Ending the Epidemic/Integrated HIV Prevention and Care Planning Body Ryan White Office of Support 1310 Prairie Street, Suite 800, Houston, Texas 77002 832 927-7926 | http://rwpchouston.org

HOUSING WORKGROUP

AGENDA

2 p.m., Thursday, May 23, 2024—This meeting is virtual only

Join Zoom Meeting: <u>https://us02web.zoom.us/j/8899837982</u> Meeting ID: 889 983 7982 Or, join by telephone at: 346 248-7799

- I. Welcome
 - A. Identification of facilitator
 - B. Introductions
 - C. Workgroup options, see A and B below

Johnny Deal, Kenia Gallardo, and Megan Rowe, Co-Chairs

Tori Williams, Office of Support

- II. Review progress
 - A. Create inventory of housing resources, especially mainstream resources
 - See attached pamphlet
 - Work with 2024 Project LEAP students
 - Design the document
 - B. Collect housing needs assessment data
 - UH School of Social Work
 - Houston HOPWA Needs Assessment
 - Consolidated Annual Performance and Evaluation
 - Reports about housing program accomplishments locally
 - Results from contacting other housing information resources
 - C. Other
- IV. Closing
 - A. Review assigned tasks for next meeting
 - B. Set date for next meeting: 2 pm, Thurs. July 25, 2024
- VI. Adjourn

Housing Workgroup, 03/28/2024, Tori Williams, RWOoS

In reviewing the goals and seeking to build on existing data, members discussed contacting sources, including the University of Houston School of Social Work, which is believed to hold housing data that students collected and which may be useful in meeting current workgroup goals. City of Houston Director of Housing Opportunities for Persons with AIDS Megan Rowe, a workgroup co-chair, will assist in obtaining Consolidated Annual Performance and Evaluation Reports about housing program accomplishments locally. Other existing HIV-related agencies, housing enterprises serving the aging population (including short-term health recovery options), initiatives monitoring local health issues affecting housing, and others serving housing needs of the community at large were also identified as sources of retrievable information meaningful in meeting goals. Next Meeting: 2 p.m., Thursday, May 23, 2024.

Continued

Ending the Epidemic/Integrated HIV Prevention and Care Planning Body

Documentation of Progress for Housing Workgroup—Page 2 2 p.m., Thursday, May 23, 2024

NEXT MEETING DATE: _____

SUMMARY OF MEETING:

DECISIONS MADE & TASK ASSIGNMENTS:

Submitted by: _____

Tori Williams, Staff Member

Date:

Thomas Street Health Center * 8 (713) 873-4000

2015 Thomas Street, 77009 HIV primary care (free for eligible patients), walk-in HIV testing,

addiction counseling, same-day PrEP, NPEP (post-exposure).

SUPPORT SERVICES

Healthcare for the Homeless – Main Clinic *..... (713) 286-6000 1934 Caroline Street, 77002

Medical care, addiction counseling, and dental care.

Houston Area Women's Center..... (713) 528-6798 1010 Waugh Drive, 77019

LGBTQIA+ services – outpatient recovery counseling, antiviolence, and housing assistance for people living with HIV.

Mobile Outreach Team provides food, water, clothing and blankets; SEARCH clients can receive case management, housing assistance and referrals to supportive resources.

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SUBSTANCE USE DISORDER TREATMENT & SUPPORT

Never Use Alone
Adult Rehabilitation Services
AMAA*(713) 926-9491 204 Clifton Street, 77011 Adult outpatient treatment (12-step & support groups); HIV,
Hepatitis C, and syphilis testing; referrals. Walk-ins welcome. Cenikor Foundation - Deer Park
4525 Glenwood Avenue, 77536 Inpatient and outpatient detox, treatment, and counseling.
Council on Recovery
Houston Recovery Center-Sobering Center(713) 236-7800 150 N. Chenevert Street, 77002 24-hour jail alternative. Provides a safe environment to sober. Provides assessment, counseling, peer support, and resources.
LAMBDA Center Houston
Santa Maria Hostel
Recenter Houston



Inpatient and outpatient detox and treatment programs ranging from 12-step to wellness services to housing options.

