

**HOUSTON
RESOURCE
GUIDE**

The "Blue Book"

**HOUSTON
GUIA DE
RECURSOS**

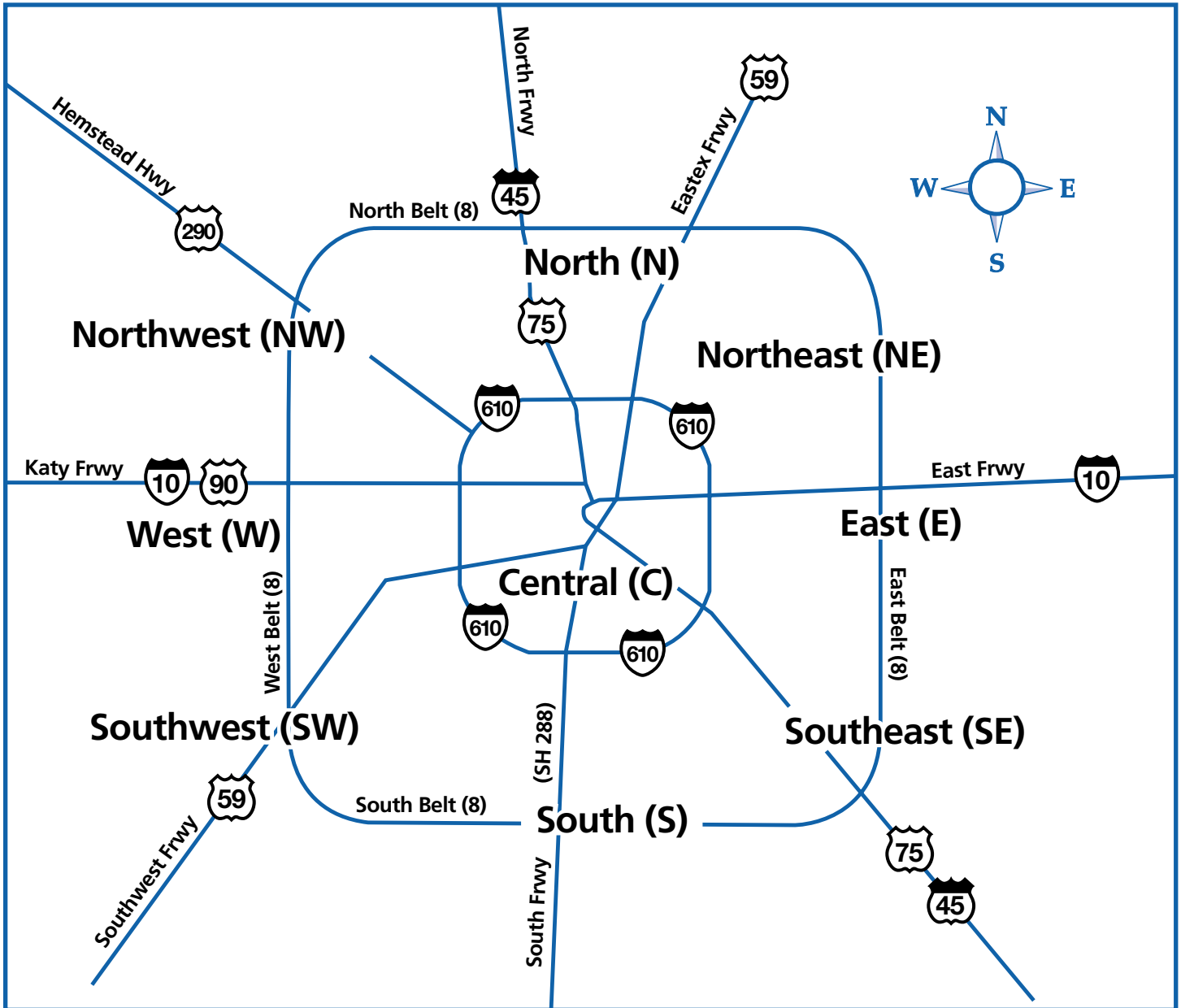
El "Libro Azul"

2006 - 2007

free / gratis

HOUSTON AREA MAP

MAPA DEL AREA DE HOUSTON



MAP LEGEND

TABLA DEL MAPA

(C)	Central	(NW)	Northwest
(S)	South	(N)	North
(SW)	Southwest	(NE)	Northeast
(W)	West	(E)	East
		(SE)	Southeast

How To Use This Guide

The legend below applies to the codes used for most categories included in this book. Additional codes may be used for some agencies and are self-explanatory.

When looking for a type of service, use the TABLE OF CONTENTS on page 5. If you can't find the exact service, try scanning the table of contents to see if it is included in a different category. The SERVICE CATEGORY sections list the agencies that provide each service. The listing includes agency name, phone number and legend codes. Use the HOUSTON AREA MAP (inside front cover) to find the general area (North, South, East, West) where the agency is located. The SERVICE AREA MAP on page 11 shows the entire 10-county service area.

If you know the name of the agency you want and need their phone number or address, refer to the ALPHABETICAL LISTING, beginning on page 21.

The PULL OUT PHONE DIRECTORY on the last page can be removed for easy reference.

Como Usar Este Guía

La tabla al pie de la página informa sobre los códigos usados en la mayoría de las categorías incluidas en este libro. También otros códigos obvios puede que sean utilizados por algunas agencias.

Cuando necesite buscar un tipo de servicio, use la TABLA DE CONTENIDO en la página 5. Si Ud. no puede encontrar el servicio exacto, explore la tabla para ver si está incluido en una categoría diferente. Las secciones de CATEGORÍA DE SERVICIOS catalogan las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON en la página una opuesta para encontrar el área general (norte, sur, este, y oeste) donde la agencia está ubicada. El MAPA DEL ÁREA DE SERVICIO en la página 11 muestra el área de servicio entera de los diez condados.

Si Ud. sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO, al principio en la página 21.

La GUÍA TELEFÓNICA PORTÁTIL en la página final puede ser removida del libro para una referencia fácil.

LEGEND

M	Serves Men.
W	Serves Women.
C	Program for children, ages 0 – 12.
Y	Program for youth, ages 13 – 24.
Fam	Serves families with children.
All	Serves all ages.
HIV+ only	Program for HIV+ only.
Free	At least one service provided for free, regardless of income.
\$\$	Sliding scale used to determine fee.
Med	Accepts Medicare/Medicaid.
Esp	Spanish speaking personnel available during office hours.
I/RR	Serves those recently released from incarceration.
Lim	Limited availability of service.
CD	Program for chemical dependency.

TABLA

M	Se atienden a hombres.
W	Se atienden a mujeres.
C	Programa para niños, 0 – 12 años.
Y	Programa para adolescentes, 13 – 24 años.
Fam	Se atienden a las familias con niños.
All	Servicios para toda persona.
HIV+ only	Programa para VIH+ solamente.
Free	Por lo menos un servicio gratis, sin importar ingreso.
\$\$	Escala móvil utilizada para determinar costo.
Med	Se acepta Medicare y/o Medicaid.
Esp	Personal que habla español disponible durante horas de oficina.
I/RR	Servicios para personas que se han dado de alta de la cárcel o prisión.
Lim	Disponibilidad limitada de servicio.
CD	Programa para el abuso de sustancias.

Introduction

Welcome to the 2006 - 2007 Houston HIV/AIDS Resource Guide, a convenient source of information about services in the Greater Houston Area available to persons living with HIV/AIDS. This guide is not intended to be a directory of all agencies serving HIV+ persons. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council. In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although

we have done our best to provide our readers with accurate information, changes do occur frequently, and what was correct when we went to print may no longer be correct at the time you are reading the guide. We ask that you contact us at 713-572-3724, or by e-mail at Feedback_RWPC@co.harris.tx.us if you have comments or suggestions for improving future additions and check our website: www.rwpc.org for updated information.

Introducción

Bienvenidos a la Guía de Recursos VIH/SIDA 2006 - 2007 de Houston, una conveniente fuente de información sobre los servicios en el área de Houston para personas viviendo con el VIH/SIDA. Esta guía no intenta ser el directorio de todas las agencias que sirven a las personas VIH+. Las inclusiones en la guía no implican un endoso por parte del Concilio de Planificación Ryan White. Durante la preparación de esta publicación hemos confiado que las mismas agencias nos diera la información acerca de sus programas y servicios. Aunque nuestra

intención es el de ofrecer al lector información precisa, cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea después. Le pedimos que nos llame al (713) 572-3724, o se comuniqué con nosotros a través de nuestro correo electrónico: feedback_rwpc@co.harris.tx.us con sus comentarios o sugerencias para el mejoramiento de futuras ediciones. También le invitamos a que visite nuestro website: www.rwpc.org para información actualizada.

HOUSTON AREA HIV SERVICES RYAN WHITE PLANNING COUNCIL

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Dear Friends,

Welcome to the 2006-2007 edition of the Houston Area HIV/AIDS Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. Once again, we are pleased to bring you the most up-to-date information about HIV services in Harris and the nine surrounding counties. The United Way has incorporated this information into their 24-hour Helpline so that those who need assistance can call their toll free number to ask questions or access this information in five languages. To contact the United Way Helpline, please call 2-1-1.

This year will be the fifth year that the Office of Support for the Ryan White Planning Council has been responsible for producing this book. We hope you will find the changes in format more helpful than ever. The Council and staff are continually working to bring improvements that will make future editions of the Blue Book even better. As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. These meetings are open to the public and all who wish to participate in our process are welcome. Please contact the Office of Support at the address listed above for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary.

With best wishes,

Estimados Amigos,

Bienvenidos a la edición 2006-2007 de la Guía de Recursos del VIH/SIDA del Área de Houston (el Libro Azul), publicado por el Concilio de Planificación Ryan White. Una vez más, estamos complacidos en ofrecer la información al corriente sobre los servicios del VIH en el condado Harris y los nueve condados a su alrededor. United Way ha incorporado esta información a su Línea de Ayuda de 24 horas para que las personas que necesitan asistencia puedan llamar gratuitamente para formular preguntas y acceder a información en cinco lenguas. Para contactar a United Way, por favor llame al 2-1-1.

Este será el quinto año en el cual la Oficina de Apoyo del Concilio de Planificación Ryan White ha tomado la responsabilidad de producir este libro. Esperamos que los cambios del formato les sean de mejor ayuda que en el pasado. El Concilio y su personal están trabajando arduamente para ofrecerles mayores innovaciones en el futuro.

Como siempre, los pedimos que cooperen con nosotros en proveer información precisa y cualquier dato útil para que esta guía de recursos sea efectiva y de fácil manejo. Por favor escriba, remita vía fax o llámenos para compartir sus ideas. También los alentamos a que hagan comentarios en las reuniones del Concilio. Estas reuniones están abiertas al público. Todas las personas interesadas en participar en este proceso son bienvenidas. Por favor, póngase en contacto con la Oficina de Apoyo, llamando al número mencionado arriba para la información sobre las reuniones.

Únase a nosotros para ayudarnos a que en un día futuro esta guía de recursos no sea más necesaria.

Cordiales saludos,



Steven Walker
Chair, Ryan White
Planning Council

Victoria Williams
Manager,
Office of Support

Diane Beck
Blue Book
Coordinator

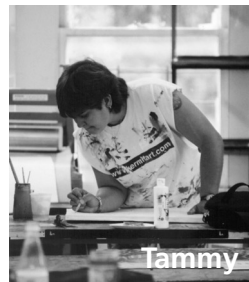
About the Artwork

The artwork for the 2006-07 Houston Area HIV/AIDS Resource Guide is generously provided by participants of the HIV+/Cancer-Related Illnesses Healing Art Group, an outreach program of the Art League of Houston, which is led by designer and illustrator Kermit Eisenhut. This award winning program offers a variety of activities for the artist and non-artist alike and is provided free of charge to persons living with HIV/AIDS and those with cancer-related illnesses.

The students who have given us permission to use their art work include: Marshall Moore, Raphael Rios, Ronnie, Gary, Timothy O. Hill, Mark Mauboules, Kenneth Willet, Marlene, James Goff, Tammy Garrison, Mauricio B. and Susan Fronek.

We are grateful to Kermit, the Art League of Houston, and the artists listed above for sharing their images and feelings with us for this publication.

Many of the works of art created by the class are available for sale with part of the proceeds benefiting the Art League of Houston. To learn more about the HIV+/Cancer-Related Illnesses Healing Art Group, contact the Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.



Acerca de la Gráfica

La gráfica en la Guía de Recursos VIH/SIDA 2006-07 del área de Houston es una generosa contribución de los participantes del Grupo Terapéutico de Arte del VIH/Enfermedades relacionadas con el Cáncer, un programa de alcance de la Liga de Arte de Houston, dirigido por el diseñador e ilustrador Kermit Eisenhut. Este premiado programa ofrece una variedad de actividades para el artista y el no artista y es proveído gratuitamente a personas viviendo con el VIH/SIDA y aquellos con enfermedades relacionadas con el cáncer.

Los estudiantes que contribuyeron con las ilustraciones son: Marshall Moore, Raphael Rios, Ronnie, Gary, Timothy O. Hill, Mark Mauboules, Kenneth Willet, Marlene, James Goff,

Tammy Garrison, Mauricio B. and Susan Fronek.

Agradecemos a Kermit, a la Liga de Arte de Houston, y a los artistas mencionados aquí por compartir sus obras y sentimientos con nosotros para esta publicación.

Muchas de las obras creadas en clase están disponibles a la venta y parte de la ganancia beneficia a la liga. Para más información sobre el Grupo Terapéutico de Arte del VIH/Enfermedades relacionadas con el Cáncer llame a Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.

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La publicación de esta guía fue posible gracias a fondos del Ryan White CARE Act.

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Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both. Of course, as with all listings in this guide, services and programs change, and only the agencies themselves can tell you whether or not you qualify

Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones. Naturalmente, como todos los recursos en esta guía, los servicios y programas cambian y solamente las agencias en sí pueden informarle si Ud. califica.

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

United Way Helpline

2-1-1

Statewide

All, Free, Esp

To get assistance with or access to HIV/AIDS information in five languages, please call the United Way Helpline at their 24-hour toll free number or by dialing 2-1-1.

Para recibir asistencia o información acerca del VIH/SIDA en cinco idiomas, por favor llame gratuitamente a la Línea de Ayuda de United Way durante las 24 horas del día o marcando el número telefónico 2-1-1.

The Assistance Fund

(713) 529-4788

(C) Montrose

Free, Esp

This agency is the only one of its kind in the Houston area. It pays insurance premiums for low-income HIV+ persons, helping them keep their private health insurance until Medicare begins. This agency also has a medication assistance program and helps defray the costs of medication for those with or without insurance.

Esta agencia es la única de su clase en el área de Houston. Paga las cuotas de los seguros de salud a personas con bajos ingresos infectadas con el VIH, ayudando a mantener su seguro privado hasta que comience el beneficio de Medicare. También tiene un programa de asistencia para medicamentos y ayuda a reducir el costo de los medicamentos a personas con o sin seguro médico.

Bering Dental Center

(713) 524-7933

(C) Montrose

Free, Esp

Bering Omega has the only dental clinic in the Houston area that specifically treats people with HIV. All dental services, which include everything from hygiene to dentures, are free to low-income patients. This is one of many services offered by Bering Omega.

Bering Omega tiene la única clínica dental en el área de Houston que específicamente trata a personas infectadas con el VIH. Todos los servicios dentales que incluyen desde higiene dental hasta dentaduras son gratuitos para pacientes con bajos ingresos. Este es uno de varios servicios ofrecidos por Bering Omega.

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

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LEGEND / TABLA

Body Positive Wellness Center (713) 830-3033 (C) Montrose Free, Esp

BPWC at Montrose Clinic provides a venue where qualified clients with HIV/AIDS can obtain HIV-specific nutritional assessment/counseling, supervised resistance exercise, massage and chiropractic therapy, relaxation classes, community forums, peer counseling groups and at-cost nutritional supplements. The 3-month core program enables clients to take important measures in restoring their health and quality of life as they augment the positive effects of advanced drug treatments.

BPWC en la clínica de Montrose ofrece un lugar donde los clientes con el VIH/SIDA, que califiquen, puedan recibir una evaluación y recomendaciones acerca de la nutrición relacionada con el VIH, supervisión de ejercicios de resistencia, terapia de masaje y quiropráctica, clases de relajación, foros comunitarios, consejería en grupo paritario, y suplementos nutricionales a costo. Este programa básico de tres meses de duración ayuda a los clientes a tomar importantes medidas en restaurar la salud y calidad de vida, y a aumentar los efectos positivos de los tratamientos avanzados con medicamentos.

Center for AIDS, The (713) 527-8219 (C) Montrose Free, Esp

This is the only treatment and research information center in this region of the country. Their treatment specialists can help PLWH/A and service providers better understand treatments, explain medication regimens and give advice on what questions to ask doctors. They publish an excellent free treatment newsletter (RITA!).

This is the only treatment and research information center in this region of the country. Their treatment specialists can help PLWH/A and service providers better understand treatments, explain medication regimens and give advice on what questions to ask doctors. They publish an excellent free treatment newsletter (RITA!).

City of Houston Department of Health & Human Services (713) 794-9092 Citywide Sliding Scale

If you are not sure whether or not you have HIV, you can be tested at one of the HIV Counseling and Testing sites provided by the Houston Department of Health and Human Services. As well, there is an early intervention program which provides limited medical evaluation, support groups, referrals, and case management to the newly diagnosed HIV positive person.

Si Ud. no está seguro si tiene el VIH, puede solicitar un análisis en uno de los locales de Consejería y Exámenes del VIH del Departamento de Servicios de Salud y Humanitarios de la Ciudad de Houston. También existe un programa de intervención temprana que ofrece evaluación médica limitada, grupos de apoyo, referencias, y administración de casos a toda persona recientemente diagnosticada con el VIH.

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

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LEGEND / TABLA

Metro Freedom Pass

(713) 635-4000

Citywide

Free, Esp

Available through the MetroLift Program for persons with a diagnosis of AIDS, permits unlimited free usage of the Metro fixed route bus system.

El Programa MetroLift permite el uso ilimitado del sistema de ruta fija de los autobuses de Metro a las personas con un diagnóstico del SIDA.

TX HIV Medication Program

(800) 255-1090

Statewide

Free, Esp

Available to low-income, HIV-infected persons, this program covers the cost of many often-prescribed HIV medications. You will need your doctor's help to apply.

Disponible para personas con bajos ingresos infectadas con el VIH, este programa cubre el costo de muchos medicamentos con recetas médicas para combatir el VIH. Necesitará la ayuda de su médico para solicitar este servicio.

Link-Up-America/Lifeline

(800) 244-5188

Statewide

Free, Esp

These programs assist low-income individuals with the cost of setting up phone service and offer a monthly discount on basic service. Application for both programs can be made at the same time; the person seeking service must make the call, 8:00am to 4:00pm, Tuesday through Friday only.

Estos programas asisten a personas con bajo ingreso con el costo de la instalación del servicio telefónico y ofrecen un descuento mensual en el servicio básico. Se puede solicitar los dos programas a la misma vez. La persona que requiere el servicio debe llamar de 8:00am a 4:00pm de martes a viernes solamente.

Metropolitan Multiservice Center (713) 284-1973

(C) Montrose

Free, Esp

Located at 1475 West Gray, the center houses workout facilities and an indoor pool, both of which are available free of charge to persons who are HIV+ or have other disabilities.

El centro, ubicado en la calle 1475 West Gray, ofrece gratuitamente la utilización de los equipos de ejercicios y una piscina techada, a personas infectadas con el VIH o que tengan otras discapacidades.

Next Step (Montrose Clinic) (713) 830-3000

(713) 830-3000

(C) Montrose

Free, Esp

Next Step is an educational workshop offered to HIV+ persons and their families. The workshop is free and includes immune system lab work, information on safer sex, disclosing your HIV status, approved therapies, nutrition and referrals to other services.

Next Step es un taller educacional ofrecido a personas positivas con el VIH y a sus familias. El taller es gratuito e incluye varios análisis médicos, información sobre el sexo seguro, revelación del estado del VIH, terapias aprobadas, nutrición y referencias a otros servicios.

Operation I.D.

(713) 526-2525

(C) Med Center

Free, Esp

If you need help getting a birth certificate or cannot afford to replace a lost driver's license, call this agency. Open Tuesday and Thursday from 9:00am - 11:30am.

Si Ud. necesita ayuda en obtener un certificado de nacimiento o no puede pagar el costo para reemplazar una licencia de conducir extraviada, llame a esta agencia. Abierto el martes y jueves, 9:00am - 11:30am

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

Qualified Medicare Beneficiary (QMB) Program Specified Low-income Medicare Beneficiary (SLMB) Program

**(713) 692-1635
-or- 1-800-252-9240**

Statewide

Free, Esp

The QMB program is federally mandated coverage for Medicare beneficiaries who have countable income of no more than 100 percent of the federal poverty level and who have limited resources. The state pays Medicare Part A and B premiums, Medicare deductibles, and Medicare co-insurance costs. Individuals may be eligible for both Medicaid and QMB benefits.

The SLMB program is a federally mandated coverage group that is an extension of the QMB group. Under this program, individuals are entitled only to the payment for Medicare Part B premium. Income must be more than 100% but less than 120% of the federal poverty level.

El programa QMB es una cobertura asignada por mandato federal para los beneficiarios de Medicare que tengan ingreso contable de no más del 100 por ciento del nivel federal de indigencia y recursos limitados. El estado paga la prima de la parte A y B de Medicare, los deducibles de Medicare, y el costo de seguros de Medicare. Los individuos pueden ser elegibles para ambos beneficios - Medicaid y QMB.

El programa SLMB es una cobertura asignada por mandato federal y una extensión del grupo QMB. Bajo este programa, los individuos son elegibles solamente al pago de la prima de la parte B de Medicare. El ingreso contable debe ser más de 100% pero menos de 120% del nivel federal de indigencia.

LITE UP Texas

1-866-454-8387

Statewide

Free, Esp

Under LITE UP Texas (Low Income Telephone and Electric Utilities Program), qualified low-income customers with a household income at or below 125% of the federal poverty level receive a discount off of their monthly electric bill. This discount applies regardless of which electric service provider you use. You may also qualify if you receive certain benefits from the Texas Department of Human Services.

To receive a LITE UP Texas Self-Certification Form, Reliant Energy customers should call 713-207-7777; or contact Neighborhood Centers, Inc. at 713-665-3600 or 1-800-373-5933. You may also call toll-free: 1-866-4-LITEUP (1-866-454-8387).

Bajo LITE UP Texas (el programa de asistencia para el servicio telefónico y de electricidad), los clientes con bajos ingresos con un total que equivale o es menor al 125 por ciento del nivel federal de indigencia reciben un descuento en el costo mensual del uso de la electricidad. Este descuento se aplica sin importar que abastecedor de servicio se utilice. También puede calificar si recibe beneficios del Departamento de Servicios Humanitarios de Texas. Para recibir un formulario de auto-certificación de LITE UP Texas, los clientes de Reliant Energy deben llamar al 713-207-7777; o contactar a Neighborhood Centers, Inc. al 713-665-3600 ó 1-800-373-5933. También pueden llamar gratuitamente al 1-866-4-LITEUP (1-866-454-8387).

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

Harris County Housing Resource Center

(713) 578-2055

Harris County

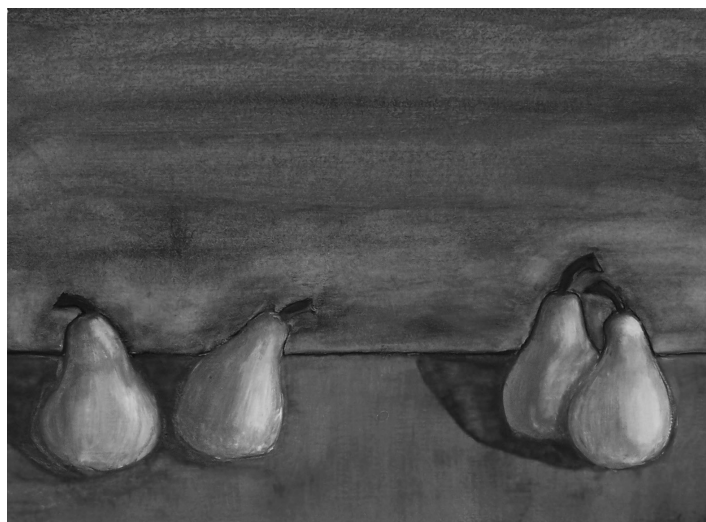
Free, Esp

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public- and private- sector programs dedicated to helping Harris County's homeless population.

Anyone can access the Housing Resource Center by calling the automated information line at 713-578-2055. They can also visit the Center's Web site at www.hrc.hctx.net. The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.

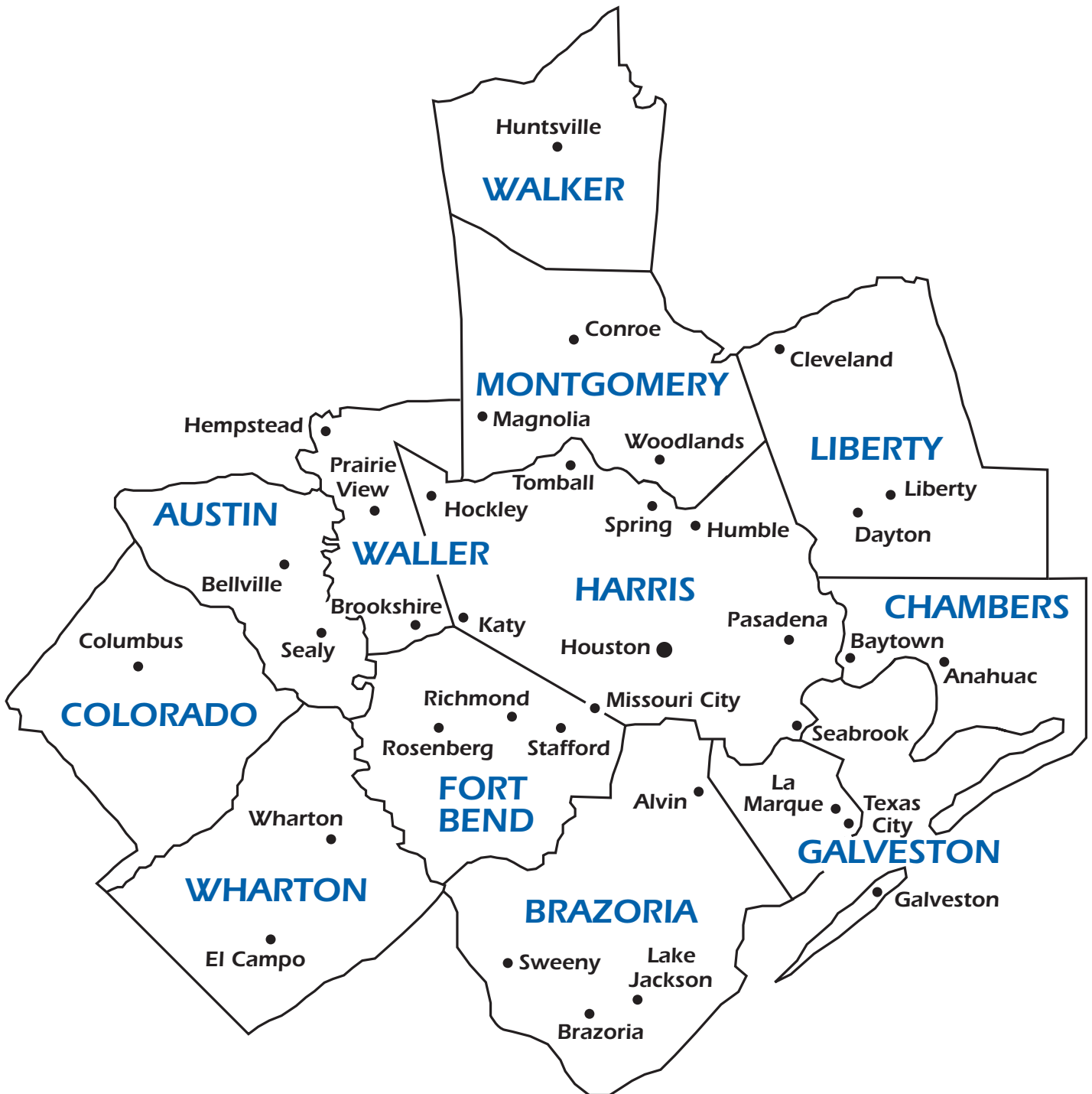
El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.

Para más información llame al Centro de Recursos para la Vivienda al 713-578-2055 o visite el sitio web al www.hrc.hctx.net. La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.



Art by Gary

HIV/AIDS SERVICE AREA MAP



CPCDMS Client Registration Process Ryan White Title I

All clients are required to register in the CPCDMS in order to be eligible for Ryan White Title I services. Listed below are the steps required to complete the registration. *Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.*

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Title I eligibility** (see below).
4. If the client provides **all necessary eligibility** documentation (HIV+ diagnosis, identity, residency, income), the agency serves client.

NOTE: *Title I primary care providers can only register/update clients receiving primary care from their primary care site.*

Title I Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

Required Documentation

Acceptable Forms of Documentation

HIV+ diagnosis¹ Acceptable signatories

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician (**only acceptable by Harris County - HIV Services**).

- A computer-generated HIV+ laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed.
- A statement or letter signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth (**valid for only 60 days from the start of services at the agency**).

NOTE: *Proof of HIV+ diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV+ diagnosis must be presented at all agencies where services are accessed.*

¹ For services available to non-HIV+ persons, documentation of the client's relationship to an HIV+ person and the HIV+ person's diagnosis must be provided.

Required Documentation	Acceptable Forms of Documentation
Verification of identity	<ul style="list-style-type: none">• Texas Driver’s License (Primary & Preferred ID)• Texas Identification Card• Texas Department of Corrections identification card• Employment badge with picture• Student ID with picture• U.S. immigration documents with picture• Credit card with picture• Metro picture ID• U.S. naturalization, citizenship, passport or other Federal documents with picture• Driver’s license or identification card issued by another US state• A government-issued ID from a country other than the U.S.• Birth certificate (cannot be used by married women)• Social Security card• Medicaid/Medicare card
Verification of residency within funding source’s catchment area	<p>Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:</p> <ul style="list-style-type: none">• Current lease in the name of the client or listing the client as an occupant• Property tax documents• Utility/phone/cable bill in the name of the client• Credit card bill in the name of the client• Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility• Any type of business correspondence with the client’s name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter• Pay stub with address

Required Documentation

Acceptable Forms of Documentation

Verification of household income

All clients must be screened for financial eligibility for Ryan White Title I funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.²

Documentation of income must be provided for all members of the client's household.³ Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.

Acceptable income documentation:

- Payroll stub/copy of payroll check/bank statement showing direct payroll deposit
- Letter from employer on company letterhead indicating weekly or monthly wages
- Unemployment benefits letter/copy of check
- IRS 1040 form (tax return)/W2 form/1099 form
- Social Security award letter
- VA benefits letter
- Private disability/pension letter on company letterhead
- Medicaid letter
- Child or spousal support order with judge's signature and date
- Food Stamp award letter (TANF)

The following documentation is acceptable only for clients claiming no income:

- Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)
- Proof of application for Social Security (valid for 6 months only)
- Food stamp award letter
- Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses
- Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification

² See the US Dept. of Health and Human Services Poverty Guidelines for the current year and the "Ryan White Federal Poverty Guidelines" table.

³ As per Federal definition, a same sex spouse or partner is not considered to be a household member.

RYAN WHITE TITLE I REGISTRATION SITES

AGENCY	REGISTRATION CONTACT	PHONE #
AVES	Wood Anthony	(713) 626-2837
Baylor College of Medicine	Meg Ferris	(832) 322-1366
City of Houston	Cathy Wiley	(713) 794-2980
Donald R. Watkins Foundation	Martin Piggee	(713) 520-8794
Family Service Center	Veronica Garza	(713) 867-7747
Fort Bend Family Health Cntr	Sylvia Teeple	(832) 342-0529 x138
Houston Area Community Svcs	John Koeppen	(713) 526-0555 x210
Montrose Clinic	Cecillio Pena	(713) 830-3000 x285
Montrose Counseling Center	Melinda Bravo	(713) 529-0037 x329
Northwest Clinic	Steven Johnson	(713) 867-8283
Saint Hope Foundation	Mercy Atatah	(713) 778-1300 x237
Thomas Street Clinic	Gail Green	(713) 873-4188
UT Health Science Center	Virginia Wall	(713) 500-6440
Veteran's Administration	Belinda Essien Rainer	(713) 791-1414 x5292

Procedimiento de Registración del Cliente en el CPCDMS Título I Ryan White

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios del Título I Ryan White. A continuación están los pasos a seguir para completar la registración. La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.

1. El cliente firma el formulario del consentimiento para recibir servicios.
2. Un personal de la agencia completa el formulario de registración con el cliente.
3. Un personal de la agencia revisa los documentos para elegibilidad del Título I (vea a continuación).
4. Si el cliente presenta todas las documentaciones necesarias para la elegibilidad (confirmación de diagnóstico del VIH, identidad, residencia, e ingreso), la agencia ofrece servicio al cliente.

NOTE: *Los proveedores del cuidado primario solamente podrán registrar/poner al día a los clientes recibiendo cuidado primario en el lugar del cuidado primario.*

Requerimientos de elegibilidad del Título I

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibirlos. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

Documentación requerida

Tipos de documentación aceptable

Diagnóstico del VIH+¹

Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico (acepta do solamente por el Condado Harris – Servicios VIH)

- Un análisis de laboratorio del VIH+ elaborada por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso.
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento (**válido solamente por 60 días del inicio del servicio en la agencia**).

AVISO: *La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.*

¹ Para recibir los servicios disponibles a personas no VIH+, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

Procedimiento de Registración del Cliente en el CPCDMS – Título I Ryan White

Documentación requerida	Tipos de documentación aceptable
Verificación de identidad	<ul style="list-style-type: none">• Licencia de conducir de Texas• Cédula de identidad de Texas• Tarjeta de identidad del departamento de corrección de Texas• Tarjeta fotográfica de identidad laboral• Tarjeta fotográfica estudiantil• Documentos fotográfico de inmigración de los EEUU• Tarjeta fotográfica de crédito• Tarjeta fotográfica del Metro• Documento fotográfico de naturalización, ciudadanía, pasaporte u otro documento federal• Licencia de conducir o tarjeta de identidad de otro estado de EEUU• Identificación gubernamental emitida por otro país que no sea de los EEUU• Certificado de nacimiento (no válido de mujeres casadas)• Tarjeta del Seguro Social• Tarjeta de Medicaid/Medicare
Verificación residencial dentro de la zona de captación de los fondos	<p>Documentación de residencia es requerida de menores de edad de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:</p> <ul style="list-style-type: none">• Contrato de renta en nombre del cliente o que incluya al cliente como residente• Documentos de impuesto a la propiedad• Factura de utilidades en nombre del cliente• Factura de tarjeta de crédito en nombre del cliente• Carta con logo de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria y firmada por el director.• Cualquier tipo de correspondencia de negocio dirigida al cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid• Pago salarial con dirección del cliente

Documentación requerida

Tipos de documentación aceptable

Verificación del ingreso familiar

Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Título I Ryan White. No se debe proveer servicios a clientes cuyo ingreso familiar sobrepasa el máximo establecido por el Consejo de Planeamiento Ryan White para cada categoría.²

La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.³ La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside.

Documentación de ingreso aceptable:

- Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso
- Carta con logo escrita por el empleador indicando salario semanal o mensual
- Carta de beneficio de desempleo/copia del cheque
- Formulario del IRS 1040 (reembolso de impuesto) /W2/1099
- Carta del beneficio del Seguro Social
- Carta de beneficio de la Administración de Veteranos
- Discapacidad privada/carta de pensión que incluya el logo de la compañía
- Carta de Medicaid
- Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez
- Carta de beneficio de estampillas para alimentos (TANF)

La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:

- Declaración de una agencia temporaria firmada y fechada por el cliente (válido solamente por 60 días del inicio del servicio)
- Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses)
- Carta de beneficios de estampillas para alimentos
- Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia
- Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que mantiene, y que incluye cantidad y tipo de sustento (alojamiento solamente, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo/la mantiene

² Ver la guía de pobreza del año actual del Departamento de Salud y Servicios Humanitarios de los EEUU y la tabla "Ryan White Federal Poverty Guidelines."

³ Por definición federal, una pareja del mismo sexo no es considerada parte del círculo familiar.

LUGARES DE REGISTRACIÓN RYAN WHITE TÍTULO I

AGENCIA	PERSONA DE CONTACTO	TELÉFONO
AVES	Wood Anthony	(713) 626-2837
Baylor College of Medicine	Meg Ferris	(832) 322-1366
City of Houston	Cathy Wiley	(713) 794-2980
Donald R. Watkins Foundation	Martin Piggee	(713) 520-8794
Family Service Center	Veronica Garza	(713) 867-7747
Fort Bend Family Health Cntr	Sylvia Teeple	(832) 342-0529 x138
Houston Area Community Svcs	John Koeppen	(713) 526-0555 x210
Montrose Clinic	Cecillio Pena	(713) 830-3000 x285
Montrose Counseling Center	Melinda Bravo	(713) 529-0037 x329
Northwest Clinic	Steven Johnson	(713) 867-8283
Saint Hope Foundation	Mercy Atatah	(713) 778-1300 x237
Thomas Street Clinic	Gail Green	(713) 873-4188
UT Health Science Center	Virginia Wall	(713) 500-6440
Veteran’s Administration	Belinda Essien Rainer	(713) 791-1414 x5292

Client Rights / Derechos del Cliente

As a client at an agency receiving services funded by Ryan White Title I, you have the following rights:

- To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- To services that are considerate and respectful and free from abuse, neglect and exploitation.
- To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law (except subpoenas from a court of law or when there is reasonable concern that harm may come to you or others).
- To communicate about your services in a language and format that you understand.
- To be informed of all agency rules and regulations related to your services.
- To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- To withdraw your consent for services and/or seek services at another agency and to do so without pressure or intimidation.
- To know the qualifications of the staff providing you with services.

Como cliente de esta agencia que recibe fondos del Título I Ryan White, Ud. tiene los siguientes derechos:

- A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- A saber la calificación del personal que está ofreciéndole el servicio.

Complaint Procedures / Procedimiento para Reclamos

Certain services at this agency are funded by Ryan White CARE Act funds administered by the Harris County Public Health & Environmental Services.

By contract, this agency is required to maintain a client complaint procedure. If you have any questions on how to file a complaint with this agency regarding a Ryan White Title I funded service, call for instructions at:

Project Monitors (713) 439-6089 English
(713) 439-6095 Spanish

Or write to:

Harris County Public Health &
Environmental Services
Project Monitoring Section
2223 West Loop South, #417
Houston, TX 77027

If your complaint remains unresolved after you have followed all procedures with this agency, the Project Monitor will inform you how to file a formal grievance.

Ciertos servicios en esta agencia son financiados por fondos del Ryan White CARE Act y son administrados por los Servicios de Salud Pública y el Medio Ambiente del Condado Harris.

Bajo contrato, esta agencia está requerida a mantener un procedimiento de reclamos para los clientes. Si Ud. tiene alguna pregunta acerca de cómo hacer un reclamo con esta agencia, comuníquese con:

Project Monitors (713) 439-6089 English
(713) 439-6095 Spanish

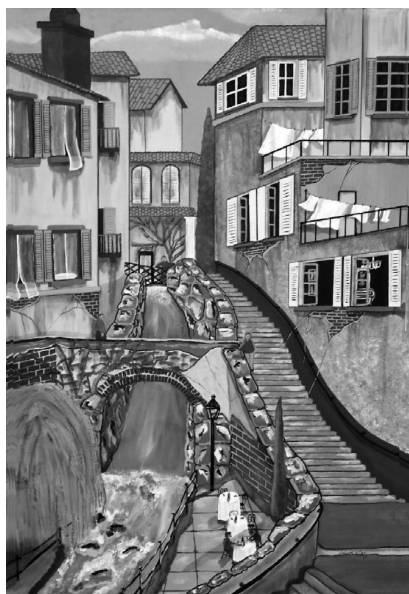
o escriba a:

Harris County Public Health &
Environmental Services
Project Monitoring Section
2223 West Loop South, #417
Houston, TX 77027

Si siguió todos los procedimientos en esta agencia y su reclamo aún está sin resolverse, el administrador/a del proyecto (Project Monitor) le informará cómo proceder con una queja formal.

Case Management / Administración de Casos

Community case management, medical case management and service linkage are free services available to HIV infected persons to make them aware of the services available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. Persons who think they need case management can call the agencies listed below. Proof of HIV status will be required.



Art by Kenneth Willet

La administración comunitaria y médica de casos, y el servicio de enlace ayudan gratuitamente a las personas infectadas con el VIH a informarse acerca de los servicios disponibles. Los administradores asisten a los clientes a desarrollar la habilidad necesaria para acceder por sí mismos a estos servicios. Si usted necesita de este servicio llame a una de las agencias mencionadas aquí. Se requiere presentar un comprobante del diagnóstico del VIH.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Esp, Free, Walk-ins, CD	.93
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp	.89
AIDS Foundation Houston - Get Started	(713) 623-6796	(C) River Oaks	HIV+ only	.90
AVES	(713) 626-2837	(C) Montrose	All, Free, Walk-ins, HIV+ only , Esp	.92
Bread of Life - COPE Team	(713) 650-0595	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim	.98
Catholic Charities AIDS Ministry	(713) 874-6624	(C) Midtown	All, Free, Walk-ins, HIV+ only , Esp	.99
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Adults (age 18 & up) I/RR, HIV+ only , Free, Appt/Walk-ins, Esp	.105
Family Services of Greater Houston	(713) 861-4849	(C) Memorial/Washington	All, Free, Walk-ins, HIV+ only , Esp	.106
Family Svcs of Gr Houston - Montgomery Co.	(888) 844-6289	(N) Conroe	All, I/RR, Free, Walk-ins, HIV+ only , Esp	.106
Family Svcs of Gr Houston - Ft. Bend Co.	(281) 207-2440	(SW) Stafford	All, I/RR, Free, Walk-ins, HIV+ only , Esp	.106
Ft. Bend Family Health Center - HIV Program	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co. indigent, RW TII	.107
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD, HIV+ only	.108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-in, Esp	.109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-in, Esp	.110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-in, Esp	.110

Case Management / Administración de Casos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-in, Esp	110
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp, Gold card	111
HCHD - Northwest Community Health Ctr	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	112
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
Harris County Social Services	(713) 696-7900	(NE) Eastex/Jensen	All, Free, Appt/Walk-ins	114
Houston Area Community Services (HACS)	(713) 526-0555	(C) Greenway Plaza	M, W, All, Free, Appt req, HIV+ only , Esp	115
Houston DHHS - Case Mgmt Outreach	(713) 794-2980	(C) Medical Center	Not specified	117
Lazurus House Initiative – HELP Program	(713) 988-4858	(SW) Missouri City	W, S\$, CD, Appt req	120
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD	123
Montrose Counseling Center, Inc. (MCC)	(713) 529-0037	(C) Montrose	M, W, Fam, All, I/RR, Walk-ins, HIV+ only , Free, CD	124
MCC - Incarcerated Outreach/ Discharge Planning	(713) 529-0037	(C) Montrose	M, W, I/RR, Free, HIV+ only , CD	125
PWACH - Adolescent Case Management & Outreach	(713) 522-5428	(C) Montrose	Y (Ages 13-24)	130
Santa Maria Hostel West	(713) 957-2413 Ext. 100	(NW) Spring Branch	W, Fam, S\$, Appt req, CD, Esp	134
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, HIV+ only	136
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt req, HIV+ only , African American (Lim svcs to others), Esp	143
WAM Foundation	(713) 551-8787	(SW) Hiram Clarke	All, Free, Walk-ins, HIV+ only , Call for intake	145
YMCA International Services	(713) 339-9015	(SW) Gulfton	All, Free, Lim, Esp	147

Chemical Dependency / Dependencia de Sustancias

For people living with HIV/AIDS, the use of alcohol and drugs can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. Frequently the help is free of charge. Call today for more information.

El uso del alcohol y drogas puede debilitar el cuerpo de las personas infectadas con el VIH/SIDA. Afortunadamente, hay ayuda para cualquiera que desee estar libre del alcohol y drogas. Frecuentemente, la ayuda es gratuita. Llame para más información.

CHEMICAL DEPENDENCY – 12-STEP PROGRAMS & SUPPORT GROUPS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp	109
Intergroup Association, Inc.	(713) 686-6300	(NW) Lazybrook	All, I/RR, Free, Lim, CD, Esp	119
Katy Counseling Services	(281) 599-9330	(W) Katy	Y (ages 13-24), S\$, Financing available, Appt req, CD	119
LAMBDA Center	(713) 521-1243	(C) Montrose	Not specified	120
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(C) Medical Center	Adults (18 & up), Ins, Private pay, Walk-ins, CD	123
Palmer Drug Abuse Pgm (PDAP)	(281) 589-4832	All	Y (ages 12-25), Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(713) 668-0133	(C) Bellaire	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(281) 795-9805	(NW) Cy-Fair	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(713) 857-2648	(SE) Hobby	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(281) 870-9311	(W) Memorial	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(281) 528-7908	(N) Spring	Y, Free, Walk-ins, CD	129
PDAP Age 18 to 25 group	(713) 857-7874	(W) Memorial	Y, Free, Walk-ins, CD	129
PDAP Age 18 to 25 group	(281) 528-7908	(N) Spring	Y, Free, Walk-ins, CD	129
PDAP Age 18 to 25 group	(281) 870-9311	(W) Spring Branch	Y, Free, Walk-ins, CD	129
RGH - Meth-Laam Treatment Center	(713) 621-1929	(C) Midtown	Adults, CD	132
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, HIV+ only	136

CHEMICAL DEPENDENCY TREATMENT - IN HOSPITAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Cypress Creek Hospital	(281) 586-7600	(N) Bammel	All (13 & up), Med, Private pay, Ins, Walk-ins, CD, Esp	102
DAPA Acute Inpatient Program	(713) 783-8889	(SW) Woodlake	M, W, Fam, CD, I/RR	103
New Vision Detox at Doctor's Hospital	(281) 765-2740	(N) Northside	All, Flat fee, Med, Private Ins, CD	127
TRS Ft. Bend	(877) 627-4389	(SW) Stafford	Y, M, W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS North	(877) 627-4389	(N) Champions	Y, M, W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS Pasadena	(877) 627-4389	(E) Pasadena	Y, M, W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Next Step - Men	(713) 526-0311	(C) Midtown	M, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Next Step - Women	(713) 263-7475	(W) Spring Branch	W, Med, Private pay, Ins, Appt/Walk-ins, CD	141

Chemical Dependency / Dependencia de Sustancias

CHEMICAL DEPENDENCY TREATMENT - IN HOSPITAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
TRS The Right Step	(877) 627-4389	(C) Montrose	Y, M, W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Woodlands	(877) 627-4389	(N) Spring	Y, M, W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS West	(877) 627-4389	(W) Spring Branch	M, W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp	146

CHEMICAL DEPENDENCY TREATMENT - OUTPATIENT

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Adult Rehabilitation Services	(713) 541-4422	(SW) Sharpstown	M, W, CD	89
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD	93
Bay Area Council on Drugs and Alcohol, Inc.	(281) 212-2900	(SE) Clear Lake/ NASA	All, CD	94
Bonita Street "House of Hope"	(713) 691-0900	(N) Eastex/Jensen	W, Fam, CD, Flat fee, Appt req . . .	98
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp	98
Career and Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . .	99
Centerpointe Counseling - Refocus Program	(713) 528-7007	(C) Midtown	M, W, Y, C (6 - 12), Fam, S\$, Med, Appt req, CD	100
Council on Alcohol and Drugs Houston, The	(713) 942-4100	(C) Memorial/ Washington	All, Fam, CD, Walk-ins (Appt pref), S\$, Esp	102
Cypress Creek Hospital	(281) 586-7600	(N) Bammel	Age 13 & up, Med, Ins, Walk-ins, CD, Esp	102
DAPA - Intensive Outpatient Program	(713) 783-8889	(SW) Woodlake	M, W, Fam, CD, I/RR	103
Families Under Urban and Social Attack (FUUSA)	(713) 651-1470	(C) Third Ward	M, W, Y (age 13 - 24), Fam, Free, Appt req, CD	105
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD, HIV+ only	108
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp	109
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp	118
Katy Counseling Svcs - Adolescents in Recovery	(281) 599-9330	(W) Katy	Y, S\$, Financing avail, Appt req, CD	119
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(C) Medical Center	Adults (18 & up), Ins, Private pay, Walk-ins, CD	123
Mental Health and Psychological Services, Inc.	(281) 463-9840	(W) Bear Creek/ Hwy 6	All, Appt/Walk-ins, Med, S\$, Ins, CD, Esp	123
Michael E. DeBaKey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, CD . . .	123
Montrose Counseling Center, Inc.	(713) 529-0037	(C) Montrose	All, I/RR, HIV+ only , Free, Walk-ins, CD	124
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	127

Chemical Dependency / Dependencia de Sustancias

CHEMICAL DEPENDENCY TREATMENT - OUTPATIENT

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
OmegaShepherd Alcohol/Drug Treatment/Education	(713) 334-8200	(SW) Gulfton	M, W, Y, Fam, S\$, Med, Private Ins, Appt req, CD	128
RGH - Houston Recovery Campus	(713) 331-2501	(C) Fifth Ward	Adults, CD, Free	132
Santa Maria Hostel North	(713) 957-2413 Ext. 100	(C) Near Northside	W, S\$, Appt req, CD, Esp	133
Santa Maria Hostel West	(713) 957-2413 Ext. 100	(W) Spring Branch	W, Fam, S\$, Appt req, CD, Esp . . .	134
TRS Clear Lake	(877) 627-4389	(SE) Clear Lake/ NASA	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS Ft. Bend	(877) 627-4389	(SW) Stafford	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS North	(877) 627-4389	(N) Champions	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS Pasadena	(877) 627-4389	(E) Pasadena	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS West	(877) 627-4389	(W) Spring Branch	M, W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Next Step - Men	(713) 526-0311	(C) Midtown	M, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Next Step - Women	(713) 263-7475	(W) Spring Branch	W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Right Step	(877) 627-4389	(C) Montrose	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Woodlands	(877) 627-4389	(N) Spring	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
Unlimited Visions Aftercare Inc.	(281) 427-8786	(E) Baytown	Ages 13 & up, S\$, Med, Appt req, CD, TCADA	143
Unlimited Visions Aftercare Inc.	(713) 921-2276	(C) Harrisburg	M, W, S\$, Appt req, CD, TCADA, Esp	143
UT Substance Abuse Research Center	(713) 500-2802	(C) Medical Center	M, W, Free, Appt/Walk-ins, CD . . .	143
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, Fam, Free, S\$, CD	145
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp	146

Chemical Dependency / Dependencia de Sustancias

CHEMICAL DEPENDENCY TREATMENT - RESIDENTIAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M, S\$, Appt req, HIV+ only , CD, Esp	89
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y (ages 13 - 24), Free, Walk-ins, Esp, CD	93
Bonita Street "House of Hope"	(713) 691-0900	(N) Eastex/Jensen	W, Fam, CD, Flat fee, Appt req . . .	98

Chemical Dependency / Dependencia de Sustancias

CHEMICAL DEPENDENCY TREATMENT - RESIDENTIAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-in, Waiting list, CD, Esp	98
Cenikor Foundation, Inc.	(281) 476-0088	(SE) Deer Park	M, W, Free, Walk-ins, CD	100
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(C) Medical Center	Adults (18 & up), Ins, Private pay, Walk-ins, CD	123
Open Door Mission - Doorway Recovery Pgm	(713) 921-7520	(C) Second Ward	M (18 & up), ID, Free, Walk-ins, Lim, CD	129
RGH - Adolescent Psychiatric Inpatient Pgm	(713) 526-2441	(N) Near Northside	Y (age 13-18), Med, Private Ins, Managed care	132
RGH - Almost Home Pgm	(713) 644-6425	(SE) Golfcrest	W, CD	132
RGH - Houston Recovery Campus	(713) 331-2501	(C) Fifth Ward	Adults, CD, Free	132
RGH - Quality Living Program	(713) 526-2441	(SE) Golfcrest	M, W, Fam, Walk-ins, HIV+ only , CD . .	133
Santa Maria Hostel West	(713) 957-2413 Ext. 100	(W) Spring Branch	W, Fam, S\$, Appt req, CD, Esp . .	134
TRS The Right Step	(877) 627-4389	(C) Montrose	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, Fam, Free, S\$, CD	145

Children's Services / Servicios para Niños

Children with HIV have special needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.



Art by Gary

Los niños con el VIH tienen necesidades especiales. Houston ofrece servicios médicos y sociales para estos niños y sus familiares a un bajo costo o gratuitos. Aunque muchas de las agencias incluidas en esta guía pueden ayudar, las siguientes agencias tienen programas especiales para niños.

CHILD DAY CARE / CUIDADO DE NIÑOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Child Care Information (DFPS)	(800) 862-5252	ALL	All, Free	140
Jewish Community Center of Houston	(713) 551-7200	(SW) Meyerland	C (age 0- 2), Flat fee, Scholarships available	119
Neighborhood Ctrs- The WorkSource Childcare	(832) 615-1234	All	All, Fam, Income limit, Appt req, Waiting list, Esp	127

Children's Services / Servicios para Niños

CHILD DAY CARE / CUIDADO DE NIÑOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
PWA Coalition - Childcare at Thomas Street	(713) 873-4160	(C) Near Northside	M, W, C, Free, Appt req, HIV+ only , Esp	130
SEARCH - House of Tiny Treasures Childcare	(713) 923-7938	(C) East End	C (ages 0-6), Appt req, Homeless only	134
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp	146

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Care Group of TX - Pediatric Nursing & Rehab	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Managed care, Private pay, Ins, Esp	99
Children with Special Health Care Needs (DSHS)	(713) 767-3111	Statewide	C, Y, Free	103
Ft. Bend Family Health Center - HAWC Clinic	(936) 857-2726	(NW) Prairie View	All, Appt/Walk-ins, S\$, Med, Esp	107
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co. indigent, RW TII . . .	107
Memorial Hermann Children's Hospital	(713) 704-KIDS	(C) Medical Center	C, Y	122
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	All, Fam, Free, Appt req, Esp	128
PSA Healthcare	(281) 999-8566	(N) Aldine	Not specified	131
TX Children's Hospital Allergy & Immunology Department	(832) 824-1319	(C) Medical Center	C (ages 13-18), Med	140
TX Children's Hospital - Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 13-18), Med	140
TX Children's Hospital Department of Retrovirology	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Med, HIV+ only , Esp	140
UT Dental Branch Pediatric Dentistry	(713) 500-8200	(C) Medical Center	C, Med, Appt req, Esp	143
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt req, HIV+ only , African American (Lim svcs to other populations), Esp	143
Walker County Maternal & Child Health Ctr	(936) 295-7474	(N) Huntsville	All, Appt req, Med, Flat fee, S\$, Esp	145

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH - Camp HOPE	(713) 623-6796	(C) River Oaks	HIV+ only , C (ages 7-15), Application	89
AFH - Camp HUG	(713) 623-6796	(C) River Oaks	HIV+ only , Application	89
Care Group of TX - Pediatric Nursing & Rehab	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Managed care, Private pay, Ins, Esp	99
Casa de Esperanza de los Niños, Inc.	(713) 741-8868	(C) Third Ward	C, Free, Esp	99
Chambers County Health Department	(409) 267-8356	(E) Anahuac	All, Walk-ins, Esp	100
CCSC - Jingle Bell Express	(713) 961-3282	(C) Confidential	All	100

Children's Services / Servicios para Niños

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
CCSC - Back to School	(713) 961-3993	(C) Greenway Plaza	All	100
Children with Special Health Care Needs (DSHS)	(713) 767-3111	Statewide	C, Y, Free	103
DePelchin Children's Center	(281) 427-1300	(E) Baytown	C, Y (ages 13 - 18), Appt req, S\$, Med, Ins, CHIP	104
DePelchin Children's Center	(281) 730-2335	(W) Brookshire	C, Y (ages 13-18), Appt req, S\$, Med, Ins	104
DePelchin Children's Center	(281) 282-6062	(SE) Clear Lake	C, Y (ages 13 - 18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(713) 462-9490	(NW) Langwood	C, Y (ages 13-18), Appt req, S\$, Med, Ins	104
DePelchin Children's Center	(713) 730-2335	(C) Memorial	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP, Appt req	104
DePelchin Children's Center	(281) 261-0083	(SW) Stafford	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP	104
DePelchin Children's Center	(281) 367-7707	(N) Woodlands	C, Y (ages 13 - 18), S\$, Med, CHIP, Appt req, Ins	104
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	All, M, W, Fam, Free, Walk-ins	105
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co. indigent, RW TII	107
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp	109
GCCSA - Gulf Coast Community Svcs Assoc.	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp	109
GCCSA - Acres Home Multi Svc Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp	110
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp	110

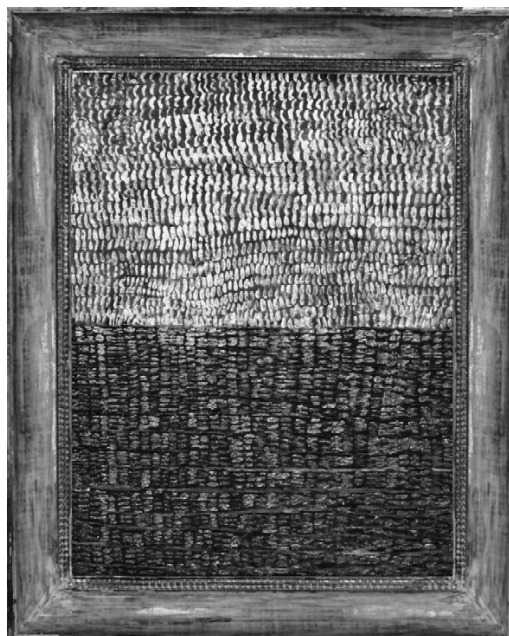
Children's Services / Servicios para Niños

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Harris County - WIC Program	(713) 439-6145	(C) Galleria/ Post Oak	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Bear Creek WIC Center	(713) 345-4759	(W) Bear Creek	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Emerald Plaza WIC Center	(281) 444-0764	(NW)	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - NAM WIC Center	(281) 587-8596	(N) Bammel	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/ S. Belt	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - South Houston WIC Center	(713) 941-5035	(SE) South Houston	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Tomball WIC Center	(713) 290-6246	(NW) Tomball	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Julia C. Hester House	(713) 672-2573	(C) Fifth Ward	All, Free, Appt req, Lim, Call for intake	119
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat fee, Lim Scholarships . . .	120
LIFE Houston - Good Neighbor Healthcare Ctr	(713) 528-6044	(C) Montrose	C (under 1 year), Free, Walk-ins	120
LIFE Houston - Harris Co. Clinic (SE)	(713) 534-9345	(E) Pasadena	C, Free, Walk-ins	120
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers . .	121
Lutheran Social Services of the South, Inc.	(713) 521-0110	(C) Galleria/Post Oak	All, Free, Esp	121
Mental Health & Psychological Svcs, Inc.	(281) 463-9840	(W) Bear Creek/ Hwy 6	All, Appt/Walk-ins, Med, S\$, Private pay, Ins, CD, Esp	123
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest	S\$, Appt req, CD	123
Neighborhood Centers, Inc.	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125
North Channel Assistance Ministries	(713) 453-8028	(E) Northshore	All, Free, Walk-ins, ID, Proof of Residence/Income	127
Partners Resource Network - Team Project	(713) 524-2147	(C) Greenway Plaza	All parents of children w/disabilities, Free, Walk-ins, Esp	129
Presbyterian Children's Home	(713) 721-2908	(SW) Willow Bend	All, Free	131
SAAFE House	(936) 291-3529	(N) Huntsville	All, Free, S\$	133
SAAFE House	(936) 327-9525	(N) Livingston	All, Free, S\$	133
Texas Runaway Hotline (DFPS)	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp	140
Texas Youth Hotline (DFPS)	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp	140
Victim Assistance Centre, Inc. - Safe Supervised Visitation & Monitored Exchange Program	(713) 755-5625	(C) Downtown	All, Free, Appt/Walk-ins, Esp . . .	144
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp	146

Clinics / Clínicas

Obtaining quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through the Harris County Hospital District (HCHD) at the Northwest Community Health Center and at the Thomas Street Clinic. New HCHD patients must go through an eligibility process and obtain a “gold card” before seeing a doctor. The Michael E. DeBakey Veteran’s Administration Medical Center offers HIV care to veterans. For those living outside Harris County, there are clinics located in the rural areas that provide HIV care.



Art by Mark Mauboules

El obtener tratamiento médico de alta calidad es muy importante. Los residentes del Condado Harris que no tienen seguro médico o tienen recursos limitados pueden obtener tratamiento del VIH a través del Distrito de Hospitales del Condado Harris (HCHD) en Northwest Community Health Center y en Thomas Street Clinic. Los pacientes nuevos deben empezar con el proceso de elegibilidad y obtener la “tarjeta dorada” antes de ver al médico. El Centro Médico de la Administración de Veteranos ofrece cuidado del VIH para veteranos. Las personas que viven fuera del Condado Harris pueden ir a clínicas en áreas rurales que ofrecen cuidado médico del VIH.

