# HOUSTON RESOURCE GUIDE

The "Blue Book"

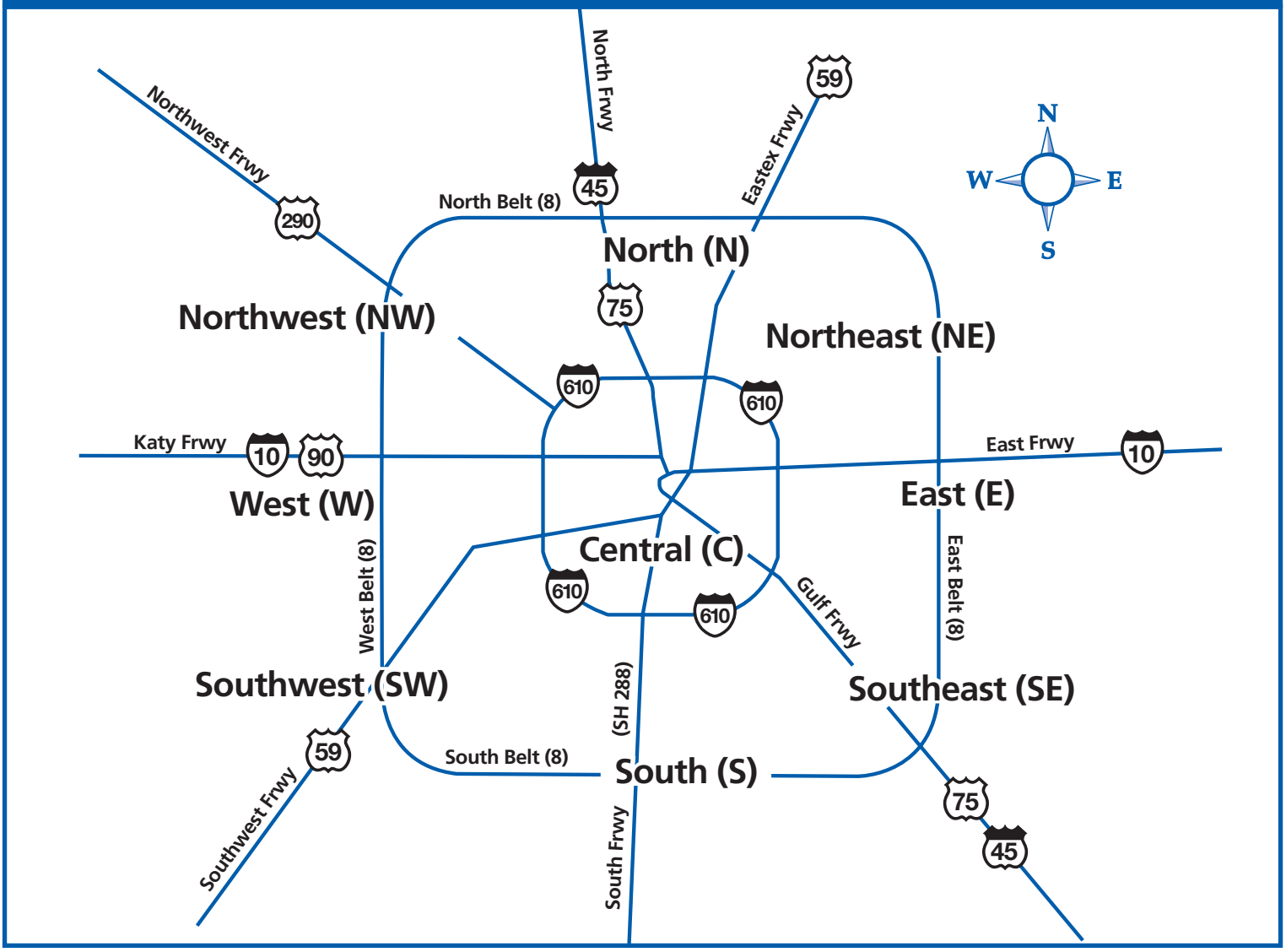
# HOUSTON GUIA DE RECURSOS

El "Libro Azul"

**2010 – 2011**

**free / gratis**

# HOUSTON AREA MAP *MAPA DEL ÁREA DE HOUSTON*




## LEGEND

M . . . . . .Serves Men.
W. . . . . .Serves Women.
C . . . . . .Program for children, ages 0 – 12.
Y . . . . . .Program for youth, ages 13 – 24.
Ins . . . . . .Accepts private medical insurance.
All . . . . . .Serves all ages.
HIV+only . .Program for HIV+ only.
Free . . . . . .At least one service provided for free, regardless of income.
S$. . . . . .Sliding scale used to determine fee.
Med. . . . . .Accepts Medicare/Medicaid.
Esp. . . . . .Spanish speaking personnel available during office hours.
I/RR . . . . . .Serves those recently released from incarceration.
Lim. . . . . .Limited availability of service.
CD . . . . . .Program for chemical dependency.

## *TABLA*

M . . . . . .Se atienden a hombres.
W. . . . . .Se atienden a mujeres.
C . . . . . .Programa para niños, 0 – 12 años.
Y . . . . . .Programa para adolescentes, 13 – 24 años.
Ins . . . . . .Aceptan seguro médico privado.
All . . . . . .Servicios para toda persona.
HIV+only . .Programa para VIH+ solamente.
Free . . . . . .Por lo menos un servicio gratis, sin importar ingreso.
S$. . . . . .Escala móvil utilizada para determinar costo.
Med. . . . . .Se acepta Medicare y/o Medicaid.
Esp. . . . . .Personal que habla español disponible durante horas de oficina.
I/RR . . . . . .Servicios para personas que se han dado de alta de la cárcel o prisión.
Lim. . . . . .Disponibilidad limitada de servicio.
CD . . . . . .Programa para el abuso de sustancias.

# Introduction

Welcome to the 2010 - 2011 Houston area HIV/AIDS Resource Guide, a convenient source of information about services in the Greater Houston Area available to persons living with HIV/AIDS. This guide is not intended to be a directory of all agencies serving HIV+ persons. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council. In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although we have done our best to provide our readers with accurate information, changes do occur frequently, and what was correct when we went to print may no longer be correct at the time you are reading the guide. We ask that you contact us at (713) 572-3724, or by e-mail at feedbackRWPC@hctx.net if you have comments or suggestions for improving future additions and check our website: www.rwpc.org for updated information.

# Introducción

Bienvenidos a la Guía de Recursos VIH/SIDA 2010 - 2011 de área de Houston, una fuente conveniente de información que refiere a los servicios para personas viviendo con el VIH/SIDA en el área de Houston. No se pretende que esta Guía sea el directorio de todas las agencias que sirven a las personas con el VIH. Las inclusiones en esta guía no implican un endoso por parte del Concilio de Planificación Ryan White. Durante la preparación de esta publicación hemos confiado que las agencias mismas nos proveyeran de las informaciones concernientes a sus programas y servicios. Aunque nuestra intención es el de ofrecer al lector información precisa, algunos cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente. Le solicitamos que nos llame al (713) 572-3724, o se comunique con nosotros a través de nuestro correo electrónico: feedbackRWPC@hctx.net para darnos sus comentarios o sugerencias a efecto de mejorar nuestras futuras ediciones y visite nuestro sitio del internet: www.rwpc.org para la información más actualizada.

# How To Use This Guide

The legend on the opposite page applies to the legend codes used for many services in this book. Additional codes may be used occasionally and are self-explanatory.

When looking for a particular service, use the TABLE OF CONTENTS on page 4. If you don't find the exact service, scan the table of contents to see if it might be included in another category.

The SERVICE CATEGORY sections list the agencies that provide each service. The Service Category section lists the agency name, phone number and legend codes. Use the HOUSTON AREA MAP (opposite page) to find the general area (North, South, East, etc) where the agency is located.

If you know the name of the agency you are looking for, refer to the ALPHABETICAL LISTING, beginning on page 87.

The PULL OUT PHONE DIRECTORY on the last page is perforated and can be removed for easy reference.

# Como Usar Este Guía

La tabla en la página opuesta indica a los códigos de la leyenda que son utilizados en la mayoría de los servicios incluidos en este libro. Asimismo, otros códigos obvios pueden que sean esporádicamente usados.

Cuando necesite buscar un tipo de servicio, refiérase a la TABLA DE CONTENIDO en la página 4. Si no encuentra el servicio exacto, indague en la tabla para ver si está incluido en una categoría diferente.

Las secciones de CATEGORÍA DE SERVICIOS clasifican las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON (en la página opuesta) para encontrar el área general (norte, sur, este, etc.) donde la agencia está ubicada.

Si sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO al inicio de la página 87.

La GUÍA TELEFÓNICA ubicada en la última página, está perforado y se puede ser removida del libro para uso portátil y de referencia fácil.

# Houston Area HIV Services Ryan White Planning Council

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Dear Friends,

Welcome to the 2010-2011 edition of the Houston Area HIV/AIDS Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. Once again, we are pleased to bring you the most up-to-date information about HIV services in Harris and the surrounding counties.

This year will be the ninth year that the Office of Support for the Ryan White Planning Council has been responsible for producing this book. We hope you will find the changes in format more helpful than ever. The Council and staff are continually working to bring improvements that will make future editions of the Blue Book even better.

As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. These meetings are open to the public and all who wish to participate in our process are welcome. Please contact the Office of Support at the address listed above for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary.

With best wishes,

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Estimados Amigos,

Bienvenidos a la edición 2008-2009 de la Guía de Recursos del VIH/SIDA del Área de Houston (el "Libro Azul"), publicado por el Concilio de Planificación Ryan White. Una vez más, estamos complacidos en ofrecerles la información al corriente sobre los servicios del VIH en el condado de Harris y los condados a su alrededor.

Este será el noveno año en el cual la Oficina de Apoyo del Concilio de Planificación Ryan White ha tomado la responsabilidad de producir este libro. Esperamos que los cambios del formato les sean de mejor ayuda que nunca. El Concilio y su personal están trabajando arduamente para ofrecerles mayores innovaciones en el futuro.

Como siempre, los pedimos que cooperen con nosotros en proveer información precisa y cualquier dato útil para que esta guía de recursos sea efectiva y de fácil manejo. Por favor escriba, remita vía fax o llámenos para compartir sus ideas. También los alentamos a que hagan comentarios en las reuniones del Concilio. Estas reuniones están abiertas al público. Todas las personas interesadas en participar en este proceso son bienvenidas. Por favor, póngase en contacto con la Oficina de Apoyo, llamando al número mencionado arriba para la información sobre las reuniones.

Únase a nosotros en este trabajo para que en un día futuro esta guía de recursos ya no sea necesaria.

Saludos cordiales,

| C. Bruce Turner | Victoria Williams | Diane Beck |
|---|---|---|
| Chair, Ryan White Planning Council | Manager, Office of Support | Blue Book Coordinator |

# About the Artwork...

The artwork for the 2010-11 Houston Area HIV/AIDS Resource Guide is generously provided by participants of the *HIV+/Cancer-Related Illnesses Healing Art Group*, an outreach program of the Art League of Houston, which is led by designer and illustrator Kermit Eisenhut. This award winning program offers a variety of activities for the artist and non-artist alike and is provided free of charge to persons living with HIV/AIDS and those with cancer-related illnesses.

The students who have given us permission to use their art work include: Raphael Rios, Gary, Mark Mauboules, Kenneth Willet, Kevin White, Marlene, Mauricio B., Timothy Hill and Tammy Garrison. Front Cover: Tammy Garrison. Back Cover (clockwise from left): Mark, Gary, Kevin, Tammy, Marlene, Kenneth.

We are grateful to Kermit, the Art League of Houston, and the artists listed above for sharing their images and feelings with us for this publication.

To learn more about the *HIV+/Cancer-Related Illnesses Healing Art Group*, contact the Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.

# Acerca de la Gráfica...

La gráfica en la Guía de Recursos VIH/SIDA 2008-09 del área de Houston es una generosa contribución de los participantes del Grupo Terapéutico de Arte del VIH/Enfermedades relacionadas con el Cáncer, un programa de alcance de la Liga de Arte de Houston, dirigido por el diseñador e ilustrador Kermit Eisenhut. Este premiado programa ofrece una variedad de actividades para el artista y el no artista y es proveído gratuitamente a personas viviendo con el VIH/SIDA y aquellos con enfermedades relacionadas con el cáncer.

Los estudiantes que contribuyeron con las ilustraciones son: Raphael Rios, Gary, Mark Mauboules, Kenneth Willet, Kevin White, Marlene, Mauricio B., Timothy Hill and Tammy Garrison. Portada: Tammy Garrison. Contraportada (en el sentido de la manecilla del reloj, comenzando a la izquierda): Mark, Gary, Kevin, Tammy, Marlene, Kenneth.

Agradecemos a Kermit, a la Liga de Arte de Houston, y a los artistas mencionados aquí por compartir sus obras y sentimientos con nosotros para esta publicación.

Para más información sobre el Grupo Terapéutico de Arte del VIH/Enfermedades relacionadas con el Cáncer llame a Art League of Houston, 1953 Montrose Boulevard, Houston, TX 77006; 713-523-9530.

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**SPECIAL THANKS / AGRADECIMIENTOS:**
Sherry Collier, S. L. Collier Graphic Design;
Kermit Eisenhut, Raphael Rios, Gary, Mark Mauboules, Kenneth Willet,
Kevin White, Marlene, Mauricio B., Timothy Hill and Tammy Garrison.

Publication of this guide was made possible by funding from the
Ryan White HIV/AIDS Treatment Modernization Act.

La publicación de esta guía fue posible gracias a fondos la
Ley Ryan White de Modernización del Tratamiento del VIH/SIDA.

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# Important Resources Everybody Should Know
# *Los Recursos Importantes Que Todos Deben Saber*

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both. Of course, as with all listings in this guide, services and programs change, and only the agencies themselves can tell you whether or not you qualify.

Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones. Naturalmente, como todos los recursos en esta guía, los servicios y programas cambian y solamente las agencias en sí pueden informarle si Ud. califica.

| AGENCY / AGENCIA | PHONE / TELÉFONO | LOCATION / UBICACIÓN | LEGEND / TABLA |
|---|---|---|---|
| **United Way Helpline** | **2-1-1** | **Statewide** | **All, Free, Esp** |

To get assistance with or access to HIV/AIDS services and information in five languages, please call the United Way Helpline at their 24-hour toll free number or by dialing 2-1-1.

Para recibir asistencia o información y servicios acerca del VIH/SIDA en cinco idiomas, por favor llame gratuitamente a la Línea de Ayuda de United Way durante las 24 horas del día o marcando el número telefónico 2-1-1.

| | | | |
|---|---|---|---|
| **Ask Your Nurse Helpline Harris Co. Hospital District** | **(713) 663-CALL 2255** | **All** | **All, Free, Esp** |

Experienced nurses are available to answer questions 24 hours a day/seven days a week. They can direct you to less expensive healthcare alternatives and offer practical health advice. They can help callers determine the urgency of a medical or health condition, provide referrals for substance and alcohol abuse, and provide information to assist with social needs.

Las enfermeras están disponibles para responder a sus preguntas las 24 horas del día, siete días de la semana. Pueden orientarle sobre alternativas de atención de la salud a bajo costo y darle recomendaciones prácticas.

| | | | |
|---|---|---|---|
| **Legacy Community Health Services' Medication & Insurance Assistance** | **(713) 529-4788** | **(C) Montrose** | **Free, Esp** |

This program pays insurance premiums for low-income HIV+ persons, helping them keep their private health insurance until Medicare begins. This agency also has a medication assistance program and helps defray the costs of medication for those with or without insurance.

Esta programa paga las cuotas de los seguros de salud a personas con bajos ingresos infectadas con el VIH, ayudando a mantener su seguro privado hasta que comience el beneficio de Medicare. También tiene un programa de asistencia para medicamentos y ayuda a reducir el costo de los medicamentos a personas con o sin seguro médico.

| | | | |
|---|---|---|---|
| **Bering Dental Center** | **(713) 529-6071** | **(C) Montrose** | **Free, Esp** |

Bering Omega dental clinic specifically treats people with HIV. All dental services, which include everything from hygiene to dentures, are free to low-income patients. This is one of many services offered by Bering Omega.

Bering Omega clínica dental específicamente trata a personas infectadas con el VIH. Todos los servicios dentales que incluyen desde higiene dental hasta dentaduras son gratuitos para pacientes con bajos ingresos. Este es uno de varios servicios ofrecidos por Bering Omega.

# Important Resources Everybody Should Know
# *Los Recursos Importantes Que Todos Deben Saber*

| AGENCY / AGENCIA | PHONE / TELÉFONO | LOCATION / UBICACIÓN | LEGEND / TABLA |
|---|---|---|---|
| **Body Positive Wellness Center (Legacy Community Health Services)** | **(713) 830-3033** | **(C) Montrose** | **Free, Esp** |

BPWC at Legacy Community Health Services provides a venue where qualified clients with HIV/AIDS can obtain HIV-specific nutritional assessment/counseling, supervised resistance exercise, massage and chiropractic therapy, relaxation classes, community forums, peer counseling groups and at-cost nutritional supplements. The program enables clients to take important measures in restoring their health and quality of life as they augment the positive effects of advanced drug treatments.

BPWC en la Legacy ofrece un lugar donde los clientes con el VIH/SIDA, que califiquen, puedan recibir una evaluación y recomendaciones acerca de la nutrición relacionada con el VIH, supervisión de ejercicios de resistencia, terapia de masaje y quiropráctica, clases de relajación, foros comunitarios, consejería en grupo paritario, y suplementos nutricionales a costo. Este programa ayuda a los clientes a tomar importantes medidas en restaurar la salud y calidad de vida, y a aumentar los efectos positivos de los tratamientos avanzados con medicamentos.

| | | | |
|---|---|---|---|
| **Center for AIDS, The** | **(713) 527-8219** | **(C) Montrose** | **Free, Esp** |

This is the only treatment and research information center in this region of the country. Their treatment specialists can help PLWH/A and service providers better understand treatments, explain medication regimens and give advice on what questions to ask doctors. They publish an excellent free treatment newsletter (RITA!).

Este es el único centro de información en esta región del país sobre tratamientos e investigaciones. Sus especialistas pueden ayudar a las personas con el VIH/SIDA y a los proveedores de servicios a informarse sobre tratamientos, explicar sobre los regímenes de los medicamentos, y dar consejos sobre que preguntas hacer a los médicos. Publican un excelente boletín mensual gratis (RITA!).

| | | | |
|---|---|---|---|
| **TX HIV Medication Program** | **(800) 255-1090** | **Statewide** | **Free, Esp** |

Available to low-income, HIV-infected persons, this program covers the cost of many often-prescribed HIV medications. You will need your doctor's help to apply.

Disponible para personas con bajos ingresos infectadas con el VIH, este programa cubre el costo de muchos medicamentos con recetas médicas para combatir el VIH. Necesitará la ayuda de su médico para solicitar este servicio.

| | | | |
|---|---|---|---|
| **Link-Up-America/Lifeline** | **(866) 454-8387** | **Statewide** | **Free, Esp** |

These programs assist low-income individuals with the cost of setting up phone service and offer a monthly discount on basic service. Application for both programs can be made at the same time; the person seeking service must make the call, 8:00am to 4:00pm, Tuesday through Friday only.

Estos programas asisten a personas con bajo ingreso con el costo de la instalación del servicio telefónico y ofrecen un descuento mensual en el servicio básico. Se puede solicitar los dos programas a la misma vez. La persona que requiere el servicio debe llamar de 8:00am a 4:00pm de martes a viernes solamente.

# Important Resources Everybody Should Know
# *Los Recursos Importantes Que Todos Deben Saber*

| AGENCY / AGENCIA | PHONE / TELÉFONO | LOCATION / UBICACIÓN | LEGEND / TABLA |
|---|---|---|---|
| **Operation I.D.** | **(713) 620-6476** | **(C) Med Center** | **Free, Esp** |

If you need help getting a birth certificate or cannot afford to replace a lost driver's license, call this agency. Open Tuesday and Thursday from 9:00am - 11:30am.

Si Ud. necesita ayuda en obtener un certificado de nacimiento o no puede pagar el costo para reemplazar una licencia de conducir extraviada, llame a esta agencia. Abierto el martes y jueves, 9:00am – 11:30am.

| | | | |
|---|---|---|---|
| **Next Step (Legacy Community Health Services)** | **(713) 830-3075** | **(C) Montrose** | **Free, Esp** |

Next Step is an educational workshop offered to HIV+ persons and their families. The workshop is free and includes immune system lab work, information on safer sex, disclosing your HIV status, approved therapies, nutrition and referrals to other services.

Next Step es un taller educacional ofrecido a personas positivas con el VIH y a sus familias. El taller es gratuito e incluye varios análisis médicos, información sobre el sexo seguro, revelación del estado del VIH, terapias aprobadas, nutrición y referencias a otros servicios.

| | | | |
|---|---|---|---|
| **Qualified Medicare Beneficiary (QMB) & Specified Low-income Medicare Beneficiary (SLMB) Program** | **(713) 692-1635 -or- (800) 252-9240** | **Statewide** | **Free, Esp** |

The QMB program is federally mandated coverage for Medicare beneficiaries who have countable income of no more than 100 percent of the federal poverty level and who have limited resources. The state pays Medicare Part A & B premiums, Medicare deductibles, and Medicare co-insurance costs. Individuals may be eligible for both Medicaid and QMB benefits.

The SLMB program is a federally mandated coverage group that is an extension of the QMB group. Under this program, individuals are entitled only to the payment for Medicare Part B premium. Income must be more than 100% but less than 120% of the federal poverty level.

El programa QMB es una cobertura asignada por mandato federal para los beneficiarios de Medicare que tengan ingreso contable de no más del 100 por ciento del nivel federal de indigencia y recursos limitados. El estado paga la prima de la parte A y B de Medicare, los deducibles de Medicare, y el costo de seguros de Medicare. Los individuos pueden ser elegibles para ambos beneficios - Medicaid y QMB.

El programa SLMB es una cobertura asignada por mandato federal y una extensión del grupo QMB. Bajo este programa, los individuos son elegibles solamente al pago de la prima de la parte B de Medicare. El ingreso contable debe ser más de 100% pero menos de 120% del nivel federal de indigencia.

# Important Resources Everybody Should Know
## *Los Recursos Importantes Que Todos Deben Saber*

| AGENCY / AGENCIA | PHONE / TELÉFONO | LOCATION / UBICACIÓN | LEGEND / TABLA |
|---|---|---|---|
| **LITE UP Texas** | **(866) 454-8387** | **Statewide** | **Free, Esp** |

Under LITE UP Texas (Low Income Telephone and Electric Utilities Program), qualified low-income customers currently receiving Medicaid and food stamps or with a household income at or below 125% of the federal poverty level receive a discount off of their monthly electric bill. This discount applies regardless of which electric service provider you use. You may also qualify if you receive certain benefits from the Texas Department of Human Services.

Bajo LITE UP Texas (el programa de asistencia para el servicio telefónico y de electricidad), los clientes que tienen Medicaid y bonos de racionamiento o con bajos ingresos con un total que equivale o es menor al 125 por ciento del nivel federal de indigencia reciben un descuento en el costo mensual del uso de la electricidad. Este descuento se aplica sin importar que abastecedor de servicio se utilice. También puede calificar si recibe beneficios del Departamento de Servicios Humanitarios de Texas.

| | | | |
|---|---|---|---|
| **Harris County Housing Resource Center** | **(713) 578-2055** | **Harris County** | **Free, Esp** |

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public- and private- sector programs dedicated to helping Harris County's homeless population.

Anyone can access the Housing Resource Center by calling the automated information line at 713-578-2055. They can also visit the Center's Web site at www.hrc.hctx.net. The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.

El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.

Para más información llame al Centro de Recursos para la Vivienda al 713-578-2055 o visite el sitio web al www.hrc.hctx.net. La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas

**Harris County Public Health & Environmental Services,**
**Ryan White Grant Administration Services**

# CPCDMS Client Registration Process
# Ryan White Part A

All clients are required to register in the CPCDMS in order to be eligible for Ryan White Part A services. Listed below are the steps required to complete the registration. ***Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.***

1. Client signs completed ***Consent for Services*** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Part A eligibility** *(see below)*.
4. If the client provides **all necessary eligibility documentation** (HIV+ diagnosis, identity residency, income), the agency serves client.

NOTE: Part A primary care providers can only register/update clients receiving primary care from their primary care site.

## Part A Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

| Required Documentation | Acceptable Forms of Documentation |
|---|---|
| **HIV+ diagnosis[1]**<br>**Acceptable signatories**<br>• A licensed physician<br>• A licensed physician assistant<br>• A licensed nurse practitioner<br>• A registered nurse working under the supervision of a physician<br>• A licensed Master's level social worker (LMSW) working under the supervision of a physician **(only acceptable by Harris County – Ryan White Grant Administration)** | • A computer-generated HIV+ laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed.<br>• A statement or letter signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.<br>• A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.<br>• An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth **(valid for only 60 days from the start of services at the agency)**. |

***NOTE:*** *Proof of HIV+ diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV+ diagnosis must be presented at all agencies where services are accessed.*

[1] For services available to non-HIV+ persons, documentation of the client's relationship to an HIV+ person and the HIV+ person's diagnosis must be provided.

## Harris County Public Health & Environmental Services, Ryan White Grant Administration Services

### CPCDMS Client Registration Process - Ryan White Part A

| Required Documentation | Acceptable Forms of Documentation |
|---|---|
| **Verification of identity** | • Texas Driver's License (Primary & Preferred ID)<br>• Texas Identification Card<br>• Texas Department of Corrections identification card<br>• Employment badge with picture<br>• Student ID with picture<br>• U.S. immigration documents with picture<br>• Credit card with picture<br>• Metro picture ID<br>• U.S. naturalization, citizenship, passport or other Federal documents with picture<br>• Driver's license or identification card issued by another US state<br>• A government-issued ID from a country other than the U.S.<br>• Birth certificate (cannot be used by married women)<br>• Social Security card<br>• Medicaid/Medicare card<br>• Letter on letterhead from another Social Service Agency<br>• Veterans Administration ID Card |
| **Verification of residency within funding source's catchment area** | Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:<br>• Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)<br>• Current lease in the name of the client or listing the client as an occupant<br>• Property tax documents<br>• Utility/phone/cable/credit card bill in the name of the client<br>• Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility<br>• Business correspondence with the client's name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter<br>• Temporary agency affidavit signed and dated by client<br>• Letter on letterhead from a social service agency<br>• Supporter Statement with address and valid signature of client's supporter<br>• Payroll stub/copy of payroll check/bank statement - showing address |

| Required Documentation | Acceptable Forms of Documentation |
|---|---|
| **Verification of household income** | All clients must be screened for financial eligibility for Ryan White Part A funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.[2]<br><br>Documentation of income must be provided for all members of the client's household.[3] Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.<br><br>Acceptable income documentation:<br>• Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)<br>• Payroll stub/copy of payroll check/bank statement showing direct payroll deposit<br>• Letter from employer on company letterhead indicating weekly or monthly wages<br>• Unemployment benefits letter/copy of check<br>• IRS 1040 form (tax return)/W2 form/1099 form<br>• Social Security award letter<br>• VA benefits letter<br>• Private disability/pension letter on company letterhead<br>• Medicaid letter<br>• Child or spousal support order with judge's signature and date<br>• Food stamp award letter (TANF: Temporary Aid to Needy Families)<br><br>The following documentation is acceptable only for clients claiming no income:<br>• Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)<br>• Proof of application for Social Security (valid for 6 months only)<br>• Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses<br>• Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification<br>• Homeless client: Verification letter on company letterhead from homeless services |

[2] See the US Dept. of Health and Human Services Poverty Guidelines for the current year and the "Ryan White Federal Poverty Guidelines" table.
[3] As per Federal definition, a same sex spouse or partner is not considered to be a household member.

# RYAN WHITE PART A REGISTRATION SITES

| AGENCY | REGISTRATION CONTACT | PHONE # |
|---|---|---|
| **AIDS Foundation Houston** | Gary Grier | (713) 623-6796 |
| **Baylor College of Medicine** | Kristin Close | (832) 322-1366 |
| **Bering Omega – Hospice Care** | Sandy Stacy | (713) 341-3781 |
| **City of Houston** | Cathy Wiley | (713) 794-2980 |
| **Fort Bend Family Health Center** | Sylvia Teeple | (832) 342-0529 x138 |
| **Harris Co. Hospital District – HIV Services** | William Slaughter | (713) 873-4183 |
| **Harris Co. Sheriff's Office (Jail)** | Sam Lopez | (713) 426-0211 |
| **Houston Area Community Svcs** | Ernesto Macias | (713) 426-0027 |
| **Legacy Community Health Svcs** | Xiomara Espinal | (713) 830-3000 |
| **Montrose Counseling Center** | Ryan Crawford | (713) 529-0037 x319 |
| **Saint Hope Foundation** | Timika Sam | (713) 778-1300 |
| **UT Health Science Center** | Kecia Graham | (713) 500-6443 |
| **Veteran's Administration** | Belinda Essien Rainer | (713) 791-1414 x5292 |

| Notes / *Notas* |
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# Procedimiento de Registración del Cliente en el CPCDMS Ryan White - Parte A

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios de Ryan White – Parte A. A continuación están los pasos a seguir para completar la registración. ***La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.***

5. El cliente firma el formulario del consentimiento para recibir servicios.
6. El personal de la agencia completa el formulario de registración con el cliente.
7. El personal de la agencia asesora al cliente para su elegibilidad a la Parte A (vea a continuación).
8. Si el cliente provee **todas la documentación necesarias para la elegibilidad** (confirmación de diagnóstico del VIH, identidad, residencia, e ingreso), la agencia ofrece servicio al cliente.

AVISO: Los proveedores del cuidado primario de la Parte A pueden registrar/poner al corriente solamente a los clientes recibiendo cuidado primario en su localidad primaria.

## Requerimientos de elegibilidad de la Parte A

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

| Documentación requerida | Tipos de documentación aceptables |
|---|---|
| **Diagnóstico del VIH+[4]**<br>**Firmas aceptables**<br>• Un médico licenciado<br>• Asistente de médico licenciado<br>• Una enfermera licenciada<br>• Una enfermera bajo la supervisión de un médico<br>• Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la super visión de un médico **(aceptado solamente por el Condado de Harris – Servicios del VIH)** | • Un análisis de laboratorio del VIH+ elaborado por computación (con confirmatorio "Western Blot" o carga viral detectable) con el nombre del individuo impreso.<br>• Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.<br>• Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.<br>• Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento **(válido solamente por 60 días del inicio del servicio en la agencia)**. |

***AVISO:*** *La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.*

[4] Para los servicios disponibles a personas sin VIH, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

## Procedimiento de Registración del Cliente en el CPCDMS / Ryan White - Parte A

| Documentación requerida | Tipos de documentación aceptable |
|---|---|
| **Verificación de identidad** | • Licencia de conducir de Texas (Identificación primaria y preferida)<br>• Cédula de identidad de Texas<br>• Tarjeta de identidad del Departamento de Corrección de Texas<br>• Tarjeta laboral con fotografia de identidad<br>• Tarjeta estudiantil con fotografia<br>• Documentos de inmigración de EEUU con fotografia<br>• Tarjeta de crédito con fotografia<br>• Tarjeta del Metro con fotografia<br>• Documeto de naturalización, ciudadanía, pasaporte u otro documento federal con fotografia<br>• Licencia de conducir o tarjeta de identidad de otro estado de EEUU<br>• Identificación gubernamental producida por otro país que no sea de EEUU<br>• Certificado de nacimiento (no aceptable de mujeres casadas)<br>• Tarjeta del Seguro Social<br>• Tarjeta de Medicaid/Medicare<br>• Carta con logo de otra agencia de servicios sociales<br>• Tarjeta de identidad de la Administración de Veteranos |
| **Verificación residencial dentro de la zona de captación de los fondos** | Documentación de residencia de menores de edad es requerda de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:<br>• Una copia valida y oficial de “verificación del sistema de CPCDMS” (solamente agencias que NO son poseedoras de registro del cliente)<br>• Contrato de renta al día en nombre del cliente o que incluya al cliente como residente<br>• Documentos de impuesto a la propiedad<br>• Factura de electricidad/cable/tarjeta de crédito en nombre del cliente<br>• Facturas de tarjeta de crédito en nombre del cliente<br>• Carta con logo y firmada por el director de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria<br>• Correspondencia de negocio con el nombre del cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid<br>• Afidávit temporal de agencia firmada y fechada por el cliente<br>• Carta con logo de una agencia de servicios sociales<br>• Declaración por escrito de persona que sostiene al cliente, con dirección y firma de tal<br>• Pago salarial/copia del cheque salarial/cuenta bancaria con dirección del cliente |

| Documentación requerida | Tipos de documentación aceptable |
|---|---|
| **Verificación del ingreso familiar** | Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Ryan White – Parte A. No se debe proveer servicios a cliente cuyo ingreso familiar sobrepasa el máximo establecido por el Concilio de Planeamiento Ryan White para cada categoría de servicio.[5]<br>La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.[6] La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside<br>Documentación de ingreso aceptable:<br>• Una copia valida y oficial de "verificación del sistema de CPCDMS" (solamente agencias que NO son poseedoras de registro del cliente)<br>• Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso<br>• Carta con logo escrita por el empleador indicando salario semanal o mensual<br>• Carta de beneficio de desempleo/copia del cheque<br>• Formulario del IRS 1040 (reembolso de impuesto) /W2/1099<br>• Carta del beneficio del Seguro Social<br>• Carta de beneficio de la Administración de Veteranos<br>• Discapacidad privada/carta de pensión que incluya el logo de la compañía<br>• Carta de Medicaid<br>• Órden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez<br>• Carta de beneficio de estampillas para alimentos (TANF: Ayuda temporal a familias)<br>La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:<br>• Declaración temporal de una agencia, firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)<br>• Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses)<br>• Carta de beneficios de estampillas para alimentos<br>• Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia<br>• Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que lo mantiene, incluyendo cantidad y tipo de sustento (alojamiento, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo mantiene<br>• Cliente sin lugar donde vivir: Carta de verificación con logo del refugio/agencia para el desamparado |

[5] Ver la guía de indigencia del año actual del Departamento de Salud y Servicios Humanitarios de EEUU y la tabla "Ryan White Federal Poverty Guidelines."

[6] Por definición federal, una pareja del mismo sexo no es considerada parte del círculo familiar.

## SITIOS DE REGISTRACIÓN RYAN WHITE - Parte A

| AGENCIA | PERSONA DE CONTACTO | TELÉFONO |
|---|---|---|
| **AIDS Foundation Houston** | Gary Grier | (713) 623-6796 |
| **Baylor College of Medicine** | Kristin Close | (832) 322-1366 |
| **Bering Omega – Hospice Care** | Sandy Stacy | (713) 341-3781 |
| **City of Houston** | Cathy Wiley | (713) 794-2980 |
| **Fort Bend Family Health Center** | Sylvia Teeple | (832) 342-0529 x138 |
| **Harris Co. Hospital District – HIV Services** | William Slaughter | (713) 873-4183 |
| **Harris Co. Sheriff's Office (Jail)** | Sam Lopez | (713) 426-0211 |
| **Houston Area Community Svcs** | Ernesto Macias | (713) 426-0027 |
| **Legacy Community Health Svcs** | Xiomara Espinal | (713) 830-3000 |
| **Montrose Counseling Center** | Ryan Crawford | (713) 529-0037 x319 |
| **Saint Hope Foundation** | Timika Sam | (713) 778-1300 |
| **UT Health Science Center** | Kecia Graham | (713) 500-6443 |
| **Veteran's Administration** | Belinda Essien Rainer | (713) 791-1414 x5292 |

| Notes / *Notas* |
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# Client Rights / *Derechos del Cliente*

**As a client at an agency receiving services funded by Ryan White Part A, you have the following rights:**

- To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- To services that are considerate and respectful and free from abuse, neglect and exploitation.
- To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law.
- To communicate about your services in a language and format that you understand.
- To be informed of all agency rules and regulations related to your services.
- To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- To withdraw your consent for services and/or seek services at another agency and to do so without pressure or intimidation.
- To know the qualifications of the staff providing you with services.

**Como cliente de esta agencia que recibe fondos del Parte A de Ryan White, Ud. tiene los siguientes derechos:**

- A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- A saber la calificación del personal que está ofreciéndole el servicio.

# Complaint Procedures / *Procedimiento Para Reclamos*

Certain services are funded by Ryan White HIV/AIDS Treatment Modernization Act funds administered by the Harris County Public Health & Environmental Services.

By contract, the agency providing the service is required to maintain a client complaint procedure. If you have any questions on how to file a complaint with the agency regarding a Ryan White Part A funded service, call for instructions at:

**Project Monitors**
**(713) 439-6089 English**
**(713) 439-6095 Spanish**

***Or write to:***
**Harris County Public Health &**
**Environmental Services**
**Project Monitoring Section**
**2223 West Loop South, #417**
**Houston, TX 77027**

If your complaint remains unresolved after you have followed all procedures with the agency, the Project Monitor will inform you how to file a formal grievance.

Ciertos servicios son financiados por fondos del Ley Ryan White de Modernización del Tratamiento del VIH/SIDA y son administrados por los Servicios de Salud Pública y el Medio Ambiente del Condado Harris.

Bajo contrato, la agencia ofreciendo el servicio está requerida a mantener un procedimiento de reclamos para los clientes. Si Ud. tiene alguna pregunta acerca de cómo hacer un reclamo con la agencia, comuníquese con:

**Project Monitors**
**(713) 439-6089 English**
**(713) 439-6095 Spanish**

***o escriba a:***
**Harris County Public Health &**
**Environmental Services**
**Project Monitoring Section**
**2223 West Loop South, #417**
**Houston, TX 77027**

Si siguió todos los procedimientos en la agencia y su reclamo aún está sin resolverse, el administrador/a del proyecto (Project Monitor) le informará cómo proceder con una queja formal.

# Harris County Hospital District Gold Card
# *Gold Card del Distrito Hospitalario del Condado de Harris*

## How do I apply for a Gold Card?

**Fill out the application:** www.hchdonline.com/patient/onecard/ApplicationEnglishFinal0809.pdf

Mail or fax the application to:
HCHD Financial Assistance Program
c/o Patient Eligibility Services Administration
PO BOX 300488
Houston, TX 77230
Fax: (713) 566-6670

If you are a renewing patient, you can complete your renewal by mail or fax. We will contact you if further information is needed to complete your application. If you need further assistance, please call 713-566-6509.

## ¿Cómo puedo obtener una Gold Card?

**Llene la solicitud:** www.hchdonline.com/patient/onecard/ ApplicationSpanishFinal0809.pdf

Envíe la solicitud por correo o por fax a:
HCHD Financial Assistance Program
c/o Patient Eligibility Services Administration
PO BOX 300488
Houston, TX 77230
Fax: (713) 566-6670

Si es usted un paciente nuevo, se pondrán en contacto con usted para concertar una cita.

Si desea una renovación, puede realizar la renovación por correo o por fax. Nos pondremos en contacto con usted si necesitamos más información para completar su solicitud. Si necesita más ayuda, llame al 713-566-6691.

**What to Mail in With Your Application:**
To establish your eligibility requirements for an HCHD Gold Card, you will need to provide proof for the following six items. By providing these six items you will help ensure your Gold Card application goes smoothly. If you are having difficulty finding or providing any of the mentioned items, refer to the alternative proof links below, or call the nearest eligibility center to ask about other documents or proofs you may submit.

If you need help getting proof, the person interviewing you will help. Below is the list of items and alternative proofs needed to process your application:

**Your Identity & Identity of Family Members**
Possible proof: Driver's license or Texas Identification card, student ID with picture, employee job badge with picture, passport with picture, U.S. Immigration documents with picture, credit card with picture, ID issued by foreign consulates, marriage license, birth certificates, Social Security card, U.S. naturalization, citizenship or other federal documents, hospital or birth records, adoption papers or records, voter's registration card, or wage stubs,

**Where You Live and Plan to Continue Living**
You will need one proof: one dated within the past 60 days. Possible proof: utility bills; lease

**Qué Debe Enviar con su Solicitud:**
Para determinar si cumple con los requisitos para una Gold Card del HCHD, debe proporcionar comprobantes de los siguientes seis elementos. Esto ayudará a que su solicitud de la Gold Card se procese sin problemas. Si tiene problemas para encontrar o proporcionar alguno de los elementos mencionados, consulte los enlaces de comprobantes alternativos a continuación, o llame al centro de registro más próximo para preguntar qué otros documentos o comprobantes puede presentar.

Se le puede pedir que compruebe lo que haya escrito en su solicitud o lo que le haya dicho a la persona que lo entrevistó. Si necesita ayuda para conseguir los comprobantes, la persona que realiza la entrevista lo puede ayudar. O bien, puede pedir ver al director en el lugar de la entrevista. Éstos son algunos ejemplos de lo que se le puede pedir y cómo puede comprobarlo:

**Su Identificación y la de los Miembros de su Familia**
Como comprobantes, puede usar: su licencia de manejo o la credencial de identificación de Texas, una credencial de estudiante con fotografía, el gafete de empleado de su compañía con fotografía, un pasaporte con fotografía, los documentos de inmigración de EE.UU. con fotografía, una tarjeta de crédito con fotografía, una tarjeta de identificación emitida por un consulado extranjero, una licencia de matrimonio, actas de nacimiento, tarjeta de la seguridad social, documentos de naturalización o ciudadanía de EE.UU. u otros documentos federales, registros hospitalarios o de nacimiento, documentos o

agreement; school records for minor children; mortgage coupon; rental verification form; Department of Motor Vehicles record; credit card statement; property tax statement; automobile insurance documents; automobile registration; printout from IRS of current tax year filing; certification documents or benefits checks from the Social Security Administration or Texas Workforce Commission; certification documents from Food Stamps, Medicaid or Medicare; letter from recognized social services agency; mail addressed to you or your spouse; statement from child care provider; current voter's registration card; Texas driver's license; ID card issued by the Department of public safety; domicile verification form completed by a reliable third person, post office records; city or criss-cross directory; telephone directory; or church records.

**Rental Verification Form:**
www.hchdonline.com/patient/onecard/forms/HCHDRentalVerificationFormENG.pdf

**Domicile Verification Form:**
www.hchdonline.com/patient/onecard/forms/HCHDDomicileVerificationENG.pdf

**Household Income for the Past 30 Days**
Possible proof: pay check stubs; pay checks; W-2 tax forms; wage verification letter; current year 1040 tax form; benefit letters; retirement checks or statements.

**Statement of Support:**
www.hchdonline.com/patient/onecard/HCHDSupporterStatementENG062009.pdf

**Self Employment Worksheet:**
www.hchdonline.com/patient/onecard/forms/HCHDSelfEmployedWorksheet.pdf

**HCHD Wage Verification Form:**
www.hchdonline.com/patient/onecard/forms/wageverification280004.pdf

**HOUSEHOLD COMPOSITION** (who lives with you)
Possible proof: birth certificate; baptismal record; most recent IRS 1040 form; Social Security Award letter for dependents; school documents; insurance documents; U.S. Immigration application; divorce or child support decree; baby's Popras form, birth fact record, or hospital armband); proof of school enrollment for students aged 18-23.

registros de adopción, tarjeta de registro de votante o comprobantes de nómina.

**Su Domicilio y Dónde Tiene Previsto Seguir Viviendo**
Necesita dos comprobantes: uno con fecha de los últimos 60 días y otro de hace un año. Comprobantes posibles: recibos de servicios; contrato de alquiler; registros escolares de menores; recibo de la hipoteca, forma de verificación de la renta, registro del departamento de vehículos automotores, estado de cuenta de la tarjeta de crédito, declaración del impuesto de propiedad, documentos del seguro del coche, registro de automóviles, copia impresa del IRS del registro del ejercicio fiscal en curso, documentos de certificación o cheques de prestaciones de la administración de la seguridad social o de la Texas Workforce Commission; documentos de certificación de Food Stamps, Medicaid o Medicare; carta de una agencia de servicios sociales reconocida, cartas dirigidas a usted o a su cónyuge, declaración de un proveedor de asistencia a menores, tarjeta de registro de votantes vigente; licencia de manejo de Texas; tarjeta de identificación emitida por el departamento de seguridad pública, forma de verificación del domicilio, que haya llenado una tercera persona de confianza, registros de correos; directorios cruzados o de la ciudad, directorio telefónico o registros de la iglesia.

**Forma de Verificación de Rentero:**
www.hchdonline.com/patient/onecard/forms/HCHDRentalVerificationFormSPAN.pdf

**Formulario para Verificación de Residencia:**
www.hchdonline.com/patient/onecard/forms/HCHDDomicileVerificationSPAN.pdf

**Ingresos Familiares Durante los Últimos 30 Días**
Comprobantes posibles: talones de los cheques de pago, cheques de pago, formas de impuestos W-2, carta de verificación de salario, forma 1040 de pago de impuestos del año en curso, cartas de prestaciones, cheques de pensión o estados de cuenta.

**Apoyo de Sostenimiento:**
www.hchdonline.com/patient/onecard/HCHDSupporterStatementSPAN062009.pdf

**Trabajo por Cuenta Propia Hoja de Cálculo:**
www.hchdonline.com/patient/onecard/forms/HCHDSelfEmployedWorksheet.pdf

**Verificación de Salario:**
www.hchdonline.com/patient/onecard/forms/HCHDWageVerificationSPAN.pdf

**Immigration Status**
You do not have to be a U.S. citizen to qualify for financial assistance. However, if you are not a citizen, and you have documentation from the INS, it must be presented to determine your eligibility for assistance.

**Other Health Care Coverage**
Possible proof: award or claim letters; insurance policies; court document; other legal papers.

**Resources**
If you have Medicare coverage and you want to apply for a discount on services and fees not covered by Medicare, you must provide proof of your resources and liabilities.

**Medicare Asset Determination:**
www.hchdonline.com/patient/onecard/forms/AssetTest2007.pdf

Information on race and sex is voluntary. Information on Social Security Numbers should be given if available. These types of information will not change your eligibility.

You must give information about medical insurance and other third party financially liable for medical services paid under this program for yourself and members of your household. By signing and submitting this application, you are agreeing to give HCHD the right to recover the cost of health care services provided by HCHD from any third party.

You will be asked to apply for Medicaid, TANF (Temporary Assistance for Needy Families) or SSI (Supplemental Security Income) benefits. If you are asked to apply for one of these programs, you may still be eligible for assistance from HCHD for a limited period of time. If you cooperate with the application process and your application is denied, you may continue to be eligible for assistance from HCHD. However, if it is determined that you did not cooperate with the application process, you will no longer be eligible for assistance from HCHD.

After turning in your application, you must report within 14 days any changes in your address, income, people living with you, or application for (or receipt of) SSI, AFDC, or Medicaid. Failure to report these changes may result in losing your assistance from HCHD.

**Composición Familiar** (personas que viven con usted)
Comprobantes posibles: acta de nacimiento, fe de bautismo, forma IRS 1040 más reciente; carta de dependientes de la seguridad social; documentos escolares, documentos del seguro, solicitud al departamento de inmigración de EE.UU., sentencia de divorcio o de pago de alimentos a menores, forma Popras del nacimiento, registro de nacimiento o banda de identificación del hospital, comprobante de inscripción escolar, para estudiantes de 18-23 años.

**Situación Migratoria**
No tiene que ser ciudadano de EE.UU. para poder solicitar la ayuda económica. No obstante, si no es ciudadano y tiene documentos del Servicio de Inmigración y Naturalización (INS), debe presentarlos para determinar si cumple con los requisitos para recibir ayuda.

**Otros Seguros Médicos**
Posibles comprobantes: carta de solicitud o concesión del seguro, póliza, documento judicial u otros documentos legales.

**Recursos**
Si tiene cobertura de Medicare y desea solicitar un descuento para los servicios y gastos que Medicare no cubre, deberá proporcionar los comprobantes de sus recursos y responsabilidades.

**Determinación de Medicare:**
www.hchdonline.com/patient/onecard/AssetTestspan.pdf

La información sobre la raza y el sexo es voluntaria. Si dispone de números de la seguridad social, debe proporcionarlos. Este tipo de información no afectará a su elegibilidad.

Debe proporcionar la información acerca de sus seguros médicos y sobre terceras personas con responsabilidad financiera por los servicios médicos pagados por ese programa para usted y los miembros de su familia. Al firmar y remitir esta solicitud, acepta otorgar al HCHD el derecho a recuperar el costo de los servicios médicos proporcionados por el HCHD de algún tercero.

Se le puede pedir que solicite Medicaid, TANF (asistencia temporal para familias necesitadas) o prestaciones de SSI (ingreso suplementario de seguridad). Si se le pide que solicite entrar en uno de estos programas, es posible que continúe siendo elegible para recibir ayuda financiera del HCHD por un periodo de tiempo limitado. Si no cumple los requisitos para esos programas y respondió a todas las preguntas de la solicitud y entregó todos los comprobantes necesarios, su solicitud está completa.

## Harris County Hospital District Gold Card
## *Gold Card del Distrito Hospitalario del Condado de Harris*

If you are qualified for financial assistance and it is later determined that the information or proof you provided on this application was false, you may lose your financial assistance, may be barred from reapplying for six months, and be required to repay HCHD for any services rendered. You may also be charged with criminal and/or civil penalties.

Después de entregar su solicitud, debe informar en un plazo de 14 días cualquier cambio de domicilio, ingresos, personas que viven con usted o en el estado de sus solicitudes al SSI, AFDC o Medicaid. Si no comunica estos cambios, puede perder la ayuda que recibe del HCHD.

Si reúne los requisitos para la ayuda financiera y posteriormente se determina que la información o los comprobantes presentados eran falsos, puede perder la ayuda y se le puede impedir que la vuelva a solicitar durante un periodo de seis meses; asimismo, se le puede pedir que pague al HCHD los servicios recibidos. También puede ser objeto de sanciones penales o civiles.

## Eligibility Centers / *Centros de Elegibilidad*

**Acres Home Eligibility Center**
818 Ringold Street
Houston, TX 77088-6368
713-566-6509

**East Mount Houston Eligibility Center**
11737B Eastex Freeway
Houston, TX 77039
281-372-3100

**South Loop Eligibility Center**
5959 Long Drive
Houston, TX 77087
713-643-3691

**Southwest Eligibility Center**
6654 Hornwood
Houston, TX 77074
713-995-3500

**Strawberry Eligibility Center**
925 Shaw Road
Pasadena, TX 77506
713-740-8180

Art by Kevin

Art by Kevin

# Case Management / *Administración de Casos*

Community case management, medical case management and service linkage are free services available to HIV infected persons to make them aware of the services available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. Persons who think they need case management can call the agencies listed below. Proof of HIV status will be required.

La administración comunitaria y médica de casos, y el servicio de enlace ayudan gratuitamente a las personas infectadas con el VIH a informarse acerca de los servicios disponibles. Los administradores asisten a los clientes a desarrollar la habilidad necesaria para acceder por sí mismos a estos servicios. Si usted necesita de este servicio llame a una de las agencias mencionadas aquí. Se requiere presentar un comprobante del diagnóstico del VIH.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AAMA** | (713) 926-9491 | (E) Second Ward | M, W, Y, Fam, Esp, Free, Walk-ins, CD | 93 |
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AIDS Foundation Houston - Get Started** | (713) 623-6796 | (C) | **HIV+ only** | 89 |
| **AIDS Foundation Houston - Positive Link** | (713) 623-6796 | (C) | W, C, Y, **HIV+ only**, Free, Walk-ins | 90 |
| **AIDS Foundation Houston - Positive Vibe** | (713) 623-6796 | (C) | **HIV+ only**, Y (ages 13-24), Free, Referral req | 90 |
| **Alliance for Multicultural Community Svcs** | (713) 776-4700 | (SW) Sharpstown | **HIV+ only**, Immigrants/Refugees, Free, Appt req, Referral req, Lim, Esp | 92 |
| **Catholic Charities AIDS Ministry** | (713) 874-6624 | (C) MIdtown | Adults, Fam, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp. | 99 |
| **Ft. Bend Family Health Ctr- HIV Program** | (281) 342-0529 Ext. 138 or 149 | (SW) Richmond | Adults, **HIV+ only**, Walk-ins, S$, Med, Colorado Co. Indigent/RW TII | 106 |
| **Gulf Coast Center - Recovery Program** | (409) 944-4337 | (SE) Galveston | M, W, Fam, Free, S$, Walk-ins, CD, **HIV+ only** | 109 |
| **HCHD - Adolescent Program** | (713) 873-4100 | (C) Near Northside | Y, Free, S$, Med, **HIV+ only**, Esp, Gold card | 111 |
| **HCHD - Northwest Community Health Ctr** | (713) 861-3939 | (NW) Oak Forest | M, W, **HIV+ only**, Free, S$, Med, Appt/Walk-ins, Gold card | 112 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, **HIV+ only**, Appt/Walk-ins, Esp, Gold card | 113 |
| **HCHD - Women's Program** | (713) 873-4511 | (C) Near Northside | W, Free, S$, Med, **HIV+ only**, Esp, Gold card | 113 |
| **Houston Area Community Services (HACS)** | (713) 526-0555 | (C) Greenway Plaza | M, W, All, Free, Appt req, **HIV+ only**, Esp | 117 |
| **Legacy Community Health Services** | (713) 830-3000 | (C) Montrose | Adults (18 & up), **HIV+ only**, Appt/Walk-ins | 122 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | M, W, Veteran, Walk-ins, Income-based eligibility, CD | 127 |
| **Montrose Counseling Center, Inc. (MCC)** | (713) 529-0037 | (C) Montrose | M, W, Fam, All, I/RR, Walk-ins, **HIV+ only**, Free, CD | 128 |
| **MCC - Incarcerated Outreach/Discharge Planning** | (713) 529-0037 | (C) Montrose | M, W, I/RR, Free, **HIV+ only**, CD | 128 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All ages, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **St. Hope Foundation** | (713) 778-1300 | (SW) Sharpstown | All, I/RR, Free, Appt/Walk-ins, Esp, **HIV+ only** | 139 |

# Case Management / *Administración de Casos*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |
| **UT Houston Health Science Center** | (713) 500-6608 | (C) Medical Center | Fam, Free, Med, Appt req, **HIV+ only**, Esp | 146 |

## MEDICAL CASE MANAGEMENT / ADMINISTRACIÓN DE CASOS MÉDICOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Legacy Community Health Services** | (713) 830-3000 | (C) Montrose | Adults (18 & up), **HIV+ only**, Appt/Walk-ins | 122 |
| **Houston Area Community Services (HACS)** | (713) 526-0555 | (C) Greenway Plaza | M, W, All, Free, Appt req, **HIV+ only**, Esp | 117 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | M, W, Veteran, Walk-ins, Income-based eligibility, CD | 127 |
| **Montrose Counseling Center (Clinical Case Management)** | (713) 529-0037 | (C) Montrose | M, W, Fam, All, I/RR, Walk-ins, **HIV+ only**, Free, CD | 128 |
| **St. Hope Foundation** | (713) 778-1300 | (SW) Sharpstown | All, I/RR, Free, Walk-ins/Appt, Esp, **HIV+ only** | 139 |
| **Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, **HIV+ only**, Appt/Walk-ins, Esp, Gold card | 113 |

## OTHER CASE MANAGEMENT / OTRAS ADMINISTRACIONES DE CASOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Combined Community Action** | (979) 540-2980 | (NW) | All, Free, Appt/Walk-ins, income guidelines, Esp | 101 |
| **Gulf Coast Community Svcs Assoc. (GCCSA)** | (713) 393-4700 | (C) Lawndale | All, Free (income guidelines), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **Santa Maria Hostel West** | (281) 657-0877 Option 1 | (NW) Spring Branch | W, Families, S$, Appt Req, CD, Esp | 134 |

# Chemical Dependency Treatment
# *Tratamiento de la Dependencia de Sustancias*

For people living with HIV/AIDS, the use of alcohol and drugs can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. Frequently the help is free of charge. Call today for more information.

El uso del alcohol y drogas puede debilitar el cuerpo de las personas infectadas con el VIH/SIDA. Afortunadamente, hay ayuda para cualquiera que desee estar libre del alcohol y drogas. Frecuentemente, la ayuda es gratuita. Llame para más información.

## 12-STEP PROGRAMS & SUPPORT GROUPS / PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **First Intervention Counseling** | (281) 272-0120 | (N) Greenspoint | All, S$, Appt/Walk-ins, Referral req, call for intake | 105 |
| **Gulf Coast Center, The** | (800) 643-0967 | (S) Alvin | All, S$, Appt req, CD, Esp | 108 |
| **Inner Door Counseling and Rehabilitation Center** | (713) 278-8870 | (SW) Sharpstown | All, S$, Ins, Med, CHIP, Appt/Walk-ins | 120 |
| **Intergroup Association, Inc.** | (713) 686-6300 | (NW) Inwood Forest | All, I/RR, Free, Lim, CD, Esp | 121 |
| **LAMBDA Center** | (713) 521-1243 | (C) Montrose | Not specified | 122 |
| **Memorial Hermann Prevention & Recovery Ctr** | (713) 939-7272 | (W) Spring Shadows | Adults, Y, Flat fee, Ins, Private Pay, Walk-ins, CD | 127 |
| **Palmer Drug Abuse Pgm (PDAP)** | (281) 589-4832 | All | Y (ages 12-25), Free, Walk-ins, CD | 130 |
| **PDAP Age 12 to 17 group** | (713) 668-0133 | (C) Bellaire | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 group** | (281) 870-9311 | (NW) Addicks/Park 10 | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 group** | (281) 870-9311 | (W) Memorial | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 group** | (281) 528-7908 | (N) Spring | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (713) 857-2648 | (W) Memorial | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (713) 857-2648 | (W) Memorial | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (281) 857-7874 | (N) Spring | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (281) 857-7874 | (N) Spring | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (281) 857-7874 | (N) Spring | Ages 18-25, Free, Walk-ins, CD | 131 |
| **St. Hope Foundation** | (713) 778-1300 | (SW) Sharpstown | All, I/RR, Free, Appt/Walk-ins, Esp, **HIV+ only** | 139 |
| **Texas Prevention Network** | (713) 981-6063 | (SW) Fondren SW | All, S$, Flat fee, Appt/Walk-in, Referral req | 144 |

## DETOX / DESINTOXICACIÓN

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Gulf Coast Center - Recovery Program** | (409) 944-4337 | (SE) Galveston | M, W, Fam, Free, S$, Walk-ins, CD | 109 |
| **Memorial Hermann Prevention & Recovery** | (713) 939-7272 | (W) Spring Shadows | Adults/adolescents, Flat, Ins, Private Pay, Walk-ins, CD | 127 |

## IN HOSPITAL / EN EL HOSPITAL

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **DAPA Acute Inpatient Program** | (713) 783-8889 | (C) Medical Center | M, W, Fam, CD, I/RR | 103 |
| **Memorial Hermann Prevention & Recovery** | (713) 939-7272 | (W) Spring Shadows | M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD | 127 |

## OUTPATIENT / PACIENTE EXTERNO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AAMA** | (713) 926-4756 | (C) Lawndale | M, W, Y, Free, Walk-ins, Esp, CD | 93 |
| **Adult Rehabilitation Services** | (713) 541-4422 | (SW) Sharpstown | M, W, CD | 87 |
| **Brazos Place** | (979) 233-3826 | (S) Freeport | Adults, S$, Appt/Walk-ins, Waiting list, CD, Esp | 97 |
| **Career and Recovery Resources, Inc.** | (713) 754-7000 | (C) Midtown | M, W, Free, Appt/Walk-ins, CD | 99 |
| **DAPA - Intensive Outpatient Program** | (713) 783-8890 | (SW) Woodlake | M, W, Fam, CD, I/RR | 103 |
| **First Intervention Counseling** | (281) 272-0120 | (N) Greenspoint | All, S$, Appt/Walk-ins, Referral req, call for intake | 105 |
| **Gulf Coast Center - Recovery Program** | (409) 944-4337 | (SE) Galveston | M, W, **HIV+ only**, Free, S$, Walk-ins, CD, | 109 |
| **Gulf Coast Center, The** | (800) 643-0967 | (S) Alvin | All, S$, Appt req, CD, Esp | 108 |
| **HACS Impact - Mental Health Counseling** | (713) 526-0555 | (C) Greenway Plaza | M, W, All, Free, **HIV+ only**, Mental Health diagnosis, Targeted populations: African American & Hispanic, Esp | 117 |
| **Inner Door Counseling and Rehabilitation Center** | (713) 278-8870 | (SW) Sharpstown | All, S$, Ins, Med, CHIP, Appt/Walk-ins | 120 |
| **InnerWisdom Counseling Center** | (713) 592-9294 | (C) Medical Center | M, W, Fam, All, Med, S$, Self pay, Walk-ins, Esp | 120 |
| **Memorial Hermann Prevention & Recovery Ctr** | (713) 939-7272 | (C) Spring Shadows | M, W, Y, Flat fee, Ins, Private Pay, Walk-ins, CD | 127 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | Veterans, Walk-ins, income-based eligibility, CD | 127 |
| **Montrose Counseling Center, Inc.** | (713) 529-0037 | (C) Montrose | All, I/RR, **HIV+ only**, Free, Walk-ins, CD | 128 |
| **New Hope Counseling Center** | (713) 776-8006 | (S) Sharpstown | M, W, All, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **Northshore Counseling Center** | (713) 637-6000 | (E) Northshore | All ages, Med, private pay, Ins | 129 |
| **Santa Maria Hostel** | (281) 657-0898 | (W) Spring Branch | W, I/RR, CD, Free, Appt Req | 134 |
| **Santa Maria Hostel North** | (281) 657-0877 Option 1 | (C) Near Northside | W, S$, Appt req, CD, Esp | 134 |
| **Santa Maria Hostel West** | (281) 657-0877 Option 1 | (W) Spring Branch | W, Fam, S$, Appt req, CD, Esp | 134 |
| **Santa Maria Hostel - Bonita House** | (281) 657-0877 Option 1 | (N) Eastex/Jensen | W with C, **HIV+ only**, I/RR, CD, Free, Appt Req | 134 |
| **Unlimited Visions Aftercare Inc.** | (281) 427-8786 | (E) Baytown | Y (ages 13 - 18), M, W, S$, Med, Appt Req, CD, TCADA, Esp | 146 |
| **Unlimited Visions Aftercare Inc.** | (713) 921-2276 | (C) Harrisburg | M, W, S$, Appt Req, CD, Esp | 146 |
| **UT Substance Abuse Research Center** | (713) 500-2800 | (C) Medical Center | M, W, Free, Appt/Walk-ins, CD | 146 |
| **VOA - McGovern Campus** | (713) 692-8190 | (N) Independence Heights | W, Fam, Free, S$, CD | 147 |

## Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

### RESIDENTIAL / RESIDENCIAL

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **A Caring Safe Place** | (713) 225-5441 | (C) Fifth Ward | M, S$, Appt req, **HIV+ only**, CD, Esp | 87 |
| **AAMA** | (713) 926-4756 | (C) Lawndale | M, W, Y, Free, Walk-ins, Esp, CD | 94 |
| **Brazos Place** | (979) 233-3826 | (S) Freeport | Adults, S$, Appt/Walk-in, Waiting list, CD, Esp | 97 |
| **Cenikor Foundation, Inc.** | (281) 476-0088 | (SE) Deer Park | M, W, Free, Walk-ins, CD | 99 |
| **Memorial Hermann Prevention & Recovery Ctr** | (713) 939-7272 | (C) Medical Center | M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD | 127 |
| **Santa Maria Hostel West** | (281) 657-0877 Option 1 | (NW) Spring Branch | W, Fam, S$, Appt req, CD, Esp | 134 |
| **VOA - McGovern Campus** | (713) 692-8190 | (N) Independence Heights | W, Fam, Free, S$, CD | 147 |

# Children's Services / *Servicios para Niños*

Children with HIV have special needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.

Los niños con el VIH tienen necesidades especiales. Houston ofrece servicios médicos y sociales para estos niños y sus familiares a un bajo costo o gratuitos. Aunque muchas de las agencias incluidas en esta guía pueden ayudar, las siguientes agencias tienen programas especiales para niños.

### CHILD DAY CARE / CUIDADO DE NIÑOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH - Growing Young Minds (G.Y.M.)** | (713) 623-6796 | Various | C (ages 0-12), Free, Lim | 90 |
| **Child Care Information Line (TDFPS)** | (800) 862-5252 | ALL | All, Free | 143 |
| **SEARCH - House of Tiny Treasures Childcare** | (713) 923-7938 | (C) East End | C (ages 0-6), Appt req, Homeless only | 136 |
| **West Houston Assistance Ministries** | (713) 977-9942 | (W) Westchase | M, W, Families, Free, Appt/Walk-ins, Esp | 147 |

### MEDICAL SERVICES / SERVICIOS MÉDICOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Baylor International Pediatric AIDS Initiative at TX Children's Hospital** | (832) 822-1038 | (C) Medical Center | C (ages 0-18), S$, Med, **HIV+ only**, Call for intake, Esp | 142 |
| **Care Group of TX - Pediatric Nursing & Rehab** | (713) 383-2100 | (C) Astrodome/ S. Loop | All, Med, Managed care, Private pay, Ins, Esp | 98 |
| **Children with Special Health Care Needs (DSHS)** | (713) 767-3111 | Statewide | C, Y, Free | 143 |
| **Ft. Bend Family Health Center, Inc.** | (281) 342-0529 Ext. 138 or 149 | (SW) Richmond | All, Walk-ins, S$, Med, Colorado Co. Indigent, RW Part B | 106 |
| **Ft. Bend Family Health Center - Waller Center** | (281) 822-4235 | (W) Brookshire | All, Appt/Walk-ins, S$, Med, Esp | 106 |
| **Medcare Pediatric Group** | (713) 773-5100 | (E) Channelview | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |

# Children's Services / *Servicios para Niños*

## MEDICAL SERVICES / SERVICIOS MÉDICOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Medcare Pediatric Group** | (713) 773-5120 | (N) Spring | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (SW) Stafford | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | All, Fam, Free, Appt req, Esp | 130 |
| **PSA Healthcare** | (832) 325-1280 | (C) Bellaire | C & Y (ages 0-18), Medicaid, Ins, Appt Req | 133 |
| **TX Children's Hospital Allergy & Immunology Department** | (832) 824-2099 | (C) Medical Center | C (ages 0-18), Y (up to age 24), Medicaid | 142 |
| **TX Children's Hospital Department of Retrovirology** | (832) 822-1038 | (C) Medical Center | C (ages 0-18), S$, Med, **HIV+ only**, Esp | 142 |
| **UT Houston Health Science Center** | (713) 500-6608 | (C) Medical Center | Fam, Free, Med, Appt req, **HIV+ only**, Esp | 146 |

## SUPPORT SERVICES / SERVICIOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH - Camp HOPE** | (713) 623-6796 | (C) | **HIV+ only**, C (ages 7-15), Application | 89 |
| **Care Group of TX - Pediatric Nursing & Rehab** | (713) 383-2100 | (C) Astrodome/ S. Loop | All, Med, Managed care, Private pay, Ins, Esp | 98 |
| **Casa de Esperanza de los Niños, Inc.** | (713) 529-0639 | (C) Upper Third Ward | C, Free, Esp | 99 |
| **Chews Wellness - Project Youth and Family Matter** | (832) 279-9201 | (N) Northside | Appt req, call for intake | 101 |
| **Children with Special Health Care Needs (DSHS)** | (713) 767-3111 | Statewide | C, Y, Free | 143 |
| **DePelchin Children's Center** | (713) 730-2335 | (E) Baytown | C, Y (ages 13 - 18), Appt req, S$, Med, Ins, CHIP | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (W) Brookshire | C, Y (ages 13-18), Appt req, S$, Med, Ins | 104 |
| **DePelchin Children's Center** | (713) 730-2335 | (SE) Clear Lake | C, Y (ages 13 - 18), Appt req, Med, Ins, CHIP, S$ | 104 |
| **DePelchin Children's Center** | (713) 730-2335 | (C) Memorial Park | C, Y (ages 13 - 18), S$, Med, Ins, CHIP, Appt req | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (SW) Stafford | C, Y (ages 13 - 18), S$, Med, Ins, CHIP | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (N) Woodlands | C, Y (ages 13 - 18), S$, Med, CHIP, Appt req, Ins | 104 |
| **East Ft. Bend Human Needs Ministry, Inc.** | (281) 261-1006 | (SW) Stafford | All, M, W, Fam, Free, Walk-ins | 104 |
| **Ft. Bend Family Health Center, Inc.** | (281) 342-0529 Ext. 138 or 149 | (SW) Richmond | All, Walk-ins, S$, Med, Colorado Co. Indigent, RW Part B | 106 |
| **Gulf Coast Center, The** | (800) 643-0967 | (S) Alvin | All, S$, Appt req, CD, Esp | 108 |
| **GCCSA - Gulf Coast Community Services Association** | (713) 393-4700 | (C) Lawndale | All, Free (income guidelines), Appt/Walk-ins, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |

## SUPPORT SERVICES / SERVICIOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - J.D. Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (N) Tomball | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **Harris Co. PHES Antoine WIC Center** | (713) 407-5800 | (N) Inwood Forest | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Baytown WIC Center** | (713) 407-5800 | (W) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Bear Creek WIC Center** | (713) 407-5800 | (W) Bear Creek | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Decker Drive WIC Center** | (713) 407-5800 | (SE) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Emerald Plaza WIC Center** | (713) 407-5800 | (NW) | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Humble WIC Center** | (713) 407-5800 | (NE) Humble | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Pasadena WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Red Oak WIC Center** | (713) 407-5800 | (N) Bammel | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Scarsdale WIC Center** | (713) 407-5800 | (SE) Ellington/ S. Belt | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES South Houston** | (713) 407-5800 | (SE) South Houston | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Southeast WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Tomball WIC Center** | (713) 407-5800 | (NW) Tomball | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Helping Others Foundation for Cancer and AIDS Awareness** | (225) 620-4909 | All | All, Free, **HIV+ only** | 117 |
| **Inner Door Counseling and Rehabilitation Center** | (713) 278-8870 | (SW) Sharpstown | All, S$, Ins, Medicaid, CHIP, Appt/Walk-ins | 120 |

# Children's Services / *Servicios para Niños*

## SUPPORT SERVICES / SERVICIOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Medcare Pediatric Group** | (713) 773-5100 | (E) Channelview | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5120 | (N) Spring | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (SW) Stafford | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Methodist Children's Home** | (713) 682-8911 | (NW) Oak Forest | S$, Appt req, CD | 127 |
| **Presbyterian Children's Home** | (713) 721-2908 | (SW) Willow Bend | All, Free | 133 |
| **PSA Healthcare** | (832) 325-1280 | (C) Bellaire | C/Y (ages 0-18), Medicaid, Ins, Appt Req | 133 |
| **Texas Runaway Hotline (DFPS)** | (888) 580-HELP | Statewide | C, Y, Fam, Free, Esp | 143 |
| **Texas Youth Hotline (DFPS)** | (800) 210-2278 | Statewide | C, Y, Fam, Free, Esp | 143 |

# Clinics / *Clínicas*

Obtaining quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through the Harris County Hospital District (HCHD) at the Northwest Community Health Center and at the Thomas Street Health Center. New HCHD patients must go through an eligibility process and obtain a "gold card" before seeing a doctor (See page 18 for information on how to apply for a Gold Card). The Michael E. DeBakey Veteran's Administration Medical Center offers HIV care to veterans. For those living outside Harris County, there are clinics located in the rural areas that provide HIV care.

El obtener tratamiento médico de alta calidad es muy importante. Los residentes del Condado Harris que no tienen seguro médico o tienen recursos limitados pueden obtener tratamiento del VIH a través del Distrito de Hospitales del Condado Harris (HCHD) en Northwest Community Health Center y en Thomas Street Clinic. Los pacientes nuevos deben empezar con el proceso de elegibilidad y obtener la "tarjeta dorada" antes de ver al médico. (Ver página 18 para más información de cómo inscribirse para obtener la Tarjeta Dorada). El Centro Médico de la Administración de Veteranos ofrece cuidado del VIH para veteranos. Las personas que viven fuera del Condado Harris pueden ir a clínicas en áreas rurales que ofrecen cuidado médico del VIH.

