

# HOUSTON RESOURCE GUIDE

The "Blue Book"

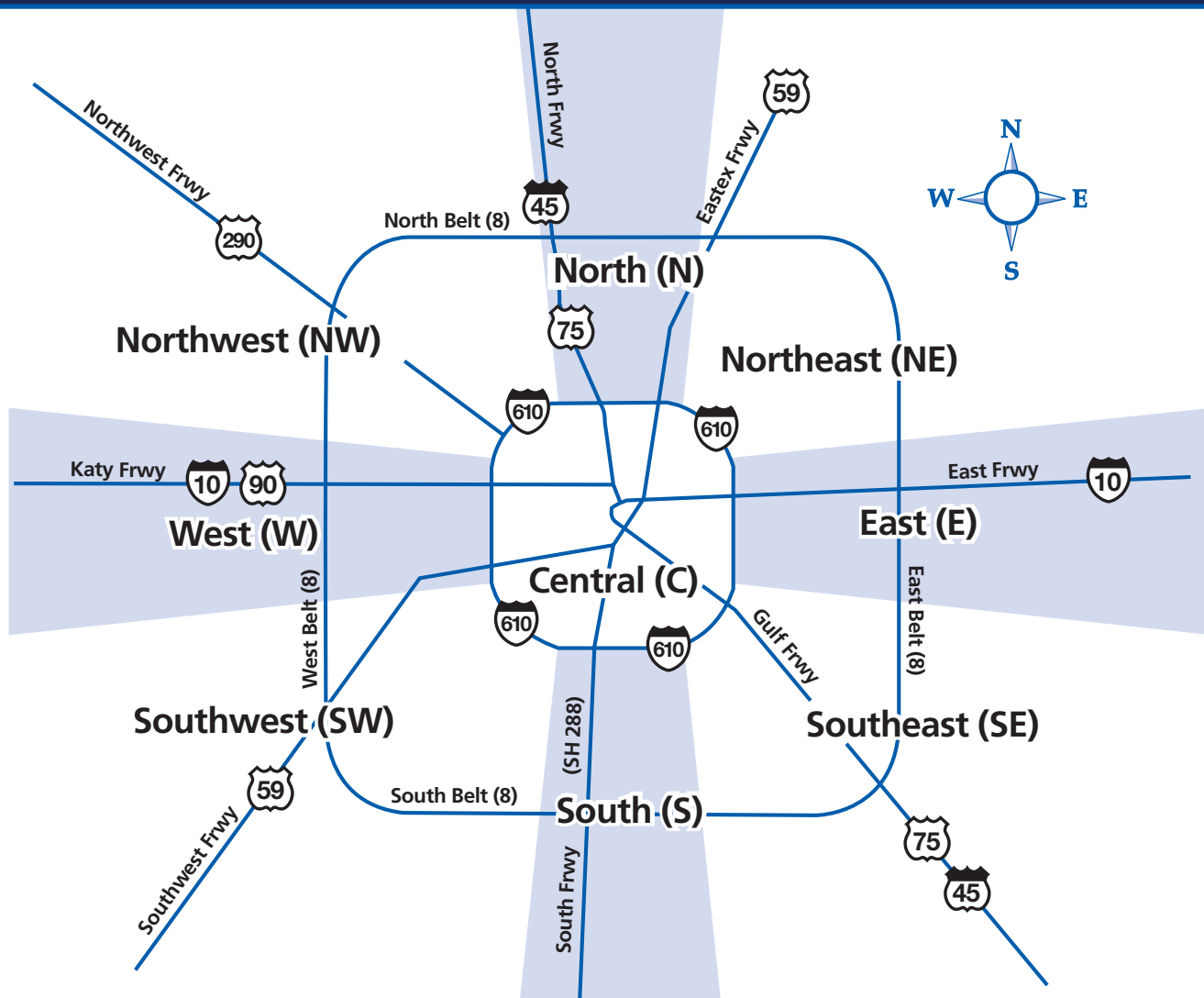
# HOUSTON GUIA DE RECURSOS

El "Libro Azul"



**2012 – 2013**  
**free / gratis**

# HOUSTON AREA MAP MAPA DEL ÁREA DE HOUSTON



## About the Blue Book...

The Houston area HIV/AIDS Resource Guide is a convenient source of information about services in the Greater Houston Area available to persons living with HIV/AIDS. This guide is not intended to be a directory of all agencies serving HIV+ persons. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council.

In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although we have done our best to provide accurate information, changes do occur, and what was correct when we went to print may no longer be correct at the time you are reading the guide.

We ask that you contact us at (713) 572-3724 or by e-mail at [feedbackRWPC@hctx.net](mailto:feedbackRWPC@hctx.net) if you have comments or suggestions for improving future additions. Be sure to check our website for updated information: [www.rwpchouston.org](http://www.rwpchouston.org).

## Acerca del Libro Azul...

*La Guía de Recursos VIH/SIDA de Houston es una conveniente fuente de información que refiere a los servicios en el área de Houston disponibles a las personas viviendo con el VIH/SIDA. Sin embargo, no se pretende que sea un directorio de todas las agencias sirviendo a las personas con el VIH y las inclusiones no implican endoso por parte del Concilio de Planificación Ryan White.*

*En la preparación de esta publicación hemos confiado en que las agencias mismas nos proveyeran de los datos concernientes a sus programas y servicios. Aunque nuestra intención es el de ofrecer al lector información precisa, algunos cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente.*

*Le solicitamos que nos llame al (713) 572-3724, o se comuniqué con nosotros a través de nuestro correo electrónico: [feedbackRWPC@hctx.net](mailto:feedbackRWPC@hctx.net) con sus comentarios o sugerencias a efecto de mejorar nuestras futuras ediciones. Visítenos a nuestro sitio del internet [www.rwpchouston.org](http://www.rwpchouston.org) para la información más actualizada.*

## New For 2012

This edition of the Blue Book includes a new section highlighting organizations that provide services to formerly incarcerated individuals and other information to help with the re-entry needs of recently released individuals.

See FORMERLY INCARCERATED RESOURCES beginning on page 35.

## How To Use This Guide

The legend below applies to the legend codes used for many services in this book. Additional codes may be used occasionally and are self-explanatory.

When looking for a particular service, use the TABLE OF CONTENTS on page 4. If you don't find the exact service, scan the table of contents to see if it might be included in another category.

The SERVICE CATEGORY sections list the agencies that provide each service. The Service Category sections list the agency name, phone number and legend codes. Use the HOUSTON AREA MAP (opposite page) to find the general area (North, South, East, etc) where the agency is located.

If you know the name of the agency you are looking for, refer to the ALPHABETICAL LISTING, beginning on page 89.

The PULL OUT PHONE DIRECTORY on the last page is perforated and can be removed for easy reference.

## Nuevo Para 2012

Esta edición del Libro Azul incluye una nueva sección saliente de organizaciones que proveen servicios a los individuos previamente encarcelados e información que ayude con las necesidades del reingreso de estos individuos recientemente liberados.

Vea RECURSOS PARA EL PREVIAMENTE ENCARCELADOS en la página 35.

## Como Usar Esta Guía

La tabla debajo indica a los códigos de la leyenda que son utilizados en la mayoría de los servicios incluidos en este libro. Asimismo, otros códigos obvios pueden que sean esporádicamente usados.

Cuando necesite buscar un tipo de servicio, refiérase a la TABLA DE CONTENIDO en la página 4. Si no encuentra el servicio exacto, indague en la tabla para ver si está incluido en una categoría diferente.

Las secciones de CATEGORÍA DE SERVICIOS clasifican las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON (en la página opuesta) para encontrar el área general (norte, sur, este, etc.) donde la agencia está ubicada.

Si sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO al inicio de la página 89.

La GUÍA TELEFÓNICA ubicada en la última página, está perforado y se puede ser removida del libro para uso portátil y de referencia fácil.

## LEGEND

- M** . . . . . Serves Men.
- W** . . . . . Serves Women.
- C** . . . . . Program for children, ages 0 – 12 (or age as specified).
- Y** . . . . . Program for youth, ages 13 – 24 (or age as specified).
- Fam** . . . . . Serves families with at least one child.
- All** . . . . . Serves all ages.
- Esp.** . . . . . Spanish speaking personnel available during office hours.
- Free** . . . . . At least one service provided for free, regardless of income.
- HIV+ only** . . . . . Program for persons with HIV/AIDS only.
- Ins** . . . . . Accepts private medical insurance.
- I/RR** . . . . . Serves those recently released from incarceration.
- Lim** . . . . . Limited availability of service.
- Med.** . . . . . Accepts Medicare and/or Medicaid.
- S\$** . . . . . Sliding scale used to determine fee.
- CD** . . . . . Program for chemical dependency.

## TABLA

- M** . . . . . Se atienden a hombres.
- W** . . . . . Se atienden a mujeres.
- C** . . . . . Programa para niños, 0 – 12 años.
- Y** . . . . . Programa para adolescentes, 13 – 24 años.
- Fam** . . . . . Se atienden a las familias con niños.
- All** . . . . . Servicios para toda persona.
- Esp.** . . . . . Personal que habla español disponible durante horas de oficina.
- Free** . . . . . Por lo menos un servicio gratis, sin importar ingreso.
- HIV+ only** . . . . . Programa para VIH+ solamente.
- Ins** . . . . . Aceptan seguro médico privado.
- I/RR** . . . . . Servicios para personas que se han dado de alta de la cárcel o prisión.
- Lim** . . . . . Disponibilidad limitada de servicio.
- Med.** . . . . . Se acepta Medicare y/o Medicaid.
- S\$** . . . . . Escala móvil utilizada para determinar costo.
- CD** . . . . . Programa para el abuso de sustancias.

# HOUSTON AREA HIV SERVICES RYAN WHITE PLANNING COUNCIL

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Dear Friends,

Welcome to the 2012-2013 edition of the Houston Area HIV/AIDS Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. Once again, we are pleased to bring you the most up-to-date information about HIV services in Harris and the surrounding counties.

The Office of Support for the Ryan White Planning Council has been responsible for producing this book for twelve years. We hope you will find the changes in format more helpful than ever. The Council and staff are continually working to bring improvements that will make future editions of the Blue Book even better.

As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. These meetings are open to the public and all who wish to participate in our process are welcome. Please contact the Office of Support at the address listed above for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary.

With best wishes,

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Estimados Amigos,

Bienvenidos a la edición 2012-2013 de la Guía de Recursos del VIH/SIDA del Área de Houston (el "Libro Azul"), publicado por el Concilio de Planificación Ryan White. Una vez más, estamos complacidos en ofrecerles la información al corriente sobre los servicios del VIH en el condado de Harris y los condados a su alrededor.

Este será duodécimo año en el cual la Oficina de Apoyo del Concilio de Planificación Ryan White ha tomado la responsabilidad de producir este libro. Esperamos que los cambios del formato les sean de mejor ayuda que nunca. El Concilio y su personal están trabajando arduamente para ofrecerles mayores innovaciones en el futuro.

Como siempre, los pedimos que cooperen con nosotros en proveer información precisa y cualquier dato útil para que esta guía de recursos sea efectiva y de fácil manejo. Por favor escriba, remita vía fax o llámenos para compartir sus ideas. También los alentamos a que hagan comentarios en las reuniones del Concilio. Estas reuniones están abiertas al público. Todas las personas interesadas en participar en este proceso son bienvenidas. Por favor, póngase en contacto con la Oficina de Apoyo, llamando al número mencionado arriba para la información sobre las reuniones.

Únase a nosotros en este trabajo para que en un día futuro esta guía de recursos ya no sea necesaria.

Saludos cordiales,



Morénike Giwa  
Chair, Ryan White  
Planning Council



Tori Williams  
Manager,  
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Diane Beck  
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Editor

## About the Artwork...

The artwork for the 2012-13 Houston Area HIV/AIDS Resource Guide has been generously provided by participants of the Adult Day Treatment Program at Bering Omega Community Services (BOCS).

Designer and illustrator Kermit Eisenhut leads a therapeutic art class for participants of the Day Treatment Program, which has become one of their favorite activities. Those who have given us permission to use their artwork are Marcus D. Carter, Earnestine Johnson, Arturo Salazar-Correa, Brenda Williams and Hilton Williams.

Artwork from past editions of the Blue Book provided by participants of the Healing Art Class at the Art League of Houston is also included throughout the guide from artists Raphael Rios, Gary, Kenneth Willet, Kevin White and Tammy Garrison (front cover).

We are very grateful to Kermit, Bering Omega Community Services, the Art League of Houston and the artists listed above for sharing their images and feelings with us for this publication.

For information about the Day Treatment Program see page 99, or contact Bering Omega Community Services at (713) 341-3750.

To learn more about the HIV+ and Cancer-Related Illnesses Healing Art Group see page 96, or contact the Art League of Houston at (713) 523-9530.

## Acerca de la Gráfica...

La gráfica en la Guía de Recursos VIH/SIDA 2012-13 del área de Houston ha sido generosamente proveída por los participantes del Programa Diurno de Tratamiento para Adultos del Servicio Comunitario Bering Omega (BOCS).

El diseñador e ilustrador Kermit Eisenhut dirige una clase de arte terapéutico, y es una de las actividades predilectas de dichos participantes. Entre los que permitieron la publicación de sus trabajos se encuentran Marcus D. Carter, Earnestine Johnson, Arturo Salazar Correa, Brenda Williams y Hilton Williams.

Las ilustraciones de ediciones pasadas del Libro Azul proveídas por los artistas Raphael Rios, Gary, Kenneth Willet, Kevin White y Tammy Garrison (portada) de la clase de arte curativa de la Liga de Arte de Houston están también incluidas en la guía.

Estamos agradecidos a Kermit, al Servicio Comunitario Bering Omega, a la Liga de Arte de Houston y a los artistas previamente mencionados por compartir con nosotros en esta publicación las imágenes y los sentimientos expresados a través del arte.

Para mayor información sobre el Programa Diurno de Tratamiento para Adultos vea la página 99, o póngase en contacto con el Servicio Comunitario Bering Omega al (713) 341-3750.

Para saber más acerca del grupo de arte curativo y las enfermedades relacionadas al VIH y al cáncer vea la página 96, o póngase en contacto con la Liga de Arte de Houston al (713) 523-9530.

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# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both. As with all listings in this guide, services and programs change, and only the agencies themselves can tell you whether or not you qualify.

*Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones. Como todos los recursos en esta guía, los servicios y programas cambian y solamente las agencias en sí pueden informarle si Ud. califica.*

AGENCY / AGENCIA	PHONE / TELÉFONO	LOCATION / UBICACIÓN	LEGEND / TABLA
<b>ADAP - Texas HIV Medication Program</b>	<b>(800) 255-1090</b>	<b>Statewide</b>	<b>Free, Esp</b>
Available to low-income, HIV-infected persons, this program covers the cost of many often-prescribed HIV medications. You will need your doctor's help to apply.			<i>Disponible para personas con bajos ingresos infectadas con el VIH, este programa cubre el costo de muchos medicamentos con recetas médicas para combatir el VIH. Necesitará la ayuda de su médico para solicitar este servicio.</i>
<b>The Center for AIDS Information &amp; Advocacy</b>	<b>(713) 527-8219</b>	<b>C (Montrose)</b>	<b>Free, Esp</b>
This is the only treatment and research information center in this region of the country. Their treatment specialists can help PLWH/A and service providers better understand treatments, explain medication regimens and give advice on what questions to ask doctors. They publish an excellent free treatment newsletter (RITA!).			<i>Este es el único centro de información en esta región del país sobre tratamientos e investigaciones. Sus especialistas pueden ayudar a las personas con el VIH/SIDA y a los proveedores de servicios a informarse sobre tratamientos, explicar sobre los regímenes de los medicamentos, y dar consejos sobre que preguntas hacer a los médicos. Publican un excelente boletín mensual gratis (RITA!).</i>
<b>Harris Co. Housing Resource Ctr</b>	<b>(713) 578-2055</b>	<b>Harris County</b>	<b>Free, Esp</b>
The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public- and private- sector programs dedicated to helping Harris County's homeless population.  Anyone can access the Housing Resource Center by calling the automated information line at 713-578-2055. They can also visit the Center's Web site at <a href="http://www.hrc.hctx.net">www.hrc.hctx.net</a> . The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages			<i>El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.  Para más información llame al Centro de Recursos para la Vivienda al 713-578-2055 o visite el sitio web al <a href="http://www.hrc.hctx.net">www.hrc.hctx.net</a>. La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.</i>

# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

### Legacy Community

#### Health Services' Co-Pay and Premium Assistance

**(832) 548-5120**

**(C) Montrose**

**Free, Esp**

This financial assistance program offers people living with HIV/AIDS assistance with HIV and non-HIV medication costs, ADAP co-pays and health insurance premiums, copays and deductibles.

*El programa de asistencia financiera ofrece ayuda con el pago de medicamentos, incluyendo los del VIH para las personas con el VIH/SIDA, los copagos de ADAP y los copagos, deducibles, y primas del seguro médico del paciente.*

### Link-Up-America/Lifeline

**(866) 454-8387**

**Statewide**

**Free, Esp**

These programs assist low-income individuals with the cost of setting up phone service and offer a monthly discount on basic service. Application for both programs can be made at the same time.

*Estos programas asisten a personas con bajo ingreso con el costo de la instalación del servicio telefónico y ofrecen un descuento mensual en el servicio básico. Se puede solicitar los dos programas a la misma vez.*

### LITE UP Texas

**(866) 454-8387**

**Statewide**

**Free, Esp**

Under LITE UP Texas (Low Income Telephone and Electric Utilities Program), qualified low-income customers currently receiving Medicaid and food stamps or with a household income at or below 125% of the federal poverty level receive a discount off of their monthly electric bill. This discount applies regardless of which electric service provider you use. You may also qualify if you receive certain benefits from the Texas Department of Human Services.

*Bajo LITE UP Texas (el programa de asistencia para el servicio telefónico y de electricidad), los clientes que tienen Medicaid y bonos de racionamiento o con bajos ingresos con un total que equivale o es menor al 125 por ciento del nivel federal de indigencia reciben un descuento en el costo mensual del uso de la electricidad. Este descuento se aplica sin importar que abastecedor de servicio se utilice. También puede calificar si recibe beneficios del Departamento de Servicios Humanitarios de Texas.*

### Next Step Program

**(713) 830-3075**

**(C) Montrose**

**Free, Esp**

Next Step is an educational workshop offered to HIV+ persons and their families. The workshop is free and includes immune system lab work, information on safer sex, disclosing your HIV status, approved therapies, nutrition and referrals to other services.

*Next Step es un taller educacional ofrecido a personas positivas con el VIH y a sus familias. El taller es gratuito e incluye varios análisis médicos, información sobre el sexo seguro, revelación del estado del VIH, terapias aprobadas, nutrición y referencias a otros servicios.*

### Operation I.D.

**(281) 833-3508**

**(C) Med Center Walk-in Only, Esp**

Assistance with obtaining photo ID and birth certificate; you must have an agency referral letter and co-pay (from agency or self-paid). Open Tuesday and Thursday, 9:00 a.m. to 11:30 a.m.

*Asistencia en obtener cédula de identidad con foto y certificado de nacimiento; debe presentar una carta de referencia de una agencia y un copago (de agencia o propio). Abierto martes y jueves, 9:00 a.m. a 11:30 a.m.*



# Important Resources Everybody Should Know

## Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

### Qualified Medicare Beneficiary (QMB) & Specified Low-income Medicare Beneficiary (SLMB) Program

**(713) 692-1635  
-or- (800) 252-9240**

**Statewide**

**Free, Esp**

The QMB program is federally mandated coverage for Medicare beneficiaries who have countable income of no more than 100 percent of the federal poverty level and who have limited resources. The state pays Medicare Part A & B premiums, Medicare deductibles, and Medicare co-insurance costs. Individuals may be eligible for both Medicaid and QMB benefits.

The SLMB program is a federally mandated coverage group that is an extension of the QMB group. Under this program, individuals are entitled only to the payment for Medicare Part B premium. Income must be more than 100% but less than 120% of the federal poverty level.

*El programa QMB es una cobertura asignada por mandato federal para los beneficiarios de Medicare que tengan ingreso contable de no más del 100 por ciento del nivel federal de indigencia y recursos limitados. El estado paga la prima de la parte A y B de Medicare, los deducibles de Medicare, y el costo de seguros de Medicare. Los individuos pueden ser elegibles para ambos beneficios - Medicaid y QMB.*

*El programa SLMB es una cobertura asignada por mandato federal y una extensión del grupo QMB. Bajo este programa, los individuos son elegibles solamente al pago de la prima de la parte B de Medicare. El ingreso contable debe ser más de 100% pero menos de 120% del nivel federal de indigencia.*



Art by Arturo



Art by Arturo

# Harris County Public Health Services, Ryan White Grant Administration

## CPCDMS Client Registration Process

All clients are required to register in the CPCDMS in order to be eligible for Ryan White Part A services. Listed below are the steps required to complete the registration. **Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.**

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Ryan White eligibility** (see below).
4. If the client provides **all necessary eligibility documentation** (HIV+ diagnosis, identity, residency, income), the agency serves client

NOTE: Part A primary care providers can only register/update clients receiving primary care from their primary care site.

### Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

#### Required Documentation

#### Acceptable Forms of Documentation

##### **HIV+ diagnosis<sup>1</sup>** **Acceptable signatories**

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician (**only acceptable by Harris County – Ryan White Grant Administration**)

- A computer-generated HIV+ laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed
- A statement or letter signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth (**valid for only 60 days from the start of services at the agency**).

**NOTE:** Proof of HIV+ diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV+ diagnosis must be presented at all agencies where services are accessed.

<sup>1</sup> For services available to non-HIV+ persons, documentation of the client's relationship to an HIV+ person and the HIV+ person's diagnosis must be provided.

## CPCDMS Client Registration Process

Required Documentation	Acceptable Forms of Documentation
<b>Verification of identity</b>	<ul style="list-style-type: none"><li>• Texas Driver's License (Primary &amp; Preferred ID)</li><li>• Texas Identification Card</li><li>• Texas Department of Corrections identification card</li><li>• Employment badge with picture</li><li>• Student ID with picture</li><li>• U.S. immigration documents with picture</li><li>• Credit card with picture</li><li>• Metro picture ID</li><li>• U.S. naturalization, citizenship, passport or other Federal documents with picture</li><li>• Driver's license or identification card issued by another US state</li><li>• A government-issued ID from a country other than the U.S.</li><li>• Birth certificate (cannot be used by married women)</li><li>• Social Security card</li><li>• Medicaid/Medicare card</li><li>• Letter on letterhead from another Social Service Agency</li><li>• Veterans Administration ID Card</li></ul>
<b>Verification of residency within funding source's catchment area</b>	<p>Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:</p> <ul style="list-style-type: none"><li>• Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)</li><li>• Current lease in the name of the client or listing the client as an occupant</li><li>• Property tax documents</li><li>• Utility/phone/cable/credit card bill in the name of the client</li><li>• Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility</li><li>• Business correspondence with the client's name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter</li><li>• Temporary agency affidavit signed and dated by client (valid for only 60 days from initial service date)</li><li>• Letter on Letterhead from a social service agency</li><li>• Supporter Statement with address and valid signature of client's supporter</li><li>• Payroll stub/copy of payroll check/bank statement - showing address</li></ul>

## CPCDMS Client Registration Process

### Required Documentation

### Acceptable Forms of Documentation

#### Verification of household income

All clients must be screened for financial eligibility for Ryan White Part A funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.<sup>2</sup>

Documentation of income must be provided for all members of the client's household.<sup>3</sup> Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.

Acceptable income documentation:

- Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)
- Payroll stub/copy of payroll check/bank statement showing direct payroll deposit
- Letter from employer on company letterhead indicating weekly or monthly wages
- Unemployment benefits letter/copy of check
- IRS 1040 form (tax return)/W2 form/1099 form
- Social Security award letter
- VA benefits letter
- Private disability/pension letter on company letterhead
- Medicaid letter
- Child or spousal support order with judge's signature and date
- Food stamp award letter (TANF: Temporary Aid to Needy Families)

The following documentation is acceptable only for clients claiming no income:

- Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)
- Proof of application for Social Security (valid for 6 months only)
- Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses
- Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification
- Homeless client: Verification letter on company letterhead from homeless services

<sup>2</sup> See the US Dept. of Health and Human Services Poverty Guidelines for the current year and the "Ryan White Federal Poverty Guidelines" table.

<sup>3</sup> As per Federal definition, a same sex spouse or partner is not considered to be a household member.

**CPCDMS Client Registration Process**

**RYAN WHITE REGISTRATION SITES**

<b>AGENCY</b>	<b>PHONE #</b>
<b>AIDS Foundation Houston</b> . . . . . (new and out of care clients only)	<b>(713) 623-6796</b>
<b>City of Houston</b> . . . . . (new and out of care clients only)	<b>(832) 393-5427</b>
<b>Fort Bend Family Health Center</b> . . . . .	<b>(281) 342-0529</b>
<b>Harris County Hospital District</b> . . . . .	<b>(713) 873-4165</b>
<b>Houston Area Community Services</b> . . . . .	<b>(713) 426-0027</b>
<b>Legacy Community Health Services</b> . . . . .	<b>(713) 830-3000</b>
<b>Montrose Counseling Center</b> . . . . .	<b>(713) 529-0037</b>
<b>St. Hope Foundation</b> . . . . .	<b>(713) 778-1300</b>
<b>UT Health Science Center</b> . . . . . (pediatrics)	<b>(713) 500-6443</b>
<b>Veteran’s Administration</b> . . . . .	<b>(713) 791-1414</b>

<b>Notes / Notas</b>

# Servicios de Salud Pública del Condado de Harris, Administración de Subsidios Ryan White

## Procedimiento de Registración del Cliente en el CPCDMS

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios de Ryan White – Parte A. A continuación están los pasos a seguir para completar la registración. **La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.**

5. El cliente firma el formulario del consentimiento para recibir servicios.
6. El personal de la agencia completa el formulario de registración con el cliente.
7. El personal de la agencia asesora al cliente para su elegibilidad a la **Ryan White** (vea a continuación).
8. Si el cliente provee **todas la documentación necesarias para la elegibilidad** (confirmación de diagnóstico del VIH, identidad, residencia, e ingreso), la agencia ofrece servicio al cliente.

**AVISO:** Los proveedores del cuidado primario de la **Parte A** pueden registrar/poner al corriente solamente a los clientes recibiendo cuidado primario en su localidad primaria.

### Requerimientos de elegibilidad

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

### Documentación requerida

### Tipos de documentación aceptables

#### Diagnóstico del VIH<sup>4</sup>

#### Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico (**aceptado solamente por el Condado de Harris – Servicios del VIH**)

- Un análisis de laboratorio del VIH+ elaborado por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso.
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento (válido solamente por 60 días del inicio del servicio en la agencia).

**AVISO:** La confirmación del diagnóstico del VIH **NO** tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.

<sup>4</sup> Para los servicios disponibles a personas sin VIH, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

## Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptable
<h3>Verificación de identidad</h3>	<ul style="list-style-type: none"> <li>• Licencia de conducir de Texas (Identificación primaria y preferida)</li> <li>• Cédula de identidad de Texas</li> <li>• Tarjeta de identidad del Departamento de Corrección de Texas</li> <li>• Tarjeta laboral con fotografía de identidad</li> <li>• Tarjeta estudiantil con fotografía</li> <li>• Documentos de inmigración de EEUU con fotografía</li> <li>• Tarjeta de crédito con fotografía</li> <li>• Tarjeta del Metro con fotografía</li> <li>• Documento de naturalización, ciudadanía, pasaporte u otro documento federal con fotografía</li> <li>• Licencia de conducir o tarjeta de identidad de otro estado de EEUU</li> <li>• Identificación gubernamental producida por otro país que no sea de EEUU</li> <li>• Certificado de nacimiento (no aceptable de mujeres casadas)</li> <li>• Tarjeta del Seguro Social</li> <li>• Tarjeta de Medicaid/Medicare</li> <li>• Carta con logo de otra agencia de servicios sociales</li> <li>• Tarjeta de identidad de la Administración de Veteranos</li> </ul>
<h3>Verificación residencial dentro de la zona de captación de los fondos</h3>	<p>Documentación de residencia de menores de edad es requerida de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:</p> <ul style="list-style-type: none"> <li>• Una copia valida y oficial de “verificación del sistema de CPCDMS” (solamente agencias que NO son poseedoras de registro del cliente)</li> <li>• Contrato de renta al día en nombre del cliente o que incluya al cliente como residente</li> <li>• Documentos de impuesto a la propiedad</li> <li>• Factura de electricidad/cable/tarjeta de crédito en nombre del cliente</li> <li>• Facturas de tarjeta de crédito en nombre del cliente</li> <li>• Carta con logo y firmada por el director de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria</li> <li>• Correspondencia de negocio con el nombre del cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid</li> <li>• Afidávit temporal de agencia firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)</li> <li>• Carta con logo de una agencia de servicios sociales</li> <li>• Declaración por escrito de persona que sostiene al cliente, con dirección y firma de tal</li> <li>• Pago salarial/copia del cheque salarial/cuenta bancaria con dirección del cliente</li> </ul>

## Procedimiento de Registración del Cliente en el CPCDMS

### Documentación requerida

### Tipos de documentación aceptable

## Verificación del ingreso familiar

Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Ryan White – Parte A. No se debe proveer servicios a cliente cuyo ingreso familiar sobrepasa el máximo establecido por el Concilio de Planeamiento Ryan White para cada categoría de servicio.

La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente. La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside.

Documentación de ingreso aceptable:

- Una copia valida y oficial de "verificación del sistema de CPCDMS" (solamente agencias que NO son poseedoras de registro del cliente)
- Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso
- Carta con logo escrita por el empleador indicando salario semanal o mensual
- Carta de beneficio de desempleo/copia del cheque
- Formulario del IRS 1040 (reembolso de impuesto) W2/1099
- Carta del beneficio del Seguro Social
- Carta de beneficio de la Administración de Veteranos
- Discapacidad privada/carta de pensión que incluya el logo de la compañía
- Carta de Medicaid
- Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez
- Carta de beneficio de estampillas para alimentos (TANF: Ayuda temporal a familias)

La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:

- Declaración temporal de una agencia, firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)
- Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses)
- Carta de beneficios de estampillas para alimentos
- Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia
- Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que lo mantiene, incluyendo cantidad y tipo de sustento (alojamiento, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo mantiene
- Cliente sin lugar donde vivir: Carta de verificación con logo del refugio/agencia para el desamparado

<sup>5</sup> Ver la guía de indigencia del año actual del Departamento de Salud y Servicios Humanitarios de EEUU y la tabla "Ryan White Federal Poverty Guidelines."

<sup>6</sup> Por definición federal, una pareja del mismo sexo no es considerada parte del círculo familiar.



**Procedimiento de Registración del Cliente en el CPCDMS**

**SITIOS DE REGISTRACIÓN RYAN WHITE**

**AGENCY**

**PHONE #**

**AIDS Foundation Houston** ..... **(713) 623-6796**  
(solamente clientes nuevos y sin cuidado médico)

**City of Houston** ..... **(832) 393-5427**  
(solamente clientes nuevos y sin cuidado médico)

**Fort Bend Family Health Center** ..... **(281) 342-0529**

**Harris County Hospital District** ..... **(713) 873-4165**

**Houston Area Community Services** ..... **(713) 426-0027**

**Legacy Community Health Services** ..... **(713) 830-3000**

**Montrose Counseling Center** ..... **(713) 529-0037**

**St. Hope Foundation** ..... **(713) 778-1300**

**UT Health Science Center** ..... **(713) 500-6443**  
(pediatría)

**Veteran’s Administration** ..... **(713) 791-1414**

**Notes / Notas**


## Client Rights / Derechos del Cliente

As a client at an agency receiving services funded by the Ryan White Program, you have the following rights:

- To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- To services that are considerate and respectful and free from abuse, neglect and exploitation.
- To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law.
- To communicate about your services in a language and format that you understand.
- To be informed of all agency rules and regulations related to your services.
- To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- To withdraw your consent for services and/or seek services at another agency and to do so without pressure or intimidation.
- To know the qualifications of the staff providing you with services.

Como cliente de esta agencia que recibe fondos del Programa "Ryan White", Ud. tiene los siguientes derechos:

- A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- A saber la calificación del personal que está ofreciéndole el servicio.

## Complaint Procedures / Procedimiento Para Reclamos

Certain services are funded by Ryan White Program funds administered by one of the entities listed below.

By contract, the agency providing the service is required to have a client complaint procedure. If you have questions on how to file a complaint regarding a Ryan White funded service, please call one of these two agencies:

**713 439-6089 English**  
**713 439-6095 Spanish**

**Or write to: O escriba a:**

**Harris County Public Health Services**  
**Ryan White Grant Administration**  
**2223 West Loop South, #417**  
**Houston, TX 77027**

Ciertos servicios son financiados por el Programa Ryan White y los fondos administrados por una de las siguientes entidades.

Bajo contrato, la agencia que provee el servicio debe tener un procedimiento a seguir para cuando surjan quejas del cliente. Si usted tiene preguntas acerca del procedimiento para registrar una queja sobre un servicio financiado por el Programa Ryan White, por favor llame:

**Reachelian Ellison,**  
**Consumer Relations Coordinator**  
**713 526-1016, Extension 104**  
**rellison@hivresourcegroup.org**

**Or write to: O escriba a:**

**Houston Regional HIV/AIDS Resource Group**  
**500 Lovett Boulevard, Suite 100**  
**Houston, TX 77006**

If your complaint remains unresolved after you have followed all procedures with the agency, you will be informed on how to file a formal grievance.

Si su queja no se ha resuelto después de haber tomado los pasos del procedimiento con la agencia, usted será informado de cómo registrar un agravio formal.

# Harris County Hospital District Eligibility

## Elegibilidad del Distrito Hospitalario del Condado de Harris

The Harris County Hospital District's mission is to improve our community's health by delivering high-quality healthcare to Harris County residents.

While medical care is not free at our facilities, there is financial assistance for those who qualify. Based on your household income, you may qualify for partial financial assistance on a sliding scale.

All HCHD patients are asked to make a minimum payment at the time of their hospital or clinic visit, except for pediatric and prenatal care visits. Service fees do not apply to patients in the Healthcare for the Homeless Program or other insurance plans. Insurance plan co-pays will be collected according to plan requirements.

La misión del Distrito de Hospital de Condado Harris es mejorar la salud de nuestra comunidad entregando la asistencia médica de alta calidad a residentes de Condado Harris.

Mientras la asistencia médica no es libre en nuestras instalaciones, hay ayuda financiera para aquellos que se licencian. Basado en sus ingresos de unidad familiar, usted puede tener derecho a la ayuda financiera parcial en una escala móvil.

A Todos los pacientes HCHD les piden hacer un pago mínimo en el momento de su visita de clínica o hospital, excepto visitas de cuidado pediátricas y prenatales. Los honorarios de servicio no se aplican a pacientes en la Asistencia médica para el Programa sin Hogar u otros proyectos de seguros. Las co-pagas de plan de seguros serán coleccionadas según exigencias de plan.

### How to Apply for Assistance

#### Fill out the application:

[www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english-2011.pdf)

Review the **What to Submit with Your Application** section (below) and attach copies of the requested documents.

You can mail your application or drop it off at an eligibility center (no appointment necessary):

HCHD Financial Assistance Program  
c/o Patient Eligibility Services Administration  
PO BOX 300488  
Houston, TX 77230

If you need assistance, please call the Eligibility Information Line at 713-566-6509.

### Cómo solicitar asistencia

#### Llene la solicitud:

[www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-and-instructions-spanish-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-and-instructions-spanish-2011.pdf)

Repase la sección (abajo) **Qué debo presentar con mi solicitud** y adjunte copias de los documentos solicitados.

Puede enviar su solicitud por correo o dejarlo en la oficina de elegibilidad (no necesita una cita para hacerlo):

HCHD Financial Assistance Program  
c/o Patient Eligibility Services Administration  
PO BOX 300488  
Houston, TX 77230

Si necesita asistencia, por favor llame a la línea de información de elegibilidad al 713-566-6509.

## Eligibility Centers / Centros de Elegibilidad

<b>Acres Home</b>	818 Ringold St., Houston, TX 77088	7:30 a.m. - 4:30 p.m.
<b>Southwest</b>	8901-B Boone Rd., Houston, TX 77099	8:00 a.m. - 4:30 p.m.
<b>East Mount Houston</b>	11737B Eastex Freeway, Houston, TX 77039	8:00 a.m. - 4:30 p.m.
<b>Southeast</b>	3550-A Swingle Rd., Houston, TX 77047	8:00 a.m. - 4:30 p.m.
<b>Strawberry</b>	925 Shaw Rd., Pasadena, TX 77506	7:30 a.m. - 4:30 p.m.

## Harris County Hospital District Eligibility *Elegibilidad del Distrito Hospitalario del Condado de Harris*

### **What to Submit with Your Application:**

*Please provide copies of the following documents with your application:*

#### **Identification (ID) (self and spouse)**

State-issued driver's license, state-issued ID card, current student ID with picture, current employee job badge with picture, passport with picture, U.S. Immigration documents with picture, credit card with picture, or foreign consulate ID card with picture. If a picture ID is not available, two of the following proofs may be used: birth certificate (not for married women), marriage license, Social Security card, other federal documents showing identity, hospital or birth records, adoption papers or records, voter's registration card, current wage stubs, Medicare card or current Medicaid.

#### **Proof of address**

One proof of address that shows your name or your spouse's name dated within the last 60 days:

Utility bills, school record for children under the age of 18, mortgage coupon, credit card statement, printout from IRS of most current year's tax filing, certification documents or benefit checks from Social Security Administration or Texas Workforce Commission, certification documents from SNAP (Supplemental Nutrition Assistance Program, formerly known as food stamps), Medicaid or Medicare, letter from recognized social services agency, business mail, statement from a licensed child care provider, Harris County Hospital District Residence Verification Form ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/residence-verification-english-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/residence-verification-english-2011.pdf)) completed by a non-related person not living in the same household (this form can only be utilized once).

**-OR-**

One proof of address that shows your name or your spouse's name dated within the past year:

Current lease agreements, Department of Motor Vehicles record, property tax documents, automobile insurance documents (non-expired), automobile registration or voter's registration card for current year.

### **Qué debe presentar con su solicitud:**

*Por favor presente copias de los siguientes documentos con su solicitud:*

#### **Identificación (propia y de su esposo/esposa)**

Tarjeta de licencia de conducir producido por el Estado, tarjeta de identidad producido por el Estado, tarjeta actual de identidad de estudiante con fotografía, placa laboral actual con fotografía, pasaporte con fotografía, documentos de inmigración de EEUU con fotografía, tarjeta de crédito con fotografía, o tarjeta de identidad de un consulado extranjero con fotografía. Si no dispone de un documento con fotografía, puede presentar dos de los siguientes documentos: certificado de nacimiento (no incluye a mujer casada), licencia de matrimonio, tarjeta del Seguro Social, otro documento federal que demuestre identidad, documento del hospital, incluyendo de nacimiento, documentos de adopción, tarjeta de votante, prueba actual de ingreso laboral, tarjeta Medicare o prueba actual de Medicaid.

#### **Comprobante de domicilio**

Un comprobante de domicilio con su nombre o el de su esposo/esposa con fecha de no más de 60 días pasados: cuenta de luz/gas residencial, cupón de hipoteca, documento escolar de niño/niña menor de 18 años de edad, cuenta de tarjeta de crédito, documento de impuesto federal del IRS del año pasado, documento/carta de la oficina del Seguro Social (SSA) o prueba del cheque de SSA o de la Comisión Laboral de Texas (Texas Workforce Commission), prueba/certificado de SNAP (anteriormente estampillas de comida, food stamps), Medicaid o Medicare, carta de una agencia conocida, carta de un negocio, carta de una guardería con licencia, formulario de verificación de domicilio de Harris County Hospital ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/residence-verification-spanish-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/residence-verification-spanish-2011.pdf)). El formulario debe ser llenado por una persona no relacionada con usted y que no reside en su domicilio (este formulario puede ser utilizado una sola vez).

**-O-**

Un comprobante de domicilio que demuestre su nombre o el de su esposa/esposo con fecha de no más de un año pasado:

Contrato de renta actual, documento del departamento de vehículos, documento de impuestos de propiedad, documento de seguro de vehículo actual, registración de vehículo o tarjeta de registración de votante actual.

## Harris County Hospital District Eligibility *Elegibilidad del Distrito Hospitalario del Condado de Harris*

### **Proof of income for the past 30 days for each household member 18 or older**

Current check stubs, child support, current IRS 1040/1040A tax return (all pages) if self-employed, Harris County Hospital District Statement of Self Employment Income Form ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/self-employment-income-statement-english-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/self-employment-income-statement-english-2011.pdf)) for client who does not file income tax, Harris County Hospital District Wage Verification Form ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/wage-verification-english-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/wage-verification-english-2011.pdf)) (for cash and personal check wages only), Social Security, Retirement or Veteran Affairs letter or check, unemployment benefit records or Harris County Hospital District Statement of Support Form ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/support-statement-english-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/support-statement-english-2011.pdf)) if there is no income.

As a new requirement for completion of your HCHD Eligibility, every household member over the age of 18 must sign the Authorization to Release Confidential Unemployment Insurance Employee Records, which will allow HCHD to check TWC information.

### **Dependent proof for household members**

Birth certificate, baptismal record, proof of full time school enrollment for students ages 18 to 26, Social Security Award letter with dependents' names, school documents or insurance documents showing names of parent and child, U.S. Immigration applications with dependents' names, divorce or child support decree, baby's Popras form, birth fact record, or hospital arm-band for infants under 90 days old, current Medicaid or death certificate for previous household members.

### **Immigration status for each household member**

You must bring current or expired documents from the U.S. Citizenship and Immigration Services.

### **Comprobante de ingreso de los últimos 30 días de cada miembro mayor de 18 años de edad viviendo en la casa.**

Comprobante de ingreso actual, sustento debido al menor, planilla actual de declaración de impuestos 1040/1040<sup>a</sup> de IRA (todas las páginas) si trabaja independientemente, formulario de Ingreso del Distrito de Hospital Harris County declarando ser económicamente independiente (Harris County Hospital District Statement of Self Employment Income Form) ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/self-employment-income-statement-spanish-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/self-employment-income-statement-spanish-2011.pdf)) para clientes quienes no registran ingreso, Harris County Hospital District Wage Verification Form ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/wage-verification-spanish-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/wage-verification-spanish-2011.pdf)) para los que reciben ingreso en efectivo o por cheque, Seguro Social, jubilación o carta/cheques de la Administración de Veteranos, documento que indica beneficios de desempleo o formulario de declaración de sustento (Harris County Hospital District Statement of Support Form) ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/statement-of-support-spanish-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/statement-of-support-spanish-2011.pdf))

Debido a un nuevo requisito en el proceso de la elegibilidad de HCHD, cada miembro en la casa mayor de 18 años de edad debe firmar un documento autorizando la revelación de información confidencial sobre el seguro de la persona desempleada, lo cual permitirá a HCHD verificar información con TWC (la Comisión Laboral de Texas).

### **Comprobante de miembros dependientes en la casa**

Certificado de nacimiento, registro de bautismo, comprobante de inscripción escolar de estudiantes de 18 a 26 años de edad, documento escolar o de seguro que muestra nombres de los padres e hijos, solicitud de inmigración de EEUU con los nombres de los dependientes, orden judicial de divorcio o sustento debido al menor, forma Popras del bebé, documento de hechos de nacimiento, o la tira de muñeca del hospital para el bebé menos de 90 días de edad, certificado actual de Medicaid o de fallecimiento de un miembro previo de la casa.

### **Estado de inmigración de cada miembro de la casa**

Debe presentar documentos actuales o vencidos de la oficina de Servicios de Ciudadanía de EEUU e Inmigración.

## Harris County Hospital District Eligibility Elegibilidad del Distrito Hospitalario del Condado de Harris

**Healthcare coverage\* for each household member**  
Please bring current proof of Medicaid, CHIP, CHIP Perinatal, Medicare or other health insurance.

*\*You must apply for CHIP, CHIP Perinatal, Medicaid, TANF (Temporary Assistance for Needy Families) or SSI (Supplemental Security Income) benefits if you qualify.*

### Resources for Medicare patients

You must provide a Medicare Asset Form ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/medicare-assets-english-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/medicare-assets-english-2011.pdf)) and proof of your current resources and liabilities (all pages of bank statements, credit card bills, loans, etc.).

**Cobertura del Cuidado de la Salud para cada miembro en la casa**

Por favor traiga comprobante actual de Medicaid, CHIP, CHIP Perinatal, Medicare u otro seguro de salud.

*\*Debe solicitar beneficios de CHIP, CHIP Perinatal, Medicaid, TANF (Asistencia Temporal para Familias Necesitadas) o SSI (Ingreso Suplementario de Seguro) si califica.*

### Recursos para pacientes de Medicare

Debe presentar el formulario de Posesión de Medicare ([www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/medicare-assets-spanish-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/medicare-assets-spanish-2011.pdf)) y comprobante de sus recursos y obligaciones actuales (todas las páginas de la declaración bancaria, cuenta de tarjetas de crédito, prestamos, etc.).



Art by Gary

# Case Management / Administración de Casos

Community case management, medical case management and service linkage services are available to low income HIV infected persons to make them aware of the services available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. Persons who think they need case management can call the agencies listed below. Proof of HIV status will be required.

La administración comunitaria y médica de casos, y el servicio de enlace ayudan a las personas de bajos ingresos infectadas con el VIH a informarse acerca de los servicios disponibles. Los administradores asisten a los clientes a desarrollar la habilidad necesaria para acceder por sí mismos a estos servicios. Si usted necesita de este servicio llame a una de las agencias mencionadas aquí. Se requiere presentar un comprobante del diagnóstico del VIH.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
<b>AAMA Minorities Action Program</b>	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Free, Walk-ins, CD, Esp . . . . .	96
<b>AFH - Get Started</b>	(713) 623-6796	(C)	<b>HIV+ only</b> . . . . .	91
<b>AFH - Positive Link</b>	(713) 623-6796	(C)	<b>HIV+ only</b> , W, C, Y, Free, Walk-ins. . .	92
<b>AFH - Positive Vibe</b>	(713) 623-6796	(C)	<b>HIV+ only</b> , Y (ages 13-24), Free, Referral req . . . . .	92
<b>AIDS Coalition of Coastal Texas</b>	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	90
<b>Brazoria Co. Center for Independent Living</b>	(979) 849-7060	(S) Angleton	All, Disabled, Free . . . . .	124
<b>Catholic Charities AIDS Ministry</b>	(713) 227-9981	(C) Midtown	Adults, Fam, Free, Walk-ins, <b>HIV+ only</b> , I/RR, Immigrants, Esp. . .	102
<b>Change Happens! RESCUE in Motion</b>	(713) 374-1225	(C) Third Ward	W, Homeless, Disabled, Appt req . .	103
<b>Change Happens! RESCUE in Motion 4-Him</b>	(713) 374-1234	(C) Third Ward	M, Homeless, Disabled, Appt req, Free . . . . .	104
<b>Change Happens! STAIRS Program</b>	(713) 374-1227	(C) Third Ward	M, W, Free, Appt req, CD, Formerly chronically homeless. . .	104
<b>Combined Community Action</b>	(979) 540-2980	(NW) Giddings	All, Free, Appt/Walk-ins, Lim, Income-based eligibility, Esp . . . . .	106
<b>Covenant House Texas</b>	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Walk-ins, Parenting/pregnant moms under 21, Esp. . . . .	106
<b>Family Services of Greater Houston - Central Office</b>	(713) 861-4849	(C) Memorial Pk/ Washington	All, S\$, Ins, Med, CHIP, Appt pref/Walk-ins, Esp . . . . .	110
<b>Family Services of Greater Houston - Montgomery Co.</b>	(713) 861-4849	(N) Woodlands	All, S\$, Ins, Med, CHIP, Appt pref/Walk-ins, Esp . . . . .	110
<b>Fort Bend Center for Independent Living</b>	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free . . . . .	124
<b>Ft. Bend Family Health Center -HIV Program</b>	(281) 342-4530	(SW) Richmond	Adults, <b>HIV+ only</b> , Walk-ins, S\$, Med, Colorado Co. indigent care, RW Part B . . . . .	111
<b>GCCSA-Central Service Center</b>	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
<b>GCCSA-JD Walker Multi-Service Center</b>	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
<b>Gulf Coast Center Recovery Program</b>	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD . . . . .	114
<b>HCHD - Adolescent Program</b>	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp . . .	116
<b>HCHD - Northwest Community Health Center</b>	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	117
<b>HCHD - Thomas Street Health Center</b>	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Esp . . . . .	117
<b>HCHD - Women's Program</b>	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp. . .	118
<b>Houston Area Community Services (HACS)</b>	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp . . . . .	122

## Case Management / Administración de Casos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free . . . . .	123
MCC-Incarcerated Outreach/Discharge Planning	(713) 529-0037	(C) Montrose	M, W, I/RR, Free, <b>HIV+ only</b> , CD . . .	133
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free . . . . .	131
Michael E. DeBakey VA Medical Center	(713) 794-7288	(C) Medical Center	Veterans, Walk-ins, Income-based eligibility, CD. . . . .	132
Montrose Counseling Center, Inc. (MCC)	(713) 529-0037	(C) Montrose	All, M, W, Fam, I/RR, Free, Walk-ins, <b>HIV+ only</b> , CD . . . . .	133
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	All, M, W, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Walk/Appt Req, <b>HIV+ only</b> , Esp . . . . .	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp . . . . .	150
UT Houston Health Science Center	(713) 500-6443	(C) Medical Center	Fam, Free, Med, Appt Req, <b>HIV+ only</b> , Esp . . . . .	152

### MEDICAL CASE MANAGEMENT / ADMINISTRACIÓN DE CASOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Legacy Community Health Services	(713) 830-3000	(C) Montrose	Adults (18 & up), <b>HIV+ only</b> , Appt/Walk-ins . . . . .	128
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp . . . . .	122
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Walk-ins, Income-based eligibility, CD. . . . .	132
Montrose Counseling Center	(713) 529-0037	(C) Montrose	All, I/RR, Walk-ins, <b>HIV+ only</b> , Free, CD . . . . .	133
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Walk-ins/Appt, Esp, <b>HIV+ only</b> . . . . .	144
Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Esp . . . . .	117

## Chemical Dependency Treatment Tratamiento de la Dependencia de Sustancias

For people living with HIV/AIDS, the use of alcohol and drugs can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. Frequently the help is free of charge. Call today for more information.

El uso del alcohol y drogas puede debilitar el cuerpo de las personas infectadas con el VIH/SIDA. Afortunadamente, hay ayuda para cualquiera que desee estar libre del alcohol y drogas. Frecuentemente, la ayuda es gratuita. Llame para más información.

### 12-STEP PROGRAMS & SUPPORT GROUPS / PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Addicts Can be Disciples Too	(713) 529-2840	(C) Third Ward	All, S\$, Appt/Referral required, CD . .	89
AFH - Project LifeRoad	(713) 623-6796	Central	<b>HIV+ only</b> . . . . .	92
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD . . . . .	113
LAMBDA Center	(713) 521-1243	(C) Montrose	Adults . . . . .	127
Memorial Hermann Prevention & Recovery	(713) 939-7272	(NW) Spring Shadows	Adults, Y, Flat fee, Ins, Private Pay, Walk-ins, CD . . . . .	131



## Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

### 12-STEP PROGRAMS & SUPPORT GROUPS / PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Palmer Drug Abuse Pgm (PDAP)	(281) 589-4833	Multiple Locations	Y (12-17 & 18-25 yrs), Free, Walk-ins, CD . . . . .	135
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/Walk-in, Referral req . . . . .	149
Virtuous Women in Action	(281) 594-1655	(NE) Jensen	W, Homeless, CD, I/RR, <b>HIV+ only</b> , Free, S\$, Walk-ins . . . . .	152

### DETOX / DESINTOXICACIÓN

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Gulf Coast Center - Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD . . . . .	114
Memorial Hermann Prevention & Recovery	(713) 939-7272	(W) Spring Shadows	Adults/adolescents, Flat fee, Ins, Private Pay, Walk-ins, CD . . . . .	131

### IN HOSPITAL / EN EL HOSPITAL

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
DAPA Acute Inpatient Program	(713) 783-8889	(C) Medical Center	M, W, Fam, CD, I/RR. . . . .	108
Memorial Hermann Prevention & Recovery	(713) 939-7272	(W) Spring Shadows	Adults/adolescents, Flat, Ins, Private Pay, Walk-ins, CD. . . . .	131

### OUTPATIENT / PACIENTE EXTERNO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . . .	97
Adult Rehabilitation Services	(713) 541-4422	(SW) Sharpstown	M, W, CD . . . . .	89
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp . . . . .	101
Career and Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . .	102
DAPA Intensive Outpatient Program	(713) 783-8890	(SW) Woodlake	M, W, Fam, CD, I/RR . . . . .	108
FLAS - Un Nuevo Amanecer	(713) 772-2366	(SW) Sharpstown	Y (age 12-17, older if in high school), Free, Esp. . . . .	112
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD . .	114
HACS Behavioral Health Services	(713) 426-0027	(C) Timbergrove	Adults, S\$, Ins, Med, Appt req, Esp. . . . .	122
Memorial Hermann Prevention & Recovery Ctr	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Flat fee, Ins, Private Pay, Walk-ins, CD . . . . .	131
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Walk-ins, income-based eligibility, CD . . . . .	132
Montrose Counseling Center	(713) 529-0037	(C) Montrose	All, I/RR, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	133
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, private pay, Ins . . . . .	134
Santa Maria Hostel	(281) 691-0900	(N) Eastex/Jensen	W, W with C, I/RR, CD, Free, Appt Req . . . . .	140
UT Substance Abuse Research Center	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, I/RR. . . . .	152

## Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

### RESIDENTIAL / RESIDENCIAL

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M, S\$, Appt req, <b>HIV+ only</b> , CD, Esp . . . . .	89
AAMA	(713) 926-4756	(C) Lawndale	M, W, Y, Free, Walk-ins, Esp, CD . .	97
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-in, Waiting list, CD, Esp . . . . .	101
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD . . . . .	113
Memorial Hermann Prevention & Recovery Center	(713) 939-7272	(C) Medical Center	M, W, Y, Flat, Ins, Private Pay, Walk-ins, CD . . . . .	131
Santa Maria Hostel	(281) 691-0900	(N) Eastex/Jensen	W, W with C, I/RR, CD, Free, Appt Req . . . . .	140
Star of Hope Men's Development Center	(713) 227-8900	(C) Downtown	M, Homeless, Free, Lim, Walk-ins, CD . . . . .	146
Texas House	(713) 956-6337	(NW) Oak Forest	M, Homeless, CD, Appt/Walk-ins, Free . . . . .	149

## Children's Services / *Servicios para Niños*

Children with HIV have special needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.

Los niños con el VIH tienen necesidades especiales. Houston ofrece servicios médicos y sociales para estos niños y sus familiares a un bajo costo o gratuitos. Aunque muchas de las agencias incluidas en esta guía pueden ayudar, las siguientes agencias tienen programas especiales para niños.

### CHILD DAY CARE / CUIDADO DE NIÑOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH - Growing Young Minds (G.Y.M.)	(713) 623-6796	(C) Various	C (ages 0-12), Free, Lim . . . . .	92
House of Tiny Treasures Childcare Center	(713) 923-7938	(C) East End	C (1 to 5 yrs). . . . .	141
Texas Child Care Information	(800) 862-5252	Statewide	All, Free . . . . .	148
West Houston Assistance Ministries, Inc.	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp . . . . .	152

### MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Med, <b>HIV+ only</b> . . . . .	147
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp. . .	99
Care Group of Texas Pediatric Nursing & Rehab	(713) 383-2100	(C) Astrodome/ South Loop	Ages 0-21 years, Med, Medicaid Managed Care, Private Pay, Ins, Esp. . . . .	102
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Children with Special Health Care Needs (CSHCN)	(888) 963-7111	Statewide	C, Y, Free . . . . .	149
Colby D Healthcare Pediatric Home Health	(832) 563-4970	(SW) Westwood	Ages 0-21, Med, Esp . . . . .	105
Ft. Bend Family Health Center, Inc.	(281) 342-4530	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. indigent care, RW Part B . . . . .	111

# Children's Services / Servicios para Niños

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Ft. Bend Family Health Center-Waller	(281) 822-4235	(W) Brookshire	All, Appt/Walk-ins, S\$, Med, Esp. . .	111
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp . . . . .	122
Legacy Southwest Clinic	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp . . . . .	128
Medcare Pediatric Rehab Center	(713) 773-5100	(SW) Stafford	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(E) Northshore	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5120	(N) Spring	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 995-9292	(SE) Pasadena	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp . . . . .	133
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp . . . . .	135
PSA Healthcare	(832) 325-1280	(C) Bellaire	C/Y (ages 0-18), Med, Ins, Appt req, Esp . . . . .	139
TX Children's Allergy & Immunology Dept	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Med, Esp. . . . .	147
TX Children's Retrovirology Clinic	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Med, <b>HIV+ only</b> . . . . .	148
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt Req, <b>HIV+ only</b> , Esp . . . . .	152

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH - Camp Hope	(713) 623-6796		<b>HIV+ only</b> , C (ages 7-15), Application . . . . .	91
Care Group of Texas Pediatric Nursing & Rehab	(713) 383-2100	(C) Astrodome/ South Loop	Ages 0-21 years, Med, Medicaid Managed Care, Private Pay, Ins, Esp. .	102
Casa de Esperanza de los Niños, Inc.	(713) 529-0639	(C) Medical Center	C, Free, Esp. . . . .	102
Change Happens! RESCUE Program	(713) 374-1252	(C) 3rd Ward & Acres Home	All, Appt req, Free, CD . . . . .	104
Children with Special Health Care Needs (CSHCN)	(800) 862-5252	Statewide	C, Y, Free . . . . .	149
DePelchin Children's Center	(713) 730-2335	(C) Memorial Park/ Washington Ave.	C, Y (ages 13-18), S\$, Med, Ins, CHIP, Appt Req . . . . .	108
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	All, M, W, Fam, Free, Walk-ins. . .	109
Ft. Bend Family Health Center, Inc.	(281) 342-4530	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. indigent care, RW Part B . . . . .	111
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt Req, Walk-ins, Esp . . . . .	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt Req, Walk-ins, Esp . . . . .	115
Harris County Public Health WIC Program	(713) 407-5800	Various	Free, Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp . . . . .	119
Hospice Care Team Bereavement Services	(409) 938-0070	(SE) Texas City	All, Free Appt req . . . . .	122

## Children's Services / Servicios para Niños

### SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	All, Fam, Free. . . . .	125
Medcare Pediatric Rehab Center	(713) 773-5100	(SW) Stafford	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp. . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(E) Northshore	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp. . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5120	(N) Spring	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp. . . . .	130
Medcare Pediatric Rehab Center	(713) 995-9292	(SE) Pasadena	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp. . . . .	130
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt req, CD . . . . .	132
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Appt req, Esp. . . . .	134
Presbyterian Children's Home and Services	(713) 721-2908	(SW) Willow Meadows/Willow Bend	All, Free . . . . .	138
PSA Healthcare	(832) 325-1280	(C) Bellaire	C/Y (ages 0-18), Med, Ins, Appt req, Esp. . . . .	139
Texas Runaway Hotline	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp. . . . .	148
Texas Youth Hotline	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp. . . . .	149

## Clinics / Clínicas

Obtaining quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through the Harris County Hospital District (HCHD) at the Northwest Community Health Center and at the Thomas Street Health Center. New HCHD patients must go through an eligibility process before seeing a doctor (See page 17 for information on how to apply). The Michael E. DeBakey Veteran's Administration Medical Center offers HIV care to veterans. There are clinics located in the rural areas for those living outside Harris County.

El obtener tratamiento médico de alta calidad es muy importante. Los residentes del Condado Harris que no tienen seguro médico o tienen recursos limitados pueden obtener tratamiento del VIH a través del Distrito de Hospitales del Condado Harris (HCHD) en Northwest Community Health Center y en Thomas Street Clinic. Los pacientes nuevos deben empezar con el proceso de elegibilidad antes de ver al médico. (Ver página 17 para más información de cómo inscribirse). El Centro Médico de la Administración de Veteranos ofrece cuidado del VIH para veteranos. Las personas que viven fuera del Condado Harris pueden ir a clínicas en áreas rurales que ofrecen cuidado médico del VIH.

### HIV CLINICS / CLÍNICAS DEL VIH

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Med, <b>HIV+ only</b> , Esp. . . . .	147
Ft. Bend Family Health Center	(281) 342-4530	(SW) Richmond	Adults, <b>HIV+ only</b> , Walk-ins, S\$, Med, Colorado county indigent care, RW Part B . . . . .	111
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp. . . . .	116
HCHD - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/ Walk-ins, <b>HIV+ only</b> . . . . .	117
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp. . . . .	117

## Clinics / Clínicas

### HIV CLINICS / CLÍNICAS DEL VIH

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt Req, Walk-ins, Esp . . . . .	117
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp. . .	118
Harris Co. Sheriff's Office Early Intervention Svcs	(713) 755-9252	(C) Downtown	M, W, Free, <b>HIV+ only</b> Incarcerated, Esp . . . . .	121
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp . . . . .	122
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Michael E. DeBakey VA Medical Center	(713) 794-7288	(C) Medical Center	M, W, Veteran, Walk-ins, eligibility based on income, CD. . . . .	132
St. Hope Foundation Bellaire Clinic	(713) 839-7111	(C) Bellaire	All, <b>HIV+ only</b> , I/RR, Free, Med, Ins, Appt req, Esp . . . . .	145
St. Hope Foundation Conroe Clinic	(936) 441-2440	(N) Conroe	All, <b>HIV+ only</b> , I/RR, Free, Med, Ins, Appt req, Esp . . . . .	145
St. Hope Foundation Stafford Clinic	(281) 277-8572	(SW) Stafford	All, <b>HIV+ only</b> , I/RR, Free, Med, Ins, Appt req, Esp . . . . .	146
TX Children's Hosp- Allergy & Immunology Dept.	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Med, Esp . . . . .	147
TX Children's Hosp- Retrovirology Clinic	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Medicaid, <b>HIV+ only</b> , Esp . . . . .	148
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp . . . . .	150
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Medicaid, Appt Req, <b>HIV+ only</b> , Esp . . . . .	152

### OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AAMA Family Health Clinic	(713) 967-6700	(C) Lawndale	M, W, Y (ages 13+), Free, Walk-ins, Esp, CD. . . . .	97
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-ins, S\$, Med, Ins, Esp . . . . .	99
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	Appt Req, Esp . . . . .	111
Ft. Bend Family Health Center	(281) 342-4530	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. Indigent Care . . . . .	111
Ft. Bend Family Health Center-Waller	(281) 822-4235	(W) Brookshire	All, Appt/Walk-ins, S\$, Med, Esp. . .	111
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med . . . . .	116
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	All, Fam, Free, S\$, Med, Walk-ins. . .	116
HCHD - Baytown Health Center	(281) 427-6757	(E) Baytown	All, Walk-ins, Free S\$, Med . . . . .	116
HCHD - Casa de Amigos Health Center	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free S\$, Med . . . . .	116
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free S\$, Med . . . . .	117
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free S\$, Med . . . . .	117

## Clinics / Clínicas

### OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp . . . . .	117
HCHD - Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free S\$, Med . . . . .	117
Harris County Antoine Health Clinic	(713) 602-3300	(NW) Inwood Forest	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Baytown Health Clinic	(281) 427-5195	(E) Baytown	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Humble Health Clinic	(281) 446-4222	(N) Humble	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Southeast Health Clinic	(713) 740-5000	(SE) Pasadena	All, S\$, Ins, Med, Appt req, Esp . .	119
Healthcare for the Homeless - Cathedral Clinic	(713) 276-3073	(C) Downtown	All, Homeless, Free, Walk-in, Med . . . . .	121
Healthcare for the Homeless - SEARCH Clinic	(713) 276-3073	(C) Midtown	All, Homeless, Free, Walk-in, Med . . . . .	121
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp . . . . .	122
Houston Humane Society -Burnie's Buddies	(713) 433-6421	(S)	<b>HIV+ only</b> , Free, Referral Req, Esp . . . . .	124
Legacy Baker - Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp . . . . .	127
Legacy Montrose Clinic	(832) 548-5000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Southwest Clinic	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp . . . . .	128
Medcare Pediatric Rehab Center	(713) 773-5100	(SW) Stafford	C, Y, S\$, Med, Private Pay, Ins, Appt req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(E) Northshore	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5120	(N) Spring	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 995-9292	(SE) Pasadena	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp . . . . .	133
Planned Parenthood Gulf Coast	(800) 230-PLAN	Various	Call to be connected to a clinic near you . . . . .	138
Primary Health Network of S. TX -Dr. Hunter A. Hammill	(713) 799-8994	(C) Medical Center	W, All, Appt req, Med, Ins, Esp . .	138
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Esp, Homeless only. . . . .	140
SNAP - Animal Aid Pgm Wellness Clinic	(713) 862-3863	(C) Heights	Free, Low cost, Walk-ins, Esp . . . .	144
SNAP - Spay-Neuter Mobile Program	(713) 522-2337	Various	Free or low cost, first come -first served . . . . .	144
U of H Speech, Language & Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt Req. . .	151
UT Substance Abuse Research Center	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, IRR . . . . .	152

## Clothing & Household Items *Vestimenta y Artículos para la Casa*

Affording enough clothing and household items can be difficult for persons with HIV, many of whom are living on low, fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at no charge.

La compra de vestimenta y artículos para la casa puede ser difícil para personas VIH+ quienes viven con bajos ingresos. Algunas agencias en el área de Houston podrán ofrecer gratuitamente vestimenta, muebles y otros artículos para la casa.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH Bodichitta de Tomas Clothing Pantry	(713) 623-6796	(C)	<b>HIV+ only</b> , Free, Call for intake . . .	91
AHCH - Recycled Household Items	(713) 864-1795	(C) Heights	M, W, Free, Low Income, HIV/AIDS only . . . . .	93
AAMA - Minorities Action Pgm (MAP)	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Free, Walk-ins, CD, Esp . . . . .	96
Cypress Assistance Ministries	(281) 955-7684	(NW) Cypress Fairbanks	M, W, Fam, Appt Req, IRR . . . . .	107
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins. . .	109
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/\$\$, Walk-ins, CD . . . . .	113
GCCSA - Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA - JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	All, Fam, Free. . . . .	125
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers . . .	129
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free . . . . .	131
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp . . . . .	135
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required. . . . .	139
Rosenberg-Richmond Helping Hands	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins . . . . .	139
Salvation Army Social Services	(713) 658-9205	(C) Downtown	All, Free, Esp . . . . .	140
Southeast Area Ministry	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free . . . . .	143
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp . . . . .	152

## Day Programs & Respite Care *Programa Diurno y Asistencia para los Cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the HIV infected person with the attention he or she needs.

Si Ud. tiene el VIH o está cuidando a alguien que lo tiene sabrá que esta situación causa fatiga y estrés. El programa diurno y el de asistencia a cuidadores permiten que los cuidadores tomen un descanso mientras que la persona a quien cuida reciba el cuidado y la atención que el/ella necesite.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Bering Day Treatment Program	(713) 341-3750	(C) Montrose	Adults, 20 co-pay/mo if above 100% FPL, <b>HIV+ only</b> , Esp. . . . .	99
Cage's Medical Services	(713) 674-5616	(NE)	All, Med, Ins, Private pay, Walk-ins, Esp . . . . .	101
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, Documented homeless & TB . . . . .	116
Harmony House Respite Center	(713) 237-1765	(C) Downtown	Men only, Free, Lim . . . . .	116
Interfaith CarePartners AIDS Care Team	(713) 682-5995	(W) Memorial	All, Free, Accepts rural collect calls, Esp. . . . .	126

## Deaf & Hard of Hearing Services / Servicios para Sordos

In Houston there are agencies that serve HIV infected deaf and hard of hearing persons. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.