HIV CLINICS / CLÍNICAS DEL VIH

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18 yrs), S\$, Med, HIV+ only , Esp95
DRW Memorial Foundation, Inc.	(936) 494-0400	(N) Conroe	Adults, Free, Med, Appt req, HIV+ only , Esp	105
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Adults (18 & up) I/RR, HIV+ only , Free, Appt/Walk-in, Esp	105
FBFHC - HIV Program	(281) 342-0529 x138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co. indigent, RW TII	107
HACS - Joseph Hines Clinic	(713) 426-0027	(C) Heights	Adults (18 & up), Free, HIV+ only , Targeted to African American/Hispanic, Transgender, Esp	115
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+, Esp, Gold card	111
HCHD - Northwest Community Health Ctr	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	112
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp	112
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
HCHD - Women’s Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, CD . . .	123
Montrose Clinic HIV Primary Care Clinic	(713) 830-3000	(C) Montrose	Y, M, W, HIV+ only , Appt req, Esp, Amerigroup, Med, Some private ins . . .	124

Clinics / Clínicas

HIV CLINICS / CLÍNICAS DEL VIH

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
St. Hope Foundation Clinic	(713) 839-7111	(C) Bellaire	M, W, All, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp	137
St. Hope Foundation Conroe Clinic	(936) 441-2440	(N) Conroe	All, HIV+ only , I/RR, Free, Med, Ins, Appt req, Esp	137
St. Hope Foundation Clinic	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, HIV+ only	137
St. Hope Foundation Clinic	(281) 277-8572	(SW) Stafford	All, I/RR, Free, Med, Appt req, HIV+ only , Esp	137
TX Children's Hospital Allergy & Immunology Dept.	(832) 824-1319	(C) Medical Center	C (ages 13-18), Med	140
TX Children's Hospital Baylor Intl Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 13-18), Med	140
TX Children's Hospital Department of Retrovirology	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Med, HIV+ only	140
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt req, HIV+ only , African American (Lim svcs to others), Esp	143
UTMB Galveston AIDS Clinical Care	(409) 772-1661	(SE) Galveston	Adults (18 & up), S\$, Med, Appt req, HIV+ only	144

OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Associates in Infectious Disease in OB/GYN	(713) 799-8994	(C) Medical Center	W, All, Appt req, CD, Esp	93
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD	93
Chambers County Health Department	(409) 267-8356	(E) Anahuac	All, Walk-ins, Esp	100
Chambers County Indigent Health Care	(409) 267-8306	(E) Anahuac	All	100
DSHS Public Health Clinic - Bellville	(979) 865-5211	(W) Bellville	Not specified	103
DSHS Public Health Clinic - Columbus	(979) 732-3662	(W) Columbus	Not specified	103
Excel Diagnostics, Ltd.	(713) 781-6200	(W) Westlake	All, Med, Flat fee, Appt req, Esp	101
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	All, Appt req, Esp	106
Ft. Bend Family Health Center - HAWC Clinic	(936) 857-2726	(NW) Prairie View	All, Appt/Walk-ins, S\$, Med, Esp	107
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co., indigent, RW TII	107
Harris Co. Antoine Community Health Center	(281) 447-2800	(NW) Inwood Forest	All, I/RR, Free, Walk-ins (call ahead), Esp	111
Harris Co. Baytown Community Health Center	(281) 427-7656	(E) Baytown	All, I/RR, Free, Walk-ins (call ahead), Esp	111
Harris Co. Humble Community Health Ctr	(281) 446-4222	(N) Humble	All, I/RR, Free, Walk-ins (call ahead), Esp	111
Harris Co. LaPorte Community Health Ctr	(281) 471-4202	(E) La Porte	All, I/RR, Free, Walk-ins (call ahead), Esp	111

Clinics / Clínicas

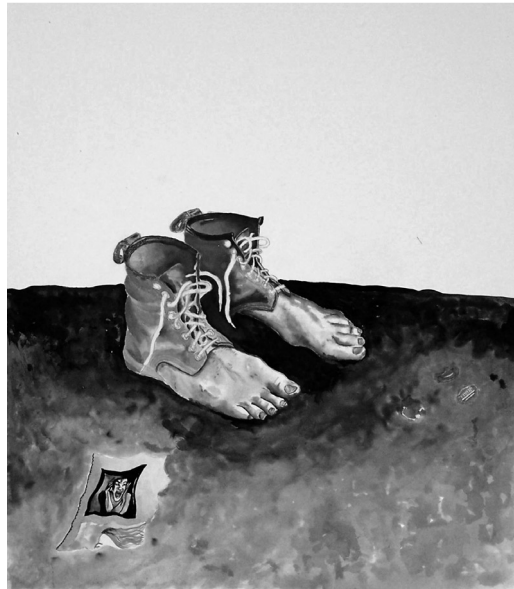
OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Harris Co. Southeast Community Health Ctr	(713) 740-5000	(SE) Pasadena	All, I/RR, Free, Walk-ins (call ahead), Esp	111
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med	111
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins	111
HCHD - Baytown Health Center	(281) 427-6757	(E) Baytown	All, Walk-ins, Free S\$, Med	111
HCHD - Casa de Amigos Health Center	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free S\$, Med	111
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free S\$, Med	112
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free S\$, Med	112
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp	112
HCHD - Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free S\$, Med	112
Hearing Systems, Inc.	(281) 855-8916	(W) Bear Creek/ Hwy 6	All	114
HDHHS - Lyons Avenue Health Center	(713) 671-3041	(C) Denver Harbor	Not specified	117
HDHHS - West End Health Center	(713) 866-4100	(C) Heights	Not specified	117
ID-Doctor.com	(832) 604-0005	(NW) Willowbrook	All (age 11 & up), Med, Flat fee, Appt req	118
Montrose Clinic STD Clinic	(713) 830-3000	(C) Montrose	M, W, Y, S\$, Appt/Walk-ins, Esp	124
Montrose Clinic Primary Care Clinic	(713) 830-3000	(C) Montrose	Y, M, W, Med, Some ins, S\$, Appt/Walk-ins, Esp	124
Neighborhood Centers, Inc.	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	ALL	Call to auto-connect to nearest clinic	131
SEARCH	(713) 739-7752	(C) Midtown	All, Free, Walk-ins, CD, Esp, Homeless only	134
SNAP Animal Aid Program	(713) 863-0010	(C) Heights	Free or low cost, Appt req	136
SNAP Spay-Neuter Mobile Program	(713) 522-2337	ALL	Free or low cost, First come-first served	136
SNAP Wellness Clinic	(713) 863-0010	(C) Heights	Free or low cost, Walk-ins	136
U of H Speech, Language & Hearing Clinic	(713) 743-2898	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp	142
UT Dental Branch Oral & Maxillofacial Surgery	(713) 790-4600	(C) Medical Center	All, Appt req, Med, Most dental ins, Fee for svc	143
UT Substance Abuse Research Center	(713) 500-2802	(C) Medical Center	M, W, Free, Appt/Walk-ins, CD	143
Walker County Maternal & Child Health Ctr	(936) 295-7474	(N) Huntsville	All, Appt req, Med, Flat fee, S\$, Esp	145

Clothing & Household Items

Vestimenta y Artículos para la Casa

Affording enough clothing and household items can be difficult for persons with HIV, many of whom are living on low, fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at no charge.



Art by Raphael

La compra de vestimenta y artículos para la casa puede ser difícil para personas VIH+ quienes viven con bajos ingresos. Algunas agencias en el área de Houston podrán ofrecer gratuitamente vestimenta, muebles y otros artículos para la casa.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AHCH - Nsomnia Furniture Program	(713) 869-3100	(C) Heights	All, Flat fee, Walk-ins, Proof of HIV status91
AAMA	(713) 926-9491	(E) Second Ward	M, W, Fam, Y, Esp, Free, Walk-ins, CD93
Bay Area Turning Point Resale Shop	(281) 338-7600	(SE) Seabrook	M, W, Fam, All, Appt req, Free, HIV+ only , Esp95
Bear Creek Assistance Ministry	(281) 855-0014	(NW) Bear Creek/ Hwy 6	M, W, ID required96
Bread of Life - COPE Team	(713) 650-0595	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim98
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	(SE) Not specified	W, Fam, All, Appt req, Esp98
CCSC - Sunshine Resale Shop	(713) 665-4000	(SW) Bellaire	All, Walk-ins101
CCSC - Emergency Services	(713) 871-9741	(C) Greenway Plaza	M, W, All, Free, First come-first served, Proof of crisis, Esp100
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy-Fair	M, W, Fam, Appt req, Esp102
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins105
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-in, Esp109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-in, Esp110

Clothing & Household Items / *Vestimenta y Artículos para la Casa*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-in, Esp	110
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	Fam, All, Free, Walk-ins	118
Macedonia Outreach and Career Center	(713) 672-1653	(C) Clinton Park	All, Appt/Walk-ins, Esp	121
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Walk-ins	122
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	127
North Channel Assistance Ministries	(713) 453-8028	(E) Northshore	All, Free, Walk-ins, ID, Proof of residence & income	127
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp	128
PWACH - New Beginnings Program	(713) 522-5428	(C) Montrose	All, I/RR, Free, Walk-ins, HIV+ only , Esp	130
Renewed Innovations - Camille's Boutique	(713) 932-6388	(W) Spring Shadows	W, Flat fee, Lim	131
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins	133
Salvation Army, Houston Area Command	(713) 752-0686	(C) Downtown	All, Free, Esp	133
Salvation Army, Mainland Corps	(409) 935-1190	(SE) Texas City	All, Free, Lim, Esp	133
Salvation Army, Montgomery County	(936) 760-2440	(N) Conroe	All, Free, Walk-ins	133
Southeast Area Ministry	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free	136
Southwest Area Ministry	(281) 530-8633	(SW) Alief	All, Fam, Walk-ins, Free	136
St. John Vianney Social Services	(281) 497-4434	(W) West Memorial	All, Free, Appt req (Walk-ins- food/clothing), Esp	138
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt req, Walk-ins, Esp	146
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021	(SW) Wharton	All, Walk-ins, Free, Poverty-level income	146

Consumer Assistance / *Asistencia al Consumidor*

The agencies listed below may be able to help with budgeting, credit management, financial planning or dealing with a business that you feel has treated you unfairly.

Estas agencias ayudan con su presupuesto, administración de crédito, planificación financiera o resolución de alguna disputa con algún negocio que lo ha tratado injustamente.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	M, W, Free, Appt/Walk-ins, Permanent disability, Esp	116

Day Programs & Respite Care *Programa Diurno y Asistencia para los Cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the HIV infected person with the attention he or she needs.

Si Ud. tiene el VIH o está cuidando a alguien que lo tiene sabrá que esta situación causa fatiga y estrés. El programa diurno y el de asistencia a cuidadores permiten que los cuidadores tomen un descanso mientras que la persona a quien cuida reciba el cuidado y la atención que el/ella necesite.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bering Adult Day Care Center	(713) 520-7070	(C) Montrose	Adults, Free, HIV+ only , Esp, Call for intake	96
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp	109
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, Free, Lim, CD, Documented homeless & TB	110
Harmony Health Respite Center	(713) 237-1765	(C) Memorial/ Washington	Men only, Free, Lim	110
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp	118
Interfaith CarePartners® AIDS Care Team®	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts rural collect calls, Esp	118

Deaf & Hard of Hearing Services / *Servicios para Sordos*

In Houston there are agencies that serve HIV infected deaf and hard of hearing persons. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.



Art by Ronnie

En Houston hay agencias al servicio de las personas sordas afectadas con el VIH. Todas las agencias mencionadas en este libro ayudan a dichas personas, pero las que están en esta lista se especializan en este grupo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Career and Recovery Resources, Inc.	(713) 754-7047	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . .	99
Hearing Systems, Inc.	(281) 855-8916	(W) Bear Creek/ Hwy 6	All	114
Montrose Counseling Center, Inc.	(713) 529-9466	(C) Montrose	M, W, Fam, I/RR, Free, Walk-ins, HIV+ only , CD	124
Sign Language Accessible Interpreters	(713) 263-8299	ALL	All, Flat fee	135
Sign Shares	(713) 869-4373	(C) Memorial/ Washington	All, Flat fee, DARS DHHS funding available	135
U of H Speech, Language & Hearing Clinic	(713) 743-2898	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp	142

Dental Services / Cuidado Dental

Don't neglect your teeth!
Call one of the clinics listed below if you haven't seen a dentist in the past six months.



Art by Gary

¡No descuide de sus dientes!
Llame a una de estas clínicas si no ha visto a un dentista en los últimos seis meses.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bering Dental Clinic	(713) 524-7933	(C) Montrose	Adults, Free, HIV+ only , Call for intake, Esp	97
HCHD - Dental Center	(713) 757-0572	(C) OST/South Union	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins	111
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins	111
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins	111
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins	112
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins	112
HCHD - Settegast Health Center	(713) 633-2020	(E) East End	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins	112
HCHD - Strawberry Health Center	(713) 982-5900	(SE) Pasadena	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins	112
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141
UT Dental Branch Oral & Maxillofacial Surgery	(713) 790-4600	(C) Medical Center	All, Appt req, Med, Most dental ins, Fee for svc	143
UT Dental Branch University Dental Center	(713) 500-5888	(C) Medical Center	M, W, Y, Appt req, Med, Most dental ins, Fee for svc, Esp	143
UT Dental Branch Pediatric Dentistry	(713) 500-8200	(C) Medical Center	C, Med, Appt req, Esp	143
UT Dental Branch Main Clinic	(713) 500-4000	(C) Medical Center	M, W, Y, C (over age 5), Appt req, Fee for svc, Esp	143
Wharton Co. Interfaith Coalition	(979) 282-2021	(SW) Wharton	All, Walk-ins, Free, Poverty-level income	146

Education Programs / Programas Educativos

The following agencies provide education about HIV/AIDS and related health topics. Some employ professional and/or volunteer educators to give group presentations. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments. Other agencies provide written material free of charge.



Art by Kenneth Willet

Las siguientes agencias proveen educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Algunas agencias emplean a profesionales y/o educadores voluntarios para realizar presentaciones a grupos. Los temas pueden incluir información básica y tratamientos avanzados del SIDA. Otras agencias proveen material por escrito gratuito.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Alliance for Multicultural Community Svcs	(713) 776-4700	(SW) Sharpstown	Free, HIV+ only , African Refugees/Immigrants, Call for intake91
American Red Cross, Greater Houston Chapter	(713) 526-8300	(C) Greenway Plaza	W, C, Y92
American Red Cross - Baytown Office	(281) 424-1300	(E) Baytown	W, C, Y92
American Red Cross - Brenham Office	(979) 836-0737	(W) Brenham	W, C, Y92
American Red Cross - Brookshire Office	(281) 375-5110	(W) Brookshire	W, C, Y92
American Red Cross - Clear Lake Office	(281) 282-6039	(SE) Clear Lake/ NASA	W, C, Y92
American Red Cross - Conroe Office	(936) 756-2212	(N) Conroe	W, C, Y92
American Red Cross - Pasadena Office	(713) 943-7000	(SE) Pasadena	W, C, Y92
American Red Cross - Rosenberg Office	(281) 342-9480	(SW) Rosenberg	W, C, Y92
American Red Cross - Texas City Office	(409) 945-7200	(SE) Texas City	W, C, Y92
Art League of Houston Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location93
AAMA, Inc.	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD93
Catholic Charities AIDS Ministry	(713) 874-6624	(C) Midtown	All, Free, Walk-ins, HIV+ only , Esp99
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp100
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy-Fair	M, W, Fam, Appt req, Esp102
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Adults (age 18 & up) I/RR, I/RR, HIV+ only , Free, Appt/Walk-in, Esp105
Family Services of Greater Houston - Admin	(713) 868-4466	(C) Montrose	All, Free, Walk-ins, Esp106

Education Programs / Programas Educativos

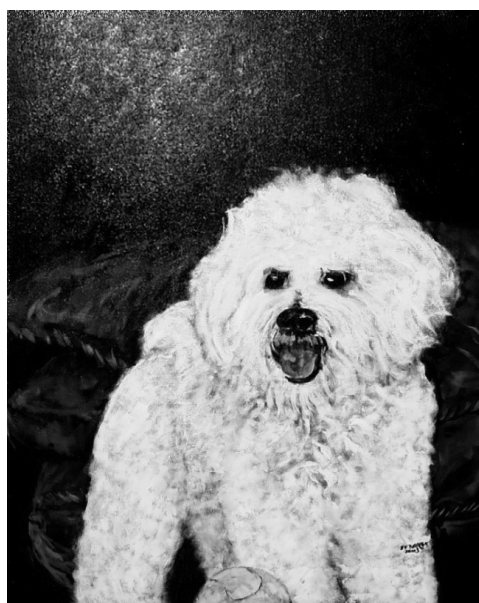
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Family Services of Gr Houston - Bay Area	(281) 282-6045	(SE) Clear Lake/ NASA	All, Free, Walk-ins, Esp	106
Family Services of Gr Houston - Baytown	(832) 556-8756	(E) Baytown	All, Free, Walk-ins, Esp	106
Family Services of Gr Houston - Central Ofc	(713) 861-4849	(C) Memorial/ Washington	All, Free, Walk-ins, HIV+ only , Esp	106
Family Services of Gr Houston - Ft. Bend Co.	(281) 207-2440	(SW) Stafford	All, I/RR, Free, Walk-ins, HIV+ only , Esp	106
Family Services of Gr Houston - Montgomery Co.	(888) 844-6289	(N) Woodlands	All, I/RR, Free, Walk-ins, HIV+ only , Esp	106
Family Services of Gr Houston - Waller Co.	(281) 375-5110	(W) Waller	All, Walk-ins, Free, Esp	106
F.L.A.S., Inc.	(713) 772-2366	(SW) Sharpstown	All, Free, Walk-ins, Lim, CD, Esp . . .	107
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income limit), Appt/Walk-in, Esp	109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income limit), Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp	110
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+, Esp, Gold card	111
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, S\$, Med, Appt/Walk-ins	111
HCHD - Northwest Community Health Ctr	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	112
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
Houston READ Commission	(713) 228-1801	(C) OST/S. Union	Ages 17+, Free, Appt req, Esp	118
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	Fam, All, Free, Walk-ins	118
Macedonia Outreach and Career Center	(713) 672-1653	(C) Clinton Park	All, Appt/Walk-ins, Esp	121

Education Programs / Programas Educativos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Macedonia Outreach and Career Center	(713) 672-1653	(N) Eastex/Jensen	Adults, S\$, Financing avail, Walk-ins, Call for intake, Esp	121
Montrose Clinic	(713) 830-3000	(C) Montrose	Y, M, W, Free, Appt req, Esp	123
Motherland, Inc.	(713) 290-0001	(NW) Oak Forest	All, Free, Appt/Walk-ins, CD, Esp . .	125
Neighborhood Centers, Inc.	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp	127
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp	128
Partners Resource Network	(713) 524-2147	(C) Greenway Plaza	All parents of children with disabilities, Free, Walk-ins, Esp . .	129
PWACH - Consumer Advocate Training Pgm	(713) 522-5428	(C) Montrose	W, HIV+ only	130
SAAFE House	(936) 291-3529	(N) Huntsville	All, Free, S\$	133
SAAFE House	(936) 327-6427	(N) Livingston	All, Free, S\$	133
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, All, I/RR, CD, Homeless only, Esp	134
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, HIV+ only , Esp	136
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141
Trinity Gardens Integral Forces, Inc	(713) 631-0329 Ext. 26	(NE) Trinity Gardens	All, I/RR, Walk-ins, CD, Esp	141
Women Helping Women - TAP Program	(281) 631-9744	(N) Not Specified	W, Free, Lim, Other eligibility reqs	146
YWCA of Houston	(713) 741-3700	(C) Memorial/ Washington	All, Free	147



Art by Susan fronek



Art by Susan fronek

Employment & Training

Ayuda para Empleo y Entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.

Para una persona infectada con el VIH, ser productiva y activa es importante por razones económicas y emocionales. Algunas agencias tienen programas que ofrecen entrenamiento, consejos y referencias en la búsqueda de un empleo. Si Ud. puede trabajar, podrá beneficiarse con un salario fijo, seguro médico y otras opciones.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Turning Point, Inc.	(281) 338-7600	(SE) Webster	W, Appt req, Free, HIV+ only , Homeless, Esp	95
Bear Creek Assistance Ministry	(281) 855-0014	(NW) Bear Creek/ Hwy 6	M, W, ID req	96
Career & Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . .	99
CCSC - JobNet	(713) 626-8320	(C) Greenway Plaza	M, W, S\$, Appt req	101
DARS - Blind Division	(713) 944-9924	(SE) Ellington/ South Belt	All, Appt/Walk-ins	103
Goodwill Temporary Service	(713) 699-6724	(C) Kashmere Gardens	M, W, Appt req	108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp	109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp	110
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial / Washington	M, Free, Lim, CD, Homeless & TB	110
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	Fam, All, Free, Walk-ins	118
Lazurus House Initiative - EVES Program	(713) 988-4858	(SW) Missouri City	M, W, Free, Appt req, Employable disabled, CD, Esp . . .	120
Macedonia Outreach and Career Center	(713) 674-8898	(N) Eastex/Jensen	Adults, S\$, Financing available, Walk-ins, Esp	121
Neighborhood Centers, Inc.	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125

Employment & Training Ayuda para Empleo y Entrenamiento

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Renewed Innovations - Retail Training Pgm	(713) 932-6388	(W) Spring Shadows	W, Flat fee, Lim	131
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, All, I/RR, Free, CD, Homeless only, Esp	134
SER Houston - WorkSource SER Gulf Coast	(713) 697-3437	(NE) Eastex/Jensen	M, W, Y (ages 13-19), Free, Walk-ins, CD, Esp	134
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/ Walk-ins, Esp	146
Women Helping Women - TAP Program	(281) 631-9744	(N) Not specified	W, Free, Lim, Other eligibility reqs	146

Eye Care / Cuidado de la Vista

Certain illnesses associated with HIV infection can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.



Art by Gary

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Liberty County Indigent Healthcare Program	(281) 593-8428	(NE) Cleveland	All, Appt req, At or below 185% poverty	120
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Income-based eligibility, CD	123
Montrose Clinic - Frost Eye Clinic	(713) 830-3033	(C) Montrose	M, W, Y, Appt req, Free to low cost, Med, Esp	124
U of H College of Optometry - Good Neighbor	(713) 527-8480	(C) Montrose	M, W, Fam, Appt req, S\$, Med, Esp	142
U of H College of Optometry - University Eye Institute	(713) 743-2020	(C) Third Ward	All, Walk-ins, S\$, Med, Private ins	142

Financial Assistance / Asistencia Financiaría

Financial assistance for HIV+ persons is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs, medical supplies, insurance premiums and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive.

Se dispone de asistencia financiera para las personas con el VIH por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos, equipo médico, prima de seguro y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp89
AFH – H.E.L.P. Programs	(713) 623-6796	(C) River Oaks	HIV+ only90
Bear Creek Assistance Ministry	(281) 855-0014	(N) Bear Creek/ Hwy 6	M, W, ID required96
Bering Financial Assistance	(713) 520-7070	(C) Montrose	Appt req, HIV+ only , Call for intake, Esp97
Bread of Life - COPE Team	(713) 650-0595	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim98
Brentwood Project WAITT	(713) 852-2550	(S) Hiram Clarke	All, Appt/Walk-ins, Free, HIV+ only , CD98
Catholic Charities AIDS Ministry	(713) 874-6624	(C) Midtown	All, Free, Walk-ins, HIV+ only , Esp . .	.99
CCSC - Emergency Services	(713) 871-9741	(C) Greenway Plaza	M, W, All, Walk-ins, Proof of crisis, Esp100
Colt 45's, The	(713) 526-6077	(C) Not specified	All, Free, HIV+ only , Application required101
Combined Community Action	(979) 540-2987	(N) Giddings	M, W, Free, Appt/Walk-ins, Lim . .	.101
Cypress Assistance Ministries	(281) 955-7684	(N) Cy-Fair	M, W, Fam, Appt req, Esp102
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins . .	.105
Galveston County Social Services	(409) 770-5583	(SE) Galveston	Fam, All, Free, Walk-ins, 100% poverty108
Galveston County Social Services	(281) 316-8733	(SE) League City	Fam, All, Free, Walk-ins, 100% poverty108
Galveston County Social Services	(409) 770-5803	(SE) Texas City	Fam, All, Free, Walk-ins, 100% poverty, Esp108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp110

Financial Assistance / Asistencia Financiera

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp	110
Harris County Social Services	(713) 696-7900	(NE) Eastex/Jensen	All, Free, Appt/Walk-ins	114
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free, Walk-ins	118
Julia C. Hester House	(713) 672-2573	(C) Fifth Ward	All, Free, Appt req, Lim, Call for intake	119
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Walk-ins	122
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Income based eligibility, CD	123
Mid-Chambers Christian Caring Center	(409) 267-6898	(E) Anahuac	All, Free, Walk-ins	123
Montgomery Co. Emergency Assistance Neighborhood Centers, Inc.	(936) 539-9211	(N) Conroe	All, Walk-ins	123
	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	127
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp	128
Resurrection Metropolitan Community Church	(713) 861-9149	(C) Heights	All, Appt req, ID	132
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins	133
Salvation Army, Houston Area Command	(713) 752-0686	(C) Downtown	All, Free, Esp	133
Salvation Army, Mainland Corps	(409) 935-1190	(SE) Texas City	All, Free, Lim, Esp	133
Salvation Army, Montgomery County	(936) 760-2440	(N) Conroe	All, Free, Walk-ins	133
Social Security Administration	(800) 772-1213	ALL	All, Walk-ins, Free, Esp	135
Southeast Area Ministry	(713) 944-0093	(SE) Pasadena	All, Fam, Walk-ins, Free	136
Southwest Area Ministry	(281) 530-8633	(SE) South Houston	All, Fam, Walk-ins, Free	136
St. John Vianney Social Services	(281) 497-4434	(W) West Memorial	All, Free, Appt req, Esp	138
St. Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim, Proof of residence	138
St. Pius Catholic Church	(713) 473-9484	(E) Pasadena	Fam, Lim, Proof of residence, ID, SS cards	138
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , Esp	141
VOA - Chupik House	(281) 341-1172	(SW) Rosenberg	M, Appt req, HIV+ only , CD	145
WAM Foundation	(713) 551-8787	(SW) Hiram Clarke	All, Free, Walk-ins, HIV+ only , Call for intake	145
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp	146
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021	(SW) Wharton	All, Walk-ins, Free, Poverty-level income	146

Food / Alimentos

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. Food pantries, soup kitchens and home meal delivery programs are available in the Houston area. All those listed below are free. Restrictions may apply.

Costear suficiente alimento puede ser difícil para personas VIH+ con bajos ingresos. El consumo de una variedad de comidas saludables es importante. Los servicios como despensa de alimentos, comedores y entrega a domicilio están disponibles en el área de Houston gratuitamente. Puede que existan algunas restricciones.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp89
AFH – Stone Soup	(713) 623-6796	(C) River Oaks	HIV+ only90
Bear Creek Assistance Ministry	(281) 855-0014	(N) Bear Creek/Hwy 6	M, W, ID required96
Bread of Life - COPE Team	(713) 650-0595	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim	.98
Brentwood Project WAITT	(713) 852-2550	(S) Hiram Clarke	All, Appt/Walk-ins, Free, HIV+ only , Food vouchers98
CCSC - Emergency Services	(713) 871-9741	(C) Greenway Plaza	M, W, All, Walk-ins, Proof of crisis, Esp100
CCSC - Operation Sunshine Meals	(713) 961-3993	(C) Greenway Plaza	M, W, All, S\$, Appt req101
Cypress Assistance Ministries	(281) 955-7684	(N) Cy-Fair	M, W, Fam, Appt req, Esp102
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins . .	.105
Fair Haven Food Pantry	(713) 467-4363	(W) Spring Branch	M, W, Fam, Free, Walk-ins, Halfway house residents105
Galveston County Social Services	(409) 770-5583	(SE) Galveston	Fam, All, Free, Walk-ins, 100% poverty108
Galveston County Social Services	(281) 316-8733	(SE) League City	Fam, All, Free, Walk-ins, 100% poverty108
Galveston County Social Services	(409) 770-5803	(SE) Texas City	Fam, All, Free, Walk-ins, 100% poverty, Esp108
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp109
GCCSA - Acres Home Multiservice Ctr	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - JD Walker Multiservice Ctr	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Kashmere Multiservice Ctr	(713) 674-1301	(C) Kashmere	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Magnolia Multiservice Ctr	(713) 921-2960	(C) Magnolia Park	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp110

Food / Alimentos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Sunnyside Multiservice Ctr	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Third Ward Multiservice Ctr	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Income guidelines, Appt/Walk-in, Esp	110
Harris County - WIC Program	(713) 439-6145	(C) Galleria/ Post Oak	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Bear Creek WIC Center	(713) 345-4759	(W) Bear Creek	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Emerald Plaza WIC Center	(281) 444-0764	(NW)	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - NAM WIC Center	(281) 587-8596	(N) Bammel	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/ S. Belt	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - South Houston WIC Center	(713) 941-5035	(SE) South Houston	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Tomball WIC Center	(713) 290-6246	(NW) Tomball	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Houston Challenge Food Pantry	(713) 223-3810	(C) Near Northside	All, Free, Walk-ins, HIV+ only , Esp	116
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free, Walk-ins	118
Julia C. Hester House	(713) 672-2573	(C) Fifth Ward	All, Free, Appt req, Lim, Call for intake	119
LIFE Houston - Good Neighbor Healthcare Ctr	(713) 528-6044	(C) Montrose	C (under 1 year), Free, Walk-ins	120
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers . . .	121
Macedonia Outreach and Career Center	(713) 672-1653	(C) Clinton Park	All, Appt/Walk-ins, Esp	121
Montgomery County Emgcy Assistance Neighborhood Centers, Inc.	(936) 539-9211	(N) Conroe	All, Walk-ins	123
	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	127
North Channel Assistance Ministries	(713) 453-8028	(E) Northshore	All, Free, Must have ID, Proof of residence & Income . . .	127
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp	128
Resurrection Metropolitan Community Church	(713) 861-9149	(C) Heights	All, Appt req, ID	132
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins	133
Salvation Army, Houston Area Command	(713) 752-0686	(C) Downtown	All, Free, Esp	133
Salvation Army, Mainland Corps	(409) 935-1190	(SE) Texas City	All, Free, Lim, Esp	133
Salvation Army, Montgomery County	(936) 760-2440	(N) Conroe	All, Free, Walk-ins	133
Southeast Area Ministry	(713) 944-0093	(SE) Pasadena	All, Fam, Walk-ins, Free	136
Southwest Area Ministry	(281) 530-8633	(SE) South Houston	All, Fam, Walk-ins, Free	136

Food / Alimentos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
St. John Vianney Social Services	(281) 497-4434	(W) West Memorial	All, Free, Appt req, Esp	138
St. Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim, Proof of residence	138
St. Pius Catholic Church	(713) 473-9484	(E) Pasadena	Fam, Lim, Proof of residence, ID, SS cards	138
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , Esp	141
Trinity Gardens Integral Forces, Inc	(713) 631-0329 Ext. 26	(NE) Trinity Gardens	All, I/RR, Walk-ins, CD, Esp	141
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp	146
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021	(SW) Wharton	All, Walk-ins, Free, Poverty-level income	146

Funeral Services / Servicios Funerarios

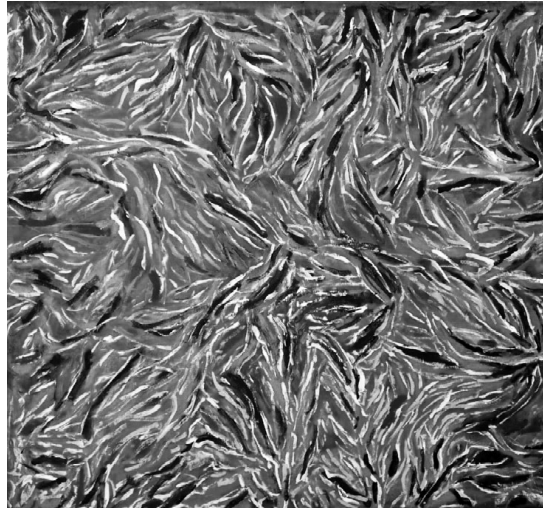
Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable HIV infected persons and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veteran's Administration.

A nadie le gusta planear para un funeral o cremación cuando uno se siente bien, pero planificar con anticipación no solamente ayuda a prevenir una ansiedad futura, sino que también ayuda a las personas con el VIH y sus familiares a ahorrar una gran cantidad de dinero. Analizando costos y comparando servicios con anticipación les permite tomar mejores decisiones. Los veteranos podrían recibir beneficios de sepultura por medio de la Administración de Veteranos.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Aldine Funeral Chapel, LLC	(281) 591-6055	(N) Aldine	Appt recommended	91
Arlington National Funeral Home	(713) 692-5555	(N) Northside	All, Walk-ins	93
Bill Clair Family Mortuary, Inc.	(713) 522-9030	(S) MacGregor	M, W, Fam	97
Catholic Charities AIDS Ministry	(713) 874-6624	(C) Midtown	All, Free, Walk-ins, HIV+ only , Esp .	99
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins	102
Dignity Memorial Funeral, Cremation & Cemeteries	1-800-DIGNITY	All	All	104
Funeral Consumers Alliance of Houston	(713) 301-8566	All	All	107
Galveston County Social Services	(409) 770-5583	(SE) Galveston	Fam, All, Free, 100% poverty or below	108
Galveston County Social Services	(281) 316-8733	(SE) League City	Fam, All, Free, 100% poverty or below	108
Galveston County Social Services	(409) 770-5803	(SE) Texas City	Fam, All, Free, 100% poverty or below, Esp	108
Ken Lambert Funeral Consultant & Negotiator	(281) 357-0195	(NW) Tomball	All, Free, S\$, Nationwide	119

HIV & STD Testing / Prueba del VIH y ETS

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This medical test is the only way to tell if someone is infected with the virus. The test can be done at a doctor's office or a clinic. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have your results ready for you in 10 – 14 days, some have tests that give immediate results.



Art by Mark

Si Ud. cree que ha sido expuesto al VIH, debe seriamente considerar hacerse un análisis del VIH. Éste es el único método de saber si una persona está infectada con el virus. Lo puede hacer en la oficina del médico o en una clínica. En muchas clínicas públicas Ud. no tiene que revelar su nombre y el análisis es gratuito o de bajo costo. En algunos lugares recibirá el resultado en 10 a 14 días, en otros lugares dan resultados inmediatos.

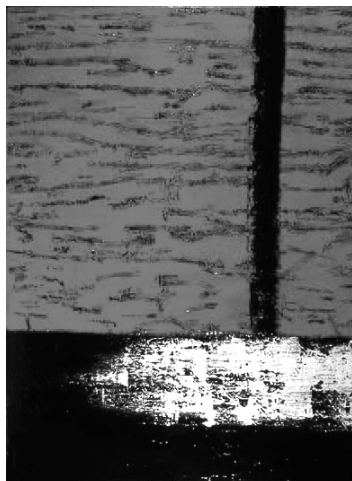
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AVES - HIV Testing	(713) 626-2837	(C) Montrose	Ages 18 & up, Free, Walk-ins/Appt, Esp	92
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, CD, Esp	93
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Free, Walk-ins, CD, Esp	93
Career & Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . .	99
Chambers County Health Department	(409) 267-8356	(E) Anahuac	All, Walk-ins, Esp	100
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Ages 18 & up, I/RR, Free, Appt/Walk-in, Esp	105
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	All, Appt req, Esp	106
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Free, S\$, Walk-ins, CD . . .	108
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp	109
Harris Co. Community Health Centers - Main Office	(713) 439-6000	(C) Galleria/ Post Oak	Not applicable	110
Harris Co. Antoine Community Health Center	(281) 447-2800	(NW) Inwood Forest	All, I/RR, Free, Walk-ins (call ahead), Esp	111
Harris Co. Baytown Community Health Center	(281) 427-7656	(E) Baytown	All, I/RR, Free, Walk-ins (call ahead), Esp	111
Harris Co. Humble Community Health Center	(281) 446-4222	(N) Humble	All, I/RR, Free, Walk-ins (call ahead), Esp	111
Harris Co. LaPorte Community Health Center	(281) 471-4202	(E) La Porte	All, I/RR, Free, Walk-ins (call ahead), Esp	111
Harris Co. Southeast Community Health Center	(713) 740-5000	(SE) Pasadena	All, I/RR, Free, Walk-ins (call ahead), Esp	111

HIV & STD Testing / Prueba del VIH y ETS

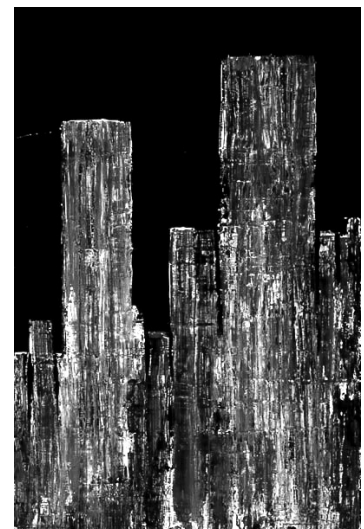
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med111
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, Gold card, Esp .	.111
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	All, Free, S\$, Med, Walk-ins111
HCHD - Baytown Health Center	(281) 427-6757	(E) Baytown	All, Walk-ins, Free, S\$, Med111
HCHD - Casa de Amigos Health Center	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free, S\$, Med111
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free, S\$, Med112
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free, S\$, Med112
HCHD - Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free, S\$, Med112
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, Appt/Walk-ins, Esp112
HACS - HIV Testing and Counseling	(713) 526-0555	(C) Greenway Plaza	M, W, Y (ages 13 - 24), Free, Walk-ins, Esp115
Montrose Clinic - HIV, Hep C, Syphilis Testing & Counseling	(713) 830-3000	(C) Montrose	M, W, Y, Low cost, Appt/Walk-ins, Esp124
Motherland - Counseling, Testing & Referral	(713) 290-0001	(NW) Oak Forest	All, Free, Walk-ins125
Motherland - Turning Point Intervention Program	(713) 290-0001	(NW) Oak Forest	All, Free, Appt/Walk-ins, CD, Call for more info125
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	All	Call to auto-connect to the nearest clinic.131
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, Esp141
UTMB Prairie View	(936) 857-4073	(NW) Prairie View	W only, Med, S\$, Appt req144
Walker County Maternal and Child Health Center	(936) 295-7474	(N) Huntsville	M, W, C, Y, Appt req, Med, Flat fee, S\$, Esp145



Art by Ronnie



Art by Ronnie



Art by Ronnie

Home Assistance and Home Health Care

Asistencia y Cuidado en el Hogar

Some HIV infected persons need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.



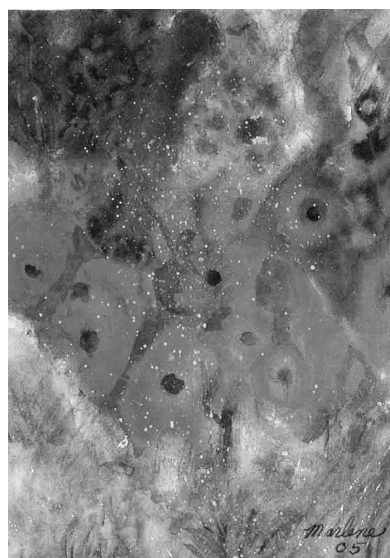
Art by Kenneth Willet

Algunas personas VIH+ necesitan ayuda en sus domicilios y hay varios tipos de ayuda disponibles. Para las personas que necesitan ayuda mínima en el aseo de la casa, se puede proporcionar este servicio gratuitamente o a bajo costo. Para personas que requieran ayuda con el aseo personal (bañarse, etc), hay disponible enfermeras y asistentes. A veces una orden médica es requerida.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Barnes Home Health, LLC	(713) 956-2111	(NW) Lazybrook	Adults, Flat fee, Ins, Appt & referral req, CD, Esp	94
Barnes Home Health - HCS/Texas Home Living	(281) 679-0541	(W) Westchase	All, Disabled, Med, Walk-ins, Esp	94
Belltech Enterprises, Inc.	(281) 679-0541	(W) Westchase	All, Disabled, Med, Walk-ins, Esp	96
Cage's Medical Services, Inc.	(713) 674-5616	(NE) Not specified	All, Med, Ins, Private pay, Walk-ins, Esp	99
Care Group of Texas	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Ins, Wrkrs comp, Managed care, Esp	99
Caring Experience, The	(281) 422-3537	(E) Baytown	All, Free, Appt req, HIV+ only , Call for intake	99
Caring Health Services	(281) 261-8111	(SE) Missouri City	All, Med, Private pay, Ins, Walk-ins, Esp	99
CCSC - Operation Sunshine Meals	(713) 961-3993	(C) Greenway Plaza	M, W, All, S\$, Appt req	101
Citywide Home Health Services, Inc.	(713) 660-6671	(C) Bellaire	M, W, Fam, Med	101
Combined Community Action	(979) 540-2993	(NW) Giddings	M, W, Free, Appt/Walk-ins, Lim, Private pay	101
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp	109

Home Assistance & Home Health Care *Asistencia y Cuidado en el Hogar*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Acres Home Multiservice Ctr	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - JD Walker Multiservice Ctr	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Kashmere Multiservice Ctr	(713) 674-1301	(C) Kashmere	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multiservice Ctr	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Third Ward Multiservice Ctr	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp	110
Interfaith CarePartners® AIDS Care Team®	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts rural collect calls, Esp	118
PSA Healthcare	(281) 999-8566	(N) Aldine	Not specified	131
Serenity Home Health	(832) 865-3645	(C) Astrodome/ S. Loop	All, Med, Flat fee, PHC/Family Care, Appt req	134
STAT Home Health Care, Inc.	(713) 520-9997	(C) Montrose	Adults, Free, Med, Ins, Appt & referral req	138
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	HIV+ only , Appt req, Free, S\$, Esp	141
Visiting Nurse Association of Houston	(713) 520-8115	(C) Heights	All, Free, Med, Doctors order, Esp	144



Art by Marlene



Art by Marlene

Hospice Care / Cuidado de Hospicio

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of AIDS. Physician approval is needed for this service, which can take place in a home, special residence, nursing facility or hospital.



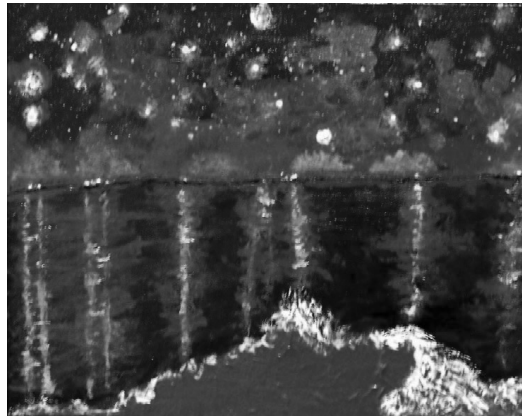
Art by Gary

El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del SIDA. La aprobación de un médico es necesaria para recibir este servicio, el cual puede ocurrir en el hogar, una residencia especial, u hospital.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A-Med Home Health	(713) 941-2115	(SE) Pasadena	Adults, Med, Most 3rd party payors, Esp	.91
AseraCare Hospice	(713) 864-2626	(C) Heights	Adults, Ins, Med	.93
Bering - Residential Hospice	(713) 523-7110	(C) Montrose	HIV+ only , Free, Call for intake, Esp	.97
Hospice Care Team, Inc.	(979) 297-6043	(S) Lake Jackson	All, Free, S\$, Med, Ins, Appt req, Dr stmt of terminal illness	.114
Hospice Care Team, Inc.	(409) 938-0070	(SE) Texas City	All, S\$, Med, Ins, Appt req	.114
Odyssey Health Care of Conroe	(936) 788-7707	(N) Conroe	All, Med, Foundation pays for indigent	.128
Visiting Nurse Association of Houston	(713) 520-8115	(C) Heights	All, Med, Private Ins, Dr order required, Call for intake	.144

Hospitals / Hospitales

Below is a list of hospitals in the Houston area. If it is very important to you to use a particular hospital, make sure that your doctor admits patients to that hospital. Ben Taub and LBJ are part of the Harris County Hospital District (HCHD) and will treat you even if you have no insurance, though any hospital must treat you when you need emergency care. But do not use the hospital emergency room unless you truly have an emergency; call your doctor or the HCHD Ask Your Nurse hotline if you aren't sure. Remember, you will probably have to wait a lot longer in the ER than in the clinic or in your doctor's office. An HCHD Community Clinic needs to refer clients to Ben Taub and LBJ specialty clinics.



Art by Ronnie

Aquí hay una lista de hospitales del área de Houston. Si para Ud. es muy importante utilizar un hospital en particular, asegúrese que su médico pueda admitir pacientes en el mismo. Los hospitales Ben Taub y LBJ son parte del Distrito de Hospitales del Condado Harris (HCHD) y les ofrecerá servicios aunque no tenga seguro médico, aunque en el caso de una emergencia, cualquier hospital debe atenderlo. Sin embargo, no use la sala de emergencias al menos que sea una verdadera emergencia; llame a su médico si no está seguro. Recuerde que Ud. tendrá que esperar mucho más tiempo en la sala de emergencias que en la clínica o en la oficina de su doctor.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bayside Community Hospital	(409) 267-3143	(E) Anahuac	All	96
Ben Taub General Hospital (HCHD)	(713) 873-2000	(C) Medical Center	All	111
Ask Your Nurse Helpline (HCHD)	(713) 663-CALL (2255)	All	All, Free, Esp	93
LBJ General Hospital (HCHD)	(713) 566-5100	(N) Trinity/ Houston Gardens	All	112
Memorial Hermann Children's Hospital	(713) 704-KIDS	(C) Medical Center	C, Y	122
Memorial Hermann Ft. Bend Hospital	(281) 499-4800	(SW) Missouri City	All	122
Memorial Hermann Hospital	(713) 704-4000	(C) Medical Center	All	122
Memorial Hermann Katy Hospital	(281) 392-1111	(W) Katy	All	122
Memorial Hermann Memorial City Hospital	(713) 932-3000	(W) Memorial	All	122
Memorial Hermann Northwest Hospital	(713) 867-2000	(C) Heights	All	122
Memorial Hermann Southeast Hospital	(281) 929-6100	(SE) Ellington/ South Belt	All	122
Memorial Hermann Southwest Hospital	(713) 776-5000	(SW) Sharpstown	All	122
Memorial Hermann The Woodlands Hospital	(281) 364-2300	(N) Woodlands	All	122
Park Plaza Hospital	(713) 527-5000	(C) Medical Center	M, W, Ins, Private pay	129
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, CD, Esp	146

Housing/Emergency Shelters

Vivienda y Refugios de Emergencia

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. These include subsidized apartments, group residential facilities, chemical dependency halfway houses, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (see FINANCIAL ASSISTANCE). As a last resort, a number of emergency shelters serving men, women, adolescents, and families are located in the Houston area.



Art by Kenneth Willet

Houston ofrece varias opciones de vivienda para las personas VIH+ con bajos ingresos, y los que tienen necesidades especiales. Estas opciones incluyen departamentos de bajo costo, residencias en grupos, personas con dependencia de sustancias, y centros de vivienda transitoria. Estos están disponibles a muy bajo costo. Algunas agencias también proveen ayuda con la renta y/o utilidades para prevenir que las personas se queden sin vivienda o servicios públicos (vea ASISTENCIA FINANCIERA). Como último recurso, existen refugios de emergencia para hombres, mujeres, adolescentes y familias de Houston.

HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp89
AFH - H.E.L.P. Programs	(713) 623-6796	(C) River Oaks	HIV+ only90
AFH - Project "A Friendly Haven"	(713) 651-0833	(C) River Oaks	HIV+ only90
AFH - Project Porchlight	(713) 623-6796	(C) River Oaks	HIV+ only90
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Free, Walk-ins, CD, Esp93
Brentwood Project WAITT	(713) 852-2550	(S) Hiram Clarke	All, Appt/Walk-ins, Free, HIV+ only , CD98
Chambers County Indigent Health Care	(409) 267-8306	(E) Anahuac	All100
Combined Community Action	(979) 540-2991	(NW) Giddings	M, W, Fam, Free, Appt/Walk-ins, Lim, Private pay101
Galveston County Social Services	(409) 770-5583	(SE) Galveston	All, Free, Walk-ins, At or below 100% poverty108
Galveston County Social Services	(281) 316-8733	(SE) League City	All, Free, Walk-ins, At or below 100% poverty108
Galveston County Social Services	(409) 770-5803	(SE) Texas City	All, Free, Walk-ins, At or below 100% poverty, Esp108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp109
GCCSA - Acres Home Multiservice Ctr	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp110

Housing/Emergency Shelters / Vivienda y Refugios de Emergencia

HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - JD Walker Multiservice Ctr	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Kashmere Multiservice Ctr	(713) 674-1301	(C) Kashmere	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multiservice Ctr	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Third Ward Multiservice Ctr	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp	110
Harris County Housing Resource Center	(713) 578-2055	Harris County	Free, Esp	112
Housing Authority City of Houston	(713) 260-0600	(W) Woodlake	M, W, Fam, Free (income limit), Walk-ins, Esp . . .	114
Lazurus House Initiative – H.E.L.P. Program	(713) 988-4858	(SW) Missouri City	W, S\$, CD, Appt req	120
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Income-based eligibility, CD . . .	123
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp	128
SEARCH	(713) 739-7752	(C) Midtown	M, W, I/RR, Free, CD, Esp, Homeless only	134
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, HIV+ only	136
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , Esp	141
VOA - Burrese Street Apartments	(713) 692-8190	(N) Northside	M, W, Fam, Appt req, HIV+ only	145
Writ Writers Association	(713) 785-5623	(SW) Sharpstown	M, W, I/RR, Flat fee, Appt req, HIV+ only , CD	147

EMERGENCY SHELTERS / REFUGIOS DE EMERGENCIA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AHCH - West Heights Shelter	(713) 864-1795	(C) Heights	Adults, Flat fee, Accepts area housing vouchers, Appt req, Lim, HIV+ only	91
Bay Area Homeless Services	(281) 837-1657	(E) Baytown	Adults (age 17 and up), Fam, Appt req, HIV+ only , Esp	94
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	(SE) Not specified	W, Fam, All, Appt req, Free, Esp . .	98
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (13 - 21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	102

Housing/Emergency Shelters / Vivienda y Refugios de Emergencia

EMERGENCY SHELTERS / REFUGIOS DE EMERGENCIA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
FamilyTime Foundation	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	106
Ft. Bend County Women's Center	(281) 342-4357	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-ins, Esp	106
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD	108
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, Y, C, Free, Esp	116
Mission of Yahweh	(713) 466-4785	(NW) Carverdale	W, Fam, Free	123
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp	127
SAAFE House	(936) 291-3529	(N) Huntsville	All, Free, S\$	133
SAAFE House	(936) 327-6427	(N) Livingston	All, Free, S\$	133
Salvation Army, Montgomery County	(936) 760-2440	(N) Conroe	All, Free, Walk-ins	133
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, All, I/RR, Free, CD, Homeless only, Esp	134
Star of Hope Men's Development Center	(713) 227-8900	(C) Downtown	M, Walk-ins, Lim, Free, CD	138
Star of Hope Transitional Living Center	(713) 748-7242	(C) MacGregor	W, Fam, Lim, Free, Esp	138
Star of Hope Women and Family Shelter	(713) 222-2220	(C) Second Ward	W, Fam, Lim, Free, Esp	138

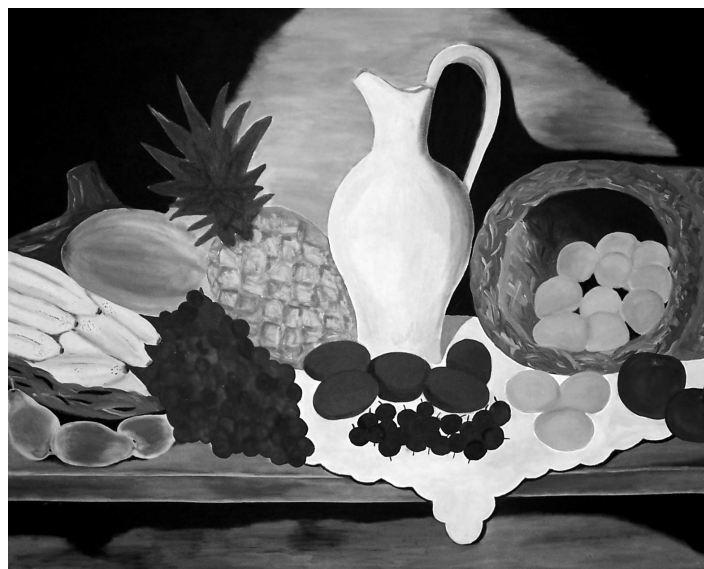
LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M, S\$, Appt req, HIV+ only , CD, Esp	89
AFH - Beecher Wilson Apartments	(713) 524-5950	(C) River Oaks	HIV+ only , Section 8 (subsidized rent)	89
AFH - Project LifeRoad	(713) 623-6796	(C) River Oaks	HIV+ only	90
Browning One Assisted Living Facility	(713) 433-9800	(C) Not specified	M, W, S\$, Appt req	98
CEF - Swehla House	(713) 528-0037	(C) Montrose	M, W, S\$, Appt req, HIV+ only . .	101
Corder Place Apartments	(713) 741-4070	(C) OST/S. Union	Adults, Fam, Walk-ins, HIV+ only, Homeless, Esp	102
Lazurus House Initiative – H.E.L.P. Pgm	(713) 988-4858	(SW) Missouri City	W, S\$, CD, Appt req	120
Magnificat Houses - Morning Star Hostel	(713) 529-0516	(C) Midtown	Adults, S\$, HIV+ only , Appt req, Esp	132
Renewed Innovations - The Bethel Home	(713) 467-2473	(W) Spring Shadows	W, Flat fee, Appt req, Lim, Must have job after 30 days	132
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, I/RR, Free, CD, Homeless only, Esp	134
VOA - Chupik House	(281) 341-1172	(SW) Rosenberg	M, Appt req, HIV+ only , CD	145
VOA - Burrese Street Apartments	(713) 692-8190	(N) Northside	M, W, Fam, Appt req, HIV+ only , 30% of income if/when client has income.	145
Wellsprings – Long Term Housing	(713) 529-6559	(C) Not specified	W, C, Y, I/RR, Appt req, Lim, CD .	145

Housing/Emergency Shelters / Vivienda y Refugios de Emergencia

SHORT TERM HOUSING / VIVIENDA TEMPORAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AHCH - West Heights Shelter	(713) 864-1795	(C) Heights	M, W (age 18 & up), Flat fee, Accepts area housing vouchers, Appt req, Lim, HIV+ only	91
Browning One Assisted Living Facility	(713) 433-9800	(C) Not specified	M, W, S\$, Appt req	98
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, Free, Lim, CD, Documented homeless & TB	110
Magnificat Houses - Morning Star Hostel	(713) 529-0516	(C) Midtown	Adults, S\$, HIV+ only , Appt req, Esp	121
Marjo House	(713) 674-1168	(C) Pleasantville	M, W, I/RR, CD, S\$, Ins, Med, Appt & referral req, HIV+ only	121
Open Door Mission - Doorway Recovery Pgm	(713) 921-7520	(C) Second Ward	M (18 & up), ID, Free, Walk-ins, Lim, CD	129
Riverside Gen. Hospital - Quality Living Pgm	(713) 526-2441	(SE) Golfcrest	M, W, Fam, Walk-ins, HIV+ only , CD	134
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, I/RR, Free, CD, Homeless only, Esp	134
SEARCH - Challenge Men's Program	(713) 742-6953	(N) Eastex/Jensen	M, CD, Homeless & mentally ill, Lim, HUD	134
SEARCH - Discover Women's Program	(713) 331-2728	(C) Fifth Ward	W, CD, I/RR, Homeless only, Lim, HUD	134
TRS The Next Step - Men	(713) 526-0311	(C) Midtown	M, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Next Step - Women	(713) 263-7475	(W) Spring Branch	W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
Wellsprings – Short Term Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD	146
Wellsprings - Transitional Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD	146



Art by Gary

Information & Hotlines

Información y Línea Telefónica de Ayuda

Information and Referral lines provide information on where to find specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. 24-hour hotlines offer information or assistance during a crisis.

Las líneas de Información y Referencia proveen información sobre donde Ud. puede encontrar servicios específicos o contesta preguntas relacionadas con el VIH y otros temas de la salud. Las llamadas son gratuitas y anónimas. La línea de ayuda de 24 horas ofrece información o asistencia durante una crisis.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH – BARC and CSA Programs	(713) 623-6796	(C) River Oaks	HIV+ only89
AIDS Clinical Trials Information Svc.	(800) HIV-0440	NATIONAL	All, Free89
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp89
AIDSInfo	(800) 448-0440	NATIONAL	All, Free91
American Cancer Society Quit Line	(877) YES-QUIT	ALL	All, Free, Esp91
Ask Your Nurse Helpline (HCHD)	(713) 663-CALL (713) 663-2255	ALL	All, Free, Esp93
Bay Area Council on Drugs and Alcohol	(281) 212-2900	(SE) Clear Lake/NASA	All, CD94
Bay Area Turning Point	(281) 338-7600	(SE) Webster	All, HIV+ only , Appt req, Free, Homeless95
Bureau of Health Information Svcs (HDHHS)	(713) 794-9320	(C) Astrodome/ S. Loop	All117
Bureau of HIV/STD Prevention (HDHHS)	(713) 794-9092	(C) Astrodome/S.Loop	All117
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp100
Child Care Information (DFPS)	(800) 862-5252	ALL	All, Free140
Council on Alcohol and Drugs Houston, The	(713) 942-4100	(C) Memorial/ Washington	All, Walk-ins (prefer appt), S\$, CD, Esp102
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins102
Crisis Intervention of Houston	(713) 527-9864	ALL	All, Free, Esp102
DARS - Blind Division	(713) 944-9924	(SE) Ellington/S.Belt	All, Appt/Walk-ins103
FamilyTime Foundation	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)106
Gay & Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All, Free108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-in, Esp109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-in, Esp110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-in, Esp110

Information & Hotlines / Información y Línea Telefónica de Ayuda

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-in, Esp	110
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Free (income guidelines), Appt/Walk-in, Esp	110
HIV/AIDS Free Referral Line (AHCH)	(713) 864-1795	ALL	All, Free	
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	116
Houston Compass	(713) 229-8319	(C) Midtown	All, Free, First come-first served . .	116
InnerWisdom Counseling Center	(713) 592-9292	(C) Med Center	All, Med, S\$, Self pay, Walk-in, Esp	118
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp	127
PFLAG Houston	(713) 46P-FLAG	(C) Hermann Park	All, Free	131
Ryan White Planning Council	(713) 572-3724	(C) Galleria/Post Oak	All, Free	133
Southeast Texas Legal Clinic	(713) 523-7852	(C) Montrose	All, Fam, Walk-in, Free, HIV+ only , Esp	
Texas AIDS Network	(512) 447-8887	ALL	139
Texas Health and Human Svcs	2-1-1	ALL	All, Free, Esp	140
Texas Runaway Hotline (DFPS)	(888) 580-HELP	ALL	C, Y, Fam, Free, Esp	140
Texas Youth Hotline (DFPS)	(800) 210-2278	ALL	C, Y, Fam, Free, Esp	140
TX Abuse & Neglect Reporting (DFPS)	(800) 252-5400	(C) Harrisburg	All, Free, Esp	140
United Way of Brazoria County	(979) 849-9402	(S) Angleton	All, Free, Esp	142
United Way of the Bay Area	(281) 282-6000	(SE) Clear Lake/ NASA	All, Free	142
United Way of the Texas Gulf Coast	(713) 685-2300	(C) Memorial/ Washington	All, Free, Esp	142
United Way of Waller County	(281) 375-5110	(W) Brookshire	All, Free	142
Victim Assistance Centre	(713) 755-5625	(C) Downtown	All, Free, Appt/Walk-in, Esp . . .	144

Insurance / Segura Médico

Many HIV infected persons are not fortunate enough to have private medical insurance. And, sadly, many others lose their insurance because they cannot afford the premiums. The agencies listed below may be able to help pay your insurance premiums and will answer your questions about COBRA benefits and keeping your insurance.

Muchas personas infectadas con el VIH no tienen acceso a un seguro privado de salud. Lamentablemente, muchas otras lo pierden por no poder pagar las cuotas. Las agencias mencionadas aquí quizás le puedan ayudar a pagar las primas del seguro médico y responder a preguntas sobre sus beneficios de COBRA.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Assistance Fund, The	(713) 529-4788	(C) Montrose	M, W, Appt req, HIV+ only	93
DSHS - Star Health Plan Helpline	(800) 964-2777	Statewide	All, Free	104
Maximus, Inc.	(281) 260-9871	(N) Aldine	Free, Medicaid clients only, Esp . .	122

Legal Service

Servicios Legales y Defensa Pública

Free or very low cost legal services are available to HIV+ individuals living in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians (“living wills”) and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Civil and criminal matters generally are not.



Art by Mark Mauboules

Existen servicios legales gratuitos o a bajo costo para personas VIH+ viviendo en Houston. Uno de los servicios más importantes es el de ayudar a completar documentos, así como testamentos, poder notarial, orden a médicos, y arreglos para funerales. A nadie le gusta pensar en estos documentos cuando uno se siente bien, pero esta preparación anticipada puede prevenir confusión y angustia. También existen otros tipos de asistencia legal, así como temas familiares, obteniendo beneficios por incapacidad, discriminación e inmigración. Generalmente, no se asiste en casos civiles y criminales.

LEGAL SERVICES / SERVICIOS LEGALES

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Houston Lawyer Referral Service, Inc.	(713) 237-9429	(C) Downtown	M, W, S\$, Esp	117
Lone Star Legal Aid	(713) 652-0077	(C) Downtown	M, W, Fam, All, Free, Appt req, Esp	120
NAACP - Legal Redress Clinic	(713) 526-3389	(C) Third Ward	All, Free, Appt req, HIV+ only , Esp	125
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp	127
South Texas College of Law	(713) 652-0009	(C) Downtown	All, Appt req, Esp	135
Southeast Texas Legal Clinic	(713) 523-7852	(C) Montrose	All, Fam, Walk-ins, Free, HIV+ only , Esp	136
U of H Law Center	(713) 743-2094	(C) Third Ward	Not specified.	142
Victim Assistance Centre, Inc.	(713) 755-5625	(C) Downtown	All, Free, Appt/Walk-ins, Esp	144
WAM Foundation	(713) 551-8787	(SW) Hiram Clarke	All, Free, Walk-ins, HIV+ only , Call for intake	145
Women’s Advocacy Project	(800) 777-FAIR	Statewide	M, W, Fam, Free, Appt req, Lim	146

Legal Service / Servicios Legales y Defensa Pública

ADVOCACY / DEFENSA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Advocacy, Inc.	(713) 974-7691	(C) Midtown	CD, Appt req, Fam, Free89
Houston Volunteer Lawyers Pgm AIDS Project	(713) 228-0735	(C) Downtown	All, Fam, Free, HIV+ only , Filing fees, Esp117
NAACP - Legal Redress Clinic	(713) 526-3389	(C) Third Ward	All, Free, Appt req, HIV+ only , Esp125
Southeast Texas Legal Clinic	(713) 523-7852	(C) Montrose	All, Fam, Walk-ins, Free, HIV+ only , Esp136
Texas AIDS Network	(512) 447-8887	Statewide	All139
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp141
Women's Advocacy Project	(800) 777-FAIR	Statewide	M, W, Fam, Free, Appt req, Lim . .	.146

IMMIGRATION / INMIGRACIÓN

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
U of H Law Center	(713) 743-2094	(C) Third Ward	Not specified142
YMCA International Services	(713) 339-9015	(SW) Gulfton	All, Free, Lim, Esp147

Medical Equipment / Equipo Médico

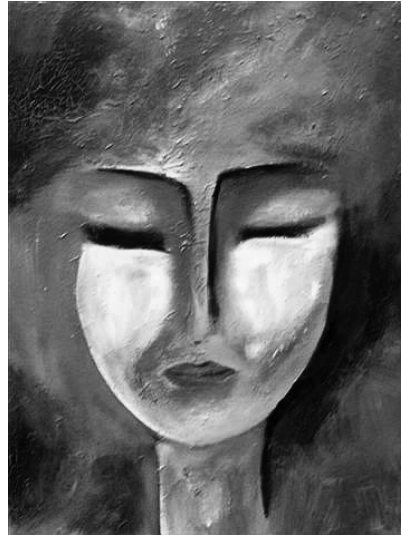
The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp89
American Medical Equipment Company	(713) 791-1841	(C) Medical Center	All, Free, Walk-ins, Esp91
Care Group of Texas	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Ins, Workers comp, Managed care, Esp99
Caring Health Services	(281) 261-8111	(SE) Missouri City	All, Med, Private pay, Ins, Walk-ins, Esp99
Citywide Home Health Services, Inc.	(713) 660-6671	(C) Bellaire	M, W, Y (ages 19 - 24), Fam, Med101
Claude's Pharmacy	(281) 447-7648	(NW) Acres Home	M, W, Med, Walk-ins, Esp101
Medco Medical Supply, Inc.	(713) 956-5288	(W) Spring Branch	All, Med, Ins, Esp122
PSA Healthcare	(281) 999-8566	(N) Aldine	Not specified131
Southside Pharmacy - Infusion	(713) 660-8888	(C) W. University	All, Fam, Med, Esp136
Sullivan Pharmacy	(281) 339-4577	(SE) Bacliff	All, Med139

Mental Health Services / Servicios de Salud Mental

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual counseling and support groups are available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income. Many hospitals and clinics also provide psychiatric care.



