

HOUSTON RESOURCE GUIDE

The "Blue Book"

HOUSTON GUIA DE RECURSOS

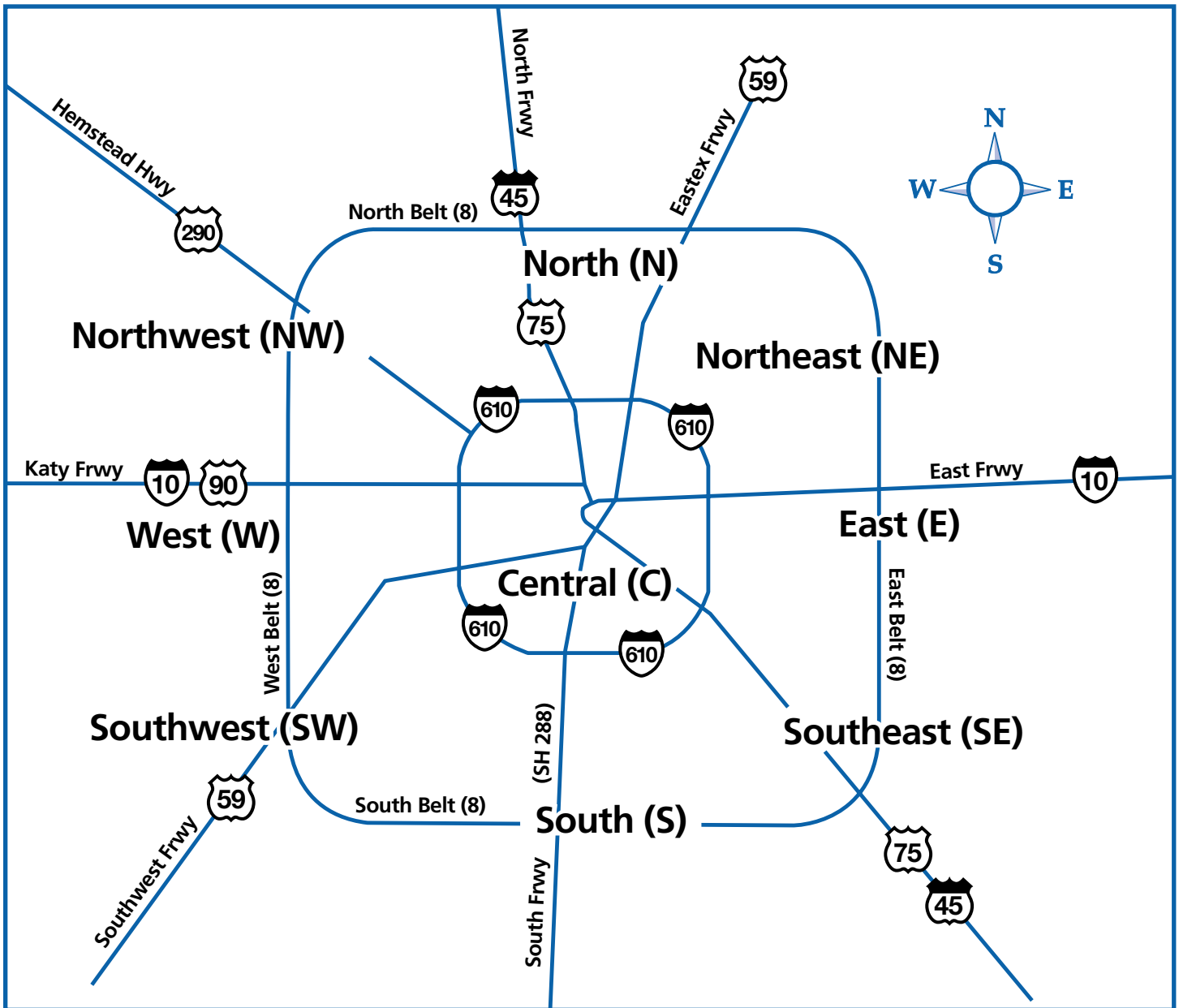
El "Libro Azul"



2004 - 2005

free / gratis

HOUSTON AREA MAP



MAP LEGEND

(C)	Central	(NW)	Northwest
(S)	South	(N)	North
(SW)	Southwest	(NE)	Northeast
(W)	West	(E)	East
		(SE)	Southeast

How To Use This Guide

The legend below applies to the codes used for most categories included in this book. Additional codes may be used for some agencies and are self-explanatory.

When looking for a type of service, use the TABLE OF CONTENTS on page 5. If you can't find the exact service, try scanning the table of contents to see if it is included in a different category. The SERVICE CATEGORY sections list the agencies that provide each service. The listing includes agency name, phone number and legend codes, grouped by the area of town and/or neighborhood in which they are located. Use the HOUSTON AREA MAP on the opposite page to find the general area (North, South, East, West) where the agency is located. The SERVICE AREA MAP shows the entire 10-county service area.

If you know the name of the agency you want and need their phone number or address, refer to the ALPHABETICAL LISTING, beginning on page 97.

The PULL OUT PHONE DIRECTORY can be removed for easy reference.

Como Usar Este Guía

La tabla al pie de la página informa sobre los códigos usados en la mayoría de las categorías incluidas en este libro. También otros códigos adicionales y obvios puede que sean utilizados por algunas agencias.

Cuando necesite buscar un tipo de servicio, use la TABLA DE CONTENIDO en la página 5. Si Ud. no puede encontrar el servicio exacto, explore la tabla para ver si está incluido en una categoría diferente. Las secciones de CATEGORÍA DE SERVICIOS catalogan las agencias que los proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos, agrupados por el área de la ciudad y/o la vecindad en la cual ellas están ubicadas. Use el MAPA DEL ÁREA DE HOUSTON en la página opuesta para encontrar el área general (norte, sur, este, y oeste) donde la agencia está ubicada. El MAPA DEL ÁREA DE SERVICIO muestra en su totalidad el área de servicio de los diez condados.

Si Ud. sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO, al principio en la página 97.

La GUÍA TELEFÓNICA PORTÁTIL puede ser removida del libro para una referencia fácil.

LEGEND

Esp	Spanish speaking personnel available during office hours.
Free	At least one service provided at no cost, regardless of income.
S\$	Sliding scale used to determine fee; may not be free for some.
Med	Accepts Medicare/Medicaid
M	Serves Men
W	Serves Women
C	Program for children, ages 0 – 12
Y	Program for youth, ages 13 - 24
I/RR	Serves those recently released from incarceration
Fam	Serves families with children
All	Serves all ages
Appt	Appointment required or preferred
HIV+	Program for HIV+ only
Lim	Limited availability of service
CD	Program for chemical dependency

TABLA

Esp	Personal que habla español disponible durante horas de oficina
Free	Por lo menos un servicio gratuito, sin importar el ingreso.
S\$	Escala móvil utilizada para determinar costo.
Med	Se acepta Medicare y/o Medicaid
M	Se atienden a hombres
W	Se atienden a mujeres
C	Programa para niños, 0 – 12 años
Y	Programa para adolescentes, 13 – 24 años
IRR	Servicios para personas que se han dado de alta de la cárcel o prisión.
Fam	Se atienden a las familias con niños
All	Servicios para personas de todas las edades
Appt	Una cita es requerida o se prefiere
HIV+	Programa para VIH+ solamente
Lim	Disponibilidad limitada de servicio
CD	Programa para la dependencia de sustancias

Introduction

Welcome to the 2004-05 Houston HIV/AIDS Resource Guide, a convenient source of information about services in the Greater Houston Area available to persons living with HIV/AIDS. This guide is not intended to be a directory of all agencies serving HIV+ persons. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council. In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although

we have done our best to provide our readers with accurate information, changes do occur frequently, and what was correct when we went to print may no longer be correct at the time you are reading the guide. We ask that you contact us at 713-572-3724, or by e-mail at Feedback_RWPC@co.harris.tx.us if you have comments or suggestions for improving future additions and check our website: www.rwpc.org for the most current information.

Introducción

Bienvenidos a la Guía de Recursos VIH/SIDA 2004-05 de Houston, una conveniente fuente de información sobre los servicios en el área de Houston para personas viviendo con el VIH/SIDA. Esta guía no intenta ser el directorio de todas las agencias que sirven a las personas VIH+. Las inclusiones en la guía no implican un endoso por parte del Concilio de Planificación Ryan White. Durante la preparación de esta publicación hemos confiado que las mismas agencias nos proporcionar la información acerca de sus programas y servicios. Aunque

nuestra intención es el de ofrecer al lector información precisa los, cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente. Le pedimos que nos llame al (713) 572-3724, o se comuniquen con nosotros a través de nuestro correo electrónico: feedback_rwpc@co.harris.tx.us con sus comentarios o sugerencias para el mejoramiento de futuras ediciones. Asimismo, les invitamos a que visite nuestro website: www.rwpc.org para información actualizada.

HOUSTON AREA HIV SERVICES RYAN WHITE PLANNING COUNCIL

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Dear Friends,

Welcome to the 2004-2005 edition of the Houston Area HIV/AIDS Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. Once again, we are pleased to bring you the most up-to-date information about HIV services in Harris and the nine surrounding counties. United Way of the Texas Gulf Coast has incorporated this information into their 24-hour Helpline so that those who need assistance can call their toll free number to ask questions or access this information in five languages. To contact the United Way Helpline, please call 1-800-833-5948.

This year will be the fourth year that the Office of Support for the Ryan White Planning Council has been responsible for producing this book. We hope you will find the changes in format more helpful than ever. The Council and staff are continually working to bring improvements that will make future editions of the Blue Book even better. As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. These meetings are open to the public and all who wish to participate in our process are welcome. Please contact the Office of Support at the address listed above for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary.

With best wishes,

Estimados Amigos,

Bienvenidos a la edición 2004-2005 de la Guía de Recursos del VIH/SIDA del Área de Houston (el Libro Azul), publicado por el Concilio de Planificación de Ryan White. Una vez más, estamos complacidos en ofrecer información al corriente sobre los servicios del VIH en el condado Harris y otros nueve condados de su alrededor. United Way ha incorporado esta información a su Línea de Ayuda de 24 horas para que las personas que necesiten asistencia puedan llamar gratuitamente para formular preguntas y además puedan acceder esta información en cinco lenguajes. Para contactar a United Way, por favor llame al 1-800-833-5948.

Este será el cuarto año en el cual la Oficina de Apoyo del Consejo de Planificación de Ryan White ha tomado la responsabilidad de producir este libro. Esperamos que los cambios del formato les sean de mejor ayuda que el anterior. El Consejo y su personal están trabajando arduamente para ofrecerles mayores innovaciones en el futuro. Como siempre, los alentamos a que cooperen con nosotros en proveer información precisa y cualquier dato útil para que esta guía de recursos sea efectiva y de fácil manejo. Por favor escriba, remitan vía fax o llámenos para compartir sus ideas. También los alentamos a que hagan comentarios en las reuniones del Concilio de Planificación de Ryan White. Estas reuniones están abiertas al público. Todas las personas interesadas en participar en nuestro proceso están bienvenidas. Por favor póngase en contacto con la Oficina de Apoyo para la información sobre las reuniones.

Por favor únase a nosotros para ayudarnos a que en un día futuro esta guía de recursos no sea más necesaria.

Con sinceros deseos,

Marlene McNeese-Ward,
Chair, Ryan White
Planning Council

Victoria Williams
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Diane C. Clark
Blue Book
Coordinator

About the Artwork

The artwork for the 2004-05 Houston Area HIV/AIDS Resource Guide is generously provided by participants of the HIV+ Art Therapy Group instructed by esteemed designer and illustrator Kermit Eisenhut at the Art League of Houston. This award winning outreach program offers a variety of activities for the artist and non-artist alike and is provided free of charge to persons living with HIV/AIDS and those with cancer-related illnesses.

The students contributing artwork are: Harry Power, Gus Giraldo, Mark, Ronnie, Tammy Garrison, Nando, Reachelian and Susan Fronek. Kermit Eisenhut works as a muralist, designer and illustrator as well as studio artist and was named Best Artist by the Houston Press in 2000. We are grateful to Kermit, the Art League of Houston, and the artists listed above for sharing their images and feelings with us for this publication.

To learn more about the HIV+ Art Therapy Group, contact the Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.



Acerca de la Gráfica

La gráfica en la Guía de Recursos VIH/SIDA 2004-05 del área de Houston es una generosa contribución proveída por los participantes del Grupo VIH+ Terapéutico de Arte instruidos por el estimado ilustrador Kermit Eisenhut en la Liga de Arte de Houston. Este premiado programa de alcance ofrece una variedad de actividades para el artista y el no artista y es proveído gratuitamente a personas viviendo con el VIH/SIDA aquellos con enfermedades relacionadas con el cáncer.

Los estudiantes contribuyentes de las ilustraciones son: Harry Power, Gus Giraldo, Mark, Ronnie, Tammy Garrison, Nando, Reachelian y Susan Fronek. Kermit Eisenhut es muralista, diseñador, ilustrador, como también artista de estudio y fue no brado Mejor Artista por el Houston Press en el año 2000. Estamos agradecidos a Kermit, a la Liga de Arte de Houston, y a los artistas mencionados por compartir sus obras y sentimientos con nosotros en esta publicación.

Para mayor información sobre el Grupo VIH+ Terapéutico de Arte, llame al Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.

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Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both. Of course, as with all listings in this guide, services and programs change, and only the agencies themselves can tell you whether or not you qualify

Esta guía contiene muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, o porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones. Naturalmente, como todos los recursos en esta guía, los servicios y programas cambian y solamente las agencias en sí pueden informarle si Ud. califica.

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

United Way Helpline

(800) 833-5948

All

Esp, free

To get assistance with or access to HIV/AIDS information in five languages, please call the United Way Helpline at their 24-hour toll free number or by dialing 211.

Para recibir asistencia o información acerca del VIH/SIDA en cinco idiomas, por favor llame gratuitamente a United Way Helpline durante las 24 horas del día o marcando el número telefónico 211.

The Assistance Fund

(713) 529-4788

IL (Montrose)

Esp, free

This agency is the only one of its kind in the Houston area. It pays insurance premiums for low-income HIV+ persons, helping them keep their private health insurance until Medicare begins. This agency also has a medication assistance program and helps defray the costs of medication for those with or without insurance.

Esta agencia es la única de su clase en el área de Houston. Paga las cuotas de los seguros de salud a personas con bajos ingresos infectadas con el VIH, ayudando a mantener su seguro privado hasta que comience el beneficio de Medicare. Esta agencia también tiene un programa de asistencia con medicamentos y ayuda a reducir el costo de los medicamentos a personas con o sin seguro médico.

Bering Dental Center

(713) 524-7933

IL (Montrose)

Esp, Free

Bering Omega has the only dental clinic in the Houston area that specifically treats people with HIV. All dental services, which include everything from hygiene to dentures, are free to low-income patients. This is one of many services offered by Bering Omega.

Bering Omega tiene la única clínica dental en el área de Houston que específicamente trata a personas infectadas con el VIH. Todos los servicios dentales, que incluyen desde higiene dental hasta dentaduras, son gratuitos para pacientes con bajos ingresos. Este es uno de varios servicios ofrecidos por Bering Omega.

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

Body Positive Wellness Center (713) 830-3033 IL (Montrose) Esp, free

BPWC provides a venue where qualified clients with HIV/AIDS can obtain HIV-specific nutritional assessment/counseling, supervised resistance exercise, massage and chiropractic therapy, relaxation classes, community forums, peer counseling groups, and at-cost nutritional supplements. The 3-month core program enables clients to take important measures in restoring their health and quality of life as they augment the positive effects of advanced drug treatments.

BPWC ofrece un lugar donde los clientes con el VIH/SIDA, que califiquen, puedan recibir una evaluación y recomendaciones acerca de la nutrición relacionada con el VIH, supervisión de ejercicios de resistencia, terapia de masaje y quiropráctica, clases de relajación, foros comunitarios, consejería en grupo paritario, y suplementos nutricionales a costo. Este programa básico de tres meses de duración ayuda a los clientes a tomar importantes medidas en restaurar su salud y calidad de vida, y al mismo tiempo ayuda a aumentar los efectos positivos de los tratamientos avanzados con medicamentos.

Center for AIDS, The (713) 527-8219 IL (Montrose) Free (281) HIV-INFO (448-4636)

This is the only treatment and research information center in this region of the country. Their treatment specialists can help PWAs and service providers better understand treatments, explain medication regimens and give advice on what questions to ask doctors. They publish an excellent free treatment newsletter (RITA!).

Este es el único centro de información sobre tratamientos e investigaciones en esta región del país. Sus especialistas pueden ayudar a las personas con el VIH/SIDA y a los proveedores de servicios a informarse sobre tratamientos, y regímenes de los medicamentos, y a dar consejos referente a que preguntas hacer a los médicos. Publican una excelente revista mensual y gratuita. (RITA!).

City of Houston Department of Health & Human Services (713) 794-9092 Citywide \$3 for HIV test; sliding scale for other STD tests

If you are not sure whether or not you have HIV, you can be tested at one of the HIV Counseling and Testing sites provided by the City of Houston Department of Health and Human Services. As well, there is an early intervention program which provides limited medical evaluation, support groups, referrals, and case management to the newly diagnosed HIV positive person.

Si Ud. no está seguro si tiene el VIH, puede solicitar un análisis en uno de los locales de Consejería y Exámenes del VIH del Departamento de Servicios de Salud y Humanitarios de la Ciudad de Houston. También existe un programa de intervención temprana que ofrece evaluación médica limitada, grupos de apoyo, referencias, y administración de casos a toda persona recientemente diagnosticada con el VIH.

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

Metro Freedom Pass

(713) 225-0119

Citywide

Esp, free

Available through the MetroLift Program for persons with a diagnosis of AIDS, these programs subsidize certain taxi fares, permits unlimited free usage of the Metro bus system and, unlike a bus pass, does not need to be replaced monthly.

Disponible, a través del Programa MetroLift, para las personas con un diagnóstico del SIDA, estos programas subsidian ciertas tarifas de taxis, permite el uso ilimitado de los autobuses de Metro y, a diferencia del pase del Metro, no deben ser reemplazado mensualmente.

Texas HIV Medication Program

(800) 255-1090

Statewide

Esp, free

Available to low-income, HIV-infected persons, this program covers the cost of many often-prescribed HIV medications. You will need your doctor's help to apply.

Disponible para personas con bajos ingresos infectadas con el VIH, este programa cubre el costo de muchos medicamentos con prescripción para combatir el VIH. Necesitará la ayuda de su médico para solicitar el servicio.

Link-Up-America/Lifeline

(800) 244-5188

Citywide

Esp, free

These programs assist low-income individuals with the cost of setting up phone service and offer a monthly discount on basic service.

Estos programas asisten a personas con bajo ingreso con el costo de la instalación de un servicio telefónico y ofrecen un descuento en el servicio básico.

Metropolitan Multiservice Center

(713) 284-1973

IL (Montrose)

Esp, free

Located at 1475 West Gray, the center houses workout facilities and an indoor pool, both of which are available free of charge to persons who are HIV+ or have other disabilities.

Localizado en 1475 West Gray, el centro ofrece, gratuitamente, la utilización de los equipos de ejercicios y una piscina techada, a personas infectadas con el VIH o que tengan otras discapacidades.

Next Step

(713) 830-3000

IL (Montrose)

Esp, free

Next Step is an educational workshop offered to HIV+ persons and their families. The workshop is free and includes immune system lab work, information on safer sex, disclosing your HIV status, approved therapies, nutrition and referrals to other services.

Next Step es un taller educacional que se ofrece a personas positivas del VIH y a sus familias. El taller es gratuito e incluye varios análisis médicos, información sobre el sexo seguro, revelación del estado del VIH, terapias aprobadas, nutrición y referencias a otros servicios.

Operation I.D.

(713) 526-2525

IL (Medical Center)

Esp, free

If you need help getting an out-of-state birth certificate or cannot afford to replace a lost driver's license, call this agency. Open Tuesday & Thursday from 9:00-11:30am.

Si Ud. necesita ayuda en obtener su certificado de nacimiento o no puede pagar el costo para reemplazar una licencia de conducir extraviada, llame a esta agencia.

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

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LOCATION / UBICACIÓN

LEGEND / TABLA

Qualified Medicare Beneficiary (QMB) Program Specified Low-income Medicare Beneficiary (SLMB) Program

(713) 692-1635

Citywide

Esp, free

The QMB program is federally mandated coverage for Medicare beneficiaries who have countable income of no more than 100 percent of the federal poverty level and who have limited resources. The state pays Medicare Part A and B premiums, Medicare deductibles, and Medicare co-insurance costs. Individuals may be eligible for both Medicaid and QMB benefits.

The SLMB program is a federally mandated coverage group that is an extension of the QMB group. Under this program, individuals are entitled only to the payment for Medicare Part B premium. Income must be more than 100% but less than 120% of the federal poverty level.

El programa QMB es una cobertura asignada por mandato federal para los beneficiarios de Medicare que tengan ingreso contable de no más del 100 por ciento del nivel federal de indigencia y recursos limitados. El estado paga la prima de la parte A y B de Medicare, los deducibles de Medicare, y el costo de seguros de Medicare. Los individuos pueden ser elegibles para ambos beneficios - Medicaid y QMB.

El programa SLMB es una cobertura asignada por mandato federal y una extensión del grupo QMB. Bajo este programa, los individuos son elegibles solamente al pago de la prima de la parte B de Medicare. El ingreso contable debe ser más de 100% pero menos de 120% del nivel federal de indigencia.

LITE UP Texas

Citywide

Esp, free

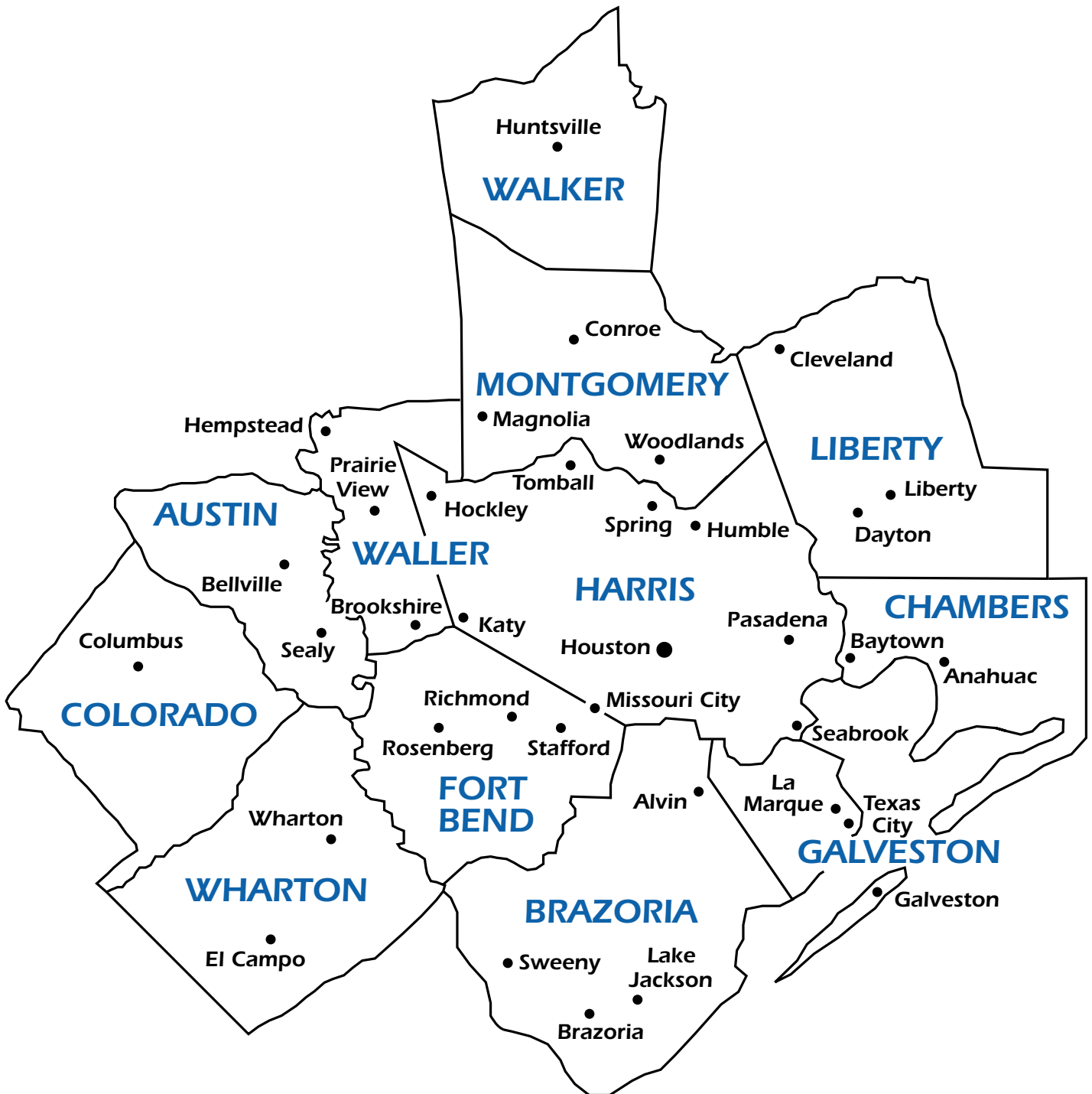
Under LITE UP Texas (Low Income Telephone and Electric Utilities Program), qualified low-income customers with a household income at or below 125% of the federal poverty level receive a discount off of their monthly electric bill. This discount applies regardless of which electric service provider you use. You may also qualify if you receive certain benefits from the Texas Department of Human Services (TDHS).

To receive a LITE UP Texas Self-Certification Form, Reliant Energy customers should call 713-207-7777; or contact Neighborhood Centers, Inc. at 713-665-3600 or 1-800-373-5933. You may also call toll-free: 1-866-4-LITEUP (1-866-454-8387).

Bajo LITE UP Texas (el programa de asistencia para el servicio telefónico y de electricidad), los clientes con bajo ingreso con un total que equivale o es menor al 125 por ciento del nivel federal de pobreza reciben un descuento en el costo mensual de la electricidad. Este descuento se aplica sin importar que abastecedor de servicio de electricidad se utilice. También puede calificar si recibe beneficios del Departamento de Servicios Humanitarios de Texas (TDHS).

Para recibir un formulario de auto-certificación de LITE UP Texas, los clientes de Reliant Energy deben llamar al 713-207-7777; o contactar a Neighborhood Centers, Inc. al 713-665-3600 ó 1-800-373-5933. También pueden llamar gratuitamente al 1-866-4-LITEUP (1-866-454-8387).

HIV/AIDS SERVICE AREA MAP



CPCDMS Client Registration Process Ryan White Title I

All clients are required to register in the CPCDMS in order to be eligible for Ryan White Title I services. Listed below are the steps required to complete the registration. *Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.*

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Title I eligibility** (see below).
4. If the client provides **all necessary eligibility** documentation (HIV+ diagnosis, identity, residency, income), the agency serves client.

NOTE: *Title I primary care providers can only register/update clients receiving primary care from their primary care site.*

Title I Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

Required Documentation

Acceptable Forms of Documentation

HIV+ diagnosis¹ Acceptable signatories

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician (only acceptable by Harris County – HIV Services).

- A computer-generated HIV+ laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed.
- A statement or letter signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth (valid for only 60 days from the start of services at the agency).

NOTE: *Proof of HIV+ Diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV+ diagnosis must be presented at all agencies where services are accessed.*

¹ For services available to non-HIV+ persons, documentation of the client's relationship to an HIV+ person and the HIV+ person's diagnosis must be provided.

CPCDMS Client Registration Process - Ryan White Title I

Required Documentation	Acceptable Forms of Documentation
Verification of identity	<ul style="list-style-type: none">• Texas Driver's License• Texas Identification Card• Texas Department of Corrections identification card• Employment badge with picture• Student ID with picture• U.S. immigration documents with picture• Credit card with picture• Metro picture ID• U.S. naturalization, citizenship, passport or other Federal documents with picture• Driver's license or identification card issued by another US state• A government-issued ID from a country other than the U.S.• Birth certificate (cannot be used by married women)• Social Security card• Medicaid/Medicare card
Verification of residency within funding source's catchment area	<p>Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:</p> <ul style="list-style-type: none">• Current lease in the name of the client or listing the client as an occupant• Property tax documents• Utility/phone/cable bill in the name of the client• Credit card bill in the name of the client• Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility• Any type of business correspondence with the client's name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter• Pay stub with address

CPCDMS Client Registration Process - Ryan White Title I

Required Documentation

Acceptable Forms of Documentation

Verification of household income

All clients must be screened for financial eligibility for Ryan White Title I funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.²

Documentation of income must be provided for all members of the client's household.³ Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.

Acceptable income documentation:

- Payroll stub/copy of payroll check/bank statement showing direct payroll deposit
- Letter from employer on company letterhead indicating weekly or monthly wages
- Unemployment benefits letter/copy of check
- IRS 1040 form (tax return)/W2 form/1099 form
- Social Security award letter
- VA benefits letter
- Private disability/pension letter on company letterhead
- Medicaid letter
- Child or spousal support order with judge's signature and date
- Food Stamp award letter (TANF)

The following documentation is acceptable only for clients claiming no income:

- Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)
- Proof of application for Social Security (valid for 6 months only)
- Food stamp award letter
- Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses
- Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification

² See the US Dept. of Health and Human Services Poverty Guidelines for the current year and the "Ryan White Federal Poverty Guidelines" table.

³ As per Federal definition, a same sex spouse or partner is not considered to be a household member.

RYAN WHITE TITLE I REGISTRATION SITES

AGENCY	REGISTRATION CONTACT	PHONE #
AVES	Cesar Sanchez	(713) 626-2837 x227
Baylor College of Medicine	Meg Ferris	(832) 322-1366
City of Houston	Cathy Wiley	(713) 794-2980
Donald R. Watkins Foundation	Cindy Pena	(713) 528-1748
Family Service Center	Veronica Garza	(713) 867-7747
Houston Area Community Services	Stacey Gathers-Helm	(713) 526-0555 x216
Montrose Clinic	Cecillio Pena	(713) 830-3000 x285
Montrose Counseling Center	Melinda Bravo	(713) 529-0037 x329
Northwest Clinic	Sue Bryan	(713) 861-3939
Saint Hope Foundation	Mercy Atatah	(713) 778-1300 x226
Thomas Street Clinic	Gail Green	(713) 873-4188
UT Health Science Center	Virginia Wall	(713) 500-8302
Veteran's Administration	Belinda Essien	(713) 791-1414 x5292

Procedimiento de Registración del Cliente en el CPCDMS Título I Ryan White

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios del Título I Ryan White. A continuación están los pasos a seguir para completar la registración. La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.

1. El cliente firma el formulario del consentimiento para recibir servicios.
2. Un personal de la agencia completa el formulario de registración con el cliente.
3. Un personal de la agencia revisa los documentos para elegibilidad del Título I (vea a continuación).
4. Si el cliente presenta todas la documentaciones necesaria para la elegibilidad (confirmación de diagnóstico del VIH, identidad, residencia, e ingreso), la agencia ofrece servicio al cliente.

NOTE: *Los proveedores del cuidado primario solamente podrán registrar/poner al día a los clientes recibiendo cuidado primario en el lugar del cuidado primario.*

Requerimientos de elegibilidad del Título I

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

Documentación requerida

Tipos de documentación aceptable

Diagnóstico del VIH+¹ Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico (acepta do solamente por el Condado Harris – Servicios VIH)

- Un análisis de laboratorio del VIH+ elaborada por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso.
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento (**válido solamente por 60 días del inicio del servicio en la agencia**).

AVISO: *La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.*

¹ Para recibir los servicios disponibles a personas no VIH+, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

Procedimiento de Registración del Cliente en el CPCDMS – Título I Ryan White

Documentación requerida	Tipos de documentación aceptable
Verificación de identidad	<ul style="list-style-type: none">• Licencia de conducir de Texas• Cédula de identidad de Texas• Tarjeta de identidad del departamento de corrección de Texas• Tarjeta fotográfica de identidad laboral• Tarjeta fotográfica estudiantil• Documentos fotográfico de inmigración de los EEUU• Tarjeta fotográfica de crédito• Tarjeta fotográfica del Metro• Documento fotográfico de naturalización, ciudadanía, pasaporte u otro documento federal• Licencia de conducir o tarjeta de identidad de otro estado de EEUU• Identificación gubernamental emitida por otro país que no sea de los EEUU• Certificado de nacimiento (no válido de mujeres casadas)• Tarjeta del Seguro Social• Tarjeta de Medicaid/Medicare
Verificación residencial dentro de la zona de captación de los fondos	<p>Documentación de residencia es requerida de menores de edad de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:</p> <ul style="list-style-type: none">• Contrato de renta en nombre del cliente o que incluya al cliente como residente• Documentos de impuesto a la propiedad• Factura de utilidades en nombre del cliente• Factura de tarjeta de crédito en nombre del cliente• Carta con logo de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria y firmada por el director.• Cualquier tipo de correspondencia de negocio dirigida al cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid• Pago salarial con dirección del cliente

Procedimiento de Registración del Cliente en el CPCDMS – Título I Ryan White

Documentación requerida

Tipos de documentación aceptable

Verificación del ingreso familiar

Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Título I Ryan White. No se debe proveer servicios a clientes cuyo ingreso familiar sobrepasa el máximo establecido por el Consejo de Planeamiento Ryan White para cada categoría.² La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.³ La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside.

Documentación de ingreso aceptable:

- Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso
- Carta con logo escrita por el empleador indicando salario semanal o mensual
- Carta de beneficio de desempleo/copia del cheque
- Formulario del IRS 1040 (reembolso de impuesto) /W2/1099
- Carta del beneficio del Seguro Social
- Carta de beneficio de la Administración de Veteranos
- Discapacidad privada/carta de pensión que incluya el logo de la compañía
- Carta de Medicaid
- Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez
- Carta de beneficio de estampillas para alimentos (TANF)

La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:

- Declaración de una agencia temporaria firmada y fechada por el cliente (válido solamente por 60 días del inicio del servicio)
- Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses)
- Carta de beneficios de estampillas para alimentos
- Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia
- Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que mantiene, y que incluye cantidad y tipo de sustento (alojamiento solamente, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo la mantiene

² Ver la guía de pobreza del año actual del Departamento de Salud y Servicios Humanitarios de los EEUU y la tabla "Ryan White Federal Poverty Guidelines."

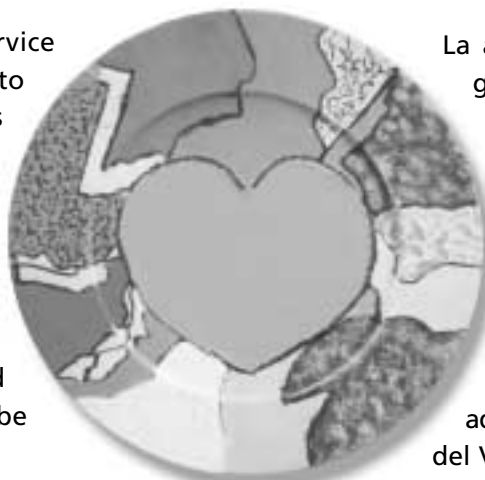
³ Por definición federal, una pareja del mismo sexo no es considerada parte del círculo familiar.

LUGARES DE REGISTRACIÓN RYAN WHITE TÍTULO I

AGENCIA	PERSONA DE CONTACTO	TELÉFONO
AVES	Cesar Sanchez	(713) 626-2837 x227
Baylor College of Medicine	Meg Ferris	(832) 322-1366
City of Houston	Cathy Wiley	(713) 794-2980
Donald R. Watkins Foundation	Cindy Pena	(713) 528-1748
Family Service Center	Veronica Garza	(713) 867-7747
Houston Area Community Services	Stacey Gathers-Helm	(713) 526-0555 x216
Montrose Clinic	Cecillio Pena	(713) 830-3000 x285
Montrose Counseling Center	Melinda Bravo	(713) 529-0037 x329
Northwest Clinic	Sue Bryan	(713) 861-3939
Saint Hope Foundation	Mercy Atatah	(713) 778-1300 x226
Thomas Street Clinic	Gail Green	(713) 873-4188
UT Health Science Center	Virginia Wall	(713) 500-8302
Veteran's Administration	Belinda Essien	(713) 791-1414 x5292

Case Management / Administración de Casos

Case management is a free service available to HIV infected persons to make them aware of the services available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. Persons who think they need case management can call the agencies listed below. Proof of HIV status will be required.



Whimsical Heart by Harry Power

La administración de casos es un servicio gratuito para las personas infectadas con el VIH, a fin de para informar acerca de los servicios disponibles. Los administradores de casos ayudan a los clientes a desarrollar la habilidad y los recursos necesarios para acceder por sí mismos a dichos servicios. Las personas que lo necesiten pueden llamar a una de las agencias mencionadas aquí. Se requerirá presentar un diagnóstico, del VIH por escrito.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
AIDS Foundation Houston	(713) 623-6796	River Oaks	HIV+	97
AVES	(713) 649-4526	Montrose	M, W, Y (age 11-15), Free, Walk ins, Esp	101
Catholic Charities AIDS Ministry	(713) 874-6624	Midtown	All, Free, Walk-ins, HIV+, Esp . . .	107
Donald R. Watkins Memorial Foundation	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
Family Services of Greater Houston	(713) 861-4849	Memorial/ Washington	All, Free, Walk-ins, +, Esp	113
Family Services of Greater Houston	(713) 868-4466	Montrose	All, Free, Walk-ins, +, Esp	113
Gulf Coast Community Svcs – West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs – Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs – Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs – Magnolia Park	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs – Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris Co. Hosp. District – Thomas Street Clinic	(713) 873-4000	Near Northside	Free, S\$, Med, HIV+, Appt/Walk-ins, Esp, gold card . . .	119
Harris County Social Services	(713) 755-5243	Downtown	M, W, F, All, Free, Appt/Walk-ins . .	121
Houston Area Community Svcs (HACS)	(713) 526-0555	Greenway Plaza	M, W, All, Free, Appt, HIV+, Esp . .	122
Houston Dept of Health & Human Svcs	(713) 794-2980	Medical Center	Not specified.	124
Houston VA Medical Center	(713) 791-1414	Medical Center	M, W, Veteran, Walk-ins, CD . . .	126
Montrose Counseling Center	(713) 529-0037	Montrose	M, W, I/RR, Free, HIV+, CD	132
People With AIDS Coalition – Houston	(713) 522-5428	Montrose	Y (age 13-24)	137
UT Houston Health Science Center	(713) 500-8300	Medical Center	F, Free, Med, Appt, HIV+, African American, Esp . . .	152

Case Management / Administración de Casos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
E A S T				
AAMA	(713) 926-9491	Second Ward	CD, Esp, Free, M, W, Y, F, I/RR, Walk-ins	102
Gulf Coast Community Svcs Association	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris County Hospital District	(713) 636-7192	East End	F, All, S\$, Med, Appt/Walk-ins, Esp . .	118
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt, Free, S\$, HIV+, UTMB affiliate, Esp	149
N O R T H				
Family Services of Greater Houston	(888) 844-6289	Woodlands	All, I/RR, Free, Walk-ins, HIV+, Esp	113
Gulf Coast Community Svcs – North	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs – Spring	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs – Tomball	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris Co. Hosp. District – Women’s Program	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, gold card	120
Harris Co. Hosp. District – Adolescent Program	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, gold card	119
St. Hope Foundation	(800) 241-3020	Conroe	All, I/RR, Free, Walk-ins, Med, HIV+, Esp	143
N O R T H W E S T				
Gulf Coast Community Svcs – Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp1	116
S O U T H				
Gulf Coast Community Svcs – Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H E A S T				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	M, W, F, All, Free, Esp, HIV+, CD . .	97
Gulf Coast Center - Recovery Program	(409) 762-5935	Galveston	M, W, F, Free, S\$, Walk-ins, CD . .	115
Gulf Coast Community Svcs – So. Houston	(713) 378-4747	So. Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H W E S T				
Gulf Coast Community Svcs – SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
St. Hope Foundation	(713) 778-1300	Sharpstown	M, W, F, All, I/RR, Free, Appt/Walk-ins, Esp, HIV+	143
WAM Foundation	(713) 551-8787	South Main	All, Free, Walk-ins, HIV+, Esp . . .	153
YMCA International Services	(713) 339-9015	Gulfton	All, Free, Lim, Esp	155

Chemical Dependency / Dependencia de Sustancias

For people living with HIV/AIDS, the use of alcohol and drugs can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. Frequently the help is free of charge. Call today for more information.

El uso del alcohol y las drogas puede debilitar el cuerpo de las personas infectadas con el VIH/SIDA. Afortunadamente, hay ayuda para cualquiera que desee estar libre de ambos. Frecuentemente, la ayuda es gratuita. Llame hoy para más información.

CHEMICAL DEPENDENCY - 12 STEP

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Palmer Drug Abuse Program (PDAP)	(713) 273-2691	Various	Y, free, walk-ins, CD	137
CENTRAL				
LAMBDA Center	(713) 521-1243	Montrose	Not specified.	128
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	Astrodome/ South Loop	M, W, flat fee, ins, self-pay, appt pref, walk-ins, CD	130
PDAP Age 12 to 17 group	(713) 668-0133	Bellaire	Y, free, walk-ins, CD	137
NORTH				
PDAP Age 12 to 17 group	(281) 353-2272	Spring	Y, free, walk-ins, CD	137
NORTHEAST				
PDAP Age 12 to 17 group	(713) 691-7007	Eastex/Jensen	Y, Free, Walk-ins, CD	137
NORTHWEST				
Intergroup Association, Inc.	(713) 686-6300	Lazybrook/ Timbergrove	All, I/RR, free, lim, CD, Esp	127
SOUTH				
Gulf Coast Center, The	(409) 763-2373	Galveston	Not applicable.	116
SOUTHEAST				
PDAP Age 12 to 17 group	(713) 691-7007	Hobby	Y, Free, Walk-ins, CD	137
WEST				
PDAP Age 12 to 17 group	(281) 870-9311	Katy	Y, free, walk-ins, CD	137
PDAP Age 17 to 25 group	(713) 647-8858	Memorial	Y, free, walk-ins, CD	137

CHEMICAL DEPENDENCY - IN HOSPITAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	Astrodome/ South Loop	M, W, flat fee, ins, self-pay, appt preferred, CD	130
New Vision Program @ Riverside Hospital	(713) 523-6413	Riverside	All, I/RR, Med, Ins, Walk-ins, CD	135
TRS – The Right Step	(713) 528-3709 x224	Montrose	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
NORTH				
Cypress Creek Hospital	(281) 586-7600	Bammel	All, Med, Priv pay, Ins, Walk-ins, CD, Esp	110
SOUTHWEST				
West Oaks Hospital	(713) 995-0909	Sharpstown	All, Med, Ins, Priv pay, Walk-ins, CD, Esp	154

Chemical Dependency / Dependencia de Sustancias

C H E M I C A L D E P E N D E N C Y - O U T P A T I E N T

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
AAMA	(713) 926-4756	Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . .	102
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
Career & Recovery Resources	(713) 754-7000	Midtown	M, W, Free, Appt/Walk-ins, CD . .	106
Centerpointe Counseling Services	(713) 528-7007	Midtown	F, M, W, C (6 - 12), Y, S\$, Med, Appt, CD	107
Council on Alcohol & Drugs Houston, The	(713) 942-4100	Memorial/ Washington	CD, M, W, F, All, Appt preferred Esp, S\$	110
E.T. Adult Center	(713) 592-6170	OST/South Union	All, walk-ins, S\$, I/RR, CD	112
FUUSA	(713) 942-9333	Third Ward	M, W, Y, F, Free, Appt Req, CD . .	112
Houston VA Medical Center	(713) 791-1414	Medical Center	M, W, Veteran, Walk-ins, CD . . .	126
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	Astrodome/ South Loop	M, W, flat, ins, self-pay, appt preferred, CD	130
Montrose Counseling Center	(713) 529-3211	Montrose	M, W, F, All, Free	132
Recovery Campus of Houston, Inc.	(713) 331-2632	Fifth Ward	M, W, Y, Lim, HIV+, CD	139
Santa Maria Hostel	(713) 222-0850	Near Northside	W, S\$, Appt req, CD, Esp	141
TRS - The Next Step Men	(713) 526-0311	Midtown	M, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
TRS - The Right Step	(713) 528-3709 x224	Montrose	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
Unlimited Visions Aftercare Inc.	(713) 921-2276	Harrisburg	M, W, S\$, Appt Req, CD, TCADA, Esp	151
UT Substance Abuse Research Ctr	(713) 500-2802	Medical Center	M, W, Free, Appt/Walk-ins, CD . .	152
E A S T				
Unlimited Visions Aftercare	(281) 427-8786	Baytown	Y, M, W, S\$, Med, Appt Req, CD, TCADA	151
TRS Pasadena	(281) 998-2611	Pasadena	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
N O R T H				
Cypress Creek Hospital	(281) 586-7600	Bammel	All, Med, Priv pay, Ins, Walk-ins, CD, Esp	110
TRS North	(281) 895-9331	Champions	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
TRS The Woodlands	(281) 465-4500	Spring	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
N O R T H E A S T				
Bonita Street "House of Hope"	(713) 635-5470	Kashmere Gardens	M, W, CD, flat fee, appt	105
S O U T H				
Brazos Place	(979) 233-3826	Freeport	Adults, S\$, Appt/Walk-ins, waiting list, CD, Esp	105
New Hope Counseling Center	(713) 776-8006	Sharpstown	M, W, All, Free, Walk-ins, CD . .	135
InnerWisdom Counseling Center	(713) 592-9292	South Main	M, W, F, All, Med, S\$, Self pay, Walk-ins, Esp	126

Chemical Dependency / Dependencia de Sustancias

CHEMICAL DEPENDENCY - OUTPATIENT

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
SOUTHEAST				
Bay Area Council on Drugs & Alcohol, Inc.	(281) 280-0800	Clear Lake/NASA	W, All, Homeless	102
TRS Clear Lake	(281) 333-5751	Clear Lake/NASA	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
Gulf Coast Center, The	(409) 763-2373	Galveston	Not specified.	116
Gulf Coast Ctr – Recovery Program	(409) 762-5935	Galveston	M, W, F, Free, S\$, Walk-ins, CD . . .	115
SOUTHWEST				
Ft. Bend Council on Family & Community Development	(281) 342-8828	Rosenberg	All, S\$, Appt/Walk-ins, CD	114
Adult Rehabilitation Services	(713) 541-4422	Sharpstown	M, W, CD	97
West Oaks Hospital	(713) 995-0909	Sharpstown	All, Med, Ins, Priv pay, Walk-ins, CD, Esp	154
TRS Ft. Bend	(281) 261-1875	Stafford	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
WEST				
Mental Health & Psychological Svcs, Inc.	(281) 463-9840	Bear Creek/Hwy 6	All, Appt/Walk-ins, Med, S\$, Priv pay, Ins, CD, Esp	131
TRS - The Next Step Women	(713) 263-7475	Spring Branch	W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
TRS West	(713) 464-5160	Spring Branch	M, W, Med, Priv pay, Ins, Appt Req, Walk-ins, CD	149

CHEMICAL DEPENDENCY - RESIDENTIAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
A Caring Safe Place	(713) 225-5441	Fifth Ward	M, S\$, Appt Req, HIV+, CD, Esp . . .	97
AAMA	(713) 926-4756	Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . . .	102
Memorial Hermann Prevention & Recovery Center	(713) 578-3100	Astrodome/ South Loop	M, W, flat fee, Ins, self-pay, appt preferred, CD	130
Open Door Mission	(713) 921-7520	Second Ward	M, Free, Walk-ins, Lim, CD	136
Recovery Campus of Houston, Inc.	(713) 331-2632	Fifth Ward	M, W, Y, Lim, HIV+, CD	139
NORTHEAST				
Bonita Street “House of Hope”	(713) 635-5470	Kashmere Gardens	M, W, CD, Flat Fee, Appt	105
NORTHWEST				
Santa Maria Hostel	(713) 957-2413	Spring Branch	W, F, S\$, Appt, CD Esp	141
SOUTH				
Brazos Place	(979) 233-3826	Freeport	Adults, S\$ Appt/Walk-ins, CD, Esp, waiting list	105
SOUTHEAST				
Cenikor Foundation, Inc.	(281) 476-0088	Deer Park	M, W, Free, Walk-ins, CD	107
Riverside Hospital- Quality Living Program	(713) 526-2441	Golfcrest	M, W, F, Walk-ins, HIV+, CD	135

Children's Services – Servicios para Niños

Children with HIV have special needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.

Los niños con el VIH tienen necesidades especiales. El área de Houston ofrece servicios médicos y sociales para ellos y sus familiares a un bajo costo o gratuito. Aunque muchas de las agencias incluidas en esta guía pueden ayudar, las siguientes agencias tienen programas especiales para niños.

CHILDREN – DAY CARE

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
PWA Coalition - Childcare at Thomas St Clinic	(713) 873-4162	Near Northside	C, M, W, Free, Appt Req, HIV+, Esp	137
SOUTHWEST				
Jewish Community Center of Houston	(713) 551-7200	Meyerland	C (ages 0 - 12), Flat, Scholarships available	127
WEST				
West Houston Assistance Ministries	(713) 977-9942	Westchase	M, W, F, Free, Appt/Walk-ins, Esp	154

CHILDREN – MEDICAL SERVICES

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Texas Dept of Health - HIV Medication Pgm	(800) 255-1090	Statewide	Free, Esp	146
CENTRAL				
Baylor International Pediatric AIDS Initiative	(832) 822-1038	Medical Center	Esp, C (ages 0 - 18), S\$, Med, HIV+, Call for intake	103
Texas Children's Hospital Dept of Retrovirology	(832) 822-1038	Medical Center	Esp, C (ages 0-18), S\$, Med, HIV+, Call for intake	146
Texas Children's Hospital Allergy & Immunology Department	(832) 824-2099	Medical Center	C, Y (ages 13-18), Med	146
UT Dental Branch Pediatric Dentistry	(713) 500-8200	Medical Center	C, Med, Appt Req, Esp	151
UT Houston Health Science Center	(713) 500-8300	Medical Center	F, Free, Med, Appt, HIV+, African American, Esp	152
NORTH				
Center for Pediatric Therapy	(281) 292-4800	Conroe	C (ages 0 - 18), Flat, Esp, Appt Req	107
NW Assistance Ministries Children's Clinic	(281) 583-5600	Bammel	F, Free, Appt Req, Esp	136
Walker Co. Maternal & Child Health Ctr	(936) 295-7474	Huntsville	M, W, C, Y, Appt Req, Med, Flat, S\$, Esp	153
NORTHWEST				
Ft. Bend Family Health Ctr-HAWC Clinic	(936) 857-2726	Prairie View	All, Appt/Walk-ins, S\$, Med, Esp	114

Children's Services – *Servicios para Niños*

C H I L D R E N – M E D I C A L S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
S O U T H				
Care Group of Texas	(713) 383-2100	South Main	All, Med, Ins, Priv pay, Managed care, Esp	106
S O U T H E A S T				
Gulf Coast Center, The	(409) 763-2373	Galveston	Not specified.	116
S O U T H W E S T				
Ft. Bend Family Health Center, Inc.	(281) 342-0529	Richmond	All, I/RR, S\$, Med, Ft. Bend & Colorado Co. indigent care, RW Title II	115
W E S T				
Memorial Hermann Memorial City Hospital	(713) 222-CARE	Memorial	All.	130

C H I L D R E N ' S S U P P O R T S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A L L				
Texas Dept of Health - HIV Medication Pgm	(800) 255-1090	Statewide	Free, Esp	146
TDPRS Runaway Hotline	(888) 580-HELP	Statewide	C, Y, F, Free, Esp	148
TDPRS Youth Hotline	(800) 210-2278	Statewide	C, Y, F, Free, Esp	148
C E N T R A L				
AIDS Foundation Houston-Camp HOPE	(713) 623-6796	River Oaks	HIV+, C (ages 7-15), application . .	98
AIDS Foundation Houston-Camp HUG	(713) 623-6796	River Oaks	HIV+, Application	98
Casa de Esperanza de los Niños, Inc.	(713) 741-8868	Astrodome/S. Loop	C, Free, Esp	107
Child Protective Services in Harris County	(713) 394-4065	Astrodome/S. Loop	C (ages 0-17), Free, Walk-ins . . .	108
Christian Community Svc Center	(713) 961-3282	Greenway Plaza	All	108
DePelchin Children's Center	(713) 730-2335	Memorial/ Washington	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris Co. Public Health Svcs - WIC Pgm	(713) 439-6145	Galleria/Post Oak	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	120
Julia C. Hester House	(713) 672-2573	Fifth Ward	C (ages 2 - 12), Y (ages 13 - 18) . .	127
Lazarus House: A Center for Wellness	(713) 526-5071	Midtown	All, Flat, Lim scholarships, Walk-ins, Dr release	128

Children's Services – *Servicios para Niños*

C H I L D R E N ' S S U P P O R T S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
LIFE Houston- Good Neighbor Healthcare Ctr	(713) 528-6044	Montrose	C (under 1 year), Free, Walk-ins	129
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
Victim Assistance Centre, Inc.	(713) 755-5625	Downtown	All, Free, Appt/Walk-ins	152
E A S T				
Chambers County Health Department	(409) 267-8356	Anahuac	All, Walk-ins, Esp	107
DePelchin Children's Center	(713) 730-2335	Baytown	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Gulf Coast Community Services - JD Walker	(281) 426-4757	Baytown	All, Free (income guides), Appt/Walk-ins, Esp	116
LIFE Houston	(877) 577-LIFE	Pasadena	C, Free, Walk-ins	129
Love INC (In the Name of Christ)	(281) 422-5683	Baytown	All, Free, Gas vouchers, Diapers . . .	129
North Channel Assistance Ministries	(713) 453-8028	Northshore	All, Free, Walk-ins, Must have ID, Proof of residence & income . . .	136
N O R T H				
Cypress Creek Hospital	(281) 586-7600	Bammel	All, Med, Priv pay, Ins, Walk-ins, CD, Esp	110
DePelchin Children's Center	(713) 730-2335	Woodlands	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Gulf Coast Community Svcs - Tomball	(281) 351-8816	Tomball	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - North Point	(281) 272-1555	Greenspoint	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring	(281) 353-2439	Spring	All, Free (income guides), Appt/Walk-ins, Esp	116
Harris Co Public Health Svcs - NAM WIC Ctr	(281) 587-8596	Bammel	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	121
SAAFE House	(936) 291-3529	Huntsville	All, Free, S\$	140
SAAFE House	(936) 327-6427	Livingston	All, Free, S\$	140
N O R T H W E S T				
DePelchin Children's Center	(713) 730-2335	Langwood	C, Y (ages 13-18), Appt Req, S\$, Med, Ins	111
Ft. Bend Family Health Ctr-HAWC Clinic	(936) 857-2726	Prairie View	All, Appt/Walk-ins, S\$, Med, Esp . . .	114
Gulf Coast Community Svcs. - Acres Home	(713) 692-1046	Acres Home	All, Free (income guides), Appt/Walk-ins, Esp	116
Harris Co. Public Health– Emerald Plaza	(281) 444-0764		Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	120
Harris Co. Public Health (Tomball) - Tomball WIC Center	(713) 290-6246	Tomball	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	121
Methodist Children's Home	(713) 682-8911	Oak Forest/ Garden Oaks	S\$, Appt Req, CD	131

Children's Services – *Servicios para Niños*

C H I L D R E N ' S S U P P O R T S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
S O U T H				
Care Group of Texas	(713) 383-2100	South Main	All, Med, Ins, Priv pay, Managed care, Esp	106
Gulf Coast Community Svcs. - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guides), Appt/Walk-ins, Esp	116
S O U T H E A S T				
DePelchin Children's Center	(713) 730-2335	Clear Lake/NASA	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Family Outreach Ctr - Clear Lake/Bay Area	(281) 486-8827	Clear Lake/NASA	F, Free	113
Gulf Coast Community Svcs– So. Houston	(713) 378-4747	South Houston	All, Free (income guides), Appt/Walk-ins, Esp	116
Harris Co. Public Health - Decker Dr. WIC Ctr	(281) 424-8366	Baytown	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	120
Harris Co. South Houston WIC Ctr	(713) 941-5035	South Houston	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	121
Harris Co. Public Health - Scarsdale WIC Ctr	(281) 922-6546	Ellington/ South Belt	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	121
S O U T H W E S T				
DePelchin Children's Center	(713) 730-2335	Stafford	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP	111
DePelchin Children's Center	(713) 730-2335	Brookshire	C, Y (ages 13-18), Appt Req, S\$, Med, Ins	111
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	Stafford	M, W, F, All, Free, Walk-ins	112
Ft. Bend Council on Family & Community Development	(281) 342-8828	Rosenberg	All, S\$, Appt/Walk-ins, CD	114
Ft. Bend Council on Family & Community Development	(281) 261-1370	Stafford	All, S\$, Appt/Walk-ins, CD	114
Ft. Bend Family Health Center, Inc.	(281) 342-0529	Richmond	All, I/RR, S\$, Med, Ft. Bend & Colorado co. indigent care, RW Title II	115
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guides), Appt/Walk-ins, Esp	116
Harris Co. Public Health - Bear Creek WIC Ctr	(713) 345-4759	Bear Creek/Hwy 6	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	120
Mental Health & Psychological Services	(281) 463-9840	Bear Creek/ Hwy 6	All, Appt/Walk-ins, Med, S\$, Priv pay, Ins, CD, Esp	131
Presbyterian Children's Home	(713) 721-2908	Willow Bend	All, Free	139
West Oaks Hospital	(713) 995-0909	Sharpstown	All, Med, Ins, Priv pay, Walk-ins, CD, Esp	154

Clinics / Clínicas

Obtaining quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through the Harris County Hospital District (HCHD) at the Northwest Community Health Center and at the Thomas Street Clinic. New HCHD patients must go through an eligibility process and obtain a "gold card" before seeing a doctor. The VA Medical Center offers HIV care to veterans. For those living outside Harris County, there are clinics located in the rural areas that provide HIV care.



Superstar by Mark

Recibir un tratamiento médico de alta calidad es muy importante. Para los residentes del Condado Harris que no tienen seguro médico o tienen recursos limitados, pueden obtener tratamiento del VIH a través del Distrito de Hospitales del Condado Harris (HCHD) en Northwest Community Health Center y en Thomas Street Clinic. Los pacientes nuevos de HCHD deben atravesar el proceso de elegibilidad y obtener una "tarjeta dorada" antes de ver a un médico. El centro médico de la Administración de Veteranos ofrece cuidado del VIH para veteranos. Para las personas que residen fuera del Condado Harris, existen clínicas en áreas rurales que ofrecen cuidado del VIH.

CLINICS - HIV/AIDS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Baylor International Pediatric AIDS Initiative	(832) 822-1038	Medical Center	Esp, C (ages 0 - 18), S\$, Med, HIV+, Call for intake process . . .	103
Donald R. Watkins Memorial Foundation, Inc.	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
Houston VA Medical Center	(713) 791-1414	Medical Center	M, W, Veteran, Walk-ins, income guidelines, CD	126
Joseph Hines Clinic (HACS)	(713) 426-0027	Heights	Adults, Free, HIV+, Targeted pops: African American & Hispanic, Esp . .	123
Montrose Clinic	(713) 830-3000	Montrose	Y, M, W, Free, HIV+, Appt Req, Esp . .	132
St. Hope Foundation	(713) 277-8572	Bellaire	M, W, F, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp	143
Thomas Street Clinic (HCHD)	(713) 873-4000	Near Northside	Free, S\$, Med, HIV+, Appt/Walk-ins, Esp, Gold card . .	119
TX Children's Hosp Allergy & Immunology Dept	(832) 824-2099	Medical Center	C, Y (ages 13-18), Med	146
TX Children's Hospital Dept of Retrovirology	(832) 822-1038	Medical Center	Esp, C (ages 0-18), S\$, Med, HIV+, Call for intake	146
UT Houston Health Science Center	(713) 500-8300	Medical Center	F, Free, Med, Appt Req, HIV+, African American, Esp	152
EAST				
Settegast Health Center (HCHD)	(713) 636-7192	East End	F, All, S\$, Med, Appt/Walk-ins, Esp . .	119
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149

Clinics / Clínicas

CLINICS - HIV / AIDS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
NORTH				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Hou. Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Donald R. Watkins Memorial Foundation, Inc.	(936) 494-0400	Conroe	M, W, Y (ages 19-24), Free, Med, Appt, HIV+, Esp	111
St. Hope Foundation	(800) 241-3020	Conroe	All, I/RR, Free, Walk-ins, Med, HIV+, Esp	143
Women's Program (HCHD)	(713) 566-5858	Trinity/ Hou.Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120
SOUTHEAST				
UTMB Galveston AIDS Clinical Trials Unit	(409) 747-0214	Galveston	M, W, Appt Req, HIV+	152
SOUTHWEST				
Ft. Bend Family Health Center, Inc.	(281) 342-0529	Richmond	All, I/RR, S\$, Med, Ft. Bend & Colorado co. indigent care, RW Title II	115
St. Hope Foundation	(281) 277-8572	Stafford	All, I/RR, Free, Med, Ins, Appt Req, HIV+, Esp	143

Clinics / Clínicas

CLINICS - OTHER

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Chronically Ill & Disabled Children's Services (TDH)	(713) 767-3111	Statewide	C, Y, Free	146
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	Various	M, W, Y, Free, Walk-ins, Esp	138
Spay-Neuter Mobile Program (SNAP)	(713) 522-2337		Free or low cost, first come-first served	142
TDH Star Health Plan	(800) 937-5777	Statewide	Not specified.	146
CENTRAL				
AAMA Family Health Clinic	(713) 926-4756	Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . .	102
Animal Aid Program (SNAP)	(713) 863-0010	Heights	Free, Low cost, Appt Req	142
Animal Aid Wellness Clinic (SNAP)	(713) 862-8001	Heights	Free, Low cost, Walk-ins	142
Associates in Infectious Disease in OB/GYN	(713) 799-8994	Medical Center	W, All, Appt req, CD, Esp	101
Bering Omega Community Services Dental Clinic	(713) 524-7633	Montrose	Esp, Free, M, W, Y (ages 19 - 24), HIV+	104
Community Partners Adolescent Clinic	(713) 222-8782	Fifth Ward	Esp, Free, Y (ages 13 - 18), Appt Req	109
Harris Co. Community Health Ctrs	(713) 439-6000	Galleria/Post Oak	Not specified.	120
Lyons Avenue Health Center (HDHHS)	(713) 671-3041	Denver Harbor	Not specified.	124
Montrose Clinic- Community Care Clinic	(713) 830-3000	Montrose	Y, M, W, Med, Flat, Appt/Walk-ins, Esp	132

Clinics / Clínicas

CLINICS - OTHER

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Montrose Clinic- STD Clinic	(713) 830-3000	Montrose	Y, M, W, S\$, Appt/Walk-ins, Esp . . .	132
Montrose Clinic- Women's Clinic	(713) 830-3000	Montrose	W, Appt Req, Esp	132
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
Nuclear Imaging of Texas	(713) 523-6700	Medical Center	All, Med, Flat, Appt Req, Esp . . .	136
SCCI Hospital - Houston Central	(713) 529-8922	Montrose	M, W, Med, Priv pay, Ins, clinical and home assessments, Esp	141
SEARCH	(713) 739-7752	Midtown	M, W, F, I/RR, All, Free, Walk-ins, CD, Esp, Homeless	141
U of H Speech, Language & Hearing Clinic	(713) 743-2898	Third Ward	All (age 3 and up), S\$, Appt Req, Esp	150
UT Dental Branch	(713) 500-5888	Medical Center	All, Esp, Appt Req, Fee for svc . . .	151
UT Substance Abuse Research Center	(713) 500-2802	Medical Center	M, W, Free, Appt/Walk-ins, CD . .	152
West End Health Center (HDHHS)	(713) 866-4100	Heights	Not specified.	125
EAST				
Chambers County Health Department	(409) 267-8356	Anahuac	All, Walk-ins, Esp	107
Chambers County Indigent Health Care	(409) 267-8306	Anahuac	All	107
Harris Co. Baytown Community Health Ctr	(281) 427-7656	Baytown	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Harris Co. LaPorte Community Health Center	(281) 471-5408	La Porte	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
NORTH				
Harris Co. Humble Community Health Ctr	(281) 446-4222	Humble	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Walker Co. Maternal & Child Health Ctr	(936) 295-7474	Huntsville	M, W, C, Y, Appt Req, Med, Flat, S\$, Esp	153
NORTHWEST				
Ft. Bend Family Health Ctr-HAWC Clinic	(936) 857-2726	Prairie View	All, Appt/Walk-ins, S\$, Med, Esp	114
Harris Co. Antoine Community Health Ctr	(281) 447-2800	Inwood Forest	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Northwest Health Center (HCHD)	(713) 861-3939	Oak Forest/ Grdn Oaks	Adults only, Free, S\$, Med, Appt/Walk-ins, HIV+	119
SOUTHEAST				
Ft. Bend County Clinical Health Services	(281) 342-6414	Rosenberg	All, Appt Req, Esp	114
Harris Co. Southeast Community Health Ctr	(713) 740-5000	Pasadena	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
WEST				
Hearing Systems, Inc.	(281) 855-8916	Bear Creek/ Highway 6	All	121
St. John Vianney Social Services	(281) 497-4434	West Memorial	All, Free, Appt Req (Walk ins for food/clothing), Esp	144

Clothing & Household Items

Vestimenta y Artículos para la Casa

Affording enough clothing and household items can be difficult for persons with HIV, many of whom are living on low, fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at no charge.