LIVING UNSHELTERED / HOUSING SERVICES

Houston COMPASS (The Beacon)(713) 220-9737 1212 Prairie Street, 77002 All are welcome. Meals, mailbox, shower, free phone, laundry and case management, transportation assistance (bus passes). Star of Hope Mission Men – 1811 Ruiz Street, 77002(713) 227-8900 Women & Families – 2575 Reed Road, 77051(713) 222-2220 Structured programs focus on spiritual growth, education, employment, life management and recovery.	AIDS Foundation Houston* (see listing below) Harris Co. Housing Resource Center	554-7481
Men – 1811 Ruiz Street, 77002(713) 227-8900 Women & Families – 2575 Reed Road, 77051(713) 222-2220 Structured programs focus on spiritual growth, education,	1212 Prairie Street, 77002 All are welcome. Meals, mailbox, shower, free phone,	laundry and
	Men – 1811 Ruiz Street, 77002(713) Women & Families – 2575 Reed Road, 77051(713) Structured programs focus on spiritual growth, educat	222-2220

SEXUAL HEALTH

HIVinfo.nih.gov: clinical guidelines,	drug info, glossary of terms.
AIDS Foundation Houston*	(713) 623-6796

6260 Westpark Drive, 77057 HIV/STD testing, same-day PrEP, NPEP (post-exposure), supportive housing and food pantry for people living with HIV.

1415 California Street, 77006 (call for additional locations) Gender-affirming health and wellness, primary and HIV medical care (free for eligible patients), addiction counseling, walk-in HIV/ STD testing, same-day PrEP, NPEP (post-exposure).

SERJobs 2 713 773-6000 SERJobs.org

Workforce Solutions 2 1-888-469-5627 □ wrksolutions.com

Equal Employment Opportunity Commission

The law forbids discrimination in any aspect of employment based on sexual orientation or gender identity, including workplace harassment that creates a hostile work environment. You can file a discrimination charge with the EEOC by phone or online.

For more resources, see Legal Issues and Advocacy.

Food

There are many food pantries in the Houston area, restrictions may apply. Dial 2-1-1 for more options.

AIDS Foundation Houston^{*}

Stone Soup offers food and assistance with benefits enrollment for people living with HIV, M-F 10a-4p. 2713 623-6796 ext. 225 ■ afhouston.org

Catholic Charities

The food pantry is open M-W-Th (by appointment). Food fairs are held on select Saturdays from 9a-11a, no appointment needed; call or go online for the schedule.

Call Mon or Fri for an appointment: 2713 874-6781

Emergency Aid Coalition

Provides approximately 2 bags of groceries per person each month. Also has a clothing center. Services by appointment only.

2 713 343-3061 Geachouston.org

<u>Health Insurance</u>

Transgender health care coverage Great info on health insurance including links to report civil rights violations based on gender discrimination.

Texas Department of Insurance For info, questions, consumer tips, and complaints.

Transportation

Lyft Dyft.com FICO Uber Uber.com FICO METRO/METRORail/METROLift 2 713 635-4000 (call/text) I ridometro.org

RESOURCES & WEBSITES

The following websites provide information on current policies, legal and other issues affecting transgender and non-binary people.

Legal Issues

Human Rights Campaign

Katine Nechman McLaurin

Legal services in immigration, GLBT family law and criminal defense matters. Free consultation for people living with HIV. Info@lawkn.com

Lambda Legal

LambdaLegaLorg/issues/transgender-rights

National Center for Transgender Equality

Trans Legal Aid Clinic of Texas Free help for trans and non-binary Texans to change their gender on legal documents.