Art by Gary

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda profesional para enfrentar estos sentimientos. Se dispone de consejería individual o de grupo para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente. Muchos hospitales y clínicas también proveen cuidado psiquiátrico.

COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Baylor Psychiatry Clinic	(713) 798-4857	(C) Medical Center	M, W, S\$, Appt req	95
Bering Support Network	(713) 526-1017 Ext 211	(C) Montrose	M, W, Fam, Flat fee, Free, Infected/affected	97
Bread of Life - COPE Team	(713) 650-0595	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim . .	98
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	(SE) Not specified	W, Fam, All, Appt req, Esp	98
Centerpointe Counseling Services, Inc.	(713) 528-7007	(C) Midtown	M, W, Y, C (6-12), Fam, S\$, Med, Appt req, CD	100
DePelchin Children's Center	(281) 427-1300	(E) Baytown	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 730-2335	(W) Brookshire	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 282-6062	(SE) Clear Lake/ NASA	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(713) 462-9490	(NW) Langwood	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(713) 730-2335	(C) Memorial/ Washington	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 261-0083	(SW) Stafford	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 367-7707	(N) Woodlands	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$	104
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Adults (age 18 & up) I/RR, HIV+ only , Free, Esp	105
Eleos Centers, Inc.	(713) 721-1336	(SW) Sharpstown	M, W, S\$, Flat fee, Appt/Walk-ins, Esp	105
FUUSA	(713) 651-1470	(C) Third Ward	M, W, Y (ages 13 - 24), Fam, Free, Appt req, CD	105
Family Services of Greater Houston-Admin	(713) 868-4466	(C) Montrose	All, Free, Walk-ins, Esp	106

Mental Health Services / Servicios de Salud Mental

COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Family Services of Gr Houston-Bay Area	(281) 282-6045	(SE) Clear Lake/NASA	All, Free, Walk-ins, Esp	106
Family Services of Gr Houston-Baytown	(832) 556-8756	(E) Baytown	All, Free, Walk-ins, Esp	106
Family Services of Gr Houston-Central Ofc	(713) 861-4849	(C) Memorial/ Washington	All, Free, Walk-ins, HIV+ only , Esp	106
Family Services of Gr Houston-Ft. Bend Co	(281) 207-2440	(SW) Stafford	All, I/RR, Free, Walk-ins, HIV+ only , Esp	106
Family Services of Gr Houston-Montgomery Co	(888) 844-6289	(N) Woodlands	All, I/RR, Free, Walk-ins, HIV+ only , Esp	106
Family Services of Gr Houston-Waller Co.	(281) 375-5110	(W) Waller	All, Walk-ins, Free, Esp	106
FamilyTime Foundation	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	106
Ft. Bend County Women's Center	(281) 342-4357	(SW) Rosenberg	M, W, Y (ages 13 - 24), Free, Appt/Walk-ins, Esp	106
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD	108
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp	109
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Gold card, Esp	112
HACS - IMPACT Mental Health Counseling	(713) 526-0555	(C) Greenway Plaza	M, W, All, Free, HIV+ only , MH diagnosis, African American, Hispanic, Esp	115
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	116
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp	118
InnerWisdom Wellness Center	(713) 592-9294	(C) Medical Center	M, W, All, S\$, Med, Appt req, Esp	118
Jewish Family Service	(713) 667-9336	(C) Meyerland	M, W, All, S\$, Appt req	119
Katy Counseling Services	(281) 599-9330	(W) Katy	Y (ages 13-24), S\$, Financing avail, Appt req, CD	119
Mental Health and Psychological Services	(281) 463-9840	(W) Bear Creek/ Hwy 6	All, Appt/Walk-ins, Med, S\$, Ins, CD, Esp	123
Montrose Counseling Center, Inc.	(713) 529-0037	(C) Montrose	M, W, Fam, I/RR, Free, Walk-ins, HIV+ only , CD	124
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp	127
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, Private pay, Ins	127
OmegaShepherd Healthcare, Inc.	(713) 334-8200	(SW) Gulfton	M, W, Y, Fam, S\$, Med, Ins, Appt req, CD	128
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway	All, Appt req	
SAAFE House	(936) 291-3529	(N) Huntsville	All, Free, S\$	133
SAAFE House	(936) 327-6427	(N) Livingston	All, Free, S\$	133
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, HIV+ only	136
Texana MHMR-Behavioral Training/ Treatment Ctr	(281) 239-1140	(SW) Richmond	All, S\$, Med, Appt req (except in crisis situation)	139

Mental Health Services / Servicios de Salud Mental

COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Texana MHMR-Early Childhood	(281) 208-6600	(SW) Missouri City	All, S\$, Med, Appt req	139
Texana MHMR-Glenn Lakes MH Clinic	(281) 403-9666	(SW) Missouri City	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR-Missouri City MH Clinic	(281) 261-3200	(SW) Missouri City	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR-Missouri City MR Habilitation Ctr	(281) 499-3141	(SW) Missouri City	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR-Rosenberg MH Clinic	(281) 342-6384	(SW) Rosenberg	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR-Sugar Land MR Employment Ctr	(281) 565-6200	(SW) Sugar Land	All, S\$, Med, Appt req (except in crisis)	139
Texas Runaway Hotline (TDFPS)	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp	140
Texas Youth Hotline (TDFPS)	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp	140
Report Abuse in MHMR Facilities (TDFPS)	(800) 647-7418	Statewide	All, Free	140
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141
Unlimited Visions Aftercare Inc.	(713) 921-2276	(C) Harrisburg	M, W, S\$, Appt req, CD, TCADA, Esp	143
UT Substance Abuse Research Center	(713) 500-2802	(C) Medical Center	M, W, Free, Appt/Walk-ins, CD	143
Vet Center #710	(713) 523-0884	(C) Montrose	Veterans	144
WAM Foundation	(713) 551-8787	(SW) Hiram Clarke	All, Free, Walk-ins, HIV+ only , Call for intake	145

MENTAL HEALTH HOSPITALS / HOSPITALES DE SALUD MENTAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Cypress Creek Hospital	(281) 586-7600	(N) Bammel	Ages 13 & up, Med, Ins, Walk-ins, CD, Esp	102
UT Harris County Psychiatric Center	(713) 741-5000	(C) Medical Center	All, Free, Med, Private pay, Ins, Walk-ins, Esp	143
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp	146

INPATIENT TREATMENT / TRATAMIENTO PACIENTES INTERNOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
DAPA - Acute Inpatient Program	(713) 783-8889	(SW) Woodlake	M, W, Fam, CD, I/RR	103
RGH - Adolescent Psychiatric Inpatient Pgm	(713) 526-2441	(N) Near Northside	Y (ages 13-18), Med, Private Ins, Managed Care	132
UT Harris County Psychiatric Center	(713) 741-5000	(C) Medical Center	All, Walk-ins, Free, Med, Private pay, Ins, Esp	143
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Walk-ins, Med, Private pay, Ins, CD, Esp	146

Mental Health Services / Servicios de Salud Mental

OUTPATIENT TREATMENT / TRATAMIENTO PACIENTES EXTERNOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
DAPA - Partial Hospital Program	(713) 783-8889	(SW) Woodlake	M, W, Fam, CD, I/RR	103
UT Harris County Psychiatric Center	(713) 741-5000	(C) Medical Center	All, Free, Med, Private pay, Ins, Walk-ins, Esp	143
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp	146

SUPPORT GROUPS / GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bering Support Network	(713) 526-1017 Ext 211	(C) Montrose	M, W, Walk-ins, Free, Flat fee, Infected/affected	97
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	(SE) Not specified	W, Fam, All, Appt req, Esp	98
Compassionate Brothers Ministry	(713) 523-8192	(C) Montrose	All, Free, CD	101
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Adults, I/RR, HIV+ only , Free, Appt/Walk-ins, Esp	105
Eleos Centers, Inc.	(713) 721-1336	(SW) Sharpstown	M, W, S\$, Flat fee, Appt/ Walk-ins, Esp	105
FUUSA	(713) 651-1470	(C) Third Ward	M, W, Y, Fam, Free, Appt req, CD.	105
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp, Gold card	111
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp, Gold card	112
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp	118
InnerWisdom Wellness Center	(713) 592-9294	(C) Medical Center	M, W, All, S\$, Med, Appt Req, Esp	118
PFLAG Houston	(713) 46P-FLAG	(C) Hermann Park	All, Free	131
Sisters Inspiring Sisters	(713) 733-1286	(C) Montrose	W, Free, Walk-ins, HIV+ only , CD	135
Texana MHMR - Missouri City MR Habilitation Ctr	(281) 499-3141	(SW) Missouri City	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR - Sugar Land MR Employment Ctr	(281) 565-6200	(SW) Sugar Land	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR - Glenn Lakes MH Clinic	(281) 403-9666	(SW) Missouri City	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR - Early Childhood Intervention	(281) 208-6600	(SW) Missouri City	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR - Behavioral Training/ Tmnt Ctr	(281) 239-1140	(SW) Richmond	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR - Rosenberg MH Clinic	(281) 342-6384	(SW) Rosenberg	All, S\$, Med, Appt req (except in crisis)	139
Texana MHMR - Missouri City MH Clinic	(281) 261-3200	(SW) Missouri City	All, S\$, Med, Appt req (except in crisis)	139
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141

Mental Health Services / Servicios de Salud Mental

SUPPORT GROUPS / GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Trinity Gardens Integral Forces, Inc	(713) 631-0329 Ext. 26	(NE) Trinity Gardens	All, I/RR, Walk-ins, CD, Esp	141
Vet Center #710	(713) 523-0884	(C) Montrose	Veterans	144
Warren Corporation, The	(713) 541-9777	(SW) Fondren SW	M, W, I/RR, Appt req	145
West Houston HIV Support Group	(832) 492-8344	(W) Katy	M, W, Fam, Free, Appt req	146

Miscellaneous Services / Servicios Misceláneos

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.

Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.

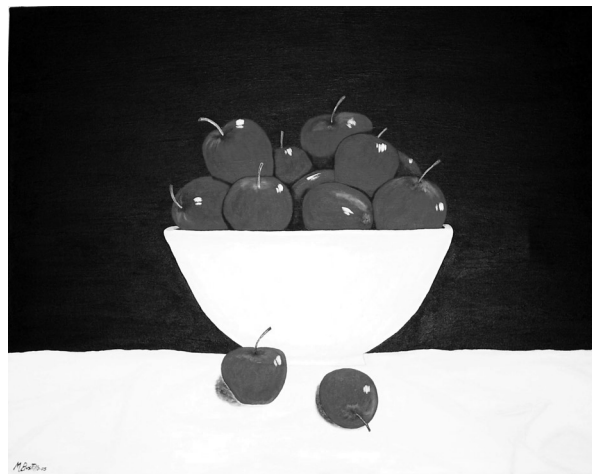
Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AHCH - HIV/AIDS Free Referral Line	(713) 864-1795	ALL	All, Free	91
Alliance for Multicultural Community Services	(713) 776-4700	(SW) Sharpstown	M, W, All, Free, Walk-ins, HIV+ only , Esp	91
American Cancer Society Quit Line	(877) YES-QUIT	ALL	All, Free, Esp	91
Art League of Houston - Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location	93
Caring Experience, The	(281) 422-3537	(E) Baytown	All, Free, Appt req, HIV+ only , Call for intake	99
Casa de Esperanza de los Ninos, Inc.	(713) 741-8868	(C) Museum District	C, Free, Esp	99
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp	100
Center for Clinical Studies	(281) 333-2288	(SE) Clear Lake/ NASA	M, W, Appt req, No cost to patient	100
Center for Clinical Studies	(713) 528-8818	(C) Medical Center	M, W, Appt req, No cost to patient, Esp	100
DARS - Blind Division	(713) 944-9924	(SE) Ellington/ South Belt	All, Appt/Walk-ins	103
Design Industries Foundation Fighting AIDS	(713) 528-0505	Not applicable	Not applicable	104
Excel Diagnostics, Ltd.	(713) 781-6200	(W) Westlake	All, Med, Flat fee, Appt req, Esp . .	101
Harris Co. Sheriffs Office HIV Department	(713) 755-9256	(C) Downtown	M, W, Free, Esp, CD, Incarcerated	114
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	M, W, Free, Permanent disability, Esp	116
Houston Community Voice Mail	(713) 529-4190	(C) Greenway Plaza	M, W, Fam, I/RR, Free, Appt req . .	116
Houston Compass, Inc.	(713) 229-8319	(C) Midtown	All, Free, First come-first served . .	116
Houston Humane Society	(713) 433-6421	(S) Not Specified	All, Flat fee, Appt req, Esp	117
International Language Associates	(713) 868-9718	Not applicable	All, Flat fee, Appt req	119
Maximus, Inc.	(281) 260-9871	(N) Aldine	Free, Medicaid clients only, Esp . .	122
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest	S\$, Appt req, CD	123

Miscellaneous Services / Servicios Misceláneos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Metropolitan Multi-Service Center	(713) 284-1973	(C) Montrose	Free	123
Motherland, Inc.	(713) 290-0001	(NW) Oak Forest	All, Free, Appt/Walk-ins, CD, Esp . .	125
PAWS Houston	(281) 443-3360	(N) Not Specified	All, Free, S\$, Lim	130
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway/ Kirby	All, Appt req	131
Ryan White Planning Council	(713) 572-3724	(C) Galleria/Post Oak	All, Free	133
Sign Language Accessible Interpreters	(713) 263-8299	ALL	All, Flat fee	135
Sign Shares	(713) 869-4373	(C) Not Specified	All, Flat fee, DARS DHHS funding available	135
SNAP - Animal Aid Program	(713) 863-0010	(C) Heights	Free or low cost, Appt req	136
SNAP - Animal Aid Program Wellness Clinic	(713) 863-0010	(C) Heights	Free or low cost, Walk-ins	136
SNAP - Spay-Neuter Mobile Program	(713) 522-2337	Various	Free or low cost, First come-first served	136
Texas AIDS Network	(512) 447-8887	Statewide	All	139
Abuse, Neglect, Exploitation Reporting (TDFPS)	(800) 252-5400	(C) Harrisburg	All, Free, Esp	140

Nutrition & Wellness / Nutrición y Bienestar

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also the impact of mental, emotional and spiritual issues. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your health.



Art by Mauricio

El bienestar es el concepto de mantener la salud completa de una persona, no solamente considera el aspecto físico, sino también el mental, emocional y espiritual. Una buena nutrición es una parte importante del bienestar. Hay muchas clases gratuitas donde Ud. puede aprender más sobre como mejorar su salud.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp	89
Combined Community Action	(979) 540-2990	(NW) Giddings	M, W, Fam, Free, Appt/Walk-ins, Lim, Private pay	101
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, Free, Lim, CD, Homeless & TB	110
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Gold card, Esp	112
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins	111
Harris Co. PHES-Chronic Disease Prevention	(713) 439-6141	(C) Galleria/ Post Oak	M, W, Free, Lim, Esp	113

Nutrition & Wellness / *Nutrición y Bienestar*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Harris Co. PHES-Tobacco Prevention & Cessation Program	(713) 439-6147	(C) Galleria/ Post Oak	All, Free, Esp	113
Harris County - WIC Program	(713) 439-6145	(C) Galleria/ Post Oak	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Bear Creek WIC Center	(713) 345-4759	(W) Bear Creek	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Emerald Plaza WIC Center	(281) 444-0764	(NW)	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - NAM WIC Center	(281) 587-8596	(N) Bammel	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/ S. Belt	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - South Houston WIC Center	(713) 941-5035	(SE) South Houston	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Harris Co. - Tomball WIC Center	(713) 290-6246	(NW) Tomball	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5) . . .	113
Houston Buyers Club	(713) 520-5288	(C) Montrose	M, W, Free, Walk-ins, HIV+ only	116
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp	118
InnerWisdom Wellness Center	(713) 592-9294	(C) Medical Center	M, W, All, S\$, Med, Appt req, Esp . . .	118
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat fee, Limited scholarships . .	120
Liberty County Indigent Healthcare Pgm	(281) 593-8428	(NE) Cleveland	All, Appt req, At or below 185% poverty	120
Montrose Clinic - Body Positive	(713) 830-3033	(C) Montrose	Y, M, W, Free, S\$, Med, Appt req, Lim, HIV+ only , Esp	124
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141
Warren Corporation, The	(713) 541-9777	(SW) Fondren SW	M, W, I/RR, Appt req	145

Pharmacies / *Farmacias*

All of the pharmacies listed below accept Texas HIV Medication Program (THMP also known as ADAP) assignments (see RESOURCES EVERYBODY SHOULD KNOW ABOUT).

Todas las farmacias mencionadas aquí aceptan asignaciones por parte del Programa de Medicamentos del VIH de Texas (ADAP). (Vea RECURSOS QUE TODOS DEBEN SABER).

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AMEX Pharmacy	(713) 237-9301	(C) Second Ward	All	92
Claude's Pharmacy	(281) 447-7648	(NW) Acres Home	All, Med, Walk-ins, Esp	101
CVS/Pharmacy #6741	(936) 539-1849	(N) Conroe	All	102
HCHD - NW Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, HIV+ only . .	112
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/ Walk-ins, Esp	112

Pharmacies / Farmacias

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Gold card, Esp	112
Jack's Apothecary #2	(713) 733-7424	(C) Astrodome/ S. Loop	All, Med, Walk-ins, CD	119
Kroger Pharmacy #243	(713) 526-1239	(C) Montrose	All	120
Kroger Pharmacy #339	(281) 363-3595	(N) Spring	All	120
Medicine Shoppe, The	(713) 923-1621	(C) Lawndale	All, Med	122
Michael E. DeBakey VA Medical Center	(713) 794-7648	(C) Medical Center	M, W, Veteran, CD, Walk-ins	123
Southside Pharmacy - Infusion	(713) 660-8888	(C) West University	All, Fam, Med, Esp	136
Stat Script Pharmacy	(713) 521-1700	(C) West University	All, Med, Esp	139
Stat Script Pharmacy - Montrose	(713) 522-7373	(C) Montrose	All, Med, Esp	139
Studewood Pharmacy	(713) 869-3487	(C) Heights	All, Med, Walk-ins, CD, Esp	139
Sullivan Pharmacy	(281) 339-4577	(SE) Bacliff	All, Med	139
Twelve Oaks Pharmacy	(713) 627-2370	(C) Greenway Plaza	All, Med, Private pay, Ins, Esp . .	141

Prescription Assistance Asistencia para Prescripciones Médicas

The following local agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (second list below). Be aware that each manufacturer has its own eligibility rules and you will need your doctor's help applying. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.



Art by Marlene

Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (la segunda lista). Cada compañía tiene sus propios criterios de elegibilidad y necesitará la ayuda de su médico para solicitar esta asistencia. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp89
Assistance Fund, The	(713) 529-4788	(C) Montrose	M, W, Appt Req, HIV+ only93
CCSC - Emergency Services	(713) 871-9741	(C) Greenway Plaza	M, W, All, 1st come-1st served, Proof of crisis, Esp	100

Prescription Assistance / Asistencia para Prescripciones Médicas

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
DSHS – Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, HIV+ only , Restrictions apply	104
Galveston County Social Services	(409) 770-5583	(SE) Galveston	Fam, All, Free, Walk-ins, 100% poverty	108
Galveston County Social Services	(281) 316-8733	(SE) League City	Fam, All, Free, Walk-ins, 100% poverty	108
Galveston County Social Services	(409) 770-5803	(SE) Texas City	Fam, All, Free, Walk-ins, 100% poverty, Esp	108
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp	109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp	110
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	Fam, All, Free, Walk-ins	118
Liberty County Indigent Healthcare Program	(281) 593-8428	(NE) Cleveland	All, Appt req, At or below 185% poverty	120
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers	121
Montgomery County Emergency Assistance	(936) 539-9211	(N) Conroe	All, Walk-ins	123
Salvation Army, Montgomery County	(936) 760-2440	(N) Conroe	All, Free, Walk-ins	133
Southside Pharmacy - Infusion	(713) 660-8888	(C) West University	All, Fam, Med, Esp	136
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp	141
Wharton Co. Interfaith Coalition, dba Share	(979) 282-2021	(SW) Wharton	All, Walk-ins, Free, Poverty-level income	146

Pharmaceutical Companies Medication Assistance Programs *Compañías Farmacéuticas Programas de Ayuda de Medicamentos*

The following local agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (second list below). Be aware that each manufacturer has its own eligibility rules and you will need your doctor's help applying. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

Las siguientes agencias le pueden ayudar a pagar sus medicamentos. La ayuda es limitada y puede que no cubra el costo total de la receta médica (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (segunda lista). Cada compañía tiene sus propios criterios de elegibilidad y Ud. necesitará la ayuda de su médico para solicitar. Si su medicamento no aparece en la lista obtenga de su médico o farmacéutico el nombre del fabricante.

DRUG NAME	PHONE	MANUFACTURER
ANALGESIC & ANESTHETIC		
Fentanyl transdermal (Duragesic)	1-800-652-6227	Janssen Pharmaceuticals
Morphine sulfate (Roxanol)	1-866-347-3185	Elan Pharmaceuticals
ANTIRETROVIRAL		
Abacavir (Ziagen)	1-866-728-4368	GlaxoSmithKline
Amprenavir (Agenerase)	1-866-728-4368	GlaxoSmithKline
AZT (see Zidovudine)		
Combivir (lamivudine/zidovudine)	1-866-728-4368	GlaxoSmithKline
Delavirdine (Rescriptor)	1 888-777-6637	Agouron Pharmaceuticals
Didanosine (ddl, Videx, Videx EC)	1-800-272-4878	Bristol-Myers Squibb
Efavirenz (Sustiva)	1-800-272-4878	Bristol-Myers Squibb
Indinavir (Crixivan)	1-800-850-3430	Merck & Co.
Kaletra (lopinavir/ritonavir)	1-800-222-6885	Abbott Laboratories
Lamivudine (EpiVir, 3TC)	1-866-728-4368	GlaxoSmithKline
Nelfinavir (Viracept)	1-800-777-6637	Agouron Pharmaceuticals
Nevirapine (Viramune)	1-800-556-8317	Boehringer-Ingelheim
Ritonavir (Norvir)	1-800-222-6885	Abbott Laboratories
Saquinavir (Invirase/Fortovase)	1-800-443-6676	Hoffman-LaRoche
Stavudine (d4T, Zerit)	1-800-272-4878	Bristol-Myers Squibb
Tenofovir (Viread)	1-800-226-2056	Gilead Sciences
Trizivir (Abacavir, Lamivudine, Zidovudine)	1-866-728-4368	GlaxoSmithKline
Zalcitabine (HIVID, ddC)	1-800-443-6676	Hoffman-LaRoche
Zidovudine (Retrovir, AZT)	1-866-728-4368	GlaxoSmithKline
ANTIVIRAL		
Acyclovir (Zovirax)	1-866-728-4368	GlaxoSmithKline
Alpha Interferon (Intron A)	1-800-521-7157	Schering-Plough
Alpha Interferon 2b (Rebetron/Ribavirin)	1-800-272-4878	Bristol-Myers Squibb
Cidofovir (Vistide)	1-800-226-2056	Gilead Sciences
CMVlg (CytoGam)	1 877 633-4411	MedImmune
Famciclovir (Famvir)	1-800-277-2254	Novartis
Ganciclovir (Cytovene)	1-800-443-6676	Hoffman-LaRoche
Imiquimod (Aldara)	1-800-328-0255	3M Pharmaceuticals
Pegylated interferon alfa-2b (PEG-Intron)	1-800-521-7157	Schering-Plough
Pegylated interferon alfa 2a (Pegasys)	1-800-443-6676	Hoffman-LaRoche
Rebetron (Ribavirin/Interferon)	1-800-521-7157	Schering-Plough

Pharmaceutical Companies Medication Assistance Programs

Compañías Farmacéuticas Programas de Ayuda de Medicamentos

DRUG NAME	PHONE	MANUFACTURER
Valacyclovir (Valtrex)	1-866-728-4368	GlaxoSmithKline
Valganciclovir (Valcyte)	1-800-443-6676	Hoffman-LaRoche
ANTIFUNGAL		
Amphotericin B (Liposomal)	1-800-345-2252	Elan Pharmaceuticals
Clotrimazole (Mycelex)	1-800-577-3788	Ortho-McNeil
Fluconazole (Diflucan)	1-800-869-9979	Pfizer, Inc.
Itraconazole (Sporonox)	1-800-652-6227	Janssen Pharmaceuticals
Ketoconazole (Nizoral)	1-800-652-6227	Janssen Pharmaceuticals
Terbinafine (Lamisil)	1-800-277-2254	Novartis
ANTIMICROBIAL		
Ciprofloxacin (Cipro)	1-800-998-9180	Bayer
Clindamycin (Cleocin vaginal ovules)	1-800-242-7014	Pharmacia
ANTIPROTOZOAL		
Atovaquone (Mepron)	1-866-728-4368	GlaxoSmithKline
Pyrimethamine (Daraprim)	1-866-728-4368	GlaxoSmithKline
Trimetrexate (NeuTrexin)	1 800-887-2467	US Bioscience
ANTIBIOTIC/ANTIBACTERIAL		
Albendazole (Albenza)	1-866-728-4368	GlaxoSmithKline
Azithromycin (Zithromax)	1-800-869-9979	Pfizer, Inc.
Ceftriaxone (Rocephin)	1-800-443-6676	Hoffman-LaRoche
Clarithromycin (Biaxin)	1-800-222-6885	Abbott Laboratories
Doxycycline (Vibramycin)	1-800-869-9979	Pfizer, Inc.
Levofloxacin (Levaquin)	1-800-577-3788	Ortho-McNeil
Ofloxacin (Floxin)	1-800-577-3788	Ortho-McNeil
Paromomycin (Humatin)	1-866-728-4368	GlaxoSmithKline
Septra (see TMP/SMX)		
TMP/SMX (Bactrim)	1-800-443-6676	Hoffman-LaRoche
ANTI-INFLAMMATORY, ANTI-ALLERGIC, AND IMMUNOLOGIC		
Cyclosporine (Sandimmune)	1-800-277-2254	Novartis
Dexamethasone (Decadron)	1-800-999-1796	Merck & Co.
Filgrastim (G-CSF, Neupogen)	1-800-272-9376	Amgen
Sargramostim (Leukine, Prokine, GM-CSF)	1-800-321-4669	Immunex
Hydroxyzine hydrochloride (Atarax)	1-800-459-4156	Pfizer, Inc.
Interleukin 2 (Proleukin)	1-800-775-7533	Chiron
Thalidomide (Thalomid)	1-888-423-5436	Celgene Corp.
CARDIOVASCULAR		
Mexiletine (Mexitil)	1-800-556-8317	Boehringer-Ingelheim
Nimodipine (Nimotop)	1-800-998-9180	Bayer
ENDOCRINE/METABOLIC		
Atorvastatin (Lipitor)	1-800-707-8990	Pfizer, Inc.
Dronabinol (Marinol)	1-800-256-8918	Solvay Pharmaceuticals

Pharmaceutical Companies Medication Assistance Programs

Compañías Farmacéuticas Programas de Ayuda de Medicamentos

DRUG NAME	PHONE	MANUFACTURER
Erythropoietin (Procrit)	1-800-609-1083	Ortho-Biotech
Erythropoietin (Epogen, EPO)	1-800-272-9376	Amgen
Fluvastatin (Lescol)	1-800-277-2254	Novartis
Human Growth Hormone (Serostim)	1-888-628-6673	Serono Laboratories
Levocarnitine (Carnitor)	1-800-999-6673	Sigma-Tau Pharmaceuticals
Lovastatin (Mevacor)	1-800-999-1796	Merck & Co.
Megestrol Acetate (Megace)	1-800-272-4878	Bristol-Myers Squibb
Octreotide acetate (Sandostatin)	1-800-277-2254	Novartis
Oxandrolone (Oxandrin)	1-800-692-6374	Bio-Technology General Corp.
Pravastatin (Pravachol)	1-800-736-0003	Bristol-Myers Squibb
Simvastatin (Zocor)	1-800-999-1796	Merck & Co.
Testosterone (Testoderm)	1-800-577-3788	Ortho-McNeil
FUSION INHIBITOR		
Enfuvirtide (Fuzeon, T-20)	1-866-694-6670	Hoffman-LaRoche
GASTROINTESTINAL		
Cimetidine (Tagamet)	1-866-728-4368	GlaxoSmithKline
Famotidine (Pepcid)	1-800-999-1796	Merck & Co.
Granisetron (Kytril)	1-800-443-6676	Hoffman-LaRoche
Mesalamine (Asacol)	1-800-830-9049	Procter & Gamble
Ranitidine (Zantac)	1-866-728-4368	GlaxoSmithKline
ONCOLOGY		
Alitretinoin (Panretin Gel, LGD 1057)	1-877-654-4263	Ligand Pharmaceuticals
Bleomycin (Blenoxane)	1-800-272-4878	Bristol-Myers Squibb
Cyclophosphamide (Cytosan)	1-800-272-4878	Bristol-Myers Squibb
Daunorubicin, liposomal (Daunoxome)	1-800-226-2056	Gilead Sciences
Doxorubicin (Doxil)	1-800-609-1083	Ortho-Biotech
Etoposide (VePesid)	1-800-272-4878	Bristol-Myers Squibb
5-Fluorouracil (Capecitabine, Xeloda)	1-800-443-6676, #2	Roche Laboratories
Mitoxantorone (Novantrone)	1-800-321-4669	Immunex
Paclitaxel (Taxol)	1-800-272-4878	Bristol-Myers Squibb
Prochlorperazine (Compazine)	1-866-728-4368	GlaxoSmithKline
PSYCHOPHARMACOLOGIC & NEUROLOGIC		
Carbamazepine (Tegretol)	1-800-277-2254	Novartis
Clonazepam (Klonopin)	1-800-443-6676	Hoffman-LaRoche
Fluoxetine (Prozac)	1-800-545-6962	Eli Lilly & Co.
Hydroxyzine pamoate (Vistaril)	1-800-869-9979	Pfizer, Inc.
Lamotrigine (Lamictal)	1-866-728-4368	GlaxoSmithKline
Seraline (Zolofit)	1-800-707-8990	Pfizer, Inc.

Prevention Services / Servicios de Prevención

The following agencies provide outreach to at-risk populations and/or prevention education about HIV/AIDS and related health topics. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments.

Las siguientes agencias proveen alcance a poblaciones de alto riesgo y/o educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Los temas varían desde información básica del SIDA hasta información sobre tratamientos avanzados.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp89
AFH - Outreach and Education	(713) 623-6796	(C) River Oaks	Not specified90
AFH - Project Wall Talk	(713) 623-6796	(C) River Oaks	Not specified90
Alliance for Multicultural Community Services	(713) 776-4700	(SW) Sharpstown	Free, HIV+ only , African Refugees/Immigrants91
AVES - Strengthening Our Families	(713) 649-4526	(SE) Pecan Park	M, W, Y (age 11-15), Free, Walk-ins, Esp92
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Free, Walk-ins, CD, Esp93
BLOCK, The	(713) 734-2117	(S) Not specified	M, W, All, Free, HIV+ only , CD97
Bread of Life - C.O.P.E. Team	(713) 650-0595	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim .	.98
By His Love Ministries, Inc.	(713) 659-7161	(C) Third Ward	All, Free, Appt req, CD98
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (13 - 21), Free, Parent/pregnant under 21, Esp102
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Adults, I/RR, HIV+ only , Free, Appt/Walk-ins, Esp105
Eleos Centers, Inc.	(713) 721-1336	(SW) Sharpstown	M, W, S\$, Flat fee, Appt/Walk-ins, Esp105
F.U.U.S.A.	(713) 651-1470	(C) Third Ward	M, W, Y (ages 13 - 24), Fam, Free, Appt req, CD105
F.L.A.S., Inc	(713) 772-2366	(SW) Sharpstown	All, Free, Walk-ins, Lim, CD, Esp . .	.107
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD, HIV+ only108
Harris Co. Antoine Community Health Center	(281) 447-2800	(NW) Inwood Forest	All, I/RR, Free, Walk-ins (call ahead), Esp111
Harris Co. Baytown Community Health Center	(281) 427-7656	(E) Baytown	All, I/RR, Free, Walk-ins (call ahead), Esp111
Harris Co. Humble Community Health Center	(281) 446-4222	(N) Humble	All, I/RR, Free, Walk-ins (call ahead), Esp111
Harris Co. LaPorte Community Health Center	(281) 471-4202	(E) La Porte	All, I/RR, Free, Walk-ins (call ahead), Esp111
Harris Co. Southeast Community Health Center	(713) 740-5000	(SE) Pasadena	All, I/RR, Free, Walk-ins (call ahead), Esp111
HACS - Prevention Case Management	(713) 526-0555	(C) Greenway Plaza	Young MSM (ages 13 - 24), Free, Esp115
HDHHS - Communicable Diseases	(713) 794-9092	(C) Astrodome/S.Loop	All117
Mental Health & Psychological Svcs	(281) 463-9840	(W) Bear Creek/Hwy 6	All, Med, S\$, Private pay, Ins, CD, Esp123
MCC - Education and Prevention	(713) 529-0037	(C) Montrose	M, W, All, I/RR, Free, Appt req, CD, Esp125
Motherland, Inc.	(713) 290-0001	(NW) Oak Forest	All, Free, Appt/Walk-ins, CD, Esp125

Prevention Services / Servicios de Prevención

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	127
PWA Coalition - HERR	(713) 522-5428	(C) Montrose	Adults, Free, Appt/Walk-ins, CD . .	130
PWA Coalition - Prevention Case Management	(713) 522-5428	(C) Montrose	Adults, Free, Appt/Walk-ins, HIV+ only , CD	130
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	ALL	Call to auto-connect to nearest clinic	131
Positive Efforts	(713) 812-0044	(NW) Oak Forest	W, All, Free, CD	131
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, HIV+ only	136
Warren Corporation, The	(713) 541-9777	(SW) Fondren SW	M, W, I/RR, Appt req	145
YWCA of Houston	(713) 741-3700	(C) Memorial/ Washington	All, Free Washington	147

Public Assistance / Asistencia Pública

The following is a list of government-funded agencies that offer a variety of social services and programs, mainly for low-income, disabled or abused/neglected persons.

Estas agencias reciben fondos del gobierno y ofrecen una variedad de servicios y programas sociales, principalmente a personas con bajos recursos económicos, discapacitadas o abusadas/negligentes.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Chambers County Health Department	(409) 267-8356	(E) Anahuac	All, Walk-ins, Esp	100
Chambers County Indigent Health Care	(409) 267-8306	(E) Anahuac	All	100
Department of Assistive & Rehab Svcs	(713) 735-3470	(SW) Woodlake	All, Free, Disabled	103
DSHS - Star Health Plan Helpline	(800) 964-2777	Statewide	All	103
DSHS - Children w/ Special Health Care Needs	(713) 767-3111	Statewide	C, Y, Free	103
DSHS – Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, HIV+ only , Restrictions apply	104
DSHS, Public Region 6/5 South	(713) 767-3420	(C) Lawndale	Not specified.	104
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD	108
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/ Walk-ins, Esp	112
Harris County Public Health Services	(713) 439-6000	(C) Galleria/Post Oak	Not specified	113
Harris Co. Public Health Services - WIC Pgm	(713) 439-6145	(C) Galleria/Post Oak	Free, Pregnant, postpartum & breastfeeding W, C (age 0-5) . . .	113
HDHHS - Lyons Avenue Health Center	(713) 671-3041	(C) Denver Harbor	Not specified	117
HDHHS - West End Health Center	(713) 866-4100	(C) Heights	Not specified	117
Liberty County Indigent Healthcare	(936) 334-4693	(NE) Liberty	All, Free, Appt req	120
Liberty County Indigent Healthcare Program	(281) 593-8428	(NE) Cleveland	All, Appt req, At or below 185% poverty	120
Social Security Administration	(800) 772-1213	ALL	All, Walk-ins, Free, Esp	135
Report Abuse in MHMR Facilities (TDFPS)	(800) 647-7418	Statewide	All, Free	140
Abuse-Neglect-Exploitation Reporting (TDFPS)	(800) 252-5400	(C) Harrisburg	All, Free, Esp	140
Texas Health and Human Services	2-1-1	ALL	All, Free, Esp	140

Social Support & Activities

Apoyo Social y Actividades

Many people in the Houston area volunteer their time to help HIV infected persons and their families. Some volunteers serve as “buddies” by developing one-on-one relationships with HIV+ persons who need additional social or emotional support. “Phone buddies” provide support through telephone contact. “Care Teams” are groups of volunteers who provide companionship. Some volunteers help with food preparation, transportation, and running errands. Call one of the following agencies if you need this type of assistance. Also, there are many activities for HIV+ people and opportunities to meet others in the Houston area.



Art by Kenneth Willet

Muchos en Houston son voluntarios y ayudan a las personas infectadas con el VIH y sus familiares. Algunos toman el papel de “amigo” al desarrollar una relación con la persona VIH+ quien necesita apoyo social o emocional. Los “Amigos telefónicos” proveen apoyo por medio del teléfono. “Equipos de apoyo” son grupos de voluntarios que proveen compañía. A veces, los voluntarios ayudan con transporte, mandados o la preparación de alimentos. Llame si necesita este tipo de asistencia. En adición, hay muchas actividades y oportunidades donde una persona VIH+ puede conocer a otras en Houston.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH - Project Lazarus	(713) 623-6796	(C) River Oaks	HIV+ only	90
Alliance for Multicultural Community Services	(713) 776-4700	(SW) Sharpstown	M, W, All, Free, Walk-ins, HIV+ only , Esp	91
Art League of Houston - Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location	93
Catholic Charities AIDS Ministry	(713) 874-6624	(C) Midtown	All, Free, Walk-ins, HIV+ only , Esp	99
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, Free, Lim, CD, Homeless & TB	110
HCHD - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	112
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Gold card, Esp	112
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Gold card, Esp	112
Houston Humane Society	(713) 433-6421	(S) Not Specified	All, Flat fee, Appt req, Esp	117
Interfaith CarePartners® - AIDS Care Team®	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts rural collect calls, Esp	118
Julia C. Hester House	(713) 672-2573	(C) Fifth Ward	All, Free, Appt req, Lim, Call for intake	119
Katy Counseling Services	(281) 599-9330	(W) Katy	Y (ages 13-24), S\$, Financing avail, Appt req, CD	119
Metropolitan Multi-Service Center	(713) 284-1973	(C) Montrose	Free	123

Social Support & Activities / Apoyo Social y Actividades

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Neighborhood Centers, Inc.	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125
Resurrection Metropolitan Community SEARCH	(713) 861-9149 (713) 739-7752	(C) Heights (C) Midtown	All, Appt req, ID	132
Trinity Gardens Integral Forces, Inc	(713) 631-0329 Ext. 26	(NE) Trinity Gardens	All, I/RR, Free, Walk-ins, CD, Homeless only, Esp	134
West Houston HIV Support Group	(832) 492-8344	(W) Katy	All, I/RR, Walk-ins, CD, Esp	141
			M, W, Fam, Free, Appt req	146

Transportation / Transporte

For HIV infected persons without their own transportation, it can be very hard to access services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need transportation and other restrictions may apply. Be aware that not all agencies will service your area, and that Metro offers discounted fares and special van and cab services for the disabled individual. Title I clients are eligible to receive an annual bus pass, see your case manager for details.



Art by Kenneth Willet

Para muchas personas infectadas con el VIH que no tienen su propio transporte les es muy difícil el acceso a los servicios. Las siguientes agencias ofrecen transportación con destino a servicios médicos y/o sociales, pero podría tener que hacer reservaciones mucho antes al día que necesite el transporte, y otras restricciones podrían aplicar. Metro ofrece descuentos en pasajes, transporte de grupos y taxis a personas discapacitadas. Los clientes del Título I son elegibles a recibir un pase anual de Metro. Hable con un administrador de casos para más detalles.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp	89
American Red Cross, Greater Houston Chapter	(713) 526-8300	(C) Greenway Plaza	W, C, Y	92
American Red Cross - Baytown Office	(281) 424-1300	(E) Baytown	W, C, Y	92
American Red Cross - Brenham Office	(979) 836-0737	(W) Brenham	W, C, Y	92
American Red Cross - Brookshire Office	(281) 375-5110	(W) Brookshire	W, C, Y	92
American Red Cross - Clear Lake Office	(281) 282-6039	(SE) Clear Lake/ NASA	W, C, Y	92
American Red Cross - Conroe Office	(936) 756-2212	(N) Conroe	W, C, Y	92
American Red Cross - Pasadena Office	(713) 943-7000	(SE) Pasadena	W, C, Y	92

Transportation / Transporte

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
American Red Cross - Rosenberg Office	(281) 342-9480	(SW) Rosenberg	W, C, Y92
American Red Cross - Texas City Office	(409) 945-7200	(SE) Texas City	W, C, Y92
Colorado Valley Transit	(979) 732-6281	(W) Columbus	All, Flat fee, Esp101
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp109
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp110
Harris County Social Services	(713) 696-7900	(NE) Eastex/Jensen	All, Free, Appt/Walk-ins114
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt req, HIV+ only , Esp136
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, HIV+ only , UTMB affiliate, Esp141



Art by Mark Mauboules



Art by Mark Mauboules

Treatment Information & Clinical Trials

Información de Tratamientos y Pruebas Clínicas

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options. To help advance research and have access to “cutting edge” treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. HIV+ persons who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other HIV infected people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS.



Art by Gary

Con tantos nuevos tratamientos prometedores, es ahora más importante que nunca el mantenerse informado/a. Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y

otras a bajo costo. Para ayudar al adelanto de los tratamientos médicos, considere participar en pruebas clínicas. El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas VIH+ participan gratuitamente y quizás no vean beneficios inmediatos (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas VIH+ a vivir una vida más prolongada y saludable. Médicos pueden conectar a pacientes a

las pruebas clínicas (vea PUBLICATIONS).

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Clinical Trials Information Svc.	(800) HIV-0440	NATIONAL	All, Free, Esp	89
Associates in Infectious Disease in OB/GYN	(713) 799-8994	(C) Medical Center	W, All, Appt req, CD, Esp	93
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp	100
Center for Clinical Studies	(713) 528-8818	(C) Medical Center	M, W, Appt req, No cost to patient, Esp	100
Center for Clinical Studies	(281) 333-2288	(SE) Clear Lake/ NASA	M, W, Appt req, No cost to patient	100
DRW Memorial Foundation, Inc.	(713) 528-1748	(C) Museum District	Adults, I/RR, HIV+ only , Free, Appt/Walk-in, Esp	105
FBFHC - HIV Program	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co. indigent, RW TII . . .	107
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, HIV+ only , Appt/Walk-ins, Gold card, Esp	112
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, HIV+ only , Gold card, Esp	112
Montrose Clinic Research	(713) 830-3033	(C) Montrose	Y, M, W, Free, Appt req, HIV+ only , Esp	124
UT Substance Abuse Research Center	(713) 500-2802	(C) Medical Center	M, W, Free, Appt/Walk-ins, CD . .	143
UTMB Galveston - AIDS Clinical Trials Unit	(409) 747-0214	(SE) Galveston	M, W, Appt req, HIV+ only	144

STAY INFORMED

IMPORTANT:

It is vitally important that you take your medications exactly as prescribed, especially protease inhibitors. If you do not, the HIV in your body may become resistant to the medication and it will stop working! If you are experiencing unbearable side effects, notify your physician right away and ask him or her what you should do.

CD4 (T-CELL) COUNT:

Your immune system contains different types of cells that help protect the body from infection. One of these types of specialized cells is called the CD4 or T-cells. HIV attacks these types of cells and uses them to make more copies of HIV. In doing so, the CD4 cell becomes unable to do its job of protecting the body. At first, the body can make more of these T-cells but eventually the body can't keep up and the number of working T-cells decreases. This weakens the immune system and leaves the body at risk for different types of infections.

On a regular basis, your doctor will draw blood and measure the number of T-cells. The higher the number the better able your immune system to do its job. Most people without HIV have about 700 to 1000 CD4 cells. HIV infected people are considered to have "normal" CD4 counts if the number is above 500. If the number drops below 200, you are said to have AIDS and your doctor will start you on preventative medications to ward off infections and keep you healthy.

VIRAL LOAD:

The viral load test measures how much HIV is in your blood. Left untreated, the amount of HIV in the blood (viral load) increases as HIV disease progresses. A viral load above 100,000 is generally considered high. Unlike CD4 counts, where "higher is better," a "low" or "undetectable" viral load is considered desirable. Keep in mind, however, that an "undetectable" viral load does not mean that there is no more HIV in your body, only that there is less HIV in the blood than the test is able to measure. HIV might also be "hiding" in other organs in the body.

One way doctors use viral load testing is to measure the effectiveness of medications. If your viral load is staying the same over time or going down, your medication(s) are probably working. If your viral load is going up, your doctor may want to try a different medication regimen. Using both CD4 counts and viral load testing gives your doctor a more complete picture of your individual disease progression and, in turn, the best treatment strategy for you.

MANTÉNGASE INFORMADO

IMPORTANTE:

Es de vital importancia que Ud. tome sus medicamentos exactamente según las indicaciones, especialmente los inhibidores de proteasa. ¡Si no lo hace, el VIH en su cuerpo podría volverse resistente al medicamento y dejarlo inefectivo! Si Ud. padece de efectos secundarios intolerables, notifique a su médico inmediatamente y pregunte a él o ella que debe hacer.

EL CONTEO DE CD4:

Su sistema inmunitario contiene diferentes tipos de células que ayudan a proteger al cuerpo contra infecciones. Una de estas clases de células especializadas se llama célula CD4 o T. El VIH ataca al CD4 y la utiliza para crear más copias del VIH. Al hacerlo, las CD4 no pueden cumplir con su función de proteger al cuerpo. Al principio, el cuerpo puede producir más de estas células, pero eventualmente no puede competir y el número de ellas reduce. Ésto causa que el sistema inmunitario debilite y ponga al cuerpo al riesgo de diferentes tipos de infecciones.

Periódicamente, su médico le hará un análisis de su sangre y medirá el número de células CD4. Mientras más alto, es más probable que el sistema inmunitario pueda cumplir con su trabajo. La mayoría de las personas no infectadas con el VIH tiene entre 700 y 1000 células CD4. Se considera que personas infectadas con el VIH tienen un número "normal" si es mayor a 500. Si el número es menor a 200, se diría que usted tiene SIDA y su médico recomendará que tome medicamentos preventivos para infecciones y mantenerse saludable.

CARGA VIRAL:

La prueba de la carga viral mide cuanto VIH hay en su sangre. Si no recibe tratamiento, la cantidad del VIH (carga viral) aumenta a medida que progresa la enfermedad del VIH. Una carga viral mayor de 100,000 es considerada alta. A diferencia del número de células CD4, en el cual un resultado elevado es mejor, una carga viral "baja" o "indetectable" es deseable. Sin embargo, tome en cuenta que una carga viral "indetectable" no significa que ya no exista el VIH en la sangre sino que hay una cantidad menor el cual la prueba no es capaz de detectar. Inclusive, el VIH puede estar "escondido" en otros órganos de su cuerpo.

La prueba de la carga viral constituye un medio por el cual los médicos miden la efectividad de los medicamentos. Si su carga viral se mantiene igual o disminuye con el tiempo, es probable que sus medicamentos estén funcionando. Si su carga viral aumenta, su médico podría recomendar un medicamento diferente. El uso conjunto del conteo CD4 y la carga viral permite que su médico obtenga un panorama más completo del desarrollo de su enfermedad, y consecuentemente, la mejor estrategia de tratamiento.

Veterans' Services

Servicios para Veteranos

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge—honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad contact discharges issued by general courts-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.



Art by Gary

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.

*If you are a veteran, contact the VA eligibility office; you may be eligible for a pension or other benefits that you did not even know about!

* Si Ud. es un veterano, póngase en contacto con la Oficina de Elegibilidad de la VA; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios!

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Arlington National Funeral Home	(713) 692-5555	(N) Northside	All	93
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins	102
Harris County Social Services	(713) 755-5243	(C) Downtown	All, Free, Appt/Walk-ins	114
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD	123
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	127
Vet Center #710	(713) 523-0884	(C) Montrose	Veterans	144

Volunteer Opportunities

Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services. To find out more and get involved, call today!



Art by Tammy Garrison

Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente. ¡Para mayor información y participar, llame hoy!

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH - Volunteer Services	(713) 623-6796	(C) River Oaks	Not specified	90
Catholic Charities AIDS Ministry	(713) 874-6624	(C) Midtown	All, Walk-ins, HIV+ only , Esp	99
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Appt/Walk-in, Esp	109
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Appt/Walk-in, Esp	110
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Appt/Walk-in, Esp	110
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Appt/Walk-in, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Appt/Walk-in, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Appt/Walk-in, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Appt/Walk-in, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Appt/Walk-in, Esp	110
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Appt/Walk-in, Esp	110
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Appt/Walk-in, Esp	110
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, CD	110
Julia C. Hester House	(713) 672-2573	(C) Fifth Ward	All, Appt req	119
Lazurus House Initiative - HELP Program	(713) 988-4858	(SW) Missouri City	W, CD, Appt req	120
Montrose Clinic - Volunteer Services	(713) 830-3095	(C) Montrose	M, W, Esp	124
MCC - Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All	125
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, HIV+ only , Walk-ins, CD . .	127
PWA Coalition - Volunteer Opportunities	(713) 522-5428	(C) Montrose	Adults (age 18 & up), Walk-ins, HIV+ only , TB test, Criminal background check, Esp	130
Ryan White Planning Council	(713) 572-3724	(C) Galleria/ Post Oak	All, Application	133
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Appt/Walk-ins, Esp	146

Women's Services / Servicios para Mujeres

Many HIV infected women have discovered that there do not seem to be as many services for them as there are for HIV infected men. However, this situation is slowly changing. The Houston area offers OB/GYN care and family planning to HIV+ women through physicians and community clinics. Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.



Art by Gary

Muchas mujeres infectadas con el VIH han descubierto que parece no haber tanta ayuda para ellas como la hay para los hombres. Sin embargo, esta situación está cambiando. El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar. Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea SERVICIOS PARA NIÑOS). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.

HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Turning Point - Crisis Shelter	(281) 286-2525	(SE) Webster	All, Fam, Appt req, HIV+ only, CD, Esp,	95
Bonita Street "House of Hope"	(713) 691-0900	(N) Eastex/Jensen	W, Fam, CD, Flat fee, Appt req . . .	98
FamilyTime Foundation	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	106
Ft. Bend County Women's Center	(281) 342-4357	(SW) Rosenberg	M, W, Y, Fam, Free, Esp	106
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	116
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp	127
Renewed Innovations - The Bethel Home	(713) 467-2473	(W) Spring Shadows	W, Flat fee, Appt req, Lim, Must have job after 30 days	132
Santa Maria Hostel West	(713) 957-2413 Ext. 100	(NW) Spring Branch	W, Fam, S\$, Appt req, CD, Esp . .	134
Star of Hope Women and Family Shelter	(713) 222-2220	(C) Second Ward	W, Fam, Lim, free, Esp	138
Star of Hope Transitional Living Center	(713) 748-7242	(C) MacGregor	W, Fam, Lim, Free, Esp	138
TRS The Next Step - Women	(713) 263-7475	(W) Spring Branch	W, Med, Private pay, Ins, Appt/Walk-ins, CD	141
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, F, Free, S\$, CD	145
Wellsprings - Short Term Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD	146
Wellsprings - Long Term Housing	(713) 529-6559	(C) Not specified	W, C, Y, I/RR, Appt req, Lim, CD .	145
Wellsprings - Transitional Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD	146

Women's Services / Servicios para Mujeres

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Associates in Infectious Disease in OB/GYN	(713) 799-8994	(C) Medical Center	W, All, Appt req, CD, Esp	93
Ft. Bend Family Health Center - HAWC Clinic	(936) 857-2726	(NW) Prairie View	All, Appt/Walk-ins, S\$, Med, Esp	107
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co. indigent, RW TII . . .	107
HCHD - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	112
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-ins, Gold card, Esp . . .	112
Montrose Clinic - Women's Clinic	(713) 830-3000	(C) Montrose	W, Appt req, Amerigroup, Med, Some private ins, Esp	124
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	ALL	Call to auto-connect to nearest clinic	131
UTMB Prairie View	(936) 857-4073	(NW) Prairie View	W only, Med, S\$, Appt req	144
Walker County Maternal and Child Health Center	(936) 295-7474	(N) Huntsville	M, W, C, Y, Appt req, Med, Flat fee, S\$, Esp	145

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Turning Point, Inc.	(281) 338-7600	(SE) Webster	M, W, All, Fam, Free, Appt req, HIV+ only	95
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp	98
FamilyTime Foundation	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	106
Ft. Bend County Women's Center	(281) 342-4357	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-ins, Esp	106
Ft. Bend Family Health Center, Inc.	(281) 342-0529 x138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado co. indigent, RW TII . . .	107
Harris Co. Public Health Services - WIC Pgm	(713) 439-6145	(C) Galleria/Post Oak	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113
Harris Co. - Bear Creek WIC Center	(713) 345-4759	(W) Bear Creek	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113
Harris Co. - Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113
Harris Co. - Emerald Plaza WIC Center	(281) 444-0764	(NW) Stuebner Airline	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113
Harris Co. - NAM WIC Center	(281) 587-8596	(N) Bammel	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113
Harris Co. - Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/S. Belt	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113
Harris Co. - South Houston WIC Center	(713) 941-5035	(SE) South Houston	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113

Women's Services / Servicios para Mujeres

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Harris Co. - Tomball WIC Center	(713) 290-6246	(NW) Tomball	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5)	113
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	116
Mental Health & Psychological Services	(281) 463-9840	(W) Bear Creek/ Hwy 6	All, Appt/Walk-ins, Med, S\$, Ins, CD, Esp	123
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest	S\$, Appt Req, CD	123
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp	127
Positive Efforts	(713) 812-0044	(NW) Oak Forest	W, All, Free, CD	131
Renewed Innovations - The Bethel Home	(713) 467-2473	(W) Spring Shadows	W, Lim, Must have job after 30 days	132
Renewed Innovations - Retail Training Pgm	(713) 932-6388	(W) Spring Shadows	W, Flat fee, Lim	131
Riverside General Hospital - Almost Home	(713) 644-6425	(SE) Golfcrest	W, CD	132
SAAFE House	(936) 291-3529	(N) Huntsville	All, Free, S\$	133
SAAFE House	(936) 327-9525	(N) Livingston	All, Free, S\$	133
Santa Maria Hostel North	(713) 957-2413 Ext. 100	(C) Near Northside	W, S\$, Appt req, CD, Esp	133
Santa Maria Hostel West	(713) 957-2413 Ext. 100	(NW) Spring Branch	W, Fam, S\$, Appt req, CD, Esp	134
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, Fam, Free, S\$, CD	145
Warren Corporation, The	(713) 541-9777	(SW) Fondren Southwest	M, W, I/RR, Appt req	145
Women Helping Women	(281) 631-9744	(N)	W, Free, Lim, Other eligibility req	146
Women's Advocacy Project	(800) 777-FAIR	Statewide	M, W, Fam, Free, Appt req, Lim	146

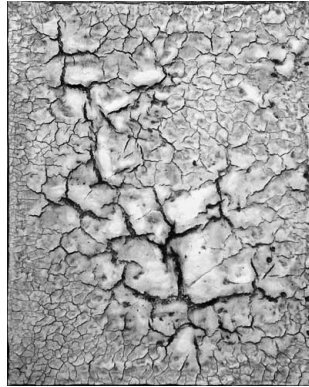


Art by Gary

Youth/Teen Services

Servicios para Jóvenes/Adolescentes

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.



Art by Ronnie

Los jóvenes que viven con el VIH tienen necesidades muy particulares. Si Ud. tiene entre 13 y 19 años de edad y tiene el VIH, por favor llame a una de las agencias mencionadas aquí; ellos tienen programas especiales para jóvenes con el VIH.

HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AHCH - West Heights Shelter	(713) 864-1795	(C) Heights	Age 18 & up, Flat fee, Accepts area housing vouchers, Appt req, Lim, HIV+ only	91
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 13 - 21), Free, Parent/pregnant moms under 21, Esp	102
HACS - YEAH! Youth Drop In Center	(713) 528-5667	(C) Montrose	Y, Free, Walk-ins, Esp, At risk for or homeless	116

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Associates in Infectious Disease in OB/GYN	(713) 799-8994	(C) Medical Center	W, All, Appt required, CD, Esp	93
Baylor - Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Free, Appt required, Open Tues-Wed	95
Baylor - Teen Health Clinic Lee High School	(713) 873-3601	(SW) Gulfton	All, Appt required, Students of Lee HS only	95
Baylor - Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Free, Appt required	95
Baylor - LBJ Teen Clinic	(713) 566-5612	(NE) Trinity/Houston Gardens	Free, Y (ages 13-21), Appt required	95
Baylor - Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Free, Appt required	95
Baylor - Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Free, Appt required	95
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (13 - 21), Free, Parent/pregnant moms under 21, Esp	102
Ft. Bend Family Health Center - HAWC Clinic	(936) 857-2726	(NW) Prairie View	All, S\$, Med, Appt/Walk-ins, Esp	107
HCHD - NW Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	112
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	ALL	Call to auto-connect to nearest clinic	131

Youth/Teen Services / Servicios para Jóvenes/Adolescentes

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Council on Alcohol and Drugs Houston	(713) 942-4100	(C) Memorial/ Washington	All, Walk-ins (appt preferred), S\$, CD, Esp,	102
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (age 13-21), Free, Parent/pregnant moms under 21, Esp	102
Cypress Creek Hospital	(281) 586-7600	(NW) Bammel	Age 13 & up, Med, Private pay, Ins, Walk-ins, CD, Esp	102
DePelchin Children's Center	(281) 427-1300	(E) Baytown	C, Y (age 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 730-2335	(W) Brookshire	C, Y (age 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 282-6062	(SE) Clear Lake/ NASA	C, Y (age 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(713) 462-9490	(NW) Langwood	C, Y (age 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(713) 730-2335	(C) Memorial/ Washington	C, Y (age 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 261-0083	(SW) Stafford	C, Y (age 13-18), Appt req, Med, Ins, CHIP, S\$	104
DePelchin Children's Center	(281) 367-7707	(N) Woodlands	C, Y (age 13-18), Appt req, Med, Ins, CHIP, S\$	104
FUUSA	(713) 651-1470	(C) Third Ward	M, W, Y, Fam, Free, Appt req, CD	105
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-ins, Esp	109
GCCSA - Acres Home Multiservice Ctr	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - JD Walker Multiservice Ctr	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - Kashmere Multiservice Ctr	(713) 674-1301	(C) Kashmere Gardens	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - Magnolia Multiservice Ctr	(713) 921-2960	(C) Magnolia Park	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - Sunnyside Multiservice Ctr	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-ins, Esp	110
GCCSA - Third Ward Multiservice Ctr	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-ins, Esp	110

Youth/Teen Services / Servicios para Jóvenes/Adolescentes

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Tomball Station	(281) 357-5423	(NW) Tomball	All, Income guidelines, Appt/Walk-ins, Esp	110
HCHD - NW Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	112
HATCH	(713) 529-3590	(C) Montrose	Y, Free, Walk-ins	114
HACS - YEAH! Youth Drop In Center	(713) 528-5667	(C) Montrose	Y, Free, Walk-ins, At risk for or homeless, Esp	116
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	116
Julia C. Hester House	(713) 672-2573	(C) Fifth Ward	All, Free, Appt req, Lim, Call for intake	119
Katy Counseling Services	(281) 599-9330	(W) Katy	Y, S\$, Financing avail, Appt req, CD	119
Lazurus House Initiative- YELP Program	(713) 988-4858	(SW) Missouri City	Y, Free, S\$, Appt req, CD, Esp	120
Motherland, Inc.	(713) 290-0001	(NW) Oak Forest	All, Free, Appt/Walk-ins, CD, Esp	125
Neighborhood Centers, Inc.	(713) 667-9400	(C) Bellaire	All, Fam, Free, S\$, Flat fee, Appt req, Esp	125
PDAP Age 12 to 17 group	(713) 668-0133	(C) Bellaire	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(281) 795-9805	(NW) Cy-Fair	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(713) 857-2648	(SE) Hobby	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(281) 870-9311	(W) Memorial	Y, Free, Walk-ins, CD	129
PDAP Age 12 to 17 group	(281) 528-7908	(N) Spring	Y, Free, Walk-ins, CD	129
PDAP Age 18 to 25 group	(713) 857-7874	(W) Memorial	Y, Free, Walk-ins, CD	129
PDAP Age 18 to 25 group	(281) 528-7908	(N) Spring	Y, Free, Walk-ins, CD	129
PDAP Age 18 to 25 group	(281) 870-9311	(W) Spring Branch	Y, Free, Walk-ins, CD	129
RGH - Adolescent Psychiatric Inpatient Program	(713) 526-2441	(N) Near Northside	Y (ages 13-18), Med, Private Ins, Managed Care	132
Texas Runaway Hotline (TDFPS)	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp	140
Texas Youth Hotline (TDFPS)	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp	140
TRS Clear Lake	(877) 627-4389	(SE) Clear Lake/ NASA	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS Ft. Bend	(877) 627-4389	(SW) Stafford	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS North	(877) 627-4389	(N) Champions	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS Pasadena	(877) 627-4389	(E) Pasadena	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Right Step	(877) 627-4389	(C) Montrose	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
TRS The Woodlands	(877) 627-4389	(N) Spring	M, W, Y, Med, Private pay, Ins, Appt/Walk-ins, CD	141
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Private pay, Ins, Walk-ins, CD, Esp	146
YWCA of Houston	(713) 741-3700	(C) Memorial/ Washington	All, Free	147

Alphabetical Listing of Agencies

Lista de Agencias por Orden Alfabético



A CARING SAFE PLACE

1804 Carr Street
Houston, TX 77026

MAIN: (713) 225-5441
FAX: (713) 225-5442

CITY SECTION: Central
NEIGHBORHOOD: Fifth Ward
LEGEND: M, S\$, Appt Req, HIV+ only, CD, Esp

Long term housing program which includes case management, alcohol and chemical dependency 12-step groups, life skills training, job search, placement and vocational training and preparation for re-entry into independent living.

