

2019 Council Attendance  
Updated 11-26-19

**NUMBER OF COUNCIL MEETINGS HELD IN 2019: 9**

<b>Council Members</b> <small>Shaded = retiring from Council on 12/31/19</small>	Number of meetings attended in 2019	Number of meetings unable to attend in 2019
Bruce Turner	9	
John Poole	1	8
Tana Pradia	8	1
Veronica Ardoin	6	3
Rosalind Belcher	4	5
Tony Crawford	9	
Bobby Cruz	9	
Johnny Deal	8	1
Ronnie Galley	9	
Ahmier Gibson	4	5
Gregory Hamilton	6	3
Angela F. Hawkins	8	1
Allison Hesterman	8	1
Dawn Jenkins	7	2
Arlene Johnson		9
Daphne Jones	8	1
Hoxi Jones	5	4
Mel Joseph	4	5
Denis Kelly	8	1
Peta-gay Ledbetter	4	5
Tom Lindstrom	3	6
Holly McLean	6	3
Rodney Mills	7	2
Niquita Moret	6	3
Allen Murray	9	
Matilda Padilla	6	3
Shital Patel	6	3
Faye Robinson	5	4
Pete Rodriguez	7	2
Imran Shaikh	7	2
Gloria Sierra	4	5
Crystal Starr	6	3
Carol Suazo	3	6
Isis Torrente	7	2

HOUSTON AREA HIV SERVICES  
RYAN WHITE PLANNING COUNCIL



*We envision an educated community where the needs of all persons living with and/or affected by HIV are met by accessible, effective, and culturally sensitive health and psychosocial services that are part of a fully coordinated system.*

*The community will continue to intervene responsibly until the end of the epidemic.*

*The Houston Eligible Metropolitan Area (EMA) Ryan White Planning Council will improve the quality of life and advocate for those living with and/or affected by HIV by taking a leadership role in the planning and assessment of HIV resources.*

AGENDA

12 noon, December 12, 2019

Meeting Location: 2223 W. Loop South, Room 532

Houston, Texas 77027

- I. Call to Order Bruce Turner, Chair,  
Ryan White Planning Council
  - A. Welcome and Moment of Reflection
  - B. Adoption of the Agenda
  - C. Approval of the Minutes

II. Public Comments and Announcements

(NOTE: If you wish to speak during the Public Comment portion of the meeting, please sign up on the clipboard at the front of the room. No one is required to give his or her name or HIV status. All meetings are audio taped by the Office of Support for use in creating the meeting minutes. The audiotape and the minutes are public record. If you state your name or HIV status it will be on public record. If you would like your health status known, but do not wish to state your name, you can simply say: "I am a person living with HIV", before stating your opinion. If you represent an organization, please state that you are representing an agency and give the name of the organization. If you work for an organization, but are representing yourself, please state that you are attending as an individual and not as an agency representative. Individuals can also submit written comments to the Council Secretary who would be happy to read the comments on behalf of the individual at this point in the meeting. The Chair of the Council has the authority to limit public comment to 1 minute per person. All information from the public must be provided in this portion of the meeting. Council members please remember that this is a time to hear from the community. It is not a time for dialogue. Council members and staff are asked to refrain from asking questions of the person giving public comment.)

III. Reports from Committees

- A. Comprehensive HIV Planning Committee Daphne L. Jones, Chair

*Item: Epidemiological Profile*

*Recommended Action: **Motion:** Approve the 2019 Houston Area Integrated Epidemiologic Profile for HIV Prevention and Care Services Planning. See email reminders for an electronic version of this 214 page report. Contact our office asap if you would like a hard copy. A hard copy will be included in the Council meeting packet.*

*Item: Needs Assessment Progress*

*Recommended Action: FYI: As of 11/26/19, 578 surveys have been collected. This is 98% of the minimum target sample size.*

*Item: Quarterly Committee Report*

*Recommended Action: FYI: See the attached quarterly committee report.*

B. Affected Community Committee

Rodney Mills, Chair

*Item:* Training: Building Healthy Numeracy Skills

*Recommended Action:* FYI: Samantha Bowen from Ryan White Grant Administration and Cecilia Ross-Oshingbade from Living Without Limits Living Large gave an excellent presentation On Building Healthy Numeracy Skills.

*Item:* HIV and Aging Coalition Holiday Party

*Recommended Action:* FYI: The HIV and Aging Holiday party for Long-term HIV survivors will be at the Montrose Center at 7 pm on Saturday, December 14, 2019.

*Item:* Quarterly Committee Report

*Recommended Action:* FYI: Please see the attached quarterly committee report.

C. Quality Improvement Committee

Denis Kelly and  
Gloria Sierra, Co-Chairs

*Item:* Reports from AA – Part A/MAI\*

*Recommended Action:* FYI: See the attached reports from the Part A/MAI Administrative Agent:

- FY19 Procurement Report – Part A & MAI, dated 11/11/19
- FY19 Service Utilization Report – Part A & MAI, as of 11/04/19

*Item:* Reports from Administrative Agent – Part B/SS

*Recommended Action:* FYI: See the attached reports from the Part B/ State Services Administrative Agent:

- FY 2019/20 Procurement Report Part B – dated 11/20/19
- FY 2018/19 Procurement Report DSHS\*\* SS – dated 11/20/19
- FY 2019/20 RW Part B Service Utilization – 2nd Quarter dated 10/25/19
- Health Insurance Program Report 09/01/19-09/30/19 – dated 11/07/19
- Health Insurance Program Report 09/01/19-10/31/19 – dated 11/07/19

*Item:* Telehealth and Telemedicine

*Recommended Action:* See the attached definitions and power point presentation from Brian Rosemond, BSN, RN, DSHS Nurse Consultant.

*Item:* Telehealth and Telemedicine

*Recommended Action:* **Motion:** The Houston Planning Council supports the idea of telehealth and telemedicine and would like to start implementing the model.

D. Priority and Allocations Committee  
No report

Peta-gay Ledbetter and  
Bobby Cruz, Co-Chairs

E. Operations Committee

Ronnie Galley and  
Allen Murray, Co-Chairs

*Item:* Alternate Name for External Committee Members

*Recommended Action:* **Motion:** In 2020, replace the term “External Committee members” with “Affiliate Committee members”.

*Item:* 2020 Project LEAP Service Definition

*Recommended Action:* **Motion:** Approve the attached Evaluation of 2019 Project LEAP and use the 2019 Project LEAP service definition for the 2020 program.

*Item:* 2020 Project LEAP Student Selection Guidelines

*Recommended Action:* **Motion:** Approve the attached 2020 Project LEAP Student Selection Guidelines.

*Item:* Youth Committee/Council

*Recommended Action:* FYI: See the attached CHATT webinar on engaging youth and young adults. See page 19 regarding Youth Councils.

*Item:* Attendance Requirements for 2020 Council Officers

*Recommended Action:* **Motion:** If an officer of the Houston Ryan White Planning Council misses four (4) consecutive Steering and/or Council meetings, they must step down as an officer and an election will be held to fill the position. (Example: an officer must step down if he/she misses the October Steering Committee, October Planning Council, November Steering Committee and November Council meetings.) Staff is asked to remind nominees for officer positions of this new requirement. And, when presenting their qualifications to the Council before an election, nominees must state that, to the best of their knowledge, they will not have difficulty meeting this additional attendance requirement.

*Item:* Election of Officers for the 2020 Planning Council

*Recommended Action:* FYI: See the attached slate of nominees and credentials for officers of the 2020 Ryan White Planning Council. The floor will be open for additional nominees the day of the election, which is Thursday, December 12, 2019. Please note the new attendance requirements.

*Item:* Important Dates in 2020

*Recommended Action:* FYI: Please note the following important meeting dates in 2020:

- Mentor Luncheon – Thursday, January 16, 2020
- All-day Council Orientation – Thursday, January 23, 2020

- |      |   |                                    |
|------|---|------------------------------------|
| V.   | Report from the Office of Support           | Tori Williams, Director            |
| VI.  | Report from Ryan White Grant Administration | Carin Martin, Manager              |
| VII. | Report from The Resource Group              | S. Johnson-Fairley, Health Planner |

VIII. Medical Updates

Shital Patel, MD  
Baylor College of Medicine

IX. New Business (30 seconds/report)

A. Ryan White Part C Urban and Part D

Dawn Jenkins

B. HOPWA

Niquita Moret

C. Community Prevention Group (CPG)

Tana Pradia

D. Update from Task Forces:

- Sexually Transmitted Infections (STI)

John Poole

- African American

S. Johnson-Fairley

- Latino

Gloria Sierra

- Youth

Gloria Sierra

- MSM

John Poole

- Hepatitis C

- Project PATHH (Protecting our Angels Through Healing Hearts)  
formerly Urban AIDS Ministry

Johnny Deal

E. HIV and Aging Coalition

Bruce Turner

F. Texas HIV Medication Advisory Committee

Nancy Miertschin

G. Positive Women's Network

Tana Pradia

H. Texas Black Women's Initiative

Sha'Terra Johnson-Fairly

I. Texas HIV Syndicate

Amber Harbolt

J. END HIV Houston

Crystal Townsend

K. Texans Living with HIV Network

Tana Pradia

IX. Announcements

X. Adjournment

## HOUSTON AREA HIV SERVICES RYAN WHITE PLANNING COUNCIL



*We envision an educated community where the needs of all persons living with HIV and/or affected individuals are met by accessible, effective, and culturally sensitive health and psychosocial services that are part of a fully coordinated system. The community will continue to intervene responsibly until the end of the epidemic.*

*The Houston Eligible Metropolitan Area (EMA) Ryan White Planning Council will improve the quality of life and advocate for those living with and/or affected by HIV by taking a leadership role in the planning and assessment of HIV resources.*

### MINUTES

12 noon, Thursday, November 14, 2019

Meeting Location: Ryan White Offices, 2223 W. Loop South, Rm 532; Houston, Texas 77027

MEMBERS PRESENT	MEMBERS ABSENT	OTHERS PRESENT
Bruce Turner, Chair	Veronica Ardoin, excused	Shelby Johnson, AETC/BCM
Tana Pradia, Secretary	Ted Artiaga, excused	Natalia Rodriguez, AETC/BCM
Rosalind Belcher	Ahmier Gibson	Shelly Lucas, DSHS
Tony Crawford	Gregory Hamilton, excused	Bret Camp, AHF
Bobby Cruz	Arlene Johnson	Lionel Pennamon, Greeter
Johnny Deal	Mel Joseph, excused	
Ronnie Galley	Peta-gay Ledbetter, excused	<b>STAFF PRESENT</b>
Angela F. Hawkins	Tom Lindstrom, excused	<i>Ryan White Grant Administration</i>
Allison Hesterman	Holly McLean, excused	Carin Martin
Dawn Jenkins	Rodney Mills, excused	Heather Keizman
Daphne L. Jones	Matilda Padilla, excused	Samantha Bowen
J. Hoxi Jones	John Poole, excused	
Denis Kelly	Gloria Sierra, excused	<i>The Resource Group</i>
Niquita Moret	Isis Torrente, excused	Sha'Terra Johnson-Fairley
Allen Murray		Crystal Townsend
Shital Patel		Mayra Ramirez
Faye Robinson		
Pete Rodriguez		<i>Office of Support</i>
Imran Shaikh		Tori Williams
Crystal Starr		Amber Harbolt
Carol Suazo		Diane Beck

**Call to Order:** C. Bruce Turner, Chair, called the meeting to order at 12:12 p.m.

During the opening remarks, Turner said that the presentation at Commissioners Court for the World AIDS Day resolution went well. He then passed around the Resolution and a photo of the Harris County

Judge and Commissioners with the Council Members who attended the presentation. Turner called for a Moment of Reflection.

**Adoption of the Agenda: Motion #1:** *it was moved and seconded (Starr, Galley) to adopt the agenda. Motion Carried.*

**Approval of the Minutes: Motion #2:** *it was moved and seconded (Kelly, Crawford) to approve the October 10, 2019 minutes. Motion Carried.* Abstentions: Belcher, Hesterman, Moret, Starr, and Suazo.

**We Appreciate Our External Committee Members:** Turner said that there were 32 external committee members in 2019. These individuals broaden our expertise and make participation in our processes robust and more representative of the people we serve. Turner then presented a certificate of appreciation to each of the following 2019 external committee members: Ardry Boyle, Daniel Impastato, Darryl McNeil, Nancy Miertschin, Lionel Pennamon, Tracy Sandles, Deborah Somoye, Edward Tate and Anthony Williams. Those who were unable to attend will receive their certificate in the mail.

**Training: Ryan White Election Policy:** Ronnie Galley and Allen Murray, Co-Chairs of the Operations Committee, reviewed the Council's election policy, see attached.

**Updates from the Texas Department of State Health Services (DSHS):** Shelly Lucas, Manager, HIV/STD Prevention and Care Branch, Texas Department of State Health Services (DSHS) said that the State included HIV in the new strategic plan, including use of the pillars from the national End HIV plan. DSHS is part of the CDC jurisdiction working with local health department partners. Pradia asked why there were no consumer members from Houston on the Texas HIV Medication Advisory Committee. Lucas said that the committee requires consumer membership but not geographic representation. They will be calling for applications next year, please send plenty of good applicants from the Houston area. Current members from Houston include Nancy Miertschin and new Chair Dr. Natalie Vanek. Turner asked about the change in eligibility requirements. Lucas said that the governor has seen it and asked that we hold discussion about this issue until next year.

**Public Comment and Announcements:** None.

### **Reports from Committees**

**Comprehensive HIV Planning Committee:** Daphne L. Jones, Chair, reported on the following:

Epidemiological Profile: The Committee reviewed and offered content feedback on drafts of Chapter 6 (Special Topics in HIV Epidemiology in the Houston Area), and two additional chapters from the Houston Health Department (HHD): National HIV Behavioral Surveillance (NHBS) and Houston Medical Monitoring Project (HMMP).

Needs Assessment Progress: As of 11/14/19, 577 surveys have been collected. This is 98% of the minimum target sample size. Office of Support staff will be conducting Needs Assessment surveys at multiple non-medical sites throughout the community in the month of November. A meal will be provided, and participants will receive a \$10 gift card in appreciation for their assistance. Eligible participants must be living with HIV; reside or receive HIV medical care in the EMA or the HSDA; may not have participated in the survey earlier this year; and may not be current members of the Houston Ryan White Planning Council. See the attached document for survey days and sites. Please take some mini-flyers before leaving today's meeting; share the information with friends, colleagues, clients, and social media; and see Diane if you would like mini-flyers in bulk or electronically. We have a new boosted post on Facebook to reach folks to do the survey online.

**Affected Community Committee:** Ronnie Galley reported on the following:

Training: Intimate Partner Violence and HIV: Samantha Bowen from Ryan White Grant Administration gave an excellent presentation and training exercise on Intimate Partner Violence and HIV.

2019 Community Events: See the attached list of 2019 Community Events.

2019 Greeters: See the attached list of 2019 Greeters.

**Quality Improvement Committee:** Denis Kelly, Co-Chair, reported on the following:

Reports from AA – Part A/MAI\*: See the attached reports from the Part A/MAI Administrative Agent:

- FY19 Procurement Report – Part A & MAI, dated 10/24/19
- FY19 Service Utilization Report – Part A & MAI, as of 09/06/19

Reports from Administrative Agent – Part B/SS: See the attached reports from the Part B/State Services Administrative Agent:

- FY 2019/20 Procurement Report Part B – dated 09/26/19
- FY 2018/19 Procurement Report DSHS\*\* SS – dated 09/26/19
- FY 2019/20 RW Part B Service Utilization – 1<sup>st</sup> Quarter dated 07/31/19
- FY 2018/19 DSHS Service Utilization – dated 09/30/19
- FY 2018/19 Health Insurance Program Report – dated 09/24/19

FY 2020 Standards of Care and Performance Measures: **Motion #3:** *Approve the recommended changes regarding the FY 2020 Standards of Care and Performance Measures for Ryan White Part A, B and State Services.* **Motion Carried.** Abstention: Starr.

**Priority and Allocations Committee:** Bobby Cruz, Co-Chair, reported on the following:

FY 2019 RW Part A Funding Increases: **Motion #4:** *Per the attached chart, reallocate \$155,000 in RW Part A funds.* **Motion Carried.** Abstentions: Crawford, Jenkins, Jones, Kelly, Moret, Patel, Robinson, and Shaikh.

FY 2019 Unspent Funds: **Motion #5:** *In the final quarter of the FY 2019 Ryan White Part A, Part B and State Services grant years, after implementing the year end Council-approved reallocation of unspent funds and utilizing the existing 10% reallocation rule to the extent feasible, Ryan White Grant Administration (RWGA) may reallocate any remaining unspent funds as necessary to ensure the Houston EMA has less than 5% unspent Formula funds and no unspent Supplemental funds. The Resource Group (TRG) may reallocate any remaining unspent funds as necessary to ensure no funds are returned to the Texas Department of State Health Services. RWGA and TRG must inform the Council of these shifts no later than the next scheduled Ryan White Planning Council Steering Committee meeting.* **Motion Carried.** Abstentions: Jenkins, Jones, Kelly, Moret, Patel, Robinson, and Shaikh.

Ryan White Part A - FY 2019 Carryover Funds: **Motion #6:** *If there are FY 2019 Ryan White Part A carryover funds, it is the intent of the committee to recommend allocating the full amount to Outpatient/Ambulatory Primary Medical Care.* **Motion Carried.** Abstentions: Jenkins, Jones, Kelly, Moret, Patel, Robinson, and Shaikh.

Quarterly Committee Report: See the attached Quarterly Committee Report.

**Operations Committee:** Allen Murray, Co-Chair, reported on the following:

Election of 2020 Ryan White Attendance Policy 600.01: After much discussion, it was agreed that the Operations Committee should review the excused absence policy for Council officers and committee co-chairs. **Motion #7:** *If an officer of the Ryan White Planning Council misses three, unexcused consecutive meetings of the Steering Committee and Planning Council, they must step down as an officer and an election will be held to fill the position. (Example: an officer must step down if he/she does not contact*



*the Office of Support and request an excused absence and if they miss the October Steering Committee, October Planning Council and the November Steering Committee meetings.) Staff is asked to remind nominees for officer positions of this new requirement. And, when presenting their qualifications to the Council before an election, nominees must state that, to the best of their knowledge, they will not have difficulty meeting this additional attendance requirement. **Motion Carried.** Abstention: Kelly.*

Slate of Nominees for Officers of the 2020 Ryan White Council: Kelly asked that his name be removed from the slate of nominees. **Motion #8:** Approve the updated attached slate of nominees for officers of the 2020 Ryan White Planning Council. **Motion Carried.**

Important Dates in 2020: Please note the following important meeting dates in 2020:

- Mentor Luncheon – Thursday, January 16, 2020
- All-day Council Orientation – Thursday, January 23, 2020

Quarterly Committee Report: See the attached Quarterly Committee Report.

**Report from Office of Support:** Tori Williams, Director, summarized the attached report. She said that the person who donates the cake each year for the External Member Appreciation Celebration does so because of the work that the Council does; he has friends that benefit from the Ryan White Program.

**Report from Ryan White Grant Administration:** Carin Martin, Manager, summarized the attached report.

**Report from The Resource Group:** Sha'Terra Johnson-Fairly, Health Planner, summarized the attached report.

**Medical Updates:** Patel presented the attached information about the rise of STDs in the U.S. and Texas.

**Ryan White Part C Urban and Part D:** Jenkins said that HRSA has asked them to be more creative and innovative with their program.

#### **Updates from Task Forces**

**African American:** Johnson-Fairley said they are having a Masquerade Gala for World AIDS Day.

**Project PATHH:** Deal said that they are having a World AIDS Day brunch on November 30<sup>th</sup>..

**HIV and Aging Coalition:** Turner said they have a business meeting on Monday to discuss the future of the group. Johnson-Fairly said that New Orleans is having an HIV and Aging Summit.

**Texas HIV Medication Advisory Committee:** Miertschin said they have new officers. Dr. Natalie Vanek from Legacy is the Chair and the Vice Chair is from the San Antonio Planning Council.

**Positive Women's Network (PWN):** Pradia said they were in Atlanta last week for an intense training and thanked everyone for their support. They have a community update tonight, see the flyer in the meeting packet.

**Texas Black Women's Initiative:** Johnson-Fairley said they submitted an abstract for the Hair and Health Show to several conferences.

**Texas HIV Syndicate:** Harbolt said that Houston is greatly underrepresented on the syndicate and encouraged those interested to get involved in this state level planning body.

**END HIV Houston:** Townsend said they are working with PWN on community engagement. See the flyer for tonight's community update at Bering.

**Announcements:** Pradia said that the Thanksgiving luncheon at Thomas Street Health Center will be on November 26<sup>th</sup>. The HIV and Aging Coalition Christmas party will be at 7:00 p.m. on December 14<sup>th</sup> at the Montrose Center.

**Adjournment:** The meeting adjourned at 1:54 p.m.

Respectfully submitted,

\_\_\_\_\_  
Victoria Williams, Director

Date \_\_\_\_\_

Draft Certified by  
Council Chair: \_\_\_\_\_

Date \_\_\_\_\_

Final Approval by  
Council Chair: \_\_\_\_\_

Date \_\_\_\_\_





## Council Voting Records for November 14, 2019 - continued

MEMBERS	Motion #7 RW Policy 600.01 Carried				Motion #8 Slate of Nominees for 2020 Officers Carried				
	ABSENT	YES	NO	ABSTAIN	ABSENT	YES	NO	ABSTAIN	
Bruce Turner, Chair				C				C	<b>MEMBERS ABSENT</b>
Tana Pradia, Secretary		X				X			Veronica Ardoin
Rosalind Belcher		X				X			Ted Artiaga
Tony Crawford		X				X			Ahmier Gibson
Bobby Cruz		X				X			Gregory Hamilton
Johnny Deal		X				X			Arlene Johnson
Ronnie Galley		X				X			Mel Joseph
Angela F. Hawkins lm 1:44				X		X			Peta-gay Ledbetter
Allison Hesterman		X				X			Tom Lindstrom
Dawn Jenkins		X				X			Holly McLean
Daphne L. Jones		X				X			Rodney Mills
J. Hoxi Jones lm 1:33		X				X			Matilda Padilla
Denis Kelly lm 1:44		X				X			John Poole
Niquita Moret lm 1:22		X				X			Gloria Sierra
Allen Murray		X				X			Isis Torrente
Shital Patel		X				X			
Faye Robinson		X				X			
Pete Rodriguez		X				X			
Imran Shaikh		X				X			
Crystal Starr			X			X			
Carol Suazo		X				X			

**Comprehensive HIV  
Planning Committee  
Report**

# HIV in the Houston Area

The 2019 Houston Area Integrated Epidemiologic Profile  
for HIV Prevention and Care Services Planning

Produced Through a Partnership between:



**Houston Area Ryan  
White Planning  
Council**



**Houston Health  
Department**

**Disclaimer:**

This document is the most current HIV/AIDS epidemiologic profile for the jurisdictions of Houston/Harris County, the Houston Eligible Metropolitan Area (EMA), and the Houston Health Services Delivery Area (HSDA). Data were compiled in 2019 for the period of January 1 to December 31, 2017 or the most current complete reporting period of data available as noted. Its contents reflect the epidemiologic and service utilization data available at the time of data collection. More recent data may have become available since the time of publication.

**Funding acknowledgment:**

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**Suggested citation:**

The 2018 Houston Area Integrated Epidemiologic Profile for HIV/AIDS Prevention and Care Services Planning.

**Approval Pending**

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## Contributors

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Special thanks to HIV surveillance team at the Houston Health Department (HHD):  
**Veronica Anderson, Eileen Collet, Juan Gonzalez, Ardyth Guyer, Yvonee Lu, Max Otiniano, Hafeez Rehman, and Rose White.**

Special thanks members of the Joint Epidemiologic Profile Workgroup:  
**Cynthia Deverson, Isis Torrente, Ardry Skeet Boyle, Jennifer Carey, Chelsea Frand, Eric James, Mel Joseph, Scot More, Patricia Pullins, Gloria Sierra, and Bruce Turner.**

This document was reviewed by the Overall Responsible Parties (ORP) for HIV/AIDS surveillance and prevention in Houston/Harris County: **Marlene McNeese**, Assistant Director, Houston Health Department.





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## Introduction

What is an integrated epidemiologic profile for HIV- prevention and care services planning?

“Information about people with HIV, their background and risk factors, lay the foundation for local and regional prevention and care planning.”

↻ Houston Health Department  
↻ Houston Area Ryan White Planning Council

August 08, 2019

An HIV epidemiologic profile describes the scope and effect of HIV in a specific geographic area. The profile’s purpose is to provide a thorough accounting of HIV diagnoses among various populations in the geographic area, and to present the sociodemographic, behavioral, and clinical characteristics that can influence risk for transmission and access to care.

Stakeholders who make recommendations about HIV prevention and care services in a local area use epidemiologic profiles to better understand people living with or vulnerable to HIV and what their needs may be in regard to services. Jurisdictions that receive federal funding for HIV prevention and care are required to know the HIV epidemic in their local areas, incorporate this information into decision-making processes for service priorities, allocations, and quality. Stakeholders also use the profile is when designing jurisdictional needs assessments and comprehensive HIV plans.

In the Houston Area, the development of epidemiologic profiles has been a joint effort of the Houston Health Department and the Houston Area Ryan White Planning Council. Both entities and their administrative agents collaborate on the design and content of the profile and then use the finished document as a tool for year round decision making on HIV prevention and care services.

Federal guidelines for epidemiologic profiles require that five specific questions be addressed.<sup>1</sup> They include core epidemiologic questions about HIV and questions about patterns of HIV care service utilization by people with HIV:

1. What are the sociodemographic characteristics of the general population?
2. What is the scope of the HIV epidemic in the service area?
3. What are the indicators of risk for HIV in the population?
4. What are the patterns of service utilization among people with HIV?
5. What are the characteristics of people with HIV but not in care?

The 2019 epidemiologic profile for the Houston Area is organized according to these required questions. It contains five chapters, one for each of the five questions above, a sixth chapter focused on special populations and co-morbidities of interest to the Houston



Area HIV prevention and care community, and two final chapters on Houston Medical Monitoring Project (MMP) and National HIV Behavioral Surveillance (NHBS) data.

<sup>1</sup>Centers for Disease Control and Prevention and Health Resources and Services Administration. *Integrated Guidelines for Developing Epidemiologic Profiles: HIV Prevention and Ryan White CARE Act Community Planning*. 2004. The guidelines are available at <https://stacks.cdc.gov/view/cdc/45789>.







## Geographic Area

What is the geographic area for 2019 Houston Area Integrated Epidemiologic HIV profile?

“Three of every four Texans living with HIV reside in a major metropolitan area in 2014 – more than half live in the Dallas or Houston areas.

≈ 2017-2021 Texas HIV Plan  
August 04, 2017

Three specific geographic areas are included in the 2019 Epidemiologic Profile, These three areas represent the federal and state defined geographic service areas for HIV prevention and care planning in the region (**Figure 1**). Together, they cover 9,415 square miles of southeast Texas or 3.5 percent of the state:

- **Houston/Harris County** is the geographic service area for HIV prevention. It is also a stand-alone reporting jurisdiction for HIV surveillance, meaning that all laboratory evidence related to HIV conducted in Houston and/or Harris County must, by law, be reported to the local health authority, which is the Houston Health Department.
- **The Houston Eligible Metropolitan Area (EMA)** is the geographic service area defined by the Health Resources and Services Administration (HRSA) (a division of the U.S. Department of Health and Human Services) for the Ryan White HIV/AIDS Program Part A and Minority AIDS Initiative (MAI). EMAs are geographic regions with a population of at least 500,000 people and at least 2,000 total reported Stage 3 HIV (formerly AIDS) cases over the most recent five-year period.

*The Houston EMA includes six counties: Chambers, Fort Bend, Harris (including the City of Houston), Liberty, Montgomery, and Waller.*

The total population of the Houston EMA is over five million people, and there were 3,096 newly reported Stage 3 HIV cases in the Houston EMA in the most recent five year period (2013-2017)..

The Ryan White HIV/AIDS Program Part A and MAI provide HIV core medical care and support services for HIV-positive residents of the EMA. The Ryan White Grant Administration of Harris County Public Health Services administers these funds. The Houston Area Ryan White Planning Council designs Part A and MAI funded services for the Houston EMA.

- **The Houston Health Services Delivery Area (HSDA)** is the geographic service area defined by the Texas Department of State Health Services (DSHS) for the Ryan White HIV/AIDS Program Part B and the Houston Area’s HIV-related funds from the State of Texas, or State Services.

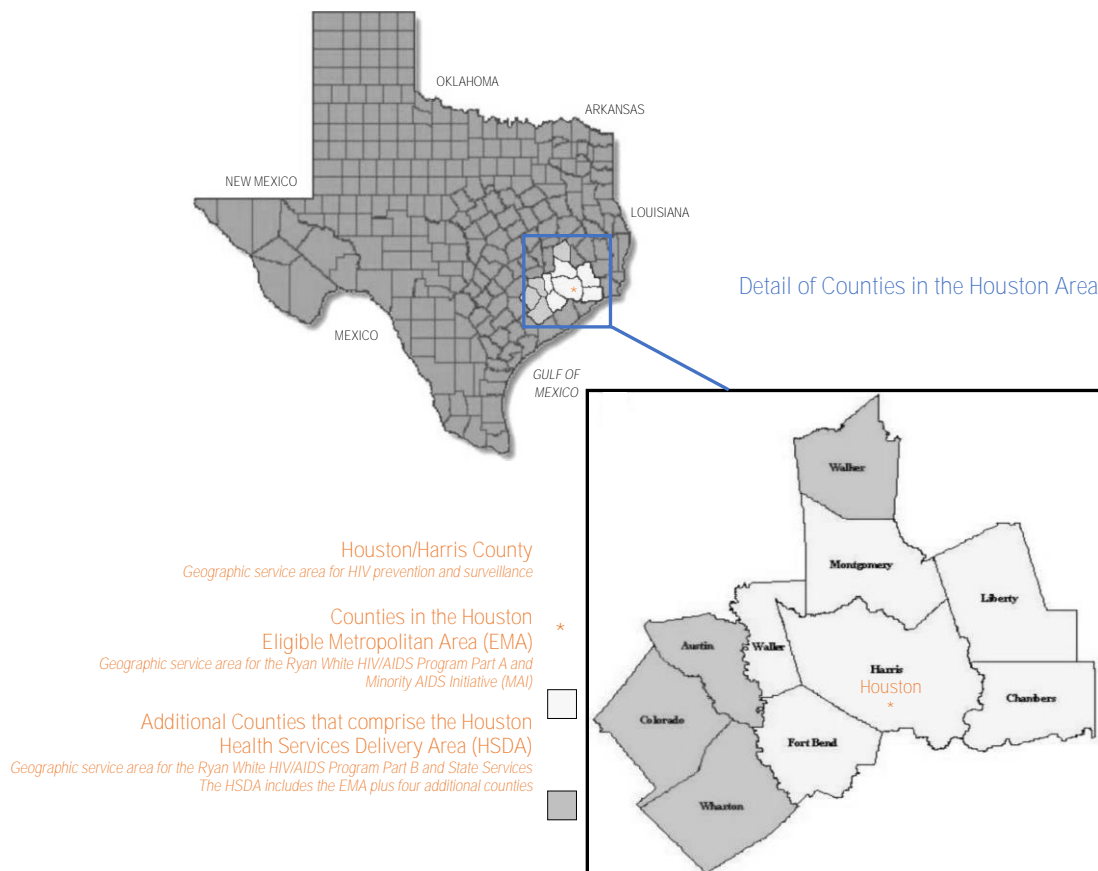
*The Houston HSDA includes the six counties of the Houston EMA listed above plus four additional counties: Austin, Colorado, Walker, and Wharton.*



The Ryan White HIV/AIDS Program Part B and State Services provide HIV core medical care and support services for residents with HIV of the HSDA. These funds are administered by the Houston Regional HIV/AIDS Resource Group, Inc. The Houston Area Ryan White Planning Council also designs Part B and State Services funding for the Houston HSDA.

Data are presented in this profile in the most effective way possible. In some cases, presenting the same data points for each of the three geographic areas above would have been duplicative, providing minimal new information due to the residential patterns of the majority of the area’s population. This is particularly true given the geographic overlay of the Houston EMA and HSDA. Data on some topics were not available for each of the three geographies. As a result, each chapter of this epidemiologic profile varies in its geographic focus. Data for Houston/Harris County and the Houston EMA are presented throughout this epidemiologic profile. Data for the Houston HSDA are presented in Chapter 6: Special Topics in HIV Epidemiology in the Houston Area under the Rural population.

**Figure 1: Houston Area Geographic Service Designations for HIV Prevention and Care Services Planning**





## Executive Summary

What are the key findings from the 2019 Houston Area HIV Epidemiologic Profile?

The *2019 Houston Area HIV Epidemiologic Profile* provides a detailed accounting of HIV in the Houston Area. It includes a summary of the socio-demographic, behavioral, and clinical characteristics that can influence vulnerability to contracting HIV and access to care. The Profile also describes current utilization of the Ryan White HIV/AIDS Program in the Houston Eligible Metropolitan Area (**EMA**) and provides a profile of the out-of-care. Lastly, the profile includes a section on HIV among special populations and co-occurring conditions. Key findings from the document are listed below.

### Overall Population

- The Houston EMA includes Chambers, Fort Bend, Harris (including the City of Houston), Liberty, Montgomery, and Waller Counties. The total population is 5,800,581, or 22% of the Texas population. Houston/Harris County remains the EMA's population center with 76.4% of the population. The EMA's population has grown 14.4% since 2010.
- The Houston EMA is 49.6% male and 50.4% female. Estimates indicate that 38,284 individuals in the Houston EMA (0.66%) may be transgender-identified. The Houston EMA is 37.5% Hispanic/Latino, 35.8% White (non-Hispanic), 17.7% Black/African American, and 9% all other race/ethnicity groups. Together, people of color (**POC**) comprise 64.2% of the total EMA population.

### New HIV Diagnoses

- *Houston/Harris County*. In 2017, there were 1,120 new diagnoses of HIV (a rate of 24 new HIV diagnoses per 100,000 population).
- *Houston EMA*. In 2017, there were 1,234 new diagnoses of HIV (a rate of 20 new HIV diagnoses per 100,000 population).
- In general, newly diagnosed cases in the Houston Area are male, African American, age 25 to 34, and MSM (male-to-male sexual activity).

### Persons Living with HIV

- *Houston/Harris County*. There were 25,132 people living with HIV at the end of 2016 (a prevalence rate of 537 per 100,000 population).
- *Houston EMA*. There were 28,225 people living with HIV at the end of 2017 (a prevalence rate of 398 per 100,000 population).
- In general, living cases in the Houston Area are male, African American, age 45 to 54, and MSM.

### HIV and Mortality

- *Houston/Harris County*. 331 people with HIV died in 2016 either from HIV or another cause (a mortality rate of 7 deaths per 100,000 population).



- Deaths among people with HIV in Houston/Harris County occurred most often among men, Black/African Americans, people age 35 to 44, and MSM.

## Overall HIV Trends

- *Houston/Harris County.* Between 2012 and 2016, the number of persons living with HIV increased by 14%. New HIV diagnoses and HIV-related mortality fluctuated but appear to be stabilizing.
- Both Houston/Harris County and the Houston EMA have higher rates of new HIV diagnoses and prevalence than Texas and the U.S. Between the two local jurisdictions, Houston/Harris County rates exceed the EMA's.
- According to the local HIV Care Continuum, there are 28,225 people living with HIV in the Houston EMA in 2017. Among those diagnosed as of 2017, 76% were engaged in HIV medical care, and 68% were retained in HIV care throughout the calendar year. The virally suppressed proportion of all diagnosed PLWH in the Houston EMA in 2017 was 57%.
- Some specific populations in the Houston EMA have been hardest-hit by HIV. MSM, Black/African Americans, and Hispanic/Latinos had the largest numbers of new HIV diagnoses in the EMA in 2018. At the subpopulation level, Black/African American MSM, Hispanic/Latino MSM, and youth of color (ages 13-24) were also hardest-hit.

## Ryan White Program Utilization

- In 2018, the Ryan White HIV/AIDS Program Part A, Minority AIDS Initiative (MAI), Part B, and State Services (State of Texas matching funds for HIV care) served 14,579 clients (or 52% of all people living with HIV in the Houston EMA). Slightly higher proportions of Black/African Americans, and Hispanic/Latinos were served by Ryan White than are represented in the HIV-diagnosed population as a whole.
- The five Ryan White services with the largest volume of clients in 2017 were: (1) primary medical care, (2) service linkage, (3) medical case management, (4) local pharmaceutical assistance, and (5) oral health care.
- From 2011 to 2018, the percent of people living with HIV that meet the federal definition of unmet need/out of care has decreased in the Houston EMA, from 28% to 25%. At the same time, the total number of persons diagnosed increased by 30%.

Data for this profile were supplied by the Houston Health Department, the U.S. Census Bureau, Texas Department of State Health Services, and Harris County Public Health Services Ryan White Grant Administration. Data were generated from the Enhanced HIV/AIDS Reporting System (EHARS), Sexually Transmitted Disease Management Information System (STD\*MIS), and Centralized Patient Care Data Management System (CPCDMS).

The information presented in this document will be used by the Houston Area Planning Bodies, by the Administrative Agents for federal and state HIV prevention and care services funds, and by others in the community who make recommendations about HIV prevention and care services in the Houston Area. By better understanding HIV in Houston Area and their needs with regards to services, these decision-makers, planners, service-



providers, and consumers can make more informed recommendations about services priorities, funding allocations, and quality of care.





# Chapter 1: The Houston Area Population

What are the sociodemographic characteristics of the general population in the Houston Area?

“The Houston metro area is now the single most ethnically diverse urban region in the country[.]”

∞ Kinder Institute for Urban Research, *The Kinder Houston Area Survey: Thirty-Six Years of Measuring Responses to a Changing America*  
May 2017

## Distribution of Total Population by County

(Table 1.1) The Houston Eligible Metropolitan Area (**EMA**) consists of six counties in Southeast Texas: Chambers, Fort Bend, Harris (including the City of Houston), Liberty, Montgomery, and Waller. The Houston Health Service Delivery Area (**HSDA**) includes these and four additional counties: Wharton, Colorado, Austin, and Walker. In 2016, the total population of the EMA was 5,800,581, or 22% of the Texas population. Harris County remains the population center of the EMA with 76.4% of the population, though the EMA other counties' shares have increased, particularly in Fort Bend and Montgomery Counties. As a whole, the Houston EMA represents a larger proportion of the total Texas population today than in 2010.

County	Total Population-2010 <sup>a</sup>	Total Population-2016 <sup>b</sup>	County Percent of EMA-2010 <sup>a</sup>	County Percent of EMA-2016 <sup>b</sup>
Chambers	32,371	38,072	0.6%	0.7%
Fort Bend	541,983	683,756	10.7%	11.8%
Harris (incl. Houston)	3,950,999	4,434,257	77.9%	76.4%
Liberty	74,922	78,598	1.5%	1.4%
Montgomery	427,717	518,849	8.4%	8.9%
Waller	40,831	47,049	0.8%	0.8%
EMA Total	5,068,823	5,800,581	100.0%	100.0%
			EMA Percent of State-2010 <sup>a</sup>	EMA Percent of State-2016 <sup>b</sup>
Texas Total	24,311,891	26,956,435	20.8%	21.5%

<sup>a</sup>Source: U.S. Census Bureau, 2006-2010 American Community Survey. Retrieved on 02/16/2018

<sup>b</sup>Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018



**Population Change**

(Table 2) Since 2010, the population of the Houston EMA has grown by a higher percentage than the state of Texas as a whole. Over 730,000 more people live in the EMA today than in 2010. The largest percent change in population occurred in Fort Bend and Montgomery Counties, with 26.2% and 21.3% more people, respectively, in 2016 than in 2010. Liberty County experienced the least growth with a 4.9% increase over six years. The population size within the rural Houston EMA counties grew by 22.2%, acquiring almost a quarter of a million people between 2010 and 2016.

<b>TABLE 2-Total Population Change in the Houston EMA by County, 2010 and 2016</b>				
County	Total-2010 <sup>a</sup>	Total-2016 <sup>b</sup>	Change in Population	
			#	%
Chambers	32,371	38,072	5,701	+17.6%
Fort Bend	541,983	683,756	141,773	+26.2%
Harris (incl. Houston)	3,950,999	4,434,257	483,258	+12.2%
Liberty	74,922	78,598	3,676	+4.9%
Montgomery	427,717	518,849	91,132	+21.3%
Waller	40,831	47,049	6,218	+15.2%
EMA	5,068,823	5,800,581	731,758	+14.4%
Rural EMA	1,117,824	1,366,324	248,500	+22.2%
Texas	24,311,891	26,956,435	2,644,544	+10.9%

<sup>a</sup>Source: U.S. Census Bureau, 2006-2010 American Community Survey. Retrieved on 02/16/2018

<sup>b</sup>Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018





### Demographics By Total Population and County

(Table 3) In 2016, the population of the Houston EMA was 37.5% Hispanic, 35.8% White (non-Hispanic), 17.7% African American, and 9.0% all other race/ethnicities. This makes the Houston EMA a “minority majority” area, in which people of color (POC) comprise the majority of the population. Together, Hispanic, African American, and other race/ethnicity individuals comprise 64.2% of the total Houston EMA population.

<b>TABLE 3-Distribution of Total Population in the Houston EMA by Sex, Race/Ethnicity, and Age, 2016</b>		
	Number	Percent of Total Population
<b>Total EMA Population<sup>a</sup></b>	5,800,581	100.0%
<b>Sex (at birth)<sup>a</sup></b>		
Male	2,879,519	49.6%
Female	2,921,062	50.4%
<b>Transgender-Identified Estimate<sup>b</sup></b>	38,284	0.66%
<b>Race/Ethnicity<sup>a</sup></b>		
White	2,076,659	35.8%
African American	1,027,467	17.7%
Hispanic/Latino	2,174,084	37.5%
Other	522,371	9.0%
<b>Age<sup>c</sup></b>		
Under 2	187,060	3.1%
2 - 12	1,005,199	16.6%
13 - 24	1,010,682	16.7%
25 - 34	927,940	15.3%
35 - 44	860,924	14.2%
45 - 54	779,393	12.9%
55 - 64	634,456	10.5%
65+	559,554	9.2%

<sup>a</sup>Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018

<sup>b</sup>Estimated proportion of transgender-identified people in Texas in using data from CDC’s Behavioral Risk Factor Surveillance System (BRFSS), applied to local total population. See Suggested citation: Flores, A.R., Herman, J.L., Gates, G.J., & Brown, T.N.T. (2016). How Many Adults Identify as Transgender in the United States? Los Angeles, CA: The Williams Institute for more details on methodology

<sup>c</sup>Source: Texas Department of State Health Services, 2016 Houston EMA Population Denominators. Received on 09/14/2017





**(Table 4)** Several counties within the Houston EMA are also “minority majority” areas. People of color comprise the majority of the population in Fort Bend, Harris, and Waller Counties. In fact, Hispanic individuals comprise the largest single population group in Harris County today at 37.5% population. The Houston EMA is also more ethnically diverse than Texas as a whole, with smaller proportion White (non-Hispanic) individuals and a larger proportion of African American and Asian/Pacific Islander individuals than Texas. Within in the EMA, the largest proportion of African American individuals reside in Waller, and the largest proportion of Asian/Pacific Islander individuals reside in Fort Bend.

County	Total Population	Percent of Total Population by Race/Ethnicity				
		White	African American	Hispanic/Latino	Asian/Pacific Islander	Other Race
Chambers	38,072	68.1%	8.0%	21.1%	1.4%	1.3%
Fort Bend	683,756	34.9%	20.8%	24.0%	18.8%	1.6%
Harris	4,434,257	31.2%	18.9%	41.8%	6.7%	1.4%
Liberty	78,598	66.9%	10.3%	20.7%	0.7%	1.4%
Montgomery	518,849	68.7%	4.4%	22.4%	2.6%	1.8%
Waller	47,049	43.2%	25.4%	29.0%	0.9%	1.6%
EMA Total	5,800,581	35.8%	17.7%	37.5%	7.6%	1.4%
Texas Total	26,956,435	43.4%	11.9%	38.6%	4.4%	1.6%

Source: U.S. Census Bureau, 2006-2010 American Community Survey. Retrieved on 02/16/2018

**(Table 5)** Differences regarding age also occur between the Houston EMA and the state. Overall, the Houston EMA is younger than Texas, with a larger proportion of residents below age 65. Waller County has the largest proportion of people under 25 in the EMA, and Liberty County has the largest proportion of people age 65 and over.

County	Total Population	Percent of Total Population by Age		
		Under 25	25 - 65	65+
Chambers	38,072	36.4%	53.0%	10.4%
Fort Bend	683,756	36.3%	53.9%	9.5%
Harris	4,434,257	37.0%	53.8%	9.3%
Liberty	78,598	34.6%	52.4%	12.8%
Montgomery	518,849	35.1%	52.7%	12.1%
Waller	47,049	46.1%	42.4%	11.5%
EMA Total	5,800,581	36.8%	53.6%	9.6%
Texas Total	25,145,561	36.6%	51.8%	11.5%

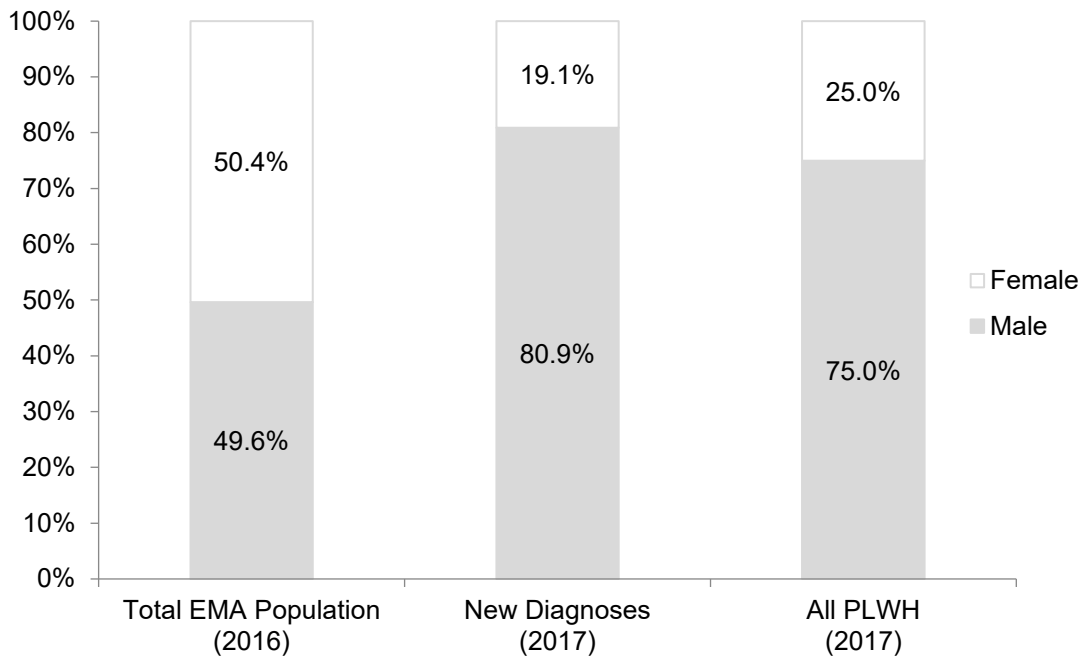
Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018



### Comparison of Total Population to the Population Living with HIV

(Graph 1) The Houston EMA population is evenly divided by sex assigned at birth between males at birth and females at birth at 49.6% and 50.4%, respectively. However, a larger proportion of males at birth than females at birth were newly diagnosed with HIV in 2017 (80.9% vs. 19.1%), and more males at birth than females at birth comprised all diagnosed people living with HIV (PLWH) (75.0% vs. 25.0%). The distribution of newly diagnosed PLWH and all PLWH by sex assigned at birth shifted toward males at birth between 2011 and 2017, with decreases in new diagnoses (20.8% decrease from 24.1% in 2011) and HIV prevalence (4.94% decrease from 26.3% in 2011) among females at birth.

**GRAPH 1-Comparison of Total Population<sup>a</sup> in the Houston EMA to PLWH<sup>b</sup> by Sex (at birth)**



<sup>a</sup>Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018

<sup>b</sup>Source: Texas eHARS. New HIV Diagnoses and diagnosed PLWH as of 12/31/17

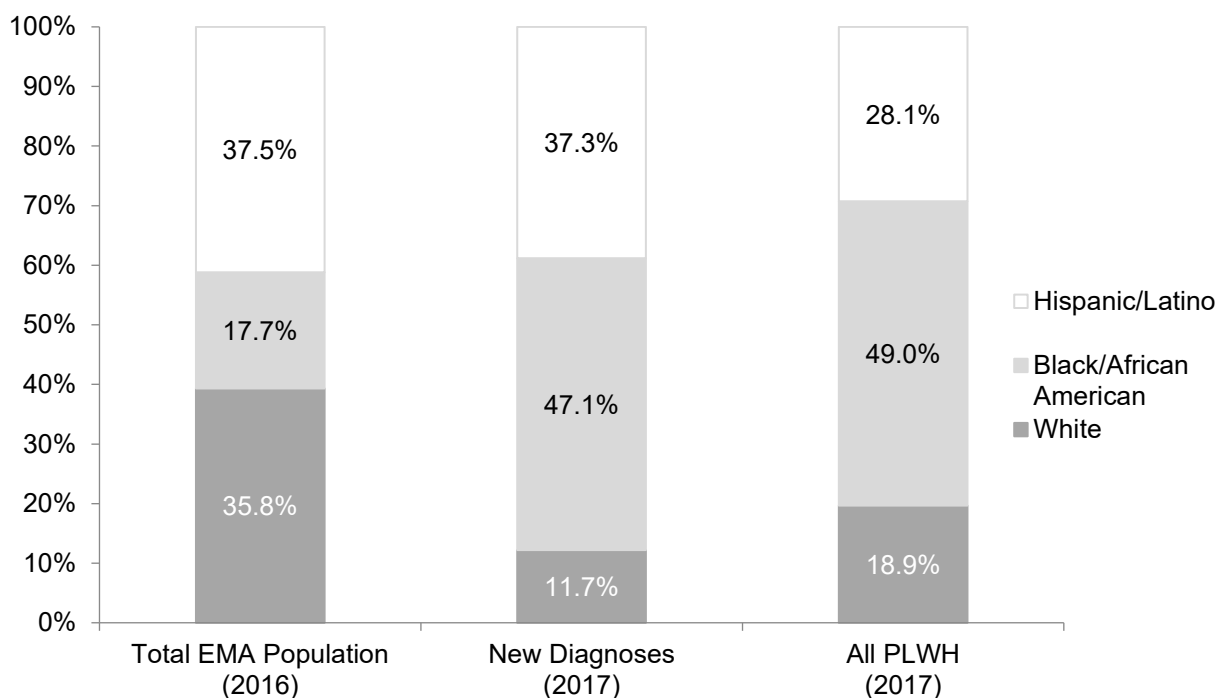


**(Graph 2)** Newly diagnosed and PLWH populations in the Houston EMA are more racially diverse than the general population, with POC experiencing higher proportions of new diagnoses and HIV prevalence. While African American and Hispanic individuals account for 55.2% of the total Houston EMA population, these groups constitute 84.4% of all new HIV diagnoses and 77.1% of all PLWH. Notably, African American individuals account for only 17.7% of the total Houston EMA population, but comprise a disproportionate amount of all new HIV diagnoses (47.1%) and nearly half of all PLWH (49.0%) in the region.

Trends in HIV among African American communities is somewhat smaller in the epidemic statewide. According to the Texas Department of State Health Services, HIV is more evenly distributed in Texas with African American individuals comprising 37% of all PLWH and 38% of new diagnoses.<sup>1</sup> Regardless, POC in both the Houston EMA and Texas as a whole share a disproportionate burden of new diagnoses and HIV prevalence relative to each race/ethnicity’s size within the general population.

Between 2011 and 2017, new diagnoses among Hispanic individuals in the Houston EMA increased by 21.5% (from 30.7%), as did overall HIV prevalence by 20.1% (from 23.4%).

**GRAPH 2- Comparison of Total Population<sup>a</sup> in the Houston EMA to the PLWH<sup>b</sup> by Race/Ethnicity**



<sup>a</sup>Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018

<sup>b</sup>Source: Texas eHARS. New HIV Diagnoses and diagnosed PLWH as of 12/31/16

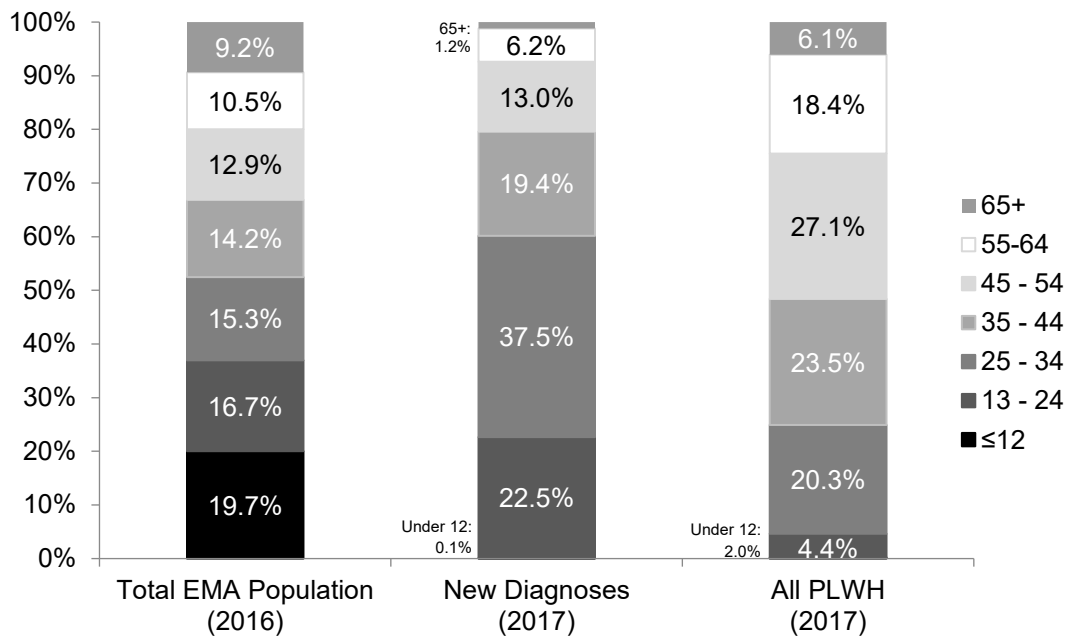
<sup>1</sup>Texas Department of State Health Services. 2017-2021 Texas HIV Plan. Reporting Period: January 1 to December 31, 2014. The Texas HIV Plan is available at <https://txhivsyndicate.org/texas-hiv-plan/>



**(Graph 3)** When analyzed by age, people age 25 to 34 account for a larger proportion of new HIV diagnoses (37.5%) than their proportion within the general Houston EMA population in the Houston EMA (15.3%). Similarly, people age 45 to 54 account for a larger proportion of those living with HIV (27.1%) than their proportion within the general Houston EMA population in the Houston EMA (12.9%).

Trends reflect a shift toward more PLWH age 55 and over represented in overall HIV prevalence within the Houston EMA. Between 2011 and 2016, new diagnoses decreased by 11.5% (from 7.8% in 2011) among PLWH age 55 and over, while HIV prevalence increased by 36.9% (from 16.8% in 2011). Beginning for 2017, an upper age limit of 65 and over was added to reflect the population aging with HIV.

**GRAPH 3- Comparison of Total Population<sup>a</sup> in the Houston EMA to the PLWH<sup>b</sup> by Age (Descending)**



<sup>a</sup>Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018

<sup>b</sup>Source: Texas eHARS. New HIV Diagnoses and diagnosed PLWH as of 12/31/16



## Socioeconomic Characteristics

Socioeconomic conditions such as access to resources, educational attainment, and healthcare coverage can affect health, functioning, and quality of life outcomes,<sup>2</sup> including risk for HIV transmission and access to HIV prevention and care services.

### Employment

(**Table 6**) In 2016, the percent of the eligible population unemployed in Texas was 9.0%, compared to an average of 7.1% for counties in the Houston EMA. Overall, unemployment has decreased in the EMA since 2011 by 11.5%. Within the EMA's counties, Liberty has the highest percentage of people unemployed at 9.2%, followed by Waller at 9.0%, while Fort Bend has the lowest unemployment rate at 5.4%. Between 2011 and 2016, the unemployment rate decreased for every county in the Houston EMA except Waller, which experienced an increase in the unemployment rate by 25.0%.

County	Percent of Eligible <sup>b</sup> Population Employed-2016	Percent of Eligible <sup>b</sup> Population Unemployed-2016	Change in Percent Unemployed <sup>2011</sup>
Chambers	55.4%	6.4%	-11.1%
Fort Bend	63.2%	5.4%	-1.8%
Harris	63.5%	7.0%	-20.5%
Liberty	46.6%	9.2%	-32.8%
Montgomery	60.2%	5.4%	-28.0%
Waller	55.1%	9.0%	25.0%
EMA Average	57.3%	7.1%	-11.5%
Texas	60.1%	9.0%	5.9%

<sup>a</sup>Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. S2301: EMPLOYMENT STATUS. Retrieved on 3/27/2018

<sup>b</sup>Population over the age of 16 and in the labor force

<sup>2</sup>U.S. Department of Health and Human Services. Office of Disease Prevention and Health Promotion. *Healthy People 2020: Determinants of Health*. Located at: <http://www.healthypeople.gov/2020/about/DOHAbout.aspx>



*Household Income and Poverty Measures*

(**Table 7**) The average median household income in the Houston EMA continues to be higher than in Texas as a whole, though Texas experienced slightly higher household income growth between 2011 and 2016. On average, households in the EMA earn about \$10,500 more per year compared to households statewide. Fort Bend County has the highest median household income at \$91,152, while Liberty County has the lowest at \$49,655 followed by Waller County at \$53,508. Regardless, median household income growth occurred in all Houston EMA counties except Chambers. Fort Bend County experienced the highest median household income growth at 13.0% between 2011 and 2016, while Chambers County experienced a decrease of 1.2%.

Comparison in supplemental income between the Houston EMA and Texas is variable. As a whole, fewer households in the Houston EMA receive cash public assistance and food stamp/Supplemental Nutrition Assistance Program (**SNAP**) benefits than statewide, while a greater proportion of Houston EMA households receive Social Security and Supplemental Security Income (**SSI**). Liberty County, which has the lowest median household income in the EMA, also has a larger percentage of households receiving Social Security (31.3% vs. 25.2%), SSI (7.5% vs. 5.0%), cash public assistance (1.9% vs. 1.2%), and food stamp/SNAP benefits (16.8% vs. 11.2%). Additionally, Waller County has highest proportion of households receiving food stamp/SNAP benefits at 17.5% of households.

Between 2011 and 2016, the Houston EMA experienced an increase in the proportion of households receiving supplemental income across Social Security (11.5% increase from 22.6%), SSI (38.9% increase from 3.6%), and food stamp/SNAP benefits (9.8% increase from 10.2%).

County	Median Household Income-2016a	Percent Change from 2011	Percent of Households Receiving Each Type of Supplemental Income			
			Social Security	Supplemental Security Income ( <b>SSI</b> )	Cash Public Assistance	Food Stamp/SNAP Assistance
Chambers	\$70,396	-1.2%	25.8%	3.7%	0.9%	5.6%
Fort Bend	\$91,152	13.0%	19.8%	3.0%	1.1%	7.4%
Harris	\$55,584	7.7%	19.6%	4.3%	1.5%	13.2%
Liberty	\$49,655	6.4%	31.3%	7.5%	1.9%	16.8%
Montgomery	\$70,805	8.6%	25.8%	3.9%	1.1%	6.7%
Waller	\$53,508	6.7%	28.7%	7.3%	0.9%	17.5%
EMA Average	\$65,183	7.0%	25.2%	5.0%	1.2%	11.2%
Texas	\$54,727	8.9%	25.0%	4.9%	1.6%	13.1%

<sup>a</sup>Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. DP03: SELECTED ECONOMIC CHARACTERISTICS. Retrieved on 3/27/2018



(Table 8) The percentage of households earning less than \$15,000 per year can indicate low socioeconomic status within a particular area. In 2016 in the Houston EMA, 10.2% of households met this threshold compared to 11.9% of households statewide, an 11.3% decrease from 11.5% in 2011. Counties that exceed the Houston EMA and statewide percentages of households earning less than \$15,000 annually are Liberty at 13.2% and Waller at 12.3%. However, between 2011 and 2016 both Liberty and Waller counties experienced decreases in this measure by 11.4% from 14.9%, and 16.3% from 14.7%, respectively.

County	Percent of Households	
	2011 <sup>a</sup>	2016 <sup>b</sup>
Chambers	9.1%	10.7%
Fort Bend	6.0%	5.3%
Harris	12.5%	11.1%
Liberty	14.9%	13.2%
Montgomery	9.0%	7.4%
Waller	14.7%	12.3%
EMA	11.5%	10.2%
Texas	13.4%	11.9%

<sup>a</sup>Source: U.S. Census. 2009-2011 American Community Survey 3-Year Estimates. S2301: EMPLOYMENT STATUS. Retrieved on 1/31/13

<sup>b</sup>Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. S2301: EMPLOYMENT STATUS. Retrieved on 3/27/2018



*Individual Poverty*

(Table 9) In 2016, the Houston EMA had a lower percentage of its population living below the federal poverty level (15.5%) compared to the state as a whole (16.7%). All counties in the Houston EMA except Chambers and Waller saw decreases between 2011 and 2016 in the percentage of the population living in poverty. Waller County had the highest level of poverty in the EMA at 19.0%, followed closely by Harris at 17.4% and Liberty at 17.3%, while Fort Bend had the lowest level of poverty at 8.2%. In 2016, 14.0% of males at birth and 17.0% of females at birth in the EMA live below the federal poverty level. One-fifth of females at birth in Waller (21.1%) and Liberty (20.2%) counties lived below the federal poverty level in 2016.

County	Percent Below Federal Poverty Level	Percent Change from 2011	Percent Below Poverty Level by Sex at Birth <sup>b</sup>	
			Male at Birth	Female at Birth
Chambers	11.7%	9.3%	11.0%	12.3%
Fort Bend	8.2%	-1.2%	7.5%	8.8%
Harris	17.4%	-5.9%	15.7%	19.1%
Liberty	17.3%	-6.0%	14.6%	20.2%
Montgomery	11.0%	-13.4%	10.1%	12.0%
Waller	19.0%	1.1%	17.1%	21.1%
EMA	15.5%	-8.3%	14.0%	17.0%
Texas	16.7%	-6.2%	15.2%	18.2%

<sup>a</sup>Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. S1701: POVERTY STATUS IN THE PAST 12 MONTHS. Retrieved on 3/27/2018

<sup>b</sup>Represents the percent of males/females at birth in the geographic area that is living in poverty; and not the male/female at birth distribution of people living in poverty in the geographic region.





**(Table 10)** Analysis of poverty by race/ethnicity reveals that, in general, more POC are living below the federal poverty level in the Houston EMA than are Whites. In 2016, 22.6% of African American and 23.0% of Hispanics individuals in the Houston EMA were living in poverty, compared to 14.1% of Whites. Across every county in the Houston EMA except Waller, Hispanic individuals experienced greater proportions of poverty than did White or African American individuals. A third of African American individuals (33.3%) in Waller County lived under the federal poverty level, as did nearly a third (31.6%) of Hispanic individuals.

County	White	African American	Hispanic <sup>b</sup>
Chambers	10.5%	12.5%	19.8%
Fort Bend	7.4%	9.2%	15.3%
Harris	15.5%	22.6%	23.6%
Liberty	16.8%	18.8%	31.6%
Montgomery	10.3%	16.1%	23.5%
Waller	14.8%	33.3%	27.6%
EMA	14.1%	20.6%	23.0%
Texas	15.5%	22.6%	24.2%

Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. S1701: POVERTY STATUS IN THE PAST 12 MONTHS. Retrieved on 3/27/2018

<sup>a</sup>Represents the percent of each race/ethnicity in the geographic area that is living in poverty; and not the racial distribution of people living in poverty in the geographic region.

<sup>b</sup>Hispanic is not mutually exclusive from the races presented in this table. Other races are not included because the sample case size by County is too small.



**(Table 11)** Analysis of poverty by age reveals that, in general, more minors (individuals under 18 years old) are living below the federal poverty level in the Houston EMA than are adults (individuals over age 18). In 2016, 23.0% of people under age 18 were living in poverty, compared to 13.4% of people age 18 to 64, and 10.4% of people age 65 and over. Larger proportions of minors in Harris (26.0%) and Waller (25.1%) counties were living in poverty compared to all minors, all adults 18 to 64, all seniors in the EMA and the state. However, the proportions of minors living below the federal poverty level in Harris and Waller counties decreased between 2011 and 2016 by 5.8% (from 27.6%) and 7.0% (from 27.0%), respectively.

County	Under 18 years	18 to 64 years	65 years and older
Chambers	13.7%	10.7%	12.1%
Fort Bend	11.2%	7.0%	6.9%
Harris	26.0%	14.6%	11.3%
Liberty	23.3%	16.2%	10.6%
Montgomery	14.8%	10.0%	7.7%
Waller	25.1%	19.4%	10.1%
EMA	23.0%	13.4%	10.4%
Texas	23.9%	14.7%	10.8%

Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. S1701: POVERTY STATUS IN THE PAST 12 MONTHS. Retrieved on 3/27/2018

<sup>a</sup>Represents the percent of each age group in the geographic area that is living in poverty; and not the age distribution of people living in poverty in the geographic region.



*Educational Attainment*

(**Table 12**) Educational attainment in the Houston EMA skews slightly toward higher education levels in most counties. In 2016, 23.0% of Houston EMA residents attained a high school diploma or equivalency, 27.2% attended some college or attained an Associate’s degree, and 31.6% attained a bachelor’s degree or higher. The county with the highest educational attainment is Fort Bend, where 44.6% of residents had a bachelor’s degree or higher, a 9.3% increase from 40.8% in 2011. The county with the lowest educational attainment was Liberty, where 23.8% of residents had less than a high school diploma or equivalency, though this was a 5.3% increase from 22.6% in 2011. Waller County followed with 21.6% of residents having less than a high school diploma or equivalency, a 24% increase from 17.4% in 2011. Overall, the Houston EMA displays a greater disparity in educational attainment through larger proportion of residents at both ends of the educational spectrum than Texas as a whole. In 2016, 18.2% of EMA residents had less than a high school diploma or equivalency (compared to 17.7% for the state), and 31.6% have a bachelor’s degree or higher (compared to 28.1% of the state).

<b>TABLE 12-Educational Attainment in the Houston EMA by County, 2016</b>				
County	Percent of Total Population <sup>a</sup>			
	Less than high school diploma	High school diploma or GED	Some college or Associate's degree	Bachelor's degree or higher
Chambers	16.2%	29.2%	33.5%	21.1%
Fort Bend	10.8%	17.5%	27.0%	44.6%
Harris	19.8%	23.3%	26.8%	30.1%
Liberty	23.8%	39.1%	27.1%	10.0%
Montgomery	13.2%	24.1%	29.7%	33.0%
Waller	21.6%	30.5%	29.1%	18.7%
EMA	18.2%	23.0%	27.2%	31.6%
Texas	17.7%	25.1%	29.2%	28.1%

Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. S1501: Educational Attainment. Retrieved on 3/27/2018

<sup>a</sup>Population aged 25 and over in the geographic region



Health Insurance Coverage

(Table 13) The Houston EMA has a slightly higher proportion of residents who are uninsured compared to the state as a whole (20.4% vs. 19.3%). The EMA experienced a 19.2% drop in the proportion of uninsured residents from 25.3% in 2011. As of 2016, nearly 1.2 million people in the Houston EMA lack any kind of health insurance coverage. Harris County has the largest proportion of uninsured at 22.2% (higher than both the EMA and state), while Montgomery County has the lowest proportion of uninsured at 15.3%. All counties, the EMA, and Texas saw decreases in the percent of the population uninsured between 2011 and 2016. Within the EMA, Fort Bend experienced the greatest decrease in percent uninsured from 17.8% to 13.1%. Of the total Houston EMA population, more have private insurance than public. The county with the largest proportion of privately insured is Fort Bend (75.1%), while the county with the largest proportion of publicly insured is Liberty (33.2%), followed by Waller (29.6%).

**TABLE 13-Health Insurance Coverage in the Total Population in the Houston EMA by County, 2016<sup>a</sup>**

County	Percent with Health Insurance	Type of Health Insurance <sup>b</sup>		Number of People Without Insurance	Percent Without Health Insurance	Change in Percent Uninsured from 2011
		Private	Public			
Chambers	83.5%	66.3%	24.9%	6,247	16.5%	-0.6%
Fort Bend	86.9%	75.1%	17.9%	89,121	13.1%	-26.2%
Harris	77.8%	55.9%	27.9%	978,821	22.2%	-18.2%
Liberty	79.0%	53.8%	33.2%	15,121	21.0%	-15.6%
Montgomery	84.7%	69.9%	23.2%	78,770	15.3%	-21.3%
Waller	79.0%	57.2%	29.6%	9,824	21.0%	-25.6%
EMA	79.6%	59.5%	26.3%	1,177,904	20.4%	-19.2%
Texas	80.7%	60.5%	28.6%	5,114,811	19.3%	-17.5%

<sup>a</sup>Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. DP03: SELECTED ECONOMIC CHARACTERISTICS. Retrieved on 3/27/2018

<sup>b</sup>Denominator for type of health insurance is civilian noninstitutionalized population regardless of coverage status; type of health insurance reflects the proportion among this population, not the proportion among those with coverage



*Foreign Born and Linguistic Isolation*

(Table 14) As anticipated given the ethnic diversity in the Houston EMA, in 2016 a larger proportion of the Houston EMA population was foreign-born than for Texas as a whole (24.3% vs. 16.7%). In Fort Bend and Harris counties, over a quarter of the population was born in another country. Chambers County experienced a substantial demographic shift between 2011 and 2016 as the percent of foreign-born residents increased by 66.0% to 10.5% from 6.30%. Liberty County closely followed with a 10.5% increase in foreign-born residents (from 6.9% to 7.6%).

In 2016, the majority of foreign-born individuals in the EMA were born in Latin America. This was true for all counties in the EMA, with the exception of Fort Bend County (50.3% foreign-born in Asia). The EMA as a whole had a population of individuals born in Asia that was a larger proportion in the EMA than in Texas (24.8% vs. 20.4%). The majority of foreign-born residents in the EMA are not naturalized citizens, though this percent is slightly lower than for the state as a whole.

**TABLE 14-Percent of Population that is Foreign-Born in the Houston EMA by County, Citizenship, and Place of Birth, 2016<sup>a</sup>**

County	Percent Foreign-Born	Percent Change from 2011	Citizenship <sup>b</sup>		Birth Place Among Foreign-Born <sup>b</sup>			
			Percent Naturalized Citizen	Not U.S. Citizen	Europe	Asia	Africa	Latin America
Chambers	10.5%	66.0%	19.5%	80.5%	6.0%	14.1%	5.5%	73.0%
Fort Bend	27.1%	7.0%	54.3%	45.7%	4.6%	50.3%	8.5%	34.4%
Harris	25.7%	2.2%	34.1%	65.9%	4.1%	21.4%	4.9%	68.5%
Liberty	7.6%	10.5%	22.9%	77.1%	3.4%	7.8%	--	87.3%
Montgomery	12.9%	2.5%	32.7%	67.3%	9.3%	15.4%	--	69.6%
Waller	14.4%	8.1%	23.7%	76.3%	3.8%	4.0%	--	89.3%
EMA	24.3%	2.8%	36.6%	63.4%	4.4%	24.8%	5.2%	64.3%
Texas	16.7%	2.3%	35.4%	64.6%	4.2%	20.4%	4.3%	69.8%

<sup>a</sup>Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. DP02: SELECTED SOCIAL CHARACTERISTICS IN THE UNITED STATES. Retrieved on 3/27/18. Dashes indicate data for this geographic area cannot be reported because the sample size is too small.

<sup>b</sup>Denominator is foreign-born population in Houston EMA



**(Table 15)** According to available data, a larger proportion of the population in the Houston EMA is both non-English speaking and linguistically isolated (LI) than statewide.

<b>TABLE 15-Percent of Non-English Speaking Population that is Linguistically Isolated in the Houston EMA by County, 2016</b>		
<b>County</b>	<b>Percent non-English Speaking at Home</b>	<b>Percent Linguistically Isolated (LI)<sup>a</sup></b>
Chambers	19.1%	10.4%
Fort Bend	38.4%	12.9%
Harris	43.4%	20.3%
Liberty	18.5%	6.9%
Montgomery	20.0%	7.7%
Waller	24.6%	11.6%
EMA	40.0%	18.0%
Texas	35.2%	14.1%

Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. DP02: SELECTED SOCIAL CHARACTERISTICS IN THE UNITED STATES. Retrieved on 3/27/2018.

<sup>a</sup>Linguistically isolated is defined as someone who reports speaking English less than "very well."



**(Table 16)** According to available data, 30.4% of the population in the Houston EMA speaks Spanish, 3.4% speak another non-English/Indo-European language, and 4.8% speak an Asian/Pacific Islander language. Of these, 14.5%, 0.9%, and 2.2% are also LI. Proportions of LI are higher in the EMA than statewide across all languages.

County	Spanish		Other Indo-European		Asian or Pacific Islander	
	Percent Speaking Language	Percent Linguistically Isolated	Percent Speaking Language	Percent Linguistically Isolated	Percent Speaking Language	Percent Linguistically Isolated
Chambers	15.8%	9.2%	1.8%	0.6%	0.9%	0.5%
Fort Bend	18.2%	6.3%	7.8%	2.0%	10.1%	4.2%
Harris	34.4%	16.9%	3.1%	0.9%	4.5%	2.2%
Liberty	17.0%	6.4%	0.8%	--	0.6%	--
Montgomery	16.8%	7.0%	1.5%	--	1.4%	0.5%
Waller	23.2%	11.5%	0.6%	--	0.6%	--
EMA	30.4%	14.5%	3.4%	0.9%	4.8%	2.2%
Texas	29.5%	12.1%	2.1%	0.5%	2.8%	1.2%

Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. DP02: SELECTED SOCIAL CHARACTERISTICS IN THE UNITED STATES. Retrieved on 3/27/2018. Dashes indicate data for this geographic area cannot be reported because the sample size is too small.

<sup>a</sup>Linguistically isolated is defined as someone who reports speaking English less than "very well."

### **Community Health Indicators**

Data related to preventable disease, disability, and death help measure population health in a specific geographic area. Rankings of specific communities within each of these types of measures can provide valuable information about the population's overall health status, which may negatively or positively influence specific health conditions such as HIV. Taken together, these types of measures can help illustrate each community's overall health.<sup>3</sup>



*Fertility and Mortality Rates*

(**Table 17**) Tracking fertility and mortality in a specific geographic area provides information about potential population growth. Comparing these rates between areas, they can also reveal information about quality of life and life expectancy. In 2013, all but one county (Harris) had fertility lower than the statewide fertility rate. The rate in Harris County was 71.5 per 1,000 women of childbearing age (a 7.98% decrease from 77.7 births in 2009), compared to 69.8 statewide (a 7.0% decrease from 75.1 births in 2009). Fertility rates in all counties within the Houston EMA and statewide have declined since 2009. Chambers and Liberty counties have mortality rates that are higher than state mortality rates. Taken together, these rates suggest that the EMA has fewer births and more deaths compared to Texas as a whole.

County	Fertility Rate <sup>a</sup>		Mortality Rate <sup>b</sup>	
	2009	2013	2009	2013
Chambers	71.4	61.3	866.2	874.1
Fort Bend	68.2	62.4	676.2	599.6
Harris	77.7	71.5	788.5	737.8
Liberty	65.9	66.4	1007.6	1027.1
Montgomery	71.2	67.1	822.8	693.3
Waller	67.4	60.0	944.5	748.5
Texas	75.1	69.8	781.2	749.2

Source: Texas Department of State Health Services. Center for Health Statistics. Health Facts Profiles, 2009 and 2013

<sup>a</sup>Fertility rates are per 1,000 women ages 15 - 50.

<sup>b</sup>Reflects deaths from all causes. Rates are age adjusted to the 2000 standard per 100,000 population. No age-adjusted rates were calculated if based on 20 or fewer deaths.

<sup>3</sup>Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. County Health Rankings and Roadmaps. Located at :<http://www.countyhealthrankings.org/>.





*Selected Causes of Death*

(**Table 18**) Tracking the leading causes of death in a defined geographic area provides information about the specific health conditions facing the population and can indicate needed preventive or acute health care interventions. In 2013, the highest rates of death in the Houston EMA occurred from cardiovascular disease (heart disease), cerebrovascular disease (stroke), and cancer. With the exception of Fort Bend County, all counties in the Houston EMA had rates of cancer mortality that exceeded the state.

<b>TABLE 18-Rates<sup>a</sup> of Selected Causes of Death in the Houston EMA by County, 2013</b>								
County	Heart Disease	Stroke	Cancer	Lung Disease	Accidents	Diabetes	Suicide	Liver Disease
Chambers	175.3	--	218.9	--	--	--	--	--
Fort Bend	134.3	34.0	133.1	28.4	26.3	13.4	8.3	8.3
Harris	166.3	40.6	159.9	32.0	36.8	20.0	9.8	11.0
Liberty	302.5	45.5	197.7	80.8	61.3	--	--	--
Montgomery	154.1	29.6	160.6	50.3	30.3	11.8	15.5	8.9
Waller	201.7	--	170.4	--	58.9	--	--	--
Texas	170.7	40.1	156.1	42.3	36.8	21.6	11.6	12.8

Source: Texas Department of State Health Services. Center for Health Statistics. Health Facts Profiles 2013. Dashes indicate frequency too low to calculate rate.

<sup>a</sup>Rates are age adjusted per 100,000 population. No age-adjusted rates were calculated if based on 20 or fewer deaths.



*Disability*

(**Table 19**) Tracking the level of disability in a specific geographic area provides information about the population’s vulnerability to hearing, vision, cognitive, ambulatory, self-care, and independent living difficulty or impairment, all of which can affect access to resources and increase need for service assistance. In 2016, a smaller proportion of people living with a disability were in the Houston EMA (9.4%) than in the population of Texas as whole (11.6%). The proportion of people living with a disability in the Houston EMA has increased by 20.5% from 7.8% in 2011. Fort Bend County has the lowest percentage of people living with a disability at 7.8%, while Liberty County has the highest percentage at 17.8%.

<b>TABLE 19-Percent Population Living with a Disability in the Houston EMA by County, 2016</b>	
County	Percent Living with a Disability
Chambers	13.0%
Fort Bend	7.8%
Harris	9.3%
Liberty	17.8%
Montgomery	10.5%
Waller	14.2%
EMA	9.4%
Texas	11.6%

Source: U.S. Census. 2012-2016 American Community Survey 5-Year Estimates. S1810: DISABILITY CHARACTERISTICS. Retrieved on 3/27/2018.



*Additional Selected Community Health Indicators*

**(Table 20)** The remaining indicators presented here are a selection of some of the most commonly used measures of vulnerability to poor health outcomes. These measures provide information about the behaviors of the population that may lead to health challenges over time, and reveal opportunities where preventive or acute health care interventions may reverse risk and improve long-term health outcomes. In 2016, most counties in the Houston EMA, with the exception of Waller County, experienced levels of risk comparable to the state of Texas as a whole. Compared to the rest of the state, the population in Waller County experienced higher proportions of poor to fair health, smoking, obesity, physical inactivity, and limited access to healthy foods. Chambers and Montgomery counties exceeded the state in excessive alcohol use. Slightly higher proportions of low birth weight, an indicator of risk for infant mortality and other health associations, occurred in Fort Bend, Harris, and Liberty counties compared to the rest of the state.

**TABLE 20-Status of Selected Community Health Indicators in the Houston EMA by County, 2016<sup>a</sup>**

County	In Poor or Fair Health	Low Birth Weight	Smoking	Obesity	Physical Inactivity	Limited Access to Healthy Foods	Excessive Alcohol Use
Chambers	15.0%	8.0%	15.0%	27.0%	31.0%	5.0%	21.0%
Fort Bend	14.0%	9.0%	12.0%	25.0%	22.0%	7.0%	18.0%
Harris	18.0%	9.0%	13.0%	27.0%	24.0%	6.0%	18.0%
Liberty	18.0%	9.0%	17.0%	28.0%	29.0%	8.0%	19.0%
Montgomery	14.0%	7.0%	14.0%	26.0%	26.0%	6.0%	21.0%
Waller	19.0%	8.0%	18.0%	36.0%	30.0%	11.0%	20.0%
Texas	18.0%	8.0%	14.0%	28.0%	24.0%	9.0%	19.0%

Source: County Health Rankings & Roadmaps. A project of the Robert Wood Johnson Foundation (RWJF) and the University of Wisconsin Population Health Institute. 2016. Retrieved on 3/27/18

<sup>a</sup>Percentage of the total population in each geographic region reporting the selected condition.





## Chapter 2: HIV in the Houston Area

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What is the scope of the HIV epidemic in the Houston Area?

The Centers for Disease Control and Prevention (**CDC**) report that, as of 2017, the Houston – The Woodlands – Sugarland metropolitan statistical area ranks 11<sup>th</sup> in the nation for rate of new HIV transmissions.

➤ Source: CDC HIV Surveillance Report Volume 29: Diagnoses of HIV in the United States and Dependent Areas, 2017

The data presented in this chapter are organized according to two geographic service jurisdictions in the Houston Area: (1) Houston/Harris County (**H/HC**) and (2) the Houston Eligible Metropolitan Area (**EMA**), which includes Houston/Harris County. The separation of jurisdictions in the data presentation is intended to enhance the utility of this document as a tool for planning both HIV prevention and HIV care services. Data for the third geographic service jurisdiction in the Houston Area, the Houston Health Services Delivery Area (**HSDA**), are presented in Chapter 6: Special Topics in HIV Epidemiology in the Houston Area under the Rural population. Data for the HSDA are not presented here due to the overlap of data and data sources with the EMA, which makes the data virtually identical.

### Houston/Harris County

#### HIV Incidence

Incidence is an epidemiological term used to refer to the total number of new occurrences of a disease (both diagnosed and undiagnosed) in a population during a specific period. Colloquially, new HIV diagnoses based on positive test events are used interchangeably with HIV incidence. This is because more timely testing technology has only recently become available that can offer a more precise estimate HIV incidence in a jurisdiction. Houston/Harris County is unique in that it operates an HIV Incidence Surveillance Program, which creates estimates of HIV incidence. This allows for analysis true new transmissions of HIV for Houston/Harris County in addition to new HIV diagnoses.