En Houston hay agencias al servicio de las personas sordas afectadas con el VIH. Todas las agencias mencionadas en este libro ayudan a dichas personas, pero las que están en esta lista se especializan en este grupo.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Brazoria County Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free . . . . .	124
Career and Recovery Resources	(713) 754-7047	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . .	102
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free . . . . .	124
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free . . . . .	123
Montrose Counseling Center	(713) 529-9466	(C) Montrose	M, W, Fam, I/RR, Free, Walk-ins, <b>HIV+ only</b> , CD . . . . .	133
Sign Language Accessible Interpreters	(713) 263-8299	ALL	All, Flat fee . . . . .	142
Sign Shares	(713) 869-4373	(C) Memorial/Washington	All, Flat fee, DARS DHHS funding available . . . . .	142
U of H Speech, Language & Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp. . . . .	151

## Dental Services / Cuidado Dental

Don't neglect your teeth! Too few people with HIV get the routine oral health care they need to stay healthy, even when experiencing more frequent and more serious oral health issues. A neglected mouth can lead to more than localized tooth pain, tooth and gum infections can spread to other parts of the body and mouth pain can cause people to go without necessary nutrition - and even forgo their HIV medications.

Call one of the clinics listed below if you haven't seen a dentist in the past six months.

¡No descuide de sus dientes! Muy pocas personas viviendo con el VIH obtienen el cuidado oral rutinario que necesitan para mantenerse saludables, incluso cuando sufren de más frecuente y serias cuestiones de la salud. Una boca descuidada puede conducir a algo más serio que un dolor dental, la infección del diente y de la encía puede extenderse a otras partes del cuerpo y el dolor bucal puede causar que las personas no se nutran como es necesario e incluso faltar a los medicamentos del VIH.

Llame a una de las clínicas enlistadas abajo si no ha visitado a un dentista en los últimos seis meses.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Bering Dental Clinic	(713) 341-3790	(C) Montrose	Adults, \$20 co-pay/visit if above 100% FPL, <b>HIV+ only</b> , Esp. . . . .	100
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
HCHD - Dental Center	(713) 757-0572	(C) OST/South Union	All (age 16 & up), Free, S\$, Med, Walk-ins . . . . .	116
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Free, S\$, Med, Walk-ins . . . . .	116
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	All, Free, S\$, Med, Walk-ins . . . . .	116
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Free, S\$, Med, Walk-ins . . . . .	117
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Free, S\$, Med, Walk-ins . . . . .	117
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	All, Free, S\$, Med, Walk-ins . . . . .	117
HCHD - Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Free, S\$, Med, Walk-ins . . . . .	117
Healthcare for the Homeless -SEARCH Clinic	(713) 276-3073	(C) Midtown	All, Homeless, Free, Walk-in, Med. . . . .	121
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp . . . . .	127



## Dental Services / Cuidado Dental

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp . . . . .	133
St. Hope Foundation - Rural Dental Clinic	(713) 778-1300	(N) Conroe	<b>HIV+ only</b> , Free, Med, Referral req, Appt req . . . . .	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , UTMB affiliate, Esp . . . . .	150

## Education Programs / Programas Educativos

The following agencies provide education about HIV/AIDS and other topics (GED, ESL). Some employ professional and/or volunteer educators to give group presentations. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments. Other agencies provide written material free of charge.

Las siguientes agencias proveen educación con respecto al VIH, SIDA y otros temas (ESL, GED). Algunas agencias emplean a profesionales y/o educadores voluntarios para realizar presentaciones a grupos. Los temas pueden incluir información básica y tratamientos avanzados del SIDA. Otras agencias proveen material por escrito gratuito.

### HEALTH EDUCATION / EDUCACIÓN DE LA SALUD

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Foundation Houston	(713) 333-5624	(C)	Varies by program. . . . .	.91
Center for AIDS	(713) 527-8219	(C) Montrose	All, Free, Esp . . . . .	128
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Change Happens! Project FORCE	(713) 374-1236	(C) Third Ward	M (18 & up), Free, I/RR, CD. . . . .	103
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp . . . . .	116
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, S\$, Med, Appt/Walk-ins . . . . .	116
HCHD - Northwest Community Health Ctr	(713) 861-3939	(NW) Oak Forest	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	117
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Esp . . . . .	117
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp. . . . .	118
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp . . . . .	122
Legacy - Next Step	(713) 830-3000	(C) Montrose	M, W, Y, <b>HIV+ only</b> , Free, Esp . . . . .	128
Legacy - Healthy Relationships	(713) 830-3000	(C) Montrose	Adults (18+), <b>HIV+ only</b> , Free. . . . .	128
Legacy - Positive Options	(713) 830-3000	(C) Montrose	Adults (18+), <b>HIV+ only</b> , Free. . . . .	128
Legacy Southwest Clinic	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp . . . . .	128
Live Consortium	(713) 861-5483	(C) Midtown	Not specified . . . . .	128
Love U Foundation-Blaze Youth Program	(832) 646-3516	Not specified	Y, Free. . . . .	130
Love U Foundation- Healthy U	(832) 646-3516	Not specified	All ages, Free . . . . .	130
Love U Foundation-Positively Lovely	(832) 646-3516	(C) Braeswood Place	W, <b>HIV+ only</b> , Free, Walk-ins . . . . .	130
Love U Foundation-Put a Nail in It	(832) 646-3516	Not specified	Families. . . . .	130
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD. . . . .	134
Planned Parenthood of Houston	(800) 230-PLAN	Various	Call to be connected to a clinic near you . . . . .	138

## Education Programs / Programas Educativos

### HEALTH EDUCATION / EDUCACIÓN DE LA SALUD

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD . . . . .	138
South Side Pharmacy	(713) 660-8890	(C) Braeswood	All . . . . .	142
Special Treasures Inc. - S.O.C.K.S.	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free . . . . .	144
St. Hope Foundation	(713) 523-0093	(SW) Sharpstown	All, I/RR, Free, <b>HIV+ only</b> , Appt/Walk-ins, Esp . . . . .	144
St. Hope Foundation -B.R.O. IV L.I.F.E.	(713) 884-8032	(C) Bellaire	M (age 16 & up), Free, Appt/Walk-ins, Esp . . . . .	145
St. Hope Foundation Bellaire Clinic	(713) 839-7111	(C) Bellaire	M, W, Fam, I/RR, Free, Appt/Walk-ins, Esp . . . . .	145
Triangle AIDS Network	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp . . . . .	150

### EDUCATION PROGRAMS / PROGRAMAS EDUCATIVOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AAMA-George I. Sanchez High School	(713) 967-6700	(C) Lawndale	M, W, Y (age 13-24), Free, Walk-ins, Esp, CD. . . . .	97
Alief Educational Svcs Ctr- Mental Health/ Psychotherapy	(713) 772-9085	(SW) Westwood	All, I/RR, CD, Homeless, S\$, Ins. . . . .	94
Alief Educational Svcs Ctr-BIPP Group	(713) 772-9085	(SW) Westwood	Adults, S\$ . . . . .	94
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$ . . . . .	95
Art League Houston HIV+ Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location . . . . .	96
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All ages, S\$. . . . .	96
Bay Area Council on Drugs & Alcohol, Inc.	(281) 212-2900	(SE) Clear Lake/NASA	All ages, CD . . . . .	97
Brazoria County Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free . . . . .	124
Change Happens! RESCUE Program	(713) 374-1252	(C) Third Ward and Acres Home	All, Appt req, Free, CD . . . . .	104
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 . . . . .	106
Cypress Assistance Ministries	(281) 955-7684	(NW) Cypress Fairbanks	M, W, Fam, Appt Req, IRR . . . . .	107
Educational Pgms Inspiring Communities HEART Pgm	(713) 692-4278	(N) Acres Home	Adults, Free, Walk-ins, Call for intake . . . . .	109
Family Services of Greater Houston	(713) 861-4849	(C) Memorial Park/ Washington Ave.	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Esp. . . . .	110
FLAS, Inc.- Colores Latinos	(713) 772-2366	(SW) Sharpstown	Men only, Free, Walk-ins, Esp . . .	112
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free . . . . .	124
GCCSA - Central Service Center		(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA - JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
Harris County Public Health Services	(713) 439-6000	(C) Galleria/Post Oak	Not specified . . . . .	118
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free . . . . .	123

## Education Programs / Programas Educativos

### EDUCATION PROGRAMS / PROGRAMAS EDUCATIVOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Houston GLBT Community Center	(713) 524-3818	(C) Memorial Park/ Washington Ave	Adults, Free . . . . .	124
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	All, Families, Free . . . . .	125
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free . . . . .	131
MHMRA- Mental Health First Aid	(713) 970-3996	(SW) Sharpstown	All, Application, Fee . . . . .	132
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, Y, C, Free, Appt Req, Lim, Esp . . . . .	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Med, Appt req, Esp. . . . .	134
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp. . . . .	135
Presbyterian Children's Home and Services	(713) 721-2908	(SW) Willow Meadows/ Willow Bend	All, Free . . . . .	138
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required. . . . .	139
Ryan White Planning Council Office of Support	(713) 572-3724	(C) Galleria/Post Oak	All, Free . . . . .	140
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Esp, Homeless only. . . . .	140
SER Jobs for Progress of the Texas Gulf Coast	(713) 773-6000	(C) East End	All, Free . . . . .	141
Texas DARS- Blind Division	(713) 948-7960	(SE) Ellington/ South Belt	All, Free, Blind/ Visually impaired. . . . .	148
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee,, Appt/Walk-in. Referral req. . . . .	149
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp . . . . .	152

## Employment & Training Ayuda para Empleo y Entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.

Para una persona infectada con el VIH, ser productiva y activa es importante por razones económicas y emocionales. Algunas agencias tienen programas que ofrecen entrenamiento, consejos y referencias en la búsqueda de un empleo. Si Ud. puede trabajar, podrá beneficiarse con un salario fijo, seguro médico y otras opciones

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All, S\$ . . . . .	96
Brazoria County Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free . . . . .	124
Career and Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt Req, Walk-ins, CD . . . . .	102
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 . . . . .	106
Cypress Assistance Ministries- Operation Jobs	(281) 955-5895	(NW) Cypress Fairbanks	Free, Adults, I/RR. . . . .	107

## Employment & Training / Ayuda para Empleo y Entrenamiento

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Educational Pgms Inspiring Communities HEART Program	(713) 692-4278	(N) Acres Home	Adults, Free, Walk-ins, Call for intake . . . . .	109
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free . . . . .	124
GCCSA- Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA- JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk -ins, Esp. . . . .	115
Goodwill Temporary Service Project Good Hope	(713) 590-3123	(C) Montrose	M, W, <b>HIV+ only</b> . . . . .	114
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, documented homeless & TB . . . .	116
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free . . . . .	123
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	All, Families, Free . . . . .	125
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free . . . . .	131
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required. . . . .	139
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Esp, Homeless only. . . . .	140
SER Jobs for Progress of the Texas Gulf Coast, Inc.141	(713) 773-6000	(C) East End	All, Free . . . . .	141
Texas DARS-Blind Division	(713) 948-7960	(SE) Ellington/ South Belt	All, Free, Blind/ Visually impaired. . . . .	148
Texas DARS-Houston Regional Office	(713) 267-8510	(SW) Woodlake/ Briar Meadow	All, Free, Disabled. . . . .	148
Texas DARS-Vocational Rehabilitation (VR) Pgm	(713) 866-7765	(C) Greenway Plaza	All, Free, Disabled. . . . .	148
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral req. . . . .	149
West Houston Assistance Ministries, Inc.	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp . . . . .	152

## Eye Care / Cuidado de la Vista

Certain illnesses associated with HIV infection can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Income-based eligibility, CD . . . . .	132
University Eye Institute	(713) 743-2020	(C) Third Ward	All, S\$, Med, Ins, CHIP, Appt req . . .	151
University Eye Institute - Good Neighbor Healthcare Center	(713) 527-8480	(C) Montrose	M, W, Fam, S\$, Med, Appt Req, Esp . . . . .	151

# Information & Resources for the Formerly Incarcerated *Información y Recursos Para el Previamente Encarcelados*

## WHAT TO DO FIRST

After release, your first call should be to your case manager or a community service organization to make an appointment to meet with a case manager - be sure to let them know that you were recently released from incarceration.

A case manager will help you to get registered in the CPCDMS client database (see page 8 for more information about the CPCDMS) and together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food and transportation.

If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment. Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life; if your needs change, let your case manager know right away!

## QUÉ HACER PRIMERO

Al ser liberado llame a su supervisor. También llame a su administrador/a de casos o solicite uno/a de una agencia comunitaria - asegúrese de informarle que fue recientemente liberado de encarcelamiento.

Dicha persona le inscribirá al sistema de base de datos (ver página 12 para más información sobre el sistema CPCDMS). Juntos desarrollarán un plan con el propósito de continuar recibiendo cuidado médico y determinar cuáles otras necesidades tenga, así como el obtener cédula de identidad, refugio/hospedaje, comida y transporte.

Si existen circunstancias fuera de su control que no le permita asistir a su primera cita, llame lo antes posible para informar su situación y hacer una nueva cita. No espere hasta el último momento en llamar a su administrador/a de casos para recibir la asistencia que necesite. Ellos están disponible para contestar sus preguntas y facilitarle la transición a una nueva vida; si sus necesidades cambian, asegúrese de informárselo a su administrador/a de casos inmediatamente.

## ADAP Drug Assistance Program

**TOLL FREE:** (800) 255-1090

**HOURS:** M-F, 8am-5pm (except for state holidays)

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy (see page 66 for a list of ADAP pharmacies).

Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct.

Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance.

## Programa de Asistencia de Medicamentos ADAP

**LLAME GRATIS:** (800) 255-1090

**HORAS:** Lunes a viernes, 8am-5pm (sin incluir feriados estatales)

Al ser liberado, llame a ADAP para informarles de su liberación. Puede que tome varios días antes que reciba sus medicamentos, por lo tanto, es muy importante que llame lo antes posible. Cuando llame, se le asignará una farmacia (vea pagina 66 para una lista de las farmacias que participan en ADAP).

A veces necesitarán más información sobre usted, o le pedirán que complete una nueva aplicación Si lo necesita, su administrador/a de casos le puede asistir a completar la aplicación y asegurar que todo esté en orden.

Una vez inscrito, su farmacia asignada necesitará recetas médicas y su número de identificación de ADAP para ordenar sus medicinas. Luego, tomará unos días para que estén listos para ir por ellas. Si tiene alguna pregunta favor de llamar a ADAP o a su administrador/a de casos.

## Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

### EMERGENCY HOMELESS SERVICES / HOSPEDAJE DE EMERGENCIA

If you have nowhere to go when you are released, the agencies below are in the downtown area not far from the bus station and can help with basic needs like food, clothing and shelter.

Si no tiene dónde hospedarse al ser liberado, las siguientes agencias en el centro de la ciudad se encuentran no muy lejos de las estaciones de bus y pueden asistirle con necesidades básicas: comida, ropa y refugio.

**Bread of Life** 1703 Gray Street; Houston, TX 77003 713 650-0595

After Dark program: shelter, showers, laundry, meals and more. Open 4pm-8am, Monday-Thursday.  
*Programa nocturno: refugio, ducha, lavandería, comida y más. Horas: 4pm-8am, lunes a jueves.*

**Coalition for the Homeless** 600 Jefferson, Suite 2050; Houston, TX 77002 713 739-7514

Homeless resource information, referrals and crisis management available 24 hours a day, 7 days a week. See page 105 for more information.  
*Información para personas sin vivienda, referencias & manejo de crisis: disponible las 24 horas del día, 7 días a la semana. Vea página 105 para más información.*

**Miryam's Hostel** 2009 Congress Street; Houston, TX 77002 713 224-1373

Emergency shelter for women (located above Loaves and Fishes) offers showers, clothing and meals.  
*Hospedaje de emergencia para mujeres (ubicado arriba de Loaves and Fishes): ducha, ropa y comida.*

**Salvation Army** 2407 N Main Street; Houston, TX 77009 713 224-2875

Men's shelter, meals, showers, laundry and more. See page 140 for more information.  
*Refugio para hombres, comida, ducha, lavandería y más. Vea página 140 para más información.*

**SEARCH** 2505 Fannin Street; Houston, TX 77002 713 739-7752

Day shelter: meals, showers, laundry, clothing, info, referrals and more. Open 8am-4pm, Monday-Friday. See page 140 for more information.  
*Refugio diurno: comida, ducha, lavandería, ropa, información, referencia y más. Horas: 8am-4pm, lunes a viernes. Vea página 140 para más información.*

**Star of Hope** 1811 Ruiz Street; Houston, TX 77002 713 227-8900

Men's Development Center: provides shelter, meals, showers, referrals; employment programs. See page 146 for more information.  
*Centro de desarrollo para hombres: refugio, comida, ducha, referencia, programa de empleo. Vea página 146 para más información.*

### HELPFUL PHONE NUMBERS / NÚMEROS TELEFÓNICOS QUE PUEDEN SER DE AYUDA

**2-1-1 Texas/United Way Helpline**  
Helpline database online:  
<http://referral.unitedwayhouston.org>

Free, confidential information and referrals for food, housing, employment, counseling and much more. Just dial 2-1-1 from anywhere in the state, 24 hours a day.

**La Línea de Ayuda 2-1-1 Texas/United Way**  
Base de datos de la línea de ayuda en la red:  
<http://referral.unitedwayhouston.org>

Información gratis y confidencial, y referencias para comida, vivienda, empleo, consejería y más. Marque el 2-1-1 de cualquier lugar dentro del estado de Texas, 24 horas del día.

# Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

## HELPFUL PHONE NUMBERS / NÚMEROS TELEFÓNICOS QUE PUEDEN SER DE AYUDA

**Alcoholics Anonymous**

**713 686-6300**

**Cocaine Anonymous**

**713 668-6822**

**Narcotics Anonymous**

**713 661-4200**

**Medicaid**

**800 252-8263**

[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

*Información sobre Texas Medicaid & Children's Health Insurance Program (CHIP).*

**Medicare**

**800 633-4227**

[www.cms.gov/Medicare/Medicare.html](http://www.cms.gov/Medicare/Medicare.html)

Information and assistance with Medicare.

*Información y asistencia con Medicare.*

**METRO**

**713 635-4000**

[www.ridemetro.org](http://www.ridemetro.org)

Information about bus routes and schedules. Available Monday-Friday 6am-9pm, Saturday-Sunday 8am-8pm.

*Información sobre rutas y horario de bus. Lunes a viernes 6am-9pm, sábado y domingo 8am-8pm.*

**Michael E. DeBakey VA Medical Cntr** **713 791-1414**  
[www.houston.va.gov](http://www.houston.va.gov)

Medical care for Veterans; bus passes available for clients of the HIV Clinic. Monday-Friday 8am-4:30pm; emergency room open 24 hours. See page 132 for more information.

*Cuidado médico para veteranos; pase de bus disponible en la clínica del VIH. Lunes a viernes 8am-4:30pm; sala de emergencia abierta las 24 horas. Vea página 132 para más información.*

**NeuroPsychiatric Center (NPC)**

**713 970-7070**

24 hour crisis and emergency center at Ben Taub Hospital. The NPC can serve anyone with an urgent psychiatric condition. Call for information or support.

*El centro de crisis y emergencia en Ben Taub está abierto las 24 horas del día. NPC provee servicio a cualquier persona con una condición psiquiátrica urgente. Llame para más información o apoyo.*

**Social Security**

**800 772-1213**

[www.ssa.gov](http://www.ssa.gov)

Get information, forms or find a local office. Live help available Monday-Friday 7am-7pm; automated system available 24 hours.

*Información, formas y ubicación de oficinas. Ayuda en vivo de lunes a viernes de 7am-7pm; ayuda con el sistema automático disponible las 24 horas.*

**Texas Attorney General-Child Support** **800 252-8014**  
[www.oag.state.tx.us/cs/index.shtml](http://www.oag.state.tx.us/cs/index.shtml)

Assists parents in obtaining financial support for their children. The AGs office can assist with establishing paternity, establishing, enforcing and modifying child and medical support orders and collecting and distributing child support payments.

If you need assistance with access and visitation, call the hotline Monday-Friday, 1pm-7pm: 866 292-4636 or go to [www.txaccess.org](http://www.txaccess.org).

**Procurador General de Texas-Apoyo a niños/niñas**

Asiste a padres/madres en obtener apoyo financiero para sus niños/niñas. La oficina del PG puede asistir en establecer paternidad, establecer, aplicar y modificar órdenes de apoyo a los niños/niñas y apoyo médico, y coleccionar y distribuir pagos de apoyo para los niños/niñas.

*Si necesita asistencia al acceso y a las visitas, llame a la línea de ayuda de lunes-viernes, 1pm-7pm al 866 292-4636 o visite el internet al [www.txaccess.org](http://www.txaccess.org).*

**Texas Criminal Justice Coalition**

**512 441-8123**

[www.criminaljusticecoalition.org](http://www.criminaljusticecoalition.org)

The Texas Criminal Justice Coalition (TCJC) advocates for a just and accountable judicial system. They publish an online Resource Guide for people re-entering the world following incarceration; the guide is divided into nine geographic areas.

*La coalición de justicia criminal de Texas (TCJC) patrocina un sistema judicial justo y responsable. La coalición publica por internet una guía de recursos para personas retornando a la sociedad libre después de un encarcelamiento; la guía está dividida en nueve áreas geográficas.*

### Harris County Sheriff's Office

If you have questions about the medical care, referrals or other health related information that you received while in the county jail, please contact:

Harris County Sheriff's Office  
I.D. Clinic - Counselors office  
(713) 755-9252 or (713) 755-9253

### La oficina del alguacil municipal del Condado Harris

Si usted tiene preguntas acerca del cuidado médico, referencias u otra información servicios de la salud que recibió durante su estadía en la cárcel del condado, por favor póngase en contacto con:

La oficina del alguacil municipal del Condado Harris  
Clínica de I.D. - Oficina de consejeros  
(713) 755-9252 ó (713) 755-9253

# Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

## SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

The following agencies also provide at least one service to assist formerly incarcerated individuals with their re-entry needs. Check the agency description in the ALPHABETICAL LISTING (the page number for each agency is listed below) or contact them directly for more information.

**AIDS Foundation Houston** (713) 623-6796  
3202 Wesleyan; Houston, TX 77027  
[www.aidshelp.org](http://www.aidshelp.org)

HOURS/HORAS: Monday-Thursday, 7am-7pm  
BUS ROUTES/RUTA DEL BUS: 78, 82, 81, 25

**Get Started Program** provides help for newly released minority offenders, includes METRO bus pass.

**Get Started Girl Program** is for all women released from prison or jail within the last 6 months.

**Project Start** - Educational program to reduce post-release HIV, STD and viral Hepatitis risk; sessions take place prior to and post release. Available in Pam Lychner, Kegans, Henley and Plane State Jails.

Other services include bus pass, case management, clothing, food pantry, free HIV and syphilis testing (by appointment), health education, housing programs and rent and utility assistance. See page 91 for more information.

**Programa Get Started** provee asistencia a personas minoritarias recién liberadas, incluyendo pases de METRO. **Programa Get Started Girl** provee asistencia para toda mujer liberada de la prisión/cárcel en los primeros seis meses de liberación.

**Proyecto Start** – Programa educacional en la reducción del riesgo al VIH, las ETS (enfermedades de transmisión sexual) y la hepatitis viral de personas recientemente liberadas; las sesiones toman lugar antes y después de la liberación. Disponibles en las cárceles estatales Pam Lychner, Kegans, Henley y Plane.

Otros servicios incluyen pase de bus, administración de casos, ropa, comida, prueba del VIH & sífilis – con cita, educación de la salud, programa para la vivienda y asistencia en el pago de la renta y servicios públicos. Vea página 91 para más información.

**Association for the Advancement of Mexican Americans (AAMA)** (713) 926-9491  
204 Clifton Street; Houston, TX 77011  
[www.aama.org](http://www.aama.org)

HOURS/HORAS: Monday-Friday, 8am-5pm  
BUS ROUTES/RUTA DEL BUS: 50, 20

Provides assistance with substance abuse services, HIV, Hep C and TB testing and HIV related case management. See page 96 for more information.

Provee asistencia con servicios abuso de sustancias, VIH, prueba de hepatitis C and TB, manejo de casos del VIH, ayuda en español. Vea página 96 para más información.

Las siguientes agencias proveen por lo menos un servicio en la asistencia de los individuos previamente encarcelados con necesidades relacionadas al retorno a la sociedad libre. Vea la lista alfabética para la descripción de las agencias (el número de página para cada agencia está listada abajo) o póngase en contacto directo para más información.

**Bee Busy Learning Academy** (713) 774-8800  
9898 Bissonnet, Suite 330; Houston, TX 77036  
[www.mybbwc.org](http://www.mybbwc.org)

HOURS/HORAS: Monday-Friday, 8:30am-5:30pm  
BUS ROUTES/RUTA DEL BUS: 65, 68

Services include HIV/STD prevention education, counseling, testing and linkage to care services. Substance use/abuse prevention and linkage to treatment program for African American women. No fees or eligibility requirements.

*Los servicios incluyen educación preventiva sobre el VIH/ETS, consejería, análisis y enlace a servicios del cuidado. Prevención del uso/abuso de sustancias y enlace a programas de tratamiento para mujeres afroamericanas. Sin costo, sin condiciones de elegibilidad.*

**Bee Busy Wellness Center** (713) 771-2292  
9898 Bissonnet, Suite 258; Houston, TX 77036  
[www.mybbwc.org](http://www.mybbwc.org)

HOURS/HORAS: Monday-Friday, 8:30am-5:30pm  
BUS ROUTES/RUTA DEL BUS: 65, 68

Provides medical care including annual physicals, health screenings, primary medical care, STD diagnosis and treatment and minor emergencies. BBWC accepts Medicare, Medicaid and private insurance; sliding fee scale for the uninsured. See page 99 for more information.

*Provee cuidado médico incluyendo examen físico, asesoramiento de la salud, cuidado médico primario, diagnóstico y tratamiento de ETS y emergencias menores. BBWC acepta Medicare, Medicaid y seguro privado; honorario de escala móvil para personas sin seguro. Vea página 99 para más información.*

**Bering Omega Community Services** (713) 529-6071  
1429 Hawthorne; Houston, TX 77006  
[www.beringomega.org](http://www.beringomega.org)

HOURS/HORAS: Monday-Friday, 8am-5pm  
BUS ROUTES/RUTA DEL BUS: 81, 82

Services include a Day Treatment Program for adults with HIV that require nursing care during the day, a full service Dental Clinic for people with HIV/AIDS, Housing Assistance through HOPWA (Housing Opportunities for Persons with AIDS) and Omega House residential HIV hospice. See page 99 for more information.



# Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

## SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

*Servicios incluyen Programa de Tratamiento de Día para adultos con VIH que requieren cuidado durante el día, Dental Clinic ofrece una variedad de servicios dentales a las personas con VIH/SIDA, asistencia para la vivienda por medio de HOPWA (Oportunidades de Vivienda para Personas con SIDA) y Omega House hospicio para personas VIH+. Veá página 99 para más información.*

**Carab Caring Homes (281) 409-0129**  
**12100 Hwy 6 South, Suite 1310;**  
**Sugar Land, TX 77479**

Transitional housing for men (no sex offenders). Includes transportation and two meals a day, for \$250 per week. No drugs or alcohol, no overnight guests, no smoking indoors. Must seek/maintain employment and comply with the conditions of parole, as applicable.

*Vivienda de transición para hombres (que no sean delinquentes de ofensa sexual). Incluye transportación y dos comidas diarias, por \$250 semanal. No se permite drogas, alcohol, huéspedes que pasen la noche, o fumar adentro. Se debe buscar/mantener empleo y cumplir con las reglas que aplican a la liberación condicional.*

**Dispute Resolution Ctr of Harris Co (713) 755-8274**  
**49 San Jacinto, Suite 220; Houston, TX 77002**  
**[www.co.harris.tx.us/drc/](http://www.co.harris.tx.us/drc/)**

HOURS/HORAS: Monday-Friday, 8am-5pm  
BUS ROUTES/RUTA DEL BUS: 52, 78, 15, 80, 163

Provides free mediation services to help people resolve their disputes outside of court for matters that are in or out of court such as landlord/tenant, consumer/merchant, divorce and much more for residents of Harris, Brazoria, Galveston or any county that does not have a Dispute Resolution Center. You must have the contact information for both parties. Does not provide legal advice or resolve criminal matters.

*Provee servicios gratis de mediación para ayudar a que las personas resuelvan sus disputas fuera del tribunal en cuestiones fuera o dentro de la corte, así como arrendador/ arrendatario, consumidor/ mercader, divorcio y otros asuntos de los residentes del Condado Harris, Brazoria, Galveston y cualquier otro condado que no tenga un centro de resoluciones de disputas. Usted debe tener información de contacto de ambos partidos. No se provee consejo legal, no se resuelven asuntos criminales.*

**Fort Bend Family Health Center (281) 342-4530**  
**400 Austin Street; Richmond, TX 77469**  
**[www.fbfhc.org](http://www.fbfhc.org)**

HOURS/HORAS: Monday-Friday, 8am-5pm  
Provides HIV primary care and case management to residents of Fort Bend, Waller, Wharton, Austin and Colorado counties. Referrals for other services. See page 111 for more information.

*Provee cuidado primario del VIH y administración de casos a residentes de los condados Fort Bend, Waller, Wharton, Austin y Colorado. Referencia a otros servicios. Veá página 111 para más información.*

**Houston Area Community Services (713) 426-0027**  
**2150 West 18th Street, Suite 300; Houston, TX 77008**  
**[www.hacstxs.org](http://www.hacstxs.org)**

HOURS/HORAS: Monday-Friday, 9am-5pm  
BUS ROUTES/RUTA DEL BUS: 58

Provides medical care, pharmacy, substance abuse treatment, mental health services, case management, housing, HIV testing and HIV/STD prevention education. No charge if Ryan White eligible; sliding fee scale for the uninsured. See page 122 for more information.

*Provee cuidado médico, farmacia, tratamiento de abuso de sustancias, servicios de salud mental, administración de casos, vivienda, análisis del VIH y educación preventiva sobre el VIH/ETS. Gratis si es elegible con Ryan White, honorario de escala móvil para las personas sin seguro. Veá página 122 para más información.*

**Houston Volunteer Lawyers (713) 228-0735**  
**712 Main Street, Suite 2700; Houston, TX 77002**  
**[www.hvlp.org](http://www.hvlp.org)**

HOURS/HORAS: Monday-Friday, 8am-5pm  
(by appointment)

BUS ROUTES/RUTA DEL BUS: All routes going downtown  
Provides free legal services to residents of Harris and surrounding counties who meet eligibility requirements. Civil matters only, no criminal or employment matters or fee generating cases. See page 125 for more information.

*Provee servicios legales gratis a residentes elegibles de Harris y los condados que le rodean. Asuntos civiles solamente, no incluye cuestiones criminales o de empleo, o casos que generen costo monetario. Veá página 125 para más información.*

**Goodwill Industries (713) 590-3123**  
**Job Connection Service Center**  
**2030 Westheimer Road; Houston, TX 77098**  
**[www.goodwillhouston.org](http://www.goodwillhouston.org)**

HOURS/HORAS: Monday-Friday, 8am-4:30pm  
BUS ROUTES/RUTA DEL BUS: 81, 82, 34

Assists with job readiness skills, resume writing, mock interviews and interview attire. Also offers life skills and job skills classes. See page 114 for more information.

Asiste con la preparación en la capacidad laboral, preparación de curriculum vitae, práctica de entrevista laboral y modo de vestir. Se ofrecen clases sobre habilidades de la vida y del labor. Veá página 114 para más información.

# Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

## SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

**Legacy Community Health Services (713) 830-3000**  
1415 California Street; Houston, TX 77006  
[www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)

HOURS/HORAS: Monday-Thursday, 9am-7pm;  
Friday til 5pm

BUS ROUTES/RUTA DEL BUS: 81, 82, 34, 42

Offers primary health care, HIV testing and counseling, STD testing, family planning, GLBT healthcare, dental care, prevention education, counseling, psychiatry, eye care, nutritional counseling, wellness services, social services and Pharmacy. LCHS accepts Medicare, Medicaid and private insurance; sliding fee scale for the uninsured. See page 128 for more information.

*Ofrece cuidado primario de la salud, análisis y consejería del VIH, análisis de ETS, planificación familiar, cuidado de la salud para las personas GLBT, cuidado dental, educación preventiva, consejería, psiquiatría, cuidado de la vista, consejería nutricional, servicios del bienestar, servicios sociales y farmacia. LCHS acepta Medicare, Medicaid, y seguro privado; honorario de escala móvil para las personas sin seguro. Vea página 128 para más información.*

**MHMRA of Harris County (713) 970-4444**  
3630 W. Dallas; Houston, TX 77019  
[www.mhmraharris.org](http://www.mhmraharris.org)

HOURS/HORAS: Mon-Thurs, 7:30am-6pm; Fri 8am-6pm  
BUS ROUTES/RUTA DEL BUS: 3, 26, 27

Services for Harris County residents age 17+ with Axis I diagnosis of schizophrenia, severe major depression, bipolar or schizoaffective disorders only, include medication related services, counseling and psychotherapy, housing related skills services, coordination of services and independent living residential services. All clients must start at the eligibility center listed above; walk-ins are accepted but it is best to make an appointment.

Also provides forensic services to inmates in the Harris County Jail, including pre-trial services and New Start program.

*Servicios para residentes edades 17 y mayor del Condado Harris con diagnóstico Axis I de esquizofrenia, depresión mayor severa, trastorno bipolar o esquizofrénico afectivo, incluyendo servicios relacionados a medicamentos, consejería y psicoterapia, servicios relacionados a habilidades de vivienda, coordinación de servicios y apoyo en la independencia de la vivienda residencial. Todo cliente debe iniciar su solicitud en el centro de elegibilidad mencionado arriba; puede presentarse sin tener cita pero es preferible solicitar cita.*

*También se provee servicios forensicos a encarcelados en el Condado Harris, incluyendo servicios precedentes al juicio y del programa New Start.*

**Montrose Counseling Center, Inc. (713) 529-0037**  
401 Branard Street, 2nd Floor; Houston, TX 77006  
[www.montrosecounselingcenter.org](http://www.montrosecounselingcenter.org)

HOURS/HORAS: Monday-Friday, 8am to 7pm  
BUS ROUTES/RUTA DEL BUS: 78, 25

Services include Case Management, Education and Prevention Services, HIV Testing (8am-5pm), Mental Health Counseling for individuals, Couples, Families and Groups (sliding fee), Outpatient Substance Abuse Treatment and a variety of Support Groups. No sex offenders. See page 133 for more information.

*Servicios incluyen administración de casos, educación de la salud y servicios de prevención, prueba del VIH (8am-5pm), consejería de salud mental para individuales, parejas, familiares y grupos (honorario de escala móvil), tratamiento por abuso de sustancias para pacientes externos y varios grupos de apoyo. Vea página 133 para más información.*

**St. Hope Foundation (713) 778-1300**  
6200 Savoy, Suite 560; Houston, TX 77036  
[www.offeringhope.org](http://www.offeringhope.org)

HOURS/HORAS: Monday-Thursday, 8am to 5:30pm  
BUS ROUTES/RUTA DEL BUS: Varies by clinic location

Offers primary medical care and pharmacy, mental health, service linkage and case management, dental care, support groups, clinical research, Hep C treatment, prevention services, health screenings and transportation. Clinics located in Bellaire, Stafford and Conroe. See page 144 for more information.

*Ofrece cuidado médico primario y farmacia, salud mental, servicio de enlace y administración de casos, cuidado dental, grupos de apoyo, investigación clínica, tratamiento de la hepatitis C, servicios preventivos, asesoramiento de la salud y transportación. Las clínicas están ubicadas en Bellaire, Stafford y Conroe. Vea página 144 para más información.*

**TDCJ - Parole Division (713) 956-1478**  
Houston 01 Re-Entry Center  
4949 W. 34th Street, Suite 115; Houston, TX 77018  
[www.tdcj.state.tx.us](http://www.tdcj.state.tx.us)

HOURS/HORAS: Monday- Friday 8am-5pm  
BUS ROUTES/RUTA DEL BUS: 23, 50

Provides education programs including anger management, cognitive skills, domestic violence, faith-based AA/NA groups, clothes closet (men +and women), job placement and job counseling services for parolees in Harris and the surrounding counties.

*Provee programas educacionales incluyendo manejo de la ira, habilidades cognitivas, violencia doméstica, grupos de AA/NA basados en fe, ropa (para hombres y mujeres), servicios de consejería y ubicación de empleo para prisioneros en libertad condicional en Harris y los condados que le rodean.*

# Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

## SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

**TDCJ - Parole Division Chaplaincy Program**  
10110 Northwest Freeway (713) 685-3188  
Houston, TX 77092  
[www.tdcj.state.tx.us](http://www.tdcj.state.tx.us)

HOURS/HORAS: Monday- Friday 8am-5pm

The Chaplaincy Program within the Parole Division has a Parole Chaplain located in the Houston Metro Parole Regional office. Parole Chaplains provide pastoral counseling, pastoral care, crisis intervention support and faith-based programming to offenders on parole and their families.

Parole Chaplains work with TDCJ Unit Chaplains to expand their community based resources. Offenders are offered numerous programs while incarcerated, but services are limited once paroled. Continuing programs once on parole is critical to the offender's successful reentry.

*El programa de capellanía, parte de la unidad encargada de los prisioneros en libertad condicional, dispone de un capellán localizado en la oficina del Houston Metro Parole. Los capellanes proveen consejería pastoral, cuidado pastoral, apoyo e intervención de crisis y programas basados en fe a los exdelincuentes en libertad condicional y a sus familiares.*

*Los capellanes de dicha unidad colaboran con los capellanes de la unidad del TDCJ con el propósito de expandir los recursos de base comunitaria. Durante encarcelamiento existen numerosos programas para los prisioneros, sin embargo los servicios son limitados una vez en libertad condicional. La continuación de programas es crítica para que así el prisionero en libertad condicional tenga un exitoso reingreso a la sociedad.*

**Triangle AIDS Network** (409) 832-8338  
1495 North 7th Street; Beaumont, TX 77702  
[www.tanbmt.com](http://www.tanbmt.com)

HOURS/HORAS: Monday-Friday, 8:30am to 5pm

Offers primary health care, case management, dental care, legal assistance, medication assistance, counseling, rent and utility assistance, transportation to medical appointments, free HIV and syphilis testing, prevention education and free condom distribution. See page 150 for more information.

*Ofrece cuidado primario de salud, administración de casos, cuidado dental, asistencia legal, asistencia con medicamentos, consejería, asistencia en el pago de la renta y cuenta de luz, transportación a citas médicas, análisis gratis del VIH y sífilis, educación preventiva y distribución de condones gratis. Vea página 150 para más información.*



Art by Kevin



Art by Kenneth

# Information & Resources for the Formerly Incarcerated *Información y Recursos Para El Previamente Encarcelados*

## SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

The following agencies also provide at least one service to assist ex-offenders with their re-entry needs. Check the agency description in the ALPHABETICAL LISTING (the page number for each agency is listed below) or contact them directly for more information.

Las siguientes agencias proveen por lo menos un servicio en la asistencia del exdelincuente con necesidades relacionadas al retorno a la sociedad libre. Vea la lista alfabética para la descripción de las agencias (el número de página para cada agencia está listada abajo) o póngase en contacto directo para más información

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt Req, <b>HIV+ only</b> , CD, Esp. . . . .	89
Addicts Can Be Disciples Too	(713) 529-2840	(C) Third Ward	All, S\$, Appt/Referral required, CD . .	89
Alief Educational Services Center	(713) 772-9085	(SW) Westwood	All, I/RR, CD, Homeless, S\$, Ins. . . .	94
Career and Recovery Resources	(713) 754-7000	(C) Midtown	M, W, Free, Appt Req, Walk-ins, CD . . . . .	102
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	Adults, Fam, Free, Walk-ins, <b>HIV+ only</b> , I/RR, Immigrants, Esp. . .	102
Change Happens! Project F.O.R.C.E.	(713) 374-1236	(C) Third Ward	M (18 & up), Free, I/RR, CD . . . . .	103
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy- Fair	M, W, Fam, Appt Req, I/RR. . . . .	107
DAPA Acute Inpatient Program	(713) 783-8889	(C) Medical Center	M, W, Fam, CD, I/RR . . . . .	108
DAPA Intensive Outpatient Program	(713) 783-8894	(SW) Woodlake/ Briar Meadow	M, W, Fam, CD, I/RR . . . . .	108
DAPA Partial Hospital Program	(713) 783-8889	(NW) Fairbanks/ NW Crossing	M, W, Fam, CD, I/RR . . . . .	107
DBSA Greater Houston	(713) 600-1131	(C) Greenway Plaza	M, W, Y, I/RR, Homeless, Immigrants, CD, Free, Walk-ins . .	108
Family Services of Greater Houston - Central Office	(713) 861-4849	(C) Memorial Pk/ Washington	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Esp. . .	110
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
Harmony House	(713) 237-1765	(C) Downtown	Men only, Free, Lim . . . . .	116
Houston Compass	(713) 229-8319	(C) Downtown	All, Free . . . . .	124
Morning Star Hostel	(713) 529-0461	(C) Midtown	Adults, S\$, <b>HIV+ only</b> , I/RR, Walk-ins, Esp . . . . .	130
Rehoboth Foundation	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required. . . . .	139
Salvation Army Social Services	(713) 658-9205	(C) Downtown	All, Free, Esp . . . . .	140
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	Women/women with children only, I/RR, CD, Free, Appt Req. . . . .	140
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Homeless only, Esp. . . . .	140
SOCKS - Saving our Community Kids...Seniors	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free . . . . .	144
Stop Turning Entering Prison - Shay's House	(832) 881-3193	(N) Trinity/ Houston Gardens	W (age 18 & up), I/RR, CD . . . . .	147
UT Substance Abuse Research Center	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, I/RR. . . . .	152
Virtuous Women in Action	(281) 594-1655	(NE) Eastex/Jensen	W, Homeless, CD, I/RR, <b>HIV+ only</b> , Free, S\$, Walk-ins . . . . .	152
Wellsprings Village	(713) 529-6559	Confidential	W (25-50), I/RR, Homeless, Appt req, Lim, CD . . . . .	152

# Financial Assistance / Asistencia Financiaría

Financial assistance for HIV+ persons is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs, medical supplies, insurance premiums and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive.

Se dispone de asistencia financiera para las personas con el VIH por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos, equipo médico, prima de seguro y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	90
AFH - Project LifeRoad	(713) 623-6796	(C)	<b>HIV+ only</b> . . . . .	92
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All, S\$ . . . . .	96
Bering Omega Community Svcs Housing Assist	(713) 341-3767	(C) Montrose	Free, Appt Req, <b>HIV+ only</b> , Esp, Call for intake . . . . .	100
Brentwood Project WAITT	(713) 852-2551	(S)	All, Appt/Walk-ins, Free, <b>HIV+ only</b> , CD. . . . .	101
The Colt 45's AIDS Trouble Fund	(713) 526-6077	Not specified	All, Free, <b>AIDS diagnosis</b> & disabled . . . . .	105
Combined Community Action	(979) 540-2980	(NW) Giddings	All, Free, Appt/Walk-ins, Lim, Income-based eligibility, Esp . . . . .	106
Cypress Assistance Ministries	(281) 955-7684	(NW) Cypress Fairbanks	M, W, Fam, Appt Req, I/RR. . . . .	107
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, Free, Walk-ins . . . . .	109
FLAS, Inc. Emergency Assistance Program	(713) 772-2366	(SW) Sharpstown	All, <b>HIV+ only</b> , Free, Appt req, Esp. . . . .	112
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt Req, Walk-ins, Esp. . . . .	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	M, W, Free, Appt Req, <b>HIV+ only</b> , Esp . . . . .	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	All, Fam, Free. . . . .	125
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free . . . . .	131
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp. . . . .	135
Salvation Army Social Services	(713) 658-9205	(C) Downtown	All, Free, Esp . . . . .	140
Southeast Area Ministry	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free . . . . .	143
St. Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim. . . . .	146
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp . . . . .	150
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp . . . . .	152
Windsor Village Social Services Dept.	(713) 551-8792	(SW) Hiram Clarke	All, Free, Appt Req, Lim, Call for intake . . . . .	153

# Food / Alimentos

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. Food pantries, soup kitchens and home meal delivery programs are available in the Houston area. All those listed below are free. Restrictions may apply.

Costear suficiente alimento puede ser difícil para personas VIH+ con bajos ingresos. El consumo de una variedad de comidas saludables es importante. Los servicios como despensa de alimentos, comedores y entrega a domicilio están disponibles en el área de Houston gratuitamente. Puede que existan algunas restricciones.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp . . . . .	90
AFH - Stone Soup	(713) 623-6796	(C)	<b>HIV+ only</b> . . . . .	93
Brentwood Project WAITT	(713) 852-2551	(S)	All, appt/walk-ins, Free, <b>HIV+ only</b> , CD, food vouchers . . .	101
Catholic Charities AIDS Ministry	(713) 227-9981	(C) Midtown	Adults, Fam, Free, Walk-ins, <b>HIV+ only</b> , I/RR, Immigrants, Esp. . .	102
Cypress Assistance Ministries	(281) 955-7684	(NW) Cypress Fairbanks	M, W, Fam, Appt Req, IRR . . . . .	107
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, Free, Walk-ins . . . . .	109
Fair Haven Food Pantry	(713) 467-4363	(W) Spring Branch	M, W, Fam, Free, Walk-ins, Halfway house residents . . . . .	110
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD . . . . .	113
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
Harris County Public Health WIC Program	(713) 407-5800	Various	Free, Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp . . . . .	119
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free. . . . .	125
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers . . .	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp . . . . .	135
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required. . . . .	139
Resurrection Metropolitan Community Church	(713) 861-9149	(C) Heights	All, Appt Req, ID . . . . .	139
Rosenberg-Richmond Helping Hands	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins . . . . .	139
Salvation Army Social Services	(713) 658-9205	(C) Downtown	All, Free, Esp . . . . .	140
Southeast Area Ministry	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free . . . . .	143
St. Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim. . . . .	146
St. Pius V Catholic Church	(713) 473-9484 Ext. 316	(E) Pasadena	Fam, Free, Lim, Proof of residence, ID, SS cards. . . . .	146
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, <b>HIV+ only</b> , Esp . . . . .	150
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp . . . . .	152
Windsor Village Social Services Dept.	(713) 551-8792	(SW) Hiram Clarke	All, Free, Appt Req, Lim . . . . .	153

# Funeral Services / Servicios Funerarios

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable HIV infected persons and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veteran's Administration.

A nadie le gusta planear para un funeral o cremación cuando uno se siente bien, pero planificar con anticipación no solamente ayuda a prevenir una ansiedad futura, sino que también ayuda a las personas con el VIH y sus familiares a ahorrar una gran cantidad de dinero. Analizando costos y comparando servicios con anticipación les permite tomar mejores decisiones. Los veteranos podrían recibir beneficios de sepultura por medio de la Administración de Veteranos.

## FUNERAL SERVICES / SERVICIOS FUNERARIOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Aldine Funeral Chapel, LLC	(281) 591-6055	(N) Aldine	Appt recommended . . . . .	94
Arlington National Funeral Home	(713) 692-5555	(N) Northside	All, Walk-ins. . . . .	99
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins. . . . .	107

## FUNERAL EDUCATION & INFORMATION / EDUCACIÓN E INFORMACIÓN FÚNEBRE

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(S) OST/South Union	All, Income-based eligibility, Free. . . . .	89
Funeral Consumers Alliance Of Houston	(713) 526-4267	(W) Spring Branch	All, Donations accepted. . . . .	113

## FUNERAL ASSISTANCE / AYUDA PARA FÚNEBRE

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(S) OST/South Union	All, Income-based eligibility, Free. . . . .	89
Catholic Charities AIDS Ministry	(713) 874-6624	(C) Midtown	Adults, Fam, Free, Walk-ins, <b>HIV+ only</b> , I/RR, Immigrants, Esp. . . . .	102



Art by Tammy



Art by Tammy

# Hepatitis C Information & Resources

## Información y Recursos Sobre Hepatitis C

About 25% of people with HIV are co-infected with the hepatitis C virus. HIV co-infection more than triples the risk for liver disease, liver failure, and liver-related death from hepatitis C. Liver disease has become the leading cause of non-AIDS-related deaths among people with HIV/AIDS.\*

\*Adapted from the National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention fact sheet HIV and Viral Hepatitis, November 2011.

Aproximadamente el 25% de las personas con el VIH están infectadas con el virus C de la hepatitis. Esta doble infección triplica el riesgo a desarrollar la enfermedad del hígado, el deterioro del hígado, y muerte relacionada al hígado por causa de la hepatitis C. La enfermedad del hígado se ha convertido en la causa principal de muertes no relacionadas al SIDA entre las personas con VIH/SIDA.\*

\*Texto adoptado de un reporte de hechos del VIH y Hepatitis Viral del National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, Noviembre 2011.

### HEPATITIS C TREATMENT AND SUPPORT RESOURCES IN HARRIS COUNTY

### RECURSOS PARA TRATAMIENTO PARA LA HEPATITIS C EN CONDADO DE HARRIS

#### For uninsured patients with no available funds:

##### Harris County Hospital District (HCHD):

Residents of Harris County can apply for financial assistance (formerly known as the Gold Card) through the mail or at a patient eligibility center (See page 17). The application for financial assistance is available here:

[www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english-2011.pdf).

Once approved, make an appointment with one of the Community Health Centers. At your appointment, inform the medical provider of your Hep C status to be assessed for a referral to one of the two HCHD treatment centers at Ben Taub or LBJ General Hospitals.

(713) 526-4243 (Appointments)  
(713) 566-6064 (Voicemail-calls returned within 24 hours)

HCHD Financial Assistance Program  
c/o Patient Eligibility Services Administration  
PO Box 300488  
Houston, TX 77230

##### St. Luke's Liver Health Outreach

6620 Main St., Suite 1505  
Houston, TX 77030  
(832) 355-5119

[www.texasliver.org](http://www.texasliver.org)

Free hepatitis B and C testing, support groups and information.

**St. Luke's Advanced Liver Therapies** has ongoing clinical trials available for previously treated and first time treatment seeking patients. Often these trials provide free treatment for hepatitis C and hepatitis B. Please call (832) 355-8966 for more information.

#### Para pacientes sin seguro médico y fondos propios

##### Distrito de Hospitales del Condado Harris (HCHD):

Residentes del Condado Harris pueden solicitar asistencia financiera (anteriormente denominada la tarjeta dorada) por correo o en el centro de elegibilidad del paciente (vea página 17). El formulario para la solicitud está disponible aquí:

[www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-and-instructions-spanish-2011.pdf](http://www.hchdonline.com/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-and-instructions-spanish-2011.pdf).

Una vez aprobada su solicitud, haga una cita en una de las localidades del Community Health Center. En su cita informe al proveedor médico sobre su estado de la hepatitis C para así ser referido a uno de dos centros de tratamientos del HCHD--el Hospital Ben Taub o el Hospital LBJ.

(713) 526-4243 Citas  
(713) 566-6064 Deje mensaje (Su llamada será retornada dentro de las 24 horas después de dejar mensaje)

HCHD Financial Assistance Program  
c/o Patient Eligibility Services Administration  
PO Box 300488  
Houston, TX 77230

##### St. Luke's Liver Health Outreach

6620 Main St., Suite 1505  
Houston, TX 77030  
(832) 355-5119

[www.texasliver.org](http://www.texasliver.org)

Análisis gratis de la hepatitis B y C, grupos de apoyo e información.

**St. Luke's Advanced Liver Therapies** (terapias avanzadas del hígado de St. Luke) tienen en curso ensayos clínicos disponibles a pacientes anteriormente tratados así como también nuevos pacientes en busca de tratamientos. Con frecuencia estos ensayos ofrecen tratamientos gratis para las hepatitis B y C. Favor de llamar al (832) 356-8966 para más información



# Hepatitis C Information & Resources

## Información y Recursos Sobre Hepatitis C

### HEPATITIS C TREATMENT AND SUPPORT RESOURCES IN HARRIS COUNTY RECURSOS PARA TRATAMIENTO PARA LA HEPATITIS C EN CONDADO DE HARRIS

**Research Specialists of Texas** has opportunities available to participate in clinical research protocols. Patients who have previously been treated for hepatitis C and patients who have never been treated for hepatitis C are welcome. Please call (713) 634-5110 for more information, or visit [www.texasliver.com/hepatitis](http://www.texasliver.com/hepatitis)

Other resources for clinical trials:  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)  
[www.centerwatch.com](http://www.centerwatch.com)

**St. Luke's Center for Liver Disease**  
6620 Main Street, Suite 1505  
Houston, TX 77030  
1-877-64-LIVER (1-877-645-4837)

[www.stlukeshouston.com](http://www.stlukeshouston.com)  
> Our Services > Center for Liver Disease

The Center for Liver Disease is dedicated exclusively to treating patients with all forms of liver disease—ranging from screening for abnormal liver function to medical management of disease and liver transplantation. Accepts most forms of insurance.

**Pre-Existing Insurance Plan (PCIP)** makes health insurance available to people who have had a problem getting insurance due to a pre-existing condition, and covers a range of health benefits including primary and specialty care, hospital care, and prescription drugs. [www.pcip.gov](http://www.pcip.gov)

**For uninsured patients who have some funds available:**  
If you have some funds available you can see a physician and get the medications for free or at a reduced rate through each of the pharmaceutical company's assistance programs. The assistance programs can be reached as follows:

PEG-Intron 1 (800) 521-7157  
Pegasy 1 (877) PEGASYS  
Vertex 1 (855) 837-8394  
Merck 1 (800) 727-5400

**Research Specialists of Texas** (especialistas de investigación de Texas) ofrecen oportunidades a participar en protocolos de investigación clínica. Los pacientes anteriormente tratados para el hepatitis C y los pacientes nunca tratados para la hepatitis C están bienvenidos. Favor de llamar al (713) 634-5110 para más información, o visite [www.texasliver.com/hepatitis](http://www.texasliver.com/hepatitis)

Otros recursos para ensayos clínicos:  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)  
[www.centerwatch.com](http://www.centerwatch.com)

**St. Luke's Center for Liver Disease**  
6620 Main Street, Suite 1505  
Houston, TX 77030  
1-877-64-LIVER (1-877-645-4837)

[www.stlukeshouston.com](http://www.stlukeshouston.com)  
> Our Services > Center for Liver Disease

Center for Liver Disease (Centro para la enfermedad del hígado) está dedicado exclusivamente a tratar a pacientes con todo tipos de enfermedades del hígado—de asesoramiento de la función abnormal del hígado al manejo médico de la enfermedad y la transplatación. Se acepta la mayoría de los tipos de seguro.

**Pre-Existing Insurance Plan (PCIP)** (Plan de seguro de condiciones pre-existent) ofrece seguro de salud a personas que han tenido problemas en obtener seguro debido a una condición preexistente, y cubre una variedad de beneficios de la salud incluyendo cuidado primario, cuidado especializado, cuidado hospitalario, y medicamentos recetados. [www.pcip.gov](http://www.pcip.gov)

**Para pacientes sin seguro médico que tienen algunos recursos financieros:**

Si usted tiene algunos recursos financieros puede ver a un médico y obtener los medicamentos gratis o con un descuento a través de los programas de asistencia llamando a cada una de las compañías farmacéuticas a continuación:

PEG-Intron 1 (800) 521-7157  
Pegasy 1 (877) PEGASYS  
Vertex 1 (855) 837-8394  
Merck 1 (800) 727-5400

# Hepatitis C Information & Resources

## Información y Recursos Sobre Hepatitis C

### VACCINES FOR HEPATITIS A & B / VACUNAS PARA LA HEPATITIS A Y B

Most people can stay healthy when they are co-infected with HIV and hepatitis C. The most important thing to do is work with your doctor and nurse to discuss how to stay healthy and monitor your health for symptoms. Everyone with HIV and hepatitis C should get vaccinated against Hep A and Hep B if they have not already been exposed or vaccinated.

While there are vaccines available for Hep A and B, there is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Below is a list of potential resources for getting these vaccines, please contact them for more information and cost.

La mayoría de las personas con las infecciones VIH y la hepatitis C puede mantenerse saludable. Lo más importante es mantener un buen diálogo con su médico y enfermera de cómo mantenerse saludable y estar al tanto de sus síntomas. Toda persona que tenga el VIH y la hepatitis C debe ser vacunada en contra de la Hep A y la Hep B si es que no ha sido expuesta o vacunada anteriormente.

Aunque hay vacunas en contra de la Hep A y la Hep B, en la actualidad no lo hay para la Hep C. Es importante que toda persona que no tenga inmunidad a la Hep A y la Hep B reciba las vacunas. A continuación hay una lista de recursos para obtener estas vacunas. Favor de contactar a cada proveedor para información sobre precio. La vacuna para la Hep B consiste de tres dosis y para la Hep A consiste de dos dosis; generalmente los precios refieren a una dosis, y no al costo total de la serie.

Vaccination Sites / Sitios de Vacunación	Location / Localidad	Phone / Teléfono
City of Houston Adult and Travelers Immunization Clinic	8000 North Stadium Dr. Houston, TX 77054	(832) 393-5427 <a href="http://www.houstontx.gov/health/immunizations">www.houstontx.gov/health/immunizations</a>
Community Family Center	9850 Emmett F Lowry Expressway, Suite 104 B Texas City, TX 77591	(409) 949-3459 <a href="http://www.gchd.org/chn/IMM.htm">www.gchd.org/chn/IMM.htm</a>
CVS Stores – Minute Clinics	Various locations / Varias localidades	(866) 389-2727 <a href="http://www.minuteclinic.com">www.minuteclinic.com</a>
HOPE Clinic	7001 Corporate Drive, Suite 120 Houston, TX 77036	(713) 773-0803 <a href="http://www.hopechc.org">www.hopechc.org</a>
Island Community Center	4700 Broadway Avenue Galveston, TX 77539	(409) 763-7227 <a href="http://www.gchd.org/chn/IMM.htm">www.gchd.org/chn/IMM.htm</a>
Baylor Family Medicine	3701 Kirby Drive, Suite 100 Houston, TX 77089	(713) 798-7700 <a href="http://www.baylorfamilymedicine.org">www.baylorfamilymedicine.org</a>
UT Health Services	7000 Fannin Street, Suite 1620 Houston, TX 77030	(713) 500-3248 <a href="http://www.uth.tmc.edu/uths">www.uth.tmc.edu/uths</a>
Walgreens – Take Care Clinics	Various locations / Varias localidades	(866) 825-3227 <a href="http://www.takecarehealth.com">www.takecarehealth.com</a>
Walgreens – Take Care Clinics	Various locations / Varias localidades	(866) 825-3227 <a href="http://www.takecarehealth.com">www.takecarehealth.com</a>
Baylor Travel Medicine	3701 Kirby Drive, Suite 100 Houston, TX 77089	(713) 798-7700
UT Health Services	7000 Fannin Street, Ste 1620 Houston, TX 77030	(713) 500-3248

# Hepatitis C Information & Resources

## Información y Recursos Sobre Hepatitis C

### MONTHLY SUPPORT GROUPS / GRUPOS DE AYUDA MENSUAL

Support groups can be very helpful for people with Hep C or co-infected with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases. A listing of monthly support groups is included below. Most are for Hep C unless otherwise specified.

Grupos de apoyo pueden ser de gran ayuda para las personas con el VHC o coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas. Aquí vea una lista de grupos mensuales de apoyo. La mayoría son para el Hep C a no ser que digan lo contrario.

Location / Localidad	Time & Date / Hora y Día	Contact / Contacto
<b>Houston - Michael E. DeBakey Veterans Affairs Medical Center</b> 2002 Holcombe Blvd, Rm 1A-442 Primecare Clinic 5 (NASA) Houston, TX 77030	1:30 p.m. 1st Friday of the month. For VA patients and their families.  <i>El primer viernes del mes.            Para pacientes veteranos y sus familias.</i>	Stacey Pelton, LMSW (713) 791-1414, ext. 6867 or  Michelle Ray, RN (713) 791-1414, ext. 3394
<b>Houston – North of Downtown HIV/HCV Co-infection Support Group</b> Thomas Street Health Center 2015 Thomas Street 3rd Floor Large Conference Room Houston, TX 77009	11:00 a.m. - 12 noon Every 2nd and 4th Tuesday of the month.  <i>El segundo y cuarto martes de cada mes.</i>	Harold Henderson (713) 873-4069  ellis_henderson@hchd.tmc.edu
<b>Houston - Northwest</b> Methodist Hospital – Willowbrook 18220 Tomball Parkway (Hwy 249) First Floor, Room C Houston, TX 77070	7:00 p.m. Second Monday of the month.  <i>El segundo lunes del mes.</i>	Bob Knaze (281) 820-6168  rbkna5@aol.com
<b>The Woodlands HIV/HCV Co-infection Support Group</b> Fellowship of the Woodlands Church One Fellowship Drive Room C214, 2nd floor The Woodlands, TX 77384	8:00 p.m. First Tuesday of the month  <i>El primer martes del mes.</i>	Barry Harde (281) 292-3668  redsaleen97@yahoo.com



Art by Brenda

# Hepatitis C Information & Resources

## Información y Recursos Sobre Hepatitis C

### PUBLICATIONS & INFORMATION / PUBLICACIONES Y INFORMACIÓN

For more information about Hepatitis C you may wish to contact the following resources:

Si usted desea más información sobre la hepatitis C sírvase contactar a las siguientes fundaciones:

<b>Name / Nombre</b>	<b>Phone &amp; Web Site / Teléfono y Sitio Web</b>	<b>Mailing Address / Dirección que Envía</b>	<b>Description / Descripción</b>
<b>Advanced Liver Therapies</b>	(832) 355-8966 <a href="http://www.stlukeshouston.com">www.stlukeshouston.com</a> > Our Services > Advanced Liver Therapies Research	6620 Main Street, Suite 1505 Houston, TX 77030	Ongoing clinical trials available providing free treatment for hepatitis C.  <i>Ensayos clínicos en curso están disponibles con los tratamientos gratis de la hepatitis C.</i>
<b>American Liver Foundation – Southwest Chapter</b>	(800) GO-LIVER <a href="http://www.liverfoundation.org/chapters/arizona/texas">www.liverfoundation.org/chapters/arizona/texas</a>	4545 East Shea Blvd., Suite 164 Phoenix, AZ 85028	Patient support groups, info & physician referral, Liver Update educational seminars for physicians, patients, their families and friends; publishes a yearly local chapter newsletter.  <i>Grupos de apoyo, información y referencia a médico, seminarios educacionales sobre la hepatitis para médicos, pacientes, familiares y amistades; publica un boletín anual.</i>
<b>Centers for Disease Control and Prevention</b>	800-CDC-INFO (800-232-4636) <a href="http://www.cdc.gov/hepatitis/index.htm">www.cdc.gov/hepatitis/index.htm</a>	Not applicable  <i>No aplica</i>	Free comprehensive information on viral hepatitis.  <i>Información amplia y gratuita sobre la hepatitis viral.</i>
<b>CDC Foundation Viral Hepatitis Action Coalition</b>	<a href="http://www.cdcfoundation.org/vhac">www.cdcfoundation.org/vhac</a> <a href="http://www.viralhepatitisaction.org">www.viralhepatitisaction.org</a>	Not applicable  <i>No aplica</i>	Provides information about advances in the prevention, screening and treatment of viral hepatitis.  <i>Provee información sobre avances en prevención, asesoramiento y tratamiento de la hepatitis viral.</i>
<b>City of Houston Hepatitis C Task Force</b>	(832) 393-4706 Adult Viral Hepatitis Prevention Coordinator (AVHPC) <a href="http://www.houstontx.gov/health/HIV-STD/viralhepatitis.html">www.houstontx.gov/health/HIV-STD/viralhepatitis.html</a>	8000 N. Stadium Dr. Houston, TX 77054	Information about viral hepatitis, testing and provider training.  <i>Información sobre hepatitis viral, análisis y entrenamiento a proveedores.</i>

# Hepatitis C Information & Resources

## Información y Recursos Sobre Hepatitis C

### PUBLICATIONS & INFORMATION / PUBLICACIONES Y INFORMACIÓN

Name / Nombre	Phone & Web Site / Teléfono y Sitio Web	Mailing Address / Dirección que Envía	Description / Descripción
Hepatitis C Advocates	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a> <a href="http://www.hcvadvocate.org/espanol.asp">www.hcvadvocate.org/espanol.asp</a>	PO Box 427037 San Francisco, CA 94142	Provides unbiased information, support, and advocacy to all communities affected by HCV and HIV/HCV co-infection.  <i>Provee información imparcial, apoyo, y abogacía a todas las comunidades afectadas por las infecciones del VHC y VIH/HVC.</i>
Hepatitis C Advocates	1 (800) 522-HEPC <a href="http://www.hepc-connection.org">www.hepc-connection.org</a>	1325 S. Colorado Blvd. Building B, Suite 302 Denver, CO 80222	An education, support, and prevention network for those affected by, or at risk for, hepatitis C.  <i>Una red educacional, de apoyo, y prevención para aquellos afectados por, o a riesgo de la infección de la hepatitis C.</i>
HIVandHepatitis.com	<a href="http://www.hivandhepatitis.com">www.hivandhepatitis.com</a>	584 Castro Street #272, San Francisco, CA 94114	Informational website  <i>Información en sitio web.</i>
National Viral Hepatitis Roundtable (NVHR)	(707) 242-3333 <a href="http://www.nvhr.org">www.nvhr.org</a>	PO Box 1662 Rohnert Park, CA 94928	National networking, partnership development and capacity-building to improve viral hepatitis programs.  <i>Red nacional, desarrollo y capacidad en asociación para el mejoramiento de los programas de la hepatitis viral.</i>
Texas Department of State Health Services	(512) 533-3124 Adult Viral Hepatitis Prevention Coordinator (AVHPC) <a href="http://www.dshs.state.tx.us/idcu/disease/hepatitis">www.dshs.state.tx.us/idcu/disease/hepatitis</a>	TB/HIV/STD Branch MC 1873 PO Box 149347 Austin, TX 78714-9347	Prevention and education at the state level.  <i>Prevención y educación a nivel estatal.</i>
St. Luke's Liver Health Outreach	(832) 355-5119 <a href="http://www.texasliver.org">www.texasliver.org</a>	6620 Main St, Ste 1505 Houston, TX 77030	Free Hepatitis C and B testing, support groups and educational materials  <i>Análisis gratis para la hepatitis B y C, grupos de apoyo y materiales educativos</i>

# HIV & STD Testing / Prueba del VIH y ETS

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This medical test is the only way to tell if someone is infected with the virus. The test can be done at a doctor's office or a clinic. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have your results ready for you in 10 – 14 days, some have tests that give immediate results.

Si Ud. cree que ha sido expuesto al VIH, debe seriamente considerar hacerse un análisis del VIH. Éste es el único método de saber si una persona está infectada con el virus. Lo puede hacer en la oficina del médico o en una clínica. En muchas clínicas públicas Ud. no tiene que revelar su nombre y el análisis es gratuito o de bajo costo. En algunos lugares recibirá el resultado en 10 a 14 días, en otros lugares dan resultados inmediatos.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, CD, Esp . . . . .	90
AAMA Family Health Clinic	(713) 967-6700	(C) Lawndale	M, W, Y (ages 13+), Free, Walk-ins, Esp, CD. . . . .	97
AAMA-MAP Program	(713) 926-9491	(E) Second Ward	M, W, Y, Free, Walk-ins, CD, Esp . .	96
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-ins, S\$, Med, Ins, Esp . . . . .	99
Career and Recovery Resources	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . . .	102
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Change Happens!	(713) 374-1200	(C) Third Ward	M (18 & up), Free, IRR, CD . . . . .	103
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 . . . . .	106
FLAS, Inc. HIV Counseling and Testing	(713) 772-2366	(SW) Sharpstown	All, Free, Appt Req, Esp . . . . .	112
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	All, Appt req, Esp . . . . .	111
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Free, S\$, Walk-ins, CD . . . .	114
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All (ages 13 & up), Free, S\$, Ins, Esp . . . . .	122
HCHD - Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med . . . . .	116
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	All, Walk-ins, Free S\$, Med . . . . .	116
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	All, Fam, Free, S\$, Med, Walk-ins . .	116
HCHD - Baytown Health Center	(281) 427-6757	(E) Baytown	All, Walk-ins, Free S\$, Med . . . . .	116
HCHD - Casa de Amigos Health Center	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free S\$, Med . . . . .	116
HCHD - Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free S\$, Med . . . . .	117
HCHD - People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free S\$, Med . . . . .	117
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp . . . . .	117
HCHD - Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free S\$, Med . . . . .	117
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, Appt/Walk-ins, Esp . . . . .	117
Harris County Antoine Health Clinic	(713) 602-3300	(NW) Inwood Forest	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Baytown Health Clinic	(281) 427-5195	(E) Baytown	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Humble Health Clinic	(281) 446-4222	(N) Humble	All, S\$, Ins, Med, Appt req, Esp . .	119

## HIV & STD Testing / Prueba del VIH y ETS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Harris County Southeast Health Clinic	(713) 740-5000	(SE) Pasadena	All, S\$, Ins, Med, Appt req, Esp . . .	119
Harris Co. Sheriff's Office Early Intervention Svcs	(713) 755-9252	(C) Downtown	M, W, Free, Incarcerated, Esp . . .	121
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All, S\$, Med, Ins, Appt/Walk-ins . . .	133
Planned Parenthood	(800) 230-PLAN	Call to be connected to the nearest clinic	M, W, Y, Free, Walk-ins, Esp. . . . .	138
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD . . . . .	138
St. Hope Foundation -B.R.O. IV L.I.F.E.	(713) 884-8032	(C) Bellaire	M (age 16 & up), Free, Appt/Walk-ins, Esp . . . . .	145
Triangle AIDS Network	(409) 832-8338	(E) Beaumont	Appt req, Free, S\$, Esp . . . . .	150

## Home Assistance and Home Health Care Asistencia y Cuidado en el Hogar

Some HIV infected persons need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.