La compra de vestimenta y artículos para la casa puede ser difícil para personas VIH+; quienes viven con bajos ingresos. Algunas agencias en el área de Houston podrán ofrecer gratuitamente vestimenta, muebles y otros artículos para la casa.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
Gulf Coast Community Svcs- Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs-Lawndale	(713) 393-4700	Lawndale	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs- Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs- Third Ward	(713) 521-9957	Third Ward	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs- West End	(713) 861-0590	Heights	All, Free (income guides), Appt/Walk-ins, Esp	116
Harris County Social Services	(713) 755-5243	Downtown	M, W, F, All, Free, Appt/Walk-ins	121
Macedonia Outreach Center	(713) 672-1653	Clinton Park	All, Appt/Walk-ins, Esp	129
PWA Coalition - Household Restart	(713) 522-5428	Montrose	All, I/RR, Free, Walk-ins, HIV+, Esp	138
Salvation Army, Houston Area Command	(713) 752-0686	Downtown	All, Free, Esp	140
EAST				
AAMA	(713) 926-9491	Second Ward	CD, Esp, Free, M, W, F, I/RR, Y, Walk-ins	102
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guides), Appt/Walk-ins, Esp	116
North Channel Assistance Ministries	(713) 453-8028	Northshore	All, Free, Walk-ins, proof of residence, income, ID	136
NORTH				
Gulf Coast Community Svcs - North Point	(281) 272-1555	Greenspoint	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guides), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guides), Appt/Walk-ins, Esp	116
Houston Outreach Task, Inc.	(713) 869-1384	Northside	All, Free, Walk-ins, ID required, Esp	125
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	Humble	F, All, Free, Walk-ins	126
Lutheran Social Svcs - Ruth's House	(281) 999-1122	Aldine	All, Free, Esp	129
Northwest Assistance Ministries	(281) 583-5600	Bammel	F, Free, Appt Req, Esp	136
Salvation Army, Montgomery County	(936) 760-2440	Conroe	All, Free, Walk-ins	140

Clothing & Household Items / *Vestimenta y Artículos para la Casa*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
NORTHWEST				
Bear Creek Assistance Ministry	(281) 855-0014	Bear Creek/Hwy 6	M, W, ID req	104
Cypress Assistance Ministries	(281) 955-7684	Cypress Fairbanks	M, W, F, Appt Req, Esp	110
Gulf Coast Community Svcs- Acres Home	(713) 692-1046	Acres Home	All, Free (income guides), Appt/Walk-ins, Esp	116
SOUTH				
Gulf Coast Community Svcs- Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guides), Appt/Walk-ins, Esp	116
New Hope Counseling Center	(713) 776-8006	Sharpstown	M, W, All, Free, Walk-ins, CD . . .	135
Scott-Tee's Love Foundation	(713) 733-1026	Sunnyside	All, Walk-ins	141
SOUTHEAST				
Bay Area Turning Point, Inc.	(281) 286-2525	Webster	HIV+, Appt Req, M, W, I/RR, Free	102
Berryman House- Christian Shelter for Living	(713) 748-8535	Southpark	CD, M, W, Walk-ins, Lim	105
Bridge Over Troubled Waters - Emerg. Shelter	(713) 472-0753	Not specified	W, F, All, Appt Req, Esp, Free . . .	106
Gulf Coast Community Svcs - South Houston	(713) 378-4747	South Houston	All, Free (income guides), Appt/Walk-ins, Esp	116
Salvation Army, Mainland Corps	(409) 935-1190	Texas City	All, Free, Walk-ins, Lim, Esp . . .	140
Southeast Area Ministry	(713) 944-0093	South Houston	All, F, Walk-ins, Free	142
SOUTHWEST				
Braes Interfaith Ministries	(713) 723-2671	Willow Bend	All, Esp	105
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	Stafford	M, W, F, All, Free, Walk-ins	112
Gulf Coast Community Svcs- SW Station	(713) 541-5205	Westwood	All, Free (income guides), Appt/Walk-ins, Esp	116
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	Richmond	All, Free, Walk-ins	140
Southwest Area Ministry	(281) 530-8633		All, F, Walk-ins, Free	142
Sunshine Resale Shop (CCSC)	(713) 665-4000	Bellaire	M, W, F, All, Walk-ins	108
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021		All, Walk-ins, Free	154
WEST				
Memorial Assistance Ministries	(713) 468-4516	Spring Branch	All, Free, Walk-ins	130
Renewed Innovations - Camille's Boutique Upscale Resale	(713) 932-6388	Spring Shadows	W, Flat, Lim	139
St. John Vianney Social Services	(281) 497-4434	West Memorial	All, Free, Appt Req (Walk ins -food/clothing), Esp . . .	144
West Houston Assistance Ministries	(713) 977-9942	Westchase	M, W, F, Free, Appt/Walk-ins, Esp	154

Consumer Assistance *Asistencia al Consumidor*

The agencies listed below may be able to help with budgeting, credit management, financial planning or dealing with a business that you feel has treated you unfairly.

Las agencias mencionadas aquí pueden asesorarle con su presupuesto, administrar su crédito, planificación financiera o resolver una disputa con un negocio que Ud. piensa que lo ha tratado injustamente.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Harris County District Attorney	(713) 755-5836	Downtown	All, Esp	118
SOUTHWEST				
Houston Center for Independent Living	(713) 974-4621	Sharpstown	M, W, Free, Appt/Walk-ins, Esp, perm disability	124
WEST				
Better Business Bureau of Greater Houston	(713) 868-9500	Memorial/ Washington	Free, M, W, F	105

Day Programs & Respite Care *Programa Diurno y Asistencia para los Cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the HIV infected person with the attention he or she needs.

Si Ud tiene el VIH o si está cuidando a alguien que lo tiene sabrá que esta situación causa fatiga y estrés. Los programas diurnos para los cuidadores asisten con las necesidades y atenciones para las personas VIH+, mientras que los cuidadores toman un tiempo para descansar.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Bering Omega Comm Svcs Adult Day Care Ctr	(713) 520-7070	Montrose	M, W (18+), Free, HIV+, Esp, S\$, Appt preferred	104
Harmony Health Recovery Center	(713) 862-6282	Memorial/ Washington	M, W, Free, Lim, CD, Documented homeless & TB	117
Harmony Health Respite Center	(713) 237-1765	Memorial/ Washington	Men only, Free, Lim	117
InnerWisdom Wellness Center	(713) 592-9294	Meyerland	M, W, All, S\$, Med, Appt Req, Esp	126
MHMRA New Day Treatment Program	(713) 970-4407	Montrose	C (ages 6 - 18), Must be client of MHMRA	145
NORTHEAST				
Ezekiel EZ Care Home	(713) 633-2804	Homestead	W, M, Med, Lim	112
NORTHWEST				
Combined Community Action	(979) 540-2980	Not applicable	M, W, Free, F, Lim, Appt/Walk-ins, Priv pay, Donations encouraged	109
SOUTH				
Gulf Coast Center, The	(409) 763-2373	Alvin	All, S\$, Appt Req, CD, Esp	116
WEST				
Interfaith CarePartners AIDS Care Team	(713) 682-5995	Memorial	All, Free, Walk-ins, Accepts collect calls from rural clients, Esp	126
St. John Vianney Social Services	(281) 497-4434	West Memorial	All, Free, Appt Req (Walk ins -food/clothing), Esp	144

Deaf & Hard of Hearing Services / Servicios para Sordos

In Houston there are agencies that serve HIV infected deaf and hard of hearing persons. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.

En Houston hay agencias que sirven a las personas sordas con el VIH. Todas las agencias mencionadas en este libro ayudan a las personas sordas, pero las que están en esta lista se especializan en este grupo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Sign Language Accessible Interpreters	(713) 263-8299		All, Flat	141
CENTRAL				
Career & Recovery Resources	(713) 754-7000	Midtown	M, W, Free, Appt/Walk-ins, CD . . .	106
Sign Shares	(713) 869-4373	Memorial/ Washington	All, Flat Fee, TCDHH funding available	141
U of H Speech, Language & Hearing Clinic	(713) 743-2898	Third Ward	All, S\$, Appt, Esp, age 3 & up . . .	150
SOUTHWEST				
Nightingale Adult Day Center	(713) 981-1543	Sharpstown	M, W, Free, S\$, CD, Appt req . . .	135
WEST				
Hearing Systems, Inc.	(281) 855-8916	Bear Creek/Hwy 6	All	121

Dental Services / Cuidado Dental

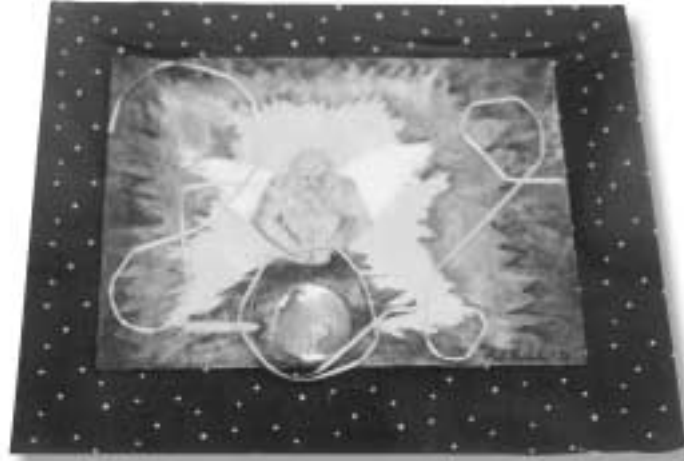
Don't neglect your teeth! Call one of the clinics listed below if you haven't seen a dentist in the past six months.

¡No descuide de sus dientes! Llame a una de estas clínicas si no ha visto a un dentista en los últimos seis meses.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Bering Omega Community Svcs Dental Clinic	(713) 524-7633	Montrose	Esp, Free, M, W, Y (ages 19 - 24), HIV+	104
UT Dental Branch Main Clinic	(713) 500-4000	Medical Center	All, Esp, Appt Req (except in crisis), Fee for svc	151
UT Dental Branch Oral & Maxillofacial Surgery	(713) 790-4600	Medical Center	All, Appt Req, Med, Fee for svc . . .	151
UT Dental Branch Pediatric Dentistry	(713) 500-8200	Medical Center	C, Med, Appt Req, Esp	151
UT Dental Branch University Dental Center	(713) 500-5888	Medical Center	All, Esp, Appt Req, Fee for svc . . .	151
EAST				
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt, Free, S\$, HIV+, Esp, UTMB affiliate	149
NORTHEAST				
Liberty County Indigent Healthcare Program	(281) 593-8428	Cleveland	All, Appt Req, at or below 185% poverty	128
NORTHWEST				
Northwest Health Center (HCHD)	(713) 861-3939	Oak Forest/ Garden Oaks	Adults only, Free, S\$, Med, Appt/Walk-ins, HIV+	119
SOUTHWEST				
Wharton Co. Interfaith Coalition dba Share	(979) 282-2021	Wharton	All, Walk-ins, Free	154

Education Programs / Programas Educativos

The following agencies provide education about HIV/AIDS and related health topics. Some employ professional and/or volunteer educators to give group presentations. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments. Other agencies provide written material free of charge.



The Watcher by Mark

Las siguientes agencias proveen educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Algunas emplean a profesionales y/o educadores voluntarios para realizar presentaciones a grupos. Los temas pueden incluir información básica, reducción del riesgo y tratamientos avanzados del SIDA. Otras proveen material escrito sin costo alguno.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
AAMA	(713) 926-4756	Lawndale	M, W, Y, Free, Walk-ins, Esp, CD	102
American Red Cross	(713) 526-8300	Greenway Plaza	W, C, Y	100
Catholic Charities AIDS Ministry	(713) 874-6624	Midtown	All, M, W, F, Free, Walk-ins, HIV+, Esp	107
Center for AIDS, The	(713) 527-8219	Montrose	All, Free, Esp	107
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
Donald R. Watkins Memorial Foundation	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
E.T. Adult Center	(713) 592-6170	OST/South Union	All, Walk-ins, S\$, I/RR, CD	112
Family Svcs of Greater Houston - Admin Ofc	(713) 868-4466	Montrose	All, Free, Walk-ins, Esp	113
Family Svcs of Greater Houston - Central Ofc	(713) 861-4849	Memorial/Washington	All, Free, Walk-ins, HIV+, Esp	113
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
HACS - Positive Knowledge Pgm	(713) 526-0555	Greenway Plaza	M, W, Free, HIV+, Hispanic/Latino, Esp	123
Houston READ Commission	(713) 228-1801	OST/South Union	Ages 17+, Free, Appt Req, Esp	125
Macedonia Outreach Center	(713) 672-1653	Clinton Park	All, Appt/Walk-ins, Esp	129

Education Programs / Programas Educativos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Montrose Clinic - Next Step Education	(713) 830-3000	Montrose	Y, M, W, Free, Appt Req, Esp	132
Montrose Clinic - Smart Step Education Program	(713) 830-3000	Montrose	M, W, All, Appt/Walk-ins, Esp, Free	132
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
PWA Coalition - Consumer Advocate Training	(713) 520-9248	Montrose	W, HIV+	138
SEARCH	(713) 739-7752	Midtown	M, W, F, I/RR, Free, Walk-ins, CD, Esp, Homeless	141
St. Hope Foundation	(713) 839-7111	Bellaire	All, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp	143
Thomas Street Clinic (HCHD)	(713) 873-4000	Near Northside	M, W, Free, S\$, Med, HIV+, Esp, Gold card	119
YWCA of Houston	(713) 868-9922	Memorial/ Washington	All, Free	155
EAST				
American Red Cross - Baytown	(281) 424-1300	Baytown	W, C, Y	100
Family Svcs of Greater Houston - Baytown	(832) 556-8756	Baytown	All, Walk-ins, Free, Esp	113
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
New Horizon Family Center	(281) 424-3300	Baytown	W, C, Y, All, Free, Appt Req, Lim, Esp	135
Settegast Health Center (HCHD)	(713) 636-7192	East End	F, All, S\$, Med, Appt/Walk-ins, Esp	119
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
NORTH				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
American Red Cross - Conroe	(936) 756-2212	Conroe	W, C, Y	100
American Red Cross - Huntsville	(936) 291-0211	Huntsville	W, C, Y	100
Family Svcs of Gr Houston - Montgomery Co.	(888) 844-6289	Woodlands	All, I/RR, Free, Walk-ins, HIV+, Esp	114
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Houston Outreach Task, Inc.	(713) 869-1384	Northside	All, Free, Walk-ins, ID required, Esp	125
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	Humble	F, All, Free, Walk-ins	126
Lutheran Social Services - Ruth's House	(281) 999-1122	Aldine	All, Free, Esp	129
Northwest Assistance Ministries	(281) 583-5600	Bammel	F, Free, Appt Req, Esp	136

Education Programs / Programas Educativos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
N O R T H				
SAAFE House	(936) 291-3529	Huntsville	All, Free, S\$	140
SAAFE House	(936) 327-6427	Livingston	All, Free, S\$	140
Women Helping Women TAP Pgm	(281) 631-9744		W, Free, Lim, Other eligibility requirements	154
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
N O R T H E A S T				
Trinity Gardens Integral Forces, Inc	(713) 631-0329 x26	Trinity/Hou Gardens	All, I/RR, Walk-ins, CD, Esp	149
N O R T H W E S T				
Cypress Assistance Ministries	(281) 955-7684	Cypress Fairbanks	M, W, F, Appt Req, Esp	110
Family Outreach Center - North Harris County	(281) 444-9696	Greenwood Forest	M, W, F, C (ages 0 - 12), Free, Appt Req	113
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Motherland - Turning Point Intervention Program	(713) 290-0001	Oak Forest/ Garden Oaks	W, Free, Appt/Walk-ins, CD, call for more info	133
NW Health Center (HCHD)	(713) 861-3939	Oak Forest/ Garden Oaks	Adults only, Free, S\$, Med, Appt/Walk-ins, HIV+	119
S O U T H				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Scott-Tee's Love Foundation	(713) 733-1026	Sunnyside	All, Walk-ins	141
S O U T H E A S T				
American Red Cross - Clear Lake	(281) 282-6039	Clear Lake/NASA	W, C, Y	100
American Red Cross - Pasadena	(713) 943-7000	Pasadena	W, C, Y	100
American Red Cross - Texas City	(409) 945-7200	Texas City	W, C, Y	100
Family Outreach Center - Clear Lake/Bay Area	(281) 486-8827	Clear Lake/NASA	F, Free	113
Family Svcs of Greater Houston - Bay Area	(281) 282-6025	Clear Lake/NASA	All, Free, Walk-ins, Esp	113
FLAS, Inc.	(713) 772-2366	Sharpstown	Y (ages 13 - 24), Free, Walk-ins, Lim, CD	115
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Houston Allied Health Careers	(713) 649-4242	Golfcrest	Adults (17 & up), Appt/Walk-ins	122

Education Programs / Programas Educativos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
S O U T H W E S T				
American Red Cross - Rosenberg	(281) 342-9480	Rosenberg	W, C, Y	100
Family Outreach Fort Bend	(281) 242-5385	Sugar Land	F, Appt Req	113
Family Svcs of Greater Houston -Ft. Bend Co.	(281) 261-1830	Stafford	All, I/RR, Free, Walk-ins, HIV+, Esp	113
Ft. Bend Council on Family & Community Dev.	(281) 342-8828	Rosenberg	All, S\$, Appt/Walk-ins, CD	114
Ft. Bend Council on Family & Community Dev.	(281) 261-1370	Stafford	All, S\$, Appt/Walk-ins, CD	114
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
St. Hope Foundation	(713) 778-1300	Sharpstown	W, Y, F, Free, Appt req	143
W E S T				
Alternate Resources Academy	(281) 497-0585	Eldridge/ West Oaks	M, W, Esp, VA, TRC, TWC, Pmt plans	99
American Red Cross - Brookshire	(281) 375-5110	Brookshire	W, C, Y	100
Family Svcs of Greater Houston - Waller Co.	(281) 375-5110	Waller	All, Walk-ins, Free, Esp	113

Employment & Training Ayuda para Empleo y Entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance, and more choices.

Para una persona infectada con el VIH, ser productiva y activa es importante por razones económicas y emocionales. Algunas agencias tienen programas que ofrecen entrenamiento, consejos y referencias en la búsqueda de un empleo. Si Ud. puede trabajar, podrá beneficiarse con un salario fijo, seguro médico y otras opciones.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
Career and Recovery Resources, Inc.	(713) 754-7000	Midtown	M, W, Free, Appt/Walk-ins, CD . . .	106
Christian Community Svc Ctr-JobNet	(713) 626-8320	Greenway Plaza	M, W, S\$, Appt Req	108
Goodwill Temporary Service	(713) 699-6724	Kashmere Gardens	M, W, Appt Req	115
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harmony Health Respite Center	(713) 237-1765	Memorial/ Washington	Men only, Free, Lim	117

Employment & Training

Ayuda para Empleo y Entrenamiento

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
SEARCH	(713) 739-7752	Midtown	All, Free, Walk-ins, I/RR, CD, Esp, Homeless	141
EAST				
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
NORTH				
Gulf Coast Community Svcs - North Point	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	Humble	F, All, Free, Walk-ins	126
Women Helping Women - TAP Program	(281) 631-9744		W, Free, Lim, other eligibility requirements	154
WorkSource - Northline, The	(713) 692-7755	Northline	Y, M, W, Free, Walk-ins, Esp	155
WorkSource SER Gulf Coast (SER Houston)	(713) 697-3437	Eastex/Jensen	Y, M, W, Free, Walk-ins, CD, Esp	155
NORTHWEST				
Bear Creek Assistance Ministry	(281) 855-0014	Bear Creek/Hwy 6	M, W, ID required	104
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
SOUTH				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
SOUTHEAST				
Bay Area Turning Point, Inc.	(281) 286-2525	Webster	W, F, All, Appt, Free, HIV+, Esp, Homeless	102
Gulf Coast Community Svcs - South Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Texas Commission for the Blind	(713) 944-9924	Ellington/S. Belt	All, Appt/Walk-ins	146
SOUTHWEST				
Braes Interfaith Ministries	(713) 723-2671	Willow Meadows	All, Esp,	105
Gulf Coast Community Svcs - Southwest Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Nightingale Adult Day Center	(713) 981-1543	Sharpstown	M, W, Free, S\$, CD, Appt,	135
WorkSource - Gulf Coast Careers	(979) 245-4804	Bay City	Y, M, W, I/RR, Free, Walk-ins, Esp	155
WEST				
Renewed Innovations Camille's Boutique	(713) 932-6388	Spring Shadows	W, Lim	139
West Houston Assistance Ministries	(713) 977-9942	Westchase	M, W, F, Free, Appt/Walk-ins, Esp	154

Eye Care / Cuidado de la Vista

Certain illnesses associated with HIV infection can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuito o a muy bajo costo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Houston VA Medical Center	(713) 791-1414	Medical Center	M, W, Walk-ins, CD, veteran . . .	126
Montrose Clinic Frost Eye Clinic	(713) 830-3033	Montrose	M, W, Y, Esp, Low cost or free . . .	132
U of H College of Optometry	(713) 743-2020	Third Ward	All, S\$, Med, Appt	150
U of H College of Optometry at Good Neighbor	(713) 527-8480	Montrose	M, W, F, S\$, Med, Appt, Esp . . .	150
NORTHEAST				
Liberty Co. Indigent Healthcare	(281) 593-8428	Cleveland	All, Appt, at or below 185% federal poverty level	129

Financial Assistance / Asistencia Financiera

Financial assistance for HIV+ persons is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs, medical supplies, insurance premiums and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive.



Art by Gus Giraldo

Se dispone de asistencia financiera para las personas infectadas con el VIH por medio de las agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos, equipo médico, prima de seguro y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias en cualquier momento. Las agencias tienen diferentes requisitos para determinar quien califica para asistencia y cuanto recibirá.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Social Security Administration	(800) 772-1213		All, Walk-ins, Free, Esp	142
CENTRAL				
Bering Omega Community Services	(713) 520-5327	Montrose	Esp, Free, M, W, Lim, F, All, Appt Req, HIV+	104
Catholic Charities AIDS Ministry	(713) 874-6624	Midtown	All, M, W, F, Free, Walk-ins, HIV+, Esp	107
Christian Community Service Center (CCSC)	(713) 871-9741	Greenway Plaza	All, Free, Esp, Walk-ins, documentation of crisis	108

Financial Assistance / Asistencia Financiera

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Colt 45's, The	(713) 526-6077		All, Free, HIV+, application required	109
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris County Social Services	(713) 755-5243	Downtown	M, W, F, All, Free, Appt/Walk-ins	121
Houston VA Medical Center	(713) 791-1414	Medical Center	M, W, Walk-ins, Eligibility based on income, CD	126
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
Resurrection Metropolitan Community Church	(713) 861-9149	Heights	All, Appt/Walk-ins, ID required	139
Salvation Army, Houston Area Command	(713) 752-0686	Downtown	All, Free, Esp	140
EAST				
Baytown Resource and Assistance Center	(281) 424-5752	Baytown	F, Walk-ins	104
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Mid-Chambers Christian Caring Center	(409) 267-6898	Anahuac	All, Free, Walk-ins	131
St. Pius Catholic Church	(713) 473-9484	Pasadena	F, Free, Lim, social security, proof of res, ID, Esp	144
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
NORTH				
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	Humble	F, All, Free, Walk-ins	126
Lutheran Social Svcs of the South - Ruth's House	(281) 999-1122	Aldine	All, Free, Esp	129
Montgomery County Emergency Assistance	(936) 539-9211	Conroe	All, Walk-ins	132
Northwest Assistance Ministries	(281) 583-5600	Bammel	F, Free, Appt Req, Esp	136
Salvation Army, Montgomery County	(936) 760-2440	Conroe	All, Free, Walk-ins	140
St. Mary Magdalene Social Services	(281) 540-1907	Humble	All, Free, Walk-ins, Lim, proof of residence	144

Financial Assistance / Asistencia Financiera

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
NORTHWEST				
Bear Creek Assistance Ministry	(281) 855-0014	Bear Creek/ Highway 6	M, W, ID req	104
Combined Community Action	(512) 285-5771	Not applicable	Adults, Med, Priv pay, Lim	109
Cypress Assistance Ministries	(281) 955-7684	Cypress Fairbanks	M, W, F, Appt Req, Esp	110
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
SOUTH				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
SOUTHEAST				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . . .	97
Galveston County Social Services	(409) 770-5583	Galveston	All, Free, Walk-ins, 100% poverty or below	115
Galveston County Social Services	(281) 316-8733	League City	All, Free, Walk-ins, 100% poverty or below	115
Galveston County Social Services	(409) 770-5803	Texas City	All, Free, Walk-ins, 100% poverty or below	115
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Salvation Army, Mainland Corps	(409) 935-1190	Texas City	All, Free, Walk-ins, Lim, Esp	140
Southeast Area Ministry	(713) 944-0093	South Houston	All, F, Walk-ins, Free	142
SOUTHWEST				
Brentwood Community Foundation	(713) 729-5239	Not specified	All, Appt/Walk-ins, Free, HIV+, CD	106
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	Stafford	M, W, F, All, Free, Walk-ins	112
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	Richmond	All, Free, Walk-ins	140
Southwest Area Ministry	(281) 530-8633		All, F, Walk-ins, Free	142
Volunteers of America-Chupik House	(281) 341-1172	Rosenberg	M, Appt Req, HIV+, CD	153
WAM Foundation	(713) 551-8787	South Main	All, Free, Walk-ins, HIV+, Esp	153
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021	Wharton	All, Walk-ins, Free	154
WEST				
Memorial Assistance Ministries	(713) 468-4516	Spring Branch	All, Free, Walk-ins	130
St. John Vianney Social Services	(281) 497-4434	West Memorial	All, Free, Appt (Walk ins for food/clothing), Esp	144
West Houston Assistance Ministries	(713) 977-9942	Westchase	M, W, F, Free, Appt/Walk-ins, Esp	154

Food / Alimentos

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. Food pantries, soup kitchens and home meal delivery programs are available in the Houston area. All those listed below are free. Restrictions may apply.

Costear suficiente alimento puede ser difícil para personas VIH+ de bajos ingresos. El consumo de una variedad de comidas saludables es muy importante. Los servicios como despensas de comida, comedores y entrega a domicilio están disponibles en el área de Houston. Los mencionados aquí son gratuitos. Puede que existan algunas restricciones.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
AIDS Foundation Houston - Stone Soup	(713) 623-6796	River Oaks	HIV+	99
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
Christian Community Service Center (CCSC)	(713) 871-9741	Greenway Plaza	All, Free, Esp, Walk-ins, documentation of crisis	108
CCSC - Operation Sunshine Meals	(713) 961-3993	Greenway Plaza	M, W, All, S\$, Appt Req	108
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris C. Public Health Services - WIC Pgm	(713) 439-6145	Galleria/Post Oak	Free, Pregnant, postpartum, & breastfeeding women, Infants, (ages 0 - 5)	120
Houston Challenge Food Pantry	(713) 223-3810	Near Northside	All, Free, Walk-ins, HIV+, Esp	124
Macedonia Outreach Center	(713) 672-1653	Clinton Park	All, Appt/Walk-ins, Esp	129
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
Resurrection Metropolitan Community Church	(713) 861-9149	Heights	All, Appt/Walk-ins, ID required	139
Salvation Army, Houston Area Command	(713) 752-0686	Downtown	All, Free, Esp	140
EAST				
Baytown Resource and Assistance Center	(281) 424-5752	Baytown	F, Walk-ins	104
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
LIFE Houston- Harris Co. SE Clinic	(877) 577-LIFE	Pasadena	C, Free, Walk-ins	129
Love INC (In the Name of Christ)	(281) 422-5683	Baytown	All, Free, Gas vouchers, Diapers	129
North Channel Assistance Ministries	(713) 453-8028	Northshore	All, Free, Walk-ins, Proof of res, income & ID	136
St. Pius Catholic Church	(713) 473-9484	Pasadena	F, Free, Lim, social security card, proof of res, ID, Esp	144
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149

Food / Alimentos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
N O R T H				
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris Co- NAM WIC Ctr	(281) 587-8596	Bammel	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	121
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	Humble	F, All, Free, Walk-ins	126
Lutheran Social Svcs of the South - Ruth's House	(281) 999-1122	Aldine	All, Free, Esp	129
Montgomery County Emergency Assistance	(936) 539-9211	Conroe	All, Walk-ins	132
Northwest Assistance Ministries	(281) 583-5600	Bammel	F, Free, Appt Req, Esp	136
Salvation Army, Montgomery County	(936) 760-2440	Conroe	All, Free, Walk-ins	140
St. Hope Foundation	(800) 241-3020	Conroe	All, I/RR, Free, Walk-ins, Med, HIV+, Esp	143
St. Mary Magdalene Social Services	(281) 540-1907	Humble	All, Free, Walk-ins, Lim, proof of residence	144
N O R T H E A S T				
Trinity Gardens Integral Forces, Inc	(713) 631-0329 x26	Trinity/ Houston Gardens	All, I/RR, Walk-ins, CD, Esp	149
N O R T H W E S T				
Bear Creek Assistance Ministry	(281) 855-0014	Bear Creek/ Highway 6	M, W, ID req	104
Cypress Assistance Ministries	(281) 955-7684	Cypress Fairbanks	M, W, F, Appt Req, Esp	110
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris Co - Emerald Plaza WIC Center	(281) 444-0764		Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	120
Harris Co- Tomball WIC Center	(713) 290-6246	Tomball	Free, Pregnant, postpartum, & breastfeeding women, Infants, C (ages 0 - 5)	121
S O U T H				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
New Hope Counseling Center	(713) 776-8006	Sharpstown	M, W, All, Free, Walk-ins, CD . . .	135
Scott-Tee's Love Foundation	(713) 733-1026	Sunnyside	All, Walk-ins	141
S O U T H E A S T				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . .	97
Berryman House- Christian Shelter for Living	(713) 748-8535	Southpark	CD, M, W, Walk-ins, Lim	105

Food / Alimentos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
S O U T H E A S T				
Galveston County Social Services	(409) 770-5583	Galveston	All, Free, Walk-ins, 100% poverty or below	115
Galveston County Social Services	(281) 316-8733	League City	All, Free, Walk-ins, 100% poverty or below	115
Galveston County Social Services	(409) 770-5803	Texas City	All, Free, Walk-ins, 100% poverty or below	115
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris Co- Decker Drive WIC Ctr	(281) 424-8366	Baytown	Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0 - 5)	120
Harris Co- S. Houston WIC Ctr	(713) 941-5035	South Houston	Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0 - 5)	121
Harris Co- Scarsdale WIC Ctr	(281) 922-6546	Ellington/ South Belt	Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0 - 5)	121
Salvation Army, Mainland Corps	(409) 935-1190	Texas City	All, Free, Walk-ins, Lim, Esp	140
Southeast Area Ministry	(713) 944-0093	South Houston	All, F, Walk-ins, Free	142
S O U T H W E S T				
Braes Interfaith Ministries	(713) 723-2671	Willow Meadows/ Willow Bend	All, Esp	105
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	Stafford	M, W, F, All, Free, Walk-ins	112
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp.	116
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	Richmond	All, Free, Walk-ins	140
Southwest Area Ministry	(281) 530-8633		All, F, Walk-ins, Free	142
WAM Foundation	(713) 551-8787	South Main	All, Free, Walk-ins, HIV+, Esp	153
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021		All, Walk-ins, Free	154
W E S T				
Fair Haven Food Pantry	(713) 467-4363	Spring Branch	M, W, F, Free, Walk-ins, Halfway house residents	112
Harris Co- Bear Creek WIC Ctr	(713) 345-4759	Bear Creek/ Highway 6	Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0 - 5)	120
St. John Vianney Social Services	(281) 497-4434	West Memorial	All, Free, Appt (Walk ins for food/clothing), Esp	144
West Houston Assistance Ministries	(713) 977-9942	Westchase	M, W, F, Free, Appt/Walk-ins, Esp	154

Funeral Services / Servicios Funerarios

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable HIV infected persons and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veteran's Administration.



Art by Ronnie

A nadie le gusta planear para un funeral o cremación cuando uno se siente bien, pero planificar con anticipación ayuda a prevenir una ansiedad futura, ahorra una gran cantidad de dinero a las personas infectadas con el VIH. Analizando costos y comparando servicios con anticipación permite tomar mejores decisiones. Los veteranos podrían recibir beneficios de sepultura por medio de la Administración de Veteranos.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A L L				
Dignity Memorial	(713) 525-5354	Various	All	111
C E N T R A L				
Catholic Charities AIDS Ministry	(713) 874-6624	Midtown	All, M, W, F, Free, Walk-ins, +, Esp	107
Bill Clair Family Mortuary	(713) 522-9030	MacGregor	M, W, All	105
N O R T H				
Aldine Funeral Chapel, LLC	(281) 591-6055	Aldine	Appt recommended	99
Arlington National Funeral Home	(713) 692-5555	Northside	All	101
Cremation Service International	(713) 692-5555	Northside	All, Walk-ins	110
N O R T H W E S T				
Funeral Consultant/Negotiator	(281) 357-5138	Tomball	All, Free, S\$, nationwide	128
S O U T H E A S T				
Galveston County Social Services	(409) 770-5583	Galveston	F, All, Free, Walk-ins, 100% poverty or below	115
Galveston County Social Services	(281) 316-8733	League City	F, All, Free, Walk-ins, 100% poverty or below	115
Galveston County Social Services	(409) 770-5803	Texas City	F, All, Free, Walk-ins, 100% poverty or below	115
S O U T H W E S T				
Bill Clair Southwest Chapel	(713) 522-9030	Stafford	M, W, All	105
Serenity Mortuary	(713) 789-6448	Woodlake/ Briar Meadow	All	141

HIV & STD Testing / Análisis del VIH y Enfermedades Transmitidas Sexualmente

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This medical test is the only way to tell if someone is infected with the virus. The test can be done at a doctor's office or a clinic. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have your results ready for you in 10 – 14 days or less.



Whimsical Heart by Harry Power

Si Ud. cree que ha sido expuesto al VIH, debe seriamente considerar hacerse un análisis del VIH. Éste es el único método de saber si una persona está infectada con el virus. Lo puede hacer en la oficina del médico o en una clínica. En muchas clínicas públicas, Ud. no tiene que revelar su nombre y el análisis es gratuito o de bajo costo. En la mayoría de los lugares Ud. tendrá el resultado en 10 a 14 días o en menos tiempo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A L L				
Planned Parenthood	(800) 230-PLAN	Various	M, W, Y, Free, Walk-ins, Esp . . .	138
C E N T R A L				
AAMA	(713) 926-4756	Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . .	102
ACT Health Services/SML, Inc.	(713) 795-4590	Astrodome/ South Loop	Appt/Walk-ins	97
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
Career and Recovery Resources, Inc.	(713) 754-7000	Midtown	M, W, Free, Appt/Walk-ins, CD . .	106
Casa de Amigos Health Center (HCHD)	(713) 222-2272	Near Northside	All, Walk-ins, Free, S\$, Med	119
Community Family Ctr	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
Donald R. Watkins Memorial Foundation	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
Gotta Know Testing Services	(713) 795-9955	Third Ward	All, S\$, Appt Req	115
Gulfgate Health Center (HCHD)	(713) 495-3700	Pecan Park	All, Walk-ins, Free, S\$, Med	119
Houston Area Community Services (HACS)	(713) 526-0555	Greenway Plaza	M, W, Y, All, Free, Walk-ins, Esp . .	122
Montrose Clinic HIV/STD Testing & Counseling	(713) 830-3000	Montrose	Y, M, W, Free, Appt/Walk-ins, Esp	132
San Jose Clinic	(713) 228-2651	Downtown	All, S\$, Appt req, Esp	140
St. Hope Foundation Clinic	(713) 839-7111	Bellaire	M, W, F, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp	143
E A S T				
AAMA	(713) 926-9491	Second Ward	CD, Esp, Free, M, W, F, I/RR, Y, Walk-ins	102
Baytown Health Center (HCHD)	(281) 427-6757	Baytown	All, Walk-ins, Free, S\$, Med	119

HIV & STD Testing / Análisis del VIH y Enfermedades Transmitidas Sexualmente

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
E A S T				
Chambers County Health Department	(409) 267-8356	Anahuac	All, Walk-ins, Esp	107
Harris Co. Baytown Community Health Ctr	(281) 427-7656	Baytown	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Harris Co. LaPorte Community Health Ctr	(281) 471-5408	La Porte	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Settegast Health Center (HCHD)	(713) 636-7192	East End	F, All, S\$, Med, Appt/Walk-ins, Esp	119
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
N O R T H				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Harris Co. Humble Community Health Ctr	(281) 446-4222	Humble	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Walker Co. Maternal & Child Health Ctr	(936) 295-7474	Huntsville	M, W, C, Y, Appt Req, Med, Flat, S\$, Esp	153
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, HIV+, Esp, Gold card	120
N O R T H E A S T				
Aldine Health Center (HCHD)	(281) 985-7600	Aldine	F, All, Free, S\$, Med, Walk-ins	119
N O R T H W E S T				
Acres Home Health Center (HCHD)	(281) 448-6391	Acres Home	All, Walk-ins, Free, S\$, Med	119
Ft. Bend Family Health Ctr-HAWC Clinic	(936) 857-2726	Prairie View	All, Appt/Walk-ins, S\$, Med, Esp	114
Harris Co. Antoine Community Health Ctr	(281) 447-2800	Inwood Forest	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Motherland, Inc.	(713) 290-0001	Oak Forest/ Garden Oaks	W, Free, Appt/Walk-ins, CD, call for more info	133
Northwest Health Center (HCHD)	(713) 861-3939	Oak Forest/ Garden Oaks	Adults only, Free, S\$, Med, Appt/Walk-ins, HIV+	119
S O U T H				
Gulf Coast Center, The	(409) 763-2373	Alvin	All, S\$, Appt Req, CD, Esp	116
S O U T H E A S T				
Ft. Bend County Clinical Health Services	(281) 342-6414	Rosenberg	All, Appt Req, Esp	114
Gulf Coast Center - Recovery Program	(409) 762-5935	Galveston	M, W, F, Free, S\$, Walk-ins, CD	115
Harris Co. Southeast Community Health Ctr	(713) 740-5000	Pasadena	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Strawberry Health Center (HCHD)	(713) 477-6851	Pasadena	All, Walk-ins, Free, S\$, Med	119

HIV & STD Testing / Análisis del VIH y Enfermedades Transmitidas Sexualmente

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
S O U T H W E S T				
People's Health Center (HCHD)	(713) 272-2600		All, Walk-ins, Free, S\$, Med	119
Ft. Bend Family Health Center, Inc.	(281) 342-0529	Richmond	All, I/RR, S\$, Med, Ft. Bend & Colorado co. indigent care, RW Title II	115
St. Hope Foundation	(713) 778-1300	Sharpstown	W, Y, F, Free, Appt req	143
WAM Foundation	(713) 551-8787	South Main	All, Free, Walk-ins, HIV+, Esp . . .	153

Home Assistance and Home Health Care Asistencia y Cuidado en el Hogar

Some HIV infected persons need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.



Art by Nando

Algunas personas infectadas con el VIH necesitan ayuda en sus domicilios. Hay varios tipos de ayuda disponibles. Para las personas que necesitan ayuda mínima en el aseo de su casa, asesoras del hogar pueden proporcionar este servicio gratuito o a costo mínimo. Las personas que requieran ayuda con el aseo personal (bañarse, etc), hay disponibilidad de enfermeras y asistentes. A veces, una orden médica es requerida.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
Care Group of TX - Pedi Nursing & Rehab	(713) 383-2100	Astrodome/ South Loop	All, Med, Managed care, Priv pay, Wrkr comp, Esp	106
Citywide Home Health Services, Inc.	(713) 660-6671	Bellaire	Adults, F, Med	108
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Visiting Nurse Association of Houston, Inc.	(713) 520-8115	Greenway Plaza	All, Free, Med, Doctor's orders, Esp	153

Home Assistance & Home Health Care *Asistencia y Cuidado en el Hogar*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
E A S T				
Caring Experience, The	(281) 422-3537	Baytown	All, Free, Appt Req, HIV+	106
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
N O R T H				
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Home Health Care of Huntsville Thee Hospice	(800) 999-5935	Huntsville	M, W, F, Med	121
PSA Healthcare	(281) 999-8566	Aldine	Not specified	139
N O R T H E A S T				
Cage's Medical Services, Inc.	(713) 674-5616	Pleasantville	All, Med, Ins, Priv pay, Walk-ins, Esp	106
N O R T H W E S T				
Combined Community Action	(512) 285-5771	Not applicable	Adults, Med, Priv pay, Lim	109
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H E A S T				
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H W E S T				
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
W E S T				
Interfaith CarePartners AIDS Care Team	(713) 682-5995	Memorial	All, Free, Walk-ins, Accepts collect calls from rural clients, Esp	126

Hospices / Hospicios

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of AIDS. Physician approval is needed for this service, which can take place in a home, special residence, nursing facility or hospital.



Art by Tammy Garrison

El hospicio es un concepto que implica el cuidado para pacientes enfermos terminales y sus familiares. El enfoque del hospicio es proveer calidad de vida cuando una cura ya no es posible, ofreciendo control del dolor, pero no toma un papel activo en el tratamiento del SIDA. La aprobación de un médico es necesaria para recibir este servicio, el cual puede ser llevado a cabo en el hogar, una residencia especial, u hospital particular.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Bering Omega Community Svcs - Omega House	(713) 523-7110	Montrose	Esp, Free, M, W, Appt, HIV+ . . .	104
Hospice Preferred Choice	(713) 864-2626	Heights	Adults, Ins, Med	122
EAST				
Hospice Care Team, Inc.	(713) 453-8862	Northshore	All, S\$, Med, Ins, Appt Req	121
NORTH				
Crown of Texas Hospice	(936) 788-7707	Conroe	All, Med, Ins, Foundation pays for indigent . .	110
Home Health Care of Huntsville - Thee Hospice	(800) 999-5935	Huntsville	M, W, F, Med	121
SOUTH				
Hospice Care Team, Inc.	(409) 938-0070	Texas City	All, S\$, Med, Ins, Appt Req	121
SOUTHEAST				
A-Med Community Hospice	(713) 947-6200	Pasadena	Adults, Med, Most 3rd party payors, Esp	99
SOUTHWEST				
American Hospice	(713) 995-5929	Sharpstown	Adults, Med, Ins/per diem charge, Appt Req, Esp	100
WEST				
Vista Care	(713) 290-1746	Uptown	All, Walk-ins, S\$, Med, CD	153

Hospitals / Hospitales

Below is a list of hospitals in the Houston area. If it is very important to you to use a particular hospital, make sure that your doctor admits patients to that hospital. Ben Taub and LBJ are part of the Harris County Hospital District (HCHD) and will treat you even if you have no insurance, though any hospital must treat you when you need emergency care. But do not use the hospital emergency room unless you truly have an emergency; call your doctor if you aren't sure. Remember, you will probably have to wait a lot longer in the ER than in the clinic or in your doctor's office. An HCHD Community Clinic needs to refer clients to Ben Taub and LBJ specialty clinics.

Aquí hay una lista de los hospitales del área de Houston. Si para Ud. es muy importante utilizar un hospital en particular, asegúrese que su doctor pueda admitir pacientes en el mismo. Los hospitales Ben Taub y LBJ son parte del Distrito de Hospitales del Condado Harris (HCHD) y les ofrecerá servicios aunque Ud. no tenga seguro médico, aunque en el caso de una emergencia, cualquier hospital debe atenderlo. Sin embargo, no use la sala de emergencias al menos que sea una verdadera emergencia; llame a su doctor si no está seguro. Recuerde, Ud. tendrá que esperar mucho más tiempo en la sala de emergencias que en la clínica o en la oficina de su doctor.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Ben Taub General Hospital (HCHD)	(713) 873-2000	Medical Center	All	119
Memorial Hermann Children's Hospital	(713) 704-KIDS	Medical Center	C, Y	130
Memorial Hermann Hospital	(713) 222-CARE	Medical Center	All	130
Memorial Hermann Northwest Hospital	(713) 222-CARE	Heights	All	130
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	Astrodome/ South Loop	Adults, Flat, Ins, Self-pay, Appt/Walk-ins, CD	130
Park Plaza Hospital	(713) 527-5000	Medical Center	M, W, Ins, Priv pay	137
SCCI Hospital - Houston Central	(713) 529-8922	Montrose	M, W, Med, Priv pay, Ins, clinical assessment, home assessment, Esp	141
EAST				
Bayside Community Hospital	(409) 267-3143	Anahuac	All	103
NORTH				
Kingwood Medical Center	(281) 348-8000	Kingwood	All	128
LBJ General Hospital (HCHD)	(713) 566-5100	Trinity/ Houston Gardens	All	119
Memorial Hermann The Woodlands Hospital	(713) 222-CARE	Woodlands	All	130
SOUTHEAST				
Memorial Hermann Southeast Hospital	(713) 222-CARE	Ellington/South Belt	All	130
SOUTHWEST				
Memorial Hermann Ft. Bend Hospital	(713) 222-CARE	Missouri City	All	130
Memorial Hermann Southwest Hospital	(713) 222-CARE	Sharpstown	All	130
West Oaks Hospital	(713) 995-0909	Sharpstown	All, med, ins, priv. pay, walk-ins, Esp, CD	154
WEST				
Memorial Hermann Katy Hospital	(713) 222-CARE	Katy	All	130
Memorial Hermann Memorial City Hospital	(713) 222-CARE	Memorial	All	130
West Houston Medical Center	(281) 558-3444	Alief	M, W, Appt, Med, Flat Fee, Ins . . .	154

Housing/Emergency Shelters

Vivienda/Refugios de emergencia

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. These include subsidized apartments, group residential facilities, chemical dependency halfway houses, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (see FINANCIAL ASSISTANCE). As a last resort, a number of emergency shelters serving men, women, adolescents, and families are located in the Houston area.



Art by Tammy Garrison

Houston ofrece varias opciones de vivienda para las personas VIH+ con bajos ingresos, y los que tienen necesidades especiales. Estas opciones incluyen apartamentos de bajo costo, residencias para grupos, personas con dependencia de sustancias, y centros de vivienda transitorios. Estos están disponibles a muy bajo costo. Algunas agencias también proveen ayuda con la renta y/o utilidades para prevenir que las personas se queden sin vivienda o utilidades (vea ASISTENCIA FINANCIERA). Como último recurso, existen refugios de emergencia para hombres, mujeres, adolescentes y familiares en el área de Houston.

HOUSING ASSISTANCE

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
AFH - Housing Empowerment Life Planning Pgms	(713) 623-6796	River Oaks	HIV+	98
AFH - Project "A Friendly Haven"	(713) 651-0833	River Oaks	HIV+	98
AFH - Project Porchlight	(713) 623-6796	River Oaks	HIV+	98
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale.	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
HACS - Emergency Housing Vouchering Program	(713) 526-0555	Greenway Plaza	M, W, All, Free, Appt Req, HIV+, Esp	122
Harris County Social Services	(713) 755-5243	Downtown	M, W, F, All, Free, Appt/Walk-ins	121
Houston Housing Management Corporation	(713) 526-9470	Greenway/ Upper Kirby	M, W, F	125
Houston VA Medical Center	(713) 791-1414	Medical Center	M, W, Veteran, Walk-ins, CD	126
Morning Star Hostel	(713) 529-4231	Midtown	Adults (age 18 & up), S\$, Lim, HIV+, CD, Esp	129
SEARCH	(713) 739-7752	Midtown	M, W, F, I/RR, Free, Walk-ins, CD, Esp, Homeless	141

Housing/Emergency Shelters / Vivienda/Refugios de emergencia

H O U S I N G A S S I S T A N C E

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
E A S T				
Assoc. for the Advancement of Mexican Americans	(713) 926-9491	Second Ward	M, W, Y, F, CD, Free, I/RR, Walk-ins, Esp	102
Chambers County Indigent Health Care	(409) 267-8306	Anahuac	All	107
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
N O R T H				
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Northwest Assistance Ministries	(281) 583-5600	Bammel	F, Free, Appt Req, Esp	136
Volunteers of America - Burress Street Apartments	(713) 592-8190	Northside	M, W, F, Appt Req, HIV+, 30% of income if/when client has one	153
N O R T H W E S T				
Combined Community Action	(512) 285-5771	Elgin	Adults, Med, Priv pay, Lim	109
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H E A S T				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All	97
Berryman House - Christian Shelter for Living	(713) 748-8535	South Park	CD, M, W, Walk-ins, Lim	105
Galveston County Social Services	(409) 770-5583	Galveston	F, All, Free, Walk-ins, 100% poverty or below,	115
Galveston County Social Services	(281) 316-8733	League City	F, All, Free, Walk-ins, 100% poverty or below,	115
Galveston County Social Services	(409) 770-5803	Texas City	F, All, Free, Walk-ins, 100% poverty or below,	115
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H W E S T				
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
St. Hope Foundation	(713) 778-1300	Sharpstown	M, W, All, Appt req, HIV+	143
Writ Writers Association	(713) 785-5623	Sharpstown	M, W, I/RR, Flat, Appt rep, HIV +, CD	155

Housing/Emergency Shelters / Vivienda/Refugios de emergencia

H O U S I N G A S S I S T A N C E

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
W E S T				
Combined Community Action	(979) 540-2990	Giddings	M, W, Free, Walk-ins, F, Lim, Appt, priv. pay	109
Houston Housing Authority	(713) 260-0600	Woodlake/ Briar Meadow	M, W, F, Free (income Limit), Walk-ins, Esp	125

H O U S I N G E M E R G E N C Y S H E L T E R S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
AHCH-West Heights Shelter	(713) 864-1795	Heights	M, W, Y (ages 19-24), Flat, Accepts area housing vouchers, Appt req, Lim, HIV+	99
Covenant House Texas	(713) 523-2231	Montrose	Y (13 – 21), Free, Esp, Walk-ins, Parenting &/or pregnant mothers under 21	110
Houston Area Women's Center	(713) 528-6798	Montrose	W, C, Y, Free, Esp	124
Star of Hope Men's Development Center	(713) 227-8900	Downtown	M, Walk-ins, Lim, Free, CD	144
Star of Hope Transitional Living Center	(713) 748-7242	Not specified	W, F, Lim, Free, Esp	144
Star of Hope Women and Family Shelter	(713) 222-2220	Second Ward	W, F, Lim, Free, Esp	144

E A S T				
Baytown Resource and Assistance Center	(281) 424-5752	Baytown	F, Walk-ins	104
New Horizon Family Center	(281) 424-3300	Baytown	W, C, Y, All, Free, Appt Req, Lim, Esp	135

N O R T H				
FamilyTime Foundation	(281) 446-2615	Humble	All, Free, S\$, Appt Req (Walk ins-crisis only)	114
SAAFE House	(936) 291-3529	Huntsville	All, Free, S\$	140
SAAFE House	(936) 327-6427	Livingston	All, Free, S\$	140
Salvation Army, Montgomery County	(936) 760-2440	Conroe	All, Free, Walk-ins	140

N O R T H W E S T				
Mission of Yahweh	(713) 466-4785	Carverdale	W, F, Free	131

S O U T H E A S T				
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	Confidential	W, F, All, Appt Req, Esp	106
Salvation Army, Mainland Corps	(409) 935-1190	Texas City	All, Free, Walk-ins, Lim, Esp	140

S O U T H W E S T				
Ft. Bend County Women's Center	(281) 342-4357	Rosenberg	M, W, Y, F, Free, Appt/Walk-ins, Esp	114

H O U S I N G L O N G T E R M

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
A Caring Safe Place	(713) 225-5441	Fifth Ward	M, S\$, Appt Req, HIV+, CD, Esp . .	97
AFH - Beecher Wilson Apartments	(713) 524-5950	River Oaks	HIV+, Section 8 (subsidized rent) . .	97
AFH -Project LifeRoad	(713) 623-6796	River Oaks	HIV+	97

Housing/Emergency Shelters / Vivienda/Refugios de emergencia

H O U S I N G L O N G T E R M

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Browning One Assisted Living Facility	(713) 433-9800	Not specified	M, W, S\$, Appt Req	106
Community Endowment Found - Swehla House	(713) 528-0037	Montrose	M, W, S\$, Appt Req, HIV+	109
Corder Place Apartments	(713) 741-4070	OST/South Union	Adults, F, Walk-ins, HIV+, homeless, Esp	109
Houston Housing Management	(713) 526-9470	Greenway/ Upper Kirby	M, W, F	125
Morning Star Hostel	(713) 529-4231	Midtown	Adults (age 18 & up), S\$, Lim, HIV+, CD, Esp	129
SEARCH	(713) 739-7752	Midtown	M, W, F, I/RR, All, Free, Walk-ins, CD, Esp, Homeless	141
Wellsprings, Inc.	(713) 529-6559	Greenway Plaza	W, C. Y, I/RR, Appt req, Lim, CD, Esp	154
NORTH				
Volunteers of America - Burrell Street Apartments	(713) 592-8190	Northside	M, W, F, Appt Req, HIV+, 30% of income if/when client has income.	153
NORTHEAST				
Ezekiel EZ Care Home	(713) 633-2804	Homestead	W, M, Med, Lim	112
SOUTHWEST				
St. Hope Foundation	(713) 778-1300	Sharpstown	M, W, All, Appt req, HIV+	143
Volunteers of America - Chupik House	(281) 341-1172	Rosenberg	M, Appt Req, HIV+, CD	153
WEST				
Renewed Innovations-The Bethel Home	(713) 690-9403	Spring Shadows	W, Flat, Appt Req, Lim, must have job after 30 days	139

H O U S I N G S H O R T T E R M

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
AHCH - West Heights Shelter	(713) 864-1795	Heights	M, W, Y (ages 19-24), Flat, Accepts area housing vouchers, Appt req, Lim, HIV+	99
Browning One Assisted Living Facility	(713) 433-9800	Not specified	M, W, S\$, Appt Req	106
E.T. Adult Center	(713) 592-6170	OST/South Union	All, Walk-ins, S\$, I/RR, CD	112
Harmony Health Respite Center	(713) 237-1765	Memorial/ Washington	Men only, Free, Lim	117
Houston Housing Management Corporation	(713) 526-9470	Greenway/ Upper Kirby	M, W, F	125
Morning Star Hostel	(713) 529-4231	Midtown	Adults (age 18 & up), S\$, Lim, HIV+, CD, Esp	129
Open Door Mission	(713) 921-7520	Second Ward	M, Free, Walk-ins, Lim, CD	136
PWA Coalition - Milam House	(713) 520-9248	Montrose	M, All, I/RR, Free, Lim, HIV+, CD, Homeless	138

Housing/Emergency Shelters / *Vivienda/Refugios de emergencia*

H O U S I N G S H O R T T E R M

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
River Oaks Health Assoc. HELP House	(713) 528-4933	Montrose	M, W, S\$, Appt Req, Lim, HIV+, Homeless	140
TRS: The Next Step - Men	(713) 526-0311	Midtown	M, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
TRS: The Right Step	(713) 528-3709 x224	Montrose	Y, M, W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149
Wellsprings, Inc.	(713) 529-6559	Greenway Plaza	W, C. Y, I/RR, Appt req, Lim, CD, Esp	154
E A S T				
Bay Area Homeless Services	(281) 837-1654	Baytown	Esp, Free, M, W, F, All, Appt Req-call first, HIV+	102
N O R T H E A S T				
Ezekiel EZ Care Home	(713) 633-2804	Homestead	W, M, Med, Lim	112
S O U T H E A S T				
Riverside Hospital Quality Living Program	(713) 526-2441	Golfcrest	M, W, F, Walk-ins, HIV+, CD	135
S O U T H W E S T				
St. Hope Foundation	(713) 778-1300	Sharpstown	M, W, All, Appt req, HIV+	143
W E S T				
TRS: The Next Step - Women	(713) 263-7475	Spring Branch	W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149

Information & Hotlines

Información y Línea telefónica de ayuda

Information and Referral lines provide information on where to find specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. 24-hour hotlines offer information or assistance during a crisis.

Durante horas de oficina el personal de la línea de información y referencia provee información sobre donde Ud. puede encontrar servicios específicos o contesta preguntas relacionadas con el VIH y otros temas de la salud. Las llamadas son gratuitas y anónimas. La línea de ayuda de 24 horas ofrece información o asistencia durante una crisis.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A L L				
AIDS Info	(800) HIV-0440		All, Free, Esp	97
AHCH - GLBT Safer Sex Counseling Hotline	(713) 864-1795		M, W, Y, F, All, Free	99
AHCH - HIV/AIDS Free Referral Line	(713) 864-1795		All, Free	99
American Cancer Society Quit Line	(877) YES-QUIT		All, Free, Esp	100
Runaway Hotline (Texas DPRS)	(888) 580-HELP		C, Y, F, Free, Esp	148
Youth Hotline (Texas DPRS)	(800) 210-2278		C, Y, F, Free, Esp	148
Texas AIDS Network	(512) 447-8887		All, Free	146
C E N T R A L				
Adult Protective Services (Texas DPRS)	(800) 252-5400	Harrisburg	M, W, Free, over 65 or disable, Esp	148
AFH – BARC and CSA Programs	(713) 623-6796	River Oaks	HIV+	97
American Lung Association of Texas	(713) 629-5864	Galleria/Post Oak	All, Free	100
Center for AIDS, The	(713) 527-8219	Montrose	All, Free, Esp	107
Community Family Centers	(713) 923-2316	Magnolia Park	All, Free, Appt/Walk-ins, CD, Esp . .	109
Council on Alcohol and Drugs Houston	(713) 942-4100	Memorial/ Washington	CD, M, W, F, All, Walk-ins/ Appt preferred, Esp, S\$	110
Crisis Intervention of Houston	(713) 527-9864	Greenway Plaza	All, Esp	110
E.T. Adult Center	(713) 592-6170	OST/South Union	All, Walk-ins, S\$, I/RR, CD	112
Family Assistance Center - Project ABC	(713) 524-7801	Third Ward	C, Y, F, All, Free/S\$, Appt/Walk-ins	113
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
HDHHS- Bureau of Health Information Svcs	(713) 794-9320	Astrodome/S.Loop	Not specified.	124
HDHHS- Communicable Diseases	(713) 794-9092	Astrodome/S.Loop	Not specified.	124
Houston Compass, Inc.	(713) 229-8319	Downtown	All, Free, First come-first served . .	124
Montrose Counseling Center, Inc.	(713) 529-0037	Montrose	M, W, F, All, I/RR, Free, Walk-ins, HIV+, CD	132
PFLAG Houston	(713) 46P-FLAG	Hermann Park	All, Free	138
Ryan White Planning Council	(713) 572-3724	Galleria/Post Oak	All, Free	140

Information & Hotlines / Información y Línea telefónica de ayuda

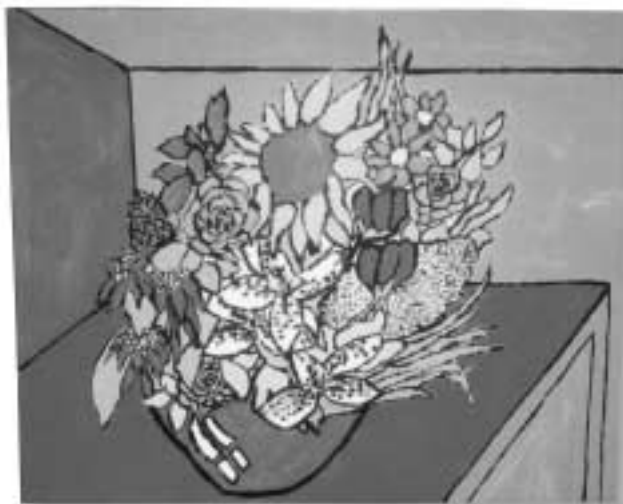
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Southeast Texas Legal Clinic	(713) 523-7852	Montrose	All, F, Walk-ins, Free, HIV+, Esp . . .	142
Victim Assistance Centre, Inc.	(713) 755-5625	Downtown	All, Flat, Appt/Walk-ins	152
EAST				
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
New Horizon Family Center	(281) 424-3300	Baytown	W, C, Y, All, Free, Appt Req, Lim, Esp	135
NORTH				
Arlington National Funeral Home	(713) 692-5555	Northside	All	101
Cremation Service International	(713) 692-5555	Northside	All, Walk-ins	110
FamilyTime Foundation	(281) 446-2615	Humble	All, Free, S\$, Appt Req (Walk-ins - crisis only)	114
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
NORTHWEST				
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
United Way of the Texas Gulf Coast	(713) 957-HELP	Oak Forest/ Garden Oaks	All, Free, Esp	151
SOUTH				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
InnerWisdom Counseling Center	(713) 592-9292	South Main	M, W, F, All, Med, S\$, Self pay, Walk-ins, Esp	126
InnerWisdom Counseling Center	(713) 592-9292	South Main	M, W, F, All, Med, S\$, Self pay, Walk-ins, Esp	126
Scott-Tee's Love Foundation	(713) 733-1026	Sunnyside	All, Walk-ins	141
United Way of Brazoria County	(979) 849-9402	Angleton	All, Free, Esp	150
SOUTHEAST				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . .	97
Bay Area Council on Drugs and Alcohol, Inc.	(281) 280-0800	Clear Lake/NASA	W, All, Homeless	102
Bay Area Turning Point- Encore Décor Resale	(281) 333-4411	Seabrook	M, W, F, All, Appt Req, Free, HIV+, Esp	102
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Texas Commission for the Blind	(713) 944-9924	Ellington/South Belt	All, Appt/Walk-ins	146
United Way Bay Area Service Center	(281) 282-6000	Clear Lake/NASA	All, Free	150

Information & Hotlines / Información y Línea telefónica de ayuda

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
S O U T H W E S T				
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
United Way Ft. Bend Service Center	(281) 499-5681	Stafford	All, Free	151
W E S T				
United Way of Waller County	(281) 375-5110	Brookshire	All, Free	151

Insurance/Viatical Settlements / Seguro médico

Many HIV infected persons are not fortunate enough to have private medical insurance. And, sadly, many others lose their insurance because they cannot afford the premiums. The agencies listed below may be able to help pay your insurance premiums and will answer your questions about COBRA benefits and keeping your insurance.



