

# HOUSTON RESOURCE GUIDE

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The "Blue Book"

# HOUSTON GUIA DE RECURSOS

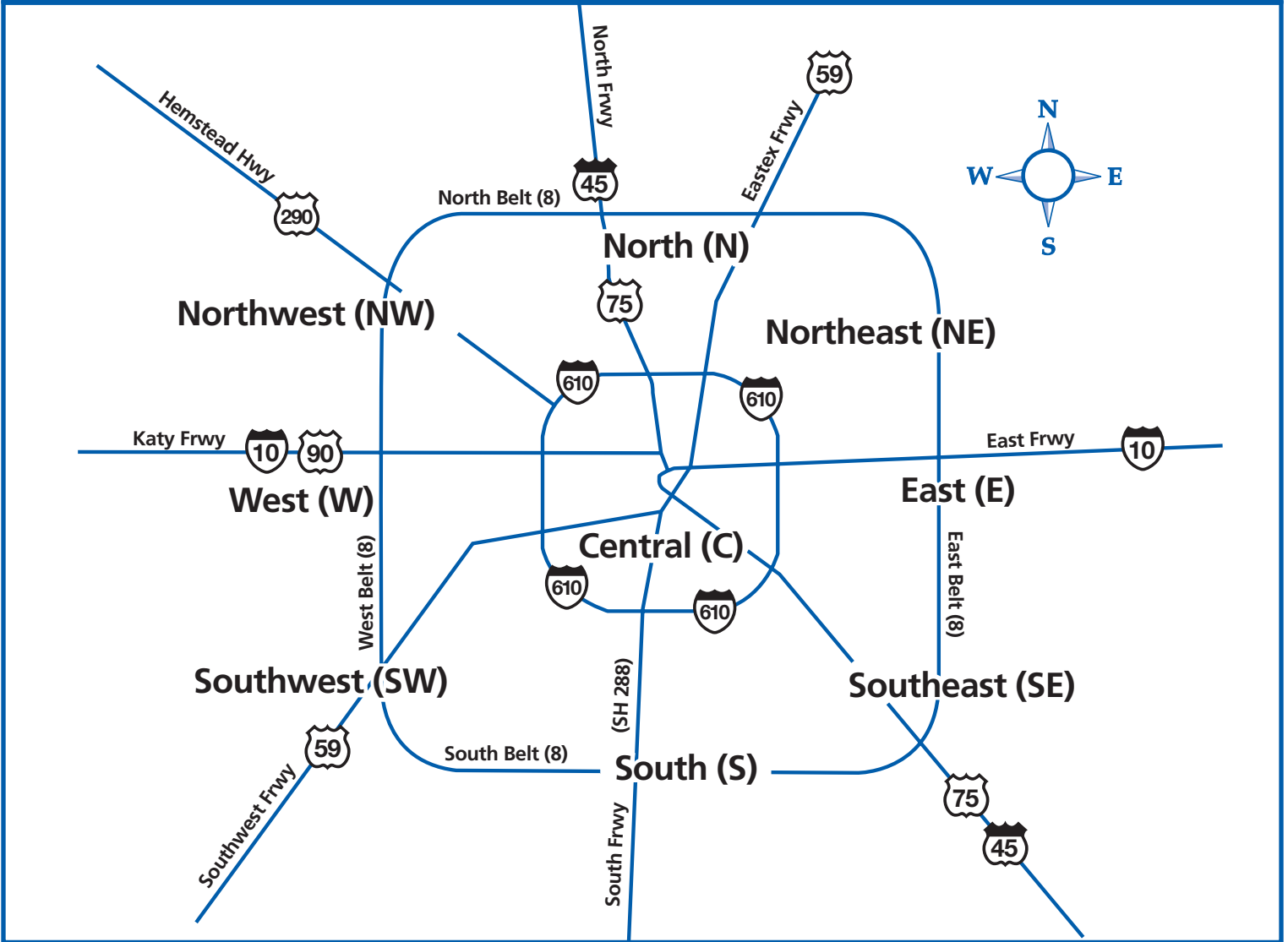
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El "Libro Azul"



**2008 – 2009**  
**free / gratis**

# HOUSTON AREA MAP *MAPA DEL ÁREA DE HOUSTON*



## LEGEND

- M** . . . . . Serves Men.
- W** . . . . . Serves Women.
- C** . . . . . Program for children, ages 0 – 12.
- Y** . . . . . Program for youth, ages 13 – 24.
- Fam** . . . . . Serves families with children.
- All** . . . . . Serves all ages.
- HIV+only** . . Program for **HIV+ only**.
- Free** . . . . . At least one service provided for free, regardless of income.
- \$S** . . . . . Sliding scale used to determine fee.
- Med** . . . . . Accepts Medicare/Medicaid.
- Esp** . . . . . Spanish speaking personnel available during office hours.
- I/RR** . . . . . Serves those recently released from incarceration.
- Lim** . . . . . Limited availability of service.
- CD** . . . . . Program for chemical dependency.

## TABLA

- M** . . . . . Se atienden a hombres.
- W** . . . . . Se atienden a mujeres.
- C** . . . . . Programa para niños, 0 – 12 años.
- Y** . . . . . Programa para adolescentes, 13 – 24 años.
- Fam** . . . . . Se atienden a las familias con niños.
- All** . . . . . Servicios para toda persona.
- HIV+only** . . Programa para **VIH+ solamente**.
- Free** . . . . . Por lo menos un servicio gratis, sin importar ingreso.
- \$S** . . . . . Escala móvil utilizada para determinar costo.
- Med** . . . . . Se acepta Medicare y/o Medicaid.
- Esp** . . . . . Personal que habla español disponible durante horas de oficina.
- I/RR** . . . . . Servicios para personas que se han dado de alta de la cárcel o prisión.
- Lim** . . . . . Disponibilidad limitada de servicio.
- CD** . . . . . Programa para el abuso de sustancias.

## Introduction

Welcome to the 2008 - 2009 Houston HIV/AIDS Resource Guide, a convenient source of information about services in the Greater Houston Area available to persons living with HIV/AIDS. This guide is not intended to be a directory of all agencies serving HIV+ persons. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council. In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although we have done our best to provide our readers with accurate information, changes do occur frequently, and what was correct when we went to print may no longer be correct at the time you are reading the guide. We ask that you contact us at (713) 572-3724, or by e-mail at [feedbackRWPC@hctx.net](mailto:feedbackRWPC@hctx.net) if you have comments or suggestions for improving future additions and check our website: [www.rwpc.org](http://www.rwpc.org) for updated information.

## Introducción

Bienvenidos a la Guía de Recursos VIH/SIDA 2008 - 2009 de Houston, una fuente conveniente de información que refiere a los servicios para personas viviendo con el VIH/SIDA en el área de Houston. No se pretende que esta Guía sea el directorio de todas las agencias que sirven a las personas con el VIH. Las inclusiones en esta guía no implican un endoso por parte del Concilio de Planificación Ryan White. Durante la preparación de esta publicación hemos confiado que las agencias mismas nos proveyeran de las informaciones concernientes a sus programas y servicios. Aunque nuestra intención es el de ofrecer al lector información precisa, algunos cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente. Le solicitamos que nos llame al (713) 572-3724, o se comunique con nosotros a través de nuestro correo electrónico: [feedbackRWPC@hctx.net](mailto:feedbackRWPC@hctx.net) para darnos sus comentarios o sugerencias a efecto de mejorar nuestras futuras ediciones y visite nuestro sitio del internet: [www.rwpc.org](http://www.rwpc.org) para la información más actualizada.

## How To Use This Guide

The legend on the opposite page applies to the codes used for many services in this book. Additional codes may be used occasionally and are self-explanatory.

When looking for a particular service, use the TABLE OF CONTENTS on page 4. If you don't find the exact service, scan the table of contents to see if it might be included in another category.

The SERVICE CATEGORY sections list the agencies that provide each service. The Service Category section lists the agency name, phone number and legend codes. Use the HOUSTON AREA MAP (opposite page) to find the general area (North, South, East, etc) where the agency is located.

If you know the name of the agency you are looking for, refer to the ALPHABETICAL LISTING, beginning on page 89.

The PULL OUT PHONE DIRECTORY on the last page can be removed for easy reference.

## Como Usar Este Guía

La tabla en la página opuesta indica los códigos que son utilizados en la mayoría de los servicios incluidos en este libro. Asimismo, otros códigos obvios pueden que sean esporádicamente usados.

Cuando necesite buscar un tipo de servicio, refiérase a la TABLA DE CONTENIDO en la página 4. Si no encuentra el servicio exacto, indague en la tabla para ver si está incluido en una categoría diferente.

Las secciones de CATEGORÍA DE SERVICIOS clasifican las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON (en la página opuesta) para encontrar el área general (norte, sur, este, etc.) donde la agencia está ubicada.

Si sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO al inicio de la página 89.

La GUÍA TELEFÓNICA ubicada en la última página, puede ser removida del libro para uso portátil y de referencia fácil.

# HOUSTON AREA HIV SERVICES RYAN WHITE PLANNING COUNCIL

2223 West Loop South, Suite 240, Houston, Texas 77027  
713 572-3724 phone • 713 572-2813 TTY • 713 572-3740 fax • [www.rwpc.org](http://www.rwpc.org)

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Dear Friends,

Welcome to the 2008-2009 edition of the Houston Area HIV/AIDS Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. Once again, we are pleased to bring you the most up-to-date information about HIV services in Harris and the nine surrounding counties. United Way has incorporated this information into their 24-hour Helpline so that those who need assistance can call their toll free number to ask questions or access this information in five languages. To contact the United Way Helpline, please call 2-1-1.

This year will be the sixth year that the Office of Support for the Ryan White Planning Council has been responsible for producing this book. This year we hope readers will benefit from new sections with resources for Hepatitis C and an updated section on housing. The Council and staff are continually working to bring improvements that will make future editions of the Blue Book even better.

As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. These meetings are open to the public and all who wish to participate in our process are welcome. Please contact the Office of Support at the address listed above for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary.

With best wishes,

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Estimados Amigos,

Bienvenidos a la edición 2008-2009 de la Guía de Recursos del VIH/SIDA del Área de Houston (el "Libro Azul"), publicado por el Concilio de Planificación Ryan White. Una vez más, estamos complacidos en ofrecerles la información al corriente sobre los servicios del VIH en el condado de Harris y los nueve condados a su alrededor. United Way ha incorporado esta información a su Línea de Ayuda de 24 horas para que las personas que necesiten asistencia puedan llamar gratuitamente a formular preguntas y acceder a información en cinco idiomas. Para contactar a United Way, por favor llame al 2-1-1.

Este será el sexto año en el cual la Oficina de Apoyo del Concilio de Planificación Ryan White ha tomado la responsabilidad de producir este libro. Esperamos que los cambios del formato les sean de mejor ayuda que nunca. El Concilio y su personal están trabajando arduamente para ofrecerles mayores innovaciones en el futuro.

Como siempre, los pedimos que cooperen con nosotros en proveer información precisa y cualquier dato útil para que esta guía de recursos sea efectiva y de fácil manejo. Por favor escriba, remita vía fax o llámenos para compartir sus ideas. También los alentamos a que hagan comentarios en las reuniones del Concilio. Estas reuniones están abiertas al público. Todas las personas interesadas en participar en este proceso son bienvenidas. Por favor, póngase en contacto con la Oficina de Apoyo, llamando al número mencionado arriba para la información sobre las reuniones.

Únase a nosotros en este trabajo para que en un día futuro esta guía de recursos ya no sea necesaria.

Saludos cordiales,



C. Bruce Turner  
Chair, Ryan White  
Planning Council



Victoria Williams  
Manager,  
Office of Support



Diane Beck  
Blue Book  
Coordinator

## About the Artwork...

The artwork for the 2008-09 Houston Area HIV/AIDS Resource Guide is generously provided by participants of the *HIV+/Cancer-Related Illnesses Healing Art Group*, an outreach program of the Art League of Houston, which is led by designer and illustrator Kermit Eisenhut. This award winning program offers a variety of activities for the artist and non-artist alike and is provided free of charge to persons living with HIV/AIDS and those with cancer-related illnesses.

The students who have given us permission to use their art work include: Raphael Rios, Gary, Mark Mauboules, Kenneth Willet, Kevin White, Marlene, Mauricio B., Timothy Hill and Tammy Garrison.

We are grateful to Kermit, the Art League of Houston, and the artists listed above for sharing their images and feelings with us for this publication.

To learn more about the *HIV+/Cancer-Related Illnesses Healing Art Group*, contact the Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.

## Acerca de la Gráfica...

La gráfica en la Guía de Recursos VIH/SIDA 2008-09 del área de Houston es una generosa contribución de los participantes del Grupo Terapéutico de Arte del VIH/ Enfermedades relacionadas con el Cáncer, un programa de alcance de la Liga de Arte de Houston, dirigido por el diseñador e ilustrador Kermit Eisenhut. Este premiado programa ofrece una variedad de actividades para el artista y el no artista y es proveído gratuitamente a personas viviendo con el VIH/SIDA y aquellos con enfermedades relacionadas con el cáncer.

Los estudiantes que contribuyeron con las ilustraciones son: Raphael Rios, Gary, Mark Mauboules, Kenneth Willet, Kevin White, Marlene, Mauricio B., Timothy Hill and Tammy Garrison.

Agradecemos a Kermit, a la Liga de Arte de Houston, y a los artistas mencionados aquí por compartir sus obras y sentimientos con nosotros para esta publicación.

Para más información sobre el Grupo Terapéutico de Arte del VIH/Enfermedades relacionadas con el Cáncer llame a Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.

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# TABLE OF CONTENTS

# TABLA DE CONTENIDO

HOUSTON AREA MAP	1	MAPA DEL ÁREA DE HOUSTON	1
INTRODUCTION	1	INTRODUCCIÓN	1
HOW TO USE THIS GUIDE	1	CÓMO UTILIZAR ESTA GUÍA	1
LETTER FROM THE CHAIR	2	CARTA DEL PRESIDENTE DE JUNTA	2
ABOUT THE ARTWORK & CREDITS	3	ILUSTRACIONES Y RECONOCIMIENTOS	3
IMPORTANT RESOURCES	5	RECURSOS IMPORTANTES	5
CPCDMS Client Registration Process	10	Procedimiento de Registración del Cliente en el CPCDMS	10
Client Rights & Complaint Procedures	18	Derechos Del Cliente y Procedimiento Para Reclamos	18
<b>SERVICE CATEGORIES:</b>		<b>CATEGORÍA DE LOS SERVICIOS:</b>	
Case Management	19	Administración de Casos	19
Chemical Dependency	21	Alimentos	40
Children's Services	24	Apoyo Social y Actividades	74
Clinics	27	Asistencia Financiera	38
Clothing & Household Items	30	Asistencia para Prescripciones Médicas	68
Day Programs & Respite Care	32	Asistencia Pública	73
Deaf & Hard Of Hearing Services	32	Asistencia y Cuidado en el Hogar	45
Dental Services	33	Ayuda para Empleo y Entrenamiento	36
Education Programs	34	Clínicas	27
Employment Training	36	Cuidado de la Vista	38
Eye Care	38	Cuidado de Hospicio	46
Financial Assistance	38	Cuidado Dental	33
Food	40	Dependencia de Sustancias	21
Funeral Services	42	Equipo Médico	61
HIV/STD Testing	43	Farmacias	67
Home Assistance & Home Health Care	45	Hospitales	47
Hospice Care	46	Información de Tratamientos y Pruebas Clínicas	77
Hospitals	47	Información y Línea Telefónica de Ayuda	53
Housing and Emergency Shelters	48	Información y Recursos Para La Hepatitis C	55
Information & Hotlines	53	Nutrición y Bienestar	66
Information & Resources for Hepatitis C	55	Oportunidades para Voluntarios	81
Insurance	60	Programas Diurnos y Asistencia para los Cuidadores	32
Legal Services	60	Programas Educativos	34
Medical Equipment	61	Prueba del VIH y ETS	43
Mental Health Services	61	Segura Médico	60
Miscellaneous Services	65	Servicios de Prevención	72
Nutrition & Wellness	66	Servicios de Salud Mental	61
Pharmacies	67	Servicios Funerarios	42
Prescription Assistance	68	Servicios Legales y Defensa Pública	60
Prevention	72	Servicios Misceláneos	65
Public Assistance	73	Servicios para Jóvenes/Adolescentes	85
Social Support & Activities	74	Servicios para Mujeres	82
Transportation	76	Servicios para Niños	24
Treatment Information & Clinical Trials	77	Servicios para Sordos	32
Veteran's Services	80	Servicios para Veteranos	80
Volunteer Opportunities	81	Transporte	76
Women's Services	82	Vestimenta y Artículos para la Casa	30
Youth/Teen Services	85	Vivienda y Refugios de Emergencia	48
<b>SOCIAL SECURITY PROGRAMS</b>	<b>140</b>	<b>PROGRAMAS DEL SEGURO SOCIAL</b>	<b>140</b>
<b>MEDICARE/MEDICAID INFORMATION</b>	<b>147</b>	<b>INFORMACIÓN SOBRE MEDICARE Y MEDICAID</b>	<b>147</b>
<b>PUBLICATIONS LISTING</b>	<b>153</b>	<b>ENUMERACIÓN DE LAS PUBLICACIONES</b>	<b>153</b>
<b>NOTES</b>	<b>154</b>	<b>ANOTACIONES</b>	<b>154</b>
<b>PULL OUT PHONE DIRECTORY</b>	<b>157</b>	<b>GUÍA TELEFÓNICA PORTÁTIL</b>	<b>157</b>
<b>UNITED WAY HELPLINE</b>	<b>IBC</b>	<b>LÍNEA DE AYUDA DE UNITED WAY</b>	<b>IBC</b>

# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both. Of course, as with all listings in this guide, services and programs change, and only the agencies themselves can tell you whether or not you qualify.

Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones. Naturalmente, como todos los recursos en esta guía, los servicios y programas cambian y solamente las agencias en sí pueden informarle si Ud. califica.

### AGENCY / AGENCIA

### PHONE / TELÉFONO

### LOCATION / UBICACIÓN

### LEGEND / TABLA

#### United Way Helpline

**2-1-1**

**Statewide**

**All, Free, Esp**

To get assistance with or access to HIV/AIDS information in five languages, please call the United Way Helpline at their 24-hour toll free number or by dialing 2-1-1.

Para recibir asistencia o información acerca del VIH/SIDA en cinco idiomas, por favor llame gratuitamente a la Línea de Ayuda de United Way durante las 24 horas del día o marcando el número telefónico 2-1-1.

#### Legacy Community Health Services' Medication & Insurance Assistance

**(713) 529-4788**

**(C) Montrose**

**Free, Esp**

This program is the only one of its kind in the Houston area. It pays insurance premiums for low-income HIV+ persons, helping them keep their private health insurance until Medicare begins. This agency also has a medication assistance program and helps defray the costs of medication for those with or without insurance.

Esta programa es la única de su clase en el área de Houston. Paga las cuotas de los seguros de salud a personas con bajos ingresos infectadas con el VIH, ayudando a mantener su seguro privado hasta que comience el beneficio de Medicare. También tiene un programa de asistencia para medicamentos y ayuda a reducir el costo de los medicamentos a personas con o sin seguro médico

#### Bering Dental Center

**(713) 529-6071**

**(C) Montrose**

**Free, Esp**

Bering Omega has the only dental clinic in the Houston area that specifically treats people with HIV. All dental services, which include everything from hygiene to dentures, are free to low-income patients. This is one of many services offered by Bering Omega.

Bering Omega tiene la única clínica dental en el área de Houston que específicamente trata a personas infectadas con el VIH. Todos los servicios dentales que incluyen desde higiene dental hasta dentaduras son gratuitos para pacientes con bajos ingresos. Este es uno de varios servicios ofrecidos por Bering Omega.

# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

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LEGEND / TABLA

### Body Positive Wellness Center

(Legacy Community Health Services)

(713) 830-3033

(C) Montrose

Free, Esp

BPWC at Legacy Community Health Services provides a venue where qualified clients with HIV/AIDS can obtain HIV-specific nutritional assessment/counseling, supervised resistance exercise, massage and chiropractic therapy, relaxation classes, community forums, peer counseling groups and at-cost nutritional supplements. The program enables clients to take important measures in restoring their health and quality of life as they augment the positive effects of advanced drug treatments.

BPWC en la Legacy ofrece un lugar donde los clientes con el VIH/SIDA, que califiquen, puedan recibir una evaluación y recomendaciones acerca de la nutrición relacionada con el VIH, supervisión de ejercicios de resistencia, terapia de masaje y quiropráctica, clases de relajación, foros comunitarios, consejería en grupo paritario, y suplementos nutricionales a costo. Este programa ayuda a los clientes a tomar importantes medidas en restaurar la salud y calidad de vida, y a aumentar los efectos positivos de los tratamientos avanzados con medicamentos.

### Center for AIDS, The

(713) 527-8219

(C) Montrose

Free, Esp

This is the only treatment and research information center in this region of the country. Their treatment specialists can help PLWH/A and service providers better understand treatments, explain medication regimens and give advice on what questions to ask doctors. They publish an excellent free treatment newsletter (RITA!).

Este es el único centro de información en esta región del país sobre tratamientos e investigaciones. Sus especialistas pueden ayudar a las personas con el VIH/SIDA y a los proveedores de servicios a informarse sobre tratamientos, explicar sobre los regímenes de los medicamentos, y dar consejos sobre que preguntas hacer a los médicos. Publican un excelente boletín mensual gratis (RITA!).

### City of Houston Department of Health & Human Services

(713) 794-9092

Citywide

Sliding Scale

If you are not sure whether or not you have HIV, you can be tested at one of the HIV Counseling and Testing sites provided by the Houston Department of Health and Human Services. As well, there is an early intervention program which provides limited medical evaluation, support groups, referrals and case management to the newly diagnosed HIV positive person.

Si Ud. no está seguro si tiene el VIH, puede solicitar un análisis en uno de los locales de Consejería y Exámenes del VIH del Departamento de Servicios de Salud y Humanitarios de la Ciudad de Houston. También existe un programa de intervención temprana que ofrece evaluación médica limitada, grupos de apoyo, referencias, y administración de casos a toda persona recientemente diagnosticada con el VIH.



# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

### TX HIV Medication Program

**(800) 255-1090**

**Statewide**

**Free, Esp**

Available to low-income, HIV-infected persons, this program covers the cost of many often-prescribed HIV medications. You will need your doctor's help to apply.

Disponible para personas con bajos ingresos infectadas con el VIH, este programa cubre el costo de muchos medicamentos con recetas médicas para combatir el VIH. Necesitará la ayuda de su médico para solicitar este servicio.

### Link-Up-America/Lifeline

**(866) 454-8387**

**Statewide**

**Free, Esp**

These programs assist low-income individuals with the cost of setting up phone service and offer a monthly discount on basic service. Application for both programs can be made at the same time; the person seeking service must make the call, 8:00 a.m. to 4:00 p.m., Tuesday through Friday only.

Estos programas asisten a personas con bajo ingreso con el costo de la instalación del servicio telefónico y ofrecen un descuento mensual en el servicio básico. Se puede solicitar los dos programas a la misma vez. La persona que requiere el servicio debe llamar de 8:00 a.m. a 4:00 p.m. de martes a viernes solamente.

### Operation I.D.

**(713) 620-6476**

**(C) Med Center**

**Free, Esp**

If you need help getting a birth certificate or cannot afford to replace a lost driver's license, call this agency. Open Tuesday and Thursday from 9:00 a.m. - 11:30 a.m.

Si Ud. necesita ayuda en obtener un certificado de nacimiento o no puede pagar el costo para reemplazar una licencia de conducir extraviada, llame a esta agencia. Abierto el martes y jueves, 9:00 a.m. - 11:30 a.m.

### Next Step

**(Legacy Community Health Services)**

**(713) 830-3000**

**(C) Montrose**

**Free, Esp**

Next Step is an educational workshop offered to HIV+ persons and their families. The workshop is free and includes immune system lab work, information on safer sex, disclosing your HIV status, approved therapies, nutrition and referrals to other services.

Next Step es un taller educacional ofrecido a personas positivas con el VIH y a sus familias. El taller es gratuito e incluye varios análisis médicos, información sobre el sexo seguro, revelación del estado del VIH, terapias aprobadas, nutrición y referencias a otros servicios.

# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

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LEGEND / TABLA

### Qualified Medicare Beneficiary (QMB) and Specified Low-income Medicare Beneficiary (SLMB) Program

**(713) 692-1635  
-or- (800) 252-9240**

**Statewide**

**Free, Esp**

The Qualified Medicare Beneficiary program is federally mandated coverage for Medicare beneficiaries who have countable income of no more than 100 percent of the federal poverty level and who have limited resources. The state pays Medicare Part A & B premiums, Medicare deductibles, and Medicare co-insurance costs. Individuals may be eligible for both Medicaid and QMB benefits.

The Specified Low-income Medicare Beneficiary program is a federally mandated coverage group that is an extension of the QMB group. Under this program, individuals are entitled only to the payment for Medicare Part B premium. Income must be more than 100% but less than 120% of the federal poverty level.

El programa QMB es una cobertura asignada por mandato federal para los beneficiarios de Medicare que tengan ingreso contable de no más del 100 por ciento del nivel federal de indigencia y recursos limitados. El estado paga la prima de la parte A y B de Medicare, los deducibles de Medicare, y el costo de seguros de Medicare. Los individuos pueden ser elegibles para ambos beneficios - Medicaid y QMB.

El programa SLMB es una cobertura asignada por mandato federal y una extensión del grupo QMB. Bajo este programa, los individuos son elegibles solamente al pago de la prima de la parte B de Medicare. El ingreso contable debe ser más de 100% pero menos de 120% del nivel federal de indigencia.

### LITE UP Texas

**(866) 454-8387**

**Statewide**

**Free, Esp**

Under LITE UP Texas (Low Income Telephone and Electric Utilities Program), qualified low-income customers with a household income at or below 125% of the federal poverty level receive a discount off monthly electric bills. This discount applies regardless of which electric service provider you use. You may also qualify if you receive certain benefits from the Texas Department of Human Services.

Bajo LITE UP Texas (el programa de asistencia para el servicio telefónico y de electricidad), los clientes con bajos ingresos con un total que equivale o es menor al 125 por ciento del nivel federal de indigencia reciben un descuento en el costo mensual del uso de la electricidad. Este descuento se aplica sin importar que abastecedor de servicio se utilice. También puede calificar si recibe beneficios del Departamento de Servicios Humanitarios de Texas.

# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

### Harris County Housing Resource Center

(713) 578-2055

Harris County

Free, Esp

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public- and private- sector programs dedicated to helping Harris County's homeless population.

Anyone can access the Housing Resource Center by calling the automated information line at 713-578-2055. They can also visit the Center's Web site at [www.hrc.hctx.net](http://www.hrc.hctx.net). The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.

El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.

Para más información llame al Centro de Recursos para la Vivienda al 713-578-2055 o visite el sitio web al [www.hrc.hctx.net](http://www.hrc.hctx.net). La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.



Art by Tammy

## CPCDMS Client Registration Process Ryan White Part A

All clients are required to register in the CPCDMS in order to be eligible for Ryan White Part A services. Listed below are the steps required to complete the registration. **Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.**

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Part A eligibility** (see below).
4. If the client provides **all necessary eligibility documentation** (HIV+ diagnosis, identity, residency, income), the agency serves client.

NOTE: Part A primary care providers can only register/update clients receiving primary care from their primary care site.

### Part A Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

#### Required Documentation

#### Acceptable Forms of Documentation

##### HIV+ diagnosis<sup>1</sup> Acceptable signatories

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician (**only acceptable by Harris County – HIV Services**)

- A computer-generated HIV+ laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed.
- A statement or letter signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth (**valid for only 60 days from the start of services at the agency**).

**NOTE:** Proof of HIV+ diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV+ diagnosis must be presented at all agencies where services are accessed.

<sup>1</sup> For services available to non-HIV+ persons, documentation of the client's relationship to an HIV+ person and the HIV+ person's diagnosis must be provided.

CPCDMS Client Registration Process - Ryan White Part A

Required Documentation	Acceptable Forms of Documentation
<b>Verification of identity</b>	<ul style="list-style-type: none"><li>• Texas Driver’s License (Primary &amp; Preferred ID)</li><li>• Texas Identification Card</li><li>• Texas Department of Corrections identification card</li><li>• Employment badge with picture</li><li>• Student ID with picture</li><li>• U.S. immigration documents with picture</li><li>• Credit card with picture</li><li>• Metro picture ID</li><li>• U.S. naturalization, citizenship, passport or other Federal documents with picture</li><li>• Driver’s license or identification card issued by another US state</li><li>• A government-issued ID from a country other than the U.S.</li><li>• Birth certificate (cannot be used by married women)</li><li>• Social Security card</li><li>• Medicaid/Medicare card</li><li>• Letter on letterhead from another Social Service Agency</li><li>• Veterans Administration ID Card</li></ul>
<b>Verification of residency within funding source’s catchment area</b>	<p>Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:</p> <ul style="list-style-type: none"><li>• Current lease in the name of the client or listing the client as an occupant</li><li>• Property tax documents</li><li>• Utility/phone/cable/credit card bill in the name of the client</li><li>• Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility</li><li>• Business correspondence with the client’s name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter</li><li>• Temporary agency affidavit signed and dated by client</li><li>• Letter on letterhead from a social service agency</li><li>• Supporter Statement with address and valid signature of client’s supporter</li><li>• Payroll stub/copy of payroll check/bank statement - showing address</li></ul>

CPCDMS Client Registration Process - Ryan White Part A

Required Documentation

Acceptable Forms of Documentation

**Verification of household income**

All clients must be screened for financial eligibility for Ryan White Part A funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.<sup>2</sup>

Documentation of income must be provided for all members of the client's household.<sup>3</sup> Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.

Acceptable income documentation:

- Payroll stub/copy of payroll check/bank statement showing direct payroll deposit
- Letter from employer on company letterhead indicating weekly or monthly wages
- Unemployment benefits letter/copy of check
- IRS 1040 form (tax return)/W2 form/1099 form
- Social Security award letter
- VA benefits letter
- Private disability/pension letter on company letterhead
- Medicaid letter
- Child or spousal support order with judge's signature and date
- Food stamp award letter (TANF: Temporary Aid to Needy Families)

The following documentation is acceptable only for clients claiming no income:

- Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)
- Proof of application for Social Security (valid for 6 months only)
- Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses
- Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification
- Homeless client: Verification letter on company letterhead from homeless services

<sup>2</sup> See the US Dept. of Health and Human Services Poverty Guidelines for the current year and the "Ryan White Federal Poverty Guidelines" table.

<sup>3</sup> As per Federal definition, a same sex spouse or partner is not considered to be a household member.

CPCDMS Client Registration Process - Ryan White Part A

**RYAN WHITE PART A REGISTRATION SITES**

<b>AGENCY</b>	<b>REGISTRATION CONTACT</b>	<b>PHONE #</b>
Baylor College of Medicine	Meg Ferris	(832) 322-1366
City of Houston	Beau Mitts	(713) 794-9079
Fort Bend Family Health Center	Sylvia Teeple	(832) 342-0529 x 138
Harris Co. Hospital District – HIV Services	Melvia Ramirez	(713) 873-4020
Houston Area Community Services	Tom Bryce	(713) 526-0555 x 212
Legacy Community Health Services	Erica Gallardo	(713) 830-3087
Montrose Counseling Center	Helen Bailey	(713) 529-0037
Saint Hope Foundation	Timika Sam	(713) 778-1300
UT Health Science Center	Kecia Graham	(713) 500-6443
Veteran’s Administration	Belinda Essien Rainer	(713) 791-1414 x 5292

**Notes / Notas**


## Procedimiento de Registración del Cliente en el CPCDMS Ryan White - Parte A

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios de Ryan White – Parte A. A continuación están los pasos a seguir para completar la registración. **La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.**

5. El cliente firma el formulario del consentimiento para recibir servicios.
6. El personal de la agencia completa el formulario de registración con el cliente.
7. El personal de la agencia asesora al cliente para su elegibilidad a la **Parte A** (vea a continuación).
8. Si el cliente provee **todas la documentaciones necesarias para la elegibilidad** (confirmación de diagnóstico del VIH, identidad, residencia, e ingreso), la agencia ofrece servicio al cliente.

**AVISO:** Los proveedores del cuidado primario de la **Parte A** pueden registrar/poner al corriente solamente a los clientes recibiendo cuidado primario en su localidad primaria.

### Requerimientos de elegibilidad de la Parte A

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

#### Documentación requerida

#### Tipos de documentación aceptables

### Diagnóstico del VIH<sup>4</sup>

#### Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico (**aceptado solamente por el Condado de Harris – Servicios del VIH**)

- Un análisis de laboratorio del VIH+ elaborado por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso.
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento (**válido solamente por 60 días del inicio del servicio en la agencia**).

**AVISO:** La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.

<sup>4</sup> Para los servicios disponibles a personas sin VIH, se debe proveer documentación que verifique la relación con la person VIH+ y el diagnóstico de dicha persona.



Procedimiento de Registración del Cliente en el CPCDMS / Ryan White - Parte A

Documentación requerida	Tipos de documentación aceptable
<b>Verificación de identidad</b>	<ul style="list-style-type: none"><li>• Licencia de conducir de Texas (Identificación primaria y preferida)</li><li>• Cédula de identidad de Texas</li><li>• Tarjeta de identidad del Departamento de Corrección de Texas</li><li>• Tarjeta laboral con fotografía de identidad</li><li>• Tarjeta estudiantil con fotografía</li><li>• Documentos de inmigración de EEUU con fotografía</li><li>• Tarjeta de crédito con fotografía</li><li>• Tarjeta del Metro con fotografía</li><li>• Documento de naturalización, ciudadanía, pasaporte u otro documento federal con fotografía</li><li>• Licencia de conducir o tarjeta de identidad de otro estado de EEUU</li><li>• Identificación gubernamental producida por otro país que no sea de EEUU</li><li>• Certificado de nacimiento (no aceptable de mujeres casadas)</li><li>• Tarjeta del Seguro Social</li><li>• Tarjeta de Medicaid/Medicare</li><li>• Carta con logo de otra agencia de servicios sociales</li><li>• Tarjeta de identidad de la Administración de Veteranos</li></ul>
<b>Verificación residencial dentro de la zona de captación de los fondos</b>	<p>Documentación de residencia de menores de edad es requerida de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:</p> <ul style="list-style-type: none"><li>• Contrato de renta al día en nombre del cliente o que incluya al cliente como residente</li><li>• Documentos de impuesto a la propiedad</li><li>• Factura de electricidad/cable/tarjeta de crédito en nombre del cliente</li><li>• Facturas de tarjeta de crédito en nombre del cliente</li><li>• Carta con logo y firmada por el director de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria</li><li>• Correspondencia de negocio con el nombre del cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid</li><li>• Afidávit temporal de agencia firmada y fechada por el cliente</li><li>• Carta con logo de una agencia de servicios sociales</li><li>• Declaración por escrito de persona que sostiene al cliente, con dirección y firma de tal</li><li>• Pago salarial/copia del cheque salarial/cuenta bancaria con dirección del cliente</li></ul>

**Documentación requerida**

**Tipos de documentación aceptable**

**Verificación del ingreso familiar**

Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Ryan White – Parte A. No se debe proveer servicios a cliente cuyo ingreso familiar sobrepasa el máximo establecido por el Concilio de Planeamiento Ryan White para cada categoría de servicio.<sup>5</sup>

La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.<sup>6</sup> La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside

Documentación de ingreso aceptable:

- Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso
- Carta con logo escrita por el empleador indicando salario semanal o mensual
- Carta de beneficio de desempleo/copia del cheque
- Formulario del IRS 1040 (reembolso de impuesto) /W2/1099
- Carta del beneficio del Seguro Social
- Carta de beneficio de la Administración de Veteranos
- Discapacidad privada/carta de pensión que incluya el logo de la compañía
- Carta de Medicaid
- Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez
- Carta de beneficio de estampillas para alimentos (TANF: Ayuda temporal a familias)

La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:

- Declaración temporal de una agencia, firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)
- Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses)
- Carta de beneficios de estampillas para alimentos
- Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia
- Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que lo mantiene, incluyendo cantidad y tipo de sustento (alojamiento, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo mantiene
- Cliente sin lugar donde vivir: Carta de verificación con logo del refugio/agencia para el desamparado

<sup>5</sup> Ver la guía de indigencia del año actual del Departamento de Salud y Servicios Humanitarios de EEUU y la tabla "Ryan White Federal Poverty Guidelines."

<sup>6</sup> Por definición federal, una pareja del mismo sexo no es considerada parte del círculo familiar.

**SITIOS DE REGISTRACIÓN RYAN WHITE - Parte A**

<b>AGENCIA</b>	<b>PERSONA DE CONTACTO</b>	<b>TELÉFONO</b>
<b>Baylor College of Medicine</b>	Meg Ferris	(832) 322-1366
<b>City of Houston</b>	Beau Mitts	(713) 794-9079
<b>Fort Bend Family Health Center</b>	Sylvia Teeple	(832) 342-0529 x 138
<b>Harris Co. Hospital District – HIV Services</b>	Melvia Ramirez	(713) 873-4020
<b>Houston Area Community Services</b>	Tom Bryce	(713) 526-0555 x 212
<b>Legacy Community Health Services</b>	Erica Gallardo	(713) 830-3087
<b>Montrose Counseling Center</b>	Helen Bailey	(713) 529-0037
<b>Saint Hope Foundation</b>	Timika Sam	(713) 778-1300
<b>UT Health Science Center</b>	Kecia Graham	(713) 500-6443
<b>Veteran’s Administration</b>	Belinda Essien Rainer	(713) 791-1414 x 5292

<b>Notes / Notas</b>

## Client Rights / Derechos del Cliente

As a client at an agency receiving services funded by Ryan White Part A, you have the following rights:

- To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- To services that are considerate and respectful and free from abuse, neglect and exploitation.
- To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law.
- To communicate about your services in a language and format that you understand.
- To be informed of all agency rules and regulations related to your services.
- To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- To withdraw your consent for services and/or seek services at another agency and to do so without pressure or intimidation.
- To know the qualifications of the staff providing you with services.

Como cliente de esta agencia que recibe fondos del Parte A de Ryan White, Ud. tiene los siguientes derechos:

- A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- A saber la calificación del personal que está ofreciéndole el servicio.

## Complaint Procedures / Procedimiento para Reclamos

Certain services are funded by Ryan White HIV/AIDS Treatment Modernization Act funds administered by the Harris County Public Health & Environmental Services.

By contract, the agency providing the service is required to maintain a client complaint procedure. If you have any questions on how to file a complaint with the agency regarding a Ryan White Part A funded service, call for instructions at:

**Project Monitors**  
**(713) 439-6089 English**  
**(713) 439-6095 Spanish**

**Or write to:**  
**Harris County Public Health &**  
**Environmental Services**  
**Project Monitoring Section**  
**2223 West Loop South, #417**  
**Houston, TX 77027**

If your complaint remains unresolved after you have followed all procedures with the agency, the Project Monitor will inform you how to file a formal grievance.

Ciertos servicios son financiados por fondos del Ley Ryan White de Modernización del Tratamiento del VIH/SIDA y son administrados por los Servicios de Salud Pública y el Medio Ambiente del Condado Harris.

Bajo contrato, la agencia ofreciendo el servicio está requerida a mantener un procedimiento de reclamos para los clientes. Si Ud. tiene alguna pregunta acerca de cómo hacer un reclamo con la agencia, comuníquese con:

**Project Monitors**  
**(713) 439-6089 English**  
**(713) 439-6095 Spanish**

**o escriba a:**  
**Harris County Public Health &**  
**Environmental Services**  
**Project Monitoring Section**  
**2223 West Loop South, #417**  
**Houston, TX 77027**

Si siguió todos los procedimientos en la agencia y su reclamo aún está sin resolverse, el administrador/a del proyecto (Project Monitor) le informará cómo proceder con una queja formal.

# Case Management / Administración de Casos

Community case management, medical case management and service linkage are free services available to HIV infected persons to make them aware of the services available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. Persons who think they need case management can call the agencies listed below. Proof of HIV status will be required.



Art by Gary

La administración comunitaria y médica de casos, y el servicio de enlace ayudan gratuitamente a las personas infectadas con el VIH a informarse acerca de los servicios disponibles. Los administradores asisten a los clientes a desarrollar la habilidad necesaria para acceder por sí mismos a estos servicios. Si usted necesita de este servicio llame a una de las agencias mencionadas aquí. Se requiere presentar un comprobante del diagnóstico del VIH.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Esp, Free, Walk-ins, CD . . . . .	93
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	89
AIDS Foundation Houston - Get Started	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> . . . . .	90
AIDS Foundation Houston - Get Started Girl	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> . . . . .	90
AFH-Positive Link	(713) 623-6796	(C) River Oaks	W, C, Y, <b>HIV+ only</b> , Free, Walk-ins . .	91
Bread of Life - COPE Team	(713) 659-3237	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim . . . . .	97
Ft. Bend Family Health Center - HIV Program	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	Adults, <b>HIV+ only</b> , Walk-ins, S\$, Med Colorado Co. Indigent/RW Pt A . . .	105
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD, <b>HIV+ only</b> . . . . .	106
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card. . . . .	108
HCHD - Northwest Community Health Ctr	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Esp, Gold card . . . .	110
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card. . . . .	110
Harris County CED-Social Services Division	(713) 696-7900	(NE) Eastex/Jensen	All, Free, Appt/Walk-ins . . . . .	108
Houston Area Community Services (HACS)	(713) 526-0555	(C) Greenway Plaza	M, W, All, Free, Appt req, <b>HIV+ only</b> , Esp . . . . .	113
Legacy Community Health Services	(713) 830-3000	(C) Montrose	Adults (18 & up), <b>HIV+ only</b> , Appt/Walk-ins. . . . .	118
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD . . . . .	122

## Case Management / Administración de Casos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Montrose Counseling Center, Inc. (MCC)	(713) 529-0037	(C) Montrose	M, W, Fam, All, I/RR, Walk-ins, <b>HIV+ only</b> , Free, CD . . . . .	122
MCC - Incarcerated Outreach/ Discharge Planning	(713) 529-0037	(C) Montrose	M, W, I/RR, Free, <b>HIV+ only</b> , CD . . . . .	122
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, <b>HIV+ only</b> . . . . .	132
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt req, <b>HIV+ only</b> , Esp . . . . .	137

### MEDICAL CASE MANAGEMENT / ADMINISTRACIÓN DE CASOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Legacy Community Health Services	(713) 830-3000	(C) Montrose	Adults (18 & up), <b>HIV+ only</b> , Appt/Walk-ins, . . . . .	118
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Walk-ins/Appt, Esp, <b>HIV+ only</b> . . . . .	132

### OTHER CASE MANAGEMENT / OTRAS ADMINISTRACIONES DE CASOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Combined Community Action	(979) 540-2980	(NW) Not applicable	All, Free, Appt/Walk-ins, income guidelines, Esp. . . . .	99
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108
GCCSA-Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108
Santa Maria Hostel West	(281) 657-0877 Option 1	(NW) Spring Branch	W, Families, S\$, Appt Req, CD, Esp . . . . .	128

# Chemical Dependency / Dependencia de Sustancias

For people living with HIV/AIDS, the use of alcohol and drugs can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. Frequently the help is free of charge. Call today for more information.

El uso del alcohol y drogas puede debilitar el cuerpo de las personas infectadas con el VIH/SIDA. Afortunadamente, hay ayuda para cualquiera que desee estar libre del alcohol y drogas. Frecuentemente, la ayuda es gratuita. Llame para más información.

## 12-STEP PROGRAMS & SUPPORT GROUPS / PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp. . . . .	106
HCHD Insight Pgm - Ben Taub General Hospital	(713) 873-2553	(C) Medical Center	All, I/RR, CD, Free, Appt req, call for intake, Esp. . . . .	109
HCHD Insight Pgm - Patrick Henry Health Clinic	(713) 696-2731	(N) Eastex/Jensen	C, Y, CD, Free, Appt req, Call for intake, Esp. . . . .	109
HCHD Insight Pgm - Southside School Based Clinic	(713) 676-1475	(E) Galena Park	C, Y, CD, Free, Appt req, Call for intake, Esp. . . . .	109
HCHD Insight Pgm - Strawberry Health Center	(713) 982-5154	(SE) Pasadena	All, I/RR, CD, Free, Appt req, call for intake, Esp. . . . .	109
Intergroup Association, Inc.	(713) 686-6300	(NW) Inwood Forest	All, I/RR, Free, Lim, CD, Esp	
LAMBDA Center	(713) 521-1243	(C) Montrose	Not specified. . . . .	117
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(C) Medical Center	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(W) Spring Shadows	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
Noah's Glen Residential Treatment Center	(713) 683-9144	(NW) Acres Home	M (age 13-18), CD, S\$, Ins, Financing, Appt req. . . . .	123
Palmer Drug Abuse Pgm (PDAP)	(281) 589-4832	All	Y (ages 12-25), Free, Walk-ins, CD. . .	125
PDAP Age 12 to 17 group	(713) 668-0133	(C) Bellaire	Y (ages 12-17), Free, Walk-ins, CD. . .	125
PDAP Age 12 to 17 group	(281) 870-9311	(NW) Addicks/Park 10	Y (ages 12-17), Free, Walk-ins, CD. . .	125
PDAP Age 12 to 17 group	(281) 870-9311	(W) Memorial	Y (ages 12-17), Free, Walk-ins, CD. . .	125
PDAP Age 12 to 17 group	(281) 528-7908	(N) Spring	Y (ages 12-17), Free, Walk-ins, CD. . .	125
PDAP Age 18 to 25 group	(281) 857-2648	(W) Memorial	Y (ages 18-25), Free, Walk-ins, CD. . .	125
PDAP Age 18 to 25 group	(281) 857-7874	(N) Spring	Y (ages 18-25), Free, Walk-ins, CD. . .	125
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, <b>HIV+ only</b> . . . . .	132
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/Walk-in, Referral req. . . . .	135

## DETOX / DESINTOXICACIÓN

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Cypress Creek Hospital	(281) 586-7600	(N) Champions	Y, M, W, Med, Private pay, Ins, Walk-ins, CD, Esp . . . . .	100
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD. . .	106
Memorial Hermann Prevention & Recovery	(713) 578-3100	(W) Spring Shadows	Adults/adolescents, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp . . . . .	139

# Chemical Dependency / Dependencia de Sustancias

## IN HOSPITAL / EN EL HOSPITAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Cypress Creek Hospital	(281) 586-7600	(N) Champions	Y, M, W, Med, Private pay, Ins, Walk-ins, CD, Esp . . . . .	100
DAPA Acute Inpatient Program	(713) 783-8889	(C) Medical Center	M, W, Fam, CD, I/RR . . . . .	101
Memorial Hermann Prevention & Recovery	(713) 578-3100	(C) Medical Center	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
Memorial Hermann Prevention & Recovery	(713) 578-3100	(W) Spring Shadows	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp . . . . .	139

## OUTPATIENT / PACIENTE EXTERNO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . . . . .	93
Adult Rehabilitation Services	(713) 541-4422	(SW) Sharpstown	M, W, CD . . . . .	88
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp . . . . .	97
Career and Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . . . .	98
Cypress Creek Hospital	(281) 586-7600	(N) Champions	M, W, Y, Med, Ins, Private Pay, Walk-ins, CD, Esp . . . . .	100
DAPA - Intensive Outpatient Program	(713) 783-8889	(SW) Woodlake	M, W, Fam, CD, I/RR . . . . .	101
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, <b>HIV+ only</b> , Free, S\$, Walk-ins, CD. . . . .	106
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp. . . . .	106
HACS Impact - Mental Health Counseling	(713) 526-0555	(C) Greenway Plaza	M, W, All, Free, <b>HIV+ only</b> , Mental Health diagnosis, Targeted populations: African American & Hispanic/Latino, Esp. . . . .	113
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp . . . . .	116
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(C) Medical Center	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(C) Spring Shadows	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
Michael E. DeBaakey VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Walk-ins, income-based eligibility, CD . . . . .	122
Montrose Counseling Center, Inc.	(713) 529-0037	(C) Montrose	All, I/RR, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	122
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	123
Noah's Glen Residential Treatment Center	(713) 683-9144	(NW) Acres Home	M (age 13-18), CD, S\$, Ins, Financing, Appt req . . . . .	123
Santa Maria Hostel	(713) 228-2582	(C) Near Northside	W, I/RR, CD, Free, Appt Req . . . . .	128
Santa Maria Hostel	(281) 657-0898	(W) Spring Branch	W, I/RR, CD, Free, Appt Req . . . . .	128



# Chemical Dependency / Dependencia de Sustancias

## OUTPATIENT / PACIENTE EXTERNO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Santa Maria Hostel North	(713) 957-2413 Option 1	(C) Near Northside	W, S\$, Appt req, CD, Esp . . . . .	128
Santa Maria Hostel West	(713) 957-2413 Option 1	(W) Spring Branch	W, Fam, S\$, Appt req, CD, Esp . . .	129
Unlimited Visions Aftercare Inc.	(281) 427-8786	(E) Baytown	M, W, Y, S\$, Med, Appt Req, CD, TCADA, Esp. . . . .	136
Unlimited Visions Aftercare Inc.	(713) 921-2276	(C) Harrisburg	M, W, S\$, Appt req, CD, TCADA, Esp . . . . .	136
UT Substance Abuse Research Center	(713) 500-3784	(C) Medical Center	M, W, Free, Appt/Walk-ins, CD . .	137
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, Fam, Free, S\$, CD. . . . .	137
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp . . . . .	139

## RESIDENTIAL / RESIDENCIAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M, S\$, Appt req, <b>HIV+ only</b> , CD, Esp. . . . .	88
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . .	93
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-in, Waiting list, CD, Esp . . . . .	97
Cenikor Foundation, Inc.	(281) 476-0088	(SE) Deer Park	M, W, Free, Walk-ins, CD . . . . .	98
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(C) Medical Center	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
Memorial Hermann Prevention & Recovery Ctr	(713) 578-3100	(W) Spring Shadows	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	121
Noah's Glen Residential Treatment Center	(713) 683-9144	(NW) Acres Home	M (age 13-18), CD, S\$, Ins, Financing, Appt req . . . . .	123
Open Door Mission - Doorway Recovery Pgm	(713) 921-7520	(C) Second Ward	M (18 & up), ID, Free, Walk-ins, Lim, CD . . . . .	124
Santa Maria Hostel West	(281) 657-0877 Option 1	(NW) Spring Branch	W, Fam, S\$, Appt req, CD, Esp. . . . .	128
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, Fam, Free, S\$, CD. . . . .	137

# Children's Services / Servicios para Niños

Children with HIV have special needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.

Los niños con el VIH tienen necesidades especiales. Houston ofrece servicios médicos y sociales para estos niños y sus familiares a un bajo costo o gratuitos. Aunque muchas de las agencias incluidas en esta guía pueden ayudar, las siguientes agencias tienen programas especiales para niños.

## CHILD DAY CARE / CUIDADO DE NIÑOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH- Child Monitoring Services	(713) 623-6796	Various	C (ages 0-12), Free, Lim . . . . .	90
Child Care Information Line (TDFPS)	(800) 862-5252	ALL	All, Free . . . . .	134
Jewish Community Center of Houston	(713) 551-7200	(SW) Meyerland	C (age 0- 2), Flat fee, Scholarships available . . . . .	117
SEARCH - House of Tiny Treasures Childcare	(713) 923-7938	(C) East End	C (ages 0-6), Appt req, Homeless only. . . . .	129
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Families, Free, Appt/Walk-ins, Esp. . . . .	138

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Care Group of TX - Pediatric Nursing & Rehab	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Managed care, Private pay, Ins, Esp . . . . .	98
Children with Special Health Care Needs (DSHS)	(713) 767-3111	Statewide	C, Y, Free . . . . .	102
Ft. Bend Family Health Center - Waller Center	(936) 261-1470	(NW) Prairie View	All, Appt/Walk-ins, S\$, Med, Esp . . . . .	105
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. Indigent, RW Part B. . . . .	104
Medcare Pediatric Group	(713) 773-5100	(E) Channelview	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	120
Medcare Pediatric Group	(713) 773-5100	(SW) Stafford	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	120
Memorial Hermann Children's Hospital	(713) 704-KIDS	(C) Medical Center	C, Y . . . . .	121
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	All, Fam, Free, Appt req, Esp . . . .	124
PSA Healthcare	(832) 325-1280	(C) Bellaire	C/Y (ages 0-18), Medicaid, Ins, Appt Req. . . . .	127
TX Children's Hospital Allergy & Immunology Department	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid . . . . .	134
TX Children's Hospital - Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Med, <b>HIV+ only</b> , Call for intake, Esp . . .	134
TX Children's Hospital Department of Retrovirology	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Med, <b>HIV+ only</b> , Esp. . . . .	134
UT Dental Branch Pediatric Dentistry	(713) 500-8200	(C) Medical Center	C, Med, Appt req, Esp . . . . .	136
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt req, <b>HIV+ only</b> , Esp. . . . .	137
Walker County Maternal & Child Health Ctr	(936) 295-7474	(N) Huntsville	All, Appt req, Med, Flat fee, S\$, Esp . . . . .	137

# Children's Services / Servicios para Niños

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH - Camp HOPE	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> , C (ages 7-15), Application . . . . .	90
Care Group of TX - Pediatric Nursing & Rehab	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Managed care, Private pay, Ins, Esp . . . . .	98
Casa de Esperanza de los Niños, Inc.	(713) 529-0639	(C) Upper Third Ward	C, Free, Esp . . . . .	98
Children with Special Health Care Needs (DSHS)	(713) 767-3111	Statewide	C, Y, Free . . . . .	102
DePelchin Children's Center	(281) 427-1300	(E) Baytown	C, Y (ages 13 - 18), Appt req, S\$, Med, Ins, CHIP . . . . .	102
DePelchin Children's Center	(281) 730-2335	(W) Brookshire	C, Y (ages 13-18), Appt req, S\$, Med, Ins . . . . .	102
DePelchin Children's Center	(281) 282-6062	(SE) Clear Lake	C, Y (ages 13 - 18), Appt req, Med, Ins, CHIP, S\$ . . . . .	103
DePelchin Children's Center	(713) 730-2335	(C) Memorial Park	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP, Appt req . . . . .	103
DePelchin Children's Center	(281) 261-0083	(SW) Stafford	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP . . . . .	103
DePelchin Children's Center	(281) 367-7707	(N) Woodlands	C, Y (ages 13 - 18), S\$, Med, CHIP, Appt req, Ins . . . . .	103
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	All, M, W, Fam, Free, Walk-ins . . . . .	103
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. indigent, RW Part B . . . . .	104
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp . . . . .	106
GCCSA - Gulf Coast Community Svcs Assoc.	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	106
GCCSA - Acres Home Multi Svc Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108

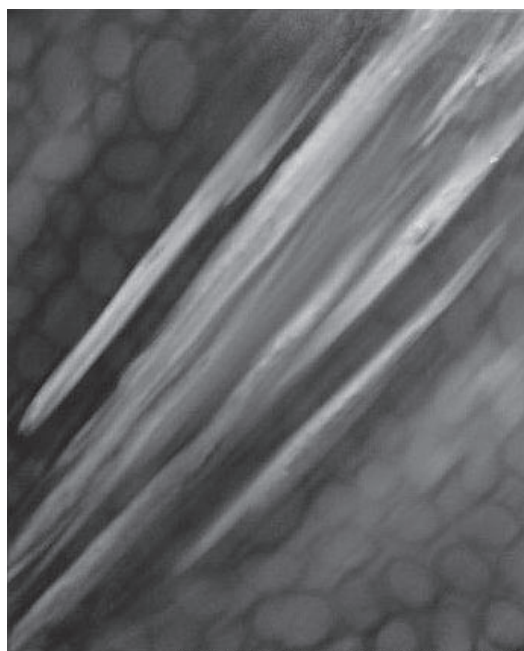
# Children's Services / Servicios para Niños

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
Harris Co. PHES WIC Program	(713) 439-6145	(C) Galleria/ Post Oak	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	111
Harris Co. PHES Bear Creek WIC Center	(281) 345-4759	(W) Bear Creek	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Emerald Plaza WIC Center	(281) 444-0764	(NW)	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Pasadena WIC Center	(713) 477-3526	(SE) Pasadena	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Red Oak WIC Center	(281) 880-8527	(N) Bammel	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/S. Belt	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES South Houston WIC Center	(713) 941-5035	(SE) South Houston	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Tomball WIC Center	(281) 255-3881	(NW) Tomball	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
LIFE Houston	(713) 270-0369	(SW) Braeburn	C (under 1 year), Free, Walk-ins . .	119
LIFE Houston - Good Neighbor Healthcare Ctr	(713) 528-6044	(C) Lawndale	C (under 1 year), Free, Walk-ins . .	119
LIFE Houston - Memorial Assistance Ministries	(713) 462-4516 Ext. 116	(W) Spring Branch	C (under 1 year), Free, Walk-ins . .	119
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers . .	119
Medcare Pediatric Group	(713) 773-5100	(E) Channelview	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	120
Medcare Pediatric Group	(713) 773-5100	(SW) Stafford	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	120
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest	S\$, Appt req, CD. . . . .	122
Partners Resource Network - Team Project	(713) 524-2147	(C) Greenway Plaza	All parents of children w/disabilities, Free, Walk-ins, Esp . .	125
Presbyterian Children's Home	(713) 721-2908	(SW) Willow Bend	All, Free . . . . .	127
PSA Healthcare	(832) 325-1280	(C) Bellaire	C/Y (ages 0-18), Medicaid, Ins, Appt Req. . . . .	127
Texas Runaway Hotline (DFPS)	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp . . . . .	135
Texas Youth Hotline (DFPS)	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp . . . . .	135

# Clinics / Clínicas

Obtaining quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through different community based clinics or Harris County Hospital District (HCHD) clinics such as at the Northwest Community Health Center and at the Thomas Street Health Center Clinic. New HCHD patients must go through an eligibility process and obtain a “gold card” before seeing a doctor. The Michael E. DeBakey Veteran’s Administration Medical Center offers HIV care to veterans. For those living outside Harris County, there are clinics located in the rural areas that provide HIV care.



Art by Kevin

El obtener tratamiento médico de alta calidad es muy importante. Los residentes del Condado Harris que no tienen seguro médico o tienen recursos limitados pueden obtener tratamiento del VIH a través varios comunidad basó clínicas o del Distrito de Hospitales del Condado Harris (HCHD) clínicas como Northwest Community Health Center y en Thomas Street Health Center Clinic. Los pacientes nuevos deben empezar con el proceso de elegibilidad y obtener la “tarjeta dorada” antes de ver al médico. El Centro Médico de la Administración de Veteranos ofrece cuidado del VIH para veteranos. Las personas que viven fuera del Condado Harris pueden ir a clínicas en áreas rurales que ofrecen cuidado médico del VIH.

## HIV CLINICS / CLÍNICAS DEL VIH

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18 yrs), S\$, Med, <b>HIV+ only</b> , Call for intake, Esp . . .	134
FBFHC - HIV Program	(281) 342-0529 x138 or 149	(SW) Richmond	Adults Walk-ins, S\$, Med, Colorado Co. Indigent, RW Part B . . . . .	104
HACS - Joseph Hines Clinic	(713) 426-0027	(C) Heights	Adults (18 & up), Free, <b>HIV+ only</b> , Targeted to African American/ Hispanic, Transgender, Esp . . . . .	113
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+</b> , Esp, Gold card. . . . .	108
HCHD - Northwest Community Health Ctr Early Intervention Program	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp. . . . .	110
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card . . . . .	110
HCHD - Women’s Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card . . . . .	110
Legacy CHS HIV Primary Medical Care	(713) 830-3087	(C) Montrose	Y, M, W, <b>HIV+ only</b> , Appt req, Esp, Amerigroup, Med, Most private ins . . . . .	118
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, CD, Income-based eligibility . . . . .	122
St. Hope Foundation Bellaire Clinic	(713) 839-7111	(C) Bellaire	M, W, All, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp . . . . .	132

## Clinics / Clínicas

### HIV CLINICS / CLÍNICAS DEL VIH

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
St. Hope Foundation Conroe Clinic	(936) 441-2440	(N) Conroe	All, <b>HIV+ only</b> , I/RR, Free, Med, Ins, Appt req, Esp. . . . .	133
St. Hope Foundation Clinic	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, <b>HIV+ only</b> . . . . .	132
St. Hope Foundation Clinic	(281) 277-8572	(SW) Stafford	All, I/RR, Free, Med, Appt req, <b>HIV+ only</b> , Esp. . . . .	132
TX Children's Hospital Allergy & Immunology Dept.	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid . . . . .	134
TX Children's Hospital Department of Retrovirology	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Med, <b>HIV+ only</b> , Esp, Call for intake. . . . .	134
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt req, <b>HIV+ only</b> , Esp. . . . .	137
UTMB Galveston AIDS Clinical Care & Reseach	(409) 772-1661	(SE) Galveston	Adults (18 & up), S\$, Med, Appt req, <b>HIV+ only</b> . . . . .	137

### OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AAMA Family Health Clinic	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD. . .	93
Center for Clinical Studies	(713) 528-8818	(C) Medical Center	M.W, Appt req, no cost to patient, Esp . . . . .	98
Center for Clinical Studies	(281) 333-2288	(SE) Clear Lake	M.W, Appt req, no cost to patient. . . . .	98
DSHS Public Health Clinic - Bellville	(979) 865-5211	(W) Bellville	Not specified. . . . .	102
DSHS Public Health Clinic - Columbus	(979) 732-5672	(W) Columbus	Not specified. . . . .	102
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	All, Appt req, Esp. . . . .	104
Ft. Bend Family Health Center - Waller Center	(936) 261-1470	(NW) Prairie View	All, Appt/Walk-ins, S\$, Med, Esp . . . . .	105
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. Indigent . . . . .	105
Harris Co. P.H.E.S. - Antoine Health Clinic	(713) 602-3300	(NW) Inwood Forest	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Baytown Health Clinic	(281) 427-7656	(E) Baytown	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Humble Health Clinic	(281) 446-4222	(N) Humble	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - LaPorte Health Clinic	(281) 471-4202	(E) La Porte	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Southeast Health Clinic	(713) 740-5000	(SE) Pasadena	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Webster Health Clinic	(281) 338-0637	(SE) Webster	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med . . . .	108

## Clinics / Clínicas

### OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins. . . . .	108
HCHD - Baytown Health Center	(281) 427-6757	(E) Baytown	All, Walk-ins, Free S\$, Med . . . . .	109
HCHD - Casa de Amigos Health Center	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free S\$, Med . . . . .	109
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free S\$, Med . . . . .	109
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free S\$, Med . . . . .	110
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp. . . . .	110
HCHD - Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free S\$, Med . . . . .	110
HDHHS - Lyons Avenue Health Center	(713) 671-3041	(C) Denver Harbor	Not specified. . . . .	114
HDHHS - Medical Center Clinic	(713) 794-9640	(C) Medical Center	Not specified. . . . .	114
ID-Doctor.com	(832) 604-0005	(NW) Willowbrook	All (age 11 & up), Med, Flat fee, Appt req. . . . .	116
Legacy CHS Primary Care Clinic	(713) 830-3062	(C) Montrose	Y, M, W, Amerigroup, Med, Ins, S\$, Appt/Walk-ins, Esp. . . . .	118
Legacy CHS Primary Care Clinic	(713) 671-3041	(C) Fifth Ward	All ages, Fam, S\$, Med, Esp . . . . .	118
Legacy CHS STD Clinic	(713) 830-3000	(C) Montrose	Y, M, W, S\$, Appt/Walk-ins, Esp . . . . .	118
Legacy CHS Women's Clinic	(713) 830-3000	(C) Montrose	W, Appt Req, S\$, Esp, Amerigroup, Med, Many health ins plans . . . . .	118
Medcare Pediatric Group	(713) 773-5100	(E) Channelview	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . . . .	120
Medcare Pediatric Group	(713) 773-5100	(SW) Stafford	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . . . .	120
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All ages, S\$, Med, Ins, Appt/Walk-ins. . . . .	122
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	ALL	Call to auto-connect to nearest clinic. . . . .	126
PHNST - Hunter A. Hammill, MD	(713) 799-8994	(C) Medical Center	W, Appt req, CD, Esp. . . . .	127
SEARCH	(713) 739-7752	(C) Midtown	All, Free, Walk-ins, CD, Esp, Homeless only. . . . .	129
SNAP - Animal Aid Program	(713) 862-3863	(C) Heights	Free or low cost, Appt req . . . . .	131
SNAP - Animal Aid Program Wellness Clinic	(713) 863-0010	(C) Heights	Free, Low cost, Walk-ins . . . . .	131
SNAP - Spay-Neuter Mobile Program	(713) 522-2337	ALL	Free or low cost, First come-first served . . . . .	132
U of H Speech, Language & Hearing Clinic	(713) 743-2898	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp . . . . .	136
UT Dental Branch Oral & Maxillofacial Surgery	(713) 790-4600	(C) Medical Center	All, Appt req, Med, Most dental ins, Fee for svc . . . . .	136
UT Substance Abuse Research Center	(713) 500-3784	(C) Medical Center	M, W, Free, Appt/Walk-ins, CD. . . . .	137
Walker County Maternal & Child Health Ctr	(936) 295-7474	(N) Huntsville	All, Appt req, Med, Flat fee, S\$, Esp . . . . .	137

# Clothing & Household Items

## *Vestimenta y Artículos para la Casa*

Affording enough clothing and household items can be difficult for persons with HIV, many of whom are living on low, fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at no charge.



