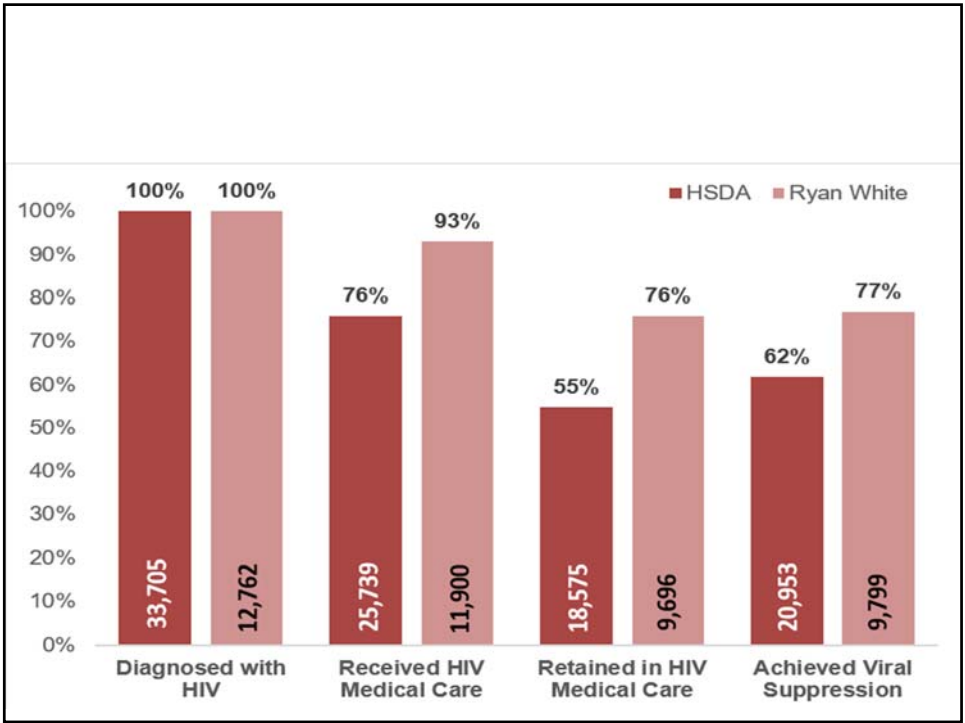
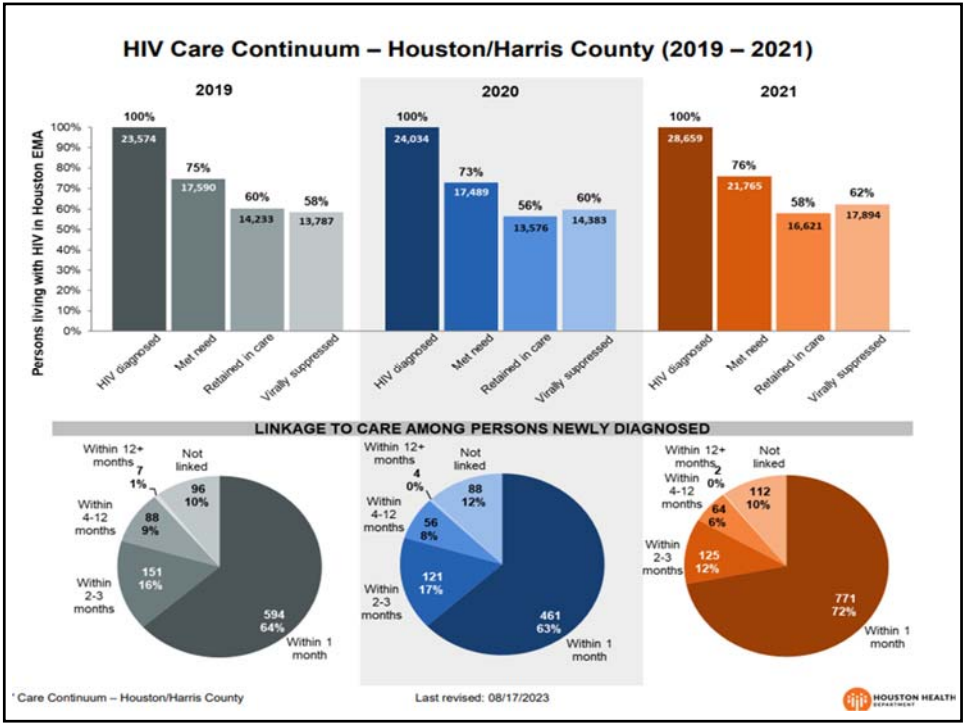
Types of Data Used in the Process	Where to Find the Data
Engagement in care	Continuum of Care
Trends in HIV disease	2024 Houston Area Epidemiologic Supplement
Needs of people living with HIV	2025 Needs Assessment
Information on individuals who are out-of-care	Unmet Need Framework
National, state, and local priorities related to HIV prevention and care services	National, state, and local plans, including the 2023-2021 Comprehensive Plan
Allocations of funding	Financial reports from the AAs
Service usage	Service utilization reports from the AAs
Health outcomes of people who use particular services	Outcomes reports from the AAs
Summary data for each service	Service category information summaries