Hospital Flowers by Mark

Muchas personas infectadas con el VIH no tienen acceso a un seguro de salud privado. Lamentablemente, muchas otras lo pierden por no poder pagar las cuotas. Las agencias mencionadas aquí quizás le puedan ayudar a pagar las primas de su seguro médico y responder a las preguntas acerca de sus beneficios de COBRA.

I N S U R A N C E - M E D I C A L

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
Assistance Fund, The	(713) 529-4788	Montrose	M, W, Appt Req, HIV+	101
N O R T H				
Maximus, Inc.	(281) 260-9871	Aldine	Free, Med clients only, Esp	129
W E S T				
TDH Clinical Services - Columbus	(979) 732-3662	Columbus	Not specified.	146

I N S U R A N C E - V I A T I C A L

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
N A T I O N A L				
Life Partners Holdings, Inc.	(800) 368-5569	National	All +,	???
Medical Escrow Society/ Assignable Life Assets	(800) 334-3211	National	All, Free, HIV+, Esp, Apply by phone or mail	130

Legal Service

Servicios Legales y Defensa Pública

Free or very low cost legal services are available to HIV+ individuals living in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians ("living wills") and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available.



Art by Ronnie

Existen servicios legales gratuitos o a costo mínimo para personas VIH+ viviendo en Houston. Uno de los servicios más importantes es el de asistir a completar documentos tales como testamentos, poder notarial e instrucciones a médicos, y arreglos para funerales. A nadie le gusta pensar en dichos documentos cuando uno se siente bien, pero esta preparación anticipada puede prevenir confusión y angustia. También existen otros tipos de asistencia legal, así como temas familiares, obteniendo beneficios por discapacidad, discriminación e inmigración.

LEGAL - SERVICES

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Women's Advocacy Project	(512) 476-5377		M, W, F, Free, Appt Req, Lim . . .	155
CENTRAL				
Houston Lawyer Referral Service, Inc.	(713) 237-9429	Downtown	M, W, S\$, Esp	125
Lone Star Legal Aid	(713) 652-0077	Downtown	M, W, F, All, Free, Appt Req, Esp . .	129
NAACP- Legal Assistance Program	(713) 526-3389	Third Ward	All, Free, Walk-ins, Esp, HIV+, 300% poverty or less	133
South Texas College of Law	(713) 652-0009	Downtown	All, Appt Req, Esp	142
Southeast Texas Legal Clinic	(713) 523-7852	Montrose	All, F, Walk-ins, Free, HIV+, Esp . .	142
U of H Law Center	(713) 743-2094	Third Ward	Not specified.	150
Victim Assistance Centre, Inc.	(713) 755-5625	Downtown	All, Flat, Appt/Walk-ins	152
EAST				
New Horizon Family Center	(281) 424-3300	Baytown	W, C, Y, All, Free, Appt Req, Lim, Esp	135
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149

LEGAL - ADVOCACY

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Texas AIDS Network	(512) 447-8887		All, Free	146
Women's Advocacy Project	(512) 476-5377		M, W, F, Free, Appt, Lim	155

Legal Service / Servicios Legales y Defensa Pública

LEGAL - ADVOCACY

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Houston Volunteer Lawyers HIV Project	(713) 228-0735 x121	Downtown	M, W, All, Free, Esp, HIV+, filing fees if required	126
NAACP- Legal Redress Clinic	(713) 526-3389	Third Ward	All, Free, Walk-ins, Esp, HIV+, 300% poverty or less	133
EAST				
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt, Free, S\$, +, Esp, UTMB affiliate	149
SOUTHWEST				
Advocacy, Inc.	(713) 974-7691	Sharpstown	CD, Appt Req, F, Free	97

LEGAL - IMMIGRATION

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
U of H Law Center	(713) 743-2094	Third Ward	Not specified	150
SOUTHWEST				
YMCA International Services	(713) 339-9015	Gulfton	All, Free, Lim, Esp	155

Medical Equipment / Equipo Médico

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

As agencias mencionadas aquí podrán ayudarlo a conseguir sillas de rueda, andadores, bastones y otros artículos. También, estos artículos pudieran ser obtenidos por medio de la compañía que le brinda servicios de salud en su casa si Ud. tiene Medicare o un seguro privado.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
American Medical Equipment Company	(713) 791-1841	Medical Center	M, W, F, All, I/RR, Free, Walk-ins, Esp	100
Care Group of Texas	(713) 383-2100	Astrodome/ South Loop	All, Med, Managed care, Priv pay, Esp	106
Citywide Home Health Services, Inc.	(713) 660-6671	Bellaire	M, W, Y (ages 19 - 24), F, Med . . .	108
Southside Pharmacy - Infusion	(713) 660-8888	West University	All, F, Med	142
NORTH				
PSA Healthcare	(281) 999-8566	Aldine	Not specified.	139
NORTHWEST				
Claude's Pharmacy	(281) 447-7648	Acres Home	M, W, Med, Walk-ins, Esp	108
SOUTHEAST				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . .	97
Sullivan Pharmacy	(281) 339-4577	Bacliff	All, Med	145
WEST				
Medco Medical Supply, Inc.	(713) 956-5288	Spring Branch	All, Med, Ins, Esp	130

Mental Health / Salud Mental

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual counseling and support groups are available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income. Many hospitals and clinics also provide psychiatric care.



Art by Reachellian Ellison

Las personas infectadas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces la ayuda profesional es necesaria para enfrentar estos sentimientos. Existen consejería individual o de grupo para estas personas y sus familiares. Estos servicios muchas veces son gratuitos o basados en el ingreso del cliente. Muchos hospitales y clínicas también proveen cuidado psiquiátrico.

M E N T A L H E A L T H - C O U N S E L I N G

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A L L				
TDPRS Runaway Hotline	(888) 580-HELP		C, Y, F, Free, Esp	148
TDPRS Youth Hotline	(800) 210-2278		C, Y, F, Free, Esp	148
C E N T R A L				
Baylor Psychiatry Clinic	(713) 798-4857	Medical Center	M, W, S\$, Appt Req	103
Bering Support Network	(713) 526-1017	Montrose	Free, M, W, F, Y, Walk-ins, S\$, Infected/affected	104
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
Centerpointe Counseling Services, Inc.	(713) 528-7007	Midtown	F, M, W, C (over 6), Y, S\$, Med, Appt Req, CD	107
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
DePelchin Children's Center	(713) 730-2335	Memorial/ Washington	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Donald R. Watkins Memorial Foundation	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
E.T. Adult Center	(713) 592-6170	OST/South Union	All, Walk-ins, S\$, I/RR, CD	112
Families Under Urban & Social Attack (FUUSA)	(713) 942-9333	Third Ward	M, W, Y (ages 13 - 24), F, Free, Appt Req, CD	112
Family Assistance Center, The	(713) 524-7801	Third Ward	C, Y, F, All, Free/S\$, Appt/Walk-ins	113
Family Services - Administration Office	(713) 868-4466	Montrose	All, Free, Walk-ins, Esp	113
Family Services - Central Office	(713) 861-4849	Memorial/ Washington	All, Free, Walk-ins, HIV+, Esp	113
Gay and Lesbian Switchboard (MCC)	(713) 529-3211	Montrose	M, W, F, All, Free	115

Mental Health / Salud Mental

M E N T A L H E A L T H - C O U N S E L I N G

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
HACS -Impact -Mental Health Counseling	(713) 526-0555 x215	Greenway Plaza	M, W, All, Free, HIV+, Mental health diagnosis, Targeted populations: African American & Hispanic	122
InnerWisdom Wellness Center	(713) 592-9294	Meyerland	M, W, All, S\$, Med, Appt Req, Esp	126
Jewish Family Service	(713) 667-9336	Meyerland	M, W, All, S\$, Appt Req	127
Mendez Counseling	(713) 426-0077	Heights	All, F, Med, Flat, Appt Req, Esp . . .	131
Pet Bereavement Counseling Services	(713) 522-8344	Greenway/ Upper Kirby	Not specified.	138
Unlimited Visions Aftercare Inc.	(713) 921-2276	Harrisburg	M, W, S\$, Appt Req, CD, TCADA, Esp	151
UT Substance Abuse Research Center	(713) 500-2802	Medical Center	M, W, Free, Appt/Walk-ins, CD . . .	152
Vet Center #710	(713) 523-0884	Montrose	Veterans	152
E A S T				
DePelchin Children's Center	(713) 730-2335	Baytown	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Family Services - Baytown	(832) 556-8756	Baytown	All, Walk-ins, Free, Esp	113
New Horizon Family Center	(281) 424-3300	Baytown	W, C, Y, All, Free, Appt Req, Lim, Esp	135
Northshore Counseling Center	(713) 637-6000	Northshore	All, Med, Priv pay, Ins	136
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
N O R T H				
DePelchin Children's Center	(713) 730-2335	Woodlands	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Family Services - Montgomery County	(888) 844-6289	Woodlands	All, I/RR, Free, Walk-ins, HIV+, Esp	114
FamilyTime Foundation	(281) 446-2615	Humble	All, Free, S\$, Appt Req (Walk ins-crisis only)	114
N O R T H W E S T				
DePelchin Children's Center	(713) 730-2335	Langwood	C, Y (ages 13-18), Appt Req, S\$, Med, Ins	111
S O U T H				
Gulf Coast Center, The	(409) 763-2373	Alvin	All, S\$, Appt Req, CD, Esp	116
Scott-Tee's Love Foundation	(713) 733-1026	Sunnyside	All, Walk-ins	141
S O U T H E A S T				
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	Not specified	W, F, All, Appt Req, Esp, Free . . .	106
DePelchin Children's Center	(713) 730-2335	Clear Lake/NASA	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111

Mental Health / Salud Mental

M E N T A L H E A L T H - C O U N S E L I N G

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
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S O U T H E A S T

Family Services - Bay Area	(281) 282-6025	Clear Lake/NASA	All, Free, Walk-ins, Esp	113
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S O U T H W E S T

DePelchin Children's Center	(713) 730-2335	Stafford	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP	111
Eleos Centers, Inc.	(713) 779-9400	Sharpstown	M, W, S\$, Flat, Appt/Walk-ins, Esp	112
Family Services - Ft. Bend County	(281) 261-1830	Stafford	All, I/RR, Free, Walk-ins, HIV+, Esp	113
Ft. Bend County Women's Center	(281) 342-4357	Rosenberg	M, W, Y, F, Free, Appt/Walk-ins, Esp	114
Texana Mental Health & Mental Retardation Ctr	(281) 208-6600	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 261-3200	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 403-9666	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 499-3141	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 261-3200	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 239-1140	Richmond	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 239-1300	Rosenberg	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 565-6200	Sugar Land	All, S\$, Med, Appt Req (except in crisis)	145
WAM Foundation	(713) 551-8787	South Main	All, Free, Walk-ins, HIV+, Esp	153

W E S T

DePelchin Children's Center	(713) 730-2335	Brookshire	C, Y (ages 13-18), Appt Req, S\$, Med, Ins	111
Family Services - Waller County	(281) 375-5110	Waller	All, Walk-ins, Free, Esp	114
Mental Health and Psychological Services, Inc.	(281) 463-9840	Bear Creek/ Highway 6	All, Appt/Walk-ins, Med, S\$, Priv pay, Ins, CD, Esp	131
West Houston HIV Support Group	(832) 492-8344	Katy	M, W, F, Free, Appt	154

M E N T A L H E A L T H - H O S P I T A L S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
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C E N T R A L

Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	Astrodome/ South Loop	Adults, Flat, Ins, Self-pay, Appt/Walk-ins, CD	130
UT Harris County Psychiatric Center	(713) 741-5000	Medical Center	All, Free, Med, Priv pay, Ins, Walk-ins, Esp	152

Mental Health / Salud Mental

M E N T A L H E A L T H - H O S P I T A L S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
N O R T H				
Cypress Creek Hospital	(281) 586-7600	Bammel	All, Med, Priv pay, Ins, Walk-ins, CD, Esp	110
N O R T H E A S T				
Kingwood Health Center	(281) 385-1495	Kingwood	Y, M, W, F, All, Med, Ins, Appt req, CD	128
S O U T H W E S T				
West Oaks Hospital	(713) 995-0909	Sharpstown	All, Med, Ins, Priv pay, Walk-ins, CD, Esp	154

M E N T A L H E A L T H - I N P A T I E N T

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
UT Harris County Psychiatric Center	(713) 741-5000	Medical Center	All, Free, Med, Priv pay, Ins, Walk-ins, Esp	152
S O U T H W E S T				
West Oaks Hospital	(713) 995-0909	Sharpstown	All, Med, Ins, Priv pay, Walk-ins, CD, Esp	154

M E N T A L H E A L T H - O U T P A T I E N T

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
UT Harris County Psychiatric Center	(713) 741-5000	Medical Center	All, Free, Med, Priv pay, Ins, Walk-ins, Esp	152
S O U T H W E S T				
West Oaks Hospital	(713) 995-0909	Sharpstown	All, Med, Ins, Priv pay, Walk-ins, CD, Esp	154

M E N T A L H E A L T H - S U P P O R T G R O U P S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
C E N T R A L				
Bering Support Network	(713) 526-1017	Montrose	Free, M, W, F, Y, Walk-ins, S\$, Infected/affected	104
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
Compassionate Brothers Ministry	(713) 523-8192	Montrose	All, Free, CD	109
Donald R. Watkins Memorial Foundation, Inc.	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
Families Under Urban & Social Attack (FUUSA)	(713) 942-9333	Third Ward	M, W, Y (ages 13 - 24), F, Free, Appt Req, CD	112
InnerWisdom Wellness Center	(713) 592-9294	Meyerland	M, W, All, S\$, Med, Appt Req, Esp	126
Kolbe Project, The	(713) 861-1800	Heights	M, W, Free, Walk-ins	128

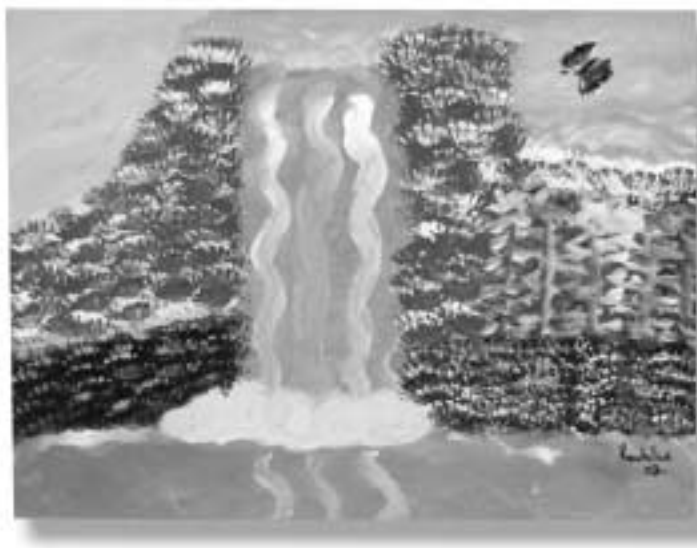
Mental Health / Salud Mental

M E N T A L H E A L T H - S U P P O R T G R O U P S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
PFLAG Houston	(713) 46P-FLAG	Hermann Park	All, Free	138
Sisters Inspiring Sisters	(713) 751-8805	Montrose	W, Free, RSVP required, HIV+, CD . .	142
Thomas Street Clinic (HCHD)	(713) 873-4000	Near Northside	M, W, Free, S\$, Med, HIV+, Esp, Gold card	119
Vet Center #710	(713) 523-0884	Montrose	Veterans	152
EAST				
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
NORTH				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120
NORTHEAST				
Trinity Gardens Integral Forces, Inc	(713) 631-0329 x26	Trinity/ Houston Gardens	All, I/RR, Walk-ins, CD, Esp	149
SOUTH				
InnerWisdom Counseling Center	(713) 592-9292	South Main	M, W, F, All, Med, S\$, Self pay, Walk-ins, Esp	126
SOUTHEAST				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . .	97
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	Not specified	W, F, All, Appt Req, Esp, Free . . .	106
SOUTHWEST				
Eleos Centers, Inc.	(713) 779-9400	Sharpstown	M, W, S\$, Flat, Appt/Walk-ins, Esp	112
Texana Mental Health & Mental Retardation Ctr	(281) 208-6600	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 261-3200	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 403-9666	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 499-3141	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 261-3200	Missouri City	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 239-1140	Richmond	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 239-1300	Rosenberg	All, S\$, Med, Appt Req (except in crisis)	145
Texana Mental Health & Mental Retardation Ctr	(281) 565-6200	Sugar Land	All, S\$, Med, Appt Req (except in crisis)	145
Warren Corporation- Project Change	(713) 541-9777	Fondren Southwest	M, W, I/RR, Appt Req	153

Miscellaneous Services / Servicios Misceláneos

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.



Art by Reachellian Ellison

Las siguientes agencias ofrecen una variedad de servicios que no caben dentro de las otras categorías u ofrecen servicios especializados. Revise la lista para encontrar algún programa en el cual Ud. pueda estar interesado.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A L L				
AIDS Coalition of Texas Now! (ACT Now!)	(713) 221-3242		All	97
American Cancer Society Quit Line	(877) YES-QUIT		All, Free, Esp	100
International Language Associates	(713) 868-9718		All, Flat, Appt Req	127
Sign Language Accessible Interpreters	(713) 263-8299		All, Flat	141
Spay-Neuter Assistance Mobile Program (SNAP)	(713) 522-2337		Free or low cost, first come-first served	142
Texas AIDS Network	(512) 447-8887		Not specified.	146
C E N T R A L				
Animal Aid Program (SNAP)	(713) 863-0010	Heights	Free, Low cost, Appt Req	142
Animal Aid Program Wellness Clinic (SNAP)	(713) 862-8001	Heights	Free, Low cost, Walk-ins	142
Casa de Esperanza de los Ninos, Inc.	(713) 741-8868	Astrodome/S. Loop	C, Free, Esp	107
Design Industries Foundation Fighting AIDS	(713) 528-0505	Not applicable	Not specified.	111
Gotta Know Testing Services	(713) 795-9955	Third Ward	All, S\$, Appt Req	115
Harris Co. Sheriffs Office HIV Dept	(713) 755-9252	Downtown	M, W, Free, Esp, CD, I/RR	121
Houston Community Voice Mail	(713) 529-4190	Greenway Plaza	M, W, F, I/RR, Free, Appt Req	124
Houston Compass, Inc.	(713) 229-8319	Downtown	All, Free, First come-first served	124
Houston Regional HIV/AIDS Resource Group	(713) 526-1016	Montrose	Not specified.	125
Metropolitan Multi-Service Center	(713) 284-1973	Montrose	Free	131
Nonprofit Consulting Services, LLC	(713) 526-3137	Montrose	Not specified.	135
Nuclear Imaging of Texas	(713) 523-6700	Medical Center	All, Med, Flat, Appt Req, Esp	136
Pet Bereavement Counseling Services	(713) 522-8344	Greenway/ Upper Kirby	Not specified.	138
Positive Art Workshop (GLBT Community Ctr)	(713) 524-3818	Montrose	All, Appt, Free	139

Miscellaneous Services / Servicios Misceláneos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Prime Care Ambulance Service	(713) 521-1426	Binz	Not specified.	139
Ryan White Planning Council	(713) 572-3724	Galleria/Post Oak	All, Free	140
Sign Shares	(713) 869-4373	Not applicable	All, Flat, TCDHH funding available	141
EAST				
The Caring Experience-Volunteer Outreach Svcs	(281) 422-3537	Baytown	All, Free, Appt Req, HIV+	106
NORTH				
Maximus, Inc.	(281) 260-9871	Aldine	Free, Med clients only, Esp	129
PAWS Houston	(281) 443-3360	Not applicable	All, Free, S\$, Lim	137
NORTHWEST				
Methodist Children's Home	(713) 682-8911	Oak Forest/ Garden Oaks	S\$, Appt Req, CD	131
Motherland, Inc.	(713) 290-0001	Oak Forest/ Garden Oaks	Y, M, W, F, All, Free, Appt/Walk-ins, CD, Esp	133
SOUTH				
Houston Humane Society	(713) 433-6421		All, Flat Fee, Appt req, Esp	125
SOUTHWEST				
Alliance for Multicultural Community Svcs	(713) 776-4700	Sharpstown	M, W, All, Free, Walk-ins, HIV+, Esp	99
Houston Center for Independent Living	(713) 974-4621	Sharpstown	M, W, Free, Appt/Walk-ins, Esp, perm disability	124

Nursing Homes / Hospitales Particulares

The following nursing homes have experience caring for persons with AIDS. Before deciding on a nursing home for yourself or a loved one, however, you may want to consider hospice care as an alternative (see HOSPICES).

Los siguientes hospitales particulares tienen experiencia en el cuidado de personas con SIDA. Antes de decidir por un hospital particular para Ud. o un ser querido, querrá considerar el cuidado de un hospicio como alternativa (vea HOSPICIOS).

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
SOUTHEAST				
Courtyard Convalescent Center	(713) 644-8048	Golfcrest	M, W, Free, Med, Lim, Appt/Walk-ins	110

Nutrition & Wellness / *Nutrición y Bienestar*

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also the impact of mental, emotional and spiritual issues. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your health.

El bienestar es el concepto de mantener la salud total de una persona, no solamente considerando el aspecto físico, sino también el mental, emocional y espiritual. Una buena nutrición es una parte importante del bienestar. Hay muchas clases gratuitas donde Ud. puede aprender más sobre como mejorar su salud.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
CENTRAL				
Harmony Health Respite Center	(713) 237-1765	Memorial/ Washington	Men only, Free, Lim	117
Harris Co. Chronic Disease Prevention	(713) 439-6141	Galleria/Post Oak	M, W, Free, Lim, Esp	120
Harris Co. Public Health Services	(713) 439-6000	Galleria/Post Oak	Not specified.	120
Houston Buyer's Club	(713) 520-5288	Montrose	M, W, Free, Walk-ins, HIV+	124
InnerWisdom Wellness Center	(713) 592-9294	Meyerland	M, W, All, S\$, Med, Appt Req, Esp	126
Lazarus House: A Center for Wellness	(713) 526-5071	Midtown	M, W, C, Y, Flat, Lim scholarships available, Walk-ins, doctor release	128
Montrose Clinic-Body Positive Wellness Pgm	(713) 830-3033	Montrose	Y, M, W, Free, S\$, Med, Appt Req, HIV+, Esp	132
Sugars and Flours Project, The	(713) 455-3663	University Place	All, Flat, Appt Req, CD	145
Thomas Street Clinic (HCHD)	(713) 873-4000	Near Northside	M, W, Free, S\$, Med, HIV+, Appt, Esp, gold card	119
EAST				
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
NORTH				
Houston Outreach Task, Inc.	(713) 869-1384	Northside	All, Free, Walk-ins, ID required, Esp	125
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120
NORTHWEST				
Combined Community Action	(512) 285-5771	Not applicable	Adults, Med, Priv pay, Lim	109
Northwest Health Center (HCHD)	(713) 861-3939	Oak Forest/ Garden Oaks	M, W, Adults only, Free, S\$, Med, Appt/Walk-ins, HIV+	119
SOUTH				
InnerWisdom Counseling Center	(713) 592-9292	South Main	M, W, F, All, Med, S\$, Self pay, Walk-ins, Esp	126
SOUTHEAST				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . . .	97
Harris Co. S. Houston WIC Center	(713) 941-5035	South Houston	Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0 - 5)	121
SOUTHWEST				
WAM Foundation	(713) 551-8787	South Main	All, Free, Walk-ins, HIV+, Esp . . .	153
Warren Corporation- Project Change	(713) 541-9777	Fondren Southwest	M, W, I/RR, Appt Req	153

Pharmacies / Farmacias

All of the pharmacies listed below accept Texas HIV Medication Program (ADAP) assignments (see RESOURCES EVERYBODY SHOULD KNOW ABOUT).

Todas las farmacias mencionadas aquí aceptan asignaciones del Programa de Medicamentos del VIH de Texas (ADAP). (Vea RECURSOS QUE TODOS DEBEN SABER).

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
CENTRAL				
AMEX Pharmacy	(713) 237-9301	Second Ward	M, W, All	101
Jack's Apothecary #2	(713) 733-7424	Astrodome/ South Loop	All, Med, Walk-ins, CD	127
Kroger Pharmacy #243	(713) 526-1239	Montrose	All	128
Kroger Pharmacy #312	(713) 880-4661	Heights	All	128
Kroger Pharmacy #355	(713) 521-2317	Montrose	All	128
Medicine Shoppe, The	(713) 923-1621	Lawndale	All, Med	130
Southside Pharmacy - Infusion	(713) 660-8888	West University	All, F, Med	142
Stat Script Pharmacy	(713) 521-1700	West University	All, Med, Esp	145
Stat Script Pharmacy	(713) 522-7373	Montrose	All, Med, Esp	145
Studewood Pharmacy	(713) 869-3487	Heights	All, Med, Walk-ins, CD, Esp	145
Thomas Street Clinic (HCHD)	(713) 873-4000	Near Northside	M, W, Free, S\$, Med, HIV+, Esp, Gold card	119
Twelve Oaks Pharmacy	(713) 627-2370	Greenway Plaza	All, Med, Priv pay, Ins, Esp	150
EAST				
Settegast Health Center (HCHD)	(713) 636-7192	East End	F, All, S\$, Med, Appt/Walk-ins, Esp	119
NORTH				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Eckerd Drugs	(936) 539-1849	Conroe	All	112
Kroger Pharmacy #339	(281) 363-3595	Spring	All	128
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120
NORTHWEST				
Claude's Pharmacy	(281) 447-7648	Acres Home	M, W, Med, Walk-ins, Esp	108
Northwest Health Center (HCHD)	(713) 861-3939	Oak Forest/ Garden Oaks	Adults only, Free, S\$, Med, Appt/Walk-ins, HIV+	119
UTMB Prairie View	(936) 857-4073	Prairie View	W only, Med, S\$, Appt	149
SOUTHEAST				
Sullivan Pharmacy	(281) 339-4577	Bacliff	All, Med	145

Prescription Assistance

Asistencia para Prescripciones Médicas

The following local agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (second list below). Be aware that each manufacturer has its own eligibility rules and you will need your doctor's help applying. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.



Art by Ronnie

Las siguientes agencias podrán ayudarle a pagar sus medicamentos. Sin embargo, la ayuda es limitada y puede que no cubra el costo total de su prescripción (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (la segunda lista). Cada compañía tiene sus propios criterios de elegibilidad y Ud. necesitará la ayuda de su médico para solicitar dicha asistencia. Si su medicamento no aparece en esta lista, obtenga de su médico o farmacéutico el nombre del fabricante de dicho medicamento.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
CENTRAL				
Assistance Fund, The	(713) 529-4788	Montrose	M, W, Appt Req, HIV+	101
Christian Community Service Center (CCSC)	(713) 871-9741	Greenway Plaza	M, W, All, Free, Esp, Walk-ins, First come-first served, proof of crisis	108
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
EAST				
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp.	116
Love INC (In the Name of Christ)	(281) 422-5683	Baytown	All, Free, Gas vouchers, Diapers . .	129
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
NORTH				
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116

Prescription Assistance / Asistencia para Prescripciones Médicas

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
NORTH				
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	Humble	F, All, Free, Walk-ins	126
Montgomery County Emergency Assistance	(936) 539-9211	Conroe	All, Walk-ins	132
Salvation Army, Montgomery County	(936) 760-2440	Conroe	All, Free, Walk-ins	140
NORTHEAST				
Liberty Co. Indigent Healthcare Program	(281) 593-8428	Cleveland	All, Appt Req, at or below 185% poverty	129
NORTHWEST				
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
SOUTH				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
SOUTHEAST				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . . .	97
Galveston County Social Services	(409) 770-5583	Galveston	F, All, Free, Walk-ins, At or or below 100% poverty	115
Galveston County Social Services	(281) 316-8733	League City	F, All, Free, Walk-ins, At or below 100% poverty	115
Galveston County Social Services	(409) 770-5803	Texas City	F, All, Free, Esp, at or below 100% poverty	115
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
SOUTHWEST				
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021	Wharton	All, Walk-ins, Free	154
WEST				
TDH Clinical Services - Bellville	(979) 865-5211	Bellville	Not specified.	146

Pharmaceutical Companies Medication Assistance Programs Compañías Farmacéuticas Programas de Ayuda de Medicamentos

The following local agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (second list below). Be aware that each manufacturer has its own eligibility rules and you will need your doctor's help applying. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

Las siguientes agencias le pueden ayudar a pagar sus medicamentos. La ayuda es limitada y puede que no cubra el costo total de la receta médica (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (segunda lista). Cada compañía tiene sus propios criterios de elegibilidad y Ud. necesitará la ayuda de su médico para solicitar. Si su medicamento no aparece en la lista obtenga de su médico o de su farmacéutico el nombre del fabricante.

DRUG NAME	PHONE	MANUFACTURER
ANALGESIC & ANESTHETIC		
Fentanyl (Duragesic)	1-800-652-6227 #2	Janssen Pharmaceuticals
Morphine sulfate (Roxanol, Oramorph)	1-800-256-8918	Roxane Laboratories
ANTIRETROVIRAL		
Abacavir (Ziagen)	1-800-722-9294	GlaxoSmithKline
Amprenavir (Agenerase)	1-800-722-9294	GlaxoSmithKline
AZT (see Zidovudine)		
Combivir (lamivudine/zidovudine)	1-800-722-9294	GlaxoSmithKline
Delavirdine (Rescriptor)	1 888-777-6637	Agouron
Didanosine (ddl, Videx)	1-800-437-0994	Bristol Myers Squibb
Efavirenz (Sustiva)	1-800-437-0994	Bristol Myers Squibb
Indinavir (Crixivan)	1-800-850-3430	Merck & Co.
Lopinavir/ritonavir (Kaletra)	1-800-222-6885	Abbott Laboratories
Lamivudine (EpiVir, 3TC)	1-800-722-9294	GlaxoSmithKline
Nelfinavir (Viracept)	1-800-777-6637	Agouron
Nevirapine (Viramune)	1-800-274-8651	Boehringer-Ingelheim
Ritonavir (Norvir)	1-800-222-6885	Abbott Laboratories
Saquinavir (Invirase/Fortovase)	1-800-282-7780	Roche
Stavudine (d4T, Zerit)	1-800-437-0994	Bristol Myers Squibb
Tenofovir (Viread)	1-800-226-2056	Gilead Sciences
Trizivir (Abacavir, Lamivudine, Zidovudine)	1-800-722-9294	GlaxoSmithKline
Viread (Tenofovir)	1-800-226-2056	Gilead Sciences
Zalcitabine (HIVID, ddc)	1-800-282-7780	Roche
Zidovudine (Retrovir, AZT)	1-800-722-9294	GlaxoSmithKline
ANTIVIRAL		
Acyclovir (Zovirax)	1-800-722-9294	GlaxoSmithKline
Alpha Interferon -		
- Intron-A	1-800-521-7157	Schering-Plough
- Peginterferon alfa-2b (Peg-Intron)	1-800-521-7157	Schering-Plough
- Roferon-A	1-800-443-6676	Roche
Cidofovir (Vistide)	1-800-226-2056	Gilead Sciences
CMVlg (CytoGam)	1 877-480-8082	MedImmune
Famciclovir (Famvir)	1-800-277-2254	Novartis Pharmaceuticals
Fuzeon	1-866-694-6670	Fuzeon Reimbursement Program
Ganciclovir (Cytovene)	1-800-282-7780	Roche

Pharmaceutical Companies Medication Assistance Programs

Compañías Farmacéuticas Programas de Ayuda de Medicamentos

DRUG NAME	PHONE	MANUFACTURER
Imiquimod (Aldara)	1-800-328-0255	3M
Rebetron (Ribavirin/Interferon)	1-800-521-7157	Schering-Plough
Valacyclovir (Valtrex)	1-800-722-9294	GlaxoSmithKline
Valganciclovir (Valcyte)	1-800-282-7780	Roche
ANTIFUNGAL		
AmBisome	1-800-477-6472	Fujisawa Healthcare, Inc.
Clotrimazole (Mycelex)	1-800-577-3788	Ortho-McNeil
Fluconazole (Diflucan)	1-800-869-9979	Pfizer, Inc.
Itraconazole (Sporanox)	1-800-652-6227 #2	Janssen Pharmaceuticals
Ketoconazole (Nizoral)	1-800-652-6227 #2	Janssen Pharmaceuticals
Myclex Troche	1-800-577-3788	Ortho-McNeil
Terbinafine (Lamisil)	1-800-277-2254	Novartis Pharmaceuticals
ANTIMICROBIAL		
Ciprofloxacin (Cipro)	1-800-998-9180	Bayer
Clindamycin (Cleocin vaginal ovules)	1-800-242-7014	Pharmacia
ANTIPROTOZOAL		
Atovaquone (Mepron)	1-800-722-9294	GlaxoSmithKline
Pentamidine (NebuPent)	1-847-330-1289	American Pharmaceutical Partners
Pyrimethamine (Daraprim)	1-800-722-9294	GlaxoSmithKline
Trimetrexate (Neutrexin)	1 800-887-2467	Ethylol Protect Program
ANTIBIOTIC/ANTIBACTERIAL		
Albendazole (Albenza)	1-800-722-9294	GlaxoSmithKline
Azithromycin (Zithromax)	1-800-869-9979	Pfizer, Inc.
Ceftriaxone (Rocephin)	1-800-285-4484	Roche
Clarithromycin (Biaxin)	1-800-222-6885	Abbott Laboratories
Doxycycline (Vibramycin)	1-800-646-4455	Pfizer, Inc.
Ethionamide (Trecator)	1-888-638-6342	Wyeth Ayerst
Levofloxacin (Levaquin)	1-800-577-3788	Ortho-McNeil
Ofloxacin (Floxin)	1-800-577-3788	Ortho-McNeil
Streptomycin	1-800-254-4445	Pfizer, Inc.
ANTI-INFLAMMATORY, ANTI-ALLERGIC, AND IMMUNOLOGIC		
Cyclosporine (Sandimmune)	1-877-277-2254	Novartis Pharmaceuticals
G-CSF (Filgrastim, Neupogen)	1-800-272-9376	Amgen
GM-CSF (Leukine)	1-800-473-5832	Berlex Oncology Camcare
Hydroxyzine hydrochloride (Atarax)	1-800-646-4455	Pfizer, Inc.
Interleukin 2 (Proleukin)	1-800-775-7533	Chiron
Thalidomide (Thalomid)	1 888-423-5436 #3	Celgene Corp.
CARDIOVASCULAR		
Nimodipine (Nimotop)	1-800-998-9180	Bayer
ENDOCRINE/METABOLIC		
Atorvastatin (Lipitor)	1-800-707-8990	Pfizer, Inc.

Pharmaceutical Companies Medication Assistance Programs

Compañías Farmacéuticas Programas de Ayuda de Medicamentos

DRUG NAME	PHONE	MANUFACTURER
Dronabinol (Marinol)	1-800-256-8918	Unimed Pharmaceuticals
Epoetin alfa (Procrit)	1-800-553-3851	Ortho-Biotech
Epogen	1-800-272-9376	Amgen
Fluoxymesterone (Halotestin)	1-800-242-7014	Pharmacia
Fluvastatin (Lescol)	1-800-277-2254	Novartis Pharmaceuticals
Human Growth Hormone (Serostim)	1-888-628-6673	Serostim Patient Assistance
L-Carnitine (Carnitor)	1-800-999-NORD	Sigma-Tau Pharmaceuticals
Lovastatin (Mevacor)	1-800-727-5400	Merck & Co.
Megestrol Acetate (Megace)	1-800-437-0994	Bristol-Myers Squibb
Octreotide (Sandostatin)	1-800-277-2254	Novartis Pharmaceuticals
Oxandrolone (Oxandrin)	1-800-692-6374	BTG Pharmaceuticals
Pravastatin (Pravachol)	1-800-736-0003	Bristol-Myers Squibb
Simvastatin (Zocor)	1-800-727-5400	Merck & Co.
Testosterone (Testoderm)	1-800-577-3788	Ortho-McNeil
GASTROINTESTINAL		
Cimetidine (Tagamet)	1-800-546-0420	GlaxoSmithKline
Famotidine (Pepcid)	1-800-727-5400	Merck & Co.
Granisetron (Kytril)	1-800-443-6676	Roche
Mesalamine (Asacol, 5-ASA)	1-800-830-9049	Procter & Gamble
Ranitidine (Zantac)	1-800-722-9294	GlaxoSmithKline
ONCOLOGY		
Alitretinoin (Panretin Gel, LGD 1057)	1-877-654-4263	Ligand Pharmaceuticals
Bleomycin (Blenoxane)	1-800-437-0994	Bristol-Myers Squibb
Cyclophosphamide (Cytoxan)	1-800-437-0994	Bristol-Myers Squibb
Daunorubicin, liposomal (Daunoxome)	1-800-226-2056	Gilead Sciences
Doxorubicin (Doxil)	1-800-553-3851	Ortho-Biotech Pharmaceuticals
Doxorubicin (Adriamycin)	1-800-242-7014	Pharmacia
5-Fluorouacil (Capecitabine, Xeloda)	1-800-443-6676	Roche
Flucytosine (5-FU, Efudex)	1-800-556-1937	ICN Pharmaceuticals
Methotrexate (Rheumatrex)	1-877-926-6396 #5	Xanodyne Patient Assistance
Mitoxantrone (Novantrone)	1-877-447-3243	Novantrone Patient Assistance
Paclitaxel (Taxol)	1-800-437-0994	Bristol-Myers Squibb
Procarbazine	1-800-999-NORD	Sigma-Tau Pharmaceuticals
Prochlorperazine (Compazine)	1-800-546-0420	GlaxoSmithKline
PSYCHOPHARMACOLOGIC & NEUROLOGIC		
Carbamazepine (Tegretol)	1-800-277-2254	Novartis Pharmaceuticals
Clonazepam (Klonopin)	1-800-285-4484	Roche
Fluoxetine (Prozac)	1-800-545-6962	Eli Lilly & Co.
Hydroxyzine pamoate (Vistaril)	1-800-707-8990	Pfizer, Inc.
Lamotrigine (Lamictal)	1-800-722-9294	GlaxoSmithKline
Seraline (Zolofte)	1-800-707-8990	Pfizer, Inc.

Prevention Services / Servicios de Prevención

The following agencies provide prevention education about HIV/AIDS and related health topics. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments.

Las siguientes agencias proveen educación con respecto al VIH, SIDA y temas relacionados con la salud, los cuales varían desde información básica del SIDA y reducción de riesgo hasta tratamientos avanzados.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A L L				
AIDS Housing Coalition Houston, Inc.	(713) 864-1795	Not applicable	All, Flat, Appt req.	99
AHCH - GLBT Safer Sex Counseling Hotline	(713) 864-1795	Not applicable	M, W, Y, F, All, Free	99
Planned Parenthood	(800) 230-PLAN	Various	M, W, Y, Free, Walk-ins, Esp	138
C E N T R A L				
AFH Outreach and Education	(713) 623-6796	River Oaks	Not specified.	97
AFH Project Wall Talk	(713) 623-6796	River Oaks	Not specified.	97
Amigos Volunteers in Education & Services	(713) 626-2837	Montrose	All, Free, Appt req, HIV+, Esp . . .	101
Bread of Life	(713) 650-0595	Downtown	M, W, CD, Walk-ins	105
By His Love Ministries, Inc.	(713) 738-1981	Third Ward	All, Free, Appt req, CD	106
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
Covenant House Texas	(713) 523-2231	Montrose	Y (13 - 21), Free, Esp, Walk-ins, Parenting &/or pregnant mothers under 21	110
Donald R. Watkins Memorial Foundation	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
E.T. Adult Center	(713) 592-6170	OST/South Union	All, Walk-ins, S\$, I/RR, CD	112
FUUSA	(713) 942-9333	Third Ward	M, W, Y (ages 13 - 24), F, Free, Appt Req, CD	112
Harris County Community Health Centers	(713) 439-6000	Galleria/Post Oak	Not specified.	118
HACS - Positive Knowledge	(713) 526-0555	Greenway Plaza	M, W, Free, HIV+, Hispanic/Latino, Esp	123
HACS - Prevention Case Management	(713) 526-0555	Greenway Plaza	Adults (18 & up), Free, Esp	123
HDHHS Bureau of HIV/STD Prevention	(713) 794-9092	Astrodome/S. Loop	Not specified.	124
Montrose Counseling Center, Inc.	(713) 529-0037	Montrose	M, W, All, I/RR, Free, Appt Req, CD, Esp	132
PWA Coalition - Individual Level Intervention	(713) 522-5428	Montrose	Adults (18 & up), Free, Appt/Walk-ins, HIV+, CD	138
PWA Coalition - Group Level Intervention	(713) 522-5428	Montrose	M, W, Y (ages 19 - 24), Free, Appt/Walk-ins, CD	138
St. Hope Foundation	(713) 839-7111	Bellaire	All, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp	143
YWCA of Houston	(713) 868-9922	Memorial/Washington	All, Free	155

Prevention Services / Servicios de Prevención

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
E A S T				
AAMA	(713) 926-9491	Second Ward	CD, Esp, Free, M, W, F, I/RR, Y, Walk-ins	102
Harris Co. Baytown Community Health Center	(281) 427-7656	Baytown	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Harris Co. LaPorte Community Health Center	(281) 471-4202	La Porte	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
N O R T H				
Harris Co. Humble Community Health Center	(281) 446-4222	Humble	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
N O R T H W E S T				
Harris Co. Antoine Community Health Center	(281) 447-2800	Inwood Forest	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
Motherland, Inc.	(713) 290-0001	Oak Forest/ Garden Oaks	Y, M, W, F, All, Free, Appt/ Walk-ins, CD, Esp	133
Positive Efforts	(713) 812-0044	Oak Forest/ Garden Oaks	W, All, Free, CD	139
S O U T H				
BLOCK, The	(713) 734-2117	Not specified	M, W, All, Free, HIV+, CD	105
JRS Outreach	(713) 738-6216	South Acres	Y, M, W, Free, Flat, Appt req, HIV+	127
New Hope Counseling Center	(713) 776-8006	Sharpstown	M, W, All, Free, Walk-ins, CD . . .	135
S O U T H E A S T				
AIDS Coalition of Coastal Texas	(409) 763-2437	Galveston	Free, Esp, HIV+, CD, M, W, F, All . .	.97
FLAS, Inc.	(713) 772-2366	Sharpstown	Y (ages 13 - 24), Free, Walk-ins, Lim, CD	115
Gulf Coast Center - Recovery Program	(409) 762-5935	Galveston	M, W, F, Free, S\$, Walk-ins, CD . . .	115
Harris Co. Southeast Community Health Center	(713) 740-5000	Pasadena	M, W, F, All, I/RR, Free, Walk-ins (call ahead), Esp	118
S O U T H W E S T				
Eleos Centers, Inc.	(713) 779-9400	Sharpstown	M, W, S\$, Flat, Appt/Walk-ins, Esp	112
St. Hope Foundation	(713) 778-1300	Sharpstown	W, Y, F, Free, Appt req	143
WAM Foundation	(713) 551-8787	South Main	All, Free, Walk-ins, HIV+, Esp . . .	153
Warren Corporation - Project Change	(713) 541-9777	Fondren Southwest	M, W, I/RR, Appt Req	153
W E S T				
Mental Health and Psychological Services	(281) 463-9840	Bear Creek/ Highway 6	All, Appt/Walk-ins, Med, S\$, Priv pay, Ins, CD, Esp	131

Public Assistance / Asistencia Pública

The following is a list of government-funded agencies that offer a variety of social services and programs, mainly for low-income, disabled or abused/neglected persons.



Art by Gus Giraldo

Esta es una lista de agencias que reciben fondos del gobierno y ofrecen una variedad de servicios y programas sociales, la mayoría para personas con bajos recursos económicos, discapacitadas o abusadas/negligentes.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A L L				
Social Security Administration	(800) 772-1213	Not applicable	All, Walk-ins, Free, Esp	142
TDH HIV Medication Program	(800) 255-1090	Not applicable	Not specified.	146
C E N T R A L				
Harris Co. Tobacco Prevention & Cessation	(713) 439-6147	Galleria/Post Oak	All, Free, Esp	120
TDH, Public Region 6/5 South	(713) 767-3000	Lawndale	Not specified.	146
TDHS - Medicaid	(713) 767-2000	Lawndale	Not specified.	148
TDHS - Scott Street	(713) 748-8450	OST/South Union	Not specified.	148
TDHS - Telephone Road	(713) 921-5108	Lawndale	Not specified.	148
Texas Dept PRS Adult Protective Services	(800) 252-5400	Harrisburg	M, W, Free, over 65 or disabled, Esp	148
E A S T				
Chambers County Health Department	(409) 267-8356	Anahuac	All, Walk-ins, Esp	107
Chambers County Indigent Health Care	(409) 267-8306	Anahuac	All	107
TDHS - Baytown	(281) 427-9480	Baytown	Not specified.	147
TDHS - Chambers County	(409) 267-3125	Anahuac	Not specified.	146
TDHS - I-10 East Office	(713) 673-6347	Northshore	Not specified.	147
N O R T H				
TDHS - Eastex Freeway	(713) 691-0033	Eastex/Jensen	Not specified.	147
TDHS - Greens Parkway	(281) 874-0048	Greenspoint	Not specified.	147
TDHS - Harris County Center	(713) 692-1635	Northline	Not specified.	147
TDHS - Little York	(713) 699-1098	Eastex/Jensen	Not specified.	147
TDHS - Montgomery County	(936) 539-1161	Conroe	Not specified.	147

Public Assistance / Asistencia Pública

NORTH

TDHS - North Freeway	(713) 691-7711	Acres Home	Not specified.	147
TDHS - Walker County	(936) 291-2164	Huntsville	Not specified.	147

NORTHEAST

Liberty County Indigent Healthcare	(936) 334-4693	Not applicable	All, Free, Appt req	128
Liberty County Indigent Healthcare Program	(281) 593-8428	Cleveland	All, Appt Req, at or below 185% poverty	128
TDHS - Crosby	(281) 328-6613	Crosby	Not specified.	147
TDHS - Liberty County	(936) 336-7283	Liberty	Not specified.	147

NORTHWEST

TDHS - North Loop West	(713) 863-9864	Oak Frst/ Garden Oaks	Not specified.	147
TDHS - Tomball	(281) 351-0637	Tomball	Not specified.	148

SOUTH

TDHS - Alvin	(281) 331-0790	Alvin	Not specified.	146
TDHS - Brazoria County	(979) 265-1291		Not specified.	146

SOUTHEAST

Harris Co. S. Houston WIC Center	(713) 941-5035	South Houston	Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0 - 5)	121
TDHS - Dickinson	(281) 337-5402	Dickinson	Not specified.	147
TDHS - Galveston County	(409) 763-0277	Galveston	Not specified.	147
TDHS - Indigent Health Care	(281) 470-8350	La Porte	Not specified.	148
TDHS - Pasadena	(713) 947-8130	Pasadena	Not specified.	148
TDHS - Texas City (A - K)	(409) 948-1701	Texas City	Not specified.	148
TDHS - Texas City (L - Z)	(409) 945-0317	Texas City	Not specified.	148

SOUTHWEST

TDH Clinical Services - Columbus	(979) 732-3662	Columbus	Not specified.	146
TDHS - Ft. Bend County	(281) 342-8651	Rosenberg	Not specified.	147
TDHS - Fuqua	(713) 946-6861	Ellington/ South Belt	Not specified.	147
TDHS - Harwin (A - M)	(713) 266-5535	Sharpstown	Not specified.	147
TDHS - Harwin (N - Z)	(713) 783-0828	Sharpstown	Not specified.	147
TDHS - Matagorda County	(979) 244-1662	Bay City	Not specified.	147
TDHS - Wharton County	(979) 532-5910		Not specified.	148
TDHS - Austin County	(979) 865-9164	Bellville	Not specified.	146
TDHS - Colorado County	(979) 732-6231	Columbus	Not specified.	147
TDHS - Westheimer	(281) 597-5200	Alief	Not specified.	148
Texas Rehabilitation Commission, Region IV.	(713) 735-3470	Woodlake/ Briar Meadow	Not specified	148

Social Support & Activities

Apoyo Social y Actividades

Many people in the Houston area volunteer their time to help HIV infected persons and their families. Some volunteers serve as “buddies” by developing one-on-one relationships with HIV+ persons who need additional social or emotional support. “Phone buddies” provide support through telephone contact. “Care Teams” are groups of volunteers who provide companionship. Some volunteers help with food preparation, transportation, and running errands. Call one of the following agencies if you need this type of assistance. Also, there are many activities for HIV+ people and opportunities to meet others in the Houston area.



Art by Nando

Muchas personas en Houston son voluntarias y ayudan a las personas infectadas con el VIH a y sus familiares. Algunos toman el papel de “amigo” al desarrollar una relación con la persona VIH+ quien necesita apoyo social o emocional. Los “Amigos por teléfono” proveen apoyo por medio del contacto telefónico. “Equipos de apoyo” son grupos de voluntarios que proveen compañía. A veces, los voluntarios ayudan con transporte, mandados o preparación de alimentos. Llame si necesita este tipo de asistencia. Además, hay muchas actividades y oportunidades donde una persona VIH+ puede conocer a otras personas en el área de Houston.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
CENTRAL				
AFH Project Lazarus	(713) 623-6796	River Oaks	HIV+	98
Art League of Houston HIV+ Art Classes	(713) 523-9530	Montrose	All, Free, Esp	101
Catholic Charities AIDS Ministry	(713) 874-6624	Midtown	All, M, W, F, Free, Walk-ins, HIV+, Esp	107
Family Assistance Center- Project Gabriel	(713) 524-7801	Third Ward	C, Y, F, All, Free/S\$, Appt/Walk-ins	113
Harmony Health Recovery Center	(713) 237-1765	Memorial/ Washington	Men only, Free, Lim	117
Julia C. Hester House	(713) 672-2573	Fifth Ward	C (ages 2 - 12), Y (ages 13 - 18) . . .	127
Kolbe Project, The	(713) 861-1800	Heights	M, W, Free, Walk-ins	128
Metropolitan Multi-Service Center	(713) 284-1973	Montrose	Free	131
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	133
Positive Art Workshop (GLBT Community Ctr)	(713) 524-3818	Montrose	All, Appt, Free	139
Resurrection Metropolitan Community Church	(713) 861-9149	Heights	All, Appt/Walk-ins, ID required . . .	139
SEARCH	(713) 739-7752	Midtown	All, I/RR, Free, Walk-ins, CD, Esp, Homeless	141
Thomas Street Clinic (HCHD)	(713) 873-4000	Near Northside	M, W, Free, S\$, Med, HIV+, Esp, Gold card	119
EAST				
Settegast Health Center (HCHD)	(713) 636-7192	East End	F, All, S\$, Med, Appt/Walk-ins, Esp	119

Social Support & Activities / Apoyo Social y Actividades

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
N O R T H				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120
N O R T H E A S T				
Trinity Gardens Integral Forces, Inc	(713) 631-0329 x26	Trinity/ Houston Gardens	All, I/RR, Walk-ins, CD, Esp	149
N O R T H W E S T				
Northwest Health Center (HCHD)	(713) 861-3939	Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt, Walk-ins, +	119
S O U T H				
Houston Humane Society	(713) 433-6421		All, Flat, Appt Req, Esp	125
Scott-Tee's Love Foundation	(713) 733-1026	Sunnyside	All, Walk-ins	141
S O U T H W E S T				
Alliance for Multicultural Community Svcs	(713) 776-4700	Sharpstown	M, W, All, Free, Walk-ins, HIV+, Esp	99
W E S T				
Interfaith CarePartners AIDS Care Team	(713) 682-5995	Memorial	All, Free, Walk-ins, Accepts collect calls from rural clients, Esp	126
West Houston HIV Support Group	(832) 492-8344	Katy	M, W, F, Free, Appt	154

Transportation / Transporte

For HIV infected persons without their own transportation, it can be very hard to access services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need transportation and other restrictions may apply. Be aware that not all agencies will service your area, and that Metro offers discounted fares and special van and cab services for the disabled individual. Title I clients are eligible to receive an annual bus pass, see your case manager for details.



Blueberry Heels by Susan Fronck

Para muchas personas infectadas con el VIH que no tienen su propio transporte, les es muy difícil el acceso a los servicios. Las siguientes agencias ofrecen transportación con destino a servicios médicos y/o sociales, pero podría tener que hacer reservaciones con mucha anticipación para el día que necesite transportar se, y otras restricciones podrían ser aplicadas. Metro ofrece descuentos en pasajes, transporte de grupos y taxis a personas discapacitadas. Los clientes del Título I son elegibles a recibir un pase anual de Metro. Hable con un administrador de casos para más detalles.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
CENTRAL				
American Red Cross, Houston Chapter	(713) 526-8300	Greenway Plaza	W, C, Y	100
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Harris County Social Services	(713) 755-5243	Downtown	M, W, F, All, Free, Appt/Walk-ins . .	121
Prime Care Ambulance Service	(713) 521-1426	Binz	All	139
EAST				
American Red Cross, Baytown Office	(281) 424-1300	Baytown	W, C, Y	100
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Love INC (In the Name of Christ)	(281) 422-5683	Baytown	All, Free, Gas vouchers, Diapers . .	129
Triangle AIDS Network, Inc.	(409) 832-8338	Beaumont	Appt Req, Free, S\$, HIV+, UTMB affiliate, Esp	149
NORTH				
American Red Cross, Conroe Office	(936) 756-2212	Conroe	W, C, Y	100
American Red Cross, Huntsville - Part-time Ofc	(936) 291-0211	Huntsville	W, C, Y	100
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116

Transportation / Transporte

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
N O R T H				
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
N O R T H W E S T				
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H				
Gulf Coast Center, The	(409) 763-2373	Alvin	All, S\$, Appt Req, CD, Esp	116
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H E A S T				
AIDS Coalition of Coastal Texas, Clear Lake Office	(409) 763-2437 (281) 282-6039	Galveston Clear Lake/NASA	Free, Esp, HIV+, CD, M, W, F, All . . . W, C, Y97 .97
American Red Cross, Pasadena Office	(713) 943-7000	Pasadena	W, C, Y	100
American Red Cross, Texas City Office	(409) 945-7200	Texas City	W, C, Y	100
Berryman House, Inc.	(713) 748-8535	South Park	CD, M, W, Walk-ins, Lim	105
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H W E S T				
American Red Cross, Rosenberg Office	(281) 342-9480	Rosenberg	W, C, Y	100
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
St. Hope Foundation	(713) 778-0358	Sharpstown	M, W, F, I/RR, All, Free, Appt req, HIV+	143
W E S T				
American Red Cross, Brookshire Office	(281) 375-5110	Brookshire	W, C, Y	100
Colorado Valley Transit	(979) 732-6281	Columbus	All, Flat, Esp	108

Treatment Information and Clinical Trials

Información de Tratamientos y Pruebas Clínicas

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options. To help advance research and have access to “cutting edge” treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. HIV+ persons who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other HIV infected people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS.



Art by Gus Giraldo

¡Con tantos nuevos tratamientos prometedores para el VIH, es ahora más importante que nunca el mantenerse informado! Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y otras a muy bajo costo. Para ayudar al adelanto de los tratamientos médicos, considere participar en las pruebas clínicas. El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas VIH+ participan gratuitamente y quizás no vean beneficios inmediatos (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas VIH+ a vivir una vida más prolongada y saludable. Cualquier médico puede conectar a sus pacientes interesados a las pruebas clínicas (vea PUBLICACIONES).

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Center for AIDS, The	(713) 527-8219	Montrose	All, Free, Esp	107
Donald R. Watkins Memorial Foundation	(713) 528-1748	Museum District	Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp	111
Montrose Clinic Research	(713) 830-3033	Montrose	Y, M, W, Free, Appt Req, Esp, HIV+	132
Thomas Street Clinic (HCHD)	(713) 873-4000	Near Northside	M, W, Free, S\$, Med, HIV+, Esp, Gold card	119
NORTH				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120
SOUTHEAST				
UTMB Galveston AIDS Clinical Care & Research	(409) 772-1661	Galveston	Adults (18 & up), I/RR, S\$, Med, Appt Req, HIV+	152

STAY INFORMED

IMPORTANT:

It is vitally important that you take your medications exactly as prescribed, especially protease inhibitors. If you do not, the HIV in your body may become resistant to the medication and it will stop working! If you are experiencing unbearable side effects, notify your physician right away and ask him or her what you should do.

CD4 (T-CELL) COUNT:

Your immune system contains different types of cells that help protect the body from infection. One of these types of specialized cells is called the CD4 or T-cells. HIV attacks these types of cells and uses them to make more copies of HIV. In doing so, the CD4 cell becomes unable to do its job of protecting the body. At first, the body can make more of these T-cells but eventually the body can't keep up and the number of working T-cells decreases. This weakens the immune system and leaves the body at risk for different types of infections.

On a regular basis, your doctor will draw blood and measure the number of T-cells. The higher the number the better able your immune system to do its job. Most people without HIV have about 700 to 1000 CD4 cells. HIV infected people are considered to have "normal" CD4 counts if the number is above 500. If the number drops below 200, you are said to have AIDS and your doctor will start you on preventative medications to ward off infections and keep you healthy.

VIRAL LOAD:

The viral load test measures how much HIV is in your blood. Left untreated, the amount of HIV in the blood (viral load) increases as HIV disease progresses. A viral load above 100,000 is generally considered high. Unlike CD4 counts, where "higher is better," a "low" or "undetectable" viral load is considered desirable. Keep in mind, however, that an "undetectable" viral load does not mean that there is no more HIV in your body, only that there is less HIV in the blood than the test is able to measure. HIV might also be "hiding" in other organs in the body.

One way doctors use viral load testing is to measure the effectiveness of medications. If your viral load is staying the same over time or going down, your medication(s) are probably working. If your viral load is going up, your doctor may want to try a different medication regimen. Using both CD4 counts and viral load testing gives your doctor a more complete picture of your individual disease progression and, in turn, the best treatment strategy for you.

MANTÉNGASE INFORMADO

IMPORTANTE:

Es de vital importancia que Ud. tome sus medicamentos exactamente según las indicaciones, especialmente los inhibidores de proteasa. ¡Si no lo hace, el VIH en su cuerpo podría volverse resistente al medicamento y dejarlo inefectivo! Si Ud. padece de efectos secundarios intolerables, notifique a su médico inmediatamente y pregunte a él o ella que debe hacer.

EL CONTEO DE CD4:

Su sistema inmunitario contiene diferentes tipos de células que ayudan a proteger al cuerpo contra infecciones. Una de estas clases de células especializadas se llama célula CD4 o T. El VIH ataca al CD4 y la utiliza para crear más copias del VIH. Al hacerlo, los CD4 no pueden cumplir con su función de proteger al cuerpo. Al principio, el cuerpo puede producir más de estas células, pero eventualmente no puede competir y el número de ellas reduce. Ésto causa que el sistema inmunitario debilite y ponga al cuerpo al riesgo de diferentes tipos de infecciones.

Periódicamente, su médico le hará un análisis de su sangre y medirá el número de células CD4. Mientras más alto, es más probable que el sistema inmunitario pueda cumplir con su trabajo. La mayoría de las personas no infectadas con el VIH tiene entre 700 y 1000 células CD4. Se considera que personas infectadas con el VIH tienen un número "normal" si es mayor a 500. Si el número es menor a 200, se diría que usted tiene SIDA y su médico recomendará que tome medicamentos preventivos para infecciones y mantenerse saludable.

CARGA VIRAL:

La prueba de la carga viral mide cuanto VIH hay en su sangre. Si no recibe tratamiento, la cantidad del VIH (carga viral) aumenta a medida que progresa la enfermedad del VIH. Una carga viral mayor de 100,000 es considerada alta. A diferencia del número de células CD4, en el cual un resultado elevado es mejor, una carga viral "baja" o "indetectable" es deseable. Sin embargo, tome en cuenta que una carga viral "indetectable" no significa que ya no exista el VIH en la sangre sino que hay una cantidad menor el cual la prueba no es capaz de detectar. Inclusive, el VIH puede estar "escondido" en otros órganos de su cuerpo.

La prueba de la carga viral constituye un medio por el cual los médicos miden la efectividad de los medicamentos. Si su carga viral se mantiene igual o disminuye con el tiempo, es probable que sus medicamentos estén funcionando. Si su carga viral aumenta, su médico podría recomendar un medicamento diferente. El uso conjunto del conteo CD4 y la carga viral permite que su médico obtenga un panorama más completo del desarrollo de su enfermedad, y consecuentemente, la mejor estrategia de tratamiento.

Veterans' Services / Servicios para Veteranos

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge—honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad conduct discharges issued by general courts-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.



Art by Tammy Garrison

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están

disponibles en el Centro Médico de la Administración de Veteranos.

* If you are a veteran, contact the VA eligibility office; you may be eligible for a pension or other benefits that you did not even know about!

* Si Ud. es un veterano, póngase en contacto con la Oficina de Elegibilidad de VA; puede que sea elegible para recibir beneficios de jubilación y otros mas.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Houston VA Medical Center	(713) 791-1414	Medical Center	M, W, Veteran, Walk-ins, CD . . .	126
Vet Center #710	(713) 523-0884	Montrose	Veterans	152
NORTH				
Arlington National Funeral Home	(713) 692-5555	Northside	All	101
Cremation Service International	(713) 692-5555	Northside	All, Walk-ins	110
WorkSource - Northline, The	(713) 692-7755	Northline	Y, M, W, Free, Walk-ins, Esp . . .	155
NORTHEAST				
Harris County Social Services	(713) 696-7900	Eastex/Jensen	All, Free, Appt/Walk-ins	121
SOUTH				
New Hope Counseling Center	(713) 776-8006	Sharpstown	M, W, All, Free, Walk-ins, CD . .	135
SOUTHWEST				
WorkSource, The - Gulf Coast Careers	(979) 245-4804	Bay City	Y, M, W, I/RR, Free, Walk-ins, Esp . .	155

Volunteer Opportunities

Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services. Though many agencies listed in this guide depend on volunteers, those below focus on serving people with HIV. To find out more and get involved, call today!