Art by Gary

La compra de vestimenta y artículos para la casa puede ser difícil para personas VIH+ quienes viven con bajos ingresos. Algunas agencias en el área de Houston podrán ofrecer gratuitamente vestimenta, muebles y otros artículos para la casa.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
<b>AFH-Bodichitta de Tomas Clothing Pantry</b>	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> , Free, Call for intake . . .	90
<b>AAMA</b>	(713) 926-9491	(E) Second Ward	M, W, Fam, Y, Esp, Free, Walk-ins, CD . . . . .	93
<b>Bay Area Turning Point Resale Shop</b>	(281) 338-7600	(SE) Seabrook	M, W, Fam, All, Appt req, Free, <b>HIV+ only</b> , Esp . . . . .	94
<b>Bear Creek Assistance Ministry</b>	(281) 855-0014	(NW) Addicks/Hwy 6	M, W, ID required . . . . .	95
<b>Bread of Life - COPE Team</b>	(713) 659-3237	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim . . .	97
<b>By His Love Ministries</b>	(713) 659-7161	(C) Third Ward	All, Free, Appt req, CD . . . . .	97
<b>Cypress Assistance Ministries</b>	(281) 955-7684	(NW) Cy-Fair	M, W, Fam, Appt req, Esp . . . . .	100
<b>East Ft. Bend Human Needs Ministry, Inc.</b>	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins . . .	103
<b>Good Shepherd Mission</b>	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD . . . . .	106
<b>Gulf Coast Community Svcs Assoc. (GCCSA)</b>	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	106
<b>GCCSA - Acres Home Multi Service Center</b>	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
<b>GCCSA - JD Walker Multi Service Center</b>	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
<b>GCCSA - Kashmere Multi Service Center</b>	(713) 674-1301	(C) Kashmere Gardens	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
<b>GCCSA - Magnolia Multi Service Center</b>	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
<b>GCCSA – Northwest Assistance Ministries</b>	(281) 397-0176	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
<b>GCCSA - South Houston</b>	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	107
<b>GCCSA - Southwest Station</b>	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108



# Clothing & Household Items / *Vestimenta y Artículos para la Casa*

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108
GCCSA – Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income guidelines), Appt/Walk-in, Esp . . . . .	108
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	Fam, All, Free, Walk-ins . . . . .	115
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Walk-ins . . . . .	120
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	123
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp . . . . .	124
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required . . . . .	127
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins . . . . .	127
Salvation Army, Houston Area Command	(713) 752-0686	(C) Downtown	All, Free, Esp . . . . .	128
Southeast Area Ministry	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free . . . . .	131
St. John Vianney Social Services	(281) 497-4434	(W) West Memorial	All, Free, Appt req (Walk-ins-food/clothing), Esp . . . .	133
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt req, Walk-ins, Esp . . . . .	138



Art by Gary



Art by Gary



Art by Gary

## Day Programs & Respite Care *Programa Diurno y Asistencia para los Cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the HIV infected person with the attention he or she needs.

Si Ud. tiene el VIH o está cuidando a alguien que lo tiene sabrá que esta situación causa fatiga y estrés. El programa diurno y el de asistencia a cuidadores permiten que los cuidadores tomen un descanso mientras que la persona a quien cuida reciba el cuidado y la atención que el/ella necesite.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bering Adult Day Care Center	(713) 529-6071	(C) Montrose	Adults, Free, <b>HIV+ only</b> , Esp, Call for intake. . . . .	95
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp . . . . .	106
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	Men only, Free, Lim, CD, Documented homeless & TB . . . .	108
Harmony Health Respite Center	(713) 237-1765	(C) Memorial/ Washington	Men only, Free, Lim . . . . .	108
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp . . . . .	116
Interfaith CarePartners® AIDS Care Team®	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts rural collect calls, Esp. . . . .	116
Open Door Mission - Doorway Recovery Program	(713) 921-7520	(C) Second Ward	M (18 and up), ID, Free, Walk-ins, Lim, CD . . . . .	124

## Deaf & Hard of Hearing Services / *Servicios para Sordos*

In Houston there are agencies that serve HIV infected deaf and hard of hearing persons. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.



Art by Kevin

En Houston hay agencias al servicio de las personas sordas afectadas con el VIH. Todas las agencias mencionadas en este libro ayudan a dichas personas, pero las que están en esta lista se especializan en este grupo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Career and Recovery Resources, Inc.	(713) 754-7047	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . . .	98
Montrose Counseling Center, Inc.	(713) 529-9466	(C) Montrose	M, W, Fam, I/RR, Free, Walk-ins, <b>HIV+ only</b> , CD . . . . .	122
Sign Language Accessible Interpreters	(713) 263-8299	ALL	All, Flat fee . . . . .	130
Sign Shares	(713) 869-4373	(C) Memorial/ Washington	All, Flat fee, DARS DHHS funding available. . . . .	130
U of H Speech, Language & Hearing Clinic	(713) 743-2898	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp . . . . .	136

# Dental Services / Cuidado Dental

Don't neglect your teeth!  
Call one of the clinics listed below if you haven't seen a dentist in the past six months.



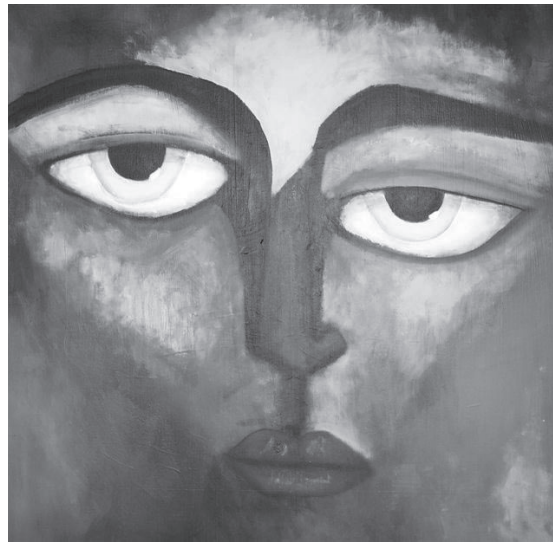
Art by Kevin

¡No descuide de sus dientes! Llame a una de estas clínicas si no ha visto a un dentista en los últimos seis meses.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bering Omega Community Svcs Dental Clinic	(713) 529-6071	(C) Montrose	Adults, Free, <b>HIV+ only</b> , Call for intake, Esp. . . . .	95
HCHD - Dental Center	(713) 526-4243	(C) OST/South Union	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins. . . . .	109
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins. . . . .	108
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins. . . . .	108
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins. . . . .	109
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins. . . . .	110
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins. . . . .	110
HCHD - Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All (age 16 & up), Fam, Free, S\$, Med, Walk-ins. . . . .	110
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156
UT Dental Branch Main Clinic	(713) 500-4000	(C) Medical Center	M, W, Y, C (age 5 & up), Appt req, Fee for svc, Esp . . . . .	136
UT Dental Branch Oral & Maxillofacial Surgery	(713) 790-4600	(C) Medical Center	All, Appt req, Med, Most Dental Ins, Fee for svc . . . . .	136
UT Dental Branch Pediatric Dentistry	(713) 500-8200	(C) Medical Center	C, Med, Appt req, Esp . . . . .	136
UT Dental Branch University Dental Center	(713) 500-5888	(C) Medical Center	M, W, Y, Appt req, Med, Most Dental Ins, Fee for svc, Esp . . . . .	136

# Education Programs / Programas Educativos

The following agencies provide education about HIV/AIDS and related health topics. Some employ professional and/or volunteer educators to give group presentations. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments. Other agencies provide written material free of charge.



Art by Gary

Las siguientes agencias proveen educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Algunas agencias emplean a profesionales y/o educadores voluntarios para realizar presentaciones a grupos. Los temas pueden incluir información básica y tratamientos avanzados del SIDA. Otras agencias proveen material por escrito gratuito.

## HEALTH EDUCATION / EDUCACIÓN DE LA SALUD

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH - Community Outreach and Education	(713) 623-6796	(C) River Oaks	Not specified. . . . .	90
AFH - Popular Opinion Leader	(713) 623-6796	(C) River Oaks	M, Free, Call for intake . . . . .	91
AFH - Project Wall Talk	(713) 623-6796	(C) River Oaks	Not specified. . . . .	91
AFH - Voices/Voces	(713) 623-6796	(C) River Oaks	Adults only, African American or Hispanic, Free. . . . .	91
The Alliance: HIV/AIDS Health Promotion & Education Project	(713) 776-4700 Ext 137	(SW) Sharpstown	Free, African Refugees/Immigrants, Call for intake. . . . .	92
FLAS, Inc - Hablemos en Confianza	(713) 772-2366	(SW) Sharpstown	All, Latino immigrants/families, I/RR, Free, Esp . . . . .	105
FLAS, Inc - HIV Prevention Among Hispanic Youth	(713) 772-2366	(SW) Sharpstown	Y (Hispanic, ages 11-21), Free, Lim, Esp . . . . .	105
Harris Co. PHES - Safe Talk Program	(713) 439-6179	ALL	Free, MSM, Call for intake . . . . .	111
Legacy CHS - Healthy Relationships	(713) 830-3057	(C) Montrose	Adults (over age 18), <b>HIV+ only</b> , Free, Call for intake. . . . .	118
Legacy CHS - Positive Options	(713) 830-3000	(C) Montrose	Adults (over age 18), <b>HIV+ only</b> , Free, Call for intake. . . . .	118
Motherland - Voices of Our Youth	(713) 290-0001	(NW) Independence Heights	All, Free, Appt/Walk-ins, CD, Esp . . . . .	122
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All ages, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	123
SOCKS - Saving our Community Kids...Seniors	(713) 225-3333	(C) Fifth Ward	All, I/RR, Free, Walk-ins, Call for intake. . . . .	128
St. Hope Foundation – Fusion Pgm	(713) 523-0093	(C) Montrose	M (ages 16 & up), Free, I/RR, Walk-ins . . . . .	132

# Education Programs / Programas Educativos

## EDUCATION PROGRAMS / PROGRAMAS EDUCATIVOS

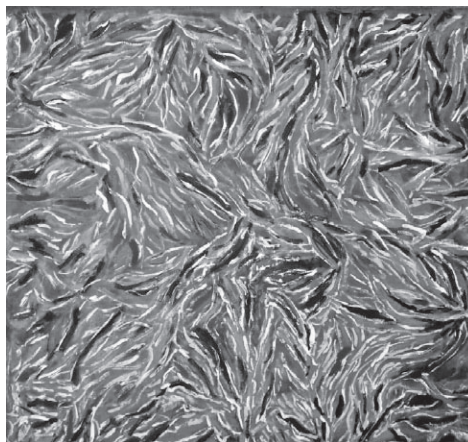
Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Art League of Houston Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location. . . . .	93
AAMA - George I. Sanchez High School	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . . .	93
Bay Area Council on Drugs and Alcohol, Inc.	(281) 212-2900	(SE) Clear Lake	All ages, CD. . . . .	94
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp . . . . .	98
Chews - Hospice Education & Palliative Services	(713) 696-5320	(N) Northside	All, Fam, Appt/Walk-ins, Free. . . . .	99
Chews - Marriage and Single Relationships Education	(713) 696-5320	(N) Northside	M, W, Fam, Free, Appt Req, Call for intake. . . . .	99
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy-Fair	M, W, Fam, Appt req, Esp . . . . .	100
DARS - Blind Division	(713) 944-9924	(SE) Ellington/ South Belt	All, Free, Blind/Visually impaired . . . . .	101
F.L.A.S., Inc.	(713) 772-2366	(SW) Sharpstown	All, Free, Walk-ins, Lim, CD, Esp . .	105
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income limit), Appt/Walk-in, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+, Esp, Gold card. . . . .	108
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, S\$, Med, Appt/Walk-ins. .	108
HCHD - Northwest Community Health Ctr	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card. . . . .	110
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card. . . . .	110

## Education Programs / Programas Educativos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Houston READ Commission	(713) 228-1801	(C) OST/S. Union	Ages 17+, Free, Appt req, Esp	
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	Fam, All, Free, Walk-ins. . . . .	115
Legacy CHS Next Step Education Program	(713) 830-3075	(C) Montrose	Y, M, W, Free, Appt req, Esp. . . . .	118
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp. . . . .	123
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp. . . . .	124
Partners Resource Network Team Project	(713) 524-2147	(C) Greenway Plaza	All parents of children with disabilities, Free, Walk-ins, Esp. . . . .	125
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required . . . . .	127
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, All, I/RR, CD, Homeless only, Esp. . . . .	129
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, <b>HIV+ only</b> , Esp. . . . .	132
Texas Community Transitional Center	(281) 348-5644	(N) Humble	M, <b>HIV+ only</b> , CD, Call for intake. . . . .	134
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral req, Call for intake . . . . .	135
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156

## Employment & Training Ayuda para Empleo y Entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.



Art by Mark

Para una persona infectada con el VIH, ser productiva y activa es importante por razones económicas y emocionales. Algunas agencias tienen programas que ofrecen entrenamiento, consejos y referencias en la búsqueda de un empleo. Si Ud. puede trabajar, podrá beneficiarse con un salario fijo, seguro médico y otras opciones.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Turning Point, Inc.	(281) 338-7600	(SE) Webster	W, Appt req, Free, <b>HIV+ only</b> , Homeless, Esp. . . . .	94
Bear Creek Assistance Ministry	(281) 855-0014	(NW) Bear Creek/Hwy 6	M, W, ID req . . . . .	95
Career & Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD. . . . .	98
DARS - Blind Division	(713) 944-9924	(SE) Ellington/South Belt	All, Appt/Walk-ins . . . . .	101

# Employment & Training

## Ayuda para Empleo y Entrenamiento

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
DARS - Vocational Rehabilitation (VR) Program	(713) 866-7713	(C) Greenway Plaza	All, Free, Disabled . . . . .	101
Goodwill Temporary Service	(713) 699-6724	(C) Kashmere Gardens	M, W, Appt req . . . . .	106
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income limit), Appt/Walk-in, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial / Washington	M, Free, Lim, CD, Homeless & TB . . . . .	108
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Families, Walk-ins, Free . . . . .	115
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required . . . . .	127
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, All, I/RR, Free, CD, Homeless only, Esp . . . . .	129
SER - The Worksource Denver Harbor	(713) 672-0773	(NE) Eastex/Jensen	M, W, Y (ages 13-19), Free, Walk-ins, CD, Esp . . . . .	130
SER - The Worksource Northeast	(713) 697-3437	(NE) Denver Harbor	All, Free, Walk-ins, CD, Esp, Proof of income & ID. . . . .	130
SER - The Worksource Northshore	(281) 458-1155	(NE) Eastex/Jensen	All, Free, Walk-ins, CD, Esp, Proof of income & ID. . . . .	130
Texas Prevention Network	(713) 981-6063	(E) Northshore	All, Free, Walk-ins, CD, Esp, Proof of income & ID. . . . .	135
West Houston Assistance Ministries	(713) 977-9942	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral req, Call for intake . . . . .	138

## Eye Care / Cuidado de la Vista

Certain illnesses associated with HIV infection can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.



Art by Gary

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Legacy CHS - Frost Eye Clinic	(713) 830-3033	(C) Greenway Plaza	M, W, Y, Esp, Free to low cost, Amerigroup, Med, many health insurance plans, Appt req . . . . .	119
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Income-based eligibility, CD . . . . .	122
University Eye Institute - Good Neighbor Healthcare Center	(713) 527-8480	(C) Montrose	M, W, Fam, Appt req, S\$, Med, Esp . . . . .	95
University Eye Institute	(713) 743-2020	(C) Third Ward	All, Walk-ins, S\$, Med, Private ins . . . . .	136

## Financial Assistance / Asistencia Financiaría

Financial assistance for HIV+ persons is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs, medical supplies, insurance premiums and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive.

Se dispone de asistencia financiera para las personas con el VIH por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos, equipo médico, prima de seguro y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	89
Bear Creek Assistance Ministry	(281) 855-0014	(N) Addicks/Hwy 6	M, W, ID required . . . . .	95
Bering Financial Assistance	(713) 529-6071	(C) Montrose	Appt req, <b>HIV+ only</b> , Call for intake, Esp. . . . .	95
Bread of Life - C.O.P.E. Team	(713) 659-3237	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim . .	97
Brentwood Project WAITT (We're All In This Together)	(713) 852-2551	(S) Hiram Clarke	All, Appt/Walk-ins, Free, <b>HIV+ only</b> , CD . . . . .	97
Colt 45's, The	(713) 526-6077	(C) Not specified	All, Free, <b>HIV+ only</b> , Application required . . . . .	99
Combined Community Action	(979) 540-2980	(N) Giddings	M, W, Free, Appt/Walk-ins, Lim . . .	99
Cypress Assistance Ministries	(281) 955-7684	(N) Cy-Fair	M, W, Fam, Appt req, Esp . . . . .	100
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins . . .	103



## Financial Assistance / Asistencia Financiera

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
FLAS, Inc - Emergency Assistance Program	(713) 772-2366	(SW) Sharpstown	All, <b>HIV+ only</b> , Free, Appt req, Esp. .	105
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income limit), Appt/Walk-in, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
Harris Co. CEDD Social Services Division	(713) 696-7900	(NE) Eastex/Jensen	All, Free, Appt/Walk-ins. . . . .	108
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free, Walk-ins. . . . .	115
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Walk-ins . . . . .	120
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	123
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp . . . . .	124
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins . . . . .	127
Salvation Army, Houston Area Command	(713) 752-0686	(C) Downtown	All, Free, Esp . . . . .	128
Social Security Administration	(800) 772-1213	ALL	All, Walk-ins, Free, Esp . . . . .	130
Southeast Area Ministry	(713) 944-0093	(SE) Pasadena	All, Fam, Walk-ins, Free. . . . .	131
Southwest Area Ministry	(281) 530-8633	(SE) South Houston	All, Fam, Walk-ins, Free. . . . .	131
St. John Vianney Social Services	(281) 497-4434	(W) West Memorial	All, Free, Appt req, Esp . . . . .	133
St. Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim, Proof of residence . . . . .	133
St. Pius Catholic Church	(713) 473-9484	(E) Pasadena	Fam, Lim, Proof of residence, ID, SS cards . . . . .	133
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , Esp. . . . .	156
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp . . . . .	138
Windsor Village Social Services Dept.	(713) 551-8787	(SW) Hiram Clarke	All, Free, Appt Req, Call for info. . . . .	139

# Food / Alimentos

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. Food pantries, soup kitchens and home meal delivery programs are available in the Houston area. All those listed below are free. Restrictions may apply.



Art by Timothy

Costear suficiente alimento puede ser difícil para personas VIH+ con bajos ingresos. El consumo de una variedad de comidas saludables es importante. Los servicios como despensa de alimentos, comedores y entrega a domicilio están disponibles en el área de Houston gratuitamente. Puede que existan algunas restricciones.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	89
AFH – Stone Soup	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> . . . . .	91
Bear Creek Assistance Ministry	(281) 855-0014	(NW) Addicks/Hwy 6	M, W, ID required . . . . .	95
Bread of Life - COPE Team	(713) 659-3237	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim . .	97
Brentwood Project WAITT	(713) 852-2551	(S) Hiram Clarke	All, Appt/Walk-ins, Free, <b>HIV+ only</b> , Food vouchers . . . . .	97
By His Love Ministries, Inc.	(713) 659-7161	(C) Third Ward	All, Free, Appt req, CD . . . . .	97
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy-Fair	M, W, Fam, Appt req, Esp . . . . .	100
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins . . .	103
Fair Haven Food Pantry	(713) 467-4363	(W) Spring Branch	M, W, Fam, Free, Walk-ins, Halfway house residents . . . . .	104
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD . . . . .	106
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income limit), Appt/Walk-in, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108

## Food / Alimentos

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Harris Co. PHES WIC Program	(713) 439-6145	(C) Galleria/ Post Oak	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	111
Harris Co. PHES Bear Creek WIC Center	(281) 345-4759	(W) Bear Creek	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Emerald Plaza WIC Center	(281) 444-0764	(NW)	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Pasadena WIC Center	(713) 477-3526	(SE) Pasadena	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Red Oak WIC Center	(281) 880-8527	(N) Bammel	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/S. Belt	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES South Houston WIC Center	(713) 941-5035	(SE) South Houston	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Tomball WIC Center	(281) 255-3881	(NW) Tomball	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free, Walk-ins. . . . .	115
LIFE Houston	(713) 270-0369	(SW) Braeburn	C (under 1 year), Free, Walk-ins . .	119
LIFE Houston - Good Neighbor Healthcare Ctr	(713) 528-6044	(C) Lawndale	C (under 1 year), Free, Walk-ins . .	119
LIFE Houston - Memorial Assistance Ministries	(713) 462-4516 Ext. 116	(W) Spring Branch	C (under 1 year), Free, Walk-ins . .	119
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers . .	119
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	123
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp . . . . .	124
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required . . . . .	127
Resurrection Metropolitan Community Church	(713) 861-9149	(C) Heights	All, Appt req, ID . . . . .	127
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins . . . . .	127
Salvation Army, Houston Area Command	(713) 752-0686	(C) Downtown	All, Free, Esp . . . . .	128
Southeast Area Ministry	(713) 944-0093	(SE) Pasadena	All, Fam, Walk-ins, Free. . . . .	131
Southwest Area Ministry	(281) 530-8633	(SE) South Houston	All, Fam, Walk-ins, Free. . . . .	131
St. John Vianney Social Services	(281) 497-4434	(W) West Memorial	All, Free, Appt req, Esp . . . . .	133
St. Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim, Proof of residence . . . . .	133
St. Pius Catholic Church	(713) 473-9484	(E) Pasadena	Fam, Lim, Proof of residence, ID, SS cards . . . . .	133
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , Esp. . . . .	156
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp. . . . .	138
Windsor Village Social Services Dept.	(713) 551-8787	(SW) Hiram Clarke	All, Free, Appt Req, Call for info. . . . .	139

# Funeral Services / Servicios Funerarios

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable HIV infected persons and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veteran's Administration.

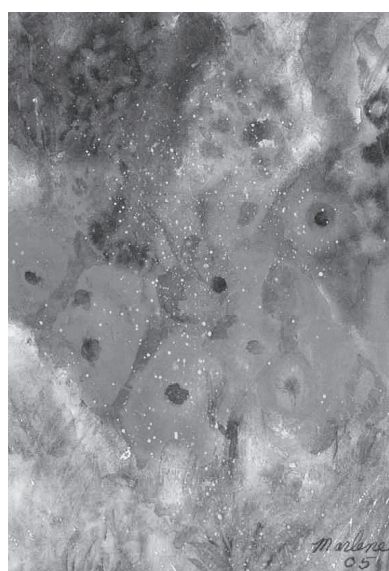
A nadie le gusta planear para un funeral o cremación cuando uno se siente bien, pero planificar con anticipación no solamente ayuda a prevenir una ansiedad futura, sino que también ayuda a las personas con el VIH y sus familiares a ahorrar una gran cantidad de dinero. Analizando costos y comparando servicios con anticipación les permite tomar mejores decisiones. Los veteranos podrían recibir beneficios de sepultura por medio de la Administración de Veteranos.

## FUNERAL SERVICES / SERVICIOS FUNERARIOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Aldine Funeral Chapel, LLC	(281) 591-6055	(N) Aldine	Appt recommended. . . . .	92
Arlington National Funeral Home	(713) 692-5555	(N) Northside	All, Walk-ins . . . . .	92
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins . . . . .	100
Dignity Memorial Funeral, Cremation & Cemeteries	1-800-DIGNITY	All	All. . . . .	103
Funeral Consumers Alliance of Houston	(713) 301-8566	All	All. . . . .	105

## FUNERAL EDUCATION & INFORMATION / EDUCACIÓN E INFORMACIÓN FÚNEBRE

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
3 "A" Bereavement Foundation (3ABF)	(713) 845-2596	(S) OST/South Union	All, Income-based eligibility, Free . . . . .	88
Funeral Consumers Alliance Of Houston	(713) 526-4267	(W) Spring Branch	All. . . . .	105



Art by Marlene



Art by Marlene

# HIV & STD Testing / Prueba del VIH y ETS

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This medical test is the only way to tell if someone is infected with the virus. The test can be done at a doctor's office or a clinic. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have your results ready for you in 10 – 14 days, some have tests that give immediate results.



Art by Kevin

Si Ud. cree que ha sido expuesto al VIH, debe seriamente considerar hacerse un análisis del VIH. Éste es el único método de saber si una persona está infectada con el virus. Lo puede hacer en la oficina del médico o en una clínica. En muchas clínicas públicas Ud. no tiene que revelar su nombre y el análisis es gratuito o de bajo costo. En algunos lugares recibirá el resultado en 10 a 14 días, en otros lugares dan resultados inmediatos.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, CD, Esp. . . . .	93
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Free, Walk-ins, CD, Esp. . . . .	93
Career & Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD. . . . .	98
Center for Clinical Studies	(281) 333-2288	(SE) Clear Lake	M.W, Appt Req, No cost to patient . . . . .	98
Center for Clinical Studies	(713) 528-8818	(C) Medical Center	M.W, Appt Req, No cost to patient, Esp . . . . .	98
Families Under Urban and Social Attack (FUUSA)	(713) 651-1470	(C) Third Ward	M, W, Y, Families, Free, Appt Req, CD . . . . .	104
FLAS, Inc - HIV Counseling & Testing	(713) 772-2366	(SW) Sharpstown	All, Free, Appt Req, Esp. . . . .	105
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	All, Appt req, Esp. . . . .	104
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Free, S\$, Walk-ins, CD. . . . .	106
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp . . . . .	106
HACS - HIV Testing and Counseling	(713) 526-0555	(C) Greenway Plaza	M, W, Y (ages 13 - 24), Free, Walk-ins, Esp. . . . .	113
Harris Co. P.H.E.S. - Antoine Health Clinic	(713) 602-3300	(NW) Inwood Forest	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Baytown Health Clinic	(281) 427-7656	(E) Baytown	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Humble Health Clinic	(281) 446-4222	(N) Humble	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - LaPorte Health Clinic	(281) 471-4202	(E) La Porte	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Southeast Health Clinic	(713) 740-5000	(SE) Pasadena	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111

# HIV & STD Testing / Prueba del VIH y ETS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Harris Co. P.H.E.S. - Webster Health Clinic	(281) 338-0637	(SE) Webster	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med . . . . .	108
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, Esp, Gold card . . .	108
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins	108
HCHD - Baytown Health Center	(281) 427-6757	(E) Baytown	All, Walk-ins, Free S\$, Med . . . . .	109
HCHD - Casa de Amigos Health Center	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free S\$, Med . . . . .	109
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free S\$, Med . . . . .	109
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free S\$, Med . . . . .	109
HCHD - Settegast Health Center	(713) 477-6851	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp . . . . .	110
HCHD - Strawberry Health Center	(713) 873-4000	(SE) Pasadena	All, Walk-ins, Free S\$, Med . . . . .	110
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, Appt/Walk-ins, Esp . . . . .	110
Legacy CHS - HIV & Syphilis Testing & Counseling	(713) 830-3070	(C) Montrose	M, W, Y, Low cost, Appt/Walk-ins, Esp . . . . .	118
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All ages, S\$, Med, Ins, Appt/Walk-ins . . . . .	122
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	All	Call to auto-connect to the nearest clinic . . . . .	126
St. Hope Foundation - Fusion Pgm	(713) 523-0093	(C) Montrose	M (ages 16 & up), Free, I/RR, Walk-ins . . . . .	132
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, Esp . . . . .	156
Walker County Maternal and Child Health Center	(936) 295-7474	(N) Huntsville	M, W, C, Y, Appt req, Med, Flat fee, S\$, Esp . . . . .	137



Art by Maricio

# Home Assistance and Home Health Care

## Asistencia y Cuidado en el Hogar

Some HIV infected persons need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.



Art by Kevin

Algunas personas VIH+ necesitan ayuda en sus domicilios y hay varios tipos de ayuda disponibles. Para las personas que necesitan ayuda mínima en el aseo de la casa, se puede proporcionar este servicio gratuitamente o a bajo costo. Para personas que requieran ayuda con el aseo personal (bañarse, etc), hay disponible enfermeras y asistentes. A veces una orden médica es requerida.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Cage's Medical Services, Inc.	(713) 674-5616	(NE) Not specified	All, Med, Ins, Private Pay, Walk-ins, Esp. . . . .	97
Care Group of Texas	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Ins, Wrkrs Comp, Managed Care, Esp . . . . .	98
Christus VNA of Houston, Inc.	(713) 520-8115	(C) Heights	All, Free, Med, Doctors Order, Esp. . .	99
Combined Community Action	(979) 540-2993	(NW) Giddings	M, W, Free, Appt/Walk-ins, Lim, Private Pay . . . . .	99
Interfaith CarePartners® AIDS Care Team®	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts rural collect calls, Esp. . . . .	116
Medcare Pediatric Group	(713) 773-5100	(E) Channelview	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for Intake . . . . .	120
Memorial Hermann Home Health Care	(713) 596-4663	(SW) Westwood	Not specified. . . . .	121
Metro Health Services	(713) 777-9600	(SW) Westwood	Not specified. . . . .	122
Nutrend Healthcare	(281) 856-6663	(NW) Cypress Fairbanks	Adults (elderly, disabled), Med, Ins, Private Pay, Referral Req, Esp. . . .	124
Private Care Service	(713) 783-0095	(SW) Woodlake/ Briar Meadow	All, Private Pay . . . . .	127
Serenity Home Health	(832) 865-3645	(C) Astrodome/ S. Loop	All, Med, Flat Fee, PHC/Family Care, Appt Req. . . . .	130
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	<b>HIV+ only</b> , Appt Req, Free, S\$, Esp . . . . .	156

# Hospice Care / Cuidado de Hospicio

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of AIDS. Physician approval is needed for this service, which can take place in a home, special residence, nursing facility or hospital.



Art by Kevin

El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del SIDA. La aprobación de un médico es necesaria para recibir este servicio, el cual puede ocurrir en el hogar, una residencia especial, u hospital

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AseraCare Hospice	(713) 864-2626	(C) Heights	Adults, Ins, Med, Esp . . . . .	93
Bering - Residential Hospice	(713) 341-3780	(C) Montrose	<b>HIV+ only</b> , Free, Call for intake, Esp. . . . .	96
Chews - Hospice Education & Palliative Svcs	(713) 696-5320	(N) Northside	All, Fam, Appt/Walk-ins, Free . . . . .	99
Christus VNA of Houston, Inc.	(713) 520-8115	(C) Heights	All, Med, Private Ins, Dr order req, Call for intake. . . . .	99
Evercare Hospice and Palliative Care	(713) 219-6490	(SW) Westwood	Adults only, S\$, Med/Med, Ins, Esp, Call for intake. . . . .	103
Hospice Care Team, Inc.	(979) 297-6043	(S) Lake Jackson	All, Free, S\$, Med, Ins, Appt req, Dr stmt of terminal illness. . . . .	113
Hospice Care Team, Inc.	(409) 938-0070	(SE) Texas City	All, S\$, Med, Ins, Appt req . . . . .	113
Odyssey Health Care of Conroe	(936) 788-7707	(N) Conroe	All, Med, Foundation pays for indigent . . . . .	124



# Hospitals / Hospitales

Below is a select list of hospitals in the Houston area. If it is very important to you to use a particular hospital, make sure that your doctor admits patients to that hospital. Ben Taub and LBJ are part of the Harris County Hospital District (HCHD) and will treat you even if you have no insurance, though any hospital must treat you when you need emergency care. But do not use the hospital emergency room unless you truly have an emergency; call your doctor or the HCHD Ask Your Nurse hotline if you aren't sure. Remember, you will probably have to wait a lot longer in the Emergency Room than in the clinic or in your doctor's office. An HCHD Community Clinic needs to refer clients to Ben Taub and LBJ specialty clinics.



Art by Kevin

Aquí hay una lista selecta de hospitales del área de Houston. Si para Ud. es muy importante utilizar un hospital en particular, asegúrese que su médico pueda admitir pacientes en el mismo. Los hospitales Ben Taub y LBJ son parte del Distrito de Hospitales del Condado Harris (HCHD) y les ofrecerá servicios aunque no tenga seguro médico, aunque en el caso de una emergencia, cualquier hospital debe atenderlo. Sin embargo, no use la sala de emergencias al menos que sea una verdadera emergencia; llame a su médico si no está seguro. Recuerde que Ud. tendrá que esperar mucho más tiempo en la sala de emergencias que en la clínica o en la oficina de su doctor.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bayside Community Hospital	(409) 267-3143	(E) Anahuac	All. . . . .	95
Ben Taub General Hospital (HCHD)	(713) 873-2000	(C) Medical Center	All, Walk-ins, S\$, Gold Card, Med. . . . .	109
Ask Your Nurse Helpline (HCHD)	(713) 663-CALL (2255)	ALL	All, Free, Esp. . . . .	93
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Walk-ins, Income-based Eligibility, CD . . . . .	122
LBJ General Hospital (HCHD)	(713) 566-5100	(N) Trinity/Houston Gardens	All, Walk-ins, S\$, Gold Card, Med. . . . .	109
Memorial Hermann Children's Hospital	(713) 704-KIDS	(C) Medical Center	C, Y . . . . .	121
Memorial Hermann Ft. Bend Hospital	(281) 499-4800	(SW) Missouri City	All. . . . .	121
Memorial Hermann Hospital	(713) 704-4000	(C) Medical Center	All. . . . .	121
Memorial Hermann Katy Hospital	(281) 392-1111	(W) Katy	All. . . . .	121
Memorial Hermann Memorial City Hospital	(713) 932-3000	(W) Memorial	All. . . . .	121
Memorial Hermann Northwest Hospital	(713) 867-2000	(C) Heights	All. . . . .	121
Memorial Hermann Southeast Hospital	(281) 929-6100	(SE) Ellington/S. Belt	All. . . . .	121
Memorial Hermann Southwest Hospital	(713) 776-5000	(SW) Sharpstown	All. . . . .	121
Memorial Hermann The Woodlands Hospital	(281) 364-2300	(N) Woodlands	All. . . . .	121
Park Plaza Hospital	(713) 527-5000	(C) Medical Center	M, W, Ins, Private pay . . . . .	125

# Housing and Emergency Shelters

## Vivienda y Refugios de Emergencia

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. These include subsidized apartments, group residential facilities, chemical dependency halfway houses, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (see FINANCIAL ASSISTANCE). As a last resort, a number of emergency shelters serving men, women, adolescents, and families are located in the Houston area.



Art by Kevin

Houston ofrece varias opciones de vivienda para las personas VIH+ con bajos ingresos, y los que tienen necesidades especiales. Estas opciones incluyen departamentos de bajo costo, residencias en grupos, personas con dependencia de sustancias, y centros de vivienda transitoria. Estos están disponibles a muy bajo costo. Algunas agencias también proveen ayuda con la renta y/o utilidades para prevenir que las personas se queden sin vivienda o servicios públicos (vea ASISTENCIA FINANCIERA). Como último recurso, existen refugios de emergencia para hombres, mujeres, adolescentes y familias de Houston.

### HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	89
AFH EFSP Emergency Financial Assistance	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> . . . . .	90
AFH Housing Empowerment Life Planning (HELP) Programs	(713) 651-0833	(C) River Oaks	<b>HIV+ only</b> . . . . .	90
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Free, Walk-ins, CD, Esp . . . . .	93
Bering Omega Community Services Housing Assistance	(713) 529-6071	(C) Montrose	Free, Appt Req, <b>HIV+ only</b> , Esp, Call for intake. . . . .	95
Brentwood Project WAITT (We're All In This Together)	(713) 852-2551	(S) Hiram Clarke	All, Appt/Walk-ins, Free, <b>HIV+ only</b> , Food vouchers, CD . . . . .	97
Combined Community Action	(979) 540-2991	(NW) Giddings	All, Free, Appt/Walk-ins, Lim, Income-based eligibility, Esp. . . . .	99
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Free (income limit), Appt/Walk-in, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108

# Housing and Emergency Shelters / Vivienda y Refugios de Emergencia

## HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
HACS Tenant-based Rental Assistance (TBRA)	(713) 526-0027	(C) Greenway Plaza	M, W, Free, Appt Req, <b>HIV+ only</b> , Esp. . . . .	114
Harris County Housing Resource Center	(713) 578-2055	Harris County	All, Free, Esp . . . . .	110
Houston Housing Authority	(713) 260-0600	(W) Woodlake	M, W, Fam, Free (income limit), Walk-ins, Esp. . . . .	114
Houston SRO Housing Corp. San Jacinto Apts	(713) 650-0306	(C) Downtown	<b>HIV+ only</b> . . . . .	115
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Income-based eligibility, CD. . . . .	122
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp. . . . .	124
SEARCH	(713) 739-7752	(C) Midtown	M, W, I/RR, Free, CD, Esp, Homeless only. . . . .	129
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, <b>HIV+ only</b> , I/RR, Free, Appt/Walk-ins, Esp. . . . .	132
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , Esp. . . . .	156

## EMERGENCY SHELTERS / REFUGIOS DE EMERGENCIA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Homeless Services	(281) 837-1657	(E) Baytown	Adults (age 17 and up), Fam, Appt req, <b>HIV+ only</b> , Esp. . . . .	94
Bridge Over Troubled Waters, Inc. Emergency Shelter	(713) 472-0753	(SE) Not specified	W, Fam, All, Appt req, Free, Esp . . . . .	97
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (13 - 21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 . . . . .	100
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only). . . . .	104
Ft. Bend County Women's Center	(281) 342-0251	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-ins, Esp. . . . .	104
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD . . . . .	106
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, Y, C, Free, Esp . . . . .	114
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp. . . . .	123
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, All, I/RR, Free, CD, Homeless only, Esp . . . . .	129
Star of Hope Men's Development Center	(713) 227-8900	(C) Downtown	M, Walk-ins, Lim, Free, CD . . . . .	133
Star of Hope Women and Family Shelter	(713) 222-2220	(C) Second Ward	W, Fam, Lim, Free, Esp. . . . .	133

# Housing and Emergency Shelters / Vivienda y Refugios de Emergencia

## LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M, S\$, Appt req, <b>HIV+ only</b> , CD, Esp . . . . .	88
AFH Chupik House	(713) 623-6796	(SW) Rosenberg	M, Appt Req, <b>HIV+ only</b> , S\$ based on HUD calculations . . . . .	91
AFH Burrell Street Apartments	(713) 623-6796	(N) Northside	W, I/RR, <b>HIV+ only</b> , Appt Req, S\$ based on HUD calculations . . . . .	91
AFH Project "A Friendly Haven"	(713) 651-0833	(C) River Oaks	<b>HIV+ only</b> . . . . .	91
AFH Project LifeRoad	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> . . . . .	91
AFH Beecher Wilson Apartments	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> , Section 8 (subsidized rent). . . . .	89
AFH Help House	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> , Adults, Disabled, S\$ based on HUD calculations . . . . .	90
AFH First Responders	(713) 623-6796	(C) River Oaks	Adults only, CD, S\$, receiving SSI/SSD or VA benefits . . . . .	90
CEF Swehla House	(713) 528-0037	(C) Montrose	M, W, S\$, Appt req, <b>HIV+ only</b> . . . . .	99
Corder Place Apartments	(713) 741-4070	(C) OST/S. Union	Adults, Fam, Walk-ins, <b>HIV+ only</b> , Homeless, Esp . . . . .	99
Houston SRO Housing Corp. San Jacinto Apts	(713) 650-0306	(C) Downtown	<b>HIV+ only</b> . . . . .	115
Magnificat Houses - Morning Star Hostel	(713) 520-0461	(C) Midtown	Adults, S\$, <b>HIV+ only</b> , Appt req, Esp . . . . .	120
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, I/RR, Free, CD, Homeless only, Esp . . . . .	129
Wellsprings – Long Term Housing	(713) 529-6559	(C) Not specified	W, C. Y, I/RR, Appt req, Lim, CD . . . . .	138

## SHORT TERM HOUSING / VIVIENDA TEMPORAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AHCH West Heights House	(713) 864-1795	(C) Heights	M, W (age 19 & up), Flat fee, Appt req, Lim, <b>HIV+ only</b> . . . . .	92
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, Free, Lim, CD, Documented homeless & TB. . . . .	108
Houston SRO Housing Corp. San Jacinto Apts	(713) 650-0306	(C) Downtown	<b>HIV+ only</b> . . . . .	115
Magnificat Houses - Morning Star Hostel	(713) 520-0461	(C) Midtown	Adults, S\$, <b>HIV+ only</b> , Walk-ins, Esp. . . . .	120
Open Door Mission Doorway Recovery Program	(713) 921-7520	(C) Second Ward	M (18 & up), ID, Free, Walk-ins, Lim, CD . . . . .	124
Path to Independence	(713) 688-7400	(SW) Westwood	I/RR, CD, Flat Fee . . . . .	125
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, I/RR, Free, CD, Homeless only, Esp. . . . .	129
Star of Hope Transitional Living Center	(713) 748-7242	(C) MacGregor	W, Families, Lim, Free, Esp . . . . .	133
Wellsprings – Short Term Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD . . . . .	138
Wellsprings - Transitional Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD . . . . .	138

# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 01/23/08)

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. The agencies listed below receive HOPWA funds to provide the following Housing/Housing-related services:

Se ofrecen varias opciones de vivienda en el área de Houston para personas VIH+ de bajos ingresos y con necesidades especiales. Las agencias mencionadas aquí reciben fondos para proveer los siguientes servicios relacionados con la vivienda:

**STRMU:** Short Term Rent, Mortgage, Utility Assistance Program

**TBRA:** Tenant Based Rental Assistance

**SS:** Supportive Services

**CR:** Community Residences

Scan the list below to find an agency that provides the particular service that you need. Please see the next page for a full description of these services.

Busque en la lista a continuación la agencia que provee el servicio particular que necesita. Por favor vea la próxima página para una descripción completa de estos servicios.

## AGENCY / AGENCIA

### **A Caring Safe Place (CR, SS)**

1804 Carr Street; Houston, TX 77026  
(713) 225-5441

### **Catholic Charities (STRMU, SS)**

2900 Louisiana; Houston, TX 77006  
(713) 526-4611

### **AIDS Coalition of Coastal Texas (STRMU)**

707 23rd Street; Galveston, Texas 77550  
(409) 763-2437

### **Houston Area Community Services (TBRA, SS)**

3730 Kirby Drive, Suite 820, Houston, TX 77098  
(713) 526-0027

### **AIDS Foundation Houston (STRMU, TBRA, CR, SS)**

3202 Wesleyan; Houston, TX 77027  
(713) 623-6796

### **Houston HELP – Corder Place Apts (CR, SS)**

7210 Peerless Street; Houston, TX 77021-5544  
(713) 741-4070

### **Bering Omega Community Services (STRMU)**

1429 Hawthorne; Houston, TX 77006  
(713) 520-7070, Ext. 144 or 145

### **Houston SRO Housing Corp. – San Jacinto Apts (CR)**

2211 Norfolk Suite 740; Houston, TX 77098  
(713) 526-9470

### **Bonita Street House of Hope (SS, CR)**

2605 Parker Road; Houston, TX 77093  
(713) 691-0900

### **New Hope Counseling Center (STRMU, SS)**

6420 Hillcroft, Suite 314; Houston, TX 77081  
(713) 776-8006

### **Brentwood Community Foundation (STRMU, CR, SS)**

13101 Landmark Street; Houston, TX 77045  
(713) 852-1452

### **SEARCH (SS)**

2505 Fannin Street; Houston, TX 77002  
(713) 739-7752

### **Career and Recovery Resources, Inc. (SS)**

2525 San Jacinto; Houston, TX 77002  
(713) 754-7000

### **Volunteers of America (STRMU, CR, SS)**

7000 Northwest 100, B-106; Houston, TX 77092  
(713) 460-0781

The eligibility requirements for HOPWA-funded services are very basic, but some agencies may have additional restrictions placed on them by other funding sources that are more stringent. To be eligible for HOPWA funds you must:

1. Meet the definition of low income: 30% of median income;
2. Have an HIV positive diagnosis; and
3. Live in one of the following ten counties: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery, San Jacinto or Waller.

Please check with the service provider for additional eligibility requirements, restrictions and limitations.

Los requisitos para elegibilidad a los servicios fundados por HOPWA son muy básicos, pero algunas agencias puede que tengan restricciones adicionales exigidas por otras fuentes financieras que son más estrictas. Para ser elegible a recibir fondos de HOPWA usted debe:

1. Calificar bajo la definición de "bajo ingreso": 30% del ingreso del punto medio
2. Estar diagnosticado con el VIH; y
3. Vivir en uno de los diez siguientes condados: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery, San Jacinto o Waller.

Por favor hable con el proveedor para conocer de requisitos, restricciones y limitaciones adicionales.

# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 01/23/08)

## SERVICE DESCRIPTIONS / DESCRIPCIÓN DE SERVICIOS

### Short Term Rent, Mortgage, Utility Assistance Program (STRMU):

STRMU will pay an eligible client's rent, mortgage and/or utility payments for UP TO 21 weeks in a 52-week period.

These funds are NOT used to support:

- \* Move-in Deposits \* Security Checks \* Credit Checks
  - \* Move-in support (supplies, furnishings, minor repairs etc.) \* Emergency shelter vouchers for hotel or motel.
- Rent/utility payments are made to the owner/management of the property.

### Tenant Based Rental Assistance (TBRA):

TBRA will pay for an eligible clients rent or utility for 12 to 24 months at a location determined by the client. Locations must:

- \* Meet Housing Quality Standards established by HUD/HCD; and
  - \* Cost of rent must meet federal median income
- Rent/utility payments are made to the owner/management of the property.

### Supportive Services (SS):

All agencies that receive HOPWA funds offer supportive services to eligible clients in establishing permanent housing. Each agency provides different supportive services. Supportive Services can include case management, housing counseling, professional counseling, nutritional services, etc.

**Community Residences (CR):** Community residences provided through an agency. Contact the agencies providing CR for information on services.

Currently existing residences focus on:

- \* Single men/Substance abuse
- \* Single women/Substance abuse
- \* Women and Children
- \* Recently released men/women

### Programa de asistencia de corto plazo para la renta, la hipoteca, y los servicios públicos (STRMU):

STRMU pagará la renta, la hipoteca y/o los servicios públicos POR 21 semanas en un periodo de 52 semanas. Estos fondos NO asisten con:

- \* Depósito inicial para la renta \*Seguridad \*Crédito
- \* Pagos para provisiones, muebles, reparaciones, etc.
- \* Emergencia de refugio a hotel o motel.

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

### Asistencia para la renta al arrendatario (TBRA):

TBRA pagará para los clientes elegibles la renta o los servicios públicos (luz, etc.) por 12 a 24 meses. El cliente determina la ubicación de la vivienda que debe:

- \* Cumplir con el estándar de calidad de vivienda establecido por HUD/HCD; y
- \* Costo de renta debe cumplir con el ingreso federal del punto medio

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

### Servicios de apoyo (SS):

Todas las agencias que reciben fondos de HOPWA ofrecen servicios de apoyo a los clientes elegibles para establecerse en una vivienda permanente. Cada agencia provee diferentes servicios de apoyo. Dichos servicios pueden incluir administración de casos, consejería profesional, servicios nutricionales, etc.

**Residencias comunitarias (CR):** Estas son proveídas por medio de una agencia. Póngase en contacto con las agencias que proveen CR para mayor información.

Actualmente, las residencias existentes sirven a:

- \* Hombres solteros/abuso de sustancias
- \* Mujeres solteras/abuso de sustancias
- \* Mujeres y sus niños/niñas
- \* Hombres/mujeres recientemente liberados de la prisión



Most agencies have limited funding for the services they offer. If you need additional resources, please call the United Way Helpline at 2-1-1, (713) 957-HELP or toll free at 1-800-833-5948. The Helpline is available 24 hours a day and is offered in 6 languages: English, Spanish, Vietnamese, Cantonese, Mandarin and French. If you would like to email your inquiry to the helpline, you may do so at [help@uwtgc.org](mailto:help@uwtgc.org).

You can search the United Way Community Resource Database online at: <http://referral.uwtgc.org/>. The database gives the option to search by zip code, service category, agency or program name and key word.

# Information & Hotlines

## Información y Línea Telefónica de Ayuda

Information and Referral lines provide information on where to find specific services and/or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. 24-hour hotlines offer information or assistance during a crisis.



Art by Kenneth Willet

Las líneas de Información y Referencia proveen información sobre donde Ud. puede encontrar servicios específicos y o contesta preguntas relacionadas con el VIH y otros temas de la salud. Las llamadas son gratuitas y anónimas. La línea de ayuda de 24 horas ofrece información o asistencia durante una crisis.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AHCH HIV/AIDS Community Resource Hotline	(713) 864-1795	ALL	All, Free . . . . .	92
AIDS Clinical Trials Information Svc.	(800) HIV-0440	NATIONAL	All, Free . . . . .	89
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	89
AIDSInfo	(800) 448-0440	NATIONAL	All, Free . . . . .	92
Ask Your Nurse Helpline (HCHD)	(713) 663-2255	ALL	All, Free, Esp . . . . .	93
Bay Area Council on Drugs and Alcohol	(281) 212-2900	(SE) Clear Lake	All, CD . . . . .	94
Bay Area Turning Point	(281) 286-2525	(SE) Webster	All, Free . . . . .	94
Bridge Over Troubled Waters, Inc.	(713) 472-0753	(SE) Pasadena	. . . . .	97
Health Information Hotline (CDC)	(800) CDC-INFO	National	All, Free . . . . .	113
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp . . . . .	98
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins . . . . .	100
Crisis Intervention of Houston	(713) 527-9864	ALL	All, Free, Esp . . . . .	100
DARS - Blind Division	(713) 944-9924	(SE) Ellington/S. Belt	All, Appt/Walk-ins . . . . .	101
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only). . . . .	104
Gay & Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All, Free . . . . .	122
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere Gardens	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income limit), Appt/Walk-in, Esp . . . . .	107

## Information & Hotlines / Información y Línea Telefónica de Ayuda

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(NW) Tomball	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Free (income limit), Appt/Walk-in, Esp . . . . .	108
HDHHS Bureau of Health Information Services	(713) 794-9320	(C) Astrodome/ S. Loop	All. . . . .	114
HDHHS Bureau of HIV/STD & Viral Hepatitis Prevention	(713) 794-9092	(C) Astrodome/ S. Loop	All. . . . .	114
Houston Area Women's Center	(713) 528-6798	(C) Montrose	All, Free, Esp . . . . .	114
Houston Compass	(713) 229-8319	(C) Midtown	All, Free. . . . .	114
InnerWisdom Counseling Center	(713) 592-9292	(C) Med Center	All, Esp. . . . .	116
New Horizon Family Center	(281) 424-3300	(E) Baytown	All, Free, Esp . . . . .	123
PFLAG Houston	(713) 46P-FLAG	(C) Hermann Park	All, Free. . . . .	126
Ryan White Planning Council	(713) 572-3724	(C) Galleria/Post Oak	All, Free. . . . .	128
Southeast Texas Legal Clinic	(713) 523-7852	(C) Montrose	All, Free, Esp . . . . .	131
Texas DFPS Abuse & Neglect Reporting	(800) 252-5400	(C) Harrisburg	All, Free, Esp . . . . .	134
Texas DFPS Child Care Information	(800) 862-5252	ALL	All, Free. . . . .	134
Texas DFPS Runaway Hotline	(888) 580-HELP	ALL	All, Free, Esp . . . . .	135
Texas DFPS Youth Hotline	(800) 210-2278	ALL	All, Free, Esp . . . . .	135
United Way of Greater Houston	2-1-1	(C) Memorial/ Washington	All, Free, Esp . . . . .	136



Art by Gary



# Information & Resources For Hepatitis C

## Información y Recursos Para La Hepatitis C

Infection with the hepatitis C virus (HCV) is the most common coinfection in people with HIV and is categorized as an HIV-related opportunistic illness.

HIV/HCV coinfection has been associated with a faster rate of hepatitis C disease progression, higher HCV viral loads and a greater risk of developing severe liver damage. Hepatitis C can affect HIV treatment by increasing the frequency of liver toxicity related to HIV drugs. There is also the potential for interactions between HIV drugs and drugs used to treat Hep C. However, with careful medical monitoring, many coinfecting people can be successfully treated for both.

(Excerpt from the Hepatitis C Support Project's hcpFACT-sheet "HIV/HCV Coinfection", Version 4.1, dated January 2007)

La infección del virus de la hepatitis C (VHC) es la que más comúnmente acompaña a la infección del VIH en las personas y dicha infección es clasificada como una enfermedad oportunista relacionada al VIH.

Esta coinfección (VIH/VHC) ha sido asociada con la aceleración de la enfermedad del VHC, el aumento de la carga viral del VHC, y el alto riesgo de desarrollar un serio daño al hígado. La hepatitis C puede afectar el tratamiento del VIH aumentando la frecuencia de toxicidad del hígado debido a los medicamentos VIH. Además, existe el riesgo de una interacción entre los medicamentos del VIH y del VHC. Sin embargo, con un control médico cuidadoso, muchas personas con esta coinfección pueden ser tratadas con éxito.

(Excerpta de: the Hepatitis C Support Project's hcpFACT-sheet "HIV/HCV Coinfection", Version 4.1, 1/07)

## HEPATITIS C TREATMENT RESOURCES IN HARRIS COUNTY

### RECURSOS PARA EL TRATAMIENTO DE LA HEPATITIS C EN EL CONDADO DE HARRIS

#### For uninsured patients with no available funds:

Harris County Hospital District has patient eligibility centers that you can go to and apply for a gold card. Once you have a gold card, you can go to one of their clinics and tell them you have Hep C and you will be referred to one of the two Hep C treatment centers in Harris County at Ben Taub or LBJ. If you call voicemail they will return message within 24 hours.

(713) 526-4243 (Appointments)  
(713) 566-6064 (Voicemail)

HCHD Financial Assistance Program  
c/o Patient Eligibility Services Administration  
PO Box 300488  
Houston, TX 77230

St. Luke's Center for Liver Disease has ongoing clinical trials available. Often these trials provide free treatment. Please call (832) 355-8966 to get on the list.

St. Luke's Episcopal Hospital  
6720 Bertner Ave.  
Houston, TX 77030  
[www.sleh.com](http://www.sleh.com)

Other resources for clinical trials:  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

CenterWatch  
22 Thomson Place, 47F1  
Boston, MA 02210-1212  
[www.centerwatch.com](http://www.centerwatch.com)

Texas Health Pool is an insurance program that can get you insured on the spot without problems if you had pre-existing conditions.

#### Para pacientes sin seguro médico y fondos propios

El Distrito de Hospitales del Condado de Harris tiene centros de elegibilidad donde puede ir a solicitar una tarjeta dorada. Una vez obtenida la tarjeta, puede ir a una de sus clínicas para informarles que usted tiene la infección del VHC y así será referido a uno de dos centros especializados en el tratamiento del VHC que son Ben Taub o LBJ en el Condado de Harris. Llame al (713) 526-4243, o si llama al contestador automático (713-566-6064) se le devolverá la llamada dentro de un periodo de 24 horas.

HCHD Financial Assistance Program  
c/o Patient Eligibility Services Administration  
PO Box 300488  
Houston, TX 77230

El Centro para la Enfermedad del Hígado de St. Luke actualmente tiene disponible ensayos clínicos. Frecuentemente estos ensayos proveen tratamiento gratuito. Por favor llame al (832) 355-8966 para inscribirse.

St. Luke's Episcopal Hospital  
6720 Bertner Ave.  
Houston, TX 77030  
[www.sleh.com](http://www.sleh.com)

Otros recursos sobre ensayos clínicos:  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

Centro de vigilancia:  
22 Thomson Place, 47F1  
Boston, MA 02210-1212  
[www.centerwatch.com](http://www.centerwatch.com)

Texas Health Pool es un programa de seguro médico que puede darle cobertura de inmediato sin causar problemas por el hecho que uno tenga condiciones médicas preexistentes. La dirección en el Internet es: [www.txhealthpool.org](http://www.txhealthpool.org) y el número telefónico es 888-398-3927, el fax es 325-793-4134.

# Information & Resources For Hepatitis C Información y Recursos Para La Hepatitis C

## HEPATITIS C TREATMENT RESOURCES IN HARRIS COUNTY RECURSOS PARA EL TRATAMIENTO DE LA HEPATITIS C EN EL CONDADO DE HARRIS

Mailing Address:  
P. O. Box 6089  
Abilene, TX 79608

(888) 398-3927 phone  
(325) 793-4134 fax

[www.txhealthpool.org](http://www.txhealthpool.org)

### For uninsured patients who have some funds available:

If you have some funds available you can see a physician and get the medications for free through each of the pharmaceutical company's assistance programs. The cost to you would be a monthly physician and lab fee (approximately \$300.00 per month). The medications you take will depend on what your physician prescribes. The assistance programs can be reached as follows:

PEG-Intron	800-521-7157
Pegasys	877-PEG-ASSIST

Dirección postal  
P. O. Box 6089  
Abilene, TX 79608

**Para pacientes sin seguro médico pero con dinero disponible:** Si usted tiene algún dinero disponible puede ir a ver a un médico y recibir medicamentos gratis a través del programa de asistencia que tiene cada compañía farmacéutica. El costo mensual a usted sería aproximadamente \$300.00 por el médico y gastos de laboratorio. El medicamento que usted tome dependerá de lo que su médico recete. Los programas de asistencia pueden ser contactados al:

PEG-Intron	800-521-7157
Pegasys	877-PEG-ASSIST

## VACCINES FOR HEPATITIS A & B / VACUNAS PARA LA HEPATITIS A Y B

Most people can stay healthy when they have HIV and Hep C together. The most important thing to do is to work with your doctor and nurse to find out how to stay healthy and if you should be treated. Everyone with HIV and Hep C should get vaccinated against Hep A and Hep B – if they have not already been exposed.

While there are vaccines available for Hep A and B, there is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Below is a list of potential resources for getting these vaccines in Harris County, please contact them for more information.

La mayoría de las personas pueden mantenerse saludables aún teniendo la coinfección VIH/VHC. El paso más importante a tomar es el de trabajar con su médico y enfermera para mantenerse en buena salud y decidir si debe empezar un tratamiento. Todas las personas con VIH/VHC deben ser vacunadas en contra de la hepatitis A y B—por si no hayan sido ya expuestos a ellos.

Aunque haya vacunas para la A y B, actualmente no la hay para la hepatitis C. Si usted no es inmune, debe recibir las vacunas para la hepatitis A y B. La lista a continuación incluye los que ofrecen en el Condado de Harris. Por favor llame para mayor información.

**Baylor Travel Medicine**  
3701 Kirby Drive  
Houston, TX  
(713) 798-7700

**City of Houston**  
Immunization and Travel Clinic  
Third Ward Multi-Service Center  
3611 Ennis  
Houston, TX 77004  
(713) 527-4040

**Harris County Hospital District**  
(713) 526-4243  
[www.hchdonline.com](http://www.hchdonline.com)

Hepatitis A: Adult \$90/shot, 2 required  
Hepatitis B: Adult \$70/shot, 3 required  
Twinrix (Hep A & B combined): \$130/shot, 3 required

Hepatitis A: Adult \$39.00/shot, 3 required  
Hepatitis B: Adult \$45.00/shot, 2 required  
Twinrix (Hep A & B combined): \$78.00/shot, 3 required

Those with a Gold Card can get hepatitis A and B vaccines.