ADULT REHABILITATION SERVICES

6624 Hornwood
Houston, TX 77074

MAIN: (713) 541-4422
FAX: (713) 541-9085
WEB: www.adultrehab.com

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Harris & Ft. Bend
LEGEND: M, W, CD

Methadone maintenance and counseling.

ADVOCACY, INC.

1500 McGowan Street, Suite 100
Houston, TX 77004

MAIN/TTY: (713) 974-7691
FAX: (713) 974-7695
TOLL FREE: (800) 880-0821
WEB: www.advocacyinc.org

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: Angelina, Brazoria, Chambers, Cherokee, Ft. Bend, Galveston, Houston, Jefferson & Orange counties.

LEGEND: CD, Appt Req, Fam, Free

Legal advocacy for persons with disabilities. Intake Monday-Friday, 9:00am-12:30pm.

Defensa legal para personas incapacitadas. Cita inicial disponible de lunes a viernes, 9:00am a 12:30pm.

AIDS CLINICAL TRIALS INFORMATION SERVICES

P. O. Box 6303
Rockville, MD 20849-6303

TOLL FREE: (800) HIV-0440
WEB: www.aidsinfo.nih.gov/clinical_trials

LEGEND: All, Free, Esp

Free and confidential information about HIV/AIDS clinical trials to persons with HIV/AIDS, their families & friends, healthcare providers, & federal, state and local agencies by email/phone in English and Spanish. Searchable online database.

AIDS COALITION OF COASTAL TEXAS

707 Tremont
Galveston, TX 77550

MAIN: (409) 763-2437
FAX: (409) 763-5482
TOLL FREE: (800) 755-0440

CITY SECTION: Southeast
AREA SERVED: Brazoria, Galveston & Matagorda counties
LEGEND: All, HIV+ only, Free, CD, Esp

Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, case management, legal referrals, funeral planning, client workshops, transportation, emergency financial assistance, rental assistance, AIDS information library, support groups, speakers bureau, medical equipment & supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services.

AIDS FOUNDATION HOUSTON

3202 Wesleyan Annex
Houston, TX 77027

MAIN/INTAKE: (713) 623-6796
FAX: (713) 623-4029
WEB: www.aidshep.org

CITY SECTION: Central
NEIGHBORHOOD: River Oaks

Beecher Wilson Apartments

3202 Wesleyan Annex
Houston, TX 77027

INTAKE: (713) 524-5950
LEGEND: Section 8 (subsidized rent), HIV+ only

Located in the Montrose area, AFH renovated the complex in March 1996 with a HOPWA grant and completed additional renovations in 2000. Residents pay rent equal to 30% of their income, which makes this long-term housing option affordable. The Housing Authority of the City of Houston subsidizes the remainder of the tenants' rent. Beecher Wilson remains greater than 90% occupied at all times.

Benefit & Resources Counseling (BARC) & Client Services Assistant (CSA)

LEGEND: HIV+ only

BARC/CSA employs seven full-time staff to counsel clients on the availability of community-wide resources as well as access to and utilization of the healthcare system and other services. The intake process includes assessing clients' needs, determining eligibility for services and providing information and referrals to appropriate community service providers.

Camp HOPE

LEGEND: C (ages 7-15), Application, HIV+ only

A weeklong summer camp for HIV+ children ages 7-15. Campers enjoy traditional camp activities in a modern setting, complete with state of the art medical facilities.

Camp HUG (Hope, Understanding and Giving)

LEGEND: Application, HIV+ only

A weekend camp for families infected and/or affected by HIV/AIDS. A fun event for the children, caregivers receive educational information pertinent to their living situations.

Get Started

LEGEND: **HIV+ only**

Program designed to help minority offenders who are HIV+ enroll and participate in the Texas HIV Medication Program. Through the Get Started program, recently released offenders can access HIV medications at no charge, allowing them to continue medication regimens begun while incarcerated without interruption which reduces the likelihood of viral resistance. In addition, this program helps newly released offenders re-establish their "free world" lives by meeting their needs for food, clothing, hygiene items and housing.

Housing Empowerment Life Planning (HELP) Programs

LEGEND: **HIV+ only**

The HOPWA short-term Rental/Mortgage/Utility Assistance (RUMA) program that helps low-income persons with HIV/AIDS and their families to maintain permanent housing by subsidizing their rent or mortgage and utilities for up to 21 weeks; program participants and their families not only get to remain in their homes, but they are also able to meet other necessary living expenses such as costly medications, food, clothing, transportation and child-care.

The HOME program offers tenant-based rent/mortgage assistance, up to 12 months, to extremely low- and low-income underserved HIV+ clients and their families of rural Harris County. The goal is to help families maintain permanent housing while working with the housing case manager to develop budgeting skills, access information and referrals to needed services and achieve progress toward better financial, emotional and physical well-being.

The Direct Emergency Assistance (DEA) program is funded by Ryan White Title I and has 2 initiatives: emergency rental and utility assistance to prevent eviction or termination of utility service and in-home support such as light housekeeping, 2 loads of laundry per visit, shopping assistance, meal preparation/serving/ clean up, verbal interaction with client and limited supervision of children while the caregiver is in the home.

Outreach and Education

AREA SERVED: Ft. Bend, Harris, Liberty & Montgomery counties

Provides outreach, health education and risk reduction information to men who have sex with men (MSMs) and incarcerated youth and adults.

Prison Initiative

In partnership with TDCJ, provides peer education training and other prison-related HE/RR activities inside the state criminal justice system.

Project "A Friendly Haven"

INTAKE: (713) 651-0833

FAX: (713) 651-0835

LEGEND: **HIV+ only**

A programmatic 2 and 3 bedroom transitional residence for homeless women with HIV/AIDS and their families. Funded by HUD/HOPWA, this program provides job training, child-care, legal services, women's issues support groups, relapse prevention groups, individual counseling, parent support services, drug awareness and prevention activities, recreational and educational opportunities for the children and case management.

Project Lazarus

LEGEND: **HIV+ only**

For residents of AFH housing programs, provides peer counseling for HIV+ adults.

Project LifeRoad

LEGEND: **HIV+ only**

A collaboration of multiple organizations administered by AFH. Funded by the HUD Supportive Housing Program, LifeRoad offers a comprehensive homelessness intervention care continuum. Providing a holistic approach to housing and supportive services for homeless Persons Living with HIV/AIDS, this project includes centralized intake and assessment, medical and psychosocial case management, mental health counseling, substance abuse counseling, money management, nutrition counseling, food, rent, utility and household assistance, job training and placement and related supportive services. Clients are placed in less structured environments over time until they are ready to live independently and establish permanent housing.

Project Porchlight

LEGEND: **HIV+ only**

AFH, in partnership with Houston's Habitat for Humanity, create permanent housing for low-income families who graduate from AFH transitional housing programs, allowing them the opportunity of home ownership, a step forward in eliminating poverty and creating permanent housing for low-income families living with HIV.

Project Wall Talk

In partnership with the Texas Department of Criminal Justice (TDCJ) and other community-based organizations, provides peer education training and other prison-related HE/RR activities within the prison system.

Stone Soup

LEGEND: **HIV+ only**

Provides perishable and non-perishable grocery/food items, personal care products, baby diapers and cleaning products to persons with HIV/AIDS. Clients receive one-on-one and group education to assist them in learning how to prepare foods that will complement their medical regimen and enhance their health and wellness. Clients also learn healthy recipes they can use with the groceries they receive. Stone Soup operates satellite locations, as well as voucher programs for homebound clients and clients in rural areas.

Volunteer Services

Wide variety of volunteer opportunities available for adults and young adults interested in working with people and families infected/affected by HIV/AIDS. Must complete application and interview, some positions require criminal background check.

AIDS HOUSING COALITION HOUSTON, INC. (AHCH)

502 West 24th Street
Houston, TX 77008

MAIN: (713) 864-1795
FAX: Extension **
WEB: web.wt.net/~ahch

HIV/AIDS Free Referral Line

MAIN: (713) 864-1795
LEGEND: All, Free

Free referrals for people infected and loved ones and friends affected by the HIV virus and AIDS complications. Mentorship on social services, survival information, safer sex education, housing processes, medical services, viatical issues, home health care options, hospices and funeral options.

Nsomnia Furniture Program

433 North Loop West
Houston, TX 77008

MAIN/FAX: (713) 869-3100
WEB: www.nsomniefurniture.org
CITY SECTION: Central
NEIGHBORHOOD: Heights
LEGEND: All, Flat fee, Walk-ins,
Proof of HIV status

New furniture, mattresses and other furnishings available at wholesale discount prices. Not free but a low-income service. Free delivery. Benefits AIDS Housing Coalition Houston (AHCH), Inc. a 501(c)3 non-profit organization. NO CLOTHING.

West Heights Shelter

502 West 24th Street
Houston, TX 77008

MAIN: (713) 864-1795
FAX: Extension **
CITY SECTION: Central
NEIGHBORHOOD: Heights
LEGEND: Adults, Flat fee, Appt
req, Accepts area housing
vouchers, Lim, **HIV+ only**

Low-income emergency entry shelter housing, often same day/next day admission when space is available. Social service mentorship, meal assistance, phone, cable, furnished rooms - NO drugs or alcohol. Not an MHMRA facility or detox center. Picture ID, proof of AIDS diagnosis, proof of income and drug screen required. Adults only. Hosted by AIDS Housing Coalition Houston (AHCH), Inc.

AIDSINFO

TOLL FREE: (800) 448-0440
TTY: (888) 480-3739
WEB: aidsinfo.nih.gov

LEGEND: All, Free, Esp
Information on HIV/AIDS treatment, prevention and research. Live chat, subscribe to e-news and website is also available in Spanish. Spanish speaking representatives available Mon-Fri 1:00pm-6:00pm.

ALCOHOLICS ANONYMOUS *(See Intergroup Association, Inc.)*

ALDINE FUNERAL CHAPEL, LLC

9504 Airline Drive
Houston, TX 77037-2208

MAIN: (281) 591-6055
FAX: (281) 591-7579
TOLL FREE: (877) 468-4480
WEB: www.aldinefuneral.com
CITY SECTION: North
NEIGHBORHOOD: Aldine
LEGEND: Appt recommended

Low cost, personalized funerals - including cremations, burials and other alternative dispositions (such as referral for possible donation).

ALLIANCE FOR MULTICULTURAL COMMUNITY SERVICES

6440 Hillcroft Street, Suite 411
Houston, TX 77081-3192

MAIN: (713) 776-4700
FAX: (713) 776-4730
WEB: allianceontheweb.org
CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Harris County

ECDC HIV/AIDS Health Promotion & Education Project

LEGEND: Free, **HIV+ only**, African
Refugees & Immigrants,
Call for intake

Street outreach, condom distribution, individual and group health education, referrals to HIV counseling and testing. For African refugees and immigrants only.

HIV Interpreter Program

LEGEND: M, W, All, Free,
Walk-ins, **HIV+ only**, Esp

Provides interpretation and referral services for refugees and asylees who have HIV/AIDS.

Provee servicios de interpretación y referencia para refugiados y asilados quienes tienen el VIH/SIDA.

A-MED HOME HEALTH

4008 Vista Road, Suite 200B
Pasadena, TX 77504

MAIN: (713) 941-2115
FAX: (713) 941-3317
TOLL FREE: (866) 326-6200
WEB: www.amedhomehealth.com
CITY SECTION: Southeast
AREA SERVED: Harris, Brazoria,
Chambers, Ft. Bend &
Galveston counties.
LEGEND: Adults, Med, Most 3rd
party payors, Esp

Available 24 hours a day, 7 days a week. Provides routine home care, continuous care, respite care and inpatient care; medication and durable medical equipment for the terminally ill. Staff includes RN, LVN, CAN, social worker, chaplain, and volunteers.

Disponible las 24 horas del día, 7 días a la semana. Provee cuidado rutinario en el domicilio, cuidado continuo, asistencia para los cuidadores y cuidado para el paciente internado; medicamentos y equipo médico durable para el enfermo terminal. El personal consiste de RN, LVN, CAN, trabajadores sociales, capellán, y voluntarios.

AMERICAN CANCER SOCIETY QUIT LINE

24 HOURS: (877) YES-QUIT
LEGEND: All, Free, Esp

Free confidential phone counseling available in Texas in many languages.

AMERICAN MEDICAL EQUIPMENT COMPANY

1841 Old Spanish Trail
Houston, TX 77054

MAIN: (713) 791-1841
FAX: (713) 791-9352
TOLL FREE: (800) 394-1921
WEB: www.medicalworldwide.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Harris, Brazoria,
Chambers, Ft. Bend, Galveston
& Montgomery counties
LEGEND: All, Free, Walk-ins, Esp

Full line of home medical equipment and supplies, oxygen and respiratory equipment.

Provee una línea completa de equipo médico para el domicilio y los suministros, oxígeno y equipo respiratorio.

AMERICAN RED CROSS, GREATER HOUSTON CHAPTER

2700 Southwest Freeway
Houston, TX 77098

Mailing Address:

PO Box 397
Houston, TX 77001-0397

MAIN: (713) 526-8300
FAX: (713) 526-5871
TOLL FREE: (800) 593-0005
WEB: www.houstonredcross.org

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
LEGEND: W, C, Y

Transportation assistance for HIV+ women, children and adolescents; HIV peer education programs for teens and limited general HIV information for the community.

Baytown Office

5309 Decker Drive
Baytown, TX 77520

MAIN: (281) 424-1300
FAX: (281) 424-3591
CITY SECTION: East

Brenham Office

707 South Austin
Brenham, TX 77833

MAIN: (979) 836-0737
FAX: (979) 836-1317
CITY SECTION: West

Brookshire Office

531 FM 359 South
Brookshire, TX 77423

MAIN: (281) 375-5110
FAX: (281) 375-5134
CITY SECTION: West

Clear Lake Office

1300 Bay Area Boulevard
Houston, TX 77058

MAIN: (281) 282-6039
FAX: (281) 282-6004
CITY SECTION: Southeast

Conroe Office

400 Collins
Conroe, TX 77301

MAIN: (936) 756-2212
FAX: (936) 756-2283
CITY SECTION: North

Pasadena Office

3216-B Spencer Highway
Pasadena, TX 77504

MAIN: (713) 943-7000
FAX: (713) 943-8686
CITY SECTION: Southeast

Rosenberg Office

4601 Avenue H, Suite 12
Rosenberg, TX 77471

MAIN: (281) 342-9480
FAX: (281) 342-0061
CITY SECTION: Southwest

Texas City Office

619 4th Avenue North
Texas City, TX 77590

MAIN: (409) 945-7200
FAX: (409) 945-6729
CITY SECTION: Southeast

AMEX PHARMACY

3030 Canal Street
Houston, TX 77003

MAIN: (713) 237-9301
FAX: (713) 227-1130
CITY SECTION: Central
NEIGHBORHOOD: Second Ward

Farmacia.

AMIGOS VOLUNTEERS IN EDUCATION AND SERVICES (AVES)

807 Hawthorne
Houston, TX 77006

MAIN: (713) 626-2837
FAX: (713) 626-0875
WEB: www.aves-health.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Harris, Chambers,
Ft. Bend, Liberty, Montgomery
& Waller counties
LEGEND: All, Free, Walk-ins,
HIV+ only, Esp

Case Management

Case management services link HIV+ clients with social service agencies to cover their basic needs. Bring to intake: picture ID, proof of residence, HIV status and income. Staff is 100% bilingual in English/Spanish.

El servicio de administración de casos vincula a personas infectadas con el

VIH/SIDA con diferentes agencias de servicios sociales para obtener necesidades básicas. Traiga a la cita inicial: cédula de identidad, comprobante de su residencia, ingreso y estado del VIH/SIDA. El personal es 100% bilingüe en inglés y español.

HIV Testing

HIV testing by OraQuick Advance 20 minute Test and/or venipuncture; HIV pre and post-test counseling; partner elicitation; condom distribution, referrals for STD and Hep C testing and HIV case management services.

Prueba del VIH OraQuick Advance da resultados en sólo 20 minutos en nuestro local diariamente y en la comunidad en tiempo variado. Favor de llamar para información sobre las ubicaciones y horario. Distribución de condones y referencias para análisis de enfermedades transmitidas sexualmente y Hep C y servicios de administración de casos del VIH.

Strengthening Our Families

7575 Office City Drive
Houston, TX 77012

MAIN: (713) 649-4526
FAX: (713) 644-8357

CITY SECTION: Southeast
NEIGHBORHOOD: Pecan Park
AREA SERVED: Greater Houston
LEGEND: M, W, Y (age 11-15),
Free, Walk-ins, Esp

Classes and one-on-one discussions about STD, HIV and substance abuse prevention and intervention. HIV testing is available by the OraQuick Advance 20 minute test and/or venipuncture; HIV pre- and post-test counseling; partner elicitation; condom distribution; referrals for STD and Hep C testing, HIV case management services and medical care; health fairs.

Clases y discusiones individuales sobre el VIH, y otras enfermedades transmitidas sexualmente, prevención e intervención sobre el abuso de sustancias. Prueba del VIH OraQuick Advance con resultados en sólo 20 minutos en nuestro local diariamente y en la comunidad en tiempo variado. Distribución de condones, administradores de casos y otros recursos para el bienestar de la salud.

ARLINGTON NATIONAL FUNERAL HOME

5601 Arlington Street
Houston, TX 77076

MAIN: (713) 692-5555
FAX: (713) 692-0947
TOLL FREE: (800) 842-2132
WEB: www.arlingtonnational.com
CITY SECTION: North
NEIGHBORHOOD: Northside

Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available.

ART LEAGUE OF HOUSTON

1953 Montrose Boulevard
Houston, TX 77006

MAIN: (713) 523-9530
FAX: (713) 523-4053
WEB: www.artleaguehouston.org
CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: All, Free, Walk-ins,
Call for class location

HIV+ & Cancer Related Illnesses Healing Art Group

This award-winning outreach program offers a variety of activities for the artist and non-artist alike. Monthly projects focus on constructive art making in a relaxed atmosphere. Come experience the healing power of art. Classes are ongoing and are free of charge. Please call for class location and time.

ASERACARE HOSPICE

1235 North Loop West, Suite 215
Houston, TX 77008

MAIN: (713) 864-2626
FAX: (713) 864-9476
WEB: www.aseracare.com

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: Ft. Bend, Harris,
Galveston & Montgomery counties
LEGEND: Adults, Ins, Med

Palliative care (comfort care) to persons with life limiting illness. Services include skilled nursing, social worker, pastoral counseling and bereavement support.

ASK YOUR NURSE HCHD HELPLINE

MAIN: (713) 663-CALL (2255)
LEGEND: All, Free, Esp

Experienced nurses available to answer questions 24 hours a day/seven days a week. They can direct you to less expensive health-care alternatives and offer practical health advice. They can help callers determine the urgency of a medical or health condition, provide referrals for substance and alcohol abuse and provide information to assist with social needs.

Las enfermeras están disponibles para responder a sus preguntas las 24 horas del día, siete días de la semana. Pueden orientarle sobre alternativas de atención de la salud a bajo costo y darle recomendaciones prácticas.

ASSISTANCE FUND, THE

1116 Jackson Boulevard
Houston, TX 77006

MAIN: (713) 529-4788
FAX: (713) 520-7520
WEB: www.theassistancefund.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Austin, Chambers,
Colorado, Ft. Bend, Harris,
Liberty, Montgomery, Walker,
Waller & Wharton counties.
LEGEND: M, W, Appt req, **HIV+ only**

Assistance with prescriptions, health insurance premiums and co-payments for prescriptions and doctor visits for PLWHIA.

Ayuda con recetas médicas, prima de seguro médico y co-pagos para las recetas y las visitas al doctor para las personas con el VIH/SIDA.

ASSOCIATES IN INFECTIOUS DISEASE IN OB/GYN

7400 Fannin Street, Suite 840
Houston, TX 77054

MAIN: (713) 799-8994
FAX: (713) 799-9931
WEB: www.aidog.yourmd.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: W, All, Appt req, CD, Esp

Hunter A. Hammill, MD: OB/GYN services: Prenatal care for pregnant, HIV+ women; gynecologist - well woman exams, all gynecological

surgeries for women. Also involved in clinical trials. Dr. Hammill has delivered babies for more than 600 HIV+ pregnant patients and has taken care of more than 3,000 HIV+ women for gynecological care.

Servicios de obstetricia y ginecología: Cuidado prenatal para mujeres embarazadas, mujeres con el VIH; cirugías ginecológicas, exámenes para el bienestar de la mujer, pruebas clínicas.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

6001 Gulf Freeway
Houston, TX 77023

MAIN: (713) 926-4756
FAX: (713) 926-8035
WEB: www.aamainc.us

CITY SECTION: Central
NEIGHBORHOOD: Lawndale
LEGEND: M, W, Y,
Free, Walk-ins, Esp, CD

Casa Phoenix AAMA Family Health Clinic George I. Sanchez High School

Education: Pre K, grades 9-12, GED, computer and ESL; family health clinic; HIV and STD testing; outpatient and residential chemical dependency treatment.

Educación: Pre-kindergarten, grados 9-12, GED, clases de computación e inglés; clínica para la familia; análisis del VIH y ETS (enfermedades de transmisión sexual); tratamiento para la dependencia de drogas para pacientes internos y externos.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

204 Clifton
Houston, TX 77011

MAIN: (713) 926-9491
FAX: (713) 926-2672

CITY SECTION: East
NEIGHBORHOOD: Second Ward
LEGEND: M, W, Y, Fam, Esp,
Free, Walk-ins, CD

Minorities Action Program (MAP) Project Heart Proyecto del Corazon

A major initiative in Harris County funded by TCADA that provides outreach services to a defined target population that is extremely vulnera-

ble to behavior or associations that may lead to the acquisition or spread of communicable diseases. The outreach activities primarily entail the delivery of information dissemination as well as educational activities that are current and proven successful in the risk-reduction for HIV or other sexually transmitted diseases.

The outreach team is very active in the referral process and systematically provides clients with access to resources in the community for treatment, housing, medical benefits, public health screening, and also is able to liaison for individuals who are unable to access services due to language barriers.

Un programa de iniciativa en el Condado Harris fundada por TCADA que provee servicios de alcance a una población definida por su comportamiento o asociación a una extrema vulnerabilidad de adquirir o transmitir enfermedades. La función de este programa consiste primordialmente en promover información y actividades educacionales que han sido comprobadas efectivas en la reducción al riesgo de contraer el VIH y otras enfermedades transmitidas sexualmente.

El equipo de alcance participa en el proceso de referencia y sistemáticamente provee ayuda a clientes en el acceso a recursos comunitarios, así como tratamientos, vivienda, beneficios médicos, evaluación de la salud pública, y también asiste a las personas que tienen dificultad en el acceso de los servicios debido a las barreras lingüísticas.



BARNES HOME HEALTH, LLC

9800 Northwest Freeway, Suite 206
Houston, TX 77092-8831

MAIN: (713) 956-2111
FAX: (713) 956-2151
CITY SECTION: Northwest
NEIGHBORHOOD: Lazybrook/Timbergrove

LEGEND: Adults, Flat fee, Ins,
Private pay, Appt req, CD,
Referral req, Esp

Personal care: grooming, bathing dressing, routine care of hair and skin, shampoo, shave, care of fingernails, feeding, preparing meals, transferring, toileting, exercise, assistance with bedpan or urinal, transfer to and from bed, tidy bedroom - kitchen - bathroom, linen change, laundry, clear pathway and many other services.

HCS/Texas Home Living

MAIN: (281) 679-0541
CITY SECTION: West
NEIGHBORHOOD: Westchase
AREA SERVED: Statewide
LEGEND: All, Disabled, Med,
Walk-ins, Esp

Skilled nursing, physical therapy, home health aide, speech therapy, occupational therapy, medical supplies and equipment, medical social workers, case management, dietary planning, employment assistance, pre-vocational and respite care. Health programs: HCS, Texas Home Living.

BAY AREA COUNCIL ON DRUGS AND ALCOHOL, INC.

Main Office
1033A Bay Area Boulevard, Ste 102
Houston, TX 77058

MAIN: (281) 212-2900
FAX: (281) 212-2901
TOLL FREE: (800) 510-3111
WEB: www.bacoda.com

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
AREA SERVED: S, SE & E Harris
county, Brazoria, Matagorda
& Galveston counties
LEGEND: All, CD

Free substance abuse screening, referral, assessments and counseling for those meeting eligibility requirements. All classes offered for a fee. Staff available for health fairs and speaking engagements at no cost.

Evaluación gratuita sobre el abuso de sustancias, referencias, asesoramiento y consejería para aquellos que sean elegibles. Hay un costo por las clases ofrecidas. El personal está disponible para dar presentaciones y charlas sobre la salud sin costo.

BAY AREA HOMELESS SERVICES

3406 Wisconsin Street
Baytown, TX 77520

Mailing Address:
PO Box 4130
Baytown, TX 77522

MAIN: (281) 837-1654
FAX: (281) 837-1031
24 HOURS: (281) 837-1657
ADMINISTRATION: (281) 420-6728

CITY SECTION: East
AREA SERVED: Eastern Harris,
Western Chambers
& Southern Liberty counties

LEGEND: Adults (age 17 and up),
Fam, Appt req, **HIV+ only**, Esp

Temporary emergency shelter and meals for up to 6 weeks; comprehensive case management; transportation. Must be at least 17 years of age if alone. Must be able and willing to seek and maintain full-time employment.

Refugio temporario y comida por 6 semanas; administración completa de casos; transportación. Los clientes deben ser mayor de 17 años de edad y estar dispuestos a buscar y mantener empleo de tiempo completo.

BAY AREA TURNING POINT, INC.

210 South Walnut Street
Webster, TX 77598

Mailing Address:
PO Box 57543
Webster, TX 77598-7543

MAIN: (281) 338-7600
FAX: (281) 529-0290
24 HOURS: (281) 286-2525
WEB: www.bayareaturningpoint.org

CITY SECTION: Southeast
LEGEND: M, W, Fam, All, Free,
Appt req, **HIV+ only**, Esp,
Homeless

Assists clients through job/education assessments, job readiness classes, assertiveness training and referrals to job and education opportunities.

Support groups for women who are victims of family violence and/or sexual assault. Caseworkers provide case management services and therapeutic counseling for victims of sexual assault.

BAY AREA TURNING POINT RESALE SHOP

18028 Nassau Bay Drive
Nassau Bay, TX 77058

MAIN: (281) 338-7600
FAX: (281) 557-0290

CITY SECTION: Southeast
LEGEND: M, W, Fam, All,
Appt req, Free, **HIV+ only**, Esp

Free clothing to area residents who come in for an assessment and are in need. Provides clothing to BATP emergency shelter clients and career clothing for clients of the Self Reliance Program.

Crisis Shelter

Location Confidential

24 HOURS: (281) 286-2525
FAX: (281) 286-8687

Crisis shelter for women and their children who are victims of family violence, sexual assault and otherwise homeless.

BAYLOR COLLEGE OF MEDICINE – TEEN HEALTH CLINICS

WEB: www.bcm.tmc.edu
AREA SERVED: Harris County
LEGEND: Free, Appt req

Ben Taub Teen Health Clinic

1504 Taub Loop
Houston, TX 77030

MAIN: (713) 873-3601
FAX: (713) 873-3608

CITY SECTION: Central
NEIGHBORHOOD: Medical Center

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral for prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

Cavalcade Teen Health Clinic

3815 Cavalcade
Houston, TX 77026

MAIN: (713) 673-1655
FAX: (713) 673-1549

CITY SECTION: Northeast
NEIGHBORHOOD: Kashmere Gardens

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

Cullen Teen Health Clinic

5737 Cullen Boulevard
Houston, TX 77021

MAIN: (713) 440-7313
FAX: (713) 440-8352

CITY SECTION: Central
NEIGHBORHOOD: MacGregor
LEGEND: Free, Appt req,
Open Tues/Wed

Immunizations; Testing and treatment for sexually transmitted infections; pregnancy testing and referral; Texas Health Steps; Well adolescent exams; HIV screening and counseling; birth control method and counseling.

Lawn Teen Health Clinic

8111 Lawn Street
Houston, TX 77088

MAIN: (281) 847-9970
FAX: (281) 820-3740

CITY SECTION: North
NEIGHBORHOOD: Acres Home

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

LBJ Teen Clinic

5656 Kelley Street
Houston, TX 77026

MAIN: (713) 566-5612
FAX: (713) 566-5610

CITY SECTION: Northeast
NEIGHBORHOOD: Trinity/Houston
Gardens

LEGEND: Free, Ages 13 - 21, Appt req

Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.

Teen Health Clinic Lee High School

6529 Beverlyhill Street
Houston, TX 77057

MAIN: (713) 873-3601
FAX: (713) 873-3608

CITY SECTION: Southwest
NEIGHBORHOOD: Gulfton
LEGEND: All, Appt Req, Students
of Lee HS only

Primary health care; Immunizations; Testing and treatment for sexually transmitted infections; Texas Health Steps; Well adolescent exams; HIV counseling and screening; Treatment of minor/acute illnesses; Sports physicals; Health education.

BAYLOR INTERNATIONAL PEDIATRIC AIDS INITIATIVE Texas Children's Hospital

6621 Fannin Street, CCC 1570.00
Houston, TX 77030-2399

MAIN: (832) 822-1038
FAX: (832) 825-1281
WEB: www.baylorids.org

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: C (ages 0-18 yrs), S\$,
Med, **HIV+ only**, Esp,
Call for intake

Pediatric primary care for HIV infected children, adolescents and their infected or uninfected siblings and also HIV exposed infants. Staff MD provides direct care to children and youth.

BAYLOR PSYCHIATRY CLINIC

6655 Travis Street, Suite 500
Houston, TX 77030

MAIN: (713) 798-4857
FAX: (713) 798-3138
WEB: www.bcm.tmc.edu

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: M, W, S\$, Appt Req

Individual, couple, family and group psychotherapy; pharmacotherapy of psychiatric conditions offering specialized services in the areas of mood disorders, anxiety disorders, psychological evaluation services, focal evaluations, marital and couple psychotherapy, sexual abuse treatment program and treatment of psychiatric conditions related to medical conditions and eating disorders. The clinic has speakers available for mental health topics of interest to community groups.

Baylor Child, Adolescent and Family Psychiatry Clinic is a full service clinic encompassing psychiatric evaluations, medication management, individual and/or family therapy and psychological testing. This clinic operates within an academic teaching facility. The services provided involve working with a treatment team that may include physicians in their specialty training and psychology and social work interns. Initial evaluations and medication management appointments are provided with direct contact with a faculty physician and as such your insurance will be billed. Individual therapy, family therapy and psychological testing are strictly fee for service as they are provided without a faculty member directly present. Legal guidelines require services billed to insurance companies be provided by an individual that has completed training or is directly supervised by an individual that has completed training. Since our clinic cannot provide these services with direct faculty supervision but still strives to provide full service quality treatment, the fees for these services coincide closely with a standard insurance co-payment fee.

Family therapy sessions are video taped for quality of care and educational purposes. In general, family therapy consists of 8-12 weekly ses-

sions. For more information please call Cassandra Shorter at (713) 798-4068

BAYSIDE COMMUNITY HOSPITAL

200 Hospital Drive
Anahuac, TX 77514

Mailing Address:
PO Box 398
Anahuac, TX 77514

MAIN: (409) 267-3143
FAX: (409) 267-3608
CITY SECTION: East

Primary and general acute care.

BEAR CREEK ASSISTANCE MINISTRY

16209 Keith Harrow
Houston, TX 77084

MAIN: (281) 855-0014
FAX: (281) 855-2630
WEB: www.bcasonline.org

CITY SECTION: Northwest
NEIGHBORHOOD: Bear Creek/Hwy 6
AREA SERVED: Serves zips: 77084,
77041, 77040, 77064 & 77095
LEGEND: M, W, ID req

Client services, job lab and education, food pantry and thrift store. Must have ID, proof of crisis, last 30 days utility bill, last 30 days of ALL household income and proof of parent/child relationship.

BELLTECH ENTERPRISES, INC.

12000 Richmond Avenue, Suite 130
Houston, TX 77082

MAIN: (281) 679-0541
FAX: (281) 679-0524
TOLL FREE: (877) 723-2355
24 HOURS: (281) 734-9044
ALTERNATE: (832) 419-7066

CITY SECTION: West
NEIGHBORHOOD: Westchase
AREA SERVED: Statewide
LEGEND: All, Disabled, Med,
Walk-ins, Esp

Skilled nursing, physical therapy, home health aide, speech therapy, occupational therapy, medical supplies and equipment, medical social workers, case management, dietary planning, employment assistance, pre-vocational and respite care. Health programs: HCS, Texas Home Living.

Personal de enfermería, terapia física, asistente para la salud en el

hogar, terapia del habla, terapia ocupacional, provisiones médicas, trabajadores sociales/médicos, administración de casos, planificación dietética, ayuda para obtener empleo, preparación educacional y asistencia para los cuidadores. Programas para la salud: HCS, Texas Home Living.

BERING OMEGA COMMUNITY SERVICES

1429 Hawthorne
Houston, TX 77006

Mailing Address:
PO Box 540517
Houston, TX 77254-0517

MAIN: (713) 529-6071
FAX: (713) 529-3626
WEB: www.beringomega.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose

Bering Omega Community Services (BOCS) focuses on the broad spectrum of critical needs of the indigent population of HIV/AIDS sufferers, serving individuals through four programs which include dental services, adult day care, residential hospice care and financial assistance.

Los Servicios Comunitarios de Omega de Bering (BOCS) se concentran en el amplio espectro de necesidades críticas de la población indigente que sufre de VIH/SIDA, sirviendo individuos a través de cuatro programas incluyen servicios dentales, cuidado de día adulto, cuidado de hospicio residencial y ayuda financiera.

Adult Day Care Center

1429 Hawthorne
Houston, TX 77006

MAIN/INTAKE: (713) 520-7070
FAX: (713) 520-7854

AREA SERVED: Anderson, Angelina,
Austin, Brazoria, Brazos, Chambers,
Colorado, Ft. Bend, Harris, Galveston,
Jasper, Jefferson, Liberty, Montgomery,
Nacogdoches, Nueces, Orange, Polk,
San Jacinto, Trinity, Tyler, Walker,
Waller & Wharton counties.

LEGEND: Adults, Free, **HIV+ only**,
Esp, Call for intake

The Care Center at BOCS offers day care for adults with all stages of HIV disease, who have a medical condition that requires nursing care. The Care Center offers nursing care,

physical therapy, nutritional assessments and counseling, meals and snacks, field trips, contests and games, television and other activities to do during the day. Learn more by calling us at 713-520-7070, Ext. 140.

El Centro de Cuidado en BOCS ofrece cuidado diurno a los adultos en todas las etapas de la enfermedad del VIH, y los que tienen una condición médica que requiere el cuidado de enfermería. El centro ofrece servicios de enfermería, terapia física, evaluaciones nutricionales y consejería, comidas y bocados, viajes de retiro, concursos y juegos, televisión y otras actividades para entretenerse durante el día. Para más información, llámenos al 713-520-7070, Ext. 140.

Dental Clinic

1427 Hawthorne
Houston, TX 77006

MAIN: (713) 524-7933
FAX: (713) 524-7995
LEGEND: Adults, Free, **HIV+ only**,
Esp, Call for intake

The dental clinic offers a full range of dental services for people living with HIV including emergency care, basic oral hygiene, treatment of lesions, ulcers and gum disease, dentures and other services. Learn more by calling us at 713-524-7933, Ext 120 or 121.

La clínica dental ofrece una gran variedad de servicios dentales para personas con el VIH/SIDA, e incluyen atención de emergencia, higiene oral básico, tratamiento de lesiones, úlceras y la enfermedad de la encía, dentadura postiza y más. Para más información, llámenos al 713-524-7933, Ext 120 o 121.

Financial Assistance

1429 Hawthorne
Houston, TX 77006

MAIN: (713) 520-7070
FAX: (713) 520-7854
AREA SERVED: Harris, Ft. Bend,
Waller, San Jacinto
& Montgomery counties
LEGEND: Appt req, **HIV+ only**, Esp,
Free, Call for intake

Financial assistance program offers basic budget planning and resources through the payment of rent, mortgage and utilities for persons living

with HIV/AIDS. We teach clients the necessary skills to live adequately on their reduced income. The program is open Monday-Friday from 8:00am to 5:00pm. Learn more by calling us at 713-520-7070, Ext. 144 or 145.

El programa de ayuda financiera ofrece planificación básica sobre el presupuesto del cliente y recursos para el pago del alquiler, hipoteca y servicios públicos para personas con el VIH/SIDA. Orientamos a los clientes sobre el conocimiento necesario para que vivan adecuadamente bajo ingresos limitados. El servicio está disponible de lunes a viernes de 8:00 am a 5:00 pm. Para mas información llámenos al 713-520-7070, Ext. 144 o 145.

Residential Hospice

602 Branard
Houston, TX 77006

MAIN: (713) 523-7110
FAX: (713) 526-8144
LEGEND: **HIV+ only**, Free, Esp,
Call for intake

Omega House is a safe and loving home environment where people living with AIDS can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The hospice offers social interaction with housemates and volunteers, as well as recreational activities including pet therapy. Learn more by calling us at 713-523-7110.

Casa Omega es una vivienda en un ambiente hogareño y seguro, de amor y compasión, donde los pacientes con SIDA puedan vivir los últimos días con dignidad. Este hospicio de ocho camas ofrece cuidado médico paliativo (de comodidad), y servicio psicosocial y de duelo para los moribundos y sus seres queridos. Se ofrece cuidado médico y de enfermería continuo, apoyo emocional y asistencia en actividades diarias. El hospicio promueve la interacción social entre los residentes y voluntarios, y actividades recreativas que incluye terapia con animales domésticos. Para más información, llámenos al 713-523-7110.

BERING SUPPORT NETWORK

1440 Harold
Houston, TX 77006

MAIN: (713) 526-1017 Ext. 211
FAX: (713) 520-6866
WEB:

www.beringsupportnetwork.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: Free, Adults (18 & up),
Fam, Walk-ins, Flat fee,
Infected/affected

Various support groups for persons who are HIV+, for loved ones of persons who are HIV+ and for both together; group therapy for persons coping with the death of a loved one; psychological counseling by professional counselors at a flat rate of \$25. Some funding for those with no ability to pay. Restrictions apply, call for intake.

BILL CLAIR FAMILY MORTUARY, INC.

2603 Southmore
Houston, TX 77004-7705

MAIN: (713) 522-9030
FAX: (713) 528-4065
TOLL FREE: (866) 524-0777
WEB: www.billclair.com

CITY SECTION: South
NEIGHBORHOOD: MacGregor
LEGEND: M, W, Fam

Burial arrangements; direct cremation.

BLOCK, THE Building Lives Offering Community Knowledge

12707 Cullen Boulevard
Houston, TX 77047

MAIN: (713) 734-2117
FAX: (713) 734-2421

CITY SECTION: South
LEGEND: All, Free, **HIV+ only**, CD

Health education and risk reduction.

BODY POSITIVE (See Montrose Clinic)

BONITA STREET "HOUSE OF HOPE"

2605 Parker Road
Houston, TX 77093

MAIN: (713) 691-0900
FAX: (713) 691-0910

CITY SECTION: North
NEIGHBORHOOD: Eastex/Jensen
LEGEND: W, Fam, CD, Flat fee, Appt req

Provide affordable housing to low-income women and women with children. Advance economic vitality in economically depressed communities by participating in economic development activities. Administer chemical dependency rehabilitation programs, minimizing risk factors and maximizing protective factors. Administer community outreach programs by providing and administering housing and education programs to HIV infected women with children. Provide housing and educational programs and mental health treatment for Dually Diagnosed women. Administer enrichment programs for children. Perform other functions as may be necessary or appropriate to fulfill the mission of the organization.

BOUNDARY FOOD PANTRY
(See *Houston Challenge Foundation*)

BRAZOS PLACE
1103 North Avenue H
Freeport, TX 77541

Mailing Address:
PO Box 2470
Freeport, TX 77542

MAIN: (979) 233-3826
FAX: (979) 233-3708
CITY SECTION: South
AREA SERVED: Brazoria, Ft. Bend,
Galveston & Matagorda counties;
court commitment clients
served statewide.
LEGEND: Adults, S\$, Appt/Walk-in,
Waiting list, CD, Esp

Residential treatment facility for both men and women age 18 and up who are indigent with serious substance abuse problems. This is the only facility in Brazoria County that accepts female clients for residential treatment.

El personal incluye a consejeros hispanohablantes.

BREAD OF LIFE
1703 Gray Street
Houston, TX 77003

MAIN: (713) 650-0595
FAX: (713) 650-0597
WEB: www.stjohnsdowntown.org/bread2.htm

CITY SECTION: Central
NEIGHBORHOOD: Downtown
LEGEND: Adults, Appt/Walk-ins,
Free, Lim

**C.O.P.E. Team
(Counseling, Outreach,
Prevention and Education)**
HIV prevention and education; focus groups; limited HIV testing (per grant guidelines); health education and risk reduction; case management; mental health counseling; food fair on Wednesdays; clothes closet; shower and laundry facilities for the homeless; emergency mortgage/rent and utility assistance to prevent homelessness.

**BRENTWOOD
COMMUNITY FOUNDATION**
13033 1/2 Landmark Street
Houston, TX 77045

MAIN: (713) 852-2550
FAX: (713) 852-2559
WEB: www.brentwoodfoundation.org

CITY SECTION: South
AREA SERVED: Chambers, Ft Bend,
Harris, Montgomery, Liberty
& Waller counties.
LEGEND: All, Appt/Walk-ins, Free,
HIV+ only, CD, Food vouchers

**Brentwood Project WAITT
(We're All In This Together)**
13101 Landmark Street
Houston, TX 77045

Food vouchers, financial assistance, transitional housing, supportive services (HOPWA). Intake 9am - 5pm.

**BRIDGE OVER TROUBLED
WATERS, INC., THE**
PO Box 3488
Pasadena, TX 77501

MAIN: (713) 472-0753
FAX: (713) 472-8759
24 HOURS: (713) 472-2801
WEB: www.thebridgeovertroubledwaters.org

CITY SECTION: Southeast
AREA SERVED: Harris County
LEGEND: W, Fam, All, Appt req, Esp

Community outreach, transitional housing, emergency shelter, family violence and sexual assault counseling and support groups, hotline, resale shop. Spanish advocate for casework available.

Emergency Shelter
Location Confidential
24 HOURS: (713) 472-2801

**BROWNING ONE
ASSISTED LIVING FACILITY**
13438 Townwood
Houston, TX 77045

MAIN: (713) 433-9800
FAX: (713) 541-2021
WEB: www.browningone.org

CITY SECTION: Central
LEGEND: M, W, S\$, Appt req

Offers a home-like environment for emotionally disturbed, aging and/or disabled men and women (18 years and older) who do not need hospitalization but require an assisted living environment offering security and privacy while encouraging independence with the assurance of assistance when needed.

**BY HIS LOVE MINISTRIES,
INC.**
2201 Tuam Avenue
Houston, TX 77004

Mailing Address:
PO Box 330624
Houston, TX 77233

MAIN: (713) 659-7161
FAX: (281) 446-5592

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
LEGEND: All, Free, Appt req, CD

Provides prevention education, spiritual counseling, food pantry, feed the homeless, referrals for HIV testing and Teaching Youth Abstinence (faith-based program).



CAGE'S MEDICAL SERVICES, INC.

11625 West Hardy Road
Houston, TX 77076

MAIN: (713) 674-5616
FAX: (713) 674-5620
TOLL FREE: (800) 417-0122

CITY SECTION: Northeast
LEGEND: All, Med, Ins, Private pay, Walk-ins, Esp

Home health aides; respite care; homemaker services; sitters.

CARE GROUP OF TEXAS

9299 Kirby Drive
Houston, TX 77054

MAIN/24 HOURS: (713) 383-2100
FAX: (713) 383-2113
INTAKE FAX: (713) 383-2122
TOLL FREE: (800) 866-1851
WEB: www.caregrp.com

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
AREA SERVED: Brazoria, Chambers, Ft. Bend, Galveston, Harris, Liberty, Montgomery & Waller counties
LEGEND: All, Med, Ins, Private pay, Workers comp, Managed care, Esp

Private duty nursing (RN & LVN), skilled nursing visit; physical, occupational and speech therapy; durable medical equipment; respiratory therapy/equipment - oxygen, ventilators, CPAP.

Pediatric skilled private duty nursing (RN & LVN), skilled nursing visits to facilitate enteral feeding and respiratory equipment discharge to home, physical therapy, speech therapy, occupational therapy, sensory integration therapy, feeding program (OT). Therapy To Grow On: Outpatient Pediatric Rehabilitation Clinic.

CAREER AND RECOVERY RESOURCES, INC.

2525 San Jacinto
Houston, TX 77002

MAIN: (713) 754-7000
TTY: (713) 754-7047
FAX: (713) 754-7068

WEB: www.careerandrecovery.org
CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: HIV/STD testing in zips: 77020, 77026, 77093
LEGEND: M, W, Free, Appt/Walk-ins, CD

Substance abuse counseling; employment services; HIV/STD testing; services for the Deaf and hard-of-hearing (GED and job placement).

CARING EXPERIENCE, THE

2701 West Main
Baytown, TX 77520

MAIN: (281) 422-3537
FAX: (281) 428-2754

CITY SECTION: East
AREA SERVED: Baytown, Crosby, Highlands, Channelview, LaPorte & Deer Park.
LEGEND: All, Free, Appt Req, HIV+ only, Call for intake

Volunteer Outreach Services

Active since 1987, The Caring Experience provides home support for local PLWHIA and their families. Includes housekeeping, cooking, shopping, limited transportation, hospital visitation, unskilled bedside care, emergency food pantry and other reasonable needs. Services offered mostly in the evenings.

CARING HEALTH SERVICES

2440 Texas Parkway, Suite 2130
Missouri City, TX 77489

MAIN: (281) 261-8111
FAX: (281) 261-8109

CITY SECTION: Southeast
AREA SERVED: Brazoria, Ft. Bend, Harris, Galveston & Montgomery counties
LEGEND: All, Med, Private pay, Ins, Walk-ins, Esp

Services offered: Assessment, education, diabetic education and care, wound care and dressing change, catheter care, colostomy care, infusion therapy, cardiopulmonary, orthopedic, physical/occupational/speech therapy, medical supplies. Professional staff includes RN, LVNs and home health aides.

Servicios ofrecidos: evaluación, educación, cuidado e información sobre la diabetes, cuidado y cambio de gaza de heridas, cuidado de catéter,

terapia de infusión, cardiopulmonar, ortopédico, terapia física/ocupacional/del habla, provisiones médica. El personal incluye enfermeras y asistentes de la salud en el domicilio.

CASA DE ESPERANZA DE LOS NIÑOS, INC.

Location Confidential

Mailing Address:
PO Box 66581
Houston, TX 77266

MAIN: (713) 529-0639
FAX: (713) 529-9179
INTAKE: (713) 741-8868

WEB: www.casahope.org
LEGEND: C, Free, Esp

Foster care for children ages 6 and younger. Specialized medical, psychological and developmental services. Case management for parents of children in care.

Cuidado adoptivo de niños menores de 6 años de edad. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para los padres de niños bajo cuidado.

CATHOLIC CHARITIES AIDS MINISTRY

2900 Louisiana
Houston, TX 77006

Mailing Address:
PO Box 66508
Houston, TX 77266

MAIN: (713) 526-4611
FAX: (713) 524-1904
INTAKE: (713) 874-6624
WEB: www.catholiccharities.org

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: Austin, Brazoria, Ft. Bend, Galveston, Grimes, Harris, Montgomery, San Jacinto, Walker & Waller counties.
LEGEND: All, Free, Walk-ins, HIV+ only, Esp

Holistic Case Management of HIV+ persons, financial assistance and rental deposit, social support, counseling, education and prevention, funeral assistance and spiritual support.

Administración completa de casos para personas con el VIH, ayuda financiera incluyendo depósito para la renta, apoyo social, consejería, educación y prevención, asistencia financiera para servicios fúnebres y apoyo espiritual.

CENIKOR FOUNDATION, INC.

4525 Glenwood Avenue
Deer Park, TX 77536

MAIN: (281) 476-0088
FAX: (281) 476-5581
TOLL FREE: (800) 299-3733
WEB: www.cenikor.org

CITY SECTION: Southeast
LEGEND: M, W, Free, Walk-ins, CD

Long term drug and alcohol behavior modification program (1.5 - 2 years).

Programa de largo plazo para la modificación del comportamiento en el uso de alcohol y drogas (1.5 - 2 años).

CENTER FOR AIDS, THE ADVOCACY AND INFORMATION

1407 Hawthorne
Houston, TX 77006

MAIN: (713) 527-8219
FAX: (713) 521-3679
TOLL FREE: (888) 341-1788
WEB: www.centerforaids.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: All, Free, Esp

One-on-one treatment consultations for HIV+ individuals; group presentations/updates about HIV/AIDS treatment, clinical trials, side effects and toxicities of HIV meds, referrals to services, patient newsletter, HIV Treatment ALERTS!, treatment and research information center.

Boletín informativo que incluye tratamientos para pacientes en español, presentaciones a grupos incluyendo a hispanohablantes monolingües sobre tratamientos relacionados con el VIH.

CENTER FOR CLINICAL STUDIES

Main Office
2060 Space Park Drive
Houston, TX 77058

MAIN: (281) 333-2288
FAX: (281) 335-4605
TOLL FREE: (800) 713-2288
WEB: www.ccstexas.com

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
LEGEND: M, W, Appt req,
No cost to patient

CENTER FOR CLINICAL STUDIES

6655 Travis, Suite 820
Houston, TX 77030

MAIN: (713) 528-8818
FAX: (713) 528-8848

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: M, W, Appt req,
No cost to patient, Esp

Dermatology private practice, clinical trials and STD testing.

Investigational HIV Prevention Vaccine: Seeking homosexual/bisexual males 18-45 at high risk for HIV or with HIV+ partner and also high-risk women. Free HIV screening tests and travel reimbursement.

CENTERPOINTE COUNSELING SERVICES, INC.

4702 LaBranch
Houston, TX 77004

MAIN: (713) 528-7007
FAX: (713) 529-5965

CITY SECTION: Central
NEIGHBORHOOD: Midtown
LEGEND: M, W, Y, C (6 - 12),
Fam, CD, S\$, Med, Appt req
Refocus Substance Abuse Pgm
(Level III & IV)

Centerpointe Family Counseling

Individual, family and group therapy and substance abuse treatment services. Current programs include: Family Therapy Program; Refocus Substance Abuse Program; Anger Management Program for adults; and Centerquest Anger Management Program for youth.

CHAMBERS COUNTY HEALTH DEPARTMENT

1204 Stowell Street
Anahuac, TX 77514

Mailing Address:
PO Box 670
Anahuac, TX 77514

MAIN: (409) 267-8356
FAX: (409) 267-4276
WEB: www.co.chambers.tx.us

CITY SECTION: East
AREA SERVED: Chambers County
LEGEND: All, Walk-ins, Esp

HIV referrals; STD and TB testing and treatment; immunizations; family planning; children's health insurance plan; WIC.

CHAMBERS COUNTY INDIGENT HEALTH CARE

404 Washington Avenue
Anahuac, TX 77514

Mailing Address:
PO Box 489
Anahuac, TX 77514

MAIN: (409) 267-8306
FAX: (409) 267-6488

CITY SECTION: East
AREA SERVED: Chambers County
LEGEND: All Health care, social services and Section 8 housing.

CHRISTIAN COMMUNITY SERVICE CENTER (CCSC)

3230 Mercer
Houston, TX 77027-7924

Mailing Address:
PO Box 27924
Houston, TX 77227-7924

MAIN: (713) 961-3993
FAX: (713) 961-1548
WEB: www.ccschouston.com

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza

Emergency Services

3434 Branard Street
Houston, TX 77027

MAIN: (713) 871-9741
FAX: (713) 993-0230

AREA SERVED: Serves zips: 77002,
03, 04, 05, 06, 07, 11, 19, 20,
21, 23, 25, 26, 27, 30, 46,
56, 57, 81, 96, 98, 77401.

LEGEND: M, W, All, Free, Esp,
First come-first served,
Walk-ins, Proof of crisis

Food, clothing and financial assistance (rent, utilities, prescriptions) for individuals/families in crisis; referrals to other service providers. 10am-2pm, M-F; 9am - 12pm, Sat.

Jingle Bell Express

Location confidential

MAIN: (713) 961-3282
LEGEND: All

Provides holiday assistance - parents select new toys and books and the family receives a food package for their holiday meal. Registration takes place annually during the first week of October. Call for more information.

JobNet

3230 Mercer
Houston, TX 77027

MAIN: (713) 626-8320
FAX: (713) 626-8334
LEGEND: M, W, S\$, Appt req

JobNet assists unemployed/under-employed clients with job search. Employment coaches help clients to identify job leads and build skills. Computer classes and career-related clothing items offered.

Operation Sunshine Meals

3230 Mercer
Houston, TX 77027

MAIN: (713) 961-3993
AREA SERVED: Serves zip: 77005,
77006, 77027, 77046, 77056,
77057, 77081, 77098, 77401.
Limited delivery in zip:
77019, 77025, 77030.
LEGEND: M, W, All, S\$, Appt req

Home delivered lunches for health-impaired individuals. No age restriction for service. Certain individuals may qualify for monthly grocery delivery service.

Sunshine Resale Shop

5407 Bellaire Boulevard
Bellaire, TX 77401

MAIN: (713) 665-4000
CITY SECTION: Southwest
LEGEND: All, Walk-ins

A thrift store that sells gently used clothing and household items at below retail prices. Proceeds go to CCSC for varied social service programs assisting the poor.

CITYWIDE HOME HEALTH SERVICES, INC.

4009 Bellaire Boulevard, Suite E
Houston, TX 77025

MAIN/FAX: (713) 660-6671
CITY SECTION: Central
NEIGHBORHOOD: Bellaire
LEGEND: M, W, Fam, Med

Home health skilled nursing, physical therapy, occupational therapy and medical equipment.

CLAUDE'S PHARMACY

5740 West Little York
Houston, TX 77091

MAIN: (281) 447-7648
FAX: (281) 447-7740

CITY SECTION: Northwest
NEIGHBORHOOD: Acres Home
LEGEND: M, W, Med, Walk-in, Esp
Pharmacy and medical equipment. Delivery service available - please call for details.

Equipo médico y farmacéutico. Servicio de envío disponible - por favor llame para más detalles.

COLORADO VALLEY TRANSIT

108 Cardinal Lane
Columbus, TX 78934

Mailing Address:
PO Box 940
Columbus, TX 78934

MAIN: (979) 732-6281
FAX: (979) 732-6283
TOLL FREE: (800) 548-1068
WEB: www.gotransit.org

CITY SECTION: West
AREA SERVED: Austin, Colorado,
Waller & Wharton counties
LEGEND: All, Flat fee, Esp

Transportation in service area without restrictions. Provide both on demand responsive and deviated route service.

COLT 45'S, THE AIDS Trouble Fund

PO Box 66804
Houston, TX 77266-6804

24 HOURS: (713) 526-6077
WEB: www.colt45s.org

CITY SECTION: Central
LEGEND: All, Free, HIV+ only,
Application req

Provides rental and utility financial assistance to qualified applicants.

COMBINED COMMUNITY ACTION

165 West Austin
Giddings, TX 78942

MAIN: (979) 540-2980
FAX: (979) 542-9565
TOLL FREE: (800) 688-9065
SR NUTRITION: (979) 540-2990
SR HOMEMAKER: (979) 540-2993
SR HOUSING: (979) 540-2991
UTILITY /SECTION 8: (979) 540-2986
HOUSING REPAIRS: (979) 540-2984
EMERG FINANCIAL: (979) 540-2987
WEB: www.ccaction.com

CITY SECTION: Northwest
AREA SERVED: Austin, Bastrop,
Blanco, Caldwell, Colorado,

Fayette, Ft. Bend, Hays, Lee
& Williamson counties

LEGEND: M, W, Fam, Free, Appt/
Walk-ins, Lim, Private pay,
Donations encouraged

Housing preservation, nutrition and homemaker services for seniors; affordable housing; utility assistance; weatherization; emergency assistance; section 8 housing. Not all services available in all counties.

COMMUNITY ENDOWMENT FOUNDATION (CEF)

2516 Mandell Street, #6
Houston, TX 77006

MAIN: (713) 528-0037
FAX: (713) 520-5646

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: M, W, S\$, HIV+ only
Appt req

Swehla House

Owns and operates a 12 unit efficiency apartment complex (permanent housing) for single persons with HIV/AIDS. Vacancies are only advertised through case managers. Tenants must have a source of income, as CEF does not provide financial assistance. Rent is based on a percentage of income. Intake by appointment only.

COMPASS

(See Houston Compass, Inc.)

COMPASSIONATE BROTHERS MINISTRY

Houston Public Library
4100 Montrose Boulevard
Houston, TX 77006

Mailing Address:
PO Box 667054
Houston, TX 77266-7054

MAIN/FAX: (713) 523-8192
CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: All, Free, CD

HIV/AIDS life support group ministry providing hospital and hospice visitation ministry, community outreach ministry, 24 hour referrals, prayer ministry, home visits and our ongoing Baskets of Hope project. Monthly meetings and events, please call for program/meeting information.

CORDER PLACE APARTMENTS

7210 Peerless
Houston, TX 77021-3130

MAIN: (713) 741-4070
FAX: (713) 440-6549

CITY SECTION: Central
NEIGHBORHOOD: OST/South Union
LEGEND: Adults, Fam, Walk-ins,
HIV+ only, Homeless, Esp

Long-term housing and life skills program for homeless families with at least one child under 18 years. Intake: 10am - 4pm.

Vivienda a largo plazo y programas de capacitación para familias con al menos un niño/a menor de 18 años. Cita inicial disponible de 10:00 am - 4:00 pm.

COUNCIL ON ALCOHOL AND DRUGS HOUSTON, THE

303 Jackson Hill
Houston, TX 77007

MAIN: (713) 942-4100
FAX: (713) 400-6684
TOLL FREE: (877) 777-8829
WEB: www.council-houston.org

CITY SECTION: Central
NEIGHBORHOOD: Mem
Park/Washington
LEGEND: CD, M, W, Fam, All,
Walk-ins (Appt pref), S\$, Esp

Assessment & Counseling Svcs

Substance abuse evaluation, counseling and referral, prevention and intervention for children, adolescents and adults. Education classes for adolescents and adults.

Evaluación, consejería y servicio de referencia para personas con dependencia de sustancias; prevención e intervención para niñas/os, adolescentes y adultos. Clases educativas para adultos y adolescentes.

COVENANT HOUSE TEXAS

1111 Lovett Boulevard
Houston, TX 77006

MAIN: (713) 523-2231
FAX: (713) 523-6904
TTY: (800) 999-9915
24 HOURS: (800) 999-9999
WEB: www.covenanthousetx.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: Y (13 - 21), Free, Esp,
Walk-ins, Parenting/pregnant
moms under 21

An emergency crisis shelter for runaway, homeless and 'throwaway' kids under the age of 21 years. Immediate assistance is provided in the form of shelter, food, clothing and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; street outreach and runaway prevention and transitional living programs; speakers bureau.

Un refugio de emergencia para adolescentes que huyen de sus casas, son echados o no tienen donde vivir. Se provee atención inmediata ofreciendo refugio, alimento, vestimenta y evaluación y servicios para la salud, incluyendo tratamientos de malestares leves, asesoramiento familiar, de salud mental y abuso de sustancias; entrenamiento educacional, vocacional y ayuda en la búsqueda de empleo, clases para la capacitación de padres; alcance educacional y prevención de la huida de la casa y programas de vivienda transitoria.

CREMATION SERVICE INTERNATIONAL

5601 Arlington
Houston, TX 77076-4526

MAIN: (713) 692-5555
FAX: (713) 692-0947
TOLL FREE: (800) 842-2132
WEB: www.arlingtonnational.com

CITY SECTION: North
NEIGHBORHOOD: Northside
LEGEND: All, Walk-ins

Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available.

CRISIS INTERVENTION OF HOUSTON

3015 Richmond Avenue, Suite 120
Houston, TX 77098

MAIN: (713) 527-9864
ESPAÑOL: (713) 472-9832
FAX: (713) 527-0435
24 HOURS: (713) 468-5463
WEB: www.crisishotline.org
LEGEND: All, Esp

24-hour crisis hotline.

Línea telefónica disponible las 24 horas del día para llamadas de emergencia o crisis.

CVS/PHARMACY #6741 (Formerly Eckerd Drugs)

910 West Davis Street
Conroe, Texas 77305

MAIN: (936) 539-1849
FAX: (936) 539-6589
WEB: www.cvs.com

CITY SECTION: North
LEGEND: All

ADAP pharmacy, open 24-hours.

CYPRESS ASSISTANCE MINISTRIES

11202 Huffmeister
Houston, TX 77065

MAIN: (281) 955-7684
FAX: (281) 955-7695

CITY SECTION: Northwest
NEIGHBORHOOD: Cy-Fair
AREA SERVED: Zip codes: 77065,
77429, 77433, 77447, 77484

LEGEND: M, W, Fam, Appt req, Esp
Assistance with food, rent, electricity, clothing, household items; ESL classes.

Asistencia con alimentos, pago de renta y electricidad, vestimenta, artículos para la casa; clases de inglés.

CYPRESS CREEK HOSPITAL

17750 Cali Drive
Houston, TX 77090

MAIN: (281) 586-7600
FAX: (281) 586-5925

CITY SECTION: North
NEIGHBORHOOD: Bammel
LEGEND: Ages 13 & up, Med,
Private pay/Ins, Walk-ins, CD, Esp

Provides inpatient, partial day and outpatient services for adolescents and adults. Specialize in working with individuals who have mental health and/or substance abuse problems. 24-hour fully staffed assessment/admissions area; case management and discharge planning services are also provided.