Art by Nando

Muchas organizaciones no podrían servir a sus clientes sin el apoyo y el arduo trabajo realizado por los voluntarios. Las oportunidades son muchas desde contestando el teléfono, enviando correspondencias, hasta asistiendo con los servicios del cliente. Aunque muchas agencias mencionadas en esta guía dependen de voluntarios, éstas aquí enfocan en ayudar a las personas VIH+. Para obtener mayor información y participar, llame hoy.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
AIDS Foundation Houston	(713) 623-6796	River Oaks	Not specified	97
Catholic Charities AIDS Ministry	(713) 874-6624	Midtown	All, M, W, F, Free, Walk-ins, HIV+, Esp	107
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp.	109
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp.	116
Gulf Coast Community Svcs - Lawndale	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp.	116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp.	116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp.	116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp.	116
Harmony Health Recovery Center	(713) 237-1765	Memorial/Washington	Men only, Free, Lim.	117
Montrose Clinic	(713) 830-3000	Montrose	M, W, Esp.	132
Montrose Counseling Center, Inc.	(713) 529-0037	Montrose	M, W, F, All, I/RR, Free, Walk-ins, HIV+, CD.	132
PWA Coalition - Volunteers at Thomas St. Clinic	(713) 873-4160	Near Northside	Adults, Criminal background check, TB test, Esp.	137
Ryan White Planning Council	(713) 572-3724	Galleria/Post Oak	All, Free	140

Volunteer Opportunities / Oportunidades para Voluntarios

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
E A S T				
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	116
N O R T H				
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
N O R T H W E S T				
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
New Hope Counseling Center	(713) 776-8006	Sharpstown	M, W, All, Free, Walk-ins, CD . . .	135
S O U T H E A S T				
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H W E S T				
Ft. Bend County Women's Center	(281) 494-4545	Rosenberg	Not specified.	114
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
W E S T				
Interfaith CarePartners	(713) 682-5995	Memorial	All, Free, Walk-ins, Esp, collect calls (rural)	126
Vista Care	(713) 290-1746	Uptown	All, Walk-ins, S\$, Med, CD	153
West Houston Assistance Ministries	(713) 977-9942	Westchase	M, W, F, Free, Appt/Walk-ins, Esp	154

Women's Services / Servicios para Mujeres

Many HIV infected women have discovered that there do not seem to be as many services for them as there are for HIV infected men. However, this situation is slowly changing. The Houston area offers OB/GYN care and family planning to HIV+ women through physicians and community clinics. Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.



Art by Reachellian Ellison

Muchas mujeres infectadas con el VIH han descubierto que no hay tantos servicios para ellas como las hay para los hombres VIH+. Sin embargo, esta situación está cambiando poco a poco. El área de Houston provee cuidado obstetricia/gynecologico y de planificación familiar para mujeres VIH+. Madres con hijos pueden asistir a clases gratis para ser mejores madres, para el cuidado del niño y otros servicios especiales para sus niños (vea SERVICIOS PARA NIÑOS). Las siguientes agencias se especializan en servicios para las mujeres, aunque la mayoría de las agencias en esta guía pueden ayudar.

W O M E N - H O U S I N G

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
Houston Area Women's Center	(713) 528-6798	Montrose	W, C, Y, Free, Esp	124
Star of Hope Women and Family Shelter	(713) 222-2220	Second Ward	W, F, Lim, Free, Esp	144
Wellsprings, Inc.	(713) 529-6559	Greenway Plaza	W, C, Y, I/RR, Appt req, Lim, CD, Esp	154
EAST				
New Horizon Family Center	(281) 424-3300	Baytown	W, C, Y, All, Free, Appt Req, Lim, Esp	135
NORTH				
FamilyTime Foundation	(281) 446-2615	Humble	All, Free, S\$, Appt Req (Walk ins-crisis only)	114
NORTHWEST				
Mission of Yahweh	(713) 466-4785	Carverdale	W, F, Free	131
SOUTHEAST				
Bay Area Turning Point, Inc.	(281) 286-2525	Webster	HIV+, Free, F, All, Appt Req, M, W	102
SOUTHWEST				
Ft. Bend County Women's Center	(281) 342-4357	Rosenberg	M, W, Y, F, Free, Appt/Walk-ins, Esp	114
WEST				
Renewed Innovations- The Bethel Home	(713) 690-9403	Spring Shadows	W, Flat, Appt, Lim, must have job after 30 days	139
TRS The Next Step - Women	(713) 263-7475	Spring Branch	W, Med, Priv pay, Ins, Appt/Walk-ins, CD	149

Women's Services / Servicios para Mujeres

W O M E N - M E D I C A L

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A L L				
Planned Parenthood	(800) 230-PLAN	Various	M, W, Y, Free, Walk-ins, Esp . . .	138
C E N T R A L				
Associates in Infectious Disease in OB/GYN	(713) 799-8994	Medical Center	W, All, Appt req, CD, Esp	101
Montrose Clinic – Women's Clinic	(713) 830-3000	Montrose	W, Appt Req, Esp	132
N O R T H				
Walker Co. Maternal & Child Health Ctr	(936) 295-7474	Huntsville	M, W, C, Y, Appt Req, Med, Flat, S\$, Esp	153
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Garden	W, Free, S\$, Med, HIV+, Esp, Gold card	120
N O R T H W E S T				
Ft. Bend Family Health Ctr-HAWC Clinic	(936) 857-2726	Prairie View	All, Appt/Walk-ins, S\$, Med, Esp . .	114
UTMB - Prairie View	(936) 857-4073	Prairie View	W only, S\$, Med, Appt	152
S O U T H W E S T				
Ft. Bend Family Health Center, Inc.	(281) 342-0529	Richmond	All, I/RR, S\$, Med, Ft. Bend & Colorado co. indigent care, RW Title II	115

W O M E N - S U P P O R T S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A L L				
Women for Sobriety, Inc.	(215) 536-8026	Not applicable	W, CD, Donations encouraged . . .	154
Women's Advocacy Project	(512) 476-5377	Not applicable	M, W, F, Free, Appt Req, Lim . . .	155
C E N T R A L				
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	109
Family Assistance Center - Project Gabriel	(713) 524-7801	Third Ward	C, Y, F, All, Free/S\$, Appt/Walk-ins	113
Sisters Inspiring Sisters	(713) 751-8805	Montrose	W, Free, RSVP required, HIV+, CD	142
E A S T				
New Horizon Family Center	(281) 424-3300	Baytown	W, C, Y, All, Free, Appt Req, Lim, Esp	135
N O R T H				
FamilyTime Foundation	(281) 446-2615	Humble	All, Free, S\$, Appt Req (Walk ins-crisis only)	114
SAAFE House	(936) 291-3529	Huntsville	All, Free, S\$	140
SAAFE House	(936) 327-9525	Livingston	All, Free, S\$	140
Women Helping Women	(281) 631-9744	Not applicable	W, Free, Lim, Other eligibility requirements	154
Women's Program (HCHD)	(713) 566-5858	Trinity/ Houston Gardens	W, Free, S\$, Med, HIV+, Esp, Gold card	120

Women's Services / Servicios para Mujeres

W O M E N - S U P P O R T S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
N O R T H W E S T				
Methodist Children's Home	(713) 682-8911	Oak Frst/ Garden Oaks	S\$, Appt Req, CD	131
Mission of Yahweh	(713) 466-4785	Carverdale	W, F, Free	131
Positive Efforts	(713) 812-0044	Oak Frst/ Garden Oaks	W, All, Free, CD	139
Santa Maria Hostel	(713) 957-2413	Spring Branch	W, F, S\$, Appt Req, CD, Esp	141
S O U T H				
Brazos Place	(979) 233-3826	Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp	105
S O U T H E A S T				
Harris Co. – S. Houston WIC Center	(713) 941-5035	South Houston	Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0 - 5)	121
S O U T H W E S T				
Ft. Bend County Women's Center	(281) 342-4357	Rosenberg	M, W, Y, F, Free, Appt/Walk-ins, Esp	114
Ft. Bend Family Health Ctr-HAWC Clinic	(936) 857-2726	Prairie View	All, Appt/Walk-ins, S\$, Med, Esp	114
Ft. Bend Family Health Center, Inc.	(281) 342-0529	Richmond	All, I/RR, S\$, Med, Ft. Bend & Colorado co indigent care, RW Title II	115
Warren Corporation - Project Change	(713) 541-9777	Fondren Southwest	M, W, I/RR, Appt Req	153
W E S T				
Mental Health & Psychological Svcs	(281) 463-9840	Bear Creek/Hwy 6	All, Appt/Walk-ins, Med, S\$, Priv pay, Ins, CD, Esp	131
Renewed Innovations- Camille's Boutique	(713) 932-6388	Spring Shadows	W, Flat, Lim	139
Renewed Innovations- The Bethel Home	(713) 690-9403	Spring Shadows	W, Flat, App, Lim, must have job after 30 days	139

Youth/Teen Services / Servicios para Jóvenes

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.

Los jóvenes que viven con el VIH tienen necesidades muy particulares. Si Ud. tiene entre 13 y 19 años de edad y es VIH+, por favor llame a una de las agencias mencionadas aquí; todas ellas tienen programas especiales para jóvenes con el VIH y están aquí para ayudarlo.

Y O U T H - H O U S I N G

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CENTRAL				
AHCH - West Heights Shelter	(713) 864-1795	Heights	M, W, Y (ages 19-24), Flat, Accepts area housing vouchers, Appt req, Lim, HIV+	99
Covenant House Texas	(713) 523-2231	Montrose	Y (13 - 21), Free, Esp, Walk-ins, Parenting &/or pregnant mothers under 21	110
HACS - YEAH! Youth Drop In Center	(713) 528-5667	Montrose	Y, Free, Walk-ins, Esp, at risk for or homeless	123

Y O U T H - M E D I C A L

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
ALL				
Planned Parenthood	(800) 230-PLAN	Various	M, W, Y, Free, Walk-ins, Esp	138
CENTRAL				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Baylor Teen Health Clinic - Ben Taub	(713) 873-3601	Medical Center	Free, Appt req	103
Baylor Teen Health Clinic – Austin High School	(713) 924-1693	Lawndale	All, Appt Req, Students of (Austin HS only	103
Baylor Teen Health Clinic – Cullen	(713) 440-7313	MacGregor	Free, Appt req, Open Tues/Wed	103
Community Partners- Adolescent Clinic	(713) 222-8782	Fifth Ward	Esp, Free, Y (ages 13 – 18), Appt Req	109
Covenant House Texas	(713) 523-2231	Montrose	Y (13 – 21), Free, Esp, Walk-ins, Parenting and/or pregnant mothers under 21	110
NORTH				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Baylor Teen Health Clinic – Lawn	(281) 847-9970	Acres Home	Free, Appt req	103
NORTHEAST				
Baylor Teen Health Clinic – Cavalcade	(713) 673-1655	Kashmere Gardens	Free, Appt req	103
Baylor Teen Health Clinic – LBJ	(713) 566-5612	Trinity/ Houston Gardens	Free, 13 – 21 years of age, Appt req.	103

Youth/Teen Services / Servicios para Jóvenes

Y O U T H - S U P P O R T S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A L L				
AHCH - GLBT Safer Sex Counseling Hotline	(713) 864-1795	Not applicable	M, W, Y, F, All, Free	.99
Palmer Drug Abuse Program (PDAP)	(713) 273-2691	Various	Y, Free, Walk-ins, CD	.137
Texas DPRS - Runaway Hotline	(888) 580-HELP		C, Y, F, Free, Esp	.148
Texas DPRS - Youth Hotline	(888) 210-2278		C, Y, F, Free, Esp	.148
C E N T R A L				
Community Family Centers	(713) 923-2316	Magnolia Park	C, Y, M, W, F, Free, Appt/Walk-ins, CD, Esp	.109
Council on Alcohol and Drugs Houston	(713) 942-4100	Memorial/Washington	CD, All, Walk-ins (Appt preferred), Esp, S\$.110
Covenant House Texas	(713) 523-2231	Montrose	Y (13 - 21), Free, Esp, Walk-ins, Parenting &/or pregnant mothers under 21	.110
DePelchin Children's Center	(713) 730-2335	Memorial/Washington	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$.111
Families Under Urban & Social Attack (FUUSA)	(713) 942-9333	Third Ward	M, W, Y (ages 13 - 24), F, Free, Appt Req, CD	.112
Family Assistance Center- Project ABC	(713) 524-7801	Third Ward	C, Y, F, All, Free/S\$, Appt/Walk-ins	.113
Gulf Coast Community Svcs -	(713) 393-4700	Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	.116
Gulf Coast Community Svcs - Kashmere	(713) 674-1301	Kashmere Gardens	All, Free (income guidelines), Appt/Walk-ins, Esp	.116
Gulf Coast Community Svcs - Magnolia	(713) 921-2960	Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	.116
Gulf Coast Community Svcs - Third Ward	(713) 521-9957	Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	.116
Gulf Coast Community Svcs - West End	(713) 861-0590	Heights	All, Free (income guidelines), Appt/Walk-ins, Esp	.116
HACS - YEAH! Youth Drop In Center	(713) 528-5667	Montrose	Y, Free, Walk-ins, Esp, at risk for or homeless	.122
HATCH	(713) 529-3590	Montrose	Y, Free, Walk-ins	.123
Julia C. Hester House	(713) 672-2573	Fifth Ward	C (ages 2 - 12), Y (ages 13 - 18)	.127
Neighborhood Centers, Inc.	(713) 667-9400	Bellaire	All, F, Free, S\$, Flat, Appt Req, Esp	.133
PDAP - Age 12 to 17 group	(713) 668-0133	Bellaire	Y, Free, Walk-ins, CD	.137
PWA Coalition-Adolescent Case Mgmt/Outreach	(713) 522-5428	Montrose	Y (age 13-24)	.137
YWCA of Houston	(713) 868-9922	Memorial/Washington	All, Free	.155
E A S T				
DePelchin Children's Center	(713) 730-2335	Baytown	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$.111
Gulf Coast Community Svcs - JD Walker	(281) 426-4757	Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	.116

Youth/Teen Services / Servicios para Jóvenes

Y O U T H - S U P P O R T S E R V I C E S

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
N O R T H				
Adolescent Program (HCHD)	(713) 566-4680	Trinity/ Houston Gardens	Y (M/F), Free, S\$, Med, HIV+, Esp, Gold card	119
Cypress Creek Hospital	(281) 586-7600	Bammel	All, Med, Priv pay, Ins, Walk-ins, CD, Esp	110
DePelchin Children's Center	(713) 730-2335	Woodlands	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Gulf Coast Community Svcs - N. Point Station	(281) 272-1555	Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Spring Station	(281) 353-2439	Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	116
Gulf Coast Community Svcs - Tomball Station	(281) 351-8816	Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	116
PDAP - Age 12 to 17 group	(281) 353-2272	Spring	Y, Free, Walk-ins, CD	137
N O R T H E A S T				
PDAP - Age 12 to 17 group	(713) 691-7007	Eastex/Jensen	Y, Free, Walk-ins, CD	137
N O R T H W E S T				
DePelchin Children's Center	(713) 730-2335	Langwood	C, Y (ages 13-18), Appt Req, S\$, Med, Ins	111
Gulf Coast Community Svcs - Acres Home	(713) 692-1046	Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H				
Gulf Coast Community Svcs - Sunnyside	(713) 734-6553	Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	116
S O U T H E A S T				
DePelchin Children's Center	(713) 730-2335	Clear Lake/NASA	C, Y (ages 13 - 18), Appt Req, Med, Ins, CHIP, S\$	111
Gulf Coast Community Svcs - S. Houston	(713) 378-4747	South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	116
PDAP - Age 12 to 17 group	(713) 691-7007	Hobby	Y, Free, Walk-ins, CD	137
S O U T H W E S T				
DePelchin Children's Center	(713) 730-2335	Stafford	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP	111
Ft. Bend Council on Family & Comm Dev	(281) 342-8828	Rosenberg	All, S\$, Appt/Walk-ins, CD	114
Ft. Bend Council on Family & Comm Dev	(281) 261-1370	Stafford	All, S\$, Appt/Walk-ins, CD	114
Gulf Coast Community Svcs - SW Station	(713) 541-5205	Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	116
West Oaks Hospital	(713) 995-0909	Sharpstown	All, Med, Ins, Priv pay, Walk-ins, CD, Esp	154
W E S T				
DePelchin Children's Center	(713) 730-2335	Brookshire	C, Y (ages 13-18), Appt Req, S\$, Med, Ins	111
PDAP - Age 12 to 17 group	(281) 870-9311	Katy	Y, Free, Walk-ins, CD	137
PDAP - Age 17 to 25 group	(713) 647-8858	Memorial	Y, Free, Walk-ins, CD	137

Alphabetical Listing of Agencies

Lista de Agencias por Orden Alfabético



A CARING SAFE PLACE

1804 Carr Street
Houston, TX 77026

MAIN: (713) 225-5441
FAX: (713) 225-5442

CITY SECTION: Central
NEIGHBORHOOD: Fifth Ward
AREA SERVED: No restrictions
LEGEND: M, S\$, Appt Reg, HIV+, CD, Esp

Long term housing program which includes case management, alcohol and chemical dependency 12 step groups, life skills training, job search, placement and vocational training and preparation for re-entry into independent living.

ACT HEALTH SERVICES

7505 Fannin Street, Suite 200
Houston, TX 77054

MAIN: (713) 795-4590
FAX: (713) 791-1465

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
AREA SERVED: No restrictions
LEGEND: Appt/Walk-ins

Testing, Pre and post test counseling; referrals to other services.

ADULT REHABILITATION SERVICES

6624 Hornwood
Houston, TX 77074

MAIN: (713) 541-4422
FAX: (713) 541-9085
WEB: www.adultrehab.com

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Harris, Ft. Bend
LEGEND: M, W, CD

Methadone maintenance and counseling.

ADVOCACY, INC.

7457 Harwin Drive, Suite 100
Houston, TX 77036-2017

MAIN: (713) 974-7691
FAX: (713) 974-7695
TOLL FREE: (800) 880-0821
TTY: (713) 974-7691
WEB: www.advocacyinc.org

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Angelina, Brazoria, Chambers, Cherokee, Ft. Bend, Galveston, Houston, Jefferson and Orange counties.

LEGEND: CD, Appt Req, F, Free
Legal advocacy for persons with disabilities. Intake M-F 9:00am-12:30pm.

Defensa legal para personas incapacitadas. Cita inicial de lunes a viernes, 9:00am a 12:30pm.

AIDS CLINICAL TRIALS INFORMATION SERVICES (ACTIS)

P. O. Box 6421
Rockville, MD 20849-6421

TOLL FREE: (800) 874-2572
FAX: (301) 519-6616
TTY: (888) 480-3739
WEB: www.aidsinfo.nih.gov

CITY SECTION: National
AREA SERVED: No restrictions.
LEGEND: Not specified

Free and confidential information about HIV/AIDS clinical trials to persons with HIV/AIDS, their families & friends, health care providers, & federal, state, and local agencies by email or phone in English, Spanish and Portuguese.

AIDS COALITION OF COASTAL TEXAS

1405 39th Street
Galveston, TX 77550

MAIN: (409) 763-2437
FAX: (409) 763-5482
TOLL FREE: (800) 755-0440

CITY SECTION: Southeast
NEIGHBORHOOD: Galveston
AREA SERVED: Brazoria, Galveston and Matagorda counties

LEGEND: Free, Esp, HIV+, CD, M, W, F, All

Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, case management, legal referrals, funeral planning, client workshops, transportation, emergency financial assistance, rental assistance, AIDS information library, support groups, speakers bureau, medical equipment & supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services.

AIDS COALITION OF TEXAS NOW!

ACT Now!

PO Box 66682
Houston, TX 77266

MAIN: (713) 221-3242
FAX: (281) 482-8542

AREA SERVED: No restrictions
LEGEND: All

Client advocacy

AIDS FOUNDATION HOUSTON

3202 Wesleyan Annex
Houston, TX 77027

MAIN: (713) 623-6796
FAX: (713) 623-4029
WEB: www.aidshelp.org

CITY SECTION: Central
NEIGHBORHOOD: River Oaks

Beecher Wilson Apartments

INTAKE: (713) 524-5950
LEGEND: HIV+, Section 8 (subsidized rent)

Located in the Montrose area, AFH renovated the complex in March 1996 with a HOPWA grant and completed additional renovations in 2000. Residents pay rent equal to 30% of their income, which makes this long-term housing option affordable. The Housing Authority of the City of Houston subsidizes the remainder of the tenants' rent. Beecher Wilson remains greater than 90% occupied at all times.

Benefit and Resources Counseling (BARC) and Client Svcs Assistant (CSA)

LEGEND: HIV+

BARC/CSA employs seven full-time staff to counsel clients on the availability of community-wide resources as well as access to and utilization of the healthcare system and other services. The intake process includes assessing clients' needs, determining eligibility for services and providing information and referrals to appropriate community service providers.

Camp HOPE

LEGEND: HIV+, C (ages 7-15), application

A week long summer camp for HIV+ children ages 7-15. Campers enjoy traditional camp activities in a modern setting, complete with state of the art medical facilities.

Camp HUG (Hope, Understanding, & Giving)

LEGEND: HIV+, application

A weekend camp for families infected and/or affected by HIV/AIDS. A fun event for the children, caregivers receive educational information pertinent to their living situations.

Get Started

LEGEND: HIV+

Program designed to help minority offenders who are HIV+ enroll and participate in the Texas HIV Medication Program. Through the Get Started program, recently released offenders can access HIV medications at no charge, allowing them to continue medication regimens begun while incarcerated without interruption which reduces the likelihood of viral resistance. In addition, this program helps newly released offenders re-establish their "free world" lives by meeting their needs for food, clothing, hygiene items and housing.

Housing Empowerment Life Planning (HELP)

LEGEND: HIV+

The HOPWA short-term Rental/Mortgage/Utility Assistance (RUMA) program that helps low-income persons with HIV/AIDS and their families to maintain permanent housing by subsidizing their rent or mortgage

and utilities for up to 21 weeks; program participants and their families not only get to remain in their homes, but they are also able to meet other necessary living expenses such as costly medications, food, clothing, transportation and childcare.

The HOME program offers tenant-based rent/mortgage assistance, up to 12 months, to extremely low- and low-income underserved HIV+ clients and their families of rural Harris county. The goal is to help families maintain permanent housing while working with the housing case manager to develop budgeting skills, access info and referrals to needed services and achieve progress toward better financial, emotional and physical well-being.

The Direct Emergency Assistance (DEA) program is funded by Ryan White Title I and has 2 initiatives: emergency rental and utility assistance to prevent eviction or termination of utility service and in-home support such as light housekeeping, 2 loads of laundry per visit, shopping assistance, meal preparation/serving/clean up, verbal interaction with client and limited supervision of children while the caregiver is in the home.

Outreach and Education

AREA SERVED: Ft. Bend, Harris, Liberty, Montgomery counties

LEGEND: Not specified.

Provides outreach, health education and risk reduction information to men who have sex with men (MSMs) and incarcerated youth and adults.

Prison Initiative

No service area restrictions

In partnership with TDCJ, provides peer education training and other prison-related HE/RR activities inside the state criminal justice system.

Project "A Friendly Haven"

INTAKE: (713) 651-0833

FAX: (713) 651-0835

AREA SERVED: Not specified.

LEGEND: HIV+

A programmatic 2 and 3 bedroom transitional residence for homeless women with HIV/AIDS and their families. Funded by HUD/HOPWA, this program provides: job training,

childcare, legal services, women's issues support groups, relapse prevention groups, individual counseling, parent support services, drug awareness and prevention activities, recreational and educational opportunities for the children and case management.

Project Lazarus

AREA SERVED: Harris County

LEGEND: HIV+

For residents of AFH housing programs, provides peer counseling for HIV+ adults.

Project LifeRoad

LEGEND: HIV+

A collaboration of multiple organizations administered by AFH. Funded by the HUD Supportive Housing Program, LifeRoad offers a comprehensive homelessness intervention care continuum. Providing a holistic approach to housing and supportive services for homeless Persons Living with HIV/AIDS, this project includes centralized intake and assessment, medical and psychosocial case management, mental health counseling, substance abuse counseling, money management, nutrition counseling, food, rent, utility and household assistance, job training and placement and related supportive services. Clients are placed in less structured environments over time until they are ready to live independently and establish permanent housing.

Project Porchlight

LEGEND: HIV+

AFH, in partnership with Houston's Habitat for Humanity, create permanent housing for low-income families who graduate from AFH transitional housing programs, allowing them the opportunity of home ownership. A step forward in eliminating poverty and creating permanent housing for low-income families living with HIV. This year, Texas Children's Hospital and the Dynegy Foundation will provide financial assistance and volunteer support for the construction of 1 or 2 more homes for Houston families living with HIV/AIDS.

Project Wall Talk

AREA SERVED: No restrictions
LEGEND: Not specified.

In partnership with the Texas Department of Criminal Justice (TDCJ) and other community-based organizations, provides peer education training and other prison-related HEIRR activities within the prison system.

Stone Soup

INTAKE: (713) 623-6796
LEGEND: HIV+

Provides perishable and non-perishable grocery/food items, personal care products, baby diapers and cleaning products to persons with HIV/AIDS. Clients receive one-on-one and group education to assist them in learning how to prepare foods that will complement their medical regimen and enhance their health and wellness. Clients also learn healthy recipes they can use with the groceries they receive. Stone Soup operates satellite locations in Pasadena and the Fifth Ward, as well as 2 voucher programs for homebound clients and clients in rural areas.

Volunteer Services

AREA SERVED: Harris County
LEGEND: Not specified.

Wide variety of volunteer opportunities available for adults and young adults interested in working with people and families infected/affected by HIV/AIDS. Must complete application and interview, some positions require criminal background check.

AIDS HOUSING COALITION HOUSTON, INC. (AHCH)

502 W. 24th St.
Houston, TX 77008

MAIN: (713) 864-1795
FAX: (713) 864-1795
WEB: web.wt.net/~ahch

AIDS Public Speakers Bureau

CITY SECTION: All
AREA SERVED: No restrictions
LEGEND: All, Flat, Appt req.

Public speakers bureau staffed by people who are long-term survivors of HIV infection and available to share the experience with groups for a fee.

GLBT Safer Sex Counseling Hotline

CITY SECTION: All
AREA SERVED: No restrictions
LEGEND: M, W, Y, F, All, Free

A phone resource - accurate and life-saving safer sex education for youth and young adults at risk of becoming HIV infected. Geared towards male-to-male behavior risk reduction. Of service to anyone who has questions about HIV transmission and prevention. Free HIV/AIDS referrals for youth and adults.

HIV/AIDS Free Referral Line

MAIN: (713) 864-1795
CITY SECTION: All
AREA SERVED: No restrictions
LEGEND: All, Free

Free referrals for people infected and loved ones and friends affected by the HIV virus and AIDS complications. Mentorship on social services, survival information, safer sex education, housing processes, medical services, viatical issues, home health care options, hospices and funeral options.

West Heights Shelter

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: No restrictions.
LEGEND: M, W, Y (ages 19-24), Flat, Accepts area housing vouchers, Appt req, Lim, HIV+

Low income emergency entry shelter housing, often same day/next day admission when space is available. Social service mentorship, meal assistance, phone, cable, furnished rooms - NO drugs or alcohol. Not an MHMRA facility or detox center. Picture ID, proof of AIDS diagnosis, proof of income and drug screen required. Adults only.

ALDINE FUNERAL CHAPEL, LLC

9504 Airline Drive
Houston, TX 77037-2208

MAIN: (281) 591-6055
FAX: (281) 591-7579
TOLL FREE: (877) 468-4480
WEB: www.aldinefuneral.com

CITY SECTION: North
NEIGHBORHOOD: Aldine
AREA SERVED: No restrictions
LEGEND: Appt recommended

Low cost, personalized funerals - including cremations, burials and other alternative dispositions (such as referral for possible donation).

ALLIANCE FOR MULTICULTURAL COMMUNITY SERVICES

6440 Hillcroft Street, Suite 411
Houston, TX 77081-3192

MAIN: (713) 776-4700
FAX: (713) 776-4730

HIV Interpreter Program

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Harris county
LEGEND: M, W, All, Free, Walk-ins, HIV+, Esp

Provides interpretation and referral services for refugees and asylees who have HIV/AIDS.

Provee servicios de interpretación y referencia para refugiados y asilados quienes tienen el VIH/SIDA.

ALTERNATE RESOURCES ACADEMY FOR HEALTHCARE PROFESSIONALS

12695 Whittington
Houston, TX 77077

MAIN: (281) 497-0585
FAX: (281) 496-4497

CITY SECTION: West
NEIGHBORHOOD: Eldridge/West Oaks
AREA SERVED: No restrictions
LEGEND: M, W, Esp, VA, TRC, TWC, Pmt plans

Certified Nurse aide, Home health aide and Medication aide program.

Asistente de enfermero certificado, programa de asistencia de la salud en el hogar y asistencia con medicamentos.

A-MED HOME HEALTH

4008 Vista Road, Suite 101B
Pasadena, TX 77504

MAIN: (713) 947-6200
FAX: (713) 947-7197
TOLL FREE: (866) 326-6200
WEB: www.amedhomehealth.com

CITY SECTION: Southeast
NEIGHBORHOOD: Pasadena
AREA SERVED: Brazoria, Chambers, Ft. Bend, Harris and Galveston counties.

LEGEND: M, W, Y (ages 19-24), Med, Most 3rd party payors, Esp

Available 24 hours a day, 7 days a week. Provides routine home care, continuous care, respite care and inpatient care; medication and durable medical equipment for the terminally ill. Staff includes RN, LVN, CAN, social worker, chaplain, and volunteers.

Provee cuidado rutinario en el hogar, cuidado continuo, asistencia para los cuidadores y cuidado para el paciente internado; medicamentos y equipo médico durable para el enfermo terminal. El personal incluye RN, LVN, CAN, trabajador social, capellán, y voluntarios. Disponible las 24 horas del día, 7 días a la semana.

AMERICAN CANCER SOCIETY QUIT LINE

24 HOURS: (877) YES-QUIT
WEB: www.cancer.org

AREA SERVED: No restrictions
LEGEND: All, Free, Esp

Free confidential phone counseling offers help to quit smoking. Service available in Texas, in many languages.

AMERICAN HOSPICE

7322 Southwest Freeway, Suite 570
Houston, TX 77074-2010

MAIN: (713) 995-5929
FAX: (713) 779-8335
TOLL FREE: (800) 824-1666
WEB: www.americanhospice.info

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Brazoria, Ft. Bend, Galveston, Harris, Montgomery and Waller counties.

LEGEND: Adults, Med, Ins/per diem charge, Appt Req, Esp

Services provided in patient's home, nursing facility, assisted living facility, etc. Staff includes RN, LVN, Nurse Aide, social worker, physician, chaplain and volunteers. Covered expenses include: certain medications and medical equipment, incontinence supplies, medication orders, counseling by pastor and social worker and bereavement support.

AMERICAN LUNG ASSOCIATION OF TEXAS

2030 North Loop West, Suite 250
Houston, TX 77018

MAIN: (713) 629-5864
FAX: (713) 629-5828
TOLL FREE: (800) LUNG USA
WEB: www.texaslung.org

CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: No restrictions
LEGEND: All, Free

Provides information on lung disease, tobacco prevention and cessation and advocates for cleaner air; school-based programs for asthma and tobacco prevention and cessation; advocacy and information referral.

AMERICAN MEDICAL EQUIPMENT COMPANY

1841 Old Spanish Trail
Houston, TX 77054

MAIN: (713) 791-1841
FAX: (713) 791-9352
TOLL FREE: (800) 394-1921
WEB: www.medicalworldwide.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Brazoria, Chambers, Ft. Bend, Galveston, Harris and Montgomery counties
LEGEND: M, W, F, All, I/RR, Free, Walk-ins, Esp

Full line of home medical equipment and supplies, oxygen and respiratory equipment.

Provee una línea completa de equipo médico para el domicilio y los suministros, oxígeno y equipo respiratorio.

AMERICAN RED CROSS, GREATER HOUSTON CHAPTER

2700 Southwest Freeway
Houston, TX 77098

Mailing Address:
P O Box 397
Houston, TX 77001-0397

MAIN: (713) 526-8300
FAX: (713) 313-1702
TOLL FREE: (800) 593-0005
WEB: www.houstonredcross.org

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
AREA SERVED: Not specified.
LEGEND: W, Y, C

Transportation assistance for HIV+ women, children and adolescents; HIV peer education programs for teens and limited general HIV information for the community.

Baytown Office

5309 Decker Drive
Baytown, TX 77520

MAIN: (281) 424-1300
FAX: (281) 424-3591

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Not specified

Brenham Office

707 South Austin
Brenham, TX 77833

MAIN: (979) 836-0737
FAX: (979) 836-1317

CITY SECTION: Rural
NEIGHBORHOOD: Brenham
AREA SERVED: Not specified.

Brookshire Office

531 FM 359 South
Brookshire, TX 77423

MAIN: (281) 375-5110
FAX: (281) 375-5134

CITY SECTION: West
NEIGHBORHOOD: Brookshire
AREA SERVED: Not specified.

Clear Lake Office

1300 Bay Area Boulevard
Houston, TX 77058

MAIN: (281) 282-6039
FAX: (281) 282-6004

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
AREA SERVED: Not specified

Conroe Office

400 Collins
Conroe, TX 77301

MAIN: (936) 756-2212
FAX: (936) 756-2283

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED: Not specified

Huntsville - Part-time Office

20017 S. Sam Houston Avenue, Suite H
Huntsville, TX 77340

MAIN: (936) 291-0211
FAX: (936) 294-0554

CITY SECTION: North
AREA SERVED: Not specified

Pasadena Office

825 Fairmont Parkway
Pasadena, TX 77504

MAIN: (713) 943-7000
FAX: (713) 943-8686
CITY SECTION: Southeast
NEIGHBORHOOD: Pasadena
AREA SERVED: Not specified

Rosenberg Office

4601 Avenue H, Suite 12
Rosenberg, TX 77471

MAIN: (281) 342-9480
FAX: (281) 342-0061
CITY SECTION: Southwest
NEIGHBORHOOD: Rosenberg
AREA SERVED: Not specified

Texas City Office

619 4th Avenue North
Texas City, TX 77590

MAIN: (409) 945-7200
FAX: (409) 945-6729
CITY SECTION: Southeast
NEIGHBORHOOD: Texas City
AREA SERVED: Not specified

AMEX PHARMACY

3030 Canal Street
Houston, TX 77003

MAIN: (713) 237-9301
FAX: (713) 227-1130
CITY SECTION: Central
NEIGHBORHOOD: Second Ward
AREA SERVED: No restrictions
LEGEND: M, W, All

AMIGOS VOLUNTEERS IN EDUCATION AND SERVICES (AVES)

807 Hawthorne
Houston, TX 77006

MAIN: (713) 626-2837
FAX: (713) 626-0875
WEB: www.aves-health.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Chambers, Ft. Bend,
Harris, Liberty, Montgomery and
Waller counties

LEGEND: All, Free, Appt req, HIV+, Esp
Case management services link HIV+ clients with social service agencies to cover their basic needs. Bring to intake: picture ID, proof of residency, HIV status and income. Staff is 100% bilingual in English/Spanish.

Servicio de administración de casos que vincula a las personas infectadas con el VIH/SIDA con diferentes agencias sociales para obtener necesidades básicas. Traiga a la cita inicial: cédula de identidad, comprobante de su residencia e ingreso, estado del VIH/SIDA. El personal es 100% bilingüe en inglés y español.

Strengthening Our Families

7575 Office City Drive
Houston, TX 77012

MAIN: 713-649-4526
FAX: 713-644-8357
CITY SECTION: Southeast
AREA SERVED: Willow Creek Apt complex
LEGEND: M, W, Y (age 11-15), Free, Walk ins, Esp

Classes about HIV/AIDS/STD prevention, substance abuse prevention; HIV/Hep C/Syphilis testing; condom distribution.

Clases sobre la prevención del abuso de drogas, prevención del VIH/SIDA y otras enfermedades de transmisión sexual, distribución de condones, análisis del VIH, hepatitis C y sífilis.

ARLINGTON NATIONAL FUNERAL HOME

5601 Arlington Street
Houston, TX 77076

MAIN: (713) 692-5555
FAX: (713) 692-0947
TOLL FREE: (800) 842-2132
WEB: www.arlingtonnational.com

CITY SECTION: North
NEIGHBORHOOD: Northside
AREA SERVED: No restrictions
LEGEND: All

Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available.

ART LEAGUE OF HOUSTON HIV+ Art Classes

1953 Montrose Boulevard
Houston, TX 77006

MAIN: (713) 523-9530
FAX: (713) 523-4053
WEB: www.artleaguehouston.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose

AREA SERVED: No restrictions
LEGEND: All, Free, Esp

Ongoing art classes for individuals with HIV/AIDS. Thursday 1pm-4pm; Friday 9:30am - 12:30pm. Meals provided.

ASSISTANCE FUND, THE Medication Assistance Program

1116 Jackson Boulevard
Houston, TX 77006

MAIN: (713) 529-4788
FAX: (713) 520-7520
WEB: www.theassistancefund.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Austin, Chambers,
Colorado, Ft. Bend, Harris,
Liberty, Montgomery, Walker,
Waller and Wharton counties.

LEGEND: M, W, Appt Req, HIV+
Assistance with prescriptions, health insurance premiums and co-payments for prescriptions and doctor visits for PLWHIA.

Asistencia con prescripciones, prima del seguro médico, copagos para prescripciones y visitas al doctor para las personas con el VIH/SIDA.

ASSOCIATES IN INFECTIOUS DISEASE IN OB/GYN

7400 Fannin Street, Suite 1160
Houston, TX 77054

MAIN: (713) 799-8994
FAX: (713) 799-9931
WEB: www.aidog.yourmd.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Not specified
LEGEND: W, All, Appt req, CD, Esp

OB/GYN services: Prenatal care for pregnant, HIV+ women; gynecologist - well woman exams, all gynecological surgeries for women. Also involved in clinical trials.

Servicios de obstetricia y ginecología: Cuidado prenatal para mujeres embarazadas, mujeres con el VIH; cirugías ginecológicas, exámenes para el bienestar de la mujer, pruebas clínicas.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

6001 Gulf Freeway
Houston, TX 77023

MAIN: (713) 926-4756
FAX: (713) 926-8035
WEB: www.aamainc.com
LEGEND: M, W, Y, Free, Walk-ins, Esp, CD

Project Heart Casa Phoenix AAMA Family Health Clinic George I. Sanchez High School

MAIN: (713) 926-4756
FAX: (713) 926-8035

CITY SECTION: Central
NEIGHBORHOOD: Lawndale
AREA SERVED: No restrictions
LEGEND: CD, Esp, Free, M, W, F, I/RR,
Y, Walk-ins

Education: Pre K, grades 9-12, GED, computer and ESL; family health clinic; HIV and STD testing; outpatient and residential chemical dependency treatment.

Educación: Pre-kindergarten, grados 9-12, GED, clases de computación e inglés; clínica para la familia; análisis del VIH y ETS (enfermedades de transmisión sexual); tratamiento para la dependencia de drogas para pacientes internos y externos.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

204 Clifton
Houston, TX 77011

MAIN: (713) 926-9491
FAX: (713) 926-2672

Minorities Action Program (MAP) Project Heart Proyecto del Corazon

CITY SECTION: East
NEIGHBORHOOD: Second Ward
AREA SERVED: No restrictions
LEGEND: CD, Esp, Free, M, W, F,
I/RR, Y Walk-ins



BAY AREA COUNCIL ON DRUGS AND ALCOHOL, INC.

1033A Bay Area Boulevard, Suite 102
Houston, TX 77058

MAIN: (281) 280-0800
FAX: (281) 280-8444
WEB: www.bacoda.com

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
AREA SERVED: South, southeast &
eastern Harris county and
Galveston county

LEGEND: W, All, Homeless
Free substance abuse screening and referral; fees for assessments, counseling and all classes. Staff available for health fairs and speaking engagements at no cost.

BAY AREA HOMELESS SERVICES

3406 Wisconsin Street
Baytown, TX 77520

MAIN: (281) 838-0831
FAX: (281) 838-1421
INTAKE: (281) 837-1657
24 HOURS: (281) 837-1654

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Eastern Harris, western
Chambers and southern Liberty
counties.

LEGEND: Esp, Free, M, W, F, All,
Appt Req-call first, HIV+

Temporary lodging and meals for up to 6 weeks; comprehensive case management; transportation. Must be at least 17 years of age. Must be able and willing to seek and maintain full-time employment.

Refugio temporal y alimento por 6 semanas; administración de casos; transportación. Los clientes deben ser mayor de 17 años de edad, y estar dispuestos a buscar y mantener empleo de tiempo completo.

BAY AREA TURNING POINT, INC.

210 South Walnut Street
Webster, TX 77598

MAIN: (281) 338-7600
FAX: (281) 529-0290
24 HOURS: (281) 286-2525
WEB: www.bayareaturningpoint.org

CITY SECTION: Southeast
NEIGHBORHOOD: Webster
AREA SERVED: No restrictions
LEGEND: HIV+, Appt Req, M, W,
I/RR, Free

Assists clients through job/education assessments, job readiness classes, assertiveness training and referrals to job and education opportunities. Provides a 24 hour crisis hotline and emergency accompaniment to area hospitals and police depts. Assist victim with obtaining protective orders, crime victims compensation and filing of charges.

Support groups for women who are victims of family violence and/or sexual assault. Caseworkers provide case management services and therapeutic counseling for victims of sexual assault.

Crisis Shelter

P. O. Box 57543
Webster, TX 77598

LEGEND: M, W, All, F, CD, Appt Req,
HIV+, Esp

Crisis shelter for women and their children who are victims of family violence, sexual assault and otherwise homeless.

Encore Décor Resale Shop

18028 Nassau Bay Drive
Nassau Bay, TX 77058

MAIN: (281) 333-4411
FAX: (281) 557-0290
24 HOURS: (281) 286-2525

CITY SECTION: Southeast
NEIGHBORHOOD: Seabrook
AREA SERVED: Not specified
LEGEND: M, W, F, All, Appt Req,
Free, HIV+, Esp

Free clothing to area residents who come in for an assessment and are in need. Provides clothing to BATP emergency shelter clients and career clothing for clients of the Self Reliance Program.

BAYLOR COLLEGE OF MEDICINE – TEEN HEALTH CLINICS

1504 Taub Loop
Houston, TX 77030

MAIN: (713) 873-3601
FAX: (713) 873-3608
WEB: www.bcm.tmc.edu

Ben Taub Teen Health Clinic

1504 Taub Loop
Houston, TX 77030

MAIN: (713) 873-3601
FAX: (713) 873-3608
CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Harris County
LEGEND: Free, Appt req

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral for prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

Cavalcade Teen Health Clinic

3815 Cavalcade
Houston, TX 77026

MAIN: (713) 673-1655
FAX: (713) 673-1549
CITY SECTION: Northeast
NEIGHBORHOOD: Kashmere Gardens
AREA SERVED: Harris County
LEGEND: Free, Appt req

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

Cullen Teen Health Clinic

5737 Cullen Boulevard
Houston, TX 77021

MAIN: (713) 440-7313
FAX: (713) 440-8352
CITY SECTION: Central
NEIGHBORHOOD: MacGregor
AREA SERVED: Harris County
LEGEND: Free, Appt req, Open
Tues/Wed

Immunizations; Testing and treatment for sexually transmitted infections; pregnancy testing and referral; Texas Health Steps; Well adolescent exams; HIV screening and counseling; birth control method and counseling.

Lawn Teen Health Clinic

8111 Lawn Street
Houston, TX 77088

MAIN: (281) 847-9970
FAX: (281) 820-3740
CITY SECTION: North
NEIGHBORHOOD: Acres Homes
AREA SERVED: Harris County
LEGEND: Free, Appt req

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

LBJ Teen Clinic

5656 Kelley Street
Houston, TX 77026

MAIN: (713) 566-5612
FAX: (713) 566-5610
CITY SECTION: Northeast
NEIGHBORHOOD: Trinity/Houston
Gardens
AREA SERVED: Harris County
LEGEND: Free, 13–21 years of age,
Appt req.

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

Teen Health Clinic Austin High School

1700 Dumble
Houston, TX 77023

MAIN: (713) 924-1693
FAX: (713) 924-1695
CITY SECTION: Central
NEIGHBORHOOD: Lawndale
AREA SERVED: Harris County
LEGEND: All, Appt Req, Students
of Austin HS only

Primary health care; Immunizations; Testing and treatment for sexually transmitted infections; Texas Health

Steps; Well adolescent exams; HIV counseling and screening; Treatment of minor/acute illnesses; Sports physicals; Health education.

BAYLOR INTERNATIONAL PEDIATRIC AIDS INITIATIVE

Texas Children's Hospital
6621 Fannin Street, CC 1570
Houston, TX 77030

MAIN: (832) 822-1038
FAX: (832) 825-1281
WEB: www.bayloraids.org

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions
LEGEND: Esp, C (ages 0 – 18), S\$,
Med, HIV+, Call for intake process.

Pediatric primary care for HIV-infected children and adolescents and their infected or uninfected siblings and also HIV exposed infants. Staff MD provides direct care to children and youth.

BAYLOR PSYCHIATRY CLINIC

6655 Travis Street, Suite 500
Houston, TX 77030

MAIN: (713) 798-4857
FAX: (713) 798-3138
WEB: www.bcm.tmc.edu

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions
LEGEND: M, W, S\$, Appt Req

Individual, couple, family and group psychotherapy; pharmacotherapy of psychiatric conditions offering specialized services in the areas of mood disorders, anxiety disorders, psychological evaluation services, focal evaluations, marital and couple psychotherapy, sexual abuse treatment program and treatment of psychiatric conditions related to medical conditions and eating disorders. The clinic has speakers available for mental health topics of interest to community groups.

BAYSIDE COMMUNITY HOSPITAL

200 Hospital Drive
Anahuac, TX 77514

Mailing Address:
P O Box 398
Anahuac, TX 77514

MAIN: (409) 267-3143
FAX: (409) 267-3608

CITY SECTION: East
NEIGHBORHOOD: Anahuac
AREA SERVED: No restrictions
LEGEND: All
Primary and general acute care.

BAYTOWN RESOURCE AND ASSISTANCE CENTER

5309 Decker Drive
Baytown, TX 77521

MAIN: 281-424-5752
FAX: 281-424-4089

Mailing Address:
P O Box 425
Baytown, TX 77522

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Not specified.
LEGEND: F, Walk-ins

Temporary emergency assistance - food, shelter, utilities.

BEAR CREEK ASSISTANCE MINISTRY

16209 Keith Harrow
Houston, TX 77084

MAIN: (281) 855-0014
FAX: (281) 855-2630
WEB: www.bcamonline.org

CITY SECTION: Northwest
NEIGHBORHOOD: Bear Creek/
Highway 6
LEGEND: M, W, ID req

Client services, job lab/education, food pantry and thrift store. Must have proof of crisis, ID, last 30 days utility bill, last 30 days of ALL household income and proof of parent/child relationship.

BEN TAUB GENERAL HOSPITAL

See Harris County Hospital District

BERING OMEGA COMMUNITY SERVICES

1427 Hawthorne
Houston, TX 77006

Mailing Address:
P O Box 540517
Houston, TX 77254-0517

MAIN: (713) 529-6071
FAX: (713) 529-3626
WEB: www.beringomega.org

Adult Day Care Center

1429 Hawthorne
Houston, TX 77006

INTAKE: (713) 520-7070
FAX: (713) 520-7854

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Harris, Anderson, Angelina, Austin, Brazoria, Brazos, Chambers, Colorado, Fort Bend, Galveston, Jasper, Jefferson, Liberty, Montgomery, Nacogdoches, Nueces, Orange, Polk, San Jacinto, Trinity, Tyler, Walker, Waller and Wharton counties.

LEGEND: M, W, Free, HIV+, Y (ages 19 - 24), Esp, S\$, Walk-ins, Appt preferred

Adult Day Care Center - Safe, comfortable place that meets the needs of persons with HIV/AIDS who cannot be left alone during the day.

Centro diurno para el cuidado del adulto - un lugar seguro y cómodo que cubre las necesidades de personas con el VIH/SIDA, las cuales no deben estar solas durante el día.

Dental Clinic

1427 Hawthorne
Houston, TX 77006

MAIN: (713) 524-7633
FAX: (713) 524-7995

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions
LEGEND: Esp, Free, M, W, Y (ages 19 - 24), HIV+

Dental Clinic - Full range of dental services including emergency care, basic oral hygiene, treatment of lesions, ulcers and gum disease, dentures.

Clínica dental - gama completa de servicios dentales incluyendo cuidado de emergencia, higiene oral básica, tratamiento de lesiones, úlceras y enfermedad de la encía, dentaduras.

Financial Assistance

1429 Hawthorne
Houston, TX 77006

MAIN: (713) 520-5327
FAX: (713) 520-0066

CITY SECTION: Central
NEIGHBORHOOD: Montrose

AREA SERVED: Harris, Fort Bend, Waller, San Jacinto and Montgomery counties.

LEGEND: Esp, Free, M, W, Lim, F, All, Appt Req, HIV+

Financial Assistance - Basic budget planning and resources through the payment of rent, mortgage and utilities.

Ayuda financiera - planeamiento y recursos básicos del presupuesto a través del pago de alquiler, hipoteca y utilidades.

Residential Hospice

602 Branard
Houston, TX 77006

MAIN: (713) 523-7110
FAX: (713) 526-8144

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions
LEGEND: Esp, Free, M, W, Appt Req, HIV+

Residential Hospice - Safe and loving home environment where persons with AIDS can live out their final days.

Hospicio residencial - ambiente hogareño, seguro y cariñoso donde las personas con SIDA pueden vivir sus últimos días.

BERING SUPPORT NETWORK

1440 Harold
Houston, TX 77006

MAIN: (713) 526-1017
FAX: (713) 520-6866
WEB: www.beringumc.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions
LEGEND: Free, M, W, F, Y, Walk-ins, S\$, Infected/affected

Various support groups for persons who are HIV+, for loved ones of persons who are HIV+ and for both together; group therapy for persons coping with the death of a loved one; psychological counseling by professional counselors on a sliding scale fee basis.

BERRYMAN HOUSE, INC.
Christian Shelter for Living

4802 Martin Luther King Boulevard
Houston, TX 77021

Mailing Address:

P O Box 14189
Houston, TX 77221

MAIN: (713) 748-8535

FAX: (713) 747-1378

LEGEND: CD, M, W, Walk-ins, Lim

Housing for men and women; food, clothing and household items; counseling; transportation.

**BETTER BUSINESS BUREAU
OF GREATER HOUSTON**

5225 Katy Freeway, Suite 500
Houston, TX 77007

MAIN: (713) 868-9500

FAX: (713) 867-4947

ALTERNATE: (713) 867-4944

WEB: www.bbbhou.org

CITY SECTION: West

NEIGHBORHOOD: Memorial Park/
Washington Ave.

AREA SERVED: No restrictions

LEGEND: Free, M, W, F

Consumer education.

**BILL CLAIR FAMILY
MORTUARY, INC.**

2603 Southmore
Houston, TX 77004

MAIN: (713) 522-9030

FAX: (713) 528-4065

WEB: www.billclair.com

CITY SECTION: South

NEIGHBORHOOD: MacGregor

AREA SERVED: No restrictions

LEGEND: M, W, F

Southwest Chapel

1250 A-1 Texas Parkway
Stafford, TX 77477

MAIN: (281) 261-4565

CITY SECTION: Southwest

NEIGHBORHOOD: MacGregor

AREA SERVED: No restrictions

LEGEND: M, W, F, All

Burial arrangements; direct cremation.

BLOCK, THE
Building Lives Offering
Community Knowledge

12707 Cullen Boulevard
Houston, TX 77047

MAIN: (713) 734-2117

FAX: (713) 734-2421

CITY SECTION: South

NEIGHBORHOOD: Not specified

AREA SERVED: No restrictions

LEGEND: M, W, All, Free, HIV+, CD

Health education and risk reduction.

BODY POSITIVE

3311 Richmond Avenue
Houston, TX 77006

MAIN: (713) 524-2374

WEB: www.montroseclinic.org

CITY SECTION: Central

NEIGHBORHOOD: Montrose

AREA SERVED: Chambers, Fort Bend,
Harris, Liberty, Montgomery
and Waller counties.

LEGEND: M, W, Free, Appt Req,

HIV+, Esp

Nutritional supplements and counseling; massage therapy, physical therapy, cardiovascular exercise and weight training. Other rehabilitation services as needed.

BONITA STREET
"HOUSE OF HOPE"

7347 Bonita Street
Houston, TX 77016

MAIN: (713) 635-5470

FAX: (713) 635-6101

CITY SECTION: Northeast

NEIGHBORHOOD: Kashmere Gardens

AREA SERVED: No restrictions

LEGEND: M, W, CD, Flat, Appt Req

90-day residential substance abuse treatment; transitional residential substance abuse treatment; intensive outpatient and supportive outpatient treatment. Program includes counseling, group sessions, community meetings, family education, relapse prevention, life skills training, money management, 12-step involvement, job placement assistance and spirituality

**BRAES INTERFAITH
MINISTRIES**

4300 West Belfort
Houston, TX 77096

MAIN: (713) 723-2671

FAX: (713) 723-5065

CITY SECTION: Southwest

NEIGHBORHOOD: Willow Meadows/
Willow Bend

AREA SERVED: Zip codes: 77025,
77035, 77045, 77051, 77053,
77054, 77071, 77085, 77091.

LEGEND: All, Esp

Food, clothing, assistance with employment, and when available limited financial assistance with rent and utilities. A medical component is available on site several times a year.

Alimento, vestimenta, asistencia en conseguir empleo, y cuando hay disponibilidad ofrecemos ayuda financiera limitada para la renta y las utilidades. En adición, contamos con un componente médico en la localidad varias veces por año.

BRAZOS PLACE

1103 North Avenue H
Freeport, TX 77541

Mailing Address:

P O Box 2470

Freeport, TX 77542

MAIN: (979) 233-3826

FAX: (979) 233-3708

CITY SECTION: South

NEIGHBORHOOD: Freeport

AREA SERVED: Brazoria, Ft. Bend,
Galveston and Matagorda
counties; court commitment
clients served statewide.

LEGEND: Adults, S\$, Appt/Walk-ins,
Waiting list, CD, Esp

Residential treatment facility for both men and women age 18 and up who are medically indigent with serious substance abuse problems. This is the only facility in Brazoria county that accepts female clients for residential treatment.

BREAD OF LIFE

1703 Gray Street
Houston, TX 77003

MAIN: (713) 650-0595

FAX: (713) 650-0597

WEB: www.
stjohnsdowntown.org/bread2.htm

CITY SECTION: Central

NEIGHBORHOOD: Downtown

AREA SERVED: No restrictions

LEGEND: M, W, CD, Walk-ins

HIV testing and counseling, health education and risk reduction, HIV support group, chemical dependency treatment, job placement counseling, case management, mental health counseling and treatment,

food pantry, clothes closet, shower and laundry facilities for the homeless, HIV primary care and housing assistance.

BRENTWOOD COMMUNITY FOUNDATION

13033 1/2 Landmark Street
Houston, TX 77045

MAIN: (713) 729-5239
FAX: (713) 729-5450
WEB: www.brentwoodfoundation.org

Brentwood Project WAITT (We're All In This Together)

13101 Landmark Street
Houston, TX 77045

CITY SECTION: Southwest
NEIGHBORHOOD: Not specified
AREA SERVED: Harris, Ft Bend, Montgomery, Chambers, Liberty and Waller counties.
LEGEND: All, Appt/Walk-ins, Free, HIV+, CD

Urban food pantry, financial assistance, transitional housing, supportive services (HOPWA).

BRIDGE OVER TROUBLED WATERS, INC., THE Emergency Shelter

Location Confidential
PO Box 3488
Pasadena, TX 77501

MAIN: (713) 472-0753
FAX: (713) 472-8759
24 HOURS: (713) 472-2801
WEB: www.thebridgeovertroubledwaters.org

CITY SECTION: Southeast
AREA SERVED: Harris county
LEGEND: W, F, All, Appt Req, Esp, Free
Community outreach, transitional housing, emergency shelter, family violence and sexual assault counseling and support groups, hotline, resale shop. Spanish advocate for casework available.

BROWNING ONE Assisted Living Facility

13438 Townwood
Houston, TX 77045

MAIN: (713) 433-9800
FAX: (713) 541-2021
WEB: www.browningone.org

CITY SECTION: Central
NEIGHBORHOOD: Not specified

AREA SERVED: No restrictions
LEGEND: M, W, S\$, Appt Req

Offers a home-like environment for emotionally disturbed, aging and/or disabled men and women (18 years and older) who do not need hospitalization but require an assisted living environment offering security and privacy while encouraging independence with the assurance of assistance when needed.

BY HIS LOVE MINISTRIES, INC.

2201 Tuam Avenue
Houston, TX 77004

MAIN: (713) 738-1981
FAX: (713) 738-1981

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: No restrictions
LEGEND: All, Free, Appt req, CD

Provides prevention education, spiritual counseling, food pantry, feed the homeless, referrals for HIV testing and Teaching Youth Abstinence (faith-based program).



CAGE'S MEDICAL SERVICES, INC.

11625 West Hardy Road
Houston, TX 77076

MAIN: (713) 674-5616
FAX: (713) 674-5620
TOLL FREE: (800) 417-0122
WEB: www.cagesmedical.com

CITY SECTION: Northeast
NEIGHBORHOOD: Pleasantville
AREA SERVED: No restrictions
LEGEND: All, Med, Ins, Priv pay, Walk-ins, Esp

Home health aides; respite care; homemaker services; sitters.

CARE GROUP OF TEXAS

9299 Kirby Drive
Houston, TX 77054

24 HOURS: (713) 383-2100
FAX: (713) 383-2113
TOLL FREE: (800) 866-1851
INTAKE FAX: (713) 383-2122
WEB: www.caregrp.com

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S.Loop
AREA SERVED: Brazoria, Chambers, Ft. Bend, Galveston, Harris, Liberty, Montgomery and Waller counties

LEGEND: All, Med, Ins, Priv pay, Wrkrs comp, Managed care, Esp
Pharmacy for infusion therapy, private duty nursing (RN & LVN), skilled nursing visit; physical, occupational and speech therapy; durable medical equipment; respiratory therapy.

Pediatric Nursing & Pediatric Rehabilitation

LEGEND: All Med, Managed care, Priv pay, Wrkrs comp, Esp

Pediatric private duty nursing, skilled nursing visits, physical therapy, speech therapy, occupational therapy, sensory integration therapy, feeding program (OT).

CAREER AND RECOVERY RESOURCES, INC.

2525 San Jacinto
Houston, TX 77002

MAIN: (713) 754-7000
FAX: (713) 754-7068
TTY: (713) 754-7047
WEB: www.careerandrecovery.org

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: No restrictions.
LEGEND: M, W, Free, Appt/Walk-ins, CD
HIV/STD TESTING in zip codes: 77020, 77026, 77093.

Substance abuse counseling; employment services; HIV/STD testing; deaf and hard-of-hearing services (GED and job placement).

CARING EXPERIENCE, THE Volunteer Outreach Services

2701 West Main
Baytown, TX 77520

MAIN: (281) 422-3537
FAX: (281) 428-2754
WEB:

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Baytown, Highlands, Channelview, Crosby, La Porte and Deer Park.
LEGEND: All, Free, Appt Req, HIV+

Active since 1987, The Caring Experience provides home support for local PWAs and their families. Includes housekeeping, cooking, shopping, limited transportation, hospital visitation, unskilled bedside care, emergency food pantry and other reasonable needs. Services offered mostly in the evenings.

CASA DE ESPERANZA DE LOS NIÑOS, INC.

Location Confidential
PO Box 66581
Houston, TX 77266

MAIN: (713) 529-0639
FAX: (713) 529-9179
INTAKE: (713) 741-8868
WEB: www.casahope.org
CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
AREA SERVED: No restrictions.
LEGEND: C, Free, Esp

Foster care for children ages 6 and younger. Specialized medical, psychological and developmental services. Case management for parents of children in care.

Cuidado de niños menores de 6 años de edad en un hogar de guarda. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para padres de niños que requieren algún cuidado especial.

CATHOLIC CHARITIES AIDS MINISTRY

2900 Louisiana
Houston, TX 77006

Mailing Address:
PO Box 66508
Houston, TX 77266

MAIN: (713) 526-4611
FAX: (713) 524-1904
INTAKE: (713) 874-6624
WEB: www.catholiccharities.org

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: Austin, Brazoria, Fort Bend, Galveston, Grimes, Harris, Montgomery, San Jacinto, Walker, Waller
LEGEND: All, M, W, F, Free, Walk-ins, HIV+, Esp

Holistic Case Management of HIV+ persons, financial assistance, social support, counseling, education and prevention, funeral assistance and spiritual support.

Administración de casos holística para personas VIH+, ayuda financiera, apoyo social, consejería, educación y prevención, asistencia para funerales y apoyo espiritual.

CENIKOR FOUNDATION, INC.

4525 Glenwood Avenue
Deer Park, TX 77536

MAIN: (281) 476-0088
FAX: (281) 476-5581
TOLL FREE: (800) 299-3733
WEB: www.cenikor.org

CITY SECTION: Southeast
NEIGHBORHOOD: Deer Park
AREA SERVED: No restrictions.
LEGEND: M, W, Free, Walk-ins, CD

Long term drug and alcohol behavior modification program (2 1/2 - 3 years).

Programa de largo plazo para la modificación del comportamiento por el uso de alcohol y drogas.

CENTER FOR AIDS, THE

1407 Hawthorne
Houston, TX 77006

MAIN: (713) 527-8219
FAX: (713) 521-3679
WEB: www.centerforaids.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: All, Free, Esp

One on one treatment consultations for HIV+ individuals; group presentations/updates about HIV/AIDS treatment, clinical trials, side effects and toxicities of HIV meds, referrals to services, patient newsletter, HIV Treatment ALERTS!, treatment and research information center.

CENTER FOR PEDIATRIC THERAPY

19221 I-45 South, Suite 360
Conroe, TX 77385

MAIN: (281) 292-4800
FAX: (281) 292-9588

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED: Harris, Montgomery and Walker counties.
LEGEND: C (ages 0-18), Flat, Esp, Appt Req

Pediatric physical, occupational and speech therapies.

CENTERPOINTE COUNSELING SERVICES, INC.