Algunas personas VIH+ necesitan ayuda en sus domicilios y hay varios tipos de ayuda disponibles. Para las personas que necesitan ayuda mínima en el aseo de la casa, se puede proporcionar este servicio gratuitamente o a bajo costo. Para personas que requieran ayuda con el aseo personal (bañarse, etc), hay disponible enfermeras y asistentes. A veces una orden médica es requerida.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AHCH-HIV/AIDS Relief Care	(713) 864-1795	Not specified	All, Flat Fee, <b>AIDS diagnosis only</b> . . .	93
Cage's Medical Services	(713) 674-5616	Not specified	All, Med, Ins, Private Pay, Walk-ins, Esp . . . . .	101
Care Group of Texas	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Ins, Wrkrs Comp, Managed Care, Esp. . . . .	101
Citywide Home Healthcare	(713) 660-8888	(C) Braeswood	All, Med, Ins, Wkr Comp . . . . .	
Colby D Healthcare Inc.	(832) 563-4970	(SW) Westwood	Ages 0-21, Medicare, Esp . . . . .	105
Combined Community Action	(979) 540-2993	(NW) Giddings	M, W, Free, Appt/Walk-ins, Lim, Private Pay. . . . .	106
Medcare Pediatric Rehab Center	(713) 773-5100	(E) Northshore	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(N) Spring	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 995-9292	(SE) Pasadena	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(SW) Stafford	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Metro Health Services	(713) 777-9600	(SW) Westwood	Adults, Med . . . . .	132
NationsMed Healthcare	(281) 240-4144	(SW) Stafford	Adults, Med, Ins . . . . .	133
PSA Healthcare	(832) 325-1280	(C) Bellaire	CY (0-18 yrs), Med, Ins, Appt req, Esp . . . . .	139
Triangle AIDS Network	(409) 832-8338	(E) Beaumont	<b>HIV+ only</b> , Appt Req, Free, S\$, Esp . . . . .	150

## Hospice Care / Cuidado de Hospicio

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of AIDS. Physician approval is needed for this service, which can take place in a home, special residence, nursing facility or hospital.

El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del SIDA. La aprobación de un médico es necesaria para recibir este servicio, el cual puede ocurrir en el hogar, una residencia especial, u hospital.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AseraCare Hospice	(713) 864-2626	(C) Heights	Adults, Ins, Med, Esp . . . . .	96
Bering Omega Residential Hospice	(713) 341-3780	(C) Montrose	<b>HIV+ only</b> , \$20 co-pay/day if above 100% FPL, Esp . . . . .	100
East Texas Hope	(713) 480-3534	(NE) Cleveland	M, <b>HIV+ only</b> , Med, Call for intake. . .	109
Evercare Hospice and Palliative Care	(713) 219-6490	(SW) Westwood	Adults only, S\$, Med/Med, Ins, Esp, Call for intake. . . . .	109
Hospice Care Team, Inc.	(409) 938-0070	(SE) Texas City	Terminal diagnosis, Appt/Walk-ins, Med, S\$, Ins, CHIP . . . . .	122

## Housing and Emergency Shelters Vivienda y Refugios de Emergencia

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. These include subsidized apartments, group residential facilities, chemical dependency halfway houses, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (also see FINANCIAL ASSISTANCE). As a last resort, a number of emergency shelters serving men, women, adolescents, and families are located in the Houston area.

Houston ofrece varias opciones de vivienda para las personas VIH+ con bajos ingresos, y los que tienen necesidades especiales. Estas opciones incluyen departamentos de bajo costo, residencias en grupos, personas con dependencia de sustancias, y centros de vivienda transitoria. Estos están disponibles a muy bajo costo. Algunas agencias también proveen ayuda con la renta y/o utilidades para prevenir que las personas se queden sin vivienda o servicios públicos (también vea ASISTENCIA FINANCIERA). Como último recurso, existen refugios de emergencia para hombres, mujeres, adolescentes y familias de Houston.

### HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp . .	151
AAMA-MAP Program	(713) 926-9491	(E) Second Ward	M, W, Fam, Y, Free, Walk-ins, CD, Esp . . . . .	96
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	90
Bering Omega Housing Assistance	(713) 341-3767	(C) Montrose	Free, Appt Req, <b>HIV+ only</b> , Esp . .	100
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free . . . . .	124
Brentwood Project WAITT	(713) 852-2551	(S)	All, Appt/Walk-ins, Free, <b>HIV+ only</b> , CD. . . . .	101
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	Adults, Free, Walk-ins, <b>HIV+ only</b> , I/RR, Immigrants, Esp . . . . .	102
Combined Community Action	(979) 540-2980	(NW) Giddings	All, Free, Appt/Walk-ins, Lim, Income-based eligibility, Esp . . . .	106
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free . . . . .	124
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
Harris County Housing Resource Center	(713) 578-2055	Harris County	All, Free, Esp . . . . .	118
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	M, W, Free, Appt Req, <b>HIV+ only</b> , Esp . . . . .	122



# Housing and Emergency Shelters / Vivienda y Refugios de Emergencia

## HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free. . . . .	123
Michael E. DeBakey VA Medical Center	(713) 794-7288	(C) Medical Center	Veterans, Walk-ins, Income-Based eligibility, CD. . . . .	132
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp. . . . .	135
San Jacinto Apartments	(713) 650-0306	(C) Downtown	<b>HIV+ only</b> . . . . .	125
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp. . . . .	150

## EMERGENCY SHELTERS / REFUGIOS DE EMERGENCIA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Bay Area Homeless Services	(281) 837-1657	(E) Baytown	Adults, Homeless, Free, Esp. . . . .	97
Bridge Over Troubled Waters Emergency Shelter	(713) 473-2801	(SE) Confidential	All, W, Fam, Appt Req, Free, Esp. . . . .	101
Covenant House Texas	(713) 523-2231	(C) Montrose	All (age 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp. . . . .	106
FamilyTime Crisis and Counseling Center	(281) 446-2615	(NE) Humble	All, Free, S\$, Appt Req (Walk ins-crisis only) . . . . .	110
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD. . . . .	113
New Horizon Family Center	(281) 422-2292	(E) Baytown	W, Y, C, Free, Appt Req, Lim, Esp. . .	134
Star of Hope Men's Development Center	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD . . . . .	146
Star of Hope Women and Family Shelter	(713) 222-2220	(C) Second Ward	W, Fam, Lim, Free, Esp. . . . .	146
Virtuous Women in Action	(281) 594-1655	(N) Eastex/Jensen	W, Homeless, CD, I/RR, <b>HIV+ only</b> , Free, S\$, Walk-ins . . . .	152

## LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt Req, <b>HIV+ only</b> , CD, Esp. . . . .	89
AFH - Chupik House	(713) 623-6796	(SW) Rosenberg	Men, Appt Req, <b>HIV+ only</b> , S\$ (HUD-based) . . . . .	91
AFH - First Responders	(713) 623-6796	(C)	Adults only, CD, S\$, receiving SSI/SSD or VA benefits . . . . .	91
AFH - Help House	(713) 623-6796	(C) Montrose	<b>HIV+ adults only</b> , Disabled, S\$ based on HUD calculations . . . .	92
AFH - Project "A Friendly Haven"	(713) 651-0833	(C)	<b>HIV+ only</b> . . . . .	92
AFH - Project My Home	(713) 623-6796	(C)	Adults with disabling condition, rent=30% of income . . . . .	92
AFH - Project T.E.X.T. M.S.G.	(281) 888-5316	Not specified	Age 18-24, <b>HIV+</b> and/or disabled, Homeless, S\$, Walk-ins, CD . . . . .	93
Bridge Over Troubled Waters	(713) 473-2801	(SE)	All, W, Fam, Appt Req, Free, Esp. . .	101
Change Happens! RESCUE in Motion	(713) 374-1225	(C) Third Ward	W, Homeless, Disabled, Appt req. . .	103
Change Happens! RESCUE in Motion 4-Him	(713) 374-1234	(C) Third Ward	M, Homeless, Disabled, Appt req, Free. . . . .	104

# Housing and Emergency Shelters / Vivienda y Refugios de Emergencia

## LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Corder Place Apartments	(713) 741-4070	(C) S. Union/ Yellowstone	Families w/children, <b>HIV+ only</b> , Homeless, Appt req . . . . .	106
Covenant House Texas	(713) 523-2231	(C) Montrose	All (age 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp. . . . .	106
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	M, W, Free, Appt Req, <b>HIV+ only</b> , Esp . . . . .	122
Morning Star Hostel	(713) 520-0461	(C) Midtown	Adults, S\$, <b>HIV+ only</b> , I/RR, Walk-ins, Esp . . . . .	130
San Jacinto Apartments	(713) 650-0306	(C) Downtown	<b>HIV+ only</b> . . . . .	125
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Homeless only, Esp. . . . .	140
Stop Turning Entering Prison, Inc.	(832) 881-3193	(N) Trinity/ Houston Gardens	W (age 18 & up), I/RR, CD . . . . .	147
Swehla House	(713) 528-0037	(C) Montrose	M, W, S\$, Appt req, <b>HIV+ only</b> . . .	106
Virtuous Women in Action	(281) 594-1655	(NE) Eastex/Jensen	W, Homeless, CD, I/RR, <b>HIV+ only</b> , Free, S\$, Walk-ins . . . . .	152

## SHORT TERM HOUSING / VIVIENDA TEMPORAL

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH - Project LifeRoad	(713) 623-6796	(C)	<b>HIV+ only</b> . . . . .	92
AHCH - Crosby House	(713) 864-1795	(SW)	M, W, <b>HIV+ only</b> . . . . .	93
AHCH - West Heights House	(713) 864-1795	(C) Heights	M, W (age 19 & up), <b>HIV+ only</b> , Flat Fee, Appt Req, Lim . . . . .	94
Covenant House Texas	(713) 523-2231	(C) Montrose	All (age 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp. . . . .	106
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, Documented Homeless & TB . . . . .	116
Morning Star Hostel	(713) 520-0461	(C) Midtown	Adults, S\$, <b>HIV+ only</b> , I/RR, Walk-ins, Esp . . . . .	130
San Jacinto Apartments	(713) 650-0306	(C) Downtown	<b>HIV+ only</b> . . . . .	125
Sisters of Serenity - Gene's House	(713) 738-5558	(S) Sunnyside	W, <b>HIV+ only</b> , S\$, Lim . . . . .	142
Star of Hope Transitional Living Ctr for Women & Families	(713) 748-7242	(C) OST/S. Union	W, Fam, Lim, Free, Esp . . . . .	146
Virtuous Women in Action	(281) 594-1655	(N) Eastex/Jensen	W, Homeless, CD, I/RR, <b>HIV+ only</b> , Free, S\$, Walk-ins . . . . .	152

## TRANSITIONAL HOUSING / VIVIENDA DE TRANSICIÓN

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W/W with Children, I/RR, CD, Free, Appt Req . . . . .	140
Sisters of Serenity - Gene's House	(713) 738-5558	(S) Sunnyside	W, <b>HIV+ only</b> , S\$, Lim . . . . .	142
Star of Hope Men's Development Center	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD . . . . .	146
Star of Hope Transitional Living Center	(713) 748-7242	(C) OST/S. Union	W, Fam, Lim, Free, Esp . . . . .	146
Stop Turning Entering Prison, Inc.	(832) 881-3193	(N) Trinity/ Houston Gardens	W (age 18 & up), I/RR, CD . . . . .	147
Wellsprings Village, Inc.	(713) 529-6559	Confidential	W (age 25-50), I/RR, Homeless, Appt req, Lim, CD . . . . .	152

# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 01/12/12)

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. The agencies listed below receive HOPWA funds to provide the following Housing/Housing-related services:

Se ofrecen varias opciones de vivienda en el área de Houston para personas VIH+ de bajos ingresos y con necesidades especiales. Las agencias mencionadas aquí reciben fondos para proveer los siguientes servicios relacionados con la vivienda:

**STRMU:** Short Term Rent, Mortgage, Utility Assistance Program

**TBRA:** Tenant Based Rental Assistance

**SS:** Supportive Services  
**CR:** Community Residences

Scan the list below to find an agency that provides the particular service that you need. Please see the next page for a full description of these services.

Busque en la lista a continuación la agencia que provee el servicio particular que necesita. Por favor vea la próxima página para una descripción completa de estos servicios.

## AGENCY / AGENCIA

**A Caring Safe Place (CR, SS)**  
1804 Carr Street;  
Houston, TX 77026  
(713) 225-5441

**AIDS Coalition of Coastal Texas (STRMU, TBRA, SS)**  
707 23rd Street;  
Galveston, TX 77550  
(409) 763-2437

**AIDS Foundation Houston (STRMU, TBRA, CR, SS)**  
3202 Wesleyan;  
Houston, TX 77027  
(713) 623-6796

**Bering Omega Community Services (STRMU, TBRA, SS)**  
1429 Hawthorne;  
Houston, TX 77006  
(713) 529-6071

**Brentwood Community Foundation (STRMU, CR, SS)**  
13101 Landmark St.; Houston, TX 77045  
(713) 852-1451

**Career & Recovery Resources, Inc (SS)**  
2525 San Jacinto; Houston, TX 77002  
(713) 754-7043

**Catholic Charities (STRMU, TBRA, SS)**  
2900 Louisiana; Houston, TX 77006  
(713) 874-6589

**Houston Area Community Services (STRMU, TBRA, SS)**  
2150 W. 18th St., Suite 300  
Houston, TX 77008  
(713) 426-0027

**Houston HELP – Corder Place Apts (CR, SS)**  
7210 Peerless Street  
Houston, TX 77021-5544  
(713) 741-4070

**Houston SRO Housing Corp. – San Jacinto Apts (CR, SS)**  
2211 Norfolk Suite 740;  
Houston, TX 77098  
(713) 526-9470

**Houston Volunteer Lawyers Program, Inc. (SS)**  
712 Main Street, Suite 2700;  
Houston, TX 77002  
(713) 228-0735, Ext 121

**Montrose Counseling Center (STRMU, SS)**  
401 Branard Street  
Houston, TX 77006  
(713) 529-0037

**SEARCH (SS)**  
2505 Fannin Street;  
Houston, TX 77002  
(713) 739-7752

The eligibility requirements for HOPWA-funded services are very basic, but some agencies may have additional restrictions placed on them by other funding sources that are more stringent. To be eligible for HOPWA funds you must:

1. Meet the definition of low income: 80% of median income;
2. Have an HIV positive diagnosis; and
3. Live in one of the following ten counties: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery, San Jacinto or Waller.

Please check with the service provider for additional eligibility requirements, restrictions and limitations.

Los requisitos para elegibilidad a los servicios fundados por HOPWA son muy básicos, pero algunas agencias puede que tengan restricciones adicionales exigidas por otras fuentes financieras que son más estrictas. Para ser elegible a recibir fondos de HOPWA usted debe:

1. Calificar bajo la definición de "bajo ingreso": 80% del ingreso del punto medio
2. Estar diagnosticado con el VIH; y
3. Vivir en uno de los diez siguientes condados: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery, San Jacinto o Waller.

Por favor hable con el proveedor para conocer de requisitos, restricciones y limitaciones adicionales.

# HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 05/31/09)

## SERVICE DESCRIPTIONS / DESCRIPCIÓN DE SERVICIOS

### Short Term Rent, Mortgage, Utility Assistance Program (STRMU):

STRMU will pay an eligible client's rent, mortgage and/or utility payments for UP TO 21 weeks in a 52-week period. These funds are NOT used to support:

- \* Move-in Deposits \* Security Checks \* Credit Checks
- \* Move-in support (supplies, furnishings, minor repairs etc.)
- \* Emergency shelter vouchers for hotel or motel.

Rent/utility payments are made to the owner/management of the property.

### Tenant Based Rental Assistance (TBRA):

TBRA will pay for an eligible clients rent or utility for 12 to 24 months at a location determined by the client. Locations must:

- \* Meet Housing Quality Standards established by HUD/HCD; and
- \* Cost of rent must meet federal median income

Rent/utility payments are made to the owner/management of the property.

### Supportive Services (SS):

All agencies that receive HOPWA funds offer supportive services to eligible clients in establishing permanent housing. Each agency provides different supportive services. Supportive Services can include case management, housing counseling, professional counseling, nutritional services, child care, etc.

**Community Residences (CR):** Community residences provided through an agency. Contact the agencies providing CR for information on services.

Currently existing residences focus on:

- \* Single men/Substance abuse
- \* Single women/Substance abuse
- \* Women and Children
- \* Recently released men/women

### Programa de asistencia de corto plazo para la renta, la hipoteca, y los servicios públicos (STRMU):

STRMU pagará la renta, la hipoteca y/o los servicios públicos POR 21 semanas en un periodo de 52 semanas. Estos fondos NO asisten con:

- \* Depósito inicial para la renta \*Seguridad \*Crédito
- \* Pagos para provisiones, muebles, reparaciones, etc.
- \* Emergencia de refugio a hotel o motel.

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

### Asistencia para la renta al arrendatario (TBRA):

TBRA pagará para los clientes elegibles la renta o los servicios públicos (luz, etc.) por 12 a 24 meses. El cliente determina la ubicación de la vivienda que debe:

- \* Cumplir con el estándar de calidad de vivienda establecido por HUD/HCD; y
- \* Costo de renta debe cumplir con el ingreso federal del punto medio

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

### Servicios de apoyo (SS):

Todas las agencias que reciben fondos de HOPWA ofrecen servicios de apoyo a los clientes elegibles para establecerse en una vivienda permanente. Cada agencia provee diferentes servicios de apoyo. Dichos servicios pueden incluir administración de casos, consejería profesional, servicios nutricionales, cuidado de los niños, etc.

**Residencias comunitarias (CR):** Estas son proveídas por medio de una agencia. Póngase en contacto con las agencias que proveen CR para mayor información.

Actualmente, las residencias existentes sirven a:

- \* Hombres solteros/abuso de sustancias
- \* Mujeres solteras/abuso de sustancias
- \* Mujeres y sus niños/niñas
- \* Hombres/mujeres recientemente liberados de la prisión



Most agencies have limited funding for the services they offer. If you need additional resources, please call the United Way Helpline at 2-1-1, (713) 957-HELP or toll free at 1-800-833-5948. The Helpline is available 24 hours a day and is offered in over 150 languages. If you would like to email your inquiry to the helpline, you may do so at [help@uwtgc.org](mailto:help@uwtgc.org).

You can search the United Way Community Resource Database online at: <http://referral.uwtgc.org/>. The database gives the option to search by zip code, service category, agency or program name and key word.

# Information & Hotlines

## Información y Línea Telefónica de Ayuda

Information and Referral lines provide information on where to find specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. 24-hour hotlines offer information or assistance during a crisis.

Las líneas de Información y Referencia proveen información sobre donde Ud. puede encontrar servicios específicos o contesta preguntas relacionadas con el VIH y otros temas de la salud. Las llamadas son gratuitas y anónimas. La línea de ayuda de 24 horas ofrece información o asistencia durante una crisis

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp . . . . .	151
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	90
AFH - Focus on Youth	(713) 623-6796	(C)	Y (ages 13-18), Free . . . . .	91
AFH - Positive Link	(713) 623-6796	(C)	<b>HIV+ only</b> , W, C, Y, Free, Walk-ins . . .	92
AHCH - HIV/AIDS Community Referral Hotline	(713) 864-1795	All	All, Free . . . . .	93
AIDSinfo	(800) 448-0440	Nationwide	All, Free, Esp . . . . .	94
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$. . . . .	95
Bay Area Council on Drugs & Alcohol	(281) 212-2900	(SE) Clear Lake	All, CD . . . . .	97
Bridge Over Troubled Waters	(713) 473-2801	(SE)	All, W, Fam, Appt Req, Free, Esp. . .	101
The Center for AIDS	(713) 527-8219	(C) Montrose	All, Free, Esp . . . . .	128
Child Care Information (TDFPS)	(800) 862-5252	Statewide	All, Free . . . . .	148
City of Houston Office of Veterans Affairs	(832) 393-0992	(C) Downtown	All veterans & their families, Free, Walk-ins, Esp . . . . .	104
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins. . . . .	107
Crisis Intervention of Houston	(713) HOTLINE		All, Esp . . . . .	107
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt Req (Walk ins-crisis only) . . . . .	110
Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All ages, Free. . . . .	113
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
Health Information Hotline (CDC)	(800) 232-4636	Nationwide	All, Free, Esp . . . . .	121
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Houston Compass, Inc.	(713) 229-8319	(C) Downtown	All, Free . . . . .	124
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free . . . . .	137
New Horizon Family Center	(281) 422-2292	(E) Baytown	W, Y, C, Free, Appt Req, Lim, Esp . . . . .	134
Ryan White Planning Council Office of Support	(713) 572-3724	(C) Galleria/Post Oak	All, Free . . . . .	140
Social Security Administration	(800) 772-1213	Nationwide	All . . . . .	142
Texas Abuse, Neglect & Exploitation Reporting	(800) 252-5400	Statewide	All, Free, Esp . . . . .	148
Texas Runaway Hotline	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp. . . . .	148
Texas Youth Hotline	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp. . . . .	149

## Insurance Premium & Co-pay Assistance *Primade Segura y Asistencia del Copago*

Many HIV infected persons are not fortunate enough to have private medical insurance. And, sadly, many others lose their insurance because they cannot afford the premiums. The agencies listed below may be able to help pay your insurance premiums and will answer your questions about COBRA benefits and keeping your insurance.

Muchas personas infectadas con el VIH no tienen acceso a un seguro privado de salud. Lamentablemente, muchas otras lo pierden por no poder pagar las cuotas. Las agencias mencionadas aquí quizás le puedan ayudar a pagar las primas del seguro médico y responder a preguntas sobre sus beneficios de COBRA.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Esp. . . . .	90
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	M, W, Appt req, <b>HIV+ only</b> , Esp. . .	128
Triangle AIDS Network	(409) 832-8338	(E) Beaumont	All, <b>HIV+ only</b> , Esp. . . . .	150

## Legal Services *Servicios Legales y Defensa Pública*

Free or very low cost legal services are available to HIV+ individuals living in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians ("living wills") and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Civil and criminal matters generally are not.

Existen servicios legales gratuitos o a bajo costo para personas VIH+ viviendo en Houston. Uno de los servicios más importantes es el de ayudar a completar documentos, así como testamentos, poder notarial, orden a médicos, y arreglos para funerales. A nadie le gusta pensar en estos documentos cuando uno se siente bien, pero esta preparación anticipada puede prevenir confusión y angustia. También existen otros tipos de asistencia legal, así como temas familiares, obteniendo beneficios por incapacidad, discriminación e inmigración. Generalmente, no se asiste en casos civiles y criminales.

### LEGAL SERVICES / SERVICIOS LEGALES

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Houston Lawyer Referral Service, Inc.	(713) 237-9429	(C) Downtown	M, W, S\$, Esp . . . . .	125
Houston Volunteer Lawyers AIDS Project	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, <b>HIV+ only</b> , Filing fees . . . . .	125
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, Y, C, Free, Appt Req, Lim, Esp. . .	134

### ADVOCACY / DEFENSA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Aid to Victims of Domestic Abuse	(713) 224-9911	(C) Downtown	Adults, Fam, S\$, Walk-ins, Esp. . . .	90
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free. . . . .	124
Disability Rights Texas (Advocacy Inc.)	(713) 974-7691	(C) Midtown	All, Fam, Appt Req, Free . . . . .	108
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free. . . . .	124
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free. . . . .	123

### IMMIGRATION / INMIGRACIÓN

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All, S\$. . . . .	96

## Medical Equipment / Equipo Médico

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	90
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp . . . . .	99
Care Group of Texas, The	(713) 383-2100	(C) Astrodome/ South Loop	All, Med, Ins, Private Pay, Wkr Comp, Managed Care, Esp. . .	101
Claude's Pharmacy	(281) 447-7648	(NW) Acres Home	M, W, Med, Walk-ins, Esp . . . . .	105
Helping Others Foundation for Cancer & AIDS Awareness	(318) 985-2004	All	All . . . . .	122
Metro Health Services	(713) 777-9600	(SW) Westwood	Adults, Med . . . . .	132
NationsMed Healthcare	(281) 240-4144	(SW) Stafford	Adults, Med, Ins . . . . .	133
South Side Infusion-DME	(713) 660-8888	(B) Braeswood	All, Med, Ins, Wkr Comp, Esp . . .	143

## Mental Health Services / Servicios de Salud Mental

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual counseling is available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income. Many hospitals and clinics also provide psychiatric care.

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda profesional para enfrentar estos sentimientos. Se dispone de consejería individual para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente. Muchos hospitales y clínicas también proveen cuidado psiquiátrico.

NOTE: The Texas Department of Family and Protective Services has a 24-hour toll free hotline to report abuse, neglect or exploitation in Mental Health/Mental Retardation facilities in Texas: (800) 647-7418.

TOME EN CUENTA: El Servicio a la Familia y de Protección del Departamento de Texas tiene una Línea de Ayuda Telefónica disponible las 24 horas del día donde usted puede llamar gratuitamente a reportar abuso, negligencia o explotación en instalaciones o centros de Salud Mental/Retraso Mental en Texas: (800) 647-7418.

Please see page 77 for Support Group listings

Consulte la página 77 para la lista de Grupos de Apoyo

### COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/ South Union	All, Income-based eligibility, Free . . . . .	89
Alief Educational Svcs Successful Parenting Program	(713) 772-9085	(SW) Westwood	Adults, Pregnant/Parenting teens, Flat fee . . . . .	94
Alief Educational Svcs BIPP Group Counseling	(713) 772-9085	(SW) Westwood	Adults, S\$. . . . .	94
Alief Educational Svcs MH Counseling/Psychotherapy	(713) 772-9085	(SW) Westwood	All, I/RR, CD, Homeless, S\$, Ins. . . .	94
Alief Educational Svcs Staying Cool - Anger Management	(713) 772-9085	(SW) Westwood	Adults, Y (ages 13-17), Flat fee . . .	94
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All, S\$. . . . .	96
Centerpointe Counseling Services	(713) 528-7007	(C) Midtown	All (age 6+), S\$, Ins, Appt Req, CD . .	103
Change Happens! RESCUE in Motion	(713) 374-1225	(C) Third Ward	W, Homeless, Disabled, Appt req . . .	103

# Mental Health Services / Servicios de Salud Mental

## COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Change Happens! RESCUE in Motion 4-Him	(713) 374-1234	(C) Third Ward	M, Homeless, Disabled, Appt req, Free . . . . .	104
Change Happens! STAIRS Program	(713) 374-1227	(C) Third Ward	M, W, Free, Appt req, CD, Formerly Chronically Homeless . .	104
DePelchin Children's Center	(713) 730-2335	Various	C, Y (ages 13-18), S\$, Med, Ins, CHIP, Appt req . . . . .	108
Family Services of Greater Houston - Bay Area	(713) 861-4849	(SE) Clear Lake/ NASA	All, S\$, Ins, Med, CHIP, Appt pref/Walk-ins, Esp . . . . .	110
Family Services of Greater Houston - Baytown	(713) 861-4849	(E) Baytown	All, S\$, Ins, Med, CHIP, Appt pref/Walk -ins, Esp. . . . .	110
Family Services of Greater Houston - Central Office	(713) 861-4849	(C) Memorial Pk/ Washington	All, S\$, Ins, Med, CHIP, Appt pref/Walk -ins, Esp. . . . .	110
Family Services of Greater Houston - Fort Bend Co.	(713) 861-4849	(SW) Stafford	All, S\$, Ins, Med, CHIP, Appt pref/Walk -ins, Esp. . . . .	110
Family Services of Greater Houston - Montgomery Co.	(713) 861-4849	(N) Woodlands	All, S\$, Ins, Med, CHIP, Appt pref/Walk -ins, Esp. . . . .	110
Family Services of Greater Houston. -Waller Co.	(713) 861-4849	(W) Brookshire	All, S\$, Ins, Med, CHIP, Appt pref/Walk -ins, Esp. . . . .	110
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt Req (Walk ins-crisis only) . . . . .	110
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Med, Ins, Appt req . . . . .	113
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD . . . . .	113
HCHD-Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Esp . . .	117
Helping Others Foundation for Cancer and AIDS Awareness	(318) 985-2004	All	All . . . . .	122
Hospice Care Team Bereavement Svcs	(409) 938-0070	(SE) Texas City	All, Free, Appt req . . . . .	122
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	Adults, S\$, Ins, Med, Appt req, Esp. . . . .	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Jewish Family Service	(713) 667-9336	(C) Meyerland	M, W, All, S\$, Appt req. . . . .	127
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp . . . . .	127
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Medcare Pediatric Rehab Center	(713) 773-5100	(SW) Stafford	C, Y, S\$, Med, Private Pay, Ins, Appt req, Esp. . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(E) Northshore	C, Y, S\$, Med, Private Pay, Ins, Appt req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5120	(N) Spring	C, Y, S\$, Med, Private Pay, Ins, Appt req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 995-9292	(SE) Pasadena	C, Y, S\$, Med, Private Pay, Ins, Appt req, Esp . . . . .	130
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free . . . . .	131
Montrose Counseling Center, Inc.	(713) 529-0037	(C) Montrose	M, W, Fam, All, I/RR, Free, Walk-ins, <b>HIV+ only</b> , CD . . . . .	133
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134



# Mental Health Services / Servicios de Salud Mental

## COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, Y, C, Free, Appt req, Lim, Esp . . . . .	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Med, Appt req, Esp. . . . .	134
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway/ Upper Kirby	Not specified . . . . .	137
Presbyterian Children's Home and Services	(713) 721-2908	(SW) Willow Meadows/Willow Bend	All, Free . . . . .	138
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W/W with children, I/RR, CD, Free, Appt Req . . . . .	140
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Walk/Appt Req, <b>HIV+ only</b> , Esp . . . . .	144
Texas DFPS-Report Abuse in MHMR Facilities	(800) 647-7418	Statewide	All, Free . . . . .	148
Texas Runaway Hotline	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp . . . . .	148
Texas Youth Hotline	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp . . . . .	149
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral req . . . . .	149
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp . . . . .	150
UT Substance Abuse Research Center	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, IRR . . . . .	152

## INPATIENT TREATMENT / TRATAMIENTO PACIENTES INTERNOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
DAPA - Acute Inpatient Program (AIP)	(713) 783-8889	(C) Medical Center	M, W, Fam, CD, I/RR . . . . .	108

## OUTPATIENT TREATMENT / TRATAMIENTO PACIENTES EXTERNOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
DAPA - Partial Hospital Program	(713) 783-8889	(NW) Fairbanks/ NW Crossing	M, W, Fam, CD, I/RR . . . . .	107



Art by Tammy

# Miscellaneous Services / Servicios Misceláneos

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.

Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AHCH- HIV/AIDS Public Speaker Bureau	(713) 864-1795	(C) Heights	Flat Fee. . . . .	93
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$. . . . .	95
Art League Houston HIV + Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins, Call for class location . . . . .	96
Casa de Esperanza de los Ninos, Inc.	(713) 529-0639	(C) Medical Center	C, Free, Esp . . . . .	102
City of Houston HIV Prevention Planning Group	(832) 393-5010	(C) Astrodome/ South Loop	All, Free, Walk-in. . . . .	104
City of Houston Office of Veterans Affairs	(832) 393-0992	(C) Downtown	Veterans & their families, Free, Walk-ins, Esp . . . . .	104
Coalition for the Homeless of Houston/Harris County	(713) 739-7514	(C) Downtown	Not specified . . . . .	105
Community Voice Mail Houston	(713) 739-7514	(C) Downtown	All, Free, Call for intake . . . . .	105
Family Services of Greater Houston Central Office	(713) 868-4466	(C) Memorial Pk/ Washington	All, S\$, Ins, Med, CHIP, Appt Pref/Walk-ins, Esp . . . . .	
Houston Compass, Inc.	(713) 229-8319	(C) Downtown	All, Free . . . . .	124
Houston GLBT Community Center	(713) 524-3818	(C) Memorial Pk/ Washington	Adults, Free . . . . .	124
Houston Humane Society Burnie's Buddies	(713) 433-6421	(S)	<b>HIV+ only</b> , Free, Referral Req, Esp. . . . .	124
Houston Humane Society Paw Prints	(713) 433-6421	(S)	<b>HIV+ only</b> , Flat Fee, Appt Req, Esp . . . . .	124
International Language Associates	(713) 206-0910	All	All, Flat Fee, Appt Req . . . . .	126
LIVE Consortium	(713) 861-5483	(C) Midtown	Not specified . . . . .	128
MHMRA Mental Health First Aid Class	(713) 970-3996	(SW) Sharpstown	All, Application, Fee . . . . .	132
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt Req, CD. . . . .	132
Metro Health Services	(713) 777-9600	(SW) Westwood	Adults, Med. . . . .	132
PAWS Houston	(713) 840-7297	(C) Afton Oaks	All, Free, S\$, Lim . . . . .	137
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway/ Upper Kirby	Not specified . . . . .	137
Pet Patrol	(281) 733-7696		All (low income & disabled), Free, S\$, Appt Req . . . . .	137
Ryan White Planning Council Office of Support	(713) 572-3724	(C) Galleria/ Post Oak	All, Free . . . . .	140
Sign Language Accessible Interpreters	(713) 263-9670	All	All, Flat Fee . . . . .	142
Sign Shares	(713) 869-4373	All	All, Flat Fee, DARS DHHS funding available. . . . .	142
South Side Pharmacy	(713) 660-8890	(C) Braeswood	All, Esp . . . . .	142
SNAP - Animal Aid Program Wellness Clinic	(713) 863-0010	(C) Heights	Free or low cost, Walk-ins, Esp . .	144
SNAP - Spay-Neuter Mobile Program	(713) 522-2337	Various	Free or low cost, first come-first served. . . . .	144
Texas Abuse, Neglect & Exploitation Reporting System	(800) 252-5400	Statewide	All, Free, Esp . . . . .	148
Thomas Street Patient Advisory Council	(713) 873-4000	(C) Near Northside	All, Free . . . . .	150

# Nutrition & Wellness / *Nutrición y Bienestar*

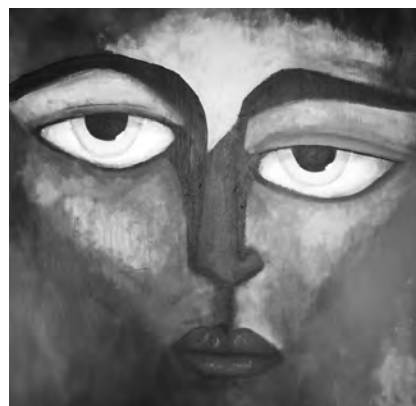
Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also the impact of mental, emotional and spiritual issues. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your health.

El bienestar es el concepto de mantener la salud completa de una persona, no solamente considera el aspecto físico, sino también el mental, emocional y espiritual. Una buena nutrición es una parte importante del bienestar. Hay muchas clases gratuitas donde Ud. puede aprender más sobre como mejorar su salud.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	90
AFH - Stone Soup	(713) 623-6796	(C)	<b>HIV+ only</b> . . . . .	93
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp . . . . .	99
Combined Community Action	(979) 540-2980	(NW) Giddings	All, Free, Appt/Walk-ins, Lim, Income-based eligibility, Esp . . . .	106
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, Documented Homeless & TB . . . .	116
HCHD - Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins . .	116
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Esp . . . . .	117
Harris County Public Health WIC Program	(713) 407-5800	Various	Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Free, Esp . . . . .	119
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat fee, Limited scholarships. . . . .	127
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Southwest Clinic	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp . . . . .	128
Love U Foundation - Healthy U	(832) 646-3516	Not specified	All, Free . . . . .	130
Love U Foundation - Put a Nail in It	(832) 646-3516	Not specified	Families . . . . .	130
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp . . . . .	150



Art by Gary



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## Pharmacies / Farmacias

All of the pharmacies listed below accept Texas HIV Medication Program (THMP, also known as ADAP) assignments as of April 12, 2012 (see RESOURCES EVERYBODY SHOULD KNOW ABOUT). They are listed in order by Zip Code.

Pharmacies participating in the Texas HIV Medication Program (THMP) are allowed to charge a \$5 fee per prescription; this is the only payment pharmacies receive for this service. If you are unable to pay the \$5 fee, you should still receive your medications.

If you are charged more than \$5 for medication dispensed through the ADAP program, or denied medication because you cannot afford to pay the \$5, please contact the THMP toll free at 1-800-255-1090.

Go to [www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm](http://www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm) for the most up-to-date information.

Todas las farmacias enlistadas abajo aceptan el Programa de Medicamentos del VIH de Texas (THMP, también conocida como ADAP) asignadas a partir del 12 de abril del 2012 (también vea RECURSOS QUE TODOS DEBEN SABER). Estos se encuentran por orden de código postal.

Las farmacias que participan en el Programa de Medicamentos del VIH de Texas (THMP) están permitidas a cobrar un costo de \$5 por receta médica, siendo este cobro el único pago que las farmacias reciben por sus servicios. Y si usted no puede pagarlo, debe igual recibir sus medicamentos.

Si se le cobra más de \$5 por su medicamento ofrecido a través del programa ADAP, o si se le niega medicamento debido a que no puede pagar \$5, por favor póngase en contacto con THMP llamando gratis al 1-800-255-1090.

Favor diríjase a [www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm](http://www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm) para más información al corriente.

Pharmacy Name Nombre de Farmacia	Phone Teléfono	Address Dirección	City Ciudad	Zip Code Código Postal
CVS/pharmacy #5968	(713) 982-5527	402 Gray Street	Houston	77002
Harris Co. Sheriff's Dept. - Clinic Pharmacy	(713) 755-6722	1200 Baker Street	Houston	77002
Medical Plaza Pharmacy	(713) 654-4137	2101 Crawford, Suite 101	Houston	77002
St. Joseph Professional Pharmacy	(713) 659-3030	2000 Crawford, Suite 104	Houston	77002
Amex Pharmacy	(713) 237-9301	3030 Canal Street	Houston	77003
Memorial Compounding Pharmacy	(713) 523-7847	2918 San Jacinto Street	Houston	77004
Park Plaza Pharmacy	(713) 524-2828	1213 Hermann Drive, Suite 140	Houston	77004
CVS/pharmacy #7479	(713) 522-3983	6011 Kirby Drive	Houston	77005
CVS/pharmacy #7162	(713) 807-8491	1003 Richmond Avenue	Houston	77006
Kroger Pharmacy #243	(713) 526-1239	3300 Montrose Boulevard	Houston	77006
Total Pharmacy & Compounding Service	(713) 528-6337	5020 Montrose, Suite 105	Houston	77006
Walgreen's Pharmacy #10020	(713) 524-3494	1415 California Street	Houston	77006
Walgreen's Pharmacy #3157	(713) 520-7777	3317 Montrose Boulevard	Houston	77006
Walgreen's Pharmacy #9808	(713) 529-2969	2612 Smith Street	Houston	77006
Target Pharmacy T-2093	(713) 331-0377	2580 Shearn Street	Houston	77007
Walgreen's Pharmacy #6857	(713) 863-7663	950 Studemont Street	Houston	77007
HACS Pharmacy	(832) 384-1423	2150 W. 18th Street, Suite 300	Houston	77008
Heights-Studewood Pharmacy	(713) 869-2225	427 W. 20th Street, Suite 105	Houston	77008
Studewood Pharmacy	(713) 869-3487	1407 Studewood Street	Houston	77008
Thomas Street Health Center Pharmacy	(713) 873-4125	2015 Thomas Street	Houston	77009
J & J Pharmacy	(713) 330-4400	13415 Woodforest Blvd, Suite F	Houston	77015
Wallis Pharmacy	(281) 457-3838	5620 E. Sam Houston Pkwy North	Houston	77015
Azteca Pharmacy	(713) 644-3600	3100 Broadway, Suite 105-F	Houston	77017
CVS/pharmacy #5910	(713) 884-4040	4150 N Shepherd Drive	Houston	77018
Northwest Health Center Pharmacy	(713) 867-7840	1100 W 34th Street	Houston	77018
Walgreen's Pharmacy #3735	(713) 526-3621	1919 W Gray Street	Houston	77019
Lyons Pharmacy	(713) 675-9667	5602 Lyons Avenue, Suite 610	Houston	77020
Cullen Care Pharmacy	(713) 747-2100	5751 Blythewood, Suite 300	Houston	77021

## Pharmacies / Farmacias

Pharmacy Name Nombre de Farmacia	Phone Teléfono	Address Dirección	City Ciudad	Zip Code Código Postal
The Medicine Shoppe #1475	(713) 923-1621	900 S Wayside, Suite 400-A	Houston	77023
CVS/pharmacy #6726	(713) 957-7500	8201 Katy Freeway	Houston	77024
Target Pharmacy T-1435	(713) 300-0228	984 Gessner Road	Houston	77024
Walgreen's Pharmacy #11752	(713) 827-0146	915 Gessner Road, Suite 200	Houston	77024
Walgreen's Pharmacy #13142	(713) 468-4040	929 Gessner Road, Suite 100	Houston	77024
Target Pharmacy T-1336	(713) 661-8213	8500 Main Street	Houston	77025
CVS/pharmacy #2988	(713) 386-1093	4755 Westheimer Road	Houston	77027
ReCept Pharmacy #31	(713) 627-2370	4126 Southwest Freeway, Suite 100	Houston	77027
Rice Pharmacy #68	(713) 527-8339	3745 Westheimer Road	Houston	77027
CarePlus CVS/pharmacy #3159	(713) 383-0591	6622 Fannin Street	Houston	77030
CVS/pharmacy #5833	(713) 218-2180	2266 W. Holcombe Boulevard	Houston	77030
Southside Pharmacy	(713) 660-8890	7700 Main Street, Suite 100	Houston	77030
Texas Children's Hospital Pharmacy	(832) 822-3051	6701 Fannin Street (3rd Floor)	Houston	77030
Walgreen's Pharmacy #10846	(713) 799-2459	6400 Fannin Street, Suite 102	Houston	77030
Walgreen's Pharmacy #13778	(713) 795-0199	6824 Fannin Street	Houston	77030
Clinical Care Pharmacy	(281) 272-8700	2770 N Sam Houston Pkwy West	Houston	77038
CVS/pharmacy #6005	(713) 849-1100	7710 Gessner Road	Houston	77040
Target Pharmacy T-0858	(713) 343-2258	13250 Northwest Freeway	Houston	77040
Curascript Pharmacy	(832) 251-2160	3130 Rogerdale, Suite 160	Houston	77042
CVS/pharmacy #3181	(713) 458-2871	11012 Richmond Avenue	Houston	77042
Jack's Apothecary #2	(713) 733-7424	8109 Cullen Boulevard, Suite B	Houston	77051
Walgreen's Pharmacy #10847	(713) 795-4111	7400 Fannin, Suite120	Houston	77054
CVS/pharmacy #3177	(713) 961-0874	5204 Richmond Avenue	Houston	77056
CVS/pharmacy #5895	(713) 243-8050	6545 Westheimer Road	Houston	77057
CVS/pharmacy #7486	(713) 789-1681	6532 San Felipe Road	Houston	77057
Greenspoint Pharmacy	(281) 872-4177	165 Greens Road	Houston	77060
Walgreen's Pharmacy #5035	(713) 641-0389	8301 Broadway Street	Houston	77061
Target Pharmacy T-2139	(713) 331-0374	8605 Westheimer Road	Houston	77063
CVS/pharmacy #4983	(281) 517-7257	11600 FM 1960 Rd W	Houston	77065
Target Pharmacy T-2144	(281) 949-2220	12701 FM 1960 Rd W	Houston	77065
CVS/pharmacy #5838	(281) 880-1092	3140 FM 1960 West	Houston	77068
Target Pharmacy T-2066	(281) 716-1106	6801 FM 1960 West	Houston	77069
Brookfield Pharmacy	(281) 807-5544	18720-A Tomball Parkway	Houston	77070
CVS/pharmacy #4456	(281) 517-5691	12234 Jones Road	Houston	77070
Scripts for Life	(832) 912-7400	11902 Jones Road, Suite P	Houston	77070
Target Pharmacy T-1124	(281) 379-2861	21515 Tomball Parkway	Houston	77070
CVS/pharmacy #5320	(713) 596-2165	8550 West Airport Road	Houston	77071
CVS/pharmacy #3176	(713) 771-6652	7102 Beechnut Street	Houston	77074
Empirical Pharmacy	(713) 991-0072	9715 Telephone Road, Suite 105	Houston	77075
CVS/pharmacy #1753	(281) 368-1600	15010 Memorial Drive	Houston	77079
CVS/pharmacy #3006	(713) 722-1491	9455 Hammerly Boulevard	Houston	77080
Healthco Pharmacy	(713) 218-6337	5730 Chimney Rock Road	Houston	77081
PrimeCare Pharmacy	(713) 661-7746	5900 Chimney Rock Rd, Suite AC	Houston	77081

## Pharmacies / Farmacias

Pharmacy Name Nombre de Farmacia	Phone Teléfono	Address Dirección	City Ciudad	Zip Code Código Postal
Allcare Pharmacy	(281) 558-8500	12579 Richmond Ave, Suite 300-B	Houston	77082
CVS/pharmacy #4427	(281) 749-8863	12585 Richmond Avenue	Houston	77082
CVS/pharmacy #6001	(281) 776-3858	13555 Beechnut Street	Houston	77083
CVS/pharmacy #3178	(281) 855-5460	6079 Hwy 6 North	Houston	77084
CVS/pharmacy #4706	(281) 272-7190	12601 Tomball Parkway	Houston	77086
NNWood Pharmacy, LLC	(281) 448-8836	8240 Antoine Drive, Suite108	Houston	77088
Walgreen's Pharmacy #11216	(281) 481-2434	11914 Astoria Boulevard, Suite 190	Houston	77089
Claude's Pharmacy	(281) 447-7648	5740 W. Little York	Houston	77091
CVS/pharmacy #3190	(281) 859-6667	9101 Hwy 6 North	Houston	77095
Target Pharmacy T-1975	(713) 292-0031	300 Meyerland Plaza Mall	Houston	77096
BioScrip Pharmacy #4008	(713) 521-1700	4101 Greenbriar, Suite 235	Houston	77098
CVS/pharmacy #5882	(281) 776-3874	10902 Bissonnet Street	Houston	77099
CVS/pharmacy #6741	(936) 539-1849	910 West Davis	Conroe	77301
Lifechek Drug #28	(936) 539-2812	3000 West Davis, Suite 4	Conroe	77303
Deerbrook Pharmacy	(281) 446-0061	8901 FM 1960 Bypass W, Suite 102	Humble	77338
Target Pharmacy T-1457	(281) 540-2126	20777 Hwy 59 North	Humble	77338
Randall's Pharmacy #1776	(281) 358-0011	600 Kingwood Drive	Kingwood	77339
Brookshire Brothers Pharmacy #33	(936) 435-1234	2601 11th Street	Huntsville	77340
UTMB CMC Dept. of Pharmacy	(936) 437-5300	2400 Avenue I	Huntsville	77340
CVS/pharmacy #5328	(281) 812-5472	5440 Atascocita Road	Humble	77346
Target Pharmacy T-2389	(281) 318-2238	6931 FM 1960 East	Atascocita	77346
Magnolia Pharmacy	(281) 356-9089	18230 FM 1488, Suite 100	Magnolia	77354
CVS/pharmacy #5977	(281) 288-1561	24802 Aldine Westfield Road	Spring	77373
Walgreen's Pharmacy #3424	(281) 350-5311	23110 Aldine Westfield Road	Spring	77373
CVS/pharmacy #5906	(281) 255-4020	24203 Tomball Parkway	Tomball	77375
First Care Pharmacy	(832) 698-1532	24922 Tomball Parkway, Suite 120	Tomball	77375
Gloyer's Pharmacy	(281) 351-5454	1010 W. Main Street	Tomball	77375
Target Pharmacy T-1904	(281) 255-6289	14302 FM 2920 Road	Tomball	77377
CVS/pharmacy #3005	(281) 257-7894	6945 Cypresswood Drive	Spring	77379
CVS/pharmacy #8335	(281) 257-4320	8754 Spring Cypress Road	Spring	77379
Target Pharmacy T-0684	(281) 419-6944	1100 Lake Woodlands Drive	The Woodlands	77380
Kroger Pharmacy #732	(281) 419-1137	8000 Research Forest Dr, Suite 300	The Woodlands	77382
Kroger Pharmacy #373	(832) 813-0410	2301 Rayford Road	Spring	77386
Target Pharmacy T-1458	(281) 288-5018	19511 I-45 North	Spring	77388
CVS/pharmacy #5273	(713) 218-2291	5430 Bissonnet Street	Bellaire	77401
St. Hope Pharmacy	(832) 319-7610	6800 West Loop South, Suite 590	Bellaire	77401
Target Pharmacy T-1894	(281) 256-8102	25901 Hwy 290	Cypress	77429
HEB Pharmacy #584	(979) 578-8609	306 N Mechanic	El Campo	77437
CVS/pharmacy #3702	(281) 646-2966	3103 N Fry Road	Katy	77449
CVS/pharmacy #4474	(281) 403-2269	2781 Dulles Avenue	Missouri City	77459
Target Pharmacy T-1359	(281) 403-6584	6000 Hwy 6 & Murphy Road	Missouri City	77459
CVS/pharmacy #3701	(281) 545-8841	1410 Crabb River Road	Richmond	77469

## Pharmacies / Farmacias

Pharmacy Name Nombre de Farmacia	Phone Teléfono	Address Dirección	City Ciudad	Zip Code Código Postal
Fort Bend Family Health Center Pharmacy	(281) 633-3188	400 Austin Street	Richmond	77469
Randall's Pharmacy #2670	(281) 238-9790	1890 FM 359	Richmond	77469
CVS/pharmacy #5972	(281) 232-1830	5306 Avenue I	Rosenberg	77471
Target Pharmacy T-2205	(281) 232-1241	23912 Commercial Drive	Rosenberg	77471
CVS/pharmacy #8385	(281) 776-3070	12381 W Bellfort	Meadows Place	77477
Randall's Pharmacy #1022	(281) 568-0385	11711 W Bellfort	Stafford	77477
CVS/pharmacy #5339	(281) 313-7605	1250 Highway 6	Sugar Land	77478
CVS/pharmacy #5804	(281) 988-1952	10110 Hwy 6 South	Sugar Land	77478
CVS/pharmacy #5907	(281) 980-6666	16515 Lexington Boulevard	Sugar Land	77479
HEB Pharmacy #563	(281) 239-2055	19900 Southwest Freeway	Sugar Land	77479
Target Pharmacy T-1786	(281) 340-0565	16300 Southwest Freeway	Sugar Land	77479
Target Pharmacy T-1908	(281) 392-8385	23710 Westheimer Parkway	Katy	77494
ADCO's Pharmacy	(713) 473-9977	1501 Main Street	Pasadena	77502
CVS/pharmacy #3173	(713) 378-2851	3342 Spencer Highway	Pasadena	77504
CVS/pharmacy #4383	(281) 991-2590	5610 Spencer Highway	Pasadena	77505
Target Pharmacy T-1396	(281) 504-0144	5757 Fairmont Parkway	Pasadena	77505
Kroger Pharmacy #256	(979) 849-5460	1804 N Velasco	Angleton	77515
The Medicine Shoppe #1040	(979) 849-9391	2301 E Mulberry	Angleton	77515
Sullivan Pharmacy, Inc.	(281) 339-4577	1140 Grand Avenue	Bacliff	77518
CVS/pharmacy #5388	(281) 427-6156	3923 Garth Road	Baytown	77521
Target Pharmacy T-0887	(281) 422-5153	4510 Garth Road	Baytown	77521
M.D. Pharmacy	(281) 576-0106	11540 Eagle Drive, Suite A	Baytown	77523
CVS/pharmacy #3699	(281) 476-3463	3505 Center Street	Deer Park	77536
Target Pharmacy T-2320	(281) 534-5421	1801 Gulf Freeway	Dickinson	77539
Broadway Drug	(409) 765-7701	2027 Broadway	Galveston	77550
Walgreen's Pharmacy #3420	(409) 763-3588	308 Seawall Boulevard	Galveston	77550
Target Pharmacy T-1535	(409) 740-0876	6128 Broadway Street	Galveston	77551
Walgreen's Pharmacy #9062	(409) 744-8152	2501 61St Street	Galveston	77551
Target Pharmacy T-1377	(281) 538-7957	255 FM 2094	Clear Lake Shores	77565
Randall's Pharmacy #2674	(979) 297-0004	604 Hwy 332	Lake Jackson	77566
The Medicine Shoppe #1145	(281) 471-1241	800 S. Broadway	La Porte	77571
CVS/pharmacy #5971	(281) 338-4010	102 W Main Street	League City	77573
CVS/pharmacy #7094	(281) 538-2416	3013 Marina Bay Drive	League City	77573
Kroger Pharmacy #264	(281) 485-1323	3245 E Broadway	Pearland	77581
CVS/pharmacy #5807	(713) 436-8151	9522 Broadway Street	Pearland	77584
CVS/pharmacy #7120	(713) 436-8250	11600 Shadow Creek Parkway	Pearland	77584
Kroger Pharmacy #308	(281) 669-1250	11003 Shadow Creek Parkway	Pearland	77584
Target Pharmacy T-1459	(713) 436-2516	3045 Silverlake Village Drive	Pearland	77584
Max Pharmacy	(832) 224-4424	17074 Hwy 3	Webster	77598
Target Pharmacy T-1837	(281) 819-4117	1801 W Bay Area Boulevard	Webster	77598
Corner Pharmacy	(409) 842-3222	3570 Fannett Road	Beaumont	77705
CVS/pharmacy #1108	(409) 832-8001	3890 Phelan Boulevard	Beaumont	77707
Target Pharmacy T-0158	(409) 898-1584	5850 Eastex Freeway	Beaumont	77708

# Prescription Assistance

## Asistencia para Prescripciones Médicas

The following local agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (see Patient Assistance & Co-Pay Programs on the next page). Be aware that each manufacturer has its own eligibility rules and you will need your doctor's help applying. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (vea Asistencia al Paciente y Programas de Copagos en la siguiente página). Cada compañía tiene sus propios criterios de elegibilidad y necesitará la ayuda de su médico para solicitar esta asistencia. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp. ....	151
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. ....	90
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins ....	103
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins ....	103
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD. ....	113
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp. ....	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp. ....	115
Harris Co. Sheriff's Ofc Early Intervention Svcs	(713) 755-9252	(C) Downtown	M, W, Free, Incarcerated, Esp. ...	121
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp. ....	128
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers. ...	129
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free. ....	131
DSHS - HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, <b>HIV+ only</b> , Esp, Restrictions apply. ....	149
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp. ....	150



Art by Kevin



Art by Arturo



# Patient Assistance & Co-Pay Programs for Current HIV Medications

## Asistencia al Paciente y Programas de Copagos Para Medicamentos Corrientes Del VIH

(as of February 1, 2012)

HIV medications are expensive, even for those with health insurance. Fortunately, financial assistance is available to help cover some, if not all, of the costs.

Most pharmaceutical companies provide some level of assistance to individuals who are unable to afford their HIV medications through Patient Assistance Programs, or PAPs. PAPs are typically for patients without insurance and who don't qualify for Medicare, Medicaid or ADAP.

Many companies also have co-pay assistance programs which are designed for those who have insurance with drug coverage. These programs may cover all or part of the drug co-pay for a pre-determined period of time.

Restrictions and eligibility requirements apply and vary from program to program. Patients or providers should contact the manufacturer directly to see if they are eligible.

Los medicamentos para el VIH son costosos, incluyendo los que están cubiertos por el seguro de salud. Afortunadamente, se dispone de asistencia financiera para cubrir parte o el costo total.

A través de programas de asistencia al paciente, o PAPs la mayoría de las compañías provee algún nivel de asistencia a individuos que no puedan pagar sus medicamentos. Típicamente, PAPs ayuda a pacientes sin seguro y que no califican para Medicare, Medicaid o ADAP.

Muchas compañías también tienen programas de asistencia para el copago de medicamentos. Estos están diseñados para aquellos que tienen seguro que incluye la cobertura de medicamentos y podrían cubrir todo o parte del copago por un periodo predeterminado.

Existen restricciones y requisitos de elegibilidad, y estos varían de un programa a otro. Pacientes o proveedores deben contactar al fabricante directamente para informarse de la elegibilidad.

**DRUG NAME / NOMBRE DEL MEDICAMENTO      PHONE / TELÉFONO      MANUFACTURER / FABRICANTE**

### NUCLEOSIDE REVERSE TRANSCRIPTASE INHIBITORS (NRTIs)

<b>Combivir</b> (lamivudine/zidovudine)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare
<b>Emtriva</b> (emtricitabine, or FTC)	1-877-505-6986 1-800-226-2056	Co-pay Assist PAP	Gilead Sciences
<b>Epivir</b> (lamivudine, 3TC)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare
<b>Epzicom</b> (abacavir/lamivudine)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare
<b>Retrovir</b> (zidovudine, AZT or ZDV)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare
<b>Trizivir</b> (abacavir/lamivudine/zidovudine)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare
<b>Truvada</b> (emtricitabine / tenofovir)	1-877-505-6986 1-800-226-2056	Co-pay Assist PAP	Gilead Sciences
<b>Videx</b> (didanosine or ddl)	Available as generic. <i>Disponible en Forma Generica</i>		Bristol-Myers Squibb
<b>Viread</b> (tenofovir DF or TDF)	1-877-505-6986 1-800-226-2056	Co-pay Assist PAP	Gilead Sciences
<b>Zerit</b> (stavudine or d4T)	Available as generic. <i>Disponible en Forma Generica</i>		Bristol-Myers Squibb
<b>Ziagen</b> (abacavir or ABC)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare

# Patient Assistance & Co-Pay Programs for Current HIV Medications *Asistencia al Paciente y Programas de Copagos Para Medicamentos Corrientes Del VIH*

(as of February 1, 2012)

DRUG NAME / NOMBRE DEL MEDICAMENTO	PHONE / TELÉFONO	MANUFACTURER / FABRICANTE	
<b>NON-NUCLEOSIDE REVERSE TRANSCRIPTASE INHIBITORS (NNRTIs)</b>			
<b>Edurant</b> (rilpivirine or RPV)	1-866-961-7169 1-800-652-6227	Co-pay Assist PAP	Janssen Therapeutics
<b>Intelence</b> (etravirine or ETR)	1-866-961-7169 1-800-652-6227	Co-pay Assist PAP	Janssen Therapeutics
<b>Rescriptor</b> (delavirdine or DLV)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare
<b>Sustiva</b> (efavirenz or EFV)	1-888-281-8981 1-888-477-2669	Co-pay Assist PAP	Bristol-Myers Squibb
<b>Viramune</b> (nevirapine or NVP)	1-877-411-8641 1-800-556-8317	Co-pay Assist PAP	Boehringer-Ingelheim

DRUG NAME / NOMBRE DEL MEDICAMENTO	PHONE / TELÉFONO	MANUFACTURER / FABRICANTE	
<b>PROTEASE INHIBITORS (PIs)</b>			
<b>Aptivus</b> (tipranavir or TPV)	1-800-556-8317	PAP only	Boehringer-Ingelheim
<b>Crixivan</b> (indinavir sulfate or IDV)	1-800-850-3430	PAP only	Merck & Co.
<b>Invirase</b> (saquinavir or SQV)	1-877-757-6243	PAP only	Genentech/Roche
<b>Kaletra</b> (lopinavir/ritonavir or LPV/r)	1-800-441-4987 1-800-222-6885	Co-pay Assist PAP	Abbott Laboratories
<b>Lexiva</b> (fosamprenavir calcium or FPV)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare
<b>Norvir</b> (ritonavir or RTV)	1-800-441-4987 1-800-222-6885	Co-pay Assist PAP	Abbott Laboratories
<b>Prezista</b> (darunavir or DRV)	1-866-961-7169 1-800-652-6227	Co-pay Assist PAP	Janssen Therapeutics
<b>Reyataz</b> (atazanavir sulfate or ATV)	1-888-281-8981 1-888-477-2669	Co-pay Assist PAP	Bristol-Myers Squibb
<b>Viracept</b> (nelfinavir or NFV)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare

# Patient Assistance & Co-Pay Programs for Current HIV Medications

## Asistencia al Paciente y Programas de Copagos Para Medicamentos Corrientes Del VIH

(as of February 1, 2012)

DRUG NAME / NOMBRE DEL MEDICAMENTO      PHONE / TELÉFONO      MANUFACTURER / FABRICANTE

### INTEGRASE INHIBITORS (INSTIs)

<b>Isentress</b> (raltegravir or RAL)	1-866-350-9232 1-800-850-3430	Co-pay Assist PAP	Merck & Co.
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DRUG NAME / NOMBRE DEL MEDICAMENTO      PHONE / TELÉFONO      MANUFACTURER / FABRICANTE

### ENTRY INHIBITORS

<b>Fuzeon</b> (enfuvirtide, T-20 or ENF)	1-877-757-6243	PAP only	Genentech/Roche
<b>Selzentry</b> (maraviroc or MVC)	1-888-825-5249 1-877-784-4842	Co-pay Assist PAP	ViiV Healthcare

DRUG NAME / NOMBRE DEL MEDICAMENTO      PHONE / TELÉFONO      MANUFACTURER / FABRICANTE

### SINGLE-TABLET REGIMENS (STRs)

<b>Atripla</b> (efavirenz/emtricitabine/tenofovir)	1-866-784-3431 1-866-290-4767	Co-pay Assist PAP	Bristol-Myers Squibb/Gilead
<b>Complera</b> (rilpivirine/emtricitabine/tenofovir)	1-877-505-6986 1-800-226-2056	Co-pay Assist PAP	Gilead/Janssen Therapeutics



Art by Kenneth



Art by Hilton

# Prevention Services / Servicios de Prevención

The following agencies provide outreach to at-risk populations and/or prevention education about HIV/AIDS and related health topics. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments.

Las siguientes agencias proveen alcance a poblaciones de alto riesgo y/o educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Los temas varían desde información básica del SIDA hasta información sobre tratamientos avanzados.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AAMA Minorities Action Program	(713) 926-9491	(E) Second Ward	M, W, Y, Fam, Free, Walk-ins, CD, Esp . . . . .	96
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	90
AIDS Foundation Houston (AFH)	(713) 333-5624	(C)	All . . . . .	91
AFH - Get Started Girl	(713) 333-5624	(C)	W, I/RR, Free . . . . .	92
AFH - Popular Opinion Leader	(713) 333-5624	(C)	M, Free . . . . .	92
AFH - Project Wall Talk	(713) 333-5624	(C)	All, Incarcerated, Free. . . . .	93
AFH - Voices/Voces	(713) 333-5624	(C)	Adults only, African American or Hispanic, Free . . . . .	93
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp . . . . .	99
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Change Happens! RESCUE Program	(713) 374-1252	(C) 3rd Ward & Acres Home	All, Appt req, Free, CD . . . . .	104
City of Houston	(832) 393-5010	(C) Astrodome/South Loop	All, Free, Walk-in. . . . .	104
Covenant House Texas	(713) 523-2231	(C) Montrose	Ages 18-21, Free, Walk-ins, Parenting/pregnant moms under 21, Esp. . . . .	106
FLAS, Inc-Hablemos en Confianza	(713) 772-2366	(SW) Sharpstown	Fam, Free, Appt req, Esp . . . . .	112
FLAS, Inc-HIV Prevention Among Hispanic Youth	(713) 772-2366	(SW) Sharpstown	Y (Hispanic, ages 13-18), Free, Esp. . . . .	112
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req. . . . .	113
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD. . . . .	114
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All (ages 13 & up), Free, S\$, Ins, Esp . . . . .	122
Legacy Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Montrose Clinic	(713) 830-3000	(C) Montrose	All, Fam, S\$, Ins, Med, Esp . . . . .	128
LIVE Consortium	(713) 861-5483	(C) Midtown	. . . . .	128
Love U Foundation - Healthy U	(832) 646-3516	Not specified	All, Free . . . . .	130
Love U Foundation - Positively Lovely	(832) 646-3516	(C) Braeswood Place	W, <b>HIV+ only</b> , Free, Walk-ins . . . . .	130
Love U Foundation - Put a Nail in It	(832) 646-3516	Not specified	Families . . . . .	130
Montrose Counseling Center, Inc.	(713) 529-0037	(C) Montrose	M, W, All ages, I/RR, Free, Appt Req, CD, Esp . . . . .	133
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp . . . . .	133
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All ages, <b>HIV+ only</b> , Free, Walk-ins, CD. . . . .	134

## Prevention Services / Servicios de Prevención

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Planned Parenthood Gult Coast	(800) 230-7526	Various	Call to be connected to the nearest clinic. . . . .	138
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD . . . . .	138
SOCKS - Saving our Community Kids...Seniors	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free, Call for intake. . . . .	144
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt/Walk-ins, <b>HIV+ only</b> , Esp . . . . .	144
St. Hope Foundation B.R.O. IV L.I.F.E.	(713) 884-8032	(C) Bellaire	M (age 16 & up), Free, Appt/Walk-ins, Esp . . . . .	145
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-ins, Referral req . . . . .	149

## Public Assistance / Asistencia Pública

The following is a list of government-funded agencies that offer a variety of social services and programs, mainly for low-income, disabled or abused/neglected persons.

Estas agencias reciben fondos del gobierno y ofrecen una variedad de servicios y programas sociales, principalmente a personas con bajos recursos económicos, discapacitadas o abusadas/ negligentes.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp . . . . .	151
Change Happens!	(713) 374-1200	Various	All, Free, Esp . . . . .	103
Children with Special Health Care Needs (CSHCN)	(713) 767-3111	Statewide	C, Y, Free . . . . .	149
DARS Houston Regional Office	(713) 267-8510	(SW) Woodlake/ Briar Meadow	All, Free, Disabled . . . . .	148
HCHD - Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-ins, Esp . . . . .	117
Harris County Public Health WIC Program	(713) 407-5800	Various	Free, Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp . . . . .	119
Report Abuse in MHMR Facilities	(800) 647-7418	Statewide	All, Free . . . . .	148
Social Security Administration	(800) 772-1213	Nationwide	All, Free, Esp . . . . .	142
Texas Abuse, Neglect & Exploitation Reporting System	(800) 252-5400	Statewide	All, Free, Esp . . . . .	148
Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, <b>HIV+ only</b> , Esp, Restrictions apply . . . . .	149

# Social Support & Activities

## Apoyo Social y Actividades

Many people in the Houston area volunteer their time to help HIV infected persons and their families. Some volunteers serve as “buddies” by developing one-on-one relationships with HIV+ persons who need additional social or emotional support. “Phone buddies” provide support through telephone contact. “Care Teams” are groups of volunteers who provide companionship. Some volunteers help with food preparation, transportation, and running errands. Call one of the following agencies if you need this type of assistance. Also, there are many activities for HIV+ people and opportunities to meet others in the Houston area.