**(Table 1)** According to the Houston/Harris County HIV Incidence Surveillance Project, there were 1,014 estimated new cases of HIV in Houston/Harris County in 2016. This is a rate of 22 new HIV cases for every 100,000 people in Houston/Harris County. Of new cases, about 82% were male, and 18% were female. About half (47%) were among African Americans, 33% were Hispanic/Latino, and 20% were White. African American/Black had the highest rate of new HIV disease at nearly 55 new HIV cases for every 100,000 African Americans in Houston/Harris County. People aged 25 to 34 also had a high rate of new cases with over 55 new HIV cases for every 100,000 people aged 25 to 34 in Houston/Harris County. In addition, male-male sexual contact (MSM) was reported in approximately 76% of all new HIV cases in 2016, followed by sex with male/sex with female at about 19%.

<b>TABLE 1- Estimates of HIV Incidence in Houston/Harris County by Sex assigned at Birth, Race/Ethnicity, Age, and Risk, 2016<sup>a</sup></b>				
		Number of New Cases	Percent of New Cases	Rate of New Cases <sup>b</sup>
<b>Total</b>		1,014	100.0%	22.0
<b>Sex assigned at birth</b>				
	Male	830	81.9%	36.2
	Female	184	18.1%	7.9
<b>Race/Ethnicity</b>				
	White, incl. other	199	19.6%	11.1
	African American/Black	476	46.9%	54.6
	Hispanic/Latino	338	33.3%	17.3
<b>Age</b>				
	13 - 24 <sup>c</sup>	307	30.3%	48.0
	25 - 34	414	40.8%	55.4
	35 - 44	159	15.7%	24.2
	45+	133	13.1%	8.7
<b>Transmission Risk</b>				
	Male-Male Sexual Contact (MSM)	774	76.3%	*
	Person with injection drug use (PWIDU)	51	5.0%	*
	Sex with Male/Sex with Female /other risk	189	18.6%	*

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>Rate per 100,000 population. Source: U.S. Census Bureau, 2016 American Community Survey 1-Year Estimates

<sup>c</sup>Population data for age group 15-24 years was used due to unavailability of population data for age group 13-24 years

\*Population data are not available for risk groups; therefore, it is not possible to calculate an incidence rate by risk.



## New HIV Diagnoses

Stage 3 HIV (formerly AIDS) has been a reportable condition in Texas since March 1983. In January 1999, all positive HIV tests became reportable to the State. Texas law requires physicians, dentists, hospitals, clinical laboratories, and certain school officials to report the results of all diagnostic HIV tests to the health authority in their reporting jurisdiction. For epidemiological purposes, HIV reporting laws allow communities to summarize, analyze, and address trends in all new HIV diagnoses made and reported during a specific period. While the year in which a positive HIV test result is reported is not necessarily the year in which the transmission occurred, reports of new HIV diagnoses provide the most complete representation of trends in HIV transmission.

**(Table 2)** In 2017, 1,120 new diagnoses of HIV (regardless of progression) and 497 new diagnoses of Stage 3 HIV were reported in Houston/Harris County. This is a rate of approximately 24 new HIV diagnoses for every 100,000 people in Houston/Harris County, and nearly 11 new Stage 3 HIV diagnoses for every 100,000 people. More than 75% of all new diagnoses for both HIV and Stage 3 HIV were among men. African Americans had the highest rate of new HIV and Stage 3 HIV diagnoses in Houston/Harris County with almost 61 new HIV diagnoses per 100,000 African Americans and over 27 new Stage 3 HIV diagnoses per 100,000 African Americans in the jurisdiction. This is about six times the rate of new HIV and Stage 3 HIV diagnoses among Whites and three times the rate of new HIV and Stage 3 HIV diagnoses among Hispanic/Latinos. In addition, male-male sexual contact (MSM) was reported most often in 2017 for both new HIV and new Stage 3 HIV diagnoses, followed by sex with male/sex with female.



TABLE 2- New Diagnoses of HIV and Stage 3 HIV in Houston/Harris County by Sex assigned at Birth, Race/Ethnicity, Age, and Risk, 2017 <sup>a</sup>							
	New HIV <sup>b</sup>			New Stage 3 HIV <sup>c</sup>			
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>	
<b>Total</b>	1,120	100.0%	23.9	497	100.0%	10.6	
<b>Sex assigned at birth</b>							
Male	916	81.8%	39.3	381	76.7%	16.4	
Female	204	18.2%	8.7	116	23.3%	4.9	
<b>Race/Ethnicity</b>							
White	125	11.2%	9.1	57	11.5%	4.1	
African American/Black	533	47.6%	60.8	240	48.3%	27.4	
Hispanic/Latino	420	37.5%	20.9	184	37.0%	9.2	
Multiple Races	19	1.7%	27.3	5	1.0%	7.2	
Other	23	2.1%	6.6	11	2.2%	3.1	
<b>Age</b>							
0 - 24 <sup>e</sup>	253	22.6%	14.9	91	18.3%	5.4	
25 - 34	420	37.5%	55.6	173	34.8%	22.9	
35 - 44	221	19.7%	33.1	103	20.7%	15.4	
45 - 54	147	13.1%	25.1	90	18.1%	15.4	
55 - 64	65	5.8%	12.9	34	6.8%	6.7	
65+	14	1.3%	2.9	6	1.2%	1.3	
<b>Transmission Risk<sup>f</sup></b>							
MSM	803	71.7%	*	297	59.8%	*	
PWID	37	3.3%	*	38	7.6%	*	
MSM/PWID	18	1.6%	*	11	2.2%	*	
Sex with Male/Sex with Female	260	23.2%	*	148	29.8%	*	
Perinatal transmission/Other	2	0.2%	*	3	0.6%	*	

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, regardless of progression, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>Stage 3 HIV = People diagnosed with Stage 3 HIV with residence at diagnosis in Houston/Harris County in 2017

<sup>d</sup>Rate per 100,000 population. Source: U.S. Census Bureau, 2017 American Community Survey 1-Year Estimates

<sup>e</sup>Age group 0-12 years was combined with 13-24 years because 0-12 years category had less than 5 cases and could not be reported

<sup>f</sup>Persons with no risk reported were recategorized into standard categories using the multiple imputation program of the Centers for Disease Control and Prevention (CDC)

\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by risk

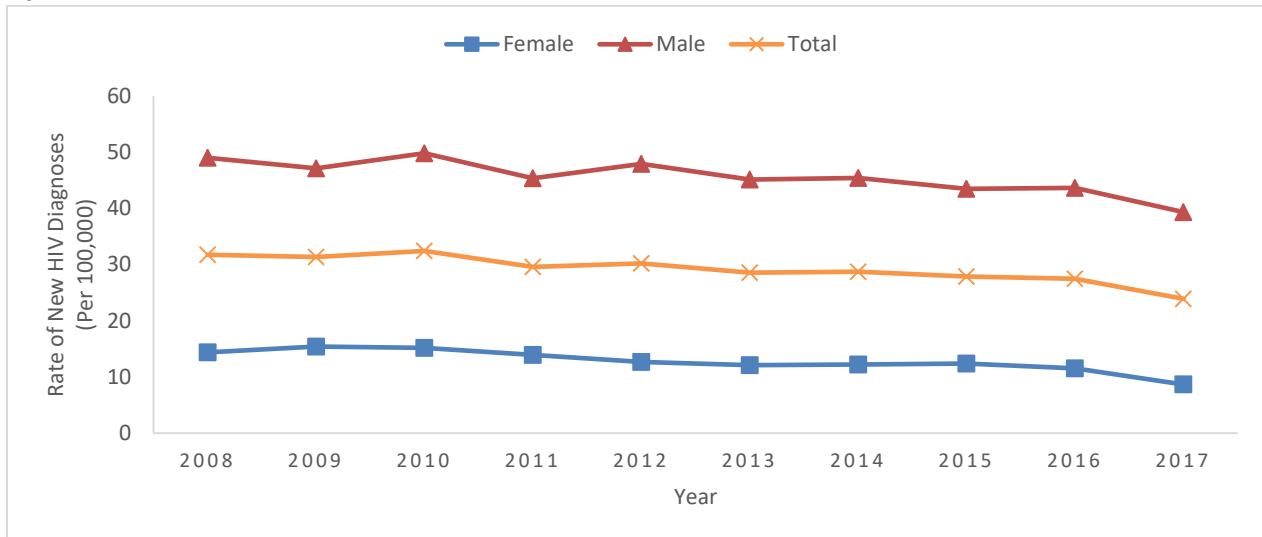
<sup>g</sup>New Stage 3 HIV for MSM/PWID, perinatal, and other were combined because the perinatal category had less than 5 cases and could not be reported.



*Trends of New HIV Diagnoses by Key Sub-populations*

**(Graph 1)** The rates of new HIV diagnoses in females and males decreased approximately 40% and 20%, respectively from 2008 to 2017.

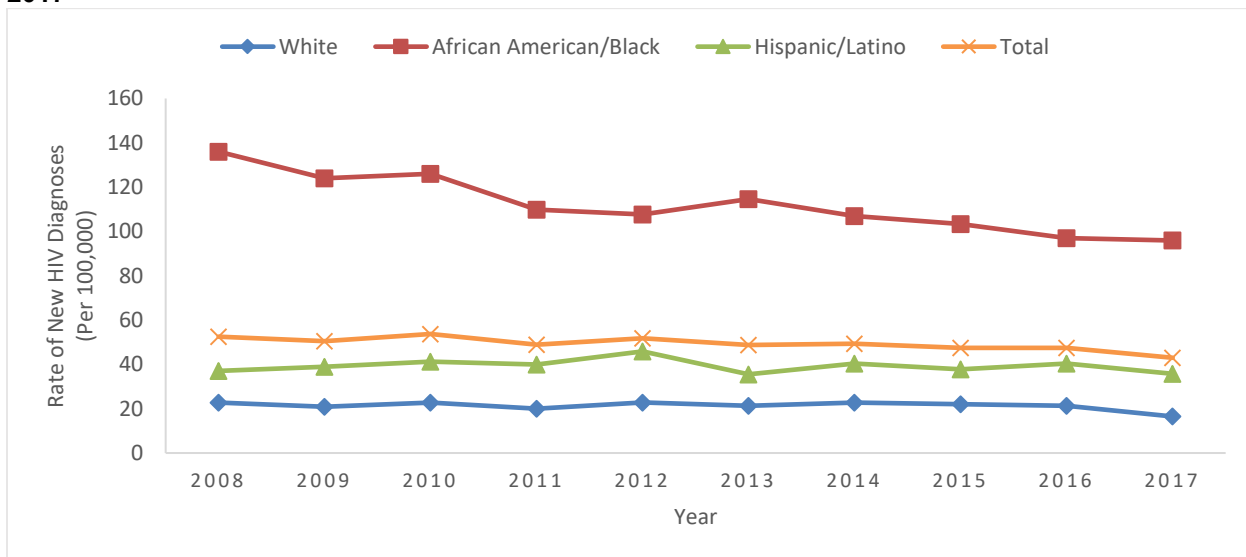
**GRAPH 1- Rates of New HIV Diagnoses by Sex assigned at Birth in Houston/Harris County, 2008-2017**



Source: Texas eHARS, analyzed by the Houston Health Department

**(Graph 2)** The rate of new HIV diagnoses in African American/Black males decreased approximately 30% from 2008 to 2017. However, African American/Black males had the highest rate of new HIV diagnoses each year. In White, Hispanic/Latino and all males, the rate of new diagnoses remained stable from 2008 to 2017.

**GRAPH 2- Rates of New HIV Diagnoses by Race/Ethnicity in Males, Houston/Harris County, 2008-2017**



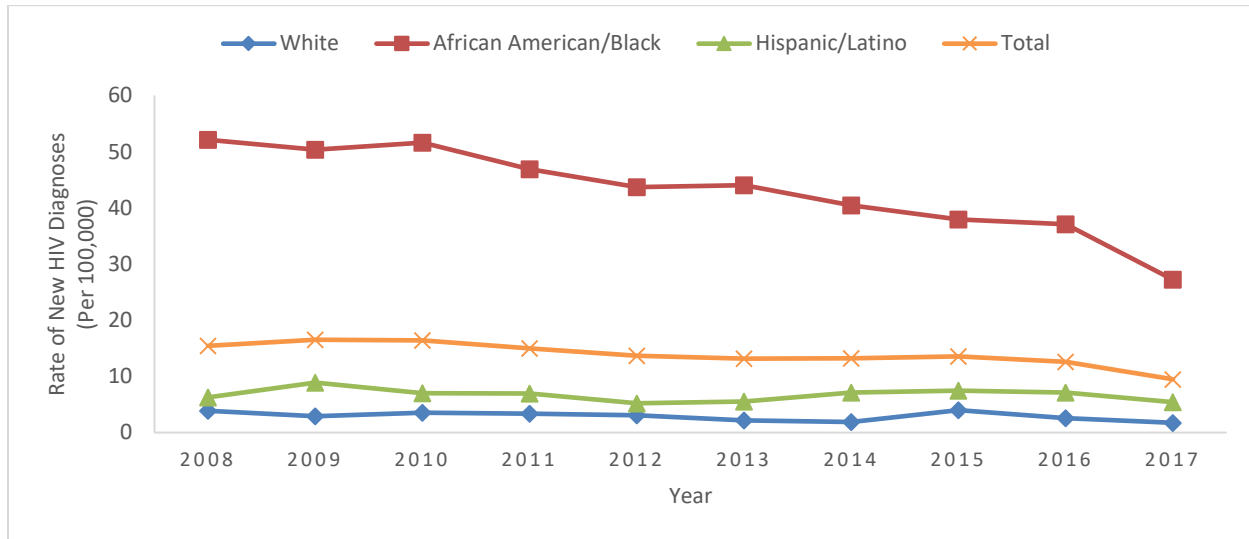
Source: Texas eHARS, analyzed by the Houston Health Department





(Graph 3) The rate of new HIV diagnoses in females slightly decreased from 2008 through 2017. This was driven mostly by a decreasing trend of HIV diagnoses in African American/Black females, with an almost 48% decrease from 2008 to 2017. The rates in Hispanic/Latino and White females were relatively constant.

**GRAPH 3- Rates of New HIV Diagnoses by Race/Ethnicity in Females, Houston/Harris County, 2008-2017**

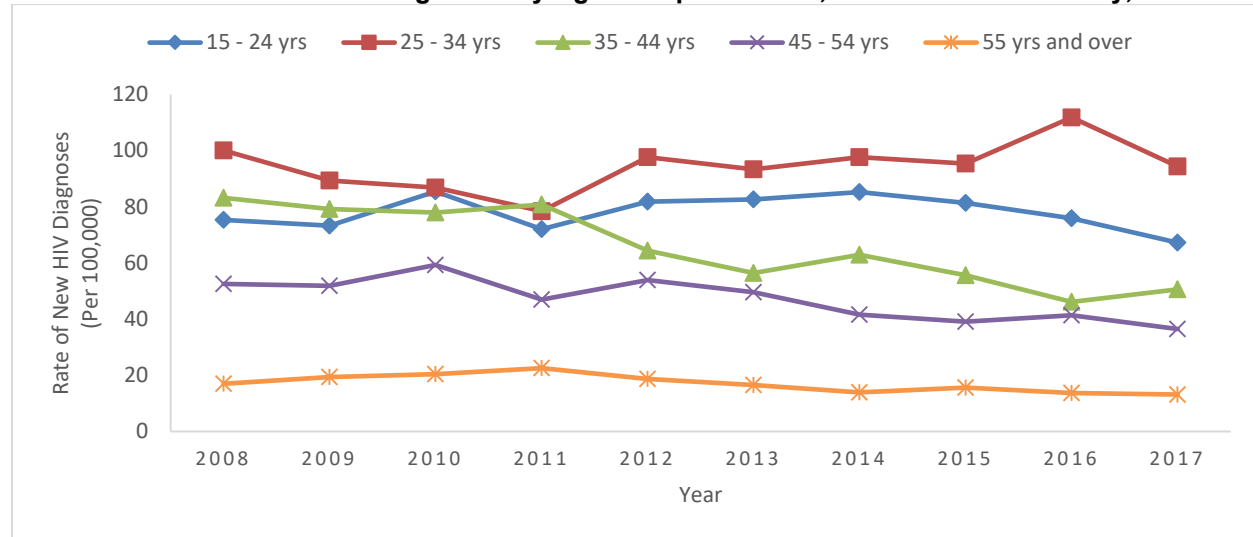


Source: Texas eHARS, analyzed by the Houston Health Department



(Graph 4) The rate of new HIV diagnoses among young males 15-24 years increased 13% from 2008 to 2010 and dropped slightly afterwards. The rate in the age group 25-34 years was constant until a sudden 25% increase from 2011 to 2012 and 17% increase from 2015 to 2016. From 2011-2017, the rate among those 35-44 years decreased by 37%. The age group 45-54 years had decreasing rates by about 30% from 2008 to 2017, while the rate in the age group 55 years or older remained relatively stable over the years.

**GRAPH 4- Rates of New HIV Diagnoses by Age Groups in Males, Houston/Harris County, 2008-2017**

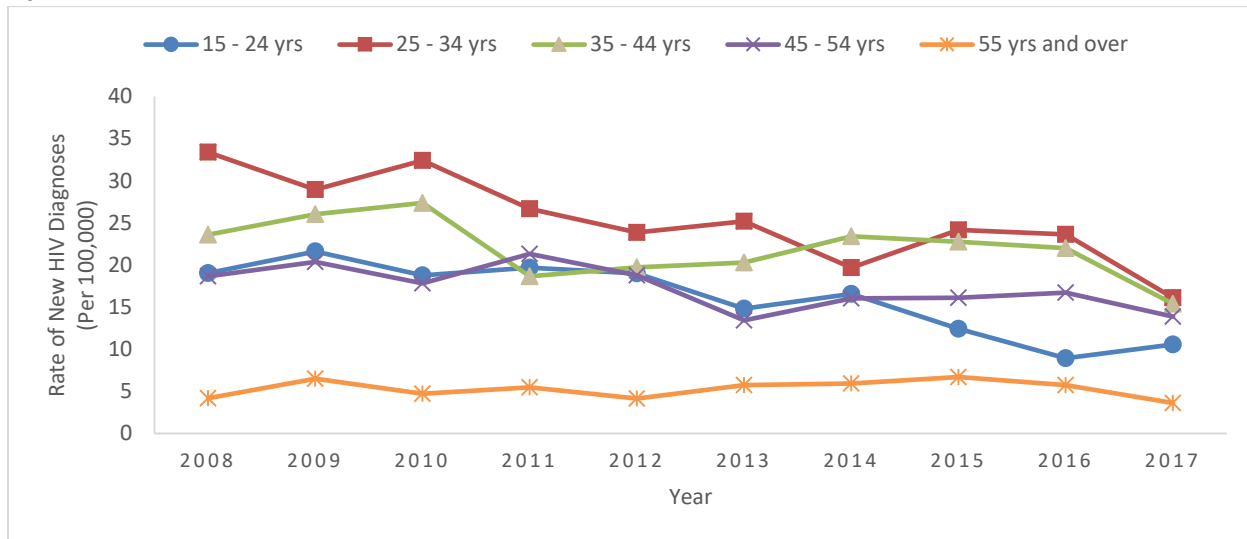


Source: Texas eHARS, analyzed by the Houston Health Department



**(Graph 5)** The rate of new HIV diagnoses among young females 15-24 years decreased 45% from 2008 to 2017. The rate in the age group 25-34 years decreased 52% over the years. From 2008-2017, the rate among those 35-44 years decreased by nearly 35%. The rate among the age group 45-54 years dropped 26% from 2008 to 2017, while the rate in the age group 55 remained relatively constant over the years.

**GRAPH 5- Rates of New HIV Diagnoses by Age Groups in Females, Houston/Harris County, 2008-2017**

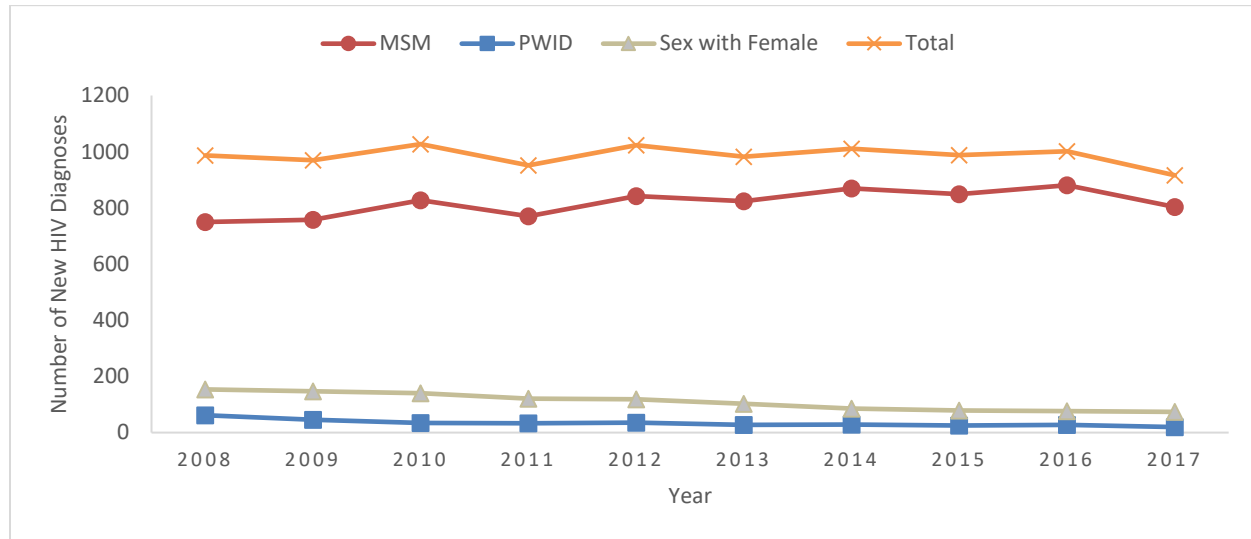


Source: Texas eHARS, analyzed by the Houston Health Department



(Graph 6) Among males, the number of new HIV diagnoses among MSM increased approximately 7% from 2008 to 2017 in Houston/Harris County, while new diagnoses among PWID and sex with female decreased over the years (by 67% and 52% respectively).

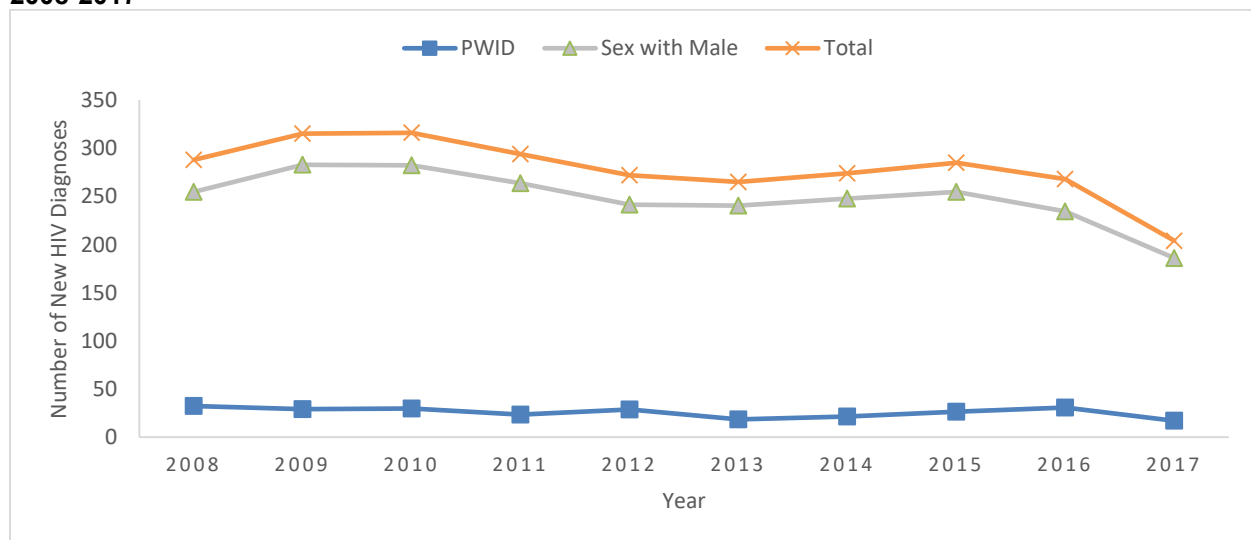
**GRAPH 6- Counts of New HIV Diagnoses in Males by Transmission Risk, Houston/Harris County, 2008-2017**



Source: Texas eHARS, analyzed by the Houston Health Department

(Graph 7) Sex with male made up the majority of transmission risk for women from 2008-2017. However, the risk showed a decreasing trend (about 27% decrease from 2008 to 2017). Counts among PWID also decreased by nearly 47% over the same time period.

**GRAPH 7- Counts of New HIV Diagnoses in Females by Transmission Risk, Houston/Harris County, 2008-2017**



Source: Texas eHARS, analyzed by the Houston Health Department



*Stage 3 HIV Progression and Late/Concurrent Diagnoses*

**(Table 3)** The time elapsed between when a person is newly diagnosed with HIV and progression to Stage 3 HIV (if such progression occurs) is used to indicate late diagnosis. The term late diagnosis means that an individual progressed to Stage 3 HIV within 12 months of being diagnosed. When an individual is diagnosed with HIV for the first time at Stage 3, this is referred to as concurrent diagnosis. Late/concurrent diagnosis is an indicator of delayed testing, and is of particular importance to identifying populations with higher need for early testing and linkage to care. The earlier an individual with HIV is tested, the sooner they can begin HIV treatment and potentially prevent the onset of Stage 3 HIV and other health concerns. Initiating and adherence to treatment may also lead to viral suppression and prevent HIV transmission to others (“treatment as prevention”). In Houston/Harris County, about 24% of new HIV diagnoses that progressed to Stage 3 HIV in 2016 did so within one year or less after being first diagnosed with HIV. Higher percentages were seen among Hispanic/Latinos (about 30% progressing to Stage 3 in one year or less), people aged 45-54 years (approximately 37% progressing to Stage 3 in one year or less), and persons with injection drug use (about 35% progressing to Stage 3 in one year or less).



**TABLE 3- Length of Progression from Initial Diagnosis to Stage 3 HIV in Houston/Harris County by Sex assigned at Birth, Race/Ethnicity, Age, and Risk, 2016**

	Initial Diagnosis to Stage 3 HIV ≤ 1 year		Initial Diagnosis to Stage 3 HIV > 1 year	
	Cases	%	Cases	%
	<b>Total</b>	304	23.9%	966
<b>Sex assigned at birth</b>				
Male	236	23.6%	766	76.4%
Female	68	25.4%	200	74.6%
<b>Race/Ethnicity</b>				
White	34	20.6%	131	79.4%
African American/Black	119	20.4%	463	79.6%
Hispanic/Latino	141	29.9%	330	70.1%
Multiple Races	6	20.0%	24	80.0%
Other	4	18.2%	18	81.8%
<b>Age</b>				
0 - 24 <sup>a</sup>	29	10.4%	250	89.6%
25 - 34	112	22.0%	398	78.0%
35 - 44	70	31.3%	154	68.8%
45 - 54	62	36.9%	106	63.1%
55 - 64	20	33.3%	40	66.7%
65+	6	30.0%	14	70.0%
<b>Transmission Risk<sup>b</sup></b>				
MSM	187	21.2%	694	78.8%
PWIDU	20	34.5%	38	65.5%
MSM/PWIDU	4	22.2%	14	77.8%
Sex with Male/Sex with Female	93	30.0%	217	70.0%
Perinatal transmission/Other	0	0.0%	3	100.0%

Source: Texas eHARS, analyzed by the Houston Health Department

<sup>a</sup>Age group 0-12 years was combined with 13-24 years because 0-12 years category had less than 5 cases and could not be reported

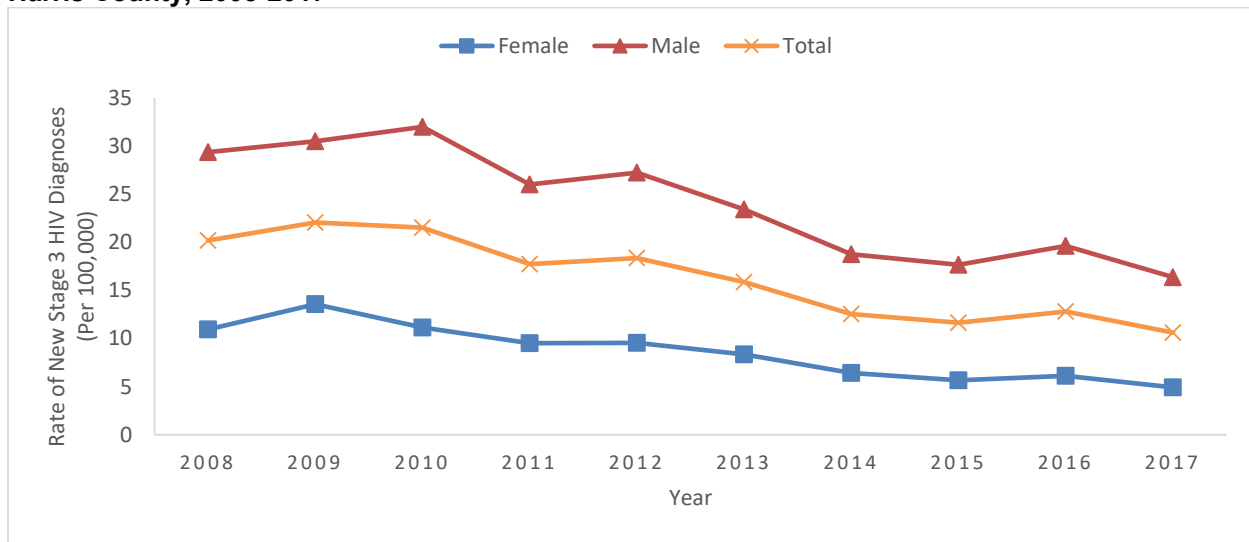
<sup>b</sup>Persons with no risk reported were recategorized into standard categories using the multiple imputation program of the Centers for Disease Control and Prevention (CDC).



### Trends of Stage 3 HIV by Key Sub-populations

(Graph 8) The rates of new Stage 3 HIV diagnoses showed a decreasing trend from 2008 to 2017. Combination therapy reduces the progression from earlier stages of HIV to Stage 3 HIV in people diagnosed early after transmission occurs. HIV prevention efforts also reduced the rate of Stage 3 HIV cases by reducing the number of new HIV transmissions. New Stage 3 HIV diagnoses among both males and females decreased from 2008 to 2017. In 2017, females accounted for 23% of new Stage 3 HIV diagnoses in Houston/Harris County, with a relative rate ratio of males to females of 3.3.

**GRAPH 8- Rates of New Stage 3 HIV Diagnoses by Sex Assigned at Birth in Houston/Harris County, 2008-2017**  
Harris County, 2008-2017

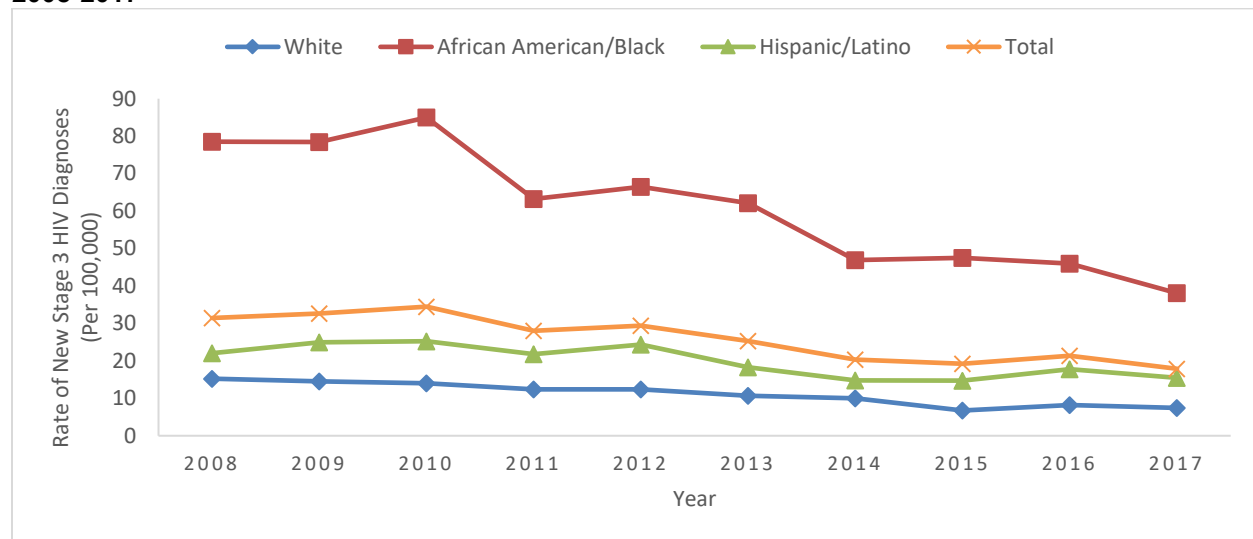


Source: Texas eHARS, analyzed by the Houston Health Department



(Graph 9) There is a decreasing trend of the rate of new Stage 3 HIV diagnoses among all racial/ethnic groups in males. African Americans/Blacks accounted for the most Stage 3 HIV diagnoses over the years except for the year 2017. In 2017, both African Americans/Blacks and Hispanic/Latinos made up 42% of new Stage 3 HIV diagnoses, followed by Whites (13%). The rate of new Stage 3 HIV cases in African American/Black males was 5.1 times the rate of White females and 2.4 times the rate of Hispanic/Latino males.

**GRAPH 9- Rates of New Stage 3 HIV Diagnoses by Race/Ethnicity in Males, Houston/Harris County, 2008-2017**



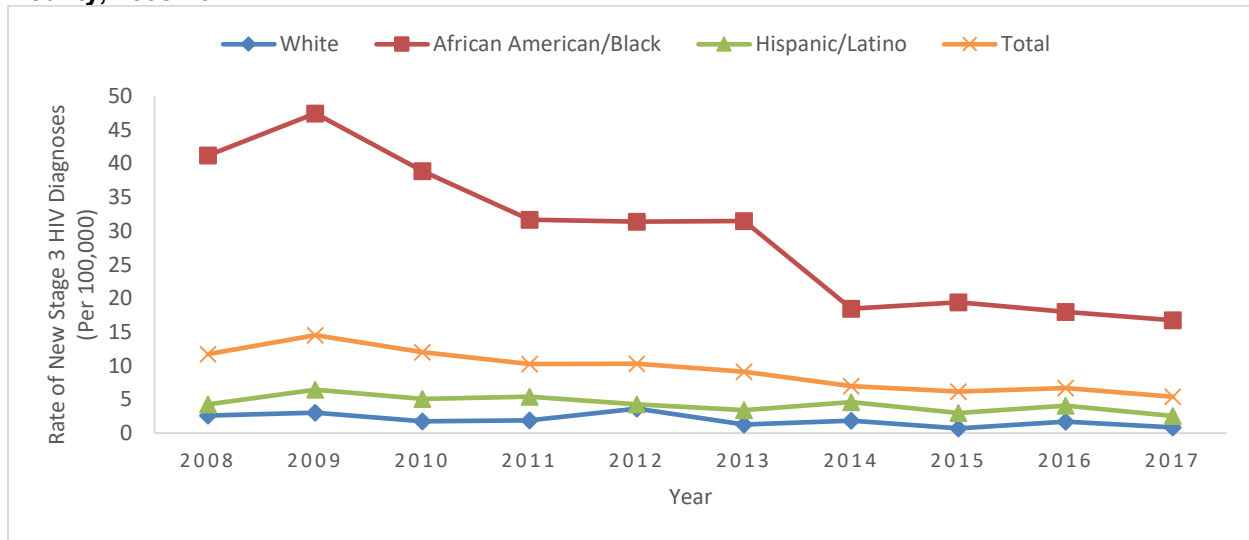
Source: Texas eHARS, analyzed by the Houston Health Department





(Graph 10) There is a decreasing trend of the rate of new Stage 3 HIV diagnoses among all racial/ethnic groups in females. African Americans/Blacks accounted for the most Stage 3 HIV diagnoses from 2008 to 2017. In 2017, African Americans/Blacks made up 69% of new Stage 3 HIV diagnoses, followed by Hispanic/Latinos (22%) and Whites (13%). The rate of new Stage 3 HIV cases in African American/Black females was 19.3 times the rate of White females and 6.6 times the rate of Hispanic/Latino females.

**GRAPH 10- Rates of New Stage 3 HIV Diagnoses by Race/Ethnicity in Females, Houston/Harris County, 2008-2017**

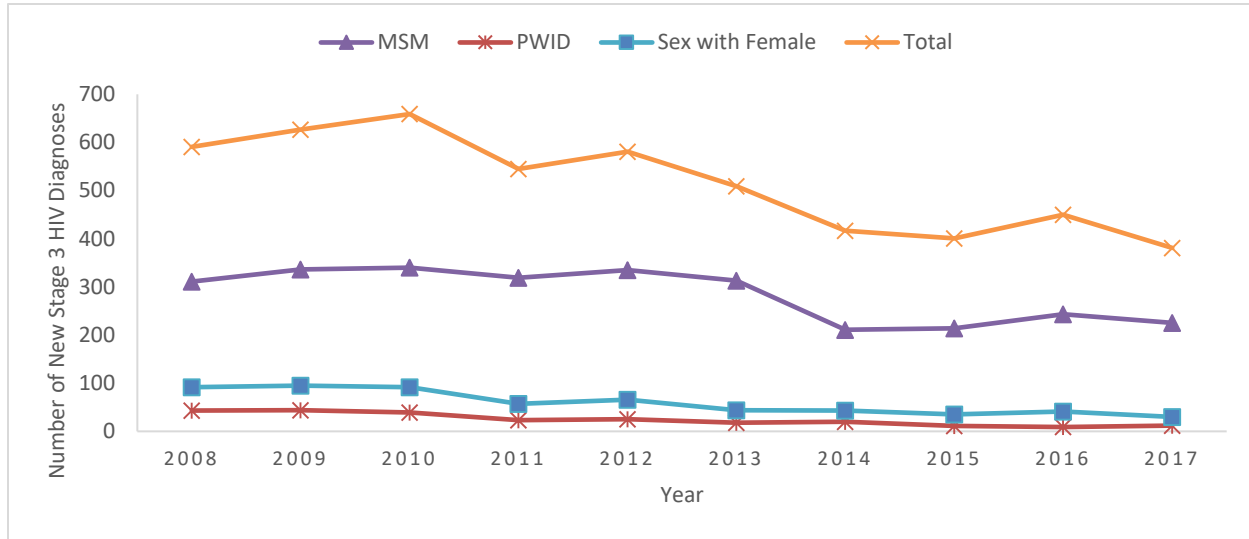


Source: Texas eHARS, analyzed by the Houston Health Department



(Graph 11) MSM have been disproportionately impacted by both HIV and Stage 3 HIV. The number of new Stage 3 HIV cases in MSM remained stable from 2008 through 2013 and dropped in 2014. PWIDU and sex with female as a risk factor decreased gradually over the years. In 2017, 59% of new Stage 3 HIV cases were among MSM.

**GRAPH 11- New Stage 3 HIV Diagnoses by Transmission Risk in Males, Houston/Harris County, 2008-2017**

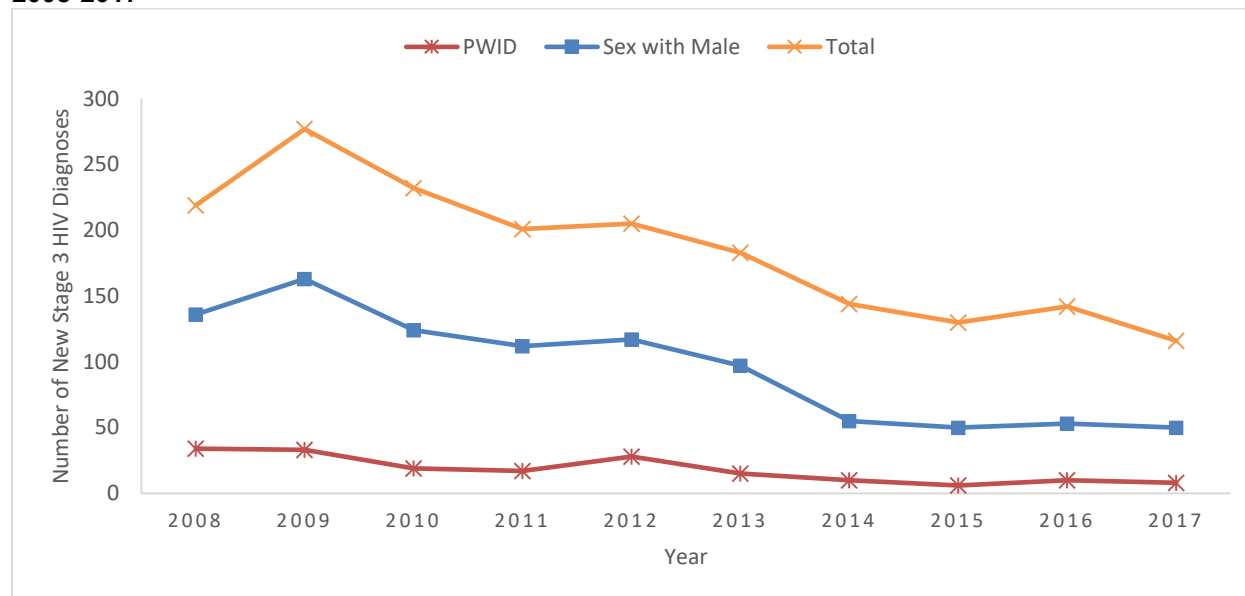


Source: Texas eHARS, analyzed by the Houston Health Department. People with no risk reported were not re-categorized into standard categories using CDC's multiple imputation program.



(Graph 12) Among females, both sex with male and PWIDU risk decreased over the years. In 2017, 43% of Stage 3 HIV cases in females were among people who have sex with male and about 7% among PWID.

**GRAPH 12- New Stage 3 HIV Diagnoses by Transmission Risk in Females, Houston/Harris County, 2008-2017**



Source Texas eHARS, analyzed by the Houston Health Department. People with no risk reported were not re-categorized into standard categories using CDC's multiple imputation program.

### People Living with HIV (PLWH) - Prevalence

Prevalence is an epidemiological term for the total number of people living with a particular condition during a specific period. Prevalence does not indicate how long a person has been living with the condition, but reveals a point-in-time landscape of the condition. For HIV surveillance, prevalence refers to living people who have been diagnosed with HIV, regardless of time of transmission or date of diagnosis. In the data presented here, HIV prevalence refers to all people living with HIV (**PLWH**), regardless of progression, at the end of calendar year 2016 in Houston/Harris County.

(Table 4) At the end of calendar year 2016, there were 25,132 PLWH in Houston/Harris County. This means that, for every 100,000 people residing in Houston/Harris County, 537 are have been diagnosed with HIV. About 75% of all PLWH in the jurisdiction are men. African Americans also had the highest rate of PLWH in Houston/Harris County with 1,416 African Americans living with HIV for every 100,000 African Americans in the jurisdiction. This is roughly 4.2 times the rate among Whites and four times the rate among Hispanic/Latinos. In terms of age, people aged 25 to 34 had the highest HIV prevalence rate with 1,224 PLWH for every 100,000 people in this age group. In addition, male-male sexual contact or MSM was reported most often among all people living with HIV in Houston/Harris County, followed by sex with male/sex with female.



<b>TABLE 4-People Living with HIV in Houston/Harris County by Sex assigned at Birth, Race/Ethnicity, Age, and Risk, 2016<sup>a</sup></b>			
	Cases <sup>b</sup>	%	Rate <sup>c</sup>
<b>Total</b>	25,132	100.0%	536.8
<b>Sex assigned at birth</b>			
Male	18,961	75.4%	814.6
Female	6,171	24.6%	262.1
<b>Race/Ethnicity</b>			
White	4,608	18.3%	334.9
African American/Black	12,424	49.4%	1415.9
Hispanic/Latino	7,132	28.4%	355.0
Multiple Races	642	2.6%	921.1
Other	326	1.3%	93.1
<b>Age</b>			
0 - 12	292	1.2%	*
13 - 24	5,660	22.5%	359.9 <sup>d</sup>
25 - 34	9,234	36.7%	1224.4
35 - 44	6,242	24.8%	935.1
45 - 54	2,771	11.0%	472.7
55 - 64	792	3.2%	157.1
65+	141	0.6%	29.6
<b>Transmission Risk<sup>e</sup></b>			
MSM	14,306	56.9%	*
PWIDU	2,186	8.7%	*
MSM/PWIDU	1,029	4.1%	*
Sex with Male/Sex with Female	7,294	29.0%	*
Perinatal transmission	261	1.0%	*

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>PLWH at end of 2016 = People living with HIV, regardless of progression, in Houston/Harris County at the end of 2016

<sup>c</sup>Rate per 100,000 population. Source: U.S. Census Bureau, 2016 American Community Survey 1-Year Estimates

<sup>d</sup>Rate was calculated for age group 0-24 years

<sup>e</sup>Patients with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

\*Population data are not available for age group 0-12 and risk groups; therefore, it is not possible to calculate rate by risk

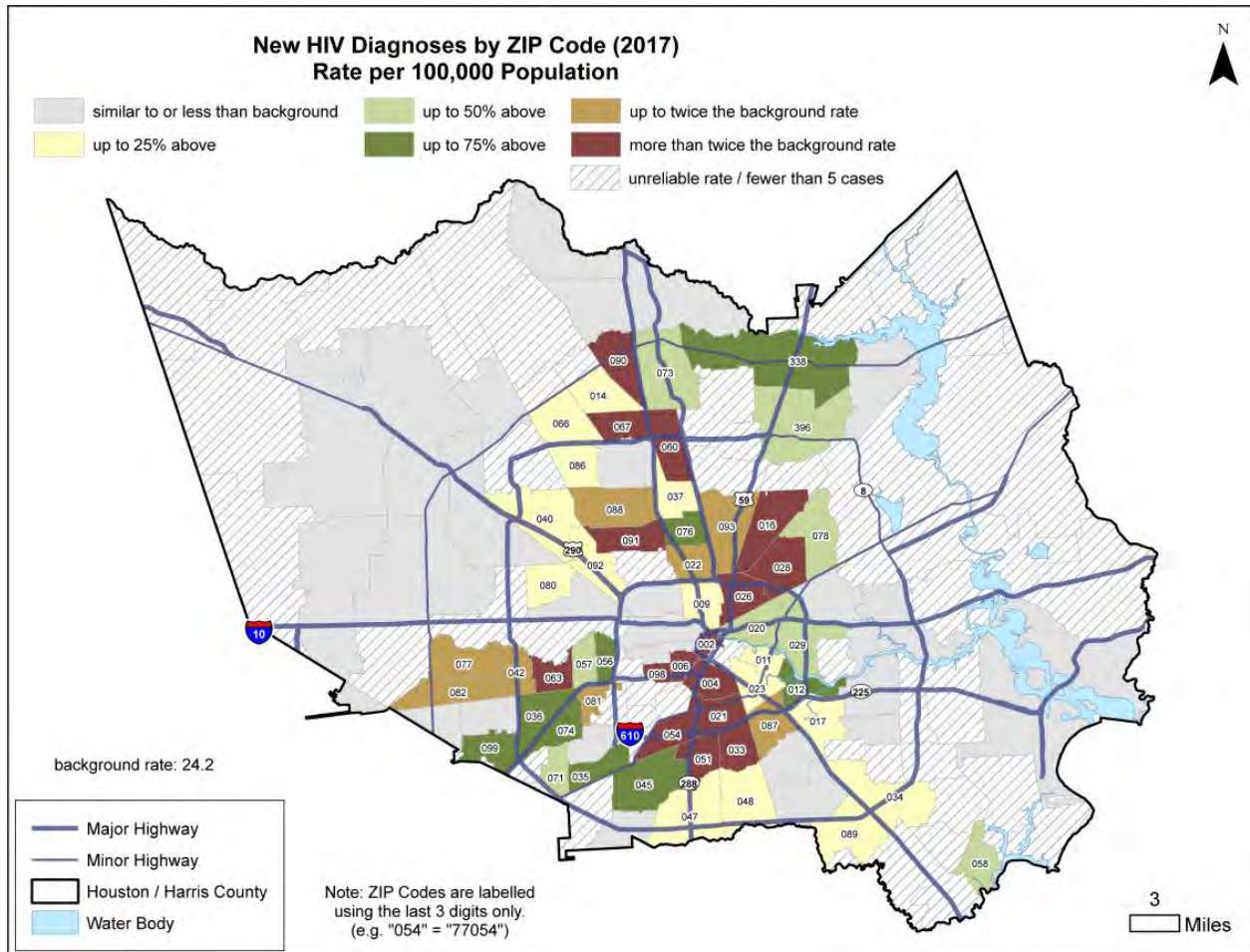


### Mapping of New Diagnoses and People Living with HIV by Zip Code

Using Geographic Information System (GIS) software, local jurisdictions can map new HIV diagnoses and HIV prevalence by zip code. This helps jurisdictions identify patterns in the impact of HIV at the neighborhood level. It is also possible to identify similarities and differences in residential patterns between all PLWH and those who are newly diagnosed.

(Figure 1 and Figure 2) Figure 1 below shows rates of newly reported HIV diagnoses by zip code in Houston/Harris County, while Figure 2 below shows HIV prevalence rates by zip code in Houston/Harris County, for calendar years 2017 and 2016, respectively. Comparing the two maps, there is a noticeably greater dispersion of new HIV diagnoses across zip codes than is seen in prevalence rates. Both maps show a concentration of HIV new diagnoses and prevalence in the health services regions of North, Northeast, and South Houston. <sup>1</sup>

**FIGURE 1**



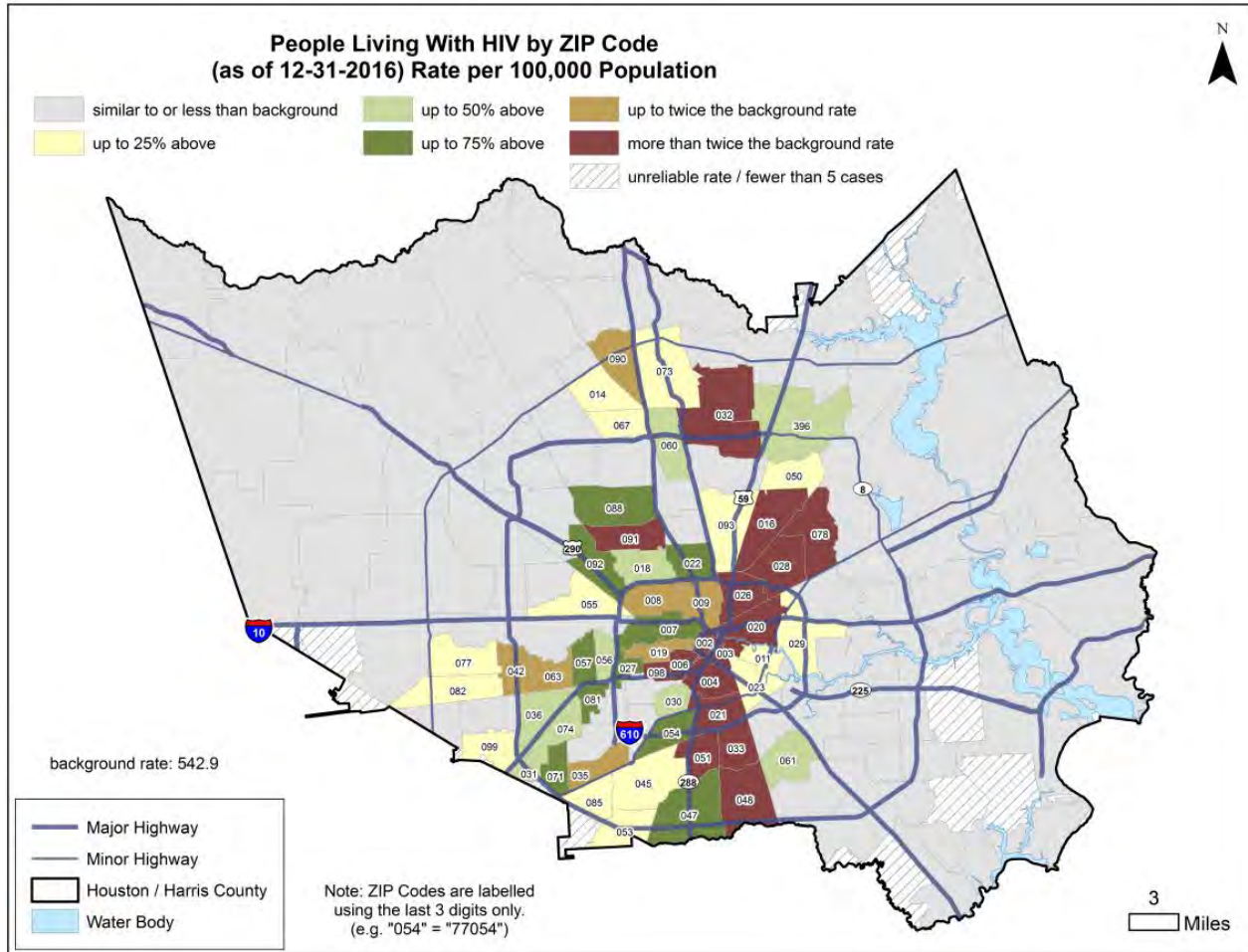
Source: Texas eHARS, analyzed by the Houston Health Department. Background rate is rate of new HIV diagnoses for Houston/Harris County in 2017 at the time of data run.

<sup>1</sup>A complete mapping of the City of Houston Health Service Regions is located at: <http://www.houstontx.gov/health/chs/geographicprofiles.html>

**FIGURE 2**







Source: Texas eHARS, analyzed by the Houston Health Department. Background rate is rate of people living with HIV in Houston/Harris County in 2016 at the time of data run.

## HIV and Mortality

Mortality is an epidemiological marker used to measure the effect of a condition on the population as a whole. HIV mortality data reflects the number of PLWH who died in a specific period. It is important to note that HIV mortality data reflects all causes of death, not exclusively those medically related to HIV.

**(Table 5)** In Houston/Harris County, 331 people with HIV (regardless of progression) died in 2016 from all causes. This is a mortality rate of 7 deaths of persons with HIV for every 100,000 people residing in Houston/Harris County as a whole. The majority of deaths occurred among men with HIV and among African Americans with HIV. The mortality rate among African Americans with HIV was 20 deaths for every 100,000 African Americans in Houston/Harris County, which is roughly four times the HIV mortality rate among both Whites and Hispanic/Latinos. In addition, male-male sexual contact (MSM) was reported most often among those with HIV who died in 2016 in Houston/Harris County, followed by sex with male/sex with female.



<b>TABLE 5-Deaths of Person with HIV in Houston/Harris County by Sex assigned at Birth, Race/Ethnicity, Age, and Risk, 2016<sup>a</sup></b>				
		Cases <sup>b</sup>	%	Rate <sup>c</sup>
<b>Total</b>		331	100.0%	7.1
<b>Sex assigned at birth</b>				
	Male	237	71.6%	10.2
	Female	94	28.4%	4.0
<b>Race/Ethnicity</b>				
	White	67	20.2%	4.9
	African American/Black	179	54.1%	20.4
	Hispanic/Latino	72	21.8%	3.6
	Multiple Races	10	3.0%	14.3
	Other	3	0.9%	0.9
<b>Age</b>				
	0 - 12	0	0.0%	0.0
	13 - 24	41	12.4%	2.4
	25 - 34	81	24.5%	10.7
	35 - 44	100	30.2%	15.0
	45 - 54	61	18.4%	10.4
	55 - 64	36	10.9%	7.1
	65+	12	3.6%	2.5
<b>Transmission Risk</b>				
	MSM	139	42.0%	*
	PWIDU	57	17.2%	*
	MSM/PWIDU	25	7.6%	*
	Sex with Male/Sex with			
	Female	110	33.2%	*
	Perinatal transmission	0	0.0%	*

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>Deaths in 2016 = Number of people reported with HIV in Houston/Harris County who died in 2016 regardless of location of death. Deaths determined from provider report, chart review, and matching to the Texas Death Certificate Database and national death databases.

<sup>c</sup>Rate per 100,000 population. Source: U.S. Census Bureau, 2016 American Community Survey 5-Year Estimates

<sup>d</sup>Patients with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by risk



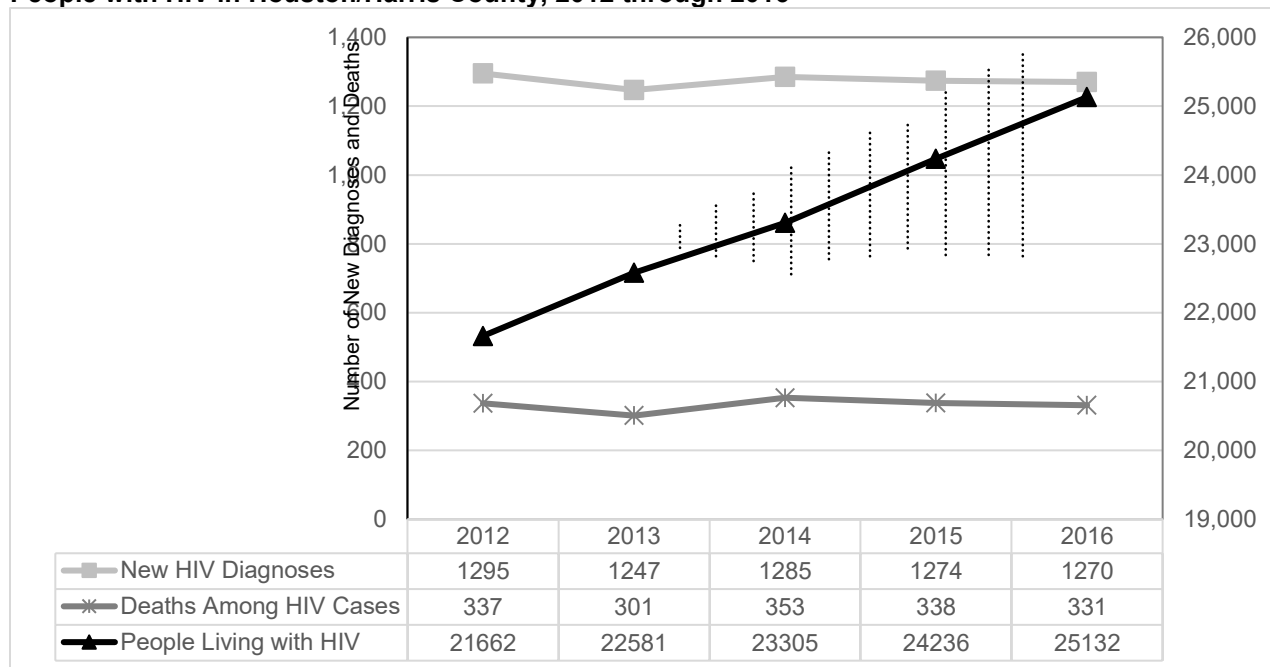
### New Diagnoses, Prevalence, and Mortality, Five-Year Trend

HIV epidemiology in states and counties across the U.S. show a similar trend over time. Due to advances in HIV testing and treatment, HIV-related mortality has steadily declined while the number of PLWH has steadily increased. Concurrently, the number of newly reported HIV diagnoses has remained stable for the last decade.

(**Graph 13**) A similar trend can be seen in Houston/Harris County. Between 2012 and 2016, HIV-related mortality in Houston/Harris County was stable with an average of 332 deaths per year. The number of persons living with HIV in Houston/Harris County increased by 16% with an average of 23,383 total living HIV positive persons each year. Newly reported HIV diagnoses in Houston/Harris County was stable during this period with an average of 1,274 new HIV diagnoses reported each year.

These trends illuminate the growing gap between the number of deaths among people with HIV and prevalence (i.e., the number of persons living with HIV) that has been attributed to HIV treatment. We also see evidence that new HIV diagnoses may be stabilizing.

**GRAPH 13-Numbers of New HIV Diagnoses, Persons Living with HIV, and Deaths among People with HIV in Houston/Harris County, 2012 through 2016<sup>a</sup>**



<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department





## The Houston Eligible Metropolitan Area (EMA)

The Houston EMA includes the six counties of Chambers, Fort Bend, Harris (including the City of Houston), Liberty, Montgomery, and Waller. The data presented below are for the Houston EMA as a whole and are not county-specific.

### New HIV Diagnoses

*See Houston/Harris County for an explanation of this data point*

**(Table 6)** In 2017, 1,234 individuals were newly diagnosed with HIV in the Houston EMA. This is a rate of 20 new HIV diagnoses for every 100,000 people in the EMA. Over 80% of new diagnoses were among males (at birth). African Americans had the highest rate of both new HIV diagnoses with 54 new diagnoses per 100,000 African Americans in the Houston EMA. This is nearly eight times the rate among Whites and triple the rate among Hispanic/Latinos. African Americans account for close to half of the new diagnoses of HIV in the EMA, and people of color (**POC**) account for 88% of new diagnoses. The age ranges of new diagnoses follow a normal distribution that peaks with 25 to 34 year olds for HIV (38% of new diagnoses). Male-male sexual contact (**MSM**) was the most commonly reported transmission risk factor among new diagnoses in the Houston EMA in 2017 at 71%, followed by sex with male/sex with female at 24%.



<b>TABLE 6-New HIV Diagnoses in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Transmission Risk, 2017<sup>a</sup></b>				
		New Diagnoses	%	Rate <sup>b</sup>
<b>Total</b>		1,234	100%	20.0
<b>Sex at Birth</b>				
	Male	998	80.9%	32.6
	Female	238	19.1%	7.6
<b>Race/Ethnicity</b>				
	White	144	11.7%	6.8
	African American	581	47.1%	54.1
	Hispanic/Latino	460	37.3%	19.4
	Other	26	2.1%	5.0
	Multiracial	23	1.9%	26.4
<b>Age</b>				
	0 - 12	N	N	N
	13 - 24	278	22.5%	27.3
	25 - 34	463	37.5%	49.3
	35 - 44	240	19.4%	27.3
	45 - 54	161	13.0%	20.4
	55 - 64	76	6.2%	11.1
	65+	15	1.2%	2.3
<b>Transmission Risk<sup>c</sup></b>				
	Male-Male Sexual Contact (MSM)	870	70.5%	*
	People with Injection Drug Use (PWIDU)	46	3.7%	*
	MSM/PWIDU	24	1.9%	*
	Sex with Male/Sex with Female	291	23.6%	*
	Perinatal transmission	N	N	*
	Adult other risk	N	N	*

<sup>a</sup>Source: Texas eHARS. New HIV diagnoses as of 12/31/17

<sup>b</sup>Source: Texas Department of State Health Services, 2017 Houston EMA Population Denominators. Received on 07/20/2018

<sup>c</sup>Cases with unknown risk were redistributed based on historical patterns of risk ascertainment and reclassification

\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by risk

<sup>N</sup>Data has been suppressed to meet cell size limit of 5



## People Living with HIV (Prevalence)

*See Houston/Harris County for an explanation of this data point*

(Table 7) At the end of 2017, there were 28,225 people living with HIV in the Houston EMA. This means that, for every 100,000 people residing in the EMA, 458 were people diagnosed with HIV. Seventy-five percent (75%) of all people living with HIV in the EMA were male (sex at birth). African Americans had the highest HIV prevalence rate with 1,265 African American PLWH for every 100,000 African Americans in the jurisdiction. This is just over five times the HIV prevalence rate among Whites and roughly four times the rate among Hispanic/Latino individuals. People aged 45 to 54 had the highest HIV prevalence rate of all age groups (966.9 per 100,000 population) and accounted for 27% of all diagnosed PLWH. Male-male sexual contact (**MSM**) was the most commonly reported transmission risk factor diagnosed PLWH in the Houston EMA in 2017 at 57%, followed by sex with male/sex with female at 29%.



**TABLE 7-People Living with HIV in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Transmission Risk, 2017<sup>a</sup>**

	Prevalence	%	Rate <sup>b</sup>
<b>Total</b>	28,225	100%	457.8
<b>Sex at Birth</b>			
Male	21,178	75.0%	692.0
Female	7,047	25.0%	227.0
<b>Race/Ethnicity</b>			
White	5,321	18.9%	245.8
African American	13,830	49.0%	1265.1
Hispanic/Latino	7,926	28.1%	334.6
Other	389	1.4%	72.2
Multiracial	759	2.7%	-
<b>Age</b>			
0 - 1	N	N	N
2 - 12	58	0.2%	5.7
13 - 24	1,230	4.4%	120.7
25 - 34	5,738	20.3%	611.5
35 - 44	6,632	23.5%	754.3
45 - 54	7,649	27.1%	966.9
55-64	5,186	18.4%	758.9
65+	1,730	6.1%	797.6
<b>Transmission Risk<sup>c</sup></b>			
Male-Male Sexual Contact (MSM)	16,133	57.2%	*
People with Injection Drug Use (PWIDU)	2,368	8.4%	*
MSM/IDU	1,099	3.9%	*
Sex with Male/Sex with Female	8,264	29.3%	*
Perinatal transmission	343	1.2%	*
Adult other risk	18	10.0%	*

<sup>a</sup>Source: Texas eHARS. All diagnosed PLWH as of 12/31/17

<sup>b</sup>Source: Texas Department of State Health Services, 2017 Houston EMA Population Denominators. Received on 07/20/2018. Denominator for Multiracial not available.

<sup>c</sup>Cases with unknown risk were redistributed based on historical patterns of risk ascertainment and reclassification

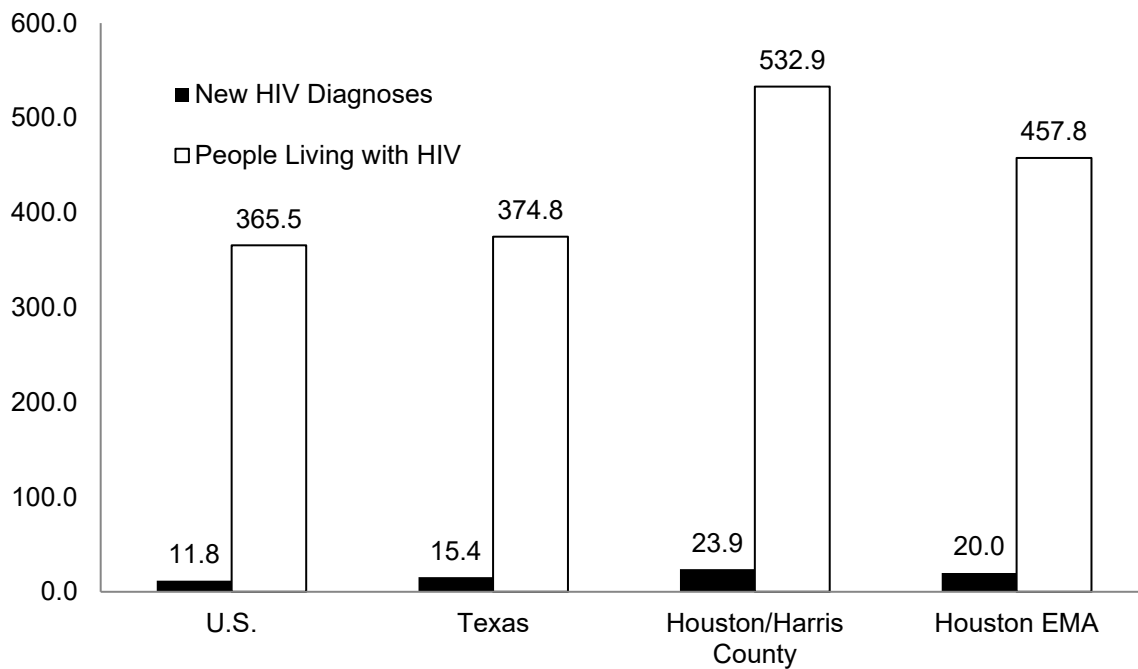


**Summary of HIV Epidemiology by Jurisdiction and the U.S.**

A comparison of core HIV epidemiological indicators between the two Houston Area jurisdictions, Texas, and the U.S. provides context for the local HIV impact data presented in this Chapter.

(**Graph 14**) Overall, Texas has comparable prevalence and higher HIV diagnosis rate compared to the U.S. Both Houston/Harris County and the Houston EMA have higher HIV diagnosis and prevalence rates. Rates of new HIV diagnoses in both Houston/Harris County and the Houston EMA are approximately double that of the U.S. The HIV prevalence rate in Houston/Harris County is 1.4 times higher than the Texas and U.S. HIV prevalence rates. The prevalence rate in the Houston EMA is 1.2 times higher than the rate in Texas and 1.3 times higher than the U.S. rate.

**GRAPH 14-Rates of New HIV Diagnoses and Persons Living with HIV by Local, State, and National Jurisdiction**



<sup>a</sup>U.S. Source: CDC HIV Surveillance Report Volume 29: Diagnoses of HIV in the United States and Dependent Areas, 2017. Prevalence is 2016.

<sup>b</sup>Texas Source: CDC HIV Surveillance Report Volume 29: Diagnoses of HIV in the United States and Dependent Areas, 2017. Prevalence is 2016.

<sup>c</sup>Houston/Harris County Sources: Houston/Harris County eHARS. Diagnoses, 2017; Prevalence, 2016

<sup>d</sup>Source: Texas eHARS. All data, 2017

\*All rates per 100,000 population





## Chapter 3: Vulnerability to HIV in the Houston Area

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What are the indicators of vulnerability for HIV transmission in the population?

“Poor social and environmental conditions, coupled with high rates of HIV among specific populations and in geographic areas, contribute to stubbornly persistent—and in some cases, growing—HIV-related health disparities. These disparities include higher rates of HIV [transmission], lower rates of access to HIV care, lower HIV viral suppression rates and higher HIV-related complications, and higher HIV-related death rates.”

≈ The National HIV/AIDS Strategy: Updated to 2020  
July 2015

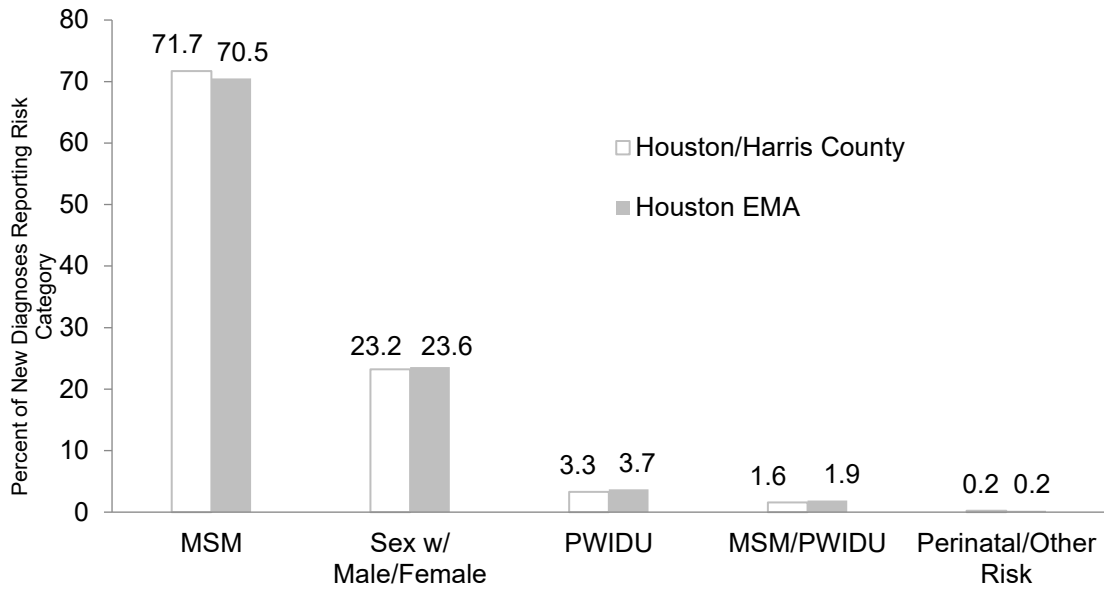
Chapter 2 of this document described the populations of people living with HIV in the Houston Area today. The purpose of this chapter is to describe the factors that may place individuals at greater vulnerability for acquiring HIV in the Houston Area. It will present data on factors that affect the vulnerability to acquiring HIV such as behaviors linked to the transmission of HIV and other sexually transmitted diseases (STDs). It will also describe factors that affect the probability that a person living with HIV will transmit HIV such as awareness of status.

### Summary of Behaviors Linked to HIV Transmission

**(Graph 1)** Assessing the primary transmission risk factor reported for new HIV diagnoses provides insight into behaviors that may increase one’s vulnerability to acquiring HIV in a local community. In the Houston Area, male-male sexual contact or MSM was reported by 71-72% of newly diagnosed individuals in 2017 (up from 61% in 2011), followed by sex with male/sex with female (formerly heterosexual) contact at 23-24% (down from 31%), and 3-4% people with injection drug use (PWIDU) (down from 5%).



**GRAPH 1- Transmission Risk of New HIV Diagnoses in Houston/Harris County and the Houston Eligible Metropolitan Area (EMA), 2017**



Source: Houston/Harris County and Texas eHARS



**(Table 1)** When a person is newly diagnosed with HIV, they are interviewed by a disease intervention specialist. One of the goals of the interview is to identify all of the STI transmission-related activities in which the individual has engaged. In addition to HIV-related risk activities, other sexual, drug, and social practices are captured during the interview. While no single reported activity may have led to the person’s HIV diagnosis, assessing reported activities of all interviewed persons as a group provides insight on behaviors that may increase one’s susceptibility to acquiring HIV in a local community. In Houston/Harris County, the five most common activities reported by interviewed persons are (1) male to male sexual practices, (2) intermittent condom use, (3) sex with an anonymous sex partner, (4) oral sex, and (5) any drug use. The five least common activities are (1) sex with a person who uses crack or cocaine, (2) being a commercial sex worker, (3) working in the health care field, (4) injection drug use (IDU), and (5) sex with a person who injects drugs.

**TABLE 1- Activities of New HIV Diagnoses Interviewed by a Disease Intervention Specialist in Houston/Harris County, 2017 (N=1,088 Records)**

Risk Activity	Number Reporting	Percent Reporting
Male to male (MSM) sexual practices	424	39.0
Condom use - intermittent	399	36.7
Anonymous sex partner	386	35.5
Oral sex	344	31.6
Any drug use (including alcohol)	300	27.6
Rectal intercourse	286	26.3
Partners met via internet or phone app	219	20.1
Males having sex with females (MSF)	179	16.5
No condom use	163	15.0
Sex while high or intoxicated	136	12.5
More than 1 sex partner	109	10.0
New sex partner in last 90 days	95	8.7
Been incarcerated	71	6.5
Always use condoms	38	3.5
Exchanged drugs or money for sex	33	3.0
Sex with person who injects drugs	22	2.0
Person with injection drug use (PWIDU)	16	1.5
Health care worker	7	0.6
Commercial sex worker	6	0.6
Sex with person who uses crack or cocaine	6	0.6

Source: Texas STD\*MIS. Data analyzed by the Houston Health Department.





**(Table 2)** Reviewing reported vulnerability among newly diagnosed individuals provides insight into the behaviors that may lead to HIV transmission, while reviewing reported risk among persons living with HIV can provide insight into the behaviors that may lead to secondary HIV transmission and/or acquiring a different strain of HIV. In the Houston Health Service Delivery Area (HSDA), people living with HIV are surveyed every three years in order to ascertain the level of risk behaviors among the population. According to the 2016 needs assessment, some people living with HIV in the Houston HSDA are engaging behaviors that have been linked to HIV transmission. For example, over 40% of respondents reported receiving no STD screening tests in the past 6 months, and 25-28% of those who report having sex in the past 6 months also report no condom use for penetrative sex. Very few respondents use share needles to inject drugs or other substances. As these data were collected before the emergence of national campaigns advocating the maintenance of an undetectable viral load as a means of eliminating transmission risk during sex, the data in Table 2 may not fully reflect current condom use within the Houston HIV community.

Reported Activity	Number Reporting	Percent Reporting
Not tested for chlamydia in the past 6 mos	219	43%
Not tested for gonorrhea in the past 6 mos.	217	43%
Not tested for syphilis in the past 6 mos.	206	41%
Never use condoms – anal receptive	51	28%
Never use condoms – anal insertive	51	27%
Never use condoms – vaginal	43	25%
Never talk about HIV status w/ new partners	47	14%
Sex with someone with unknown HIV status	54	11%
Not taking ART	13	3%
Injection drug use (PWIDU)	8	2%

Source: 2016 Houston Area HIV Needs Assessment. Denominators for each activity vary; therefore, percent is of those answering each question and not of the total respondent pool (N=506). Results do not reflect all possible transmission-related activities among the respondent pool.



## HIV Testing and Awareness of Status

The Centers for Disease Control and Prevention (CDC) currently estimated that 14% of people in the U.S. who are living with HIV are unaware of their positive HIV status.<sup>1</sup> People who are unaware of their positive HIV status may be less likely to reduce or eliminate actions that may result in HIV exposure and transmission to others. For this reason, an examination of status awareness among people living with HIV provides insight into the factors that may increase vulnerability for HIV transmission in a local community. To do so, two sources of data can be reviewed: the volume of HIV testing and notification of status in a local jurisdiction, and mathematical estimations of people who are HIV positive and unaware of their status based on national methodologies. Both are below for their respective jurisdictions. Total numbers of tests provided vary between the jurisdictions due to differing funding sources for HIV testing activities.

<sup>1</sup>Centers for Disease Control and Prevention. Estimated HIV incidence and prevalence in the United States, 2010–2016. HIV Surveillance Supplemental Report 2019; 24(No. 1).

### Houston/Harris County

**(Table 3)** In 2017, there were 111,867 publicly funded HIV tests conducted in Houston/Harris County in both routine and non-routine (targeted) settings. Of these, 1.1% was positive. Of people with positive test results identified in the jurisdiction, 97.4% were informed of their positive status, leaving 2.6% not informed. This equates to at least 32 individuals in Houston/Harris County who were tested for HIV but who remained unaware of their positive status at the end of 2017. The total number of HIV tests conducted varied over the years due to the changes in the number of hospitals contracted for routine testing.

<b>TABLE 3-Total Numbers of HIV Tests Conducted, Positive HIV Tests, and People Informed of HIV Status in Houston/Harris County, 2012 to 2017</b>						
	2012	2013	2014	2015	2016	2017
Total number of HIV tests conducted	115,174	116,201	150,454	124,121	117,429	111,867
Total number of positive tests*	1,261	1,238	1,535	1,453	1,349	1,216
<i>Percent of positive tests</i>	1.1%	1.1%	1.0%	1.2%	1.1%	1.1%
Total number of PLWH informed of status**	1,235	1,218	1,440	1,436	1,328	1,184
<i>Percent of PLWH informed of status</i>	97.9%	98.4%	93.8%	98.8%	98.4%	97.4%
Total number of PLWH not informed of status**	26	20	95	17	21	32
<i>Percent of PLWH not informed of status</i>	2.1%	1.6%	6.2%	1.2%	1.6%	2.6%

Source: Houston Health Department funded HIV Testing 2012-2017. Data reflect both routine and non-routine (targeted) HIV tests conducted in the jurisdiction.

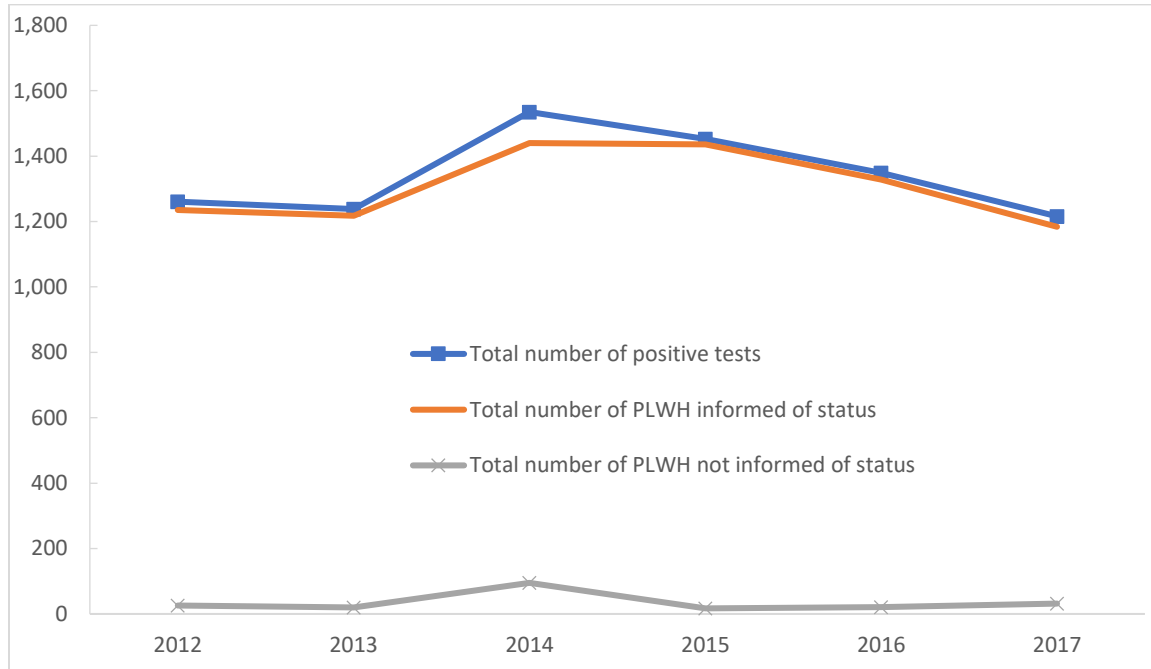
\* Includes people who are both new and previously positive.

\*\* People who only test positive were informed of their status



(Graph 2) In Houston/Harris County, both the numbers of publicly funded HIV positive tests and people living with HIV aware of their positive status increased between 2013 and 2014 and decreased thereafter.

**GRAPH 2- Total Number of Positive HIV Tests and of People Informed of their HIV Positive Status in Houston/Harris County, 2012 to 2017**



Source: Houston Health Department and CDC-Directly funded CBOs in Houston, HIV Testing 2012-2017. Data reflect both routine (non-targeted) and traditional (targeted) HIV tests conducted in the jurisdiction.



Houston EMA

(Table 4) In 2017, 112,581 publicly funded HIV tests were conducted in the Houston EMA in both routine and targeted settings. Of these, 0.3% was new positive test events. Of new positive test events identified in the jurisdiction in 2017, 94% were informed of their positive status while 6% were not informed.

Total number of HIV tests conducted	112,581
Total number of positive tests	1,240
Total number of new positive tests	295
<i>Percent of new positive tests</i>	<i>0.3%</i>
Total number of newly identified informed of status	277
<i>Percent of newly identified informed of status</i>	<i>94%</i>
Total number of newly identified not informed of status	18
<i>Percent of newly identified not informed of status</i>	<i>6%</i>

<sup>a</sup>Source: Texas Department of State Health Services.

<sup>b</sup>Data reflect both routine and targeted HIV tests conducted in the jurisdiction. Routine testing includes systems that do not collect data on results notification; therefore, there will be positive cases for whom it is unknown if they were notified of their status.

(Table 5) In addition to those who have tested for HIV but were not informed of their positive status, others may be living with HIV but unaware of their status because they have not received testing. Federal agencies have developed a mathematical model to estimate the total number of people who are unaware of their positive status from both groups. This model currently estimates the national proportion of undiagnosed HIV to be 14%. Using this national proportion, it is possible to estimate the total number of status unaware people living with HIV in the Houston EMA, and to describe estimated demographic characteristics.