4702 LaBranch
Houston, TX 77004

MAIN: (713) 528-7007
FAX: (713) 529-5965

Refocus Substance Abuse Program (Level III & IV)

Centerpointe Family Counseling
CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: No restrictions.
LEGEND: F, M, W, C (ages 6-12), Y, S\$, Med, Appt Req, CD

Individual, family and group therapy and substance abuse treatment services. Current programs include: Family Therapy Program; Refocus Substance Abuse Program; Anger Management Program for Adults; Centerquest Anger Management Program for Youth; and Drug Offender Education Program (DOEP).

CHAMBERS COUNTY HEALTH DEPARTMENT

1204 Stowell Street
Anahuac, TX 77514

Mailing Address:
P O Box 670
Anahuac, TX 77514

MAIN: (409) 267-8356
FAX: (409) 267-4276
WEB: www.co.chambers.tx.us

CITY SECTION: East
NEIGHBORHOOD: Anahuac
AREA SERVED: Chambers county
LEGEND: All, Walk-ins, Esp

HIV referrals; STD and TB testing and treatment; immunizations; family planning; children's health insurance plan; WIC.

CHAMBERS COUNTY INDIGENT HEALTH CARE

404 Washington Avenue
Anahuac, TX 77514

Mailing Address:
P O Box 489
Anahuac, TX 77514

MAIN: (409) 267-8306
FAX: (409) 267-6488

CITY SECTION: East
NEIGHBORHOOD: Anahuac
AREA SERVED: Chambers county
LEGEND: All

Health care, social services and Section 8 housing.

CHILD PROTECTIVE SERVICES IN HARRIS COUNTY

2525 Murworth
Houston, TX 77054

MAIN: (713) 394-4065
FAX: (713) 394-4150
24 HOURS: (800) 252-5400
WEB: www.hc-ps.org

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
AREA SERVED: Harris county.
PROGRAM IS STATEWIDE: 1-800-
252-5400 or www.tdprs.state.tx.us
LEGEND: C (0-17), Free, Walk-ins

Protective services to children, birth to 18 years old at risk of neglect, physical or sexual abuse in their home. Includes family preservation, foster care, adoption.

CHRISTIAN COMMUNITY SERVICE CENTER (CCSC)

3230 Mercer
Houston, TX 77027-7924

Mailing Address:

PO Box 27924
Houston, TX 77227-7924

MAIN: (713) 961-3993
FAX: (713) 961-1548
WEB: www.ccschouston.com

Back to School

Location confidential

CITY SECTION: Central
AREA SERVED: Serves zip codes: 77002,
03, 04, 05, 06, 07, 09, 11, 16, 19, 20,
21, 23, 25, 26, 27, 28, 30, 46, 47, 48,
56, 57, 58, 59, 81, 96, 98, 77401.

LEGEND: All

Provides new school supplies, shoes and uniforms to low-income students. Registration takes place annually during the first week of May. Call for more information.

Emergency Services

3434 Branard Street
Houston, TX 77027

MAIN: (713) 871-9741
FAX: (713) 993-0230
CITY SECTION: Central

AREA SERVED: Serves zip codes:
77002, 03, 04, 05, 06, 07, 11, 19,
20, 21, 23, 25, 26, 27, 30, 46, 56,
57, 81, 96, 98, 77401.

LEGEND: M, W, All, Free, Esp,
Walk-ins, First come-first served,
Documentation crisis

Food, clothing and financial assistance (rent, utilities, prescriptions) for individuals/families in crisis; referrals to other service providers. 10am-2pm, M-F; 9am - 12pm, Sat.

Jingle Bell Express

Location confidential

MAIN: (713) 961-3282
CITY SECTION: Central
AREA SERVED: No restrictions.
LEGEND: All

Provides holiday assistance - parents select new toys and books and the family receives a food package for their holiday meal. Registration takes place annually during the first week of October. Call for more information.

JobNet

3230 Mercer
Houston, TX 77027

MAIN: (713) 626-8320
FAX: (713) 626-8334

CITY SECTION: Central
AREA SERVED: No restrictions.
LEGEND: M, W, S\$, Appt Req

JobNet assists unemployed/underemployed clients with job search. Employment coaches help clients to identify job leads and build skills. Computer classes and career-related clothing items offered.

Operation Sunshine Meals

3230 Mercer
Houston, TX 77027

MAIN: (713) 961-3993

CITY SECTION: Central
AREA SERVED: Serves zip codes:
77005, 77006, 77027, 77046,
77056, 77057, 77081, 77098,
77401. Limited delivery in zip
codes: 77019, 77025, 77030

LEGEND: M, W, All, S\$, Appt Req

Home delivered lunches for health-impaired individuals. No age restriction for service. Certain individuals may qualify for monthly grocery-delivery service.

Sunshine Resale Shop Christian Community Service Center (CCSC)

5407 Bellaire Boulevard
Bellaire, TX 77401

MAIN: (713) 665-4000

CITY SECTION: Southwest

NEIGHBORHOOD: Bellaire
AREA SERVED: No restrictions.
LEGEND: M, W, F, All, Walk-ins

A thrift store that sells gently used clothing and household items at below retail prices. Proceeds go to CCSC for varied social service programs assisting the poor.

CITY OF HOUSTON

See Houston

CITYWIDE HOME HEALTH SERVICES, INC.

4009 Bellaire Boulevard, Suite E
Houston, TX 77025

MAIN: (713) 660-6671
FAX: (713) 660-6771

CITY SECTION: Central
NEIGHBORHOOD: Bellaire
AREA SERVED: No restrictions.
LEGEND: M, W, Y (ages 19-24), F, Med

Home health skilled nursing, physical therapy, occupational therapy and medical equipment

CLAUDE'S PHARMACY

5740 West Little York
Houston, TX 77091

MAIN: (281) 447-7648
FAX: (281) 447-7740

CITY SECTION: Northwest
NEIGHBORHOOD: Acres Homes
AREA SERVED: No restrictions.
LEGEND: M, W, Med, Walk-ins, Esp

Pharmacy and medical equipment. Delivery service available - please call for details.

Equipo médico y farmacéutico. Servicio de envío disponible - por favor llame para más detalles.

COLORADO VALLEY TRANSIT

108 Cardinal Lane
Columbus, TX 78934

MAIN: (979) 732-6281
FAX: (979) 732-6283
TOLL FREE: (800) 548-1068
WEB: www.gotransit.org

CITY SECTION: West
NEIGHBORHOOD: Columbus
AREA SERVED: Austin, Colorado,
Waller and Wharton counties
LEGEND: All, Flat, Esp

Transportation in service area without restrictions. Provide both on demand responsive and deviated route service.

COLT 45'S, THE AIDS Trouble Fund

P O Box 66804
Houston, TX 77266-6804

MAIN: (713) 526-6077
CITY SECTION: Central
AREA SERVED: No restrictions.
LEGEND: All, Free, HIV+, application
required

*Provides rental and utility financial
assistance to qualified applicants.*

COMBINED COMMUNITY ACTION

165 West Austin
Giddings, TX 78942

MAIN: (979) 540-2980
FAX: (979) 542-9565
TOLL FREE: (800) 688-9065
EMER. FINANCIAL: (979) 540-2987
NUTRITION SVC: (979) 540-2990
HOMEMAKER SVC: (979) 540-2993
HOUSING: (979) 540-2991
UTILITY/SEC 8: (979) 540-2986
HOME REPAIRS: (979) 540-2984

AREA SERVED: Austin, Bastrop,
Blanco, Caldwell, Colorado,
Fayette, Fort Bend, Hays, Lee and
Williamson counties

LEGEND: M, W, Free, F, Lim,
Appt/Walk-ins, Priv pay, Donations
encouraged

*Adult day care; housing preserva-
tion, nutrition and homemaker ser-
vices for seniors; affordable housing;
utility assistance; weatherization;
emergency assistance; section 8
housing. Not all services available in
all counties.*

Combined Community Action

161 West Fisher
Elgin, TX 78621

MAIN: (512) 285-5771
CITY SECTION: Rural
AREA SERVED: Bastrop and
Williamson counties.

LEGEND: Adults, Med, Priv pay, Lim
Adult day care

COMMUNITY ENDOWMENT FOUNDATION (CEF)

Swehla House

2516 Mandell Street, #6
Houston, TX 77006

MAIN: (713) 528-0037
FAX: (713) 520-5646

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: M, W, S\$, Appt Req, HIV+

*Owns and operates a 12 unit effi-
ciency apartment complex (perma-
nent housing) for single persons with
HIV/AIDS. Vacancies are only adver-
tised through case managers.
Tenants must have a source of
income as CEF does not provide
financial assistance.*

COMMUNITY FAMILY CENTERS

(Formerly Chicano Family Center)

7524 Avenue E
Houston, TX 77012

MAIN: (713) 923-2316
FAX: (713) 923-4243

CITY SECTION: Central
NEIGHBORHOOD: Magnolia Park
AREA SERVED: No restrictions.
LEGEND: C, Y, M, W, F, Free,
Appt/Walk-ins, CD, Esp

*HIV education program; emergency
help with food and other necessities;
adolescent drug/alcohol and delin-
quency prevention/intervention; ESL,
college prep, TAAS classes; after
school program; individual, group,
marriage counseling; anger manage-
ment; nutrition and good health
program for mothers; teen pregnan-
cy program; peer support program
for young dads; child care; volun-
teers always welcome.*

*Programa para la educación del VIH;
ayuda de emergencia con alimentos
y otras necesidades; prevención e
intervención para los adolescentes
con problemas del alcoholismo, dro-
gadicción y delincuencia; clases de
inglés, preparación para la asistencia
de la universidad, clases TAAS, pro-
gramas para después de la escuela;
consejería individual, de grupo y
matrimonial; manejo de la ira; pro-
gramas de nutrición y salud para las
madres; programa para adolescentes
embarazadas; programa de apoyo
para padres jóvenes; cuidado de los
niños, los voluntarios están siempre
bienvenidos.*

COMMUNITY PARTNERS Adolescent Clinic

1700 Gregg Street
Houston, TX 77020

MAIN: (713) 222-8782
FAX: (713) 222-7708

CITY SECTION: Central
NEIGHBORHOOD: Fifth Ward
AREA SERVED: No restrictions.
LEGEND: Esp, Free, Y (ages 13-18,
Appt Req)

COMPASSIONATE BROTHERS MINISTRY

Houston Public Library
4100 Montrose Boulevard
Houston, TX 77006

Mailing Address:
P O Box 667054
Houston, TX 77266-7054

MAIN: (713) 523-8192
FAX: (713) 523-8192

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: All, Free, CD

*HIV/AIDS life support group ministry
providing hospital/hospice visitation
ministry, community outreach min-
istry, 24 hour referrals, prayer min-
istry, home visits and our ongoing
Baskets of Hope project. Monthly
meetings and events, please call for
program/meeting information.*

CORDER PLACE APARTMENTS

7210 Peerless
Houston, TX 77021-3130

MAIN: (713) 741-4070
FAX: (713) 440-6549

CITY SECTION: Central
NEIGHBORHOOD: OST/South Union
AREA SERVED: No restrictions.
LEGEND: Adults, F, Walk-ins, HIV+,
Homeless, ESP

*Long-term housing and life skills pro-
gram for homeless families with at
least one child under 18 years.
Intake: 10am - 4pm.*

*Vivienda a largo plazo y programas
de capacitación para familias sin
hogar, que tengan al menos un
niño/a menor de 18 años. Cita inicial
de 10am - 4pm.*

COUNCIL ON ALCOHOL AND DRUGS HOUSTON, THE Core Counseling Services

303 Jackson Hill
Houston, TX 77007

MAIN: (713) 942-4100
FAX: (713) 400-6684
TOLL FREE: (877) 777-8829
WEB: www.council-houston.org
CITY SECTION: Central
NEIGHBORHOOD: Memorial Park/
Washington Ave.
AREA SERVED: No restrictions.
LEGEND: CD, M, W, F, All, Walk-ins
(Appt preferred), Esp, S\$

Substance abuse evaluation, counseling and referral; prevention and intervention for children, adolescents and adults. Education classes for adolescents and adults.

Evaluación, consejería y servicio de referencia para personas con problemas de la dependencia de sustancias; prevención e intervención para niños/as, adolescentes y adultos. Clases educacionales para adolescentes y adultos.

COURTYARD CONVALESCENT CENTER

7499 Stanwick Drive
Houston, TX 77087

MAIN: (713) 644-8048
FAX: (713) 640-1683
CITY SECTION: Southeast
NEIGHBORHOOD: Golfcrest
AREA SERVED: No restrictions.
LEGEND: M, W, Free, Med, Lim,
Appt/Walk-ins

COVENANT HOUSE TEXAS

1111 Lovett Boulevard
Houston, TX 77006

MAIN: (713) 523-2231
FAX: (713) 523-6904
TTY: (800) 999-9915
24 HOURS: (800) 999-9999
WEB: www.covenanthousetx.org
CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: Y (13-21), Free, Esp,
Walk-ins, Parenting/pregnant
mothers under 21

An emergency crisis shelter for runaway, homeless and 'throwaway' kids under the age of 21 years. Immediate assistance is provided in the form of shelter, food, clothing

and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; street outreach and runaway prevention and transitional living programs; speakers bureau.

Un refugio de emergencia para adolescente menores de 21 años que huyen de sus casas, son echados o no tengan donde vivir. Atención inmediata es proveída con refugio, alimento, vestimenta y verificación de la salud, incluyendo tratamientos de malestares leve, asesoramiento familiar, de salud mental y abuso de sustancias; entrenamiento educacional, vocacional y en la búsqueda de empleo, clases para la capacitación de padres; alcance educacional y prevención de la huida de la casas y programas de vivienda transitoria; oficina de conferencias.

CREMATION SERVICE INTERNATIONAL

5601 Arlington
Houston, TX 77076-4526

MAIN: (713) 692-5555
FAX: (713) 692-0947
TOLL FREE: (800) 842-2132
WEB: www.arlingtonnational.com

CITY SECTION: North
NEIGHBORHOOD: Northside
AREA SERVED: No restrictions.
LEGEND: All, walk-ins

Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available.

CRISIS INTERVENTION OF HOUSTON

3015 Richmond Avenue, Suite 120
Houston, TX 77098

MAIN: (713) 527-9864
FAX: (713) 527-0435
24 HOURS: (713) 468-5463
Spanish Hotline: (713) 526-8088
WEB: www.crisishotline.org

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
AREA SERVED: No restrictions.
LEGEND: All, Esp

24 hour crisis hotline.

Línea telefónica para emergencias o crisis disponible las 24 horas del día.

CROWN OF TEXAS HOSPICE

100 I 45 North, Box 103
Conroe, TX 77301

MAIN: (936) 788-7707
FAX: (936) 788-7708
TOLL FREE: (800) 364-8173
WEB: www.crownoftexashospice.com

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED: All of Montgomery county and parts of Harris, Grimes, Liberty, Polk, San Jacinto, Trinity, Walker and Waller counties.
LEGEND: All, Med, Ins, Foundation pays for indigent

Care team for the terminally ill at home, nursing home, personal care home or hospital. Hospice is intermittent care.

CYPRESS ASSISTANCE MINISTRIES

11202 Huffmeister
Houston, TX 77065

MAIN: (281) 955-7684
FAX: (713) 955-7695

CITY SECTION: Northwest
NEIGHBORHOOD: Cypress Fairbanks
AREA SERVED: Zips: 77065, 77429, 77433, 77447, 77484
LEGEND: M, W, F, Appt Req, Esp

Assistance with food, rent, electricity, clothing, household items; ESL classes.

Asistencia de alimentos, renta, electricidad, vestimenta, artículos para la casa; clases de inglés.

CYPRESS CREEK HOSPITAL

17750 Cali Drive
Houston, TX 77090

MAIN: (281) 586-7600
FAX: (281) 586-5925

CITY SECTION: North
NEIGHBORHOOD: Bammel
AREA SERVED: No restrictions.
LEGEND: All, Med, Priv pay, Ins,
Walk-ins, CD, Esp

Provides inpatient, partial day and outpatient services for children, adolescents and adults. Specialize in working with individuals who have mental health and/or substance abuse problems. 24-hour fully staffed assessment/admissions area; case management and discharge planning services are also provided.



DEPELCHIN CHILDREN'S CENTER

4950 Memorial Drive
Houston, TX 77007

MAIN: (713) 730-2335
FAX: (713) 802-3801
TOLL FREE: (888) 730-2335
WEB: www.depelchin.org

CITY SECTION: Central
NEIGHBORHOOD: Memorial
Park/Washington Ave.
AREA SERVED: No restrictions.
LEGEND: C, Y (ages 13-18), Appt Req,
Med, Ins, CHIP, S\$

Individual, family and group therapy for children, adolescents and their families.

DePelchin Children's Center

5307 Decker Drive
Baytown, TX 77520

MAIN: (281) 424-3322
INTAKE: (713) 730-2335

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: No restrictions.
LEGEND: C, Y (ages 13-18), Appt Req, Med, Ins, CHIP, S\$

DePelchin Children's Center

10435 Greenbough
Stafford, TX 77477

MAIN: (281) 261-0083
INTAKE: (713) 730-2335

CITY SECTION: Southwest
NEIGHBORHOOD: Stafford
AREA SERVED: No restrictions.
LEGEND: C, Y (ages 13-18), S\$,
Med, Ins, CHIP

DePelchin Children's Center

1300-A Bay Area Boulevard
Houston, TX 77058

MAIN: (281) 282-6062
INTAKE: (713) 730-2335

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
LEGEND: C, Y (ages 13-18), Appt Req, Med, Ins, CHIP, S\$

DePelchin Children's Center

531 FM 359 South
Brookshire, TX 77423

MAIN: (281) 375-5110
INTAKE: (713) 730-2335

CITY SECTION: West
NEIGHBORHOOD: Brookshire
LEGEND: C, Y (ages 13-18), Appt Req,
Med, Ins, CHIP, S\$

DePelchin Children's Center

1600 Lake Front Circle
The Woodlands, TX 77380

MAIN: (713) 730-2335
INTAKE: (281) 367-7707

CITY SECTION: North
NEIGHBORHOOD: Woodlands
LEGEND: C, Y (ages 13-18), Appt Req, S\$, Med, Ins

DePelchin Children's Center

8575 Pitner
Houston, TX 77080

MAIN: (713) 462-9490
INTAKE: (713) 730-2335

CITY SECTION: Northwest
NEIGHBORHOOD: Langwood
LEGEND: C, Y (ages 13-18), Appt Req,
S\$, Med, Ins

DIFFA – DESIGN INDUSTRIES FOUNDATION FIGHTING AIDS

P O Box 131605
Houston, TX 77219

MAIN: (713) 528-0505
FAX: (713) 528-4336
WEB: www.diffa.org

CITY SECTION: Central
AREA SERVED: No restrictions.
LEGEND: Not specified.

Non profit organization that raises money for the fight against AIDS through creative special events and fund raising activities; DIFFA Houston has granted over \$2.8 million to local HIV/AIDS service organizations that provide treatment or direct care, preventive education and outreach to people who are HIV+, living with AIDS or at risk of infection. Grants are not available to individuals.

DIGNITY MEMORIAL FUNERAL, CREMATION AND CEMETERIES

Houston, TX

MAIN: (713) 525-5354
WEB: www.dignitymemorial.com

CITY SECTION: All
NEIGHBORHOOD: Various
AREA SERVED: No restrictions.
LEGEND: All

Funerals, cremation and burials. 24 locations throughout Houston and the surrounding area. Interactive website locates nearest facility.

Proveemos servicios fúnebres, cremación y sepultura, 24 localidades en Houston y su alrededor. A través del website, infórmese de la localidad más cercana a Ud.

DONALD R. WATKINS MEMORIAL FOUNDATION, INC.

4900 Fannin Street
Houston, TX 77004

MAIN: (713) 528-1748
FAX: (713) 528-7285
TOLL FREE: (800) 580-6939
WEB: www.josephgathe.com

LEGEND: Adults, I/RR, HIV+, Free, Appt/Walk-ins, Esp

Outpatient Primary Care:

Holistic approach to healthcare, providing mental, social and case management services to newly and long term diagnosed HIV clients; network and referral to other healthcare teams throughout the Houston EMA; Support groups; individual and group level peer counseling; case management; education programs; prevention CTRPNIE and HE/RR; HIV testing and counseling; clinical trials and treatment information in Spanish.

Cuidado primario para el paciente externo:

Enfoque completo del cuidado de la salud, servicios de salud mental, social y administración de casos para clientes recientemente diagnosticados con el VIH y los de largo plazo; referencias a otros servicios de la salud en Houston EMA; grupos de apoyo, consejería individual y de grupo; programas educacionales; prevención de CTRPNIE y HE/RR; análisis y consejería del VIH; pruebas clínicas e información de tratamientos en español.

Donald R. Watkins Memorial Foundation, Inc.

222 North 6th Street
Conroe, TX 77305

MAIN: (936) 494-0400
FAX: (936) 494-0404
TOLL FREE: (866) 379-6327

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED: No restrictions.
LEGEND: M, W, Y (19-24), Free, Med,
Appt Req, HIV+, Esp

Outpatient Primary Care:

Holistic approach to healthcare, providing mental, social and case management services to newly and long term diagnosed HIV clients; network and referral to other healthcare teams throughout the Houston EMA.

Cuidado primario para el paciente externo:

Enfoque completo del cuidado de la salud, proveiendo servicios de salud mental, social y administración de casos para clientes recientemente diagnosticados con el VIH y los de largo plazo; referencias a otros servicios de la salud en Houston EMA.



E.T. ADULT CENTER

3922 Old Spanish Trail
Houston, TX 77021

MAIN: (713) 592-6170
FAX: (713) 592-0731
WEB: www.geocities.com/etlcenter

CITY SECTION: Central
NEIGHBORHOOD: OST/South Union
AREA SERVED: Houston/Harris
County

LEGEND: All, Walk-ins, S\$, I/RR, CD
HIV prevention counseling; Adult Learning Center: GED classes, writing skills, Abe classes, ESL classes, computer classes; coping skills, anger management, parenting skills, family relationship, stress management, lifestyle skills; substance abuse counseling; boarding facility. LMSW on staff.

EAST FT. BEND HUMAN NEEDS MINISTRY, INC.

425 Stafford Run
Stafford, TX 77477

Mailing Address:
P O Box 1611
Stafford, TX 77497-1611

MAIN: (281) 261-1006
FAX: (281) 261-0986
WEB: www.humanneeds.org

CITY SECTION: Southwest
NEIGHBORHOOD: Stafford
AREA SERVED: Zip codes: 77477,
77478, 77479, 77459, 77489,
77585, 77545, 77053, 77083,
77085, 77099.

LEGEND: M, W, F, All, Free, Walk-ins
Full service food pantry, financial assistance (by appt only), August School supply program, monthly Food Fair program, Thanksgiving and Christmas food baskets, Tri-Cities Churches resale shop, referral info available. Must show proof of address and social security card(s).

ECKERD DRUGS

910 West Davis
Conroe, TX 77304

MAIN: (936) 539-1849
FAX: (936) 539-6589
Alternate: (281) 443-6444
WEB: www.eckerd.com

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED: No restrictions.
LEGEND: All

Distribution pharmacy for HIV medications in Montgomery county.

ELEOS CENTERS, INC.

9888 Bissonnet, Suite 255
Houston, TX 77036

MAIN: (713) 779-9400
FAX: (713) 779-9460

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: No restrictions.
LEGEND: M, W, S\$, Flat, Appt/
Walk-ins, Esp

HIV/AIDS prevention and intervention, marriage and pre-marriage counseling, HIV+ support group.

Prevención e intervención del VIH/SIDA, consejería matrimonial y prematrimonial, grupo de apoyo para personas VIH+.

EZEKIEL EZ CARE HOME

8017 Cabot
Houston, TX 77078

Mailing Address:
8017 Cabot
Houston, TX 77078

MAIN: (713) 633-2804
FAX: (713) 633-2804

CITY SECTION: NORTHEAST
NEIGHBORHOOD: HOMESTEAD
AREA SERVED: HARRIS COUNTY
LEGEND: W, M, MED, LIM

Housing: long and short term; referrals and light case management; transportation; medication monitoring; clothing, day program and social activities.



FAIR HAVEN FOOD PANTRY

1330 Gessner, Bldg. 9
Houston, TX 77055

MAIN: (713) 467-4363
FAX: (713) 468-1538

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: Zip codes: 77024,
77027, 77041 (Carverdale area),
77043, 77055, 77056, 77079,
77080.

LEGEND: M, W, F, Y (ages 19-24), Free,
Walk-ins, Halfway house residents

Provide staple food items (limited number of times). Must show proof of address and picture ID.

FAMILIES UNDER URBAN AND SOCIAL ATTACK (FUUSA)

Location Confidential
P O Box 88107
Houston, TX 77288-0107

MAIN: (713) 651-1470
FAX: (713) 651-8045
WEB: www.fuusa.org

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: No restrictions.
LEGEND: M, W, Y (ages 13-24), F,
Free, Appt Req, CD

IMPACT: Mental health services for persons living with HIV/AIDS (Individual, group and family counseling). Also provides outpatient sub-

stance abuse treatment; HIV prevention education; CHIP outreach, food stamp outreach, homeless outreach/case management.

FAMILY ASSISTANCE CENTER, THE

Project ABC & Project Gabriel

3806 Live Oak
Houston, TX 77004

Mailing Address:
P O Box 35522
Houston, TX 77235

MAIN: (713) 524-7801
FAX: (713) 520-8659
WEB: www.facandtbal.org

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: No restrictions.
LEGEND: C, Y, F, All, Free/\$\$,
Appt/Walk-ins

Project ABC is a teen outreach program that provides abstinence and STD education, counseling and referral services.

Project Gabriel provides maternal assistance to pregnant and parenting women.

FAMILY OUTREACH CENTER - CLEAR LAKE/BAY AREA

1300-A Bay Area Boulevard
Houston, TX 77058

MAIN: (281) 486-8827
FAX: (281) 461-4148

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
AREA SERVED: No restrictions; case work serves zip codes: 77058, 77059, 77062, 77578, 77539, 77546, 77565, 77573, 77586, 77598

LEGEND: F, Free

Working to prevent child abuse and strengthen family life through education and early intervention with families. Helpline provides counseling and information for families experiencing problems; parenting classes and classes to teach children how to recognize and protect themselves from violent or abusive situations; case workers provide lay counseling in the home.

FAMILY OUTREACH CENTER - FORT BEND

431 Eldridge Road
Sugar Land, TX 77478

MAIN: (281) 242-5385
FAX: (281) 242-5873

CITY SECTION: Southwest
NEIGHBORHOOD: Sugar Land
AREA SERVED: Fort Bend county/
Southwest Houston

LEGEND: F, Appt Req

Individual and group classes on child abuse and neglect prevention; parenting; parenting for foster parents; anger management classes; divorce workshop; stress phone line; referral service.

Clases para grupos e individuos sobre la prevención del abuso y la negligencia del niño; clases para padres biológicos y con custodia temporaria; talleres sobre el manejo de la ira, padres divorciados o en el proceso del divorcio; línea telefónica de ayuda; servicio de referencia.

FAMILY OUTREACH CENTER - NORTH HARRIS COUNTY

12100-A Champion Forest Drive
Houston, TX 77066

MAIN: (281) 444-9696
FAX: (281) 444-0203
WEB: www.familyoutreachnhc.org

CITY SECTION: Northwest
NEIGHBORHOOD: Greenwood Forest
AREA SERVED: 77014, 77066, 77068, 77069, 77090, 77379, 77388, 77373, 77067 and areas surrounding these zip codes.

LEGEND: M, W, F, C (ages 0-12),
Free, Appt Req

Parent education classes; telephone resource referral; community awareness: speakers, newsletter, resource fairs.

FAMILY SERVICES OF GREATER HOUSTON

Administration Office

3815 Montrose Boulevard, Suite 200
Houston, TX 77006

MAIN: (713) 868-4466
FAX: (713) 861-4021
TOLL FREE: (888) 247-3810
WEB: www.familyservices.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: All, Free, Walk-ins, Esp

Case management (untargeted and rural); outreach (rural), mental health counseling (untargeted and Hispanic), and HIV education (provided at agency locations, client homes or where needed).

Administración de casos (a población no específica y rural); alcance (rural), consejería de la salud mental (a población no específica y latina), y educación sobre el VIH (proveídos en las localidades de la agencia, en el domicilio del cliente o donde sea necesaria).

Bay Area District Office

1300 Bay Area Boulevard, Suite 230
Houston, TX 77058

MAIN: (281) 282-6025
INTAKE: (713) 861-4849

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
LEGEND: All, Free, Walk-ins, Esp

Baytown District Office

4501 North Main
Baytown, TX 77521

MAIN: (832) 556-8756

CITY SECTION: East
NEIGHBORHOOD: Baytown
LEGEND: All, Walk-ins, Free, Esp

Central Office

4625 Lillian Street
Houston, TX 77007

INTAKE: (713) 861-4849
FAX: (713) 861-4021

CITY SECTION: Central
NEIGHBORHOOD: Memorial Park/
Washington Ave.

AREA SERVED: Harris county
LEGEND: All, Free, Walk-ins, HIV+, Esp

Ft. Bend County Office

United Way Service Center
10435 Greenbough, Bldg 2, # 200
Stafford, TX 77477

MAIN: (281) 261-1830
INTAKE: (713) 861-4849
TOLL FREE: (888) 247-3810

CITY SECTION: Southwest
NEIGHBORHOOD: Stafford
AREA SERVED: Fort Bend, Waller
counties and outside Beltway 8.
LEGEND: All, I/RR, Free, Walk-ins,
HIV+, Esp

Montgomery County Office

United Way Service Center
1600 Lake Front Circle, Suite 200
The Woodlands, TX 77380

MAIN: (888) 844-6289
INTAKE: (713) 861-4849
TOLL FREE: (888) 247-3810

CITY SECTION: North
NEIGHBORHOOD: Woodlands
AREA SERVED: Montgomery,
Chambers, Liberty counties and
outside Beltway 8.
LEGEND: All, I/RR, Free, Walk-ins,
HIV+, Esp

Waller County Office

531 FM 359 South
Brookshire, TX 77423

MAIN: (281) 375-5110
CITY SECTION: West
NEIGHBORHOOD: Waller
LEGEND: All, Walk-ins, Free, Esp

FAMILYTIME FOUNDATION

101 Main Street
Humble, TX 77338

MAIN: (281) 446-2615
FAX: (281) 446-3691
24 HOURS: (281) 446-2615
WEB: www.family-time.org

CITY SECTION: North
NEIGHBORHOOD: Humble
AREA SERVED: Harris, Liberty and
east Montgomery counties.
LEGEND: All, Free, S\$, Appt Req
(Walk ins-crisis only)

The main focus is helping victims of a crime. Shelter for women and children fleeing domestic violence; 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy (counseling only, no medication). Does not offer counseling for the severely mentally ill.

El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para las mujeres y niños en la fuga de la violencia doméstica; línea telefónica de ayuda las 24 horas del día; consejería gratuita para las víctimas de un crimen; consejería individual, familiar y matrimonial (no se ofrece medicamentos). No se ofrece consejería al enfermo mental severo.

FT. BEND COUNCIL ON FAMILY AND COMMUNITY DEVELOPMENT

*(Formerly Ft. Bend Regional Council
on Alcohol and Drug Abuse)*

10435 Greenbough, Suite 250
Stafford, TX 77477

MAIN: (281) 261-1370
FAX: (281) 261-1372
WEB: www.fbrc-online.org

CITY SECTION: Southwest
NEIGHBORHOOD: Stafford
AREA SERVED: Fort Bend County/
Southwest Houston
LEGEND: All, S\$, Appt/Walk-ins, CD

Ft. Bend Council on Family and Community Development

3926 Avenue H, Suite 15
Rosenberg, TX 77471

MAIN: (281) 342-8828
FAX: (281) 342-7484

CITY SECTION: Southwest
NEIGHBORHOOD: Rosenberg
AREA SERVED: Fort Bend County
LEGEND: All, S\$, Appt/Walk-ins, CD

Chemical dependency assessment and referral; intensive outpatient chemical dependency treatment; programs for schools, churches and businesses; state-certified offender education classes; tobacco cessation-prevention education; childrens health insurance program enrollment information.

FT. BEND COUNTY CLINICAL HEALTH SERVICES

4520 Reading Road, Suite A
Rosenberg, TX 77471

MAIN: (281) 342-6414
FAX: (281) 342-7371
WEB: www.co.fort-bend.tx.us

CITY SECTION: Southeast
NEIGHBORHOOD: Rosenberg
AREA SERVED: No restrictions.
LEGEND: All, Appt Req, Esp

HIV testing with pre and post test counseling; immunizations (schedule of clinics available); tuberculosis control; blood sugar and blood pressure screening; disease surveillance.

FORT BEND COUNTY WOMEN'S CENTER

1002 Wilson Drive
Rosenberg, TX 77471

MAIN: (281) 342-0251
FAX: (281) 342-9248
TOLL FREE: (888) 427-3650
INTAKE/24 HRS: (281) 342-4357

WEB: www.fortbendwomenscenter.org

CITY SECTION: Southwest
NEIGHBORHOOD: Rosenberg
AREA SERVED: No restrictions.
LEGEND: M, W, Y, F, Free, Appt/
Walk-ins, Esp

Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and educational outreach.

Ayuda para sobrevivientes adultos y sus niños del abuso doméstico y sexual, ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y alcance educacional.

FT. BEND FAMILY HEALTH CENTER - HAWC CLINIC Owens Franklin Health Center - Prairie View A&M

Evans and Baker Street, 2nd Floor
Prairie View, TX 77446

Mailing Address:
P O Box 4269
Prairie View, TX 77446

MAIN: (936) 857-2726
FAX: (936) 857-2725

CITY SECTION: Northwest
NEIGHBORHOOD: Prairie View
AREA SERVED: Waller county
LEGEND: All, Appt/Walk-ins, S\$,
Med, Esp

Adult health services; well woman exams; child health services (Texas Health Steps); Immunizations.

Servicios de la salud para el adulto; exámenes para el bienestar de la mujer; servicios de la salud para los niños; (vacunas).

FT. BEND FAMILY HEALTH CENTER, INC.

400 Austin Street
Richmond, TX 77469

MAIN: (281) 342-0529
FAX: (281) 342-1642

CITY SECTION: Southwest
NEIGHBORHOOD: Richmond
AREA SERVED: Austin, Colorado, Fort Bend, Waller and Wharton counties.
LEGEND: All, I/RR, S\$, Med, Ft. Bend & Colorado county indigent care, RW Title II

Primary medical care (adult, pediatric, maternity) along with medical case management; WIC.

Asistencia médica primaria (adulto, pediátrico, maternidad) junto con la administración de casos médicos; programa WIC.

FUNDACION LATINO AMERICANA CONTRA EL SIDA, INC. (FLAS, INC)

6666 Harwin Drive, Suite 370
Houston, TX 77036-2231

MAIN: (713) 772-2366
FAX: (832) 251-8121

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: 77055, 77080, 77547, 77029, 77587, 77493, 77401
LEGEND: M, W, Y, All, Free, Walk-ins, Lim, CD

Distribution of condoms and HIV/AIDS literature. Education and information to Hispanic youth, women, gay community and the general public; referrals for HIV services in and around the Houston area; information and education about the use of alcohol and drugs and their relationship to HIV/AIDS.

Distribución de condones y de literatura sobre el VIH/ SIDA. Educación e información a la juventud hispana, mujeres, comunidad homosexual y al público en general; información sobre los servicios del VIH disponibles en el área de Houston y su alrededor; información y educación sobre el uso de alcohol, las drogas y su relación al VIH/SIDA.



GALVESTON COUNTY SOCIAL SERVICES

123 Rosenberg, Suite 4020
Galveston, TX 77550-1494

MAIN: (409) 770-5583
FAX: (409) 770-5590

CITY SECTION: Southeast
NEIGHBORHOOD: Texas City
AREA SERVED: Galveston county only
LEGEND: F, All, Free, Walk-ins,
At or below 100% poverty,
Non smoking facility

Galveston County Social Services

174 Calder Road, Suite 142
League City, TX 77573

MAIN: (281) 316-8733
FAX: (281) 316-8781

CITY SECTION: Southeast
NEIGHBORHOOD: League City
AREA SERVED: Galveston county only
LEGEND: F, All, Free, Walk-ins,
At or below 100% poverty,
Non smoking facility

Food vouchers; burial/cremation for indigent; housing assistance; utility assistance; prescription assistance; up to \$100 in medical vouchers once per year; transportation assistance; public assistance; referrals when needed; works with Social Security Administration to provide financial management assistance to some clients.

Cupones para alimentos; entierro/cremación para la persona indigente; asistencia para la vivienda, las utilidades, prescripciones hasta \$100 en cupones médicos por año; transporte; asistencia pública; referencias, colabora con la Administración del Seguro Social con el propósito de proveer administración financiera a algunos clientes.

GAY AND LESBIAN SWITCHBOARD OF HOUSTON

see Montrose Counseling Center

GOODWILL TEMPORARY SERVICE

5200 Jensen Drive
Houston, TX 77026

MAIN: (713) 699-6724
FAX: (713) 699-6725
WEB: www.goodwillhouston.org

CITY SECTION: Central
NEIGHBORHOOD: Kashmere Gardens
AREA SERVED: No restrictions.
LEGEND: M, W, Appt Req
Employment services.

GOTTA KNOW TESTING SERVICES

3402 Dowling, Suite 109
Houston, TX 77004

MAIN: (713) 795-9955
FAX: (713) 522-0424

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: Harris and Fort Bend counties
LEGEND: All, S\$, Appt Req

HIV and STD screening and follow up referrals; urine drug screening; serum pregnancy testing and follow up referrals; DNA/Paternity testing. All services are confidential.

Análisis del VIH y ETS (enfermedades de transmisión sexual) y referencias; análisis urinario para la verificación del uso de drogas; análisis del suero del embarazo y referencias de seguimiento; análisis del ácido ribonucleico/paternidad. Los servicios son confidenciales.

GULF COAST CENTER - RECOVERY PROGRAM

123 Rosenberg, 6th floor
Galveston, TX 77550

MAIN: (409) 762-5935
FAX: (409) 762-8521

CITY SECTION: Southeast
NEIGHBORHOOD: Galveston
AREA SERVED: Galveston, Brazoria and Southeast Harris counties.
LEGEND: M, W, F, Free, S\$, Walk-ins, CD

HIV Early Intervention (HEI) includes case management by Master degree level LCDCs, support groups, prescription vouchers and individual counseling. Clients must be HIV+ and have a history or diagnosis of substance abuse problems.

HIV Outreach program includes community outreach, HIV testing, prevention education and materials, risk reduction and referrals.

Recovery Program provides a full continuum of available substance abuse treatment services from hospital detox, residential, outpatient and drug education programs.

Dual Diagnosis (COPSD) program provides case management for clients with co-existing mental health and substance abuse problems.

GULF COAST CENTER, THE

Administrative Office

123 Rosenberg, Suite 6
Galveston, TX 77550

Mailing Address:

P O Box 2490
Galveston, TX 77550

MAIN: (409) 763-2373
FAX: (409) 763-5538
TOLL FREE: (800) 643-0967
WEB: www.gcmhmr.com

Gulf Coast Center, The

101 Brennen
Alvin, TX 77550

MAIN: (409) 763-2373
CITY SECTION: South
NEIGHBORHOOD: Alvin
AREA SERVED: Brazoria and
Galveston counties

LEGEND: All, S\$, Appt Req, CD, Esp
Intake and referral for mental health, mental retardation and substance addiction recovery services; supported employment; supported housing; crisis intervention; respite program; transportation; homeless programs for mentally ill; children's services; community support services; HIV/AIDS outreach and testing; HEI case management; service coordination.

Evaluación y referencia para la salud mental, servicios para la persona retardada mentalmente y recuperación de la adicción de sustancias; asistencia del empleo y vivienda; intervención de crisis; asistencia al cuidador, trans- portación, vivienda para la persona retardada mentalmente, servicios para niños, servicios de apoyo comunitario, alcance y análisis del VIH/SIDA, administración de casos HEI, servicio de coordinación.

GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.

5000 Gulf Freeway, Bldg 1
Houston, TX 77023

Mailing Address:

P O Box 230889
Houston, TX 77223-0889

MAIN: (713) 393-4700
FAX: (713) 393-4751
WEB: www.gccsa.org

CITY SECTION: Central
NEIGHBORHOOD: Lawndale
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs.), Appt/Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm.
Keymap location: 534H.

Service locations are listed after the program descriptions.

After School Program: after school educational and recreational program for 100 students from MacArthur and Gregg Elementary schools.

Back to School Program: school supplies and clothing vouchers for low income families to assist with the cost of necessary school items (as available).

Bus Tokens: for low income individuals for the purpose of employment search, medical appointments and continued education.

Case Management: comprehensive case management services including assessment of need, service plan development and implementation, monitoring and advocacy. Case managers will assess the needs of the entire family and coordinate referrals to the appropriate social service agencies.

Clothes Closet: gently used clothing to low income families and individuals.

Community Learning Center: adult courses for GED, ESL, computer literacy, word processing and conversational Spanish.

Employment Skills: job search assistance, referrals for on the job training, resume writing and job development and placement.

Food Pantry

Head Start: federal program for children ages 3-5.

Housing Counseling: Home Buyer's class, rent/mortgage counseling, pre-purchase counseling, advocate/mediation for landlord/tenant disputes, displacement and relocation resources and reverse mortgage assistance.

Individual Development Account: provides matching funds for educational expenses, starting a business or to purchase a home. All participants must attend budgeting counseling classes.

Prescription Vouchers: for low income individuals to assist with the cost of medication (as available).

Rental/Mortgage Assistance: assistance for low income individuals to avoid eviction.

Senior Services: home management and homemaker programs assist homebound seniors and disabled individuals improve living conditions through such services as meal preparation, general housekeeping, grocery shopping, laundry and budgeting. The home safety and security program provides inspections of homes for safety and security hazards, installation of wheelchair ramps, carbon monoxide detectors, smoke alarms and fire extinguishers, replacement of entry doors and broken windows.

Transportation: for the elderly and disabled to medical facilities, doctor's offices and clinics.

Youth Services: Presidential Fitness Program for youth ages 10 - 16 to participate in summer activities such as swimming, basketball and tennis through the TSU National Youth Sports Program.

Programa de regreso a la escuela; fichas de METRO; administración de casos; vestimenta; clases de inglés y GED; despensa de alimentos; programa de servicios para ancianos; programa de vivienda; programa del desarrollo individual para el ahorro; información y referencias; entrenamiento en la búsqueda de empleo; referencias de empleo; programa de prescripciones; asistencia de rentalhipoteca; programa de trans- portación.

Acres Home Multi Service Center

6719 West Montgomery Road
Houston, TX 77091

MAIN: (713) 692-1046
FAX: (713) 692-6050

CITY SECTION: Northwest
NEIGHBORHOOD: Acres Homes
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm.
Keymap location: 452C.

JD Walker Multi Service Center

7613 Wade Road
Baytown, TX 77521

MAIN: (281) 426-4757

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Monday - Thursday, 8:00am - 4:30pm. Keymap location: 460Q.

Kashmere Multi Service Center

4802 Lockwood
Houston, TX 77026

MAIN: (713) 674-1301
FAX: (713) 675-7569

CITY SECTION: Central
NEIGHBORHOOD: Kashmere Gardens
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm.
Keymap location: 454Y.

Magnolia Multi Service Center

7037 Capitol, Suite 106
Houston, TX 77011

MAIN: (713) 921-2960
FAX: (713) 921-4715

CITY SECTION: Central
NEIGHBORHOOD: Magnolia Park
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm.
Keymap location: 494T.

North Point Station

123 North Point, Suite 150
Houston, TX 77060

MAIN: (281) 272-1555
FAX: (281) 272-1558

CITY SECTION: North
NEIGHBORHOOD: Greenspoint
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm.
Keymap location: 372V.

South Houston

1007 State Street
South Houston, TX 77587

MAIN: (713) 378-4747

CITY SECTION: Southeast
NEIGHBORHOOD: South Houston
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Wednesdays only, 8:00am - 5:00pm.
Keymap location: 536W.

Southwest Station

9888 Bissonnet, Suite 135
Houston, TX 77036

MAIN: (713) 541-5205
FAX: (713) 541-4360

CITY SECTION: Southwest
NEIGHBORHOOD: Westwood
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm.
Keymap location: 529V.

Spring Station

27419 Nelson Road
Spring, TX 77373

MAIN: (281) 353-2439

CITY SECTION: North
NEIGHBORHOOD: Spring
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Mondays & Wednesdays, 8:30am - 5:00pm. Keymap location: 292L.

Sunnyside Multi Service Center

4605 Wilmington
Houston, TX 77051

MAIN: (713) 734-6553
FAX: (713) 734-6534

CITY SECTION: South
NEIGHBORHOOD: Sunnyside
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm.
Keymap location: 573B.

Third Ward Multi Service Center

3611 Ennis, Suite 125
Houston, TX 77004

MAIN: (713) 521-9957
FAX: (713) 521-9570

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Tuesdays & Thursdays, 8:00am - 5:00pm. Keymap location: 533C.

Tomball Station

1728 Huffsmith
Tomball, TX 77375

MAIN: (281) 351-8816

CITY SECTION: North
NEIGHBORHOOD: Tomball
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Mondays only, 8:30am - 5:00pm.
Keymap location: 288G.

West End Multi Service Center

170 Heights Boulevard
Houston, TX 77007

MAIN: (713) 861-0590
FAX: (713) 861-0296

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: Harris County
LEGEND: All, Free (income guide for most svcs), Appt/Walk-ins, Esp

Tuesdays & Thursdays, 8:00am - 5:00pm. Keymap location: 493A.



HACS

(See Houston Area Community Services)

HARMONY HEALTH RECOVERY CENTER

2105 Crockett
Houston, TX 77007

MAIN: (713) 862-6282
FAX: (713) 862-6282

CITY SECTION: Central
NEIGHBORHOOD: Memorial Park/
Washington Ave.
AREA SERVED: No restrictions.

LEGEND: W, W, Free, Lim, CD,
Documented homeless &
Tuberculosis

Services provided: case management, day programs; respite care (up to one year); employment and training; short term housing; nutrition and wellness; social support and activities; peer counseling; 12-step programs; transportation; volunteer opportunities.

Harmony House Respite Center

602 Girard
Houston, TX 77007

MAIN: (713) 237-1765
FAX: (713) 237-1715

CITY SECTION: Central
NEIGHBORHOOD: Memorial Park/
Washington Ave.

AREA SERVED: No restrictions.
LEGEND: Men only, Free, Lim

Services provided: case management, respite care (up to 1 year), employment, short term housing, nutrition and wellness, social support and activities, transportation, medical clinic on site, LCDC and counseling services, laundry, and food. Must be documented homeless and have referral from health-care facility or clinic and recovering from an injury or medial illness as primary diagnosis, HIV/AIDS secondary. Must be able to care for self.

HARRIS CO DISTRICT ATTORNEY

Consumer Fraud Division
1201 Franklin, 5th Floor
Houston, TX 77002

MAIN: (713) 755-5836
FAX: (713) 755-5262
WEB:

daoweb.dao.hctx.net/ie/front.cfm

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris county
LEGEND: All, Esp

The function of this division is to receive all citizen complaints involving fraud against the consumer. The division will screen, investigate and prosecute all offenses involving deceptive business practices and frauds where prosecution is possible. Bilingual staff available to assist Spanish-speaking clients.

HARRIS COUNTY HEALTH CENTERS

Main Office

2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6000
HIV Prevention: (713) 439-6290
WIC: (713) 439-6145
FAX: (713) 439-6080
TTY: (713) 439-6112
24 HOURS: (713) 755-5000
WEB: www.harriscountyhealth.com

CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: Harris county

Immunizations, nutrition counseling, health education, lead poisoning screening and prevention, child health exams (including EPSDT/TX Health Steps medical case management), treatment of sexually transmitted diseases, tuberculosis screening/contact investigation/follow-up and DOT, HIV counseling and testing, perinatal Hepatitis B case management of high risk pregnant women, infants and children, childrens health insurance program (CHIP) application, dental care, WIC.

Suministro de vacunas, consejería de nutrición, educación de la salud, análisis de sangre y prevención del envenenamiento del plomo, examen para el bienestar del niño (incluyendo administración de casos médico EPSTD/TX Health Steps), tratamiento de enfermedades de transmisión sexual, análisis de la tuberculosis/investigación de contacto/seguimiento y DOT, análisis y consejería del VIH, administración de casos para el cuidado de mujeres embarazadas de alto riesgo a la hepatitis B perinatal, infantes y niños, solicitud al programa para el seguro de salud de niños (CHIP), cuidado dental, programa WIC.

Antoine Community Health Center

5668 West Little York
Houston, TX 77091

INTAKE: (281) 447-2800
FAX: (281) 447-6688
WIC: (281) 447-2888

CITY SECTION: Northwest
NEIGHBORHOOD: Inwood Forest
AREA SERVED: Harris county
LEGEND: M, W, F, All, I/RR, Free,
Walk-ins (call ahead), Esp

Baytown Community Health Center

1000 Lee Drive
Baytown, TX 77520

MAIN: (281) 427-7656
FAX: (281) 427-1785

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Harris county
LEGEND: M, W, F, All, I/RR, Free,
Walk-ins (Call ahead), Esp

Humble Community Health Center

1730 Humble Place Drive
Humble, TX 77338

MAIN: (281) 446-4222
FAX: (281) 446-9563
WIC: (281) 446-5207

CITY SECTION: North
NEIGHBORHOOD: Humble
AREA SERVED: Harris county
LEGEND: M, W, F, All, I/RR, Free,
Walk-ins (call ahead), Esp

LaPorte Community Health Center

1009 S. Broadway
LaPorte, TX 77571

MAIN: (281) 471-5408
FAX: (281) 471-4263
INTAKE: (281) 471-4202

CITY SECTION: East
NEIGHBORHOOD: La Porte
AREA SERVED: Harris county
LEGEND: M, W, F, All, I/RR, Free,
Walk-ins (call ahead), Esp

Southeast Community Health Center

3737 Red Bluff
Pasadena, TX 77502

INTAKE: (713) 740-5000
FAX: (713) 740-5110
WIC: (713) 534-9345

CITY SECTION: Southeast
NEIGHBORHOOD: Pasadena
AREA SERVED: Harris county
LEGEND: M, W, F, All, I/RR, Free,
Walk-ins (call ahead), Esp

HARRIS COUNTY HOSPITAL DISTRICT

2525 Holly Hall
Houston, TX 77054

MAIN: (713) 566-6511
FAX: (713) 566-6521
HIV HOTLINE: (281) HIV-INFO
(448-4636)

WEB: www.tmc.edu/hchd

Acres Home Health Center

818 Ringold Street
Houston, TX 77088

MAIN: (281) 448-6391

CITY SECTION: Northwest

NEIGHBORHOOD: Acres Homes

AREA SERVED: Harris county

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Adolescent Program

5656 Kelley Street
Houston, TX 77026

MAIN: (713) 566-4680

CITY SECTION: North

NEIGHBORHOOD: Trinity/Houston
Gardens

AREA SERVED: Harris county

LEGEND: Y (M/F), Free, S\$, Med,
HIV+, Esp, Gold card

*Outpatient primary care; medication
access and information; social ser-
vices; education; case management;
pharmacy; support groups; HIV coun-
seling and testing.*

Aldine Health Center

4755 Aldine Mail Route
Houston, TX 77039

MAIN: (281) 985-7600

FAX: (281) 985-7620

HIV Testing: (713) 873-4157

CITY SECTION: Northeast

NEIGHBORHOOD: Aldine

AREA SERVED: Harris county

LEGEND: F, All, Free, S\$, Med, Walk-ins

HIV counseling and testing.

Baytown Health Center

1602 Garth Road
Baytown, TX 77520

MAIN: (281) 427-6757

CITY SECTION: East

NEIGHBORHOOD: Baytown

AREA SERVED: Harris county

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Ben Taub General Hospital

1504 Taub Loop
Houston, TX 77030

MAIN: (713) 873-2000

CITY SECTION: Central

NEIGHBORHOOD: Medical Center

AREA SERVED: Harris county

Casa de Amigos Health Center

1615 N. Main Street
Houston, TX 77009

MAIN: (713) 222-2272

CITY SECTION: Central

NEIGHBORHOOD: Near Northside

AREA SERVED: Harris county

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Dental Center

1612 Fannin Street
Houston, TX 77002-7631

MAIN: (713) 757-0572

CITY SECTION: Central

AREA SERVED: Harris county

Gulfgate Health Center

7550 Office Center Drive
Houston, TX 77012

MAIN: (713) 495-3700

CITY SECTION: Central

NEIGHBORHOOD: Pecan Park

AREA SERVED: Harris county

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Lyndon B. Johnson General Hospital

5656 Kelley Street
Houston, TX 77026

MAIN: (713) 566-5100

CITY SECTION: North

SERVICE AREA: Harris county

Northwest Community Health Center Early Intervention Program

1100 West 34th Street
Houston, TX 77018

MAIN: (713) 861-3939

FAX: (713) 867-7819

HIV Testing: (713) 873-4157

CITY SECTION: Northwest

NEIGHBORHOOD: Oak Forest/
Garden Oaks

AREA SERVED: Harris county

LEGEND: M, W, Adults only, Free, S\$,
Med, Appt/Walk-ins, HIV+

*Outpatient primary care, medication
access and information, case man-
agement, social services, education,
pharmacy, HIV counseling and testing.*

People's Health Center

6630 DeMoss
Houston, TX 77074

MAIN: (713) 272-2600

CITY SECTION: Southwest

AREA SERVED: Harris county

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Settegast Health Center

9105 North Wayside
Houston, TX 77028

MAIN: (713) 636-7192

FAX: (713) 636-7193

TTY: (713) 636-7186

CITY SECTION: East

NEIGHBORHOOD: East End

AREA SERVED: Zip codes: 77013,
77015, 77016, 77020, 77026,
77028, 77044, 77049, 77078

LEGEND: F, All, S\$, Med, Appt/
Walk-ins, Esp

*Outpatient primary care; routine
clinical services; podiatry, optometry,
radiology, lab and pharmacy; nutri-
tion, health education and social ser-
vices; geriatric clinic; HIV counseling
and testing.*

*Cuidado primario para pacientes
externos; servicio clínico rutinario;
podiatría, optometría, radiología,
laboratorio y farmacia; nutrición,
educación para la salud y servicios
sociales; clínica de geriatría; conse-
jería y análisis del VIH.*

Strawberry Health Center

927 E. Shaw Road
Pasadena, TX 77506

MAIN: (713) 477-6851

CITY SECTION: Southeast

NEIGHBORHOOD: Pasadena

AREA SERVED: Harris county

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Thomas Street Clinic

2015 Thomas Street
Houston, TX 77009

MAIN: (713) 873-4000

FAX: (713) 873-4052

CITY SECTION: Central

NEIGHBORHOOD: Near Northside

AREA SERVED: Harris county

LEGEND: M, W, Free, S\$, Med, HIV+,
Appt/Walk-ins, Esp, Gold card

Outpatient primary care; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling; support groups. Cuidado primario para pacientes ambulatorios; farmacia; terapia física; servicios de nutrición; servicios sociales; psiquiatría; educación; administración de casos; acceso a pruebas clínicas; análisis y consejería del VIH; grupos de apoyo.

Women's Program - LBJ Hospital

5656 Kelley Street
Houston, TX 77026

MAIN: (713) 566-5858
CITY SECTION: North
NEIGHBORHOOD: Trinity/Houston Gardens
AREA SERVED: Harris county
LEGEND: W, Free, S\$, Med, HIV+, Esp, Gold card

OB/Gyn outpatient primary care; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

Cuidado primario de obstetricia/ginecología para pacientes ambulatorios; acceso a medicamentos e información; servicios sociales; educación; administración de casos; farmacia; grupos de apoyo; consejería y análisis del VIH.

HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6000
FAX: (713) 439-6080
TTY: (713) 439-6112
WEB: www.harriscountyhealth.com

Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris county; provision of personal health services to eligible individuals that include family planning, prenatal care, immunizations, nutrition programs, well-child pro-

grams, risk factor screening, refugee health and pollution control.

Suministra protección, prevención y control de enfermedades; mantenimiento de sanidad apropiada; promoción educacional de la salud; ejecución de la ley sobre el control de animales referente a la inmunización y licencias; inspección y control de mosquitos; inspección y asesoramiento de enfermedades en el Condado Harris; provisión de la salud personal, así como la planificación familiar, cuidado prenatal, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos, servicios para la salud de los refugiados; control de la contaminación.

Chronic Disease Prevention

2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6141
CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: Harris county
LEGEND: M, W, Free, Lim, Esp

Basic cholesterol, blood pressure, and blood sugar screenings at health fairs and other events in Harris county, focusing on underserved worksites.

Análisis del colesterol, la glucosa y la presión sanguínea en ferias de la salud y otros eventos en el Condado Harris, especialmente en sitios laborales subatendidos.

Tobacco Prevention and Cessation Program

2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6147
CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: Harris county
LEGEND: All, Free, Esp

Prevent tobacco use among youth, provide cessation assistance through promotion of the American Cancer Society Quitline (1-877-YES-QUIT) and increase awareness about secondhand smoke and its adverse health effects.

Prevención del uso del tabaco entre los jóvenes, la cesación del uso del tabaco por medio de la ayuda de la línea telefónica (1-877-YES-QUIT) de

la Sociedad Americana contra el Cancer; promoción educacional sobre los efectos adversos de la salud producidos por el humo de segunda mano.

HARRIS COUNTY PUBLIC HEALTH SERVICES WIC PROGRAM

Administrative Offices
2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6145
WEB: www.harriscountyhealth.com
CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: Harris county

WIC is the special supplemental nutrition program for women, infants and children. Provides nutrition information, food vouchers, breastfeeding information and referrals.

WIC es un programa de nutrición suplemental para mujeres, niños e infantes que proporciona educación sobre la nutrición, cupones para alimentos, información sobre lactancia materna, y referencias.

Bear Creek WIC Center

4380 North Highway 6
Houston, TX 77084

MAIN: (713) 345-4759
FAX: (281) 345-8645

CITY SECTION: West
NEIGHBORHOOD: Bear Creek/Highway 6
AREA SERVED: Harris county
LEGEND: Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0-5)

Decker Drive WIC Center

4204 Decker Drive
Baytown, TX 77521

MAIN: (281) 424-8366
FAX: (281) 424-4175

CITY SECTION: Southeast
NEIGHBORHOOD: Baytown
AREA SERVED: Harris County
LEGEND: Free, Pregnant, postpartum, & breastfeeding women, Infants, Children (ages 0-5)

Emerald Plaza WIC Center

11509 Veterans Memorial Dr.
Houston, TX 77067

MAIN: (281) 444-0764
FAX: (281) 444-1594

CITY SECTION: Northwest
AREA SERVED: Harris County
LEGEND: Free, Pregnant, postpartum,
& breastfeeding women, Infants,
Children (0-5)

NAM WIC Center

15555 Kuykendahl Road
Houston, TX 77090

MAIN: (281) 587-8596
FAX: (281) 631-9577

CITY SECTION: North
NEIGHBORHOOD: Bammel
AREA SERVED: Harris County
LEGEND: Free, Pregnant, postpartum,
& breastfeeding women, Infants,
Children (ages 0-5)

Scarsdale WIC Center

10851 Scarsdale Boulevard, Suite 210
Houston, TX 77089

MAIN: (281) 922-6546
FAX: (281) 922-6547

CITY SECTION: Southeast
NEIGHBORHOOD: Ellington/South Belt
AREA SERVED: Harris County
LEGEND: Free, Pregnant, postpartum,
& breastfeeding women, Infants,
Children (0-5)

South Houston WIC Center

1116-C Spencer Highway @ S. Shaver
South Houston, TX 77587

MAIN: (713) 941-5035
FAX: (713) 944-2550

CITY SECTION: Southeast
NEIGHBORHOOD: South Houston
AREA SERVED: Harris County
LEGEND: Free, Pregnant, postpartum,
& breastfeeding women, Infants,
Children (ages 0-5)

Tomball WIC Center

701 East Main St., Suite 145, Bldg. B
Tomball, TX 77375

MAIN: (713) 290-6246
CITY SECTION: Northwest

NEIGHBORHOOD: Tomball
AREA SERVED: Harris County
LEGEND: Free, Pregnant, postpartum,
& breastfeeding women, Infants,
Children (ages 0-5)

HARRIS COUNTY SHERIFFS OFFICE HIV Department

1200 Baker Street
Houston, TX 77002

MAIN: (713) 755-9252
FAX: (713) 755-4586

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris County
LEGEND: M, W, Free, Esp, CD, I/RR

*Provides HIV/STD testing, medical
care, case management, chemical
dependency treatment, medications
and HEIRR for persons incarcerated
in the Harris County jail.*

*Provee análisis del VIH/ETS, cuidado
médico, administración de casos,
tratamientos para la dependencia de
sustancias, medicamentos y HEIRR
para las personas encerradas en la
cárcel del Condado Harris.*

HARRIS COUNTY SOCIAL SERVICES

9418 Jensen Drive
Houston, TX 77093

MAIN: (713) 696-7900
FAX: (713) 697-3164
TTY: (713) 695-2395
WEB: www.ss.hctx.net/

CITY SECTION: Northeast
NEIGHBORHOOD: Eastex/Jensen
AREA SERVED: Harris county;
transportation services inside
Beltway 8.

LEGEND: All, Free, Appt/Walk-ins
*Urban transportation; case manage-
ment; utility/rental assistance;
monthly financial assistance.*

Harris County Social Services

1310 Prairie, Suite 1000
Houston, TX 77002

MAIN: (713) 755-5243
FAX: (713) 755-5244

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: No restrictions.
LEGEND: M, W, F, All, Free,
Appt/Walk-ins

*File service and non service connect-
ed claims for veterans and their fam-
ilies; other services for veterans.*

H A T C H

*(See Houston Area Teen Coalition Of
Homosexuals)*

HEARING SYSTEMS, INC.

4654 Highway 6 North, Suite 201
Houston, TX 77084

MAIN: (281) 855-8916
FAX: (281) 855-9183
TOLL FREE: (877) 855-8916
TTY: (281) 855-8916
WEB: www.hearingsystemsinc.com

CITY SECTION: West
NEIGHBORHOOD: Bear Creek/
Highway 6
AREA SERVED: No restrictions.
LEGEND: All

*Audiological evaluations; CAPs; hear-
ing aid sales and service, batteries,
earmolds; assistive listening devices;
alert devices; TTY sales and service.
Well stocked demonstration room.*

HIV/AIDS TREATMENT INFORMATION SERVICE

TOLL FREE: (800) 448-0440
WEB: www.hivatis.org

HOME HEALTH CARE OF HUNTSVILLE

Thee Hospice

521 I-45 South
Huntsville, TX 77342

MAIN: (936) 291-8439
FAX: (936) 291-8582
TOLL FREE: (800) 999-5935

CITY SECTION: North
NEIGHBORHOOD: Huntsville
AREA SERVED: Grimes, Houston,
Liberty, Montgomery, Polk, San
Jacinto, Trinity and Walker counties
LEGEND: M, W, F, Med

*Skilled nursing - RNs and LVNs; home
health aides; certified nurse aides;
occupational, physical and speech
therapy; homemakers; IV infusions;
24 hour care available.*

HOSPICE CARE TEAM, INC.