DAPA FAMILY RECOVERY PROGRAM

6260 Westpark Drive, Suite 150
Houston, TX 77057

MAIN: (713) 783-8889
FAX: (713) 783-0499
TOLL FREE: (800) 828-3272
WEB: www.thedapaway.com

CITY SECTION: Southwest
NEIGHBORHOOD: Woodlake/Briar
Meadow
LEGEND: M, W, Fam, CD, I/RR

Acute Inpatient Program (AIP)

For patients requiring short to moderate hospitalization due to severe psychiatric disorders or substance abuse or both. AIP treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies, family therapy, individual therapy and initiation or stabilization of psychiatric medications. This program is administered at DAPA-affiliated hospitals in the Houston area. Adults, children and geriatric patients are treated in separate units for each age group.

Intensive Outpatient Program (IOP)

A three-phase addition recovery program lasting one year and consisting of an intensive phase, an intermediate phase and continued care maintenance phase. IOP gives the chemical dependent or dual disorder (chemical dependency and a major psychiatric disorder) patient - and the patient's family - a highly effective psycho-educational and counseling program administered while the patient continues to live at home and work.

Partial Hospital Program (PHP)

An intensive day program conducted five to six days per week and administered at the facilities of DAPA Community Mental Health Clinic. Treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies and family

therapy. All groups are small (no more than 10) and each patient is placed in a group that closely matches their condition. Patients enter this program with or without prior hospitalization and it is the most frequently used of DAPA's treatment programs.

DEPARTMENT OF ASSISTIVE & REHABILITATIVE SERVICES

4900 North Lamar Blvd.
Austin, TX 78751

MAIN: (800) 628-5115
WEB: www.dars.state.tx.us

Houston Regional Office

6220 Westpark, Suite 110
Houston, TX 77057

MAIN: (713) 735-3470
CITY SECTION: Southwest
NEIGHBORHOOD: Woodlake/Briar
Meadow
LEGEND: All, Free, Disabled

The DARS Division for Rehabilitation Services is designated as the state's principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The Division's main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services through a variety of programs.

DEPARTMENT OF ASSISTIVE & REHABILITATIVE SERVICES - BLIND DIVISION

(Formerly Texas Commission for the Blind)

Houston Regional Office
Heights Medical Tower
427 W 20th Street, Suite 407
Houston, TX 77008

MAIN: (713) 880-0721
FAX: (713) 880-9209
TOLL FREE: (800) 687-7028
WEB: www.dars.state.tx.us

CITY SECTION: Central
NEIGHBORHOOD: Heights
AREA SERVED: Harris County
LEGEND: All, Appt/Walk-ins

Independent living skills for the blind to help people with visual impairments remain at work; also provides training for returning to work.

DEPARTMENT OF STATE HEALTH SERVICES (Formerly Texas Department of Health)

1100 West 49th Street
Austin, TX 78756-3199

MAIN: (512) 458-7111
FAX: (512) 458-7708
WEB: www.dshs.state.tx.us

AREA SERVED: Statewide
LEGEND: C, Y, Free

Children with Special Health Care Needs (CSHCN)

5425 Polk Avenue, Suite J
Houston, TX 77023-1497

MAIN: (713) 767-3111
FAX: (713) 767-3125
TOLL FREE: (800) 252-8023

Services to children with extraordinary medical needs, disabilities, and chronic health conditions. The program's health care benefits include payments for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other third party payors. The program also contracts with agencies throughout the state to provide an array of clinical and support services to children with special health care needs and their families. The program also assists children and their families by supporting case management at DSHS regional offices throughout Texas. Children are served from birth until their 21st birthday.

Clinical Services - Bellville

800 E. Wendt Street
Bellville, TX 77418

MAIN: (979) 865-5211
FAX: (979) 865-5274
TOLL FREE: (888) 456-7115
CITY SECTION: West
LEGEND: Not specified

Clinical Services - Columbus

514 Washington
Columbus, TX 78934

MAIN: (979) 732-3662
FAX: (979) 732-6417
TOLL FREE: (888) 456-7114
CITY SECTION: West
LEGEND: Not specified

HIV MEDICATION PROGRAM (ADAP)

TOLL FREE: (800) 255-1090
AREA SERVED: Statewide
LEGEND: Free, **HIV+ only**,
Restrictions apply

The Department of State Health Services Texas HIV Medication Program (THMP) is the official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP has been in existence since 1987 and provides medications approved by the FDA for the treatment of illnesses caused by HIV and other opportunistic infections in HIV-infected individuals as prescribed by their doctor. The THMP currently supplies 40 different medications in more than 90 strengths and formulations and is operated through a network of participating pharmacies, local health departments and public health clinics.

El Programa de Medicamentos para el VIH del Departamento de Servicios de Salud del Estado de Texas (THMP) es el programa oficial de la Asistencia de Medicamentos para el SIDA en Texas (ADAP). THMP fue creado en el año 1987 y provee medicamentos, aprobados por FDA (la Administración Federal de Drogas) y autorizados por médicos para el tratamiento de enfermedades causadas por el VIH y otras infecciones oportunistas. Actualmente, THMP provee 40 diferentes medicamentos en más de 90 formulaciones, y opera a través de una red de farmacias, departamentos locales de salud, y clínicas públicas de salud.

Star Health Plan Helpline

MAIN: (800) 964-2777
TTY: (800) 267-5008
AREA SERVED: Statewide

Helpline for information about the Star plan. Have your Medicaid ID number or Social Security number ready when you call.

DEPARTMENT OF STATE HEALTH SERVICES, PUBLIC REGION 6/5 SOUTH

5425 Polk Avenue, Suite J
Houston, TX 77023-1497

MAIN: (713) 767-3420
FAX: (713) 767-3425
TTY: (800) 252-8012
24 HOURS: (800) 299-2437

WEB: www.dshs.state.tx.us
CITY SECTION: Central
NEIGHBORHOOD: Lawndale
AREA SERVED: Austin, Brazoria,
Chambers, Colorado,
Ft. Bend, Galveston, Harris,
Liberty, Montgomery,
Waller & Walker counties.

Services provided by the HIV/STD Program include notifications and referral of persons infected with a sexually transmitted disease, including HIV, to providers for evaluation, treatment and case management.

DEPELCHIN CHILDREN'S CENTER

4950 Memorial Drive
Houston, TX 77007

MAIN/INTAKE: (713) 730-2335
FAX: (713) 802-3801
TOLL FREE: (888) 730-2335
WEB: www.depelchin.org

CITY SECTION: Central
NEIGHBORHOOD: MemPark/
Washington
LEGEND: C, Y (ages 13 - 18), S\$,
Med, Ins, CHIP, Appt req

Individual, family and group therapy for children, adolescents and their families.

DePelchin Children's Center

1300-A Bay Area Boulevard
Houston, TX 77058

MAIN: (281) 282-6062
CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA

Behavior and mental health counseling.

DePelchin Children's Center

8575 Pitner
Houston, TX 77080

MAIN: (713) 462-9490
CITY SECTION: Northwest
NEIGHBORHOOD: Langwood

Family counseling & parent education.

DePelchin Children's Center

1610 James Bowie Drive, Ste A111
Baytown, TX 77520

MAIN: (281) 427-1300
CITY SECTION: East

Behavior and mental health counseling.

DePelchin Children's Center

531 FM 359 South
Brookshire, TX 77423

MAIN: (281) 261-0083
CITY SECTION: West
Home-based child and family counseling.

DePelchin Children's Center

10435 Greenbough
Stafford, TX 77477

MAIN: (281) 261-0083
CITY SECTION: Southwest

Behavioral and mental health counseling.

DePelchin Children's Center

1600 Lake Front Circle
The Woodlands, TX 77380

MAIN: (281) 367-7707
CITY SECTION: North

Behavioral and mental health counseling.

DESIGN INDUSTRIES FOUNDATION FIGHTING AIDS (DIFFA)

Mailing Address:
PO Box 131605
Houston, TX 77219

MAIN: (713) 528-0505
FAX: (713) 528-4336
WEB: www.diffa.org

Nonprofit organization that raises money for the fight against AIDS through creative special events and fund raising activities; DIFFA Houston has granted over \$2.8 million to local HIV/AIDS service organizations that provide treatment or direct care, preventive education and outreach to people who are HIV+, living with AIDS or at risk of infection. Grants are not available to individuals.

DIGNITY MEMORIAL FUNERAL, CREMATION AND CEMETERIES

24 HOURS: 1-800-DIGNITY
WEB: www.dignitymemorial.com

CITY SECTION: All
Funerals, cremation and burials. 24 locations throughout Houston and the surrounding area. Interactive website locates nearest facility.

Provee servicios fúnebres, cremación y sepultura. 24 localidades en Houston y su alrededor. A través del sitio web, infórmese de la localidad más cercana a Ud.

DONALD R. WATKINS MEMORIAL FOUNDATION, INC.

4900 Fannin Street
Houston, TX 77004

MAIN: (713) 528-1748
FAX: (713) 528-7285
TOLL FREE: (800) 580-6939
WEB: www.josephgathe.com

CITY SECTION: Central
NEIGHBORHOOD: Museum District
LEGEND: Adults, I/RR, **HIV+ only**,
Free, Appt/ Walk-ins, Esp

Outpatient Primary Care: Holistic approach to healthcare, providing mental, social and case management services to newly and long term diagnosed HIV clients; network and referral to other healthcare teams throughout the Houston EMA; Support groups; individual and group level peer counseling; case management; education programs; prevention CTRPNIE and HE/RR; HIV testing and counseling; clinical trials and treatment information in Spanish.

Cuidado primario para el paciente externo: Enfoque completo para el cuidado de la salud, proveyendo servicios para la salud mental, social y administración de casos para los clientes recientemente diagnosticados con el VIH y de largo plazo; referencias a otros servicios de la salud en Houston; grupos de apoyo, consejería individual y de grupo; programas educacionales; prevención de CTRPNIE y HE/RR; análisis y consejería del VIH; pruebas clínicas e información de tratamientos en español.

DONALD R. WATKINS MEMORIAL FOUNDATION, INC.

222 North 6th Street
Conroe, TX 77305

MAIN: (936) 494-0400
FAX: (936) 494-0404
TOLL FREE: (866) 379-6327

CITY SECTION: North
LEGEND: Adults, **HIV+ only**,
Free, Med, Appt req, Esp

Outpatient Primary Care: Holistic approach to healthcare, providing mental, social and case management services to newly and long term diagnosed HIV clients; network and referral to other healthcare teams throughout the Houston EMA.

Cuidado primario para el paciente externo: Enfoque completo del cuidado de la salud, servicios de salud mental y social, y administración de casos para los clientes recientemente diagnosticados con el VIH y de largo plazo; contactos y referencias a otros servicios de la salud en Houston.



EAST FT. BEND HUMAN NEEDS MINISTRY, INC.

425 Stafford Run
Stafford, TX 77477

Mailing Address:
PO Box 1611
Stafford, TX 77497-1611

MAIN: (281) 261-1006
FAX: (281) 261-0986
WEB: www.humanneeds.org

CITY SECTION: Southwest
AREA SERVED: Zips: 77477, 77478,
77479, 77459, 77489, 77585,
77545, 77053, 77083, 77085, 77099
LEGEND: M, W, Fam, All, Free,
Walk-ins

Full service food pantry, financial assistance (by appt only), August school supply program, monthly Food Fair program, Thanksgiving and Christmas food baskets, Tri-Cities Churches resale shop, referral info available. Must show proof of address and social security card(s).

ELEOS CENTERS, INC.

5326 West Bellfort, Suite 118
Houston, TX 77035

MAIN: (713) 721-1336
FAX: (713) 721-1343
ALTERNATE: (832) 752-3137
WEB: www.eleoscenters.org

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
LEGEND: M, W, S\$, Flat fee, Appt/
Walk-ins, Esp

HIV/AIDS prevention and intervention, marriage and pre-marriage counseling, HIV+ support group.

Prevención e intervención del VIH/SIDA, asesoramiento marital y premarital, grupo de apoyo para personas con el VIH.

EXCEL DIAGNOSTICS, LTD.

9701 Richmond Avenue, Suite 122
Houston, TX 77042

MAIN: (713) 781-6200
FAX: (713) 781-6206
WEB: www.exceldiagnostics.com

CITY SECTION: West
NEIGHBORHOOD: Westlake
LEGEND: All, Med, Flat fee,
Appt req, Esp

MRI; CT scan; ultrasound and doppler studies; bone mineral density; all diagnostic and therapeutic nuclear medicine procedures.

Se ofrece MRI, CT scan, estudios de ultrasonido y doppler, análisis de la densidad del mineral del hueso; procedimientos terapéuticos de diagnóstico y medicina nuclear.



FAIR HAVEN FOOD PANTRY

1330 Gessner, Bldg. 9
Houston, TX 77055

MAIN: (713) 467-4363
FAX: (713) 468-1538

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: Zips: 77024, 77027,
77041 (Carverdale), 77043,
77055, 77056, 77079, 77080.
LEGEND: M, W, Fam, Free, Walk-
ins, Halfway house residents

Provide staple food items (limited number of times). Must show proof of address and picture ID.

FAMILIES UNDER URBAN AND SOCIAL ATTACK (FUUSA)

3353 Elgin Street
Houston, TX 77004-3551

MAIN: (713) 651-1470
FAX: (713) 651-8045
WEB: www.fuusa.org

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
LEGEND: M, W, Y, Fam, Free,
Appt req, CD

FUUSA was originally founded as an alcohol and drug prevention/intervention and outpatient treatment program. Services provided include

mental health services for persons living with HIV/AIDS (Individual, group and family counseling); residential and outpatient substance abuse treatment for adolescents ages 12-17 and their families; abstinence education; children's health insurance program (CHIP).

FAMILY SERVICES OF GREATER HOUSTON

Administration Office

3815 Montrose Boulevard, Ste 200
Houston, TX 77006

MAIN: (713) 868-4466
INTAKE: (713) 861-4849
FAX: (713) 861-4021
TOLL FREE: (888) 247-3810
WEB: www.familyservices.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: All, Free, Walk-ins, Esp

Case management (untargeted and rural); outreach (rural), mental health counseling (untargeted and Hispanic), and HIV education (provided at agency locations, client homes or where needed).

Administración de casos (a población no específica y rural); alcance (rural), consejería de la salud mental (a población no específica e hispana), y educación sobre el VIH (proveída en las diferentes localidades de la agencia, en el domicilio del cliente o donde sea necesaria).

Bay Area District Office

1300 Bay Area Boulevard, Ste 230
Houston, TX 77058

INTAKE: (713) 861-4849
MAIN: (281) 282-6045

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
LEGEND: All, Free, Walk-ins, Esp

Baytown District Office

4501 North Main
Baytown, TX 77521

INTAKE: (713) 861-4849
MAIN: (832) 556-8756

CITY SECTION: East
LEGEND: All, Free, Walk-ins, Esp

Central Office

4625 Lillian Street
Houston, TX 77007

INTAKE/MAIN: (713) 861-4849
FAX: (713) 861-4021

NEIGHBORHOOD: Mem Park/
Washington
AREA SERVED: Chambers, Harris,
Ft Bend, Liberty, Montgomery
& Waller counties
LEGEND: All, Free, Walk-ins,
HIV+ only, Esp

Ft. Bend County Office

United Way Service Center
10435 Greenbough, Bldg 2, #200
Stafford, TX 77477

INTAKE: (713) 861-4849
MAIN: (281) 207-2440
FAX: (281) 207-2441

CITY SECTION: Southwest
AREA SERVED: Ft. Bend, Waller
Counties & outside Beltway 8
LEGEND: All, I/RR, Free, Walk-
ins, **HIV+ only**, Esp

Montgomery County Office

United Way Service Center
1600 Lake Front Circle, Ste 218
The Woodlands, TX 77380

INTAKE: (713) 861-4849
MAIN: (888) 844-6289
FAX: (281) 364-1827

CITY SECTION: North
AREA SERVED: Montgomery,
Chambers, Liberty counties
& outside Beltway 8
LEGEND: All, I/RR, Free, Walk-
ins, **HIV+ only**, Esp

Waller County Office

531 FM 359 South
Brookshire, TX 77423

INTAKE: (713) 861-4849
MAIN: (281) 375-5110

CITY SECTION: West
LEGEND: All, Walk-ins, Free, Esp

FAMILYTIME FOUNDATION

101 Main Street
Humble, TX 77338

MAIN/24 HOURS: (281) 446-2615
FAX: (281) 446-3691
WEB: www.familytimefoundation.org

CITY SECTION: North
AREA SERVED: Harris, Liberty &
E. Montgomery counties
LEGEND: All, Free, S\$, Appt req
(Walk ins-crisis only)

The main focus is helping victims of a crime. Shelter for women and children fleeing domestic violence; 24 hour hotline; free counseling for vic-

tims of crime; sliding scale fee for counseling of individual, family and marriage therapy (counseling only, no medication). Does not offer counseling for the severely mentally ill.

El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para las mujeres y los niños en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.

FORT BEND COUNTY CLINICAL HEALTH SERVICES

4520 Reading Road, Suite A
Rosenberg, TX 77471

MAIN: (281) 342-6414
FAX: (281) 342-7371
WEB: www.co.fort-bend.tx.us

CITY SECTION: Southwest
LEGEND: All, Appt req, Esp

HIV testing with pre and post test counseling; immunizations (schedule of clinics available); tuberculosis control; blood sugar and blood pressure screening; disease surveillance.

FORT BEND COUNTY WOMEN'S CENTER

1002 Wilson Drive
Rosenberg, TX 77471

MAIN: (281) 342-0251
FAX: (281) 342-9248
TOLL FREE: (888) 427-3650
INTAKE/24 HOURS: (281) 342-4357
WEB: www.fortbendwomenscenter.org

CITY SECTION: Southwest
LEGEND: M, W, Y, Fam, Free,
Appt/Walk-ins, Esp

Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and educational outreach.

Ayuda para los adultos y sus niños sobrevivientes del abuso doméstico y el abuso sexual ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y alcance educacional.

FORT BEND FAMILY HEALTH CENTER - HAWC CLINIC

Prairie View A & M
Owens Franklin Health Center
Evans and Baker Street, 2nd Floor
Prairie View, TX 77446

Mailing Address:
PO Box 4269
Prairie View, TX 77446

MAIN: (936) 857-2726
FAX: (936) 857-2725
CITY SECTION: Northwest
AREA SERVED: Waller County
LEGEND: All, Appt/Walk-ins, S\$,
Med, Esp

Adult health services; well woman exams; child health services (Texas Health Steps); Immunizations.

Servicios de la salud para el adulto; exámenes para el bienestar de la mujer; servicios de la salud para los niños/as (Texas Health Steps); vacunas.

FORT BEND FAMILY HEALTH CENTER, INC.

400 Austin Street
Richmond, TX 77469

MAIN/INTAKE: (281) 342-0529,
Ext. 138 or 149
FAX: (281) 342-3832
TOLL FREE: (800) 805-9218

CITY SECTION: Southwest
AREA SERVED: Austin, Colorado,
Ft. Bend, Waller & Wharton counties
LEGEND: All, Walk-ins, S\$, Med,
Colorado Co. indigent care,
RW Title II

Ft. Bend Family Health Center (FBFHC) is a private, non-profit primary care medical facility serving over 12,000 low-income individuals and families. One of the target populations is to serve people with HIV who are from Ft. Bend, Austin, Colorado, Waller and Wharton counties.

El Centro Familiar de la Salud de Ft. Bend (FBFHC) provee cuidado médico primario a más de 12,000 personas con bajos recursos y sus familias, incluyendo a las personas con el VIH quienes residen en los condados Ft. Bend, Austin, Colorado, Waller y Wharton

HIV Program

FBFHC's HIV Program provides medical case management to HIV positive

people to ensure treatment support and individual coordination for ADAP medication program, dental and eye care, specialty care, laboratory, class A pharmacy, access to clinical trials, psychiatric and behavioral health services (onsite psychiatrist and psychotherapist), and gas cards for transportation as needed. Required for intake: picture ID, proof of address, income and HIV status.

El Programa del VIH de FBFHC provee administración médica de casos a personas con el VIH con el propósito de asegurar que el paciente reciba la ayuda necesaria al acceso de tratamientos, el programa de medicamentos ADAP, cuidado dental y óptico, cuidado de especialidades, laboratorio, farmacia, pruebas clínicas, servicios de psiquiatría y de salud conductual (psiquiatra y psicoterapeuta en la localidad), cupones para gasolina cuando sea necesario. En la cita inicial presente: cédula de identidad, comprobante de residencia, ingreso, y estado del VIH.

FROST EYE CLINIC (See Montrose Clinic)

FUNERAL CONSUMERS ALLIANCE OF HOUSTON

1504 Wirt Rd
Houston, 77055-4919

MAIN: (713) 301-8566
TOLL FREE: (888) 282-4267
EMERG (DAY): (713) 301-8566
EMERG (NIGHT): (713) 869-1076
WEB: www.funerals.org/houston

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: 100-mile radius of
Houston
LEGEND: All

Information and Education regarding requirements and options in making near-death and after-death arrangements; Consumer Protection through education, legislation and action. Forms to pre-plan your wishes regarding near-death and after-death arrangements; Speakers Bureau—we have experienced speakers available to speak to your Church, Civic, or Professional Group; "Before I Go, You Should Know" end-of-life planning kit: comes with state specific Directive to Physicians and Surrogates (Living Will) and Durable Medical Power of Attorney,

plus a fill-in-the-blanks booklet for your funeral plans; Volunteer Opportunities ~ we always need volunteers with office and computer skills as well as Board Members and Board Advisors.

FUNDACION LATINO AMERICANA CONTRA EL SIDA, INC. (FLAS, INC)

6666 Harwin Drive, Suite 370
Houston, TX 77036-2264

MAIN: (713) 772-2366
FAX: (832) 251-8121
WEB: www.flasinc.org

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: 77547, 77029
& 77587
LEGEND: All

Distribution of condoms and HIV/AIDS literature. Education and information to Hispanic youth, women, gay community and the general public; referrals for HIV services in and around the Houston area; information and education about the use of alcohol and drugs and their relationship to HIV/AIDS. We also provide emergency assistance for people living with HIV/AIDS.

Distribución de condones y de literatura sobre el VIH/SIDA. Educación e información a la juventud hispana, a las mujeres, a la comunidad homosexual y al público en general; información sobre los servicios del VIH disponibles en Houston y su alrededor; información y educación sobre el uso de alcohol, las drogas y su relación al VIH/SIDA. También proveemos asistencia de emergencia para personas con el VIH/SIDA.



GALVESTON COUNTY SOCIAL SERVICES

123 Rosenberg, Suite 4020
Galveston, TX 77550-1494

MAIN: (409) 770-5583
FAX: (409) 770-5590

CITY SECTION: Southeast
AREA SERVED: Galveston County
LEGEND: All, Fam, Free, Esp,
Walk-ins, At or below 100%
poverty, Non-smoking facility

Food vouchers; burial/cremation for indigent; housing assistance; utility assistance; prescription assistance; up to \$100 in medical vouchers once per year; transportation assistance; public assistance; referrals when needed; works with Social Security Administration to provide financial management assistance to some clients.

Cupones para alimentos; entierro/cremación para la persona indigente; asistencia para la vivienda, las utilidades, prescripciones hasta \$100 en cupones médicos por año; transportación; asistencia pública; referencias, colabora con la Administración del Seguro Social con el propósito de proveer administración financiera a algunos clientes.

Galveston County Social Services

2516 Texas Avenue
Texas City, TX 77590

MAIN: (409) 770-5803
FAX: (409) 770-5813

Food vouchers; burial/cremation for indigent; housing assistance; utility assistance; prescription assistance; up to \$100 in medical vouchers once per year; transportation assistance; public assistance; referrals when needed; works with Social Security Administration to provide financial management assistance to some clients.

Cupones para alimentos; entierro/cremación para la persona indigente; asistencia para la vivienda, las utilidades, prescripciones hasta \$100 en cupones médicos por año; transportación; asistencia pública;

ca; referencias, colabora con la Administración del Seguro Social con el propósito de proveer administración financiera a algunos clientes.

Galveston County Social Services

174 Calder Road, Suite 142
League City, TX 77573

MAIN: (281) 316-8733
FAX: (281) 316-8781

Food vouchers; burial/cremation for indigent; housing assistance; utility assistance; prescription assistance; up to \$100 in medical vouchers once per year; transportation assistance; public assistance; referrals when needed; works with Social Security Administration to provide financial management assistance to some clients.

GAY AND LESBIAN SWITCHBOARD OF HOUSTON

24 HOURS: (713) 529-3211
LEGEND: All, Free

A program of Montrose Counseling Center. 24-hour hotline for the GLBT community offering crisis counseling, HIV information, community resource information & crime survivor support.

GOOD SHEPHERD MISSION

1005 Avenue F (M.L.K.)
Huntsville, TX 77320

Mailing Address:
P. O. Box 7281
Huntsville, TX 77342

MAIN: (936) 291-8156
FAX: (936) 291-9338
THRIFT STORE: (936) 291-3311
WEB: www.walkercountyonline.com/org/mission

CITY SECTION: North
AREA SERVED: Walker County
LEGEND: All, Free, Walk-ins, CD

Counseling Center

Provides food, clothing, and temporary shelter (average of 390 beds used monthly) to indigent locals and transients by serving two hot meals daily (the mission serves over 1,000 hot meals each month), operating the local food bank (the mission provides groceries to 120 households each week), and offering two Thrift Stores for low cost shopping or vouchers for free clothing (the mission gives out over 5,000 articles of

clothing, coats, and household items each month). Free counseling is also available. Other services include providing limited prescription and travel-aid vouchers. Additionally serving as the information hub of Walker County for human services (get information online at www.walkerco-help.com). Must be able to go upstairs, no sex offenders. Not a medical or mental health facility.

GOODWILL TEMPORARY SERVICE

5200 Jensen Drive
Houston, TX 77026

MAIN: (713) 699-6724
FAX: (713) 699-6725
WEB: www.goodwillhouston.org

CITY SECTION: Central
NEIGHBORHOOD: Kashmere Gardens
LEGEND: M, W, Appt req

Employment services.

GULF COAST CENTER RECOVERY PROGRAM

123 Rosenberg, 6th floor
Galveston, TX 77550

MAIN: (409) 944-4337
FAX: (409) 944-4351

CITY SECTION: Southeast
AREA SERVED: Galveston, Brazoria & SE Harris County
LEGEND: M, W, Fam, Free, S\$,
Walk-ins, CD, **HIV+ only**

HIV Early Intervention (HEI) includes case management by Masters level LCDCs, support groups, prescription vouchers and individual counseling. Clients must be HIV+ and have a history or diagnosis of substance abuse problems.

HIV Outreach program includes community outreach, HIV testing, prevention education and materials, risk reduction and referrals.

Recovery Program provides a full continuum of available substance abuse treatment services from hospital detox, residential, outpatient and drug education programs.

Dual Diagnosis (COPSD) program provides case management for clients with co-existing mental health and substance abuse problems.

GULF COAST CENTER, THE

Administrative Office
123 Rosenberg, Suite 6
Galveston, TX 77550

Mailing Address:

PO Box 2490
Galveston, TX 77550

MAIN: (409) 763-2373
FAX: (409) 763-5538
TOLL FREE: (800) 643-0967
WEB: www.gcmhmr.com

CITY SECTION: Southeast
AREA SERVED: Brazoria &
Galveston counties
LEGEND: All, S\$, Appt req, CD, Esp

Gulf Coast Center, The

101 Brennen
Alvin, TX 77550

MAIN/24 HOURS: (800) 643-0967

CITY SECTION: South
AREA SERVED: Brazoria &
Galveston counties
LEGEND: All, S\$, Appt req, CD, Esp

Intake and referral for mental health, mental retardation and substance addiction recovery services; supported employment; supported housing; crisis intervention; respite program; transportation; homeless programs for mentally ill; children's services; community support services; HIV/AIDS outreach and testing; HEI case management; service coordination.

Evaluación y referencia para la salud mental, servicios para la persona retardada mentalmente y recuperación de la adicción de sustancias; asistencia del empleo y vivienda; intervención de crisis; asistencia al cuidador, transportation, vivienda para la persona retardada mentalmente, servicios para niños, servicios de apoyo comunitario, alcance y análisis del VIH/SIDA, administración de casos HEI, servicio de coordinación.

GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.

5000 Gulf Freeway, Bldg 1
Houston, TX 77023

Mailing Address:

PO Box 230889
Houston, TX 77223-0889

MAIN: (713) 393-4700
FAX: (713) 393-4751
WEB: www.gccsa.org

CITY SECTION: Central
NEIGHBORHOOD: Lawndale
AREA SERVED: Harris County
LEGEND: All, Free (income guidelines), Appt/Walk-ins, Esp

SERVICE LOCATIONS ARE LISTED AFTER THE PROGRAM DESCRIPTIONS.

After School Program: after school educational and recreational program for 100 students from MacArthur and Gregg Elementary schools.

Back to School Program: school supplies and clothing vouchers for low-income families to assist with the cost of necessary school items (as available).

Bus Tokens: for low-income individuals for the purpose of employment search, medical appointments and continued education.

Case Management: comprehensive case management services including assessment of need, service plan development and implementation, monitoring and advocacy. Case managers will assess the needs of the entire family and coordinate referrals to the appropriate social service agencies.

Clothes Closet: gently used clothing to low-income families and individuals.

Community Learning Center: adult courses for GED, ESL, computer literacy, word processing and conversational Spanish.

Employment Skills: job search assistance, referrals for on the job training, resume writing and job development and placement.

Food Pantry: Supplemental non-perishable food to relieve emergency and distress situations.

Head Start: federal program for children ages 3 – 5 years.

Housing Counseling: Home Buyer's class, rent/mortgage counseling, pre-purchase counseling, advocate and mediation for landlord-tenant dis-

putes, displacement and relocation resources and reverse mortgage assistance.

Individual Development Account: provides matching funds for educational expenses, starting a business or to purchase a home. All participants must attend budgeting counseling classes.

Prescription Vouchers: for low-income individuals to assist with the cost of medication (as available).

Rental/Mortgage Assistance: assistance for low-income individuals to avoid eviction.

Senior Services: home management and homemaker programs assist homebound seniors and disabled individuals to improve living conditions through such services as meal preparation, general housekeeping, grocery shopping, laundry and budgeting. The home safety and security program provides inspections of homes for safety and security hazards, installation of wheelchair ramps, carbon monoxide detectors, smoke alarms and fire extinguishers, replacement of entry doors and broken windows.

Transportation: for the elderly and disabled to medical facilities, doctor's offices and clinics.

Youth Services: Presidential Fitness Program for youth ages 10 - 16 to participate in summer activities such as swimming, basketball and tennis through the TSU National Youth Sports Program.

Asistencia con: el regreso a la escuela, fichas para el METRO, administración de casos; vestimenta de emergencia, ESL y GED, despensa de alimentos, servicios para ancianos; vivienda, desarrollo individual de ahorro, información y referencias, en la búsqueda de empleo, referencias de empleo, vales para recetas médicas, renta/hipoteca, y transportación.

Acres Home Multi Service Center

6719 West Montgomery Road
Houston, TX 77091

MAIN: (713) 692-1046
FAX: (713) 692-6050

CITY SECTION: Northwest
Monday - Friday, 8:00am - 5:00pm
Keymap location: 452C

JD Walker Multi Service Center

7613 Wade Road
Baytown, TX 77521

MAIN: (281) 426-4757
CITY SECTION: East

Monday - Thursday, 8:00am - 4:30pm
Keymap location: 460Q

Kashmere Multi Service Center

4802 Lockwood
Houston, TX 77026

MAIN: (713) 674-1301
FAX: (713) 674-0301
ALTERNATE: (713) 674-0859

CITY SECTION: Central
Monday - Friday, 8:00am - 5:00pm
Keymap location: 454Y

Magnolia Multi Service Center

7037 Capitol, Suite 106
Houston, TX 77011

MAIN: (713) 921-2960
FAX: (713) 921-4715

CITY SECTION: Central
Monday - Friday, 8:00am - 5:00pm
Keymap location: 494T

North Point Station

123 North Point, Suite 150
Houston, TX 77060

MAIN: (281) 272-1555
FAX: (281) 272-1558

CITY SECTION: North
NEIGHBORHOOD: Greenspoint
Monday - Friday, 8:00am - 5:00pm
Keymap location: 372V

South Houston

1007 State Street
South Houston, TX 77587

MAIN: (713) 378-4747
CITY SECTION: Southeast

Wednesdays only, 8:00am - 5:00pm
Keymap location: 536W

Southwest Station

9888 Bissonnet, Suite 135
Houston, TX 77036

MAIN: (713) 541-5205
FAX: (713) 541-4360

CITY SECTION: Southwest
NEIGHBORHOOD: Westwood
Monday - Friday, 8:00am - 5:00pm
Keymap location: 529V

Spring Station

27419 Nelson Road
Spring, TX 77373

MAIN: (281) 353-2439
CITY SECTION: North

Mon & Wed, 8:30am - 5:00pm
Keymap location: 292L

Sunnyside Multi Service Center

4605 Wilmington
Houston, TX 77051

MAIN: (713) 734-6553
FAX: (713) 734-6534

CITY SECTION: South
Monday - Friday, 8:00am - 5:00pm
Keymap location: 573B

Third Ward Multi Service Center

3611 Ennis, Suite 125
Houston, TX 77004

MAIN: (713) 521-9957
FAX: (713) 521-9570

CITY SECTION: Central
Tues & Thurs, 8:00am - 5:00pm
Keymap location: 533C

Tomball Station

1728 Huffsmith
Tomball, TX 77375

MAIN: (281) 357-5423
CITY SECTION: North

Mondays only, 8:30am - 5:00pm
Keymap location: 288G



HARMONY HEALTH RECOVERY CENTER

602 Girard
Houston, TX 77007

MAIN: (713) 237-1765
FAX: (713) 237-1715

CITY SECTION: Central
NEIGHBORHOOD: Mem
Park/Washington

LEGEND: M only, Free, Lim, CD,
Documented homeless & TB

Services provided: case management, day programs, respite care (up to one year), employment and training, short term housing, nutrition and wellness, social support and activities, peer counseling, 12-step programs, transportation and volunteer opportunities. Intake M-F, 10am-4pm.

Harmony House Respite Center

Services provided: case management, respite care (up to 1 year), employment, short term housing, nutrition and wellness, social support and activities, transportation, onsite medical clinic, LCDC and counseling services, laundry and food. Must be documented homeless and have referral from healthcare facility or clinic and recovering from an injury or medical illness as primary diagnosis, HIV/AIDS secondary. Must be able to care for self. Intake M-F, 10am-4pm.

HARRIS COUNTY COMMUNITY HEALTH CENTERS

Main Office
2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6000
HIV PREVENTION: (713) 439-6290
WIC: (713) 439-6145
FAX: (713) 439-6080
TTY: (713) 439-6112
24 HOURS: (713) 755-5000
WEB: www.harriscountyhealth.com

CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: Harris County
LEGEND: All, I/RR, Free,
Walk-ins (call ahead), Esp

Immunizations, nutrition counseling, health education, lead poisoning screening and prevention, child health exams (including EPSDT/TX Health Steps medical case management), treatment of sexually transmitted diseases, tuberculosis screening/contact investigation/follow-up and DOT, HIV counseling and testing, perinatal Hepatitis B case management of high risk pregnant women, infants and children, children's health insurance program (CHIP) application, dental care, WIC.

Inmunización, consejos sobre nutrición, educación para la salud, análisis de sangre y prevención del envenenamiento del plomo, examen para el bienestar del niño (incluyendo administración médica de casos de EPSTD/TX Health Steps), tratamiento de enfermedades de transmisión sexual, análisis de la tuberculosis/ investigación de contacto/ seguimiento y DOT, análisis y consejería del VIH, administración de casos para el cuidado de alto riesgo de la hepatitis B perinatal en mujeres embarazadas, infantes y niñas, aplicación al programa para el seguro de salud de los niños (CHIP), cuidado dental, programa WIC.

Antoine Community Health Center

5668 West Little York
Houston, TX 77091

MAIN/INTAKE: (281) 447-2800
FAX: (281) 447-6688
WIC: (281) 447-2888

CITY SECTION: Northwest
NEIGHBORHOOD: Inwood Forest

Baytown Community Health Center

1000 Lee Drive
Baytown, TX 77520

MAIN: (281) 427-7656
FAX: (281) 427-1785

CITY SECTION: East

Humble Community Health Center

1730 Humble Place Drive
Humble, TX 77338

MAIN: (281) 446-4222
FAX: (281) 446-9563
WIC: (281) 446-5207

CITY SECTION: North

LaPorte Community Health Center

1009 S. Broadway
LaPorte, TX 77571

INTAKE: (281) 471-4202
MAIN: (281) 471-5408
FAX: (281) 471-4263

CITY SECTION: East

SE Community Health Center

3737 Red Bluff
Pasadena, TX 77502

MAIN/INTAKE: (713) 740-5000
FAX: (713) 740-5110
WIC: (713) 534-9345

CITY SECTION: Southeast

HARRIS COUNTY HOSPITAL DISTRICT

2525 Holly Hall
Houston, TX 77054

MAIN: (713) 873-4000
FAX: (713) 873-4052
24 HOURS: (281) HIV-INFO
WEB: www.hchdonline.com/HIV
AREA SERVED: Harris County

Acres Home Health Center

818 Ringold Street
Houston, TX 77088

MAIN: (281) 448-6391

CITY SECTION: Northwest
NEIGHBORHOOD: Acres Home

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Adolescent Program

2015 Thomas Street
Houston, TX 77009

MAIN: (713) 873-4100

CITY SECTION: Central
NEIGHBORHOOD: Near Northside

LEGEND: Y, Free, S\$, Med, HIV+ only, Esp, Gold card

Outpatient primary care; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

Aldine Health Center

4755 Aldine Mail Route
Houston, TX 77039

MAIN: (281) 985-7600
FAX: (281) 985-7620

CITY SECTION: Northeast
NEIGHBORHOOD: Aldine

LEGEND: Fam, All, Free, S\$, Med, Walk-ins

HIV counseling and testing.

ASK YOUR NURSE Helpline

MAIN: (713) 663-CALL (2255)
LEGEND: All, Free, Esp

Experienced nurses available to answer questions 24 hours a day/seven days a week. They can direct you to less expensive health-care alternatives and offer practical health advice. They can help callers determine the urgency of a medical or health condition, provide referrals for substance & alcohol abuse, and provide information to assist with social needs.

Las enfermeras están disponibles para responder a sus preguntas las 24 horas del día, siete días de la semana. Pueden orientarle sobre alternativas de atención de la salud a bajo costo y darle recomendaciones prácticas.

Baytown Health Center

1602 Garth Road
Baytown, TX 77520

MAIN: (281) 427-6757

CITY SECTION: East
LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Ben Taub General Hospital

1504 Taub Loop
Houston, TX 77030

MAIN: (713) 873-2000

CITY SECTION: Central
NEIGHBORHOOD: Medical Center

AREA SERVED: Harris County

Casa de Amigos Health Center

1615 N. Main Street
Houston, TX 77009

MAIN: (713) 222-2272

CITY SECTION: Central
NEIGHBORHOOD: Near Northside

LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Dental Center

5230 Griggs Road
Houston, TX 77021

MAIN: (713) 757-0572
APPOINTMENTS: (713) 526-4243

CITY SECTION: Central
NEIGHBORHOOD: OST/South Union

LEGEND: All (age 16 & up), Walk-ins, Free, S\$, Med

Preventive and restorative dental care services at a central location and

6 community health centers (see listings under Dental Services). The program provides examinations, cleanings, fillings, dentures and, in selective cases, partial dentures.

The Dental Center is open Mon-Fri, 8:00am to 5:00pm. The community health centers (Aldine, People's, Strawberry, Gulfgate, Acres and Settegast) that provide dental services are open according to each center's regular schedule.

To ensure appointments go smoothly, be sure to bring your appointment slip, current Gold Card and all medications with you and arrive thirty minutes early. Children less than 16 years of age are referred to the city's Dental Clinic.

If you've never been treated through the HCHD Dental Program, and you need an emergency appointment, go to your local HCHD Community Health Center. Your primary care physician can provide you with the necessary antibiotics and pain medications to help you until your dental visit. Your doctor will then refer you for a follow-up emergency appointment with the downtown Dental Center. If your Community Health Center is closed, go the emergency room at either Ben Taub General Hospital or Lyndon B. Johnson General Hospital.

Gulfgate Health Center

7550 Office Center Drive
Houston, TX 77012

MAIN: (713) 495-3700
CITY SECTION: Central
NEIGHBORHOOD: Pecan Park
LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Lyndon B. Johnson General Hospital

5656 Kelley Street
Houston, TX 77026

MAIN: (713) 566-5100
CITY SECTION: North
AREA SERVED: Harris County

NW Community Health Center Early Intervention Program

1100 West 34th Street
Houston, TX 77018

MAIN: (713) 861-3939
FAX: (713) 867-7819
HIV TESTING: (713) 873-4157

CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest/
Garden Oaks
LEGEND: M, W, Free, S\$, Med,
HIV+ only, Appt/Walk-ins

Outpatient primary care, OB/Gyn services, medication access and information, case management, social services, education, pharmacy, HIV counseling and testing.

People's Health Center

6630 DeMoss
Houston, TX 77074

MAIN: (713) 272-2600
CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
LEGEND: All, Walk-ins, Free, S\$, Med

HIV counseling and testing.

Settegast Health Center

9105 North Wayside
Houston, TX 77028

MAIN: (713) 636-7192
FAX: (713) 636-7193
TTY: (713) 636-7186

CITY SECTION: East
NEIGHBORHOOD: East End
LEGEND: All, Fam, S\$, Med,
Appt/Walk-ins, Esp

Outpatient primary care; routine clinical services; podiatry, optometry, radiology, lab and pharmacy; nutrition, health education and social services; geriatric clinic; HIV counseling and testing.

Cuidado primario para pacientes externos, servicio clínico rutinario, podiatría, optometría, radiología, laboratorio y farmacia, nutrición, educación para la salud y servicios sociales, clínica de geriatría, consejería y análisis del VIH.

Strawberry Health Center

927 E. Shaw Road
Pasadena, TX 77506

MAIN: (713) 477-6851
CITY SECTION: Southeast
LEGEND: All, Walk-ins, Free, S\$, Med
HIV counseling and testing.

Thomas Street Health Center

2015 Thomas Street
Houston, TX 77009

MAIN: (713) 873-4000
FAX: (713) 873-4052
CITY SECTION: Central

NEIGHBORHOOD: Near Northside
LEGEND: M, W, Free, S\$, Med, Esp,
HIV+ only, Appt/Walk-ins,
Gold card

Outpatient primary care; OB/Gyn services; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling; support groups.

Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH, grupos de apoyo.

Women's Program

2015 Thomas Street
Houston, TX 77009

MAIN: (713) 873-4511
CITY SECTION: Central
NEIGHBORHOOD: Near Northside
LEGEND: W, Free, S\$, Med, Esp,
HIV+ only, Gold card

OB/Gyn services; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

Cuidado primario de obstetricial ginecología, acceso a medicamentos e información, servicios sociales, educación, administración de casos, farmacia, grupos de apoyo, consejería y análisis del VIH.

HARRIS COUNTY HOUSING RESOURCE CENTER

MAIN: (713) 578-2055
TTY: (713) 578-2096
WEB: www.hrc.hctx.net

AREA SERVED: Harris County
LEGEND: All, Free, Esp

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public and private sector programs dedicated to helping Harris County's homeless population.

The phone line has information available in English, Spanish and Vietnamese. The information on the website can also be viewed, downloaded and printed in several different languages.

El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris. La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.

HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6000
FAX: (713) 439-6080
TTY: (713) 439-6112
WEB: www.harriscountyhealth.com

CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: Harris County
LEGEND: M, W, Free, Lim, Esp

Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris County; provision of personal health services to eligible individuals that include family planning, prenatal care, immunizations, nutrition programs, well-child programs, risk factor screening, refugee health and pollution control.

Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y

licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, cuidado prenatal, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos, servicios para la salud de los refugiados, control de la contaminación.

Chronic Disease Prevention

MAIN: (713) 439-6141

Basic cholesterol, blood pressure, and blood sugar screenings at health fairs and other events in Harris County focusing on underserved worksites.

Análisis del colesterol, la glucosa y la presión sanguínea en ferias de la salud y otros eventos en el Condado Harris, especialmente en sitios laborales subtendidos.

Tobacco Prevention and Cessation Program

MAIN: (713) 439-6147

Prevent tobacco use among youth, provide cessation assistance through promotion of the American Cancer Society Quitline (1-877-YES-QUIT) and increase awareness about secondhand smoke and its adverse health effects.

Prevención del uso del tabaco entre los jóvenes, provee asistencia para la cesación del uso del tabaco por medio de la línea telefónica (1-877-YES-QUIT) de la Sociedad Americana contra el Cáncer, y promueve educación sobre los efectos adversos de la salud producidos por el humo de segunda mano.

WIC Program

Administrative Offices
2223 West Loop South
Houston, TX 77027

MAIN: (713) 439-6145
WEB: www.harriscountyhealth.com

CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
AREA SERVED: Harris County
LEGEND: Free, Pregnant,
postpartum & breastfeeding
women, C (ages 0 - 5)

WIC is the special supplemental nutrition program for women, infants and

children. Provides nutrition information, food vouchers, breastfeeding information and referrals.

WIC es un programa de nutrición suplemental para mujeres, niños e infantes. Proporciona educación sobre la nutrición, cupones para alimentos, información sobre la lactancia, y referencias.

Bear Creek WIC Center

4380 North Highway 6
Houston, TX 77084

MAIN: (281) 345-4759
FAX: (281) 345-8645

CITY SECTION: West

Decker Drive WIC Center

4204 Decker Drive
Baytown, TX 77521

MAIN: (281) 424-8366
FAX: (281) 424-4175

CITY SECTION: Southeast

Emerald Plaza WIC Center

11509 Veterans Memorial Dr.
Houston, TX 77067

MAIN: (281) 444-0764
FAX: (281) 444-1594

CITY SECTION: Northwest

NAM WIC Center

15555 Kuykendahl Road
Houston, TX 77090

MAIN: (281) 587-8596
FAX: (281) 631-9577

CITY SECTION: North
NEIGHBORHOOD: Bammel

Scarsdale WIC Center

10851 Scarsdale Boulevard, Ste 210
Houston, TX 77089

MAIN: (281) 922-6546
FAX: (281) 922-6547

CITY SECTION: Southeast
NEIGHBORHOOD: Ellington/S. Belt

South Houston WIC Center

1116-C Spencer Hwy @ S. Shaver
South Houston, TX 77587

MAIN: (713) 941-5035
FAX: (713) 944-2550

CITY SECTION: Southeast

Tomball WIC Center

701 E. Main Street, Ste 145, Bldg B
Tomball, TX 77375

MAIN: (713) 290-6246

CITY SECTION: Northwest

HARRIS COUNTY SHERIFFS OFFICE

1200 Baker Street
Houston, TX 77002

MAIN: (713) 755-9256
FAX: (713) 755-4586
WEB: [www.hcso.hctx.net/
supportsvcs/medical/HIV.asp](http://www.hcso.hctx.net/supportsvcs/medical/HIV.asp)

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris County
LEGEND: M, W, Free, Esp,
CD, Incarcerated

HIV Department

Provides HIV/STD testing, counseling and medical care; case management; chemical dependency treatment; medications and HE/RR for persons incarcerated in the Harris County jail.

Provee análisis del VIH/ETS, cuidado médico, administración de casos, tratamientos para la dependencia de sustancias, medicamentos y HE/RR para las personas en la cárcel del Condado Harris.

HARRIS COUNTY SOCIAL SERVICES

1310 Prairie, Suite 1000
Houston, TX 77002

MAIN: (713) 755-5243
FAX: (713) 755-5244
WEB: www.ss.hctx.net

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris County
LEGEND: All, Free, Appt/
Walk-ins, Veteran

File service and non-service connected claims for veterans and their families; other services for veterans.

HARRIS COUNTY SOCIAL SERVICES

9418 Jensen Drive
Houston, TX 77093

MAIN: (713) 696-7900
FAX: (713) 697-3164
TTY: (713) 695-2395

CITY SECTION: Northeast
NEIGHBORHOOD: Eastex/Jensen
AREA SERVED: Harris County
LEGEND: All, Free, Appt/Walk-ins

Urban transportation (inside Beltway 8); case management; utility/rental assistance; monthly financial assistance.

HATCH

Mailing Address:
701 Richmond Avenue
Houston, TX 77006

MAIN: (713) 529-3590
FAX: (713) 526-4367
WEB: www.hatchyouth.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: Y, Free, Walk-ins

Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to become positive contributors to the community. Youth meetings on Friday and Sunday evenings.

HEARING SYSTEMS, INC.

4654 Highway 6 North, Suite 201
Houston, TX 77084

MAIN/TTY: (281) 855-8916
FAX: (281) 855-9193
TOLL FREE: (877) 855-8916
WEB: www.hearingsystemsinc.com

CITY SECTION: West
NEIGHBORHOOD: Bear Creek/Hwy 6
LEGEND: All

Audiological evaluations; CAPs; hearing aid sales and service, batteries, earmolds; assistive listening devices; alert devices; TTY sales and service. Well-stocked demonstration room.

HOSPICE CARE TEAM, INC.

1708 Amburn Road, Suite C
Texas City, TX 77591

MAIN/24 HOURS: (409) 938-0070
FAX: (409) 938-1509
TOLL FREE: (800) 545-8738
WEB: www.hospicecareteam.org

CITY SECTION: Southeast
AREA SERVED: Galveston,
Chambers & Liberty counties.

LEGEND: All, S\$, Med, Ins, Appt req
Compassionate, comprehensive care and support for terminally ill persons and their caregivers. Not for profit, services provided regardless of ability to pay. Medicare and Medicaid certified.

Provee cuidado y apoyo compasivo y amplio para pacientes con enfermedades terminales y sus cuidadores. Es una agencia sin bienes de lucro que ofrece servicios sin considerar si el paciente esté o no capacitado a pagar.

HOSPICE CARE TEAM, INC.

107 West Way, Suite 29
Lake Jackson, TX 77566

MAIN: (979) 297-6043
FAX: (979) 297-4752
TOLL FREE: (866) 323-1133

CITY SECTION: South
AREA SERVED: Brazoria County
LEGEND: All, Free/S\$, Med,
Ins, Appt req, Dr's stmt
of terminal illness

Compassionate, comprehensive care and support for terminally ill persons and their caregivers. Not for profit, services provided regardless of ability to pay. Medicare and Medicaid certified.

Provee cuidado y apoyo compasivo y amplio para pacientes con enfermedades terminales y sus cuidadores. Es una agencia sin bienes de lucro que ofrece servicios sin considerar si el paciente esté o no capacitado a pagar.

HOUSING AUTHORITY CITY OF HOUSTON

2640 Fountainview
Houston, TX 77057

MAIN: (713) 260-0600
FAX: (713) 260-0805
TTY: (713) 260-0785
WEB: www.hach.org

CITY SECTION: West
NEIGHBORHOOD: Woodlake/
Briar Meadow

AREA SERVED: City of Houston
LEGEND: M, W, Fam, Free (income
limit), Walk-ins, Esp

Housing assistance primarily through the Low-Rent Public Housing Program and Housing Choice Voucher Program (formerly Section 8), as well as other housing, homeownership and self-sufficiency programs for low- to moderate-income families, seniors and the disabled within the City of Houston,

Asistencia para la vivienda a través del Programa de Vivienda Pública y el Programa de Vales de Elección de Vivienda (anteriormente llamado Sección 8) para familias, personas de tercera edad e incapacitadas. La agencia ofrece también otros programas como la asistencia para la compra de viviendas y la autosuficiencia de familias con recursos bajos a moderados que viven en Houston.

HOUSING CORPORATION OF GREATER HOUSTON, THE

2211 Norfolk, Suite 740
Houston, TX 77098

MAIN: (713) 526-9470
FAX: (713) 526-1849
WEB: www.houscorp.com

CITY SECTION: Central
NEIGHBORHOOD: Greenway/
Upper Kirby
AREA SERVED: 10-county HOPWA
service area

Houston SRO Housing

SRO Housing, an activity of The Housing Corporation of Greater Houston, focuses on the housing needs of the homeless, individuals and families with little or no income, and persons affected by HIV/AIDS or related diseases. These persons must have a strong network of supportive services in order to maintain residential stability. Our responsibilities include developing and maintaining a service-enriched environment at each community operated to serve SRO Housing. The properties include single room occupancy housing facilities for formerly homeless individuals and permanent housing communities for individuals and families affected by HIV/AIDS. SRO Housing is a very significant aspect of Houston's continuum of care for the formerly homeless and those affected by HIV/AIDS.

HOUSTON AREA COMMUNITY SERVICES (HACS)

Main Office

3730 Kirby Drive, Suite 820
Houston, TX 77098

MAIN: (713) 526-0555
TTY: (713) 526-7793
FAX: (713) 526-1422
TOLL FREE: (888) 285-9373
WEB: www.hacstxs.org

CITY SECTION: Central
NEIGHBORHOOD: Greenway/
Upper Kirby

HACS is a non-profit enterprise that specializes in emerging needs and challenges, addressing disparities among underserved communities within Houston and surrounding counties. Embedded within our grassroots focus is equitable programming delivered with quality care, thus making a positive impact within the communities we serve.

Case Management

Suite 300

AREA SERVED: Austin, Chambers,
Colorado, Ft. Bend, Harris,
Liberty, Montgomery, Walker,
Waller & Wharton counties.

LEGEND: M, W, All, Free, Appt
req, **HIV+ only**, Esp

Assist clients in accessing needed medical and social services within the greater Houston area. Services are provided within the home or in HACS offices.

Administración de Casos

Suite 300

HACS asiste a los clientes a obtener servicios médicos y sociales en el área metropolitana de Houston. Este servicio es proveído en el domicilio del cliente o en las oficinas de HACS.

HIV Testing and Counseling

Suite 820

AREA SERVED: Austin, Chambers,
Colorado, Ft. Bend, Harris,
Liberty, Montgomery, Walker,
Waller & Wharton counties.

LEGEND: M, W, Y (ages 13 - 24),
All, Free, Walk-ins, Esp

Free OraQuick (rapid, no needles) and blood based testing (needles and blood). Also STI testing for Syphilis, Chlamydia and Hepatitis C.

Pruebas para VIH y Apoyo

Suite 820

Análisis gratuito del VIH "OraQuick" (sin el uso de sangre o agujas) y análisis con el uso de sangre y agujas, análisis de ETS (enfermedades de transmisión sexual) como la sífilis, clamidia y hepatitis C.

Impact - Mental Health Counseling

Suite 400

AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.

LEGEND: All, Free, **HIV+ only**, Esp,
mental health diagnosis,
Targeted populations: African
American & Hispanic/Latino

Individual, couples and group counseling to work through issues related to living with HIV, in addition to support and psycho-educational groups. Services provided by professional, experienced licensed master level

social workers in nontraditional settings such as the home or in HACS offices.

IMPACT-Psicoterapia para la Salud Mental

Suite 400

Asiste a los clientes a obtener servicios médicos y sociales en el área metropolitana de Houston, incluyendo asistencia financiera por medio de recursos estatales y federales. Este servicio es proveído en el domicilio del cliente o en las oficinas de HACS.

Joseph Hines Clinic

1710 West 25th Street
Houston, TX 77008

MAIN/ INTAKE: (713) 426-0027
FAX: (713) 426-0211

CITY SECTION: Central
NEIGHBORHOOD: Heights

AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.

LEGEND: Adults, Free, **HIV+ only**,
Esp, Targeted populations:
African American & Hispanic/
Latino, Transgender

Free outpatient medical services for persons living with HIV/AIDS.

Clínica Joseph Hines

Servicios médicos gratuitos para pacientes externos viviendo con el VIH/SIDA.

Prevention Case Management

Suite 820

LEGEND: Young men who have
sex with men (ages 13 - 24),
Free, Esp

Provided to HIV positive individuals and negative individuals at high risk who are having difficulty maintaining safer sex practices.

Administración de Casos para la Prevención

Suite 820

Un servicio proveído a personas VIH+ y a personas VIH- quienes están en alto riesgo de contraer el virus o tienen dificultad en practicar sexo seguro.

YEAH! Youth Drop In Center

Location Confidential

MAIN/ INTAKE: (713) 528-5667
FAX: (713) 528-5712
CITY SECTION: Central
AREA SERVED: City of Houston
LEGEND: Y (ages 13 - 24), Free, Walk-ins, Esp, Homeless/ at risk for homelessness

Provides homeless, at risk for homelessness and 'throw away' youth with a "youth positive" environment. Services include HIV/STD testing and counseling, case management, job referral, mental health services and supportive housing. Hot meals and access to clothing bank, laundry and shower facilities are provided in addition to weekly social activities.

YEAH! Centro para Jóvenes

Provee un centro con un ambiente positivo para jóvenes sin vivienda, en riesgo de quedarse sin vivienda o que fueron echados de sus casas. Los servicios incluyen análisis del VIH/ETS, administración de casos, referencias para empleo, servicios de salud mental y apoyo de vivienda. También se ofrecen actividades sociales, comida caliente, vestimenta, lavandería y baño para el aseo personal.

HOUSTON AREA WOMEN'S CENTER

1010 Waugh Drive
Houston, TX 77019

MAIN: (713) 528-6798
FAX: (713) 535-6363
TTY: (713) 528-3625
SEXUAL ASSAULT: (713) 528-7273
SEXUAL ASSAULT TTY:(713) 528-3691
DOMESTIC VIOLENCE:(713) 528-2121
WEB: www.hawc.org
CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: City of Houston
LEGEND: W, C, Y, Free, Esp

Provides crisis intervention and telephone counseling, residential services, shelter and individual & group counseling for victims of sexual assault or domestic violence. Stay up to 90 days; services include counseling, childcare, advocacy services and career counseling.

HOUSTON BUYERS CLUB

3224 Yoakum Boulevard
Houston, TX 77006

MAIN: (713) 520-5288
FAX: (713) 521-7419
TOLL FREE: (800) 350-2392
WEB: www.houstonbuyersclub.com

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: M, W, Free, Walk-ins, HIV+ only

Dietary supplements available to anyone (with or without chronic illness) at discounted cost. Side effect management information as it relates to disease and medication side effects. Supplements provided at no cost to Ryan White Title II eligible clients as prescribed by primary care provider. Supplement assistance provided through non-governmental programs.

HOUSTON CENTER FOR INDEPENDENT LIVING

7000 Regency Square, Suite 160
Houston, TX 77036

MAIN/TTY: (713) 974-4621
FAX: (713) 974-6927
WEB: www.coalitionforbarrierfree living.com

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Harris, Brazoria & Ft. Bend counties
LEGEND: M, W, Free, Appt/Walk-in, Permanent disability, Esp

Peer counseling and support; information and referral; individual and systems advocacy; independent living skills training; ADA technical assistance; accessible/affordable housing referral; personal attendant services referrals. Intake Monday thru Friday, 8:00am - 5:00pm.

HOUSTON CHALLENGE FOUNDATION

Mailing Address:
PO Box 570186
Houston, TX 77257

MAIN: (713) 523-8900
FAX: (713) 523-8986

Food Pantry

916 B Boundary
Houston, TX 77009

MAIN: (713) 223-3810
FAX: (713) 223-1854

CITY SECTION: Central
NEIGHBORHOOD: Near Northside
AREA SERVED: Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller & Wharton counties.
LEGEND: All, Free, Walk-ins, HIV+ only, Esp

Non-perishable food items, cleaning and hygiene products for eligible people with HIV/AIDS. Pantry is open Tuesday, Thursday and Saturday: 10am-2pm; Friday: 12pm-2pm.

Provee alimentos perecederos, y artículos para la limpieza y la higiene a personas con el VIH/SIDA. La despensa está abierta los martes, jueves y sábados: 10am-2pm; viernes: 12pm-2pm.

HOUSTON COMMUNITY VOICE MAIL

1301 Travis Street, Suite 450
Houston, TX 77002

MAIN: (713) 739-7514
FAX: (713) 739-8038
WEB: www.houstonvoicemail.org

CITY SECTION: Central
AREA SERVED: Harris county
LEGEND: All, Walk-ins, Free, Esp

Empowering people in crisis and transition by distributing free, 24-hour personalized voice mail access within the 713, 281 and 832 area codes, offered on a first come first serve basis at Operation ID, every Tuesday and Thursday from 9:00am-11:30am. Operation ID is located at 5220 Travis in the Museum District, behind the First Presbyterian Church @ Main & Oakdale. Call Coalition for the Homeless @ 713-739-7514 for directions.

HOUSTON COMPASS, INC.

2404 Austin Street (near McGowan)
Houston, TX 77002

Mailing Address:
1225 Texas Avenue
Houston, TX 77002

MAIN: (713) 229-8319
FAX: (713) 229-8560
WEB: www.houstoncompass.org

CITY SECTION: Central
NEIGHBORHOOD: Midtown
LEGEND: All, Free, First come-first served

Information and referral for basic needs and other social services.

COMPASS provides a wide variety of services through person-to-person interviews. Initially, the clients' needs are assessed and appropriate plans of action and resources are discussed. These interviews may address crisis counseling, information and referral, basic needs and transportation assistance, chemical dependency counseling and referral, ID assistance, employment counseling, or many other needs. Anyone interested in visiting with a counselor need only come by the office during office hours. Located on the Metro bus #52 route.

HOUSTON DEPT OF HEALTH AND HUMAN SERVICES

8000 North Stadium Drive
Houston, TX 77054

MAIN: (713) 794-9311
FAX: (713) 798-0862
WEB: www.houstonhealth.org

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
AREA SERVED: City of Houston

Bureau of Health Information Svcs

MAIN: (713) 794-9320

Bureau of HIV/STD Prevention

MAIN: (713) 794-9092

Case Management Outreach

8000 N. Stadium Drive, 5th Floor
Houston, TX 77054

MAIN: (713) 794-2980
FAX: (713) 794-9295

Communicable Diseases

8000 N. Stadium Drive, 5th Floor
Houston, TX 77054

MAIN: (713) 794-9092
FAX: (713) 794-0830

CLINICS:

Lyons Avenue Health Center

5602 Lyons Avenue
Houston, TX 77020

MAIN: (713) 671-3041
CITY SECTION: Central
NEIGHBORHOOD: Denver Harbor

West End Health Center

190 Heights Boulevard
Houston, TX 77007

MAIN: (713) 866-4100
FAX: (713) 866-4113
CITY SECTION: Central
NEIGHBORHOOD: Heights

HOUSTON HUMANE SOCIETY

14700 Almeda Road
Houston, TX 77053

MAIN: (713) 433-6421
FAX: (713) 433-4325
WEB: www.houstonhumane.org

CITY SECTION: South
LEGEND: All, Flat fee, Appt req, Esp
Paw Prints program assists qualified HIV/AIDS patients who must be hospitalized by providing temporary foster care and medical treatment for their pets. Other services include: acceptance of animals, adoptions, low cost spay/neuter and wellness vaccinations, cruelty investigations and humane education.