For 2017, an estimated 4,595 people were unaware of their HIV positive status in the EMA. Of these, 75% were estimated to be males by sex at birth, 49% African American, and 57% in the category of male-male sexual contact or MSM, followed by sex with male/sex with female contact at 29%. By age, 45 to 54 year olds had the largest proportion of those unaware of their status at 27%, followed by 35 to 44 year olds at 23%.



<b>TABLE 5- Estimates of Persons Unaware of their HIV Positive Status in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2017<sup>a</sup></b>				
		Number Aware of Status	Number Unaware of Status <sup>b</sup>	Percent of Total Unaware
<b>Total</b>		28,225	4,595	100%
<b>Sex at birth</b>				
	Male	21,178	3,448	75%
	Female	7,047	1,147	25%
<b>Race/Ethnicity</b>				
	White	5,321	866	19%
	African American	13,830	2,251	49%
	Hispanic/Latino	7,926	1,290	28%
	Other	389	63	1%
	Multiracial	759	124	3%
<b>Age</b>				
	0 - 12	60	10	0%
	13 - 24	1,230	200	4%
	25 - 34	5,738	934	20%
	35 - 44	6,632	1,080	23%
	45 - 54	7,649	1,245	27%
	55 - 64	5,186	844	18%
	65+	1,730	282	6%
<b>Risk Category<sup>c</sup></b>				
	Male-male sexual contact (MSM)	16,133	2,626	57%
	People with injection drug use (PWIDU)	2,368	385	8%
	MSM/IDU	1,099	179	4%
	Sex with Male / Sex with Female	8,263	1,345	29%
	Perinatal transmission	343	56	1%
	Adult other risk	18	--	--

<sup>a</sup>Source: DSHS Diagnosed PLWH, as of 12/31/17

<sup>b</sup>Calculated using the Estimated Back Calculation developed by the Centers for Disease Control and Prevention based on a national proportion of undiagnosed HIV of 14% (p) and total local prevalence (N):  $p/(1-p) * N$

<sup>c</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification



## STD Trends

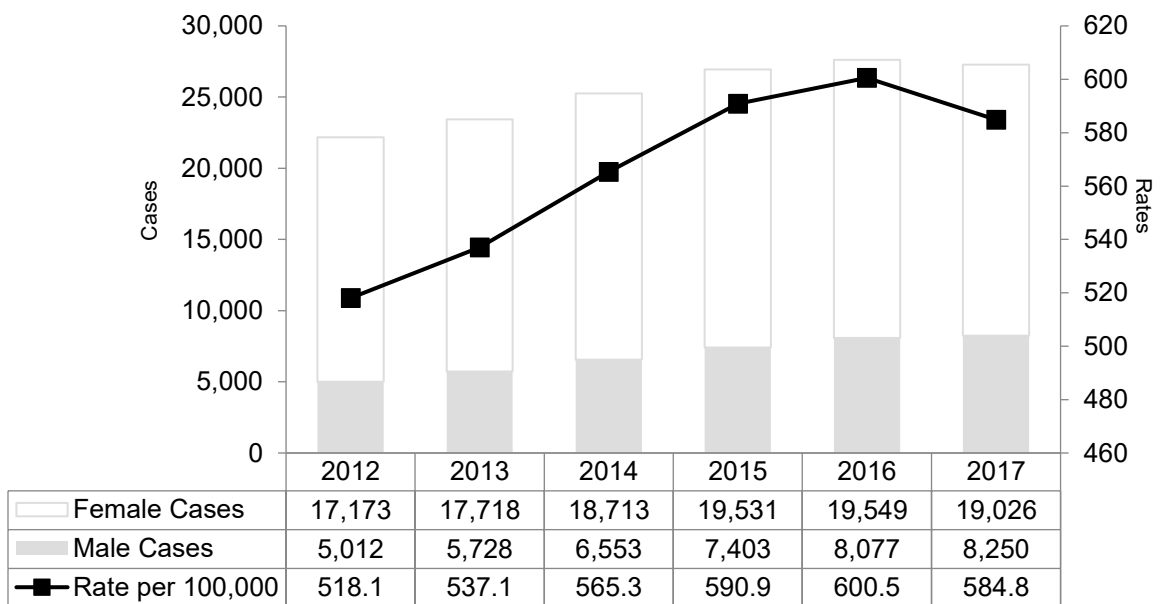
Persons with a sexually transmitted disease (STD) are more likely than persons without a STD to acquire HIV if they are exposed through sexual contact.<sup>2</sup> When a person living with HIV acquires another STD, that individual has a higher likelihood of transmitting HIV.<sup>2</sup> These facts make it important to examine trends in other STDs in order to describe a community’s overall risk for HIV transmission. Data on the three notifiable diseases for which there are federally funded control programs are presented here: Chlamydia, gonorrhea, and syphilis.

<sup>2</sup>Centers for Disease Control and Prevention, “STDs and HIV – CDC Fact Sheet” Last Modified: July 10, 2017. Located at <https://www.cdc.gov/std/hiv/STD-HIV-FS-July-10-2017.pdf>

### Chlamydia

**(Graph 3)** Chlamydia is the most commonly reported notifiable STD in the Houston Area. In 2017, there were 27,384 cases of Chlamydia reported in Houston/Harris County, which is a 1.3% decrease from the prior reporting year. This equates to a rate of 584.8 cases of Chlamydia for every 100,000 people in Houston/Harris County. In 2017, 69.5% of Chlamydia cases occurred among females (at birth), and 30.1% of cases occurred among males (at birth).

**GRAPH 3- Chlamydia Cases and Rates in Houston/Harris County by Sex assigned at birth, 2012 to 2017**



Source: Texas STD\*MIS as of October 2018. Data analyzed by the Houston Health Department. Rate per 100,000 population.

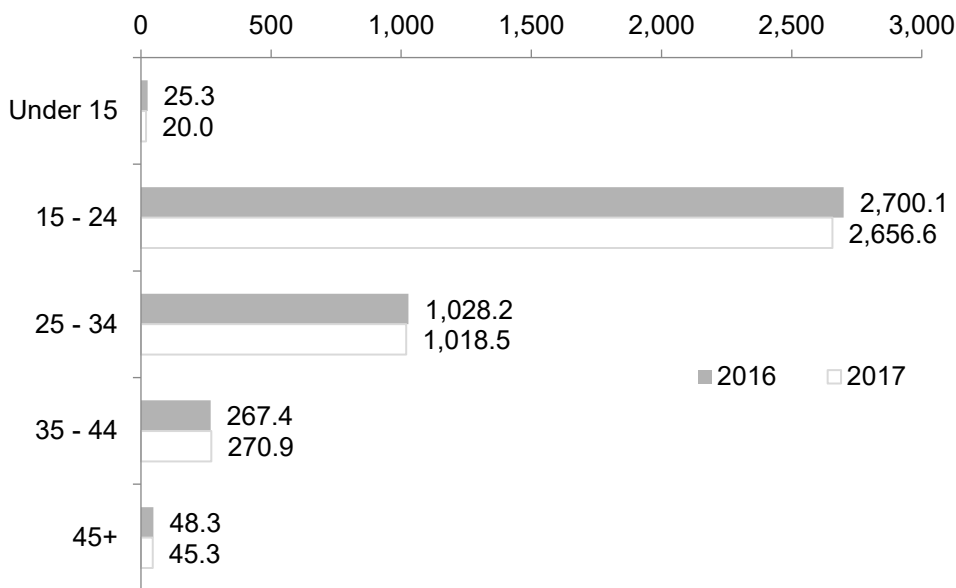
Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau. People with unknown sex are included in rate calculations.



(Graph 4) When analyzed by age, Chlamydia is diagnosed most among young adults. In 2017, the rate of Chlamydia among people ages 15 to 24 was 2,656.6 for every 100,000 people in this age range in Houston/Harris County. This is over two times the rate of the age group with the next highest rate (which is 25 to 34 year olds at 1,018.5 per 100,000). All age groups experienced decreases in their Chlamydia rates between 2016 and 2017 except those between the ages 35 to 44, whose rate increased by 1.3%. The age group with the largest one-year decrease was persons under 15 years old. The Chlamydia rate in this age group decreased by 20.9% between 2016 and 2017.

When analyzed by both sex assigned at birth and age, Chlamydia rates are even higher among adolescent and young adult *females*. In 2017, the rate of Chlamydia among females ages 15 to 19 was 3,624.6 cases for every 100,000 females in this age group in Houston/Harris County, and the rate for females age 20 to 24 was 4,490.4 cases for every 100,000 persons.

**GRAPH 4- Chlamydia Rates in Houston/Harris County by Age, 2016 and 2017**



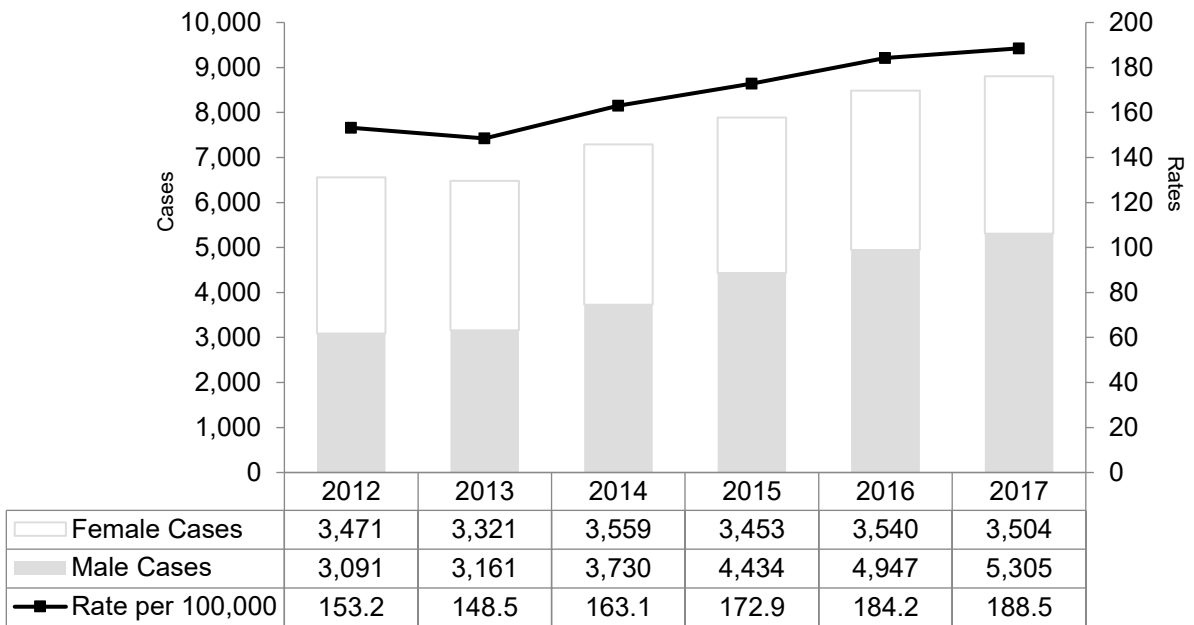
Source: Texas STD\*MIS as of October 2018. Data analyzed by the Houston Health Department. Rate per 100,000 population.  
 Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau



Gonorrhea

(Graph 5) Approximately 6,500 to 8,800 cases of gonorrhea are reported in the Houston Area each year. In 2017, there were 8,827 cases of gonorrhea reported in Houston/Harris County, which is a 3.8% increase from the prior reporting year. Currently, the rate of gonorrhea in Houston/Harris County is 188.5 cases for every 100,000 people in the jurisdiction. Unlike Chlamydia, which was reported primarily among females, gonorrhea cases in 2017 were 39.7% female and 60.1% male.

**GRAPH 5- Gonorrhea Cases and Rates in Houston/Harris County by Sex assigned at birth, 2012 to 2017**



Source: Texas STD\*MIS as of October 2018. Data analyzed by the Houston Health Department. Rate per 100,000 population.

Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau. People with unknown sex are included in rate calculations.

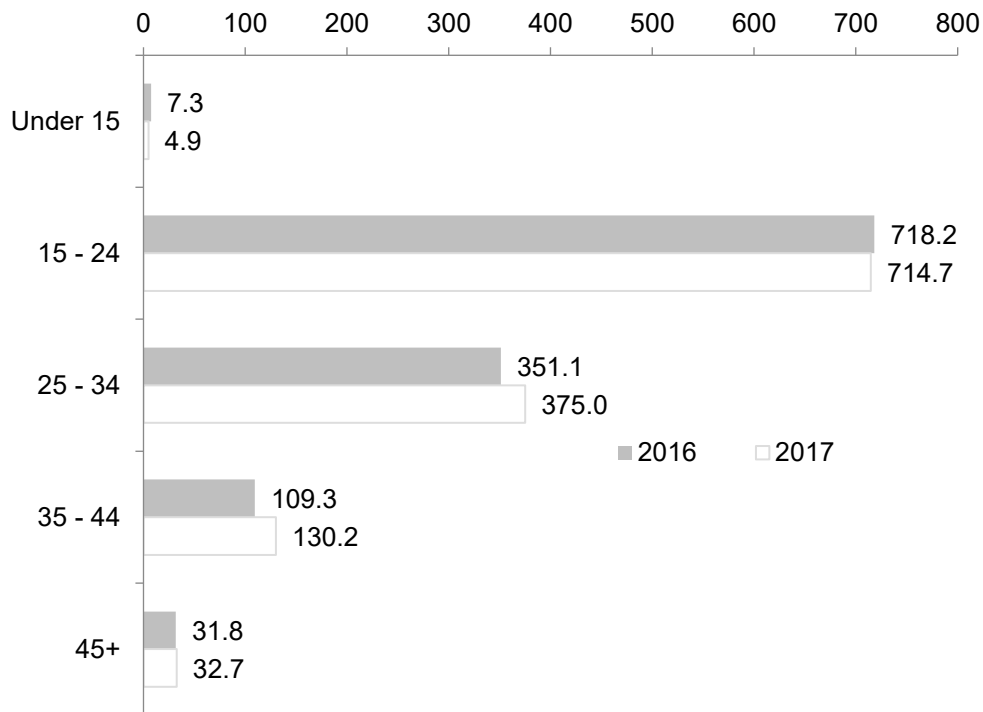




**(Graph 6)** When analyzed by age, gonorrhea is also diagnosed most among adolescents and young adults. In 2017, the rate of gonorrhea among people ages 15 to 24 was 714.7 for every 100,000 people in this age range in Houston/Harris County. This is almost two times the rate of the age group with the next highest rate (which is 25 to 34 year old at 375.0 per 100,000). All age groups experienced increases in their gonorrhea rates between 2016 and 2017 except those under 14 years old and between the ages 15 to 24, whose rate decreased by 32.9% and 0.5%, respectively. The age group with the largest one-year increase was persons ages 35 to 44 whose gonorrhea rate increased by 19.1% between 2016 and 2017.

When analyzed by both sex assigned at birth and age, gonorrhea rates are even higher among adolescent and young adult *females*. In 2017, the rate of gonorrhea among females ages 15 to 19 was 681.9 cases for every 100,000 females in this age group in Houston/Harris County, and the rate for females age 20 to 24 was 786.5 cases for every 100,000 persons.

**GRAPH 6- Gonorrhea Rates in Houston/Harris County by Age, 2016 and 2017**



Source: Texas STD\*MIS as of October 2018. Data analyzed by the Houston Health Department. Rate per 100,000 population.

Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau



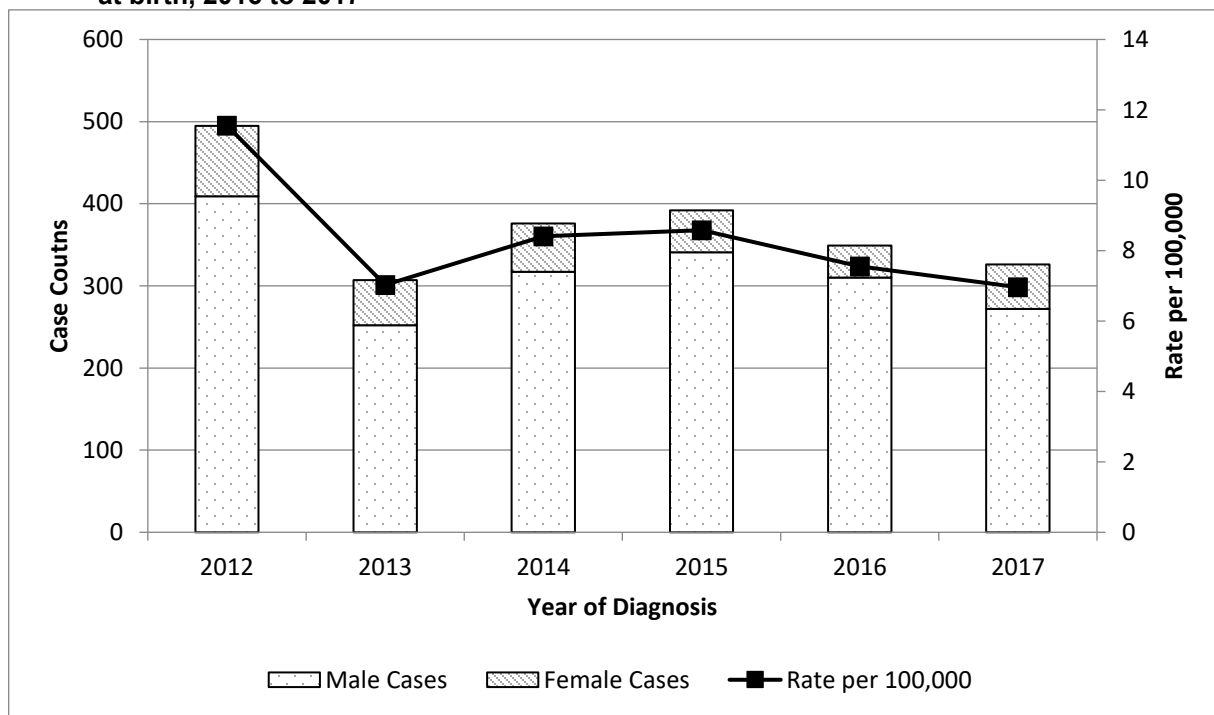
*Infectious Syphilis*

There are four general stages of syphilis: (1) primary, (2) secondary, (3) latent, and (4) tertiary. The primary and secondary stages of syphilis are of most concern epidemiologically as this is when syphilis is communicable, or infectious, to others. Therefore, primary and secondary syphilis, taken together, are commonly referred to as infectious syphilis. Combined data on these two stages of syphilis are described here.

**(Graph 7)** Compared to other notifiable STDs, there are relatively few cases of infectious syphilis in the Houston Area (an average of about 374 cases are reported each year). In 2017, the rate of syphilis was 7.0 cases for every 100,000 people in Houston/Harris County.

Unlike Chlamydia, syphilis occurs most often in males. In 2017, 83.4% of reported syphilis cases were in males, and 16.6% were in females. Currently, the rate of syphilis in males (11.7 per 100,000 males in the Houston/Harris County population) is five times higher than in females (2.3 per 100,000 females in the Houston/Harris County population).

**GRAPH 7- Infectious Syphilis Cases and Rates in Houston/Harris County by Sex assigned at birth, 2016 to 2017**



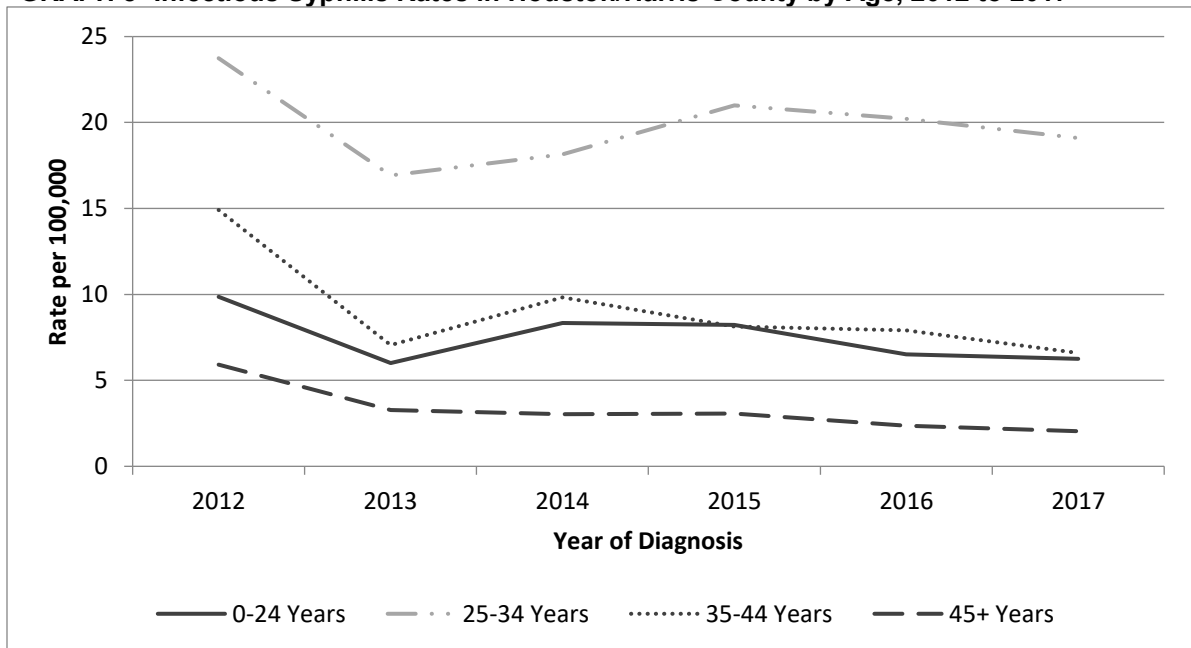
Source: Texas STD\*MIS as of October 2018. Data analyzed by the Houston Health Department. Rate per 100,000 population.  
 Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau  
 People with unknown sex are included in rate calculations.



**(Graph 8)** When analyzed by age, the syphilis rate is highest among young adults as is the case with other notifiable STDs. Since 2015, the syphilis rate among all groups in Houston/Harris County has seen declines. In 2017, the rate of syphilis among people ages 25 to 34 was 19.1 for every 100,000 people in this age range in Houston/Harris County. This is compared to a rate of 6.6 for every 100,000 persons ages 35 to 44 and 2 for every 100,000 persons aged 45 and older.

When analyzed by both sex assigned at birth and age, syphilis rates are highest among young adult *males*. In 2017, the rate of syphilis among males ages 20 to 24 was 34.2 cases for every 100,000 males in this age group in Houston/Harris County compared to 19.8 cases for every 100,000 females age 20 to 24.

**GRAPH 8- Infectious Syphilis Rates in Houston/Harris County by Age, 2012 to 2017**

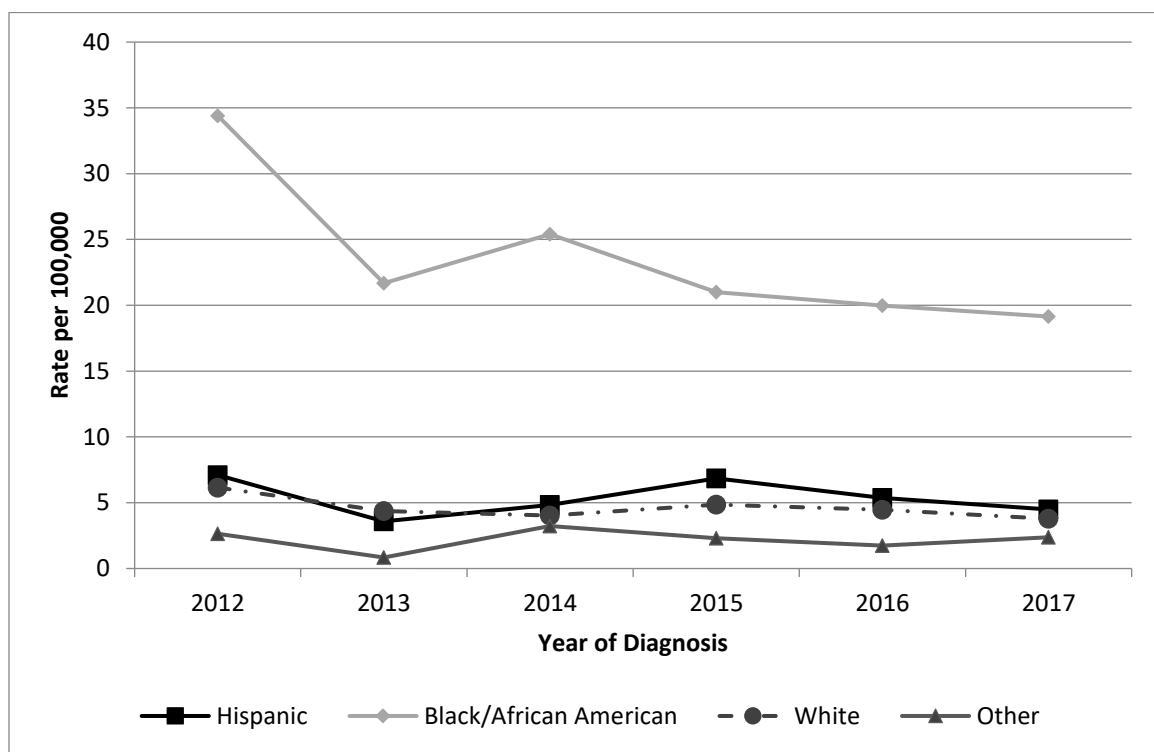


Source: Texas STD\*MIS as of October 2018. Data analyzed by the Houston Health Department. Rate per 100,000 population.  
 Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau



**(Graph 9)** When analyzed by race/ethnicity, syphilis rates in Houston/Harris County are highest among African American/Black persons. In 2017, the rate of syphilis in African Americans was 19.1 cases for every 100,000 African Americans in the jurisdiction. This is 5 times higher than the rate for Whites and for Hispanic/Latinos, which have comparable rates at about 4 cases of syphilis per 100,000 population. In 2012, the rate among African Americans was at its peak at 34.4 cases for every 100,000 African Americans in Houston/Harris County. The overall rate of syphilis among African Americans, Whites and Hispanics declined from 2015 to 2017. Between 2016 and 2017, the rate of syphilis in African Americans decreased by 4.1%; the rates for Whites and Hispanic/Latinos also declined by 15.3% and 16.5%, respectively.

**GRAPH 9- Infectious Syphilis Rates in Houston/Harris County by Race/Ethnicity, 2012 to 2017**



Source: Texas STD\*MIS as of October 2018. Data analyzed by the Houston Health Department. Rate per 100,000 population.  
 Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau





## Chapter 4: HIV Service Utilization in the Houston Area

What are the patterns of service utilization among people living with HIV?

“Achieving elimination will require an infusion of resources to employ strategic practices in the right places targeted to the right people to maximize impact and end the HIV epidemic in America. Key strategies of the initiative include [implementing] programs to increase adherence to HIV medication, help people get back into HIV medical care and research innovative products that will make it easier for patients to access HIV medication.”

⇒ U.S. Department of Health and Human Services, *Ending the HIV Epidemic: A Plan for America* initiative factsheet  
February 2019

Chapter 2 of this document described the populations of people living with HIV in the Houston Area. Chapter 3 described the factors that may make individuals vulnerable to HIV exposure in the Houston Area, including lack of awareness of HIV positive status. The purpose of this chapter is to describe the extent to which status aware individuals are linked to and utilizing HIV medical care, treatment, and supportive services in the Houston Area. This chapter will include a focus on the use of specific HIV services provided through the Ryan White HIV/AIDS Program (RWHAP) as well as the status of the Houston Area HIV Care Continuum

### Initial Linkage to Care

After receiving an HIV diagnosis, initial linkage to an HIV primary medical care and treatment provider is the first stage in a continuum of services for people living with HIV.<sup>1</sup> Linkage within three months of diagnosis is considered the current national standard, with the *National HIV/AIDS Strategy: Updated to 2020* setting a goal of 85% of the newly diagnosed people living with HIV to be linked to HIV medical care within one month of diagnosis by 2020.<sup>2</sup>

<sup>1</sup>Gardner, EM et al. The Spectrum of Engagement in HIV Care and its Relevance to Test-and-Treat Strategies for Prevention of HIV Infection. *HIV/AIDS*, November 21, 2011.

<sup>2</sup>National HIV/AIDS Strategy: Updated to 2020, July 2015.



**(Table 1)** In 2017, 79% of people newly diagnosed with HIV in the state of Texas were linked to HIV primary medical care within three months of their diagnoses. In the Houston Eligible Metropolitan Area (EMA), 80% of people newly diagnosed in 2017 were linked to care within three months. An additional 8% were linked in more than three months, and 12% remained unlinked by the end of 2017, a decrease from 19% unlinked in 2011. While general and targeted efforts have improved linkage to care proportions since 2011 across all groups in the Houston EMA, some specific demographic groups in the Houston EMA still had proportions linked to care within three months of diagnoses that were lower than the EMA as a whole in 2017. Overall, linkage to care percentages in 2017 were lower among Other race/ethnicity groups (69%), adults over age 65 (76%), and people with injection drug use (72%). Of all groups, newly diagnosed individuals from Other race/ethnicity groups had the lowest proportion linked to HIV primary medical care within three months, followed by adults over age 65.



TABLE 1-Percent of New HIV Diagnoses Linked to HIV Care in Texas and in the Houston EMA by Sex, Race/Ethnicity, Age, Risk, and Timeframe, 2017 <sup>a</sup>							
	Texas			Houston EMA			
	Linked ≤ 3 Months	Linked at 4+ Months	Not Linked to Care	Linked ≤ 3 Months	Linked at 4+ Months	Not Linked to Care	
<b>Total</b>	79%	7%	13%	80%	8%	12%	
<b>Sex</b>							
Male	79%	7%	14%	80%	7%	13%	
Female	81%	9%	10%	81%	11%	8%	
<b>Race/Ethnicity</b>							
White	81%	8%	11%	84%	8%	8%	
African American	76%	9%	15%	77%	8%	15%	
Hispanic/Latino	81%	6%	13%	83%	7%	10%	
Other	76%	9%	15%	69%	--	--	
Multiracial	90%	7%	3%	91%	--	--	
<b>Age</b>							
Under 2	--	--	--	--	--	--	
2 - 12	--	--	--	--	--	--	
13 - 24	76%	8%	16%	79%	5%	16%	
25 - 34	80%	7%	13%	78%	9%	13%	
35 - 44	81%	6%	13%	82%	8%	11%	
45 - 54	82%	8%	10%	84%	9%	7%	
55 - 64	81%	8%	11%	86%	--	10%	
65+	78%	11%	11%	76%	--	--	
<b>Risk Category<sup>b</sup></b>							
Male-male sexual contact (MSM)	79%	7%	14%	79%	7%	14%	
People with injection drug use (PWIDU)	78%	7%	15%	72%	13%	15%	
MSM/IDU	78%	9%	14%	83%	--	--	
Sex with male / sex with female	82%	8%	10%	83%	9%	8%	
Perinatal transmission	75%	--	--	100%	--	--	

<sup>a</sup>Source: Texas Department of State Health Services, 2017 Linkage to Care. Released 7/20/18

<sup>b</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

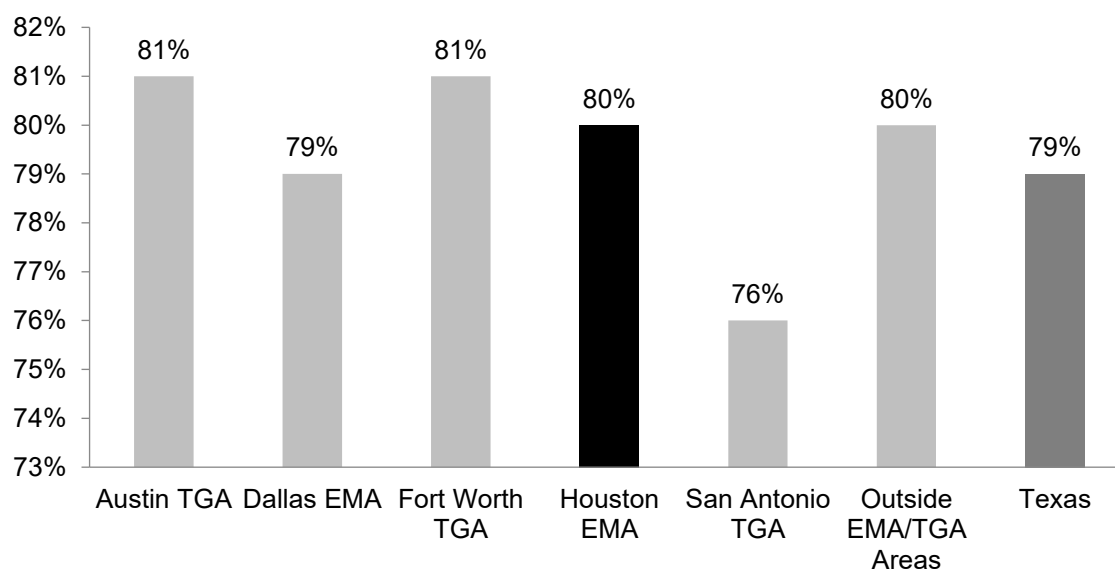


Within demographic groups with lower linkage to care rates than the Houston EMA as a whole (**Table 1**), there were additional *sub-groups* experiencing disproportionately low linkage to care, meaning that the proportion of the sub-group that was linked to care within the federal standard of three months post-diagnosis fell below the proportion for the demographic group as a whole. Groups in the EMA with disproportionately low linkage to care rates are:

- White females (76% linked within 3 months vs. 81% of all females)
- White females (76%) and African American females (79%) with sex with males transmission risk (overall 81% linked within 3 months)
- African American females with injection drug use transmission risk (76% linked within 3 months vs. 77% all females with injection drug use)
- African American males (76% linked with 3 months vs. 80% of all males)
- African American males with male-male sexual contact transmission risk (75% linked with 3 months vs. 79% of all people with male-male sexual contact)
- White males with injection drug use transmission risk (66% linked with 3 months vs. 67% of all people with injection drug use)
- Hispanic/Latino males with combined male-male sexual contact and injection drug use transmission risks (73% linked with 3 months vs. 83% of all people combined male-male sexual contact and injection drug use)

**(Graph 1)** Though the Houston EMA’s linkage to care proportion is higher than for the state of Texas as a whole, other federally designated geographic service areas (i.e., other EMAs or Transitional Grant Areas/TGAs) in the state including the Austin and Fort Worth TGAs exceed the state’s linkage to care proportion.

**GRAPH 1- Percent of Persons Newly Diagnosed with HIV Linked to Care within Three Months of Diagnosis by HRSA Geographic Service Area in Texas, 2017**



Source: Texas Department of State Health Services, 2017 Linkage to Care. Released 7/20/18





## Total Population in HIV Care, or Met Need

The Health Resources and Services Administration (HRSA) has developed a uniform definition for being in care for HIV. According to HRSA, a person with diagnosed HIV with evidence of any of the following in a 12 month period is considered to be in care: (1) an HIV primary medical care visit, (2) a blood test to monitor HIV (either a CD4 count or a viral load test), or (3) a prescription for HIV medication. Often, the term “met need” is used interchangeably with being in care. This is because someone who is in care is considered to have their medical needs for HIV *met*. It is important to note that an individual with “met need” may still experience service gaps or barriers.

In HRSA’s definition, services can be received from any health care system or payer source. Therefore, to be in care according to this definition, a person does not have to receive services from a HRSA-funded program, such as the Ryan White HIV/AIDS Program. Efforts to analyze HIV service utilization strive to include as many different health care systems and payer sources as possible in order to produce the most complete understanding of met need in a geographic area.

**(Table 2)** In the Houston EMA, 75% of people living with HIV in 2011 were in HIV care according to the HRSA definition, up from 73% in 2011. The proportions of each demographic group that comprised the total in-care population were also comparable (within up to 2 ± percentage points difference) to total diagnosed population. When analyzed by demographic group, an average of 76% of people in each group was in care. Lower than average in-care proportions occurred in adults over age 65 (with 69% of those diagnosed also in care), people with perinatal transmission risk (72%), Other race/ethnicity individuals (72%), people with injection drug use transmission risk (72%), adults age 35 to 44 (74%), and African American individuals (74%).



**TABLE 2-Diagnosed People Living with HIV and In HIV Care in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2017**

	All Diagnosed PLWH <sup>a</sup>		PLWH in HIV Care <sup>b</sup>	
	#	%	#	%
<b>Total</b>	28,225	100%	21,273	75%
<b>Sex at Birth</b>				
Male	21,178	75%	15,869	75%
Female	7,047	25%	5,404	25%
<b>Race/Ethnicity</b>				
White	5,321	19%	4,131	19%
African American	13,830	49%	10,278	48%
Hispanic/Latino	7,926	28%	5,937	28%
Other	389	1%	280	1%
Multiracial	759	3%	647	3%
<b>Age</b>				
Under 2	--	--	--	--
2 - 12	58	0.2%	53	0%
13 - 24	1,230	4%	960	5%
25 - 34	5,738	20%	4,339	20%
35 - 44	6,632	23%	4,919	23%
45 - 54	7,649	27%	5,844	27%
55 - 64	5,186	18%	3,967	19%
65+	1,730	6%	1,190	6%
<b>Risk Category<sup>c</sup></b>				
Male-male sexual contact (MSM)	16,133	57%	12,268	58%
People with injection drug use (PWIDU)	2,368	8%	1,714	8%
MSM/PWIDU	1,099	4%	832	4%
Sex with male / sex with female	8,263	29%	6,200	29%
Perinatal transmission	343	1%	246	1%
Adult other risk	18	0%	13	0%

<sup>a</sup>Source: Texas Department of State Health Services. HIV Prevalence as of 12/31/17. Released 8/12/18.

<sup>b</sup>Source: Texas Department of State Health Services, Unmet Need, 2017. Released 7/20/18  
Per HRSA definition. A person with diagnosed HIV has met need if any of the following in a 12 month period in any payer system: (1) an HIV primary medical care visit, (2) a blood test to monitor HIV (either a CD4 count or a viral load test), or (3) a prescription for HIV medication.

<sup>c</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification



## Total Population in the Ryan White HIV/AIDS Program

The Health Resources and Services Administration (HRSA) provides funding for HIV care, treatment, and support services in the Houston Area through the Ryan White HIV/AIDS Program. The program is organized into a series of Parts, each for a specific geographic service area, population, or purpose. The Houston Area receives Part A and Minority AIDS Initiative (MAI) funds (for the jurisdiction of the Houston EMA), Part B (for the AIDS Drug Assistance Program or ADAP and for services to the jurisdiction of the Houston HSDA), Part C (for early intervention services and capacity development and planning activities), and Part D (for services to women, infants, children, and youth living with HIV). The Houston Area also receives funds from the State of Texas called *State Services*, distributed by the Texas Department of State Health Services (DSHS). The overall intent of these funds is to ensure that people living with HIV have access to core medical and support services for the effective management of HIV when no other payer is available. Though HRSA determines which types of services can be supported through the Ryan White HIV/AIDS Program, local communities must select which services will be funded each year in order to meet the needs of the local population.

In 2018, Houston Area Ryan White HIV/AIDS Program funds from Part A, Part B, MAI, and State Services were allocated to the following core medical and support services in order of priority:

- |  |  |
|--|--|
| Primary medical care (including vision care)                 | Medical nutritional therapy  |
| Medical case management (including clinical case management) | Hospice  |
| Local pharmaceutical assistance (non-ADAP)                   | Outreach services to support retention in care   |
| Oral Health  | Emergency pharmacy assistance  |
| Health insurance assistance                                  | Service linkage workers targeting newly diagnosed youth, primary care sites, and testing sites |
| Mental health services                                       | Transportation by van, bus, and gas vouchers   |
| Early intervention services for incarcerated individuals     | Interpretation services (non-English and non-Spanish)  |
| Adult day treatment  |  |
| Outpatient substance abuse treatment                         |  |



**(Table 3)** In 2018, services funded by the Ryan White HIV/AIDS Program Part A, Minority AIDS Initiative (MAI), Part B, and State Services (State of Texas matching funds for HIV care) served a total of 14,579 clients, of whom 75% were male (at birth), 25% were female (at birth), 16% were White, 53% were African American, and 29% were Hispanic/Latino. The five services with the largest volume of clients in 2017 were (1) primary medical care (at 8,874 clients), (2) service linkage for the newly diagnosed at primary medical care sites (at 7,431 clients), (3) medical case management (at 6,083 clients), (4) local pharmaceutical assistance (non-ADAP) (at 4,639 clients), and (5) oral health care services (at 3,590 clients).

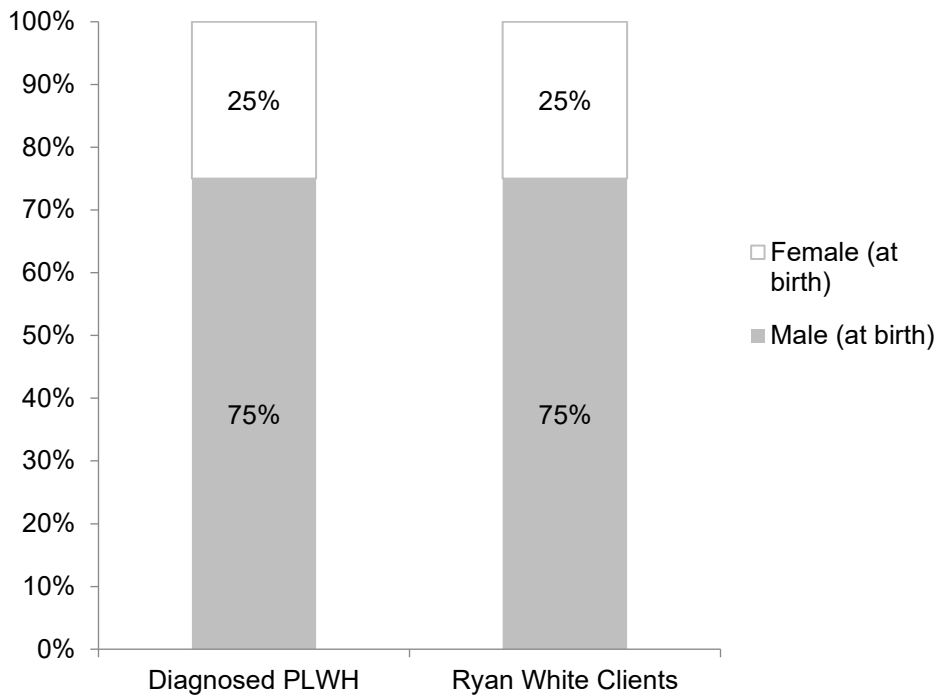
<b>TABLE 3-Number of Clients Served by the Ryan White HIV/AIDS Program Part A, B, MAI, and State Services in the Houston EMA/HSDA by Service Category, Sex at Birth, and Race/Ethnicity, 2018</b>							
Service	Total Number Served	Percent by Sex		Percent by Race/Ethnicity			
		Male	Female	White	African American	Hispanic / Latino	Other
Total All Services/All Clients	14,579	75%	25%	16%	53%	29%	2%
Primary medical care	8,874	75%	25%	13%	50%	35%	2%
Vision care	2,565	75%	25%	16%	48%	35%	1%
Medical case management	6,083	73%	27%	14%	55%	28%	3%
Clinical case management	1,149	73%	27%	19%	62%	18%	1%
LPAP	4,639	77%	23%	15%	48%	35%	2%
Oral health	3,590	73%	27%	16%	53%	30%	1%
Health insurance assistance	2,203	81%	19%	26%	44%	27%	3%
Mental health counseling	217	90%	10%	47%	34%	18%	1%
Early intervention services	789	85%	15%	16%	70%	13%	1%
Adult day treatment	38	71%	26%	11%	55%	34%	0%
Substance abuse treatment	28	96%	4%	50%	25%	21%	4%
Medical nutritional therapy	476	79%	21%	21%	40%	35%	4%
Hospice	46	83%	17%	20%	57%	24%	0%
Outreach services	1,016	76%	24%	13%	5%	27%	2%
Pharmacy assistance	621	75%	25%	8%	50%	39%	3%
Service linkage, general	7,431	73%	27%	12%	57%	29%	2%
Service linkage, testing	180	71%	29%	5%	67%	25%	3%
Transportation by van	863	66%	34%	17%	58%	22%	3%
Transportation by bus	2,291	72%	28%	12%	70%	17%	1%
Translation services	50	58%	42%	2%	54%	6%	38%

Source: Ryan White Grant Administration and The Resource Group. All Services/All Grants. Presented 4/11/19



**(Graph 2)** The distribution of the population served by the Ryan White HIV/AIDS Program Part A, Minority AIDS Initiative (MAI), Part B, and State Services in 2018 closely mirrors the distribution of the total population of people living with HIV in the Houston EMA. In 2018, the program served a client population of 75% male by sex at birth and 25% female by sex at birth, the same composition by sex at birth as the EMA.

**GRAPH 2-Comparison of Total Population Living with HIV<sup>a</sup> in the Houston EMA to the Population Served in the Ryan White HIV/AIDS Program<sup>b</sup> by Sex at Birth, 2018**



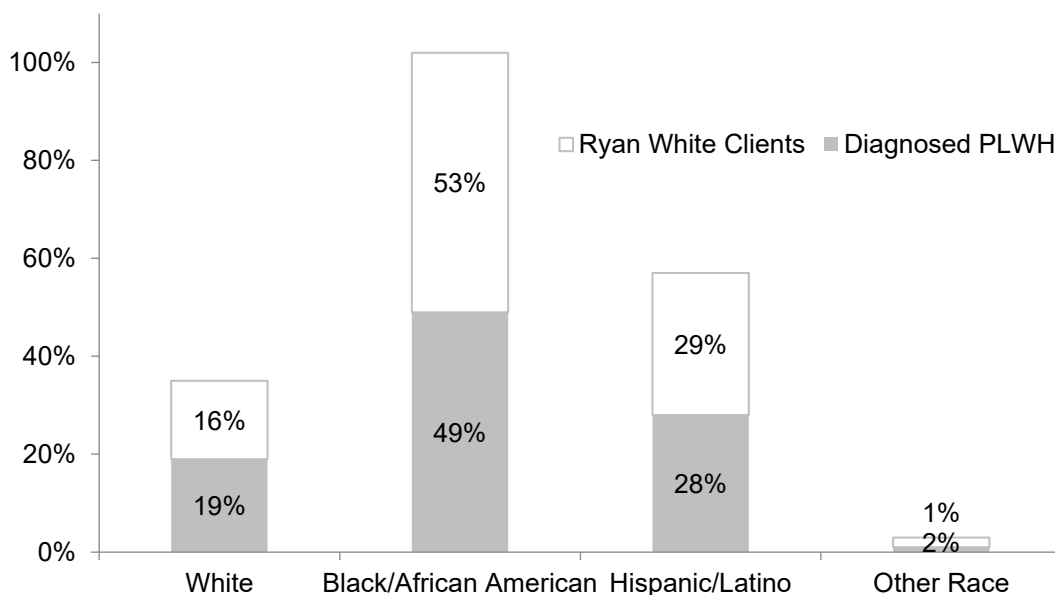
<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17.

<sup>b</sup> Ryan White Grant Administration and The Resource Group. All Services/All Grants. Presented 4/11/19



(Graph 3) The program also served 4% more African American, 1% more Hispanic/Latino, and 3% fewer White individuals living with HIV in 2018 than are represented in the HIV-diagnosed population as a whole.

**GRAPH 3-Comparison of Total Population Living with HIV<sup>a</sup> in the Houston EMA to the Population Served in the Ryan White HIV/AIDS Program<sup>b</sup> by Race/Ethnicity, 2018**



<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17.

<sup>b</sup> Ryan White Grant Administration and The Resource Group. All Services/All Grants. Presented 4/11/19

### Detail of Selected Ryan White HIV/AIDS Program Service Categories

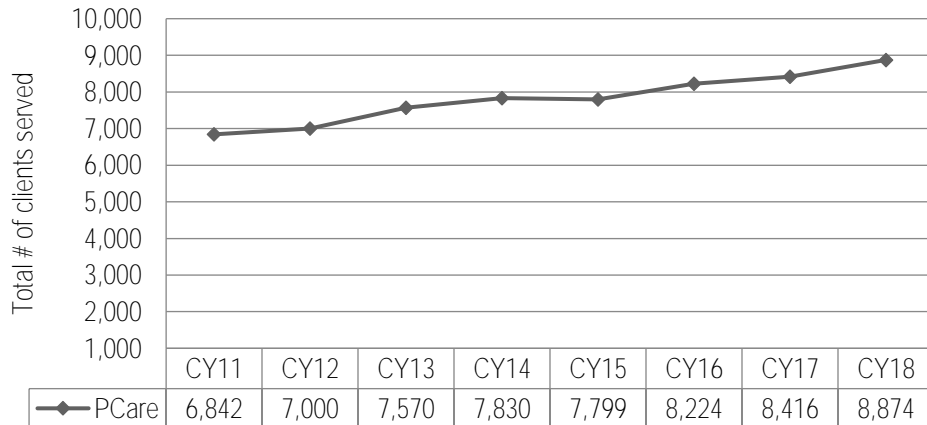
The Ryan White HIV/AIDS Program Part A, Minority AIDS Initiative (MAI), Part B, and State Services (matching funds from the State of Texas) funds can support HIV care for people residing in the Houston Area geographic service designations across a range of service categories. These funds support HIV care including services that produce medical outcomes related to HIV (i.e., core medical services) and those that directly link individuals to medical outcomes (i.e. support services). At least 75% of Ryan White funds must be spent on core medical services, and no more than 25% on supportive services. This section provides details about service utilization for six selected core medical services currently funded by the program in the Houston EMA. Utilization data for select service categories below differs from the final total population data reported above, as these data reference Centralized Patient Care Data Management System (CPCDMS) reports run in early April 2019, before final closeout data for FY2018 were available.



Primary Care

(Graph 4) Between 2011 to 2018, the number of clients receiving HIV primary care through the Ryan White HIV/AIDS Program in the Houston EMA increased by 30%, or 2,032 clients. This was an average increase of 290 new clients each year.

**GRAPH 4-Total Number of Persons Receiving Primary Care through the Ryan White HIV/AIDS Program in the Houston EMA, from 2011 to 2018**



Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2011 - December 31, 2018.

(Table 4) In 2018, 7,746 unduplicated clients received HIV primary care through the Ryan White HIV/AIDS Program in the Houston EMA. Of these, 75% were male at birth, 25% were female at birth, 12% were White, 49% were African American, 37% were Hispanic/Latino, 6% were under age 24, 81% were between ages 25 and 54, and 12% were age 55 and up. Comparison of client proportions of the total number of people living with HIV in the Houston EMA in 2017 yield higher and lower than expected proportions of populations using HIV primary care. Utilization of Ryan White HIV primary care was higher than expected among Hispanic/Latino individuals (by 9%), and individuals ages 25 to 34 and 35 to 44 (by 10% and 5%, respectively). Populations under-represented were White individuals (by 7%) and individuals 55 to 64 and age 65 and over (by 3% and 7% respectively). Due to differences in data calculation methodology, reported risk cannot be compared.



**TABLE 4—People Living with HIV<sup>a</sup> and Receiving Primary Care<sup>b</sup> through the Ryan White HIV/AIDS Program (RW) in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2018**

	All Diagnosed PLWH		In RW Primary Care	
	Number	%	Number	%
<b>Total</b>	28,225	100%	7,746	100%
<b>Sex at Birth</b>				
Male	21,178	75%	5,834	75%
Female	7,047	25%	1,912	25%
<b>Race/Ethnicity</b>				
White	5,321	19%	962	12%
African American	13,830	49%	3,779	49%
Hispanic/Latino	7,926	28%	2,840	37%
Other	389	1%	126	2%
Multiracial	759	3%	39	1%
<b>Age</b>				
0 - 12	60	0%	--	--
13 - 24	1,230	4%	457	6%
25 - 34	5,738	20%	2,331	30%
35 - 44	6,632	23%	2,130	27%
45 - 54	7,649	27%	1,885	24%
55 - 64	5,186	18%	860	11%
65+	1,730	6%	82	1%
<b>Risk Category<sup>c</sup></b>				
Male-male sexual contact (MSM)	16,133	57%	3,177	41%
People with injection drug use (PWIDU)	2,368	8%	94	1%
MSM/IDU	1,099	4%	20	0%
Sex with male / Sex with female	8,263	29%	2,836	37%
Perinatal transmission	343	1%	68	1%
Adult other risk	18	0%	1,551	20%

<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17

<sup>b</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018

<sup>c</sup>For living cases, those with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification. This is not the case for RW primary care clients. Therefore, data on risk composition should not be used comparatively.





(Table 5) Of clients served for HIV primary care in 2018 by the Ryan White HIV/AIDS Program, the majority were Houston/Harris County residents (91%). In addition, 22% were monolingual Spanish speakers (up from 17% in 2011), 16% were homeless (up from 6% in 2011), 2% were transgender, and 3% had either active substance abuse or an active psychiatric illness.

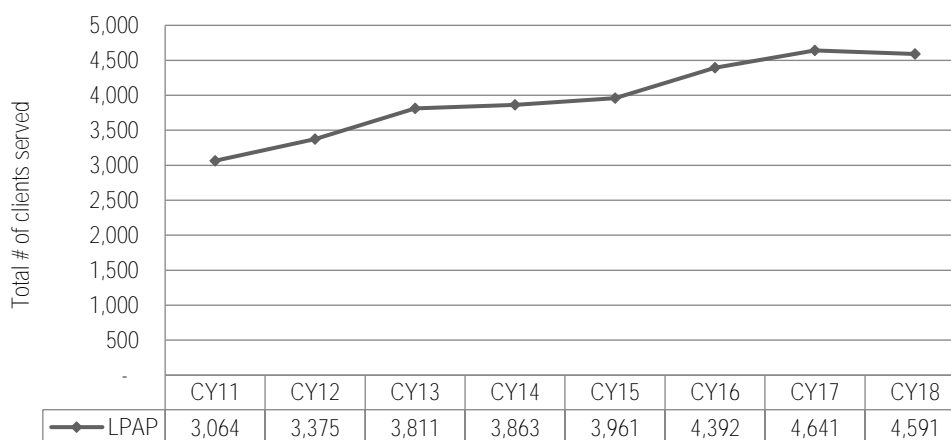
TABLE 5-Selected Subpopulations of People Receiving Primary Care through the Ryan White HIV/AIDS Program (RW) in the Houston EMA, 2018		
	Number	%
<b>Total Unduplicated Clients</b>	7,746	100%
Monolingual Spanish	1,722	22%
Homeless	1,278	16%
Transgender	128	2%
Houston/Harris County residents	7,053	91%
Non-Houston/Harris County residents	693	9%
Active substance abuse	75	1%
Active psychiatric illness	178	2%

Source: Harris County Public Health Services, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018

*Local Pharmacy Assistance Program (LPAP)*

(Graph 5) Between 2011 to 2018, the number of clients receiving the local pharmacy assistance program (LPAP) through the Ryan White HIV/AIDS Program in the Houston EMA increased by 50%, or 1,527 clients. This was an average increase of 218 new clients each year.

**GRAPH 5-Total Number of Persons Served in the Local Pharmacy Assistance Program (LPAP) in the Houston EMA, from 2011 to 2018**



Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2011 - December 31, 2018.



**(Table 6)** In 2018, 5,457 unduplicated clients received LPAP in the Houston EMA. Of these, 77% were male, 23% were female, 15% were White, 47% were African American, 35% were Hispanic/Latino, 5% were under age 24, 30% were age 25 to 34, and 12% were age 55 and over. Comparison of client proportions of the total number of people living with HIV in the Houston EMA in 2017 yield higher and lower than expected proportions of populations using LPAP. Utilization of Ryan White LPAP was higher than expected among males (by 2%), Hispanic/Latino individuals (by 7%), and individuals ages 25 to 34 and 35 to 44 (by 10% and 5%, respectively). Populations under-represented were females (by 2%), White individuals (by 4%), multiracial individuals (by 3%), and individuals ages 45 to 54, 55 to 64, 65 and over (by 2%, 7%, and 5% respectively). Due to differences in data calculation methodology, reported risk cannot be compared.



<b>TABLE 6-People Living with HIV<sup>a</sup> and Receiving Local Pharmacy Assistance Program (LPAP)<sup>b</sup> through the Ryan White HIV/AIDS Program (RW) in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2018</b>					
		All Diagnosed PLWH		RW LPAP Clients	
		Number	%	Number	%
<b>Total</b>		28,225	100%	4,591	100%
<b>Sex at Birth</b>					
	Male	21,178	75%	3,540	77%
	Female	7,047	25%	1,051	23%
<b>Race/Ethnicity</b>					
	White	5,321	19%	692	15%
	African American	13,830	49%	2,219	48%
	Hispanic/Latino	7,926	28%	1,589	35%
	Other	389	1%	70	2%
	Multiracial	759	3%	21	0%
<b>Age</b>					
	0 - 12	60	0%	--	--
	13 - 24	1,230	4%	244	5%
	25 - 34	5,738	20%	1,379	30%
	35 - 44	6,632	23%	1,284	28%
	45 - 54	7,649	27%	1,134	25%
	55 - 64	5,186	18%	491	11%
	65+	1,730	6%	59	1%
<b>Risk Category<sup>c</sup></b>					
	Male-male sexual contact (MSM)	16,133	57%	2,043	45%
	People with injection drug use (PWIDU)	2,368	8%	62	1%
	MSM/IDU	1,099	4%	11	0%
	Sex with Male / Sex with Female	8,263	29%	1,471	32%
	Perinatal transmission	343	1%	40	1%
	Adult other risk	18	0%	964	21%

<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17

<sup>b</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018

<sup>c</sup>For living cases, those with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification. This is not the case for RW primary care clients. Therefore, data on risk composition should not be used comparatively.



(Table 7) Of clients receiving LPAP in 2018 by the Ryan White HIV/AIDS Program, the majority were Houston/Harris County residents (89%). In addition, 18% were monolingual Spanish speakers, 19% were homeless, 2% were transgender, and 4% had either active substance abuse or an active psychiatric illness.

<b>TABLE 7-Selected Subpopulations of People Receiving LPAP through the Ryan White HIV/AIDS Program (RW) in the Houston EMA, 2018</b>		
	Number	%
<b>Total Unduplicated Clients</b>	4,591	100%
Monolingual Spanish	843	18%
Homeless	855	19%
Transgender	102	2%
Houston/Harris County residents	4,102	89%
Non-Houston/Harris County residents	489	11%
Active substance abuse	39	1%
Active psychiatric illness	121	3%

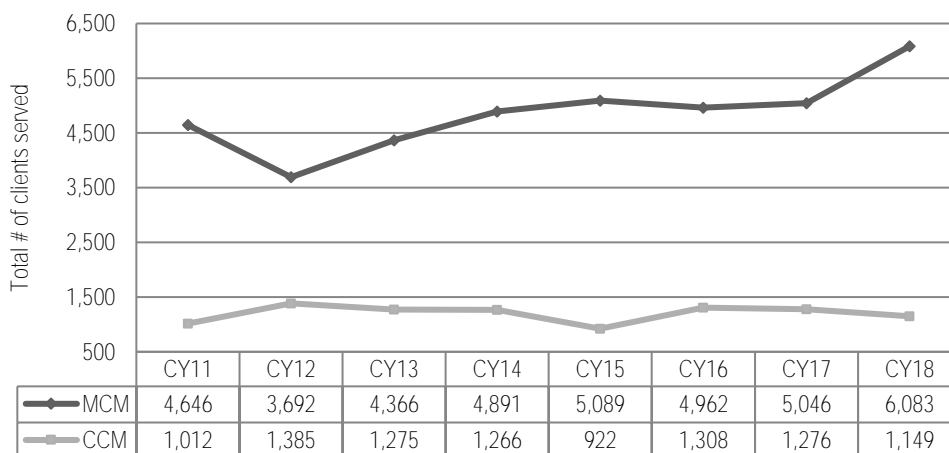
Source: Harris County Public Health Services, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018



*Clinical/Medical Case Management*

**(Graph 6)** Between 2011 to 2018, the number of clients receiving case management through the Ryan White HIV/AIDS Program in the Houston EMA increased by 12%, or 664 clients. This was an average increase of 95 new clients each year across both service categories. The number of clients receiving clinical case management (CCM) increased by 26%, or 264 clients. The number of client receiving medical case management (MCM) increased by 7%, or 400 clients.

**GRAPH 6-Total Number of Persons Receiving Case Management through the Ryan White HIV/AIDS Program in the Houston EMA, from 2011 to 2018**



Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2011 - December 31, 2018.

**(Table 8)** In 2018, 6,689 unduplicated clients received case management through the Ryan White HIV/AIDS Program in the Houston EMA. Of these, 74% were male, 26% were female, 15% were White, 56% were African American, 27% were Hispanic/Latino, 9% were under age 24, 28% were age 25 to 34, and 17% were age 55 and over. Comparison of client proportions of the total number of people living with HIV in the Houston EMA in 2017 yield higher and lower than expected proportions of populations using case management. Utilization of Ryan White case management was higher than expected among African American individuals (by 7%), individuals ages 13 to 24 (by 4%), and individuals age 25 to 34 (by 8%). Populations under-represented were White individuals (by 4%), multiracial individuals (by 2%), and individuals ages 45 to 54, 55 to 64, 65 and over (by 5%, 4%, and 3% respectively). Due to differences in data calculation methodology, reported risk cannot be compared.



<b>TABLE 8-People Living with HIV<sup>a</sup> and Case Management<sup>b</sup> through the Ryan White HIV/AIDS Program (RW) in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2018</b>				
	All Diagnosed PLWH		RW Case Management Clients	
	Number	%	Number	%
<b>Total</b>	28,225	100%	6,689	100%
<b>Sex at Birth</b>				
Male	21,178	75%	4,953	74%
Female	7,047	25%	1,736	26%
<b>Race/Ethnicity</b>				
White	5,321	19%	1,006	15%
African American	13,830	49%	3,754	56%
Hispanic/Latino	7,926	28%	1,795	27%
Other	389	1%	93	1%
Multiracial	759	3%	41	1%
<b>Age</b>				
0 - 12	60	0%	65	1%
13 - 24	1,230	4%	527	8%
25 - 34	5,738	20%	1,893	28%
35 - 44	6,632	23%	1,576	24%
45 - 54	7,649	27%	1,486	22%
55 - 64	5,186	18%	936	14%
65+	1,730	6%	206	3%
<b>Risk Category<sup>c</sup></b>				
Male-male sexual contact (MSM)	16,133	57%	2,800	42%
People with injection drug use (PWIDU)	2,368	8%	102	2%
MSM/IDU	1,099	4%	16	0%
Sex with Male / Sex with Female	8,263	29%	2,442	37%
Perinatal transmission	343	1%	146	2%
Adult other risk	18	0%	1,183	18%

<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17

<sup>b</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018. Included both clinical case management and medical case management.

<sup>c</sup>For living cases, those with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification. This is not the case for RW clients. Therefore, data on risk composition should not be used comparatively.



**(Table 9)** Of clients who received case management in 2018 through the Ryan White HIV/AIDS Program, the majority were Houston/Harris County residents (88%). In addition, 13% were monolingual Spanish speakers, 16% were homeless, 2% were transgender, and 6% had either active substance abuse or an active psychiatric illness.

<b>TABLE 9-Selected Subpopulations of People Receiving Case Management through the Ryan White HIV/AIDS Program (RW) in the Houston EMA, 2018</b>		
	Number	%
<b>Total Unduplicated Clients</b>	6,689	100%
Monolingual Spanish	866	13%
Homeless	1,103	16%
Transgender	108	2%
Houston/Harris County residents	5,880	88%
Non-Houston/Harris County residents	809	12%
Active substance abuse	95	1%
Active psychiatric illness	309	5%

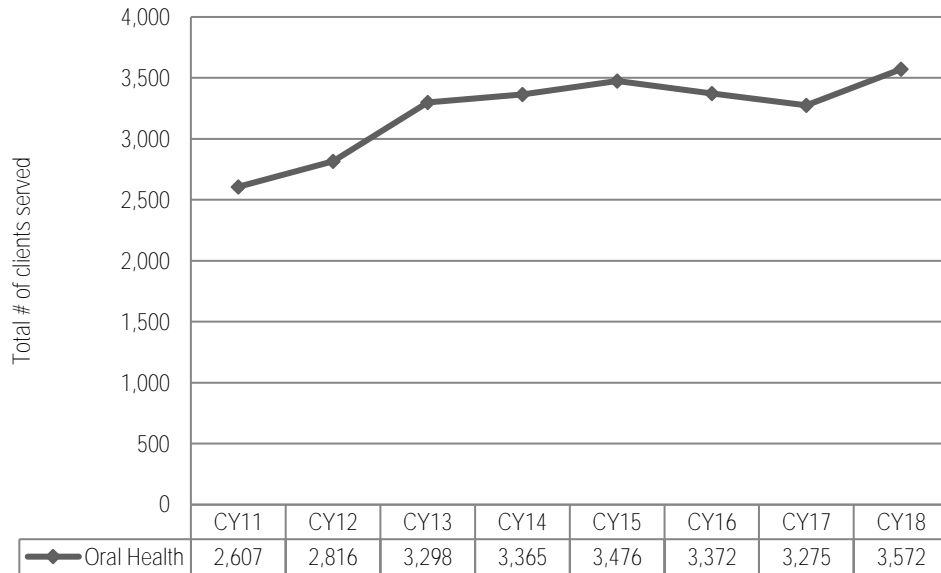
Source: Harris County Public Health Services, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018



Oral Health

(Graph 7) Between 2011 to 2018, the number of clients receiving oral health care through the Ryan White HIV/AIDS Program in the Houston EMA increased by 37%, or 965 clients. This was an average increase of 134 new clients each year

**GRAPH 7-Total Number of Persons Receiving Oral Health Care through the Ryan White HIV/AIDS Program in the Houston EMA, from 2011 to 2018**



Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2011 - December 31, 2018.

(Table 10) In 2018, 3,572 unduplicated clients received oral health care through the Ryan White HIV/AIDS Program in the Houston EMA. Of these, 73% were male, 27% were female, 16% were White (down from 27% in 2011), 53% were African American (up from 44% in 2011), 30% were Hispanic/Latino (up from 27% in 2011), 3% were under age 24, 28% were age 45 to 54, and 29% were age 55 and over. Utilization of Ryan White oral health care was higher than expected among females (by 2%), African American individuals (by 4%), Hispanic/Latino individuals (by 2%), and individuals ages 55 to 64 (by 5%). Populations under-represented were males (by 2%) White individuals (by 4%), multiracial individuals (by 3%), and individuals ages 25 to 34 (by 2%). Due to differences in data calculation methodology, reported risk cannot be compared.





<b>TABLE 10-People Living with HIV<sup>a</sup> and Oral Health Care<sup>b</sup> through the Ryan White HIV/AIDS Program (RW) in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2018</b>					
		All Diagnosed PLWH		RW Oral Health Care Clients	
		Number	%	Number	%
<b>Total</b>		28,225	100%	3,572	100%
<b>Sex at Birth</b>					
	Male	21,178	75%	2,608	73%
	Female	7,047	25%	964	27%
<b>Race/Ethnicity</b>					
	White	5,321	19%	555	16%
	African American	13,830	49%	1,876	53%
	Hispanic/Latino	7,926	28%	1,077	30%
	Other	389	1%	48	1%
	Multiracial	759	3%	16	0%
<b>Age</b>					
	0 - 12	60	0%	--	--
	13 - 24	1,230	4%	99	3%
	25 - 34	5,738	20%	633	18%
	35 - 44	6,632	23%	781	22%
	45 - 54	7,649	27%	1,009	28%
	55 - 64	5,186	18%	826	23%
	65+	1,730	6%	221	6%
<b>Risk Category<sup>c</sup></b>					
	Male-male sexual contact (MSM)	16,133	57%	1,345	38%
	People with injection drug use (PWIDU)	2,368	8%	50	1%
	MSM/IDU	1,099	4%	9	0%
	Sex with Male / Sex with Female	8,263	29%	1,212	34%
	Perinatal transmission	343	1%	24	1%
	Adult other risk	18	0%	932	26%

<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17

<sup>b</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018.

<sup>c</sup>For living cases, those with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification. This is not the case for RW clients. Therefore, data on risk composition should not be used comparatively.



(Table 11) Of clients who received oral health care in 2018 through the Ryan White HIV/AIDS Program, the majority were Houston/Harris County residents (90%). In addition, 18% were monolingual Spanish speakers (up from 13% in 2011), 12% were homeless (up from 4% in 2011), 2% were transgender, and 6% had either active substance abuse or an active psychiatric illness.

<b>TABLE 11-Selected Subpopulations of People Receiving Oral Health Care through the Ryan White HIV/AIDS Program (RW) in the Houston EMA, 2018</b>		
	Number	%
<b>Total Unduplicated Clients</b>	3,572	100%
Monolingual Spanish	649	18%
Homeless	427	12%
Transgender	55	2%
Houston/Harris County residents	3,223	90%
Non-Houston/Harris County residents	349	10%
Active substance abuse	32	1%
Active psychiatric illness	166	5%

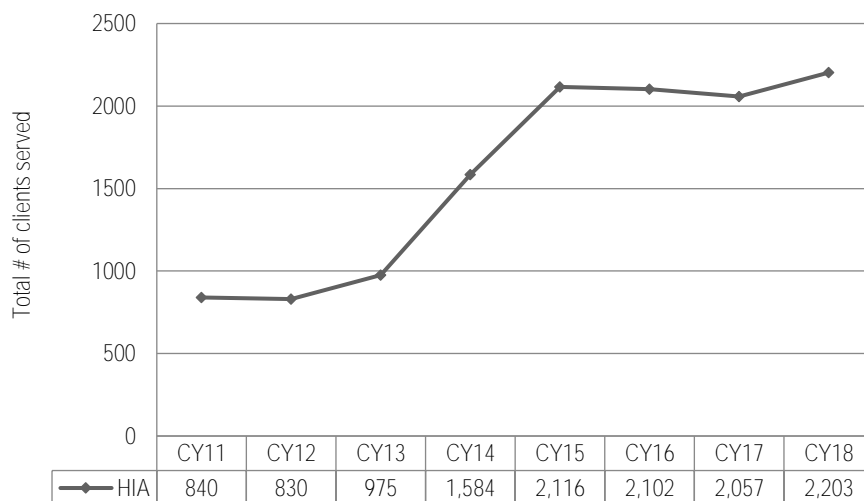
Source: Harris County Public Health Services, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018- December 31, 2018



*Health Insurance Assistance*

**(Graph 8)** Between 2011 to 2018, the number of clients receiving oral health care through the Ryan White HIV/AIDS Program in the Houston EMA increased by 162%, or 1,363 clients. This was an average increase of 194 new clients each year.

**GRAPH 8-Total Number of Persons Receiving Health Insurance Assistance through the Ryan White HIV/AIDS Program in the Houston EMA, from 2011 to 2019**



Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2011 - December 31, 2018.

**(Table 12)** In 2018, 2,202 unduplicated clients received health insurance assistance through the Ryan White HIV/AIDS Program in the Houston EMA. Of these, 81% were male, 19% were female, 26% were White (down from 38% in 2011), 44% were African American, 27% were Hispanic/Latino (up from 17% in 2011), 2% were under the age of 24, 29% were ages 45 to 54, and 31% were age 55 and over. Utilization of Ryan White health insurance assistance was higher than expected among males (by 6%), White individuals (by 7%), individuals from the Other race/ethnicity category (by 2%), and individuals ages 45 to 54 and 55 to 64 (by 2% and 6%, respectively). Due to differences in data calculation methodology, reported risk cannot be compared.



**TABLE 12—People Living with HIV<sup>a</sup> and Health Insurance Assistance<sup>b</sup> through the Ryan White HIV/AIDS Program (RW) in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2018**

	All Diagnosed PLWH		RW HIA Clients	
	Number	%	Number	%
<b>Total</b>	28,225	100%	2,202	100%
<b>Sex at Birth</b>				
Male	21,178	75%	1,773	81%
Female	7,047	25%	429	19%
<b>Race/Ethnicity</b>				
White	5,321	19%	569	26%
African American	13,830	49%	978	44%
Hispanic/Latino	7,926	28%	588	27%
Other	389	1%	67	3%
Multiracial	759	3%	14	1%
<b>Age</b>				
0 - 12	60	0%	--	--
13 - 24	1,230	4%	45	2%
25 - 34	5,738	20%	390	18%
35 - 44	6,632	23%	439	20%
45 - 54	7,649	27%	636	29%
55 - 64	5,186	18%	528	24%
65+	1,730	6%	163	7%
<b>Risk Category<sup>c</sup></b>				
Male-male sexual contact (MSM)	16,133	57%	975	44%
People with injection drug use (PWIDU)	2,368	8%	20	1%
MSM/IDU	1,099	4%	6	0%
Sex with Male / Sex with Female	8,263	29%	538	24%
Perinatal transmission	343	1%	13	1%
Adult other risk	18	0%	650	30%

<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17

<sup>b</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018.

<sup>c</sup>For living cases, those with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification. This is not the case for RW clients. Therefore, data on risk composition should not be used comparatively.



**(Table 13)** Of clients who received health insurance assistance in 2018 through the Ryan White HIV/AIDS Program, the majority were Houston/Harris County residents (88%). In addition, 9% were monolingual Spanish speakers (up from 4% in 2011), 10% were homeless (up from 4% in 2011), 0.5% were transgender, and 3% had either active substance abuse or an active psychiatric illness.

<b>TABLE 13-Selected Subpopulations of People Receiving Health Insurance Assistance through the Ryan White HIV/AIDS Program (RW) in the Houston EMA, 2018</b>		
	Number	%
<b>Total Unduplicated Clients</b>	2,202	100%
Monolingual Spanish	189	9%
Homeless	222	10%
Transgender	11	0.5%
Houston/Harris County residents	1,937	88%
Non-Houston/Harris County residents	265	12%
Active substance abuse	8	0%
Active psychiatric illness	61	3%

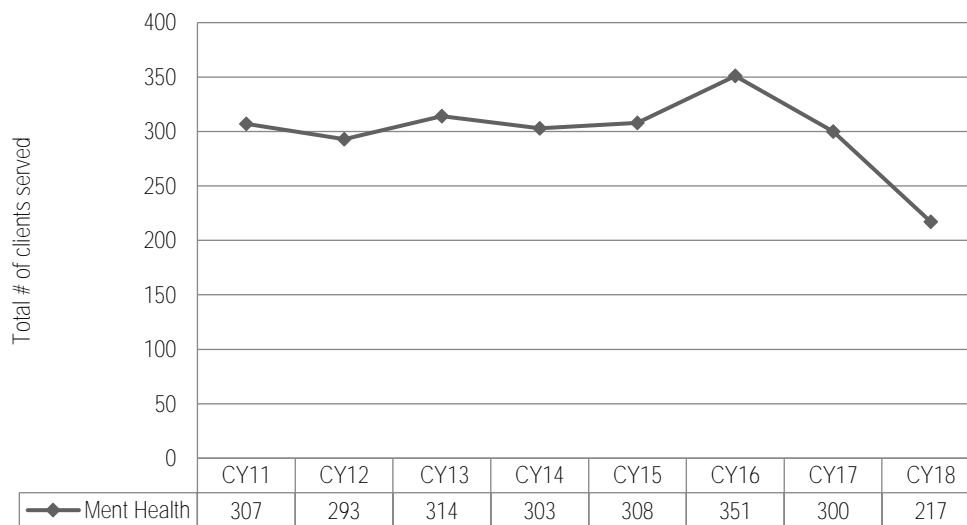
Source: Harris County Public Health Services, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018



*Mental Health Services*

**(Graph 9)** Between 2011 to 2018, the number of clients receiving mental health services through the Ryan White HIV/AIDS Program in the Houston EMA decreased by 29%, or 90 clients, following an increase to 351 clients served in 2016. Since the 2016 increase, the average decrease was by 67 new clients each year.

**GRAPH 9-Total Number of Persons Receiving Mental Health Services through the Ryan White HIV/AIDS Program in the Houston EMA, from 2011 to 2018**



Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2011 - December 31, 2018.

**(Table 14)** In 2018, 317 unduplicated clients received mental health services through the Ryan White HIV/AIDS Program in the Houston EMA. Of these, 90% were male (up from 88% in 2011), 10% were female (down from 13% in 2011), 47% were White, 34% were African American (up from 31% in 2011), 18% were Hispanic/Latino, 34% were under 25 to 44, 59% were 44 to 65, and 6% were age 65 and over. Utilization of Ryan White mental health services was higher than expected among males (by 15%), White individuals (by 28%), and individuals ages 25 to 44 and 45 to 64 (by 14% and 36%, respectively). Reported risk and subpopulations were not captured in the source material.



<b>TABLE 14-People Living with HIV<sup>a</sup> and Mental Health Services<sup>b</sup> through the Ryan White HIV/AIDS Program (RW) in the Houston EMA by Sex at Birth, Race/Ethnicity, Age, and Risk, 2018</b>				
	All Diagnosed PLWH		RW Mental Health Svcs. Clients	
	Number	%	Number	%
<b>Total</b>	28,225	100%	217	100%
<b>Sex at Birth</b>				
Male	21,178	75%	196	90%
Female	7,047	25%	20	9%
<b>Race/Ethnicity<sup>b</sup></b>				
White	5,321	19%	102	47%
African American	13,830	49%	74	34%
Hispanic/Latino	7,926	28%	39	18%
Other / Multiracial	389	1%	--	--
<b>Age<sup>c</sup></b>				
0 - 12	60	0%	--	--
13 - 24	1,230	4%	--	
25 - 44	5,738	20%	73	34%
45 - 64	6,632	23%	127	59%
65+	1,730	6%	12	6%

<sup>a</sup>Source: Texas eHARS. Diagnosed PLWH as of 12/31/17

<sup>b</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018.

<sup>c</sup>Source: The Resource Group, 2018 Chart Review Report. Reporting Period: January 1, 2018 - December 31, 2018.

## The Houston HIV Care Continuum

According to the Centers for Disease Control and Prevention (CDC), there were over 1.1 million people with HIV in the U.S. as of 2016.<sup>1</sup> Of those, 86% are aware of their positive HIV status, and, of those aware, 74% are engaged in HIV medical care.<sup>2</sup> In addition, 51% were in continuous care throughout the calendar year, and 62% of diagnosed persons in the U.S. also have a suppressed HIV viral load. Referred to as the HIV Care Continuum, this measures of engagement with the HIV care system from diagnosis through viral suppression offers a graphical depiction useful for HIV prevention and care services evaluation and planning.

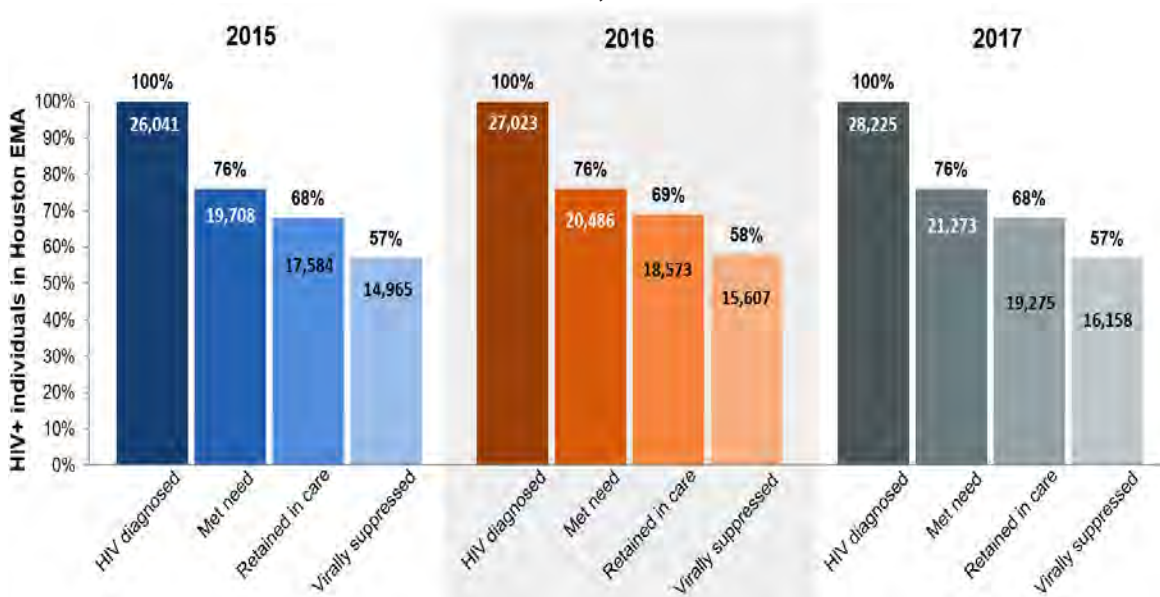
The Houston Eligible Metropolitan Area (EMA) HIV Care Continuum (HCC) describes community-wide access and service gaps for Harris, Fort Bend, Waller, Montgomery,



Liberty and Chambers counties, and is created using reported to the Texas Department of State Health Services (DSHS). DSHS manages surveillance and care data for the state of Texas, and compiles various sources of data for establishing evidence of care (e.g., public and private payer data). DSHS is unable to release a local estimate of the number of people living with undiagnosed HIV; therefore, the Houston EMA HCC is a diagnosis-based continuum containing population-based data. Each stage of the Houston EMA HCC is depicted as a percentage of diagnosed people living with HIV (PLWH) who live in the Houston EMA. The Continuum reflects the number of PLWH who have been diagnosed ('HIV diagnosed'); and among those diagnosed, the numbers and proportions of PLWH with records of engagement in HIV care ('Met need'), retention in care ('Retained in care'), and viral suppression ('Virally suppressed') within a calendar year.

(Graph 10) In 2017, there were 28,225 diagnosed people with living HIV in the EMA, up from 26,041 in 2015. Among those diagnosed as of 2017, 76% were engaged in HIV medical care, and 68% were retained in HIV care throughout the calendar year. The virally suppressed proportion of all diagnosed PLWH in the Houston EMA in 2017 was 57%.

GRAPH 10- Houston EMA HIV Care Continuum, 2015-2017



Source: TDSHS, 2018

<sup>1</sup> Centers for Disease Control and Prevention. Estimated HIV incidence and prevalence in the United States, 2010–2016. HIV Surveillance Supplemental Report 2019;24(No. 1).

<sup>2</sup>Centers for Disease Control and Prevention, selected National HIV Prevention and Care Outcomes in the United States. July 2019.







## Chapter 5: Profile of People Who Are Out of Care in the Houston Area

What are the characteristics of people living with HIV who are diagnosed but not in HIV medical care?

“In order for persons living with [HIV] to realize the full benefit of HIV medical care, they must stay in care over time. Doing so helps to achieve viral suppression that can improve health outcomes, reduce the risk of HIV transmission, and lower the number of new [transmissions].”

∞ National HIV/AIDS Strategy, Updated to 2020  
July 2015

Research indicates that maintenance in HIV medical care promotes favorable personal and public health outcomes, and is a critical component of HIV prevention. Continuous retention in care supports consistently higher proportions of viral load suppression, thereby reducing overall community viral load.<sup>1</sup> Individuals who maintain an undetectable viral load have essentially no risk of transmitting HIV through sex, a prevention strategy often referred to as Treatment as Prevention, or Undetectable = Untransmittable.<sup>2</sup>

Examination of the number and characteristics of diagnosed individuals who are not in HIV medical care provides important insight into how a local community is progressing toward national and local goals for retention and viral suppression. This also helps identify specific populations that may be experiencing barriers to HIV care. When examined for change over time, unmet need analysis also provides information about the overall accessibility of a local system of HIV care.