1708 Amburn Road, Suite C
Texas City, TX 77591

MAIN: (409) 938-0070
FAX: (409) 938-1509
TOLL FREE: (800) 545-8738
WEB: www.hospicecareteam.org

CITY SECTION: South
NEIGHBORHOOD: Texas City
AREA SERVED: Galveston, Brazoria
and Southeast Harris, Chambers
and Liberty counties.

*Compassionate, comprehensive care
and support for terminally ill*

patients and their caregivers. Not for profit, services provided regardless of ability to pay.

Cuidado y apoyo compasivo y amplio para pacientes con enfermedades terminales y sus cuidadores. Una agencia, sin bienes de lucro, que ofrece servicios sin considerar si el paciente esté o no capacitado a pagar.

Hospice Care Team, Inc.

540 Normandy
Houston, TX 77015

MAIN: (713) 453-8862
CITY SECTION: East
NEIGHBORHOOD: Northshore
AREA SERVED: No restrictions.
LEGEND: All, S\$, Med, Ins, Appt Req

HOSPICE PREFERRED CHOICE

427 West 20th Street, Suite 603
Houston, TX 77008

MAIN: (713) 864-2626
FAX: (713) 864-9476

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: Fort Bend,
Galveston, Harris and
Montgomery counties
LEGEND: Adults, Ins, Med

Palliative care (comfort care) to persons with life limiting illness. Services include skilled nursing, social worker, pastoral counseling and bereavement support.

HOUSTON ALLIED HEALTH CAREERS

7655 Belfort
Houston, TX 77061

MAIN: (713) 649-4242
FAX: (713) 649-3340
CITY SECTION: Southeast
NEIGHBORHOOD: Golfcrest
AREA SERVED: Harris county
LEGEND: Adults, Ins, Med

Accredited school. Programs include: chemical abuse counseling, dental laboratory tech, nurses aide, optical tech and pharmacy tech. Please call for more information.

HOUSTON AREA COMMUNITY SERVICES (HACS)

3730 Kirby Drive, Suite 820
Houston, TX 77098

MAIN: (713) 526-0555
FAX: (713) 526-1422
TOLL FREE: (888) 457-4227
CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza

Case Management

3730 Kirby Drive, Suite 210
Houston, TX 77098

AREA SERVED: Austin, Chambers, Colorado, Fort Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties.
LEGEND: M, W, All, Free, Appt Req, HIV+, Esp

Assist clients in accessing needed medical and social services with the greater Houston area, including state and federal resources such as financial assistance. Services are provided within the home or in the HACS offices.

Manejo de Casos

Asiste a los clientes a obtener servicios médicos y sociales en el área metropolitana de Houston, incluyendo asistencia financiera por medio de recursos estatales y federales. Estos servicios son proveídos en el domicilio del cliente o las oficinas de HACS.

Emergency Housing Vouchering Program

3730 Kirby Drive, Suite 210
Houston, TX 77098

AREA SERVED: Austin, Chambers, Colorado, Fort Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties.
LEGEND: M, W, All, Free, Appt Req, HIV+, Esp

HIV+ persons who are discharged from hospitals, jail/prison and/or staying in a homeless shelter with no place to stay are assisted with emergency housing to provide temporary shelter. In addition, Housing Coordination can assist in finding transitional and/or more permanent housing based on the client's needs.

Programa de Cupones y Vivienda

Un programa de vivienda de emergencia que provee refugio temporario para personas VIH+ quienes han sido dada de alta del hospital, cárcel o prisión, o personas que están quedando en refugios y no tienen vivienda permanente. También asiste en localizar vivienda transitoria o permanente, dependiendo de la necesidad del cliente.

HIV Testing and Counseling

3730 Kirby Drive, Suite 820
Houston, TX 77098

AREA SERVED: Austin, Chambers, Colorado, Fort Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties.
LEGEND: M, W, Y, All, Free, Walk-ins, Esp

Free Orasure (no needles or blood) and blood based testing (needles and blood). Also STD testing for Syphilis, Chlamydia and Hepatitis C.

Pruebas para VIH y Apoyo

Análisis del VIH "Orasure" (sin el uso de sangre o agujas) y análisis con el uso de sangre y agujas. También se hacen análisis del ETS como la sífilis, clamidia y hepatitis C. Los análisis son gratis.

IMPACT – Mental Health Counseling

3730 Kirby Drive, Suite 400
Houston, TX 77098

MAIN: (713) 526-0555, x215
AREA SERVED: Chambers, Fort Bend, Harris, Liberty, Montgomery and Waller counties.
LEGEND: M, W, All, Free, HIV+, Mental health diagnosis, Targeted populations: African American & Hispanic

Individual, couples and group counseling to work through issues related to living with HIV, in addition to support and psycho-educational groups. Services provided by professional, experienced licensed master level social workers in nontraditional settings such as the home or in the HACS offices.

IMPACT - Psicoterapia para la Salud Mental

Asiste a los clientes a obtener servicios médicos y sociales en el área metropolitana de Houston, incluyendo asistencia financiera por medio de recursos estatales y federales. Estos servicios son proveídos en el domicilio del cliente o las oficinas de HACs.

Joseph Hines Clinic

1710 West 25th Street
Houston, TX 77008

MAIN: (713) 426-0027
FAX: (713) 426-0211

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: Chambers, Fort Bend, Harris, Liberty, Montgomery and Waller counties.

LEGEND: Adults (18 & up), Free, HIV+, Targeted populations: African American & Hispanic, Esp

Free outpatient medical services for persons living with HIV/AIDS. Also, assistance obtaining medications/medication assistance, specialty care and referrals for support services.

Clínica Joseph Hines

Servicios médicos gratuitos para pacientes externos viviendo con el VIH/SIDA; asistencia con medicamentos, cuidado especializado y referencias a servicios de apoyo.

Peer Counseling

3730 Kirby Drive, Suite 1165
Houston, TX 77098

AREA SERVED: Chambers, Fort Bend, Harris, Liberty, Montgomery and Waller counties.

LEGEND: Adults, Walk-ins, Lim, Hispanic/Latino, Esp

Individual and group sessions designed to share ideas, information, increase knowledge and awareness of medical and health services, in addition to instilling pride as an active member of the community.

Consejo al Par

Sesiones individuales o de grupos diseñadas para el intercambio de ideas, información, y una mayor comprensión y conciencia de los servicios médicos y de la salud. En adición, intenta infundir en los participantes un sentido de orgullo como miembros activos de la comunidad.

Positive Knowledge

3730 Kirby Drive, Suite 1165
Houston, TX 77098

AREA SERVED: Chambers, Fort Bend, Harris, Liberty, Montgomery and Waller counties.

LEGEND: M, W, Free, HIV+, Targeted population: Hispanic/Latino, ESP

Information provided in a group setting that includes, but is not limited to HIV medications, possible side effects, adherence issues and strategies, nutrition, understanding medical terminology and lab results, questions to ask your physician, and HIV prevention for PLWH. Classes are taught by a Registered Nurse and a Health Educator.

Conocimiento Positivo

Provee información en un ambiente de grupo que incluye, pero no se limita a medicamentos del VIH, posibles efectos secundarios, adherencia y estrategias al régimen de medicamentos, nutrición, conocimiento de términos médicos y resultados de análisis de laboratorio, preguntas que se deben hacer al médico, y prevención del VIH. Las clases son administradas por un enfermero licenciado y un educador de salud.

Prevention Case Management

3730 Kirby Drive, Suite 820
Houston, TX 77098

AREA SERVED: Not specified.
LEGEND: Adults (18 & up), Free, Esp

Provided to HIV positive individuals and negative individuals at high risk who are having difficulty maintaining safer sex practices. Specialized prevention case management for persons with Hepatitis C and women of childbearing age.

Manejo de Casos para la prevención

Un servicio proveído a personas VIH+ y a personas VIH- quienes están en alto riesgo de contraer el virus o están teniendo dificultades en practicar sexo seguro. Administración de casos especializada en la prevención para personas con hepatitis C y mujeres fértiles.

Y E A H ! Youth Drop In Center

Location Confidential

MAIN: (713) 528-5667
FAX: (713) 528-5712

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: City of Houston
LEGEND: Y, Free, Walk-ins, Esp, Homeless/at risk for homelessness

Provides homeless, at risk for homelessness and 'throw away' youth with a "youth positive" environment. Services include HIV/STD testing and counseling, case management, job referral, mental health services and supportive housing. Hot meals and access to clothing bank, laundry and shower facilities are provided in addition to weekly social activities. A consumer advisory board consisting of youth who receive services at the center provide input into the design of the program.

Y E A H ! Centro para Jóvenes

Provee un centro con un ambiente positivo para jóvenes sin vivienda, en riesgo de quedarse sin vivienda y quienes han sido echados de sus casas. Los servicios incluyen análisis del VIH/ETS, administración de casos, referencias para empleo, servicios de salud mental y apoyo de vivienda. También se ofrecen actividades sociales, alimentos calientes, acceso a vestimenta, lavandería y duchas para el aseo personal. En adición, existe una mesa directiva compuesta por los jóvenes residentes, quienes participan en el desarrollo del programa.

H A T C H

HOUSTON AREA TEEN COALITION OF HOMOSEXUALS

Mailing Address:
701 Richmond Avenue
Houston, TX 77006

MAIN: (713) 529-3590
FAX: (713) 526-4367
WEB: www.hatchyouth.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: Y, Free, Walk-ins

Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to

become positive contributors to the community. Youth meetings on Friday and Sunday evenings.

HOUSTON AREA WOMEN'S CENTER

1010 Waugh Drive
Houston, TX 77019

MAIN: (713) 528-6798
FAX: (713) 535-6363
TTY: (713) 528-3625
SEXUAL ASSAULT TTY:(713) 528-3691
SEXUAL ASSAULT: (713) 528-7273
DOMESTIC VIOLENCE:(713) 528-2121
WEB: www.hawc.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Houston
LEGEND: W, C, Y, Free, Esp

Crisis intervention and telephone counseling for victims of sexual assault, incest and domestic violence.

HOUSTON BUYER'S CLUB

3224 Yoakum
Houston, TX 77006

MAIN: (713) 520-5288
FAX: (713) 521-7419
TOLL FREE: (800) 350-2392
WEB: www.houstonbuyersclub.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: M, W, Free, Walk-ins, HIV+

Dietary supplements to anyone at discounted cost. Side effect management information as it relates to disease and medication side effects. Supplements provided at no cost to Ryan White Title II eligible clients as prescribed by primary care provider. Supplement assistance provided through non governmental programs.

HOUSTON CENTER FOR INDEPENDENT LIVING

7000 Regency Square, Suite 160
Houston, TX 77036

MAIN: (713) 974-4621
FAX: (713) 974-6927
TTY: (713) 974-4621

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Harris and Brazoria counties.

LEGEND: M, W, Free, Appt/Walk-ins, Esp, perm disability

Peer counseling and support; information and referral; individual and systems advocacy; independent living skills training; ADA technical assistance; accessible/affordable housing referral; personal attendant services referrals.

HOUSTON CHALLENGE FOUNDATION

Mailing Address:
P O Box 570186
Houston, TX 77257

MAIN: (713) 523-8900
FAX: (713) 523-8986

Houston Challenge Food Pantry

916 B Boundary
Houston, TX 77009

MAIN: (713) 223-3810
FAX: (713) 223-1854

CITY SECTION: Central
NEIGHBORHOOD: Near Northside
AREA SERVED: Austin, Chambers, Colorado, Fort Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties.

LEGEND:All, Free, Walk-ins, HIV+, Esp
Non perishable food items, cleaning and hygiene products for eligible people with HIV/AIDS. Pantry is open Tuesday, Thursday and Saturday: 10am-2pm; Friday: 12pm-2pm.

Alimentos perecederos, y artículos para la limpieza y el higiene para personas con el VIH/SIDA. La despensa está abierta los martes, jueves y sábados: 10am-2pm; viernes: 12pm-2pm.

HOUSTON COMMUNITY VOICE MAIL

2505 Fannin
Houston, TX 77002

MAIN: (713) 529-4190
FAX: (713) 529-4191
WEB: www.houstonvoicemail.org

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
AREA SERVED: Harris county
LEGEND:M, W, F, I/RR, Free, Appt Req

Provide a DID telephone number and voice mail box to phoneless men, women and families. Must be phoneless and referred by a caseworker.

HOUSTON COMPASS, INC.

1225 Texas Avenue
Houston, TX 77002

Mailing Address:
1117 Texas Avenue
Houston, TX 77002

MAIN: (713) 229-8319
FAX: (713) 229-8560
WEB: www.houstoncompass.org

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: No restrictions.
LEGEND: All, Free, First come-first served

Information and referral for basic needs and other social services.

HOUSTON DEPARTMENT OF HEALTH AND HUMAN SERVICES

8000 N. Stadium Drive
Houston, TX 77054

MAIN: (713) 794-9311
FAX: (713) 798-0862
WEB: www.houstonhealth.org

CITY SECTION: Central
NEIGHBORHOOD:Astrodome/S. Loop
AREA SERVED: Houston

Bureau of Health Information Services

MAIN: (713) 794-9320

Bureau of HIV/STD Prevention

MAIN: (713) 794-9092

Case Management Outreach

MAIN: (713) 794-2980
FAX: (713) 794-9295

Communicable Diseases

MAIN: (713) 794-9092
FAX: (713) 794-0830

CLINICS:

Lyons Avenue Health Center

5602 Lyons Avenue
Houston, TX 77020

MAIN: (713) 671-3041
CITY SECTION: Central
NEIGHBORHOOD: Denver Harbor
AREA SERVED: Houston
LEGEND: Not specified.

West End Health Center

190 Heights Boulevard
Houston, TX 77007

MAIN: (713) 866-4100
FAX: (713) 866-4113
CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: Houston
LEGEND: Not specified.

HOUSTON HOUSING AUTHORITY

2640 Fountainview
Houston, TX 77057

Mailing Address:
P O Box 2971
Houston, TX 77252-2971

MAIN: (713) 260-0600
TTY: (713) 260-0785
WEB: www.hach.org
CITY SECTION: West
NEIGHBORHOOD: Woodlake/Briar Meadow
AREA SERVED: No restrictions.
LEGEND: M, W, F, Free (income Limit), Walk-ins, esp

Rental housing assistance through the low rent public housing program, Section 8 housing choice voucher program, Section 8 moderate rehabilitation program and Section 8 single room occupancy program.

HOUSTON HOUSING MANAGEMENT CORPORATION

3730 Kirby Drive, Suite 600
Houston, TX 77098

MAIN: (713) 526-9470
FAX: (713)-526-1849
WEB: www.houscorp.com

CITY SECTION: Central
NEIGHBORHOOD: Greenway/Upper Kirby
AREA SERVED: Houston

SRO Housing, an activity of The Housing Corporation of Greater Houston, focuses on the housing needs of the homeless, individuals and families with little or no income, and persons affected by HIV/AIDS or related diseases. These persons must have a strong network of supportive services in order to maintain residential stability. Our responsibilities include developing and maintaining a service - enriched environment at each community operated to serve SRO Housing. The properties include

single room occupancy housing facilities for formerly homeless individuals and permanent housing communities for individuals and families affected by HIV/AIDS. SRO Housing's a very significant aspect of Houston's "continuum of care" for the formerly homeless and those affected by HIV/AIDS.

HOUSTON HUMANE SOCIETY

14700 Almeda Road
Houston, TX 77053

MAIN: (713) 433-6421
FAX: (713) 433-4325
WEB: www.houstonhumane.org

CITY SECTION: South
AREA SERVED: No restrictions.
LEGEND: All, Flat, Appt Req, Esp

Paw Prints program assists qualified HIV/AIDS patients who must be hospitalized by providing temporary foster care and medical treatment for their pets. Other services include: acceptance of animals; adoptions; low cost spay/neuter and wellness vaccinations; cruelty investigations and humane education.

HOUSTON LAWYER REFERRAL SERVICE, INC.

1001 Fannin, Suite 1370
Houston, TX 77002

MAIN: (713) 237-9429
FAX: (713) 652-0001
TOLL FREE: (800) 289-4577
WEB: www.hhrs.org

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: No restrictions.
LEGEND: M, W, S\$, Esp

Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need.

HOUSTON OUTREACH TASK, INC.

9302 Bauman Road
Houston, TX 77022

MAIN: (713) 869-1384
FAX: (713) 869-4212

CITY SECTION: North
NEIGHBORHOOD: Northside
AREA SERVED: Harris and surrounding area

LEGEND: All, Free, Walk-ins, ID required, Esp

Clothing; referrals; offers ESL, nutrition, and parenting classes.

HOUSTON READ COMMISSION

5400 Griggs Road
Houston, TX 77021

Mailing Address:
5330 Griggs Road, Suite 75
Houston, TX 77021

MAIN: (713) 228-1801
FAX: (713) 847-6332
LITERACY HELPLINE: (713) 228-1800
WEB: www.houread.org

CITY SECTION: Central
NEIGHBORHOOD: OST/South Union
AREA SERVED: No restrictions.
LEGEND: Ages 17+, Free, Appt Req, Esp

Adult and family literacy: ABE, GED, ESL, basic literacy, health literacy, civics literacy, financial literacy; referrals. Provider and membership professional development. 130 centers throughout the area with varying hours of operation.

Servicio de alfabetismo para adultos y sus familias: programas de ABE, GED y ESL (clases de inglés), capacitación básica para aprender a leer y escribir, la salud, temas cívicos, financiero; referencias. Capacitación para el desarrollo profesional, 130 localidades a través del área con varios horarios de operación.

HOUSTON REGIONAL HIV/AIDS RESOURCE GROUP

500 Lovett Boulevard
Houston, TX 77006

MAIN: (713) 526-1016
FAX: (713) 526-2369
WEB: www.hivresourcegroup.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Rural

Grants management for Ryan White Titles II, III and IV and TDH State Services as funded.

HOUSTON VA MEDICAL CENTER

2002 Holcombe Boulevard
Houston, TX 77030

MAIN: (713) 791-1414
FAX: (713) 794-7377

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.

LEGEND: M, W, Veteran, Walk-ins,
Eligibility based on income, CD

*Case management/social work;
chemical dependency: outpatient
treatment; HIV primary medical care;
eye care; pension and compensation
assistance; housing assistance for
homeless.*

HOUSTON VOLUNTEER LAWYERS PROGRAM

712 Main Street, Suite 2700
Houston, TX 77002

MAIN: (713) 228-0735, Ext. 121

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Chambers, Fort Bend,
Harris, Liberty, Montgomery and
Waller counties.

LEGEND: M, W, All, F, Free, Esp, HIV+,
Filing fees if required by court

AIDS Project

*Legal assistance in CIVIL matters
only. Lawsuits for monetary dam-
ages are not accepted.*

*Asistencia legal sobre materia CIVIL
únicamente. No se aceptan pleitos
que requieren daños monetarios.*

HUMBLE AREA ASSISTANCE MINISTRIES (HAAM)

1302 First Street
Humble, TX 77338

MAIN: (281) 446-3663
FAX: (281) 446-2601
WEB: www.haamonline.org

CITY SECTION: North
NEIGHBORHOOD: Humble
AREA SERVED: Zips: 77336, 77338,
77339, 77346, 77347, 77357,
77365, 77396

LEGEND: F, All, Free, Walk-ins
*Provides food, financial assistance,
clothing, education, prescription
assistance and employment training
(call for appt).*



INNERWISDOM COUNSELING CENTER

2525 West Bellfort, Suite 197
Houston, TX 77054

MAIN: (713) 592-9292
FAX: (713) 839-8052
TOLL FREE: (877) 944-9473
24 HOURS: (713) 935-9110
Spanish: (713) 592-9293
WEB: www.innerwisdom.com

CITY SECTION: South
NEIGHBORHOOD: South Main
AREA SERVED: No restrictions.
LEGEND: M, W, F, All, Med, S\$, Self
pay, Walk-ins, Esp

*Day programs that combine tradi-
tional, established methods of men-
tal health care with more contempo-
rary approaches to provide a holistic
approach to health that addresses
every aspect of the client's well
being. The programs focus on the
belief that that a balance of mind,
body and spirit must be achieved for
life long health and wellness.
Services include: group, individual
and family therapy; grief manage-
ment; behavior modification; self-
esteem building; life review therapy;
family relationship development;
transportation to and from the cen-
ter; a healthy lunch and snacks are
provided.*

*Programas diurnos que combinan
métodos tradicionales y establecidos
junto con una atención de caracterís-
tica contemporánea y ofrecen un
cuidado completo de la salud enfo-
cando en el bienestar del cliente en
todos los aspectos. El programa se
basa en la creencia que debe existir
un balance de mente, cuerpo y
espíritu para lograr una vida larga y
saludable. Los servicios incluyen
consejería individual, de grupo y
familiar; manejo de la ira,
modificación de comportamiento,
desarrollo del autoestima, terapia
para la revisión de la vida personal,
desarrollo de las relaciones
familiares; transportación al centro;
se provee almuerzo y bocadillos
saludables.*

INNERWISDOM WELLNESS CENTER

4445 N. Braeswood Blvd.
Houston, TX 77096

MAIN: (713) 592-9294
FAX: (713) 592-9296
TOLL FREE: (877) 944-9473
SPANISH: (713) 592-9293
WEB: www.innerwisdom.com

CITY SECTION: Central
NEIGHBORHOOD: Meyerland
AREA SERVED: No restrictions.
LEGEND: M, W, All, S\$, Med, Appt
Req, Esp

*Programs for children, adolescents,
adults and seniors that focus on
clients' emotional, mental, social,
economic and spiritual well-being
and include individual and group
therapy and support groups that
address a number of issues. Issues
addressed include self-esteem build-
ing, grief management, life skills and
family relationship development,
and stress management including
massage therapy and biofeedback.
All services provided by licensed,
master's level clinicians.*

*Programas para niños, adolescentes,
adultos y ancianos que enfocan en el
bienestar emocional, mental, social,
económico y espiritual de los clientes
e incluye terapia individual y de
grupo. Dicha terapia trata de un
número de temas, así como activi-
dades de la vida diaria, autoestima,
manejo de la aflicción, desarrollo de
habilidades de la vida y manejo del
estrés, incluyendo terapia de masaje
y biorretroalimentación. Todos los
servicios son ofrecidos por profesionales
licenciados a nivel de Masters.*

INTERFAITH CAREPARTNERS AIDS Care Team Program

701 N. Post Oak Road, Suite 330
Houston, TX 77024

MAIN: (713) 682-5995
FAX: (713) 682-0639
TTY: (713) 682-5995

WEB: www.interfaithcarepartners.org

CITY SECTION: West
NEIGHBORHOOD: Memorial
AREA SERVED: Fort Bend, Harris
and Montgomery counties.

LEGEND: All, Free, Walk-ins, Accepts
collect calls from rural clients, Esp

Congregation-based teams of volunteers trained by Interfaith CarePartners to respond to many of the social, emotional and physical needs of people touched by HIV/AIDS. Care team members view themselves as friends and extended family who can assist people in their home. Other care teams include Alzheimer's/Dementia, Second Family for frail seniors and chronically ill adults, Kid's Pals (pediatric, non HIV) and Geriatric Care Management.

Grupos de voluntarios quienes son miembros de congregaciones y entrenados por Interfaith CarePartner con el propósito de ayudar con las necesidades sociales, emocionales y físicas de las personas con el VIH/SIDA. Estos voluntarios ayudan a las personas necesitadas en sus domicilios; se consideran amigos y una extensión de la familia del cliente. También asisten a personas con demencia del Alzheimer, personas frágiles de tercera edad, adultos con enfermedades crónicas, niños VIH-, y en la administración del cuidado geriátrico.

INTERGROUP ASSOCIATION, INC. (Alcoholics Anonymous)

4140 Directors Row, Suites D-E
Houston, TX 77092

MAIN: (713) 686-6300
FAX: (713) 686-6703
WEB: www.aahouston.org
CITY SECTION: Northwest
NEIGHBORHOOD: Lazybrook/Timbergrove
AREA SERVED: No restrictions.
LEGEND: M, W, Y, All, I/RR, Free, Lim - CD, Esp

24 hour telephone service for callers seeking help about their alcoholism. Central source of information on Alcoholics Anonymous activities and literature. Maintains meeting schedule and location on the web. Guides newcomers to meetings.

Línea telefónica de 24 horas del día para personas que buscan ayuda por consecuencia a la dependencia del alcohol. Centro de información sobre actividades y literatura sobre Alcohólicos Anónimos. Almacena los horarios y localidades de las reuniones de AA en la red. Ofrece orientación sobre las reuniones a personas nuevas.

INTERNATIONAL LANGUAGE ASSOCIATES

P O Box 70084
Houston, TX 77270-0084

MAIN: (713) 868-9718
FAX: (713) 868-1193
AREA SERVED: Texas
LEGEND: All, Flat, Appt Req

Provides interpreters of all languages and dialects. Includes legal, medical and general interpreters.

Provee intérpretes de todos los idiomas, incluyendo interpretaciones legales, médicas y en general.



JACK'S APOTHECARY

8109 Cullen Boulevard
Houston, TX 77051

MAIN: (713) 733-7424
FAX: (713) 733-1885
WEB: www.jacksapothecary2.com

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
AREA SERVED: No restrictions.
LEGEND: All, Med, Walk-ins, CD

TDH HIV/AIDS medications - \$3

JEWISH COMMUNITY CENTER OF HOUSTON

5601 South Braeswood
Houston, TX 77096

MAIN: (713) 729-3200
FAX: (713) 551-7223
WEB: www.Jcchouston.org

Child Care

MAIN: (713) 551-7200
CITY SECTION: Southwest
NEIGHBORHOOD: Meyerland
AREA SERVED: Houston and Ft. Bend county.
LEGEND: C (ages 0-12), Flat, Scholarships available

Preschool and childcare for age 6 weeks - 10 years; half and full day options available.

JEWISH FAMILY SERVICE

4131 S. Braeswood
Houston, TX 77025

Mailing Address:

P O Box 20548
Houston, TX 77225-0548
MAIN: (713) 667-9336
FAX: (713) 667-3619
WEB: www.jfshouston.org

CITY SECTION: Central
NEIGHBORHOOD: Meyerland
AREA SERVED: No restrictions.
LEGEND: M, W, All, S\$, Appt Req

Counseling: individual, couples and group therapy.

JRS OUTREACH

11702 Cape Hyannis
Houston, TX 77048

Mailing Address:

P O Box 331128
Houston, TX 77233-1128
MAIN: (713) 738-6216
FAX: (713) 264-6593

CITY SECTION: South
NEIGHBORHOOD: South Acres
AREA SERVED: Harris county
LEGEND: Y, M, W, Free, Flat, Appt req, HIV+

Individual counseling and referrals for persons newly diagnosed with HIV or who are aware of their status but not receiving care. HIV education and risk reduction information for teens and adults. Flat fee for individuals who are not positive.

JULIA C. HESTER HOUSE

2020 Solo
Houston, TX 77020

MAIN: (713) 672-2573
FAX: (713) 672-4129
WEB: www.juliachesterhouse.com
CITY SECTION: Central
NEIGHBORHOOD: Fifth Ward
AREA SERVED: No restrictions.
LEGEND: C (ages 2-12), Y (ages 13-18)

Food pantry; clothing; preschool program; after school and youth programs; senior program.

Programas para los adolescentes estan disponibles en Español.



KEN LAMBERT - FUNERAL CONSULTANT/NEGOTIATOR

8819 Sedgemoor
Tomball, TX 77375

24 HOURS: (281) 357-0195
FAX: (281) 357-5138
TOLL FREE: (888) 669-4947
WEB: funeralnegotiator.com

CITY SECTION: Northwest
NEIGHBORHOOD: Tomball
AREA SERVED: No restrictions.
LEGEND: All, Free, S\$, Nationwide

Counsel families in crisis before and at the time of death; education of funeral options, help selecting providers, and negotiation of cemetery and funeral costs. Not a funeral director or funeral home. All help is provided over the phone; will help all families regardless of ability to pay.

KINGWOOD HEALTH CENTER GLBT Program

2001 Ladbrook
Kingwood, TX 77339

MAIN: (281) 385-1495
FAX: (281) 385-1385
WEB:

www.kingwoodhealthcenter.com

CITY SECTION: Northeast
NEIGHBORHOOD: Kingwood
AREA SERVED: Harris, Liberty, Montgomery and Walker counties.
LEGEND: Y, M, W, F, All, Med, Ins, Appt req, CD

Psychiatric and chemical dependency services; HIV education; counseling; social support. Inpatient and outpatient services provided.

KINGWOOD MEDICAL CENTER

22999 US Highway 59
Kingwood, TX 77339

MAIN: (281) 348-8000
FAX: (281) 348-8010
TOLL FREE: (800) 735-2989
WEB: www.kingwoodmedical.com

CITY SECTION: North
NEIGHBORHOOD: Kingwood
AREA SERVED: No restrictions.
LEGEND: All

Emergency services; acute care; rehabilitation services; pediatrics; heart care; imaging; surgical services; oncology; diabetes care; women's health and diagnostic services.

KOLBE PROJECT, THE

1030 Heights Boulevard
Houston, TX 77008

MAIN: (713) 861-1800
FAX: (713) 861-7212
WEB: www.kolbeproject.org

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: No restrictions.
LEGEND: M, W, Free, Walk-ins

Social support/activities for all persons who are experiencing alienation due to HIV/AIDS or any illness or sexual identity. Activities include worship service, monthly potluck, monthly breakfast, retreats, workshops, seminars, scripture study, hospital visitation, movie night and spiritual counseling.

KROGER PHARMACY #243

3300 Montrose Boulevard
Houston, TX 77006

MAIN: (713) 526-1239
FAX: (713) 526-4235

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.

KROGER PHARMACY #312

1035 N. Shepherd Drive @11th
Houston, TX 77008

MAIN: (713) 880-4661
FAX: (713) 880-4020

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: No restrictions.

KROGER PHARMACY #339

295 Sawdust Road
Spring, TX 77380

MAIN: (281) 363-3595

CITY SECTION: North
NEIGHBORHOOD: Spring
AREA SERVED: No restrictions.

KROGER PHARMACY #355

1938 West Gray @ Woodhead
Houston, TX 77019

MAIN: (713) 521-2317
FAX: (713) 521-3189

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.



LAMBDA CENTER

1201 Clay Street
Houston, TX 77019

MAIN/FAX: (713) 521-1243
CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: Not specified.

Alcoholics anonymous groups for gay, lesbian, bisexual and transgendered individuals.

LAZARUS HOUSE: A CENTER FOR WELLNESS

4106 Austin
Houston, TX 77004

MAIN: (713) 526-5071
FAX: (713) 523-0379

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: No restrictions.
LEGEND: M, W, C, Y, Flat, Lim scholarships available

A unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related wasting through an integrated program of exercise, nutrition, mental and spiritual awareness.

LBJ HOSPITAL

See Harris County Hospital District

LIBERTY COUNTY INDIGENT HEALTH CARE

501 Palmer Street
Liberty, TX 77575

Mailing Address:
P O Box 9159
Liberty, TX 77575

MAIN: (936) 336-4693
FAX: (936) 334-3217
WEB: www.libertycounty.com

AREA SERVED: Liberty county
LEGEND: All, Free, Appt req

Primary healthcare physician services, inpatient and outpatient hospital services, prescriptions, transportation services to UTMB Galveston for medical appointments. Service eligibility based on income and family size.

LIBERTY COUNTY INDIGENT HEALTH CARE

304 Campbell Street, Suite 147
Cleveland, TX 77327

Mailing Address:

P O Box 9159
Liberty, TX 77575

MAIN: (281) 593-8428
FAX: (281) 593-8431

CITY SECTION: Northeast
NEIGHBORHOOD: Cleveland
AREA SERVED: Liberty county
LEGEND: All, Appt Req, at or below
185% poverty

Prescription assistance; limited eye care and dental services.

LIFE HOUSTON

277 West Gray
Houston, TX 77019

MAIN: (713) 528-6044
FAX: (713) 528-3802
TOLL FREE: (877) 577-LIFE
WEB: www.lifehouston.org

Good Neighbor Healthcare Center

277 West Gray at Taft
Houston, TX 77019

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: All Gulf Coast areas.
LEGEND: C (under 1 year), Free,
Walk-ins

Provides one week supply of emergency baby formula and age appropriate baby food for infants under one year. Hours: Monday - Friday 10:00am - 2:00pm.

LONE STAR LEGAL AID

1415 Fannin Street, 3rd Floor
Houston, TX 77002

MAIN: (713) 652-0077
FAX: (713) 652-2709
TOLL FREE: (800) 733-8394
INTAKE: (713) 652-5911
WEB: www.lonestarlegal.org

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Eastern Texas
(includes Harris and surrounding counties)
LEGEND: M, W, F, All, Free, Appt Req, Esp

Serves the eastern portion of the state of Texas by providing low income people with free legal assis-

tance in civil matters only. Criminal matters and most types of fee generating cases not accepted.

Provee asistencia legal gratis únicamente sobre materia civil a personas de bajo ingreso que residen en el área del este de Texas. No se aceptan materia criminal y los que requieren ganancia monetaria.

LOVE INC (IN THE NAME OF CHRIST)

1107 Fleetwood
Baytown, TX 77520

Mailing Address:

P O Box 1116
Baytown, TX 77522-1116

MAIN: (281) 422-5683
FAX: (281) 422-5683

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Zips: 77520, 77521,
77562, 77580
LEGEND: All, Free, Gas vouchers,
Diapers

Referrals to food pantries, diapers, gas vouchers and prescription assistance (one time only) for eligible low income persons.

LUTHERAN SOCIAL SERVICES OF THE SOUTH, INC.

10260 North Freeway
Houston, TX 77037

MAIN: (281) 999-1122
FAX: (281) 999-0192
WEB: www.lsss.org

Ruth's House Assistance Ministry

10260 North Freeway
Houston, TX 77037

MAIN: (281) 999-1122
CITY SECTION: North
NEIGHBORHOOD: Aldine
AREA SERVED: Zips: 77016, 77032,
77037, 77039, 77050, 77076, 77093.
LEGEND: All, Free, Esp

Food pantry, clothing, emergency rent/utility assistance and classes for GED, ABE and ESL.

Dispensa de alimentos, vestimenta, asistencia de emergencia con renta y utilidades, clases de ABE, GED e inglés.



MACEDONIA OUTREACH CENTER

1235 Teal
Houston, TX 77029

MAIN: (713) 672-1653
FAX: (713) 672-9654

CITY SECTION: Central
NEIGHBORHOOD: Clinton Park
AREA SERVED: No restrictions.
LEGEND: All, App/Walk-ins, Esp

Food pantry; clothing; utility assistance for seniors; educational training programs.

MAGNIFICAT HOUSES, INC.

Mailing Address:

P O Box 25415
Houston, TX 77265

MAIN: (713) 520-0461
FAX: (713) 520-0461

Morning Star Hostel

3207 Austin Street
Houston, TX 77004

MAIN: (713) 529-4231

CITY SECTION: CENTRAL
NEIGHBORHOOD: MIDTOWN
AREA SERVED: NO RESTRICTIONS.
LEGEND: M, W, S\$, WALK-INS, ESP

Housing (5 beds for HIV+ men and women), food, supervised living. Intake 9am-3pm, M-F.

MAXIMUS, INC.

650 N. Sam Houston Pkwy E, #507
Houston, TX 77060

MAIN: (281) 260-9871
FAX: (281) 260-9520
TOLL FREE: (800) 964-2777
WEB: www.maximus.com

CITY SECTION: North
NEIGHBORHOOD: Aldine
AREA SERVED: Brazoria, Ft. Bend,
Galveston, Harris, Montgomery
and Waller counties.

LEGEND: Free, Med clients only, Esp
Education and enrollment for Medicaid clients who are eligible for the Star Program and Star+ Plus program (Star+ Plus - Harris County only).

MEDCO MEDICAL SUPPLY, INC.

4300 West 12th Street
Houston, TX 77292-4189

Mailing Address:

P O Box 924189
Houston, TX 77292-4189

MAIN: (713) 956-5288
FAX: (713) 956-1239
TOLL FREE: (800) 245-3816

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: No restrictions.
LEGEND: All, Med, Ins, Esp

Provides enteral, incontinence, urological, diabetic and wound care supplies.

Ofrece equipo entérico, de incontinencia, urinario, y diabético y productos para el cuidado de heridas.

MEDICAL ESCROW SOCIETY/ ASSIGNABLE LIFE ASSETS

601 N. New York Ave.
Winter Park, FL 32789

TOLL FREE: (800) 334-3211
FAX: (877) 343-3004

AREA SERVED: No restrictions.
LEGEND: All, Free, HIV+, Esp, Apply
by phone or mail

Assists people with HIV/AIDS in receiving cash settlements today for their life insurance. No more premium payments; no cost or obligation; must have group, term or any individual life insurance policy. All policies considered on a case by case basis.

MEDICINE SHOPPE, THE

5638 Lawndale
Houston, TX 77023

MAIN: (713) 923-1621
FAX: (713) 923-1622

CITY SECTION: Central
NEIGHBORHOOD: Lawndale
AREA SERVED: No restrictions.
LEGEND: All, Med

Full service pharmacy, delivery service within 5 mile radius of store. Blood test for cholesterol, diabetes, PSA, etc.

Servicio farmacéutico completo, servicio de entrega dentro de un radio de 5 millas de la tienda. Análisis del colesterol, diabetes, PSA.

MEMORIAL ASSISTANCE MINISTRIES

9448 Long Point Road
Houston, TX 77055

MAIN: (713) 468-4516
FAX: (713) 468-4702

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: Zip codes: 77024,
77043, 77055, 77079, 77080.

LEGEND: All, Free, Walk-ins

Financial assistance: pledge made with vacate or disconnect notice. Limited medication/prescription assistance. Job referrals. Clothing: referral to resale shop. Back to school clothing provided through Spring Branch ISD Counselors/social workers.

Asistencia financiera para renta y utilidades con aviso de evacuación y desconexión. Asistencia limitada para prescripciones/ medicamentos. Referencia a empleo.

MEMORIAL HERMANN HOSPITAL SYSTEM Administration Office

9401 Southwest Freeway
Houston, TX 77074

MAIN: (713) 222-CARE
FAX: (713) 448-5540
TTY: (713) 704-6549
WEB: www.memorialhermann.org

CITY SECTION: Southwest
NEIGHBORHOOD: Westwood
AREA SERVED: No restrictions.
LEGEND: All

Memorial Hermann, a not-for-profit health care system, provides quality, comprehensive programs and services for a person's whole life. Eleven hospitals located in the Texas Medical Center and greater Houston area offer health care in neighborhoods where people live and work as well as easy access to the resources and technology of a university-affiliated hospital.

Memorial Hermann Children's Hospital

6411 Fannin
Houston, TX 77030

MAIN: (713) 704-KIDS

CITY SECTION: Central
NEIGHBORHOOD: Medical Center

Memorial Hermann Ft. Bend Hospital

3803 FM 1092
Missouri City, TX 77459

MAIN: (713) 222-CARE

CITY SECTION: Southwest
NEIGHBORHOOD: Missouri City

Memorial Hermann Hospital

6411 Fannin
Houston, TX 77030

MAIN: (713) 222-CARE

CITY SECTION: Central
NEIGHBORHOOD: Medical Center

Memorial Hermann Katy Hospital

5602 Medical Center Drive
Katy, TX 77494

MAIN: (713) 222-CARE

CITY SECTION: West
NEIGHBORHOOD: Katy

Memorial Hermann Memorial City Hospital

920 Frostwood
Houston, TX 77024

MAIN: (713) 222-CARE

CITY SECTION: West
NEIGHBORHOOD: Memorial

Memorial Hermann Northwest Hospital

1635 North Loop West
Houston, TX 77008

MAIN: (713) 222-CARE

CITY SECTION: Central
NEIGHBORHOOD: Heights

Memorial Hermann Southeast Hospital

11800 Astoria Boulevard
Houston, TX 77089

MAIN: (713) 222-CARE

CITY SECTION: Southeast
NEIGHBORHOOD: Ellington/South Belt

Memorial Hermann Southwest Hospital

7600 Beechnut
Houston, TX 77074

MAIN: (713) 222-CARE

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown

Memorial Hermann The Woodlands Hospital

9250 Pinecroft
The Woodlands, TX 77380

MAIN: (713) 222-CARE
CITY SECTION: North
NEIGHBORHOOD: Woodlands

MEMORIAL HERMANN PREVENTION & RECOVERY CENTER

1550 La Concha
Houston, TX 77054

MAIN: (713) 578-3100
FAX: (713) 578-3106
WEB: www.memorialhermann.org

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
AREA SERVED: No restrictions.
LEGEND: All

Medical model of addiction recovery, round the clock nursing, physician available 24 hours, 12 step recovery, group and individual treatment.

Inpatient Treatment

A medical model of recovery utilizing literature based clinical protocols; round the clock nursing care, 12 step recovery, group and individualized counseling.

PARC - Outpatient Treatment Program

TCADA licensed adult chemical dependency outpatient program offering services both day and evening.

PARC - Residential Treatment Program

TCADA licensed adult drug/alcohol treatment in a safe, structured environment offering education, process groups, family program, therapeutic activities, after care and alumni groups.

Starting from Scratch

Daily 12-step meetings: noon, evenings, weekends (AA, Alanon, CA).

MENDEZ COUNSELING

1617-A Rutland
Houston, TX 77008

MAIN: (713) 426-0077
FAX: (713) 426-2597

CITY SECTION: Central
NEIGHBORHOOD: Heights

AREA SERVED: No restrictions.
LEGEND: All, F, Med, Flat, Appt Req, Esp
Primarily provide family and individual counseling to children and families in English or Spanish. All therapists have experience with HIV+ clients.

Servicio de consejería individual y familiar en inglés y español. Todos los terapeutas tienen experiencia con clientes VIH+.

MENTAL HEALTH AND PSYCHOLOGICAL SERVICES, INC.

16100 Carinway Drive, Suite 245
Houston, TX 77084

MAIN: (281) 463-9840
FAX: (281) 550-4222
TOLL FREE: (866) 463-9840

CITY SECTION: West
NEIGHBORHOOD: Bear

Creek/Highway 6
AREA SERVED: No restrictions.
LEGEND: All, Appt/Walk-ins, Med, S\$,
Priv pay, Ins, CD, Esp

Services offered: Psychotherapy, home-based intensive counseling, clinical hypnosis, chemical dependency issues, psycho-education, grief resolution dealing with medical-related mental health issues, psychological evaluation and testing. Parenting education and re-socialization program. HIV/AIDS prevention and intervention, culturally sensitive to women's issues/domestic violence.

METHODIST CHILDREN'S HOME

5005 Mitchelldale, Suite 230
Houston, TX 77092

MAIN: (713) 682-8911
FAX: (713) 682-4229
WEB: www.methodistchildrenshome.org

CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest/
Garden Oaks

AREA SERVED: No restrictions.
LEGEND: S\$, Appt Req, CD

Voluntary foster care placements for families in crisis situations.

METROPOLITAN MULTI-SERVICE CENTER

1475 West Gray
Houston, TX 77019

MAIN: (713) 284-1973
FAX: (713) 529-4726
TTY: (713) 529-4930

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: Free

Facility for individuals with disabilities. Services are offered by agencies that rent space. Venues open to the public with disabilities are a wheelchair accessible weight room and a 25 meter heated therapeutic swimming pool which are free of charge for persons with disabilities.

MID-CHAMBERS CHRISTIAN CARING CENTER

N. Texas Avenue at N. Main Street
Anahuac, TX 77514

Mailing Address:
P O Box 1498
Anahuac, TX 77514

MAIN: (409) 267-6898

CITY SECTION: East
NEIGHBORHOOD: Anahuac
AREA SERVED: Zip code 77514
LEGEND: All, Free, Walk-ins

Help families with emergencies by providing: food, clothing, utilities, transportation to doctor, and payment on medical bills.

MISSION OF YAHWEH

10247 Algiers
Houston, TX 77041

MAIN: (713) 466-4785
FAX: (713) 466-3480
WEB: www.missionofyahweh.org

CITY SECTION: Northwest
NEIGHBORHOOD: Carverdale
AREA SERVED: No restrictions.
LEGEND: W, F, Free

Emergency shelter, food, clothing for women only and children (girls to age 12 and boys to age 8). GED program, computer classes and other assistance to help women become self-sufficient. 30-day stay is requested. Call first for screening and availability.

MONTGOMERY COUNTY EMERGENCY ASSISTANCE

1022 McCall Street
Conroe, TX 77301

MAIN: (936) 539-9211
FAX: (936) 593-9239
WEB: mcea-mcha.org

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED: Montgomery county
LEGEND: All, Walk-ins

Utility, rent/mortgage assistance; food pantry; prescription assistance (not for ongoing meds)

MONTROSE CLINIC

215 Westheimer
Houston, TX 77006

MAIN: (713) 830-3000
FAX: (713) 830-3079
TTY: (713) 830-3077
WEB: www.montroseclinic.org

Community Care Clinic

AREA SERVED: No restrictions.
LEGEND: Y, M, W, Med, Flat,
Appt/Walk-ins, Esp

Health care services for the GLBT and general community at low cost.

Servicios del cuidado de la salud de bajo costo para la comunidad gay, lesbica, bisexual y transexual y la población en general.

HIV Primary Care Clinic

AREA SERVED: Chambers, Ft Bend, Harris, Liberty, Montgomery, and Waller counties.
LEGEND: Y, M, W, Free, HIV+, Appt Req, Esp

Primary health care services for qualified HIV+ individuals. Must be Ryan White eligible.

Servicios primarios del cuidado de la salud para personas VIH+ quienes califiquen. Además, deben ser elegibles para los fondos de la Ryan White.

HIV/Hep C/Syphilis Testing and Counseling

AREA SERVED: No restrictions.
LEGEND: Y, M, W, Free, Appt/
Walk-ins, Esp

In house and community testing every day of the week. Call for locations and testing hours.

Análisis del VIH, hepatitis C y sífilis en la localidad y la comunidad, todos los

días de la semana. Llame para información sobre las ubicaciones y el horario.

Next Step Education Program

AREA SERVED: No restrictions.
LEGEND: Y, M, W, Free, Appt Req, Esp
Educational program for newly diagnosed HIV+ and significant others. Includes laboratory services.

Programa educacional para personas quienes recientemente diagnosticaron VIH+ y sus seres significativos. Incluye servicios de laboratorio.

Smart Step Education Program

AREA SERVED: No restrictions.
LEGEND: M, W, All, Appt/
Walk-ins, Esp, Free

Educational program for Hepatitis C infected individuals and their significant others.

Programa educacional para las personas con hepatitis C y sus seres queridos.

STD Clinic

AREA SERVED: No restrictions.
LEGEND: Y, M, W, S\$, Appt/
Walk-ins, Esp

STD exam, diagnosis and treatment.

Análisis, diagnóstico y tratamiento del ETS (enfermedades transmitidas sexualmente).

Volunteer Services

AREA SERVED: No restrictions.
LEGEND: M, W, Esp

Volunteer opportunities are available for all services - may need specific training and licensures.

Women's Clinic

AREA SERVED: No restrictions.
LEGEND: W, Appt Req, Esp

Low cost well woman exams.

Exámenes de bajo costo para el bienestar de la mujer.

MONTROSE CLINIC

3311 Richmond Avenue
Houston, TX 77098

MAIN: (713) 830-3033
FAX: (713) 830-3091

CITY SECTION: Central
NEIGHBORHOOD: Montrose

Body Positive Wellness Program

AREA SERVED: Chambers, Fort Bend, Harris, Liberty, Montgomery and Waller counties.

LEGEND: Y, M, W, Free, S\$, Med, Appt Req, Lim, HIV+, Esp

Nutritional supplements and counseling; massage therapy, physical therapy, cardiovascular exercise and weight training. Other rehabilitation services as needed.

Consejería sobre la nutrición y suplementos nutricionales; terapia de masaje, terapia física, ejercicios cardiovasculares y entrenamiento con pesas. En adición, otros servicios de rehabilitación cuando sean necesario.

Frost Eye Clinic

AREA SERVED: Chambers, Fort Bend, Harris, Liberty, Montgomery, and Waller counties.

LEGEND: M, W, Y, Esp, Free to low cost

Optometrist and Ophthalmologist services including eye glasses, contact lenses and CMV screening.

Servicios de optometría y oftalmología, incluyendo anteojos, lentes de contacto y evaluación del CMV.

Montrose Clinic Research

AREA SERVED: No restrictions.
LEGEND: Y, M, W, Free, Appt Req, Esp, HIV+

Medical studies to try and find new and better therapies; must qualify for the medical studies.

Estudios médicos de investigación para el mejoramiento de las terapias para las personas quienes califiquen.

MONTROSE COUNSELING CENTER, INC.

701 Richmond Avenue
Houston, TX 77006

MAIN: (713) 529-0037
FAX: (713) 526-4367
TOLL FREE: (800) 699-0504
TTY: (713) 529-9466
24 HOURS: (713) 529-3211
WEB:

www.montrosecounselingcenter.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Chambers, Fort Bend, Harris, Liberty, Montgomery and Waller counties.

CPCDMS registration, assistance linking to needed services, includes special needs for deaf/hard of hearing clients; Licensed outpatient Level III and IV chemical dependency treatment for gay, lesbian, bisexual, transgender (or very friendly) individuals; professional counseling by licensed therapists - Spanish, Vietnamese and Chinese available.

Registración del CPCDMS, asistencia que conecta con servicios necesarios, incluyendo necesidades especiales de la persona sordomuda; tratamiento externo, acreditado e intensivo de la dependencia de sustancias para clientes gays, lesbianas, bisexuales, transexuales e individuos amigables a dicha población. Terapia profesional proveída por terapeutas licenciados; disponible en español, vietnamés y chino.

Education and Prevention

AREA SERVED: Brazoria, Chambers, Fort Bend, Harris, Jefferson, Liberty, Montgomery, Walker and Waller counties.

LEGEND: M, W, All, I/RR, Free, Appt Req, CD, Esp

Education on HIV, substance abuse, TB, Hepatitis, cultural diversity, STIs, disclosure, negotiating safer sex, club drugs.

Educación sobre un variedad de temas, incluyendo el VIH, abuso de sustancias, tuberculosis, hepatitis, enfermedades transmitidas sexualmente, drogas que se venden en las discotecas y bares, revelación del estado de la salud, diversidad cultural y métodos de negociación para prevenir enfermedades sexuales en la pareja.

Gay and Lesbian Switchboard of Houston

24 HOURS: (713) 529-3211

AREA SERVED: No restrictions.

LEGEND: M, W, F, All, Free

24 hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.

Incarcerated Outreach/Discharge Planning

AREA SERVED: No restrictions.

LEGEND: M, W, I/RR, Free, HIV+, CD

Pre-release discharge planning for

incarcerated within 6 weeks of release.

Planeamiento para personas presas dentro del periodo de 6 semanas antes de ser liberadas de la cárcel o prisión.

MORNING STAR HOSTEL

Satellite of Magnificat House, Inc.
3207 Austin Street
Houston, TX 77004

MAIN: (713) 529-4231

FAX: (713) 520-0461

ALTERNATE: (713) 529-0516

CITY SECTION: Central

NEIGHBORHOOD: Midtown

AREA SERVED: No restrictions.

LEGEND: Adults (age 18 & up), S\$,
Lim, HIV+, CD, Esp

Room, board, supervised living - staff member available 24 hours to assist with resident needs, referrals to needed services. Support with medical needs, bus fare to medical appointments, etc. Recreation & services with Magnificat House residents to integrate PWAs into Magnificat facilities and community life (ie celebrations, outings, etc).

Intérprete disponible.

MOTHERLAND, INC.

4208 Ella Boulevard, Suite D
Houston, TX 77018

Mailing Address:

P O Box 924511

Houston, TX 77292-4511

MAIN: (713) 290-0001

FAX: (713) 290-0023

INTAKE: (713) 415-8305

CITY SECTION: Northwest

NEIGHBORHOOD: Oak Forest/
Garden Oaks

AREA SERVED: No restrictions.

LEGEND: Y, M, W, F, All, Free,
Appt/Walk-ins, CD, Esp

Provides drama and music performances on drug related issues; HIV health education and risk reduction services for youth; HIV/AIDS peer counseling; speakers bureau; support groups.

Proveemos presentaciones teatrales y musicales relacionadas al tema de la droga; educación de salud y del VIH, programa de reducción de riesgo para los adolescentes; consejería del VIH/SIDA; oficina de información; grupos de apoyo.

Turning Point Intervention Program

4208 Ella Boulevard, Suite A
Houston, TX 77018

CITY SECTION: Northwest

NEIGHBORHOOD: Oak Forest/
Garden Oaks

AREA SERVED: No restrictions.

LEGEND: W, Free, Appt/Walk-ins,
CD, Call for more info

Components of the Turning Point program include HIV antibody testing, risk reduction counseling, case management, street/community outreach and educational workshops.



NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE (NAACP)

2002 Wheeler Avenue
Houston, TX 77004

MAIN: (713) 526-3389

FAX: (713) 630-2699

TOLL FREE: (866) 526-2227

WEB: www.naacphouston.org

CITY SECTION: Central

NEIGHBORHOOD: Third Ward

AREA SERVED: Chambers, Ft. Bend,
Harris, Liberty, Montgomery and
Waller counties.

LEGEND: All, Free, Walk-ins, Esp,
HIV+, 300% poverty or below

Legal Assistance Program Legal Redress Clinic

Provision of quality legal services to clients living with HIV/AIDS in the Houston EMA. All legal matters, except criminal, are addressed. Permanency planning and client advocacy workshops. Intake for Legal Redress Clinic: Saturday, 10am-2:30pm (except holidays). Intake for Legal Assistance program by appointment only.

NEIGHBORHOOD CENTERS, INC.

4500 Bissonnet, Suite 200
Bellaire, TX 77401

MAIN: (713) 667-9400

FAX: (713) 669-5236

WEB: www.neighborhood-centers.org

CITY SECTION: Central

NEIGHBORHOOD: Bellaire
AREA SERVED: No restrictions.
LEGEND: All, F, Free, S\$, Flat, Appt
Req, Esp

Head Start and Early Head Start centers; Early Childhood Development centers; youth & family services: life skills; youth development; family plans; adult & youth social programs; health and social services provided by a variety of tenant agencies; The WorkSource childcare and employment development assistance; senior services: congregate meals; social programs; senior companions.

The Bridge/El Puente

6114 Renwick Dr.
Houston, TX 77081

MAIN: (713) 592-0288

A collaboration of agencies that provide literacy training, parenting info, healthcare access and resources for 250 children ages 0-6 and their families who are immigrants located in the Napoleon Square Apartments.

The Bridge II - PIRC

12500 Dunlap Street
Houston, TX 77035

MAIN: (713) 283-0958

A Department of Education parent information and resource center, provides support to Fondren Southwest families with children ages birth to five years old through collaborations with HISD and vocational and social service agencies with access to career development services, literacy instruction, immigration and acculturation issues, education and parental support classes.

COMMUNITY CENTERS

NCI has four community centers that provide programs for children, youth, families and the elderly and respond to the needs of the community by providing information and referral; direct services; emergency services; education and enrichment classes; athletics services; youth services (including school age care) and community events. Ripley House has a charter school that offers classes for grades K-2.

Cleveland-Ripley

720 Fairmont Pkwy.
Pasadena, TX 77504

MAIN: (713) 944-9186

Harbach-Ripley

6225 Northdale
Houston, TX 77087

MAIN: (713) 641-6321

La Porte

911 S. 8th Street
La Porte, TX 77571

MAIN: (281) 471-1824
FAX: (281) 471-2977

Ripley House

4410 Navigation
Houston, TX 77011

MAIN: (713) 315-6400
FAX: (713) 315-6404

EARLY CHILDHOOD DEVELOPMENT CENTERS

These centers provide families and children with a stimulating learning environment where they can acquire a positive foundation for future learning & personal development. Both centers are accredited by the National Academy of Early Childhood Programs.

Magnolia

7037 Capitol
Houston, TX 77011

MAIN: (713) 921-7420

Sharp

4204 Reed Rd.
Houston, TX 77087

MAIN: (713) 733-3565

HEAD START CENTERS

NCI Operates 12 Head Start Centers in SW and W Houston. Head Start and Early Head Start are comprehensive child development programs which serve children from birth to age 5, pregnant women and their families; the overall goal is to increase social competence of young children from low-income families and help them prepare for a successful public school experience. Collaborations with Houston, Alief and Spring Branch Independent School Districts allow NCI to provide the program at 20 area elementary schools as well.

INTAKE: (713) 273-3211

Albury

11125 Albury
Houston, TX 77096

MAIN: (713) 777-8192

Braeburn

9595 Braes Bayou Drive
Houston, TX 77074

MAIN: (713) 776-8403

Cook Road

6959 Cook Road
Houston, TX 77072

MAIN: (832) 351-2794

Dunlap

12600 Dunlap, Bldg. 84
Houston, TX 77035

MAIN: (713) 728-1567

Freedom Station

4500 Bissonnet, Suite 100
Bellaire, TX 77401

MAIN: (713) 224-5437

Klein

6447 Prestwood
Houston, TX 77081

MAIN: (713) 988-6265

Louie Welch

1818 Crockett
Houston, TX 77007

MAIN: (713) 869-2324

New Horizon

6565 Rookin
Houston, TX 77074

MAIN: (713) 779-4856

Panda Path

9575 Pitner Drive
Houston, TX 77080

MAIN: (713) 996-7215

Pines of Westbury

12504 Dunlap, Bldg B
Houston, TX 77035

MAIN: (713) 721-1547

Spring Branch

9655 Long Point
Houston, TX 77055

MAIN: (713) 464-8401

Village Green

14011 Waterloo
Houston, TX 77045

MAIN: (713) 433-2956

HEALTHY START

A program in Sunnyside, Third Ward and Fifth Ward communities whose purpose is to reduce low birth weight and infant mortality rates through health education.

INTAKE: (713) 641-6321

ELDERLY SERVICE LOCATIONS: Congregate Meal Sites

NCI operates programs through 10 senior centers that provide meals and activities for seniors including home delivered meals through referral from the Texas Dept of Human Svcs.

MEAL REFERRALS: (800) 758-8754

Bay Area Service Center

1300 Bay Area Blvd. Suite A
Houston, TX 77058

MAIN: (281) 282-6073

Bealle Village

4463 N. MacGregor Way
Houston, TX 77004

MAIN: (713) 748-3185

Golden Age Hobby House

2805 Winbern
Houston, TX 77004

MAIN: (713) 526-2641

J.W. Peavy

3814 Market
Houston, TX 77020

MAIN: (713) 238-2237

Kashmere Multi-Purpose Center

4802 Lockwood
Houston, TX 77026

MAIN: (713) 678-7554

Magnolia Multi-Purpose Center

7037 Capitol
Houston, TX 77011

MAIN: (713) 928-9590

MD Anderson Center

7305 Navigation
Houston, TX 77011

MAIN: (713) 926-2601

Ripley House

4410 Navigation
Houston, TX 77011

MAIN: (713) 315-6400

Tri-Community

9525 Clinton Dr.
Houston, TX 77029

MAIN: (713) 671-9317

West End Multi-Purpose Center

170 Heights Blvd., Houston, TX 77007

MAIN: (713) 866-4253

The Worksource Childcare

MAIN: (713) 665-7774

TOLL FREE: (800) 635-0618

WorkSource clients choose their own childcare arrangements from among 1,300 private providers. The program serves Austin, Brazoria, Chambers, Colorado, Ft. Bend, Galveston, Harris, Liberty, Matagorda, Montgomery, Walker, Waller and Wharton counties.

NEW HOPE COUNSELING CENTER

6420 Hillcroft Street, Suite 314
Houston, TX 77081

MAIN: (713) 776-8006

FAX: (713) 776-8030

CITY SECTION: South

NEIGHBORHOOD: Sharpstown

AREA SERVED: Zip codes: 77002, 21, 98, 33, 35, 04, 06, 80, 82, 91, 60, 36, 35, 56, 88, 09, 26, 74

LEGEND: M, W, All, Free, Walk-ins, CD

Health education and risk reduction programs targeting youth, African American females and the general public; community based volunteerism; alcohol and drug abuse prevention and counseling; food pantry; supportive services; internship and after school programs.

NEW HORIZON FAMILY CENTER

(Formerly Bay Area Women's Center)
5307 Decker Drive, Baytown, TX 77520

MAIN: (281) 424-3300

FAX: (281) 428-1699

TOLLFREE/24 HRS: (800) 824-4807

WEB: www.newhorizonfc.org

CITY SECTION: East

NEIGHBORHOOD: Baytown

AREA SERVED: Chambers, Dayton, eastern Harris and Liberty counties

LEGEND: W, C, Y, All, Free, Appt Req, Lim, Esp

Emergency shelter and outreach services for survivors of domestic violence and sexual assault. Outreach services include: counseling, legal advocacy, community education and a 24 hour crisis hotline (talk about problems/voice concerns, information, referrals, intake). All services are provided free of charge.

NEW VISION PROGRAM AT RIVERSIDE HOSPITAL

3204 Ennis
Houston, TX 77004

MAIN: (713) 523-6413

FAX: (713) 523-6728

TOLL FREE: (800) 939-CARE

CITY SECTION: Central

NEIGHBORHOOD: Riverside

AREA SERVED: Austin, Brazoria, Chambers, Colorado, Ft. Bend, Galveston, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties.

LEGEND: All, I/RR, Med, Ins, Walk-ins, CD

Medical detox treatment; after completing detox program, clients move to alumni program to continue outpatient treatment and attend support groups.

NIGHTINGALE ADULT DAY CENTER

5807 Holly
Houston, TX 77074

MAIN: (713) 981-1543

FAX: (713) 995-6376

TTY: (713) 981-1543

CITY SECTION: Southwest

NEIGHBORHOOD: Sharpstown

AREA SERVED: No restrictions.

LEGEND: M, W, Free, S\$, CD, Appt Req

Employment and training; interpreter services for the Deaf and hard of hearing.

NONPROFIT CONSULTING SERVICES, LLC

2211 Norfolk, Suite 616
Houston, TX 77098

MAIN: (713) 526-3137

FAX: (713) 526-3057

TOLL FREE: (866) 526-3137

WEB: www.nonprofitconsulting.com

CITY SECTION: Central

NEIGHBORHOOD: Montrose

AREA SERVED: No restrictions.

NORTH CHANNEL ASSISTANCE MINISTRIES

13837 Bonham Street
Houston, TX 77015

MAIN: (713) 453-8028
FAX: (713) 453-2807

CITY SECTION: East
NEIGHBORHOOD: Northshore
AREA SERVED: Zip codes: 77013,
77015, 77029, 77044, 77049,
77078, 77530.