# Information & Resources For Hepatitis C Información y Recursos Para La Hepatitis C

## VACCINES FOR HEPATITIS A & B / VACUNAS PARA LA HEPATITIS A Y B

### HEB (RediClinics - in their stores)

9 E. Greenway Plaza, Suite 2950  
Houston, TX 77046  
(713) 935-0333  
www.rediclinic.com

### Legacy Community Health Services

215 Westheimer  
Houston, TX 77006  
(713) 830-3000

### Methodist Hospital Institute of Preventative Medicine

6550 Fannin Street SM583  
Houston, TX 77030  
(713) 441-5978

### Randalls Pharmacy

www.randalls.com

### UT Health Services

7000 Fannin Street Suite 1620  
Houston, TX 77030  
(713) 500-3248

### Walgreens Pharmacy (24-hours)

2605 West Holcombe Blvd.  
Houston, TX 77025  
832-778-8106

Hepatitis A: Adult \$114/shot

Pedi \$79/shot, 2 required

Hepatitis B: Adult \$109/shot

Pedi \$49/shot, 3 required

Twinrix (Hep A & B combined): \$159/shot, 3 required

Hepatitis A: Adult \$70, 2 required

Hepatitis B: Adult \$65/shot, 3 required

Twinrix (Hep A & B combined): \$95/shot, 3 required

Hepatitis A: Adult \$84/shot, 2 required

Hepatitis B: Adult \$68/shot, 3 required

Twinrix (Hep A & B combined): \$135/shot, 3 required

Hepatitis A, Adult \$82.99/shot, 2 required

Hepatitis B, Adult \$74.99/shot, 3 required

Twinrix (Hep A & B combined): \$107.99/shot, 3 required

Hepatitis A: Adult \$70/shot, 2 required

Hepatitis B: Adult \$60/shot, 3 required

Twinrix (Hep A & B combined): \$130/shot, 3 required

Hepatitis A: Adult \$100/shot

Adolescent: \$50/shot, 2 required

Hepatitis B: Adult \$95/shot

Adolescent: \$45/shot, 3 required

Twinrix (Hep A & B combined): \$125/shot, 3 required

## MONTHLY SUPPORT GROUPS / GRUPOS DE AYUDA MENSUAL

Support groups can be very helpful for people coinfecting with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases. A listing of monthly support groups is included below.

Grupos de apoyo pueden ser de gran ayuda para las personas coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas. Aquí se encuentra una lista de grupos de apoyo mensuales.

Location / Localidad	Date & Time / Día y Tiempo	Contact / Contacto
<b>Clear Lake</b> St. John West Conference Room 2035 Space Park Drive Nassau Bay, TX. 77058	3rd Thursday of the month 7:00 p.m.	Carol Walker (281) 334-7132 or (713) 828-3299 carowalk@aol.com
<b>Conroe/Woodlands</b> Conroe Regional Medical Center 504 Medical Center Blvd., Dining Room A Conroe, TX 77304	2nd Wednesday 7:00 p.m.	Carol Schansema (936) 441-5106 hcvcarol@yahoo.com
<b>Houston – Central</b> St. Martin's Episcopal Church 717 Sage Road Payne Education Building 2nd Floor, Room 203 Houston, TX 77056	1st Tuesday 7:00 p.m.	John Bickers (713) 783-9334 or (281) 435-1703 johnbickers@hotmail.com

# Information & Resources For Hepatitis C Información y Recursos Para La Hepatitis C

## MONTHLY SUPPORT GROUPS / GRUPOS DE AYUDA MENSUAL

Location / Localidad	Date & Time / Día y Tiempo	Contact / Contacto
<b>Houston - Michael E. DeBakey</b> Veterans Affairs Medical Center 2002 Holcombe Blvd, Rm 1A-442 Primecare Clinic 5 (NASA) Houston, TX 770030	1st Friday 1:30 p.m. to 2:30 p.m. For VA patients and their families	Stacey Pelton, LMSW (713) 791-1414, ext 6867 or Michelle Ray, RN, ext 3394
<b>Houston - Memorial City</b> Memorial Hermann Memorial City Hospital 920 Frostwood, 2nd Floor, Classroom A Houston, TX 77024	3rd Wednesday 7:00 p.m.	John Bickers (713) 783-9334 or (281) 435-1703 johnbickers@hotmail.com
<b>Houston – North of Downtown HIV/HCV Coinfection Support Group</b> Thomas Street Health Center 2015 Thomas Street Third (3rd) Floor Large Conference Rm Houston, TX 77009	Every 2nd and 4th Tuesday 11:00 am - 12 noon	Harold Henderson (713) 873-4069 ellis_henderson@hchd.tmc.edu
<b>Houston - Northwest</b> Methodist Hospital – Willowbrook 18220 Tomball Parkway (Hwy 249) First Floor, Room C Houston, Texas 77070	2nd Monday 7:00 p.m.	Bob Knaze (281) 820-6168 rbkna5@aol.com
<b>Houston - St. Luke's</b> Adult Liver Transplant 6720 Bertner St. Cooley Bldg., Level B1 Green Elevators, Conf. Rm A, C068 Houston, TX 77030	Every 6 weeks @ 6:00 - 7:30 p.m. (No meetings in December)  For pre-transplant patients	Ann Holder, LMSW-ACP (832) 355-3026 zayh01@sleh.com
<b>Galveston</b> Moody Memorial First UMC 2803 53rd Street Galveston, TX 77551	1st Thursday 6:30 p.m.	Sam Critz (281) 534-0819 scritz@houston.rr.com or carolyncritz@houston.rr.com
<b>Magnolia</b> Outreach Support Group 30410 Rickett Magnolia, TX 77355	Call for date and time.	Michael T. Enright (832) 228-7253

## PUBLICATIONS & INFORMATION / PUBLICACIONES Y INFORMACIÓN

For more information about Hepatitis C you may wish to contact the following resources:

Si usted desea más información sobre la hepatitis C sírvase contactar a la siguiente fundación.

Name / Nombre	Phone & Web Site / Teléfono y Sitio Web	Mailing Address / Dirección que Envía	Description / Descripción
<b>American Liver Foundation – Houston Chapter</b>	(713) 622-1318 (866-58-LIVER) <a href="http://www.liverfoundation.org/chapters/southtexas/">www.liverfoundation.org/chapters/southtexas/</a>	2425 West Loop South, Suite 840 Houston, TX 77027	Patient support groups, info & physician referral, Liver Update educational seminars for physicians, patients, their families and friends; publishes a yearly local chapter newsletter.

# Information & Resources For Hepatitis C Información y Recursos Para La Hepatitis C

## PUBLICATIONS & INFORMATION / PUBLICACIONES Y INFORMACIÓN

Name / Nombre	Phone & Web Site / Teléfono y Sitio Web	Mailing Address / Dirección que Envía	Description / Descripción
Centers for Disease Control and Prevention	800-CDC-INFO (800-232-4636) <a href="http://www.cdc.gov/ncidod/diseases/hepatitis/">www.cdc.gov/ncidod/diseases/hepatitis/</a>	Not applicable	Free, comprehensive information on viral hepatitis.
Hep C Alert	(305) 893-7992 877-HELP4HEP (877-435-7443) 866-4HEPHIV (866-443-7448) <a href="http://www.hep-c-alert.org">www.hep-c-alert.org</a>	660 NE 125 Street North Miami, FL 33161	Promotes awareness, and provides health education, counseling, testing and linkage services to people throughout the U.S.
Hepatitis C Advocates	alanfranciscus@hcvadvocate.org (No phone number) <a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>	Not applicable	Provides unbiased information, support, and advocacy to all communities affected by HCV and HIV/HCV coinfection.
Hepatitis C Connection	Phone: (303) 860-0800 Toll Free: (800) 390-1202 <a href="http://www.hepc-connection.org">www.hepc-connection.org</a>	1325 S. Colorado Blvd Building B, Suite 302 Denver, CO 80222	Information-based advocacy organizations. Quarterly electronic newsletter.
Hepatitis C Open Journal	KPFT 90.1 (713) 526-5738 Live stream from the website: <a href="http://www.KPFT.org">www.KPFT.org</a>	419 Lovett Boulevard Houston, TX 77006	Radio show broadcast on the 3rd Tuesday of the month from 12-1 p.m. Call with questions or comments.
HIVandHepatitis.com	<a href="http://www.hivandhepatitis.com">www.hivandhepatitis.com</a>	Not applicable.	Informational website
Houston Buyers Club	(713) 520-5288 (800) 350-2392 <a href="http://www.houstonbuyersclub.com">www.houstonbuyersclub.com</a>	3224 Yoakum Blvd. Houston, TX 77006	Houston Buyers Club is a non-profit 501(c)3 organization that has been helping people living with chronic illness manage side effects since 1996.
Liver Health Today	(800) 792-6397, ext. 133 (713) 520-1474 (713) 520-1463 Fax <a href="http://www.liverhealthtoday.org">www.liverhealthtoday.org</a>	523 N. Sam Houston Pkwy. East, Suite 300 Houston, Texas 77060	Magazine, published quarterly. First issue free with subscription, 6 issues \$20, 12 issues \$35.
National Hepatitis C Advocacy Council	(951) 766-8238 (Not toll-free but they will call you back) <a href="http://www.hepcnetwork.org">www.hepcnetwork.org</a>	P.O. Box 5058 Hemet, California 92544	Provides education and support through online communications and hep C hotline. They ask that incarcerated individuals have a family member or friend request info for them.
Syringe Access Information Line	(713) 830-3095	Not applicable	Call for an up to date list of pharmacies that sell syringes without a prescription and provide safe disposal information.
Texas Liver Coalition	(832) 355-8966 <a href="http://www.texasliver.org">www.texasliver.org</a>	6620 Main St, Ste 1505 Houston, TX 77030	Ongoing clinical trials available providing free treatment.

## Insurance / Segura Médico

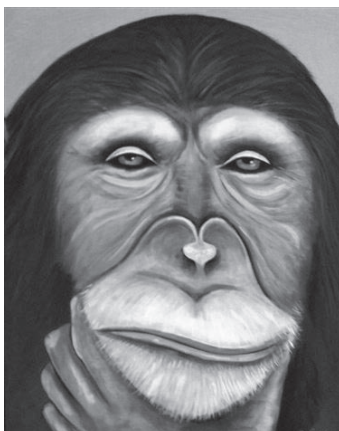
Many HIV infected persons are not fortunate enough to have private medical insurance. And, sadly, many others lose their insurance because they cannot afford the premiums. The agencies listed below may be able to help pay your insurance premiums and will answer your questions about COBRA benefits and keeping your insurance.

Muchas personas infectadas con el VIH no tienen acceso a un seguro privado de salud. Lamentablemente, muchas otras lo pierden por no poder pagar las cuotas. Las agencias mencionadas aquí quizás le puedan ayudar a pagar las primas del seguro médico y responder a preguntas sobre sus beneficios de COBRA.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Legacy Medication/Insurance Assistance	(713) 574-9709	(C) Greenway Plaza	M, W, Appt req, <b>HIV+ only</b> . . . . .	119
DSHS - Star Health Plan Helpline	(800) 964-2777	Statewide	All, Free . . . . .	102
Maximus, Inc.	(281) 260-9871	(N) Aldine	Free, Medicaid clients only, Esp. . . . .	120

## Legal Services Servicios Legales y Defensa Pública

Free or very low cost legal services are available to HIV+ individuals living in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians ("living wills") and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Civil and criminal matters generally are not.



Art by Gary

Existen servicios legales gratuitos o a bajo costo para personas VIH+ viviendo en Houston. Uno de los servicios más importantes es el de ayudar a completar documentos, así como testamentos, poder notarial, orden a médicos, y arreglos para funerales. A nadie le gusta pensar en estos documentos cuando uno se siente bien, pero esta preparación anticipada puede prevenir confusión y angustia. También existen otros tipos de asistencia legal, así como temas familiares, obteniendo beneficios por incapacidad, discriminación e inmigración. Generalmente, no se asiste en casos civiles y criminales.

### LEGAL SERVICES / SERVICIOS LEGALES

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Houston Lawyer Referral Service, Inc.	(713) 237-9429	(C) Downtown	M, W, S\$, Esp	
Houston Volunteer Lawyers AIDS Project	(713) 228-0735	(C) Downtown	All, Families, Free, <b>HIV+ only</b> , Filing fees, Esp. . . . .	115
Lone Star Legal Aid	(713) 652-0077	(C) Downtown	M, W, Fam, All, Free, Appt req, Esp. . . . .	119
NAACP - Legal Redress Clinic	(713) 526-3389	(C) Third Ward	All, Free, Appt req, <b>HIV+ only</b> , Esp . . . . .	123
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp . . . . .	123
South Texas College of Law	(713) 652-0009	(C) Downtown	All, Appt req, Esp . . . . .	130
Southeast Texas Legal Clinic	(713) 523-7852	(C) Montrose	All, Fam, Walk-ins, Free, <b>HIV+ only</b> , Esp . . . . .	131
Texas Advocacy Project (formerly Women's Advocacy Project)	(800) 777-FAIR	Statewide	M, W, Fam, Free, Appt req, Lim . . . . .	134

## Legal Service / Servicios Legales y Defensa Pública

### ADVOCACY / DEFENSA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Advocacy, Inc.	(713) 974-7691	(C) Midtown	CD, Appt req, Fam, Free. . . . .	88
Aid to Victims of Domestic Abuse	(713) 224-9911	(C) Downtown	Adults, Families, S\$, Walk-ins, Esp. . . . .	88
Houston Volunteer Lawyers AIDS Project	(713) 228-0735	(C) Downtown	All, Families, Free, <b>HIV+ only</b> , Filing fees, Esp. . . . .	115
NAACP Legal Redress Clinic	(713) 526-3389	(C) Third Ward	All, Free, Appt req, <b>HIV+ only</b> , Esp. . . . .	123
Southeast Texas Legal Clinic	(713) 523-7852	(C) Montrose	All, Families, Walk-ins, Free, <b>HIV+ only</b> , Esp. . . . .	131
Texas Advocacy Project (formerly Women's Advocacy Project)	(800) 777-FAIR	ALL	M, W, Families, Free, Appt req, Lim. . . . .	134

## Medical Equipment / Equipo Médico

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	89
American Medical Equipment Company	(713) 791-1841	(C) Medical Center	All, Free, Walk-ins, Esp. . . . .	92
Care Group of Texas	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Ins, Workers comp, Managed care, Esp. . . . .	98
Claude's Pharmacy	(281) 447-7648	(NW) Acres Home	M, W, Med, Walk-ins, Esp. . . . .	99
Medco Medical Supply, Inc.	(713) 956-5288	(NW) Cy-Fair	All, Med, Ins, Esp. . . . .	120

## Mental Health Services / Servicios de Salud Mental

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual counseling and support groups are available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income. Many hospitals and clinics also provide psychiatric care.

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda profesional para enfrentar estos sentimientos. Se dispone de consejería individual o de grupo para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente. Muchos hospitales y clínicas también proveen cuidado psiquiátrico.

NOTE: The Texas Department of Family and Protective Services has a 24-hour toll free hotline to report abuse, neglect or exploitation in Mental Health/ Mental Retardation facilities in Texas: (800) 647-7418.

TOME EN CUENTA: El Servicio a la Familia y de Protección del Departamento de Texas tiene una Línea de Ayuda Telefónica disponible las 24 horas del día donde usted puede llamar gratuitamente a reportar abuso, negligencia o explotación en instalaciones o centros de Salud Mental/Retraso Mental en Texas: (800) 647-7418.

### COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Baylor Psychiatry Clinic	(713) 798-4857	(C) Medical Center	M, W, S\$, Appt req. . . . .	95

# Mental Health Services / Servicios de Salud Mental

## COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bering Support Network	(713) 526-1017 Ext 206	(C) Montrose	M, W, Fam, Flat fee, Free, Infected/affected . . . . .	96
Bread of Life - COPE Team	(713) 659-3237	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim. . . . .	97
Centerpointe Counseling Services, Inc.	(713) 528-7007	(C) Midtown	M, W, Y, C (6-12), Fam, S\$, Med, Appt req, CD . . . . .	98
Compass Counseling Solutions, Inc.	(281) 807-9252	(NW) Champions	All, Medicaid, Ins, Call for intake, Esp . . . . .	100
DePelchin Children's Center	(713) 730-2335	(E) Baytown	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$ . . . . .	103
DePelchin Children's Center	(713) 730-2335	(W) Brookshire	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$ . . . . .	102
DePelchin Children's Center	(713) 730-2335	(SE) Clear Lake	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$ . . . . .	103
DePelchin Children's Center	(713) 730-2335	(C) Memorial/ Washington	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$ . . . . .	102
DePelchin Children's Center	(713) 730-2335	(SW) Stafford	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$ . . . . .	103
DePelchin Children's Center	(713) 730-2335	(N) Woodlands	C, Y (ages 13-18), Appt req, Med, Ins, CHIP, S\$ . . . . .	103
FUUSA	(713) 651-1470	(C) Third Ward	M, W, Y (ages 13 - 24), Fam, Free, Appt req, CD . . . . .	104
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only) . . . . .	104
Ft. Bend County Women's Center	(281) 342-0251	(SW) Rosenberg	M, W, Y (ages 13 - 24), Free, Appt/Walk-ins, Esp . . . . .	104
Good Shepherd Mission Counseling Center	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD . . . . .	106
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp . . . . .	106
HCHD Insight Program @ Ben Taub Hospital	(877) 668-6627	(C) Medical Center	All, I/RR, CD, Free, Appt Req, call for intake, Esp. . . . .	109
HCHD - Insight Program @ Patrick Henry Health Clinic	(877) 668-6627	(N) Eastex/Jensen	C, Y, CD, Free, Appt Req, Call for intake, Esp . . . . .	109
HCHD - Insight Program @ Southside School Based Clinic	(713) 676-1475	(E) Galena Park	C, Y, CD, Free, Appt Req, Call for intake, Esp . . . . .	109
HCHD - Insight Program @ Strawberry Health Center	(713) 982-5154	(SE) Pasadena	All, I/RR, CD, Free, Appt Req, call for intake, Esp. . . . .	109
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Medicaid, Medicare, <b>HIV+ only</b> , Appt Req, Walk-ins, Esp, gold card . . . . .	110
HACS - Impact Mental Health Counseling	(713) 526-0555	(C) Greenway Plaza	M, W, All, Free, <b>HIV+ only</b> , MH diagnosis, African American, Hispanic, Esp . . . . .	113
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp . . . . .	114
Inner Door Counseling and Rehabilitation Center	(713) 278-8870	(SW) Sharpstown	All, CD, S\$, Ins, Medicaid, Walk-ins . . . . .	116



# Mental Health Services / Servicios de Salud Mental

## COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp . . . . .	116
InnerWisdom Wellness Center	(713) 592-9294	(C) Medical Center	M, W, All, S\$, Med, Appt req, Esp . . . . .	116
Jewish Family Service	(713) 667-9336	(C) Meyerland	M, W, All, S\$, Appt req. . . . .	117
Legacy CHS Professional Mental Health Counseling	(713) 830-3000	(C) Montrose	M, W, S\$, Flat fee, Appt Req . . . . .	118
Legacy CHS Psychiatric Services	(713) 830-3000	(C) Montrose	M, W, Y, All, Med . . . . .	118
Medcare Pediatric Group	(713) 773-5100	(E) Channelview	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . . . .	120
Medcare Pediatric Group	(713) 773-5100	(SW) Stafford	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . . . .	120
Montrose Counseling Center, Inc.	(713) 529-0037	(C) Montrose	M, W, Fam, I/RR, Free, Walk-ins, <b>HIV+ only</b> , CD . . . . .	122
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp. . . . .	123
Noah's Glen Residential Treatment Center	(713) 683-9144	(NW) Acres Home	M (age 13-18), CD, S\$, Ins, Financing Avail, Appt req . . . . .	123
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, Private pay, Ins . . . . .	124
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway	All, Appt req . . . . .	126
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, <b>HIV+ only</b> . . . . .	132
Texas DFPS Report Abuse in MHMR Facilities	(800) 647-7418	Statewide	All, Free . . . . .	134
Texas DFPS Runaway Hotline	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp . . . . .	135
Texas DFPS Youth Hotline	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp . . . . .	135
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral Req, Call for intake . . . . .	135
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156
Unlimited Visions Aftercare Inc.	(713) 921-2276	(C) Harrisburg	M, W, S\$, Appt req, CD, TCADA, Esp . . . . .	136
UT Substance Abuse Research Center	(713) 500-3784	(C) Medical Center	M, W, Free, Appt/Walk-ins, CD . . . . .	137

## MENTAL HEALTH HOSPITALS / HOSPITALES DE SALUD MENTAL

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Cypress Creek Hospital	(281) 586-7600	(N) Bammel	Ages 13 & up, Med, Ins, Walk-ins, CD, Esp . . . . .	100
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp . . . . .	139

# Mental Health Services / Servicios de Salud Mental

## INPATIENT TREATMENT / TRATAMIENTO PACIENTES INTERNOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
DAPA - Acute Inpatient Program	(713) 783-8889	(SW) Woodlake	M, W, Fam, CD, I/RR . . . . .	101
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Walk-ins, Med, Private pay, Ins, CD, Esp . . . . .	139

## OUTPATIENT TREATMENT / TRATAMIENTO PACIENTES EXTERNOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
DAPA - Partial Hospital Program	(713) 783-8889	(SW) Woodlake	M, W, Fam, CD, I/RR . . . . .	101
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Ins, Private pay, Walk-ins, CD, Esp . . . . .	139

## SUPPORT GROUPS / GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Turning Point, Inc.	(281) 338-7600	(SE) Webster	<b>HIV+ only</b> , Free, Families, All, Appt Req, M, W. . . . .	94
Bering Support Network	(713) 526-1017 Ext 206	(C) Montrose	M, W, Walk-ins, Free, Flat fee, Infected/affected. . . . .	96
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	(SE) Pasadena	W, Fam, All, Appt req, Esp . . . . .	97
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card . . . . .	108
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card . . . . .	110
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp, Gold card . . . . .	110
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp. . . . .	116
InnerWisdom Wellness Center	(713) 592-9294	(C) Medical Center	M, W, All, S\$, Med, Appt Req, Esp. . . . .	116
Living without Limits, Living Large, Inc.	(832) 545-5689	(C) Trinity/ Houston Gardens	Infected/affected heterosexuals (M & W), Free. . . . .	119
PFLAG Houston	(713) 46P-FLAG	(C) Hermann Park	All, Free. . . . .	126
Positive Brothers United Volunteer Outreach Project	(713) 454-7548	(C) Near Northside	M, W, <b>HIV+ only</b> , Free, Walk-ins. . . . .	126
Sisters Inspiring Sisters	(713) 751-8805	(C) Montrose	W, Free, Walk-ins, <b>HIV+ only</b> , CD . . . . .	130
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156
Warren Corporation, The	(713) 541-9777	(SW) Fondren SW	M, W, I/RR, Appt req . . . . .	138
West Houston HIV Embracing Life Support Group	(281) 620-6280	(W) Katy	M, W, Fam, Free, Appt req . . . . .	138
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All ages, Med, Ins, Private pay, Walk-ins, CD, Esp . . . . .	139

# Miscellaneous Services / Servicios Misceláneos

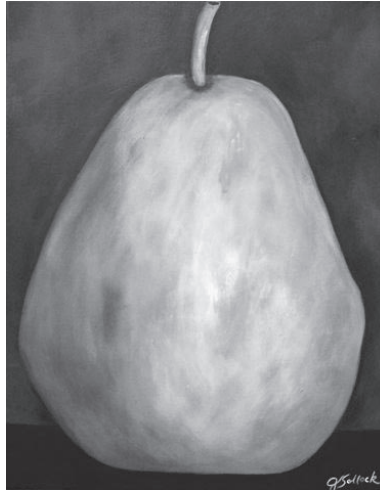
The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.

Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Alliance HIV Interpreter Program	(713) 776-4700	(SW) Sharpstown	M, W, All, Free, Walk-ins, HIV+ only, Esp . . . . .	92
Art League of Houston - Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location . . . . .	93
Casa de Esperanza de los Ninos, Inc.	(713) 529-0639	(C) Museum District	C, Free, Esp . . . . .	98
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp . . . . .	98
Houston Community Voice Mail (Coalition for the Homeless)	(713) 739-7514	(C) Greenway Plaza	M, W, Fam, I/RR, Free, Appt req. . . . .	99
Houston Compass, Inc.	(713) 229-8319	(C) Midtown	All, Free, First come-first served . . .	114
Houston Humane Society	(713) 433-6421	(S)	All, Flat fee, Appt req, Esp. . . . .	115
International Language Associates	(713) 206-0910	Not applicable	All, Flat fee, Appt req. . . . .	117
Maximus, Inc.	(281) 260-9871	(N) Aldine	Free, Medicaid clients only, Esp. .	120
PAWS Houston	(713) 840-7297	(C) Galleria/Post Oak	All, Free, S\$, Lim . . . . .	126
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway/ Kirby	All, Appt req . . . . .	126
Pet Patrol	(281) 733-7696	All	All (low income and disabled), Free, S\$, Appt Req, Call for intake . . . . .	126
Ryan White Planning Council	(713) 572-3724	(C) Galleria/Post Oak	All, Free . . . . .	128
Sign Language Accessible Interpreters	(713) 263-9670	ALL	All, Flat fee . . . . .	130
Sign Shares	(713) 869-4373	(C)	All, Flat fee, DARS DHHS funding available . . . . .	130
SNAP - Animal Aid Program	(713) 862-3863	(C) Heights	Free or low cost, Appt req. . . . .	131
SNAP - Animal Aid Program Wellness Clinic	(713) 863-0010	(C) Heights	Free or low cost, Walk-ins . . . . .	131
SNAP - Spay-Neuter Mobile Program	(713) 522-2337	Various	Free or low cost, First come-first served. . . . .	132
Texas DFPS Abuse, Neglect & Exploitation Reporting System	(800) 252-5400	Statewide	All, Free, Esp . . . . .	134
West Gray Adaptive Recreation Center	(713) 284-1973	(C) Montrose	All, Free . . . . .	138

# Nutrition & Wellness / Nutrición y Bienestar

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also the impact of mental, emotional and spiritual issues. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your health.



Art by Gary

El bienestar es el concepto de mantener la salud completa de una persona, no solamente considera el aspecto físico, sino también el mental, emocional y espiritual. Una buena nutrición es una parte importante del bienestar. Hay muchas clases gratuitas donde Ud. puede aprender más sobre como mejorar su salud.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	89
Combined Community Action	(979) 540-2990	(NW) Giddings	M, W, Fam, Free, Appt/Walk-ins, Lim, Private pay. . . . .	99
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/Washington	M only, Free, Lim, CD, Homeless & TB. . . . .	108
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins . . . . .	108
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Gold card, Esp. . . . .	110
Harris Co. PHES-Chronic Disease Prevention	(713) 439-6141	(C) Galleria/Post Oak	M, W, Free, Lim, Esp . . . . .	111
Harris Co. PHES-Tobacco Prevention & Cessation Program	(713) 439-6115	(C) Galleria/Post Oak	All, Free, Esp . . . . .	111
Harris Co. - Bear Creek WIC Center	(281) 345-4759	(W) Bear Creek	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5). . . . .	112
Harris Co. - Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5). . . . .	112
Harris Co. - Emerald Plaza WIC Center	(281) 444-0764	(NW)	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5). . . . .	112
Harris Co. - NAM WIC Center	(281) 587-8596	(N) Bammel	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5). . . . .	112
Harris Co. - Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/S. Belt	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5). . . . .	112
Harris Co. - South Houston WIC Center	(713) 941-5035	(SE) South Houston	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5). . . . .	112
Harris Co. - Tomball WIC Center	(713) 290-6246	(NW) Tomball	Free, Pregnant, postpartum, breastfeeding W, C (age 0-5). . . . .	112
Houston Buyers Club	(713) 520-5288	(C) Montrose	M, W, Free, Walk-ins	
InnerWisdom Counseling Center	(713) 592-9292	(C) Medical Center	M, W, Fam, All, Med, S\$, Self pay, Walk-ins, Esp . . . . .	116
InnerWisdom Wellness Center	(713) 592-9294	(C) Medical Center	M, W, All, S\$, Med, Appt req, Esp. . . . .	116

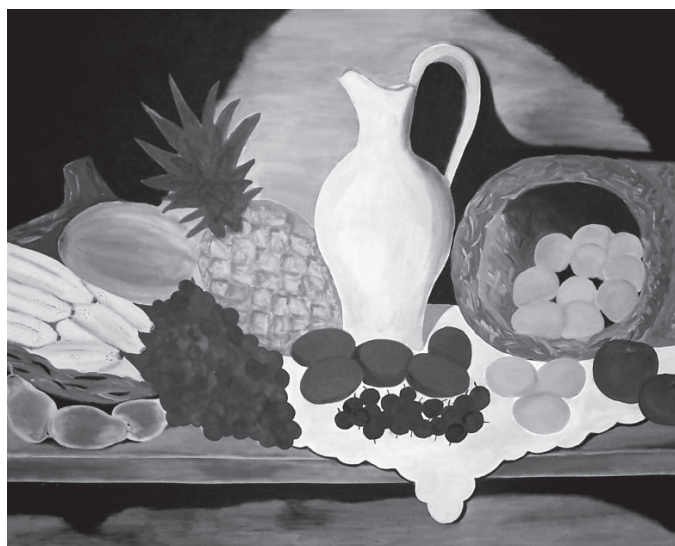
## Nutrition & Wellness / *Nutrición y Bienestar*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat fee, Limited scholarships . . . . .	118
Legacy CHS - Body Positive Wellness Program	(713) 830-3033	(C) Montrose	Y, M, W, Free, S\$, Med, Appt req, Lim, Esp . . . . .	118
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp. . . . .	156
Warren Corporation, The	(713) 541-9777	(SW) Fondren SW	M, W, I/RR, Appt req. . . . .	138

## Pharmacies / *Farmacias*

All of the pharmacies listed below accept Texas HIV Medication Program (THMP also known as ADAP) assignments (also see RESOURCES EVERYBODY SHOULD KNOW ABOUT).

For a complete list of participating pharmacies go to [www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm](http://www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm).



Art by Mauricio

Todas las farmacias mencionadas aquí aceptan asignaciones por parte del Programa de Medicamentos del VIH de Texas (ADAP). (Vea RECURSOS QUE TODOS DEBEN SABER).

Para una lista de las farmacias que participan en el programa vaya a [www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm](http://www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm)

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AMEX Pharmacy	(713) 237-9301	(C) Second Ward	All . . . . .	92
Bio Scrip Pharmacy	(713) 521-1700	(C) West University	All, Med, Esp . . . . .	97
Claude's Pharmacy	(281) 447-7648	(NW) Acres Home	All, Med, Walk-ins, Esp. . . . .	99
HCHD - NW Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, <b>HIV+ only</b> . . . . .	109
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp . . . . .	110
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Gold card, Esp. . . . .	110
Jack's Apothecary #2	(713) 733-7424	(C) Astrodome/ S. Loop	All, Med, Walk-ins, CD . . . . .	117
Kroger Pharmacy #243	(713) 526-1239	(C) Montrose	All . . . . .	117
Kroger Pharmacy #312	(713) 880-4661	(C) Heights	All . . . . .	117
Kroger Pharmacy #339	(281) 363-3595	(N) Spring	All . . . . .	117
Medicine Shoppe, The	(713) 923-1621	(C) Lawndale	All, Med . . . . .	120
Studewood Pharmacy	(713) 869-3487	(C) Heights	All, Med, Walk-ins, CD, Esp . . . . .	134
Twelve Oaks Pharmacy	(713) 627-2370	(C) Greenway Plaza	All, Med, Private pay, Ins, Esp . . . . .	136

# Prescription Assistance

## Asistencia para Prescripciones Médicas

The following local agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (second list below). Be aware that each manufacturer has its own eligibility rules and you will need your doctor's help applying. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.



Art by Kevin

Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (la segunda lista). Cada compañía tiene sus propios criterios de elegibilidad y necesitará la ayuda de su médico para solicitar esta asistencia. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	89
DSHS Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, <b>HIV+ only</b> , Restrictions apply . . . . .	102
Gulf Coast Community Svcs Assoc. (GCCSA)	(713) 393-4700	(C) Lawndale	All, Income guidelines, Appt/Walk-in, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Income guidelines, Appt/Walk-in, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Income guidelines, Appt/Walk-in, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Income guidelines, Appt/Walk-in, Esp . . . . .	107
GCCSA - North Point Station	(281) 272-1555	(N) Greenspoint	All, Income guidelines, Appt/Walk-in, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Income guidelines, Appt/Walk-in, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Income guidelines, Appt/Walk-in, Esp . . . . .	108
GCCSA - Spring Station	(281) 353-2439	(N) Spring	All, Income guidelines, Appt/Walk-in, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Income guidelines, Appt/Walk-in, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Income guidelines, Appt/Walk-in, Esp . . . . .	108
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	Fam, All, Free, Walk-ins . . . . .	115
Legacy CHS Medication & Insurance Assistance	(713) 574-9709	(C) Greenway Plaza	M, W, Appt Req, <b>HIV+ only</b> . . . . .	119
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free . . . . .	119
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156

# Pharmaceutical Companies Medication Assistance Programs

## Compañías Farmacéuticas Programas de Ayuda de Medicamentos

DRUG NAME	PHONE	MANUFACTURER
<b>ANTIRETROVIRAL</b>		
Abacavir (Ziagen)	1-866-728-4368	GlaxoSmithKline
Amprenavir (Agenerase)	1-866-728-4368	GlaxoSmithKline
AZT (see Zidovudine)		
Combivir (lamivudine/zidovudine)	1-866-728-4368	GlaxoSmithKline
Delavirdine (Rescriptor)	1-888-327-7787	Pfizer, Inc.
Efavirenz (Sustiva)	1-800- 736-0003, opt 2	Bristol-Myers Squibb
Indinavir (Crixivan)	1-800-850-3430	Merck & Co.
Kaletra (lopinavir/ritonavir)	1-800-222-6885, opt 2	Abbott Laboratories
Lamivudine (EpiVir, 3TC)	1-866-728-4368	GlaxoSmithKline
Nelfinavir (Viracept)	1-800-327-7787	Pfizer, Inc.
Nevirapine (Viramune)	1-800-556-8317	Boehringer-Ingelheim
Ritonavir (Norvir)	1-800-222-6885, opt 2	Abbott Laboratories
Saquinavir (Invirase)	1-866-247-5084	Roche Pharmaceuticals
Stavudine (Zerit)	1-800-736-0003, opt 2	Bristol-Myers Squibb
Tenofovir (Viread)	1-800-226-2056	Gilead Sciences
Trizivir (Abacavir, Lamivudine, Zidovudine)	1-866-728-4368	GlaxoSmithKline
Zidovudine (Retrovir, AZT)	1-866-728-4368	GlaxoSmithKline
<b>ANTIVIRAL</b>		
Acyclovir (Zovirax)	1-866-728-4368	GlaxoSmithKline
Alpha Interferon (Intron A)	1-800-521-7157, opt 2	Schering-Plough
Cidofovir (Vistide)	1-800-226-2056	Gilead Sciences
CMVlg (CytoGam)	1-877-633-4411	MedImmune
Famciclovir (Famvir)	1-800-444-4106	Together Rx Access
Imiquimod (Aldara)	1-866-628-6498, opt 2	Graceway Pharmaceuticals
Pegylated interferon alfa-2b (PEG-Intron)	1-800-521-7157	Schering-Plough
Pegylated interferon alfa 2a (Pegasys)	1-800-521-7157, opt 2	Schering-Plough
Rebetol (Ribavirin)	1-800-521-7157, opt 2	Schering-Plough
Valacyclovir (Valtrex)	1-866-728-4368	GlaxoSmithKline
Valganciclovir (Valcyte)	1-866-247-5084	Roche Pharmaceuticals
<b>ANTIFUNGAL</b>		
Amphotericin B (Liposomal)	1-800-345-2252	Enzon
Clotrimazole (Mycelex)	1-800-652-6227, opt 1	Johnson & Johnson
Fluconazole (Diflucan)	1-800-707-8990	Pfizer, Inc.
Itraconazole (Sporonox)	1-800-652-6227, opt 1	Johnson & Johnson
Ketoconazole (Nizoral)	1-800-444-4106	Together Rx Access
<b>ANTIMICROBIAL</b>		
Ciprofloxacin (Cipro)	1-800-521-7157, opt 2	Schering-Plough
Clindamycin (Cleocin)	1-800-707-8990	Pfizer, Inc.

# Pharmaceutical Companies Medication Assistance Programs

## Compañías Farmacéuticas Programas de Ayuda de Medicamentos

DRUG NAME	PHONE	MANUFACTURER
<b>ANTIPROTOZOAL</b>		
Atovaquone (Mepron)	1-866-728-4368	GlaxoSmithKline
Pyrimethamine (Daraprim)	1-866-728-4368	GlaxoSmithKline
Trimetrexate (NeuTrexin)	1 800-887-2467	Medimmune, Inc.
<b>ANTIBIOTIC/ANTIBACTERIAL</b>		
Albendazole (Albenza)	1-866-728-4368	GlaxoSmithKline
Azithromycin (Zithromax)	1-800-707-8990	Pfizer, Inc.
Clarithromycin (Biaxin)	1-800-222-6885	Abbott Laboratories
Doxycycline (Vibramycin)	1-800-707-8990	Pfizer, Inc.
Levofloxacin (Levaquin)	1-800-652-6227, opt 1	Johnson & Johnson
Ofloxacin (Floxin)	1-800-652-6227, opt 1	Johnson & Johnson
Trimethoprim/Sulfamethoxazole (Septra, Bactrim)	1-800-769-3880	Express Scripts Specialty
<b>ANTI-INFLAMMATORY, ANTI-ALLERGIC, AND IMMUNOLOGIC</b>		
Aldesleukin (Proleukin)	1-866-385-4729	Novartis
Cyclosporine (Sandimmune)	1-800-277-2254	Novartis
Filgrastim (Neupogen)	1-888-762-6436	Amgen, Inc.
Sargramostim (Leukine)	1-877-322-4448	Bayer
Hydroxyzine (Vistaril)	1-800-707-8990	Pfizer, Inc.
Thalidomide (Thalomid)	1-888-423-5436, opt 3	Celgene Corp.
<b>CARDIOVASCULAR</b>		
Nimodipine (Nimotop)	1-800-998-9180, opt 1	Bayer
<b>ENDOCRINE/METABOLIC</b>		
Atorvastatin (Lipitor)	1-800-707-8990	Pfizer, Inc.
Dronabinol (Marinol)	1-800-256-8918	Solvay Pharmaceuticals
Epoetin alfa (Procrit)	1-800-553-3851	Ortho-Biotech
Epoetin alfa (Epogen)	1-888-762-6436	Amgen
Fluvastatin (Lescol)	1-800-277-2254, opt 3	Novartis
Levocarnitine (Carnitor)	1-800-999-6673	Sigma-Tau Pharmaceuticals
Lovastatin (Mevacor)	1-800-769-3880	Express Scripts Specialty
Megestrol Acetate (Megace)	1-800-589-0841	Par Pharmaceutical
Octreotide acetate (Sandostatin LAR)	1-866-884-5906	Novartis
Pravastatin (Pravachol)	1-800-769-3880	Express Scripts Specialty
Simvastatin (Zocor)	1-800-769-3880	Express Scripts Specialty
<b>FUSION INHIBITOR</b>		
Enfuvirtide (Fuzeon T-20)	1-866-247-5084	Roche Pharmaceuticals
<b>GASTROINTESTINAL</b>		
Cimetidine (Tagamet)	1-866-699-8239	Xubex Pharmaceuticals
Famotidine (Pepcid)	1-800-769-3880	Express Scripts Specialty
Granisetron (Kytril)	1-888-587-9438, opt 3	Roche Pharmaceuticals
Mesalamine (Asacol SR)	1-800-830-9049	Procter & Gamble
Ranitidine (Zantac)	1-866-728-4368	GlaxoSmithKline



# Pharmaceutical Companies Medication Assistance Programs

## Compañías Farmacéuticas Programas de Ayuda de Medicamentos

DRUG NAME	PHONE	MANUFACTURER
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### ONCOLOGY

Alitretinoin (Panretin)	1-866-613-4724	Eisai, Inc.
Bleomycin (Bleomycin)	1-877-254-1039	TEVA Pharmaceuticals
Daunorubicin (Daunorubicin)	1-877-254-1039	TEVA Pharmaceuticals
Doxorubicin liposomal (Doxil)	1-800-609-1083, opt 1	Ortho-Biotech
Etoposide (Etoposide)	1-877-254-1039	TEVA Pharmaceuticals
Capecitabine (Xeloda)	1-888-587-9438, opt 3	Roche Pharmaceuticals
Mitoxantorone (Novantrone)	1-877-447-3243	Serono Laboratories, Inc.
Paclitaxel (Abraxane)	1-800-564-0216, opt 3	Abraxis Oncology
Prochlorperazine (Compazine)	1-800-769-3880	Express Scripts Specialty

### PSYCHOPHARMACOLOGIC & NEUROLOGIC

Carbamazepine (Tegretol)	1-800-277-2254, opt 3	Novartis
Clonazepam (Klonopin)	1-800-769-3880	Express Scripts Specialty
Fluoxetine (Prozac, Prozac Weekly)	1-800-545-6962	Eli Lilly & Co.
Hydroxyzine (Vistaril)	1-800-707-8990	Pfizer, Inc.
Lamotrigine (Lamictal)	1-866-728-4368	GlaxoSmithKline
Seraline (Zoloft)	1-800-707-8990	Pfizer, Inc.



Art by Gary



Art by Mark Mauboules

# Prevention Services / Servicios de Prevención

The following agencies provide outreach to at-risk populations and/or prevention education about HIV/AIDS and related health topics. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments.

Las siguientes agencias proveen alcance a poblaciones de alto riesgo y/o educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Los temas varían desde información básica del SIDA hasta información sobre tratamientos avanzados.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	89
AFH - Community Outreach & Education	(713) 623-6796	(C) River Oaks	Not specified . . . . .	90
AFH - Get Started Girl	(713) 623-6796	(C) River Oaks	W, I/RR, Free, Call for intake . . . . .	90
AFH - Popular Opinion Leader	(713) 623-6796	Central	M, Free, Call for intake. . . . .	91
AFH - Project Wall Talk	(713) 623-6796	Central	Not specified . . . . .	91
AFH - Voices/Voces	(713) 623-6796	Central	Adults only, African American or Hispanic, Free . . . . .	91
Alliance HIV/AIDS Health Promotion & Education Project	(713) 776-4700 Ext 137	(SW) Sharpstown	Free, <b>HIV+ only</b> , African Refugees/Immigrants . . . . .	92
AAMA	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Free, Walk-ins, CD, Esp . . . . .	93
BLOCK, The	(713) 734-2117	(S) Not specified	M, W, All, Free, <b>HIV+ only</b> , CD . . . . .	97
Bread of Life C.O.P.E. Team	(713) 659-3237	(C) Downtown	Adults, Appt/Walk-ins, Free, Lim . . . . .	97
By His Love Ministries, Inc.	(713) 659-7161	(C) Third Ward	All, Free, Appt req, CD . . . . .	97
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (13 - 21), Free, Parent/pregnant under 21, Esp . . . . .	100
F.U.U.S.A.	(713) 651-1470	(C) Third Ward	M, W, Y, Fam, Free, Appt req, CD . . . . .	104
FLAS, Inc. Hablemos en Confianza	(713) 772-2366	(SW) Sharpstown	All, Latino immigrants/families, I/RR, Free, Esp . . . . .	105
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD, <b>HIV+ only</b> . . . . .	106
Harris Co. P.H.E.S. - Antoine Health Clinic	(713) 602-3300	(NW) Inwood Forest	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Baytown Health Clinic	(281) 427-7656	(E) Baytown	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Humble Health Clinic	(281) 446-4222	(N) Humble	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - LaPorte Health Clinic	(281) 471-4202	(E) La Porte	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Southeast Health Clinic	(713) 740-5000	(SE) Pasadena	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
Harris Co. P.H.E.S. - Webster Health Clinic	(281) 338-0637	(SE) Webster	All, I/RR, Free, Walk-ins (call ahead), Esp . . . . .	111
HDHHS Communicable Diseases	(713) 794-9092	(C) Astrodome/ S. Loop	All . . . . .	114
Legacy CHS Positive Options	(713) 830-3000	(C) Montrose	Adults only, <b>HIV+ only</b> , Free, Call for intake . . . . .	118
Legacy CHS Healthy Relationships	(713) 830-3057	(C) Montrose	Adults only, <b>HIV+ only</b> , Free, Call for intake . . . . .	118

## Prevention Services / Servicios de Prevención

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Montrose Counseling Center Education & Prevention	(713) 529-0037	(C) Montrose	M, W, All, I/RR, Free, Appt req, CD, Esp . . . . .	122
Motherland, Inc. - Voices of our Youth	(713) 290-0001	(NW) Independence Heights	All, Free, Appt/Walk-ins, CD, Esp . . . . .	122
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD. . . . .	123
Planned Parenthood of Houston & SE Tx	(800) 230-PLAN	ALL	M, W, Y, Free, Walk-ins, Esp. . . . .	126
Positive Efforts	(713) 812-0044	(NW) Oak Forest	W, All, Free, CD. . . . .	127
SOCKS - Saving our Community Kids...Seniors	(713) 225-3333	(C) Fifth Ward	All, I/RR, Free, Walk-ins, Call for intake.. . . . .	128
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, Esp, <b>HIV+ only</b> . . . . .	132
St. Hope Foundation - Fusion	(713) 523-0093	(C) Montrose	M (ages 16 & up), Free, I/RR, Walk-ins. . . . .	132
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/Walk-in, Referral req, Call for intake. . . . .	135
Warren Corporation, The	(713) 541-9777	(SW) Fondren SW	M, W, I/RR, Appt req. . . . .	138

## Public Assistance / Asistencia Pública

The following is a list of government-funded agencies that offer a variety of social services and programs, mainly for low-income, disabled or abused/neglected persons.

Estas agencias reciben fondos del gobierno y ofrecen una variedad de servicios y programas sociales, principalmente a personas con bajos recursos económicos, discapacitadas o abusadas/negligentes.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Department of Assistive & Rehabilitative Services	(713) 267-8510	(SW) Woodlake	All, Free, Disabled. . . . .	101
DSHS – Star Health Plan Helpline	(800) 964-2777	Statewide	All, Medicaid recipients . . . . .	102
DSHS – Children w/Special Health Care Needs	(713) 767-3111	Statewide	C, Y, Free . . . . .	102
DSHS – Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, <b>HIV+ only</b> , Restrictions apply . . . . .	102
DSHS, Public Region 6/5 South	(713) 767-3420	(C) Lawndale	Not specified . . . . .	102
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, Walk-ins, CD . . . . .	106
HCHD – Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp . . . . .	110
Harris County Public Health Services	(713) 439-6000	(C) Galleria/ Post Oak	Not specified . . . . .	110
Harris Co. Public Health Services – WIC Pgm	(713) 439-6145	(C) Galleria/ Post Oak	Free, Pregnant, postpartum & breastfeeding W, C (age 0-5). . . . .	111
HDHHS – Lyons Avenue Health Center	(713) 671-3041	(C) Denver Harbor	Not specified . . . . .	114
HDHHS Medical Center Clinic	(713) 794-9640	(C) Medical Center	Not specified . . . . .	114
Social Security Administration	(800) 772-1213	ALL	All, Walk-ins, Free, Esp . . . . .	130
Texas DFPS Report Abuse in MHMR Facilities	(800) 647-7418	Statewide	All, Free . . . . .	134
Texas DFPS Abuse, Neglect & Exploitation Reporting System	(800) 252-5400	Statewide	All, Free, Esp . . . . .	134

# Social Support & Activities

## Apoyo Social y Actividades

Many people in the Houston area volunteer their time to help HIV infected persons and their families. Some volunteers serve as “buddies” by developing one-on-one relationships with HIV+ persons who need additional social or emotional support. “Phone buddies” provide support through telephone contact. “Care Teams” are groups of volunteers who provide companionship. Some volunteers help with food preparation, transportation, and running errands. Call one of the following agencies if you need this type of assistance. Also, there are many activities for HIV+ people and opportunities to meet others in the Houston area.



Art by Tammy

Muchos en Houston son voluntarios y ayudan a las personas infectadas con el VIH y sus familias. Algunos toman el papel de “amigo” al desarrollar una relación con la persona VIH+ quien necesita apoyo social o emocional. Los “Amigos telefónicos” proveen apoyo por medio del teléfono. “Equipos de apoyo” son grupos de voluntarios que proveen compañía. A veces, los voluntarios ayudan con transporte, mandados o la preparación de alimentos. Llame si necesita este tipo de asistencia. En adición, hay muchas actividades y oportunidades donde una persona VIH+ puede conocer a otras en Houston.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Alliance for Multicultural Community Services	(713) 776-4700	(SW) Sharpstown	M, W, All, Free, Walk-ins, <b>HIV+ only</b> , Esp . . . . .	92
Art League Houston HIV+ Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location . . . . .	93
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, Free, Lim, CD, Homeless & TB. . . . .	108
HCHD - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
HCHD - Thomas Street Health Center	(713) 873-4000		M, W, Free, S\$, Med, <b>HIV+ only</b> , Gold card, Esp . . . . .	110
HCHD - Women’s Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Gold card, Esp . . . . .	110
Houston Humane Society	(713) 433-6421	(S)	All, Flat fee, Appt req, Esp . . . . .	115
Interfaith CarePartners® - AIDS Care Team®	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts rural collect calls, Esp . . . . .	116
Living without Limits, Living Large, Inc.	(832) 545-5689	(N) Homestead	Infected/affected heterosexuals (M & W), Free . . . . .	119
Pet Patrol	(281) 733-7696	All	All (low income & disabled), Free, S\$, Appt Req, Call for intake . . . . .	126
Positive Brothers United Volunteer Outreach Project	(713) 454-7548	(C) Near Northside	M, W, <b>HIV+ only</b> , Free, Walk-ins . . . . .	126
Resurrection Metropolitan Community Church	(713) 861-9149	(C) Heights	All, Appt req, ID . . . . .	127

## Social Support & Activities / Apoyo Social y Actividades

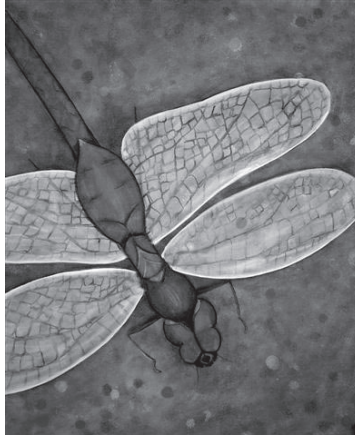
Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Alliance for Multicultural Community Services	(713) 776-4700	(SW) Sharpstown	M, W, All, Free, Walk-ins, <b>HIV+ only</b> , Esp . . . . .	92
Art League Houston HIV+ Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location . . . . .	93
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, Free, Lim, CD, Homeless & TB. . . . .	108
HCHD - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Gold card, Esp . . . . .	110
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Gold card, Esp . . . . .	110
Houston Humane Society	(713) 433-6421	(S)	All, Flat fee, Appt req, Esp. . . . .	115
Interfaith CarePartners® - AIDS Care Team®	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts rural collect calls, Esp . . . . .	116
Living without Limits, Living Large, Inc.	(832) 545-5689	(N) Homestead	Infected/affected heterosexuals (M & W), Free . . . . .	119
Pet Patrol	(281) 733-7696	All	All (low income & disabled), Free, S\$, Appt Req, Call for intake . . . . .	126
Positive Brothers United Volunteer Outreach Project	(713) 454-7548	(C) Near Northside	M, W, <b>HIV+ only</b> , Free, Walk-ins . . . . .	126
Resurrection Metropolitan Community Church	(713) 861-9149	(C) Heights	All, Appt req, ID . . . . .	127
SEARCH	(713) 739-7752	(C) Midtown	All, I/RR, Free, Walk-ins, CD, Homeless only, Esp. . . . .	129
West Gray Adaptive Recreation Center	(713) 284-1973	(C) Montrose	Free. . . . .	138
West Houston HIV Embracing Life Support Group	(281) 620-6280	(W) Katy	M, W, Fam, Free, Appt req. . . . .	138



Art by Kenneth Willet

# Transportation / Transporte

For HIV infected persons without their own transportation, it can be very hard to access services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need transportation and other restrictions may apply. Be aware that not all agencies will service your area, and that Metro offers special van services for the disabled individual. Part A clients may be eligible to receive an annual bus pass, see your case manager for details.



Art by Gary

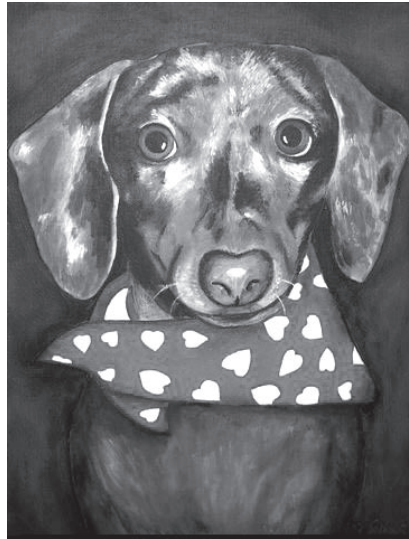
Para muchas personas infectadas con el VIH que no tienen su propio transporte les es muy difícil el acceso a los servicios. Las siguientes agencias ofrecen transpor-tación con destino a servicios médicos y/o sociales, pero podría tener que hacer reservaciones mucho antes al día que necesite el transporte, y otras restric-ciones podrían aplicar. Metro ofrece trans-porte de grupos a personas discapacitadas. Los clientes del Parte A pueden ser elegibles a recibir un pase anual de Metro. Hable con un administrador de casos para más detalles.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> Free, CD, Esp . . . . .	89
AFH Project "Need A Ride"	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> , W, C, Y, Free, Referral required . . . . .	91
Gulf Coast Center, The	(800) 643-0967	(S) Alvin	All, S\$, Appt req, CD, Esp . . . . .	106
GCCSA - Gulf Coast Community Svcs Assoc.	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
Harris County Rides	(713) 368-7433		Disabled, Elderly or low income, Flat, Esp . . . . .	112
Harris County CEDD Social Svcs Division	(713) 696-7900	(NE) Eastex/Jensen	All, Free, Appt/Walk-ins . . . . .	108
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt req, <b>HIV+ only</b> , Esp . . . . .	132
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	156

# Treatment Information & Clinical Trials

## Información de Tratamientos y Pruebas Clínicas

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options. To help advance research and have access to “cutting edge” treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. HIV+ persons who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other HIV infected people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS.



Art by Gary

Con tantos nuevos tratamientos prometedores, es ahora más importante que nunca el mantenerse informado/a. Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y otras a bajo costo. Para ayudar al adelanto de los tratamientos médicos, considere participar en pruebas clínicas. El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas VIH+ participan gratuitamente y quizás no vean beneficios inmediatos (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas VIH+ a vivir una vida más prolongada y saludable. Médicos pueden conectar a pacientes a las pruebas clínicas (vea PUBLICACIONES).

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AIDS Clinical Trials Information Svc.	(800) HIV-0440	ALL	All, Free, Esp . . . . .	89
Center for AIDS, The	(713) 527-8219	(C) Montrose	All, Free, Esp . . . . .	98
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, <b>HIV+ only</b> , Appt/Walk-ins, Gold card, Esp . . . . .	110
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, <b>HIV+ only</b> , Gold card, Esp . . . . .	110
Legacy CHS Clinic Research	(713) 830-3033	(C) Montrose	Y, M, W, Free, Appt req, <b>HIV+ only</b> , Esp . . . . .	118
UTMB Galveston - AIDS Clinical Trials Unit	(409) 747-0214	(SE) Galveston	M, W, Appt req, <b>HIV+ only</b> . . . . .	137

# STAY INFORMED

## IMPORTANT:

It is vitally important that you take your medications exactly as prescribed, especially protease inhibitors. If you do not, the HIV in your body may become resistant to the medication and it will stop working! If you are experiencing unbearable side effects, notify your physician right away and ask him or her what you should do.

## CD4 (T-CELL) COUNT:

Your immune system contains different types of cells that help protect the body from infection. One of these types of specialized cells is called the CD4 or T-cells. HIV attacks these types of cells and uses them to make more copies of HIV. In doing so, the CD4 cell becomes unable to do its job of protecting the body. At first, the body can make more of these T-cells but eventually the body can't keep up and the number of working T-cells decreases. This weakens the immune system and leaves the body at risk for different types of infections.

On a regular basis, your doctor will draw blood and measure the number of T-cells. The higher the number the better able your immune system to do its job. Most people without HIV have about 700 to 1000 CD4 cells. HIV infected people are considered to have "normal" CD4 counts if the number is above 500. If the number drops below 200, you are said to have AIDS and your doctor will start you on preventative medications to ward off infections and keep you healthy.

## VIRAL LOAD:

The viral load test measures how much HIV is in your blood. Left untreated, the amount of HIV in the blood (viral load) increases as HIV disease progresses. A viral load above 100,000 is generally considered high. Unlike CD4 counts, where "higher is better," a "low" or "undetectable" viral load is considered desirable. Keep in mind, however, that an "undetectable" viral load does not mean that there is no more HIV in your body, only that there is less HIV in the blood than the test is able to measure. HIV might also be "hiding" in other organs in the body.

One way doctors use viral load testing is to measure the effectiveness of medications. If your viral load is staying the same over time or going down, your medication(s) are probably working. If your viral load is going up, your doctor may want to try a different medication regimen. Using both CD4 counts and viral load testing gives your doctor a more complete picture of your individual disease progression and, in turn, the best treatment strategy for you.



# MANTÉNGASE INFORMADO

## IMPORTANTE:

Es de vital importancia que Ud. tome sus medicamentos exactamente según las indicaciones, especialmente los inhibidores de proteasa. Si no lo hace, el VIH en su cuerpo podría hacerse resistente al medicamento y dejarlo inefectivo. Si padece de efectos secundarios intolerables, notifique a su doctor inmediatamente.

## CONTEO DEL CD4 (CÉLULAS T):

El sistema inmunológico contiene diferentes tipos de células que ayudan a proteger al cuerpo de la infección. Uno de estos tipos de células especializadas se llama CD4 o células T. El VIH ataca a estas células y las usan para hacer más copias del VIH. Al hacerlo, el CD4 ya no puede cumplir con la función de proteger al cuerpo. Al principio, el cuerpo puede producir más de estas células, pero eventualmente no puede seguir produciéndolas y la cantidad de células se reduce. Ésto causa que el sistema inmunológico se debilite y ponga al cuerpo a riesgo de diferentes tipos de infecciones.

Periódicamente su médico extraerá su sangre y medirá el número de células T. Mientras más elevado el número, mejor podrá el sistema inmunológico cumplir con su función. La mayoría de las personas sin el VIH tiene de 700 a 1000 células del CD4. Se considera "normal" si las personas infectadas con el VIH tienen un conteo del CD4 mayor de 500. Si el conteo es menor de 200, se dice que la persona tiene SIDA y el médico le recetara medicamentos preventivos en defensa de las infecciones y así mantenerle saludable.

## CARGA VIRAL:

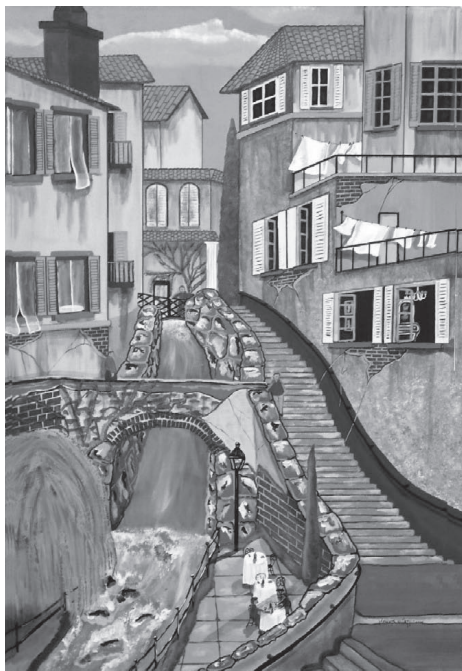
La prueba de la carga viral mide cuanto VIH hay en su sangre. Si Ud. no recibe tratamiento, la cantidad del VIH en la sangre (carga viral) aumenta a medida que el VIH progresa. Una carga viral sobre 100,000 es considerada alta. A diferencia del conteo del CD4, donde un resultado elevado es mejor, una carga viral baja o indetectable es deseable. Sin embargo, tome en cuenta que una carga viral "indetectable" no significa que ya no existe el VIH en la sangre sino que la prueba no es capaz de detectar una pequeña cantidad. El VIH también puede estar "escondido" en otros órganos del cuerpo.

La prueba de la carga viral constituye un medio a través del cual los médicos miden la efectividad de los medicamentos. Si la carga viral se mantiene o ha disminuido con el tiempo, es probable que los medicamentos hayan sido efectivos. Si la carga viral aumenta, es posible que su doctor quiera intentar con un medicamento diferente. El uso conjunto del conteo CD4 y la prueba de la carga viral permite a su doctor obtener un panorama más completo del desarrollo de su enfermedad y por consecuencia elegir la mejor estrategia de tratamiento.

# Veterans' Services

## Servicios para Veteranos

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge—honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad contact discharges issued by general courts-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.



Art by Kenneth Willet

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.

\*If you are a veteran, contact the VA eligibility office; you may be eligible for a pension or other benefits that you did not even know about!

\* Si Ud. es un veterano, póngase en contacto con la Oficina de Elegibilidad de la VA; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios!

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Arlington National Funeral Home	(713) 692-5555	(N) Northside	All, Walk-ins. . . . .	100
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins. . . . .	100
Harris Co. CEDD Social Services Division	(281) 876-6600	(NE) Eastex/Jensen	All, Free, Appt/Walk-ins . . . . .	108
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD. . . . .	122
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD. . . . .	123

# Volunteer Opportunities

## Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services.



Art by Gary

Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente.

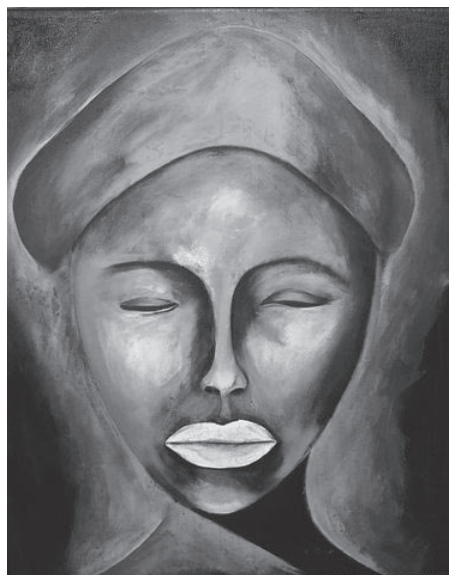
¡Para mayor información y participar, llame hoy!

To find out more and get involved, call today!

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH - Volunteer Services	(713) 623-6796	(C) River Oaks	Not specified . . . . .	91
Ft. Bend County Women's Center	(281) 342-0251	(SW) Rosenberg	Not specified . . . . .	104
GCCSA - Gulf Coast Community Svcs Assoc.	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	108
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp. . . . .	108
Harmony Health Recovery Center	(713) 237-1765	(C) Memorial/ Washington	M only, CD . . . . .	108
Legacy Community Health Services	(713) 830-3000	(C) Montrose	M, W, Esp . . . . .	118
MCC - Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All . . . . .	122
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, <b>HIV+ only</b> , Walk-ins, CD . .	123
Positive Brothers United Volunteer Outreach Project	(713) 454-7548	(C) Near Northside	M, W, <b>HIV+ only</b> , Free, Walk-ins. . . . .	126
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y . . . . .	127
Ryan White Planning Council	(713) 572-3724	(C) Galleria/ Post Oak	All, Application/Interview . . . . .	128
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Esp . . . . .	138

# Women's Services / Servicios para Mujeres

Many HIV infected women have discovered that there do not seem to be as many services for them as there are for HIV infected men. However, this situation is slowly changing. The Houston area offers OB/GYN care and family planning to HIV+ women through physicians and community clinics. Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.