HOUSTON LAWYER REFERRAL SERVICE, INC.

1001 Fannin, Suite 1370
Houston, TX 77002

MAIN: (713) 237-9429
FAX: (713) 652-0001
TOLL FREE: (800) 289-4577
WEB: www.hhrs.org

CITY SECTION: Central
NEIGHBORHOOD: Downtown
LEGEND: M, W, S\$, Esp

Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need.

Provee información y referencia legal. Asiste al individuo en identificar el problema con el propósito de referirlo a las organizaciones de servicios sociales y legales apropiadas

HOUSTON READ COMMISSION

5400 Griggs Road
Houston, TX 77021

Mailing Address:
5330 Griggs Road, Box 75
Houston, TX 77021

MAIN: (713) 228-1801
FAX: (713) 847-6332
LITERACY HELPLINE: (713) 228-1800
WEB: www.houread.org

CITY SECTION: Central
NEIGHBORHOOD: OST/South Union
LEGEND: Ages 17 & up, Free, Appt req, Esp

Adult and family literacy: ABE, GED, ESL, basic literacy, health literacy, civics literacy, financial literacy; refer-

als. Provider and membership professional development. 130 centers throughout the area with varying hours of operation.

Provee servicio de alfabetización para adultos y sus familias: programas de ABE, GED y ESL (clases de inglés), capacitación básica para aprender a leer y escribir, la salud, temas cívicos, financieros; referencias. Capacitación para el desarrollo profesional, 130 localidades a través del área con horarios variados de operación.

HOUSTON REGIONAL HIV/AIDS RESOURCE GROUP

500 Lovett Boulevard
Houston, TX 77006

MAIN: (713) 526-1016
FAX: (713) 526-2369

TOLL FREE:
WEB: www.hivresourcegroup.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Harris & the surrounding counties

Grants management for Ryan White Titles II, III, IV and DSHS State Services as funded.

HOUSTON VOLUNTEER LAWYERS PROGRAM AIDS Project

712 Main Street, Suite 2700
Houston, TX 77002

MAIN: (713) 228-0735 Ext. 121
WEB: www.hvlp.org

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Chambers, Ft Bend, Harris, Liberty, Montgomery & Waller counties.

LEGEND: All, Fam, Free, **HIV+ only**, Filing fees if req by court, Esp

Legal assistance in CIVIL matters only. Lawsuits for monetary damages are not accepted.

Asistencia legal sobre temas CIVILES únicamente. No se aceptan pleitos que requieren ganancia monetaria.

HUMBLE AREA ASSISTANCE MINISTRIES (HAAM)

Social Services

1302 First Street
Humble, TX 77338

MAIN: (281) 446-3663
FAX: (281) 446-2601
WEB: www.haam.00server.com

CITY SECTION: North
AREA SERVED: Zips: 77336, 77338,
77339, 77346, 77347,
77357, 77365, 77396

LEGEND: Fam, All, Free, Walk-ins

Provides food, financial assistance, clothing, education, prescription assistance and employment training (call for appt).



ID-DOCTOR.COM

18220 Tomball Parkway, Suite 230
Houston, TX 77070

MAIN: (832) 604-0005
FAX: (832) 604-0103

CITY SECTION: Northwest
NEIGHBORHOOD: Willowbrook
LEGEND: Ages 11 & up, Med,
Flat fee, Appt req

Infectious disease clinic.

INNERWISDOM COUNSELING CENTER

1325 La Concha Lane
Houston, TX 77054

MAIN: (713) 592-9292
FAX: (713) 839-8052
TOLL FREE: (877) 944-9473
24 HOURS: (713) 935-9110
SPANISH: (713) 592-9293
WEB: www.innerwisdom.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: M, W, Fam, All, Med, S\$,
Self pay, Walk-ins, Esp

Day programs that combine traditional, established methods of mental health care with more contemporary approaches to provide a holistic approach to health that addresses every aspect of the client's well being. The programs focus on the belief that a balance of mind, body and spirit must be achieved for life long health and wellness.

Services include: group, individual and family therapy; grief management; behavior modification; self-esteem building; life review therapy; family relationship development; transportation to and from the center; a healthy lunch and snacks are provided.

Programas diurnos que combinan métodos tradicionales para el cuidado de la salud mental con un acercamiento de carácter más contemporáneo para proveer un cuidado completo de la salud siendo la meta el bienestar del cliente en todos los aspectos. El programa se basa en la creencia que debe existir un balance de mente, cuerpo y espíritu para lograr una vida larga y saludable. Los servicios incluyen consejería individual, de grupo y familiar, manejo de la ira, modificación del comportamiento, desarrollo del autoestima, terapia para la revisión de la vida personal, desarrollo de las relaciones familiares, transportación, almuerzo y bocadillos saludables.

INNERWISDOM WELLNESS CENTER

1325 La Concha Lane
Houston, TX 77054

MAIN: (713) 592-9294
FAX: (713) 592-9296
TOLL FREE: (877) 944-9473
SPANISH: (713) 592-9293
WEB: www.innerwisdom.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: M, W, All, S\$, Med,
Appt req, Esp

Programs for children, adolescents, adults and seniors that focus on clients' emotional, mental, social, economic and spiritual well-being and include individual and group therapy and support groups that address a number of issues. Issues addressed include self-esteem building, grief management, life skills and family relationship development, and stress management including massage therapy and biofeedback. All services provided by licensed, master's level clinicians.

Ofrecemos programas para niños, adolescentes, adultos y ancianos que enfocan en el bienestar emocional, mental, social, económico y espiritual de los clientes e incluye terapia

individual y de grupo. La terapia trata de temas como actividades de la vida diaria, autoestima, manejo de la aflicción, desarrollo de habilidades y control del estrés, incluyendo terapia de masaje y biorretroalimentación. Todos los servicios son ofrecidos por profesionales licenciados.

INTERFAITH CAREPARTNERS®

701 N. Post Oak Road, Suite 330
Houston, TX 77024

MAIN/TTY: (713) 682-5995
FAX: (713) 682-0639
WEB: www.interfaithcarepartners.org

CITY SECTION: West
NEIGHBORHOOD: Memorial
AREA SERVED: Ft. Bend, Harris
& Montgomery counties
LEGEND: All, Free, Walk-ins,
Accepts collect calls from
rural clients, Esp

AIDS Care Team® Program

Congregation-based teams of volunteers trained by Interfaith CarePartners® to respond to many of the social, emotional and physical needs of people touched by HIV/AIDS. Care team members view themselves as friends and extended family who can assist people in their home. Other programs include Alzheimer's CareTeam®, Second Family CareTeam® for frail seniors and chronically ill adults, Kid's Pals CareTeam® (pediatric, non-HIV) and Geriatric Care Management.

Ofrecemos un equipo de voluntarios de congregaciones entrenado por Interfaith CarePartners® con el propósito de ayudar con muchas de las necesidades sociales, emocionales y físicas de las personas afectadas por el VIH/SIDA. Los voluntarios son considerados amigos y una extensión de la familia del cliente y ayudan a personas en sus domicilios. También asisten a personas con demencia del Alzheimer, personas frágiles de tercera edad y adultos con enfermedades crónicas, Kid's Pals Care Team® (pediatría, no VIH) y en la administración del cuidado geriátrico.

**INTERGROUP
ASSOCIATION, INC.
(Alcoholics Anonymous)**

4140 Directors Row, Suites D-E
Houston, TX 77092

MAIN: (713) 686-6300
FAX: (713) 686-6703
WEB: www.aahouston.org

CITY SECTION: Northwest
NEIGHBORHOOD: Lazybrook/
Timbergrove
LEGEND: M, W, Y, All, I/RR,
Free, Lim, CD, Esp

24-hour telephone service for callers seeking help about their alcoholism. Central source of information on Alcoholics Anonymous activities and literature. Maintains meeting schedule and locations on the web. Guides newcomers to meetings.

Servicio telefónico las 24 horas del día para personas buscando ayuda e información sobre la dependencia del alcohol, información sobre actividades y literatura sobre Alcohólicos Anónimos, horarios y localidades de las reuniones de AA en la red, y orientación a las personas nuevas sobre las reuniones.

**INTERNATIONAL
LANGUAGE ASSOCIATES**

306 Highland Street, # B
Houston, TX 77009

MAIN: (713) 868-9718
FAX: (713) 868-1193
AREA SERVED: Texas
LEGEND: All, Flat fee, Appt req

Provides interpreters of all languages and dialects. Includes legal, medical and general interpreters.

Provee intérpretes de todos los idiomas, incluyendo interpretaciones legales, médicas y en general.



JACK'S APOTHECARY #2

8109 Cullen Boulevard
Houston, TX 77051

MAIN: (713) 733-7424
FAX: (713) 733-1885
WEB: www.jacksapothecary2.com

CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S. Loop
LEGEND: All, Med, Walk-ins, CD
DSHS (ADAP) HIV/AIDS meds - \$3

**JEWISH COMMUNITY CENTER
OF HOUSTON**

5601 South Braeswood
Houston, TX 77096

CHILDCARE: (713) 551-7200
FAX: (713) 551-7223
WEB: www.JccHouston.org

CITY SECTION: Southwest
NEIGHBORHOOD: Meyerland
AREA SERVED: Houston & Ft.
Bend counties

LEGEND: C (ages 0-10), Flat fee,
Scholarships available

Preschool and childcare for ages 6 weeks-10 years; half and full day options available.

JEWISH FAMILY SERVICE

4131 S. Braeswood
Houston, TX 77025

Mailing Address:
PO Box 20548
Houston, TX 77225-0548

MAIN: (713) 667-9336
FAX: (713) 667-3619
WEB: www.jfshouston.org

CITY SECTION: Central
NEIGHBORHOOD: Meyerland
LEGEND: M, W, All, S\$, Appt req

Counseling: individual, couples and group therapy.

JULIA C. HESTER HOUSE

2020 Solo
Houston, TX 77020

MAIN: (713) 672-2573
FAX: (713) 672-4129
WEB: www.jchhhouston.org

CITY SECTION: Central
NEIGHBORHOOD: Fifth Ward

AREA SERVED: 77016, 77020 & 77026
LEGEND: All, Free, Appt req, Lim,
Call for intake

Food pantry; clothing; preschool program; after school and youth programs; senior program.

Los programas para los adolescentes están disponibles en español.



KATY COUNSELING SERVICES

20501 Katy Freeway, Suite 132
Katy, TX 77450

MAIN: (281) 599-9330
FAX: (281) 599-9944
WEB: www.katycounselingservices.com

CITY SECTION: West
LEGEND: Y (ages 13-24), CD, S\$,
Financing avail, Appt req

Mental health counseling and peer support services for adolescents, adults and families.

Adolescents in Recovery

Counseling services for adolescents who have drug abuse, alcohol abuse, depression, eating disorders, sex addiction and other family conflict issues.

**KEN LAMBERT
FUNERAL CONSULTANT
AND NEGOTIATOR**

Mailing Address:
8819 Sedgemoor
Tomball, TX 77375-5101

MAIN/24 HOURS: (281) 357-0195
FAX: (281) 357-5138
TOLL FREE: (888) 669-4947
WEB: funeralnegotiator.com

CITY SECTION: Northwest
LEGEND: All, Free, S\$, Nationwide

Counsel families in crisis before and at the time of death; education of funeral options, help selecting providers and negotiation of cemetery and funeral costs. Not a funeral director or funeral home. All help is provided over the phone; will help all families regardless of ability to pay.

KROGER PHARMACY #243

3300 Montrose Boulevard
Houston, TX 77006

MAIN: (713) 526-1239
FAX: (713) 526-4235
CITY SECTION: Central
NEIGHBORHOOD: Montrose

KROGER PHARMACY #339

295 Sawdust Road
Spring, TX 77380

MAIN: (281) 363-3595
CITY SECTION: North



LAMBDA CENTER

1201 Clay Street
Houston, TX 77019

MAIN/FAX: (713) 521-1243
WEB: www.lambdahouston.org
CITY SECTION: Central
NEIGHBORHOOD: Montrose

Alcoholics anonymous groups for gay, lesbian, bisexual and transgendered individuals.

LAZARUS HOUSE: A CENTER FOR WELLNESS

4106 Austin
Houston, TX 77004

MAIN: (713) 526-5071
FAX: (713) 523-0379
CITY SECTION: Central
NEIGHBORHOOD: Midtown
LEGEND: All, Flat fee, Lim
scholarships available

A unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related wasting through an integrated program of exercise, nutrition, mental and spiritual awareness.

LAZARUS HOUSE INITIATIVE, INC.

Mailing Address:
PO Box 393
Missouri City, TX 77459

MAIN/FAX: (713) 988-4858
WEB: lhiministries.org
CITY SECTION: Southwest

Employment & Vocational Empowerment Services (EVES)

LEGEND: M, W, Free, CD, Appt
req, Employable disabled, Esp

Application preparation, resumé writing, job seeking and interviewing skills, training, job placement, personal-social adjustment training. DARS referrals only.

Housing, Empowerment and Liberation Program (HELP)

LEGEND: W, S\$, CD, Appt req

Permanent supportive housing (on site and scattered sites) for women who are chronically homeless, unaccompanied substance abusers with or without mild to moderate co-occurring mental illness. Intake: Fridays from 8am to 12pm.

Youth Empowerment and Liberation Program (YELP)

LEGEND: Y (ages 13-24), Free,
S\$, Appt req, CD, Esp

Leadership and mentoring, child care assistance, GED, JQT and job placement for youth referred by school counselors, juvenile courts or clergy with drug abuse issues, gang affiliations or first time pregnancy. Intake: Fridays from 8am to 12pm.

LEGACY COMMUNITY HEALTH SERVICES, INC.

*(See The Assistance Fund and
Montrose Clinic)*

LIBERTY COUNTY INDIGENT HEALTHCARE

501 Palmer Street
Liberty, TX 77575

Mailing Address:
PO Box 9159
Liberty, TX 77575

MAIN: (936) 336-4693
FAX: (936) 334-3217
WEB: www.libertycounty.com

CITY SECTION: Northeast
AREA SERVED: Liberty County
LEGEND: All, Free, Appt req

Primary healthcare physician services, inpatient and outpatient hospital services, prescriptions, transportation services to UTMB Galveston for medical appointments. Service eligibility based on income and family size.

LIBERTY COUNTY INDIGENT HEALTHCARE PROGRAM

304 Campbell Street, Suite 147
Cleveland, TX 77327

Mailing Address:
PO Box 9159
Liberty, TX 77575

MAIN: (281) 593-8428
FAX: (281) 593-8431

CITY SECTION: Northeast
AREA SERVED: Liberty County
LEGEND: All, Appt req, At or
below 185% poverty
*Prescription assistance; limited eye
care and dental services.*

LIFE HOUSTON

277 West Gray
Houston, TX 77019

MAIN: (713) 528-6044
FAX: (713) 528-3802
TOLL FREE: (877) 577-LIFE
WEB: www.lifehouston.org

AREA SERVED: Texas Gulf Coast
LEGEND: C (under 1 year), Free,
Walk-ins

Provides one-week supply of emergency baby formula and age appropriate baby food for infants less than one year. Clients may access services 6 times before the infant is one year old.

*(Also see Harris County Public Health &
Environmental Services WIC Program)*

Good Neighbor Healthcare Center

277 West Gray at Taft
Houston, TX 77019

MAIN: (713) 528-6044
CITY SECTION: Central
NEIGHBORHOOD: Montrose
HOURS: Mon - Fri, 9:30am - 2:30pm.

Harris County Clinic SE

3737 Red Bluff at Beltway 8
Pasadena, TX 77503

MAIN: (713) 534-9345
CITY SECTION: East
HOURS: Tuesdays only, 9:00am - 3:00pm.

LONE STAR LEGAL AID

1415 Fannin Street, 3rd Floor
Houston, TX 77002

INTAKE: (713) 652-5911
MAIN: (713) 652-0077
FAX: (713) 652-2709
TOLL FREE: (800) 733-8394
WEB: www.lonestarlegal.org

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Eastern Texas
(includes Harris & surrounding counties)
LEGEND: M, W, Fam, All, Free,
Appt req, Esp

Serves the eastern portion of the state of Texas by providing low-income people with free legal assistance in civil matters only. Criminal matters and most types of fee generating cases not accepted.

Provee asistencia legal gratuita únicamente sobre temas civiles a personas de bajo ingreso que residen en el área del este de Texas. No se aceptan casos criminales y los que requieren ganancia monetaria.

LOVE INC (IN THE NAME OF CHRIST)

1107 Fleetwood
Baytown, TX 77520

Mailing Address:

PO Box 1116
Baytown, TX 77522-1116

MAIN: (281) 422-5683
FAX: (281) 427-7653

CITY SECTION: East
AREA SERVED: Zip codes: 77520,
77521, 77562, 77580

LEGEND: All, Free, Gas vouchers,
Diapers

Referrals to food pantries, diapers, gas vouchers and prescription assistance (one time only) for eligible low-income persons.

LUTHERAN SOCIAL SERVICES OF THE SOUTH, INC.

1535 West Loop South, Suite 410
Houston, TX 77027

MAIN: (713) 521-0110
FAX: (713) 524-9586
TOLL FREE: (800) 396-4611
WEB: www.lsss.org

CITY SECTION: Central
NEIGHBORHOOD: Galleria/Post Oak
LEGEND: All, Free, Esp

Adoption and Foster Care: Our adoption program philosophy is based upon mutual respect and client self-determination. We view all parties of the adoption triad - birth families, adoptive families and the children being adopted - as important participants in the process. All services are contingent upon what is believed to be in the best interest of the child.

Adopción y fomentación en casa particular: La filosofía de nuestro programa de adopción está basada en el respeto mutuo y autodeterminación del cliente. Consideramos que todos en el triángulo adoptivo - la familia biológica, la familia adoptiva y el niño adoptivo - son participantes importantes en el proceso. Todos los servicios son contingentes a lo que se considera el mejor interés del niño/a.



MACEDONIA OUTREACH AND CAREER CENTER

1235 Teal
Houston, TX 77029

MAIN: (713) 672-1653
FAX: (713) 672-9654

CITY SECTION: Central
NEIGHBORHOOD: Clinton Park
LEGEND: All, Appt/Walk-ins, Esp

Food pantry; clothing; utility assistance for seniors; educational training programs.

Houston Change

3110 Tidwell Road
Houston, TX 77093

INTAKE: (713) 674-8898
FAX: (713) 674-8897

CITY SECTION: North
NEIGHBORHOOD: Eastex/Jensen
LEGEND: Adults, S\$, Walk-ins, Esp,
Call for intake, Financing available

The Houston Change program was created to assist individuals from educationally and economically disadvantaged backgrounds make the transition to greater independence and self-sufficiency through education, training and job development. Various job training and computer software classes available. Competent, professional staff is available to address concerns, assist with barriers and help clients gain employment.

MAGNIFICAT HOUSES, INC.

Mailing Address:
PO Box 25415
Houston, TX 77265

MAIN/FAX: (713) 520-0461

Morning Star Hostel

3207 Austin Street
Houston, TX 77004

INTAKE: (713) 529-0516
MAIN: (713) 529-4231
FAX: (713) 520-0461

CITY SECTION: Central
NEIGHBORHOOD: Midtown
AREA SERVED: Harris County
LEGEND: Adults, S\$, **HIV+ only**,
Appt req, Esp

Room, board and supervised living - staff member available 24 hours to assist with residents needs, referrals to needed services. Support with medical needs, bus fare to medical appointments, etc. Recreation and services with Magnificat House residents to integrate PLWHIA into Magnificat facilities and community life (i.e., celebrations, outings, etc.) Intake Mon - Fri, 9:00am - 3:00pm.

Offers refuge and hope to the destitute by creating homes where people of different mental abilities, social backgrounds, religions and cultures can live together as a community. Provides a bridge back to the outside world and the confidence to cross it. We provide housing, food and an opportunity to integrate into Magnificat facilities and community life. We offer 24-hour supervision to assist with resident needs.

Intérprete disponible.

MARJO HOUSE

1407 Silverdale
Houston, TX 77029

MAIN: (713) 674-1168

CITY SECTION: Central
AREA SERVED: Harris County
LEGEND: M, W, I/RR, CD, S\$,
Ins, Med, Appt req,
Referral req, **HIV+ only**

Short term and transitional housing, HIV/AIDS education, 12-step meetings, life skills, drug abuse relapse prevention and case management to the homeless, recently released from incarceration and HIV+ clients. Volunteer opportunities available.

MAXIMUS, INC.

650 N. Sam Houston Pkwy E, #507
Houston, TX 77060

MAIN: (281) 260-9871
FAX: (281) 260-9520
TOLL FREE: (800) 964-2777
WEB: www.maximus.com

CITY SECTION: North
NEIGHBORHOOD: Aldine
AREA SERVED: Brazoria, Ft. Bend,
Galveston, Harris, Montgomery
& Waller counties.
LEGEND: Free, Medicaid clients
only, Esp

Education and enrollment for Medicaid clients who are eligible for the Star Program and Star+Plus program (Star+Plus is for Harris County only).

MEDCO MEDICAL SUPPLY, INC.

4300 West 12th Street
Houston, TX 77055-7206

Mailing Address:
PO Box 924189
Houston, TX 77292-4189

MAIN: (713) 956-5288
FAX: (713) 956-1239
TOLL FREE: (800) 245-3816

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
LEGEND: All, Med, Ins, Esp

Provides enteral, incontinence, urological, diabetic and wound care supplies.

Ofrece equipo entérico, de incontinencia, urinario, y diabético y productos para el cuidado de heridas.

MEDICINE SHOPPE, THE

5638 Lawndale
Houston, TX 77023

MAIN: (713) 923-1621
FAX: (713) 923-1622

CITY SECTION: Central
NEIGHBORHOOD: Lawndale
LEGEND: All, Med

Full service pharmacy, delivery service within 5-mile radius of store. Blood test for cholesterol, diabetes, PSA, etc.

Servicio completo farmacéutico, servicio de entrega a domicilio dentro de un radio de 5 millas del negocio. Análisis del colesterol, diabetes, PSA.

MEMORIAL ASSISTANCE MINISTRIES

9448 Long Point Road
Houston, TX 77055

MAIN: (713) 468-4516
FAX: (713) 468-4702
WEB: www.maministries.org

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
AREA SERVED: Zips 77008, 09, 018,
022, 024, 037, 039, 043, 055,
076, 079, 080, 088, 091, 092.
LEGEND: All, Free, Walk-ins

Financial assistance: pledge made with vacate or disconnect notice. Limited medication/prescription assistance. Job referrals. Clothing: referral to resale shop. Back to school clothing provided thru Spring Branch ISD counselors/social workers.

Asistencia financiera para la renta y utilidades con nota de aviso de desocupar o desconectar el servicio. Asistencia limitada para recetas médicas/medicamentos. Referencia para empleo. Referencia a tienda de ropas. Vestimenta para niñas para el retorno a la escuela proveído por trabajadores sociales y consejeros del distrito colegial de Spring Branch.

MEMORIAL HERMANN HOSPITAL SYSTEM

Administration Office
9401 Southwest Freeway
Houston, TX 77074

MAIN: (713) 222-CARE
FAX: (713) 448-5540
TTY: (713) 704-6549
WEB: www.memorialhermann.org

CITY SECTION: Southwest
NEIGHBORHOOD: Westwood
LEGEND: All

Memorial Hermann, a not-for-profit health care system, provides quality, comprehensive programs and services for a person's whole life. Eleven hospitals located in the Texas Medical Center and greater Houston area offer health care in neighborhoods where people live and work as well as easy access to the resources and technology of a university-affiliated hospital.

Memorial Hermann Children's

6411 Fannin
Houston, TX 77030

MAIN: (713) 704-KIDS
CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: C, Y

Memorial Hermann Ft. Bend

3803 FM 1092
Missouri City, TX 77459

MAIN: (281) 499-4800
CITY SECTION: Southwest

Memorial Hermann Hospital

6411 Fannin
Houston, TX 77030

MAIN: (713) 704-4000
CITY SECTION: Central
NEIGHBORHOOD: Medical Center

Memorial Hermann Katy

5602 Medical Center Drive
Katy, TX 77494

MAIN: (281) 392-1111
CITY SECTION: West

Memorial Hermann Memorial City

920 Frostwood
Houston, TX 77024

MAIN: (713) 932-3000
CITY SECTION: West
NEIGHBORHOOD: Memorial

Memorial Hermann Northwest

1635 North Loop West
Houston, TX 77008

MAIN: (713) 867-2000
CITY SECTION: Central
NEIGHBORHOOD: Heights

Memorial Hermann Southeast

11800 Astoria Boulevard
Houston, TX 77089

MAIN: (281) 929-6100
CITY SECTION: Southeast
NEIGHBORHOOD: Ellington/S. Belt

Memorial Hermann Southwest

7600 Beechnut
Houston, TX 77074

MAIN: (713) 776-5000
CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown

Memorial Hermann The Woodlands

9250 Pinecroft
The Woodlands, TX 77380

MAIN: (281) 364-2300
CITY SECTION: North

MEMORIAL HERMANN PREVENTION AND RECOVERY CENTER

1550 La Concha
Houston, TX 77054

MAIN: (713) 578-3100
FAX: (713) 578-3106
TOLL FREE: (877) 464-7272

WEB: www.memorialhermann.org

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: Adults (18 & up), Ins,
Private pay, Walk-ins, CD

Alcohol and drug treatment for adults 18 years and older. Detoxification, residential, transitional, partial hospitalization, intensive outpatient (day and evening), dual diagnosis, aftercare, relapse prevention and family services. Accepts most major private insurance and private pay. Open 24/7. Call for intake.

MENTAL HEALTH AND PSYCHOLOGICAL SERVICES, INC.

12337 Jones Road, Suite 200-225
Houston, TX 77070

MAIN: (281) 463-9840
FAX: (281) 550-4222
TOLL FREE: (866) 463-9840

CITY SECTION: West
NEIGHBORHOOD: Bear Creek/Hwy 6
LEGEND: All, Appt/Walk-ins, Med,
S\$, Private pay, Ins, CD, Esp

Services offered: Psychotherapy, home-based intensive counseling, clinical hypnosis, chemical dependency issues, psycho-education, grief resolution dealing with medical-related mental health issues, psychological evaluation and testing. Parenting education and re-socialization program. HIV/AIDS prevention and intervention, culturally sensitive to women's issues/domestic violence.

METHODIST CHILDREN'S HOME

5005 Mitchelldale, Suite 119
Houston, TX 77092

MAIN: (713) 682-8911
FAX: (713) 682-4229
WEB:

www.methodistchildrenshome.org

CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest

LEGEND: S\$, Appt req, CD
Voluntary foster care placements for families in crisis situations.

METROPOLITAN MULTISERVICE CENTER

1475 West Gray
Houston, TX 77019

MAIN: (713) 284-1973
FAX: (713) 529-4726
TTY: (713) 529-4930

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: Free

Facility for individuals with disabilities. Services are offered by agencies that rent space. Venues open to the public with disabilities are a wheelchair accessible weight room and a 25-meter heated therapeutic swimming pool which are free of charge for persons with disabilities.

Un centro de recreación para personas incapacitadas que incluye un cuarto de pesa accesible a silla de rueda y una pileta terapéutica de 25 metros de largo con calefacción. El servicio es gratuito a personas incapacitadas

MICHAEL E. DEBAKEY VA MEDICAL CENTER

2002 Holcombe Boulevard
Houston, TX 77030

MAIN: (713) 791-1414
INTAKE: (713) 794-7288
APPOINTMENTS: (713) 794-8985
FAX: (713) 794-7377
PHARMACY: (713) 794-7648
TOLL FREE: (800) 553-2278
WEB: www.houston.med.va.gov/
HOUSTON/

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: M, W, Veteran, CD,
Walk-ins, income-based eligibility

Case management/social work; outpatient chemical dependency treatment; HIV primary medical care; eye care; pension and compensation assistance; housing assistance for homeless. Offers a comprehensive health and wellness website: www.myhealth.va.gov.

MID-CHAMBERS CHRISTIAN CARING CENTER

N. Texas Avenue at N. Main Street
Anahuac, TX 77514

Mailing Address:
PO Box 1498
Anahuac, TX 77514

MAIN: (409) 267-6898

CITY SECTION: East
AREA SERVED: Zip code 77514
LEGEND: All, Free, Walk-ins

Help families with emergencies by providing: food, clothing, utilities, transportation to doctor, and payment on medical bills.

MISSION OF YAHWEH

10247 Algiers
Houston, TX 77041

MAIN: (713) 466-4785
FAX: (713) 466-3480
WEB: www.missionofyahweh.org

CITY SECTION: Northwest
NEIGHBORHOOD: Carverdale
LEGEND: W, Fam, Free

Emergency shelter, food, clothing for women and children only (girls to age 12 and boys to age 8). GED program, computer classes and other assistance to help women become self-sufficient. 30-day stay is requested. Call first for screening and availability.

MONTGOMERY COUNTY EMERGENCY ASSISTANCE

1022 McCall Street
Conroe, TX 77301

MAIN: (936) 539-9211
FAX: (936) 539-9239
WEB: mcea-mcha.org

CITY SECTION: North
AREA SERVED: Montgomery Co.
LEGEND: All, Walk-ins

Utility, rent/mortgage assistance; food pantry; prescription assistance (not for ongoing meds).

MONTROSE CLINIC

215 Westheimer
Houston, TX 77006

MAIN: (713) 830-3000
FAX: (713) 830-3079
TTY: (713) 830-3077
WEB: www.montroseclinic.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose

Body Positive Wellness Program

3311 Richmond Avenue
Houston, TX 77098

MAIN: (713) 830-3033
FAX: (713) 830-3091
AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.
LEGEND: Y, M, W, Free, S\$, Med,
Appt req, Lim, **HIV+ only**, Esp

Nutritional supplements and counseling; massage therapy, physical therapy, cardiovascular exercise and weight training. Other rehabilitation services as needed.

Consejería sobre la nutrición y suplementos nutricionales, terapia de masaje, terapia física, ejercicios cardiovasculares y entrenamiento con pesas. En adición, otros servicios de rehabilitación cuando sean necesarios.

Frost Eye Clinic

3311 Richmond Avenue
Houston, TX 77098

MAIN: (713) 830-3033
FAX: (713) 830-3091
AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.
LEGEND: M, W, Y, Free to low cost,
Appt req, Med, Amerigroup,
Some private Ins, Esp

Optometrist and Ophthalmologist services including eyeglasses, contact lenses and CMV screening.

Servicios de optometría y oftalmología, incluyendo anteojos, lentes de contacto y evaluación para el CMV.

HIV Primary Care Clinic

AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.
LEGEND: Y, M, W, **HIV+ only**,
Appt req, Esp, Amerigroup,
Med, Some private Ins

Primary health care services for qualified HIV+ individuals. Must be Ryan White eligible, please call for eligibility.

Servicios primarios del cuidado de la salud para personas VIH+ que calificquen. Deben ser elegibles para los fondos de Ryan White.

HIV, Hep C, Syphilis Testing & Counseling

LEGEND: Y, M, W, Low cost,
Appt/Walk-ins, Esp

In house and community testing every day of the week. Call for locations and testing hours.

Análisis del VIH, hepatitis C y sífilis en la localidad y en la comunidad, todos los días de la semana. Llame para información sobre las localidades y los horarios.

Montrose Clinic Research

3311 Richmond Avenue
Houston, TX 77098

MAIN: (713) 830-3033
FAX: (713) 830-3091
LEGEND: Y, M, W, Free, Appt req,
Esp, **HIV+ only**

Medical studies to try and find new and better therapies; must qualify for the medical studies.

Estudios médicos de investigación para el mejoramiento y el descubrimiento de nuevas terapias para las personas que califiquen.

Next Step Education Program

LEGEND: Y, M, W, Free, Esp, Appt req
Educational program for newly diagnosed HIV+ and significant others. Includes laboratory services.

Programa educacional para personas que recientemente diagnosticaron VIH+ y para sus seres queridos. Incluye servicios de laboratorio.

Primary Care Clinic

LEGEND: Y, M, W, Amerigroup,
Med, Esp, Some private ins,
S\$, Appt/Walk-ins

Health care services for the GLBT and general community at low cost.

Servicios del cuidado de la salud de bajo costo para la comunidad gay, lesbica, bisexual y transgénera y la población en general.

STD Clinic

LEGEND: Y, M, W, S\$, Appt/
Walk-ins, Esp

STD exam, diagnosis and treatment. Análisis, diagnóstico y tratamiento del ETS (enfermedades transmitidas sexualmente).

Volunteer Services

MAIN: (713) 830-3095
LEGEND: M, W, Esp

Volunteer opportunities are available for all services - may need specific training and licensures.

Oportunidades para voluntarios en todos los servicios; puede que se requiera entrenamiento específico y licencia.

Women's Clinic

LEGEND: W, Appt req, Esp, Med,
Amerigroup, Some private ins

Low cost well woman exams.

Exámenes de bajo costo para el bienestar de la mujer.

MONTROSE COUNSELING CENTER, INC.

701 Richmond Avenue
Houston, TX 77006

MAIN: (713) 529-0037
FAX: (713) 526-4367
TOLL FREE: (800) 699-0504
TTY: (713) 529-9466
24 HOURS: (713) 529-3211
WEB:

www.montrosecounselingcenter.org

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.

LEGEND: M, W, Fam, All, I/RR, CD,
Walk-ins, Free, **HIV+ only**,

CPCDMS registration, assistance linking to needed services, includes special needs for deaf/hard of hearing clients; Licensed outpatient chemical dependency treatment for gay, lesbian, bisexual, transgender (or very friendly) individuals and people of color; professional counseling by licensed therapists - Spanish and Chinese available.

Inscripción del CPCDMS, asistencia para conectar al cliente con servicios que necesiten, incluyendo ayuda especial para la persona sordalorda; tratamiento externo, acreditado e intensivo para la dependencia de sustancias para personas gays, lesbianas, bisexuales, transgéneras e individuos amistosos a dicha población. Terapia profesional proveído por terapeutas licenciados; servicio disponible en español y chino.

Education and Prevention

AREA SERVED: Brazoria, Harris, Chambers, Ft. Bend, Jefferson, Liberty, Montgomery, Walker & Waller counties.
LEGEND: M, W, All, I/RR, Free, Appt req, CD, Esp

Education on HIV, substance abuse, TB, Hepatitis, cultural diversity, STIs, disclosure, negotiating safer sex, club drugs.

Educación sobre una variedad de temas, incluyendo el VIH, abuso de sustancias, tuberculosis, hepatitis, ETS, drogas que se venden en las discotecas y bares, revelación del estado de la salud, diversidad cultural y métodos de negociación para prevenir enfermedades sexuales en la pareja.

Gay and Lesbian Switchboard of Houston

24 HOURS: (713) 529-3211
LEGEND: All, Free

24-hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.

H.A.T.C.H.

Mailing Address:
701 Richmond Avenue
Houston, TX 77006
MAIN: (713) 529-3590
WEB: www.hatchyouth.org
EMAIL: info@hatchyouth.org
LEGEND: Y, Free

Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to become positive contributors to the community. Youth meetings on Friday and Sunday evenings.

Incarcerated Outreach/ Discharge Planning

MAIN: (713) 529-0037
LEGEND: M, W, I/RR, Free, HIV+ only, CD

Pre-release discharge planning for incarcerated within 6 weeks of release.

Planeamiento pre-liberación para personas presas dentro del periodo de 6 semanas antes de ser liberadas de la cárcel o prisión.

MORNING STAR HOSTEL (See Magnificat Houses, Inc.)

MOTHERLAND, INC.
4208 Ella Boulevard, Suite D
Houston, TX 77018-4231

Mailing Address:
PO Box 924511
Houston, TX 77292-4511

MAIN: (713) 290-0001
FAX: (713) 290-0023
WEB: www.motherlandinc.org

CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest
LEGEND: All, Free, Appt/ Walk-ins, CD, Esp

Provides drama and music performances that address lack of knowledge and lack of awareness of HIV risk and drug related issues; HIV health education and risk reduction services for youth; HIV/AIDS peer counseling; speakers bureau; support groups.

Provee presentaciones teatrales y musicales relacionadas con el tema de la droga; educación de la salud y del VIH, programa de reducción de riesgo para los adolescentes; consejería del VIH/SIDA; oficina de información; grupos de apoyo.

Counseling, Testing and Referral

LEGEND: All, Free, Walk-ins
Because of the high risk and wide spread of HIV/AIDS within the African American and Latino community, the City of Houston has contracted MotherLand, Inc. to take part in a rapid testing, counseling and referral program (OraQuick Advance HIV antibody test). This initiative is to help reduce the spread of this disease within the Harris, Montgomery and Ft. Bend counties.

Análisis del VIH con resultado rápido.

Turning Point Intervention

4208 Ella Boulevard, Suite A
Houston, TX 77018
MAIN: (713) 290-0001
LEGEND: All, Free, Appt/Walk-ins, CD, Call for more info

Turning Point is designed to provide prevention education and testing; obtain information on knowledge at the beginning and at set time points later; and develop, test and evaluate interventions designed to change

behaviors. Turning Point is a group-based intervention designed to reduce HIV infection risk by helping participants recognize the benefits of specific HIV risk reduction behaviors.



NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE (NAACP)

2002 Wheeler Avenue
Houston, TX 77004

MAIN: (713) 526-3389
FAX: (713) 630-2699
TOLL FREE: (866) 526-2227
WEB: www.naacphouston.org

CITY SECTION: Central
NEIGHBORHOOD: Third Ward
AREA SERVED: Chambers, Ft Bend, Harris, Liberty, Montgomery & Waller counties.
LEGEND: All, Free, HIV+ only, Appt req (Walk-ins on Saturday), 300% poverty or below, Esp

Legal Redress Clinic

Provision of quality legal services to clients living with HIV/AIDS in the Houston EMA. All legal matters, except criminal, are addressed. Permanency planning and client advocacy workshops. Intake for Legal Redress Clinic: Saturday, 10am-2:30pm (except holidays). Intake for Legal Assistance program by appointment only.

NEIGHBORHOOD CENTERS, INC.

4500 Bissonnet, Suite 200
Bellaire, TX 77401

Mailing Address:
PO Box 271389
Houston, TX 77277-1389

MAIN: (713) 667-9400
FAX: (713) 669-5236
WEB: www.neighborhood-centers.org
LEGEND: All, Fam, Free, S\$, Flat fee, Appt req, Esp

Head Start, Early Head Start and Early Childhood Development centers. Youth and Family Services: life skills; youth development; family plans; adult and youth social programs; health and social services,

provided by a variety of tenant agencies. The WorkSource: childcare and employment development assistance. Senior Services: congregate meals; social programs; senior companions.

COMMUNITY CENTERS

NCI has four community centers that provide programs for children, youth, families and the elderly and respond to the needs of the community by providing information and referral; direct services; emergency services; education and enrichment classes; athletics services; youth services (including school age care) and community events. Ripley House has a charter school that offers classes for grades K-2.

Cleveland-Ripley

720 Fairmont Pkwy.
Pasadena, TX 77504
MAIN: (713) 944-9186
FAX: (713) 944-6128

Harbach-Ripley

6225 Northdale
Houston, TX 77087
MAIN: (713) 641-6321
FAX: (713) 641-1735

La Porte

911 S. 8th Street
La Porte, TX 77571
MAIN: (281) 471-1824
FAX: (281) 471-2977

Ripley House

4410 Navigation
Houston, TX 77011
MAIN: (713) 315-6400
FAX: (713) 315-6404

EARLY CHILDHOOD DEVELOPMENT CENTERS

These centers provide families and children with a stimulating learning environment where they can acquire a positive foundation for future learning & personal development. Both centers are accredited by the National Academy of Early Childhood Programs.

Magnolia

7037 Capitol
Houston, TX 77011
MAIN: (713) 921-7420

Sharp

4204 Reed Rd.
Houston, TX 77087
MAIN: (713) 733-3565

HEAD START CENTERS

NCI Operates 12 Head Start Centers in SW and W Houston. Head Start and Early Head Start are comprehensive child development programs which serve children from birth to age 5, pregnant women and their families; the overall goal is to increase social competence of young children from low-income families and help them prepare for a successful public school experience. Collaborations with Houston, Alief and Spring Branch ISDs allow NCI to provide the program at 20 area elementary schools as well.

INTAKE: (713) 273-3211

Albury

11125 Albury
Houston, TX 77096
MAIN: (713) 777-8192

Belle Park

4614 Belle Park
Houston, TX 77072
MAIN: (281) 564-8346

Braeburn

9595 Braes Bayou Drive
Houston, TX 77075
MAIN: (713) 776-8403

Campbell

1909 Campbell Road
Houston, TX 77080
MAIN: (713) 461-1804

Dunlap

12600 Dunlap, Bldg. 84
Houston, TX 77035
MAIN: (713) 728-1567

Freedom Station

4500 Bissonnet, Suite 100
Bellaire, TX 77401
MAIN: (713) 224-5437

Klein

6447 Prestwood
Houston, TX 77081
MAIN: (713) 988-6265

Long Point

8541 Long Point Road
Houston, TX 77055
MAIN: (713) 932-1433

Louie Welch

1818 Crockett
Houston, TX 77007
MAIN: (713) 869-2324

New Horizon

6565 Rookin
Houston, TX 77074
MAIN: (713) 779-4856

Pines of Westbury

12504 Dunlap, Bldg. B
Houston, TX 77035
MAIN: (713) 721-1547

Village Green

14011 Waterloo
Houston, TX 77045
MAIN: (713) 433-2956

ELDERLY SERVICE LOCATIONS: CONGREGATE MEAL SITES

NCI operates programs through 10 senior centers that provide meals and activities for seniors including home delivered meals through referral from the Texas Dept of Human Svcs.

MEAL REFERRALS: 800-758-8754

Bay Area Service Center

1300 Bay Area Blvd. Suite A
Houston, TX 77058
MAIN: (281) 282-6073

Bealle Village

4463 N. MacGregor Way
Houston, TX 77004
MAIN: (713) 748-3185

Golden Age Hobby House

2805 Winbern
Houston, TX 77004
MAIN: (713) 526-2641

J.W. Peavy

3814 Market
Houston, TX 77020
MAIN: (713) 238-2237

Kashmere Multi-Purpose Center

4802 Lockwood
Houston, TX 77026
MAIN: (713) 678-7554

Magnolia Multi-Purpose Center

7037 Capitol
Houston, TX 77011
MAIN: (713) 928-9590

Ripley House

4410 Navigation
Houston, TX 77011
MAIN: (713) 315-6400

Tri-Community

9525 Clinton Dr.
Houston, TX 77029
MAIN: (713) 671-9317

West End Multi-Purpose Center

170 Heights Blvd.
Houston, TX 77007
MAIN: (713) 866-4253

THE WORKSOURCE CHILDCARE

MAIN: (832) 615-1234
TOLL FREE: (800) 245-1255
WEB:

www.theworksource-childcare.org

The WorkSource provides financial assistance for childcare to over 12,000 families in the Gulf Coast area every day. Financial aid helps many parents keep their jobs as they work to improve their lives and the lives of their children. Financial Aid is limited and not everyone who qualifies will be able to get it right away. Frequently, we have to place families on a waiting list. We encourage you to place your name on the waiting list and at the same time seek other resources for low-cost childcare.

The program serves Austin, Brazoria, Chambers, Colorado, Ft. Bend, Galveston, Harris, Liberty, Matagorda, Montgomery, Walker, Waller and Wharton counties.

NEW HOPE COUNSELING CENTER

6420 Hillcroft Street, Suite 314
Houston, TX 77081
MAIN: (713) 776-8006
FAX: (713) 776-8030

CITY SECTION: South
NEIGHBORHOOD: Sharpstown
AREA SERVED: Zip codes: 77002, 04, 06, 09, 21, 26, 33, 35, 36, 56, 60, 74, 80, 82, 88, 91, 98
LEGEND: M, W, All, **HIV+ only**, Free, Walk-ins, CD

Health education and risk reduction programs targeting youth, African American females and the general public; community based volunteerism; alcohol and drug abuse prevention and counseling; food pantry;

short term rent, mortgage and utility payment assistance; supportive services for PLWHIA; internship and after school programs.

NEW HORIZON FAMILY CENTER

313 South Highway 6, Suite D
Baytown, TX 77520

MAIN: (281) 424-3300
FAX: (281) 428-1699
TOLL FREE/24 HOURS: (800) 824-4807
WEB: www.newhorizonfc.org

CITY SECTION: East
AREA SERVED: Chambers, Dayton, Eastern Harris & Liberty counties
LEGEND: W, C, Y, All, Free, Appt req, Lim, Esp

Emergency shelter and outreach services for survivors of domestic violence and sexual assault. Outreach services include: counseling, legal advocacy, community education and a 24-hour crisis hotline (talk about problems/voice concerns, information, referrals, intake). All services are provided free of charge.

NEW VISION DETOX AT DOCTOR'S HOSPITAL

233 West Parker Road
Houston, TX 77076

MAIN: (281) 765-2740
FAX: (281) 765-7528
TOLL FREE: (800) 939-2273

CITY SECTION: North
NEIGHBORHOOD: Northside
LEGEND: All, Flat fee, Med, Private Ins, CD

Inpatient hospital admissions 24/7 for persons incapacitated by drugs and/or alcohol whether in withdrawals or intoxicated addicted persons and treating any co-occurring medical problems coupled with the withdrawals: HIV/AIDS, diabetes, pregnancy, etc.

NONPROFIT CONSULTING SERVICES, LLC

Administration Office
1302 Waugh Drive, No. 636
Houston, TX 77019

MAIN: (713) 868-5409
FAX: (713) 868-0063
WEB: www.nonprofitconsulting.com

CITY SECTION: Central
NEIGHBORHOOD: Montrose

A consulting practice which offers technical assistance, grant writing, training and evaluation services to nonprofit entities, government agencies and corporations. Provides organizational leaders the resources necessary to succeed in a complex and competitive environment. Helps organizations fulfill their missions, survive crises, and serve their clients. Founded in 1998, NCS is a City of Houston certified MWBE and a State of Texas certified HUB.

NORTH CHANNEL ASSISTANCE MINISTRIES

13837 Bonham Street
Houston, TX 77015

MAIN: (713) 453-8028
FAX: (713) 453-2807
WEB: ncamonline.org

CITY SECTION: East
NEIGHBORHOOD: Northshore
AREA SERVED: Zip codes: 77013, 77015, 77029, 77044, 77049, 77078, 77530.

LEGEND: All, Free, Walk-ins, Must have ID, Proof of residence & income

Food, clothing vouchers, school uniforms and supplies, Thanksgiving baskets, Christmas toys, nutrition classes and food stamp assistance.

Alimentos, vale de vestimenta, uniformes y provisiones escolares, canastas de acción de gracias, clases de nutrición y asistencia de estampillas para alimentos.

NORTHSHORE COUNSELING CENTER

333 Freeport
Houston, TX 77015
MAIN: (713) 637-6000
FAX: (713) 637-6009

CITY SECTION: East
NEIGHBORHOOD: Northshore
LEGEND: All, Med, Private pay, Ins

Individual, family and couples counseling; psychological evaluation and assessment; employment testing.

NORTHWEST ASSISTANCE MINISTRIES

15555 Kuykendahl Road
Houston, TX 77090

MAIN: (281) 885-4555
FAX: (281) 583-5602
WEB: www.namonline.org
CITY SECTION: North
NEIGHBORHOOD: Bammel
AREA SERVED: Zip codes: 77014,
032, 038, 050, 060, 066, 067,
068, 069, 070, 073, 086, 090,
77373, 77379, 77386,
77388, 77389.
LEGEND: Fam, Free, Appt req, Esp

Assistance Program

The Assistance Program is open weekdays from 10am-5pm and offers trained volunteer counselors to assess each clients needs and match needs with the services available within NAM and in greater Houston. For those who qualify, in addition to counseling, the Assistance Program provides food, clothing, financial aid for housing payments, utility bills and transportation.

El Programa de Asistencia está abierto de lunes a viernes de 10am - 5pm y ofrece la ayuda de consejeros voluntarios entrenados para evaluar las necesidades del cliente y proporcionar los servicios disponibles en NAM y en Houston. Para los que califican, el programa ofrece consejería, alimento, vestimenta, ayuda financiera para la renta, utilidades, y transportación.

Children's Clinic

The Children's Clinic is open Monday through Friday from 8:00 a.m. until 4:30 p.m. It offers a full range of services, including well-child check-ups and acute care for children ages newborn through 18 years whose families have Medicaid, CHIP, are uninsured/underinsured or may not be eligible for government-funded programs. Physicians, nurses and a case manager work together to take into account the child's overall health, nutrition and home environment while emphasizing helping the whole family

La Clínica de Niños está abierta de lunes a viernes de 8:00am a 4:30pm y ofrece una variedad de servicios incluyendo una evaluación para el

bienestar del niño y cuidado agudo para niños recién nacidos hasta los 18 años de edad que son de familias que tengan Medicaid, CHIP, no tengan seguro médico o poco seguro médico, o no sean elegible para otros programas de fondos gubernamentales. Médicos, enfermeros y administradores de casos trabajan en conjunto para cumplir con la necesidad completa del niño incluyendo la nutrición y un ambiente hogareño con énfasis en ayudar a la familia entera.

Education Program

Education is one of the basic tools with which clients can implement their plan for a better tomorrow. Classes for GED and ESL are offered through our Learning Center.

El Programa de Educación: la educación es un tema clave para que los clientes puedan implementar un plan para un futuro mejor. Se ofrecen clases de GED e inglés en nuestro centro educacional.

NORTHWEST COMMUNITY HEALTH CENTER (HCHD) Early Intervention Program

1100 West 34th Street
Houston, TX 77018

MAIN: (713) 861-3939
FAX: (713) 867-7819
HIV TESTING: (713) 873-4157

CITY SECTION: Northwest
NEIGHBORHOOD: Oak Forest
LEGEND: M, W, Free, S\$, Med,
HIV+ only, Appt/Walk-ins

Outpatient primary care, OB/Gyn services, medication access and information, case management, social services, education, pharmacy, HIV counseling and testing.



ODYSSEY HEALTH CARE OF CONROE

100 I-45 North, Suite 300, Box 103
Conroe, TX 77301

MAIN: (936) 788-7707
FAX: (936) 788-7708
TOLL FREE: (800) 364-8173
WEB: www.odshealth.com

CITY SECTION: North
AREA SERVED: Montgomery & part
of Harris, Grimes, Liberty, Polk,
San Jacinto, Trinity, Walker
& Waller counties.
LEGEND: All, Med, Foundation
pays for indigent

Care team for the terminally ill at home, nursing home, personal care home or hospital. Hospice is intermittent care.

OMEGA SHEPHERD HEALTH-CARE, INC.

2640 Fountainview, Suite 140
Houston, TX 77057

MAIN: (713) 334-8200
FAX: (713) 334-8205
TOLL FREE: (866) 96 OMEGA
(966-6342)

WEB: www.omegashepherd.com
CITY SECTION: Southwest
NEIGHBORHOOD: Gulfton
LEGEND: M, W, Y, Fam, S\$, Med,
Ins, Appt req, CD

Alcohol and Drug Treatment and Education

Outpatient chemical dependency treatment for adults and adolescents. Mental health counseling, anger management, life skills and referrals to needed services also offered.

Mental Health Counseling

Individual and group counseling, anger management, life skills and referrals to community resources for needed services. Outpatient substance abuse treatment also available.

OPEN DOOR MISSION

5803 Harrisburg
Houston, TX 77011

MAIN: (713) 921-7520
FAX: (713) 921-4206
WEB: www.opendoorhouston.org

CITY SECTION: Central
NEIGHBORHOOD: Second Ward
LEGEND: M (18 & up), ID, Free,
Walk-ins, Lim, CD

Doorway Recovery Program

Men's homeless shelter providing meals and shelter; 9 month faith-based substance abuse recovery program; worksavings program; vocational training; GED/ESL/general education classes.



PALMER DRUG ABUSE PROGRAM

Mailing Address:
1200 Enclave Parkway
Houston, TX 77077

MAIN: (281) 589-4832
FAX: (281) 589-4834
WEB: www.pdaphouston.org
AREA SERVED: Harris County

A 12-step program designed to meet the needs of teenagers, young adults and their families. Included in our services are: crisis intervention, client assessment and referral, individual and family counseling sessions, 12-step support groups, sober social activities, community education and prevention programs.

AGE 12 TO 17 GROUPS:

CY-FAIR

Foundry United Methodist Church

8350 Jones Road
Houston, TX 77065

MAIN: (281) 795-9805
CITY SECTION: Northwest
NEIGHBORHOOD: Jersey Village
LEGEND: Y, Free, Walk-ins, CD
Mondays 7:30 - 9:00 p.m.

BELLAIRE/INNER LOOP

Faith Lutheran Church

4600 Bellaire Boulevard
Bellaire, TX 77401

MAIN: (713) 668-0133
CITY SECTION: Central

LEGEND: Y, Free, Walk-ins, CD
Thursdays 7:30-9:00 p.m.

MEMORIAL/SPRING BRANCH

West Houston Community Center

725 Bateswood #200
Houston, TX 77079

MAIN: (281) 870-9311
CITY SECTION: West
NEIGHBORHOOD: Memorial
LEGEND: Y, Free, Walk-ins, CD
Wednesdays 7:30-9:00 p.m.

SPRING/NORTH HOUSTON

Holy Comforter Episcopal Church

2322 Spring Cypress Road
Spring, TX 77388

MAIN: (281) 528-7908
CITY SECTION: North
LEGEND: Y, Free, Walk-ins, CD
Mon. & Thurs. 7:30-9:00 p.m.

SOUTHSIDE/HOBBY AIRPORT

St. Paul's Episcopal Church

7843 Park Place Boulevard
Houston, TX 77087

MAIN: (713) 857-2648
CITY SECTION: Southeast
NEIGHBORHOOD: Hobby
LEGEND: Y, Free, Walk-ins, CD
Wednesdays 7:30 - 9:00 p.m.

AGE 18 TO 25 GROUPS:

MEMORIAL/SPRING BRANCH

West Houston Community Center

725 Bateswood, #200
Houston, TX 77079

MAIN: (281) 870-9311
CITY SECTION: West
NEIGHBORHOOD: Memorial
LEGEND: Adults, Free, Walk-ins, CD
Mondays 7:30-9:00 p.m.

MEMORIAL/VOSS

Chapelwood United Methodist Church

11140 Greenbay
Houston, TX 77024

MAIN: (713) 857-7874
CITY SECTION: West
NEIGHBORHOOD: Memorial
LEGEND: Adults, Free, Walk-ins, CD
Thursdays 7:30-9:00 p.m.

SPRING/NORTH HOUSTON

Holy Comforter Episcopal Church

2322 Spring Cypress Road
Spring, TX 77388

MAIN: (281) 528-7908
CITY SECTION: North
LEGEND: Adults, Free, Walk-ins, CD
Tuesdays 7:30-9:00 p.m.

PARK PLAZA HOSPITAL

1313 Hermann Drive
Houston, TX 77004

MAIN: (713) 527-5000
FAX: (713) 524-6159
WEB: www.parkplazahospital.com

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: M, W, Ins, Private pay

Emergency care; day surgery and surgical services; radiation oncology; cardiovascular and cardiology specialties; diabetes services; maternity care center; orthopedics outpatient services; radiology; sleep disorder studies; wound care; hand and upper extremity center; rehabilitation services (inpatient and outpatient); general acute care.

PARTNERS RESOURCE NETWORK

3311 Richmond Avenue, Suite 334
Houston, TX 77098

MAIN: (713) 524-2147
FAX: (713) 942-7135
TOLL FREE: (877) 832-8945
WEB: www.partnerstx.org

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
AREA SERVED: Greater Houston
LEGEND: All parents of children with disabilities, Free, Walk-ins, Esp

Team Project

Assist parents of children with disabilities to be effective advocates for their children and to promote positive parent/professional partnership. Offers workshops, information and referral and other resources.

Un programa que asiste a los padres de niños incapacitados a que sean representantes efectivos de sus hijos, y promueve un compañerismo entre padres y profesionales. Además, ofrece talleres, información, referencia, y otros recursos

PAWS HOUSTON

Pets are Wonderful Support

14900 Woodham Drive, Suite 170-A
Houston, TX 77073

MAIN: (281) 443-3360
FAX: (281) 443-4477
WEB: www.pawshouston.org
CITY SECTION: North
AREA SERVED: Houston area
LEGEND: All, Free, S\$, Lim

Services for low income pet owners living with a terminal illness. Services include an animal food bank, subsidized veterinary care, volunteer pet care, grooming, and foster care when necessary. Provides Safe Pet Guidelines for clients as well as education of the medical and veterinary communities about the benefits and risks of animal companionship for people with medical and financial hardships.

Servicio para las personas de bajos recursos con una enfermedad terminal quienes necesitan ayuda con sus animales domésticos. El servicio incluye alimento, cuidado médico subsidiario, cuidado proveído por un voluntario, aseo y cuidado temporario del animal cuando sea necesario. Además, ofrece educación sobre la seguridad del animal, y los beneficios y riesgos que corren las personas con dificultades médicas y financieras de tener un animal doméstico.

PEOPLE WITH AIDS COALITION - HOUSTON, INC.

4100 Milam Street
Houston, TX 77006

MAIN/TTY: (713) 522-5428
FAX: (713) 522-2674
TOLL FREE: (800) 999-0325
WEB: www.pwach.org
CITY SECTION: Central
NEIGHBORHOOD: Montrose

Adolescent Case Management & Outreach

LEGEND: Y (ages 13-24)

Childcare at Thomas Street Health Center

2015 Thomas Street
Houston, TX 77009

CHILDCARE OFC: (713) 873-4160
FAX: (713) 873-4079
CITY SECTION: Central
NEIGHBORHOOD: Near Northside
LEGEND: M, W, C, Free, Appt req, **HIV+ only**, Esp

Onsite childcare for families visiting Thomas Street Health Center for medical appointments or social services. The onsite childcare program has been expanded to include Maya's Place, Bering Omega Community Services and Montrose Clinic. This is a mobile service available at all primary care sites or psychosocial services.

Ofrecemos una guardería para los niños de familias que asisten a sus citas médicas o de servicios sociales en la Clínica Thomas Street. Este servicio se ha extendido para incluir a otras localidades, así como Maya's Place, Bering Omega Community Services y Montrose Clinic. Este es un servicio móvil, o sea que, está disponible en todos los sitios donde ofrecen cuidado primario o servicios psicosociales.

Consumer Advocate Training Program (CATP)

LEGEND: W, **HIV+ only**

The CATP is funded through Ryan White Title IV and its focus is HIV+ women. It is an advocacy training program with multiple sessions and concludes with a retreat. The sessions cover topics such as treatment adherence, medical support, understanding the system of care & the funding sources, emotional support and skills building. Childcare is provided.

Health Education & Risk Reduction

LEGEND: M, W, (age 18 & up),
Appt/Walk-ins, Free, CD

Health education and risk reduction interventions are designed to assist clients, both HIV positive and negative, with tools to help change behaviors that put them at risk for HIV and other transmittable diseases.

Programa de intervención a nivel grupal sobre la educación de la salud y la reducción de riesgos diseñada para asistir a clientes VIH+ y VIH- a que cambien su comportamiento del riesgo de contraer el VIH u otras enfermedades transmisibles.

New Beginnings – Household Restart Program

LEGEND: All, I/RR, Free, Walk-ins,
HIV+ only, Esp

Provides free furniture and household goods for clients in need. This program mostly utilizes donated goods - anyone wishing to donate can drop off at our location or call to arrange for pick up.

Provee muebles y artículos para la casa gratuitamente a clientes que califiquen. Este programa depende en gran parte de donaciones - si desea donar, favor de traer su donación a nuestra oficina o llámenos y lo recolectaremos de su domicilio.

Prevention Case Management

LEGEND: M, W, Free, **HIV+ only**,
CD, Appt/Walk-ins,

Individual level intervention is designed to assist clients on a one-on-one basis with methods to help change behaviors that put them and others at risk for HIV and other STDs.

Intervención a nivel individual diseñada para asistir al cliente con métodos que lo ayuden a cambiar su comportamiento que lo pone a él y a otros en riesgo de contraer el VIH u otras enfermedades transmitidas sexualmente.

Volunteer Opportunities

AREA SERVED: Harris County
LEGEND: Adults (18 & up), Free,
Walk-ins, **HIV+ only**, Criminal
background check, TB test, Esp

Volunteer opportunities include office support, warehouse, fundraising, newsletter and public relations.

Oportunidades para voluntarios que quieran ayudar en nuestras oficinas de operaciones, en la bodega, recaudando fondos, produciendo el boletín de noticias y en relaciones públicas.

PET BEREAVEMENT COUNSELING SERVICES

2400 Westheimer, Suite 209 W
Houston, TX 77098-1305

MAIN: (713) 522-8344

CITY SECTION: Central

NEIGHBORHOOD: Greenway/
Upper Kirby

Offering comfort and support to individuals, families and groups whose lives have been altered due to the death of a pet. Consultations, workshops and educational seminars are also available.

PFLAG HOUSTON

Mailing Address:

PO Box 66834

Houston, TX 77266-6834

MAIN: (713) 46P-FLAG

WEB (local): www.pflaghouston.org

WEB (national): www.pflag.org

CITY SECTION: Central

NEIGHBORHOOD: Hermann Park

LEGEND: All, Free

Meeting Location:

St. Paul's United Methodist Church

5501 South Main at Binz

Houston, TX 77004

The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom -- the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. You may leave your message in confidence. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message. Your call is very important to us, but if you are not in the Houston area, we suggest first looking for a chapter in your area by going to the PFLAG National website. However, don't hesitate to call us if you cannot find help elsewhere.

PLANNED PARENTHOOD OF HOUSTON AND SOUTHEAST TEXAS, INC.

3601 Fannin Street
Houston, TX 77004

MAIN: (713) 522-6240

FAX: (713) 522-9047

WEB: www.pphouston.org

LEGEND: M, W, Y, Free,
Walk-ins, Esp

To be automatically connected to the nearest clinic, call:

TOLL FREE: (800) 230-PLAN

HIV counseling and testing, medical services for women, youth and teens (gynecology and birth control), abortion.

POSITIVE EFFORTS

11500 Northwest Fwy, Suite 200-U
Houston, TX 77092

MAIN: (713) 812-0044

FAX: (713) 957-1542

CITY SECTION: Northwest

NEIGHBORHOOD: Oak Forest

LEGEND: W, All, Free, CD

Health education in underserved communities; community outreach; case management; Sista Project; referrals; speaker bureau.