### Definitions

The Health Resources and Services Administration (HRSA) has developed a uniform definition for being out of HIV medical care. According to HRSA, a person with diagnosed HIV with no evidence of any of the following in a 12 month period is considered out of care: (1) an HIV primary medical care visit, (2) a blood test to monitor HIV (either a CD4 count or a viral load test), or (3) a prescription for HIV medication. If a person diagnosed with HIV has evidence of at least one of these services in a 12-month period, then that person meets the federal definition of being in care for HIV. Often, the term “unmet need” is interchangeable with being out of care. This is because someone who is out of care is considered to have *unmet* medical needs for HIV. However, someone living with HIV may have “met need” for HIV medical care, but still experience service gaps.

<sup>1</sup> Colasanti J. et al., Continuous Retention and Viral Suppression Provide Further Insights Into the HIV Care Continuum Compared to the Cross-sectional HIV Care Cascade, *Clinical Infectious Diseases*, 2016.

<sup>2</sup> Rodger A.J. et al., Risk of HIV transmission through condomless sex in serodifferent gay couples with the HIV-positive partner taking suppressive antiretroviral therapy (PARTNER): final results of a multicentre, prospective, observational study, *The Lancet*, 2019.



In this definition, people living with HIV can receive medical care services from a health care system or payer source. A person does not have to receive services from a HRSA-funded program, such as the Ryan White HIV/AIDS Program. Analyses of HIV service utilization strive to include as many different health care systems and payer sources as possible in order to produce the most thorough understanding of unmet need in a geographic area.

**Overall Trends in Unmet Need in the Houston Area, 2013 to 2017 --**

(Table 1) From 2013 to 2017, the percentage of people living with HIV that meet the federal definition of being out of care decreased, while the number of people who are out of care increased. In 2013, 26.7% of people living with HIV in the EMA (or 6,388 PLWH) were out of care. In 2017, the percent out of care was 24.6% (or 6,952 PLWH). During the same period, the total number of persons living with HIV in the EMA increased by 17.3% (from 23,914 to 28,225).

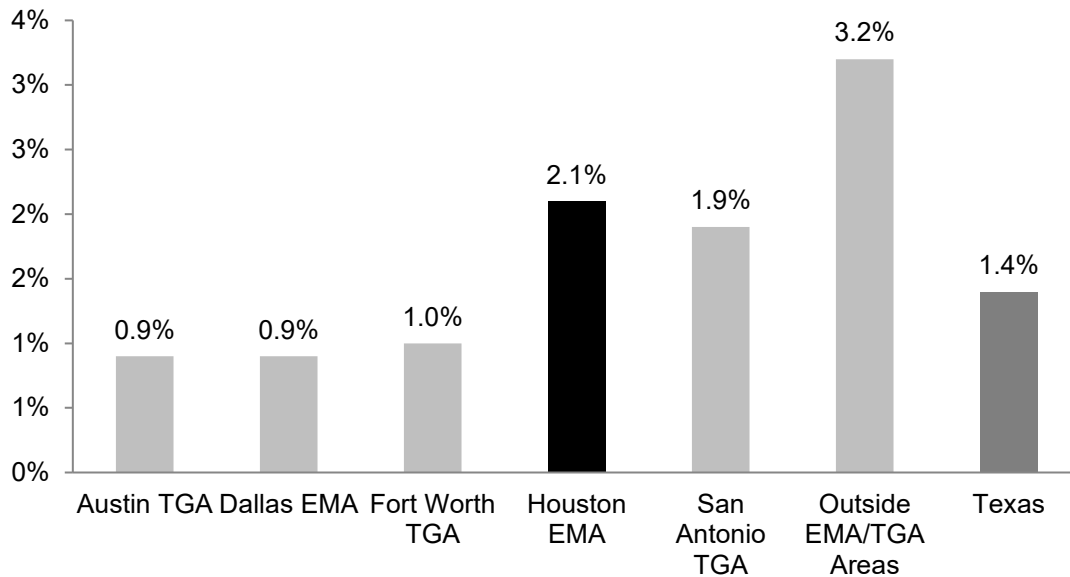
<b>TABLE 1-Number and Percent of People Living with HIV (PLWH) and Unmet Need for HIV Care in Texas and the Houston EMA, 2013 to 2017</b>						
Year	Texas			Houston EMA		
	Total PLWH	Number Out of Care	Percent Out of Care	Total PLWH	Number Out of Care	Percent Out of Care
2013	76,621	19,025	24.8%	23,914	6,388	26.7%
2014	80,073	18,774	23.4%	24,979	6,367	25.5%
2015	82,745	19,039	23.0%	26,041	6,333	24.3%
2016	86,669	19,809	22.9%	27,023	6,537	24.2%
2017	90,700	21,207	23.4%	28,225	6,952	24.6%
Change	18.4%	11.5%	-1.4%	18.0%	8.8%	-2.1%

Source: Texas Department of State Health Services, 2013 - 2017 Unmet Need by EMA/TGA. Released 07/20/18

(Graph 1) The Houston EMA’s five-year unmet need decline is the highest of all federally designated geographic service areas in the state (HRSA-defined EMAs and TGAs) and higher than the state’s percentage as a whole.



**GRAPH 1-Change in Percent of People Living with HIV (PLWH) Who Are Out of Care by HRSA Geographic Service Area in Texas, 2013 to 2017**



Source: Texas Department of State Health Services, 2009 - 2017 Unmet Need by EMA/TGA. Released 07/20/18

**Profile of PLWH with Unmet Need in the Houston EMA, 2017**

(Table 2) In 2017, there were 6,952 diagnosed people living with HIV in the Houston EMA who were out of care, representing 25% of the total population diagnosed with HIV. Of these, larger proportions of African American individuals, other non-Hispanic individuals, adults ages 35-44 and 65+, PWID, and perinatal transmission risk were out of care.

<b>TABLE 2-Number and Proportion of People Living with HIV (PLWH) with Unmet Need for HIV Care in Texas and the Houston EMA, 2017<sup>a</sup></b>		
	Texas	Houston EMA



	Number with Unmet Need	Percent with Unmet Need <sup>b</sup>	Number with Unmet Need	Percent with Unmet Need <sup>b</sup>
<b>Total</b>	21,207	23%	6,952	25%
<b>Sex at Birth</b>				
Male	16,827	24%	5,309	25%
Female	4,380	23%	1,643	23%
<b>Race/Ethnicity</b>				
White	4,503	19%	1,190	22%
African American	8,562	25%	3,552	26%
Hispanic/Latino	7,407	25%	1,989	25%
Other	274	26%	109	28%
Multiracial	431	15%	112	15%
<b>Age</b>				
0 - 12	27	16%	6	10%
13 - 24	900	23%	270	22%
25 - 34	4,279	24%	1,399	24%
35 - 44	5,256	25%	1,713	26%
45 - 54	5,665	22%	1,805	24%
55 - 64	3,649	21%	1,219	24%
65+	1,431	27%	540	31%
<b>Transmission Risk<sup>c</sup></b>				
Male-Male Sexual Contact (MSM)	12,255	22%	3,865	24%
People with Injection Drug Use (PWIDU)	2,415	28%	654	28%
MSM/PWIDU	1,060	23%	267	24%
Sex with Male/Sex with Female	5,194	24%	2,063	25%
Perinatal transmission	257	29%	97	28%
Adult other risk	26	25%	--	--

<sup>a</sup>Source: Texas Department of State Health Services, 2009 - 2017 Unmet Need by EMA/TGA. Released 07/20/18

<sup>b</sup>Represents the percent of each category in the geographic area that meets the standard definition of being out of care; and not the distribution of people that meets the standard definition of being out of care

<sup>c</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

**(Table 2)** The proportions of individuals who are out of care in the Houston EMA are comparable (within 3 percentage points difference) to the proportions for the state of Texas as a whole, with two notable exceptions: (1) Children under age 12 who are living



with HIV have a lower out of care proportion in the Houston EMA compared to Texas (6%↓), and (2) Adults age 65 and over who are living with HIV have a higher out of care proportion in the Houston EMA compared to the state (4%↑).

**Disproportional Impact of Unmet Need in the Houston EMA, 2017**

Among demographic groups with larger proportions out of care in the Houston EMA in 2017 (Table 1), additional sub-groups experienced disproportionately high unmet need. This means the proportion of a sub-group with unmet need in 2017 exceeded the total unmet need proportion for the larger demographic group. For example, a larger proportion of males by sex at birth (25%) were out of care in 2017 in the EMA when compared to females at birth (23% out of care). Among males with unmet need, a larger proportion were African American males (27% out of care) and Hispanic/Latino males (26% out of care). Among females with unmet need, a larger proportion were other race/ethnicity or multiracial (both 28% out of care), African American (26% out of care), or Hispanic/Latina (25% out of care). Other groups in the EMA with disproportional unmet need according to this analysis are:

- African American individuals with male-male sexual contact (MSM) (27% out of care)
- People with injection drug use (PWIDU) (28% out of care)
  - Particularly Hispanic/Latino male PWIDU (39% out of care); and
  - White female PWIDU (32% out of care)
- White and other race/ethnicity females with male sexual contact (27% and 39% out of care, respectively)
- Hispanic/Latino and other race/ethnicity males with female sexual contact (33% and 32% out of care, respectively)
- African American males with perinatal transmission (34% out of care)
- Individuals living in specific zip codes in the Houston EMA (**Table 3**)

<b>TABLE 3-Zip Codes in the Houston EMA with Unmet Need Proportions Exceeding Total EMA Unmet Need, 2017</b>		
	Number	Percent
<b>Total EMA</b>	6,952	25%



Zip Code (in order, high to low)		
77030	55	63%
77002	412	47%
77027	57	37%
77098	65	33%
77055	80	33%
77036	201	32%
77060	98	31%
77081	119	30%
77074	93	29%
77057	94	29%
77006	201	28%
77063	113	27%
77004	180	27%
77071	70	27%
77042	110	26%

Source: Texas Department of State Health Services, Unmet Need by Zip Code, 2017.  
Released 07/20/18





## Chapter 6: Special Topics in HIV Epidemiology in the Houston Area

What is the HIV burden among specific populations in the Houston Area?

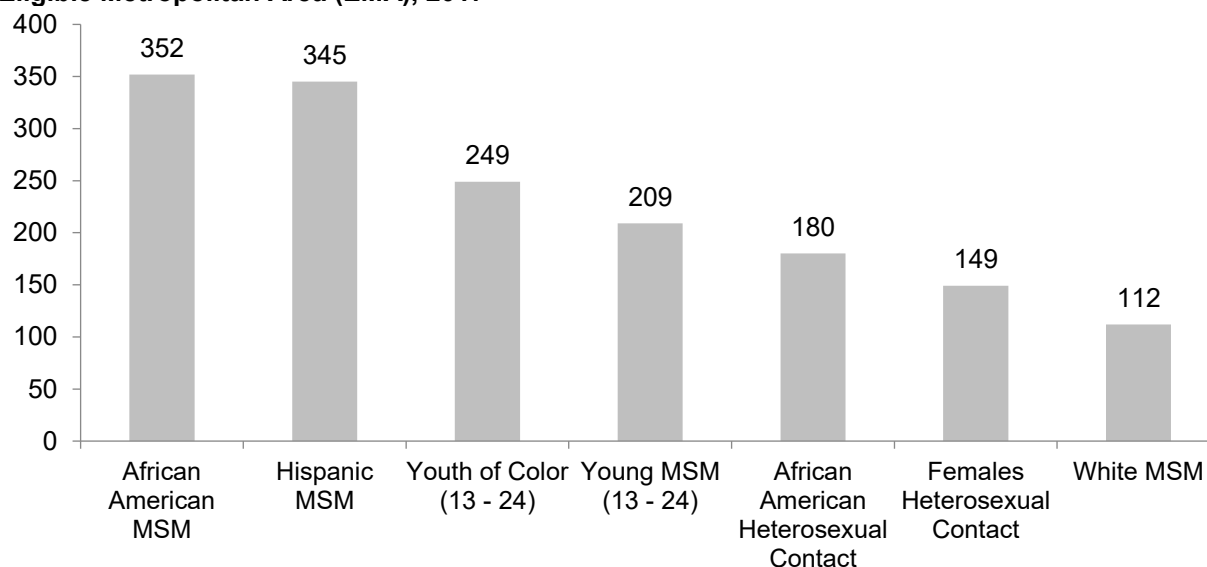
“HIV does not impact all Americans equally. While anyone can [acquire HIV], the HIV epidemic is concentrated in key populations and geographic areas.”

➤ National HIV/AIDS Strategy, Updated to 2020  
July 2015

While all people are equally at risk for HIV transmission, some populations bear a disproportionate burden of new HIV transmissions and HIV prevalence.<sup>1</sup> Nationally, gay, bisexual and other men who have sex with men (MSM), transgender individuals, Black/African American individuals, Hispanics/Latinos individuals, and communities in the southern United States are the most disproportionately affected by the HIV epidemic.<sup>1</sup> Moreover, the number of new HIV transmissions increased nationally between 2010 and 2016 among 25-34 year olds and among Hispanic/Latino MSM, and remained stable yet high among all MSM, particularly among Black/African American MSM.<sup>1</sup>

**(Graph 1)** In the Houston Area, MSM, Black/African Americans, and Hispanic/Latinos had the largest numbers of new HIV diagnoses in 2017. At the subpopulation level, Black/African American MSM, Hispanic/Latino MSM, youth of color, and young MSM (13 – 24) were diagnosed in highest numbers.

**GRAPH 1-Subpopulations with the Largest Numbers of New HIV Diagnoses in the Houston Eligible Metropolitan Area (EMA), 2017**



Source: Texas eHARS. New diagnoses as of 12/31/17

<sup>1</sup>Centers for Disease Control and Prevention. *HIV Prevention Progress Report, 2019*, Revised July 2019.



Epidemiological profiles include information about HIV in populations that have been historically disproportionately impacted in the local community, so that the needs of these groups can be considered in HIV prevention and care planning. In this chapter, we will present data on new HIV diagnoses and people living with HIV for the following disproportionately impacted groups in the Houston Area:

1. African American/Black
2. Hispanic/Latinos
3. Homeless
4. Incarcerated
5. Person who injects drugs (PWID)
6. Male-male Sexual Contact (MSM), including MSM of Color (MSMOC) and Young MSM (MSM age 13 to 24) (YMSM)
7. Rural
8. Age 50 and over (Age 50+)
9. Transgender
10. Women of Childbearing Age (age 13 to 44)
11. Youth (age 13 to 24), including Adolescents (age 13 to 17)
12. Perinatal HIV Exposure in Infants

We also present data on co-occurring condition between HIV and two non-HIV conditions of epidemiologic significance:

1. HIV and Active TB Disease
2. HIV and Hepatitis B and C
3. HIV and Infectious Syphilis





## Black/African American

(Table 1 and Table 2) In 2017, 533 African American/Black individuals were newly diagnosed with HIV in Houston/Harris County. When the jurisdiction of analysis was expanded to the Houston EMA, there were an additional 48 African American/Black persons newly diagnosed in 2017 for a total of 581. For both jurisdictions, African American/Black individuals made up roughly half of all new HIV diagnoses in that year. When compared to all new HIV diagnoses in Houston/Harris County in 2017 regardless of race, larger proportions of newly diagnosed African American/Black were (1) female (24.4% v. 18.2%) and (2) sex with male/sex with female transmission risk (31.0% v. 23.2%).

AFRICAN AMERICAN/BLACK TABLE 1- New Diagnoses of HIV and Persons Living with HIV in Houston/Harris County by Sex assigned at birth, Age, and Risk <sup>a</sup>						
	New HIV <sup>b</sup>			Persons Living with HIV <sup>c</sup>		
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>
<b>Total: All Races/Ethnicities</b>	1,120	100.0%	23.9	25,132	100.0%	544.08
<b>Total: African American/Black</b>	533	100.0%	59.4	12,424	100.0%	1392.9
<b>Sex at birth</b>						
Male	403	75.6%	95.9	8,132	65.5%	1937.3
Female	130	24.4%	27.2	4,292	34.5%	908.92
<b>Age</b>						
0 - 12	0	0.0%	0.0	183	1.5%	*
13 - 24	127	23.8%	38.9	3,409	27.4%	1025.5 <sup>e</sup>
25 - 34	195	36.6%	128.9	4,233	34.1%	2846.8
35 - 44	107	20.1%	85.8	2,843	22.9%	2291.6
45 - 54	64	12.0%	57.5	1,291	10.4%	1178.0
55 - 64	35	6.6%	35.4	399	3.2%	410.04
65+	5	0.9%	5.8	66	0.5%	82.613
<b>Transmission Risk<sup>f</sup></b>						
Male-male sexual contact (MSM)	341	64.0%	*	5,412	43.6%	*
Person who injects drugs (PWID)	22	4.1%	*	1,509	12.1%	*
MSM/PWID	5	0.9%	*	442	3.6%	*
Sex with Male/Sex with Female	165	31.0%	*	4,866	39.2%	*
Perinatal transmission	0	0.0%		172	1.4%	
Other	0	0.0%	*	23	0.2%	*

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>d</sup>Rate per 100,000 population. Source: U.S. Census Bureau, 2017 American Community Survey 1-Year Estimates and 2016 American Community Survey 1-Year Estimates

<sup>e</sup>Rate was calculated for age group 0-24 years

<sup>f</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

\*Population data are not available for 0-12 age group and transmission risks; therefore, it is not possible to calculate rate by risk



Roughly half of all people *living* with HIV in Houston/Harris County and in the Houston EMA is also African American at 12,424 and 13,830 persons, respectively. When compared to all people living with HIV in the Houston EMA in 2017 regardless of race, larger proportions of HIV positive African Americans were again (1) female at birth (34.8% v. 25.0%) and (2) with heterosexual transmission risk (39.3% v. 29.3%). However, prevalence rates remain higher among African males at birth at 1,841 for every 100,000 population.

<b>AFRICAN AMERICANS/BLACK TABLE 2-New Diagnoses of HIV and Persons Living with HIV in the Houston EMA by Sex at Birth, Age, and Risk<sup>a</sup></b>						
	New HIV Diagnoses <sup>b</sup>			Persons Living with HIV <sup>c</sup>		
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>
<b>Total PLWH</b>	1,234	100%	20.0	28,225	100%	457.8
<b>Total African American PLWH</b>	581	100%	47.1	13,830	100%	1265.1
<b>Sex at birth</b>						
Male	434	74.7%	88.5	9,023	65.2%	1840.7
Female	147	25.3%	26.6	4,807	34.8%	870.5
<b>Age</b>						
0 - 12	N	N	N	36	0.3%	19.1
13 - 24	141	24.3%	73.1	720	5.2%	373.4
25 - 34	211	36.3%	140.2	3,170	22.9%	2106.2
35 - 44	115	19.8%	76.4	1,932	14.0%	1283.6
45 - 54	68	11.7%	49.5	3,554	25.7%	2586.6
55 - 64	39	6.7%	31.7	2,378	17.2%	1932.1
65+	7	1.2%	7.0	719	5.2%	719.1
<b>Transmission Risk<sup>e,f</sup></b>						
Male-male sexual contact (MSM)	352	60.6%	*	6,121	44.3%	*
Person who injects drugs (PWID)	26	4.5%	*	1,585	11.5%	*
MSM/PWID	5	0.9%	*	471	3.4%	*
Sex with Male/Sex with Female	180	31.0%	*	5,432	39.3%	*
Perinatal transmission	N	N	*	214	0.8%	*
Other	N	N	*	7	0.1%	*

<sup>a</sup>Sources: Texas eHARS. New Diagnoses and Diagnosed PLWH as of 12/31/17.

<sup>b</sup>HIV = People diagnosed with HIV with residence at diagnosis in the Houston EMA

<sup>c</sup>PLWH at end of 2017 = People living with HIV in the Houston EMA at the end of 2017

<sup>d</sup>Rate per 100,000 population. Source: DSHS Center for Health Statistics 2017 Population Projection.

<sup>e</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

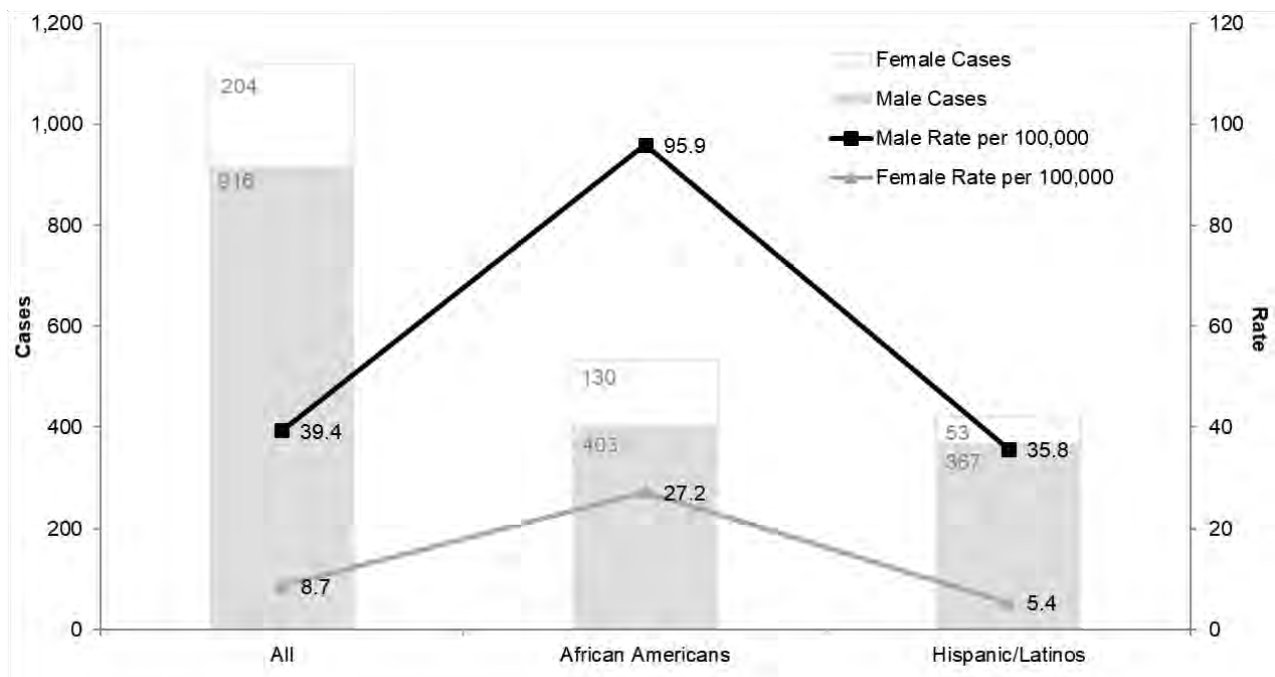
<sup>f</sup>Cases for new diagnoses data by transmission risk do not comprise the total African American new diagnoses case number.



**(Graph 1)** A subpopulation analysis of new HIV diagnoses by race/ethnicity and sex assigned at birth in Houston/Harris County in 2017 reveals that the highest rate of new HIV cases occurred in African American/Black males. In 2017, their rate of new HIV diagnoses in Houston/Harris County was 100 cases for every 100,000 African American/Black males in the jurisdiction compared to 39 per 100,000 for all males in Houston/Harris County and 29 per 100,000 for African American/Black females in Houston/Harris County.

**(Graph 2)** A race/ethnicity and sex at birth subpopulation analysis of people living with HIV in the Houston EMA in 2017 reveals that just under third (32%) of all people living with HIV are African American males at birth and 17% of all people living with HIV in the Houston EMA are African American females at birth.

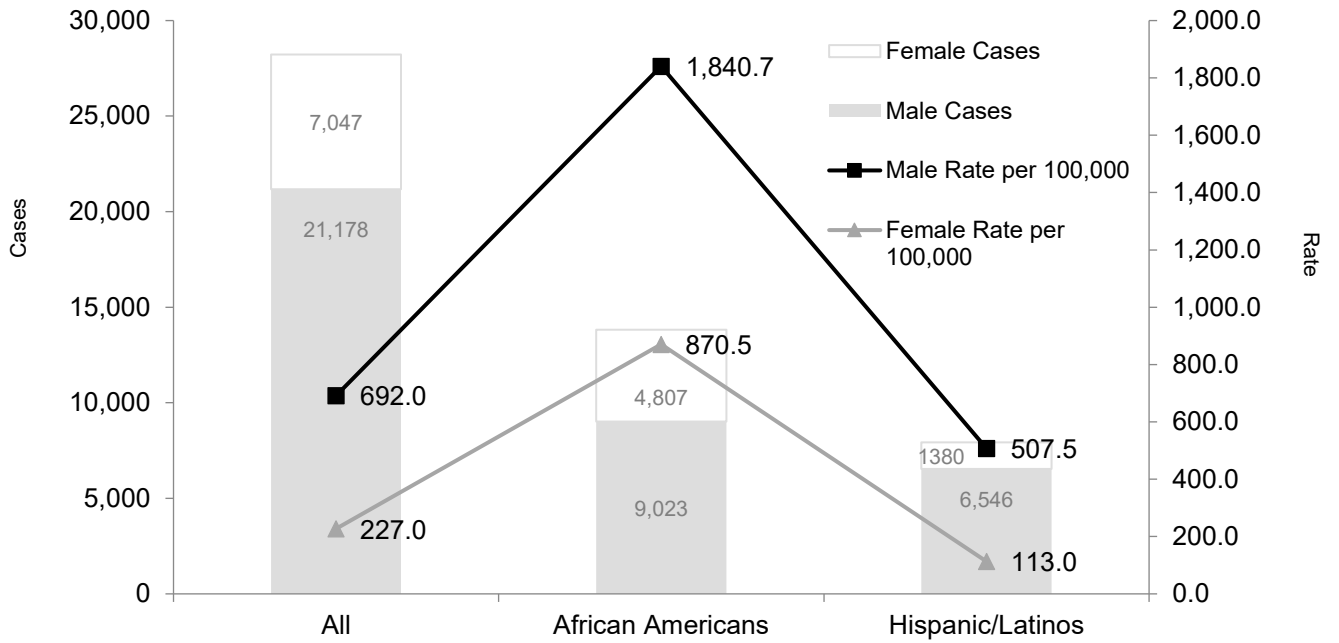
**AFRICAN AMERICAN/BLACK GRAPH 1- Number of Cases and Rates of New HIV Diagnoses in Houston/Harris County by Sex assigned at birth and Race/Ethnicity, 2017**



Source: Texas eHARS, analyzed by the Houston Health Department



**AFRICAN AMERICANS GRAPH 2-Number of Cases and Rates of People Living with HIV in the *Houston EMA* by Sex at birth and Race/Ethnicity, 2017**



Source: Texas eHARS. Diagnosed PLWH as of 12/31/17.



## Hispanic/Latinos

(Table 1 and Table 2) In 2017, 420 Hispanic/Latinos were diagnosed with HIV in Houston/Harris County. When the jurisdiction of analysis is expanded to the Houston EMA, there were an additional 40 Hispanic/Latinos newly diagnosed in 2017 for a total of 460. For both jurisdictions, Hispanic/Latinos were roughly 37% of all new HIV diagnoses in that year. When compared to all new HIV diagnoses in Houston/Harris County in 2017 regardless of race, larger proportions of newly diagnosed Hispanic/Latinos were (1) male (87.4% v. 81.8%) and (2) MSM (79.8% v. 71.7%).

HISPANIC/LATINOS TABLE 1- New Diagnoses of HIV and Persons Living with HIV in Houston/Harris County by Sex assigned at birth, Age, and Risk <sup>a</sup>							
	New HIV <sup>b</sup>			Persons Living with HIV <sup>c</sup>			
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>	
<b>Total: All Races/Ethnicities</b>	1,120	100.0%	23.9	25,132	100.0%	544.1	
<b>Total: Hispanic/Latino</b>	420	100.0%	20.9	7,132	100.0%	364.6	
<b>Sex assigned at birth</b>							
Male	367	87.4%	35.8	5,921	83.0%	593.3	
Female	53	12.6%	5.4	1,211	17.0%	126.4	
<b>Age</b>							
0 - 24 <sup>e</sup>	98	23.3%	10.9	1,514	21.2%	*	
25 - 34	173	41.2%	53.4	3,004	42.1%	165.3	
35 - 44	82	19.5%	26.9	1,731	24.3%	942.8	
45 - 54	50	11.9%	21.2	658	9.2%	582.1	
55 - 64	13	3.1%	8.6	186	2.6%	289.8	
65+	4	1.0%	3.7	39	0.5%	129.3	
<b>Transmission Risk<sup>f</sup></b>							
MSM	335	79.8%	*	4,766	66.8%	*	
PWID	8	1.9%	*	313	4.4%	*	
MSM/PWID	5	1.2%	*	230	3.2%	*	
Sex with Male/Sex with Female	71	16.9%	*	1,743	24.4%	*	
Perinatal transmission/Other	1	0.2%	*	80	1.1%	*	

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>New HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>d</sup>Rate per 100,000 population. Source: U.S. Census Bureau, 2017 American Community Survey 1-Year Estimates and 2016 American Community Survey 1-Year Estimates

<sup>e</sup>Age group 0-12 years was combined with 13-24 years since 0-12 years category had less than 5 individuals and could not be reported

<sup>f</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

\*Population data are not available for 0-12 age group and transmission risk; therefore, it is not possible to calculate rate by risk



Roughly 28% of all people *living* with HIV in Houston/Harris County and in the Houston EMA is also Hispanic/Latino at 7,132 and 7,926 persons, respectively. This is an increase of 22%, up from 23% in 2011. When compared to all people living with HIV in the EMA in 2017 regardless of race, larger proportions of HIV positive Hispanic/Latinos were again (1) male (82.6% v. 75.0%) and (2) MSM (66.8% v. 57.2%).

<b>HISPANIC/LATINOS TABLE 2-New Diagnoses of HIV and Persons Living with HIV in the Houston EMA by Sex at Birth, Age, and Risk<sup>a</sup></b>						
	New HIV Diagnoses <sup>b</sup>			Persons Living with HIV <sup>c</sup>		
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>
<b>Total PLWH</b>	1,234	100%	20.0	28,225	100%	457.8
<b>Total Hispanic/Latino</b>	460	100.0%	18.3	7,926	100.0%	315.6
<b>Sex at birth</b>						
Male	400	87.0%	31.0	6,546	82.6%	507.5
Female	60	13.0%	4.9	1,380	17.4%	113.0
<b>Age</b>						
0 - 12	N	N	N	17	0.1%	3.0
13 - 24	108	23.5%	21.1	366	4.6%	71.3
25 - 34	190	41.3%	42.7	1,731	21.8%	389.2
35 - 44	85	18.5%	21.8	2,243	28.3%	574.6
45 - 54	56	12.2%	19.5	2,166	27.3%	753.6
55 - 64	18	3.9%	10.0	1,056	13.3%	584.6
65+	N	N	N	346	4.4%	279.7
<b>Transmission Risk<sup>e,f</sup></b>						
Male-male sexual contact (MSM)	345	75.0%	*	5,295	66.8%	*
Person who injects drugs (PWID)	11	2.4%	*	352	4.4%	*
MSM/PWID	10	2.2%	*	247	3.1%	*
Sex with Male/Sex with Female	77	16.7%	*	1,943	24.5%	*
Perinatal transmission	N	N	*	82	0.3%	*
Other			*	7	0.1%	*

<sup>a</sup>Sources: Texas eHARS. New Diagnoses and Diagnosed PLWH as of 12/31/17.

<sup>b</sup>HIV = People diagnosed with HIV with residence at diagnosis in the Houston EMA

<sup>c</sup>PLWH at end of 2017 = People living with HIV in the Houston EMA at the end of 2017

<sup>d</sup>Rate per 100,000 population. Source: DSHS Center for Health Statistics 2017 Population Projection.

<sup>e</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

<sup>f</sup>Cases for new diagnoses data by transmission risk do not comprise the total Hispanic/Latino new diagnoses case number.

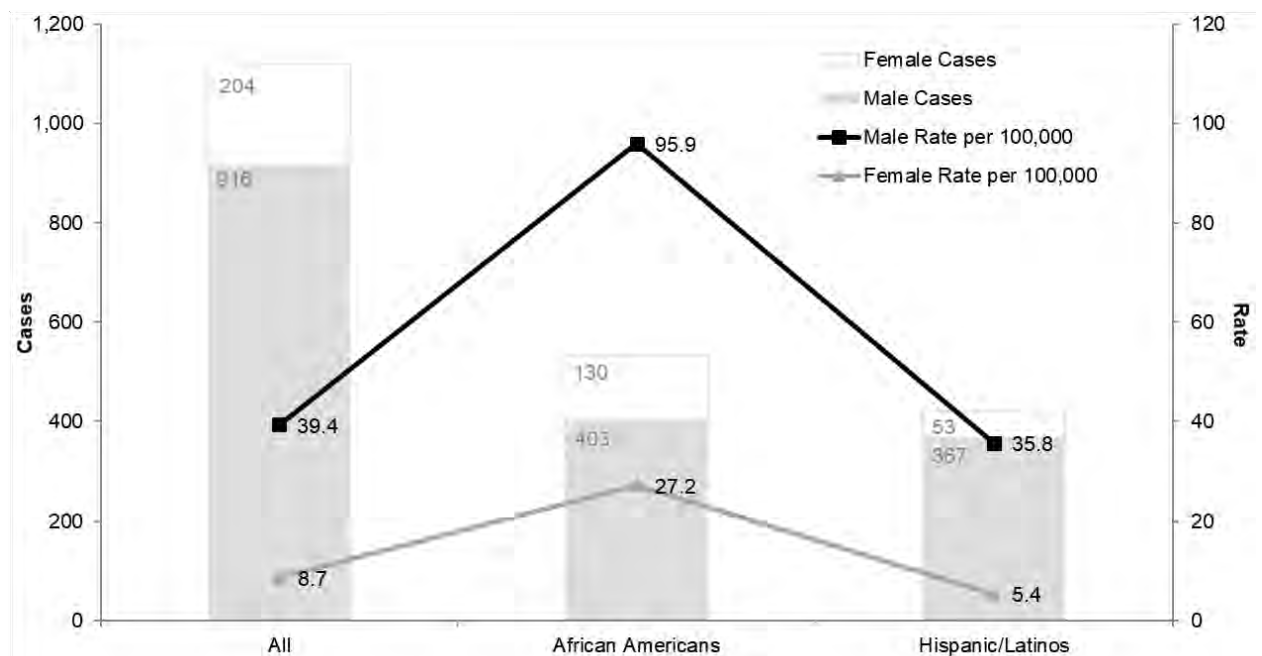
<sup>N</sup>Data has been suppressed to meet cell size limit of 5



**(Graph 1)** A subpopulation analysis of new HIV diagnoses by race/ethnicity and sex assigned at birth in Houston/Harris County in 2017 reveals that the highest rate of new HIV cases occurred in African American/Black males at birth. In 2017, Hispanic/Latino males at birth had a rate of new HIV diagnoses of 36 cases for every 100,000 Hispanic/Latino males in Houston/Harris County compared to 100 per 100,000 for African American/Black males, 39 per 100,000 for all males, and 5 per 100,000 for Hispanic/Latino females.

**(Graph 2)** A race/ethnicity and sex at birth subpopulation analysis of people living with HIV in the Houston EMA in 2017 reveals that 23% of all people living with HIV are Hispanic/Latino males. Almost 5% of all people living with HIV in the Houston EMA are Hispanic/Latino females. The highest single proportion of people living with HIV in the Houston EMA is African American males at 32%.

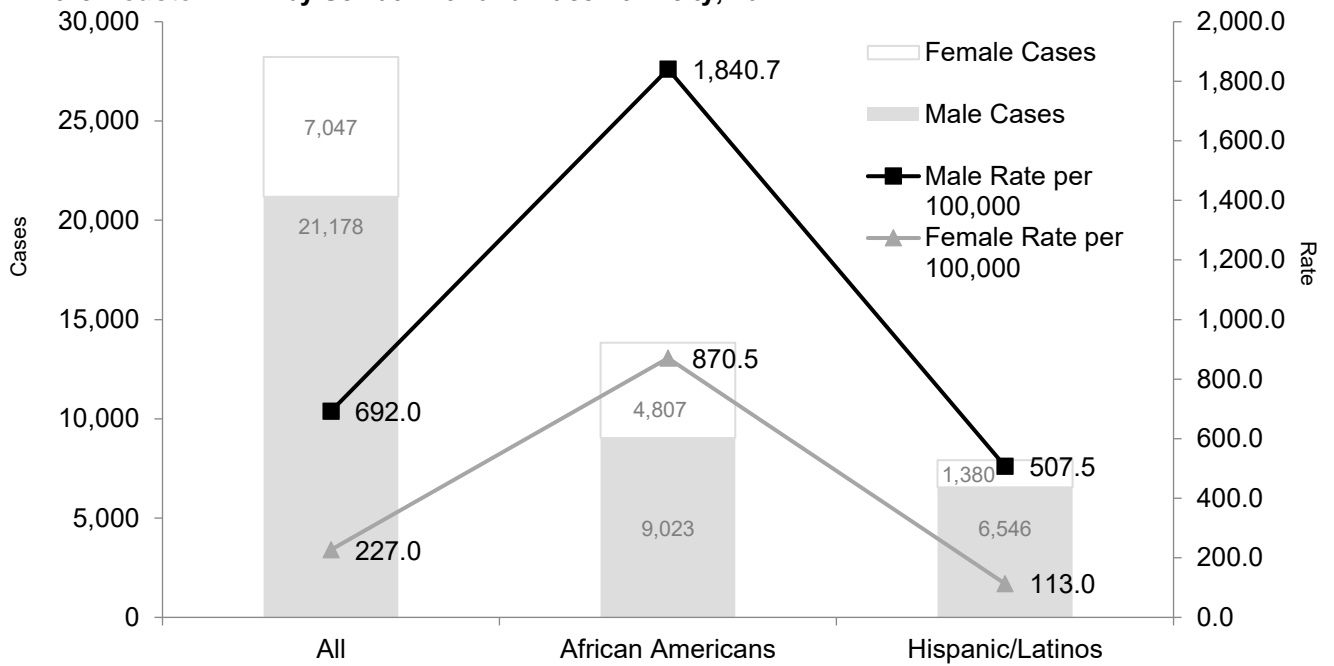
**HISPANIC/LATINOS GRAPH 1- Number of Cases and Rates of New HIV Diagnoses in Houston/Harris County by Sex assigned at birth and Race/Ethnicity, 2017**



Source: Texas eHARS, analyzed by the Houston Health Department



**HISPANIC/LATINOS GRAPH 2-Number of Cases and Rates of People Living with HIV in the *Houston EMA* by Sex at Birth and Race/Ethnicity, 2017**



Source: Texas eHARS. Diagnosed PLWH as of 12/31/17.

**Homeless**





A point-in-time (PIT) count of sheltered and unsheltered people experiencing homelessness is conducted annually in most major cities and towns across the country.<sup>1</sup> The purpose of the count is to approximate the number of homeless individuals in a defined geographic area according to the Department of Housing and Urban Development (HUD) definition of homelessness, which is: those staying in emergency shelter, transitional housing, or safe haven programs with beds dedicated for homeless persons or those persons who are unsheltered (i.e., staying in a place not meant for human habitation)] on a single night.<sup>1</sup> Commonly referred to as a homeless enumeration or count, the last PIT count for the Houston Area took place in January 2019 in Houston and Pasadena in Harris County, along with Fort Bend and Montgomery Counties.<sup>1</sup>

According to the PIT count, there were 3,938 people experiencing homelessness in the enumeration area in 2019.<sup>1</sup> This calculates into 0.065% of the total population in the area, or one out of every 1,541 residents, experiencing homelessness in 2019.<sup>1</sup> By comparison, the PIT count found one out of every 1,446 area residents experienced homelessness in 2018.<sup>1</sup>

Of those currently homeless in PIT count area, it is estimated that one out of every 35, or 2.9%, has been diagnosed with HIV.<sup>1</sup>

**(Table 1)** In 2017, 2,124 persons who received HIV care through the Ryan White HIV/AIDS Program in the Houston EMA were indicated as homeless. Of these, 79.5% were male at birth, 20.5% were female at birth, and 1.2% were transgender. In addition, 17.4% were White, 57.1% were Black/African American, and 23.4% were Hispanic/Latino. Two-thirds (66.9%) were age 35 and over while 4.9% were age 13 to 24. Forty percent (40.1%) indicated male-to-male sexual contact (MSM), 34.0% indicated sex with male/sex with female contact, and 22.3% reported no known risk or other risk.

Compared to the proportions of all people in HIV medical care in the Houston EMA in 2017, higher proportions of homeless individuals in care were male at birth (+4.9%), more Black/African American (+8.8%), and younger (+7.8% more persons under age 35) than in the general in care population in the EMA. Due to differences in data calculation methodology, reported risk cannot be compared.

**(Table 2)** In 2017, the proportion of out of care homeless people living with HIV in the Houston EMA was 2.6 times the proportion of non-homeless persons living with HIV. Fifty-one percent (51%) of homeless persons living with HIV in the EMA were not in HIV care in 2017. This is 14% higher than the state as a whole, as 43% of homeless people living with HIV in Texas were not in HIV care in 2017.

<sup>1</sup>Houston, Pasadena, Harris, Fort Bend, and Montgomery Counties 2019 Point-In-Time Homeless Count & Survey Independent Analysis 2019. Prepared by Catherine Troisi, Ph.D., UTHealth School of Public Health and the Coalition for the Homeless of Houston/Harris County for the Way Home Continuum of Care, April 2019

**HOMELESS TABLE 1-People Receiving HIV Care in the Houston EMA by Sex at Birth and Transgender, Race/Ethnicity, Age, Risk, and Homeless Status, 2017**



	Homeless Persons in the Ryan White HIV/AIDS Program <sup>a</sup>		All People in HIV Care <sup>b</sup>
	Cases	%	%
<b>Total</b>	2,124	100.0%	100.0%
<b>Sex at Birth and Transgender</b>			
Male (at birth)	1,688	79.5%	74.6%
Female (at birth)	436	20.5%	25.4%
Transgender <sup>c</sup>	25	1.2%	1.2%
<b>Race/Ethnicity</b>			
White	369	17.4%	19.4%
Black/African American	1,212	57.1%	48.3%
Hispanic/Latino	498	23.4%	27.9%
Other/Multiracial	45	2.1%	4.4%
<b>Age</b>			
0 - 12	9	0.4%	0.3%
13 - 24	104	4.9%	4.5%
25 - 34	588	27.7%	20.4%
35 - 44	538	25.3%	23.1%
45 - 54	505	23.8%	27.5%
55 - 64	332	15.6%	18.6%
65+	48	2.3%	5.6%
<b>Transmission Risk<sup>c</sup></b>			
Male-male sexual contact (MSM)	869	40.1%	57.7%
Person who injects drugs (PWID)	43	2.0%	8.1%
MSM/PWID	12	0.6%	3.9%
Sex with Male/Sex with Female	736	34.0%	29.1%
Perinatal transmission	23	1.1%	1.2%
Other	483	22.3%	0.1%

<sup>a</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018

<sup>b</sup>Source: Texas Department of State Health Services, Unmet Need, 2017. Data reflect persons in HIV care not limited to the Ryan White HIV/AIDS Program.

<sup>c</sup>Homeless program clients who are transgender was calculated using the total proportion of all RW transgender clients in 2018.

<sup>e</sup>Total case number does not add to 2,124 due to multiple transmission risk factors.

**HOMELESS TABLE 2-Percent of People Living with HIV in the Houston EMA with Unmet Need for HIV Care by Type of Residence, 2017**



	Houston EMA	Texas
<b>Total Unmet Need</b>	24.6%	23.4%
All Housed (house, apartment, etc.)	24.0%	22.3%
Homeless	50.7%	43.4%
In Jail	49.2%	39.1%
In Temporary Housing	90.0%	80.0%

Source: Texas Department of State Health Services, Homeless, Insurance, and Poverty, 2017.

## **Incarcerated**



**(Table 1)** The average number of people incarcerated in public jail facilities in the Houston EMA in between October 2018 and September 2019 was 10,914. This equates to a rate of incarceration of 1.74 persons incarcerated for every 1,000 persons residing in the EMA, a rate lower than the statewide rate of 2.12 persons incarcerated for every 1,000 Texas residents. Within counties in the EMA, the incarceration rate is highest in Chambers County at 2.94 persons incarcerated for every 1,000 residents while the volume of incarcerated persons is highest in Houston/Harris County at 8,793 total persons incarcerated.

<b>INCARCERATION TABLE 1-Number and Rate of Incarcerated Persons in the Houston EMA by County, 2019<sup>a</sup></b>			
County	Total Population	Average Daily Incarcerated Population	Incarceration Rate <sup>b</sup>
Chambers	42,454	125	2.94
Fort Bend	787,858	765	0.97
Harris	4,698,619	8,793	1.87
Liberty	86,323	216	2.50
Montgomery	590,925	940	1.59
Waller	53,126	75	1.41
EMA Total	6,259,305	10,914	1.74
Texas Total	28,737,131	60,947	2.12

<sup>a</sup>Source: Texas Commission on Jail Standards, Incarceration Rate Report - Highest to Lowest, September 1, 2019  
<sup>b</sup>Rate is per 1,000 population

**(Table 2)** In 2017, 43 persons were incarcerated at the time of their HIV diagnosis in Houston/Harris County. This represents 3.8% of all new HIV diagnoses reported in the jurisdiction in that year and 0.5% of the average daily incarcerated population in Houston/Harris County.

Of those incarcerated at the time of HIV diagnosis, 81.4% were male, 62.8% were African American/Black, and 58.1% reported male-male sexual contact (MSM). When compared to all new HIV diagnoses in Houston/Harris County in 2017, larger proportions of newly diagnosed inmates were African American/Black (62.8% v. 47.6%), and of younger age.

**INCARCERATED TABLE 2- New Diagnoses of HIV in Houston/Harris County by Sex assigned at birth, Race/Ethnicity, Age, Risk, and Incarceration Status, 2017<sup>a</sup>**



	New HIV, Incarcerated <sup>b</sup>		New HIV, All Persons	
	Cases	%	Cases	%
<b>Total</b>	43	100.0%	1,120	100.0%
<b>Sex assigned at birth</b>				
Male	35	81.4%	916	81.8%
Female	8	18.6%	204	18.2%
<b>Race/Ethnicity</b>				
White	5	11.6%	125	11.2%
African American/Black	27	62.8%	533	47.6%
Hispanic/Latino	11	25.6%	420	37.5%
Multiple Races	0	0	19	1.7%
Other	0	0	23	2.1%
<b>Age</b>				
0 - 12	0	0.0%	1	0.1%
13 - 24	11	25.6%	252	22.5%
25 - 34	18	41.9%	420	37.5%
35 - 44	10	23.3%	221	19.7%
45+	4	9.3%	221	19.7%
<b>Transmission Risk<sup>c</sup></b>				
MSM	25	58.1%	803	71.7%
Sex with Male/Sex with Female	10	23.3%	260	23.2%
Other adult risk	8	18.6%	57	5.1%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017. This dataset reflects individuals who were incarcerated at the time of their HIV diagnosis.

<sup>c</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

**(Table 3)** The Ryan White HIV/AIDS Program in the Houston EMA supports pre-discharge planning services to people living with HIV who are incarcerated at the Harris County Jail. These services connect individuals living with HIV who are leaving incarceration to community-based HIV care, treatment, and support services at reentry. In 2018, 789 individuals received this service while incarcerated at the Harris County Jail. Of these, 84.5% were male, 15.5% were female, and 1.9% were transgender. In addition, 15.7% were White, 70.3% were Black/African American, and 13.1% were Hispanic/Latino. Just under two-thirds (60.4%) were age 35 and over, and 7.1% were age 13 to 24. Most (44.9%) reported sex with male/sex with female contact, and 20.9% reported no known risk or other risk.

**INCARCERATED TABLE 3-Persons Receiving HIV Care in the Houston EMA by Sex at Birth and Transgender, Race/Ethnicity, Age, Risk, and Incarceration Status, 2018**



	Incarcerated Persons in the Ryan White HIV/AIDS Program <sup>a</sup>		All People in HIV Care <sup>b</sup>
	Cases	%	%
<b>Total</b>	789	100.0%	100.0%
<b>Sex at Birth and Transgender</b>			
Male (at birth)	667	84.5%	74.6%
Female (at birth)	122	15.5%	25.4%
Transgender	15	1.9%	1.2%
<b>Race/Ethnicity</b>			
White	124	15.7%	19.4%
African American	555	70.3%	48.3%
Hispanic/Latino	103	13.1%	27.9%
Other/Multiple Races	7	0.9%	4.4%
<b>Age</b>			
0 - 12	0	0.0%	0.3%
13 - 24	56	7.1%	4.5%
25 - 34	256	32.4%	20.4%
35 - 44	193	24.5%	23.1%
45 - 54	190	24.1%	27.5%
55 - 64	84	10.6%	18.6%
65+	10	1.3%	5.6%
<b>Transmission Risk<sup>c</sup></b>			
Male-male sexual contact (MSM)	233	29.5%	57.7%
Person who injects drugs (PWID)	31	3.9%	8.1%
MSM/PWID	6	0.8%	3.9%
Heterosexual contact	354	44.9%	29.1%
Perinatal transmission	8	1.0%	1.2%
Other/unknown	165	20.9%	0.1%

<sup>a</sup>Source: Harris County Public Health, Ryan White Grant Administration. Centralized Patient Care Data Management System (CPCDMS) Reporting Period: January 1, 2018 - December 31, 2018. The incarceration location for this dataset is the Harris County Jail. The service received is Early Intervention Services for pre-discharge planning and linkage to HIV primary medical care post-release. HIV primary medical care while incarcerated is provided by another funding source.

<sup>b</sup>Source: Texas Department of State Health Services, Unmet Need, 2017. Data reflect persons in HIV care not limited to the Ryan White HIV/AIDS Program.

<sup>c</sup>Cases with unknown risk have been redistributed for the denominator of all persons in HIV care only

**(Table 4)** In 2017, 49.2% of people living with HIV who were incarcerated in jail in the Houston EMA had no record of HIV medical care. This is 26% higher than the state as a whole at 39.1% of incarcerated people living with HIV with no record of HIV medical care.



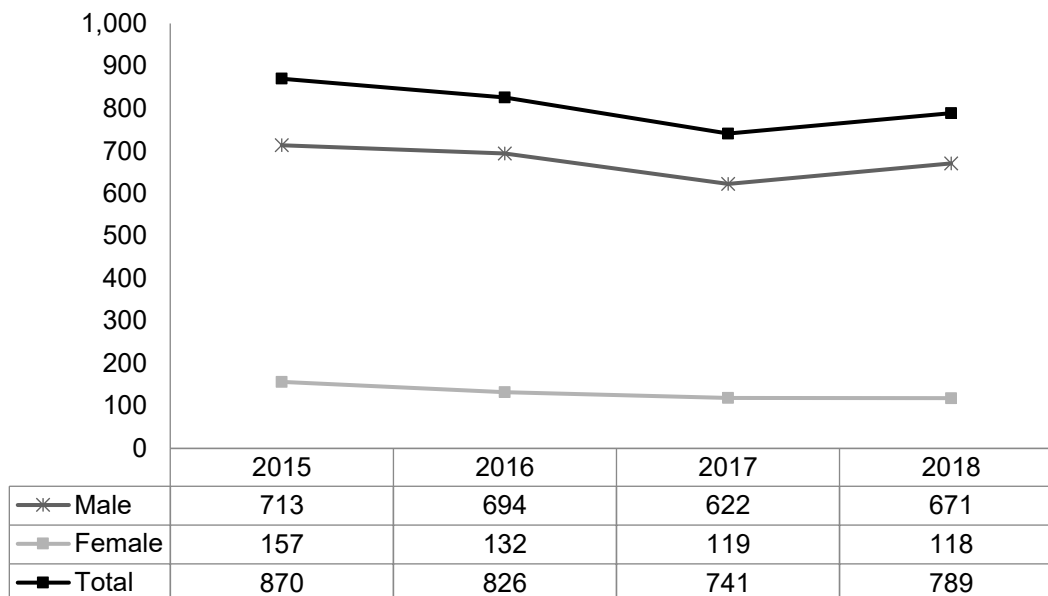
The unmet need percentage for incarcerated individuals is nearly two times higher than the general EMA population.

	Houston EMA	Texas
<b>Total Unmet Need</b>	24.6%	23.4%
All Housed (house, apartment, etc.)	24.0%	22.3%
Homeless	50.7%	43.4%
In Jail	49.2%	39.1%
In Temporary Housing	90.0%	80.0%

Source: Texas Department of State Health Services, Homeless, Insurance, and Poverty, 2017.

**(Graph 1)** The number of people living with HIV receiving pre-discharge planning in the Harris County Jail through the Ryan White HIV/AIDS Program has remained stable over a four year period at an average of 807 clients served per year. The number of male at birth clients has consistently exceeded the number of female at birth clients. In total, 3,226 clients were provided pre-discharge planning during this four year period.

**INCARCERATED GRAPH 1-Number of People Receiving Pre-Discharge Planning Services through the Ryan White HIV/AIDS Program in the Harris County Jail by Sex at Birth, 2015 to 2018**



Source: The Houston Regional HIV/AIDS Resource Group, AIDS Regional Information and Evaluation System (ARIES), 2015-2018

## People Who Injects Drugs (PWID)



(Table 1 and Table 2) In 2017, there were 37 cases of new HIV and 38 new cases of stage 3 HIV diagnosed in individuals with a history of injection drug use in Houston/Harris County. When the jurisdiction of analysis is expanded to the Houston EMA, there were an additional 10 new cases of HIV in PWIDs. In general, when PWIDs were newly diagnosed with HIV in Houston/Harris County and in the EMA in 2017, they were male, African American/Black, and over age 25.

The same general demographic trends are observed in the total numbers of PWIDs living with HIV in both jurisdictions. In Houston/Harris County, males comprise 55.8% of all PWIDs living with HIV, Africans Americans are 69.0%, and people over age 25 are 85.2%. In the EMA, males are 53.4% of all PWIDs living with HIV, Africans Americans are 66.0%, and people over age 35 are 92%. Again, in general, PWIDs living with HIV in Houston/Harris County and in the EMA are male, African American/Black, and over age 35.

<b>PWID TABLE 1- New Diagnoses of HIV and Persons Living with HIV in Houston/Harris County by Sex assigned at birth, Race/Ethnicity, and Age<sup>a</sup></b>						
	New HIV <sup>b</sup>		New Stage 3 HIV <sup>c</sup>		Persons Living with HIV <sup>d</sup>	
	Cases	%	Cases	%	Cases	%
<b>Total: PWID<sup>e</sup></b>	37	100.0%	38	100.0%	2,186	100.0%
<b>Sex assigned at birth</b>						
Male	20	54.1%	21	55.3%	1,220	55.8%
Female	17	45.9%	17	44.7%	966	44.2%
<b>Race/Ethnicity</b>						
White	6	16.2%	3	7.9%	292	13.4%
African American/Black	22	59.5%	29	76.3%	1,509	69.0%
Hispanic/Latino	8	21.6%	5	13.2%	313	14.3%
Other/Multiple Race	1	2.7%	1	2.6%	72	3.3%
<b>Age</b>						
0 - 12	0	0.0%	0	0.0%	0	0.0%
13 - 24	4	10.8%	5	13.2%	321	14.7%
25 - 34	12	32.4%	9	23.7%	719	32.9%
35 - 44	8	21.6%	8	21.1%	722	33.0%
45 - 54	7	18.9%	10	26.3%	318	14.5%
55+	6	16.2%	6	15.8%	106	4.8%
<b>Total: All Persons</b>	1,120	100.0%	591	100.0%	25,132	100.0%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>Stage 3 HIV = People diagnosed with stage 3 HIV with residence at diagnosis in Houston/Harris County in 2017

<sup>d</sup>PLWH at end of 2016= People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>e</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

<b>PWID TABLE 2-New Diagnoses of HIV and People Living with HIV in the Houston EMA by Sex at Birth, Race/Ethnicity, and Age<sup>a</sup>, 2017</b>	
	People Living with HIV <sup>d</sup>
<hr/>	
	New HIV <sup>b</sup>
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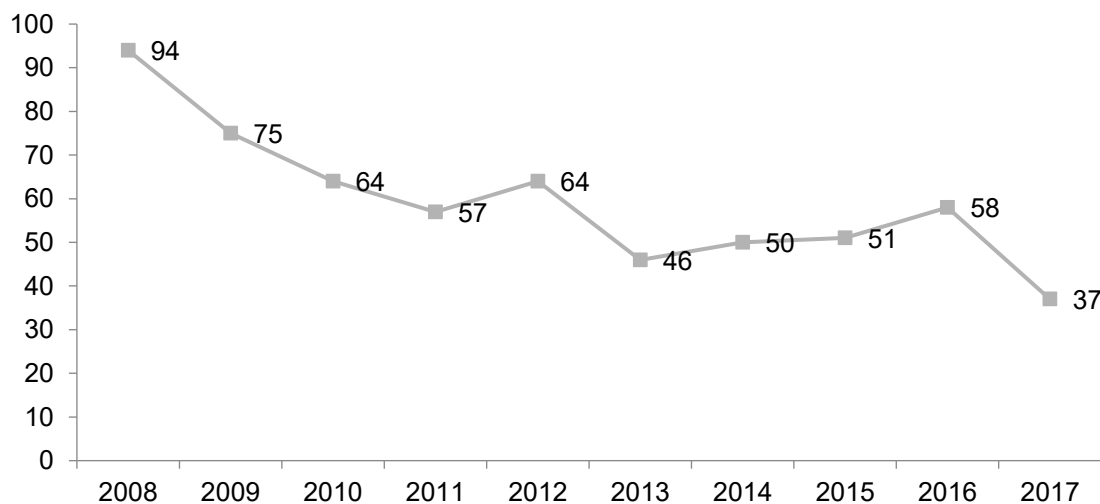




	Cases	%	Cases	%
<b>Total PWID<sup>e</sup></b>	47	100.0%	2,246	100.0%
<b>Sex</b>				
Male	25	53.2%	1,199	53.4%
Female	22	46.8%	1,047	46.6%
<b>Race/Ethnicity</b>				
White	7	14.9%	330	14.7%
African American	25	53.2%	1,490	66.3%
Hispanic/Latino	13	27.7%	335	14.9%
Other/Multiple Race	N	N	92	4.1%
<b>Age</b>				
0 - 12	N	N	N	N
13 - 24	6	12.8%	18	0.8%
25 - 34	14	29.8%	151	6.7%
35 - 44	9	19.1%	409	18.2%
45 - 54	9	19.1%	742	33.0%
55 - 64	7	14.9%	707	31.5%
65+	N	N	218	9.7%
<b>Total All Persons</b>	1,234	100.0%	28,225	100.0%

(Graph 1) Over time, the number of PWIDs newly diagnosed with HIV in Houston/Harris County has declined, from a high of 94 in 2008 to the current low of 37 for 2017.

**PWID GRAPH 1- Number of New HIV Diagnoses in Persons Who Inject Drugs in Houston/Harris County, 2008 to 2017**



Source: Texas eHARS, analyzed by the Houston Health Department

## MSM

*Male-Male Sexual Contact (MSM), including MSM of Color (MSMOC)*



**(Table 1)** In 2017, 803 persons newly diagnosed with HIV in Houston/Harris County were identified as having male-male sexual contact (MSM). Of these, a majority (87.8%) was MSM of color (MSMOC), with 42.5% African American/Black, 41.7% Hispanic/Latino, and 3.6% Other/Multiple Races. White MSM made up 12.2% of new HIV diagnoses among MSM that year. In total, MSM were 71.7% of all new HIV diagnoses in Houston/Harris County in 2017, and African American/Black MSM were 30.4% of all new diagnoses. Most newly diagnosed MSM in Houston/Harris County were under age 35 (67.4%), and 26.2% were young MSM (MSM between the ages of 13 and 24).

When HIV prevalence among MSM is analyzed, there are demographic differences. For example, of all MSM living with HIV in Houston/Harris County, a smaller percentage is MSMOC (75.1%) than are newly diagnosed MSM. Although 24.9% of people living with HIV are White, new HIV diagnoses have increasingly been concentrated among people of color. A similar age distribution is seen in prevalent cases in MSM, with 63.8% of PLWH are MSM in Houston/Harris County under age 35.

<b>MSM TABLE 1- New Diagnoses of HIV and Persons Living with HIV in Houston/Harris County by Race/Ethnicity and Age<sup>a</sup></b>				
	New HIV <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
	Cases	%	Cases	%
<b>Total: MSM<sup>d</sup></b>	803	100.0%	14,307	100.0%
<b>Race/Ethnicity</b>				
White	98	12.2%	3,558	24.9%
African American/Black	341	42.5%	5,412	37.8%
Hispanic/Latino	335	41.7%	4,766	33.3%
Multiple Race	12	1.5%	351	2.5%
Other	17	2.1%	220	1.5%
<b>Age</b>				
0 - 12	0	0.0%	0	0.0%
13 - 24	210	26.2%	3,532	24.7%
25 - 34	331	41.2%	5,594	39.1%
35 - 44	141	17.6%	3,450	24.1%
45 - 54	81	10.1%	1,347	9.4%
55 - 64	34	4.2%	331	2.3%
65+	6	0.7%	53	0.4%
<b>Total: All Persons</b>	1,120	100.0%	25,132	100.0%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>New HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH = People living with HIV, including stage 3 HIV, in Houston/Harris County in 2016

<sup>d</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

**(Table 2)** Similar trends are seen when the jurisdiction of analysis is expanded to the Houston EMA. In 2017, 864 people newly diagnosed with HIV were identified as MSM (an increase of 57 cases from the number in Houston/Harris County). Of these, a majority (87.6%) was also MSM of color (MSMOC), with White MSM comprising 12.4% of new



HIV diagnoses among MSM in that year. In total, MSM were 70.0% of all new HIV diagnoses in the EMA in 2018, and Hispanic/Latino MSM were 41.8% of all new HIV diagnoses in the EMA in 2018. Most newly diagnosed MSM in the EMA were under age 35 (68.1%), and 26.0% were young MSM (MSM between the ages of 13 and 24).

Again, demographic differences are seen between prevalence of HIV among MSM and newly diagnosed MSM in the EMA. For example, a smaller proportion of all MSM living with HIV in the EMA is MSMOC (76.0% vs. 87.6%), and more than half the proportion is under age 35 (31.2% vs. 68.1%). In addition, young MSM are 5.1% of prevalent cases compared to 26.0% of newly diagnosed MSM in the EMA.

<b>MSM TABLE 2-New Diagnoses of HIV and Persons Living with HIV (2017) in the Houston EMA by Race/Ethnicity and Age<sup>a</sup>, 2017</b>				
	New Diagnoses <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
	Cases	%	Cases	%
<b>Total MSM<sup>d</sup></b>	864	100.0%	16,150	100.0%
<b>Race/Ethnicity</b>				
White	107	12.4%	3,877	24.0%
African American	360	41.7%	6,027	37.3%
Hispanic/Latino	361	41.8%	5,428	33.6%
Other/Multiple Race	36	4.2%	818	5.1%
<b>Age</b>				
0 - 12	N	N	N	N
13 - 24	225	26.0%	827	5.1%
25 - 34	363	42.0%	4,225	26.2%
35 - 44	143	16.6%	3,508	21.7%
45 - 54	86	10.0%	4,075	25.2%
55 - 64	40	4.6%	2,694	16.7%
65+	6	0.7%	821	5.1%
<b>Total All Persons</b>	1,234	100.0%	28,225	100.0%

<sup>a</sup>Source: Texas eHARS. New diagnoses and diagnosed PLWH as of 12/31/17

<sup>b</sup>New Diagnoses = People newly diagnosed with HIV, regardless of stage with residence at diagnosis in the Houston EMA in 2017

<sup>c</sup>PLWH = People living with HIV disease, regardless of stage with residence at diagnosis in the Houston EMA in 2017

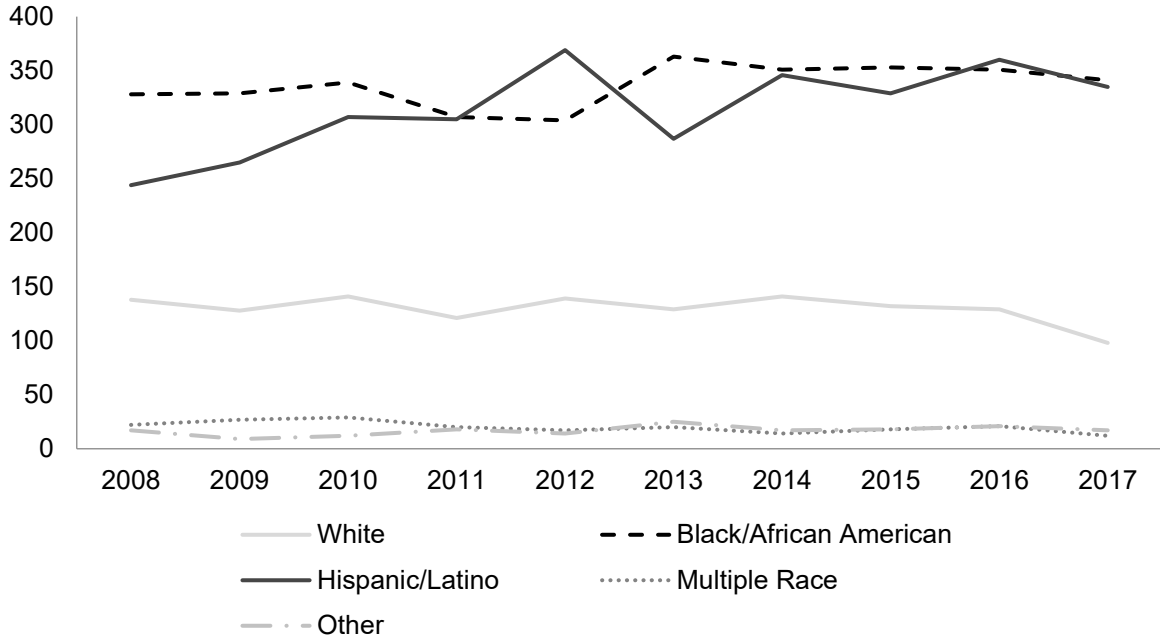
<sup>d</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

**(Graph 1)** Over a ten year period, an average of 689 MSM of color (MSMOC) were diagnosed with HIV in Houston/Harris County each year compared to an average of 130 White MSM annually. This breaks down to 337 African American/Black MSM and 315



Hispanic/Latino MSM diagnosed each year on average. In 2017, there were 341 and 335 cases in these groups, respectively.

**MSM GRAPH 1- Number of New HIV Diagnoses in MSM in Houston/Harris County by Race/Ethnicity, 2008 to 2017**



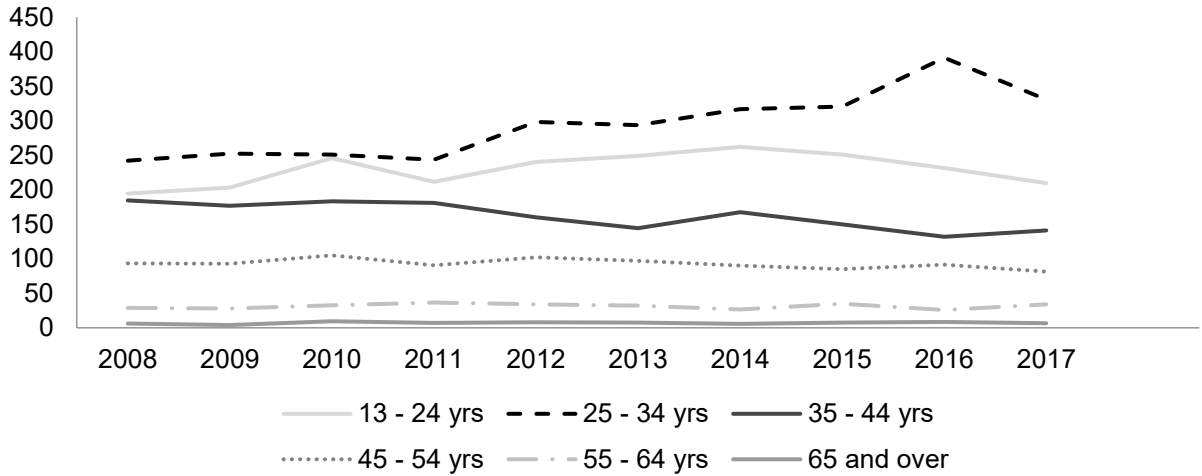
Source: Texas eHARS, analyzed by the Houston Health Department

**(Graph 2)** When analyzed by age, the numbers of newly diagnosed MSM in Houston/Harris County in each age range have remained relatively stable over a ten year period. However, the numbers of new HIV cases in young MSM ages 25 to 34 have increased each year (from 2008 to 2016) while, in the case of MSM ages 35 to 44, the



numbers of new HIV cases have mostly declined since 2008. Overall, the most new cases among MSM are diagnosed in the age group of 25 to 34 years.

**MSM GRAPH 2- Number of New HIV Diagnoses in MSM in Houston/Harris County by Age, 2008 to 2017**



Source: Texas eHARS, analyzed by the Houston Health Department



Young MSM (MSM age 13 to 24) (YMSM)

(Table 3) Young MSM (MSM ages 13 to 24) (YMSM) were 18.8% of all new HIV diagnoses in Houston/Harris County in 2017. Of these, the majority (90.0%) was African American/Black or Hispanic/Latino. Young MSMOC still make up the majority of people living with HIV (84.5%), but there are more White YMSM living with HIV (11.0%) when compared to the proportion newly diagnosed. By proportion, YMSM are 14.1% of all people living with HIV in Houston/Harris County.

<b>YMSM (MSM ages 13 to 24) TABLE 3 - New Diagnoses of HIV and Persons Living with HIV in Houston/Harris County by Race/Ethnicity<sup>a</sup></b>				
	New HIV <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
	Cases	%	Cases	%
<b>Total YMSM<sup>d</sup></b>	210	100.0%	3,532	100.0%
<b>Race/Ethnicity</b>				
White	12	5.7%	390	11.0%
African American/Black	102	48.6%	1,953	55.3%
Hispanic/Latino	87	41.4%	1,031	29.2%
Other/Multiple Race	9	4.3%	158	4.5%
<b>Total All Persons</b>	1,120	100.0%	25,132	100.0%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV disease, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>d</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)



**(Table 4)** The same trends are observed when the jurisdiction of analysis is expanded to the Houston EMA. In 2017, 225 cases of HIV were newly diagnosed in YMSM, which represents 18.2% of all new HIV diagnoses in the EMA in that year. Again, a majority of newly diagnosed YMSM (88.3%) was African American or Hispanic/Latino. Among all persons living with HIV in the Houston EMA, YMSM were 2.9%, down from 3.4% in 2011. Again, the majority of these (94.2%) were MSMOC.

<b>YMSM (MSM age 13 to 24) TABLE 2-New Diagnoses of HIV and People Living with HIV in the Houston EMA by Race/Ethnicity<sup>a</sup></b>				
	New Diagnoses <sup>b</sup>		People Living with HIV <sup>c</sup>	
	Cases	%	Cases	%
<b>Total YMSM<sup>d</sup></b>	225	100.0%	827	100.0%
<b>Race/Ethnicity</b>				
White	13	5.8%	55	6.7%
African American	109	48.4%	470	56.8%
Hispanic/Latino	92	40.9%	266	32.2%
Other/Multiple Race	11	4.9%	36	4.4%
<b>Total All Persons</b>	1,234	100.0%	28,225	100.0%

<sup>a</sup>Source: Texas eHARS. New diagnoses and diagnosed PLWH as of 12/31/17

<sup>b</sup>New Diagnoses = People newly diagnosed with HIV, regardless of stage with residence at diagnosis in the Houston EMA in 2017

<sup>c</sup>PLWH = People living with HIV disease, regardless of stage with residence at diagnosis in the Houston EMA in 2017

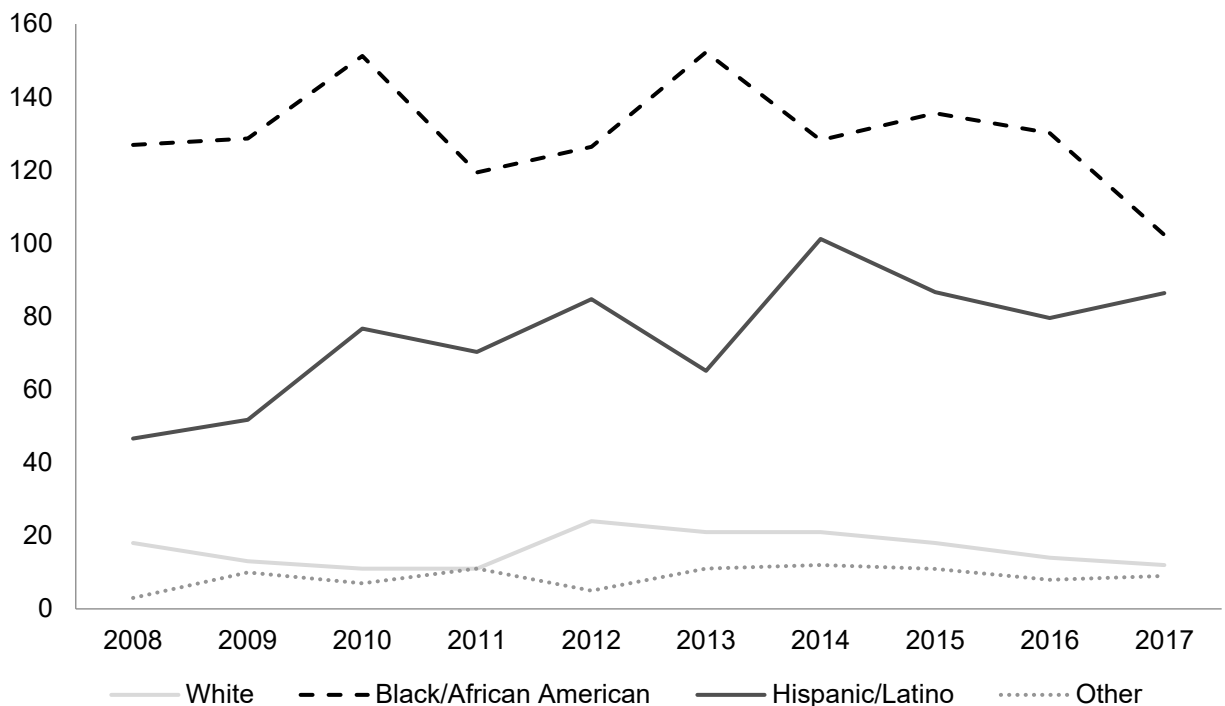
<sup>d</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

<sup>n</sup>Data has been suppressed to meet cell size limit of 5



**(Graph 3)** Over a ten-year period, the numbers of YMSM diagnosed with HIV in Houston/Harris County have been highest in those who are African American/Black. Between 2008 and 2017, the number of African American/Black YMSM newly diagnosed with HIV in Houston/Harris County decreased by 19.7%. During this same time period, the number of new HIV diagnoses among Hispanic/Latino YMSM increased by 83.0%. On average, 130 African American/Black YMSM are diagnosed with HIV each year in Houston/Harris County, 75 Hispanic/Latino YMSM are diagnosed, and 16 White YMSM are diagnosed. In 2017, there was a decline in the number of new HIV cases for African American/Black YMSM by 28 cases, while the number of new cases in Hispanic/Latino YMSM increased by 6 cases.

**YMSM (MSM age 13 to 24) GRAPH 3- Number of New HIV Diagnoses in YMSM in Houston/Harris County by Race/Ethnicity, 2008 to 2017**



Source: Texas eHARS, analyzed by the Houston Health Department





## Rural

### *Urban and Rural Population Distribution*

(Table 1) The geographic service areas for HIV prevention and care planning in the Houston Area include a total of 10 counties. Six of these counties, including Houston/Harris County, form the Houston Eligible Metropolitan Area (EMA) defined federally by the Health Resources and Services Administration (HRSA). These six counties plus four additional counties form the Houston Health Services Delivery Area (HSDA) defined locally by the Texas Department of State Health Services (DSHS). The EMA has a total population of 5,800,581, and the HSDA has a total population of 5,961,783. Of these total populations, 5% and 7% are considered rural, respectively. This is compared to 15% of the total Texas population that is rural.

At the county level, four counties in the HSDA have a majority of the population that is rural (Austin, Colorado, Liberty, Waller). Houston/Harris County is the least rural at 1%, and Austin County is the most rural at 66%.

<b>RURAL TABLE 1-Distribution of Urban and Rural Population in the Houston EMA and HSDA by County, 2016</b>			
County	Total Population	Percent of Population-Urban	Percent of Population-Rural
Chambers	38,072	54%	46%
Fort Bend	683,756	94%	6%
Harris (incl. Houston)	4,434,257	99%	1%
Liberty	78,598	37%	63%
Montgomery	518,849	77%	23%
Waller	47,049	38%	62%
EMA Total	5,800,581	95%	5%
Austin	29,107	34%	66%
Colorado	20,792	37%	63%
Walker	69,926	54%	46%
Wharton	41,377	50%	50%
HSDA Total	5,961,783	93%	7%
Texas Total	26,959,435	85%	15%

<sup>a</sup>Source: Population - U.S. Census (2016). Urban and Rural - U.S. Census (2010).



*Population Density*

**(Table 2)** Population density is a measure of the number of people living per square mile in a defined geographic area. It is commonly used as a measure of proximity of people to each other and to various resources. Rural areas tend to have lower population density (or fewer people per square mile), while urban areas tend to have higher population density (or more people per square mile).

In the Houston Area, population density mirrors urban and rural population distribution above. Houston/Harris County is the most densely populated at 2,495 people per square mile while Colorado is the least densely populated at 21 people per square mile. Overall, population density increased in both the EMA (3.0%) and HSDA (4.8%) between 2010 and 2016.

<b>RURAL TABLE 2-Population Density in the Houston EMA and HSDA by County, 2010 and 2016</b>		
County	Population Density-2010a	Population Density-2016b
Chambers	58.6	43.7
Fort Bend	669.3	772.6
Harris (incl. Houston)	2,367.2	2,495.4
Liberty	65.2	66.8
Montgomery	436.5	481.8
Waller	84.1	90.8
EMA Total	893.1	920.1
Austin	43.5	44.4
Colorado	21.7	21.3
Walker	86.2	87.2
Wharton	37.9	37.8
HSDA Total	578.5	606.5
Texas Total	96.0	100.4

<sup>a</sup>Source: U.S. Census (2010). Geographic Identifiers. Census 2000 Summary File 1 (SF 1) 100-Percent Data. Retrieved on 2/26/13

<sup>b</sup>Source: Calculated using U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates (Retrieved on 02/16/2018) and total county land area



*Distribution of Total Population in the Rural Counties of the Houston EMA*

**(Table 3)** Between 2010 and 2016, the population in the rural counties of the Houston EMA grew by 14.3%, compared to a 9.7% growth for the EMA as a whole and a 7.2% growth for the state of Texas. Over 170,000 more people lived in the rural counties of the EMA in 2016 than in 2010. The largest percent change in population occurred in Fort Bend and Montgomery Counties, with 16.8% and 13.8% more people in 2016 than in 2010, respectively. Liberty County grew the least with a 3.9% increase between 2010 and 2016.

<b>RURAL TABLE 3-Distribution of Total Rural<sup>a</sup> Population and Population Change in the Houston EMA by County, 2010 and 2016</b>				
County	Total-2010 <sup>a</sup>	Total-2016 <sup>b</sup>	Change in Population	
			#	%
Chambers	35,096	38,072	2,976	8.5%
Fort Bend	585,375	683,756	98,381	16.8%
Harris	4,092,459	4,434,257	341,798	8.4%
Liberty	75,643	78,598	2,955	3.9%
Montgomery	455,746	518,849	63,103	13.8%
Waller	43,205	47,049	3,844	8.9%
Rural EMA Total	1,195,065	1,366,324	171,259	14.3%
EMA Total	5,287,524	5,800,581	513,057	9.7%
Texas Total	25,145,561	26,959,435	1,813,874	7.2%

<sup>a</sup>Source: U.S. Census (2010). Profile of General Population and Housing Characteristics. 2010 Census Summary File 1. Retrieved on 1/31/13

<sup>b</sup>Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates. Retrieved on 02/16/2018



**(Table 4)** In 2016, the population of the rural counties in the Houston EMA was 47.7% White (non-Hispanic), 25.7% Hispanic/Latino, 13.9% Black/African American, and 12.5% all other races. This is *dissimilar* when the urban county of Harris is included in the analysis and racial/ethnic minorities comprise the majority of the population. In rural EMA counties, Whites (non-Hispanics) remain the population majority.

<b>RURAL TABLE 4-Distribution of Total Rural Population in the Houston EMA by Sex at Birth, Race/Ethnicity, and Age, 2016<sup>a</sup></b>		
	Number	Percent of Total Population
<b>Total Rural<sup>b</sup> EMA Population</b>	1,502,448	100.0%
<b>Sex at Birth</b>		
Male	735,086	48.9%
Female	767,362	51.1%
<b>Race/Ethnicity</b>		
White	716,779	47.7%
Black/African American	209,094	13.9%
Hispanic/Latino	385,534	25.7%
Other	188,041	12.5%
<b>Age</b>		
Under 2	35,481	2.4%
2 - 12	229,695	15.3%
13 - 24	276,253	18.4%
25 - 34	161,375	10.7%
35 - 44	217,804	14.5%
45 - 54	222,787	14.8%
55 - 64	188,618	12.6%
65+	170,435	11.3%

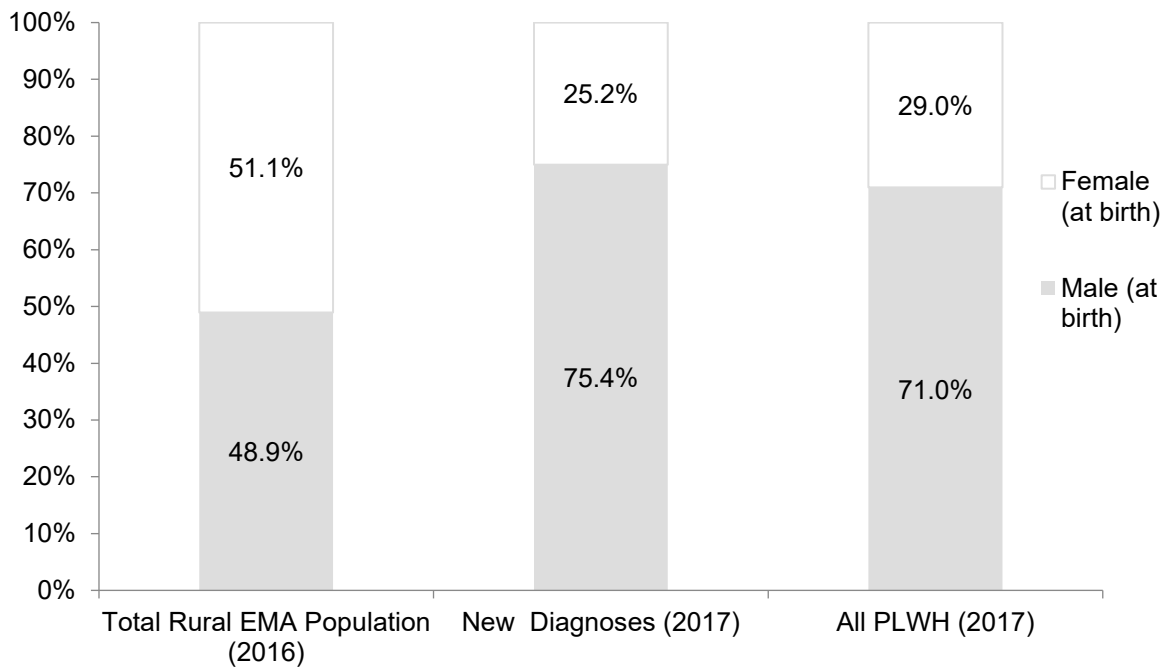
<sup>a</sup>Source: DSHS Center for Health Statistics 2016 Population Projection: <http://www.dshs.state.tx.us/chs/popdat/detailX.shtm>

<sup>b</sup>For the purpose of this analysis, "rural" has been defined as all counties in the Houston EMA except Harris County. Total Rural EMA population differs from previous tables due to different data source (US Census v. DSHS)



**(Graph 1)** The population of the rural counties in the Houston EMA is fairly evenly divided between males and females at 48.9% and 51.1%, respectively. However, more males than females were newly diagnosed with HIV in 2017 (75.4% vs. 25.2%) and more males than females are currently living with HIV (71.0% vs. 29.0%). These differences are comparable when the urban county of Harris is included in the analysis.