Art by Gary

Muchas mujeres infectadas con el VIH han descubierto que parece no haber tanta ayuda para ellas como la hay para los hombres. Sin embargo, esta situación está cambiando. El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar. Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea SERVICIOS PARA NIÑOS). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.

## HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Turning Point - Crisis Shelter	(281) 286-2525	(SE) Webster	All, Fam, Appt req, <b>HIV+ only</b> , CD, Esp. . . . .	94
FamilyTime Crisis & Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only) . . . . .	104
Ft. Bend County Women's Center	(281) 342-0251	(SW) Rosenberg	M, W, Y, Families, Free, Appt/Walk-ins, Esp . . . . .	104
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	114
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp . . . . .	123
Santa Maria Hostel West	(281) 657-0877 Option 1	(NW) Spring Branch	W, Fam, S\$, Appt req, CD, Esp. . . . .	128
Star of Hope Transitional Living Center	(713) 748-7242	(C) MacGregor	W, Fam, Lim, Free, Esp . . . . .	133
Star of Hope Women and Family Shelter	(713) 222-2220	(C) Second Ward	W, Fam, Lim, free, Esp . . . . .	133
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, F, Free, S\$, CD. . . . .	137
Wellsprings - Long Term Housing	(713) 529-6559	(C) Not specified	W, C, Y, I/RR, Appt req, Lim, CD. . . . .	138
Wellsprings - Short Term Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD. . . . .	138
Wellsprings - Transitional Housing	(713) 529-6559	(C) Not specified	W, I/RR, Appt req, Lim, CD. . . . .	138

# Women's Services / Servicios para Mujeres

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Ft. Bend Family Health Center – Waller Center	(936) 261-1470	(NW) Prairie View	All, Appt/Walk-ins, S\$, Med, Esp . . . . .	105
Ft. Bend Family Health Center, Inc.	(281) 342-0529 Ext. 138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co., Indigent, RW Pt B . . . . .	104
HCHD - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Gold card, Esp . . .	110
Legacy Community Health Svcs Women's Clinic	(713) 830-3000	(C) Montrose	W, Appt req, Amerigroup, Med, Many health ins plans, Esp. . . . .	118
PHNST - Hunter A. Hammill, MD	(713) 799-8994	(C) Medical Center	W, All, Appt req, CD, Esp . . . . .	127
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	ALL	M, W, Y, Free, Walk-ins, Esp. . . . .	126
Walker County Maternal and Child Health Center	(936) 295-7474	(N) Huntsville	M, W, C, Y, Appt req, Med, Flat fee, S\$, Esp . . . . .	137

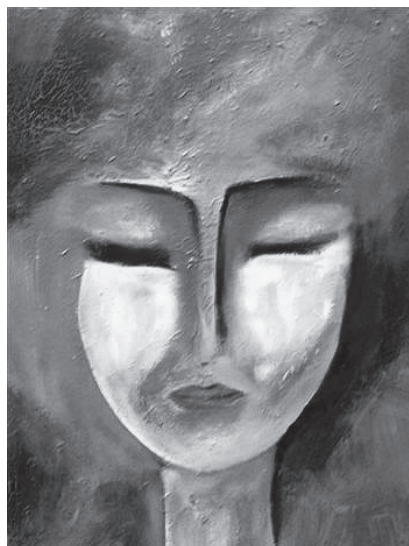
## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Bay Area Turning Point, Inc.	(281) 338-7600	(SE) Webster	M, W, All, Fam, Free, Appt req, <b>HIV+ only</b> . . . . .	94
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp . . . . .	97
FamilyTime Crisis & Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only) . . . . .	104
Ft. Bend County Women's Center	(281) 342-0251	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-ins, Esp . . . . .	104
Ft. Bend Family Health Center, Inc.	(281) 342-0529 x138 or 149	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. Indigent, RW Pt B . . .	104
Harris Co. PHES WIC Program	(713) 439-6145	(C) Galleria/Post Oak	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	111
Harris Co. PHES Bear Creek WIC Center	(281) 345-4759	(W) Bear Creek	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Decker Drive WIC Center	(281) 424-8366	(SE) Baytown	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Emerald Plaza WIC Center	(281) 444-0764	(NW)	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Pasadena WIC Center	(713) 477-3526	(SE) Pasadena	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Red Oak WIC Center	(281) 880-8527	(N) Bammel	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Scarsdale WIC Center	(281) 922-6546	(SE) Ellington/S. Belt	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES South Houston WIC Center	(713) 941-5035	(SE) South Houston	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112
Harris Co. PHES Tomball WIC Center	(281) 255-3881	(NW) Tomball	Pregnant/postpartum/breastfeeding W, C (age 0-5), Free . . . . .	112

# Women's Services / Servicios para Mujeres

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. ....	114
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest	S\$, Appt Req, CD. ....	122
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, C, Y, All, Free, Appt req, Lim, Esp. ....	123
Positive Efforts	(713) 812-0044	(NW) Oak Forest	W, All, Free, CD. ....	127
Santa Maria Hostel	(713) 228-2582	(C) Near Northside	W, I/RR, CD, Free, Appt Req. ....	128
Santa Maria Hostel	(281) 657-0898	(W) Spring Branch	W, I/RR, CD, Free, Appt Req. ....	128
Santa Maria Hostel North	(281) 657-0877, Option 1	(C) Near Northside	W, S\$, Appt req, CD, Esp. ....	128
Santa Maria Hostel West	(281) 657-0877, Option 1	(NW) Spring Branch	W, Fam, S\$, Appt req, CD, Esp. ....	129
Texas Advocacy Project (formerly Women's Advocacy Project)	(800) 777-FAIR	Statewide	M, W, Fam, Free, Appt req, Lim. ....	134
VOA - McGovern Campus	(713) 692-8190	(N) Independence Heights	W, Fam, Free, S\$, CD. ....	137
Warren Corporation, The	(713) 541-9777	(SW) Fondren Southwest	M, W, I/RR, Appt req. ....	138

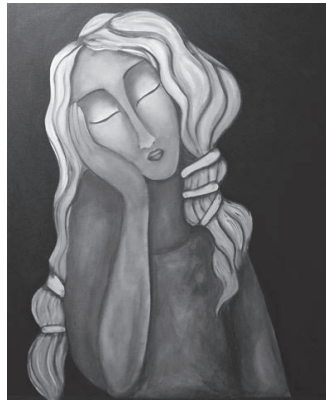


Art by Gary

# Youth/Teen Services

## Servicios para Jóvenes/Adolescentes

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.



Art by Gary

Los jóvenes que viven con el VIH tienen necesidades muy particulares. Si Ud. tiene entre 13 y 19 años de edad y tiene el VIH, por favor llame a una de las agencias mencionadas aquí; ellos tienen programas especiales para jóvenes con el VIH.

### HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AHCH - West Heights House	(713) 864-1795	(C) Heights	Age 18 & up, Flat fee, Appt req, Lim, <b>HIV+ only</b> . . . . .	92
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 13 - 21), Free, Parent/pregnant moms under 21, Esp. . . . .	100

### MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
Baylor - Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Free, Appt required, Open Tues-Wed. . . . .	94
Baylor - Teen Health Clinic Lee High School	(713) 787-1756	(SW) Gulfton	All, Appt required, Students of Lee HS only. . . . .	95
Baylor - Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Free, Appt required . . . . .	94
Baylor - LBJ Teen Clinic	(713) 566-5612	(NE) Trinity/Hou Gardens	Free, Y (ages 13-21), Appt required . . . . .	95
Baylor - Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Free, Appt required . . . . .	95
Baylor - Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Free, Appt required . . . . .	95
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (13 - 21), Free, Parent/pregnant moms under 21, Esp. . . . .	100
Ft. Bend Family Health Center - Waller Center	(936) 261-1470	(NW) Prairie View	All, S\$, Med, Appt/Walk-ins, Esp . . . . .	105
HCHD - NW Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
Medcare Pediatric Group	(713) 773-5100	(E) Channelview	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	120
Medcare Pediatric Group	(713) 773-5100	(SW) Stafford	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	120
Planned Parenthood of Houston & SE Texas	(800) 230-PLAN	ALL	Call to auto-connect to nearest clinic . . . . .	126

# Youth/Teen Services / Servicios para Jóvenes/Adolescentes

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
AFH Focus on Youth	(713) 623-6796	(C) River Oaks	Y (ages 13-18), Free . . . . .	90
AFH Positive Vibe	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> , Y (ages 13-24), Free, Referral req . . . . .	91
AFH Teen Leadership Forum	(713) 623-6796	(C) River Oaks	<b>HIV+ only</b> , Y (ages 16-19), Free, Lim . . . . .	91
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (age 13-21), Free, Parent/ pregnant moms under 21, Esp . .	100
Cypress Creek Hospital	(281) 586-7600	(NW) Bammel	Age 13 & up, Med, Private pay, Ins, Walk-ins, CD, Esp . . . . .	100
DePelchin Children's Center	(281) 427-1300	(E) Baytown	C, Y (ages 13 - 18), Appt req, S\$, Med, Ins, CHIP . . . . .	102
DePelchin Children's Center	(281) 730-2335	(W) Brookshire	C, Y (ages 13-18), Appt req, S\$, Med, Ins . . . . .	102
DePelchin Children's Center	(281) 282-6062	(SE) Clear Lake	C, Y (ages 13 - 18), Appt req, Med, Ins, CHIP, S\$ . . . . .	103
DePelchin Children's Center	(713) 730-2335	(C) Memorial Park	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP, Appt req . . . . .	103
DePelchin Children's Center	(281) 730-2335	(SW) Stafford	C, Y (ages 13 - 18), S\$, Med, Ins, CHIP . . . . .	102
DePelchin Children's Center	(281) 730-2335	(N) Woodlands	C, Y (ages 13 - 18), S\$, Med, CHIP, Appt req, Ins . . . . .	102
FLAS, Inc. HIV Prevention Among Hispanic Youth	(713) 772-2366	(SW) Sharpstown	Y (Hispanic, ages 11-21), Free, Lim, Esp . . . . .	105
FUUSA	(713) 651-1470	(C) Third Ward	M, W, Y, Fam, Free, Appt req, CD . . . . .	104
GCCSA - Gulf Coast Community. Svcs Assoc	(713) 393-4700	(C) Lawndale	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	106
GCCSA - Acres Home Multi Service Center	(713) 692-1046	(NW) Acres Home	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - JD Walker Multi Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Kashmere Multi Service Center	(713) 674-1301	(C) Kashmere	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Magnolia Multi Service Center	(713) 921-2960	(C) Magnolia Park	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Northwest Assistance Ministries	(281) 397-0176	(N) Greenspoint	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - South Houston	(713) 378-4747	(SE) South Houston	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	107
GCCSA - Southwest Station	(713) 541-5205	(SW) Westwood	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
GCCSA - Sunnyside Multi Service Center	(713) 734-6553	(S) Sunnyside	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
GCCSA - Third Ward Multi Service Center	(713) 521-9957	(C) Third Ward	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108



# Youth/Teen Services / Servicios para Jóvenes/Adolescentes

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla	Page #
GCCSA - Tomball Station	(281) 357-5423	(N) Tomball	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	108
HCHD - NW Community Health Center	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	109
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	114
Medcare Pediatric Group	(713) 773-5100	(E) Channelview	C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	120
Montrose Counseling Center - HATCH	(713) 529-3590	(C) Montrose	Y, Free, Walk-ins . . . . .	113
Motherland, Inc. Voices of our Youth	(713) 290-0001	(NW) Independence Heights	All, Free, Appt/Walk-ins, CD, Esp . . . . .	122
Noah's Glen Residential Treatment Center	(713) 683-9144	(NW) Acres Home	M (age 13-18), CD, S\$, Ins, Financing Avail, Appt req . . . . .	123
Palmer Drug Abuse Program	(281) 589-4832	ALL	Y, Free, Walk-ins, CD. . . . .	125
PDAP Age 12 to 17 group	(713) 668-0133	(C) Bellaire	Y, Free, Walk-ins, CD. . . . .	125
PDAP Age 12 to 17 group	(281) 870-9311	(NW) Addicks/Park 10	Y, Free, Walk-ins, CD. . . . .	125
PDAP Age 12 to 17 group	(281) 870-9311	(W) Memorial	Y, Free, Walk-ins, CD. . . . .	125
PDAP Age 12 to 17 group	(281) 528-7908	(N) Spring	Y, Free, Walk-ins, CD. . . . .	125
PDAP Age 18 to 25 group	(281) 857-2648	(W) Memorial	Adults (ages 18-25), Free, Walk-ins, CD . . . . .	125
PDAP Age 18 to 25 group	(713) 857-2648	(W) Memorial	Adults (ages 18-25), Free, Walk-ins, CD . . . . .	125
PDAP Age 18 to 25 group	(281) 857-7874	(N) Spring	Adults (ages 18-25), Free, Walk-ins, CD . . . . .	125
St. Hope Foundation Fusion Program	(713) 523-0093	(C) Montrose	M (ages 16 & up), Free, I/RR, Walk-ins. . . . .	132
Texas DFPS Runaway Hotline	(888) 580-HELP	Statewide	C, Y, Families, Free, Esp. . . . .	135
Texas DFPS Youth Hotline	(800) 210-2278	Statewide	C, Y, Families, Free, Esp. . . . .	135
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral req, Call for intake. . . . .	135
West Oaks Hospital	(713) 995-0909	(SW) Sharpstown	All, Med, Private pay, Ins, Walk-ins, CD, Esp . . . . .	139



Art by Gary

# Alphabetical Listing of Agencies

## Lista de Agencias por Orden Alfabético



### 3 "A" BEREAVEMENT FOUNDATION (3ABF)

5330 Griggs Road, Suite C104  
Box 34  
Houston, TX 77021

MAIN: (713) 845-2596  
FAX: (713) 845-2575  
WEB: [www.3abereavement.org](http://www.3abereavement.org)  
CITY SECTION: South  
NEIGHBORHOOD: OST/South Union  
LEGEND: All, Income-based eligibility, Free

*3ABF is a faith-based nonprofit organization, established in 1997 to eliminate the feelings of despair and hopelessness experienced by indigent and low-income bereaved families who have limited or no means to bury their loved ones. Most of the families served by 3ABF are classified as the working poor. These are hard working individuals and families trapped in terrible circumstances. These are the loved ones of crime victims, AIDS patients, the severely disabled, the elderly on fixed incomes, stillborn infants, babies and children with birth defects or terminal illnesses, runaways, etc.*

*3ABF assists and accompanies bereaved families through the often unfamiliar and difficult process of making funeral arrangements for a love one. Comprehensive services, including arrangements, financial assistance and counseling, are freely rendered without regard to ethnic, religious or cultural background to indigent and low-income families that lack the financial means for a funeral service*

### A CARING SAFE PLACE

1804 Carr Street  
Houston, TX 77026

MAIN: (713) 225-5441  
FAX: (713) 225-5442  
WEB: [www.acaringsafeplace.com](http://www.acaringsafeplace.com)  
CITY SECTION: Central  
NEIGHBORHOOD: Fifth Ward

LEGEND: M, S\$, Appt Req, HIV+ only, CD, Esp

*Long term housing program which includes case management, alcohol and chemical dependency 12 step groups, life skills training, job search, placement and vocational training and preparation for re-entry into independent living.*

### ADULT REHABILITATION SERVICES

6624 Hornwood  
Houston, TX 77074

MAIN: (713) 541-4422  
FAX: (713) 541-9085  
WEB: [www.adultrehab.com](http://www.adultrehab.com)

CITY SECTION: Southwest  
NEIGHBORHOOD: Sharpstown  
AREA SERVED: Harris, Ft. Bend  
LEGEND: M, W, CD  
*Methadone maintenance and counseling.*

### ADVOCACY, INC.

1500 McGowan Street, Suite 100  
Houston, TX 77004

MAIN: (713) 974-7691  
FAX: (713) 974-7695  
TOLL FREE: (800) 880-0821  
TTY: (713) 974-7691  
INTAKE: (800) 252-9108  
WEB: [www.advocacyinc.org](http://www.advocacyinc.org)

CITY SECTION: Central  
NEIGHBORHOOD: Midtown  
AREA SERVED: Anderson, Angelina, Brazoria, Chambers, Cherokee, Ft. Bend, Galveston, Harris, Hardin, Houston, Jasper, Jefferson, Liberty, Matagorda, Montgomery, Nacogdoches, Newton, Orange, Walker, Waller & Wharton counties

LEGEND: CD, Appt Req, Families  
*Free Legal advocacy for persons with disabilities. Intake M-F 9:00am-12:30pm*

*Defensa legal para personas incapacitadas. Cita inicial de lunes a viernes, 9:00am a 12:30pm.*

### AID TO VICTIMS OF DOMESTIC ABUSE

1001 Texas Avenue, Suite 600  
Houston, TX 77002

MAIN: (713) 224-9911  
FAX: (713) 715-6935  
TOLL FREE: (866) 901-0974  
WEB: [www.adva-tx.org](http://www.adva-tx.org)

CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: Harris County  
LEGEND: Adults, families, S\$, walk-ins, Esp

### Victim Advocacy Services

*The following services are available to all victims of domestic violence both over the telephone and in person: Crisis counseling and safety planning; Information about the criminal justice system; Information about family law; Referral for shelter, counseling and other needed services; and advocacy with the criminal justice system and other agencies*

### Legal Advocacy Services

*A full time staff attorney and three contract attorneys licensed by the State Bar of Texas provide legal representation in family law matters to victims of domestic violence who meet program guidelines. An initial screening by Client Advocates at AVDA is required. All Legal Advocacy Project services are free. However, clients accepted for legal representation are responsible for Harris County filing fees and other court costs. The Legal Advocacy Program is conveniently located close to the courts in downtown Houston at the corner of Main and Texas. Please call ahead to schedule office visits. Evening and weekend appointments are available.*

### Battering Intervention and Prevention Services (BIPP)

*A psycho-educational counseling program for men and women (separate programs) who are violent, abusive and/or controlling in their intimate relationships. Participants in the program attend a minimum of eighteen weekly group sessions*

with a trained facilitator. Facilitators are degreed professionals and many have licensure as a Master Social Worker, Psychological Associate or Professional Counselor. The group sessions educate participants about the nature of domestic violence and the historical and social context in which it occurs.

### Partner Services

A Client Advocate is available to provide crisis counseling, safety planning, information and referral and other advocacy services to the partners of the individuals participating in this program. Female partners may also choose to attend free weekly support groups to learn about domestic violence, the BIPP program and how it might affect their safety and other domestic violence issues.

### Servicios De la Defensa De la Víctima

Los servicios siguientes están disponibles para todas las víctimas de la violencia doméstica sobre el teléfono y en persona: Asesoramiento de la crisis y planeamiento de seguridad; Información sobre el sistema criminal de la justicia; Información sobre ley de la familia; Remisión para el abrigo, aconsejar y otros servicios necesarios; y Defensa con el sistema criminal de la justicia y otras agencias.

### Servicios Legales De la Defensa

Un abogado a tiempo completo del personal y tres abogados del contrato licenciaron por la barra del estado de Tejas proporcionan la representación legal en materias de ley de la familia a las víctimas de la violencia doméstica que resuelven pautas del programa. Una investigación inicial de Client Advocates en AVDA se requiere. Todos los servicios legales del proyecto de la defensa están libres. Sin embargo, los clientes aceptados para la representación legal son responsables de honorarios de limadura del condado de Harris y de otros costes de la corte. El programa legal de la defensa se establece convenientemente cerca de las cortes en Houston céntrica en la esquina de la cañería y de Tejas. Por favor llamada a continuación para programar visitas de la oficina. Las citas de la tarde y del fin de semana están disponibles.

### Estropicio de los servicios de la intervención y de la prevención (BIPP)

Conocido antes como "el proyecto del PIVOTE," este servicio es un programa de asesoramiento psycho-educativo para los hombres y las mujeres (véase en programas separados) que son violentos, abusivos y/o que controlan en sus relaciones íntimas. Los participantes en el programa atienden a un mínimo de dieciocho sesiones semanales del grupo con un facilitador entrenado. Los facilitadores son degreed a profesionales y muchos tienen licensure como un trabajador social principal, un asociado psicólogo o consejero del profesional. Las sesiones del grupo educan a participantes sobre la naturaleza de la violencia doméstica y del contexto histórico y social en la cual ocurre. Además, el proceso del grupo trabaja para ayudar a miembros.

### Servicios Del Socio

Un abogado del cliente está disponible para proporcionar el asesoramiento de la crisis, planeamiento de seguridad, información y remisión y otros servicios de la defensa a los socios de los individuos que participan en este programa. Los socios femeninos pueden también elegir atender a grupos de ayuda semanales libres para aprender sobre violencia doméstica, el programa de BIPP y cómo puede ser que afecte su seguridad y otras ediciones domésticas de la violencia.

### AIDS CLINICAL TRIALS INFORMATION SERVICES

P. O. Box 6303  
Rockville, MD 20849-6303

MAIN: (800) HIV-0440  
TOLL FREE: (800) HIV-0440  
WEB:

[www.aidsinfo.nih.gov/clinical\\_trials](http://www.aidsinfo.nih.gov/clinical_trials)

CITY SECTION: National

Free and confidential information about HIV/AIDS clinical trials to persons with HIV/AIDS, their families & friends, health care providers, & federal, state, and local agencies by email or phone in English and Spanish. Searchable online database.

### AIDS COALITION OF COASTAL TEXAS

707 Tremont  
Galveston, TX 77550

MAIN: (409) 763-2437  
FAX: (409) 763-5482  
TOLL FREE: (800) 755-0440

CITY SECTION: Southeast  
NEIGHBORHOOD: Galveston  
AREA SERVED: Brazoria, Galveston & Matagorda counties

LEGEND: All ages, **HIV+ only**, Free, CD, Esp

Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, case management, legal referrals, funeral planning, client workshops, transportation, emergency financial assistance, rental assistance, AIDS information library, support groups, speakers bureau, medical equipment & supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services. Must show proof of HIV status, call for intake.

Administradores de casos de habla hispana. Se provee parte de los pagos para las clínicas y recetas médicas, consulta nutricional, consejería sobre el contacto sexual más seguro, consejo sobre el manejo del estrés, administración de casos, referencia legal, planificación funeraria, talleres para el cliente, transportación, asistencia financiera de emergencia, pago de alquiler, biblioteca referente al SIDA, grupos de apoyo, equipo y suministro médico, visitas a la casa y al hospital, asistencia de cuidador/a, almacén de alimentos, apoyo telefónico y de voluntarios, servicio notarial. Debe comprobar que el cliente es una persona con el VIH; llame para su cita inicial.

### AIDS FOUNDATION HOUSTON

3202 Wesleyan  
Houston, TX 77027

MAIN: (713) 623-6796  
FAX: (713) 623-4029  
WEB: [www.AIDShelp.org](http://www.AIDShelp.org)

CITY SECTION: Central  
NEIGHBORHOOD: River Oaks

## Beecher Wilson Apartments

INTAKE: (713) 623-6796  
LEGEND: **HIV+ only**, Section 8  
(subsidized rent)

Located in the Montrose/Museum District area, this 17-unit apartment complex provides low cost permanent housing for HIV+ individuals. Residents pay rent equal to 30% of their income and the Housing Authority of the City of Houston subsidizes the remainder of the tenants rent. Beecher Wilson remains greater than 90% occupied at all times.

## Bodichitta de Tomas Clothing Pantry

MAIN: (713) 623-6796  
LEGEND: **HIV+ only**, Free,  
Call for intake

Pantry for AFH clients in need of immediate clothing assistance.

## Camp HOPE

INTAKE: (713) 623-6796  
LEGEND: **HIV+ only**, C (ages 7-15),  
application

Camp Hope was established in 1996 as the first week long summer camp for HIV+ children ages 7-15. Campers enjoy traditional camp activities in a modern setting, complete with state of the art medical facilities and trained psychosocial staff.

## Child Monitoring Services

at Thomas Street Clinic and  
Bering Dental Clinic

MAIN: (713) 623-6796  
LEGEND: C (ages 0-12), Free, Lim

Child monitoring is available for patients and their children receiving medical and or social support from Thomas Street Health Center and Bering Dental Clinic. This service is reserved for patients needing short-term child monitoring during their appointments.

## Community Outreach and Education

MAIN: (713) 623-6796  
AREA SERVED: Ft. Bend, Harris,  
Liberty, Montgomery counties

Provides outreach, health education and risk reduction information.

## EFSP Emergency Financial Assistance

MAIN: (713) 623-6796  
LEGEND: **HIV+ only**

AFH offers limited financial assistance during the spring and summer to persons or families needing first months rent or emergency rent/mortgage assistance. Must be able to prove ability to pay future rent. Call for intake.

## First Responders

MAIN: (713) 623-6796  
LEGEND: Adults only, CD, S\$,

Receiving SSI/SSD or VA benefits  
First Responders is a "housing first" community integration program that outreaches to and places chronically homeless disabled persons residing on the streets in permanent housing. Call for intake.

## Focus on Youth

MAIN: (713) 623-6796  
LEGEND: Y (ages 13-18), Free

Focus on Youth targets at-risk African American youth providing age appropriate risk-reduction information and HIV testing in a supportive and confidential environment.

## Get Started

INTAKE: (713) 623-6796  
LEGEND: **HIV+ only**

Program designed to help minority offenders who are HIV+ enroll and participate in the Texas HIV Medication Program. Through the Get Started program, recently released offenders can access HIV medications at no charge, allowing them to continue medication regimens begun while incarcerated without interruption which reduces the likelihood of viral resistance. In addition, this program helps newly released offenders re-establish their "free world" lives by linking them to services.

## Get Started Girl

MAIN: (713) 623-6796  
LEGEND: W, I/RR, Free,  
Call for intake.

The goal of Get Started Girl is to reduce the transmission of HIV/AIDS and secondary infections in formerly incarcerated women by provid-

ing gender-specific opportunities for cultural-affirmation, critical thinking and health literacy of the many health issues facing women today. Get Started Girl considers the social and environmental context in which women live and structures information, activities, program priorities and service delivery systems to complement those factors. The program builds self-esteem as well as gender and ethnic pride through cultural awareness, building on the extensive legacy of women and the themes of struggle and perseverance to frame discussions on HIV/AIDS. Get Started Girl serves all women released from prison with an emphasis on women released within the previous six months; but due to the high prevalence of HIV-infection in African American incarcerated women, the program is focused around the needs of minority women.

## Help House

MAIN: (713) 623-6796  
LEGEND: Adults, **HIV+ only**, Disabled,  
S\$ based on HUD calculations

Help House provides permanent housing along with vital supportive services that empower clients to live independently. Call for intake.

## Housing Empowerment Life Planning (HELP) Programs

INTAKE: (713) 623-6796  
LEGEND: **HIV+ only**

H.E.L.P. programs of AFH assist in prevention of homelessness for individuals and families. These opportunities include the following programs:

Housing Opportunities for Persons with AIDS (HOPWA) Short-Term Rental/Mortgage/Utility Assistance (STRMU): This program helps those who meet qualification guidelines with up to no more than 21 weeks (approximately 5 months) of assistance. For more information call any Benefits and Resources Counselor or the HOPWA Assistance Specialist at 713 623-6796.

HOPWA Tenant-based Rental Assistance (TBRA): This program helps those who are seeking to become more financially stable to prevent homelessness with limited rental subsidy. It assists clients who meet eligibility requirements with a por-

tion of their rent for the term of the grant period. For more information contact any Benefits and Resources Counselor or the TBRA Housing Case Manager at 713 623-6796.

### Popular Opinion Leader

MAIN: (713) 623-6796  
LEGEND: M, Free, Call for intake  
*Popular Opinion Leader trains leaders from gay/bisexual/transgender community to engage their peers in casual conversations regarding safer sex misconceptions, HIV prevention and personal risk reduction strategies.*

### Positive Link

MAIN: (713) 623-6796  
LEGEND: **HIV+ only**, W, C, Y, Free, Walk-ins  
*Positive Link works to identify women, infants, children and youth living with HIV and link them to HIV primary medical care and case management services.*

### Positive Vibe

MAIN: (713) 623-6796  
LEGEND: **HIV+ only**, Y (ages 13-24), Free, Referral req  
*Positive Vibe is a unique collaboration of services offering client-centered clinic and health initiatives specifically for the needs of HIV+ youth and young adults between the ages of 13-24. Call for intake.*

### Project "A Friendly Haven"

FAX: (713) 651-0835  
INTAKE: (713) 651-0833  
LEGEND: **HIV+ only**  
*A Friendly Haven is an apartment complex for HIV+ women and their families. It works with several agencies to provide on-site services. The goal is to help women increase their skills, education and stability. A Friendly Haven offers emotional support groups, individual counseling and educational/job training.*

### Project "Need A Ride"

MAIN: (713) 623-6796  
LEGEND: **HIV+ only**, W, C, Y (up to age 24), Free, Referral required  
*Project Need a Ride provides transportation assistance to women and youth clients through the distribution of taxi vouchers and METRO bus*

*tokens for the purposes of appointments related to Ryan White Part D HIV primary medical care.*

### Project LifeRoad

INTAKE: (713) 623-6796  
LEGEND: **HIV+ only**  
*Funded by the HUD Supportive Housing Program, LifeRoad offers a comprehensive homelessness intervention care continuum. Providing a holistic approach to housing and supportive services for homeless Persons Living with HIV/AIDS, this project includes centralized intake and assessment, medical and psychosocial case management, mental health counseling, substance abuse counseling, money management, nutrition counseling, food, rent, utility and household assistance, job training and placement and related supportive services. Clients are placed in less structured environments over time until they are ready to live independently and establish permanent housing.*

### Project Porchlight

INTAKE: (713) 623-6796  
LEGEND: **HIV+ only**  
*AFH, in partnership with Houston's Habitat for Humanity, creates permanent housing for low-income families who graduate from AFH transitional housing programs, allowing them the opportunity of home ownership. A step forward in eliminating poverty and creating permanent housing for low-income families living with HIV.*

### Project Wall Talk

MAIN: (713) 623-6796  
*In partnership with the Texas Department of Criminal Justice (TDCJ), provides peer education training and other prison-related HEIRR activities within the prison system.*

### Stone Soup

INTAKE: (713) 623-6796  
LEGEND: **HIV+ only**  
*Food and Nutrition Assistance Program. Stone Soup provides non-perishable food items and Kroger/Fiesta vouchers redeemable for food and personal hygiene items. AFH works with local providers to offer nutritional counseling and supplements to Stone Soup clients.*

### Teen Leadership Forum

MAIN: (713) 623-6796  
LEGEND: **HIV+ only**, Y (ages 16-19), Free, Lim

*The Teen Leadership Forum was designed to provide HIV+ teens as opportunity to acquire the emotional and social skills needed to contend with rapidly approaching adult responsibilities.*

### VOA - Burrell Street Apartments

INTAKE: (713) 623-6796  
CITY SECTION: North  
NEIGHBORHOOD: Northside  
LEGEND: W, I/RR, **HIV+ only**, Appt Req, S\$ based on HUD calculations  
*Burrell Street helps single women achieve a greater sense of self-determination from homelessness to permanent housing.*

### VOA - Chupik House

INTAKE: (713) 623-6796  
CITY SECTION: Southwest  
NEIGHBORHOOD: Rosenberg  
LEGEND: M, Appt Req, **HIV+ only**, S\$ based on HUD calculations  
*Chupik House is a housing program for men living with HIV/AIDS. A monthly program fee is assessed according to the individuals income. Supportive services include transportation, mental health counseling and case management.*

### Voices/Voces

MAIN: (713) 623-6796  
LEGEND: Adults only, African American or Hispanic, Free  
*Voices/Voces is a one-time video based intervention that teaches African American and Hispanic adults safer sex negotiation skills which leads to increased condom use. Bilingual sessions are available.*

### Volunteer Services

MAIN: (713) 623-6796  
*Wide variety of volunteer opportunities available for adults and young adults interested in working with people and families infected/affected by HIV/AIDS. Must complete application and interview, some positions require criminal background check.*

## **AIDS HOUSING COALITION HOUSTON, INC. (AHCH)**

502 West 24th Street  
Houston, TX 77008

MAIN: (713) 864-1795  
FAX: (713) 864-1795, Ext. \*\*  
WEB: web.wt.net/~ahch

CITY SECTION: Central  
NEIGHBORHOOD: Heights

*AHCH is an all volunteer, community-based, 501(c)3 nonprofit organization providing public advocacy and AIDS education; host of West Heights House and of the HIV/AIDS Community Resource Hotline.*

## **HIV/AIDS Community Resource Hotline**

MAIN: (713) 864-1795  
LEGEND: All, Free

*Free referrals for people infected and loved ones and friends affected by the HIV virus and AIDS complications. Mentorship on social services, survival information, safer sex education, housing processes, medical services, viatical issues, home health care options, hospices and funeral options.*

## **West Heights House**

502 West 24th Street  
Houston, TX 77008

MAIN: (713) 864-1795  
FAX: (713) 864-1795, Ext. \*\*

LEGEND: M, W (ages 19 & up),  
Flat fee, Appt Req, Lim, **HIV+ only**

*Short term SRO Rentals: West Heights House (WHH) is a nonprofit volunteer effort - a GLBT oriented guest house. AHCH, Inc. offers a clean, safe, multi-room temporary home just for people living with HIV/AIDS and low-income; all are welcome. This is not apartments, rather private, furnished SRO bedrooms, short-term only. Independent living units designated for infected individuals with SSI/SSDI income. Accepting self-ambulatory patients ages 19 and up with mild to medium medical diagnosis, verifiable source of income and picture ID. Not suitable for couples or children - one person occupancy per room. No deposit, bills paid, phone cable TV, share kitchen and shower/bath. Monthly rental rates vary due to funding levels. WHH is not a hospital or hospice setting and no longer*

*accepts social service voucher pledges. Alcohol consumption or illegal drugs are not welcome. WHH has no medical aid and is not wheelchair accessible. Simple application process, please call for more information or to make an appointment.*

## **AIDSINFO**

MAIN: (800) 448-0440  
TOLL FREE: (800) 448-0440  
TTY: (888) 480-3739  
Spanish: Available M-F 11am-4pm  
WEB: aidsinfo.nih.gov

*Information on HIV/AIDS treatment, prevention and research. Live chat, subscribe to e-news and website is also available in Spanish.*

## **ALCOHOLICS ANONYMOUS (AA)**

(See Intergroup Association)

## **ALDINE FUNERAL CHAPEL, LLC**

9504 Airline Drive  
Houston, TX 77037-2208

MAIN: (281) 591-6055  
FAX: (281) 591-7579  
TOLL FREE: (877) 468-4480  
WEB: www.aldinefuneral.com

CITY SECTION: North  
NEIGHBORHOOD: Aldine  
LEGEND: Appt recommended

*Low cost, personalized funerals - including cremations, burials and other alternative dispositions (such as referral for possible donation).*

## **ALLIANCE FOR MULTICULTURAL COMMUNITY SERVICES**

6440 Hillcroft Street, Suite 411  
Houston, TX 77081-3192

MAIN: (713) 776-4700  
FAX: (713) 776-4730  
WEB: allianceontheweb.org

CITY SECTION: Southwest  
NEIGHBORHOOD: Sharpstown  
AREA SERVED: Harris County

## **HIV Interpreter Program**

LEGEND: M, W, All, Free,  
Walk-ins, **HIV+ only**, Esp

*Provides interpretation and referral services for refugees and asylees who have HIV/AIDS.*

*Provee servicios de interpretación y referencia para refugiados y asilados quienes tienen el VIH/SIDA.*

## **HIV/AIDS Health Promotion & Education Project**

MAIN: (713) 776-4700,  
Ext 137

LEGEND: Free, African Refugees/  
Immigrants, Call for intake

*Street outreach, condom distribution, individual and group health education, referrals to HIV counseling and testing. For African refugees and immigrants only.*

## **AMERICAN MEDICAL EQUIPMENT COMPANY**

1841 Old Spanish Trail  
Houston, TX 77054

MAIN: (713) 791-1841  
FAX: (713) 791-9352  
TOLL FREE: (800) 394-1921  
WEB: www.medicalworldwide.com

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
AREA SERVED: Brazoria, Chambers,  
Ft. Bend, Galveston, Harris  
& Montgomery counties

LEGEND: All ages, Free, Walk-ins, Esp  
*Full line of home medical equipment and supplies, oxygen and respiratory equipment.*

*Provee una línea completa de equipo médico para el domicilio y los suministros, oxígeno y equipo respiratorio.*

## **AMEX PHARMACY**

3030 Canal Street  
Houston, TX 77003

MAIN: (713) 237-9301  
FAX: (713) 227-1130  
WEB: www.amexRx.com

CITY SECTION: Central  
NEIGHBORHOOD: Second Ward  
LEGEND: All ages, Esp

*Farmacia.*

## **ARLINGTON NATIONAL FUNERAL HOME**

5601 Arlington Street  
Houston, TX 77076

MAIN: (713) 692-5555  
FAX: (713) 692-0947  
TOLL FREE: (800) 842-2132  
WEB: www.arlingtonnational.com

CITY SECTION: North  
NEIGHBORHOOD: Northside

*Full service funeral home including burial, prearranged funeral, cre-*

mation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available.

## ART LEAGUE HOUSTON

1953 Montrose Boulevard  
Houston, TX 77006

MAIN: (713) 523-9530

FAX: (713) 523-4053

WEB: [www.artleaguehouston.org](http://www.artleaguehouston.org)

CITY SECTION: Central

NEIGHBORHOOD: Montrose

LEGEND: All ages, Free, Walk-ins

### HIV+ & Cancer-related Illnesses

**Healing Art Group.** *This award-winning outreach program offers a variety of activities for the artist and non-artist alike. Monthly projects focus on constructive art making in a relaxed atmosphere. Come experience the healing power of art. Classes are ongoing and are free of charge. Please call for class location and time.*

## ASERACARE HOSPICE

1235 North Loop West, Suite 215  
Houston, TX 77008

MAIN/INTAKE: (713) 864-2626

FAX: (713) 864-9476

TOLL FREE: (888) 646-8696

WEB: [www.aseracare.com](http://www.aseracare.com)

CITY SECTION: Central

NEIGHBORHOOD: Heights

AREA SERVED: Ft. Bend, Galveston,  
Harris & Montgomery counties

LEGEND: Adults, Ins, Med, Esp  
*Palliative care (comfort care) to persons with life limiting illness. Services include skilled nursing, social worker, pastoral counseling and bereavement support.*

*Cuidado paliativo para personas con existencia limitada a efecto de la enfermedad. Los servicios incluyen enfermeras capacitadas, trabajador/a social, consejero/a pastoral y atención prestada a personas que sufren por la pérdida de un ser querido.*

## ASK YOUR NURSE HCHD HELPLINE

MAIN: (713) 663-CALL (2255)

LEGEND: All, Free, Esp

*Experienced nurses available to answer questions 24 hours a day/seven days a week. They can direct you to less expensive healthcare alternatives and offer practical health advice.*

*They can help callers determine the urgency of a medical or health condition, provide referrals for substance & alcohol abuse, and provide information to assist with social needs.*

*Las enfermeras están disponibles para responder a sus preguntas las 24 horas del día, siete días de la semana. Pueden orientarle sobre alternativas de atención de la salud a bajo costo y darle recomendaciones prácticas.*

## ASSISTANCE FUND, THE

(See Legacy Community Health Services)

## ASSOCIATES IN INFECTIOUS DISEASE IN OB/GYN

(See Primary Health Network of South Texas)

## ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

204 Clifton  
Houston, TX 77011

MAIN: (713) 926-9491

FAX: (713) 926-2672

WEB: [www.aamainc.us](http://www.aamainc.us)

CITY SECTION: East

NEIGHBORHOOD: Second Ward

## Minorities Action Program (MAP)

LEGEND: M, W, Families, Y, Esp,  
Free, Walk-ins, CD

*A major initiative in Harris County funded by TCADA that provides outreach services to a defined target population that is extremely vulnerable to behavior or associations that may lead to the acquisition or spread of communicable diseases. The outreach activities primarily entail the delivery of information dissemination as well as educational activities that are current and proven successful in the risk-reduction for HIV or other sexually transmitted diseases.*

*The outreach team is very active in the referral process and systematically provides clients with access to resources in the community for treatment, housing, medical benefits, public health screening, and also is able to liaison for individuals who are unable to access services due to language barriers.*

*Un programa de iniciativa en el Condado Harris fundada por TCADA que provee servicios de alcance a una población definida por su comportamiento o asociación a una extrema vulnerabilidad de adquirir o transmitir enfermedades. La función de este programa consiste primordialmente en promover información y actividades educacionales que han sido comprobadas efectivas en la reducción al riesgo de contraer el VIH y otras enfermedades transmitidas sexualmente.*

*El equipo de alcance participa en el proceso de referencia y sistemáticamente provee ayuda a clientes en el acceso a recursos comunitarios, así como tratamientos, vivienda, beneficios médicos, evaluación de la salud pública, y también asiste a las personas que tienen dificultad en el acceso de los servicios debido a las barreras lingüísticas.*

## ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

6001 Gulf Freeway  
Houston, TX 77023

MAIN: (713) 926-4756

FAX: (713) 926-8035

WEB: [www.aamainc.us](http://www.aamainc.us)

CITY SECTION: Central

NEIGHBORHOOD: Lawndale

## Casa Phoenix AAMA Family Health Clinic George I. Sanchez High School

LEGEND: M, W, Y, Free,  
Walk-ins, Esp, CD

*Education: Pre K, grades 9-12, GED, computer and ESL; family health clinic; HIV and STD testing; outpatient and residential chemical dependency treatment.*

*Educación: Prekindergarten, grados 9-12, GED, clases de computación e inglés; clínica para la familia; análisis del VIH y ETS (enfermedades de transmisión sexual); tratamiento para la dependencia de drogas para pacientes internos y externos.*



## BAY AREA COUNCIL ON DRUGS AND ALCOHOL, INC.

1300 Bay Area Boulevard, Suite 102  
Houston, TX 77058

MAIN: (281) 212-2900  
FAX: (281) 212-2901  
TOLL FREE: (800) 510-3111  
24 HOURS: (281) 212-2900  
WEB: www.bacoda.com

CITY SECTION: Southeast  
NEIGHBORHOOD: Clear Lake/NASA  
AREA SERVED: S, SE & E Harris County,  
Brazoria, Matagorta &  
Galveston counties

LEGEND: All ages, CD

*Free substance abuse screening, referral, assessments and counseling for those meeting eligibility requirements. All classes offered for a fee. Staff available for health fairs and speaking engagements at no cost.*

*Evaluación gratuita sobre el abuso de sustancias, referencias, asesoramiento y consejería para aquellos que sean elegibles. Hay un costo por las clases ofrecidas. El personal está disponible para dar presentaciones y charlas sobre la salud sin costo.*

## BAY AREA HOMELESS SERVICES

3406 Wisconsin Street  
Baytown, TX 77520

Mailing Address:  
PO Box 4130  
Baytown, TX 77522

MAIN: (281) 837-1654  
FAX: (281) 837-1031  
24 HOURS: (281) 837-1657  
ADMINISTRATION: (281) 420-6728

CITY SECTION: East  
NEIGHBORHOOD: Baytown  
AREA SERVED: Eastern Harris,  
western Chambers and  
southern Liberty counties

LEGEND: Adults (age 17 and up),  
Families, Appt Req, **HIV+ only**, Esp

*Temporary emergency shelter and meals for up to 6 weeks; comprehensive case management; transportation. Must be at least 17 years of age if alone. Must be able and willing to seek and maintain full-time employment.*

*Refugio temporario y alimento por 6 semanas; administración de casos; transportación. Los clientes deben ser mayor de 17 años de edad y estar dispuestos a buscar y mantener empleo de tiempo completo.*

## BAY AREA TURNING POINT, INC.

210 South Walnut Street  
Webster, TX 77598

Mailing Address:  
PO Box 57543  
Webster, TX 77598

MAIN: (281) 338-7600  
FAX: (281) 557-0290  
24 HOURS: (281) 286-2525  
WEB: www.bayareaturningpoint.org

CITY SECTION: Southeast  
NEIGHBORHOOD: Seabrook

LEGEND: M, W, Families, All ages,  
Appt Req, Free, **HIV+ only**, Esp

*Provides a 24 hour crisis hotline and emergency accompaniment to area hospitals and police depts. Assist victim with obtaining protective orders, crime victims compensation and filing of charges.*

## Bay Area Turning Point Resale Shop

18028 Nassau Bay Drive  
Nassau Bay, TX 77058

MAIN: (281) 338-7600

*Free clothing to area residents who come in for an assessment and are in need. Provides clothing to BATP emergency shelter clients and career clothing for clients of the Self Reliance Program.*

## Crisis Shelter

P O Box 57543  
Webster, TX 77598

24 HOURS: (281) 286-2525  
FAX: (281) 286-8687

*Crisis shelter for women and their children who are victims of family violence, sexual assault and other-wise homeless.*

## BAYLOR COLLEGE OF MEDICINE - TEEN HEALTH CLINICS

1504 Taub Loop  
Houston, TX 77030

MAIN: (713) 873-3601  
FAX: (713) 873-3608  
WEB: www.bcm.tmc.edu

## Ben Taub Teen Health Clinic

1504 Taub Loop  
Houston, TX 77030

MAIN: (713) 873-3601  
CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
AREA SERVED: Harris County  
LEGEND: Free, Appt req

*Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral for prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams. Located on the Metro bus 1 route.*

## Cavalcade Teen Health Clinic

3815 Cavalcade  
Houston, TX 77026

MAIN: (713) 673-1655  
FAX: (713) 673-1549

CITY SECTION: Northeast  
NEIGHBORHOOD: Kashmere Gardens  
AREA SERVED: Harris County

LEGEND: Free, Appt req

*Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.*

## Cullen Teen Health Clinic

5737 Cullen Boulevard  
Houston, TX 77021

MAIN: (713) 440-7313  
FAX: (713) 440-8352

CITY SECTION: Central  
NEIGHBORHOOD: MacGregor  
AREA SERVED: Harris County

LEGEND: Free, Appt Req,  
open Tues/Wed

*Immunizations; Testing and treatment for sexually transmitted infections; pregnancy testing and referral; Texas Health Steps; Well adolescent exams; HIV screening and counseling; birth control method and counseling.*

## Lawn Teen Health Clinic

8111 Lawn Street  
Houston, TX 77088

MAIN: (281) 847-9970



FAX: (281) 820-3740  
CITY SECTION: North  
NEIGHBORHOOD: Acres Homes  
AREA SERVED: Harris County  
LEGEND: Free, Appt Req

*Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.*

### **LBJ Teen Clinic**

5656 Kelley Street  
Houston, TX 77026

MAIN: (713) 566-5612  
FAX: (713) 566-5610

CITY SECTION: Northeast  
NEIGHBORHOOD: Trinity/  
Houston Gardens  
AREA SERVED: Harris County

LEGEND: Free, 13 - 21 years of age,  
Appt Req

*Immunizations (parental consent required if under 18); Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams. Located on the Metro bus 1 route.*

### **Teen Health Clinic Lee High School**

6529 Beverly Hill Street  
Houston, TX 77057

MAIN: (713) 787-1756  
FAX: (713) 787-1713

CITY SECTION: Southwest  
NEIGHBORHOOD: Gulfton  
AREA SERVED: Harris County

LEGEND: All ages, Appt Req,  
students of Lee HS only

*Primary health care; Immunizations; Testing and treatment for sexually transmitted infections; Texas Health Steps; Well adolescent exams; HIV counseling and screening; Treatment of minor/acute illnesses; Sports physicals; Health education.*

### **BAYLOR INTERNATIONAL PEDIATRIC AIDS INITIATIVE**

(See Texas Children's Hospital)

### **BAYLOR PSYCHIATRY CLINIC**

6655 Travis Street, Suite 500  
Houston, TX 77030

MAIN: (713) 798-4857  
FAX: (713) 798-3138

WEB: www.bcm.tmc.edu

CITY SECTION: Central

NEIGHBORHOOD: Medical Center

LEGEND: M, W, S\$, Appt Req

*Individual, couple, family and group psychotherapy; pharmacotherapy of psychiatric conditions offering specialized services in the areas of mood disorders, anxiety disorders, psychological evaluation services, focal evaluations, marital and couple psychotherapy, sexual abuse treatment program and treatment of psychiatric conditions related to medical conditions and eating disorders. The clinic has speakers available for mental health topics of interest to community groups.*

*Baylor Child, Adolescent and Family Psychiatry Clinic is a full service clinic encompassing psychiatric evaluations, medication management, individual and/or family therapy and psychological testing. This clinic operates within an academic teaching facility. The services provided involve working with a treatment team that may include physicians in their specialty training and psychology and social work interns. Initial evaluations and medication management appointments are provided with direct contact with a faculty physician and as such your insurance will be billed. Individual therapy, family therapy and psychological testing are strictly fee for service as they are provided without a faculty member directly present. Legal guidelines require services billed to insurance companies be provided by an individual that has completed training or is directly supervised by an individual that has completed training. Since our clinic cannot provide these services with direct faculty supervision but still strives to provide full service quality treatment, the fees for these services coincide closely with a standard insurance co-payment fee.*

*Family therapy sessions are video taped for quality of care and educational purposes. In general, family therapy consists of 8-12 weekly sessions. For more information please call Cassandra Shorter at (713) 798-4068.*

### **BAYSIDE COMMUNITY HOSPITAL**

200 Hospital Drive  
Anahuac, TX 77514

Mailing Address:

P O Box 398  
Anahuac, TX 77514

MAIN: (409) 267-3143

FAX: (409) 267-3608

CITY SECTION: East

NEIGHBORHOOD: Anahuac

LEGEND: All ages

*Primary and general acute care.*

### **BEAR CREEK ASSISTANCE MINISTRIES dba Impact for Life Campus**

16209 Keith Harrow  
Houston, TX 77084

MAIN: (281) 855-0014

FAX: (281) 855-5790

WEB: www.impactforlifecampus.org

CITY SECTION: Northwest

NEIGHBORHOOD: Addicks/Highway 6

AREA SERVED: Serves zip codes:  
77084, 77041, 77040,  
77064, & 77095.

LEGEND: M, W, ID req

*Client services, job lab and education, food pantry and thrift store. Must have ID, proof of crisis, last 30 days utility bill, last 30 days of ALL household income and proof of parent/child relationship.*

### **BERING OMEGA COMMUNITY SERVICES**

1429 Hawthorne  
Houston, TX 77006

Mailing Address:

P O Box 540517  
Houston, TX 77254-0517

MAIN: (713) 529-6071

FAX: (713) 529-3626

WEB: www.beringomega.org

CITY SECTION: Central

NEIGHBORHOOD: Montrose

LEGEND: M, W, Y (ages 19-24),  
**HIV+ only**, Esp

*Bering Omega Community Services focuses on the broad spectrum of critical needs of the indigent population of HIV/AIDS sufferers, serving individuals through four programs which include dental services, adult day care, residential hospice care and housing assistance.*

Los Servicios Comunitarios de Omega de Bering (BOCS) se concentran en el amplio espectro de necesidades críticas de la población indigente que sufre de VIH/SIDA, sirviendo individuos a través de cuatro programas incluyen servicios dentales, cuidado de día adulto, cuidado de hospicio residencial y asistencia para la vivienda.

### Adult Day Care Center

1429 Hawthorne  
Houston, TX 77006

MAIN: (713) 529-6071  
FAX: (713) 520-7854

AREA SERVED: Harris, Anderson, Angelina, Austin, Brazoria, Brazos, Chambers, Colorado, Ft. Bend, Galveston, Jasper, Jefferson, Liberty, Montgomery, Nacogdoches, Nueces, Orange, Polk, San Jacinto, Trinity, Tyler, Walker, Waller & Wharton counties

LEGEND: Adults, Free, **HIV+ only**, Esp, Call for intake

*The Care Center at BOCS offers day care for adults with all stages of HIV disease, who have a medical condition that requires nursing care. The Care Center offers nursing care, nutritional assessments and counseling, meals and snacks, field trips, contests and games, television and other activities to do during the day. Learn more by calling us at 713-529-6071.*

*El Centro del Cuidado en BOCS ofrece el cuidado para adultos con todas etapas de la enfermedad de VIH, quién tiene una condición médica que requiere el cuidado de la enfermería. El Centro del Cuidado ofrecen enfermería, evaluaciones nutricionales y consejería, comidas y bocados, día de paseos, concursos y juegos, televisión y otras actividades para hacer durante el día. Para mas información, llámenos al 713-529-6071.*

### Dental Clinic

1427 Hawthorne  
Houston, TX 77006

MAIN: (713) 529-6071  
FAX: (713) 524-7995

LEGEND: Adults, Free, **HIV+ only**, Esp, Call for intake

*The dental clinic offers a full range of dental services for people living with HIV including emergency care, basic*

*oral hygiene, treatment of lesions, ulcers and gum disease, dentures and other services. Learn more by calling us at 713-529-6071.*

*La clínica dental ofrece una gran variedad de servicios dentales para personas con el VIH/SIDA, e incluyen atención de emergencia, higiene oral básico, tratamiento de lesiones, úlceras y la enfermedad de la encía, dentadura postiza y más. Para más información, llámenos al 713-529-6071.*

### Housing Assistance

1429 Hawthorne  
Houston, TX 77006

MAIN: (713) 529-6071  
FAX: (713) 341-3758

AREA SERVED: Austin, Brazoria, Chambers, Harris, Ft. Bend, Galveston, Liberty, Montgomery, San Jacinto and Waller counties

LEGEND: Free, Appt Req, **HIV+ only**, Esp, Call for intake

*Housing Assistance program offers basic budget planning and resources through HOPWAs Short-term Rent, Mortgage and Utility (STRMU) assistance and Tenant based Rental Assistance (TBRA) programs and first month rent and deposit assistance for persons living with HIV/AIDS. We teach clients the necessary skills to live adequately on their reduced income. The program is open M-F from 8am to 5pm. Learn more by calling us at 713-529-6071.*

*El programa de asistencia para la vivienda, por medio de HOPWA, ofrece ayuda en la planificación de un presupuesto básico, ayuda en el pago a la renta y el depósito, la electricidad, y la hipoteca, todos a corto plazo y a personas viviendo con el VIH. También orientamos a los clientes a efecto de adquirir la habilidad necesaria para que vivan adecuadamente con un ingreso limitado. El programa está disponible de lunes a viernes de 8am a 5pm. Para más información, llame al 713-529-6071.*

### Residential Hospice

602 Branard  
Houston, TX 77006

MAIN: (713) 341-3780  
FAX: (713) 526-8144  
INTAKE: (713) 341-3783

LEGEND: **HIV+ only**, Free, Esp, Call for intake

*Omega House is a safe and loving home environment where people living with AIDS can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The hospice offers social interaction with housmates and volunteers, as well as recreational activities including pet therapy. Learn more by calling us at 713-341-3780.*

*La Casa de Omega es un hogar con un ambiente seguro, de amor y compasión, donde los pacientes con SIDA pueden vivir sus últimos días con dignidad. Este hospicio de ocho camas ofrece asistencia médica paliativa (comodidad) así como ayuda sicosocial y de duelo para los moribundos y para sus seres queridos. El cuidado médico en curso y el cuidado de enfermería es ofrecido, junto con soporte y asistencia emocional durante las actividades diarias. El hospicio ofrece la interacción social con compañeros y voluntarios, así como actividades recreacionales. Aprenda mas llámonos en 713-341-3783.*

### BERING SUPPORT NETWORK

1440 Harold  
Houston, TX 77006

MAIN: (713) 526-1017, Ext. 206

FAX: (713) 520-6866

WEB: [www.beringsupportnetwork.org](http://www.beringsupportnetwork.org)

CITY SECTION: Central  
NEIGHBORHOOD: Montrose

LEGEND: M, W, Y (ages 19 - 24), Families, Walk-ins, Infected/affected  
*Various support groups for persons who are HIV+, for loved ones of persons who are HIV+ and for both together; group therapy for persons coping with the death of a loved one; psychological counseling by professional counselors. Some funding for those with limited ability to pay. Restrictions apply, call for intake.*

*Varios grupos de apoyo de habla hispana para hombres y mujeres con el VIH (mixtos y separados); grupos terapéuticos para las personas lidiando*

con el fallecimiento de un ser querido; consejería psicológica con profesionales. Fondos limitados para aquellos con bajos recursos, pero existen restricciones. Por favor llame para más información sobre la admisión.

### BIO SCRIP PHARMACY

4101 Greenbriar, Suite 235  
Houston, TX 77098

MAIN: (713) 521-1700  
FAX: (713) 521-5855  
TOLL FREE: (866) 523-5995  
WEB: www.BioScrip.com  
CITY SECTION: Central  
NEIGHBORHOOD: West University  
LEGEND: All ages, Med, Esp  
ADAP pharmacy. Vietnamese-speaking staff available.

Personal hispanohablante disponible.

### BLOCK, THE Building Lives Offering Community Knowledge

12707 Cullen Boulevard  
Houston, TX 77047

MAIN: (713) 734-2117  
FAX: (713) 734-2421  
CITY SECTION: South  
LEGEND: All, Free, HIV+ only, CD  
Health education and risk reduction.

### BODY POSITIVE

(See Legacy Community Health Services)

### BRAZOS PLACE

1103 North Avenue H  
Freeport, TX 77541

Mailing Address:  
PO Box 2470  
Freeport, TX 77542

MAIN: (979) 233-3826  
FAX: (979) 233-3708  
WEB: www.brazosplace.org  
CITY SECTION: South  
AREA SERVED: Brazoria, Ft. Bend, Galveston & Matagorda counties; court commitment clients served statewide.  
LEGEND: Adults, S\$, Appt/Walk-in, Waiting list, CD, Esp

Residential treatment facility for both men and women age 18 and up who are indigent with serious substance abuse problems. This is the only facility in Brazoria County that accepts female clients for residential treatment.

El personal incluye a consejeros hispanohablantes.

### BREAD OF LIFE

1703 Gray Street  
Houston, TX 77003

MAIN: (713) 659-3237  
FAX: (713) 659-2236  
WEB: www.bolinc.org  
CITY SECTION: Central  
NEIGHBORHOOD: Downtown

### C.O.P.E. Team

(Counseling, Outreach, Prevention and Education)

MAIN: (713) 659-3237  
LEGEND: Adults, Appt/Walk-ins, Free, Lim

HIV prevention and education; focus groups; limited HIV testing (per grant guidelines); health education and risk reduction; case management; mental health counseling; residential treatment program providing housing and services to those that suffer from the affects of alcohol and substance abuse, hot meals (breakfast and lunch); food fair on Wednesdays; clothes closet; shower and laundry facilities for the homeless; emergency mortgage/rent and utility assistance to prevent homelessness. Located on the Metro bus 30, 33, 44, 77 and 102 routes.

### BRENTWOOD COMMUNITY FOUNDATION

13033 1/2 Landmark Street  
Houston, TX 77045

MAIN: (713) 852-2551  
FAX: (713) 852-2559  
WEB: www.brentwoodfoundation.org

CITY SECTION: Southeast  
AREA SERVED: Harris, Ft. Bend, Montgomery, Chambers, Liberty & Waller counties

### Brentwood Project WAITT

(We're All In This Together)

13101 Landmark Street  
Houston, TX 77045

MAIN: (713) 852-2551  
FAX: (713) 852-2559  
LEGEND: All, Appt/Walk-ins, Free, HIV+ only, CD, food vouchers.

Food vouchers, financial assistance, transitional housing, supportive services (HOPWA). Intake 9am - 5pm.

### BRIDGE OVER TROUBLED WATERS, INC., THE

Mailing Address:

PO Box 3488  
Pasadena, TX 77501

MAIN: (713) 472-0753  
FAX: (713) 472-8759  
24 HOURS: (713) 472-2801  
WEB: www.thebridgeovertroubledwaters.org

CITY SECTION: Southeast  
AREA SERVED: Harris County  
LEGEND: W, Families, All ages, Appt Req, Esp, Free

### Bridge Over Troubled Waters, Inc., The Emergency Shelter

Location Confidential  
Community outreach, long-term housing, emergency shelter, family violence, sexual assault and homeless counseling and support groups, hotline, resale shop. Spanish advocate for casework available.

### BY HIS LOVE MINISTRIES, INC.

2201 Tuam Avenue  
Houston, TX 77004

MAIN: (713) 659-7161  
FAX: (281) 446-5592  
CITY SECTION: Central  
NEIGHBORHOOD: Third Ward  
LEGEND: All, Free, Appt req, CD

Provides prevention education, spiritual counseling, clothes closet, food pantry, feed the homeless, referrals for HIV testing, Teaching Youth Abstinence (faith-based program) and bible study for homeless individuals.



### CAGE'S MEDICAL SERVICES, INC.

11625 West Hardy Road  
Houston, TX 77076

MAIN: (713) 674-5616  
FAX: (713) 674-5620  
TOLL FREE: (800) 417-0081  
24 HOURS: (713) 674-5616

CITY SECTION: Northeast  
LEGEND: All ages, Med, Ins, Private pay, Walk-ins, Esp  
Home health aides; respite care; homemaker services; sitters.

## CARE GROUP OF TEXAS

9299 Kirby Drive  
Houston, TX 77054

MAIN: (713) 383-2100  
FAX: (713) 383-2113  
TOLL FREE: (800) 866-1851  
24 HOURS: (713) 383-2100  
INTAKE FAX: (713) 383-2122  
WEB: www.caregrp.com

CITY SECTION: Central  
NEIGHBORHOOD: Astrodome/  
South Loop  
AREA SERVED: Brazoria, Chambers,  
Ft. Bend, Galveston, Harris, Liberty,  
Montgomery & Waller counties

LEGEND: All ages, Med, Ins,  
Private pay, Workers Comp,  
Managed Care, Esp

*Private duty nursing (RN & LVN), skilled nursing visit and unlicensed personal assistant services; physical, occupational and speech therapy; durable medical equipment; respiratory therapy/equipment - oxygen, ventilators, CPAP.*

## Pediatric Nursing & Pediatric Rehabilitation

MAIN: (713) 383-2100  
FAX: (713) 383-2114

*Skilled nursing visits to facilitate enteral feeding and respiratory equipment discharge to home, physical therapy, speech therapy, occupational therapy, sensory integration therapy, feeding program (OT). Reach Therapy Center: Outpatient Pediatric Rehabilitation Clinic.*

## CAREER AND RECOVERY RESOURCES, INC.

2525 San Jacinto  
Houston, TX 77002

MAIN: (713) 754-7000  
FAX: (713) 754-7068  
TTY: (713) 754-7047  
WEB: www.careerandrecovery.org

CITY SECTION: Central  
NEIGHBORHOOD: Midtown  
AREA SERVED: HIV/STD testing in  
zip codes 77002, 77020,  
77026, 77093.