PRESBYTERIAN CHILDREN'S HOME

5020 W. Bellfort
Houston, TX 77035

MAIN: (713) 721-2908

FAX: (713) 721-2909

WEB: www.pchas.org

CITY SECTION: Southwest

LEGEND: All, Free

Presbyterian Child and Family Program

Child and family programs providing crisis intervention and family preservation services; in-home family assessment; parenting skills and support; teaching and building life skills; family and individual counseling; collaboration with community social services to assist families with all their needs. The goal is to address issues before a crisis results in out-of-home placement of children. Limited financial assistance for rent and utilities.

PSA HEALTHCARE

15535 West Hardy Road, #102
Houston, TX 77060

MAIN: (281) 999-8566

FAX: (281) 999-4103

TOLL FREE: (800) 859-8566

WEB: www.psakids.com

CITY SECTION: North

NEIGHBORHOOD: Aldine

Infusion; injectables; nursing; durable medical equipment and oxygen.

PWA COALITION

(See People with AIDS Coalition-Houston, Inc.)



RENEWED INNOVATIONS, INC.

Corporate Office

15510 Boulder Oaks Drive

Houston, TX 77084

MAIN: (281) 345-4432

FAX: (281) 345-4431

WEB: www.renewedinnovations.org

Camille's Boutique Upscale Resale & Retail Training Program

10153 Hammerly Boulevard
Houston, TX 77080

MAIN: (713) 932-6388

CITY SECTION: West

NEIGHBORHOOD: Spring Shadows

LEGEND: W, Flat fee, Lim

Offers clothing to the needy (through referrals); provide low income women with interview appropriate attire; 5 week training program to teach women to operate a retail business; volunteer program for senior women. Donations accepted daily and are tax deductible.

The Bethel Home

1721 Ronson Road
Houston, TX 77055

MAIN: (713) 467-2473

CITY SECTION: West
NEIGHBORHOOD: Spring Shadows
LEGEND: W, Flat fee, Appt req,
Lim, Must have job
after 30 days

Services targeting homeless women in transition: emergency shelter/transitional housing for up to one year (gain rental history); self-paced development program; job training and placement; individual counseling; educational enhancements; spiritual development; internal transition beauty makeovers. Program is designed to help women work towards financial independence and employment opportunities in a positive environment in order to build self-esteem.

Servicios para mujeres sin vivienda y en transición: refugio de emergencia vivienda de transición por un año, programa de desarrollo personal, entrenamiento y adquisición de empleo, consejería individual, promoción educacional, y desarrollo espiritual. El programa está diseñado para ayudar a las mujeres a desarrollar autoestima en un ambiente positivo, obtener empleo y lograr independencia financiera.

RESOURCE GROUP, THE

(See Houston Regional HIV/AIDS Resource Group)

RESURRECTION METROPOLITAN COMMUNITY CHURCH

2025 West 11th Street
Houston, TX 77008

MAIN: (713) 861-9149

FAX: (713) 861-2520

WEB: www.resurrectionmcc.org

CITY SECTION: Central
NEIGHBORHOOD: Heights
LEGEND: All, Appt req, ID

Food pantry, rent and utility assistance (as available: M, W, F only), and financial assistance for HIV+ persons by appointment only. Sunday worship service in the Christian tradition; Saturday at 7pm worship service in Spanish.

Misa en español todos los sábados a las 7pm.

RIVERSIDE GENERAL HOSPITAL

3204 Ennis Street
Houston, TX 77004

Mailing Address:
PO Box 8128
Houston, TX 77288-8128

MAIN: (713) 526-2441

FAX: (713) 526-3554

CITY SECTION: North
NEIGHBORHOOD: Near Northside

Adolescent Psychiatric Inpatient Program

LEGEND: Y (ages 13-18), Med,
Private Ins, Managed Care

Intense crisis and emergency psychiatric and substance abuse services, as well as assisting adolescents in dealing with emotional problems of self-esteem, drug dependency and adjustment disorders. Inpatient services include psychotherapy, pharmacology, education, counseling, family therapy and socialization. Admissions available 24 hours.

Almost Home

7655 Bellfort Street
Houston, TX 77061

MAIN: (713) 644-6425

CITY SECTION: Southeast

NEIGHBORHOOD: Golfcrest

LEGEND: W, CD

Almost Home is our answer to the needs of mothers who face substance abuse issues. Now, mothers won't have to make a choice between receiving the care they need and being away from their children. Almost Home allows women with children (infants to twelve years old) to participate in a 90-day residential treatment program while their children stay on the premises with them. Call for more information.

Houston Recovery Campus

4514 Lyons Avenue
Houston, TX 77020

MAIN: (713) 331-2501

CITY SECTION: Central

NEIGHBORHOOD: Fifth Ward

AREA SERVED: Harris County

LEGEND: Adults, CD, Free

Riverside General Hospital at the Houston Recovery Campus is a component of two substance abuse treatment facilities of its kind in the United States. The program provides free treatment to individuals who are presently experiencing chemical dependency and are financially indigent. Actively participating in community outreach, Riverside is able to inform individuals of the array of treatment opportunities available to them.

Day Treatment Program: A 28-day model outpatient program for adults who need substance abuse treatment.

Residential Program: Intensive 28-day model inpatient program of substance abuse treatment.

Meth-Laam Treatment Center

2905 Elgin
Houston, TX 77004

MAIN: (713) 621-1929

CITY SECTION: Central

NEIGHBORHOOD: Midtown

LEGEND: Adults, CD

The Meth-Laam Treatment Center is licensed by the Drug Enforcement Administration and the Drug Administration of the Department of State Health Services to provide narcotic maintenance services for clients who are dependent on heroin and other opiates. A primary medical component of these services includes dispensing methadone and LAAM as prescribed by the medical staff.

The Meth-Laam Treatment Center provides an intensive multidisciplinary, therapeutic environment that provides a variety of services for our clients. These services include, but are not limited to health education, hepatitis screening and education, HIV/AIDS and STD screening and education, medical and psychiatric education, tuberculosis screening and education, individual and group counseling, liaison assistance with the criminal justice system, life skills counseling and detoxification through methadone maintenance treatment.

Quality Living Program

7655 Bellfort Street
Houston, TX 77061

MAIN: (713) 526-2441

CITY SECTION: Southeast

NEIGHBORHOOD: Golfcrest

LEGEND: **HIV+ only**, M, W, Fam,
CD, Walk-ins,

Substance abuse and relapse prevention education, life skills and Job Quest training. Support services and referrals.

ROSENBERG-RICHMOND HELPING HANDS, INC.

802 Morton Street
Richmond, TX 77469

Mailing Address:

PO Box 1268
Richmond, TX 77469

MAIN/FAX: (281) 232-4904

WEB: www.rosrichhelpinghands.org

CITY SECTION: Southwest

AREA SERVED: Zip codes: 77417,
77421, 77441, 77444,
77451, 77461, 77464,
77469, 77471, 77476, 77481.

LEGEND: All, Free, Walk-ins

Food, clothing, school supplies, financial assistance (as available); referrals to needed services.

RYAN WHITE PLANNING COUNCIL OFFICE OF SUPPORT

2223 West Loop South, Suite 240
Houston, TX 77027

MAIN: (713) 572-3724

TTY: (713) 572-2813

FAX: (713) 572-3740

WEB: www.rwpc.org

CITY SECTION: Central

NEIGHBORHOOD: Galleria/Post Oak

LEGEND: All, Free

Support staff for Houston's Ryan White Planning Council. Each year, the RWPC prioritizes service categories and allocates federal funds to services for persons living with HIV/AIDS. All meetings and processes are open to the public and community input is encouraged at all levels. The Office of Support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book". A calendar of meetings/events, current Council publications, updates to the Blue Book and a wealth of other information is available online at www.rwpc.org.



SAAFE HOUSE

2432 Sam Houston Avenue
Huntsville, TX 77340

MAIN: (936) 291-3529

FAX: (936) 291-1327

24 HOURS: (936) 291-3369

WEB: www.saafehouse.org

CITY SECTION: North

AREA SERVED: Polk & Walker Co.
and the surrounding area

LEGEND: All, Free, S\$

24-hour crisis intervention and support services to victims of family violence and sexual assault; counseling services; shelter; children's programs; legal advocacy; education classes.

SAAFE HOUSE

602 Church Street
Livingston, TX 77351

INTAKE: (936) 327-9525

MAIN: (936) 327-6427

24 HOURS: (936) 327-2513

CITY SECTION: North

LEGEND: All, Free, S\$

24-hour crisis intervention and support services to victims of family violence and sexual assault; counseling services; shelter; children's programs; legal advocacy; education classes.

SALVATION ARMY, HOUSTON AREA COMMAND Social Services Department

1500 Austin
Houston, TX 77002

MAIN: (713) 752-0686

FAX: (713) 739-0105

WEB: www.salvationarmyhouston.org

CITY SECTION: Central

NEIGHBORHOOD: Downtown

AREA SERVED: Harris County

LEGEND: All, Free, Esp

Emergency assistance with food, rent, water bill, clothing.

SALVATION ARMY, MAINLAND CORPS

4210 Texas Avenue
Texas City, TX 77591

Mailing Address:

PO Box 1392

LaMarque, TX 77568

MAIN: (409) 935-1190

FAX: (409) 935-6523

CITY SECTION: Southeast

AREA SERVED: Mainland Galveston
County

LEGEND: All, Free, Lim, Esp

Emergency food (walk in); rental and utility assistance (by appointment); clothing. Intake 9am - 2pm.

SALVATION ARMY, MONTGOMERY COUNTY

304 Avenue E
Conroe, TX 77301

Mailing Address:

PO Box 897

Conroe, TX 77305

MAIN: (936) 760-2440

FAX: (936) 760-2484

WEB: salvationarmyhouston.org

CITY SECTION: North

AREA SERVED: Montgomery Co.

LEGEND: All, Free, Walk-ins

Social services include utility, rental, bus ticket and prescription assistance; food pantry; clothing and household items; emergency shelter; noon feeding program.

SANTA MARIA HOSTEL

2005 Jacquelyn
Houston, TX 77055

MAIN: (713) 957-2413

INTAKE: Ext. 100

FAX: (713) 957-1898

WEB: www.santamariahhostel.org

SANTA MARIA HOSTEL NORTH

807 Paschall
Houston, TX 77009

INTAKE: (713) 957-2413

Ext. 100

MAIN: (713) 222-0699

FAX: (713) 222-6425

CITY SECTION: Central

NEIGHBORHOOD: Near Northside

LEGEND: W, S\$, Appt req, CD, Esp

Supportive residential substance abuse treatment for a specialized female population and women with

children; outpatient substance abuse services for women. Case management and co-occurring psychiatric/substance abuse services for women.

Programa residencial para el tratamiento del abuso de sustancias de mujeres con hijos y población femenina especializada; tratamiento para el abuso de sustancias para mujeres pacientes externas. Administración de casos y tratamiento psiquiátrico simultáneo al uso de drogas y alcohol.

SANTA MARIA HOSTEL WEST

2005 Jacquelyn
Houston, TX 77055

MAIN: (713) 957-2413
INTAKE: Ext. 100
FAX: (713) 957-1898
CITY SECTION: Northwest
NEIGHBORHOOD: Spring Branch
LEGEND: W, Fam, S\$, Appt req,
CD, Esp

Intensive and supportive substance abuse treatment for a specialized female population, including women with children (up to age 12); outpatient substance abuse services for women. Case management and co-occurring psychiatric/substance abuse services offered for all programs.

Tratamiento intensivo y de apoyo para el abuso de drogas y alcohol para una población femenina especializada, incluyendo mujeres con hijas (hasta 12 años de edad); servicios para mujeres pacientes externas sobre el abuso de sustancias. En todos los programas se provee administración de casos y tratamiento psiquiátrico simultáneo al uso de drogas y alcohol.

SEARCH

2505 Fannin Street
Houston, TX 77002

MAIN: (713) 739-7752
FAX: (713) 739-7706
WEB: www.searchproject.org
CITY SECTION: Central
NEIGHBORHOOD: Midtown
LEGEND: M, W, Fam, All, I/RR, CD,
Free, Walk-ins, Esp,
Homeless only

SEARCH operates a one-stop shop for individuals and families who are homeless. We offer street outreach and a day shelter which provides showers, laundry facilities, phone

and mail services and a hot lunch. Other services available are employment placement services including vocational training, job readiness classes, job leads and job coaching; adult literacy, ABE classes and GED preparation and a 5-month training in culinary arts. A variety of housing options include scattered-site and congregate living environments for men, women and families as a transition or permanent for those who are disabled. SEARCH also operates an early childhood development center. Vivienda a largo plazo, programas educacionales, asistencia en la búsqueda de empleo.

Challenge Men's Program

10525 Eastex Freeway
Houston, TX 77093

MAIN: (713) 742-6953
FAX: (713) 742-6947
CITY SECTION: North
NEIGHBORHOOD: Eastex/Jensen
LEGEND: M, CD, Homeless &
Mentally ill, Lim, HUD

Discover Women's Program

4514 Lyons Avenue
Houston, TX 77020

INTAKE: (713) 331-2728
MAIN: (713) 331-2537
FAX: (713) 331-2517
CITY SECTION: Central
NEIGHBORHOOD: Fifth Ward
LEGEND: W, CD, I/RR,
Homeless only, Lim, HUD

House of Tiny Treasures Childcare Center

1529 Lombardy
Houston, TX 77023

MAIN: (713) 923-7938
FAX: (713) 923-7940
CITY SECTION: Central
NEIGHBORHOOD: East End
LEGEND: C (ages 0-6), Appt req,
Homeless only

A therapeutic child development center that provides art therapy, speech therapy, play therapy, child development, advocacy, parenting classes and case management.

Un centro que ofrece un programa terapéutico para el desarrollo del niño/a que incluye terapia de arte, del habla, y de juegos; desarrollo del niño, abogacía, clases para padres y administración de casos.

SER HOUSTON

Main Office
6615 Rookin Street
Houston, TX 77074

MAIN: (713) 773-6000
FAX: (713) 773-6010
WEB: www.serhouston.org

WorkSource SER Gulf Coast

3500 Little York, Suite 1-A
Houston, TX 77093

MAIN: (713) 697-3437
FAX: (713) 697-4063
WEB: www.worksource.org

CITY SECTION: Northeast
NEIGHBORHOOD: Eastex/Jensen
AREA SERVED: Harris County
LEGEND: M, W, Y (ages 13-19),
Free, Walk-ins, CD, Esp,
Proof of income & ID

One-stop job services: self help use of computers, fax and copiers. Workshops and job referrals with counselors on hand to answer questions. Assist with comprehensive assessments and training provided if qualified. Testing and expanded services to find employment. Also provide assistance to unemployed, dislocated workers.

SERENITY HOME HEALTH

2656 South Loop West, Suite 227
Houston, TX 77054

MAIN/INTAKE: (713) 665-2992
FAX: (713) 728-8543
24 HOURS: (832) 865-3645
CITY SECTION: Central
NEIGHBORHOOD: Astrodome/S Loop
AREA SERVED: Brazoria, Ft Bend,
Harris & Montgomery counties.
LEGEND: All, Med, Flat fee
(\$11/hour for non-Med),
PHC/Family Care, Appt req

Nursing and home health aide services including meal preparation and feeding, grooming and hygiene, light laundry, attend social events and medication reminders. Services are tailored to fit the needs of each client.

Servicio de enfermería y asistencia para la salud en el domicilio que incluye preparación de comida, limpieza e higiene personal, lavandería, asistencia a eventos sociales y recordatorio en tomar los medicamentos. El servicio está diseñado para cumplir con las necesidades individuales del cliente.

SIGN LANGUAGE ACCESSIBLE INTERPRETERS

PO Box 10126
Houston, TX 77206-0126

MAIN: (713) 263-9670
FAX: (713) 263-9737
TTY: (713) 263-8299
24 HRS/EMERGENCY: (713) 501-8273
WEB: www.accessiblesigns.com

CITY SECTION: All
LEGEND: All, Flat fee

Sign language interpreters, oral interpreters and information and referral for the Deaf and hard of hearing community. English, ASL and oral communication available. Interpreters are available 24-hours a day and many are trained in HIV/AIDS. CART and capturing services are available.

SIGN SHARES

99 Detering, Suite 160
Houston, TX 77007

INTAKE/TTY/24 HRS: (713) 869-4373
FAX: (713) 869-8463

WEB: www.signshares.com
CITY SECTION: Central
LEGEND: All, Flat fee, DARS/
DHHS funding available

Sign language, oral interpreting and transliteration services. Specialty in medical, legal, technical and special events. Services also available for foreign sign language users and trilingual (Spanish) events. Services available 365 days/24 hours to all sectors and venues. Videoconference available by appointment. Services include trilingual English/ASL/Spanish and services to deaf and hard of hearing immigrants of Spanish speaking countries.

Servicios del habla por señas, interpretación oral y traducción. Especializados en el área médica, legal, técnico, eventos especiales, el habla por señas utilizados en otros países, y en eventos trilingües (español). Estos servicios están disponibles las 24 horas del día, 365 días del año. Conferencia en video disponible con una cita.

SISTERS INSPIRING SISTERS

Location Confidential

MAIN: (713) 751-8805

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: W, Free, Walk-ins,
HIV+ only, CD

Support group to empower and educate HIV+ women to maintain a healthy quality lifestyle. Provides HIV/AIDS education and updates, guest speakers, information on research/clinical trials, light healthy snacks and childcare for group attendees. This group meets twice a month, please call for more information.

SOCIAL SECURITY ADMINISTRATION

TOLL FREE: (800) 772-1213
TTY: (800) 325-0778

WEB: www.ssa.gov
CITY SECTION: All
LEGEND: All, Walk-ins, Free, Esp

Social security retirement; survivor, disability and Medicare benefits; supplemental security income benefits for aged, blind and disabled.

You can get more information 24 hours a day by calling Social Security's tollfree number. You can call for an appointment or to speak to a service representative between the hours of 7:00am and 7:00pm on business days. Lines are busiest early in the week and early in the month so, if your business can wait, it's best to call at other times. Whenever you call, have your Social Security number handy.

If you have a touch-tone phone, recorded information and services are available 24 hours a day, including weekends and holidays.

People who are deaf or hard of hearing may call our toll-free TTY number between 7:00am and 7:00pm on business days.

**Office hours for the locations below:
Monday - Friday, 9:00am - 4:00pm.**

Downtown Houston

3100 Smith Street
Houston, TX 77006

Northeast Houston

5414 Aldine Mail Rd
Houston, TX 77039

Northwest Houston

10120 Northwest Fwy, Suite 100
Houston, TX 77092

Southeast Houston

8989 Lakes at 610 Drive
Houston, TX 77054

Southwest Houston

7324 Southwest Fwy, Ste 500
Houston, TX 77074

SOUTH TEXAS COLLEGE OF LAW

Legal Clinic

1602 San Jacinto
Houston, TX 77002

MAIN: (713) 652-0009
FAX: (713) 652-5960

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris County
LEGEND: All, Appt req, Esp

Legal services including Social Security disability, simple divorces, adult name changes, guardianship of the person, limited wills and probate matters. Intake: Monday thru Friday, 10:00am – 3:00pm.

SOUTHEAST AREA MINISTRY

2102 Houston Boulevard
South Houston, TX 77587

Mailing Address:

PO Box 267
South Houston, TX 77587-0267

MAIN: (713) 944-0093
FAX: (713) 944-2157

CITY SECTION: Southeast
AREA SERVED: Zips: 77504, 77587,
77017, 77034, 77061,
77075, 77087, 77089.

LEGEND: All, Fam, Walk-ins, Free
Food, used clothing, furniture and household items; financial assistance for housing, utilities, prescriptions, job needs and transportation; referrals; school uniforms, shoes and supplies; Christmas gifts.

Se ofrece servicio de traducción/interpretación cuando esté disponible o sea necesario.

SOUTHEAST TEXAS LEGAL CLINIC

3400 Montrose Blvd., Suite 400
Houston, TX 77006

Mailing Address:
PO Box 667007
Houston, TX 77266

MAIN: (713) 523-7852
FAX: (713) 523-4253
TOLL FREE: (800) 642-3994

CITY SECTION: Central
NEIGHBORHOOD: Montrose
AREA SERVED: Austin, Chambers,
Colorado, Ft. Bend, Harris,
Liberty, Montgomery, Walker,
Waller & Wharton counties.

LEGEND: All, Fam, Walk-ins, Free,
HIV+ only, Esp

Provide free legal services to qualified individuals. Can assist in civil matters related to HIV status.

SOUTHSIDE PHARMACY - INFUSION

4009 Bellaire Blvd., Suite J
Houston, TX 77025

MAIN: (713) 660-8888
FAX: (713) 661-4828
TOLL FREE: (888) 660-MEDS

WEB: www.ssr.com
CITY SECTION: Central
NEIGHBORHOOD: West University
LEGEND: All, Fam, Med, Esp

Specialized care for people living with HIV/AIDS, Cancer and other chronic conditions. Pharmacy, home infusion, durable medical equipment, compounding, refill reminders and free delivery. Skilled nursing, infusion suite.

Farmacia, infusión a domicilio, equipo medico durable, servicio de enfermeras, envíos a domicilio (gratis) y mucho mas.

SOUTHWEST AREA MINISTRY

12621 Bissonnet
Houston, TX 77099

Mailing Address:

PO Box 720539
Houston, TX 77272-0539
MAIN: (281) 530-8633

WEB: www.southwestministry.org
CITY SECTION: Southwest
NEIGHBORHOOD: Alief
AREA SERVED: Zips: 77031, 036, 071,
072, 074, 083, 099 & the area
north of Hwy 90-A, east of FM 1464
in zip codes: 77477, 77478, 77489.

LEGEND: All, Fam, Walk-ins, Free
Emergency assistance only. Provides 5-days of food; clothing; household items for startup homes; emergency assistance with rent and utilities. Must have photo ID, current proof of residence and documentation of recent emergency; pre-screening required for financial assistance.

SPAY-NEUTER ASSISTANCE PROGRAM (SNAP)

Mailing Address:
PO Box 70286
Houston, TX 77270

MAIN: (713) 862-3863
FAX: (713) 880-3172
TOLL FREE: (800) 762-7762

WEB: www.snapus.org

Spay-Neuter Clinic

1603 Shepherd Drive
Houston, TX 77007

MAIN: (713) 863-0010
FAX: (713) 863-8804

CITY SECTION: Central
NEIGHBORHOOD: Heights
LEGEND: Free or low cost, Appt req

Through our Animal Aid Program, SNAP provides free Spay and Neuter procedures, including Rabies vaccine for dogs and cats living with qualified families affected by HIV/AIDS. There is currently a limit of two free surgeries per family per year. Clients are referred by AIDS service agencies including: AIDS Foundation Houston, The Assistance Fund, Bering Dental, Center for AIDS, Montrose Clinic, Montrose Counseling Center, Northwest Clinic, PAWS-Houston, PWA Coalition, Stone Soup and Thomas Street Clinic. An identification card is issued and must be presented at each visit. Clinic hours: Wed-Sun 7:30am-6pm.

Wellness Clinic

1801 Durham, Suite 1
Houston, TX 77007

INTAKE: (713) 863-0010
MAIN: (713) 862-8001
FAX: (713) 863-8964

CITY SECTION: Central
NEIGHBORHOOD: Heights
LEGEND: Free, Low cost, Walk-ins

Through our Animal Aid Program, SNAP provides free office visits and a 40% discount on veterinary services

for dogs and cats living with qualified families affected by HIV/AIDS. Spaying or neutering, provided free of charge, is required for animals receiving care through SNAP. Clients are referred by AIDS service agencies including: AIDS Foundation Houston, The Assistance Fund, Bering Dental, Center for AIDS, Montrose Clinic, Montrose Counseling Center, Northwest Clinic, PAWS-Houston, PWA Coalition, Stone Soup and Thomas Street Clinic. An identification card is issued and must be presented at each visit. There is currently no limit to the number of visits or animals for any one client. Clinic hours: Mon/Tues 10am-6pm; Wed/Thurs 12pm-9pm; Fri/Sat 9am-6pm; Sun 12pm-4pm.

Spay-Neuter Mobile Program

MAIN: (713) 522-2337

AREA SERVED: Harris County
LEGEND: Free or low cost,
First come-first served

Call for dates and locations. Free spay or neuter, rabies shot, city license; low cost distemper shot, deworming, flea prevention. Must have proof of participation in one of these programs: food stamps, TANF, WIC, AIDS Foundation Houston, SSI/SSD, major VA disability, Harris County gold card, Medicaid or Section 8. Clients should arrive as early as 6 am as there are only 24 spots available.

ST. HOPE FOUNDATION

6200 Savoy, Suite 540
Houston, TX 77036

MAIN: (713) 778-1300
FAX: (713) 778-0827
TOLL FREE: (877) 559-HOPE
TRANSPORTATION: (713) 778-0358

WEB: www.offeringhope.org
CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
AREA SERVED: Houston & the
surrounding counties.

LEGEND: All, I/RR, Free, Appt/Walk-ins, Esp, **HIV+ only**

Medical Case Management: Medical Case Management for people living with HIV/AIDS. The team consists of a nurse, several case managers and service linkage staff who have extensive experience in educating and monitoring the clients adherence to

their treatment regimen. In addition, the team will coordinate and link clients to various support services within the community.

Outreach (targeting African Americans): The goal of the H.O.P.E. (Helping - Others - Pursue - Empowerment) Street Outreach team is to identify and link traditionally underserved and hard-to-reach HIV positive African Americans into the system of care for HIV/AIDS. The primary emphasis of this program is enrolling clients into medical care and linking them to various services (i.e., transportation, case management, mental health and substance abuse counseling, etc.) as it relates to their needs. Outreach services are short-term (60 days) and intensive.

Housing Assistance: Our housing assistance program provides rental assistance to persons living with HIV/AIDS.

Prevention Health Education/Risk Reduction: Through funding from the City of Houston, the Foundation provides community level intervention services to targeted zip codes in the Northeast area of Houston. The prevention staff performs aggressive and unconventional street outreach methods to reach individuals at-risk of becoming infected with STDs/HIV. In addition, the prevention program works with Houston Area Community Services (HACS) to facilitate educational groups under the SISTA program funded by the Department of State Health Services.

Transportation (Urban & Rural): Vehicle and van-based transportation services are provided to persons living with HIV/AIDS. All transportation requests are prioritized with medical appointments being top priority. Trip requests must be scheduled at least 48-hours prior to the date of the trip. A limited supply of emergency taxi vouchers are available to clients with identified severe needs. Only URBAN transportation clients must have a medical waiver prior to service.

Administración médica de casos para personas con el VIH/SIDA; programa enfocado al alcance de la población

afroamericana; asistencia para la renta para personas con el VIH/SIDA; educación de prevención/reducción de riesgo en ciertas zonas del noreste de Houston; y transportación para personas con el VIH/SIDA. Los viajes deben ser solicitados con por lo menos 48 horas de anticipación. Boletos para utilizar el taxi son limitados a pacientes con necesidades severas. Sólo los clientes del condado Harris deben tener una referencia médica antes de utilizar el servicio de transportación.

St. Hope Clinic Bellaire

6800 West Loop South, Suite 560
Bellaire, TX 77401

MAIN: (713) 839-7111
FAX: (713) 839-7156

CITY SECTION: Central
NEIGHBORHOOD: Bellaire
LEGEND: All, I/RR, Free, **HIV+ only**
Med, Ins, Appt/Walk-ins, Esp

Primary Medical Care: Since 2001, the Foundation has been providing comprehensive medical care to patients living with HIV/AIDS in rural counties. St. Hope Clinic has an expert medical team with over 20 years of experience in the treatment and management of HIV/AIDS. Thus, patients are able to receive the highest quality of medical care to improve and sustain the maximum quality of life. The clinic is able to serve patients with Medicaid, Medicare, private insurance and those who are uninsured (through Ryan White funds).

Cuidado Médico Primario: Desde el año 2001, la fundación ha estado ofreciendo un cuidado médico completo a las personas con VIH/SIDA en los condados rurales. La Clínica St. Hope tiene un equipo médico experto con más de 20 años de experiencia en el tratamiento y el manejo del VIH/SIDA. Por lo tanto, los pacientes pueden recibir la más alta calidad en atención médica para mejorar y mantener una máxima calidad de vida. Aceptamos Medicaid, Medicare, seguro médico privado, y los que no tienen seguro médico (a través de fondos Ryan White).

Health Education & Risk Reduction: Secondary prevention and education for persons living with HIV/AIDS.

Educación de la Salud y Reducción de Riesgo: prevención secundaria y educación para personas con VIH/SIDA.

Hepatitis A/B/C, HIV & STD Testing: provided to HIV+ or at-risk individuals. The clinic uses the new 20-minute OraQuick test for HIV.

Análisis de la Hepatitis A/B/C, VIH, y ETS: proveídos a personas con el VIH o a individuos de alto riesgo. Utilizamos el análisis OraQuick para el VIH con resultados en sólo 20 minutos.

St. Hope Foundation Conroe

1414 South Frazier, Suite 105
Conroe, TX 77301

MAIN: (936) 441-2440
TOLL FREE: (800) 241-3020

CITY SECTION: North
AREA SERVED: Montgomery, Harris & Waller counties; Huntsville.
LEGEND: All, **HIV+ only**, I/RR, Free, Med, Ins, Appt req, Esp

HIV medical care clinic.

Clínica médica del VIH.

St. Hope Foundation Stafford

4915 South Main, Suite 110
Stafford, TX 77477

MAIN: (281) 277-8572
FAX: (281) 277-8564

CITY SECTION: Southwest
AREA SERVED: Chambers, Ft. Bend, Liberty & SW Harris (outside Beltway 8) counties
LEGEND: All, I/RR, Free, Med, Appt req, **HIV+ only**, Esp

HIV medical care clinic.

Clínica médica del VIH.

ST. JOHN VIANNEY SOCIAL SERVICES

625 Nottingham Oaks
Houston, TX 77079

MAIN: (281) 497-4434
FAX: (281) 584-2046
WEB: www.stjohnvianney.org

CITY SECTION: West
NEIGHBORHOOD: West Memorial
AREA SERVED:

Financial: Part of Zips 77077,
77079 or parishioners of
St. John Vianney.

Food: Zips 77043, 77055,
77077, 77079

LEGEND: All, Free, Appt req
(walk-ins for food/clothing
M-F, 9-11am), Esp

*Emergency food once a month,
clothing once every 6 months and
financial assistance for rent and/or
utilities possible every 6 months
depending on situation.*

*Servicios de alimentos de emergen-
cia (una vez por mes), vestimenta
(cada seis meses), asistencia
financiera para la renta y utilidades
(cada 6 meses).*

ST. MARY MAGDALENE SOCIAL SERVICES

527 South Houston Avenue
Humble, TX 77338

MAIN: (281) 540-1907
CITY SECTION: North

AREA SERVED: Zips 77346, 77396
& 77338 east of Lee Rd.

LEGEND: All, Free, Walk-ins, Lim,
Proof of residence

*Food pantry, utility and rental assis-
tance only with termination, discon-
nect or eviction notice (once a year);
referrals for other needs. Hours:
Monday, Wednesday and Friday,
10am-12pm or first 12 families in
line.*

ST. PIUS CATHOLIC CHURCH

824 South Main Street
Pasadena, TX 77506

MAIN: (713) 473-9484 Ext. 316
FAX: (713) 473-2731

WEB: www.stpius.com
CITY SECTION: East

AREA SERVED: Pasadena, South
Houston, Deer Park & Galena Park

LEGEND: Fam, Free, Lim, Social
Security card for all family members,
Proof of residence, Picture ID

*Food (once every 2 months), limited
financial assistance with rent and
utilities (once every 6 months).
Office hours: Tues, Wed, Thurs 2:00-
4:00pm.*

*Alimento (cada dos meses), asisten-
cia financiera limitada para la renta y
utilidades (cada 6 meses).*

STAR OF HOPE

Administration Office
6897 Ardmore Street
Houston, TX 77054

MAIN: (713) 748-0700
FAX: (713) 748-5941

WEB: www.sohmission.org

Men's Development Center

1811 Ruiz
Houston, TX 77002

MAIN: (713) 227-8900
FAX: (713) 227-5703

CITY SECTION: Central
NEIGHBORHOOD: Downtown
LEGEND: M, Walk-in, Lim, Free, CD

*Emergency shelter for homeless men
with 3 meals per day. Extended stay
(6 months) substance abuse program
with spiritual emphasis, case man-
agement and licensed chemical
dependency counseling; transitional
living center, career development,
education (tutoring, GED assistance),
and clinic 4 days a week (including
vision clinic). Must acquire ID after 5
days or forfeit services.*

Transitional Living Center for Women and Families

6801 Ardmore
Houston, TX 77054

MAIN: (713) 748-7242
FAX: (713) 748-0891

CITY SECTION: Central
NEIGHBORHOOD: Macgregor
LEGEND: W, Fam, Lim, Free, Esp

*Intensive 12-month recovery pro-
gram consisting of case manage-
ment, education, substance abuse
recovery, mental health counseling,
spiritual growth, employment assis-
tance, life management skills and
development. Facility accommo-
dates 45 single women and 66 families.*

Women and Family Shelter

419 Dowling
Houston, TX 77002

MAIN: (713) 222-2220
FAX: (713) 222-1046

CITY SECTION: Central
NEIGHBORHOOD: Second Ward
LEGEND: W, Fam, Lim, Free, Esp

*Emergency shelter for 30-90 days
providing case management, com-
puter learning center, medical clinic,
parenting and life skills/enrichment
classes, spiritual growth, nursery and
preschool childcare. Requirements
for admission are current and valid
ID, birth certificates for children and
marriage license for couples. Facility
accommodates approximately 300.*

STAT HOME HEALTH CARE, INC.

711 Hyde Park
Houston, TX 77006

MAIN: (713) 520-9997
FAX: (713) 520-9996
WEB: www.STAThomecare.com

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: Adults, Free, Med, Ins,
Flat fee, Appt & referral req,
Call for intake

*STAT Home Health Care is committed
to meeting the needs of its clients by
providing affordable care. We are
dedicated to the highest standards
of quality in the delivery of this care.*

Nursing Services: Registered nurses
(RNs) work with your doctor to pro-
vide home care services. Their assess-
ment, skilled treatment and support
provide the high quality care you
need to recover at home. A regis-
tered nurse is available for admis-
sions, urgent situations or questions
24 hours a day.

Home Health Aides/Sitters: STAT
Home Health Care home health
aides are Certified Nursing Assistants
who assist with activities such as
bathing, dressing and meal prepara-
tion. Attention to personal needs is
a vital component of our service.

Physical Therapy: Our physical ther-
apy staff will come to your home to
provide therapy such as therapeutic
exercise, gait training and instruc-
tion in using a walker or cane.

Occupational Therapy: Occupational Therapists help patients regain day-to-day skills such as eating, dressing, housekeeping and personal hygiene.

Speech Therapy: This therapy helps patients with speaking or swallowing problems.

El servicio del cuidado de salud en el domicilio (STAT) está comprometido a cumplir con las necesidades del cliente a un costo razonable. Estamos dedicados a un alto estándar de calidad. Los servicios incluyen enfermería, asistencia de salud en la casa; terapia física, ocupacional, y del habla

STAT SCRIPT PHARMACY

4101 Greenbriar, Suite 235
Houston, TX 77098

MAIN: (713) 521-1700
FAX: (713) 521-5855
TOLL FREE: (866) 523-5995
WEB: www.statscript.com
CITY SECTION: Central
NEIGHBORHOOD: West University
LEGEND: All, Med, Esp

ADAP pharmacy.

Personal hispanohablante disponible.

STAT SCRIPT PHARMACY - MONTROSE

3407 Montrose Blvd., Suite A-5
Houston, TX 77006

MAIN: (713) 522-7373
FAX: (713) 522-8696
TOLL FREE: (866) 523-5998
CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: All, Med, Esp

STONE SOUP

(See AIDS Foundation Houston)

STUDEWOOD PHARMACY

1407 Studewood
Houston, TX 77008

MAIN: (713) 869-3487
FAX: (713) 869-8111
CITY SECTION: Central
NEIGHBORHOOD: Heights
LEGEND: All, Med, Esp

Tenemos disponible un personal técnico farmacéutico hispanohablante.

SULLIVAN PHARMACY

1140 Grand Avenue
Bacliff, TX 77518

MAIN: (281) 339-4577
FAX: (281) 339-1696
WEB: www.mygnp.com
CITY SECTION: Southeast
LEGEND: All, Med



TEXANA MENTAL HEALTH & MENTAL RETARDATION CENTER

Administrative Offices
4910 Airport Avenue, Bldg B
Rosenberg, TX 77471

MAIN: (281) 239-1300
FAX: (281) 232-2541
24 HOURS: (800) 633-5686
WEB: www.texanamhmr.com

Behavioral Training & Treatment Center

1818 Collins Road
Richmond, TX 77469

MAIN: (281) 239-1140
CITY SECTION: Southwest
LEGEND: All, S\$, Med, Appt req
(except in crisis)

Early Childhood Intervention

3634 Glenn Lakes Drive
Missouri City, TX 77459

MAIN: (281) 208-6600
CITY SECTION: Southwest
LEGEND: All, S\$, Med, Appt req
(except in crisis)

Glenn Lakes Mental Health Clinic

3634 Glenn Lakes Dr, Suite 101
Missouri City, TX 77459

MAIN: (281) 403-9666
CITY SECTION: Southwest
LEGEND: All, S\$, Med, Appt req
(except in crisis)

Missouri City Mental Health Clinic

3634 Glenn Lakes Dr., Suite 230
Missouri City, TX 77459

MAIN: (281) 261-3200
CITY SECTION: Southwest
LEGEND: All, S\$, Med, Appt req
(except in crisis)

Missouri City MR

Habilitation Center
3660 Glenn Lakes Drive
Missouri City, TX 77459

MAIN: (281) 499-3141
CITY SECTION: Southwest
LEGEND: All, S\$, Med, Appt req
(except in crisis)

Rosenberg Mental Health Clinic

4910 Airport Drive
Rosenberg, TX 77471

MAIN: (281) 342-6384
CITY SECTION: Southwest
AREA SERVED: Austin, Colorado,
Ft. Bend, Matagorda, Waller
& Wharton counties.
LEGEND: All, S\$, Med, Appt req
(except in crisis)

Mental health counseling and support groups; 24-hour information and crisis hotline.

Sugarland MR Employment Center

1005 Industrial Drive
Sugarland, TX 77478

MAIN: (281) 565-6200
CITY SECTION: Southwest
LEGEND: All, S\$, Med, Appt req
(except in crisis)

TEXAS AIDS NETWORK

Mailing Address:

PO Box 2395
Austin, TX 78768-2395

MAIN: (512) 447-8887
FAX: (512) 447-1115
WEB: www.texasaids.net
LEGEND: All

A statewide coalition dedicated to improving the quality, availability and funding of HIV/AIDS education, prevention and services in Texas and creating an environment in which HIV/AIDS info and services are accessible to all Texans. Membership is open to anyone who shares a commitment to our mission. Texas AIDS Network works with policy makers at the state and national levels to provide progressive and humane solutions to issues that arise in the course of the epidemic. The Network's advocacy guided by a set of Policy Principles agreed upon by its members. Current activities related to public policy as well as information on access to medications and HIV/AIDS health fraud are highlighted in the Public Policy section of their website.

TEXAS CHILDREN'S HOSPITAL

6621 Fannin Street
Houston, Texas 77030

MAIN: (832) 824-1000
EMERGENCY CTR: (832) 824-5454

WEB: www.texaschildrenshospital.org
CITY SECTION: Central
NEIGHBORHOOD: Medical Center

Allergy & Immunology Department

1102 Bates, 3rd Floor
Houston, TX 77030-2399

MAIN: (832) 824-1319
24 HOURS: (832) 824-2099

LEGEND: C (ages 13-18), Med
Primary medical care for children to age 18.

Baylor International Pediatric AIDS Initiative

6621 Fannin Street, CC 1210
Houston, TX 77030-2399

MAIN: (832) 822-1038
WEB: www.bayloraids.org
LEGEND: **HIV+ only**,
C (ages 13-18), Med

Pediatric primary care for HIV infected children and adolescents and their infected or uninfected siblings and also HIV exposed infants. Staff MD provides direct care to children and youth.

Department of Retrovirology

6621 Fannin Street, CC 1570
Houston, TX 77030

MAIN: (832) 822-1038
FAX: (832) 825-1281
LEGEND: Esp, C (ages 0-18), S\$,
Med, **HIV+ only**, Call for intake

Pediatric primary care for HIV infected children and adolescents and their infected or uninfected siblings and also HIV exposed infants. Staff MD provides direct care to children and youth.

TEXAS COMMISSION FOR THE BLIND

(See Department of Assistive and Rehabilitative Services - Blind Division)

TEXAS DEPARTMENT OF HEALTH (TDH)

(See Department of State Health Services)

TEXAS DEPARTMENT OF FAMILY AND PROTECTIVE SERVICES

Mailing Address:
PO Box 149030
Austin, TX 78714-9030

MAIN: (713) 767-2700
FAX: (713) 767-2769
24 HOURS: (800) 252-5400

WEB: www.dfps.state.tx.us
AREA SERVED: Texas
LEGEND: All, Free

Childcare Information

MAIN: (800) 862-5252

Information about childcare in Texas. Available Mon-Fri, 8:00am – 5:00pm.

Report Abuse in MHMR Facilities

24 HOURS: (800) 647-7418

Hotline to report abuse, neglect or exploitation in Mental Health/Mental Retardation facilities.

Texas Abuse, Neglect & Exploitation Reporting System

MAIN: (800) 252-5400
WEB: www.txabusehotline.org
LEGEND: All, Free, Esp

Report suspicions of abuse/neglect of children or abuse/neglect/exploitation of persons 65 years or older and adults with disabilities. The Texas Family Code 261.101 requires professionals to make a report within 48 hours of first suspecting abuse, neglect or exploitation (for licensing only) of children. The Human Resources code Chapter 48 (48.051) requires a person having cause to believe that an elderly or disabled person is in the state of abuse, neglect, or exploitation to report the information required immediately. Call your local law enforcement agency or 911 if the situation is an emergency. Online reporting system is provided for your convenience to report instances of abuse or neglect that do not require an emergency response.

Texas Runaway Hotline

24 HOURS: (888) 580-HELP
WEB: www.texasrunaway.org
LEGEND: All, C, Y, Fam, Free, Esp

24-hour confidential services including: crisis intervention, telephone counseling, services to runaways,

potential runaways and families; information and referrals; free message service to promote communication between runaways and families.

Texas Youth Hotline

24 HOURS: (800) 210-2278

WEB: www.texasyouth.org
LEGEND: All, C, Y, Fam, Free, Esp

24-hour confidential services including: crisis intervention, telephone counseling, services to troubled youths and families; information and referrals to community services.

TEXAS HEALTH AND HUMAN SERVICES

5425 Polk Avenue
Houston, TX 77023

MAIN: (713) 767-2000
FAX: (713) 767-2419
TOLL FREE: (800) 448-3927
24 HOURS: 2-1-1

WEB: www.hhs.state.tx.us
LEGEND: All, Free, Esp

No matter where you live in Texas, 2-1-1 is the phone number for free access to health and human services information in your local community.

THOMAS STREET CLINIC (HCHD)

2015 Thomas Street
Houston, TX 77009

MAIN: (713) 873-4000
FAX: (713) 873-4052
CITY SECTION: Central
NEIGHBORHOOD: Near Northside
LEGEND: M, W, Free, S\$, Med, Esp,
HIV+ only, Appt/Walk-ins, Gold card

Outpatient primary care; OBGyn services; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling; support groups.

Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH, grupos de apoyo.

TRIANGLE AIDS NETWORK, INC.

2544 Broadway Street
Beaumont, TX 77702

Mailing Address:

PO Box 12279
Beaumont, TX 77726

MAIN: (409) 832-8338
FAX: (409) 832-9625
TTY: (409) 832-0973

WEB: www.tanbmt.com
CITY SECTION: East
AREA SERVED: Hardin, Jefferson
& Orange counties.

LEGEND: Free, S\$, **HIV+ only**,
Appt req, UTMB affiliate, Esp

Free and confidential HIV testing and early intervention medical clinic; education resources; workshops; annual conference; case management; support groups and counseling; transportation; home health; food pantry and nutritional services; advocacy; dental services; medication, doctor co-pay and insurance premium assistance; activity center; laundry service; housing assistance speakers bureau and condom distribution.

TRINITY GARDENS INTEGRAL FORCES, INC

4812 Bennington
Houston, TX 77016

MAIN: (713) 631-0329 Ext. 26
FAX: (713) 631-7100

CITY SECTION: Northeast
NEIGHBORHOOD: Trinity/Houston
Gardens

LEGEND: All, I/RR, Walk-ins, CD, Esp
Food pantry for underserved and HIV clients; support group for those infected and/or affected by HIV/AIDS; educational services provided by certified instructors.

TRS BEHAVIORAL CARE, INC.

Corporate Office
902 West Alabama
Houston, TX 77006

MAIN: (877) 627-4389
FAX: (713) 528-7915

WEB: www.rightstep.com

The Next Step - Men

3401 Fannin Street
Houston, TX 77004

MAIN: (713) 526-0311
FAX: (713) 526-0431

CITY SECTION: Central
NEIGHBORHOOD: Midtown
LEGEND: M, Med, Private pay/Ins,
Appt/Walk-ins, CD

Transitional living, intensive outpatient, recovery maintenance.

The Next Step - Women

7700 Amelia Road
Houston, TX 77055

MAIN: (713) 263-7475
FAX: (713) 263-7463

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
LEGEND: W, Med, Private pay,
Ins, Appt/walk-ins, CD

Transitional living, intensive outpatient, recovery maintenance.

The Right Step

902 West Alabama
Houston, TX 77006

MAIN/INTAKE: (877) 627-4389
FAX: (713) 513-5019

CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: Y, M, W, Med, Private
pay, Ins, Appt/Walk-ins, CD

Adult detox, adult/adolescent residential, intensive outpatient, recovery maintenance.

TRS Clear Lake

18333 Egret Bay Blvd., Suite 305
Houston, TX 77058

MAIN: (877) 627-4389
FAX: (281) 333-4013

CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
LEGEND: Y, M, W, Med, Private
pay, Ins, Appt/Walk-ins, CD

Adult and adolescent intensive outpatient, recovery maintenance.

TRS Ft. Bend

10435 Greenbough, Suite 250
Stafford, TX 77477

MAIN: (877) 627-4389
FAX: (281) 261-1372

CITY SECTION: Southwest
LEGEND: Y, M, W, Med, Private
pay, Ins, Appt/Walk-ins, CD

Adult and adolescent intensive outpatient, recovery maintenance.

TRS North

2159 FM 1960 West, Suite 111
Houston, TX 77090

MAIN: (877) 627-4389
FAX: (281) 895-9335

CITY SECTION: North
NEIGHBORHOOD: Champions
LEGEND: Y, M, W, Med, Private
pay, Ins, Appt/Walk-ins, CD

Adult and adolescent intensive outpatient, recovery maintenance.

TRS Pasadena

1001 Fairmont Parkway, Suite I
Pasadena, TX 77503

MAIN: (877) 627-4389
FAX: (281) 998-2603

CITY SECTION: East
LEGEND: Y, M, W, Med, Private pay,
Ins, Appt/Walk-ins, CD

Adult and adolescent intensive outpatient, recovery maintenance.

TRS The Woodlands

25440 I-45 North, Suite 303
Spring, TX 77386

MAIN: (877) 627-4389
FAX: (281) 465-4565

CITY SECTION: North
LEGEND: Y, M, W, Med, Private
pay, Ins, Appt/Walk-ins, CD

Adult and adolescent intensive outpatient, recovery maintenance.

TRS West

1111-B Upland Drive
Houston, TX 77043

MAIN: (877) 627-4389
FAX: (713) 464-5269

CITY SECTION: West
NEIGHBORHOOD: Spring Branch
LEGEND: M, W, Med, Private pay,
Ins, Appt/Walk-ins, CD

Adult intensive outpatient, recovery maintenance.

TWELVE OAKS PHARMACY

4126 Southwest Freeway, Suite 100
Houston, TX 77027

MAIN: (713) 627-2370
FAX: (713) 627-3990
TOLL FREE: (800) 650-0107

CITY SECTION: Central
NEIGHBORHOOD: Greenway Plaza
LEGEND: All, Med, Ins, Esp
Farmacia.



U OF H COLLEGE OF OPTOMETRY

4901 Calhoun
505 J. Davis Armistead Bldg.
Houston, TX 77204-2020

MAIN: (713) 743-2020
FAX: (713) 743-0965
WEB: www.opt.uh.edu

Good Neighbor Healthcare Center

277 West Gray
Houston, TX 77204-2020

MAIN: (713) 527-8480
CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: M, W, Fam, S\$, Med,
Appt req, Esp

*Comprehensive eye and vision care.
Medical treatment of most eye
diseases.*

University Eye Institute

4901 Calhoun
505 J. Davis Armistead Bldg.
Houston, TX 77204-2020

INTAKE: (713) 743-2020
CITY SECTION: Central
NEIGHBORHOOD: Third Ward
LEGEND: All, S\$, Med, Ins, Walk-ins

*Comprehensive eye and vision care.
Medical treatment of most eye dis-
ease. Advanced visual function and
eye health testing.*

U OF H LAW CENTER

100 Law Center - 56 TU II
Houston, TX 77204-6060

MAIN: (713) 743-2094
FAX: (713) 743-2195
WEB: www.law.uh.edu
CITY SECTION: Central
NEIGHBORHOOD: Third Ward
LEGEND: Not specified

*Civil Clinic: Represent low-income
clients in various areas including
family law, bankruptcy, guardian-
ship, social security and consumer
issues.*

*Immigration Clinic: Represent immi-
grants and refugees for various cases*

*including asylum, violence against
women act (VAWA) cases, visa peti-
tions, citizenships and other immi-
gration matters.*

*Juvenile Clinic: Represent minors in
the juvenile courts in Harris County
(by appointment only).*

U OF H SPEECH, LANGUAGE & HEARING CLINIC

4505 Cullen Boulevard
Houston, TX 77004

Mailing Address:
100 Clinical Research Center
Houston, TX 77204-6018

MAIN: (713) 743-2898
FAX: (713) 743-2926

WEB: www.uh.edu/hshc
CITY SECTION: Central
NEIGHBORHOOD: Third Ward
LEGEND: All (age 3 & up), S\$,
Appt req, Esp

*Hearing assessments and, when
appropriate, clients are fitted with a
hearing aid, often through the
Hearing Aid Assistance Program
(HAAP) for low-income clients.
Speech and language evaluation and
therapy are offered to individuals
who have or are at risk for develop-
ing a communication problem.
Spanish, Vietnamese and Chinese
translators are available.*

Translation available.

UNITED WAY OF BRAZORIA COUNTY

1212 N. Velasco
Angleton, TX 77515

Mailing Address:
PO Box 1959
Angleton, TX 77516

MAIN: (979) 849-9402
FAX: (979) 848-0259
24 HOURS: 2-1-1

WEB: www.uwbc.org
CITY SECTION: South
AREA SERVED: Brazoria County
LEGEND: All, Free, Esp

Information and referral.

Información y referencias.

Pearland Office

2518 Westminister Street
Pearland, TX 77581

MAIN: (281) 997-6790

UNITED WAY OF THE BAY AREA

1300-A Bay Area Blvd
Houston, TX 77058

MAIN: (281) 282-6000
FAX: (281) 282-6002
24 HOURS: 2-1-1

WEB: www.unitedwayhouston.org
CITY SECTION: Southeast
NEIGHBORHOOD: Clear Lake/NASA
AREA SERVED: 77034, 77058-059,
77062, 77502, 77503-507, 77510,
77518, 77520, 77521, 77536, 77539,
77546, 77547, 77565, 77571, 77573,
77581, 77586, 77587, 77590, 77598
LEGEND: All, Free

Information and referral.

Información y referencias.

UNITED WAY OF THE TEXAS GULF COAST

50 Waugh Drive
Houston, TX 77007

MAIN: (713) 685-2300
FAX: (281) 582-7731
TOLL FREE: (800) 833-5948
24 HOURS: (713) 957-HELP
- or- 2-1-1

WEB: www.unitedwayhouston.org
CITY SECTION: Central
NEIGHBORHOOD: MemPark/
Washington
LEGEND: All, Free, Esp

*Information & referral for health and
human services.*

UNITED WAY OF WALLER COUNTY

531 FM 359 South
Brookshire, TX 77423

MAIN: (281) 375-5110
FAX: (281) 375-5134
TOLL FREE: (800) 266-3025
24 HOURS: 2-1-1

WEB: www.unitedwayhouston.org
CITY SECTION: West
AREA SERVED: Austin, Colorado
& Waller counties
LEGEND: All, Free

*Information and referral for health &
human services.*

UNLIMITED VISIONS AFTERCARE INC.

5527 Lawndale
Houston, TX 77023

MAIN: (713) 921-2276
FAX: (713) 921-7466

CITY SECTION: Central
NEIGHBORHOOD: Harrisburg
AREA SERVED: Harris County
LEGEND: M, W, S\$, Appt req,
CD, TCADA, Esp

Provides intensive and supportive outpatient treatment for age 17 and up. Clients are assessed to determine level of service needed. Group and individual counseling offered twice a week for 90-180 days depending on the clients' progress. Also offers mental health counseling, anger management and referrals to needed services.

Provee tratamiento intensivo y de apoyo para clientes externos mayores de 17 años de edad. Los clientes son evaluados para determinar el nivel de servicio necesitado. Se ofrece consejería individual y de grupo dos veces por semana por 90-180 días, dependiendo del progreso del cliente. También, se ofrece consejería de salud mental, administración de la ira y referencias a otros servicios que sean necesarios.

UNLIMITED VISIONS AFTERCARE INC.

616 Park Street
Baytown, TX 77520

MAIN: (281) 427-8786
FAX: (281) 427-8967

CITY SECTION: East
AREA SERVED: Chambers, Harris
& Liberty counties.
LEGEND: Y (ages 13 - 18), M, W,
S\$, Med, Appt req, CD, TCADA

Chemical dependency treatment for adults and adolescents. Intensive program is 45 days and supportive program is 90 to 180 days. DWI repeat offender program is twice a week for 7 weeks. Call for info on other services.

UT DENTAL BRANCH

Main Clinic
6516 M.D. Anderson Blvd.
Houston, TX 77030

MAIN: (713) 500-4000
FAX: (713) 500-0403

WEB: www.db.uth.tmc.edu
CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: All (over age 5), Esp,
Appt req, Fee for svc

Full range of dental services.

Oral & Maxillofacial Surgery

6550 Fannin, Suite 2237
Houston, TX 77030

MAIN: (713) 790-4600
FAX: (713) 793-1229

LEGEND: All, Appt req, Med, Most
Dental Ins, Fee for svc

Services limited to oral and maxillofacial surgery.

Pediatric Dentistry

6655 Travis, Suite 460
Houston, TX 77030

MAIN: (713) 500-8200
FAX: (713) 500-8210

LEGEND: C, Med, Appt req, Esp

Full range of dental services for children.

University Dental Center

6410 Fannin, Suite 310
Houston, TX 77030

MAIN: (713) 500-5888
FAX: (713) 500-0728

LEGEND: M, W, Y, Esp, Appt req,
Med, Most Dental Ins, Fee for svc

Full range of dental services. Services targeted to patients with medical, mental or physical handicaps.

UT HARRIS COUNTY PSYCHIATRIC CENTER

2800 South MacGregor Way
Houston, TX 77021

MAIN/TTY/24 HRS: (713) 741-5000
FAX: (713) 741-5939

WEB: hcpc.uth.tmc.edu
CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Harris County with
or without Ins; other
counties with Ins only.

LEGEND: All, Free, Med, Private
pay/Ins, Walk-ins, Esp

Inpatient/outpatient treatment for persons with mental illness age 3 & up.

UT HOUSTON HEALTH SCIENCE CENTER

6431 Fannin, MSB 6.132A
Houston, TX 77030

MAIN: (713) 500-6608
FAX: (713) 500-5688

INTAKE: (713) 500-6440

CITY SECTION: Central
NEIGHBORHOOD: Medical Center
AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.

LEGEND: Fam, Free, Med, Appt req,
HIV+ only, African American
(Lim svcs to other populations), Esp

Provide case management services for African American women and children; limited services to non-African American case management clients. HIV primary medical care for children and youth ages 0-24 years, inclusive of all ethnic groups.

Provee servicios de administración de casos, principalmente para mujeres y niños afroamericanos y limitada-mente para clientes que no son afroamericanos. También provee servicio de cuidado médico para niños y jóvenes de todo los grupos raciales y menor de 24 años de edad con un diagnóstico del VIH. Cuenta con un personal bilingüe.

UT SUBSTANCE ABUSE RESEARCH CENTER

Treatment Research Clinic
1300 Morsund, Suite 115
Houston, TX 77030

MAIN: (713) 500-2802
FAX: (713) 500-2849

WEB: trc.uth.tmc.edu
CITY SECTION: Central
NEIGHBORHOOD: Medical Center
LEGEND: M, W, Free, Appt/
Walk-ins, CD

Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse.

UTMB GALVESTON

301 University Blvd.
Galveston, TX 77550-0435

MAIN: (409) 772-1661
FAX: (409) 747-8768
WEB: www.utmb.edu
CITY SECTION: Southeast

AIDS Clinical Care & Research Pgm

LEGEND: Adults, I/RR, S\$, Med,
Appt req, **HIV+ only**

Primary medical care services for the treatment and care of persons with HIV/AIDS. No restrictions for persons with third party insurance; fees on sliding scale basis available to Texas citizens and residents of counties that contract with UTMB.

AIDS Clinical Trials Unit (ACTU)

MAIN: (409) 747-0214
FAX: (409) 747-0221
TOLL FREE: (877) 324-2288

WEB: www.actu.utmb.edu
LEGEND: M, W, Appt req, **HIV+ only**

Clinical research trials for adults (18 and up) living with HIV/AIDS. Clinical research trials are carefully designed studies to evaluate effectiveness and safety of drugs and regimens used to treat HIV, associated conditions and opportunistic infections. Studies are designed for persons who are new to HIV or not taking HIV medications; for persons on HIV medications who may be failing or intolerant of current regimens or interested in treatment interruption; and for HIV+ persons also infected with hepatitis. Gender-specific health studies for HIV+ women also available. Study drugs, study visits and labs provided at no charge. Some assistance with travel and childcare may be provided.

UTMB PRAIRIE VIEW

Prairie View A & M
Owen Franklin Center
Prairie View, TX 77446

MAIN: (936) 857-4073
FAX: (936) 857-4075
CITY SECTION: Northwest
LEGEND: W, Med, S\$, Appt req

Obstetrical, prenatal and family planning services for women; STD testing and treatment; HIV testing (no treatment services).

Servicios de obstetricia, atención prenatal, planificación familiar para

mujeres; análisis y tratamiento de ETS (enfermedades transmitidas sexualmente); análisis del VIH.



VA MEDICAL CENTER

(See Michael E. DeBakey VA Medical Center)

VET CENTER #710

503 Westheimer Road
Houston, TX 77006

MAIN: (713) 523-0884
CITY SECTION: Central
NEIGHBORHOOD: Montrose
LEGEND: Veterans

Psychological/mental health counseling for veterans with post-traumatic stress disorder.

VICTIM ASSISTANCE CENTRE, INC.

1310 Prairie, Suite 1310
Houston, TX 77002

MAIN: (713) 755-5625
FAX: (713) 755-8824
24 HOURS: (713) 755-5625
WEB: thevictimassistancecentre.com

CITY SECTION: Central
NEIGHBORHOOD: Downtown
AREA SERVED: Harris County
LEGEND: All, Free, Appt/Walk-in, Esp

Assistance for victims of violent crime: assistance with crime victim compensation; emergency personal and legal advocacy; free counseling for victims of violent crime; court accompaniment; protective order assistance; safety planning; information and referral to other services. Monday-Friday 8:30am - 5:00pm.

Asistencia para víctimas de un crimen violento: asistencia con compensación para víctimas de crimen; defensa personal y legal de emergencia; consejería para víctimas de crimen violento; acompañamiento a la corte; asistencia con una orden de protección; planeamiento para la seguridad; información y referencia a otros servicios. Lunes-viernes 8:30am - 5:00pm

Safe Supervised Visitation & Monitored Exchange Program

Provides a safe and stress free environment for the child when allegations have been made or it has been determined that an unsupervised setting would place the child and custodial parent/party at risk of physical or emotional harm. Must have court order or mutual agreement between both parties. Monday-Thursday 9:00am-4:00pm.

Provee un ambiente seguro y libre de estrés para el niño cuando existe alegato o se ha determinado que él (y los padres) estarían con riesgo de daño físico o emocional en un lugar no supervisado. Para recibir este servicio se deberá tener una orden judicial o un acuerdo mutuo entre los dos partidos. Lunes-jueves, 9:00 - 4:00pm.

VISITING NURSE ASSOCIATION OF HOUSTON, INC.

601 Sawyer Street, Suite 750
Houston, TX 77007

MAIN/24 HRS: (713) 520-8115
FAX: (713) 520-6678
TOLL FREE: (800) 375-6877
INTAKE: (713) 630-5555
WEB: www.methodisthealth.com/vna

CITY SECTION: Central
NEIGHBORHOOD: Heights
LEGEND: All, Med, Private Ins, Dr's order req, Call for intake, Esp

Hospice services include RN and LVN visits, physician oversight, home health aides for personal care, medical social workers, volunteers, chaplain and bereavement services for 12 months. Ancillary services such as physical therapy, occupational therapy, speech therapy and dietician are available as approved by the team. Also provide skilled intermittent nursing, physical, occupational, speech and IV therapy and attendant care services in the home.

Servicio de enfermería, terapia física, terapia ocupacional, terapia del habla y terapia IV; servicio de asistencia en el domicilio.

VOLUNTEERS OF AMERICA

7000 Northwest 100, B-106
Houston, TX 77092

MAIN: (713) 460-0781
FAX: (713) 460-0988
WEB: www.voatx.org

Burress Street Apartments

317 E. Burress Street
Houston, TX 77022

MAIN: (713) 692-8190
FAX: (713) 884-1803

CITY SECTION: North
NEIGHBORHOOD: Northside
LEGEND: M, W, Fam, Appt req,
HIV+ only, 30% of income if/
when client has income.

Long-term transitional housing for HIV+ adults or families for up to 2 years. Must have documentation of HIV status, TB test results within 6 months and 2 forms of ID. On-site childcare available.

Chupik House

2808 Chupik Street
Rosenberg, TX 77471

MAIN/INTAKE: (281) 341-1172
FAX: (281) 341-8456

CITY SECTION: Southwest
AREA SERVED: Chambers, Ft Bend,
Harris, Liberty, Montgomery
& Waller counties.