## HIV Care Continuum

*Describes engagement in care from diagnosis to viral suppression*

- Formerly called the Treatment Cascade, Spectrum of Engagement, or the Gardner Cascade
- Provides “big picture” view of engagement in HIV care at all stages within a given timespan (usually 12 months)
  - All individuals **living with HIV**
    - Those aware of their status
    - Those who are unaware of the status (greater likelihood of HIV transmission)
  - All individuals who have been **diagnosed**
  - All individuals with **met need** for HIV medical care
  - All individuals **retained** in HIV care in a HIV medical care
  - All individuals **prescribed** (and, presumably taking) HIV medications
  - All individuals with **viral load suppression** (lower likelihood of HIV transmission)
- Helpful for identifying system-wide gaps in service linkage and retention in care “at a glance”





## The 2022–2026 EHE/Integrated HIV Prevention and Care Plan

*Describes HIV trends in the Houston Area*


- Socio-demographics of the Houston Area Population (Page 8)**

*What are the socio-demographic characteristics of the general population in the Houston Area (e.g., population data, social determinants, community indicators)?*
- Demographic and Socioeconomic Characteristics of People Living with HIV Diagnosis (PLWH) in the Houston Area (Page 11)**

*What is the current scope of the HIV epidemic in the Houston Area (e.g., current new diagnoses and prevalence)?*
- HIV Burden in the Houston Area (Page 19)**

*How has the HIV epidemic changed in the Houston Area over time, and which areas and groups are most impacted (e.g., prevalence, new diagnoses, and mortality over time, prevalence by zip code, progression to Stage 3 HIV, and mortality)?*
- Indicators of Risk for HIV Transmission in the Houston Area (Page 25)**

*Which groups in the Houston Area are at higher risk for contracting HIV (e.g., sexual risk behaviors, higher risk among MSM, IDU, and heterosexuals, testing, comorbidity and co-occurring conditions)?*



## 2019 Epidemiological Profile Chapters

*Describes HIV trends in the Houston Area*

*From the 2019 Epidemiological Profile Draft Chapters*


- Chapter 1: The Houston Area Population**

*What are the socio-demographic characteristics of the general population in the Houston Area?*

  - County and EMA-level population data and population changes—Page 1
  - Comparison of total population to population of PLWH—Page 5
  - Socioeconomic characteristics (employment, income/poverty, education, health coverage, immigration, and linguistic isolation)—Page 8
  - Community health indicators (fertility, mortality, causes of death, disability, and general indicators)—Page 18
- Chapter 2: HIV in the Houston Area**