LEGEND: All, Free, Walk-ins, Must
have ID, Proof of residence &
income

*Food, clothing vouchers, school uniforms
and supplies, Thanksgiving baskets,
Christmas toys, nutrition classes and food
stamp assistance. Mon-Thurs only.*

*Alimentos, cupones para vestimenta, uni-
formes y provisiones escolares, canastas
de acción de gracias, clases de nutrición y
asistencia de estampillas para alimentos.*

NORTHSHORE COUNSELING CENTER

333 Freeport
Houston, TX 77015

MAIN: (713) 637-6000
FAX: (713) 637-6009

CITY SECTION: East
NEIGHBORHOOD: Northshore
AREA SERVED: No restrictions.
LEGEND: All, Med, Priv pay, Ins

*Individual, family and couples coun-
seling; psychological evaluation and
assessment; employment testing.*

NORTHWEST ASSISTANCE MINISTRIES

15555 Kuykendahl Road
Houston, TX 77090

MAIN: (281) 583-5600
FAX: (281) 583-5602
WEB: www.namonline.org

CITY SECTION: North
NEIGHBORHOOD: Bammel

AREA SERVED: Zip codes: 77014,
77038, 77060, 77066, 77067,
77068, 77069, 77070, 77073,
77086, 77090, 77373, 77379,
77386, 77388, 77389.

LEGEND: F, Free, Appt Req, Esp

Assistance Program

*The Assistance Program is open
weekdays from 10am-5pm and
offers trained volunteer counselors
to assess each clients' needs and
match needs with the services avail-*

*able within NAM and in greater
Houston. For those who qualify, in
addition to counseling, the
Assistance Program provides food,
clothing, financial aid for housing
payments, utility bills and trans-
portation.*

*Dispone de consejeros voluntarios
entrenados a evaluar las necesidades
del cliente y proporcionar los servi-
cios disponibles en NAM y en el àrea
metropolitana Houston. Para los que
califiquen, el programa ofrece conse-
jería, alimento, vestimenta, ayuda
financiera para renta y utilidades, y
transportación. Abierto de lunes a
viernes de 10am – 5pm.*

Children's Clinic

*The Children's Clinic is open Monday
through Friday from 8:00 a.m. until
4:30 p.m. It offers a full range of ser-
vices, including well-child check-ups
and acute care for children ages
newborn through 18 years whose
families have Medicaid, CHIP, are
uninsured/underinsured or may not
be eligible for government-funded
programs. Physicians, nurses and a
case manager work together to take
into account the child's overall
health, nutrition and home environ-
ment while emphasizing helping the
whole family*

*La clínica está abierta de lunes a
viernes de 8am a 4:30pm Ofrece una
variedad de servicios, incluyendo una
evaluación para el bienestar del niño
y cuidado agudo para niños recién
nacidos y hasta los 18 años de edad,
cuyas familias tengan Medicaid,
CHIP, no tengan seguro médico o
poco seguro médico, o no sean elegi-
ble para otros programas de fondos
gubernamentales. Médicos, enfer-
meros y administradores de casos
trabajan en conjunto para cumplir
con la necesidad completa del niño,
incluyendo la nutrición y un ambi-
ente hogareño con énfasis en ayudar
a la familia entera.*

Education Program

*Education is one of the basic tools
with which clients can implement
their plan for a better tomorrow.
Classes for GED and ESL are offered
through our Learning Center.*

*La educación es un tema clave del
cual los clientes pueden implementar
un plan para un futuro mejor. Se
ofrecen clases de GED e inglés en
nuestro centro educacional.*

NORTHWEST CLINIC

See Harris County Hospital District

NUCLEAR IMAGING OF TEXAS

1213 Hermann Drive, Suite 885
Houston, TX 77004

MAIN: (713) 523-6700
FAX: (713) 523-2626
WEB: www.nucimaging.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: All, Med, Flat, Appt Req, Esp

*MRI; CT scan; ultrasound and doppler
studies; bone mineral density; all
diagnostic and therapeutic nuclear
medicine procedures.*

*Se ofrece MRI, CT scan, estudios de
ultrasonido y doppler, análisis de la
densidad del mineral del hueso; pro-
cedimientos terapéuticos de diagnós-
tico y medicina nuclear.*



OPEN DOOR MISSION

5803 Harrisburg
Houston, TX 77011

MAIN: (713) 921-7520
FAX: (713) 921-4206
WEB: www.opendoorhouston.org

CITY SECTION: Central
NEIGHBORHOOD: Second Ward
AREA SERVED: No restrictions.
LEGEND: M, Free, Walk-ins, Lim, CD

*Men's homeless shelter providing
meals and shelter; 9 month faith-
based substance abuse recovery pro-
gram; work/savings program; voca-
tional training; GED/ESL/general
education classes.*



PALMER DRUG ABUSE PROGRAM

Mailing Address:
10375 Richmond Ave, Suite 1700
Houston, TX 77042

MAIN: (713) 273-2691
FAX: (713) 273-2696
WEB: www.pdaphouston.org
LEGEND: Y, Free, Walk-ins, CD

Age 12 to 17 groups: BELLAIRE

MAIN: (713) 668-0133
CITY SECTION: Central
NEIGHBORHOOD: Bellaire
AREA SERVED: Harris county

MEMORIAL AND KATY

MAIN: (281) 870-9311
CITY SECTION: West
NEIGHBORHOOD: Katy
AREA SERVED: Harris county

NORTHSIDE

MAIN: (713) 691-7007
CITY SECTION: Northeast
NEIGHBORHOOD: Eastex/Jensen
AREA SERVED: Harris county

SOUTHSIDE

MAIN: (713) 691-7007
CITY SECTION: Southeast
NEIGHBORHOOD: Hobby
AREA SERVED: No restrictions.

SPRING

MAIN: (281) 353-2272
CITY SECTION: North
NEIGHBORHOOD: Spring
AREA SERVED: Harris county

Age 17 to 25 group: WESTSIDE

MAIN: (713) 647-8858
CITY SECTION: West
NEIGHBORHOOD: Memorial
AREA SERVED: Harris county

A 12-step program designed to meet the needs of teenagers, young adults and their families. Included in our services are: crisis intervention, client assessment and referral, individual and family sessions, 12-step support groups, sober social activities, com-

munity education and prevention programs.

PARK PLAZA HOSPITAL

1313 Hermann Drive
Houston, TX 77004

MAIN: (713) 527-5000
FAX: (713) 524-6159
WEB: www.parkplazahospital.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: M, W, Ins, Priv pay

Emergency care; day surgery and surgical services; radiation oncology; cardiovascular and cardiology specialties; diabetes services; maternity care center; orthopedics outpatient services; radiology; sleep disorder studies; wound care; hand and upper extremity center; rehabilitation services (inpatient and outpatient); general acute care.

PAWS HOUSTON - Pets Are Wonderful Support

14900 Woodham Drive, Suite 170-A
Houston, TX 77073

MAIN: (281) 443-3360
FAX: (281) 443-4477
WEB: www.pawshouston.org

CITY SECTION: North
AREA SERVED: Houston area
LEGEND: All, Free, S\$, Lim

Services for low income pet owners living with a terminal illness. Services include an animal food bank, subsidized veterinary care, volunteer pet care, grooming, and foster care when necessary. Provides Safe Pet Guidelines for clients as well as education of the medical and veterinary communities about the benefits and risks of animal companionship for people with medical and financial hardships.

Servicio para las personas con una enfermedad terminal quienes necesitan ayuda con sus animales domésticos. Éstos incluyen alimento, cuidado médico subsidiario, cuidado proveído por un voluntario, aseo y cuidado temporal del animal cuando sea necesario. En adición, ofrece educación sobre la seguridad de los dueños, y los beneficios y riesgos que corren las personas con dificultades médicas y financieras de tener un animal doméstico.

PEOPLE WITH AIDS COALITION - HOUSTON

603 Avondale
Houston, TX 77006

MAIN: (713) 522-5428
FAX: (713) 522-2674
TOLL FREE: (800) 999-0325
TTY: (713) 522-5428
WEB: www.pwach.org

LEGEND: Adults, Free, Walk-ins, HIV+, Criminal background check, TB test, Esp

Volunteer opportunities include office support, warehouse, fundraising, newsletter and public relations, in addition to the PWAC volunteer program at Thomas Street Clinic.

Si desea ser un voluntario, existen muchas oportunidades: ayuda con tareas en la oficina de nuestro centro de operaciones, en la bodega, recaudando fondos, con la producción del boletín y relaciones públicas, y tareas en la oficina de voluntarios ubicada en la Clínica Thomas Street.

Adolescent Case Management & Outreach

MAIN: (713) 522-5428
CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: Y (ages 13-24)

Childcare at Thomas Street Clinic

2015 Thomas Street
Houston, TX 77009

CHILDCARE: (713) 873-4162
VOLUNTEER OFC: (713) 873-4160
FAX: (713) 873-4079

CITY SECTION: Central
NEIGHBORHOOD: Near Northside
AREA SERVED: No restrictions.
LEGEND: C, M, W, Free, Appt Req, HIV+, Esp

Onsite childcare for families visiting Thomas Street Clinic for medical appointments or social services. The onsite childcare program has been expanded to include Maya's Place, Bering Omega Community Services and Montrose Clinic. This is a mobile service available at all primary care sites or psychosocial services.

Ofrecemos una guardería para niños de familias que asisten a citas médicas o servicios sociales en la Clínica Thomas Street. Este servicio se ha

extendido a incluir otras localidades así como Maya's Place, Bering Omega Community Services y Montrose Clinic. Este servicio es móvil, por lo tanto, está disponible en todos los sitios donde ofrecen cuidado primario o servicios psicológicos.

Consumer Advocate Training Program (CATP)

4100 Milam
Houston, TX 77006

MAIN: (713) 520-9248

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: W, HIV+

The CATP is funded through Ryan White Title IV and its focus is HIV+ women. It is an advocacy training program with multiple sessions and concludes with a retreat. The sessions cover topics such as treatment adherence, medical support, understanding the system of care & the funding sources, emotional support and skills building. Child care is provided.

Group Level Intervention

LEGEND: M, W, Y(19-24), Free, Appt/Walk-ins, CD

Group level intervention is designed to assist clients, both HIV positive and negative, with tools to help change behaviors that put them at risk for HIV and other transmittable diseases.

Intervención a nivel grupal diseñada para asistir a clientes VIH+ y VIH- para el cambio de comportamientos que los ponen a riesgo de contraer el VIH u otras enfermedades transmisibles.

Individual Level Intervention

LEGEND: M, W, Y (ages 19-24), Free, Appt/Walk-ins, HIV+, CD

Individual level intervention is designed to assist clients on a one-on-one basis with methods to help change behaviors that put them and others at risk for HIV and other STDs.

Intervención a nivel individual diseñada para asistir al cliente a que cambie el comportamiento que lo pone a riesgo de contraer el VIH u otras enfermedades transmitidas sexualmente.

Milam House

4100 Milam Street
Houston, TX 77006

MAIN: (713) 520-9248
FAX: (713) 526-0563

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: M, All, I/RR, Free, Lim, HIV+, CD, Homeless

An 8 bed facility with a maximum 6 month stay, Milam House provides temporary housing to men living with drug or alcohol addiction and HIV/AIDS. While receiving treatment for addiction, residents attend school, hold jobs or attend job training programs; attend support meetings and learn valuable life skills.

La Casa Milam provee vivienda temporaria para hombres con el VIH/SIDA con adicción a drogas o alcohol. Tiene una capacidad de admitir a 8 personas con estadía máxima de 6 meses. Mientras los residentes reciben tratamiento para la adicción, también asisten a clases educacionales, mantienen empleos o asisten a programas de entrenamiento para prepararlos a conseguir un empleo, y asisten a grupos de apoyo donde aprenden habilidades para mantener una buena vida.

New Beginnings - Household Restart Program

LEGEND: All, I/RR, Free, Walk-ins, HIV+, ESP

Provides free furniture and household goods for clients in need. This program mostly utilizes donated goods - anyone wishing to donate can drop off at our location or call to arrange for pick up.

Provee muebles y artículos para la casa gratuitamente a clientes que califiquen. Este programa depende en gran parte de donaciones - si desea donar, favor de traer su donación a nuestra oficina o llámenos y lo levataremos de su domicilio.

PET BEREAVEMENT COUNSELING SERVICES

2400 Westheimer, Suite 209 W
Houston, TX 77098-1305

MAIN: (713) 522-8344

CITY SECTION: Central
NEIGHBORHOOD: Greenway/
Upper Kirby
AREA SERVED: No restrictions.
LEGEND: Not specified.

PFLAG HOUSTON

Mailing Address:
P O Box 66834
Houston, TX 77266-6834

MAIN: (713) 46P-FLAG
WEB: www.pflaghouston.org

Meeting Location:

St. Paul's United Methodist Church
5501 South Main at Binz
Houston, TX 77004

CITY SECTION: Central
NEIGHBORHOOD: Hermann Park
AREA SERVED: No restrictions.
LEGEND: All, Free

The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom - the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. You may leave your message in confidence. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message. Your call is very important to us, but if you are not in the Houston area, we suggest first looking for a chapter in your area by going to the PFLAG National web site at www.pflag.org/chapters/find.html. However, don't hesitate to call us if you cannot find help elsewhere.

PLANNED PARENTHOOD OF HOUSTON & SOUTHEAST TEXAS, INC.

3601 Fannin Street
Houston, TX 77004

MAIN: (713) 522-6240
FAX: (713) 522-9047
WEB: www.pphouston.org

To be automatically connected to the nearest clinic, call:

TOLL FREE: (800) 230-PLAN
CITY SECTION: All
AREA SERVED: No restrictions.

LEGEND: M, W, Y, Free/\$\$,
Walk-ins, Esp

HIV counseling and testing, medical services for women, youth and teens (gynecology and birth control), abortion.

POSITIVE ART WORKSHOP

GLBT Community Center
3400 Montrose Boulevard, Suite 207
Houston, TX 77006

MAIN: (713) 524-3818

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: All, Free, HIV+

A free art class for those living with HIV that provides a supportive environment in which students explore the use of the creative arts for self healing, growth and personal transformation.

POSITIVE EFFORTS

5100 Milwee, #123
Houston, TX 77092

MAIN: (713) 812-0044
FAX: (713) 957-1542

CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest/Garden Oaks
AREA SERVED: No restrictions.
LEGEND: W, All, Free, CD

Health education in underserved communities; community outreach; referrals; speaker bureau.

PRESBYTERIAN CHILDREN'S HOME

Presbyterian Child and Family Program

5020 W. Belfort
Houston, TX 77035

MAIN: (713) 721-2908
FAX: (713) 721-2909

CITY SECTION: Southwest
NEIGHBORHOOD: Willow Meadows/
Willow Bend
AREA SERVED: No restrictions.
LEGEND: All, Free

PRIME CARE AMBULANCE SERVICE

4701 Caroline
Houston, TX 77004

MAIN: (713) 521-1426
DISPATCH: (713) 521-1424
FAX: (713) 521-1496

TOLL FREE: (800) 301-2882
WEB: www.PrimeCareEMS.com

CITY SECTION: Central
NEIGHBORHOOD: Binz
AREA SERVED: No restrictions.
LEGEND: Not specified.

Non-emergency ambulance transfers.

PSA HEALTHCARE

15535 West Hardy Road, #102
Houston, TX 77060

MAIN: (281) 999-8566
FAX: (281) 999-4103
TOLL FREE: (800) 859-8566
WEB: www.psakids.com

CITY SECTION: North
NEIGHBORHOOD: Aldine
AREA SERVED: No restrictions.
LEGEND: Not specified.

Infusion; injectables; nursing; durable medical equipment and oxygen.



RECOVERY CAMPUS OF HOUSTON, INC. Barbara Jordan Health Care Center

4514 Lyons Avenue
Houston, TX 77020

MAIN: (713) 331-2632
FAX: (713) 331-2634
WEB: www.rchinc.net

CITY SECTION: Central
NEIGHBORHOOD: Fifth Ward
AREA SERVED: Austin, Brazoria,
Chambers, Colorado, Fort Bend,
Galveston, Harris, Liberty,
Matagorda, Montgomery,
Walker, Waller and Wharton
counties

LEGEND: M, W, Y, Lim, HIV+, CD

Inpatient and outpatient substance abuse treatment for people with HIV/AIDS. Services include case management, GED and life skills classes, job training and assistance and referrals for and transportation to needed services.

RENEWED INNOVATIONS, INC.

15510 Boulder Oaks
Houston, TX 77054

MAIN: (713) 345-4432
FAX: (713) 345-4431

Camille's Boutique - Upscale Resale & Retail Training Program

10153 Hammerly Boulevard
Houston, TX 77080

MAIN: (713) 932-6388
FAX: (713) 932-6389

CITY SECTION: West
NEIGHBORHOOD: Spring Shadows
AREA SERVED: No restrictions.
LEGEND: W, Flat, Lim

Each 2nd and 4th Saturday, offer clothing to the needy through referrals; Every 1st and 3rd Friday Seniors can shop for a percentage off the regular price; provide low income women with interview appropriate attire; 5 week retail training program teaches merchandising, pricing and inventory, customer service, daily sales transactions, basic bookkeeping, and job readiness; volunteer program for senior women. Donations accepted daily and are tax deductible.

The Bethel Home

2703 Teague, Suite 753
Houston, TX 77080

MAIN: (713) 690-9403

CITY SECTION: West
NEIGHBORHOOD: Spring Shadows
AREA SERVED: No restrictions.
LEGEND: W, Flat, Appt Req, Lim,
must have job after 30 days

Services targeting women in transition, elderly or homeless: affordable housing for up to one year (gain rental history); self pace development program; job training and placement; individual counseling; educational enhancements; spiritual development; internal transition beauty make overs. Program is designed to help women work towards financial independence and employment opportunities in a positive environment in order to build self esteem.

RESURRECTION METROPOLITAN COMMUNITY CHURCH

2025 West 11th Street
Houston, TX 77008

MAIN: (713) 861-9149
FAX: (713) 861-2520

WEB: www.resurrectionmcc.org

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: No restrictions.
LEGEND: All, appt/Walk-ins, ID required

Food pantry, rent and utility assistance (as available: M, W, F only), and financial assistance for HIV+ persons by appointment only. Sunday worship service in the Christian tradition.

RIVER OAKS HEALTH ASSOCIATION

312 West Alabama
Houston, TX 77006

MAIN: (713) 278-2252
FAX: (713) 278-2241

HELP House

MAIN: (713) 528-4933
CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: M, W, S\$, Appt Req, Lim, HIV+, Homeless

Short term housing for HIV+ persons who are homeless. Clients have access to case management, clothing and household items, chemical dependency treatment, education programs, employment assistance, food, information, health education, mental health counseling and transportation.

RIVERSIDE GENERAL HOSPITAL

3204 Ennis Street
Houston, TX 77004

MAIN: (713) 526-2441

Quality Living Program

7655 Belfort
Houston, TX 77061

MAIN: (713) 526-2441
CITY SECTION: Southeast
NEIGHBORHOOD: Golfcrest
AREA SERVED: No restrictions.
LEGEND: M, W, F, Walk-ins, HIV+, CD

Substance abuse and relapse prevention education, life skills and Job Quest training. Support services and referrals.

ROSENBERG-RICHMOND HELPING HANDS, INC.

802 Morton Street
Richmond, TX 77469

MAIN: (281) 232-4904
CITY SECTION: Southwest
NEIGHBORHOOD: Richmond
AREA SERVED: Zip codes: 77417, 77421, 77441, 77444, 77451, 77461, 77464, 77469, 77471, 77476, 77481.

LEGEND: All, Free, Walk-ins
Food, clothing, school supplies, financial assistance (as available); referrals to needed services.

RYAN WHITE PLANNING COUNCIL OFFICE OF SUPPORT

2223 West Loop South, Suite 240
Houston, TX 77027

MAIN: (713) 572-3724
FAX: (713) 572-3740
TTY: (713) 572-2813
WEB: www.rwpc.org

CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: No restrictions.
LEGEND: All, Free

Support staff for Houston's Ryan White Planning Council. The RWPC prioritizes and allocates funds for HIV services. All meetings are open to the public. The office of support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book".



SAAFE HOUSE

2432 Sam Houston Avenue
Huntsville, TX 77340

MAIN: (936) 291-3529
FAX: (936) 291-1327
24 HOURS: (936) 291-3369
WEB: www.saafefhouse.org

CITY SECTION: North
NEIGHBORHOOD: Huntsville
AREA SERVED: Polk, Walker and surrounding area.
LEGEND: All, Free, S\$

SAAFE House

602 Church Street
Livingston, TX 77351

MAIN: (936) 327-6427
INTAKE: (936) 327-9525
24 HOURS: (936) 327-2513

CITY SECTION: North
AREA SERVED: No restrictions.
LEGEND: All, Free, S\$

24 hour crisis intervention and support services to victims of family violence and sexual assault; counseling services; shelter; children's programs; legal advocacy; education classes.

SALVATION ARMY, HOUSTON AREA COMMAND Social Services Dept.

1500 Austin
Houston, TX 77002

MAIN: (713) 752-0686
FAX: (713) 739-0105
WEB: www.salvationarmyhouston.org

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris county
LEGEND: All, Free, Esp

Emergency assistance with food, rent, water bill, clothing.

SALVATION ARMY - MAINLAND CORPS

4210 Texas Avenue
Texas City, TX 77591

MAIN: (409) 935-1190
FAX: (409) 935-6523

CITY SECTION: Southeast
NEIGHBORHOOD: Texas City
AREA SERVED: Mainland Galveston county

LEGEND: All, Free, Walk-ins, Lim, Esp
Emergency food; rental and utility assistance; shelter and clothing.

SALVATION ARMY - MONTGOMERY COUNTY

304 Avenue E
Conroe, TX 77301

Mailing Address:
P O Box 897
Conroe, TX 77305

MAIN: (936) 760-2440
FAX: (936) 760-2484
WEB: salvationarmyhouston.org

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED: Montgomery county
LEGEND: All, Free, Walk-ins

Social services include utility, rental, bus ticket and prescription assistance; food pantry; clothing and household items; emergency shelter; noon feeding program.

SAN JOSE CLINIC

301 Hamilton
Houston, TX 77002

INTAKE: (713) 228-2651
MAIN: (713) 228-9411
FAX: (713) 228-6371
WEB: sanjoseclinic.org

CITY SECTION: Central

NEIGHBORHOOD: Downtown
AREA SERVED: No restrictions.
LEGEND: All, S\$, Appt Req, Esp
HIV testing.
Análisis del VIH.

SANTA MARIA HOSTEL

2005 Jacquelyn
Houston, TX 77055

IFAX: (713) 957-1898
INTAKE: (713) 957-2413

CITY SECTION: Northwest
NEIGHBORHOOD: Spring Branch
AREA SERVED: No restrictions.
LEGEND: W, F, S\$, Appt Req, CD, Esp

Residential Level II and III substance abuse treatment for women and women with children (up to age 12); Outpatient Level III and IV substance abuse services for women.

Servicio residencial para el tratamiento del abuso de sustancias de niveles II y III para mujeres y madres con niños (máxima edad del niño es 12 años); servicio no-residencial para el tratamiento del abuso de sustancias de niveles III y IV para mujeres.

Halfway House

807 Paschall Street
Houston, TX 77009

MAIN: (713) 222-0850
FAX: (713) 222-6425

CITY SECTION: Central
NEIGHBORHOOD: Near Northside
AREA SERVED: No restrictions.
LEGEND: W, S\$, Appt Req, CD, Esp

Outpatient Level III and IV substance abuse services for women.

SCCI HOSPITAL - HOUSTON CENTRAL

105 Drew Street
Houston, TX 77006

MAIN: (713) 529-8922
FAX: (713) 529-3032
WEB: www.scci-hospitals.com

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: M, W, Med, Priv pay, Ins, clinical assessment, home assessment, Esp

Long term acute care for medically complex patients. Providing wound care, respiratory and renal care, telemetry and nutritional support;

Multi disciplinary team, MD, nurses, PT/OT, RD, RT, pharmacist and CM. JCAHO accredited hospital.

SCOTT-TEE'S LOVE FOUNDATION

5309 Higgins Street
Houston, TX 77033

Mailing Address:
PO Box 330393
Houston, TX 77233

MAIN: (713) 733-1026

CITY SECTION: South
AREA SERVED: No restrictions
LEGEND: All, Walk-ins

Clothing/household items; educational programs; food; some housing assistance and transportation; counseling; volunteer opportunities; social activities; 24-hour hotline. All services are provided by trained volunteers.

SEARCH

2505 Fannin Street
Houston, TX 77002

MAIN: (713) 739-7752
FAX: (713) 739-9201
WEB: www.searchproject.org

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: No restrictions.
LEGEND: M, W, F, I/RR, All, Free, Walk-ins, CD, Esp, Homeless only

Long-term housing, employment services, educational services

Vivienda a largo plazo, servicios laborales y educacionales.

SER HOUSTON Main office

6615 Rookin Street
Houston, TX 77074

MAIN: (713) 773-6000
FAX: (713) 773-6010
WEB: www.serhouston.org

Worksource SER Gulf Coast

3500 Little York, Suite 1-A
Houston, TX 77093

MAIN: (713) 697-3437
FAX: (713) 697-4063
WEB: www.worksource.org

CITY SECTION: North
NEIGHBORHOOD: Eastex/Jensen
AREA SERVED: Harris county.
LEGEND: M, W, Y (ages 13-19), Free, Walk-ins, CD, Esp, proof of income & ID

One stop job services: self help use of computers, fax & copiers. Workshops and job referrals with counselors on hand to answer questions. Assist with comprehensive assessments and training provided if qualified. Testing and expanded services to find employment. Also provide assistance to unemployed, dislocated workers.

SERENITY MORTUARY

8619 Windswept Lane
Houston, TX 77063

MAIN: (713) 789-6448
FAX: (713) 789-5668

CITY SECTION: Southwest
NEIGHBORHOOD: Woodlake/Briar Meadow
AREA SERVED: No restrictions.
LEGEND: All

Complete funeral services including direct cremations, memorial services, domestic and international transport; prearranged burial plans and burial insurance.

SETTEGAST CLINIC

See Harris County Hospital District

SIGN LANGUAGE ACCESSIBLE INTERPRETERS (Accessible Signs)

P O Box 10126
Houston, TX 77206-0126

MAIN: (713) 263-9670
FAX: (713) 263-9737
TTY: (713) 263-8299
24 HOURS: (713) 501-8273
WEB: accessiblesigns.com

CITY SECTION: All
NEIGHBORHOOD: Not applicable
AREA SERVED: No restrictions.
LEGEND: All, Flat

Sign language interpreters, oral interpreters and information and referral for the deaf and hard of hearing community. English, ASL and oral communication available. Interpreters are available 24-hours a day and many are trained in HIV/AIDS.

SIGN SHARES

99 Detering, Suite 160
Houston, TX 77007

MAIN: (713) 869-4373
FAX: (713) 869-8463
TTY: (713) 869-4373

WEB: www.signshares.com
CITY SECTION: Central
AREA SERVED: No restrictions.
LEGEND: All, Flat, TCDHH funding available

Sign language, oral interpreting and transliteration services. Specialty in medical, legal, technical and special events. Services also available for foreign sign language users and trilingual (Spanish) events. Services available 365 days/24 hours to all sectors and venues. Video conference available by appointment. Services include trilingual English/ASL/Spanish and services to Deaf and hard of hearing immigrants of Spanish speaking countries.

Servicio del habla por señas, interpretación oral y traducción. Especializados en el área médica, legal, técnico, eventos especiales, el habla por señas utilizado en otros países, y en eventos trilingüe (español). Estos servicios están disponibles las 24 horas del día, 365 días del año. Conferencia en video disponible con una cita.

SISTERS INSPIRING SISTERS

Location Confidential
Houston, TX 77006

MAIN: (713) 751-8805
Voice Mail: (713) 276-0395
CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: W, Free, RSCP required, HIV+, CD

Support group to empower and educate HIV+ women to maintain a healthy quality lifestyle. Provides HIV/AIDS education and updates, guest speakers, information on research/clinical trials, light healthy snacks and childcare for group attendees. This group meets twice a month, please call for more information.

SOCIAL SECURITY ADMINISTRATION

Call for nearest office:
TOLL FREE: (800) 772-1213
TTY: (800) 325-0778
WEB: www.ssa.gov
CITY SECTION: All
AREA SERVED: No restrictions.
LEGEND: All, Walk-ins, Free, Esp

Social security retirement; survivor, disability and Medicare benefits; supplemental security income benefits for aged, blind and disabled.

SOUTH TEXAS COLLEGE OF LAW

Legal Clinic
1602 San Jacinto
Houston, TX 77002

MAIN: (713) 652-0009
FAX: (713) 652-5960

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris county
LEGEND: All, Appt Req, Esp

Legal services including Social Security disability, simple divorces, adult name changes, guardianship of the person, some wills and probate matters.

SOUTHEAST AREA MINISTRY

2102 Houston Boulevard
South Houston, TX 77587

Mailing Address:
P O Box 750158
Houston, TX 77275-0158

MAIN: (713) 944-0093
FAX: (713) 944-2157

CITY SECTION: Southeast
NEIGHBORHOOD: South Houston
AREA SERVED: Zip codes: 77504, 77587, 77034, 77075, 77089.

LEGEND: All, F, Walk-ins, Free
Food; used clothing, furniture and household items; financial assistance for housing, utilities, prescriptions, job needs and transportation; referrals; school uniforms, shoes and supplies; Christmas gifts.

SOUTHEAST TEXAS LEGAL CLINIC

3400 Montrose Blvd., Suite 233
Houston, TX 77006

Mailing Address:
P O Box 667007
Houston, TX 77266

MAIN: (713) 523-7852
FAX: (713) 523-4253
TOLL FREE: (800) 642-3994

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties.

LEGEND: All, F, Walk-ins, Free, HIV+, Esp

Provide free legal services to qualified individuals. Can assist in civil matters related to HIV status.

SOUTHSIDE PHARMACY - INFUSION

4009 Bellaire Blvd., Suite J
Houston, TX 77025

MAIN: (713) 660-8888
FAX: (713) 661-4828

TOLL FREE: (888) 660-MEDS
WEB: www.southsidepharmacy.com

CITY SECTION: Central
NEIGHBORHOOD: West University
AREA SERVED: No restrictions.
LEGEND: All, F, Med

Pharmacy, home infusion, durable medical equipment, compounding, refill reminders, delivery.

SOUTHWEST AREA MINISTRY

12621 Bissonnet
Houston, TX 77099

Mailing Address:
P O Box 720539
Houston, TX 77272-0539

MAIN: (281) 530-8633
FAX: (281) 530-5839

CITY SECTION: Southwest
AREA SERVED: Zip codes: 77031, 77036, 77071, 77072, 77074, 77083, 77099 and the area north of Hwy 90-A/east of FM 1464 in zip codes: 77477, 77478, 77489.

LEGEND: All, F, Walk-ins, Free
Emergency assistance only. Provides 5-days of food; clothing; household items for startup homes; emergency assistance with rent and utilities. Must have photo ID, current proof of residence and documentation of recent emergency; pre-screening required for financial assistance.

SPAY-NEUTER ASSISTANCE PROGRAM (SNAP)

P O Box 70286
Houston, TX 77270

MAIN: (713) 862-3863
FAX: (713) 880-3172
TOLL FREE: (800) 762-7762

WEB: www.snapus.org

Spay-Neuter Clinic

1603 Shepherd Drive
Houston, TX 77007

MAIN: (713) 863-0010
FAX: (713) 863-8804

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: No restrictions.
LEGEND: Free, Low cost, Appt Req

*Clinic hours: Thurs-Sun 7:30am-6pm.
Phones answered 9am-4pm, Th-Sun.*

Animal Aid Program Wellness Clinic

1801 Durham, Suite 1
Houston, TX 77007

MAIN: (713) 862-8001
INTAKE: (713) 863-0010
FAX: (713) 863-8964

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: No restrictions.
LEGEND: Free, Low cost, Walk-ins

Free vaccinations and basic vet care to dogs and cats living with qualified families affected by HIV/AIDS. Spaying or neutering, free of charge, is required for animals receiving care through SNAP. Clients are referred by AIDS service agencies including: AIDS Foundation Houston, The Assistance Fund, Bering Dental, Center for AIDS, Montrose Clinic, Montrose Counseling Center, Northwest Clinic, PAWS-Houston, PWA Coalition, Stone Soup and Thomas Street Clinic. An identification card is issued and must be presented at each visit. There is currently no limit to the number of visits or animals for any one client. Clinic hours: Wed/Thurs 12pm-9pm; Fri/Sat 9am-6pm; Sun 12pm-4pm.

Spay-Neuter Mobile Program

MAIN: (713) 522-2337

CITY SECTION: All
AREA SERVED: Harris county
LEGEND: Free or low cost, first come-first served

Call for dates and locations. Free spay or neuter, rabies shot, city license; low cost distemper shot, deworming, flea prevention. Must have proof of participation in one of these programs: food stamps, TANF, WIC, AIDS Foundation Houston, SSI/SSD, major VA disability, Harris County gold card, Medicaid or Section 8. Clients should arrive as

early as 6 am as there are only 24 spots available.

ST. HOPE FOUNDATION

6200 Savoy, Suite 540
Houston, TX 77036

MAIN: (713) 778-1300
FAX: (713) 778-0827
TOLL FREE: (877) 559-HOPE
TRANSPORTATION: (713) 778-0358
WEB: www.offeringhope.org

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties

LEGEND: M, W, F, All, I/RR, Free, Appt/Walk-ins, Esp, HIV+

Medical Case Management:

Medical Case Management for people living with HIV/AIDS. The team consists of a nurse, several case managers and service linkage staff who have extensive experience in educating and monitoring the clients adherence to their treatment regimen. In addition, the team will coordinate and link clients to various support services within the community.

Outreach (targeting African Americans):

The goal of the H.O.P.E. (Helping-Others-Pursue-Empowerment) Street Outreach team is to identify and link traditionally underserved and hard-to-reach HIV positive African Americans into the system of care for HIV/AIDS. The primary emphasis of this program is enrolling clients into medical care and link them to various services (i.e., transportation, case management, mental health and substance abuse counseling, etc) as it relates to their needs. Outreach services are short-term (60 days) and intensive.

Housing Assistance:

Our housing assistance program provides rental assistance to persons living with HIV/AIDS.

Prevention Health Education/Risk Reduction:

Through funding from the City of Houston, the Foundation provides community level intervention services to targeted zip codes in the Northeast area of Houston. The prevention staff performs aggressive and unconventional street outreach methods to reach individuals at-risk of becoming infected with STDs/HIV.

In addition, the prevention program works with Houston Area Community Services (HACS) to facilitate educational groups under the SISTA program funded by the Texas Department of Health.

Transportation (Urban & Rural):

Vehicle and van-based transportation services are provided to persons living with HIV/AIDS. All transportation requests are prioritized with medical appointments being top priority. Trip requests must be scheduled at least 48 hours prior to the date of the trip. A limited supply of emergency taxi vouchers are available to clients with identified severe needs. Only URBAN transportation clients must have a medical waiver prior to service.

St. Hope Clinic

6800 West Loop South, Suite 560
Houston, TX 77401

MAIN: (713) 839-7111
FAX: (713) 839-7156

CITY SECTION: Central
NEIGHBORHOOD: Bellaire
AREA SERVED: No restrictions.
LEGEND: M, W, F, All, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp

Primary Medical Care:

Since 2001, the Foundation has been providing comprehensive medical care to patients living with HIV/AIDS in rural counties. St. Hope Clinic has an expert medical team with over 20 years of experience in the treatment and management of HIV/AIDS. Thus, patients are able to receive the highest quality of medical care to improve and sustain the maximum quality of life. The clinic is able to serve patients with Medicaid, Medicare, Private Insurance, and Uninsured (through Ryan White funds).

Health Education & Risk Reduction:

Secondary prevention and education for persons living with HIV/AIDS. Hepatitis A/B/C, HIV & STD Testing: provided to HIV+ or at-risk individuals. The clinic uses the new 20 minute OraQuick test for HIV.

St. Hope Foundation

1414 S. Frazier, Suite 105/106
Conroe, TX 77301

MAIN: (800) 241-3020
FAX: (800) 249-5020

CITY SECTION: North
NEIGHBORHOOD: Conroe
AREA SERVED:

Case Management: Montgomery, Walker, Waller counties.

Clinic: Northern Harris (outside Beltway 8), Montgomery, Waller counties.

Food Pantry: Chambers, Ft. Bend, Harris (outside Beltway 8), Liberty, Montgomery and Waller counties

LEGEND: All, I/RR, Free, Walk-ins, Med, HIV+, Esp

Food pantry provides nutritional food items to clients who are unable to access grocery stores due to limited financial ability. Clients must have medical waiver stating they are in need of food assistance.

St. Hope Foundation

4915 South Main, Suite 110
Stafford, TX 77477

MAIN: (281) 277-8572
FAX: (281) 277-8564

CITY SECTION: Southwest
NEIGHBORHOOD: Stafford
AREA SERVED: Chambers, Ft. Bend, Liberty and SW Harris (outside Beltway 8) counties

LEGEND: All, I/RR, Free, Med, Ins, Appt Req, HIV+, Esp

HIV medical care clinic.

ST. JOHN VIANNEY SOCIAL SERVICES

625 Nottingham Oaks
Houston, TX 77079

MAIN: (281) 497-4434
FAX: (281) 584-2046
WEB: www.stjohnvianney.org

CITY SECTION: West
NEIGHBORHOOD: West Memorial
AREA SERVED: Portions of zip codes 77077, 77079 or parishioners of St. John's Vianney.

LEGEND: All, Free, Appt Req (Walk-ins for food/clothing), Esp

Emergency food (once a month), clothing (once every 6 months), financial assistance (rent/utilities, once every 6 months); health clinic 1st and 3rd Saturdays; respite care (AIDS and Alzheimer's care team).

Servicios de alimentos de emergencia (una vez por mes), vestimenta (cada seis meses), asistencia financiera para renta y utilidades

(cada 6 meses); clínica en el primer y tercer sábado del mes; asistencia para los cuidadores de personas con SIDA y Alzheimer.

ST. MARY MAGDALENE SOCIAL SERVICES

527 South Houston Avenue
Humble, TX 77338

MAIN: (281) 540-1907

CITY SECTION: North
NEIGHBORHOOD: Humble
AREA SERVED: Zip codes: 77346, 77396, and 77338 east of Lee Road.

LEGEND: All, Free, Walk-ins, Lim, proof of residence

Food pantry, utility/rental assistance (only with termination, disconnect or eviction notice, once a year); referrals for other needs. Hours: M, W, F 10am - 12pm or first 12 families in line.

ST. PIUS CATHOLIC CHURCH

824 South Main Street
Pasadena, TX 77506

MAIN: (713) 473-9484, Ext. 316
FAX: (713) 473-2731

CITY SECTION: East
NEIGHBORHOOD: Pasadena
AREA SERVED: Pasadena, South Houston, Deer Park and Galena Park.
LEGEND: F, Free, Lim, social security card for all, proof of residence, picture ID, Esp

Food (once every 2 months), limited financial assistance with rent and utilities (once every 6 months); FEMA.

Alimento (cada dos meses), asistencia financiera limitada para renta y utilidades (cada 6 meses); FEMA.

STAR OF HOPE Administration Office

6897 Ardmore Street
Houston, TX 77054

MAIN: (713) 748-0700
FAX: (713) 748-5941
WEB: www.sohmission.org

Star of Hope Men's Development Center

1811 Ruiz
Houston, TX 77002

MAIN: (713) 227-8900
FAX: (713) 227-5703

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: No restrictions.
LEGEND: M, Walk-ins, Lim, Free, CD

Emergency shelter for homeless men with 3 meals per day. Extended stay (6 months) substance abuse program with spiritual emphasis, case management and licensed chemical dependency counseling; transitional living center, career development, education (tutoring, GED assistance), and clinic 4 days a week (including vision clinic). Must acquire ID after 5 days or forfeit services.

Star of Hope Transitional Living Center for Women and Families

6801 Ardmore
Houston, TX 77054

MAIN: (713) 748-7242
FAX: (713) 748-0891

CITY SECTION: Central
AREA SERVED: No restrictions.
LEGEND: W, F, Lim, Free, Esp

Intensive 12-month recovery program consisting of case management, education, substance abuse recovery, mental health counseling, spiritual growth, employment assistance, life management skills and development. Facility accommodates 45 single women and 66 families.

Star of Hope Women and Family Emergency Shelter

419 Dowling
Houston, TX 77002

MAIN: (713) 222-2220
FAX: (713) 222-1046

CITY SECTION: Central
NEIGHBORHOOD: Second Ward
AREA SERVED: No restrictions.
LEGEND: W, F, Lim, Free, Esp

Emergency shelter for 30-90 days providing case management, computer learning center, medical clinic, parenting and life skills/enrichment classes, spiritual growth, nursery and preschool childcare. Requirements for admission are current and valid ID, birth certificates for children and marriage license for couples. Facility accommodates approximately 300.

STAT SCRIPT PHARMACY - GREENBRIAR

4101 Greenbriar, Suite 235
Houston, TX 77098

MAIN: (713) 521-1700
FAX: (713) 521-5855
TOLL FREE: (866) 523-5995
WEB: www.statscript.com

CITY SECTION: Central
NEIGHBORHOOD: West University
AREA SERVED: No restrictions.
LEGEND: All, Med, Esp

STAT SCRIPT PHARMACY - MONTROSE

3407 Montrose Blvd., Suite A-5
Houston, TX 77006

MAIN: (713) 522-7373
FAX: (713) 522-8696
TOLL FREE: (866) 523-5998

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: All, Med, Esp

STUDEWOOD PHARMACY

1407 Studewood
Houston, TX 77008

MAIN: (713) 869-3487
FAX: (713) 869-8111

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: No restrictions.
LEGEND: All, Med, Walk-ins, CD, Esp

SUGARS AND FLOURS PROJECT, THE

2476 Bolsover, Suite 477
Houston, TX 77005

MAIN: (713) 455-3663
FAX: (713) 880-2598
TOLL FREE: (866) 345-3663
WEB: www.sugarsandflours.com

CITY SECTION: Central
NEIGHBORHOOD: University Place
AREA SERVED: No restrictions.
LEGEND: All, Flat, Appt, Req, CD

Refined carbohydrate sensitivity treatment.

SULLIVAN PHARMACY

1140 Grand Avenue
Bacliff, TX 77518

MAIN: (281) 339-4577
FAX: (281) 339-1696
PAGER: (713) 846-7426
WEB: www.mygnp.com

CITY SECTION: Southeast
NEIGHBORHOOD: Bacliff
AREA SERVED: No restrictions.
LEGEND: All, Med



TDH, PUBLIC REGION 6/5 SOUTH

5425 Polk Ave., Suite J
Houston, TX 77023-1497

MAIN: (713) 767-3000
FAX: (713) 767-3049
TOLL FREE: (800) 270-3128
WEB: www.r06.tdh.state.tx.us/

CITY SECTION: Central
NEIGHBORHOOD: Lawndale
AREA SERVED: Austin, Brazoria,
Chambers, Colorado, Ft. Bend,
Galveston, Harris, Liberty,
Montgomery, Waller and Walker
counties.

LEGEND: Not specified.

Services provided by the HIV/STD Program include notifications and referral of persons infected with a sexually transmitted disease, including HIV, to providers for evaluation, treatment and case management.

TEXANA MENTAL HEALTH & MENTAL RETARDATION CENTER

Administrative Offices

4910 Airport Ave., Bldg B
Rosenberg, TX 77471

MAIN: (281) 239-1300
FAX: (281) 232-2541
TTY: (800) 735-2989
24 HOURS: (800) 633-5686
WEB: www.texanamhmr.com

CITY SECTION: Southwest
NEIGHBORHOOD: Rosenberg
AREA SERVED: Austin, Colorado, Ft. Bend, Matagorda, Waller and Wharton counties.

LEGEND: All, S\$, Med, Appt Req (except in crisis)

Mental health counseling and support groups; 24-hour information and crisis hotline.

Behavioral Training & Treatment Center

1818 Collins Road
Richmond, TX 77469

MAIN: (281) 239-1140
CITY SECTION: Southwest
NEIGHBORHOOD: Richmond
LEGEND: All, S\$, Med, Appt Req (except in crisis)

Early Childhood Intervention

3634 Glenn Lakes Dr.
Missouri City, TX 77459

MAIN: (281) 208-6600
CITY SECTION: Southwest
NEIGHBORHOOD: Missouri City
LEGEND: All, S\$, Med, Appt Req (except in crisis)

Glenn Lakes Mental Health Clinic

3634 Glenn Lakes Dr, Suite 101
Missouri City, TX 77459

MAIN: (281) 403-9666
CITY SECTION: Southwest
NEIGHBORHOOD: Missouri City
LEGEND: All, S\$, Med, Appt Req (except in crisis)

Missouri City Mental Health Clinic

3634 Glenn Lakes Dr., Suite 230
Missouri City, TX 77459

MAIN: (281) 261-3200
CITY SECTION: Southwest
NEIGHBORHOOD: Missouri City
LEGEND: All, S\$, Med, Appt Req (except in crisis)

Missouri City MR Habilitation Center

3660 Glenn Lakes Dr.
Missouri City, TX 77459

MAIN: (281) 499-3141
CITY SECTION: Southwest
NEIGHBORHOOD: Missouri City
LEGEND: All, S\$, Med, Appt Req (except in crisis)

Sugar Land MR Employment Center

1005 Industrial Drive
Sugar Land, TX 77478

MAIN: (281) 565-6200
CITY SECTION: Southwest
NEIGHBORHOOD: Sugar Land
LEGEND: All, S\$, Med, Appt Req (except in crisis)

TEXAS AIDS NETWORK

P O Box 2395
Austin, TX 78768-2395

MAIN: (512) 447-8887
FAX: (512) 447-1115
WEB: www.texasaids.net
AREA SERVED: No restrictions.
LEGEND: Not specified.

A statewide coalition of individuals and organizations dedicated to improve the quality, availability and funding of HIV/AIDS education, prevention and services in Texas and committed to creating an environment in which HIV/AIDS info and services are accessible to all Texans. Membership is open to any individuals or organization which shares a commitment to our mission.

TEXAS CHILDREN'S HOSPITAL ALLERGY & IMMUNOLOGY DEPARTMENT

1102 Bates, 3rd Floor
Houston, TX 77030-2399

MAIN: (832) 824-1319
24 HOURS: (832) 824-2099
CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: C, Y (ages 13-18), Med
Primary medical care for children to age 18.

TEXAS CHILDREN'S HOSPITAL DEPARTMENT OF RETROVIROLOGY

6621 Fannin Street, CC 1570
Houston, TX 77030

MAIN: (832) 822-1038
FAX: (832) 825-1281
WEB: www.texaschildrenshospital.org
CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: Esp, C (ages 0-18), S\$, Med, HIV+, Call for intake process

Pediatric primary care for HIV-infected children and adolescents and their infected or uninfected siblings and also HIV exposed infants. Staff MD provides direct care to children and youth.

TEXAS COMMISSION FOR THE BLIND

10060 Fuqua
Houston, TX 77089

MAIN: (713) 944-9924
FAX: (713) 944-0851
TOLL FREE: (800) 687-7036
WEB: www.tcb.state.tx.us

CITY SECTION: Southeast
NEIGHBORHOOD: Ellington/South Belt
AREA SERVED: Brazoria, Galveston and SE Harris county.
LEGEND: All, Appt/Walk-ins

Independent living skills for the blind to help people with visual impairments remain at work; also provide training for returning to work.

TEXAS DEPARTMENT OF HEALTH

1100 West 49th Street
Austin, TX 78756-3199

MAIN: (512) 458-7111
FAX: (512) 458-7708
WEB: www.tdh.state.gov
AREA SERVED: Texas

Chronically Ill & Disabled Children's Services

MAIN: (713) 767-3111
FAX: (713) 767-3125
TOLL FREE: (800) 282-8023
ALTERNATE: (713) 767-3147
LEGEND: C, Y, Free

CIDC clients are children who are chronically ill or have disabilities and have special healthcare needs. CIDC helps arrange for medical care and helps pay bills. Children are served from birth until their 21st birthday.

Clinical Services - Bellville

800 E. Wendt Street
Bellville, TX 77418

MAIN: (979) 865-5211
FAX: (979) 865-5274
TOLL FREE: (888) 456-7115

CITY SECTION: West
NEIGHBORHOOD: Bellville
LEGEND: Not specified.

Clinical Services - Columbus

514 Washington
Columbus, TX 78934

MAIN: (979) 732-3662
FAX: (979) 732-6417
TOLL FREE: (888) 456-7114

CITY SECTION: West
NEIGHBORHOOD: Columbus
LEGEND: Not specified.

TDH HIV Medication Program

TOLL FREE: (800) 255-1090
AREA SERVED: Statewide

TDH Star Health Plan

MAIN: (800) 937-5777
AREA SERVED: No restrictions.
LEGEND: Not specified.

TEXAS DEPARTMENT OF HUMAN SERVICES

5425 Polk Avenue
Houston, TX 77023

MAIN: (713) 767-2000
FAX: (713) 767-2419
TOLL FREE: (800) 448-3927
WEB: www.dhs.state.tx.us

CCADA, TANF, Food Stamps:

Alvin Office

3403 Mustang
Alvin, TX 77511

MAIN: (281) 331-0790
CITY SECTION: South
NEIGHBORHOOD: Alvin

Austin County Office

800 E. Wendt
Bellville, TX 77418

MAIN: (979) 865-9164
FAX: (979) 865-5274
TTY: (979) 865-1161

CITY SECTION: West
NEIGHBORHOOD: Bellville

Brazoria County Office

794 S. Brazosport Blvd.
Clute, TX 77531

MAIN: (979) 265-1291
CITY SECTION: South

Chambers County Office

204 N. Texas Avenue
Anahuac, TX 77514

MAIN: (409) 267-3125
TTY: (409) 267-4383

CITY SECTION: East
NEIGHBORHOOD: Anahuac

Cleveland Office

1105 Washington
Cleveland, TX 77328

MAIN: (281) 593-7222
CITY SECTION: Northeast
NEIGHBORHOOD: Cleveland

Colorado County Office

1460 Walnut
Columbus, TX 78934

MAIN: (979) 732-6231
CITY SECTION: West
NEIGHBORHOOD: Columbus

Ft. Bend County Office

117 Lane Drive, Suite 50
Rosenberg, TX 77471

MAIN: (281) 342-8651
TTY: (281) 344-3432
ALTERNATE: (281) 344-3482
CITY SECTION: Southwest
NEIGHBORHOOD: Rosenberg

Fuqua Office

10060 Fuqua
Houston, TX 77089

MAIN: (713) 946-6861
TTY: (713) 948-7909
CITY SECTION: Southwest
NEIGHBORHOOD: Ellington/South Belt

Galveston County Office

123 Rosenberg, 5th Floor
Galveston, TX 77550

MAIN: (409) 763-0277
TTY: (409) 747-7757
CITY SECTION: Southeast
NEIGHBORHOOD: Galveston

Harris County Center

1425 East 40th
Houston, TX 77022

MAIN: (713) 692-1635
CITY SECTION: North
NEIGHBORHOOD: Northline

Liberty County Office

1405 Monta
Liberty, TX 77575

MAIN: (936) 336-7283
TTY: (936) 336-4811
CITY SECTION: Northeast
NEIGHBORHOOD: Liberty

Matagorda County Office

2010 Avenue K
Bay City, TX 77404

MAIN: (979) 244-1662
TTY: (979) 245-3485
CITY SECTION: Southwest
NEIGHBORHOOD: Bay City

Montgomery County Office

600 North Loop 336 East
Conroe, TX 77301

MAIN: (936) 539-1161
TTY: (936) 760-4722
CITY SECTION: North
NEIGHBORHOOD: Conroe

Matagorda County Office

2010 Avenue K
Bay City, TX 77414

MAIN: 979-244-1662
FAX: 979-245-3485
CITY SECTION: Southwest

North Loop West Office

1440 North Loop West
Houston, TX 77009

MAIN: (713) 863-9864
TTY: (713) 803-1995
CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest/
Garden Oaks

Waller County Office

525 FM 359 South
Brookshire, TX 77423

MAIN: 281-375-5176
TTY: 281-375-6325
CITY SECTION: Northwest

TANF & FOOD STAMPS:**Baytown Office**

1300 S. Highway 146
Baytown, TX 77520

MAIN: (281) 427-9480
TTY: (281) 593-7212, Ext. 257
CITY SECTION: East
NEIGHBORHOOD: Baytown

Buffalo Speedway Office

13838 Buffalo Speedway
Houston, TX 77045

MAIN: 713-433-3145
TTY: 713-434-3023
CITY SECTION: Southwest

Crosby Office

6500 N. Main
Crosby, TX 77532

MAIN: (281) 328-6613
TTY: (281) 328-6613
CITY SECTION: Northeast

Dickinson Office

215 Tanglewood
Dickinson, TX 77539

MAIN: (281) 337-5402
TTY: (409) 945-4476
CITY SECTION: Southeast
NEIGHBORHOOD: Dickinson

Eastex Freeway Office

9111 Eastex Freeway
Houston, TX 77093

MAIN: (713) 691-0033
TTY: (713) 696-5130
CITY SECTION: North
NEIGHBORHOOD: Eastex/Jensen

Greens Parkway Office

1100 Greens Parkway
Houston, TX 77067

MAIN: (281) 874-0048
TTY: (281) 775-7960
CITY SECTION: North
NEIGHBORHOOD: Greenspoint

Harwin Office

9450 Harwin (A - M)
9460 Harwin (N - Z)
Houston, TX 77036

A - M: (713) 266-5535
N - Z: (713) 783-0828
TTY: (713) 268-1481
CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown

I-10 East Office

10202 East Freeway
Houston, TX 77029

MAIN: (713) 673-6347
TTY: (713) 671-8833
CITY SECTION: East
NEIGHBORHOOD: Northshore

Little York Office

2711 Little York Road
Houston, TX 77093

MAIN: (713) 699-1098
TTY: (713) 696-7218
CITY SECTION: North
NEIGHBORHOOD: Eastex/Jensen

North Freeway Office

7333 North Freeway
Houston, TX 77076

MAIN: (713) 691-7711
TTY: (713) 696-1697
CITY SECTION: North
NEIGHBORHOOD: Acres Homes

Pasadena Office

2702 Cherrybrook
Pasadena, TX 77502

MAIN: (713) 947-8130
TTY: (713) 948-2033
CITY SECTION: Southeast
NEIGHBORHOOD: Pasadena
LEGEND: Not specified.

Scott Street Office

6118 Scott Street
Houston, TX 77021

MAIN: (713) 748-8450
TTY: (713) 746-3091
CITY SECTION: Central
NEIGHBORHOOD: OST/South Union

Telephone Road Office

2110 Telephone Road
Houston, TX 77023

MAIN: (713) 921-5108
TTY: (713) 967-7576
CITY SECTION: Central
NEIGHBORHOOD: Lawndale

Texas City Office (A - K)

714 Loop 197
Texas City, TX 77590

MAIN: (409) 948-1701
TTY: (409) 943-2844
CITY SECTION: Southeast
NEIGHBORHOOD: Texas City

Texas City Office (L - Z)

2000 Texas Avenue
Texas City, TX 77590

MAIN: (409) 945-0317
TTY: (409) 945-0317
CITY SECTION: Southeast
NEIGHBORHOOD: Texas City

Tomball Office

29250 Tomball Parkway
Tomball, TX 77375

MAIN: (281) 351-0637
TTY: (281) 351-0637
CITY SECTION: Northwest
NEIGHBORHOOD: Tomball

Walker County Office

306 Highway 190 East
Huntsville, TX 77340

MAIN: (936) 291-2164
CITY SECTION: North
NEIGHBORHOOD: Huntsville

Wharton County Office

404 N. Alabama Road
Wharton, TX 77488

MAIN: (979) 532-5910
CITY SECTION: Southwest

Westheimer Office

12121 Westheimer Road
Houston, TX 77077

MAIN: (281) 597-5200
TTY: (281) 597-5204
CITY SECTION: West
NEIGHBORHOOD: Alief

Indigent Health Care

La Porte Office

1003 S. Broadway
La Porte, TX 77571

MAIN: (281) 470-8350
CITY SECTION: Southeast
NEIGHBORHOOD: La Porte

Medicaid

5425 Polk Avenue
Houston, TX 77023

MAIN: (713) 767-2000
TOLL FREE: (800) 252-8263
TTY: (713) 767-2438
CITY SECTION: Central
NEIGHBORHOOD: Lawndale

TEXAS DEPARTMENT OF PROTECTIVE AND REGULATORY SERVICES

ADULT PROTECTIVE SERVICES

P O Box 16017 (MC 174-1)
Houston, TX 77222-6017

MAIN: (800) 252-5400
CITY SECTION: Central
NEIGHBORHOOD: Harrisburg
AREA SERVED: Texas
LEGEND: M, W, Free, over 65 or
disabled only, Esp

Investigates reports of abuse/neglect or exploitation of elderly or disabled persons and provide services needed to get out of the abusive or neglectful situation. Community workshops and presentations to various community organizations about adult abuse, prevention and/or laws. Additional offices in Rosenberg, Conroe, Bellville, Texas City, Hempstead and Galveston.

Runaway Hotline

P O Box 149030 (MC Y-987)
Austin, TX 78714-9030

MAIN: (512) 833-3477
FAX: (512) 833-3475
24 HOURS: (888) 580-HELP
WEB: www.texasrunaway.org
AREA SERVED: Texas
LEGEND: C, Y, F, Free, Esp

24-hour confidential services including: crisis intervention, telephone counseling, services to runaways, potential runaways and families; information and referrals; free message service to promote communication between runaways and families.

Youth Hotline

P O Box 149030 (MC Y-987)
Austin, TX 78714-9030

MAIN: (512) 833-3477
FAX: (512) 833-3475
24 HOURS: (800) 210-2278
WEB: www.texasyouth.org
AREA SERVED: Texas
LEGEND: C, Y, F, Free, Esp

24-hour confidential services including: crisis intervention, telephone counseling, services to troubled youths and families; information and referrals to community services.

TEXAS REHABILITATION COMMISSION, REGION IV

Houston Regional Office

6220 Westpark, Suite 110
Houston, TX 77057

MAIN: (713) 735-3470
FAX: (713) 735-3473
TOLL FREE: (866) 281-1804
WEB: www.rehab.state.tx.us
CITY SECTION: Southwest
NEIGHBORHOOD: Woodlake/
Briar Meadow

*The TRC was created in 1969 and is designated as the state's principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The Commission's main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services through a variety of programs.
713-671-2638*

THOMAS STREET CLINIC
Harris County Hospital District
2015 Thomas Street
Houston, TX 77009

MAIN: (713) 873-4000
FAX: (713) 873-4052

CITY SECTION: Central
NEIGHBORHOOD: Near Northside
AREA SERVED: Harris county
LEGEND: M, W, Free, S\$, Med, HIV+,
Appt/Walk-ins, Esp, Gold card

*Outpatient primary care; pharmacy;
physical therapy; nutrition
services/counseling; social services;
psychiatry; education; case manage-
ment; clinical trials access; HIV test-
ing and counseling; support groups.*

*Cuidados primarios para pacientes
ambulatorio; farmacia; terapia física;
servicios de nutrición, consejera;
acceso y información de experimen-
tos clínicos; servicios sociales; edu-
cación; manejo de casos; grupos de
apoyo; psiquiatría; pruebas y conse-
jera del VIH.*

**TRIANGLE AIDS
NETWORK, INC.**

2544 Broadway Street
Beaumont, TX 77702

Mailing Address:
P O Box 12279
Beaumont, TX 77726

MAIN: (409) 832-8338
FAX: (409) 832-9625
TTY: (409) 832-0973
WEB: www.tanbmt.com

CITY SECTION: East
NEIGHBORHOOD: Beaumont
AREA SERVED: Hardin, Jefferson
and Orange counties.
LEGEND: Appt Req, Free, S\$, HIV+,
UTMB affiliate, Esp

*Free and confidential HIV testing and
early intervention medical clinic; edu-
cation resources; workshops; annual
conference; case management; sup-
port groups and counseling; trans-
portation; home health; food pantry
and nutritional services; advocacy;
dental services; medication, doctor
co-pay and insurance premium assis-
tance; activity center; laundry service;
housing assistance speakers bureau
and condom distribution.*

**TRINITY GARDENS INTEGRAL
FORCES, INC**
4812 Bennington
Houston, TX 77016

MAIN: (713) 631-0329, Ext. 26
FAX: (713) 631-7100
WEB:

CITY SECTION: Northeast
NEIGHBORHOOD: Trinity/
Houston Gardens

AREA SERVED: No restrictions.
LEGEND: All, I/RR, Walk-ins, CD, Esp
*Food pantry for underserved and HIV
clients; support group for those
infected and/or affected by
HIV/AIDS; educational services pro-
vided by certified instructors..*

TRS BEHAVIORAL CARE, INC.

Corporate Office

902 West Alabama
Houston, TX 77006

MAIN: (713) 528-3709
FAX: (713) 528-7915
TOLL FREE: (800) 856-9564
WEB: www.rightstep.com

The Next Step - Men

3401 Fannin Street
Houston, TX 77004

MAIN: (713) 526-0311
FAX: (713) 526-0431

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: No restrictions.
LEGEND: M, Med, Priv pay, Ins,
Appt/Walk-ins, CD

*Transitional living, intensive outpa-
tient, partial hospitalization, after-
care.*

The Next Step - Women

7700 Amelia Road
Houston, TX 77055

MAIN: (713) 263-7475
FAX: (713) 263-7463

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: No restrictions.
LEGEND: W, Med, Priv pay, Ins,
Appt/Walk-ins, CD

*Transitional living, intensive outpa-
tient, aftercare, partial hospitaliza-
tion.*

The Right Step
902 West Alabama
Houston, TX 77006

INTAKE: (713) 528-3709, Ext. 224
FAX: (713) 528-7915
CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: Y, M, W, Med, Priv pay, Ins,
Appt/Walk-ins, CD

*Adult detox, adult/adolescent resi-
dential, intensive outpatient, partial
hospitalization and aftercare.*

TRS Clear Lake

18333 Egret Bay Blvd., Suite 305
Houston, TX 77058

MAIN: (281) 333-5751
FAX: (281) 333-4013

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
AREA SERVED: No restrictions.
LEGEND: Y, M, W, Med, Priv pay, Ins,
Appt/Walk-ins, CD

*Adult/adolescent intensive outpa-
tient, aftercare, partial hospitaliza-
tion.*

TRS Ft. Bend

10435 Greenbough, Suite 250
Stafford, TX 77477

MAIN: (281) 261-1875
FAX: (281) 261-1372

CITY SECTION: Southwest
NEIGHBORHOOD: Stafford
AREA SERVED: No restrictions.
LEGEND: Y, M, W, Med, Priv pay, Ins,
Appt/Walk-ins, Appt/Walk-ins, CD

*Adult/adolescent intensive outpa-
tient, aftercare, partial hospitaliza-
tion.*

TRS North

13100 Veterans Memorial Dr.
Houston, TX 77014

MAIN: (281) 895-9331
FAX: (281) 895-9335

CITY SECTION: North
NEIGHBORHOOD: Champions
AREA SERVED: No restrictions.
LEGEND: Y, M, W, Med, Priv pay, Ins,
appt/Walk-ins, CD

*Adult/adolescent intensive outpa-
tient, aftercare, partial hospitaliza-
tion.*

TRS Pasadena

1001 Fairmont Parkway, Suite I
Pasadena, TX 77503

MAIN: (281) 998-2611
FAX: (281) 998-2603

CITY SECTION: East
NEIGHBORHOOD: Pasadena
AREA SERVED: No restrictions.
LEGEND: Y, M, W, Med, Priv pay, Ins,
Appt, Walk-ins, CD

Adult/adolescent intensive outpatient, aftercare, partial hospitalization.