## HIV CLINICS / CLÍNICAS DEL VIH

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Baylor International Pediatric AIDS Initiative** | (832) 822-1038 | (C) Medical Center | C (ages 0-18 yrs), S$, Med, **HIV+ only**, Call for intake, Esp | 142 |
| **FBFHC - HIV Program** | (281) 342-0529 x138 or 149 | (SW) Richmond | Adults, **HIV+ only**, Walk-ins, S$, Med, Colorado Co. Indigent, RW Part B | 106 |
| **HACS - Joseph Hines Clinic** | (713) 426-0027 | (C) Heights | Adults (18 & up), Free, **HIV+ only**, Targeted to African American/ Hispanic, Transgender, Esp | 118 |
| **HCHD - Adolescent Program** | (713) 873-4100 | (C) Near Northside | Y, Free, S$, Med, **HIV+ only**, Esp, Gold card | 111 |
| **HCHD - Northwest Community Health Ctr Early Intervention Program** | (713) 861-3939 | (NW) Oak Forest | M, W, Free, S$, Med, Appt/Walk-ins, **HIV+ only**, Gold card | 112 |
| **HCHD - Settegast Health Center** | (713) 636-7192 | (E) East End | Fam, All, S$, Med, Appt/Walk-ins, Gold card Esp | 112 |

# Clinics / *Clínicas*

## HIV CLINICS / CLÍNICAS DEL VIH

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, **HIV+ only**, Esp, Gold card | 113 |
| **HCHD - Women's Program** | (713) 873-4511 | (C) Near Northside | W, Free, S$, Med, **HIV+ only**, Esp, Gold card | 113 |
| **Legacy Community Health Svcs HIV Primary Medical Care** | (713) 830-3087 | (C) Montrose | Y, M, W, **HIV+ only**, Appt req, Esp, Amerigroup, Med, Most private ins. | 123 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | M, W, Veteran, Walk-ins, CD, Income-based eligibility | 127 |
| **St. Hope Foundation Bellaire Clinic** | (713) 839-7111 | (C) Bellaire | All, I/RR, Free, Med, Appt req, **HIV+ only**, Esp | 140 |
| **St. Hope Foundation Conroe Clinic** | (936) 441-2440 | (N) Conroe | All, I/RR, Free, Med, Appt req, **HIV+ only**, Esp | 140 |
| **St. Hope Foundation Stafford Clinic** | (281) 277-8572 | (SW) Stafford | All, I/RR, Free, Med, Appt req, **HIV+ only**, Esp | 141 |
| **TX Children's Hospital Allergy & Immunology Dept** | (832) 824-2099 | (C) Medical Center | C (ages 0-18), Y (up to age 24), Medicaid | 142 |
| **TX Children's Hospital Department of Retrovirology** | (832) 822-1038 | (C) Medical Center | C (ages 0-18), S$, Med, **HIV+ only**, Esp, Call for intake | 142 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |
| **Unity Clinic** | (832) 553-1345 | (C) Braeswood | All, Med, Ins, Appt or walk in | 145 |
| **UT Houston Health Science Center** | (713) 500-6608 | (C) Medical Center | Families, Free, Med, Appt req, **HIV+ only**, Esp | 146 |

## OTHER CLINICS / OTRAS CLÍNICAS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AAMA Family Health Clinic** | (713) 926-4756 | (C) Lawndale | M, W, Y, Free, Walk-ins, Esp, CD | 94 |
| **Ft. Bend County Clinical Health Services** | (281) 342-6414 | (SW) Rosenberg | All, Appt req, Esp | 105 |
| **Ft. Bend Family Health Center, Inc.** | (281) 342-0529 Ext. 138 or 149 | (SW) Richmond | All, Walk-ins, S$, Med, Colorado Co. Indigent | 106 |
| **Ft. Bend Family Health Center – Waller Center** | (281) 822-4235 | (W) Brookshire | All, Appt/Walk-ins, S$, Med, Esp. | 106 |
| **Harris Co. P.H.E.S. - Antoine Health Clinic** | (713) 602-3300 | (NW) Inwood Forest | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Baytown Health Clinic** | (281) 427-7656 | (E) Baytown | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Humble Health Clinic** | (281) 446-4222 | (N) Humble | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - LaPorte Health Clinic** | (281) 471-4202 | (E) La Porte | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Southeast Health Clinic** | (713) 740-5000 | (SE) Pasadena | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Webster Health Clinic** | (281) 338-0637 | (SE) Webster | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |

## OTHER CLINICS / OTRAS CLÍNICAS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **HCHD - Acres Home Health Center** | (281) 448-6391 | (NW) Acres Home | All, Walk-ins, Free, S$, Med | 111 |
| **HCHD - Aldine Health Center** | (281) 985-7600 | (NE) Aldine | All, Walk-ins, Free S$, Med | 111 |
| **HCHD - Baytown Health Center** | (281) 427-6757 | (E) Baytown | All, Walk-ins, Free S$, Med | 111 |
| **HCHD - Casa de Amigos Health Center** | (713) 222-2272 | (C) Near Northside | All, Walk-ins, Free S$, Med | 112 |
| **HCHD - Gulfgate Health Center** | (713) 495-3700 | (C) Pecan Park | All, Walk-ins, Free S$, Med | 112 |
| **HCHD - People's Health Center** | (713) 272-2600 | (SW) Sharpstown | All, Walk-ins, Free S$, Med | 112 |
| **HCHD - Settegast Health Center** | (713) 636-7192 | (E) East End | Fam, All, S$, Med, Appt/Walk-ins, Esp | 112 |
| **HCHD - Strawberry Health Center** | (713) 477-6851 | (SE) Pasadena | All, Walk-ins, Free S$, Med | 113 |
| **ID-Doctor.com** | (832) 604-0005 | (NW) Willowbrook | All (age 11 & up), Med, Flat fee, Appt req | 120 |
| **Legacy CHS Primary Care Clinic** | (713) 830-3062 | (C) Montrose | Y, M, W, Amerigroup, Med, Ins, S$, Appt/Walk-ins, Esp | 123 |
| **Legacy CHS Primary Care Clinic** | (713) 671-3041 | (C) Fifth Ward | All ages, Fam, S$, Med, Esp | 124 |
| **Legacy CHS STD Clinic** | (713) 830-3000 | (C) Montrose | Y, M, W, S$, Appt/Walk-ins, Esp. | 123 |
| **Medcare Pediatric Group** | (713) 773-5100 | (E) Channelview | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5120 | (N) Spring | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (SW) Stafford | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Motherland Health Clinique** | (713) 290-0001 | (NW) Independence Heights | All ages, S$, Med, Ins, Appt/Walk-ins | 128 |
| **Planned Parenthood of Houston & SE Texas** | (800) 230-PLAN | ALL | Call to be connected to a clinic near you | 132 |
| **PHNST - Hunter A. Hammill, MD** | (713) 799-8994 | (C) Medical Center | W, Appt req, CD, Esp | 133 |
| **SEARCH** | (713) 739-7752 | (C) Midtown | All, Free, Walk-ins, CD, Esp, Homeless only | 135 |
| **SNAP - Animal Aid Program Spay/Neuter & Wellness Clinic** | (713) 862-3863 | (C) Heights | Free or low cost, Appt req, Esp | 138 |
| **SNAP - Spay-Neuter Mobile Program** | (713) 522-2337 | ALL | Free or low cost, First come-first served | 139 |
| **Unity Clinic** | (832) 553-1345 | (C) Braeswood | All, Med, Ins, Appt or walk in | 145 |
| **U of H Speech, Language & Hearing Clinic** | (713) 743-0915 | (C) Third Ward | All (age 3 and up), S$, Appt req, Esp | 145 |
| **UT Substance Abuse Research Center** | (713) 500-2800 | (C) Medical Center | M, W, Free, Appt/Walk-ins, CD | 146 |

# Clothing & Household Items
# *Vestimenta y Artículos para la Casa*

Affording enough clothing and household items can be difficult for persons with HIV, many of whom are living on low, fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at no charge.

La compra de vestimenta y artículos para la casa puede ser difícil para personas VIH+ quienes viven con bajos ingresos. Algunas agencias en el área de Houston podrán ofrecer gratuitamente vestimenta, muebles y otros artículos para la casa.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH-Bodichitta de Tomas Clothing Pantry** | (713) 623-6796 | (C) | **HIV+ only**, Free, Call for intake | 88 |
| **AAMA** | (713) 926-9491 | (E) Second Ward | M, W, Fam, Y, Esp, Free, Walk-ins, CD | 93 |
| **Bay Area Turning Point Resale Shop** | (281) 338-7600 | (SE) Nassau Bay | M, W, Fam, All, Free, Esp | 94 |
| **By His Love Ministries** | (713) 659-7161 | (C) Third Ward | All, Free, Appt req, CD | 98 |
| **Cypress Assistance Ministries** | (281) 955-7684 | (NW) Cy-Fair | M, W, Fam, Appt req, Esp | 103 |
| **East Ft. Bend Human Needs Ministry, Inc.** | (281) 261-1006 | (SW) Stafford | M, W, Fam, All, Free, Walk-ins | 104 |
| **Good Shepherd Mission** | (936) 291-8156 | (N) Huntsville | All, Free, Walk-ins, CD | 108 |
| **Gulf Coast Community Svcs Assoc. (GCCSA)** | (713) 393-4700 | (C) Lawndale | All, Free (income guidelines), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - J.D. Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - J.W. Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA – Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA – Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **Humble Area Assistance Ministries (HAAM)** | (281) 446-3663 | (N) Humble | Fam, All, Free, Walk-ins | 120 |
| **Impact for Life Campus** | (281) 855-0014 | (NW) Bear Creek | M, W, ID req | 120 |
| **Love INC (In the Name of Christ)** | (281) 422-5683 | (E) Highlands | All ages, Free, gas vouchers, diapers | 125 |
| **Memorial Assistance Ministries** | (713) 468-4516 | (W) Spring Branch | All, Free, Walk-ins | 127 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | Fam, Free, Appt req, Esp | 130 |
| **Rehoboth Foundation, Inc.** | (713) 484-5850 | (SW) Braeburn | M, W, Y, Fam, I/RR, CD, Referral required | 133 |
| **Rosenberg-Richmond Helping Hands, Inc.** | (281) 232-4904 | (SW) Richmond | All, Free, Walk-ins | 134 |

## Clothing & Household Items / *Vestimenta y Artículos para la Casa*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Salvation Army, Houston Area Command** | (713) 658-9205 | (C) Downtown | All, Free, Esp | 134 |
| **Southeast Area Ministry** | (713) 944-0093 | (SE) South Houston | All, Fam, Walk-ins, Free | 138 |
| **St. John Vianney Social Services** | (281) 497-4434 | (W) West Memorial | All, Free, Appt req (Walk-ins-food/clothing), Esp | 141 |
| **West Houston Assistance Ministries** | (713) 977-9942 | (W) Westchase | M, W, Fam, Free, Appt req, Walk-ins, Esp | 147 |

## Day Programs & Respite Care
## *Programa Diurno y Asistencia para los Cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the HIV infected person with the attention he or she needs.

Si Ud. tiene el VIH o está cuidando a alguien que lo tiene sabrá que esta situación causa fatiga y estrés. El programa diurno y el de asistencia a cuidadores permiten que los cuidadores tomen un descanso mientras que la persona a quien cuida reciba el cuidado y la atención que el/ella necesite.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Bering Care Center** | (713) 529-6071 | (C) Montrose | Adults, Free, **HIV+ only**, Esp | 96 |
| **Cage's Medical Services, Inc.** | (713) 674-5616 | (NE) | All, Med, Ins, Private pay, Walk-ins, Esp | 98 |
| **Harmony Health Recovery Center** | (713) 237-1765 | (C) Memorial/ Washington | M only, Free, Lim, CD, Documented homeless & TB | 111 |
| **Harmony Health Respite Center** | (713) 237-1765 | (C) Memorial/ Washington | Men only, Free, Lim | 111 |
| **InnerWisdom Counseling Center** | (713) 592-9292 | (C) Medical Center | M, W, Fam, All, Med, S$, Self pay, Walk-ins, Esp | 120 |
| **Interfaith CarePartners® AIDS Care Team®** | (713) 682-5995 | (W) Memorial | All, Free, Accepts rural collect calls, Esp | 121 |

## Deaf & Hard of Hearing Services / *Servicios para Sordos*

In Houston there are agencies that serve HIV infected deaf and hard of hearing persons. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.

En Houston hay agencias al servicio de las personas sordas afectadas con el VIH. Todas las agencias mencionadas en este libro ayudan a dichas personas, pero las que están en esta lista se especializan en este grupo.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Career and Recovery Resources, Inc.** | (713) 754-7047 | (C) Midtown | M, W, Free, Appt/Walk-ins, CD | 99 |
| **Montrose Counseling Center, Inc.** | (713) 529-9466 | (C) Montrose | M, W, Fam, I/RR, Free, Walk-ins, **HIV+ only**, CD | 128 |
| **Sign Language Accessible Interpreters** | (713) 263-8299 | ALL | All, Flat fee | 137 |
| **Sign Shares** | (713) 869-4373 | (C) Memorial/ Washington | All, Flat fee, DARS DHHS funding available | 137 |
| **U of H Speech, Language & Hearing Clinic** | (713) 743-0915 | (C) Third Ward | All (age 3 & up), S$, Appt req, Esp | 145 |

# Dental Services / *Cuidado Dental*

Don't neglect your teeth! Too few people with HIV get the routine oral health care they need to stay healthy, even when experiencing more frequent and more serious oral health issues. A neglected mouth can lead to more than localized tooth pain, tooth and gum infections can spread to other parts of the body and mouth pain can cause people to go without necessary nutrition - and even to forgo their HIV medications.

Call one of the clinics listed below if you haven't seen a dentist in the past six months.

¡No descuide de sus dientes! Muy pocas personas viviendo con el VIH obtienen el cuidado oral rutinario que necesitan para mantenerse saludables, incluso cuando sufren de más frecuente y serias cuestiones de la salud. Una boca descuidada puede conducir a algo más serio que un dolor dental, la infección del diente y de la encía puede extenderse a otras partes del cuerpo y el dolor bucal puede causar que las personas no se nutran como es necesario e incluso faltar a los medicamentos del VIH.

Llame a una de las clínicas enlistadas abajo si no ha visitado a un dentista en los últimos seis meses.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Bering Omega Community Svcs Dental Clinic** | (713) 529-6071 | (C) Montrose | Adults, Free, **HIV+ only**, Call for intake, Esp | 96 |
| **HCHD - Dental Center** | (713) 526-4243 | (C) OST/South Union | All (age 16 & up), Gold Card, Free, S$, Med, Walk-ins | 112 |
| **HCHD - Acres Home Health Center** | (281) 448-6391 | (NW) Acres Home | All, Gold Card, Free, S$, Med, Walk-ins | 111 |
| **HCHD - Aldine Health Center** | (281) 985-7600 | (NE) Aldine | All, Gold Card, Free, S$, Med, Walk-ins | 111 |
| **HCHD – Gulfgate Health Center** | (713) 495-3700 | (C) Pecan Park | All, Gold Card, Free, S$, Med, Walk-ins | 112 |
| **HCHD - People's Health Center** | (713) 272-2600 | (SW) Sharpstown | All, Gold Card, Free, S$, Med, Walk-ins | 112 |
| **HCHD - Settegast Health Center** | (713) 636-7192 | (E) East End | All, Gold Card, Free, S$, Med, Walk-ins | 112 |
| **HCHD - Strawberry Health Center** | (713) 477-6851 | (SE) Pasadena | All, Gold Card, Free, S$, Med, Walk-ins | 113 |
| **St. Hope Foundation - Rural Dental Clinic** | (936) 441-2440 | (N) Conroe | **HIV+ only**, Free, Med, Referral req, Appt req | 140 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |

# Education Programs / *Programas Educativos*

The following agencies provide education about HIV/AIDS and other topics (GED, ESL). Some employ professional and/or volunteer educators to give group presentations. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments. Other agencies provide written material free of charge.

Las siguientes agencias proveen educación con respecto al VIH, SIDA y otros temas (ESL, GED). Algunas agencias emplean a profesionales y/o educadores voluntarios para realizar presentaciones a grupos. Los temas pueden incluir información básica y tratamientos avanzados del SIDA. Otras agencias proveen material por escrito gratuito.

## HEALTH EDUCATION / EDUCACIÓN DE LA SALUD

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH - Community Outreach and Education** | (713) 333-5624 | (C) | Not specified | 89 |
| **AFH - Get Started Girl** | (713) 333-5624 | (C) | W, I/RR, Free, Call for intake | 89 |
| **AFH - Popular Opinion Leader** | (713) 333-5624 | (C) | M, Free, Call for intake | 90 |
| **AFH - Project Wall Talk** | (713) 333-5624 | (C) | Not specified | 91 |

# Education Programs / *Programas Educativos*

## HEALTH EDUCATION / EDUCACIÓN DE LA SALUD

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH - Voices/Voces** | (713) 333-5624 | (C) | Adults, African American or Hispanic, Free | 91 |
| **By His Love Ministries, Inc.** | (713) 659-7161 | (C) Third Ward | All, Free, Appt req, CD | 98 |
| **Change Happens! (formerly FUUSA)** | (713) 374-1200 | (C) Third Ward | Adults, Appt req, Free | 100 |
| **Harris Co. PHES - Safe Talk Program** | (713) 439-6179 | ALL | Free, MSM, Call for intake | 116 |
| **Legacy CHS - Healthy Relationships** | (713) 830-3057 | (C) Montrose | Adults (18+), **HIV+ only**, Free, Call for intake | 123 |
| **Legacy CHS - Positive Options** | (713) 830-3000<br>(713) 861-5483 | (C) Montrose<br>(C) Midtown | Adults (18+), **HIV+ only**, Free, Call for intake | 123 |
| **Motherland - Voices of Our Youth** | (713) 290-0001 | (NW) Independence Heights | All, Free, Appt/Walk-ins, CD, Esp | 128 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All ages, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **Planned Parenthood of Houston** | (800) 230-PLAN | Call to be connected to the nearest location | M, W, Y, Free, Walk-ins, Esp | 132 |
| **Special Treasures Inc. - S.O.C.K.S.** | (832) 215-6086 | (C) Fifth Ward | All, I/RR, Free, Walk-ins, Call for intake | 139 |
| **St. Hope Foundation – Fusion Pgm** | (713) 523-0093 | (SW) Braeswood | M (ages 16 & up), Free, I/RR, Walk-ins | 140 |

## EDUCATION PROGRAMS / PROGRAMAS EDUCATIVOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Art League of Houston Healing Art Group** | (713) 523-9530 | (C) Montrose | All, Free, Walk-ins, Call for class location | 93 |
| **AAMA - George I. Sanchez High School** | (713) 926-4756 | (C) Lawndale | M, W, Y, Free, Walk-ins, Esp, CD | 94 |
| **Bay Area Council on Drugs and Alcohol, Inc.** | (281) 212-2900 | (SE) Clear Lake | All ages, CD | 94 |
| **The Center for AIDS Advocacy and Information** | (713) 527-8219 | (C) Montrose | All, Free, Esp | 100 |
| **Chews Wellness Incorporated** | (832) 279-9201 | (N) Northside | All, Fam, Appt/Walk-ins, Free | 100 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 18), W (18-21), Free, Esp, Walk-ins, Parenting/ pregnant moms under 21 | 102 |
| **Cypress Assistance Ministries** | (281) 955-7684 | (NW) Cy-Fair | M, W, Fam, Appt req, Esp | 103 |
| **DARS - Blind Division** | (713) 948-7960 | (SE) Ellington/ South Belt | All, Free, Blind/Visually impaired | 142 |
| **F.L.A.S., Inc.** | (713) 772-2366 | (SW) Sharpstown | All, Free, Walk-ins, Lim, CD, Esp | 107 |
| **Change Happens! (formerly FUUSA) RESCUE Program** | (713) 374-1200 | (C) Third Ward<br>(NW) Acres Home | Ages 6-17 years, Appt req, Free | 100 |
| **Gulf Coast Community Svcs Assoc. (GCCSA)** | (713) 393-4700 | (C) Lawndale | All, Free (income limit), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |

## EDUCATION PROGRAMS / PROGRAMAS EDUCATIVOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **HCHD - Adolescent Program** | (713) 873-4100 | (C) Near Northside | Y, Free, S$, Med, **HIV+ only**, Esp, Gold card | 111 |
| **HCHD - Aldine Health Center** | (281) 985-7600 | (NE) Aldine | Fam, All, S$, Med, Appt/Walk-ins | 111 |
| **HCHD - Northwest Community Health Ctr** | (713) 861-3939 | (NW) Oak Forest | M, W, Free, S$, Med, Appt/Walk-ins, **HIV+ only** | 112 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, **HIV+ only**, Esp, Gold card | 113 |
| **HCHD - Women's Program** | (713) 873-4511 | (C) Near Northside | W, Free, S$, Med, **HIV+ only**, Esp, Gold card | 113 |
| **Humble Area Assistance Ministries (HAAM)** | (281) 446-3663 | (N) Humble | Fam, All, Free, Walk-ins | 120 |
| **Legacy CHS Next Step Education Program** | (713) 830-3075 | (C) Montrose | Y, M, W, Free, Appt req, Esp | 123 |
| **New Horizon Family Center** | (281) 422-2292 | (E) Baytown | W, C, Y, All, Free, Appt req, Lim, Esp | 129 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | Fam, Free, Appt req, Esp | 130 |
| **Rehoboth Foundation, Inc.** | (713) 484-5850 | (SW) Braeburn | M, W, Y, Fam, I/RR, CD, Referral required | 133 |
| **SEARCH** | (713) 739-7752 | (C) Midtown | M, W, Fam, All, I/RR, CD, Homeless only, Esp | 135 |
| **SER Jobs for Progress of the TX Gulf Coast Basic Advocacy Training** | (713) 773-6000 | (C) Near Northside | All, Free | 136 |
| **South Side Pharmacy** | (713) 660-8890 | (C) Braeswood | All | 138 |
| **Special Treasures Inc.- S.O.C.K.S.** | (832) 215-6086 | (C) Fifth Ward | All, I/RR, Free, Walk-ins, Call for intake | 139 |
| **St. Hope Foundation** | (713) 778-1300 | (SW) Sharpstown | All, I/RR, Free, Appt/Walk-ins, **HIV+ only**, Esp | 139 |
| **Texas Community Transitional Center** | (832) 527-8740 | (N) Humble | M, **HIV+ only**, CD, Call for intake | 142 |
| **Texas Prevention Network** | (713) 981-6063 | (SW) Fondren Southwest | All, S$, Flat fee, Appt/Walk-in, Referral req, Call for intake | 144 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |

# Employment & Training
## *Ayuda para Empleo y Entrenamiento*

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.

Para una persona infectada con el VIH, ser productiva y activa es importante por razones económicas y emocionales. Algunas agencias tienen programas que ofrecen entrenamiento, consejos y referencias en la búsqueda de un empleo. Si Ud. puede trabajar, podrá beneficiarse con un salario fijo, seguro médico y otras opciones.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Bay Area Turning Point, Inc.** | (281) 338-7600 | (SE) Webster | W, Appt req, Free, **HIV+ only**, Homeless, Esp | 94 |
| **Career & Recovery Resources, Inc.** | (713) 754-7000 | (C) Midtown | M, W, Free, Appt/Walk-ins, CD | 99 |
| **Change Happens! (formerly FUUSA) RESCUE in Motion** | (713) 374-1200 | (C) Third Ward | Homeless, Appt req, Free | 100 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 18), W (18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 | 102 |
| **Cypress Assistance Ministries Operation Jobs** | (281) 955-5895 | (NW) Cy-Fair | Free, Adults, I/RR, CD, Immigrants | 103 |
| **DARS - Blind Division** | (713) 944-9924 | (SE) Ellington/ South Belt | All, Appt/Walk-ins | 142 |
| **DARS Houston Regional Office** | (713) 267-8510 | (SW) Woodlake/ Briar Meadow | All, Free, Disabled | 142 |
| **DARS - Vocational Rehabilitation (VR) Program** | (713) 866-7765 | (C) Greenway Plaza | All, Free, Disabled | 142 |
| **Educational Programs Inspiring Communities H.E.A.R.T. Program** | (713) 692-4278 | (N) Acres Homes | Adults, Free, Walk-ins, Call for intake | 104 |
| **Goodwill Temporary Service Project Good Hope** | (713) 699-6724 | (C) Montrose | M, W, **HIV+ only** | 108 |
| **Goodwill Temporary Service Project Good Hope** | (713) 699-6724 | (SE) Clear Lake/ NASA | M, W, **HIV+ only** | 108 |
| **Goodwill Temporary Service Project Good Hope** | (713) 692-6621 | Spring Branch West | M, W, **HIV+ only** | 108 |
| **Gulf Coast Community Svcs Assoc. (GCCSA)** | (713) 393-4700 | (C) Lawndale | All, Free (income limit), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |

# Employment & Training
## *Ayuda para Empleo y Entrenamiento*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **Harmony Health Recovery Center** | (713) 237-1765 | (C) Memorial / Washington | M, Free, Lim, CD, Homeless & TB | 111 |
| **Humble Area Assistance Ministries** | (281) 446-3663 | (N) Humble | All, Families, Walk-ins, Free | 120 |
| **Impact for Life Campus** | (281) 855-0014 | (NW) Bear Creek/ Hwy 6 | M, W, ID req | 120 |
| **Path to Independence** | (713) 688-7400 | (SW) Westwood | M, CD, I/RR, Homeless, Flat fee | 131 |
| **Rehoboth Foundation, Inc.** | (713) 484-5850 | (SW) Braeburn | M, W, Y, Fam, I/RR, CD, Referral required | 133 |
| **SEARCH** | (713) 739-7752 | (C) Midtown | M, W, Fam, All, I/RR, Free, CD, Homeless only, Esp | 135 |
| **SER Jobs for Progress of the TX Gulf Coast - Basic Advocacy Training** | (713) 773-6000 | (C) Near Northside | All, Free | 136 |
| **SER Jobs for Progress of the TX Gulf Coast - Employment Website** | (713) 773-6000 | (C) Near Northside | All, Free | 136 |
| **SER Jobs for Progress of the TX Gulf Coast - Senior Community Service Employment Program** | (713) 773-6000 | (C) Near Northside | Age 55+, Free, Appt req | 136 |
| **Texas Prevention Network** | (713) 981-6063 | (E) Northshore | All, Free, Walk-ins, CD, Esp, Proof of income & ID | 144 |
| **West Houston Assistance Ministries** | (713) 977-9942 | (SW) Fondren Southwest | All, S$, Flat fee, Appt/Walk-in, Referral req, Call for intake | 147 |

# Eye Care / *Cuidado de la Vista*

Certain illnesses associated with HIV infection can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Legacy CHS - Frost Eye Clinic** | (713) 830-3033 | (C) Greenway Plaza | M, W, Y, Esp, Free to low cost, Amerigroup, Med, many health insurance plans, Appt req | 124 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | M, W, Veteran, Income-based eligibility, CD | 127 |
| **University Eye Institute** | (713) 743-2020 | (C) Third Ward | All, Walk-ins, S$, Med, Private ins | 145 |
| **University Eye Institute - Eye Care Assistance** | (713) 743-2020 | (C) Third Ward | All, S$, Med, Ins, CHIP, Appt req | 145 |
| **University Eye Institute - Good Neighbor Healthcare Center** | (713) 527-8480 | (C) Montrose | M, W, Fam, Appt req, S$, Med, Esp | 146 |

# Financial Assistance / *Asistencia Financiaría*

Financial assistance for HIV+ persons is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs, medical supplies, insurance premiums and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive.

Se dispone de asistencia financiera para las personas con el VIH por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos, equipo médico, prima de seguro y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AIDS Foundation Houston (EFSP) - Emergency Financial Assistance** | (713) 623-6796 | (C) | **HIV+ only** | 89 |
| **AIDS Foundation Houston - Housing Empowerment Life Planning (HELP) Programs** | (713) 623-6796 | (C) | **HIV+ only** | 90 |
| **Alliance for Multicultural Community Services** | (713) 776-4700 | (SW) Sharpstown | **HIV+ only**, Immigrants/Refugees, Free, Appt req, Lim, Esp | 92 |
| **Bering Omega Community Services Housing Assistance** | (713) 529-6071 | (C) Montrose | Appt req, **HIV+ only**, Call for intake, Esp | 96 |
| **Brentwood Project WAITT (We're All In This Together)** | (713) 852-2551 | (S) Hiram Clarke | All, Appt/Walk-ins, Free, **HIV+ only**, CD | 98 |
| **Colt 45's, The** | (713) 526-6077 | (C) Not specified | All, Free, **HIV+ only**, Application required | 101 |
| **Combined Community Action** | (979) 540-2980 | (N) Giddings | M, W, Free, Appt/Walk-ins, Lim | 101 |
| **Cypress Assistance Ministries** | (281) 955-7684 | (N) Cy-Fair | M, W, Fam, Appt req, Esp | 103 |
| **East Ft. Bend Human Needs Ministry** | (281) 261-1006 | (SW) Stafford | M, W, Fam, All, Free, Walk-ins | 104 |
| **FLAS, Inc - Emergency Assistance Program** | (713) 772-2366 | (SW) Sharpstown | All, **HIV+ only**, Free, Appt req, Esp | 107 |
| **Gulf Coast Community Svcs Assoc. (GCCSA)** | (713) 393-4700 | (C) Lawndale | All, Free (income limit), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - J .W. Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |

## Financial Assistance / *Asistencia Financiaria*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **Humble Area Assistance Ministries** | (281) 446-3663 | (N) Humble | All, Fam, Free, Walk-ins | 120 |
| **Impact for Life Campus** | (281) 855-0014 | (N) Addicks/Hwy 6 | M, W, ID required | 120 |
| **Memorial Assistance Ministries** | (713) 468-4516 | (W) Spring Branch | All, Free, Walk-ins | 127 |
| **New Hope Counseling Center** | (713) 776-8006 | (S) Sharpstown | M, W, All, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | Fam, Free, Appt req, Esp | 130 |
| **Rosenberg-Richmond Helping Hands, Inc.** | (281) 232-4904 | (SW) Richmond | All, Free, Walk-ins | 134 |
| **Salvation Army, Houston Area Command** | (713) 658-9205 | (C) Downtown | All, Free, Esp | 134 |
| **Social Security Administration** | (800) 772-1213 | ALL | All, Walk-ins, Free, Esp | 138 |
| **Southeast Area Ministry** | (713) 944-0093 | (SE) Pasadena | All, Fam, Walk-ins, Free | 138 |
| **St. John Vianney Social Services** | (281) 497-4434 | (W) West Memorial | All, Free, Appt req, Esp. | 141 |
| **St. Mary Magdalene Social Services** | (281) 540-1907 | (N) Humble | All, Free, Walk-ins, Lim, Proof of residence | 141 |
| **St. Pius Catholic Church** | (713) 473-9484 | (E) Pasadena | Fam, Lim, Proof of residence, ID, SS cards | 141 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, Esp. | 144 |
| **West Houston Assistance Ministries** | (713) 977-9942 | (W) Westchase | M, W, Fam, Free, Appt/Walk-ins, Esp | 147 |
| **Windsor Village Social Services Dept.** | (713) 551-8792 | (SW) Hiram Clarke | All, Free, Appt Req, Call for info | 147 |

## Food / *Alimentos*

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. Food pantries, soup kitchens and home meal delivery programs are available in the Houston area. All those listed below are free. Restrictions may apply.

Costear suficiente alimento puede ser difícil para personas VIH+ con bajos ingresos. El consumo de una variedad de comidas saludables es importante. Los servicios como despensa de alimentos, comedores y entrega a domicilio están disponibles en el área de Houston gratuitamente. Puede que existan algunas restricciones.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AFH – Stone Soup** | (713) 623-6796 | (C) | **HIV+ only** | 91 |
| **Brentwood Project WAITT** | (713) 852-2551 | (S) Hiram Clarke | All, Appt/Walk-ins, Free, **HIV+ only**, Food vouchers | 98 |
| **By His Love Ministries, Inc.** | (713) 659-7161 | (C) Third Ward | All, Free, Appt req, CD | 98 |
| **Catholic Charities AIDS Ministry** | (713) 874-6624 | (C) Midtown | Adults, Families, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp | 99 |
| **Cypress Assistance Ministries** | (281) 955-7684 | (NW) Cy-Fair | M, W, Fam, Appt req, Esp | 103 |
| **East Ft. Bend Human Needs Ministry** | (281) 261-1006 | (SW) Stafford | M, W, Fam, All, Free, Walk-ins. | 104 |
| **Fair Haven Food Pantry** | (713) 467-4363 | (W) Spring Branch | M, W, Fam, Free, Walk-ins, Halfway house residents | 105 |
| **Good Shepherd Mission** | (936) 291-8156 | (N) Huntsville | All, Free, Walk-ins, CD | 108 |
| **Gulf Coast Community Svcs Assoc. (GCCSA)** | (713) 393-4700 | (C) Lawndale | All, Free (income limit), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |

# Food / *Alimentos*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **Harris Co. PHES Antoine WIC Center** | (713) 407-5800 | (NW) Inwood Forest | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Baytown WIC Center** | (713) 407-5800 | (SE) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Bear Creek WIC Center** | (713) 407-5800 | (W) Bear Creek | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Decker Drive WIC Center** | (713) 407-5800 | (SE) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Emerald Plaza WIC Center** | (713) 407-5800 | (NW) | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Humble WIC Center** | (713) 407-5800 | (NE) Humble | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Pasadena WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Red Oak WIC Center** | (713) 407-5800 | (N) Bammel | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Scarsdale WIC Center** | (713) 407-5800 | (SE) Ellington/S. Belt | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES South Houston WIC Center** | (713) 407-5800 | (SE) South Houston | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Southeast WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Tomball WIC Center** | (713) 407-5800 | (NW) Tomball | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Humble Area Assistance Ministries** | (281) 446-3663 | (N) Humble | All, Fam, Free, Walk-ins | 120 |
| **Impact for Life Campus** | (281) 855-0014 | (NW) Addicks/Hwy 6 | M, W, ID required | 120 |
| **Love INC (In the Name of Christ)** | (281) 422-5683 | (E) Highlands | All, Free, Gas vouchers, Diapers | 125 |
| **New Hope Counseling Center** | (713) 776-8006 | (S) Sharpstown | M, W, All, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | Fam, Free, Appt req, Esp | 130 |
| **Rehoboth Foundation, Inc.** | (713) 484-5850 | (SW) Braeburn | M, W, Y, Fam, I/RR, CD, Referral required | 133 |

## Food / *Alimentos*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Resurrection Metropolitan Community Church** | (713) 861-9149 | (C) Heights | All, Appt req, ID | 133 |
| **Rosenberg-Richmond Helping Hands, Inc.** | (281) 232-4904 | (SW) Richmond | All, Free, Walk-ins | 134 |
| **Salvation Army, Houston Area Command** | (713) 658-9205 | (C) Downtown | All, Free, Esp | 134 |
| **Southeast Area Ministry** | (713) 944-0093 | (SE) Pasadena | All, Fam, Walk-ins, Free | 138 |
| **St. John Vianney Social Services** | (281) 497-4434 | (W) West Memorial | All, Free, Appt req, Esp. | 141 |
| **St. Mary Magdalene Social Services** | (281) 540-1907 | (N) Humble | All, Free, Walk-ins, Lim, Proof of residence | 141 |
| **St. Pius Catholic Church** | (713) 473-9484 | (E) Pasadena | Fam, Lim, Proof of residence, ID, SS cards | 141 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, Esp | 144 |
| **West Houston Assistance Ministries** | (713) 977-9942 | (W) Westchase | M, W, Fam, Free, Appt/Walk-ins, Esp | 147 |

# Funeral Services / *Servicios Funerarios*

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable HIV infected persons and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veteran's Administration.

A nadie le gusta planear para un funeral o cremación cuando uno se siente bien, pero planificar con anticipación no solamente ayuda a prevenir una ansiedad futura, sino que también ayuda a las personas con el VIH y sus familiares a ahorrar una gran cantidad de dinero. Analizando costos y comparando servicios con anticipación les permite tomar mejores decisiones. Los veteranos podrían recibir beneficios de sepultura por medio de la Administración de Veteranos.

### FUNERAL SERVICES / SERVICIOS FUNERARIOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Aldine Funeral Chapel, LLC** | (281) 591-6055 | (N) Aldine | Appt recommended | 92 |
| **Arlington National Funeral Home** | (713) 692-5555 | (N) Northside | All, Walk-ins | 93 |
| **Cremation Service International** | (713) 692-5555 | (N) Northside | All, Walk-ins | 103 |

### FUNERAL EDUCATION & INFORMATION / EDUCACIÓN E INFORMACIÓN FÚNEBRE

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **3 "A" Bereavement Foundation (3ABF)** | (713) 649-3232 | (S) OST/South Union | All, Income-based eligibility, Free | 87 |
| **Funeral Consumers Alliance Of Houston** | (713) 526-4267 | (W) Spring Branch | All | 107 |

### FUNERAL ASSISTANCE / AYUDA PARA FÚNEBRE

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **3 "A" Bereavement Foundation (3ABF)** | (713) 649-3232 | (S) OST/South Union | All, Income-based eligibility, Free | 87 |
| **Catholic Charities AIDS Ministry - Community Services for Independence (CSI)** | (713) 874-6624 | (C) Midtrown | Adults, Fam, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp | 99 |

# Hepatitis C Information & Resources
# *Información y Recursos Sobre Hepatitis C*

Infection with the hepatitis C virus (HCV) is the most common coinfection in people with HIV and is categorized as an HIV-related opportunistic illness.

HIV/HCV coinfection has been associated with a faster rate of hepatitis C disease progression, higher HCV viral loads and a greater risk of developing severe liver damage. Hepatitis C can affect HIV treatment by increasing the frequency of liver toxicity related to HIV drugs. There is also the potential for interactions between HIV drugs and drugs used to treat HCV. However, with careful medical monitoring, many coinfected people can be successfully treated for both.

(Excerpt from the Hepatitis C Support Project's hcspFACTsheet "HIV/HCV Coinfection", Version 4.1, dated January 2007)

La infección del virus de la hepatitis C (VHC) es la que más comúnmente acompaña a la infección del VIH en las personas y dicha infección es clasificada como una enfermedad oportunista relacionada al VIH.

Esta coinfección (VIH/VHC) ha sido asociada con la aceleración de la enfermedad del VHC, el aumento de la carga viral del VHC, y el alto riesgo de desarrollar un serio daño al hígado. La hepatitis C puede afectar el tratamiento del VIH aumentando la frecuencia de toxicidad del hígado debido a los medicamentos VIH. Además, existe el riesgo de una interacción entre los medicamentos del VIH y del VHC. Sin embargo, con un control médico cuidadoso, muchas personas con esta coinfección pueden ser tratadas con éxito.

(Excerpta de: the Hepatitis C Support Project's hcsp-FACTsheet "HIV/HCV Coinfection", Version 4.1, 1/07)

## HEPATITIS C TREATMENT RESOURCES IN HARRIS COUNTY
## *RECURSOS PARA TRATAMIENTO PARA LA HEPATITIS C EN CONDADO DE HARRIS*

**For uninsured patients with no available funds:**

*Harris County Hospital District* has patient eligibility centers that you can go to and apply for a gold card. Once you have a gold card, you can go to one of their clinics and tell them you have Hepatitis C and you will be referred to one of the two Hepatitis C treatment centers in Harris County at Ben Taub or LBJ. If you call voicemail they will return message within 24 hours.

(713) 526-4243 (Appointments)
(713) 566-6064 (Voicemail)

HCHD Financial Assistance Program
c/o Patient Eligibility Services Administration
PO Box 300488
Houston, TX 77230

*St. Luke's Center for Liver Disease* has ongoing clinical trials available. Often these trials provide free treatment. Please call (832) 355-8966 to get on the list.

St. Luke's Center for Liver Disease
6620 Main Street, Suite 1505
Houston, TX 77030

**www.sleh.com**
(Under Health Services – Centers of Excellence – St. Luke's Center for Liver Disease)

*Other resources for clinical trials:*
**www.clinicaltrials.gov**

CenterWatch
22 Thomson Place, 47F1
Boston, MA 02210-1212
**www.centerwatch.com**

Texas Health Pool is an insurance program that can get you insured on the spot without problems if you had pre-existing conditions.

Mailing Address:
P. O. Box 6089
Abilene, TX 79608

(888) 398-3927 phone
(325) 793-4134 fax
**www.txhealthpool.org**

**Para pacientes sin seguro médico y fondos propios**

*El Distrito de Hospitales del Condado de Harris* Harris tiene centros de elegibilidad donde puede ir a solicitar una tarjeta dorada. Una vez obtenida la tarjeta, puede ir a una de sus clínicas para informarles que usted tiene la infección del VHC y así será referido a uno de dos centros especializados en el tratamiento del VHC que son Ben Taub o LBJ en el Condado de Harris. Llame al (713) 526-4243, o si llama al contestador automático (713) 566-6064 se le devolverá la llamada dentro de un periodo de 24 horas.

HCHD Financial Assistance Program
c/o Patient Eligibility Services Administration
PO Box 300488
Houston, TX 77230

*El Centro para la Enfermedad del Hígado de St. Luke* actualmente tiene disponible ensayos clínicos. Frecuentemente estos ensayos proveen tratamiento gratuito. Por favor llame al (832) 355-8966 para inscribirse.

St. Luke's Center for Liver Disease
6620 Main Street, Suite 1505
Houston, TX 77030

**www.sleh.com**
(Bajo Health Services – Centers of Excellence – St. Luke's Center for Liver Disease)

*Otros recursos sobre ensayos clínicos:*
**www.clinicaltrials.gov**

CenterWatch
22 Thomson Place, 47F1
Boston, MA 02210-1212
**www.centerwatch.com**

Texas Health Pool es un programa de seguro médico que puede darle cobertura de inmediato sin causar problemas por el hecho que uno tenga condiciones médicas preexistentes.

Dirección postal:
P. O. Box 6089
Abilene, TX 79608

(888) 398-3927 teléfono
(325) 793-4134 fax
**www.txhealthpool.org**

# Hepatitis C Information & Resources
# *Información y Recursos Sobre Hepatitis C*

## HEPATITIS C TREATMENT RESOURCES IN HARRIS COUNTY
## *RECURSOS PARA TRATAMIENTO PARA LA HEPATITIS C EN CONDADO DE HARRIS*

**For uninsured patients who have some funds available:** If you have some funds available you can see a physician and get the medications for free through each of the pharmaceutical company's assistance programs. The cost to you would be a monthly physician and lab fee (approximately $1,000.00 per month). The medications you take will depend on what your physician prescribes. The assistance programs can be reached as follows:

| | |
|---|---|
| PEG-Intron | 1 (800) 521-7157 |
| Pegasys | 1 (877) PEGASYS |

**Para pacientes sin seguro médico pero con dinero disponible:** Si usted tiene algún dinero disponible puede ir a ver a un médico y recibir medicamentos gratis a través del programa de asistencia que tiene cada compañía farmacéutica. El costo mensual a usted sería aproximadamente $1,000.00 por el médico y gastos de laboratorio. El medicamento que usted tome dependerá de lo que su médico recete. Los programas de asistencia pueden ser contactados al:

| | |
|---|---|
| PEG-Intron | 1 (800) 521-7157 |
| Pegasys | 1 (877) PEGASYS |

## VACCINES FOR HEPATITIS A & B / *VACUNAS PARA LA HEPATITIS A Y B*

Most people can stay healthy when they have HIV and Hep C together. The most important thing to do is to work with your doctor and nurse to find out how to stay healthy and if you should be treated. Everyone with HIV and Hep C should get vaccinated against Hep A and Hep B – if they have not already been exposed.

**While there are vaccines available for Hep A and B, there is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Below is a list of potential resources for getting these vaccines, please contact them for more information and cost.**

La mayoría de las personas pueden mantenerse saludables aún teniendo la coinfección VIH/VHC. El paso más importante a tomar es el de comunicarse con su médico y enfermera para mantenerse en buena salud y decidir si debe empezar un tratamiento. Las personas con el VIH/VHC deben ser vacunadas en contra de la hepatitis A y B—por si no hayan sido ya expuestos a ellos.

**Aunque haya vacunas para la A y B, actualmente no la hay para la hepatitis C. Si usted no es inmune, debe recibir las vacunas para la hepatitis A y B. Aquí hay una lista de posibles recursos donde recibir las vacunas. Por favor llame para mayor información.**

| Vaccination Sites / *Sitios de Vacunación* | Location / *Localidad* | Phone / *Teléfono* |
|---|---|---|
| **HOPE Clinic** | 7001 Corporate Drive, Ste. 120<br>Houston, TX 77036 | (713) 773-0803 |
| **Harris County Mobile Unit** | Various locations / *Varias localidades* | (713) 439-6113 |
| **City of Houston Immunization Clinic** | 3611 Ennis Street<br>Houston, TX 77004 | (713) 527-4042 |
| **La Nueva Casa de Amigos Health Center - Houston Dept of Health & Human Services** | 1809 N. Main Street<br>Houston, TX 77009 | (713) 547-8000 |
| **Lyons Health Center - Houston Dept of Health & Human Services** | 5602 Lyons Avenue<br>Houston, TX 77002 | (713) 671-3000 |
| **Magnolia Health Center - Houston Dept of Health & Human Services** | 7037 Capitol Avenue<br>Houston, TX 77011 | (713) 928-9800 |
| **Northside Health Center - Houston Dept of Health & Human Services** | 8523 Arkansas Street<br>Houston, TX 77093 | (713) 696-5900 |
| **Sunnyside Health Center - Houston Dept of Health & Human Services** | 9314 Cullen Boulevard<br>Houston, TX 77051 | (713) 732-5000 |
| **CVS Stores - MinuteClinics** | Various locations /<br>*Varias localidades* | (866) 389-2727<br>**www.minuteclinic.com** |
| **Island Community Center** | 4700 Broadway Avenue<br>Galveston, TX 77539 | (409) 763-7227 |
| **Community Family Center** | 2000 Texas Avenue<br>Texas City, TX 77539 | (409) 949-3459 |

# Hepatitis C Information & Resources
# *Información y Recursos Sobre Hepatitis C*

## VACCINES FOR HEPATITIS A & B / *VACUNAS PARA LA HEPATITIS A Y B*

| Vaccination Sites / *Sitios de Vacunación* | Location / *Localidad* | Phone / *Teléfono* |
|---|---|---|
| **Walgreens – Take Care Clinics** | Various locations / *Varias localidades* | (866) 825-3227 **www.takecarehealth.com** |
| **Baylor Travel Medicine** | 3701 Kirby Drive, Suite 100 Houston, TX 77089 | (713) 798-7700 |
| **UT Health Services** | 7000 Fannin Street, Ste 1620 Houston, TX 77030 | (713) 500-3248 |

## MONTHLY SUPPORT GROUPS / GRUPOS DE AYUDA MENSUAL

Support groups can be very helpful for people with Hep C or coinfected with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases. A listing of monthly support groups is included below. Most are for Hep C unless otherwise specified.

Grupos de apoyo pueden ser de gran ayuda para las personas con el VHC o coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas. Aquí vea una lista de grupos mensuales de apoyo. La mayoría son para el Hep C a no ser que digan lo contrario.

| Location / *Localidad* | Time & Date / *Hora y Día* | Contact / *Contacto* |
|---|---|---|
| **Clear Lake**<br>St. John West Conference Room<br>(2-story, white building facing Christus St. John Hospital)<br>2035 Space Park Drive<br>Nassau Bay, TX 77058 | 7:00 p.m.<br>3rd Thursday of the month.<br>*El tercer jueves del mes.* | Carol Walker<br>(281) 334-7132 or<br>(713) 828-3299<br>carowalk@aol.com |
| **Conroe/Woodlands**<br>Conroe Regional Medical Center<br>504 Medical Center Blvd, Dining Rm A<br>Conroe, TX 77304 | 7:00 p.m.<br>2nd Wednesday of the month.<br>*El segundo miercoles del mes.* | Carol Schansema<br>(936) 441-5106<br>hcvcarol@yahoo.com |
| **Houston – Baylor Clinic**<br>Baylor Clinic<br>6620 Main St., 11th Floor<br>Houston, TX 77030 | 6:30 p.m.<br>4th Tuesday of the month.<br>For patients currently on treatment.<br>*El cuarto martes del mes.*<br>*Para pacientes en tratamiento.* | Paula Westergren<br>713-798-9010<br>paulaw@ bcm.tmc.edu |
| **Houston – Central**<br>St. Martin's Episcopal Church<br>717 Sage Road<br>Payne Education Building<br>1st Floor – Community Room<br>Houston, TX 77056 | 7:00 p.m.<br>1st Tuesday of the month.<br>*El primer martes del mes.* | John Bickers<br>(713) 783-9334 or<br>(281) 435-1703<br>johnbickers@hotmail.com |
| **Houston - Michael E. DeBakey Veterans Affairs Medical Center**<br>2002 Holcombe Blvd, Rm 1A-442<br>Primecare Clinic 5 (NASA)<br>Houston, TX 77030 | 1:30 p.m.<br>1st Friday of the month.<br>For VA patients and their families.<br>*El primer viernes del mes.*<br>*Para pacientes veteranos y sus familias.* | Stacey Pelton, LMSW<br>(713) 791-1414, ext. 6867 or<br>Michelle Ray, RN<br>(713) 791-1414, ext. 3394 |
| **Houston – North of Downtown HIV/HCV Co-infection Support Group**<br>Thomas Street Health Center<br>2015 Thomas Street<br>3rd Floor Large Conference Room<br>Houston, TX 77009 | 11:00 a.m. - 12 noon<br>Every 2nd and 4th Tuesday of the month.<br>*El segundo y cuarto martes de cada mes.* | Harold Henderson<br>(713) 873-4069<br>ellis_henderson@hchd.tmc.edu |

# Hepatitis C Information & Resources
# *Información y Recursos Sobre Hepatitis C*

## MONTHLY SUPPORT GROUPS / GRUPOS DE AYUDA MENSUAL

| Location / *Localidad* | Time & Date / *Hora y Día* | Contact / *Contacto* |
|---|---|---|
| **Houston - Northwest**<br>Methodist Hospital – Willowbrook<br>18220 Tomball Parkway (Hwy 249)<br>First Floor, Room C<br>Houston, TX 77070 | 7:00 p.m.<br>2nd Monday of the month.<br>*El segundo lunes de cada mes.* | Bob Knaze<br>(281) 820-6168<br>rbkna5@aol.com |
| **Houston - St. Luke's Hospital**<br>Adult Liver Transplant<br>6720 Bertner St.<br>Cooley Bldg., Level B1<br>Green Elevators, Conf. Rm A, C068<br>Houston, TX 77030 | 6:00 p.m. - 7:30 p.m.<br>Every 6 weeks<br>(No meetings in December)<br>For pre-transplant patients<br>*Cada seis semanas.*<br>*(No hay reunión en diciembre)* | Ann Holder, LMSW-ACP<br>(832) 355-3026<br>zayh01@sleh.com |
| **Galveston**<br>Moody Memorial First UMC<br>2803 53rd Street<br>Galveston, TX 77551 | 6:30 p.m.<br>1st Thursday of the month.<br>*El primer jueves del mes.* | Sam Critz<br>(281) 534-0819<br>scritz@houston.rr.com or<br>carolyncritz@houston.rr.com |
| **The Woodlands**<br>**HIV/HCV Co-infection Support Group**<br>Fellowship of the Woodlands Church<br>One Fellowship Drive<br>Room C214, 2nd floor<br>The Woodlands, TX 77384 | 8:00 p.m.<br>Every Tuesday night.<br>*Todos los martes del mes.* | Barry Harde<br>(281) 292-3668<br>redsaleen97@yahoo.com |

## PUBLICATIONS & INFORMATION / *PUBLICACIONES Y INFORMACIÓN*

For more information about Hepatitis C you may wish to contact the following resources:

Si usted desea más información sobre la hepatitis C sírvase contactar a las siguientes fundaciones:

| Name / *Nombre* | Phone & Web Site / *Teléfono y Sitio Web* | Mailing Address / *Dirección que Envía* | Description / *Descripción* |
|---|---|---|---|
| **Advanced Liver Therapies** | (832) 355-8966 | 6620 Main Street,<br>Suite 1505<br>Houston, TX 77030 | Ongoing clinical trials available providing free treatment. |
| **American Liver Foundation – Southwest Chapter** | (800) GO-LIVER<br>**www.liverfoundation.org/chapters/arizona/texas/** | 4545 East Shea Blvd.,<br>Suite 164<br>Phoenix, AZ 85028 | Patient support groups, info & physician referral, Liver Update educational seminars for physicians, patients, their families and friends; publishes a yearly local chapter newsletter. |
| **Centers for Disease Control and Prevention** | 800-CDC-INFO (800-232-4636)<br>**www.cdc.gov/ncidod/diseases/hepatitis/** | Not applicable | Free, comprehensive information on viral hepatitis. |
| **Hep C Alert** | (305) 893-7992<br>877-HELP4HEP (877-435-7443)<br>866-4HEPHIV (866-443-7448)<br>**www.hep-c-alert.org** | 660 NE 125 Street<br>North Miami, FL 33161 | Promotes awareness, provides health education, counseling, testing and linkage services to people in the U.S. |

# Hepatitis C Information & Resources
# *Información y Recursos Sobre Hepatitis C*

## PUBLICATIONS & INFORMATION / *PUBLICACIONES Y INFORMACIÓN*

| Name / *Nombre* | Phone & Web Site / *Teléfono y Sitio Web* | Mailing Address / *Dirección que Envía* | Description / *Descripción* |
|---|---|---|---|
| **Hepatitis C Advocates** | alanfranciscus@hcvadvocate.org<br>(No phone number)<br>**www.hcvadvocate.org** | Not applicable | Provides unbiased information, support, and advocacy to all communities affected by HCV and HIV/HCV coinfection. |
| **Hepatitis C Connection** | Phone: (303) 860-0800<br>Toll Free: (800) 390-1202<br>**www.hepc-connection.org** | 1325 S. Colorado Blvd<br>Building B, Suite 302<br>Denver, CO 80222 | Information-based advocacy organizations. Quarterly electronic newsletter. |
| **Hepatitis C Open Journal** | KPFT 90.1<br>(713) 526-5738<br>Live stream from the website:<br>**www.KPFT.org** | 419 Lovett Boulevard<br>Houston, TX 77006 | Radio show broadcast on the 3rd Tuesday of the month from 12-1pm. Call in with questions or comments. |
| **HIVandHepatitis.com** | **www.hivandhepatitis.com** | Not applicable. | Informational website |
| **Houston Buyers Club** | (713) 520-5288<br>(800) 350-2392<br>**www.houstonbuyersclub.com** | 3224 Yoakum Blvd.<br>Houston, TX 77006 | Houston Buyers Club is a nonprofit 501(c)3 organization that has been helping people living with chronic illness manage side effects since 1996. |
| **Liver Health Today** | (800) 792-6397, ext. 133<br>(713) 520-1474<br>(713) 520-1463 Fax<br>**www.liverhealthtoday.org** | 523 N. Sam Houston<br>Pkwy. East, Suite 300<br>Houston, Texas 77060 | Magazine, published quarterly. First issue free with subscription, 6 issues $20, 12 issues $35. |
| **National Hepatitis C Advocacy Council** | (951) 766-8238<br>(Not toll-free but they will call you back)<br>**www.hepcnetwork.org** | P.O. Box 5058<br>Hemet, California 92544 | Provides education and support through online communications and Hep C hotline. They ask that incarcerated individuals have a family member or friend request info for them. |
| **Syringe Access Information Line** | (713) 830-3095 | Not applicable | Call for an up to date list of pharmacies that sell syringes without a prescription and provide safe disposal information. |
| **Texas Department of State Health Services** | (512) 533-3124<br>Adult Viral Hepatitis Prevention Coordinator (AVHPC) | TB/HIV/STD Branch<br>MC 1873<br>P.O. Box 149347<br>Austin, TX 78714-9347 | Prevention and education at the State level |
| **Texas Liver Coalition** | (832) 355-8966<br>**www.texasliver.org** | 6620 Main St, Ste 1505<br>Houston, TX 77030 | Ongoing clinical trials available providing free treatment. |

# HIV & STD Testing / *Prueba del VIH y ETS*

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This medical test is the only way to tell if someone is infected with the virus. The test can be done at a doctor's office or a clinic. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have your results ready for you in 10 – 14 days, some have tests that give immediate results.

Art by Gary

Si Ud. cree que ha sido expuesto al VIH, debe seriamente considerar hacerse un análisis del VIH. Éste es el único método de saber si una persona está infectada con el virus. Lo puede hacer en la oficina del médico o en una clínica. En muchas clínicas públicas Ud. no tiene que revelar su nombre y el análisis es gratuito o de bajo costo. En algunos lugares recibirá el resultado en 10 a 14 días, en otros lugares dan resultados inmediatos.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AAMA** | (713) 926-4756 | (C) Lawndale | M, W, Y, Free, Walk-ins, CD, Esp | 93 |
| **AAMA** | (713) 926-9491 | (E) Second Ward | M, W, Y, Free, Walk-ins, CD, Esp | 93 |
| **Career & Recovery Resources, Inc.** | (713) 754-7000 | (C) Midtown | M, W, Free, Appt/Walk-ins, CD | 99 |
| **Change Happens! (formerly FUUSA)** | (713) 374-1200 | (C) Third Ward | M, W, Y, Families, Free, Appt Req, CD | 100 |
| **Change Happens! (formerly FUUSA) Project FORCE** | (713) 374-1200 | (C) Third Ward | Adults only, Appt req, Free | 100 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 18), W (18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 | 102 |
| **FLAS, Inc - HIV Counseling & Testing** | (713) 772-2366 | (SW) Sharpstown | All, Free, Appt Req, Esp | 107 |
| **Ft. Bend County Clinical Health Services** | (281) 342-6414 | (SW) Rosenberg | All, Appt req, Esp | 105 |
| **Gulf Coast Center - Recovery Program** | (409) 944-4337 | (SE) Galveston | M, W, Free, S$, Walk-ins, CD | 109 |
| **HACS - HIV Testing and Counseling** | (713) 526-0555 | (C) Greenway Plaza | M, W, Y (ages 13 - 24), Free, Walk-ins, Esp | 117 |
| **Harris Co. P.H.E.S. - Antoine Health Clinic** | (713) 602-3300 | (NW) Inwood Forest | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Baytown Health Clinic** | (281) 427-7656 | (E) Baytown | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Humble Health Clinic** | (281) 446-4222 | (N) Humble | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - LaPorte Health Clinic** | (281) 471-4202 | (E) La Porte | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Southeast Health Clinic** | (713) 740-5000 | (SE) Pasadena | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Webster Health Clinic** | (281) 338-0637 | (SE) Webster | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **HCHD - Acres Home Health Center** | (281) 448-6391 | (NW) Acres Home | All, Walk-ins, Free, S$, Med | 111 |
| **HCHD - Adolescent Program** | (713) 873-4100 | (C) Near Northside | All, Walk-ins, Free S$, Med | 111 |
| **HCHD - Aldine Health Center** | (281) 985-7600 | (NE) Aldine | All, Walk-ins, Free S$, Med | 111 |
| **HCHD - Baytown Health Center** | (281) 427-6757 | (E) Baytown | All, Walk-ins, Free S$, Med | 111 |
| **HCHD - Casa de Amigos Health Center** | (713) 222-2272 | (C) Near Northside | All, Walk-ins, Free S$, Med | 112 |

## HIV & STD Testing / *Prueba del VIH y ETS*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **HCHD - Strawberry Health Center** | (713) 477-6851 | (SE) Pasadena | All, Walk-ins, Free S$, Med | 113 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, Appt/Walk-ins, Esp | 113 |
| **Legacy Community Health Services** | (713) 830-3070 | (C) Montrose | M, W, Y, Low cost, Appt/Walk-ins, Esp | 123 |
| **LIVE Consortium** | (713) 861-5483 | (C) Midtown | | 124 |
| **Motherland Health Clinique** | (713) 290-0001 | (NW) Independence Heights | All ages, S$, Med, Ins, Appt/Walk-ins | 128 |
| **Planned Parenthood of Houston & SE Texas** | (800) 230-PLAN | Call to be connected to the nearest clinic | M, W, Y, Free, Walk-ins, Esp | 132 |
| **Special Treasures Inc. - S.O.C.K.S.** | (832) 215-6086 | (C) Fifth Ward | All, I/RR, Free, Walk-ins, Call for intake | 139 |
| **St. Hope Foundation - Fusion Pgm** | (713) 523-0093 | (SW) Braeswood | M (ages 16 & up), Free, I/RR, Walk-ins | 140 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, Esp | 144 |

## Home Assistance and Home Health Care
## *Asistencia y Cuidado en el Hogar*

Some HIV infected persons need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.

Algunas personas VIH+ necesitan ayuda en sus domicilios y hay varios tipos de ayuda disponibles. Para las personas que necesitan ayuda mínima en el aseo de la casa, se puede proporcionar este servicio gratuitamente o a bajo costo. Para personas que requieran ayuda con el aseo personal (bañarse, etc), hay disponible enfermeras y asistentes. A veces una orden médica es requerida.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Cage's Medical Services, Inc.** | (713) 674-5616 | (NE) Not specified | All, Med, Ins, Private Pay, Walk-ins, Esp | 98 |
| **Care Group of Texas** | (713) 383-2100 | (C) Astrodome/ S. Loop | All, Med, Ins, Wrkrs Comp, Managed Care, Esp | 98 |
| **Combined Community Action** | (979) 540-2993 | (NW) Giddings | M, W, Free, Appt/Walk-ins, Lim, Private Pay | 101 |
| **Interfaith CarePartners® AIDS Care Team®** | (713) 682-5995 | (W) Memorial | All, Free, Walk-ins, Accepts rural collect calls, Esp | 121 |
| **Medcare Pediatric Group** | (713) 773-5100 | (E) Northshore | C, Y, S$, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (N) Spring | C, Y, S$, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (SW) Stafford | C, Y, S$, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Metro Health Services** | (713) 777-9600 | (SW) Westwood | Not specified | 127 |
| **PSA Healthcare** | (832) 325-1280 | (C) Bellaire | C/Y (ages 0-18), Med, Ins, Appt req, Esp | 133 |
| **Serenity Home Health** | (832) 865-3645 | (C) Astrodome/ S. Loop | All, Med, Flat Fee, PHC/Family Care, Appt Req | 137 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | **HIV+ only**, Appt Req, Free, S$, Esp | 144 |

# Hospice Care / *Cuidado de Hospicio*

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of AIDS. Physician approval is needed for this service, which can take place in a home, special residence, nursing facility or hospital.

El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del SIDA. La aprobación de un médico es necesaria para recibir este servicio, el cual puede ocurrir en el hogar, una residencia especial, u hospital.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AseraCare Hospice** | (713) 864-2626 | (C) Heights | Adults, Ins, Med, Esp | 93 |
| **Bering - Residential Hospice** | (713) 341-3783 | (C) Montrose | **HIV+ only**, Free, Call for intake, Esp. | 97 |
| **Evercare Hospice and Palliative Care** | (713) 219-6490 | (SW) Westwood | Adults only, S$, Med/Med, Ins, Esp, Call for intake | 105 |
| **Hospice Care Team, Inc.** | (409) 938-0070 | (SE) Texas City | All, S$, Med, Ins, CHIP, Appt req | 117 |

# Hospitals / *Hospitales*

Below is a list of hospitals in the Houston area. If it is very important to use a particular hospital, make sure that your doctor admits patients to that hospital. Ben Taub and LBJ are part of the Harris County Hospital District (HCHD) and will treat you even if you have no insurance, though any hospital must treat you when you need emergency care. But do not use the hospital emergency room unless you truly have an emergency; call your doctor or the HCHD Ask Your Nurse hotline if you aren't sure. Remember, you will probably have to wait a lot longer in the ER than in the clinic or in your doctor's office. An HCHD Community Clinic needs to refer clients to Ben Taub and LBJ specialty clinics.

New HCHD patients must go through an eligibility process and obtain a "gold card" before seeing a doctor (See page 18 for information on how to apply for a Gold Card).

Aquí hay una lista de hospitales del área de Houston. Si para Ud. es muy importante utilizar un hospital en particular, asegúrese que su médico pueda admitir pacientes en el mismo. Los hospitales Ben Taub y LBJ son parte del Distrito de Hospitales del Condado Harris (HCHD) y les ofrecerá servicios aunque no tenga seguro médico, aunque en el caso de una emergencia, cualquier hospital debe atenderlo. Sin embargo, no use la sala de emergencias al menos que sea una verdadera emergencia; llame a su médico si no está seguro.

Recuerde que Ud. tendrá que esperar mucho más tiempo en la sala de emergencias que en la clínica o en la oficina de su doctor. (Ver página 18 para más información de cómo inscribirse para obtener la Tarjeta Dorada).

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Ask Your Nurse Helpline (HCHD)** | (713) 663-CALL (2255) | ALL | All, Free, Esp | 111 |
| **Ben Taub General Hospital (HCHD)** | (713) 873-2000 | (C) Medical Center | All, Walk-ins, S$, Gold Card, Med | 111 |
| **LBJ General Hospital (HCHD)** | (713) 566-5100 | (N) Trinity/ Houston Gardens | All, Walk-ins, S$, Gold Card, Med | 112 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | Veterans, Walk-ins, Income-based Eligibility, CD | 127 |

# Housing and Emergency Shelters
# *Vivienda y Refugios de Emergencia*

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. These include subsidized apartments, group residential facilities, chemical dependency halfway houses, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (also see FINANCIAL ASSISTANCE). As a last resort, a number of emergency shelters serving men, women, adolescents, and families are located in the Houston area.

Houston ofrece varias opciones de vivienda para las personas VIH+ con bajos ingresos, y los que tienen necesidades especiales. Estas opciones incluyen departamentos de bajo costo, residencias en grupos, personas con dependencia de sustancias, y centros de vivienda transitoria. Estos están disponibles a muy bajo costo. Algunas agencias también proveen ayuda con la renta y/o utilidades para prevenir que las personas se queden sin vivienda o servicios públicos (también vea ASISTENCIA FINANCIERA). Como último recurso, existen refugios de emergencia para hombres, mujeres, adolescentes y familias de Houston.

## HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AFH EFSP Emergency Financial Assistance** | (713) 623-6796 | (C) | **HIV+ only** | 89 |
| **AFH Housing Empowerment Life Planning (HELP) Programs** | (713) 623-6796 | (C) | **HIV+ only** | 90 |
| **AAMA** | (713) 926-9491 | (E) Second Ward | M, W, Y, Free, Walk-ins, CD, Esp | 93 |
| **Bering Omega Community Services Housing Assistance** | (713) 529-6071 | (C) Montrose | Free, Appt Req, **HIV+ only**, Esp, Call for intake | 96 |
| **Brentwood Project WAITT (We're All In This Together)** | (713) 852-2551 | (S) Hiram Clarke | All, Appt/Walk-ins, Free, **HIV+ only**, Food vouchers, CD | 98 |
| **Catholic Charities AIDS Ministry** | (713) 874-6624 | (C) MIdtown | Adults, Families, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp | 99 |
| **Combined Community Action** | (979) 540-2991 | (NW) Giddings | All, Free, Appt/Walk-ins, Lim, Income-based eligibility, Esp | 101 |
| **Gulf Coast Community Svcs Assoc. (GCCSA)** | (713) 393-4700 | (C) Lawndale | All, Free (income limit), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |

# Housing and Emergency Shelters / *Vivienda y Refugios de Emergencia*

## HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **HACS Tenant-based Rental Assistance (TBRA)** | (713) 526-0555 | (C) Greenway Plaza | M, W, Free, Appt Req, **HIV+ only**, Esp | 117 |
| **Harris County Housing Resource Center** | (713) 578-2055 | Harris County | All, Free, Esp | 113 |
| **Houston SRO Housing Corp. San Jacinto Apts** | (713) 650-0306 | (C) Downtown | **HIV+ only** | 119 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | M, W, Veteran, Income-based eligibility, CD | 127 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | Families, Free, Appt req, Esp | 130 |
| **SEARCH** | (713) 739-7752 | (C) Midtown | M, W, I/RR, Free, CD, Esp, Homeless only | 135 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, Esp | 144 |

## EMERGENCY SHELTERS / REFUGIOS DE EMERGENCIA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Bay Area Homeless Services** | (281) 837-1654 | (E) Baytown | Adults (age 17 and up), Families, Appt req, **HIV+ only**, Esp | 94 |
| **Bridge Over Troubled Waters, Inc. Emergency Shelter** | (713) 472-0753 | (SE) Not specified | W, Families, All, Appt req, Free, Esp | 98 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 | 102 |
| **FamilyTime Crisis and Counseling Center** | (281) 446-2615 | (N) Humble | All, Free, S$, Appt req (Walk ins-crisis only) | 105 |
| **Ft. Bend County Women's Center** | (281) 342-4357 | (SW) Rosenberg | M, W, Y, Families, Free, Appt/Walk-ins, Esp | 106 |
| **Good Shepherd Mission** | (936) 291-8156 | (N) Huntsville | All, Free, Walk-ins, CD | 108 |
| **New Horizon Family Center** | (281) 422-2292 | (E) Baytown | W, C, Y, All, Free, Appt req, Lim, Esp | 129 |

## LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **A Caring Safe Place** | (713) 225-5441 | (C) Fifth Ward | M, S$, Appt req, **HIV+ only**, CD, Esp | 87 |
| **AIDS Foundation Houston Burress Street Apartments** | (713) 623-6796 | (N) Northside | Single women only, I/RR, **HIV+ only**, Appt Req, S$ based on HUD calculations | 89 |
| **AIDS Foundation Houston Chupik House** | (713) 623-6796 | (SW) Rosenberg | M, Appt Req, **HIV+ only**, S$ based on HUD calculations | 89 |
| **AIDS Foundation Houston First Responders** | (713) 623-6796 | Not applicable | Adults only, CD, S$, receiving SSI/SSD or VA benefits | 89 |
| **AIDS Foundation Houston Help House** | (713) 623-6796 | (C) Montrose | **HIV+ only**, Adults, Disabled, S$ based on HUD calculations | 90 |

# Housing and Emergency Shelters / *Vivienda y Refugios de Emergencia*

## LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Foundation Houston Project "A Friendly Haven"** | (713) 651-0833 | (C) | **HIV+ only** | 90 |
| **AIDS Foundation Houston Project My Home** | (713) 623-6796 | | Adults with disabling condition, rent=30% of income | 91 |
| **AIDS Foundation Houston Project Porchlight** | (713) 623-6796 | (C) | **HIV+ only** | 91 |
| **CEF Swehla House** | (713) 528-0037 | (C) Montrose | M, W, S$, Appt req, **HIV+ only** | 102 |
| **Change Happens! (formerly FUUSA) RESCUE in Motion** | (713) 374-1200 | (C) Third Ward | Homeless, Appt req, Free | 100 |
| **Corder Place Apartments** | (713) 741-4070 | (C) OST/S. Union | Adults, Fam, Walk-ins, **HIV+ only**, Homeless, Esp | 102 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 18), W (18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 | 102 |
| **Houston SRO Housing Corp. San Jacinto Apts** | (713) 650-0306 | (C) Downtown | **HIV+ only** | 119 |
| **Magnificat Houses - Morning Star Hostel** | (713) 520-0461 | (C) Midtown | Adults, S$, **HIV+ only**, Appt req, Esp | 126 |
| **SEARCH** | (713) 739-7752 | (C) Midtown | M, W, Families, I/RR, Free, CD, Homeless only, Esp | 135 |

## SHORT TERM HOUSING / VIVIENDA TEMPORAL

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AHCH West Heights House** | (713) 864-1795 | (C) Heights | M, W (age 19 & up), Flat fee, Appt req, Lim, **HIV+ only** | 92 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 18), W (18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 | 102 |
| **Harmony Health Recovery Center** | (713) 237-1765 | (C) Memorial/ Washington | M only, Free, Lim, CD, Documented homeless & TB | 111 |
| **Houston SRO Housing Corp. San Jacinto Apts** | (713) 650-0306 | (C) Downtown | **HIV+ only** | 119 |
| **Magnificat Houses - Morning Star Hostel** | (713) 520-0461 | (C) Midtown | Adults, S$, **HIV+ only**, Walk-ins, Esp | 126 |
| **SEARCH** | (713) 739-7752 | (C) Midtown | M, W, Fam, I/RR, Free, CD, Homeless only, Esp | 135 |
| **Sisters of Serenity - Gene's House** | (713) 738-4015 | (S) Sunnyside | W, **HIV+ only**, S$, Lim, Call for intake | 137 |

## TRANSITIONAL HOUSING / VIVIENDA VIVIENDA DE TRANSICIÓN

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH Project LifeRoad** | (713) 623-6796 | | **HIV+ only** | 91 |
| **Path to Independence** | (713) 688-7400 | (SW) Westwood | M, CD, I/RR, Homeless, Flat fee | 131 |
| **Sisters of Serenity - Gene's House** | (713) 738-4015 | (S) Sunnyside | W, **HIV+ only**, S$, Lim, Call for intake | 137 |
| **Wellsprings Village, Inc.** | (713) 529-6559 | NA | W, I/RR, Homeless, Appt req, Lim, CD | 147 |

# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

*City of Houston Housing and Community Development (as of 05/31/09)*

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. The agencies listed below receive HOPWA funds to provide the following Housing/Housing-related services:

Se ofrecen varias opciones de vivienda en el área de Houston para personas VIH+ de bajos ingresos y con necesidades especiales. Las agencias mencionadas aquí reciben fondos para proveer los siguientes servicios relacionados con la vivienda:

| | | | | | |
|---|---|---|---|---|---|
| **STRMU:** | Short Term Rent, Mortgage, Utility Assistance Program | **TBRA:** | Tenant Based Rental Assistance | **SS:** | Supportive Services |
| | | | | **CR:** | Community Residences |

Scan the list below to find an agency that provides the particular service that you need. Please see the next page for a full description of these services.