*What is the current scope of the HIV epidemic in the Houston Area?*


  - Houston/Harris County (HIV incidence, new diagnoses and diagnosis trends, Stage 3 HIV progression trends and late/concurrent diagnosis, prevalence, new diagnoses and prevalence maps, HIV and mortality trends) —Page 22
  - Houston EMA (new diagnoses, prevalence)—Page 42
  - Summary of HIV epidemiology by jurisdiction and the United States—Page 46



## 2025 Needs Assessment

*Describes the needs, gaps, and barriers to HIV care services from the consumer's perspective*


- Chapter 1: Demographics**  
*What are the geographic and demographic characteristics of survey participants? How do those characteristics compare to local prevalence data?*
- Chapter 2: Service Needs and Barriers**  
*What are consumers' HIV care service needs? Have consumers experienced any difficulty or barriers when accessing services? Are consumers experiencing any wait-list related barriers? Do consumers have needs that are not being met through currently funded service categories?*
- Chapter 3: Needs Across the HIV Care Continuum**  
*Where are consumer needs for testing and diagnosis, linkage, retention, and medication adherence?*
- Chapter 4: Determinants of HIV Care**  
*To what extent do co-occurring health conditions, behavioral and mental health concerns, socio-economic determinants of health, and experience with discrimination and violence influence management of HIV as well as need for and access to HIV prevention and care services? What are consumers' HIV prevention and risk behaviors?*
- Additional: Service-Specific Fact Sheets and Special Population Profiles**



## Unmet Need Framework

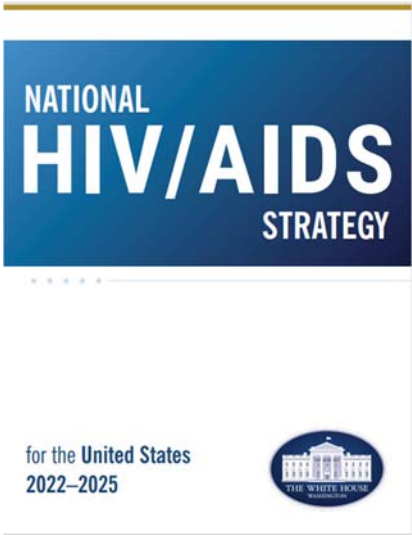
*Describes persons who are HIV-positive but not in HIV medical care*


- Number and Percent of the Out-of-Care**  
*How many PLWHA= were not in HIV care in the past 12 month period and what percent do they represent of all persons diagnosed with HIV in the EMA?*
- Characteristics of the Out-of-Care**  
*Who are the out-of-care in terms of demographic characteristics such as sex, race/ethnicity, age, and transmission risk and where are the out-of-care?*
- Disproportional Impact**  
*Which subpopulations have proportions out-of-care that are higher than the community average?*
- Linkage to Care**  
*To what extent are the newly diagnosed linked to care within the year of their diagnosis and who are the newly diagnosed who remained out-of-care?*



### National, State, and Local Initiatives and Plans

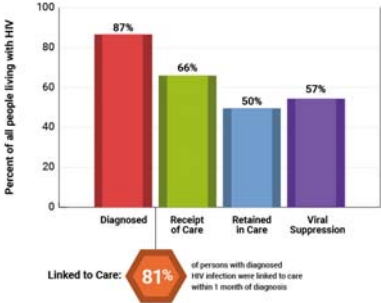
*Outline priorities, best practices, and benchmarks for HIV care*





#### Early Identification of Individuals with HIV/AIDS


Prevalence-based HIV Care Continuum, U.S. and 6 Dependent Areas, 2019



Category	Percentage
Diagnosed	87%
Receipt of Care	66%
Retained in Care	50%
Viral Suppression	57%