🖾 info@translegalaidtx.com 🛙 translegalaidtx.com 🖬 🖸

Transgender Law Center

Advocacy

Gender Spectrum.org

Trans Rights are Human Rights

Positive Women's Network

National Center for Transgender Equality

Transgender Education Network of Texas

Texas Transgender Alliance Resource Guide Searchable database of resources in Texas.

2-1-1 Texas/United Way Helpline

Get free, confidential info and referrals for food, housing, employment, counseling and much more. Call or search the online database 24/7:

2 2-1-1 = referral.unitedwayhouston.org



Houston area resources for transgender & gender nonconforming individuals

A project of the 2022 Project LEAP Class of the Ryan White Planning Council rwpcHouston.org

*agency provides HIV testing and linkage to care \$ agency provides HIV medical care

inclusion in this pamphlet does not imply endorsement or recommendation by the Ryan White Planning Council.

Transgender and gender non-conforming individuals experience stigma, discrimination, and unique barriers to accessing quality services. They experience higher rates of HIV, substance use and mental health issues, and violence and victimization.

Gender-affirming care includes social, psychological, behavioral, and medical interventions designed to support and affirm a person's gender identity. Genderaffirming care greatly improves the overall well-being of gender diverse, transgender, and nonbinary people.

HEALTHCARE

Gender-affirming healthcare is necessary for your body and mind to live your best and healthiest life.

Avenue 360 Health and Wellness** Transgender specialty care and social services; PrEP[‡]. 2 713 426-0027 avenue360.org

Dr. Crofoot* LGBT and gender-affirming healthcare; PrEPt. 2 713 526-0005 G crofootmd.com

Fundacion LatinoAmericana de Accion Social® Free HIV, Syphilis & Hep C testing and treatment re-

ferrals; health education, PrEP4; behavioral health care. 2 713 772-2366 E flasinc.org

Ft. Bend County Clinical Health Services* Free HIV and STI testing; PrEPt.

281 403-8090 or 8091 E fbchealth.org

Legacy Community Health®

Transgender specialty care and social services; PrEPt. 2 832 548-5014 legacycommunityhealth.org

Hormone Therapy

Gender-affirming hormone therapy (GAHT)/hormone replacement therapy (HRT) is one way to feel and look more like the gender you identify with.

FOLX

Virtual healthcare and education (general and sexual health), hormone subscription plans and scholarships.

E folxhealth.com

Planned Parenthood*

Provides GAHT (18+), PrEPt, and high-quality, nonjudgmental sexual and reproductive health services.

Northville Health Center

9929 North Freeway, Suite 107; Houston 77037 2 713 514-1106 plannedparenthood.org

PrEP for HIV Prevention

PrEP is a way to prevent getting HIV by taking a pill every day or an injection every 2 months. Talk to your doctor or check out the resources below.

Info about PrEP, where to get it & how to pay for it: greaterthan.org

Find a PrEP provider in Texas (listed by city): dshs.texas.gov/hivstd/prep/providers.shtm

Mental Health

Depression among transgender adults is devastatingly high in the US. It is important to talk to someone if you have mental health concerns.

National Crisis and Suicide Lifeline 24/7: 2 9-8-8

National Alliance on Mental Illness (NAMI) National database of mental health care providers. The NAMI HelpLine is available Mon-Fri, 9am-9pm. 2 1-800-950-6264 or text "helpline" to 62640

A helpline@nami.org nami.org/Find-Support/LGBTQ f 🕑 🖸 in 🖸

The Montrose Center*

Gender-affirming groups, resources, and more. 2 713 529-0037 I montrosecenter.org

Trans Lifeline

Connects trans people to support and resources. 2 1-877-565-8860 E translifeline.org

The Trevor Project

24/7 crisis support to LGBTO youth (age 13-24). Text, chat, or call anytime; connect to TrevorSpace, an affirming, online community.