Muchos en Houston son voluntarios y ayudan a las personas infectadas con el VIH y sus familiares. Algunos toman el papel de “amigo” al desarrollar una relación con la persona VIH+ quien necesita apoyo social o emocional. Los “Amigos telefónicos” proveen apoyo por medio del teléfono. “Equipos de apoyo” son grupos de voluntarios que proveen compañía. A veces, los voluntarios ayudan con transporte, mandados o la preparación de alimentos. Llame si necesita este tipo de asistencia. En adición, hay muchas actividades y oportunidades donde una persona VIH+ puede conocer a otras en Houston.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Foundation Houston-Camp Hope	(713) 623-6796	Not applicable	<b>HIV+ only</b> , C (ages 7-15), Application . . . . .	91
Alzheimer’s Association	(713) 314-1313	(C) Medical Center	Adults, S\$. . . . .	95
Art League Houston HIV + Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, Walk-ins . . . . .	96
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All, S\$. . . . .	96
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free . . . . .	124
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp. . . . .	106
FLAS, Inc.- Colores Latinos	(713) 772-2366	(SW) Sharpstown	Men only, Free, Walk-ins, Esp . . .	112
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free . . . . .	124
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, documented homeless & TB . . . .	116
HCHD - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/ Walk-ins, <b>HIV+ only</b> . . . . .	117
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Esp . . . . .	117
HCHD - Women’s Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp. .	118
Houston Center for Independent Living	(713) 974-4621	Sharpstown	All, Disabled, Free . . . . .	123
Houston GLBT Community Center	(713) 524-3818	(C) Memorial Pk/ Washington	Adults, Free . . . . .	124
Houston Humane Society Burnie’s Buddies	(713) 433-6421	(S)	<b>HIV+ only</b> , Free, Referral Req, Esp. .	124
Houston Humane Society Paw Prints	(713) 433-6421	(S)	<b>HIV+ only</b> , Flat Fee, Appt Req, Esp. .	124
Interfaith CarePartners® AIDS Care Team® Program	(713) 682-5995	(W) Memorial	All, Free, Accepts collect calls from rural clients, Esp. . . . .	126
LIVE Consortium	(713) 861-5483	(C) Midtown	. . . . .	128
Living without Limits, Living Large Inc.	(832) 545-5689	(N) Trinity/ Houston Gardens	Infected/affected heterosexuals (M & W), Free . . . . .	129
Love U Foundation Blaze Youth Program	(832) 646-3516	Not specified	Y, Free . . . . .	130
Love U Foundation Positively Lovely	(832) 646-3516	(C) Braeswood Place	W, <b>HIV+ only</b> , Free, Walk-ins . . . .	130
Pet Patrol	(281) 733-7696	Not applicable	All (low income & disabled), Free, S\$, Appt Req . . . . .	137
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free . . . . .	137
Positive Brothers United	(713) 454-7548	(C) Montrose	M, <b>HIV+ only</b> , Free, Walk-ins . . . .	138
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD . . . . .	138
Resurrection Metropolitan Community Church	(713) 861-9149	(C) Heights	All, Appt Req, ID . . . . .	139
SEARCH	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Homeless only, Esp. . . . .	140

# Support Groups / Grupos de Apoyo

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes help is needed to sort out these emotions. Support groups are available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income.

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda para enfrentar estos sentimientos. Los grupos de ayuda están disponibles para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente.

## SUPPORT GROUPS / GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$ . . . . .	95
Bering Support Network Spiritual Support Group	(713) 526-1017	(C) Montrose	Adults, Walk-ins, Infected/affected. . . . .	100
Bering Support Network Lunch Bunch	(713) 526-1017	(C) Montrose	<b>HIV+ only</b> , Walk-ins, Free . . . . .	100
Bridge Over Troubled Waters	(713) 472-0753	N(SE) ot specified	All, W, Fam, Appt Req, Free, Esp . . .	101
Catholic Charities AIDS Ministry	(713) 227-9981	(C) Midtown	Adults, Fam, Free, Walk-ins, <b>HIV+ only</b> , I/RR, Immigrants, Esp. . . . .	102
Change Happens! RESCUE in Motion	(713) 374-1225	(C) Third Ward	W, Homeless, Disabled, Appt req . .	103
Change Happens! RESCUE in Motion 4-Him	(713) 374-1234	(C) Third Ward	M, Homeless, Disabled, Appt req, Free. . . . .	104
Change Happens! STAIRS Program	(713) 374-1227	(C) Third Ward	M, W, Free, Appt req, CD, Formerly chronically homeless . . .	104
DBSA Greater Houston	(713) 600-1131	(C) Greenway Plaza	M, W, Y, I/RR, Homeless, Immigrants, CD, Free, Walk-ins. . . . .	108
HCHD - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp. . .	116
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt/Walk-ins, Esp . . . . .	117
HCHD - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp . .	118
Hospice Care Team Bereavement Services	(409) 938-0070	(SE) Texas City	All, Free, Appt req . . . . .	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Brazoria County Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free . . . . .	124
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free . . . . .	124
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free . . . . .	123
Houston GLBT Community Center	(713) 524-3818	(C) Memorial Pk/ Washington	Adults, Free . . . . .	124
LIVE Consortium	(713) 861-5483	(C) Midtown	Not specified . . . . .	128
Living without Limits, Living Large Inc.	(832) 545-5689	(N) Trinity/ Houston Gardens	Infected/affected heterosexuals (M & W), Free . . . . .	129
Love U Foundation Blaze Youth Program	(832) 646-3516		Y, Free . . . . .	130
Love U Foundation Positively Lovely	(832) 646-3516	(C) Braeswood Place	W, <b>HIV+ only</b> , Free, Walk-ins . . . . .	130
Love U Foundation Put a Nail in It	(832) 646-3516		Families . . . . .	130
Motherland, Inc.	(713) 290-0001	(NW) Independence Heights	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp . . . . .	133
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Med, Appt req, Esp. . . . .	134
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp. . . . .	135
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free . . . . .	137
Positive Brothers United	(713) 454-7548	(C) Montrose	M, <b>HIV+ only</b> , Free, Walk-ins . . . . .	138
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD . . . . .	138

## Support Groups / Grupos de Apoyo

### 12-STEP PROGRAMS & SUPPORT GROUPS / PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Addicts Can Be Disciples Too	(713) 529-2840	(C) Third Ward	All, S\$, Appt/Referral required, CD . . .	89
AFH - Project LifeRoad	(713) 623-6796	(C)	<b>HIV+ only</b> . . . . .	92
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD . . . . .	113
LAMBDA Center	(713) 521-1243	(C) Montrose	Not specified. . . . .	127
Memorial Hermann Prevention & Recovery Center (PaRC)	(713) 939-7272	(NW) Spring Shadows	Adults and adolescents, Flat fee, Ins, Private Pay, Walk-ins, CD. . . .	131
Palmer Drug Abuse Program (PDAP)	(281) 870-9311	Various	Ages 12-17, Free, Walk-ins, CD . .	136
Palmer Drug Abuse Program (PDAP)	(281) 795-9805	Various	Ages 18-25, Free, Walk-ins, CD . .	136
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral req . . . . .	149
Virtuous Women in Action	(281) 594-1655	(NE) Eastex/Jensen	W, Homeless, CD, I/RR, <b>HIV+ only</b> , Free, S\$, Walk-ins . . . .	152

## Transportation / Transporte

For HIV infected persons without their own transportation, it can be very hard to access services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need transportation and other restrictions may apply. Be aware that not all agencies will service your area, and that Metro offers special van services for the disabled individual. Part A clients may be eligible to receive a bus pass, see your case manager for details.

Para muchas personas infectadas con el VIH que no tienen su propio transporte les es muy difícil el acceso a los servicios. Las siguientes agencias ofrecen transportación con destino a servicios médicos y/o sociales, pero podría tener que hacer reservaciones mucho antes al día que necesite el transporte, y otras restricciones podrían aplicar. Metro ofrece transporte de grupos a personas discapacitadas. Los clientes del Parte A pueden ser elegibles a recibir un pase de Metro. Hable con un administrador de casos para más detalles.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, <b>HIV+ only</b> , Free, CD, Esp. . . . .	90
AIDS Foundation Houston	(713) 623-6796	(C)	<b>HIV+ only</b> , W, C, Y, Free, Referral required. . . . .	91
GCCSA - Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income limit), Appt/Walk-in, Esp . . . . .	114
GCCSA - JD Walker Multi-Service Ctr	(281) 426-4757	(E) Baytown	All, Free (income limit), Appt/Walk-in, Esp . . . . .	115
Harris County Rides	(713) 368-7433	Harris County	Disabled, Elderly or low income, Flat, Esp . . . . .	120
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	All, I/RR, Free, Appt req, <b>HIV+ only</b> , Esp . . . . .	144
Triangle AIDS Network	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, <b>HIV+ only</b> , Med, Ins, Esp . . . . .	150

#### METRO Metropolitan Transit Authority of Harris County

#### METRO Autoridad de Tránsito Metropolitano de Harris County

METRO offers a variety of services, including the METRO Bus, METRORail, METROLift, STAR (vanpool), and Ride Share programs.

METRO ofrece una variedad de servicios, que incluyen el METRO Bus, METRORail, METROLift, STAR (vanpool) y los programas Ride Share.

For more information, including maps, schedules and fares, visit [www.ridemetro.org](http://www.ridemetro.org), or call 713-635-4000.

Para más información sobre, incluyendo mapas, horarios y tarifas, visite [www.ridemetro.org](http://www.ridemetro.org), o llame al 713-635-4000.



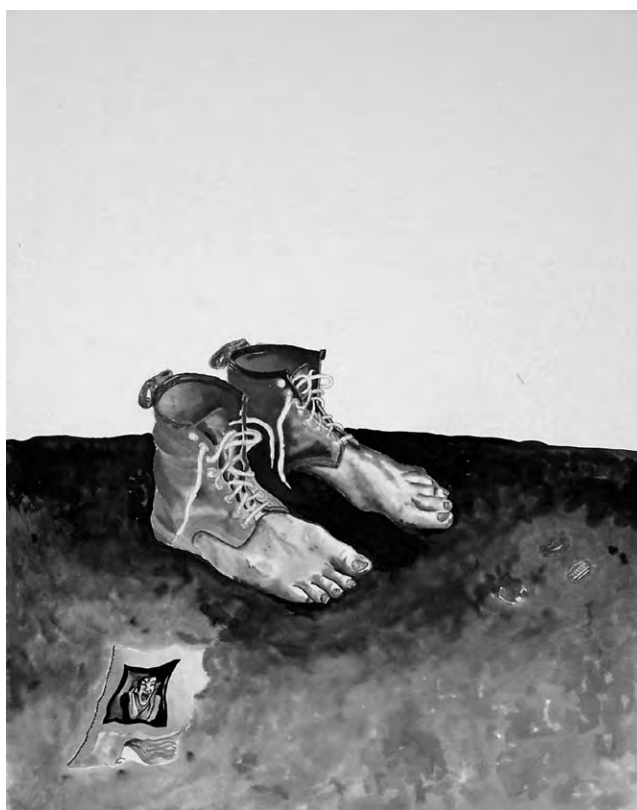
# Treatment Information & Clinical Trials

## Información de Tratamientos y Pruebas Clínicas

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options. To help advance research and have access to “cutting edge” treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. HIV+ persons who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other HIV infected people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS.

Con tantos nuevos tratamientos prometedores, es ahora más importante que nunca el mantenerse informado/a. Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y otras a bajo costo. Para ayudar al adelanto de los tratamientos médicos, considere participar en pruebas clínicas. El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas VIH+ participan gratuitamente y quizás no vean beneficios inmediatos (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas VIH+ a vivir una vida más prolongada y saludable. Médicos pueden conectar a pacientes a las pruebas clínicas (vea PUBLICATIONS).

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Center for AIDS Information & Advocacy	(713) 527-8219	(C) Montrose	All, Free, Esp . . . . .	128
HCHD-Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt Req, Walk-ins, Esp . . . . .	117
HCHD-Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, <b>HIV+ only</b> , Esp . .	118
LIVE Consortium	(713) 861-5483	(C) Midtown	Not specified . . . . .	128
South Side Pharmacy	(713) 660-8890	(C) Braeswood	All, Esp . . . . .	142



Art by Raphael

# STAY INFORMED

## IMPORTANT:

It is vitally important that you take your medications exactly as prescribed, especially protease inhibitors. If you do not, the HIV in your body may become resistant to the medication and it will stop working! If you are experiencing unbearable side effects, notify your physician right away and ask him or her what you should do.

## CD4 (T-CELL) COUNT:

Your immune system contains different types of cells that help protect the body from infection. One of these types of specialized cells is called the CD4 or T-cells. HIV attacks these types of cells and uses them to make more copies of HIV. In doing so, the CD4 cell becomes unable to do its job of protecting the body. At first, the body can make more of these T-cells but eventually the body can't keep up and the number of working T-cells decreases. This weakens the immune system and leaves the body at risk for different types of infections.

On a regular basis, your doctor will draw blood and measure the number of T-cells. The higher the number the better able your immune system to do its job. Most people without HIV have about 700 to 1000 CD4 cells. HIV infected people are considered to have "normal" CD4 counts if the number is above 500. If the number drops below 200, you are said to have AIDS and your doctor will start you on preventative medications to ward off infections and keep you healthy.

## VIRAL LOAD:

The viral load test measures how much HIV is in your blood. Left untreated, the amount of HIV in the blood (viral load) increases as HIV disease progresses. A viral load above 100,000 is generally considered high. Unlike CD4 counts, where "higher is better," a "low" or "undetectable" viral load is considered desirable. Keep in mind, however, that an "undetectable" viral load does not mean that there is no more HIV in your body, only that there is less HIV in the blood than the test is able to measure. HIV might also be "hiding" in other organs in the body.

One way doctors use viral load testing is to measure the effectiveness of medications. If your viral load is staying the same over time or going down, your medication(s) are probably working. If your viral load is going up, your doctor may want to try a different medication regimen. Using both CD4 counts and viral load testing gives your doctor a more complete picture of your individual disease progression and, in turn, the best treatment strategy for you.

# MANTÉNGASE INFORMADO

## IMPORTANTE:

Es de vital importancia que Ud. tome sus medicamentos exactamente según las indicaciones, especialmente los inhibidores de proteasa. Si no lo hace, el VIH en su cuerpo podría hacerse resistente al medicamento y dejarlo inefectivo. Si padece de efectos secundarios intolerables, notifique a su doctor inmediatamente.

## CONTEO DEL CD4 (CÉLULAS T):

El sistema inmunológico contiene diferentes tipos de células que ayudan a proteger al cuerpo de la infección. Uno de estos tipos de células especializadas se llama CD4 o células T. El VIH ataca a estas células y las usan para hacer más copias del VIH. Al hacerlo, el CD4 ya no puede cumplir con la función de proteger al cuerpo. Al principio, el cuerpo puede producir más de estas células, pero eventualmente no puede seguir produciéndolas y la cantidad de células se reduce. Esto causa que el sistema inmunológico se debilite y ponga al cuerpo a riesgo de diferentes tipos de infecciones.

Periódicamente su médico extraerá su sangre y medirá el número de células T. Mientras más elevado el número, mejor podrá el sistema inmunológico cumplir con su función. La mayoría de las personas sin el VIH tiene de 700 a 1000 células del CD4. Se considera "normal" si las personas infectadas con el VIH tienen un conteo del CD4 mayor de 500. Si el conteo es menor de 200, se dice que la persona tiene SIDA y el médico le recetará medicamentos preventivos en defensa de las infecciones y así mantenerle saludable.

## CARGA VIRAL:

La prueba de la carga viral mide cuanto VIH hay en su sangre. Si Ud. no recibe tratamiento, la cantidad del VIH en la sangre (carga viral) aumenta a medida que el VIH progresa. Una carga viral sobre 100,000 es considerada alta. A diferencia del conteo del CD4, donde un resultado elevado es mejor, una carga viral baja o indetectable es deseable. Sin embargo, tome en cuenta que una carga viral "indetectable" no significa que ya no existe el VIH en la sangre sino que la prueba no es capaz de detectar una pequeña cantidad. El VIH también puede estar "escondido" en otros órganos del cuerpo.

La prueba de la carga viral constituye un medio a través del cual los médicos miden la efectividad de los medicamentos. Si la carga viral se mantiene o ha disminuido con el tiempo, es probable que los medicamentos hayan sido efectivos. Si la carga viral aumenta, es posible que su doctor quiera intentar con un medicamento diferente. El uso conjunto del conteo CD4 y la prueba de la carga viral permite a su doctor obtener un panorama más completo del desarrollo de su enfermedad y por consecuencia elegir la mejor estrategia de tratamiento.

# Veterans' Services

## Servicios para Veteranos

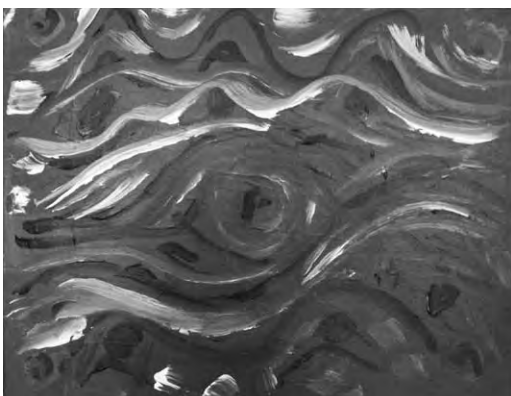
Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge - honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad contact discharges issued by general court-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.

\*If you are a veteran, contact the VA eligibility office; you may be eligible for a pension or other benefits that you did not even know about! 1-800-827-1000

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.

\* Si Ud. es un veterano, póngase en contacto con la Oficina de Elegibilidad de la VA; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios! 1-800-827-1000

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Arlington National Funeral Home	(713) 692-5555	(N) Northside	All . . . . .	99
City of Houston Office of Veteran's Affairs	(832) 393-0992	(C) Downtown	All veterans and their families, Free, Walk-ins, Esp . . . . .	104
Cremation Service International	(713) 692-5555	(N) Northside	All, Walk-ins. . . . .	107
Family Services of Greater Houston Central Office	(713) 861-4849	(C) Memorial Pk/ Washington	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Esp . . . . .	110
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req . . . . .	113
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, eligibility based on income, CD . . . . .	132
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W with children only, I/RR, CD, Free, Appt Req . . . . .	140



Art by Marcus



Art by Earnestine

# Volunteer Opportunities

## Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services.

To find out more and get involved, call today!

Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente.

¡Para mayor información y participar, llame hoy!

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Foundation Houston	(713) 623-6796	(C)	All .....	91
Alief Educational Services Center	(713) 772-9085	(SW) Westwood	All .....	94
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults .....	95
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All .....	96
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Esp .....	99
Brazoria Co.Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled .....	124
Catholic Charities AIDS Ministry	(713) 227-9981	(C) Midtown	Adults, Esp .....	102
Change Happens!	(713) 374-1200	(C) Third Ward	All .....	103
City of Houston	(832) 393-5010	(C) Astrodome/ South Loop	All .....	104
Cypress Assistance Ministries	(281) 955-7684	(NW) Cypress Fairbanks	All .....	107
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	All .....	109
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled .....	124
Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All, Free.....	113
GCCSA-Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Esp .....	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Esp .....	115
Good Shepherd Mission	(936) 291-8156	(N)Huntsville	All .....	113
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M .....	116
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, Esp .....	123
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled .....	123
Houston GLBT Community Center	(713) 524-3818	(C) Memorial Pk/ Washington	Adults .....	124
LIVE Consortium	(713) 861-5483	(C) Midtown	.....	128
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	All .....	134
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults .....	138
Rehoboth Foundation	(713) 484-5850	(SW) Braeburn	All .....	139
Ryan White Planning Council	(713) 572-3724	(C) Galleria/Post Oak	All .....	140
Thomas Street Patient Advisory Council	(713) 873-4000	(C) Near Northside	All .....	150
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Esp .....	152

# Women's Services / Servicios para Mujeres

Many HIV infected women have discovered that there do not seem to be as many services for them as there are for HIV infected men. However, this situation is changing. The Houston area offers OB/GYN care and family planning to HIV+ women through physicians and community clinics. Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.

Muchas mujeres infectadas con el VIH han descubierto que parece no haber tanta ayuda para ellas como la hay para los hombres. Sin embargo, esta situación está cambiando. El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar. Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea SERVICIOS PARA NIÑOS). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.

## HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH - Burrell Street Apartments	(713) 623-6796	(N) Northside	W, I/RR, <b>HIV+ only</b> , Appt Req, S\$ based on HUD calculations . . . . .	91
AFH - Project "A Friendly Haven"	(713) 651-0833	(C)	<b>HIV+ only</b> . . . . .	92
Bay Area Turning Point Crisis Shelter	(281) 286-2525	(SE) Webster	W, Fam, Appt Req, Esp. . . . .	97
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt Req (Walk ins-crisis only) . . . . .	110
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	M, W, Free, Appt Req, <b>HIV+ only</b> , Esp . . . . .	122
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, Y, C, Free, Appt Req, Lim, Esp . . . . .	134
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W with children only, I/RR, CD, Free, Appt Eeq . . . . .	140
Sisters of Serenity - Gene's House	(713) 738-5558	(S) Sunnyside	W, <b>HIV+ only</b> , S\$, Lim . . . . .	142
Stop Turning Entering Prison - Shay's House	(832) 881-3193	(N) Trinity/Houston Gardens	W (age 18 & up), I/RR, CD . . . . .	147
Virtuous Women in Action, Inc.	(281) 594-1655	(NE) Eastex/Jensen	W, Homeless, CD, I/RR, <b>HIV+ only</b> , Free, S\$, Walk-ins . . . . .	152
Wellsprings Village, Inc.	(713) 529-6559	Confidential	W (25-50), I/RR, Homeless, Appt req, Lim, CD . . . . .	152

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp . .	99
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Ft. Bend Family Health Center, Inc.	(281) 342-4530	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. indigent care, RW Part B . . . . .	111
Ft. Bend Family Health Center-Waller	(281) 822-4235	(W) Brookshire	All, Appt/Walk-ins, S\$, Med, Esp. . .	111
HCHD-Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	117
HCHD - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, <b>HIV+ only</b> , Appt Req, Walk-ins, Esp . . . . .	117
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp . . . . .	122

# Women's Services / Servicios para Mujeres

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Legacy Lyons Avenue Health Center	(713) 671-3041	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp . . . . .	128
Legacy Southwest Clinic	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp . . . . .	128
Motherland Health Clinique	(713) 290-0001	(NW) Independence Heights	All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp . . . . .	133
Planned Parenthood Gult Coast	(713) 522-3976	Call to be connected to the nearest clinic	M, W, Y, Free, Walk-ins, Esp. . . . .	138
Primary Health Network of S. TX - Hunter A. Hammill, MD	(713) 799-8994	(C) Medical Center	W, All, Appt req, Med, Ins, Esp . .	138

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Alief Educational Svcs Ctr "Successful" Parenting Program	(713) 772-9085	(SW) Westwood	Adults, pregnant/parenting teens, Flat fee . . . . .	94
Alief Educational Svcs Ctr Counseling/Psychotherapy	(713) 772-9085	(SW) Westwood	All, I/RR, CD, Homeless, S\$, Ins. . . .	94
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt or Walk-in, Waiting list, CD, Esp . . . . .	101
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt Req (Walk ins-crisis only) . . . . .	110
Ft. Bend Family Health Center, Inc.	(281) 342-4530	(SW) Richmond	All, Walk-ins, S\$, Med, Colorado Co. indigent care, RW Part B . . . . .	111
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Med, Ins, Appt req. . . . .	113
Harris County Public Health WIC Program	(713) 407-5800	(C) Galleria/ Post Oak	Free, Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp. . . . .	119
Hospice Care Team Bereavement Services	(409) 938-0070	(SE) Texas City	All, Free, Appt req . . . . .	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Houston GLBT Community Center	(713) 524-3818	(C) Memorial Pk/ Washington	Adults, Free . . . . .	124
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt req, CD . . . . .	132
New Horizon Family Center	(281) 424-3300	(E) Baytown	W, Y, C, Free, Appt Req, Lim, Esp . . . . .	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Med, Appt req, Esp. . . . .	134
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt Req, Esp. . . . .	135
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD . . . . .	138
Presbyterian Children's Home and Services	(713) 721-2908	(SW) Willow Meadows/Willow Bend	All, Free . . . . .	138
Sisters of Serenity - Gene's House	(713) 738-5558	(S) Sunnyside	W, <b>HIV+ only</b> , S\$, Lim . . . . .	142
Stop Turning Entering Prison-Shay's House	(832) 881-3193	(N) Trinity/ Houston Gardens	W (age 18 & up), I/RR, CD . . . . .	147

# Youth/Teen Services Servicios para Jóvenes/Adolescentes

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.

Los jóvenes que viven con el VIH tienen necesidades muy particulares. Si Ud. tiene entre 13 y 19 años de edad y tiene el VIH, por favor llame a una de las agencias mencionadas aquí; ellos tienen programas especiales para jóvenes con el VIH.

## HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AHCH - West Heights House	(713) 864-1795	(C) Heights	M, W (ages 19 & up), Flat fee, Appt req, Lim, <b>HIV+ only</b> . . . . .	94
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp. . . . .	106
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	Y (ages 18-24), Free, Appt Req, <b>HIV+ only</b> , Esp. . . . .	122

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Baylor - Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Free, Appt req, Ages 13-22 . . . . .	97
Baylor - Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Free, Appt req, Ages 14-22 . . . . .	98
Baylor - Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Free, Appt req, Ages 14-22 . . . . .	98
Baylor - Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Homes	Free, Appt req, Ages 14-22 . . . . .	98
Baylor - LBJ Teen Clinic	(713) 566-5612	(NE) Trinity/Houston Gardens	Free, Appt req, Ages 14-22 . . . . .	98
Baylor - Teen Health Clinic Chavez High School	(713) 495-6971	(SE) Meadowbrook	Free, Chavez HS students only. . . . .	98
Baylor - Teen Health Clinic Lee High School	(713) 787-1756	(SW) Gulfton	Free, Appt Req, Lee HS students only . . . . .	98
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp . . . . .	99
Central Care Community Health Center	(713) 734-0199	(S) Southpark	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Central Care Community Health Center	(713) 831-9663	(C) Third Ward	All, Free, S\$, Med, Ins, Appt/Walk-ins . . . . .	103
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21. . . . .	106
Ft. Bend Family Health Center-Waller	(281) 822-4235	(W) Brookshire	All, Appt/Walk-ins, S\$, Med, Esp. . . . .	111
HCHD-Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp. . . . .	116
HCHD-Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	117
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp. . . . .	122
Medcare Pediatric Rehab Center	(713) 773-5100	(SW) Stafford	C, Y, S\$, Med, Private Pay, Ins, Appt req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(E) Northshore	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . . . .	130



# Youth/Teen Services / Servicios para Jóvenes/Adolescentes

## MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Medcare Pediatric Rehab Center	(713) 773-5120	(N) Spring	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	130
Medcare Pediatric Rehab Center	(713) 995-9292	(SE) Pasadena	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp, Call for intake . . .	130
Planned Parenthood Gulf Coast	(800) 230-PLAN	Call to be connected to the nearest clinic	M, W, Y, Free, Walk-ins, Esp. . . . .	138

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH - Focus on Youth	(713) 623-6796	(C)	Y (ages 13-18), Free . . . . .	91
AFH - Positive Vibe	(713) 623-6796	(C)	<b>HIV+ only</b> , Y (ages 13-24), Free, Referral req . . . . .	92
AFH - Universal Teens	(713) 623-6796	(C)	<b>HIV+ only</b> , Y (ages 16-19), Free, Lim . .	93
Alief Educational Svcs Ctr - "Successful" Parenting Pgm	(713) 772-9085	(SW) Westwood	Adults, pregnant/parenting teens, Flat fee . . . . .	94
Alief Educational Svcs Ctr - Counseling/Psychotherapy	(713) 772-9085	(SW) Westwood	All, I/RR, CD, Homeless, S\$, Ins. . . .	94
Asian American Family Services	(713) 600-9400	(SW) Sharpstown	All, S\$. . . . .	96
Change Happens! RESCUE Program	(713) 374-1252	(C) 3rd Ward & Acres Home	All, Appt req, Free, CD . . . . .	104
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21 . . . . .	106
DePelchin Children's Center	(713) 730-2335	Various	C, Y (ages 13-18), S\$, Med, Ins, CHIP, Appt Req . . . . .	108
Family Services of Greater Houston Central Office	(713) 861-4849	(C) Memorial Pk/ Washington	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Esp. . . . .	110
FLAS, Inc-HIV Prevention Among Hispanic Youth	(713) 772-2366	(SW) Sharpstown	Y (Hispanic, ages 13-18), Free, Esp. . . . .	112
FLAS, Inc-Un Nuevo Amanecer	(713) 772-2366	(SW) Sharpstown	Y (ages 12-17, older if in high school), Free, Esp . . . . .	112
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Med, Ins, Appt req. . . . .	113
GCCSA- Central Service Center	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	114
GCCSA-JD Walker Multi-Service Center	(281) 426-4757	(E) Baytown	All, Free (income guidelines), Appt/Walk-ins, Esp . . . . .	115
HCHD-Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, <b>HIV+ only</b> , Esp. . .	116
HCHD-Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, <b>HIV+ only</b> . . . . .	117
HATCH	(713) 529-3590	(C) Montrose	Y, Free, Walk-ins . . . . .	121
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp. . . . .	123
Humble Area Assistance Ministries (HAAM)	(281) 446-3663	(N) Humble	All, Fam, Free. . . . .	125
Love U Foundation Blaze Youth Program	(832) 646-3516	Not specified	Y, Free . . . . .	130
Love U Foundation Put a Nail in It	(832) 646-3516	Not specified	Families . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5100	(SW) Stafford	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130

# Youth/Teen Services / Servicios para Jóvenes/Adolescentes

## SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Medcare Pediatric Rehab Center	(713) 773-5100	(E) Northshore	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 773-5120	(N) Spring	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
Medcare Pediatric Rehab Center	(713) 995-9292	(SE) Pasadena	C, Y, S\$, Med, Private Pay, Ins, Appt Req, Esp . . . . .	130
HATCH	(713) 529-3590	(C) Montrose	Not specified. . . . .	121
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, <b>HIV+ only</b> , Free, Walk-ins, CD . . . . .	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Appt req, Esp . .	134
PDAP-Age 12 to 17 group	(281) 870-9311	(C) Heights	Ages 12-17, Free, Walk-ins, CD . .	136
PDAP-Age 12 to 17 group	(281) 528-7908	(N) Spring	Ages 12-17, Free, Walk-ins, CD . .	136
PDAP-Age 12 to 17 group	(281) 870-9311	(W) Addicks/Park 10	Ages 12-17, Free, Walk-ins, CD . .	136
PDAP-Age 12 to 17 group	(281) 870-9311	(W) Memorial	Ages 12-17, Free, Walk-ins, CD . .	136
PDAP-Age 18 to 25 group	(713) 306-3325	(C) Memorial/ Washington Ave	Ages 18-25, Free, Walk-ins, CD . . . . .	136
PDAP-Age 18 to 25 group	(281) 857-7874	(N) Spring	Ages 18-25, Free, Walk-ins, CD . .	136
PDAP-Age 18 to 25 group	(281) 795-9805	(W) Memorial	Ages 18-25, Free, Walk-ins, CD . .	136
PDAP-Age 18 to 25 group	(281) 795-9805	(W) Memorial	Ages 18-25, Free, Walk-ins, CD . .	136
Presbyterian Children's Home and Services	(713) 721-2908	(SW) Willow Meadows /Willow Bend	All, Free . . . . .	138
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required. . . . .	139
SOCKS - Saving our Community Kids...Seniors	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free, Call for intake. . .	144
St. Hope Foundation B.R.O. IV L.I.F.E.	(713) 884-8032	(C) Bellaire	M (age 16 & up), Free, Appt/Walk-ins, Esp . . . . .	145
Texas Runaway Hotline	(888) 580-HELP	Statewide	C, Y, Fam, Free, Esp . . . . .	148
Texas Youth Hotline	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp . . . . .	149
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Appt/Walk-in, Referral req . . . . .	149



Art by Kevin

# Alphabetical Listing of Agencies

## Lista de Agencias por Orden Alfabético



### 3 "A" BEREAVEMENT FOUNDATION (3ABF)

5330 Griggs Road, Suite D108  
Box 34  
Houston, TX 77021-3756

MAIN..... (713) 649-3232  
FAX..... (713) 649-2328  
WEB..... www.3abereavement.org  
EMAIL..... bereavement3a@aol.com  
CITY SECTION..... Southeast  
NEIGHBORHOOD..... OST/South Union  
AREA SERVED..... Harris and Fort Bend counties  
LEGEND..... All, Income-based eligibility, Free, Esp  
HOURS..... Monday-Friday 9am to 5pm;  
On-call nights and weekends  
BUS ROUTES..... 5, 77  
NEED FOR INTAKE..... Proof of income

3ABF is a faith-based nonprofit organization, established in 1997 to eliminate the feelings of despair and hopelessness experienced by indigent and low-income bereaved families who have limited or no means to bury their loved ones. Most of the families served by 3ABF are classified as the working poor-hard working individuals and families trapped in terrible circumstances. These are the loved ones of crime victims, AIDS patients, the severely disabled, the elderly on fixed incomes, still-born infants, babies and children with birth defects or terminal illnesses, runaways, etc.

3ABF assists and accompanies bereaved families through the often unfamiliar and difficult process of making funeral arrangements for a loved one. Comprehensive services, including arrangements, financial assistance and counseling, are freely rendered without regard to ethnic, religious or cultural background to indigent and low-income families that lack the financial means for a funeral service.

*3ABF es una organización religiosa establecida en 1997 con el propósito de eliminar la desesperación y desesperanza en personas indigentes y familias de bajos recursos o con medios económicos limitados a enterrar a un ser querido. La mayoría de las familias asistidas son trabajadores con bajos recursos atrapados en circunstancias difíciles. Estos son familiares de víctimas de crímenes, pacientes con SIDA, discapacitados severos, ancianos con ingresos fijos, infantes mortinatos, bebés y niños/niñas con defectos en nacimiento o enfermedades terminales, jóvenes fugitivos, etc.*

*3ABF asiste y acompaña a las familias en luto en el difícil proceso de hacer arreglos funerarios para un ser querido. Servicios incluyen arreglos, asistencia financiera y consejos; no se considera el historial étnico, religioso o cultural de las familias que no tienen los medios financieros para obtener estos servicios.*

### A CARING SAFE PLACE

1804 Carr Street  
Houston, TX 77026

MAIN..... (713) 225-5441  
FAX..... (713) 225-5442  
WEB..... www.acaringsafeplace.com

CITY SECTION..... Central  
NEIGHBORHOOD..... Fifth Ward

LEGEND... M (18+), Homeless, Appt Req, **HIV+ only**, CD  
BUS ROUTES..... 5, 6, 37, 77

Long term housing program for HIV+ men which includes case management, substance abuse counseling, support groups, life skills training, job search, placement and vocational training, nutritional services, HIV education and preparation for re-entry into independent living. Call for intake.

### ADDICTS CAN BE DISCIPLES TOO

3230 Hadley Street  
Houston, TX 77004

MAIN/FAX..... (713) 529-2840

CITY SECTION..... Central  
NEIGHBORHOOD..... Third Ward

HOURS..... Monday-Thursday 10am-11am  
BUS ROUTES..... 30, 52  
LEGEND..... All, S\$, Appt/Referral required, CD

Faith based substance abuse recovery services offering life skills education individual recovery support, spiritual support group and relapse prevention support group. Licensed chemical dependency counselor on staff. Call for intake.

### ADULT REHABILITATION SERVICES



6624 Hornwood  
Houston, TX 77074

MAIN..... (713) 541-4422  
FAX..... (713) 541-9085  
WEB..... www.adultrehab.com  
EMAIL..... adultrehab@yahoo.com

CITY SECTION..... Southwest  
NEIGHBORHOOD..... Sharpstown  
AREA SERVED..... Harris and Ft. Bend counties

LEGEND..... Adults (18+), CD  
HOURS..... Mon-Fri 6am to 10am; Saturday by appt  
BUS ROUTES..... 2, 9

NEED FOR INTAKE . Valid ID, history of substance abuse  
A private and confidential opioid treatment program, includes maintenance (methadone, buprenorphine) and counseling.

### ADVOCACY, INC.

See Disability Rights Texas

## AID TO VICTIMS OF DOMESTIC ABUSE



1001 Texas Avenue, Suite 600  
Houston, TX 77002

MAIN . . . . . (713) 224-9911  
FAX . . . . . (713) 715-6935  
WEB . . . . . www.avda-tx.org  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown  
AREA SERVED . . . . . Harris County  
LEGEND . . . . . Adults, Fam, S\$, Walk-ins, Esp  
BUS ROUTES . . . . . 1, 5, 9, 11, 20, 24, 30, 60, 66, 77, 80,  
METRO light Rail

### Victim Advocacy Services

The following services are available to all victims of domestic violence both over the phone and in person: Crisis counseling and safety planning; Information about the criminal justice system; Information about family law; Referral for shelter, counseling and other needed services; advocacy with the criminal justice system; and support group for women about the nature of domestic violence and its social context.

### Servicios de la Defensa de la Víctima

*Los servicios siguientes están disponibles para toda las víctimas de la violencia doméstica por teléfono y en persona: Asesoramiento de la crisis y planeamiento de seguridad; Información sobre el sistema criminal; Información sobre la ley de familiar; referencias para refugios, consejerilla y otros servicios necesarios; acceso a la ley de la justicia; y grupo de apoyo para mujeres hacerla de la naturaleza de violencia doméstica y so contris social.*

### Legal Advocacy Services

A full time staff managing attorney, four staff attorneys and three contract attorneys licensed by the State Bar of Texas who provide legal representation in family law matters to victims of domestic violence who meet the program guidelines. An initial screening by Client Advocates at AVDA is required. The Legal Advocacy Program is conveniently located close to the courts in downtown Houston at the corner of Main and Texas. Please call ahead to schedule an office visit.

### Servicios Legales de la Defensa

*Un abogado administrador, un personal de cuatro abogados, y tres abogados por contrato que están autorizados por la barra del estado de Texas que proporcionan representación legal en cuanto a la ley familiar a las víctimas de la violencia doméstica que satisfacen los requisitos del programa. Una investigación inicial por medio de un(a) asesor(a) al cliente es requerido. El programa legal de defensa está establecido convenientemente cerca de las cortes en el centro de Houston en la esquina de la Main y Texas. Por favor llamar anticipadamente para hacer una cita.*

### Battering Intervention & Prevention Services (BIPP)

A psycho-educational counseling program for men and women (separate programs) who are violent, abusive and/or controlling in their intimate relationships. Participants in the program attend a minimum of eighteen weekly group sessions with a trained facilitator. Facilitators are degreed professionals and many have licensure as a Master Social Worker, Psychological Associate or Professional Counselor. The group sessions educate par-

ticipants about the nature of domestic violence and the historical and social context in which it occurs.

### Programa de Intervención y Servicios de Prevención

*Es un Psico-educativo para hombres y mujeres (programas separados) que son violentos, abusivos y/o controladores en sus relaciones íntimas. Los participantes en el programa atienden un mínimo de dieciocho sesiones semanales con un facilitador entrenado. Los facilitadores son profesionales graduados y muchos tienen licenciaturas en Maestra de Trabajador Social, Asociado Psicológica, y Consejeros Profesionales. Las sesiones del grupo educan a los participantes acerca de la naturaleza de la violencia doméstica y en contexto histórico y social en al cual ocurre.*

## AIDS COALITION OF COASTAL TEXAS

707 Tremont  
Galveston, TX 77550

MAIN . . . . . (409) 763-2437  
FAX . . . . . (409) 763-5482  
TTY . . . . . (409) 763-2437  
EMAIL . . . . . acctx@yahoo.com

CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Galveston  
AREA SERVED Brazoria, Galveston & Matagorda counties  
LEGEND . . . . . All, HIV+ only, Free, CD, Esp

Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, case management, legal referrals, funeral planning, client workshops, transportation, emergency financial assistance, rental assistance, AIDS information library, support groups, speakers bureau, medical equipment & supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services. Must show proof of HIV status, call for intake.

*Administradores de casos de habla hispana. Se provee parte de los pagos para las clínicas y recetas médicas, consulta nutricional, consejera sobre el contacto sexual más seguro, consejo sobre el manejo del estrés, administración de casos, referencia legal, planificación funeraria, talleres para el cliente, transportación, asistencia financiera de emergencia, pago de alquiler, biblioteca referente al SIDA, grupos de apoyo, equipo y suministro médico, visitas a la casa y al hospital, asistencia de cuidador/a, alacena de alimentos, apoyo telefónico y de voluntarios, servicio notarial. Debe comprobar que el cliente es una persona con el VIH; llame para su cita inicial.*

## AIDS FOUNDATION HOUSTON



3202 Wesleyan  
Houston, TX 77027

MAIN . . . . . (713) 623-6796  
FAX . . . . . (713) 623-4029  
WEB . . . . . www.AIDShelp.org  
EMAIL . . . . . info@afhouston.org

CITY SECTION . . . . . Central  
BUS ROUTES . . . . . 78, 82, 81, 25

AFH is a 501(c)(3) nonprofit corporation founded in 1982 as Texas' first organization dedicated to HIV prevention education and services. In 2002 the board adopted the following vision statement: AFH values and respects each person's uniqueness and embraces the philosophy

of equality in serving individuals and families in a non-discriminatory manner, in collaboration with clients, organizations and funding partners. AFH endeavors to meet the needs of its clients through the design, implementation and evaluation of globally significant programs. With innovative programs in education, disease prevention and client services, AFH strives to eradicate HIV/AIDS.

### Bodichitta de Tomas Clothing Pantry

LEGEND . . . . . **HIV+ only**, Free Pantry for AFH clients in need of immediate clothing assistance. Call for intake.

*Se provee asistencia inmediata de prendas de vestir a los clientes de AFH. Traducción disponible.*

### Burress Street Apartments



INTAKE . . . . . (713) 623-6796  
CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Northside  
LEGEND . . . . . W, I/RR, **HIV+ only**, Appt Req, S\$ based on HUD calculations

Burress Street helps single women achieve a greater sense of self-determination from homelessness to permanent housing.

*Burress Street ofrece vivienda permanente a las mujeres solteras a efecto de lograr estabilidad.*

### Camp Hope



LEGEND . . . . . C (ages 7-15), **HIV+ only**, Application  
Camp Hope was established in 1996 as the first week long summer camp for HIV+ children ages 7-15. Campers enjoy traditional camp activities in a modern setting, complete with state of the art medical facilities and trained psychosocial staff.

### Chupik House

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Rosenberg  
LEGEND . . . . . M, Appt Req, **HIV+ only**, S\$ based on HUD calculations

Chupik House is a housing program for men living with HIV/AIDS. A monthly program fee is assessed according to the individuals income. Supportive services include transportation, mental health counseling and case management.

### Community Outreach and Education

MAIN . . . . . (713) 333-5624  
LEGEND . . . . . All  
Provides outreach, health education and risk reduction information.

### First Responders

LEGEND . . . . . Adults only, CD, S\$  
First Responders is a "housing first" community integration program that outreaches to and places chronically homeless disabled persons receiving SSI/SSD or VA benefits and residing on the streets in permanent housing. Call for intake.

*First Responders es un programa comunitario de integración que extiende y coloca a personas crónicamente discapacitadas y sin vivienda permanente. Llamar para una cita inicial.*

### Focus on Youth

LEGEND . . . . . Y (ages 13-18), Free  
Focus on Youth targets at-risk African American youth providing age appropriate risk-reduction information and HIV testing in a supportive and confidential environment.

*Este programa enfoca en los adolescentes afro-americanos en riesgo, ofreciendo información apropiada de reducción de riesgo y pruebas para el VIH en un ambiente confidencial y de apoyo.*

### Get Started

LEGEND . . . . . **HIV+ only**, I/RR  
Program designed to help minority offenders who are HIV+ enroll and participate in the Texas HIV Medication Program. Through the Get Started program, recently released offenders can access HIV medications at no charge, allowing them to continue medication regimens begun while incarcerated without interruption which reduces the likelihood of viral resistance. In addition, this program helps newly released offenders re-establish their "free world" lives by linking them to services.

*Este programa ayuda a delincuentes de la minoría que viven con el VIH a inscribirse y participar en el Programa de Texas para Medicamentos para el VIH. A través de este programa, los delincuentes recientemente liberados pueden acceder a medicamentos sin costo alguno, permitiéndoles que continúen, sin interrupción, con el mismo régimen de medicamentos que iniciaron mientras encarcelados y que reduce la probabilidad de resistencia viral. Además, este programa ayuda a los delincuentes recién liberados a re-establecerse en el mundo libre vinculándoles a los servicios.*

### Get Started Girl

MAIN . . . . . (713) 333-5624  
LEGEND . . . . . W, I/RR, Free, Call for intake.

The goal of Get Started Girl is to reduce the transmission of HIV/AIDS and secondary infections in formerly incarcerated women by providing gender-specific opportunities for cultural-affirmation, critical thinking and health literacy of the many health issues facing women today. Get Started Girl considers the social and environmental context in which women live and structures information, activities, program priorities and service delivery systems to complement those factors. The program builds self-esteem as well as gender and ethnic pride through cultural awareness, building on the extensive legacy of women and the themes of struggle and perseverance to frame discussions on HIV/AIDS. Get Started Girl serves all women released from prison with an emphasis on women released within the previous six months; but due to the high prevalence of HIV-infection in African American incarcerated women, the program is focused around the needs of minority women.

*La meta de este programa es el de reducir la transmisión del VIH/SIDA e infecciones secundarias en las mujeres que fueron encarceladas, proveyendo oportunidad de género específico para la afirmación cultural, pensamiento crítico, conocimiento práctico y literario de la salud sobre temas que enfrentan a la mujer de hoy. El programa considera el contexto social y de ambiente en el que la mujer vive y ofrece información, actividades, programa de prioridades y sistema de servicios de entrega para complementar a dicho contexto. Además,*

*promueve la autoestima y orgullo genérico y étnico en una conciencia cultural basada en el amplio legado de la mujer, su lucha y su perseverancia por medio de discusiones sobre el VIH/SIDA. El programa sirve a todas las mujeres liberadas de prisión, con énfasis a aquellas liberadas en los últimos seis meses. Pero dada la alta prevalencia de infección del VIH en las mujeres afro-americanas encarceladas, el programa se enfoca en las necesidades de las mujeres minoritarias.*

**Growing Young Minds (G.Y.M.)**



**Child Monitoring Services**

at Thomas Street Clinic and Bering Dental Clinic

INTAKE . . . . . (713) 623-6796

LEGEND . . . . . C (ages 0-12), Free, Lim

HOURS . . . . . Monday-Friday, 9am to 5pm

Child monitoring is available for patients and their children receiving medical and or social support from Thomas Street Health Center and Bering Dental Clinic. This service is reserved for patients needing short-term child monitoring during their appointments.

**Help House**

LEGEND . . . . . Adults, HIV+ only, Disabled, S\$ based on HUD calculations

Help House provides permanent housing along with vital supportive services that empower clients to live independently. Call for intake.

*Help House provee vivienda permanente con servicios de ayuda vital que permite a los clientes vivir independientemente. Llamar para una cita inicial.*

**Popular Opinion Leader**

MAIN . . . . . (713) 333-5624

24 HOURS . . . . . (832) 563-8259

LEGEND . . . . . M, Free, Call for intake

Popular Opinion Leader trains leaders from gay/ bisexual/transgender community to engage their peers in casual conversations regarding safer sex misconceptions, HIV prevention and personal risk reduction strategies.

**Positive Link**

LEGEND . . . . . HIV+ only, W, C (ages 0-12), Y (ages 13-24), Free, Walk-ins

Positive Link works to identify women, infants, children and youth living with HIV and link them to HIV primary medical care and case management services.

*Positive Link (Vínculo Positivo) identifica a las mujeres, los infantes, niños/niñas y adolescentes viviendo con el VIH y los vincula al cuidado médico primario y a los servicios de administración de casos.*

**Positive Vibe**

LEGEND . . . . . HIV+ only, Y (ages 13-24), Free, Referral req

Positive Vibe is a unique collaboration of services offering client-centered clinic and health initiatives specifically for the needs of HIV+ youth and young adults between the ages of 13-24. Call for intake.

**Project "A Friendly Haven"**



INTAKE . . . . . (713) 651-0833

CITY SECTION . . . . . Central

LEGEND . . . . . **HIV+ only**

A Friendly Haven is an apartment complex housing program for families living with HIV that are dealing with homelessness. The program works with several agencies to provide on-site services. The goal is to help family members increase their skills, education and stability. A Friendly Haven offers emotional support groups, individual counseling and educational/job training.

*A Friendly Haven es un programa de vivienda que ofrece un conjunto de apartamentos para familias con VIH sin vivienda. Opera en colaboración con otras agencias que proveen servicios adicionales. La meta es el de ayudar a miembros de familia a mejorar sus habilidades, educación y llegar a una estabilidad. Además, ofrece grupos de apoyo emocional, consejería individual y entrenamiento educacional y laboral.*

**Project LifeRoad**

LEGEND . . . . . HIV+ only  
NEEDED FOR INTAKE . . . . . Homeless documentation

Funded by the HUD Supportive Housing Program, LifeRoad offers a comprehensive homelessness intervention care continuum. Providing a holistic approach to housing and supportive services for homeless Persons Living with HIV/AIDS, this project includes centralized intake and assessment, medical and psychosocial case management, mental health counseling, substance abuse counseling, money management, nutrition counseling, food, rent, utility and household assistance, job training and placement and related supportive services. Clients are placed in less structured environments over time until they are ready to live independently and establish permanent housing.

*Financiado por el Programa de Apoyo para la Vivienda HUD, LifeRoad ofrece un continuo cuidado de intervención comprensiva para la prevención de personas sin vivienda. Proveyendo un enfoque holístico a los servicios de vivienda y apoyo para las personas VIH+ sin vivienda. Este programa incluye admisión centralizada y asesoramiento, administración de casos médicos y psicosociales, consejería para la salud mental, consejería para el abuso de sustancias, administración financiera, consejería nutricional, alimentos, renta, servicios públicos, asistencia doméstica, colocación y entrenamiento laboral. Los clientes, con el tiempo, son colocados en ambientes menos estructurados hasta que estén preparados para vivir independientemente y puedan establecerse en viviendas permanentes.*

**Project My Home**

LEGEND . . . . . Disabled adults, rent=30% of income

Long-term housing provided in a shelter plus care residential living facility.

*Vivienda a largo plazo en refugios y en otras residencias de cuidado.*

**Project Need A Ride**

MAIN . . . . . (713) 623-6796

FAX . . . . . (713) 623-4081

LEGEND . . . . . W, C, Y, **HIV+ only**, Free, Referral req

HOURS . . . . . Monday-Friday, 9am to 5pm-as needed

Project Need a Ride provides transportation assistance to women and youth clients through the distribution of taxi vouchers and METRO bus tokens for the purposes of

appointments related to Ryan White Part D HIV primary medical care.

*El proyecto "Need a Ride" provee asistencia de transportación a mujeres y adolescentes a través de la distribución de vales para taxi y fichas para el METRO con el propósito de asistir a citas relacionadas al cuidado médico primario Ryan White parte D.*

### Project T.E.X.T. M.S.G.

MAIN . . . . . (281) 888-5316

FAX . . . . . (713) 492-2770

LEGEND . . . . . Age 18-24, HIV+ &/or disabled, Homeless, S\$, Walk-ins, CD

Project T.E.X.T. M.S.G. (Teaching Empowerment to eXit Transitional housing by Managing Secure Goals) is an innovative collaboration supported by HUD and Coalition for the Homeless. T.E.X.T. M.S.G. is the first permanent housing solution for young adults living with HIV/disabilities between the ages of 18-24 that utilizes a 'Housing First' model that provides each young adult with a housing solution upon enrollment. The goal of Project T.E.X.T. M.S.G. is to break the cycle of homelessness and begin a stabilization process that focuses on residential stability, increased skills and income and greater self determination. Clients should be able to perform regular activities of daily living.

### Project Wall Talk

MAIN . . . . . (713) 333-5624

LEGEND . . . . . Incarcerated

In partnership with the Texas Department of Criminal Justice (TDCJ), provides peer education training and other prison-related HE/RR activities within the prison system.

### Stone Soup

LEGEND . . . . . **HIV+ only**

HOURS . . . . . Monday-Friday, 9am-5pm;  
Monday, Tuesday, Thursday 5:45pm-7:15pm;  
Saturday 9am-2pm

Stone Soup is a food/nutrition assistance program for those who meet the qualifications for access.

*Stone Soup es un programa de alimentación/nutrición para aquellos que son elegibles.*

### Universal Teens

LEGEND . . . . . HIV+ only, Y (ages 16-19), Free, Lim

Universal Teens is a life skills driven program for positive teens 16 to 19 years of age to help them to transition into adulthood. The program provides quarterly programming as well as a five day summit held in June.

### Voices/Voces

MAIN . . . . . (713) 333-5624

LEGEND . . . . . Adults, African American or Hispanic, Free

Voices/Voces is a one-time video based intervention that teaches African American and Hispanic adults safer sex negotiation skills which leads to increased condom use. Bilingual sessions are available.

*Voices/Voces es una intervención mediante un video que enseña métodos de negociación sobre el sexo seguro con el uso del condón a adultos afroamericanos y latinos.*

*Se ofrece sesiones bilingües.*

### Volunteer Services

LEGEND . . . . . All

Wide variety of volunteer opportunities available for adults and young adults interested in working with people and families infected/affected by HIV/AIDS. Must complete application and interview, some positions require criminal background check.

### AIDS HOUSING COALITION HOUSTON, INC. (AHCH)

502 West 24th Street  
Houston, TX 77008

MAIN . . . . . (713) 864-1795

WEB . . . . . www.ahchinc.webs.com

EMAIL . . . . . ahch@wt.net

CITY SECTION . . . . . Central

NEIGHBORHOOD . . . . . Heights

All volunteer, community-based, 501(c)3 nonprofit organization providing public advocacy and AIDS education; host of West Heights House and of the HIV/AIDS Community Resource Hotline. 2007 Jefferson Award agency and 2011 Ryan White Community Leadership Award.

### Crosby House

LEGEND . . . . . M, W, Flat fee, Appt req, Lim, **HIV+ only**

CITY SECTION . . . . . Southwest

NEED FOR INTAKE . . . . . State ID, proof of income & disability

Offers 1 to 12 months rentals of private, furnished SRO bedrooms for adult men and women who are advancing in their disease progression. This is "assisted living lite" – private AHCH home hosted by a licensed LVN nurse and other AIDS experienced volunteers. Reserved for guests who would likely need some "Pre-Hospice" care, minimal supervision, open door policy, assistance with daily meds, metro-lift scheduling and blood pressure, etc. Guests provide for own food and hygiene needs; meals will be prepared by staff daily. Located in SW Houston, Hwy 59/Beltway 8 area. AHCH sponsors care houses with private bedrooms in these neighborhoods. Call for availability of "special needs" bedroom rentals, and to see if you qualify. No credit offered, no social service vouchers.

### HIV/AIDS Community Referral Hotline

LEGEND . . . . . All, Free

HOURS . . . . . 8am-8pm daily

Free information, mentoring and referral for people infected by HIV and for family and friends affected by the virus. Discuss health care options, testing locations, hospice education, home care issues, viatical settlements, social security application process and general information about living with HIV/AIDS. Not a medical or legal resource.

### HIV/AIDS Public Speaker Bureau

Long-term HIV/AIDS survivors available for public meetings, presentations, seminars and media interviews for a flat fee (nominal donation).

### HIV/AIDS Relief Care

LEGEND . . . . . M, W, **HIV+ only**, Flat fee

Respite Care provided for an hourly flat fee, insurance

not accepted, no contract needed. Experienced nurse aides and specialty trained home care attendants offering in-home support companion services for patients living with AIDS. Available only on metro bus routes and in central Houston. No licensed medical services offered. AHCH, Inc. offers both Male and Female C.N.A. home workers, available 7 days. For more information go to <http://hivaidsaretaker.webs.com>

### Recycled Household Items

LEGEND . . . . . All, **HIV+ only**, Free PLWA Warehouse: Accepts donations of gently used adult clothing and small furniture items, new space heaters and A/C units, used or new laundry equipment, working stoves, refrigerators, lamps and other household furnishings (art, knick-knacks, small appliances) for distribution to indigent AIDS patients. Small donations can be dropped off 7 days a week; bigger items, delivered by you or picked up by volunteers, by appointment only please. Items redistributed at no charge through the West Heights House Shelter and the Thomas Street Health Center (AIDS clinic) volunteer program.

For more information go to: <http://washerdonation-houston.webs.com/>

### West Heights House

502 West 24th Street  
Houston, TX 77008

LEGEND . . . . . M (ages 19 & up), **HIV+/AIDS only**, Flat fee, Appt req, Lim

HOURS . . . . . By appointment only  
BUS ROUTES . . . . . 50, 66  
NEED FOR INTAKE State ID, proof of income & disability  
Fee-based SRO bedrooms by the month: 30-60-90 day maximum rental. No drugs or alcohol please. No deposit, private bedroom, house host on duty. This is appropriate, temporary placement for more ambulatory (active) male AIDS patients with social security income. Ages 19 and up; single occupancy only, no children or couples please. Program is GLBT oriented, each guest bedroom is furnished, cable w/ movies and telephone in lobby. Shelter has public kitchen, share single-use bathroom; outside patio area for smokers- small dogs to pet. Located inside the 610 loop NW; near Fiesta Grocery, METRO routes, fast food, thrift stores. Hosted by HIV+ community mentors along with volunteers from all walks of life, no paid staff. No medical services offered – not a hospice or MHMRA housing site. Guests provide for own food and hygiene needs. No regular apartments offered. No free services, no credit offered, no longer accept social service vouchers.

### AIDSINFO

PO Box 6303  
Rockville, MD 20849-6303

MAIN . . . . . (800) HIV-0440  
(800) 448-0440  
TTY . . . . . (888) 480-3739  
WEB . . . . . [aidsinfo.nih.gov](http://aidsinfo.nih.gov)  
EMAIL . . . . . [contactus@aidsinfo.nih.gov](mailto:contactus@aidsinfo.nih.gov)  
HOURS . . . . . Monday-Friday, 11am-4pm Central Time

AIDSinfo is a U.S. Department of Health and Human Services (DHHS) project that offers the latest federally approved information on HIV/AIDS clinical research, treatment and prevention, and medical practice guidelines for people living with HIV/AIDS, their families and friends, health care providers, scientists and researchers. AIDSinfo services and staff cannot replace direct communication with your healthcare provider and cannot respond to questions about specific medical cases, offer medical advice, give second opinions or make recommendations about specific therapies.

*AIDSInfo es un proyecto del Departamento de Salud y Servicios Humanos de los Estados Unidos de América (DHHS) que ofrece información actualizada y, federalmente aprobada, pertinente a las investigaciones sobre el VIH/SIDA, como así también de tratamiento*

### ALDINE FUNERAL CHAPEL, LLC



9504 Airline Drive  
Houston, TX 77037-2208

24 HOURS . . . . . (281) 591-6055  
FAX . . . . . (281) 591-7579  
TOLL FREE . . . . . (877) 468-4480  
WEB . . . . . [www.aldinefuneralchapel.com](http://www.aldinefuneralchapel.com)  
EMAIL . . . . . [staff@aldinefuneral.com](mailto:staff@aldinefuneral.com)  
CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Aldine  
AREA SERVED . . . . . Harris County  
LEGEND . . . . . Appt recommended  
BUS ROUTES . . . . . 56  
NEED FOR INTAKE . . . . . Funeral home paperwork must be signed in person, or by fax or email, by the legal next of kin.

### Direct Cremation

Complete cremation services. Special Program, including crematory fee and one certified copy of the Death Certificate, available when death occurs in Harris County and decedent weighs less than 250 pounds; total cost includes all required fees: \$950.00. Staff available by phone 24 hours a day. Quotes available by phone, fax, mail or e-mail.

### ALIEF EDUCATIONAL SERVICES CENTER

9898 Bissonnett St., Suite 630  
Houston, TX 77036-8280

MAIN . . . . . (713) 772-9085  
FAX . . . . . (281) 825-4388  
WEB . . . . . [www.aliefeducationstation.org](http://www.aliefeducationstation.org)  
EMAIL . . . . . [info@aliefeducationstation.org](mailto:info@aliefeducationstation.org)  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Westwood  
BUS ROUTES . . . . . 65, 68

AESC is a nonprofit organization committed to improving the quality of life for individuals seeking to make positive changes in their lives. We provide services we believe will help strengthen the whole family, and therefore, improve the whole community. We are dedicated to offering counseling and educational services to enhance all aspects of your life. We want to help you replace negativity or suffering with positive ways of coping, to find meaning and purpose in the pain you may be experiencing and to find happiness and hope for your future.



### **BIPP Group Counseling**

LEGEND . . . . .Adults, Pregnant/parenting teens, Flat fee  
NEED FOR INTAKE . . . . . Valid ID, copy of court order  
if ordered by the court

The Battery Intervention and Prevention Program (BIPP) is designed to rehabilitate offenders convicted of domestic violence and other battering offenses, includes mandatory intake, orientation and 18 weeks of group counseling. Accredited by TDCJ and the Texas Council on Family Violence.

### **Mental Health Counseling/Psychotherapy**

HOURS . . . . . Mon-Fri 8:30am-8pm; Sat 9am-2pm

LEGEND . . . . . All, I/RR, CD, Homeless, S\$, Ins  
NEED FOR INTAKE . . . Valid ID if minor in need of treatment  
Counseling services for individuals, couples, families and groups; mediation services for community based, family based and truancy issues; behavioral analysis for children experiencing behavioral concerns at school with an intervention plan to help modify behavior. Call for intake.

### **“Staying Cool” Anger Management Program**

LEGEND . . . . .Adults, Y (ages 13-17), Flat fee  
NEED FOR INTAKE . . . . .Valid ID, copy of court order if  
ordered by the court

A psycho-educational course designed to aid, improve and rehabilitate individuals by teaching effective ways to reduce levels of anger, learn forgiveness, identify triggering situations, direct anger into healthy problem-solving, address issues with assertiveness and requests and establish a plan of action. The course is offered to adults and separately to adolescents ages 13-17; an accelerated course is also available. A certificate is awarded upon completion of the course.

### **“Successful” Parenting Program**

LEGEND . . . . .Adults, S\$  
NEED FOR INTAKE . . Valid ID, Proof of income, Referral

A psycho-educational course designed to aid, improve and rehabilitate pregnant/parenting teens as well as adults going through divorce or separation. Topics covered include coping with divorce, divorce and children, family dynamics, financial responsibilities and anger management. An accelerated course is also available. A certificate is awarded upon completion of the course.

### **ALZHEIMER’S ASSOCIATION**



2242 W. Holcombe Blvd.  
Houston, TX 77030

24 HOURS . . . . . (713) 314-1313  
FAX . . . . . (713) 314-1315  
TOLL FREE/24 HRS . . . . .(800) 272-3900  
WEB . . . . .www.alztx.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center  
AREA SERVED . . . . .Southeast TX (37 counties)

LEGEND . . . . .Adults, S\$  
HOURS . . . . . Monday-Friday, 8:30am-5pm  
BUS ROUTES . . . . . 2, 26, 27, 68

The Alzheimer’s Association, Houston and Southeast

Texas Chapter, provides a variety of services for persons affected by Alzheimer’s and dementia related illness, covering a 37 county region in Southeast Texas.

### **Information and Referral**

The Alzheimer’s Association Helpline operates 24 hours a day, seven days a week, in 140 languages. Our staff is highly trained and knowledgeable about all aspects of Alzheimer’s disease. You can also call us for emotional support as often as you need.

### **Care Consultation**

This service is designed to assist the person with Alzheimer’s and their family in planning for and dealing with all aspects of the illness. Call to schedule a meeting to develop a plan.

### **Support Groups**

Monthly gatherings of family, friends and caregivers that provide an opportunity for socializing, discussing and supporting one another on Alzheimer’s related issues. Call or visit our website for more information.

### **MedicAlert + Safe Return**

The Alzheimer’s Association and MedicAlert have formed an alliance to improve the safety of individuals with Alzheimer’s or a related dementia.

### **Education and Training**

An array of educational programs are available for the diagnosed individual, family members and professionals. We also maintain a variety of educational materials on topics related to Alzheimer’s disease and related disorders. Call or visit our website to learn more.

### **Message Boards**

The Alzheimer’s Association message boards and chat rooms provide an online community for persons with Alzheimer’s, caregivers and care providers.

### **Clinical Trials**

TrialMatch™ is a free service that makes it easy for people with Alzheimer’s, caregivers, families and physicians to locate clinical trials based on personal criteria (diagnosis, stage of disease) and location. Call or visit our website for more information.

### **AMEX PHARMACY**



3030 Canal Street  
Houston, TX 77003

MAIN . . . . . (713) 237-9301  
FAX . . . . . (713) 227-1130  
WEB . . . . .www.amexRx.com  
EMAIL . . . . . amexpharmacy@hotmail.com

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Second Ward

LEGEND . . . . .All, Ins, Esp  
BUS ROUTES . . . . . 20, 29, 37, 48

### **ARLINGTON NATIONAL FUNERAL HOME**



5601 Arlington Street  
Houston, TX 77076

MAIN . . . . . (713) 692-5555  
FAX . . . . . (713) 692-0947

TOLL FREE . . . . . (800) 842-2132  
 WEB . . . . . www.arlingtonnational.com  
 EMAIL . . . . . ANFH713@aol.com  
 CITY SECTION . . . . . North  
 NEIGHBORHOOD . . . . . Northside  
 LEGEND . . . . . All  
 HOURS . . . . . Monday-Friday 8am-5pm  
 BUS ROUTES . . . . . 9, 45

Full service funeral home including burial, prearranged funeral, cremation, VA benefits, all insurance accepted. Domestic and international shipping and receiving services available. Phones answered 24 hours, 7 days a week.

**ART LEAGUE HOUSTON**

1953 Montrose Boulevard  
 Houston, TX 77006

MAIN . . . . . (713) 523-9530  
 FAX . . . . . (713) 523-4053  
 WEB . . . . . www.artleaguehouston.org  
 EMAIL . . . . . alh@artleaguehouston.org  
 CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Montrose  
 HOURS . . . . . Monday-Friday 9am-5pm; Saturday 11am-5pm  
 BUS ROUTES . . . . . 3, 34

**HIV + Healing Art Group**

LEGEND . . . . . All, Free, Walk-ins

This award-winning outreach program offers a variety of activities for the artist and non-artist alike. Monthly projects focus on constructive art making in a relaxed atmosphere. Come experience the healing power of art. Classes are ongoing and are free of charge. Please call for location of classes or for more information.

**ASERACARE HOSPICE**



1235 North Loop West, Suite 215  
 Houston, TX 77008

MAIN/INTAKE . . . . . (713) 864-2626  
 FAX . . . . . (713) 864-9476  
 TOLL FREE . . . . . (888) 646-8696  
 WEB . . . . . www.aseracare.com  
 CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Heights  
 AREA SERVED . . . . . Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Harris, Liberty, Matagorda, Montgomery, Walker, Waller and Wharton counties  
 LEGEND . . . . . Adults, Ins, Med, Esp  
 BUS ROUTES . . . . . 40, 50

Palliative care (comfort care) to persons with life limiting illness. Services include skilled nursing, social worker, pastoral counseling and bereavement support.

*Cuidado paliativo para personas con existencia limitada a efecto de la enfermedad. Los servicios incluyen enfermeras capacitadas, trabajador/a social, consejero/a pastoral y atención prestada a personas que sufren por la pérdida de un ser querido.*

**ASIAN AMERICAN FAMILY SERVICES**

9400 Bellaire Blvd., Suite 228  
 Houston, TX 77036

MAIN/INTAKE . . . . . (713) 600-9400  
 FAX . . . . . (713) 600-9440  
 WEB . . . . . www.aafstexas.org  
 EMAIL . . . . . info@aafstexas.org  
 CITY SECTION . . . . . Southwest  
 NEIGHBORHOOD . . . . . Sharpstown  
 LEGEND . . . . . All, S\$  
 HOURS . . . . . Monday-Friday, 9am to 5:30pm  
 BUS ROUTES . . . . . 2

Asian American Family Services is committed to meeting the mental health needs of Asian Americans in Greater Houston and surrounding communities. The clinical staff at AAFS consists of experienced and culturally sensitive psychiatrists, psychologists, and therapists who provide professional assistance for Asian-language speakers who are currently experiencing or who have experienced major life stressors. Our clinicians' cultural sensitivity and understanding help them to better address clients' mental health issues within the framework of clients' cultural values and more. While some of our clients speak English fluently, they feel that their needs are better met because of the attention paid to cultural issues. We provide individual psychotherapy (children and adults), family counseling and psychotherapy, relationship and marital counseling, psychological testing and assessment, psychiatric evaluation, consultation and medication management, and psycho-educational support groups.