Busque en la lista a continuación la agencia que provee el servicio particular que necesita. Por favor vea la próxima página para una descripción completa de estos servicios.

## AGENCY / AGENCIA

**A Caring Safe Place (CR, SS)**
1804 Carr Street; Houston, TX 77026
(713) 225-5441

**AIDS Coalition of Coastal Texas (STRMU)**
707 23rd Street; Galveston, TX 77550
(409) 763-2437

**AIDS Foundation Houston (STRMU, TBRA, CR, SS)**
3202 Weslayan; Houston, TX 77027
(713) 623-6796

**The Alliance for Multicultural Community Svcs (STRMU)**
6440 Hillcroft Street, Suite 411;
Houston, TX 77081
(713) 776-4700

**Bering Omega Community Services (STRMU)**
1429 Hawthorne; Houston, TX 77006
(713) 529-6071

**Brentwood Community Foundation (STRMU, CR, SS)**
13101 Landmark St.; Houston, TX 77045
(713) 852-1451

**Career & Recovery Resources, Inc (SS)**
2525 San Jacinto; Houston, TX 77002
(713) 754-7043

**Catholic Charities (STRMU, SS)**
2900 Louisiana; Houston, TX 77006
(713) 874-6589

**Ft Bend County Black Nurses Assoc. (STRMU, TBRA)**
15426 Indian Wood;
Missouri City, TX 77489
(713) 979-2692

**Goodwill Industries of Houston (SS)**
4640 Main Street; Houston, TX 77002
(713) 699-6320

**HEART, Inc. (SS)**
6717 Stuebner Airline Rd., Suite 207,
Houston, TX 77091
(713) 782-5606

**Houston Area Community Services (TBRA, SS)**
3730 Kirby Drive, Suite 820,
Houston, TX 77098
(713) 526-0555

**Houston HELP – Corder Place Apts (CR, SS)**
7210 Peerless St.; Houston, TX 77021
(713) 741-4070

**Houston SRO Housing Corp. – San Jacinto Apts (CR)**
2211 Norfolk Suite 740;
Houston, TX 77098
(713) 526-9470

**Houston Volunteer Lawyers Program, Inc. (SS)**
712 Main Street, Suite 2700;
Houston, TX 77002
(713) 228-0735, Ext 121

**Marjo House (Transitional Housing)**
1706 Gellhorn Drive; Houston, TX 77029
(713) 694-1168

**New Hope Counseling Center (STRMU, SS)**
6420 Hillcroft, Suite 314; Houston, TX 77081
(713) 776-8006

**Santa Maria Hostel, Inc. (CR, SS)**
7807 Long Point Drive, Suite 375;
Houston, TX 77055
(281) 657-0898, Ext 209

**SEARCH (SS)**
2505 Fannin Street; Houston, TX 77002
(713) 739-7752

**Stop Turning and Entering Prison, Inc. (CR, SS)**
5602 Hirsch Road; Houston, TX 77026
(832) 881-3193

The eligibility requirements for HOPWA-funded services are very basic, but some agencies may have additional restrictions placed on them by other funding sources that are more stringent. To be eligible for HOPWA funds you must:

1. Meet the definition of low income: 80% of median income;
2. Have an HIV positive diagnosis; and
3. Live in one of the following ten counties: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery, San Jacinto or Waller.

**Please check with the service provider for additional eligibility requirements, restrictions and limitations.**

Los requisitos para elegibilidad a los servicios fundados por HOPWA son muy básicos, pero algunas agencias puede que tengan restricciones adicionales exigidas por otras fuentes financieras que son más estrictas. Para ser elegible a recibir fondos de HOPWA usted debe:

1. Calificar bajo la definición de "bajo ingreso": 80% del ingreso del punto medio
2. Estar diagnosticado con el VIH; y
3. Vivir en uno de los diez siguientes condados: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery, San Jacinto o Waller.

**Por favor hable con el proveedor para conocer de requisitos, restricciones y limitaciones adicionales.**

# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

*City of Houston Housing and Community Development (as of 05/31/09)*

## SERVICE DESCRIPTIONS / DESCRIPCIÓN DE SERVICIOS

**Short Term Rent, Mortgage, Utility Assistance Program (STRMU):**
STRMU will pay an eligible client's rent, mortgage and/or utility payments for UP TO 21 weeks in a 52-week period.

These funds are NOT used to support:
* Move-in Deposits * Security Checks * Credit Checks
* Move-in support (supplies, furnishings, minor repairs etc.) * Emergency shelter vouchers for hotel or motel.

Rent/utility payments are made to the owner/management of the property.

**Tenant Based Rental Assistance (TBRA):**
TBRA will pay for an eligible clients rent or utility for 12 to 24 months at a location determined by the client. Locations must:
* Meet Housing Quality Standards established by HUD/HCD; and
* Cost of rent must meet federal median income

Rent/utility payments are made to the owner/management of the property.

**Supportive Services (SS):**
All agencies that receive HOPWA funds offer supportive services to eligible clients in establishing permanent housing. Each agency provides different supportive services. Supportive Services can include case management, housing counseling, professional counseling, nutritional services, etc.

**Community Residences (CR):** Community residences provided through an agency. Contact the agencies providing CR for information on services.
Currently existing residences focus on:
* Single men/Substance abuse
* Single women/Substance abuse
* Women and Children
* Recently released men/women

**Programa de asistencia de corto plazo para la renta, la hipoteca, y los servicios públicos (STRMU):**
STRMU pagará la renta, la hipoteca y/o los servicios públicos POR 21 semanas en un periodo de 52 semanas.
Estos fondos NO asisten con:
* Depósito inicial para la renta *Seguridad *Crédito
* Pagos para provisiones, muebles, reparaciones, etc.
* Emergencia de refugio a hotel o motel.

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

**Asistencia para la renta al arrendatario (TBRA):**
TBRA pagará para los clientes elegibles la renta o los servicios públicos (luz, etc.) por 12 a 24 meses. El cliente determina la ubicación de la vivienda que debe:
* Cumplir con el estándar de calidad de vivienda establecido por HUD/HCD; y
* Costo de renta debe cumplir con el ingreso federal del punto medio

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

**Servicios de apoyo (SS):**
Todas las agencias que reciben fondos de HOPWA ofrecen servicios de apoyo a los clientes elegibles para establecerse en una vivienda permanente. Cada agencia provee diferentes servicios de apoyo. Dichos servicios pueden incluir administración de casos, consejería profesional, servicios nutricionales, etc.

**Residencias comunitarias (CR):** Estas son proveídas por medio de una agencia. Póngase en contacto con las agencias que proveen CR para mayor información.

Actualmente, las residencias existentes sirven a:
* Hombres solteros/abuso de sustancias
* Mujeres solteras/abuso de sustancias
* Mujeres y sus niños/niñas
* Hombres/mujeres recientemente liberados de la prisión

Most agencies have limited funding for the services they offer. If you need additional resources, please call the United Way Helpline at 2-1-1, (713) 957-HELP or toll free at 1-800-833-5948. The Helpline is available 24 hours a day and is offered in 6 languages: English, Spanish, Vietnamese, Cantonese, Mandarin and French. If you would like to email your inquiry to the helpline, you may do so at **help@uwtgc.org**.

You can search the United Way Community Resource Database online at: **http://referral.uwtgc.org/**. The database gives the option to search by zip code, service category, agency or program name and key word.

# Information & Hotlines
# *Información y Línea Telefónica de Ayuda*

Information and Referral lines provide information on where to find specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. 24-hour hotlines offer information or assistance during a crisis.

Art by Tammy

Las líneas de Información y Referencia proveen información sobre donde Ud. puede encontrar servicios específicos o contesta preguntas relacionadas con el VIH y otros temas de la salud. Las llamadas son gratuitas y anónimas. La línea de ayuda de 24 horas ofrece información o asistencia durante una crisis.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **211 Texas/United Way Helpline** | 2-1-1 | Texas Gulf Coast | All, Free, Esp | 145 |
| **AHCH HIV/AIDS Community Resource Hotline** | (713) 864-1795 | ALL | All, Free | 92 |
| **AIDS Clinical Trials Information Svc.** | (800) HIV-0440 | NATIONAL | All, Free | 92 |
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AIDSInfo** | (800) 448-0440 | NATIONAL | All, Free | 92 |
| **AIDS Foundation Houston Focus on Youth** | (713) 623-6796 | (C) | Y (ages 13-18), Free | 89 |
| **AIDS Foundation Houston Positive Link** | (713) 623-6796 | (C) | **HIV+ only**, W, C (ages 0-12), Y (ages 13-24), Free, Walk-ins | 90 |
| **Ask Your Nurse Helpline (HCHD)** | (713) 663-2255 | ALL | All, Free, Esp | 111 |
| **Bay Area Council on Drugs and Alcohol** | (281) 212-2900 | (SE) Clear Lake | All, CD | 94 |
| **Bay Area Turning Point** | (281) 286-2525 | (SE) Webster | All, Free | 94 |
| **Bridge Over Troubled Waters, Inc.** | (713) 472-0753 | (SE) Pasadena | | 98 |
| **Health Information Hotline (CDC)** | (800) CDC-INFO | National | All, Free | 117 |
| **The Center for AIDS Information & Advocacy** | (713) 527-8219 | (C) Montrose | All, Free, Esp | 100 |
| **Cremation Service International** | (713) 692-5555 | (N) Northside | All, Walk-ins | 103 |
| **Crisis Intervention of Houston** | (713) 527-9864 | ALL | All, Free, Esp | 103 |
| **FamilyTime Crisis and Counseling Center** | (281) 446-2615 | (N) Humble | All, Free, S$, Appt req (Walk ins-crisis only) | 105 |
| **Gay & Lesbian Switchboard of Houston** | (713) 529-3211 | (C) Montrose | All, Free | 108 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |

# Information & Hotlines / *Información y Línea Telefónica de Ayuda*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (NW) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (N) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **HDHHS Bureau of HIV/STD & Viral Hepatitis Prevention** | (713) 794-9092 | (C) Astrodome/ S. Loop | All | 119 |
| **Houston Area Women's Center** | (713) 528-6798 | (C) Montrose | All, Free, Esp | 118 |
| **Houston Compass** | (713) 229-8319 | (C) Midtown | All, Free | 118 |
| **InnerWisdom Counseling Center** | (713) 592-9292 | (C) Med Center | All, Esp | 120 |
| **New Horizon Family Center** | (281) 424-3300 | (E) Baytown | All, Free, Esp | 129 |
| **PFLAG Houston** | (713) 46P-FLAG | (C) Hermann Park | All, Free | 132 |
| **Ryan White Planning Council** | (713) 572-3724 | (C) Galleria/Post Oak | All, Free | 134 |
| **Southeast Texas Legal Clinic** | (713) 523-7852 | (C) Montrose | All, Free, Esp | 138 |
| **Texas Community Transitional Center** | (832) 527-8740 | (N) | **HIV+** men only, CD | 142 |
| **Texas DFPS Abuse & Neglect Reporting** | (800) 252-5400 | (C) Harrisburg | All, Free, Esp | 143 |
| **Texas DFPS Child Care Information** | (800) 862-5252 | ALL | All, Free | 143 |
| **Texas DFPS Runaway Hotline** | (888) 580-HELP | ALL | All, Free, Esp | 143 |
| **Texas DFPS Youth Hotline** | (800) 210-2278 | ALL | All, Free, Esp | 143 |
| **Texas Health and Human Svcs** | 2-1-1 | ALL | All, Free, Esp | 143 |

Art by Gary

# Insurance / *Segura Médico*

Many HIV infected persons are not fortunate enough to have private medical insurance. And, sadly, many others lose their insurance because they cannot afford the premiums. The agencies listed below may be able to help pay your insurance premiums and will answer your questions about COBRA benefits and keeping your insurance.

Muchas personas infectadas con el VIH no tienen acceso a un seguro privado de salud. Lamentablemente, muchas otras lo pierden por no poder pagar las cuotas. Las agencias mencionadas aquí quizás le puedan ayudar a pagar las primas del seguro médico y responder a preguntas sobre sus beneficios de COBRA.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Legacy Medication & Insurance Assistance** | (713) 574-9709 | (C) Greenway Plaza | M, W, Appt req, **HIV+ only** | 124 |

# Legal Services
# *Servicios Legales y Defensa Pública*

Free or very low cost legal services are available to HIV+ individuals living in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians ("living wills") and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Civil and criminal matters generally are not.

Art by Raphael

Existen servicios legales gratuitos o a bajo costo para personas VIH+ viviendo en Houston. Uno de los servicios más importantes es el de ayudar a completar documentos, así como testamentos, poder notarial, orden a médicos, y arreglos para funerales. A nadie le gusta pensar en estos documentos cuando uno se siente bien, pero esta preparación anticipada puede prevenir confusión y angustia. También existen otros tipos de asistencia legal, así como temas familiares, obteniendo beneficios por incapacidad, discriminación e inmigración. Generalmente, no se asiste en casos civiles y criminales.

## LEGAL SERVICES / SERVICIOS LEGALES

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Houston Lawyer Referral Service, Inc.** | (713) 237-9429 | (C) Downtown | M, W, S$, Esp | 119 |
| **Houston Volunteer Lawyers AIDS Project** | (713) 228-0735 | (C) Downtown | All, Families, Free, **HIV+ only**, Filing fees, Esp | 120 |
| **Lone Star Legal Aid - Beaumont** | (409) 835-4971 | (E) Beaumont | All, Free, Appt/Walk-in | 125 |
| **Lone Star Legal Aid - Bryan** | (979) 775-5050 | (NW) Bryan | All, Free, Appt/Walk-in | 125 |
| **Lone Star Legal Aid - Angleton** | (979) 849-6464 | (S) Angleton | All, Free, Appt/Walk-in | 125 |
| **Lone Star Legal Aid - Belleville** | (979) 865-9133 | (W) Bellville | All, Free, Appt/Walk-in | 125 |
| **Lone Star Legal Aid - Galveston** | (409) 763-0381 | (SE) Galveston | All, Free, Appt/Walk-in | 125 |
| **Lone Star Legal Aid - Houston** | (713) 652-5911 | (C) Downtown | All, Free, Appt/Walk-in | 125 |
| **NAACP - Legal Redress Clinic** | (713) 526-3389 | (C) Third Ward | All, Free, Appt req, **HIV+ only**, Esp. | 129 |
| **New Horizon Family Center** | (281) 422-2292 | (E) Baytown | W, C, Y, Free, Appt req, Lim, Esp | 129 |
| **Southeast Texas Legal Clinic** | (713) 523-7852 | (C) Montrose | All, Families, Walk-ins, Free, **HIV+ only**, Esp | 138 |

# Legal Services / *Servicios Legales y Defensa Pública*

## ADVOCACY / DEFENSA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Advocacy, Inc.** | (713) 974-7691 | (C) Midtown | CD, Appt req, Families, Free | 87 |
| **Aid to Victims of Domestic Abuse** | (713) 224-9911 | (C) Downtown | Adults, Families, S$, Walk-ins, Esp | 87 |
| **Houston Volunteer Lawyers AIDS Project** | (713) 228-0735 | (C) Downtown | All, Families, Free, **HIV+ only**, Filing fees, Esp | 120 |
| **NAACP Legal Redress Clinic** | (713) 526-3389 | (C) Third Ward | All, Free, Appt req, **HIV+ only**, Esp | 129 |
| **Southeast Texas Legal Clinic** | (713) 523-7852 | (C) Montrose | All, Families, Walk-ins, Free, **HIV+ only**, Esp | 138 |

## IMMIGRATION / INMIGRACIÓN

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Alliance for Multicultural Community Services** | (713) 776-4700 | (SW) Sharpstown | **HIV+ only**, Immigrants/Refugees, Free, Appt required, Referral required, Lim, Esp | 92 |

# Medical Equipment / *Equipo Médico*

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **Care Group of Texas** | (713) 383-2100 | (C) Astrodome/ S. Loop | All, Med, Ins, Workers comp, Managed care, Esp | 98 |
| **Claude's Pharmacy** | (281) 447-7648 | (NW) Acres Home | M, W, Med, Walk-ins, Esp | 101 |
| **Medco Medical Supply, Inc.** | (713) 956-5288 | (NW) Cy-Fair | All, Med, Ins, Esp | 126 |
| **South Side Pharmacy** | (713) 660-8890 | (C) Braeswood | All | 138 |

# Mental Health Services / *Servicios de Salud Mental*

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual counseling is available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income. Many hospitals and clinics also provide psychiatric care.

NOTE: The Texas Department of Family and Protective Services has a 24-hour toll free hotline to report abuse, neglect or exploitation in Mental Health/ Mental Retardation facilities in Texas: (800) 647-7418.

**Please see page 75 for Support Group listings**

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda profesional para enfrentar estos sentimientos. Se dispone de consejería individual para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente. Muchos hospitales y clínicas también proveen cuidado psiquiátrico.

TOME EN CUENTA: El Servicio a la Familia y de Protección del Departamento de Texas tiene una Línea de Ayuda Telefónica disponible las 24 horas del día donde usted puede llamar gratuitamente a reportar abuso, negligencia o explotación en instalaciones o centros de Salud Mental/Retraso Mental en Texas: (800) 647-7418.

**Consulte la página 75 para la lista de Grupos de Apoyo**

# Mental Health Services / *Servicios de Salud Mental*

## COUNSELING / CONSEJERÍA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **3 "A" Bereavement Foundation (3ABF)** | (713) 649-3232 | (SE) OST/ South Union | All, Income-based eligibility, Free | 87 |
| **Bering Support Network** | (713) 526-1017 Ext 206 | (C) Montrose | M, W, Families, Flat fee, Free, Infected/affected | 97 |
| **Centerpointe Counseling Services, Inc.** | (713) 528-7007 | (C) Midtown | M, W, Y, C (6-12), S$, Med, Appt req, CD | 100 |
| **Chews Wellness Incorporated Marriage and Single Relationships Education** | (713) 742-0200 | (N) Northside | M, W, Fam, Free, Appt Req, Call for intake | 100 |
| **Chews Wellness Incorporated Project Youth and Family Matter** | (713) 742-0200 | (N) Northside | Appt req, call for intake | 100 |
| **Compass Counseling Solutions, Inc.** | (281) 807-9252 | (NW) Champions | All, Medicaid, Ins, Call for intake, Esp | 102 |
| **DePelchin Children's Center** | (713) 730-2335 | (E) Baytown | C, Y (ages 13 - 18), Appt req, S$, Med, Ins, CHIP | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (W) Brookshire | C, Y (ages 13-18), Appt req, S$, Med, Ins | 104 |
| **DePelchin Children's Center** | (713) 730-2335 | (SE) Clear Lake | C, Y (ages 13 - 18), Appt req, Med, Ins, CHIP, S$ | 104 |
| **DePelchin Children's Center** | (713) 730-2335 | (C) Memorial Park | C, Y (ages 13 - 18), S$, Med, Ins, CHIP, Appt req | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (SW) Stafford | C, Y (ages 13 - 18), S$, Med, Ins, CHIP | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (N) Woodlands | C, Y (ages 13 - 18), S$, Med, CHIP, Appt req, Ins | 104 |
| **FamilyTime Crisis and Counseling Center** | (281) 446-2615 | (N) Humble | All, Free, S$, Appt req (Walk ins-crisis only) | 105 |
| **Ft. Bend County Women's Center** | (281) 342-4357 | (SW) Rosenberg | M, W, Y (ages 13 - 24), Free, Appt/Walk-ins, Esp | 106 |
| **Good Shepherd Mission Counseling Center** | (936) 291-8156 | (N) Huntsville | All, Free, Walk-ins, CD | 108 |
| **Gulf Coast Center, The** | (409) 763-2373 | (S) Alvin | All, S$, Appt req, CD, Esp | 108 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Medicaid, Medicare, **HIV+ only**, Appt Req, Walk-ins, Esp, gold card | 113 |
| **HACS - Impact Mental Health Counseling** | (713) 526-0555 | (C) Greenway Plaza | M, W, All, Free, **HIV+ only**, MH diagnosis, African American, Hispanic, Esp | 117 |
| **Houston Area Women's Center** | (713) 528-6798 | (C) Montrose | W, C, Y, Free, Esp | 118 |
| **Inner Door Counseling and Rehabilitation Center** | (713) 278-8870 | (SW) Sharpstown | All, CD, S$, Ins, Med, Walk-ins | 120 |
| **InnerWisdom Counseling Center** | (713) 592-9292 | (C) Medical Center | M, W, All, Med, S$, Self pay, Walk-ins, Esp | 120 |
| **InnerWisdom Wellness Center** | (713) 592-9294 | (C) Medical Center | M, W, All, S$, Med, Appt req, Esp | 120 |
| **Jewish Family Service** | (713) 667-9336 | (C) Meyerland | M, W, All, S$, Appt req | 122 |
| **Legacy CHS Professional Mental Health Counseling** | (713) 830-3000 | (C) Montrose | M, W, S$, Flat fee, Appt Req | 123 |

# Mental Health Services / *Servicios de Salud Mental*

## COUNSELING / CONSEJERÍA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Legacy CHS Psychiatric Services** | (713) 830-3000 | (C) Montrose | M, W, Y, All, Med | 123 |
| **Medcare Pediatric Group** | (713) 773-5100 | (E) Channelview | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5120 | (N) Spring | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (SW) Stafford | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Montrose Counseling Center, Inc.** | (713) 529-0037 | (C) Montrose | M, W, Families, I/RR, Free, Walk-ins, **HIV+ only**, CD | 128 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **New Horizon Family Center** | (281) 424-3300 | (E) Baytown | W, C, Y, All, Free, Appt req, Lim, Esp | 129 |
| **Northshore Counseling Center** | (713) 637-6000 | (E) Northshore | All, Med, Private pay, Ins | 129 |
| **Pet Bereavement Counseling Services** | (713) 522-8344 | (C) Greenway | All, Appt req | 132 |
| **St. Hope Foundation** | (713) 778-1300 | (SW) Sharpstown | All, I/RR, Free, Appt/Walk-ins, Esp, **HIV+ only** | 139 |
| **Texas DFPS Report Abuse in MHMR Facilities** | (800) 647-7418 | Statewide | All, Free | 143 |
| **Texas DFPS Runaway Hotline** | (888) 580-HELP | Statewide | C, Y, Families, Free, Esp | 143 |
| **Texas DFPS Youth Hotline** | (800) 210-2278 | Statewide | C, Y, Families, Free, Esp | 143 |
| **Texas Prevention Network** | (713) 981-6063 | (SW) Fondren Southwest | All, S$, Flat fee, Appt/Walk-in, Referral Req, Call for intake | 144 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |
| **Unlimited Visions Aftercare Inc.** | (713) 921-2276 | (C) Harrisburg | M, W, S$, Appt req, CD, TCADA, Esp | 146 |
| **UT Substance Abuse Research Center** | (713) 500-2800 | (C) Medical Center | M, W, Free, Appt/Walk-ins, CD | 146 |

## INPATIENT TREATMENT / TRATAMIENTO PACIENTES INTERNOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **DAPA - Acute Inpatient Program (AIP)** | (713) 783-8889 | (C) Medical Center | M, W, Families, CD, I/RR | 103 |

## OUTPATIENT TREATMENT / TRATAMIENTO PACIENTES EXTERNOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **DAPA - Partial Hospital Program** | (713) 783-8889 | (NW) Fairbanks/ NW Crossing | M, W, Families, CD, I/RR Walk-ins, CD, Esp | 103 |

# Miscellaneous Services / *Servicios Misceláneos*

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.

Art by Gary

Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Art League of Houston - Healing Art Group** | (713) 523-9530 | (C) Montrose | All, Free, Walk-ins, Call for class location | 93 |
| **Casa de Esperanza de los Ninos, Inc.** | (713) 529-0639 | (C) Museum District | C, Free, Esp | 99 |
| **Center for AIDS, The** | (713) 527-8219 | (C) Montrose | All, Free, Esp | 100 |
| **Coalition for the Homeless of Houston/Harris County** | (713) 739-7514 | (C) Downtown | | 101 |
| **Houston Community Voice Mail (Coalition for the Homeless)** | (713) 739-7514 | (C) Downtown | All, Free, Call for intake | 101 |
| **Houston Compass, Inc.** | (713) 229-8319 | (C) Midtown | All, Free, First come-first served | 118 |
| **Houston Humane Society Burnie's Buddies** | (713) 433-6421 | (S) | **HIV+ only**, Free, Referral Req, Esp | 119 |
| **Houston Humane Society Paw Prints** | (713) 433-6421 | (S) | **HIV+ only**, Flat Fee, Appt Req, Esp | 119 |
| **International Language Associates** | (713) 206-0910 | Not applicable | All, Flat fee, Appt req | 121 |
| **LIVE Consortium** | (713) 861-5483 | (C) Midtown | | 124 |
| **Methodist Children's Home** | (713) 682-8911 | (NW) Oak Forest/ Garden Oaks | S$, Appt Req, CD | 127 |
| **PAWS Houston** | (713) 840-7297 | (C) Galleria/Post Oak | All, Free, S$, Lim | 131 |
| **Pet Bereavement Counseling Services** | (713) 522-8344 | (C) Greenway/Kirby | All, Appt req | 132 |
| **Pet Patrol** | (281) 733-7696 | Inside Beltway 8 | All (low income and disabled), Free, Appt Req, Call for intake | 132 |
| **Ryan White Planning Council** | (713) 572-3724 | (C) Galleria/Post Oak | All, Free | 134 |
| **SER Jobs for Progress of the TX Gulf Coast Hurricane IKE Disaster Relief Program** | (713) 773-6000 | (C) Near Northside | All ages, Free, Affected by Hurricane Ike | 136 |
| **Sign Language Accessible Interpreters** | (713) 263-9670 | ALL | All, Flat fee | 137 |
| **Sign Shares** | (713) 869-4373 | (C) | All, Flat fee, DARS DHHS funding available | 137 |
| **SNAP - Animal Aid Program Spay/Neuter & Wellness Clinic** | (713) 862-3863 | (C) Heights | Free or low cost, Appt req, Esp | 139 |
| **SNAP - Spay-Neuter Mobile Program** | (713) 522-2337 | Various | Free or low cost, First come-first served | 139 |
| **Texas DFPS Abuse, Neglect & Exploitation Reporting System** | (800) 252-5400 | Statewide | All, Free, Esp | 143 |
| **Thomas Street Patient Advisory Council** | (713) 873-4000 | (C) Near Northside | All, Free | 113 |

# Nutrition & Wellness / *Nutrición y Bienestar*

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also the impact of mental, emotional and spiritual issues. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your health.

El bienestar es el concepto de mantener la salud completa de una persona, no solamente considera el aspecto físico, sino también el mental, emocional y espiritual. Una buena nutrición es una parte importante del bienestar. Hay muchas clases gratuitas donde Ud. puede aprender más sobre como mejorar su salud.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AIDS Foundation Houston - Stone Soup** | (713) 623-6797 | (C) | **HIV+ only** | 91 |
| **Chews Wellness Incorporated** | (832) 279-9201 | (N) Northside | Appt req, call for intake | 100 |
| **Combined Community Action** | (979) 540-2990 | (NW) Giddings | M, W, Fam, Free, Appt/Walk-ins, Lim, Private pay | 101 |
| **Harmony Health Recovery Center** | (713) 237-1765 | (C) Memorial/ Washington | M only, Free, Lim, CD, Homeless & TB | 111 |
| **HCHD - Aldine Health Center** | (281) 985-7600 | (NE) Aldine | Fam, All, Free, S$, Med, Walk-ins | 111 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, **HIV+ only**, Gold card, Esp | 113 |
| **Harris Co. PHES-Chronic Disease Prevention** | (713) 439-6141 | (C) Galleria/ Post Oak | M, W, Free, Lim, Esp | 115 |
| **Harris Co. PHES-Tobacco Prevention & Cessation Program** | (713) 439-6115 | (C) Galleria/ Post Oak | All, Free, Esp | 116 |
| **Harris Co. PHES Antoine WIC Center** | (713) 407-5800 | (N) Inwood Forest | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Baytown WIC Center** | (713) 407-5800 | (W) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Bear Creek WIC Center** | (713) 407-5800 | (W) Bear Creek | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Decker Drive WIC Center** | (713) 407-5800 | (SE) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Emerald Plaza WIC Center** | (713) 407-5800 | (NW) | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Humble WIC Center** | (713) 407-5800 | (NE) Humble | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Pasadena WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Red Oak WIC Center** | (713) 407-5800 | (N) Bammel | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Scarsdale WIC Center** | (713) 407-5800 | (SE) Ellington/ S. Belt | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES South Houston WIC Center** | (713) 407-5800 | (SE) South Houston | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Southeast WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Tomball WIC Center** | (713) 407-5800 | (NW) Tomball | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Houston Buyers Club** | (713) 520-5288 | (C) Montrose | M, W, Free, Walk-ins | 118 |

## Nutrition & Wellness / *Nutrición y Bienestar*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **InnerWisdom Counseling Center** | (713) 592-9292 | (C) Medical Center | M, W, Fam, All, Med, S$, Self pay, Walk-ins, Esp | 120 |
| **InnerWisdom Wellness Center** | (713) 592-9294 | (C) Medical Center | M, W, All, S$, Med, Appt req, Esp. | 120 |
| **Lazarus House: A Center for Wellness** | (713) 526-5071 | (C) Midtown | All, Flat fee, Limited scholarships | 122 |
| **Legacy CHS - Body Positive Wellness Program** | (713) 830-3033 | (C) Montrose | Y, M, W, Free, S$, Med, Appt req, Lim, Esp | 124 |
| **LIVE Consortium** | (713) 861-5483 | (C) Midtown | | 124 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All ages, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |

## Pharmacies / *Farmacias*

All of the pharmacies listed below accept Texas HIV Medication Program (THMP also known as ADAP) assignments as of June 9, 2009 (also see RESOURCES EVERYBODY SHOULD KNOW ABOUT).

Please go to www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm for the most up-to-date information.

Todas las farmacias enlistadas abajo aceptan el Programa de Medicamentos VIH de Texas (THMP, también conocida como ADAP) asignadas a partir del 9 de junio de 2009 (también vea RECURSOS QUE TODOS DEBEN DE SABER)

Favor diríjase a www.dshs.state,tx.us/hivstd/meds/pharmacy.shtm para más información al corriente.

| Pharmacy Name<br>Nombre de Farmacia | Phone<br>Teléfono | Address<br>Dirección | City<br>Ciudad | Zip Code<br>Código Postal |
|---|---|---|---|---|
| CVS Pharmacy #5968 | (713) 982-5527 | 402 Gray Street | Houston | 77002 |
| Harris Co Sheriff's Dept-Clinic Pharmacy | (713) 755-6722 | 1200 Baker Street | Houston | 77002 |
| Medical Plaza Pharmacy | (713) 654-4137 | 2101 Crawford, Suite 101 | Houston | 77002 |
| St. Joseph Professional Pharmacy | (713) 659-3030 | 2000 Crawford, Suite 104 | Houston | 77002 |
| Amex Pharmacy | (713) 237-9301 | 3030 Canal Street | Houston | 77003 |
| Memorial Compounding Pharmacy | (713) 523-7847 | 2918 San Jacinto Street | Houston | 77004 |
| Park Plaza Pharmacy | (713) 524-2828 | 1213 Hermann Drive, Suite 140 | Houston | 77004 |
| CVS Pharmacy #7479 | (713) 522-3983 | 6011 Kirby Drive | Houston | 77005 |
| CVS Pharmacy #7162 | (713) 807-8491 | 1003 Richmond Avenue | Houston | 77006 |
| Kroger Pharmacy #243 | (713) 526-1239 | 3300 Montrose Blvd. | Houston | 77006 |
| Total Pharmacy & Compounding Service | (713) 528-6337 | 5020 Montrose Blvd., Suite 105 | Houston | 77006 |
| Walgreen's Pharmacy #10020 | (713) 524-3494 | 215 Westheimer Road | Houston | 77006 |
| Walgreen's Pharmacy #3157 | (713) 520-7777 | 3317 Montrose Blvd. | Houston | 77006 |
| Target Pharmacy T-2093 | (713) 331-0377 | 2580 Shearn Street | Houston | 77007 |
| Heights-Studewood Pharmacy | (713) 869-2225 | 427 W 20th Street, #105 | Houston | 77008 |
| Studewood Pharmacy | (713) 869-3487 | 1407 Studewood Street | Houston | 77008 |
| Thomas Street Health Center Pharmacy | (713) 873-4125 | 2015 Thomas Street | Houston | 77009 |
| Best Pharmacy | (713) 451-0200 | 902 Normandy Street, Suite 200 | Houston | 77015 |
| J & J Pharmacy | (713) 330-4400 | 13415 Woodforest Blvd., Suite F | Houston | 77015 |

# Pharmacies / *Farmacias*

| Pharmacy Name<br>Nombre de Farmacia | Phone<br>Teléfono | Address<br>Dirección | City<br>Ciudad | Zip Code<br>Código Postal |
|---|---|---|---|---|
| Wallis Pharmacy | (281) 457-3838 | 5620 E Sam Houston Pkwy N | Houston | 77015 |
| Northwood Pharmacy | (713) 633-3600 | 9999 Homestead Road | Houston | 77016 |
| Azteca Pharmacy | (713) 644-3600 | 3100 Broadway Street, Suite 105F | Houston | 77017 |
| CVS Pharmacy #5910 | (713) 884-4040 | 4150 N Shepherd Drive | Houston | 77018 |
| Northwest Health Center Pharmacy | (713) 867-7840 | 1100 W 34th Street | Houston | 77018 |
| Walgreen's Pharmacy #3735 | (713) 526-3621 | 1919 W Gray Street | Houston | 77019 |
| Parkhill Pharmacy | (713) 675-2101 | 4120 Lyons Avenue, Suite 200 | Houston | 77020 |
| Cullen Care Pharmacy | (713) 747-2100 | 5751 Blythewood Street, Suite 300 | Houston | 77021 |
| Rx Med Pharmacy | (713) 697-1600 | 712 E Tidwell Road, Suite C | Houston | 77022 |
| The Medicine Shoppe #1475 | (713) 923-1621 | 900 S Wayside Drive, Suite 400A | Houston | 77023 |
| CVS Pharmacy #6726 | (713) 957-7500 | 8201 Katy Freeway | Houston | 77024 |
| Target Pharmacy T-1435 | (713) 300-0228 | 984 Gessner Road | Houston | 77024 |
| Walgreen's Pharmacy #11751 | (713) 468-4040 | 909 Frostwood, Suite 150 | Houston | 77024 |
| Walgreen's Pharmacy #11752 | (713) 827-0146 | 915 Gessner Road, Suite 200 | Houston | 77024 |
| Target Pharmacy T-1336 | (713) 661-8213 | 8500 Main Street | Houston | 77025 |
| CVS Pharmacy #2988 | (713) 386-1093 | 4755 Westheimer Road | Houston | 77027 |
| Twelve Oaks Pharmacy | (713) 627-2370 | 4126 Southwest Frwy, Suite 100 | Houston | 77027 |
| CarePlus CVS Pharmacy #3159 | (713) 383-0591 | 6622 Fannin Street | Houston | 77030 |
| CVS Pharmacy #5833 | (713) 218-2180 | 2266 W Holcombe Blvd. | Houston | 77030 |
| Southside Pharmacy | (713) 660-8890 | 7700 Main Street, Suite 100 | Houston | 77030 |
| Texas Children's Hospital Pharmacy | (832) 822-3051 | 6701 Fannin Street (3rd Floor) | Houston | 77030 |
| PharmServ RX | (713) 988-0883 | 9250 Bellaire Blvd., Suite B | Houston | 77036 |
| Clinical Care Pharmacy | (281) 272-8700 | 2770 N Sam Houston Pkwy West | Houston | 77038 |
| CVS Pharmacy #6005 | (713) 849-1100 | 7710 Gessner Road | Houston | 77040 |
| Curascript Pharmacy | (832) 251-2160 | 3130 Rogerdale, Suite 160 | Houston | 77042 |
| CVS Pharmacy #3181 | (713) 458-2871 | 11012 Richmond Avenue | Houston | 77042 |
| Jack's Apothecary #2 | (713) 733-7424 | 8109 Cullen Blvd., Suite B | Houston | 77051 |
| Ascensia Nutritional Pharmacy | (713) 665-4400 | 3003 South Loop West, Suite 450 | Houston | 77054 |
| Walgreen's Pharmacy #10847 | (713) 795-4111 | 7400 Fannin Street, #120 | Houston | 77054 |
| CVS Pharmacy #3177 | (713) 961-0874 | 5204 Richmond Avenue | Houston | 77056 |
| CVS Pharmacy #5895 | (713) 243-8050 | 6545 Westheimer Road | Houston | 77057 |
| CVS Pharmacy #7486 | (713) 789-1681 | 6532 San Felipe Road | Houston | 77057 |
| Greenspoint Pharmacy | (281) 872-4177 | 165 Greens Road | Houston | 77060 |
| Target Pharmacy T-2139 | (713) 331-0374 | 8605 Westheimer Road | Houston | 77063 |
| CVS Pharmacy #4983 | (281) 517-7257 | 11600 FM 1960 West | Houston | 77065 |
| Target Pharmacy T-2144 | (281) 949-2220 | 12701 FM 1960 West | Houston | 77065 |
| CVS Pharmacy #5838 | (281) 880-1092 | 3140 FM 1960 West | Houston | 77068 |
| Target Pharmacy T-2066 | (281) 716-1106 | 6801 FM 1960 West | Houston | 77069 |
| Brookfield Pharmacy | (281) 807-5544 | 18720-A Tomball Pkwy. | Houston | 77070 |
| CVS Pharmacy #4456 | (281) 517-5691 | 12234 Jones Road | Houston | 77070 |
| Scripts for Life | (832) 912-7400 | 11902 Jones Road, Suite P | Houston | 77070 |

# Pharmacies / *Farmacias*

| Pharmacy Name<br>Nombre de Farmacia | Phone<br>Teléfono | Address<br>Dirección | City<br>Ciudad | Zip Code<br>Código Postal |
|---|---|---|---|---|
| Target Pharmacy T-1124 | (281) 379-2861 | 21515 Tomball Pkwy. | Houston | 77070 |
| CVS Pharmacy #5320 | (713) 596-2165 | 8550 West Airport | Houston | 77071 |
| CVS Pharmacy #3176 | (713) 771-6652 | 7102 Beechnut | Houston | 77074 |
| Empirical Pharmacy | (713) 991-0072 | 9715 Telephone Road #105 | Houston | 77075 |
| CVS Pharmacy #1753 | (281) 368-1600 | 15010 Memorial Drive | Houston | 77079 |
| CVS Pharmacy #3006 | (713) 722-1491 | 9455 Hammerly Blvd. | Houston | 77080 |
| Healthco Pharmacy | (713) 218-6337 | 5730 Chimney Rock Road | Houston | 77081 |
| CVS Pharmacy #4427 | (281) 749-8863 | 12585 Richmond Avenue | Houston | 77082 |
| CVS Pharmacy #6001 | (281) 776-3858 | 13555 Beechnut | Houston | 77083 |
| CVS Pharmacy #3178 | (281) 855-5460 | 6079 Hwy 6 North | Houston | 77084 |
| CVS Pharmacy #4706 | (281) 272-7190 | 12601 Tomball Pkwy. | Houston | 77086 |
| NNWood Pharmacy, LLC | (281) 448-8836 | 8240 Antoine Drive #108 | Houston | 77088 |
| Walgreen's Pharmacy #11216 | (281) 481-2434 | 11914 Astoria Blvd., Suite 190 | Houston | 77089 |
| Claude's Pharmacy | (281) 447-7648 | 5740 W. Little York | Houston | 77091 |
| CVS Pharmacy #3190 | (281) 859-6667 | 9101 Hwy 6 North | Houston | 77095 |
| Target Pharmacy T-1975 | (713) 292-0031 | 300 Meyerland Plaza Mall | Houston | 77096 |
| BioScrip Pharmacy #4008 | (713) 521-1700 | 4101 Greenbriar, Suite 235 | Houston | 77098 |
| CVS Pharmacy #5882 | (281) 776-3874 | 10902 Bissonnet | Houston | 77099 |
| CVS Pharmacy #6741 | (936) 539-1849 | 910 West Davis | Conroe | 77301 |
| Lifechek Drug #28 | (936) 539-2812 | 3000 W Davis, Suite 4 | Conroe | 77303 |
| Target Pharmacy T-1457 | (281) 540-2126 | 20777 Hwy 59 North | Humble | 77338 |
| Randall's Pharmacy #1776 | (281) 358-0011 | 600 Kingwood Drive | Kingwood | 77339 |
| Brookshire Brothers Pharmacy #33 | (936) 435-1234 | 2601 11th Street | Huntsville | 77340 |
| UTMB CMC Dept. of Pharmacy | (936) 437-5300 | 2400 Avenue I | Huntsville | 77340 |
| CVS Pharmacy #5328 | (281) 812-5472 | 5440 Atascocita Road | Humble | 77346 |
| Target Pharmacy T-2389 | (281) 318-2238 | 6931 FM 1960 Road E | Atascocita | 77346 |
| Magnolia Pharmacy | (281) 356-9089 | 18230 FM 1488, Suite 100 | Magnolia | 77354 |
| CVS Pharmacy #5977 | (281) 288-1561 | 24802 Aldine Westfield | Spring | 77373 |
| Walgreen's Pharmacy #3424 | (281) 350-5311 | 23110 Aldine Westfield | Spring | 77373 |
| CVS Pharmacy #5906 | (281) 255-4020 | 24203 Tomball Parkway | Tomball | 77375 |
| Gloyer's Pharmacy | (281) 351-5454 | 1010 West Main Street | Tomball | 77375 |
| Klein's Discount Pharmacy | (281) 351-4961 | 1200 West Main Street | Tomball | 77375 |
| Target Pharmacy T-1904 | (281) 255-6289 | 14302 FM 2920 Road | Tomball | 77377 |
| CVS Pharmacy #3005 | (281) 257-7894 | 6945 Cypresswood Drive | Spring | 77379 |
| CVS Pharmacy #8335 | (281) 257-4320 | 8754 Spring Cypress | Spring | 77379 |
| Target Pharmacy T-0684 | (281) 419-6944 | 1100 Lake Woodlands Drive | The Woodlands | 77380 |
| Kroger Pharmacy #732 | (281) 419-1137 | 8000 Research Forest Dr., Suite 300 | The Woodlands | 77382 |
| Kroger Pharmacy #373 | (832) 813-0410 | 2301 Rayford Road | Spring | 77386 |
| Target Pharmacy T-1458 | (281) 288-5018 | 19511 I-45 North | Spring | 77388 |
| CVS Pharmacy #5273 | (713) 218-2291 | 5430 Bissonnet Street | Bellaire | 77401 |
| Target Pharmacy T-1894 | (281) 256-8102 | 25901 Hwy 290 | Cypress | 77429 |

# Pharmacies / *Farmacias*

| Pharmacy Name<br>Nombre de Farmacia | Phone<br>Teléfono | Address<br>Dirección | City<br>Ciudad | Zip Code<br>Código Postal |
|---|---|---|---|---|
| CVS Pharmacy #3702 | (281) 646-2966 | 3103 N. Fry Road | Katy | 77449 |
| CVS Pharmacy #4474 | (281) 403-2269 | 2781 Dulles Avenue | Missouri City | 77459 |
| Target Pharmacy T-1359 | (281) 403-6584 | 6000 Hwy 6 & Murphy Road | Missouri City | 77459 |
| CVS Pharmacy #3701 | (281) 545-8843 | 1410 Crabb River Road | Richmond | 77469 |
| Ft Bend Family Health Center Pharmacy | (281) 633-3188 | 400 Austin Street | Richmond | 77469 |
| Randall's Pharmacy #2670 | (281) 238-9790 | 1890 FM 359 | Richmond | 77469 |
| CVS Pharmacy #5972 | (281) 232-1830 | 5306 Avenue I | Rosenberg | 77471 |
| Target Pharmacy T-2205 | (281) 232-1241 | 23912 Commercial Drive | Rosenberg | 77471 |
| CVS Pharmacy #8385 | (281) 776-3070 | 12381 W. Bellfort | Meadows Place | 77477 |
| Randall's Pharmacy #1022 | (281) 568-0385 | 1711 W. Bellfort | Stafford | 77477 |
| CVS Pharmacy #5339 | (281) 313-7605 | 1250 Highway 6 | Sugar Land | 77478 |
| CVS Pharmacy #5804 | (281) 988-1952 | 10110 Highway 6 South | Sugar Land | 77478 |
| CVS Pharmacy #5907 | (281) 980-6666 | 16515 Lexington Blvd. | Sugar Land | 77479 |
| Target Pharmacy T-1786 | (281) 340-0565 | 16300 Southwest Freeway | Sugar Land | 77479 |
| Target Pharmacy T-1908 | (281) 392-8385 | 23710 Westheimer Pkwy. | Katy | 77494 |
| ADCO's Pharmacy | (713) 473-9977 | 1501 Main Street | Pasadena | 77502 |
| CVS Pharmacy #3173 | (713) 378-2851 | 3342 Spencer Highway | Pasadena | 77504 |
| CVS Pharmacy #4383 | (281) 991-2590 | 5610 Spencer Highway | Pasadena | 77505 |
| Target Pharmacy T-1396 | (281) 504-0144 | 5757 Fairmont Pkwy. | Pasadena | 77505 |
| Sullivan Pharmacy, Inc. | (281) 339-4577 | 1140 Grand Avenue | Bacliff | 77518 |
| CVS Pharmacy #5388 | (281) 427-6156 | 3923 Garth Road | Baytown | 77521 |
| Target Pharmacy T-0887 | (281) 421-5153 | 4510 Garth Road | Baytown | 77521 |
| CVS Pharmacy #3699 | (281) 476-3463 | 3505 Center Street | Deer Park | 77536 |
| Target Pharmacy T-2320 | (281) 534-5421 | 1801 Gulf Freeway | Dickinson | 77539 |
| Target Pharmacy T-1535 | (409) 740-0876 | 6128 Broadway Street | Galveston | 77551 |
| Target Pharmacy T-1377 | (281) 538-7957 | 255 FM 2094 | Clear Lake Shores | 77565 |
| Randall's Pharmacy #2674 | (979) 297-0004 | 604 Hwy 332 | Lake Jackson | 77566 |
| The Medicine Shoppe #1145 | (281) 471-1241 | 800 S. Broadway | La Porte | 77571 |
| CVS Pharmacy #5971 | (281) 338-4010 | 102 W. Main Street | League City | 77573 |
| CVS Pharmacy #7094 | (281) 538-2416 | 3013 Marina Bay Drive | League City | 77573 |
| Kroger Pharmacy #264 | (281) 485-1323 | 3245 FM 518 | Pearland | 77581 |
| CVS Pharmacy #5807 | (713) 436-8151 | 9522 Broadway Street | Pearland | 77584 |
| CVS Pharmacy #7120 | (713) 436-8250 | 11600 Shadow Creek | Pearland | 77584 |
| Kroger Pharmacy #308 | (281) 669-1250 | 11003 Shadow Creek | Pearland | 77584 |
| Target Pharmacy T-1459 | (713) 436-2516 | 3045 Silverlake Village Drive | Pearland | 77584 |
| Target Pharmacy T-1837 | (281) 819-4117 | 1801 W Bay Area Blvd | Webster | 77598 |
| Target Pharmacy T-1877 | (409) 729-3379 | 3100 Hwy 365, Suite 90 | Port Arthur | 77642 |
| Corner Pharmacy | (409) 842-3222 | 3570 Fannett Road | Beaumont | 77705 |
| CVS Pharmacy #1108 | (409) 832-8001 | 3890 Phelan Blvd | Beaumont | 77707 |
| Target Pharmacy T-0158 | (409) 898-1584 | 5850 Eastex Freeway | Beaumont | 77708 |

# Prescription Assistance
## *Asistencia para Prescripciones Médicas*

The following local agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (second list below). Be aware that each manufacturer has its own eligibility rules and you will need your doctor's help applying. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (la segunda lista). Cada compañía tiene sus propios criterios de elegibilidad y necesitará la ayuda de su médico para solicitar esta asistencia. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **DSHS Texas HIV Medication Program (ADAP)** | (800) 255-1090 | Statewide | Free, **HIV+ only**, Restrictions apply | 144 |
| **GCCSA - Gulf Coast Community Svcs Assoc.** | (713) 393-4700 | (C) Lawndale | All, Free (income guidelines), Appt/Walk-ins, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - J.D. Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - J.W. Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income guidelines), Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (N) Tomball | All, Free (income guidelines), Appt/Walk-ins, Esp | 110 |
| **Helping Others Foundation for Cancer and AIDS Awareness** | (225) 620-4909 | All | All, Free, **HIV+ only** | 117 |
| **Humble Area Assistance Ministries** | (281) 446-3663 | (N) Humble | All, Families, Free, Walk-ins | 120 |
| **Legacy CHS Medication & Insurance Assistance** | (713) 574-9709 | (C) Greenway Plaza | M, W, **HIV+ only**, Appt Req | 124 |
| **Love INC (In the Name of Christ)** | (281) 422-5683 | (E) Highlands | All, Free | 125 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | **HIV+ only**, Free, S$, Appt Req, UTMB affiliate, Esp | 144 |

# Pharmaceutical Companies Medication Assistance Programs
## *Compañías Farmacéuticas Programas de Ayuda de Medicamentos*

| DRUG NAME | PHONE | MANUFACTURER |
|---|---|---|
| **ANTIRETROVIRAL** | | |
| **Abacavir (Ziagen)** | 1-866-728-4368 | GlaxoSmithKline |
| **Amprenavir (Agenerase)** | 1-866-728-4368 | GlaxoSmithKline |
| **AZT (see Zidovudine)** | | |
| **Combivir (lamivudine/zidovudine)** | 1-866-728-4368 | GlaxoSmithKline |
| **Delavirdine (Rescriptor)** | 1-888-327-7787 | Pfizer, Inc. |
| **Efavirenz (Sustiva)** | 1-800- 736-0003, opt 2 | Bristol-Myers Squibb |
| **Indinavir (Crixivan)** | 1-800-850-3430 | Merck & Co. |
| **Kaletra (lopinavir/ritonavir)** | 1-800-222-6885, opt 2 | Abbott Laboratories |
| **Lamivudine (Epivir, 3TC)** | 1-866-728-4368 | GlaxoSmithKline |
| **Nelfinavir (Viracept)** | 1-800-327-7787 | Pfizer, Inc. |
| **Nevirapine (Viramune)** | 1-800-556-8317 | Boehringer-Ingelheim |
| **Ritonavir (Norvir)** | 1-800-222-6885, opt 2 | Abbott Laboratories |
| **Saquinavir (Invirase)** | 1-866-247-5084 | Roche Pharmaceuticals |
| **Stavudine (Zerit)** | 1-800-736-0003, opt 2 | Bristol-Myers Squibb |
| **Tenofovir (Viread)** | 1-800-226-2056 | Gilead Sciences |
| **Trizivir (Abacavir, Lamivudine, Zidovudine)** | 1-866-728-4368 | GlaxoSmithKline |
| **Zidovudine (Retrovir, AZT)** | 1-866-728-4368 | GlaxoSmithKline |
| **ANTIVIRAL** | | |
| **Acyclovir (Zovirax)** | 1-866-728-4368 | GlaxoSmithKline |
| **Alpha Interferon (Intron A)** | 1-800-521-7157, opt 2 | Schering-Plough |
| **Cidofovir (Vistide)** | 1-800-226-2056 | Gilead Sciences |
| **CMVIg (CytoGam)** | 1-877-633-4411 | MedImmune |
| **Famciclovir (Famvir)** | 1-800-444-4106 | Together Rx Access |
| **Imiquimod (Aldara)** | 1-866-628-6498, opt 2 | Graceway Pharmaceuticals |
| **Pegylated interferon alfa-2b (PEG-Intron)** | 1-800-521-7157 | Schering-Plough |
| **Pegylated interferon alfa 2a (Pegasys)** | 1-800-521-7157, opt 2 | Schering-Plough |
| **Rebetol (Ribavirin)** | 1-800-521-7157, opt 2 | Schering-Plough |
| **Valacyclovir (Valtrex)** | 1-866-728-4368 | GlaxoSmithKline |
| **Valganciclovir (Valcyte)** | 1-866-247-5084 | Roche Pharmaceuticals |
| **ANTIFUNGAL** | | |
| **Amphotericin B (Liposomal)** | 1-800-345-2252 | Enzon |
| **Clotrimazole (Mycelex)** | 1-800-652-6227, opt 1 | Johnson & Johnson |
| **Fluconazole (Diflucan)** | 1-800-707-8990 | Pfizer, Inc. |
| **Itraconazole (Sporonox)** | 1-800-652-6227, opt 1 | Johnson & Johnson |
| **Ketoconazole (Nizoral)** | 1-800-444-4106 | Together Rx Access |
| **ANTIMICROBIAL** | | |
| **Ciprofloxacin (Cipro)** | 1-800-521-7157, opt 2 | Schering-Plough |
| **Clindamycin (Cleocin)** | 1-800-707-8990 | Pfizer, Inc. |

# Pharmaceutical Companies Medication Assistance Programs
## *Compañías Farmacéuticas Programas de Ayuda de Medicamentos*

| DRUG NAME | PHONE | MANUFACTURER |
|---|---|---|
| **ANTIPROTOZOAL** | | |
| **Atovaquone (Mepron)** | 1-866-728-4368 | GlaxoSmithKline |
| **Pyrimethamine (Daraprim)** | 1-866-728-4368 | GlaxoSmithKline |
| **Trimetrexate (NeuTrexin)** | 1 800-887-2467 | Medimmune, Inc. |
| **ANTIBIOTIC/ANTIBACTERIAL** | | |
| **Albendazole (Albenza)** | 1-866-728-4368 | GlaxoSmithKline |
| **Azithromycin (Zithromax)** | 1-800-707-8990 | Pfizer, Inc. |
| **Clarithromycin (Biaxin)** | 1-800-222-6885 | Abbott Laboratories |
| **Doxycycline (Vibramycin)** | 1-800-707-8990 | Pfizer, Inc. |
| **Levofloxacin (Levaquin)** | 1-800-652-6227, opt 1 | Johnson & Johnson |
| **Ofloxacin (Floxin)** | 1-800-652-6227, opt 1 | Johnson & Johnson |
| **Trimethoprim/Sulfamethoxazole (Septra, Bactrim)** | 1-800-769-3880 | Express Scripts Specialty |
| **ANTI-INFLAMMATORY, ANTI-ALLERGIC, AND IMMUNOLOGIC** | | |
| **Aldesleukin (Proleukin)** | 1-866-385-4729 | Novartis |
| **Cyclosporine (Sandimmune)** | 1-800-277-2254 | Novartis |
| **Filgrastrim (Neupogen)** | 1-888-762-6436 | Amgen, Inc. |
| **Sargramostim (Leukine)** | 1-877-322-4448 | Bayer |
| **Hydroxyzine (Vistaril)** | 1-800-707-8990 | Pfizer, Inc. |
| **Thalidomide (Thalomid)** | 1-888-423-5436, opt 3 | Celgene Corp. |
| **CARDIOVASCULAR** | | |
| **Nimodipine (Nimotop)** | 1-800-998-9180, opt 1 | Bayer |
| **ENDOCRINE/METABOLIC** | | |
| **Atorvastatin (Lipitor)** | 1-800-707-8990 | Pfizer, Inc. |
| **Dronabinol (Marinol)** | 1-800-256-8918 | Solvay Pharmaceuticals |
| **Epoetin alfa (Procrit)** | 1-800-553-3851 | Ortho-Biotech |
| **Epoetin alfa (Epogen)** | 1-888-762-6436 | Amgen |
| **Fluvastatin (Lescol)** | 1-800-277-2254, opt 3 | Novartis |
| **Levocarnitine (Carnitor)** | 1-800-999-6673 | Sigma-Tau Pharmaceuticals |
| **Lovastatin (Mevacor)** | 1-800-769-3880 | Express Scripts Specialty |
| **Megestrol Acetate (Megace)** | 1-800-589-0841 | Par Pharmaceutical |
| **Octreotide acetate (Sandostatin LAR)** | 1-866-884-5906 | Novartis |
| **Pravastatin (Pravachol)** | 1-800-769-3880 | Express Scripts Specialty |
| **Simvastatin (Zocor)** | 1-800-769-3880 | Express Scripts Specialty |
| **FUSION INHIBITOR** | | |
| **Enfuvirtide (Fuzeon T-20)** | 1-866-247-5084 | Roche Pharmaceuticals |
| **GASTROINTESTINAL** | | |
| **Cimetidine (Tagamet)** | 1-866-699-8239 | Xubex Pharmaceuticals |
| **Famotidine (Pepcid)** | 1-800-769-3880 | Express Scripts Specialty |
| **Granisetron (Kytril)** | 1-888-587-9438, opt 3 | Roche Pharmaceuticals |
| **Mesalamine (Asacol SR)** | 1-800-830-9049 | Procter & Gamble |
| **Ranitidine (Zantac)** | 1-866-728-4368 | GlaxoSmithKline |

# Pharmaceutical Companies Medication Assistance Programs
## *Compañías Farmacéuticas Programas de Ayuda de Medicamentos*

| DRUG NAME | PHONE | MANUFACTURER |
|---|---|---|
| **ONCOLOGY** | | |
| **Alitretinoin (Panretin)** | 1-866-613-4724 | Eisai, Inc. |
| **Bleomycin (Bleomycin)** | 1-877-254-1039 | TEVA Pharmaceuticals |
| **Daunorubicin (Daunorubicin)** | 1-877-254-1039 | TEVA Pharmaceuticals |
| **Doxorubicin liposomal (Doxil)** | 1-800-609-1083, opt 1 | Ortho-Biotech |
| **Etoposide (Etoposide)** | 1-877-254-1039 | TEVA Pharmaceuticals |
| **Capecitabine (Xeloda)** | 1-888-587-9438, opt 3 | Roche Pharmaceuticals |
| **Mitoxantorone (Novantrone)** | 1-877-447-3243 | Serono Laboratories, Inc. |
| **Paclitaxel (Abraxane)** | 1-800-564-0216, opt 3 | Abraxis Oncology |
| **Prochlorperazine (Compazine)** | 1-800-769-3880 | Express Scripts Specialty |
| **PSYCHOPHARMACOLOGIC & NEUROLOGIC** | | |
| **Carbamazepine (Tegretol)** | 1-800-277-2254, opt 3 | Novartis |
| **Clonazepam (Klonopin)** | 1-800-769-3880 | Express Scripts Specialty |
| **Fluoxetine (Prozac, Prozac Weekly)** | 1-800-545-6962 | Eli Lilly & Co. |
| **Hydroxyzine (Vistaril)** | 1-800-707-8990 | Pfizer, Inc. |
| **Lamotrigine (Lamictal)** | 1-866-728-4368 | GlaxoSmithKline |
| **Seraline (Zoloft)** | 1-800-707-8990 | Pfizer, Inc. |

Art by Kenneth Willet

Art by Kenneth Willet

# Prevention Services / *Servicios de Prevención*

The following agencies provide outreach to at-risk populations and/or prevention education about HIV/AIDS and related health topics. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments.

Las siguientes agencias proveen alcance a poblaciones de alto riesgo y/o educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Los temas varían desde información básica del SIDA hasta información sobre tratamientos avanzados.

| Agency / Agencia | Phone / Teléfono | Location / Localizado | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AFH - Community Outreach & Education** | (713) 333-5624 | (C) River Oaks | Not specified | 89 |
| **AFH - Get Started Girl** | (713) 333-5624 | (C) River Oaks | W, I/RR, Free, Call for intake | 89 |
| **AFH - Popular Opinion Leader** | (713) 333-5624 | Central | M, Free, Call for intake | 89 |
| **AFH - Project Wall Talk** | (713) 333-5624 | Central | Not specified | 89 |
| **AFH - Voices/Voces** | (713) 333-5624 | Central | Adults only, African American or Hispanic, Free | 89 |
| **AAMA** | (713) 926-9491 | (E) Second Ward | M, W, Y, Fam, Free, Walk-ins, CD, Esp | 93 |
| **By His Love Ministries, Inc.** | (713) 659-7161 | (C) Third Ward | All, Free, Appt req, CD | 98 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 21), Free, Parent/pregnant under 21, Esp | 102 |
| **Change Happens! (formerly FUUSA)** | (713) 374-1200 | (C) Third Ward | M, W, Y, Fam, Free, Appt req, CD | 100 |
| **First Intervention Counseling** | (281) 272-0120 | (N) Greenspoint | All, S$, Appt/Walk-ins, Referral req, call for intake | 105 |
| **FLAS, Inc. Hablemos en Confianza** | (713) 772-2366 | (SW) Sharpstown | All, Latino immigrants/families, I/RR, Free, Esp | 107 |
| **FLAS, Inc. HIV Prevention Among Hispanic Youth** | (713) 772-2366 | (SW) Sharpstown | Y (Hispanic, ages 13-18), Free, Esp | 107 |
| **FLAS, Inc. Suenos, Esperanzas y Retos en los Latinos** | (713) 772-2366 | (SW) Sharpstown | Young adults (ages 18-24), I/RR, CD, Free, Esp | 107 |
| **Gulf Coast Center - Recovery Program** | (409) 944-4337 | (SE) Galveston | M, W, Fam, Free, S$, Walk-ins, CD, **HIV+ only** | 109 |
| **Harris Co. P.H.E.S. - Antoine Health Clinic** | (713) 602-3300 | (NW) Inwood Forest | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Baytown Health Clinic** | (281) 427-7656 | (E) Baytown | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Humble Health Clinic** | (281) 446-4222 | (N) Humble | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - LaPorte Health Clinic** | (281) 471-4202 | (E) La Porte | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Southeast Health Clinic** | (713) 740-5000 | (SE) Pasadena | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Harris Co. P.H.E.S. - Webster Health Clinic** | (281) 338-0637 | (SE) Webster | All, I/RR, Free, Walk-ins (call ahead), Esp | 114 |
| **Legacy CHS Healthy Relationships** | (713) 830-3057 | (C) Montrose | Adults only, **HIV+ only**, Free, Call for intake | 123 |
| **Legacy CHS Positive Options** | (713) 830-3000 | (C) Montrose | Adults only, **HIV+ only**, Free, Call for intake | 123 |
| **LIVE Consortium** | (713) 861-5483 | (C) Midtown | All | 124 |

# Public Assistance / *Asistencia Pública*

The following is a list of government-funded agencies that offer a variety of social services and programs, mainly for low-income, disabled or abused/neglected persons.

Estas agencias reciben fondos del gobierno y ofrecen una variedad de servicios y programas sociales, principalmente a personas con bajos recursos económicos, discapacitadas o abusadas/negligentes.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Department of Assistive & Rehabilitative Svcs** | (713) 267-8510 | (SW) Woodlake | All, Free, Disabled | 142 |
| **DSHS – Children With Special Health Care Needs** | (713) 767-3111 | Statewide | C, Y, Free | 143 |
| **DSHS – Texas HIV Medication Program (ADAP)** | (800) 255-1090 | Statewide | Free, **HIV+ only**, Restrictions apply | 144 |
| **Good Shepherd Mission** | (936) 291-8156 | (N) Huntsville | All, Free, Walk-ins, CD | 108 |
| **HCHD – Settegast Health Center** | (713) 636-7192 | (E) East End | All, S$, Med, Appt/Walk-ins, Esp | 112 |
| **Harris County Public Health Services** | (713) 439-6000 | (C) Galleria/Post Oak | Not specified | 113 |
| **Harris County Public Health WIC Program** | (713) 439-6145 | (C) Galleria/Post Oak | Free, Pregnant, postpartum & breastfeeding W, C (age 0-5) | 113 |
| **Harris Co. PHES Antoine WIC Center** | (713) 407-5800 | (NW) Inwood Forest | Pregnant/postpartum/breast feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Baytown WIC Center** | (713) 407-5800 | (SE) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Bear Creek WIC Center** | (713) 407-5800 | (W) Bear Creek | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Decker Drive WIC Center** | (713) 407-5800 | (SE) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Emerald Plaza WIC Center** | (713) 407-5800 | (NW) | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Humble WIC Center** | (713) 407-5800 | (NE) Humble | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Pasadena WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Red Oak WIC Center** | (713) 407-5800 | (N) Bammel | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Scarsdale WIC Center** | (713) 407-5800 | (SE) Ellington/ S. Belt | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES South Houston WIC Center** | (713) 407-5800 | (SE) South Houston | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Southeast WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Tomball WIC Center** | (713) 407-5800 | (NW) Tomball | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Social Security Administration** | (800) 772-1213 | ALL | All, Walk-ins, Free, Esp | 138 |
| **Texas DFPS Abuse, Neglect & Exploitation Reporting System** | (800) 252-5400 | Statewide | All, Free, Esp | 143 |
| **Texas DFPS Report Abuse in MHMR Facilities** | (800) 647-7418 | Statewide | All, Free | 143 |
| **Texas Health and Human Services** | 2-1-1 | ALL | All, Free, Esp | 145 |

# Social Support & Activities
# *Apoyo Social y Actividades*

Many people in the Houston area volunteer their time to help HIV infected persons and their families. Some volunteers serve as "buddies" by developing one-on-one relationships with HIV+ persons who need additional social or emotional support. "Phone buddies" provide support through telephone contact. "Care Teams" are groups of volunteers who provide companionship. Some volunteers help with food preparation, transportation, and running errands. Call one of the following agencies if you need this type of assistance. Also, there are many activities for HIV+ people and opportunities to meet others in the Houston area.

Art by Mauricio

Muchos en Houston son voluntarios y ayudan a las personas infectadas con el VIH y sus familiares. Algunos toman el papel de "amigo" al desarrollar una relación con la persona VIH+ quien necesita apoyo social o emocional. Los "Amigos telefónicos" proveen apoyo por medio del teléfono. "Equipos de apoyo" son grupos de voluntarios que proveen compañía. A veces, los voluntarios ayudan con transporte, mandados o la preparación de alimentos. Llame si necesita este tipo de asistencia. En adición, hay muchas actividades y oportunidades donde una persona VIH+ puede conocer a otras en Houston.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Art League Houston HIV+ Healing Art Group** | (713) 523-9530 | (C) Montrose | All, Free, Walk-ins, Call for class location | 93 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 18), W (18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 | 102 |
| **Harmony Health Recovery Center** | (713) 237-1765 | (C) Memorial/ Washington | M only, Free, Lim, CD, Homeless & TB | 111 |
| **HCHD - Northwest Community Health Center** | (713) 861-3939 | (NW) Oak Forest | M, W, Free, S$, Med, Appt/Walk-ins, **HIV+ only** | 112 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | | M, W, Free, S$, Med, **HIV+ only** Gold card, Esp | 113 |
| **HCHD - Women's Program** | (713) 873-4511 | (C) Near Northside | W, Free, S$, Med, **HIV+ only**, Gold card, Esp | 113 |
| **Houston Humane Society - Burnie's Buddies** | (713) 433-6421 | (S) | All, **HIV+ only**, Flat fee, Appt req, Esp | 119 |
| **Houston Humane Society - Paw Prints** | (713) 433-6421 | (S) | All, **HIV+ only**, Flat fee, Appt req, Esp | 119 |
| **Interfaith CarePartners® AIDS Care Team®** | (713) 682-5995 | (W) Memorial | All, Free, Walk-ins, Accepts rural collect calls, Esp | 121 |
| **LIVE Consortium** | (713) 861-5483 | (C) Midtown | All | 124 |
| **Living Without Limits, Living Large, Inc.** | (832) 545-5689 | (N) Homestead | Infected/affected heterosexuals (M & W), Free | 124 |
| **Pet Patrol** | (281) 733-7696 | All | All (low income & disabled), Free, Appt Req, Call for intake | 132 |
| **Positive Brothers and Sisters Support Network** | (713) 454-7548 | (C) Near Northside | M, W, **HIV+ only**, Free, Walk-ins | 132 |
| **Resurrection Metropolitan Community Church** | (713) 861-9149 | (C) Heights | All, Appt req, ID | 133 |
| **SEARCH** | (713) 739-7752 | (C) Midtown | All, I/RR, Free, Walk-ins, CD, Homeless only, Esp | 135 |

# Support Groups / *Grupos de Apoyo*

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes help is needed to sort out these emotions. Support groups are available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda para enfrentar estos sentimientos. Los grupos de ayuda están disponibles para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente.

## SUPPORT GROUPS / GRUPOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Localizado | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Bay Area Turning Point, Inc.** | (281) 338-7600 | (SE) Webster | **HIV+ only**, Free, Families, All, Appt Req, M, W | 94 |
| **Bering Support Network** | (713) 526-1017 Ext 206 | (C) Montrose | M, W, Walk-ins, Free, Flat fee, Infected/affected | 97 |
| **Bridge Over Troubled Waters, Inc., The** | (713) 472-0753 | (SE) Pasadena | W, Fam, All, Appt req, Esp | 98 |
| **Catholic Charities AIDS Ministry** | (713) 874-6624 | (C) Midtown | Adults, Families, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp | 99 |
| **HCHD - Adolescent Program** | (713) 873-4100 | (C) Near Northside | Y, Free, S$, Med, **HIV+ only**, Esp, Gold card | 111 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, **HIV+ only**, Esp, Gold card | 113 |
| **HCHD - Women's Program** | (713) 873-4511 | (C) Near Northside | W, Free, S$, Med, **HIV+ only**, Esp, Gold card | 113 |
| **Inner Door Counseling and Rehabilitation Center** | (713) 278-8870 | (SW) Sharpstown | All, S$, Ins, Med, CHIP, Appt/Walk-ins | 120 |
| **InnerWisdom Counseling Center** | (713) 592-9292 | (C) Medical Center | M, W, Fam, All, Med, S$, Self pay, Walk-ins, Esp | 120 |
| **InnerWisdom Wellness Center** | (713) 592-9294 | (C) Medical Center | M, W, All, S$, Med, Appt Req, Esp | 120 |
| **Living without Limits, Living Large, Inc.** | (832) 545-5689 | (C) Third Ward | Infected/affected heterosexuals (M & W), Free | 124 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All ages, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | Families, Free, Appt Req, Esp | 130 |
| **PFLAG Houston** | (713) 46P-FLAG | (C) Hermann Park | All, Free | 132 |
| **Positive Brothers and Sisters Support Network** | (713) 454-7548 | (C) Near Northside | M, W, **HIV+ only**, Free, Walk-ins | 132 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |

## 12-STEP PROGRAMS & SUPPORT GROUPS / *PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **First Intervention Counseling** | (281) 272-0120 | (N) Greenspoint | All, S$, Appt/Walk-ins, Referral req, call for intake | 105 |
| **Gulf Coast Center, The** | (800) 643-0967 | (S) Alvin | All, S$, Appt req, CD, Esp | 108 |
| **Inner Door Counseling and Rehabilitation Center** | (713) 278-8870 | (SW) Sharpstown | All, S$, Ins, Med, CHIP, Appt/Walk-ins | 120 |
| **Intergroup Association, Inc.** | (713) 686-6300 | (NW) Inwood Forest | All, I/RR, Free, Lim, CD, Esp | 121 |

# Support Groups / *Grupos de Apoyo*

## 12-STEP PROGRAMS & SUPPORT GROUPS / *PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **LAMBDA Center** | (713) 521-1243 | (C) Montrose | Not specified | 122 |
| **Memorial Hermann Prevention & Recovery Ctr** | (713) 939-7272 | (W) Spring Shadows | Adults / adolescents, Flat fee, Ins, Private Pay, Walk-ins, CD | 127 |
| **Palmer Drug Abuse Pgm (PDAP)** | (281) 589-4832 | All | Y (ages 12-25), Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 group** | (713) 668-0133 | (C) Bellaire | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 group** | (281) 870-9311 | (NW) Addicks/ Park 10 | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 group** | (281) 870-9311 | (W) Memorial | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 group** | (281) 528-7908 | (N) Spring | Y (ages 12-17), Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (713) 857-2648 | (W) Memorial | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (713) 857-2648 | (W) Memorial | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (281) 857-7874 | (N) Spring | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (281) 857-7874 | (N) Spring | Ages 18-25, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group** | (281) 857-7874 | (N) Spring | Ages 18-25, Free, Walk-ins, CD | 131 |
| **St. Hope Foundation** | (713) 778-1300 | (SW) Sharpstown | All, I/RR, Free, Appt/Walk-ins, Esp, **HIV+ only** | 139 |
| **Texas Prevention Network** | (713) 981-6063 | (SW) Fondren SW | All, S$, Flat fee, Appt/Walk-in, Referral req | 144 |

# Transportation / *Transporte*

For HIV infected persons without their own transportation, it can be very hard to access services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need transportation and other restrictions may apply. Be aware that not all agencies will service your area, and that Metro offers special van services for the disabled individual. Part A clients may be eligible to receive an annual bus pass, see your case manager for details.