2 1-866-488-7386, text "start" to 678678 or webchat Hetrevorproject.org

Substance Use Treatment

Alcohol, drugs and nicotine weaken the body. If you would like to quit or cutback, there are treatment options available.

LAMBDA Center Houston

An LGBTQ 12-step recovery clubhouse. Many meetings are virtual, the schedule is available online.

2 713 521-1243 E lambdahouston.com

Also see The Montrose Center under Mental Health.

SUPPOBTIVE SERVICES

Because we all need a little help sometimes.

Activities & Social Support

It's important to have an affirming place to share, ask questions build a support network and community ties.

Houston Transgender

Online chat and friends networking community. houston-transgender.com

The Mahogany Project

Provides services to TQLGB+ Communities of Color. 2 713 637-4197 D themahoganyproject.org

Meetup - Houston Transgender Meetup

A collection of transgender inclusive support groups, events, fundraisers, and social gatherings.

E meetup.com/houston-transgender-meetup

Montrose Center*

Trans*Fabulous Group: Virtual, Thurs at 7-8:30pm. Register: B bit.ly/trans-fabsupportgroup

Transgender Youth Group (age 13-20): Online, Thurs from 5-8:30pm. For details: A info@hatchyouth.org

Montrose Grace Place (at Kindred Church) Food, resources & fellowship to homeless youth (age 13-24) of all sexualities/genders. Mon & Thurs @ 6pm. 2 832 239-0824 montrosegraceplace.org

Resurrection Metropolitan Community Church RMCC provides a safe and open community for all people to worship, learn, share, & grow in their faith. 2 713 861-9149 E resurrectionmcc.org

Save Our Sisters United, Inc.

Provides a variety of services and social opportunities to all Trans people and women of color.

2 832 808-1044 Sosuinc.org

Housina

Housing is essential. A safe and stable home is necessary for your health and well-being.

AIDS Foundation Houston[•]

Offers shared two-bedroom, community residence for low-income, single cisgender and transgender women.

281 967-4811 afhouston.org

Harris Co. Housing & Community Resource Center Find rental property, help for first time home buyers, financial assistance, emergency shelters and much more. Call or search the online database.

Resource Coordinators: 832 927-4955 A housingandcommunityresources.net

Organización Latina Trans in Texas

Emergency shelter and temporary housing for LGBTOI+ individuals in vulnerable situations, and housing for anyone living with HIV who is unhoused. OLTT can also connect you to health care, GAHT and many other resources and support services.

2 713 485-4414 🖬 latinatranstexas.org

Employment

These agencies provide job training and placement to people who are low-income or who have significant barriers to employment.

Goodwill Job Connection Center



Quality of Life and Social Determinants Committee

Goal 3B.3: Address social determinants through a multilevel approach that reduces new cases and sustains health equity.

Key Activities

- Increase service provider knowledge and capability to assess those in need of ancillary services.
- Provide funded organizations with payment points for linking people to pre-exposure prophylaxis (PrEP), keeping appointments, and then linking people on PrEP to housing, transportation, food assistance, and other supportive services.
- Develop mental health and substance use campaigns to support self-efficacy/resiliency.
- Promote having health departments partner more with colleges and school districts, and the Houston Health Department Bureau of Youth and Adolescent Health create a tailored strategic plan that better engages adolescent Houstonians/ Harris Countians.

- Revitalize the Youth Task Force and seek funding for adolescent-focused initiatives.
- Engage healthcare programs regarding inclusion of all HIV prevention strategies in their curriculums to educate future practitioners (e.g., medical, nurse practitioner, nursing, and other healthcare programs).
- Reduce stigma and increase knowledge and awareness of PrEP and treatment as prevention (TasP) through a biannual inclusive public health campaign focused on all populations.
- Train the workforce on patient-centered (i.e., statusneutral and trauma informed) prevention approaches to build a quality care system.