Other services include family support services: information and referral, interpreting and translation services, case management, rent/utility assistance, legal consultation clinic and benefits counseling; youth programs; senior programs; employment assistance and cultural competency education and training. Our staff speaks 16 different Asian languages/ dialects including Burmese, Chinese (Mandarin and Cantonese), Korean, Hindi, Urdu and Vietnamese.

**ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)**



204 Clifton  
 Houston, TX 77011

MAIN . . . . . (713) 926-9491  
 FAX . . . . . (713) 926-2672  
 WEB . . . . . www.aama.org  
 CITY SECTION . . . . . East  
 NEIGHBORHOOD . . . . . Second Ward  
 AREA SERVED . . . . . Harris county  
 LEGEND . . . . . M, W, Y, Free, Walk-ins, CD, Esp  
 HOURS . . . . . Monday-Friday, 8am to 5pm  
 BUS ROUTES . . . . . 20, 50

**Minorities Action Program (MAP)**

Assists with substance abuse services, HIV, Hep C & TB testing, HIV related case management and also helps Spanish speaking individuals to access services. AAMA can help connect you to medical care, transportation, housing and many other services.

*AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para parar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis.*

## ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)



6001 Gulf Freeway  
Houston, TX 77023

MAIN/INTAKE . . . . . (713) 967-6700  
FAX . . . . . (713) 926-8035  
WEB . . . . . www.aama.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Lawndale

LEGEND . . . . . M, W, Y, Fam, Free, Walk-ins, CD, Esp  
HOURS . . . . . Monday-Friday, 8:30am to 4:30pm  
BUS ROUTES . . . . . 26, 27

### AAMA Family Health Clinic Casa Phoenix George I. Sanchez High School

Education: Pre K, grades 9-12, GED, computer and ESL; family health clinic; HIV and Hepatitis C testing; Casa Phoenix adolescent outpatient and residential chemical dependency treatment; and Project Tejas adult intensive and supportive chemical dependency treatment.

*Educación: Pre kínder, grados 9-12, GED, clases de computación e inglés; clínica para la familia; análisis del VIH y Hepatitis C; Casa Phoenix tratamiento para la dependencia de drogas en pacientes internos y externos; y Proyecto Tejas tratamiento intenso y de apoyo para adultos con adicciones.*



## BAY AREA COUNCIL ON DRUGS & ALCOHOL, INC.

1300 Bay Area Boulevard, Suite 102  
Houston, TX 77058

MAIN . . . . . (281) 212-2900  
FAX . . . . . (281) 212-2901  
TOLL FREE . . . . . (800) 510-3111  
WEB . . . . . www.bacoda.com  
EMAIL . . . . . questionsforbacoda@bacoda.com

CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Clear Lake/NASA  
AREA SERVED . . . . . South, southeast & eastern Harris County, Brazoria, Matagorda and Galveston counties

LEGEND . . . . . All, CD  
BACODA has offices in Clear Lake, Angleton and Bay City.

Free substance abuse screening, referral, assessments and counseling for those meeting eligibility requirements. All classes offered for a fee. Staff available for health fairs and speaking engagements at no cost.

## BAY AREA HOMELESS SERVICES

3406 Wisconsin Street  
Baytown, TX 77520

*Mailing address:*  
PO Box 4130  
Baytown, TX 77522

MAIN . . . . . (281) 837-1654  
FAX . . . . . (281) 837-1031  
24 HOURS . . . . . (281) 837-1657  
ADMINISTRATION . . . . . (281) 420-6728

CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . . Baytown  
AREA SERVED . . . . . Eastern Harris, Chambers and Liberty counties

LEGEND . . . . . Adults, Homeless, Free, Esp  
NEED FOR INTAKE . . . . . Soc Sec card, Photo ID

Temporary emergency shelter and meals for up to 6 weeks, includes comprehensive case management and transportation. Must be at least 17 years of age and be able and willing to seek and maintain full-time employment.

*Refugio temporario y alimento por 6 semanas; administración de casos; transportación. Los clientes deben ser mayor de 17 años de edad y estar dispuestos a buscar y mantener empleo de tiempo completo.*

## BAY AREA TURNING POINT, INC. CRISIS SHELTER



*Mailing address:*  
PO Box 57543  
Webster, TX 77598

MAIN . . . . . (281) 338-7600  
FAX . . . . . (281) 557-0290  
24 HOURS . . . . . (281) 286-2525  
WEB . . . . . www.bayareaturningpoint.org

CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Webster

LEGEND . . . . . W, Fam, Appt Req, Esp  
HOURS . . . . . Monday-Friday, 8:30am-6pm

Crisis shelter for women and their children who are victims of family violence, sexual assault and otherwise homeless. Includes therapy and victim assistance.

## BAYLOR COLLEGE OF MEDICINE TEEN HEALTH CLINICS



1504 Taub Loop  
Houston, TX 77030

MAIN . . . . . (713) 873-3601  
FAX . . . . . (713) 873-3608  
WEB . . . . . www.teenhealthclinic.org

### Ben Taub Teen Health Clinic

MAIN . . . . . (713) 873-3601  
FAX . . . . . (713) 873-3608

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center  
AREA SERVED . . . . . Harris County

LEGEND . . . . . Y (ages 13-22), Free, Appt req  
HOURS . . . . . Monday-Thursday, 8am to 6:30pm  
BUS ROUTES . . . . . 1, METRO Light Rail

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treat-

ment; family planning services; pregnancy testing and referral; prenatal care and postpartum exams.

*Prueba y tratamiento para las infecciones transmitidas sexualmente, pruebas de VIH, consejera y referencias para el tratamiento, servicios de planificación familiar, prueba de embarazo y referencias, cuidado prenatal y exámenes post-parto.*

### Cavalcade Teen Health Clinic



3815 Cavalcade  
Houston, TX 77026

MAIN . . . . . (713) 673-1655  
FAX . . . . . (713) 673-1549

CITY SECTION . . . . . Northeast  
NEIGHBORHOOD . . . . . Kashmere Gardens

LEGEND . . . . . Y (ages 14-22), Free, Appt req  
HOURS . . . . . Monday-Thursday, 8am to 6:30pm  
BUS ROUTES . . . . . 26, 27, 52

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; sports physicals.

*Ofrece pruebas y tratamiento de enfermedades de transmisión sexual; prueba del VIH; servicios de planificación familiar; examen de embarazo; referencia y administración de casos; examen de posparto; examen físico deportivo.*

### Chavez High School Teen Health Clinic



8501 Howard  
Houston, TX 77017

MAIN . . . . . (713) 495-6971  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Gulfton

LEGEND . . . . . Free, Chavez HS students only  
HOURS . . . . . Monday-Thursday, 8am to 4:30pm

Primary health care; Immunizations; Testing and treatment for sexually transmitted infections; Texas Health Steps; Well adolescent exams; HIV counseling and screening; Treatment of minor/acute illnesses; Sports physicals; Health education.

*Cuidado primario de la salud; inmunizaciones; prueba y tratamiento para las infecciones transmitidas sexualmente; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolescentes; consejería y asesoramiento del VIH; tratamiento para enfermedades leves y agudas; exámenes físicos para deportistas; educación de la salud.*

### Cullen Teen Health Clinic



5737 Cullen Boulevard  
Houston, TX 77021

MAIN . . . . . (713) 440-7313  
FAX . . . . . (713) 440-8358

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . MacGregor

LEGEND . . . . . Y (ages 14-22), Free, Appt req  
HOURS . . . . . Monday-Thursday, 8am to 6:30pm  
BUS ROUTES . . . . . 26, 27, 30

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; prenatal care and postpartum exams.

### Lawn Teen Health Clinic



8111 Lawn Street  
Houston, TX 77088

MAIN . . . . . (281) 847-9970  
FAX . . . . . (281) 820-3740

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Acres Home

LEGEND . . . . . Y (ages 14-22), Free, Appt req  
HOURS . . . . . Monday-Thursday, 8am to 6:30pm  
BUS ROUTES . . . . . 40, 64

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams.

*Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; análisis del embarazo; referencia y manejo de casos, exámenes de posparto.*

### LBJ Teen Clinic



5656 Kelley Street  
Houston, TX 77026

MAIN . . . . . (713) 566-5612  
FAX . . . . . (713) 566-5610

CITY SECTION . . . . . Northeast  
NEIGHBORHOOD . . . . . Trinity/Houston Gardens

LEGEND . . . . . Y (ages 14-22), Free, Appt req  
HOURS . . . . . Monday-Thursday, 8am to 6:30pm  
BUS ROUTES . . . . . 1, 80

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing and referral; prenatal care and postpartum exams.

*Prueba y tratamiento para las infecciones transmitidas sexualmente, pruebas de VIH, consejera y referencias para el tratamiento, servicios de planificación familiar, prueba de embarazo y referencias, cuidado prenatal y exámenes post-parto.*

### Lee High School Teen Health Clinic



6529 Beverly Hill Street  
Houston, TX 77057

MAIN . . . . . (713) 787-1756  
FAX . . . . . (713) 787-1713

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Gulfton

**HOURS** . . . . . Monday-Thursday, 8am to 4:30pm  
**LEGEND** . . . . . Free, Appt Req, Lee HS students only  
 Testing and treatment for sexually transmitted infections; HIV testing, counseling and referral to treatment, family planning services; pregnancy testing and referral; primary health care; immunizations; Texas Health Steps; Well adolescent exams; sports physicals.

*Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH; consejería y referencia a tratamientos, servicios de planificación familiar; análisis del embarazo y referencias; cuidado primario de salud; inmunización; Texas Health Steps; examen de bienestar para el adolescente; examen físico deportivo.*

## **BAYLOR INTERNATIONAL PEDIATRIC AIDS INITIATIVE**



**Texas Children's Hospital**  
 1102 Bates Street, FC-630  
 Houston, TX 77030-2399

**MAIN** . . . . . (832) 822-1038  
**FAX** . . . . . (832) 825-1281  
**WEB** . . . . . www.BIPAI.org  
**CITY SECTION** . . . . . Central  
**NEIGHBORHOOD** . . . . . Medical Center  
**BUS ROUTES** . 2, 4, 8, 14, 26, 27, 68, 73, METRO light rail  
**LEGEND** . . . . . C (ages 0-18), **HIV+ only**, S\$, Med, Esp  
**HOURS** . . . . . Monday-Friday, 8:30am-4pm  
**NEED FOR INTAKE** . Immunization record, Call for intake

Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

*Asistencia médica especializada en el cuidado y tratamiento de niños viviendo con el VIH e infantes que nacen de madres viviendo con el VIH.*

## **BEE BUSY WELLNESS CENTER**



9898 Bissonnet, Suite 258  
 Houston, TX 77036

**MAIN** . . . . . (713) 771-2292  
**FAX** . . . . . (713) 771-2294  
**WEB** . . . . . www.mybbwc.org  
**CITY SECTION** . . . . . Southwest  
**NEIGHBORHOOD** . . . . . Westwood  
**BUS ROUTES** . . . . . 65, 68  
**LEGEND** . . . . . All, Appt/Walk-in, S\$, Med, Ins, Esp  
**HOURS** . . . . . Monday-Friday, 8:00am-5:30pm

The mission of Bee Busy Wellness Center is to increase access to quality, comprehensive primary, behavioral, dental and preventive health care and to provide education and resources to improve the health care of underserved and vulnerable populations of southwest Houston and the surrounding counties.

BBWC provides medical care for children, men and women including health screenings, minor emergencies, immunizations/vaccines, family planning, pregnan-

cy testing, STD and TB testing and laboratory services. Referrals are made for services not offered. Eligibility is open to all who need care, regardless of your current health status-all uninsured, underinsured, self-employed, business owners and low income families are welcome.

*Cuidado médico para niños/niñas, hombres y mujeres, incluyendo asesoramiento de la salud, emergencias menores, inmunización/vacunas, planificación familiar, análisis del embarazo, análisis de ETS y TB y servicios de laboratorio. Se ofrece servicios a toda persona que necesite cuidado, sin importar el estado de salud actual-toda persona sin seguro médico o seguro médico limitado, persona que trabaja por cuenta propia, dueños de negocio, y familias de bajos ingresos. Se da referencias a servicios no ofrecidos.*

## **BERING OMEGA COMMUNITY SERVICES**



**Mailing address:**  
 PO Box 540517  
 Houston, TX 77254-0517

**MAIN** . . . . . (713) 529-6071  
**FAX** . . . . . (713) 529-3626  
**WEB** . . . . . www.beringomega.org  
**CITY SECTION** . . . . . Central  
**NEIGHBORHOOD** . . . . . Montrose  
**BUS ROUTES** . . . . . 81, 82  
**NEED FOR INTAKE** . . . . . Call for intake

Bering Omega Community Services mission is to nurture the well being and meet the physical, emotional and spiritual needs of persons affected by HIV/AIDS through compassionate health care and social services.

### **Day Treatment Program**

1429 Hawthorne  
 Houston, TX 77006

**MAIN** . . . . . (713) 341-3750  
**FAX** . . . . . (713) 520-7854  
**AREA SERVED** . . . . . Southeast TX (24 counties)  
**LEGEND** . . . . Adults, \$20 co-pay/mo if above 100% FPL, **HIV+ only**, Esp  
**HOURS** . . . . . Monday-Friday, 7am to 5pm

The Day Treatment Program located in the Care Center at BOCS offers care for adults with all stages of HIV disease, who have a medical condition that requires nursing care. The Care Center offers nursing care, nutritional assessments, counseling, meals and snacks, field trips, educational classes, crafts and other activities during the day. Learn more by calling us at 713-341-3750.

*El Programa de Tratamiento de Día donde está ubicado en la Centro del Cuidado en BOCS ofrece atención para adultos en todas las etapas del VIH que tengan una condición médica que requieran enfermería. Este centro ofrece cuidado de enfermeras, asesoramiento nutricional, consejera, comidas y bocadillos, excursiones, clases educativas, artesanías y otras actividades diarias. Obtenga más información llamando al 713-341-3750.*

## Dental Clinic

1427 Hawthorne  
Houston, TX 77006

MAIN . . . . . (713) 341-3790  
FAX . . . . . (713) 524-7995  
LEGEND . . . Adults, \$20 co-pay/visit if above 100% FPL,

**HIV+ only**, Esp

HOURS . . . . . Monday-Friday, 8am to 5pm

The dental clinic offers a full range of dental services for people living with HIV including emergency care, basic oral hygiene, treatment of lesions, ulcers and gum disease, dentures and other services. Learn more by calling us at 713-341-3790.

*La clínica dental ofrece una gran variedad de servicios dentales para personas con el VIH/SIDA, e incluyen atención de emergencia, higiene oral básico, tratamiento de lesiones, úlceras y la enfermedad de la encía, dentadura postiza y más. Para más información, llámenos al 713-341-3790.*

## Housing Assistance

1429 Hawthorne  
Houston, TX 77006

MAIN . . . . . (713) 341-3767  
FAX . . . . . (713) 341-3758

AREA SERVED . . . . . Austin, Brazoria, Chambers, Harris, Ft. Bend, Galveston, Liberty, Montgomery, San Jacinto and Waller counties

LEGEND . . Free, Appt Req, **HIV+ only**, Esp, Call for intake

HOURS . . . . . Monday-Friday, 8am to 5pm

Housing Assistance program offers basic budget planning and resources through HOPWAs Short-term Rent, Mortgage and Utility (STRMU) assistance and Tenant based Rental Assistance (TBRA) programs and first month rent and deposit assistance for persons living with HIV/AIDS. We teach clients the necessary skills to live adequately on their reduced income. Learn more by calling us at 713-341-3767.

*El programa de asistencia para la vivienda, por medio de HOPWA, ofrece ayuda en la planificación de un presupuesto básico, ayuda en el pago a la renta y el depósito, la electricidad, y la hipoteca, todos a corto plazo y a personas viviendo con el VIH. También orientamos a los clientes a efecto de adquirir la habilidad necesaria para que vivan adecuadamente con un ingreso limitado. El programa está disponible de lunes a viernes de 8am a 5pm. Para más información, llame al 713-341-3767.*

## Residential HIV Hospice

602 Branard  
Houston, TX 77006

MAIN . . . . . (713) 341-3780  
FAX . . . . . (713) 526-8144

INTAKE . . . . . (713) 341-3783

LEGEND . . . . . **HIV+ only**, \$20 co-pay/visit if above 100% FPL, Esp

HOURS . . . . . 24-hour facility

Omega House is a safe and loving home environment where people living with AIDS can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and

bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The program offers social interaction with peers and volunteers, as well as recreational activities including pet therapy. Learn more by calling us at 713-341-3780.

*La Casa de Omega es un hogar con un ambiente seguro, de amor y compasión, donde los pacientes con SIDA pueden vivir sus últimos días con dignidad. Este hospicio de ocho camas ofrece asistencia médica paliativa (comodidad) así como ayuda sicosocial y de duelo para los moribundos y para sus seres queridos. El cuidado médico en curso y el cuidado de enfermería es ofrecido, junto con soporte y asistencia emocional durante las actividades diarias. El programa ofrece la interacción social con compañeros y voluntarios, así como actividades recreacionales. Aprenda mas llamándonos en 713-341-3783.*

## BERING SUPPORT NETWORK



1440 Harold  
Houston, TX 77006

MAIN . . . . . (713) 526-1017

FAX . . . . . (713) 520-6866

WEB . . . . . www.beringsupportnetwork.org

CITY SECTION . . . . . Central

NEIGHBORHOOD . . . . . Montrose

BUS ROUTES . . . . . 81, 82

## Bering Spiritual Support Group

LEGEND . . . . . Adults, Walk-ins, Infected/affected

HOURS . . . . . Wednesday 6:30pm-8:30pm

Spiritual support group for persons who are infected with or affected by HIV+. The evening starts with a covered dish dinner in the Fellowship Hall where announcements are made, followed by a topic presentation in room 217 and then small discussion groups.

## Lunch Bunch

LEGEND . . . . . **HIV+ only**, Walk-ins, Free

HOURS . . . . . Tuesday, 11:00am

The Lunch Bunch meets every Tuesday in Room 214 for a discussion group, followed by lunch at a local eatery (dutch treat).

## BIO SCRIP PHARMACY



4101 Greenbriar, Suite 235  
Houston, TX 77098

MAIN . . . . . (713) 521-1700

FAX . . . . . (713) 521-5855

WEB . . . . . www.BioScrip.com

EMAIL . . . . . houston08@bioscrip.com

CITY SECTION . . . . . Central

NEIGHBORHOOD . . . . . West University

LEGEND . . . . . All, Ins, Med, Esp

HOURS . . . . . Monday-Friday, 8:30am-6:30pm;

Saturday 9:00am-1:00pm

BUS ROUTES . . . . . 26, 27

ADAP pharmacy. Vietnamese-speaking staff available.

*Personal hispanohablante disponible.*

## BRAZOS PLACE

1103 North Avenue H  
Freeport, TX 77542

Mailing address:

PO Box 2470

Freeport, TX 77541

MAIN . . . . . (979) 233-3826

FAX . . . . . (979) 233-3708

WEB . . . . . www.brazosplace.org

CITY SECTION . . . . . South

NEIGHBORHOOD . . . . . Freeport

AREA SERVED . . . . . Brazoria, Ft. Bend, Galveston and  
Matagorda counties; court commitment  
clients served statewide.

LEGEND . . . Adults, S\$, Appt or Walk-in, waiting list, CD, Esp  
HOURS . . . . . Monday-Friday, 8am to 5pm; Intake hours  
Monday-Friday, 9am to 11am

NEED FOR INTAKE . . . . . ID, Soc Sec card

Residential treatment facility for both men and women  
age 18 and up who are indigent with serious substance  
abuse problems. This is the only facility in Brazoria county  
that accepts female clients for residential treatment.

*El personal incluye a consejeros hispanohablantes.*

## BRENTWOOD COMMUNITY FOUNDATION

13033 Landmark Street  
Houston, TX 77045

WEB . . . . . www.brentwoodfoundation.org

CITY SECTION . . . . . Southeast

BUS ROUTES . . . . . 14

## Brentwood Project WAITT (We're All In This Together)

13101 Landmark Street  
Houston, TX 77045

MAIN . . . . . (713) 852-2551

FAX . . . . . (713) 852-2559

AREA SERVED Harris, Ft. Bend, Montgomery, Chambers,  
Liberty and Waller counties

LEGEND . . . . . All, Appt/Walk-ins, Free, **HIV+ only**,  
CD, food vouchers.

HOURS . . . . . Monday-Friday, 9am-5pm

NEED FOR INTAKE . . . . . ID, documentation of HIV status,  
proof of income and residency

Food vouchers, financial assistance, transitional housing,  
supportive services (HOPWA).

*Vales de alimentos, asistencia financiera, vivienda de  
transición, servicios de apoyo (HOPWA). El horario para  
una cita inicial es de 9 am a 5pm.*

## THE BRIDGE OVER TROUBLED WATERS, INC.

Administration Offices

3811 Allen-Genoa Rd  
Pasadena, TX 77504

MAIN . . . . . (713) 472-0753

FAX . . . . . (713) 472-8759

24 HOURS . . . . . (713) 473-2801

WEB . . . . . www.tbotw.org

CITY SECTION . . . . . Southeast

HOURS . . . Office: M-F 8:30am-5:30pm Shelter: 24 hours

## Emergency Shelter

Location Confidential

AREA SERVED . . . . . Southeast Houston/Harris County  
including Pasadena, La Porte, Jacinto City, South  
Houston, Channelview, Deer Park, Galena Park

LEGEND . . . . . All, W, Fam, Appt Req, Free, Esp  
NEED FOR INTAKE . . . . . None

Community outreach, long-term housing, emergency  
shelter, family violence, sexual assault counseling, sup-  
port groups and hotline. Spanish advocate for casework  
available.

*Alcance a la comunidad, vivienda a largo plazo, refugios  
de emergencia, violencia en la familia, agresión sexual,  
consejera, grupos de apoyo y línea telefónica de ayuda. Se  
dispone de ayuda en español para casos de rehabilitación.*



## CAGE'S MEDICAL SERVICES, INC.

11625 West Hardy Road  
Houston, TX 77076-1900

MAIN/24 HRS . . . . . (713) 674-5616

FAX . . . . . (713) 674-5620

TOLL FREE . . . . . (800) 417-0081

CITY SECTION . . . . . Northeast

LEGEND . . . . . All, Med, Ins, Private pay, Walk-ins, Esp

BUS ROUTES . . . . . 78

Home health aides: Primary Home Care (PHC), Medically  
Dependent Children Program (MDCP), Community Based  
Alternatives (CBA) Program; respite care; homemaker  
services; sitters.

## THE CARE GROUP OF TEXAS

9220 Kirby Drive, Suite 1000  
Houston, TX 77054

MAIN/24 HRS . . . . . (713) 383-2100

FAX . . . . . (713) 383-2113

TOLL FREE . . . . . (800) 866-1851

INTAKE FAX . . . . . (713) 383-2122

WEB . . . . . www.caregrp.com

CITY SECTION . . . . . Central

NEIGHBORHOOD . . . . . Astrodome/South Loop

AREA SERVED. Brazoria, Chambers, Ft. Bend, Galveston,  
Harris, Liberty, Montgomery and Waller counties

LEGEND . . . . . All, Med, Ins, Private Pay, Workers Comp,  
Managed Care, Esp

HOURS . . . . . Monday-Friday, 8:30am-5pm

NEED FOR INTAKE . . . . . Dr orders, insurance/payment info

The Care Group is a full service home respiratory/  
medical equipment, home health, pediatric outpatient  
rehabilitation therapy and personal assistance services  
agency caring for seniors, adults and children. Through  
our clinically accredited DME department, we provide  
respiratory equipment, including oxygen and ventila-  
tors, with 24 hour respiratory therapy support. Our  
Medicare nursing and therapy services focus on skilled

needs of the geriatric population. CareWell: a personal caregiver program providing a full continuum of care by offering non-medical care in the home.

Services offered include private duty nursing (RN & LVN), skilled nursing visit and unlicensed personal assistant services (caregiver); physical, occupational and speech therapy; durable medical equipment; respiratory therapy/equipment-oxygen, ventilators, CPAP.

### Pediatric Nursing & Pediatric Rehabilitation

LEGEND . . . . . Ages 0-21 years, Medicare, Medicaid, Medicaid Managed Care, Private Pay, Ins, Esp  
HOURS . . . . . Monday-Friday, 8:30am-7pm

Skilled nursing visits to facilitate enteral feeding and respiratory equipment discharge to home, physical therapy, speech therapy, occupational therapy, sensory integration therapy, feeding program (OT). Reach Therapy Center: Pediatric Outpatient Rehabilitation Clinics located in central, north and southwest Houston.

### CAREER AND RECOVERY RESOURCES, INC.

2525 San Jacinto  
Houston, TX 77002

MAIN . . . . . (713) 754-7000  
FAX . . . . . (713) 754-7068  
TTY . . . . . (832) 431-3785  
WEB . . . . . www.careerandrecovery.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Midtown  
AREA SERVED . . . . . HIV/STD testing in zip codes: 77002, 77020, 77026, 77093

LEGEND . . . . . M, W, Free, Appt Req, Walk-ins, CD  
HOURS . . . . . Monday-Thursday, 9am to 6pm  
BUS ROUTES . . . . . 1, 11, 52, METRO light rail  
NEED FOR INTAKE . . . . . Picture ID needed for most services

Career and Recovery Resources was founded in 1945 and is dedicated to helping people identify and overcome barriers (including drug and alcohol abuse) to employment. Services include substance abuse counseling; employment services; HIV/STD testing; deaf and hard-of-hearing services (GED and job placement).

*Consejera para el abuso de sustancias; servicios para obtener empleo; prueba del VIH/ETS; servicios para sordos y con problemas de audición (GED y colocación de empleos).*

### CASA DE ESPERANZA DE LOS NIÑOS, INC.

Location Confidential  
PO Box 66581  
Houston, TX 77266

MAIN/INTAKE . . . . . (713) 529-0639  
FAX . . . . . (713) 529-9179  
WEB . . . . . www.casahope.org  
EMAIL . . . . . casa@casahope.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center

LEGEND . . . . . C, Free, Esp  
HOURS . . . . . Monday-Friday 9am-5pm; 24 hrs for emergencies

Casa de Esperanza (House of Hope) is a safe place for children in crisis due to abuse, neglect or the effects of HIV. Casa de Esperanza provides residential, medical and psychological care according to the needs of each child. Services include foster care for children ages 6 and younger; specialized medical, psychological and developmental services; and case management for parents of children in care.

*Cuidado adoptivo de niños menores de 6 años de edad. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para los padres de niños bajo cuidado.*

### CATHOLIC CHARITIES AIDS MINISTRY

Mailing address:  
PO Box 66508  
Houston, TX 77266

MAIN . . . . . (713) 526-4611  
FAX . . . . . (713) 524-1904  
WEB . . . . . www.catholiccharities.org

### Guadalupe Center

326 South Jensen Drive  
Houston, TX 77003

INTAKE . . . . . (713) 874-6624

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Midtown  
AREA SERVED . . . . . Fort Bend, Galveston, Harris and Montgomery counties

LEGEND . . . . . Adults, Fam, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp

HOURS . . . . . Monday-Friday, 8am-4:30pm  
BUS ROUTES . . . . . 6, 11, 30, 37, 48, 77

NEED FOR INTAKE . . . . . Proof of HIV status, income, photo ID

Catholic Charities AIDS Ministry provides holistic services in three areas:

**Education:** educational presentations for youth groups; resource library with educational materials.

**Case Management and Financial Assistance:** Participation in the case management program offers limited financial and personal assistance, leading clients to self sufficiency: rent and utility assistance, individual and group counseling, referrals, assistance with community resources and supportive services. Non-case management one-time assistance includes information and referral, funeral assistance and rent deposit assistance.

**Spiritual Support:** Monthly spiritual support group, retreats and guided days of prayer, annual Mass of Remembrance and retreat scholarships.

*Catholic Charities AIDS Ministry provee servicio holístico en 3 áreas:*

**Educación:** presentación educativa a grupos de jóvenes y recursos bibliotecarios de material educativo.

**Administración de casos y asistencia financiera:** participación en este programa ofrece asistencia personal y financiera limitada con la meta de que los clientes alcancen la autosuficiencia: asistencia para el alquiler y



los servicios públicos, consejería individual y de grupo, referencias, asistencia en adquirir recursos comunitarios y servicios de apoyo. A parte de la de administración de casos, la asistencia incluye información y referencias, asistencia para funerarias y asistencia para el depósito del alquiler.

**Apoyo espiritual:** consiste de reuniones una vez al mes, retiros, días de oración, misa anual de Conmemoración y becas para retiros/excursiones.

**THE CENTER FOR AIDS INFORMATION AND ADVOCACY**

See Legacy Community Health Services

**CENTERPOINTE COUNSELING SERVICES, INC.** 

4702 LaBranch  
Houston, TX 77004

MAIN (713) 528-7007  
FAX (713) 529-5965

CITY SECTION Central  
NEIGHBORHOOD Midtown

LEGEND All (age 6 & up), Fam, S\$, Med, Appt req, CD  
BUS ROUTES 60

Outpatient therapy services for individuals, families and groups. Current programs include: Family Therapy Program, Anger Management Program for Adults and BIPP Domestic Violence Program.

**CENTRAL CARE COMMUNITY HEALTH CENTERS** 

ADMINISTRATION (713) 734-4580  
WEB www.centralcarechc.org

AREA SERVED 77004, 77033  
LEGEND All, Free, S\$, Med, Ins, Appt/Walk-ins

HOURS Monday & Wednesday 8am to 5pm, Tuesday & Thursday 8am to 8pm, Friday 8am to 12pm

NEED FOR INTAKE Utility bill, proof of income, birth certificate, photo ID and Soc Sec card.

**Central Care CHC**

3315 Delano Street  
Houston, TX 77004

MAIN (713) 831-9663  
FAX (713) 831-9660

CITY SECTION Central  
NEIGHBORHOOD Third Ward  
BUS ROUTES 42, 80

**Central Care CHC**

8610 Martin Luther King Jr Blvd.  
Houston, TX 77033

MAIN (713) 734-0199  
FAX (713) 734-1564

CITY SECTION South  
NEIGHBORHOOD South Park  
BUS ROUTES 77

Central Care CHC offers primary health care including family medicine, well-woman exams, prenatal care, pediatrics, dental services, mental health counseling,

physical exams, immunizations, HIV/STD/TB testing and more regardless of the patient's ability to pay. Serves patients who are uninsured and underinsured, as well as those with private health insurance, Medicaid and Medicare. Payment plans available.

**CHANGE HAPPENS!**



3353 Elgin Street  
Houston, TX 77004-3551

MAIN (713) 374-1200  
FAX (713) 651-8045

WEB www.changehappenstx.org  
CITY SECTION Central

NEIGHBORHOOD Third Ward  
HOURS Monday-Friday 8am-5pm  
BUS ROUTES 29, 30, 52

Change Happens! is a multiservice community-based organization that provides an array of community services in Houston and the surrounding counties. These services include HIV health education and risk reduction, HIV counseling, testing and referral to services, substance abuse prevention, abstinence education, mentoring, homeless supportive services, permanent housing for chronically homeless women and men, food stamps and assistance in applying for CHIP, Medicaid, TANF, food stamps and long-term care to eligible families.

**Outreach Services**

AREA SERVED Harris, Austin, Brazoria, Chambers, Colorado, Ft. Bend, Galveston, Liberty, Matagorda, Montgomery, Walker, Waller and Wharton counties

LEGEND All, Free, Esp  
NEED FOR INTAKE Proof of household income and citizenship, photo ID

Assist eligible families in applying for the Children's Health Insurance Program (CHIP), Medicaid, Temporary Assistance to Needy Families (TANF), food stamps (SNAP) and long-term care.

Asiste a familias elegibles a solicitar el programa de salud de niños/niñas (CHIP), Medicaid, asistencia temporaria para familias necesitadas (TANF), estampillas para comida (SNAP), y cuidado de largo plazo.

**Project F.O.R.C.E.**

INTAKE (713) 374-1236  
AREA SERVED Zip codes 77003, 77004, 77021, 77088, 77091, 77035

LEGEND M (18 & up), Free, I/RR, CD

Project F.O.R.C.E. is designed to empower individuals with the knowledge and skills necessary to develop healthier lifestyles. The program utilizes innovative strategies that reduce risky behaviors, increase positive behaviors and reduce the risk for HIV infection

**Rescue in Motion**

INTAKE (713) 374-1225  
AREA SERVED Harris County

LEGEND W, Homeless, Disabled, Appt req

NEED FOR INTAKE . . . . .State ID, chronic homelessness verification(s), verification of disability

RESCUE in Motion Permanent Housing program provides permanent housing, intensive case management and other supportive services to 12 chronically homeless women with a verifiable disabling condition.

**Rescue in Motion 4-Him**

INTAKE . . . . . (713) 374-1234

AREA SERVED . . . . . Harris County

LEGEND . . . . . W, Homeless, Disabled, Appt req, Free

NEED FOR INTAKE . . . . .State ID, chronic homelessness verification(s), verification of disability

RESCUE in Motion 4-Him Permanent Housing program provides scattered site permanent housing, intensive case management and other supportive services to 12 chronically homeless men with a disabling condition.

**RESCUE Program**

INTAKE . . . . . (713) 374-1252

AREA SERVED . . . . . Third Ward and Acres Home

LEGEND . . . . . All, Appt req, Free, CD

School and community-based prevention education, after school program, abstinence education and mentoring for youth in the juvenile justice system.

**STAIRS Program**

INTAKE . . . . . (713) 374-1227

AREA SERVED . . . . . Harris County

LEGEND . . . . . M, W, Free, Appt req, CD, formerly chronically homeless

NEED FOR INTAKE . . . State ID, residential lease, chronic homelessness history verification(s), verification of disability

The STAIRS Program (Services to AID in Retaining Shelter) provides intensive case management and clinical/therapeutic services to formerly chronically homeless men and women who now reside in permanent housing.

**CITY OF HOUSTON  
HIV PREVENTION PLANNING GROUP**



8000 North Stadium Drive  
Houston, TX 77054

MAIN . . . . . (832) 393-5010

WEB . . . . . http://cpghou.org  
www.houstontx.gov/health/HIV-STD

CITY SECTION . . . . . Central

NEIGHBORHOOD . . . . . Astrodome/South Loop

AREA SERVED . . . . . Houston

LEGEND . . . . . All, Free, Walk-in

BUS ROUTES . . . . . 14

The Houston Department of Health and Human Services (HDHHS) implemented its Community Planning Group in 1994. The CDC mandated the creation of CPGs because of the prevalence of new HIV infection in jurisdictions that have the greatest number of new infections each year. The community should provide regular input into

the process of how at-risk populations are prioritized in Houston and make recommendations to the local health department regarding the distribution of prevention funds.

The primary task of the Houston PPG is to develop a Comprehensive HIV Prevention Plan that is based on scientific evidence and community values. The PPG and the Health Department are responsible for jointly developing the Comprehensive Plan and ensuring that it includes specific, high priority HIV prevention strategies and interventions targeted to defined populations. This is accomplished by: 1- analyzing the course of the epidemic in our area; 2- determining target populations for HIV prevention activities; 3- assessing and prioritizing HIV prevention needs; 4- identifying HIV prevention interventions to meet those needs; and 5- developing a Comprehensive HIV Prevention Plan that is directly responsive to the epidemic in our area.

As a member of the community, you have the opportunity to contribute to the way HIV prevention is carried out in Houston. The Prevention Planning Group meets on the 4th Thursday of every month from 3:00pm-5:00pm at 8000 N. Stadium Drive, 4th Floor DOC. There are also several sub-committees which also meet monthly. The community is encouraged to attend any of these meetings to listen, give input and learn about issues related to HIV prevention in Houston. Membership (up to 35 members) is open to community members and is based on an interview process. For more information, contact the Bureau of HIV/STD and Viral Hepatitis Prevention at (832) 393-5010.

**CITY OF HOUSTON  
OFFICE OF VETERANS AFFAIRS**



900 Bagby, City Annex, Public Level  
Houston, TX 77002

MAIN . . . . . (832) 393-0992

WEB . . . . . www.houstontx.gov/vetaffairs/

CITY SECTION . . . . . Central

NEIGHBORHOOD . . . . . Downtown

AREA SERVED . . . . . Harris and surrounding counties

LEGEND . Veterans and their families, Free, Walk-ins, Esp

HOURS . . . . . Monday-Friday, 8am to 5pm

BUS ROUTES . . . . . 6, 18, 36, 40, 50

The mission of this office is to assist veterans of the United States Armed Forces through advocacy, referral and counseling, to ensure that neither they nor their dependents nor survivors are denied access to the entitlements promised to them by a grateful nation. This office works with the Harris County Veterans Services Office as well as other veteran organizations and community partners to meet the needs of our service members and veterans, particularly in the area of Veterans Administration benefits and services.

COHOVA assists veterans and returning service members by connecting them with services and benefits at federal, state and city agencies, as well as nonprofit organizations. We work to improve the quality of life for veterans by increasing local community support to the military

community and act as an advocate for those veterans within the city of Houston who are at risk because of poverty and poor living conditions.

*Ayudar a los veteranos que regresan y miembros del servicio conexión con servicios y beneficios a federales, estatales y agencias de la ciudad, así como organizaciones sin fines de lucro. Mejorar la calidad de vida para los veteranos de aumentar el apoyo de la comunidad local para la comunidad militar. Actuar como un defensor de los veteranos dentro de la ciudad de Houston, que se encuentran en situación de riesgo debido a la pobreza y las malas condiciones de vida.*

### **CITYWIDE HOME HEALTHCARE** **dba South Side Home Health, Inc.**



7700 Main Street, Suite 230  
Houston, TX 77030

MAIN/INTAKE..... (713) 660-6671  
FAX ..... (713) 661-6771  
WEB..... www.ssr.com  
EMAIL ..... inquire@ssr.com

CITY SECTION..... Central  
NEIGHBORHOOD ..... Braeswood  
AREA SERVED... Harris, Brazoria, Chambers, Ft. Bend,  
Liberty, Galveston, Matagorda, Montgomery,  
Walker, Waller and Wharton counties

LEGEND..... All, Med, Ins, Wkr Comp  
HOURS ..... Monday-Friday 9am-5pm  
BUS ROUTES..... 4, 8, 10  
NEED FOR INTAKE .. Demographics and doctor's orders

We are committed to providing quality patient care and we employ professional nurses who have been specifically trained to provide quality nursing in the home. Services are provided in accordance with a patient care plan, developed to meet the physician and patient's needs. Services include skilled nursing, home health aide, medical social worker, IV therapy, wound care including wound vac, physical therapy, occupational therapy, speech therapy, disease management, medication management, safety evaluations. Call for intake.

### **CLAUDE'S PHARMACY**

5740 West Little York  
Houston, TX 77091

MAIN..... (281) 447-7648  
FAX ..... (281) 447-7740

CITY SECTION..... Northwest  
NEIGHBORHOOD ..... Acres Home

LEGEND..... All, Med, Walk-ins, Esp  
HOURS ..... Monday-Friday, 9am to 7pm  
BUS ROUTES..... 79, 85

Pharmacy and medical equipment. Delivery service available, please call for details.

*Equipo médico y farmacéutico. Servicio de envió disponible, por favor llame para más detalles.*

### **COALITION FOR THE HOMELESS OF HOUSTON/HARRIS COUNTY**



600 Jefferson, Suite 2050  
Houston, TX 77002

MAIN..... (713) 739-7514  
FAX ..... (713) 739-8038  
WEB..... www.homelesshouston.org  
EMAIL ..... info@homelesshouston.org

CITY SECTION..... Central  
NEIGHBORHOOD ..... Downtown  
AREA SERVED..... Harris County

The Coalition for the Homeless of Houston/Harris County, Inc. is a private, nonprofit organization whose mission is to educate and advocate for the needs of persons who are homeless through support and coordination of services.

### **Community Voice Mail Houston**

LEGEND..... All, Free, Call for intake  
Empowers people in crisis and transition by distributing free, 24-hour personalized voice mail. To connect with a participating agency call 713 739-7514 or visit our website.

### **COLBY D HEALTHCARE INC.**



9888 Bissonnet, Suite 670  
Houston, TX 77036

MAIN..... (832) 563-4970  
INTAKE/FAX ..... (713) 774-1842  
EMAIL ..... colbyD.healthcare@yahoo.com

CITY SECTION..... Southwest  
NEIGHBORHOOD ..... Westwood  
AREA SERVED..... Harris and Ft. Bend counties

BUS ROUTES..... 65, 68  
LEGEND..... Ages 0-21, Medicare

Pediatric home care providing skilled and private duty nursing, physical therapy, occupational therapy, speech therapy, respiratory therapy and durable medical equipment for children with special healthcare needs.

*Cuidado pediátrico en la casa por enfermeras hábiles, terapia física, terapia ocupacional, terapia del habla, terapia respiratoria y equipo médico durable para niños/niñas con necesidades especiales en el cuidado de la salud.*

### **THE COLT 45'S AIDS TROUBLE FUND**

PO Box 540803  
Houston, TX 77254

MAIN/24 HOURS ..... (713) 526-6077  
WEB..... www.colt45s.org  
EMAIL ..... atf@colt45s.org

CITY SECTION..... Central  
LEGEND..... All, Free, **AIDS diagnosis** & disabled  
NEED FOR INTAKE ..... Application required

Provides financial assistance for rent and utilities to persons on disability with AIDS. Only persons diagnosed with AIDS and currently on disability are eligible.

## COMBINED COMMUNITY ACTION



165 West Austin  
Giddings, TX 78942

MAIN . . . . . (979) 540-2980  
FAX . . . . . (979) 542-9565  
TOLL FREE . . . . . (800) 688-9065  
SPANISH . . . . . (979) 540-2988  
SENIOR NUTRITION . . . . . (979) 540-2990  
SENIOR HOMEMAKER . . . . . (979) 540-2993  
HOUSING . . . . . (979) 540-2991  
UTILITY/FINANCIAL ASST . . . . . (979) 540-2986  
HOUSING REPAIRS . . . . . (979) 540-2984  
WEB . . . . . www.ccaction.com

AREA SERVED . . . . . Austin, Bastrop, Blanco, Caldwell,  
Colorado, Fayette, Ft. Bend, Hays,  
Lee and Williamson counties

LEGEND . . . . . All, Free, Appt/Walk-ins, Lim,  
Income-based eligibility, Esp  
HOURS . Monday-Thursday, 8am-5pm; Friday 8am-3pm  
NEED FOR INTAKE . . . Proof of income, Soc Sec #, Utility  
billing history

Housing preservation, nutrition and homemaker services for seniors; affordable housing; utility assistance; weatherization; emergency assistance; section 8 housing, case management for pregnant women and children (Medicaid); cancer resource center. Not all services available in all counties.

*Preservación de la vivienda, nutrición y servicio doméstico para personas de tercera edad; vivienda de bajo costo, asistencia para el desembolso de los gastos de servicios públicos y de emergencias, asistencia de vivienda con el programa Section 8, administración de casos para mujeres embarazadas y niños (Medicaid) y centro de recursos sobre el cáncer. No todos estos servicios están disponibles en todos los condados.*

## COMMUNITY ENDOWMENT FOUNDATION (CEF) SWEHLA HOUSE

2516 Mandell Street, #6  
Houston, TX 77006

MAIN . . . . . (713) 528-0037  
FAX . . . . . (713) 520-5646  
WEB . . . . . www.community-endowment-foundation.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose  
BUS ROUTES . . . . . 81, 82, 35  
LEGEND . . . . . M, W, S\$, Appt req, **HIV+ only**

CEF provides affordable, permanent housing for persons living with HIV/AIDS.

A 12 unit efficiency apartment complex (permanent housing) for single persons with HIV/AIDS. Vacancies are only advertised through case managers of social service agencies who primarily serve the HIV/AIDS community. Tenants must have a source of income as CEF does not provide financial assistance. Rent is based on a percentage of income. Intake by appointment only.

## CORDER PLACE APARTMENTS



Houston Help, Inc.  
7210 Peerless  
Houston, TX 77021-3130

MAIN . . . . . (713) 741-4070  
FAX . . . . . (713) 440-6549  
EMAIL . . . . . corderplace@sbcglobal.net

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . South Union/Yellowstone  
LEGEND . . . . . Families w/children, **HIV+ only**, Homeless,  
Appt Req

HOURS . . . . . Intake 10am-4pm  
BUS ROUTES . . . . . 60  
NEED FOR INTAKE . . . . . Call for intake

Long-term housing, and life skills program for homeless families with at least one child under 18 years. Program includes social services such as case management, child care, HIV/health education and legal services. Rent is based on income.

*Vivienda a largo plazo y educación de habilidades para el manejo en la vida diaria para familias sin vivienda que tengan por lo menos una criatura menor de 18 años de edad. El programa incluye servicios sociales tales como administración de casos, cuidado de criaturas, educación para la salud y el VIH y servicios legales. El precio del alquiler está basado en el ingreso. Horario de cita inicial: 10am-4pm.*

## COVENANT HOUSE TEXAS



1111 Lovett Boulevard  
Houston, TX 77006

MAIN . . . . . (713) 523-2231  
FAX . . . . . (713) 523-6904  
TTY . . . . . (800) 999-9915  
24 HOURS . . . . . (800) 999-9999  
WEB . . . . . www.covenanthousetx.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose

LEGEND . . . . . All (ages 18-21), Free, Esp, Walk-ins,  
Parenting/pregnant moms under 21  
HOURS . . . . . 24 hours a day, 365 days a year  
BUS ROUTES . . . . . 42, 81, 82

### One Cares for Another

An emergency crisis shelter for runaway, homeless and 'throwaway' kids under the age of 21 years. Immediate assistance is provided in the form of shelter, food, clothing and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; HIV program; street outreach and runaway prevention and transitional living programs; speakers bureau.

*Un refugio de emergencia para adolescentes que huyen de sus casas, son echados o no tienen donde vivir. Se provee atención inmediata ofreciendo refugio, alimento, vestimenta y evaluación y servicios para la salud, incluyendo tratamientos de malestares leves, asesora-*



## Acute Inpatient Program (AIP)

### Intracare Hospital

7601 Fannin  
Houston, TX 77054

MAIN . . . . . (713) 783-8889  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center  
BUS ROUTES . . . . . 73

For patients requiring short to moderate hospitalization due to severe psychiatric disorders or substance abuse or both. AIP treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies, family therapy, individual therapy and initiation or stabilization of psychiatric medications. This program is administered at DAPA-affiliated hospitals in the Houston area. Adults, children and geriatric patients are treated in separate units for each age group.

## Intensive Outpatient Program (IOP)

7011 Harwin, Suite 218  
Houston, TX 77036

MAIN . . . . . (713) 783-8894  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Woodlake/Briar Meadow  
LEGEND . . . . . M, W, Fam, CD, I/RR  
BUS ROUTES . . . . . 81, 132

A three-phase addition recovery program lasting one year and consisting of an intensive phase, an intermediate phase and a continued care maintenance phase. IOP gives the chemical dependent or dual disorder (chemical dependency and a major psychiatric disorder) patient, and the patient's family, a highly effective psycho-educational and counseling program administered while the patient continues to live a home and work.

## DBSA GREATER HOUSTON

3800 Buffalo Speedway, Suite 300  
Houston, TX 77098

MAIN . . . . . (713) 600-1131  
FAX . . . . . (713) 600-1137  
WEB . . . . . www.dbsahouston.org  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Greenway Plaza  
AREA SERVED . . . . . Houston and surrounding areas  
LEGEND . . . . . M, W, Y, I/RR, Homeless, Immigrants, CD,  
Free, Walk-ins  
HOURS . . . . . Monday-Friday, 8am to 5pm  
BUS ROUTES . . . . . 53, 73

DBSA Greater Houston sponsors free and confidential support groups throughout the area that assist in the recovery of individuals with depression or bipolar disorder. Our support groups are also offered to family members, caregivers and friends who are trying to understand these two difficult mental illnesses as they try to assist loved ones. A current list of support groups is available on the website or call for more information.



DBSA Greater Houston ofrece grupo de apoyo gratis y confidencial y asiste en la recuperación de las personas con depresión y trastorno bipolar. Además, se ofrece grupo de apoyo a familiares, asistentes de salud, y amistades quienes ayudan en la recuperación del enfermo con el propósito de hacer conocer dichas enfermedades mentales. Vea lista de los grupos de apoyo en el internet o llame para mayor información.

## DEPELCHIN CHILDREN'S CENTER



4950 Memorial Drive  
Houston, TX 77007

MAIN/INTAKE . . . . . (713) 730-2335  
FAX . . . . . (713) 802-3801  
TOLL FREE . . . . . (888) 730-2335  
WEB . . . . . www.depelchin.org  
EMAIL . . . . . info@depelchin.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Memorial Park/Washington Ave.

LEGEND . C, Y (ages 13-18), S\$, Med, Ins, CHIP, Appt req  
HOURS . . . . . Monday-Friday 8am-5pm  
BUS ROUTES . . . . . 6, 26, 27, 48, 70

Individual, family and group therapy for children, adolescents and their families. Autism assessments and services for families and children. Locations throughout the Houston area.

*Servicios de consejera para niños/niñas, adolescentes y sus familiares disponibles en muchas ubicaciones*

## DISABILITY RIGHTS TEXAS



(formerly Advocacy, Inc.)  
1500 McGowen Street, Suite 100  
Houston, TX 77004

MAIN . . . . . (713) 974-7691  
FAX . . . . . (713) 974-7695  
TOLL FREE . . . . . (800) 315-3876  
INTAKE . . . . . (800) 252-9108  
VIDEO PHONE . . . . . (866) 362-2851  
WEB . . . . . www.disabilityrightstx.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Midtown

LEGEND . . . . . CD, Appt Req, Fam, Free  
BUS ROUTES . . . . . 5, 52, 60

Legal advocacy for persons with disabilities by providing direct legal assistance to people with disabilities whose rights are threatened or violated; protecting the rights of individuals and groups of people with disabilities through the courts and justice system; advocating for laws and public policies that protect and advance the rights of people with disabilities; and informing people with disabilities and family members about their rights and making referrals to programs and services. Intake Monday-Thursday 8am-7pm; Friday 8am-5pm.

*Defensa legal para personas incapacitadas. Cita inicial de lunes a viernes, 9am a 12:30pm*



**EAST FT. BEND HUMAN NEEDS MINISTRY, INC.** ♿

425 Stafford Run  
Stafford, TX 77477

*Mailing address:*  
PO Box 1611  
Stafford, TX 77497-1611

MAIN..... (281) 261-1006  
FAX..... (281) 261-0986  
WEB..... www.humanneeds.org  
EMAIL..... ministry@humanneeds.org

CITY SECTION..... Southwest  
NEIGHBORHOOD..... Stafford  
AREA SERVED... Zip codes 77477, 77478, 77479, 77459,  
77489, 77583, 77545, 77053, 77083, 77085, 77099

LEGEND..... M, W, Fam, All, Free, Walk-ins  
NEED FOR INTAKE . Current utility bill and soc sec cards  
for everyone receiving food.

Full service food pantry, open Tuesday, Thursday and  
Friday 10:00am-1:30pm and Wednesday 6pm-8pm. For  
financial assistance, please call on Tuesday to make an  
appointment: 281-261-5470. Other services include the  
August school supply program, monthly Food Fair pro-  
gram, Thanksgiving and Christmas food baskets and Tri-  
Cities Churches resale shop. Referral info available.

**EAST TEXAS HOPE**

1204 County Road 2293  
Stafford, TX 77477

*Mailing address:*  
PO Box 1611  
Cleveland, TX 77327

MAIN..... (713) 480-3534  
WEB..... www.easttexashope.com  
EMAIL..... info@easttexashope.com

CITY SECTION..... Northeast  
NEIGHBORHOOD..... Cleveland

LEGEND..... M, **HIV+ only**, Med, Call for intake  
NEED FOR INTAKE ..... Photo ID

East Texas Hope is an equestrian hospice facility provid-  
ing palliative care for terminal AIDS patients. Hospice  
care is provided by a physician directed team and  
includes physician care, nursing, dietary services and  
pastoral care.

**EDUCATIONAL PROGRAMS INSPIRING  
COMMUNITIES**

6717 Stuebner Airline, Suite 207  
Houston, TX 77091

MAIN..... (713) 692-4278  
FAX..... (713) 692-4279  
WEB..... www.heartprogram.org

CITY SECTION..... North  
NEIGHBORHOOD..... Acres Home  
AREA SERVED..... City of Houston  
HOURS..... Monday-Thursday, 8am to 6pm  
BUS ROUTES..... 66

**H.E.A.R.T. Program**

LEGEND..... Adults, Free, Walk-ins, Call for intake  
The H.E.A.R.T. Program provides Occupational Skills  
Training to low-income developmentally disabled adults  
residing within the city of Houston. The purpose of  
the H.E.A.R.T. program is to prepare the participants  
for gainful employment through an innovative client-  
managed entrepreneurial venture. Stage 1 prepares the  
participants for employment by providing individualized  
assessments and job readiness training; Stage 2 allows  
the participants to work both within the general com-  
munity and in a sheltered workshop as appropriate,  
through the client managed entrepreneurial venture,  
H.E.A.R.T. Vending and Concessions.

Participants will receive continuing instruction in life  
skills, social skills, job readiness, and hands-on training  
through an On-The-Job Training and repetitive prac-  
tices cycle utilizing mock concession stands and vend-  
ing machines. As most of the participants have limited  
reading abilities, the majority of the instruction will be  
verbal, visual and repetitive. All training is provided by  
state certified Special Education Teachers.

**EVERCARE HOSPICE AND PALLIATIVE CARE**

9702 Bissonnet, Suite 2200W  
Houston, TX 77036

MAIN..... (832) 384-8967  
FAX..... (713) 219-6491  
TOLL FREE..... (877) 732-5072  
WEB..... www.evercarehospice.com

CITY SECTION..... Southwest  
NEIGHBORHOOD..... Westwood

LEGEND..... Adults, S\$, Med, Ins, Esp, Call for intake  
HOURS..... 24 hours, 7 days a week  
BUS ROUTES..... 65, 68

Compassionate care for those facing end of life issues  
and personal support to their families. Because patients  
prefer the comfort of familiar surroundings, care is  
provided wherever the patient resides-whether it is  
a private home, nursing home, assisted living facility  
or other inpatient setting. Services include pain and  
symptom management, spiritual and emotional support,  
bereavement services, related medical equipment and  
medications.

*Cuidado compasivo para aquellos enfrentados con una  
enfermedad terminal y apoyo personal a los familiares.  
Debido a que pacientes prefieren un ambiente cómodo  
y familiar, el cuidado es ofrecido donde sea que el paci-  
ente resida-sea en una casa privada, hospicio, u otro  
tipo de vivienda de paciente interno. Servicios incluye el  
manejo lenitivo, apoyo emocional y espiritual, servicios  
para los sobrevivientes del fallecido, equipo médico y  
medicamentos.*



### FAIR HAVEN FOOD PANTRY

1330 Gessner, Bldg. 9  
Houston, TX 77055

MAIN . . . . . (713) 467-4363  
FAX . . . . . (713) 468-1538

CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Spring Branch  
AREA SERVED . . . . . Zip codes 77024, 77027, 77041  
(Carverdale area), 77043, 77055, 77056, 77079, 77080

LEGEND . . . . . M, W, Fam, Free, Walk-ins,  
Halfway House residents

HOURS . . . . . Monday-Friday, 10am to 2pm  
BUS ROUTES . . . . . 20, 46

Provides staple food items (limited number of times).  
Must show proof of address and picture ID.

### FAMILY SERVICES OF GREATER HOUSTON

Administrative Office  
3815 Montrose Boulevard, Suite 200  
Houston, TX 77006

MAIN . . . . . (713) 868-4466  
WEB . . . . . www.familyservices.org  
EMAIL . . . . . family@familyservices.org

LEGEND . . . . . All, S\$, Ins, Med, CHIP, Appt preferred  
HOURS . . . . . Monday-Friday, 8am to 5pm  
NEED FOR INTAKE . . . . . Call for intake

Whether you are struggling on your own or have a family that is counting on you, you can count on us. You'll find the help you need at Family Services of Greater Houston. You'll find someone who will listen, help you think through your problem and find the right solutions and gather the resources you need to overcome the challenges you meet as you move through life.

#### Bay Area District Office

1300 Bay Area Boulevard, Suite 230A  
Houston, TX 77058

INTAKE . . . . . (713) 861-4849

CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Clear Lake/NASA

Counseling services.

#### Baytown District Office

5313 Decker Drive  
Baytown, TX 77520

INTAKE . . . . . (713) 861-4849  
Counseling services.

#### Central Office

4625 Lillian Street  
Houston, TX 77007

INTAKE . . . . . (713) 861-4849  
FAX . . . . . (713) 861-4021

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Memorial Park/Washington  
BUS ROUTES . . . . . 20, 46

Offers professional counseling for individuals, couples and families; financial education; parenting and life skills classes; marriage education; case management; support for Iraq and Afghanistan veterans and their families; and substance abuse prevention education for students.

*Ofrece consejería profesional a individuos, parejas y familias; educación financiera, clases sobre habilidad en el cuidado de hijos/hijas y cómo enfrentar retos de la vida, educación matrimonial; manejo de casos; apoyo a veteranos de Iraq y Afganistán y sus familias; educación para estudiantes sobre la prevención del abuso de sustancias. Llamar para una cita inicial.*

#### Fort Bend District Office

10435 Greenbough, Bldg 2, Suite 200  
Stafford, TX 77477

INTAKE . . . . . (713) 861-4849  
Counseling services.

#### Montgomery County Office

1600 Lake Front Circle, Suite 218  
The Woodlands, TX 77380

INTAKE . . . . . (713) 861-4849  
Case management and counseling services.

#### Waller County District Office

531 FM 359 South  
Brookshire, TX 77423

INTAKE . . . . . (713) 861-4849  
Counseling services.

### FAMILYTIME CRISIS & COUNSELING CENTER



101 Main Street  
Humble, TX 77338

MAIN/24 HRS . . . . . (281) 446-2615  
FAX . . . . . (281) 446-3691  
WEB . . . . . www.familytimeecc.org  
EMAIL . . . . . ftime@earthlink.net

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Humble  
AREA SERVED . . . . . Harris, Liberty & east  
Montgomery counties

LEGEND . . . All, Free, S\$, Appt Req (Walk ins-crisis only)  
HOURS . Monday-Thursday, 9am-5pm, Friday 9am-2pm;  
Shelter open 24/7

FamilyTime provides free services to victims of abuse such as professional counseling, support groups, legal advocacy, case management and a 24-hour helpline. We also provide short-term emergency shelter for victims of domestic violence and their children. Other services such as professional counseling for non-victim issues, anger management and parenting classes are available for a fee.



The main focus is helping victims of a crime. Shelter for victims and their children fleeing domestic violence (available 24 hrs/365 day a yr); 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy for non-victim issues (counseling only, no medication). Does not offer counseling for the severely mentally ill. Intake for non-resident services is Mon-Thurs 9am-5pm and Fri 9am-2pm.

*El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para víctimas y los niños/as en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.*

## FT. BEND COUNTY CLINICAL HEALTH SERVICES

4520 Reading Road, Suite A  
Rosenberg, TX 77471

MAIN . . . . . (281) 342-6414  
FAX . . . . . (281) 342-7371  
WEB . . . . . www.co.fort-bend.tx.us  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Rosenberg  
LEGEND . . . . . Appt req, Esp  
HOURS . . . . . Monday-Friday, 8am to 5pm  
NEED FOR INTAKE . . . . . Immunizations only: a current immunization record

HIV testing with pre and post test counseling; immunizations (schedule of clinics available); tuberculosis control; blood sugar and blood pressure screening; disease surveillance. Call for an appointment for HIV or STD services.

*Prueba y consejera del VIH; inmunizaciones (se dispone de los horarios de las clínicas); control de la tuberculosis; asesoramiento de la presión y azúcar en la sangre; vigilancia de enfermedades. Llame para apuntar una cita para los servicios del VIH o de las infecciones transmitidas sexualmente.*

## FT. BEND FAMILY HEALTH CENTER, INC.

400 Austin Street  
Richmond, TX 77469-4406

MAIN . . . . . (281) 342-4530  
FAX . . . . . (281) 342-1642  
INTAKE . . . . . (281) 342-4530, Ext. 3138 or 3149  
SPANISH . . . . . (281) 342-4530, Ext. 3140  
WEB . . . . . www.fbfhc.org  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Richmond

### HIV Program

AREA SERVED. Austin, Colorado, Fort Bend, Waller and Wharton counties.  
LEGEND . . . . . Adults, **HIV+ only**, Walk-ins, S\$, Med,

Colorado County Indigent care, RW Part B  
NEED FOR INTAKE . Picture ID, proof of address, income and HIV status

FBFHC's HIV Program provides medical case management to HIV positive people to ensure treatment support and individual coordination for ADAP medication program, dental and eye care, specialty care, laboratory, class A pharmacy, behavioral health services (psychotherapist), and gas cards for transportation as needed/available.

FBFHC has a contract with the Houston Regional HIV/AIDS Resource Group to provide medical care and case management services for individuals who are HIV+. The contract specifically requires that FBFHC extend services to residents of Fort Bend, Waller, Wharton, Austin and Colorado counties.

*El Programa del VIH de FBFHC provee administración médica de casos a personas con el VIH con el propósito de asegurar que el paciente reciba la ayuda necesaria al acceso de tratamientos, el programa de medicamentos ADAP, cuidado dental y óptico, cuidado de especialidades, laboratorio, farmacia, y de salud conductual (psicoterapeuta en la localidad), cupones para gasolina cuando sea necesario. En la cita inicial presente: cedula de identidad, comprobante de residencia, ingreso, y estado del VIH.*

### Medical Services

LEGEND . . . . . All, Walk-ins, S\$, Med, Colorado County Indigent Care

Ft. Bend Family Health Center (FBFHC) is a private, non-profit primary care medical facility serving over 12,000 low income individuals and families. FBFHC's medical services include comprehensive primary health care, preventive health services, translation, laboratory, radiology and pharmacy. One of the target populations is adults with HIV who are from Ft. Bend, Austin, Colorado, Waller and Wharton counties.

*El Centro Familiar de la Salud de Fort Bend (FBFHC) provee cuidado médico primario a más de 12,000 personas con bajos recursos y sus familias, incluyendo a las personas con el VIH quienes residen en los condados Fort Bend, Austin, Colorado, Waller y Wharton.*

## FT. BEND FAMILY HEALTH CENTER-WALLER CENTER

531 FM 359  
Brookshire, TX 77423

Mailing address:  
PO Box 1207  
Brookshire, TX 77423

MAIN . . . . . (281) 822-4235  
FAX . . . . . (281) 375-8943  
TOLL FREE . . . . . (866) 719-7012  
WEB . . . . . www.fbfhc.org  
CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Brookshire  
AREA SERVED . . . . . Austin, Ft Bend & Waller counties

LEGEND . . . . . All, Appt/Walk-ins, S\$, Med, Esp  
HOURS . . . . . Monday-Friday, 8am-5pm

Adult health services; well woman exams, prenatal and family planning services; child health services (Texas Health Steps); Immunizations. Must complete registration process prior to scheduling an appointment.

*Servicios de la salud para el adulto; exámenes para el bienestar de la mujer; servicios de la salud para los niños/as (Texas Health Steps); vacunas.*

## **FUNDACION LATINO AMERICANA CONTRA EL SIDA, INC. (FLAS, INC)**

6666 Harwin Drive, Suite 370  
Houston, TX 77036-2264

MAIN . . . . . (713) 772-2366  
FAX . . . . . (832) 251-8121  
WEB . . . . . www.flasinc.org  
EMAIL . . . . . echino@flasinc.org

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Sharpstown  
HOURS . . . . . Monday-Friday, 9am to 5pm  
BUS ROUTES . . . . . 47, 81, 132, 163

F.L.A.S., Inc. provides HIV, substance abuse prevention and Hepatitis C information; education and information about HIV/STDs for youth, young adults, families, women and the general public; HIV counseling and testing; and referrals for Hepatitis C screening. We also provide outreach activities and emergency assistance for people living with HIV/AIDS.

*F.L.A.S. provee diversas fuentes de información sobre el VIH, sobre la prevención del abuso de sustancias y la hepatitis C; educación sobre el VIH/STDs para los jóvenes, adultos jóvenes, familias, mujeres y el público en general; apoyo psicológico y análisis para el VIH; referencias para la reexaminación de la Hepatitis C.*

## **Colores Latinos (Latino Colors)**

LEGEND . . . . . Men only, Free, Walk-ins, Esp

Colores Latinos is a social program that improves the quality of life for Latino men ages 18 to 30 who have sex with other men (MSM) and live in the Southwest area. This program consists of a 1 1/2 hour class per week for four weeks. Colores Latinos will help you develop your knowledge and skills, while raising awareness of the importance of having smart relations that lead to a healthy life.

*Colores Latinos es un proyecto único con la finalidad de mejorar la calidad de vida de los hombres Latinos de 18 a 30 años que viven en el southwest de Houston, y tienen sexo con otros hombres (HSH). El programa se compone de cuatro clases, una cada semana con duración de una hora y media cada clase. Colores Latinos te ayudará a desarrollar tus conocimientos y habilidades y al mismo tiempo crear conciencia de la importancia de tener relaciones inteligentes para llevar una vida saludable.*

## **Emergency Assistance Program**

LEGEND . . . . . All, **HIV+ only**, Free, Appt req, Esp  
AREA SERVED . . . . . Harris County  
NEED FOR INTAKE . . . . . ID, proof of HIV status, utility bill (in clients name)

Emergency assistance for people infected with HIV/AIDS in Harris County to pay the electricity, telephone, gas and water bills only. Must show proof of HIV status, ID and the utility bill must be in the clients name.

*También proporcionamos actividades de alcance, y asistencia de emergencia para las personas infectadas con VIH/SIDA en el Condado de Harris. Dicha ayuda consiste en el pago de los servicios públicos como sea: la electricidad, teléfono, gas y el agua, únicamente. Debe demostrar prueba del estado de VIH/SIDA, Cedula de Identidad y las facturas deberán estar a nombre del cliente.*

## **Hablemos en Confianza (Let's Talk Honestly and Confidentially)**

HOURS . . . . . Accommodation as needed  
LEGEND . . . . . Fam, Appt req, Free, Esp

HIV, substance abuse and hepatitis prevention for Latino families and their children ages 10-17 in Harris County.

*Este proyecto provee educación y prevención del HIV, el abuso de sustancias y de la Hepatitis. Este programa es para servir a las Familias Latinas y a sus hijos entre las edades de 10-17 en el condado de Harris.*

## **HIV Counseling and Testing**

LEGEND . . . . . All, Free, Appt Req, Esp  
Rapid HIV testing (results in 20 minutes).

*El programa de consejera y prueba del VIH/STD es para proveer la prueba rápida del VIH (resultados en 20 minutos).*

## **HIV Prevention among Hispanic Youth**

LEGEND . . . . . Y (ages 13-18), Free, Esp  
NEED FOR INTAKE . . . . . Call for intake

Education, information and intensive interactive training on ways to avoid contracting HIV/AIDS among Hispanic youth.

*Este programa ha sido establecido con el propósito de proveer información y educación a los jóvenes Hispanos para evitar que estos contraigan la infección del VIH/ SIDA.*

## **Un Nuevo Amanecer (A New Awakening)**

LEGEND . Y (ages 12-17, older if in high school), Free, Esp  
NEED FOR INTAKE . . . . . Call for intake

This program offers drug and alcohol treatment to adolescents from 12 to 17 years old (and older if they are in high school). The program is available in English and Spanish.

*Este programa ofrece servicios de tratamiento de drogas y alcohol a adolescentes de 12 a 17 años de edad o mayores si aún están en la preparatoria (high school) y las familias Latinas del área de Gulfton. Estos servicios son proporcionados en inglés y español.*

## FUNERAL CONSUMERS ALLIANCE OF HOUSTON

Mailing address:

1504 Wirt Rd  
Houston, TX 77055-4919

MAIN . . . . . (713) 526-4267

WEB . . . . . <http://funeralshouston.org>

EMAIL . . . . . FCAhouston2@gmail.com

LEGEND . . . . . All, Donations accepted

HOURS . . . . . Calls accepted 24 hours.