TRS The Woodlands

25440 I-45 North, Suite 303
Spring, TX 77386

MAIN: (281) 465-4500
FAX: (281) 465-4565

CITY SECTION: North
NEIGHBORHOOD: Spring
AREA SERVED: No restrictions.
LEGEND: Y, M, W, Med, Priv pay, Ins,
Appt/Walk-ins, CD

Adult/adolescent intensive outpatient, aftercare, partial hospitalization.

TRS West

1111-B Upland Drive
Houston, TX 77043

MAIN: (713) 464-5160
FAX: (713) 464-5269

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: No restrictions.
LEGEND: M, W, Med, Priv pay, Ins,
Appt/Walk-ins, CD

Adult intensive outpatient, aftercare, partial hospitalization.

TWELVE OAKS PHARMACY

4126 Southwest Freeway, Suite 100
Houston, TX 77027

MAIN: (713) 627-2370
FAX: (713) 627-3990
TOLL FREE: (800) 650-0107

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
AREA SERVED: No restrictions.

Pharmacy.

Farmacia.



U OF H COLLEGE OF OPTOMETRY

505 J. Davis Armistead Bldg.
Houston, TX 77204-2020

INTAKE: (713) 743-2020
FAX: (713) 743-0965
WEB: www.opt.uh.edu

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: No restrictions.
LEGEND: M, W, F, S\$, Med, Appt
Req, Esp

Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.

Good Neighbor Healthcare Center

277 West Gray
Houston, TX 772042020

MAIN: (713) 527-8480

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: M, W, F, S\$, Med, Appt
Req, Esp

Comprehensive eye and vision care. Medical treatment of most eye diseases.

U OF H LAW CENTER Clinical Legal Education

100 Law Center - 56 TU II
Houston, TX 77204-6060

MAIN: (713) 743-2094
FAX: (713) 743-2574
WEB: www.law.uh.edu

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: No restrictions.

Civil clinic: represents low income clients in various area including family law, bankruptcy, guardianship, social security and consumer issues.

Immigration clinic: Represent immigrants and refugees for various cases including asylum, violence against women act (VAWA) cases, visa petitions, citizenships and other immigration matters.

Juvenile clinic: Represent minors in the juvenile courts in Harris county (by appointment only).

U OF H SPEECH, LANGUAGE & HEARING CLINIC

4505 Cullen Blvd.
Houston, TX 77004

Mailing Address:

100 Clinical Research Center
Houston, TX 77204-6018

MAIN: (713) 743-2898
FAX: (713) 743-2926

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: No restrictions.
LEGEND: All (age 3 and up), S\$,
Appt Req, Esp

Hearing assessments and, when appropriate, clients are fitted with a hearing aid, often through the Hearing Aid Assistance Program (HAAP) for low income clients. Speech and language evaluation and therapy are offered to individuals who have or are at risk for developing a communication problem.

UNITED WAY OF THE BAY AREA

1300-A Bay Area Blvd
Houston, TX 77058

MAIN: (281) 282-6000
FAX: (281) 282-6002
HELPLINE: 211

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
AREA SERVED: 77034, 77058, 77059,
77062, 77502, 77503-507, 77510,
77518, 77520, 77521, 77536,
77539, 77546, 77547, 77565,
77571, 77573, 77581, 77586,
77587, 77590, 77598

LEGEND: All, Free
Information and referral helpline.

UNITED WAY OF BRAZORIA COUNTY

1212 N. Velasco
Angleton, TX 77515

Mailing Address:

P O Box 1959
Angleton, TX 77541

MAIN: (979) 849-9402
FAX: (979) 848-0259
TOLL FREE: (800) 971-6677
WEB: www.uwbc.org

CITY SECTION: South
NEIGHBORHOOD: Angleton
AREA SERVED: Brazoria county
LEGEND: All, Free, Esp

Information and referral helpline.

Línea telefónica de información y referencias.

UNITED WAY OF FT. BEND

10435 Greenbough Dr., Suite 200
Stafford, TX 77477

MAIN: (281) 499-5681
FAX: (281) 261-1833
HELPLINE: 211

CITY SECTION: Southwest
NEIGHBORHOOD: Stafford
AREA SERVED: No restrictions.
LEGEND: All, Free

UNITED WAY OF THE TEXAS GULF COAST

2200 North Loop West
Houston, TX 77018

MAIN: (713) 685-2300
FAX: (713) 956-2868
24 HOURS: (713) 957-HELP
TX HELPLINE: 211
WEB: www.unitedwayhouston.org

CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest/
Garden Oaks
AREA SERVED: No restrictions.
LEGEND: All, Free, Esp

Information and referral for health and human services.

UNITED WAY OF WALLER COUNTY

531 FM 359 South
Brookshire, TX 77423

MAIN: (281) 375-5110
FAX: (281) 375-5134
TOLL FREE: (800) 266-3025
WEB: www.unitedwayhouston.org

CITY SECTION: West
NEIGHBORHOOD: Brookshire
AREA SERVED: Austin, Colorado
and Waller counties.
LEGEND: All, Free

UNLIMITED VISIONS AFTERCARE INC.

5528 Lawndale
Houston, TX 77023

MAIN: (713) 921-2276
FAX: (713) 921-7466

CITY SECTION: Central
NEIGHBORHOOD: Harrisburg
AREA SERVED: Harris County
LEGEND: M, W, S\$, Appt Req, CD,
TCADA, Esp

Provides intensive and supportive outpatient treatment for age 17 and up. Clients are assessed to determine level of service needed. Group and individual counseling offered twice a week for 90-180 days depending on the clients progress. Also offers mental health counseling, anger management and referrals to need-ed services.

Provee tratamiento intensivo y de apoyo para clientes externos mayores de 17 años de edad. Los clientes son evaluados para determinar el nivel de servicio necesitado. Se ofrece consejería individual y de grupo dos veces por semana por 90-180 días, dependiendo del progreso del cliente. También, se ofrece consejería de salud mental, manejo de la ira y referencias a otros servicios necesitados.

UNLIMITED VISIONS AFTERCARE INC.

616 Park Street
Baytown, TX 77520

MAIN: (281) 427-8786
FAX: (281) 427-8967

CITY SECTION: East
NEIGHBORHOOD: Baytown
AREA SERVED: Chambers, Harris and
Liberty counties.
LEGEND: Y (ages 13-18), M, W, S\$,
Med, Appt Req, CD, TCADA

Chemical dependency treatment for adults and adolescents. Intensive program is 45 days and supportive program is 90 - 180 days. DWI repeat offender program is twice a week for 7 weeks. Call for info on other services.

UT DENTAL BRANCH

6516 M.D. Anderson Blvd.
Houston, TX 77030

MAIN: (713) 500-4000
FAX: (713) 500-0403
WEB: www.db.uth.tmc.edu

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: All, Esp, Appt Req (except
in crisis), Fee for svc

Full range of dental services.

UT Dental Branch Oral & Maxillofacial Surgery

6550 Fannin, Suite 2237
Houston, TX 77030

MAIN: (713) 790-4600
FAX: (713) 793-1229

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: All, Appt Req, Med, Fee
for service

Services limited to oral and maxillo-facial surgery

UT Dental Branch Pediatric Dentistry

6655 Travis, Suite 460
Houston, TX 77030

MAIN: (713) 500-8200
FAX: (713) 500-8210

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: C, Med, Appt Req, Esp

Full range of dental services for chil-dren.

UT Dental Branch University Dental Center

6410 Fannin, Suite 310
Houston, TX 77030

MAIN: (713) 500-5888
FAX: (713) 500-0728

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: All, Esp, Appt Req, Fee
for service

Full range of dental services. Services targeted to patients with medical, mental or physical handicaps.

UT HARRIS COUNTY PSYCHIATRIC CENTER

2800 South MacGregor Way
Houston, TX 77021

MAIN: (713) 741-5000
FAX: (713) 741-5939
TTY: (713) 741-5000
24 HOURS: (713) 741-5000
WEB: hcpc.uth.tmc.edu

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Harris county with or
without insurance; other counties
with insurance only.

LEGEND: All, Free, Med, Priv pay, Ins,
Walk-ins, Esp

*Inpatient and/or outpatient treat-
ment for persons with mental illness,
ages 3 and up.*

UT HOUSTON HEALTH SCIENCE CENTER

6655 Travis, Suite 980
Houston, TX 77030

MAIN: (713) 500-8300
FAX: (713) 500-8307

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Chambers, Ft. Bend,
Harris, Liberty, Montgomery and
Waller counties.

LEGEND: F, Free, Med, Appt Req,
HIV+, African American, Esp

*Medical case management for
African American women and chil-
dren; HIV primary medical care.*

*Servicio de administración de casos,
principalmente para mujeres y niños
afroamericanos y limitadamente
para familias latinas que únicamente
hablan español. Nuestro servicio
incluye el cuidado médico para niños
de 0 - 18 años de edad quienes son
VIH positivos. Contamos con un per-
sonal bilingüe.*

UT HOUSTON RECOVERY CAMPUS

See Recovery Campus of Houston

UT SUBSTANCE ABUSE RESEARCH CENTER

Treatment Research Clinic

1300 Morsund, Suite 115
Houston, TX 77030

MAIN: (713) 500-2802
FAX: (713) 500-2849
WEB: trc.uth.tmc.edu

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: No restrictions.
LEGEND: M, W, Free, Appt/Walk-ins,
CD

*Medication clinical trials for chemical
dependency and cigarette smoking.
Behavioral therapy and/or clinical
management. Majority of programs
are funded by the National Institute
on Drug Abuse.*

UTMB GALVESTON

301 University Blvd.
Galveston, TX 77550-0435

MAIN: (409) 772-1661
FAX: (409) 747-8768
WEB: www.utmb.edu
www.actu.utmb.edu

AIDS Clinical Care & Research Program

MAIN: (409) 772-1661

CITY SECTION: Southeast
NEIGHBORHOOD: Galveston
AREA SERVED: NO restrictions for
persons with third party
insurance; sliding scale available
to TX citizens and residents of
counties who contract with UTMB.
LEGEND: Y (ages 19-24), M, W, I/RR,
S\$, Med, Appt Req, HIV+

*Primary medical care services for the
treatment and care of persons with
HIV/AIDS.*

AIDS Clinical Trials Unit (ACTU)

MAIN: (409) 747-0214
FAX: (409) 747-0221
TOLL FREE: (877) 324-2288
WEB: www.actu.utmb.edu

CITY SECTION: Southeast
NEIGHBORHOOD: Galveston
AREA SERVED: No restrictions.
LEGEND: M, W, Appt Req, HIV+

*Clinical research trials for adults (18
and up) living with HIV/AIDS. Clinical
research trials are carefully designed
studies to evaluate effectiveness and
safety of drugs and regimens used to
treat HIV, associated conditions and*

*opportunistic infections. Studies are
designed for persons who are new to
HIV or not taking HIV medications;
for persons on HIV medications who
may be failing or intolerant of cur-
rent regimens or interested in treat-
ment interruption; and for HIV+ per-
sons also infected with hepatitis.
Gender-specific health studies for
HIV+ women also available. Study
drugs, study visits and labs provided
at no charge. Some assistance with
travel and child care may be provided.*

UTMB - PRAIRIE VIEW

Prairie View A & M
Owen Franklin Center
Prairie View, TX 77446

MAIN: (936) 857-4073
FAX: (936) 857-4075

CITY SECTION: Northwest
NEIGHBORHOOD: Prairie View
AREA SERVED: No restrictions.
LEGEND: W only, Med, S\$, Appt
*Obstetrical, prenatal and family
planning services for women; STD
testing and treatment; HIV testing
(no treatment services).*

*Servicios de obstétrica, atención pre-
natal, planificación familiar para
mujeres; análisis y tratamiento de
ETS (enfermedades transmitidas sex-
ualmente); análisis del VIH.*



VET CENTER #710

503 Westheimer Rd.
Houston, TX 77006

MAIN: (713) 523-0884

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: No restrictions.
LEGEND: Veterans

*Psychological/mental health counsel-
ing for veterans with post traumatic
stress disorder.*

VICTIM ASSISTANCE CENTRE, INC.

1310 Prairie, Suite 1310
Houston, TX 77002

MAIN: (713) 755-5625
FAX: (713) 755-8824

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: No restrictions.
LEGEND: All, Free, Appt/Walk-ins
Assistance for victims of violent crime: assistance with crime victim compensation; emergency personal and legal advocacy; fee counseling for victims of violent crime; court accompaniment; protective order assistance; safety planning; information and referral to other services. Mon-Fri 8:30am - 5:00pm.

Safe Supervised Visitation & Monitored Exchange Program

MAIN: (713) 755-5625
Provide a safe & stress free environment for the child when allegations have been made or it has been determined that an unsupervised setting would place the child and custodial parent/party at risk of physical or emotional harm. Must have court order or mutual agreement between both parties. Mon-Thurs 9:00am-4:00pm.

VISITING NURSE ASSOCIATION OF HOUSTON, INC.

2905 Sackett
Houston, TX 77098
MAIN: (713) 520-8115
FAX: (713) 520-6678
TOLL FREE: (800) 375-6877
INTAKE: (713) 630-5555
24 HOURS: (713) 520-8115
WEB: www.methodisthealth.com/vna

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
AREA SERVED: No restrictions.
LEGEND: All, Free, Med, Doctor's orders, Esp

Provide skilled intermittent nursing, physical, occupational, speech and IV therapy and attendant care services in the home.

Servicio intermitente de enfermería, terapia física, terapia ocupacional, terapia del lenguaje y terapia IV; servicio de asistencia en el hogar.

VISTA CARE

701 N. Post Oak, Suite 450
Houston, TX 77024
MAIN: (713) 290-1746
FAX: (713) 290-1829
TOLL FREE: (800) 541-0417

CITY SECTION: West
NEIGHBORHOOD: Uptown
AREA SERVED: Brazoria, Ft. Bend, Galveston, Harris and Montgomery counties.
LEGEND: All, Walk-ins, S\$, Med, CD
Full service hospice includes nursing, home health aides, social work, spiritual services, volunteer services, counseling services as well as physical therapy, speech therapy, occupational therapy and nutritional services.

VOLUNTEERS OF AMERICA

7000 Northwest 100, B-106
Houston, TX 77092
MAIN: (713) 460-0781
FAX: (713) 460-0988
WEB: www.voatx.org

VOA - Chupik House

2808 Chupik Street
Rosenberg, TX 77471
INTAKE: (281) 341-1172
FAX: (281) 341-8456

CITY SECTION: Southwest
NEIGHBORHOOD: Rosenberg
AREA SERVED: Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties.
LEGEND: M, Appt Req, HIV+, CD

An independent living facility that accommodates 6 HIV+ men in their own rooms. On site staff provide the clients with transportation to their medical, chemical dependency treatment and social service needs. We also provide rent/mortgage services for HIV+ men, women and families.

VOA Burress Street Apartments

317 E. Burress Street
Houston, TX 77022
MAIN: (713) 592-8190
FAX: (713) 884-1803
CITY SECTION: North
NEIGHBORHOOD: Northside
AREA SERVED: No restrictions.
LEGEND: M, W, F, Appt Req, HIV+, 30% of income if/when client has income.

Long-term transitional housing for HIV+ adults or families for up to 2 years. Must have documentation of health status, TB test results within 6 months and 2 forms of ID. On site childcare available.



WALKER CO. MATERNAL & CHILD HEALTH CENTER

1217 Avenue M
Huntsville, TX 77340
MAIN: (936) 295-7474
FAX: (936) 295-1516
TOLL FREE: (800) 443-7744
WEB: www.utmb.edu/obgyn/rmchp
CITY SECTION: North
NEIGHBORHOOD: Huntsville
AREA SERVED: Walker county
LEGEND: M, W, C, Y, Appt Req, Med, Flat, S\$, Esp

Prenatal and post partum care; well child care - Texas Health Steps; STD screening; immunizations.

Servicio de atención prenatal y postnatal; cuidado y bienestar del niño; evaluación de ETS (enfermedades transmitidas sexualmente); inmunizaciones.

WAM FOUNDATION

12401 1/2 S. Post Oak Rd., Suite 121
Houston, TX 77045
MAIN: (713) 551-8787
FAX: (713) 551-8790

CITY SECTION: Southwest
NEIGHBORHOOD: South Main
AREA SERVED: No restrictions.
LEGEND: All, Free, Walk-ins, HIV+, Esp
Case management, food pantry, emergency financial assistance, HIV testing & counseling; professional mental health counseling; nutritionist; HIV/AIDS street outreach, substance abuse/HIV prevention for African American youth, shelter care + housing and capacity building.

WARREN CORPORATION, THE Project Change

10600 Fondren, Suite 104
Houston, TX 77096
MAIN: (713) 541-9777
FAX: (713) 541-9778
WEB: www.HIVprevent.com
CITY SECTION: Southwest
NEIGHBORHOOD: Fondren SW
AREA SERVED: Zip codes: 77035, 77036, 77071, 77096 and 77459.
LEGEND: M, W, I/RR, Appt Req

Community outreach to all genders/age groups; health education/risk reduction - both primary & secondary, nutrition, fitness and wellness programs and support groups for the empowerment of women. The major focus of services is women but men with identified needs are not excluded.

WELLSPRINGS, INC.

3015 Richmond Avenue, Suite 110
Houston, TX 77098

MAIN: (713) 529-6559
FAX: (713) 520-0532

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
AREA SERVED: No restrictions.
LEGEND: W, C, Y, I/RR, Appt req,
Lim, CD, Esp

Long-Term Housing

Provides long-term housing to homeless and abused women who are dual diagnosed and their children. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling, childcare and case management.

Short-Term Housing

Provides short-term housing to homeless and abused women and women with children. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling, childcare and case management.

Transitional Housing

Provides transitional housing to homeless and abused women that are 30-50 years of age and capable of working. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling and case management.

WEST HOUSTON ASSISTANCE MINISTRIES

10501 Meadowglen Ln.
Houston, TX 77042

MAIN: (713) 977-7803
FAX: (713) 783-0761
INTAKE: (713) 977-9942
JOB LAB: (832) 252-7748
WEB: www.whamministries.org

CITY SECTION: West
NEIGHBORHOOD: Westchase
AREA SERVED: Zip codes: 77042,
77057, 77063, 77077 and 77082
LEGEND: M, W, F, Free, Appt/
Walk-ins, Esp

Assist by providing food; clothing and household items (delivery in some cases); financial assistance with day care costs, rent/mortgage, utilities and prescriptions; job lab (phone, fax, resume writing, job leads); and volunteer opportunities for those willing to receive instruction and committed to carry out the objectives of the ministry.

WEST HOUSTON HIV SUPPORT GROUP

Mailing Address:
19319 Chislestone Lane
Katy, TX 77449

MAIN: (832) 492-8344
FAX: (281) 345-1184

CITY SECTION: West
NEIGHBORHOOD: Katy
AREA SERVED: No restrictions.
LEGEND: M, W, F, Free, Appt req

A faith-based support group that offers a safe place to discuss the various aspects of living with a life-defining illness as well as providing a supportive environment which helps to strengthen group members to live more fully and vitally.

WEST HOUSTON MEDICAL CENTER

12141 Richmond Avenue
Houston, TX 77082

MAIN: (281) 558-3444
WEB: www.westhoustonmedical.com

CITY SECTION: West
NEIGHBORHOOD: Alief
AREA SERVED: No restrictions.
LEGEND: M, W, Appt Req, Med,
Flat, Ins

WEST OAKS HOSPITAL

6500 Hornwood
Houston, TX 77074

MAIN: (713) 995-0909
FAX: (713) 995-0221

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: No restrictions.
LEGEND: All, Med, Ins, Priv pay,
Walk-ins, CD, Esp

Provides inpatient, partial day and outpatient services for children, adolescents and adults. Work with individuals who have mental health and or substance abuse problems. Also provide case management and discharge planning services for all patients and have a 24-hour fully staffed admissions/assessment area.

WHARTON CO. INTERFAITH COALITION, DBA SHARE

229 West Milam Street
Wharton, TX 77488

Mailing Address:
PO Box 101
Wharton, TX 77488

MAIN: (979) 282-2021

CITY SECTION: Southwest
AREA SERVED: Eastern Wharton
county

LEGEND: All, Walk-ins, Free
Mon & Thurs 10am - 2pm. Food, clothing, partial help with rent, butane, utilities, and prescriptions; emergency dental (pull teeth only).

WOMEN FOR SOBRIETY, INC.

P O Box 618
Quakertown, PA 18951

MAIN: (215) 536-8026
FAX: (215) 538-9026
WEB: www.womenforsobriety.org

CITY SECTION: National
AREA SERVED: No restrictions.
LEGEND: W, CD, Donations
encouraged

Self help recovery program for women with alcohol and drug addictions. Support services include self help groups, pen pal recovery network, free program literature, online chat meetings and message board and monthly membership newsletter.

WOMEN HELPING WOMEN

MAIN: (281) 631-9744
FAX: (832) 249-1399

CITY SECTION: North
AREA SERVED: No restrictions.
LEGEND: W, Free, Lim, Other
eligibility requirements

Help women in crisis become self-sufficient by providing free education, training and job placement in higher paying non-traditional fields.

WOMEN'S ADVOCACY PROJECT

PO Box 833
Austin, TX 78767

MAIN: (512) 476-5377
FAX: (512) 476-5773
TOLL FREE: (800) 374-HOPE
24 HOURS: (800) 777-FAIR
9:00am-5:00pm: (800) 325-SAFE
WEB: www.women-law.org

AREA SERVED: Statewide
LEGEND: M, W, F, Free, Appt Req, Lim

Legal representation to victims of domestic violence in protective order, divorce, custody and criminal cases; legal hotlines; Pro Se protective order packet (distribution and assistance); emergency protective order program (with court, outreach and legal advocacy)

WORKSOURCE, THE GULF COAST CAREERS

3501 Avenue F
Bay City, TX 77414

MAIN: (979) 245-4804
FAX: (979) 244-2455
TOLL FREE: (800) 939-6631
WEB: www.theworksource.org

CITY SECTION: Southwest
NEIGHBORHOOD: Bay City
AREA SERVED: Brazoria, Ft. Bend, Harris, Matagorda, Montgomery and Waller counties
LEGEND: Y, M, W, I/RR, Free, Walk-ins, Esp

Employment assistance; apprenticeship programs; childcare services; Choices program; veteran assistance; resume writing; resource library; food stamps; employment and training; NAFTA/TAA; employer services; labor market info; community resource info; copier, fax, phone, computer access; services for ex-offenders.

WRIT WRITERS ASSOCIATION

6610 Harwin, Suite 107
Houston, TX 77036

MAIN: (713) 785-5623
WEB: www.writewriters.org

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: No restrictions.
LEGEND: M, W, I/RR, Flat, Appt req, HIV+, CD, donations encouraged
Program targeting ex-offenders. Provides referrals to housing,

HIV/AIDS programs, employment, workshops, court advocacy, counseling, churches, community-based organizations and attorneys.



YMCA INTERNATIONAL SERVICES

6300 Westpark, Suite 600
Houston, TX 77057

MAIN: (713) 339-9015
FAX: (713) 339-1159
WEB: www.ymcahouston.org

CITY SECTION: Southwest
NEIGHBORHOOD: Gulfton
AREA SERVED: No restrictions.
LEGEND: All, Free, Lim, Esp

Comprehensive medical case management for HIV+ refugees and asylees admitted to the US under the provisions for refugees and asylees; legal counseling for immigration related documentation and services; refugee resettlement.

Servicio de administración de casos completo para refugiados y asilados VIH+ admitidos en los EEUU bajo la provisión para refugiados y asilados; consejería legal sobre servicios y documentos de inmigración; reasentamiento de refugiados.

YWCA OF HOUSTON

3621 Willia
Houston, TX 77007

MAIN: (713) 868-9922
FAX: (713) 868-1315
WEB: www.ywcahouston.org

CITY SECTION: Central
NEIGHBORHOOD: Memorial Park/Washington Ave.
AREA SERVED: No restrictions.
LEGEND: All, Free

HIV/AIDS prevention and education classes, seminars and workshops for youth (ages 11 to 18) and the community.

Social Security Programs

Programas del Seguro Social

How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

1-800-772-1213 (TTY: 1-800-325-0778)

This service is available 7:00 a.m.–7:00 p.m. Monday through Friday.

Social Security is also on the Internet. A lot of good program information is available at this site:

www.ssa.gov

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative. You may call your representative before you receive a notice of award. After you receive the notice of award, you should call the toll-free service.



Art by Reachellian Ellison

¿Cómo ponerme en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, preguntar acerca de Medicare o un cheque atrasado, verificar sus beneficios, obtener respuestas a preguntas generales, y más es llamando al:

1-800-772-1213 (TTY: 1-800-288-7185)

Este servicio está disponible de 7:00 a.m. a 7:00 p.m. de lunes a viernes.

El Seguro Social está disponible en la red del Internet. Aquí podrá encontrar mucha información sobre los programas:

www.ssa.gov

Una vez que haya sometido un reclamo para obtener beneficios, le darán el nombre y el número telefónico de su representante del Seguro Social. Ud. puede llamar a su representante antes de recibir su notificación de beneficios. Después de recibirla, debe llamar al número 1-800-772-1213.

What is Social Security?

There are two types of Social Security benefits that people with HIV disease may be eligible to receive: Social Security Disability (SSD) and Supplemental Security Income (SSI). Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be "disabled" to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by calling the Social Security Administration and requesting an "Earnings & Benefits Statement."

¿Qué es el Seguro Social?

Hay dos tipos de beneficios de Seguro Social que personas infectadas con el VIH pueden recibir: Seguro Social por Incapacidad (SSD) y Seguro de Ingreso Suplemental (SSI). Ambos programas proveen pagos mensuales a una persona que ya no puede trabajar debido a su condición médica. Ud. debe estar "incapacitado" para calificar a recibir beneficios de cualquiera de los dos programas. Puede averiguar en adelantado si calificaría y cuanto recibiría mensualmente del SSD si se incapacitara hoy, llamando a la Administración del Seguro Social y solicitando una "Declaración de Beneficios e Ingresos."

Who qualifies as disabled?

Usually, HIV infected persons who have had one or more opportunistic infections qualify medically. Sometimes people with HIV can qualify as disabled even if they have had no opportunistic infections, but the approval process is more difficult and may take longer. It is important to remember that "disability" as defined by SSA is not the same as the Center for Disease Control (CDC) definition of AIDS. For example, having a T-cell count below 200 is not, by itself, enough to be considered disabled for Social Security purposes.

¿Quién califica como incapacitado?

Usualmente, personas infectadas con el VIH que han tenido una o más infecciones oportunistas califican médicamente. A veces, las personas califican como incapacitados aunque no hayan tenido una infección oportunista, pero el proceso de aprobación es más difícil y puede demorar más tiempo. Es importante recordar que la definición de "incapacidad" presentado por SSA no es la misma que la del CDC. Por ejemplo, el tener una cifra de células T menor de 200 no es, en sí, suficiente para ser considerado como incapacitado por el Seguro Social.

Is US citizenship required?

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

¿Es requerida la ciudadanía EEUU?

La ley federal requiere que cualquier persona quien esté solicitando para SSD aquí en los EEUU sea un ciudadano estadounidense o un inmigrante legal; cualquiera solicitando el SSI debe ser un ciudadano estadounidense o foráneo calificado. Llame a un representante de SSA al 1-800-772-1213 para obtener la definición más reciente de "foráneo calificado."

Social Security Disability (SSD)

In addition to being disabled, people qualify for SSD by working, paying Social Security taxes and earning "credits." SSD is an insurance program; the monthly benefit that you are entitled to is based on the premiums (Social Security taxes) that you paid while you were working. Generally, the higher your earnings have been, the higher your benefits will be, and even people who are disabled at a young age can qualify for reasonably high benefits if they have had a high income for a few years. To be "insured" for SSD, you must have earned a certain number of credits and worked for at least 5 of the last 10 years before the disability began. Only SSA can provide the number of credits needed and an accurate benefit estimate for a specific individual.

SSD benefits are not affected by how much money you have in the bank, how much your assets are worth, how much income you receive from private disability programs, interest or dividends, financial assistance from friends and relatives or your living situation. SSD payments continue for as long as SSA determines that you are disabled and are increased most years by a small amount to keep up with the cost of living.

If your SSD benefit amount is below a certain level (\$530 in 2001), you may be eligible to receive SSI payments to supplement the SSD.

Seguro Social por Incapacidad (SSD)

Además de estar incapacitadas, las personas pueden ser consideradas elegibles a recibir SSD simplemente por haber trabajado, pagado impuestos del Seguro Social y adquirido "créditos." El SSD es un programa de seguro, cuyos beneficios están basados en los abonos (impuestos del Seguro Social) pagados. Por lo general, el haber tenido ingresos altos resulta en beneficios más altos y hasta las personas que se incapacitaron cuando jóvenes pueden recibir beneficios razonablemente altos si mantuvieron un salario alto por varios años. Para estar "asegurado" por el SSD, Ud. debe haber adquirido cierto número de créditos y haber trabajado por lo menos 5 de los últimos 10 años antes que empezara su incapacidad. Solamente SSA puede proveer la información correcta sobre un individuo específico.

Los beneficios de SSD no son afectados por la cantidad de dinero que Ud. tenga en el banco, ni por el valor de sus propiedades, ni por el ingreso que Ud. reciba de programas privados de incapacidad, intereses, asistencia económica de amistades o familiares. Los pagos del SSD continúan mientras que el SSA lo considere incapacitado y aumentan a través de los años para mantenerse al mismo nivel del costo de vida.

Si sus beneficios son menos de una cierta cantidad (\$530 en 2001), Ud. quizás pueda ser elegible para recibir pagos de SSI para subsidiar el SSD.

Supplemental Security Income (SSI)

SSI is available to people who are medically disabled but have not earned enough credits to qualify for SSD, or who are waiting for SSD benefits to begin. Because SSI is basically a “welfare” program, benefits are generally not paid if you have resources valued at over \$2000 (individual) and \$3000 (couples) - the house you live in and one car are exempt. Also, benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled and is increased most years by a small amount.

Seguro de Ingreso Suplemental (SSI)

El SSI está disponible a personas que están médicamente incapacitadas pero que no hayan ganado suficientes créditos para calificar para el SSD, o para quienes estén esperando que empiecen sus beneficios de SSD. El SSI es básicamente un programa de “asistencia pública.” Normalmente, no se pagan beneficios de SSI si la persona tiene bienes valorizados en más de \$2000 (individual) y \$3000 (pareja). Esta cantidad no incluye la casa donde vive y un automóvil. Además, sus beneficios se reducirán si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por pagos mayores de SSD, el SSI continúa mientras que el SSA lo considere incapacitado, y aumenta una pequeña cantidad a través de los años.

Applying for SSD/SSI

People with HIV should continue working for as long as they and their doctor agree that they are able to do so safely. However, it is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue. For the best service, call 1-800-772-1213 and schedule an appointment to apply for benefits. Be sure to tell the SSA representative that you have HIV; this may help speed up your claim.

Most hospitals and Thomas Street Clinic also have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home.

¿Cómo se solicita el SSD/SSI?

Las personas infectadas con el VIH deben continuar trabajando mientras ellos y sus médicos lo consideren seguro hacerlo. Sin embargo, por lo general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su médico, que está demasiado enfermo para continuar trabajando. Para obtener el mejor servicio llame al número 1-800-772-1213 y pida una cita para solicitar los beneficios. Asegúrese en decirle al representante de SSA que Ud. tiene el VIH. Esto puede acelerar su solicitud.

La mayoría de los hospitales y la Clínica Thomas Street tienen trabajadores sociales disponibles para ayudarle con su solicitud de SSD/SSI mientras que Ud. esté hospitalizado o visitando la clínica. En algunos casos especiales, SSA tiene representantes que pueden entrevistarle y llenar la solicitud en su casa.

Social Security Programs / Programas del Seguro Social

Documentation Checklists

SSA will need the following documents to complete your application for SSD or SSI. However, do not delay applying just because you do not have everything ready.

Lista de Documentos Requeridos

La oficina de SSA necesitará los siguientes documentos para completar su solicitud del SSD o SSI. Sin embargo, no espere para iniciar el proceso aunque no tenga de antemano todo lo necesario.

SSD

(based on medical criteria & work history)

SSD

(Basado en criterio médico e historial laboral)

- Disability Report and Activities of Daily Living Questionnaire completed in advance
- W-2 forms and tax returns for the past 2 years
- Certified birth certificate(s), including for children
- Marriage Certificate
- Divorce Decree
- Military Discharge Papers
- Date you became disabled and the date you last worked
- Names, addresses and phone numbers for all doctors, hospitals and clinics you have used
- Work history for the past 15 years
- Voided check (for direct deposit)
- Proof of citizenship or lawful alien status

- Reporte de Incapacidad y Cuestionario de Actividades Diarias completados en adelantado
- Formularios W-2 y Declaraciones de impuestos de los últimos 2 años
- Certificado(s) de nacimiento, incluyendo de los niños
- Certificado de matrimonio
- Decreto de divorcio
- Documentos de servicio militar
- Fecha de incapacidad y último día de trabajo
- Nombres, direcciones y números telefónicos de todos los médicos, hospitales y clínicas que ha utilizado
- Antecedente laboral de los últimos 15 años
- Cheque bancario cancelado (para depósito directo)
- Prueba de ciudadanía EEUU o inmigrante legal

Social Security Programs / Programas del Seguro Social

SSI

(Based on medical and financial criteria)

SSI

(Basado en criterio médico y económico)

- Certified birth certificate(s), including for children
- Marriage certificate
- Divorce Decree
- Military discharge papers
- Bank statements for current month
- Life insurance information
- Names, addresses and phone numbers for all doctors, hospitals and clinics you have used
- Information about your living situation: lease, roommate, staying with relatives, etc.
- Voided check (for direct deposit)
- Proof of U.S. citizenship or lawful alien status

- Certificado(s) de nacimiento, incluyendo de los niños
- Certificado de matrimonio
- Decreto de divorcio
- Documentos de servicio militar
- Declaración de cuenta bancaria reciente
- Información de seguro de vida
- Nombres, direcciones y números telefónicos de todos los médicos, hospitales y clínicas que ha utilizado
- Información sobre su situación de vivienda: alquiler, compañero de casa, con parientes, etc.
- Cheque bancario cancelado (para depósito directo)
- Prueba de ciudadanía EEUU o inmigrante legal

Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI. Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.

Colabore con su médico porque él o ella mantiene el archivo sobre su condición médica y completa el formulario médico requerido para el SSI. Documentos completos y detallados aumentarán la posibilidad que su solicitud sea aprobada rápidamente. Ésto es importante, especialmente si su médico tiene experiencia limitada en el tratamiento del VIH.

Filing while still employed

If you file for benefits while you are still working, SSA must determine if the work you are doing is “substantial gainful activity” (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be “substantial.” SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

How long will it take?

The SSA representative who takes your claim is responsible for all non-medical issues and for processing your claim after it has been allowed or denied medically. In Texas, SSA contracts with the Texas Rehabilitation Commission, Disability Determination Services Division (DDS) to make the actual disability (medical) decision. The disability determination process usually takes 60 – 90 days for both SSD and SSI. If it seems to be taking a long time, you can ask your DDS representative (1-800-252-9627) if DDS is still waiting for any medical records that they need to process your application. If records are missing, you can contact the hospital, clinic or doctor’s office, and ask that these records be sent to DDS promptly.

SSI benefits can begin the month after the month in which you apply. If your physician confirms that your HIV infection is severe enough to meet SSA’s criteria, SSA will “presume” that you are disabled and pay you benefits for up to six months, provided that you qualify financially, before making a formal determination. SSI does not pay benefits for any months before you actually apply.

SSD benefits do not start until you have been disabled for five full months, no matter how quickly your application is approved. But, if you qualify for SSI, you can receive SSI payments for up to six months while waiting for your SSD to begin. Sometimes, SSA determines that a person became disabled before the date on which he or she applied for SSI/SSD, or SSA may take longer than five months to decide that a person is disabled. If this happens to you, SSA will pay you retroactive benefits (back pay). The amount depends on the established disability date and the date you filed your claim.

While you are waiting for your SSI/SSD benefits to begin, you may be eligible to receive limited financial assistance through your county Department of Social Services.

Solicitando mientras está empleado

Si Ud. solicita beneficios mientras está trabajando, SSA deberá determinar si el trabajo que hace es una “actividad gananciosa sustancial” (SGA). SGA es el trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser “sustancial.” SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y trabajo atentado pero fracasado. Si SSA determina que Ud. está llevando acabo SGA, una decisión médica no será necesaria y su solicitud será rechazada.

¿Cuánto tiempo demora?

El representante de SSA que toma su solicitud es responsable por todos los asuntos no médicos y por el procedimiento de su solicitud después de que haya sido aprobado o rechazado por razones médicas. En Texas, SSA contrata a la Comisión de Rehabilitación, División de Servicios de Determinación de Incapacidad (DDS) para que tome la decisión (médica) de incapacidad.

Generalmente, la duración del proceso para determinar incapacidad toma 60-90 días para el SSD y SSI. Si a Ud. le parece que el proceso está demorando mucho tiempo, puede preguntar a su representante del DDS (1-800-252-9627) si a la solicitud le falta algún documento. Si algo falta, Ud. puede llamar al hospital o la oficina de su médico para solicitar que manden la información que falta lo más pronto posible al DDS.

Los beneficios del SSI pueden empezar al mes siguiente de haberlo solicitado. Si su doctor confirma que su infección del VIH es suficientemente severa para satisfacer el criterio del SSA, el SSA “asumirá” que Ud. está incapacitado y le pagará sus beneficios por seis meses, dado que Ud. califique por razones económicas, antes de tomar una decisión formal. El SSI no paga por meses anteriores a la fecha de solicitud.

Los beneficios del SSD no empiezan hasta que Ud. haya estado incapacitado por cinco meses, aunque su solicitud sea aprobada rápidamente. Pero, si Ud. califica para el SSI, puede recibirlo por seis meses mientras espera el comienzo de sus beneficios del SSD. Algunas veces, SSA determina que una persona se incapacitó antes de la fecha de solicitud o SSA puede tomar más que cinco meses para determinar si una persona está incapacitada. Si ésto ocurre, SSA le pagará los beneficios retroactivos. La cantidad dependerá de la fecha de inicio en la cual se estableció la incapacidad y la fecha de solicitud.

Mientras Ud. espera a que inicien los pagos del SSD/SSI, quizás pueda ser elegible para recibir asistencia económica del Departamento de Servicios Sociales del condado donde vive.

If you are denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." SSA will request updated medical records and may require you to complete additional forms or see a special doctor hired by SSA to evaluate you. If your claim is denied a second time, you can file for an appeal before a judge. If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly, had you been approved sooner. If you exhaust all your appeals and are still denied, you can start the process again and reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

Si es Rechazado

Si su solicitud del SSD/SSI es rechazada, usted tiene 60 días para solicitar una "reconsideración." SSA le pedirá documentos médicos nuevos y le podrá requerir que complete formularios adicionales o entrevistarse con un doctor especial contratado por SSA para hacerle una evaluación. Si su solicitud es rechazada otra vez, puede pedir una apelación ante un juez. Si es aprobado finalmente, Ud. recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si Ud. agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

Returning to Work

If you have SSD and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop. However, for 36 months beginning with the first month after the ninth trial work month, you can receive benefits for any month that you do not work at the SGA level. During this time, you will not need to reapply or wait for a new disability decision in order to receive benefits. You will also be eligible for an additional 39 months of Medicare coverage following your TWP (see Medicare and Medicaid, below).

If you have SSI, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

Regresando al Trabajo

Si Ud. tiene SSD y está interesado en regresar a trabajar, llame al SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como TWP y ellos no tienen que ser consecutivos. Sin embargo, Ud. no puede comenzar TWP hasta el quinto mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios del TWP continúan hasta el momento de no estar más incapacitado por condición médica o hasta que haya trabajado por nueve meses.

Si después de los nueve meses de TWP SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos. Sin embargo, durante los próximos 36 meses después del primer mes de haber concluido el periodo de trabajo a prueba, Ud. podrá recibir beneficios por cualquier mes que su trabajo no se considere SGA. Durante este periodo Ud. no tendrá que volver a solicitar o esperar una nueva decisión médica de incapacidad para recibir beneficios. Ud. también será elegible para recibir 39 meses de cobertura de Medicare adicional después de su TWP (vea Medicare y Medicaid a continuación).

Si Ud. tiene SSI, no es elegible a TWP, pero sí hay incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante del SSA para más información acerca de sus opciones.

Medicare & Medicaid / Medicare y Medicaid

MEDICARE

As of July 1, 2001, the Health Care Financing Administration (HCFA) is now the Centers for Medicare & Medicaid Services (CMS). CMS runs the Medicare and Medicaid programs - two national health care programs that benefit about 75 million Americans. All persons receiving Social Security Disability (SSD) are automatically enrolled in Medicare after 29 months of being disabled (usually 24 months receiving SSD + the first five months of disability). There are no exceptions to this rule!

COBRA. The COBRA Health Benefit Provision allows disabled persons to keep the health insurance they had through their employer for up to 29 months if they have received a medical disability decision from SSA. The premiums are usually higher than the group rate and you will be expected to pay them yourself. However, the Assistance Fund may be able to help pay your premiums and will answer your questions about COBRA and keeping your insurance.

**** You must give your employer a copy of your SSA award letter as soon as possible. If you do not, your COBRA benefits will end after 18 months and you will have no medical coverage until Medicare begins 11 months later!**

Medicare is divided into two parts: "A" and "B." Part A primarily covers hospitalizations and part B covers outpatient services, such as visits to the physician. Part A is free, but part B, which is optional, requires that a monthly premium be deducted from the SSD checks. Medicare recipients also have to pay limited deductibles and co payments. Medicare does not cover prescriptions or long-term care.

If you receive SSD and do not also receive Supplemental Security Income (SSI), but your income falls below a certain level, you may qualify for either the QMB (Qualified Medicare Beneficiary) or the SLMB (Specified Low-income Medicare Beneficiary) program. These helpful programs, administered by the Texas Department of Human Services, pay the Medicare part B monthly premiums, and QMB also covers all deductibles and co payments. Call TDHS at 713-692-1635 for information about QMB and SLMB. If you receive both SSD and SSI and have been disabled for at least 29 months, you are eligible for both Medicare and Medicaid.

MEDICARE

Desde el 1ero de julio de 2001, la Administración de Finanzas del Cuidado de Salud (HCFA) es ahora Centros de Servicios para Medicare & Medicaid (CMS). El CMS dirige los programas de Medicare y Medicaid - dos programas nacionales del cuidado médico que benefician a cerca de 75 millones de ciudadanos estadounidenses. El Medicare está disponible a todas las personas que reciben el Seguro Social por Incapacidad (SSD), pero no antes de 29 meses de estar incapacitado (generalmente 24 meses de recibir el SSD y los primeros cinco meses de incapacidad). ¡No hay excepciones a esta regla!

COBRA. La Provisión de Beneficios de Salud COBRA le permite a personas incapacitadas mantener su seguro de salud privado, ofrecido por su trabajo, por un periodo de 29 meses, si Ud. recibió una decisión de incapacidad médica del SSA. Las primas son generalmente más altas que el seguro de grupo y Ud. tendrá que pagarlas. Sin embargo, Assistance Fund le puede ayudar con los pagos, contestar preguntas sobre COBRA y mantenerse asegurado.

**** Ud. deberá entregarle a su empleador una copia de la carta de beneficios del SSA lo más pronto posible. Si no lo hace, sus beneficios terminarán después de 18 meses y no tendrá más beneficios hasta que empiece la cobertura con Medicare, 11 meses más tarde.**

Medicare está dividido en dos partes: "A" y "B." La parte A cubre mayormente hospitalización y la parte B cubre visitas médicas y otros servicios ambulatorios. La parte A es gratis, pero la parte B, que es opcional, requiere que una cuota mensual sea deducida de los cheques de SSD. Las personas que reciben Medicare también tienen que pagar un porcentaje de sus costos médicos. Medicare no cubre las recetas médicas o el cuidado a largo plazo.

Si Ud. recibe SSD y no recibe también la Seguridad de Ingreso Suplemental (SSI), pero su ingreso es menor a un cierto nivel, quizás pueda calificar para uno de los programas QMB (Beneficiario Calificado de Medicare) o SLMB (Beneficiario de Medicare de Bajo Ingreso) del Departamento de Servicios Humanitarios de Texas. Estos programas pagan las cuotas mensuales de la parte B de Medicare y el programa QMB también paga todos los deducibles. Llame al 713-692-1635 para más información sobre QMB y SLMB. Si Ud. recibe el SSD y el SSI y ha estado lisiado por un mínimo de 29 meses, es elegible para Medicare y Medicaid.

MEDICAID

Medicaid is a state program administered by the Texas Department of Human Services (TDHS). Everyone receiving SSI benefits, whether or not they are also receiving SSD, is covered by Medicaid. Medicaid covers both acute care (doctor visits, lab work & x-rays, hospitalization, etc.) and long-term care (nursing home, attendant services, etc.). Since 1998, Medicaid in Harris County also covers an unlimited number of medically necessary prescriptions per month; previously, only three per month were allowed. There are no deductibles or co payments with Medicaid.

Medicaid in Harris County area is now being provided through two managed care programs: Star and Star+Plus. People receiving TANF benefits enroll in the Star program and people receiving SSI enroll in the Star+Plus program (Star+ Plus includes long-term care, but Star does not).

This means that everyone receiving Medicaid is now required to select an HMO (listed below) and a primary care physician who has signed up with the HMO. Once you choose a primary care physician, you will go to this doctor for all your medical care, unless he or she refers you to a specialist or you choose a different primary care physician. However, you do have the right to access psychiatric or chemical dependency treatment directly - from a doctor or facility listed in your HMO's directory - without first going through your primary care physician.

Currently, the Star program contracts with five HMOs and Star+ Plus contracts with three. Doctors and clinics frequently sign up with more than one HMO. When you qualify for Medicaid through TDHS, you will receive an enrollment packet for the Star or Star+ Plus program. This will include "provider directories" for each HMO and a HEALTH PLAN COMPARISON CHART. You can then either fill out the forms and mail them in or you can call the enrollment broker, Maximus, and enroll over the phone. The number to call is below.

**** It is very important for Harris County clients to choose your own primary care physician! If you do not make a selection within thirty days, a primary care physician (and an HMO) will be chosen for you. If this happens, you will probably not be allowed to see your regular doctor and your medical care may be interrupted!**

MEDICAID

Medicaid es un programa estatal administrado por el Departamento de Servicios Humanitarios de Texas (TDHS). Todo aquel que recibe beneficios de SSI, esté o no recibiendo también SSD, está cubierto por Medicaid. Medicaid cubre tratamientos agudos (consultas médicas, exámenes de laboratorio, rayo-x, hospitalización, etc.) y tratamientos a largo plazo (cuidado a largo plazo, servicios de asistencia, etc.). Desde 1998 en el Condado Harris, Medicaid también cubre un número ilimitado de recetas médicas al mes, antes sólo tres eran permitidas. No existen deducibles o pagos con Medicaid.

En el Condado Harris, Medicaid es ofrecido a través de dos programas administrativos del cuidado: Star y Star+Plus. Aquellos recibiendo beneficios TANF serán inscritos en el programa Star y los que reciben SSI serán inscritos en el programa Star+Plus (Star+Plus incluye tratamiento a largo plazo, no es así con Star). Esto significa que todos aquellos que reciben Medicaid deben elegir un HMO (organización administrativo de la salud, mencionados a continuación) y un médico general que esté inscrito con el mismo. Al elegir a un médico, él o ella se encargará de todas sus atenciones de salud, a no ser que él o ella lo dirija a un especialista o Ud. elija otro médico general. Sin embargo, Ud. tiene el derecho a solicitar tratamiento psiquiátrico y de abuso de sustancias directamente con un médico o un centro inscrito con su HMO, sin tener que acudir antes a su médico general.

Actualmente, el programa Star posee contratos con cinco HMOs y Star+Plus con tres. Frecuentemente, los médicos y clínicas tienen convenios con más de un HMO. Cuando Ud. califica para Medicaid a través de TDHS, Ud. recibirá un paquete de inscripción para el programa Star o Star+Plus. El paquete incluye una lista de los proveedores en cada HMO y una TABLA DE COMPARACIÓN DE LOS PLANES DE SALUD. Ud. puede llenar los formularios y enviarlos por correo o contactar a la compañía encargada de las inscripciones, Maximus, e inscribirse por teléfono (vea a continuación).

**** Es muy importante que los clientes del Condado Harris elijan su propio médico general. Si Ud. no lleva a cabo dicha selección en treinta días, un médico general (y un HMO) será elegido para Ud. ¡Si ésto ocurre, probablemente no le será permitido ser atendido por su médico habitual y su tratamiento podría ser interrumpido!**

Important Star and Star+ Plus Numbers

Call to enroll or ask questions / *Llame a inscribirse o hacer preguntas:*

MAXIMUS (enrollment broker)
650 N. Sam Houston Parkway East, Suite 507
Houston, TX 77060

Phone: (281) 260-9871
or (281) 260-9872
Toll Free: (800) 964-2777
Fax: (281) 260-9520

Questions about the programs? / *¿Preguntas acerca de los programas?*

TDHS TDHS Star & Star+Plus Helpline

Phone: (713) 767-3919
Toll Free: (800) 411-9929

STARLink Helpline

STARlink is a statewide, toll-free helpline designed to assist consumers with urgent medical needs who are experiencing barriers receiving health and long term care services. STARLink advocates provide support and information to persons enrolled in or eligible for Medicaid managed care in Texas.

Toll Free: (866) 566-8989
TTY: (866) 222-4305

PLAN NAME	PLAN PHONE NUMBER	PHONE NUMBER
HARRIS COUNTY		
Texas Health Network (Star & Star+Plus)	1-888-302-6688	1-888-302-6688
AmeriGroup (Star & Star+Plus)	1-800-600-4441	1-800-658-3648
TX Children's STAR (formerly AmCare First)	1-800-990-8247	1-800-847-5448
HMO Blue (Star)	1-800-492-0750	1-800-435-5348
Evercare Star+Plus (Star+Plus)	1-888-887-9003	1-800-435-5348
Community Health Choice (Star)	1-888-760-2600	1-800-435-5348
BRAZORIA, FT BEND, GALVESTON, MONTGOMERY & WALLER COUNTIES		
Texas Health Network	1-888-302-6688	1-888-302-6688
AmeriGroup	1-800-600-4441	1-800-600-4441
TX Children's STAR (formerly AmCare First)	1-800-990-8247	1-800-847-5448
HMO Blue	1-800-492-0750	1-800-435-5348
Community Health Choice	1-888-760-2600	1-800-435-5348
CHAMBERS & LIBERTY COUNTIES		
Texas Health Network	1-888-302-6688	1-888-302-6688

How To Select an HMO

¿Cómo Seleccionar un HMO?

Ask for help if you need it

Choosing the right HMO is a very important decision. You may feel overwhelmed trying to work through all the paperwork. Don't hesitate to ask for help! Consider asking any of the people listed below if you feel you need some guidance through the decision process.

1. Your spouse, partner, relatives, caregivers
2. Your doctor or nurse
3. Your case manager, service linkage worker, care coordinator
4. Friends or acquaintances who are already receiving care through one of the HMOs
5. Representatives of AIDS service organizations (AIDS Foundation Houston, PWA Coalition, Bering, Montrose Clinic, etc.)
6. A representative of the enrollment broker, Maximus (1-800-964-2777)

JUST REMEMBER: this is your decision about your health care; the HMO that was right for someone else—or that seems good to someone else—may not be the right one for you.

Find your doctor

1. Check the provider lists of all the HMOs.
2. If your doctor is listed with only one HMO, this is probably the one for you.
3. If your doctor is listed with more than one HMO, use the HEALTH PLAN COMPARISON CHART included with your enrollment packet to help you decide (especially look for your preferred hospital and compare the value added services).
4. It is better if your doctor is listed under "primary care physicians" rather than under "specialists," because you will have easier access to him or her. If he or she is a "primary care physician" under one plan and a "specialist" under another, you may want to choose the "primary care physician" HMO.
5. Important: sometimes you may be able to have your doctor as your primary care physician, even if he or she is listed as a specialist; ask the HMOs about this option.

Pida ayuda si lo necesita

La selección más adecuada de un HMO es una decisión muy importante y Ud. podría sentirse abrumado al tener que llenar los formularios sin equivocarse. No vacile en pedir ayuda. Pregunte a cualquiera de las siguientes personas si Ud. necesita ayuda durante el proceso de decisión:

1. Su cónyuge, pareja, familiares o cuidadores
2. Su médico o enfermera
3. Su administrador/a de casos, trabajador/a de enlace a los servicios, o coordinador/a del cuidado
4. Amistades o conocidos que están recibiendo tratamiento a través de un HMO
5. Representantes de las organizaciones de servicio del VIH/SIDA (AAMA, AVES, Family Services, Bering, Montrose Clinic, etc.)
6. Un representante de Maximus, la compañía encargada de las inscripciones (1-800-964-2777)

RECUERDE: la decisión acerca de su salud es suya; el HMO que resultó apropiado o que parece ser el más conveniente para otra persona—pueda que no sea la más apropiada para Ud.

Busque a su médico

1. Revise la lista de proveedores de HMOs.
2. Si su médico está inscrito en sólo un HMO, éste probablemente es el más apropiado para Ud.
3. Si su médico está inscrito con más de un HMO, use la TABLA DE COMPARACIÓN DE LOS PLANES DE SALUD incluida en su paquete de inscripción (especialmente, busque su hospital preferido y compare el valor agregado a los servicios).
4. Es preferible que su médico esté inscrito bajo "médico general" y no bajo "especialista" dado que él/ella le será más accesible. Si él o ella está inscrito como "médico general" en un plan y en otro como "especialista," es preferible elegir el HMO en el cual esté inscrito como "médico general."
5. Importante: A veces es posible tener a su médico como un "médico general" a pesar de que esté inscrito como un especialista; pregunte a los HMOs acerca de esta posibilidad.

If your doctor isn't listed

1. Call your doctor's office to find out if he or she has signed up with any of the HMOs; since the provider lists included in your enrollment packet are printed in advance, they are probably not up-to-date.
2. If you prefer, you can call each of the HMOs to ask if your doctor is currently signed up with them.
3. If your doctor hasn't signed up with an HMO, advocate for yourself and ask him or her to sign up with one!

If you must choose a new doctor (or if you don't have a doctor already)

1. Generally, you should select your primary care physician before you select an HMO.
2. It is important to have regular access to a physician experienced in treating HIV disease, so do not choose a doctor at random or just because the doctor's office is close to where you live.
3. Unless you already have a new doctor in mind, consider asking some of the people listed above (under "Ask for help if you need it") for recommendations. Start with your current doctor.
4. If you have trouble getting recommendations, you may want to call some of the listed doctors in your area and ask if they treat a lot of HIV patients. Answering "yes" doesn't guarantee that the doctor is an HIV specialist, but at least you can definitely rule out those who answer "no."
5. Remember, a new doctor who you are interested in seeing may be signed up with one or more HMOs even if he or she isn't listed in the provider directories, so ask the doctor—or the HMOs—before giving up.
6. If you are trying to choose between two or more equally acceptable doctors, it makes sense to select the one whose office will be easiest for you to get to.

Accessing your doctor:

1. Remember that in this system you must go through your primary care physician to access a specialist. If you go to a specialist without going through the primary care physician, you may find yourself responsible for paying 100% of the charge.
2. Most primary care physicians have after hours and weekend telephone coverage and are accessible to patients through their main office number, even if the office is closed.

Si su médico no está inscrito

1. Pregunte a su médico si él o ella está inscrito en algunos de los HMOs, ya que la lista de proveedores incluida en su paquete de inscripción está impresa anticipadamente y es probable que los datos no estén actualizados.
2. Si Ud. prefiere, puede llamar a todos los HMOs para averiguar si su médico está inscrito actualmente con ellos.
3. Si su médico no está inscrito con un HMO, sugiera a él o ella que lo haga.

Si Ud. debe elegir un nuevo médico (o si aún no tiene un médico)

1. Generalmente, Ud. debe elegir su médico general antes de elegir un HMO.
2. Es importante tener un fácil acceso a un médico con experiencia en el tratamiento del VIH; por lo tanto no elija un médico al azar o por el hecho que la consulta se encuentre cerca de su casa.
3. A no ser que Ud. ya tenga en consideración un nuevo médico, consulte con las personas mencionadas anteriormente para recibir recomendaciones. Empiece con su médico actual.
4. Si le es difícil conseguir recomendaciones, Ud. podría llamar a los médicos inscritos dentro de su área y preguntarles si atienden a muchos pacientes con el VIH. Una respuesta afirmativa no garantiza que es un especialista del VIH, pero por lo menos Ud. podrá prescindir de aquellos que le contestan con una negación.
5. Recuerde, un médico nuevo que a Ud. le interesa puede estar inscrito en uno o más HMOs aún si no aparece alistado, por lo tanto pregunte al médico o a los HMOs antes de desistir.
6. Si Ud. intenta elegir entre dos o más médicos con similares calificaciones, puede ser más sensato el elegir aquel cuya consulta le sea más accesible.

El acceso a su médico:

1. Recuerde que en el sistema de HMO Ud. debe contactar a su médico general (primary care physician) antes de tener acceso a un médico especialista. Si visita a un médico especialista sin primero contactar con su médico general, es posible que tenga que pagar el 100 por ciento de esa consulta médica.
2. La mayoría de los médicos generales tienen líneas telefónicas abiertas después de las horas normales de oficina y en los fines de semana. Aunque la oficina esté cerrada, ellos puede que estén disponibles a través del número telefónico principal de la oficina.

Publications / Publicaciones

Do you like to read informative articles about living with HIV? Would you like to receive regularly updated information about HIV research and the latest treatments? If so, you might want to subscribe to one or more of the publications listed below. Most are free to people who are HIV+. We have also listed other resource directories that may be of interest to you.

¿A Ud. le gusta leer artículos inspiradores sobre el vivir con el VIH? ¿Le gustaría recibir información actual sobre investigaciones del VIH y los últimos tratamientos? Si es así, Ud. tal vez le gustaría suscribirse a una o más de las publicaciones mencionadas aquí. La mayoría son gratis para personas con el VIH. También hay directorios que tal vez le interesaría.

PUBLICATION	PHONE / TELÉFONO	LOCATION / UBICACIÓN	LEGEND / TABLA
amfAR Global Link (formerly the amfAR HIV/AIDS Treatment Directory)	(800) 458-5231 Single (212) 806-1639 Bulk	AmFar quarterly for treatment/drug info	Free, S\$
AIDS Treatment News	(800) TREAT-1-2	Twice monthly treatment newsletter	\$.S\$
Being Alive	(310) 289-2551	PWA Coalition LA monthly newsletter	\$.S\$
BETA (Bulletin of Experimental Treatments for AIDS)	(415) 487-8060	Quarterly treatment focused magazine	Esp, Free
BETA (Boletín de Tratamientos Experimentales Contra el SIDA)	(415) 487-8060	Revista trimestral tratamiento-enfocado	Esp, gratis
Body Positive	(212) 566-7333	Non-technical monthly magazine	Esp, Free
Cuerpo Positivo	(212) 566-7333	Revista mensual y fácil de leer	Esp, gratis
Ecos Femeninos	(800) 554-4876	Dos veces al año, temas femeninos	Esp, gratis
CDC National Prevention Information Network (NPIN).	(800) 458-5231	Large selection of publications	Esp, Free
PI Perspectives	(800) 822-7422	Project Inform quarterly newsletter	Esp, Free
Positively Aware	(773) 989-9400	TPAN, Chicago bimonthly newsletter	Free, Esp
Poz	(800) 973-2376	Monthly magazine, variety of features	Esp, Free
RITA (Research Initiative / Treatment Action!)	(713) 527-8219 (888) 341-1788	Professional-level treatment newsletters	Free
Ryan White Planning Council Office of Support	(713) 572-3724	Houston Area HIV/AIDS Resource Guide "The Blue Book"	Esp, Free, gratis
Gay Men's Health Crisis (GMHC) Treatment Issues	(212) 367-1000	Monthly focusing on gay men's issues	\$.S\$
Women Alive	(323) 965-1564	Quarterly focusing on women's issues	Free
WORLD	(510) 986-0340	Monthly focusing on women's issues	\$.S\$
HIV/AIDS Resources: A Nationwide Directory	(800) 225-1860	Expensive, but has 900 pages of detailed HIV resource info for every US county	\$.142
Homeless Services Directory	(713) 739-7514	Detailed info about resources for the homeless	\$.10
Texas HIV/STD Community Resource Directory	(512) 490-2535	HIV services in all Texas cities, list of free TDH publications, national hotlines, etc.	Free
Senior Guidance Directory	(713) 529-9991	Convenient phone directory, available in Kroger pharmacies	Free
United Way Community Resources Directory	(713) 685-2300	Detailed info about Houston area resources in a variety of categories	\$.45 (print) \$75 (CD)

For additional information, please visit our website at www.rwpc.org online resources and web publications.

H.A.I.L.: The Houston AIDS Information Link (web address: www.hailinfo.org) is a collaborative project to improve access to HIV/AIDS information for patients, health care providers and the affected community. Each HAIL site is equipped with computer workstations that allow individuals to access many sources of HIV/AIDS related information free of charge. Many of these resources are Internet accessible through HAIL's web page. Paramount among these information resources are web pages from nationally recognized AIDS organizations. You may want to ask for assistance when you first use a HAIL workstation to learn how to access information on the Internet. The participating organizations are listed at www.rwpc.org.

United Way Helpline

Línea Telefónica de Ayuda de United Way

To get assistance with or access to this information in five additional languages, please call the United Way Helpline at their 24-hour toll free number: **1-800-833-5948** or **713-957-HELP (4357)** or you can search the United Way Community Resource Database on the web: www.referweb.net/uwtgc/.

*Para recibir asistencia o información en cinco idiomas, por favor llame gratuitamente a la Línea Telefónica de Ayuda de United Way las 24 horas del día al número: **1-800-833-5948** or **713-957-HELP (4357)** o consulte con la base de datos de recursos comunitarios de United Way en el Internet: www.referweb.net/uwtgc/.*

If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:

Si Ud. tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:

The Office of Support for the Ryan White Planning Council

2223 West Loop South, Suite 240; Houston, TX 77027

Phone: 713-572-3724 Fax: 713-572-3740

Email: Feedback_RWPC@co.harris.tx.us

The "Blue Book"

El "Libro Azul"