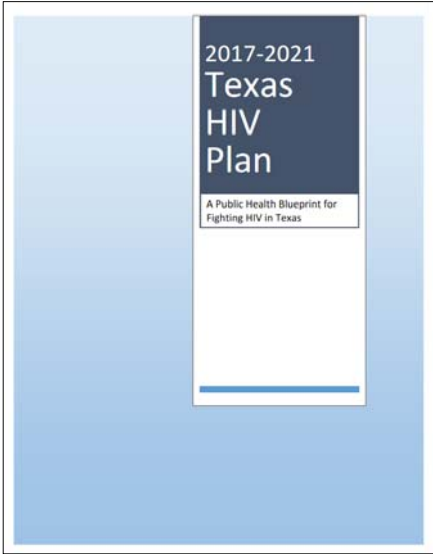
Percent of all people living with HIV


Linked to Care: 81% of persons with diagnosed HIV infection were linked to care within 1 month of diagnosis




### National, State, and Local Initiatives and Plans

*Outline priorities, best practices, and benchmarks for HIV care*








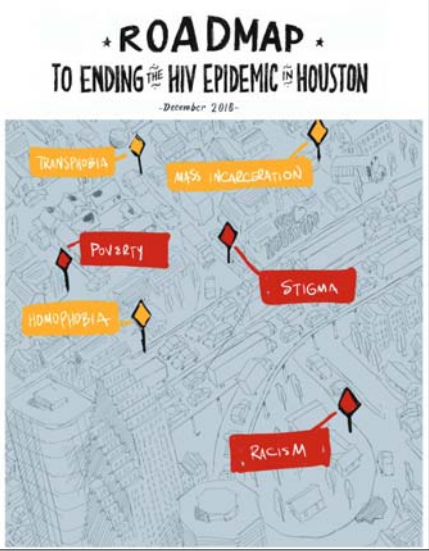


## National, State, and Local Initiatives and Plans

*Outline priorities, best practices, and benchmarks for HIV care*




**Houston Area Comprehensive  
HIV Prevention and Care  
Services Plan  
2017 - 2021**  
Capturing the community's vision for an ideal system of  
HIV prevention and care for the Houston Area



**★ ROADMAP ★  
TO ENDING THE HIV EPIDEMIC IN HOUSTON**  
December 2018

TRANSPIRIA, AIDS RECALIBRATION, POVERTY, STIGMA, HOMOPHOBIA, RACISM



## Reports from the AAs

*Describe various aspects of current service utilization*

- Financial Reports**  
*How much funding has been allocated to each service category?*
- Service Utilization Reports**  
*How many clients have been served in each service category and who are those clients in terms of their demographic characteristics?*
- Chart Review Reports**  
*To what extent have clients received care appropriate to each service category?*
- Performance Measure Reports**  
*To what extent has each service category attained goals related to the health outcomes of clients?*



“Okay, but how will any of this help us determine How to Best Meet the Need?”

Based on today’s presentation, which of the decision-making tools could you use to answer each question?

- “What proportion of consumers using Medical Case Management have undetectable viral loads?”  
Performance Measure Reports
- “What kinds of barriers do consumers experience when trying to get Transportation services?”  
Needs Assessment and Special Studies
- “What are the emerging epidemiologic trends in HIV disease in the Houston EMA?”  
Epidemiological Overview
- “How many consumers received bus passes in 2016?”  
Service Utilization Reports
- “How much funding is currently allocated for Primary Care/OAMC?”  
Financial Reports
- “What are the Houston Area’s priorities over the next five years?”  
2017-2021 Comprehensive Plan
- “Which subpopulations have greater proportions of individuals who are out-of-care?”  
Unmet Need Framework
- “How many people living with HIV in the Houston EMA were retained in care in 2015?”  
Continuum of Care



Summary Tools

What tools are available to help you find and use the data during the process?

- **FY 2026 Service Category Information Summary**
  - Summary of sources relevant to all services categories
    - Local epidemiological trends, unmet need, and national/state/local priorities
  - Service-specific data summaries
    - Funding, UDC, outcomes, needs/gaps/barriers, national/state/local priorities
- **Packets**
  - Introductory
    - General Information
    - Unmet Need
    - EIIHA
    - Funding and Utilization
    - Population-Specific
  - Per Workgroup
    - Per Service Category
- **Presentations**
  - Per Workgroup
    - Per Service Category