Para muchas personas infectadas con el VIH que no tienen su propio transporte les es muy difícil el acceso a los servicios. Las siguientes agencias ofrecen transportación con destino a servicios médicos y/o sociales, pero podría tener que hacer reservaciones mucho antes al día que necesite el transporte, y otras restricciones podrían aplicar. Metro ofrece transporte de grupos a personas discapacitadas. Los clientes del Parte A pueden ser elegibles a recibir un pase anual de Metro. Hable con un administrador de casos para más detalles.

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Coalition of Coastal Texas** | (409) 763-2437 | (SE) Galveston | All, **HIV+ only**, Free, CD, Esp | 88 |
| **AFH Project "Need A Ride"** | (713) 623-6796 | (C) | **HIV+ only**, W, C, Y, Free, Referral required | 91 |
| **Gulf Coast Center, The** | (800) 643-0967 | (S) Alvin | All, S$, Appt req, CD, Esp | 108 |
| **GCCSA - Gulf Coast Community Svcs Assoc.** | (713) 393-4700 | (C) Lawndale | All, Free (income limit), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |

## Transportation / *Transporte*

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (N) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **Harris County Rides** | (713) 368-7433 | | Disabled, Elderly or low income, Flat, Esp | 116 |
| **St. Hope Foundation** | (713) 778-1300 | (SW) Sharpstown | All, I/RR, Free, Appt req, **HIV+ only**, Esp | 139 |
| **Triangle AIDS Network, Inc.** | (409) 832-8338 | (E) Beaumont | Appt req, Free, S$, **HIV+ only**, UTMB affiliate, Esp | 144 |

## Treatment Information & Clinical Trials
## *Información de Tratamientos y Pruebas Clínicas*

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options. To help advance research and have access to "cutting edge" treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. HIV+ persons who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other HIV infected people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS.

Con tantos nuevos tratamientos prometedores, es ahora más importante que nunca el mantenerse informado/a. Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y otras a bajo costo. Para ayudar al adelanto de los tratamientos médicos, considere participar en pruebas clínicas. El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas VIH+ participan gratuitamente y quizás no vean beneficios inmediatos (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas VIH+ a vivir una vida más prolongada y saludable. Médicos pueden conectar a pacientes a las pruebas clínicas (vea PUBLICACIONES).

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AIDS Clinical Trials Information Svc.** | (800) HIV-0440 | ALL | All, Free, Esp | 92 |
| **Center for AIDS, The** | (713) 527-8219 | (C) Montrose | All, Free, Esp | 100 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, **HIV+ only**, Appt/ Walk-ins, Gold card, Esp | 113 |
| **HCHD - Women's Program** | (713) 873-4511 | (C) Near Northside | W, **HIV+ only**, Gold card, Esp | 113 |
| **South Side Pharmacy** | (409) 747-0214 | (C) Braeswood | All | 138 |

# STAY INFORMED

## IMPORTANT:

It is vitally important that you take your medications exactly as prescribed, especially protease inhibitors. If you do not, the HIV in your body may become resistant to the medication and it will stop working! If you are experiencing unbearable side effects, notify your physician right away and ask him or her what you should do.

## CD4 (T-CELL) COUNT:

Your immune system contains different types of cells that help protect the body from infection. One of these types of specialized cells is called the CD4 or T-cells. HIV attacks these types of cells and uses them to make more copies of HIV. In doing so, the CD4 cell becomes unable to do its job of protecting the body. At first, the body can make more of these T-cells but eventually the body can't keep up and the number of working T-cells decreases. This weakens the immune system and leaves the body at risk for different types of infections.

On a regular basis, your doctor will draw blood and measure the number of T-cells. The higher the number the better able your immune system to do its job. Most people without HIV have about 700 to 1000 CD4 cells. HIV infected people are considered to have "normal" CD4 counts if the number is above 500. If the number drops below 200, you are said to have AIDS and your doctor will start you on preventative medications to ward off infections and keep you healthy.

## VIRAL LOAD:

The viral load test measures how much HIV is in your blood. Left untreated, the amount of HIV in the blood (viral load) increases as HIV disease progresses. A viral load above 100,000 is generally considered high. Unlike CD4 counts, where "higher is better," a "low" or "undetect-able" viral load is considered desirable. Keep in mind, however, that an "undetectable" viral load does not mean that there is no more HIV in your body, only that there is less HIV in the blood than the test is able to measure. HIV might also be "hiding" in other organs in the body.

One way doctors use viral load testing is to measure the effectiveness of medications. If your viral load is staying the same over time or going down, your medication(s) are probably working. If your viral load is going up, your doctor may want to try a different medication regimen. Using both CD4 counts and viral load testing gives your doctor a more complete picture of your individual disease progression and, in turn, the best treatment strategy for you.

# MANTÉNGASE INFORMADO

## IMPORTANTE:

Es de vital importancia que Ud. tome sus medicamentos exactamente según las indicaciones, especialmente los inhibidores de proteasa. Si no lo hace, el VIH en su cuerpo podría hacerse resistente al medicamento y dejarlo inefectivo. Si padece de efectos secundarios intolerables, notifique a su doctor inmediatamente.

## CONTEO DEL CD4 (CÉLULAS T):

El sistema inmunológico contiene diferentes tipos de células que ayudan a proteger al cuerpo de la infección. Uno de estos tipos de células especializadas se llama CD4 o células T. El VIH ataca a estas células y las usan para hacer más copias del VIH. Al hacerlo, el CD4 ya no puede cumplir con la función de proteger al cuerpo. Al principio, el cuerpo puede producir más de estas células, pero eventualmente no puede seguir produciéndolas y la cantidad de células se reduce. Ésto causa que el sistema inmunológico se debilite y ponga al cuerpo a riesgo de diferentes tipos de infecciones.

Periódicamente su médico extraerá su sangre y medirá el número de células T. Mientras más elevado el número, mejor podrá el sistema inmunológico cumplir con su función. La mayoría de las personas sin el VIH tiene de 700 a 1000 células del CD4. Se considera "normal" si las personas infectadas con el VIH tienen un conteo del CD4 mayor de 500. Si el conteo es menor de 200, se dice que la persona tiene SIDA y el médico le recetara medicamentos preventivos en defensa de las infecciones y así mantenerle saludable.

## CARGA VIRAL:

La prueba de la carga viral mide cuanto VIH hay en su sangre. Si Ud. no recibe tratamiento, la cantidad del VIH en la sangre (carga viral) aumenta a medida que el VIH progresa. Una carga viral sobre 100,000 es considerada alta. A diferencia del conteo del CD4, donde un resultado elevado es mejor, una carga viral baja o indetectable es deseable. Sin embargo, tome en cuenta que una carga viral "indetectable" no significa que ya no existe el VIH en la sangre sino que la prueba no es capaz de detectar una pequeña cantidad. El VIH también puede estar "escondido" en otros órganos del cuerpo.

La prueba de la carga viral constituye un medio a través del cual los médicos miden la efectividad de los medicamentos. Si la carga viral se mantiene o ha disminuido con el tiempo, es probable que los medicamentos hayan sido efectivos. Si la carga viral aumenta, es posible que su doctor quiera intentar con un medicamento diferente. El uso conjunto del conteo CD4 y la prueba de la carga viral permite a su doctor obtener un panorama más completo del desarrollo de su enfermedad y por consecuencia elijir la mejor estrategia de tratamiento.

# Veterans' Services
# *Servicios para Veteranos*

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge—honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad contact discharges issued by general court-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.

*If you are a veteran, contact the VA eligibility office; you may be eligible for a pension or other benefits that you did not even know about!

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.

* Si Ud. es un veterano, póngase en contacto con la Oficina de Elegibilidad de la VA; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios!

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Arlington National Funeral Home** | (713) 692-5555 | (N) Northside | All, Walk-ins | 93 |
| **Chews Wellness Incorporated** | (832) 279-9201 | (N) Northside | Appt req, call for intake | 100 |
| **Cremation Service International** | (713) 692-5555 | (N) Northside | All, Walk-ins | 103 |
| **Michael E. DeBakey VA Medical Center** | (713) 791-1414 | (C) Medical Center | M, W, Veteran, Walk-ins, Income-based eligibility, CD | 127 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All, **HIV+ only**, Free, Walk-ins, CD | 129 |

Art by Tammy

Art by Mauricio

# Volunteer Opportunities
# *Oportunidades para Voluntarios*

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services.

To find out more and get involved, call today!

Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente.

¡Para mayor información y participar, llame hoy!

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH - Volunteer Services** | (713) 623-6796 | (C) | Not specified | 92 |
| **Alliance for Multicultural Community Services** | (713) 776-4700 | (SW) Sharpstown | Immigrants/Refugees, Appt req, Esp | 92 |
| **Catholic Charities AIDS Ministry** | (713) 874-6624 | (C) Midtown | Adults, Esp | 99 |
| **Cypress Assistance Ministries** | (281) 955-7684 | (NW) Cy Fair | M, W, Appt Req, Esp | 103 |
| **East Ft. Bend Human Needs Ministry, Inc.** | (281) 261-1006 | (SW) Stafford | M, W, Walk-ins | 104 |
| **Ft. Bend County Women's Center** | (281) 494-4545 | (SW) Rosenberg | Not specified | 106 |
| **GCCSA - Gulf Coast Community Svcs Assoc.** | (713) 393-4700 | (C) Lawndale | All, Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (N) Tomball | All, Appt/Walk-in, Esp | 110 |
| **Gay and Lesbian Switchboard of Houston** | (713) 529-3211 | (C) Montrose | All | 108 |
| **Harmony Health Recovery Center** | (713) 237-1765 | (C) Memorial/ Washington | M only, CD | 111 |
| **Impact for Life Campus** | (281) 855-0014 | (NW) Addicks/Hwy 6 | M, W, ID req | 120 |
| **Legacy Community Health Services** | (713) 574-9721 | (C) Montrose | M, W, Esp | 123 |
| **LIVE Consortium** | (713) 861-5483 | (C) Midtown | | 124 |
| **New Hope Counseling Center** | (713) 776-8006 | (S) Sharpstown | M, W, **HIV+ only**, Walk-ins, CD | 129 |
| **Positive Brothers and Sisters Support Network** | (713) 454-7548 | (C) Near Northside | M, W, **HIV+ only**, Walk-ins | 132 |
| **Rehoboth Foundation, Inc.** | (713) 484-5850 | (SW) Braeburn | M, W, Y | 133 |
| **Ryan White Planning Council** | (713) 572-3724 | (C) Galleria/Post Oak | All, Application/Interview | 134 |
| **SER Jobs for Progress of the TX Gulf Coast Basic Advocacy Training** | (713) 773-6000 | (C) Near Northside | All | 136 |
| **Thomas Street Patient Advisory Council** | (713) 873-4000 | (C) Near Northside | All | 113 |
| **West Houston Assistance Ministries** | (713) 977-9942 | (W) Westchase | M, W, Esp | 147 |

# Women's Services / *Servicios para Mujeres*

Many HIV infected women have discovered that there do not seem to be as many services for them as there are for HIV infected men. However, this situation is slowly changing. The Houston area offers OB/GYN care and family planning to HIV+ women through physicians and community clinics. Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.

Muchas mujeres infectadas con el VIH han descubierto que parece no haber tanta ayuda para ellas como la hay para los hombres. Sin embargo, esta situación está cambiando. El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar. Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea SERVICIOS PARA NIÑOS). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.

## HOUSING / VIVIENDA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Bay Area Turning Point - Crisis Shelter** | (281) 286-2525 | (SE) Webster | All, Fam, Appt req, **HIV+ only**, CD, Esp, | 94 |
| **FamilyTime Crisis & Counseling Center** | (281) 446-2615 | (N) Humble | All, Free, S$, Appt req (Walk ins-crisis only) | 105 |
| **Ft. Bend County Women's Center** | (281) 342-4357 | (SW) Rosenberg | M, W, Y, Families, Free, Appt/ Walk-ins, Esp. | 106 |
| **New Horizon Family Center** | (281) 424-3300 | (E) Baytown | W, C, Y, All, Free, Appt req, Lim, Esp | 129 |
| **Santa Maria Hostel West** | (281) 657-0877 Option 1 | (NW) Spring Branch | W, Families, S$, Appt req, CD, Esp | 134 |
| **VOA - McGovern Campus** | (713) 692-8190 | (N) Independence Heights | W, F, Free, S$, CD | 147 |
| **Wellsprings Village - Transitional Housing** | (713) 529-6559 | (C) Not specified | W, I/RR, Appt req, Lim, CD | 147 |

## MEDICAL SERVICES / SERVICIOS MÉDICOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Ft. Bend Family Health Center** | (281) 342-0529 Ext. 138 or 149 | (SW) Richmond | All, Walk-ins, S$, Med, Colorado Co. Indigent, RW Pt B | 106 |
| **Ft. Bend Family Health Center – Waller Center** | (936) 261-1470 | (W) Broookshire | All, Appt/Walk-ins, S$, Med, Esp | 106 |
| **HCHD - Northwest Community Health Center** | (713) 861-3939 | (NW) Oak Forest | M, W, Free, S$, Med, Appt/Walk-ins, **HIV+ only** | 112 |
| **HCHD - Thomas Street Health Center** | (713) 873-4000 | (C) Near Northside | M, W, Free, S$, Med, **HIV+ only**, Appt/Walk-ins, Gold card, Esp | 113 |
| **Hunter A. Hammill, MD** | (713) 799-8994 | (C) Medical Center | W, All, Appt req, CD, Esp | 133 |
| **Legacy Community Health Svcs Women's Clinic** | (713) 830-3000 | (C) Montrose | W, Appt req, Amerigroup, Med, Many health ins plans, Esp | 123 |
| **Planned Parenthood of Houston & SE Texas** | (800) 230-PLAN | Call to be connected to the nearest clinic | M, W, Y, Free, Walk-ins, Esp | 132 |

## SUPPORT SERVICES / SERVICIOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Bay Area Turning Point, Inc.** | (281) 338-7600 | (SE) Webster | M, W, All, Families, Free, Appt req, **HIV+ only** | 94 |
| **Brazos Place** | (979) 233-3826 | (S) Freeport | Adults, S$, Appt/Walk-ins, Waiting list, CD, Esp. | 97 |

## SUPPORT SERVICES / SERVICIOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Chews Wellness Incorporated Project Youth and Family Matter** | (832) 279-9201 | (N) Northside | Appt req, call for intake | 101 |
| **FamilyTime Crisis & Counseling Center** | (281) 446-2615 | (N) Humble | All, Free, S$, Appt req (Walk ins-crisis only) | 105 |
| **Ft. Bend County Women's Center** | (281) 342-4357 | (SW) Rosenberg | M, W, Y, Families, Free, Appt/Walk-ins, Esp | 106 |
| **Ft. Bend Family Health Center, Inc.** | (281) 342-0529 x138 or 149 | (SW) Richmond | All, Walk-ins, S$, Med, Colorado Co. Indigent, RW Pt B | 106 |
| **Harris Co. PHES Antoine WIC Center** | (713) 407-5800 | (N) Inwood Forest | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Baytown WIC Center** | (713) 407-5800 | (W) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Bear Creek WIC Center** | (713) 407-5800 | (W) Bear Creek | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Decker Drive WIC Center** | (713) 407-5800 | (SE) Baytown | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 114 |
| **Harris Co. PHES Emerald Plaza WIC Center** | (713) 407-5800 | (NW) | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Humble WIC Center** | (713) 407-5800 | (NE) Humble | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Pasadena WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Red Oak WIC Center** | (713) 407-5800 | (N) Bammel | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Scarsdale WIC Center** | (713) 407-5800 | (SE) Ellington/ S. Belt | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES South Houston WIC Center** | (713) 407-5800 | (SE) South Houston | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Southeast WIC Center** | (713) 407-5800 | (SE) Pasadena | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Harris Co. PHES Tomball WIC Center** | (713) 407-5800 | (NW) Tomball | Pregnant/postpartum/breast-feeding W, C (age 0-5), Free | 115 |
| **Houston Area Women's Center** | (713) 528-6798 | (C) Montrose | W, C, Y, Free, Esp | 118 |
| **Methodist Children's Home** | (713) 682-8911 | (NW) Oak Forest | S$, Appt Req, CD | 127 |
| **New Horizon Family Center** | (281) 424-3300 | (E) Baytown | W, C, Y, All, Free, Appt req, Lim, Esp | 129 |
| **Northwest Assistance Ministries** | (281) 885-4555 | (N) Bammel | Families, Free, Appt Req, Esp | 130 |
| **Positive Efforts** | (713) 812-0044 | (NW) Oak Forest | W, All, Free, CD | 132 |
| **Santa Maria Hostel** | (281) 657-0877 Option 1 | (W) Spring Branch | W, I/RR, CD, Free, Appt Req | 134 |
| **Santa Maria Hostel North** | (281) 657-0877 Option 1 | (C) Near Northside | W, S$, Appt req, CD, Esp | 134 |
| **Santa Maria Hostel West** | (281) 657-0877 Option 1 | (NW) Spring Branch | W, Families, S$, Appt req, CD, Esp | 134 |
| **Santa Maria Hostel Bonita House** | (281) 657-0877 Option 1 | (N) Eastex/Jensen | W/C, **HIV+ only**, I/RR, CD, Free, Appt Req | 134 |
| **VOA - McGovern Campus** | (713) 692-8190 | (N) Independence Heights | W, Families, Free, S$, CD | 147 |

# Youth/Teen Services
# *Servicios para Jóvenes/Adolescentes*

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.

Art by Gary

Los jóvenes que viven con el VIH tienen necesidades muy particulares. Si Ud. tiene entre 13 y 19 años de edad y tiene el VIH, por favor llame a una de las agencias mencionadas aquí; ellos tienen programas especiales para jóvenes con el VIH.

## HOUSING / VIVIENDA

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AHCH - West Heights House** | (713) 864-1795 | (C) Heights | Age 18 & up, Flat fee, Appt req, Lim, **HIV+ only** | 92 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (ages 13 - 21), Free, Parent/ pregnant moms under 21, Esp | 102 |

## MEDICAL SERVICES / SERVICIOS MÉDICOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Baylor - Ben Taub Teen Health Clinic** | (713) 873-3601 | (C) Medical Center | Free, Appt required | 95 |
| **Baylor - Cavalcade Teen Health Clinic** | (713) 673-1655 | (NE) Kashmere Gardens | Free, Appt required | 95 |
| **Baylor - Chavez High School Teen Health Clinic** | (713) 495-6971 | (SE) Meadowbrook | Y (ages 13-18) | 96 |
| **Baylor - Cullen Teen Health Clinic** | (713) 440-7313 | (C) MacGregor | Free, Appt required, Open Tues-Wed | 95 |
| **Baylor - Lawn Teen Health Clinic** | (281) 847-9970 | (N) Acres Home | Free, Appt required | 95 |
| **Baylor - LBJ Teen Clinic** | (713) 566-5612 | (NE) Trinity/ Hou Gardens | Free, Y (ages 13-21), Appt required | 95 |
| **Baylor - Lee High School Teen** | (713) 787-1756 | (SW) Gulfton | All, Appt required, Students of Lee HS only | 96 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (13 - 21), Free, Parent/ pregnant moms under 21, Esp | 102 |
| **Ft. Bend Family Health Center - Waller Center** | (936) 261-1470 | (W) Brookshire | All, S$, Med, Appt/Walk-ins, Esp | 106 |
| **HCHD – NW Community Health Center** | (713) 861-3939 | (NW) Oak Forest | M, W, Free, S$, Med, Appt/ Walk-ins, **HIV+ only** | 112 |
| **Medcare Pediatric Group** | (713) 773-5100 | (E) Channelview | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |

# Youth/Teen Services / *Servicios para Jóvenes/Adolescentes*

## MEDICAL SERVICES / SERVICIOS MÉDICOS

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **Medcare Pediatric Group** | (713) 773-5120 | (N) Spring | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (SW) Stafford | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Planned Parenthood of Houston & SE Texas** | (800) 230-PLAN | Call to be connected to the nearest clinic | M, W, Y, Free, Walk-ins, Esp | 132 |

## SUPPORT SERVICES / SERVICIOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **AFH Focus on Youth** | (713) 623-6796 | (C) | Y (ages 13-18), Free | 89 |
| **AFH Positive Vibe** | (713) 623-6796 | (C) | **HIV+ only**, Y (ages 13-24), Free, Referral req | 90 |
| **AFH Teen Leadership Forum** | (713) 623-6796 | (C) | **HIV+ only**, Y (ages 16-19), Free, Lim | 91 |
| **Covenant House Texas** | (713) 523-2231 | (C) Montrose | Y (age 13-21), Free, Parent/ pregnant moms under 21, Esp | 102 |
| **DePelchin Children's Center** | (713) 730-2335 | (E) Baytown | C, Y (ages 13 - 18), Appt req, S$, Med, Ins, CHIP | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (W) Brookshire | C, Y (ages 13-18), Appt req, S$, Med, Ins. | 104 |
| **DePelchin Children's Center** | (713) 730-2335 | (SE) Clear Lake | C, Y (ages 13 - 18), Appt req, Med, Ins, CHIP, S$ | 104 |
| **DePelchin Children's Center Svcs Assoc** | (713) 730-2335 | (C) Memorial Park | C, Y (ages 13 - 18), S$, Med, Ins, CHIP, Appt req | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (SW) Stafford | C, Y (ages 13 - 18), S$, Med, Ins, CHIP | 104 |
| **DePelchin Children's Center** | (281) 730-2335 | (N) Woodlands | C, Y (ages 13 - 18), S$, Med, CHIP, Appt req, Ins | 104 |
| **Change Happens! (formerly FUUSA)** | (713) 374-1200 | (C) Third Ward | M, W, Y, Families, Free, Appt req, CD. | 100 |
| **Change Happens! (formerly FUUSA) RESCUE Program** | (713) 374-1200 | (C) Third Ward | Ages 6-17 years, Appt req, Free | 100 |
| **FLAS, Inc. HIV Prevention Among Hispanic Youth** | (713) 772-2366 | (SW) Sharpstown | Y (Hispanic, ages 11-21), Free, Lim, Esp | 107 |
| **GCCSA - Gulf Coast Community. Svcs Assoc** | (713) 393-4700 | (C) Lawndale | All, Free (income limit), Appt/Walk-in, Esp | 109 |
| **GCCSA - Acres Home Multi Service Center** | (713) 692-1046 | (NW) Acres Home | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Haverstock Family Center** | (281) 449-1303 | (NE) IAH Airport | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JD Walker Multi Service Center** | (281) 426-4757 | (E) Baytown | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - JW Peavy Multi Service Center** | (713) 674-1301 | (C) Fifth Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |

## SUPPORT SERVICES / SERVICIOS DE APOYO

| Agency / Agencia | Phone / Teléfono | Location / Ubicación | Legend / Tabla | Page # |
|---|---|---|---|---|
| **GCCSA - Magnolia Multi Service Center** | (713) 921-2960 | (C) Magnolia Park | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Northwest Assistance Ministries** | (281) 397-0176 | (N) Greenspoint | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - South Houston** | (713) 378-4747 | (SE) South Houston | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Southwest Station** | (713) 541-5205 | (SW) Westwood | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Sunnyside Multi Service Center** | (713) 734-6553 | (S) Sunnyside | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Third Ward Multi Service Center** | (713) 521-9957 | (C) Third Ward | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **GCCSA - Tomball Station** | (281) 357-5423 | (N) Tomball | All, Free (income limit), Appt/Walk-in, Esp | 110 |
| **HATCH** | (713) 529-3590 | (C) Montrose | Y, Free, Walk-ins | 116 |
| **HCHD - NW Community Health Center** | (713) 861-3939 | (NW) Oak Forest | M, W, Free, S$, Med, Appt/Walk-ins, **HIV+ only** | 112 |
| **Houston Area Women's Center** | (713) 528-6798 | (C) Montrose | W, C, Y, Free, Esp | 118 |
| **Inner Door Counseling and Rehabilitation Center** | (713) 278-8870 | (SW) Sharpstown | All, S$, Ins, Medicaid, CHIP, Appt/Walk-ins | 120 |
| **Medcare Pediatric Group** | (713) 773-5100 | (E) Channelview | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5120 | (N) Spring | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Medcare Pediatric Group** | (713) 773-5100 | (SW) Stafford | C, Y, Med, Private Pay, Ins, Appt Req, Esp, Call for intake | 126 |
| **Motherland, Inc. Voices of our Youth** | (713) 290-0001 | (NW) Independence Heights | All, Free, Appt/Walk-ins, CD, Esp | 128 |
| **New Hope Counseling Center** | (713) 776-8006 | (SW) Sharpstown | M, W, All ages, **HIV+ only**, Free, Walk-ins, CD | 129 |
| **PDAP Age 12 to 17 groups:** | (281) 870-9311 | (W) Addicks/Park 10 | Y, Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 groups:** | (713) 668-0133 | (C) Bellaire | Y, Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 groups:** | (281) 870-9311 | (W) Memorial | Y, Free, Walk-ins, CD | 131 |
| **PDAP Age 12 to 17 groups:** | (281) 528-7908 | (N) Spring | Y, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group:** | (713) 857-2648 | (W) Memorial | Adults, Free, Walk-ins, CD | 131 |
| **PDAP Age 18 to 25 group:** | (281) 857-7874 | (N) Spring | Adults, Free, Walk-ins, CD | 131 |
| **St. Hope Foundation Fusion** | (713) 523-0093 | (SW) Braeswood | M (ages 16 & up), Free, I/RR, Walk-ins | 140 |
| **Special Treasures Inc. - S.O.C.K.S.** | (832) 215-6086 | (C) Fifth Ward | All, I/RR, Free, Walk-ins, Call for intake. | 139 |
| **Texas DFPS Runaway Hotline** | (888) 580-HELP | Statewide | C, Y, Families, Free, Esp | 143 |
| **Texas DFPS Youth Hotline** | (800) 210-2278 | Statewide | C, Y, Families, Free, Esp | 143 |
| **Texas Prevention Network** | (713) 981-6063 | (SW) Fondren Southwest | All, S$, Flat fee, Appt/Walk-in, Referral req, Call for intake | 144 |

# Alphabetical Listing of Agencies
# *Lista de Agencias por Orden Alfabético*

## A

### 3 "A" BEREAVEMENT FOUNDATION (3ABF)

5330 Griggs Road,
Suite D108 Box 34
Houston, TX 77021-3756

MAIN: . . . . . (713) 649-3232
FAX:. . . . . (713) 649-2328
WEB: . . . . . www.3abereavement.org
EMAIL:. . . . . bereavement3a@aol.com
CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . OST/South Union
LEGEND: . . . . . All, Income-based eligibility, Free
HOURS OF OPERATION: . . . . . Monday-Friday, 9 am-5pm
BUS ROUTES: . . . . . 5, 77

*3ABF is a faith-based nonprofit organization, established in 1997 to eliminate the feelings of despair and hopelessness experienced by indigent and low-income bereaved families who have limited or no means to bury their loved ones. Most of the families served by 3ABF are classified as the working poor. These are hard working individuals and families trapped in terrible circumstances. These are the loved ones of crime victims, AIDS patients, the severely disabled, the elderly on fixed incomes, stillborn infants, babies and children with birth defects or terminal illnesses, runaways, etc.*

*3ABF assists and accompanies bereaved families through the often unfamiliar and difficult process of making funeral arrangements for a loved one. Comprehensive services, including arrangements, financial assistance and counseling, are freely rendered without regard to ethnic, religious or cultural background to indigent and low-income families that lack the financial means for a funeral service.*

### A CARING SAFE PLACE

1804 Carr Street
Houston, TX 77026

MAIN: . . . . . (713) 225-5441
FAX:. . . . . (713) 225-5442
WEB: . . . . . www.acaringsafeplace.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Fifth Ward
LEGEND: . . . . . M, S$, Appt Req, **HIV+ only**, CD, Esp
BUS ROUTES: . . . . . 5, 6, 37, 77

*Long term housing program for HIV+ men which includes case management, alcohol and chemical dependency 12 step groups, life skills training, job search, placement and vocational training and preparation for re-entry into independent living.*

### ADULT REHABILITATION SERVICES

6624 Hornwood
Houston, TX 77074

MAIN: . . . . . (713) 541-4422
FAX:. . . . . (713) 541-9085
WEB: . . . . . www.adultrehab.com
EMAIL:. . . . . adultrehab@yahoo.com
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Sharpstown
AREA SERVED: . . . . . Harris, Ft. Bend
LEGEND: . . . . . M, W, CD
HOURS OF OPERATION: . . . . Monday-Friday, 6am-10am; Saturday by appointment only
BUS ROUTES: . . . . . 2, 9
REQUIRED FOR INTAKE: . . . Valid ID, history of substance abuse, over 18 yrs of age

*A private and confidential opioid treatment program, includes maintenance (methadone, buprenorphine) and counseling.*

### ADVOCACY, INC.

1500 McGowan Street, Suite 100
Houston, TX 77004

MAIN/TDD: . . . . . (713) 974-7691
FAX:. . . . . (713) 974-7695
TOLL FREE: . . . . . (800) 880-0821
INTAKE:. . . . . (800) 252-9108
WEB: . . . . . www.advocacyinc.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Midtown
AREA SERVED: . . . . . Anderson, Angelina, Brazoria, Chambers, Cherokee, Ft. Bend, Galveston, Harris, Hardin, Houston, Jasper, Jefferson, Liberty, Matagorda, Montgomery, Nacagdoches, Newton, Orange, Walker, Waller and Wharton counties
LEGEND: . . . . . CD, Appt Req, Families, Free
BUS ROUTES: . . . . . 5, 52, 60

*Legal advocacy for persons with disabilities. Intake M-F 9am-12:30pm*

*Defensa legal para personas incapacitadas. Cita inicial de lunes a viernes, 9am a 12:30pm*

### AID TO VICTIMS OF DOMESTIC ABUSE

1001 Texas Avenue, Suite 600
Houston, TX 77002

MAIN: . . . . . (713) 224-9911
FAX:. . . . . (713) 715-6935
TOLL FREE: . . . . . (866) 901-0974
WEB: . . . . . www.avda-tx.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
LEGEND: . . . . . Adults, families, S$, walk-ins, Esp
BUS ROUTES: . . . . . 1, 5, 9, 11, 20, 24, 30, 60, 66, 77, 80, METRO Light Rail

### Victim Advocacy Services

*The following services are available to all victims of domestic violence both over the phone and in person: Crisis counseling and safety planning; information about the criminal justice system; information about family law; referral for shelter, counseling and other needed services; advocacy with the criminal justice system; and support group for women about the nature of domestic violence and its social context.*

### Legal Advocacy Services

*A full time staff managing attorney, four staff attorneys and three contract attorneys licensed by the State Bar of Texas who provide legal representation in family law matters to victims of domestic violence who meet the program guidelines. An initial screening by Client Advocates at AVDA is required. The Legal Advocacy Program is conveniently located close to the courts in downtown Houston at the corner of Main and Texas. Please call ahead to schedule an office visit.*

### Battering Intervention & Prevention Services (BIPP)

*A psycho-educational counseling program for men and women (separate programs) who are violent, abusive and/or controlling in their intimate relationships. Participants in the program attend a minimum of eighteen weekly group sessions with a trained facilitator. Facilitators are degreed professionals and many have licensure as a Master Social Worker, Psychological Associate or Professional Counselor. The group sessions educate participants about the nature of domestic violence and the historical and social context in which it occurs.*

### Servicios de la Defensa de la Víctima

*Los servicios siguientes están disponibles para toda las víctimas de la violencia doméstica por teléfono y en persona: Asesoramiento de la crisis y planeamiento de seguridad; Información sobre el sistema criminal; Información sobre la ley de familiar; referencias para refugios, consejerilla y otros servicios necesarios; accesoria sobre el sistema criminal de la justicia; y grupo de apoyo para mujeres hacerla de la naturaleza de violencia domestica y so contéis social.*

### Servicios Legales de la Defensa

*Un abogado administrador, un personal de cuatro abogados, y tres abogados por contrato que están autorizados por la barra del estado de Texas que proporcionan representación legal en cuanto a la ley familiar a las víctimas de la violencia doméstica que satisfacen los requisitos del programa. Una investigación inicial por medio de un(a) asesor(a) al cliente es requerido. El programa legal de defensa esta establecido convenientemente cerca de las cortes en el centro de Houston en la esquina de la Main y Texas. Por favor llamar anticipadamente para hacer una cita.*

### Programa de Intervención y Servicios de Prevención (BIPP)

*Es un Psicol.-educativo para hombres y mujeres (programas separados) que son violentos, abusivos y/o controladores en sus relaciones íntimas. Los participantes en el programa atienden un mínimo de dieciocho sesiones semanales con un facilitador entrenado. Los facilitadores son profesionales graduados y muchos tienen licenciaturas en Maestría de Trabajador Social, Asociado Psicológica, y Consejeros Profesionales. Las sesiones del grupo educan a los participantes acerca de la naturaleza de la violencia domestica y en contexto histórico y social en al cual ocurre.*

## AIDS COALITION OF COASTAL TEXAS

707 Tremont
Galveston, TX 77550

MAIN: . . . . . (409) 763-2437
FAX:. . . . . (409) 763-5482
TOLL FREE: . . . . . (800) 755-0440
EMAIL:. . . . . .accttx@yahoo.com
CITY SECTION: . . . . . Southeast
AREA SERVED: Brazoria, Galveston & Matagorda counties
LEGEND: . . . . . All, **HIV+ only**, Free, CD, Esp

*Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, case management, legal referrals, funeral planning, client workshops, transportation, emergency financial assistance, rental assistance, AIDS information library, support groups, speakers bureau, medical equipment & supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services. Must show proof of HIV status, call for intake.*

*Administradores de casos de habla hispana. Se provee parte de los pagos para las clínicas y recetas médicas, consulta nutricional, consejería sobre el contacto sexual más seguro, consejo sobre el manejo del estrés, administración de casos, referencia legal, planificación funeraria, talleres para el cliente, transportación, asistencia financiera de emergencia, pago de alquiler, biblioteca referente al SIDA, grupos de apoyo, equipo y suministro médico, visitas a la casa y al hospital, asistencia de cuidador/a, almacén de alimentos, apoyo telefónico y de voluntarios, servicio notarial. Debe comprobar que el cliente es una persona con el VIH; llame para su cita inicial.*

## AIDS FOUNDATION HOUSTON

3202 Weslayan
Houston, TX 77027

MAIN: . . . . . (713) 623-6796
FAX:. . . . . (713) 623-4029
WEB: . . . . . www.AIDShelp.org
EMAIL:. . . . . info@afhouston.org
CITY SECTION: . . . . . Central
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm
BUS ROUTES: . . . . . 78, 82, 81, 25

### Bodichitta de Tomas Clothing Pantry

MAIN: . . . . . (713) 623-6796
LEGEND: . . . . . **HIV+ only**, Free, Call for intake

*Pantry for AFH clients in need of immediate clothing assistance.*

*Se provee asistencia inmediata de prendas de vestir a los clientes de AFH. Traducción disponible*

### Burress Street Apartments

INTAKE: . . . . . (713) 623-6796
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Northside
LEGEND: . . . . . W, I/RR, **HIV+ only**, Appt Req, S$ based on HUD calculations

*Burress Street helps single women achieve a greater sense of self-determination from homelessness to permanent housing.*

*Burress Street ofrece vivienda permanente a las mujeres solteras a efecto de lograr estabilidad.*

### Camp HOPE

INTAKE: . . . . . (713) 623-6796
LEGEND: . . . . . **HIV+ only**, C (ages 7-15), application

*Camp Hope was established in 1996 as the first week long summer camp for HIV+ children ages 7-15. Campers enjoy traditional camp activities in a modern setting, complete with state of the art medical facilities and trained psychosocial staff.*

### Chupik House

INTAKE: . . . . . (713) 623-6796
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Rosenberg
LEGEND: . . . . . M, Appt Req, **HIV+ only**, S$ based on HUD calculations

*Chupik House is a housing program for men living with HIV/AIDS. A monthly program fee is assessed according to the individuals income. Supportive services include transportation, mental health counseling and case management.*

### Community Outreach and Education

MAIN: . . . . . (713) 333-5624
NEIGHBORHOOD: . . . . . Montrose

*Provides outreach, health education and risk reduction information.*

### EFSP Emergency Financial Assistance

MAIN: . . . . . (713) 623-6796
LEGEND: . . . . . **HIV+ only**
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-5pm

*AFH offers limited financial assistance during the spring and summer to persons or families needing first months rent or emergency rent/mortgage assistance. Must be able to prove ability to pay future rent. Call for intake.*

*AFH ofrece asistencia financiera limitada, durante la primavera y el verano, a familias o personas necesitando ayuda en el primer mes de alquiler o asistencia de emergencia hacia la renta/hipoteca. Deben demostrar que pueden pagar futura renta. Llamar para la admisión.*

### First Responders

LEGEND: . . . . . Adults only, CD, S$, receiving SSI/SSD or VA benefits

*First Responders is a "housing first" community integration program that outreaches to and places chronically homeless disabled persons residing on the streets in permanent housing. Call for intake.*

*First Responders es un programa comunitario de integración que extiende y coloca a personas crónicamente discapacitadas y sin vivienda permanente. Llamar para una cita inicial.*

### Focus on Youth

LEGEND: . . . . . Y (ages 13-18), Free

*Focus on Youth targets at-risk African American youth providing age appropriate risk-reduction information and HIV testing in a supportive and confidential environment.*

*Este programa enfoca en los adolecentes afro-americanos en riesgo, ofreciendo información apropiada de reducción de riesgo y pruebas para el VIH en un ambiente confidencial y de apoyo.*

### Get Started

LEGEND: . . . . . **HIV+ only**

*Program designed to help minority offenders who are HIV+ enroll and participate in the Texas HIV Medication Program. Through the Get Started program, recently released offenders can access HIV medications at no charge, allowing them to continue medication regimens begun while incarcerated without interruption which reduces the likelihood of viral resistance. In addition, this program helps newly released offenders re-establish their "free world" lives by linking them to services.*

*Este programa ayuda a delincuentes de la minoría que viven con el VIH a inscribirse y participar en el Programa de Texas para Medicamentos para el VIH. A través de este programa, los delincuentes recientemente liberados pueden acceder a medicamentos sin costo alguno, permitiéndoles que continúen, sin interrupción, con el mismo régimen de medicamentos que iniciaron mientras encarcelados y que reduce la probabilidad de resistencia viral. Además, este programa ayuda a los delincuentes recién liberados a reestablecerse en el mundo libre vinculándoles a los servicios.*

### Get Started Girl

MAIN: . . . . . (713) 333-5624
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . W, I/RR, Free, Call for intake.

*The goal of Get Started Girl is to reduce the transmission of HIV/AIDS and secondary infections in formerly incarcerated women by providing gender-specific opportunities for cultural-affirmation, critical thinking and health literacy of the many health issues facing women today. Get Started Girl considers the social and environmental context in which women live and structures information, activities, program priorities and service delivery systems to complement those factors. The program builds self-esteem as well as gender and ethnic pride through cultural awareness, building on the extensive legacy of women and the themes of struggle and perseverance to frame discussions on HIV/AIDS. Get Started Girl serves all women released from prison with an emphasis on women released within the previous six months; but due to the high prevalance of HIV-infection in African American incarcerated women, the program is focused around the needs of minority women.*

*La meta de este programa es el de reducir la transmisión del VIH/SIDA e infecciones secundarias en las mujeres que*

*fueron encarceladas, proveyendo oportunidad de género específico para la afirmación cultural, pensamiento crítico, conocimiento práctico y literario de la salud sobre temas que enfrentan a la mujer de hoy. El programa considera el contexto social y de ambiente en el que la mujer vive y ofrece información, actividades, programa de prioridades y sistema de servicios de entrega para complementar a dicho contexto. Además, promueve la autoestima y orgullo genérico y étnico en una conciencia cultural basada en el amplio legado de la mujer, su lucha y su perseverancia por medio de discusiones sobre el VIH/SIDA. El programa sirve a todas las mujeres liberadas de prisión, con énfasis a aquellas liberadas en los últimos seis meses. Pero dada la alta prevalencia de infección del VIH en las mujeres afro-americanas encarceladas, el programa se enfoca en las necesidades de las mujeres minoritarias.*

### Growing Young Minds (G.Y.M.)

Child Monitoring Services at
Thomas Street Clinic and Bering Dental Clinic

CITY SECTION: . . . . . Central
LEGEND: . . . . . .C (ages 0-12), Free, Lim
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm
BUS ROUTES: . . . . . 9, 24, 37, 52

*Child monitoring is available for patients and their children receiving medical and or social support from Thomas Street Health Center and Bering Dental Clinic. This service is reserved for patients needing short-term child monitoring during their appointments.*

### Help House

NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . Adults, **HIV+ only**, Disabled, S$ based on HUD calculations
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm

*Help House provides permanent housing along with vital supportive services that empower clients to live independently. Call for intake.*

*Help House provee vivienda permanente con servicios de ayuda vital que permite a los clientes vivir independientemente. Llamar para una cita inicial.*

### Housing Empowerment Life Planning (HELP) Programs

LEGEND: . . . . . **HIV+ only**

***H.E.L.P. programs of AFH assist in prevention of homelessness for individuals and families. These opportunities include the following programs:***

*Housing Opportunities for Persons with AIDS (HOPWA) Short-Term Rental/Mortgage/Utility Assistance (STRMU): This program helps those who meet qualification guidelines with up to no more than 21 weeks (approximately 5 months) of assistance. For more information call any Benefits and Resources Counselor or the HOPWA Assistance Specialist at 713 623-6796.*

*HOPWA Tenant-based Rental Assistance (TBRA): This program helps those who are seeking to become more financially stable to prevent homelessness with limited rental subsidy. It assists clients who meet eligibility requirements with a portion of their rent for the term of the grant period. For more information contact any Benefits and Resources Counselor or the TBRA Housing Case Manager at 713 623-6796.*

***H.E.L.P. de AFH es un programa que asiste a individuos y familias sin vivienda e incluye los siguientes programas:***
*Oportunidades de Vivienda para las personas con el VIH (HOPWA) y Asistencia a corto plazo para la renta/hipoteca/servicios públicos (STRMU): Este programa ayuda a aquellas personas que reúnen las directrices de calificación y pueden recibir ayuda hasta y no más de 21 semana (aproximadamente 5 meses) de asistencia. Para más información llame a cualquier Consejería de Beneficios y Recursos o al HOPWA Especialista en Asistencia al 713-623-6796.*

*Asistencia para el Inquilino (TBRA): Este programa ayuda a las personas que buscan estabilidad financiera con limitado subsidio de renta para prevenir la pérdida de su vivienda. Asiste a los clientes que reúnen los requerimientos elegibles con una porción de su renta por el término del periodo de la subvención. Para más información contacte a cualquier Consejería de Beneficios y Recursos o al TRA Administrador de Casos de la Vivienda al teléfono 713-623-6796.*

### Popular Opinion Leader

MAIN: . . . . . (713) 333-5624
24 HOURS: . . . . . (832) 563-8259
NEIGHBORHOOD: . . . . . Montrose
AREA SERVED: . . . . . .Harris County
LEGEND: . . . . . .M, Free, Call for intake

*Popular Opinion Leader trains leaders from gay/ bisexual/ transgender community to engage their peers in casual conversations regarding safer sex misconceptions, HIV prevention and personal risk reduction strategies.*

### Positive Link

LEGEND: . . . . **HIV+ only**, W, C (ages 0-12), Y (ages 13-24), Free, Walk-ins
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-5pm, as scheduled

*Positive Link works to identify women, infants, children and youth living with HIV and link them to HIV primary medical care and case management services.*

*Positive Link (Vínculo Positivo) identifica a las mujeres, los infantes, niños/niñas y adolecentes viviendo con el VIH y los vincula al cuidado médico primario y a los servicios de administración de casos.*

### Positive Vibe

LEGEND: . . . **HIV+ only**, Y (ages 13-24), Free, Referral Req

*Positive Vibe is a unique collaboration of services offering client-centered clinic and health initiatives specifically for the needs of HIV+ youth and young adults between the ages of 13-24. Call for intake.*

### Project "A Friendly Haven"

INTAKE: . . . . . (713) 651-0833
LEGEND: . . . . . **HIV+ only**

*A Friendly Haven is an apartment complex for HIV+ women and their families. It works with several agencies to provide on-site services. The goal is to help women increase their skills, education and stability. A Friendly*

*Haven offers emotional support groups, individual counseling and educational/job training.*

*A Friendly Haven es un complejo de apartamentos para las mujeres viviendo con el VIH y sus familiares y se coordina con varias agencias para proveer varios servicios en la misma ubicación. La meta es ayudar a las mujeres a desarrollarse en sus habilidades, educación y estabilidad. También ofrece grupos de apoyo emocional, consejería individual y entrenamiento educacional y laboral.*

### Project LifeRoad

LEGEND: . . . . . **HIV+ only**
REQUIRED FOR INTAKE: . . . . . .Homeless documentation

*Funded by the HUD Supportive Housing Program, LifeRoad offers a comprehensive homelessness intervention care continuum. Providing a holistic approach to housing and supportive services for homeless Persons Living with HIV/AIDS, this project includes centralized intake and assessment, medical and psychosocial case management, mental health counseling, substance abuse counseling, money management, nutrition counseling, food, rent, utility and household assistance, job training and placement and related supportive services. Clients are placed in less structured environments over time until they are ready to live independently and establish permanent housing.*

*Financiado por el Programa de Apoyo para la Vivienda HUD, LifeRoad ofrece un continuo cuidado de intervención comprensiva para la prevención de personas sin vivienda. Proveyendo un enfoque holístico a los servicios de vivienda y apoyo para las personas VIH+ sin vivienda. Este programa incluye admisión centralizada y asesoramiento, administración de casos médicos y psicosociales, consejería para la salud mental, consejería para el abuso de sustancias, administración financiera, consejería nutricional, alimentos, renta, servicios públicos, asistencia doméstica, colocación y entrenamiento laboral. Los clientes, con el tiempo, son colocados en ambientes menos estructurados hasta que estén preparados para vivir independientemente y puedan establecerse en viviendas permanentes.*

### Project My Home

LEGEND: . . . . . Adults with disabling condition, rent=30% of income

*Long-term housing provided in a shelter plus care residential living facility.*

*Vivienda a largo plazo en refugios y en otras residencias de cuidado.*

### Project Need A Ride

MAIN: . . . . . .(713) 623-6796
FAX:. . . . . .(713) 623-4081
LEGEND: . . . . . **HIV+ only**, W, C, Y (up to age 24), Free, Referral Req
HOURS OF OPERATION: . . . . .Monday-Friday, 9am-5pm, as needed

*Project Need a Ride provides transportation assistance to women and youth clients through the distribution of taxi vouchers and METRO bus tokens for the purposes of appointments related to Ryan White Part D HIV primary medical care.*

*El proyecto "Need a Ride" provee asistencia de transportación a mujeres y adolecentes a través de la distribución de vales para taxi y fichas para el METRO con el propósito de asistir a citas relacionadas al cuidado médico primario Ryan White parte D.*

### Project Porchlight

INTAKE:. . . . . .(713) 623-6796
LEGEND: . . . . . **HIV+ only**

*AFH, in partnership with Houston's Habitat for Humanity, creates permanent housing for low-income families who graduate from AFH transitional housing programs, allowing them the opportunity of home ownership. A step forward in eliminating poverty and creating permanent housing for low-income families living with HIV.*

*El AFH, en asociación con Hábitat para la Humanidad de Houston, crea vivienda permanente para familias de bajos ingresos que se gradúan del programa transicional de vivienda AFH, permitiendo la oportunidad de poseer casa. Un paso adelante para eliminar la pobreza y crear vivienda permanente para familias de bajos ingresos viviendo con el VIH.*

### Project Wall Talk

MAIN: . . . . . .(713) 333-5624
NEIGHBORHOOD: . . . . . Montrose

*In partnership with the Texas Department of Criminal Justice (TDCJ), provides peer education training and other prison-related HE/RR activities within the prison system.*

### Stone Soup

INTAKE:. . . . . .(713) 623-6796
LEGEND: . . . . . **HIV+ only**
HOURS OF OPERATION: . . . . .Monday-Friday, 9am-5pm; Monday, Tuesday, Thursday 5:45pm-7:15pm; Saturday 9am-2pm

*Food and Nutrition Assisstance Program. Stone Soup provides non-perishable food items and Kroger/Fiesta vouchers redeemable for food and personal hygiene items. AFH works with local providers to offer nutritional counseling and supplements to Stone Soup clients.*

*Programa de Asistencia de Nutrición y Alimentos. Stone Soup provee alimentos no perecederos y vales para Kroger/Fiesta redimible para alimentos y artículos para la higiene. AFH trabaja con proveedores locales para ofrecer consejería nutricional y suplementos para los clientes de Stone Soup.*

### Universal Teens

LEGEND: . . . . . **HIV+ only**, Y (ages 16-19), Free, Lim

*Universal Teens is a life skills driven program for positive teens 16 to 19 years of age to help them transition into adulthood. The program provides quarterly programming as well as a five day summit held in June.*

### Voices/Voces

MAIN: . . . . . .(713) 333-5624
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: Adults only, African American or Hispanic, Free

*Voices/Voces is a one-time video based intervention that teaches African American and Hispanic adults safer sex negotiation skills which leads to increased condom use. Bilingual sessions are available.*

### Volunteer Services

*Wide variety of volunteer opportunities available for adults and young adults interested in working with people and families infected/affected by HIV/AIDS. Must complete application and interview, some positions require criminal background check.*

## AIDS HOUSING COALITION HOUSTON, INC. (AHCH)

502 West 24th Street
Houston, TX 77008

MAIN: . . . . . (713) 864-1795
WEB: . . . . . web.wt.net/~ahch
EMAIL:. . . . . ahch@wt.net
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Heights
BUS ROUTES: . . . . . 50, 66

*All volunteer, community-based, 501(c)3 nonprofit organization providing public advocacy and AIDS education; host of West Heights House and of the HIV/AIDS Community Resource Hotline. 2007 Jefferson Award agency.*

### HIV/AIDS Community Resource Hotline

LEGEND: . . . . . All, Free, 24 hours

*Free referrals for people infected and loved ones and friends affected by the HIV virus and AIDS complications. Mentorship on social services, survival information, safer sex education, housing processes, medical services, viatical issues, home health care options, hospices and funeral options.*

### West Heights House

LEGEND: . . . . . M, W (ages 19 & up), **HIV+ only**, Flat fee, Appt Req, Lim
HOURS OF OPERATION: . . . . . By appointment only
REQUIRED FOR INTAKE: . . .State ID, reasonable proof of income and medical issues.

*Short term SRO Rentals: West Heights House (WHH) is a nonprofit volunteer effort - a GLBT oriented guest house. AHCH, Inc. offers a clean, safe, multi-room temporary home just for people living with HIV/AIDS and low-income; all are welcome. These are not apartments, rather private, furnished SRO bedrooms, short-term only. Independent living units designated for infected individuals with SSI/SSDI income. Accepting self-ambulatory patients ages 19 and up with mild to medium medical diagnosis, verifiable source of income and picture ID. Not suitable for couples or children - one person occupancy per room. No deposit, bills paid, phone, cable TV, share kitchen and shower/bath. Monthly rental rates vary due to funding levels. WHH is not a hospital or hospice setting and no longer accepts social service voucher pledges. Alcohol consumption or illegal drugs are not welcome. WHH has no medical aid and is not wheelchair accessible. Simple application process, please call for more information or to make an appointment. Not free, fee-based. SSI/SSDI welcome.*

## AIDSINFO

P O Box 6303
Rockville, MD 20849-6303

MAIN: . . . . . 1-800-HIV-0440
TTY: . . . . . (888) 480-3739
WEB: . . . . . aidsinfo.nih.gov
EMAIL:. . . . . contactus@aidsinfo.nih.gov
HOURS OF OPERATION: . . Monday to Friday, 11am-4pm Central Time

*AIDSinfo is a U.S. Department of Health and Human Services (DHHS) project that offers the latest federally approved information on HIV/AIDS clinical research, treatment and prevention, and medical practice guidelines for people living with HIV/AIDS, their families and friends, health care providers, scientists, and researchers.*

*AIDSinfo services and staff cannot replace direct communication with your healthcare provider(s). The staff cannot respond to questions about specific medical cases, offer medical advice, give second opinions, or make recommendations about specific therapies.*

*AIDSInfo es un proyecto del Departamento de Salud y Servicios Humanos de los Estados Unidos de América (DHHS) que ofrece información actualizada y, federalmente aprobada, pertinente a las investigaciones sobre el VIH/SIDA, como así también de tratamiento*

## ALCOHOLICS ANONYMOUS (AA)

See Intergroup Association, Inc.

## ALDINE FUNERAL CHAPEL, LLC

9504 Airline Drive
Houston, TX 77037-2208

MAIN/24 HOURS: . . . . . (281) 591-6055
FAX:. . . . . (281) 591-7579
TOLL FREE: . . . . . (877) 468-4480
WEB: . . . . . www.aldinefuneralchapel.com
EMAIL:. . . . . .staff@aldinefuneral.com
CITY SECTION: . . . . . North
AREA SERVED: . . . . . Harris County
LEGEND: . . . . . Appt recommended
BUS ROUTES: . . . . . 56
REQUIRED FOR INTAKE: Funeral home paperwork must be signed in person, by fax or by email by legal next of kin.

### Direct Cremation

*Complete cremation services. Special Program, including crematory fee and one certified copy of the Death Certificate, available when death occurs in Harris County and decedent weighs less than 250 pounds; total cost includes all required fees: $896.00*

## ALLIANCE FOR MULTICULTURAL COMMUNITY SERVICES

6440 Hillcroft Street, Suite 411
Houston, TX 77081-3192

MAIN: . . . . . (713) 776-4700
FAX:. . . . . (713) 776-4730
INTAKE: . . . . . Extension 158, 137, 129
WEB: . . . . . allianceontheweb.org
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Sharpstown

AREA SERVED: . . . . . .Harris County
LEGEND: . . . . . **HIV+ only**, Immigrants/Refugees, Free, Appt Req, Referral Req, Lim, Esp
HOURS OF OPERATION: . . .Monday -Friday, 8:30am-5pm
BUS ROUTES: . . . . . 9, 47, 163

### Health Services Department

Housing Opportunity for People with AIDS (HOPWA): The mission of Alliance's HOPWA Program is to improve the wellbeing, productivity and quality of life of individuals living with HIV/AIDS and their families through the provision of housing and case management services. Services include short-term rental assistance and case management as needed for eligible HIV positive individuals.

**Interpreter Services:** Over 150 trained interpreters with nearly 69 languages represented.

## AMEX PHARMACY

3030 Canal Street
Houston, TX 77003

MAIN: . . . . . .(713) 237-9301
FAX:. . . . . .(713) 227-1130
WEB: . . . . . .www.amexRx.com
EMAIL:. . . . . amexpharmacy@hotmail.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Second Ward
LEGEND: . . . . . All, Esp
BUS ROUTES: . . . . . 20, 29, 37, 48

*Farmacia.*

## ARLINGTON NATIONAL FUNERAL HOME

5601 Arlington Street
Houston, TX 77076

MAIN: . . . . . .(713) 692-5555
FAX:. . . . . .(713) 692-0947
TOLL FREE: . . . . . .(800) 842-2132
WEB: . . . . . www.arlingtonnational.com
EMAIL:. . . . . ANFH713@aol.com
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Northside
HOURS OF OPERATION: . . . . . 24 hours/7 days a week
BUS ROUTES: . . . . . 9, 45

*Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available.*

## ART LEAGUE HOUSTON

1953 Montrose Boulevard
Houston, TX 77006

MAIN: . . . . . .(713) 523-9530
FAX:. . . . . .(713) 523-4053
WEB: . . . . . .www.artleaguehouston.org
EMAIL:. . . . . .alh@artleaguehouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
BUS ROUTES: . . . . . 3, 34

### HIV + Healing Art Group

*LEGEND: . . . All, Free, Walk-ins, call for location of classes*

*This award-winning outreach program offers a variety of activities for the artist and non-artist alike. Monthly projects focus on constructive art making in a relaxed atmosphere. Come experience the healing power of art. Classes are ongoing and are free of charge. Please call for more information.*

## ASERACARE HOSPICE

1235 North Loop West, Suite 215
Houston, TX 77008

MAIN/INTAKE: . . . . . .(713) 864-2626
FAX:. . . . . .(713) 864-9476
TOLL FREE: . . . . . .(888) 646-8696
WEB: . . . . . www.aseracare.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Heights
AREA SERVED: . . . . . Ft. Bend, Galveston, Harris, Montgomery and Walker counties
LEGEND: . . . . . .Adults, Ins, Med, Esp
BUS ROUTES: . . . . . 40, 50

*Palliative care (comfort care) to persons with life limiting illness. Services include skilled nursing, social worker, pastoral counseling and bereavement support.*

*Cuidado paliativo para personas con existencia limitada a efecto de la enfermedad. Los servicios incluyen enfermeras capacitadas, trabajador/a social, consejero/a pastoral y atención prestada a personas que sufren por la pérdida de un ser querido.*

## ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

204 Clifton
Houston, TX 77011

MAIN: . . . . . .(713) 926-9491
FAX:. . . . . .(713) 926-2672
WEB: . . . . . .www.aamainc.us
CITY SECTION: . . . . . .East
NEIGHBORHOOD: . . . . . Second Ward
AREA SERVED: . . . . . Harris county
LEGEND: . . . . . .M, W, Families, Y, Esp, Free, Walk-ins, CD
HOURS OF OPERATION: . . . . . .Monday-Friday, 7am-5pm
BUS ROUTES: . . . . . 50

### Minorities Action Program (MAP)

*A major initiative in Harris County funded by DSHS that provides outreach services to a defined target population that is extremely vulnerable to behavior or associations that may lead to the acquisition or spread of communicable diseases. The outreach activities primarily entail the delivery of information dissemination as well as educational activities that are current and proven successful in the risk-reduction for HIV or other sexually transmitted diseases.*

*The outreach team is very active in the referral process and systematically provides clients with access to resources in the community for treatment, housing, medical benefits, public health screening, and also is able to liaison for individuals who are unable to access services due to language barriers.*

*Un programa de iniciativa en el Condado Harris fundada por DSHS que provee servicios de alcance a una población definida por su comportamiento o asociación*

*a una extrema vulnerabilidad de adquirir o transmitir enfermedades. La función de este programa consiste primordialmente en promover información y actividades educacionales que han sido comprobadas efectivas en la reducción al riesgo de contraer el VIH y otras enfermedades transmitidas sexualmente.*

*El equipo de alcance participa en el proceso de referencia y sistemáticamente provee ayuda a clientes en el acceso a recursos comunitarios, así como tratamientos, vivienda, beneficios médicos, evaluación de la salud pública, y también asiste a las personas que tienen dificultad en el acceso de los servicios debido a las barreras lingüísticas.*

## ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

6001 Gulf Freeway
Houston, TX 77023

MAIN: . . . . . (713) 926-4756
FAX:. . . . . (713) 926-8035
WEB: . . . . . www.aamainc.us
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Lawndale
LEGEND: . . . . . M, W, Y, Free, Walk-ins, Esp, CD
BUS ROUTES: . . . . . 26, 27

### Casa Phoenix
### AAMA Family Health Clinic
### George I. Sanchez High School

*Education: Pre K, grades 9-12, GED, computer and ESL; family health clinic; HIV and STD testing; Casa AAMA (Phoenix) outpatient and residential chemical dependency treatment.*

*Educación: Prekindergarten, grados 9-12, GED, clases de computación e inglés; clínica para la familia; análisis del VIH y ETS (enfermedades de transmisión sexual); Casa AAMA (Phoenix) tratamiento para la dependencia de drogas para pacientes internos y externos.*

## BAY AREA COUNCIL ON DRUGS AND ALCOHOL, INC.

1300 Bay Area Boulevard, Suite 102
Houston, TX 77058

MAIN/24 HRS:. . . . . (281) 212-2900
FAX:. . . . . (281) 212-2901
TOLL FREE: . . . . . (800) 510-3111
WEB: . . . . . www.bacoda.com
EMAIL:. . . . . questionsforbacoda@bacoda.com
CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . Clear Lake/NASA
AREA SERVED: . . . . . South, southeast & eastern Harris County, Brazoria, Matagorta and Galveston counties
LEGEND: . . . . . All, CD

BACODA has offices in Clear Lake, Angleton and Bay City.

*Free substance abuse screening, referral, assessments and counseling for those meeting eligibility requirements. All classes offered for a fee. Staff available for health fairs and speaking engagements at no cost.*

*Evaluación gratuita sobre el abuso de sustancias, referencias, asesoramiento y consejería para aquellos que sean elegibles. Hay un costo por las clases ofrecidas. El personal está disponible para dar presentaciones y charlas sobre la salud sin costo.*

## BAY AREA HOMELESS SERVICES

3406 Wisconsin Street
Baytown, TX 77520

*Mailing Address:*
PO Box 4130
Baytown, TX 77522

MAIN: . . . . . (281) 837-1654
FAX:. . . . . (281) 837-1031
24 HOURS: . . . . . (281) 837-1657
ADMINISTRATION: . . . . . (281) 420-6728
CITY SECTION: . . . . . East
AREA SERVED: . . Eastern Harris, western Chambers and southern Liberty counties
LEGEND: . . . .Adults (age 17 and up), Families, Appt Req, **HIV+ only**, Esp

*Temporary emergency shelter and meals for up to 6 weeks; comprehensive case management; transportation. Must be at least 17 years of age if alone. Must be able and willing to seek and maintain full-time employment.*

*Refugio temporario y alimento por 6 semanas; administración de casos; transportación. Los clientes deben ser mayor de 17 años de edad y estar dispuestos a buscar y mantener empleo de tiempo completo.*

## BAY AREA TURNING POINT, INC.

210 South Walnut Street
Webster, TX 77598

*Mailing Address:*
PO Box 57543
Webster, TX 77598

MAIN: . . . . . (281) 338-7600
FAX:. . . . . (281) 557-0290
24 HOURS: . . . . . (281) 286-2525
WEB: . . . . . www.bayareaturningpoint.org
CITY SECTION: . . . . . Southeast
AREA SERVED: . . . . . No service area restrictions
LEGEND: . . . . . All, Free
HOURS OF OPERATION: . . . Monday-Friday, 8:30am-6pm
REQUIRED FOR INTAKE: . . . . . None

### Crisis Hotline

*Provides a 24 hour crisis hotline and emergency accompaniment to area hospitals and police depts. Assist victim with obtaining protective orders, crime victims compensation and filing of charges.*

### Support Groups

LEGEND: . . . . . W, Families, Free, Appt Req

*Support groups for women who are victims of family violence and/or sexual assault. Caseworkers provide case management services and therapeutic counseling for victims of sexual assault.*

### Crisis Shelter

Location Confidential

24 HOURS: . . . . . (281) 286-2525
FAX:. . . . . (281) 286-8687
CITY SECTION: . . . . . Southeast
LEGEND: . . . . . W, Families, Appt Req, Esp

*Crisis shelter for women and their children who are victims of family violence, sexual assault and otherwise homeless. Includes therapy and victim assistance.*

### Resale Shop

18028 Nassau Bay Drive
Nassau Bay, TX 77058

CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . Nassau Bay
LEGEND: . . . . . M, W, Families, All, Free, Esp
HOURS OF OPERATION: . . Tuesday-Saturday, 10am-7pm

*Free clothing to area residents who come in for an assessment and are in need. Provides clothing to BATP emergency shelter clients and career clothing for clients of the Self Reliance Program.*

## BAYLOR COLLEGE OF MEDICINE TEEN HEALTH CLINICS

AREA SERVED: . . . . . Harris County
LEGEND: . . . . . Free, Appt Req
HOURS OF OPERATION: .Monday-Thursday, 8am-6:30pm
REQUIRED FOR INTAKE: . . . . . None

### Ben Taub Teen Health Clinic

1504 Taub Loop
Houston, TX 77030

MAIN: . . . . . (713) 873-3601
FAX:. . . . . (713) 873-3608
WEB: . . . . . www.teenhealthclinic.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
BUS ROUTES: . . . . . 1, METRO light rail

*Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.*

*Prueba y tratamiento para las infecciones transmitidas sexualmente; prueba de embarazo, detección y referencias; cuidado prenatal; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolecentes; prueba del VIH y consejería; exámenes postparto.*

### Cavalcade Teen Health Clinic

3815 Cavalcade
Houston, TX 77026

MAIN: . . . . . (713) 673-1655
FAX:. . . . . (713) 673-1549
CITY SECTION: . . . . . Northeast
NEIGHBORHOOD: . . . . . Kashmere Gardens
BUS ROUTES: . . . . . 26, 27, 52

*Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.*

*Prueba y tratamiento para las infecciones transmitidas sexualmente; prueba de embarazo, detección y referencias; cuidado prenatal; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolecentes; prueba del VIH y consejería; exámenes postparto.*

### Cullen Teen Health Clinic

5737 Cullen Boulevard
Houston, TX 77021

MAIN: . . . . . (713) 440-7313
FAX:. . . . . (713) 440-8352
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . MacGregor
LEGEND: . . . . . Free, appt req, open Tues/Wed
BUS ROUTES: . . . . . 26, 27, 30

*Testing and treatment for sexually transmitted infections; pregnancy testing and referral; Texas Health Steps; Well adolescent exams; HIV screening and counseling; birth control method and counseling.*

### Lawn Teen Health Clinic

8111 Lawn Street
Houston, TX 77088

MAIN: . . . . . (281) 847-9970
FAX:. . . . . (281) 820-3740
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Acres Homes
LEGEND: . . . . . Free, appt req
BUS ROUTES: . . . . . 40, 64

*Immunizations; Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.*

*Inmunizaciones; prueba y tratamiento para las infecciones transmitidas sexualmente; prueba de embarazo, detección y referencias; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolecentes; prueba del VIH y consejería; exámenes postparto*

### LBJ Teen Clinic

5656 Kelley Street
Houston, TX 77026

MAIN: . . . . . (713) 566-5612
FAX:. . . . . (713) 566-5610
CITY SECTION: . . . . . Northeast
NEIGHBORHOOD: . . . . . Trinity/Houston Gardens
LEGEND: . . . . . Free, 13-21 years of age, appt req.
BUS ROUTES: . . . . . 1, 80

*Testing and treatment for sexually transmitted infections; pregnancy testing, screening and referral; prenatal care; car seat program; Texas Health Steps; Well adolescent exams; HIV testing and counseling; postpartum exams.*

*Prueba y tratamiento para las infecciones transmitidas sexualmente; prueba de embarazo, detección y referencias; cuidado prenatal; programa de "asiento de coche"; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolecentes; prueba*

### Teen Health Clinic Chavez High School

8501 Howard Drive
Houston, TX 77017

MAIN: . . . . . (713) 495-6971
CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . Meadowbrook
LEGEND: . . . . . Y (ages 13-18)
HOURS OF OPERATION:. . .Monday-Thursday, 8am-4:30pm
BUS ROUTES: . . . . . 40

*Primary health care; Immunizations; Testing and treatment for sexually transmitted infections; Texas Health Steps; Well adolescent exams; HIV counseling and screening; Treatment of minor/acute illnesses; Sports physicals; Health education.*

*Cuidado primario de la salud; inmunizaciones; prueba y tratamiento para las infecciones transmitidas sexualmente; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolecentes; consejería y asesoramiento del VIH; tratamiento para enfermedades leves y agudas; exámenes físicos para deportistas; educación de la salud.*

### Teen Health Clinic Lee High School

6529 Beverly Hill Street
Houston, TX 77057

MAIN: . . . . . (713) 787-1756
FAX: . . . . . (713) 787-1713
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Gulfton
LEGEND: . . . . . All, Appt Req, students of Lee HS only
HOURS OF OPERATION:. . Monday-Thursday, 8am-4:30pm

*Primary health care; Immunizations; Testing and treatment for sexually transmitted infections; Texas Health Steps; Well adolescent exams; HIV counseling and screening; Treatment of minor/acute illnesses; Sports physicals; Health education. Services are for students only.*

*Cuidado primario de la salud; inmunizaciones; prueba y tratamiento para infecciones transmitidas sexualmente; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolecentes; consejería y asesoramiento para el VIH; tratamiento de enfermedades leves y agudas; exámenes físicos para deportistas; educación de la salud. Estos servicios son para los estudiantes únicamente.*

## BAYLOR INTERNATIONAL PEDIATRIC AIDS INITIATIVE

**Texas Children's Hospital**
6621 Fannin Street, CC 1210
Houston, TX 77030-2399

MAIN: . . . . . (832) 822-1038
FAX:. . . . . (832) 825-1281
WEB: . . . . . www.texaschildrenshospital.org
www.bayloraids.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: . . . . . Esp, C (ages 0-18), S$, Med, **HIV+ only**
HOURS OF OPERATION: . . . Monday-Friday, 8:30am-4pm
BUS ROUTES: .2, 4, 8, 14, 26, 27, 68, 73, METRO light rail
REQUIRED FOR INTAKE: . . . . . Immunization record, Call for intake process

*Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.*

*Asistencia médica especializada en el cuidado y tratamiento de niños viviendo con el VIH e infantes que nacen de madres viviendo con el VIH.*

## BERING OMEGA COMMUNITY SERVICES

1429 Hawthorne
Houston, TX 77006

*Mailing Address:*
P O Box 540517
Houston, TX 77254-0517

MAIN: . . . . . (713) 529-6071
FAX:. . . . . (713) 529-3626
WEB: . . . . . www.beringomega.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
BUS ROUTES: . . . . . 81, 82

*Bering Omega Community Services mission is to nurture the well being and meet the physical, emotional and spiritual needs of persons affected by HIV/AIDS through compassionate health care and social services.*

### Care Center

1429 Hawthorne
Houston, TX 77006

MAIN: . . . . . (713) 341-3750
FAX:. . . . . (713) 520-7854
AREA SERVED: . . . . . .Harris, Anderson, Angelina, Austin, Brazoria, Brazos, Chambers, Colorado, Ft. Bend, Galveston, Jasper, Jefferson, Liberty, Montgomery, Nacogdoches, Nueces, Orange, Polk, San Jacinto, Trinity, Tyler, Walker, Waller and Wharton counties
LEGEND: . . . . . Adults, Free, **HIV+ only**, Esp
REQUIRED FOR INTAKE: . . . . . Call for intake

*The Care Center at BOCS offers care for adults with all stages of HIV disease, who have a medical condition that requires nursing care. The Care Center offers nursing care, nutritional assessments, counseling, meals and snacks, field trips, educational classes, television and other activities during the day. The Care Center is open M-F from 7am-5pm Learn more by calling us at 713-341-3750.*

*El Centro del Cuidado en BOCS ofrece atención para adultos en todas las etapas del VIH que tengan una condición médica que requieran enfermería. Este centro ofrece cuidado de enfermeras, asesoramiento nutricional, consejería, comidas y bocadillos, excursiones, clases educativas, televisión y otras actividades diarias. Obtenga más información llamando al 713-341-3750.*

### Dental Clinic

1427 Hawthorne
Houston, TX 77006

MAIN: . . . . . (713) 341-3790
FAX:. . . . . (713) 524-7995
LEGEND: . . . . Adults, Free, **HIV+ only**, Esp, Call for intake

*The dental clinic offers a full range of dental services for people living with HIV including emergency care, basic oral hygiene, treatment of lesions, ulcers and gum disease, dentures and other services. The Dental Clinic is open M-F from 8am-5pm Learn more by calling us at 713-341-3790.*

*La clínica dental ofrece una gran variedad de servicios dentales para personas con el VIH/SIDA, e incluyen atención de emergencia, higiene oral básico, tratamiento de lesiones, úlceras y la enfermedad de la encía, dentadura postiza y más. Para más información, llámenos al 713-341-3790.*

## Housing Assistance

1429 Hawthorne
Houston, TX 77006

MAIN: . . . . . (713) 341-3767
FAX:. . . . . (713) 341-3758
AREA SERVED: . . . . . Austin, Brazoria, Chambers, Harris, Ft. Bend, Galveston, Liberty, Montgomery, San Jacinto and Waller counties
LEGEND: . . . Free, Appt Req, **HIV+ only**, Esp, Call for intake

*Housing Assistance program offers basic budget planning and resources through HOPWAs Short-term Rent, Mortgage and Utility (STRMU) assistance and Tenant based Rental Assistance (TBRA) programs and first month rent and deposit assistance for persons living with HIV/AIDS. We teach clients the necessary skills to live adequately on their reduced income. The program is open M-F from 8am-5pm Learn more by calling us at 713-341-3767.*