**RURAL GRAPH 1-Comparison of Total Rural Population<sup>a</sup> in the Houston EMA to the Rural Population Living with HIV<sup>b</sup> by Sex at Birth, 2017**



<sup>a</sup>Source: DSHS Center for Health Statistics 2016 Population Projection

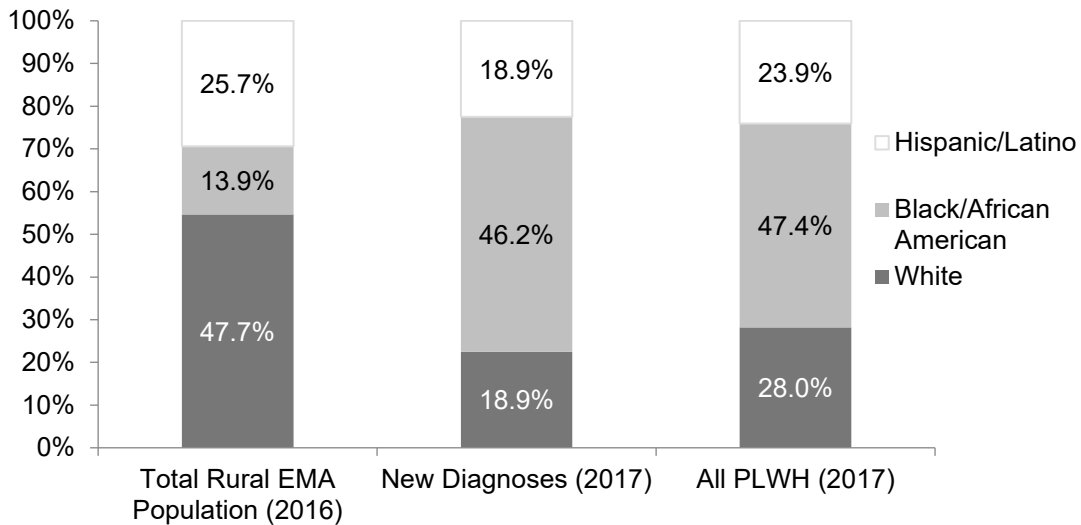
For the purpose of this analysis, "rural" is defined as all counties in the Houston EMA *except* Harris County. This definition is consistent with how HIV care services are currently targeted in the EMA.

<sup>b</sup>Source: Texas eHARS. New diagnoses and diagnosed PLWH as of 12/31/17



**(Graph 2)** The populations in the rural counties in the Houston EMA that are newly diagnosed with HIV and living with HIV are more racially diverse than the general population of the rural counties. While Black/African Americans and Hispanic/Latinos account for 39.6% of the total population in the rural counties, they comprise 65.2% of all new HIV diagnoses and 71.3% of all people living with HIV in the rural counties. These differences are *more* than when the urban county of Harris is included in the analysis. In other words, in the rural counties, the proportion of the HIV burden by race/ethnicity and the demographic distribution of the population by race/ethnicity are *less* analogous.

**RURAL GRAPH 2-Comparison of Total Rural Population<sup>a</sup> in the Houston EMA to the Rural PLWH Population<sup>b</sup> by Race/Ethnicity, 2017**



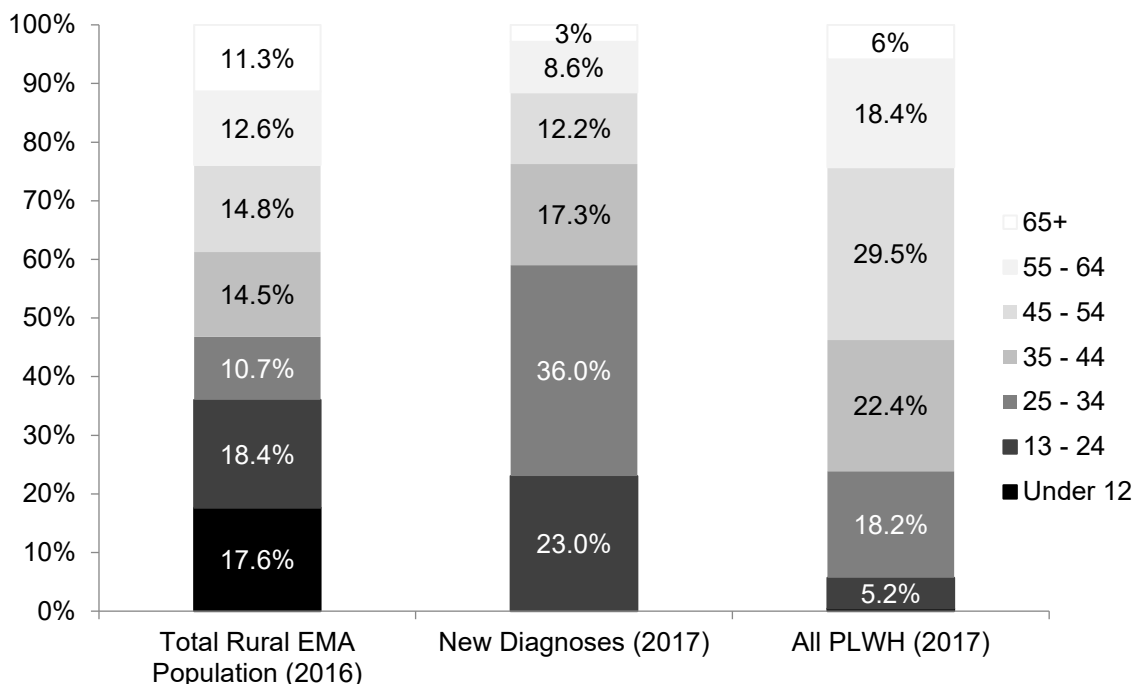
<sup>a</sup>Source: DSHS Center for Health Statistics 2016 Population Projection  
For the purpose of this analysis, "rural" is defined as all counties in the Houston EMA *except* Harris County. This definition is consistent with how HIV care services are currently targeted in the EMA.

<sup>b</sup>Source: Texas eHARS. New diagnoses and diagnosed PLWH as of 12/31/17



**(Graph 3)** When analyzed by age, people age 25 to 34 account for a larger proportion of new HIV diagnoses (36.0%) than their share of the general population in the rural counties of the Houston EMA (10.7%). Similarly, people age 45 to 54 account for a larger proportion of those living with HIV (29.5%) than their share of the total rural population (12.2%). This is comparable to when the urban county of Harris is included in the analysis.

**RURAL GRAPH 3-Comparison of Total Rural Population<sup>a</sup> in the Houston EMA to the Rural PLWH Population<sup>b</sup> by Age, 2017**



<sup>a</sup>Source: DSHS Center for Health Statistics 2016 Population Projection  
 For the purpose of this analysis, "rural" is defined as all counties in the Houston EMA *except* Harris County. This definition is consistent with how HIV care services are currently targeted in the EMA.  
<sup>b</sup>Source: Texas eHARS. New diagnoses and diagnosed PLWH as of 12/31/17

*HIV in the Rural Counties of the Houston EMA*

**(Table 5)** In 2017, 139 new diagnoses of HIV (regardless of stage 3 HIV status) were reported in the rural counties of the Houston EMA. This is a rate of 9 new HIV diagnoses for every 100,000 people in the rural counties. At the end of 2018, there were 2,589 people living with HIV in the rural counties of the Houston EMA, or 166 for every 100,000 people residing in the rural counties. The majority of newly diagnosed people (74.8%) and people living with HIV (71.0%) in the rural counties were males. Black/African Americans had the highest rate of both new diagnoses and people living with HIV in the rural counties with 28 new HIV diagnoses and 528 people living with per 100,000 Black/African Americans. The age distribution of new diagnoses in the rural counties peaks with 25-34 year olds (36.0%) for new diagnoses and 45-54 year olds (29.5%) for people living with HIV. Male-to-male sexual contact or MSM was reported most often in 2018 for both new diagnoses (59.7%) and people living with HIV (52.7%), followed by sex with male/sex with female (28.8% and 33.3%, respectively).



<b>RURAL TABLE 5-New Diagnoses of HIV and Persons Living with HIV in the Rural Houston EMA Counties by Sex at Birth, Race/Ethnicity, Age, and Transmission Risk<sup>a</sup>, 2017</b>						
	<b>New Diagnoses<sup>b</sup></b>			<b>Persons Living with HIV<sup>c</sup></b>		
	Cases	%	Rated	Cases	%	Rated
<b>Total Rural EMA</b>	139	100%	8.9	2,589	100%	165.9
<b>Sex at Birth</b>						
Male	104	74.8%	13.6	1,838	71.0%	241.1
Female	35	25.2%	4.4	751	29.0%	94.1
<b>Race/Ethnicity</b>						
White	25	18.0%	3.4	677	26.1%	92.2
Black/African American	61	43.9%	28.0	1,148	44.3%	527.5
Hispanic/Latino	46	33.1%	11.2	597	23.1%	145.7
Other/Multiple Races	7	5.0%	3.5	167	6.5%	84.0
<b>Age</b>						
0 - 12	N	N	N	12	0.5%	4.5
13 - 24	32	23.0%	11.0	135	5.2%	46.5
25 - 34	50	36.0%	30.3	471	18.2%	285.0
35 - 44	24	17.3%	10.7	579	22.4%	259.1
45 - 54	17	12.2%	7.3	764	29.5%	328.5
55 - 64	12	8.6%	6.1	476	18.4%	241.6
65+	N	N	N	152	5.9%	82.6
<b>Transmission Risk<sup>e</sup></b>						
Male-male sexual contact (MSM)	83	59.7%	*	1,364	52.7%	*
Person who injects drugs (PWID)	9	6.5%	*	218	8.4%	*
MSM/PWID	7	5.0%	*	105	4.1%	*
Sex with Male/Sex with Female	40	28.8%	*	863	33.3%	*
Perinatal transmission	N	N	*	37	1.4%	*
Other	N	N	*	N	N	*

<sup>a</sup>Source: Texas eHARS. New diagnoses and prevalence as of 12/31/17. For the purpose of this analysis, "rural" has been defined as all counties in the Houston EMA except Harris County

<sup>b</sup>New Diagnoses = People newly diagnosed with HIV, regardless of stage with residence at diagnosis in the Houston EMA in 2017

<sup>c</sup>PLWH = People living with HIV disease, regardless of stage with residence at diagnosis in the Houston EMA in 2017

<sup>d</sup>Rate per 100,000 population. Source: DSHS Center for Health Statistics 2017 Population Projection.

<sup>e</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by risk



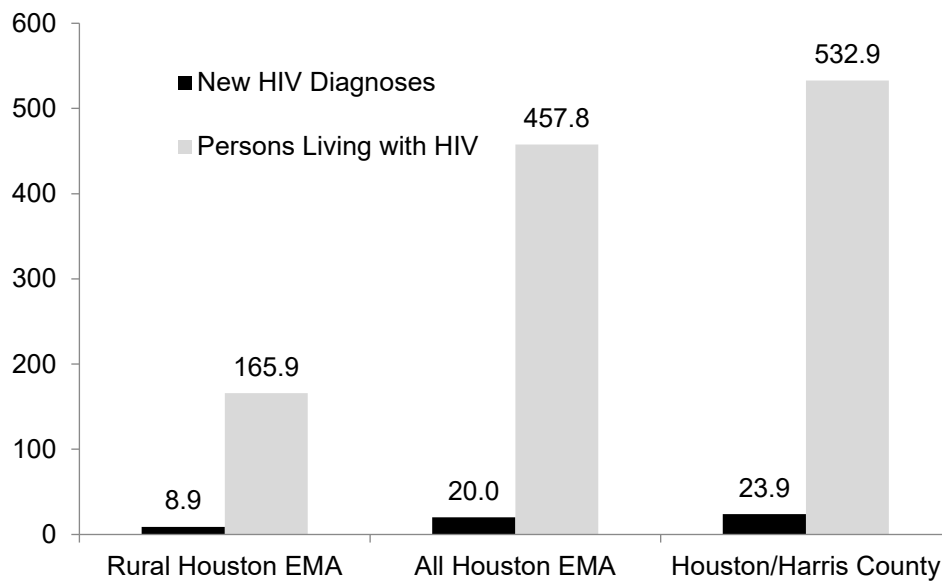


<sup>N</sup>Data has been suppressed to meet cell size limit of 5

### Summary of HIV Epidemiology by Rural and Urban Counties

(Graph 4) Overall, the urban county of Harris has the highest rates of core HIV indicators, which, in turn, increase the rates of the Houston EMA as a whole. In this comparison, the rural counties of the Houston EMA have the lowest rates of core HIV indicators.

**RURAL GRAPH 4-HIV Diagnosis and Prevalence Rates by Rural and Urban Jurisdiction**



Sources:

Rural Houston EMA and All Houston EMA: Texas eHARS. For the purpose of this analysis, "rural" is defined as all counties in the Houston EMA *except* Harris County. This definition is consistent with how HIV care services are currently targeted in the EMA.  
 Houston/Harris County: Houston/Harris County eHARS. Diagnoses, 2017; Prevalence, 2017



## Age 50 and over (Age 50+)

(Table 1 and Table 2) In 2017, 155 people ages 50 and over (50+) were newly diagnosed with HIV in Houston/Harris County. This equates to 13.8% of all new HIV diagnoses in that year. When compared to all new HIV diagnoses in Houston/Harris County in 2017 regardless of age, larger proportions of newly diagnosed seniors were (1) female (27.1% v. 18.2%), (2) White (21.9% v. 11.2%), (3) person who injects drugs (PWID) (6.5% v. 3.3%). In addition, newly diagnosed Age 50+ were more evenly distributed between MSM and sex with male/sex with female than were all new HIV diagnoses in 2017 in Houston/Harris County. The same demographic trends can be seen in new HIV diagnoses in Age 50+ in the Houston EMA.

	New HIV <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
	Cases	%	Cases	%
<b>Total: Age 50+</b>	155	100.0%	1,980	100.0%
<b>Sex assigned at birth</b>				
Male	113	72.9%	1,411	71.3%
Female	42	27.1%	569	28.7%
<b>Race/Ethnicity</b>				
White	34	21.9%	482	24.3%
African American/Black	80	51.6%	957	48.3%
Hispanic/Latino	35	22.6%	476	24.0%
Other/Multiple Races	6	3.8%	65	3.3%
<b>Transmission Risk<sup>d</sup></b>				
MSM	82	52.9%	856	43.2%
PWID	10	6.5%	225	11.4%
MSM/PWID	3	1.9%	47	2.4%
Sex with Male/Sex with Female	60	38.7%	851	43.0%
Perinatal transmission/other	0	0.0%	1	0.1%
<b>Total: All Ages</b>	1,120	100.0%	25,132	100.0%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>d</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)



Of all persons living with HIV in the Houston EMA, people age 50 and over comprise 38.4% at 10,829 diagnosed individuals. When compared to all people living with HIV in the Houston EMA in 2017 regardless of age, larger proportions of Age 50+ living with HIV (1) were again White (28.4% v. 18.9) and (2) reported injection drug use transmission risk (12.4% v. 8.4%). However, prevalence rates among Age 50+ remain highest in Black/African Americans at 1,671 per 100,000 population.

<b>AGE 50 AND OVER TABLE 2-New Diagnoses and People Living with HIV in the Houston EMA by Sex at Birth, Race/Ethnicity, and Risk<sup>a</sup> 2017</b>						
	New HIV Diagnoses <sup>b</sup>			People Living with HIV <sup>c</sup>		
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>
<b>Total Seniors</b>	175	100.0%	10.2	10,829	100.0%	632.1
<b>Sex at Birth</b>						
Male	126	72.0%	15.5	8,379	77.4%	1033.8
Female	49	28.0%	5.4	2,450	22.6%	271.4
<b>Race/Ethnicity</b>						
White	41	23.4%	5.0	3,034	28.0%	369.0
Black/African American	85	48.6%	29.4	4,838	44.7%	1670.5
Hispanic/Latino	42	24.0%	9.7	2,531	23.4%	582.9
Other/Multiracial	7	4.0%	4.2	426	3.9%	255.0
<b>Transmission Risk<sup>e</sup></b>						
Male-male sexual contact (MSM)	90	51.4%	*	5,679	52.4%	*
Person who injects drugs (PWID)	12	6.9%	*	1,348	12.4%	*
MSM/PWID	N	N	*	634	5.9%	*
Heterosexual contact	69	39.4%	*	3,153	29.1%	*
Adult other risk	N	N	*	14	0.1%	*
<b>Total All Ages</b>	1,234	100.0%	20	28,225	100.0%	457.8

<sup>a</sup>Sources: Texas eHARS. New Diagnoses and Diagnosed PLWH as of 12/31/17.

<sup>b</sup>HIV = People diagnosed with HIV with residence at diagnosis in the Houston EMA

<sup>c</sup>PLWH at end of 2017 = People living with HIV in the Houston EMA at the end of 2017

<sup>d</sup>Rate per 100,000 population. Source: DSHS Center for Health Statistics 2017 Population Projection

<sup>e</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by transmission risk

<sup>N</sup>Data has been suppressed to meet cell size limit of 5



## Transgender

HIV surveillance data on transgender people is not uniformly collected by HIV surveillance systems.<sup>1</sup> As a result, minimal epidemiological data are available on new HIV diagnoses and persons living with HIV among transgender individuals both nationally and in the Houston Area.<sup>1</sup> The epidemiological data that are available are presented below. Discrepancies exist between these two data sources due to data collection differences between surveillance and care data management systems.

(**Table 1**) In 2017, 18 new HIV diagnoses and four new stage 3 HIV diagnoses were reported among transgender persons in Houston/Harris County. This equates to 1.6% of all new HIV diagnoses and 0.8% of all new stage 3 HIV diagnoses made in the jurisdiction in that year. In addition, transgender persons were 0.7% of all persons living with HIV in Houston/Harris County at the end of 2016.

<b>TRANSGENDER TABLE 1- New Diagnoses of HIV and Stage 3 HIV and People Living with HIV in Houston/Harris County<sup>a</sup></b>			
	Cases of New HIV, 2017 <sup>b</sup>	Cases of New Stage 3 HIV, 2017 <sup>c</sup>	Persons Living with HIV, 2016 <sup>d</sup>
Total: Transgender	18	4	177
Total: All Persons	1,120	497	25,132

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>New Stage 3 HIV = People diagnosed with stage 3 HIV with residence at diagnosis in Houston/Harris County in 2017

<sup>d</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

(**Table 2**) In 2017, 146 transgender individuals living with HIV were served by the Ryan White HIV/AIDS Program in the Houston EMA. This equates to 1.1% of all Ryan White clients served in that year. Of the 146 transgender clients documented, 21.9% were new to care.

<b>TRANSGENDER TABLE 2-Number of Clients Served by the Ryan White HIV/AIDS Program Part A, B, MAI, and State Services in the Houston EMA/HSDA, 2017</b>		
	Total Clients Served	New Clients Served
Total Transgender	146	32
Total All Persons Served	13,641	2,965

Source: Ryan White Grant Administration and The Resource Group. All Services/All Grants. Presented 4/01/18

<sup>1</sup>Centers for Disease Control and Prevention, “HIV and Transgender People.” <https://www.cdc.gov/hiv/group/gender/transgender/index.html>



## Women of Childbearing Age (age 13 to 44)

(Table 1 and Table 2) In 2017, 144 women of childbearing age (ages 13 to 44) were newly diagnosed with HIV in Houston/Harris County. This equates to 12.9% of all new HIV diagnoses in Houston/Harris County in that year. In the Houston EMA of 2017, 165 persons newly diagnosed with HIV were women of childbearing (21 more cases than in Houston/Harris County in 2017). In both jurisdictions, the majority of new diagnoses in women age 13 to 44 were African American/Black (at 60.4% and 59.4% respectively). In addition, almost all newly diagnosed women of this age range reported sex with male(s).

<b>WOMEN OF CHILDBEARING AGE (ages 13 to 44) TABLE 1- New Diagnoses of HIV and Persons Living with HIV in <i>Houston/Harris County</i> by Race/Ethnicity, Age, and Risk<sup>a</sup></b>				
	New HIV <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
	Counts	%	Counts	%
<b>Total: Women (ages 13 to 44)</b>	144	100.0%	5,030	100.0%
<b>Race/Ethnicity</b>				
White	8	5.6%	330	6.6%
African American/Black	87	60.4%	3,557	70.7%
Hispanic/Latino	43	29.9%	961	19.1%
Multiple Races	3	2.1%	138	2.7%
Other	3	2.1%	44	0.9%
<b>Age</b>				
13 -17	0	0	224	4.5%
18 - 24	33	22.9%	1,323	26.3%
25 - 34	60	41.7%	2,109	41.9%
35 - 44	51	35.4%	1,374	27.3%
<b>Transmission Risk<sup>e</sup></b>				
PWID	11	7.6%	806	16.0%
Sex with male	132	91.7%	4,215	83.8%
Perinatal transmission/other	1	9.0%	9	0.2%
<b>Total: All Persons</b>	<b>1,120</b>	<b>100.0%</b>	<b>25,132</b>	<b>100.0%</b>

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>e</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)



Women of childbearing age (ages 13 to 44) are about 20% of all persons living with HIV in Houston/Harris County and about 12% of all persons living with HIV in the Houston EMA. Again, the majority of women living with HIV in this age range are Black/African American and have sex with male/sex with female transmission risk in both jurisdictions.

<b>WOMEN OF CHILDBEARING AGE (age 13 to 44) TABLE 2-New Diagnoses of HIV and Persons Living with HIV in the <i>Houston EMA</i> by Race/Ethnicity, Age, and Risk<sup>a</sup></b>						
	New HIV Diagnoses <sup>b</sup>			Persons Living with HIV <sup>c</sup>		
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>
<b>Total Women (age 13 to 44)</b>	165	100.0%	11.6	3,496	100.0%	245.0
<b>Race/Ethnicity</b>						
White	11	6.7%	2.9	188	5.4%	49.4
Black/African American	100	60.6%	38.8	2,379	68.0%	922.6
Hispanic/Latino	48	29.1%	7.5	751	21.5%	117.4
Other/Multiple Races	6	3.6%	4.0	178	5.1%	119.8
<b>Age</b>						
13 - 24	40	24.2%	7.8	276	7.9%	53.9
25 - 34	66	40.0%	14.5	1,091	31.2%	239.3
35 - 44	59	35.8%	12.8	2,129	60.9%	463.2
<b>Transmission Risk<sup>e</sup></b>						
Person who injects drugs (PWID)	14	8.5%	*	329	9.4%	*
Sex with Male/Sex with Female	150	90.9%	*	3,023	86.5%	*
Perinatal transmission	N	N	*	144	4.1%	*
<b>Total All Persons</b>	1,234	100.0%	20	28,225	100.0%	457.8

<sup>a</sup>Sources: Texas eHARS. New Diagnoses and Diagnosed PLWH as of 12/31/17.

<sup>b</sup>HIV = People diagnosed with HIV with residence at diagnosis in the Houston EMA

<sup>c</sup>PLWH at end of 2017 = People living with HIV in the Houston EMA at the end of 2017

<sup>d</sup>Rate per 100,000 population. Source: DSHS Center for Health Statistics 2017 Population Projection.

<sup>e</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by risk

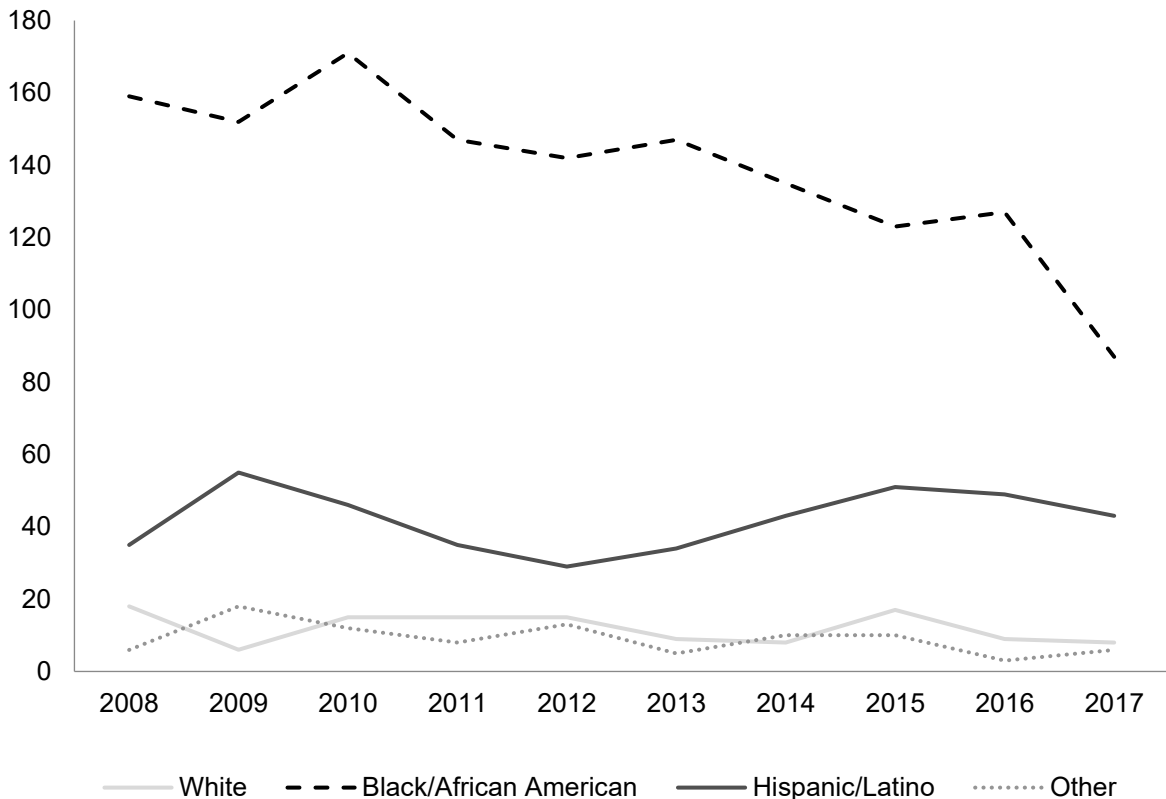
<sup>N</sup>Data has been suppressed to meet cell size limit of 5



**(Graph 1)** From 2008 to 2017, the numbers of new HIV diagnoses in women of childbearing age (ages 13 to 44) in Houston/Harris County have declined. For example, in 2008, there were 218 new HIV diagnoses in women of this age range while, in 2017, there were 144. On average, there were 7 fewer new HIV diagnoses per year in women of this age range during this ten year period.

African American/Black women comprised the majority of new HIV diagnoses among women of childbearing age (ages 13 to 44) during this ten-year period. On average, during this period, there have been 139 new HIV diagnoses among African American/Black women of childbearing age (ages 13 to 44), 42 new HIV diagnoses among Hispanic/Latino women of childbearing age (ages 13 to 44), and 12 new HIV diagnoses among White women of childbearing age (ages 13 to 44). For all groups, the numbers of new HIV diagnoses have been on the decline.

**WOMEN OF CHILDBEARING AGE (ages 13 to 44) GRAPH 1- Number of New HIV Diagnoses in Women of Childbearing Age in Houston/Harris County by Race/Ethnicity, 2008 to 2017**



Source: Texas eHARS, analyzed by the Houston Health Department



## Youth (age 13 to 24)

### Youth (age 13 to 24)

(Table 1 and Table 2) In 2017, 252 youth (people age 13 to 24) were diagnosed with HIV in Houston/Harris County. This equates to 22.5% of all new HIV diagnoses in Houston/Harris County in that year. Most were persons of color and MSM. When compared to all new HIV diagnoses in Houston/Harris County in 2017 regardless of age, larger proportions of newly diagnosed youth were (1) African American/Black (50.4% v. 47.6%) and (2) MSM (83.3% v. 71.7%). The same demographic trends are seen when the jurisdiction of analysis is expanded to the Houston EMA. People age 13 to 24 in the EMA were 22.6% of all new HIV diagnoses in 2017. Again, larger proportions of newly diagnosed youth in the EMA were (1) African American/Black (50.2% v. 47.1%) and (2) MSM (80.6% v. 70.5%) compared to all new HIV diagnoses in that year regardless of age.

YOUTH (age 13 to 24) TABLE 1- New Diagnoses of HIV and Persons Living with HIV in <i>Houston/Harris County</i> by Sex assigned at birth, Race/Ethnicity, and Risk <sup>a</sup>				
	New HIV <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
	Counts	%	Counts	%
<b>Total: Youth (age 13 to 24)</b>	252	100.0%	5,660	100.0%
<b>Sex assigned at birth</b>				
Male	219	86.9%	4,113	72.7%
Female	33	13.1%	1,547	27.3%
<b>Race/Ethnicity</b>				
White	18	7.1%	558	9.9%
African American/Black	127	50.4%	3,409	60.2%
Hispanic/Latino	97	38.5%	1,440	25.4%
Multiple Races	6	2.4%	213	3.8%
Other	4	1.6%	40	0.7%
<b>Transmission Risk<sup>d</sup></b>				
MSM	210	83.3%	3,532	62.4%
PWID	4	1.6%	321	5.7%
Sex with Male/Sex with Female	32	12.7%	1,585	28.0%
Perinatal/MSM-PWID/other	6	2.4%	222	3.9%
<b>Total: All Ages</b>	1,120	100.0%	25,132	100.0%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>d</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)





The people ages 13 to 24 living with HIV in Houston/Harris County reflect the number of new diagnoses, with this group making up about 20% of all new diagnoses and prevalent HIV. However, the number of prevalent cases of HIV in people age 13 to 24 is only 4.3% of all people living with HIV in the Houston EMA in 2017. Prevalent cases in youth in both jurisdictions also tend to be MSMOC. About 15% of people age 13 to 24 living with HIV in the Houston EMA were perinatally exposed.

<b>YOUTH (age 13 to 24) TABLE 2-New Diagnoses of HIV and Persons Living with HIV in the <i>Houston EMA</i> by Sex at Birth, Race/Ethnicity, and Risk<sup>a</sup> 2017</b>						
	New HIV Diagnoses <sup>b</sup>			Persons Living with HIV <sup>c</sup>		
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>
<b>Total Youth (age 13 to 24)</b>	279	100.0%	26.3	1,240	100.0%	117.0
<b>Sex at birth</b>						
Male	237	84.9%	43.3	958	77.3%	174.9
Female	42	15.1%	8.2	282	22.7%	55.1
<b>Race/Ethnicity</b>						
White	18	6.5%	7.0	74	6.0%	28.7
Black/African American	140	50.2%	72.6	722	58.2%	374.4
Hispanic/Latino	109	39.1%	21.2	374	30.2%	72.9
Other/Multiple Races	12	4.3%	12.5	70	5.6%	72.9
<b>Transmission Risk<sup>e</sup></b>						
Male-male sexual contact (MSM)	225	80.6%	*	827	66.7%	*
Person who injects drugs (PWID)	6	2.2%	*	18	1.5%	*
MSM/PWID	7	2.5%	*	21	1.7%	*
Sex with Male/Sex with Female	39	14.0%	*	188	15.2%	*
Perinatal transmission	<sup>N</sup>	<sup>N</sup>	*	186	15.0%	*
<b>Total All Ages</b>	1,234	100.0%	20	28,225	100.0%	487.8

<sup>a</sup>Sources: Texas eHARS. New Diagnoses and Diagnosed PLWH as of 12/31/17.

<sup>b</sup>HIV = People diagnosed with HIV with residence at diagnosis in the Houston EMA

<sup>c</sup>PLWH at end of 2017 = People living with HIV in the Houston EMA at the end of 2017

<sup>d</sup>Rate per 100,000 population. Source: DSHS Center for Health Statistics 2017 Population Projection.

<sup>e</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

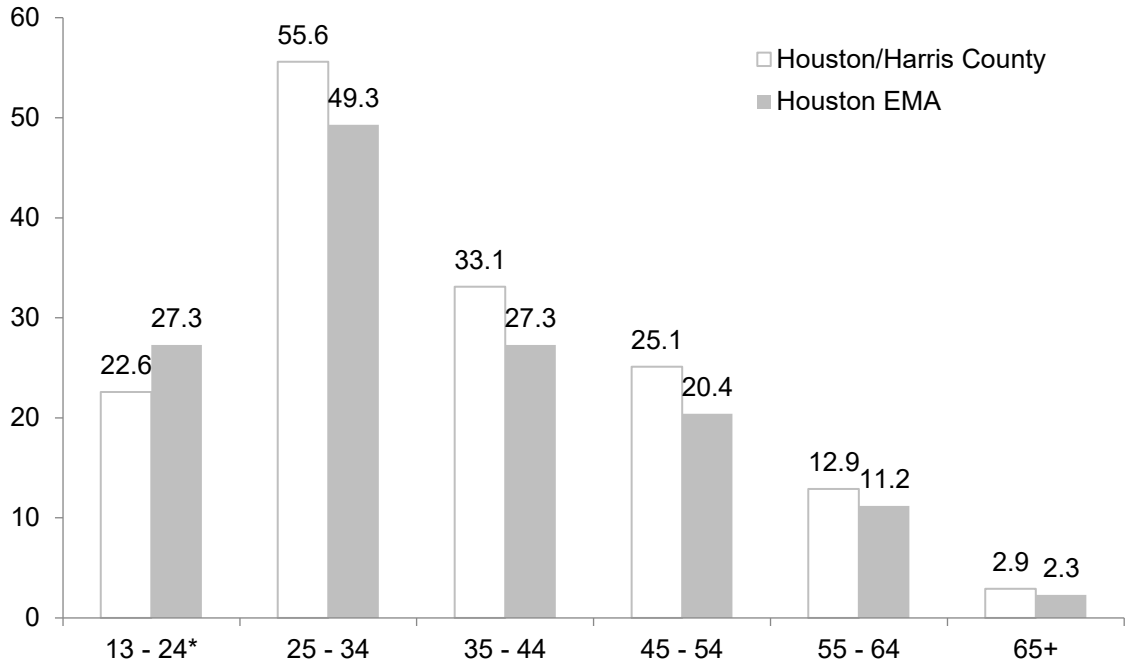
\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by risk

<sup>N</sup>Data has been suppressed to meet cell size limit of 5



**(Graph 1)** Rates of new HIV diagnoses by age in Houston/Harris County and in the Houston EMA follow a general bell curve, with a peak among people age 25 to 34 in both jurisdictions. For people age 0 to 24, the rate of new HIV diagnoses in Houston/Harris County at 23 new HIV diagnoses for every 100,000 child and youth in the jurisdiction. People age 13 - 24 comprise *second* highest rate of new HIV diagnoses by age group in Houston (behind people age 25 to 34, and tied with 35 to 44). In the Houston EMA, there were 27 new HIV diagnoses for every 100,000 youth in 2017

**YOUTH (age 13 to 24) GRAPH 1-Rate<sup>a</sup> of New HIV Diagnoses in the Houston EMA<sup>b</sup> and Houston/Harris County<sup>c</sup> by Age as of December 31, 2017**



<sup>a</sup>Source: DSHS Center for Health Statistics 2016 Population Projection

<sup>b</sup>Source: Texas eHARS. New diagnoses as of 12/31/17

<sup>c</sup>Source: Texas eHARS, analyzed by Houston Health Department

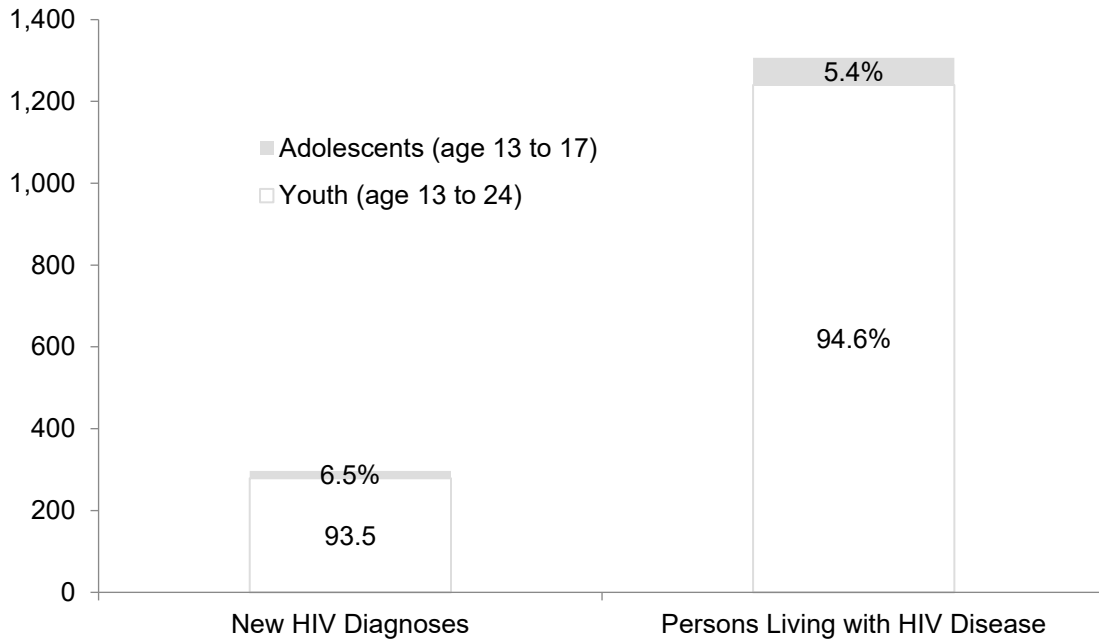
\*Age range 13-24 for Houston/Harris County reflects the diagnosis rate for age range 0-24 due to data suppression.



Adolescents (age 13 to 17)

**(Graph 2)** In 2018, adolescents (people age 13 to 17) were 6.5% of all new HIV diagnoses that occurred in youth (people age 13 to 24) and 5.4% of all youth living with HIV in the Houston EMA.

**ADOLESCENTS (age 13 to 17) GRAPH 2-Number and Proportion of New HIV Diagnoses and Persons Living with HIV in the Houston EMA, Adolescents and Youth, 2017**



Source: Texas eHARS. Living HIV cases as of 12/31/17

**(Table 3 and Table 4)** In 2017, 14 adolescents (people ages 13 to 17) were diagnosed with HIV in both Houston/Harris County. Of those newly diagnosed, 92.9% were African American/Black or Hispanic/Latino. The majority were also identified as MSM (92.9%). This is divergent from persons living with HIV in this age group in Houston/Harris County, for which more people were heterosexual (46.8%) than MSM (40.0%).



<b>ADOLESCENTS (age 13 to 17) TABLE 3- New Diagnoses of HIV and Persons Living with HIV in <i>Houston/Harris County</i> by Sex assigned at birth, Race/Ethnicity, and Risk<sup>a</sup></b>				
	New HIV <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
	Counts	%	Counts	%
<b>Total: Adolescents (ages 13 to 17)</b>	14	100.0%	432	100.0%
<b>Sex assigned at birth</b>				
Male	14	100.0%	208	48.1%
Female	0	0.0%	224	51.9%
<b>Race/Ethnicity</b>				
White	1	7.1%	30	6.9%
African American/Black	9	64.3%	293	67.8%
Hispanic/Latino	4	28.6%	95	22.0%
Multiple Races	0	0.0%	13	3.0%
Other	0	0.0%	1	0.2%
<b>Transmission Risk<sup>d</sup></b>				
MSM	13	92.9%	173	40.0%
PWID	0	0.0%	34	7.9%
Sex with Male/Sex with Female	0	0.0%	202	46.8%
Perinatal/MSM-PWID/other	1	7.1%	23	5.3%
<b>Total: All Ages</b>	1,120	100.0%	25,132	100.0%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>HIV = People diagnosed with HIV, including stage 3 HIV, with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>d</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)



Sixty-seven (67) adolescents (people age 13 to 17) are living with HIV in the Houston EMA. Most are (80.6%) are Black/African American or Hispanic/Latino. The majority were also perinatally exposed (88.1%). However, a small percentage reported male-male sexual contact (7.5%) as their transmission risk factor. This is divergent from *new* HIV diagnoses in this age group in the EMA, for which the majority were MSM (83.3%).

<b>ADOLESCENTS (age 13 to 17) TABLE 2-New Diagnoses of HIV and Persons Living with HIV in the Houston EMA by Sex, Race/Ethnicity, and Risk<sup>a</sup></b>							
	New HIV Disease <sup>b</sup>			Persons Living with HIV <sup>c</sup>			
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>	
<b>Total Adolescents (age 13 to 17)</b>	18	100.0%	3.8	67	100.0%	14.3	
<b>Sex</b>							
Male	16	88.9%	6.6	29	43.3%	12.0	
Female	N	N	N	38	56.7%	16.7	
<b>Race/Ethnicity</b>							
White	N	N	N	6	9.0%	5.1	
Black/African American	10	55.6%	12.1	37	55.2%	44.8	
Hispanic/Latino	6	33.3%	2.6	17	25.4%	7.5	
Other/Multiple Races	N	N	N	7	10.4%	16.5	
<b>Risk Category<sup>e</sup></b>							
Male-to-male sexual activity (MSM)	15	83.3%	*	5	7.5%	*	
Injection drug use (IDU)	N	N	*	N	N	*	
MSM/IDU	N	N	*	N	N	*	
Heterosexual contact	N	N	*	N	N	*	
Perinatal transmission	N	N	*	59	88.1%	*	
<b>Total All Ages</b>	1,234	100.0%	20	28,225	100.0%	457.8	

<sup>a</sup>Sources: Texas eHARS. New Diagnoses and Diagnosed PLWH as of 12/31/17.

<sup>b</sup>HIV = People diagnosed with HIV with residence at diagnosis in the Houston EMA

<sup>c</sup>PLWH at end of 2017 = People living with HIV in the Houston EMA at the end of 2017

<sup>d</sup>Rate per 100,000 population. Source: DSHS Center for Health Statistics 2017 Population Projection.

<sup>e</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification

\*Population data are not available for risk groups; therefore, it is not possible to calculate rate by risk

<sup>N</sup>Data has been suppressed to meet cell size limit of 5

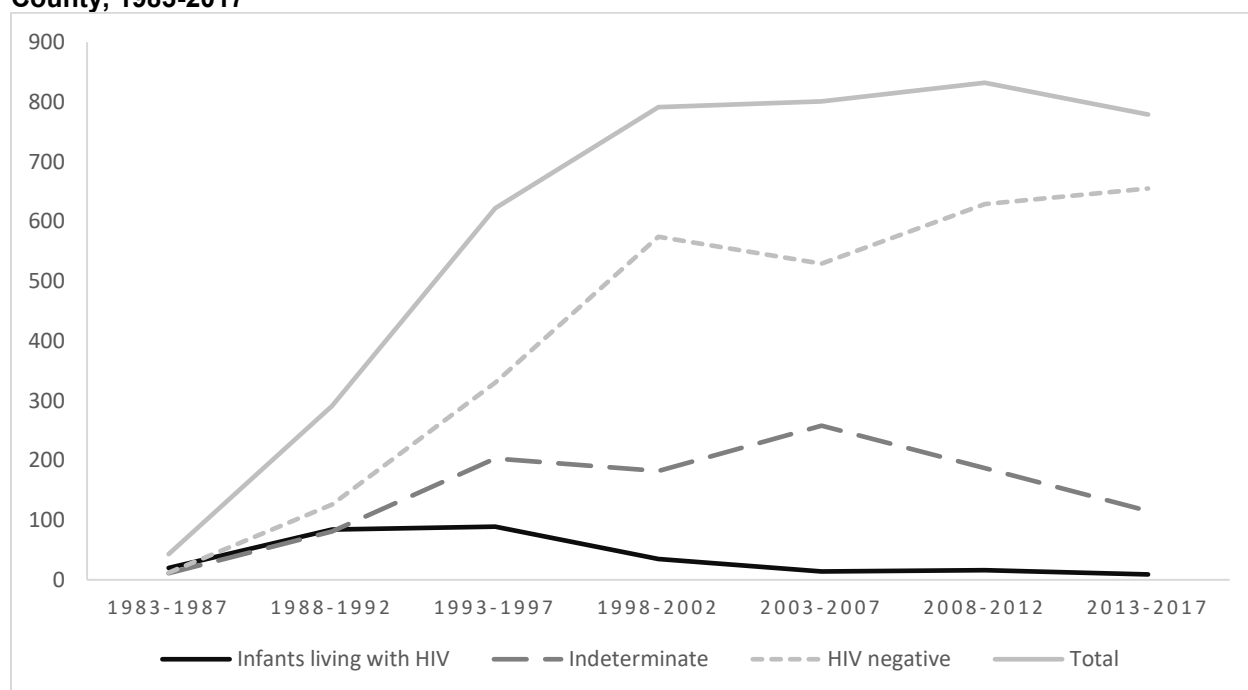


## Perinatal HIV Exposure in Infants

Perinatal HIV Exposure in Infants Graph 1 shows the number of infants born to mothers living with HIV by the year of birth, stratified by the HIV status of the infants. The data were reported through 2017. Infants proven to have HIV are classified as “Infants living with HIV”. Infants who have been proven not have HIV are classified as “HIV negative”. Infants whose final HIV status has not been determined or has not been reported to the Health Department are classified as “Indeterminate”.

**Graph 1** shows that the number of perinatal HIV-exposed infants increased from 1983 as the number of women living with HIV of childbearing age was increasing. It appeared to have reached a steady state of about 800 perinatal-exposed infants born every 5 years from 1998 through 2017. The number of infants living with HIV decreased from 1993 and reached a steady state of about 15 cases every 5 years from 2003 to 2012; the trend has decreased to 9 cases within 5 year-period of 2013-2017. During 2013-2017, the percentage of infants living with HIV, Indeterminate, and HIV negative were 1%, 15%, and 84%, respectively. The frequency of infants with perinatal HIV exposure has decreased over time due to early diagnoses of HIV during pregnancy

**PERINATAL HIV EXPOSURE IN INFANTS, GRAPH 1- Transmission Status in Houston/Harris County, 1983-2017**



Source: Texas eHARS, 2018, analyzed by the Houston Health Department

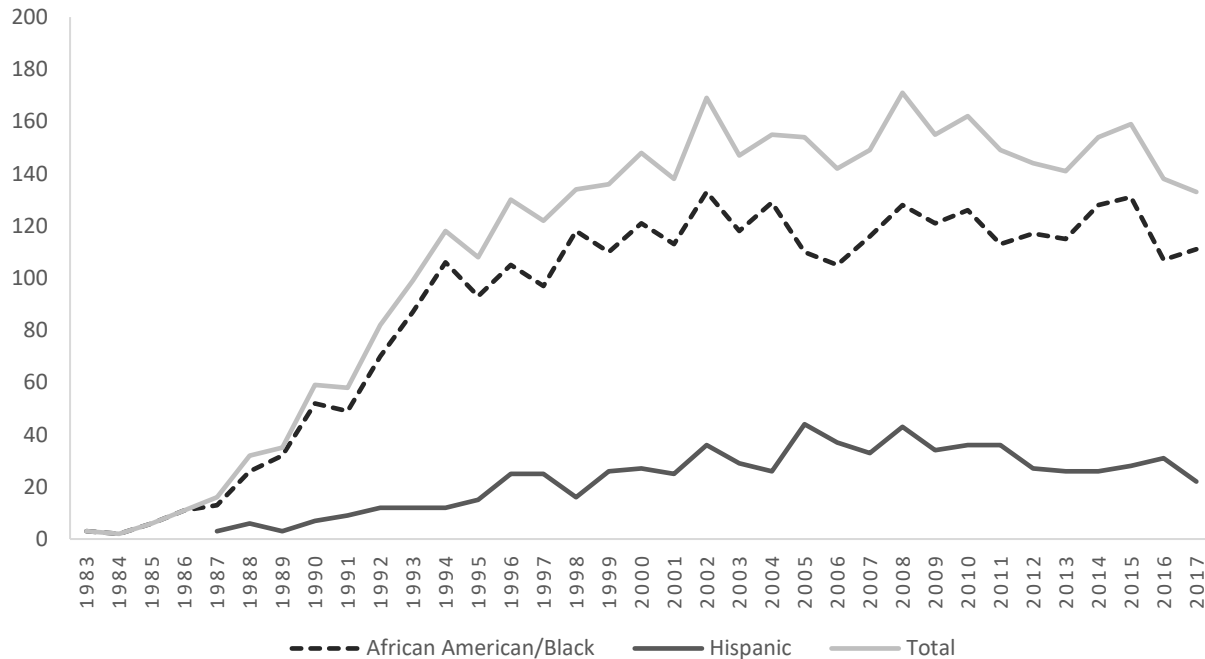
**Graph 2** shows the number of infants born to mothers living with HIV by the year of birth, stratified by race/ethnicity. In African Americans, the number of perinatal HIV



exposures increased from 1983 to 2002 and has remained relatively stable. In Hispanic/Latinos, the number of perinatal HIV exposures showed a slight increase from 1987 to 2008 followed by a decrease.

Averaging perinatal exposures for 2015 and 2016, 74% of the perinatal exposures were in African Americans, 18% in Hispanic/Latinos, and 5% in Whites. This roughly reflected the race proportions of women of child bearing age living with HIV (**Graph 3**).

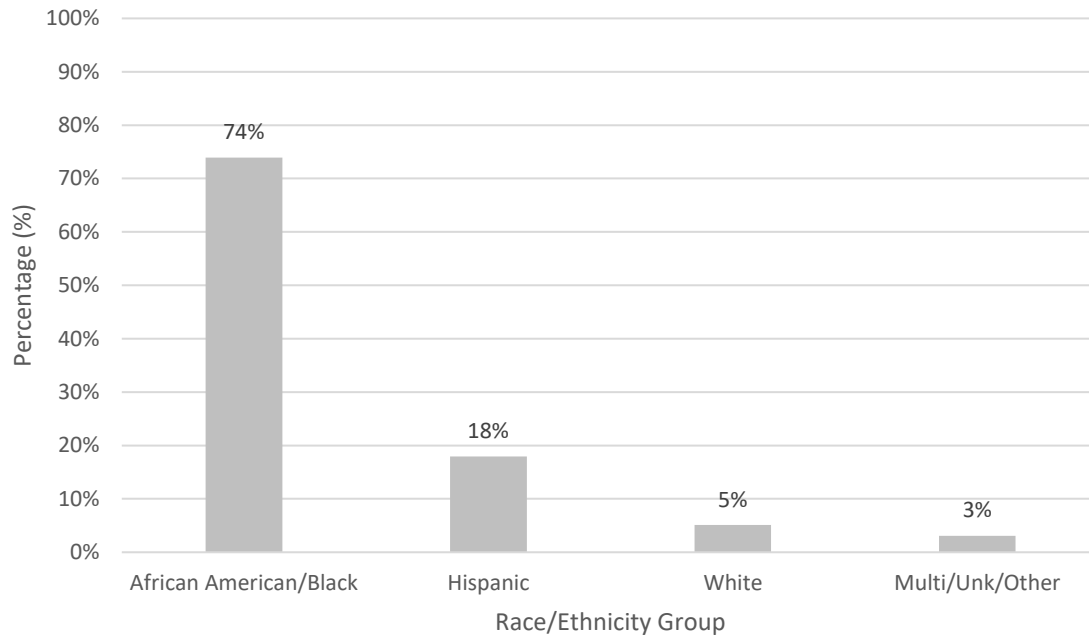
**PERINATAL HIV EXPOSURE IN INFANTS, GRAPH 2- by Race/Ethnicity in Houston/Harris County, 1983-2017**



Source: Texas eHARS, 2018, analyzed by the Houston Health Department

**PERINATAL HIV EXPOSURE IN INFANTS, GRAPH 3- by Race/Ethnicity in Houston/Harris County, 2016-2017**





Source: Texas eHARS, 2018, analyzed by the Houston Health Department



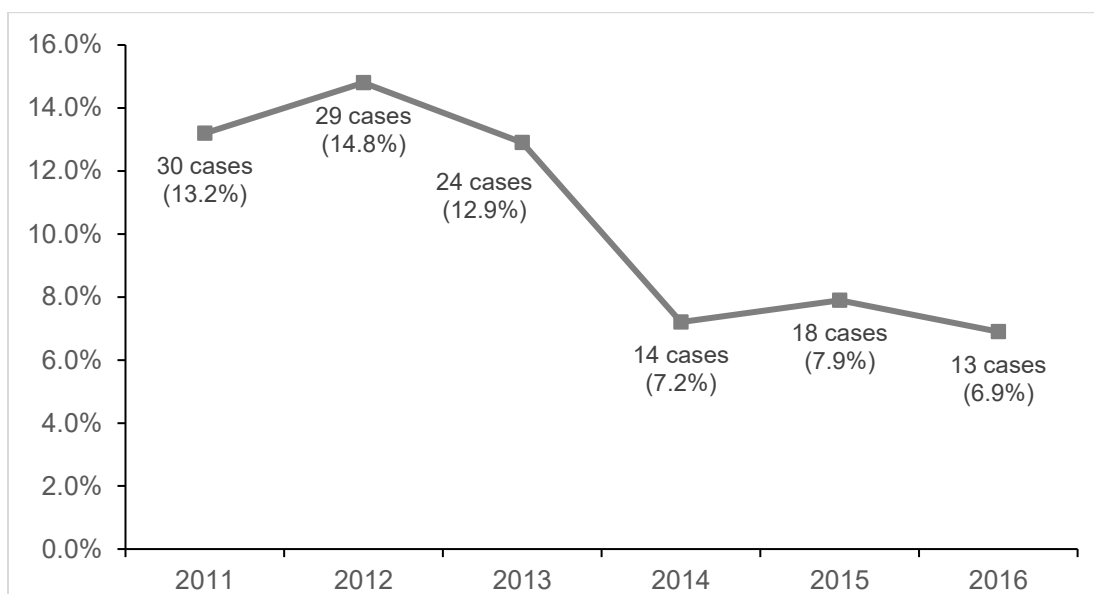


## Co-Occurring Condition: HIV and Active TB Disease

There are two types of tuberculosis (TB): (1) active TB disease and (2) latent TB infection. Active TB disease occurs when the TB bacteria are multiplying in the body and cause illness. Latent TB infection occurs when the TB bacteria do not multiply because the immune system has suppressed them; there are no symptoms, and the individual is not infectious. People living with HIV are at greater risk for developing active TB disease than people not living with HIV due to their weakened immune systems.<sup>1</sup> An individual who has co-occurring HIV and active TB disease is considered to have stage 3 HIV-defining condition.<sup>1</sup> Moreover, a person who is living with HIV and has latent TB infection can progress to active TB disease more easily than a person not living with HIV.<sup>1</sup> Data on co-occurring HIV and active TB disease are presented here.

**(Graph 1)** On average, about 21 cases of active TB disease diagnosed in the city of Houston are also co-occurred with HIV each year. In 2016, HIV co-occurring conditions were 6.9% of all persons diagnosed with active TB disease in the city of Houston in that year.

**TB GRAPH 1- Percent and Number of Person with TB who are Co-occurred with HIV in Houston (excluding Harris County), 2011 to 2016**



Source: Bureau of Tuberculosis, Houston Health Department

Only includes cases within City of Houston. Any cases within Harris County, but outside of Houston are not included in this analysis.

<sup>1</sup>Centers for Disease Control and Prevention, "TB and HIV Coinfection." Last Reviewed: March 15, 2016. Located at <https://www.cdc.gov/tb/topic/basics/tbhivcoinfection.htm>



(Table 1) In 2017, 8 persons newly diagnosed with stage 3 HIV in Houston were also co-occurred with active TB disease. Of all persons living with HIV in the jurisdiction in 2017, 627 cases were co-occurred with active TB disease. In general, the majority of people with co-occurring HIV and TB in Houston are male, African American/Black or Hispanic/Latino, and ages 25 and older. Most people with co-occurring conditions report the transmission risk of MSM, followed by sex with male/sex with female.

<b>TB TABLE 1- HIV Cases with a TB Diagnosis in Houston by Sex assigned at birth, Race/Ethnicity, Age, and Risk<sup>a</sup></b>					
		New Stage 3 HIV Diagnoses <sup>b</sup>		Persons Living with HIV <sup>c</sup>	
		Cases	%	Cases	%
<b>Total Cases with TB<sup>d</sup></b>		8	100.0%	627	100.0%
<b>Sex assigned at birth</b>					
	Male	6	75.0%	487	77.7%
	Female	1	12.5%	140	22.3%
<b>Race/Ethnicity</b>					
	White	1	12.5%	57	9.1%
	African American/Black	3	37.5%	302	48.2%
	Hispanic/Latino	4	50.0%	237	37.8%
	Multiple Races	0	0.0%	11	1.8%
	Other	0	0.0%	20	1.8%
<b>Age</b>					
	0 - 12	0	0.0%	7	1.1%
	13 - 24	0	0.0%	74	11.8%
	25 - 34	4	50.0%	272	43.4%
	35 - 44	0	0.0%	191	30.5%
	45 - 54	3	37.5%	67	10.7%
	55 - 64	0	0.0%	13	2.1%
	65+	1	12.5%	3	0.5%
<b>Transmission Risk</b>					
	MSM	6	75.0%	247	39.4%
	PWID	0	0.0%	105	16.7%
	Adult MSM & PWID	0	0.0%	62	9.9%
	Sex with Male/Sex with Female	2	25.0%	204	32.5%
	Perinatal exposure	0	0	7	1.1%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>Stage 3 HIV = People diagnosed with stage 3 HIV with residence at diagnosis in Houston/Harris County in 2017

<sup>c</sup>PLWH at end of 2016 = People living with HIV, including stage 3 HIV, in Houston/Harris County at the end of 2016

<sup>d</sup>Analysis includes pulmonary and extrapulmonary mycobacterium tuberculosis (TB). TB, of any site, pulmonary (among people age 13 or older), disseminated, or extrapulmonary is a stage 3 HIV-defining condition

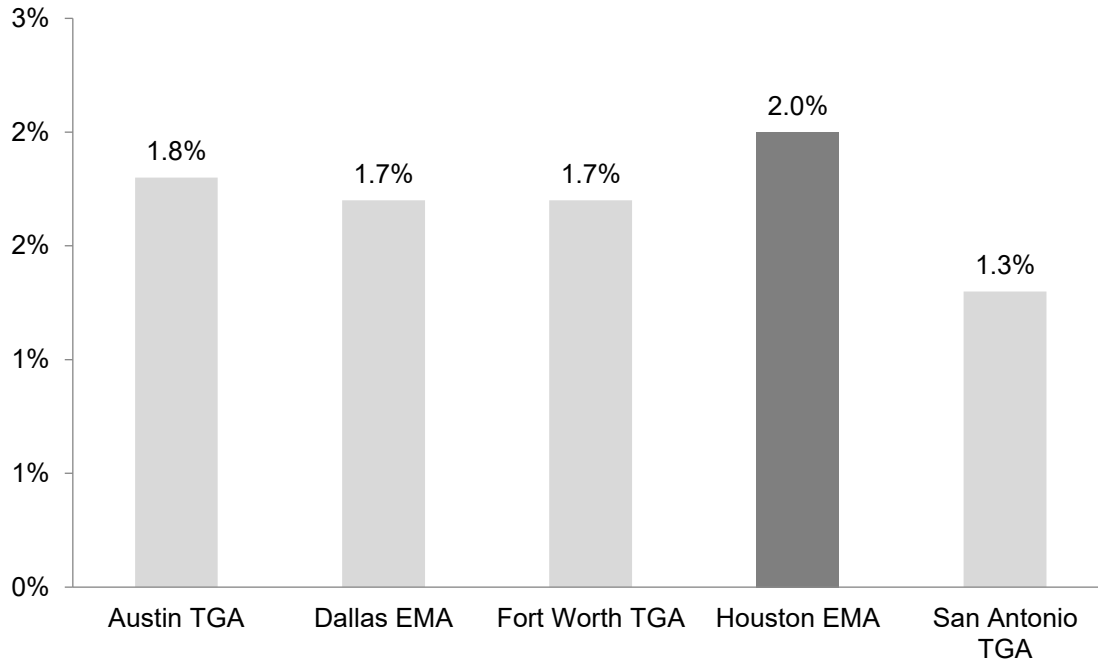
<sup>e</sup>People with no risk reported were recategorized into standard categories using the multiple imputation or risk program of the Centers for Disease Control and Prevention (CDC)

Only includes cases within City of Houston. Any cases within Harris County, but outside of Houston are not included in this analysis



**(Graph 2)** The Houston EMA is highest among the federally-designated geographic service areas in Texas (i.e., other EMAs or Transitional Grant Areas/TGA) in terms of the percent of people living with HIV who have also ever been diagnosed with active TB disease. Currently, the Houston EMA is at 2.0% of all people living with HIV and TB comorbidity.

**TB GRAPH 2- Percent of People Living with HIV/PLWH) with TB Comorbidity by HRSA Geographic Service Area in Texas, 2017**



Source: Texas Department of State Health Services, HIV TB Comorbidity. PLWH reported through Dec 31, 2017 with a diagnosis of M. tuberculosis or pulmonary TB (excluding "unknown" diagnoses).



## Co-Occurring Condition: *HIV and Hepatitis B and C*

Hepatitis refers to a group of viral infections that affect the liver. The most common types are hepatitis A, hepatitis B, and hepatitis C. Hepatitis A is an acute disease with no long-term health implications once it is treated whereas hepatitis B and C can be both acute and chronic.<sup>1</sup> Chronic untreated hepatitis B or C can lead to serious liver problems, including liver damage, cirrhosis, liver failure, or liver cancer.<sup>1</sup> Hepatitis infections tend to progress more rapidly to liver damage in people living with HIV, and people living with HIV who are co-occurred with hepatitis have an increased risk for liver-related morbidity and mortality.<sup>2</sup> In addition, hepatitis C infection may impact the course of HIV treatment in persons with co-occurring conditions.<sup>2</sup>

In Texas, it is mandatory for providers and laboratories to report acute hepatitis B and C.<sup>3</sup> While reporting of chronic hepatitis is not mandatory, voluntary reporting continues to occur in Houston/Harris County on a limited basis.

<sup>1</sup>Centers for Disease Control and Prevention, “Viral Hepatitis.” Last Modified: April 8, 2019. Located at <http://www.cdc.gov/hepatitis/>

<sup>2</sup>Centers for Disease Control and Prevention, “Epidemiology and Prevention of HIV and Viral Hepatitis Co-Infections.” Last Modified: January 23, 2019. Located at <http://www.cdc.gov/hepatitis/Populations/HIV.htm>

<sup>3</sup>Texas Department of State Health Services, “Notifiable Conditions.” Last Modified: March 27, 2019. Located at: <https://dshs.texas.gov/IDCU/investigation/Notifiable-Conditions.aspx>



**(Table 1)** In 2016, 1373 persons living with HIV in Houston/Harris County had been diagnosed with hepatitis B or C. This translates into 5.4% of all persons living with HIV in the jurisdiction at that time having been co-occurred with either hepatitis B or C. In general, people with co-occurring HIV and hepatitis B or C tend to be male, African American, and age 25 and older. The most co-occurring cases have the transmission risk category of MSM followed by PWID.

<b>HEPATITIS TABLE 1- HIV Cases with Hepatitis B or C in Houston/Harris County by Sex assigned at birth, Race/Ethnicity, Age, and Risk, 2016</b>			
		HIV <sup>a</sup> and Hepatitis B or C <sup>b</sup>	
		Cases	%
<b>Total Co-Occurring Conditions<sup>c</sup></b>		1373	100.0%
<b>Sex assigned at birth</b>			
	Male	1147	83.5%
	Female	226	16.5%
<b>Race/Ethnicity</b>			
	White	248	18.1%
	African American/Black	685	49.9%
	Hispanic/Latino	351	25.6%
	Multiple race	38	2.8%
	Other/Unknown	51	3.7%
<b>Age at Diagnosis</b>			
	0 - 12	9	0.7%
	13 - 24	254	18.5%
	25 - 34	530	38.6%
	35 - 44	362	26.4%
	45 - 54	171	12.5%
	55 - 64	42	3.1%
	65+	5	0.4%
<b>HIV Transmission Risk<sup>d</sup></b>			
	Male-to-Male Sexual Contact (MSM)	797	58.1%
	Person who inject drugs (PWID)	176	12.8%
	MSM/PWID	100	7.3%
	Sex with Male/Sex with Female /other risk	300	21.8%

<sup>a</sup>Source: Texas eHARS, analyzed by the Houston Health Department

<sup>b</sup>Source: The data were obtained from Houston Electronic Disease Surveillance System (HEDSS). HEDSS cannot differentiate acute HCV from chronic HCV and only a few cases will meet the clinical case definition.

<sup>c</sup>People living with HIV as of 2016 in Houston/Harris County with Hepatitis B and/or C diagnoses

<sup>d</sup>Cases with unknown risk have been redistributed based on historical patterns of risk ascertainment and reclassification



## Co-Occurring Condition: *HIV and Infectious Syphilis*

There are four general stages of syphilis: (1) primary, (2) secondary, (3) latent, and (4) tertiary. The primary and secondary stages are of most concern epidemiologically as this is when syphilis is most communicable, or infectious, to others. Therefore, primary and secondary syphilis, taken together, are commonly referred to as *infectious syphilis*. Co-occurring of syphilis and HIV is also of concern because of the implications co-occurring condition has for both HIV transmission and syphilis treatment. For example, when a person living with HIV has co-occurring syphilis, the syphilis infection increases the infectiousness of the HIV to sex partners.<sup>1</sup> Moreover, research has shown that HIV-infected persons may experience a more rapid course of illness associated with syphilis, including a greater risk of neurological complications.<sup>2</sup> Data on co-occurring condition between HIV and infectious syphilis, all syphilis stages, and early latent syphilis are described here

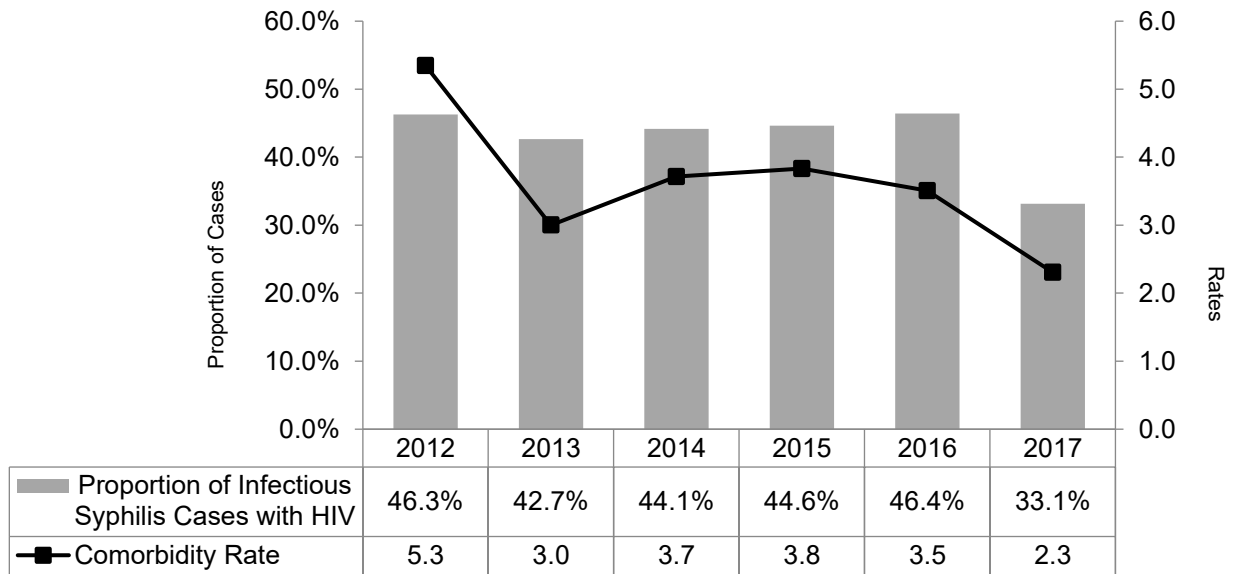
<sup>1</sup>Centers for Disease Control and Prevention, “Syphilis & MSM (Men Who Have Sex With Men) - CDC Fact Sheet.” Last Modified: September 1, 2010. Located at <http://www.cdc.gov/std/syphilis/STDFact-MSM-Syphilis.htm>

<sup>2</sup>Centers for Disease Control and Prevention. Sexually Transmitted Diseases Treatment Guidelines, 2010, MMWR 2010; 59. Diseases Characterized by Genital, Anal, or Perianal Ulcers



**(Graph 1)** On average, about 43% of individuals diagnosed with infectious syphilis in Houston/Harris County each year also have co-occurring HIV. The current rate of co-occurring HIV and infectious syphilis in Houston/Harris County is 2.3 persons for every 100,000 persons in the jurisdiction. The co-occurring condition rate has been on a downward trend since 2015, when the rate was 3.8 people for every 100,000 population and the proportion of syphilis cases co-occurred with HIV was 44.6%.

**SYPHILIS GRAPH 1- Proportion and Rate of Co-Occurring HIV and Infectious Syphilis in Houston/Harris County, 2012 to 2017**



Source: Houston/Harris County STD\*MIS as of October 2018. Rate per 100,000 population.  
 Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census



(Table 1) In 2017, 108 cases of infectious syphilis were also co-occurred with HIV in Houston/Harris County. Of these, the majority was African American (56.5.0%), between the ages of 25 and 34 (45.4%), and MSM (88.0%). When all syphilis stages are included in the analysis, 1,051 cases were co-occurred with HIV in 2017 for a rate of 22.4 persons for every 100,000 persons living in Houston/Harris County.

SYPHILIS TABLE 1- Syphilis Cases Co-Occurred with HIV in Houston/Harris County by Sex assigned at birth, Race/Ethnicity, Age, and Risk, 2017 <sup>a</sup>						
	HIV and Infectious Syphilis <sup>b</sup>			HIV and All Syphilis <sup>c</sup>		
	Cases	%	Rate <sup>d</sup>	Cases	%	Rate <sup>d</sup>
<b>Total Co-Occurring Conditions<sup>e</sup></b>	108	100.0%	2.3	1,051	100.0%	22.4
<b>Sex assigned at birth</b>						
Male	105	97.2%	4.5	1,034	98.4%	44.4
Female	3	2.8%	0.1	17	1.6%	0.7
<b>Race/Ethnicity</b>						
White				182	17.3%	13.2
Black/African American	61	56.5%	7.0	523	49.8%	59.6
Hispanic/Latino	25	23.1%	1.2	314	29.9%	15.6
Other/Unknown				32	3.0%	7.6
<b>Age at Diagnosis</b>						
0 - 14	0	0.0%	0.0	0	0.0%	0.0
15 - 24	22	20.4%	3.4	124	11.8%	19.4
25 - 34	49	45.4%	6.5	455	43.3%	60.3
35 - 44	22	20.4%	3.3	251	23.9%	37.6
45-54	12	11.1%	1.4	162	15.4%	27.6
55+	3	2.8%	0.9	59	5.6%	6.0
<b>Syphilis Transmission Risk</b>						
Male-to-male sexual activity (MSM)	95	88.0%	*	671	63.8%	*
Non-MSM sexual risk	13	12.0%	*	380	36.2%	*

<sup>a</sup>Source: STD\*MIS Interview Records

<sup>b</sup>Infectious syphilis is primary and secondary syphilis only

<sup>c</sup>All syphilis includes primary, secondary, and latent syphilis, but not congenital syphilis

<sup>d</sup>Rate per 100,000 population. Population Source: Harris County population projections from U.S. Census Bureau, American Community Survey 1-Year Estimates; Census tracts outside of Harris where at least 50% of the population reside in Houston (census tracts: 48157670101, 48157670102, 48157670200, 48157670300, 48157670400, 48157670602) from U.S. Census Bureau

<sup>e</sup>HIV status will be unknown for those not interviewed

<sup>f</sup>For the purpose of this analysis, the rate for "other" race/ethnicity includes those for whom race/ethnicity is unknown.

\*Population data are not available for transmission risk; therefore, it is not possible to calculate rate by risk





(Table 2) Though not as easily spread as *infectious syphilis*, early latent syphilis can still be transmitted to sex partners, and there are typically no symptoms.<sup>3</sup> Moreover, if latent syphilis remains untreated, it can result in damage to internal organs.<sup>3</sup>

In 2017, there were 290 persons in the Houston EMA who have co-occurring HIV and early latent syphilis. Of these, the majority was African American (6=50.0%), between the ages of 25 and 34 (43.8%), and MSM (69.0%).

<b>SYPHILIS TABLE 2- Early Latent Syphilis Cases Co-Occurred with HIV in Houston/Harris County by Sex assigned at birth, Race/Ethnicity, Age, and Risk, 2017<sup>a</sup></b>			
		<b>HIV and Early Latent Syphilis<sup>b</sup></b>	
		<b>Cases</b>	<b>%</b>
<b>Total with HIV</b>		290	100.0%
<b>Sex assigned at birth</b>			
	Male	289	99.6%
	Female	1	0.4%
<b>Race/Ethnicity</b>			
	White	56	19.3%
	Black/African American	145	50.0%
	Hispanic/Latino	82	28.3%
	Other/Unknown	7	2.4%
<b>Age</b>			
	0 - 14	0	0.0%
	15 - 24	32	11.0%
	25 - 34	127	43.8%
	35 - 44	73	25.2%
	45 - 54	40	13.8%
	55+	18	6.2%
<b>Risk Category</b>			
	Male-to-male sexual contact (MSM)	201	69.3%
	Non-MSM	89	30.7%

<sup>a</sup>Source: STD\*MIS Interview Records

<sup>b</sup>Latent syphilis is syphilis detectable via testing but with no evidence of disease. Peoples who have latent syphilis and acquired it during the preceding year are classified as having early latent syphilis.

<sup>3</sup>Centers for Disease Control and Prevention, “Syphilis & MSM (Men Who Have Sex With Men) - CDC Fact Sheet.” Last Modified: January 31, 2017. Located at <http://www.cdc.gov/std/syphilis/STDFact-MSM-Syphilis.htm>





## Explanation of Data Sources

What are the sources for the data presented in the 2019 Houston Area HIV Epidemiologic Profile?

The data that comprise the 2019 Epidemiologic Profile for the Houston Area was drawn from local, state, and national sources. Some data were extracted from databases specifically for this document, and others were provided in summary form only. Below is a brief description of each of the major data sources used in this document:

### U.S. Bureau of the Census

A decennial census of the U.S. population is required by the U.S. Constitution, and the U.S. Census Bureau was established in 1902 for this purpose. The most recent decennial census of the American population was conducted in 2010. The U.S. Census Bureau also collects yearly statistics about the U.S. population through the American Community Survey (ACS). Like the decennial census, the ACS collects detailed information on demographic, social, and economic characteristics of the U.S. population. Because the ACS is conducted every year, it provides more current estimates of population statistics throughout the decade. It is recommended that the decennial census and ACS be used in conjunction to produce an accurate representation of the U.S. population. 2010 U.S. Census data and 2012-2016 ACS five-year estimates have been used to supply the county level population and demographic statistics presented in this document. For more information about the methodology and limitations of these data sources, please visit the following:

- U.S. Census: <http://www.census.gov/>
- American Fact Finder: <http://factfinder2.census.gov/faces/nav/jsf/pages/index.xhtml>
- American Community Survey (ACS): <http://www.census.gov/acs/www/>

### Texas Department of State Health Services (DSHS) Center for Health Statistics

The DSHS Center for Health Statistics is a clearinghouse for Texas-specific health-related data, including a population database for all Texas counties that can provide denominators for rates of disease. These data are extracted from the Texas State Data Center and presented as a single series of yearly population estimates and projections by demographic characteristics for the period of 1990 through 2040. The Center also maintains a series of Health Facts Profiles of selected community health indicators for each Texas county. The Center's 2016 and 2017 population projection file was used as the denominator for all rates presented in this document. Data from the 2016 Health Facts Profiles for relevant counties were used in Chapter 1. For more information about the methodology and limitations of these data sources, please visit the following:

- Texas Center for Health Statistics: <http://www.dshs.state.tx.us/chs/>
- Population Data for Texas: <http://www.dshs.state.tx.us/chs/popdat/detailX.shtm>
- Texas Health Facts Profiles: <http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc>



**Enhanced HIV/AIDS Reporting System (eHARS)**

The Enhanced HIV/AIDS Reporting System (**eHARS**) is an HIV surveillance system deployed at all state and local health departments by the Centers for Disease Control and Prevention (**CDC**). Its purpose is to serve as a centralized source for the ongoing, systematic collection and dissemination of data on HIV in local jurisdictions. All laboratory evidence of HIV is entered into the eHARS system using case reports and laboratory reports. On a monthly basis, health departments submit de-identified data electronically to the national HIV database at the CDC. For the local jurisdiction of Houston/Harris County, eHARS is administered by the Houston Health Department (**HHD**); for counties outside of Harris, the system is managed by the Texas Department of State Health Services (**DSHS**). The eHARS database is the source of data on HIV diagnoses, prevalence, and mortality presented in this document. For the document sections on Houston/Harris County, data were extracted directly from the HHD instance of eHARS through December 2016; for the document sections on the Houston Eligible Metropolitan Area (EMA), data were aggregated from files extracted by DSHS from the Texas instance of eHARS through December 2017. Because data were extracted at different times and cover different calendar years, there may be inconsistencies at the individual case level between the jurisdictional data presented in this document. For more information about the methodology and limitations of these data sources, please visit the following:

- Centers for Disease Control and Prevention (CDC) HIV/AIDS Surveillance System: <http://www.cdc.gov/hiv/topics/surveillance/index.htm>
- Texas Department of State Health Services (DSHS) HIV-STD **Epidemiology and Surveillance Branch**: <http://www.dshs.state.tx.us/hivstd/contractor/surveillance.shtm>
- Houston Health Department (HHD) Epidemiology and Disease Reporting: <http://www.dshs.state.tx.us/hivstd/contractor/surveillance.shtm>

In addition to the raw data extracted from eHARS and presented in this document, several data reports from the Texas eHARS database developed and formatted by DSHS were also used. These reports are provided annually to the Houston EMA for use in grant writing and other planning activities. DSHS also furnished Texas eHARS data by special request (Chapter 6).

**Sexually Transmitted Disease Management Information System (STD\*MIS)**

The Sexually Transmitted Disease Management Information System (STD\*MIS) is an application provided by the CDC to state and local health departments for the purpose of STD surveillance, including managing evidence of reportable STDs received from laboratories, health care providers, facilities, and Disease Intervention Specialists (DIS) as well as tracking STD treatment, partner services, and other public health follow-up activities. For the local jurisdiction of Houston/Harris County, STD\*MIS is administered by the HHD; for counties outside of Harris, STD\*MIS is managed by DSHS. STD\*MIS is the source of data on Chlamydia, gonorrhea, and syphilis in Houston/Harris County presented in this document. Data were extracted directly from the HDHHS instance of STD\*MIS and reflect only cases that were diagnosed and reported. For more information about the methodology and limitations of this data source, please visit the following:



- Centers for Disease Control and Prevention (CDC) STD Surveillance System: <http://www.cdc.gov/std/std-mis/default.htm>
- Houston Department of Health and Human Services (HDHHS) Epidemiology and Disease Reporting: <http://www.dshs.state.tx.us/hivstd/contractor/surveillance.shtm>

### **Centralized Patient Care Data Management System (CPCDMS)**

The Centralized Patient Care Data Management System (CPCDMS) is a browser-based client level database unique to the Houston Area. It links all Ryan White HIV/AIDS Program Part A, B, C, and State Services (State of Texas matching funds) funded agencies on specific client level data variables, including registration, encounter, medical information, demographics, co-occurring conditions, biological marker, service utilization, outcomes survey, and assessment data for each client served. Its purpose is to manage and produce real-time client level data for tracking service utilization, planning for services, and quality improvement of services community-wide. All entities in the Houston Area receiving Ryan White HIV/AIDS Program funds other than Part D enter data into CPCDMS. CPCDMS is administered by the Harris County Public Health Ryan White Grant Administration, the Administrative Agent for Ryan White HIV/AIDS Program Part A and the Minority AIDS Initiative (MAI) for the Houston EMA. All data on Ryan White HIV/AIDS Program service utilization presented in this document have been extracted from CPCDMS either as raw data for the purpose of this document or in previously developed data reports. For more information about the methodology and limitations of this data source, please visit the following:

- Ryan White Grant Administration Centralized Patient Care Data Management System (CPCDMS): <http://publichealth.harriscountytexas.gov/Services-Programs/Programs/RyanWhite/CPCDMS>

### **Other Sources**

Additional sources are used throughout this document as indicated in the source and footnotes. Please refer directly to these sources for more information about their methodology and limitations.





# National HIV Behavioral Surveillance (NHBS)

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## Introduction

In 2002, as an initial step towards meeting one of the goals of the CDC HIV Prevention Strategic Plan, CDC awarded supplemental funds to state and local health departments to develop and implement the National HIV Behavioral Surveillance System (NHBS). The goal was to strengthen the national capacity to monitor the HIV epidemic to better direct and evaluate prevention efforts, which has been further highlighted in the 2015 National HIV/AIDS Strategy for the United States<sup>1</sup>. As a result, NHBS was established to monitor HIV-associated selected behaviors that put people at risk for HIV. NHBS targets three high-risk populations for HIV: men who have sex with men, known as the MSM cycle; people who inject drugs (PWID), known as the injection drug use or IDU cycle; and heterosexuals at increased risk of HIV, known as the HET cycle. NHBS project sites are comprised of state and local health departments in areas with the highest HIV prevalence<sup>2</sup>. Houston has been one of the NHBS participating sites since the project's inception in 2003. As of 2018, 22 jurisdictions with high HIV prevalence are funded to conduct NHBS.