LEGEND: M, W, Free,  
Appt/Walk-ins, CD

*Substance abuse counseling; employment services; HIV/STD testing; deaf and hard-of-hearing services (GED and job placement).*

## CASA DE ESPERANZA DE LOS NIÑOS, INC.

Location Confidential

Mailing Address:  
PO Box 66581  
Houston, TX 77266

MAIN: (713) 529-0639  
FAX: (713) 529-9179  
INTAKE: (713) 741-8868  
WEB: www.casahope.org

CITY SECTION: Central  
NEIGHBORHOOD: Museum District/  
Upper Third Ward

LEGEND: C, Free, Esp  
*Foster care for children ages 6 and younger. Specialized medical, psychological and developmental services. Case management for parents of children in care.*

*Cuidado adoptivo de niños menores de 6 años de edad. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para los padres de niños bajo cuidado.*

## CENIKOR FOUNDATION, INC.

4525 Glenwood Avenue  
Deer Park, TX 77536

MAIN: (281) 476-0088  
FAX: (281) 476-5581  
TOLL FREE: (888) 236-4567  
WEB: www.cenikor.org

CITY SECTION: Southeast  
NEIGHBORHOOD: Deer Park

LEGEND: M, W, Free, Walk-ins, CD  
*Long term drug and alcohol behavior modification program (1.5 - 2 years).*

*Programa de largo plazo para la modificación del comportamiento en el uso de alcohol y drogas (1.5 - 2 años).*

## CENTER FOR AIDS, THE ADVOCACY AND INFORMATION

1407 Hawthorne  
Houston, TX 77006

MAIN: (713) 527-8219  
FAX: (713) 521-3679  
TOLL FREE: (888) 341-1788  
WEB: www.centerforaids.org

CITY SECTION: Central  
NEIGHBORHOOD: Montrose

LEGEND: All ages, Free, Esp  
*One on one treatment consultations for HIV+ individuals; information on research, clinical trials and*

*drugs in development. Publishes a patient newsletter, HIV Treatment Alerts. Offers support for medication adherence and smoking cessation. Walk-in information center open Monday through Friday 9am-5pm. No appointment necessary, no forms to fill out.*

*Boletín informativo que incluye tratamientos para pacientes en español, presentaciones a grupos incluyendo a hispanohablantes monolingües sobre tratamientos relacionados con el VIH.*

## CENTER FOR CLINICAL STUDIES

2060 Space Park Drive, Suite 200  
Houston, TX 77058

MAIN: (281) 333-2288  
FAX: (281) 335-4605  
TOLL FREE: (800) 713-2288  
WEB: www.ccstexas.com

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center

LEGEND: M, W, Appt req,  
no cost to patient, Esp

## Center for Clinical Studies

6655 Travis, Suite 120  
Houston, TX 77030

MAIN: (713) 528-8818  
FAX: (713) 528-8848

*Dermatology private practice, clinical trials and STD testing.*

## CENTERPOINTE COUNSELING SERVICES, INC.

4702 LaBranch  
Houston, TX 77004

MAIN: (713) 528-7007  
FAX: (713) 529-5965

CITY SECTION: Central  
NEIGHBORHOOD: Midtown

## Centerpointe Family Counseling

LEGEND: Families, M, W, C (6 - 12), Y,  
S\$, Med, Appt Req, CD

*Individual, family and group therapy services. Current programs include: Family Therapy Program, Anger Management Program for Adults and Centerquest Anger Management Program for Youth.*

## **CHEWS WELLNESS INCORPORATED**

St. Stephen Medical Center  
5815 Airline Drive, Suite 120-121  
Houston, TX 770764922

MAIN: (713) 696-5320  
FAX: (713) 696-5389  
INTAKE: (832) 297-9201  
WEB: www.hospiceedu.com

CITY SECTION: North  
NEIGHBORHOOD: Northside Hospice  
LEGEND: All, Fam,  
Appt/Walk-ins, Free

### **Education & Palliative Services**

*Provides education to pastors, families, patients and lecturing audiences advocating hospice involvement focusing on "care beyond cure", reaching out to the minority populations in Houston and the surrounding counties.*

*Our professional hospice and palliative care consultation service is designed to be informative for the patient and family concerning "why it is important to consider hospice as a choice" when end-of-life challenges become the priority.*

### **Marriage and Single Relationships Education**

LEGEND: M, W, Fam, Free,  
Appt Req, Call for intake

*Chews Wellness provides educational curriculum for healthy marriages and for single relationships: 1-Understanding Relationships, Risks and Choices; 2-Maintaining and Building Relationships; 3-Moving Forward Towards Goals.*

## **CHRISTUS VISITING NURSE ASSOCIATION OF HOUSTON, INC.**

601 Sawyer Street, Suite 750  
Houston, TX 77007

MAIN/24 HRS: (713) 520-8115  
FAX: (713) 520-6678  
TOLL FREE: (800) 375-6877  
INTAKE: (713) 630-5555

CITY SECTION: Central  
NEIGHBORHOOD: Heights  
LEGEND: All ages, Free, Med,  
Dr's orders, Esp

*Provide skilled intermittent nursing, physical, occupational, speech and IV therapy and attendant care services in the home.*

*Servicio de enfermería, terapia física, terapia ocupacional, terapia del habla y terapia IV; servicio de asistencia en el domicilio.*

## **CLAUDE'S PHARMACY**

5740 West Little York  
Houston, TX 77091

MAIN: (281) 447-7648  
FAX: (281) 447-7740  
CITY SECTION: Northwest  
NEIGHBORHOOD: Acres Homes  
LEGEND: M, W, Med, Walk-ins, Esp  
*Pharmacy and medical equipment. Delivery service available - please call for details.*

*Equipo médico y farmacéutico. Servicio de envío disponible - por favor llame para más detalles.*

## **COALITION FOR THE HOMELESS OF HOUSTON/HARRIS COUNTY, INC.**

811 Dallas, Suite 821  
Houston, TX 77002

MAIN: (713) 739-7514  
FAX: (713) 739-8038  
WEB: www.homelesshouston.org  
CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: 713, 281 and 832  
area codes

*The Coalition for the Homeless of Houston/Harris County, Inc. is a private, nonprofit organization whose mission is to educate and advocate for the needs of persons who are homeless through support and coordination of services.*

### **Houston Community Voice Mail**

MAIN: (713) 739-7514  
LEGEND: All, Free, Call for intake

Empowers people in crisis and transition by distributing free, 24-hour personalized voice mail. To connect with a participating agency call 713 739-7514 or visit www.homelesshouston.org.

## **COLT 45'S, THE AIDS TROUBLE FUND**

P O Box 66804  
Houston, TX 77266-6804  
24 HOURS: (713) 526-6077  
WEB: www.colt45s.org  
CITY SECTION: Central

LEGEND: All ages, Free,  
**HIV+ only**, Application Req  
*Provides rental and utility financial assistance to qualified applicants.*

## **COMBINED COMMUNITY ACTION**

165 West Austin  
Giddings, TX 78942

MAIN: (979) 540-2980  
FAX: (979) 542-9565  
TOLL FREE: (800) 688-9065  
SPANISH: (979) 540-2988  
SR NUTRITION: (979) 540-2990  
SR HOMEMAKER: (979) 540-2993  
SR HOUSING: (979) 540-2991  
UTILITY ASST/SECT 8: (979) 540-2986  
HOUSING REPAIRS: (979) 540-2984  
EMERG FINANCIAL: (979) 540-2986  
WEB: www.ccaction.com

CITY SECTION: Northwest  
AREA SERVED: Austin, Bastrop,  
Blanco, Caldwell, Colorado,  
Fayette, Ft. Bend, Hays, Lee and  
Williamson counties

LEGEND: All, Free, Appt/Walk-ins,  
Lim, Income-based eligibility, Esp

*Housing preservation, nutrition and homemaker services for seniors; affordable housing; utility assistance; weatherization; emergency assistance; section 8 housing, cancer resource center. Not all services available in all counties.*

*Preservación de la vivienda, nutrición y servicio doméstico para personas de tercera edad; vivienda de bajo costo, asistencia para el desembolso de los gastos de servicios públicos y de emergencias, asistencia de vivienda con el programa Section 8, centro de recursos sobre el cáncer. No todos estos servicios están disponibles en todos los condados.*

## **COMMUNITY ENDOWMENT FOUNDATION (CEF) SWEHLA HOUSE**

2516 Mandell Street, #6  
Houston, TX 77006

MAIN: (713) 528-0037  
FAX: (713) 520-5646

CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
LEGEND: M, W, S\$, Appt req,  
**HIV+ only**

*Owns and operates a 12 unit efficiency apartment complex (permanent housing) for single persons with HIV*

*AIDS. Vacancies are only advertised through case managers. Tenants must have a source of income as CEF does not provide financial assistance. Rent is based on a percentage of income. Intake by appointment only.*

## COMPASS

(See Houston Compass, Inc.)

## COMPASS COUNSELING SOLUTIONS, INC.

7026 Belgold  
Houston, TX 77066

MAIN: (281) 807-9252  
FAX: (281) 573-8957

CITY SECTION: Northwest  
NEIGHBORHOOD: Champions  
LEGEND: All, Med, Ins,  
Call for intake, Esp.

*Counseling/psychotherapeutic services to individuals, couples, children (ages 3+), adolescents and their families dealing with a wide variety of issues. Services are provided in English and/or Spanish and can be provided in the home, office or school.*

*Consejería/psicoterapia a individuos, parejas, niños (de 3 años para arriba), adolescentes y sus familias con una amplia variedad de problemas. Proveemos servicios en Inglés y Español en el hogar, la oficina o la escuela.*

## CORDER PLACE APARTMENTS

(Houston Help, Inc.)

7210 Peerless  
Houston, TX 77021-3130

MAIN: (713) 741-4070  
FAX: (713) 440-6549

CITY SECTION: Central  
NEIGHBORHOOD: OST/South Union  
LEGEND: Adults, Fam, **HIV+ only**,  
Walk-ins, Homeless, Esp

*Long-term housing and life skills program for homeless families with at least one child under 18 years. Intake: 10am - 4pm.*

*Vivienda a largo plazo y programas de capacitación para familias con al menos un niño/a menor de 18 años. Cita inicial disponible de 10:00 am - 4:00 pm.*

## COVENANT HOUSE TEXAS

1111 Lovett Boulevard  
Houston, TX 77006

MAIN: (713) 523-2231  
FAX: (713) 523-6904  
TTY: (800) 999-9915  
24 HOURS: (800) 999-9999  
WEB: [www.covenanthousetx.org](http://www.covenanthousetx.org)

CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
LEGEND: Y (13 - 21), Free, Esp,  
Walk-ins, Parenting/pregnant  
moms under 21

*An emergency crisis shelter for run-away, homeless and 'throwaway' kids under the age of 21 years. Immediate assistance is provided in the form of shelter, food, clothing and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; street outreach and runaway prevention and transitional living programs; speakers bureau. Located on the Metro bus 42 and 82 routes.*

*Un refugio de emergencia para adolescentes que huyen de sus casas, son echados o no tienen donde vivir. Se provee atención inmediata ofreciendo refugio, alimento, vestimenta y evaluación y servicios para la salud, incluyendo tratamientos de malestares leves, asesoramiento familiar, de salud mental y abuso de sustancias; entrenamiento educacional, vocacional y ayuda en la búsqueda de empleo, clases para la capacitación de padres; alcance educacional y prevención de la huida de la casa y programas de vivienda transitoria. Ubicado en las líneas 42 y 82 del autobús de Metro.*

## CREMATION SERVICE INTERNATIONAL

5601 Arlington  
Houston, TX 77076-4526

MAIN: (713) 692-5555  
FAX: (713) 692-0947  
TOLL FREE: (800) 842-2132  
WEB: [www.arlingtonnational.com](http://www.arlingtonnational.com)

CITY SECTION: North  
NEIGHBORHOOD: Northside  
LEGEND: All, walk-ins

*Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance*

*accepted. Domestic and international shipping and receiving services available.*

## CRISIS INTERVENTION OF HOUSTON

3015 Richmond Avenue, Suite 120  
Houston, TX 77098

MAIN: (713) 527-9864  
FAX: (713) 527-0435  
24 HOURS: (713) HOTLINE (468-5463)  
Español (713) 47-29832 (AYUDA)  
WEB: [www.crisishotline.org](http://www.crisishotline.org)  
LEGEND: All ages, Esp  
24 hour crisis hotline.

*Línea telefónica disponible las 24 horas del día para llamadas de emergencia o crisis.*

## CYPRESS ASSISTANCE MINISTRIES

11202 Huffmeister  
Houston, TX 77065

MAIN: (281) 955-7684  
FAX: (281) 955-7695  
WEB: [www.cypressassistanceministries.com](http://www.cypressassistanceministries.com)

CITY SECTION: Northwest  
NEIGHBORHOOD: Cypress Fairbanks  
AREA SERVED: Zips: 77065, 77429,  
77433, 77447

LEGEND: M, W, Fam, Appt Req, Esp  
*Assistance with food, rent, electricity, clothing, household items; ESL classes. Asistencia con alimentos, pago de renta y electricidad, vestimenta, artículos para la casa; clases de inglés.*

## CYPRESS CREEK HOSPITAL

17750 Cali Drive  
Houston, TX 77090

MAIN: (281) 586-7600  
FAX: (281) 586-5925  
WEB: [www.cypresscreekhospital.org](http://www.cypresscreekhospital.org)

CITY SECTION: North  
NEIGHBORHOOD: Champions  
LEGEND: Ages 13 & up, Med,  
Private pay, Ins, Walk-ins, CD, Esp

*Provides inpatient, partial day and outpatient services, including inpatient detox and inpatient dual detox, for adolescents and adults. Specialize in working with individuals who have mental health and/or substance abuse problems. 24-hour fully staffed assessment/admissions area; case management and discharge planning services are also provided.*



## DAPA FAMILY RECOVERY PROGRAM

6260 Westpark Drive, Suite 150  
Houston, TX 77057

MAIN: (713) 783-8889  
FAX: (713) 783-0499  
TOLL FREE: (800) 828-3272  
WEB: www.DAPAhelp.com

CITY SECTION: Southwest  
NEIGHBORHOOD: Woodlake/  
Briar Meadow

LEGEND: M, W, F, CD, I/RR

### Intensive Outpatient Program (IOP)

A three-phase addiction recovery program lasting one year and consisting of an intensive phase, an intermediate phase and a continued care maintenance phase. IOP gives the chemical dependent or dual disorder (chemical dependency and a major psychiatric disorder) patient - and the patient's family - a highly effective psycho-educational and counseling program administered while the patient continues to live at home and work.

### Partial Hospital Program (PHP)

An intensive day program conducted five to six days a week and administered at the facilities of DAPA Community Mental Health Clinic. Treatment consists of psychiatric and psycho-social evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies and family therapy. All groups are small (no more than 10) and each patient is placed in a group that closely matches their condition. Patients enter this program with or without prior hospitalization and it is the most frequently used of DAPA's treatment programs.

### Acute Inpatient Program (AIP) Intracare Hospital

7601 Fannin  
Houston, TX 77054

MAIN: (713) 783-8889  
CITY SECTION: Central  
NEIGHBORHOOD: Medical Center

LEGEND: M, W, Families, CD, I/RR  
For patients requiring short to moderate hospitalization due to severe psychiatric disorders or substance abuse or both. AIP treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies, family therapy, individual therapy and initiation or stabilization of psychiatric medications. This program is administered at DAPA-affiliated hospitals in the Houston area. Adults, children and geriatric patients are treated in separate units for each age group.

## DEPARTMENT OF ASSISTIVE AND REHABILITATIVE SERVICES

4800 North Lamar Blvd.  
Austin, TX 78756

MAIN: (800) 628-5115  
TOLL FREE: (800) 628-5115  
TTY: (866) 581-9328  
WEB: www.dars.state.tx.us

### Blind Division

10060 Fuqua  
Houston, TX 77089

MAIN: (713) 944-9924  
FAX: (713) 944-0851  
TOLL FREE: (800) 687-7036

CITY SECTION: Southeast  
NEIGHBORHOOD: Ellington/  
South Belt  
AREA SERVED: Brazoria, Galveston  
& SE Harris County  
LEGEND: All, Free, Blind/  
Visually impaired

Independent living skills for the blind to help people with visual impairments remain at work; also provide training for returning to work.

### Houston Regional Office

6220 Westpark, Suite 110  
Houston, TX 77057

MAIN: (713) 267-8510  
TOLL FREE: (866) 281-1804  
CITY SECTION: Southwest  
NEIGHBORHOOD: Woodlake/  
Briar Meadow

LEGEND: All, Free, Disabled  
The DARS Division for Rehabilitation Services is designated as the state's principal authority on the vocational rehabilitation of Texans with dis-

abilities, except persons with visual impairments and the legally blind. The Division's main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services through a variety of programs.

### Vocational Rehabilitation (VR) Program

3311 Richmond Avenue, Suite 175  
Houston, TX 77098

MAIN: (713) 866-7713  
CITY SECTION: Central  
NEIGHBORHOOD: Greenway Plaza  
LEGEND: All, Free, Disabled

The Vocational Rehabilitation (VR) Program helps people who have physical or mental disabilities prepare for, find or keep employment. Gaining skills needed for a career, learning how to prepare for a job interview or getting the accommodations needed to stay employed are just a few of the ways this program helps people with a wide variety of disabilities increase productivity and independence. The counselor and consumer work together to decide on an employment goal, and develop a program of vocational rehabilitation services to achieve the goal.

Work related services are individualized and may include counseling, training, medical treatment, assistive devices, job placement assistance, and other services. Eligibility criteria for this program include: the presence of a physical or mental disability that results in a substantial impediment to employment, whether the individual is employable after receiving services, and whether services are required to achieve employment outcomes. This program also helps students with disabilities plan the jump from school to work.

Services will be determined through informed consumer choice, that is, after providing information about options and alternatives. Please note that consumers can be served by only one DRS program at a time. Call for more information or to schedule an application appointment.

## DEPARTMENT OF STATE HEALTH SERVICES (DSHS)

P O Box 149347  
Austin, TX 78714-9347

MAIN: (512) 458-7111  
FAX: (512) 458-7708  
WEB: [www.dshs.state.tx.us](http://www.dshs.state.tx.us)  
AREA SERVED: Statewide

### Children with Special Health Care Needs (CSHCN)

5425 Polk Avenue, Suite J  
Houston, TX 77023-1497

MAIN: (713) 767-3111  
ALTERNATE: (713) 767-3147  
FAX: (713) 767-3125  
TOLL FREE: (800) 252-8023  
LEGEND: C, Y, Free

*Services to children with extraordinary medical needs, disabilities, and chronic health conditions. The CSHCN Services Program's health care benefits include payments for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other third party payors. The program also contracts with agencies throughout the state to provide an array of clinical and support services to children with special health care needs and their families. The CSHCN Services Program also assists children and their families by supporting case management at DSHS regional offices throughout Texas. Children are served from birth until their 21st birthday.*

### HIV Medication Program (ADAP)

TOLL FREE: (800) 255-1090  
LEGEND: Free, **HIV+ only**,  
Restrictions apply

*The Department of State Health Services Texas HIV Medication Program (THMP) is the official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP has been in existence since 1987 and provides medications approved by the FDA for the treatment of illnesses caused by HIV and other opportunistic infections in HIV-infected individuals as prescribed by their doctor. The THMP currently supplies 40 different medications in more than 90 strengths and formulations and is operated through a network of participating pharmacies, local health departments and public health clinics.*

*El Programa de Medicamentos para el VIH del Departamento de Servicios de Salud del Estado de Texas (THMP) es el programa oficial de la Asistencia de Medicamentos para el SIDA en Texas (ADAP). THMP fue creado en el año 1987 y provee medicamentos, aprobados por FDA (la Administración Federal de Drogas) y autorizados por médicos para el tratamiento de enfermedades causadas por el VIH y otras infecciones oportunistas. Actualmente, THMP provee 40 diferentes medicamentos en más de 90 formulaciones, y opera a través de una red de farmacias, departamentos locales de salud, y clínicas públicas de salud.*

### Star Health Plan Helpline

MAIN: (800) 964-2777  
TTY: (800) 267-5008  
LEGEND: Medicaid recipients.

*Helpline for information about the Star plan. Have your Medicaid ID number or Social Security number ready when you call.*

## DEPARTMENT OF STATE HEALTH SERVICES (DSHS) PUBLIC REGION 6/5 SOUTH

5425 Polk Ave., Suite J  
Houston, TX 77023-1497

MAIN: (713) 767-3420  
FAX: (713) 767-3425  
TTY: (800) 252-8012  
24 HOURS: (800) 299-2437  
WEB: [www.dshs.state.tx.us](http://www.dshs.state.tx.us)

CITY SECTION: Central  
NEIGHBORHOOD: Lawndale  
AREA SERVED: Austin, Brazoria,  
Chambers, Colorado, Ft. Bend,  
Galveston, Harris, Liberty,  
Montgomery, Waller &  
Walker counties

*Services provided by the HIV/STD Program include notifications and referral of persons infected with a sexually transmitted disease, including HIV, to providers for evaluation, treatment and case management.*

## DSHS PUBLIC HEALTH REGION 6/5 CLINICS:

### Bellville Nursing Clinic

800 E. Wendt Street  
Bellville, TX 77418

MAIN: (979) 865-5211  
FAX: (979) 865-5274  
TOLL FREE: (888) 456-7115  
CITY SECTION: West

### Columbus Nursing Clinic

514 Washington  
Columbus, TX 78934

MAIN: (979) 732-5672  
FAX: (979) 732-6417

CITY SECTION: West  
NEIGHBORHOOD: Bellville  
AREA SERVED: Colorado county

*Anonymous and confidential HIV testing (for program clients only), STD testing, prevention counseling, health education/risk reduction, STD prevention education, nurse on-site, TB testing, TB treatment, pregnancy testing, immunizations, family planning.*

### DEPELCHIN CHILDREN'S CENTER

4950 Memorial Drive  
Houston, TX 77007

MAIN: (713) 730-2335  
FAX: (713) 802-3801  
TOLL FREE: (888) 730-2335  
WEB: [www.depelchin.org](http://www.depelchin.org)

CITY SECTION: Central  
NEIGHBORHOOD: Memorial Park  
LEGEND: C, Y (ages 13-18),  
Appt Req, S\$, Med, Ins, CHIP

*Individual, family and group therapy for children, adolescents and their families.*

### DePelchin Children's Center

1610 James Bowie Drive, Suite A111  
Baytown, TX 77520

MAIN: (281) 427-1300  
FAX: (713) 802-3801  
TOLL FREE: (888) 730-2335  
INTAKE: (713) 730-2335

CITY SECTION: East  
NEIGHBORHOOD: Baytown  
*Behavior and mental health counseling.*

### DePelchin Children's Center

531 FM 359 South  
Brookshire, TX 77423

MAIN: (281) 730-2335  
FAX: (713) 802-3801  
TOLL FREE: (888) 730-2335  
INTAKE: (713) 730-2335

CITY SECTION: West  
NEIGHBORHOOD: Brookshire  
*Home-based child and family counseling.*



### DePelchin Children's Center

1300-A Bay Area Boulevard  
Houston, TX 77058

MAIN: (281) 282-6062  
FAX: (713) 802-3801  
TOLL FREE: (888) 730-2335  
INTAKE: (713) 730-2335

CITY SECTION: Southeast  
NEIGHBORHOOD: Clear Lake  
*Behavior and mental health counseling.*

### DePelchin Children's Center

10435 Greenbough  
Stafford, TX 77477

MAIN: (281) 730-2335  
FAX: (713) 802-3801  
TOLL FREE: (888) 730-2335  
INTAKE: (713) 730-2335

CITY SECTION: Southwest  
NEIGHBORHOOD: Stafford  
*Behavioral and mental health counseling.*

### DePelchin Children's Center

1600 Lake Front Circle  
The Woodlands, TX 77380

MAIN: (281) 730-2335  
FAX: (713) 802-3801  
TOLL FREE: (888) 730-2335  
INTAKE: (713) 730-2335

CITY SECTION: North  
NEIGHBORHOOD: The Woodlands  
*Behavioral and mental health counseling.*

### DIGNITY MEMORIAL FUNERAL, CREMATION AND CEMETERIES

Houston, TX

24 HOURS: 1-800-DIGNITY  
WEB: [www.dignitymemorial.com](http://www.dignitymemorial.com)

CITY SECTION: All  
LEGEND: All ages

*Funerals, cremation and burials. 24 locations throughout Houston and the surrounding area. Interactive website locates nearest facility.*

*Provee servicios fúnebres, cremación y sepultura. 24 localidades en Houston y su alrededor. A través del sitio web, infórmese de la localidad más cercana a Ud.*



### EAST FT. BEND HUMAN NEEDS MINISTRY, INC.

425 Stafford Run  
Stafford, TX 77477

Mailing Address:  
P O Box 1611  
Stafford, TX 77497-1611

MAIN: (281) 261-1006  
FAX: (281) 261-0986  
WEB: [www.humanneeds.org](http://www.humanneeds.org)

CITY SECTION: Southwest  
NEIGHBORHOOD: Stafford  
AREA SERVED: Zip codes 77477,  
77478, 77479, 77459,  
77489, 77583, 77545, 77053,  
77083, 77085, 77099

LEGEND: M, W, Fam, All ages,  
Free, Walk-ins

*Full service food pantry, financial assistance (by appt only), August school supply program, monthly Food Fair program, Thanksgiving and Christmas food baskets, Tri-Cities Churches resale shop, referral info available. Must show proof of address and social security card(s).*

### EDUCATIONAL PROGRAMS INSPIRING COMMUNITIES

6717 Stuebner Airline, Suite 207  
Houston, TX 77091

MAIN: (713) 692-4278  
FAX: (713) 692-4279  
WEB: [www.heartprogram.org](http://www.heartprogram.org)

CITY SECTION: North  
NEIGHBORHOOD: Acres Homes  
AREA SERVED: City of Houston

LEGEND: Adults, Free, Walk-ins,  
Call for intake

*The H.E.A.R.T. Program provides Occupational Skills Training to low-income developmentally disabled adults residing within the city of Houston. The purpose of the H.E.A.R.T. program is to prepare the participants for gainful employment through an innovative client-managed entrepreneurial venture. Stage 1 prepares the participants for employment by providing individualized assessments and job readiness training; Stage 2 allows the participants to work both within the general community and in a sheltered workshop as appropriate,*

*through the client managed entrepreneurial venture, H.E.A.R.T. Vending and Concessions.*

*Participants will receive continuing instruction in life skills, social skills, job readiness, and hands-on training through an On-The-Job Training and repetitive practices cycle utilizing mock concession stands and vending machines. As most of the participants have limited reading abilities, the majority of the instruction will be verbal, visual and repetitive. All training is provided by state certified Special Education Teachers.*

### EVERCARE HOSPICE AND PALLIATIVE CARE

9700 Bissonnet, Suite 2500  
Houston, TX 77036

MAIN: (713) 219-6490  
FAX: (713) 219-6491  
TOLL FREE: (888) 303-6166  
WEB: [www.evercarehospice.com](http://www.evercarehospice.com)

CITY SECTION: Southwest  
NEIGHBORHOOD: Westwood

LEGEND: Adults only, S\$, Med,  
Ins, Esp, Call for intake

*Compassionate care for those facing end of life issues and personal support to their families. Because patients prefer the comfort of familiar surroundings, care is provided wherever the patient resides - whether it is a private home, nursing home, assisted living facility or other inpatient setting. Services include pain and symptom management, spiritual and emotional support, bereavement services, related medical equipment and medications.*



## FAIR HAVEN FOOD PANTRY

1330 Gessner, Bldg. 9  
Houston, TX 77055

MAIN: (713) 467-4363  
FAX: (713) 468-1538

CITY SECTION: West  
NEIGHBORHOOD: Spring Branch  
AREA SERVED: Zip codes 77024,  
77027, 77041 (Carverdale area),  
77043, 77055, 77056, 77079, 77080

LEGEND: M, W, Fam, Free,  
Walk-ins, Halfway house residents

*Provide staple food items (limited number of times). Must show proof of address and picture ID.*

## FAMILIES UNDER URBAN AND SOCIAL ATTACK (FUUSA)

3353 Elgin Street  
Houston, TX 77004-3551

MAIN: (713) 651-1470  
FAX: (713) 651-8045  
WEB: www.fuusa.org

CITY SECTION: Central  
NEIGHBORHOOD: Third Ward  
LEGEND: M, W, Y (ages 13-24),  
Fam, Free, Appt Req, CD

*FUUSA was originally founded as an alcohol and drug prevention/intervention and outpatient treatment program. Services provided include mental health services for persons living with HIV/AIDS (Individual, group and family counseling); residential and outpatient substance abuse treatment for teens ages 12-17 and their families; abstinence education; childrens health insurance program (CHIP).*

*FUUSA fue originalmente fundado como un programa de tratamiento para pacientes externos en la prevención e intervención del uso/abuso del alcohol y las drogas. Los servicios proveídos incluyen: servicios para la salud mental a personas viviendo con el VIH/SIDA (apoyo individual, de grupo y familiar); tratamiento residencial y externo para el abuso de sustancias por los adolescentes de 12 a 17 años de edad y sus familiares; educación sobre la abstinencia; programa para la salud de las cria-*

*turas (CHIP) y programa de alcance a efecto de solicitar estampillas para alimentos.*

## FAMILYTIME CRISIS AND COUNSELING CENTER

101 Main Street  
Humble, TX 77338

MAIN / 24 HOURS: (281) 446-2615  
FAX: (281) 446-3691

WEB: www.familytimecc.org  
CITY SECTION: North  
NEIGHBORHOOD: Humble  
AREA SERVED: Harris, Liberty &  
eastern Montgomery counties

LEGEND: All, Free, S\$, Appt Req  
(Walk ins-crisis only)

*The main focus is helping victims of a crime. Shelter for women and children fleeing domestic violence; 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy (counseling only, no medication). Does not offer counseling for the severely mentally ill.*

*El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para las mujeres y los niños/as en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.*

## FT. BEND COUNTY CLINICAL HEALTH SERVICES

4520 Reading Road, Suite A  
Rosenberg, TX 77471

MAIN: (281) 342-6414  
FAX: (281) 342-7371

WEB: www.co.fort-bend.tx.us

CITY SECTION: Southwest  
NEIGHBORHOOD: Rosenberg  
LEGEND: Appt Req, Esp

*HIV testing with pre and post test counseling; immunizations (schedule of clinics available); tuberculosis control; blood sugar and blood pressure screening; disease surveillance.*

## FT. BEND COUNTY WOMEN'S CENTER

1002 Wilson Drive  
Rosenberg, TX 77471

MAIN: (281) 494-4545  
FAX: (281) 342-9248  
TOLL FREE: (888) 427-3650  
INTAKE/24 HOURS: (281) 342-4357  
WEB: www.fortbendwomenscenter.org

CITY SECTION: Southwest  
NEIGHBORHOOD: Rosenberg  
LEGEND: M, W, Y, Fam, Free,  
Appt/Walk-ins, Esp

*Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and educational outreach.*

*Ayuda para los adultos y sus niños/as sobrevivientes del abuso doméstico y el abuso sexual ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y alcance educacional.*

## FT. BEND FAMILY HEALTH CENTER, INC.

400 Austin Street  
Richmond, TX 77469

MAIN/INTAKE: (281) 342-0529  
Ext. 138 or 149  
FAX: (281) 342-1642  
TOLL FREE: (800) 805-9218  
SPANISH: (281) 342-0529  
Ext. 140

CITY SECTION: Southwest  
NEIGHBORHOOD: Richmond  
AREA SERVED: Austin, Colorado,  
Ft. Bend, Waller & Wharton  
counties

LEGEND: All, Walk-ins, S\$, Med,  
Colorado county indigent care  
*Ft. Bend Family Health Center (FBFHC) is a private, non-profit primary care medical facility serving over 12,000 low income individuals and families. One of the target populations is to serve adults with HIV who are from Ft. Bend, Austin, Colorado, Waller and Wharton counties.*

*El Centro Familiar de la Salud de Ft. Bend (FBFHC) provee cuidado médico primario a más de 12,000 personas con bajos recursos y sus familias, incluyendo a las personas con el VIH quienes residen en los condados Ft. Bend, Austin, Colorado, Waller y Wharton.*

## HIV Program

MAIN: (281) 342-0529 x138 or 149

LEGEND: Adults, **HIV+ only**,  
Walk-ins, S\$, Med, RW Part B

*FBFHC's HIV Program provides medical case management to HIV positive people to ensure treatment support and individual coordination for ADAP medication program, dental and eye care, specialty care, laboratory, class A pharmacy, access to clinical trials, psychiatric and behavioral health services (onsite psychiatrist and psychotherapist), and gas cards for transportation as needed. Required for intake: picture ID, proof of address, income and HIV status.*

*El Programa del VIH de FBFHC provee administración médica de casos a personas con el VIH con el propósito de asegurar que el paciente reciba la ayuda necesaria al acceso de tratamientos, el programa de medicamentos ADAP, cuidado dental y óptico, cuidado de especialidades, laboratorio, farmacia, pruebas clínicas, servicios de psiquiatría y de salud conductual (psiquiatra y psicoterapeuta en la localidad), cupones para gasolina cuando sea necesario. En la cita inicial presente: cédula de identidad, comprobante de residencia, ingreso, y estado del VIH.*

## FT. BEND FAMILY HEALTH CENTER - WALLER CENTER

Owens Franklin Health Center -  
Prairie View A&M

Evans and Baker Street, 2nd Floor  
Prairie View, TX 77446

Mailing Address:  
P O Box 4269

Prairie View, TX 77446

MAIN: (936) 261-1470

FAX: (936) 857-2725

CITY SECTION: Northwest

NEIGHBORHOOD: Prairie View

AREA SERVED: Austin, Ft Bend,  
Montgomery & Waller counties

LEGEND: All ages, Appt/Walk-ins,  
S\$, Med, Esp

*Adult health services; well woman exams, prenatal and family planning services; child health services (Texas Health Steps); Immunizations. Must complete registration process prior to scheduling an appointment. Hours of operation: M-F, 8am-5pm.*

*Servicios de la salud para el adulto; exámenes para el bienestar de la mujer; servicios de la salud para los niños/as (Texas Health Steps); vacunas.*

## FROST EYE CLINIC

(See Legacy Community Health Services)

## FUNDACION LATINO AMERICANA CONTRA EL SIDA, INC. (FLAS, INC)

6666 Harwin Drive, Suite 370  
Houston, TX 77036-2264

MAIN: (713) 772-2366

FAX: (832) 251-8121

WEB: www.flasinc.org

CITY SECTION: Southwest

NEIGHBORHOOD: Sharpstown

*F.L.A.S., Inc. provides HIV, substance abuse prevention and Hepatitis C information; education and information about HIV/STDs for youth, women and the general public; HIV counseling and testing; and referrals for Hepatitis C screening. We also provide outreach activities and emergency assistance for people living with HIV/AIDS.*

*F.L.A.S. provee diversas fuentes de información sobre el VIH, sobre la prevención del abuso de sustancias y la hepatitis C; educación sobre el VIH/STDs para los jóvenes, mujeres y el público en general; apoyo psicológico y análisis para el VIH; referencias para la reexaminación de la Hepatitis C.*

## Emergency Assistance Program

LEGEND: All, **HIV+ only**, Free,  
Appt req, Esp

*This program is to provide emergency assistance for people infected with HIV/AIDS in Harris County to pay the electricity, telephone, gas and water bills only. Must show proof of HIV status, ID and the utility bill must be in the clients name.*

*También proporcionamos actividades de alcance, y asistencia de emergencia para las personas infectadas con VIH/SIDA en el Condado de Harris. Dicha ayuda consiste en el pago de los servicios públicos como sea: la electricidad, teléfono, gas y el agua, únicamente. Debe demostrar prueba del estado de VIH/SIDA, Cédula de Identidad y las facturas deberán estar a nombre del cliente.*

## Hablemos en Confianza (Let's Talk Honestly and Confidentially)

AREA SERVED: Gulfton area (77081)  
and Galena Park (77547)

LEGEND: All, Latino immigrants/  
familias, I/RR, Free, Esp

*This project provides HIV, substance abuse and hepatitis prevention for Latino immigrant families and their children ages 10-17 in Harris County.*

*Este proyecto provee educación y prevención del HIV, el abuso de sustancias y de la Hepatitis. Este programa es para servir a las Familias Inmigrantes Latinas y a sus hijos entre las edades de 10-17 en el condado de Harris.*

## HIV Counseling and Testing

LEGEND: All, Free, Appt Req, Esp

*The HIV/STD counseling and testing program is to provide rapid HIV testing (results in 10 minutes).*

*El programa de consejería y prueba del VIH/STD es para proveer la prueba rápida del VIH (resultados en 10 minutos).*

## HIV Prevention Among Hispanic Youth

AREA SERVED: Zip codes 77029,  
77036, 77055, 77081,  
77401, 77547, 77587

LEGEND: Y (Hispanic, ages 11-21),  
Free, Lim, Esp

*This program has been established to provide education, information and intensive interactive training on ways to avoid contracting HIV/AIDS among Hispanic youth.*

*Este programa ha sido establecido con el propósito de proveer información y educación a los jóvenes Hispanos para evitar que estos contraigan la infección del VIH/SIDA.*

## FUNERAL CONSUMERS ALLIANCE OF HOUSTON

1504 Wirt Rd  
Houston, TX 77055-4919

MAIN: (713) 526-4267

TOLL FREE: (888) 282-4267  
(713) 301-8566

WEB: www.funerals.org/houston

CITY SECTION: West

NEIGHBORHOOD: Spring Branch

AREA SERVED: 100-mile radius  
of Houston

LEGEND: All

Information and Education regarding requirements and options in making near-death and after-death arrangements; Consumer Protection through education, legislation and action. Forms to pre-plan your wishes regarding near-death and after death arrangements; Speakers Bureau—we have experienced speakers available to speak to your Church, Civic, or Professional Group; “Before I Go, You Should Know” end-of-life planning kit: comes with state specific Directive to Physicians and Surrogates (Living Will) and Durable Medical Power of Attorney, plus a fill-in-the-blanks booklet for your funeral plans; Volunteer Opportunities: we always need volunteers with office and computer skills as well as Board Members and Board Advisors.



### **GAY AND LESBIAN SWITCHBOARD OF HOUSTON**

24 HOURS: (713) 529-3211  
 LEGEND: All ages, Free

24 hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.

### **GOOD SHEPHERD MISSION**

Counseling Center  
 1005 Avenue F (M.L.K.)  
 Huntsville, TX 77320

Mailing Address:

P. O. Box 7281  
 Huntsville, TX 77342

MAIN: (936) 291-8156  
 FAX: (936) 291-9338  
 Thrift Store (936) 291-9375  
 WEB: www.walkercountyonline.com/org/mission

AREA SERVED: Walker County  
 LEGEND: All ages, Free, Walk-ins, CD

Provides food, clothing, and temporary shelter (average of 690 beds used monthly) to indigent locals and transients by: Serving two hot meals daily (the mission serves over 1,800 hot meals each month), operating the local food bank (the mission provides groceries to 120 households each week), offering two Thrift Stores

for low cost shopping or vouchers for free clothing (the mission Gives out over 5,000 articles of clothing, coats, and household items each month). Faith-based counseling is also available. Other services include providing limited prescription and travel-aid vouchers. H.O.P.E. House Recovery program. Must be able to go upstairs, no sex offenders. Not a medical or mental health facility.

### **GOODWILL TEMPORARY SERVICE**

4640 Main Street  
 Houston, TX 77002

MAIN: (713) 699-6724  
 FAX: (713) 699-6725  
 WEB: www.goodwillhouston.org

CITY SECTION: Central  
 NEIGHBORHOOD: Kashmere Gardens  
 LEGEND: M, W, Appt Req  
 Employment services.

### **GULF COAST CENTER - RECOVERY PROGRAM**

123 Rosenberg, 6th floor  
 Galveston, TX 77550

MAIN: (409) 944-4337  
 FAX: (409) 944-4351

CITY SECTION: Southeast  
 NEIGHBORHOOD: Galveston  
 AREA SERVED: Galveston, Brazoria & Southeast Harris counties

LEGEND: M, W, Fam, **HIV+ only**, Free, S\$, Walk-ins, CD,

Dual Diagnosis (COPSD) program provides case management for clients with co-existing mental health and substance abuse problems.

HIV Early Intervention (HEI) includes case management by Masters level LCDCs, support groups, prescription vouchers and individual counseling. Clients must be HIV+ and have a history or diagnosis of substance abuse problems.

HIV Outreach program includes community outreach, HIV testing, prevention education and materials, risk reduction and referrals.

Recovery Program provides a full continuum of available substance abuse treatment services from hospital detox, residential, outpatient and drug education programs.

### **GULF COAST CENTER, THE**

Administrative Office  
 123 Rosenberg, Suite 6  
 Galveston, TX 77550

MAIN: (409) 763-2373  
 FAX: (409) 763-5538  
 TOLL FREE: (800) 643-0967  
 WEB: www.gcmhmr.com

CITY SECTION: South  
 NEIGHBORHOOD: Alvin  
 AREA SERVED: Brazoria & Galveston counties

LEGEND: All ages, S\$, Appt Req, CD, Esp

### **GULF COAST CENTER, THE**

101 Brennen  
 Alvin, TX 77550

INTAKE/24 HOURS: (800) 643-0967  
 Intake and referral for mental health, mental retardation and substance addiction recovery services; supported employment; supported housing; crisis intervention; respite program; transportation; homeless programs for mentally ill; children's services; community support services; HIV/AIDS outreach and testing; HEI case management; service coordination.

Evaluación y referencia para la salud mental, servicios para la persona retardada mentalmente y recuperación de la adicción de sustancias; asistencia del empleo y vivienda; intervención de crisis; asistencia al cuidador, transportación, vivienda para la persona retardada mentalmente, servicios para niños, servicios de apoyo comunitario, alcance y análisis del VIH/SIDA, administración de casos HEI, servicio de coordinación.

### **GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.**

5000 Gulf Freeway, Bldg 1  
 Houston, TX 77023

Mailing Address:

P O Box 230889  
 Houston, TX 77223-0889

MAIN: (713) 393-4700  
 FAX: (713) 393-4751  
 WEB: www.gccsa.org

CITY SECTION: Central  
 NEIGHBORHOOD: Lawndale  
 AREA SERVED: Harris County

LEGEND: All, Free (income guidelines for most services), Appt Req, Walk-ins, Esp

Monday - Friday, 8:00am - 5:00pm  
 Keymap location: 534H

**SERVICE LOCATIONS ARE LISTED AFTER THE PROGRAM DESCRIPTIONS.**

**After School Program:** after school educational and recreational program for 100 students from MacArthur and Gregg Elementary schools.

**Back to School Program:** school supplies and clothing vouchers for low income families to assist with the cost of necessary school items (as available).

**Bus Tokens:** for low income individuals for the purpose of employment search, medical appointments and continued education.

**Case Management:** comprehensive case management services including assessment of need, service plan development and implementation, monitoring and advocacy. Case managers will assess the needs of the entire family and coordinate referrals to the appropriate social service agencies.

**Clothes Closet:** gently used clothing to low income families and individuals.

**Community Learning Center:** adult courses for GED, ESL, computer literacy, word processing and conversational Spanish.

**Employment Skills:** job search assistance, referrals for on the job training, resume writing and job development and placement.

**Food Pantry:** Supplemental non-perishable food to relieve emergency and distress situations.

**Head Start:** federal program for children ages 3-5 in the southwest, south and east end of Houston.

**Early Head Start:** federal program for pregnant women and children ages 0-3 in the Fifth Ward area.

**Housing Counseling:** Home Buyer's class, rent/mortgage counseling, pre-purchase counseling, advocate/mediation for landlord/tenant disputes, displacement and relocation resources and reverse mortgage assistance.

**Individual Development Account:** provides matching funds for educational expenses, starting a business or to purchase a home. All participants must attend budgeting counseling classes.

**Prescription Vouchers:** for low income individuals to assist with the cost of medication (as available).

**Rental/Mortgage/Utility Assistance:** assistance for low income individuals to avoid eviction/disconnect.

**Senior Services:** The home safety and security program provides inspections of homes for safety and security hazards, installation of wheelchair ramps, carbon monoxide detectors, smoke alarms and fire extinguishers, replacement of entry doors and broken windows.

**Transportation:** for the elderly and disabled to medical facilities, doctor's offices and clinics.

**Volunteer Income Tax Assistance:** for low income individuals needing assistance with filing federal income tax.

**Youth Services:** Presidential Fitness Program for youth ages 10 - 16 to participate in summer activities such as swimming, basketball and tennis through the TSU National Youth Sports Program. Educating Youth=Enhancing Society (EYES) program includes youth savings incentive program, financial literacy and field trips.

**Asistencia con:** el regreso a la escuela, fichas para el METRO, administración de casos; vestimenta de emergencia, ESL y GED, despensa de alimentos, servicios para ancianos; vivienda, desarrollo individual de ahorro, información y referencias, en la búsqueda de empleo, referencias de empleo, vales para recetas médicas, renta/hipoteca, y transportación.

**Acres Home Multi Service Center**  
6719 West Montgomery Road  
Houston, TX 77091  
MAIN: (713) 692-1046  
ALTERNATE: (713) 697-1773  
(713) 692-2440  
FAX: (713) 692-6050

CITY SECTION: Northwest  
NEIGHBORHOOD: Acres Homes  
Monday - Friday, 8:00am - 5:00pm;  
Keymap location: 452C.

**JD Walker Multi Service Center**  
7613 Wade Road  
Baytown, TX 77521  
MAIN: (281) 426-4757  
CITY SECTION: East  
NEIGHBORHOOD: Baytown  
Monday - Thursday, 8:00am - 4:30pm;  
Keymap location: 460Q.

**Kashmere Multi Service Center**  
4802 Lockwood  
Houston, TX 77026  
MAIN: (713) 674-1301  
ALTERNATE: (713) 674-0371  
(713) 674-0859  
FAX: (713) 674-0301  
CITY SECTION: Central  
NEIGHBORHOOD: Kashmere Gardens  
Monday - Friday, 8:00am - 5:00pm;  
Keymap location: 454Y.

**Magnolia Multi Service Center**  
7037 Capitol, Suite 106  
Houston, TX 77011  
MAIN: (713) 921-2960  
ALTERNATE: (713) 921-4668  
(713) 926-3710  
FAX: (713) 921-4715  
CITY SECTION: Central  
NEIGHBORHOOD: Magnolia Park  
Monday - Friday, 8:00am - 5:00pm;  
Keymap location: 494T.

**Northwest Assistance Ministries**  
15555 Kuykendahl Road  
Houston, TX 77090  
MAIN: (281) 397-0176  
FAX: (281) 397-0414  
CITY SECTION: North  
NEIGHBORHOOD: Greenspoint  
Monday - Friday, 8:00am - 5:00pm;  
Keymap location: 372V.

**South Houston**  
1007 State Street  
South Houston, TX 77587  
MAIN: (713) 378-4747  
CITY SECTION: Southeast  
NEIGHBORHOOD: South Houston  
Wednesdays only, 8:00am - 5:00pm;  
Keymap location: 536W.

## Southwest Station

9888 Bissonnet, Suite 135  
Houston, TX 77036

MAIN: (713) 541-5205  
ALTERNATE: (713) 541-6703  
(713) 541-6214  
(713) 541-5907  
FAX: (713) 541-4360  
CITY SECTION: Southwest  
NEIGHBORHOOD: Westwood  
Monday - Friday, 8:00am - 5:00pm;  
Keymap location: 529V.

## Sunnyside Multi Service Center

4605 Wilmington  
Houston, TX 77051

MAIN: (713) 734-6553  
ALTERNATE: (713) 734-5419  
(713) 734-6568  
FAX: (713) 734-6534  
CITY SECTION: South  
NEIGHBORHOOD: Sunnyside  
Monday - Friday, 8:00am - 5:00pm;  
Keymap location: 573B.

## Third Ward Multi Service Center

3611 Ennis, Suite 125  
Houston, TX 77004

MAIN: (713) 521-9957  
ALTERNATE: (713) 521-9152  
FAX: (713) 521-9570  
CITY SECTION: Central  
NEIGHBORHOOD: Third Ward  
Tuesdays & Thursdays, 8:00am -  
5:00pm; Keymap location: 533C.

## Tomball Station

1728 Huffsmith  
Tomball, TX 77375

MAIN: (281) 357-5423  
CITY SECTION: North  
NEIGHBORHOOD: Tomball  
Mondays only, 8:30am - 5:00pm;  
Keymap location: 288G.



## HARMONY HEALTH RECOVERY CENTER

602 Girard  
Houston, TX 77007

MAIN: (713) 237-1765  
FAX: (713) 237-1715  
CITY SECTION: Central  
NEIGHBORHOOD: Memorial  
Park/Washington

LEGEND: M only, Free, Lim, CD,  
Documented homeless & Tuberculosis

*Services provided: case management, day programs; respite care (up to one year); employment and training; short term housing; nutrition and wellness; social support and activities; peer counseling; 12-step programs; transportation; volunteer opportunities. Intake M-F, 10am-4pm.*

## Harmony House Respite Center

LEGEND: Men only, Free, Lim  
*Services provided: case management, respite care (up to 1 year), employment, short term housing, nutrition and wellness, social support and activities, transportation, medical clinic on site, LCDC and counseling services, laundry, and food. Must be documented homeless and have referral from healthcare facility or clinic and recovering from an injury or medial illness as primary diagnosis, HIV/AIDS secondary. Must be able to care for self. Intake M-F, 10am-4pm.*

## HARRIS COUNTY COMMUNITY & ECONOMIC DEVELOPMENT

8410 Lantern Point  
Houston, TX 77054

MAIN: (713) 578-2000  
FAX: (713) 578-2090  
WEB: [www.ss.hctx.net/](http://www.ss.hctx.net/)

## Social Services Division

9418 Jensen Drive  
Houston, TX 77093

MAIN: (713) 696-7900  
FAX: (713) 697-3164  
TTY: (800) 735-2988  
CITY SECTION: Northeast  
NEIGHBORHOOD: Eastex/Jensen  
AREA SERVED: Harris County; transportation services inside Beltway 8

LEGEND: All ages, Free, Appt/Walk-ins  
*Urban transportation; case management; utility/rental assistance; monthly financial assistance.*

## Veteran Services Office

MAIN: (281) 876-6600  
FAX: (713) 692-3963  
*File service and non service connected claims for veterans and their families; other services for veterans.*

## HARRIS COUNTY HOSPITAL DISTRICT

2525 Holly Hall  
Houston, TX 77054

MAIN: (713) 873-4000  
FAX: (713) 873-4052  
HIV HOTLINE: (281) HIV-INFO  
WEB: [www.tmc.edu/HCHD](http://www.tmc.edu/HCHD)  
AREA SERVED: Harris County

## Acres Home Health Center

818 Ringold Street  
Houston, TX 77088

MAIN: (281) 448-6391  
CITY SECTION: Northwest  
NEIGHBORHOOD: Acres Homes  
LEGEND: All, Walk-ins, Free, S\$, Med  
*HIV counseling and testing. Located on the Metro bus 40 and 64 routes.*

## Adolescent Program

2015 Thomas Street  
Houston, TX 77009

MAIN: (713) 873-4100  
CITY SECTION: Central  
NEIGHBORHOOD: Near Northside  
LEGEND: Y, Free, S\$, Med,  
**HIV+ only**, Esp, Gold card

*Outpatient primary care; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing. Located on the Metro bus 9 and 37 routes.*

## Aldine Health Center

4755 Aldine Mail Route  
Houston, TX 77039

MAIN: (281) 985-7600  
FAX: (281) 985-7620  
CITY SECTION: Northeast  
NEIGHBORHOOD: Aldine  
LEGEND: Fam, All, Free, S\$,  
Med, Walk-ins  
*HIV counseling and testing.*

## Ask Your Nurse

### Mailing Address:

5656 Kelly  
Houston, TX 77026

MAIN: (713) 663-CALL (2255)

LEGEND: All, Free, Esp

Experienced nurses available to answer questions 24 hours a day/seven days a week. They can direct you to less expensive healthcare alternatives and offer practical health advice. They can help callers determine the urgency of a medical or health condition, provide referrals for substance & alcohol abuse, and provide information to assist with social needs.

*Las enfermeras están disponibles para responder a sus preguntas las 24 horas del día, siete días de la semana. Pueden orientarle sobre alternativas de atención de la salud a bajo costo y darle recomendaciones prácticas.*

## Baytown Health Center

1602 Garth Road  
Baytown, TX 77520

MAIN: (281) 427-6757

CITY SECTION: East

NEIGHBORHOOD: Baytown

LEGEND: All, Walk-ins, Free S\$, Med  
HIV counseling and testing.

## Casa de Amigos Health Center

1615 N. Main Street  
Houston, TX 77009

MAIN: (713) 222-2272

CITY SECTION: Central

NEIGHBORHOOD: Near Northside

LEGEND: All, Walk-ins, Free S\$, Med  
HIV counseling and testing. Located on the Metro bus 9, 15, 24, 52, 60 and 78 routes.

## Dental Center

5230 Griggs Road  
Houston, TX 77021

MAIN: (713) 757-0572

FAX: (713) 526-4243

APPOINTMENTS: (713) 526-4243

CITY SECTION: Central

NEIGHBORHOOD: OST/South Union

LEGEND: All (age 16 & up),  
Walk-ins, Free, S\$, Med

Preventive and restorative dental care services at a central location and 6 community health centers (see listings under Dental Services). The pro-

gram provides examinations, cleanings, fillings, dentures and, in selective cases, partial dentures.

The Dental Center is open Monday-Friday, 8:00am - 5:00pm. The community health centers (Aldine, People's, Strawberry, Gulfgate, Acres Home and Settegast) that provide dental services are open according to each center's regular schedule. To ensure appointments go smoothly, be sure to bring your appointment slip, current Gold Card and all medications with you and arrive thirty minutes early. Children less than 16 years of age are referred to the city's dental clinic.

If you've never been treated through the HCHD dental program, and you need an emergency appointment, go to your local HCHD Community Health Center. Your primary care physician can provide you with the necessary antibiotics and pain medications to help you until your dental visit. Your doctor will then refer you for a follow-up emergency appointment with the downtown Dental Center. If your Community Health Center is closed, go the emergency room at either Ben Taub General Hospital or Lyndon B. Johnson General Hospital

## Gulfgate Health Center

7550 Office Center Drive  
Houston, TX 77012

MAIN: (713) 495-3700

CITY SECTION: Central

NEIGHBORHOOD: Pecan Park

LEGEND: All, Walk-ins, Free S\$, Med  
HIV counseling and testing.

## Insight Program Ben Taub General Hospital

1504 Taub Loop  
Houston, TX 77030

MAIN: (713) 873-2553

INTAKE: (877) 668-6627

CITY SECTION: Central

NEIGHBORHOOD: Medical Center

LEGEND: All, I/RR, CD, Free,  
Appt req, Call for intake, Esp

Specialists give the following confidential services: screening for alcohol and drug problems; education about alcohol and drug use; short-term counseling for people at risk for alcohol and drug problems; treatment referrals for specialized care; and referrals to health care provider for related alcohol and drug problems. Located on the Metro bus 1 route.

## Insight Program Patrick Henry Health Clinic

10702 East Hardy Road  
Houston, TX 77093

MAIN: (713) 696-2731

INTAKE: (877) 668-6627

CITY SECTION: North

NEIGHBORHOOD: Eastex/Jensen

LEGEND: C, Y, CD, Free, Appt req,  
Call for intake, Esp

## Insight Program Southside School Based Clinic

1721 16th Street  
Galena Park, TX 77547

MAIN: (713) 676-1475

CITY SECTION: East

NEIGHBORHOOD: Galena Park

LEGEND: C, Y, CD, Free, Appt req,  
Call for intake, Esp

## Insight Program Strawberry Health Center

927 Shaw Avenue  
Pasadena, TX 77506

MAIN: (713) 982-5154

CITY SECTION: Southeast

NEIGHBORHOOD: Pasadena

LEGEND: All, I/RR, CD, Free,  
Appt req, Call for intake, Esp

## Lyndon B. Johnson General Hospital

5656 Kelley Street  
Houston, TX 77026

MAIN: (713) 566-5100

CITY SECTION: North

NEIGHBORHOOD: Kashmere Gardens

LEGEND: All, Walk-ins, S\$,  
Gold Card, Med

Located on the Metro bus 1 route.

## Northwest Community Health Center Early Intervention Program

1100 West 34th Street  
Houston, TX 77018

MAIN: (713) 861-3939

FAX: (713) 867-7819

HIV TESTING: (713) 873-4157

CITY SECTION: Northwest

NEIGHBORHOOD: Oak Forest/  
Garden Oaks

LEGEND: M, W, Free, S\$, Med,  
Appt/Walk-ins, **HIV+ only**

Outpatient primary care, OBI/Gyn services, medication access and infor-

mation, case management, social services, education, pharmacy, HIV counseling and testing. Located on the Metro bus 23 and 50 routes.

### People's Health Center

6630 DeMoss  
Houston, TX 77074  
MAIN: (713) 272-2600  
CITY SECTION: Southwest  
NEIGHBORHOOD: Sharpstown  
LEGEND: All, Walk-ins, Free S\$, Med  
*HIV counseling and testing.*

### Settegast Health Center

9105 North Wayside  
Houston, TX 77028  
MAIN: (713) 636-7192  
FAX: (713) 636-7193  
TTY: (713) 636-7186  
CITY SECTION: East  
NEIGHBORHOOD: East End  
LEGEND: Fam, All, S\$, Med,  
Appt/Walk-ins, Esp

*Outpatient primary care; routine clinical services; podiatry, optometry, radiology, lab and pharmacy; nutrition, health education and social services; geriatric clinic; HIV counseling and testing. Located on the Metro bus 77 route.*

*Cuidado primario para pacientes externos, servicio clínico rutinario, podiatría, optometría, radiología, laboratorio y farmacia, nutrición, educación para la salud y servicios sociales, clínica de geriatría, consejería y análisis del VIH. Ubicado en la línea 77 del autobús de Metro.*

### Thomas Street Health Center

2015 Thomas Street  
Houston, TX 77009  
MAIN: (713) 873-4000  
FAX: (713) 873-4052  
CITY SECTION: Central  
NEIGHBORHOOD: Near Northside  
LEGEND: M, W, Free, S\$, Med,  
**HIV+ only**, Appt/Walk-ins,  
Esp, Gold Card

*Outpatient primary care; OB/Gyn services; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling; support groups. Located on the Metro bus 9 and 37 routes.*

*Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH, grupos de apoyo. Ubicado en las líneas 9 y 37 del autobús de Metro.*

### Women's Program

2015 Thomas Street  
Houston, TX 77009  
MAIN: (713) 873-4511  
CITY SECTION: Central  
NEIGHBORHOOD: Near Northside  
LEGEND: W, Free, S\$, Med,  
**HIV+ only**, Esp, Gold Card

*OB/Gyn services; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing. Located on the Metro bus 9 and 37 routes.*

*Cuidado primario de obstetricial ginecología, acceso a medicamentos e información, servicios sociales, educación, administración de casos, farmacia, grupos de apoyo, consejería y análisis del VIH. Ubicado en las líneas 9 y 37 del autobús de Metro.*

### HARRIS COUNTY HOUSING RESOURCE CENTER

MAIN: (713) 578-2055  
TTY: (713) 578-2096  
WEB: [www.hrc.hctx.net](http://www.hrc.hctx.net)  
AREA SERVED: Harris County  
LEGEND: All, Free, Esp

*The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public and private sector programs dedicated to helping Harris County's homeless population.*

*The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.*

*El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.*

*La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.*

### HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

2223 West Loop South  
Houston, TX 77027  
MAIN: (713) 439-6000  
FAX: (713) 439-6080  
24 HOURS: (713) 755-5000  
WIC: (713) 439-6145  
HIV PREVENTION: (713) 439-6177  
WEB: [www.hcphes.org](http://www.hcphes.org)  
CITY SECTION: Central  
NEIGHBORHOOD: Galleria/Post Oak  
AREA SERVED: Harris County  
LEGEND: M, W, Free, Lim, Esp

*Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris county; provision of personal health services to eligible individuals that include family planning, prenatal care, immunizations, nutrition programs, well-child programs, risk factor screening, refugee health and pollution control.*

*Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado*



Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, cuidado prenatal, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos, servicios para la salud de los refugiados, control de la contaminación.

### CHRONIC DISEASE PREVENTION

MAIN: (713) 439-6141

Basic cholesterol, blood pressure, and blood sugar screenings at health fairs and other events in Harris county, focusing on underserved worksites.

Análisis del colesterol, la glucosa y la presión sanguínea en ferias de la salud y otros eventos en el Condado Harris, especialmente en sitios laborales subtendidos.

### HEALTH CLINICS

Main Office  
2223 West Loop South  
Houston, TX 77027

MAIN: (713) 439-6000  
HIV PREVENTION: (713) 439-6290  
WIC: (713) 439-6145  
FAX: (713) 439-6080  
TTY: (713) 439-6112  
24 HOURS: (713) 755-5000  
WEB: www.harriscountyhealth.com

AREA SERVED: Harris County  
CITY SECTION: Central  
NEIGHBORHOOD: Galleria/Post Oak  
Immunizations, nutrition counseling, health education, lead poisoning screening and prevention, child health exams (including EPSDT/TX Health Steps medical case management), treatment of sexually transmitted diseases, tuberculosis screening/contact investigation/follow-up and DOT, HIV counseling and testing, perinatal Hepatitis B case management of high risk pregnant women, infants and children, children's health insurance program (CHIP) application, dental care, WIC.

Inmunización, consejos sobre nutrición, educación para la salud, análisis de sangre y prevención del envenenamiento del plomo, examen para el bienestar del niño (incluyendo administración médica de casos de EPSTD/TX Health Steps), tratamiento de enfermedades de transmisión sexual, análisis de la tuberculosis/investigación de contacto/seguimiento y

DOT, análisis y consejería del VIH, administración de casos para el cuidado de alto riesgo de la hepatitis B perinatal en mujeres embarazadas, infantes y niñas, aplicación al programa para el seguro de salud de los niños (CHIP), cuidado dental, programa WIC.