*El programa de asistencia para la vivienda, por medio de HOPWA, ofrece ayuda en la planificación de un presupuesto básico, ayuda en el pago a la renta y el depósito, la electricidad, y la hipoteca, todos a corto plazo y a personas viviendo con el VIH. También orientamos a los clientes a efecto de adquirir la habilidad necesaria para que vivan adecuadamente con un ingreso limitado. El programa está disponible de lunes a viernes de 8am a 5pm Para más información, llame al 713-341-3767.*

## Residential HIV Hospice

602 Branard
Houston, TX 77006

MAIN: . . . . . (713) 341-3780
FAX:. . . . . (713) 526-8144
INTAKE:. . . . . (713) 341-3783
LEGEND: . . . . . **HIV+ only**, Free, Esp
HOURS OF OPERATION: . . . . . 24-hour facility
REQUIRED FOR INTAKE: . . . . . Call for intake

*Omega House is a safe and loving home environment where people living with AIDS can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The program offers social interaction with housemates and volunteers, as well as recreational activities including pet therapy. Learn more by calling us at 713-341-3780.*

*La Casa de Omega es un hogar con un ambiente seguro, de amor y compasión, donde los pacientes con SIDA pueden vivir sus últimos días con dignidad. Este hospicio de ocho camas ofrece asistencia médica paliativa (comodidad) así como ayuda sicosocial y de duelo para los moribundos y para sus seres queridos. El cuidado médico en curso y el cuidad de enfermería es ofrecido, junto con soporte y asistencia emocional durante las actividades diarias. El programa ofrece la interacción social con compañeros y voluntarios, así como actividades recreacionales. Aprenda mas llamándonos en 713-341-3783.*

## BERING SUPPORT NETWORK

1440 Harold
Houston, TX 77006

MAIN: . . . . . (713) 526-1017, Ext. 206
FAX:. . . . . (713) 520-6866
WEB: . . . . . www.beringsupportnetwork.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . M, W, Y (ages 19-24), Families, Walk-ins, Infected/affected
BUS ROUTES: . . . . . 81, 82

*Various support groups for persons who are HIV+, for loved ones of persons who are HIV+ and for both together; group therapy for persons coping with the death of a loved one; psychological counseling by professional counselors. Some funding for those with limited ability to pay. Restrictions apply, call for intake.*

*Varios grupos de apoyo de habla hispana para hombres y mujeres con el VIH (mixtos y separados); grupos terapéuticos para las personas lidiando con el fallecimiento de un ser querido; consejería psicológica con profesionales. Fondos limitados para aquellos con bajos recursos, pero existen restricciones. Por favor llame para más información sobre la admisión.*

## BIO SCRIP PHARMACY

4101 Greenbriar, Suite 235
Houston, TX 77098

MAIN: . . . . . (713) 521-1700
FAX:. . . . . (713) 521-5855
TOLL FREE: . . . . . (866) 523-5995
WEB: . . . . . www.BioScrip.com
EMAIL:. . . . . houston08@bioscrip.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . West University
LEGEND: . . . . . All, Med, Esp
HOURS OF OPERATION:. . Monday-Friday, 8:30am-6:30pm; Saturday 9am-1pm
BUS ROUTES: . . . . . 26, 27

*ADAP pharmacy. Vietnamese-speaking staff available. Personal hispanohablante disponible.*

## BRAZOS PLACE

1103 North Avenue H
Freeport, TX 77541

*Mailing Address:*
PO Box 2470
Freeport, TX 77542

MAIN: . . . . . (979) 233-3826
FAX:. . . . . (979) 233-3708
WEB: . . . . . www.brazosplace.org
CITY SECTION: . . . . . South
NEIGHBORHOOD: . . . . . Freeport

AREA SERVED: . . Brazoria, Ft. Bend, Galveston & Matagorda counties; court commitment clients served statewide.
LEGEND: . . Adults, S$, Appt or Walk-in, waiting list, CD, Esp
HOURS OF OPERATION: . . . . . .Monday-Friday 8am-5pm; Intake hours Monday-Friday 9am-11am
REQUIRED FOR INTAKE: . . . . . ID, drivers license, social security card

*Residential treatment facility for both men and women age 18 and up who are indigent with serious substance abuse problems. This is the only facility in Brazoria county that accepts female clients for residential treatment.*

*El personal incluye a consejeros hispanohablantes.*

## BRENTWOOD COMMUNITY FOUNDATION

13033 1/2 Landmark Street
Houston, TX 77045

WEB: . . . . . .www.brentwoodfoundation.org

### Brentwood Project WAITT
**(We're All In This Together)**

13101 Landmark Street
Houston, TX 77045

MAIN: . . . . . .(713) 852-2551
FAX:. . . . . .(713) 852-2559
CITY SECTION: . . . . . .Southeast
AREA SERVED: . . . . . .Harris, Ft. Bend, Montgomery, Chambers, Liberty and Waller counties
LEGEND: . . . . . All, appt/walk-ins, Free, **HIV+ only**, CD, food vouchers.
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm
BUS ROUTES: . . . . . 14
REQUIRED FOR INTAKE: . . . . . .ID; Proof of HIV status, Income and Residency

*Food vouchers, financial assistance, transitional housing, supportive services (HOPWA).*

*Vales de alimentos, asistencia financiera, vivienda de transición, servicios de apoyo (HOPWA). El horario para una cita inicial es de 9 am a 5pm*

## BRIDGE OVER TROUBLED WATERS, INC., THE

Location Confidential

*Mailing Address:*
PO Box 3488
Pasadena, TX 77501

MAIN: . . . . . .(713) 472-0753
FAX:. . . . . .(713) 472-8759
24 HOURS: . . . . . .(713) 473-2801
WEB: . . . . . .www.thebridgeovertroubledwaters.org
CITY SECTION: . . . . . .Southeast
AREA SERVED: . . . . . .Harris County
LEGEND: . . . . . .W, Families, All, Appt Req, Esp, Free
HOURS OF OPERATION:. . Monday-Friday 8:30am-5:30pm
REQUIRED FOR INTAKE: . . . . . .None

*Community outreach, long-term housing, emergency shelter, family violence, sexual assault counseling, support groups and hotline. Spanish advocate for casework available.*

*Alcance a la comunidad, vivienda a largo plazo, refugios de emergencia, violencia en la familia, agresión sexual, consejería, grupos de apoyo y línea telefónica de ayuda. Se dispone de ayuda en español para casos de rehabilitación.*

## BY HIS LOVE MINISTRIES, INC.

2201 Tuam Avenue
Houston, TX 77004

MAIN: . . . . . .(713) 659-7161
FAX:. . . . . .(281) 446-5592
EMAIL:. . . . . .BHLMinc@aol.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Third Ward
LEGEND: . . . . . .All, Free, Appt Req, CD
HOURS OF OPERATION: . . . . . 1st and 3rd Mondays, 11am-12:30pm
BUS ROUTES: . . . . . 5, 42, 80
REQUIRED FOR INTAKE: . . . . . Proof of ID: drivers license or social security card

*Provides prevention education, spiritual counseling, clothes closet, food pantry, feed the homeless, referrals for HIV testing, Teaching Youth Abstinence (faith-based program) and bible study for homeless individuals. HIV/AIDS seminars on request.*

# C

## CAGE'S MEDICAL SERVICES, INC.

11625 West Hardy Road
Houston, TX 77076

MAIN/24 HRS:. . . . . .(713) 674-5616
FAX:. . . . . .(713) 674-5620
TOLL FREE: . . . . . .(800) 417-0081
CITY SECTION: . . . . . .Northeast
LEGEND: . . . . . All, Med, Ins, Private pay, Walk-ins, Esp
BUS ROUTES: . . . . . 78

*Home health aides: Primary Home Care (PHC), Medically Dependent Children Program (MDCP), Community Based Alternatives (CBA)Program; respite care; homemaker services; sitters.*

## CARE GROUP OF TEXAS

9220 Kirby Drive, Suite 1000
Houston, TX 77054

MAIN/24 HRS:. . . . . .(713) 383-2100
FAX:. . . . . .(713) 383-2113
INTAKE FAX:. . . . . .(713) 383-2122
TOLL FREE: . . . . . .(800) 866-1851
WEB: . . . . . .www.caregrp.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Astrodome/South Loop
AREA SERVED: . Brazoria, Chambers, Ft. Bend, Galveston, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . . . . .All, Med, Ins, Private Pay, Workers Comp, Managed Care, Esp
HOURS OF OPERATION: . . . Monday-Friday, 8:30am-5pm
BUS ROUTES: . . . . . 18
REQUIRED FOR INTAKE: . . . . Physicians order, insurance/payment information

*Private duty nursing (RN & LVN), skilled nursing visit and unlicensed personal assistant services; physical, occupational and speech therapy; durable medical equipment; respiratory therapy/equipment-oxygen, ventilators, CPAP.*

### Pediatric Nursing & Pediatric Rehabilitation

LEGEND: . . All, Med, Managed Care, Private Pay, Ins, Esp
HOURS OF OPERATION: . . . Monday-Friday, 8:30am-7pm
REQUIRED FOR INTAKE: . . . . Physicians order, insurance/ payment information

*Skilled nursing visits to facilitate enteral feeding and respiratory equipment discharge to home, physical therapy, speech therapy, occupational therapy, sensory integration therapy, feeding program (OT). Reach Therapy Center: Outpatient Pediatric Rehabilitation Clinic.*

## CAREER AND RECOVERY RESOURCES, INC.

2525 San Jacinto
Houston, TX 77002

MAIN: . . . . . (713) 754-7000
FAX:. . . . . (713) 754-7068
TTY: . . . . . (832) 431-3785
WEB: . . . . . www.careerandrecovery.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Midtown
AREA SERVED: . . . . . HIV/STD testing in Zip codes 77002, 77020, 77026, 77093.
LEGEND: . . . . . M, W, Free, Appt Req, Walk-ins, CD
HOURS OF OPERATION: . . . . . Monday-Friday 9am-8pm
BUS ROUTES: . . . . . 1, 11, 52, METRO light rail
REQUIRED FOR INTAKE: Picture ID needed for most services

*Substance abuse counseling; employment services; HIV/STD testing; deaf and hard-of-hearing services (GED and job placement).*

*Consejería para el abuso de sustancias; servicios para obtener empleo; prueba del VIH/ETS; servicios para sordos y con problemas de audición (GED y colocación de empleos).*

## CASA DE ESPERANZA DE LOS NINOS, INC.

*Location Confidential*

PO Box 66581
Houston, TX 77266

MAIN/INTAKE: . . . . . (713) 529-0639
FAX:. . . . . (713) 529-9179
WEB: . . . . . www.casahope.org
EMAIL:. . . . . casa@casahope.org
CITY SECTION: . . . . . Central
LEGEND: . . . . . C, Free, Esp
HOURS OF OPERATION: . . . . . Monday-Friday 9am-5pm; available 24 hours for emergencies

*Foster care for children ages 6 and younger. Specialized medical, psychological and developmental services. Case management for parents of children in care.*

*Cuidado adoptivo de niños menores de 6 años de edad. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para los padres de niños bajo cuidado.*

## CATHOLIC CHARITIES AIDS MINISTRY

*Mailing Address:*
P O Box 66508
Houston, TX 77266

MAIN: . . . . . (713) 526-4611
FAX:. . . . . (713) 524-1904
WEB: . . . . . www.catholiccharities.org

## Community Services for Independence

Guadalupe Center
326 South Jensen Drive
Houston, TX 77003

INTAKE: . . . . . (713) 874-6624
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Midtown
AREA SERVED: . . . . . Ft. Bend, Galveston, Harris and Montgomery counties
LEGEND: . . . . . Adults, Families, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp
HOURS OF OPERATION: . . . Monday-Friday, 8am-4:30pm
BUS ROUTES: . . . . . 6, 11, 30, 37, 48, 77
REQUIRED FOR INTAKE: . . . Proof of HIV status, proof of income, photo ID

*Catholic Charities AIDS Ministry provides holistic services in three areas:*

**Education:** *education presentations for youth groups; resource library with educational materials.*

**Case Management and Financial Assistance:** *participation in the case management program offers limited financial and personal assistance, leading clients to self sufficiency: rent and utility assistance, individual and group counseling, referrals, assistance with community resources and supportive services. Non-case management one-time assistance includes information and referral, funeral assistance and rent deposit assistance.*

**Spiritual Support:** *Monthly spiritual support group, retreats and guided days of prayer, annual Mass of Remembrance and retreat scholarships.*

*Catholic Charities AIDS Ministry provee servicio holístico en 3 áreas:*

**Educación:** *presentación educativa a grupos de jóvenes y recursos bibliotecarios de material educativo.*

**Administración de casos y asistencia financiera:** *participación en este programa ofrece asistencia personal y financiera limitada con la meta de que los clientes alcancen la autosuficiencia: asistencia para el alquiler y los servicios públicos, consejería individual y de grupo, referencias, asistencia en adquirir recursos comunitarios y servicios de apoyo. A parte de la de administración de casos, la asistencia incluye información y referencias, asistencia para funerarias y asistencia para el depósito del alquiler.*

**Apoyo espiritual:** *consiste de reuniones una vez al mes, retiros, días de oración, misa anual de Conmemoración y becas para retiros/excursiones.*

## CENIKOR FOUNDATION, INC.

4525 Glenwood Avenue
Deer Park, TX 77536

MAIN: . . . . . (281) 476-0088
FAX:. . . . . (281) 476-5581
TOLL FREE: . . . . . (888) 236-4567
WEB: . . . . . www.cenikor.org
EMAIL:. . . . . hou-admissions@cenikor.org
CITY SECTION: . . . . . Southeast
LEGEND: . . . . . M, W, Free, Walk-ins, CD

*Long term drug and alcohol behavior modification program (1.5-2 years).*

*Programa de largo plazo para la modificación del comportamiento en el uso de alcohol y drogas (1.5-2 años).*

## THE CENTER FOR AIDS INFORMATION & ADVOCACY

1407 Hawthorne
Houston, TX 77006

MAIN: . . . . . (713) 527-8219
FAX:. . . . . (713) 521-3679
TOLL FREE: . . . . . (888) 341-1788
WEB: . . . . . www.centerforaids.org
EMAIL:. . . . . info@centerforaids.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . All, Free, Esp
BUS ROUTES: . . . . . 81, 82
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm

*One on one treatment consultations for HIV+ individuals; information on research, clinical trials and drugs in development. Publishes a patient newsletter, HIV Treatment Alerts. Offers support for medication adherence and smoking cessation. Walk-in information center open Monday through Friday 9am-5pm No appointment necessary, no forms to fill out.*

*Boletín informativo que incluye tratamientos para pacientes en español, presentaciones a grupos incluyendo a hispanohablantes monolingües sobre tratamientos relacionados con el VIH.*

## CENTERPOINTE COUNSELING SERVICES, INC.

4702 LaBranch
Houston, TX 77004

MAIN: . . . . . (713) 528-7007
FAX:. . . . . (713) 529-5965
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Midtown
LEGEND: . . . . . M, W, Y, C (6-12), Families, S$, Med, Appt Req, CD
BUS ROUTES: . . . . . 60

*Individual, family and group therapy services. Current programs include: Family Therapy Program, Anger Management Program for Adults and Centerquest Anger Management Program for Youth.*

## CHANGE HAPPENS!

**(formerly FUUSA)**

3353 Elgin Street
Houston, TX 77004-3551

MAIN: . . . . . (713) 374-1200
FAX:. . . . . (713) 651-8045
WEB: . . . . . www.changehappenstx.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Third Ward
AREA SERVED: . . . . . No service area restrictions
LEGEND: . . . . . .M, W, Y, Families, Free, Appt Req, CD
HOURS OF OPERATION:. . . . . .Monday-Friday, 8am-6pm
BUS ROUTES: . . . . . 29, 30, 52

*Change Happens! (formerly FUUSA) is a multi-service community-based organization that offers the Houston community services that include HIV prevention, HIV counseling, testing and referral, substance abuse prevention, abstinence education, mentoring, homeless supportive services, permanent housing for chronically homeless women, food stamps and Children's Health Insurance Program (CHIP) application assistance.*

*Change Happens (formerly FUUSA) was originally founded as an alcohol and drug prevention/intervention and outpatient treatment program. Services now in now include mental health services for persons living with HIV/AIDS (individual, group and family counseling); abstinence education; children's health insurance program (CHIP), mentoring programs for children @ Ryan and Cullen middle school, mentoring of children w/incarcerated parent or guardian, after school programs for kids in 3rd Ward/Acres Home.*

*Change Happens! (formerly FUUSA) fue originalmente fundado como un programa de tratamiento para pacientes externos en la prevención e intervención del uso/abuso del alcohol y las drogas. Los servicios proveídos incluyen: servicios para la salud mental a personas viviendo con el VIH/SIDA (apoyo individual, de grupo y familiar); tratamiento residencial y externo para el abuso de sustancias por los adolescentes de 12 a 17 años de edad y sus familiares; educación sobre la abstinencia; programa para la salud de las criaturas (CHIP) y programa de alcance a efecto de solicitar estampillas para alimentos.*

### Project FORCE

LEGEND: . . . . . Adults only, Appt Req, Free

*Prevention education, group level intervention, HIV counseling, testing and referral.*

### RESCUE in Motion

LEGEND: . . . . . Homeless, Appt Req, Free

*Supportive services only: job readiness training, job placement assistance, case management; permanent scattered site housing for unaccompanied women.*

### RESCUE Program

CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Third Ward and Acres Home
AREA SERVED: . . . . . Zip codes 77004 and 77091
LEGEND: . . . . . Ages 6-17 years, Appt Req, Free

*School and community-based prevention education, after school program, abstinence education, one to one mentoring.*

## CHEWS WELLNESS INCORPORATED

St. Stephen Medical Center
5815 Airline Drive, Suite 120-121
Houston, TX 77076-4922

MAIN: . . . . . (713) 742-0200
FAX:. . . . . (281) 591-6556
INTAKE/24 HRS: . . . . . (832) 279-9201
2nd LOCATION: . . . . . (281) 591-2150
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Northside
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-6pm
BUS ROUTES: . . . . . 56

**"Counseling to Restart and Restore a Life"**

A 501(c)3 organization providing adult, child, youth and family counseling.

### Chews Wellness

LEGEND: . . . . . All, Families, Appt/Walk-ins, Free

*Provides education to pastors, families, patients and lecturing audiences advocating hospice involvement focusing on "care beyond cure", reaching out to the minority*

*populations in Houston and the surrounding counties. Our professional hospice and palliative care consultation service is designed to be informative for the patient and family concerning "why it is important to consider hospice as a choice" when end-of-life challenges become the priority.*

### Marriage and Single Relationships Education

LEGEND: . . .M, W, Families, Free, Appt Req, Call for intake

*Chews Wellness provides educational curriculum for healthy marriages and for single relationships: 1-Understanding Relationships, Risks and Choices; 2-Maintaining and Building Relationships; 3-Moving Forward Towards Goals.*

### Project Youth and Family Matter

LEGEND: . . . . . Appt Req, call for intake

*Professional counseling (cognitive behavior) for victims of sexual trauma, marriage/pre-marriage counseling, marital infidelity, parent empowerment, youth conduct disorders, selective mutism, failure to thrive, anxiety disorders, compulsive sexual behaviors, ethical consideration counseling, social disorders, corporate intervention consultant and bereavement consultant.*

## CLAUDE'S PHARMACY

5740 West Little York
Houston, TX 77091

MAIN: . . . . . (281) 447-7648
FAX:. . . . . (281) 447-7740
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Acres Homes
LEGEND: . . . . . M, W, Med, Walk-ins, Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-7pm
BUS ROUTES: . . . . . 79, 85

*Pharmacy and medical equipment. Delivery service available-please call for details.*

*Equipo médico y farmacéutico. Servicio de envio disponible-por favor llame para más detalles.*

## COALITION FOR THE HOMELESS OF HOUSTON/HARRIS COUNTY, INC.

811 Dallas, Suite 821
Houston, TX 77002

MAIN: . . . . . (713) 739-7514
FAX:. . . . . (713) 739-8038
WEB: . . . . . www.homelesshouston.org
EMAIL:. . . . . info@homelesshouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
AREA SERVED: . . . . . 713, 281 and 832 area codes
BUS ROUTES: . . . . . 3, 6, 20, 36, 40, 44, 50, 56, 70, 78, 79, 85, METRO light rail

*The Coalition for the Homeless of Houston/Harris County, Inc. is a private, nonprofit organization whose mission is to educate and advocate for the needs of persons who are homeless through support and coordination of services.*

### Community Voice Mail Houston

LEGEND: . . . . . All, Free, Call for intake

*Empowers people in crisis and transition by distributing free, 24-hour personalized voice mail. To connect with a participating agency call or visit us on the web.*

## COLLECTIVE HARMONY

P O Box 10070
Houston, TX 77210

MAIN: . . . . . (713) 965-7129
WEB: . . . . . www.collectiveharmony.org
EMAIL:. . . . . collectiveharmony@yahoo.com
LEGEND: . . . . . Adults only, CD, I/RR
REQUIRED FOR INTAKE: . . . . . Referral required

*Collective Harmony is a 501(c)3 organization that works to improve the quality of life for residents of Acres Homes and the surrounding communities throughout the Houston metropolitan area. We are on a mission to deliver concepts and that encourage positive change in the attitudes, behaviors and lifestyles of disadvantaged people. Our emphasis is on reducing the risk of disease and harmful situations through public awareneness, health education, advocacy, relief and community building programs which impact the community's health and safety.*

*The Hepatitis Education and Life-changing Prevention (H.E.L.P.) Project helps adult women and men that are re-entering communities from incarceration/jail, to protect themselves from viral hepatitis infection. Collective Harmony provides educational sessions, activities, information and resources to high-risk populations in various locations throughout Houston. Please call for dates and times.*

## COLT 45'S, THE AIDS TROUBLE FUND

P O Box 540803
Houston, TX 77254

24 HOURS: . . . . . (713) 526-6077
WEB: . . . . . www.colt45s.org
EMAIL:. . . . . atf@colt45s.org
LEGEND: . . . . . All, Free, **HIV+ only**, Application Req

*Provides rental and utility financial assistance to qualified applicants.*

## COMBINED COMMUNITY ACTION

165 West Austin
Giddings, TX 78942

MAIN: . . . . . (979) 540-2980
FAX:. . . . . (979) 542-9565
TOLL FREE: . . . . . (800) 688-9065
SPANISH: . . . . . (979) 540-2988
SENIOR NUTRITION:. . . . . (979) 540-2990
SENIOR HOMEMAKER: . . . . . (979) 540-2993
HOUSING: . . . . . (979) 540-2991
UTILITY/FINANCIAL ASST: . . . . . (979) 540-2986
HOUSING REPAIRS:. . . . . (979) 540-2984
WEB: . . . . . www.ccaction.com
AREA SERVED: . . Austin, Bastrop, Blanco, Caldwell, Colorado, Fayette, Ft. Bend, Hays, Lee & Williamson counties
LEGEND: . . . . . All, Free, Appt/Walk-ins, Lim, Income-based eligibility, Esp
HOURS OF OPERATION: . . . Monday-Thursday, 8am-5pm; Friday 8am-3pm
REQUIRED FOR INTAKE: . . Proof of income, Social Security #, Utility billing history

*Housing preservation, nutrition and homemaker services for seniors; affordable housing; utility assistance; weatherization; emergency assistance; section 8 housing, cancer resource center. Not all services available in all counties.*

*Preservación de la vivienda, nutrición y servicio doméstico para personas de tercera edad; vivienda de bajo costo, asistencia para el desembolso de los gastos de servicios públicos y de emergencias, asistencia de vivienda con el programa Section 8, centro de recursos sobre el cáncer. No todos estos servicios están disponibles en todos los condados.*

## COMMUNITY ENDOWMENT FOUNDATION (CEF)

### Swehla House

2516 Mandell Street, #6
Houston, TX 77006

MAIN: . . . . . (713) 528-0037
FAX:. . . . . (713) 520-5646
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . M, W, S$, Appt Req, **HIV+ only**
BUS ROUTES: . . . . . 81, 82, 35

*A 12 unit efficiency apartment complex (permanent housing) for single persons with HIV/AIDS. Vacancies are only advertised through case managers of social service agencies who primarily serve the HIV/AIDS community. Tenants must have a source of income as CEF does not provide financial assistance. Rent is based on a percentage of income. Intake by appointment only.*

## COMPASS

*See Houston Compass, Inc.*

## COMPASS COUNSELING SOLUTIONS, INC.

7026 Belgold
Houston, TX 77066

MAIN: . . . . . (281) 807-9252
FAX:. . . . . (281) 573-8957
EMAIL:. . . . . .counselingsolutions@hotmail.com
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Champions
LEGEND: . . . . . All, Med, Ins, Call for intake, Esp.

*Counseling/psychotherapeutic services to individuals, couples, children (ages 3+), adolescents and their families dealing with a wide variety of issues. Services are provided in English and/or Spanish and can be provided in the home, office or school.*

*Consejería/psicoterapia a individuos, parejas, niños (de 3 años para arriba), adolescentes y sus familias con una amplia variedad de problemas. Proveemos servicios en Ingles y Español en el hogar, la oficina o la escuela.*

## CORDER PLACE APARTMENTS

### (Houston Help, Inc.)

7210 Peerless
Houston, TX 77021-3130

MAIN: . . . . . (713) 741-4070
FAX:. . . . . (713) 440-6549
EMAIL:. . . . . .corderplace@sbcglobal.net
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .OST/South Union
LEGEND: . . . . . Families with children, **HIV+ only**, Homeless, Appt Req
HOURS OF OPERATION: . . . . . Intake 10am-4pm
BUS ROUTES: . . . . . 60
REQUIRED FOR INTAKE: . . . . . .Call for intake.

*Long-term housing, and life skills program for homeless families with at least one child under 18 years. Program includes social services such as case management, child care, HIV/health education and legal services. Rent is based on income.*

*Vivienda a largo plazo y educación de habilidades para el manejo en la vida diaria para familias sin vivienda que tengan por lo menos una criatura menor de 18 años de edad. El programa incluye servicios sociales tales como administración de casos, cuidado de criaturas, educación para la salud y el VIH y servicios legales. El precio del alquiler está basado en el ingreso. Horario de cita inicial: 10am-4pm*

## COVENANT HOUSE TEXAS

1111 Lovett Boulevard
Houston, TX 77006

MAIN: . . . . . (713) 523-2231
FAX:. . . . . (713) 523-6904
TTY: . . . . . (800) 999-9915
24 HOURS: . . . . . (800) 999-9999
WEB: . . . . . www.covenanthousetx.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . Y (13-18), W (18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21
HOURS OF OPERATION: . . . Open intake 24 hours a day, 365 days a year
BUS ROUTES: . . . . . 42, 81, 82

### One Cares for Another

*An emergency crisis shelter for runaway, homeless and 'throwaway' kids under the age of 21 years. Immediate assistance is provided in the form of shelter, food, clothing and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; HIV program; street outreach and runaway prevention and transitional living programs; speakers bureau.*

*Un refugio de emergencia para adolescentes que huyen de sus casas, son echados o no tienen donde vivir. Se provee atención inmediata ofreciendo refugio, alimento, vestimenta y evaluación y servicios para la salud, incluyendo tratamientos de malestares leves, asesoramiento familiar, de salud mental y abuso de sustancias; entrenamiento educacional, vocacional y ayuda en la búsqueda de empleo, clases para la capacitación de padres; alcance educacional y prevención de la huida de la casa y programas de vivienda transitoria.*

## CREMATION SERVICE INTERNATIONAL

5601 Arlington
Houston, TX 77076-4526

MAIN: . . . . . (713) 692-5555
FAX:. . . . . (713) 692-0947
TOLL FREE: . . . . . (800) 842-2132
WEB: . . . . . www.arlingtonnational.com
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Northside
LEGEND: . . . . . All, walk-ins
HOURS OF OPERATION: . . . . . 24 hours, 7 days a week
BUS ROUTES: . . . . . 9, 45

*Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available.*

## CRISIS INTERVENTION OF HOUSTON

MAIN: . . . . . (713) 527-9864
FAX:. . . . . (713) 527-0435
24 HOURS: . . . . . (713) HOTLINE (468-5463)
TEENLINE: . . . . . (713) 529-TEEN
ESPAÑOL: . . . . . (713) 472-9832
WEB: . . . . . www.crisishotline.org

*24 hour crisis hotline.*

*Línea telefónica disponible las 24 horas del día para llamadas de emergencia o crisis.*

## CYPRESS ASSISTANCE MINISTRIES

11202 Huffmeister Road
Houston, TX 77065

MAIN: . . . . . (281) 955-7684
FAX:. . . . . (281) 955-7695
WEB: . . . . . www.cypressassistanceministries.com
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Cypress Fairbanks
AREA SERVED: . . . . . Zips: 77065, 77429, 77433, 77447
LEGEND: . . . . . M, W, Families, Appt Req, Esp
REQUIRED FOR INTAKE: . . Driver's license, social security card or birth certificate, lease agreement/mortgage statement, utility bill, proof of all income (including government assistance), proof of emergency causing financial crisis when possible.

*CAM offers assistance with food, clothing, household items, rent/mortgage, utilities, employment assistance (See Operation Jobs), GED classes and ESL classes. Volunteers are welcome in all areas of the ministry.*

*Asistencia con alimentos, ropa, artículos para la casa, pago de renta y electricidad, assistencia de empleo, clases del GED y clases de inglés.*

### Operation Jobs

MAIN: . . . . . (281) 955-5895
LEGEND: . . . . . Free, Adults, I/RR, CD, Immigrants
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-4pm
REQUIRED FOR INTAKE: . . . . . Appt Req

*Operation Jobs is an outreach program of Cypress Assistance Ministries to assist unemployed and underemployed individuals in all zip codes of the community. Operation Jobs assists applicants by preparing a resume, coaching to improve interview skills, offering encouragement and giving advice for finding and keeping a job. OH maintains a database of employment positions that is updated daily.*

## DAPA FAMILY RECOVERY PROGRAM

5500 Guhn Road, Suite 100
Houston, TX 77040

MAIN: . . . . . (713) 783-8889
FAX:. . . . . (713) 783-0499
TOLL FREE: . . . . . (800) 828-3272
WEB: . . . . . www.DAPAhelp.com
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Fairbanks/Northwest Crossing
LEGEND: . . . . . M, W, Families, CD, I/RR

### Partial Hospital Program (PHP)

*An intensive day program conducted five to six days a per and administered at the facilities of DAPA Community Mental Health Clinic. Treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies and family therapy. All groups are small (no more than 10) and each patient is placed in a group that closely matches their condition. Patients enter this program with or without prior hospitalization and it is the most frequently used of DAPA's treatment programs.*

### Acute Inpatient Program (AIP)

**Intracare Hospital**

7601 Fannin
Houston, TX 77054

MAIN: . . . . . (713) 783-8889
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
BUS ROUTES: . . . . . 73

*For patients requiring short to moderate hospitalization due to severe psychiatric disorders or substance abuse or both. AIP treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies, family therapy, individual therapy and initiation or stabilization of psychiatric medications. This program is administered at DAPA-affiliated hospitals in the Houston area. Adults, children and geriatric patients are treated in separate units for each age group.*

### Intensive Outpatient Program (IOP)

7011 Harwin, Suite 218
Houston, TX 77036

MAIN: . . . . . (713) 783-8890
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Woodlake/Briar Meadow
BUS ROUTES: . . . . . 81, 132

*A three-phase addition recovery program lasting one year and consisting of an intensive phase, an intermediate phase and a continued care maintenance phase. IOP gives the chemical dependent or dual disorder (chemical dependency and a major psychiatric disorder) patient-and the patient's family-a highly effective psycho-educational and counseling program administered while the patient continues to live at home and work.*

## DEPELCHIN CHILDREN'S CENTER

4950 Memorial Drive
Houston, TX 77007

MAIN/INTAKE: . . . . . (713) 730-2335
FAX:. . . . . (713) 802-3801
TOLL FREE: . . . . . (888) 730-2335
WEB: . . . . . www.depelchin.org
EMAIL:. . . . . info@depelchin.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Memorial Park
AREA SERVED: . . . . . No service area restrictions
LEGEND: . C, Y (ages 13-18), S$, Med, Ins, CHIP, Appt Req
BUS ROUTES: . . . . . 6, 26, 27, 70

*Individual, family and group therapy for children, adolescents and their families. Autism assessments and services for families and children.*

*Servicios de consejería para niños/niñas, adolecentes y sus familiares.*

### DePelchin Children's Center

1300-A Bay Area Boulevard
Houston, TX 77058

MAIN: . . . . . (281) 282-6062
FAX:. . . . . (713) 802-3801
INTAKE:. . . . . (713) 730-2335
CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . Clear Lake/NASA
LEGEND: . C, Y (ages 13-18), Appt Req, Med, Ins, CHIP, S$

*Behavior and mental health counseling.*

### DePelchin Children's Center

1610 James Bowie Drive, Suite A111
Baytown, TX 77520

MAIN: . . . . . (281) 427-1300
FAX:. . . . . (713) 802-3801
INTAKE:. . . . . (713) 730-2335
CITY SECTION: . . . . . East
LEGEND: . C, Y (ages 13-18), Appt Req, S$, Med, Ins, CHIP

*Behavior and mental health counseling.*

### DePelchin Children's Center

531 FM 359 South
Brookshire, TX 77423

MAIN/INTAKE: . . . . . (281) 730-2335
FAX:. . . . . (713) 802-3801
CITY SECTION: . . . . . West
LEGEND: C, Y (ages 13-18), Appt Req, S$, Med, Insurance

*Home-based child and family counseling.*

### DePelchin Children's Center

10435 Greenbough, Suite 101
Stafford, TX 77477

MAIN/INTAKE: . . . . . (281) 730-2335
FAX:. . . . . (713) 802-3801
CITY SECTION: . . . . . Southwest
LEGEND: . . . . . C, Y (ages 13-18), S$, Med, Ins, CHIP

*Behavioral and mental health counseling.*

### DePelchin Children's Center

1600 Lake Front Circle
The Woodlands, TX 77380

MAIN/INTAKE: . . . . . (281) 730-2335
FAX:. . . . . (713) 802-3801
CITY SECTION: . . . . . North
LEGEND: . . . . . C, Y (ages 13-18), S$, Med, CHIP, Appt Req, Insurance

*Behavioral and mental health counseling.*

# E

## EAST FT. BEND HUMAN NEEDS MINISTRY, INC.

425 Stafford Run
Stafford, TX 77477

*Mailing Address:*
P O Box 1611
Stafford, TX 77497-1611

MAIN: . . . . . (281) 261-1006
FAX:. . . . . (281) 261-0986
WEB: . . . . . www.humanneeds.org
EMAIL:. . . . . ministry@humanneeds.org
CITY SECTION: . . . . . Southwest
AREA SERVED: . . . Zip codes 77477, 77478, 77479, 77459, 77489, 77583, 77545, 77053, 77083, 77085, 77099
LEGEND: . . . . . M, W, Families, All, Free, Walk-ins
HOURS OF OPERATION: Tuesdays, Thursdays and Fridays: 10am-1:30pm; Wednesdays: 6pm to 8pm
REQUIRED FOR INTAKE: . Current utility bill, social security cards for everyone receiving food

*Full service food pantry, financial assistance (by appt only), August school supply program, monthly Food Fair program, Thanksgiving and Christmas food baskets, Tri-Cities Churches resale shop, referral info available.*

## EDUCATIONAL PROGRAMS INSPIRING COMMUNITIES

6717 Stuebner Airline, Suite 207
Houston, TX 77091

MAIN: . . . . . (713) 692-4278
FAX:. . . . . (713) 692-4279
WEB: . . . . . www.heartprogram.org
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Acres Homes
AREA SERVED: . . . . . City of Houston
HOURS OF OPERATION: . . . Monday-Thursday, 8am-6pm

### H.E.A.R.T. Program

LEGEND: . . . . . Adults, Free, Walk-ins, Call for intake

*The H.E.A.R.T. Program provides Occupational Skills Training to low-income developmentally disabled adults residing within the city of Houston. The purpose of*

*the H.E.A.R.T. program is to prepare the participants for gainful employment through an innovative client-managed entrepreneurial venture. Stage 1 prepares the participants for employment by providing individualized assessments and job readiness training; Stage 2 allows the participants to work both within the general community and in a sheltered workshop as appropriate, through the client managed entrepreneurial venture, H.E.A.R.T. Vending and Concessions.*

*Participants will receive continuing instruction in life skills, social skills, job readiness, and hands-on training through an On-The-Job Training and repetitive practices cycle utilizing mock concession stands and vending machines. As most of the participants have limited reading abilities, the majority of the instruction will be verbal, visual and repetitive. All training is provided by state certified Special Education Teachers.*

## EVERCARE HOSPICE AND PALLIATIVE CARE

9700 Bissonnet, Suite 2200W
Houston, TX 77036

MAIN: . . . . . (713) 219-6490
FAX:. . . . . (866) 623-9867
TOLL FREE: . . . . . (888) 303-6166
WEB: . . . . . www.evercarehospice.com
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Westwood
LEGEND: . . Adults only, S$, Med, Ins, Esp, Call for intake
HOURS OF OPERATION: . . . . . 24 hours, 7 days a week
BUS ROUTES: . . . . . 65, 68

*Compassionate care for those facing end of life issues and personal support to their families. Because patients prefer the comfort of familiar surroundings, care is provided wherever the patient resides-whether it is a private home, nursing home, assisted living facility or other inpatient setting. Services include pain and symptom management, spiritual and emotional support, bereavement services, related medical equipment and medications.*

# F

## FAIR HAVEN FOOD PANTRY

1330 Gessner, Bldg. 9
Houston, TX 77055

MAIN: . . . . . (713) 467-4363
FAX:. . . . . (713) 468-1538
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . Spring Branch
AREA SERVED: . . . . . Zip codes 77024, 77027, 77041 (Carverdale area), 77043, 77055, 77056, 77079, 77080
LEGEND: . . . . . M, W, Families, Free, Walk-ins, Halfway house residents
HOURS OF OPERATION: . . . . .Monday-Friday, 10am-2pm
BUS ROUTES: . . . . . 20, 46

*Provide staple food items (limited number of times). Must show proof of address and picture ID.*

## FAMILIES UNDER URBAN AND SOCIAL ATTACK (FUUSA)

*See CHANGE HAPPENS!*

## FAMILYTIME CRISIS AND COUNSELING CENTER

101 Main Street
Humble, TX 77338

MAIN/24 HRS:. . . . . (281) 446-2615
FAX:. . . . . (281) 446-3691
WEB: . . . . . www.familytimeccc.org
EMAIL:. . . . . ftime@earthlink.net
CITY SECTION: . . . . . North
AREA SERVED: . . . . . .Harris, Liberty and East Montgomery counties
LEGEND: . . . .All, Free, S$, Appt Req (Walk ins-crisis only)
HOURS OF OPERATION:. . . .Monday-Thursday, 9am-5pm; Friday 9am-2pm

*The main focus is helping victims of a crime. Shelter for women and children fleeing domestic violence; 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy (counseling only, no medication). Does not offer counseling for the severely mentally ill.*

*El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para las mujeres y los niño/as en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.*

## FIRST INTERVENTION COUNSELING

440 Benmar, Suite 2020
Houston, TX 77060

MAIN: . . . . . (281) 272-0120
FAX:. . . . . (281) 272-2876
WEB: . . . . . www.firstinterventioncounseling.com
EMAIL:. . . . . rharrisfirstintervention@yahoo.com
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Greenspoint
AREA SERVED: . . . . . Harris and Ft Bend counties.
LEGEND: All, S$, Appt/Walk-ins, Referral Req, Call for intake.
HOURS OF OPERATION: . . . Monday-Saturday, 9am-9pm

*Drug and alcohol evaluation; relapse prevention planning; anger management; domestic abuse intervention; intensive outpatient treatment; parenting education, basic life skills, HIV education, on-call crisis intervention.*

## FT. BEND COUNTY CLINICAL HEALTH SERVICES

4520 Reading Road, Suite A
Rosenberg, TX 77471

MAIN: . . . . . (281) 342-6414
FAX:. . . . . (281) 342-7371
WEB: . . . . . www.co.fort-bend.tx.us
CITY SECTION: . . . . . Southwest
LEGEND: . . . . . Appt Req, Esp
HOURS OF OPERATION: . . . . . .Monday-Friday, 8am-5pm
REQUIRED FOR INTAKE: . . Immunizations only: a current immunization record.

*HIV testing with pre and post test counseling; immunizations (schedule of clinics available); tuberculosis control; blood sugar and blood pressure screening; disease surveillance. Call for an appointment for HIV or STD services.*

*Prueba y consejería del VIH; inmunizaciones (se dispone de los horarios de las clínicas); control de la tuberculosis; asesoramiento de la presión y azúcar en la sangre; vigilancia de enfermedades. Llame para apuntar una cita para los servicios del VIH o de las infecciones transmitidas sexualmente.*

## FT. BEND COUNTY WOMEN'S CENTER

1002 Wilson Drive
Rosenberg, TX 77471

*Mailing Address:*
P O Box 183
Richmond, TX 77406

MAIN: . . . . . (281) 494-4545
FAX: . . . . . (281) 494-4550
INTAKE/24 HRS: . . . . . (281) 342-4357
COUNSELING: . . . . . (281) 342-0251
COUNSELING FAX: . . . . . (281) 342-9248
TOLL FREE: . . . . . (888) 427-3650
WEB: . . . . . www.fortbendwomenscenter.org
EMAIL:. . . . . mail@fortbendwomenscenter.org
CITY SECTION: . . . . . Southwest
LEGEND: M, W, Y, Families, Free, Appt Req, Walk-ins, Esp

*Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and educational outreach.*

*Ayuda para los adultos y sus niño/as sobrevivientes del abuso doméstico y el abuso sexual ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y alcance educacional.*

## FT. BEND FAMILY HEALTH CENTER, INC.

400 Austin Street
Richmond, TX 77469

MAIN/INTAKE: . . . . . (281) 342-0529, Ext 138, 149
FAX:. . . . . (281) 342-1642
TOLL FREE: . . . . . (800) 805-9218
SPANISH: . . . . . (281) 342-0529, Ext 140
WEB: . . . . . www.fbfhc.org
EMAIL:. . . . . admin.fbfhc@tachc.org
CITY SECTION: . . . . . Southwest
AREA SERVED: . . . . . Austin, Colorado, Ft. Bend, Waller and Wharton counties

### HIV Program

LEGEND: . . . . . Adults, **HIV+ only**, Walk-ins, S$, Med, Colorado County Indigent Care, RW Part B
REQUIRED FOR INTAKE: . . . .Picture ID, proof of address, income and HIV status

*FBFHC's HIV Program provides medical case management to HIV positive people to ensure treatment support and individual coordination for ADAP medication program, dental and eye care, specialty care, laboratory, class A pharmacy, access to clinical trials, psychiatric and behavioral health services (onsite psychiatrist and psychotherapist), and gas cards for transportation as needed.*

*FBFHC has a contract with the Houston Regional HIV/AIDS Resource Group to provide medical care and case management services for individuals who are HIV+. The contract specifically requires that FBFHC extend services to residents of Fort Bend, Waller, Wharton, Austin and Colorado counties.*

*El Programa del VIH de FBFHC provee administración médica de casos a personas con el VIH con el propósito de asegurar que el paciente reciba la ayuda necesaria al acceso de tratamientos, el programa de medicamentos ADAP, cuidado dental y óptico, cuidado de especialidades, laboratorio, farmacia, pruebas clínicas, servicios de psiquiatría y de salud conductual (psiquiatra y psicoterapeuta en la localidad), cupones para gasolina cuando sea necesario. En la cita inicial presente: cédula de identidad, comprobante de residencia, ingreso, y estado del VIH.*

### Medical Services

LEGEND: . . . . . All, Walk-ins, S$, Med, Colorado County Indigent Care, RW Part B

*Ft. Bend Family Health Center (FBFHC) is a private, non-profit primary care medical facility serving over 12,000 low income individuals and families. FBFHC's medical services include comprehensive primary health care, preventive health services, translation, laboratory, radiology and pharmacy. One of the target populations is adults with HIV who are from Ft. Bend, Austin, Colorado, Waller and Wharton counties.*

*El Centro Familiar de la Salud de Ft. Bend (FBFHC) provee cuidado médico primario a más de 12,000 personas con bajos recursos y sus familias, incluyendo a las personas con el VIH quienes residen en los condados Ft. Bend, Austin, Colorado, Waller y Wharton.*

## FT. BEND FAMILY HEALTH CENTER - WALLER CENTER

531 FM 359
Brookshire, TX 77423

*Mailing Address:*
P O Box 1207
Brookshire, TX 77423

MAIN: . . . . . (281) 822-4235
FAX:. . . . . (281) 375-8943
TOLL FREE: . . . . . (866) 719-7012
CITY SECTION: . . . . . West
AREA SERVED: . . Austin, Fort Bend and Waller counties.
LEGEND: . . . . . All, Appt/Walk-ins, S$, Med, Esp
HOURS OF OPERATION: . . . . . .Monday-Friday, 8am-5pm

*Adult health services; well woman exams, prenatal and family planning services; child health services (Texas Health Steps); Immunizations. Must complete registration process prior to scheduling an appointment.*

*Servicios de la salud para el adulto; exámenes para el bienestar de la mujer; servicios de la salud para los niño/as (Texas Health Steps); vacunas.*

## FUNDACION LATINO AMERICANA CONTRA EL SIDA, INC. (FLAS, INC)

6666 Harwin Drive, Suite 370
Houston, TX 77036-2264

MAIN: . . . . . (713) 772-2366
FAX:. . . . . (832) 251-8121
WEB: . . . . . www.flasinc.org
EMAIL:. . . . . echino@flasinc.org
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Sharpstown
AREA SERVED: . . . . . No service area restrictions.
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm
BUS ROUTES: . . . . . 47, 81, 132, 163

*F.L.A.S., Inc. provides HIV, substance abuse prevention and Hepatitis C information; education and information about HIV/STDs for youth, young adults, families, women and the general public; HIV counseling and testing; and referrals for Hepatitis C screening. We also provide outreach activities and emergency assistance for people living with HIV/AIDS.*

*F.L.A.S. provee diversas fuentes de información sobre el VIH, sobre la prevención del abuso de substancias y la hepatitis C; educación sobre el VIH/STDs para los jóvenes, adultos jóvenes, familias, mujeres y el público en general; apoyo psicológico y análisis para el VIH; referencias para la reexaminación de la Hepatitis C.*

### Emergency Assistance Program

LEGEND: . . . . . All, **HIV+ only**, Free, Appt Req, Esp
REQUIRED FOR INTAKE: . . ID, proof of HIV status, utility bill (in clients name)

*This program is to provide emergency assistance for people infected with HIV/AIDS in Harris County to pay the electricity, telephone, gas and water bills only. Must show proof of HIV status, ID and the utility bill must be in the clients name.*

*También proporcionamos actividades de alcance, y asistencia de emergencia para las personas infectadas con VIH/SIDA en el Condado de Harris. Dicha ayuda consiste en el pago de los servicios públicos como sea: la electricidad, teléfono, gas y el agua, únic*

### Hablemos en Confianza (Let's Talk Honestly and Confidentially)

LEGEND: . . . . . .Families, Free, Appt Req, Esp
HOURS OF OPERATION: . . . Accommodations as needed
REQUIRED FOR INTAKE: . . . . . .None

*This project provides HIV, substance abuse and hepatitis prevention for Latino families and their children ages 10-17 in Harris County.*

*Este proyecto provee educación y prevención del HIV, el abuso de sustancias y de la Hepatitis. Este programa es para servir a las Familias Latinas y a sus hijos entre las edades de 10-17 en el condado de Harris.*

### HIV Counseling and Testing

LEGEND: . . . . . All, Free, Appt Req, Esp
REQUIRED FOR INTAKE: . . . . . .None

*The HIV/STD counseling and testing program is to provide rapid HIV testing (results in 20 minutes).*

*El programa de consejería y prueba del VIH/STD es para proveer la prueba rápida del VIH (resultados en 20 minutos).*

### HIV Prevention Among Hispanic Youth

LEGEND: . . . . . .Y (Hispanic, ages 13-18), Free, Esp
REQUIRED FOR INTAKE: . . . . . .Call for intake.

*This program has been established to provide education, information and intensive interactive training on ways to avoid contracting HIV/AIDS among Hispanic youth.*

*Este programa ha sido establecido con el propósito de proveer información y educación a los jóvenes Hispanos para evitar que estos contraigan la infección del VIH/SIDA.*

### Suenos, Esperanzas y Retos en los Latinos (Latino Dreams, Hopes and Goals)

AREA SERVED: . . . . . Zip codes 77036 and 77081
LEGEND: . . . Young adults (ages 18-24), I/RR, CD, Free, Esp
HOURS OF OPERATION: . . . . . .accommodations available
REQUIRED FOR INTAKE: . . . . . .None

*This project provides HIV and substance abuse prevention for young Latino adults ages 18-24 in the southwest part of Houston (Gulfton area).*

*Este proyecto provee edcacion y prevencion del VIH, y el abuso de sustancias. Este programa es para servir a los jovenes adultos entre las edades de 18-24, enel area del suoestse de la ciudad de Houston (Gulfton area).*

## FUNERAL CONSUMERS ALLIANCE OF HOUSTON

MAIN: . . . . . (713) 526-4267
TOLL FREE: . . . . . (888) 282-4267
ALTERNATE: . . . . . (713) 464-8877
WEB: . . . . . www.funeralconsumershouston,org
EMAIL:. . . . . .FCAhouston2@gmail.com
LEGEND: . . . . . All, donations accepted
HOURS OF OPERATION: . . . . . Calls accepted 24 hours.
REQUIRED FOR INTAKE: . . . . . .None

*We help people plan for their end-of-life and help select the most cost-effective arrangements. This is a volunteer organization, services provided by phone or by mail.*

*Information and Education regarding requirements and options in making near-death and after-death arrangements; Consumer Protection through education, legislation and action. Forms to pre-plan your wishes regarding near-death and after death arrangements; Speakers Bureau: we have experienced speakers available to speak to your Church, Civic, or Professional Group; "Before I Go, You Should Know" end-of-life planning kit: comes with state specific Directive to Physicians and Surrogates (Living Will) and Durable Medical Power of Attorney, plus a fill-in-the-blanks booklet for your funeral plans; Volunteer Opportunities: we always need volunteers with office and computer skills as well as Board Members and Board Advisors. Can refer to Spanish speaking funeral homes as well as other languages.*

*Podemos proveer referencias sobre funerarios con personal hispanohablante y otros lenguajes.*

# G

## GAY AND LESBIAN SWITCHBOARD OF HOUSTON

*Mailing Address:*
401 Branard Street, 2nd Floor
Houston, TX 77006

24 HOURS: . . . . . (713) 529-3211
LEGEND: . . . . . All, Free

*24 hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.*

## GOOD SHEPHERD MISSION & COUNSELING CENTER

1005 Avenue F (M.L.K.)
Huntsville, TX 77320
*Mailing Address:*
P. O. Box 7281
Huntsville, TX 77342

MAIN: . . . . . (936) 291-8156
FAX:. . . . . (936) 291-9338
Thrift Store: . . . . . (936) 291-9375
WEB: . . . . . www.walkercountyonline.com/org/mission
EMAIL:. . . . . .mission@walkercountyonline.com
AREA SERVED: . . . . . .Walker County
LEGEND: . . . . . All, free, walk-ins, CD

*Provides food, clothing, and temporary shelter (average of 690 beds used monthly) to indigent locals and transients by: Serving two hot meals daily (the mission serves over 1,800 hot meals each month), operating the local food bank (the mission provides groceries to 120 households each week), offering two Thrift Stores for low cost shopping or vouchers for free clothing (the mission gives out over 5,000 articles of clothing, coats, and household items each month). Faith-based counseling is also available. Other services include providing limited prescription and travel-aid vouchers. H.O.P.E. House Recovery program. Must be able to go upstairs, no sex offenders. Not a medical or mental health facility.*

## GOODWILL TEMPORARY SERVICE

2411 Bay Area Boulevard
Houston, TX 77058

MAIN: . . . . . (713) 699-6724
FAX:. . . . . (281) 990-8403
WEB: . . . . . www.goodwillhouston.org
CITY SECTION: . . . . . .Southeast
NEIGHBORHOOD: . . . . . Clear Lake/NASA

10795 Hammerly Boulevard
Houston, TX 77043

MAIN: . . . . . (713) 692-6621
FAX:. . . . . (713) 692-0923
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . .Spring Branch West
BUS ROUTES: . . . . . 36

2030 Westheimer Road
Houston, TX 77098

MAIN: . . . . . (713) 699-6724
FAX:. . . . . (713) 529-5302
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
BUS ROUTES: . . . . . 26, 27, 81, 82

### Project Good Hope

LEGEND: . . . . . .M, W, **HIV+ only**
HOURS OF OPERATION: . . . Monday-Friday, 8am-4:30pm
REQUIRED FOR INTAKE: . . Photo ID, Social Security card, proof of HIV status, stable housing

*Through Project Good Hope (PGH), Goodwill Houston will place low-income, HIV positive persons and their families into employment and will help them retain such employment as an important milestone on the road to self-sufficiency. Our organization draws on decades of experience, enhancing the quality and dignity of life for individuals with barriers to employment by helping them find and keep a job. These include, but are not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases.*

*PGH's goal is to provide clients with a one-stop approach to case management, counseling, legal services, referrals, vocational training, life skills training, work readiness training, job search assistance, on-the-job assistance and supportive services, such as transportation and clothing. PGH staff will not tell employers about client's HIV status.*

*A través de proyecto Good Hope (PGH), Goodwill de Houston colocará en empleos a las personas de bajos ingresos, viviendo con el VIH y a sus familiares. Asimismo, los ayudarán a retener dichos empleos como un paso importante hacia la autosuficiencia. Nuestra organización posee décadas de experiencia realzando la calidad y dignidad de vida de los individuos con barreras en conseguir empleos. Estas incluyen, pero no se limitan a, discapacidad física y mental, a las personas sin vivienda, a las personas con registro de antecedentes penales y enfermedades adictivas.*

*La meta del PGH es el de proveer a los clientes un sólo lugar donde podrán tener acceso a la administración de casos, consejería, servicios legales, referencias, entrenamiento vocacional y para enfrentar destrezas de la vida diaria, entrenamiento para la disposición de trabajo, asistencia en la búsqueda de trabajo y asistencia en el trabajo. Además, los servicios incluyen transportación y prendas de vestir. Los empleados del PGH no informarán a los empleadores el estado del VIH del cliente.*

## THE GULF COAST CENTER

**Administrative Office**
123 Rosenberg, Suite 6
Galveston, TX 77550

*Mailing Address:*
P O Box 2490
Galveston, TX 77550

MAIN: . . . . . (409) 763-2373
FAX:. . . . . (409) 763-5538
TOLL FREE: . . . . . (800) 643-0967

24 HOURS: . . . . . (866) 729-3848
WEB: . . . . . www.gcmhmr.com
CITY SECTION: . . . . . Southeast
AREA SERVED: . . . . . Brazoria and Galveston counties
LEGEND: . . . . . All, S$, Appt Req, CD, Esp

*Intake and referral for mental health, mental retardation and substance addiction recovery services; supported employment; supported housing; crisis intervention; respite program; transportation; homeless programs for mentally ill; children's services; community support services; HIV/AIDS outreach and testing; HEI case management; service coordination.*

## GULF COAST CENTER RECOVERY PROGRAM

123 Rosenberg, 6th floor
Galveston, TX 77550

MAIN: . . . . . (409) 944-4337
FAX:. . . . . (409) 765-5267
24 HOURS: . . . . . (866) 729-3848
WEB: . . . . . www.gcmhmr.com
CITY SECTION: . . . . . Southeast
AREA SERVED: . . . . . Galveston, Brazoria and southeast Harris counties
LEGEND: M, W, Families, **HIV+ only**, Free, S$, Walk-ins, CD
HOURS OF OPERATION: . . .Monday-Thursday, 8am-10pm; Friday 8am-12pm

*HIV Early Intervention (HEI) includes case management by Masters level LCDCs, support groups, prescription vouchers and individual counseling. Clients must be HIV+ and have a history or diagnosis of substance abuse problems.*

*HIV Outreach program includes community outreach, HIV testing, prevention education and materials, risk reduction and referrals.*

*Recovery Program provides a full continuum of available substance abuse treatment services from hospital detox, residential, outpatient and drug education programs.*

*Dual Diagnosis (COPSD) program provides case management for clients with co-existing mental health and substance abuse problems.*

## GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.

5000 Gulf Freeway, Bldg 1
Houston, TX 77023

*Mailing Address:*
P O Box 230889
Houston, TX 77223-0889

MAIN: . . . . . (713) 393-4700
FAX:. . . . . (713) 393-4751
WEB: . . . . . www.gccsa.org
EMAIL:. . . . . gulfcoast@gccsa.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Lawndale
HOURS OF OPERATION: . . . . . .Monday-Friday, 8am-5pm
KEYMAP LOCATION: . . . . . 534H

**SERVICE LOCATIONS ARE LISTED AFTER THE PROGRAM INFORMATION**

AREA SERVED: . . . . . .Harris County
LEGEND: . . . . . All, Free (income guidelines for most services), Appt Req, Walk-ins, Esp

**After School Program:** *after school educational and recreational program for 100 students from MacArthur and Gregg Elementary schools.*

**Back to School Program:** *school supplies and clothing vouchers for low income families to assist with the cost of necessary school items (as available).*

**Bus Tokens:** *for low income individuals for the purpose of employment search, medical appointments and continued education.*

**Case Management:** *comprehensive case management services including assessment of need, service plan development and implementation, monitoring and advocacy. Case managers will assess the needs of the entire family and coordinate referrals to the appropriate social service agencies.*

**Clothes Closet:** *gently used clothing to low income families and individuals.*

**Community Learning Center:** *adult courses for GED, ESL, computer literacy, word processing and conversational Spanish.*

**Employment Skills**: *job search assistance, referrals for on the job training, resume writing and job development and placement.*

**Food Pantry:** *Supplemental non-perishable food to relieve emergency and distress situations.*

**Head Start:** *federal program for children ages 3-5 in the southwest, south and east end of Houston.*

**Early Head Start:** *federal program for pregnant women and children ages 0-3 in the Fifth Ward area.*

**Housing Counseling:** *Home Buyer's class, rent/mortgage counseling, pre-purchase counseling, advocate/mediation for landlord/tenant disputes, displacement and relocation resources and reverse mortgage assistance.*

**Individual Development Account:** *provides matching funds for educational expenses, starting a business or to purchase a home. All participants must attend budgeting counseling classes.*

**Prescription Vouchers:** *for low income individuals to assist with the cost of medication (as available).*

**Rent/Mortgage/Utility Assistance:** *assistance for low income individuals to avoid eviction/disconnect.*

**Senior Services:** *The home safety and security program provides inspections of homes for safety and security hazards, installation of wheelchair ramps, carbon monoxide detectors, smoke alarms and fire extinguishers, replacement of entry doors and broken windows.*

**Transportation:** *for the elderly and disabled to medical facilities, doctor's offices and clinics.*

**Volunteer Income Tax Assistance:** *for low income individuals needing assistance with filing federal income tax.*

**Youth Services:** *Presidential Fitness Program for youth ages 10-16 to participate in summer activities such as swimming, basketball and tennis through the TSU National Youth Sports Program. Educating Youth=Enhancing Society (EYES) program includes youth savings incentive program, financial literacy and field trips.*

*Asistencia con: el regreso a la escuela, fichas para el METRO, administración de casos; vestimenta de emergencia, ESL y GED, despensa de alimentos, servicios para ancianos; vivienda, desarrollo individual de ahorro, información y referencias, en la búsqueda de empleo, referencias de empleo, vales para recetas médicas, renta/hipoteca, y transportación.*

### Acres Home Multi Service Center
6719 West Montgomery Road
Houston, TX 77091

MAIN: . . . . . (713) 692-1046
FAX:. . . . . (713) 692-6050
CITY SECTION: . . . . . Northwest
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 44, 64
Keymap location:. . . . . 452C

### Haverstock Family Center
5619 Aldine Bender
Houston, TX 77032

MAIN: . . . . . (281) 449-1303
FAX:. . . . . (281) 449-1401
CITY SECTION: . . . . . Northeast
NEIGHBORHOOD: . . . . . IAH Airport
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 83

### J .W. Peavy
3814 Market Street
P O Box 230889
Houston, TX 77020

MAIN: . . . . . (713) 674-1301
FAX:. . . . . (713) 674-0301
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Fifth Ward
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 11

### J.D. Walker Multi Service Center
7613 Wade Road
Baytown, TX 77521

MAIN: . . . . . (281) 426-4757
CITY SECTION: . . . . . East
HOURS OF OPERATION: . . Monday-Thursday, 8am-4:30pm
Keymap location: . . . . . 460Q

### Magnolia Multi Service Center
7037 Capitol, Suite 106
Houston, TX 77011

MAIN: . . . . . (713) 921-2960
FAX:. . . . . (713) 921-4715
CITY SECTION: . . . . . Central
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 20, 26, 27, 36, 37, 38, 42, 48, 50
Keymap location: . . . . . 494T

### Northwest Assistance Ministries
15555 Kuykendahl Road
Houston, TX 77090

MAIN: . . . . . (281) 397-0176
FAX:. . . . . (281) 397-0414
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Greenspoint
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
Keymap location:. . . . . 372V

### South Houston
1007 State Street
South Houston, TX 77587

MAIN: . . . . . (713) 378-4747
CITY SECTION: . . . . . Southeast
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
Keymap location: . . . . . 536W

### Southwest Station
9502 Woodfair Drive
Houston, TX 77036

MAIN: . . . . . (713) 541-5205
FAX:. . . . . (713) 541-4360
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Westwood
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 65, 68
Keymap location: . . . . . 529V

### Sunnyside Multi Service Center
4605 Wilmington
Houston, TX 77051

MAIN: . . . . . (713) 734-6553
FAX:. . . . . (713) 734-6534
CITY SECTION: . . . . . South
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 30, 87
Keymap location: . . . . . 573B

### Third Ward Multi Service Center
3611 Ennis, Suite 125
Houston, TX 77004

MAIN: . . . . . (713) 521-9957
FAX:. . . . . (713) 521-9570
CITY SECTION: . . . . . Central
HOURS OF OPERATION: Tuesdays & Thursdays, 8am-5pm
BUS ROUTES: . . . . . 42, 80
Keymap location: . . . . . 533C

### Tomball Station
1728 Huffsmith
Tomball, TX 77375

MAIN: . . . . . (281) 357-5423
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Tomball
HOURS OF OPERATION: . . . . Mondays only, 8:30am-5pm
Keymap location: . . . . . 288G

## HARMONY HEALTH RECOVERY CENTER

602 Girard
Houston, TX 77007

MAIN: . . . . . (713) 237-1765
FAX:. . . . . (713) 237-1715
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
HOURS OF OPERATION: . . . . . Intake Monday-Friday, 10am-4pm
LEGEND: . . M only, Free, Lim, CD, Documented homeless & Tuberculosis

*Services provided: case management, day programs; respite care (up to one year); employment and training; short term housing; nutrition and wellness; social support and activities; peer counseling; 12-step programs; transportation; volunteer opportunities.*

### Harmony House Respite Center

LEGEND: . . . . . Men only, Free, Limited availability

*Services provided: case management, respite care (up to 1 year), employment, short term housing, nutrition and wellness, social support and activities, transportation, medical clinic on site, LCDC and counseling services, laundry, and food. Must be documented homeless and have referral from healthcare facility or clinic and recovering from an injury or medial illness as primary diagnosis, HIV/AIDS secondary. Must be able to care for self.*

## HARRIS COUNTY HOSPITAL DISTRICT

2525 Holly Hall
Houston, TX 77054

MAIN: . . . . . (713) 873-4000
FAX:. . . . . (713) 873-4052
24 HOURS: . . . . . (281) HIV-INFO
WEB: . . . . . www.tmc.edu/HCHD
AREA SERVED: . . . . . Harris County

### Acres Home Health Center

818 Ringold Street
Houston, TX 77088

MAIN: . . . . . (281) 448-6391
CITY SECTION: . . . . . Northwest
LEGEND: . . . . . All, Walk-ins, Free, S$, Med
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 40, 64
REQUIRED FOR INTAKE: . . . . . None for HIV test. Gold card for other services.

*HIV counseling and testing.*

### Adolescent Program

2015 Thomas Street
Houston, TX 77009

MAIN: . . . . . (713) 873-4100
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
LEGEND: . . . . Y, **HIV+ only**, Free, S$, Med, Esp, Gold card
HOURS OF OPERATION: . . . Monday-Friday, 7:30am-4pm
BUS ROUTES: . . . . . 9, 24, 37, 52
REQUIRED FOR INTAKE: . . . . . None for HIV test. Gold card for other services.

*Outpatient primary care; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.*

### Aldine Health Center

4755 Aldine Mail Route
Houston, TX 77039

MAIN: . . . . . (281) 985-7600
FAX:. . . . . (281) 985-7620
CITY SECTION: . . . . . Northeast
LEGEND: Families, All, Free, S$, Med, Walk-ins
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm; Saturday 6:45am-3:30pm
BUS ROUTES: . . . . . 6, 59
REQUIRED FOR INTAKE: . . . . . None for HIV test. Gold card for other services.

*HIV counseling and testing.*

### Ask Your Nurse

*Mailing Address:*
5656 Kelly
Houston, TX 77026

MAIN: . . . . . (713) 663-CALL (2255)
LEGEND: . . . . . All, Free, Esp
HOURS OF OPERATION: . . . . . 24 hours

*Experienced nurses available to answer questions 24 hours a day/seven days a week. They can direct you to less expensive healthcare alternatives and offer practical health advice. They can help callers determine the urgency of a medical or health condition, provide referrals for substance & alcohol abuse, and provide information to assist with social needs.*

*Las enfermeras están disponibles para responder a sus preguntas las 24 horas del día, siete días de la semana. Pueden orientarle sobre alternativas de atención de la salud a bajo costo y darle recomendaciones prácticas.*

### Baytown Health Center

1602 Garth Road
Baytown, TX 77520

MAIN: . . . . . (281) 427-6757
CITY SECTION: . . . . . East
LEGEND: . . . . . All, Walk-ins, Free S$, Med
HOURS OF OPERATION: . . . . . Monday-Friday, 7am-5pm
REQUIRED FOR INTAKE: . . . . . None for HIV test. Gold card for other services.

*HIV counseling and testing.*

### Ben Taub General Hospital

1504 Taub Loop
Houston, TX 77030

MAIN: . . . . . (713) 873-2000
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: . . . . . All, Walk-ins, S$, Gold Card, Med

HOURS OF OPERATION: . . . . . 24 hours
BUS ROUTES: . . . . . 1, METRO light rail
REQUIRED FOR INTAKE: . . . . . Gold card

### Casa de Amigos Health Center

1615 N. Main Street
Houston, TX 77009

MAIN: . . . . . (713) 222-2272
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
HOURS OF OPERATION: . . . Monday-Friday, 6:45am-4pm
BUS ROUTES: . . . . . 1, 5, 9, 15, 24, 52, 60, 78
REQUIRED FOR INTAKE: . . . None for HIV test. Gold card for other services.

*HIV counseling and testing.*

### Dental Center

5230 Griggs Road
Houston, TX 77021

MAIN: . . . . . (713) 757-0572
APPOINTMENTS: . . . . . (713) 526-4243
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . OST/South Union
LEGEND: . . . . . All (age 16 & up), Walk-ins, Free, S$, Med
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 5, 77
REQUIRED FOR INTAKE: . . . . . Gold card

*Preventive and restorative dental care services at a central location and 6 community health centers (see listings under Dental Services). The program provides examinations, cleanings, fillings, dentures and, in selective cases, partial dentures.*

*The Dental Center is open Monday-Friday, 8am-5pm The community health centers (Aldine, People's, Strawberry, Gulfgate, Acres Home and Settegast) that provide dental services are open according to each center's regular schedule. To ensure appointments go smoothly, be sure to bring your appointment slip, current Gold Card and all medications with you and arrive thirty minutes early. Children less than 16 years of age are referred to the city's dental clinic.*

*If you've never been treated through the HCHD dental program, and you need an emergency appointment, go to your local HCHD Community Health Center. Your primary care physician can provide you with the necessary antibiotics and pain medications to help you until your dental visit. Your doctor will then refer you for a follow-up emergency appointment with the downtown Dental Center. If your Community Health Center is closed, go the emergency room at either Ben Taub General Hospital or Lyndon B. Johnson General Hospital.*

### Gulfgate Health Center

7550 Office Center Drive
Houston, TX 77012

MAIN: . . . . . (713) 495-3700
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Pecan Park
LEGEND: . . . . . All, Walk-ins, Free S$, Med
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm; Saturday 7am-3pm
BUS ROUTES: . . . . . 36
REQUIRED FOR INTAKE: . . . . . Gold card

### Lyndon B. Johnson General Hospital

5656 Kelley Street
Houston, TX 77026

MAIN: . . . . . (713) 566-5100
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Kashmere Gardens
LEGEND: . . . . . All, Walk-ins, S$, Gold Card, Med
HOURS OF OPERATION: . . . . . 24 hours
BUS ROUTES: . . . . . 1, 80
REQUIRED FOR INTAKE: . . . . . Gold card

### Northwest Community Health Center Early Intervention Program

1100 West 34th Street
Houston, TX 77018

MAIN: . . . . . (713) 861-3939
FAX:. . . . . (713) 867-7819
HIV TESTING: . . . . . (713) 873-4157
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Oak Forest/Garden Oaks
LEGEND: .M, W, **HIV+ only**, Free, S$, Med, Appt/Walk-ins
HOURS OF OPERATION: . .Monday-Thursday, 8am-10pm; Friday 8am-5pm
BUS ROUTES: . . . . . 23, 50
REQUIRED FOR INTAKE: . . None for HIV test. Gold card for other services.

*Outpatient primary care, OB/Gyn services, medication access and information, case management, social services, education, pharmacy, HIV counseling and testing.*

### People's Health Center

6630 DeMoss
Houston, TX 77074

MAIN: . . . . . (713) 272-2600
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Sharpstown
LEGEND: . . . . . All, Walk-ins, Free S$, Med
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: 2, 9 . . . . . .
REQUIRED FOR INTAKE: . . . . . Gold card

### Settegast Health Center

9105 North Wayside
Houston, TX 77028

MAIN: . . . . . (713) 636-7192
FAX:. . . . . (713) 636-7193
TTY:. . . . . (713) 636-7186
CITY SECTION: . . . . . East
NEIGHBORHOOD: . . . . . East End
LEGEND: .Families, All, S$, Med, Appt Req, Walk-ins, Esp
HOURS OF OPERATION: . . .Monday-Friday, 7:30am-5pm
BUS ROUTES: . . . . . 77, 45
REQUIRED FOR INTAKE: . . . . . Gold card

*Outpatient primary care; routine clinical services; podiatry, optometry, radiology, lab and pharmacy; nutrition, health education and social services; geriatric clinic; HIV counseling and testing.*

*Cuidado primario para pacientes externos, servicio clínico rutinario, podiatría, optometría, radiología, laboratorio y farmacia, nutrición, educación para la salud y servicios sociales, clínica de geriatría, consejería y análisis del VIH.*

### Strawberry Health Center

927 E. Shaw Road
Pasadena, TX 77506

MAIN: . . . . . (713) 477-6851
CITY SECTION: . . . . . Southeast
LEGEND: . . . . . All, Walk-ins, Free S$, Med
HOURS OF OPERATION: Monday-Thursday, 7:30am-6pm; Friday 7:30am-4:30pm
REQUIRED FOR INTAKE: . . None for HIV test. Gold card for other services.

*HIV counseling and testing.*

### Thomas Street Health Center

2015 Thomas Street
Houston, TX 77009

MAIN: . . . . . (713) 873-4000
FAX:. . . . . (713) 873-4052
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
LEGEND: . . . . . M, W, **HIV+ only**, Free, S$, Med, Appt Req, Walk-ins, Esp
HOURS OF OPERATION: . . . Monday-Friday, 7:30am-4pm
BUS ROUTES: . . . . . 9, 24, 37, 52
REQUIRED FOR INTAKE: . . None for HIV test. Gold card for other services.

*Outpatient primary care; OB/Gyn services; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling; support groups.*

*Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH, grupos de apoyo.*

### Women's Program

2015 Thomas Street
Houston, TX 77009

MAIN: . . . . . (713) 873-4511
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
LEGEND: . . . . . W, **HIV+ only**, Free, S$, Med, Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-4pm
BUS ROUTES: . . . . . 9, 24, 37, 52
REQUIRED FOR INTAKE: . . . . . Gold card

*OB/Gyn services; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.*

*Cuidado primario de obstetricia/ginecología, acceso a medicamentos e información, servicios sociales, educación, administración de casos, farmacia, grupos de apoyo, consejería y análisis del VIH.*

## HARRIS COUNTY HOUSING RESOURCE CENTER

MAIN: . . . . . (713) 578-2055
FAX:. . . . . (713) 578-2250
TTY: . . . . . 7-1-1
WEB: . . . . . www.hrc.hctx.net
EMAIL:. . . . . hrc@hctx.net
AREA SERVED: . . . . . Harris County
LEGEND: . . . . . All, Free, Esp

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public and private sector programs dedicated to helping Harris County's homeless population.