Quality of Life and Social Determinants Committee—*Continued*

Goal 5A: Improve quality of life for persons living with HIV by promoting unfettered access to high-quality, life-extending prevention and care services through the identification of the top three services people needed but couldn't access as well as the top three barriers. We will identify the number of people in need of service and who couldn't access it. This will decrease by focusing on the most needed and least accessible services and the populations benefiting least from these services by making services available, accessible and affordable for three years.

Goal 5B: Increase the proportion of people with diagnosed HIV who report good or better health to 95% from a 2018 baseline of 71.5%. Activity: See Houston Medical Monitoring Project (HMMP).

Goal 5C: Decrease by 50% the proportion of people with diagnosed HIV who report an unmet need for services from a mental health professional from a 2017 baseline of 24.2%. Activity: See HMMP.

Goal 5D: Decrease by 50% the proportion of people with diagnosed HIV who report ever being hungry and not eating because there wasn't enough money for food from a 2017 baseline of 21.1%. Activity: See HMMP.

Goal 5E: Decrease by 50% the proportion of people with diagnosed HIV who report being out of work from a 2017 baseline of 14.9%. Activity: See HMMP.

Goal 5F: Decrease by 50% the proportion of people with diagnosed HIV who report being unstably housed or homeless from a 2018 baseline of 21.0%. Activity: See HMMP.

Goal 5G: For 3 years, continue to host quarterly meetings of the Houston Area HIV Data Committee in order (1) to learn about the different data being collected; (2) to create and maintain an inventory of HIV data being collected; and (3) to distribute the resulting inventory of data to Houston area researchers, students, people living with HIV and others to maximize the use of these data to benefit people living with HIV.

Aging and HIV Workgroup

Continue to host Quality of Life workgroup meetings that started in Houston on 3/21/22 and were co-hosted by the Community Planning Group and Ryan White Planning Council.

Housing Workgroup Activities to be determined.

Racial and Social Justice Workgroup

Continue to host Racial and Social Justice Workgroup meetings that started in Houston on 04/15/21 and were co-hosted by the Community Planning Group and the Ryan White Planning Council.

UPDATED: 05/18/24	Sun	Mon	Tue	Wed	Thu	Fri	Sat
INTEGRATED PLANNING BODY (IP)				1	2 12 noon RW Steering Committee	3	4
Unless otherwise noted, ALL meetings will be held via Zoom or hybrid Z = Zoom (virtual only)	5	6 2:00 p.m. RW HTBMN Special Wg #3 - Various Topics	7 6:00 p.m. IP Youth Workgroup	8 10:00 a.m. IP Needing In Person Engagement Workgroup 3:00 p.m. IP Status Neutral Systems and Diagnose Committee 6:00 p.m. Z IP Leadership Team	9 12 noon RW Planning Council CANCELLED RW Comp HIV Planning with the IP <i>Research, Data &</i> <i>Implementation and</i> <i>Monitoring, QA &</i> <i>Evaluation committees</i>	10 12 noon IP Treat Committee	11
	12	13 11:00 a.m. RW Operations	14 <i>12 noon</i> <i>IP Prevention and Policy</i> <i>Committee</i> 2:00 p.m. RW Quality Improvement	15 12 noon IP Aging & HIV Workgroup	16	17	18 National HIV Vaccine Awareness Day
Tay	19 National API HIV Awareness Day	20 11:00 a.m. RW Affected Community with the <i>IP</i> <i>Consumer & Community</i> <i>Engagement Workgroup</i>	21 12 noon IP Education & Awareness Committee 6:00 p.m. IP Racial and Social Justice Workgroup	22 CANCELLED IP Respond Committee	23 CANCELLED RW Priority & Allocations <i>2:00 pm</i> <i>IP Housing Workgroup</i> 4:00 CPG	24	25
2024	26	27 Memorial Day Holiday	28 7:00 p.m. RW Public Hearing	29 TENTATIVE 2:00 p.m. RW Quality Improvement	30	31	