### Antoine Health Clinic

5815 Antoine, Suite A  
Houston, TX 77091

INTAKE: (713) 602-3300  
FAX: (713) 602-3374  
WIC: (713) 602-3333

CITY SECTION: Northwest  
NEIGHBORHOOD: Inwood Forest  
LEGEND: All, I/RR, Free, Walk-ins  
(call ahead), Esp

### Baytown Health Clinic

1000 Lee Drive  
Baytown, TX 77520

MAIN: (281) 427-7656  
FAX: (281) 427-1785

CITY SECTION: East  
NEIGHBORHOOD: Baytown  
LEGEND: All, I/RR, Free, Walk-ins  
(call ahead), Esp

### Humble Health Clinic

1730 Humble Place Drive  
Humble, TX 77338

MAIN: (281) 446-4222  
FAX: (281) 446-9563  
WIC: (281) 446-5207

CITY SECTION: North  
NEIGHBORHOOD: Humble  
LEGEND: All, I/RR, Free, Walk-ins  
(call ahead), Esp

### LaPorte Health Clinic

1009 S. Broadway  
LaPorte, TX 77571

MAIN: (281) 471-4202  
FAX: (281) 471-4263  
INTAKE: (281) 471-4202  
WIC: (281) 471-5408

CITY SECTION: East  
NEIGHBORHOOD: La Porte  
LEGEND: All, I/RR, Free, Walk-ins  
(call ahead), Esp

### Southeast Health Clinic

3737 Red Bluff  
Pasadena, TX 77502

INTAKE: (713) 740-5000

FAX: (713) 740-5110  
WIC: (713) 477-3526

CITY SECTION: Southeast  
NEIGHBORHOOD: Pasadena  
LEGEND: All, I/RR, Free, Walk-ins  
(call ahead), Esp

### Webster Health Clinic

311 Pennsylvania, Suite 200  
Webster, TX 77598

MAIN: (281) 338-0637  
FAX: (281) 338-0723

CITY SECTION: Southeast  
NEIGHBORHOOD: Webster  
LEGEND: All, I/RR, Free, Walk-ins  
(call ahead), Esp

### SAFE TALK

MAIN: (713) 439-6179  
LEGEND: Free, MSM, Call for intake

Small group session build knowledge of HIV prevention and also build skills in reducing risk of HIV transmission for men who have sex with men. Call for intake.

### TOBACCO PREVENTION & CESSATION PROGRAM

MAIN: (713) 439-6115  
LEGEND: All ages, Free, Esp

Prevent tobacco use among youth, provide cessation assistance through promotion of the American Cancer Society Quitline (1-877-YES-QUIT) and increase awareness about second-hand smoke and its adverse health effects.

Prevención del uso del tabaco entre los jóvenes, provee asistencia para la cesación del uso del tabaco por medio de la línea telefónica (1-877-YES-QUIT) de la Sociedad Americana contra el Cáncer, y promueve educación sobre los efectos adversos de la salud producidos por el humo de segunda mano.

### WIC PROGRAM

Administrative Offices  
2223 West Loop South  
Houston, TX 77027

MAIN: (713) 439-6145  
WEB: www.harriscountyhealth.com  
AREA SERVED: Harris County

CITY SECTION: Central  
NEIGHBORHOOD: Galleria/Post Oak  
LEGEND: Free, Pregnant, postpartum  
& breastfeeding women,  
C (ages 0 - 5)

WIC is the special supplemental nutrition program for women, infants and children. Provides nutrition information, food vouchers, breastfeeding information and referrals.

WIC es un programa de nutrición suplemental para mujeres, niños e infantes. Proporciona educación sobre la nutrición, cupones para alimentos, información sobre la lactancia, y referencias.

### Bear Creek WIC Center

4380 North Highway 6  
Houston, TX 77084

MAIN: (281) 345-4759  
FAX: (281) 345-8645  
CITY SECTION: West  
NEIGHBORHOOD: Bear Creek/  
Highway 6

### Decker Drive WIC Center

4204 Decker Drive  
Baytown, TX 77521

MAIN: (281) 424-8366  
FAX: (281) 424-4175  
CITY SECTION: Southeast  
NEIGHBORHOOD: Baytown

### Emerald Plaza WIC Center

11509 Veterans Memorial Dr.  
Houston, TX 77067

MAIN: (281) 444-0764  
FAX: (281) 444-1594  
CITY SECTION: Northwest

### Pasadena WIC Center

524 Pasadena Blvd, Suite 1005  
Pasadena, TX 77506

MAIN: (713) 477-3526  
FAX: (713) 477-3685  
CITY SECTION: Southeast  
NEIGHBORHOOD: Pasadena

### Red Oak WIC Center

830 FM 1960 West, Suite 17  
Houston, TX 77090

MAIN: (281) 880-8527  
FAX: (281) 880-6812  
CITY SECTION: North  
NEIGHBORHOOD: Bammel

### Scarsdale WIC Center

10851 Scarsdale Boulevard, Suite 210  
Houston, TX 77089

MAIN: (281) 922-6546  
FAX: (281) 922-6547

CITY SECTION: Southeast  
NEIGHBORHOOD: Ellington/  
South Belt

### South Houston WIC Center

1116-C Spencer Highway @ S. Shaver  
South Houston, TX 77587

MAIN: (713) 941-5035  
FAX: (713) 944-2550  
CITY SECTION: Southeast  
NEIGHBORHOOD: South Houston

### Tomball WIC Center

701 East Main St., Suite 145, Bldg. B  
Tomball, TX 77375

MAIN: (281) 255-3881  
FAX: (281) 290-6780  
CITY SECTION: Northwest  
NEIGHBORHOOD: Tomball

### HARRIS COUNTY RIDES

1001 Preston, 4th Floor  
Houston, TX 77002

MAIN: (713) 368-7433  
FAX: (713) 755-9475  
WEB: [www.harriscountyrides.com](http://www.harriscountyrides.com)

CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: Serves all Harris county  
zip codes outside the  
METROLift service area

LEGEND: Disabled, Elderly or Low  
income, Flat, Esp

*What is RIDES? RIDES is a curb-to-curb subsidized program that allows eligible customers and participating agencies to purchase transportation tickets at a significant discount. The customer/agency pays a reduced fee of \$2.50 per ticket: that's a 50% savings off the regular \$5 value of the ticket. Each customer may select from two levels of service: Shared Ride and Taxi Service.*

*Am I Eligible? RIDES provides non-emergency transportation services for the elderly, disabled, and low-income residents of Harris County who live outside the METROLift service area or are unable to access METRO services. To qualify under elderly or disabled qualifications, you must reside within Harris County and meet one or more of the following criteria: over 60 years of age (proof of age required); or disabled (proof of disability required: SSI Award letter or certification letter from your physician). To qualify under low-income qualifications, you*

*must reside within Harris County and meet income criteria: \$21,350/year or under (proof of income required).*

*¿Qué es RIDES? RIDES es un programa de subsidio que ofrece transportación de "puerta a puerta." Permite a los clientes y a las agencias elegibles a la compra de boletos de transportación a un descuento significativo. El cliente o la agencia paga una tarifa reducida de \$2.50 por boleto, un ahorro de 50% del valor normal de \$5. Cada cliente tiene la opción de elegir entre dos clases de servicios: Viaje Compartido y Servicio de Taxi.*

*¿Reúno los requisitos para este programa? RIDES brinda servicios de transportación, que no son de emergencia, para los residentes mayores de edad, discapacitados y de bajos ingresos en el Condado de Harris, pero que viven fuera del área de los servicios del METROLift o que no tienen la posibilidad de acceder a los servicios de METRO. Para calificar bajo las cualidades de personas mayores de edad o discapacitadas, deben residir dentro del Condado de Harris y reunir una o más de las siguientes condiciones: tener más de 60 años de edad (se requerirá prueba de edad); ser persona discapacitada (se requerirá prueba de discapacidad); presentar el SSI Award letter (Carta de Concesión del Subsidio por Discapacidad) o un certificado médico. Para calificar bajo la condición de personas con ingresos limitados, deberá residir en el Condado de Harris y tener un ingreso anual de \$21,350 ó menor (se requerirá prueba de ingreso)*

### HARRIS COUNTY SHERIFFS OFFICE HIV Department

1200 Baker Street  
Houston, TX 77002

MAIN: (713) 755-9256  
FAX: (713) 755-4586  
WEB: [www.hcso.hctx.net/supportsvcs/medical/HIV.asp](http://www.hcso.hctx.net/supportsvcs/medical/HIV.asp)

CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: Harris County Jail  
LEGEND: M, W, Free, Esp, CD,  
Incarcerated

*Provides HIV/STD testing, counseling and medical care; case management; chemical dependency treatment;*

medications and HE/RR for persons incarcerated in the Harris County jail.

*Provee análisis del VIHETS, cuidado médico, administración de casos, tratamientos para la dependencia de sustancias, medicamentos y HE/RR para las personas en la cárcel del Condado Harris.*

## HATCH

Mailing address:

401 Branard Street, 2nd Floor  
Houston, TX 77006

MAIN: (713) 529-3590  
WEB: www.hatchyouth.org  
EMAIL: info@hatchyouth.org

*Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to become positive contributors to the community. Youth meetings on Friday and Sunday evenings.*

## HEALTH INFORMATION HOTLINE (CDC)

MAIN: (800) 232-4636  
TOLL FREE: (800) CDC-INFO  
TTY: (888) 232-6348  
WEB: www.cdc.gov

## HOSPICE CARE TEAM, INC.

1708 Amburn Road, Suite C  
Texas City, TX 77591

MAIN: (409) 938-0070  
FAX: (409) 938-1509  
TOLL FREE: (800) 545-8738  
24 HOURS: (409) 938-0070  
WEB: www.hospicecareteam.org  
CITY SECTION: Southeast  
NEIGHBORHOOD: Texas City  
AREA SERVED: Galveston, Brazoria & Southeast Harris counties  
LEGEND: All, S\$, Med, Ins, Appt Req

*Compassionate, comprehensive care and support for terminally ill persons and their caregivers. Not for profit, services provided regardless of ability to pay. Medicare and Medicaid certified.*

*Provee cuidado y apoyo compasivo y amplio para pacientes con enfermedades terminales y sus cuidadores. Es una agencia sin bienes de lucro que ofrece servicios sin considerar si el paciente esté o no capacitado a pagar.*

## HOUSTON AREA COMMUNITY SERVICES (HACS)

3730 Kirby Drive, Suite 820  
Houston, TX 77098

MAIN: (713) 526-0555  
FAX: (713) 526-1422  
TOLL FREE: (888) 285-9373  
TTY: (713) 526-7793  
INTAKE: (713) 526-0555  
WEB: www.hacstxs.org

CITY SECTION: Central  
NEIGHBORHOOD: Greenway Plaza  
AREA SERVED: Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller & Wharton counties

## Case Management

Suite 300

INTAKE: (713) 526-0555  
FAX: (713) 526-9882  
LEGEND: M, W, All, **HIV+ only**, Free, Appt Req, Esp

*Medical, clinical and social case management services assist clients in accessing needed health and social services within the greater Houston area. Services are provided within the home or in HACS offices.*

## Administración de Casos

*Los servicios de la administración de casos, que son el médico, el clínico y el social, asisten al cliente a acceder servicios para la salud y para necesidades sociales y éstos están ubicados en el área de Houston. Los servicios son proveídos en el domicilio particular del cliente o en las oficinas de HACS.*

## HIV Testing and Counseling

Suite 820

INTAKE: (713) 526-0555  
FAX: (713) 980-0066  
LEGEND: All, M, W, Y, Free, Walk-ins, Esp

*Free OraQuick (rapid) and blood based testing (needles and blood). Also STI testing for Syphilis, Chlamydia and Hepatitis C.*

## Pruebas para VIH y Apoyo

*Análisis gratuito del VIH "OraQuick" (sin el uso de sangre o agujas) y análisis con el uso de sangre y agujas, análisis de ETS (enfermedades de transmisión sexual) como la sífilis, clamidia y hepatitis C.*

## Impact - Mental Health Counseling

Suite 350

MAIN: (713) 526-0555  
FAX: (713) 980-0065  
LEGEND: M, W, All, Free, **HIV+ only**, Mental Health diagnosis, Targeted populations: African American & Hispanic/Latino, Esp

*Individual, couples and group counseling to work through issues related to living with HIV, in addition to support and psycho-educational groups. Services provided by professional, experienced licensed master level social workers in nontraditional settings such as the home or in HACS offices.*

## IMPACT - Psicoterapia para la Salud Mental

*Asiste a los clientes a obtener servicios médicos y sociales en el área metropolitana de Houston, incluyendo asistencia financiera por medio de recursos estatales y federales. Este servicio es proveído en el domicilio del cliente o en las oficinas de HACS.*

## Joseph Hines Clinic

1710 West 25th Street  
Houston, TX 77008

MAIN/INTAKE: (713) 426-0027  
FAX: (713) 426-0211

CITY SECTION: Central  
NEIGHBORHOOD: Heights  
AREA SERVED: Chambers, Ft. Bend, Harris, Liberty, Montgomery & Waller counties

LEGEND: Adults (18 & up), Free, **HIV+ only**, Targeted populations: African American & Hispanic, Transgender, Med, Esp

*Free outpatient medical services for Persons Living with HIV/AIDS.*

## Clínica Joseph Hines

*Servicios médicos gratuitos para pacientes externos viviendo con el VIH/ SIDA.*

### Tenant-based Rental Assistance (TBRA)

3730 Kirby Drive, Suite 300  
Houston, TX 77098

MAIN: (713) 526-0027  
FAX: (713) 526-9882

AREA SERVED: Austin, Brazoria,  
Chambers, Harris, Ft. Bend,  
Galveston, Liberty, Montgomery,  
San Jacinto & Waller counties

LEGEND: M, W, Free, Appt Req,  
**HIV+ only**, Esp

*Tenant-based rental assistance (TBRA) provided to HIV+ clients of HACS' outpatient primary care and clinical programs.*

*La asistencia al alquiler destinado al arrendatario (TBRA) es proveída a las personas con el VIH y que son clientes de HACS. El programa suministra cuidado primario y de clínica, para pacientes externos.*

### HOUSTON AREA WOMEN'S CENTER

1010 Waugh Drive  
Houston, TX 77019

MAIN: (713) 528-6798  
FAX: (713) 535-6363  
TTY: (713) 528-3625  
SEXUAL ASSAULT: (713) 528-7273  
SEX ASSAULT TTY: (713) 528-3691  
DOMESTIC VIOLENCE: (713) 528-2121  
WEB: www.hawc.org

CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
AREA SERVED: Houston

LEGEND: W, Y, C, Free, Esp  
*Crisis intervention and telephone counseling for victims of sexual assault, incest and domestic violence.*

### HOUSTON BUYERS CLUB

3224 Yoakum Boulevard  
Houston, TX 77006

MAIN: (713) 520-5288  
FAX: (713) 521-7419  
TOLL FREE: (800) 350-2392  
WEB: www.houstonbuyersclub.com

CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
LEGEND: All, M, W, Free, Walk-ins

*Dietary supplements available to anyone (with or without chronic illness) at discounted cost. Side effect management information as it relates to disease and medication side effects. Supplements provided at no cost to*

*Ryan White Title II eligible clients as prescribed by primary care provider. Supplement assistance provided through non governmental programs.*

### HOUSTON COMMUNITY VOICE MAIL

MAIN: (713) 739-7514  
LEGEND: All, Free, Call for intake

*Empowers people in crisis and transition by distributing free, 24-hour personalized voice mail. To connect with a participating agency call 713 739-7514 or visit www.homelesshouston.org.*

### HOUSTON COMPASS, INC.

John S. Dunn Outreach Center

1212 Prairie Street  
Houston, TX 77002

Mailing Address:  
1117 Texas Avenue  
Houston, TX 77002

MAIN: (713) 229-8319  
FAX: (713) 229-8560  
WEB: www.houstoncompass.org

CITY SECTION: Central  
NEIGHBORHOOD: Midtown

LEGEND: All ages, Free,  
First come-First served

*Information and referral for basic needs and other social services. COMPASS provides a wide variety of services through person-to-person interviews. Initially, the clients needs are assessed and appropriate plans of action and resources are discussed. These interviews may address crisis counseling, information and referral, basic needs and transportation assistance, chemical dependency counseling and referral, ID assistance, employment counseling, or many other needs. Anyone interested in visiting with a counselor need only come by the office during office hours. Located on the Metro bus #52 route.*

### HOUSTON DEPT OF HEALTH AND HUMAN SERVICES

8000 N. Stadium Drive  
Houston, TX 77054

MAIN: (713) 794-9311  
FAX: (713) 798-0862  
WEB: www.houstonhealth.org

CITY SECTION: Central  
NEIGHBORHOOD: Astrodome/  
South Loop

AREA SERVED: Houston

### Bureau of Health Information Services

MAIN: (713) 794-9320

### Bureau of HIV/STD and Viral Hepatitis Prevention

MAIN: (713) 794-9092  
HIV/STD HOTLINE: (713) 794-9020

### Clinics:

#### Lyons Avenue Health Center

5602 Lyons Avenue  
Houston, TX 77020

MAIN: (713) 671-3041  
CITY SECTION: Central  
NEIGHBORHOOD: Denver Harbor

#### Medical Center Clinic

1115 S. Braeswood  
Houston, TX 77030

MAIN: (713) 794-9640  
CITY SECTION: Central  
NEIGHBORHOOD: Medical Center

#### Communicable Diseases

8000 N. Stadium Drive, Fifth Floor  
Houston, TX 77054

MAIN: (713) 794-9092  
FAX: (713) 798-0830

### HOUSTON HOUSING AUTHORITY

2640 Fountainview  
Houston, TX 77057

MAIN: (713) 260-0600  
FAX: (713) 260-0815  
TTY: (713) 260-0547  
WEB: www.housingforhouston.com

CITY SECTION: West  
NEIGHBORHOOD: Woodlake/  
Briar Meadow

AREA SERVED: City of Houston

LEGEND: M, W, Fam, Free  
(income limit), Walk-ins, Esp

*Housing assistance primarily through the Low-Rent Public Housing Program and Housing Choice Voucher Program (formerly Section 8), as well as other housing, homeownership and self-sufficiency programs for low- to moderate-income families, seniors and the disabled within the City of Houston. Most programs have waiting lists. No emergency housing provided.*

*Asistencia para la vivienda a través del Programa de Vivienda Pública y el Programa de Vales de Elección de Vivienda (anteriormente llamado*

Sección 8) para familias, personas de tercera edad e incapacitadas. La agencia ofrece también otros programas como la asistencia para la compra de viviendas y la autosuficiencia de familias con recursos bajos a moderados que viven en Houston. Varios programas tienen la lista de espera. No proveemos asistencia de emergencia.

### HOUSTON HUMANE SOCIETY

14700 Almeda Road  
Houston, TX 77053

MAIN: (713) 433-6421  
FAX: (713) 433-4325  
WEB: www.houstonhumane.org  
CITY SECTION: South  
LEGEND: All, Flat Fee, Appt Req, Esp  
*Paw Prints program assists qualified HIV/AIDS patients who must be hospitalized by providing temporary foster care and medical treatment for their pets. Other services include: acceptance of animals; adoptions; low cost spay/neuter and wellness vaccinations; cruelty investigations and humane education.*

### HOUSTON LAWYER REFERRAL SERVICE, INC.

1001 Fannin, Suite 1370  
Houston, TX 77002

MAIN: (713) 237-9429  
FAX: (713) 652-0001  
TOLL FREE: (800) 289-4577  
WEB: www.hhrs.org  
CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
LEGEND: M, W, S\$, Esp

*Houston Lawyer Referral Service, Inc. Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need.*

*Provee información y referencia legal. Asiste al individuo en identificar el problema con el propósito de referirlo a las organizaciones de servicios sociales y legales apropiadas.*

### HOUSTON READ COMMISSION

5400 Griggs Road  
Houston, TX 77021

Mailing Address:  
5330 Griggs Road, Box 75  
Houston, TX 77021

MAIN: (713) 228-1801  
FAX: (713) 847-6332  
LITERACY HELPLINE: (713) 228-1800  
WEB: www.houread.org  
CITY SECTION: Central  
NEIGHBORHOOD: OST/South Union  
LEGEND: Ages 17+, Free, Appt Req, Esp

*Adult and family literacy: ABE, GED, ESL, basic literacy, health literacy, financial literacy; referrals. Provider and membership professional development. 140+ centers throughout the area with varying hours of operation.*

*Provee servicio de alfabetización para adultos y sus familias: programas de ABE, GED y ESL (clases de inglés), capacitación básica para aprender a leer y escribir, la salud, financieras; referencias. Capacitación para el desarrollo profesional, 140+ localidades a través del área con horarios variados de operación.*

### HOUSTON REGIONAL HIV/AIDS RESOURCE GROUP

500 Lovett Boulevard  
Houston, TX 77006

MAIN: (713) 526-1016  
FAX: (713) 526-2369  
WEB: www.hivresourcegroup.org  
CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
AREA SERVED: Harris and surrounding counties

*Grants management for Ryan White Part B, C, D and DSHS State Services as funded.*

### HOUSTON SRO HOUSING CORP.

2211 Norfolk, Suite 740  
Houston, TX 77098

MAIN: (713) 526-9470  
FAX: (713) 526-1849  
WEB: www.houscorp.com  
CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: 10-County HOPWA service area  
LEGEND: HIV+ only

*SRO Housing, an activity of The Housing Corporation of Greater Houston, focuses on the housing needs of the homeless, individuals and families with little or no income, and persons affected by HIV/AIDS or*

*related diseases. These persons must have a strong network of supportive services in order to maintain residential stability. Our responsibilities include developing and maintaining a service - enriched environment at each community operated to serve SRO Housing. The properties include single room occupancy housing facilities for formerly homeless individuals and permanent housing communities for individuals and families affected by HIV/AIDS. SRO Housing's a very significant aspect of Houston's "continuum of care" for the formerly homeless and those affected by HIV/AIDS.*

### San Jacinto Apartments

1111 McIlhenny  
Houston, TX 77002

MAIN: (713) 650-0306

### HOUSTON VOLUNTEER LAWYERS PROGRAM

#### AIDS Project

712 Main Street, Suite 2700  
Houston, TX 77002

MAIN: (713) 228-0735, Ext. 121  
FAX: (713) 227-0359  
WEB: www.hvlp.org  
CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: Chambers, Ft. Bend, Harris, Liberty, Montgomery & Waller counties

LEGEND: M, W, All, Fam, Free, Esp, HIV+ only, Filing fees if required by court

*Legal assistance in CIVIL matters only. Lawsuits for monetary damages are not accepted.*

*Asistencia legal sobre temas CIVILES únicamente. No se aceptan pleitos que requieren ganancia monetaria.*

### HUMBLE AREA ASSISTANCE MINISTRIES (HAAM)

1204 First Street  
Humble, TX 77338

MAIN: (281) 446-3663  
FAX: (281) 446-2601  
WEB: www.haaministries.org  
CITY SECTION: North  
NEIGHBORHOOD: Humble  
AREA SERVED: Zipcodes 77336, 77338, 77339, 77346, 77347, 77357, 77365, 77396  
LEGEND: Fam, All, Free, Walk-ins

Provides food, financial assistance, clothing, adult and health education classes, prescription assistance and employment training (call for appt).



## ID-DOCTOR.COM

18220 Tomball Parkway, Suite 230  
Houston, TX 77070

MAIN: (832) 604-0005  
FAX: (832) 604-0103

CITY SECTION: Northwest  
NEIGHBORHOOD: Willowbrook  
LEGEND: M, F, Ages 11 & up, Med,  
Flat fee, Appt req

*Infectious disease clinic.*

## INNER DOOR COUNSELING & REHABILITATION CENTER

*Mailing Address:*

P O Box 41226  
Houston, TX 77274-1226

MAIN: (713) 278-8870  
FAX: (713) 278-9711

CITY SECTION: Southwest  
NEIGHBORHOOD: Sharpstown  
AREA SERVED: Brazoria, Chambers,  
Ft. Bend, Galveston, Harris &  
Wharton counties.

LEGEND: All, CD, S\$, Ins, Med,  
Walk-ins

*An intensive outpatient behavioral health clinic treating emotional, attention deficit, hyperactivity, mental and chemical dependency disorders. Individual and group counseling sessions; attention deficit and hyperactive disorder management (ADHD); depression/grief and loss management; self esteem/peer pressure management; family counseling; early childhood intervention; parenting skills (offered on Saturdays only). Office hours M-F 10am-8pm and Saturday 11am-8pm.*

## INNERWISDOM COUNSELING CENTER

1325 La Concha Lane  
Houston, TX 77054-1809

MAIN: (713) 592-9292  
FAX: (713) 839-8052  
TOLL FREE: (877) 944-9473  
24 HOURS: (713) 935-9110  
SPANISH: (713) 592-9293

WEB: [www.innerwisdom.com](http://www.innerwisdom.com)

CITY SECTION: Central

NEIGHBORHOOD: Medical Center

LEGEND: M, W, Fam, All, Med,  
S\$, Self pay, Walk-ins, Esp

*Day programs that combine traditional, established methods of mental health care with more contemporary approaches to provide a holistic approach to health that addresses every aspect of the client's well being. The programs focus on the belief that a balance of mind, body and spirit must be achieved for life long health and wellness. Services include: group, individual and family therapy; grief management; behavior modification; self-esteem building; life review therapy; family relationship development; transportation to and from the center; a healthy lunch and snacks are provided.*

*Programas diurnos que combinan métodos tradicionales para el cuidado de la salud mental con un acercamiento de carácter más contemporáneo para proveer un cuidado completo de la salud siendo la meta el bienestar del cliente en todos los aspectos. El programa se basa en la creencia que debe existir un balance de mente, cuerpo y espíritu para lograr una vida larga y saludable. Los servicios incluyen consejería individual, de grupo y familiar, manejo de la ira, modificación del comportamiento, desarrollo del autoestima, terapia para la revisión de la vida personal, desarrollo de las relaciones familiares, transportación, almuerzo y bocadillos saludables.*

## INNERWISDOM WELLNESS CENTER

1325 La Concha Lane  
Houston, TX 77054-1809

MAIN: (713) 592-9294  
FAX: (713) 592-9296  
TOLL FREE: (877) 944-9473  
SPANISH: (713) 592-9293  
WEB: [www.innerwisdom.com](http://www.innerwisdom.com)

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: M, W, All, S\$, Med,  
Appt Req, Esp

*Programs for children, adolescents, adults and seniors that focus on clients' emotional, mental, social, economic and spiritual well-being and include individual and group therapy*

*and support groups that address a number of issues. Issues addressed include self-esteem building, grief management, life skills and family relationship development, and stress management including massage therapy and biofeedback. All services provided by licensed, master's level clinicians.*

*Ofrecemos programas para niños, adolescentes, adultos y ancianos que enfocan en el bienestar emocional, mental, social, económico y espiritual de los clientes e incluye terapia individual y de grupo. La terapia trata de temas como actividades de la vida diaria, autoestima, manejo de la aflicción, desarrollo de habilidades y control del estrés, incluyendo terapia de masaje y biorretroalimentación. Todos los servicios son ofrecidos por profesionales licenciados.*

## INTERFAITH CAREPARTNERS® AIDS Care Team® Program

701 N. Post Oak Road, Suite 330  
Houston, TX 77024

MAIN: (713) 682-5995  
FAX: (713) 682-0639  
TTY: (713) 682-5995

WEB: [www.interfaithcarepartners.org](http://www.interfaithcarepartners.org)  
CITY SECTION: West  
NEIGHBORHOOD: Memorial  
AREA SERVED: Ft. Bend, Harris &  
Montgomery counties

LEGEND: All, Free, Walk-ins, Accepts  
collect calls from rural clients, Esp

*Congregation-based teams of volunteers trained by Interfaith CarePartners® to respond to many of the social, emotional and physical needs of people touched by HIV/AIDS. Care team members view themselves as friends and extended family who can assist people in their home. Other programs include Alzheimer's CareTeam®, Second Family CareTeam® for frail seniors and chronically ill adults, Kid's Pals CareTeam® (pediatric, non HIV) and Geriatric Care Management.*

*Ofrecemos un equipo de voluntarios de congregaciones entrenado por Interfaith CarePartners® con el propósito de ayudar con muchas de las necesidades sociales, emocionales y físicas de las personas afectadas por el VIH/SIDA. Los voluntarios son considerados amigos y una extensión de la familia del cliente y ayudan a*

personas en sus domicilios. También asisten a personas con demencia del Alzheimer, personas frágiles de tercera edad y adultos con enfermedades crónicas, Kid's Pals Care Team® (pediatría, no VIH) y en la administración del cuidado geriátrico.

**INTERGROUP ASSOCIATION, INC.**  
**(Alcoholics Anonymous)**

4140 Directors Row, Suites D-E  
Houston, TX 77092

MAIN: (713) 686-6300  
FAX: (713) 686-6703  
24 HOURS: (713) 686-6300  
WEB: www.aahouston.org

CITY SECTION: Northwest  
NEIGHBORHOOD: Inwood Forest  
LEGEND: M, W, Y, All, I/RR,  
Free, Lim, CD, Esp

*24 hour telephone service for callers seeking help about their alcoholism. Central source of information on Alcoholics Anonymous activities and literature. Maintains meeting schedule/location on the web. Guides newcomers to meetings.*

*Servicio telefónico las 24 horas del día para personas buscando ayuda e información sobre la dependencia del alcohol, información sobre actividades y literatura sobre Alcohólicos Anónimos, horarios y localidades de las reuniones de AA en la red, y orientación a las personas nuevas sobre las reuniones.*

**INTERNATIONAL LANGUAGE ASSOCIATES**

Mailing Address:  
P O Box 70084  
Houston, TX 77270-0084

MAIN: (713) 206-0910  
FAX: (713) 868-1193  
WEB: www.  
Internationallanguageassociates.com  
AREA SERVED: Texas  
LEGEND: All ages, Flat Fee, Appt Req

*Provides onsite interpreters of all languages and most dialects. Includes legal, medical and technical background interpreters.*

*Provee intérpretes de todos los idiomas, incluyendo interpretaciones legales, médicas y en general.*



**JACK'S APOTHECARY #2**

8109 Cullen Boulevard  
Houston, TX 77051

MAIN: (713) 733-7424  
FAX: (713) 733-1885  
WEB: www.jacksapothecary2.com  
CITY SECTION: Central  
NEIGHBORHOOD: Astrodome/  
South Loop

LEGEND: All ages, Med, Walk-ins, CD

*DSHS HIV/AIDS medications - \$3*

**JEWISH COMMUNITY CENTER OF HOUSTON**

5601 South Braeswood  
Houston, TX 77096

MAIN: (713) 551-7200  
FAX: (713) 551-7223  
WEB: www.JccHouston.org

CITY SECTION: Southwest  
NEIGHBORHOOD: Meyerland  
AREA SERVED: Houston &  
Ft. Bend County

LEGEND: C, Flat Fee,  
Scholarships available

*Preschool and childcare for age 6 weeks - 10 years; half and full day options available.*

**JEWISH FAMILY SERVICE**

4131 S. Braeswood  
Houston, TX 77025

MAIN: (713) 667-9336  
FAX: (713) 667-3619  
WEB: www.jfshouston.org

CITY SECTION: Central  
NEIGHBORHOOD: Meyerland  
LEGEND: M, W, All ages, S\$,  
Appt Req

*Counseling: individual, couples and group therapy.*



**KROGER PHARMACY #243**

3300 Montrose Boulevard  
Houston, TX 77006

MAIN: (713) 526-1239  
FAX: (713) 526-4235  
CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
LEGEND: All ages

**KROGER PHARMACY #312**

1035 N. Shepherd Drive @11th  
Houston, TX 77008

MAIN: (713) 880-4661  
FAX: (713) 880-4020  
CITY SECTION: Central  
NEIGHBORHOOD: Heights  
LEGEND: All ages

**KROGER PHARMACY #339**

295 Sawdust Road  
Spring, TX 77380

MAIN: (281) 363-3595  
CITY SECTION: North  
NEIGHBORHOOD: Spring  
LEGEND: All ages

**KROGER PHARMACY #355**

1938 West Gray @ Woodhead  
Houston, TX 77019

MAIN: (713) 521-2317  
FAX: (713) 521-3189  
CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
LEGEND: All ages



**LAMBDA CENTER**

1201 Clay Street  
Houston, TX 77019

MAIN: (713) 521-1243  
FAX: (713) 521-1243  
WEB: www.lambdahouston.org

CITY SECTION: Central  
NEIGHBORHOOD: Montrose

*Alcoholics anonymous groups for gay, lesbian, bisexual and transgendered individuals.*

## LAZARUS HOUSE: A CENTER FOR WELLNESS

4106 Austin  
Houston, TX 77004

MAIN: (713) 526-5071  
FAX: (713) 523-0379  
WEB: www.thelazarushouse.org  
CITY SECTION: Central  
NEIGHBORHOOD: Midtown  
LEGEND: All, Flat fee, Lim Scholarships

*A unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related wasting through an integrated program of exercise, nutrition, mental and spiritual awareness.*

## LEGACY COMMUNITY HEALTH SERVICES

215 Westheimer Road  
Houston, TX 77006

MAIN: (713) 830-3000  
FAX: (713) 830-3079  
WEB: www.legacycommunityhealth.org

CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
AREA SERVED: Brazoria, Ft. Bend, Galveston, Harris, Liberty & Montgomery counties

### Healthy Relationships

MAIN: (713) 830-3057  
FAX: (713) 830-3055  
LEGEND: Adults (over age 18), HIV+ only, Free, Call for intake  
*Group-level intervention for HIV+ persons - discusses disclosure of HIV status and helps with communication and negotiation skills.*

### HIV and Syphilis Testing & Counseling

MAIN: (713) 830-3070  
LEGEND: Y, M, W, low cost, Appt/Walk-ins, Esp

*Testing services include free blood testing for high-risk individuals and fee-for-service blood testing or rapid HIV testing. Extended or brief prevention counseling included with every test.*

*Community testing services at a variety of locations on a scheduled basis. Free rapid HIV testing available at each location. Brief prevention counseling included with every*

*test. Community testing services are targeted to high-risk men who have sex with men; but offer test to any high-risk individual. Call for the community testing schedule.*

*Análisis del VIH y sífilis en la localidad y en la comunidad, todos los días de la semana. Llame para información sobre las localidades y los horarios.*

### HIV Primary Medical Care

INTAKE: (713) 830-3087  
LEGEND: Y, M, W, HIV+ only, Appt Req, Esp, Amerigroup, Med, Many ins plans

*Primary health care services for qualified HIV+ individuals. Some may qualify under Ryan White funds, please call for eligibility.*

*Servicios primarios del cuidado de la salud para personas VIH+ que califiquen. Deben ser elegibles para los fondos de Ryan White.*

### Next Step Education Program

INTAKE: (713) 830-3075  
LEGEND: Y, M, W, Free, Appt Req, Esp

*Educational program for newly diagnosed HIV+ and significant others. Includes laboratory services.*

*Programa educacional para personas que recientemente diagnosticaron VIH+ y para sus seres queridos. Incluye servicios de laboratorio.*

### Positive Options

(Comprehensive Risk Counseling & Services)

MAIN: (713) 830-3000  
LEGEND: Adults (over age 18), HIV+ only, Free, Call for intake

*Individual, multi-session prevention counseling for HIV+ individuals who are having difficulty maintaining safer sex practices.*

### Primary Care Clinic

INTAKE: (713) 830-3062  
LEGEND: Y, M, W, Amerigroup, Med, Many health ins plans, S\$, Appt/Walk-ins, Esp

*Health care services for the GLBT and general community at low cost.*

*Servicios del cuidado de la salud de bajo costo para la comunidad gay, lesbica, bisexual y transgénera y la población en general.*

## Professional Mental Health Counseling

MAIN: (713) 830-3000  
LEGEND: M, W, S\$, Flat fee, Appt Req  
*Therapeutic counseling for family problems, parenting and marriage conflicts, stress management, depression and career concerns.*

### Psychiatric Services

MAIN: (713) 830-3000  
LEGEND: M, W, Y, All, Med  
*Assessment, diagnosis and treatment of mental illness.*

### STD Clinic

MAIN: (713) 830-3000  
LEGEND: Y, M, W, S\$, Appt/Walk-ins, Esp

*STD exam, diagnosis and treatment.*

*Análisis, diagnóstico y tratamiento del ETS (enfermedades transmitidas sexualmente).*

### Women's Clinic

MAIN: (713) 830-3000  
LEGEND: W, Appt Req, S\$, Esp, Amerigroup, Med, Many health ins plans

*Low cost well woman exams, birth control and family planning counseling.*

*Exámenes con bajo costo para el bienestar de la mujer.*

## LEGACY COMMUNITY HEALTH SERVICES

3311 Richmond Avenue, Suite 100  
Houston, TX 77098

MAIN: (713) 830-3033  
FAX: (713) 830-3091  
WEB: www.legacycommunityhealth.org

CITY SECTION: Central  
NEIGHBORHOOD: Greenway Plaza  
AREA SERVED: Chambers, Ft. Bend, Harris, Liberty, Montgomery & Waller counties

### Body Positive Wellness Program

LEGEND: Y, M, W, Free, S\$, Med, Appt Req, Lim, Esp

*Nutritional supplements and counseling; massage therapy, physical therapy, acupuncture, cardiovascular exercise and weight training. Other rehabilitation services as needed.*



Consejería sobre la nutrición y suplementos nutricionales, terapia de masaje, terapia física, acupuntura, ejercicios cardiovasculares y entrenamiento con pesas. En adición, otros servicios de rehabilitación cuando sean necesarios.

### Frost Eye Clinic

LEGEND: M, W, Y, Esp, Free to low cost, Amerigroup, Med, Many health ins plans, Appt req

Optometrist and Ophthalmologist services including eye glasses, contact lenses and CMV screening.

Servicios de optometría y oftalmología, incluyendo anteojos, lentes de contacto y evaluación para el CMV.

### Legacy Research

LEGEND: Y, M, W, Free, Appt Req, Esp, HIV+ only

Medical studies to try and find new and better therapies; must qualify for the medical studies.

Estudios médicos de investigación para el mejoramiento y el descubrimiento de nuevas terapias para las personas que califiquen.

### Medication/Insurance Assistance

MAIN: (713) 574-9709  
FAX: (713) 520-7520

LEGEND: M, W, Appt Req, HIV+ only  
Assistance with prescriptions, health insurance premiums and co-payments for prescriptions and doctor visits for PLWHIA.

Ayuda con recetas médicas, prima de seguro médico y co-pagos para las recetas y las visitas al doctor para las personas con el VIH/SIDA.

### LEGACY COMMUNITY HEALTH SERVICES

5602 Lyons Avenue  
Houston, TX 77020

MAIN: (713) 671-3041  
FAX: (713) 670-9575  
WEB:

[www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)

CITY SECTION: Central  
NEIGHBORHOOD: Fifth Ward  
LEGEND: All, Fam, S\$, Med, Esp

Health care services for the general community at low cost.

Servicios para el cuidado de la salud a un bajo costo para la comunidad en general.

### LIFE HOUSTON

Good Neighbor Healthcare Center  
2002 South Wayside, Suite 115  
Houston, TX 77023

MAIN: (713) 528-6044  
FAX: (713) 528-3802  
WEB: [www.lifehouston.org](http://www.lifehouston.org)

CITY SECTION: Central  
NEIGHBORHOOD: Lawndale  
AREA SERVED: All Gulf Coast areas  
LEGEND: C (under 1 year), Free, Walk-ins

Provides one week supply of emergency baby formula and age appropriate baby food for infants under one year. Clients may access services 6 times before the infant is one year old. Parents or caregivers need only photo identification of themselves and proof of the babies birth. Hours: Monday - Friday 9:30am - 2:30pm.

### LIFE Houston

9600 S. Gessner, Building E  
Houston, TX 77071

MAIN: (713) 270-0369  
CITY SECTION: Southwest  
NEIGHBORHOOD: Braeburn  
LEGEND: C (under 1 year), Free, Walk-ins

### Memorial Assisance Ministries

1625 Blalock Road  
Houston, TX 77080

MAIN: (713) 462-4516, x116

CITY SECTION: West  
NEIGHBORHOOD: Spring Branch  
LEGEND: C (under 1 year), Free, Walk-ins

Tuesdays only, 9:00am - 3:00pm.

### LIVING WITHOUT LIMITS, LIVING LARGE, INC.

Meeting location:  
4806 Martin Luther King Blvd.  
Houston, TX 77021

Mailing address:  
P O Box 650  
Houston, TX 77001-0650

MAIN: (832) 545-5689  
WEB: [www.livingwithoutlimitslivinglarge.org](http://www.livingwithoutlimitslivinglarge.org)  
CITY SECTION: North

NEIGHBORHOOD: Homestead  
LEGEND: Infected/affected heterosexuals (M & W), Free

Living without Limits Living Large is a place where heterosexual people infected and affected with the diagnosis of HIV/AIDS can embrace everyday life with new beginnings and expectations. Meeting schedule: Young adult and adult support group on the second Friday of the month; Education night for both infected and affected on the third Friday of the month; Motivational social time on the fourth Friday of the month; and in January and June we have a social gathering meet and greet on the fourth Friday of the month. All meetings begin at 7pm. We also have group sessions and workshops co-sponsored with other local agencies. Please call for more information.

### LONE STAR LEGAL AID

1415 Fannin Street  
Houston, TX 77002

MAIN: (713) 652-0077  
FAX: (713) 652-2709  
TOLL FREE: (800) 733-8394  
INTAKE: (713) 652-5911  
WEB: [www.lonestarlegal.org](http://www.lonestarlegal.org)

CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: Eastern Texas (includes Harris & surrounding counties)

LEGEND: M, W, Fam, All, Free, Appt Req, Esp

Serves the eastern portion of the state of Texas by providing low income people with free legal assistance in civil matters only. Criminal matters and most types of fee generating cases not accepted.

Provee asistencia legal gratuita únicamente sobre temas civiles a personas de bajo ingreso que residen en el área del este de Texas. No se aceptan casos criminales y los que requieren ganancia monetaria.

### LOVE INC (IN THE NAME OF CHRIST)

1107 Fleetwood  
Baytown, TX 77520

Mailing Address:  
P O Box 1116  
Baytown, TX 77522-1116

MAIN: (281) 422-5683  
FAX: (281) 427-7653

CITY SECTION: East  
NEIGHBORHOOD: Highlands  
AREA SERVED: Zips: 77520, 77521,  
77562, 77580  
LEGEND: All ages, Free, gas  
vouchers, diapers

*Referrals to food pantries, diapers, gas vouchers (for verifiable appointments only) and prescription assistance (one time only, no pain or mind-altering drugs) for eligible low income persons.*



### MAGNIFICAT HOUSES, INC.

*Mailing Address:*  
P O Box 25415  
Houston, TX 77265

MAIN/FAX: (713) 520-0461  
WEB: [www.magnificathouse.com](http://www.magnificathouse.com)

CITY SECTION: Central  
NEIGHBORHOOD: Midtown  
AREA SERVED: Harris County

*Started in 1968, MHI offers refuge and hope to those in need by creating homes where people of different mental abilities, social backgrounds, religions and cultures can live together as a community. MHI provides a bridge back to the outside world and the confidence to cross it. We provide housing, food and an opportunity to integrate into Magnificat facilities and community life. We offer 24 hour supervision to assist with resident needs.*

### Morning Star Hostel

3207 Austin Street  
Houston, TX 77004

INTAKE: (713) 529-0461  
LEGEND: Adults, S\$, **HIV+ only**,  
I/RR, Walk-ins, Esp

*Room, board and supervised living - staff member available 24 hours to assist with residents needs, referrals to needed services. Support with medical needs, bus fare to medical appointments, etc. Recreation and services with Magnificat House residents to integrate PIWHIA into Magnificat facilities and community life (i.e., celebrations, outings, etc.) Intake 9am-3pm, M-F. Located on the Metro bus 1, 5, 11, 25 and 60 routes.*

*Intérprete disponible.*

### MAXIMUS, INC.

650 N. Sam Houston Pkwy E, #507  
Houston, TX 77060

MAIN: (281) 260-9871  
FAX: (281) 260-9520  
TOLL FREE: (800) 964-2777  
WEB: [www.maximus.com](http://www.maximus.com)

CITY SECTION: North  
NEIGHBORHOOD: Aldine  
AREA SERVED: Austin, Brazoria,  
Chambers, Colorado, Ft. Bend,  
Galveston, Hardin, Harris,  
Jefferson, Liberty, Matagorda,  
Montgomery, Orange, Walker,  
Waller & Wharton counties

LEGEND: Free, Medicaid clients  
only, Esp

*Education and enrollment for Medicaid clients who are eligible for the Star Program, Star+ Plus program and Texas Health Steps program.*

### MEDCARE PEDIATRIC GROUP

5624 East Sam Houston Pkwy North  
Houston, TX 77015

MAIN: (713) 773-5100  
FAX: (713) 773-5151  
WEB: [www.medcarepediatrics.com](http://www.medcarepediatrics.com)

### Medcare Pediatric Group

12371 S. Kirkwood Drive  
Stafford, TX 77477

CITY SECTION: Southwest  
NEIGHBORHOOD: Stafford

LEGEND: C, Y, Med, Private Pay, Ins,  
Appt Req, Esp, Call for intake

*Occupational, physical and speech therapy and social work services. Assessments and treatment for developmental, speech and gross motor delays for children who may have autism, PDD, ADHD, cerebral palsy and other childhood disorders. Aquatic therapy (at Stafford location only). Also offers home health therapy and nursing services, rehabilitation transportation, parent support group and English language classes.*

*Servicios de terapia ocupacional, física y del habla; servicios proveídos por trabajadores sociales; asesoramiento y tratamiento para el desarrollo, la terapia del habla y el retraso mental de las criaturas que pudieran tener autismo, PDD, ADHD, parálisis cerebral y/o cualquier otro desorden infantil, terapia acuática (solamente en la localidad de Stafford). También se ofrece terapia para la salud en*

*el hogar, servicios de enfermería, rehabilitación, transportación, grupo de apoyo para padres y clases de inglés.*

### MEDCO MEDICAL SUPPLY, INC.

8860 Fallbrook  
Houston, TX 77064

*Mailing Address:*  
P O Box 924189  
Houston, TX 77292-4189

MAIN: (713) 956-5288  
FAX: (713) 956-1239  
TOLL FREE: (800) 245-3816  
WEB: [www.e-medco.com](http://www.e-medco.com)

CITY SECTION: Northwest  
NEIGHBORHOOD: Cy-Fair

LEGEND: All, Med, Ins, Esp  
*Provides enteral, incontinence, urological, diabetic and wound care supplies.*

*Ofrece equipo entérico, de incontinencia, urinario, y diabético y productos para el cuidado de heridas.*

### MEDICINE SHOPPE, THE

5638 Lawndale  
Houston, TX 77023

MAIN: (713) 923-1621  
FAX: (713) 923-1622

CITY SECTION: Central  
NEIGHBORHOOD: Lawndale

LEGEND: All ages, Medicaid  
*Full service pharmacy, delivery service within 5 mile radius of store. Blood test for cholesterol, diabetes, PSA, etc.*

*Servicio completo farmacéutico, servicio de entrega a domicilio dentro de un radio de 5 millas del negocio. Análisis del colesterol, diabetes, PSA.*

### MEMORIAL ASSISTANCE MINISTRIES

1625 Blalock Road  
Houston, TX 77080-7320

MAIN: (713) 468-4516  
FAX: (713) 468-4702  
WEB: [www.maministries.org](http://www.maministries.org)

CITY SECTION: West  
NEIGHBORHOOD: Spring Branch  
AREA SERVED: Zip codes 77008,  
77009, 77018, 77022, 77024,  
77037, 77039, 77043, 77055,  
77076, 77079, 77080, 77088,  
77091, 77092.

LEGEND: All ages, Free, Walk-ins  
*Financial assistance: pledge made with vacate or disconnect notice. Limited medication/prescription assistance. Job referrals. Clothing: referral to resale shop. Back to school clothing provided through Spring Branch ISD Counselors/social workers.*

*Asistencia financiera para la renta y utilidades con nota de aviso de desocupar o desconectar el servicio. Asistencia limitada para recetas médicas/medicamentos. Referencia para empleo. Referencia a tienda de ropas. Vestimenta para niñas para el retorno a la escuela proveído por trabajadores sociales y consejeros del distrito colegial de Spring Branch.*

## MEMORIAL HERMANN HOSPITAL SYSTEM

9401 Southwest Freeway  
Houston, TX 77074

MAIN: (713) 222-CARE  
FAX: (713) 448-5540  
TTY: (713) 704-6549  
WEB: [www.memorialhermann.org](http://www.memorialhermann.org)

CITY SECTION: Southwest  
NEIGHBORHOOD: Westwood  
LEGEND: All ages

*Memorial Hermann, a not-for-profit health care system, provides quality, comprehensive programs and services for a person's whole life. Eleven hospitals located in the Texas Medical Center and greater Houston area offer health care in neighborhoods where people live and work as well as easy access to the resources and technology of a university-affiliated hospital.*

### Administration Office

9401 Southwest Freeway  
Houston, TX 77074

MAIN: (713) 222-CARE

### Memorial Hermann Children's Hospital

6411 Fannin  
Houston, TX 77030

MAIN: (713) 704-KIDS  
CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: C, Y

### Memorial Hermann Ft. Bend Hospital

3803 FM 1092  
Missouri City, TX 77459

MAIN: (281) 499-4800  
CITY SECTION: Southwest  
NEIGHBORHOOD: Missouri City  
LEGEND: All ages

### Memorial Hermann Home Health Care

8585 Commerce Park Drive,  
Suite 550  
Houston, TX 77036

MAIN: (713) 596-4663  
TOLL FREE: (800) 583-0326  
CITY SECTION: Southwest  
NEIGHBORHOOD: Westwood

*Please call if you have questions about home health (whether you are currently in a another facility or already at home) or if you need information on referring a patient.*

### Memorial Hermann Hospital

6411 Fannin  
Houston, TX 77030

MAIN: (713) 704-4000  
CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: All ages

### Memorial Hermann Katy Hospital

5602 Medical Center Drive  
Katy, TX 77494

MAIN: (281) 392-1111  
CITY SECTION: West  
NEIGHBORHOOD: Katy  
LEGEND: All ages

### Memorial Hermann Memorial City Hospital

920 Frostwood  
Houston, TX 77024

MAIN: (713) 932-3000  
CITY SECTION: West  
NEIGHBORHOOD: Memorial  
LEGEND: All ages

### Memorial Hermann Northwest Hospital

1635 North Loop West  
Houston, TX 77008

MAIN: (713) 867-2000  
CITY SECTION: Central  
NEIGHBORHOOD: Heights  
LEGEND: All ages

### Memorial Hermann Southeast Hospital

11800 Astoria Boulevard  
Houston, TX 77089

MAIN: (281) 929-6100  
CITY SECTION: Southeast  
NEIGHBORHOOD: Ellington/  
South Belt  
LEGEND: All ages

### Memorial Hermann Southwest Hospital

7600 Beechnut  
Houston, TX 77074

MAIN: (713) 776-5000  
CITY SECTION: Southwest  
NEIGHBORHOOD: Sharpstown  
LEGEND: All ages

### Memorial Hermann The Woodlands Hospital

9250 Pinecroft  
The Woodlands, TX 77380

MAIN: (281) 364-2300  
CITY SECTION: North  
NEIGHBORHOOD: Woodlands  
LEGEND: All ages

## MEMORIAL HERMANN PREVENTION & RECOVERY CENTER (PARC)

1550 La Concha  
Houston, TX 77054

MAIN: (713) 578-3100  
FAX: (713) 578-3106  
TOLL FREE: (877) 464-7272  
WEB: [www.mhparc.org](http://www.mhparc.org)  
CITY SECTION: West  
NEIGHBORHOOD: Spring Shadows  
LEGEND: Adults & adolescents,  
Flat, Ins, Private Pay, Walk-ins, CD

### Memorial Hermann Prevention & Recovery Center

3043 Gessner  
Houston, TX 77080

MAIN: (713) 578-3100  
*PaRC is a confidential, non-profit alcohol and drug treatment center. A center of excellence, the PaRC is a nationally recognized, freestanding program that offers alcohol, substance abuse and dual diagnosis treatment for both adolescents and adults. The program and staff provide the highest level of quality care in a confidential setting for those suf-*

fering from alcohol and drug-related problems. The PaRC offers all levels of care: alcohol and substance abuse screening, medical detox, residential treatment, day treatment, outpatient services, family services and after-care. The PaRC also offers Intensive Outpatient programs in Northwest and Central Houston, Clear Lake, The Woodlands and Sugar Land. The PaRC open 24 hours a day, seven days a week.

## **METHODIST CHILDREN'S HOME**

5005 Mitchelldale, Suite 119  
Houston, TX 77092

MAIN: (713) 682-8911  
FAX: (713) 682-4229  
WEB:

[www.methodistchildrenshome.org](http://www.methodistchildrenshome.org)

CITY SECTION: Northwest  
NEIGHBORHOOD: Oak Forest/  
Garden Oaks

LEGEND: S\$, Appt Req, CD  
*Voluntary foster care placements for families in crisis situations.*

## **METRO HEALTH SERVICES**

9894 Bissonnet, Suite 365  
Houston, TX 77036

MAIN: (713) 777-9600  
FAX: (713) 777-9664  
WEB: [www.metrohealthservices.info](http://www.metrohealthservices.info)

CITY SECTION: Southwest  
NEIGHBORHOOD: Westwood

*Skilled nursing, home health aide, certified nursing assistant, physical therapy, speech therapy, medical social worker, personal assistance services and durable medical equipment. Available Monday thru Thursday, 9am to 5pm, and Friday 9am to 2pm. Also available 24 hours a day for emergencies and weekend care.*

## **METROPOLITAN MULTISERVICE CENTER**

(See West Gray Adaptive Recreation Center)

## **MICHAEL E. DEBAKEY VA MEDICAL CENTER**

2002 Holcombe Boulevard  
Houston, TX 77030

MAIN: (713) 791-1414  
FAX: (713) 794-7377  
TOLL FREE: (800) 553-2278  
PHARMACY: (713) 794-7648

INTAKE: (713) 794-7288  
APPOINTMENTS: 713) 794-8985  
WEB: [www.houston.med.va.gov](http://www.houston.med.va.gov)  
CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: M, W, Veteran, Walk-ins,  
Income-based eligibility, CD

*Case management/social work; chemical dependency: outpatient treatment; HIV primary medical care; eye care; pension and compensation assistance; housing assistance for homeless. Comprehensive Veteran health and wellness website: [www.myhealth.va.gov/](http://www.myhealth.va.gov/).*

## **MONTROSE CLINIC**

(See Legacy Community Health Services)

## **MONTROSE COUNSELING CENTER, INC.**

401 Branard Street, 2nd Floor  
Houston, TX 77006

MAIN: (713) 529-0037  
FAX: (713) 526-4367  
TOLL FREE: (800) 699-0504  
TTY: (713) 529-9466  
24 HOURS: (713) 529-3211

WEB: [www.montrosecounselingcenter.org](http://www.montrosecounselingcenter.org)

CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
AREA SERVED: Brazoria, Chambers,  
Ft. Bend, Harris, Jefferson,  
Liberty, Montgomery, Walker  
& Waller counties

LEGEND: M, W, Fam, All, I/RR, Free,  
Walk-ins, **HIV+ only**, CD

*CPCDMS registration, assistance linking to needed services, includes special needs for deaf/hard of hearing clients; Licensed outpatient chemical dependency treatment for gay, lesbian, bisexual, transgender (or very friendly) individuals and people of color; professional counseling by licensed therapists - Spanish and Chinese available.*

*Inscripción del CPCDMS, asistencia para conectar al cliente con servicios que necesiten, incluyendo ayuda especial para la persona sorda/muda; tratamiento externo, acreditado e intensivo para la dependencia de sustancias para personas gays, lésbicas, bisexuales, transgéneras e individuos amistosos a dicha población. Terapia profesional proveído por terapeutas licenciados; servicio disponible en español y chino.*

## **Education and Prevention**

LEGEND: M, W, All ages, I/RR,  
Free, Appt Req, CD, Esp  
*Education on HIV, substance abuse, TB, Hepatitis, cultural diversity, STIs, disclosure, negotiating safer sex, club drugs.*

*Educación sobre una variedad de temas, incluyendo el VIH, abuso de sustancias, tuberculosis, hepatitis, enfermedades transmitidas sexualmente, drogas que se venden en las discotecas y bares, revelación del estado de la salud, diversidad cultural y métodos de negociación para prevenir enfermedades sexuales en la pareja.*

## **Gay and Lesbian Switchboard of Houston**

24 HOURS: (713) 529-3211  
LEGEND: All ages, Free  
*24 hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.*

## **Incarcerated Outreach/Discharge Planning**

MAIN: (713) 529-0037  
LEGEND: M, W, I/RR, Free,  
**HIV+ only**, CD

*Pre-release discharge planning for incarcerated within 6 weeks of release.*

*Planeamiento pre-liberación para personas presas dentro del periodo de 6 semanas antes de ser liberadas de la cárcel o prisión.*

## **MORNING STAR HOSTEL**

(See Magnificat Houses, Inc.)

## **MOTHERLAND, INC.**

4040 Yale Street  
Houston, TX 77018

Mailing Address:  
P O Box 924511

Houston, TX 77292-4511

MAIN: (713) 290-0001  
FAX: (713) 290-0023  
WEEKENDS: (713) 415-8305  
WEB: [www.motherlandinc.org](http://www.motherlandinc.org)

CITY SECTION: Northwest  
NEIGHBORHOOD: Independence  
Heights  
AREA SERVED: Harris County

## Motherland Health Clinique

LEGEND: All, S\$, Med, Ins,  
Appt/Walk-ins

Preventive/Primary care services: Immunizations, vaccinations, diabetes, hypertension, cancer screening, perinatal services, prenatal care-education, pregnancy prevention, mental health, oral health care, STD screening, HIV testing and TB screening.

## Voices of our Youth

LEGEND: All, Free, Appt/Walk-ins,  
CD, Esp

Provides drama and music performances that address lack of knowledge and lack of awareness of HIV risk and drug related issues; HIV health education and risk reduction services for youth; HIV/AIDS peer counseling; speakers bureau; support groups.

Provee presentaciones teatrales y musicales relacionadas con el tema de la droga; educación de la salud y del VIH, programa de reducción de riesgo para los adolescentes; consejería del VIH/SIDA; oficina de información; grupos de apoyo.



## NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE (NAACP)

2002 Wheeler Avenue  
Houston, TX 77004

MAIN: (713) 526-3389  
FAX: (713) 630-2699  
INTAKE: (713) 526-3389,  
ext 11

WEB: [www.naacphouston.org](http://www.naacphouston.org)

CITY SECTION: Central  
NEIGHBORHOOD: Third Ward  
AREA SERVED: Chambers, Ft. Bend,  
Harris, Liberty, Montgomery  
& Waller counties

LEGEND: All, Free, Appt req  
(Walk-ins on Saturday only), Esp,  
**HIV+ only**, 300% poverty or below.

Provision of quality legal services to clients living with HIV/AIDS in the Houston EMA. All legal matters, except criminal, are addressed. Permanency planning and client advocacy workshops. Intake for Legal Redress Clinic: Saturday, 10am-2:30pm (except holidays).

Intake for Legal Assistance program for Ryan White eligible clients is also available by appointment.

## NEW HOPE COUNSELING CENTER

6420 Hillcroft Street, Suite 314  
Houston, TX 77081

MAIN: (713) 776-8006  
FAX: (713) 776-8030

CITY SECTION: South  
NEIGHBORHOOD: Sharpstown  
AREA SERVED: Zip codes 77002, 04,  
06, 09, 21, 26, 33, 35, 36,  
56, 60, 74, 80, 82, 88, 91, 98

LEGEND: M, W, All, **HIV+ only**,  
Free, Walk-ins, CD

Health education and risk reduction programs targeting youth, African American females and the general public; community based volunteerism; alcohol and drug abuse prevention and counseling; food pantry; short term rent, mortgage and utility payment assistance; supportive services for PLWHIA; internship, after school programs and Abstinence Education programs.

## NEW HORIZON FAMILY CENTER

313 South Highway 146, Suite D  
Baytown, TX 77520

MAIN: (281) 424-3300  
FAX: (281) 428-1699  
TOLL FREE: (800) 824-4807  
24 HOURS: (800) 824-4807  
WEB: [www.newhorizonfc.org](http://www.newhorizonfc.org)

CITY SECTION: East  
NEIGHBORHOOD: Baytown  
AREA SERVED: Chambers, Dayton,  
eastern Harris & Liberty counties

LEGEND: W, C, Y, All, Free,  
Appt Req, Lim, Esp

Emergency shelter and outreach services for survivors of domestic violence and sexual assault. Outreach services include: counseling, legal advocacy, community education and a 24 hour crisis hotline (talk about problems/voice concerns, information, referrals, intake). All services are provided free of charge.

Hay administradores de casos de habla hispana y ayuda/apoyo telefónico. Se dispone de traducción/interpretación en español para todos los servicios. Refugio de emergencia y servicios de apoyo para sobrevivientes de la

violencia doméstica y asalto sexual. Los servicios de ayuda incluyen: consejero/a psicológico, consejo legal, educación comunitaria y asistencia telefónica las 24 horas del día. Todos los servicios son gratuitos.

## NOAH'S GLEN RESIDENTIAL TREATMENT CENTER

2121 Mansfield  
Houston, TX 77091

MAIN: (713) 683-9144  
FAX: (713) 683-9143  
WEB: [www.noahsglenrtc.org](http://www.noahsglenrtc.org)

CITY SECTION: Northwest  
NEIGHBORHOOD: Acres Homes

LEGEND: M (age 13-18), CD, S\$,  
Ins, Financing Avail, Appt req

Noah's Glen is a nonprofit facility for adolescent males and provides 24-hour therapeutic residential treatment and also an Intensive Outpatient Program (IOP). The mission of Noah's Glen is to address the needs of these adolescent males in order to prepare them for productive, successful lives. We provide a therapeutically planned residential living and learning environment with distinct and individualized psychotherapeutic interventions. Most psychiatric and addiction problems are multi-causal, both in origin and manifestation. Our 8-bed facility allows for high levels of individual attention and fosters a safe environment for the children.

## NONPROFIT CONSULTING SERVICES, LLC

Administration Office  
1302 Waugh Drive, No. 636  
Houston, TX 77019

MAIN: (713) 868-5409  
FAX: (713) 868-0063  
WEB: [www.nonprofitconsulting.com](http://www.nonprofitconsulting.com)

CITY SECTION: Central  
NEIGHBORHOOD: Montrose

NCS is a consulting practice which offers technical assistance, grantwriting, training and evaluation services to nonprofit entities, government agencies and corporations. NCS provides organizational leaders the resources necessary to succeed in a complex and competitive environment. NCS helps organizations fulfill their missions, survive crises, and serve their clients.

NCS is the Ryan White HIV Case Management training provider.

## **NORTHWEST ASSISTANCE MINISTRIES**

15555 Kuykendahl Road  
Houston, TX 77090

MAIN: (281) 885-4555  
FAX: (281) 583-5602  
WEB: www.namonline.org

CITY SECTION: North  
NEIGHBORHOOD: Bammel  
AREA SERVED: Zip codes 77014,  
032, 038, 050, 060, 066, 067, 068,  
069, 070, 073, 086, 090, 77373,  
77379, 77386, 77388 & 77389

LEGEND: Fam, Free, Appt req, Esp

### **Assistance Program**

The Assistance Program is open weekdays from 10am-5pm and offers trained volunteer counselors to assess each client's needs and match needs with the services available within NAM and in greater Houston. For those who qualify, in addition to counseling, the Assistance Program provides food, clothing, financial aid for housing payments, utility bills and transportation.

El Programa de Asistencia está abierto de lunes a viernes de 10am - 5pm y ofrece la ayuda de consejeros voluntarios entrenados para evaluar las necesidades del cliente y proporcionar los servicios disponibles en NAM y en Houston. Para los que califican, el programa ofrece consejería, alimento, vestimenta, ayuda financiera para la renta, utilidades, y transportación.