The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.

El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.

La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.

## HARRIS COUNTY P.H.E.S. HEALTH CLINICS

**Main Office**
2223 West Loop South
Houston, TX 77027

MAIN: . . . . . (713) 439-6000
HIV PREVENTION:. . . . . (713) 439-6290
WIC:. . . . . (713) 439-6145
FAX:. . . . . (713) 439-6080
TTY: . . . . . (713) 439-6112
WEB: . . . . . www.harriscountyhealth.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Galleria/Post Oak
AREA SERVED: . . . . . Harris County
LEGEND: . . . . . All, I/RR, Free, Walk-ins (call ahead), Esp

*Immunizations, nutrition counseling, health education, lead poisoning screening and prevention, child health exams (including EPSDT/TX Health Steps medical case management), treatment of sexually transmitted diseases, tuberculosis screening/contact investigation/follow-up and DOT, HIV counseling and testing, perinatal Hepatitis B case management of high risk pregnant women, infants and children, children's health insurance program (CHIP) application, dental care, WIC.*

*Inmunización, consejos sobre nutrición, educación para la salud, análisis de sangre y prevención del envenenamiento del plomo, examen para el bienestar del niño (incluyendo administración médica de casos de EPSTD/TX Health Steps), tratamiento de enfermedades de transmisión sexual, análisis de la tuberculosis/investigación de contacto/seguimiento y DOT, análisis y consejería del VIH, administración de casos para el cuidado de alto riesgo de la hepatitis B perinatal en mujeres embarazadas, infantes y niño/as, aplicación al programa para el seguro de salud de los niño/as (CHIP), cuidado dental, programa WIC*

### Antoine Health Clinic

5815 Antoine, Suite A
Houston, TX 77091

FAX: . . . . . (713) 602-3374
INTAKE: . . . . . (713) 602-3300
WIC: . . . . . (713) 602-3333
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Inwood Forest
BUS ROUTES: . . . . . 45, 85

### Baytown Health Clinic

1000 Lee Drive
Baytown, TX 77520

MAIN: . . . . . (281) 427-7656
FAX: . . . . . (281) 427-1785
CITY SECTION: . . . . . East

### Humble Health Clinic

1730 Humble Place Drive
Humble, TX 77338

MAIN: . . . . . (281) 446-4222
FAX: . . . . . (281) 446-9563
WIC: . . . . . (281) 446-5207
CITY SECTION: . . . . . North

### LaPorte Health Clinic

1009 S. Broadway
LaPorte, TX 77571

MAIN/INTAKE: . . . . . (281) 471-4202
FAX: . . . . . (281) 471-4263
WIC: . . . . . (281) 471-5408
CITY SECTION: . . . . . East

### Southeast Health Clinic

3737 Red Bluff
Pasadena, TX 77502

FAX: . . . . . (713) 740-5110
INTAKE: . . . . . (713) 740-5000
WIC: . . . . . (713) 477-3526
CITY SECTION: . . . . . Southeast

### Webster Health Clinic

311 Pennsylvania, Suite 200
Webster, TX 77598

MAIN: . . . . . (281) 338-0637
FAX: . . . . . (281) 338-0723
CITY SECTION: . . . . . Southeast

## HARRIS COUNTY P.H.E.S. WIC PROGRAM

*Administrative Offices*
2223 West Loop South
Houston, TX 77027

MAIN: . . . . . (713) 407-5800
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Galleria/Post Oak
AREA SERVED: . . . . . Harris County
LEGEND: . . . Free, Pregnant, postpartum & breastfeeding women, infants, children (ages 0-5), Esp

*Women, Infants and Children (WIC) is a nutrition program sponsored by the Texas Department of State Health Services which helps pregnant women, new mothers and young children eat well, learn about nutrition and stay healthy. WIC provides nutrition education and counseling, nutritious foods and access to health care for low-income women, infants and children through it's Special Supplemental Nutrition Program. Eligible mothers can also receive breast pumps, breastfeeding supplies and peer-to-peer counseling through the WIC program. WIC is an Equal Opportunity Provider.*

*WIC (Mujeres, Infantes y Criaturas) es un programa nutricional patrocinado por el Departamento de Servicios de la Salud del Estado de Texas que ayuda a las mujeres embarazadas, a las nuevas madres y a las criaturas a alimentarse adecuadamente, aprender de nutrición y mantenerse saludables. El WIC provee educación nutricional y consejería, alimentos nutritivos y el acceso al cuidado de la salud para mujeres, infantes y criaturas de bajos ingresos, a través del Programa Especial de Suplemento Nutricional. Las madres elegibles pueden también recibir sacaleches, suministros para lactancia materna y consejos de otras compañeras, a través del programa WIC, que es un proveedor de la igualdad de oportunidades.*

### Antoine WIC Center

5815 Antoine
Houston, TX 77091

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (713) 602-3440
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Inwood Forest
BUS ROUTES: . . . . . 45, 85

### Baytown WIC Center

1000 Lee Driv
Baytown, TX 77520

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (281) 428-5767
CITY SECTION: . . . . . Southeast

### Bear Creek WIC Center

16233 Clay Road, Suite 318
Houston, TX 77084

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (281) 345-8645
CITY SECTION: . . . . . West

### Decker Drive WIC Center

4204 Decker Drive
Baytown, TX 77521

APPOINTMENTS: . . . . . (713) 407-5800

FAX: . . . . . (281) 424-4175
CITY SECTION: . . . . . Southeast

### Emerald Plaza WIC Center

11509 Veterans Memorial Dr., Suite 400
Houston, TX 77067

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (281) 444-1594
CITY SECTION: . . . . . Northwest
BUS ROUTES: . . . . . 108

### Humble WIC Center

1730 Humble Place Drive
Humble, TX 77338

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (281) 446-5259
CITY SECTION: . . . . . Northeast

### Pasadena WIC Center

908 E. Southmore, Suite 300
Pasadena, TX 77502

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (713) 477-3685
CITY SECTION: . . . . . Southeast

### Red Oak WIC Center

830 FM 1960 West, Suite 17
Houston, TX 77090

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (281) 880-6812
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Bammel
BUS ROUTES: . . . . . 86

### Scarsdale WIC Center

10851 Scarsdale Boulevard, Suite 116
Houston, TX 77089

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (281) 922-6547
CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . Ellington/South Belt
BUS ROUTES: . . . . . 88

### South Houston WIC Center

1116-C Spencer Highway
South Houston, TX 77587

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (713) 944-2550
CITY SECTION: . . . . . Southeast

### Southeast WIC center

3737 Red Bluff
Pasadena, TX 77503-3307

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (713) 534-9345
CITY SECTION: . . . . . Southeast

### Tomball WIC Center

701 East Main St., Suite 145, Bldg. B
Tomball, TX 77375

APPOINTMENTS: . . . . . (713) 407-5800
FAX: . . . . . (281) 290-6780
CITY SECTION: . . . . . Northwest

## HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES

2223 West Loop South
Houston, TX 77027

MAIN: . . . . . (713) 439-6000
FAX: . . . . . (713) 439-6080
HIV Prevention: . . . . . (713) 439-6177
WIC: . . . . . (713) 439-6145
WEB: . . . . . wwwhcphes.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Galleria/Post Oak
AREA SERVED: . . . . . Harris County

*Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris county; provision of personal health services to eligible individuals that include family planning, prenatal care, immunizations, nutrition programs, well-child programs, risk factor screening, refugee health and pollution control.*

*Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, cuidado prenatal, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos, servicios para la salud de los refugiados, control de la contaminación.*

### Chronic Disease Prevention

MAIN: . . . . . (713) 439-6141
LEGEND: . . . . . M, W, Free, Lim, Esp

*The Chronic Disease Prevention Program contains several components including group screening services with cholesterol and BMI screening and counseling on a limited basis.*

*Nutrition education services are offered at health fairs and other community events. Registered Dietitians conduct community presentations and classes. In addition, the program provides technical assistance in the development of worksite and community health promotion programs and maintains updated community resource lists for diabetes, weight control and physical activity.*

*El programa de Prevención de Enfermedades Crónicas consiste de varios componentes incluyendo servicios en grupo para evaluar el colesterol, BMI y consejería hasta cierto límite.*

*Se ofrece servicios de educación nutricional en ferias de salud y otros eventos comunitarios. Dietistas registrados conducen presentaciones comunitarias y clases. Además, el programa provee asistencia técnica para el desarrollo laboral y programas de promoción de la salud comunitaria, y mantiene listas actualizadas de recursos comunitarios para diabéticos, control de peso y actividades físicas.*

### Safe Talk

*Various Locations*

MAIN: . . . . . (713) 439-6179
LEGEND: . . . . . Free, MSM, Call for intake

*Small group session build knowledge of HIV prevention and also build skills in reducing risk of HIV transmission for men who have sex with men. Call for intake.*

### Tobacco Prevention and Cessation Program

MAIN: . . . . . (713) 439-6115
LEGEND: . . . . . All, Free, Esp

*Prevent tobacco use among youth, provide cessation assistance through promotion of the American Cancer Society Quitline (1-877-YES-QUIT) and increase awareness about secondhand smoke and its adverse health effects.*

*Prevención del uso del tabaco entre los jóvenes, provee asistencia para la cesación del uso del tabaco por medio de la línea telefónica (1-877-YES-QUIT) de la Sociedad Americana contra el Cáncer, y promociona educación sobre los efectos adversos de la salud producidos por el humo de segunda mano.*

## HARRIS COUNTY RIDES

9418 Jensen Drive
Houston, TX 77093

MAIN: . . . . . (713) 368-7433
FAX:. . . . . (713) 696-1977
WEB: . . . . . www.harriscountyrides.com
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Eastex/Jensen
AREA SERVED: . . . . . Serves all Harris county zip codes outside the METROLift service area.
LEGEND: . . Disabled, Elderly or Low income, Flat fee, Esp
HOURS OF OPERATION: . . . . . Shared Ride: 7am-7pm; Taxi: 24 hours
REQUIRED FOR INTAKE: . . . . Photo ID, Proof of disability

*What is RIDES? RIDES is a curb-to-curb subsidized program that allows eligible customers and participating agencies to purchase transportation tickets at a significant discount.The customer/agency pays a reduced fee of $3 per ticket: that's a 50% savings off the regular $6 value of the ticket. Each customer may select from two levels of service: Shared Ride and Taxi Service.*

*Am I Eligible? RIDES provides non-emergency transportation services for the elderly, disabled, and low-income residents of Harris County who live outside the METROLift service area or are unable to access METRO services. To qualify under elderly or disabled qualifications, you must reside within Harris County and meet one or more of the following criteria: over 60 years of age (proof of age required); or disabled (proof of disability required: SSI Award letter or certification letter from your physician). To qualify under low-income qualifications, you must reside within Harris County and meet income criteria: $21,350/year or under (proof of income required).*

*¿Qué es RIDES? RIDES es un programa de subsidio que ofrece transportación de "puerta a puerta." Permite a los clientes y a las agencias elegibles a la compra de boletos de transportación a un descuento significativo. El cliente o la agencia paga una tarifa reducida de $3 por boleto, un ahorro de 50% del valor normal de $6. Cada cliente tiene la opción de elegir entre dos clases de servicios: Viaje Compartido y Servicio de Taxi.*

*¿Reúno los requisitos para este programa? RIDES brinda servicios de transportación, que no son de emergencia, para los residentes mayores de edad, discapacitados y de bajos ingresos en el Condado de Harris, pero que viven fuera del área de los servicios del METROLift o que no tienen la posibilidad de acceder a los servicios de METRO. Para calificar bajo las cualidades de personas mayores de edad o discapacitadas, deben residir dentro del Condado de Harris y reunir una o más de las siguientes condiciones: tener más de 60 años de edad (se requerirá prueba de edad); ser persona discapacitada (se requerirá prueba de discapacidad); presentar el SSI Award letter (Carta de Concesión del Subsidio por Discapacidad) o un certificado médico. Para calificar bajo la condición de personas con ingresos limitados, deberá residir en el Condado de Harris y tener un ingreso anual de $21,350 ó menor (se requerirá prueba de ingreso).*

## HARRIS COUNTY SHERIFFS OFFICE

### HIV Department

1200 Baker Street
Houston, TX 77002

MAIN: . . . . . (713) 755-9256
FAX:. . . . . (713) 755-4586
WEB: . . . www.hcso.hctx.net/supportsvcs/medical/HIV.asp
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
AREA SERVED: . . . . . Harris County
LEGEND: . . . . . M, W, Free, Esp, CD, Incarcerated

*Provides HIV/STD testing, counseling and medical care; case management; chemical dependency treatment; medications and HE/RR for persons incarcerated in the Harris County jail.*

*Provee análisis del VIH/ETS, cuidado médico, administración de casos, tratamientos para la dependencia de sustancias, medicamentos y HE/RR para las personas en la cárcel del Condado Harris.*

## HATCH

*Mailing Address:*

Montrose Counseling Center
401 Branard Street, 2nd Floor
Houston, TX 77006

MAIN: . . . . . (713) 529-3590
FAX:. . . . . (713) 526-4367
WEB: . . . . . www.hatchyouth.org
EMAIL:. . . . . info@hatchyouth.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . Y, Free, Walk-ins

*Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to become positive contributors to the community. Youth meetings on Friday and Sunday evenings.*

## HEALTH INFORMATION HOTLINE (CDC)

24 HOURS: . . . . . .(800) CDC-INFO (232-4636)
TTY: . . . . . .(888) 232-6348
WEB: . . . . . www.cdc.gov/hiv/
EMAIL:. . . . . cdcinfo@cdc.gov
LEGEND: . . . . . All, Free, Esp

*The Centers for Disease Control operates a 24 hour info line to answer questions regarding HIV/AIDS and how to protect yourself. The website includes HIV information by population as well as Questions & Answers, Fact Sheets, Brochures, Slide Sets, Podcasts, Software, Journal Articles, Newsletters, Reports and Recommendations & Guidelines.*

## HELPING OTHERS FOUNDATION FOR CANCER AND AIDS AWARENESS

*Mailing Address:*

P O Box 41183
Baton Rouge, LA 70835

MAIN: . . . . . .(225) 620-4909
WEB: . . . . . www.helpingothers1.org
www.myspace.com/organization1
EMAIL:. . . . . cancerandaids1@gmail.com
LEGEND: . . . . . All, **HIV+ only**, Free
REQUIRED FOR INTAKE: . . . . . .Proof of status

*If you are living with HIV/AIDS we provide medication assistance and deliver toys to the hospital for children with HIV/AIDS. Services are available to everyone who is living with HIV/AIDS.*

## HOSPICE CARE TEAM, INC.

1708 Amburn Road, Suite C
Texas City, TX 77591

MAIN/24 HRS:. . . . . .(409) 938-0070
FAX:. . . . . .(409) 938-1509
TOLL FREE: . . . . . .(800) 545-8738
WEB: . . . . . .www.hospicecareteam.org
CITY SECTION: . . . . . .Southeast
AREA SERVED: . . . . . Galveston, Brazoria and Southeast Harris counties
LEGEND: . . . . . .All, Appt Req, Med, S$, Ins, CHIP
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm; On call 24 hours
REQUIRED FOR INTAKE: . . . . .Doctor's order for hospice, H&P if available

*HCT provides medical, emotional, spiritual and bereavement services to individuals facing a life-limiting illness and their families. Services are provided wherever patients are spending their final days, whether in their own home, in a family member's home, hospital or in a nursing home. The hospice team helps patients live out their final days with dignity and with as much physical comfort as possible. Nurses are available 24 hours a day 7 days a week. Services are provided to all individuals that meet the criteria for hospice and their families regardless of ability to pay.*

## HOUSTON AREA COMMUNITY SERVICES (HACS)

3730 Kirby Drive, Suite 820
Houston, TX 77098

MAIN/INTAKE: . . . . . .(713) 526-0555
FAX:. . . . . .(713) 526-1422
TOLL FREE: . . . . . .(888) 285-9373
TTY: . . . . . .(713) 526-7793
WEB: . . . . . www.hacstxs.org
EMAIL:. . . . . info@hacstxs.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Greenway Plaza
BUS ROUTES: . . . . . 18, 25

### Case Management

Suite 300

MAIN/INTAKE: . . . . . .(713) 526-0555
FAX:. . . . . .(713) 526-9882
AREA SERVED: . . . . . Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties
LEGEND: . . . . . .All, M, W, Free, Appt Req, **HIV+ only**, Esp

*Medical, clinical and social case management services assist clients in accessing needed health and social services within the greater Houston area. Services are provided within the home or in HACS offices.*

### Administración de Casos

*Los servicios de la administración de casos, que son el médico, el clínico y el social, asisten al cliente a acceder servicios para la salud y para necesidades sociales y éstos están ubicados en el área de Houston. Los servicios son proveídos en el domicilio particular del cliente o en las oficinas de HACS.*

### HIV Testing and Counseling

Suite 820

MAIN/INTAKE: . . . . . .(713) 526-0555
FAX:. . . . . .(713) 980-0066
AREA SERVED: . . . . . Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties
LEGEND: . . . . . All, M, W, Y, Free, Walk-ins, Esp

*Free OraQuick (rapid) and blood based testing (needles and blood). Also STI testing for Syphilis, Chlamydia and Hepatitis C.*

### Pruebas para VIH y Apoyo

*Análisis gratuito del VIH "OraQuick" (sin el uso de sangre o agujas) y análisis con el uso de sangre y agujas, análisis de ETS (enfermedades de transmisión sexual) como la sífilis, clamidia y hepatitis C.*

### Impact-Mental Health Counseling

Suite 350

MAIN: . . . . . .(713) 526-0555
FAX:. . . . . .(713) 980-0065
AREA SERVED: . . . . . .Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . . . . M, W, All, **HIV+ only**, Free, Mental Health diagnosis, Targeted populations: African American, Hispanic; Esp

*Individual, couples and group counseling to work through issues related to living with HIV, in addition to support and psycho-educational groups. Services provided by professional, experienced licensed master level social workers in nontraditional settings such as the home or in HACS offices.*

### IMPACT-Psicoterapia para la Salud Mental

*Asiste a los clientes a obtener servicios médicos y sociales en el área metropolitana de Houston, incluyendo asistencia financiera por medio de recursos estatales y federales. Este servicio es proveído en el domicilio del cliente o en las oficinas de HACS.*

### Joseph Hines Clinic

1710 West 25th Street
Houston, TX 77008

MAIN/INTAKE: . . . . . (713) 426-0027
FAX:. . . . . (713) 426-0211
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Heights
AREA SERVED: . . . . . Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . . . . Adults (18 & up), **HIV+ only**, Free, Targeted populations: African American & Hispanic, Transgender, Med, Esp
BUS ROUTES: . . . . . 40

*Free outpatient medical services for Persons Living with HIV/AIDS.*

### Clínica Joseph Hines

*Servicios médicos gratuitos para pacientes externos viviendo con el VIH/SIDA.*

### Tenant-based Rental Assistance (TBRA)

Suite 300

MAIN: . . . . . (713) 526-0555
FAX:. . . . . (713) 526-9882
AREA SERVED: . . . . . Austin, Brazoria, Chambers, Harris, Ft. Bend, Galveston, Liberty, Montgomery, San Jacinto & Waller counties
LEGEND: . . . . . M, W, **HIV+ only**, Free, Appt Req, Esp

*Tenant-based rental assistance (TBRA) provided to HIV+ clients of HACS' outpatient primary care and clinical programs.*

### La asistencia al alquiler destinado al arrendatario (TBRA)

*La asistencia al alquiler destinado al arrendatario (TBRA) es proveída a las personas con el VIH y que son clientes de HACS. El programa suministra cuidado primario y de clínica, para pacientes externos.*

## HOUSTON AREA WOMEN'S CENTER

1010 Waugh Drive
Houston, TX 77019

MAIN: . . . . . (713) 528-6798
FAX:. . . . . (713) 535-6363
TTY: . . . . . (713) 528-3625
SEXUAL ASSAULT TTY:. . . . . (713) 528-3691
SEXUAL ASSAULT HOTLINE: . . . . . (713) 528-7273
DOMESTIC VIOLENCE HOTLINE: . . . . . (713) 528-2121
WEB: . . . . . www.hawc.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
AREA SERVED: . . . . . Houston
LEGEND: . . . . . W, Y, C, Free, Esp
BUS ROUTES: . . . . . 34, 48
REQUIRED FOR INTAKE: . . . . . None

*Crisis intervention and telephone counseling for victims of sexual assault, incest and domestic violence. Individual and group counseling for victims of sexual assault, incest and domestic violence.*

*Proporcionamos servicios para personas en crisis y consejeria por telefono para victimas de asalto sexual, incesto y violencia domestica. Tambien proporcionamos consejeria individual o en grupo para victimas de asalto sexual, incesto y violencia domestica.*

## HOUSTON BUYERS CLUB

3224 Yoakum Boulevard
Houston, TX 77006

MAIN: . . . . . (713) 520-5288
FAX:. . . . . (713) 521-7419
WEB: . . . . . www.houstonbuyersclub.com
EMAIL:. . . . . info@houstonbuyersclub.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . All, M, W, Free, Walk-ins
HOURS OF OPERATION: . . . . Monday-Friday, 10am-8pm; Saturday-Sunday, 12pm-6pm
BUS ROUTES: . . . . . 34, 42, 81, 82
REQUIRED FOR INTAKE: . . . For Ryan White Photo ID and Proof of status

*Dietary supplements available to anyone (with or without chronic illness) at discounted cost. Side effect management information as it relates to disease and medication side effects. Supplements provided at no cost to Ryan White eligible clients. Supplement assistance provided through non governmental programs. Registered dietitians on staff; nutrition consultations available, call for details.*

## HOUSTON COMPASS, INC.

**John S. Dunn Outreach Center**

1212 Prairie Street
Houston, TX 77002

*Mailing Address:*
1117 Texas Avenue
Houston, TX 77002

MAIN: . . . . . (713) 229-8319
FAX:. . . . . (713) 229-8560
WEB: . . . . . www.houstoncompass.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
LEGEND: . . . . . All, Free
BUS ROUTES: . 1, 5, 6, 9, 11, 15, 20, 24, 30, 52, 60, 66, 77, 80; METRO light rail; Project Access bus.

*COMPASS provides a variety of services including assessment of needs, direction and guidance to those in crisis, information and referrals for basic needs, job search, medical care, mental health care, chemical dependency issues, legal assistance and more.*

## HOUSTON DEPARTMENT OF HEALTH AND HUMAN SERVICES

8000 N. Stadium Drive
Houston, TX 77054

MAIN: . . . . . (713) 794-9311
FAX:. . . . . (713) 798-0862
HIV/STD HOTLINE: . . . . . (713) 794-9020
WEB: . . . . . www.houstonhealth.org
www.houstontx.gov/health/HIV-STD
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Astrodome/South Loop
AREA SERVED: . . . . . Houston
HOURS OF OPERATION: . . . . . .Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 14

### Bureau of HIV/STD and Viral Hepatitis Prevention

MAIN: . . . . . (713) 794-9092
FAX:. . . . . (713) 791-6977

## HOUSTON HUMANE SOCIETY

14700 Almeda Road
Houston, TX 77053

MAIN: . . . . . (713) 433-6421
FAX:. . . . . (713) 433-4325
WEB: . . . . . www.houstonhumane.org
EMAIL:. . . . . mail@houstonhumane.org

*Services include: acceptance of animals; adoptions; cruelty investigations and humane education. Our Wellness Center provides spay/neuter surgeries at a low cost of $30 + an office fee. We also do exams and vaccinations. Special services such as injured dogs/cats can also be seen. We are not an emergency clinic.*

### Burnie's Buddies

LEGEND: . . . . . **HIV+ only**, Free, Referral Req, Esp
HOURS OF OPERATION: . . . .Monday-Wednesday, Friday, 10am-1:30pm; Saturday-Sunday, 10am-2pm

*Pet exams, medications and vaccinations at no charge.*

*Proveen exámenes, medicamentos y vacunas gratis para las mascotas.*

### Paw Prints

LEGEND: . . . . . **HIV+ only**, Flat fee, Appt Req, Esp
HOURS OF OPERATION: . . . .Monday-Wednesday, Friday, 10am-1:30pm
REQUIRED FOR INTAKE: . . . . . Proof of HIV status

*Paw Prints program assists qualified HIV/AIDS patients who must be hospitalized by providing temporary foster care and medical treatment for their pets.*

*El programa Paw Prints (Huellas de Mascotas) asiste a pacientes elegibles, viviendo con el VIH y son hospitalizados, con el cuidado y tratamiento médico temporario de sus mascotas.*

## HOUSTON LAWYER REFERRAL SERVICE, INC.

1001 Fannin, Suite 1370
Houston, TX 77002

MAIN: . . . . . (713) 237-9429
FAX:. . . . . (713) 652-0001
TOLL FREE: . . . . . (800) 289-4577
WEB: . . . . . www.hlrs.org
EMAIL:. . . . . staff@hlrs.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Downtown
LEGEND: . . . . . M, W, S$, Esp

*Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need. Houston Lawyer Referral Service is a community service project of the legal profession created to provide access to competent legal representation.*

*Provee información y referencia legal. Asiste al individuo en identificar el problema con el propósito de referirlo a las organizaciones de servicios sociales y legales apropiadas.*

## HOUSTON REGIONAL HIV/AIDS RESOURCE GROUP

500 Lovett Boulevard
Houston, TX 77006

MAIN: . . . . . (713) 526-1016
FAX:. . . . . (713) 526-2369
WEB: . . . . . www.hivresourcegroup.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
AREA SERVED: . . . . . Harris and surrounding counties

*Administrative Agency that manages grants funds for Ryan White Part B, C (rural), D and DSHS State Services. Does NOT provide any direct client services.*

## HOUSTON SRO HOUSING CORP.

2211 Norfolk, Suite 740
Houston, TX 77098

MAIN: . . . . . (713) 526-9470
FAX:. . . . . (713) 526-1849
WEB: . . . . . www.houscorp.com
EMAIL:. . . . . HOUSCORP@aol.com

### San Jacinto Apartments

1111 McIllhenny
Houston, TX 77002

MAIN: . . . . . (713) 650-0306
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Downtown
AREA SERVED: . . . . . .10-County HOPWA service area
LEGEND: . . . . . **HIV+ only**
HOURS OF OPERATION: . . . . . .Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . .1, 11, near METRO light rail

*SRO Housing, an activity of The Housing Corporation of Greater Houston, focuses on the housing needs of the homeless, individuals and families with little or no income, and persons affected by HIV/AIDS or related diseases. These persons must have a strong network of supportive services in order to maintain residential stability. Our responsibilities include developing and maintaining a service-enriched environment at each community operated to serve SRO Housing. The properties include single room occupancy housing facilities for formerly homeless individuals and permanent housing communities for individuals and families affected by HIV/AIDS. SRO Housing is a very significant aspect of Houston's "continuum of care" for the formerly homeless and those affected by HIV/AIDS.*

## HOUSTON VOLUNTEER LAWYERS PROGRAM

**AIDS Project**

712 Main Street, Suite 2700
Houston, TX 77002

MAIN: . . . . . (713) 228-0735, Ext. 121
FAX:. . . . . (713) 227-0359
WEB: . . . . . www.hvlp.org
EMAIL:. . . . . info@hvlp.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
AREA SERVED: . . . . . Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . . . . M, W, All, Families, **HIV+ only**, Free, Filing Fees if required by court, Esp
BUS ROUTES: . . . . . All routes going downtown; METRO light rail
REQUIRED FOR INTAKE: . . . . . ID; Proof of income, residence and HIV status

*Legal assistance in CIVIL matters only. Lawsuits for monetary damages are not accepted.*

*Asistencia legal sobre temas CIVILES únicamente. No se aceptan pleitos que requieren ganancia monetaria.*

## HUMBLE AREA ASSISTANCE MINISTRIES (HAAM)

**Social Services**

1302 First Street
Humble, TX 77338

MAIN: . . . . . (281) 446-3663
FAX:. . . . . (281) 446-2601
WEB: . . . . . www.haamministries.org
CITY SECTION: . . . . . North
AREA SERVED: . . Zips codes 77336, 77338, 77339, 77346, 77347, 77357, 77365, 77396
LEGEND: . . . . . All, Families, Free, Walk-ins
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm

*Emergency assistance with food, rent/mortgage, water bill and clothing.*

*Asistencia de emergencia con alimentos, renta/hipoteca, cuenta de agua y prendas de vestir.*

## ID-DOCTOR.COM

18220 Tomball Parkway, Suite 230
Houston, TX 77070

MAIN: . . . . . (832) 604-0005
FAX:. . . . . (832) 604-0103
EMAIL:. . . . . iddoctor@hotmail.com
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Willowbrook
LEGEND: . . . . . M, W, C (ages 11 and up), Med, Flat fee, Appt Req
BUS ROUTES: . . . . . 44, 86
REQUIRED FOR INTAKE: Photo ID, Current insurance info

*Infectious disease clinic located inside Methodist Willowbrook Hospital.*

## IMPACT FOR LIFE CAMPUS

**(Bear Creek Assistance Ministries)**

16205 Kieth Harrow
Houston, TX 77084

MAIN: . . . . . (281) 855-0014
FAX:. . . . . (281) 855-5790
WEB: . . . . . www.impactforlifecampus.org
CITY SECTION: . . . . . Northwest
AREA SERVED: . . . . . Zip codes 77084, 77041, 77040, 77064, and 77095
LEGEND: . . . . . M, W, ID Req

*Client services, employment education center, food pantry and thrift store.*

*Client Services interviews individuals to determine the most effective way Impact for Life Campus can assist them through their crisis and on to self sufficiency. Financial assistance is provided for a documented crisis, primarily for rent and utilities. Information on other services and referrals are readily available. Must have ID, proof of crisis, last 30 days utility bill, last 30 days of ALL household income and proof of parent/child relationship.*

***Client Services Hours:*** *Monday 8:30am-6:30pm; Tuesday-Thursday 8:30am-4:30pm; Friday 8:30am-12:30pm*

***Client Services Appointment Hours:*** *Monday-Thursday 9am-12pm and 1pm-3pm; Monday evenings 4:30pm-6:30pm*

## INNER DOOR COUNSELING AND REHABILITATION CENTER

*Mailing Address:*
P O Box 741226
Houston, TX 77274-1226

MAIN: . . . . . (713) 278-8870
FAX:. . . . . (713) 278-9711
EMAIL:. . . . . idcrehabctr@sbcglobal.net
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Sharpstown
AREA SERVED: . . . . . Brazoria, Chambers, Ft. Bend, Galveston, Harris and Wharton counties.
LEGEND: . . . . . All, S$, Ins, Med, CHIP, Appt/Walk-ins
HOURS OF OPERATION: . . . . Monday-Friday, 10am-7pm; Saturday 10am-6pm
BUS ROUTES: . . . . . 47, 81, 132, 163, located behind the Hillcroft Transit Center

### Re-create Possibilities

*A comprehensive outpatient behavioral health clinic aimed at serving individuals and families from age 6 years and up. We treat individuals with emotional disorders, ADHD, alcohol/substance abuse and other issues related to mental health. We are dedicated and have a strong commitment to meet our clients' expectations, striving to provide the highest quality services in case management, communication with our clients and delivery of our services.*

## INNERWISDOM COUNSELING CENTER

1325 La Concha Lane
Houston, TX 77054-1809

MAIN: . . . . . (713) 592-9292
FAX:. . . . . (713) 933-2269

TOLL FREE: . . . . . .(877) 944-9473
INTAKE:. . . . . .(713) 592-9294
24 HOURS: . . . . . .(713) 513-7576
SPANISH:. . . . . .(713) 592-9293
WEB: . . . . . www.innerwisdom.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: M, W, Families, All, Med, S$, Self pay, Walk-ins, Esp
HOURS OF OPERATION: . . . Monday-Saturday, 8am-5pm
BUS ROUTES: . . . . . 14, 18
REQUIRED FOR INTAKE: . . . . . Government issued ID, insurance card, social security card

*Day programs that combine traditional, established methods of mental health care with more contemporary approaches to provide a holistic approach to health that addresses every aspect of the client's well being. The programs focus on the belief that that a balance of mind, body and spirit must be achieved for life long health and wellness. Services include: group, individual and family therapy; grief management; behavior modification; self-esteem building; life review therapy; family relationship development; transportation to and from the center; a healthy lunch and snacks are provided.*

*Programas diurnos que combinan métodos tradicionales para el cuidado de la salud mental con un acercamiento de caracter más contemporáneo para proveer un cuidado completo de la salud siendo la meta el bienestar del cliente en todos los aspectos. El programa se basa en la creencia que debe existir un balance de mente, cuerpo y espíritu para lograr una vida larga y saludable. Los servicios incluyen consejería individual, de grupo y familiar, manejo de la ira, modificación del comportamiento, desarrollo del autoestima, terapia para la revisión de la vida personal, desarrollo de las relaciones familiares, transportación, almuerzo y bocadillos saludables.*

### InnerWisdom Wellness Center

LEGEND: . . . . . .M, W, All, S$, Med, Appt Req, Esp

*Programs for children, adolescents, adults and seniors that focus on clients' emotional, mental, social, economic and spiritual well-being and include individual and group therapy and support groups that address a number of issues. Issues addressed include self-esteem building, grief management, life skills and family relationship development, and stress management including massage therapy and biofeedback. All services provided by licensed, master's level clinicians.*

*Ofrecemos programas para niños, adolescentes, adultos y ancianos que enfocan en el bienestar emocional, mental, social, económico y espiritual de los clientes e incluye terapia individual y de grupo. La terapia trata de temas como actividades de la vida diaria, autoestima, manejo de la aflicción, desarrollo de habilidades y control del estrés, incluyendo terapia de masaje y biorretroalimentación. Todos los servicios son ofrecidos por profesionales licenciados.*

## INTERFAITH CAREPARTNERS®

701 N. Post Oak Road, Suite 330
Houston, TX 77024

MAIN/TTY:. . . . . .(713) 682-5995
FAX:. . . . . .(713) 682-0639
WEB: . . . . . www.interfaithcarepartners.org
EMAIL:. . . . . info@interfaithcarepartners.org
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . Memorial
AREA SERVED:Ft. Bend, Harris and Montgomery counties
LEGEND: . . .All, Free, Walk-ins, Accepts collect calls from rural clients, Esp
HOURS OF OPERATION: . . . . . .Monday-Friday, 8am-5pm

### AIDS Care Team® Program

*Congregation-based teams of volunteers trained by Interfaith CarePartners® to respond to many of the social, emotional and physical needs of people touched by HIV/AIDS. Care team members view themselves as friends and extended family who can assist people in their home. Other programs include Alzheimer's CareTeam®, Second Family CareTeam® for frail seniors and chronically ill adults, Kid's Pals CareTeam® (pediatric, non HIV) and Geriatric Care Management.*

*Ofrecemos un equipo de voluntarios de congregaciones entrenado por Interfaith CarePartners® con el propósito de ayudar con muchas de las necesidades sociales, emocionales y físicas de las personas afectadas por el VIH/SIDA. Los voluntarios son considerados amigos y una extensión de la familia del cliente y ayudan a personas en sus domicilios. También asisten a personas con demencia del Alzheimer, personas frágiles de tercera edad y adultos con enfermedades crónicas, Kid's Pals Care Team® (pediatría, no VIH) y en la administración del cuidado geriátrico.*

## INTERGROUP ASSOCIATION, INC.

**(Alcoholics Anonymous)**
4140 Directors Row, Suites D-E
Houston, TX 77092

MAIN/24 HRS:. . . . . .(713) 686-6300
FAX:. . . . . .(713) 686-6703
WEB: . . . . . .www.aahouston.org
EMAIL:. . . . . intergroup@aahouston.org
CITY SECTION: . . . . . Northwest
LEGEND: . . . . . M, W, Y, All, I/RR, Free, Lim, CD, Esp
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm

*24 hour telephone service for callers seeking help about their alcoholism. Central source of information on Alcoholics Anonymous activities and literature. Maintains meeting schedule/location on the web. Guides newcomers to meetings.*

*Servicio telefónico las 24 horas del día para personas buscando ayuda e información sobre la dependencia del alcohol, información sobre actividades y literatura sobre Alcohólicos Anónimos, horarios y localidades de las reuniones de AA en la red, y orientación a las personas nuevas sobre las reuniones.*

## INTERNATIONAL LANGUAGE ASSOCIATES

306 Highland, Suite B
Houston, TX 77009

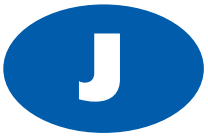
*Mailing Address:*
P O Box 70084
Houston, TX 77270-0084

MAIN: . . . . . .(713) 206-0910

FAX: . . . . . (713) 868-1193
WEB: . . . . . www.internationallanguageassociates.com
EMAIL: . . . . . ilatranslators@comcast.net
AREA SERVED: . . . . . Texas
LEGEND: . . . . . All, Flat fee, Appt Req
HOURS OF OPERATION: . . . . . Monday-Sunday, 8am-9pm

*Provides onsite interpreters of all languages and most dialects. Includes legal, medical and technical background interpreters. We specialize in hard to find languages and dialects.*

*Provee intérpretes de todos los idiomas, incluyendo interpretaciones legales, médicas y en general.*



## JACK'S APOTHECARY #2

8109 Cullen Boulevard
Houston, TX 77051

MAIN: . . . . . (713) 733-7424
FAX: . . . . . (713) 733-1885
WEB: . . . . . www.jacksapothecary2.com
EMAIL: . . . . . jacksapothecary2@hotmail.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Astrodome/South Loop
LEGEND: . . . . . All, Med, Walk-ins, CD
BUS ROUTES: . . . . . 30, 87

*DSHS HIV/AIDS medications-$3*

## JEWISH FAMILY SERVICE

4131 S. Braeswood
Houston, TX 77025

MAIN: . . . . . (713) 667-9336
FAX: . . . . . (713) 667-3619
WEB: . . . . . www.jfshouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Meyerland
LEGEND: . . . . . M, W, All, S$, Appt Req
BUS ROUTES: . . . . . 68

*Counseling: individual, couples and group therapy.*

## KROGER PHARMACY #243

3300 Montrose Boulevard
Houston, TX 77006

MAIN: . . . . . (713) 526-1239
FAX: . . . . . (713) 522-9867
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
BUS ROUTES: . . . . . 34, 42, 81, 82

## LAMBDA CENTER

1201 Clay Street
Houston, TX 77019

MAIN: . . . . . (713) 521-1243
WEB: . . . . . www.lambdahouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
BUS ROUTES: . . . . . 3, 34, 48

*Alcoholics anonymous, Al-Anon and Crystal Meth Anonymous groups for gay, lesbian, bisexual and transgendered individuals and their friends.*

## LAZARUS HOUSE: A CENTER FOR WELLNESS

4106 Austin
Houston, TX 77004

MAIN: . . . . . (713) 526-5071
FAX: . . . . . (713) 523-0379
WEB: . . . . . www.thelazarushouse.org
EMAIL: . . . . . questions@thelazarushouse.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Midtown
LEGEND: . . . . All, Flat fee, Limited scholarships available
HOURS OF OPERATION: . . . . Monday-Wednesday-Friday, 7am-12pm, 2pm to 6pm; Tuesday and Thursday, 8am-5pm; Saturday 8:30am-11:30am
BUS ROUTES: . . . . . 1, 60
REQUIRED FOR INTAKE: . . . . . Drivers license or ID, physicians phone/fax number

*A unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related muscle loss through an integrated program of exercise, nutrition, mental and spiritual support.*

## LEGACY COMMUNITY HEALTH SERVICES

215 Westheimer Road
Houston, TX 77006

MAIN: . . . . . (713) 830-3000
FAX: . . . . . (713) 830-3079
WEB: . . . . . www.legacycommunityhealth.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
BUS ROUTES: . . . . . 42, 81, 82
REQUIRED FOR INTAKE: . . . . . *Varies by program and patient. Photo ID required.*

### Case Management

MAIN: . . . . . (713) 830-3000
FAX: . . . . . (713) 830-3055
AREA SERVED: . . . Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties
LEGEND: . Adults (over age 18), **HIV+ only**, Appt/Walk-ins
HOURS OF OPERATION: . Monday, Wednesday, Thursday 9am-6pm; Tuesday 9am-7pm; Friday 9am-5pm

*Assist clients in accessing needed medical and social servcies within the greater Houston area.*

*Asiste a los clientes a obtener servicios médicos y sociales en el área metropolitana de Houston.*

### Healthy Relationships

MAIN: . . . . . (713) 830-3057
FAX:. . . . . (713) 830-3055
AREA SERVED: . . . . Brazoria, Ft. Bend, Galveston, Harris, Liberty and Montgomery counties.
LEGEND: . . . . . Adults (over age 18), **HIV+ only**, Free, Call for intake
HOURS OF OPERATION: . . . . . Varies

*Group-level intervention for HIV+ persons-discusses disclosure of HIV status and helps with communication and negotiation skills.*

### HIV and Syphilis Testing and Counseling

MAIN: . . . . . (713) 830-3070
LEGEND: . . . . . M, W, Y, Low cost, Appt/Walk-ins, Esp
HOURS OF OPERATION:. . . Monday-Thursday 11am-7pm; Friday 11am-5pm

*Testing services include free blood testing for high-risk individuals and fee-for-service blood testing or rapid HIV testing. Extended or brief prevention counseling included with every test.*

*Community testing services at a variety of locations on a scheduled basis. Free rapid HIV testing available at each location. Brief prevention counseling included with every test. Community testing services are targeted to high-risk men who have sex with men; but offer test to any high-risk individual. Call for the community testing schedule.*

*Análisis del VIH y sífilis en la localidad y en la comunidad, todos los días de la semana. Llame para información sobre las localidades y los horarios.*

### HIV Primary Medical Care

INTAKE:. . . . . (713) 830-3087
AREA SERVED: . . . . . .Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties.
LEGEND: . . . . . M, W, Y, **HIV+ only**, Appt Req, Esp, Amerigroup, Med, Ins
HOURS OF OPERATION: . Monday, Wednesday, Thursday 9am-6pm; Tuesday 9am-7pm; Friday 9am-5pm

*Primary health care services for qualified HIV+ individuals. Some may qualify under Ryan White funds, please call for eligibility.*

*Servicios primarios del cuidado de la salud para personas VIH+ que califiquen. Deben ser elegibles para los fondos de Ryan White.*

### Next Step Education Program

INTAKE:. . . . . (713) 830-3075
AREA SERVED: . . . Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties
LEGEND: . . . . . M, W, Y, Free, Appt Req, Esp

*Educational program for newly diagnosed HIV+ and significant others. Includes laboratory services.*

*Programa educacional para personas que recientemente diagnosticaron VIH+ y para sus seres queridos. Incluye servicios de laboratorio.*

### Positive Options

(Comprehensive Risk Counseling & Services)

AREA SERVED: . . . . Brazoria, Ft. Bend, Galveston, Harris, Liberty and Montgomery counties.
LEGEND: . . . . . Adults (over age 18), **HIV+ only**, Free, Call for intake

*Individual, multi-session prevention counseling for HIV+ individuals who are having difficulty maintaining safer sex practices.*

### Primary Care Clinic

INTAKE:. . . . . (713) 830-3062
LEGEND: . . . . . .M, W, Y, Amerigroup, Med, Ins, S$, Appt/Walk-ins, Esp

*Health care services for the GLBT and general community at low cost.*

*Servicios del cuidado de la salud de bajo costo para la comunidad gay, lésbica, bisexual y transgénera y la población en general.*

### Professional Mental Health Counseling

LEGEND: . . . . . M, W, S$, Flat fee, Appt Req
HOURS OF OPERATION: . . . . . Monday, Thursday, Friday 9am-5pm; Tuesday, Wednesday 9am-7pm

*Therapeutic counseling for familiy problems, parenting and marriage conflicts, stress management, depression and career concerns.*

### Psychiatric Services

LEGEND: . . . . . M, W, Y, All, Med
HOURS OF OPERATION: . . . . . .Monday, Thursday, Friday 9am-5pm; Tuesday, Wednesday 9am-7pm

*Assessment, diagnosis and treatment of mental illness.*

### STD Clinic

LEGEND: . . . . . .Y, M, W, S$, Appt/Walk-ins, Esp
HOURS OF OPERATION: . Monday, Wednesday, Thursday 9am-6pm; Tuesday 9am-7pm, Friday 9am-5pm

*STD exam, diagnosis and treatment.*

*Análisis, diagnóstico y tratamiento del ETS (enfermedades transmitidas sexualmente).*

### Volunteer Services

INTAKE:. . . . . (713) 574-9721
LEGEND: . . . . . M, W, Esp

*Volunteer opportunities are available for all services and locations-may need specific training and licensures.*

*Oportunidades para voluntarios en todos los servicios; puede que se requiera entrenamiento específico y licencia.*

### Women's Clinic

LEGEND: . . . W, Appt Req, S$, Amerigroup, Med, Ins, Esp
HOURS OF OPERATION: . . . Monday, Wednesday Thursday 9am-6pm; Tuesday 9am-7pm; Friday 9am-5pm

*Low cost well woman exams, birth control and family planning counseling.*

*Exámenes con bajo costo para el bienestar de la mujer.*

## LEGACY COMMUNITY HEALTH SERVICES

3311 Richmond Avenue, Suite 100
Houston, TX 77098
MAIN: . . . . . (713) 830-3033
FAX:. . . . . (713) 830-3091
WEB: . . . . . .www.legacycommunityhealth.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Greenway Plaza
BUS ROUTES: . . . . . 25, 78
REQUIRED FOR INTAKE: . Varies by program and patient. Photo ID required.

### Body Positive Wellness Program

AREA SERVED: . . . . . .Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . . . Y, M, W, Free, S$, Med, Appt Req, Lim, Esp
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-4pm

*Nutritional supplements and counseling; massage therapy, physical therapy, acupuncture, cardiovascular exercise and weight training. Other rehabilitation services as needed.*

*Consejería sobre la nutrición y suplementos nutricionales, terapia de masaje, terapia física, acupuntura, ejercicios cardiovasculares y entrenamiento con pesas. En adición, otros servicios de rehabilitación cuando sean necesarios.*

### Frost Eye Clinic

AREA SERVED: . . . . . .Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties.
LEGEND: . . M, W, Y, Free to Low cost, Amerigroup, Med, Ins, Appt Req, Esp
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-4pm

*Optometrist and Ophthalmologist services including eye glasses, contact lenses and CMV screening.*

*Servicios de optometría y oftalmología, incluyendo anteojos, lentes de contacto y evaluación para el CMV.*

### Medication/Insurance Assistance

MAIN: . . . . . (713) 574-9709
FAX:. . . . . (713) 520-7520
AREA SERVED: . . . Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties
LEGEND: . . . . . .M, W, **HIV+ only**, Appt Req
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm

*Assistance with prescriptions, health insurance premiums and co-payments for prescriptions and doctor visits for PLWH/A.*

*Ayuda con recetas médicas, prima de seguro médico y co-pagos para las recetas y las visitas al doctor para las personas con el VIH/SIDA.*

## LEGACY COMMUNITY HEALTH SERVICES

5602 Lyons Avenue
Houston, TX 77020
MAIN: . . . . . (713) 671-3041
FAX:. . . . . (713) 670-9575
WEB: . . . . . .www.legacycommunityhealth.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Fifth Ward
LEGEND: . . . . . All, Families, S$, Med, Esp
HOURS OF OPERATION: . . . . . Monday 9am-6pm; Tuesday-Friday 9am-5pm
BUS ROUTES: . . . . . 11, 26, 30, 42, 80
REQUIRED FOR INTAKE: . Varies by program and patient. Photo ID required.

*Health care services for the general community at low cost.*

*Servicios para el cuidado de la salud a un bajo costo para la comunidad en general.*

## LIVE CONSORTIUM

*Mailing Address:*
P O Box 130897
Houston, TX 77219
MAIN: . . . . . (713) 861-5483
FAX:. . . . . (713) 861-5055
WEB: . . . . . .www.LIVEconsortium.org
EMAIL:. . . . . contact@LIVEconsortium.org

*LIVE Consortium provides HIV and anti-stigma education, support, research and advocacy so that all people, regardless of status, can have the opportunity to live a health and full life.*

**EXPECTATION 4 LIFE:** *Program-reach out to individuals newly affected by HIV to give them hope, support, basic HIV education and the expectation for life.*

**INSPIRE:** *Mentor Program for Individuals Newly Affected by HIV.*

**LIVE FIT:** *Fitness and nutrition information, forums, and opportunities so that everyone can have the opportunity to live a healthy and full life.*

**LIVE SOCIAL:** *Social events held once a month to provide social support for all HIV affected individuals.*

**SLATE:** *Lecture series targeted to the HIV affected community.*

**UNIVERSITY ANTI-STIGMA CAMPAIGN:** *Social marketing campaign directed toward college students on campuses around Houston.*

## LIVING WITHOUT LIMITS LIVING LARGE, INC.

2615 Calumet
Houston, TX 77004

*Mailing Address:*
P O Box 650
Houston, TX 77001-0650

MAIN: . . . . . (832) 545-5689
WEB: . . . . . www.lwllivinglarge.org
EMAIL:. . . . . cysmith2003@yahoo.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Third Ward
LEGEND: . Infected/affected heterosexuals (M & W), Free
HOURS OF OPERATION: . . . . . .Friday, 7pm to 9pm
BUS ROUTES: . . . . . 60, 68

*Living without Limits Living Large is a place where heterosexual people infected and affected with the diagnosis of HIV/AIDS can embrace everyday life with new beginnings and expectations.*

*Meeting schedule: Support group on the first Friday of every month (**HIV+ only**); Education night for both*

*infected and affected on the second Friday of the month; Motivational social time on the fourth Friday of the month; and in January, June and November we have a social gathering/meet and greet on the fourth Friday of the month. All meetings begin at 7pm We also have group sessions and workshops co-sponsored with other local agencies. Please call for more information.*

## LONE STAR LEGAL AID

1415 Fannin Street
Houston, TX 77002

MAIN: . . . . . (713) 652-0077
FAX:. . . . . (713) 652-2709
INTAKE:. . . . . (713) 652-5911
WEB: . . . . . www.lonestarlegal.org
EMAIL:. . . . . administration@lonestarlegal.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
AREA SERVED: . Fort Bend, Harris & Montgomery counties
BUS ROUTES: 1, 5, 9, 11, 15, 24, 30, 40, 52, 60, 66, 77, 80, METRO light rail
LEGEND: . . . . . All, Free, Appt/Walk-in
HOURS OF OPERATION:. . . . . .Monday-Friday, 8am-5pm
REQUIRED FOR INTAKE: . . . . . Call for intake

*Lone Star Legal Aid is a non-profit law firm. We provide free civil legal assistance to low-income individuals and families who have immediate needs but cannot afford an attorney.*

*Lone Star Legal Aid is the only civil legal aid provider in our region to supply a full range of services. We engage in a wide array of activities, dependent upon client need and available resources, ranging from brief advice and counsel to representation in state and federal courts, in addition to special projects, a legal help line, community education, self-help clinics and referrals. Practice areas include domestic violence, child advocacy, housing, income maintenance, health care access, consumer fraud, disabilities rights, employment, education, estate planning and probate, civil rights and disaster relief. Criminal matters and most types of fee generating cases not accepted.*

### Angleton Office

126 N. Velasco Street
Angleton, TX 77515-4437

MAIN: . . . . . (979) 849-6464
FAX:. . . . . (979) 848-0682
TOLL FREE: . . . . . (800) 244-5492
CITY SECTION: . . . . . South
AREA SERVED: . . . . . Brazoria, Matagorda and Wharton counties

### Beaumont Office

2345 I-10 East, Suite 3
Beaumont, TX 77702-1343

MAIN: . . . . . (409) 835-4971
FAX:. . . . . (409) 835-5783
TOLL FREE: . . . . . (800) 365-1861
CITY SECTION: . . . . . East
AREA SERVED: . . . . . Hardin, Jefferson, Liberty and Orange counties.

### Bellville Office

1304 S. Front Street
Bellville, TX 77418-3305

MAIN: . . . . . (979) 865-9133
FAX:. . . . . (979) 865-8654
CITY SECTION: . . . . . West
AREA SERVED: . . . . . Austin, Colorado, Fayette, Waller and Washington counties

### Bryan Office

200 East 24th Street, Suite A
Bryan, TX 77803-5302

MAIN: . . . . . (979) 775-5050
FAX:. . . . . (979) 775-5053
TOLL FREE: . . . . . (800) 570-4773
CITY SECTION: . . . . . Northwest
AREA SERVED: . . . . . Brazos, Burleson, Grimes, Lee, Leon, Madison, Robertson and Walker counties

### Galveston Office

2200 Market Street, Suite 301
Galveston, TX 77550-1802

MAIN: . . . . . (409) 763-0381
FAX:. . . . . (409) 762-5739
TOLL FREE: . . . . . (800) 551-3712
CITY SECTION: . . . . . Southeast
AREA SERVED: . . . . . .Chambers and Galveston counties

## LOVE INC (IN THE NAME OF CHRIST)

1107 Fleetwood
Baytown, TX 77520

*Mailing Address:*
P O Box 1116
Baytown, TX 77522-1116

MAIN: . . . . . (281) 422-5683
FAX:. . . . . (281) 427-7653
EMAIL:. . . . . .LoveIncInBaytown@verizon.net
CITY SECTION: . . . . . East
AREA SERVED: . . . Zip codes 77520, 77521, 77562, 77580
LEGEND: . . . . . .All, Free, Gas vouchers, Diapers
HOURS OF OPERATION: . . .Monday-Thursday, 9am-3pm; Friday 9am-noon

*Referrals to food pantries, diapers, gas vouchers (for verifiable appointments only) and prescription assistance (one time only, no pain or mind-altering drugs) for eligible low income persons.*

## MAGNIFICAT HOUSES, INC.

3207 Austin Street
Houston, TX 77004

*Mailing Address:*
P O Box 25415
Houston, TX 77265

MAIN/FAX: . . . . . (713) 520-0461
WEB: . . . . . www.magnificathouse.org
EMAIL:. . . . . magnificathouseinc@sbcglobal.net
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Midtown
AREA SERVED: . . . . . Harris County
BUS ROUTES: . . . . . 1, 5, 11, 42, 60

*Started in 1968, MHI offers refuge and hope to those in need by creating homes where people of different mental abilities, social backgrounds, religions and cultures can live together as a community. MHI provides a bridge back to the outside world and the confidence to cross it. We provide housing, food and an opportunity to integrate into Magnificat facilites and community life. We offer 24 hour supervision to assist with resident needs.*

### Morning Star Hostel

LEGEND: . . . . . Adults, **HIV+ only**, S$, I/RR, Walk-ins, Esp
HOURS OF OPERATION: . . . . . 24 hours; Intake: Monday-Friday, 9am-3pm

*Room, board and supervised living-staff member available 24 hours to assist with residents needs, referrals to needed services. Support with medical needs, bus fare to medical appointments, etc. Recreation and services with Magnificat House residents to integrate PLWH/A into Magnificat facilities and community life (i.e., celebrations, outings, etc.).*

*Intérprete dispondible.*

## MEDCARE PEDIATRIC GROUP

5624 East Sam Houston Pkwy North
Houston, TX 77015

MAIN: . . . . . (713) 773-5100
FAX:. . . . . (713) 773-5151
WEB: . . . . . www.medcarepediatrics.com
EMAIL:. . . . . info@medcarepediatrics.com
CITY SECTION: . . . . . East
NEIGHBORHOOD: . . . . . Northshore
LEGEND: . . C, Y, S$, Med, Private pay, Ins, Appt Req, Esp, Call for intake

*MedCare Centers for Counseling and Play Therapy offers counseling and play therapy services to children, adolescents, and adults at 3 different Houston-area locations (Stafford, East Houston, and Spring). We accept patients with many emotional, behavioral, and social concerns. We accept many forms of health insurance, as well as private pay, and we also offer our services on a sliding scale. Occupational, physical and speech therapy and social work services. Assessments and treatment for developmental, speech and gross motor delays for children who may have autism, PDD, ADHD, cerebral palsy and other childhood disorders. Aquatic therapy (at Stafford location only). Also offers home health therapy and nursing services, rehabilitation transportation, parent support group and English language classes.*

*Servicios de terapia ocupacional, física y del habla; servicios proveídos por trabajadores sociales; asesoramiento y tratamiento para el desarrollo, la terapia del habla y el retraso mental de las criaturas que pudieran tener autismo, PDD, ADHD, parálisis cerebral y/o cualquier otro desorden infantil, terapia acuática (solamente en la localidad de Stafford). También se ofrece terapia para la salud en el hogar, servicios de enfermería, rehabilitación, transportación, grupo de apoyo para padres y clases de inglés.*

### Medcare Pediatric Group

21004 I-45 North
Spring, TX 77373

MAIN: . . . . . (713) 773-5120
CITY SECTION: . . . . . North

### Medcare Pediatric Group

12371 S. Kirkwood Drive
Stafford, TX 77477

MAIN: . . . . . (713) 773-5100, Ext 149
CITY SECTION: . . . . . Southwest

## MEDCO MEDICAL SUPPLY, INC.

8860 Fallbrook
Houston, TX 77064

*Mailing Address:*
P O Box 924189
Houston, TX 77292-4189

MAIN: . . . . . (713) 956-5288
FAX:. . . . . (713) 956-1239
TOLL FREE: . . . . . (800) 245-3816
WEB: . . . . . www.e-medco.com
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Cy-Fair
LEGEND: . . . . . All, Med, Ins, Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
Supervisor on call after hours.

*Provides enteral, incontinence, urological, diabetic and wound care supplies.*

*Ofrece equipo entérico, de incontinencia, urinario, y diabético y productos para el cuidado de heridas.*

## MEDICINE SHOPPE, THE

900 S. Wayside Drive, Sutie 400A
Houston, TX 77023-3418

MAIN: . . . . . (713) 923-1621
FAX:. . . . . (713) 923-1622
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Lawndale
LEGEND: . . . . . All, Med

*Full service pharmacy, delivery service within 5 mile radius of store. Blood test for cholesterol, diabetes, PSA, etc.*

*Servicio completo farmacéutico, servicio de entrega a domicilio dentro de un radio de 5 millas del negocio. Análisis del colesterol, diabetes, PSA.*

## MEMORIAL ASSISTANCE MINISTRIES

1625 Blalock Road
Houston, TX 77080-7320
MAIN: . . . . . (713) 468-4516
FAX:. . . . . (713) 468-4702
INTAKE:. . . . . Ext 100
WEB: . . . . . www.maministries.org
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . Spring Branch
AREA SERVED: . . . Zip codes 77008, 77009, 77018, 77022, 77024, 77037, 77039, 77043, 77055, 77076, 77079, 77080, 77088, 77091, 77092
LEGEND: All, Free
HOURS OF OPERATION: . . . . . Monday-Thursday, 9am to 2:30pm; Friday 9am to 11:30am
BUS ROUTES: . . . . . 20
REQUIRED FOR INTAKE: . . . Photo ID, Proof of residence, Copy of lease for rental assistance, Late or disconnect notice for utility assistance.

*Financial assistance: pledge made with vacate or disconnect notice. Limited medication/prescription assistance. Job referrals. Clothing: referral to resale shop. Back to school clothing provided through Spring Branch ISD Counselors/social workers. Appointment required for rent or utility assistance.*

*Asistencia financiera con nota de desalojo o desconexión. Asistencia limitada para los medicamentos. Referencias para empleos. Referencias a tiendas de reventa de prendas de vestir. Prendas de vestir para uso al colegio proveído a través de los trabajadores sociales/consejeros del Distrito Escolar Spring Branch. Se requiere cita para solicitar la asistencia de renta y los servicios públicos.*

## MEMORIAL HERMANN PREVENTION & RECOVERY CENTER (PARC)

3043 Gessner Road
Houston, TX 77080
MAIN: . . . . . (713) 939-7272
FAX:. . . . . (713) 329-7315
TOLL FREE: . . . . . (877) 464-7272
WEB: . . . . . www.mhparc.org
EMAIL:. . . . . parc@memorialhermann.org
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . Spring Shadows
LEGEND: . . . . . Adults and adolescents, Flat fee, Ins, Private pay, Walk-ins, CD
HOURS OF OPERATION: . . . . . 24 hours
BUS ROUTES: . . . . . 36, 46

*PaRC is a confidential, non-profit alcohol and drug treatment center. A center of excellence, the PaRC is a nationally recognized, freestanding program that offers alcohol, substance abuse and dual diagnosis treatment for both adolescents and adults. The program and staff provide the highest level of quality care in a confidential setting for those suffering from alcohol and drug-related problems. The PaRC offers all levels of care: alcohol and substance abuse screening, medical detox, residential treatment, day treatment, outpatient services, family services and aftercare. The PaRC also offers Intensive Outpatient programs in Northwest and Central Houston, Clear Lake, The Woodlands and Sugar Land. The PaRC open 24 hours a day, seven days a week.*

## METHODIST CHILDREN'S HOME

5005 Mitchelldale, Suite 119
Houston, TX 77092
MAIN: . . . . . (713) 682-8911
FAX:. . . . . (713) 682-4229
WEB: . . . . . www.methodistchildrenshome.org
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Oak Forest/Garden Oaks
LEGEND: . . . . . S$, Appt Req, CD
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm

*Voluntary foster care placements for families in crisis situations.*

## METRO HEALTH SERVICES

9894 Bissonnet, Suite 365
Houston, TX 77036
MAIN: . . . . . (713) 777-9600
FAX:. . . . . (713) 777-9664
WEB: . . . . . www.metrohealthservices.info
EMAIL:. . . . . metrohealthservices@gmail.com
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Westwood
BUS ROUTES: . . . . . 65, 68

*Skilled nursing, home health aide, certified nursing assistant, physical therapy, speech therapy, medical social worker, personal assistance services and durable medical equipment. Available Monday thru Thursday, 9am-5pm, and Friday 9am-2pm Also available 24 hours a day for emergencies and weekend care.*

## MICHAEL E. DEBAKEY VA MEDICAL CENTER

2002 Holcombe Boulevard
Houston, TX 77030
MAIN: . . . . . (713) 791-1414
FAX:. . . . . (713) 794-7612
INTAKE:. . . . . (713) 794-7288
APPOINTMENTS: . . . . . (713) 794-8985
PHARMACY: . . . . . (713) 794-7648
TOLL FREE: . . . . . (800) 553-2278
24 HOURS: . . . . . (800) 639-5137
WEB: . . . . . www.houston.med.va.gov
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: . . . . . M, W, Veteran, Walk-ins, Eligibility based on income, CD
BUS ROUTES: . . . . . 1, 26, 27

*Case management/social work; chemical dependency: outpatient treatment; HIV primary medical care; eye care; pension and compensation assistance; housing assistance for homeless. Comprehensive Veteran health and wellness website: www.myhealth.va.gov/.*

## MONTROSE COUNSELING CENTER, INC.

401 Branard Street, 2nd Floor
Houston, TX 77006

MAIN: . . . . . (713) 529-0037
FAX:. . . . . (713) 526-4367
TOLL FREE: . . . . . (800) 699-0504
TTY: . . . . . (713) 529-9466
24 HOURS: . . . . . (713) 529-3211
WEB: . . . . . www.montrosecounselingcenter.org
EMAIL:. . . . . mcc@montrosecounselingcenter.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
AREA SERVED: . . . . . Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . . . . M, W, Families, All, **HIV+ only**, I/RR, Free, Walk-ins, CD
BUS ROUTES: . . . . . 78

*CPCDMS registration, assistance linking to needed services, includes special needs for deaf/hard of hearing clients; Licensed outpatient chemical dependency treatment for gay, lesbian, bisexual, transgender (or very friendly) individuals and people of color; professional counseling by licensed therapists-Spanish and Chinese available.*

*Inscripción del CPCDMS, asistencia para conectar al cliente con servicios que necesiten, incluyendo ayuda especial para la persona sorda/muda; tratamiento externo, acreditado e intensivo para la dependencia de sustancias para personas gays, lésbicas, bisexuales, transgéneras e individuos amistosos a dicha población. Terapia profesional proveído por terapeutas licenciados; servicio disponible en español y chino.*

### Education and Prevention

AREA SERVED: . . . . Brazoria, Chambers, Ft. Bend, Harris, Jefferson, Liberty, Montgomery, Walker & Waller counties
LEGEND: . . . . . M, W, All, I/RR, Free, Appt Req, CD, Esp

*Education on HIV, substance abuse, TB, Hepatitis, cultural diversity, STIs, disclosure, negotiating safer sex, club drugs.*

*Educación sobre una variedad de temas, incluyendo el VIH, abuso de sustancias, tuberculosis, hepatitis, enfermedades transmitidas sexualmente, drogas que se venden en las discotecas y bares, revelación del estado de la salud, diversidad cultural y métodos de negociación para prevenir enfermedades sexuales en la pareja.*

### Incarcerated Outreach/Discharge Planning

LEGEND: . . . . . M, W, I/RR, **HIV+ only**, Free, CD

*Pre-release discharge planning for incarcerated within 6 weeks of release.*

*Planeamiento pre-liberación para personas presas dentro del periodo de 6 semanas antes de ser liberadas de la cárcel o prisión.*

## MOTHERLAND, INC.

4040 Yale Street
Houston, TX 77018

*Mailing Address:*
P O Box 924511
Houston, TX 77292-4511

MAIN: . . . . . (713) 290-0001
FAX:. . . . . (713) 290-0023
24 HOURS: . . . . . (713) 633-2255
WEB: . . . . . www.motherlandinc.org
EMAIL:. . . . . motherlandinc@sbcglobal.net
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Independence Heights
AREA SERVED: . . . . . Harris County
BUS ROUTES: . . . . . 66

### Motherland Health Clinique

LEGEND: . . . . . All, S$ ($35), Med, Ins, Appt/Walk-ins
HOURS OF OPERATION: . . . . . Monday, Tuesday, Friday 8am-5pm; Thursday 8am-7pm, Saturday 9am-1pm
REQUIRED FOR INTAKE: . . . . . Two picture IDs, pay stubs, proof of address, birth certificates or social security card. All current medications taken must be reported at intake.

*Preventive/Primary care services: Immunizations, vaccinations, diabetes, hypertension, cancer screening, perinatal services, prenatal care-education, pregnancy prevention, mental health, oral health care, STD screening, HIV testing and TB screening.*

*Servicios del cuidado preventivo/primario: inmunización, vacunas, diabetes, hipertensión, investigación de cáncer, servicio prenatal, educación/cuidado prenatal, prevención del embarazo, cuidado para la salud mental, cuidado de la salud oral, evaluación de enfermedades transmitidas sexualmente, prueba del VIH y la tuberculosis.*

### Voices of our Youth

LEGEND: . . . . . All, Free, Appt/Walk-ins, CD, Esp
HOURS OF OPERATION: . . . . . Saturdays 10am-1pm

*Provides drama and music performances that address lack of knowledge and lack of awareness of HIV risk and drug related issues; HIV health education and risk reduction services for youth; HIV/AIDS peer counseling; speakers bureau; support groups.*

*Provee presentaciones teatrales y musicales relacionadas con el tema de la droga; educación de la salud y del VIH, programa de reducción de riesgo para los adolescentes; consejería del VIH/SIDA; oficina de información; grupos de apoyo.*

## MOTHER'S TOUCH INDEPENDENT CARE HOME

Location Confidential

MAIN: . . . . . (713) 410-2539
FAX:. . . . . (713) 422-0780
INTAKE:. . . . . (832) 748-1937
WEB: . . . . . www.motherstouchcarehome.com
LEGEND: . . . . . Adults, **HIV+ only**, S$, CD, Appt Req
HOURS OF OPERATION: . . . . . 24 hours
REQUIRED FOR INTAKE: . . . . . Doctor's statement

*Provides 24 hour companionship, assistance, transportation to the doctor, administration of medication and three meals per day and snacks in a home setting. Personalized care plan to ensure compliance and to maintain good, healthy habits. Personalized meal plans. Daily activities include exercise program. Respite care.*

## NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE (NAACP)

2002 Wheeler Avenue
Houston, TX 77004

MAIN: . . . . . (713) 526-3389
FAX:. . . . . (713) 630-2699
INTAKE:. . . . . (713) 526-3389, ext 11
WEB: . . . . . www.naacphouston.org
EMAIL:. . . . . branch@naacphouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Third Ward
AREA SERVED: . . . . . Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . All, **HIV+ only**, Free (300% poverty or below), Appt Req (Walk-ins on Saturday only), Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-6pm
BUS ROUTES: . . . . . 11
REQUIRED FOR INTAKE: . . . . . ID, Social Security card, Proof of HIV status and income

### Legal Redress Clinic

*Provision of quality legal services to clients living with HIV/AIDS in the Houston EMA. All legal matters, except criminal, are addressed. Permanency planning and client advocacy workshops.*

*Intake for Legal Redress Clinic: Saturday, 10am-2:30pm (except holidays). Intake for Legal Assistance program for Ryan White eligible clients is also available by appointment.*

*Provee servicios legales de calidad, excluyendo casos criminales, para personas viviendo con el VIH y aquellas personas elegibles a fondos Ryan White. Se requiere cita.*

## NEW HOPE COUNSELING CENTER

6420 Hillcroft Street, Suite 314
Houston, TX 77081

*Mailing Address:*
P O Box 740936
Houston, TX 77274-0936

MAIN: . . . . . (713) 776-8006
FAX:. . . . . (713) 776-8030
CITY SECTION: . . . . . South
NEIGHBORHOOD: . . . . . Sharpstown
AREA SERVED: . . . Zip codes 77002, 21, 98, 33, 35, 04, 06, 80, 82, 91, 60, 36, 35, 56, 88, 09, 26, 74
LEGEND: . . . . . M, W, All, **HIV+ only**, Free, Walk-ins, CD
HOURS OF OPERATION: . . . . . Monday-Friday, 6am-5pm
BUS ROUTES: . . . . . 9, 47, 163

*Health education and risk reduction programs targeting youth, African American females and the general public; community based volunteerism; alcohol and drug abuse prevention and counseling; food pantry; short term rent, mortgage and utility payment assistance; supportive services for PLWH/A; internship, after school programs and Abstinence Education programs.*

## NEW HORIZON FAMILY CENTER

Location Confidential

*Mailing Address:*
P O Box 1428
Baytown, TX 77522

MAIN: . . . . . (281) 424-3300
INTAKE/24 HOURS:. . . . . (281) 422-2292
FAX:. . . . . (281) 428-1699
TOLL FREE: . . . . . (800) 824-4807
WEB: . . . . . www.newhorizonfc.org
EMAIL:. . . . . info@newhorizonfc.org
CITY SECTION: . . . . . East
AREA SERVED: . . . . . Chambers, Dayton, eastern Harris and Liberty counties
LEGEND: . . . . . W, C, Y, All, Free, Appt Req, Lim, Esp
HOURS OF OPERATION: . . . . . 24 hours
REQUIRED FOR INTAKE: . . . . . None. Photo ID is helpful.