We help people plan for their end-of-life and help select the most cost-effective arrangements. We provide assistance in obtaining cremations or funerals at a reasonable cost, probably the lowest cost in the greater Houston area (even over 100 miles away). It is very desirable to contact us in advance; once the deceased is sent to a funeral home it can be very expensive to move to another funeral home. This is a volunteer organization with no physical office; services are provided by phone or by mail.

Services include information and Education regarding requirements and options in making near-death and after-death arrangements; Consumer Protection through education, legislation and action. Forms to pre-plan your wishes regarding near-death and after death arrangements; Speakers Bureau: we have experienced speakers available to speak to your Church, Civic, or Professional Group; "Before I Go, You Should Know" end-of-life planning kit: comes with state specific Directive to Physicians and Surrogates (Living Will) and Durable Medical Power of Attorney, plus a fill-in-the-blanks booklet for your funeral plans; Volunteer Opportunities: we always need volunteers with office and computer skills as well as Board Members and Board Advisors. Can refer to Spanish speaking funeral homes as well as other languages.

*Podemos proveer referencias sobre funerarios con personal hispanohablante y otros lenguajes.*

## FUUSA

See Change Happens!



## GAY & LESBIAN SWITCHBOARD OF HOUSTON

24 HOURS . . . . . (713) 529-3211

LEGEND . . . . . All, Free

24 hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.

## GLOBAL COUNSELING AND TESTING



Mailing address:

1504 Wirt Rd  
Houston, TX 77055-4919

MAIN . . . . . (832) 244-8769

FAX . . . . . (832) 879-8207

WEB . . . . . <http://globalcounselingandtesting.com>

EMAIL . . . . . DrJAM3@earthlink.net

CITY SECTION . . . . . Southwest

NEIGHBORHOOD . . . . . Sugar Land

LEGEND . . . . . All, Med, Ins, Appt req

HOURS . . . . . Monday-Friday 9am-5pm

We provide a wide range of counseling services addressing ADHD, PTSD, depression, anxiety, domestic violence and other psychiatric disorders, in addition to psychological testing.

## GOOD SHEPHERD MISSION



1005 Avenue F (M.L.K.)

Huntsville, TX 77320

Mailing address:

P. O. Box 7281

Huntsville, TX 77342

MAIN . . . . . (936) 291-8156

FAX . . . . . (936) 291-9338

THRIFT STORE . . . . . (936) 291-9375

WEB . . . . . [www.walkercountyonline.com/org/mission](http://www.walkercountyonline.com/org/mission)

EMAIL . . . . . mission@walkercountyonline.com

NEIGHBORHOOD . . . . . Huntsville

AREA SERVED . . . . . Walker County

LEGEND . . . . . All, Free/\$\$, Walk-ins, CD

HOURS . . . . . Office open 9am to 3pm

Provides food, clothing and temporary shelter (average of 850 bed uses monthly) to indigent locals and transients by serving two hot meals daily at noon and 6pm (the mission serves over 1,700 hot meals each month), operating the local food bank (the mission provides groceries to 120 households each week), offering two Thrift Stores for low cost shopping or vouchers for free clothing (the mission gives out over 5,000 articles of clothing, coats, and household items each month).

Other services include: limited prescription assistance (antibiotics), travel-aid vouchers and faith-based counseling (crisis intervention, marital, addiction rehabilitation, grief, spiritual) is available by appointment.

Substance abuse recovery program: H.O.P.E. House (Healing, Open, Personalized Environment) is a 9 month holistic (MIND/BODY/SOUL) therapeutic program in collaboration with S.H.S.U. Counseling Dept. The program is limited to 12 participants. Must be able to go upstairs, no sex offenders. Not a medical or mental health facility.

*Ofrece alimento, ropa, y refugio temporario (850 camas por mes) a personas indigentes locales y transitorias. Se ofrece dos comidas calientes diarias, 12pm y 6pm (la misión proporciona más de 1,700 por mes), tienda de alimentos (la misión provee a 120 familias por semana), dos tiendas de ropas de compra económica o con comprobante a recibir ropa gratis (la misión provee más de 5,000 artículos de casa, ropa, y abrigos por mes).*

*Otros servicios incluyen asistencia limitada de recetas médicas (antibióticos) y comprobante para transporte; también se ofrece por cita consejería de base religiosa (intervención de crisis, matrimonio, rehabilitación de adicción, pesar, espiritual).*

Programa de recuperación del abuso de sustancias: Casa H.O.P.E. tiene un ambiente hospitalario, personal y sanador y ofrece un programa comprensivo terapéutico (mente, cuerpo, espíritu) de 9 meses en colaboración con el departamento de consejería de S.H.S.U. El programa está limitado a 12 participantes (debe ser hábil en subir escaleras). No se acepta delincuentes sexuales. No es una localidad médica o mental.

### GOODWILL TEMPORARY SERVICE



2411 Bay Area Boulevard  
Houston, TX 77058

MAIN . . . . . (281) 480-3930  
FAX . . . . . (281) 990-8403  
WEB . . . . . www.goodwillhouston.org  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Clear Lake/NASA

#### Project Good Hope



2030 Westheimer Road  
Houston, TX 77098

MAIN . . . . . (713) 590-3123  
FAX . . . . . (713) 529-5302  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose  
BUS ROUTES . . . . . 26, 27, 81, 82  
HOURS . . . . . Monday-Friday, 8am to 4:30pm

LEGEND . . . . . M, W, **HIV+ only**, Esp  
NEED FOR INTAKE . . . . . Photo ID, Soc Sec card, proof  
of HIV status, stable housing

Through Project Good Hope (PGH), Goodwill Houston will place low-income, HIV positive persons and their families into employment and will help them retain such employment as an important milestone on the road to self-sufficiency. Our organization draws on decades of experience, enhancing the quality and dignity of life for individuals with barriers to employment by helping them find and keep a job. These include, but are not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases.

PGH's goal is to provide clients with a one-stop approach to case management, counseling, legal services, referrals, vocational training, life skills training, work readiness training, job search assistance, on-the-job assistance and supportive services, such as transportation and clothing. PGH staff will not tell employers about client's HIV status.

*A través de proyecto Good Hope (PGH), Goodwill de Houston colocará en empleos a las personas de bajos ingresos, viviendo con el VIH y a sus familiares. Asimismo, los ayudarán a retener dichos empleos como un paso importante hacia la autosuficiencia. Nuestra organización posee décadas de experiencia realzando la calidad y dignidad de vida de los individuos con barreras en conseguir empleos. Estas incluyen, pero no se limitan a, discapacidad física y mental, a las personas sin vivienda, a las personas con registro de antecedentes penales y enfermedades adictivas.*

La meta del PGH es el de proveer a los clientes un sólo lugar donde podrán tener acceso a la administración de casos, consejería, servicios legales, referencias, entrenamiento vocacional y para enfrentar destrezas de la vida diaria, entrenamiento para la disposición de trabajo, asistencia en la búsqueda de trabajo y asistencia en el trabajo. Además, los servicios incluyen transportación y prendas de vestir. Los empleados del PGH no informarán a los empleadores el estado del VIH del cliente.

### THE GULF COAST CENTER RECOVERY PROGRAM



123 Rosenberg, 6th floor  
Galveston, TX 77550

MAIN . . . . . (409) 944-4337  
FAX . . . . . (409) 765-5267  
24 HOURS . . . . . (866) 729-3848  
WEB . . . . . www.gcmhmr.com

CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Galveston  
AREA SERVED . . . . . Galveston, Brazoria and southeast  
Harris counties

LEGEND . . . . . M, W, Fam, Free, S\$, Walk-ins, CD  
HOURS . . . . . Monday-Thursday, 8am to 10pm;  
Friday 8am to 12pm

HIV Early Intervention (HEI) includes case management, support groups, prescription vouchers and individual counseling. Clients must be HIV+ and have a history or diagnosis of substance abuse problems. HIV Outreach program includes community outreach, HIV testing, prevention education and materials, risk reduction information and referrals. The Recovery Program provides a full continuum of available substance abuse treatment services from hospital detox, residential and outpatient programs. Dual Diagnosis (COPSD) program provides case management for clients with co-existing mental health and substance abuse problems.

### GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.



9320 Kirby Drive  
Houston, TX 77054

MAIN . . . . . (713) 393-4700  
FAX . . . . . (713) 343-8701  
WEB . . . . . www.gccsa.org  
EMAIL . . . . . gulfcoast@gccsa.org  
AREA SERVED . . . . . Harris County

LEGEND . . . . . All, Free (income guidelines for most  
services), Appt/Walk-ins, Esp  
HOURS . . . . . Monday-Friday, 8am to 5pm

GCCSA is a 501(C)(3) Community Action Agency dedicated to strengthening the educational, social and economic well-being of individuals and families by administering high-quality programs and services designed to educate, equip and empower as they transition out of an economically distressed condition into a state of self-sufficiency and independence. GCCSA has a myriad of programs to address the various needs affecting Harris County's residents in poverty-related situations.

## JD Walker Multi-Service Center

7613 Wade Road  
Baytown, TX 77521

MAIN ..... (281) 426-4757  
FAX ..... (281) 426-5906  
CITY SECTION ..... East  
HOURS ..... Monday-Friday, 8am to 5pm



**Back to School Program:** The No Diamond Left Behind Program provides school supply gift cards and clothing gift cards to assist families with the cost school-readiness items.

**Bus Passes:** bus passes for individuals to access travel for the purpose of employment and GCCSA continuing education.

**Case Management:** Service Specialists are trained and experienced in making referrals and providing linkage to various services including but not limited to: Legal Services, Homeless Shelters, Drug Treatment, Mental Health Assistance and Health Care.

**Community Learning Center:** educational services that increase basic academic skills of youth and adults. The programs offered are as follows: English as a Second Language Class; Spanish as a Second Language; Adult Basic Education Class; General Education Diploma Class; Money Management Workshops ; Workforce Development Workshop; Entrepreneurship Workshop; Nutrition Workshop; Secondary Education Workshop; Family Literacy Workshop (Seasonal); Homeownership Workshop; Homebuyer Education Seminar; Computer Literacy Class ; The Here and Now Program (for single mothers); and The Tomorrow is Today Program (Re-Entry Program for men recently released from prison).

**Employment Skills:** The Brooks Program provides access to invitation-only job fairs and hiring events for clients. Clients must complete a Workforce Development Class to get access to this service.

**Food Pantry:** The Good Neighbor Program provides emergency food assistance to families and individuals. Furniture: The Furniture Shop Program provides vouchers through the Houston Furniture Bank.

**Head Start and Early Head Start:** GCCSA Head Start and Early Head Start serves children (ages 0-5) and their families in the Southeast Houston Area, East End, Third Ward and Pasadena at 28 Head Start centers and one Early Head Start center.

**Home Safety:** The Home Remedy Program is specifically for seasoned citizens and people with disabilities. GCCSA provides minor installations and home modifications to make homes safer and more accessible to clients.

**Housing Counseling/Home Assistance Program:** The GCCSA Housing Department provides comprehensive housing services including home buying education classes, predatory lending counseling, tenant advocacy, Fair Housing Act outreach and comprehensive housing counseling.

**Individual Development Account:** This program is a savings incentive program that provides a monetary match for the purchasing of assets in the areas of entrepreneurship, home ownership and education. Services include Money Management Training, Business Development Workshops, Tax Preparation and facilitation of small business loan applications.

**Prescription Vouchers:** GCCSA provides vouchers to clients to assist with their prescription needs.

**Rental/Mortgage/Utility Assistance:** The Pay Myself Back Program provides emergency financial assistance to clients facing eviction and utility service. The Care Program is a utility assistance program for Reliant Energy clients only. Clients do not need to have a disconnect notice for this service. The Neighbor to Neighbor Program is a utility assistance program for Direct Energy clients only. Clients do not need to have a disconnect notice for this service.

**Transportation:** The Progressive Movement Program provides transportation vouchers to seniors and people with disabilities.

**Tax Assistance:** Free tax assistance to clients between February 1st and April 15th through the Volunteer Income Tax Assistance Program.

**Youth Services:** The EYES Program is a youth development program designed to enhance the progressive behaviors of youth in at-risk circumstances. The following services are provided: Math Camp provides math tutoring to students between third grade and twelfth grade; Youth Savings Incentive Program provides a 1:1 match up to \$250 for students-the student will have \$500 dollars to apply towards a progressive asset; Leadership Academy provides an array of exposure to students including a community service legacy project; and Essay Contest and Spelling Bee provide activities focused on grammatical and literary progression

*Asistencia con: el regreso a la escuela, fichas para el METRO, administración de casos; vestimenta de emergencia, ESL y GED, despensa de alimentos, servicios para ancianos; vivienda, desarrollo individual de ahorro, información y referencias, en la búsqueda de empleo, referencias de empleo, vales para recetas médicas, renta/hipoteca, y transportación.*



### HARMONY HEALTH RECOVERY CENTER



602 Girard  
Houston, TX 77007

MAIN . . . . . (713) 237-1765  
FAX . . . . . (713) 237-1715

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown  
HOURS . . . . . Intake Monday-Friday, 10am-4pm

LEGEND . . . . . M only, Free, Lim, CD, Documented  
homeless and Tuberculosis

Services provided: case management, day programs; respite care (up to one year); employment and training; short term housing; nutrition and wellness; social support and activities; peer counseling; 12-step programs; transportation; volunteer opportunities.

### Harmony House Respite Center

LEGEND . . . . . Men only, Free, Lim

Services provided: case management, respite care (up to 1 year), employment, short term housing, nutrition and wellness, social support and activities, transportation, medical clinic on site, LCDC and counseling services, laundry, and food. Must be documented homeless and have referral from healthcare facility or clinic and recovering from an injury or medial illness as primary diagnosis, HIV/AIDS secondary. Must be able to care for self. Intake Monday-Friday, 10am to 4pm.

### HARRIS COUNTY HOSPITAL DISTRICT



2525 Holly Hall  
Houston, TX 77054

MAIN . . . . . (713) 873-4000  
FAX . . . . . (713) 873-4052  
HIV HOTLINE . . . . . (281) HIV-INFO  
WEB . . . . . www.hchdonline.com  
AREA SERVED . . . . . Harris County

### Acres Home Health Center



818 Ringold Street  
Houston, TX 77088

MAIN . . . . . (281) 448-6391  
CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Acres Home

LEGEND . . . . . All, Walk-ins, Free, S\$, Med  
HOURS . . . . . Monday-Friday, 8am-5pm  
BUS ROUTES . . . . . 40, 64

### Adolescent Program



2015 Thomas Stree  
Houston, TX 77009

MAIN . . . . . (713) 873-4100  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Near Northside

LEGEND . . . . . Y, Free, S\$, Med, **HIV+ only**, Esp  
HOURS . . . . . Monday-Friday, 7:30am to 4pm  
BUS ROUTES . . . . . 9, 24, 37, 52

Outpatient primary care; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

### Aldine Health Center



4755 Aldine Mail Route  
Houston, TX 77039

MAIN . . . . . (281) 985-7600  
FAX . . . . . (281) 985-7620

CITY SECTION . . . . . Northeast  
NEIGHBORHOOD . . . . . Aldine

LEGEND . . . . . Fam, All, Free, S\$, Med, Walk-ins  
HOURS . . . . . Mon-Fri 8am-5pm; Saturday 6:45am-3:30pm  
BUS ROUTES . . . . . 6, 59

### Baytown Health Center



1602 Garth Road  
Baytown, TX 77520

MAIN . . . . . (281) 427-6757

LEGEND . . . . . All, Walk-ins, Free, S\$, Med  
HOURS . . . . . Monday-Friday, 7am to 5pm

### Ben Taub General Hospital



1504 Taub Loop  
Houston, TX 77030

MAIN . . . . . (713) 873-2000

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center

LEGEND . . . . . All, Walk-ins, S\$, Med  
HOURS . . . . . 24 hours  
BUS ROUTES . . . . . 1, METRO light rail

Inpatient medical care. HIV counseling and testing, no appointment necessary. Please call for times.

### Casa de Amigos Health Center



1615 N. Main Street  
Houston, TX 77009

MAIN . . . . . (713) 222-2272

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Near Northside

LEGEND . . . . . All, Walk-ins, Free, S\$, Med  
HOURS . . . . . Monday-Friday, 6:45am to 4pm  
BUS ROUTES . . . . . 1, 5, 9, 15, 24, 52, 60, 78  
NEED FOR INTAKE . . . . . None for HIV test

HIV counseling and testing.

### Dental Center



5230 Griggs Road  
Houston, TX 77021

MAIN . . . . . (713) 757-0572  
APPOINTMENTS . . . . . (713) 526-4243

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . OST/South Union

LEGEND . . . . . All (age 16 & up), Walk-ins, Free, S\$, Med

HOURS . . . . . Monday-Friday, 8am-5pm  
BUS ROUTES . . . . . 5, 77

Preventive and restorative dental care services at a central location and 6 community health centers (see Dental Services on page 32). The program provides examinations, cleanings, fillings, dentures and, in selective cases, partial dentures.

To ensure appointments go smoothly, be sure that your eligibility is current, bring your appointment slip and all medications with you and arrive thirty minutes early. Children less than 16 years of age are referred to the city's dental clinic.

If you've never been treated through the HCHD dental program, and you need an emergency appointment, go to your local HCHD Community Health Center. Your primary care physician can provide you with the necessary antibiotics and pain medications to help you until your dental visit. Your doctor will then refer you for a follow-up emergency appointment with the downtown Dental Center. If your Community Health Center is closed, go the emergency room at either Ben Taub or LBJ General Hospital.

### **Gulfgate Health Center**



7550 Office Center Drive  
Houston, TX 77012

MAIN . . . . . (713) 495-3700  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Pecan Park  
LEGEND . . . . . All, Walk-ins, Free, S\$, Med  
HOURS . . . . . Monday-Friday, 8am-5pm; Saturday 7am-3pm  
BUS ROUTES . . . . . 36

### **Lyndon B. Johnson General Hospital**



5656 Kelley Street  
Houston, TX 77026

MAIN . . . . . (713) 566-5100  
CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Kashmere Gardens  
LEGEND . . . . . All, Walk-ins, S\$, Med  
HOURS . . . . . 24 hours  
BUS ROUTES . . . . . 1, 80

Inpatient medical care. HIV counseling and testing.

### **Northwest Community Health Center Early Intervention Program**



1100 West 34th Street  
Houston, TX 77018

MAIN . . . . . (713) 861-3939  
HIV TESTING . . . . . (713) 873-4157  
FAX . . . . . (713) 867-7819  
CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Oak Forest/Garden Oaks  
LEGEND . . . . . M, W, Free, S\$, Med, Appt/Walk-ins, **HIV+ only**  
HOURS . . . . . Monday-Thursday, 8am-10pm; Friday 8am-5pm  
BUS ROUTES . . . . . 23, 50  
NEED FOR INTAKE . . . . . None for HIV test

Outpatient primary care, OB/Gyn services, medication access and information, case management, social services, education, pharmacy, HIV counseling and testing.

### **People's Health Center**



6630 DeMoss  
Houston, TX 77074

MAIN . . . . . (713) 272-2600  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Sharpstown  
LEGEND . . . . . All, Walk-ins, Free, S\$, Med  
HOURS . . . . . Monday-Friday, 8am-5pm  
BUS ROUTES . . . . . 2, 9

### **Settegast Health Center**



9105 North Wayside  
Houston, TX 77028

MAIN . . . . . (713) 636-7192  
FAX . . . . . (713) 636-7193  
CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . . East End  
LEGEND . . . . . Fam, All, S\$, Med, Appt/Walk-ins, Esp  
HOURS . . . . . Monday-Friday, 7:30am to 5pm  
BUS ROUTES . . . . . 77, 45

Outpatient primary care; routine clinical services; podiatry, optometry, radiology, lab and pharmacy; nutrition, health education and social services; geriatric clinic; HIV counseling.

*Cuidado primario para pacientes externos, servicio clínico rutinario, podiatría, optometría, radiología, laboratorio y farmacia, nutrición, educación para la salud y servicios sociales, clínica de geriatría, consejería del VIH.*

### **Strawberry Health Center**



927 E. Shaw Road  
Pasadena, TX 77506

MAIN . . . . . (713) 477-6851  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Pasadena  
LEGEND . . . . . All, Walk-ins, Free S\$, Med  
HOURS Mon-Thurs 7:30am-6pm; Friday 7:30am-4:30pm

### **Thomas Street Health Center**



2015 Thomas Street  
Houston, TX 77009

MAIN . . . . . (713) 873-4000  
FAX . . . . . (713) 873-4052  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Near Northside  
LEGEND . . . . . M, W, Free, S\$, Med, **HIV+ only**, Esp  
HOURS . . . . . Monday-Friday, 7:30am-4pm  
BUS ROUTES . . . . . 9, 24, 37, 52  
NEED FOR INTAKE . . . . . None for HIV test

Outpatient primary care; OB/Gyn services; pharmacy; physical therapy; nutrition services/counseling; social services; psychiatry; education; case management; clinical trials access; HIV testing and counseling; support groups.

*Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH, grupos de apoyo.*

### Women's Program

2015 Thomas Street  
Houston, TX 77009



MAIN . . . . . (713) 873-4511

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Near Northside

LEGEND . . . . . W, **HIV+ only**, Free, S\$, Med, Esp  
HOURS . . . . . Monday-Friday, 8am-4pm  
BUS ROUTES . . . . . 9, 24, 37, 52

OB/Gyn services; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

*Cuidado primario de obstetricia/ginecología, acceso a medicamentos e información, servicios sociales, educación, administración de casos, farmacia, grupos de apoyo, consejería y análisis del VIH.*

### HARRIS COUNTY HOUSING RESOURCE CENTER

MAIN . . . . . (713) 578-2055  
FAX . . . . . (713) 578-2250  
WEB . . . . . www.hrc.hctx.net  
EMAIL . . . . . hrc@hctx.net

AREA SERVED . . . . . Harris County  
LEGEND . . . . . All, Free, Esp

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public and private sector programs dedicated to helping Harris County's homeless population.

The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.

*El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.*

*La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.*

### HARRIS COUNTY PUBLIC HEALTH SERVICES

Main Office  
2223 West Loop South  
Houston, TX 77027

MAIN . . . . . (713) 439-6000  
FAX . . . . . (713) 439-6080  
WEB . . . . . www.hcphes.org

AREA SERVED . . . . . Harris County  
HOURS . . . . . Monday-Friday, 8am to 5pm

Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris county; provision of personal health services to eligible individuals that include family planning, immunizations, nutrition programs, well-child programs, risk factor screening and refugee health.

*Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos y servicios para la salud de los refugiados.*

### HARRIS COUNTY PUBLIC HEALTH CLINICS

LEGEND . . . . . All, S\$, Ins, Med, Appt req, Esp

Immunizations, family planning services for teens and adults, health education and prevention, screening and treatment of sexually transmitted diseases, tuberculosis (TB) screening/ contact investigation/follow-up and Directly Observed Therapy, HIV counseling and testing, case management/social services, dental care and WIC.

*Inmunizaciones, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, pruebas de tuberculosis (TB)/investigación de personas en contacto/seguimiento y terapia directa observada (conocido en inglés como DOT, Directly Observed Therapy), análisis y consejería de VIH, administrador de casos, servicios sociales, cuidado dental, y el programa de nutrición para mujeres/bebes y niños (conocido en inglés como WIC program).*



### Antoine Health Clinic

5815 Antoine, Suite A  
Houston, TX 77091



MAIN . . . . . (713) 602-3300  
FAX . . . . . (713) 602-3374  
CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Inwood Forest  
HOURS . . . . . Monday, Wednesday & Friday, 8am-5pm  
BUS ROUTES . . . . . 45, 85

Immunizations and family planning.

*Inmunizaciones y servicios de planificación familiar.*

### Baytown Health Clinic

1000 Lee Drive  
Baytown, TX 77520



MAIN . . . . . (281) 427-5195  
FAX . . . . . (281) 427-1785  
CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . . Baytown  
HOURS . . . . . Tuesday & Thursday, 8am-5pm

Immunizations and family planning.

*Inmunizaciones y servicios de planificación familiar.*

### Humble Health Clinic

1730 Humble Place Drive  
Humble, TX 77338



MAIN . . . . . (281) 446-4222  
FAX . . . . . (281) 446-9563  
CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Humble  
HOURS . . . . . Tuesday & Thursday, 8am-5pm

Immunizations and family planning.

*Inmunizaciones y servicios de planificación familiar.*

### Southeast Health Clinic

3737 Red Bluff  
Pasadena, TX 77503



MAIN . . . . . (713) 740-5000  
FAX . . . . . (713) 740-5110  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Pasadena  
HOURS . . . . . Monday, Wednesday & Friday, 8am to 5pm

Immunizations and family planning.

*Inmunizaciones y servicios de planificación familiar.*

### HARRIS COUNTY WIC PROGRAM

LEGEND . . . Free, Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp

Women, Infants and Children (WIC) is a nutrition program sponsored by the Texas Department of State Health Services which helps pregnant women, new mothers and young children eat well, learn about nutrition and stay healthy. WIC provides nutrition education and counseling, nutritious foods and access to health care for low-income women, infants and children through it's Special

Supplemental Nutrition Program. Eligible mothers can also receive breast pumps, breastfeeding supplies and peer-to-peer counseling through the WIC program. WIC is an equal opportunity program.

*Women, Infants and Children (WIC) es un programa nutricional del Departamento Estatal de Servicios de la Salud de Texas que ayuda a mujeres embarazadas, madres nuevas, y niños/niñas a que reciban buena alimentación, conozcan de la buena nutrición, y se mantengan saludables. WIC ofrece educación nutricional y consejería, alimentos nutritivos y acceso al cuidado de la salud a las mujeres de bajos recursos, mediante el programa especial de nutrición suplementaria. Las madres elegibles reciben bomba de pecho, y otras provisiones para extraer la leche materna, consejería y apoyo de otras madres. WIC es un programa de igualdad de oportunidades.*

### Antoine WIC Center

5815 Antoine  
Houston, TX 77091



MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Inwood Forest  
HOURS . . Monday-Thursday 8am-7pm, Friday 8am-2pm,  
3rd Saturday 8am-5pm, Thursday after 3rd Saturday  
8am-2pm; closed Friday after 3rd Saturday  
BUS ROUTES . . . . . 45, 85

### Bear Creek WIC Center

16233 Clay Road, Suite 318  
Houston, TX 77084

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Bear Creek/Highway 6  
HOURS . . Monday-Thursday 8am-7pm, Friday 8am-2pm,  
3rd Saturday 8am-5pm, Thursday after 3rd Saturday  
8am-2pm; closed Friday after 3rd Saturday

### Decker Drive WIC Center

4204 Decker Drive  
Baytown, TX 77521



MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Baytown  
HOURS . . Monday-Thursday 8am-7pm, Friday 8am-2pm,  
3rd Saturday 8am-5pm, Thursday after 3rd Saturday  
8am-2pm; closed Friday after 3rd Saturday

### Emerald Plaza WIC Center

11509 Veterans Memorial Dr., Suite 400  
Houston, TX 77067



MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Northwest  
HOURS . . Monday-Thursday 8am-7pm, Friday 8am-2pm,  
3rd Saturday 8am-5pm, Thursday after 3rd Saturday  
8am-2pm; closed Friday after 3rd Saturday  
BUS ROUTES . . . . . 108

### Fallbrook WIC Center



14901 SH 249 Tomball Pkwy, Suite 107  
Houston, TX 77086

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Willowood  
HOURS . . . . . Monday & Wednesday 8am-7pm, Tuesday  
8am-5pm, Thursday & Friday 8am-2pm, 3rd  
Saturday 8am-5pm, Wednesday after 3rd Saturday  
8am-5pm; closed Friday after 3rd Saturday  
BUS ROUTES . . . . . 44

### Pasadena WIC Center



908 E. Southmore, Suite 300  
Pasadena, TX 77502

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Pasadena  
HOURS . . . . . Monday & Wednesday 8am-7pm, Tuesday  
8am-5pm, Thursday & Friday 8am-2pm, 3rd  
Saturday 8am-5pm, Wednesday after 3rd Saturday  
8am-5pm; closed Friday after 3rd Saturday

### Red Oak WIC Center



830 FM 1960 West, Suite 17  
Houston, TX 77090

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Bammel  
HOURS . . . . . Monday-Thursday 8am-7pm, Friday 8am-2pm,  
3rd Saturday 8am-5pm, Thursday after 3rd Saturday  
8am-2pm; closed Friday after 3rd Saturday  
BUS ROUTES . . . . . 86

### Scarsdale WIC Center



10851 Scarsdale Boulevard, Suite 116  
Houston, TX 77089

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Ellington/South Belt  
HOURS . . . . . Monday & Wednesday 8am-7pm, Tuesday  
8am-5pm, Thursday & Friday 8am-2pm,  
3rd Saturday 8am-5pm, Wednesday after 3rd  
Saturday 8am-5pm; closed Friday  
after 3rd Saturday  
BUS ROUTES . . . . . 88

### Shaver WIC Center



152 Fairmont Parkway  
Pasadena, TX 77504

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Pasadena  
HOURS . . . . . Monday-Thursday 8am-7pm, Friday 8am-2pm,  
3rd Saturday 8am-5pm, Thursday after 3rd Saturday  
8am-2pm; closed Friday after 3rd Saturday

### Southeast WIC Center



3737 Red Bluff  
Pasadena, TX 77503-3307

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Pasadena  
HOURS . . . . . Monday-Thursday 8am-7pm, Friday 8am-2pm,  
3rd Saturday 8am-5pm, Thursday after 3rd Saturday  
8am-2pm; closed Friday after 3rd Saturday

### Tomball WIC Center



701 East Main St., Suite 145B  
Tomball, TX 77375

MAIN . . . . . (713) 407-5800  
CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Tomball  
HOURS . . . . . Monday & Wednesday 8am-7pm, Tuesday  
8am-5pm, Thursday & Friday 8am-2pm, 3rd  
Saturday 8am-5pm, Wednesday after 3rd Saturday

### HARRIS COUNTY RIDES

9418 Jensen Drive  
Houston, TX 77093

MAIN . . . . . (713) 368-7433  
FAX . . . . . (713) 696-1977  
WEB . . . . . www.harriscountyrides.com

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Eastex/Jensen  
AREA SERVED . . . . . Harris county outside the METROLift  
service area

LEGEND . . . . . Disabled, Elderly or Low income, Flat fee, Esp  
HOURS . . . . . Shared Ride: 7am-7pm; Taxi: 24 hours  
NEED FOR INTAKE . . . . . Photo ID, Proof of disability

**What is RIDES?** RIDES is a curb-to-curb subsidized program that allows eligible customers and participating agencies to purchase transportation tickets at a significant discount. The customer/agency pays a reduced fee of \$3 per ticket: that's a 50% savings off the regular \$6 value of the ticket. Each customer may select from two levels of service: Shared Ride and Taxi Service.

**Am I Eligible?** RIDES provides non-emergency transportation services for the elderly, disabled, and low-income residents of Harris County who live outside the METROLift service area or are unable to access METRO services. To qualify under elderly or disabled qualifications, you must reside within Harris County and meet one or more of the following criteria: over 60 years of age (proof of age required); or disabled (proof of disability required: SSI Award letter or certification letter from your physician). To qualify under low-income qualifications, you must reside within Harris County and meet income criteria: \$21,350/year or under (proof of income required).

**¿Qué es RIDES?** RIDES es un programa de subsidio que ofrece transportación de "puerta a puerta." Permite a los clientes y a las agencias elegibles a la compra de boletos de transportación a un descuento significativo. El cliente o la agencia pagan una tarifa reducida de \$3

por boleto, un ahorro de 50% del valor normal de \$6. Cada cliente tiene la opción de elegir entre dos clases de servicios: Viaje Compartido y Servicio de Taxi.

**¿Reúno los requisitos para este programa?** RIDES brinda servicios de transportación, que no son de emergencia, para los residentes mayores de edad, discapacitados y de bajos ingresos en el Condado de Harris, pero que viven fuera del área de los servicios del METROLift o que no tienen la posibilidad de acceder a los servicios de METRO. Para calificar bajo las cualidades de personas mayores de edad o discapacitadas, deben residir dentro del Condado de Harris y reunir una o más de las siguientes condiciones: tener más de 60 años de edad (se requerirá prueba de edad); ser persona discapacitada (se requerirá prueba de discapacidad); presentar el SSI Award letter (Carta de Concesión del Subsidio por Discapacidad) o un certificado médico. Para calificar bajo la condición de personas con ingresos limitados, deberá residir en el Condado de Harris y tener un ingreso anual de \$21,350 ó menor (se requerirá prueba de ingreso).

## HARRIS COUNTY SHERIFFS OFFICE



### Early Intervention Services

1200 Baker Street  
Houston, TX 77002-1206

MAIN . . . . . (713) 755-9252  
FAX . . . . . (713) 755-1246

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown

LEGEND . . . . . M, W, Free, Incarcerated, Esp  
HOURS . . . . . 24 hours

HCSO provides Early Intervention Services for inmates in the Harris County Jail. Services include assessment, education regarding disease and treatment, education and skills building to increase health literacy, establishment of THMP/ADAP eligibility (as applicable), care coordination with medical resources within the jail and service providers outside the jail, and discharge planning.

*HCSO provee servicios de intervención temprana para presos en la cárcel del Condado Harris. Servicios incluyen asesoramiento, educación sobre enfermedades y tratamientos, educación sobre el mantenimiento de una buena salud, elegibilidad de THMPIADAP, coordinación del cuidado de los recursos médicos dentro de la cárcel y con proveedores de servicios fuera de la cárcel, y ayuda con planes al estar en libertad.*

## HATCH

Mailing address:  
Montrose Counseling Center  
401 Branard Street, 2nd Floor  
Houston, TX 77006

MAIN . . . . . (713) 529-3590  
FAX . . . . . (713) 526-4367

WEB . . . . . www.hatchyouth.org  
EMAIL . . . . . info@hatchyouth.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose

LEGEND . . . . . Y, Free, Walk-ins

Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to become positive contributors to the community. Come hang out or participate; youth meetings every Tuesday at 5 pm, every Friday at 7 pm and every Sunday at 6 pm

## HEALTH INFORMATION HOTLINE (CDC)

24 HOURS . . . . . (800) CDC-INFO (232-4636)  
TTY . . . . . (888) 232-6348  
WEB . . . . . www.cdc.gov/hiv/  
EMAI . . . . . cdcinfo@cdc.gov  
LEGEND . . . . . All, Free, Esp

The Centers for Disease Control operates a 24 hour info line to answer questions regarding HIV/AIDS and how to protect yourself. The website includes HIV information by population as well as Questions & Answers, Fact Sheets, Brochures, Slide Sets, Podcasts, Software, Journal Articles, Newsletters, Reports and Recommendations & Guidelines.

## HEALTHCARE FOR THE HOMELESS-HOUSTON

Mailing address:  
PO Box 66690  
Houston, TX 77266

MAIN . . . . . (713) 276-3073  
FAX . . . . . (713) 739-1233  
WEB . . . . . www.homeless-healthcare.org

The mission of HHH is to promote health, hope and dignity for Houston's homeless through accessible and comprehensive care. For thousands of Houston's homeless men, women and children we provide a community oriented, primary care setting where they can address a wide variety of medical needs. We are the city's largest private healthcare provider of services exclusively designed for this vulnerable and marginalized population.

## Cathedral Clinic



1212 Prairie Street  
Houston, TX 77002

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown

LEGEND . . . . . All, Homeless, Free, Walk-in, Med  
HOURS . . . . . Mon-Wed 8am-5pm, Fri 8am-12pm, Sat 8am-12pm, Sun HOMES student-run clinic 9am-1pm

BUS ROUTES . . . . . 1, 5, 6, 9, 11, 15, 20, 24, 30, 52, 60, 66, 77, 80; Project Access bus; 2 blks from METRO light rail

## SEARCH Clinic



2505 Fannin Street  
Houston, TX 77002

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Midtown

LEGEND . . . . . All, Homeless, Free, Walk-in, Med  
HOURS . . . . . Mon-Thurs 8am-5pm, Fri 8am-12pm

BUS ROUTES . . . . . 1, 9, 11, 52, 78, METRO light rail

Services include primary care, psychiatry, mental health and substance abuse counseling, TB and STD testing, vision assistance, health education, case management, pharmacy, and information and referrals.

### HEIGHTS-STUDEWOOD PHARMACY



427 West 20th Street, Suite 105  
Houston, TX 77008

MAIN . . . . . (713) 869-2225  
FAX . . . . . (713) 869-0088  
EMAIL . . . . . studewoodpharmacy@sbcglobal.net  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Heights  
LEGEND . . . . . All, **HIV+ only**, Walk-ins, CD, Esp  
HOURS . . . . . Monday-Friday, 9am to 5:30pm  
BUS ROUTES . . . . . 34, 66

Full line prescription only pharmacy located centrally in Houston, in side a medical professional building. Free delivery within a 5 mile radius. Free mail order available. Accepts Texas HIV Medication program (ADAP) assignments; works with Legacy Community Health Services to provide copay reduction.

*La única farmacia ubicada en el centro de Houston en un edificio profesional médico que ofrece una línea completa de recetas médicas. Reparto gratis dentro del radio de 5 millas. Envío por correo sin costo. Se acepta ADAP; participa con Legacy Community Health Services para reducir el costo del copago.*

### HELPING OTHERS FOUNDATION FOR CANCER AND AIDS AWARENESS

Mailing address:  
PO Box 1  
Moreauville, LA 71355

MAIN . . . . . (318) 985-2004  
FAX . . . . . (318) 985-2112  
EMAIL . . . . . cancerandaids1@gmail.com  
LEGEND . . . . . All  
NEED FOR INTAKE . . . . . Proof of status

Provides referrals for individuals with breast cancer, confidential HIV testing, medical supplies and equipment, and counseling.

### HOSPICE CARE TEAM



1708 Amburn Road, Suite C  
Texas City, TX 77591

MAIN/24 HRS . . . . . (409) 938-0070  
FAX . . . . . (409) 938-1509  
TOLL FREE . . . . . (800) 545-8738  
WEB . . . . . www.hospicecareteam.org  
CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Texas City  
AREA SERVED . . . Galveston, Brazoria & SE Harris county

### Bereavement Services

LEGEND . . . . . All, Free Appt req  
HCT offers bereavement services to survivors. Individual and bereavement support groups are offered at various times and locations. Childs grief workshops are held in May, June and December. Camp Starlight is available in July. Mother's Retreat for grieving mothers is held in January.

### Hospice Services

LEGEND . . . . . All, Terminal diagnosis, Appt/Walk-ins, Med, S\$, Ins, CHIP  
HOURS . . . . . Monday-Friday, 8:00am-5:00pm; on-call nights and weekends  
NEED FOR INTAKE . . . Must have doctor's order to admit  
HCT provides medical, emotional, spiritual and bereavement services to individuals facing a life-limiting illness and their families. Services are provided wherever patients are spending their final days, whether in their own home, in a family member's home, hospital or in a nursing home. The hospice team helps patients live out their final days with dignity and with as much physical comfort as possible. Nurses are available 24 hours a day 7 days a week. Services are provided to all individuals that meet the criteria for hospice and their families regardless of ability to pay.

### HOUSTON AREA COMMUNITY SERVICES (HACS)



2150 West 18th Street, Suite 300  
Houston, TX 77008

MAIN . . . . . (713) 426-0027  
FAX . . . . . (713) 426-0211  
TOLL FREE . . . . . (866) 285-9373  
WEB . . . . . www.hacstxs.org  
EMAIL . . . . . info@hacstxs.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Timbergrove  
HOURS . . Monday-Thursday 9am-6pm; Friday 8am-5pm

Houston Area Community Services (HACS) is a Federally Qualified Healthcare Center (FQHC) that provides affordable, quality medical care, pharmacy, behavioral health and support services to individuals and families residing in Harris county and surrounding areas. HACS serves people with Medicare, Medicaid, CHIP, private insurance and all major credit cards. There is a sliding fee scale for the uninsured.

### Behavioral Health Services

LEGEND . . . . . Adults, S\$, Ins, Med, Appt req, Esp  
NEED FOR INTAKE . . . ID, proof of residence & income.  
Proof of HIV status for Ryan White funded services.

Substance abuse treatment is available on outpatient basis for those with substance abuse or chemical dependency issues. Mental health services consisting of individual, family or group therapy are available.

Tratamiento de abuso de sustancias se encuentra disponible en forma ambulatoria para personas con problemas de abuso de sustancias o dependencia de sustancias químicas. Servicios de salud mental se encuentran disponibles para individuales, familiares o en terapia de grupos.

### Health Care Center

LEGEND . . . . All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp  
NEED FOR INTAKE . . . . ID, proof of residence & income,  
Soc Sec card (if available). Proof of HIV status  
for Ryan White funded services.

Family practice, OB/GYN, internal medicine, pediatrics, pharmacy, HIV specialty care and psychiatry.

*Cuidado Médico primario, obstétrica/ginecóloga, medicina interna, pediatría, farmacia, cuidado especializado de VIH y psiquiatría.*

### Health Promotion Services

LEGEND . . . . . All (ages 13 & up), Free, S\$, Ins, Esp  
The prevention department offers HIV testing (rapid and conventional), syphilis and Hepatitis C testing. Additional STD testing is offered at the HACS health center. Referral services are provided.

*El departamento de Prevención ofrece pruebas de VIH (la prueba rápida y la convencional), pruebas de sífilis y del hepatitis C. Si se requiere, otros exámenes de enfermedades transmitidas sexualmente se ofrecen en el centro de salud de HACS. También se refiere a otros servicios en la comunidad.*

### Housing Services

AREA SERVED . . . . HOPWA: Austin, Brazoria, Chambers, Harris, Ft. Bend, Galveston, Liberty, Montgomery, San Jacinto & Waller counties; HUD: Harris county  
LEGEND . . . . . M, W, **HIV+ only**, Free, Appt Req, Esp  
NEED FOR INTAKE . . . . HOPWA-ID, proof of residence, income & HIV status. HUD-ID, documentation of homelessness and disability/disabling condition.

HOPWA funded programs include Tenant-Based Rental Assistance (TBRA) for rent or utility assistance and Permanent Housing Placement (PHP) which pays deposit and first months rent.

HUD funded programs include scattered site permanent supportive housing, YEAH! program for young adults ages 18-24, START program for transgender/gender-variant individuals and ONE ROOF program for families with at least one minor child.

*El programa patrocinado por HOPWA-- Tenant-Based Rental Assistance (TBRA) asiste con la renta o la luz/gas residencial y Permanent Housing Placement (PHP) asiste con el pago del depósito y el primer mes de renta.*

*Financiado por HUD, el programa incluye viviendas permanentes en localidades esparcidas; Programa YEAH! es para adultos jóvenes (edades 18-24); Programa START es para personas transgéneras/géneros variantes; y el Programa ONE ROOF es para las familias con (por lo menos) un menor.*

## HOUSTON AREA WOMEN'S CENTER



1010 Waugh Drive  
Houston, TX 77019

MAIN . . . . . (713) 528-6798  
FAX . . . . . (713) 535-6363  
TTY . . . . . (713) 528-3625  
TOLL FREE . . . . . (800) 256-0551  
SEXUAL ASSAULT HOTLINE . . . . . (713) 528-7273  
DOMESTIC VIOLENCE HOTLINE . . . . . (713) 528-2121  
WEB . . . . . www.hawc.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose  
AREA SERVED . . . . . Houston

LEGEND . . . . . W, Y, C, Free, Esp  
BUS ROUTES . . . . . 34, 48

Crisis intervention and telephone counseling for victims of sexual assault, incest and domestic violence. Individual and group counseling for victims of sexual assault, incest and domestic violence. Shelter, advocacy and support services for victims and their non-offending family and friends.

*Intervención de crisis y consejería por teléfono para víctimas de agresión sexual, incesto y violencia doméstica, consejería individual y de grupo para víctimas de agresión sexual, incesto y violencia doméstica. Refugio, abogacía y servicios de apoyo para víctimas y sus familiares y amistades no ofensivos.*

## HOUSTON CENTER FOR INDEPENDENT LIVING



6201 Bonhomme Road, Suite 105-S  
Houston, TX 77036

MAIN . . . . . (713) 974-4621  
FAX . . . . . (713) 974-6927  
TTY . . . . . (713) 974-4621  
WEB . . . . . www.coalitionforbarrierfreeliving.com

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Sharpstown

LEGEND . . . . . All, Free, Walk-ins  
HOURS . . . . . Monday-Friday, 8am-5pm  
BUS ROUTES . . . . . 81, 25

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer counseling and support, independent living skills training and development, information and referral, individual and systems advocacy, employment assistance for people with disabilities on SSI and/or SSDI, Deaf and hard of hearing services, computer access training classes, community-integration relocation services for people with disabilities living in nursing homes and support groups for men and women with disabilities.

### **Brazoria County Center for Independent Living**

1104-D East Mulberry  
Angleton, TX 77515

MAIN.....(979) 849-7060  
FAX.....(979) 849-8465  
TOLL FREE.....(888) 872-7957  
CITY SECTION..... South  
NEIGHBORHOOD..... Angleton

### **Fort Bend County Center for Independent Living**

12946 Dairy Ashford Rd, Suite 110  
Sugar Land, TX 77478

MAIN.....(281) 980-2219  
FAX.....(281) 980-2298  
TOLL FREE.....(888) 872-7957  
CITY SECTION..... Southwest  
NEIGHBORHOOD..... Sugar Land

### **HOUSTON COMPASS, INC.**

*Mailing address:*

1117 Texas Avenue  
Houston, TX 77002

MAIN.....(713) 229-8319  
FAX.....(713) 229-8560  
WEB.....www.houstoncompass.org

Compass is a small 501(c)3 nonprofit organization that gives compassionate direction toward employment & independence to our homeless and/or disadvantaged clients.

### **John S. Dunn Outreach Center**

1212 Prairie Street  
Houston, TX 77002

CITY SECTION..... Central  
NEIGHBORHOOD..... Downtown  
LEGEND.....All, Free  
HOURS.....Monday-Friday, 8am to 2pm  
first come, first served

BUS ROUTES.. 1, 5, 6, 9, 11, 15, 20, 24, 30, 52, 60, 66, 77,  
80; Project Access bus; 2 blks from METRO light rail  
NEED FOR INTAKE... ID is requested but not required

COMPASS provides a variety of services including assessment of needs, direction and guidance to those in crisis, information and referrals for basic needs, job search, medical care, mental health care, chemical dependency issues, legal assistance and more.

Transportation (local bus fare) for all of the above, and especially for job search. ID assistance, voice mail, toiletries, haircuts and reading glasses; employment counseling; Harris County Hospital District eligibility assistance for the homeless Monday-Friday mornings at 9am (10 people may apply each day, it is best to arrive early).

### **HOUSTON GLBT COMMUNITY CENTER**

1900 Kane Street  
Houston, TX 77007

MAIN.....(713) 524-3818

WEB.....www.houstonglbtcommunitycenter.org  
EMAIL.....info@hglbtcc.org

CITY SECTION..... Central  
NEIGHBORHOOD..... Memorial Pk/Washington  
AREA SERVED..... Houston

LEGEND..... Adults, Free  
HOURS..... Monday-Friday, 6pm to 9pm; Saturday-  
Sunday, 1pm to 5pm

BUS ROUTES..... 36, 85, 50, 40

Use Silver Street Entrance. Handicap Entrance on Lubbock.

The Center is an all-volunteer nonprofit organization located at the Historic Dow School in the Old Sixth Ward Historic District.

The mission is to empower, educate, and nurture individuals of diverse sexual orientations and gender identities, generating a sense of community by providing for their social, emotional and physical well being.

The Center HIV Support Group meets at 6pm-8pm on Thursdays.

### **HOUSTON HUMANE SOCIETY**

14700 Alameda Road  
Houston, TX 77053

MAIN.....(713) 433-6421  
FAX.....(713) 433-4325  
WEB.....www.houstonhumane.org  
EMAIL.....mail@houstonhumane.org

CITY SECTION..... South

Services include acceptance of animals, adoptions, cruelty investigations and humane education. Our Wellness Center provides spay/neuter surgeries at a low cost of \$30 + an office fee. We also do exams and vaccinations. Special services such as injured dogs/cats can also be seen. We are not an emergency clinic.

### **Burnie's Buddies**

LEGEND..... **HIV+ only**, Free, Referral Req, Esp  
HOURS..... Mon-Weds & Fri 10am-1:30pm; Thurs 10am-4pm;  
Sat-Sun 10am-2pm

NEED FOR INTAKE..... Proof of HIV status

Pet exams, medications and vaccinations at no charge.

*Proveen exámenes, medicamentos y vacunas gratis para las mascotas.*

### **Paw Prints**

LEGEND..... **HIV+ only**, Flat fee, Appt Req, Esp  
HOURS..... Monday-Wednesday, Friday, 10am-1:30pm  
NEED FOR INTAKE..... Proof of HIV status

The Paw Prints program assists qualified HIV/AIDS patients who must be hospitalized by providing temporary foster care and medical treatment for their pets.

*El programa Paw Prints (Huellas de Mascotas) asiste a pacientes elegibles, viviendo con el VIH y son hospitalizados, con el cuidado y tratamiento médico temporario de sus mascotas.*

## HOUSTON LAWYER REFERRAL SERVICE, INC.

1001 Fannin, Suite 1370  
Houston, TX 77002

MAIN . . . . . (713) 237-9429  
TOLL FREE . . . . . (800) 289-4577  
WEB . . . . . www.hlrs.org  
EMAIL . . . . . staff@hlrs.org  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown  
LEGEND . . . . . M, W, S\$, Esp

Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need. Houston Lawyer Referral Service is a community service project of the legal profession created to provide access to competent legal representation.

*Referencia a abogados e información. Asiste a definir el problema del individuo y ofrece referencia a servicios sociales. Houston Lawyer Referral Service es un proyecto de la profesión legal al servicio de la comunidad creado para proveer acceso a una representación legal competente.*

## HOUSTON REGIONAL HIV/AIDS RESOURCE GROUP



500 Lovett Boulevard  
Houston, TX 77006

MAIN . . . . . (713) 526-1016  
FAX . . . . . (713) 526-2369  
WEB . . . . . www.hivresourcegroup.org  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose  
AREA SERVED . . . . . Harris and surrounding counties

Administrative Agency that manages grants funds for Ryan White Part B, C (rural), D and DSHS State Services. Does NOT provide any direct client services.

## HOUSTON SRO HOUSING CORP.



2211 Norfolk, Suite 740  
Houston, TX 77098

MAIN . . . . . (713) 526-9470  
FAX . . . . . (713) 526-1849  
WEB . . . . . www.houscorp.com  
EMAIL . . . . . HOUSCORP@aol.com

### San Jacinto Apartments

1111 McIlhenny  
Houston, TX 77002

MAIN . . . . . (713) 650-0306  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown  
AREA SERVED . . . . . 10-County HOPWA service area  
LEGEND . . . . . **HIV+ only**  
HOURS . . . . . Monday-Friday, 8am to 5pm  
BUS ROUTES . . . . . 1, 11; near METRO light rail

SRO Housing, an activity of The Housing Corporation of Greater Houston, focuses on the housing needs of

the homeless, individuals and families with little or no income, and persons affected by HIV/AIDS or related diseases. These persons must have a strong network of supportive services in order to maintain residential stability. Our responsibilities include developing and maintaining a service-enriched environment at each community operated to serve SRO Housing. The properties include single room occupancy housing facilities for formerly homeless individuals and permanent housing communities for individuals and families affected by HIV/AIDS. SRO Housing is a very significant aspect of Houston's "continuum of care" for the formerly homeless and those affected by HIV/AIDS.

## HOUSTON VOLUNTEER LAWYERS PROGRAM



### AIDS Project

712 Main Street, Suite 2700  
Houston, TX 77002

MAIN . . . . . (713) 228-0735  
FAX . . . . . (713) 228-5826  
WEB . . . . . www.hvlp.org  
EMAIL . . . . . info@hvlp.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown  
AREA SERVED . . . . . Chambers, Ft. Bend, Harris, Liberty,  
Montgomery and Waller counties

LEGEND . . . . . M, W, Fam, **HIV+ only**, Free, Filing Fees  
if required by court, Esp  
BUS ROUTES . . . . . All routes going downtown;  
METRO light rail  
HOURS . . . . . Monday-Thursday, 10am to 2pm  
NEED FOR INTAKE . . . . . ID, Proof of income, residence  
and HIV status

Legal assistance in CIVIL matters only. Lawsuits for monetary damages are not accepted.

*Asistencia legal sobre temas CIVILES únicamente. No se aceptan pleitos que requieren ganancia monetaria.*

## HUMBLE AREA ASSISTANCE MINISTRIES (HAAM) SOCIAL SERVICES

1302 First Street  
Humble, TX 77338

*Mailing address:*  
PO Box 14051  
Humble, TX 77347

MAIN . . . . . (281) 446-3663  
FAX . . . . . (281) 446-2601  
WEB . . . . . www.haaministries.org

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Humble  
AREA SERVED . . . . . Zip codes 77336, 77338, 77339, 77345,  
77346, 77347, 77357, 77365, 77372, 77396, 77532

LEGEND . . . . . All, Fam, Free  
HOURS . . . . . Monday-Thursday, 10am to 2pm  
NEED FOR INTAKE . . . . . Photo ID, proof of residence  
& income

H.A.A.M. is an interfaith organization united with others in the community to serve the basic needs of those in financial crisis and provide assistance towards self sufficiency.

You are strongly encouraged to call Client Services before visiting. This will help you find out if you are eligible for help and what paperwork to bring. We cannot conduct phone interviews.

*Se solicita que usted llame antes de visitarnos para determinar si es elegible y cuáles documentos deberá traer a su primera cita. Tome en cuenta que usted deberá asistir a una cita antes de recibir asistencia. No damos entrevistas por teléfono.*

Client Emergency Services provides assistance with food, rent/mortgage, utilities and other basic needs.

*Servicios de emergencia para los clientes provee asistencia de comida, renta/hipoteca, luz/gas residencial y otras necesidades básicas. Homeless Assistance Program ofrece comida, baños/duchas para la higiene personal básica a miembros de la comunidad que no tienen vivienda.*

Homeless Assistance Program offers food, shower facilities and basic hygiene packs to community members who are displaced or homeless.

*El programa de asistencia para personas sin vivienda ofrece comida, baños/duchas y un paquete básico con accesorios de higiene a miembros de la comunidad que estén desplazados o no tengan vivienda.*

Employment Center helps unemployed and underemployed persons find work. If you are looking to improve your employment situation, we offer a trusting and supportive program.

*El Centro de Empleo asiste al desempleado y al trabajador con empleo deficiente a encontrar trabajo. Si busca mejorar su situación laboral, ofrecemos un programa confiable y de apoyo.*

Skills Classes/ Mentor Program offers resource classes that are geared toward strengthening budgeting and money management, employment readiness and individual autonomy. Adult Literacy classes include basic reading, writing and English as a second language. The Mentor Program links community members with clients in a supportive environment. The mentors provide guidance, support and encouragement.

*Clases de habilidades / Programa Mentor ofrece clases que ayuda a fortalecer el conocimiento del manejo del dinero y el presupuesto, preparación para el empleo, autonomía individual. Adult Literacy incluye clases en la enseñanza de la lectura y escritura básica, y el inglés. Mentor Program conecta al cliente con miembros de la comunidad mediante un mentor que ofrece guía, apoyo y ánimo.*

Child & Youth Program offers educational, vocational, recreational and developmental programs for children and youth.

*Programa de Niños y Jóvenes ofrece programas educacionales, vocacionales, recreacionales y de desarrollo para niños/niñas y jóvenes.*



## INTERFAITH CAREPARTNERS®



701 N. Post Oak Road, Suite 330  
Houston, TX 77024

MAIN/TTY..... (713) 682-5995  
FAX ..... (713) 682-0639  
WEB..... [www.interfaithcarepartners.org](http://www.interfaithcarepartners.org)  
EMAIL ..... [info@interfaithcarepartners.org](mailto:info@interfaithcarepartners.org)  
CITY SECTION..... West  
NEIGHBORHOOD ..... Memorial  
AREA SERVED..... Harris County  
LEGEND.....All, Free, Walk-ins, Accepts collect  
calls from rural clients, Esp  
HOURS .....Monday-Friday, 8am-5pm

### AIDS Care Team® Program

Congregation-based teams of volunteers trained by Interfaith CarePartners® to respond to many of the social, emotional and physical needs of people touched by HIV/AIDS. Care team members view themselves as friends and extended family who can assist people in their home. Other programs include Alzheimer's CareTeam®, Second Family CareTeam® for frail seniors and chronically ill adults, Kid's Pals CareTeam® (pediatric, non HIV) and Geriatric Care Management.

*Ofrecemos un equipo de voluntarios de congregaciones entrenado por Interfaith CarePartners® con el propósito de ayudar con muchas de las necesidades sociales, emocionales y físicas de las personas afectadas por el VIH/ SIDA. Los voluntarios son considerados amigos y una extensión de la familia del cliente y ayudan a personas en sus domicilios. También asisten a personas con demencia del Alzheimer, personas frágiles de tercera edad y adultos con enfermedades crónicas, Kid's Pals Care Team® (pediatría, no VIH) y en la administración del cuidado geriátrico.*

## INTERNATIONAL LANGUAGE ASSOCIATES

306 Highland, Suite B  
Houston, TX 77009

Mailing address:

PO Box 70084

Houston, TX 77270-0084

MAIN..... (713) 206-0910  
FAX ..... (713) 868-1193  
WEB..... [www.internationallanguageassociates.com](http://www.internationallanguageassociates.com)  
EMAIL ..... [ilatranslators@comcast.net](mailto:ilatranslators@comcast.net)  
AREA SERVED.....Texas  
LEGEND.....All, Flat fee, Appt Req  
HOURS ..... Monday-Sunday, 8am to 9pm

Provides onsite interpreters of all languages and most dialects. Includes legal, medical and technical background interpreters. We specialize in hard to find languages and dialects.

*Provee intérpretes de todos los idiomas, incluyendo interpretaciones legales, médicas y en general.*





### JACK'S APOTHECARY #2

8109 Cullen Boulevard  
Houston, TX 77051

MAIN..... (713) 733-7424  
FAX..... (713) 733-1885  
CITY SECTION..... Central  
NEIGHBORHOOD..... Astrodome/South Loop  
LEGEND..... All, Med, Walk-ins, CD  
BUS ROUTES..... 30, 87

### JEWISH FAMILY SERVICE



4131 S. Braeswood  
Houston, TX 77025

MAIN..... (713) 667-9336  
FAX..... (713) 667-3619  
WEB..... www.jfshouston.org  
CITY SECTION..... Central  
NEIGHBORHOOD..... Meyerland  
LEGEND..... M, W, All, S\$, Appt Req  
BUS ROUTES..... 68

Counseling: individual, couples and group therapy.



### LAMBDA CENTER

1201 W. Clay Street  
Houston, TX 77019

MAIN..... (713) 521-1243  
WEB..... www.lambdahouston.org  
CITY SECTION..... Central  
NEIGHBORHOOD..... Montrose  
BUS ROUTES..... 3, 34, 48

Alcoholics anonymous, Al-Anon and Crystal Meth Anonymous groups for gay, lesbian, bisexual and transgendered individuals and their friends. Check the website for current meeting dates and times.

### LAZARUS HOUSE: A CENTER FOR WELLNESS



4106 Austin  
Houston, TX 77004

MAIN..... (713) 526-5071  
FAX..... (713) 523-0379  
WEB..... www.thelazarushouse.org  
EMAIL..... questions@thelazarushouse.org  
CITY SECTION..... Central  
NEIGHBORHOOD..... Midtown  
LEGEND..... All, Flat fee, Ltd scholarships

HOURS..... Monday, Wednesday, Friday 7am-12pm,  
2pm-6pm; Tuesday & Thursday 8am-5pm;  
Saturday 8:30am-11:30am

BUS ROUTES..... 1, 60  
NEED FOR INTAKE..... Drivers license or ID, physicians  
phone/fax number

A unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related muscle loss through an integrated program of exercise, nutrition, mental and spiritual support.

### LEGACY COMMUNITY HEALTH SERVICES



Administration Office  
1415 California Street  
Houston, TX 77006

MAIN..... (832) 548-5000  
FAX..... (832) 548-5092  
WEB..... www.legacycommunityhealth.org  
EMAIL..... info@legacycommunityhealth.org

Legacy Community Health Services is a full-service Community Health Center that provides comprehensive, primary healthcare services to all Houstonians in a culturally sensitive, judgment-free and confidential environment. Legacy has specialized in HIV/AIDS testing, education, treatment and social services since the early 1980s.

We also provide care for other chronic health conditions like diabetes and high blood pressure. Generous financial support from individuals, businesses and charitable foundations allows Legacy to provide no-cost or low-cost healthcare services to nearly 40,000 men, women and children each year. As a Federally Qualified Health Center many of our services are offered on a sliding fee scale; Medicaid, Medicare and most health insurance plans are accepted.

### Baker-Ripley Clinic



6500-B Rookin (at Sandspoint)  
Houston, TX 77074

MAIN..... (713) 351-7350  
FAX..... (713) 351-7351  
CITY SECTION..... Southwest  
NEIGHBORHOOD..... Gulfton  
LEGEND..... All, Fam, S\$, Ins, Med, Esp  
HOURS..... Monday-Friday 7:30am-5pm  
BUS ROUTES..... 9, 47

Family practice/primary health care, psychiatry, counseling, family planning, dental care and social services.

*Medicina familiar/asistencia de salud primaria, psiquiatría, asesoreamiento, planificación familiar, cuidado dental y servicios sociales.*

## The Center for AIDS Information and Advocacy

1415 California Street  
Houston, TX 77006

MAIN . . . . . (713) 527-8219  
FAX . . . . . (713) 521-3679  
WEB . . . . . www.centerforaids.org  
EMAIL . . . . . info@centerforaids.org  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose  
LEGEND . . . . . All, Free, Esp  
HOURS . . . . . Monday-Friday, 9am to 5pm  
BUS ROUTES . . . . . 81, 82

One on one treatment consultations for HIV+ individuals; information on research, clinical trials and drugs in development. Publishes a patient newsletter, HIV Treatment Alerts. Offers support for medication adherence and smoking cessation. A program of Legacy Community Health Services since April 1, 2012.

*Boletín informativo que incluye tratamientos para pacientes en español, presentaciones a grupos incluyendo a hispanohablantes monolingües sobre tratamientos relacionados con el VIH.*

## Legacy Montrose Clinic

1415 California Street  
Houston, TX 77006

MAIN . . . . . (713) 830-3000  
FAX . . . . . (713) 830-3079  
WALGREENS . . . . . (713) 524-3494  
WALGREENS FAX . . . . . (713) 807-7629  
HOURS . . . . . Monday-Thursday 8am-7pm; Friday 8am-5pm  
PHARMACY HOURS . . . . . Monday-Thursday 9am-7pm;  
Friday 9am-5pm  
BUS ROUTES . . . . . 81, 82

Primary health care, HIV testing and counseling, STD screening and treatment, family planning, GLBT health-care, dental care, prevention education, counseling, vaccinations, psychiatry, eye care, glasses/contact lenses, nutritional counseling, personal training, social services and Walgreens Pharmacy. The financial assistance program offers people living with HIV/AIDS assistance with HIV and non-HIV medication costs, ADAP co-pays and health insurance copays and deductibles.

*Cuidado de salud primario, análisis del VIH y consejería, asesoramiento y tratamiento de ETS, planificación familiar, cuidado de salud a las personas gay, lésbicas, bisexuales y transgéneras, servicio dental, prevención, educación, consejería, vacunas, psiquiatría, cuidado de la vista, anteojos/lentes de contacto, consejos de nutrición, entrenamiento personal, servicios sociales, farmacia Walgreens. El programa de asistencia financiera ofrece ayuda con el pago de medicamentos, incluyendo los del VIH para las personas con el VIH/SIDA, los copagos de ADAP y los copagos y deducibles del seguro médico del paciente.*



## Lyons Avenue Health Center

5602 Lyons Avenue  
Houston, TX 77074

MAIN . . . . . (713) 671-3041  
FAX . . . . . (713) 670-9575  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Fifth Ward  
LEGEND . . . . . All, Fam, S\$, Ins, Med, Esp  
HOURS . . . . . Monday 8:30am-6pm; Tuesday-Friday  
8:30am-5:30pm  
BUS ROUTES . . . . . 11, 26, 27, 29, 30, 42, 80

Primary health care, family planning, psychiatry, counseling, STD testing and treatment, HIV testing, vaccinations and immunizations, diabetes care, nutritional counseling, eye care, prevention education, dental care, maternity care and social services.

*Asistencia de salud primaria, planificación familiar, psiquiatría, asesoramiento, investigación y tratamiento de enfermedades de transmisión sexual, prueba del VIH, vacunaciones y inmunizaciones, cuidado de diabetes, asesoramiento nutricional, clínica de ojos, cuidado dental, educación y ayuda, servicios sociales y maternidad.*



## Southwest Clinic

6441 High Star  
Houston, TX 77074

MAIN . . . . . (713) 779-6400  
FAX . . . . . (713) 779-9872  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Gulfton  
LEGEND . . . . . W, C, S\$, Med, Ins, Esp  
HOURS . . . . . Monday-Friday, 7:30am-4:30pm  
Pediatric Urgent Care: Monday-Friday 5pm-10pm;  
Saturday-Sunday 12pm-7pm  
BUS ROUTES . . . . . 9, 47

Pediatric care and after hours urgent care, obstetrics/gynecology (OB/GYN), vaccinations and immunizations, education, outreach, nutritional counseling and social services.

*Cuidado pediátrico y cuidado en urgencias pediátricas, obstetricia/ginecología (OB/GYN), vacunaciones y inmunizaciones, educación y ayuda, asesoramiento de nutrición y servicios sociales.*



## LIVE CONSORTIUM

Mailing address:  
PO Box 130897  
Houston, TX 77219

MAIN . . . . . (713) 861-5483  
FAX . . . . . (713) 861-5055  
WEB . . . . . www.LIVEconsortium.org  
EMAIL . . . . . contact@LIVEconsortium.org

## INSPIRE Mentor Program

This program is designed to support individuals who are directly or indirectly affected by HIV by offering a structured setting in which to develop beneficial educational and supportive relationships between individuals affect-

ed by HIV and trained members of INSPIRE. If you are looking for interpersonal support from a trained INSPIRE mentor, please email us at [INSPIRE@LIVEconsortium.org](mailto:INSPIRE@LIVEconsortium.org). A representative will contact you within 24 hours.

### HIV CURE Advocacy Program

We believe that combating HIV/AIDS stigma goes hand-in-hand with communicating to the public not only about the advancement of HIV/AIDS treatment, but also the developments in HIV CURE Research. Program goals include 1- educating the Houston community about recent advancements in HIV/AIDS treatment, medication and HIV Cure Research; 2- directing individuals to information on HIV treatment and medication from a variety of reputable scientific and educational sources; 3- partnering with area HIV/AIDS organizations, local hospitals and specialized clinicians to help educate the public on the availability of local and federal HIV/AIDS treatment and services; and 4- advocating for increased funding for finding an HIV CURE by mobilizing the Houston community to contact the federal government for support.

### SLATE Lecture Series

Series of educational talks and lectures targeted to the HIV affected community.

### University Anti-Stigma Campaign

Social marketing campaign that reaches out to institutions of higher learning to educate college students not only about HIV and the negative effects of stigma, but also about what they, as public policy leaders of tomorrow, can do to make a difference in lowering HIV incidence and prevalence rates by reducing the stigma associated with HIV. The month long campaign is comprised of meetings with student groups, students educating students, viral marketing in student newspapers, data gathering for research and a symposium or lecture on the campaign's last day: Anti-Stigma Day.

## LIVING WATER INTERNATIONAL APOSTOLIC MINISTRIES

6600 Laura Koppe Road  
Houston, TX 77016

MAIN . . . . . (281) 936-8175  
INTAKE . . . . . (832) 285-3976  
FAX . . . . . (281) 220-2229  
WEB . . . . . [www.livingwatersministry.net](http://www.livingwatersministry.net)  
EMAIL . . . . . [livingwateriam@att.net](mailto:livingwateriam@att.net)  
CITY SECTION . . . . . Northeast  
NEIGHBORHOOD . . . . . Trinity/Houston Gardens  
LEGEND . . . . . All, S\$, Med  
HOURS . . . . . Monday-Thursday, 6:30pm to 8:30pm  
BUS ROUTES . . . . . 5, 77

Living Water offers developmentally appropriate chemical dependency prevention education, treatment and support groups. Other services include home assistance, food, transportation, clothing and household items.