### **Children's Clinic**

The Children's Clinic is open Monday through Friday from 8:00 a.m. until 4:30 p.m. It offers a full range of services, including well-child check-ups and acute care for children ages newborn through 18 years whose families have Medicaid, CHIP, are uninsured/underinsured or may not be eligible for government-funded programs. Physicians, nurses and a case manager work together to take into account the child's overall health, nutrition and home environment while emphasizing helping the whole family.

La Clínica de Niños está abierta de lunes a viernes de 8:00am a 4:30pm y ofrece una variedad de servicios incluyendo una evaluación para el bienestar del niño y cuidado agudo

para niños recién nacidos hasta los 18 años de edad que son de familias que tengan Medicaid, CHIP, no tengan seguro médico o poco seguro médico, o no sean elegible para otros programas de fondos gubernamentales. Médicos, enfermeros y administradores de casos trabajan en conjunto para cumplir con la necesidad completa del niño incluyendo la nutrición y un ambiente hogareño con énfasis en ayudar a la familia entera.

### **Education Program**

Education is one of the basic tools with which clients can implement their plan for a better tomorrow. Classes for GED and ESL are offered through our Learning Center.

El Programa de Educación: la educación es un tema clave para que los clientes puedan implementar un plan para un futuro mejor. Se ofrecen clases de GED e inglés en nuestro centro educacional.

## **NORTHSHORE COUNSELING CENTER**

333 Freeport  
Houston, TX 77015

MAIN: (713) 637-6000  
FAX: (713) 637-6009

CITY SECTION: East  
NEIGHBORHOOD: Northshore

LEGEND: All, Med, Private pay, Ins  
Individual, family and couples counseling; psychological evaluation and assessment; court-ordered substance abuse assessments and psycho-educational assessments.

Apoyo psicológico individual, familiar y en pareja, evaluación y asesoramiento psicológica, asesoramiento sobre el abuso de sustancias por orden tribunal y asesoramiento psico-educacional.

## **NUTREND HEALTHCARE**

8506 Regalbrook Drive  
Houston, TX 77065

MAIN: (281) 856-6663  
FAX: (281) 856-8795  
WEB: www.nutrendhealthcare.com

CITY SECTION: Northwest  
NEIGHBORHOOD: Cypress Fairbanks

LEGEND: Adults (elderly, disabled),  
Med, Ins, Private pay,  
Referral req, Esp

Licensed and certified home health care agency. Provides skilled and unskilled nursing services including wound care, home IV therapy, ostomy care, incontinence care, health counseling, diet/nutrition, diabetic education, physical therapy, occupational therapy, sitter/companionship, private duty and psychiatric home health care. Call for intake.

Se provee servicio de traducción/interpretación para los clientes de habla hispana. La agencia está certificada y tiene licencia para el cuidado de la salud a nivel particular. Se administra servicios de enfermería que incluyen: el cuidado de las heridas, terapia intravenoso en domicilio, cuidado para la incontinencia, consejo para la salud, dieta y nutrición; terapia física y ocupacional; acompañamiento y cuidado psiquiátrico en el hogar. Llame para la cita inicial.



## **ODYSSEY HEALTH CARE OF CONROE**

100 I-45 North, Suite 300, Box 103  
Conroe, TX 77301

MAIN: (936) 788-7707  
FAX: (936) 788-7708  
TOLL FREE: (800) 364-8173  
WEB: www.odshealth.com

CITY SECTION: North  
NEIGHBORHOOD: Conroe  
AREA SERVED: All of Montgomery  
County & parts of Harris, Grimes,  
Liberty, Polk, San Jacinto, Trinity,  
Walker & Waller counties

LEGEND: All, Med, Foundation pays  
for indigent

Care team for the terminally ill at home, nursing home, personal care home or hospital. Hospice is intermittent care.

## **OPEN DOOR MISSION**

5803 Harrisburg  
Houston, TX 77011

MAIN: (713) 921-7520  
FAX: (713) 921-4206  
WEB: www.opendoorhouston.org

CITY SECTION: Central  
NEIGHBORHOOD: Second Ward

LEGEND: M (18 & up), ID, Free,  
Walk-ins, Lim, CD

## Doorway Recovery Program

Men's homeless shelter providing meals and shelter; 9 month faith-based substance abuse recovery program; worksavings program; vocational training; GED/ESL/general education classes. Located on the Metro bus 50 route.

## Russell M. Scott Convalescent Care Center

Offering respite care for homeless men after surgery, acute illness or injury; approved referral required for admission to the center.



## PALMER DRUG ABUSE PROGRAM

Mailing Address:

1200 Enclave Parkway, Suite 600  
Houston, TX 77077

MAIN: (281) 589-4832  
FAX: (281) 589-4834  
WEB: www.pdaphouston.org

AREA SERVED: Harris County  
A 12-step program designed to meet the needs of teenagers, young adults and their families. Included in our services are: crisis intervention, client screening assessments and referrals, individual and family counseling sessions, 12-step support groups, sober social activities, community education and prevention programs.

## AGE 12 TO 17 GROUPS:

LEGEND: Y, Free, Walk-ins, CD

## Bellaire-Inner Loop

### Faith Lutheran Church

4600 Bellaire Boulevard  
Bellaire, TX 77401

MAIN: (713) 668-0133  
CITY SECTION: Central  
NEIGHBORHOOD: Bellaire  
Thursdays 7:30-9:00 p.m.

## Cy-Fair

### Covenant Lutheran Church

3785 Barker Cypress Road  
Houston, TX 77084

MAIN: (281) 870-9311  
CITY SECTION: Northwest  
NEIGHBORHOOD: Addicks/Park 10  
Mondays 7:30 - 9:00 p.m.

## Memorial/Spring Branch

### West Houston Community Center

725 Bateswood #200  
Houston, TX 77079

MAIN: (281) 870-9311  
CITY SECTION: West  
NEIGHBORHOOD: Memorial  
Wednesdays 7:30-9:00 p.m.

## Spring/North Houston

### Holy Comforter Episcopal Church

2322 Spring Cypress Road  
Spring, TX 77388

MAIN: (281) 528-7908  
CITY SECTION: North  
NEIGHBORHOOD: Spring  
Mon. & Thurs. 7:30-9:00 p.m.

## AGE 18 TO 25 GROUP:

LEGEND: Adults, Free, Walk-ins, CD

## Memorial/Spring Branch

### West Houston Community Center

725 Bateswood, #200  
Houston, TX 77079

MAIN: (281) 857-2648  
CITY SECTION: West  
NEIGHBORHOOD: Memorial  
Mondays 7:30-9:00 p.m.

## Memorial/Voss

### Chapelwood United Methodist Church

11140 Greenbay  
Houston, TX 77024

MAIN: (281) 857-2648  
CITY SECTION: West  
NEIGHBORHOOD: Memorial  
Thursdays 7:30-9:00 p.m.

## Spring/North Houston

### Holy Comforter Episcopal Church

2322 Spring Cypress Road  
Spring, TX 77388

MAIN: (281) 857-7874  
CITY SECTION: North  
NEIGHBORHOOD: Spring  
Tuesdays 7:30-9:00 p.m.

## PARK PLAZA HOSPITAL

1313 Hermann Drive  
Houston, TX 77004

MAIN: (713) 527-5000  
FAX: (713) 524-6159  
WEB: www.parkplazahospital.com  
CITY SECTION: Central

NEIGHBORHOOD: Medical Center

LEGEND: M, W, Ins, Private pay  
Emergency care; day surgery and surgical services; radiation oncology; cardiovascular and cardiology specialties; diabetes services; maternity care center; orthopedics outpatient services; radiology; sleep disorder studies; wound care; hand and upper extremity center; rehabilitation services (inpatient and outpatient); general acute care.

## PARTNERS RESOURCE NETWORK

3311 Richmond Avenue, Suite 334  
Houston, TX 77098

MAIN: (713) 524-2147  
FAX: (713) 942-7135  
TOLL FREE: (877) 832-8945  
WEB: www.partnerstx.org

CITY SECTION: Central  
NEIGHBORHOOD: Greenway Plaza  
AREA SERVED: Greater Houston area  
LEGEND: All parents of children w/disabilities, Free, Walk-ins, Esp

## Team Project

Assist parents of children with disabilities to be effective advocates for their children and to promote positive parent/professional partnership. Offers workshops, information and referral and other resources.

Un programa que asiste a los padres de niños incapacitados a que sean representantes efectivos de sus hijos, y promueve un compañerismo entre padres y profesionales. Además, ofrece talleres, información, referencia, y otros recursos.

## PATH TO INDEPENDENCE

10101 Forum Park Drive, Suite 2022  
Houston, TX 77036

Mailing Address:  
PO Box 91089  
Houston, TX 77088

MAIN: (713) 688-7400  
FAX: (713) 688-7403  
WEB: www.pticommunities.com  
CITY SECTION: Southwest  
NEIGHBORHOOD: Westwood  
LEGEND: I/RR, CD, flat fee

PTI is a recovery oriented, transitional living community (apartment style living) for men based on Alcoholics Anonymous 12-Step Program. The minimum recommended length

of stay is 6 months. Residents are required to participate daily in meeting or group sessions. Conveniently located on the Metro bus line. Employment opportunities available.

## **PAWS HOUSTON**

### **Pets are Wonderful Support**

2 Riverway, Suite 1060  
Houston, TX 77056-2041

MAIN: (713) 840-7297  
FAX: (713) 840-7205  
WEB: [www.pawshouston.org](http://www.pawshouston.org)

CITY SECTION: Central  
NEIGHBORHOOD: Galleria/Post Oak  
AREA SERVED: Houston area

LEGEND: All, Free, S\$, Lim

Services for low income pet owners living with a terminal illness. Services include an animal food bank, subsidized veterinary care, volunteer pet care, grooming, and foster care when necessary. Provides Safe Pet Guidelines for clients as well as education of the medical and veterinary communities about the benefits and risks of animal companionship for people with medical and financial hardships.

*Servicio para las personas de bajos recursos con una enfermedad terminal quienes necesitan ayuda con sus animales domésticos. El servicio incluye alimento, cuidado médico subsidiario, cuidado proveído por un voluntario, aseo y cuidado temporario del animal cuando sea necesario. Además, ofrece educación sobre la seguridad del animal, y los beneficios y riesgos que corren las personas con dificultades médicas y financieras de tener un animal doméstico.*

## **PET BEREAVEMENT COUNSELING SERVICES**

2400 Westheimer, Suite 209 W  
Houston, TX 77098-1305

MAIN: (713) 522-8344  
CITY SECTION: Central  
NEIGHBORHOOD: Greenway/  
Upper Kirby

Offering comfort and support to individuals, families and groups whose lives have been altered due the death of a pet. Consultations, workshops and educational seminars are also available.

## **PET PATROL**

P O Box 70948  
Houston, TX 77270

MAIN: (281) 733-7696  
WEB: [www.thepetpatrol.org](http://www.thepetpatrol.org)

CITY SECTION: All  
AREA SERVED: Eligible clients living in the Houston area

LEGEND: All (low income & disabled), Free, S\$, Appt Req, Call for intake  
*Avolunteer based 501(c)3 organization that assists low income elderly and those affected by a chronic or life-threatening illness to keep their pets. Services include free or low cost pet food, basic veterinary care, foster care, spaying/neutering and more. Required for intake: proof of disability, financial status and vet records.*

## **PFLAG HOUSTON**

Meeting Location:  
St. Paul's United Methodist Church  
5501 South Main at Binz  
Houston, TX 77004

Mailing Address:  
P O Box 66834  
Houston, TX 77266-6834

MAIN: (713) 46P-FLAG  
WEB: [www.pflaghouston.org](http://www.pflaghouston.org)

CITY SECTION: Central  
NEIGHBORHOOD: Hermann Park  
LEGEND: All, Free

*The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom -- the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. You may leave your message in confidence. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message. Your call is very important to us, but if you are not in the Houston area, we suggest first looking for a chapter in your area by going to the PFLAG National web site at [www.pflag.org/chapters/find.html](http://www.pflag.org/chapters/find.html). However, don't hesitate to call us if you cannot find help elsewhere.*

## **PLANNED PARENTHOOD OF HOUSTON & SOUTHEAST TEXAS, INC.**

3601 Fannin Street  
Houston, TX 77004

MAIN: (713) 522-6240  
FAX: (713) 522-9047  
TOLL FREE: (800) 230-7526  
WEB: [www.pphouston.org](http://www.pphouston.org)

CITY SECTION: All  
NEIGHBORHOOD: Various  
LEGEND: M, W, Y, Free, Walk-ins, Esp

To be automatically connected to the nearest clinic, call:

MAIN: (800) 230-PLAN  
TOLL FREE: (800) 230-PLAN

*HIV and STD counseling and testing, medical services for women, youth and teens (gynecology and birth control), abortion.*

*Asesoramiento y pruebas de VIH, servicios médicos para mujeres, jóvenes y adolescentes (ginecología y control de natalidad), abortos.*

## **POSITIVE BROTHERS UNITED VOLUNTEER OUTREACH PROJECT**

MAIN: (713) 454-7548  
CITY SECTION: Central  
NEIGHBORHOOD: Near Northside  
LEGEND: M, W, **HIV+ only**, Free, Walk-ins

### **Positive Brothers United Support Group**

#### **Thomas Street Health Center**

2015 Thomas Street  
Houston, TX 77009

*PBU is a support network for Gay and Bisexual HIV Positive men and women. Our mission is to serve as client representatives and offer our assistance to agencies when they need it, such as for surveys. We offer a biweekly discussion support group on the 1st and 3rd Friday of each month, monthly socials, potlucks and celebration of life birthday parties. No age restrictions. Call for more information.*



## POSITIVE EFFORTS

11500 Northwest Freeway, Suite 340  
Houston, TX 77092

MAIN: (713) 812-0044  
FAX: (713) 957-1542  
WEB: [www.positiveefforts.com](http://www.positiveefforts.com)

CITY SECTION: Northwest  
NEIGHBORHOOD: Oak Forest/  
Garden Oaks

LEGEND: W, All, Free, CD  
Health education in underserved communities; community outreach; case management; Sista Project; referrals; speaker bureau.

## PRESBYTERIAN CHILDREN'S HOME AND SERVICES

5020 W. Bellfort  
Houston, TX 77035

MAIN: (713) 721-2908  
FAX: (713) 721-2909  
WEB: [www.pchas.org](http://www.pchas.org)

CITY SECTION: Southwest  
NEIGHBORHOOD: Willow Meadows/  
Willow Bend

LEGEND: All, Free  
*Child and family programs providing crisis intervention and family preservation services; in-home family assessment; parenting skills and support; teaching and building life skills; family and individual counseling; collaboration with community social services to assist families with all their needs. The goal is to address issues before a crisis results in out-of-home placement of children. Limited financial assistance for rent and utilities.*

## PRIMARY HEALTH NETWORK OF SOUTH TEXAS

Office of Dr. Hunter A. Hammill  
7400 Fannin Street, Suite 1160  
Houston, TX 77054

MAIN: (713) 799-8994  
FAX: (713) 799-9931  
WEB: [www.hunterhammillmd.com](http://www.hunterhammillmd.com)

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center

LEGEND: W, All, Appt req, CD, Esp  
*OB/GYN services: Prenatal care for pregnant, HIV+ women; gynecologist - well woman exams, all gynecological surgeries for women. Also involved in clinical trials. Dr. Hammill has delivered himself for more than 600 HIV+ pregnant patients and has*

*taken care of more than 3,000 HIV+ women for gynecological care.*

*Servicios de obstetricia y ginecología: Cuidado prenatal para mujeres embarazadas, mujeres con el VIH; cirugías ginecológicas, exámenes para el bienestar de la mujer, pruebas clínicas.*

## PRIVATE CARE SERVICE

3520 Ocee Street  
Houston, TX 77063

MAIN: (713) 783-0095  
FAX: (713) 943-6885

CITY SECTION: Southwest  
NEIGHBORHOOD: Woodlake/  
Briar Meadow

LEGEND: All, Private pay  
*Private Care Service: Private duty and companion services are available for clients of all ages in their home, hospital, nursing home or assisted living facility in 4 and 8 hour shifts.*

*Traditional Home Care: Customized service available for a minimum of 4 hours. Includes personal hygiene, bathing and dressing; preparation of light meals and feeding; medication reminders, companionship and transportation to doctor appointments, grocery shopping and personal errands; light housekeeping.*

*Services available 24 hours, 7 days per week by trained certified professionals.*

## PSA HEALTHCARE

6575 West Loop South Suite 500  
Bellaire, TX 774013521

MAIN: (832) 325-1280  
FAX: (832) 325-1287  
TOLL FREE: (800) 682-7998  
WEB: [www.psakids.com](http://www.psakids.com)

CITY SECTION: Central  
NEIGHBORHOOD: Bellaire  
AREA SERVED: Up to 75 mile  
radius from Houston

LEGEND: C/Y (ages 0-18), Med,  
Ins, Appt req

*Services include pediatric private duty nursing, occupational therapy, physical therapy and speech therapy. No skilled nurse visits.*



## REHOBOTH FOUNDATION, INC.

7707 Bissonnet, Suite 106  
Houston, TX 77074

Mailing Address:  
P O Box 710402  
Houston, TX 77271

MAIN: (713) 484-5850  
FAX: (713) 981-9696  
WEB: [www.rehobothfoundation.org](http://www.rehobothfoundation.org)

CITY SECTION: Southwest  
NEIGHBORHOOD: Braeburn

LEGEND: M, W, Y, Fam, I/RR,  
CD, Referral req

*Rehoboth Foundation is a nonprofit organization with a focus on community assistance and development programs; employment assistance: vocational education, skills assessment, workplace skills training; community education programs: computer literacy, financial literacy, health literacy, GED and other relevant capacity building and leisure learning programs; entrepreneurship and small business development programs (start up mentoring and coaching).*

## RESURRECTION METROPOLITAN COMMUNITY CHURCH

2025 West 11th Street  
Houston, TX 77008

MAIN: (713) 861-9149  
FAX: (713) 861-2520  
WEB: [www.resurrectionmcc.org](http://www.resurrectionmcc.org)

CITY SECTION: Central  
NEIGHBORHOOD: Heights

LEGEND: All, Appt req, ID  
Food pantry for HIV+ persons by appointment only: 713-861-9149, Ext 103. Sunday worship service at 9am and 11am. Offering spiritual direction to anyone seeking assistance with their spiritual growth.

## ROSENBERG-RICHMOND HELPING HANDS, INC.

802 Morton Street  
Richmond, TX 77469

Mailing Address:  
PO Box 1268  
Richmond, TX 77469

MAIN: (281) 232-4904

FAX: (281) 232-4904  
WEB: www.roserichhelpinghands.org  
CITY SECTION: Southwest  
NEIGHBORHOOD: Richmond  
AREA SERVED: Zip codes 77417,  
77421, 77441, 77444, 77451,  
77461, 77464, 77469,  
77471, 77476, 77481

LEGEND: All, Free, Walk-ins  
*Food, clothing, school supplies, financial assistance (as available); referrals to needed services.*

## **RYAN WHITE PLANNING COUNCIL**

2223 West Loop South, Suite 240  
Houston, TX 77027

MAIN: (713) 572-3724  
FAX: (713) 572-3740  
TTY: (713) 572-2813  
WEB: www.rwpc.org

CITY SECTION: Central  
NEIGHBORHOOD: Galleria/Post Oak  
LEGEND: All, Free

*Support staff office for Houston's Ryan White Planning Council. Each year, the RWPC prioritizes service categories and allocates federal funds for services to people living with HIV/AIDS. All meetings and processes are open to the public and community input is encouraged at all levels. The Office of Support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book".*



## **S.O.C.K.S.**

### **Saving our Community Kids... Seniors**

3000 Jensen Drive  
Houston, TX 77026

MAIN/ FAX: (713) 225-3333  
WEB: princecomplex.com/socks/

CITY SECTION: Central  
NEIGHBORHOOD: Fifth Ward  
LEGEND: All, I/RR, Free, Walk-ins

*We provide HIV prevention education in one-on-one and group settings, referrals to needed service agencies for clients with HIV/AIDS. HIV testing is provided through collaborations with other agencies several times throughout the year on special HIV/*

*AIDS calendar days. We also provide court mediation and truancy. Call for intake.*

## **SALVATION ARMY, HOUSTON AREA COMMAND**

Social Services Dept.

1500 Austin  
Houston, TX 77002

MAIN: (713) 752-0686  
FAX: (713) 739-0105  
WEB:

www.salvationarmyhouston.org

CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: Harris County  
LEGEND: All, Free, Esp

*Emergency assistance with food, rent, water bill, clothing.*

## **SANTA MARIA HOSTEL**

7807 Longpoint Road, Suite 375  
Houston, TX 77055

MAIN: (281) 657-0898  
FAX: (281) 657-0956  
INTAKE: (281) 657-0877, Option 1  
WEB: www.santamariahostel.org

CITY SECTION: West  
NEIGHBORHOOD: Spring Branch  
LEGEND: W, I/RR, CD, Free, Appt Req  
*Santa Maria has offered a wide array of services to women and their children for over 50 years. We have been successful in addressing the effects of substance abuse on women and their families by providing start-to-finish services, which are often referred to as "continuum of care". Our continuum of care simply means that Santa Maria is involved in all aspects of it's clients' recoveries for as long as needed to ensure success. The mission of Santa Maria is to empower women and their children to become alcohol and drug free.*

*Court Liaison: The Santa Maria Court Liaison serves as a link between Santa Maria, the client and either the courts or FPS. The objective for the liaison is to increase communication and sharing of information between the client, Santa Maria and the court or FPS.*

## **Co-Occurring Psychiatric & Substance Disorders (COPSD)**

*A program designed to provide integrated treatment services for individuals with co-occurring disorders.*

*The services provide both psychiatric and substance use counseling. Services are in accordance with each individual's needs, utilizing a person-centered approach. Goals of the program include: immediate crisis intervention and stabilization of current problematic symptoms, medication management and education, referral to assist clients in accessing community services and resources. Must have ID and social security card, call for intake. Non-smoking facility.*

## **Santa Maria Hostel**

1522 Fulton  
Houston, TX 77009

MAIN: (713) 228-2582

CITY SECTION: Central  
NEIGHBORHOOD: Near Northside  
LEGEND: W, I/RR, CD, Free, Appt Req

## **Co-Occurring Psychiatric & Substance Disorders (COPSD)**

*A program designed to provide integrated treatment services for individuals with co-occurring disorders. The services provide both psychiatric and substance use counseling. Services are in accordance with each individual's needs, utilizing a person-centered approach. Goals of the program include: immediate crisis intervention and stabilization of current problematic symptoms, medication management and education, referral to assist clients in accessing community services and resources. Non-smoking facility. Must have ID and social security card, call for intake.*

## **Santa Maria Hostel North**

807 Paschall  
Houston, TX 77009

MAIN: (713) 222-0699  
FAX: (713) 222-6425  
INTAKE: (281) 657-0877, Option 1

CITY SECTION: Central  
NEIGHBORHOOD: Near Northside  
LEGEND: W, S\$, Appt Req, CD, Esp  
*Supportive residential substance abuse treatment for women with children and a specialized female population; outpatient substance abuse services for women. Case management and co-occurring psychiatric/substance abuse services for women. Non-smoking facility.*

## Co-Occurring Psychiatric & Substance Disorders (COPSD)

A program designed to provide integrated treatment services for individuals with co-occurring disorders. The services provide both psychiatric and substance use counseling. Services are in accordance with each individual's needs, utilizing a person-centered approach. Goals of the program include: immediate crisis intervention and stabilization of current problematic symptoms, medication management and education, referral to assist clients in accessing community services and resources. Must have ID and social security card, call for intake.

## Supportive Residential Treatment

This program offers a 28-30 day Supportive Residential Program for those who require less structure and do not meet the criteria for Intensive Residential or Outpatient services. The supportive program allows women to seek employment and attend outside support groups while living in a safe, structured environment. Clients focus on relapse prevention and life skills.

Programa residencial para el tratamiento del abuso de sustancias de mujeres con hijos y población femenina especializada; tratamiento para el abuso de sustancias para mujeres pacientes externas. Administración de casos y tratamiento psiquiátrico simultáneo al uso de drogas y alcohol.

## Santa Maria Hostel West

2005 Jacquelyn  
Houston, TX 77055

MAIN: (713) 957-2413  
FAX: (713) 957-1898  
INTAKE: (281) 657-0877, Option 1  
CITY SECTION: Northwest  
NEIGHBORHOOD: Spring Branch  
LEGEND: W, Fam, S\$,  
Appt Req, CD, Esp

Intensive and supportive substance abuse treatment for a specialized female population, including women with children (up to age 12); outpatient substance abuse services for women. Case management and co-occurring psychiatric/substance abuse services offered for all programs. Non-smoking facility.

## Co-Occurring Psychiatric & Substance Disorders (COPSD)

A program designed to provide integrated treatment services for individuals with co-occurring disorders. The services provide both psychiatric and substance use counseling. Services are in accordance with each individual's needs, utilizing a person-centered approach. Goals of the program include: immediate crisis intervention and stabilization of current problematic symptoms, medication management and education, referral to assist clients in accessing community services and resources. Must have ID and social security card, call for intake.

## Intensive Residential Treatment

In our Intensive Residential Treatment program clients enter and stay a minimum of 28 days and a maximum of 30 days. Women who enter into this program will be able to gain knowledge of their addiction while stabilizing and gaining relapse prevention skills.

## Women with Children

This program provides up to 90 days of intensive residential treatment for women and their children. Children either attend daycare or school during which women are engaged in treatment activities. Women receive up to 30 hours of treatment services a week.

Tratamiento intensivo y de apoyo para el abuso de drogas y alcohol para una población femenina especializada, incluyendo mujeres con hijas (hasta 12 años de edad); servicios para mujeres pacientes externas sobre el abuso de sustancias. En todos los programas se provee administración de casos y tratamiento psiquiátrico simultáneo al uso de drogas y alcohol.

## SEARCH

2505 Fannin Street  
Houston, TX 77002

MAIN: (713) 739-7752  
FAX: (713) 739-7706  
WEB: www.searchproject.org  
CITY SECTION: Central  
NEIGHBORHOOD: Midtown  
LEGEND: M, W, Fam, I/RR, All, Free,  
Walk-ins, CD, Esp, Homeless only

SEARCH operates a one-stop shop for individuals and families who are homeless. We offer street outreach and a day shelter which provides showers, laundry facilities, phone and mail services and hot lunch. Other services available are employment placement services including vocational training, job readiness classes, job leads and job coaching; adult literacy, ABE classes and GED preparation. Housing is focused on scattered-site living for persons with disabilities. SEARCH also operates an accredited early childhood development center. Located on the Metro bus 1, 5, 8, 9, 11, 25 and 60 routes.

Vivienda a largo plazo, programas educacionales, asistencia en la búsqueda de empleo. Ubicado en las líneas 1, 5, 8, 9, 11, 25 y 60 del autobús de Metro.

## House of Tiny Treasures Childcare Center

1529 Lombardy  
Houston, TX 77023

MAIN: (713) 923-7938  
FAX: (713) 923-7940  
CITY SECTION: Central  
NEIGHBORHOOD: East End  
LEGEND: C (ages 0-6), Appt req,  
Homeless only

A therapeutic child development center that provides art therapy, speech therapy, play therapy, child development, advocacy, parenting classes and case management.

Un centro que ofrece un programa terapéutico para el desarrollo del niño/a que incluye terapia de arte, del habla, y de juegos; desarrollo del niño, abogacía, clases para padres y administración de casos.

## SER JOBS FOR PROGRESS OF THE TEXAS GULF COAST, INC.

7211 Regency Square, Suite 150  
Houston, TX 77036

MAIN: (713) 773-6000  
FAX: (713) 773-6010  
WEB: www.serhouston.org  
AREA SERVED: Harris County  
LEGEND: All, Free, Walk-ins, CD,  
Esp, Proof of income & ID

One stop job services: self help use of computers, fax & copiers. Workshops and job referrals with counselors on hand to answer questions. Assist

with comprehensive assessments and training provided if qualified. Testing and expanded services to find employment. Also provide assistance to unemployed, dislocated workers.

### The Worksource - Northeast

3500 Little York, Suite 1-A  
Houston, TX 77093

MAIN: (713) 697-3437  
FAX: (713) 697-4063  
WEB: www.worksource.org  
CITY SECTION: Northeast  
NEIGHBORHOOD: Eastex/Jensen

### The Worksource - Denver Harbor

8799 North Loop East, Suite 350  
Houston, TX 77029

MAIN: (713) 672-0773  
FAX: (713) 672-0755  
WEB: www.worksource.org  
CITY SECTION: Northeast  
NEIGHBORHOOD: Denver Harbor

### The Worksource - Northshore

14355 Wallisville Road  
Houston, TX 77049

MAIN: (281) 458-1155  
FAX: (281) 459-2768  
WEB: www.worksource.org  
CITY SECTION: East  
NEIGHBORHOOD: Northshore

### SERENITY HOME HEALTH

2656 South Loop West, Suite 227  
Houston, TX 77054

MAIN: (713) 665-2992  
FAX: (713) 728-8543  
INTAKE/24 HRS: (832) 865-3645  
CITY SECTION: Central  
NEIGHBORHOOD: Astrodome/  
South Loop

AREA SERVED: Brazoria, Ft. Bend,  
Harris & Montgomery counties

LEGEND: All, Med, Flat fee (\$11/hour  
for non-Medicaid), PHC/  
Family Care, Appt req

*Nursing and home health aide services including meal preparation and feeding, grooming and hygiene, light laundry, attend social events and medication reminders. Services are tailored to fit the needs of each client.*

*Servicio de enfermería y asistencia para la salud en el domicilio que incluye preparación de comida, limpieza e higiene personal, lavandería,*

*asistencia a eventos sociales y recordatorio en tomar los medicamentos. El servicio está diseñado para cumplir con las necesidades individuales del cliente.*

### SIGN LANGUAGE ACCESSIBLE INTERPRETERS

(Accessible Signs)

P O Box 10126  
Houston, TX 77206-0126

MAIN: (713) 263-9670  
FAX: (713) 263-9737  
VP/TTY: (713) 263-8299  
24 HOURS: (713) 501-8273  
WEB: www.accessiblesigns.com

CITY SECTION: All  
LEGEND: All, Flat Fee

*Sign language interpreters, oral interpreters and information and referral for the deaf and hard of hearing community. English, ASL and oral communication available. Interpreters are available 24-hours a day and many are trained in HIV/AIDS. CART and capturing services are available.*

### SIGN SHARES

99 Detering, Suite 160  
Houston, TX 77007

MAIN: (713) 869-4373  
FAX: (713) 869-8463  
V/TTY/Video: (713) 869-4373  
INTAKE: (713) 869-4373  
24 HOURS: (713) 869-4373  
VIDEO RELAY: IP 72.16.240.118  
WEB: www.signshares.com

CITY SECTION: Central  
LEGEND: All, Flat fee, DARS  
DHHS funding available

*Sign language, oral interpreting and transliteration services. Specialty in medical, legal, technical and special events. Services also available for foreign sign language users and trilingual (Spanish) events. Services available 365 days/24 hours to all sectors and venues. Video conference available by appointment. Services include trilingual English/ASL/Spanish and services to Deaf and hard of hearing immigrants of Spanish speaking countries.*

*Servicios del habla por señas, interpretación oral y traducción. Especializados en el área médica, legal, técnico, eventos especiales, el habla por señas utilizados en otros*

*países, y en eventos trilingües (español). Estos servicios están disponibles las 24 horas del día, 365 días del año. Conferencia en video disponible con una cita.*

### SISTERS INSPIRING SISTERS

Location Confidential

MAIN: (713) 751-8805  
CITY SECTION: Central  
NEIGHBORHOOD: Midtown  
LEGEND: W, Free, Walk-ins,  
HIV+ only, CD

*Support group to empower and educate HIV+ women to maintain a healthy quality lifestyle. Provides HIV/AIDS education and updates, guest speakers, information on research/clinical trials, light healthy snacks and childcare for group attendees. This group meets twice a month, please call for more information.*

### SOCIAL SECURITY ADMINISTRATION

Call for nearest office:

TOLL FREE: (800) 772-1213  
TTY: (800) 325-0778  
WEB: www.ssa.gov

CITY SECTION: All  
LEGEND: All, Walk-ins, Free, Esp  
*Social security retirement; survivor, disability and Medicare benefits; supplemental security income benefits for aged, blind and disabled.*

*Social Security's toll-free number operates from 7 a.m. to 7 p.m., Monday through Friday. If you have a touch-tone phone, recorded information and services are available 24 hours a day, including weekends and holidays. People who are deaf or hard of hearing may call our toll-free TTY number between 7 a.m. and 7 p.m. on Monday through Friday. Please have your Social Security number handy when you call.*

### SOUTH TEXAS COLLEGE OF LAW

Legal Clinic

1602 San Jacinto  
Houston, TX 77002

MAIN: (713) 652-0009  
FAX: (713) 652-5960

CITY SECTION: Central  
NEIGHBORHOOD: Downtown  
AREA SERVED: Harris County  
LEGEND: All, Appt Req, Esp

Legal services including Social Security disability, simple divorces, adult name changes, guardianship of the person, limited wills and probate matters. Intake: Monday thru Friday, 10am - 3pm.

### SOUTHEAST AREA MINISTRY

2102 Houston Boulevard  
South Houston, TX 77587

Mailing Address:

P O Box 267

South Houston, TX 77587-0267

MAIN: (713) 944-0093

FAX: (713) 944-2157

CITY SECTION: Southeast

NEIGHBORHOOD: South Houston

AREA SERVED: Zip codes 77504,  
77587, 77017, 77034, 77061,  
77075, 77087, 77089.

LEGEND: All, Fam, Walk-ins, Free Food, used clothing and household items; financial assistance for housing, utilities, prescriptions; school uniforms, shoes and supplies; Christmas gifts for children under 16. Gas vouchers available for verifiable appointments for job interview or doctor appointment.

Se ofrece servicio de traducción/interpretación cuando esté disponible o sea necesario.

### SOUTHEAST TEXAS LEGAL CLINIC

3400 Montrose Blvd., Suite 400  
Houston, TX 77006

Mailing Address:

P O Box 667007

Houston, TX 77266

MAIN: (713) 523-7852

FAX: (713) 523-4253

TOLL FREE: (800) 642-3994

CITY SECTION: Central

NEIGHBORHOOD: Montrose

AREA SERVED: Austin, Chambers,  
Colorado, Ft. Bend, Harris, Liberty,  
Montgomery, Walker, Waller  
& Wharton counties

LEGEND: All, Fam, Walk-ins, Free,  
**HIV+ only**, Esp

Provide free legal services to qualified individuals. Can assist in civil matters related to HIV status.

### SOUTHWEST AREA MINISTRY

7000 Bellaire Boulevard  
Houston, TX 77074

Mailing Address:

P O Box 720539

Houston, TX 77272-0539

MAIN: (713) 995-5778

FAX: (713) 995-5011

CITY SECTION: Southwest

NEIGHBORHOOD:

AREA SERVED: Zip codes 77031,  
77036, 77071, 77072, 77074,  
77083, 77099 & the area north of  
Hwy 90-A/east of FM 1464 in zip  
codes 77477, 77478, 77489.

LEGEND: All, Fam, Walk-ins, Free  
Emergency assistance only. Provides  
5-days of food; clothing; household  
items for startup homes; emergency  
assistance with rent and utilities.  
Must have photo ID, current proof  
of residence and documentation of  
recent emergency; pre-screening  
required for financial assistance.

### SPAY-NEUTER ASSISTANCE PROGRAM (SNAP)

P O Box 70286

Houston, TX 77270

MAIN: (713) 862-3863

FAX: (713) 880-3172

TOLL FREE: (800) 762-7762

WEB: [www.snapus.org](http://www.snapus.org)

### Animal Aid Program Wellness Clinic

1801 Durham, Suite 1  
Houston, TX 77007

MAIN: (713) 862-3863

FAX: (713) 863-8964

INTAKE: (713) 863-0010

CITY SECTION: Central

NEIGHBORHOOD: Heights

LEGEND: Free, Low cost, Walk-ins  
Through our Animal Aid Program,  
SNAP provides free office visits and  
a 40% discount on veterinary services  
for dogs and cats living with  
qualified families affected by HIV/  
AIDS. Spaying or neutering, provided  
free of charge, is required for animals  
receiving care through SNAP. Clients  
are referred by AIDS service agencies  
including: AIDS Foundation Houston,  
Bering Dental, Center for AIDS, Legacy  
Community Health Services, Montrose  
Counseling Center, Northwest Clinic,  
PAWS-Houston, Stone Soup and Thomas

Street Clinic. An identification card is  
issued and must be presented at each  
visit. There is currently no limit to the  
number of visits or animals for any  
one client. Clinic hours: Mon/Tues  
10am-6pm; Wed/Thurs 12pm-9pm;  
Fri/Sat 9am-6pm; Sun 12pm-4pm.

### Spay-Neuter Clinic

1603 Shepherd Drive  
Houston, TX 77007

MAIN: (713) 862-3863

FAX: (713) 863-8804

CITY SECTION: Central

NEIGHBORHOOD: Heights

LEGEND: Free, Low cost, Appt Req  
Through our Animal Aid Program,  
SNAP provides free Spay and Neuter  
procedures, including Rabies vaccine  
for dogs and cats living with qualified  
families affected by HIV/AIDS. There  
is currently a limit of two free  
surgeries per family, per year. Clients  
are referred by AIDS service agencies  
including: AIDS Foundation Houston,  
Bering Dental, The Center for AIDS,  
Legacy Community Health Services,  
Montrose Counseling Center,  
Northwest Clinic, PAWS-Houston,  
Stone Soup and Thomas Street Clinic.  
An identification card is issued and  
must be presented at each visit. Clinic  
hours: Wed-Sun 7:30am-6pm.

A través de nuestro programa de  
ayuda para los animales domésticos,  
SNAP provee servicios quirúrgicos  
gratuitos para la castración y para  
remover los ovarios; además,  
vacunas para la rabia para los perros  
y gatos viviendo con familias  
calificadas y afectadas por el VIH/  
SIDA. Actualmente, hay un límite de  
dos cirugías anuales gratuitas, por  
familia. Los clientes son referidos por  
las agencias que tienen servicios para  
las personas con el SIDA que son:  
AIDS Foundation Houston, Bering  
Dental, The Center for AIDS, Legacy  
Community Health Services, Montrose  
Counseling Center, Northwest Clinic,  
PAWS-Houston, Stone Soup y Thomas  
Street Clinic. Se le proporcionará una  
tarjeta de identificación que debe  
presentar en cada visita. El horario de  
la clínica es de: miércoles a domingo  
de 7:30am a 6:00pm.

## Spay-Neuter Mobile Program

MAIN: (713) 522-2337  
AREA SERVED: Harris County  
LEGEND: Free or low cost, First come-first served

Call for dates and locations. Free spay or neuter, rabies shot, city license; low cost distemper shot, deworming, flea prevention. Must have proof of participation in one of these programs: food stamps, TANF, WIC, AIDS Foundation Houston, SSI/SSD, major VA disability, Harris County gold card, Medicaid or Section 8. Clients should arrive as early as 6 am as there are only 24 spots available.

## ST. HOPE FOUNDATION

6200 Savoy, Suite 540  
Houston, TX 77036

MAIN: (713) 778-1300  
FAX: (713) 778-0827  
TOLL FREE: (877) 559-HOPE  
TRANSPORTATION: (713) 778-0358  
WEB: www.offeringhope.org  
CITY SECTION: Southwest  
NEIGHBORHOOD: Sharpstown  
AREA SERVED: Houston and surrounding counties  
LEGEND: All, I/RR, Free, Appt/Walk-ins, HIV+ only, Esp

## Medical Case Management

Medical Case Management for people living with HIV/AIDS. The team consists of a nurse, several case managers and service linkage staff who have extensive experience in educating and monitoring the clients adherence to their treatment regimen. In addition, the team will coordinate and link clients to various support services within the community.

**Outreach (targeting African Americans):** The goal of the H.O.P.E. (Helping-Others-Pursue-Empowerment) Street Outreach team is to identify and link traditionally underserved and hard-to-reach HIV positive African Americans into the system of care for HIV/AIDS. The primary emphasis of this program is enrolling clients into medical care and link them to various services (i.e., transportation, case management, mental health and substance abuse counseling, etc) as it relates to their needs. Outreach services are short-term (60 days) and intensive.

**Housing Assistance:** Our housing assistance program provides rental assistance to persons living with HIV/AIDS.

**Prevention Health Education/Risk Reduction:** Through funding from the City of Houston, the Foundation provides community level intervention services to targeted zip codes in the Northeast area of Houston. The prevention staff performs aggressive and unconventional street outreach methods to reach individuals at-risk of becoming infected with STDs/HIV. In addition, the prevention program works with Houston Area Community Services (HACS) to facilitate educational groups under the SISTA program funded by the Texas Department of Health.

**Transportation (Urban & Rural):** Vehicle and van-based transportation services are provided to persons living with HIV/AIDS. All transportation requests are prioritized with medical appointments being top priority. Trip requests must be scheduled at least 48 hours prior to the date of the trip. A limited supply of emergency taxi vouchers are available to clients with identified severe needs. Only URBAN transportation clients must have a medical waiver prior to service.

## Descripción de Servicios:

Administración médica de casos para personas con el VIH/SIDA; programa enfocado al alcance de la población afroamericana; asistencia para la renta para personas con el VIH/SIDA; educación de prevención/reducción de riesgo en ciertas zonas del noreste de Houston; y transportación para personas con el VIH/SIDA. Los viajes deben ser solicitados con por lo menos 48 horas de anticipación. Boletos para utilizar el taxi son limitados a pacientes con necesidades severas. Sólo los clientes del condado Harris deben tener una referencia médica antes de utilizar el servicio de transportación.

## Fusion

1635 Dunlavy Street  
Houston, TX 77006  
MAIN: (713) 523-0093  
FAX: (713) 523-1143  
CITY SECTION: Central  
NEIGHBORHOOD: Montrose

AREA SERVED: Houston/Harris County  
LEGEND: M (ages 16 & up), Free, I/RR, Walk-ins

Free HIV testing; Many Men, Many Voices intervention for gay men of color; community advisory board, center for activities, meetings and networking.

Análisis del VIH gratis, programa de intervención para hombres gay de diversas razas ("Many Men, Many Voices"), una mesa directiva comunitaria, un centro para actividades, reuniones e intercambio de información.

## St. Hope Foundation Clinic

6800 West Loop South, Suite 560  
Houston, TX 77401

MAIN: (713) 839-7111  
FAX: (713) 839-7156  
CITY SECTION: Central  
NEIGHBORHOOD: Bellaire  
LEGEND: M, W, F, All, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp

**Primary Medical Care:** Since 2001, the Foundation has been providing comprehensive medical care to patients living with HIV/AIDS in rural counties. St. Hope Clinic has an expert medical team with over 20 years of experience in the treatment and management of HIV/AIDS. Thus, patients are able to receive the highest quality of medical care to improve and sustain the maximum quality of life. The clinic is able to serve patients with Medicaid, Medicare, Private Insurance, and Uninsured (through Ryan White funds).

**Health Education & Risk Reduction:** Secondary prevention and education for persons living with HIV/AIDS.

**Hepatitis A/B/C, HIV & STD Testing:** provided to HIV+ or at-risk individuals. The clinic uses the new 20-minute OraQuick test for HIV

**Cuidado médico primario:** Desde el año 2001, la fundación ha estado ofreciendo un cuidado médico completo a las personas con VIH/SIDA en los condados rurales. La Clínica St. Hope tiene un equipo médico experto con más de 20 años de experiencia en el tratamiento y el manejo del VIH/SIDA. Por lo tanto, los pacientes pueden recibir la más alta calidad

en atención médica para mejorar y mantener una máxima calidad de vida. Aceptamos Medicaid, Medicare, seguro médico privado, y los que no tienen seguro médico (a través de fondos Ryan White).

**Educación de la salud y reducción de riesgo:** *prevención secundaria y educación para personas con VIH/SIDA.*

**Análisis de la Hepatitis A/B/C, VIH, y ETS (enfermedades transmitidas sexualmente):** *proveidos a personas con el VIH o a individuos de alto riesgo. Utilizamos el análisis OraQuick para el VIH con resultados en sólo 20 minutos*

### St. Hope Foundation Conroe Clinic

1414 South Frazier, Suite 105  
Conroe, TX 77301

MAIN: (936) 441-2440  
TOLL FREE: (800) 241-3020

CITY SECTION: North  
NEIGHBORHOOD: Conroe  
AREA SERVED: Montgomery, Waller & Harris counties; Huntsville.

LEGEND: All, **HIV+ only**, I/RR, Free, Med, Ins, Appt, Esp

*HIV medical care clinic.*

*Clínica médica del VIH.*

### St. Hope Foundation Clinic

4915 South Main, Suite 110  
Stafford, TX 77477

MAIN: (281) 277-8572  
TOLL FREE: (281) 277-8564

CITY SECTION: Southwest  
NEIGHBORHOOD: Stafford  
AREA SERVED: Chambers, Ft. Bend, Liberty & SW Harris (outside Beltway 8) counties

LEGEND: All, I/RR, Free, Med, Appt req, **HIV+ only**, Esp

*HIV medical care clinic.*

*Clínica médica del VIH.*

### ST. JOHN VIANNEY SOCIAL SERVICES

625 Nottingham Oaks  
Houston, TX 77079

MAIN: (281) 497-4434  
FAX: (281) 584-2046  
WEB: [www.stjohnvianney.org](http://www.stjohnvianney.org)

CITY SECTION: West  
NEIGHBORHOOD: West Memorial

AREA SERVED: *Financial Aid- Portions of zip codes 77077, 77079 or parishioners of St. John's Vianney Food-Zip codes 77043, 77055, 77077, 77079*

LEGEND: All, Free, Appt Req (walk ins for food/clothing-M-F, 9-11am), Esp

*Emergency food (once a month), clothing (once every 6 months), financial assistance (rent/utilities, possibly every 6 months depending on situation) and small household items.*

*Servicios de alimentos de emergencia (una vez por mes), vestimenta (cada seis meses), asistencia financiera para la renta y utilidades (cada 6 meses).*

### ST. MARY MAGDALENE SOCIAL SERVICES

527 South Houston Avenue  
Humble, TX 77338

MAIN: (281) 540-1907

CITY SECTION: North  
NEIGHBORHOOD: Humble  
AREA SERVED: Zip codes 77346, 77396 & 77338 east of Lee Road.

LEGEND: All, Free, Walk-ins, Lim, Proof of residence

*Food pantry, utility/rental assistance (only with termination, disconnect or eviction notice, once a year); referrals for other needs. Hours: M, W, F 10am - 12pm or first 12 families in line.*

### ST. PIUS CATHOLIC CHURCH

824 South Main Street  
Pasadena, TX 77506

MAIN: (713) 473-9484, Ext. 316

FAX: (713) 473-2731  
WEB: [www.stpiusV.com](http://www.stpiusV.com)

CITY SECTION: East  
NEIGHBORHOOD: Pasadena  
AREA SERVED: Pasadena, South Houston & Galena Park

LEGEND: Fam, Free, Lim, Social security card for all family members, Proof of residence, Picture ID

*Food once every 2 months, limited financial assistance with rent and utilities once every 6 months if funds are available. Office hours: Tues, Wed, Thurs 2:00-4:00pm.*

*Alimentación una vez cada dos meses, asistencia financiera limitada para el pago del alquiler y de otros servicios*

*públicos así como la electricidad, una vez cada 6 meses, pero solo si hay fondos disponibles. El horario de oficina: martes, miércoles y jueves de 2pm a 4pm.*

### STAR OF HOPE MISSION

Administration Office  
6897 Ardmore Street  
Houston, TX 77054

MAIN: (713) 748-0700

FAX: (713) 748-5941

WEB: [www.sohmission.org](http://www.sohmission.org)

### Men's Development Center

1811 Ruiz  
Houston, TX 77002

MAIN: (713) 227-8900

FAX: (713) 227-5703

CITY SECTION: Central

NEIGHBORHOOD: Downtown

LEGEND: M, Walk-ins, Lim, Free, CD  
*Emergency shelter program for homeless men with 3 meals per day. Extended stay (6 months) substance abuse program with spiritual emphasis, case management and licensed chemical dependency counseling; transitional living center, career development, education (tutoring, GED assistance), and clinic 4 days a week (including vision clinic). Must acquire ID after 5 days or forfeit services. Located on the Metro bus 30 and 6 routes.*

### Transitional Living Center for Women and Families

6801 Ardmore  
Houston, TX 77054

MAIN: (713) 748-7242

FAX: (713) 748-0891

CITY SECTION: Central

NEIGHBORHOOD: MacGregor

LEGEND: W, Fam, Lim, Free, Esp  
*Intensive 12-month recovery program consisting of case management, education, substance abuse recovery, mental health counseling, spiritual growth, employment assistance, life management skills and development. Facility accommodates 45 single women and 66 families.*

### Women and Family Shelter

419 Dowling  
Houston, TX 77002

MAIN: (713) 222-2220

FAX: (713) 222-1046

CITY SECTION: Central  
 NEIGHBORHOOD: Second Ward  
 LEGEND: W, Fam, Lim, Free, Esp  
*Emergency shelter for 30-90 days providing referrals, computer learning center, medical clinic, parenting and life skills/enrichment classes, spiritual growth, nursery and preschool child-care. Requirements for admission are current and valid ID, birth certificates for children and marriage license for couples. Facility accommodates approximately 300. Located on the Metro bus 3 and 48 routes.*

**STONE SOUP**

(See AIDS Foundation Houston)

**STUDEWOOD PHARMACY**

1407 Studewood  
 Houston, TX 77008  
 MAIN: (713) 869-3487  
 FAX: (713) 869-8111  
 CITY SECTION: Central  
 NEIGHBORHOOD: Heights  
 LEGEND: All, Med, Walk-ins, CD, Esp  
*Tenemos disponible un personal técnico farmacéutico hispanohablante.*



**TEXAS ADVOCACY PROJECT**

(formerly Women's Advocacy Project)  
 PO Box 833  
 Austin, TX 78767  
 MAIN: (512) 476-5377  
 FAX: (512) 476-5773  
 TOLL FREE: (800) 777-FAIR  
 WEB: www.texasadvocacyproject.org  
 AREA SERVED: Statewide  
 LEGEND: M, W, Fam, Free, Appt Req, Lim

*Legal representation to victims of domestic violence in protective order, divorce and custody; legal hotlines; Pro Se protective order packet (distribution and assistance); emergency protective order program (with court, outreach and legal advocacy)*

*Servicio de representación legal para víctimas de violencia doméstica en situaciones como ordenes de protección, divorcio y custodia; líneas telefónicas para informarse de derechos legales y familiares, violencia*

*doméstica y asalto sexual; paquetes de ordenes de protección Pro Se para violencia doméstica, y asalto sexual (distribución y ayuda); programa de ordenes de protección de emergencia (con las cortes, de alcance y defensa legal).*

**TEXAS CHILDREN'S HOSPITAL Allergy and Immunology Department**

1102 Bates, 3rd Floor,  
 Mail Code FC 330.01  
 Houston, TX 77030-2399  
 MAIN: (832) 824-1319  
 FAX: (832) 825-1260  
 TOLL FREE: 1-800-364-KIDS (5437)  
 24 HOURS: (832) 824-2099  
 WEB: baylorpediatricaids.org  
 CITY SECTION: Central  
 NEIGHBORHOOD: Medical Center  
 LEGEND: C (ages 0-18), Y (up to age 24), Med

*Medical care for children with HIV. Clinical research studies for children, adolescents and pregnant women with HIV.*

*Cuidado medico para niños y adolescentes con VIH. También se ofrecen estudios clínicos para niños y madres con VIH.*

**TEXAS CHILDREN'S HOSPITAL Baylor International Pediatric AIDS Initiative**

6621 Fannin Street, CC 1210  
 Houston, TX 77030-2399  
 MAIN: (832) 822-1038  
 WEB: www.bayloraids.org  
 CITY SECTION: Central  
 NEIGHBORHOOD: Medical Center  
 LEGEND: Esp, C (ages 0-18), S\$, Med, HIV+ only

*Pediatric primary care for HIV-infected children and adolescents and their infected or uninfected siblings and also HIV exposed infants. Staff MD provides direct care to children and youth. Call for intake process.*

**TEXAS CHILDREN'S HOSPITAL Department of Retrovirology**

6621 Fannin Street, MC 1570.00  
 Houston, TX 77030  
 MAIN: (832) 822-1038  
 FAX: (832) 825-1281  
 WEB: www.texaschildrenshospital.org  
 CITY SECTION: Central

NEIGHBORHOOD: Medical Center  
 LEGEND: Esp, C (ages 0-18), S\$, Med, HIV+ only, call for intake process  
*Pediatric primary care for HIV-infected children and adolescents and their infected or uninfected siblings and also HIV exposed infants. Staff MD provides direct care to children and youth.*

**TEXAS COMMISSION FOR THE BLIND**

(See Department of Assistive and Rehabilitative Services Blind Division)

**TEXAS COMMUNITY TRANSITIONAL CENTER**

PO Box 91534  
 Houston, TX 77291  
 MAIN: (281) 348-5644  
 CITY SECTION: North  
 AREA SERVED: Zip codes 77026, 77088, 77076, 77091  
 LEGEND: M, HIV+ only, CD, Call for intake

*24-hour service center helping persons with HIV/AIDS. Substance abuse treatment and medical care referrals; assist clients in locating needed services.*

**TEXAS DEPARTMENT OF FAMILY & PROTECTIVE SERVICES**

*Mailing Address*  
 P.O. Box 149030  
 Austin, TX 78714-9030  
 MAIN: (713) 767-2700  
 FAX: (713) 767-2769  
 24 HOURS: (800) 252-5400  
 WEB: www.dfps.state.tx.us  
 AREA SERVED: Texas  
 LEGEND: All, Free

**Child Care Information**

MAIN: (800) 862-5252  
*Information about childcare in Texas. Available Mon-Fri, 8am - 5pm.*

**Report Abuse in MHMR Facilities**

24 HOURS: (800) 647-7418  
*Hotline to report abuse, neglect or exploitation in MHMR facilities.*

**Texas Abuse, Neglect & Exploitation Reporting System**

*Mailing Address:*  
 P O Box 16017 (MC 174-1)  
 Houston, TX 77222-6017



MAIN: (800) 252-5400  
CITY SECTION: Central  
NEIGHBORHOOD: Harrisburg  
AREA SERVED: Texas

LEGEND: All, Free, Esp  
*Report suspicions of abuse/neglect of children or abuse/neglect/exploitation of persons 65 years or older and adults with disabilities. The Texas Family Code 261.101 requires professionals to make a report within 48 hours of first suspecting abuse, neglect or exploitation (for licensing only) of children. The Human Resources code Chapter 48 (48.051) requires a person having cause to believe that an elderly or disabled person is in the state of abuse, neglect, or exploitation to report the information required immediately. Call your local law enforcement agency or 911 if the situation is an emergency.*

*Online reporting system is provided for your convenience to report instances of abuse or neglect that do not require an emergency response: [www.txabusehotline.org](http://www.txabusehotline.org).*

### Texas Runaway Hotline

P O Box 149030 (MC Y-987)  
Austin, TX 78714-9030

24 HOURS: (888) 580-HELP  
*24-hour confidential services including: crisis intervention, telephone counseling, services to runaways, potential runaways and families; information and referrals; free message service to promote communication between runaways and families. [www.texasrunaway.org](http://www.texasrunaway.org)*

### Texas Youth Hotline

P O Box 149030 (MC Y-987)  
Austin, TX 78714-9030

24 HOURS: (800) 210-2278  
*24-hour confidential services including: crisis intervention, telephone counseling, services to troubled youths and families; information and referrals to community services. [www.texasyouth.org](http://www.texasyouth.org)*

### TEXAS DEPARTMENT OF HEALTH (TDH)

(See Department of State Health Services)

### TEXAS HIV MEDICATION PROGRAM (THMP)

(See Department of State Health Services)

### TEXAS PREVENTION NETWORK

10103 Fondren, Suite 330  
Houston, TX 77096

MAIN: (713) 981-6063  
FAX: (713) 981-9772  
WEB: [www.tpni.org](http://www.tpni.org)

CITY SECTION: Southwest  
NEIGHBORHOOD: Fondren  
Southwest

LEGEND: All, S\$, Flat fee,  
Appt/Walk-in, Referral req,  
Call for intake

*Assist individuals, families and communities who are affected by mental health issues and substance abuse disease by offering support and preventive services. Our highly trained staff focuses on providing quality services by putting our clients first. Our intent is to enhance client dignity by providing them the tools that will enable them to live a quality life. Our hope is to see everyone affected by any disease be wholly restored. Our commitment is to give effective and individualized treatment programs to our clients to meet their emotional and social needs through innovative, efficient and responsive practices guided by personal choices and desired outcomes.*

*At Texas Prevention Network we will foster a spirit of mutual respect, dignity, trust and cooperation among clients, staff and the community.*

### THOMAS STREET HEALTH CENTER

2015 Thomas Street  
Houston, TX 77009

MAIN: (713) 873-4000  
FAX: (713) 873-4052

CITY SECTION: Central  
NEIGHBORHOOD: Near Northside

LEGEND: M, W, Free, S\$, Med,  
**HIV+ only**, Appt/Walk-ins,  
Esp, Gold Card

*Outpatient primary care; OB/Gyn services; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling; support*

*groups. Located on the Metro bus 9 and 37 routes.*

*Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH, grupos de apoyo. Ubicado en las líneas 9 y 37 del autobús de Metro.*

### TRIANGLE AIDS NETWORK, INC.

1495 North 7th Street  
Beaumont, TX 77702

Mailing Address:

P O Box 12279  
Beaumont, TX 77726

MAIN: (409) 832-8338  
FAX: (409) 832-0976  
TTY: (409) 832-0973  
INTAKE: (409) 832-8338,  
Ext 225

SPANISH: (409) 832-8338,  
Ext 224

WEB: [www.tanbmt.com](http://www.tanbmt.com)

CITY SECTION: East  
NEIGHBORHOOD: Beaumont  
AREA SERVED: Hardin, Jefferson  
and Orange counties

LEGEND: Appt Req, Free, S\$,  
**HIV+ only**, UTMB affiliate, Esp

*Free and confidential HIV testing and early intervention medical clinic; education resources; workshops; annual conference; case management; support groups and counseling; transportation; home health; food pantry and nutritional services; advocacy; dental services; medication, doctor co-pay and insurance premium assistance; activity center; housing assistance speakers bureau and condom distribution.*

*Análisis gratuito y confidencial del VIH e intervención temprana; clínica. Recursos educativos, talleres, conferencia anual, administradores de casos, grupos de apoyo y apoyo psicológico, transportación, cuidado de salud en el hogar, almacén de alimentos, servicio nutricional y dental, medicamentos, parte del pago para los médicos y asistencia para el pago de la prima del seguro médico; centro de actividades, asistencia para la vivienda y distribución de preservativos.*

## TWELVE OAKS PHARMACY

4126 Southwest Freeway, Suite 100  
Houston, TX 77027

MAIN: (713) 627-2370  
FAX: (713) 627-3990  
TOLL FREE: (800) 650-0107

CITY SECTION: Central  
NEIGHBORHOOD: Greenway Plaza  
LEGEND: All, Med, Private  
pay, Ins, Esp

Pharmacy.  
Farmacia.



## U OF H SPEECH, LANGUAGE & HEARING CLINIC

Speech Therapy

4505 Cullen Boulevard  
Houston, TX 77004

Mailing Address:

100 Clinical Research Center  
Houston, TX 77204-6018

MAIN: (713) 743-2898  
FAX: (713) 743-2926  
WEB: www.uh.edu/hshc

CITY SECTION: Central  
NEIGHBORHOOD: Third Ward  
LEGEND: All (age 3 & up), S\$,  
Appt Req, Esp

Hearing assessments and, when appropriate, clients are fitted with a hearing aid, often through the Hearing Aid Assistance Program (HAAP) for low income clients. Speech and language evaluation and therapy are offered to individuals who have or are at risk for developing a communication problem. Spanish, Vietnamese and Chinese translators are available.

Intérprete disponible.

## UNITED WAY OF GREATER HOUSTON

50 Waugh Drive  
Houston, TX 77007

HELPLINE: 2-1-1  
MAIN: (713) 685-2300  
FAX: (281) 582-7731  
TOLL FREE: (800) 833-5948  
24 HOURS: (713) 957-HELP  
WEB: www.unitedwayhouston.org  
CITY SECTION: Central

NEIGHBORHOOD: Memorial Park/  
Washington Ave  
LEGEND: All, Free, Esp

Provides a telephone information and referral service that links people to community health and human service organizations.

## UNIVERSITY EYE INSTITUTE

4901 Calhoun  
505 J. Davis Armistead Bldg.  
Houston, TX 77204-2020

MAIN: (713) 743-2020  
FAX: (713) 743-0965  
WEB: www.opt.uh.edu

CITY SECTION: Central  
NEIGHBORHOOD: Third Ward  
LEGEND: All, S\$, Med, Ins, Walk-ins

Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.

## UNLIMITED VISIONS AFTERCARE INC.

5527 Lawndale  
Houston, TX 77023

MAIN: (713) 921-2276  
FAX: (713) 921-7466

CITY SECTION: East  
NEIGHBORHOOD: Baytown  
AREA SERVED: Chambers, Harris  
& Liberty counties

LEGEND: Y (ages 13-18), M, W, S\$,  
Med, Appt req, CD, TCADA, Esp

## Unlimited Visions Aftercare Inc.

616 Park Street  
Baytown, TX 77520

MAIN: (281) 427-8786  
FAX: (281) 427-8967

Chemical dependency treatment for adults and adolescents. Intensive program is 45 days and supportive program is 90 - 180 days. DWI repeat offender program is twice a week for 7 weeks. Call for info on other services.

Tratamiento sobre la dependencia de sustancias para adultos y adolescentes. El programa intensivo es de 45 días de duración, el de apoyo es de 90 a 180 días. Se ofrece el programa para los ofensores que repiten el acto de manejar bajo la influencia (DWI) dos veces a la semana por 7 semanas. Llame para mayor información sobre otros servicios.

## UT DENTAL BRANCH

6516 M.D. Anderson Blvd.  
Houston, TX 77030

MAIN: (713) 500-4000  
FAX: (713) 500-0403  
WEB: www.db.uth.tmc.edu

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: M, W, Y, C (over age 5),  
Esp, Appt req, Fee for svc

Full range of dental services.

## UT Dental Branch Oral & Maxillofacial Surgery

6550 Fannin, Suite 2237  
Houston, TX 77030

MAIN: (713) 790-4600  
FAX: (713) 793-1229

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: All, Appt req, Med,  
Most dental insurance, Fee for svc

Services limited to oral and maxillofacial surgery.

## UT Dental Branch Pediatric Dentistry

6655 Travis, Suite 460  
Houston, TX 77030

MAIN: (713) 500-8200  
FAX: (713) 500-8210

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: C, Med, Appt req, Esp

Full range of dental services for children.