*Emergency shelter and outreach services for survivors of domestic violence and sexual assault. Outreach services include: counseling, legal advocacy, community education and a 24 hour crisis hotline (talk about problems/voice concerns, information, referrals, intake). All services are provided free of charge.*

*Hay administradores de casos de habla hispana y ayuda/apoyo telefónico. Se dispone de traducción/interpretación en español para todos los servicios. Refugio de emergencia y servicios de apoyo para sobrevivientes de la violencia doméstica y asalto sexual. Los servicios de ayuda incluyen: consejerola psicológico, consejo legal, educación comunitaria y asistencia telefónica las 24 horas del día. Todos los servicios son gratuitos.*

## NONPROFIT CONSULTING SERVICES, LLC

*Administration Office*
1302 Waugh Drive, No. 636
Houston, TX 77019

MAIN: . . . . . (713) 868-5409
FAX:. . . . . (713) 868-0063
WEB: . . . . . www.nonprofitconsulting.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
AREA SERVED: . . . . . No service area restrictions

*NCS is a consulting practice which offers technical assistance, grantwriting, training and evaluation services to nonprofit entities, government agencies and corporations. NCS does NOT provide any direct client services.*

*NCS provides organizational leaders the resources necessary to succeed in a complex and competitive environment, helping organizations to fulfill their missions, survive crises and serve their clients. NCS is the Ryan White HIV Case Management training provider.*

## NORTHSHORE COUNSELING CENTER

331 Freeport
Houston, TX 77015

MAIN: . . . . . (713) 637-6000
FAX:. . . . . (713) 637-6009
WEB: . . . . . www.nshore.cc
EMAIL:. . . . . northshorecc@yahoo.com

CITY SECTION: . . . . . .East
LEGEND: . . . . . All, Med, Private pay, Ins
HOURS OF OPERATION: . . . . .Monday-Friday 10am-7pm; Saturday 8am-2pm

*Individual, family and couples counseling; psychological evaluation and assessment; court-ordered substance abuse assessments and classes; psycho-educational assessments; court-ordered anger management classes; court-ordered truancy classes.*

*Provee consejería individual, familiar y de pareja; evaluación y asesoramiento psicológico; asesoramiento por orden de la corte por el abuso de sustancias, y clases; asesoramiento psico-educacional; clases por orden de la corte para el manejo de la ira y el absentismo escolar.*

## NORTHWEST ASSISTANCE MINISTRIES

15555 Kuykendahl Road
Houston, TX 77090

MAIN: . . . . . .(281) 885-4555
FAX:. . . . . .(281) 583-5602
FAMILY VIOLENCE CTR: . . . . . .(281) 885-4673
WEB: . . . . . .www.namonline.org
EMAIL:. . . . . nam@namonline.org
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Bammel
AREA SERVED: . . . . . Zip codes 77014, 77032, 77038, 77050, 77060, 77066, 77067, 77068, 77069, 77070, 77073, 77086, 77090, 77373, 77379, 77386, 77388, 77389
LEGEND: . . . . . .Families, Free, Appt Req, Esp
HOURS OF OPERATION: . . . . . .See program descriptions

**Assistance Program:** *The Assistance Program is open weekdays from 10am-3pm and offers trained volunteer counselors to assess each clients' needs and match needs with the services available within NAM and in greater Houston. For those who qualify, in addition to counseling, the Assistance Program provides food, clothing, financial aid for housing payments, utility bills and transportation.*

**Children's Clinic:** *The Children's Clinic is open Monday-Friday from 8am-4:30pm (children's clinic closes at noon on the 3rd Friday of every month). It offers a full range of services, including well-child check-ups and acute care for children ages newborn through 18 years whose families have Medicaid, CHIP, are uninsured/underinsured or may not be eligible for government-funded programs. Physicians, nurses and a case manager work together to take into account the child's overall health, nutrition and home environment while emphasizing helping the whole family*

**Education Program:** *Education is one of the basic tools with which clients can implement their plan for a better tomorrow. Classes for GED and ESL are offered through our Learning Center.*

**Family Violence Center (FVC):** *Offers crisis and long-term support services to survivors of domestic violence. All services are provided at no cost. The crisis hotline is available 24 hours: 800-750-4673, other services include but are not limited to access to emergency shelter, peer advocacy, legal advocacy, support groups and counseling for those suffering abuse in their homes. Bilingual English-Spanish services and a speaker's bureau are available. In addition to support services, the FVC is also committed to provide education and outreach to our community as we believe that only through education and support services can we break the cycle of violence.*

**Programa de Asistencia:** *El Programa de Asistencia está abierto de lunes a viernes de 10am-3pm y ofrece la asistencia de consejeros voluntarios entrenados para evaluar las necesidades del cliente y proporcionar los servicios disponibles en NAM y en Houston. Para los que califiquen, el programa ofrece consejería, alimento, vestimenta, ayuda financiera para la renta, servicios públicos y transportación.*

**Clínica de Niños:** *La Clínica de Niños está abierta de lunes a viernes de 8am a 4:30pm y ofrece una variedad de servicios incluyendo una evaluación para el bienestar del niño/a y cuidado agudo para infantes recién nacidos hasta los 18 años de edad para las familias que tengan Medicaid, CHIP, no tengan seguro médico o poco seguro médico, o no sean elegible para otros programas de fondos gubernamentales. Los médicos, enfermeros y administradores de casos trabajan en conjunto para cumplir con todas las necesidades del niño incluyendo nutrición y un ambiente hogareño con énfasis en ayudar a toda la familia.*

**Programa de Educación:** *El Programa de Educación es clave para que los clientes puedan implementar un plan para un mejor futuro. Se ofrecen clases de GED e inglés en nuestro centro educativo.*

**Centro para la Violencia en la Familia (FVC):** *El Centro para la Violencia en la Familia ofrece servicios de asistencia de crisis y a largo plazo a los sobrevivientes de violencia doméstica. Todos los servicios son gratuitos. La línea de ayuda telefónica está disponible las 24 horas del día llamando al 800-750-4673. Otros servicios incluyen acceso a refugios de emergencias, apoyo de compañeros/as, asistencia legal, apoyo en grupo y consejería a aquellas personas bajo abuso doméstico. Se ofrece servicio en español e inglés, y dispone de presentaciones por expertos invitados. Además de servicios de apoyo, el FVC se compromete a proveer educación y alcance a nuestra comunidad pues creemos que a través de la educación y los servicios de apoyo podemos romper el ciclo de la violencia*

## PALMER DRUG ABUSE PROGRAM

Administration Office
Three Memorial City Plaza
840 Gessner Road, Suite 1300
Houston, TX 77024

MAIN: . . . . . .(281) 589-4833
FAX:. . . . . .(281) 589-4834
WEB: . . . . . .www.pdaphouston.org
EMAIL:. . . . . .pdap@swbell.net
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . Memorial
AREA SERVED: . . . . . .Harris County

HOURS OF OPERATION: . . . Monday-Friday, 2pm to 7pm
REQUIRED FOR INTAKE: . . . . Please call location directly

*The Palmer Drug Abuse Program (PDAP), the oldest substance abuse recovery program for youth in the Houston community, has operated continuously since 1971 providing free substance abuse recovery services to youth ages 12-25 and their parents.*

*The completely anonymous program provides 12-step support group meetings, crisis intervention, client assessments & referrals, individual and family counseling sessions, drug-free social and recreational activities and community education and prevention programs. These programs improve our neighborhood, our city and our schools by returning healthy kids to the community to become productive members of society.*

*Please note that there are no meetings held at the administrative office.*

## AGE 12 TO 17 GROUPS

LEGEND: . . . . . Y, Free, Walk-ins, CD

### Bellaire

Faith Lutheran Church
4600 Bellaire Boulevard
Bellaire, TX 77401

MAIN: . . . . . (713) 668-0133
CITY SECTION: . . . . . Central
BUS ROUTES: . . . . . 81, 82, 18

*Meetings are held on Thursdays from 7:30 to 9pm*

### Cy-Fair

Covenant Lutheran Church
3785 Barker Cypress Road
Houston, TX 77084

MAIN: . . . . . (281) 870-9311
CITY SECTION: . . . . . West
BUS ROUTES: . . . . . 2

*Meetings are held on Mondays from 7:30 to 9pm*

### Memorial/Spring Branch

West Houston Community Center
725 Bateswood #200
Houston, TX 77079

MAIN: . . . . . (281) 870-9311
CITY SECTION: . . . . . West
BUS ROUTES: . . . . . 131

*Meetings are held on Wednesdays from 7:30 to 9pm*

### Spring/North Houston

Holy Comforter Episcopal Church
2322 Spring Cypress Road
Spring, TX 77388

MAIN: . . . . . (281) 528-7908
CITY SECTION: . . . . . North
BUS ROUTES: . . . . . 131

*Meetings are held on Mondays and Thursdays from 7:30 to 9pm*

## AGE 18 TO 25 GROUPS

LEGEND: . . . . . .Adults (ages 18-25), Free, Walk-ins, CD

### Memorial/Spring Branch

Emmanuel Episcopal Church
15015 Memorial Drive
Houston, TX 77079

MAIN: . . . . . (713) 857-2648
CITY SECTION: . . . . . West
BUS ROUTES: . . . . . 131

*Meetings are held on Thursdays from 7:30 to 9pm*

### Memorial/Spring Branch

West Houston Community Center
725 Bateswood, #200
Houston, TX 77079

MAIN: . . . . . (281) 857-2648
CITY SECTION: . . . . . West
BUS ROUTES: . . . . . 131

*Meetings are held on Mondays from 7:30 to 9pm*

### Spring/North Houston

Holy Comforter Episcopal Church
2322 Spring Cypress Road
Spring, TX 77388

MAIN: . . . . . (281) 857-7874
CITY SECTION: . . . . . North

*Meetings are held on Tuesdays from 7:30 to 9pm*

## PATH TO INDEPENDENCE

10101 Forum Park Drive, Suite 2022
Houston, TX 77036

*Mailing Address:*
P O Box 91089
Houston, TX 77088

MAIN: . . . . . (713) 688-7400
FAX:. . . . . (713) 688-7403
WEB: . . . . . www.pticommunities.com
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Westwood
LEGEND: . . . . . M, CD, I/RR, Homeless, Flat fee
HOURS OF OPERATION: . . . Monday-Friday, 9am to 6pm
BUS ROUTES: . . . . . 65, 68

*PTI is a recovery oriented, transitional living community (apartment style living) for men based on Alcoholics Anonymous 12-Step Program. The minimum recommended length of stay is 6 months. Residents are required to participate daily in meeting or group sessions. Conveniently located on the Metro bus line. Employment opportunities available. Please call for intake.*

## PAWS HOUSTON
## PETS ARE WONDERFUL SUPPORT

5201 Memorial Drive, Suite 1162
Houston, TX 77007

MAIN: . . . . . (713) 840-7297
FAX:. . . . . (713) 840-7205
WEB: . . . . . .www.pawshouston.org
EMAIL:. . . . . .info@pawshouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Afton Oaks
AREA SERVED: . . . . . City of Houston
LEGEND: . . . . . All, Free, S$, Lim

*Services for low income pet owners living with a terminal illness. Services include an animal food bank, subsidized vet-*

*erinary care, volunteer pet care, grooming, and foster care when necessary. Provides Safe Pet Guidelines for clients as well as education of the medical and veterinary communities about the benefits and risks of animal companionship for people with medical and financial hardships.*

*Servicio para las personas de bajos recursos con una enfermedad terminal quienes necesitan ayuda con sus animales domésticos. El servicio incluye alimento, cuidado médico subsidiario, cuidado proveído por un voluntario, aseo y cuidado temporario del animal cuando sea necesario. Además, ofrece educación sobre la seguridad del animal, y los beneficios y riesgos que corren las personas con dificultades médicas y financieras de tener un animal doméstico.*

## PET BEREAVEMENT COUNSELING SERVICES

2400 Westheimer, Suite 209 W
Houston, TX 77098-1305

MAIN: . . . . . (713) 522-8344
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Greenway/Upper Kirby
HOURS OF OPERATION: . . . . . .By appointment
BUS ROUTES: . . . . . 18, 81, 82

*Offering comfort and support to individuals, families and groups whose lives have been altered due the death of a pet. Consultations, workshops and educational seminars are also available.*

## PET PATROL

*Mailing Address:*
P O Box 70948
Houston, TX 77270

MAIN: . . . . . (281) 733-7696
WEB: . . . . . www.thepetpatrol.org
AREA SERVED: . . Eligible clients living inside the beltway.
LEGEND: . . . . . All (low income and disabled), Free, Appt Req, Call for intake
REQUIRED FOR INTAKE: .Proof of disability & financial status

*A volunteer-based 501(c)3 organization that assists low income elderly and those affected by a chronic or life-threatening illness to keep their pets. Services include free or low cost pet food, basic veterinary care, foster care, spaying/neutering and more.*

## PFLAG HOUSTON

*Meeting Location:*
St. Paul's United Methodist Church
5501 South Main at Binz
Houston, TX 77004

*Mailing Address:*
P O Box 66834, Houston, TX 77266-6834

MAIN: . . . . . (713) 46P-FLAG
WEB: . . . . . www.pflaghouston.org
EMAIL:. . . . . helpline@pflaghouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Hermann Park
LEGEND: . . . . . All, Free
BUS ROUTES: . . . . . 1, 8, 65, METRO light rail

*The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom -- the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. You may leave your message in confidence. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message. Your call is very important to us, but if you are not in the Houston area, we suggest first looking for a chapter in your area by going to the PFLAG National web site at www.pflag.org/chapters/find.html. However, don't hesitate to call us if you cannot find help elsewhere.*

## PLANNED PARENTHOOD OF HOUSTON & SOUTHEAST TEXAS, INC.

4600 Gulf Freeway
Houston, TX 77023

MAIN: . . . . . (713) 522-3976
FAX:. . . . . (713) 522-9047
TOLL FREE: . . . . . (800) 230-PLAN (7526)
WEB: . . . . . .www.pphouston.org
EMAIL:. . . . . ppset@pphouston.org
LEGEND: . . . . . M, W, Y, Free, Walk-ins, Esp

*HIV testing and counseling, STD testing and treatment for women and men, birth control, well-woman exams, information about abortion. To be automatically connected to the nearest clinic, call (800) 230-PLAN.*

*Pruebas y asesoramiento de VIH, pruebas y tratamiento de enfermedades de transmision sexual para hombres y mujeres, control de natalidad, examenes anuales para mujer, informacion sobre abortos.*

## POSITIVE BROTHERS AND SISTERS SUPPORT NETWORK

2015 Thomas Street
Houston, TX 77009

MAIN: . . . . . (713) 454-7548
EMAIL:. . . . . positivebrothersunited@yahoo.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
LEGEND: . . . . . .M, W, **HIV+ only**, Free, Walk-ins
BUS ROUTES: . . . . . 9, 24, 37, 52

*Positive Brothers and Sisters is a support network for GLBT men and women who are HIV+. We offer a support group every 2nd and 4th Tuesday of the month; daily emails and reminders; holiday and birthday celebrations; prayer support and friendship.*

## POSITIVE EFFORTS

11500 Northwest Freeway, Suite 340
Houston, TX 77092

MAIN: . . . . . (713) 812-0044
FAX:. . . . . (713) 957-1542
WEB: . . . . . www.positiveefforts.com
CITY SECTION: . . . . . Northwest
LEGEND: . . . . . W, All, Free, CD
HOURS OF OPERATION: . . . . . .Monday-Friday, 9am-5pm

*Health education in underserved communities; community outreach; case management; Sista Project; referrals; speaker bureau.*

## POZ HOUSTON

WEB: . . . . . www.pozhouston.org
EMAIL:. . . . . brian@pozhouston.org
CITY SECTION: . . . . . All
AREA SERVED: . . . . . Houston and surrounding area
LEGEND: . . . . . Adult men, **HIV+ only**, Free

*Poz Houston is a social support network for HIV+ gay men in the Houston area. Website includes discussion groups, resource referrals and organized group activities. There is no charge to use or participate in Poz Houston but individual events may have costs associated with them (such as a movie ticket).*

## PRESBYTERIAN CHILDREN'S HOME & SERVICES

5020 W. Bellfort
Houston, TX 77035

MAIN: . . . . . (713) 721-2908
FAX:. . . . . (713) 721-2909
WEB: . . . . . www.pchas.org
CITY SECTION: . . . . . Southwest
LEGEND: . . . . . All, Free
BUS ROUTES: . . . . . 8, 10

### Child and Family Program

*Child and family programs providing crisis intervention and family preservation services; in-home family assessment; parenting skills and support; teaching and building life skills; family and individual counseling; collaboration with community social services to assist families with all their needs. The goal is to address issues before a crisis results in out-of-home placement of children.*

## PRIMARY HEALTH NETWORK OF SOUTH TEXAS

Office of Dr. Hunter A. Hammill
7400 Fannin Street, Suite 1118
Houston, TX 77054

MAIN: . . . . . (713) 799-8994
FAX:. . . . . (713) 799-9931
ALTERNATE: . . . . . (713) 513-7287
WEB: . . . . . www.hunterhammillmd.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: . . . . . W, All, Appt Req, CD, Esp
HOURS OF OPERATION: Monday-Thursday, 9am-5:30pm; Friday 8am-6pm
BUS ROUTES: . . . . . 14, 73

*OB/GYN services: Prenatal care for pregnant, HIV+ women; gynecologist-well woman exams, all gynecological surgeries for women. Also involved in clinical trials. Dr. Hammill has delivered himself for more than 600 HIV+ pregnant patients and has taken care of more than 3,000 HIV+ women for gynecological care.*

*Servicios de obstetricia y ginecología: Cuidado prenatal para mujeres embarazadas, mujeres con el VIH; cirugías ginecológicas, exámenes para el bienestar de la mujer, pruebas clínicas.*

## PSA HEALTHCARE

6575 West Loop South Suite 500
Bellaire, TX 77401-3521

MAIN: . . . . . (832) 325-1280
FAX:. . . . . (832) 325-1287
TOLL FREE: . . . . . (800) 682-7998
WEB: . . . . . www.psakids.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Bellaire
AREA SERVED: . . . . . Up to 75 mile radius from Houston
LEGEND: . . . . . C/Y (ages 0-18), Med, Ins, Appt Req, Esp
BUS ROUTES: . . . . . 39

*Services include pediatric private duty nursing, occupational therapy, physical therapy and speech therapy. No skilled nurse visits.*

*La oficina administrativa provee apoyo a las enfermeras de servicio privado y terapia ocupacional, terapia física y terapia del habla. Algunos en servicio hablan español.*

## REHOBOTH FOUNDATION, INC.

7707 Bissonnet, Suite 106
Houston, TX 77074

*Mailing Address:*
P O Box 710402
Houston, TX 77271

MAIN: . . . . . (713) 484-5850
FAX:. . . . . (713) 270-4110
WEB: . . . . . www.rehobothfoundation.org
EMAIL:. . . . . rehobothf@yahoo.com
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Braeburn
LEGEND: . . . . . M, W, Y, Families, I/RR, CD, Referral Req
BUS ROUTES: . . . . . 65

*Rehoboth Foundation is a nonprofit organization with a focus on community assistance and development programs; employment assistance: vocational education, skills assessment, workplace skills training; community education programs: computer literacy, financial literacy, health literacy, GED and other relevant capacity building and leisure learning programs; entrepreneurship and small business development programs (start up mentoring and coaching).*

## RESURRECTION METROPOLITAN COMMUNITY CHURCH

2025 West 11th Street
Houston, TX 77008

MAIN: . . . . . (713) 861-9149
FAX:. . . . . (713) 861-2520
WEB: . . . . . www.resurrectionmcc.org
EMAIL:. . . . . ChurchOffice@ResurrectionMCC.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Heights
LEGEND: . . . . . All, Appt Req, ID

HOURS OF OPERATION: . . . . . By appointment only
BUS ROUTES: . . . . . 40

*Food pantry for HIV+ persons by appointment only: 713-861-9149, Ext 103. Sunday worship service at 9am and 11am. Offering spiritual direction to anyone seeking assistance with their spiritual growth.*

## ROSENBERG-RICHMOND HELPING HANDS, INC.

802 Morton Street
Richmond, TX 77469

*Mailing Address:*
P O Box 1268
Richmond, TX 77469

MAIN: . . . . . (281) 232-4904
FAX:. . . . . (281) 232-4904
WEB: . . . . . www.roserichhelpinghands.org
EMAIL:. . . . . hhfoodnb@comcast.net
CITY SECTION: . . . . . Southwest
AREA SERVED: . . . Zip codes 77417, 77421, 77441, 77444, 77451, 77461, 77464, 77469, 77471, 77476, 77481
LEGEND: . . . . . All, Free, Walk-ins
HOURS OF OPERATION: Monday-Thursday, 10am-2:30pm
REQUIRED FOR INTAKE: . . . . . ID, proof of address

*Food, clothing, school supplies, financial assistance (as available); referrals to needed services.*

## RYAN WHITE PLANNING COUNCIL

2223 West Loop South, Suite 240
Houston, TX 77027

MAIN: . . . . . (713) 572-3724
FAX:. . . . . (713) 572-3740
TTY: . . . . . (713) 572-2813
WEB: . . . . . www.rwpc.org
EMAIL:. . . . . feedbackRWPC@hctx.net
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Galleria/Post Oak
LEGEND: . . . . . All, Free
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 73, 81, 82

*Support staff office for Houston's Ryan White Planning Council. Each year, the RWPC prioritizes service categories and allocates federal funds for services to people living with HIV/AIDS. All meetings and processes are open to the public and community input is encouraged at all levels. The meeting calendar, Council publications and a wealth of other information is available on our website. The Office of Support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book".*

# S

## SALVATION ARMY, HOUSTON AREA COMMAND

### Social Services

2208 Main Street
Houston, TX 77002

MAIN: . . . . . (713) 658-9205
INTAKE : . . . . . Ext 710
FAX:. . . . . (713) 658-9206
WEB: . . . . . www.salvationarmyhouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Downtown
AREA SERVED: .Harris and surrounding counties (EXCEPT Galveston, Pasadena and Ft. Bend county)
LEGEND: . . . . . All, Free, Esp
HOURS OF OPERATION: Monday-Thursday, 8am-3:30pm; Friday 8am-11:30am
BUS ROUTES: . . . . . 1, 9, METRO light rail
REQUIRED FOR INTAKE: . . . . . Please call 713-658-9205, Ext 710 for intake.

*Provides food, financial assistance, clothing, adult education classes, prescription assistance and job search programs.*

## SANTA MARIA HOSTEL

7807 Long Point Road, Suite 375
Houston, TX 77055

MAIN: . . . . . (281) 657-0898
FAX:. . . . . (281) 657-0956
INTAKE:. . . . . (281) 657-0877, Option 1
WEB: . . . . . www.santamariahostel.org
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . Spring Branch
LEGEND: . . . . . W, I/RR, CD, Free, Appt Req
BUS ROUTES: . . . . . 20

*Santa Maria has offered a wide array of services to women and their children for over 50 years. We have been successful in addressing the effects of substance abuse on women and their families by providing start-to-finish services, which are often referred to as "continuum of care". Our continuum of care simply means that Santa Maria is involved in all aspects of it's clients' recoveries for as long as needed to ensure success. The mission of Santa Maria is to empower women and their children to become alcohol and drug free.*

**Court Liaison**
*The Santa Maria Court Liaison serves as a link between Santa Maria, the client and either the courts or FPS. The objective for the liaison is to increase communication and sharing of information between the client, Santa Maria and the court or FPS.*

**Co-Occurring Psychiatric & Substance Disorders (COPSD)**
*A program designed to provide integrated treatment services for individuals with co-occurring disorders. The services provide both psychiatric and substance use counseling. Services are in accordance with each individual's needs, utilizing a person-centered approach. Goals of the program include: immediate crisis intervention and stabilization of*

*current problematic symptoms, medication management and education, referral to assist clients in accessing community services and resources. Must have ID and social security card, call for intake. Non-smoking facility.*

### Santa Maria Hostel North

807 Paschall Street
Houston, TX 77009

MAIN: . . . . . (713) 222-0699
FAX:. . . . . (713) 222-6425
INTAKE:. . . . . (281) 657-0877, Option 1
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
LEGEND: . . . . . W, S$, Appt Req, CD, Esp
BUS ROUTES: . . . . . 9, 15, 24, 37, 52, 78

*Supportive residential substance abuse treatment for women and a specialized female population; outpatient substance abuse services for women. Case management and co-occurring psychiatric/substance abuse services for women. Non-smoking facility.*

**Co-Occurring Psychiatric & Substance Disorders (COPSD)**
*A program designed to provide integrated treatment services for individuals with co-occurring disorders. The services provide both psychiatric and substance use counseling. Services are in accordance with each individual's needs, utilizing a person-centered approach. Goals of the program include: immediate crisis intervention and stabilization of current problematic symptoms, medication management and education, referral to assist clients in accessing community services and resources. Must have ID and social security card, call for intake.*

**Supportive Residential Treatment**
*This program offers a 28-30 day Supportive Residential Program for those who require less structure and do not meet the criteria for Intensive Residential or Outpatient services. The supportive program allows women to seek employment and attend outside support groups while living in a safe, structured environment. Clients focus on relapse prevention and life skills.*

*Programa residencial para el tratamiento del abuso de sustancias de mujeres con hijos y población femenina especializada; tratamiento para el abuso de sustancias para mujeres pacientes externas. Administración de casos y tratamiento psiquiátrico simultáneo al uso de drogas y alcohol.*

### Santa Maria Hostel West

2005 Jacquelyn Drive
Houston, TX 77055

MAIN: . . . . . (713) 957-2413
FAX:. . . . . (713) 957-1898
INTAKE:. . . . . (281) 657-0877, Option 1
CITY SECTION: . . . . . Northwest
NEIGHBORHOOD: . . . . . Spring Branch
LEGEND: . . . . . W, Families, S$, Appt Req, CD, Esp
BUS ROUTES: . . . . . 58

*Intensive and supportive substance abuse treatment for a specialized female population, including women with children (up to age 12); outpatient substance abuse services for women. Case management and co-occurring psychiatric/substance abuse services offered for all programs. Non-smoking facility.*

**Co-Occurring Psychiatric & Substance Disorders (COPSD)**
*A program designed to provide integrated treatment services for individuals with co-occurring disorders. The services provide both psychiatric and substance use counseling. Services are in accordance with each individual's needs, utilizing a person-centered approach. Goals of the program include: immediate crisis intervention and stabilizatoin of current problematic symptoms, medication management and education, referral to assist clients in accessing community services and resources. Must have ID and social security card, call for intake.*

**Intensive Residential Treatment**
*In our Intensive Residential Treatment program clients enter and stay a minimum of 28 days and a maximum of 30 days. Women who enter into this program will be able to gain knowledge of their addiction while stabilizing and gaining relapse prevention skills.*

**Women with Children**
*This program provides up to 90 days of intensive residential treatment for women and their children. Children either attend daycare or school during which women are engaged in treatment activities. Women receive up to 30 hours of treatment services a week.*

*Tratamiento intensivo y de apoyo para el abuso de drogas y alcohol para una población femenina especializada, incluyendo mujeres con hijo/as (hasta 12 años de edad); servicios para mujeres pacientes externas sobre el abuso de sustancias. En todos los programas se provee administración de casos y tratamiento psiquiátrico simultáneo al uso de drogas y alcohol.*

### Santa Maria Hostel's Bonita House

2605 Parker Road
Houston, TX 77093

MAIN/FAX: . . . . . (713) 691-0900
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Eastex/Jensen
LEGEND: . . . . . W/C, **HIV+ only**, I/RR, CD, Free, Appt Req
BUS ROUTES: . . . . . 39

**Transitional Living Program (HUD/HOPWA)**
*Transitional housing and life skills program for homeless families with at least one child under 12 years of age. Intake and referral for mental health and substance addiction recovery services; supportive services include job readiness, education and GED Prep, transportation; children's services; community support services; case management; service coordination.*

### SEARCH

2505 Fannin Street
Houston, TX 77002

MAIN: . . . . . (713) 739-7752
FAX:. . . . . (713) 739-7706
WEB: . . . . . www.searchhomeless.org
EMAIL:. . . . . info@searchhomeless.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Midtown
LEGEND: . . . .M, W, Families, I/RR, All, Free, Walk-ins, CD, Homeless only, Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-4pm
BUS ROUTES: . . . . . 1, 11, 9, 52, 78, METRO light rail

*SEARCH operates a one-stop shop for individuals and families who are homeless. We offer street outreach and a day shelter which provides showers, laundry faciilities, phone and mail services and hot lunch. Other services available are employment placement services including vocational training, job readiness classes, job leads and job coaching; adult literacy, ABE classes and GED preparation. Housing is focused on scattered-site living for persons with disabilities. SEARCH also operates an accredited early childhood development center.*

*Vivienda a largo plazo, programas educacionales, asistencia en la búsqueda de empleo.*

### House of Tiny Treasures Childcare Center

1529 Lombardy
Houston, TX 77023

MAIN: . . . . . (713) 923-7938
FAX:. . . . . (713) 923-7940
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . East End
LEGEND: . . . . C (ages 0-6), Appt Req, Homeless only, Esp
HOURS OF OPERATION: . . . Monday-Friday, 7am-5:30pm

*A theraputic child development center that provides art therapy, speech therapy, play therapy, child development, advocacy, parenting classes and case management.*

*Un centro que ofrece un programa terapéutico para el desarrollo del niño/a que incluye terapia de arte, del habla, y de juegos; desarrollo del niño, abogacía, clases para padres y administración de casos.*

### SER JOBS FOR PROGRESS OF THE TEXAS GULF COAST, INC.

1906 Cochran Street
Houston, TX 77009

MAIN: . . . . . (713) 773-6000
FAX:. . . . . (713) 773-6010
TOLL FREE: . . . . . (866) 285-4003
WEB: . . . . . www.serhouston.org
EMAIL:. . . . . .info@serhouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
BUS ROUTES: . . . . . 5, 60

*SER provides employment, training and social services to the Gulf Coast region's diverse communities.*

### Basic Advocacy Training

LEGEND: . . . . . All, Free
HOURS OF OPERATION: . . . Monday-Thursday, 8am-5pm; Friday 8am-12pm
REQUIRED FOR INTAKE: . . . . . Call for intake

*Basic Advocacy Training is for adults with disabilities and/or parents of children with disabilities. The workshops are available in English and Spanish and will include the fundamentals of networking skills, letter writing, and how to contact local legislators. Workshops provide an opportunity for group interaction through activities and discussion. Workshops are available at no cost to the host organization or participants. The following three workshops are the core curriculum of the Basic Advocacy Training provided by SER:*

*The Foundations of Becoming a Self-Advocate is an interactive workshop and provides information necessary to become a self-determined, skilled and resourceful self-advocate. The topics are: History of People with Disabilities, Self-Advocacy, Self-Determination and People First Language.*

*The Fundamentals of Legislative Advocacy provides the basic information about the local, state and federal government. Participants will learn about what they are entitled to receive under the law. This workshop also provides the opportunity to learn about the Americans with Disabilities Act, Individuals with Disabilities Education Act, and the Equal Employment Opportunity Commission. The Community Outreach and Resources workshop provides the opportunity to create a personal strategic plan and learn where to find the resources needed to enhance their lives. Through group activities and mock situations, participants will be able to learn methods to effectively express their needs. Local community Resource Guides will be available for research.*

*There is no fee to attend the training and lunch will be provided. Please call for more information.*

*El Entrenamiento básico de Intercesor es para los adultos con discapacidad y/o para padres de hijos discapacitados. Los talleres están disponibles en inglés y español e incluirán la enseñanza fundamental para la creación de redes, escritura de cartas y cómo ponerse en contacto con los legisladores locales. Los talleres proveen una oportunidad para la interacción en grupos a través de actividades y discusiones, y son gratis para las organizaciones o los participantes. Los siguientes tres talleres son el núcleo del Entrenamiento básico de Intercesor proveído por SER:*

*Los cimientos a convertirse en un autodefensor es un taller interactivo que provee información importante para así uno convertirse en una persona autodeterminante, con habilidades y conocimientos para abogar por los derechos de uno mismo. Los temas son: Historia de personas con discapacitación, Autodefensor, Autodeterminante, y el Lenguaje de los derechos de la persona.*

*Los Principios de la abogacía legislativa provee información básica sobre el gobierno local, estatal y federal. Los participantes aprenderán sobre lo que deben recibir según la ley. El taller también ofrece la oportunidad de aprender sobre el Acta de los Americanos con Discapacidades (ADA), el Acta de Educación para Individuos Discapacitados (IDEA) y la Comisión de Oportunidades Equitativas de Empleos (EEOC).*

*El taller de Alcance y Recursos Comunitarios provee la oportunidad de crear un plan de estrategia personal y aprender dónde encontrar los recursos necesarios para mejorar sus vidas. A través de actividades de grupo y simulacros, los participantes podrán aprender métodos para expresar sus necesidades en una manera efectiva. Habrán guías de recursos de la comunidad local para sus investigaciones.*

*El entrenamiento es gratuito y se servirá almuerzo. Por favor llame para más información*

### Employment Website

LEGEND: . . . . . All, Free
REQUIRED FOR INTAKE: . . . Register online for an account

*Those who register at www.serhouston.org can search for a job in the Houston area.*

### Hurricane IKE Disaster Relief Program

LEGEND: . . . . . All, Free, Affected by Hurricane Ike
HOURS OF OPERATION: . . . . . .Monday-Friday, 8am-5pm
REQUIRED FOR INTAKE: . . . . . Call for intake

*Free help for Harris County families affected by Hurricane Ike. Anyone who had ongoing needs caused by Hurricane Ike and who is not receiving rental assistance from a Disaster Housing Assistance Program should call. Our case managers will help you to identify your needs, make a plan to help get you back on your feet and help you find and apply for the services you need.*

*Hay asistencia gratis para las familias del condado de Harris que fueron afectadas por el Huracán Ike. Cualquier persona en el condado de Harris que tiene necesidades y no esté recibiendo ayuda con la renta departe de un programa de ayuda de albergue para desastres, puede llamar SER. Las personas de SER-JOS for Progress le pueden ayudar identificar sus necesidades, preparar unos planes para que siga adelante y solicitar los servicios que necesite.*

### Senior Community Service Employment Program

LEGEND: . . . . . Age 55 years and older, Free, Appt Req
HOURS OF OPERATION: . . . Monday-Thursday, 8am-5pm; Friday 8am-12pm
REQUIRED FOR INTAKE: . . . . . Call for details

*SCSEP is a paid employment training program for ages 55 and older to learn new job skills and re-enter the workforce. SCSEP offers training in computers, job readiness, on the job experience, online applications and more.*

*SCSEP es un entrenamiento con salario para personas de 55 años de edad y mayor donde aprenderán nuevas habilidades para retornar al area laboral. SCSEP ofrece entrenamiento en computadoras, preparación laboral, experiencia en el trabajo, solicitud laboral a través de la red en inglés y español.*

## SERENITY HOME HEALTH

2616 South Loop West, Suite 593
Houston, TX 77054

MAIN: . . . . . .(713) 665-2992
FAX:. . . . . .(713) 728-8543
INTAKE/24 HOURS:. . . . . .(832) 865-3645
ALTERNATE: . . . . . .(832) 865-4980
EMAIL:. . . . . .AMTO@hotmail.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . .Astrodome/South Loop
AREA SERVED: . . . . . .Brazoria, Ft. Bend, Harris, Galveston and Montgomery counties
LEGEND: . . . . All, Med, Flat fee ($11/hour for non-Med), PHC/Family Care, Appt Req
BUS ROUTES: . . . . . 18

*Nursing and home health aide services including meal preparation and feeding, grooming and hygiene, light laundry, attend social events and medication reminders. Services are tailored to fit the needs of each client.*

*Servicio de enfermería y asistencia para la salud en el domicilio que incluye preparación de comida, limpieza e higiene personal, lavandería, asistencia a eventos sociales y recordatorio en tomar los medicamentos. El servicio está diseñado para cumplir con las necesidades individuales del cliente.*

## SIGN LANGUAGE ACCESSIBLE INTERPRETERS

*Mailing Address:*
P O Box 10126
Houston, TX 77206-0126

MAIN: . . . . . .(713) 263-9670
FAX:. . . . . .(713) 263-9737
VP/TTY: . . . . . .(713) 263-8299
24 HOURS: . . . . . .(713) 501-8273
WEB: . . . . . www.accessiblesigns.com
LEGEND: . . . . . All, Flat fee

*Sign and foreign language interpreters, oral interpreters and information and referral for the deaf and hard of hearing community. English, ASL and oral communication available. Interpreters are available 24-hours a day and many are trained in HIV/AIDS. CART and capturing services are available.*

## SIGN SHARES

99 Detering, Suite 160
Houston, TX 77007

24 HRS V/TTY/VIDEO:. . . . . .(713) 869-4373
FAX:. . . . . .(713) 869-8463
VIDEO RELAY:. . . . . .IP 72.16.240.118
WEB: . . . . . .www.signshares.com
LEGEND: . . . . All, Flat fee, DARS DHHS funding available
HOURS OF OPERATION: . . . . . .24 hours

*Sign language, oral interpreting and transliteration services. Specialty in medical, legal, technical and special events. Services also available for foreign sign language users and trilingual (Spanish) events. Services available 365 days/24 hours to all sectors and venues. Video conference available by appointment. Services include trilingual English/ASL/Spanish and services to Deaf and hard of hearing immigrants of Spanish speaking countries.*

*Servicios del habla por señas, interpretación oral y traducción. Especializados en el área médica, legal, técnico, eventos especiales, el habla por señas utilizados en otros países, y en eventos trilingües (español). Estos servicios están disponibles las 24 horas del día, 365 días del año. Conferencia en video disponible con una cita.*

## SISTERS OF SERENITY

8203 Grandview
Houston, TX 77051

MAIN: . . . . . .(713) 738-4015
FAX:. . . . . .(713) 738-4026
WEB: . . . . . www.sistersofserenity.org
CITY SECTION: . . . . . South
NEIGHBORHOOD: . . . . . .Sunnyside
AREA SERVED: . . . . . Houston and surrounding areas

LEGEND: . . . . . W, **HIV+ only**, S$, Lim, Call for intake
BUS ROUTES: . . . . . 52

### Gene's House

*Sisters of Serenity is dedicated to offering direct services for people in need while creating social change within the community through education. Sisters of Serenity is a Houston based non-profit organization dedicated to providing a safe transitional home to those living with HIV/AIDS. Program services include Medication Assistance, Social Services, Transportation as related to illness, Counseling, Food Pantry, Clothing Closet, Education, Spiritual Guidance and an AIDS Resource Library with Internet access.*

## SOCIAL SECURITY ADMINISTRATION

24 HOURS: . . . . . (800) 772-1213
TTY: . . . . . (800) 325-0778
WEB: . . . . . www.ssa.gov

*Use the automated telephone service to get recorded information and conduct some business 24 hours a day. If you cannot handle your business through the automated service, you can speak to a Social Security representative between 7 am and 7pm Monday through Friday. If you are deaf or hard of hearing, call the toll-free TTY number between 7 am and 7pm Monday through Friday.*

## SOUTH SIDE PHARMACY

7700 Main Street
Houston, TX 77030

MAIN: . . . . . (713) 660-8890
FAX:. . . . . (713) 661-4828
TOLL FREE: . . . . . (888) 660-6337
WEB: . . . . . www.ssrx.com
EMAIL:. . . . . inquire@ssrx.com
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Braeswood
LEGEND: . . . . . All
HOURS OF OPERATION: . . . . . Monday-Friday 8am-9pm; Saturday 9am - 3pm
BUS ROUTES: . . . . . 4, 8, 10

*South Side Pharmacy provides an environment of collaboration when working with patients, physicians and care providers. Our "team approach" assures you that your health is our number one concern. It is our mission to focus on services resulting in improved patient care. Located 1/2 mile from the Texas Medical Center.*

*South Side Pharmacy is a full service retail pharmacy providing comprehensive pharmacy care to individuals on maintenance medications as well as international patients. Pharmacists are specifically trained in high risk conditions and managed complex medication therapies. South Side Pharmacy accepts over 350 insurance plans including ADAP, and has competitive cash prices. Free local delivery available.*

*Other services provided include intravenous therapy and injectables, specialty compounding, convenient infusion suites with the comforts of home, home medical equipment, home health services and patient education.*

## SOUTHEAST AREA MINISTRY

2102 Houston Boulevard
South Houston, TX 77587

*Mailing Address:*
P O Box 267
South Houston, TX 77587-0267

MAIN: . . . . . (713) 944-0093
FAX:. . . . . (713) 944-2157
EMAIL:. . . . . southeministries@sbcglobal.net
CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . South Houston
AREA SERVED: . . . Zip codes 77504, 77587, 77017. 77034, 77061, 77075, 77087, 77089
LEGEND: . . . . . All, Families, Walk-ins, Free
HOURS OF OPERATION: . . . . . Monday-Thursday, 9:30am-1:30pm
REQUIRED FOR INTAKE: . . . . . Picture ID, Social Security numbers, Proof of residence

*Food, used clothing and household items; financial assistance for housing, utilities, prescriptions; school uniforms, shoes and supplies; Christmas gifts for children under 16. Gas vouchers available for verifiable appointments for job related trips or doctor appointment.*

*Alimentos, prendas de vestir de segunda mano y artículos para la casa, ayuda financiera para el alquiler, recetas médicas, uniformes escolares para niños/as menor de 16 años de edad, vales para gasolina para asistir a citas médicas o entrevista de trabajo bajo verificación.*

## SOUTHEAST TEXAS LEGAL CLINIC

3400 Montrose Blvd., Suite 400
Houston, TX 77006

*Mailing Address:*
P O Box 667007
Houston, TX 77266

MAIN: . . . . . (713) 523-7852
FAX:. . . . . (713) 523-4253
TOLL FREE: . . . . . (800) 642-3994
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
AREA SERVED: . . . Austin, Chambers, Colorado, Ft. Bend, Harris, Liberty, Montgomery, Walker, Waller and Wharton counties
LEGEND: . . . . . All, Families, **HIV+ only**, Walk-ins, Free
BUS ROUTES: . . . . . 34, 42, 81, 82

*Provide free legal services to qualified individuals. Can assist in civil matters related to HIV status.*

## SPAY-NEUTER ASSISTANCE PROGRAM (SNAP)

*Mailing Address:*
P O Box 70286
Houston, TX 77270

MAIN: . . . . . (713) 862-3863
FAX:. . . . . (713) 880-3172
TOLL FREE: . . . . . (800) 762-7762
WEB: . . . . . www.snapus.org
EMAIL:. . . . . info@snapus.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Heights
AREA SERVED: . . . . . No service area restrictions

### SNAP-Animal Aid Program
### Spay-Neuter and Wellness Clinic

1801 Durham Drive, Suite 1
Houston, TX 77007

MAIN: . . . . . (713) 862-3863
FAX:. . . . . (713) 863-8964
INTAKE:. . . . . (713) 863-0010
LEGEND: . . . . . Free, Low cost, Walk-ins, Esp
HOURS OF OPERATION: . . .Monday, Tuesday 10am-6pm; Wednesday, Thursday 12pm-9pm; Friday, Saturday 9am-6pm; Sunday 12pm-4pm
BUS ROUTES: . . . . . 26
REQUIRED FOR INTAKE: . . . . . .Proof of disability, status and income

*Through our Animal Aid Program, SNAP provides free spay/neuter procedures and discounted wellness care for dogs and cats living with qualified families affected by HIV/AIDS. There is a limit of 2 animals per family. Individuals interested in applying for the Animal Aid Program should contact a SNAP representative at the administrative office at 713-862-3863, extension 206. Administrative office hourse: Monday - Friday, 9am to 5pm.*

*A través de nuestro programa Animal Aid, SNAP provee esterilización gratis y descuento de bienestar para los perros y gatos que viven con familias que califican afectadas for el VIH/SIDA. Limite de 2 animales por familia. Personas interesadas en aplicar para el programa Animal Aid debera ponerse en contacto con un representante de SNAP a las oficinas de administración al 713.862.3863 ext. 206. Estas estan abiertas de Lunes-Viernes de 9am-5pm.*

### Spay-Neuter Mobile Program

MAIN/INTAKE: . . . . . .(713) 522-2337
CITY SECTION: . . . . . .All
AREA SERVED: . . . . . .Harris County
LEGEND: . . . . . Free or low cost, first come-first served

*Call for dates and locations. Free spay or neuter procedure on mobile unit. To qualify for free services, clients must bring Texas-issued identification and proof of participation in one of the following needs-based public assistance programs: food stamps, TANF, CHIP, free lunch program (public schools), Harris County Hospital District Gold Card, HUD Section 8 Housing, major VA disability, Medicaid, SSD, SSI or WIC.*

## SPECIAL TREASURES INC.

3030 Jensen Drive
Houston, TX 77026

MAIN: . . . . . .(832) 215-6086
ALTERNATE: . . . . . .(281) 352-7754
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Fifth Ward
BUS ROUTES: . . . . . 6

### SOCKS-Saving our Community Kids...Seniors

WEB: . . . . . .princecomplex.com/socks/
EMAIL:. . . . . .sockseduprevention@yahoo.com
AREA SERVED: . . . . . Zip codes 77016, 77020, 77026, 77078, 77093
LEGEND: . . . . . All, I/RR, Free, Walk-ins, Call for intake.
HOURS OF OPERATION: . . . . . Monday-Friday

*We provide HIV/AIDS prevention education and testing in a one-on-one and group setting. Confidential, free testing is available with pre and post test counseling. Testing is provided on the fourth Thursday of the month at 3000 Jensen Drive between the hours of 9pm and 12am.*
*We also offer the "Focus on Youth" program impacting at risk African-American youth between the ages of 12 and 15. Our program goal is to give young people the knowledge and skills needed to protect themselves from acquiring HIV/AIDS or any other sexually transmitted infection. We also provide complimentary programs for their parents.*

*Assists those recently released from incarceration with referrals to needed services. Referrals are given to all clients as needed.*

## ST. HOPE FOUNDATION

6200 Savoy, Suite 540
Houston, TX 77036

MAIN: . . . . . .(713) 778-1300
FAX:. . . . . .(713) 778-0827
Transportation:. . . . . .(713) 778-0358
WEB: . . . . . .www.offeringhope.org
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Sharpstown
AREA SERVED: . . . . . Houston and surrounding counties
LEGEND: . . All, **HIV+ only**, Free, Appt Req, Med, Ins, I/RR, Esp
HOURS OF OPERATION: . . .Monday-Thursday, 8am-5pm; Friday 8am-noon
REQUIRED FOR INTAKE: . . . . Proof of income, residence and status; Social Security card, Photo ID, Proof of Medicaid/Medicare

**Medical Case Management:** *Medical Case Management for people living with HIV/AIDS. The team consists of a nurse, several case managers and service linkage staff who have extensive experience in educating and monitoring the clients adherence to their treatment regimen. In addition, the team will coordinate and link clients to various support services within the community.*

**Outreach (targeting African Americans):** *The goal of the H.O.P.E. (Helping-Others-Pursue-Empowerment) Street Outreach team is to identify and link traditionally underserved and hard-to-reach HIV positive African Americans into the system of care for HIV/AIDS. The primary emphasis of this program is enrolling clients into medical care and link them to various services (i.e., transportation, case management, mental health and substance abuse counseling, etc) as it relates to their needs. Outreach services are short-term (60 days) and intensive.*

**Prevention Health Education/Risk Reduction:** *Through funding from the City of Houston, the Foundation provides community level intervention services to targeted zip codes in the Northeast area of Houston. The prevention staff performs aggressive and unconventional street outreach methods to reach individuals at-risk of becoming infected with STDs/HIV. In addition, the prevention program works with Houston Area Community Services (HACS) to facilitate educational groups under the SISTA program funded by the Texas Department of Health.*

**Transportation (Urban & Rural):** *Vehicle and van-based transportation services are provided to persons living with HIV/AIDS. All transportation requests are prioritized with medical appointments being top priority. Trip requests must be scheduled at least 48 hours prior to the date of the trip. A limited supply of emergency taxi vouchers are available to clients with identified severe needs. Only URBAN transportation clients must have a medical waiver prior to service.*

*Administración médica de casos para personas con el VIH/SIDA; programa enfocado al alcance de la población afroamericana; educación de prevención/reducción de riesgo en ciertas zonas del noreste de Houston; y transportación para personas con el VIH/SIDA. Los viajes deben ser solicitados con por lo menos 48 horas de anticipación. Boletos para utilizar el taxi son limitados a pacientes con necesidades severas. Sólo los clientes del condado Harris deben tener una referencia médica antes de utilizar el servicio de transportación.*

## Dental Clinic-Rural

1414 South Frazier, Suite 105/106
Conroe, TX 77301

MAIN: . . . . . (936) 441-2440
FAX:. . . . . (936) 441-2441
Toll free fax . . . . . (800) 249-5020
CITY SECTION: . . . . . North
AREA SERVED: . . . . . Rural counties
LEGEND: . . **HIV+ only**, Free, Med, Referral Req, Appt Req
HOURS OF OPERATION: . . . . . Call for appointment
REQUIRED FOR INTAKE: . . . . Proof of income, residence and status

*The dental clinic offers a full range of dental services for people living with HIV/AIDS. Learn more by calling us at 936-441-2440*

## Fusion

10600 Fondren Road, Suite 104A
Houston, TX 77096

MAIN: . . . . . (713) 523-0093
FAX:. . . . . (713) 523-1143
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Braeswood
AREA SERVED: . . . . . Houston/Harris County
LEGEND: . . . . . M (ages 16 & up), Free, I/RR, Walk-ins
HOURS OF OPERATION: . . . . Monday-Friday, 12pm-9pm
BUS ROUTES: . . . . . 10, 68, 163

*Free HIV testing; Many Men, Many Voices intervention for gay men of color; community advisory board, center for activities, meetings and networking.*

*Análisis del VIH gratis, programa de intervención para hombres gay de diversas razas ("Many Men, Many Voices"), una mesa directiva comunitaria, un centro para actividades, reuniones e intercambio de información.*

## Medications Program

6200 Savoy, Suite 540
Houston, TX 77036

MAIN/INTAKE: . . . . . (713) 778-1300
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Sharpstown
AREA SERVED: . . . . . No service area restrictions
LEGEND: . . . . . **HIV+ only**, Free, Med, Ins
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
BUS ROUTES: . . . . . 81, 132

*Pharmacy.*

*Farmacia. Se dispone de personal que habla español.*

## St. Hope Foundation Bellaire Clinic

6800 West Loop South, Suite 560
Bellaire, TX 77401

MAIN: . . . . . (713) 839-7111
FAX:. . . . . (713) 839-7156
CITY SECTION: . . . . . Central
LEGEND: . . . . . M, W, Families, All, Free, Med, Ins, Appt/Walk-ins, I/RR, Esp
HOURS OF OPERATION: . . . Monday-Thursday, 8am-5pm
BUS ROUTES: . . . . . 2
REQUIRED FOR INTAKE: . . . . . Proof of income, proof of residence, proof of status, Social Security card, photo ID, proof of Medicaid/Medicare

**Primary Medical Care:** *Since 2001, the Foundation has been providing comprehensive medical care to patients living with HIV/AIDS in rural counties. St. Hope Clinic has an expert medical team with over 20 years of experience in the treatment and management of HIV/AIDS. Thus, patients are able to receive the highest quality of medical care to improve and sustain the maximum quality of life. The clinic is able to serve patients with Medicaid, Medicare, Private Insurance, and Uninsured (through Ryan White funds).*

**Health Education & Risk Reduction:** *Secondary prevention and education for persons living with HIV/AIDS. Hepatitis A/B/C, HIV & STD Testing: provided to HIV+ or at-risk individuals. The clinic uses the new 20-minute OraQuick test for HIV.*

**Cuidado médico primario:** *Desde el año 2001, la fundación ha estado ofreciendo un cuidado médico completo a las personas con VIH/SIDA en los condados rurales. La Clínica St. Hope tiene un equipo médico experto con más de 20 años de experiencia en el tratamiento y el manejo del VIH/SIDA. Por lo tanto, los pacientes pueden recibir la más alta calidad en atención médica para mejorar y mantener una máxima calidad de vida. Aceptamos Medicaid, Medicare, seguro médico privado, y los que no tienen seguro médico (a través de fondos Ryan White).*

**Educación de la salud y reducción de riesgo:** *prevención secundaria y educación para personas con VIH/SIDA.*

**Análisis de la Hepatitis A/B/C, VIH, y ETS (enfermedades transmitidas sexualmente):** *proveidos a personas con el VIH o a individuos de alto riesgo. Utilizamos el análisis OraQuick para el VIH con resultados en sólo 20 minutos.*

## St. Hope Foundation Conroe Clinic

1414 South Frazier, Suite 105/106
Conroe, TX 77301

MAIN: . . . . . (936) 441-2440
INTAKE:. . . . . (936) 249-5020
CITY SECTION: . . . . . North
AREA SERVED: . . . . . Montgomery, Waller and Harris counties; Huntsville.

LEGEND: . . . . . All, **HIV+ only**, I/RR, Free, Med, Ins, Appt Req, Esp
HOURS OF OPERATION: . Monday, Wednesday 8am-4pm
REQUIRED FOR INTAKE: . . . . Proof of income, residence and status; Social Security card, Photo ID, Medicaid/Medicare if valid

*HIV medical care clinic. Full range of dental services.*

*Clínica médica del VIH. Se ofrece la gama completa de servicios dentales.*

## St. Hope Stafford Foundation

4915 South Main, Suite 110
Stafford, TX 77477

MAIN: . . . . . (281) 277-8572
FAX:. . . . . (281) 277-8564
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Stafford
AREA SERVED: . . . . . Chambers, Ft. Bend, Liberty and SW Harris (outside Beltway 8) counties
LEGEND: . . . . . All, **HIV+ only**, Free, Med, Ins, Appt Req, I/RR, Esp
HOURS OF OPERATION: . . . Tuesday, Thursday 8am-1pm
BUS ROUTES: . . . . . 81, 132
REQUIRED FOR INTAKE: . . . . Proof of income, residence and status; Social Security card, Photo ID, Medicaid/Medicare if valid

*HIV medical care clinic.*

*Clínica médica del VIH.*

## ST. JOHN VIANNEY SOCIAL SERVICES

625 Nottingham Oaks
Houston, TX 77079

MAIN: . . . . . (281) 497-4434
FAX:. . . . . (281) 584-2046
WEB: . . . . . www.stjohnvianney.org
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . West Memorial
AREA SERVED: . . . . . Financial Aid: Portions of zip codes 77077, 77079 or parishioners of St. John's Vianney; Food: Zip codes 77043, 77055, 77077, 77079
LEGEND: . . . . . All, Free, Appt Req (walk ins for food/clothing Monday-Friday, 9am-11am), Esp
HOURS OF OPERATION: . . . Monday-Friday, 8:30am-5pm
BUS ROUTES: . . . . . 131
REQUIRED FOR INTAKE: . . . . . Apt lease, TDL, 2 pieces of mail addressed to client

*Emergency food (once a month), clothing (once every 6 months), financial assistance (rent/utilities, possibly every 6 months depending on situation) and small household items.*

*Servicios de alimentos de emergencia (una vez por mes), vestimenta (cada seis meses), asistencia financiera para la renta y utilidades (cada 6 meses).*

## ST. MARY MAGDALENE SOCIAL SERVICES

527 South Houston Avenue
Humble, TX 77338

MAIN: . . . . . (281) 540-1907
CITY SECTION: . . . . . North
AREA SERVED: . . . . . Zip codes 77346, 77396, and 77338 east of Lee Road
LEGEND: . . . . All, Free, Walk-ins, Lim, Proof of residence
HOURS OF OPERATION: . . . .Monday, Wednesday, Friday 10am-12pm or first 12 families in line
REQUIRED FOR INTAKE: . . . . . Valid TX DL or ID, rent agreement or mortgage payment coupon, all household income, last report cards for school aged children in home

*Food pantry, utility/rental assistance (only with termination, disconnect or eviction notice, once a year); referrals for other needs.*

## ST. PIUS CATHOLIC CHURCH

824 South Main Street
Pasadena, TX 77506

MAIN: . . . . . (713) 473-9484, Ext. 316
FAX:. . . . . (713) 473-2731
WEB: . . . . . www.stpiusV.com
CITY SECTION: . . . . . East
AREA SERVED: . . Pasadena, South Houston & Galena Park.
LEGEND: . . . . . Families, Free, Lim
HOURS OF OPERATION: . . . . . Tuesday and Wednesday, 2pm to 4pm
REQUIRED FOR INTAKE: . . . . . Social Security card for all family members, Proof of residence, Photo ID

*Food once every 2 months, limited financial assistance with rent and utilities once every 12 months if funds are available.*

*Alimentación una vez cada dos meses, asistencia financiera limitada para el pago del alquiler y de otros servicios públicos así como la electricidad, una vez cada 12 meses, pero solo si hay fondos disponibles. El horario de oficina: martes y miércoles de 2pm a 4pm*

## STUDEWOOD PHARMACY

1407 Studewood
Houston, TX 77008

MAIN: . . . . . (713) 869-3487
FAX:. . . . . (713) 869-8111
EMAIL:. . . . . .studewoodpharmacy@sbcglobal.net
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Heights
LEGEND: . . . . . All, Med, Walk-ins, CD, Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-7pm; Saturday 9am-3pm
BUS ROUTES: . . . . . 34, 66

*Full service pharmacy. Delivery and mail order available. Tenemos disponible un personal técnico farmacéutico hispanohablante.*

## TEXAS CHILDREN'S HOSPITAL ALLERGY AND IMMUNOLOGY DEPARTMENT

Mail Code FC 330.01
1102 Bates, 3rd Floor
Houston, TX 77030-2399

MAIN: . . . . . (832) 824-1319
FAX:. . . . . (832) 825-1260
TOLL FREE: . . . . . (800) 364-KIDS (5437)
24 HOURS: . . . . . (832) 824-2099
WEB: . . . . . baylorpediatricaids.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: . . . . . C (ages 0-18), Y (up to age 24), Med, Esp
BUS ROUTES: .2, 4, 8, 14, 26, 27, 68, 73, METRO light rail

*Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.*

*Asistencia medica especializada en el cuidado y tratamiento de niños que son positives con el virus VIH, y los bebes que nacen de madres que son positivas con el virus de HIV.*

## TEXAS CHILDREN'S HOSPITAL DEPARTMENT OF RETROVIROLOGY

6621 Fannin Street, MC 1570.00
Houston, TX 77030

MAIN: . . . . . (832) 822-1038
FAX:. . . . . (832) 825-1281
INTAKE:. . . . . (832) 822-1304
WEB: . . . . . www.texaschildrenshospital.org
www.bayloraids.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: . . . . . C (ages 0-18), **HIV+ only**, S$, Med, Esp
HOURS OF OPERATION: . . . Monday-Friday, 8:30am-4pm
BUS ROUTES: .2, 4, 8, 14, 26, 27, 68, 73, METRO light rail
REQUIRED FOR INTAKE: . . . . . Immunization record, Call for intake process

*Medical care for children with HIV. Clinical research studies for children, adoescents and pregnant women with HIV.*

*Cuidado medico para niños y adolescentes con VIH. También se ofrecen estudios clínicos para niños y madres con VIH.*

## TEXAS COMMUNITY TRANSITIONAL CENTER

Location Confidential

*Mailing Address:*
P O Box 91534
Houston, TX 77291

MAIN: . . . . . (832) 527-8740
CITY SECTION: . . . . . North
AREA SERVED: . . . Zip codes 77026, 77088, 77076, 77091
LEGEND: . . . . . M, **HIV+ only**, CD
REQUIRED FOR INTAKE: . . . . . Call for intake

*24-hour service center helping persons with HIV/AIDS. Substance abuse treatment and medical care referrals; assist clients in locating needed services.*

## TEXAS DEPARTMENT OF ASSISTIVE AND REHABILITATIVE SERVICES

4800 North Lamar Blvd.
Austin, TX 78756

MAIN: . . . . . (800) 628-5115
TTY: . . . . . (866) 581-9328
Fraud Hotline: . . . . . (800) 436-6184
WEB: . . . . . www.dars.state.tx.us
EMAIL:. . . . . DARS.Inquiries@dars.state.tx.us

*DARS administers programs that help Texans with disabilities find jobs through vocational rehabilitation, ensure that Texans with disabilities live independently in their communities, and assist families in helping their children under age 3 with disabilities and delays in development reach their full potential and enjoy the same opportunities as other Texans to live independent and productive lives.*

### Blind Division

10060 Fuqua
Houston, TX 77089

MAIN: . . . . . (713) 948-7960
FAX:. . . . . (713) 944-0851
TOLL FREE: . . . . . (800) 687-7036
CITY SECTION: . . . . . Southeast
NEIGHBORHOOD: . . . . . Ellington/South Belt
AREA SERVED: . . . Brazoria, Galveston & SE Harris County
LEGEND: . . . . . All, Free, Blind/Visually impaired

*Independent living skills for the blind to help people with visual impairments remain at work; also provide training for returning to work.*

### Houston Regional Office

6220 Westpark, Suite 110
Houston, TX 77057

MAIN: . . . . . (713) 267-8510
FAX:. . . . . (713) 267-8514
TOLL FREE: . . . . . (866) 281-1804
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Woodlake/Briar Meadow
LEGEND: . . . . . All, Free, Disabled

*The DARS Division for Rehabilitation Services is designated as the state's principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The Division's main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services through a variety of programs.*

### Vocational Rehabilitation (VR) Program

3311 Richmond Avenue, Suite 175
Houston, TX 77098

MAIN: . . . . . (713) 866-7765
FAX:. . . . . (713) 942-9981
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Greenway Plaza
LEGEND: . . . . . All, Free, Disabled
BUS ROUTES: . . . . . 25, 53, 73, 78

*The Vocational Rehabilitation (VR) Program helps people who have physical or mental disabilities prepare for, find or keep employment. Gaining skills needed for a career, learning how to prepare for a job interview or getting the accommodations needed to stay employed are just a few of the ways this program helps people with a wide variety of disabilities increase productivity and independence. The counselor and consumer work together to decide on an employment goal, and develop a program of vocational rehabilitation services to achieve the goal. Work related services are individualized and may include counseling, training, medical treatment, assistive devices, job placement assistance, and other services. Eligibility criteria for this program include: the presence of a physical or mental disability that results in a substantial impediment to employment, whether the individual is employable after receiving services, and whether services are required to achieve employment outcomes. This program also helps students with disabilities plan the jump from school to work.*

*Services will be determined through informed consumer choice, that is, after providing information about options and alternatives. Please note that consumers can be served by only one DRS program at a time. Call for more information or to schedule an application appointment.*

## TEXAS DEPARTMENT OF FAMILY AND PROTECTIVE SERVICES

5425 Polk Street
Houston, TX 77023

MAIN: . . . . . (713) 767-2700
FAX:. . . . . (713) 767-2769
24 HOURS: . . . . . (800) 252-5400
WEB: . . . . . www.dfps.state.tx.us
AREA SERVED: . . . . . Texas

### Child Care Information

MAIN: . . . . . (800) 862-5252
LEGEND: . . . . . All, Free

*Information about childcare in Texas. Available Monday-Friday, 8am-5pm*

### Report Abuse in MHMR Facilities

24 HOURS: . . . . . (800) 647-7418
LEGEND: . . . . . All, Free

*Hotline to report abuse, neglect or exploitation in MHMR facilities.*

### Texas Abuse, Neglect & Exploitation Reporting System

*Mailing Address:*
P O Box 16017 (MC 174-1)
Houston, TX 77222-6017

MAIN: . . . . . (800) 252-5400
WEB: . . . . . www.txabusehotline.org
LEGEND: . . . . . All, Free, Esp

*Report suspicions of abuse/neglect of children or abuse/neglect/exploitation of persons 65 years or older and adults with disabilities. The Texas Family Code 261.101 requires professionals to make a report within 48 hours of first suspecting abuse, neglect or exploitation (for licensing only) of children. The Human Resources code Chapter 48 (48.051) requires a person having cause to believe that an elderly or disabled person is in the state of abuse, neglect, or exploitation to report the information required immediately. Call your local law enforcement agency or 911 if the situation is an emergency.*

*An online reporting system is provided for your convenience to report instances of abuse or neglect that do not require an emergency response.*

### Texas Runaway Hotline

P O Box 149030 (MC Y-987)
Austin, TX 78714-9030

24 HOURS: . . . . . (888) 580-HELP
WEB: . . . . . www.texasrunaway.org
LEGEND: . . . . . C, Y, Families, Free, Esp

*24-hour confidential services including: crisis intervention, telephone counseling, services to runaways, potential runaways and families; information and referrals; free message service to promote communication between runaways and families.*

### Texas Youth Hotline

P O Box 149030 (MC Y-987)
Austin, TX 78714-9030

24 HOURS: . . . . . (800) 210-2278
WEB: . . . . . www.texasyouth.org
LEGEND: . . . . . C, Y, Families, Free, Esp

*24-hour confidential services including: crisis intervention, telephone counseling, services to troubled youths and families; information and referrals to community services.*

## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

P O Box 149347
Austin, TX 78714-9347

MAIN: . . . . . (512) 458-7111
FAX:. . . . . (512) 458-7708
TOLL FREE: . . . . . (888) 963-7111
TTY: . . . . . (800) 735-2989
WEB: . . . . . www.dshs.state.tx.us
EMAIL:. . . . . web.master@dshs.state.tx.us

### Children with Special Health Care Needs (CSHCN)

MAIN: . . . . . (713) 767-3111
FAX:. . . . . (713) 767-3125
TOLL FREE: . . . . . (800) 252-8023
ALTERNATE: . . . . . (713) 767-3147
WEB: . . . . . www.dshs.state.tx.us/cshcn/
LEGEND: C, Y, Free

*Services to children with extraordinary medical needs, disabilities, and chronic health conditions. The CSHCN Services Program's health care benefits include payments for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other third party payors. The program also contracts with agencies throughout the state to provide an array of clinical and support services to children with special health care needs and their families. The CSHCN*

*Services Program also assists children and their families by supporting case management at DSHS regional offices throughout Texas. Children are served from birth until their 21st birthday.*

### HIV Medication Program (ADAP)

TOLL FREE: . . . . . (800) 255-1090
WEB: . . . . . www.dshs.state.tx.us/hivstd/meds/
LEGEND: . . . . . Free, **HIV+ only**, Restrictions apply

*The Department of State Health Services Texas HIV Medication Program (THMP) is the official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP has been in existence since 1987 and provides medications approved by the FDA for the treatment of illnesses caused by HIV and other opportunistic infections in HIV-infected individuals as prescribed by their doctor. The THMP currently supplies 40 different medications in more than 90 strengths and formulations and is operated through a network of participating pharmacies, local health departments and public health clinics.*

*El Programa de Medicamentos para el VIH del Departamento de Servicios de Salud del Estado de Texas (THMP) es el programa oficial de la Asistencia de Medicamentos para el SIDA en Texas (ADAP). THMP fue creado en el año 1987 y provee medicamentos, aprobados por FDA (la Administración Federal de Drogas) y autorizados por médicos para el tratamiento de enfermedades causadas por el VIH y otras infecciones oportunísticas. Actualmente, THMP provee 40 diferentes medicamentos en más de 90 formulaciones, y opera a través de una red de farmacias, departamentos locales de salud, y clínicas públicas de salud.*

## TEXAS PREVENTION NETWORK

10103 Fondren Rd, Suite 330
Houston, TX 77096

MAIN: . . . . . (713) 981-6063
FAX: . . . . . (713) 981-9772
WEB: . . . . . www.tpni.org
EMAIL: . . . . . tpn@tpni.org
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Fondren Southwest
LEGEND: . . . . . All, S$, Flat fee, Appt/Walk-in, Referral Req, Call for intake
BUS ROUTES: . . . . . 10, 68, 163

*Assist individuals, families and communities who are affected by mental health issues and substance abuse disease by offering support and preventive services. Our highly trained staff focuses on providing quality services by putting our clients first. Our intent is to enhance client dignity by providing them the tools that will enable them to live a quality life. Our hope is to see everyone affected by any disease be wholly restored. Our commitment is to give effective and individualized treatment programs to our clients to meet their emotional and social needs through innovative, efficient and responsive practices guided by personal choices and desired outcomes.*

*At Texas Prevention Network we will foster a spirit of mutual respect, dignity, trust and cooperation among clients, staff and the community.*

## THOMAS STREET PATIENT ADVISORY COUNCIL

2015 Thomas Street
Houston, TX 77009

MAIN: . . . . . (713) 873-4000
FAX: . . . . . (713) 873-4052
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Near Northside
AREA SERVED: . . . . . Harris County
LEGEND: . . . . . All, Free
BUS ROUTES: . . . . . 9, 24, 37, 52
REQUIRED FOR INTAKE: . . . Council membership requires attendance at 3 consecutive council meetings and the availability of open positions.

*The Thomas St. Patient Advisory Council meets on the 3rd Thursday of every month at 10 am in the 3rd floor large conference room at the Thomas Street Health Center (TSHC). Clients, their families and interested members of the public meet to discuss issues and share information regarding their health care, events and services at the TSHC, providing a platform for dialog between clients, the public and the staff at the TSHC.*

*El Consejo Asesor de Pacientes de la Clínica Thomas Street (TSHC) se reúne en el tercer jueves de cada mes a las 10 de la mañana en el 3er piso de su centro de salud. Allí los clientes, familiares y el público en general se reúnen para discutir diversos temas y para compartir información referente al cuidado de la salud, los eventos y servicios del TSHC, dando lugar a una plataforma para el diálogo entre clientes, el público y los empleados del TSHC.*

## TRIANGLE AIDS NETWORK, INC.

1495 North 7th Street
Beaumont, TX 77702

*Mailing Address:*
P O Box 12279
Beaumont, TX 77726

MAIN: . . . . . (409) 832-8338
FAX: . . . . . (409) 832-0976
TTY: . . . . . (409) 832-0973
INTAKE: . . . . . Ext 225
SPANISH: . . . . . Ext 224
WEB: . . . . . www.tanbmt.com
EMAIL: . . . . . tan@tanbmt.com
CITY SECTION: . . . . . East
AREA SERVED: . . Hardin, Jefferson and Orange counties
LEGEND: . . . . . **HIV+ only**, Free, S$, Appt Req, UTMB affiliate, Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-5pm
REQUIRED FOR INTAKE: . . . . . Proof of residency, Birth certificate, Proof of income

*Free and confidential HIV testing and early intervention medical clinic; education resources; workshops; annual conference; case management; support groups and counseling; transportation; home health; food pantry and nutritional services; advocacy; dental services; medication, doctor co-pay and insurance premium assistance; activity center; housing assistance speakers bureau and condom distribution.*

*Análisis gratuito y confidencial del VIH e intervención temprana; clínica. Recursos educativos, talleres, conferencia anual, administradores de casos, grupos de apoyo*

*y apoyo psicológico, transportación, cuidado de salud en el hogar, almacén de alimentos, servicio nutricional y dental, medicamentos, parte del pago para los médicos y asistencia para el pago de la prima del seguro médico; centro de actividades, asistencia para la vivienda y distribución de preservativos.*

## TWELVE OAKS PHARMACY

4126 Southwest Freeway, Suite 100
Houston, TX 77027

MAIN: . . . . . (713) 627-2370
FAX:. . . . . (713) 627-3990
TOLL FREE: . . . . . (800) 650-0107
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Greenway Plaza
LEGEND: . . . . . All, Med, Private pay, Ins, Esp
HOURS OF OPERATION: . . . Monday-Friday, 8:30am-5pm

*Pharmacy.*

*Farmacia.*

# U

## U OF H SPEECH, LANGUAGE & HEARING CLINIC

4505 Cullen Boulevard
Houston, TX 77004

*Mailing Address:*
100 Clinical Research Center
Houston, TX 77204-6018

MAIN: . . . . . (713) 743-0915
FAX:. . . . . (713) 743-2926
WEB: . . . . . www.uh.edu/hshc
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Third Ward
LEGEND: . . . . . All (age 3 and up), S$, Appt Req, Esp
HOURS OF OPERATION: . . . . . Monday-Friday, 9am-5pm
BUS ROUTES: . . . . . 30

### Speech Therapy

*Hearing assessments and, when appropriate, clients are fitted with a hearing aid, often through the Hearing Aid Assistance Program (HAAP) for low income clients. Speech and language evaluation and therapy are offered to individuals who have or are at risk for developing a communication problem. Spanish, Vietnamese and Chinese translators are available.*

*Traducción disponible.*

## UNITED WAY OF GREATER HOUSTON

50 Waugh Drive
Houston, TX 77007

MAIN: . . . . . (713) 685-2300
FAX:. . . . . (281) 582-7731
TOLL FREE: . . . . . (800) 833-5948
24 HOURS: . . . . . (713) 957-HELP
WEB: . . . . . www.unitedwayhouston.org
EMAIL:. . . . . help@unitedwayhouston.org
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Memorial Park

### 211 Texas/United Way Helpline

MAIN: . . . . . 2-1-1
24 HOURS: . . . . . (713) 957-HELP
LEGEND: . . . . . All, Free, Esp
HOURS OF OPERATION: . . . . . 24 hours

*Provides a telephone information and referral service that links people to community health and human service organizations.*

*Verifique si hay empleados que hablan español durante las horas de operación para ser proporcionado con la descripción de los servicios.*

## UNITY CLINIC

7700 Main Street, Suite 310
Houston, TX 77030

MAIN: . . . . . (832) 553-1345
FAX:. . . . . (832) 553-1347
TOLL FREE: . . . . . (888) 660-6337
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Braeswood
LEGEND: . . . . . All, Med, Ins, Appt or Walk in
HOURS OF OPERATION: . . . Monday-Friday, 5pm to 9pm; Saturday 9am-3pm
BUS ROUTES: . . . . . 4, 8, 10

*After hours clinic for HIV+ individuals and general medical conditions located 1/2 mile from the Texas Medical Center. No appointment is necessary. Dr. Joseph Gathe, Jr. and Dr. Shannon Schader.*

## UNIVERSITY EYE INSTITUTE

4901 Calhoun Road
Houston, TX 77004

*Mailing Address:*
505 J. Davis Armistead Bldg.
Houston, TX 77204

MAIN: . . . . . (713) 743-2020
FAX:. . . . . (713) 743-0963
WEB: . . . . . www.opt.uh.edu
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Third Ward
BUS ROUTES: . . . . . 77, 80
LEGEND: . . . . . All, S$, Med, Ins, CHIP, Appt Req
HOURS OF OPERATION: . . . . . Monday-Friday, 8am-5pm
REQUIRED FOR INTAKE: . . . . . Driver's license, Insurance card, Proof of residence, ID or birth certificate for all family members and Proof of income.