## Rationale for the Development of NHBS

NHBS resulted from the need to develop ongoing bio-behavioral surveillance to strengthen the national capacity to monitor the HIV epidemic. The goals of the project are to ascertain the prevalence and trends of HIV risk behaviors, develop an ongoing program to evaluate changes over time in behaviors, and to develop a mechanism to incorporate and utilize the behavioral data gathered during this project and other sources of HIV-related behavioral risk data to effectively summarize what is currently known about HIV risk taking behaviors, specially of those at highest risk for HIV. The overarching goal of NHBS is to help evaluate and direct local and national prevention efforts<sup>2</sup>.

## Survey Methodology

NHBS consists of an anonymous cross-sectional survey that utilizes the same standardized questionnaire in all project sites, including the Houston project area. The NHBS data collection focuses primarily on sexual and drug-use behaviors that place individuals at risk for HIV, as well as their use of HIV prevention services. Data on demographic characteristics, alcohol use, other health conditions, discrimination, intimate partner violence, HIV stigma, and HIV testing and incarceration history are also collected for each cycle. The NHBS activities are implemented in rotating annual cycles, primarily from three different populations at high risk for HIV so that data are collected from each risk group every three years. The NHBS cycles are referred to by the group of interest or at-risk group, namely NHBS-MSM, NHBS-IDU and NHBS-HET.



**Data Collection**

For each NHBS cycle, formative research is conducted to prepare for the recruitment of hard to reach populations. Formative research activities include ethnographic mapping, observations, interviews, review of secondary data sources, focus groups and other operational activities including identification of interview locations. During recruitment, eligible consenting participants are asked to complete a standardized anonymous questionnaire and HIV testing is offered to all study participants. NHBS data collection in Houston has been ongoing for approximately 16 years. Table 1 presents NHBS data collection periods in Houston since 2003.

**TABLE 1 - Data Collection Periods – Completed and Upcoming\* Cycles (from 2003-2019)**

Round	Cycle		
	NHBS-MSM	NHBS-IDU**	NHBS-HET
1	Dec 2003-Dec 2004	Jan-Dec 2005	Jan 2006-Oct 2007
2	Jan-Dec 2008	Jan-Dec 2009	Jan-Dec 2010
3	Jan-Dec 2011	Jan-Dec 2012	Jan-Dec 2013
4	Jan-Dec 2014	Jan-Dec 2015	Jan-Dec 2016
5	Jan-Dec 2017	Jan-Dec 2018	Jan-Dec 2019*

\*\*NHBS-IDU refers to the name of the NHBS cycle that collects data among PWID  
 Source: NHBS project, Houston Health Department

**Sampling Methodology**

Two sampling methods are used in NHBS, namely Respondent Driven Sampling (RDS) and Venue based Sampling (VBS). The sampling method used during the IDU and HET cycles of NHBS is the RDS, a type of peer-driven chain-referral sampling. During the MSM cycle, a VBS is used. The VBS relies on a sampling frame and a two-stage sampling design.

**RDS**

RDS begins with the non-random selection of a small number of initial recruiters or “seeds.” These “seeds” recruit project participants who in turn recruit other participants. This chain of recruiters and recruits then continues for multiple “waves” of recruitment. Ongoing recruitment is fostered with a dual incentive system: one incentive for participating in the project and another incentive for each person recruited who participates. Recruiters are linked to their recruits by an encoded number on the recruitment coupons, who are limited to the number of people they can recruit, based on the number of recruitment coupons they are given. The NHBS protocol states that the maximum number of coupons that can be distributed to each participant is five, but it can range from 3 to 5 (Centers for Disease Control and Prevention, 2015).





VBS

- **Constructing sampling frames**

Before sampling can begin for VBS, two sampling frames need to be constructed: a venue frame and a day-time frame. The venue frame is a list of venues where recruitment could potentially take place during the upcoming month and the day-time frame is a list of day and time periods when recruitment could occur at each venue.

- **Stage 1 sampling: venue selection**

The selection of venues where recruitment will occur during the upcoming month is done by a random selection of venues from the venue frame that will correspond to the number of recruitment events planned for that particular month.

- **Stage 2 sampling: day-time period selection**

Starting with the venue with the fewest number of day-time periods, project staff will randomly select a day-time period and schedule it on the recruitment calendar for the upcoming month. The process of stage 2 sampling is repeated for each of the venues selected in stage 1 until all venues have been scheduled on the recruitment calendar.

**Eligibility Criteria**

An eligible NHBS participant is aged 18 years and above, lives in the participating project area, has not previously participated in the current cycle and is able to complete the interview in English or Spanish. Specific population eligibility criteria are presented in Table 2.

TABLE 2 - Eligibility Criteria for Specific NHBS Cycles per CDC Protocols	
<b>NHBS-MSM</b>	Were assigned male at birth and self-identifies as male Have ever had oral or anal sex with another man <sup>a</sup> Report having had sex with another man <sup>a</sup> in the past 12 months
<b>NHBS-IDU*</b>	Present a valid NHBS-IDU coupon Have injected drugs without a prescription in the past 12 months
<b>NHBS-HET</b>	Present a valid NHBS-HET coupon Are between 18 and 60 years of age <sup>b</sup> Have had vaginal or anal sex with an opposite sex partner in the past 12 months Identifies themselves as cisgender man or cisgender woman Have not injected drugs without a prescription in the past 12 months Have low socioeconomic status (SES) <sup>c</sup>

<sup>a</sup> NBHS questionnaire does not capture sex at birth for partners

<sup>b</sup> The upper age limit for the NHBS-HET cycles is based on unpublished analyses of NHBS-HET1 data and information from CDC’s Incidence Surveillance System; rates of new HIV diagnoses were higher in participants 25 years old and younger.

<sup>c</sup> Low SES is defined as having income that does not exceed Health and Human Services (HHS) poverty guidelines or educational attainment not greater than high school.

Note: cisgender refers to someone who is not transgender and whose current gender identity aligns with the sex they were assigned at birth.

\*NHBS-IDU refers to the name of the NHBS cycle that collects data among PWID

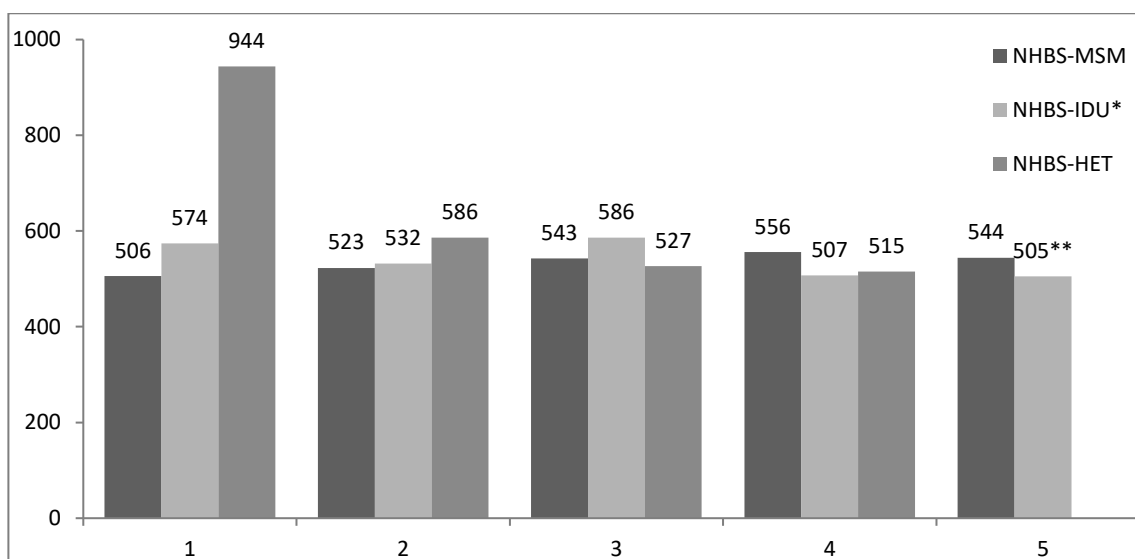
Source: NHBS project, Houston Health Department



## Recruitment

Every NHBS project site must complete at least 500 interviews for each cycle period. Nationwide, data from approximately 10,000 interviews are collected each year for the NHBS. Figure 1 shows the total number of eligible participants recruited for each cycle period in the Houston project area.

**FIGURE 1 - Recruitment of NHBS Eligible Participants**



\*NHBS-IDU refers to the name of the NHBS cycle that collects data among PWID

\*\*The number of eligible participants for NHBS-IDU5 is preliminary. The final data has not been released by CDC at the time of this report.

Source: NHBS project, Houston Health Department

## Survey Outcomes

The survey outcomes presented below are based on data analysis conducted using unweighted data. No statistical tests were performed, and no attempts were made to infer any causal relationships.

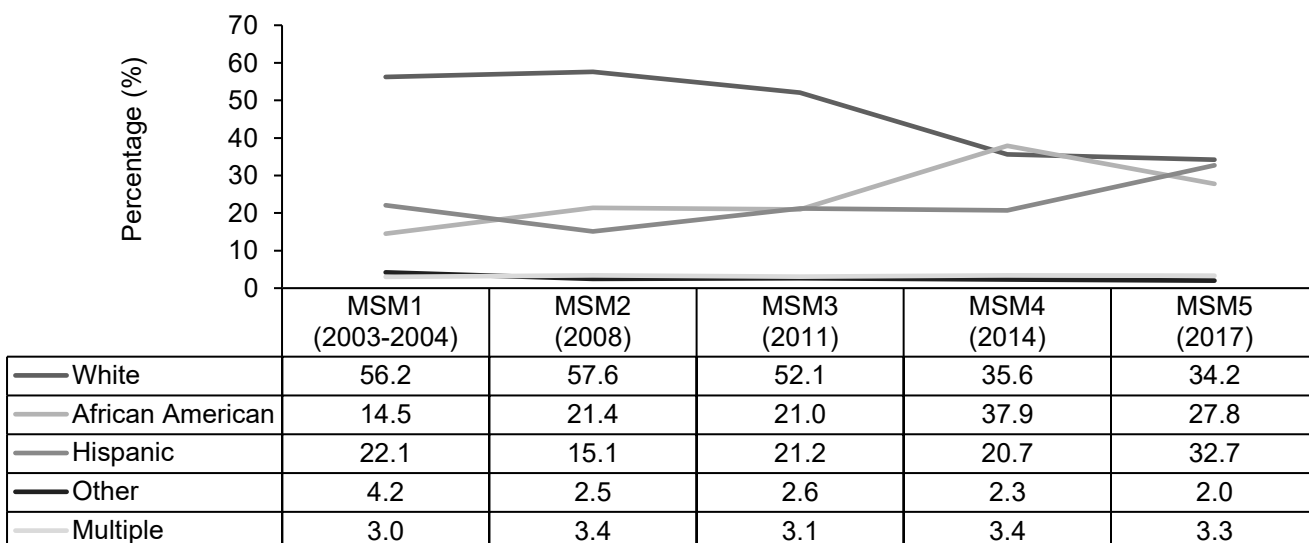
### Demographic Characteristics

Figure 2 presents the race/ethnicity of MSM who participated in the NHBS by cycle periods. From MSM1 to MSM3, Whites represented more than 50% of the study participants (52%-58%); this percentage was lower for MSM4 (36%) and MSM5 (34.2%). The proportion of African Americans participants increased over the years from 15% (in 2004) to 38% (in 2014) although there was a decrease (27.8%) during 2017. During the MSM5 cycle (2017), the number of Hispanic/Latino participants increased (32.7%) when compared with the previous MSM4 cycle (21.0%).





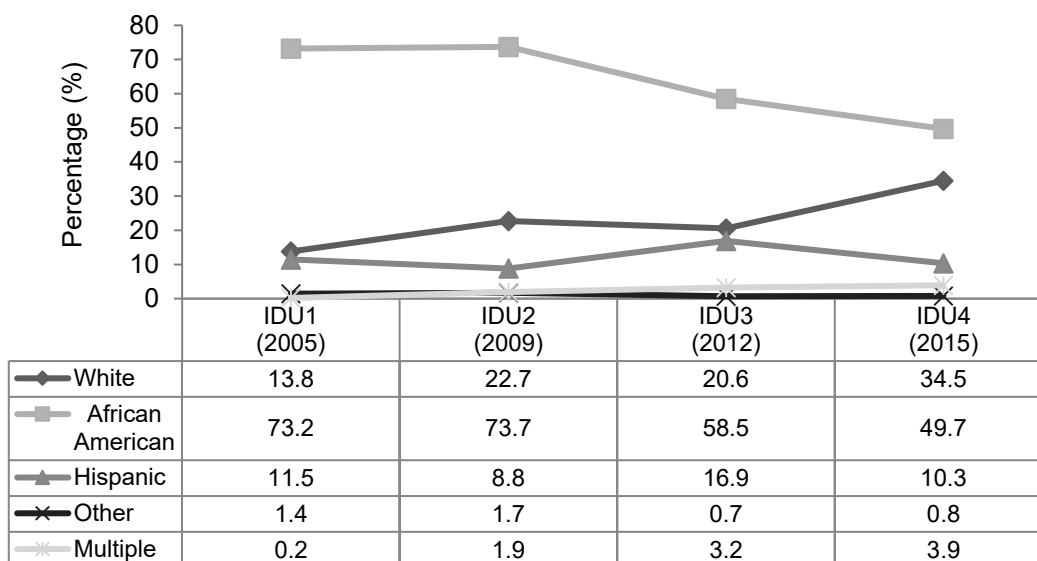
**FIGURE 2 - Distribution of Eligible Survey Participants in NHBS-MSM Cycles by Race/Ethnicity**



Source: NHBS project, Houston Health Department

Figure 3 presents the race/ethnicity of PWID who participated in the NHBS by cycle periods. Consistently, participants have been predominantly African American, but this trend has decreased over time from 74.0% in 2009 to 49.7% in 2015. In 2015, the percentage of White participants increased (34.5%) in comparison with the previous cycle (21.0%).

**FIGURE 3 - Distribution of Eligible Survey Participants during NHBS- IDU\* Cycles by Race/Ethnicity**

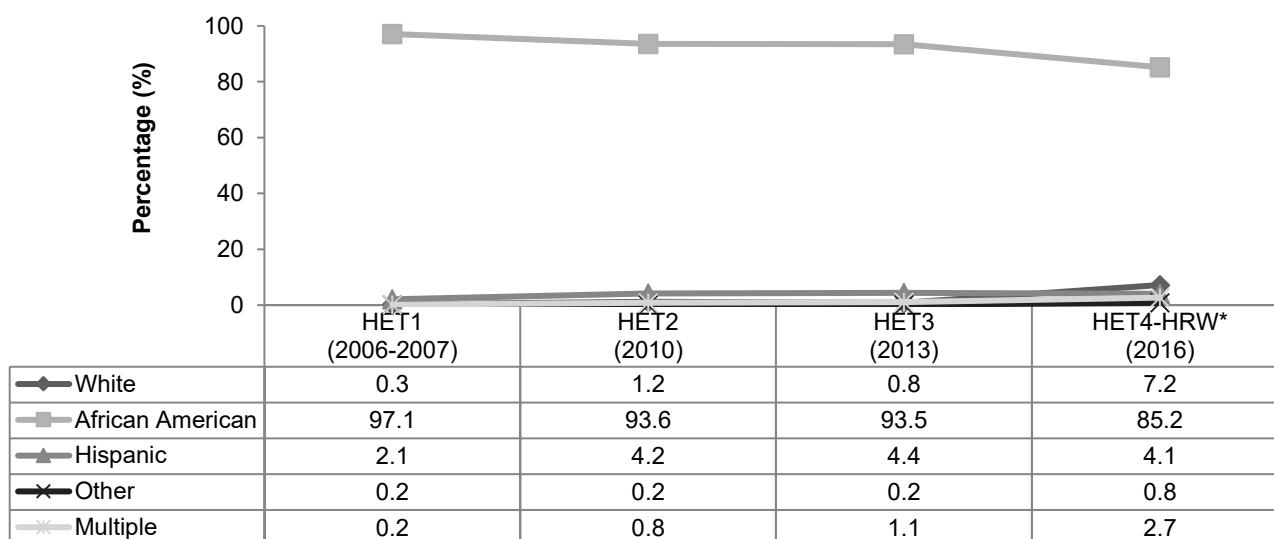


\*NHBS-IDU refers to the name of the NHBS cycle that collects data among PWID  
Source: NHBS project, Houston Health Department



Figure 4 presents the race/ethnicity of heterosexuals who participated in the NHBS by cycle periods. Overall, HET participants were primarily African American (more than 85% in all cycles). In 2016, the Houston project area, and 4 additional NHBS project areas in the nation, conducted the high-risk women (HRW) cycle during HET4. This cycle was focused on women who exchanged sex for money or drugs. Although 515 participants met general eligibility criteria for HET4, 331 (64%) participants exchanged sex (HRW) and were eligible to recruit. During this special cycle, although less than in previous HET cycles, the majority of the participants continued to be African American (85.2%) and there were more White (7.2%) participants than in previous cycles (range 0.3% - 1.0%).

**FIGURE 4 - Distribution of Eligible Survey Participants during NHBS-HET Cycles by Race/Ethnicity**



\*HRW, High Risk Women - High-Risk Heterosexuals Cycle, Round 4  
Source: NHBS project, Houston Health Department

### Risk Behaviors

Table 3 presents high risk behaviors reported by men who have sex with men (MSM) during five cycle periods conducted among MSM in Houston. The data shows that from MSM1 to MSM4, more than 25% (26.4% - 28.2%) of MSM had unprotected (condomless) anal sex (UAS) with their main partner in the past 12 months, and more than 30% during MSM5. MSM participants showed higher rates of unprotected sex when they engaged in insertive sex (anal sex where participant puts his penis in his partner’s anus) than when compared to receptive sex (anal sex where partner puts his penis in the participant’s anus). In general, approximately a third of the MSM participants were unaware of the HIV status of their last sex partner. Almost half of the time in MSM1-4 cycles, alcohol and/or drugs were used during their most recent sexual encounter. Consistently throughout the years, very high rates (>90%) of ever being tested for HIV have been reported among MSM participants.



**TABLE 3 MSM† High-Risk Behaviors by NHBS-MSM Cycle**

	<b>MSM1 2004</b>	<b>MSM2 2008</b>	<b>MSM3 2011</b>	<b>MSM4 2014</b>	<b>MSM5 2017</b>
<b>UAS* with main partner in past 12 months</b>	26.7%	26.4%	28.2%	26.1%	32.5%
<b>UAS* with casual partner in past 12 months</b>	0.6%	7.3%	5.0%	5.9%	7.9%
<b>UAS* with main partner at last sex (insertive)</b>	24.3%	23.7%	23.8%	22.8%	31.3%
<b>UAS* with main partner at last sex (receptive)</b>	18.2%	15.3%	18.8%	18.6%	24.8%
<b>Use of alcohol and drugs during the last sex</b>	--	45.3%	49.9%	47.3%	N/A
<b>Did not know HIV status of last sex partner</b>	---	28.7%	36.1%	34.2%	30.9%
<b>Ever tested for HIV</b>	95.8%	93.1%	90.8%	93.2%	96.0%

\*UAS - unprotected anal sex (condomless anal sex)

Note: A main partner is defined as a person the participant has sex with and feels committed to above anyone else. This is a partner he/she would call girlfriend/boyfriend, wife/husband, significant other, or life partner.

A casual partner is defined as a person the participant has sex with but does not feel committed to or doesn't know very well.

N/A, not applicable. This information was not collected during MSM5.

† NHBS does not capture transgender MSM in the MSM cycle.

Source: NHBS project, Houston Health Department

High risk behaviors reported among PWID during the four completed cycles of NHBS-IDU are displayed in Table 4. Sharing of injection equipment comprised one of the major drug-related risk behaviors for current injectors (people who have injected non-prescribed drugs in the past 12 months). When compared to the previous IDU2 cycle, in IDU3 sharing of injection drug use equipment decreased (57.2% and 35.3%, respectively) but increased again in IDU4 (39.6%). The proportions of non-awareness of the HIV status of the last injecting partner were considered high, ranging from 37.6% to 55.1%, with no clear pattern identified. However, the HIV testing rates increased consistently from 76.0% in IDU1 (2005) to 92.5% in IDU3-4 (2012-2015).



TABLE 4- PWID High-Risk Behaviors by NHBS-IDU* Cycle				
High Risk Behaviors	IDU1 2005	IDU2 2009	IDU3 2012	IDU4 2015
Shared cooker, cotton, or water - last time shared	33.7%	57.2%	35.3%	39.6%
Divided drugs with same syringe - last time shared	51.1%	28.3%	17.8%	18.5%
Used needle after someone else - last time shared	45.5%	28.5%	17.8%	13.4%
Did not know HIV status of last injecting partner	37.6%	55.1%	37.6%	44.8%
Ever tested for HIV	76.0%	89.6%	92.5%	92.5%

\*NHBS-IDU refers to the name of the NHBS cycle that collects data among PWID  
 Source: NHBS project, Houston Health Department

Table 5 and 6 present high-risk behaviors among heterosexuals (HET). Table 5 presents high-risk behaviors among males in HET1 (2006), HET2 (2010) and HET3 (2013), and Table 6 presents high-risk behaviors among females for the same cycles and the HET4-HRW (2016) cycle, which focused women who exchanged sex for money or drugs.

Table 5 shows that over the cycle periods, there has been a decrease in males who had unprotected (condomless) vaginal sex (UVS) with both main and casual partners in the past 12 months. The number of males who did not know the HIV status of their last sex partner has increased over the cycle periods, from 44.0% to 61.9%. Although showing a slight decrease, the use of alcohol and drugs during their most recent sexual encounter continues to be consistently high among study participants during the three cycles. Testing rates in this male population seem to be increasing over time, from 76.2% to 82.6%.



TABLE 5 - HET High-Risk Behaviors in Cisgender Males by NHBS-HET Cycle			
High Risk Behaviors in Cisgender Males	HET1 2006	HET2 2010	HET3 2013
UVS* with main female partner in past 12 months	53.4%	45.5%	39.6%
UAS** with main female partner in past 12 months	4.5%	9.0%	7.8%
UVS* with casual female partner in past 12 months	8.8%	7.6%	6.7%
UAS** with casual female partner in past 12 months	1.9%	6.9%	2.7%
Use of alcohol and drugs during the last sex	65.3%	55.9%	53.7%
Did not know HIV status of last sex partner	44.0%	55.2%	61.9%
Ever tested for HIV	76.2%	78.0%	82.6%

\*UVS: Unprotected vaginal sex (condomless vaginal sex) \*\*UAS: Unprotected anal sex (condomless anal sex)

Note: A main partner is defined as a person the participant has sex with and feels committed to above anyone else. This is a partner he/she would call girlfriend/boyfriend, wife/husband, significant other, or life partner.

A casual partner is defined as a person the participant has sex with but do not feel committed to or don't know very well.

Cisgender refers to someone who is not transgender and whose current gender identity aligns with the sex they were assigned at birth.

Source: NHBS project, Houston Health Department

High risk heterosexual cisgender females maintained high rates of UVS in the past 12 months with their main cisgender male partners. Although rates for ever being tested are increasingly high, ranging from 82.9% to 90.0%, the rates for not knowing the HIV status of the last sex partner are also high, ranging from 47.5% - 61.9%, and even higher for the HRW cycle (69.1%). The use of alcohol and drugs during their most recent sexual encounter is a high-risk behavior throughout the cycle periods (> 40%), although this information was not collected for the HRW cycle. Having unprotected (condomless) vaginal or anal sex with any partner, main or casual, is substantially elevated in the HRW cycle which focused on sex workers, or women who exchange sex for money or drugs. This is the first time NHBS collected information on this highly HIV-impacted and at-risk population.



TABLE 6 - HET High-Risk Behaviors in Cisgender Females by NHBS-HET Cycle				
High Risk Behaviors in Cisgender Females	HET1 2006	HET2 2010	HET3 2013	HET4-HRW 2016
UVS* with main male partner in past 12 months	61.0%	61.5%	53.7%	95.8%
UAS** with main male partner in past 12 months	7.8%	17.7%	14.7%	90.3%
UVS* with casual male partner in past 12 months	11.1%	11.7%	10.3%	60.3%
UAS** with casual male partner in past 12 months	0.68%	6.4%	5.9%	66.7%
Use of alcohol and drugs during the last sex	44.8%	41.8%	42.3%	N/A
Did not know HIV status of last sex partner	47.5%	61.9%	61.4%	69.1%
Ever tested for HIV	82.9%	85.6%	90.0%	88.2%

\*UVS: Unprotected vaginal sex (condomless vaginal sex) \*\*UAS: Unprotected anal sex (condomless anal sex)

Note: A main partner is defined as a person the participant has sex with and feels committed to above anyone else. This is a partner he/she would call girlfriend/boyfriend, wife/husband, significant other, or life partner.

A casual partner is defined as a person the participant has sex with but do not feel committed to or don't know very well.

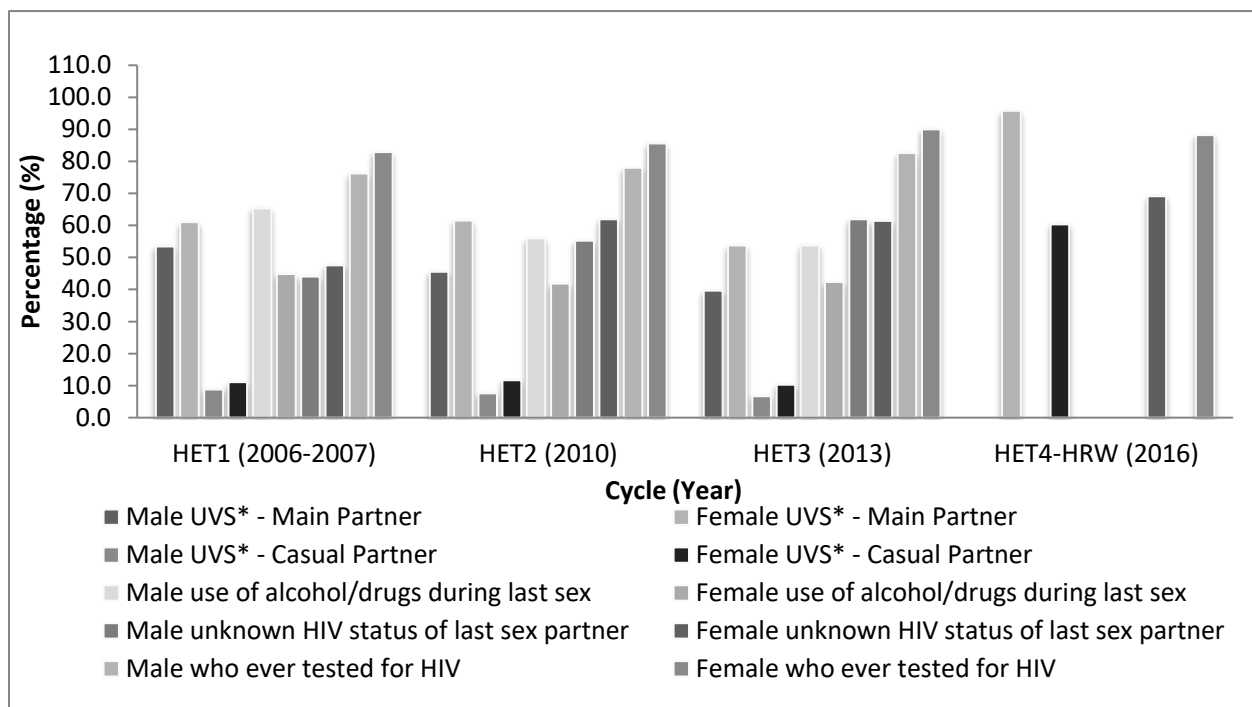
Cisgender refers to someone who is not transgender and whose current gender identity aligns with the sex they were assigned at birth.

Source: NHBS project, Houston Health Department

Figure 5 presents high risk behaviors reported by heterosexual cisgender males and cisgender females who participated in NHBS-HET (1, 2, 3 and 4). Overall, cisgender females maintained higher rates of UVS in the past 12 months with their main and casual partners when compared to cisgender males. The use of alcohol and drugs during their most recent sexual encounter was persistently higher in cisgender males. The proportions of cisgender females who were unaware of the HIV status of their last sex partner were slightly higher than that of cisgender males for the years 2007 and 2010, but lower in 2013. Although the rates for ever being tested among the HET cisgender males and cisgender females increased over time, cisgender females tend to get tested more often than cisgender males do.

FIGURE 5 - HET High-Risk Behaviors by Survey Cycle (Year)





\*UVS: Unprotected vaginal sex (condomless vaginal sex)

Note: only reflects cisgender males and cisgender females. Transgender persons are excluded from participation in HET per CDC eligibility criteria

Source: NHBS project, Houston Health Department

### Data Dissemination and Use

Data obtained from the NHBS project is used at the local, state, and federal levels to help direct and evaluate local and national HIV prevention efforts. Dissemination efforts are directed to inform prevention/treatment-utilization-services. Although HIV behavioral surveillance data cannot be used to evaluate the efficacy of specific interventions, they are important for monitoring whether HIV prevention efforts within the Houston/Harris County are reaching at-risk hard to reach populations and whether these efforts meet national and local prevention goals. At the individual level, NHBS participants may benefit directly from HIV prevention counseling, knowledge of their HIV status, and referrals for additional HIV care services.

### References

1. 2015 NATIONAL HIV/AIDS STRATEGY for the UNITED STATES: UPDATED TO 2020 downloaded from <https://www.hiv.gov/federal-response/national-hiv-aids-strategy/nhas-update>
2. Centers for Disease Control and Prevention. National HIV Behavioral Surveillance: Round 5. Model Surveillance Protocol. Version Date: December 15, 2017.





# Houston Medical Monitoring Project (HMMP)

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## Introduction

The Medical Monitoring Project (MMP) is a nationwide supplemental HIV surveillance system funded by CDC and designed to produce nationally representative estimates of behavioral and clinical characteristics of people living with HIV in the United States and Puerto Rico. It is supported by several government agencies and conducted by state and local health departments along with the Centers for Disease Control and Prevention (CDC). The Houston Health Department (HHD) is one of 23 city/state sites participating in the project. The purpose of the Houston Medical Monitoring Project (HMMP) is to produce population-based estimates of characteristics of persons living with HIV (PLWH) in Houston/Harris County. The MMP provides information on risk behaviors, clinical outcomes, use of prevention services, and identifies met and unmet needs for HIV care and prevention services. The MMP provides answers to questions such as: how many people living with HIV are receiving medical care for HIV? how easy is it to access medical care, prevention, and support services? what are the met and unmet needs of people living with HIV and how is treatment affecting people living with HIV?

## Sampling Methodology

From 2005-2014, the MMP used a three-stage probability proportional to size (PPS) sampling design to obtain cross-sectional samples of PLWH receiving medical care in the United States and Puerto Rico. The first stage involved the selection of participating geographic areas based on HIV/AIDS prevalence at the end of 2002; the second stage involved the selection of outpatient facilities providing HIV medical care (i.e., providers who prescribe antiretroviral therapy [ART] or order CD4 or HIV viral load tests) within the participating project areas. Facilities of different sizes (i.e., small, medium, and large) were included based on the estimated patient loads (EPLs) to obtain optimal representativeness. The third sampling stage involved the selection of persons at least 18 years of age who were receiving care for HIV at the selected facilities. Persons in care were sampled from January through April of each data collection cycle. The annual sample of facilities participating in MMP in Houston/Harris County ranged from 20-25 healthcare facilities with a total of 400 persons sampled annually from the selected facilities. Through an informed consent process, selected persons were offered participation in a face-to-face or telephone interview by a trained interviewer with the understanding that their medical records would also be reviewed.

To improve the usefulness of MMP data, in 2015 it was expanded to include PLWH who are not receiving medical care, and thus, ensuring that all adults diagnosed with HIV in the United States are captured. This is accomplished by using a two-stage sampling strategy. The first stage, being the state level, in which all the 50 states, the District of Columbia and Puerto Rico were eligible. The second stage of the sampling process being the person level. Instead of sampling from within facilities as in the previous phase





(2005-2014), a sample of 400 PLWH from Houston/Harris County, Texas is selected each year from the National HIV Surveillance System.

### **Data Collection**

The interviews, which generally take about 60 minutes, cover questions about demographics (e.g., age, gender, race/ethnicity and education level), access to care, HIV treatment and adherence to medications, drug and alcohol use, sexual behavior, met and unmet needs for social services, health insurance or medical coverage and receipt of prevention counseling in a clinical setting. MMP abstractors then collect additional information on clinical outcomes, prescription of antiretroviral therapy, and other healthcare services provided and the quality of these services from persons' medical charts. Special precautions are carried out to ensure the security and confidentiality of data collected throughout the entire process. Since 2009, 23 jurisdictions, which include over 80% of the total cases of HIV and AIDS in the United States, have been conducting MMP activities<sup>1</sup>.

Since the project began in 2004, there have been 14 data collection cycles. Over 150 HIV Medical Care Providers in Houston/Harris County have participated in the project since data collection activities began in 2005. At the end of the 2017 cycle, a total of 1,961 interviews and 3,444 medical record abstractions have been completed since the project began. The success of the MMP is dependent upon high participation rates by the selected persons and the HIV care providing facilities willingness to cooperate with the project team by providing medical charts for survey participants. High participation rates help increase the likelihood of obtaining information that is truly representative of PLWH in Houston/Harris County, especially as those who participate represent PLWH like them who were not selected to participate. However, the project area has recorded increasing trends in participation rates with increased support from HIV care providers and community and provider advisory boards. These efforts have resulted in greater HMMP visibility in Houston/Harris County and led to a steady increase in provider and patient participation rates. During the 2009-2014 phase of the project, the participation rates among providers increased from 65% in the 2009 cycle to 85% in the 2014 cycle (Figure 1). However, with the change in methodology to two-stage sampling in 2015, providers were no longer part of the sampling process. Similarly, patients' participation rates, represented by the number of interviews completed increased from 166 in 2009 cycle to 240 during the 2014 cycle. However, the number of interviews completed decreased in 2015 following a change to a new sampling methodology and the associated logistical adjustments, before gradually increasing again (Figure 2). On the average, 99% of the medical records of sampled patients were completed between 2009 and 2014. Due to the change in methodology in 2015, it was required that interviews completed be directly matched with medical abstractions (Figure 3). Figure 4 displays the proportion of sampled patients during 2009-2017 that refused to participate in HMMP (11.3-20.8%), were ineligible (0.3-6.0%) or who were lost-to-follow-ups or moved out of the HMMP project area (24.5-39.5%).



FIGURE 1: Response Rate of Sampled Providers that Participated in HMMP, 2009-2014 Cycles

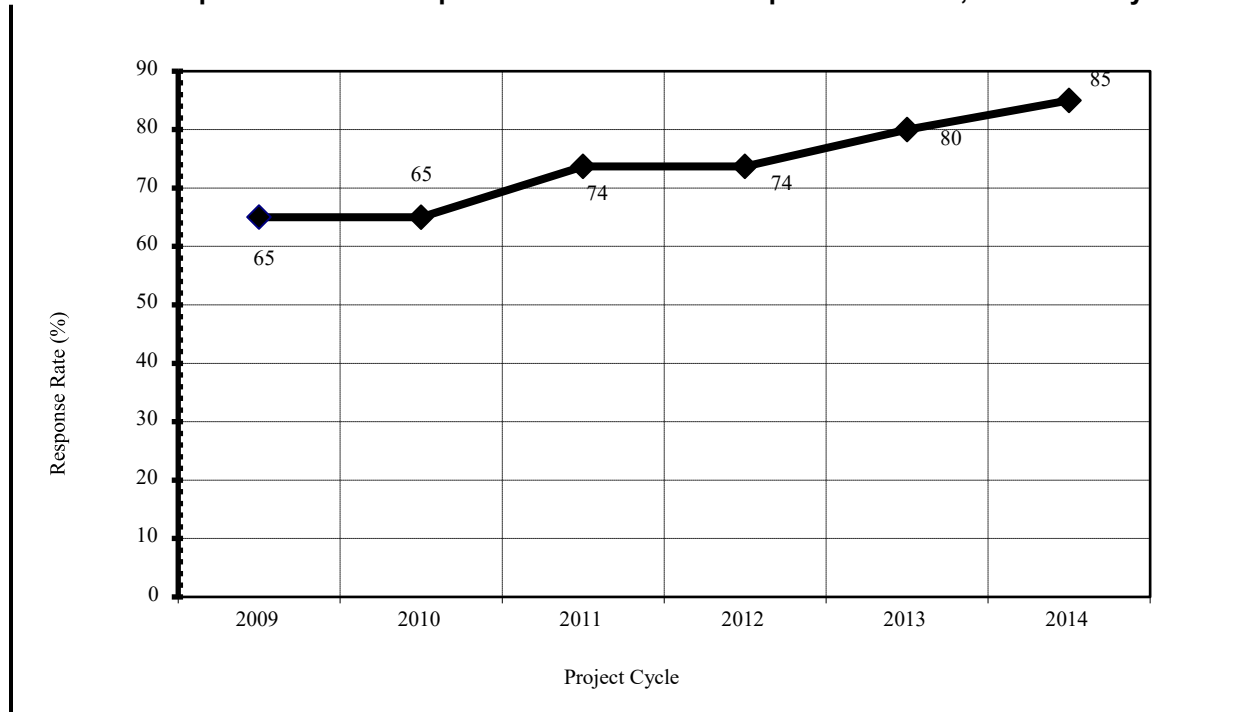


FIGURE 2 - Number of Interviews Completed, 2009-2017 Cycle Years

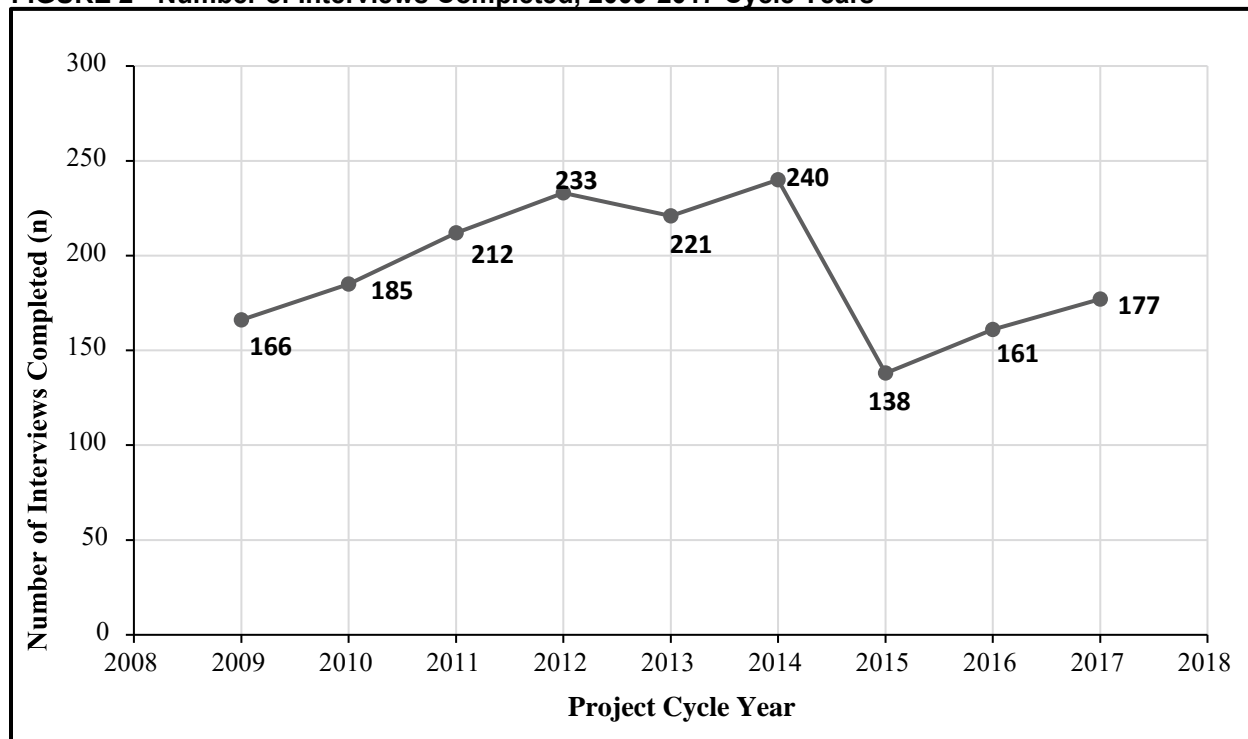


FIGURE 3 - Number of Medical Record Abstractions Completed, 2009-2017 Cycle Years

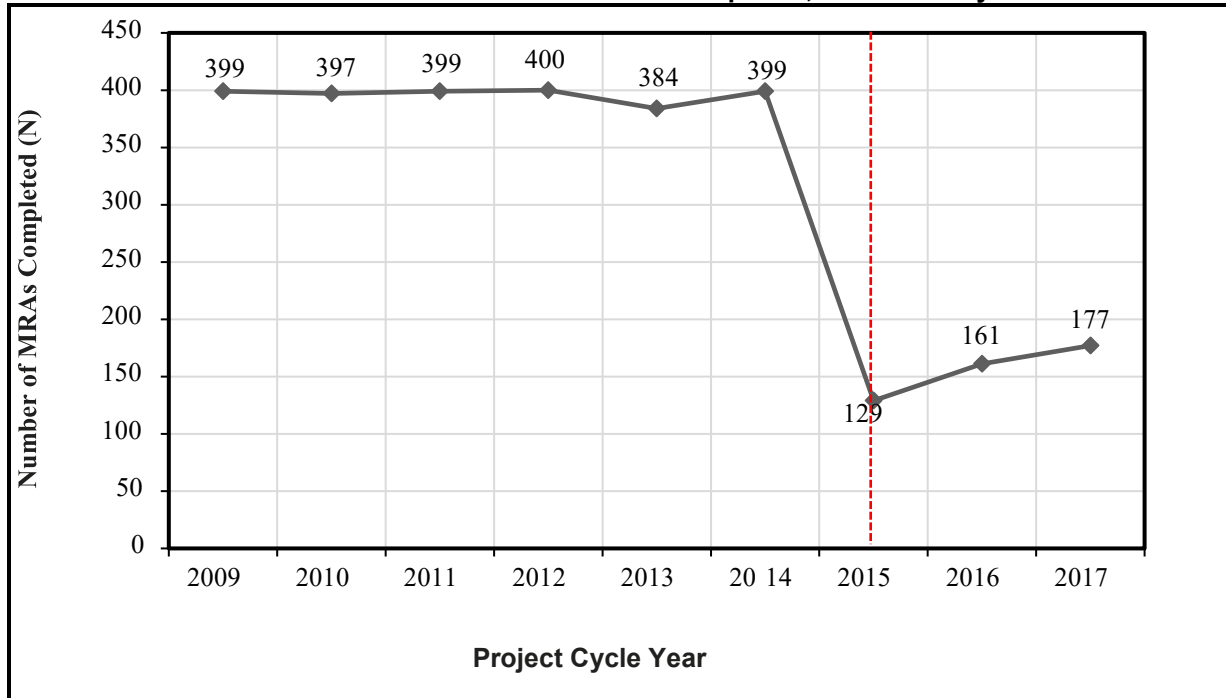
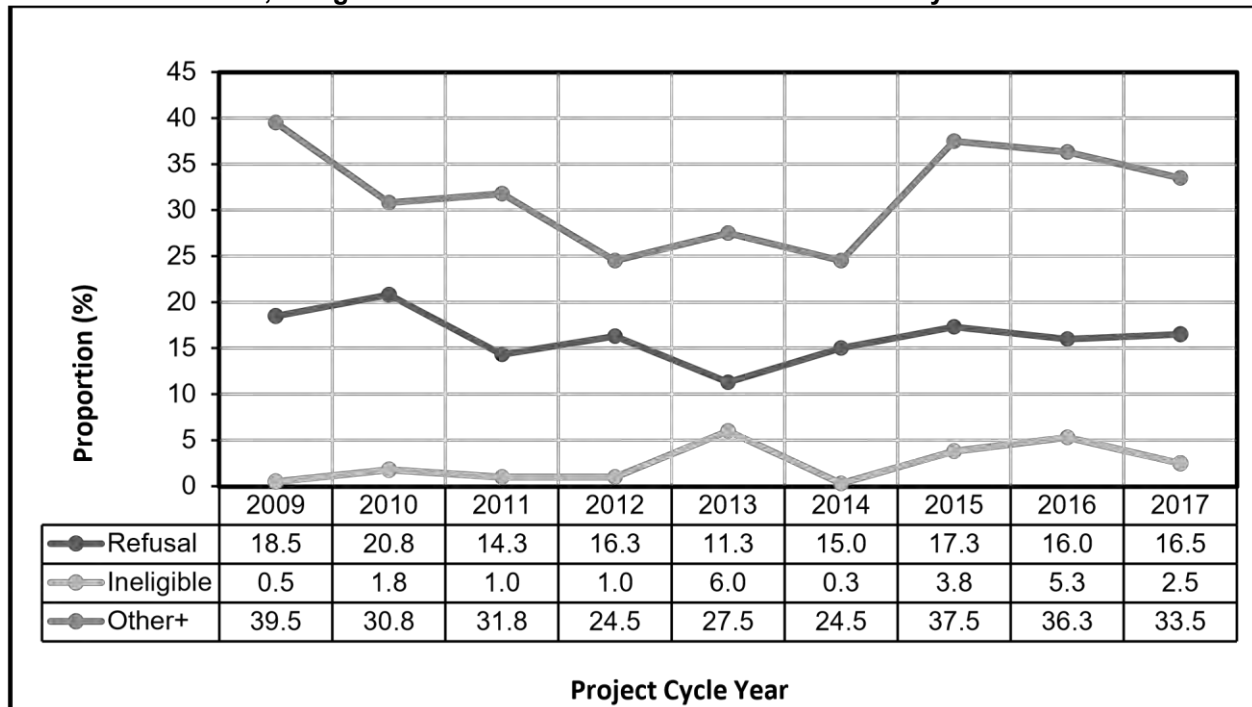


FIGURE 4 - Refusals, Ineligible Patients and Other Statuses+ 2009-2017 Cycle Years



+ Refer to those who could not be contacted because they were lost-to-follow-up or moved out of the HMMP project area.



**Survey Outcomes**

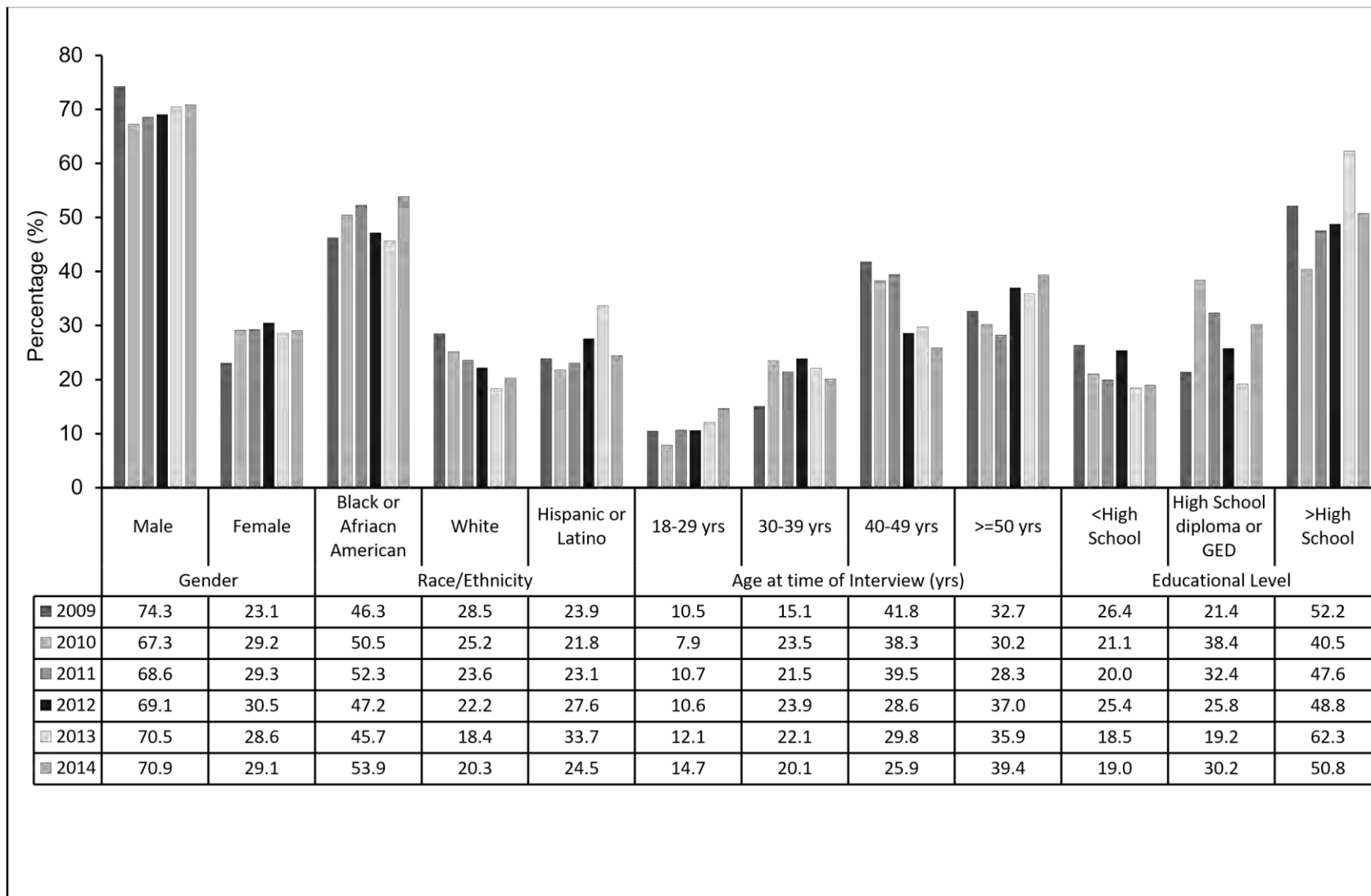
The HMMP survey outcomes presented below were based on data analysis conducted using weighted overlap datasets (data were weighted to adjust for non-response bias), which combine both the interview and medical record abstraction (MRA) data completed during the 2009-2017 data collection cycles. Thus, the number of records may vary slightly from the actual numbers of interviews and MRAs completed during each project cycle. No statistical tests were performed to test differences across variables and no attempts were made to infer any causal relationships.

*Demographic Characteristics*

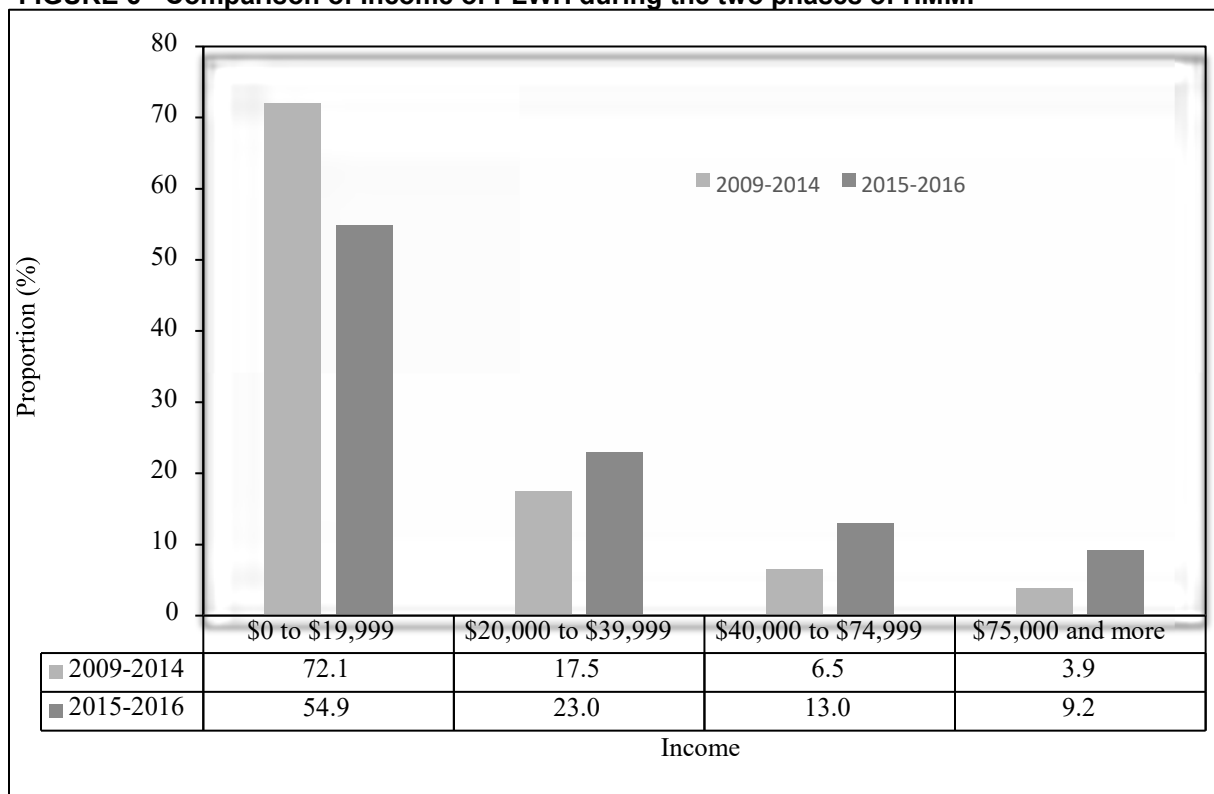
Trends in demographic characteristics of MMP participants between 2009 and 2014 are shown in Figure 5. In general, the survey outcomes showed slight fluctuations in demographic characteristics over the survey period. About 70% of participants were males. The majority of participants were African Americans (45.7-53.9%). While the proportions of White participants generally tended to decrease with each cycle year (28.5-18.4%), the proportion of Hispanic/Latino people tended to increase (21.8-33.7%). Most participants were aged 40 years and above (65.3-74.5%) and generally had greater than high school education. Between 2010 and 2013 cycles, the proportion of participants with higher than high school education increased from 40.5% to 62.3%, while the proportion of those with only a high school diploma or GED decreased (38.4-19.2%) during the same period. Using the new MMP sampling methodology, a similar distributional trend was reported for demographic characteristics in 2015-2016 (Table 1). However, a comparison of the income of PLWH during the two phases of the project is depicted in Figure 6. A decrease of 17.2% was noted among persons whose income ranged from \$0 to 19,999, while increases were reported in all other income brackets between the two phases. The income categories of \$40,000 to 74,999 and \$75,000 or more doubled during the 2015-2016 data collection cycle.



FIGURE 5 - Distribution of Demographic Characteristics of HMMP Participants, 2009-2014



**FIGURE 6 - Comparison of Income of PLWH during the two phases of HMMP**



**TABLE 1 - Characteristics of adults with diagnosed HIV--HMMP, 2015-2016\***

	n	col % (95% CI <sup>∞</sup> )
<b>Overall</b>	294	100
<b>Age at time of interview, in years</b>		
18-29	37	14.3 (9.6-18.9)
30-39	62	21.3 (16.0-26.6)
40-49	83	26.6 (20.9-32.2)
≥50	112	37.9 (31.5-44.3)
<b>Race/ethnicity</b>		
White, non-Hispanic	40	17.5 (12.0-23.0)
Black, non-Hispanic	164	48.7 (42.2-55.2)
Hispanic or Latino†	72	26.5 (20.7-32.3)
Other	18	7.3 (3.6-11.1) *



<b>Country of birth</b>			
United States	240		82.0 (77.3-86.8)
Country outside United States	52		18.0 (13.2-22.7)
<b>English proficiency</b>			
Speaks English well	270		92.5 (89.3-95.7)
Does not speak English well	23		7.5 (4.3-10.7)*
<b>Gender**</b>			
Male	189		74.3 (69.1-79.5)
Female	102		24.8 (19.7-29.9)
Transgender‡	--		--
<b>Sexual orientation</b>			
Lesbian or gay	101		40.2 (33.7-46.8)
Heterosexual or straight	159		46.4 (39.9-52.9)
Bisexual	24		11.5 (6.7-16.3)*
Other	--		--
<b>Educational attainment</b>			
<High School	66		20.3 (15.3-25.4)
High School diploma or equivalent	80		26.5 (20.9-32.2)
>High School	147		53.2 (46.7-59.7)
<b>Combined yearly household income (US\$)</b>			
0–19,999	156		54.9 (48.2-61.6)
20,000–39,999	64		23.0 (17.1-28.8)
40,000–74,999	33		13.0 (8.5-17.4)
≥75,000	22		9.2 (5.3-13.1)*
<b>Household at or below federal poverty line, past 12 months§</b>			
Yes	139		48.3 (41.6-54.9)
No	136		51.7 (45.1-58.4)
<b>Homeless, past 12 months¶</b>			
Yes	38		15.7 (10.5-21.0)
No	255		84.3 (79.0-89.5)
<b>History of incarceration, past 12 months</b>			



Yes	29	10.0 (6.2-13.9)*
No	264	90.0 (86.1-93.8)
<b>Type of health insurance or coverage for antiretroviral medications, past 12 months**</b>		
<b>Private health insurance</b>		
Yes	97	33.4 (27.4-39.5)
No	194	66.6 (60.5-72.6)
<b>Medicare</b>		
Yes	65	22.0 (16.3-27.7)
No	227	78.0 (72.3-83.7)
<b>Medicaid</b>		
Yes	71	21.2 (15.9-26.5)
No	221	78.8 (73.5-84.1)
<b>Ryan White HIV/AIDS program or ADAP</b>		
Yes	169	58.2 (51.7-64.6)
No	122	41.8 (35.4-48.3)
<b>TRICARE/CHAMPUS<sup>π</sup> or VA</b>		
Yes	--	--
No	276	92.2 (87.5-96.9)
<b>Other publicly funded insurance</b>		
Yes	68	21.9 (16.7-27.1)
No	225	78.1 (72.9-83.3)

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution. \*\*Gender - The final gender variable used in HMMP (\_GENDER) combines gender at birth (BIRTGEN) and described gender [GENDER] and has the following final four formatted values for GENDER in the datasets: (1) Male, (2) Female, (3) Transgender, (4) Intersex  
<sup>∞</sup>Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.

†Hispanics or Latinos might be of any race. Persons are classified in only 1 race/ethnicity category.

‡Persons were classified as transgender if sex at birth and gender reported by the person were different, or if the person chose transgender in response to the question about self-identified gender.

§Poverty guidelines as defined by HHS; the 2014 guidelines were used for persons interviewed in 2015 and the 2015 guidelines were used for persons interviewed in 2016.

More information regarding HHS poverty guidelines can be found at <https://aspe.hhs.gov/frequently-asked-questions-related-poverty-guidelines-and-poverty>.

<sup>π</sup>TRICARE and CAMPUS are federally funded health programs that provides health benefits to uniformed service member, retirees and their families.

<sup>¶</sup>Living on the street, in a shelter, in a single-room-occupancy hotel, or in a car.

\*\*Persons could select more than 1 response for health insurance or coverage for antiretroviral medications.





*Health Insurance Status*

The type of health insurance or coverage for antiretroviral medications during the last 12 months is given in Table 1. During 2015-2016 cycle, 58.2% of PLWH were covered under the Ryan White HIV/AIDS program or AIDS Drug Assistance Program (ADAP). About 22.0% of PLWH were on Medicare, 21.2% on Medicaid, 33.4% on private insurance, while 21.9% were on other public funded insurance during the same period. There were differences in health insurance status based on the federal poverty line (Table 2). For instance, PLWH who had private insurance were 81.2% were above federal poverty line, while only 18.8% in this group were at or below the federal poverty line. Among PLWH that used the Ryan White HIV/AIDS program or ADAP, 50.7% of them were at or below the federal poverty line compared to those that were above federal poverty line (49.3%). As much as 80.7% of PLWH who were on Medicaid and 51.6% on Medicare were at or below the federal poverty line.

*Poverty Status of PLWH*

Table 2 shows the federal poverty line characteristics of adults diagnosed with HIV in Houston/Harris County, Texas during 2015-2016 cycle of the project. Approximately, 48.3% of the households of PLWH were at or below federal poverty line, while 51.7% were above federal poverty line. Majority of the PLWH who were Black, non-Hispanic (53.7%) were at or below federal poverty line compared to Hispanic or Latino (48.5%) and White, non-Hispanic (30.6%). More males (58.1%) than females (32.0%) were above federal poverty line. The poverty divide across the various age groups were generally similar for those who were at or below and those above the federal poverty line (Table 2). About 71.7% of PLWH whose educational attainments were less than high school were at or below the federal poverty line compared to 28.3% classified as being above the federal poverty line. As much as 63.8% of PLWH who had more than high school education were above federal poverty line compared to 36.2 % who were at or below the federal poverty line. Among PLWH who had other publicly funded insurance, 63.3% of them were at or below federal poverty line, while 36.7% were above federal poverty level.

**TABLE 2 - Characteristics of adults with diagnosed HIV, by poverty status in the past 12 months-HMMP, 2015-2016\***

Characteristic line <sup>§</sup>	Household at or below federal poverty line <sup>§</sup>		Household above federal poverty line	
	n	row % (95% CI)	n	row % (95% CI <sup>¶</sup> )
<b>Overall</b>	139	48.3 (41.6-54.9)	136	51.7 (45.1-58.4)

<b>Age at time of interview, in years</b>	46.9 (27.2-66.6) *	17
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18-29	13			53.1 (33.4-72.8) *
30-39	29	46.2 (32.4-60.1) *	31	53.8 (39.9-67.6)
40-49	43	52.8 (40.3-65.4)	35	47.2 (34.6-59.7)
≥50	54	46.7 (35.6-57.8)	53	53.3 (42.2-64.4)
<b>Race/ethnicity</b>				
White, non-Hispanic	13	30.6 (14.6-46.5) *	27 74 28	69.4 (53.5-85.4) *
Black, non-Hispanic	81 36 9	48.5 (34.9-62.0) 57.0 (30.1-83.9) *	--	46.3 (37.5-55.1)
Hispanic or Latino†				51.5 (38.0-65.1) *
Other				--
<b>Country of birth</b>				
United States	116	49.5 (42.1-57.0)	114	50.5 (43.0-57.9)
Country outside United States	23	42.9 (28.0-57.9) *	21	57.1 (42.1-72.0)*
<b>English proficiency</b>				
Speaks English well	126	47.5 (40.5-54.5)	130	52.5 (45.5-59.5)
Does not speak English well	13	59.0 (35.2-82.8) *	6	41.0 (17.2-64.8)*
<b>Gender**</b>				
Male	76	41.9 (33.9-49.8)	104	58.1 (50.2-66.1)
Female	60	68.0 (58.0-78.1)	32	32.0 (21.9-42.0)
Transgender‡	3	100*	0	
<b>Sexual orientation</b>				
Lesbian or gay	30	30.1 (20.2-40.0)	67	69.9 (60.0-79.8)
Heterosexual or straight	93	63.8 (55.1-72.5)	54	36.2 (27.5-44.9)



Bisexual	12	51.8 (29.4-74.2) *	12	48.2 (25.8-70.6)*
Other	4	81.5 (48.3-100.0) *	--	--
<b>Educational attainment</b>				
<High School	42	71.7 (59.1-84.2)	16	28.3 (15.8-40.9)*
High School diploma or equivalent	43 54	57.2 (44.8-69.6) 36.2 (27.2-45.3)	32 88	42.8 (30.4-55.2)
>High School				63.8 (54.7-72.8)
<b>Combined yearly household income (US\$)</b>				
0–19,999	131	84.4 (78.4-90.4)	25 56	15.6 (9.6-21.6) *
20,000–39,999	-- 0 0	--	33 22	
40,000–74,999				91.6 (85.5-97.6)
≥75,000				100
				100*
<b>Homeless, past 12 months¶</b>				
Yes	28	83.4 (69.7-97.0) *	--	--
No	111	42.1 (35.1-49.0)	130	57.9 (51.0-64.9)
<b>History of incarceration, past 12 months</b>				
Yes	18	75.6 (58.3-92.8) *	--	--
No	121	45.5 (38.5-52.5)	129	54.5 (47.5-61.5)
<b>Type of health insurance or coverage for antiretroviral medications, past 12 months**</b>				
Private health insurance				
Yes	19	18.8 (9.9-27.6) *	77	81.2 (72.4-90.1)
No	118	64.0 (55.5-72.5)	59	36.0 (27.5-44.5)



<b>Medicare</b>				
Yes	34	51.6 (36.5-66.7) *	29	48.4 (33.3-63.5)*
No	104	47.1 (39.6-54.5)	107	52.9 (45.5-60.4)
<b>Medicaid</b>				
Yes	54	80.7 (66.6-94.7)	--	--
No	84	39.3 (31.9-46.7)	125	60.7 (53.3-68.1)
<b>Ryan White HIV/AIDS program or ADAP</b>				
Yes	82	50.7 (41.5-59.8)		49.3 (40.2-58.5)
No	55	44.4 (34.3-54.4)		55.6 (45.6-65.7)
	--	--		
	129	46.9 (40.2-53.7)		
<b>TRICARE/CHAMPUS<sup>π</sup> or VA</b>				
Yes				--
			72	
No			64	
			--	53.1 (46.3-59.8)
			131	
<b>Other publicly funded insurance</b>				
Yes	38	63.3 (49.9-76.8)	22	36.7 (23.2-50.1)*
No	101	44.4 (36.8-52.0)	114	55.6 (48.0-63.2)

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.

\*\*Gender - The final gender variable used in HMMP (\_GENDER) combines gender at birth (BIRTGEN) and described gender [GENDER] and has the following final four formatted values for GENDER in the datasets: (1) Male, (2) Female, (3) Transgender, (4) Intersex=Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.

†Hispanics or Latinos might be of any race. Persons are classified in only 1 race/ethnicity category.

‡Persons were classified as transgender if sex at birth and gender reported by the person were different, or if the person chose transgender in response to the question about self-identified gender.

§Poverty guidelines as defined by HHS; the 2014 guidelines were used for persons interviewed in 2015 and the 2015 guidelines were used for persons interviewed in 2016. More information regarding HHS poverty guidelines can be found at <https://aspe.hhs.gov/frequently-asked-questions-related-povertyguidelines-and-poverty>.

¶Living on the street, in a shelter, in a single-room-occupancy hotel, or in a car.

\*\*Persons could select more than 1 response for health insurance or coverage for antiretroviral medications.

πTRICARE and CAMPUS are federally funded health programs that provides health benefits to uniformed service member, retirees and their families.



### Sexual Behaviors Among Adults Diagnosed with HIV

Sexual behaviors among PLWH during the 2015-2016 cycle are summarized in Tables 3 and 4. Approximately, 30.3% and 69.7% of the PLWH reported having condomless and non-condomless sex with their sexual partners, respectively. Of the number that had condomless sex, 16.2% of those encounters were with HIV-negative or HIV-unknown partners. About 8.6% of these HIV-negative or HIV-unknown partners did not have sustained viral suppression, implying that they may have exposed their partners to HIV. Overall, across the characteristics assessed, the majority of PLWH (51.9-85.6%) used condoms during their sexual encounters. However, 40% of those who had more than high school education had condomless sex with their partners compared to those with less than high school education (16.9%) and those with high school diploma or its equivalent (22.0%). Of the number of PLWH who had condomless sexual encounters, 26.1% of them were at or below federal poverty line. On the other hand, about 73.9% of PLWH who were in the same poverty category did not have condomless sex.

**TABLE 3 - Sexual behaviors in the past 12 months among adults with diagnosed HIV-HMMP, 2015-2016\***

	n	col % (95% CI <sup>∞</sup> )
<b>Condomless sex</b>		
Yes	85	30.3 (24.3-36.3)
No	202	69.7 (63.7-75.7)
<b>Condomless sex with an HIV-negative or HIV-unknown partner</b>		
Yes	51	16.2 (11.7-20.7)
No	237	83.8 (79.3-88.3)
<b>Condomless sex with an HIV-negative or HIV-unknown partner while sustainably virally suppressed</b>		
Yes	25	8.6 (5.0-12.3)*
No	263	91.4 (87.7-95.0)
<b>PrEP use among persons with HIV-negative partners</b>		
Yes	12	41.6 (23.1-60.1) *
No	21	58.4 (39.9-76.9)*
<b>Indication of high risk sex†</b>		
Yes		8.7 (5.0-12.3)*
No	265	91.3 (87.7-95.0)
<b>Exchange sex</b>		
Yes	--	--



No	169	94.8 (90.8-98.7)
----	-----	------------------

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.

∞Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.

†Vaginal or anal sex with at least 1 HIV-negative or unknown status partner while not sustainably virally suppressed, a condom was not used, and the partner was not on PrEP. PrEP use was only measured among the 5 most recent partners.

**TABLE 4 - Characteristics of adults with diagnosed HIV by condomless sex in the past 12 months--HMMP, 2015-2016\***

	Had condomless sex		Did not have condomless sex	
	n	row % (95% CI)	n	row % (95% CI <sup>∞</sup> )
<b>Overall</b>	85	30.3 (24.3-36.3)	202	69.7 (63.7-75.7)
<b>Age at time of interview, in years</b>				
18-29	16		19	51.9 (33.7-70.1)*
30-39	28	48.1 (29.9-66.3)*	34	56.9 (43.1-70.6)
40-49	20	43.1 (29.4-56.9)*	60	72.6 (61.1-84.1)
≥50	21	27.4 (15.9-38.9)*	89	81.6 (74.0-89.2)
<b>Race/ethnicity</b>				
White, non-Hispanic	10	25.8 (11.0-40.5)*	29	74.2 (59.5-89.0)*
Black, non-Hispanic	49	32.4 (24.1-40.6)	111	67.6 (59.4-75.9)
Hispanic or Latino†	19	28.2 (16.2-40.3)*	51	71.8 (59.7-83.8)
Other	--	--	11	65.5 (41.9-89.1)*
<b>Country of birth</b>				
United States	72	31.9 (25.0-38.7)	163	68.1 (61.3-75.0)
Country outside United States	13	23.6 (11.7-35.4)*	39	76.4 (64.6-88.3)
<b>English proficiency</b>				
Speaks English well	81	31.7 (25.3-38.0)	183	68.3 (62.0-74.7)
Does not speak English well	--	--	19	85.6 (71.9-99.3)*
<b>Gender**</b>				
Male	54	29.7 (22.5-37.0)	129	70.3 (63.0-77.5)



Female	29	30.7 (20.2-41.2)*	72	69.3 (58.8-79.8)
Transgender‡	--	--	--	--
<b>Sexual orientation</b>				
Lesbian or gay	36	37.5 (27.2-47.9)	63	62.5 (52.1-72.8)
Heterosexual or straight	39	23.0 (15.9-30.1)	117	77.0 (69.9-84.1)
Bisexual	--	--	15	62.3 (39.8-84.9)*
Other	--	--	--	--
<b>Educational attainment</b>				
<High School	12	16.9 (7.6-26.3)*	54	83.1 (73.7-92.4)
High School diploma or equivalent	17 56	22.0 (11.6-32.3)* 40.0 (30.9-49.0)	61 87	78.0 (67.7-88.4)
>High School				60.0 (51.0-69.1)
<b>Combined yearly household income (US\$)</b>				
0–19,999	44	28.0 (20.0-35.9)	107	72.0 (64.1-80.0)
	16	30.9 (16.6-45.2)*	47	
20,000–39,999	12	36.3 (18.8-53.9)*	21	69.1 (54.8-83.4)
40,000–74,999				63.7 (46.1-81.2)*
≥75,000	8	38.0 (16.5-59.4)*	14	62.0 (40.6-83.5)*
<b>Household at or below federal poverty line, past 12 months§</b>				
Yes	37	26.1 (17.9-34.4)	98	73.9 (65.6-82.1)
No	43	35.0 (25.9-44.1)	91	65.0 (55.9-74.1)
<b>Homeless, past 12 months ¶</b>				
Yes	--	--	26	78.0 (62.7-93.3)*
No	76	31.8 (25.4-38.3)	176	68.2 (61.7-74.6)
<b>History of incarceration, past 12 months</b>				
Yes	10	36.2 (16.1-56.3)*	19	63.8 (43.7-83.9)*
No	75	29.6 (23.4-35.9)	183	70.4 (64.1-76.6)
<b>Type of health insurance or coverage for retroviral medications, past 12 months**</b>				
Private health insurance				
Yes	34	35.7 (25.5-46.0)	63	64.3 (54.0-74.5)



No	50	27.3 (19.8-34.8)	138	72.7 (65.2-80.2)
<b>Medicare</b>				
Yes	18	24.4 (13.4-35.4)*	46	75.6 (64.6-86.6)
No	67	32.0 (25.1-39.0)	155	68.0 (61.0-74.9)
<b>Medicaid</b>				
Yes	18	25.4 (14.1-36.8)*	51	74.6 (63.2-85.9)
No	67	31.7 (24.7-38.6)	150	68.3 (61.4-75.3)
<b>Ryan White HIV/AIDS program or ADAP</b>				
Yes	55	34.2 (25.9-42.5)	109	65.8 (57.5-74.1)
No	29	25.0 (16.5-33.5)*	92	75.0 (66.5-83.5)
<b>TRICARE/CHAMPUS<math>\pi</math> or VA</b>				
Yes	--	--	10	80.8 (58.5-100.0)*
No	80	30.7 (24.5-36.9)	191	69.3 (63.1-75.5)
	22	32.3 (19.9-44.7)*	45	
<b>Other publicly funded insurance</b>				
Yes				67.7 (55.3-80.1)
No	63	29.8 (22.9-36.6)	157	70.2 (63.4-77.1)
	44	25.7 (18.7-32.6)	122	
<b>Sustained viral suppression<math>\dagger\dagger</math></b>				
Yes				74.3 (67.4-81.3)
No	41	36.1 (26.1-46.1)	80	63.9 (53.9-73.9)

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.

\*\*Gender - The final gender variable used in HMMP (\_GENDER) combines gender at birth (BIRTGEN) and described gender [GENDER] and has the following final four formatted values for GENDER in the datasets: (1) Male, (2) Female, (3) Transgender, (4) Intersex  $\omega$ Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.  $\dagger$ Hispanics or Latinos might be of any race. Persons are classified in only 1 race/ethnicity category.

$\ddagger$ Persons were classified as transgender if sex at birth and gender reported by the person were different, or if the person chose transgender in response to the question about self-identified gender.

$\S$ Poverty guidelines as defined by HHS; the 2014 guidelines were used for persons interviewed in 2015 and the 2015 guidelines were used for persons interviewed in 2016. More information regarding HHS poverty guidelines can be found at <https://aspe.hhs.gov/frequently-asked-questions-related-povertyguidelines-and-poverty>.

$\parallel$ Living on the street, in a shelter, in a single-room-occupancy hotel, or in a car.

\*\*Persons could select more than 1 response for health insurance or coverage for antiretroviral medications.

$\dagger\dagger$ Sustained viral suppression defined as having all viral load measurements documented undetectable or <200 copies/mL in the past 12 months.

$\pi$ TRICARE and CAMPUS are federally funded health programs that provides health benefits to uniformed service member, retirees and their families.





*Receipt of medical care and support services among adults diagnosed with HIV*

Table 5 shows the receipt of medical care services among adults diagnosed with HIV in Houston/Harris County, Texas during the 2015-2016 data collection cycle. About 40.4% of PLWH who needed HIV case management service received the service, while as much as 49.4% indicated that they did not need and did not receive this service during the period. A majority of the PLWH (67.2%) indicated that they did not need any professional help remembering to take their medicines on time and correctly (adherence support services). Dental care needs of 51.3% of persons needing it were met during this period. Although, only 37.3% of PLWH needed, and received mental health service, 56.9% indicated that they did not need and did not receive this service. Similarly, 58.9% of the PLWH needed and did receive medications from ADAP. On the other hand, a majority of this population indicated that they did not need and did not receive the following services during the period under review: patient navigation service (75.5%), HIV peer support group (78.9%), transportation assistance (65.6%), shelter or housing services (69.5%), drug or alcohol counseling or treatment (92.1%), meal or food services (70.2%), domestic violence services (99.2%) and interpreter services (94.8%). When considering only those who needed and received the medical care and support services and those who needed, but did not receive these services, a different pattern emerged in term of the actual population served (Table 6). For all services considered, those who needed and received the services ranged from 47.4% (shelter or housing services) to 98.5% (professional help remembering to take HIV medicines on time or correctly - adherence support services). On the other hand, the PLWH who needed, but did not receive these services ranged from 6.9% (Medicine through ADAP) to 52.6% (shelter or housing services).

**TABLE 5 - Receipt of medical care services among adults with diagnosed HIV--HMMP, 2015-2016\***

	n	col % (95% CI <sup>∞</sup> )
<b>HIV case management services</b>		
Needed and received this service	114	40.4 (33.9-46.9)
Needed, but did not receive this service	33	10.2 (6.3-14.0)
Did not need and did not receive this service	145	49.4 (42.8-55.9)
<b>Professional help remembering to take HIV medicines on time or correctly (adherence support services)</b>		
Needed and received this service	97	32.3 (26.3-38.4)
Needed, but did not receive this service	--	--
Did not need and did not receive this service	192	67.2 (61.1-73.2)
<b>Medicine through ADAP</b>		
Needed and received this service	169	58.9 (52.6-65.3)
Needed, but did not receive this service	15	4.4 (2.1-6.7)*
Did not need and did not receive this service	105	36.7 (30.4-42.9)



<b>Patient navigation services</b>		
Needed and received this service	46	16.7 (11.5-21.9)
Needed, but did not receive this service	22	7.8 (4.2-11.4)*
Did not need and did not receive this service	224	75.5 (69.6-81.4)
<b>HIV peer support group</b>		
Needed and received this service	37	15.2 (9.7-20.7)
Needed, but did not receive this service	19	5.9 (2.9-8.9)*
Did not need and did not receive this service	236	78.9 (73.0-84.8)
<b>Dental care</b>		
Needed and received this service	145	51.3 (44.7-57.8)
Needed, but did not receive this service	79	25.1 (19.5-30.6)
Did not need and did not receive this service	68	23.7 (18.1-29.2)
<b>Drug or alcohol counseling or treatment</b>		
Needed and received this service	19	6.9 (3.5-10.3)*
Needed, but did not receive this service	--	--
Did not need and did not receive this service	270	92.1 (88.5-95.7)
	106	
<b>Mental health services</b>		
Needed and received this service		37.3 (30.9-43.6)
Needed, but did not receive this service	20	5.8 (3.2-8.5)*
Did not need and did not receive this service	166	56.9 (50.4-63.4)
<b>Transportation assistance</b>		
Needed and received this service	65	24.1 (18.0-30.1)
Needed, but did not receive this service	29	10.3 (6.2-14.4)*
Did not need and did not receive this service	198	65.6 (59.2-72.1)
<b>Shelter or housing services</b>		
Needed and received this service	40	14.5 (9.6-19.3)
Needed, but did not receive this service	51	16.1 (11.4-20.8)
Did not need and did not receive this service	200	69.5 (63.4-75.5)
<b>Supplemental Nutrition Assistance Program (SNAP) or Special Supplemental Nutrition Program for Women, Infants, and Child</b>		
Needed and received this service	106	33.2 (27.1-39.2)



Needed, but did not receive this service	46	15.7 (11.1-20.3)
Did not need and did not receive this service	139	51.1 (44.6-57.6)
<b>Meal or food services, including (soup kitchens, food delivery services)</b>	<b>57</b>	<b>pantries, banks, church dinners, or food</b>
Needed and received this service		18.6 (13.5-23.7)
Needed, but did not receive this service	32	11.2 (7.0-15.4)
Did not need and did not receive this service	203	70.2 (64.2-76.2)
<b>Domestic violence services</b>		
Needed and received this service	--	--
Needed, but did not receive this service	--	--
Did not need and did not receive this service	288	99.2 (98.5-100.0)
<b>Interpreter services</b>		
Needed and received this service	13	3.8 (1.7-5.9)*
Needed, but did not receive this service	--	--
Did not need and did not receive this service	276	94.8 (92.3-97.3)

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.  
 ∞Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.

**TABLE 6 - Receipt of medical care services among adults with diagnosed HIV who needed services--HMMP, 2015-2016\***

	n	col % (95% CI <sup>∞</sup> )
<b>HIV case management services</b>		
Needed and received this service	114	79.9 (72.6-87.1)
Needed, but did not receive this service	33	20.1 (12.9-27.4)
<b>Professional help remembering to take HIV medicines on time or correctly (adherence support services)</b>		
Needed and received this service	97	98.5 (96.3-100.0)
Needed, but did not receive this service	--	--
<b>Medicine through ADAP</b>		
Needed and received this service	169	93.1 (89.4-96.7)
Needed, but did not receive this service	15	6.9 (3.3-10.6)*
<b>Patient navigation services</b>		



Needed and received this service	46	68.1 (55.2-81.0)
Needed, but did not receive this service	22	31.9 (19.0-44.8)*
<b>HIV peer support group</b>		
Needed and received this service	37	72.1 (58.8-85.3)
Needed, but did not receive this service	19	27.9 (14.7-41.2)*
<b>Dental care</b>		
Needed and received this service	145	67.2 (60.2-74.1)
Needed, but did not receive this service	79	32.8 (25.9-39.8)
<b>Drug or alcohol counseling or treatment</b>		
Needed and received this service	19	87.1 (72.4-100.0)*
Needed, but did not receive this service	--	--
<b>Mental health services</b>		
Needed and received this service	106	86.5 (80.5-92.4)
Needed, but did not receive this service	20	13.5 (7.6-19.5)*
<b>Transportation assistance</b>		
Needed and received this service	65	70.0 (59.2-80.8)
Needed, but did not receive this service	29	30.0 (19.2-40.8)*
<b>Shelter or housing services</b>		
Needed and received this service	40	47.4 (35.3-59.4)
Needed, but did not receive this service	51	52.6 (40.6-64.7)
<b>Supplemental Nutrition Assistance Program (SNAP) or Special Supplemental Nutrition Program for Women, Infants, and Child</b>		
Needed and received this service	106 46	67.8 (59.4-76.3)
Needed, but did not receive this service		32.2 (23.7-40.6)
<b>Meal or food services, including (soup kitchens, food pantries, food banks, church dinners, or food delivery services)</b>		
Needed and received this service	57	62.4 (50.6-74.2)
Needed, but did not receive this service	32	37.6 (25.8-49.4)
<b>Domestic violence services</b>		
Needed and received this service		
Needed, but did not receive this service	--	--
<b>Interpreter services</b>		
Needed and received this service	13	73.4 (50.9-96.0)*
Needed, but did not receive this service	--	--

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a



denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.

∞Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.

*Level of Satisfaction with HIV care received*

Table 7 shows the level of satisfaction with HIV care received by persons living with HIV in Houston/Harris County, Texas. Overall, they are very satisfied with the medical care received (94.8%). This high level of satisfaction (range: 93.6-95.8%) was also reflected when assessed across race/ethnicity, federal poverty line and attendance of Ryan White funded facilities during the past 12 months (Table 7).