## UT Dental Branch University Dental Center

6410 Fannin, Suite 310  
Houston, TX 77030

MAIN: (713) 500-5888  
FAX: (713) 500-0728

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: M, W, Y, Esp, Appt req,  
Med, Most dental insurance,  
Fee for svc

Full range of dental services. Services targeted to patients with medical, mental or physical handicaps.

## UT HOUSTON HEALTH SCIENCE CENTER

6431 Fannin, MSB 6.132A  
Houston, TX 77030

MAIN: (713) 500-6608  
FAX: (713) 500-5688  
INTAKE: (713) 500-6443

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
AREA SERVED: Chambers, Ft. Bend,  
Harris, Liberty, Montgomery  
& Waller counties

LEGEND: Fam, Free, Med, Appt req,  
**HIV+ only, Esp**

*Provide case management services for women and children of all ethnic groups. HIV primary medical care for children and youth ages 0-24 years, inclusive of all ethnic groups.*

*Provee servicios de administración de casos para mujeres y niños de todos los grupos étnicos. También provee servicio de cuidado médico para niños y jóvenes de todo los grupos raciales y menor de 24 años de edad con un diagnóstico del VIH. Cuenta con un personal bilingüe.*

## UT SUBSTANCE ABUSE RESEARCH CENTER

Treatment Research Clinic  
1300 Morsund, Suite 115  
Houston, TX 77030

MAIN: (713) 500-3784  
FAX: (713) 500-2807  
WEB: [trc.uth.tmc.edu](http://trc.uth.tmc.edu)

CITY SECTION: Central  
NEIGHBORHOOD: Medical Center  
LEGEND: M, W, Free,  
Appt/Walk-ins, CD

*Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse.*

## UTMB GALVESTON

301 University Blvd., Route 0435  
Galveston, TX 77555-0435

MAIN: (409) 772-1661  
FAX: (409) 747-8768  
TOLL FREE: (800) 917-8906  
24 HOURS: (409) 762-2222  
WEB: [www.utmb.edu/  
infectious%5Fdiseases](http://www.utmb.edu/infectious%5Fdiseases)

CITY SECTION: Southeast  
NEIGHBORHOOD: Galveston

AREA SERVED: NO restrictions for persons with third party insurance; sliding scale available to TX citizens & residents of counties who contract with UTMB

LEGEND: Adults (age 18 & up), I/RR, S\$, Med, Appt req, **HIV+ only**

## AIDS Clinical Care & Research Program

*Primary medical care services for the treatment and care of persons with HIV/AIDS.*

*Servicios de cuidado médico primario para el tratamiento y el cuidado de las personas con el VIH/SIDA. Hay doctores y enfermeras de habla hispana.*

## AIDS Clinical Trials Unit (ACTU)

MAIN: (409) 747-0214  
FAX: (409) 747-0221  
TOLL FREE: (877) 324-2288  
WEB: [www.actu.utmb.edu](http://www.actu.utmb.edu)

LEGEND: M, W, Appt Req, **HIV+ only**  
*Clinical research trials for adults (18 and up) living with HIV/AIDS. Clinical research trials are carefully designed studies to evaluate effectiveness and safety of drugs and regimens used to treat HIV, associated conditions and opportunistic infections. Studies are designed for persons who are new to HIV or not taking HIV medications; for persons on HIV medications who may be failing or intolerant of current regimens or interested in treatment interruption; and for HIV+ persons also infected with hepatitis. Gender-specific health studies for HIV+ women also available. Study drugs, study visits and labs provided at no charge. Some assistance with travel and child care may be provided.*



## VISITING NURSE ASSOCIATION

(See Christus Visiting Nurse Association of Houston)

## VOLUNTEERS OF AMERICA

7000 Northwest 100, B-106  
Houston, TX 77092

MAIN: (713) 460-0781  
FAX: (713) 460-0988  
WEB: [www.voatx.org](http://www.voatx.org)

## McGovern Campus

308 E. Rogers Street  
Houston, TX 77022

MAIN: (713) 692-8190  
FAX: (713) 884-1803  
INTAKE: (713) 692-8190

CITY SECTION: North  
NEIGHBORHOOD: Independence Heights

LEGEND: W, F, Free, S\$, CD  
*Residential and outpatient treatment for chemically dependent, medically indigent women, including those accompanied by children (up to age 12). The program provides individual, group and family counseling, parenting education, job preparation training, life skills and case management as well as on site childcare for residents with children.*



## WALKER COUNTY MATERNAL AND CHILD HEALTH CENTER

1217 Avenue M  
Huntsville, TX 77340

MAIN: (936) 295-7474  
FAX: (936) 295-1516  
TOLL FREE: (800) 443-7744  
WEB: [www.utmb.edu/obgyn/rmchp](http://www.utmb.edu/obgyn/rmchp)

CITY SECTION: North  
NEIGHBORHOOD: Huntsville  
AREA SERVED: Harris County  
LEGEND: M, W, C, Y, Appt req,  
Med, Flat fee, S\$, Esp

*Prenatal and post partum care; well child care - Texas Health Steps; STD screening; immunizations.*

*Servicio de cuidado prenatal y post-natal; cuidado para el bienestar del niño; evaluación de ETS (enfermedades transmitidas sexualmente); inmunizaciones.*

## **WARREN CORPORATION, THE**

10600 Fondren, Suite 104  
Houston, TX 77096

MAIN: (713) 541-9777  
FAX: (713) 541-9778  
WEB: www.HIVprevent.com  
CITY SECTION: Southwest  
NEIGHBORHOOD: Fondren  
Southwest  
AREA SERVED: Zip codes 77035,  
77036, 77071, 77096 and 77459  
LEGEND: M, W, I/RR, Appt Req

### **Project Change**

*Community outreach to all genders/ age groups; health education/risk reduction - both primary & secondary, nutrition, fitness and wellness programs and support groups for the empowerment of women. The major focus of services is women but men with identified needs are not excluded.*

## **WELLSPRINGS, INC.**

LOCATION CONFIDENTIAL

Mailing Address:  
PO Box 311017  
Houston, TX 77231

MAIN: (713) 529-6559  
FAX: (713) 520-0532  
WEB: www.wellspringsinc.org  
LEGEND: W, C, Y, I/RR,  
Appt req, lim, CD

### **Long-Term Housing**

*Provides long-term housing to homeless and abused women, with or without children, who are dual diagnosed (mental health diagnosis and history of substance abuse). Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling, childcare and case management.*

### **Short-Term Housing**

*Provides transitional housing to homeless and abused women. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling and case management.*

## **Transitional Housing**

*Provides transitional housing to homeless and abused women that are 30-50 years of age and capable of working. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling and case management.*

## **WEST GRAY ADAPTIVE RECREATION CENTER**

City of Houston Parks & Recreation Dept  
(Metropolitan Multi-Service Center)

1475 West Gray  
Houston, TX 77019

MAIN: (713) 284-1973  
WEB: www.houstontx.gov/parks/adaptiverecenter.html  
CITY SECTION: Central  
NEIGHBORHOOD: Montrose  
LEGEND: Free

*Houston Parks and Recreation Department provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division housed at the former Metropolitan Multi-Service Center.*

*In addition to providing activities, the West Gray Adaptive Recreation Center also partners with organizations that serve children and adults with disabilities. The Adaptive Recreation staff knows that, after learning new skills and redefining their abilities, participants are able to feel the freedom of recreating. These experiences often result in increased self-confidence and self esteem, greater success in academic, professional and personal life challenges and overall improved health.*

**Adult Fitness Room:** *The wheelchair accessible fitness room is designed for use by adults age 18 and older that have a physical disability including visual impairment and blindness. Participants must complete registration to use the fitness room and each registered user is encouraged to bring a family member or friend to work out with.*

**Adaptive Aquatics:** *The center's heated, indoor natatorium provides a great environment for people with disabilities to exercise. Programs include water exercise, open swim, water walking, lap swimming and more. Participants are required to have independent functioning mobility skills or bring an adult attendant to assist.*

*Call for more information about these and many other programs available.*

## **WEST HOUSTON ASSISTANCE MINISTRIES**

10501 Meadowglen Ln.  
Houston, TX 77042

MAIN: (713) 977-7803  
FAX: (713) 783-0761  
INTAKE: (713) 977-9942  
JOB LAB: (832) 252-7748  
WEB: www.whamministries.org

CITY SECTION: West  
NEIGHBORHOOD: Westchase  
AREA SERVED: Zip codes 77042,  
77057, 77063, 77077 and 77082  
LEGEND: M, W, Fam, Free,  
Appt/Walk-ins, Esp

*Assist by providing food; clothing and household items (delivery in some cases); financial assistance with day care costs, rent/mortgage, utilities and prescriptions; job lab (phone, fax, resume writing, job leads); and volunteer opportunities for those willing to receive instruction and committed to carry out the objectives of the ministry.*

## **WEST HOUSTON HIV SUPPORT GROUP**

Mailing Address:  
19319 Chislestone Lane  
Katy, TX 77449

MAIN: (281) 620-6280  
CITY SECTION: West  
NEIGHBORHOOD: Katy  
LEGEND: M, W, F, Free, Appt req

### **Embracing Life Support Group**

*A faith-based support group that offers a safe place to discuss the various aspects of living with a life-defining illness as well as providing a supportive environment which helps to strengthen group members to live more fully and vitally.*



# Social Security Programs

## Programas del Seguro Social

### How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

**1-800-772-1213 TTY: 1-800-325-0778**

This service is available 7:00 a.m. – 7:00 p.m. Monday through Friday.

Social Security is also on the Internet. A lot of good program information is available at this site:

**[www.ssa.gov](http://www.ssa.gov)**

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative. You may call your representative before you receive a notice of award. After you receive the notice of award, you should call the toll-free service.

### ¿Cómo me pongo en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, verificar sus beneficios. obtener respuestas a preguntas generales es llamando al:

**1-800-772-1213 TTY: 1-800-288-7185**

Este servicio está disponible de 7:00 a.m. a 7:00 p.m. de lunes a viernes.

El Seguro Social también está disponible en la red del Internet. Aquí podrá encontrar mucha información sobre sus programas:

**[www.ssa.gov](http://www.ssa.gov)**

Una vez que Ud. someta un reclamo para obtener beneficios le darán el nombre y el número telefónico de un representante del Seguro Social. Puede llamar al representante antes de recibir su notificación de beneficios. Después de recibirla, debe de llamar al número 1-800-772-1213.



Art by Gary

### What is Social Security?

There are two types of Social Security benefits that people with HIV disease may be eligible to receive: Social Security Disability (SSD) and Supplemental Security Income (SSI). Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be “disabled” to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by calling the Social Security Administration and requesting an “Earnings & Benefits Statement.”

### ¿Qué es el Seguro Social?

Hay dos tipos de beneficios del Seguro Social que personas con el VIH pueden recibir: Seguro Social por Incapacidad (SSD) y Seguro de Ingreso Suplemental (SSI). Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté “incapacitado” para recibir beneficios. Se puede averiguar anticipadamente el pago mensual del SSD al cual tendría derecho de recibir si se incapacitara hoy, llamando a la Administración del Seguro Social (SSA) y solicitando una “Declaración de Beneficios e Ingresos.”

### Who qualifies as disabled?

Usually, HIV infected persons who have had one or more opportunistic infections qualify medically. Sometimes people with HIV can qualify as disabled even if they have had no opportunistic infections, but the approval process is more difficult and may take longer. It is important to remember that "disability" as defined by SSA is not the same as the Center for Disease Control (CDC) definition of AIDS. For example, having a T-cell count below 200 is not, by itself, enough to be considered disabled for Social Security purposes.

### ¿Quién se considera incapacitado?

Usualmente, personas infectadas con el VIH que han tenido una o más infecciones oportunistas califican médicamente. A veces, las personas califican como incapacitadas aunque no hayan tenido una infección oportunista, pero el proceso de aprobación es más difícil y puede demorar más tiempo. Es importante recordar que "incapacidad" como se define por la SSA no es lo mismo que la definición del CDC. Por ejemplo, el tener una cifra de células "T" menor de 200 no es, en sí, suficiente para ser considerado como incapacitado por el Seguro Social.

### Is US citizenship required?

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

### ¿Es requerida la ciudadanía EEUU?

La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier persona solicitando el SSI debe ser un ciudadano estadounidense o inmigrante calificado. Llame a un representante de la SSA al 1-800-772-1213 para obtener la definición más reciente de "inmigrante calificado."

### Social Security Disability (SSD)

In addition to being disabled, people qualify for SSD by working, paying Social Security taxes and earning "credits." SSD is an insurance program; the monthly benefit that you are entitled to is based on the premiums (Social Security taxes) that you paid while you were working. Generally, the higher your earnings have been, the higher your benefits will be, and even people who are disabled at a young age can qualify for reasonably high benefits if they have had a high income for a few years. To be "insured" for SSD, you must have earned a certain number of credits and worked for at least 5 of the last 10 years before the disability began. Only SSA can provide the number of credits needed and an accurate benefit estimate for a specific individual.

SSD benefits are not affected by how much money you have in the bank, how much your assets are worth, how much income you receive from private disability programs, interest or dividends, financial assistance from friends and relatives or your living situation. SSD payments continue for as long as SSA determines that you are disabled and are increased most years by a small amount to keep up with the cost of living.

If your SSD benefit amount is below a certain level, you may be eligible to receive SSI payments to supplement the SSD.

### Seguro Social por Incapacidad (SSD)

Además de estar incapacitada, la persona puede ser considerada para recibir el SSD simplemente por haber trabajado, pagado impuestos del Seguro Social y adquirido "créditos." El SSD es un programa de seguro, cuyos beneficios están basados en los abonos (impuestos del Seguro Social) pagados. Por lo general, el haber tenido ingresos altos resulta en beneficios más altos y personas que se incapacitaron cuando jóvenes pueden recibir beneficios altos si mantuvieron un salario alto por varios años. Para estar "asegurado" por el SSD, Ud. debe haber adquirido cierto número de créditos y haber trabajado por lo menos 5 de los últimos 10 años antes que empezara su incapacidad. Solamente la SSA puede proveerle la información correcta sobre lo que serán sus beneficios.

Los beneficios del SSD no son afectados por el dinero que Ud. tenga en el banco, ni por el valor de sus propiedades, ni por el ingreso que reciba de programas privados de incapacidad, intereses, asistencia económica de amistades o familiares. Los pagos del SSD continúan mientras que la SSA lo considere incapacitado y aumentan a través de los años para mantenerse al mismo nivel del costo de vida.

Si sus beneficios son menos de una cierta cantidad, quizás pueda Ud. ser elegible para recibir pagos del SSI para subsidiar el SSD.

### Supplemental Security Income (SSI)

SSI is available to people who are medically disabled but have not earned enough credits to qualify for SSD, or who are waiting for SSD benefits to begin. Because SSI is basically a “welfare” program, benefits are generally not paid if you have resources valued at over \$2,000 (individual) and \$3,000 (couples). The house you live in and one car are exempt. Also, benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled and is increased most years by a small amount.

### Seguro de Ingreso Suplemental (SSI)

El SSI está disponible a personas que están médicamente incapacitadas pero que no hayan ganado suficientes créditos para calificar para el SSD, o para quienes estén esperando que empiecen sus beneficios del SSD. El SSI es básicamente un programa de “asistencia pública.” Normalmente no se pagan beneficios del SSI si la persona tiene bienes valorizados en más de \$2000 (individual) y \$3000 (pareja). No incluyendo la casa donde vive y un automóvil. Además, se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado. Además, hay aumentos pequeños en los pagos a través de los años.

### Applying for SSD/SSI

People with HIV should continue working for as long as they and their doctor agree that they are able to do so safely. However, it is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue. For the best service, call 1-800-772-1213 and schedule an appointment to apply for benefits. Be sure to tell the SSA representative that you have HIV; this may help speed up your claim.

Most hospitals and Thomas Street Clinic also have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home.

### ¿Cómo se solicita el SSD/SSI?

Las personas con el VIH deben continuar trabajando mientras ellos y sus doctores lo consideren posible, seguro y saludable. Sin embargo, por lo general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar. Para obtener el mejor servicio llame al número 1-800-772-1213 y haga una cita para solicitar los beneficios. Asegúrese de decirle al representante de la SSA que Ud. tiene el VIH. Esto puede acelerar su solicitud.

La mayoría de los hospitales y la Clínica Thomas Street tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI mientras que esté hospitalizado o visitando la clínica. También, en algunos casos excepcionales, la SSA tiene representantes que pueden entrevistarle y llenar la solicitud en su casa.



Art by Raphael



## Documentation Checklists

SSA will need the following documents to complete your application for SSD or SSI. However, do not delay applying just because you do not have everything ready.

## Lista de Documentos Requeridos

La oficina de la SSA necesita los siguientes documentos para completar su solicitud del SSD o SSI. Sin embargo, no deje de iniciar el proceso aunque no tenga de antemano todo lo necesario.

### SSD

(Based on medical criteria & work history)

### SSD

(Basado en criterio médico y ganancias)

- Disability Report and Activities of Daily Living Questionnaire completed in advance
- W-2 forms and tax returns for the past 2 years
- Certified birth certificate(s), including for children
- Marriage certificate
- Divorce decree
- Military discharge papers
- Date you became disabled and the date you last worked
- Names, addresses and phone numbers for all doctors, hospitals and clinics you have used
- Work history for the past 15 years
- Voided check (for direct deposit)
- Proof of citizenship or lawful alien status

- Reporte de Incapacidad y Cuestionario de Actividades Diarias
- Formularios W-2 y Declaraciones de impuestos de los últimos 2 años
- Certificado(s) de nacimiento, incluyendo los niños
- Certificado de matrimonio
- Decreto de divorcio
- Documentos de servicio militar
- Fecha de incapacidad y último día de trabajo
- Nombres, direcciones y números telefónicos de todos los doctores, hospitales y clínicas que Ud. ha usado
- Antecedente de trabajo en los últimos 15 años
- Cheque bancario cancelado (para depósito directo)
- Prueba de ciudadanía EEUU o inmigrante legal

## Social Security Programs / Programas del Seguro Social

### SSI

(Based on medical and financial criteria)

### SSI

(Basado en criterio médico y económico)

- Certified birth certificate(s), including for children
- Marriage certificate
- Divorce decree
- Military discharge papers
- Bank statements for current month
- Life insurance information
- Names, addresses and phone numbers for all doctors, hospitals and clinics you have used
- Information about your living situation: lease, roommate, staying with relatives, etc.
- Voided check (for direct deposit)
- Proof of U.S. citizenship or lawful alien status

- Certificado(s) de nacimiento, incluyendo los niños
- Certificado de matrimonio
- Decreto de divorcio
- Documentos de servicio militar
- Último estado de su cuenta bancaria
- Información sobre su seguro de vida
- Nombres, direcciones y números telefónicos de todos los doctores, hospitales y clínicas que ha usado
- Información sobre su situación de vivienda: alquiler, compañero de casa, con parientes, etc.
- Cheque bancario cancelado (para depósito directo)
- Prueba de ciudadanía EEUU o inmigrante legal

Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI. Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.

Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI. Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.

### Filing while still employed

If you file for benefits while you are still working, SSA must determine if the work you are doing is “substantial gainful activity” (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be “substantial.” SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

### How long will it take?

The SSA representative who takes your claim is responsible for all non-medical issues and for processing your claim after it has been allowed or denied medically. The disability determination process usually takes 60-90 days for both SSD and SSI. If it seems to be taking a long time, you can call your Social Security claims representative and ask if they are still waiting for any medical records that they need to process your application. If records are missing, you can contact the hospital, clinic or doctor’s office, and ask that these records be sent promptly.

SSI benefits can begin the month after the month in which you apply. If your physician confirms that your HIV infection is severe enough to meet SSA’s criteria, SSA will “presume” that you are disabled and pay you benefits for up to six months, provided that you qualify financially, before making a formal determination. SSI does not pay benefits for any months before you actually apply.

SSD benefits do not start until you have been disabled for five full months, no matter how quickly your application is approved. But, if you qualify for SSI, you can receive SSI payments for up to six months while waiting for your SSD to begin. Sometimes, SSA determines that a person became disabled before the date on which he or she applied for SSI/SSD, or SSA may take longer than five months to decide that a person is disabled. If this happens to you, SSA will pay you retroactive benefits (back pay). The amount depends on the established disability date and the date you filed your claim.

While you are waiting for your SSI/SSD benefits to begin, you may be eligible to receive limited financial assistance through your county Department of Social Services.

### Solicitando mientras está empleado

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una “actividad gananciosa sustancial” (SGA). SGA se refiere al trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser “sustancial.” SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y fracasos tentativos de trabajo. Si la SSA determina que está llevando acabo la SGA, una decisión médica no será necesaria y su solicitud será rechazada.

### ¿Cuánto tiempo demora?

El representante de la SSA que toma su solicitud es responsable por todos los asuntos no médicos y por el procedimiento de su solicitud después de que haya sido aprobado o rechazado por razones médicas.

Generalmente la duración del proceso para determinar incapacidad toma 60-90 días para el SSD y SSI. Si a Ud. le parece que está demorando mucho tiempo, puede preguntar a su representante del Seguro Social si a la solicitud le falta algún documento. Si algo falta, puede llamar al hospital o a la oficina de su doctor para solicitar que manden la información que falta lo más pronto posible.

Los beneficios del SSI pueden empezar al mes siguiente de haberlo solicitado. Si su doctor confirma que su infección del VIH es suficientemente severa para satisfacer el criterio de la SSA, ella “asumirá” que Ud. está incapacitado y le pagará sus beneficios por seis meses, dado que Ud. califique por razones económicas, antes de tomar una decisión formal. El SSI no paga por meses anteriores de su fecha de solicitud.

Los beneficios del SSD no empiezan hasta que Ud. esté cinco meses incapacitado, aunque su solicitud sea aprobada rápidamente. Pero, si califica para el SSI, puede recibir pagos por seis meses mientras espera el comienzo de sus beneficios del SSD. Algunas veces, SSA determina que una persona se incapacitó antes de la fecha de solicitud o SSA puede tomar más que cinco meses para determinar si una persona está incapacitada. Si esto ocurre, SSA le pagará los beneficios retroactivos. La cantidad dependerá de la fecha de inicio en la cual se estableció la incapacidad y la fecha de solicitud.

Mientras Ud. espera que inicien los pagos del SSD/SSI, quizás pueda ser elegible para recibir asistencia económica del Departamento de Servicios Sociales del condado donde vive.

### If you are denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." SSA will request updated medical records and may require you to complete additional forms or see a special doctor hired by SSA to evaluate you. If your claim is denied a second time, you can file for an appeal before a judge. If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly, had you been approved sooner. If you exhaust all your appeals and are still denied, you can start the process again and reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

### Si es Rechazado

Si su solicitud del SSD/SSI es rechazada, tendrá 60 días para inscribirse para una "reconsideración." SSA le solicitará nuevos documentos médicos y le podrá requerir que complete otros formularios o entrevistarse con un doctor especial seleccionado por SSA para hacerle una evaluación. Si su solicitud es rechazada nuevamente, puede pedir una apelación ante un juez. Si es aprobado finalmente, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

### Returning to Work

If you have SSD and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop. However, for 36 months beginning with the first month after the ninth trial work month, you can receive benefits for any month that you do not work at the SGA level. During this time, you will not need to reapply or wait for a new disability decision in order to receive benefits. You will also be eligible for an additional 39 months of Medicare coverage following your TWP (see Medicare and Medicaid, below).

If you have SSI, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

### Regresando al Trabajo

Si Ud. tiene el SSD y está interesado en regresar a trabajar, llame a la SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el quinto mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado nueve meses. Llame a un representante del SSA para más información.

Si después de los nueve meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos. Sin embargo, durante los próximos 36 meses después del primer mes de haber concluido el periodo de trabajo a prueba, Ud. podrá recibir beneficios por cualquier mes que su trabajo no se considere SGA. Durante este periodo no tendrá que volver a solicitar o esperar una nueva decisión médica de incapacidad para recibir beneficios. También será elegible para recibir 39 meses de cobertura de Medicare adicional después de su TWP (vea Medicare y Medicaid a continuación).

Si Ud. tiene el SSI, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante de la SSA para más información acerca de sus opciones.

# Medicare & Medicaid / Medicare y Medicaid

## MEDICARE

As of July 1, 2001, the Health Care Financing Administration (HCFA) is now the Centers for Medicare & Medicaid Services (CMS). CMS runs the Medicare and Medicaid programs - two national health care programs that benefit about 75 million Americans. All persons receiving Social Security Disability (SSD) are automatically enrolled in Medicare after 29 months of being disabled (usually 24 months receiving SSD + the first five months of disability). There are no exceptions to this rule!

**COBRA.** The COBRA Health Benefit Provision allows disabled persons to keep the health insurance they had through their employer for up to 29 months if they have received a medical disability decision from SSA. The premiums are usually higher than the group rate and you will be expected to pay them yourself. However, the Assistance Fund may be able to help pay your premiums and will answer your questions about COBRA and keeping your insurance.

**\*\*** You must give your employer a copy of your SSA award letter as soon as possible. If you do not, your COBRA benefits will end after 18 months and you will have no medical coverage until Medicare begins 11 months later!

Medicare is divided into two parts: "A" and "B." Part A primarily covers hospitalizations and part B covers outpatient services, such as visits to the physician. Part A is free, but part B, which is optional, requires that a monthly premium be deducted from the SSD checks. Medicare recipients also have to pay limited deductibles and co payments. Medicare does not cover long-term care.

If you receive SSD and do not also receive Supplemental Security Income (SSI), but your income falls below a certain level, you may qualify for either the QMB (Qualified Medicare Beneficiary) or the SLMB (Specified Low-income Medicare Beneficiary) program. These helpful programs, administered by Texas Health and Human Services, pay the Medicare part B monthly premiums, and QMB also covers all deductibles and co payments. Call THHS at 713-692-1635 or 1-800-252-9240 for information about QMB and SLMB. If you receive both SSD and SSI and have been disabled for at least 29 months, you are eligible for both Medicare and Medicaid.

## MEDICARE

Desde el 1ero de julio de 2001, la ADMINISTRACIÓN FINANCIERA DEL CUIDADO DE SALUD (HCFA) es ahora Centros de Servicios para Medicare & Medicaid (CMS). El CMS dirige los programas de Medicare y Medicaid - dos programas nacionales del cuidado médico que benefician a cerca de 75 millones de estadounidenses. El Medicare está disponible a todas las personas que reciben el Seguro Social por Incapacidad (SSD), pero no antes de 29 meses de estar incapacitado (generalmente 24 meses de recibir el SSD y los primeros cinco meses de incapacidad). ¡No hay excepciones a esta regla!

**COBRA.** La Provisión de Beneficios de Salud COBRA le permite a personas incapacitadas mantener su seguro de salud privado el cual le ofrece su trabajo por un periodo de 29 meses si Ud. ha recibido una decisión de incapacidad médica de la SSA. Las cuotas son generalmente más altas que las de grupo y tendrá que pagarlas. Sin embargo, Assistance Fund le puede ayudar con los pagos, contestar preguntas sobre COBRA y mantenerse asegurado.

**\*\*** Ud. deberá entregarle a su empleador una copia de la carta de beneficios de la SSA lo más pronto posible. Si no lo hace, sus beneficios terminarán después de 18 meses y no tendrá más beneficios hasta que empiece la cobertura con Medicare, 11 meses más tarde.

Medicare está dividido en dos partes: "A" y "B." La parte A cubre mayormente hospitalización y la parte B cubre servicios ambulatorios, así como visitas médicas. La parte A es gratis, pero la parte B, que es opcional, requiere que una cuota mensual sea extraída de los cheques del SSD. Las personas que reciben Medicare también tienen que pagar un porcentaje de sus costos médicos. Medicare no cubre el cuidado a largo plazo.

Si Ud. Recibe el SSD y no recibe también la Seguridad de Ingreso Suplemental (SSI), pero su ingreso es menor a un cierto nivel, quizás pueda calificar para uno de los programas QMB (Beneficiario Calificado de Medicare) o SLMB (Beneficiario de Medicare de Bajo Ingreso) del Salud y Servicios Humanos de Tejas. Estos programas pagan las cuotas mensuales de la parte B de Medicare y el programa QMB también paga todos los deducibles. Llame al 713-692-1635 o 1-800-252-9240 para más información sobre QMB y SLMB. Si recibe el SSD y el SSI y ha estado lisiado por un mínimo de 29 meses, es elegible para Medicare y Medicaid.

# Medicare Prescription Drug Plans

## Plan de Medicare Para Recetas Médicas

### What is a Medicare Prescription Drug Plan?

Starting January 1, 2006, new Medicare Prescription Drug Plans will be available to all people with Medicare.

### How does the Original Medicare Plan work with a Medicare Prescription Drug Plan?

- You pay a separate monthly premium for your prescription drug plan.
- You pay a co-payment or co-insurance, and deductible for your prescription drugs.
- You get a prescription card from your Medicare Prescription Drug Plan. Show it when you get your prescriptions filled.
- You must go to pharmacies that belong to (are in the network of) the Medicare Prescription Drug Plan that you join. If you go to a pharmacy that isn't part of the plan you join, in most cases, your drug won't be covered and you will have to pay the full cost of the drug.
- Each Medicare Prescription Drug Plan has a list of covered prescription drugs which may vary from plan to plan. In most cases, only drugs on this list will be covered.

### What if I have a limited income and can't afford a Medicare Prescription Drug Plan?

People with Medicare and Medicaid, and other people with limited income and resources can qualify for help paying their Medicare Prescription Drug Plan costs. You might also want to join a Medicare Advantage Plan or other Medicare Health Plan.

**Remember:** If you have drug coverage through a previous or current employer or union, contact your benefits administrator before you make any changes to your prescription drug coverage.

### ¿Qué es un plan de Medicare para recetas médicas

A partir del 1 de enero de 2006, los planes de Medicare para medicamentos recetados estarán disponibles para todos los beneficiarios de Medicare.

### ¿Cómo funciona el Plan Original de Medicare con los planes de Medicare para recetas médicas?

- Usted paga una prima mensual separada por el plan para medicamentos recetados.
- Usted paga un co-pago o co-seguro y el deducible del plan para medicamentos recetados.
- Usted obtiene una tarjeta del plan que debe mostrar cuando compra su medicamento.
- Usted debe ir a farmacias que pertenezcan a la red del plan de Medicare para recetas médicas en el que se ha inscrito. Si compra en una farmacia que no pertenece a la red del plan de Medicare, en la mayoría de los casos, el medicamento no estará cubierto y tendrá que pagar el precio total del mismo.
- Cada plan de Medicare para recetas médicas tiene una lista de los medicamentos recetados cubiertos y la misma puede variar con cada plan. En la mayoría de los casos, sólo estarán cubiertos los medicamentos de la lista.

### ¿Qué ocurre si mis ingresos son limitados y no puedo pagar por un plan de Medicare para recetas médicas?

Las personas que tienen Medicare y Medicaid y otros con ingresos y recursos limitados podrían ser elegibles para recibir ayuda para pagar por los costos del plan para recetas médicas. También podría inscribirse en un Plan Medicare Advantage u otro Plan de Salud de Medicare.

**Recuerde:** Si tiene cobertura de medicamentos recetados a través de su empleador pasado o actual o sindicato, comuníquese con el administrador de beneficios antes de hacer cualquier cambio a su cobertura de recetas médicas.

### MEDICAID

Medicaid is a state program administered by Texas Health and Human Services (THHS). Everyone receiving SSI benefits, whether or not they are also receiving SSD, is covered by Medicaid. Medicaid covers both acute care (doctor visits, lab work & x-rays, hospitalization, etc.) and long-term care (nursing home, attendant services, etc.). Beginning October 1, 2005, Medicaid clients age 21 years and older may receive the following benefits: eyeglasses, contact lenses if medically necessary, hearing aids, services provided by a chiropractor and services provided by a podiatrist. There are no changes to benefits for Medicaid clients under 21 years old.

Medicaid in Harris County area is now being provided through two managed care programs: Star and Star+Plus. People receiving TANF benefits enroll in the Star program and people receiving SSI enroll in the Star+Plus program (Star+Plus includes long-term care, but Star does not).

This means that everyone receiving Medicaid is now required to select an HMO (listed below) and a primary care physician who has signed up with the HMO. Once you choose a primary care physician, you will go to this doctor for all your medical care, unless he or she refers you to a specialist or you choose a different primary care physician. However, you do have the right to access psychiatric or chemical dependency treatment directly - from a doctor or facility listed in your HMO's directory - without first going through your primary care physician.

Doctors and clinics frequently sign up with more than one HMO. When you qualify for Medicaid through THHS, you will receive an enrollment packet for the Star or Star+Plus program. This will include "provider directories" for each HMO and a HEALTH PLAN COMPARISON CHART. You can then either fill out the forms and mail them in or you can call the enrollment broker, Maximus, and enroll over the phone. The number to call is listed below.

**\*\* It is very important for Harris County clients to choose your own primary care physician! If you do not make a selection within thirty days, a primary care physician (and an HMO) will be chosen for you. If this happens, you will probably not be allowed to see your regular doctor and your medical care may be interrupted!**

### MEDICAID

Medicaid es un programa estatal administrado por Salud y Servicios Humanos de Tejas (THHS). Todo aquel que recibe beneficios del SSI, esté o no recibiendo también el SSD, está cubierto por Medicaid. Medicaid cubre tratamientos agudos (consultas médicas, exámenes de laboratorio, rayos-x, hospitalización, etc.) y tratamientos a largo plazo (cuidado a largo plazo, servicios de asistencia, etc.). A partir del 1° de octubre de 2005, los clientes de Medicaid de 21 años y mayores podrán recibir los siguientes beneficios: anteojos, lentes de contacto si son médicamente necesarios, audífonos, servicios prestados por un quiropráctico y servicios prestados por un podiatra. No habrá cambios en los beneficios para clientes de Medicaid menores de 21 años.

En el Condado Harris, Medicaid es ofrecido a través de dos programas administrativos de cuidado: Star y Star+Plus. Aquellos recibiendo beneficios TANF serán inscritos en el programa Star y los que reciben SSI serán inscritos en el programa Star+Plus (Star+Plus incluye tratamiento a largo plazo, no es así con Star).

Esto significa que todos aquellos que reciben Medicaid deben elegir un HMO (Organización de la Administración de la Salud, alistados a continuación) y un médico general que esté inscrito con el mismo. Al elegir a un médico, él o ella se encargará de todas sus atenciones de salud, a no ser que lo dirija a un especialista o Ud. elija otro médico general. Sin embargo, tiene el derecho de solicitar tratamiento psiquiátrico y de abuso de drogas directamente con un médico o un centro inscrito con su HMO, sin tener que acudir antes a su médico general.

Los médicos y las clínicas generalmente tienen convenios con más de un HMO. Cuando Ud. califica para Medicaid a través de THHS, recibirá un paquete de inscripción para el programa Star o Star+Plus. El paquete incluye una lista de proveedores en cada HMO y una TABLA DE COMPARACIÓN DE LOS PLANES DE SALUD. Ud. puede llenar los formularios y enviarlos por correo o contactar a la compañía encargada de las inscripciones, Maximus, e inscribirse por teléfono (vea a continuación).

**\*\* Es muy importante que los clientes del Condado Harris elijan su propio médico general. Si Ud. no lleva a cabo dicha selección en treinta días, un médico general (y un HMO) será elegido para Ud. Si esto ocurre, probablemente no le será permitido ser atendido por su médico habitual y su tratamiento podría ser interrumpido.**

# Important Star and Star+ Plus Numbers

Call to enroll or ask questions / *Llame a inscribirse o hacer preguntas:*

**MAXIMUS** (enrollment broker)  
650 N. Sam Houston Parkway East, Suite 507  
Houston, TX 77060

Phone: (281) 260-9871  
or (281) 260-9872  
Toll Free: (800) 964-2777  
Fax: (281) 260-9520

Questions about the programs? / *¿Preguntas acerca de los programas?*

**THHS Star & Star+Plus Helpline**

Phone: (713) 767-3919  
Toll Free: (800) 411-9929  
TTY: (800) 530-4415

## STARLink Helpline

STARlink is a statewide, toll-free helpline designed to assist consumers with urgent medical needs who are experiencing barriers receiving health and long term care services. STARLink advocates provide support and information to persons enrolled in or eligible for Medicaid managed care in Texas.

Toll Free: (866) 566-8989  
TTY: (866) 222-4305

PLAN NAME	PLAN	
	PHONE NUMBER	PHONE NUMBER
<b>HARRIS COUNTY</b>		
AmeriGroup Texas (Star & Star+Plus)	1-800-600-4441	1-800-658-3648
Community Health Choice (Star)	1-888-760-2600	713-295-2294
Evercare of Texas (Star+Plus)	1-888-887-9003	1-800-435-5348
Texas Children's Star (formerly AmCare First)	1-800-990-8247	1-800-847-5448
Texas Health Network (Star & Star+Plus)	1-888-302-6688	1-888-302-6688
<b>BRAZORIA, FT BEND, GALVESTON, MONTGOMERY &amp; WALLER COUNTIES</b>		
AmeriGroup Texas	1-800-600-4441	1-800-600-4441
Community Health Choice	1-888-760-2600	1-800-435-5348
Texas Children's Star (formerly AmCare First)	1-800-990-8247	1-800-847-5448
Texas Health Network	1-888-302-6688	1-888-302-6688
<b>CHAMBERS &amp; LIBERTY COUNTIES</b>		
Texas Health Network	1-888-302-6688	1-888-302-6688



# How To Select an HMO

## ¿Cómo Seleccionar un HMO?

### Ask for help if you need it

Choosing the right HMO is a very important decision. You may feel overwhelmed trying to work through all the paperwork. Don't hesitate to ask for help! Consider asking any of the people listed below if you feel you need some guidance through the decision process.

1. Your spouse, partner, relatives, caregivers
2. Your doctor or nurse
3. Your case manager, service linkage worker, care coordinator
4. Friends or acquaintances who are already receiving care through one of the HMOs
5. Representatives of AIDS service organizations (AIDS Foundation Houston, PWA Coalition, Bering, Montrose Clinic, etc.)
6. A representative of the enrollment broker, Maximus (1-800-964-2777)

**JUST REMEMBER:** this is your decision about your health care; the HMO that was right for someone else—or that seems good to someone else—may not be the right one for you.

### Find your doctor

1. Check the provider lists of all the HMOs.
2. If your doctor is listed with only one HMO, this is probably the one for you.
3. If your doctor is listed with more than one HMO, use the HEALTH PLAN COMPARISON CHART included with your enrollment packet to help you decide (especially look for your preferred hospital and compare the value added services).
4. It is better if your doctor is listed under "primary care physicians" rather than under "specialists," because you will have easier access to him or her. If he or she is a "primary care physician" under one plan and a "specialist" under another, you may want to choose the "primary care physician" HMO.
5. Important: sometimes you may be able to have your doctor as your primary care physician, even if he or she is listed as a specialist; ask the HMOs about this option.

### Pida ayuda si la necesita

La elección correcta de un HMO es una decisión muy importante y Ud. podría sentirse abrumado al tener que llenar los formularios sin equivocarse. No vacile en pedir ayuda a cualquiera de las siguientes personas durante el proceso de hacer esta decisión:

1. Su cónyuge, pareja, familiares o cuidadores
2. Su médico o enfermera
3. Su administrador/a de casos, trabajador/a de enlace a los servicios, o coordinador/a del cuidado
4. Amistades o conocidos que están recibiendo tratamiento a través de un HMO
5. Representantes de las organizaciones de servicio del VIH/SIDA (AAMA, AVES, Family Services, Bering, Montrose Clinic, etc.)
6. Un representante de Maximus, la compañía encargada de las inscripciones (1-800-964-2777)

**Recuerde que ésta es una decisión suya y sobre su propia salud; el HMO que resultó apropiado para otra persona o que parece ser mejor para otra persona, puede no serlo para Ud.**

### Busque a su médico

1. Revise las listas de los proveedores de todos los HMO.
2. Si su médico está inscrito en sólo un HMO, éste probablemente es el más apropiado para Ud.
3. Si su médico está inscrito con más de un HMO, use la TABLA DE COMPARACIÓN DE LOS PLANES DE SALUD incluida en el paquete de inscripción (especialmente busque los hospitales preferidos y compare el valor de los servicios)
4. Es preferible que su médico esté inscrito bajo "médico general" y no bajo "especialista" porque así él/ella le será más accesible. Si él/ella está inscrito como "médico general" en un plan y en otro como "especialista," sería preferible elegir el HMO en el cual esté inscrito como "médico general."
5. Importante: A veces es posible tener a su médico como un "médico general" a pesar de que esté inscrito como un especialista; pregunte al HMO acerca de esta posibilidad.

## How To Select an HMO / ¿Como Seleccionar un HMO?

### If your doctor isn't listed

1. Call your doctor's office to find out if he or she has signed up with any of the HMOs; since the provider lists included in your enrollment packet are printed in advance, they are probably not up-to-date.
2. If you prefer, you can call each of the HMOs to ask if your doctor is currently signed up with them.
3. If your doctor hasn't signed up with an HMO, advocate for yourself and ask him or her to sign up with one!

### If you must choose a new doctor (or if you don't have a doctor already)

1. Generally, you should select your primary care physician before you select an HMO.
2. It is important to have regular access to a physician experienced in treating HIV disease, so do not choose a doctor at random or just because the doctor's office is close to where you live.
3. Unless you already have a new doctor in mind, consider asking some of the people listed above (under "Ask for help if you need it") for recommendations. Start with your current doctor.
4. If you have trouble getting recommendations, you may want to call some of the listed doctors in your area and ask if they treat a lot of HIV patients. Answering "yes" doesn't guarantee that the doctor is an HIV specialist, but at least you can definitely rule out those who answer "no."
5. Remember, a new doctor who you are interested in seeing may be signed up with one or more HMOs even if he or she isn't listed in the provider directories, so ask the doctor—or the HMOs—before giving up.
6. If you are trying to choose between two or more equally acceptable doctors, it makes sense to select the one whose office will be easiest for you to get to.

### Accessing your doctor:

1. Remember that in this system you must go through your primary care physician to access a specialist. If you go to a specialist without going through the primary care physician, you may find yourself responsible for paying 100% of the charge.
2. Most primary care physicians have after hours and weekend telephone coverage and are accessible to patients through their main office number, even if the office is closed.

### Si su médico no está inscrito

1. Pregunte a su médico si él/ella está inscrito en algún HMO, ya que la lista de proveedores incluida en el paquete de inscripción está impresa anticipadamente y es probable que los datos no estén actualizados.
2. Si Ud. prefiere, puede llamar a todos los HMO para averiguar si su médico está inscrito actualmente con ellos.
3. Si su médico no está inscrito con un HMO, sugiera que lo haga.

### Si Ud. debe elegir un nuevo médico (o si aún no tiene un médico)

1. Generalmente, debe elegir un médico general antes de elegir un HMO
2. Es importante tener un acceso fácil a un médico con experiencia en el tratamiento del VIH; por lo tanto no elija un médico al azar o por el hecho que la consulta se encuentre cerca de su casa
3. A no ser que ya tenga en consideración un nuevo médico, tome en cuenta de consultar con las personas mencionadas anteriormente para recomendaciones. Empiece con su médico actual.
4. Si le es difícil conseguir recomendaciones, podría llamar a los médicos inscritos dentro de su área y preguntarles si atienden a muchos pacientes con el VIH. Una respuesta afirmativa no garantiza que es un especialista del VIH, pero por lo menos puede Ud. prescindir de aquellos que le contestan con una negación.
5. Recuerde, un médico nuevo que a Ud. le interesa puede estar inscrito en uno o más HMO aún si no aparece alistado, por lo tanto pregunte al médico o a los HMO antes de desistir.
6. Si está intentando elegir entre dos o más médicos con similares calificaciones, puede ser más sensato elegir la consulta que le sea más accesible a llegar.

### El acceso a su médico:

1. Recuerde que en el sistema de HMO debe contactar a su médico general (primary care physician) antes de tener acceso a un médico especialista. Si visita a un médico especialista sin primero contactar con su médico general, es posible que tenga que pagar el 100 por ciento de esa consulta médica.
2. La mayoría de los médicos generales tienen líneas telefónicas disponibles después de las horas normales de oficina y en los fines de semana. Aunque la oficina esté cerrada, ellos están disponibles a través del número telefónico principal de la oficina.

## Publications / Publicaciones

Do you like to read informative articles about living with HIV? Would you like to receive regularly updated information about HIV research and the latest treatments? If so, you might want to subscribe to one or more of the publications listed below. Most are free to people who are HIV+. We have also listed other resource directories that may be of interest to you.

¿A Ud. le gusta leer artículos inspiradores sobre el vivir con el VIH? ¿Le gustaría recibir información actual sobre investigaciones del VIH y los últimos tratamientos? Si es así, tal vez le gustaría suscribirse a una o más de las publicaciones mencionadas aquí. La mayoría son gratis para personas con el VIH. También hay directorios que tal vez le interesaría.

NAME / NOMBRE	PHONE / TELÉFONO	DESCRIPTION / DESCRIPCIÓN	LEGEND / TABLA
<b>A&amp;U America's AIDS Magazine</b>	518-426-9010 www.aumag.org	Periodical created for the HIV affected community.	Free to low cost
<b>amfAR News</b>	publications@amfar.org	Published twice per year. Also available online: www.amfar.org	Free
<b>AIDS Treatment News</b>	www.aids.org/atn/	Twice monthly online treatment newsletter.	Free
<b>Being Alive</b>	(310) 289-2551	PWA Coalition LA monthly newsletter Also online: www.beingalivela.org	S\$ or Free for HIV+
<b>BETA (Bulletin of Experimental Treatments for AIDS)</b>	(415) 487-8060 or email: beta@sfaf.org	Quarterly treatment focused magazine	Esp, Free
<b>BETA (Boletín de Tratamientos Experimentales Contra el SIDA)</b>	(415) 487-8060 or email: beta@sfaf.org	Revista trimestral tratamiento-enfocado	Esp, Free
<b>Body Positive / SIDAahora</b>	(212) 566-7333 or email: bodypositive@bodypos.org	Non-technical monthly magazine	Esp, Free
<b>CDC National Prevention Information Network (NPIN).</b>	(800) 458-5231 (800) 243-7012 TTY	Large selection of publications www.cdcnpin.org	Esp, Free
<b>PI Perspectives</b>	(415) 558-8669	Project Inform online newsletter	Esp, Free
<b>Positively Aware</b>	(773) 989-9400	TPAN, Chicago bimonthly newsletter	Free, Esp
<b>Positively Aware en Español</b>	(773) 989-9400	TPAN, Chicago bimonthly newsletter	Free, Esp
<b>POZ Magazine</b>	(212) 242-2163	Monthly magazine, variety of features	\$20/yr, Esp
<b>RITA (Research Initiative / Treatment Action!)</b>	(713) 527-8219 (888) 341-1788	Professional-level treatment newsletters www.centerforaids.org	Free
<b>Gay Men's Health Crisis Treatment Issues</b>	(212) 367-1235 Fax or email: it@gmhc.org	Monthly focusing on gay men's issues www.gmhc.org	S\$
<b>Women Alive</b>	(323) 965-1564 info@women-alive.org	Quarterly focusing on women's issues Web: www.women-alive.org	Free
<b>WORLD Newsletter</b>	(510) 986-0340	Monthly focusing on women's issues	S\$
<b>Homeless Services Directory</b>	(713) 739-7514	Detailed info about resources for homeless	\$10
<b>Texas HIV/STD Community Resource Directory</b>	www.dshs.state.tx.us/hivstd/services/	HIV services in all Texas cities, available online and for download	Free
<b>Senior Guidance</b>	(713) 529-9991	Convenient directory for older adults, available in Kroger pharmacy.	Free
<b>United Way Community Resource Directory</b>	(713) 685-2300 PO Box 3247 Houston, TX 77253-3247	Detailed info about Houston area resources in a variety of categories	\$45/print \$75/CD-rom
<b>Youth Services Directory</b>	(713) 664-5701, ext 248	Detailed info about agencies serving youth	Free

Please visit our website at [www.rwpc.org](http://www.rwpc.org) for additional online resources and web publications.

















# Pull-Out Phone Directory / Guía Telefónica Portátil

A Caring Safe Place . . . . .	(713) 225-5441	DSHS Public Region 6/5 South . . . . .	(713) 767-3420
Adult Rehabilitation Services . . . . .	(713) 541-4422	Bellville Clinical Services . . . . .	(979) 865-5211
Advocacy, Inc. . . . .	(713) 974-7691	Columbus Clinical Services . . . . .	(979) 732-5672
Aid to Victims of Domestic Abuse . . . . .	(713) 224-9911	East Ft. Bend Human Needs Ministry, Inc. . . . .	(281) 261-1006
AIDS Clinical Trials Information Services . . . . .	(800) HIV-0440	Fair Haven Food Pantry . . . . .	(713) 467-4363
AIDS Coalition of Coastal Texas . . . . .	(409) 763-2437	F.U.U.S.A. . . . .	(713) 651-1470
AIDS Foundation Houston . . . . .	(713) 623-6796	FamilyTime Crisis & Counseling Center . . . . .	(281) 446-2615
AIDS Housing Coalition Houston, Inc. (AHCH) . . . . .	(713) 864-1795	Ft. Bend County Clinical Health Services . . . . .	(281) 342-6414
Alliance for Multicultural Community Services . . . . .	(713) 776-4700	Ft. Bend County Women's Center . . . . .	(281) 342-0251
American Medical Equipment Company . . . . .	(713) 791-1841	Ft. Bend Family Health Center, Inc. . . . .	(281) 342-0529
Art League HIV + Healing Art Group . . . . .	(713) 523-9530	F.L.A.S., Inc. . . . .	(713) 772-2366
AseraCare Hospice . . . . .	(713) 864-2626	Gay and Lesbian Switchboard of Houston. . . . .	(713) 529-3211
AAMA (Clifton) . . . . .	(713) 926-9491	Good Shepherd Mission . . . . .	(936) 291-8156
AAMA (Gulf Freeway) . . . . .	(713) 926-4756	Goodwill Temporary Service . . . . .	(713) 699-6724
Bay Area Council on Drugs and Alcohol, Inc. . . . .	(281) 212-2900	Gulf Coast Center, The . . . . .	(409) 763-2373
Bay Area Homeless Services . . . . .	(281) 837-1657	Gulf Coast Center - Recovery Program . . . . .	(409) 944-4337
Bay Area Turning Point, Inc. . . . .	(281) 338-7600	Gulf Coast Community Svcs (Main) . . . . .	(713) 393-4700
Crisis Shelter . . . . .	(281) 286-2525	Harmony Health Recovery Center . . . . .	(713) 237-1765
Baylor Psychiatry Clinic . . . . .	(713) 798-4857	Harris Co. Community & Econ Develop. . . . .	(713) 578-2000
Bear Creek Assistance Ministries . . . . .	(281) 855-0014	Social Services Division . . . . .	(713) 696-7900
Ben Taub General Hospital . . . . .	(713) 873-2000	Veteran Services . . . . .	(281) 876-6600
Bering Omega Community Services . . . . .	(713) 529-6071	Harris County Hospital District . . . . .	(281) HIV-INFO
Residential Hospice . . . . .	(713) 341-3780	Adolescent Program . . . . .	(713) 873-4100
Bering Support Network . . . . .	(713) 526-1017	Ask Your Nurse . . . . .	(713) 663-CALL
Brazos Place . . . . .	(979) 233-3826	Dental Center . . . . .	(713) 757-0572
Bread of Life C.O.P.E. Team . . . . .	(713) 659-3237	Insight Program . . . . .	(713) 873-2553
Brentwood Project WAITT . . . . .	(713) 852-2551	NW Community Health Center . . . . .	(713) 861-3939
Bridge Over Troubled Waters, Inc., The . . . . .	(713) 472-0753	Thomas Street Health Center . . . . .	(713) 873-4000
By His Love Ministries, Inc. . . . .	(713) 659-7161	Women's Program . . . . .	(713) 873-4511
Cage's Medical Services, Inc. . . . .	(713) 674-5616	Harris Co. Housing Resource Center . . . . .	(713) 578-2055
Care Group of Texas . . . . .	(713) 383-2100	Harris Co. Public Health & Environ Svcs . . . . .	(713) 439-6000
Career and Recovery Resources, Inc. . . . .	(713) 754-7000	Chronic Disease Prevention . . . . .	(713) 439-6141
Cenikor Foundation, Inc. . . . .	(281) 476-0088	Tobacco Prevention & Cessation . . . . .	(713) 439-6115
Center for AIDS, The . . . . .	(713) 527-8219	WIC Program . . . . .	(713) 439-6145
Centerpointe Counseling Services, Inc. . . . .	(713) 528-7007	Harris County Rides . . . . .	(713) 368-7433
Christus VNA of Houston . . . . .	(713) 520-8115	HATCH . . . . .	(713) 529-3590
Coalition for the Homeless . . . . .	(713) 739-7514	HDHHS . . . . .	(713) 794-9311
Combined Community Action . . . . .	(800) 688-9065	Bureau of Health Information Services . . . . .	(713) 794-9320
Compass Counseling Solutions, Inc. . . . .	(281) 807-9252	Bureau of HIV/STD & Viral Hepatitis . . . . .	(713) 794-9092
Covenant House Texas . . . . .	(713) 523-2231	Communicable Diseases . . . . .	(713) 794-9092
Cremation Service International . . . . .	(713) 692-5555	Lyons Avenue Health Center . . . . .	(713) 671-3041
Crisis Intervention of Houston . . . . .	(713) HOTLINE	Medical Center Clinic . . . . .	(713) 794-9640
Cypress Assistance Ministries . . . . .	(281) 955-7684	Hospice Care Team, Inc. . . . .	(409) 938-0070
DAPA Family Recovery Program . . . . .	(713) 783-8889	Houston Area Community Services (HACS) . . . . .	(713) 526-0555
Department of Assistive & Rehabilitative Svcs . . . . .	(800) 628-5115	Joseph Hines Clinic . . . . .	(713) 426-0027
Blind Division . . . . .	(713) 944-9924	Houston Area Women's Center . . . . .	(713) 528-6798
Houston Regional Office . . . . .	(713) 267-8510	Houston Buyers Club . . . . .	(713) 520-5288
Vocational Rehabilitation (VR) Program . . . . .	(713) 866-7713	Houston Community Voice Mail . . . . .	(713) 739-7514
Department of State Health Services . . . . .	(512) 458-7111	Houston Compass, Inc. . . . .	(713) 229-8319
HIV Medication Program (ADAP) . . . . .	(800) 255-1090	Houston Housing Authority . . . . .	(713) 260-0600
Star Health Plan Helpline . . . . .	(800) 964-2777	Houston Lawyer Referral Service, Inc. . . . .	(713) 237-9429

# Pull-Out Phone Directory / Guía Telefónica Portátil

Houston READ Commission . . . . .	(713) 228-1801	SEARCH . . . . .	(713) 739-7752
Houston Volunteer Lawyers AIDS Project . . . . .	(713) 228-0735	House of Tiny Treasures Childcare Center. . . . .	(713) 923-7938
Humble Area Assistance Ministries . . . . .	(281) 446-3663	Serenity Home Health . . . . .	(832) 865-3645
ID-Doctor.com. . . . .	(832) 604-0005	Sign Language Accessible Interpreters . . . . .	(713) 263-9670
InnerWisdom Counseling Center . . . . .	(713) 592-9292	Sign Shares . . . . .	(713) 869-4373
InnerWisdom Wellness Center. . . . .	(713) 592-9294	South Texas College of Law. . . . .	(713) 652-0009
Interfaith CarePartners® . . . . .	(713) 682-5995	Southeast Area Ministry . . . . .	(713) 944-0093
Intergroup Association, Inc. (AA) . . . . .	(713) 686-6300	Southeast Texas Legal Clinic. . . . .	(713) 523-7852
International Language Associates . . . . .	(713) 206-0910	Southwest Area Ministry. . . . .	(281) 530-8633
Jewish Community Center of Houston. . . . .	(713) 729-3200	SNAP - Animal Aid Program. . . . .	(713) 862-3863
Jewish Family Service . . . . .	(713) 667-9336	St. Hope Foundation . . . . .	(713) 778-1300
Joseph Hines Clinic (HACS) . . . . .	(713) 426-0027	Bellaire Clinic . . . . .	(713) 839-7111
LAMBDA Center . . . . .	(713) 521-1243	Conroe Clinic . . . . .	(936) 441-2440
Lazarus House: A Center for Wellness . . . . .	(713) 526-5071	Stafford Clinic . . . . .	(281) 277-8572
LBJ General Hospital . . . . .	(713) 566-5100	Fusion Program . . . . .	(713) 523-0093
Legacy Community Health Services . . . . .	(713) 830-3000	St. John Vianney Social Services . . . . .	(281) 497-4434
Eye Clinic, Research, Wellness Pgm . . . . .	(713) 830-3033	St. Mary Magdalene Social Services. . . . .	(281) 540-1907
HIV & Syphilis Testing & Counseling . . . . .	(713) 830-3070	St. Pius Catholic Church . . . . .	(713) 473-9484
Medication/Insurance Assistance . . . . .	(713) 574-9709	Star of Hope Mission . . . . .	(713) 748-0700
Lone Star Legal Aid . . . . .	(713) 652-0077	Men's Development Center . . . . .	(713) 227-8900
Love INC (In the Name of Christ). . . . .	(281) 422-5683	Transitional Living Center. . . . .	(713) 748-7242
Magnificat Houses, Inc. . . . .	(713) 520-0461	Women and Family Shelter. . . . .	(713) 222-2220
Maximus, Inc. . . . .	(281) 260-9871	Texas Advocacy Project . . . . .	(800) 777-FAIR
Medco Medical Supply, Inc. . . . .	(713) 956-5288	Texas Children's Hospital. . . . .	(800) 364-KIDS
Memorial Assistance Ministries . . . . .	(713) 468-4516	Baylor International Pediatric AIDS Initiative (832) 822-1038	
Memorial Hermann Hospitals. . . . .	(713) 222-CARE	Department of Allergy & Immunology . . . . .	(832) 824-2099
Memorial Hermann Prevention & Recovery. . . . .	(713) 578-3100	Department of Retrovirology . . . . .	(832) 822-1038
Michael E. DeBakey VA Medical Center . . . . .	(713) 791-1414	Texas Dept of Family & Protective Svcs . . . . .	(800) 252-5400
Montrose Counseling Center, Inc. . . . .	(713) 529-0037	Abuse, Neglect & Exploitation Reporting . . . . .	(800) 252-5400
Morning Star Hostel . . . . .	(713) 520-0461	Report Abuse in MHMR Facilities. . . . .	(800) 647-7418
Motherland, Inc. . . . .	(713) 290-0001	Runaway Hotline. . . . .	(888) 580-HELP
N.A.A.C.P. . . . .	(713) 526-3389	Youth Hotline. . . . .	(800) 210-2278
New Hope Counseling Center . . . . .	(713) 776-8006	Triangle AIDS Network, Inc. . . . .	(409) 832-8338
New Horizon Family Center . . . . .	(281) 424-3300	U of H Eye Institute . . . . .	(713) 527-8480
Northshore Counseling Center. . . . .	(713) 637-6000	U of H Speech, Language & Hearing Clinic. . . . .	(713) 743-2898
Northwest Assistance Ministries. . . . .	(281) 885-4555	UT Dental Branch Main Clinic . . . . .	(713) 500-4000
Odyssey Health Care of Conroe . . . . .	(936) 788-7707	University Dental Center . . . . .	(713) 500-5888
Open Door Mission. . . . .	(713) 921-7520	UT Houston Health Science Center. . . . .	(713) 500-6608
Palmer Drug Abuse Program. . . . .	(281) 589-4832	UT Substance Abuse Research Center . . . . .	(713) 500-3784
Park Plaza Hospital . . . . .	(713) 527-5000	UTMB Galveston . . . . .	(409) 762-2222
PAWS Houston. . . . .	(713) 840-7297	AIDS Clinical Care & Research Program . . . . .	(409) 772-1661
Pet Bereavement Counseling Services . . . . .	(713) 522-8344	AIDS Clinical Trials Unit (ACTU). . . . .	(409) 747-0214
Pet Patrol . . . . .	(281) 733-7696	Volunteers of America . . . . .	(713) 460-0781
PFLAG Houston . . . . .	(713) 46P-FLAG	McGovern Campus. . . . .	(713) 692-8190
Planned Parenthood. . . . .	(800) 230-PLAN	Warren Corporation, The . . . . .	(713) 541-9777
Positive Brothers United . . . . .	(713) 454-7548	Wellsprings, Inc. . . . .	(713) 529-6559
Positive Efforts . . . . .	(713) 812-0044	West Gray Adaptive Recreation Center . . . . .	(713) 284-1973
Resurrection Metropolitan Community Church . . . . .	(713) 861-9149	West Heights House. . . . .	(713) 864-1795
Rosenberg-Richmond Helping Hands, Inc. . . . .	(281) 232-4904	West Houston Assistance Ministries . . . . .	(713) 977-7803
Salvation Army, Houston Area Command . . . . .	(713) 752-0686	West Houston HIV Support Group. . . . .	(281) 620-6280
Santa Maria Hostel. . . . .	(281) 657-0898	Windsor Village Social Services Dept. . . . .	(713) 551-8787

## **United Way Helpline**

### ***Línea Telefónica de Ayuda de United Way***

To get assistance with or access to this type of information in five additional languages, please call the United Way Helpline at their 24-hour number: **2-1-1** or you can search the United Way Community Resource Database on the web: **<http://referral.uwtgc.org/>**.

*Para recibir asistencia o información en cinco idiomas, por favor llame gratis a la Línea Telefónica de Ayuda de United Way las 24 horas del día al número: **2-1-1** o consulte con la base de datos de recursos comunitarios de United Way en el Internet: **<http://referral.uwtgc.org/>**.*

If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:

*Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:*

**The Office of Support for the Ryan White Planning Council**

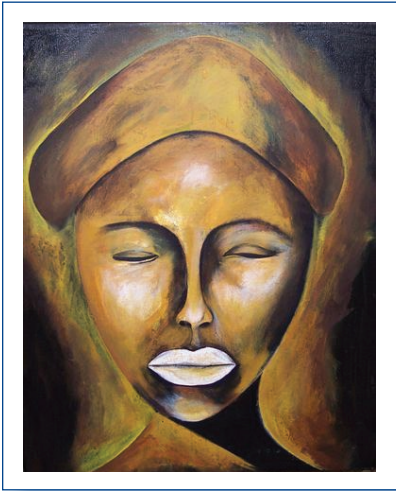
2223 West Loop South, Suite 240; Houston, TX 77027

Phone: 713 572-3724 Fax: 713 572-3740 TTY: 713 572-2813

Email: [FeedbackRWPC@hctx.net](mailto:FeedbackRWPC@hctx.net)

# HOUSTON RESOURCE GUIDE

## HOUSTON GUIA DE RECURSOS



The "Blue Book" El "Libro Azul"