## LIVING WITHOUT LIMITS, LIVING LARGE INC.

6205 Los Angeles Street  
Houston, TX 77026

MAIN . . . . . (832) 545-5689  
EMAIL . . . . . [cysmith2003@yahoo.com](mailto:cysmith2003@yahoo.com)  
CITY SECTION . . . . . Northeast  
NEIGHBORHOOD . . . . . Trinity/Houston Gardens  
LEGEND . Infected/affected heterosexuals (M & W), Free  
HOURS . . . . . Friday, 7pm to 9pm  
BUS ROUTES . . . . . 1, 5, 23, 29, 52, 83

Living without Limits Living Large is a place where heterosexual people infected and affected with the diagnosis of HIV/AIDS can embrace everyday life with new beginnings and expectations.

### Monthly Meeting schedule:

1st Friday: . . . . . HIV/Education Support  
2nd Friday: . . . . . Singles/Couples Night  
3rd Friday: . . . . . Spiritual Support  
4th Friday: . . . . . HIV/Education Support  
5th Friday: . . . . . Social Gathering Night

All meetings begin at 7pm. We also have group sessions and workshops co-sponsored with other local agencies. Please call for more information.

## LOVE I.N.C. (IN THE NAME OF CHRIST)



1107 Fleetwood  
Baytown, TX 77520

Mailing address:  
PO Box 1116  
Baytown, TX 77522-1116

MAIN . . . . . (281) 422-5683  
FAX . . . . . (281) 427-7653  
EMAIL . . . . . [LoveInCnBaytown@verizon.net](mailto:LoveInCnBaytown@verizon.net)  
CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . . Highlands  
AREA SERVED . . . . . Zip codes 77520, 77521, 77562, 77580  
LEGEND . . . . . All, Free  
HOURS . Monday-Thursday, 9am-3pm; Friday 9am-noon  
Referrals to food pantries, diapers, gas vouchers (for verifiable appointments only) and prescription assistance (one time only, no pain or mind-altering drugs) for eligible low income persons.

## LOVE U FOUNDATION, INC.

Mailing address:

PO Box 300096  
Baytown, TX 77230

MAIN . . . . . (832) 646-3516  
WEB . . . . . www.loveufoundation.org  
EMAIL . . . . . safesex@loveufoundation.org

Our mission is to eradicate the stigma associated with HIV/AIDS, promote unity, healthy living and to provide a greater quality of life for individuals affected. We aspire to empower and impact people's life choices, attitude and thinking to diminish the epidemic affecting our communities worldwide. We currently offer support services and educational opportunities to those living with HIV/AIDS and the at-risk community.

### Blaze Youth Program

LEGEND . . . . . Y, Free

Offers support and educational opportunities for all youth regardless of HIV status; includes mentoring, health education and support groups. Call or check the website for upcoming events.

### Healthy U

LEGEND . . . . . All, Free

Opportunities for people living with HIV/AIDS and the at-risk community to learn and gain knowledge on the importance of good nutrition, supplements, diet and medication adherence. Call or check the website for upcoming events.

### Positively Lovely

Kelsey Seybold Clinic  
2727 W. Holcombe Blvd. Rm 21  
Houston, TX 77030

LEGEND . . . . . W, **HIV+ only**, Free, Walk-ins  
HOURS . . . . . 1st Tuesday of the month  
BUS ROUTES . . . . . 2, 18, 68

This program is available for all HIV+ women to provide spiritual and emotional support. Includes opportunities to improve health, build healthy relationships, career enhancement and spiritual growth.

### Put a Nail in It

LEGEND . . . . . Families

This program is for at-risk teenage girls and their parents. Provides education and information sessions for youth with an opportunity for parent and youth dialogue on important topics and provide support for these youth to maintain their purity.



## MAGNIFICAT HOUSES, INC.

Mailing address:

PO Box 25415  
Houston, TX 77265

MAIN . . . . . (713) 520-0461  
FAX . . . . . (713) 520-0461  
WEB . . . . . www.mhihouston.org  
EMAIL . . . . . magnificathouseinc@sbcglobal.net

Started in 1968, MHI offers refuge and hope to those in need by creating homes where people of different mental abilities, social backgrounds, religions and cultures can live together as a community. MHI provides a bridge back to the outside world and the confidence to cross it. We provide housing, food and an opportunity to integrate into Magnificat facilities and community life. We offer 24 hour supervision to assist with resident needs.

### Morning Star Hostel

3207 Austin Street  
Houston, TX 77004

INTAKE . . . . . (713) 529-0461

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Midtown  
AREA SERVED . . . . . Harris County

LEGEND . . . . . Adults, S\$, **HIV+ only**, I/RR, Walk-ins, Esp  
HOURS . . . . . 24/7  
BUS ROUTES . . . . . 1, 5, 11, 42, 60

Room, board and supervised living; staff member available 24 hours to assist with residents needs, referrals to needed services. Support with medical needs, bus fare to medical appointments, etc. Recreation and services with Magnificat House residents to integrate PLWH/A into Magnificat facilities and community life (i.e., celebrations, outings, etc.). Intake: Monday-Friday, 9am to 3pm.

*Intérprete disponible.*

### MEDCARE PEDIATRIC GROUP

12371 S. Kirkwood Drive  
Stafford, TX 77477

MAIN . . . . . (713) 995-9292  
TOLL FREE . . . . . (877) 995-9292  
FAX . . . . . (713) 779-0204  
WEB . . . . . www.medcarepediatrics.com  
EMAIL . . . . . info@medcarepediatrics.com

LEGEND . . C, Y, S\$, Med, Private pay, Ins, Appt Req, Esp  
MedCare Centers for Counseling and Play Therapy offer counseling and play therapy services to children, adolescents and adults at 4 Houston-area locations (Stafford, East Houston, Pasadena and Spring). We accept patients with many emotional, behavioral and social concerns. We accept many forms of health insurance, as well as private pay, and we also offer our services on a sliding scale. Call for intake.

### Medcare Pediatric Rehab Center

5624 E. Sam Houston Pkwy North  
Houston, TX 77015

CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . . Northshore



domicilio dentro de un radio de 5 millas del negocio.  
Análisis del colesterol, diabetes, PSA.

### Medcare Pediatric Rehab Center

5101 Preston Drive  
Pasadena, TX 77505

CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . Pasadena



### MEMORIAL ASSISTANCE MINISTRIES



1625 Blalock Road  
Houston, TX 77080-7320

MAIN . . . . . (713) 468-4516  
INTAKE . . . . . Extension 100  
FAX . . . . . (713) 468-4702  
WEB . . . . . www.helpherehelpnow.org  
www.mamjobsnetwork.org

CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Spring Branch  
AREA SERVED . . . . . Zip codes 77008, 77009, 77018, 77022,  
77024, 77037, 77039, 77040, 77041, 77043,  
77055, 77076, 77079, 77080, 77088, 77091, 77092

LEGEND . . . . . All, Free  
HOURS . . . . . Monday-Thursday, 9am-2:30pm;  
Friday 9am-11:30am

BUS ROUTES . . . . . 20  
NEED FOR INTAKE . . . . . Photo ID, proof of residence,  
copy of lease for rental assistance,  
late or disconnect notice for utility assistance.

Financial assistance: pledge made with vacate or disconnect notice; limited medication/prescription assistance; employment services; clothing: referral to resale shop; back to school clothing provided through Spring Branch ISD Counselors/social workers. Appointment required for rent or utility assistance.

*Asistencia financiera con nota de desalojo o desconexión; asistencia limitada para los medicamentos; servicios de empleo; referencias a tiendas de reventa de prendas de vestir; prendas de vestir para uso al colegio proveído a través de los trabajadores sociales/consejeros del Distrito Escolar Spring Branch. Se requiere cita para solicitar la asistencia de renta y los servicios públicos.*

### Medcare Pediatric Rehab Center

21004 I-45 North  
Spring, TX 77373

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Spring



### Medcare Pediatric Rehab Center

12371 S. Kirkwood Drive  
Stafford, TX 77477

MAIN . . . . . (713) 773-5100  
FAX . . . . . (713) 773-5151

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Stafford



Medcare Pediatric Rehab Centers offer occupational, physical and speech therapy and social work services. Assessments and treatment for developmental, speech and gross motor delays for children who may have autism, PDD, ADHD, cerebral palsy and other childhood disorders. Aquatic therapy (Stafford location only). Also offers home health therapy and nursing services, rehabilitation transportation, parent support group and English language classes.

*Medcare Pediatric Rehab Centers se ofrecen servicios de terapia ocupacional, física y del habla; servicios proveídos por trabajadores sociales; asesoramiento y tratamiento para el desarrollo, la terapia del habla y el retraso mental de las criaturas que pudieran tener autismo, PDD, ADHD, parálisis cerebral y/o cualquier otro desorden infantil, terapia acuática (solamente en la localidad de Stafford). También se ofrece terapia para la salud en el hogar, servicios de enfermería, rehabilitación, transportación, grupo de apoyo para padres y clases de inglés.*

### THE MEDICINE SHOPPE

900 S. Wayside Drive, Sutie 400A  
Houston, TX 77023-3418

MAIN . . . . . (713) 923-1621  
FAX . . . . . (713) 923-1622

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Lawndale  
LEGEND . . . . . All, Med  
BUS ROUTES . . . . . 26, 27, 36



### MEMORIAL HERMANN PREVENTION & RECOVERY CENTER (PARC)



3043 Gessner Road  
Houston, TX 77080

MAIN . . . . . (713) 939-7272  
FAX . . . . . (713) 329-7315  
TOLL FREE . . . . . (877) 464-7272  
WEB . . . . . www.mhparc.org  
EMAIL . . . . . parc@memorialhermann.org

CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Spring Shadows  
LEGEND . . . . . Adults, Adolescents, Flat fee, Ins,  
Private pay, Walk-ins, CD

HOURS . . . . . 24 hours  
BUS ROUTES . . . . . 36, 46

PaRC is a confidential, non-profit alcohol and drug treatment center. A center of excellence, the PaRC is a nationally recognized, freestanding program that offers alcohol, substance abuse and dual diagnosis treatment for both adolescents and adults. The program and staff provide the highest level of quality care in a confidential setting for those suffering from alcohol and drug-relat-

ed problems. The PaRC offers all levels of care: alcohol and substance abuse screening, medical detox, residential treatment, day treatment, outpatient services, family services and aftercare. The PaRC also offers Intensive Outpatient programs in Northwest and Central Houston, Clear Lake, The Woodlands and Sugar Land. The PaRC is open 24 hours a day, seven days a week.

## **MENTAL HEALTH MENTAL RETARDATION AUTHORITY OF HARRIS COUNTY**



7011 Southwest Freeway  
Houston, TX 77074

24 HOURS . . . . . (713) 970-7000  
TOLL FREE . . . . . (866) 970-4770  
WEB . . . . . www.mhmraharris.org  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Sharpstown  
AREA SERVED . . . . . Harris County

MHMRA of Harris County is a public agency providing community-based mental health and intellectual/developmental disability (IDD) services and support to Harris County residents. More than 1,900 staff deliver personalized care through 40+ programs and services to unserved and underserved populations with a range of mental disorders. The largest mental health and IDD authority in Texas, MHMRA of Harris County is a catalyst for positive change on a local, state and national level in mental health and IDD services and support.

Help is Available 24 Hours a Day 7 Days a Week. The MHMRA HelpLine direct calls and provides information relating to our services, conducts crisis intervention, suicide assessments and intervention, provides referrals when appropriate and gives telephone support to callers. To reach the HelpLine, please call 713-970-7000 or 1-866-970-4770.

### **Mental Health First Aid**

MAIN . . . . . (713) 970-3996  
FAX . . . . . (713) 970-3372  
LEGEND . . . . . All, Application, Fee  
HOURS . . . . . Scheduled as needed

You may know CPR but can you administer first aid in a mental health crisis? You are more likely to encounter a person in an emotional or mental crisis than someone having a heart attack. Mental disorders are more common than heart disease and cancer combined. The stigma surrounding mental illness often prevents people from seeking help or acknowledging that they need help, and if they do want help they don't know where to turn. Mental Health First Aid (MHFA) equips the public to help persons with mental illness connect to care.

Mental Health First Aid (MHFA) = the initial help given to someone showing symptoms of mental illness or mental health crisis (severe depression, psychosis, panic attack, suicidal thoughts/behaviors) until appropriate professional or other help can be engaged.

MHFA includes education, awareness and crisis intervention and it helps to decrease stigma in regards to mental

health. The program is the only evidenced-based program of its type in Harris County. MHFA is a highly interactive, 12-hour course delivered by a certified instructor that prepares members of the public to provide Mental Health First Aid to those in need

## **METHODIST CHILDREN'S HOME**

5005 Mitchelldale, Suite 119  
Houston, TX 77092

MAIN . . . . . (713) 682-8911  
TOLL FREE . . . . . (877) 716-8535  
FAX . . . . . (713) 682-4229  
WEB . . . . . www.methodistchildrenshome.org

CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Oak Forest/Garden Oaks  
LEGEND . . . . . \$, Appt Req, CD  
HOURS . . . . . Monday-Friday, 8am-5pm

Foster care agency. Voluntary foster care placements for families in crisis situations.

## **METRO HEALTH SERVICES**



9894 Bissonnet, Suite 325  
Houston, TX 77036

MAIN . . . . . (713) 777-9600  
FAX . . . . . (713) 777-9664  
EMAIL . . . . . metrohealthservices@gmail.com

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Westwood  
LEGEND . . . . . Adults, Med  
HOURS . Monday-Thursday, 9am-5pm; Friday 9am-2pm;  
Emergency/weekend 24 hrs

BUS ROUTES . . . . . 65, 68

Skilled nursing, home health aide, certified nursing assistant, physical therapy, occupational therapy, speech therapy, medical social worker, personal assistant services and durable medical equipment and supplies.

## **MICHAEL E. DEBAKEY VA MEDICAL CENTER**



2002 Holcombe Boulevard  
Houston, TX 77030

MAIN . . . . . (713) 791-1414  
FAX . . . . . (713) 794-7612  
INTAKE . . . . . (713) 794-7288  
APPOINTMENTS . . . . . (713) 794-8985  
PHARMACY . . . . . (713) 794-7648  
TOLL FREE . . . . . (800) 553-2278  
24 HOURS . . . . . (800) 639-5137  
WEB . . . . . www.houston.med.va.gov

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center  
LEGEND . . . . . M, W, Veteran, Walk-ins, Eligibility based  
on income, CD

BUS ROUTES . . . . . 1, 26, 27

Case management/social work; chemical dependency; outpatient treatment; HIV primary medical care; eye care; pension and compensation assistance; housing

assistance for homeless. Comprehensive Veteran health and wellness website: [www.myhealth.va.gov/](http://www.myhealth.va.gov/).

### **MONTROSE COUNSELING CENTER, INC.**



401 Branard Street, 2nd Floor  
Houston, TX 77006

MAIN . . . . . (713) 529-0037  
FAX . . . . . (713) 526-4367  
24 HOURS . . . . . (713) 529-3211  
VIDEO PHONE . . . . . (832) 413-6192  
WEB . . . . . [www.montrosecounselingcenter.org](http://www.montrosecounselingcenter.org)  
EMAIL . . . . . [mcc@montrosecounselingcenter.org](mailto:mcc@montrosecounselingcenter.org)

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose  
AREA SERVED . . . . . Chambers, Ft. Bend, Harris, Liberty,  
Montgomery & Waller counties

LEGEND . . . . . All, I/RR, Free, Walk-ins, **HIV+ only**, CD  
HOURS . . . . . Monday-Friday, 8am to 7pm  
BUS ROUTES . . . . . 78

CPCDMS registration, assistance linking to needed services, includes special needs for deaf/hard of hearing clients; Licensed outpatient chemical dependency treatment for gay, lesbian, bisexual, transgender (or very friendly) individuals and people of color; professional counseling by licensed therapists. Spanish and Chinese available.

*Inscripción del CPCDMS, asistencia para conectar al cliente con servicios que necesiten, incluyendo ayuda especial para la persona sorda/muda; tratamiento externo, acreditado e intensivo para la dependencia de sustancias para personas gays, lésbicas, bisexuales, transgéneras e individuos amistosos a dicha población. Terapia profesional proveído por terapeutas licenciados; servicio disponible en español y chino.*

### **Education and Prevention**

AREA SERVED . . . . . Brazoria, Chambers, Ft. Bend, Harris, Jefferson, Liberty, Montgomery, Walker and Waller counties

LEGEND . . . . . All, I/RR, Free, Appt Req, CD, Esp  
Education on HIV, substance abuse, TB, Hepatitis, cultural diversity, STIs, disclosure, negotiating safer sex, club drugs.

*Educación sobre una variedad de temas, incluyendo el VIH, abuso de sustancias, tuberculosis, hepatitis, enfermedades transmitidas sexualmente, drogas que se venden en las discotecas y bares, revelación del estado de la salud, diversidad cultural y métodos de negociación para prevenir enfermedades sexuales en la pareja.*

### **Incarcerated Outreach/Discharge Planning**

LEGEND . . . . . M, W, Incarcerated, Free, **HIV+ only**, CD  
Pre-release discharge planning for incarcerated within 6 weeks of release.

*Planeamiento pre-liberación para personas presas dentro del periodo de 6 semanas antes de ser liberadas de la cárcel o prisión.*

### **MOTHERLAND, INC.**



4040 Yale Street  
Houston, TX 77018

Mailing address:  
PO Box 924511  
Houston, TX 77292-4511

MAIN . . . . . (713) 290-0001  
FAX . . . . . (713) 290-0023  
24 HOURS . . . . . (713) 633-2255  
WEB . . . . . [www.motherlandinc.org](http://www.motherlandinc.org)  
EMAIL . . . . . [motherlandinc@sbcglobal.net](mailto:motherlandinc@sbcglobal.net)

CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Independence Heights  
AREA SERVED . . . . . Harris County

LEGEND . . . . . All, S\$, Med, Ins, CHIP, Appt/Walk-ins, Esp  
HOURS . . . . . Mon & Tues 8am-5pm; Weds-Fri 8am-8pm;  
Saturday 9am-5pm; Dental Clinic: Mon 8am-5pm  
BUS ROUTES . . . . . 66  
NEED FOR INTAKE . . . . . Photo ID, pay stubs, proof of address, birth certificate or Soc Sec card. All current medications taken must be reported at intake.

Motherland, Inc. dba Independence Heights Community Health Center (IHCHC) is a federally qualified health center which provides preventive/primary care services to the uninsured and underinsured.

### **Motherland Health Clinique**

Preventive/Primary care services: Immunizations, vaccinations, diabetes, hypertension, cancer screening, perinatal services, prenatal care-education, pregnancy prevention, mental health, oral health care, STD screening, HIV testing, TB screening, pediatrics and dental services.

*Servicios del cuidado preventivo/primario: inmunización, vacunas, diabetes, hipertensión, investigación de cáncer, servicio prenatal, educación/cuidado prenatal, prevención del embarazo, cuidado para la salud mental, cuidado de la salud oral, evaluación de enfermedades transmitidas sexualmente, prueba del VIH y la tuberculosis, pediatría y servicios dentales.*



### **NATIONSMED HEALTHCARE**



4677 Techniplex Drive  
Stafford, TX 77477

24 HOURS . . . . . (281) 240-4144  
FAX . . . . . (281) 240-4149  
TOLL FREE . . . . . (866) 251-3255  
WEB . . . . . [www.nationsmed.com](http://www.nationsmed.com)

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Stafford  
AREA SERVED Ft Bend, . . Harris, Montgomery, Brazoria,  
Galveston, Liberty, Waller, Chambers, Austin  
and San Jacinto counties.

LEGEND . . . . . Adults, Med, Ins

NationsMed HealthCare provides professional health care and rehabilitation services delivered in your home under the direction of your personal physician. We adjust our services to meet our clients' individual needs and emphasize the flexibility and reliability of our services. Services include nursing (certified wound care, physical therapy, occupational therapy and social work); infusion therapy (pharmacy); durable medical equipment; provider services/personal assistance. Spanish, Arabic, Urdu, Hindi and Chinese speaking staff.

### NEW HOPE COUNSELING CENTER



6420 Hillcroft Street, Suite 314  
Houston, TX 77081

*Mailing address:*

PO Box 740936  
Houston, TX 77274-0936

MAIN . . . . . (713) 776-8006  
FAX . . . . . (713) 776-8030

CITY SECTION . . . . . South  
NEIGHBORHOOD . . . . . Sharpstown  
AREA SERVED . . . Zip codes 77002, 77021, 77098, 77033,  
77035, 77004, 77006, 77080, 77082, 77091, 77060,  
77036, 77035, 77056, 77088, 77009, 77026, 77074

LEGEND . . . . . M, W, All, **HIV+ only**, Free, Walk-ins, CD  
HOURS . . . . . Monday-Friday, 6am-5pm  
BUS ROUTES . . . . . 9, 47, 163

Health education and risk reduction programs targeting youth, African American females and the general public; community based volunteerism; alcohol and drug abuse prevention and counseling; food pantry; short term rent, mortgage and utility payment assistance; supportive services for PLWH/A; internship, after school programs and Abstinence Education programs.

### NEW HORIZON FAMILY CENTER



*Address Confidential*

PO Box 1428  
Baytown, TX 77522

MAIN . . . . . (281) 424-3300  
INTAKE/24 HRS . . . . . (281) 422-2292

FAX . . . . . (281) 420-5773  
TOLL FREE/24 HRS . . . . . (800) 824-4807

WEB . . . . . www.newhorizonfc.org  
EMAIL . . . . . info@newhorizonfc.org

CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . . Baytown  
AREA SERVED . . . . . Dayton, Chambers, eastern Harris  
and Liberty counties

LEGEND . . . . . W, Y, C, Free, Appt Req, Lim, Esp  
HOURS . . . . . 24 hours  
NEED FOR INTAKE . . . . . None. Photo ID is helpful.

Emergency shelter and outreach services for survivors of domestic violence and sexual assault. Outreach services include: counseling, legal advocacy, community education and a 24 hour crisis hotline (talk about problems/voice concerns, information, referrals, intake). All services are provided free of charge.

*Hay administradores de casos de habla hispana y ayuda apoyo telefónico. Se dispone de traducción/interpretación en español para todos los servicios. Refugio de emergencia y servicios de apoyo para sobrevivientes de la violencia doméstica y asalto sexual. Los servicios de ayuda incluyen: consejero/a psicológico, consejo legal, educación comunitaria y asistencia telefónica las 24 horas del día. Todos los servicios son gratuitos.*

### NORTHSHORE COUNSELING CENTER



331 Freepoint  
Houston, TX 77015

MAIN . . . . . (713) 637-6000

FAX . . . . . (713) 637-6009

WEB . . . . . http://nshore.cc

EMAIL . . . . . northshorecc@yahoo.com

CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . . Northshore

LEGEND . . . . . All, Appt req, Med, CHIP, Ins, Esp  
HOURS . . . Monday-Friday 9am-7pm; Saturday 9am-2pm  
BUS ROUTES . . . . . 137 limited  
NEED FOR INTAKE . . . . . ID and insurance info

Northshore Counseling Center's mission is to promote, enhance and support the well-being of individuals and families in the Northshore area and surrounding communities of Crosby, San Jacinto and Channelview. Northshore Counseling Center is committed to operating a quality mental health care center by providing confidential, appropriate and responsive behavioral health care services for children, adolescents, adults, couples and families.

Individual, family and couples therapy including treatment, counseling and/or education for mood and anxiety disorders, ADHD, stress and anger management, marital conflict and divorce issues, parent-child conflict, trauma, domestic violence and substance abuse. Individual, family and couples counseling is offered Spanish.

*Terapia individual, de pareja, incluyendo tratamiento, consejería y/o educación sobre el cambio de estado de ánimo, trastorno de la ansiedad, ADHD, manejo del estrés y la ira, conflictos matrimoniales y temas de divorcio, conflictos de padres e hijos, trauma, violencia doméstica y abuso de sustancias.*

Other services include Intellectual, IQ and Adaptive Behavior Assessments/Tests, Academic Learning Competencies and Assessments and court-ordered anger management, substance abuse, decision making skills group and truancy classes; children's trauma group and grandparents support group.

*Otros servicios incluyen asesoramiento/análisis del intelecto, y la conducta adaptativa, competencia en aprendizaje académico, evaluación y manejo de la ira por orden judicial, abuso de sustancias, clases sobre la habilidad en hacer mejores decisiones y la ausencia injustificada en la escuela o el trabajo; grupo para niños/niñas con traumas, y de apoyo a abuelos/abuelas.*

The Battering Intervention and Prevention Program (BIPP) is designed to help adults who are aggressive or



intimidating toward their partner. The program teaches how to control anger, skills to manage negative thoughts and more. You can take the program if ordered by the court and likewise if you decide to end the violence in your home. Call for details.

*Battering Intervention and Prevention (BIPP) es un programa diseñado para ayudar a adultos agresivos y/o que intimidan a sus parejas. El programa enseña a cómo controlar la ira, maneras de lidiar con pensamientos negativos, y más. Inscríbese si la corte judicial lo requiere, o si desea eliminar la violencia en su casa. Llame para mayores detalles.*

## NORTHWEST ASSISTANCE MINISTRIES

15555 Kuykendahl Road  
Houston, TX 77090

MAIN . . . . . (281) 885-4555  
FAMILY VIOLENCE CENTER . . . . . (281) 885-4673  
FAX . . . . . (281) 583-5602  
WEB . . . . . www.namonline.org  
EMAIL . . . . . nam@namonline.org

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Bammel  
AREA SERVED . . . Zip codes 77014, 77032, 77038, 77050,  
77060, 77066, 77067, 77068, 77069, 77070, 77073,  
77086, 77090, 77373, 77379, 77386, 77388, 77389

LEGEND . . . . . Fam, Free, Appt Req, Esp

**Assistance Program:** Open weekdays from 10am-3pm and offers trained volunteer counselors to assess each clients' needs and match needs with the services available within NAM and in greater Houston. For those who qualify, in addition to counseling, the Assistance Program provides food, clothing, financial aid for housing payments, utility bills and transportation.

*El Programa de asistencia está abierto de lunes a viernes de 10am-3pm y ofrece la asistencia de consejeros voluntarios entrenados para evaluar las necesidades del cliente y proporcionar los servicios disponibles en NAM y en Houston. Para los que califiquen, el programa ofrece consejera, alimento, vestimenta, ayuda financiera para la renta, servicios públicos y transportación.*

**Children's Clinic:** Open Monday-Friday from 8:00 am to 4:30 pm (children's clinic closes at noon on the 3rd Friday of every month). It offers a full range of services, including well-child check-ups and acute care for children ages newborn through 18 years whose families have Medicaid, CHIP, are uninsured/underinsured or may not be eligible for government-funded programs. Physicians, nurses and a case manager work together to take into account the child's overall health, nutrition and home environment while emphasizing helping the whole family.

*La Clínica de Niños está abierta de lunes a viernes de 8:00am a 4:30pm y ofrece una variedad de servicios incluyendo una evaluación para el bienestar del niño/a y cuidado agudo para infantes recién nacidos hasta los 18 años de edad para las familias que tengan Medicaid, CHIP, no tengan seguro médico o poco seguro médico, o no sean elegible para otros programas de fondos guber-*

*namentales. Los médicos, enfermeros y administradores de casos trabajan en conjunto para cumplir con todas las necesidades del niño incluyendo nutrición y un ambiente hogareño con énfasis en ayudar a toda la familia.*

**Education Program:** Education is one of the basic tools with which clients can implement their plan for a better tomorrow. Classes for GED and ESL are offered through our Learning Center.

*El Programa de Educación es clave para que los clientes puedan implementar un plan para un mejor futuro. Se ofrecen clases de GED e inglés en nuestro centro educativo.*

**Family Violence Center (FVC):** Offers crisis and long-term support services to survivors of domestic violence. All services are provided at no cost. The crisis hotline is available 24 hours: 800-750-4673, other services include but are not limited to access to emergency shelter, peer advocacy, legal advocacy, support groups and counseling for those suffering abuse in their homes. Bilingual English-Spanish services and a speaker's bureau are available. In addition, the FVC is also committed to provide education and outreach to our community as we believe that only through education and support services can we break the cycle of violence.

*El Centro para la violencia en la familia (FVC) ofrece servicios de asistencia de crisis y a largo plazo a los sobrevivientes de violencia doméstica. Todos los servicios son gratuitos. La línea de ayuda telefónica está disponible las 24 horas del día llamando al 800-750-4673. Otros servicios incluyen acceso a refugios de emergencias, apoyo de compañeros/las, asistencia legal, apoyo en grupo y consejera a aquellas personas bajo abuso doméstico. Se ofrece servicio en español e inglés, y dispone de presentaciones por expertos invitados. Además de servicios de apoyo, el FVC se compromete a proveer educación y alcance a nuestra comunidad pues creemos que a través de la educación y los servicios de apoyo podemos romper el ciclo de la violencia*

## NORTHWEST COMMUNITY HEALTH CENTER

See Harris County Hospital District



## PALMER DRUG ABUSE PROGRAM

Administration Office  
Three Memorial City Plaza  
840 Gessner Road, Suite 1300  
Houston, TX 77024

MAIN . . . . . (281) 589-4833  
FAX . . . . . (281) 589-4834  
WEB . . . . . www.pdaphouston.org  
EMAIL . . . . . pdap@swbell.net

AREA SERVED . . . . . Harris County  
NEED FOR INTAKE . . . . . Please call location directly

The Palmer Drug Abuse Program (PDAP), the oldest substance abuse recovery program for youth in the Houston

community, has operated continuously since 1971 providing free substance abuse recovery services to youth ages 12-25 and their parents. Office hours: Monday-Friday, 2pm to 7pm.

The completely anonymous program provides 12-step support group meetings, crisis intervention, client assessments & referrals, individual and family counseling sessions, drug-free social and recreational activities and community education and prevention programs. These programs improve our neighborhood, our city and our schools by returning healthy kids to the community to become productive members of society.

\*Please note that there are no meetings held at the administration office.

**Age 12 to 17 Groups:**

**Cy-Fair/Katy  
Covenant Lutheran Church**  
3785 Barker Cypress Road  
Houston, TX 77084

MAIN . . . . . (281) 870-9311  
CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Addicks/Park 10  
LEGEND . . . . . Ages 12-17, Free, Walk-ins, CD, Esp  
Meetings are held on Wednesdays from 7:30-9pm. Services include 12-step support group meetings, crisis intervention, client assessment & referrals, individual and family counseling sessions, and drug-free social and recreational activities.

*Grupo de apoyo en español para los padres.*

**Midtown  
Council on Alcohol and Drugs – Houston**  
303 Jackson Hill Street  
Houston, TX 77007

MAIN . . . . . (281) 870-9311  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Heights  
LEGEND . . . . . Ages 12-17, Free, Walk-ins, CD  
Meetings are held on Tuesdays from 7:00-8:30pm

**Memorial/Spring Branch  
West Houston Community Center**  
725 Bateswood #200  
Houston, TX 77079

MAIN . . . . . (281) 870-9311  
CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Memorial  
LEGEND . . . . . Ages 12-17, Free, Walk-ins, CD, Esp  
BUS ROUTES . . . . . 131  
Meetings are held on Wednesdays from 7:30-9pm  
*Grupo de apoyo en español para los padres.*

**Spring/North Houston  
Holy Comforter Episcopal Church**  
2322 Spring Cypress Road  
Spring, TX 77388

MAIN . . . . . (281) 528-7908  
CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Spring  
LEGEND . . . . . Ages 12-17, Free, Walk-ins, CD  
Meetings are held on Mondays & Thursdays from 7:30-9pm

**Age 18 to 25 Groups:**



**Memorial/Spring Branch  
Emmanuel Episcopal Church**  
15015 Memorial Drive  
Houston, TX 77079

MAIN . . . . . (281) 795-9805  
CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Memorial  
LEGEND . . . . . Ages 18-25, Free, Walk-ins, CD  
BUS ROUTES . . . . . 131  
Meetings are held on Thursdays from 7:30-9pm

**Memorial/Spring Branch  
West Houston Community Center**  
725 Bateswood #200  
Houston, TX 77079

MAIN . . . . . (281) 795-9805  
CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Memorial  
LEGEND . . . . . Ages 18-25, Free, Walk-ins, CD  
BUS ROUTES . . . . . 131  
Meetings are held on Wednesdays from 7:30-9pm

**Midtown  
Council on Alcohol and Drugs – Houston**  
303 Jackson Hill Street  
Houston, TX 77007

MAIN . . . . . (713) 306-3325  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Heights  
LEGEND . . . . . Ages 18-25, Free, Walk-ins, CD  
Meetings are held on Tuesdays from 4:00pm-9:00pm. Services include 12-step support group meetings, individual and family sessions and recovery based social activities.

**Spring/North Houston  
Holy Comforter Episcopal Church**  
2322 Spring Cypress Road  
Spring, TX 77388

MAIN . . . . . (281) 857-7874  
CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Spring  
LEGEND . . . . . Ages 18-25, Free, Walk-ins, CD  
Meetings are held on Tuesdays from 7:30-9pm

## PAWS HOUSTON

### Pets Are Wonderful Support

5201 Memorial Drive, Suite 1162  
Houston, TX 77007

MAIN . . . . . (713) 840-7297  
FAX . . . . . (713) 840-7205  
WEB . . . . . www.pawshouston.org  
EMAIL . . . . . info@pawshouston.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Afton Oaks  
AREA SERVED . . . . . City of Houston

LEGEND . . . . . All, Free, S\$, Lim

Services for low income pet owners living with a terminal illness. Services include an animal food bank, subsidized veterinary care, volunteer pet care, grooming, and foster care when necessary. Provides Safe Pet Guidelines for clients as well as education of the medical and veterinary communities about the benefits and risks of animal companionship for people with medical and financial hardships.

*Servicio para las personas de bajos recursos con una enfermedad terminal quienes necesitan ayuda con sus animales domésticos. El servicio incluye alimento, cuidado médico subsidiario, cuidado proveído por un voluntario, aseo y cuidado temporario del animal cuando sea necesario. Además, ofrece educación sobre la seguridad del animal, y los beneficios y riesgos que corren las personas con dificultades médicas y financieras de tener un animal doméstico.*

## PET BEREAVEMENT COUNSELING SERVICES

2400 Westheimer, Suite 209 W  
Houston, TX 77098-1305

MAIN . . . . . (713) 522-8344

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Greenway/Upper Kirby

HOURS . . . . . By appointment

BUS ROUTES . . . . . 18, 81, 82

Offering comfort and support to individuals, families and groups whose lives have been altered due the death of a pet. Consultations, workshops and educational seminars are also available.

## PET PATROL

1809 W. 14 ½ Street  
Houston, TX 77008

MAIN . . . . . (281) 733-7696  
WEB . . . . . www.thepetpatrol.org

AREA SERVED . . . . . Eligible clients living inside the beltway.

LEGEND . . . . . All (low income & disabled), Free, S\$, Appt Req.

NEED FOR INTAKE . . . . . Proof of disability and financial status

A volunteer-based 501(c)3 organization that assists those affected by a chronic or life-threatening illness, or frail elderly, to keep their pets. Services include free or low cost pet food, basic veterinary care, foster care, spaying/neutering and more. Call for intake.

## PFLAG HOUSTON

### Meeting Location:

St. Paul's United Methodist Church  
5501 South Main at Binz  
Houston, TX 77004

### Mailing address:

PO Box 66834  
Houston, TX 77266-6834

MAIN . . . . . (713) 46P-FLAG  
(713) 467-3524

WEB . . . . . www.pflaghouston.org  
EMAIL . . . . . helpline@pflaghouston.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Hermann Park

LEGEND . . . . . All, Free

HOURS . . . . . 1st Sunday each month at 1:30pm-4pm  
(except holidays-check website)

BUS ROUTES . . . . . 1, 8, 65, METRO light rail

The mission of PFLAG (Parents, Friends and Family of Lesbians and Gays) Houston is to:

Support Families - working to keep families in loving relationships by helping them understand and affirm their gay, lesbian, bisexual or transgendered family members.

Educate the Public - seeking to dispel the myths and misinformation by working with educators, community and religious groups, the media and the general public.

Advocate for Equality - calling for equal human and civil rights.

PFLAG provides opportunities for dialog about sexual orientation and gender identity, and acts to create a society that is respectful of human diversity.

The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom -- the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message. Check our website for information about our general meetings and support groups in Clear Lake and Upper Kirby.

Your call is very important to us, but if you are not in the Houston area, we suggest first looking for a chapter in your area by going to the PFLAG National web site at [www.pflag.org/chapters/find.html](http://www.pflag.org/chapters/find.html). However, don't hesitate to call us if you cannot find help elsewhere.

Folletos en español, reuniones de grupos pequeños. Por favor llame primero para informarnos de sus necesidades.

## PLANNED PARENTHOOD GULF COAST



4600 Gulf Freeway  
Houston, TX 77023

MAIN . . . . . (713) 522-3976  
FAX . . . . . (713) 535-2432  
TOLL FREE . . . . . (800) 230-PLAN (7526)  
WEB . . . . . www.pphouston.org  
EMAIL . . . . . information@ppgulfcoast.org  
LEGEND . . . . . M, W, Y, Free, Walk-ins, Esp

Planned Parenthood Gulf Coast is a leading non-profit provider of reproductive health care, sexuality education and advocacy for reproductive health care access and rights. Since 1936, we've been working to ensure that all women, men and teens have access to safe, affordable health care and accurate information. With a network of health centers in Houston and Southeast Texas, we help people get the health care they need so they can live and love the way they want to.

HIV testing and counseling, STD testing and treatment, birth control, well-woman exams, information about pregnancy options and related services.

*Pruebas y asesoramiento de VIH, pruebas y tratamiento de enfermedades de transmision sexual para hombres y mujeres, control de natalidad, exámenes anuales y informacion sobre opciones de embarazo.*

## POSITIVE BROTHERS UNITED



401 Branard Street  
Houston, TX 77006

MAIN . . . . . (713) 454-7548  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Montrose  
LEGEND . . . . . M, HIV+ only, Free, Walk-ins  
BUS ROUTES . . . . . 78

Positive Brothers United is a support network for GLBT men who are HIV+. Our mission is to support, encourage and inspire other brothers to live a happy and healthier life. We offer a support group every Friday at 6pm; daily emails and reminders; holiday and birthday celebrations; education, prayer support and friendship.

## POSITIVE EFFORTS



7135 W. Tidwell Road  
Bldg. M, Suite 102  
Houston, TX 77092

MAIN . . . . . (713) 812-0044  
FAX . . . . . (713) 957-1542  
WEB . . . . . www.positiveefforts.com  
EMAIL . . . . . positive\_efforts@sbcglobal.net  
CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Langwood  
LEGEND . . . . . Adults, Walk-ins, Free, CD  
HOURS . . . . . Monday-Friday, 9am-5pm  
BUS ROUTES . . . . . 45

HIV and Syphilis testing, counseling and referrals; health and risk reduction education, SISTA Project (Sisters Informing Sisters About Topics on AIDS) social skills training intervention aimed at reducing HIV sexual risk behavior among African American women at highest risk; Voices/Voces (Video Opportunities for Innovative Condom Education and Safer Sex) single-session, video-based program for the prevention of HIV and other STDs; speaker bureau; community outreach.

## PRESBYTERIAN CHILDREN'S HOME & SERVICES



### Child and Family Program

5020 W. Bellfort  
Houston, TX 77035

MAIN . . . . . (713) 721-2908  
FAX . . . . . (713) 721-2909  
WEB . . . . . www.pchas.org  
CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Willow Meadows/Willow Bend  
LEGEND . . . . . All, Free  
HOURS . . . . . Monday-Friday 8am-5pm  
BUS ROUTES . . . . . 8, 10

PCHAS serves children and families who are facing a crisis such as death, divorce, illness, violence, homelessness, alcohol/drug abuse and other situations. The Child and Family program addresses their physical, emotional, social, educational, spiritual and financial concerns while working to keep families together, removing the barriers that can prevent families from receiving the services they need. Services are provided at no cost to families in need. Child and family programs providing crisis intervention and family preservation services, in-home family assessment, parenting skills and support, teaching and building life skills, family and individual counseling, and collaboration with community social services to assist families with all their needs. The goal is to address issues before a crisis results in out-of-home placement of children.

## PRIMARY HEALTH NETWORK OF SOUTH TEXAS

### Office of Dr. Hunter A. Hammill

7400 Fannin Street, Suite 1118  
Houston, TX 77054

MAIN . . . . . (713) 799-8994  
FAX . . . . . (713) 799-9931  
WEB . . . . . www.hunterhammillmd.com  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center  
LEGEND . . . . . W, All, Med, Ins, Appt Req, Esp  
HOURS . . . . . Monday & Wednesday, 9am to 5pm;  
Tuesday & Thursday, 9am to 1pm  
BUS ROUTES . . . . . 14, 73

OB/GYN services: Prenatal care for pregnant, HIV+ women; gynecologist, well woman exams, all inpatient and outpatient care for women. Also involved in clinical trials. Dr. Hammill has delivered babies for more than 1,000 HIV+ pregnant patients and has taken care of more than 3,000 HIV+ women for gynecological care.

*Servicio ginecológico y obstétrico: cuidado prenatal para la mujer embarazada, mujer VIH+, examen para el bienestar, cuidado del paciente interno y externo. Además, ensayos clínicos. Dr. Hammill ha asistido en el parto de más de 1,000 pacientes embarazadas con el VIH, y más de 3,000 pacientes con el VIH han estado bajo su cuidado ginecológico.*

**PSA HEALTHCARE**

6575 West Loop South Suite 500  
Bellaire, TX 77401-3521

MAIN . . . . . (832) 325-1280  
 FAX . . . . . (832) 325-1287  
 TOLL FREE/24 HRS . . . . . (800) 682-7998  
 WEB . . . . . www.psakids.com  
 CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Bellaire  
 LEGEND . . . . . C/Y (ages 0-18), Med, Ins, Appt req, Esp  
 BUS ROUTES . . . . . 39

Services include pediatric private duty nursing, occupational therapy, physical therapy and speech therapy. No skilled nurse visits.

*La oficina administrativa provee apoyo a las enfermeras de servicio privado y terapia ocupacional, terapia física y terapia del habla. Algunos en servicio hablan español.*



**REBOTH FOUNDATION, INC.**

7707 Bissonnet, Suite 106  
Houston, TX 77074

*Mailing address:*  
 PO Box 710402  
 Houston, TX 77271

MAIN . . . . . (713) 484-5850  
 FAX . . . . . (713) 270-4110  
 WEB . . . . . www.reboothfoundation.org  
 EMAIL . . . . . reboothf@yahoo.com  
 CITY SECTION . . . . . Southwest  
 NEIGHBORHOOD . . . . . Braeburn  
 LEGEND . . . . . M, W, Y, Fam, I/RR, CD, Referral required  
 BUS ROUTES . . . . . 65

Rebooth Foundation is a nonprofit organization with a focus on community assistance and development programs; employment assistance: vocational education, skills assessment, workplace skills training; community education programs: computer literacy, financial literacy, health literacy, GED and other relevant capacity building and leisure learning programs; entrepreneurship and small business development programs (start up mentoring and coaching).

**RESURRECTION METROPOLITAN COMMUNITY CHURCH**

2025 West 11th Street  
Houston, TX 77008

MAIN . . . . . (713) 861-9149  
 FAX . . . . . (713) 861-2520  
 WEB . . . . . www.resurrectionmcc.org  
 EMAIL . . . . . ChurchOffice@ResurrectionMCC.org  
 CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Heights  
 LEGEND . . . . . All, Appt Req, ID  
 HOURS . . . . . By appointment only  
 BUS ROUTES . . . . . 40

Food pantry for HIV+ persons by appointment only: 713-861-9149, Ext 103. Sunday worship service at 9am and 11am. Offering spiritual direction to anyone seeking assistance with their spiritual growth.

**ROSENBERG-RICHMOND HELPING HANDS, INC.**



902 Collins Road  
Richmond, TX 77469

*Mailing address:*  
 PO Box 1268  
 Richmond, TX 77406

MAIN . . . . . (281) 232-4904  
 FAX . . . . . (281) 232-8050  
 WEB . . . . . www.roserichhelpinghands.org  
 EMAIL . . . . . hhfoodnb@comcast.net  
 CITY SECTION . . . . . Southwest  
 NEIGHBORHOOD . . . . . Richmond  
 AREA SERVED . . . . . Zip codes 77417, 77421, 77441, 77444, 77451, 77461, 77464, 77469, 77471, 77476, 77481

LEGEND . . . . . All, Free, Walk-ins  
 HOURS . . . . . Monday-Thursday, 10am-2:30pm  
 NEED FOR INTAKE . . . . . ID, proof of address

**Food Pantry:** We receive a large amount of food from food drives and also purchase items so that our clients can be assured of getting a well-balanced variety of foods.

**Clothing:** Thanks to the generosity of the community, we have an abundance of most kinds of clothing.

**School Supplies:** During the summer we have a special program for providing supplies to children who might otherwise go to school without any. We also have supplies on hand year round and can dispense them when there is a need.

**Referrals:** If we cannot help with a problem, we can make referrals to someone who can. We have a list of agencies and organizations that offer assistance.

## RYAN WHITE PLANNING COUNCIL OFFICE OF SUPPORT

2223 West Loop South, Suite 240  
Houston, TX 77027

MAIN . . . . . (713) 572-3724  
FAX . . . . . (713) 572-3740  
TTY . . . . . (713) 572-2813  
WEB . . . . . www.rwpcHouston.org  
EMAIL . . . . . feedbackRWPC@hctx.net

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Galleria

Each year, the RWPC prioritizes service categories and allocates federal funds for medically-related services to people living with HIV/AIDS. All meetings and processes are open to the public and community input is encouraged at all levels. The meeting calendar, Council publications and a wealth of other information is available on our website. The Office of Support publishes needs assessments, comprehensive plans and other planning documents as well as the Houston Area HIV Resource Guide, commonly known as "The Blue Book" and a mini Blue Book that is available to inmates in the Harris County Jail and Texas Department of Criminal Justice.

The Office of Support hosts a 17 week training called Project L.E.A.P. (Learning-Empowerment-Advocacy-Participation), a comprehensive advocacy training program for HIV+ individuals residing in Harris and the surrounding counties. The goal of the program is to train PLWHA to become active participants in local HIV/AIDS prevention and care services planning activities by serving on a planning body, such as the Houston Ryan White Planning Council or the City of Houston Prevention Planning Group (PPG).



## SALVATION ARMY, HOUSTON AREA COMMAND

### Social Services

2208 Main Street  
Houston, TX 77002

MAIN . . . . . (713) 658-9205  
FAX . . . . . (713) 658-9206  
WEB . . . . . www.salvationarmyhouston.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown

AREA SERVED . . . . . Harris and surrounding area (EXCEPT Galveston, Pasadena and Ft. Bend county)

LEGEND . . . . . All, Free, Esp  
HOURS . . . . . Monday-Thursday, 8:00am-3:30pm;  
Friday 8:00am-11:30am

BUS ROUTES . . . . . 1, 9, METRO light rail

Emergency assistance with food, rent/mortgage, water bill and clothing. Please call for intake.

*Asistencia de emergencia con alimentos, renta/hipoteca, cuenta de agua y prendas de vestir.*



## SANTA MARIA HOSTEL

2605 Parker Road  
Houston, TX 77093

MAIN . . . . . (713) 691-0900  
FAX . . . . . (713) 691-0910  
WEB . . . . . www.santamariahostel.org

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Eastex/Jensen

LEGEND . . . . . W, W with C, I/RR, CD, Free, Appt Req  
BUS ROUTES . . . . . 39

Santa Maria Hostel is a non-profit organization with over 50 years of experience serving women. The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives. Santa Maria serves women age 18 and up who reside in Harris or one of the 12 surrounding counties.

Provides residential substance abuse treatment programs for women and women with children ages 0-12; outpatient substance abuse treatment programs for women; transitional housing for up to one year; programs for homeless women/homeless women with children ages 0-12 years, Veterans and HIV+.

Santa Maria treatment and housing clients also benefit from many additional services including: integrated mental health services for clients with co-occurring disorders, case management, counseling, parenting and life skills classes, educational and vocational services, peer-to-peer recovery coaching, court liaison services and childcare and transportation assistance.

## SEARCH



2505 Fannin Street  
Houston, TX 77002

MAIN . . . . . (713) 739-7752  
FAX . . . . . (713) 739-7706  
WEB . . . . . www.searchhomeless.org  
EMAIL . . . . . info@searchhomeless.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Midtown

LEGEND . . . . . All, Free, I/RR, Walk-ins, CD, Homeless, Esp  
HOURS . . . . . Monday-Friday, 8am-4pm

BUS ROUTES . . . . . 1, 11, 9, 52, 78, METRO light rail

SEARCH operates a one-stop shop for individuals and families who are homeless. We offer street outreach and a day shelter which provides showers, laundry facilities, phone and mail services, breakfast and hot lunch. Other services available are employment assistance, ABE classes and GED preparation. Housing is focused on scattered-site living for persons with disabling conditions. SEARCH also operates an accredited early childhood development center.

*SEARCH ofrece servicios a individuos y familias sin vivienda, incluyendo un servicio de alcance en las calles de la ciudad. Ofrece baños/duchas, lavandería, teléfono y servicios de correo, desayuno, y almuerzos calientes. Además, ofrece asistencia en la búsqueda de empleos, clases de ABE y preparación para el GED. Hay vivienda*

adicional en ubicaciones esparcidas para las personas con condiciones de discapacidad. Administran un centro acreditado de desarrollo temprano para niños/niñas.

**HHH (Healthcare for the Homeless Houston) Clinic:** Services include general care and podiatry, as well as psychological and psychiatric services. You must have a homeless letter (from an organization other than SEARCH) to access these services and you cannot have any form of health insurance already (i.e. hospital district eligibility, Medicaid/Medicare, etc.). If you do not have an appointment you may be able to access the clinic as a walk-in. Please note, however, that SEARCH staff never knows when the clinic will be accepting walk-ins.

*Healthcare for the Homeless Houston, es una clínica que ofrece cuidado general y podiatría, y servicios psicológicos y psiquiátricos. Para recibir servicios, la persona debe obtener una carta de una agencia que no sea SEARCH, y no debe tener seguro médico (así como Medicaid/Medicare, o del distrito hospitalario). Uno puede llegar a SEARCH a obtener servicios sin cita, aunque tener cita es preferible.*

**HHH Dental Clinic:** Provides APPOINTMENT ONLY dental care to clients that do not have any form of insurance (hospital district eligibility, Medicaid/Medicare, etc.), have a homeless letter (from an organization other than SEARCH) and have passed a medical screening in the HHH health clinic. Dental appointments are only made after someone has had a physical examination in the medical clinic.

*La clínica dental ofrece cuidado dental con cita solamente para las personas que no tengan seguro médico (así como Medicaid/Medicare, o del distrito hospitalario), la persona debe obtener una carta de una agencia que no sea SEARCH y debe haber aprobado una evaluación en la clínica médica de SEARCH. Se le dará una cita dental solamente después que haya recibido una examinación médica.*

**House of Tiny Treasures Childcare Center**   
1529 Lombardy  
Houston, TX 77023

MAIN . . . . . (713) 923-7938  
FAX . . . . . (713) 923-7940  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . East End  
LEGEND . . . . . C (ages 1-5)  
HOURS . . . . . Monday-Friday, 7am-5:30pm

An early childhood education program for children 1 to 5 years that provides developmentally-focused childcare for pre-school age children while their parents attend classes and begin working. Most families are residing in area shelters and other housing programs. Nutritious meals, education and intensive art, play and speech therapy fulfill student needs. HTT is Houston’s most recognized therapeutic center dedicated to providing this unique clientele with essential opportunities to prepare young children to succeed in school.

**SER JOBS FOR PROGRESS  
OF THE TEXAS GULF COAST, INC.**



201 Broadway  
Houston, TX 77012

MAIN . . . . . (713) 773-6000  
FAX . . . . . (713) 773-6010  
TOLL FREE . . . . . (866) 285-4003  
WEB . . . . . www.serhouston.org  
EMAIL . . . . . info@serhouston.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . East End

LEGEND . . . . . All, Free  
HOURS . Monday-Thursday, 8am-5pm; Friday 8am-12pm  
BUS ROUTES . . . . . 38, 50

NEED FOR INTAKE . . . Short application, initial assessment  
SER provides employment, training and social services to the Gulf Coast region’s diverse communities.

The Financial Opportunity Center helps individuals with improving their overall financial condition including employment, credit and budgeting. Employment coaching and career exploration augments the Community Job Bank to provide referrals to serious job seekers. SER also offers GED classes during the evening hours and two types of vocational training-Health Information Specialist for individuals 18 to 21 and Green Core Construction training for individuals interested in working in the construction industry. In addition, SER provides soft skills and resume services as well as referrals to individuals who need additional services to become “job ready”.

SER also serves older workers. SCSEP is a paid employment training program for ages 55 and older to learn new job skills and re-enter the workforce. SCSEP offers training in computers, job readiness, on the job experience, online applications and more. SER is a “THRIVE” agency and works with other United Way affiliates to connect individuals to additional services. All programs are at no cost to the job seeker. Please call for details.

*El Centro de Oportunidad Financiera asiste a personas a mejorar sus condiciones financieras, incluyendo el obtener empleo, crédito y un plan de presupuesto. La instrucción y preparación en la búsqueda de un empleo y/o carrera ayuda al Banco de Trabajo Comunitario a proveer referencias para aquellos serios en encontrar trabajo. Además, SER ofrece clases de GED durante horas nocturnas, y dos tipos de entrenamientos vocacionales---*  
1) *Especialistas en Información de la Salud a personas de edades 18 a 21, y 2) de Construcción para personas interesadas en la industria constructora. SER también provee entrenamiento en habilidades personales que contribuyen al ámbito profesional, así como la comunicación e interacciones entre personas, y asistencia en la preparación del currículum vitae de personas preparándose en la búsqueda de un empleo.*

*SER también ayuda a trabajadores de la tercera edad. SCSEP es un programa pagado de entrenamiento para personas de 55 años de edad y mayores que quieran aprender un nuevo oficio y regresar al trabajo. SCSEP ofrece*

entrenamiento en computadoras, preparación para el inicio de un nuevo trabajo, entrenamiento durante el trabajo, formas y solicitud en el internet, y más. SER es una agencia "THRIVE" y trabaja con otras agencias afiliadas a United Way para conectar a individuos a servicios adicionales. Todos los programas son gratuitos a los que buscan trabajo. Por favor llame para mayores detalles.

### Employment Website

LEGEND..... All, Free  
 HOURS ..... 24 hours  
 NEED FOR INTAKE ..... Register online for an account

Those who register at [www.serhouston.org](http://www.serhouston.org) can search for a job in the Houston area.

### SIGN LANGUAGE ACCESSIBLE INTERPRETERS

(Accessible Signs)

PO Box 10126  
 Houston, TX 77206-0126

MAIN..... (713) 263-9670  
 FAX..... (713) 263-9737  
 24 HOURS..... (713) 501-8273  
 VIDEO PH/TTY..... (832) 413-6186  
 WEB..... [www.accessiblesigns.com](http://www.accessiblesigns.com)  
 LEGEND..... All, Flat fee  
 HOURS ..... 24 hours

Sign and foreign language interpreters, oral interpreters and information and referral for the deaf and hard of hearing community. English, ASL and oral communication available. Interpreters are available 24-hours a day and many are trained in HIV/AIDS. CART and capturing services are available.

### SIGN SHARES

99 Detering, Suite 160  
 Houston, TX 77007

24 HRS V/TTY/VIDEO..... (713) 869-4373  
 FAX..... (713) 869-8463  
 V/TTY/VIDEO..... (713) 869-4373  
 VIDEO RELAY..... IP 72.16.240.118  
 WEB..... [www.signshares.com](http://www.signshares.com)  
 LEGEND.... All, Flat fee, DARS DHHS funding available  
 HOURS ..... 24 hours

Sign language, oral interpreting and transliteration services. Specialty in medical, legal, technical and special events. Services also available for foreign sign language users and trilingual (Spanish) events. Services available 365 days/24 hours to all sectors and venues. Remote services are available to compatible clients. Services include trilingual English/ASL/Spanish and services to Deaf and hard of hearing immigrants of Spanish speaking countries.

*Servicios del habla por señas, interpretación oral y traducción. Especializados en el área médica, legal, técnico, eventos especiales, el habla por señas utilizados en otros países, y en eventos trilingües (español). Estos servicios están disponibles las 24 horas del día, 365 días del año. Conferencia en video disponible con una cita para los clientes compatibles.*

### SISTERS OF SERENITY

4202 Alvin Street  
 Houston, TX 77051

MAIN..... (713) 738-4015  
 FAX..... (713) 738-6977  
 WEB..... [www.sistersofserenity.org](http://www.sistersofserenity.org)

### Gene's House

MAIN..... (713) 738-5558

CITY SECTION..... South  
 NEIGHBORHOOD..... Sunnyside  
 AREA SERVED..... Houston and surrounding area

LEGEND..... W, **HIV+ only**, S\$, Lim  
 BUS ROUTES..... 52

Sisters of Serenity is dedicated to offering direct services for people in need while creating social change within the community through education. Sisters of Serenity is a Houston based non-profit organization dedicated to providing a safe transitional home to those living with HIV/AIDS. Program services include Medication Assistance, Social Services, Transportation as related to illness, Counseling, Food Pantry, Clothing Closet, Education, Spiritual Guidance and an AIDS Resource Library with Internet access. Call for intake.

### SOCIAL SECURITY ADMINISTRATION

24 HOURS..... (800) 772-1213  
 TTY..... (800) 325-0778  
 WEB..... [www.ssa.gov](http://www.ssa.gov)

Use the automated telephone service to get recorded information and conduct some business 24 hours a day. If you cannot handle your business through the automated service, you can speak to a Social Security representative between 7 am and 7pm Monday through Friday. Generally, you'll have a shorter wait time if you call during the week after Tuesday. If you are deaf or hard of hearing, call the toll-free TTY number between 7 am and 7pm Monday through Friday.

*Tendrá acceso a nuestros servicios telefónicos automatizados que le proveen información pre-grabada y llevar acabo algunos de sus asuntos las 24 horas del día. Si no puede concluir sus asuntos a través de nuestros servicios automatizados, puede hablar con uno de nuestros agentes entre las 7:00 am y las 7:00 pm, de lunes a viernes. Por lo general, su tiempo de espera será más corto si nos llama después del martes. Si es sordo o tiene problemas de audición, llame a nuestro número gratis TTY, entre las 7:00 am y las 7:00 pm, de lunes a viernes.*

### SOUTH SIDE PHARMACY



7700 Main Street  
 Houston, TX 77030

MAIN..... (713) 660-8890  
 FAX..... (713) 661-4828  
 TOLL FREE..... (888) 660-6337  
 WEB..... [www.ssr.com](http://www.ssr.com)  
 EMAIL..... [inquire@ssrx.com](mailto:inquire@ssrx.com)



CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Braeswood  
LEGEND . . . . . All, Esp  
HOURS . . . . . Monday-Friday 8am-9pm; Saturday 9am-3pm  
BUS ROUTES . . . . . 4, 8, 10

South Side Pharmacy provides an environment of collaboration when working with patients, physicians and care providers. Our "team approach" assures you that your health is our number one concern. It is our mission to focus on services resulting in improved patient care. Located 1/2 mile from the Texas Medical Center.

South Side Pharmacy is a full service retail pharmacy providing comprehensive pharmacy care to individuals on maintenance medications as well as international patients. Pharmacists are specifically trained in high risk conditions and managed complex medication therapies. South Side Pharmacy accepts over 350 insurance plans including ADAP, and has competitive cash prices. Free local delivery available.

Other services provided include intravenous therapy and injectables, specialty compounding, convenient infusion suites with the comforts of home, home medical equipment, home health services and patient education.

*South Side Pharmacy es una farmacia que ofrece un servicio completo de venta de medicamentos al por menor para clientes locales e internacionales. Los farmacéuticos están entrenados específicamente para condiciones de alto riesgo y administran terapias complejas de medicamentos. Se acepta más de 350 planes de seguro incluyendo ADAP, y los precios son competitivos. Se ofrece reparto local gratis.*

*Además, se ofrece servicios de terapia intravenosa e inyectables, una serie de habitaciones convenientes y cómodas, provisiones médicas para la casa, servicios de salud en la casa y educación al paciente.*

### **SOUTH SIDE INFUSION-DME**



7700 Main Street  
Houston, TX 77030

MAIN . . . . . (713) 660-8888  
FAX . . . . . (713) 661-4828  
TOLL FREE . . . . . (888) 660-6337  
WEB . . . . . www.ssr.com  
EMAIL . . . . . inquire@ssrx.com

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Braeswood  
AREA SERVED . . . . . Harris, Brazoria, Chambers, Ft. Bend,  
Liberty, Galveston, Montgomery, Walker,  
Waller and Wharton counties

LEGEND . . . . . All, Med, Ins, Wrk Comp, Esp  
HOURS . . . . . Monday-Saturday 9am-5pm  
BUS ROUTES . . . . . 4, 8, 10

At SouthSide Infusion-DME we provide a variety of home medical equipment and accept all major insurance. Items provided include diabetic supplies and shoes, walkers and rollators, commode and shower chairs, oxygen, CPAP, BiPAP, nebulizers, internal feeding and suction, wheelchairs, hospital beds, airless mattress and wound

care as well as orthopedic braces, catheter supplies and incontinence supplies.

*En South Side Infusion-DME ofrecemos una variedad de provisiones médicas para la casa, y aceptamos los mayores seguros médicos. Las provisiones incluyen accesorios y zapatos para el diabético, andaderas, inodoro y sillas para la bañera, oxígeno, CPAP, BIPAP, nebulizador, alimentación interna y succión, sillas de ruedas, camas de hospital, colchón sin aire, cuidado de lesión, braguero ortopédico, accesorio de catéter e incontinencia.*

### **SOUTHEAST AREA MINISTRY**



2102 Houston Boulevard  
South Houston, TX 77587

Mailing address:  
PO Box 267  
South Houston, TX 77587-0267

MAIN . . . . . (713) 944-0093  
FAX . . . . . (713) 944-2157  
WEB . . . . . www.southeastareaministries.com  
EMAIL . . . . . southeministries@sbcglobal.net

CITY SECTION . . . . . Southeast  
NEIGHBORHOOD . . . . . South Houston  
AREA SERVED . . . . . Zip codes 77504, 77587, 77017, 77034,  
77061, 77075, 77087, 77089 and  
77012 south of Braes Bayou

LEGEND . . . . . All, Fam, Walk-ins, Free  
HOURS . . . . . Monday-Thursday, 9:30am-1:30pm  
NEED FOR INTAKE . . . . . Picture ID, SS numbers,  
proof of residence

S.E.A.M. is a coalition ministry providing assistance to families and individuals in South Houston, southeast Houston and southwest Pasadena.

Food, used clothing and household items; financial assistance for housing, utilities and prescriptions; school uniforms, shoes and supplies; Christmas gifts for children under 16. Gas vouchers available for verifiable appointments for job related trips or doctor appointment.

*Alimentos, prendas de vestir de segunda mano y artículos para la casa, ayuda financiera para el alquiler, recetas médicas, uniformes escolares para niños/la menor de 16 años de edad, vales para gasolina para asistir a citas médicas o entrevista de trabajo bajo verificación.*

### **SPAY-NEUTER ASSISTANCE PROGRAM (SNAP)**

PO Box 70286  
Houston, TX 77270

MAIN . . . . . (713) 862-3863  
FAX . . . . . (713) 880-3172  
TOLL FREE . . . . . (800) 762-7762  
WEB . . . . . www.snapus.org  
EMAIL . . . . . info@snapus.org

The SNAP mission is to prevent the suffering and death of dogs and cats due to overpopulation and preventable disease, especially in low-income areas.

## SNAP Animal Aid Program Spay-Neuter and Animal Wellness Clinic

1801 Durham Drive, Suite 1  
Houston, TX 77007

INTAKE ..... (713) 863-0010  
FAX ..... (713) 863-8964

LEGEND..... Free, Low cost, Walk-ins, Esp  
HOURS .. Monday & Tuesday 10am-6pm; Wednesday &  
Thursday 12pm-9pm; Friday & Saturday 9am-6pm

BUS ROUTES..... 26  
NEED FOR INTAKE .. Proof of disability, status & income

Through our Animal Aid Program, SNAP provides free spay/neuter procedures and discounted wellness care for dogs and cats living with qualified families affected by HIV/AIDS. There is a limit of 2 animals per family. Individuals interested in applying for the Animal Aid Program should contact a SNAP representative at the administrative office Monday-Friday, 9am to 5pm: 713-862-3863.

*A través de nuestro programa Animal Aid, SNAP provee esterilización gratis y descuento de bienestar para los perros y gatos que viven con familias que califican afectadas por el VIH/SIDA. Limite de 2 animales por familia. Personas interesadas en aplicar para el programa Animal Aid debera ponerse en contacto con un representante de SNAP a las oficinas de administración, Lunes-Viernes de 9am-5pm, al 713-862-3863.*

## Spay-Neuter Mobile Program

INTAKE ..... (713) 522-2337

CITY SECTION..... All  
AREA SERVED..... Harris County

LEGEND..... Free or low cost, first come-first served

Call for dates and locations. Free spay or neuter procedure on mobile unit. To qualify for free services, clients must bring Texas-issued identification and proof of participation in one of the following needs-based public assistance programs: food stamps, CHIP, free lunch program (public schools), Harris County Hospital District Gold Card, HUD Section 8 Housing, TANF, major VA disability, Medicaid, SSD, SSI or WIC.

## SPECIAL TREASURES INC.



3030 Jensen Drive  
Houston, TX 77026

MAIN..... (281) 352-7754  
INTAKE ..... (832) 215-6086  
EMAIL .....sockseduprevention@yahoo.com

CITY SECTION..... Central  
NEIGHBORHOOD ..... Fifth Ward  
BUS ROUTES..... 6

## SOCKS-SAVING OUR COMMUNITY KIDS...SENIORS

AREA SERVED..... Zip codes 77016, 77020, 77026,  
77078, 77093

LEGEND..... All, I/RR, Free, Walk-ins, Call for intake.  
HOURS .....Monday-Friday

We provide HIV/AIDS prevention education and HIV/AIDS linkage services.

We also offer the "Focus on Youth" program impacting at risk African-American youth between the ages of 12 and 24. Our program goal is to give young people the knowledge and skills needed to protect themselves from acquiring HIV/AIDS or any other sexually transmitted infection. We also provide complimentary programs for their parents.

Other services include assistance to those recently released from incarceration with referrals to needed services. Referrals are given to all clients as needed.

## ST. HOPE FOUNDATION



6200 Savoy, Suite 540  
Houston, TX 77036

MAININTAKE ..... (713) 778-1300  
FAX ..... (713) 778-0827

TRANSPORTATION..... (713) 778-0358  
WEB.....www.offeringhope.org

CITY SECTION..... Southwest  
NEIGHBORHOOD ..... Sharpstown  
AREA SERVED..... Houston and surrounding counties

LEGEND... All, I/RR, Free, Walk-ins/Appt, **HIV+ only**, Esp  
HOURS ... Monday-Thursday, 8am-5pm; Friday 8am-12pm

BUS ROUTES..... 81, 132  
NEED FOR INTAKE Proof of income, residence & status,  
Soc Sec card, photo ID, Medicaid/Medicare if valid

**Medical Case Management:** Medical Case Management for people living with HIV/AIDS. The team consists of a nurse, several case managers and service linkage staff who have extensive experience in educating and monitoring the clients adherence to their treatment regimen. In addition, the team will coordinate and link clients to various support services within the community.