### University Eye Institute

*Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.*

*Se ofrecen intérpretes para los servicios del cuidado de la visión.*

### Eye Care Assistance

*The Eye Care Assistance Program was established to assist individuals in need of eye care. The professional staff at the University Eye Institute donates a portion, or in some cases, all of their time and services. Office visits, specialized testing and outpatient surgeries are provided*

*as a professional courtesy according to the percentage or level of assistance for which you qualify. Spectacles, if required, will be offered at a reduced cost and will consist of frames from a special selection. Lenses will be provided as single vision, bifocal or trifocal and does not include extras such as tint, anti-reflective coating or progressive lenses. Patients are also eligible for contact lens examinations and fittings where applicable but there is no reduction of costs on materials.*

*El Programa de Asistencia para el Cuidado de la Visión fue establecido para asistir a las personas con necesidades del cuidado de la vista. Los profesionales del Instituto Universitario del Ojo donan sus servicios por medio tiempo o tiempo completo. Se provee citas, pruebas especializadas, cirugías externas o privadas como cortesía profesional y según el porcentaje o nivel de asistencia que usted califique. Los lentes serán ofrecidos a bajo costo con los marcos de una sección especial. Se proveerá lentes de visión singular, bifocales o trifocales, excluyendo tintes, revestimiento antireflexivo o lentes progresivos. Los pacientes elegibles pueden recibir exámenes de lentes de contacto y ajustamiento, pero sin reducción de costo para los materiales.*

### Good Neighbor Healthcare Center

190 Heights Boulevard
Houston, TX 77007

MAIN: . . . . . (713) 527-8480
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Montrose
LEGEND: . . . . . M, W, Families, S$, Med, Appt Req, Esp
BUS ROUTES: . . . . . 34, 50

*Comprehensive eye and vision care. Medical treatment of most eye diseases.*

*Cuidado comprensivo del ojo y la visión. Tratamiento médico para casi todas las enfermedad del ojo. Se dispone de intérpretes.*

### UNLIMITED VISIONS AFTERCARE INC.

5527 Lawndale
Houston, TX 77023

MAIN: . . . . . (713) 921-2276
FAX:. . . . . (713) 921-7466
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Harrisburg
AREA SERVED: . . . . . .Harris County
LEGEND: . . . . . M, W, S$, Appt Req, CD, Esp
BUS ROUTES: . . . . . 36

*Chemical dependency treatment for adults and adolescents. Intensive program is 45 days and supportive program is 90-180 days. DWI repeat offender program is twice a week for 7 weeks. Call for info on other services.*

*Tratamiento sobre la dependencia de sustancias para adultos y adolescentes. El programa intensivo es de 45 días de duración, el de apoyo es de 90 a 180 días. Se ofrece el programa para los ofensores que repiten el acto de manejar bajo la influencia (DWI) dos veces a la semana por 7 semanas. Llame para mayor información sobre otros servicios.*

### Unlimited Visions Aftercare Inc.

606 Park Street
Baytown, TX 77520

MAIN: . . . . . (281) 427-8786
FAX:. . . . . (281) 427-8967
CITY SECTION: . . . . . East
AREA SERVED: . . . Chambers, Harris and Liberty counties
LEGEND: . . M, W, Y, S$, Med, Appt Req, CD, TCADA, Esp

*Provides intensive and supportive outpatient treatment for age 13 and up. Clients are assessed to determine level of service needed. Group and individual counseling offered twice a week for 90-180 days depending on the clients progress. Also offers mental health counseling and referrals to needed services.*

*Provee tratamiento intensivo y de apoyo para clientes externos mayores de 17 años de edad. Los clientes son evaluados para determinar el nivel de servicio necesitado. Se ofrece consejería individual y de grupo dos veces por semana por 90-180 días, dependiendo del progreso del cliente. También, se ofrece consejería de salud mental y referencias a otros servicios que sean necesarios.*

### UT HOUSTON HEALTH SCIENCE CENTER

6431 Fannin, MSB 6.132A
Houston, TX 77030

MAIN: . . . . . (713) 500-6608
FAX:. . . . . (713) 500-5688
INTAKE:. . . . . (713) 500-6443
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
AREA SERVED: . . . . . .Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND: . . Families, **HIV+ only**, Free, Med, Appt Req, Esp
BUS ROUTES: . . . . . 26, 27, 68, 87, METRO light rail

*Provide case management services for women and children of all ethnic groups. HIV primary medical care for children and youth ages 0-24 years, inclusive of all ethnic groups.*

*Provee servicios de administración de casos para mujeres y niños de todos los grupos etnicos. También provee servicio de cuidado médico para niños y jóvenes de todo los grupos raciales y menor de 24 años de edad con un diagnóstico del VIH. Cuenta con un personal bilingüe.*

### UT SUBSTANCE ABUSE RESEARCH CENTER

Treatment Research Clinic
1300 Morsund, Suite 115
Houston, TX 77030

MAIN: . . . . . (713) 500-2800
FAX:. . . . . (713) 500-2807
WEB: . . . . . trc.uth.tmc.edu
CITY SECTION: . . . . . Central
NEIGHBORHOOD: . . . . . Medical Center
LEGEND: . . . . . .M, W, Free, Appt/Walk-ins, CD
HOURS OF OPERATION: .Monday-Friday, 7:30am-5:30pm
BUS ROUTES: . . . . . .1, 26, 68,

*Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse.*

# V

## VOLUNTEERS OF AMERICA TEXAS, INC.

7000 Northwest 100, B-106
Houston, TX 77092

MAIN: . . . . . (713) 460-0781
FAX:. . . . . (713) 460-0988
WEB: . . . . . www.voatx.org
EMAIL:. . . . . ctchouston@voatx.org

*Volunteers of America Texas is a faith based non-profit organization providing a range of services including residential and outpatient chemical dependency treatment, prevention programs for children and families, vision care services and services for the developmentally and physically disabled.*

### McGovern Campus

308 E. Rogers Street
Houston, TX 77022

MAIN/INTAKE: . . . . . (713) 692-8190
FAX:. . . . . (713) 884-1803
CITY SECTION: . . . . . North
NEIGHBORHOOD: . . . . . Independence Heights
LEGEND: . . . . . .W, Families, Free, S$, CD
HOURS OF OPERATION: . . . . . 24 hours
BUS ROUTES: . . . . . 9, 45
REQUIRED FOR INTAKE: . . . . . Call for intake

*Residential and outpatient treatment for chemicaly dependent, medically indigent women, including those accompanied by children (up to age 12). The program provides individual and group counseling, family services, parenting and life skills education, job preparation and case management as well as on site childcare for residents with children and access to mental health services.*

# W

## WELLSPRINGS VILLAGE, INC.

Location Confidential

*Mailing Address:*
P O Box 311017
Houston, TX 77231

MAIN: . . . . . (713) 529-6559
FAX:. . . . . (713) 520-0532
TOLL FREE: . . . . . (866) 529-6559
WEB: . . . . . www.wellspringsvillage.org
LEGEND: . . . . . .W, I/RR, Homeless, Appt Req, Lim, CD

*Provides transitional housing to homeless and abused women that are 30-50 years of age and capable of working. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling and case management.*

## WEST HOUSTON ASSISTANCE MINISTRIES, INC.

10501 Meadowglen Ln.
Houston, TX 77042

MAIN: . . . . . (713) 977-7803
FAX:. . . . . (713) 783-0761
JOB LAB: . . . . . (832) 252-7748
INTAKE:. . . . . (713) 977-9942
WEB: . . . . . .www.whamministries.org
EMAIL:. . . . . .wham@whamministries.org
CITY SECTION: . . . . . West
NEIGHBORHOOD: . . . . . Westchase
AREA SERVED: . . . . . Zip codes 77042, 77057, 77063, 77077 and 77082

LEGEND: . . M, W, Families, Free, Appt Req, Walk-ins, Esp
HOURS OF OPERATION: . . . . .Monday-Friday, 10am-2pm
BUS ROUTES: . . . . . 2, 25, 82
REQUIRED FOR INTAKE: . . ID, proof of income, proof of residence, crisis documentation

*Assist by providing food; clothing and household items (delivery in some cases); financial assistance with day care costs, rent/mortgage, utilities and prescriptions; job lab (phone, fax, resume writing, job leads); and volunteer opportunities for those willing to receive instruction and committed to carry out the objectives of the ministry.*

## WINDSOR VILLAGE SOCIAL SERVICES DEPT.

12401 1/2 S. Post Oak Rd., Suite 121
Houston, TX 77045

*Mailing Address:*
6011 W. Orem Drive
Houston, TX 77085

MAIN: . . . . . (713) 551-8792
FAX:. . . . . (713) 551-8790
WEB: . . . . . www.kingdombuilders.com
EMAIL:. . . . . .socialservices@wvumc.com
CITY SECTION: . . . . . Southwest
NEIGHBORHOOD: . . . . . Hiram Clarke
AREA SERVED: . . . . . .Harris and Ft Bend counties
LEGEND: . . . . . All, Free, Appt Req, Lim, Call for info, Esp
HOURS OF OPERATION: . . . Monday-Thursday, 8am-5pm
BUS ROUTES: . . . . . 33
REQUIRED FOR INTAKE: . . . . .Valid drivers license, Social

*Security cards, Proof of income, current lease agreement or mortgage statement, current electric, water or gas bill Windsor Village Social Services is a non-profit organization that provides assitance to the community and members of Windsor Village United Methodist Church with rent, mortgage, electric, water and gas when funding is available.*

*El Servicio Social de Windsor Village es una organización sin fines de lucro que provee asistencia a la comunidad y a los miembros de la Iglesia Metodista Unida de Windsor Village con el alquiler, la hipoteca y los servicios públicos cuando existen fondos.*

# Social Security Programs For People With HIV/AIDS
# *Programas del Seguro Social Para Personas Con VIH/SIDA*

If you have HIV/AIDS and cannot work, you may qualify for disability benefits from the Social Security Administration. Your disability must be expected to last at least a year or end in death, and must be serious enough to prevent you from doing substantial gainful work. The amount of earnings we consider substantial and gainful changes each year. For the current figure, refer to the annual Update (Publication No. 05-10003).

If your child has HIV/AIDS, he or she may be able to get Supplemental Security Income (SSI) if your household income is low enough.

Si usted tiene VIH/SIDA y no puede trabajar, podría tener derecho a beneficios por incapacidad de la Administración del Seguro Social. Su incapacidad debe durar por lo menos un año o se espera que resulte en fallecimiento y debe ser bastante seria para impedirle realizar un trabajo sustancial. La cantidad de ganancias que consideramos ser sustancial y lucrativa cambia cada año. Para la cantidad actual, consulte la publicación anual Cambios (publicación número 05-10933).

Si su niño tiene VIH/SIDA, él o ella puede tener derecho a recibir Seguridad de Ingreso Suplementario (SSI, por sus siglas en ingles) si sus ingresos familiares son bastante bajos.

## How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

**1-800-772-1213 TTY: 1-800-325-0778**

This service is available 7:00 a.m. – 7:00 p.m. Monday through Friday.

Social Security is also on the Internet. A lot of good program information is available at this site:

**www.socialsecurity.gov**

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative. You may call your representative before you receive a notice of award. After you receive the notice of award, you should call the toll-free service.

## ¿Cómo me pongo en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, verificar sus beneficios. obtener respuestas a preguntas generales es llamando al:

**1-800-772-1213 TTY: 1-800-288-7185**

Este servicio está disponible de 7:00 a.m. a 7:00 p.m. de lunes a viernes. Oprima el 2 si desea el servicio en español y espere a que le atienda un representante.
El Seguro Social también está disponible en la red del Internet. Aquí podrá encontrar mucha información sobre sus programas

**www.socialsecurity.gov**

Una vez que Ud. someta un reclamo para obtener beneficios le darán el nombre y el número telefónico de un representante del Seguro Social. Puede llamar al representante antes de recibir su notificación de beneficios. Después de recibir la notificación de adjudicación, debe llamar al servicio de llamadas gratuitas.

## Benefits Paid Under Two Programs

Disability benefits are paid under two programs: the Social Security disability insurance program (SSD) for people who paid Social Security taxes; and the Supplemental Security Income program (SSI) for people who have little income and few resources. If your Social Security benefits are very low and you have limited income and resources, you may qualify for benefits from both programs.

Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be "disabled" to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by contacting the Social Security Administration by phone or online and requesting an "Earnings & Benefits Statement."

## Beneficios Que Se Pagan Bajo Dos Programas

Los beneficios por incapacidad se pagan bajo dos programas: el programa de seguro de incapacidad del Seguro Social para personas que pagaron impuestos de Seguro Social; y el programa de SSI para personas que tienen pocos ingresos y recursos. Si sus beneficios de Seguro Social son muy bajos, y usted tiene ingresos y recursos limitados, podría tener derecho a recibir beneficios de ambos programas.

Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté "incapacitado" para recibir beneficios. Se puede averiguar anticipadamente el pago mensual del SSD al cual tendría derecho de recibir si se incapacitara hoy, poniéndose en contacto con la Administración del Seguro Social (SSA) por teléfono o en línea y solicitando una "Declaración de Beneficios e Ingresos."

## How do I Qualify for Social Security Disability Benefits?

When you work and pay Social Security taxes, you earn Social Security credits. (Most people earn the maximum of four credits a year.) The number of years of work needed for disability benefits depends on how old you are when you become disabled. Generally, you need five years of work in the 10 years before the year you become disabled. Younger workers need fewer years of work. If your application is approved, your first Social Security disability benefit will be paid for the sixth full month after the date your disability began.

Usually, HIV infected persons who have had one or more opportunistic infections qualify medically. Sometimes people with HIV can qualify as disabled even if they have had no opportunistic infections, but the approval process is more difficult and may take longer. It is important to remember that "disability" as defined by SSA is not the same as the Center for Disease Control (CDC) definition of AIDS. For example, having a T-cell count below 200 is not, by itself, enough to be considered disabled for Social Security purposes.

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

## ¿Cómo Tengo Derecho a Beneficios del Seguro Social por Incapacidad?

Cuando usted trabaja y paga impuestos del Seguro Social, gana créditos de Seguro Social. (La mayoría de las personas ganan un máximo de cuatro créditos al año.) El número de años de trabajo necesario para tener derecho a beneficios por incapacidad depende de su edad cuándo usted se incapacitó. Por lo general, usted necesita haber trabajado cinco años en los 10 años precedentes al año en el que se incapacitó. Trabajadores más jóvenes necesitan haber trabajado menos años. Si su solicitud es aprobada, su primer beneficio de Seguro Social por incapacidad se pagará para el sexto mes completo después de la fecha en que su incapacidad comenzó.

Usualmente, personas infectadas con el VIH que han tenido una o más infecciones oportunistas califican médicamente. A veces, las personas califican como incapacitadas aunque no hayan tenido una infección oportunista, pero el proceso de aprobación es más difícil y puede demorar más tiempo. Es importante recordar que "incapacidad" como se define por la SSA no es lo mismo que la definición del CDC. Por ejemplo, el tener una cifra de células "T" menor de 200 no es, en si, suficiente para ser considerado como incapacitado por el Seguro Social.

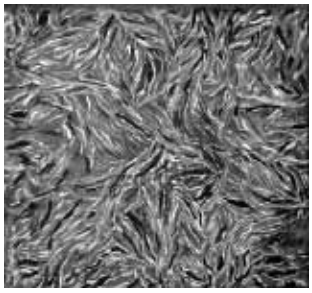
La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier persona solicitando el SSI debe ser un ciudadano estadounidense o inmigrante calificado. Llame a un representante de la SSA al 1-800-772-1213 para obtener la definición más reciente de "inmigrante calificado."

## What will I get from Social Security?

The amount of your monthly benefits depends on how much you earned while you were working. You also will qualify for Medicare after you have been getting disability benefits for 24 months. Medicare helps pay for hospital and hospice care, lab tests, home health care and other medical services. For more information on Medicare, contact Social Security and ask for the publication, Medicare (Publication No. 05-10043).

## ¿Qué recibiré del Seguro Social?

La cantidad de su beneficio mensual depende de cuánto usted ganó mientras estuvo trabajando. Usted también tendrá derecho a Medicare después de haber recibido beneficios por incapacidad durante 24 meses. Medicare le ayuda a pagar sus gastos de hospital y cuidado de hospicio, análisis de laboratorio, servicio de cuidado de la salud en el hogar y otros gastos de servicios médicos. Para informarse mejor sobre Medicare, comuníquese con Seguro Social y pida la publicación Medicare (publicación número 05-10943).


Art by Mark

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## How do I Qualify for SSI Disability Payments?

If you have not worked long enough to get Social Security or your Social Security benefits are low, you may qualify for SSI payments if your total income and resources are low enough.

If you get SSI, you most likely will be eligible for food stamps and Medicaid. Medicaid takes care of your medical bills while you are in the hospital or receiving outpatient care. In some states, Medicaid pays for hospice care, a private nurse and prescription drugs used to fight HIV disease. For more information about Medicaid, contact your local social services office.

Benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled.

## ¿Cómo Tengo Derecho a Recibir Beneficios de SSI por Incapacidad?

Si usted no ha trabajado suficiente tiempo para recibir Seguro Social o sus beneficios de Seguro Social son bajos, usted podría tener derecho a recibir pagos de SSI si sus ingresos y recursos totales son suficientemente bajos.

Si usted recibe SSI, es probable que tenga derecho a recibir cupones de alimento y Medicaid. Medicaid cubre sus gastos médicos mientras que usted está en el hospital o recibiendo servicios ambulatorios. En algunos estados, Medicaid paga los gastos de cuidado de hospicio, de una enfermera privada y por medicinas recetadas para combatir la enfermedad de VIH. Para informarse mejor sobre Medicaid, comuníquese con su oficina local de servicios sociales.

Se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado.

## How do I File for Benefits?

People with HIV should continue working for as long as they and their doctor agree that they are able to do so safely. However, it is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue.

If you file for benefits while you are still working, SSA must determine if the work you are doing is "substantial gainful activity" (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be "substantial." SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

You can apply for Social Security disability benefits online at www.socialsecurity.gov, or you can call the toll-free number, 1-800-772-1213 (for the deaf or hard of hearing, call the TTY number, 1-800-325-0778), to ask for an appointment. Representatives can answer specific questions Monday through Friday from 7 am until 7 p.m. and the automated phone service provides information 24 hours a day. All calls are treated confidentially. Be sure to tell the SSA representative that you have HIV; this may help speed up your claim.

Most hospitals and clinics have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home.

## ¿Cómo Solicito Beneficios?

Las personas con el VIH deben continuar trabajando mientras ellos y sus doctores lo consideren posible, seguro y saludable. Sin embargo, por lo general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar.

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una "actividad gananciosa sustancial" (SGA). SGA se refiere al trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser "sustancial." SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y fracasos tentativos de trabajo. Si la SSA determina que está llevando acabo la SGA, una decisión médica no será necesaria y su solicitud será rechazada.

Usted puede solicitar beneficios de Seguro Social por incapacidad en línea, en www.segurosocial.gov, o puede llamar al número gratis, 1-800-772-1213 (para las personas sordas o con problemas auditivos, marque nuestro número TTY, 1-800-325-0778) para pedir una cita. Preguntas específicas pueden ser contestadas de lunes a viernes, desde las 7 a.m. hasta las 7 p.m. También ofrecemos información telefónica automatizada las 24 horas al día. Todas nuestras llamadas telefónicas son confidenciales. Asegúrese de decirle al representante de la SSA que Ud. tiene el VIH. Esto puede acelerar su solicitud.

Proveemos servicios de intérprete gratis para ayudarle con sus trámites de Seguro Social. Estos servicios están disponibles tanto por teléfono como en nuestras oficinas.

La mayoría de los hospitales y clínicas tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI mientras que esté hospitalizado o visitando la clínica. También, en algunos casos excepcionales, la SSA tiene representantes que pueden entrevistarlo y llenar la solicitud en su casa.

**Based on medical criteria & work history**

## Documentation Checklists

SSA will need the following documents to complete your application for SSD or SSI. You should have as much of the following information as possible ready for your interview.

Keep your appointment, even if you do not have all of the information. They will help you get any missing information.

### Medical Information:

- ✓ Names, addresses and phone numbers of all doctors, hospitals and clinics;
- ✓ Patient ID number(s);
- ✓ Dates seen;
- ✓ Name(s) of medicine(s) you are taking;
- ✓ Medical records in your possession.

### You will also need the following:

- ✓ An original or certified copy of your birth certificate. If you were born in another country, we also need proof of U.S. citizenship or legal residency.
- ✓ If you were in the military service, the original or certified copy of your military discharge papers (Form DD 214) for all periods of active duty.
- ✓ If you worked, your W-2 Form from last year; or if you were self-employed, your federal income tax return (IRS 1040 and Schedules C and SE).
- ✓ Workers' compensation information, including date of injury, claim number and proof of payment amounts.
- ✓ Social Security Number(s) for your spouse and minor children.
- ✓ Your checking or savings account number, if you have one.
- ✓ Name, address and phone number of a person we can contact if we are unable to get in touch with you.
- ✓ Kinds of jobs and dates you worked in the 15 years before you became unable to work.

**Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI. Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.**

**Basado en criterio médico y ganancias**

## Lista de Documentos Requeridos

La oficina de la SSA necesita los siguientes documentos para completar su solicitud del SSD o SSI. Usted debe reunir tanta información como sea posible para su entrevista. Use la lista a continuación para llevar cuenta de la información que necesita.

Cumpla con su cita. No demore en solicitar, aunque no tenga toda la información. Ellos le ayudarán a obtener cualquier información que falta.

### Información médica:

- ✓ Los nombres, las direcciones y los números de teléfono de los médicos y otras fuentes donde recibió tratamiento.
- ✓ El número de paciente de cada lugar donde recibió tratamiento.
- ✓ Las fechas en que recibió tratamiento de cada fuente.
- ✓ Los nombres de las medicinas que toma.
- ✓ Los expedientes médicos que posea.

### También se necesita lo siguiente:

- ✓ Su certificado de nacimiento original o una copia certificada. Si usted nació en otro país, necesitamos prueba de su ciudadanía estadounidense o estado de residente legal.
- ✓ Si usted estuvo en el servicio militar, necesitamos el certificado original o una copia certificada de su licenciamiento militar (formulario DD 214) para todos los períodos de tiempo de su servicio activo.
- ✓ Su Formulario W-2 del año pasado o si trabajó por cuenta propia, su declaración de impuestos sobre ingresos (IRS 1040 y Anejos C y SE).
- ✓ Información sobre su compensación de trabajo, con la fecha de la lesión, el número de la reclamación y la cantidad del pago.
- ✓ Los números de Seguro Social de su cónyuge e hijos.
- ✓ Su número de cuenta de cheques o ahorros, si tiene una.
- ✓ El nombre, la dirección, y el número de teléfono de una persona que puede comunicarse con usted si es necesario.
- ✓ Los tipos de trabajos y las fechas en que trabajó durante los 15 años previos a incapacitarse.

**Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI. Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.**

## How does Social Security Decide my Claim?

Applications received from people with HIV/AIDS are processed as quickly as possible. Social Security works with an agency in each state called the Disability Determination Services. The state agency will look at the information you and your doctor have provided and decide if you qualify for benefits.

You could receive SSI benefits right away for up to six months before a final decision is made on your claim if:

- ✓ You are not working;
- ✓ You meet the SSI rules about income and resources; and
- ✓ Your doctor or other medical source certifies that your HIV infection is severe enough to meet our medical eligibility rules.

## How can I Help Speed up my Claim?

You can help speed up the processing of your claim by having certain information when you apply. This includes:

- ✓ Your Social Security number and birth certificate and the Social Security numbers and birth certificates of any family members who may be applying for benefits; and
- ✓ A copy of your most recent W-2 form. (If you are applying for SSI, we also will need information about your income and resources; for example, bank statements, unemployment records, rent receipts and car registration.)

SSA also needs information about:

- ✓ The names and addresses of any doctors, hospitals or clinics you have been to for treatment;
- ✓ How HIV/AIDS has affected your daily activities, such as cleaning, shopping, cooking, taking the bus, etc.; and
- ✓ The kinds of jobs you have had during the past 15 years.

Additionally, your doctor will be asked to complete a form about how your HIV infection has affected you. Call the 800 number to ask for form "SSA-4814" for adults or "SSA-4815" for children. You should take the form to your doctor to complete and bring or send the completed form to Social Security.

## ¿Cómo Decide el Seguro Social Sobre mi Reclamación?

Todas las solicitudes recibidas de personas con VIH/SIDA son tramitadas lo más pronto posible. El Seguro Social trabaja junto a la Agencia de Determinación de Incapacidad (en inglés, Disability Determination Services) en cada estado. La agencia estatal revisará la información que usted y su doctor nos facilitó y decide si usted tiene derecho a recibir beneficios.

Usted podría recibir beneficios de SSI inmediatamente por hasta seis meses antes de tomar una decisión final en su caso si:

- ✓ Usted no está trabajando;
- ✓ Usted cumple con las reglas de SSI sobre ingresos y recursos; y
- ✓ Su doctor u otra fuente médica certifica que su infección de VIH es bastante grave para cumplir con nuestras reglas de elegibilidad médica.

## ¿Cómo Puedo Ayudar en Acelerar mi Reclamación?

Usted puede ayudar en acelerar el proceso de su reclamación teniendo cierta información cuando solicita. Esto incluye:

- ✓ Su número de Seguro Social y certificado de nacimiento y los números de Seguro Social y certificados de nacimiento de cualquier otro miembro de su familia que podría estar solicitando beneficios; y
- ✓ Una copia de su formulario W-2 más reciente. (Si usted está solicitando SSI, también necesitaremos información sobre sus ingresos y recursos; por ejemplo, estado de cuentas bancarias, expediente del desempleo, recibos de alquiler y el registro de su automóvil.)

SSA también las necesidades de información sobre:

- ✓ Los nombres y las direcciones de cualquier doctor, hospital o clínica que usted haya visitado para obtener tratamiento;
- ✓ Cómo VIH/SIDA ha afectado sus actividades diarias, así como hacer limpieza, hacer compra, cocinar, coger el autobús, etc.; y
- ✓ Los tipos de trabajo que usted ha desempeñado durante los últimos 15 años.

Además, su doctor deberá completar un formulario de que nos indique cómo usted está afectado por VIH. Llame al número gratis y pida el formulario «SSA-4814» para adultos o «SSA-4815» para niños. Usted debe llevar el formulario a su doctor para que lo complete y traernos o mandarnos el formulario completado.

## If you are Denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." SSA will request updated medical records and may require you to complete additional forms or see a special doctor hired by SSA to evaluate you. If your claim is denied a second time, you can file for an appeal before a judge. If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly, had you been approved sooner. If you exhaust all your appeals and are still denied, you can start the process again and reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

## Si es Rechazado

Si su solicitud del SSD/SSI es rechazada, tendrá 60 días para inscribirse para una "reconsideración." SSA le solicitará nuevos documentos médicos y le podrá requerir que complete otros formularios o entrevistarse con un doctor especial seleccionado por SSA para hacerle una evaluación. Si su solicitud es rechazada nuevamente, puede pedir una apelación ante un juez. Si es aprobado finalmente, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

## What Happens if I Go Back to Work?

If you return to work, there are special rules that let your benefits continue while you work. These rules are important for people with HIV/AIDS who may be able to go back to work when they are feeling better.

If you have SSD and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop. However, for 36 months beginning with the first month after the ninth trial work month, you can receive benefits for any month that you do not work at the SGA level. During this time, you will not need to reapply or wait for a new disability decision in order to receive benefits. You will also be eligible for an additional 39 months of Medicare coverage following your TWP (see Medicare and Medicaid, below).
If you have SSI, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

For more information on these rules, ask any Social Security office for a copy of the publication, Working While Disabled—How We Can Help (Publication No. 05-10095).

## ¿Qué Sucede si Regreso a Trabajar?

Si usted regresa a trabajar, hay reglas especiales que permiten la continuación de sus beneficios mientras usted trabaja. Estas reglas son importantes para personas con VIH/SIDA quienes pueden regresar a trabajar cuando se sienten mejor.

Si Ud. tiene el SSD y está interesado en regresar a trabajar, llame a la SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el quinto mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado nueve meses. Llame a un representante del SSA para más información.

Si después de los nueve meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos. Sin embargo, durante los próximos 36 meses después del primer mes de haber concluido el periodo de trabajo a prueba, Ud. podrá recibir beneficios por cualquier mes que su trabajo no se considere SGA. Durante este periodo no tendrá que volver a solicitar o esperar una nueva decisión médica de incapacidad para recibir beneficios. También será elegible para recibir 39 meses de cobertura de Medicare adicional después de su TWP (vea Medicare y Medicaid a continuación).

Si Ud. tiene el SSI, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante de la SSA para más información acerca de sus opciones.
Para informarse mejor sobre estas reglas, pida una copia de la publicación, Cómo podemos ayudarle si trabaja mientras está incapacitado (publicación número 05-10995) en cualquier oficina del Seguro Social.

# Medicare & Medicaid / *Medicare y Medicaid*

## MEDICARE

The Centers for Medicare & Medicaid Services (CMS) runs the Medicare and Medicaid programs - two national health care programs that benefit about 95 million Americans. All persons receiving Social Security Disability (SSD) are automatically enrolled in Medicare after 29 months of being disabled (usually 24 months receiving SSD + the first five months of disability). There are no exceptions to this rule!

**COBRA.** The COBRA Health Benefit Provision allows disabled persons to keep the health insurance they had through their employer for 18 months (or up to 29 or 36 months in some cases) if they have received a medical disability decision from SSA. The premiums are usually higher than the group rate and you will be expected to pay them yourself. However, the Ryan White funded Health Insurance program at Legacy Community Health Services may be able to help pay your premiums and will answer your questions about COBRA and keeping your insurance.

** You must give your employer a copy of your SSA award letter as soon as possible. If you do not, your COBRA benefits will end after 18 months and you will have no medical coverage until Medicare begins 11 months later!

Medicare is divided into several parts which help cover specific services if you meet certain conditions. Part A (Hospital Insurance) helps cover inpatient care in hospitals. Helps cover skilled nursing facility, hospice and home health care. Part A coverage is free of charge for most people because they paid Medicare taxes while working.

Part B (Medical Insurance) helps cover doctors' services and outpatient care. Part B also helps cover some preventive services to help maintain your health and to keep certain illnesses from getting worse. Part B, which is optional, requires a monthly premium.

Part C (Medicare Advantage Plans) is a health coverage choice (similar to an HMO or PPO) run by Medicare-approved private companies that limits membership to people with specific diseases or conditions, such as diabetes, congestive heart failure or HIV/AIDS; people who live in certain institutions (like a nursing home) or who live at home but need the same care as someone living in a nursing home; and people who have both Medicare and Medicaid. Part C includes Part A, Part B, and usually other coverage including prescription drugs (Part D). Premiums vary by company and plan.

## MEDICARE

Los Centros de Servicios de Medicare & Medicaid (CMS) dirigen los programas de Medicare y Medicaid - dos programas nacionales del cuidado médico que benefician a cerca de 95 millones de estadounidenses. Medicare está disponible a todas las personas que reciben el Seguro Social por Discapacidad (SSD), pero no antes de 29 meses de estar incapacitado (generalmente 24 meses de recibir el SSD y los primeros cinco meses de discapacidad). ¡No hay excepciones a esta regla!

**COBRA.** La Provisión de Beneficios para la Salud COBRA permite a personas discapacitadas mantener sus seguros de salud (el que tuvieron durante el empleo) por 18 meses (o hasta 29 ó 36 meses en algunos casos) si recibieron una decisión de discapacitación médica por la Administración del Seguro Social (SSA). La prima del seguro es usualmente más elevada que la de grupo, y usted debe pagarla. Sin embargo, el programa de seguro médico ofrecido por Legacy Community Health Services y financiado por Ryan White podría asistirle con el pago de la prima, y además puede asistirle con otras preguntas que tenga sobre COBRA.

** Ud. deberá entregarle a su empleador una copia de la carta de beneficios de la SSA lo más pronto posible. Si no lo hace, sus beneficios terminarán después de 18 meses y no tendrá más beneficios hasta que empiece la cobertura con Medicare, que son 11 meses más tarde.

Medicare consiste de varias partes y asiste en cubrir servicios específicos si cumple con ciertas condiciones. La parte A (seguro para hospitalización) asiste con el pago del cuidado del paciente externo en los hospitales, el cuidado de salud en domicilio, en hospicios, y en localidades con enfermeras profesionales. La Parte A es gratis para la mayoría de las personas quienes pagaron impuestos para el Medicare cuando trabajaron.

La Parte B (seguro médico) asiste con el pago de los servicios ofrecidos por los médicos y el cuidado del paciente externo, servicios preventivos que asisten en mantener una buena salud, y evitar que ciertas enfermedades empeoren. La Parte B es opcional y require un pago mensual de una prima.

La Parte C (Planes de Ventaja) es una cobertura de elección (similar a un HMO o PPO) administrado por compañías privadas y aprovadas por Medicare, que limitan a las personas con enfermedades o condiciones específicas, así como la diabetes, la insuficiencia cardíaca congestiva, o el VIH/SIDA; personas quienes viven en ciertas instituciones (así como en hogares de cuidados médicos) o quienes viven en sus domicilios pero quienes necesitan el mismo cuidado que aquellos en hogares de cuidados médicos; y personas quienes tienen ambos-- Medicare y Medicaid. La Parte C incluye la Parte A, la Parte B, y usualmente otras coberturas incluyendo medicamentos recetados (Parte D). La prima varia dependiendo del plan y la compañía.

## MEDICARE

Medicare Part D (Medicare Prescription Drug Coverage) helps cover the cost of prescription drugs. Part D may help lower your prescription drug costs and help protect against higher costs in the future. Premiums vary by company and plan.

Medicare will pay for much, but not all, of your health care costs. Medicare recipients have to pay limited deductibles and co-payments. Medicare does not pay for long-term care.

If you receive SSD but don't receive Supplemental Security Income (SSI), and your income falls below a certain level, you may qualify for help paying your Medicare costs through either the QMB (Qualified Medicare Beneficiary) or the SLMB (Specified Low-income Medicare Beneficiary) program.

These helpful programs, administered by Texas Health and Human Services, pay the Medicare part B monthly premiums, and QMB also covers part A monthly premiums as well as all deductibles and co payments. Call the Texas Department of Aging and Disability Services at 713-692-1635 or 1-800-213-8471 for information about QMB and SLMB. If you receive both SSD and SSI and have been disabled for at least 29 months, you are eligible for both Medicare and Medicaid.

## MEDICARE

La Parte D (medicamentos recetados) asiste en el pago de dicha medicina. La Parte D puede que le ayude a reducir este costo y prevenir un alto costo en el futuro. La prima varía de acuerdo al plan y la compañía.

Medicare pagará por mucho pero no todo el costo del cuidado medico. Los pacientes con Medicare deben pagar los deducibles y copagos limitados. Medicare no paga el cuidado de largo plazo.

Si usted recibe SSD pero no recibe SSI, y su ingreso es reducido a cierto nivel, usted puede calificar para recibir ayuda con el pago de los costos de Medicare a través de los programas QMB (Beneficiario Calificado) o SLMB (Beneficiario Calificado de bajo ingreso).

Estos programas de ayuda, pagan mensualmente la prima de la Parte B, y QMB cubre la prima de la Parte A y los deducibles y los copagos. Llame al 713-692-1635 ó 1-800-213-8471 para información sobre QMB y SLMB. Si usted recibe ambos—SSD y SSI y ha estado discapacitado por lo menos 29 meses, usted es elegible para recibir Medicare y Medicaid.

## Medicare Prescription Drug Plans / *Plan de Medicare Para Recetas Médicas*

### What is a Medicare Prescription Drug Plan?

Starting January 1, 2006, new Medicare Prescription Drug Plans will be available to all people with Medicare.

### How does the Original Medicare Plan work with a Medicare Prescription Drug Plan?

- You pay a separate monthly premium for your prescription drug plan.
- You pay a co-payment or co-insurance, and deductible for your prescription drugs.
- You get a prescription card from your Medicare Prescription Drug Plan. Show it when you get your prescriptions filled.
- You must go to pharmacies that belong to (are in the network of) the Medicare Prescription Drug Plan that you join. If you go to a pharmacy that isn't part of the plan you join, in most cases, your drug won't be covered and you will have to pay the full cost of the drug.
- Each Medicare Prescription Drug Plan has a list of covered prescription drugs which may vary from plan to plan. In most cases, only drugs on this list will be covered.

### ¿Qué es un plan de Medicare para recetas médicas

A partir del 1 de enero de 2006, los planes de Medicare para medicamentos recetados estarán disponibles para todos los beneficiarios de Medicare.

### ¿Cómo funciona el Plan Original de Medicare con los planes de Medicare para recetas médicas?

- Usted paga una prima mensual separada por el plan para medicamentos recetados.
- Usted paga un co-pago o co-seguro y el deducible del plan para medicamentos recetados.
- Usted obtiene una tarjeta del plan que debe mostrar cuando compra su medicamento.
- Usted debe ir a farmacias que pertenezcan a la red del plan de Medicare para recetas médicas en el que se ha inscrito. Si compra en una farmacia que no pertenece a la red del plan de Medicare, en la mayoría de los casos, el medicamento no estará cubierto y tendrá que pagar el precio total del mismo.
- Cada plan de Medicare para recetas médicas tiene una lista de los medicamentos recetados cubiertos y la misma puede variar con cada plan. En la mayoría de los casos, sólo estarán cubiertos los medicamentos de la lista.

## Medicare Prescription Drug Plans / *Plan de Medicare Para Recetas Médicas*

### What if I have a limited income and can't afford a Medicare Prescription Drug Plan?

People with Medicare and Medicaid, and other people with limited income and resources can qualify for help paying their Medicare Prescription Drug Plan costs. You might also want to join a Medicare Advantage Plan or other Medicare Health Plan.

**Remember:** If you have drug coverage through a previous or current employer or union, contact your benefits administrator before you make any changes to your prescription drug coverage.

## MEDICAID

Medicaid is a state program administered by Texas Health and Human Services (THHS). Everyone receiving SSI benefits, whether or not they are also receiving SSD, is covered by Medicaid. Medicaid covers both acute care (doctor visits, lab work & x-rays, hospitalization, etc.) and long-term care (nursing home, attendant services, etc.). Beginning October 1, 2005, Medicaid clients age 21 years and older may receive the following benefits: eyeglasses, contact lenses if medically necessary, hearing aids, services provided by a chiropractor and services provided by a podiatrist. There are no changes to benefits for Medicaid clients under 21 years old.

Medicaid in the Harris County area (Brazoria, Fort Bend, Galveston, Harris, Montgomery and Waller Counties) is now being provided through two managed care programs: Star and Star+Plus. People receiving TANF benefits enroll in the Star program and people receiving SSI enroll in the Star+Plus program (Star+Plus includes long-term care, but Star does not).

This means that everyone receiving Medicaid is now required to select an HMO (listed below) and a primary care physician who has signed up with the HMO. Once you choose a primary care physician, you will go to this doctor for all your medical care, unless he or she refers you to a specialist or you choose a different primary care physician. However, you do have the right to access psychiatric or chemical dependency treatment directly - from a doctor or facility listed in your HMO's directory - without first going through your primary care physician.

Doctors and clinics frequently sign up with more than one HMO. When you qualify for Medicaid through THHS, you will receive an enrollment packet for the Star or Star+Plus program. This will include "provider directories" for each HMO and a Health Plan Comparison Chart. You can then either fill out the forms and mail them in or you can call the enrollment broker, Maximus, and enroll over the phone. The number to call is listed below.

### ¿Qué ocurre si mis ingresos son limitados y no puedo pagar por un plan de Medicare para recetas médicas?

Las personas que tienen Medicare y Medicaid y otros con ingresos y recursos limitados podrían ser elegibles para recibir ayuda para pagar por los costos del plan para recetas médicas. También podría inscribirse en un Plan Medicare Advantage u otro Plan de Salud de Medicare.

**Recuerde:** Si tiene cobertura de medicamentos recetados a través de su empleador pasado o actual o sindicato, comuníquese con el administrador de beneficios antes de hacer cualquier cambio a su cobertura de recetas médicas.

## MEDICAID

Medicaid es un programa estatal administrado por los Servicios de Salud y Humanos de Texas (THHS). Todo aquel que recibe beneficios del SSI, esté o no recibiendo también el SSD, está cubierto por Medicaid. Medicaid cubre tratamientos agudos (consultas médicas, exámenes de laboratorio, rayos-x, hospitalización, etc.) y trata-mientos a largo plazo (cuidado, servicios de asistencia, etc.). A partir del 1° de octubre de 2005, los clientes de Medicaid de 21 años y mayores podrán recibir los siguientes beneficios: anteojos, lentes de contacto si son médicamente necesarios, audífonos, servicios prestados por un quiropráctico y servicios prestados por un podiatra. No habrá cambios en los beneficios para clientes de Medicaid menores de 21 años.

En la area del Condado Harris (los condados Brazoria, Fort Bend, Galveston, Harris, Montgomery y Waller) se ofrece Medicaid a través de dos programas de cuidado administrativo: Star and Star+Plus. Las personas que reciben beneficios TANF se inscriben en el programa Star y personas que reciben SSI se inscriben en el programa Star+Plus (Star+Plus incluye cuidado de largo plazo, sin embargo Star no).

Esto significa que todos aquellos que reciben Medicaid deben elegir un HMO (Organización de la Administración de la Salud, alistados a continuación) y un médico general que esté inscrito con el mismo. Al elegir a un médico, él o ella se encargará de todas sus atenciones de salud, a no ser que lo dirija a un especialista o Ud. elija otro médico general. Sin embargo, tiene el derecho de solicitar tratamiento psiquiátrico y de abuso de drogas directamente con un médico o un centro inscrito con su HMO, sin tener que acudir antes a su médico general.

Los médicos y las clínicas generalmente tienen convenios con más de un HMO. Cuando Ud. califica para Medicaid a través de THHS, recibirá un paquete de inscripción para el programa Star o Star+Plus. El paquete incluye una lista de proveedores en cada HMO y una Tabla de Comparación de los Planes de Salud. Ud. puede llenar los formularios y enviarlos por correo o contactar a la compañía encargada de las inscripciones, Maximus, e inscribirse por teléfono (vea a continuación).

## MEDICAID

If you do not make a selection within thirty days, a primary care physician (and an HMO) will be chosen for you. If this happens, you will probably not be allowed to see your regular doctor and your medical care may be interrupted. If you are assigned a health plan you may still choose your own health plan and primary care provider, but until you have formally made that change, you will receive services through the plan and provider to which you were assigned. STAR+PLUS members may change health plans as often as once a month.

## MEDICAID

Si usted no selecciona un médico de cuidado primario (y un HMO) en un periodo de 30 días, uno será seleccionado para usted. Si esto ocurre, probablemente no será permitido ver a su médico regular y su cuidado médico puede ser interrumpido. Si usted es asignado un plan de salud puede seleccionar su propio médico y plan de salud, pero hasta que no haya hecho este cambio formalmente recibirá servicio bajo el plan y el proveedor con quien ha sido asignado. Beneficiarios de STAR+Plus pueden cambiar planes de salud una vez por mes.

# Important Star and Star+ Plus Numbers

### Call to enroll or ask questions / *Llame a inscribirse o hacer preguntas:*

**MAXIMUS** (enrollment broker) Toll Free: (800) 964-2777

### Questions about the programs? / *¿Preguntas acerca de los programas?*

**Star & Star+Plus Helpline** *(Línea de ayuda)* Toll Free: (800) 964-2777

**Medicaid Managed Care Helpline**
The Medicaid Managed Care Helpline (formerly STARLink) is designed to help people who are already on Medicaid but need help accessing health care services. A priority is placed on individuals with urgent or complex health care needs.

Help includes:

- Information about coverage.
- Guidance on how to access services.
- Referrals to the right place to get help.
- Direct assistance to resolve a problem.

The Medicaid Managed Care Helpline also provides general information about managed care programs.

**Toll Free: (866) 566-8989**
**TTY: (866) 222-4306**

**La línea de ayuda de Medicaid**
Llamada Medicaid Managed Care Helpline (conocida antes como STARLink), esta línea está diseñada para ayudar a las personas que ya tienen Medicaid pero necesitan asistencia en acceder los servicios médicos. Se da prioridad a individuos con necesidades de urgencia o de un cuidado complejo.

Help includes:

- Información sobre cobertura.
- Una guia de cómo acceder a los servicios.
- Referencias apropiadas a los recursos.
- Asistencia directa para resolver un problema.

Esta línea de ayuda además provee información general sobre programas administrativos del cuidado.

**Toll Free: (866) 566-8989**
**TTY: (866) 222-4306**

**HARRIS EXPANSION SERVICE AREA** (Brazoria, Ft Bend, Galveston, Harris, Montgomery & Waller Counties)

| Plan Name | Plan Phone Number |
|---|---|
| AmeriGroup Community Care (Star & Star+Plus) | 1-800-600-4441 / 1-800-855-2880 TTY |
| Community Health Choice (Star) | 713-295-2294 or 1-888-760-2600<br>1-800-518-1655 TTY |
| Evercare of Texas (Star+Plus) | 1-888-887-9003 |
| Molina Healthcare of Texas (Star & Star+Plus) | 1-866-449-6849<br>1-800-735-2989 TTY-English<br>1-800-662-4954 TTY-Spanish |
| Texas Children's Health Plan (Star) | 1-866-959-2555 / 1-800-735-2989 TTY |
| United Healthcare-TX (Star) | 1-800-213-5846 / 7-1-1 TTY |

# How To Select an HMO
# *¿Cómo Seleccionar un HMO?*

## Ask for help if you need it

Choosing the right HMO is a very important decision. You may feel overwhelmed trying to work through all the paperwork. Don't hesitate to ask for help! Consider asking any of the people listed below if you feel you need some guidance through the decision process.

1. Your spouse, partner, relatives, caregivers
2. Your doctor or nurse
3. Your case manager, service linkage worker, care coordinator
4. Friends or acquaintances who are already receiving care through one of the HMOs
5. Representatives of AIDS service organizations (AIDS Foundation Houston, Bering, Legacy, etc.)
6. A representative of the enrollment broker, Maximus (1-800-964-2777)

**Just remember: this is your decision about your health care; the HMO that was right for someone else, or that seems good to someone else, may not be the right one for you.**

## Pida ayuda si la necesita

La elección correcta de un HMO es una decisión muy importante y Ud. podría sentirse abrumado al tener que llenar los formularios sin equivocarse. No vacile en pedir ayuda a cualquiera de las siguientes personas durante el proceso de hacer esta decisión:

1. Su cónyuge, pareja, familiares o cuidadores
2. Su médico o enfermera
3. .Su administrador/a de casos, trabajador/a de enlace a los servicios, o coordinador/a del cuidado
4. Amistades o conocidos que están recibiendo tratamiento a través de un HMO
5. Representantes de las organizaciones de servicio del VIH/SIDA (AAMA, Bering, Legacy, etc.)
6. Un representante de Maximus, la compañía encargada de las inscripciones (1-800-964-2777)

**Recuerde que ésta es una decisión suya y sobre su propia salud; el HMO que resultó apropiado para otra persona o que parece ser mejor para otra persona, puede no serlo para Ud.**

## Find your doctor

1. Check the provider lists of all the HMOs.
2. If your doctor is listed with only one HMO, this is probably the one for you.
3. If your doctor is listed with more than one HMO, use the Health Plan Comparison Chart included with your enrollment packet to help you decide (especially look for your preferred hospital and compare the value added services).
4. It is better if your doctor is listed under "primary care physicians" rather than under "specialists," because you will have easier access to him or her. If he or she is a "primary care physician" under one plan and a "specialist" under another, you may want to choose the "primary care physician" HMO.
5. Important: sometimes you may be able to have your doctor as your primary care physician, even if he or she is listed as a specialist; ask the HMOs about this option.

## Busque a su médico

1. Revise las listas de los proveedores de todos los HMO.
2. Si su médico está inscrito en sólo un HMO, éste probablemente es el más apropiado para Ud.
3. Si su médico está inscrito con más de un HMO, use la Tabla de Comparación de los Planes de Salud incluida en el paquete de inscripción (especialmente busque los hospitales preferidos y compare el valor de los servicios).
4. Es preferible que su médico esté inscrito bajo "médico general" y no bajo "especialista" porque así él/ella le será más accesible. Si él/ella está inscrito como "médico general" en un plan y en otro como "especialista," sería preferible elegir el HMO en el cual esté inscrito como "médico general."
5. Importante: A veces es posible tener a su médico como un "médico general" a pesar de que esté inscrito como un especialista; pregunte al HMO acerca de esta posibilidad.

# How To Select an HMO / *¿Como Seleccionar un HMO?*

## If your doctor isn't listed

1. Call your doctor's office to find out if he or she has signed up with any of the HMOs; since the provider lists included in your enrollment packet are printed in advance, they are probably not up-to-date.
2. If you prefer, you can call each of the HMOs to ask if your doctor is currently signed up with them.
3. If your doctor hasn't signed up with an HMO, advocate for yourself and ask him or her to sign up with one!

## Si su médico no está inscrito

1. Pregunte a su médico si él/ella está inscrito en algún HMO, ya que la lista de proveedores incluida en el paquete de inscripción está impresa anticipadamente y es probable que los datos no estén actualizados.
2. Si Ud. prefiere, puede llamar a todos los HMO para averiguar si su médico está inscrito actualmente con ellos.
3. Si su médico no está inscrito con un HMO, sugiera que lo haga.

## If you must choose a new doctor (or if you don't have a doctor already)

1. Generally, you should select your primary care physician before you select an HMO.
2. It is important to have regular access to a physician experienced in treating HIV disease, so do not choose a doctor at random or just because the doctor's office is close to where you live.
3. Unless you already have a new doctor in mind, consider asking some of the people listed above (under "Ask for help if you need it') for recommendations. Start with your current doctor.
4. If you have trouble getting recommendations, you may want to call some of the listed doctors in your area and ask if they treat a lot of HIV patients. Answering "yes" doesn't guarantee that the doctor is an HIV specialist, but at least you can definitely rule out those who answer "no."
5. Remember, a new doctor who you are interested in seeing may be signed up with one or more HMOs even if he or she isn't listed in the provider directories, so ask the doctor—or the HMOs—before giving up.
6. If you are trying to choose between two or more equally acceptable doctors, it makes sense to select the one whose office will be easiest for you to get to.

## Si Ud. debe elegir un nuevo médico (o si aún no tiene un médico)

1. Generalmente, debe elegir un médico general antes de elegir un HMO
2. Es importante tener un acceso fácil a un médico con experiencia en el tratamiento del VIH; por lo tanto no elija un médico al azar o por el hecho que la consulta se encuentre cerca de su casa
3. A no ser que ya tenga en consideración un nuevo médico, tome en cuenta de consultar con las personas mencionadas anteriormente para recomendaciones. Empiece con su médico actual.
4. Si le es difícil conseguir recomendaciones, podría llamar a los médicos inscritos dentro de su área y preguntarles si atienden a muchos pacientes con el VIH. Una respuesta afirmativa no garantiza que es un especialista del VIH, pero por lo menos puede Ud. prescindir de aquellos que le contestan con una negación.
5. Recuerde, un médico nuevo que a Ud. le interesa puede estar inscrito en uno o más HMO aún si no aparece alistado, por lo tanto pregunte al médico o a los HMO antes de desistir.
6. Si está intentando elegir entre dos o más médicos con similares calificaciones, puede ser más sensato elegir la consulta que le sea más accesible a llegar.

## Accessing your doctor:

1. Remember that in this system you must go through your primary care physician to access a specialist. If you go to a specialist without going through the primary care physician, you may find yourself responsible for paying 100% of the charge.
2. Most primary care physicians have after hours and weekend telephone coverage and are accessible to patients through their main office number, even if the office is closed.

## El acceso a su médico:

1. Recuerde que en el sistema de HMO debe contactar a su médico general (primary care physician) antes de tener acceso a un médico especialista. Si visita a un médico especialista sin primero contactar con su médico general, es posible que tenga que pagar el 100 por ciento de esa consulta médica.
2. La mayoría de los médicos generales tienen líneas telefónicas disponibles después de las horas normales de oficina y en los fines de semana. Aunque la oficina esté cerrada, ellos están disponibles a través del número telefónico principal de la oficina.

# Publications / *Publicaciones*

| NAME / NOMBRE | PHONE / TELÉFONO | DESCRIPTION / DESCRIPCIÓN | LEGEND / TABLA |
|---|---|---|---|
| **A&U America's AIDS Magazine** | 518-426-9010<br>www.aumag.org | Periodical created for the HIV affected community. | $24.95/yr; Free at many ASOs |
| **amfAR News AIDS Research** | publications@amfar.org<br>www.amfar.org | Published twice per year; monthly e-news updates. Also available online. | Free |
| **AIDS Treatment News** | www.aids.org/atn/ | Twice monthly online treatment newsletter. | Free |
| **Being Alive** | (323) 874-4322<br>info@beringalivela.org<br>www.beingalivela.org | PWA Coalition LA newsletter available in print and online. | S$ or Free for HIV+ |
| **BETA** (Bulletin of Experimental Treatments for AIDS)<br>***BETA*** *(Boletín de Tratamientos Experimentales Contra el SIDA)* | (415) 487-8060<br>beta@sfaf.org | San Francisco AIDS Foundation quarterly treatment focused magazine.<br>*Revista trimestral tratamiento-enfocado de San Francisco AIDS Foundation.* | Esp, Free |
| **CDC National Prevention Information Network (NPIN).**<br>***Centro Nacional de Prevención e Información (NPIN) de los CDC*** | (800) 458-5231<br>(www.cdcnpin.org | Publications on HIV, STDs, TB and Hepatitis. Chat online with an information specialist M-F 10am-7pm.<br>*Publicaciones de VIH, enfermedades de transmisión sexual, tuberculosis y hepatitis. Conversar en línea con un especialista en información, lunes-viernes 10am-7pm.* | Esp, Free |
| **HIV News and Views** | www.thebody.com<br>www.thebody.com/espanol.html | Weekly email/online newsletter. | Esp, Free |
| **HIV Positive Magazine** | www.hivpositivemagazine.com | Bi-monthly magazine. Available online for free. | $18.95 for 1 yr; $24.95 for 2 yrs |
| **PI Perspectives** | (415) 558-8669<br>www.projectinform.org | Project Inform online newsletter<br>*Periódico del tratamiento de Project Inform.* | Esp, Free |
| **Positively Aware**<br>***Positively Aware en Español*** | (773) 989-9400<br>http://positivelyaware.com | TPAN, Chicago bimonthly newsletter (available in print and online). | Free, Esp for HIV+ |
| **POZ Magazine** | (212) 242-2163<br>www.poz.com<br>www.poz.com/latino/ | Monthly magazine; single subscription available only with NAPWA membership (www.napwa.org); available free online. | Esp |
| **Gay Men's Health Crisis Treatment Issues** | ti@gmhc.org<br>www.gmhc.org | Monthly newsletter of current issues in HIV/AIDS. | Free |
| **Homeless Services Directory** | (713) 739-7514<br>info@homelesshouston.org<br>www.homelesshouston.org | Detailed info about resources for the homeless; searchable online database, downloadable resource guide and "Help Card". | Free |
| **Texas HIV/STD Community Resource Directory** | www.dshs.state.tx.us/hivstd/services/ | HIV services in all Texas cities, available online and for download | Free |
| **The Center for AIDS Information and Advocacy** | (713) 527-8219<br>(888) 341-1788<br>www.centerforAIDS.org | Publishes treatment newsletters, fact sheets and brochures about HIV. | Free |
| **Senior Guidance** | (713) 529-9991<br>www.srguidance.org | Convenient directory for older adults, available online and in Houston area Walgreens pharmacies | Free |
| **United Way Community Resource Directory** | 2-1-1<br>http://referral.uwtgc.org/<br>helpline@unitedwayhouston.org | Detailed listing of Houston area resources in a variety of categories; website has a searchable online database and email. | $45/print<br>$75/CD |
| **Youth Services Directory** | (713) 295-2530<br>www.hc-ps.org | Directory includes the most commonly used nonprofit, United Way, church and government resources available to the general public. | Free |
| **Women Organized to Respond to Life-Threatening Disease (WORLD) Newsletter** | (510) 986-0340<br>www.womenhiv.org | Online newsletter by, for and about HIV positive women and their loved ones | Free |

**Please visit our website at www.rwpc.org for additional online resources and web publications.**

# Pull-Out Phone Directory / *Guía Telefónica Portátil*

3 "A" Bereavement Foundation . . . . . (713) 649-3232
A Caring Safe Place . . . . . (713) 225-5441
Adult Rehabilitation Services . . . . . (713) 541-4422
Advocacy, Inc. . . . . (713) 974-7691
Aid to Victims of Domestic Abuse. . . . . (713) 224-9911
AIDS Coalition of Coastal Texas . . . . . (409) 763-2437
AIDS Foundation Houston . . . . . (713) 623-6796
AIDS Housing Coalition Houston, Inc. (AHCH) . . (713) 864-1795
AIDSinfo . . . . . (800) HIV-0440
Alliance for Multicultural Community Services (713) 776-4700
Art League HIV + Healing Art Group. . . . . (713) 523-9530
AseraCare Hospice . . . . . (713) 864-2626
AAMA (Clifton) . . . . . (713) 926-9491
AAMA (Gulf Freeway) . . . . . (713) 926-4756
Bay Area Council on Drugs and Alcohol, Inc. . . (281) 212-2900
Bay Area Homeless Services . . . . . (281) 837-1657
Bay Area Turning Point, Inc. . . . . (281) 338-7600
Crisis Shelter . . . . . (281) 286-2525
Baylor Teen Health Clinics . . . . . (713) 873-3601
Ben Taub General Hospital . . . . . (713) 873-2000
Bering Omega Community Services. . . . . (713) 529-6071
Care Center . . . . . (713) 341-3750
Dental Clinic . . . . . (713) 341-3790
Housing Assistance. . . . . (713) 341-3767
Residential Hospice . . . . . (713) 341-3780
Bering Support Network . . . . . (713) 526-1017
Body Positive Wellness Pgm . . . . . (713) 830-3033
Brazos Place . . . . . (979) 233-3826
Brentwood Project WAITT. . . . . (713) 852-2551
Bridge Over Troubled Waters, Inc., The. . . . . (713) 472-0753
By His Love Ministries, Inc. . . . . (713) 659-7161
Cage's Medical Services, Inc. . . . . (713) 674-5616
Care Group of Texas . . . . . (713) 383-2100
Career and Recovery Resources, Inc.. . . . . (713) 754-7000
Catholic Charities AIDS Ministry. . . . . (713) 874-6624
Cenikor Foundation, Inc. . . . . (281) 476-0088
Center for AIDS, The . . . . . (713) 527-8219
Centerpointe Counseling Services, Inc. . . . . (713) 528-7007
Change Happens! (formerly FUUSA). . . . . (713) 374-1200
CHEWS Wellness . . . . . (713) 742-0200
Coalition for the Homeless. . . . . (713) 739-7514
Collective Harmony . . . . . (713) 965-7129
Colt 45's AIDS Trouble Fund. . . . . (713) 526-6077
Combined Community Action. . . . . (979) 540-2980
Compass Counseling Solutions, Inc.. . . . . (281) 807-9252
Covenant House Texas. . . . . (713) 523-2231
Crisis Intervention of Houston . . . . . (713) HOTLINE
Cypress Assistance Ministries . . . . . (281) 955-7684
DAPA Family Recovery Program. . . . . (713) 783-8889
East Ft. Bend Human Needs Ministry, Inc. . . . . (281) 261-1006
Evercare Hospice & Palliative Care . . . . . (713) 219-6490
Fair Haven Food Pantry . . . . . (713) 467-4363
FamilyTime Crisis & Counseling Center . . . . . (281) 446-2615
First Intervention Counseling . . . . . (281) 272-0120
Ft. Bend County Clinical Health Services . . . . . (281) 342-6414
Ft. Bend County Women's Center. . . . . (281) 342-4357
Ft. Bend Family Health Center, Inc.. . . . . (281) 342-0529
Ft. Bend Family Health Center-Waller. . . . . (281) 822-4235
F.L.A.S., Inc.. . . . . (713) 772-2366
Frost Eye Clinic . . . . . (713) 830-3033
Gay and Lesbian Switchboard of Houston . . . . (713) 529-3211
Good Shepherd Mission. . . . . (936) 291-8156
Goodwill Temporary Service. . . . . (713) 699-6724
Gulf Coast Center, The . . . . . (409) 763-2373
Gulf Coast Center - Recovery Program . . . . . (409) 944-4337
Gulf Coast Community Svcs (Main) . . . . . (713) 393-4700
Harmony Health Recovery Center . . . . . (713) 237-1765
Harris County Hospital District . . . . . (281) HIV-INFO
Adolescent Program . . . . . (713) 873-4100
Ask Your Nurse . . . . . (713) 663-CALL
Dental Center . . . . . (713) 757-0572
Gold Card Eligibility. . . . . (713) 566-6509
NW Community Health Center . . . . . (713) 861-3939
Thomas Street Health Center . . . . . (713) 873-4000
Women's Program . . . . . (713) 873-4511
Harris Co. Housing Resource Center . . . . . (713) 578-2055
Harris Co. Public Health & Environ Svcs. . . . . (713) 439-6000
Chronic Disease Prevention . . . . . (713) 439-6141
Tobacco Prevention & Cessation. . . . . (713) 439-6115
WIC Program . . . . . (713) 407-5800
Harris County Rides. . . . . (713) 368-7433
HATCH . . . . . (713) 529-3590
HDHHS . . . . . (713) 794-9311
Bureau of HIV/STD & Viral Hepatitis . . . . . (713) 794-9092
HIV/STD Hotline . . . . . (713) 794-9020
Health Information Line (CDC) . . . . . (800) CDC-INFO
Hospice Care Team, Inc.. . . . . (409) 938-0070
Houston Area Community Services (HACS). . . . (713) 526-0555
Joseph Hines Clinic . . . . . (713) 426-0027
Houston Area Women's Center. . . . . (713) 528-6798
Houston Buyers Club . . . . . (713) 520-5288
Houston Community Voice Mail . . . . . (713) 739-7514
Houston Compass, Inc. . . . . (713) 229-8319
Houston Lawyer Referral Service, Inc. . . . . (713) 237-9429
Houston SRO Housing . . . . . (713) 526-9470
Houston Volunteer Lawyers AIDS Project . . . . . (713) 228-0735
Humble Area Assistance Ministries . . . . . (281) 446-3663
ID-Doctor.com . . . . . (832) 604-0005
Impact for Life Campus . . . . . (281) 855-0014
Inner Door Counseling & Rehab . . . . . (713) 278-8870
InnerWisdom Counseling & Wellness . . . . . (713) 592-9292
Interfaith CarePartners® . . . . . (713) 682-5995

# Pull-Out Phone Directory / *Guía Telefónica Portátil*

Intergroup Association, Inc. (AA) . . . . . (713) 686-6300
International Language Associates . . . . . (713) 206-0910
Jewish Family Service . . . . . (713) 667-9336
Joseph Hines Clinic (HACS) . . . . . (713) 426-0027
LAMBDA Center . . . . . (713) 521-1243
Lazarus House: A Center for Wellness . . . . . (713) 526-5071
LBJ General Hospital . . . . . (713) 566-5100
Legacy Community Health Services . . . . . (713) 830-3000
  Eye Clinic, Wellness Pgm . . . . . (713) 830-3033
  HIV & Syphilis Testing/Counseling . . . . . (713) 830-3070
  HIV Primary Medical Care . . . . . (713) 830-3087
  Medication/Insurance Assistance . . . . . (713) 574-9709
  Lyons Avenue Clinic . . . . . (713) 671-3041
LIVE Consortium . . . . . (713) 861-5483
Living without Limits, Living Large . . . . . (832) 545-5689
Lone Star Legal Aid . . . . . (713) 652-0077
Love INC (In the Name of Christ) . . . . . (281) 422-5683
Magnificat Houses-Morning Star Hostel . . . . . (713) 520-0461
Medco Medical Supply, Inc. . . . . (713) 956-5288
Memorial Assistance Ministries . . . . . (713) 468-4516
Memorial Hermann Hospitals . . . . . (713) 222-CARE
Memorial Hermann Prevention & Recovery . . . (713) 939-7272
Metro Health Services . . . . . (713) 777-9600
Michael E. DeBakey VA Medical Center . . . . . (713) 791-1414
Montrose Counseling Center, Inc.. . . . . (713) 529-0037
Morning Star Hostel . . . . . (713) 520-0461
Motherland, Inc.. . . . . (713) 290-0001
Mother's Touch Independent Care Home . . . . . (713) 410-2539
N.A.A.C.P.. . . . . (713) 526-3389
New Hope Counseling Center . . . . . (713) 776-8006
New Horizon Family Center . . . . . (281) 424-3300
Northshore Counseling Center . . . . . (713) 637-6000
Northwest Assistance Ministries . . . . . (281) 885-4555
Palmer Drug Abuse Program . . . . . (281) 589-4833
Path to Independence . . . . . (713) 688-7400
PAWS Houston . . . . . (713) 840-7297
Pet Bereavement Counseling Services . . . . . (713) 522-8344
Pet Patrol . . . . . (281) 733-7696
PFLAG Houston . . . . . (713) 46P-FLAG
Planned Parenthood . . . . . (800) 230-PLAN
Positive Brothers & Sisters Support Network . . (713) 454-7548
Positive Efforts . . . . . (713) 812-0044
Rehoboth Foundation . . . . . (713) 484-5850
Resurrection Metropolitan Community Church (713) 861-9149
Rosenberg-Richmond Helping Hands, Inc. . . . . (281) 232-4904
Salvation Army, Houston Area Command . . . . . (713) 658-9205
Santa Maria Hostel . . . . . (281) 657-0898
SEARCH . . . . . (713) 739-7752
SER Jobs for Progress . . . . . (713) 773-6000
Serenity Home Health . . . . . (713) 665-2992
Sign Language Accessible Interpreters . . . . . (713) 263-9670
Sign Shares . . . . . (713) 869-4373
Sisters of Serenity-Gene's House . . . . . (713) 738-4015
Social Security Administration . . . . . (800) 772-1213
Southeast Area Ministry . . . . . (713) 944-0093
Southeast Texas Legal Clinic . . . . . (713) 523-7852
SNAP - Animal Aid Program . . . . . (713) 862-3863
Special Treasures . . . . . (832) 215-6086
St. Hope Foundation . . . . . (713) 778-1300
  Bellaire Clinic . . . . . (713) 839-7111
  Conroe Clinic . . . . . (936) 441-2440
  Dental Clinic . . . . . (936) 441-2440
  Stafford Clinic . . . . . (281) 277-8572
  Fusion Program . . . . . (713) 523-0093
St. John Vianney Social Services . . . . . (281) 497-4434
St. Mary Magdalene Social Services . . . . . (281) 540-1907
St. Pius Catholic Church . . . . . (713) 473-9484
Texas Children's Hospital . . . . . (800) 364-KIDS
  Baylor International Pediatric AIDS Initiative (832) 822-1038
  Department of Allergy & Immunology . . . . . (832) 824-1319
  Department of Retrovirology . . . . . (832) 822-1038
Texas Community Transitional Center . . . . . (832) 527-8740
Texas Dept of Assistive & Rehabilitative Svcs (800) 628-5115
  Blind Division . . . . . (713) 948-7960
  Houston Regional Office . . . . . (713) 267-8510
  Vocational Rehabilitation (VR) Program . . . . (713) 866-7765
Texas Dept of Family & Protective Svcs . . . . . (800) 252-5400
  Abuse, Neglect & Exploitation Reporting . . . (800) 252-5400
  Report Abuse in MHMR Facilities . . . . . (800) 647-7418
  Runaway Hotline . . . . . (888) 580-HELP
  Youth Hotline . . . . . (800) 210-2278
Texas Department of State Health Services . . . (512) 458-7111
  HIV Medication Program (ADAP) . . . . . (800) 255-1090
  Star Health Plan Helpline . . . . . (800) 964-2777
Texas Medicaid Helpline . . . . . (800) 252-8263
Texas Prevention Network . . . . . (713) 981-6063
Thomas Street Health Center . . . . . (713) 873-4000
Triangle AIDS Network, Inc. . . . . (409) 832-8338
U of H Speech, Language & Hearing Clinic . . . (713) 743-0915
Unity Clinic . . . . . (832) 553-1345
University Eye Institute . . . . . (713) 527-8480
Unlimited Visions Aftercare . . . . . (713) 921-2276
UT Houston Health Science Center . . . . . (713) 500-6608
UT Substance Abuse Research Center . . . . . (713) 500-2800
VOA - McGovern Campus . . . . . (713) 692-8190
Warren Corporation, The . . . . . (713) 541-9777
Wellsprings Village, Inc. . . . . (713) 529-6559
West Heights House . . . . . (713) 864-1795
West Houston Assistance Ministries . . . . . (713) 977-7803
Windsor Village Social Services Dept. . . . . (713) 551-8792

# United Way Helpline
# *Línea Telefónica de Ayuda de United Way*

2-1-1 Texas/United Way HELPLINE is the nation's largest call center of its kind answering more than 575,000 calls last year. Our trained call specialists are good listeners, blending understanding and expertise to provide information and referrals drawn from a comprehensive database of social services. 2-1-1 is the place that always answers the call for help, 24 hours a day, 7 days a week, in many languages. Resources are extensive and include information about back-to-school and holiday programs, low-income tax preparation, elder services. 2-1-1 also serves as a primary point of contact during times of disaster.

When life's little problems are suddenly too big to manage alone, 2-1-1 Texas/United Way HELPLINE is the number to call.

You can also search the Helpline database online: **http://referral.uwtgc.org/** or email your inquiry the helpline: **helpline@unitedwayhouston.org**.

El 2-1-1 es el número telefónico de la Línea de Ayuda Texas/United Way y es el centro de ayuda más grande de la nación, contestando más de 575.000 llamadas el año pasado. Nuestros especialistas entrenados en llamadas son muy buenos oyentes, interpretando y entendiendo diversos temas y son expertos en proveer información y referencias proporcionadas por la base de datos comprensiva de los servicios social. 2-1-1 es el número telefónico en donde contestan las llamadas en busca de ayuda, 24 horas al día, 7 días a la semana y en varios lenguajes. Los recursos son extensivos e incluyen información sobre los programas para vuelta a la escuela, feriados, preparación de impuesto para personas de bajos ingresos y servicios para ancianos. El 2-1-1 también sirve como punto primario de contacto durante tiempo de desastre.

Cuando de repente los problemas de la vida son demasiado grandes para ser manejados solos, la Línea de Ayuda Texas/United Way 2-1-1 es el número para llamar.

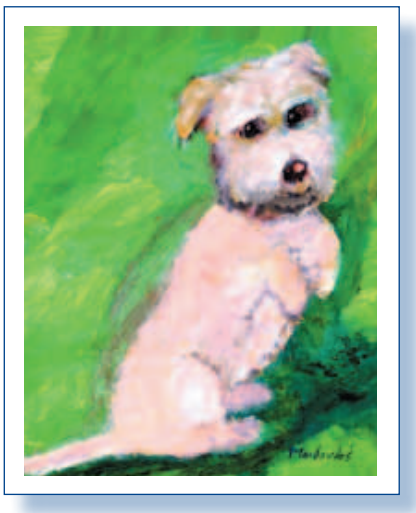
Asimismo, puede buscar la base de datos de la línea de ayuda en la red **http://referral.uwtgc.org/** o escriba su pregunta a través del correo electrónico al **helpline@unitedwayhouston.org**.

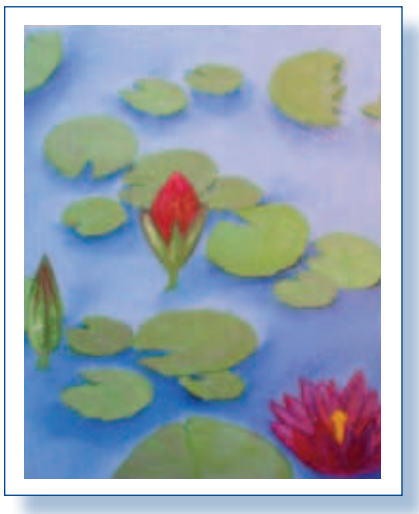
**If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:**

***Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:***

**The Office of Support for the Ryan White Planning Council**
2223 West Loop South, Suite 240; Houston, TX 77027
Phone: 713 572-3724 Fax: 713 572-3740 TTY: 713 572-2813
Email: FeedbackRWPC@hctx.net

# HOUSTON RESOURCE GUIDE
# HOUSTON GUIA DE RECURSOS





## The “Blue Book” El “Libro Azul”