**TABLE 7 - Satisfaction with HIV care received overall and by selected characteristics among adults with diagnosed HIV--HMMP, 2015-2016\***

	n	row % (95% CI <sup>∞</sup> )
<b>Overall</b>	265	94.8 (91.8-97.7)
<b>Race/ethnicity</b>		
White, non-Hispanic		
Black, non-Hispanic	36	95.8 (89.7-100.0)
Hispanic or Latino <sup>†</sup>	64	94.8 (88.7-100.0)
<b>Household at or below federal poverty line, past 12 months<sup>§</sup></b>		
Yes	125	94.9 (90.5-99.3)
No	124	95.0 (91.0-99.1)
<b>Attendance at a RWHAP-funded facility, past 12 months</b>		
Yes	226	94.8 (91.5-98.0)
No	36	94.3 (86.5-100.0)

\*Satisfaction with HIV care received was defined using a modified Likert scale, where respondents could rate satisfaction as being very satisfied, somewhat satisfied, somewhat dissatisfied, and very dissatisfied. "Very satisfied" and "somewhat satisfied" responses were considered to be satisfied. All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.

∞Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.

†Hispanics or Latinos might be of any race. Persons are classified in only 1 race/ethnicity category.

§Poverty guidelines as defined by HHS; the 2014 guidelines were used for persons interviewed in 2015 and the 2015 guidelines were used for persons interviewed in 2016. More information regarding HHS poverty guidelines can be found at <https://aspe.hhs.gov/frequently-asked-questions-related-poverty-guidelines-and-poverty>.



*Receipt of prevention services among adults diagnosed with HIV*

Approximately, 45.8% of PLWH in Houston/Harris County received informational materials and education on HIV prevention with only 30.6% of them having a one-on-one HIV/STD risk-reduction conversation with an outreach worker, counselor, or prevention program worker (Table 8). Similarly, 50.4% of PLWH had one-on-one HIV/STD risk reduction conversation with a doctor, nurse, or other healthcare worker, while only 16.9% of PLWH attended an organized HIV/STD risk-reduction session involving a small group of people during the 2015-2016 data collection cycle. Receipt of free condoms was reported among 47.1% of the PLWH during the period.

	n	col % (95% CI <sup>∞</sup> )
<b>Received free condoms</b>		
Yes	130	47.1 (40.5-53.6)
No	162	52.9 (46.4-59.5)
<b>Received of informational/educational information on HIV prevention</b>		
Yes	134	45.8 (39.3-52.4)
No	156	54.2 (47.6-60.7)
<b>Had one-on-one HIV/STD risk-reduction conversation with an outreach worker, counselor, or prevention program worker</b>		
Yes	90	30.6 (24.6-36.7)
No	202	69.4 (63.3-75.4)
<b>Had one-on-one HIV/STD risk-reduction conversation with a doctor, nurse, or other healthcare worker</b>		
Yes	150	50.4 (43.8-57.0)
No	141	49.6 (43.0-56.2)
<b>Attended an organized HIV/STD risk-reduction session involving a small group of people</b>		
Yes	50	16.9 (12.0-21.9)
No	241	83.1 (78.1-88.0)

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.

<sup>∞</sup>Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean.



*Sustained viral suppression among adults diagnosed with HIV*

Table 9 shows sustained viral suppression among adults diagnosed with HIV. A total of 54.1% of PLWH had sustained viral suppression, while 45.9% did not have sustained viral suppression during the 2015-2016 cycle of the project. Interestingly, between ages of 18-29 years (29.0%) and 50 years and over (68.8%) sustained viral suppression tended to increase with increasing age.) Conversely, the reverse occurred for PLWH who did not have sustained viral suppression with more belonging to the 18-29 years' age group (71.0%) and the least in this category belonging to ≥50 years (31.2%). However, more males (54.9%) than females (51.0%) had sustained viral suppression. Condomless sex with an HIV-negative or HIV-unknown partner was reported for 46.8% of PLWH with sustained viral suppression. Hispanic or Latino people had the most sustained viral suppression (59.6%) than White, non-Hispanic (52.5%) and Black, non-Hispanic (48.1%). Household at or below federal poverty line had more sustained viral suppression (58.7%) than those who were above federal poverty line (49.1%). The majority of PLWH who were born in countries outside the United States (69.8%) and those who do not speak English well (65.3%) had more sustained viral suppression than those born in the United States (51.4%) and those who speak English very well (53.6%), respectively.

**TABLE 9 - Sustained viral suppression among adults with diagnosed HIV, by sociodemographic and risk characteristics--HMMP, 2015-2016\***

	Had sustained viral suppression**		Did not have sustained viral suppression	
	n	row % (95% CI)	n	row % (95% CI*)
<b>Overall</b>	169	54.1 (47.5-60.6)	125	45.9 (39.4-52.5)
<b>Age at time of interview, in years</b>				
18-29	13	29.0 (14.3-43.7)*	24	71.0 (56.3-85.7)*
30-39	30	44.6 (30.8-58.3)	32	55.4 (41.7-69.2)
40-49	48	54.2 (41.9-66.5)	35	45.8 (33.5-58.1)
≥50	78	68.8 (58.1-79.4)	34	31.2 (20.6-41.9)
<b>Race/ethnicity</b>				
White, non-Hispanic	24	52.5 (34.6-70.3)*	16	47.5 (29.7-65.4)*
Black, non-Hispanic	86	48.1 (39.5-56.7)	78	51.9 (43.3-60.5)
Hispanic or Latino†	46	59.6 (46.7-72.5)	26	40.4 (27.5-53.3)*
Other	13	77.6 (58.1-97.1)*	--	--
<b>Country of birth</b>				
United States	131	51.4 (44.0-58.7)	109	48.6 (41.3-56.0)



Country outside United States		69.8 (55.8-83.7)		30.2 (16.3-44.2)*
<b>English proficiency</b>				
Speaks English well	153	53.6 (46.7-60.4)	117	46.4 (39.6-53.3)
Does not speak English well	16	65.3 (43.7-86.9)*	--	--
<b>Gender**</b>				
Male	112	54.9 (46.9-62.9)	77	45.1 (37.1-53.1)
Female	55	51.0 (39.8-62.2)	47	49.0 (37.8-60.2)
Transgender‡	--	--	--	--
<b>Sexual orientation</b>				
Lesbian or gay	68	62.9 (52.0-73.8)	33	37.1 (26.2-48.0)
Heterosexual or straight	84	50.7 (41.8-59.7)	75	49.3 (40.3-58.2)
Bisexual	11	38.1 (16.5-59.6)*	13	61.9 (40.4-83.5)*
Other	--	--	--	--
<b>Educational attainment</b>				
<High School	38	55.2 (41.4-69.0)	28	44.8 (31.0-58.6)*
High School diploma or equivalent	47	55.3 (42.8-67.8)	33	44.7 (32.2-57.2)
>High School	84	53.7 (44.4-63.0)	63	46.3 (37.0-55.6)
<b>Combined yearly household income (US\$)</b>				
0–19,999	95	57.5 (48.5-66.4)	61	42.5 (33.6-51.5)
20,000–39,999	33	46.1 (31.7-60.4)	31	53.9 (39.6-68.3)
40,000–74,999	19	54.2 (35.8-72.6)*	14	45.8 (27.4-64.2)*
≥75,000	11	49.8 (27.6-72.1)*	11	50.2 (27.9-72.4)*
<b>Household at or below federal poverty line, past 12 months<sup>§</sup></b>				
Yes	87	58.7 (49.0-68.4)	52	41.3 (31.6-51.0)
No	71	49.1 (39.7-58.5)	65	50.9 (41.5-60.3)
<b>Homeless, past 12 months<sup>¶</sup></b>				
Yes	16	39.2 (20.9-57.4)*	22	60.8 (42.6-79.1)*
No	153	57.3 (50.3-64.3)	102	42.7 (35.7-49.7)
<b>History of incarceration, past 12 months</b>				
Yes	15	43.7 (24.0-63.4)*	14	56.3 (36.6-76.0)*





No	154	55.6 (48.7-62.6)	110	44.4 (37.4-51.3)
<b>Private health insurance</b>				
Yes	49	50.6 (39.9-61.4)	48	49.4 (38.6-60.1)
No	118	56.0 (47.6-64.3)	76	44.0 (35.7-52.4)
<b>Medicare</b>				
Yes	37	52.1 (37.3-67.0)	28	47.9 (33.0-62.7)*
No	131	54.9 (47.6-62.2)	96	45.1 (37.8-52.4)
<b>Medicaid</b>				
Yes	38	45.3 (31.7-58.8)	33	54.7 (41.2-68.3)
No	130	56.7 (49.4-64.1)	91	43.3 (35.9-50.6)
<b>Ryan White HIV/AIDS prog ram or ADAP</b>				
Yes	102	55.1 (46.3-63.9)	67	44.9 (36.1-53.7)
No	65	52.9 (42.9-62.9)	57	47.1 (37.1-57.1)
<b>TRICARE/CHAMPUS or V A</b>				
Yes	10	65.7 (33.5-98.0)*	--	--
No	156	53.0 (46.5-59.6)	120	47.0 (40.4-53.5)
<b>Other publicly funded insu</b>				
Yes				41.5 (28.2-54.9)*
No	124	53.3 (45.8-60.9)	101	46.7 (39.1-54.2)
<b>Injection drug use during t</b>				
Yes				--
No	167	54.7 (48.1-61.3)	122	45.3 (38.7-51.9)
<b>Condomless sex with an H</b>				
Yes	26	46.8 (32.0-61.5)*	25	53.2 (38.5-68.0)*
No	140	55.9 (48.5-63.3)	97	44.1 (36.7-51.5)

\*All numbers are unweighted and all percentages are weighted percents; CIs incorporate weighted percents. Excluded are values for which the percentage estimates have a coefficient of variation >0.30, "don't know" responses, and skipped (missing) responses. Values with a denominator sample size <30, values with an absolute confidence interval width >30% and values with an absolute confidence interval width of between 5% and 30% and a relative confidence interval width >130% should be interpreted with caution.

\*\*Gender - The final gender variable used in HMMP (\_GENDER) combines gender at birth (BIRTGEN) and described gender [GENDER] and has the following final four formatted values for GENDER in the datasets: (1) Male, (2) Female, (3) Transgender, (4) Intersex=Confidence interval (CI) is a type of interval estimate, it measures the level of confidence that the parameter lies in the interval. E.g. 95% chance that the calculated confidence interval contains the true population mean. †Hispanics or Latinos might be of any race. Persons are classified in only 1 race/ethnicity category.

‡Persons were classified as transgender if sex at birth and gender reported by the person were different, or if the person chose transgender in response to the question about self-identified gender.

§Poverty guidelines as defined by HHS; the 2014 guidelines were used for persons interviewed in 2015 and the 2015 guidelines were used for persons interviewed in 2016. More information regarding HHS poverty guidelines can be found at <https://aspe.hhs.gov/frequently-askedquestions-related-povertyguidelines-and-poverty>.

¶Living on the street, in a shelter, in a single-room-occupancy hotel, or in a car.

\*\*Sustained viral suppression defined as having all viral load measurements documented undetectable or <200 copies/mL in the past 12 months.



TRICARE and CAMPUS are federally funded health programs that provides health benefits to uniformed service member, retirees and their families.

## Data Dissemination and Use

To disseminate the outcomes of this project, the HMMP project area regularly conducts data analyses and shares the findings at numerous local, regional and national meetings and conferences. The project site has also published the first volume of the HMMP Book of Abstracts, which is a collection of abstracts emanating from these activities from 2005 through 2012<sup>2</sup>. Although some of the findings were considered preliminary, they have laid a strong foundation for a more comprehensive evaluation of the clinical and behavioral characteristics and health outcomes of patients receiving medical care for HIV in Houston/Harris County. In addition, the project area also disseminates project information and news through the website ([www.hmmptx.org](http://www.hmmptx.org)) and the Community Monitor Newsletter. The HIV/STD Surveillance program continues to work in collaboration with the HIV/STD Prevention and Care programs to identify ways in which the HMMP data can supplement the HHD planning and prioritizing for activities such as identifying gaps in the scope and reach of HIV prevention interventions, and strategies to enhance the coordination of HIV prevention in Houston/Harris County, Texas. At the national level, several surveillance reports and MMWRs based on MMP data have been published, and can be accessed at <http://www.cdc.gov/hiv/statistics/systems/mmp/resources.html>. The HMMP project area has produced series of technical and surveillance reports and peer-reviewed journal publications based on data obtained from the MMP survey<sup>2-10</sup>. In addition, numerous abstracts and presentations based on HMMP data have been presented at local, regional, state and national conferences and meetings during the period under review. Because MMP's estimates are representative, data and information gathered from this project may be used to monitor the U.S. National HIV/AIDS strategy goal of increasing access to care and optimizing health outcomes among persons living with HIV. Locally, MMP data has been used by the Houston Area Ryan White Planning Council, HIV Prevention planning groups, policy leaders, health-care providers, and people living with HIV can use the data to inform HIV prevention activities, highlight disparities in care and services, identify unmet needs, and evaluate services. The data are also used to guide policy and funding decisions aimed at increasing engagement in care and improving the quality of care for people living with HIV in Houston/Harris County, Texas and throughout the United States.

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<http://www.scopemed.org/fulltextpdf.php?mno=1509>
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Texas — Houston Medical Monitoring Project, 2009-2014 Cycles. HIV Surveillance Special Report, August, 2018. 55 pp.



**2019 QUARTERLY REPORT  
COMPREHENSIVE HIV PLANNING COMMITTEE**

**Status of Committee Goals and Responsibilities (\*means mandated by HRSA):**

1. Assess, evaluate, and make ongoing recommendations for the Comprehensive HIV Prevention and Care Services Plan and corresponding areas of the End HIV Plan.

Ongoing, will continuously develop.

2. \*Determine the size and demographics of the estimated population of individuals who are unaware of their HIV status.

EIHA + Epi Profile.

3. \*Work with the community and other committees to develop a strategy for identifying those with HIV who do not know their status, make them aware of their status, and link and refer them into care.

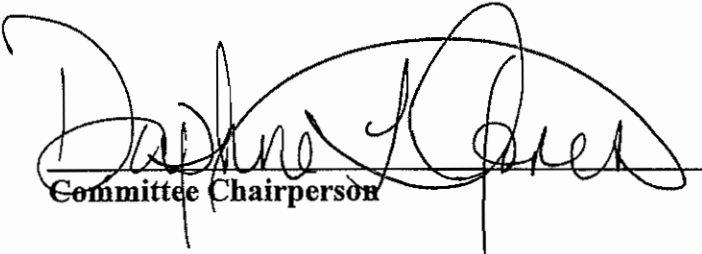
EIHA, completed.

4. \*Explore and develop on-going needs assessment and comprehensive planning activities including the identification and prioritization of special studies.

Done for 2019

5. \*Review and disseminate the most current Joint Epidemiological Profile.

Done / Completed Item

  
Committee Chairperson

11.14.19  
Date

# Affected Community Committee Report



TCQ (Training for Consumers on Quality)  
“Mini Module”

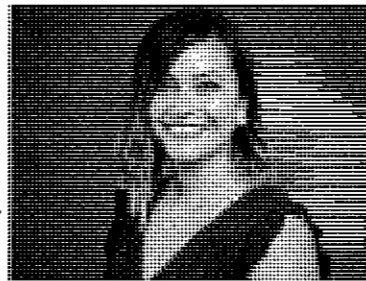
Building Health Numeracy Skills



Your Facilitators



Cecilia Ross-Oshingbade  
Founder of Living Without Limits Living  
Large, Inc.; Community Advocate



Samantha Bowen  
Ryan White Grant Administration  
Quality Management Coordinator



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## Introduction to Data as an Assessment Tool

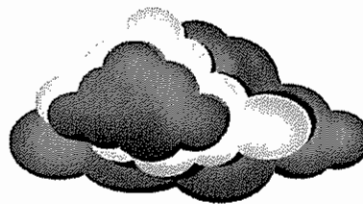
3



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### What are Data?

- Data (n) (plural): Facts or information used usually to calculate, analyze, or plan something



Source: <http://www.merriam-webster.com/dictionary/data> accessed on 04/05/14

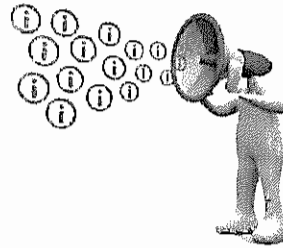
4





## Cultural Competency

- Data are the voice of the system . . .
- If you want to know how to ask questions or how to understand its answers, you need to know data

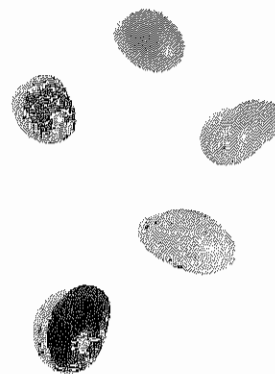


5

## Types of Data

### Quantitative Data - Counting Things:

- 5 Jelly Beans
- or
- 1 Red Jelly Bean
- 1 Green Jelly Bean
- 1 Orange Jelly Bean
- 1 Pink Jelly Bean
- 1 Purple Jelly Bean



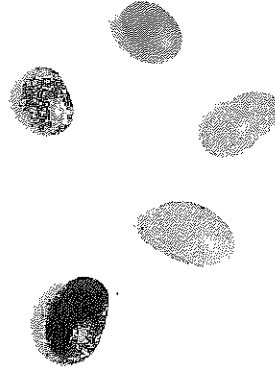
6

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## Types of Data

### Qualitative Data - Describing Things:

- There are red, green, orange, pink and purple Jelly Beans
- Each of the Jelly Beans is oval shaped and about the same size
- They all taste delicious



7

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## Group Exercise

8

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### Exercise: Bag of Data

- Step 1: Form a group.
- Step 2: Pick a person who will write on the poster paper
- Step 3: Identify five examples from your quantitative brainstorm
- Step 4: Identify five examples from your qualitative brainstorm
- Step 5: Identify one person to report back

9



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### Debrief

- How do you see yourself using quantitative and qualitative data in your committee?


10



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## Key Data Terms

11



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### Key Data Term #1: Data Set

da·ta set  
[data set]

1. a collection of related sets of information that is composed of separate elements but can be manipulated as a unit by a computer.

"all hospitals must provide a standard data set of each patient's details"

12



## Data Set: Diagnoses of HIV Infection

Table 1a. Diagnoses of HIV Infection, by year of diagnosis and selected characteristics, 2012-2017—United States

	2012		2013		2014		2015		2016		2017	
	No.	Rate <sup>a</sup>	No.	Rate <sup>a</sup>	No.	Rate <sup>a</sup>	No.	Rate <sup>a</sup>	No.	Rate <sup>a</sup>	No.	Rate <sup>a</sup>
<b>Age at diagnosis (yr)</b>												
<13	241	0.5	184	0.3	150	0.3	140	0.3	130	0.2	99	0.2
13-14	50	0.6	43	0.5	32	0.4	25	0.3	25	0.3	25	0.3
15-19	1,919	9.0	1,637	8.0	1,727	8.2	1,740	8.2	1,705	8.0	1,711	8.1
20-24	7,174	31.8	7,054	30.9	7,370	32.2	7,276	32.1	6,868	30.7	6,364	28.7
25-29	6,459	30.2	6,653	30.6	7,187	32.7	7,596	33.9	7,935	34.6	7,991	32.9
30-34	5,458	26.1	5,202	24.4	6,451	28.2	6,457	28.2	5,662	25.9	5,514	25.6
35-39	4,161	21.3	3,964	20.2	4,241	21.3	4,293	21.0	4,224	20.3	4,315	20.3
40-44	4,446	21.1	3,925	18.8	3,750	18.4	3,417	16.9	3,254	16.5	2,958	15.2
45-49	4,230	19.8	3,923	18.5	3,610	17.3	3,325	16.0	3,095	14.8	2,964	14.1
50-54	3,187	14.1	2,969	13.1	2,899	12.5	3,000	13.5	2,879	13.2	2,877	12.5
55-59	1,924	9.3	2,010	9.5	1,924	9.0	1,874	8.6	1,895	8.6	1,855	8.6
60-64	1,049	5.9	1,066	5.9	973	5.2	959	5.2	1,078	5.5	1,025	5.4
≥65	820	1.9	850	1.9	851	1.8	852	1.8	845	1.7	824	1.7
<b>Race/ethnicity</b>												
American Indian/Alaska Native	172	7.4	147	6.3	182	7.7	199	8.0	230	9.6	212	8.9
Asian	797	5.1	752	4.9	823	5.5	941	5.4	972	5.4	942	5.1
Black/African American	18,196	45.9	17,326	44.3	17,333	44.4	17,453	43.7	17,259	42.9	16,950	41.1
Hispanic/Latino <sup>b</sup>	9,196	17.3	8,996	16.6	9,649	17.3	9,643	17.1	9,831	17.0	9,461	16.1
Native Hawaiian/Other Pacific Islander	51	5.8	47	6.8	44	8.1	74	13.3	41	7.2	57	9.5
White	11,041	5.5	10,821	5.4	10,881	5.3	10,453	5.3	10,117	5.1	10,048	5.1
Multiple races	1,727	28.8	1,620	26.2	1,415	22.2	1,261	19.2	1,129	16.7	974	12.6

## Key Data Term #2: Average

av·er·age

['av(ə)riʃ]

1. a number expressing the central or typical value in a set of data, in particular the mode, median, or (most commonly) the mean, which is calculated by dividing the sum of the values in the set by their number.

*"the housing prices there are twice the national average"*

**synonyms:**

mean · median · mode · midpoint · center · norm · standard · rule

Data Set: Clinic Satisfaction (1-10)

Respondent	Rating	Respondent	Rating
Deborah	9	Rose	9
Michele	6	Jane	7
Susan	9	Patricia	1
Judith	1	Robin	9
Mary	5	Erin	1

15



Add and then divide

RATING

- 9
- 6
- 9
- 1
- 5
- 9
- 7
- 1
- 9
- 1

Average

- Add each of the numbers and divide by the total number of numbers
- They responded using a 1-10 scale and there were ten respondents, therefore 10 is the total number of numbers
  - a)  $9 + 6 + 9 + 1 + 5 + 9 + 7 + 1 + 9 + 1 = 57$
  - b)  $57 / 10 = 5.7$
- **5.7** is your Average


16



Analyzing the Data ...

- What if I told you that Deborah, Susan, Rose, and Robin were all long-term patients of the clinic?
- What if I told you that Judith, Patricia, and Erin were all newly enrolled patients?

Respondent	Rating
Deborah	9
Michele	6
Susan	9
Judith	1
Mary	5
Rose	9
Jane	7
Patricia	1
Robin	9
Erin	1

17



NASA Ryan White HIV/AIDS Program  
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## Key Data Term #3: Percent

per·cent  
[pər'sent]

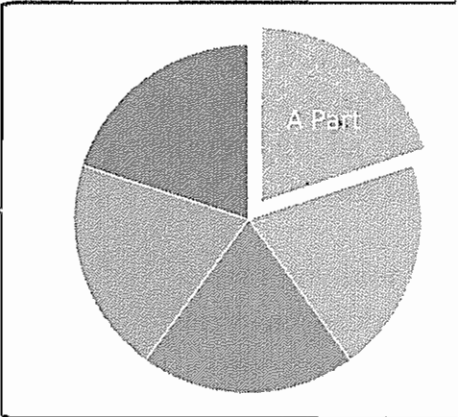
1. one part in every hundred.

*"a reduction of half a percent or so in price"*

18


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A percent is just a part of the whole.



The Whole

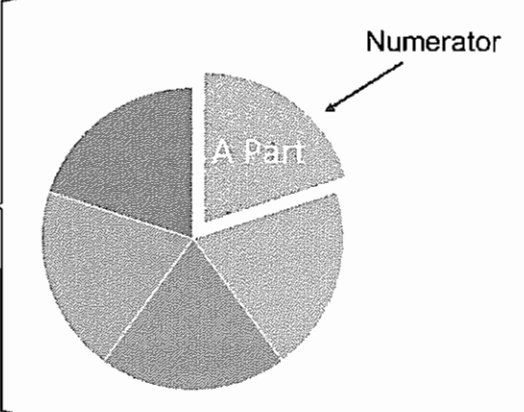
A Part

19

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Detailed description: A pie chart divided into five equal slices. One slice is shaded a darker gray and is labeled 'A Part'. A bracket on the left side of the pie chart is labeled 'The Whole'.

Numerator and Denominator



Numerator

The Whole

Denominator

20

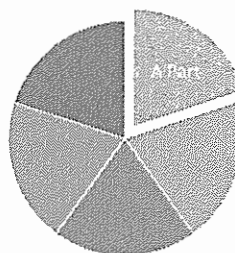
HSA Ryan White HIV/AIDS Program  
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Detailed description: A pie chart divided into five equal slices. One slice is shaded a darker gray and is labeled 'A Part'. An arrow points from the label 'Numerator' to this slice. A bracket on the left side of the pie chart is labeled 'The Whole'. Below 'The Whole' is the label 'Denominator' with an upward-pointing arrow.



Question:

What percentage of the United States population was Black in 2017?



21



Data Set: United States Population

Race/Ethnicity Category	Persons
White	192,336,100
Black	38,408,000
Hispanic	57,560,600
Asian	2,039,400
American Indian/Alaskan Native	17,651,200
Native Hawaiian/Other Pacific Islander	502,500
Two or More Races	8,524,700
TOTAL	317,022,500

22



## CQII TCQPlus Program

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Step One

$$\text{NUM} \div \text{DEN} = \text{N}$$


Step Two

$$\text{N} \times 100 = \text{X}$$

Step Three

$$\text{X} = \% \quad \text{Percent}$$

23



---

Step One

$$10 \div 100 = 0.1$$


Step Two

$$0.1 \times 100 = 10$$

Step Three

$$10 = 10\% \quad \text{Percent}$$

24



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Answer

- After dividing **38,408,000** by **317,022,500** and then multiplying by **100** you get **12**
- The answer is Blacks made up **12%** of the United States population in **2017**

25



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Question:


What percentage of new diagnoses of HIV occurred in Hispanic persons in 2016?

26



Race/Ethnicity Category	2016 New Diagnoses
White	10,048
Black	16,690
<b>Hispanic</b>	<b>9,461</b>
Asian	942
American Indian/Alaskan Native	212
Native Hawaiian/Other Pacific Islander	57
Two or More Races	871
<b>TOTAL</b>	<b>38,281</b>


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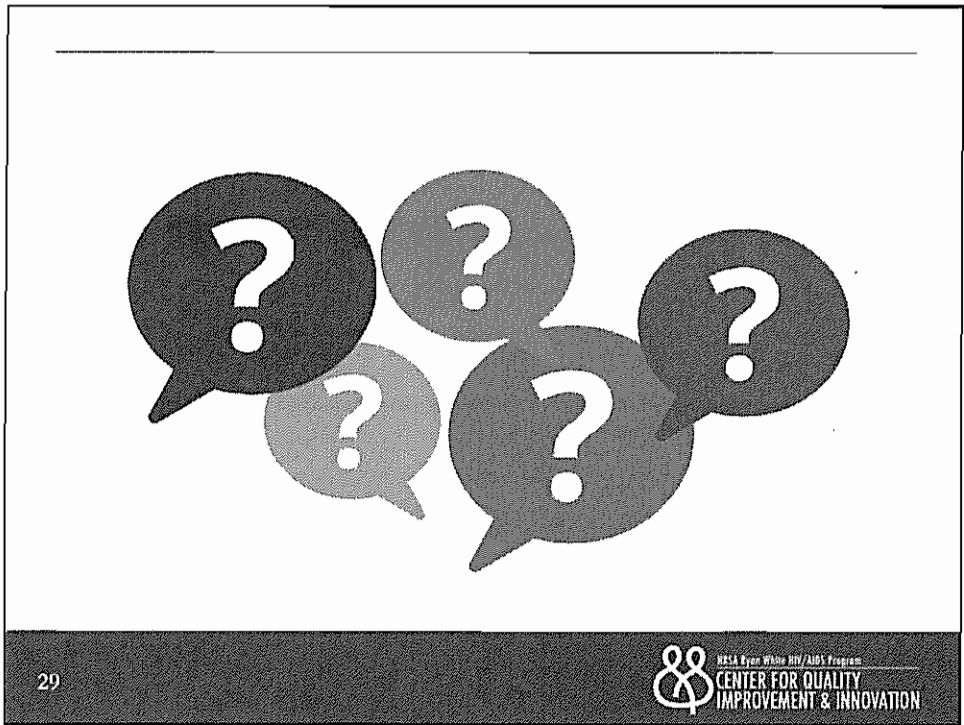
 HSA Ryan White HIV/AIDS Program  
CENTER FOR QUALITY  
IMPROVEMENT & INNOVATION

Answer

- After dividing **9,461** by **38,281** and then multiplying by **100** you get **25**
- The answer is Hispanics represented **25%** of the new HIV diagnoses in 2016.

28

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IMPROVEMENT & INNOVATION



We Have a Problem . . .

<p><b>I got . . .</b></p> <ul style="list-style-type: none"><li>• A lot of people living with HIV</li><li>• A medium size urban center</li><li>• A higher percentage of the population living with HIV</li><li>• A huge impact on my city</li><li>• A need to accurately compare my problem to yours</li></ul>	<p><b>You got . . .</b></p> <ul style="list-style-type: none"><li>• A lot of people living with HIV</li><li>• A Metropolis</li><li>• More actual persons living with HIV</li><li>• A huge impact on my city</li><li>• A need to accurately compare my problem to yours</li></ul>
--	--

30

## Data Term #4: Rate

rate

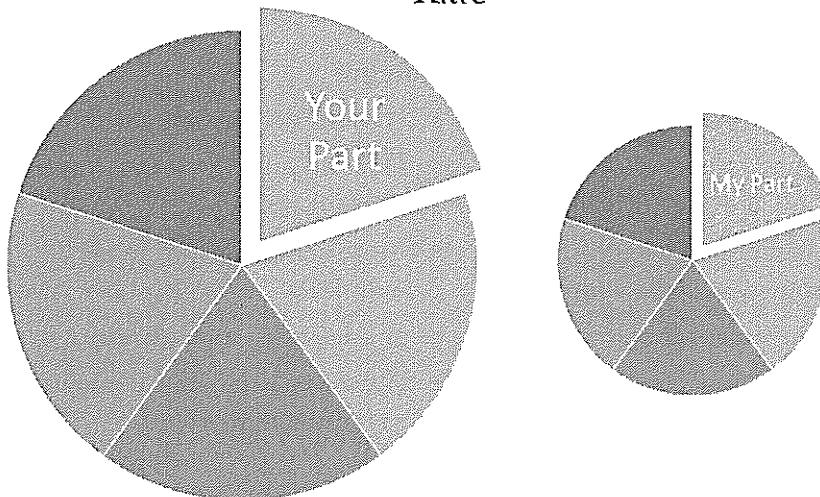
[rA]

1. a measure, quantity, or frequency, typically one measured against some other quantity or measure.

"the rate of HIV infection in the Gay and Bisexual Community"

31

## Rate




32

# CQII TCQPlus Program


Rank Total	Metropolitan Statistical Area (MSA)	New HIV Diagnoses 2016	MSA Population Estimate
1	Miami–Ft. Lauderdale–West Palm Beach, FL	2285	5,181,406
2	Atlanta–Sandy Springs–Roswell, GA	1523	4,759,375
3	Houston–The Woodlands–Sugar Land, TX	1469	5,440,741
4	Orlando–Kissimmee–Sanford, FL	620	2,052,980
5	Las Vegas–Henderson–Paradise, NV	461	1,786,822
6	New Orleans–Metairie, LA	409	1,062,338
7	Jacksonville, FL	327	1,238,636
8	Memphis, TN–MS–AR	302	1,098,182
9	Baton Rouge, LA	245	692,090
10	Jackson, MS	145	478,548

<http://www.cdc.gov/hiv/pdf/library/reports/surveillance/cdc-hiv-surveillance-supplemental-report-vol-23-2.pdf>  
 Population estimated by using the formula: (New Diagnoses \* 100,000)/rate per 100,000 with data provided in citation 1


 MESA Ryan White HIV/AIDS Program  
**CENTER FOR QUALITY IMPROVEMENT & INNOVATION**

Question:

What was the rate per 100,000 of new HIV diagnoses in the Baton Rouge Metropolitan Statistical Area in 2016?


 MESA Ryan White HIV/AIDS Program  
**CENTER FOR QUALITY IMPROVEMENT & INNOVATION**

### Why 100,000?

- To Compare
  - Not all cities have the same population so we standardize the population so we can compare.
- To Simplify
  - Such small numbers comparatively that you would end up with .05 of a person . . . How do we plan for that?

35



### Rate

#### Step One

The NEW DIAGNOSES in each area divided by the TOTAL POPULATION will give us a NUMBER

#### Step Two

Take that NUMBER and multiply by 100,000 to get the RATE

36





Step One

$$\text{NUM} \div \text{DEN} = \text{N}$$

Step Two

$$\text{N} \times 100,000 = \text{X}$$

Step Three

$$\text{X} = \text{Rate per 100,000}$$

37




Answer

- After dividing **245** by **692,090** and then multiplying by **100,000** you get **35.4**
- The rate of new HIV Diagnoses in the Baton Rouge Metropolitan Statistical Area in 2016 was **35.4 per 100,000 persons**


38



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39

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**Skills Building**

40

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## Calculating Percents and Rates

- Step 1: Use a calculator and the Small Group Handout
- Step 2: Complete the Small Group Handout
  1. Calculate the percentage for each Racial and Ethnic Category as well as the percentage of New HIV Diagnoses
  2. Calculate the Rate for new HIV diagnoses for each of the ten Metropolitan Statistical Areas and rank them 1 through 10 (1 being the highest rate and ten being the lowest)
- Step 3: Discuss your findings with your small groups and be prepared to share back with the larger group

**2019 QUARTERLY REPORT**  
**AFFECTED COMMUNITY COMMITTEE**

(November 2019)

**Status of Committee Goals and Responsibilities (\* indicates a HRSA mandate):**

1. Educate consumers so they understand how to access HIV/AIDS treatment and medication. Provide information that can be understood by consumers of diverse educational backgrounds on client-centered issues.

Status: Done thru 'Road 2 Success'

2. Continue to get a better understanding of the needs of transgender individuals through training, attending meetings of the transgender community and more.

Ongoing

3. Assure participation by people living with HIV in all Council work products.

Status: Most Members participated on other committees

4. \*Work with other committees to coordinate Public Hearings regarding the FY 2019 How to Best Meet the Need Results & Priorities and Allocations for Ryan White Parts A and B and State Services.

Status: Done

5. Recruit Council applicants throughout the year.

Status: Done

6. Annually, review the status of committee activities identified in the current Comprehensive Plan.

Status: Done

Rodney Mills

Committee Chairperson

Nov 25th 2019

Date

# **Quality Improvement Committee Report**

Priority	Service Category	Original Allocation <i>RWPC Approved Level Funding Scenario</i>	Award Reconciliation (b)	July Adjustments (carryover)	October Adjustments	Final Quarter Adjustments	Total Allocation	Percent of Grant Award	Amount Procured (a)	Procurement Balance	Original Date Procured	Expended YTD	Percent YTD	Percent Expected YTD
<b>1</b>	<b>Outpatient/Ambulatory Primary Care</b>	<b>9,783,470</b>	<b>0</b>	<b>100,096</b>	<b>0</b>	<b>0</b>	<b>9,883,566</b>	<b>44.79%</b>	<b>9,883,566</b>	<b>0</b>		<b>5,648,146</b>	<b>57%</b>	<b>58%</b>
1.a	Primary Care - Public Clinic (a)	3,591,064	0	0	0	0	3,591,064	16.27%	3,591,064	0	3/1/2019	\$1,935,432	54%	58%
1.b	Primary Care - CBO Targeted to AA (a) (e) (f)	940,447	0	25,032	0	0	965,479	4.38%	965,479	0	3/1/2019	\$769,058	80%	58%
1.c	Primary Care - CBO Targeted to Hispanic (a) (e)	786,424	0	25,032	0	0	811,456	3.68%	811,456	0	3/1/2019	\$725,521	89%	58%
1.d	Primary Care - CBO Targeted to White/MSM (a) (e)	1,023,797	0	25,032	0	0	1,048,829	4.75%	1,048,829	0	3/1/2019	\$421,679	40%	58%
1.e	Primary Care - CBO Targeted to Rural (a) (e)	1,149,761	0	0	0	0	1,149,761	5.21%	1,149,761	0	3/1/2019	\$603,684	53%	58%
1.f	Primary Care - Women at Public Clinic (a)	1,874,540	0	0	0	0	1,874,540	8.50%	1,874,540	0	3/1/2019	\$954,208	51%	58%
1.g	Primary Care - Pediatric (a.1)	15,437	0	0	0	0	15,437	0.07%	15,437	0	3/1/2019	\$5,400	35%	58%
1.h	Vision	402,000	0	25,000	0	0	427,000	1.94%	427,000	0	3/1/2019	\$233,165	55%	58%
<b>2</b>	<b>Medical Case Management</b>	<b>2,535,802</b>	<b>0</b>	<b>50,000</b>	<b>-120,000</b>	<b>0</b>	<b>2,465,802</b>	<b>11.17%</b>	<b>2,465,802</b>	<b>0</b>		<b>930,490</b>	<b>38%</b>	<b>58%</b>
2.a	Clinical Case Management	488,656	0	0	0	0	488,656	2.21%	488,656	0	3/1/2019	\$281,067	58%	58%
2.b	Med CM - Public Clinic (a)	482,722	0	0	0	0	482,722	2.19%	482,722	0	3/1/2019	\$101,116	21%	58%
2.c	Med CM - Targeted to AA (a) (e)	321,070	0	16,666	0	0	337,736	1.53%	337,736	0	3/1/2019	\$163,381	48%	58%
2.d	Med CM - Targeted to H/L (a) (e)	321,072	0	16,666	0	0	337,738	1.53%	337,738	0	3/1/2019	\$57,710	17%	58%
2.e	Med CM - Targeted to W/MSM (a) (e)	107,247	0	16,668	0	0	123,915	0.56%	123,915	0	3/1/2019	\$56,504	46%	58%
2.f	Med CM - Targeted to Rural (a)	348,760	0	0	-60,000	0	288,760	1.31%	288,760	0	3/1/2019	\$131,293	45%	58%
2.g	Med CM - Women at Public Clinic (a)	180,311	0	0	0	0	180,311	0.82%	180,311	0	3/1/2019	\$55,872	31%	58%
2.h	Med CM - Targeted to Pedi (a.1)	160,051	0	0	-60,000	0	100,051	0.45%	100,051	0	3/1/2019	\$20,562	21%	58%
2.i	Med CM - Targeted to Veterans	80,025	0	0	0	0	80,025	0.36%	80,025	0	3/1/2019	\$43,727	55%	58%
2.j	Med CM - Targeted to Youth	45,888	0	0	0	0	45,888	0.21%	45,888	0	3/1/2019	\$19,260	42%	58%
<b>3</b>	<b>Local Pharmacy Assistance Program (a) (e)</b>	<b>2,657,166</b>	<b>500,000</b>	<b>125,126</b>	<b>0</b>	<b>0</b>	<b>3,282,292</b>	<b>14.88%</b>	<b>3,282,292</b>	<b>0</b>		<b>\$926,350</b>	<b>28%</b>	<b>58%</b>
<b>4</b>	<b>Oral Health</b>	<b>166,404</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>166,404</b>	<b>0.75%</b>	<b>166,404</b>	<b>0</b>		<b>97,050</b>	<b>58%</b>	<b>58%</b>
4.a	Oral Health - Untargeted (c)	0	0	0	0	0	0	0.00%	0	0	N/A	\$0	0%	0%
4.b	Oral Health - Targeted to Rural	166,404	0	0	0	0	166,404	0.75%	166,404	0	3/1/2019	\$97,050	58%	58%
<b>5</b>	<b>Mental Health Services (c)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.00%</b>	<b>0</b>	<b>0</b>		<b>\$0</b>	<b>0%</b>	<b>0%</b>
<b>6</b>	<b>Health Insurance (c)</b>	<b>1,173,070</b>	<b>166,000</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1,339,070</b>	<b>6.07%</b>	<b>1,339,239</b>	<b>-169</b>		<b>\$752,954</b>	<b>56%</b>	<b>58%</b>
<b>7</b>	<b>Home and Community-Based Services (c)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.00%</b>	<b>0</b>	<b>0</b>		<b>\$0</b>	<b>0%</b>	<b>0%</b>
<b>8</b>	<b>Substance Abuse Services - Outpatient</b>	<b>45,677</b>	<b>0</b>	<b>0</b>	<b>-10,000</b>	<b>0</b>	<b>35,677</b>	<b>0.16%</b>	<b>35,677</b>	<b>0</b>		<b>\$15,306</b>	<b>43%</b>	<b>58%</b>
<b>9</b>	<b>Early Intervention Services (c)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.00%</b>	<b>0</b>	<b>0</b>		<b>\$0</b>	<b>0%</b>	<b>0%</b>
<b>10</b>	<b>Medical Nutritional Therapy (supplements)</b>	<b>341,395</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>341,395</b>	<b>1.55%</b>	<b>341,395</b>	<b>0</b>		<b>\$191,208</b>	<b>56%</b>	<b>58%</b>
<b>11</b>	<b>Hospice Services</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.00%</b>	<b>0</b>	<b>0</b>		<b>\$0</b>	<b>0%</b>	<b>0%</b>
<b>12</b>	<b>Outreach Services</b>	<b>420,000</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>420,000</b>	<b>1.90%</b>	<b>420,000</b>	<b>0</b>		<b>\$145,782</b>	<b>35%</b>	<b>58%</b>
<b>13</b>	<b>Emergency Financial Assistance</b>	<b>450,000</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>450,000</b>	<b>2.04%</b>	<b>450,000</b>	<b>0</b>		<b>\$202,793</b>	<b>45%</b>	<b>58%</b>
<b>14</b>	<b>Referral for Health Care and Support Services (c)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.00%</b>	<b>0</b>	<b>0</b>		<b>\$0</b>	<b>0%</b>	<b>0%</b>
<b>15</b>	<b>Non-Medical Case Management</b>	<b>1,231,002</b>	<b>0</b>	<b>100,000</b>	<b>-25,000</b>	<b>0</b>	<b>1,306,002</b>	<b>5.92%</b>	<b>1,306,002</b>	<b>0</b>		<b>865,013</b>	<b>66%</b>	<b>58%</b>
15.a	Service Linkage targeted to Youth	110,793	0	0	-10,000	0	100,793	0.46%	100,793	0	3/1/2019	\$64,719	64%	58%
15.b	Service Linkage targeted to Newly-Diagnosed/Not-in-Care	100,000	0	0	-15,000	0	85,000	0.39%	85,000	0	3/1/2019	\$61,703	73%	58%
15.c	Service Linkage at Public Clinic (a)	427,000	0	0	0	0	427,000	1.94%	427,000	0	3/1/2019	\$271,213	64%	58%
15.d	Service Linkage embedded in CBO Pcare (a) (e)	593,209	0	100,000	0	0	693,209	3.14%	693,209	0	3/1/2019	\$467,379	67%	58%
<b>16</b>	<b>Medical Transportation</b>	<b>424,911</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>424,911</b>	<b>1.93%</b>	<b>424,911</b>	<b>0</b>		<b>204,636</b>	<b>48%</b>	<b>58%</b>
16.a	Medical Transportation services targeted to Urban	252,680	0	0	0	0	252,680	1.15%	252,680	0	3/1/2019	\$170,378	67%	58%
16.b	Medical Transportation services targeted to Rural	97,185	0	0	0	0	97,185	0.44%	97,185	0	3/1/2019	\$34,258	35%	58%
16.c	Transportation vouchers (bus passes & gas cards)	75,046	0	0	0	0	75,046	0.34%	75,046	0	3/1/2019	\$0	0%	0%
<b>17</b>	<b>Linguistic Services (c)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.00%</b>	<b>0</b>	<b>0</b>		<b>\$0</b>	<b>0%</b>	<b>0%</b>
BES27516	<b>Total Service Dollars</b>	<b>19,228,897</b>	<b>666,000</b>	<b>375,222</b>	<b>-155,000</b>	<b>0</b>	<b>20,115,119</b>	<b>89.26%</b>	<b>20,115,288</b>	<b>-169</b>		<b>9,979,729</b>	<b>50%</b>	<b>58%</b>
	<b>Grant Administration</b>	<b>1,675,047</b>	<b>119,600</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1,794,647</b>	<b>8.13%</b>	<b>1,794,647</b>	<b>0</b>		<b>627,328</b>	<b>35%</b>	<b>58%</b>
BES27517	HCPHES/RWGA Section	1,183,084	119,600	0	0	0	1,302,684	5.90%	1,302,684	0	N/A	\$462,731	36%	58%
PC	RWPC Support*	491,963	0	0	0	0	491,963	2.23%	491,963	0	N/A	164,598	33%	58%





FY 2018 Ryan White Part A and MAI Service Utilization Report

RW PART A SUR- 2nd Quarter (6/1-8/31)																		
Priority	Service Category	Goal	Unduplicated Clients Served YTD	Male	Female	Trans gender	AA (non-Hispanic)	White (non-Hispanic)	Other (non-Hispanic)	Hispanic	0-12	13-19	20-24	25-34	35-44	45-49	50-64	65 plus
1	<b>Outpatient/Ambulatory Primary Care (excluding Vision)</b>	6,467	4,210	71%	27%	1%	41%	15%	3%	41%	0%	0%	4%	24%	27%	14%	28%	2%
1.a	Primary Care - Public Clinic (a)	2,350	2,098	68%	31%	1%	47%	10%	2%	41%	0%	0%	2%	15%	26%	16%	37%	4%
1.b	Primary Care - CBO Targeted to AA (a)	1,060	611	62%	35%	4%	100%	0%	0%	0%	0%	0%	6%	39%	28%	11%	14%	1%
1.c	Primary Care - CBO Targeted to Hispanic (a)	960	737	82%	16%	1%	0%	0%	0%	100%	0%	1%	8%	30%	31%	13%	18%	1%
1.d	Primary Care - CBO Targeted to White and/or MSM (a)	690	391	87%	13%	1%	0%	85%	15%	0%	0%	1%	4%	28%	21%	18%	27%	2%
1.e	Primary Care - CBO Targeted to Rural (a)	400	413	69%	30%	1%	42%	25%	1%	31%	0%	0%	7%	31%	27%	12%	21%	1%
1.f	Primary Care - Women at Public Clinic (a)	1,000	656	0%	100%	0%	58%	7%	2%	33%	0%	0%	1%	11%	29%	19%	35%	5%
1.g	Primary Care - Pediatric (a)	7	4	100%	0%	0%	25%	0%	0%	75%	25%	25%	50%	0%	0%	0%	0%	0%
1.h	Vision	1,600	747	73%	25%	1%	48%	12%	3%	37%	0%	0%	4%	23%	23%	14%	31%	5%
2	<b>Medical Case Management (f)</b>	3,075	2,287															
2.a	Clinical Case Management	600	494	77%	20%	2%	53%	15%	2%	31%	0%	1%	3%	29%	24%	9%	30%	4%
2.b	Med CM - Targeted to Public Clinic (a)	280	279	95%	4%	1%	67%	8%	2%	23%	0%	0%	1%	31%	22%	13%	30%	3%
2.c	Med CM - Targeted to AA (a)	550	536	66%	31%	2%	100%	0%	0%	0%	0%	0%	6%	36%	26%	11%	18%	2%
2.d	Med CM - Targeted to H/L(a)	550	180	79%	18%	3%	0%	0%	0%	100%	0%	1%	8%	28%	36%	7%	18%	1%
2.e	Med CM - Targeted to White and/or MSM (a)	260	187	83%	16%	1%	0%	92%	8%	0%	0%	0%	2%	22%	18%	20%	35%	4%
2.f	Med CM - Targeted to Rural (a)	150	327	68%	31%	0%	47%	29%	3%	20%	0%	0%	5%	26%	19%	11%	34%	4%
2.g	Med CM - Targeted to Women at Public Clinic (a)	240	116	0%	100%	0%	71%	8%	3%	19%	0%	0%	0%	12%	30%	17%	37%	3%
2.h	Med CM - Targeted to Pedi (a)	125	56	59%	41%	0%	70%	5%	2%	23%	55%	34%	11%	0%	0%	0%	0%	0%
2.i	Med CM - Targeted to Veterans	200	108	94%	6%	0%	71%	20%	1%	7%	0%	0%	0%	0%	5%	3%	61%	31%
2.j	Med CM - Targeted to Youth	120	4	75%	25%	0%	50%	25%	0%	25%	0%	0%	100%	0%	0%	0%	0%	0%
3	<b>Local Drug Reimbursement Program (a)</b>	2,845	2,149	74%	23%	3%	46%	15%	2%	37%	0%	0%	4%	25%	27%	16%	26%	2%
4	<b>Oral Health</b>	200	162	67%	33%	0%	44%	33%	2%	21%	0%	0%	4%	17%	28%	12%	33%	5%
4.a	Oral Health - Untargeted (d)	NA	NA															
4.b	Oral Health - Rural Target	200	162	67%	33%	0%	44%	33%	2%	21%	0%	0%	4%	17%	28%	12%	33%	5%
5	<b>Mental Health Services (d)</b>	NA	NA															
6	<b>Health Insurance</b>	1,700	1,101	78%	21%	1%	44%	26%	3%	27%	0%	0%	1%	14%	17%	14%	44%	10%
7	<b>Home and Community Based Services (d)</b>	NA	NA															
8	<b>Substance Abuse Treatment - Outpatient</b>	40	8	88%	13%	0%	25%	38%	13%	25%	0%	0%	0%	13%	38%	38%	13%	0%
9	<b>Early Medical Intervention Services (d)</b>	NA	NA															
10	<b>Medical Nutritional Therapy/Nutritional Supplements</b>	650	289	78%	21%	0%	35%	26%	3%	36%	0%	0%	1%	10%	14%	15%	49%	11%
11	<b>Hospice Services (d)</b>	NA	NA															
12	<b>Outreach</b>	700	180	76%	22%	2%	59%	8%	1%	32%	0%	1%	8%	26%	22%	14%	27%	2%
13	<b>Non-Medical Case Management</b>	7,045	2,854															
13.a	Service Linkage Targeted to Youth	320	74	78%	20%	1%	53%	4%	3%	41%	0%	19%	81%	0%	0%	0%	0%	0%
13.b	Service Linkage at Testing Sites	260	47	77%	23%	0%	53%	11%	6%	30%	0%	0%	0%	47%	28%	6%	11%	9%
13.c	Service Linkage at Public Clinic Primary Care Program (a)	3,700	1,489	66%	33%	1%	62%	10%	2%	27%	0%	0%	0%	16%	25%	14%	40%	4%
13.d	Service Linkage at CBO Primary Care Programs (a)	2,765	1,244	72%	26%	2%	50%	14%	2%	35%	1%	1%	6%	27%	26%	10%	25%	3%
14	<b>Transportation</b>	2,850	962															
14.a	Transportation Services - Urban	170	252	66%	33%	1%	61%	10%	3%	26%	0%	1%	3%	31%	23%	14%	25%	3%
14.b	Transportation Services - Rural	130	64	75%	23%	2%	39%	39%	2%	20%	0%	0%	3%	16%	22%	9%	47%	3%
14.c	Transportation vouchersing	2,550	646															
15	<b>Linguistic Services (d)</b>	NA	NA															
16	<b>Emergency Financial Assistance (e)</b>	NA	150	75%	23%	3%	46%	7%	2%	45%	0%	1%	3%	24%	31%	13%	26%	2%
17	<b>Referral for Health Care - Non Core Service (d)</b>	NA	NA															
<b>Net unduplicated clients served - all categories*</b>		12,941	8,782	73%	26%	1%	49%	15%	2%	33%	0%	1%	4%	22%	24%	13%	32%	4%
<i>Living AIDS cases + estimated Living HIV non-AIDS (from FY 18 App) (b)</i>		NA	28,225	60%	21%		39%	18%	3%	20%	0%	5%		15%	22%	25%	15%	



FY 2018 Ryan White Part A and MAI Service Utilization Report

RW MAI Service Utilization Report - 2nd Quarter (06/01 - 08/31)																		
Priority	Service Category MAI unduplicated served includes clients also served under Part A	Goal	Unduplicated MAI Clients Served YTD	Male	Female	Trans gender	AA (non-Hispanic)	White (non-Hispanic)	Other (non-Hispanic)	Hispanic	0-12	13-19	20-24	25-34	35-44	45-49	50-64	65 plus
	<b>Outpatient/Ambulatory Primary Care (excluding Vision)</b>																	
1.b	Primary Care - MAI CBO Targeted to AA (g)	1,060	808	71%	27%	3%	100%	0%	0%	0%	0%	0%	7%	39%	25%	10%	17%	1%
1.c	Primary Care - MAI CBO Targeted to Hispanic (g)	960	492	84%	14%	1%	0%	0%	0%	100%	0%	1%	7%	27%	35%	13%	16%	1%
	<b>2 Medical Case Management (f)</b>																	
2.c	Med CM - Targeted to AA (a)	1,060	443	62%	36%	2%	52%	14%	4%	30%	0%	2%	4%	40%	26%	12%	13%	2%
2.d	Med CM - Targeted to H/L(a)	960	238	82%	12%	6%	45%	15%	3%	36%	0%	6%	9%	30%	33%	6%	15%	0%

RW Part A New Client Service Utilization Report - 1st Quarter (03/01-05/31)  
Report reflects the number & demographics of clients served during the report period who did not receive services during previous 12 months (3/1/18 - 2/28/19)

Priority	Service Category	Goal	Unduplicated New Clients Served YTD	Male	Female	Trans gender	AA (non-Hispanic)	White (non-Hispanic)	Other (non-Hispanic)	Hispanic	0-12	13-19	20-24	25-34	35-44	45-49	50-64	65 plus
1	Primary Medical Care	2,100	446	72%	26%	2%	52%	12%	3%	33%	0%	2%	11%	31%	27%	12%	2%	15%
2	LPAP	1,200	99	62%	36%	2%	52%	14%	4%	30%	0%	2%	4%	40%	26%	12%	2%	13%
3.a	Clinical Case Management	400	33	82%	12%	6%	45%	15%	3%	36%	0%	6%	9%	30%	33%	6%	0%	15%
3.b-3.h	Medical Case Management	1,600	270	71%	27%	1%	61%	11%	2%	26%	1%	3%	6%	33%	26%	13%	1%	17%
3.i	Medical Case Management - Targeted to Veterans	60	15	100%	0%	0%	60%	33%	7%	0%	0%	0%	0%	0%	13%	0%	40%	47%
4	Oral Health	40	7	57%	43%	0%	43%	29%	0%	29%	0%	0%	14%	29%	14%	0%	14%	29%
12.a. 12.c. 12.d.	Non-Medical Case Management (Service Linkage)	3,700	559	70%	29%	1%	55%	15%	2%	28%	0%	2%	7%	24%	26%	12%	27%	3%
12.b	Service Linkage at Testing Sites	260	36	83%	17%	0%	50%	11%	6%	33%	0%	0%	19%	38%	19%	6%	11%	6%
<i>Footnotes:</i>																		
(a)	Bundled Category																	
(b)	Age groups 13-19 and 20-24 combined together; Age groups 55-64 and 65+ combined together.																	
(d)	Funded by Part B and/or State Services																	
(e)	Total MCM served does not include Clinical Case Management																	
(f)	CBO Pcare targeted to AA (1.b) and HL (1.c) goals represent combined Part A and MAI clients served																	

The Houston Regional HIV/AIDS Resource Group, Inc.

FY 1920 Ryan White Part B

Procurement Report

April 1, 2019 - March 31, 2020



Reflects spending through September 2019

Spending Target: 50.0%

Revised 11/20/19

Priority	Service Category	Original Allocation per RVPC	% of Grant Award	Amendment*	Contractual Amount	Amendment	Contractual Amount	Date of Original Procurement	Expended YTD	Percent YTD
4	Oral Health Care	\$2,186,905	65%	\$31,973	\$2,218,878	\$0	\$2,218,878	4/1/2019	\$1,035,191	47%
5	Health Insurance Premiums and Cost Sharing (1)	\$1,040,351	31%	\$0	\$1,040,351	\$0	\$1,040,351	4/1/2019	\$193,622	19%
8	Home and Community Based Health Services	\$113,315	3%	\$0	\$113,315	\$0	\$113,315	4/1/2019	\$65,040	57%
	Increased RWB Award added to OHS per Increase Scenario*	\$0	0%	-\$31,973	\$0					
	<b>Total Houston HSDA</b>	<b>3,340,571</b>	<b>100%</b>	<b>0</b>	<b>3,372,544</b>	<b>\$0</b>	<b>\$3,372,544</b>		<b>1,293,853</b>	<b>38%</b>

Note: Spending variances of 10% of target will be addressed:

-1 HIP - Funded by Part A, B and State Services. Provider spends grant funds by ending dates Part A- 2/28; B-3/31; SS-8/31.

No expenditures submitted - Focusing on spending State Services funds.

**The Houston Regional HIV/AIDS Resource Group, Inc.**  
**FY 1819 DSHS State Services**  
**Procurement Report**  
**September 1, 2018- August 31, 2019**



Chart reflects spending through August 2019

Spending Target: 100.0%

Revised 11/20/2019

Priority	Service Category	Original Allocation per RWPC	% of Grant Award	Amendments per RWPC	Contractual Amount	Amendment	Contractual Amount	Date of Original Procurement	Expended YTD	Percent YTD
5	Health Insurance Premiums and Cost Sharing	\$979,694	52%	\$142,285	\$1,121,979	\$41,715	\$1,163,694	9/1/2018	\$1,158,880	100%
6	Mental Health Services (1)	\$300,000	16%	\$0	\$300,000	-\$132,000	\$168,000	9/1/2018	\$162,744	97%
7	EIS - Incarcerated	\$166,211	9%	\$0	\$166,211	\$3,789	\$170,000	9/1/2018	\$170,000	100%
11	Hospice (2)	\$359,832	19%		\$359,832	-\$107,500	\$252,332	9/1/2018	\$251,680	100%
15	Linguistic Services (3)	\$68,000	4%		\$68,000	-\$8,450	\$59,550	9/1/2018	\$53,513	90%
	Increased award amount -Approved by RWPC for Health Insurance (a)	\$0	0%	-\$142,285						
	<b>Total Houston HSDA</b>	<b>1,873,737</b>	<b>100%</b>	<b>\$0</b>	<b>\$2,016,022</b>	<b>-\$202,446</b>	<b>\$1,813,576</b>		<b>1,796,816</b>	<b>99%</b>

Note TRG expended 99.4 % of its State Services funding which required TRG to move \$ 200,000 to our rural HSDA's. 16,000 remained unspent

- (1) Mental Health Services are under utilized for the last couple of years
- (2) Hospice care has had lower than expected client turn out and agency has other grant funding. Service category has been reduced for next grant cycle during P&A
- (3) Linguistic has had lower than expected client utilization.
- (a) Reflect increase in State Services award and RWPC approval of increasing HIP category, plus an additional \$ 40,000 in the category

\* Final numbers will be presented after closeout period. TRG will move funds to other HSDAs to expend all grant funds to meet the required 95% spent threshold.

**2019-2020 Ryan White Part B Service Utilization Report**  
**4/1/2019 - 9/30/2020 Houston HSDA (4816)**  
**2nd Quarter**

Revised 10/25/2019

Funded Service	UDC		Gender				Race				Age Group							
	Goal	YTD	Male	Female	FIM	MTF	AA	White	Hisp	Other	0-12	13-19	20-24	25-34	35-44	45-49	50-64	65+
	Health Insurance Premiums & Cost Sharing Assistance	1,000	1,796	80.77%	18.74%	5.00%	44.00%	43.93%	26.22%	26.83%	3.00%	0.00%	0.33%	2.24%	16.94%	19.98%	27.33%	24.94%
Home & Community Based Health Services	30	22	77.27%	22.73%	0.00%	0.00%	68.18%	13.64%	18.18%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	45.45%	40.90%	13.63%
Oral Health Care	2,500	2,935	71.51%	27.21%	0.06%	1.21%	72.87%	22.21%	2.15%	2.74%	0.00%	0.25%	2.48%	17.88%	21.83%	26.40%	24.08%	7.08%
Unduplicated Clients Served By RW Part B Funds:	N/A	4,753	114.78%	34.34%	2.53%	22.61%	92.49%	31.04%	23.58%	2.87%	0.00%	0.29%	2.36%	17.41%	20.91%	49.59%	44.96%	14.48%

Note: "HOME & COMMUNITY BASE HEALTH SERVICES" Calculations are under a different Category in CPCDMS. The Data appears under "DAY and RESPIRE CARE".

# Houston Ryan White Health Insurance Assistance Service Utilization Report



Period Reported: 09/01/2019-9/30/19

Revised: 11/7/2019

Request by Type	Assisted			NOT Assisted		
	Number of Requests (UOS)	Dollar Amount of Requests	Number of Clients (UDC)	Number of Requests (UOS)	Dollar Amount of Requests	Number of Clients (UDC)
Medical Co-Payment	270	\$15,261.78	208			0
Medical Deductible	41	\$5,780.33	35			0
Medical Premium	526	\$183,165.63	419			0
Pharmacy Co-Payment	939	\$38,135.74	300			0
APTC Tax Liability	0	\$0.00	0			0
Out of Network Out of Pocket	0	\$0.00	0			0
ACA Premium Subsidy Repayment	3	\$230.00	3	NA	NA	NA
Totals:	1779	\$242,113.48	965	0	\$0.00	

Comments: This report represents services provided under all grants.

# Houston Ryan White Health Insurance Assistance Service Utilization Report



Period Reported: 09/01/2019-10/31/19

Revised: 11/7/2019

Request by Type	Assisted			NOT Assisted		
	Number of Requests (UOS)	Dollar Amount of Requests	Number of Clients (UDC)	Number of Requests (UOS)	Dollar Amount of Requests	Number of Clients (UDC)
Medical Co-Payment	385	\$23,901.70	271			0
Medical Deductible	63	\$9,374.99	56			0
Medical Premium	1151	\$422,972.79	575			0
Pharmacy Co-Payment	262	\$87,258.94	421			0
APTC Tax Liability	0	\$0.00	0			0
Out of Network Out of Pocket	0	\$0.00	0			0
ACA Premium Subsidy Repayment	7	\$511.02	8	NA	NA	NA
<b>Totals:</b>	<b>1868</b>	<b>\$542,997.40</b>	<b>1331</b>	<b>0</b>	<b>\$0.00</b>	

Comments: This report represents services provided under all grants.

# DEFINITIONS

## Telehealth vs. Telemedicine

As of 11/25/19

The U.S. Department of Health and Human Services Health Resources and Services Administration defines **telehealth** as “the use of electronic information and telecommunication technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.”

The State of Texas defines **telemedicine** as “medical care provided to a patient in a different location by a by a person with prescriptive authority.”



Telehealth policy trends continue to vary from state-to-state, with no two states alike in how telehealth is defined, reimbursed, or regulated. A general definition of telehealth used by CCHP is **the use of electronic technology to provide health care and services to a patient when the provider is in a different location.**

## Medicaid Policy Trends

All 50 states and D.C. now reimburse for some type of live video telehealth services. Reimbursement for store-and-forward and remote patient monitoring (RPM) continues to lag behind. Fourteen state Medicaid programs reimburse for store-and-forward and twenty-one states reimburse for remote patient monitoring (RPM), with additional states having laws requiring Medicaid reimbursement for store-and-forward or RPM, yet no official written policies indicating that such policy has been implemented.

Many of the reimbursement policies that do exist continue to have restrictions and limitations, creating a barrier to utilizing telehealth to deliver services. One of the most common restrictions is a limitation on where the patient is located, referred to as the originating site. While most states have dropped Medicare's rural geographic requirement, many Medicaid programs have limited the type of facility that can serve as an originating site, often excluding a patient's home from eligibility. However, nineteen states do now explicitly allow the home to be an eligible originating site under certain circumstances.



49

states and the District of Columbia (D.C.) have a definition for telehealth, telemedicine or both.



14

Medicaid programs reimburse for S&F



50

states and D.C. reimburse for live video



22

Medicaid programs reimburse for RPM



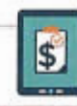
19

states reimburse service to the home

## Other Common Telehealth Restrictions



The specialty that telehealth services can be provided for



The types of services or CPT codes that can be reimbursed (inpatient office, consult, etc.)



The types of providers that can be reimbursed (e.g. physician, nurse, etc.)



40

states and the District of  
Columbia have active  
laws

## Private Payer Reimbursement

40 states and the District of Columbia have laws that govern private payer reimbursement of telehealth. States that passed new or revised private payer laws since Spring 2019 include Arizona, California, Georgia and Florida. Some laws require reimbursement be equal to in-person coverage, however most only require parity in covered services, not reimbursement amount. Not all laws mandate reimbursement.

38

states and D.C. include some  
sort of informed  
consent

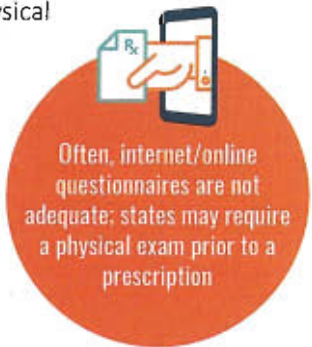
## Consent

38 States and D.C. have a consent requirement in either Medicaid policy, law, or regulation. This number has not changed since Spring 2019.

## Online Prescribing

Most states consider the use of only an online questionnaire as insufficient to establish the patient-provider relationship and prescribe medication. Some states allow telehealth to be used to conduct a physical exam, while others do not. Some states have relaxed requirements for prescribing controlled substances used in medication assisted therapy (MAT) as a result of the opioid epidemic.

More and more states are passing legislation directing healthcare professional boards to adopt practice standards for its providers who utilize telehealth. Medical and Osteopathic Boards often address issues of prescribing in such regulatory standards.



**KANSAS** passed a policy in 2018 extending to telehealth the same drug prescription laws and regulations that apply to in-person prescriptions.



### WEST VIRGINIA

explicitly allows practitioner to provide aspects of MAT through telehealth if within their scope of practice.



## Licensure

Nine state boards issue licenses related to telehealth allowing an out-of-state licensed provider to render services via telehealth. Licensure Compacts have become increasingly common. For example:



29

States, D.C. & Guam:  
Interstate Medical  
Licensure Compact



34

States:  
Nurse Licensure  
Compact



26

States:  
Physical Therapy  
Compact



12

States: Psychology  
Interjurisdictional  
Compact (PSYPACT)

### CENTER FOR CONNECTED HEALTH POLICY

The Federally Designated National Telehealth Policy Resource Center • info@cchpca.org • 877-707-7172

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This fact sheet was possible by Grant #G22RH30365 from the Office for the Advancement of Telehealth, Health Resources and Services Administration, DHHS.



**TEXAS**  
Health and Human  
Services

**Texas Department of State  
Health Services**

# **Overview of Telemedicine and Telehealth in Texas Ryan White Program**

Brian Rosemond, BSN, RN, DSHS Nurse Consultant

## Introduction

- Key Terms
- Protected Health Information (PHI) Security
- Telehealth Models
- Telehealth & Telemedicine Ryan White Service Categories
- Benefits
- Myths
- Funding Options & Resources
- Questions

## Key Terms

- Telemedicine- §111.001(4), Texas Occupations Code
- Telehealth- §111.001(3), Texas Occupations Code
- Distant site
- Originating site
- Facility fee

<https://thesource.americantelemed.org/resources/telemedicine-glossary>

## PHI & Security

- The software system used by the distant site provider must allow secure authentication of the distant site provider and the client
- The physical environments of the client and the distant site provider must ensure that the client's PHI remains confidential
- Providers of telehealth or telemedicine medical services must maintain the confidentiality of PHI as required by Federal Register 42, Code of Federal Regulations (CFR) Part 2, 45 CFR Parts 160 and 164, Chapters 111 and 159 of the Texas Occupations Code, and other applicable federal and state law
  - <https://www.hhs.gov/hipaa/for-professionals/security/laws-regulations/index.html>
  - <https://www.hhs.gov/hipaa/for-professionals/security/guidance/cybersecurity/index.html>

Texas Medicaid Provider Procedures Manual, Telecommunications Services Handbook, Volume 2, October 2019)

## PHI Security (continued)

- For Ryan White Providers-Texas Department of State Health Services Procedure Number 2016.01 must be followed when implementing health technology
  - <https://www.dshs.texas.gov/hivstd/policy/procedures/2016-01.shtm>
- All client health information generated or utilized during a telehealth or telemedicine medical service must be stored by the distant site provider in a client health record. If the distant site provider stores the patient health information in an electronic health record, the provider should use software that complies with Health Insurance Portability and Accountability Act (HIPAA) confidentiality and data encryption requirements, as well as with the United States Department of Health and Human Services (HHS) rules implementing HIPAA
  - <https://www.healthit.gov/sites/default/files/pdf/privacy/privacy-and-security-guide.pdf>
  - <https://www.hipaajournal.com/hipaa-guidelines-on-telemedicine/>

Texas Medicaid Provider Procedures Manual, Telecommunications Services Handbook, Volume 2, October 2019)

## Telehealth & Telemedicine Models

Model	Example	Considerations
Traditional	<ul style="list-style-type: none"> <li>Healthcare services provided to a client who is in not the same location or city as the provider</li> <li>Patient is at a clinic or ASO</li> </ul>	<ul style="list-style-type: none"> <li>Medical provider determines the site, and technology requirements that are required to appropriately diagnose &amp; treat a client, 111.007, Texas Occupations Code</li> <li>Patient presenter is optional</li> <li>Helps with HIV care provider excess capacity</li> <li>Consent is required</li> </ul>
Direct to consumer/client	<ul style="list-style-type: none"> <li>Healthcare services provided to a client who is in not the same location or city as the provider</li> <li>Provided to client in their home</li> <li>Provided to client on smartphone or tablet</li> </ul>	<ul style="list-style-type: none"> <li>Telemedicine can be provided in this manner</li> <li>Mental health services allowed to be provided directly consumer</li> <li>Security of client's home network</li> <li>Encryption using smartphone or tablet</li> <li>Many providers ask for a specialized consent</li> </ul>
Specialty care	<ul style="list-style-type: none"> <li>Healthcare services provided to a client who is in not the same location or city as the provider</li> <li>Client's PCP presents client</li> </ul>	<ul style="list-style-type: none"> <li>Consent is required</li> <li>Builds capacity of RW provider</li> <li>Minimizes travel for client in resource low settings</li> </ul>

## Texas Ryan White Service Categories

Service Category	Federal Ryan White Program	State of Texas
Telemedicine	<ul style="list-style-type: none"> <li>Outpatient Ambulatory Health Services (OAHS)</li> <li>PCN 16-02</li> </ul>	<ul style="list-style-type: none"> <li>Outpatient Ambulatory Health Services</li> <li>Mental Health-psychiatry</li> </ul>
Telehealth	<ul style="list-style-type: none"> <li>Non Medical Case Management</li> <li>PCN 16-02</li> </ul>	<ul style="list-style-type: none"> <li>Mental health</li> </ul> <p><u>Future:</u></p> <ul style="list-style-type: none"> <li>Medical Case Management</li> <li>Medical Nutrition Therapy</li> <li>NMCM</li> </ul>



## Benefits of Telemedicine & Telehealth

Cuts Down	Comment	Improves	Comment
Medical Transportation Costs	<i>Provider travel and client</i>	Patient satisfaction scores	<i>On their time, meet clients where they are</i>
Stigma associated with HIV care and Mental Healthcare (MH)	<i>No longer associated with going to the HIV or MH provider</i>	Potential for same day Medical appointments	<i>By decreasing the face-to-face visit schedule</i>
No shows	<i>Can be a function of childcare/travel or too busy</i>	Retention of clients	<i>Clients who have challenges with traditional visits</i>
Lack of access in rural settings	<i>Limited by bandwidth, see USAC/USDA on resources</i>	Client access	<i>Home, smart device, Non-traditional setting</i>

## Common Myths

Myth	The Truth	Comments
An in-person visit is required to establish a patient provide relationship	Senate Bill 1107 Removed this requirement	Same standards that apply to an in-person visit also apply to telemedicine
Insurance will not pay the same as in-person visit	Provider reimbursement for telemedicine services must be in the same manner as in-person services. <b>Source:</b> TX Admin. Code, Title 1 Sec. 355.7001. & TX Govt. Code Sec. 531.0217(d)	A health plan may require a deductible, a copayment, or coinsurance for a covered health care service or procedure delivered as a telemedicine medical service or a telehealth service, <b>Source:</b> TX Insurance Code Sec. 1455.004(b)
A telemedicine provider cannot prescribe medicines for a client	Same standards and requirements as with an in-person setting, <b>Source:</b> TX Occupations Code 111.005-.008	Treatment of chronic pain with scheduled drugs through use of telemedicine is prohibited, <b>Source:</b> TX Admin. Code, Title 22, Part 9, Ch. 174.5

# Funding Options & Resources

- Universal Services Administrative Company (USAC): <https://www.usac.org/rhc/healthcare-connect/default.aspx>
- United States Department of Agriculture-Rural Development: <https://www.rd.usda.gov/programs-services/distance-learning-telemedicine-grants>
- Use of 340B funds:
  - See [www.fiscalhealth.hiv](http://www.fiscalhealth.hiv) for technical assistance on the use and requirement for 340b funds
  - DSHS guidance from October 2019 Part B meeting
- Ryan White Part B & State Services Funds, work with Services Consultant to arrange funds in grant
- Texas-Telehealth Resource Center, *Resources only*: hardware cost, training, & workbook [texlatrc@ttuhsc.edu](mailto:texlatrc@ttuhsc.edu)
- Texas Medical Association (TMA): <https://www.texmed.org/Telemedicine/>
  - *Resources only*
  - Vendor evaluation tool
  - Contract evaluation
  - CME

Thank you!

Brian Rosemond, RN, HIV Care Services Nurse Consultant, [brian.rosemond@dshs.texas.gov](mailto:brian.rosemond@dshs.texas.gov)

# Operations Committee Report



## **Williams, Victoria (County Judge's Office)**

---

**From:** Angela Hawkins <afhawkins1964@gmail.com>  
**Sent:** Tuesday, September 17, 2019 1:33 PM  
**To:** Williams, Victoria (County Judge's Office)  
**Subject:** Alternative Names for External Committee

Auxiliary Committee Representatives or Members

Fellow Members

Assistant Committee Members

Affiliate Committee Members

**Draft**



**Houston Area HIV Services Ryan White Planning Council  
Office of Support**

## **2019 Project LEAP Final Report**

Approved: Pending

Prepared by:  
Amber Harbolt  
**Office of Support**  
(832) 927-7926 telephone  
[www.rwpchouston.org](http://www.rwpchouston.org)



**Houston Area HIV Services Ryan White Planning Council  
Office of Support  
2019 Project LEAP Final Report**

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- FY19 Project LEAP Service Definition (approved 02-14-19)
- 2019 Project LEAP Course Overview
- 2019 Pre/Post-Training Evaluation Forms

## Introduction

“Project LEAP” (*Learning, Empowerment, Advocacy and Participation*) is a locally defined HRSA-funded Service Category for the Houston EMA. Its purpose is to “increase the number and effectiveness of people living with HIV (PLWH) and affected others who can participate in organizations, councils, and committees dealing with the allocation of public funds for HIV-related prevention and care services,” with an emphasis on increasing participation in the EMA’s two local Planning Bodies, the Ryan White Planning Council (RWPC) and the Houston HIV Prevention Community Planning Group (CPG).

Project LEAP is currently designed as a weekly class spanning 16 weeks including classroom training, out-of-class time observation, and experiential community-based learning. On the 17<sup>th</sup> week, students are recognized through a graduation ceremony and encouraged to apply to RWP and CPG. Annually, the RWPC reviews and makes recommendations for the Project LEAP Service Definition based on program results and student needs. An External Advisory Panel consisting of representatives from the RWPC, CPG, and Project LEAP alumni also advises Project LEAP.

Beginning in 2012, the RWPC Office of Support (OS) assumed responsibility for planning, implementing, and evaluating Project LEAP, including student recruitment, syllabus design, and course facilitation. In its pilot year as an Office of Support project, 29 students enrolled in the program, and 24 students graduated (for an 83% graduation rate). Of graduates, 63% were consumers living with HIV, and 63% applied for either RWPC or CPG membership. Staff conducted the pilot was also conducted at a savings of over \$38,000 compared to prior contracted providers.

This report summarizes results from the 2019 Project LEAP cohort, including the ways in which the 2019 syllabus met the objectives outlined in the RWPC-approved Service Definition, the extent of the program’s achievement in increasing the knowledge and skills of PLWH and affected individuals, and lessons learned for future program implementation.

## Obj. 1: Contact Hours Requirements

### From the FY19 Project LEAP Service Definition:

Since 2013, Project LEAP has been designed to include multiple experiential community-based learning opportunities, including direct observations of Planning Body activities. To ensure each Project LEAP student has the same opportunity for community-based learning activities, the FY19 Project LEAP Service Definition requires contact hours for out-of-class time and service learning. The approved contact hours for Project LEAP are as follows:

- No more than two classes will be provided during the [program]
- Each class will include graduation and at least:
  1. 44 contact hours of classroom training;
  2. 6 hours of participation in RWPC or CPG meetings or activities; and
  3. 6 hours of participation in HIV-related community meetings and activities.

### From the 2019 Project LEAP Syllabus:

- Two classes were held each week from April 3 – July 17, 2019 (**Figure 1**), including:
  1. 50 hours of classroom training;
  2. 12 hours of participation in RWPC or CPG meetings or activities; and participation in HIV-related community activities;
- For a total of 60 hours of instruction. This is 3 hours *more per class* than the Service Definition requirement.
- A graduation dinner and ceremony was held on July 24, 2019.

**Figure 1: Project LEAP Contact Hours, 2019**

	<b>FY19 Service Definition</b> (approved 02-14-19)	<b>2019 Project LEAP Syllabus</b> (conducted 4-3-19 through 7-17-19)	
<b>Requirement</b>	<b>Number of Hours</b>	<b>Number of Hours</b>	<b>Method</b>
Graduation	n/a	n/a	Graduation ceremony held 7-24-19
Classroom training	44	50	11 weekly classroom sessions conducted at 4 hours/session; 6 hours of classroom sessions before RWPC, CPG, and Steering Committee mtgs
PC/Community participation	12	12	Student attendance at 1 RWPC mtg (2 hrs), 1 CPG mtg (2 hrs), 1 Steering Committee mtg (2 hrs), 1 community mtg (2 hrs), and participation in 1 volunteer shift collecting Needs Assessment surveys (4 hrs)
<b>Total per class</b>	56	62	
<i>Number of classes</i>	2	2	
<b>Total contact hours</b>	56-112	124	

## Obj. 1: Curriculum Requirements

### **FY19 Project LEAP Service Definition curriculum requirements met through curriculum:**

1. **Information on PrEP; & sources & purposes of HIV service funds in Houston EMA/HSDA**
  - ☑ Week #2 (4/10/19): Panel – Barriers to Reaching, Linking, & Retention in Care with Epidemiology Overview & Special Populations (*Meyer, Watley-Calloway, Martin, Sierra, Koroma, & Johnson*)
  - ☑ Week #2 (4/10/19): Overview of HIV Care Funds & RW Program: HRSA to Council and Designing HIV Care Services: HTBMN (*Williams*)
  - ☑ Week #3 (4/17/19): HIV Prevention Program: CDC to CPG Panel (*Campbell, Townsend & Vargas*)
  - ☑ Week #4 (4/24/19): END HIV Houston (*Townsend*)
  - ☑ Week #10 (6/5/19): Overview of Housing Opportunities for People with HIV/AIDS (*Barr*)
  - ☑ Week #13 (6/26/19): PrEP (*Gibson*)
  - ☑ Week #14 (7/3/19): Attendance at Steering Committee meeting (*Williams*)
2. **Structure, functions, & procedures of the RWPC/CPG**
  - ☑ Week #1 (4/3/19): History of HIV in the Houston Area Interactive Exercise (*Vargas & Williams*)
  - ☑ Week #2 (4/10/19): Overview of HIV Care Funds & RW Program: HRSA to Council and Designing HIV Care Services: HTBMN (*Williams*)
  - ☑ Week #3 (4/17/19): PB & Jelly Exercise (Function of Policies & Procedures) (*Harbolt*)
  - ☑ Week #7 (5/15/19): Conflict of Interest (*Williams*)
  - ☑ Week #8 (5/23/19): Attendance at a CPG meeting
  - ☑ Week #11 (6/13/19): Attendance at Ryan White Planning Council (RWPC) meeting
  - ☑ Week #12 (6/19/19): Training and Exercise on the P&A Process (*Williams*)
  - ☑ Week #12 (6/19/19): Organizing Graduation/Robert's Rules of Order Practice (*Williams*)
  - ☑ Week #14 (7/3/19): RWPC and CPG Application Process (*Williams*)
  - ☑ Week #16 (7/18/18): Project LEAP to Planning Body (*Oshingbade, Cruz, Pradia, & Fergus*)
3. **Needs assessments; parliamentary procedures & meeting mgmt; presentation skills; RFP; accessing & utilizing resources/role models; organizational participation & conduct**
  - ☑ Week #1 (4/3/19): Introduction to Robert's Rules of Order (*Williams*)
  - ☑ Week #3 (4/17/19): Community Needs Assessment (*Harbolt*)
  - ☑ Week #3 (4/17/19): LEAP Project – Needs Assessment Survey Training (*Harbolt*)
  - ☑ Week #4 (4/24/19): Robert's Rules of Order Exercise (*Williams*)
  - ☑ Week #4 (4/24/19): Advocacy 101 (*Ray*)
  - ☑ Week #5 (5/1/19): Leadership Skills and Team Building (*Alexander*)
  - ☑ Week #7 (5/15/19): Epidemiology Profile and EIIHA Strategy (*Harbolt*)
  - ☑ Week #7 (5/15/19): The RFP Process (*Williams*)
  - ☑ Week #9 (5/29/19): LEAP Special Study Project – Organize Class Presentation (*Harbolt*)
  - ☑ Week #10 (6/5/19): Training on HIV Resources/Blue Book Treasure Hunt (*Beck & Williams*)
  - ☑ Week #11 (6/13/19): LEAP Project – Presentation Practice (*Harbolt*)
  - ☑ Week #11 (6/13/19): Presentation of LEAP Project to RWPC
  - ☑ Week #13 (6/26/19): Community Meeting Report-Backs (*Williams*)

*Ongoing: Weekly designation of meeting chairs, weekly practice with Robert's Rules and following meeting agendas, regular in-class small/large-group activities requiring student presentations*
4. **HIV-related Standards of Care, quality assurance methods, & HRSA service category definitions**
  - ☑ Week #2 (4/10/19): Designing HIV Care Services: HTBMN (*Williams*)
  - ☑ Week #3 (4/17/19): HIV Care Continuum (*Harbolt*)
  - ☑ Week #14 (7/3/19): Comprehensive HIV Planning (*Harbolt*)
  - ☑ Week #14 (7/3/19): Training on Standards of Care and Performance Measures (*Harbolt*)

## Obj. 2: Class Composition vs. Current HIV Prevalence

### From the FY19 Project LEAP Service Definition:

- Identify and provide training to 20-30 PLWH, and no more than 10 affected others in order for them to receive the necessary skills and knowledge to participate in the decision-making process to fund and allocate public money to HIV-related services in the Houston EMA/HSDA.
- The race, ethnicity, and gender composition of the classes must reflect current local HIV prevalence data to the extent feasible.
- Endeavor to enroll individuals from groups that are disproportionately affected by HIV, including youth and transgender PLWH.