LEGEND: M, Appt req, **HIV+ only**, CD
An independent living facility that accommodates 6 HIV+ men in their own rooms. On site staff provide clients with transportation to their medical, chemical dependency treatment and social service needs. We also provide rent/mortgage services for HIV+ men, women and families.

McGovern Campus

308 E. Rogers Street
Houston, TX 77022

MAIN/INTAKE: (713) 692-8190

CITY SECTION: North
NEIGHBORHOOD: Independence
Heights

LEGEND: W, Fam, Free, S\$, CD
Residential and outpatient treatment for chemically dependent, medically indigent women, including those accompanied by children (up to age 12). The program provides individual, group and family counseling, parenting education, job preparation training, life skills and case management as well as on site childcare for residents with children.



WALKER COUNTY MATERNAL & CHILD HEALTH CENTER

1217 Avenue M
Huntsville, TX 77340

MAIN: (936) 295-7474
FAX: (936) 295-1516
TOLL FREE: (800) 443-7744
WEB: www.utmb.edu/obgyn/rmchp

CITY SECTION: North
AREA SERVED: Walker County
LEGEND: All, Appt req, Med,
Flat fee, S\$, Esp

Prenatal and post partum care; well child care - Texas Health Steps; STD screening; immunizations.

Servicio de cuidado prenatal y post-natal; cuidado para el bienestar del niño; evaluación de ETS; inmunizaciones.

WAM FOUNDATION

1240 1/2 S. Post Oak, Suite 121
Houston, TX 77045

MAIN: (713) 551-8787
FAX: (713) 551-8790

WEB: www.wamfoundation.org
CITY SECTION: Southwest
NEIGHBORHOOD: Hiram Clarke
LEGEND: All, Free, Walk-ins,
HIV+ only, Call for intake

Founded in 1989 as a ministry of Windsor Village UMC, WAM sought to address the unique challenges associated with HIV/AIDS and the African American community. As the epidemic gained momentum, the need for culturally specific services increased. In response, WAM became WAM Foundation, Inc. dedicated to providing specialized services and programs to African Americans living with HIV/AIDS in the greater Houston area.

Case management is a partnership between the client and case manager that seeks to empower the client by insuring that they have access to and receive all resources and services that can help them reach their optimal level of functioning. Suite 105

The financial assistance program provides rental, mortgage and utility assistance payments for individuals with HIV/AIDS. Suite 125.

Licensed therapists provide individual and group counseling sessions to HIV positive individuals, family members or significant others for the purpose of providing emotional support directly related to the stress of caring for an infected individual and related problems. Suite 105.

Please call for information about the legal services program.

WARREN CORPORATION, THE

10600 Fondren, Suite 104
Houston, TX 77096

MAIN: (713) 541-9777
FAX: (713) 541-9778
WEB: www.HIVprevent.com

CITY SECTION: Southwest
NEIGHBORHOOD: Fondren SW
AREA SERVED: Zips: 77035, 77036,
77071, 77096 & 77459.
LEGEND: M, W, I/RR, Appt req

Project Change: Community outreach to all genders/lage groups; health education/risk reduction-both primary and secondary, nutrition, fitness and wellness programs and support groups for the empowerment of women. The major focus of services is women but men with identified needs are not excluded.

WELLSPRINGS, INC.

Location Confidential

Mailing Address:
PO Box 66463
Houston, TX 77266

MAIN: (713) 529-6559
FAX: (713) 520-0532

Long-Term Housing

LEGEND: W, C, Y, I/RR, Appt req,
Lim, CD

Provides long-term housing to homeless and abused women, with or without children, who are dual diagnosed (mental health diagnosis and history of substance abuse). Residents are provided food, clothing, transportation, personal supplies, household furnishings, health-care, group and individual counseling, childcare and case management.

Short-Term Housing

LEGEND: W, I/RR, Appt req, Lim, CD
Provides transitional housing to homeless and abused women. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling, childcare and case management.

Transitional Housing

LEGEND: W, I/RR, Appt req, Lim, CD
Provides transitional housing to homeless and abused women that are 30-50 years of age and capable of working. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling and case management.

WEST HOUSTON ASSISTANCE MINISTRIES

10501 Meadowglen Lane
Houston, TX 77042

MAIN: (713) 977-7803
FAX: (713) 783-0761
INTAKE: (713) 977-9942
JOB LAB: (832) 252-7748

WEB: www.whamministries.org
CITY SECTION: West
NEIGHBORHOOD: Westchase
AREA SERVED: Zips: 77042, 77057, 77063, 77077 & 77082
LEGEND: M, W, Fam, Free, Appt/Walk-ins, Esp

Assist by providing food, clothing and household items (delivery in some cases), financial assistance with day care costs, rent/mortgage, utilities & prescriptions, job lab (phone, fax, resumé writing, job leads) and volunteer opportunities for those willing to receive instruction and be committed to carry out the objectives of the ministry.

WEST HOUSTON HIV SUPPORT GROUP

Mailing Address:
19319 Chislestone Lane
Katy, TX 77449

MAIN: (281) 550-7814
CITY SECTION: West
LEGEND: M, W, Fam, Free, Appt req

Embracing Life Support Group

MAIN: (832) 492-8344

A faith-based support group that offers a safe place to discuss the var-

ious aspects of living with a life-defining illness as well as providing a supportive environment which helps to strengthen group members to live more fully and vitally.

WEST OAKS HOSPITAL

6500 Hornwood
Houston, TX 77074

MAIN: (713) 995-0909
FAX: (713) 995-0221

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown
LEGEND: All, Med, Ins, Walk-ins, CD, Esp

Provides inpatient, partial day and outpatient services for children, adolescents and adults. Work with individuals who have mental health and or substance abuse problems. Also provide case management and discharge planning services for all patients and have a 24-hour fully staffed admissions/assessment area.

Provee servicios para pacientes internos y externos; niños, adolescentes y adultos. Trabaja con individuos que tienen problemas de salud mental y/o de abuso de sustancias. También ofrecemos administración de casos y servicios de planeamiento para todos los pacientes dado de alta. Personal de admisión y asesoramiento están disponibles las 24 horas.

WHARTON CO. INTERFAITH COALITION, DBA SHARE

229 West Milam Street
Wharton, TX 77488

Mailing Address:
PO Box 101
Wharton, TX 77488

MAIN: (979) 282-2021
CITY SECTION: Southwest
AREA SERVED: E. Wharton County
LEGEND: All, Walk-ins, Free, Poverty-level income

Mon & Thurs, 10am - 2pm. Food, clothing, partial help with rent, butane, utilities and prescriptions; emergency dental (pull teeth only).

WOMEN HELPING WOMEN

17515 Bamwood
Houston, TX 77090

MAIN: (281) 631-9744
FAX: (832) 249-1399
WEB:

www.texaswomenhelpingwomen.org

CITY SECTION: North
LEGEND: W, Free, Lim, Other eligibility reqs

TAP (Training Apprentice Program)
Help women in crisis become self-sufficient by providing free education, training and job placement in higher paying non-traditional fields.

WOMEN'S ADVOCACY PROJECT

Mailing Address:

PO Box 833
Austin, TX 78767

MAIN: (512) 476-5377
FAX: (512) 476-5773
TOLL FREE: (800) 777-FAIR

WEB: www.women-law.org
AREA SERVED: Statewide
LEGEND: Free, Appt req, Lim

Legal representation to victims of domestic violence in protective order, divorce, custody and criminal cases; legal hotlines; Pro Se protective order packet (distribution and assistance); emergency protective order program (with court, outreach and legal advocacy)

Servicio de representación legal para víctimas de violencia doméstica en situaciones como ordenes de protección, divorcio y custodia; líneas telefónicas para informarse de derechos legales y familiares, violencia doméstica y asalto sexual; paquetes de ordenes de protección Pro Se para violencia doméstica, y asalto sexual (distribución y ayuda); programa de ordenes de protección de emergencia (con las cortes, de alcance y defensa legal).

WRIT WRITERS ASSOCIATION

6610 Harwin, Suite 107
Houston, TX 77036

MAIN: (713) 785-5623
WEB: www.writwriters.org

CITY SECTION: Southwest
NEIGHBORHOOD: Sharpstown

LEGEND: M, W, I/RR, Flat fee,
Appt req, **HIV+ only**, CD,
Donations encouraged

Program targeting ex-offenders. Provides referrals to housing, HIV/AIDS programs, employment, workshops, court advocacy, counseling, churches, community-based organizations and attorneys.



YMCA INTERNATIONAL SERVICES

6300 Westpark, Suite 600
Houston, TX 77057

MAIN: (713) 339-9015
FAX: (713) 339-1159
WEB: www.ymcahouston.org

CITY SECTION: Southwest
NEIGHBORHOOD: Gulfton
LEGEND: All, Free, Lim, Esp

Comprehensive medical case management for HIV+ refugees and asylees admitted to the US under the provisions for refugees and asylees; legal counseling for immigration related documentation and services; refugee resettlement.

Administración médica de casos para refugiados y asilados VIH+ admitidos en los EEUU bajo la provisión para refugiados y asilados; consejería legal sobre la documentación y servicios relacionados a la inmigración; reasentamiento de refugiados.

YWCA OF HOUSTON

3621 Willia
Houston, TX 77007

MAIN: (713) 868-9922
FAX: (713) 868-1315
WEB: www.ywcahouston.org

CITY SECTION: Central
NEIGHBORHOOD: Memorial
Park/Washington
LEGEND: All, Free

HIV/AIDS prevention and education classes, seminars and workshops for youth (ages 11 to 18) and the community.

Social Security Programs

Programas del Seguro Social

How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

1-800-772-1213 TTY: 1-800-325-0778

This service is available 7:00 a.m. – 7:00 p.m. Monday through Friday.

Social Security is also on the Internet. A lot of good program information is available at this site:

www.ssa.gov

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative. You may call your representative before you receive a notice of award. After you receive the notice of award, you should call the toll-free service.

¿Cómo me pongo en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, verificar sus beneficios. obtener respuestas a preguntas generales es llamando al:

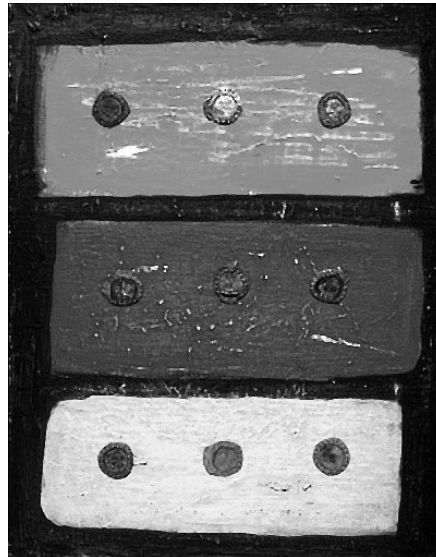
1-800-772-1213 TTY: 1-800-288-7185

Este servicio está disponible de 7:00 a.m. a 7:00 p.m. de lunes a viernes.

El Seguro Social también está disponible en la red del Internet. Aquí podrá encontrar mucha información sobre sus programas:

www.ssa.gov

Una vez que Ud. someta un reclamo para obtener beneficios le darán el nombre y el número telefónico de un representante del Seguro Social. Puede llamar al representante antes de recibir su notificación de beneficios. Después de recibirla, debe de llamar al número 1-800-772-1213.



Art by Ronnie

What is Social Security?

There are two types of Social Security benefits that people with HIV disease may be eligible to receive: Social Security Disability (SSD) and Supplemental Security Income (SSI). Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be “disabled” to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by calling the Social Security Administration and requesting an “Earnings & Benefits Statement.”

¿Qué es el Seguro Social?

Hay dos tipos de beneficios del Seguro Social que personas con el VIH pueden recibir: Seguro Social por Incapacidad (SSD) y Seguro de Ingreso Suplemental (SSI). Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté “incapacitado” para recibir beneficios. Se puede averiguar anticipadamente el pago mensual del SSD al cual tendría derecho de recibir si se incapacitara hoy, llamando a la Administración del Seguro Social (SSA) y solicitando una “Declaración de Beneficios e Ingresos.”

Who qualifies as disabled?

Usually, HIV infected persons who have had one or more opportunistic infections qualify medically. Sometimes people with HIV can qualify as disabled even if they have had no opportunistic infections, but the approval process is more difficult and may take longer. It is important to remember that "disability" as defined by SSA is not the same as the Center for Disease Control (CDC) definition of AIDS. For example, having a T-cell count below 200 is not, by itself, enough to be considered disabled for Social Security purposes.

¿Quién se considera incapacitado?

Usualmente, personas infectadas con el VIH que han tenido una o más infecciones oportunistas califican médicamente. A veces, las personas califican como incapacitadas aunque no hayan tenido una infección oportunista, pero el proceso de aprobación es más difícil y puede demorar más tiempo. Es importante recordar que "incapacidad" como se define por la SSA no es lo mismo que la definición del CDC. Por ejemplo, el tener una cifra de células "T" menor de 200 no es, en si, suficiente para ser considerado como incapacitado por el Seguro Social.

Is US citizenship required?

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

¿Es requerida la ciudadanía EEUU?

La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier persona solicitando el SSI debe ser un ciudadano estadounidense o inmigrante calificado. Llame a un representante de la SSA al 1-800-772-1213 para obtener la definición más reciente de "inmigrante calificado."

Social Security Disability (SSD)

In addition to being disabled, people qualify for SSD by working, paying Social Security taxes and earning "credits." SSD is an insurance program; the monthly benefit that you are entitled to is based on the premiums (Social Security taxes) that you paid while you were working. Generally, the higher your earnings have been, the higher your benefits will be, and even people who are disabled at a young age can qualify for reasonably high benefits if they have had a high income for a few years. To be "insured" for SSD, you must have earned a certain number of credits and worked for at least 5 of the last 10 years before the disability began. Only SSA can provide the number of credits needed and an accurate benefit estimate for a specific individual.

SSD benefits are not affected by how much money you have in the bank, how much your assets are worth, how much income you receive from private disability programs, interest or dividends, financial assistance from friends and relatives or your living situation. SSD payments continue for as long as SSA determines that you are disabled and are increased most years by a small amount to keep up with the cost of living.

If your SSD benefit amount is below a certain level, you may be eligible to receive SSI payments to supplement the SSD.

Seguro Social por Incapacidad (SSD)

Además de estar incapacitada, la persona puede ser considerada para recibir el SSD simplemente por haber trabajado, pagado impuestos del Seguro Social y adquirido "créditos." El SSD es un programa de seguro, cuyos beneficios están basados en los abonos (impuestos del Seguro Social) pagados. Por lo general, el haber tenido ingresos altos resulta en beneficios más altos y personas que se incapacitaron cuando jóvenes pueden recibir beneficios altos si mantuvieron un salario alto por varios años. Para estar "asegurado" por el SSD, Ud. debe haber adquirido cierto número de créditos y haber trabajado por lo menos 5 de los últimos 10 años antes que empezara su incapacidad. Solamente la SSA puede proveerle la información correcta sobre lo que serán sus beneficios.

Los beneficios del SSD no son afectados por el dinero que Ud. tenga en el banco, ni por el valor de sus propiedades, ni por el ingreso que reciba de programas privados de incapacidad, intereses, asistencia económica de amistades o familiares. Los pagos del SSD continúan mientras que la SSA lo considere incapacitado y aumentan a través de los años para mantenerse al mismo nivel del costo de vida.

Si sus beneficios son menos de una cierta cantidad, quizás pueda Ud. ser elegible para recibir pagos del SSI para subsidiar el SSD.

Supplemental Security Income (SSI)

SSI is available to people who are medically disabled but have not earned enough credits to qualify for SSD, or who are waiting for SSD benefits to begin. Because SSI is basically a “welfare” program, benefits are generally not paid if you have resources valued at over \$2,000 (individual) and \$3,000 (couples). The house you live in and one car are exempt. Also, benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled and is increased most years by a small amount.

Seguro de Ingreso Suplemental (SSI)

El SSI está disponible a personas que están médicamente incapacitadas pero que no hayan ganado suficientes créditos para calificar para el SSD, o para quienes estén esperando que empiecen sus beneficios del SSD. El SSI es básicamente un programa de “asistencia pública.” Normalmente no se pagan beneficios del SSI si la persona tiene bienes valorizados en más de \$2000 (individual) y \$3000 (pareja). No incluyendo la casa donde vive y un automóvil. Además, se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado. Además, hay aumentos pequeños en los pagos a través de los años.

Applying for SSD/SSI

People with HIV should continue working for as long as they and their doctor agree that they are able to do so safely. However, it is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue. For the best service, call 1-800-772-1213 and schedule an appointment to apply for benefits. Be sure to tell the SSA representative that you have HIV; this may help speed up your claim.

Most hospitals and Thomas Street Clinic also have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home.

¿Cómo se solicita el SSD/SSI?

Las personas con el VIH deben continuar trabajando mientras ellos y sus doctores lo consideren posible, seguro y saludable. Sin embargo, por lo general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar. Para obtener el mejor servicio llame al número 1-800-772-1213 y haga una cita para solicitar los beneficios. Asegúrese de decirle al representante de la SSA que Ud. tiene el VIH. Esto puede acelerar su solicitud.

La mayoría de los hospitales y la Clínica Thomas Street tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI mientras que esté hospitalizado o visitando la clínica. También, en algunos casos excepcionales, la SSA tiene representantes que pueden entrevistarle y llenar la solicitud en su casa.



Art by Gary

Documentation Checklists

SSA will need the following documents to complete your application for SSD or SSI. However, do not delay applying just because you do not have everything ready.

Lista de Documentos Requeridos

La oficina de la SSA necesita los siguientes documentos para completar su solicitud del SSD o SSI. Sin embargo, no deje de iniciar el proceso aunque no tenga de antemano todo lo necesario.

SSD

(Based on medical criteria & work history)

SSD

(Basado en criterio médico y ganancias)

- Disability Report and Activities of Daily Living Questionnaire completed in advance
- W-2 forms and tax returns for the past 2 years
- Certified birth certificate(s), including for children
- Marriage certificate
- Divorce decree
- Military discharge papers
- Date you became disabled and the date you last worked
- Names, addresses and phone numbers for all doctors, hospitals and clinics you have used
- Work history for the past 15 years
- Voided check (for direct deposit)
- Proof of citizenship or lawful alien status

- Reporte de Incapacidad y Cuestionario de Actividades Diarias
- Formularios W-2 y Declaraciones de impuestos de los últimos 2 años
- Certificado(s) de nacimiento, incluyendo los niños
- Certificado de matrimonio
- Decreto de divorcio
- Documentos de servicio militar
- Fecha de incapacidad y último día de trabajo
- Nombres, direcciones y números telefónicos de todos los doctores, hospitales y clínicas que Ud. ha usado
- Antecedente de trabajo en los últimos 15 años
- Cheque bancario cancelado (para depósito directo)
- Prueba de ciudadanía EEUU o inmigrante legal

Social Security Programs / Programas del Seguro Social

SSI

(Based on medical and financial criteria)

SSI

(Basado en criterio médico y económico)

- Certified birth certificate(s), including for children
- Marriage certificate
- Divorce decree
- Military discharge papers
- Bank statements for current month
- Life insurance information
- Names, addresses and phone numbers for all doctors, hospitals and clinics you have used
- Information about your living situation: lease, roommate, staying with relatives, etc.
- Voided check (for direct deposit)
- Proof of U.S. citizenship or lawful alien status

- Certificado(s) de nacimiento, incluyendo los niños
- Certificado de matrimonio
- Decreto de divorcio
- Documentos de servicio militar
- Último estado de su cuenta bancaria
- Información sobre su seguro de vida
- Nombres, direcciones y números telefónicos de todos los doctores, hospitales y clínicas que ha usado
- Información sobre su situación de vivienda: alquiler, compañero de casa, con parientes, etc.
- Cheque bancario cancelado (para depósito directo)
- Prueba de ciudadanía EEUU o inmigrante legal

Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI. Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.

Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI. Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.

Filing while still employed

If you file for benefits while you are still working, SSA must determine if the work you are doing is “substantial gainful activity” (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be “substantial.” SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

How long will it take?

The SSA representative who takes your claim is responsible for all non-medical issues and for processing your claim after it has been allowed or denied medically. The disability determination process usually takes 60-90 days for both SSD and SSI. If it seems to be taking a long time, you can call your Social Security claims representative and ask if they are still waiting for any medical records that they need to process your application. If records are missing, you can contact the hospital, clinic or doctor’s office, and ask that these records be sent promptly.

SSI benefits can begin the month after the month in which you apply. If your physician confirms that your HIV infection is severe enough to meet SSA’s criteria, SSA will “presume” that you are disabled and pay you benefits for up to six months, provided that you qualify financially, before making a formal determination. SSI does not pay benefits for any months before you actually apply.

SSD benefits do not start until you have been disabled for five full months, no matter how quickly your application is approved. But, if you qualify for SSI, you can receive SSI payments for up to six months while waiting for your SSD to begin. Sometimes, SSA determines that a person became disabled before the date on which he or she applied for SSI/SSD, or SSA may take longer than five months to decide that a person is disabled. If this happens to you, SSA will pay you retroactive benefits (back pay). The amount depends on the established disability date and the date you filed your claim.

While you are waiting for your SSI/SSD benefits to begin, you may be eligible to receive limited financial assistance through your county Department of Social Services.

Solicitando mientras está empleado

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una “actividad gananciosa sustancial” (SGA). SGA se refiere al trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser “sustancial.” SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y fracasos tentativos de trabajo. Si la SSA determina que está llevando acabo la SGA, una decisión médica no será necesaria y su solicitud será rechazada.

¿Cuánto tiempo demora?

El representante de la SSA que toma su solicitud es responsable por todos los asuntos no médicos y por el procedimiento de su solicitud después de que haya sido aprobado o rechazado por razones médicas.

Generalmente la duración del proceso para determinar incapacidad toma 60-90 días para el SSD y SSI. Si a Ud. le parece que está demorando mucho tiempo, puede preguntar a su representante del Seguro Social si a la solicitud le falta algún documento. Si algo falta, puede llamar al hospital o a la oficina de su doctor para solicitar que manden la información que falta lo más pronto posible. Los beneficios del SSI pueden empezar al mes siguiente de haberlo solicitado. Si su doctor confirma que su infección del VIH es suficientemente severa para satisfacer el criterio de la SSA, ella “asumirá” que Ud. está incapacitado y le pagará sus beneficios por seis meses, dado que Ud. califique por razones económicas, antes de tomar una decisión formal. El SSI no paga por meses anteriores de su fecha de solicitud.

Los beneficios del SSD no empiezan hasta que Ud. esté cinco meses incapacitado, aunque su solicitud sea aprobada rápidamente. Pero, si califica para el SSI, puede recibir pagos por seis meses mientras espera el comienzo de sus beneficios del SSD. Algunas veces, SSA determina que una persona se incapacitó antes de la fecha de solicitud o SSA puede tomar más que cinco meses para determinar si una persona está incapacitada. Si esto ocurre, SSA le pagará los beneficios retroactivos. La cantidad dependerá de la fecha de inicio en la cual se estableció la incapacidad y la fecha de solicitud.

Mientras Ud. espera que inicien los pagos del SSD/SSI, quizás pueda ser elegible para recibir asistencia económica del Departamento de Servicios Sociales del condado donde vive.

If you are denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." SSA will request updated medical records and may require you to complete additional forms or see a special doctor hired by SSA to evaluate you. If your claim is denied a second time, you can file for an appeal before a judge. If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly, had you been approved sooner. If you exhaust all your appeals and are still denied, you can start the process again and reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

Si es Rechazado

Si su solicitud del SSD/SSI es rechazada, tendrá 60 días para inscribirse para una "reconsideración." SSA le solicitará nuevos documentos médicos y le podrá requerir que complete otros formularios o entrevistarse con un doctor especial seleccionado por SSA para hacerle una evaluación. Si su solicitud es rechazada nuevamente, puede pedir una apelación ante un juez. Si es aprobado finalmente, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

Returning to Work

If you have SSD and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop. However, for 36 months beginning with the first month after the ninth trial work month, you can receive benefits for any month that you do not work at the SGA level. During this time, you will not need to reapply or wait for a new disability decision in order to receive benefits. You will also be eligible for an additional 39 months of Medicare coverage following your TWP (see Medicare and Medicaid, below).

If you have SSI, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

Regresando al Trabajo

Si Ud. tiene el SSD y está interesado en regresar a trabajar, llame a la SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el quinto mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado nueve meses. Llame a un representante del SSA para más información.

Si después de los nueve meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos. Sin embargo, durante los próximos 36 meses después del primer mes de haber concluido el periodo de trabajo a prueba, Ud. podrá recibir beneficios por cualquier mes que su trabajo no se considere SGA. Durante este periodo no tendrá que volver a solicitar o esperar una nueva decisión médica de incapacidad para recibir beneficios. También será elegible para recibir 39 meses de cobertura de Medicare adicional después de su TWP (vea Medicare y Medicaid a continuación).

Si Ud. tiene el SSI, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante de la SSA para más información acerca de sus opciones.

Medicare & Medicaid / Medicare y Medicaid

MEDICARE

As of July 1, 2001, the Health Care Financing Administration (HCFA) is now the Centers for Medicare & Medicaid Services (CMS). CMS runs the Medicare and Medicaid programs - two national health care programs that benefit about 75 million Americans. All persons receiving Social Security Disability (SSD) are automatically enrolled in Medicare after 29 months of being disabled (usually 24 months receiving SSD + the first five months of disability). There are no exceptions to this rule!

COBRA. The COBRA Health Benefit Provision allows disabled persons to keep the health insurance they had through their employer for up to 29 months if they have received a medical disability decision from SSA. The premiums are usually higher than the group rate and you will be expected to pay them yourself. However, the Assistance Fund may be able to help pay your premiums and will answer your questions about COBRA and keeping your insurance.

****** You must give your employer a copy of your SSA award letter as soon as possible. If you do not, your COBRA benefits will end after 18 months and you will have no medical coverage until Medicare begins 11 months later!

Medicare is divided into two parts: "A" and "B." Part A primarily covers hospitalizations and part B covers outpatient services, such as visits to the physician. Part A is free, but part B, which is optional, requires that a monthly premium be deducted from the SSD checks. Medicare recipients also have to pay limited deductibles and co payments. Medicare does not cover long-term care.

If you receive SSD and do not also receive Supplemental Security Income (SSI), but your income falls below a certain level, you may qualify for either the QMB (Qualified Medicare Beneficiary) or the SLMB (Specified Low-income Medicare Beneficiary) program. These helpful programs, administered by Texas Health and Human Services, pay the Medicare part B monthly premiums, and QMB also covers all deductibles and co payments. Call THHS at 713-692-1635 or 1-800-252-9240 for information about QMB and SLMB. If you receive both SSD and SSI and have been disabled for at least 29 months, you are eligible for both Medicare and Medicaid.

MEDICARE

Desde el 1ero de julio de 2001, la ADMINISTRACIÓN FINANCIERA DEL CUIDADO DE SALUD (HCFA) es ahora Centros de Servicios para Medicare & Medicaid (CMS). El CMS dirige los programas de Medicare y Medicaid - dos programas nacionales del cuidado médico que benefician a cerca de 75 millones de estadounidenses. El Medicare está disponible a todas las personas que reciben el Seguro Social por Incapacidad (SSD), pero no antes de 29 meses de estar incapacitado (generalmente 24 meses de recibir el SSD y los primeros cinco meses de incapacidad). ¡No hay excepciones a esta regla!

COBRA. La Provisión de Beneficios de Salud COBRA le permite a personas incapacitadas mantener su seguro de salud privado el cual le ofrece su trabajo por un periodo de 29 meses si Ud. ha recibido una decisión de incapacidad médica de la SSA. Las cuotas son generalmente más altas que las de grupo y tendrá que pagarlas. Sin embargo, Assistance Fund le puede ayudar con los pagos, contestar preguntas sobre COBRA y mantenerse asegurado.

****** Ud. deberá entregarle a su empleador una copia de la carta de beneficios de la SSA lo más pronto posible. Si no lo hace, sus beneficios terminarán después de 18 meses y no tendrá más beneficios hasta que empiece la cobertura con Medicare, 11 meses más tarde.

Medicare está dividido en dos partes: "A" y "B." La parte A cubre mayormente hospitalización y la parte B cubre servicios ambulatorios, así como visitas médicas. La parte A es gratis, pero la parte B, que es opcional, requiere que una cuota mensual sea extraída de los cheques del SSD. Las personas que reciben Medicare también tienen que pagar un porcentaje de sus costos médicos. Medicare no cubre el cuidado a largo plazo. Si Ud. Recibe el SSD y no recibe también la Seguridad de Ingreso Suplemental (SSI), pero su ingreso es menor a un cierto nivel, quizás pueda calificar para uno de los programas QMB (Beneficiario Calificado de Medicare) o SLMB (Beneficiario de Medicare de Bajo Ingreso) del Salud y Servicios Humanos de Tejas. Estos programas pagan las cuotas mensuales de la parte B de Medicare y el programa QMB también paga todos los deducibles. Llame al 713-692-1635 o 1-800-252-9240 para más información sobre QMB y SLMB. Si recibe el SSD y el SSI y ha estado lisiado por un mínimo de 29 meses, es elegible para Medicare y Medicaid.

Medicare Prescription Drug Plans

Plan de Medicare Para Recetas Médicas

What is a Medicare Prescription Drug Plan?

Starting January 1, 2006, new Medicare Prescription Drug Plans will be available to all people with Medicare.

How does the Original Medicare Plan work with a Medicare Prescription Drug Plan?

- You pay a separate monthly premium for your prescription drug plan.
- You pay a co-payment or co-insurance, and deductible for your prescription drugs.
- You get a prescription card from your Medicare Prescription Drug Plan. Show it when you get your prescriptions filled.
- You must go to pharmacies that belong to (are in the network of) the Medicare Prescription Drug Plan that you join. If you go to a pharmacy that isn't part of the plan you join, in most cases, your drug won't be covered and you will have to pay the full cost of the drug.
- Each Medicare Prescription Drug Plan has a list of covered prescription drugs which may vary from plan to plan. In most cases, only drugs on this list will be covered.

What if I have a limited income and can't afford a Medicare Prescription Drug Plan?

People with Medicare and Medicaid, and other people with limited income and resources can qualify for help paying their Medicare Prescription Drug Plan costs. You might also want to join a Medicare Advantage Plan or other Medicare Health Plan.

Remember: If you have drug coverage through a previous or current employer or union, contact your benefits administrator before you make any changes to your prescription drug coverage.

¿Qué es un plan de Medicare para recetas médicas

A partir del 1 de enero de 2006, los planes de Medicare para medicamentos recetados estarán disponibles para todos los beneficiarios de Medicare.

¿Cómo funciona el Plan Original de Medicare con los planes de Medicare para recetas médicas?

- Usted paga una prima mensual separada por el plan para medicamentos recetados.
- Usted paga un co-pago o co-seguro y el deducible del plan para medicamentos recetados.
- Usted obtiene una tarjeta del plan que debe mostrar cuando compra su medicamento.
- Usted debe ir a farmacias que pertenezcan a la red del plan de Medicare para recetas médicas en el que se ha inscrito. Si compra en una farmacia que no pertenece a la red del plan de Medicare, en la mayoría de los casos, el medicamento no estará cubierto y tendrá que pagar el precio total del mismo.
- Cada plan de Medicare para recetas médicas tiene una lista de los medicamentos recetados cubiertos y la misma puede variar con cada plan. En la mayoría de los casos, sólo estarán cubiertos los medicamentos de la lista.

¿Qué ocurre si mis ingresos son limitados y no puedo pagar por un plan de Medicare para recetas médicas?

Las personas que tienen Medicare y Medicaid y otros con ingresos y recursos limitados podrían ser elegibles para recibir ayuda para pagar por los costos del plan para recetas médicas. También podría inscribirse en un Plan Medicare Advantage u otro Plan de Salud de Medicare.

Recuerde: Si tiene cobertura de medicamentos recetados a través de su empleador pasado o actual o sindicato, comuníquese con el administrador de beneficios antes de hacer cualquier cambio a su cobertura de recetas médicas.

MEDICAID

Medicaid is a state program administered by Texas Health and Human Services (THHS). Everyone receiving SSI benefits, whether or not they are also receiving SSD, is covered by Medicaid. Medicaid covers both acute care (doctor visits, lab work & x-rays, hospitalization, etc.) and long-term care (nursing home, attendant services, etc.). Beginning October 1, 2005, Medicaid clients age 21 years and older may receive the following benefits: eyeglasses, contact lenses if medically necessary, hearing aids, services provided by a chiropractor and services provided by a podiatrist. There are no changes to benefits for Medicaid clients under 21 years old.

Medicaid in Harris County area is now being provided through two managed care programs: Star and Star+Plus. People receiving TANF benefits enroll in the Star program and people receiving SSI enroll in the Star+Plus program (Star+Plus includes long-term care, but Star does not).

This means that everyone receiving Medicaid is now required to select an HMO (listed below) and a primary care physician who has signed up with the HMO. Once you choose a primary care physician, you will go to this doctor for all your medical care, unless he or she refers you to a specialist or you choose a different primary care physician. However, you do have the right to access psychiatric or chemical dependency treatment directly - from a doctor or facility listed in your HMO's directory - without first going through your primary care physician.

Doctors and clinics frequently sign up with more than one HMO. When you qualify for Medicaid through THHS, you will receive an enrollment packet for the Star or Star+Plus program. This will include "provider directories" for each HMO and a HEALTH PLAN COMPARISON CHART. You can then either fill out the forms and mail them in or you can call the enrollment broker, Maximus, and enroll over the phone. The number to call is listed below.

**** It is very important for Harris County clients to choose your own primary care physician! If you do not make a selection within thirty days, a primary care physician (and an HMO) will be chosen for you. If this happens, you will probably not be allowed to see your regular doctor and your medical care may be interrupted!**

MEDICAID

Medicaid es un programa estatal administrado por Salud y Servicios Humanos de Tejas (THHS). Todo aquel que recibe beneficios del SSI, esté o no recibiendo también el SSD, está cubierto por Medicaid. Medicaid cubre tratamientos agudos (consultas médicas, exámenes de laboratorio, rayos-x, hospitalización, etc.) y tratamientos a largo plazo (cuidado a largo plazo, servicios de asistencia, etc.). A partir del 1° de octubre de 2005, los clientes de Medicaid de 21 años y mayores podrán recibir los siguientes beneficios: anteojos, lentes de contacto si son médicamente necesarios, audífonos, servicios prestados por un quiropráctico y servicios prestados por un podiatra. No habrá cambios en los beneficios para clientes de Medicaid menores de 21 años.

En el Condado Harris, Medicaid es ofrecido a través de dos programas administrativos de cuidado: Star y Star+Plus. Aquellos recibiendo beneficios TANF serán inscritos en el programa Star y los que reciben SSI serán inscritos en el programa Star+Plus (Star+Plus incluye tratamiento a largo plazo, no es así con Star).

Esto significa que todos aquellos que reciben Medicaid deben elegir un HMO (Organización de la Administración de la Salud, alistados a continuación) y un médico general que esté inscrito con el mismo. Al elegir a un médico, él o ella se encargará de todas sus atenciones de salud, a no ser que lo dirija a un especialista o Ud. elija otro médico general. Sin embargo, tiene el derecho de solicitar tratamiento psiquiátrico y de abuso de drogas directamente con un médico o un centro inscrito con su HMO, sin tener que acudir antes a su médico general.

Los médicos y las clínicas generalmente tienen convenios con más de un HMO. Cuando Ud. califica para Medicaid a través de THHS, recibirá un paquete de inscripción para el programa Star o Star+Plus. El paquete incluye una lista de proveedores en cada HMO y una TABLA DE COMPARACIÓN DE LOS PLANES DE SALUD. Ud. puede llenar los formularios y enviarlos por correo o contactar a la compañía encargada de las inscripciones, Maximus, e inscribirse por teléfono (vea a continuación).

**** Es muy importante que los clientes del Condado Harris elijan su propio médico general. Si Ud. no lleva a cabo dicha selección en treinta días, un médico general (y un HMO) será elegido para Ud. Si esto ocurre, probablemente no le será permitido ser atendido por su médico habitual y su tratamiento podría ser interrumpido.**

Important Star and Star+ Plus Numbers

Call to enroll or ask questions / *Llame a inscribirse o hacer preguntas:*

MAXIMUS (enrollment broker)
650 N. Sam Houston Parkway East, Suite 507
Houston, TX 77060

Phone: (281) 260-9871
or (281) 260-9872
Toll Free: (800) 964-2777
Fax: (281) 260-9520

Questions about the programs? / *¿Preguntas acerca de los programas?*

STARLink Helpline

STARlink is a statewide, toll-free helpline designed to assist consumers with urgent medical needs who are experiencing barriers receiving health and long term care services. STARLink advocates provide support and information to persons enrolled in or eligible for Medicaid managed care in Texas.

Toll Free: (866) 566-8989
TTY: (866) 222-4305

PLAN NAME	PLAN PHONE NUMBER	PHONE NUMBER
HARRIS COUNTY		
AmeriGroup Texas (Star & Star+Plus)	1-800-600-4441	1-800-658-3648
Community Health Choice (Star)	1-888-760-2600	713-295-2294
Evercare of Texas (Star+Plus)	1-888-887-9003	1-800-435-5348
Texas Children's Star (formerly AmCare First)	1-800-990-8247	1-800-847-5448
Texas Health Network (Star & Star+Plus)	1-888-302-6688	1-888-302-6688
BRAZORIA, FT BEND, GALVESTON, MONTGOMERY & WALLER COUNTIES		
AmeriGroup Texas	1-800-600-4441	1-800-600-4441
Community Health Choice	1-888-760-2600	1-800-435-5348
Texas Children's Star (formerly AmCare First)	1-800-990-8247	1-800-847-5448
Texas Health Network	1-888-302-6688	1-888-302-6688
CHAMBERS & LIBERTY COUNTIES		
Texas Health Network	1-888-302-6688	1-888-302-6688

How To Select an HMO

¿Cómo Seleccionar un HMO?

Ask for help if you need it

Choosing the right HMO is a very important decision. You may feel overwhelmed trying to work through all the paperwork. Don't hesitate to ask for help! Consider asking any of the people listed below if you feel you need some guidance through the decision process.

1. Your spouse, partner, relatives, caregivers
2. Your doctor or nurse
3. Your case manager, service linkage worker, care coordinator
4. Friends or acquaintances who are already receiving care through one of the HMOs
5. Representatives of AIDS service organizations (AIDS Foundation Houston, PWA Coalition, Bering, Montrose Clinic, etc.)
6. A representative of the enrollment broker, Maximus (1-800-964-2777)

JUST REMEMBER: this is your decision about your health care; the HMO that was right for someone else—or that seems good to someone else—may not be the right one for you.

Pida ayuda si la necesita

La elección correcta de un HMO es una decisión muy importante y Ud. podría sentirse abrumado al tener que llenar los formularios sin equivocarse. No vacile en pedir ayuda a cualquiera de las siguientes personas durante el proceso de hacer esta decisión:

1. Su cónyuge, pareja, familiares o cuidadores
2. Su médico o enfermera
3. Su administrador/a de casos, trabajador/a de enlace a los servicios, o coordinador/a del cuidado
4. Amistades o conocidos que están recibiendo tratamiento a través de un HMO
5. Representantes de las organizaciones de servicio del VIH/SIDA (AAMA, AVES, Family Services, Bering, Montrose Clinic, etc.)
6. Un representante de Maximus, la compañía encargada de las inscripciones (1-800-964-2777)

Recuerde que ésta es una decisión suya y sobre su propia salud; el HMO que resultó apropiado para otra persona o que parece ser mejor para otra persona, puede no serlo para Ud.

Find your doctor

1. Check the provider lists of all the HMOs.
2. If your doctor is listed with only one HMO, this is probably the one for you.
3. If your doctor is listed with more than one HMO, use the HEALTH PLAN COMPARISON CHART included with your enrollment packet to help you decide (especially look for your preferred hospital and compare the value added services).
4. It is better if your doctor is listed under "primary care physicians" rather than under "specialists," because you will have easier access to him or her. If he or she is a "primary care physician" under one plan and a "specialist" under another, you may want to choose the "primary care physician" HMO.
5. Important: sometimes you may be able to have your doctor as your primary care physician, even if he or she is listed as a specialist; ask the HMOs about this option.

Busque a su médico

1. Revise las listas de los proveedores de todos los HMO.
2. Si su médico está inscrito en sólo un HMO, éste probablemente es el más apropiado para Ud.
3. Si su médico está inscrito con más de un HMO, use la TABLA DE COMPARACIÓN DE LOS PLANES DE SALUD incluida en el paquete de inscripción (especialmente busque los hospitales preferidos y compare el valor de los servicios)
4. Es preferible que su médico esté inscrito bajo "médico general" y no bajo "especialista" porque así él/ella le será más accesible. Si él/ella está inscrito como "médico general" en un plan y en otro como "especialista," sería preferible elegir el HMO en el cual esté inscrito como "médico general."
5. Importante: A veces es posible tener a su médico como un "médico general" a pesar de que esté inscrito como un especialista; pregunte al HMO acerca de esta posibilidad.

How To Select an HMO / ¿Como Seleccionar un HMO?

If your doctor isn't listed

1. Call your doctor's office to find out if he or she has signed up with any of the HMOs; since the provider lists included in your enrollment packet are printed in advance, they are probably not up-to-date.
2. If you prefer, you can call each of the HMOs to ask if your doctor is currently signed up with them.
3. If your doctor hasn't signed up with an HMO, advocate for yourself and ask him or her to sign up with one!

If you must choose a new doctor (or if you don't have a doctor already)

1. Generally, you should select your primary care physician before you select an HMO.
2. It is important to have regular access to a physician experienced in treating HIV disease, so do not choose a doctor at random or just because the doctor's office is close to where you live.
3. Unless you already have a new doctor in mind, consider asking some of the people listed above (under "Ask for help if you need it") for recommendations. Start with your current doctor.
4. If you have trouble getting recommendations, you may want to call some of the listed doctors in your area and ask if they treat a lot of HIV patients. Answering "yes" doesn't guarantee that the doctor is an HIV specialist, but at least you can definitely rule out those who answer "no."
5. Remember, a new doctor who you are interested in seeing may be signed up with one or more HMOs even if he or she isn't listed in the provider directories, so ask the doctor—or the HMOs—before giving up.
6. If you are trying to choose between two or more equally acceptable doctors, it makes sense to select the one whose office will be easiest for you to get to.

Accessing your doctor:

1. Remember that in this system you must go through your primary care physician to access a specialist. If you go to a specialist without going through the primary care physician, you may find yourself responsible for paying 100% of the charge.
2. Most primary care physicians have after hours and weekend telephone coverage and are accessible to patients through their main office number, even if the office is closed.

Si su médico no está inscrito

1. Pregunte a su médico si él/ella está inscrito en algún HMO, ya que la lista de proveedores incluida en el paquete de inscripción está impresa anticipadamente y es probable que los datos no estén actualizados.
2. Si Ud. prefiere, puede llamar a todos los HMO para averiguar si su médico está inscrito actualmente con ellos.
3. Si su médico no está inscrito con un HMO, sugiera que lo haga.

Si Ud. debe elegir un nuevo médico (o si aún no tiene un médico)

1. Generalmente, debe elegir un médico general antes de elegir un HMO
2. Es importante tener un acceso fácil a un médico con experiencia en el tratamiento del VIH; por lo tanto no elija un médico al azar o por el hecho que la consulta se encuentre cerca de su casa
3. A no ser que ya tenga en consideración un nuevo médico, tome en cuenta de consultar con las personas mencionadas anteriormente para recomendaciones. Empiece con su médico actual.
4. Si le es difícil conseguir recomendaciones, podría llamar a los médicos inscritos dentro de su área y preguntarles si atienden a muchos pacientes con el VIH. Una respuesta afirmativa no garantiza que es un especialista del VIH, pero por lo menos puede Ud. prescindir de aquellos que le contestan con una negación.
5. Recuerde, un médico nuevo que a Ud. le interesa puede estar inscrito en uno o más HMO aún si no aparece alistado, por lo tanto pregunte al médico o a los HMO antes de desistir.
6. Si está intentando elegir entre dos o más médicos con similares calificaciones, puede ser más sensato elegir la consulta que le sea más accesible a llegar.

El acceso a su médico:

1. Recuerde que en el sistema de HMO debe contactar a su médico general (primary care physician) antes de tener acceso a un médico especialista. Si visita a un médico especialista sin primero contactar con su médico general, es posible que tenga que pagar el 100 por ciento de esa consulta médica.
2. La mayoría de los médicos generales tienen líneas telefónicas disponibles después de las horas normales de oficina y en los fines de semana. Aunque la oficina esté cerrada, ellos están disponibles a través del número telefónico principal de la oficina.

Publications / Publicaciones

Do you like to read informative articles about living with HIV? Would you like to receive regularly updated information about HIV research and the latest treatments? If so, you might want to subscribe to one or more of the publications listed below. Most are free to people who are HIV+. We have also listed other resource directories that may be of interest to you.

¿A Ud. le gusta leer artículos inspiradores sobre el vivir con el VIH? ¿Le gustaría recibir información actual sobre investigaciones del VIH y los últimos tratamientos? Si es así, tal vez le gustaría suscribirse a una o más de las publicaciones mencionadas aquí. La mayoría son gratis para personas con el VIH. También hay directorios que tal vez le interesaría.

NAME / NOMBRE	PHONE / TELÉFONO	DESCRIPTION / DESCRIPCIÓN	LEGEND / TABLA
A&U America's AIDS Magazine	518-426-9010 www.aumag.org	Periodical created for the HIV affected community.	Free to low cost
amfAR News	(212) 806-1601 Fax or email: publications@amfar.org	Published 3 times per year. Also available online: www.amfar.org	Free
AIDS Treatment News	www.aids.org/atn/	Twice monthly treatment online newsletter.	Free
Being Alive	(310) 289-2551	PWA Coalition LA monthly newsletter Also online: www.beingalivela.org	S\$ or Free for HIV+
BETA (Bulletin of Experimental Treatments for AIDS)	(415) 487-8060 or email: beta@sfaf.org	Quarterly treatment focused magazine	Esp, Free
BETA (Boletín de Tratamientos Experimentales Contra el SIDA)	(415) 487-8060 or email: beta@sfaf.org	Revista trimestral tratamiento-enfocado	Esp, Free
Body Positive / SIDAahora	(212) 566-7333 or email: bodypositive@bodypos.org	Non-technical monthly magazine	Esp, Free
CDC National Prevention Information Network (NPIN).	(800) 458-5231 (800) 243-7012 TTY	Large selection of publications www.cdcnpin.org	Esp, Free
PI Perspectives	(415) 558-8669	Project Inform quarterly newsletter	Esp, Free
Positively Aware	(773) 989-9400	TPAN, Chicago bimonthly newsletter	Free, Esp
Positively Aware en Español	(773) 989-9400	TPAN, Chicago bimonthly newsletter	Free, Esp
POZ Magazine	(212) 242-2163	Monthly magazine, variety of features	\$20/yr, Esp
RITA (Research Initiative / Treatment Action!)	(713) 527-8219 (888) 341-1788	Professional-level treatment newsletters www.centerforaids.org	Free
Gay Men's Health Crisis Treatment Issues	(212) 367-1235 Fax or email: it@gmhc.org	Monthly focusing on gay men's issues www.gmhc.org	S\$
Women Alive	(323) 965-1564 info@women-alive.org	Quarterly focusing on women's issues Web: www.women-alive.org	Free
WORLD Newsletter	(510) 986-0340	Monthly focusing on women's issues	S\$
Homeless Services Directory	(713) 739-7514	Detailed info about resources for homeless	\$10
Texas HIV/STD Community Resource Directory (stock# 4-113)	(512) 458-7707 Fax tigerlily.tdh.state.tx.us/mamd/litcat/default.asp	HIV services in all Texas cities, lists of free DSHS (TDH) publications, national hotlines, etc.	Free
Senior Guidance	(713) 529-9991	Convenient directory for older adults, available in Kroger pharmacy.	Free
United Way Community Resource Directory	(713) 685-2300 PO Box 3247 Houston, TX 77253-3247	Detailed info about Houston area resources in a variety of categories	\$45/print \$75/CD-rom
Youth Services Directory	(713) 664-5701, ext 248	Detailed info about agencies serving youth	Free

For additional information, please visit our website at www.rwpc.org online resources and web publications.

Pull-Out Phone Directory / Guía Telefónica Portátil

AAMA (Clifton)	(713) 926-9491	Department of State Health Svcs (DSHS)	(512) 458-7111
AAMA (Gulf Freeway)	(713) 926-4756	DSHS, Public Region 6/5 South	(713) 767-3000
A Caring Safe Place Inc.	(713) 225-5441	DSHS Star & Star Plus Helpline	(800) 411-9929
Adult Rehabilitation Services	(713) 541-4422	DePelchin Children's Center	(888) 730-2335
Advocacy, Inc.	(713) 974-7691	DRW Memorial Foundation	(713) 528-1748
AIDS Coalition of Coastal Texas, Inc.	(409) 763-2437	DRW – Conroe Clinic	(866) 379-6327
AIDS Foundation Houston, Inc.	(713) 623-6796	East Fort Bend Human Needs Ministry	(281) 261-1006
AIDS Housing Coalition Houston	(713) 864-1795	Eleos Center, Inc	(713) 721-1336
Alcoholics Anonymous (Intergroup Assoc.)	(713) 686-6300	Fair Haven Food Pantry	(713) 467-4363
Alliance for Multicultural Community Svcs.	(713) 776-4700	Family Services of Greater Houston	(713) 861-4849
A-Med Home Health Care	(713) 941-2115	Family Services (Montgomery County)	(888) 844-6289
American Cancer Society Quit Line	(877) YES-QUIT	Family Services (Ft. Bend County)	(281) 207-2440
American Medical Equipment Co.	(713) 791-1841	FamilyTime Foundation	(281) 446-2615
American Red Cross	(713) 526-8300	FLAS, Inc.	(713) 772-2366
Art League of Houston	(713) 523-9530	Fort Bend County Women's Center	(281) 342-4357
ASK YOUR NURSE Helpline (HCHD)	(713) 663-CALL	Fort Bend Family Health Center	(281) 342-0529
Assistance Fund, The	(713) 529-4788	Ft Bend Family Health Ctr - HAWC Clinic	(936) 857-2726
Assoc. in Infectious Disease in OB/GYN	(713) 799-8994	Frost Eye Clinic	(713) 830-3033
AVES	(713) 626-2837	FUUSA	(713) 651-1470
Barnes Home Health Care	(713) 956-2111	Galveston County Social Services	(409) 770-5583
Bay Area Turning Point	(281) 338-7600	Texas City Office	(409) 770-5803
Baylor Inter'l Pediatric AIDS Initiative	(832) 822-1038	League City Office	(281) 316-8733
Baylor Psychiatry Clinic	(713) 798-4857	Good Shepherd Mission	(936) 291-8156
Bear Creek Assistance Ministries	(281) 855-0014	Gulf Coast Center	(409) 763-2373
Ben Taub Hospital	(713) 873-2000	Recovery Program	(409) 944-4337
Bering Omega Community Services	(713) 529-6071	Gulf Coast Community Svcs Assoc.	(713) 393-4700
Adult Day Center	(713) 520-7070	HACS	(713) 526-0555
Dental Clinic	(713) 524-7933	Harmony Health Recovery Center	(713) 237-1765
Financial Assistance	(713) 520-7070	Harris County Hospital District	(281) HIV-INFO
Hospice	(713) 523-7110	Adolescent Program	(713) 873-4100
Bering Support Network	(713) 526-1017	ASK YOUR NURSE Helpline	(713) 663-CALL
BLOCK, The	(713) 734-2117	NW Community Health Center	(713) 861-3939
Body Positive Wellness Center	(713) 830-3033	Thomas Street Health Center	(713) 873-4000
Bonita Street "House of Hope"	(713) 691-0900	Womens Program	(713) 873-4511
Brazos Place	(979) 233-3826	Harris County Housing Resource Center	(713) 528-2055
Bread of Life, Inc	(713) 650-0595	Harris Co. Public Health & Environ. Svcs	(713) 439-6000
Brentwood Community Foundation	(713) 852-2550	Chronic Disease Prevention	(713) 439-6141
Bridge Over Troubled Waters, Inc.	(713) 472-0753	Tobacco Cessation/Prevention	(713) 439-6147
Emergency Shelter	(713) 472-2801	WIC program	(713) 439-6145
Career and Recovery Resources, Inc.	(713) 754-7000	Harris County Social Services	(713) 696-7900
Caring Experience, The	(281) 422-3537	Veterans Services	(713) 755-5243
Casa de Esperanza de los Ninos	(713) 529-0639	HATCH	(713) 529-3590
Catholic Charities AIDS Ministry	(713) 526-4611	Housing Authority City of Houston	(713) 260-0600
Center for AIDS, The	(713) 527-8219	Housing Corporation of Greater Houston	(713) 526-9470
Center for Clinical Studies	(713) 528-8818	Houston Area Community Services	(713) 526-0555
Centerpointe Counseling Services	(713) 528-7007	Joseph Hines Clinic	(713) 426-0027
Christian Community Service Center	(713) 961-3993	Youth Drop In Center	(713) 526-5667
JobNet	(713) 626-8320	Houston Area Women's Center	(713) 528-6798
Sunshine Resale Shop	(713) 665-4000	Houston Buyers Club	(713) 520-5288
Colorado Valley Transit	(800) 548-1068	Houston Challenge Food Pantry	(713) 223-3810
Colt 45's AIDS Trouble Fund	(713) 526-6077	Houston Community Voice Mail	(713) 739-7514
Combined Community Action	(800) 688-9065	Houston Compass, Inc.	(713) 229-8319
Community Endowment Foundation	(713) 528-0037	Houston Dept of Health & Human Svcs	(713) 794-9311
Compassionate Brothers Ministry	(713) 523-8192	Bureau of Health Info Svcs	(713) 794-9320
Corder Place Apartments	(713) 741-4070	Bureau of HIV/STD Prevention	(713) 794-9092
Council on Drugs/Alcohol, Houston	(713) 942-4100	Case Management Outreach	(713) 794-2980
Covenant House Texas	(713) 523-2231	Houston Lawyer Referral Service	(713) 237-9429
HOTLINE:	(800) 999-9999	Houston READ Commission	(713) 228-1801
Crisis Intervention of Houston	(713) 527-9864	Houston Recovery Campus (RGH)	(713) 331-2501
ESPAÑOL:	(713) 472-9832	Houston Volunteer Lawyers Program	(713) 228-0735 Ext. 121
Cypress Assistance Ministries	(281) 955-7684	Humble Area Assistance Ministries	(281) 446-3663
Cypress Creek Hospital	(281) 586-7600	Inner Wisdom Counseling Center	(713) 592-9292
DAPA Family Recovery Program	(713) 783-8889	Inner Wisdom Wellness Center	(713) 592-9294
Dept of Assistive & Rehabilitative Svcs (DARS)	(800) 628-5115	Interfaith CarePartners®	(713) 682-5995
Blind Division	(800) 880-0721	Intergroup Association (AA)	(713) 686-6300

Pull-Out Phone Directory / Guía Telefónica Portátil

International Language Associates	(713) 868-9718	Riverside General Hospital	(713) 526-2441
Jewish Community Center	(713) 551-7200	SAAFE House (Huntsville)	(936) 291-3529
Jewish Family Service	(713) 667-9336	SAAFE House (Livingston)	(936) 327-0686
Julia C. Hester House	(713) 672-2573	Salvation Army, Houston Area Command	(713) 752-0686
Katy Counseling Services	(281) 599-9330	Salvation Army, Mainland Corps	(409) 935-1190
Ken Lambert Funeral Consultant	(281) 357-0195	Salvation Army, Montgomery County	(936) 760-2440
The Lambda Center	(713) 521-1243	Santa Maria Hostel	(713) 957-1898
Lazarus House Center for Wellness	(713) 526-5071	SEARCH	(713) 739-7752
Lazarus House Initiative	(713) 988-4858	Challenge Men's Program	(713) 742-6953
LBJ Hospital	(713) 566-5100	Discover Women's Program	(713) 331-2728
LIFE Houston- Emergency Infant Formula	(713) 528-6044	Childcare	(713) 923-7938
Lone Star Legal Aid	(713) 652-0077	Sign Language Accessible Interpreters	(713) 263-9670
Love INC (In the Name of Christ)	(281) 422-5683	Sign Shares	(713) 869-4373
Lutheran Social Svcs of the South	(713) 521-0110	Social Security Administration	(800) 772-1213
Macedonia Outreach & Career Center	(713) 672-1653	South Texas College of Law	(713) 652-0009
Houston Change	(713) 674-8898	Southeast Area Ministries	(713) 944-0093
Magnificat Houses, Inc.	(713) 520-0461	Southeast Texas Legal Clinic	(713) 523-7852
Maximus	(281) 260-9871	Southwest Area Ministry	(281) 530-8633
Medicaid Hotline	(800) 252-8263	Spay Neuter Assistance Program	(713) 862-3863
Medicaid Transportation	(877) MED-TRIP	St. Hope Foundation	(713) 778-1300
Memorial Assistance Ministries	(713) 468-4516	Bellaire Clinic	(713) 839-7111
Memorial Hermann Hospitals	(713) 222-CARE	Conroe Clinic	(800) 241-3020
Children's Hospital	(713) 704-KIDS	Stafford Clinic	(281) 277-8572
Memorial Hermann Prevention & Recovery	(713) 578-3100	St. John Vianney Social Services	(281) 497-4434
Mental Health & Psychological Svcs	(281) 463-9840	Star of Hope	(713) 748-0700
Methodist Hospital	(713) 790-3311	Men's Development Center	(713) 227-8900
Metropolitan Multiservice Center	(713) 284-1973	Transitional Living Ctr for Families	(713) 748-7242
METRO (Route & Schedule Info)	(713) 635-4000	Women & Family Shelter	(713) 222-2220
Lost and Found	(713) 658-0854	Texana MHMRA	(281) 239-1300
TTY	(713) 635-6993	Texas Children's Hospital	(832) 824-1000
METROLift	(713) 225-0119	Allergy & Immunology Dept.	(832) 824-1319
TTY	(713) 652-8969	Department of Retrovirology	(832) 822-1038
Michael E. DeBakey VA Medical Center	(713) 791-1414	Texas HIV Medication Program (DSHS)	(800) 255-1090
Mission of Yahweh	(713) 466-4785	Texas Abuse, Neglect, Exploitation Reporting	(800) 252-5400
Montgomery Co. Emergency Asst.	(936) 539-9211	Texas Department of Human Svcs	(713) 767-2000
Montrose Clinic, Inc.	(713) 830-3000	Texas Runaway Hotline	(888) 580-4357
Body Positive, Eye Clinic & Research	(713) 830-3033	Texas Youth Hotline	(800) 210-2278
Montrose Counseling Center	(713) 529-0037	Thomas Street Clinic	(713) 873-4000
Morning Star Hostel	(713) 529-4231	Triangle AIDS Network, Inc.	(409) 832-8338
Motherland, Inc.	(713) 290-0001	TRS Behavioral Care, Inc.	(877) 627-4389
NAACP	(713) 526-3389	United States Dept of Veterans Affairs	(800) 827-1000
NMAC	(202) 483-6622	U of H College of Optometry	(713) 743-2020
Neighborhood Centers Inc.	(713) 667-9400	Good Neighbor Healthcare Ctr	(713) 527-8480
New Hope Counseling Center	(713) 776-8006	U of H Law Center	(713) 743-2094
New Horizon Family Center	(281) 424-3300	U of H Speech, Language, Hearing Clinic	(713) 743-2898
New Vision Detox at Doctor's Hospital	(281) 765-2740	UT Dental Center	(713) 500-4000
Nonprofit Consulting Services	(713) 868-5409	UT Harris Co. Psychiatric Center	(713) 741-5000
North Channel Assistance Ministries	(713) 453-8028	UT Houston Health Science Center	(713) 500-6608
Northshore Counseling Center	(713) 637-6000	UTMB AIDS Clinical Trials Unit	(409) 747-0214
Northwest Assistance Ministries	(281) 885-4555	UTMB Galveston	(409) 772-1661
Office of Minority Health Resource Ctr	(800) 444-6472	UTMB Prairie View	(936) 857-4073
Open Door Mission	(713) 921-7520	Veteran Center #710	(713) 523-0884
Operation ID	(713) 526-2525	Victim Assistance Centre, Inc.	(713) 755-5625
Palmer Drug Abuse Program	(281) 589-4832	Visiting Nurse Association	(713) 520-8115
Park Plaza Hospital	(713) 527-5000	Volunteers of America	(713) 460-0781
Partners Resource Network	(713) 524-2147	Burress Street Apts/McGovern Campus	(713) 692-8190
PAWS Houston	(281) 443-3360	Chupik House	(713) 341-1172
People With AIDS Coalition	(713) 522-5428	WAM Foundation, Inc.	(713) 551-8787
Childcare Office	(713) 873-4160	Warren Corporation	(713) 541-9777
PFLAG Houston	(713) 467-3524	Wellsprings, Inc.	(713) 529-6559
Planned Parenthood	(800) 230-PLAN	West Houston Assistance Ministries	(713) 977-9942
Positive Efforts	(713) 812-0044	West Houston HIV Support Group	(281) 550-7814
Relay Texas (Public Utilities of Texas)	7-1-1	YMCA Refugee/Immigrant Prgm	(713) 339-9015
The Resource Group	(713) 526-1016	YWCA of Houston	(713) 868-9922
Resurrection Metropolitan Comm Church	(713) 861-9149		

United Way Helpline

Línea Telefónica de Ayuda de United Way

To get assistance with or access to this type of information in five additional languages, please call the United Way Helpline at their 24-hour number: **2-1-1** or you can search the United Way Community Resource Database on the web: www.rtmdesigns.net/UWTG/.

*Para recibir asistencia o información en cinco idiomas, por favor llame gratis a la Línea Telefónica de Ayuda de United Way las 24 horas del día al número: **2-1-1** o consulte con la base de datos de recursos comunitarios de United Way en el Internet: www.rtmdesigns.net/UWTG/.*

If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:

Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:

The Office of Support for the Ryan White Planning Council

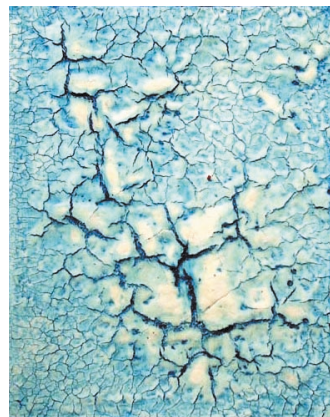
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HOUSTON RESOURCE GUIDE

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