### From the 2019 Project LEAP Cohort (Figure 2):

- 1 PLWH (19 of whom were Ryan White consumers) and 7 affected others were enrolled at the beginning of the 2019 Project LEAP program. No young adults (age 18-24) enrolled.
- Of graduating students, 15 were PLWH (75%), and five were affected (25%).
- Compared to HIV prevalence proportions for the Houston EMA, greater proportions of black, non-Hispanic (63% vs. 48%) and female students (41% vs. 25%) enrolled in the program.
- Two transgender students enrolled in the program and one graduated.

**Figure 2: Project LEAP Class Composition, 2019**

	EMA HIV Prevalence (as of 12/31/18)		2019 Project LEAP Enrollees (as of 4/4/19)		2019 Project LEAP PLWH Enrollees (as of 4/4/19)		2019 Project LEAP Graduates (as of 7/24/19)	
	#	%	#	%	#	%	#	%
<b>Race/Ethnicity</b>								
White, not Hispanic	5,109	18	5	19	4	22	5	25
Black, not Hispanic	14,044	48	17	63	14	78	11	55
Hispanic	8,493	29	4	15	*	*	3	15
Multiracial	1,025	4	1	4	*	*	1	5
Other/Unknown	407	1	0	0	0	0	0	0
<b>Total</b>	<b>29,078</b>	<b>100</b>	<b>27</b>	<b>100</b>	<b>18</b>	<b>100</b>	<b>20</b>	<b>100</b>
<b>Sex at Birth</b>								
Male	21,829	75	14	52	12	63	12	60
Female	7,249	25	11	41	7	34	7	35
Transgender	n/a	n/a	2	7	*	*	1	5
<b>Total</b>	<b>29,078</b>	<b>100</b>	<b>27</b>	<b>100</b>	<b>19</b>	<b>100</b>	<b>20</b>	<b>100</b>
<b>Age</b>								
13 – 24 years**	1,170	4	0	0	0	0	0	0
<b>Total</b>	<b>1,170</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

\*Data suppressed to maintain confidentiality

\*\*Project LEAP youth enrollees and graduates reflect 18-24 years

## Obj. 2: Course Completion

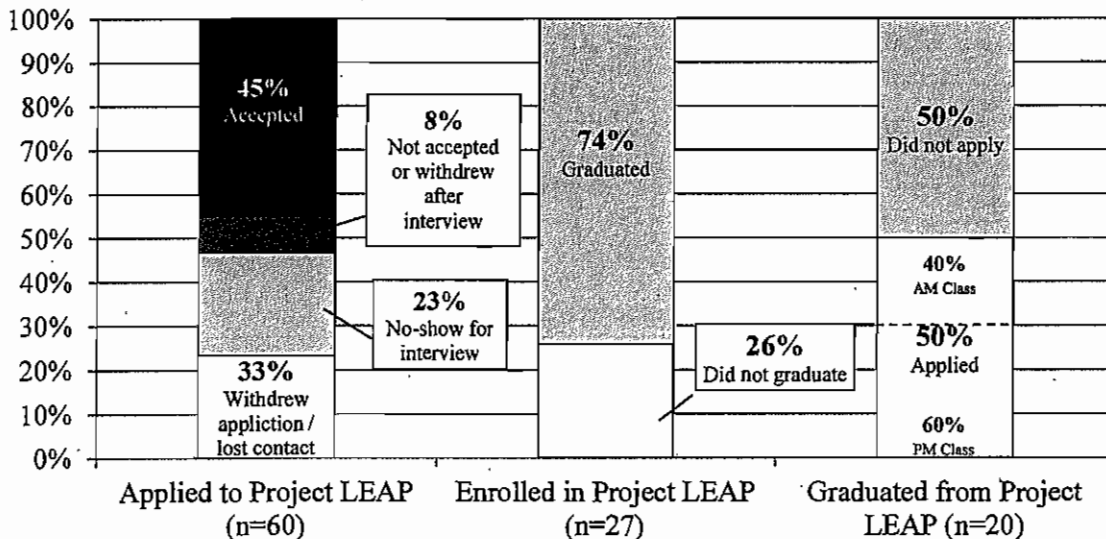
**From the FY19 Project LEAP Service Definition:**

- Identify and provide training to 20-30 PLWH, and no more than 10 affected others in order for them to receive the necessary skills and knowledge to participate in the decision-making process to fund and allocate public money to HIV-related services in the Houston EMA/HSDA.
- Establish realistic training schedules that accommodate varying health situations of participants.

**From the 2019 Project LEAP Cohort (Figures 3):**

- Sixty individuals applied for 2019 Project LEAP, and 14 applicants withdrew from the interview process or could not be contacted after they applied. The remaining 46 applicants had interviews scheduled. Fourteen applicants did not show up for their interviews, five applicants were interviewed but withdrew or were not accepted into the program, and 27 applicants were enrolled.
- Out of the 27 students enrolled, 20 graduated from the program, for a graduation rate of 74%, down from 86% in 2018. Reasons for attrition were changes in work schedule, needing to care for a family member, and conflicts with other priorities. Three students enrolled, but never attended class. Four students attended classes, but did not complete the course.
- Average weekly class size was 12 students for the morning class, and eight students for the evening class. Weeks involving off-site locations or alternate days/times correlated with higher absences. Eight students had perfect attendance.
- When asked about next steps after Project LEAP, 53% of graduates planned to apply to RWPC or an External Committee; 47% planned to apply to CPG, 16% planned to join a Community Advisory Board (CAB), 42% planned to join a Task Force, and 21% planned to sign up for PLWH advocacy training like the Positive Organizing Project.
- Ten students (or 50% of the graduating class) submitted applications to RWPC for PC (5) and/or External Committee (10) membership. One LEAP student was already serving on PC. As of October 2019, nine students applied to CPG.

**Figure 3: Project LEAP Application, Enrollment, and Course Completion, 2019**





## Obj. 2: Pre/Post-Training Evaluation

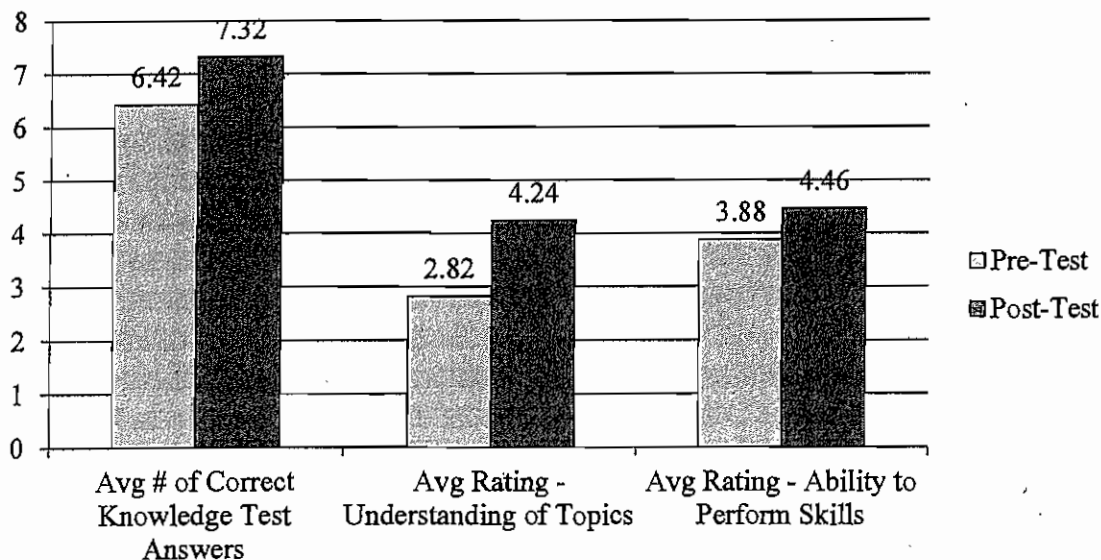
### From the FY19 Project LEAP Service Definition:

- Conduct a pre-training evaluation to determine knowledge and beliefs concerning HIV disease and understanding of HIV-related funding processes.
- Conduct a post-training evaluation to measure change.

### From the 2019 Project LEAP Cohort:

- A matched pre-training and post-training evaluation was conducted at Weeks 1 and 16. The evaluation tool (**See Attachment**) included the following:
  1. A 10-item fact-based multiple choice quiz specific to Service Definition topics measuring change in knowledge;
  2. A self-assessment of understanding of Service Definition topics (1 = “not well”; 5 = “very well”) measuring self-assessed change in understanding; and
  3. A self-assessment of ability to perform the skills or activities required by the Service Definition (1 = “not well”; 5 = “very well”) measuring self-assessed change in skills.
- Nineteen students were evaluated at both pre and post with the following results (**Figure 4**):
  1. The average number of correct answers to the multiple choice knowledge assessment questions increased from 6.42 to 7.32, or a 14% increase in average knowledge scores.
  2. The average self-assessment rating of understanding increased from 2.82 to 4.24 (out of 5), or a 50% increase in self-assessed understanding.
  3. The average self-assessment rating of ability to perform skills or activities increased from 3.88 to 4.46 (out of 5), or a 15% increase in self-assessed skills.
  4. The greatest improvements occurred in: knowledge of the purpose of Standards of Care; understanding of structure and functions of the RWPC; and ability to access community resources.

**Figure 4: Project LEAP Pre/Post-Training Evaluation Results, 2019**



## Obj. 2: Process Evaluation and Lessons Learned

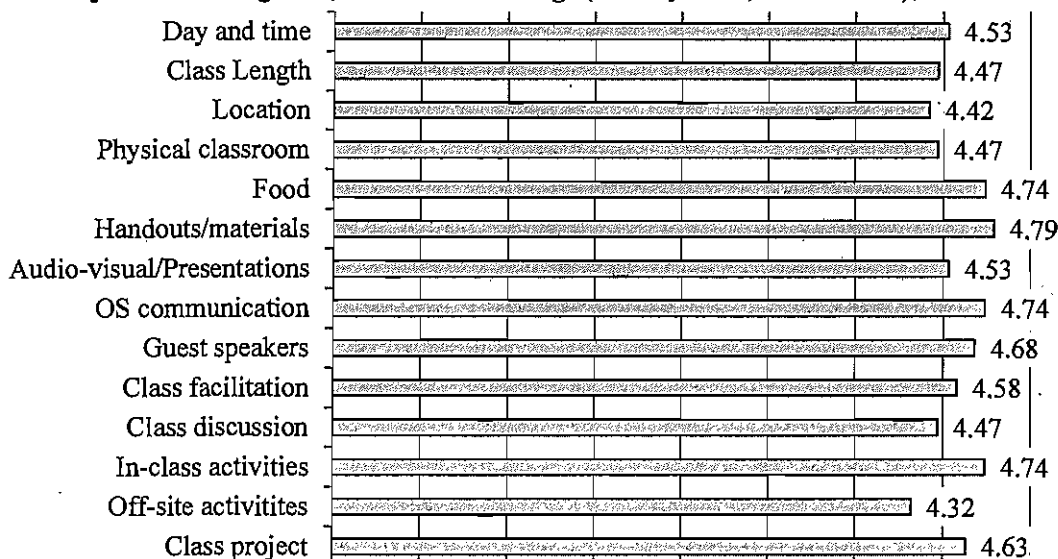
### From the FY19 Project LEAP Service Definition:

- Enhance the participation of PLWH and affected persons participating in this project.
- Provide both lecture and hands-on experiential class activities to enable participants to maximize opportunities for learning.

### From the 2019 Project LEAP Syllabus and Cohort:

- A variety of teaching methods was employed to meet the Service Definition:
  1. *Lectures*: included 24 guest speakers (in addition to three Office of Support staff/facilitators)
  2. *Hands-on activities*: 100% of classroom sessions included an interactive activity (e.g., Robert's Rules practice, Needs Assessment project development, team-building activities, group discussion, and report-back)
  3. *Experiential activities*: Graduation requirements included a class project, attendance at a community meeting, and a volunteer shift surveying for the Needs Assessment. Three weeks of class occurred at a RWPC, Committee, or CPG meeting.
- Staff assessed course instruction quality in each class.
  1. Students named their favorite part of class, and anything that could have been added, changed, or done differently. Staff reviewed this feedback and made adjustment as necessary.
  2. Students were also asked to rate the general quality of each class on a 5-point scale, with a rating of 1 indicating poor quality, and 5 indicating excellent quality. Overall, classes received an average rating of 4.77/5 - Excellent. The final class received an average rating of 4.93/5 - Excellent.
- Staff assessed course logistics quality at the end of the course. **(Figure 5)**
- Average ratings were highly favorable, with all course logistics elements rated "Very Good" (14%) or "Excellent" 86%). The highest rated logistics element handouts and materials provided with an average score of 4.79. Though still rated "Very Good", the logistics element with the lowest rating was off-site activities with an average score of 4.22

**Figure 5: Project LEAP Logistics, Evaluation Ratings (1=Very Poor, 5=Excellent), 2019**



## Obj. 2: Process Evaluation and Lessons Learned (Con't)

- Staff measured general impressions of course quality at the end-point. As of the final Project LEAP 2019 class:
  1. 89% of students felt better able to be productive planning body members following Project LEAP.
  2. 100% of students were pleased with their decision to participate in Project LEAP and would recommend Project LEAP to someone else.
  3. 100% of students agreed or strongly agreed that Project LEAP made them more knowledgeable about HIV prevention and care services planning.
  
- Staff collected qualitative data at the end-point with an open-ended question inviting students to suggest ways of making Project LEAP even better in the future:
  1. Allow more time for questions and answers
  2. Recruit younger students (suggested ages 18-35); suggested offering a small incentive for attending the evening class or a ½ day class on Saturdays
  3. Add a session on HIV treatment regimens (different medication combinations, medication adherence, pricing, ADAP, potential new treatments in the pipeline like injectable or implant)
  4. Allow for class to attend more RWPC meetings

Remaining responses complimented the quality of the class, facilitators, and course content.

## **“It Has Given Me a Voice to Be Heard.”: The Life-Changing Impact of Project LEAP**

Near the end of the course, the 2019 Project LEAP students were asked to share the impact of the program had on their lives. The quotes were displayed in a presentation that played during the graduation ceremony. The following quotes convey sentiments shared by many of the students:

- As a long-term 30+ year survivor, Project L.E.A.P. has introduced me to the current face of PLHIV. I have gained invaluable insight, education and the necessary skills to help empower these faces to live the best of all possible lives.
- I have learned a lot about HIV, how to avoid HIV, how to take care of yourself and be careful.
- It has given me more understanding of the epidemic. It has made me appreciate science and research. It has made me appreciate humanity. It has made me want to give more to the society. It has given me a voice to be heard.
- Tikkun Olam (Hebrew) = Repairing a Broken World
- Project LEAP has been a wonderful prism to explore the complicated issues surrounding HIV and care in the Greater Houston area. It has been a blessed 17 weeks of building community with other passionate advocates and challenging ourselves to see the complexities of addressing the epidemic.
- LEAP gave me a lot of valuable information that I will take with me, but most of all it gave me a group of remarkable new friends that I will always be forever grateful for meeting.
- Project LEAP has been a combination of motivation, inspiration, education, exposure, gratitude, community and foundation. It has been a thought provoking program that makes me want to know more and do more for the HIV community. I am a proud leader!
- Project LEAP: Brought me knowledge and new friends.
- KNOWLEDGE - What can be done to help create change how change takes place at the RWPC; EMPOWERED - How to do things when to do things (proper way); DESIRE - Willingness to do something about the disease; STRENGTH - To stand up and say “I do matter, I am not just a number or statistic”.
- I am grateful for the vast amount of HIV education and information. As a graduate of Project LEAP I will continue to be a positive role model who has lived with HIV for over 30 years.
- Knowledge from Project LEAP has been empowering making me realize that my voice counts.
- I am a voice for the voiceless.
- Project LEAP has empowered me to become an HIV activist in the community by using my voice to end new HIV transmission and linked PLHIV into care.
- An opportunity to learn what Ryan White does for the Houston area.
- I want to thank Ryan White, visiting agencies and all the presenters for sharing. The more knowledge we acquire the greater outcomes in the future.
- I am so glad that I made a decision to become part of Project LEAP class. The knowledge I have gained is incredible. Project LEAP has granted me the chance to stop being apart on the sideline of the HIV field, I am ready to be an actual and formal advocate
- Being a Long Term survivor: I know how hard it is to get and stay connected. My goal is to “Help others” with the connection process. Project LEAP has given me the tools to do Just That. Thanks Project LEAP!

**“It Has Given Me a Voice to Be Heard.”: The Life-Changing Impact of Project LEAP**

*Continued*

- I’m learning more about health and things that I was confused with. I’m not anymore and I learn a lot with Ms. Tori and Ms. Amber and the speakers!
- The Project LEAP program has been informative. All the way from where it started and where we are now and the challenges that have been overcome by people who were passionate, dedicated advocates to the cause.

### Budget Information and Comparison

Original Cost of the Program: \$ 52,000

2019 Cost of the Program: \$ 14,407

**Total Savings: \$ 37,593**

#### 2019 Expenses:

Supplies	\$ 635
Facilities Rental	399
Speaker Fees	300
Student Reimbursement	4,293
Mileage	3,873
Dependent care	420
Meals and Snacks	8,133
Staff Mileage	0
Miscellaneous (graduation shirts)	647
<b>TOTAL</b>	<b>\$14,407</b>

See next page for Project LEAP Budget Comparison, 2012 – 2019

Project LEAP Budget Comparison, 2012 -- 2019

Item	2012 Expenses	2013 Expenses	2014 Expenses	2015 Expenses	2016 Expenses	2017 Expenses	2018 Expenses	2019 Expenses
Supplies	\$ 1,182	\$ 1,159	\$ 523	\$ 638	\$ 493	\$ 466	\$ 873	\$ 635
Facilities Rental	268	875	318	274	1,158	724	364	399
Speaker Fees	0	0	0	0	100	100	100	300
Student Reimbursement Transportation Dependent Care	3,294 560	3,178 705	4,878 0	1,031 0	1,242 0	4,525* 0	3,488 0	3,873 420
Food	7,844	5,897	7,553	4091	3,734	6,989	7,295	8,133
Staff Mileage	200	25	20	20	20	0	0	0
Miscellaneous	630	858	809	301	494	1,020	1,144	420
<b>TOTAL</b>	<b>\$13,978</b>	<b>\$12,697</b>	<b>\$14,100</b>	<b>\$6,355**</b>	<b>\$7,241**</b>	<b>\$13,824</b>	<b>\$13,264</b>	<b>\$14,407</b>

**\*\*IMPORTANT:** Please note that 2015 and 2016 expenses are significantly less than in previous years because there were no evening classes.

## Acknowledgments

Project LEAP 2019 was a collaboration of the:

**Houston Area HIV Services Ryan White Planning Council and the  
Houston Health Department Bureau of HIV/STD & Viral Hepatitis Prevention**

Project LEAP 2019 was made possible by the following individuals:

### Project LEAP Advisory Committee

Rosalind Belcher, Co-Chair

Crystal Starr, Co-Chair

Mona Cartwright-Biggs

Bobby Cruz

Johnny Deal

Ronnie Galley

Eddie Givens

Kelvin Harris

Tiffany Jones

Denis Kelly

Rodney Mills

John Poole

Tana Pradia

Isis Torrente

### Guest Speakers

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*MLA Consulting*

Melody Barr

*Houston Department of Housing & Community Development*

Samantha Bowen

*Ryan White Grant Administration*

W. Jeffrey Campbell

*Governmental Co-Chair, Community Planning Group;  
Houston Health Department*

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*Member, Ryan White Planning Council*

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*Legacy Community Health*

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*The Resource Group*

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*AIDS Foundation Houston*

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*Houston Health Department*

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Member, Community Planning Group*

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*Equality Texas*

### HHD Staff

Marlene McNeese, Assistant Director

Cathy Wiley, Training Administrator



## Attachments

- FY19 Project LEAP Service Definition (approved 02-14-19)
- 2019 Project LEAP Course Overview
- 2019 Pre/Post-Training Evaluation Forms

## **Service Category Title: Grant Administration - Project LEAP**

### **Unit of Service Definition:**

1 unit of service = 1 class hour of training to Project L.E.A.P. participants. No other costs may be billed to the contract issued for Project LEAP.

**GOAL:** Agency will increase the number and effectiveness of People Living With HIV (PLWH) and the affected community who can participate in organizations, councils and committees dealing with the allocation of public funds for HIV-related prevention and care services, through an effort known as "Project LEAP" (Learning, Empowerment, Advocacy and Participation). Enrollment should include 20 to 30 persons who are living with HIV. No more than 10 individuals are to be enrolled in the training program who are affected by HIV. The race, ethnicity and gender composition of the classes must reflect current local HIV prevalence data to the extent feasible. Agency will prioritize to enroll individuals from groups that are disproportionately affected by HIV disease, including youth and transgender persons living with HIV, in Project LEAP.

Project LEAP will increase the knowledge, participation and efficacy of PLWH and affected participants through a training program specifically developed to provide PLWH and affected persons with the knowledge and skills necessary to become active, informed, and empowered members of HIV planning bodies and other groups responsible for the assessment of HIV-related prevention and service needs in the Houston EMA/HSDA. The primary focus of training is to prepare participants to be productive members of local HIV planning bodies, with an emphasis on planning activities conducted under the auspices of the Houston Ryan White Planning Council (RWPC).

Each class provided during the term of this agreement will include graduation and at least:

- A. 44 contact hours of classroom training;
- B. 6 hours of participation in Ryan White Planning Council and/or Committee related activities; and
- C. 6 hours of participation in HIV-related community activities.

There will be no more than 2 classes at 56 hours per class. The Council-approved minimum outline for the training curriculum includes: HIV funding sources, general and specific operational procedures of HIV-related planning bodies, information regarding assessment of the needs of PLWH in the Houston EMA/HSDA, a general understanding of an RFP process, organizational case studies and mentoring, presentation skills, knowledge related to accessing services, overview of HIV-related quality assurance (QA) processes and parliamentary procedure/meeting management skills.

Agency will provide reimbursement of eligible expenses to participants during the period of enrollment to reimburse these participants for out of pocket costs related to

their participation, limited to transportation, childcare, and meals. Agency agrees to provide Harris County Public Health (HCPH)/Ryan White Grant Administration (RWGA) and the Houston RWPC with written reports and project summaries as requested by Harris County and in a form acceptable to Harris County, regarding the progress and outcome of the project.

**Agency will provide Harris County with a written report summarizing the activities accomplished during the term of the contract within thirty calendar days after the completion of the project. If completed with a noncontract agreement, written report must be submitted at the end, or before the end, of the project calendar year.**

**Objective 1: Agency will identify and provide training to at least 20 persons who are living with HIV and no more than 10 affected individuals in order for them to receive the necessary skills and knowledge to participate in the decision-making process to fund and allocate public money to HIV-related services in the Houston EMA/HSDA. The following training curriculum shall be provided:**

1. Information on PrEP and the sources and purposes of HIV service funds in the Houston EMA/HSDA;
2. The structure, functions, policies and procedures of the Houston HIV Health Services Planning Council (Ryan White Planning Council/RWPC) and the Houston HIV Prevention Community Planning Group (CPG);
3. Specific training and skills building in needs assessments, parliamentary procedures and meeting management procedures, presentation skills, a general understanding of an RFP process, accessing and utilizing support resources and role models, and competence in organizational participation and conduct; and
4. Specific training on HIV-related Standards of Care, quality assurance methods and HRSA service category definitions.

**Objective 2: Agency will enhance the participation of the people living with HIV and affected persons in the decision-making process by the following documented activities:**

1. Establishing realistic training schedule(s) which accommodate varying health situations of those selected participants;
2. Conducting a pre-training evaluation of participants to determine their knowledge and beliefs concerning HIV disease and understanding of HIV-related funding processes in the Houston area. Agency must incorporate responses from this pre-training evaluation in the final design of the course curriculum to ensure that, to the extent reasonably possible, the specific training needs of the selected participants are addressed in the curriculum;
3. Conducting a post-training evaluation to measure the change in participants knowledge and beliefs concerning HIV disease and understanding of HIV-related funding processes in the Houston area;

4. Providing reimbursement of allowable expenses to help defray costs of the individual's participation, limited to transportation, child care, and meals; and
5. Providing both lecture and hands-on experiential class activities to enable participants to maximize opportunities for learning.

**Objective 3: Agency will encourage cooperation and coordination among entities responsible for administering public funds for HIV-related services by:**

1. Involving HCPH/RWGA, The Houston Regional HIV/AIDS Resource Group (TRG) and other administrative agencies for public HIV care and prevention funds in curriculum development and training activities;
2. Ensuring representatives from the RWPC, the Houston Community Planning Group (CPG) and Project LEAP alumni are members of the Project LEAP External Advisory Panel. The responsibility of the Project LEAP External Advisory Panel is to:
  - Assist in curriculum development;
  - Provide input into criteria for selecting Project LEAP participants;
  - Assist with the development of a recruitment strategy;
  - If the agency finds it difficult to find individuals that meet the criteria for participation in the Project, assist with student recruitment; and
  - Review the final report for the Project in order to highlight the successes and brainstorm/problem solve around issues identified in the report. The results of the review will be sent to the Ryan White Operations Committee and the next Advisory Panel.
3. Collaborating with the Project LEAP External Advisory Panel during the initial 60 days of the Contract term. The criteria developed and utilized will, to the maximum extent possible, ensure participants selected represent the groups most affected by HIV disease, consistent with current HIV epidemiological data in the Houston EMA/HSDA, including youth (ages 18-24) and transgender persons living with HIV.

Agency will provide RWGA with the attached matrix and chart 21 and 14 days before the first class and again the day after the first class demonstrating that the criteria established by the Project LEAP External Advisory Panel was met. The matrix must be approved by RWGA 14 days before the first class.

# EXAMPLE

## Recommended Project LEAP Class of 2018

Candidate	M	F	T	HIV+	Non- Aligned HIV+	W	B	H	Youth Age 18- 19	Youth Age 20- 24
1	X			X	X	X				
2		X		X			X		X	
3		X					X			X
4		X		X	X			X		X
5	X					X				
6	X			X	X		X			
7	X			X	X	X				
Totals	4	3		5	4	3	3	1	1	2

Race/Ethnicity	EMA HIV/AIDS prevalence as of 12/31/10		PC Members as of 09/01/11		Non-Aligned Consumers on PC	
	No.	%	No.	%	No.	%
White, not Hispanic	5,605	26.85%	7	19.44%	4	25.00%
Black, not Hispanic	10,225	48.98%	19	52.78%	8	50.00%
Hispanic	4,712	22.57%	10	27.78%	4	25.00%
Other	333	01.60%	0	00.00%	0	0.00%
<b>Total*</b>	<b>20,875</b>	<b>100%</b>	<b>36</b>	<b>100%</b>	<b>16</b>	<b>100%</b>
Gender	Number	Percentage	No.	%	No.	%
Male	15,413	73.83%	21	58.33%	11	68.75%
Female	5,462	26.17%	15	41.67%	5	31.25%
<b>Total*</b>	<b>20,875</b>	<b>100%</b>	<b>36</b>	<b>100%</b>	<b>16</b>	<b>100%</b>

\*Data are estimated cases adjusted for reporting delay. The sum total of estimates for each category may not match the EMA totals due to rounding.























**Houston Area HIV Services Ryan White Planning Council  
Office of Support**


























**Project L.E.A.P. 2019 Course Overview**

*\*Class will take place at an alternate location, day, and/or time*

Course Key:  Classroom  Guest Speaker  In-Class Activity  Off-Site Class  
 Group Project  Deadline  Graduation

Week	Date	Topics	Key
1	April 3 Room 416	<ul style="list-style-type: none"> <li>• Overview of Project LEAP</li> <li>• Housekeeping, Logistics, and Ground Rules</li> <li>• Student Introductions and Expectations</li> <li>• HIV, TB and Hepatitis</li> <li>• Introduction to Robert's Rules of Order</li> <li>• The History of HIV in the Houston Area</li> </ul>	  
2	April 10 Room 416	<ul style="list-style-type: none"> <li>• Epidemiology Overview</li> <li>• Panel: Barriers to Reaching, Linking &amp; Retention in Care, focusing on African Americans, Hispanics, MSM and Youth</li> <li>• Overview of HIV Care Funds</li> <li>• From HRSA to Council: Overview of the Ryan White Program</li> <li>• Designing HIV Care Services: How to Best Meet the Need</li> </ul>	  
3	April 17 Room 416	<ul style="list-style-type: none"> <li>• HIV Prevention Programs: CDC to CPG</li> <li>• Needs Assessment and the Continuum of Care</li> <li>• LEAP Special Study Project –Survey skills training</li> <li>• Policies and Procedures: the PB&amp;J Exercise</li> </ul>	   
4	April 24 Room 416	<ul style="list-style-type: none"> <li>• Robert's Rules of Order Exercise</li> <li>• END HIV Houston Plan</li> <li>• Advocacy 101</li> </ul>	   
5	May 1 Room 416	<ul style="list-style-type: none"> <li>• Leadership and Presentation Skills Building</li> </ul>	  
6	May 8	Participate in Data Collection at a Survey Site – no class	
7	May 15 Room 416	<ul style="list-style-type: none"> <li>• Health Literacy</li> <li>• Introduction to Transgender Topics</li> <li>• General Overview: Epi Report and EIIHA Strategy</li> <li>• Conflict of Interest and the RFP Process</li> <li>• Prepare for CPG Meeting</li> </ul>	  

Course Key:  Classroom  Guest Speaker  In-Class Activity  Off-Site Class  
 Group Project  Deadline  Graduation

Week	Date	Topics	Key
8	May 22 (Keep Room 416)	Attend the HIV Prevention Community Planning Group (CPG) Meeting <ul style="list-style-type: none"> <li>• LEAP Special Study Surveys Due</li> </ul>	 
9	May 29 Room 416	<ul style="list-style-type: none"> <li>• LEAP Special Study Project - analyze data, prepare class presentation</li> <li>• The Criminalization of HIV</li> </ul>	  
10	June 5 Room 416	<ul style="list-style-type: none"> <li>• Homelessness and HIV</li> <li>• Housing Opportunities for Persons with AIDS (HOPWA)</li> <li>• Blue Book Treasure Hunt</li> <li>• LEAP Special Study Project -practice presentation</li> </ul>	   
11	<b>THURSDAY</b> June 13 Room 532	Attend the RWPC Meeting and Present the Class Special Study Project	 
12	June 19 Room 416	<ul style="list-style-type: none"> <li>• Plan for LEAP Graduation - Student photos</li> <li>• Priority and Allocations Exercise</li> </ul>	  
13	June 26 Room 416	<ul style="list-style-type: none"> <li>• Intimate Partner Violence &amp; HIV</li> <li>• Plan for LEAP Graduation - Order shirts</li> <li>• Community Meeting Report-Backs</li> <li>• Student Choice: PrEP</li> </ul>	  
14	<b>BOTH CLASSES 10am</b> July 3 Room 416	<ul style="list-style-type: none"> <li>• Ryan White Standards of Care &amp; Performance Measures</li> <li>• Council and CPG Application Process/Forms</li> <li>• Community Meeting Report-Backs</li> <li>• Steering Committee Meeting</li> </ul>	  
15	July 10	Attend a Community Meeting - no class	
16	July 17 Room 416	<ul style="list-style-type: none"> <li>• From Project LEAP to Planning Body: Panel of Planning Body and C.A.B. Members</li> <li>• Word Cloud Review</li> <li>• Mock Interviews</li> <li>• Course Wrap-Up</li> </ul>	  
17	July 24	Graduation Dinner and Ceremony	 



**Houston Area HIV Services Ryan White Planning Council**  
**Office of Support**  
 Project L.E.A.P. 2019

*Knowledge Assessment*

The purpose of this questionnaire is to measure your understanding of core Project L.E.A.P. topics and skills *before* the course begins. You will complete the same questionnaire at the end of the course. We will then compare both questionnaires. This comparison helps us know how well we did in reaching our goal to help your Project L.E.A.P. class improve its HIV Community Planning knowledge, skills, and abilities.

Today's Date: 04/03/2019

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

*\*\*Please know that the only reason we need your name on this form is to match it to the questionnaire you will complete at the end of the course. Your name will not be used for any other reason.*

Please rate how well you currently understand each of the following topics:

<i>I understand...</i>	Very Well	Quite Well	Fairly Well	A Little	Not at All
The sources and purposes of HIV care, treatment, and support services funding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The structure and function of the Houston Ryan White Planning Council (RWPC)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The structure and function of the Houston HIV Prevention Community Planning Group (CPG)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HRSA service category definitions for HIV care, treatment, and support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HIV-related Standards of Care and quality assurance methods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please rate how well you can currently perform each of the following skills or activities:

<i>I can...</i>	Very Well	Quite Well	Fairly Well	A Little	Not at All
Read and understand needs assessments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use Robert's Rules of Order	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Engage in public speaking and give presentations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Access community resources	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Serve as a role model	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Work in a group setting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



- 2
1. **What is the purpose of the Ryan White HIV Program?** *Select one:*
    - (A) To provide routine HIV testing in all health care settings
    - (B) To provide emergency and/or transitional housing for People Living with HIV
    - (C) To provide HIV-related care, treatment, and support services for those who may not have sufficient resources to manage their HIV
    - (D) To lobby for new state and local legislation regarding HIV
  2. **What federal agency funds the Ryan White HIV Program?** *Select one:*
    - (A) Centers for Disease Control and Prevention (CDC)
    - (B) Health Resources and Services Administration (HRSA)
    - (C) U.S. Department of Housing and Urban Development (HUD)
    - (D) Office of National HIV/AIDS Policy (ONAP)
  3. **What federal agency funds HIV prevention activities in states and cities?** *Select one:*
    - (A) Centers for Disease Control and Prevention (CDC)
    - (B) Health Resources and Services Administration (HRSA)
    - (C) U.S. Department of Housing and Urban Development (HUD)
    - (D) Office of National HIV/AIDS Policy (ONAP)
  4. **Which Houston Ryan White Planning Council document contains data on consumer-reported HIV care needs?** *Select one:*
    - (A) Assessment of the Administrative Mechanism
    - (B) Epidemiologic Profile
    - (C) "Blue Book" Resource Guide
    - (D) Community Needs Assessment
  5. **What is the main responsibility of the Houston Ryan White Planning Council?** *Select one:*
    - (A) To manage Ryan White A, B, and State Services contracts
    - (B) To give feedback and recommendations on HIV testing and prevention activities
    - (C) To design and attach Ryan White A, B, and State Services funding to HIV care and treatment services
    - (D) To raise community awareness of HIV
  6. **Which of the following is a Conflict of Interest?** *Select one:*
    - (A) A Council member votes on a motion for a service that they could potentially gain from personally, professionally, or financially
    - (B) A Council member votes on a motion for a service that they use
    - (C) A Council member serves on an HIV Task Force
    - (D) A Council member used to work for a funded agency several years ago
  7. **In the Houston Area, what do the Administrative Agents do?** *Select one:*
    - (A) Provide direct services to Ryan White consumers
    - (B) Distribute HIV care funds by contracting with agencies that provide direct services to Ryan White consumers
    - (C) Bring tasty snacks to all the meetings
    - (D) Provide support to the Planning Council
  8. **Which of the following is an activity of the Houston Ryan White Planning Council (RWPC)?** *Select one:*
    - (A) Assessing the needs of People Living with HIV
    - (B) Allocating Ryan White HIV Program dollars
    - (C) Maintaining a Comprehensive Plan
    - (D) All of the above
  9. **Which organization provides HIV/STD prevention education and testing, and supports to the Houston HIV Prevention Community Planning Group (CPG)?** *Select one:*
    - (A) Ryan White Grants Administration (RWGA)
    - (B) Houston Health Department (HHD)
    - (C) Houston Regional HIV/AIDS Resource Group (TRG)
    - (D) Texas Department of Health and Human Services (DSHS)
  10. **What is the purpose of a Standard of Care, as it relates to HIV services?** *Select one:*
    - (A) To determine whether an agency gets funding from Ryan White
    - (B) To set the minimum level of quality for HIV services
    - (C) To measure client satisfaction with HIV services
    - (D) To evaluate agencies funded through Ryan White
  11. **Take a deep breath, and give yourself a pat on the back! You did marvelously. 😊**



# Houston Area HIV Services Ryan White Planning Council

## Office of Support

Project L.E.A.P. 2019

## Knowledge Assessment

The purpose of this questionnaire is to measure your understanding of core Project L.E.A.P. topics and skills *after* you have completed the course. You may remember completing the same questionnaire on the first day of the course. We will be comparing both questionnaires. This comparison helps us know how well we did in reaching our goal to help your Project L.E.A.P. class improve its HIV Community Planning knowledge, skills, and abilities.

Today's Date: 07/17/2019

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

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Please rate how well you currently understand each of the following topics:

<i>I understand...</i>	Very Well	Quite Well	Fairly Well	A Little	Not at All
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**Service Category Title: Grant Administration - Project LEAP****Unit of Service Definition:**

1 unit of service = 1 class hour of training to Project L.E.A.P. participants. No other costs may be billed to the contract issued for Project LEAP.

**GOAL:** Agency will increase the number and effectiveness of People Living With HIV (PLWH) and the affected community who can participate in organizations, councils and committees dealing with the allocation of public funds for HIV-related prevention and care services, through an effort known as "Project LEAP" (Learning, Empowerment, Advocacy and Participation). Enrollment should include 20 to 30 persons who are living with HIV. No more than 10 individuals are to be enrolled in the training program who are affected by HIV. The race, ethnicity and gender composition of the classes must reflect current local HIV prevalence data to the extent feasible. Agency will prioritize to enroll individuals from groups that are disproportionately affected by HIV disease, including youth and transgender persons living with HIV, in Project LEAP.

Project LEAP will increase the knowledge, participation and efficacy of PLWH and affected participants through a training program specifically developed to provide PLWH and affected persons with the knowledge and skills necessary to become active, informed, and empowered members of HIV planning bodies and other groups responsible for the assessment of HIV-related prevention and service needs in the Houston EMA/HSDA. The primary focus of training is to prepare participants to be productive members of local HIV planning bodies, with an emphasis on planning activities conducted under the auspices of the Houston Ryan White Planning Council (RWPC).

Each class provided during the term of this agreement will include graduation and at least:

- A. 44 contact hours of classroom training;
- B. 6 hours of participation in Ryan White Planning Council and/or Committee related activities; and
- C. 6 hours of participation in HIV-related community activities.

There will be no more than 2 classes at 56 hours per class. The Council-approved minimum outline for the training curriculum includes: HIV funding sources, general and specific operational procedures of HIV-related planning bodies, information regarding assessment of the needs of PLWH in the Houston EMA/HSDA, a general understanding of an RFP process, organizational case studies and mentoring, presentation skills, knowledge related to accessing services, overview of HIV-related quality assurance (QA) processes and parliamentary procedure/meeting management skills.

Agency will provide reimbursement of eligible expenses to participants during the period of enrollment to reimburse these participants for out of pocket costs related to

their participation, limited to transportation, childcare, and meals. Agency agrees to provide Harris County Public Health (HCPH)/Ryan White Grant Administration (RWGA) and the Houston RWPC with written reports and project summaries as requested by Harris County and in a form acceptable to Harris County, regarding the progress and outcome of the project.

**Agency will provide Harris County with a written report summarizing the activities accomplished during the term of the contract within thirty calendar days after the completion of the project. If completed with a noncontract agreement, written report must be submitted at the end, or before the end, of the project calendar year.**

**Objective 1: Agency will identify and provide training to at least 20 persons who are living with HIV and no more than 10 affected individuals in order for them to receive the necessary skills and knowledge to participate in the decision-making process to fund and allocate public money to HIV-related services in the Houston EMA/HSDA. The following training curriculum shall be provided:**

1. Information on PrEP and the sources and purposes of HIV service funds in the Houston EMA/HSDA;
2. The structure, functions, policies and procedures of the Houston HIV Health Services Planning Council (Ryan White Planning Council/RWPC) and the Houston HIV Prevention Community Planning Group (CPG);
3. Specific training and skills building in needs assessments, parliamentary procedures and meeting management procedures, presentation skills, a general understanding of an RFP process, accessing and utilizing support resources and role models, and competence in organizational participation and conduct; and
4. Specific training on HIV-related Standards of Care, quality assurance methods and HRSA service category definitions.

**Objective 2: Agency will enhance the participation of the people living with HIV and affected persons in the decision-making process by the following documented activities:**

1. Establishing realistic training schedule(s) which accommodate varying health situations of those selected participants;
2. Conducting a pre-training evaluation of participants to determine their knowledge and beliefs concerning HIV disease and understanding of HIV-related funding processes in the Houston area. Agency must incorporate responses from this pre-training evaluation in the final design of the course curriculum to ensure that, to the extent reasonably possible, the specific training needs of the selected participants are addressed in the curriculum;
3. Conducting a post-training evaluation to measure the change in participants knowledge and beliefs concerning HIV disease and understanding of HIV-related funding processes in the Houston area;

4. Providing reimbursement of allowable expenses to help defray costs of the individual's participation, limited to transportation, child care, and meals; and
5. Providing both lecture and hands-on experiential class activities to enable participants to maximize opportunities for learning.

**Objective 3: Agency will encourage cooperation and coordination among entities responsible for administering public funds for HIV-related services by:**

1. Involving HCPH/RWGA, The Houston Regional HIV/AIDS Resource Group (TRG) and other administrative agencies for public HIV care and prevention funds in curriculum development and training activities;
2. Ensuring representatives from the RWPC, the Houston Community Planning Group (CPG) and Project LEAP alumni are members of the Project LEAP External Advisory Panel. The responsibility of the Project LEAP External Advisory Panel is to:
  - Assist in curriculum development;
  - Provide input into criteria for selecting Project LEAP participants;
  - Assist with the development of a recruitment strategy;
  - If the agency finds it difficult to find individuals that meet the criteria for participation in the Project, assist with student recruitment; and
  - Review the final report for the Project in order to highlight the successes and brainstorm/problem solve around issues identified in the report. The results of the review will be sent to the Ryan White Operations Committee and the next Advisory Panel.
3. Collaborating with the Project LEAP External Advisory Panel during the initial 60 days of the Contract term. The criteria developed and utilized will, to the maximum extent possible, ensure participants selected represent the groups most affected by HIV disease, consistent with current HIV epidemiological data in the Houston EMA/HSDA, including youth (ages 18-24) and transgender persons living with HIV.

Agency will provide RWGA with the attached matrix and chart 21 and 14 days before the first class and again the day after the first class demonstrating that the criteria established by the Project LEAP External Advisory Panel was met. The matrix must be approved by RWGA 14 days before the first class.

# EXAMPLE

## Recommended Project LEAP Class of 2018

Candidate	M	F	T	HIV+	Non-Aligned HIV+	W	B	H	Youth Age 18 - 19	Youth Age 20 - 24
1	X			X	X	X				
2		X		X			X		X	
3		X					X			X
4		X		X	X			X		X
5	X					X				
6	X			X	X		X			
7	X			X	X	X				
Totals	4	3		5	4	3	3	1	1	2

Race/Ethnicity	EMA HIV/AIDS prevalence as of 12/31/10*		PC Members as of 09/01/11		Non-Aligned Consumers on PC	
	No.	%	No.	%	No.	%
White, not Hispanic	5,605	26.85%	7	19.44%	4	25.00%
Black, not Hispanic	10,225	48.98%	19	52.78%	8	50.00%
Hispanic	4,712	22.57%	10	27.78%	4	25.00%
Other	333	01.60%	0	00.00%	0	0.00%
<b>Total*</b>	<b>20,875</b>	<b>100%</b>	<b>36</b>	<b>100%</b>	<b>16</b>	<b>100%</b>
Gender	Number	Percentage	No.	%	No.	%
Male	15,413	73.83%	21	58.33%	11	68.75%
Female	5,462	26.17%	15	41.67%	5	31.25%
<b>Total*</b>	<b>20,875</b>	<b>100%</b>	<b>36</b>	<b>100%</b>	<b>16</b>	<b>100%</b>

\*Data are estimated cases adjusted for reporting delay. The sum total of estimates for each category may not match the EMA totals due to rounding.

## DRAFT

### 2020 Project LEAP Student Selection Guidelines

The following guidelines will be used by the Office of Support to select students for the 2020 Project LEAP cohort. They are presented in order of priority:

1. As outlined in the 2020 Service Definition for Project LEAP:
  - a. The Office of Support shall enroll 20 to 30 persons who are living with HIV prior to the commencement of the training program. No more than 10 affected individuals are to be included in the training program. Preference will be given to non-aligned (non-conflicted) consumers of Ryan White HIV Program services in the Houston EMA and high risk applicants.
  - b. Selected students shall be representative of the demographics of current HIV prevalence in the Houston EMA, with particular attention to sex, race/ethnicity, and the special populations of young adults (age 18 - 24) and people who are transgender and/or gender non-conforming.
- ~~2. Not a prior Project LEAP applicant.~~
2. If the applicant is a prior LEAP graduate, they may be selected for the 2020 cohort if they have not been appointed to the Planning Council following LEAP participation and if space in the class is available.
3. Be available for the 2020 Project LEAP class schedule.
4. Have the ability to commit to Project LEAP expectations in regards to class participation, activities, and homework assignments.
5. Demonstrate an interest in planning HIV services in the Houston EMA. Students should have an understanding of the expected roles of Project LEAP graduates in local HIV prevention and care services planning.
6. Demonstrate an interest in volunteerism, advocacy, and other types of community involvement. If possible, have a history of past volunteerism, advocacy, and/or community involvement.
7. Demonstrated interpersonal skills consistent with successful participation in Project LEAP, such as ability/willingness to work in a team, effective communication skills, etc.





## **MAKING ROOM AT THE TABLE: RECRUITING, RETAINING AND ENGAGING YOUTH AND YOUNG ADULTS**

Michelle: Okay everyone, hello, and welcome to today's webinar. Recruiting, retaining, and engaging youth and young adult. My name is Michelle Dawson, and I am a technical assistant's coordinator for the planning chat project..

\*\*\*\*\*

Michelle: Thank you so much. I think those are really excellent strategies, and can help planning councils be really successful and grow in this area. We do know that there are some different models of youth engagement, or young adult engagement, that have been employed by different jurisdictions. They all have benefits and challenges that are associated with them. Some jurisdictions have youth subcommittees, some have separate youth councils that are equal to the regular planning council. Other jurisdictions have youth and young adult as part of their full membership. An innovative idea is to offer sort of an at-large membership, prior to full membership, as a sort of trial run for involvement. But what we want to ensure, though, is that all different types of models of youth and young adult engagement, is that the youth and young adults are actually involved. It's important that whatever the model, it should be used in a way that amplifies the voice and needs of young adults and not as a way to limit or moderate that influence.



# PLANNING CHATT

Community HIV/AIDS  
Technical Assistance & Training

## MAKING ROOM AT THE TABLE: RECRUITING, RETAINING AND ENGAGING YOUTH AND YOUNG ADULTS

Michelle: Okay everyone, hello, and welcome to today's webinar. Recruiting, retaining, and engaging youth and young adult. My name is Michelle Dawson, and I am a technical assistant's coordinator for the planning chat project.

Michelle: Before we get started, we want to go through some technical details. First, you're all in listen only mode. But we do encourage to communicate with each other and ask lots of questions using the chat box. You can submit your questions at any time during the call, or during the question period at the end. Our presenters, along with the planning chat staff, will take as many of your questions as we can at the end of today's session. If you think of a question after the webinar, that's fine too. You can always email questions to us at [planning chat at JSI dot com](mailto:planning chat@jsi dot com).

Michelle: The easiest way to listen to our webinar is through your computer. If you can't hear well, check to make sure your computer audio is turned on. If you still can't hear us, or if you're experiencing sound delay, try refreshing your screen. You can also mute your computer audio, and call in using your telephone number that you see on the screen. You'll need to use the passcode which is also listed on the screen. And this will be copied in to the chat as well.

Michelle: So we'll start out today with a welcome, some introductions, and our objectives. Then we'll move into a discussion of the state of planning councils and planning bodies with regard to youth and young adult involvement. We'll provide strategies that you can use to recruit and retain youth and young adults, and how to achieve and maintain intergenerational harmony. We'll be taking questions through the chat box throughout the webinar. And we'll aggregate them for response at the end.

Michelle: So by the end of today's webinar, you'll be able to understand the value of a multi-generational planning council or planning body. Identify strategies to recruit youth and young adults to your planning council or planning body. Identify strategies to engage and retain youth and young adults in planning council, planning body activities. And identify strategies for multi-generational harmony in planning council and planning body operations.



Michelle: So first I'd like to take a moment to acknowledge our HRSA/HAB colleagues, who make all of this good work possible. Stephen Young is the director of the division of Metropolitan HIV/AIDS programs in HRSA/HAB. And Lenwood Green is a project officer at the division of Metropolitan HIV/AIDS programs in HRSA/HAB. And we'd like to thank them and all their colleagues at HRSA for their continued support of the planning chat project, and the Ryan White HIV/AIDS program, Part A planning councils and planning bodies.

Michelle: As you know, these webinars are put on by the planning chat project. And planning chat builds the capacity of the Ryan White HIV/AIDS program Part A planning councils or planning bodies across the United States. And our goal is to help planning councils and planning bodies meet their legislative requirements, strengthen consumer engagement, and increase involvement of community providers and HIV service delivery planning. We conduct lots of webinars, which are all archived on our planning chat website, which you'll hear about later. As well as post lots of resources for you all to use. And you can access all of that at our website, which we'll talk about a bit later.

Michelle: Joining me today as a presenter is Mr. Venton Hill-Jones. Mr. Hill-Jones is the founder and chief executive officer of the Southern Black Policy and Advocacy network. Venton has worked with some of the nation's leading public policy organizations and academic institutions, responding to HIV and other health disparities, including AIDS United, National Black Justice Coalition, National Black Gay Men's Advocacy Coalition, and the University of California San Francisco Center for AIDS Prevention Studies. In these roles, he's worked to advance public policy and building effective coalitions. Venton currently serves as the chairman of the Dallas HIV taskforce, and is an appointed member of the Ryan White planning council of the Dallas area. Venton has a long history of successfully initiating innovative and effective new initiatives and non profit organizations, and his extensive background has led him to serve as an expert consultant on mobilizing black and LGBT communities, HIV/AIDS, and other health disparities for community based organizations, health departments, federal and state government entities throughout the United States. So thank you for joining us today.

Michelle: I also want to take a moment to call out some people in organizations who provided insights and strategies that informed the development of today's



presentation. Danielle [Griffin 00:45:52] of Thrive SF, Trina Scott of the Kaiser Family Foundation, and the Austin Department of Health.

Michelle: So let's get started. We know that today, youth ages 13 to 24 make up a substantial proportion of new HIV diagnoses in the United States and its territories. Despite knowing this, youth are least likely to be successfully linked to or retained in care, or to have achieved [inaudible 00:46:25] suppression. Thus, in addition to information and tools to help them reduce their risk of acquiring HIV, make healthy choices, and get in staying care if they have HIV, we need to have youth and young adults involved. But, how do we do that? How do we ensure that prevention and treatment services are accessible to youth and young adults, and that youth and young adults are well served when they get there?

Michelle: So who is a youth or young adult? For the purposes of today's conversation, we're going to talk about youth and young adults, that is, everyone between the ages of 13 and 35. And I know, that's a huge range. But this is because these are the folks who are not really engaged with planning councils and planning bodies. And so this is the group that we really need to be working to engage. And so you see here on your screen that often we see typical descriptions of young people being adolescent, 13 to 19 years. Young adults 20-24. But today, we're really kind of talking about youth 13-19, and young adult being 20-35.

Michelle: So let's get started by putting ourselves in the mindset of a young person. We're going to take a quick look at the worldview of an 18 year old person. We'll talk about some of the things that are true for an 18 year old person, who was born in 2001. And this list is a subset of the annual Marist Mindset List.

Michelle: So to start, for an 18 year old, September 11th has always been a historical event. Nearly half of their generation is composed of people of color. The Mars Odyssey has always been checking the water supply on Mars. Only two thirds of their generation identify as exclusively heterosexual. They've witnessed two African American secretaries of state, the election of a black president, Disney's first black princess, and the rise of the Black Lives Matter movement. There have always been smart watches. And they have never known a world without HIV. So, what we're going to do now is take a minute to think about what our planning councils look like. Now that we've thought about what the worldview of an 18 year old might be, and how that might be different from our own. Let's get an idea of your jurisdiction's planning council planning body leadership. In

the poll, tell us into what age group your youngest planning council or planning body co-chair falls. If you don't know for sure, that's okay. Just give us your best estimate.

Michelle: Okay, I'm seeing the answers come in. And what I'm seeing here is actually a pretty good distribution. But really seeing that for most of the people who wrote in, let's see, over ... about 70 percent of you, your youngest planning council or planning body co-chair falls in their 30's, 40's, 50's, or 70's. So that says something. And we should be thinking about that as we move through today's presentation. I'll share these results.

Michelle: So what we see is that the planning council planning body membership and leadership are generally older. And we looked at some of the data from the six jurisdictions with the highest percentage of youth and young adult members, and only two of those six memberships had more than 30 percent of their members be younger than 39 years old.

Michelle: So why does this matter? One might say that older folks have more experience, or are more experienced with the policies, procedures, and goals of the planning council, and are therefore able to more efficiently conduct business. The concern is that a homogenous planning council or planning body is not reflective of the epidemic in the community. One of the concerns is that if your planning council or planning body is not reflective of the people with HIV in your community and all of the different ways in which people are diverse, then the planning council or planning body might not have a complete understanding of the facilitators and gaps in care.

Michelle: For example, people aging with HIV and people who are young or newly infected with HIV, will have very different experiences in their life and in their care needs. And we need to be sure that we're meeting these diverse needs. And a diverse, representative planning council and planning body helps us to do that. Diverse planning council and planning bodies provide community memory and community experience. More tenured planning council and planning body members can remind newer members of the need for continued consumer involvement in and leadership of care priorities. Planning councils also need young people to help keep up the energy of the planning council. To continue its work. And to get an idea for what a newer generation is thinking, and the challenges and facilitators that they're experiencing. But to be successful, they need longer term members to train them and support them. I'm going to hand it



over to Venton right now, to talk a little bit about other ways that youth and young adults are important.

Venton: Thank you so much, Michelle. I think one very important point that you mentioned is just the need to ensure that not only youth are represented on the council, but diverse populations of young people. Particularly in this moment, as many jurisdictions are creating [inaudible 00:53:24] epidemic plans to talk about and highlight strategies to end the HIV epidemic by 2030. The voices of young people really have to be a part of that plan. And we have to make sure that we understand that key populations, particularly young people, African American and Latinx communities, we cannot end the HIV/AIDS epidemic without bringing the voices and the needs of diverse parts of these communities.

Venton: And definitely, a generalization to young people, as you mentioned at the beginning of the presentation, acknowledging the gaps of the definition of young people. And making sure that we have 18 year olds represented. We also make sure that we have people in their young twenties and their older twenties represented. But also, the conversation around the thirties. Because in some circles, even in the thirties, young thirties, are still counted as young people. So how do we have this conversation and ensure that there's earnest investment in those voices to make sure that any plans that are created represent the needs of populations that are critical in ending the epidemic in the next ten years.

Michelle: Thanks so much. So as Venton just said, it's really imperative that planning councils and planning bodies be reflective of the epidemic in order to effectively fulfill their tasks and obligations. As we know, planning councils are tasked with determining service needs, establishing priorities for allocation of funds, providing guidance to the recipients on how to best meet priorities, and helping to ensure coordination of Ryan White HIV/AIDS program and other services, including prevention.

Michelle: So, not only is it required for planning councils and planning body membership to be reflective of the community, it's essential to the success of their core tasks. If we aren't successful in this, we could be missing the needs of an important portion of our community.

Michelle: So now that we understand the state that we need to get to, which is a planning council and planning body that's diverse in age, we want to know how we get youth and young adults to the planning council and planning body. The first

strategy is that your planning council and planning body needs to determine that recruitment and retention of youth and young adults to the planning council or planning body is a priority. This is going to take intentional effort, and active involvement of the youth and young adults as a means by which to ensure representation and needs, needs to be an intrinsic value of the planning council. To actualize this priority, we recommend that you set a realistic goal for recruitment of youth and young adults. Track your progress to that goal over time. When you're tracking, be sure to monitor not just the number that you recruited, but how they were recruited, which recruitment strategies were successful, and which were not. And your planning council can use this information to hone and improve your recruitment efforts in the future.

Michelle: Once you've made the intentional decision to actively recruit youth and young adults to the planning council or planning body, you should take some time to consider what you're currently doing. Your current recruitment strategies. Understanding where you are can often be the first step in knowing where to go next. So take a critical eye to your recruitment materials. Who develops them? Were youth and young adults involved in the design or development? In what way were they involved? What do they look like? Are they black and white, are they colorful? Are there photos or images? Who is in those photos and images? What is the medium of your recruitment materials? Are they videos, are they clips, are they flyers, are they memes? Are they something else? Where do you advertise? Are you posting to social media? If so, what platforms? Are you going to youth serving organizations? Do you participate in the local pride parade? Do you go to schools or colleges or universities?

Michelle: What language are you using? Is it jargon? Is it wellness oriented? Who are you referring to, who are you talking about? When do you recruit? Are you recruiting during business hours, after hours, on weekends? Who does the recruitment? Are the people conducting outreach and recruitment youth or young adults, or are they older? Are they members of the planning council or planning body? And then, once we've thought about all those things, we need to think about ways that we could improve. And things that you could do to change what you're doing, or think about the things that are successful and could be enhanced.

Michelle: So what could we change? In order to get a different outcome, you will need to make changes to how things are done. And this is why we talked about



recruiting youth and young adults as requiring intentionality. To the extent possible, we want to empower and support youth and young adults currently involved in planning council and planning body activities and operations to guide these efforts. Allow them to think about and select the language that's going to be used in recruitment tools. Many youth and young adults are more responsive to language that places HIV services in the context of broader health and wellness, rather than language that's kind of traditionally been used. For example, consumer or behaviorally based language like MSM.

Michelle: Consider the epidemic in your area. Who is at the greatest risk for HIV in your community? And do the images, if you have any, that you use for planning council or planning body recruitment reflect that reality?

Michelle: So you might ask, where do I find the young people? Where do I find them to recruit them? This is a great question. And it's one that's perhaps best answered by the youth or young people that you have involved in your planning council or planning body now. But in the absence of current involvement, or in addition to their suggestions, your planning council or planning body might consider conducting outreach at or with youth serving organizations, at LGBTQ centers at local colleges or universities, in high school health classes with permission, of course. And at events held by youth and young adults. In short, it's recommended to go to their events, go to where they are, rather than expecting them to come to your events. Meet them in their comfort zone, and find ways to bridge the gaps between where they are, and where you'd like them to be, which is involved in your planning council or planning body.

Michelle: So how do I talk to young people? Once we found the young people, you should endeavor to use language comfortable for and familiar to youth and young people. For example, many planning councils and planning bodies and experts in youth and young adults with HIV tell us that young people are uncomfortable with consumer, as in consumer services, the consumer language often used by planning councils and planning bodies. And so I think now Venton is going to take some time to talk to us about tailoring conversations to different audiences.

Venton: Yes. One important key item to really take into conversations and understanding recruitment for young people, is to know that young people are not just people living with HIV when it comes to recruitment on councils. They are young professionals who work for the organizations that are within the



council's jurisdiction. There are young people that also work in other industries and various areas of their career and also their lives. So we have to make sure that we're not just, again, when we're talking about this consumer language, not just using language that identifies a young person only coming from a perspective of one that is living with HIV, and making sure that we're very [inaudible 01:02:09] that we're bringing them for their experience, and to be able to really build their leadership in order to ultimately take leadership positions and leadership roles within jurisdictions on planning councils and planning bodies.

Michelle: Excellent. Thank you. So another strategy is to frame planning council and planning body involvement in relation to the values that they already hold and already care about. For example, many youth and young adults care deeply about health and wellness. And by framing involvement with the planning council and planning body in terms of improving community health and wellness, rather than focusing recruitment language around HIV, which is kind of a singular issue, you could reach a broader audience.

Michelle: Another strategy would be to link planning council and planning body involvement and service coordination role to social justice and community activism. Both of which are really important to many youth and young people.

Michelle: And these strategies, they serve to show that you don't necessarily need to change your identity or what you're doing. But you just might need to change how you're framing what it is that you're doing, in order to bring new people to the table.

Michelle: Recruiting youth and young adults to planning councils and planning bodies can be challenging. If you have very few or no youth or young adults on your planning council or planning body, you might not really know where to go to start to find or to talk to youth. Additionally, youth and young adults' stage of life can make it difficult or challenging for them to feel like they can make a long term commitment, such as the one that many planning councils and planning body membership requires. We know that sometimes it's a long term commitment to membership. At least for a year or maybe more.

Michelle: So for example, perhaps you're 28 and you work a regular job, and a second job. You don't have the flexibility in your roles to make meetings during business hours. And you might have a small child to take care of at home after your shift.

Or perhaps you're 17 and in high school, and need to attend classes during the day, and you don't know where you'll be next year after you graduate high school. Or, if you're a consumer, your ability to participate in the planning council or planning body could be directly related to the things in your life that affect your ability to engage or stay in care. You might be experiencing homelessness, or housing instability. And planning council involvement is not contributing directly to your ability to overcome these challenges, which would be your ability to change that.

**Michelle:** Administrators and organizations are paid to attend, often. But consumer members are not. And so, I'd like to hand it over to Venton to talk a little bit more about the challenges of being a young person on the planning council.

**Venton:** Yes, thank you Michelle. I think that every point that you made is definitely considerations. Also, understanding that the work of the planning council and planning body is intense if you are an active member, because by being an active member, the work on the council doesn't just begin and end with attending the monthly council meetings or the committee meetings that may take place. It's also understanding the documents that you are asked to give feedback, give votes, and give voice to. And making sure that young people and all new members that are brought on, are adequately trained to be able to give the level of feedback needed to be able to engage in that process. And unfortunately, for many, just having the information at the meeting to be able to glance over and vote at, is not sufficient to be able to have that level of participation.

**Venton:** So again with young people, we have to make sure that there's an understanding that there's a need to invest so that young people can be active and be able to contribute at that level.

**Michelle:** Thank you so much. Another challenge faced by planning councils and planning bodies, and it's a little bit related to what I alluded to before, is that youth and young adults today often perceive their life experience, their expertise as a young person with HIV, as intellectual property. And they want to be appropriately compensated for their time and expertise. Planning councils and planning bodies are made up of volunteers. That could be another challenge that we have to work to overcome. And later in the seminar, we'll go through some of the strategies to help overcome these challenges.

Michelle: So once you get youth and young adults interested in being involved in planning council and planning body work, and get them to a planning council planning body meeting, how do planning councils and planning bodies engage them, so that they're effectively retained as a part of planning council and planning body?

Michelle: The reason we need to talk about engagement and retention is that recruitment can only be as successful as engagement and retention. If you recruit a number of youth or young adults to your planning council, but they attend only one meeting, and then never return, you've really not made a difference in the operation of the planning council or planning body. And you'll need to recruit over and over again. You kind of get stuck in this cycle of continuous recruitment. We should always be recruiting, but we're not able to capitalize on any growth or movement that we had.

Michelle: So that's why in the next few slides, we'll go through strategies for recruitment, as well as engagement and retention, because they're often interchangeable. If you recruit a young person, and they have a meaningful experience, they'll tell their friends and their colleagues about it. And then you're using young adult involvement and engagement will grow.

Michelle: So we get young people to the table. What do we do once they're there? First, we recommend finding and engaging a youth and young adult champion. That is, a person who wants to spearhead young adult and youth recruitment and engagement efforts. If possible, your champion should be a young person, because youth and young adults know other youth and young adults. And as we mentioned earlier, kind of use language that frames HIV in the context of health and wellness.

Michelle: We might encourage flexibility in meeting attendance, and consider permitting alternate forms of attendance, such as video conference or teleconference. And we know that there are local guidelines around this, but we might want to consider the accessibility and flexibility that would come with these options. And also consider changing your meeting times to be more accessible, and limiting the amount of meetings that we might have to attend.

Michelle: And now Venton has some more strategies for success. And if you just want to let me know when to switch, I can do that.

Venton: Okay. Next slide please. Ultimately, we have to think differently about how the work around recruiting young people is done. And so, once area is look at opportunities for engaging young people as interns or staff for your administrative agencies. In this way, you are getting youth and young adults interested, as well as involved in planning council operations, in a way that works for them. And may perhaps lead to membership in the planning council, and also to recruit their friends that they may know.

Venton: If you're going to hire young people or young adult people, be sure to pay them an appropriate wage whenever possible. If it's not possible, we have to look for ways to compensate them for their time and experience. And so, for example, when you are in a volunteer capacity, what are ways that can be promoted to find for volunteer or community service hours, or school credit for their activity?

Venton: In the end, I think it's important to just realize that a person's time and experience are their intellectual property. And intellectual property has value. We have to incentivize and engage [inaudible 01:11:40] with the planning council by encouraging the young people and young adults that you want to be involved to possibly be a part of a project that could be able to work on behalf of the council, and support their attendance at conferences such as the United States Conference on AIDS, or a faith conference on addressing HIV.

Venton: The end product though, of this project, can be something that benefits the planning council or the community that the youth or the young adult represents. And that they can also be a part of a young person's professional portfolio that can also lead to possible legislation or changes in policies, or being a part of videos or media projects that can really be able to highlight the voices of young people in local communities. Next slide please.

Venton: And also, another strategy is to offer specialized training before planning council events. Such as ways to describe ... excuse me, I think that ... oh excuse me, I had some notes. One thing is to look at specialized training before events, and being able to describe what activities are before going into meetings, and also giving context that when activities are occurring, and also if there are any procedural steps that they need to know or follow in order to complete the activity. Planning council meetings can be challenging, and oftentimes the conver ... [inaudible 01:13:22] can also be used as intensive, that the meeting could be boring. So we have to make sure that we better understand what the

planning council is doing. And how to make sure that we make the experiences more interesting and meaningful to our membership. And therefore, improving engagement of the young person that you want involved.

Venton: Specialized trainings can help break down language or jargon barriers that can oftentimes confuse new members. And the language that planning councils and planning bodies use can be exclusive language that is very unfamiliar ... that the message, it's surrounded in policy that's oftentimes very unfamiliar to young people. So it's very important that that's taken into consideration, as you talk about involvement of young people. Next slide.

Venton: And so, when youth or young adults become more involved in planning councils, it is important that intentional efforts be made towards making sure that a young person feels empowered to speak up for themselves, and also those that they represent on planning council bodies, or working with the planning council or administrative agencies.

Venton: One way to encourage this is to have a young person serve as one of the co-chairs of the planning council or committee. And by elevating a young person to this role, you are amplifying their voice, highlighting their value, as well as encouraging other people to get involved in the council in a meaningful way. And to prepare young people for roles such as co-chairs, the planning council may want to offer leadership training that can take place, again, either before meetings, or also on other days that that's convenient for young people. And you'll know that when you have conversations with them in community.

Venton: And having these trainings can also help other people prepare for these roles, and also build transferable skills for other aspects of a young person's life, career, and investment in ending this epidemic. And when young people ultimately show interest in, or become involved in the planning council, we have to find ways for them to be meaningfully involved. Their time, their investment in the planning council, needs to feel of value to them and to the planning council. It's important that we don't just have them joining meetings for the sake of filling the slot, or checking the box. We have to find ways that they can apply their skills, and also their interests, to advance the goals of the planning council and planning body. And that's ultimately to improve the lives of those living with HIV, or ultimately to, depending upon the body that you're involved with, also prevent the additional transmission of HIV to new individuals.

Venton: And so for example, one planning council noted that some of their young people used their video production skills to make a planning council improvement video. That's ultimately, projects like that help put young people in decision making roles. And this doesn't necessarily mean that you should immediately become a co-chair. But there are decision making roles outside of those, that the young person decides where to conduct outreach or recruitment activities. Like I mentioned earlier, the possibility of serving as a committee chair, and also another option is to start a youth or young adult committee or caucus, that allows them to discuss how this community is best served as well as recruit other young people to be able to raise their voice for the needs of young people and young adults. So I'll turn it back over to Michelle.

Michelle: Thank you so much. I think those are really excellent strategies, and can help planning councils be really successful and grow in this area. We do know that there are some different models of youth engagement, or young adult engagement, that have been employed by different jurisdictions. They all have benefits and challenges that are associated with them. Some jurisdictions have youth subcommittees, some have separate youth councils that are equal to the regular planning council. Other jurisdictions have youth and young adult as part of their full membership. An innovative idea is to offer sort of an at-large membership, prior to full membership, as a sort of trial run for involvement. But what we want to ensure, though, is that all different types of models of youth and young adult engagement, is that the youth and young adults are actually involved. It's important that whatever the model, it should be used in a way that amplifies the voice and needs of young adults and not as a way to limit or moderate that influence.

Michelle: When we're successful in engaging and retaining youth and young adults in the planning council or planning body activities, we'll have a multi-generational planning council and planning body. And like any multi-generational work environment, there are some great synergies and benefits, but there are also challenges. And together, the generations can create and excel.

Michelle: And so, there are some strategies that you can see here, that can help your planning council and planning body to work together to achieve your common goals in a harmonious way. And these are some general strategies often employed in multi-generational workplaces, but are very applicable to planning councils and planning bodies. And the first is of course to establish respect.

Understand and accept that generations are different than yours. Think about what your planning council and planning body members do to build and show mutual respect to each other, particularly people from different generations. And if you have ideas on how this is happening in your planning council, how you're establishing respect, do tell us in the chat. We'd love to hear that, and I know that your colleagues would love to hear that as well.

Michelle: To the extent possible, be flexible and accommodating with regards to people's schedules, their time, commitments, and desires. And if you have ideas about the types of policies, protocols, and commitments that you might need to be flexible with in your planning council, or might want to think about being flexible with, go ahead and tell us in the chat, so that it can help start other groups thinking about what they might need to think about with their own planning councils.

Michelle: You want to avoid stereotyping. Instead of assuming the worst about a person or their generation, fight unconscious bias, and accept individuals based on their merits, rather than kind of typical members of a generation.

Michelle: By demonstrating willingness to listen to or adopt new ideas, and by working collaboratively, you can change perceptions and attitudes. And we want to think about the assumptions that planning council bodies and planning council members might be making about other generations, and what those things that we might need to check, in order to work together productively. One example, I think that Venton mentioned a little bit earlier is an assumption that a young person is ... might have limited knowledge or experience in HIV, when in fact a young person could very well be a young professional working in HIV. And doesn't necessarily want to be treated the same as if they were a 13 year old student. So we need to be mindful that just because a person is younger than you doesn't necessarily mean that they don't have knowledge and experience.

Michelle: We want to learn from one another. Each person has skills and experience to bring to the table, and the planning council is stronger than any individual alone. So we want to focus on amplifying a person's strengths, rather than thinking about how they're different from you. And so you want to think about who is on your planning council? What are their strengths? What do youth and young adults bring to the table? I know that Venton mentioned earlier, somebody brought video production skills to the table. That's excellent. And so couple that



with a more tenured representative's knowledge and experience with the planning council, and together you can create something amazing.

Michelle: You might want to tailor your communication style to the needs of different planning council or planning body members. If you're just sticking with one mode of communication you risk alienating people. So if you're only communicating by telephone call, you might be alienating people who strongly prefer texting. If you write really informally, you risk alienating people who prefer a more formal means of communication. So you want to think about the changes that you can make to your communications. Both internally to your planning council, and externally, so make them accessible to younger audiences.

Michelle: Also, we want to make sure that we're not overlooking how similar generations are, rather than dwelling on differences. Many generations value feeling engaged, they value fair play, building a better quality of life and a better service coordination for people living with HIV and AIDS in your jurisdiction. Being respected. We want to look for inter-generational common ground. And so one of the best ways that you can do this is to show your planning council and planning body members, and potential members, the common values that you have. Which are trying to improve life and wellness for people in your community. That is a uniting force. And that can really bring everyone together. Because we're all trying to do the same thing. We might have different ways of getting there, or different ways of talking about it, but we're all trying to do the same thing.

Michelle: So we want to know, what types of assistance would be beneficial to help your planning council and planning body implement the strategies that you've heard here today? I you want to tell us in the chat, we'd love to have that information so that we can help support you. Because we know that this has probably brought up some new thoughts for you. I'll give you a moment to respond.

Michelle: I'm loving seeing these things come in through the chat. I'm hearing that you're interesting in sample guidance, hearing from other planning councils, so I'm hoping that everybody will share in the chat, and I'm really hopeful to see that folks will share their success stories. And if people wanted to share them with us, we can find ways to communicate that back out. You can always reach us at our planning chat email.



Michelle: Okay. So I'll let you guys keep responding in the chat, because I'm really enjoying seeing what you're talking about. But in the meantime, I want to take some time to thank you for joining us today. I would like to encourage you if you have any other questions, we've been aggregating your question and answers as we go, and so if you have anymore, please chat them in, and we'll do our best to respond to them. While you're thinking about any questions that you have, I'd like to mention that today's webinar was recorded and will be archived on our target HIV page, which is target HIV dot org slash planning hyphen chat, with two T's. All participants in today's call will also receive an email when it's posted, so you can share with your colleagues. And all of our tools are also posted on that page. It's definitely a great place to go for resources. You can also find us by going to the target HIV website homepage, and looking through the topic library there.

Michelle: Okay so I'm going to take a minute to look through these Q and A questions, and make sure that we get your questions answered. Okay so I'll start with the first question. How do you justify to other planning council or planning body members that don't get incentives, while other members such as youth do? And so, I think that one of the things that I would say is that we aren't necessarily incentivizing with monetary, though if you're employing folks, it's always best practice to pay people. But can you find ways to be creative about incentive? Can you find a way to create some sort of ... that the youth or young adult could create some sort of deliverable that they could use? If they're creating a documentary, they have that, that's on their resume, that they can show that and take it somewhere else, resume building opportunities. Something with a defined end product that can be taken and built somewhere else.

Michelle: You might offer leadership training. That's a transferable skill. Or conference attendance. And so, we want to think about ways to incentivize, or just even calling them incentives. Things that you might have done anyway, but really finding a way to repackage that so that it is understandable as such. Because we know that there are limitations on what you can and can't do. And perception of eligibility.

Michelle: There is a question, another question. How can you prepare longstanding members to be more open minded to bringing in new members? And so, I would say that you really need to bring this back to the roles and responsibilities of the planning council. Planning councils and planning bodies need to be



representative of and reflective of their communities. Without bringing in new members, particularly youth and young adult members, you're not able to confidently say that you're meeting the needs of everyone.

Michelle: And this is also, you could also frame this as saying, this is not a change in what we're doing. It's not a change in the mission. We're just finding new ways to be friendlier to new generations, so that we can meet the evolving needs of the people in our community. And a recognition that different people in our community have different needs that we need to be meeting. And we need to have their voice in order to do that. That's very consistent with the messaging and the goals of planning councils and planning bodies. And so if we really bring it back to what is the purpose of the planning council and the planning body? There should be a recognition that this is important and possible.

Michelle: And so then there was a question: can people under 18 years old serve as planning council or planning body members? And I could hand this over to our HRSA colleagues. Let me ... but I can also, let me see if I can do that, if he's willing. Lenny you're unmuted now. Would you like to respond to this question?

Lenny: Repeat the question.

Michelle: Oh yeah. Can people less than 18 years old serve as planning council members?

Lenny: There is no real legal issue in regards to that. There may be some local concerns when you get to someone maybe 16 or under, or considered a minor status, about parental guidance or consent. But in regards to Ryan White, we welcome the youth input. So we would try our best to work as closely as we can with ensuring that parents are involved or are aware that there's participation by minors. But we really don't speak to that. There's a lot of local issues that may step in there. So we would always default to that.

Michelle: Thank you so much for that.

Michelle: Okay, and then I see we have another question about framing HIV as a part of health and wellness, and linking to other concepts and ideas that are a part of the milieu of what is going on in the world right now. And so I would just say that this is something, it's just a strategy, I would recommend you talk to the young people in your community and think about what are the things that planning councils and planning bodies, what are they associated with? Is it a



part of ... are there things that are maybe more tangible, or at least a little bit more present in the lives of young people than a planning council or planning body, which they might not know about.

Michelle: And so health and wellness is certainly something that youth and young adults are thinking about often. And so we want to be thoughtful about saying, oh, this is a way that you can be involved with improving the health of your community. This is a way that you can be involved in your community. And so kind of reframing from a really narrow focus on HIV, into a broader, bringing you into a new broad landscape that people might be more familiar with, and more comfortable with. And I do think there were some other folks who wanted to respond to that, so I'm going to open that up.

Lenny: Hi this is Lenny. One of the things that we can also look at is disparities in general. We find that oftentimes, some of the social issues or the economic issues that drive diabetes, high blood pressure, a good portion of these health concerns are based in disparity, also drive our HIV concerns. So when you look at it holistically, if you couch this in a wellness program, and accept it just from HIV [inaudible 01:34:50], it also tends to reduce the initial stigma that some folks may have with approaching a conversation about HIV for fear of unintentional disclosure. So there's many ways you can look at this, and incorporating it into other wellness activity is one of those ways. So it's something to give some food for thought, or some consideration to.

Michelle: Thank you so much. And I'd just like to remind you, if you have more questions, you can go ahead and chat those in. And I'm loving to see all these different ... I'm loving the answers that are coming in, and the things that you're chatting to each other, because really showing that this is an area that you all want to grow in and improve in, and really help build your planning council in this area. And so I'm really pleased to see that.

Michelle: As you're taking another moment to ask anymore questions that you have, I'd like to again remind you that you can download slides, recording, and all of our past webinars from our planning chat website. Slides from today will be available, along with the recording in the future. And all of that will be available on the planning chat site.

Michelle: Okay, well I'm not seeing anymore questions come in. So I'm just going to say thank you all so much for attending today. Be sure to visit our website to sign up



for our mailing list. Download tools and resources. View archived webinars and more. And please to take a moment to complete the evaluation when that comes to you. We really do use those, and would love to see what you think and how we can improve.

Michelle:

Of course you can always contact us at planning chat at JFI dot com. I do think that the evaluation link is going to go out in the chat, but if it doesn't, you'll receive it later. Thank you so much, and I hope you all have a great day.

## SLATE OF NOMINEES

As of Thursday, November 7, 2019 the following people have been nominated as officers for the 2020 Ryan White Planning Council:

### Chair:

Allen Murray  
Tana Pradia  
Carol Suazo

### Vice Chair:

Ronnie Galley  
Tana Pradia

### Secretary:

Tony Crawford  
Tana Pradia

**Members Eligible to Run for  
Chair of the  
2020 Ryan White Planning Council**  
(as of 10-24-19)

According to Council Policy 500.01 regarding election of officers: "Ryan White Part A, B and State Services funded providers/employees/subcontractors/Board Members and/or employees/subcontractors of the Grantees for these entities shall not be eligible to run for office of Chair of the Ryan White Planning Council. Candidates will have served as an appointed member of the RWPC for the preceding twelve (12) months and, if needed, have been reappointed by the CEO. One of the three officers must be a self-identified HIV positive person. " Nominations for all three positions: Council Chair, Vice Chair and Secretary, must be submitted to the Director of the Office of Support before the end of the November Steering Committee or at the December Council meeting, which is the day of the election.

Eligible To Run for Chair (\* must be reappointed):

Veronica Ardoin  
Rosalind Belcher\*  
Tony Crawford  
Bobby Cruz\*  
Johnny Deal  
Ronnie Galley\*  
Gregory Hamilton  
Angela F. Hawkins  
Melvin Joseph  
Arlene Johnson  
Tom Lindstrom  
Holly Renee McLean  
Rodney Mills\*  
Allen Murray\*  
John Poole  
Tana Pradia  
Gloria Sierra\*  
Crystal Starr  
Carol Suazo  
Bruce Turner\*

Not Eligible To Run for Chair

Ahmier Gibson-conflicted (Legacy Community Health)  
Allison Hesterman-employee (Tx. Dept. of State Health Services)  
Dawn Jenkins-conflicted (Harris Health Systems)\*  
Daphne Jones-conflicted (City of Houston)\*  
J. Hoxi Jones-employee (Tx. Health & Human Serv.)\*  
Denis Kelly-conflicted (Avenue 360)  
Niquita Moret-conflicted (City of Houston)  
Matilda Padilla-conflicted (AIDS Healthcare Foundation)  
Faye Robinson-conflicted (City of Houston)\*  
Pete Rodriguez-employee (HRSA)  
Imran Shaikh-conflicted (City of Houston)

## **QUALIFICATIONS FOR ALLEN MURRAY**

### **Nominee for Chair, Ryan White Planning Council**

- |                |   |
|----------------|---|
| 2005-2011      | Served on the Michigan HIV/AIDS Council where I was a member of several committees.   |
| 2013           | Moved to Houston  |
| 2014           | Graduated from Project LEAP<br>Graduated from the Positive Organizing Project – Houston (POP+)  |
| 2015           | Became an external member of the Ryan White Comprehensive HIV Planning Committee  |
| 2016 - Present | Appointed to the Houston Ryan White Planning Council. Served on a number of committees and co-chaired the Affected Community and Operations Committees. Currently, the Chair of the Operations Committee. |
| 2017 and 2019  | Very active as an HIV advocate in both Texas legislative sessions   |
| 2019           | Became an active ally for Positive Women’s Network Organizing Power 2020. I was the only cis-male at the conference. The women went out of their way to make me feel welcome.                             |

# **RONNIE G. GALLEY**

ronniegalley@sbcglobal.net

Thank you, I accept the nomination for Vice Chair for Houston Ryan White Planning Council 2020. Based on my 2019 Attendance record, I have no expectations of not meeting the 2020 attendance.

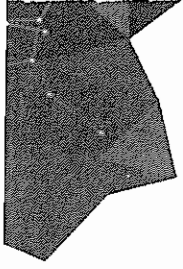
I am a 34 year retiree U S Postmaster from Beaumont TX area. I have supervised over 100 employees in Houston and managed supervisors, letter carriers, and clerks in Beaumont-Port Arthur-Orange area.

I am a 2017 Project LEAP graduate. I have volunteered on several outreach programs, such as Road 2 Success, Miss Utopia, and other workshops.

## **QUALIFICATIONS:**

- Evaluation Workgroup
- Steering Committee
- Planning Council member
- Operations Co-Chair
- Affective Committee Vice Chair
- Quality Improvement Vice Chair
- Project LEAP Advisory Committee
- Project LEAP Recruitment Committee
- Project Path Committee
- HIV & Aging Coalition





# Secretary Position

I am Tony Crawford and I am applying for the position of Secretary of Ryan White Planning Council / Houston, Texas.

This will be my first attempt to sit as an officer and have true responsibility and accountability. I am a graduate of the Ryan White Planning Council class of 2018. I have volunteered and participated to help my fellow members involved with the project to end the HIV epidemic growth in the Houston area. I am on two committees; Quality Improvement Committee and Affected Community Committee.

This is an opportunity to grow, learn and become an active member of an organization which I believe in and have witnessed the beneficiary results of its determined task to end the lack of education of people living with HIV and attaining a zero growth of HIV cases in the Houston area.