**Outreach (targeting African Americans):** The goal of the H.O.P.E. (Helping-Others-Pursue-Empowerment) Street Outreach team is to identify and link traditionally underserved and hard-to-reach HIV positive African Americans into the system of care for HIV/AIDS. The primary emphasis of this program is enrolling clients into medical care and link them to various services (i.e., transportation, case management, mental health and substance abuse counseling, etc) as it relates to their needs. Outreach services are short-term (60 days) and intensive. Prevention Health Education/Risk Reduction: Through funding from the City of Houston, the Foundation provides community level intervention services to targeted zip codes in the Northeast area of Houston. The prevention staff performs aggressive and unconventional street outreach methods to reach individuals at-risk of becoming infected with STDs/HIV. In addition, the prevention program works with Houston Area Community Services (HACS) to facilitate educational groups under the SISTA program funded by the Texas Department of Health.

**Transportation (Urban & Rural):** Vehicle and van-based transportation services are provided to persons living with HIV/AIDS. All transportation requests are prioritized with medical appointments being top priority. Trip requests must be scheduled at least 48 hours prior to the date of the trip. A limited supply of emergency taxi vouchers are available to clients with identified severe

needs. Only URBAN transportation clients must have a medical waiver prior to service.

*Administración médica de casos para personas con el VIH/SIDA; programa enfocado al alcance de la población afroamericana; educación de prevención/reducción de riesgo en ciertas zonas del noreste de Houston; y transportación para personas con el VIH/SIDA. Los viajes deben ser solicitados con por lo menos 48 horas de anticipación. Boletos para utilizar el taxi son limitados a pacientes con necesidades severas. Solo los clientes del condado Harris deben tener una referencia médica antes de utilizar el servicio de transportación.*

### B.R.O. IV L.I.F.E.



6800 West Loop South, Suite 590  
Bellaire, TX 77401

MAIN . . . . . (713) 884-8032  
FAX . . . . . (713) 884-8034

LEGEND . . . . . M (age 16 & up), Free, Walk-ins, Esp  
HOURS . . . . . Monday-Thursday, 9am to 8pm  
BUS ROUTES . . . . . 2

Many Men, Many voices sessions (3MV), d-Up Training, Real Talk sessions, relationship support, community advisory board and other social/community events.

*Sesiones por Muchos Hombres, Muchas de Voces (3MV), entrenamiento de D-arriba, las sesiones Verdaderas de Conversación, apoyo de relación, la junta consultiva de la comunidad y otros acontecimientos de la social/comunidad.*

### Dental Clinic-Rural



1414 South Frazier, Suite 105/106  
Conroe, TX 77301

INTAKE . . . . . (713) 778-1300

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Conroe  
AREA SERVED . . . . . Rural counties

LEGEND . . . **HIV+ only**, Free, Med, Referral req, Appt req  
HOURS . . . . . Call for appointment  
NEED FOR INTAKE . . . . . Proof of income, residence and status

The dental clinic offers a full range of dental services for people living with HIV/AIDS.

*La clínica dental ofrece una gama completa de servicios dentales para las personas que viven con VIH/SIDA.*

### Medications Program



6200 Savoy, Suite 540  
Houston, TX 77036

MAIN . . . . . (832) 319-7610  
FAX . . . . . (832) 319-7611

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Sharpstown

LEGEND . . . . . **HIV+ only**, Free, Med, Ins  
HOURS . . . . . Monday-Friday, 8am-5pm  
BUS ROUTES . . . . . 81, 132

Pharmacy.

Farmacia. Se dispone de personal que habla español.

### St. Hope Foundation Bellaire Clinic



6800 West Loop South, Suite 560  
Bellaire, TX 77401

MAIN . . . . . (713) 839-7111  
FAX . . . . . (713) 839-7156

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Bellaire

LEGEND . . . . . M, W, All, I/RR, Free, Med, Ins,  
Appt/Walk-ins, Esp

HOURS . . . . . Monday-Thursday, 8am to 5pm  
BUS ROUTES . . . . . 2

NEED FOR INTAKE . . . Proof of income, residence & status,  
Soc Sec card, photo ID, Medicaid/Medicare if valid

**Primary Medical Care:** Since 2001, the Foundation has been providing comprehensive medical care to patients living with HIV/AIDS in rural counties. St. Hope Clinic has an expert medical team with over 20 years of experience in the treatment and management of HIV/AIDS. Thus, patients are able to receive the highest quality of medical care to improve and sustain the maximum quality of life. The clinic is able to serve patients with Medicaid, Medicare, Private Insurance, and Uninsured (through Ryan White funds).

**Health Education & Risk Reduction:** Secondary prevention and education for persons living with HIV/AIDS.

Hepatitis A/B/C, HIV & STD Testing: Provided to HIV+ or at-risk individuals. The clinic uses the new 20-minute OraQuick test for HIV

**Cuidado médico primario:** Desde el año 2001, la fundación ha estado ofreciendo una cuidado médico completo a las personas con VIH/SIDA en los condados rurales. La Clínica St. Hope tiene un equipo médico experto con más de 20 años de experiencia en el tratamiento y el manejo del VIH/SIDA. Por lo tanto, los pacientes pueden recibir la más alta calidad en atención médica para mejorar y mantener una máxima calidad de vida. Aceptamos Medicaid, Medicare, seguro médico privado, y los que no tienen seguro médico (a través de fondos Ryan White). Educación de la salud y reducción de riesgo: prevención secundaria y educación para personas con VIH/SIDA.

**Análisis de la Hepatitis A/B/C, VIH, y ETS (enfermedades transmitidas sexualmente):** proveídos a personas con el VIH o a individuos de alto riesgo. Utilizamos el análisis OraQuick para el VIH con resultados en solo 20 minutos.

### St. Hope Foundation Conroe Clinic



1414 South Frazier, Suite 105/106  
Conroe, TX 77301

MAIN . . . . . (936) 441-2440  
INTAKE . . . . . (936) 249-5020

CITY SECTION . . . . . North  
NEIGHBORHOOD . . . . . Conroe

AREA SERVED . . . . . Montgomery, Waller and Harris counties; Huntsville.

LEGEND . . . . . All, **HIV+ only**, I/RR, Free, Med, Ins,  
Appt Req, Esp

HOURS . . . . . Monday, Wednesday 8am-4pm

NEED FOR INTAKE .Proof of income, residence & status;  
Soc Sec card, Photo ID, Medicaid/Medicare if valid  
HIV medical care clinic. Full range of dental services.  
*Clínica médica del VIH. Se ofrece la gama completa de servicios dentales.*

**St. Hope Foundation Stafford Clinic**



4915 South Main, Suite 110  
Stafford, TX 77477

MAIN . . . . . (281) 277-8572  
FAX . . . . . (281) 277-8564

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Stafford  
AREA SERVED . . . . . Chambers, Ft. Bend, Liberty and  
SW Harris (outside Beltway 8) counties

LEGEND . . All, I/RR, Free, Med, Appt Req, **HIV+ only**, Esp  
HOURS . . . . . Tuesday/Thursday, 8am to 1pm

NEED FOR INTAKE .Proof of income, residence & status,  
Soc Sec card, photo ID, Medicaid/Medicare if valid

HIV medical care clinic.

*Clínica médica del VIH.*

**ST. MARY MAGDALENE SOCIAL SERVICES**



527 South Houston Avenue  
Humble, TX 77338

MAIN . . . . . (281) 540-1907  
CITY SECTION . . . . . North

NEIGHBORHOOD . . . . . Humble  
AREA SERVED . . . . . Zip codes 77346, 77396, and 77338  
east of Lee Road

LEGEND . . . . All, Free, Walk-ins, Lim, Proof of residence  
HOURS . . . . .Monday, Wednesday, Friday 10am-12pm  
or first 12 families in line

NEED FOR INTAKE .Valid Texas DL or ID, rent agreement  
or mortgage payment coupon, all household income,  
last report card for all school aged children in home

Food pantry, utility/rental assistance (only with termina-  
tion, disconnect or eviction notice, once a year); referrals  
for other needs.

**ST. PIUS V CATHOLIC CHURCH**



824 Main Street  
Pasadena, TX 77506

MAIN . . . . .(713) 473-9484, Ext. 316  
FAX . . . . .(713) 473-2731  
WEB . . . . .www.stpiusV.com

CITY SECTION . . . . . East  
NEIGHBORHOOD . . . . .Pasadena  
AREA SERVED . . . . .Pasadena, South Houston, Deer Park  
and Galena Park

LEGEND . . . . . Fam, Free, Lim  
HOURS . . . . . Tuesday & Wednesday, 2pm to 4pm

NEED FOR INTAKE . . . . . Photo ID, proof of residence,  
Soc Sec card or birth certificate for all  
household members needing food.

Food pantry. May return every 60 days if needed.

**STAR OF HOPE**

Administration Office  
6897 Ardmore Street  
Houston, TX 77054

MAIN . . . . . (713) 748-0700  
FAX . . . . . (713) 748-5941  
WEB . . . . .www.sohmission.org

**Men's Development Center**

1811 Ruiz  
Houston, TX 77002

MAIN . . . . . (713) 227-8900  
FAX . . . . . (713) 227-5703

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Downtown

LEGEND . . . . . M, Walk-ins, Lim, Free, CD  
BUS ROUTES . . . . . 30, 6

Emergency shelter program for homeless men provid-  
ing three meals per day. Extended stay (6 months)  
substance abuse program with spiritual emphasis, case  
management and licensed chemical dependency coun-  
seling; transitional living center, career development,  
education (tutoring, GED assistance), and clinic 4 days  
a week (including vision clinic). Must acquire ID after 5  
days or forfeit services.

*Refugio de emergencia para hombres sin vivienda incluy-  
endo tres comidas diaria. Estadía por 6 meses, programa  
para el abuso de sustancias con énfasis espiritual, manejo  
de casos y consejería sobre la dependencia de sustan-  
cias, centro de vivienda de transición, desarrollo de una  
profesión, educación (tutoría, asistencia con el GED) y  
clínica disponible 4 días a la semana, cuidado de la vista.  
Se debe obtener tarjeta de identidad después de 5 días  
para continuar recibiendo servicios.*

**Transitional Living Center for Women and Families**

6801 Ardmore Street  
Houston, TX 77054

MAIN . . . . . (713) 748-7242  
FAX . . . . . (713) 748-0891

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . MacGregor

LEGEND . . . . . W, Fam, Lim, Free, Esp  
BUS ROUTES . . . . . 26, 27, 87

Intensive 12-month recovery program consisting of case  
management, education, substance abuse recovery,  
mental health counseling, spiritual growth, employment  
assistance, life management skills and development.  
Facility accommodates 45 single women and 66 families.

*Programa intensivo de recuperación de 12 meses de  
duración, manejo de casos, educación, abuso de sus-  
tancia, consejería de salud mental, desarrollo espiritual,  
asistencia en la búsqueda de empleo, habilidad con el  
manejo de la vida diaria. La localidad acomoda a 45  
mujeres solteras y 66 familias.*

**Women and Family Shelter**

419 Dowling  
Houston, TX 77002

MAIN . . . . . (713) 222-2220  
 FAX . . . . . (713) 222-1046  
 CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Second Ward  
 LEGEND . . . . . W, Fam, Lim, Free, Esp  
 BUS ROUTES . . . . . 3, 48

Emergency shelter for 30-90 days providing referrals, computer learning center, medical clinic, parenting and life skills/enrichment classes, spiritual growth, nursery and preschool childcare. Requirements for admission are current and valid ID, birth certificates for children and marriage license for couples. Facility accommodates approximately 300.

*Refugio de emergencia por 30-90 días, manejo de casos, centro de aprendizaje y computadoras, clínica médica, clases sobre la habilidad de cuidar los hijos/hijas y mejorar la calidad de vida, desarrollo espiritual, guardería de niños/niñas. Se requiere documentos actualizados, así como tarjeta de identidad, certificado de nacimiento del niño/niña, licencia de matrimonio. La instalación acomoda a más o menos 300 individuos.*

**STONE SOUP**

See AIDS Foundation Houston

**STOP TURNING ENTERING PRISON**

Mailing address:

PO Box 21166  
 Houston, TX 77226

**SHAY'S HOUSE**

Address Confidential

MAIN . . . . . (832) 881-3193  
 FAX . . . . . (713) 633-5878  
 WEB . . . . . www.shayshouse.com  
 EMAIL . . . . . step2shayshouse@yahoo.com  
 CITY SECTION . . . . . North  
 NEIGHBORHOOD . . . . . Trinity/Houston Gardens  
 LEGEND . . . . . W (age 18 & up), I/RR, CD  
 HOURS . . . . . Tuesday & Wednesday, 2pm to 4pm  
 NEED FOR INTAKE . . . . . Call for intake.

Support Services include SRO permanent housing for those able to live in a semi-structured setting independently; Community Residence where each client has their own bed, storage and meals are provided; Life Skills training to become self-sufficient; Parenting Skills classes to for clients with children to teach different methods of discipline and how to have a healthy, stable drug free living environment if/when they reunite with their children; Recovery Support for Individuals and groups led by an LCDC; Relapse Prevention/ Mentors to develop a relationship with and be on call 24- hours; HIV/AIDS Intervention & Prevention by trained volunteers who will facilitate awareness, distribute condoms and more; preparation and testing to receive a GED; Therapeutic One-on-One & Family Counseling; Basic Computer Training; and Employment Readiness Training to search for employment, submit resumes and follow up after applying.



**TEXAS CHILDREN'S HOSPITAL**  
**Allergy and Immunology Department**

Mail Code FC 330.01  
 1102 Bates, 3rd Floor  
 Houston, TX 77030-2399

MAIN . . . . . (832) 824-1319  
 FAX . . . . . (832) 825-1260  
 INTAKE/24 HOURS . . . . . (832) 824-2099  
 TOLLFREE . . . . . (800) 364-KIDS (5437)  
 WEB . . . . . http://baylorpediatricaids.org

CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Medical Center

LEGEND . . . . . C (age 0-18), Y (up to age 24), Med, Esp  
 BUS ROUTES . 2, 4, 8, 14, 26, 27, 68, 73, METRO light rail

Medical care for children with HIV. Clinical research studies for children, adolescents and pregnant women with HIV.

*Cuidado médico para niños y adolescentes con VIH. También se ofrecen estudios clínicos para niños y madres con VIH.*

**TEXAS CHILDREN'S HOSPITAL**  
**Department of Retrovirology**

1102 Bates St., FC-630  
 Houston, TX 77030

MAIN . . . . . (832) 822-1038  
 FAX . . . . . (832) 825-1281  
 WEB . . . . . www.texaschildrenshospital.org

CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Medical Center

LEGEND . . . . . Esp, C (ages 0-18), S\$, Med, **HIV+ only**  
 BUS ROUTES . 2, 4, 8, 14, 26, 27, 68, 73, METRO light rail  
 HOURS . . . . . Monday-Friday, 8:30am-4pm  
 NEED FOR INTAKE . Immunization record, Call for intake

**Baylor International Pediatric AIDS Initiative**

1102 Bates Street, FC-630  
 Houston, TX 77030-2399

MAIN . . . . . (832) 822-1038  
 FAX . . . . . (832) 825-1281  
 WEB . . . . . www.BIPAI.org

Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

*Asistencia médica especializada en el cuidado y tratamiento de niños viviendo con el VIH e infantes que nacen de madres viviendo con el VIH.*

## Retrovirology Clinic

6701 Fannin Street  
Houston, TX 77030

MAIN..... (832) 822-1038  
FAX..... (832) 825-1281  
INTAKE..... (832) 822-1304

Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

*Asistencia médica especializada en el cuidado y tratamiento de niños que son positivos con el virus VIH, y los bebés que nacen de madres que son positivas con el virus de HIV.*

## TEXAS DEPARTMENT OF ASSISTIVE & REHABILITATIVE SERVICES

### Houston Central Field Office

3311 Richmond Ave., Suite 175  
Houston, TX 77098

MAIN..... (713) 866-7765  
FAX..... (713) 866-7794  
WEB..... www.dars.state.tx.us

CITY SECTION..... Central  
NEIGHBORHOOD..... Greenway Plaza  
BUS ROUTES..... 25, 78

LEGEND..... All, Free, Disabled

DARS administers programs that help Texans with disabilities find jobs through vocational rehabilitation, ensure that Texans with disabilities live independently in their communities, and assist families in helping their children under age 3 with disabilities and delays in development reach their full potential and enjoy the same opportunities as other Texans to live independent and productive lives.

The DARS Division for Rehabilitation Services is designated as the state's principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The Division's main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services through a variety of programs.

## TEXAS DEPARTMENT OF FAMILY & PROTECTIVE SERVICES

5425 Polk Street  
Houston, TX 77023

MAIN..... (713) 767-2700  
FAX..... (713) 767-2769  
WEB..... www.dfps.state.tx.us  
AREA SERVED..... Texas

LEGEND..... All, Free, Esp

### Child Care Information

MAIN..... (800) 862-5252  
HOURS..... Monday-Friday, 8:00am-5:00pm

Information about childcare in Texas.

*Para la información sobre cuidado de los niños en Texas.*

## Report Abuse in MHMR Facilities

24 HOURS..... (800) 647-7418

LEGEND..... All, Free

Hotline to report abuse, neglect or exploitation in MHMR facilities.

*Para denunciar sospechas de maltrato o descuido en MHMR facilidades.*

## Texas Abuse, Neglect & Exploitation Reporting System

MAIN..... (800) 252-5400

WEB..... www.txabusehotline.org

Report suspicions of abuse/neglect of children or abuse/neglect/exploitation of persons 65 years or older and adults with disabilities. The Texas Family Code 261.101 requires professionals to make a report within 48 hours of first suspecting abuse, neglect or exploitation (for licensing only) of children. The Human Resources code Chapter 48 (48.051) requires a person having cause to believe that an elderly or disabled person is in the state of abuse, neglect, or exploitation to report the information required immediately. Call your local law enforcement agency or 911 if the situation is an emergency. The online reporting system is provided for your convenience to report instances of abuse or neglect that do not require an emergency response.

### Denuncie el abuso, maltrato, descuido o explotación

*El Departamento de Servicios para la Familia y de Protección de Texas (DFPS) ofrece un punto central para denunciar abuso, maltrato y descuido de los niños; abuso, maltrato, descuido o explotación de adultos mayores y personas con discapacidades. La ley exige que cualquier persona que crea que un menor, o una persona de 65 años o más, o un adulto con discapacidades estén sufriendo abuso, maltrato, descuido o explotación, denuncie las circunstancias al DFPS. Las personas que hagan denuncias son inmunes de cualquier responsabilidad civil o penal siempre y cuando hagan la denuncia de buena fe, y el nombre del denunciante se mantiene confidencial. Cualquier persona que sospeche que existe abuso o maltrato y no lo denuncie, puede ser acusada de un delito menor un delito menor o mayor cárcel estatal. Los plazos para investigar denuncias se basan en la gravedad de la acusación. Denunciar las sospechas de abuso o maltrato de menores hace posible que la familia pueda recibir ayuda.*

### Texas Runaway Hotline

24 HOURS..... (888) 580-HELP

WEB..... www.texasrunaway.org

24-hour confidential services including: crisis intervention, telephone counseling, services to runaways, potential runaways and families; information and referrals; free message service to promote communication between runaways and families.

### Línea Directa de Texas para Niños que Se Han Fugado de la Casa

*Servicio confidencial de 24 horas incluye: intervención de crisis, consejos por teléfono, servicios para los fugitivos, fugitivos potenciales y sus familias; información y referencias; servicio de mensajes gratis para facilitar la comunicación entre el fugitivo y su familia.*

## Texas Youth Hotline

24 HOURS . . . . . (800) 210-2278  
WEB . . . . . www.texasyouth.org

24-hour confidential services including: crisis intervention, telephone counseling, services to troubled youths and families; information and referrals to community services.

## La Línea Directa para Jóvenes

*Servicio confidencial de 24 horas incluye: intervención de crisis, consejos por teléfono, servicios para los jóvenes angustiados y sus familias; información y referencias a servicios comunitarios.*

## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

PO Box 149347  
Austin, TX 78714-9347

MAIN . . . . . (512) 458-7111  
TOLL FREE . . . . . (888) 963-7111  
TTY . . . . . (800) 735-2989  
WEB . . . . . www.dshs.state.tx.us

## Children with Special Health Care Needs (CSHCN)

TOLL FREE . . . . . (800) 252-8023  
WEB . . . . . www.dshs.state.tx.us/cshcn  
LEGEND . . . . . C, Y, Free

Services to children with extraordinary medical needs, disabilities, and chronic health conditions. The CSHCN Services Program's health care benefits include payments for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other third party payors. The program also contracts with agencies throughout the state to provide an array of clinical and support services to children with special health care needs and their families. The CSHCN Services Program also assists children and their families by supporting case management at DSHS regional offices throughout Texas. Children are served from birth until their 21st birthday.

## Niños con necesidades especiales de cuidado de salud (CSHCN)

*El Programa de Servicios para Niños con Necesidades Médicas Especiales (CSHCN) ofrece servicios a los niños que tienen necesidades médicas extraordinarias, discapacidades y padecimientos médicos crónicos. El Programa de Servicios para CSHCN ofrece beneficios de atención médica, entre ellos, atención médica, servicios limitados de apoyo a la familia y otros servicios relacionados.*

## HIV Medication Program (ADAP)

TOLL FREE . . . . . (800) 255-1090  
WEB . . . . . www.dshs.state.tx.us/hivstd/meds/  
AREA SERVED . . . . . Statewide

LEGEND . . . . . Free, **HIV+ only**, Esp, Restrictions apply

The Department of State Health Services Texas HIV Medication Program (THMP) is the official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP has been in existence since 1987 and provides

medications approved by the FDA for the treatment of illnesses caused by HIV and other opportunistic infections in HIV-infected individuals as prescribed by their doctor. The THMP currently supplies 40 different medications in more than 90 strengths and formulations and is operated through a network of participating pharmacies, local health departments and public health clinics.

*El Programa de Medicamentos para el VIH del Departamento de Servicios de Salud del Estado de Texas (THMP) es el programa oficial de la Asistencia de Medicamentos para el SIDA en Texas (ADAP). THMP fue creado en el año 1987 y provee medicamentos, aprobados por FDA (la Administración Federal de Drogas) y autorizados por médicos para el tratamiento de enfermedades causadas por el VIH y otras infecciones oportunistas. Actualmente, THMP provee 40 diferentes medicamentos en más de 90 formulaciones, y opera a través de una red de farmacias, departamentos locales de salud, y clínicas públicas de salud.*

## TEXAS HOUSE

2208 West 34th Street  
Houston, TX 77018

MAIN . . . . . (713) 956-6337  
FAX . . . . . (713) 956-0320  
TOLL FREE . . . . . (888) 268-0905  
WEB . . . . . www.texas-house.org

CITY SECTION . . . . . Northwest  
NEIGHBORHOOD . . . . . Oak Forest/Garden Oaks

LEGEND . . . . . M, Homeless, CD, Appt/Walk-ins, Free  
BUS ROUTES . . . . . 23, 50

A positive peer driven environment, The Texas House therapeutic community offers a one year residential substance abuse treatment program for adult males at no out of pocket cost to the client. Services include case management, substance abuse treatment, educational programs, family living skills, HIV testing, social support services and an optional two year aftercare program for all clients who have successfully completed the one year residential program.

## TEXAS PREVENTION NETWORK

10103 Fondren Rd, Suite 330  
Houston, TX 77096

MAIN . . . . . (713) 981-6063  
FAX . . . . . (713) 981-9772  
WEB . . . . . www.tpni.org  
EMAIL . . . . . tpn@tpni.org

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Fondren Southwest

LEGEND . . . . . All, S\$, Flat fee, Appt/Walk-in, Referral req  
BUS ROUTES . . . . . 10, 68, 163

Assist individuals, families and communities who are affected by mental health issues and substance abuse disease by offering support and preventive services. Our highly trained staff focuses on providing quality services by putting our clients first. Our intent is to enhance client dignity by providing them the tools that will enable

them to live a quality life. Our hope is to see everyone affected by any disease be wholly restored. Our commitment is to give effective and individualized treatment programs to our clients to meet their emotional and social needs through innovative, efficient and responsive practices guided by personal choices and desired outcomes.

At Texas Prevention Network we will foster a spirit of mutual respect, dignity, trust and cooperation among clients, staff and the community. Call for intake.

**THOMAS STREET HEALTH CENTER**

See Harris County Hospital District

**THOMAS STREET PATIENT ADVISORY COUNCIL**

2015 Thomas Street  
Houston, TX 77009

MAIN . . . . . (713) 873-4000  
 FAX . . . . . (713) 873-4052  
 CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Near Northside  
 AREA SERVED . . . . . Harris County  
 LEGEND . . . . . All, Free  
 BUS ROUTES . . . . . 9, 24, 37, 52  
 NEED FOR INTAKE . Membership requires attendance at  
 3 consecutive meetings and availability  
 of open positions.

The Thomas St. Patient Advisory Council meets on the 3rd Tuesday of every month at 10am in the 3rd floor large conference room at the Thomas Street Health Center (TSHC). Clients, their families and interested members of the public meet to discuss issues and share information regarding their health care, events and services at the TSHC, providing a platform for dialog between clients, the public and the staff at the TSHC.

*El Consejo Asesor de Pacientes de la Clínica Thomas Street (TSHC) se reúne en el tercer martes de cada mes a las 10 de la mañana en el 3er piso de su centro de salud. Allí los clientes, familiares y el público en general se reúnen para discutir diversos temas y para compartir información referente al cuidado de la salud, los eventos y servicios del TSHC, dando lugar a una plataforma para el diálogo entre clientes, el público y los empleados del TSHC.*

**TOTAL PHARMACY AND COMPOUNDING SERVICES**

5020 Montrose, Suite 105  
Houston, TX 77006

MAIN . . . . . (713) 528-6337  
 FAX . . . . . (713) 528-7337  
 WEB . . . . . www.totalrxcompounding.com  
 EMAIL . . . . . info@totalrxcompounding.com  
 CITY SECTION . . . . . Central  
 NEIGHBORHOOD . . . . . Museum District  
 LEGEND . . . . . All, Med, Ins, Walk-ins  
 BUS ROUTES . . . . . 34

Our compounding professionals can change the form of medication if you cannot swallow to formulate suitable medications as sublingual drops, oral and nasal sprays, lollipops, rectal solutions and suppositories, and other customized dosage forms. Limited delivery area with curbside service if unable to exit vehicle.

Accepts Texas HIV Medication Program (THMP, also known as ADAP) assignments.

**TRIANGLE AIDS NETWORK, INC.**

1495 North 7th Street  
Beaumont, TX 77702

*Mailing Address:*

PO Box 12279  
Beaumont, TX 77726

MAIN . . . . . (409) 832-8338  
 INTAKE . . . . . Ext 225  
 SPANISH . . . . . Ext 224  
 FAX . . . . . (409) 832-0976  
 WEB . . . . . www.tanbmt.com  
 EMAIL . . . . . tan@tanbmt.com  
 CITY SECTION . . . . . East  
 NEIGHBORHOOD . . . . . Beaumont  
 AREA SERVED . . . . . Hardin, Jefferson and Orange counties  
 LEGEND . . . . . All, Fam, Free, S\$, **HIV+ only**, Med, Ins, Esp  
 HOURS . . . . . Monday-Friday, 9am-5pm  
 NEED FOR INTAKE . . . . . Proof of residency, income and  
 HIV status; Photo ID

Free and confidential HIV and syphilis testing, referrals and early intervention medical clinic; education resources; workshops; annual conference; case management; counseling; Healthy Relationship and SISTA programs; linkage 2 Care; transportation; home health; nutritional services; advocacy; dental services; medication, doctor co-pay and insurance premium assistance; housing assistance; speakers bureau and condom distribution. Like us on Facebook.

*Análisis gratuito y confidencial del VIH e intervención temprana; clínica. Recursos educativos, talleres, conferencia anual, administradores de casos, grupos de apoyo y apoyo psicológico,transportación, cuidado de salud en el hogar, servicio nutricional y dental, medicamentos, parte del pago para los médicos y asistencia para el pago de la prima del seguro médico, asistencia para la vivienda y distribución de preservativos y programa de prenatal y embarazo.*





## U OF H SPEECH, LANGUAGE & HEARING CLINIC

### Mailing Address:

100 Clinical Research Center  
Houston, TX 77204-6018

MAIN . . . . . (713) 743-0915  
FAX . . . . . (713) 743-2926  
WEB . . . . . www.uh.edu/hshc

### Speech Therapy

4505 Cullen Boulevard  
Houston, TX 77004

INTAKE . . . . . (713) 743-0915  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Third Ward  
LEGEND . . . . . All (ages 3 & up), S\$, Appt Req  
HOURS . . . . . Monday-Friday, 9am-5pm  
BUS ROUTES . . . . . 30

Hearing assessments and, when appropriate, clients are fitted with a hearing aid, often through the Hearing Aid Assistance Program (HAAP) for low income clients. Speech and language evaluation and therapy are offered to individuals who have or are at risk for developing a communication problem.

## UNITED WAY OF GREATER HOUSTON

50 Waugh Drive  
Houston, TX 77007

ADMINISTRATION . . . . . (713) 685-2300  
FAX . . . . . (281) 582-7731  
WEB . . . . . www.unitedwayhouston.org  
EMAIL . . . . . help@unitedwayhouston.org

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Memorial Park

### 211 Texas/United Way Helpline

MAIN . . . . . 2-1-1  
ALTERNATE . . . . . (713) 957-HELP  
WEB . . . . . http://referral.unitedwayhouston.org/

LEGEND . . . . . All, Free, Esp  
HOURS . . . . . 24 hours

2-1-1 Texas/United Way HELPLINE provides free information and referral assistance using the most comprehensive database of social services in our community. Individuals seeking assistance find that calm, reassuring call specialists are there for them, 24 hours a day, every day of the year, offering help in more than 150 languages.

### 2-1-1 Texas/United Way Línea de Ayuda

La Línea de Ayuda 2-1-1 Texas/United Way proporciona asistencia de información y referencia gratuita, utilizan

do la base de datos mas comprensivo de servicios sociales en nuestra comunidad. Los especialistas que contestan sus llamadas están disponibles las 24 horas del día, cada día del año, ofreciendo ayuda en más de 150 idiomas y en una manera atenta y alentadora.

## UNIVERSITY EYE INSTITUTE



4901 Calhoun Road  
Houston, TX 77204-2020

### Mailing Address:

505 J. Davis Armistead Bldg.  
Houston, TX 77204-2020

MAIN . . . . . (713) 743-2020  
FAX . . . . . (713) 743-0963  
WEB . . . . . www.uei.uh.edu

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Third Ward  
BUS ROUTES . . . . . 77, 80

LEGEND . . . . . All, S\$, Med, Ins, CHIP, Appt Req  
HOURS . . . . . Monday-Friday, 8am-5pm  
NEED FOR INTAKE . . . . . Driver's license, Insurance card,  
Proof of residence and Income, ID or birth  
certificate for all family members.

Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.

Se ofrecen intérpretes para los servicios del cuidado de la visión.

### Eye Care Assistance

The Eye Care Assistance Program was established to assist individuals in need of eye care. The professional staff at the University Eye Institute donates a portion, or in some cases, all of their time and services. Office visits, specialized testing and outpatient surgeries are provided as a professional courtesy according to the percentage or level of assistance for which you qualify. Spectacles, if required, will be offered at a reduced cost and will consist of frames from a special selection. Lenses will be provided as single vision, bifocal or trifocal and does not include extras such as tint, anti-reflective coating or progressive lenses. Patients are also eligible for contact lens examinations and fittings where applicable but there is no reduction of costs on materials.

El Programa de Asistencia para el Cuidado de la Visión fue establecido para asistir a las personas con necesidades del cuidado de la vista. Los profesionales del Instituto Universitario del Ojo donan sus servicios por medio tiempo o tiempo completo. Se provee citas, pruebas especializadas, cirugías externas o privadas como cortesía profesional y según el porcentaje o nivel de asistencia que usted califique. Los lentes serán ofrecidos a bajo costo con los marcos de una sección especial. Se proveerá lentes de visión singular, bifocales o trifocales, excluyendo tintes, revestimiento antireflexivo o lentes progresivos. Los pacientes elegibles pueden recibir exámenes de lentes de contacto y ajustamiento, pero sin reducción de costo para los materiales.

### Good Neighbor Healthcare Center



190 Heights Boulevard  
Houston, TX 77007

MAIN . . . . . (713) 527-8480  
CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Heights  
LEGEND . . . . . M, W, Fam, S\$, Med, Appt Req, Esp  
BUS ROUTES . . . . . 34, 50

Comprehensive eye and vision care. Medical treatment of most eye diseases.

*Cuidado comprensivo del ojo y la visión. Tratamiento médico para casi toda la enfermedad del ojo. Se dispone de intérpretes.*

### UT HOUSTON HEALTH SCIENCE CENTER



6431 Fannin, MSB 3.126  
Houston, TX 77030

MAIN . . . . . (713) 500-6608  
FAX . . . . . (713) 500-5688  
INTAKE . . . . . (713) 500-6443

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center  
AREA SERVED . . . . . Chambers, Ft. Bend, Harris, Liberty,  
Montgomery and Waller counties

LEGEND . . . . . Fam, Free, Med, Appt Req, **HIV+ only**, Esp  
BUS ROUTES . . . . . 26, 27, 68, 87, METRO light rail

Provide case management services for women and children of all ethnic groups. HIV primary medical care for children and youth ages 0-24 years, inclusive of all ethnic groups.

*Provee servicios de administración de casos para mujeres y niños de todos los grupos étnicos. También provee servicio de cuidado médico para niños y jóvenes de todos los grupos raciales y menor de 24 años de edad con un diagnóstico del VIH. Cuenta con un personal bilingüe.*

### UT SUBSTANCE ABUSE RESEARCH CENTER TREATMENT RESEARCH CLINIC



1300 Morsund, Suite 115  
Houston, TX 77030

MAIN . . . . . (713) 486-2800  
FAX . . . . . (713) 486-2807  
WEB . . . . . <http://med.uth.tmc.edu/departments/psychiatry/trc/index.html>

CITY SECTION . . . . . Central  
NEIGHBORHOOD . . . . . Medical Center  
LEGEND . . . . . Adults, Free, Appt/Walk-ins, CD, I/RR  
HOURS . . . . . Monday-Friday, 8am to 4:30pm  
BUS ROUTES . . . . . 87

Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse. Call for intake.



### VIRTUOUS WOMEN IN ACTION, INC.

3121 Toliver Street  
Houston, TX 77093

MAIN . . . . . (281) 594-1655  
FAX . . . . . (281) 590-8612  
CITY SECTION . . . . . Northeast  
NEIGHBORHOOD . . . . . Eastex/Jensen  
AREA SERVED . . . . . 77026, 77039, 77093  
LEGEND . . . . . W, Homeless, CD, I/RR, **HIV+ only**, Free,  
S\$, Walk-ins

HOURS . . . . . Monday-Friday, 10am to 6pm;  
Saturday, 9am to 5pm

BUS ROUTES . . . . . 3, 6, 45

A caring residential home for homeless women living with HIV, providing a confidential place to voice concerns, empowerment to overcome homelessness and HIV prevention education.



### WELLSPRINGS VILLAGE, INC.

*Location Confidential*

*Mailing address:*

PO Box 311017  
Houston, TX 77231

MAIN . . . . . (713) 529-6559  
FAX . . . . . (713) 520-0532  
TOLL FREE . . . . . (866) 529-6559  
WEB . . . . . [www.wellspringsvillage.org](http://www.wellspringsvillage.org)

LEGEND . . . . . W (25-50 yrs), I/RR, Homeless,  
Appt Req, Lim, CD

Provides transitional housing to homeless and abused women that are capable of working. Residents are provided food, clothing, transportation, personal supplies, household furnishings, healthcare, group and individual counseling, comprehensive case management, life skills training, job skills training and employment search assistance.

### WEST HOUSTON ASSISTANCE MINISTRIES, INC.



10501 Meadowglen Ln.  
Houston, TX 77042

MAIN/INTAKE . . . . . (713) 977-9942  
JOB LAB . . . . . (832) 252-7748  
FAX . . . . . (713) 783-0761  
WEB . . . . . [www.whamministries.org](http://www.whamministries.org)

EMAIL . . . . . [wham@whamministries.org](mailto:wham@whamministries.org)  
CITY SECTION . . . . . West  
NEIGHBORHOOD . . . . . Westchase  
AREA SERVED . . . . . Zip codes 77042, 77057, 77063,  
77077 and 77082

LEGEND . . . . . M, W, Fam, Free, Appt/Walk-ins, Esp  
HOURS . . . . . Monday-Friday, 10am to 2pm  
BUS ROUTES . . . . . 2, 25, 82  
NEED FOR INTAKE . . . ID, proof of income and residence,  
documentation of crisis

Assist by providing food; clothing and household items;  
financial assistance with rent/mortgage, utilities and  
prescriptions; job lab (phone, fax, resume writing, job  
leads); and volunteer opportunities for those willing  
to receive instruction and committed to carry out the  
objectives of the ministry.

*Se ofrece comida, ropa, y artículos para la casa; asisten-  
cia financiera para la renta/hipoteca, luz/gas de la casa,  
recetas médicas; centro para la búsqueda del empleo  
(teléfono, fax, preparación de curriculum vitae, ideas  
sobre empleos disponibles); y oportunidades para volun-  
tarios dispuestos a recibir instrucciones y comprometerse  
a los objetivos del ministerio.*

### **WINDSOR VILLAGE SOCIAL SERVICES DEPT.**



12401 1/2 S. Post Oak Rd., Suite 121  
Houston, TX 77045

Mailing address:  
6011 W. Orem Drive  
Houston, TX 77085

MAIN . . . . . (713) 551-8792  
FAX . . . . . (713) 551-8790  
WEB . . . . . www.kingdombuilders.com  
EMAIL . . . . . socialservices@wvumc.com

CITY SECTION . . . . . Southwest  
NEIGHBORHOOD . . . . . Hiram Clarke  
AREA SERVED . . . . . Harris and Ft Bend counties

LEGEND . . . . . All, Free, Appt Req, Lim, Call for info  
HOURS . . . . . Monday-Thursday, 8am-5pm  
BUS ROUTES . . . . . .33

NEED FOR INTAKE . . . Valid drivers license, Soc Sec card,  
Proof of income, current lease agreement or mortgage  
statement, current electric, water or gas bill

Windsor Village Social Services is a non-profit organiza-  
tion that provides assistance to the community and mem-  
bers of Windsor Village United Methodist Church with  
rent, mortgage, electric, water and gas when funding  
is available. Rent/mortgage assistance by appointment  
only; appointments are scheduled on Mondays only on  
a first call, first served basis.

The Food pantry is open on Tuesday-Wednesday, 9am  
to noon and Thursday 10:30am to 12:30pm; assistance  
provided once every 6 months.

## **Notes / Notas**

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# Social Security Programs For People With HIV/AIDS

## Programas del Seguro Social Para Personas Con VIH/SIDA

If you have HIV/AIDS and cannot work, you may qualify for disability benefits from the Social Security Administration. Your disability must be expected to last at least a year or end in death, and must be serious enough to prevent you from doing substantial gainful work. The amount of earnings we consider substantial and gainful changes each year. For the current figure, refer to the annual Update (Publication No. 05-10003).

If your child has HIV/AIDS, he or she may be able to get Supplemental Security Income (SSI) if your household income is low enough.

Si usted tiene VIH/SIDA y no puede trabajar, podría tener derecho a beneficios por incapacidad de la Administración del Seguro Social. Su incapacidad debe durar por lo menos un año o se espera que resulte en fallecimiento y debe ser bastante seria para impedirle realizar un trabajo sustancial. La cantidad de ganancias que consideramos ser sustancial y lucrativa cambia cada año. Para la cantidad actual, consulte la publicación anual Cambios (publicación número 05-10933).

Si su niño tiene VIH/SIDA, él o ella puede tener derecho a recibir Seguridad de Ingreso Suplementario (SSI, por sus siglas en inglés) si sus ingresos familiares son bastante bajos.

### How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

**1-800-772-1213 TTY: 1-800-325-0778**

This service is available 7:00 a.m. – 7:00 p.m. Monday through Friday.

Social Security is also on the Internet. A lot of good program information is available at this site:

**[www.socialsecurity.gov](http://www.socialsecurity.gov)**

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative. You may call your representative before you receive a notice of award. After you receive the notice of award, you should call the toll-free service.

### Benefits Paid Under Two Programs

Disability benefits are paid under two programs: the Social Security disability insurance program (SSD) for people who paid Social Security taxes; and the Supplemental Security Income program (SSI) for people who have little income and few resources. If your Social Security benefits are very low and you have limited income and resources, you may qualify for benefits from both programs.

Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be "disabled" to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by contacting the Social Security Administration by phone or online and requesting an "Earnings & Benefits Statement."

### ¿Cómo me pongo en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, verificar sus beneficios. obtener respuestas a preguntas generales es llamando al:

**1-800-772-1213 TTY: 1-800-288-7185**

Este servicio está disponible de 7:00 a.m. a 7:00 p.m. de lunes a viernes. Oprima el 2 si desea el servicio en español y espere a que le atienda un representante. El Seguro Social también está disponible en la red del Internet. Aquí podrá encontrar mucha información sobre sus programas:

**[www.socialsecurity.gov](http://www.socialsecurity.gov)**

Una vez que Ud. someta un reclamo para obtener beneficios le darán el nombre y el número telefónico de un representante del Seguro Social. Puede llamar al representante antes de recibir su notificación de beneficios. Después de recibir la notificación de adjudicación, debe llamar al servicio de llamadas gratuitas.

### Beneficios Que Se Pagan Bajo Dos Programas

Los beneficios por incapacidad se pagan bajo dos programas: el programa de seguro de incapacidad del Seguro Social para personas que pagaron impuestos de Seguro Social; y el programa de SSI para personas que tienen pocos ingresos y recursos. Si sus beneficios de Seguro Social son muy bajos, y usted tiene ingresos y recursos limitados, podría tener derecho a recibir beneficios de ambos programas.

Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté "incapacitado" para recibir beneficios. Se puede averiguar anticipadamente el pago mensual del SSD al cual tendría derecho de recibir si se incapacitara hoy, poniéndose en contacto con la Administración del Seguro Social (SSA) por teléfono o en línea y solicitando una "Declaración de Beneficios e Ingresos."

### How do I Qualify for Social Security Disability Benefits?

When you work and pay Social Security taxes, you earn Social Security credits. (Most people earn the maximum of four credits a year.) The number of years of work needed for disability benefits depends on how old you are when you become disabled. Generally, you need five years of work in the 10 years before the year you become disabled. Younger workers need fewer years of work. If your application is approved, your first Social Security disability benefit will be paid the sixth full month after the date your disability began.

Usually, HIV infected persons who have had one or more opportunistic infections qualify medically. Sometimes people with HIV can qualify as disabled even if they have had no opportunistic infections, but the approval process is more difficult and may take longer. It is important to remember that "disability" as defined by SSA is not the same as the Center for Disease Control (CDC) definition of AIDS. For example, having a T-cell count below 200 is not, by itself, enough to be considered disabled for Social Security purposes.

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

### What will I get from Social Security?

The amount of your monthly benefits depends on how much you earned while you were working. You also will qualify for Medicare after you have been getting disability benefits for 24 months. Medicare helps pay for hospital and hospice care, lab tests, home health care and other medical services. For more information on Medicare, contact Social Security and ask for the publication, Medicare (Publication No. 05-10043).

### ¿Cómo Tengo Derecho a Beneficios del Seguro Social por Incapacidad?

Cuando usted trabaja y paga impuestos del Seguro Social, gana créditos de Seguro Social. (La mayoría de las personas ganan un máximo de cuatro créditos al año.) El número de años de trabajo necesario para tener derecho a beneficios por incapacidad depende de su edad cuándo usted se incapacitó. Por lo general, usted necesita haber trabajado cinco años en los 10 años precedentes al año en el que se incapacitó. Trabajadores más jóvenes necesitan haber trabajado menos años. Si su solicitud es aprobada, su primer beneficio de Seguro Social por incapacidad se pagará para el sexto mes completo después de la fecha en que su incapacidad comenzó.

Usualmente, personas infectadas con el VIH que han tenido una o más infecciones oportunistas califican médicamente. A veces, las personas califican como incapacitadas aunque no hayan tenido una infección oportunista, pero el proceso de aprobación es más difícil y puede demorar más tiempo. Es importante recordar que "incapacidad" como se define por la SSA no es lo mismo que la definición del CDC. Por ejemplo, el tener una cifra de células "T" menor de 200 no es, en sí, suficiente para ser considerado como incapacitado por el Seguro Social.

La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier persona solicitando el SSI debe ser un ciudadano estadounidense o inmigrante calificado. Llame a un representante de la SSA al 1-800-772-1213 para obtener la definición más reciente de "inmigrante calificado."

### ¿Qué recibiré del Seguro Social?

La cantidad de su beneficio mensual depende de cuánto usted ganó mientras estuvo trabajando. Usted también tendrá derecho a Medicare después de haber recibido beneficios por incapacidad durante 24 meses. Medicare le ayuda a pagar sus gastos de hospital y cuidado de hospicio, análisis de laboratorio, servicio de cuidado de la salud en el hogar y otros gastos de servicios médicos. Para informarse mejor sobre Medicare, comuníquese con Seguro Social y pida la publicación Medicare (publicación número 05-10943).

### How do I Qualify for SSI Disability Payments?

If you have not worked long enough to get Social Security or your Social Security benefits are low, you may qualify for SSI payments if your total income and resources are low enough.

If you get SSI, you most likely will be eligible for food stamps and Medicaid. Medicaid takes care of your medical bills while you are in the hospital or receiving outpatient care. In some states, Medicaid pays for hospice care, a private nurse and prescription drugs used to fight HIV disease. For more information about Medicaid, contact your local social services office.

Benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled.

### How do I File for Benefits?

People with HIV should continue working for as long as they and their doctor agree that they are able to do so safely. However, it is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue.

If you file for benefits while you are still working, SSA must determine if the work you are doing is "substantial gainful activity" (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be "substantial." SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

You can apply for Social Security disability benefits online at [www.socialsecurity.gov](http://www.socialsecurity.gov), or you can call the toll-free number, 1-800-772-1213 (for the deaf or hard of hearing, call the TTY number, 1-800-325-0778), to ask for an appointment. Representatives can answer specific questions Monday through Friday from 7 am until 7 p.m. and the automated phone service provides information 24 hours a day. All calls are treated confidentially. Be sure to tell the SSA representative that you have HIV; this may help speed up your claim.

Most hospitals and clinics have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home

### ¿Cómo Tengo Derecho a Recibir Beneficios de SSI por Incapacidad?

Si usted no ha trabajado suficiente tiempo para recibir Seguro Social o sus beneficios de Seguro Social son bajos, usted podría tener derecho a recibir pagos de SSI si sus ingresos y recursos totales son suficientemente bajos.

Si usted recibe SSI, es probable que tenga derecho a recibir cupones de alimento y Medicaid. Medicaid cubre sus gastos médicos mientras que usted está en el hospital o recibiendo servicios ambulatorios. En algunos estados, Medicaid paga los gastos de cuidado de hospicio, de una enfermera privada y por medicinas recetadas para combatir la enfermedad de VIH. Para informarse mejor sobre Medicaid, comuníquese con su oficina local de servicios sociales.

Se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado.

### ¿Cómo Solicito Beneficios?

Las personas con el VIH deben continuar trabajando mientras ellos y sus doctores lo consideren posible, seguro y saludable. Sin embargo, por lo general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar.

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una "actividad gananciosa sustancial" (SGA). SGA se refiere al trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser "sustancial." SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y fracasos tentativos de trabajo. Si la SSA determina que está llevando acabo la SGA, una decisión médica no será necesaria y su solicitud será rechazada.

Usted puede solicitar beneficios de Seguro Social por incapacidad en línea, en [www.segurosocial.gov](http://www.segurosocial.gov), o puede llamar al número gratis, 1-800-772-1213 (para las personas sordas o con problemas auditivos, marque nuestro número TTY, 1-800-325-0778) para pedir una cita. Preguntas específicas pueden ser contestadas de lunes a viernes, desde las 7 a.m. hasta las 7 p.m. También ofrecemos información telefónica automatizada las 24 horas al día. Todas nuestras llamadas telefónicas son confidenciales. Asegúrese de decirle al representante de la SSA que Ud. tiene el VIH. Esto puede acelerar su solicitud.

Proveemos servicios de intérprete gratis para ayudarle con sus trámites de Seguro Social. Estos servicios están disponibles tanto por teléfono como en nuestras oficinas. La mayoría de los hospitales y clínicas tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI mientras que esté hospitalizado o visitando la clínica. También, en algunos casos excepcionales, la SSA tiene representantes que pueden entrevistarle y llenar la solicitud en su casa

### Documentation Checklists

SSA will need the following documents to complete your application for SSD or SSI. You should have as much of the following information as possible ready for your interview.

Keep your appointment, even if you do not have all of the information. They will help you get any missing information.

#### Medical Information:

- ✓ Names, addresses and phone numbers of all doctors, hospitals and clinics;
- ✓ Patient ID number(s);
- ✓ Dates seen;
- ✓ Name(s) of medicine(s) you are taking;
- ✓ Medical records in your possession.

#### You will also need the following:

- ✓ An original or certified copy of your birth certificate. If you were born in another country, we also need proof of U.S. citizenship or legal residency.
- ✓ If you were in the military service, the original or certified copy of your military discharge papers (Form DD 214) for all periods of active duty.
- ✓ If you worked, your W-2 Form from last year; or if you were self-employed, your federal income tax return (IRS 1040 and Schedules C and SE).
- ✓ Workers' compensation information, including date of injury, claim number and proof of payment amounts.
- ✓ Social Security Number(s) for your spouse and minor children.
- ✓ Your checking or savings account number, if you have one.
- ✓ Name, address and phone number of a person we can contact if we are unable to get in touch with you.
- ✓ Kinds of jobs and dates you worked in the 15 years before you became unable to work.

Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI. Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.

### Lista de Documentos Requeridos

La oficina de la SSA necesita los siguientes documentos para completar su solicitud del SSD o SSI. Usted debe reunir tanta información como sea posible para su entrevista. Use la lista a continuación para llevar cuenta de la información que necesita.

Cumpla con su cita. No demore en solicitar, aunque no tenga toda la información. Ellos le ayudarán a obtener cualquier información que falta.

#### Información médica:

- ✓ Los nombres, las direcciones y los números de teléfono de los médicos y otras fuentes donde recibió tratamiento.
- ✓ El número de paciente de cada lugar donde recibió tratamiento.
- ✓ Las fechas en que recibió tratamiento de cada fuente.
- ✓ Los nombres de las medicinas que toma.
- ✓ Los expedientes médicos que posea.

#### También se necesita lo siguiente:

- ✓ Su certificado de nacimiento original o una copia certificada. Si usted nació en otro país, necesitamos prueba de su ciudadanía estadounidense o estado de residente legal.
- ✓ Si usted estuvo en el servicio militar, necesitamos el certificado original o una copia certificada de su licenciamiento militar (formulario DD 214) para todos los períodos de tiempo de su servicio activo.
- ✓ Su Formulario W-2 del año pasado o si trabajó por cuenta propia, su declaración de impuestos sobre ingresos (IRS 1040 y Anejos C y SE).
- ✓ Información sobre su compensación de trabajo, con la fecha de la lesión, el número de la reclamación y la cantidad del pago.
- ✓ Los números de Seguro Social de su cónyuge e hijos.
- ✓ Su número de cuenta de cheques o ahorros, si tiene una
- ✓ El nombre, la dirección, y el número de teléfono de una persona que puede comunicarse con usted si es necesario.
- ✓ Los tipos de trabajos y las fechas en que trabajó durante los 15 años previos a incapacitarse.

Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI. Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.

### How do you Decide my Claim?

Applications received from people with HIV/AIDS are processed as quickly as possible. Social Security works with an agency in each state called the Disability Determination Services. The state agency will look at the information you and your doctor have provided and decide if you qualify for benefits.

You could receive SSI benefits right away for up to six months before a final decision is made on your claim if:

- ✓ You are not working;
- ✓ You meet the SSI rules about income and resources; and
- ✓ Your doctor or other medical source certifies that your HIV infection is severe enough to meet our medical eligibility rules.

### How can I Help Speed up my Claim?

You can help speed up the processing of your claim by having certain information when you apply. This includes:

- ✓ Your Social Security number and birth certificate and the Social Security numbers and birth certificates of any family members who may be applying for benefits; and
- ✓ A copy of your most recent W-2 form. (If you are applying for SSI, we also will need information about your income and resources; for example, bank statements, unemployment records, rent receipts and car registration.)

#### **SSA also needs information about:**

- ✓ The names and addresses of any doctors, hospitals or clinics you have been to for treatment;
- ✓ How HIV/AIDS has affected your daily activities, such as cleaning, shopping, cooking, taking the bus, etc.; and
- ✓ The kinds of jobs you have had during the past 15 years.

Additionally, your doctor will be asked to complete a form about how your HIV infection has affected you. Call the 800 number to ask for form "SSA-4814" for adults or "SSA-4815" for children. You should take the form to your doctor to complete and bring or send the completed form to Social Security.

### ¿Cómo Decide el Seguro Social Sobre mi Reclamación?

Todas las solicitudes recibidas de personas con VIH/SIDA son tramitadas lo más pronto posible. El Seguro Social trabaja junto a la Agencia de Determinación de Incapacidad (en inglés, Disability Determination Services) en cada estado. La agencia estatal revisará la información que usted y su doctor nos facilitó y decide si usted tiene derecho a recibir beneficios.

Usted podría recibir beneficios de SSI inmediatamente por hasta seis meses antes de tomar una decisión final en su caso si

- ✓ Usted no está trabajando;
- ✓ Usted cumple con las reglas de SSI sobre ingresos y recursos; y
- ✓ Su doctor u otra fuente médica certifica que su infección de VIH es bastante grave para cumplir con nuestras reglas de elegibilidad médica.

### ¿Cómo Puedo Ayudar en Acelerar mi Reclamación?

Usted puede ayudar en acelerar el proceso de su reclamación teniendo cierta información cuando solicita. Esto incluye:

- ✓ Su número de Seguro Social y certificado de nacimiento y los números de Seguro Social y certificados de nacimiento de cualquier otro miembro de su familia que podría estar solicitando beneficios; y
- ✓ Una copia de su formulario W-2 más reciente. (Si usted está solicitando SSI, también necesitaremos información sobre sus ingresos y recursos; por ejemplo, estado de cuentas bancarias, expediente del desempleo, recibos de alquiler y el registro de su automóvil.)

#### **SSA también las necesidades de información sobre:**

- ✓ Los nombres y las direcciones de cualquier doctor, hospital o clínica que usted haya visitado para obtener tratamiento;
- ✓ Cómo VIH/SIDA ha afectado sus actividades diarias, así como hacer limpieza, hacer compra, cocinar, coger el autobús, etc.; y
- ✓ Los tipos de trabajo que usted ha desempeñado durante los últimos 15 años.

Además, su doctor deberá completar un formulario de que nos indique cómo usted está afectado por VIH. Llame al número gratis y pida el formulario «SSA-4814» para adultos o «SSA-4815» para niños. Usted debe llevar el formulario a su doctor para que lo complete y traernos o mandarnos el formulario completado.



### If you are Denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." SSA will request updated medical records and may require you to complete additional forms or see a special doctor hired by SSA to evaluate you. If your claim is denied a second time, you can file for an appeal before a judge. If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly, had you been approved sooner. If you exhaust all your appeals and are still denied, you can start the process again and reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

### What Happens if I Go Back to Work?

If you return to work, there are special rules that let your benefits continue while you work. These rules are important for people with HIV/AIDS who may be able to go back to work when they are feeling better.

**If you have SSD** and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop. However, for 36 months beginning with the first month after the ninth trial work month, you can receive benefits for any month that you do not work at the SGA level. During this time, you will not need to reapply or wait for a new disability decision in order to receive benefits. You will also be eligible for an additional 39 months of Medicare coverage following your TWP (see Medicare and Medicaid, below).

**If you have SSI**, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

For more information on these rules, ask any Social Security office for a copy of the publication, Working While Disabled—How We Can Help (Publication No. 05-10095).

### Si es Rechazado

Si su solicitud del SSD/SSI es rechazada, tendrá 60 días para inscribirse para una "reconsideración." SSA le solicitará nuevos documentos médicos y le podrá requerir que complete otros formularios o entrevistarse con un doctor especial seleccionado por SSA para hacerle una evaluación. Si su solicitud es rechazada nuevamente, puede pedir una apelación ante un juez. Si es aprobado finalmente, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

### ¿Qué Sucede si Regreso a Trabajar?

Si usted regresa a trabajar, hay reglas especiales que permiten la continuación de sus beneficios mientras usted trabaja. Estas reglas son importantes para personas con VIH/SIDA quienes pueden regresar a trabajar cuando se sienten mejor.

**Si Ud. tiene el SSD** y está interesado en regresar a trabajar, llame a la SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el quinto mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado nueve meses. Llame a un representante del SSA para más información.

Si después de los nueve meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos. Sin embargo, durante los próximos 36 meses después del primer mes de haber concluido el periodo de trabajo a prueba, Ud. podrá recibir beneficios por cualquier mes que su trabajo no se considere SGA. Durante este periodo no tendrá que volver a solicitar o esperar una nueva decisión médica de incapacidad para recibir beneficios. También será elegible para recibir 39 meses de cobertura de Medicare adicional después de su TWP (vea Medicare y Medicaid a continuación).

**Si Ud. tiene el SSI**, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante de la SSA para más información acerca de sus opciones.

Para informarse mejor sobre estas reglas, pida una copia de la publicación, Cómo podemos ayudarle si trabaja mientras está incapacitado (publicación número 05-10995) en cualquier oficina del Seguro Social.

# Medicare & Medicaid / Medicare y Medicaid

## MEDICARE

The Centers for Medicare & Medicaid Services (CMS) runs the Medicare and Medicaid programs - two national health care programs that benefit about 95 million Americans. All persons receiving Social Security Disability (SSD) are automatically enrolled in Medicare after 29 months of being disabled (usually 24 months receiving SSD + the first five months of disability). There are no exceptions to this rule!

**COBRA.** The COBRA Health Benefit Provision allows disabled persons to keep the health insurance they had through their employer for 18 months (or up to 29 or 36 months in some cases) if they have received a medical disability decision from SSA. The premiums are usually higher than the group rate and you will be expected to pay them yourself. However, the Ryan White funded Health Insurance program at Legacy Community Health Services may be able to help pay your premiums and will answer your questions about COBRA and keeping your insurance.

\*\* You must give your employer a copy of your SSA award letter as soon as possible. If you do not, your COBRA benefits will end after 18 months and you will have no medical coverage until Medicare begins 11 months later!

Medicare is divided into several parts which help cover specific services if you meet certain conditions. Part A (Hospital Insurance) helps cover inpatient care in hospitals. Helps cover skilled nursing facility, hospice and home health care. Part A coverage is free of charge for most people because they paid Medicare taxes while working.

Part B (Medical Insurance) helps cover doctors' services and outpatient care. Part B also helps cover some preventive services to help maintain your health and to keep certain illnesses from getting worse. Part B, which is optional, requires a monthly premium.

Part C (Medicare Advantage Plans) is a health coverage choice (similar to an HMO or PPO) run by Medicare-approved private companies that limits membership to people with specific diseases or conditions, such as diabetes, congestive heart failure or HIV/AIDS; people who live in certain institutions (like a nursing home) or who live at home but need the same care as someone living in a nursing home; and people who have both Medicare and Medicaid. Part C includes Part A, Part B, and usually other coverage including prescription drugs (Part D). Premiums vary by company and plan.

Medicare Part D (Medicare Prescription Drug Coverage) helps cover the cost of prescription drugs. Part D may help lower your prescription drug costs and help protect against higher costs in the future. Premiums vary by company and plan.

Updates: [www.rwpchouston.org](http://www.rwpchouston.org)

## MEDICARE

Los Centros de Servicios de Medicare & Medicaid (CMS) dirigen los programas de Medicare y Medicaid - dos programas nacionales del cuidado médico que benefician a cerca de 95 millones de estadounidenses. Medicare está disponible a todas las personas que reciben el Seguro Social por Discapacidad (SSD), pero no antes de 29 meses de estar incapacitado (generalmente 24 meses de recibir el SSD y los primeros cinco meses de discapacidad). ¡No hay excepciones a esta regla!

**COBRA.** La Provisión de Beneficios para la Salud COBRA permite a personas discapacitadas mantener sus seguros de salud (el que tuvieron durante el empleo) por 18 meses (o hasta 29 ó 36 meses en algunos casos) si recibieron una decisión de discapacidad médica por la Administración del Seguro Social (SSA). La prima del seguro es usualmente más elevada que la de grupo, y usted debe pagarla. Sin embargo, el programa de seguro médico ofrecido por Legacy Community Health Services y financiado por Ryan White podría asistirle con el pago de la prima, y además puede asistirle con otras preguntas que tenga sobre COBRA.

\*\* Ud. deberá entregarle a su empleador una copia de la carta de beneficios de la SSA lo más pronto posible. Si no lo hace, sus beneficios terminarán después de 18 meses y no tendrá más beneficios hasta que empiece la cobertura con Medicare, que son 11 meses más tarde.

Medicare consiste de varias partes y asiste en cubrir servicios específicos si cumple con ciertas condiciones. La parte A (seguro para hospitalización) asiste con el pago del cuidado del paciente externo en los hospitales, el cuidado de salud en domicilio, en hospicios, y en localidades con enfermeras profesionales. La Parte A es gratis para la mayoría de las personas quienes pagaron impuestos para el Medicare cuando trabajaron.

La Parte B (seguro médico) asiste con el pago de los servicios ofrecidos por los médicos y el cuidado del paciente externo, servicios preventivos que asisten en mantener una buena salud, y evitar que ciertas enfermedades empeoren. La Parte B es opcional y requiere un pago mensual de una prima.

La Parte C (Planes de Ventaja) es una cobertura de elección (similar a un HMO o PPO) administrado por compañías privadas y aprobadas por Medicare, que limitan a las personas con enfermedades o condiciones específicas, así como la diabetes, la insuficiencia cardíaca congestiva, o el VIH/SIDA; personas quienes viven en ciertas instituciones (así como en hogares de cuidados médicos) o quienes viven en sus domicilios pero quienes necesitan el mismo cuidado que aquellos en hogares de cuidados médicos; y personas quienes tienen ambos-- Medicare y Medicaid. La Parte C incluye la Parte A, la Parte B, y usualmente otras coberturas incluyendo medicamentos recetados (Parte D). La prima varía dependiendo del plan y la compañía.

La Parte D (medicamentos recetados) asiste en el pago de dicha medicina. La Parte D puede que le ayude a reducir este costo y prevenir un alto costo en el futuro. La prima varía de acuerdo al plan y la compañía.

### MEDICARE

Medicare will pay for much, but not all, of your health care costs. Medicare recipients have to pay limited deductibles and co-payments. Medicare does not pay for long-term care.

If you receive SSD but don't receive Supplemental Security Income (SSI), and your income falls below a certain level, you may qualify for help paying your Medicare costs through either the QMB (Qualified Medicare Beneficiary) or the SLMB (Specified Low-income Medicare Beneficiary) program.

These helpful programs, administered by Texas Health and Human Services, pay the Medicare part B monthly premiums, and QMB also covers part A monthly premiums as well as all deductibles and co-payments. Call the Texas Department of Aging and Disability Services at 713-692-1635 or 1-800-213-8471 for information about QMB and SLMB. If you receive both SSD and SSI and have been disabled for at least 29 months, you are eligible for both Medicare and Medicaid.

### MEDICARE

Medicare pagará por mucho pero no todo el costo del cuidado médico. Los pacientes con Medicare deben pagar los deducibles y copagos limitados. Medicare no paga el cuidado de largo plazo.

Si usted recibe SSD pero no recibe SSI, y su ingreso es reducido a cierto nivel, usted puede calificar para recibir ayuda con el pago de los costos de Medicare a través de los programas QMB (Beneficiario Calificado) o SLMB (Beneficiario Calificado de bajo ingreso).

Estos programas de ayuda, pagan mensualmente la prima de la Parte B, y QMB cubre la prima de la Parte A y los deducibles y los copagos. Llame al 713-692-1635 ó 1-800-213-8471 para información sobre QMB y SLMB. Si usted recibe ambos—SSD y SSI y ha estado discapacitado por lo menos 29 meses, usted es elegible para recibir Medicare y Medicaid.

## Medicare Prescription Drug Plans / Plan de Medicare Para Recetas Médicas

Medicare offers prescription drug coverage to everyone with Medicare. If you decide not to join a Medicare drug plan when you're first eligible, and you don't have other creditable prescription drug coverage, or you don't get Extra Help, you'll likely pay a late enrollment penalty.

To get Medicare prescription drug coverage, you must join a plan run by an insurance company or other private company approved by Medicare. Each plan can vary in cost and drugs covered.

### How does the Original Medicare Plan work with a Medicare Prescription Drug Plan?

- You pay a separate monthly premium for your prescription drug plan.
- You pay a co-payment or co-insurance, and deductible for your prescription drugs.
- You get a prescription card from your Medicare Prescription Drug Plan. Show it when you get your prescriptions filled.
- You must go to pharmacies that belong to (are in the network of) the Medicare Prescription Drug Plan that you join. If you go to a pharmacy that isn't part of the plan you join, in most cases, your drug won't be covered and you will have to pay the full cost of the drug.
- Each Medicare Prescription Drug Plan has a list of covered prescription drugs which may vary from plan to plan. In most cases, only drugs on this list will be covered.

Medicare ofrece cobertura de medicamentos recetados a todas las personas con Medicare. Si usted decide no unirse a un plan de medicamentos de Medicare cuando es elegible por primera vez y no cuenta con otra cobertura válida para medicamentos recetados, o si usted no recibe Ayuda adicional, probablemente tenga que pagar una penalidad por inscripción tardía.

Para obtener la cobertura de medicamentos recetados de Medicare, usted debe unirse a un plan administrado por una compañía de seguros u otra compañía privada aprobada por Medicare. Cada plan puede variar en sus costos y medicamentos cubiertos.

### ¿Cómo funciona el Plan Original de Medicare con los planes de Medicare para recetas médicas?

- Usted paga una prima mensual separada por el plan para medicamentos recetados.
- Usted paga un co-pago o co-seguro y el deducible del plan para medicamentos recetados.
- Usted obtiene una tarjeta del plan que debe mostrar cuando compra su medicamento.
- Usted debe ir a farmacias que pertenezcan a la red del plan de Medicare para recetas médicas en el que se ha inscrito. Si compra en una farmacia que no pertenece a la red del plan de Medicare, en la mayoría de los casos, el medicamento no estará cubierto y tendrá que pagar el precio total del mismo.
- Cada plan de Medicare para recetas médicas tiene una lista de los medicamentos recetados cubiertos y la misma puede variar con cada plan. En la mayoría de los casos, sólo estarán cubiertos los medicamentos de la lista

#### What if I have a limited income and can't afford a Medicare Prescription Drug Plan?

People with Medicare and Medicaid, and other people with limited income and resources can qualify for help paying their Medicare Prescription Drug Plan costs. You might also want to join a Medicare Advantage Plan or other Medicare Health Plan.

**Remember:** If you have drug coverage through a previous or current employer or union, contact your benefits administrator before you make any changes to your prescription drug coverage.

#### MEDICAID

Medicaid is a state program administered by Texas Health and Human Services (THHS). Everyone receiving SSI benefits, whether or not they are also receiving SSD, is covered by Medicaid. Medicaid covers both acute care (doctor visits, lab work & x-rays, hospitalization, etc.) and long-term care (nursing home, attendant services, etc.). Beginning October 1, 2005, Medicaid clients age 21 years and older may receive the following benefits: eyeglasses, contact lenses if medically necessary, hearing aids, services provided by a chiropractor and services provided by a podiatrist. There are no changes to benefits for Medicaid clients under 21 years old.

Medicaid in the Harris County area (Brazoria, Fort Bend, Galveston, Harris, Montgomery and Waller Counties) is now being provided through two managed care programs: Star and Star+Plus. People receiving TANF benefits enroll in the Star program and people receiving SSI enroll in the Star+Plus program (Star+Plus includes long-term care, but Star does not).

This means that everyone receiving Medicaid is now required to select an HMO (listed below) and a primary care physician who has signed up with the HMO. Once you choose a primary care physician, you will go to this doctor for all your medical care, unless he or she refers you to a specialist or you choose a different primary care physician. However, you do have the right to access psychiatric or chemical dependency treatment directly - from a doctor or facility listed in your HMO's directory - without first going through your primary care physician.

Doctors and clinics frequently sign up with more than one HMO. When you qualify for Medicaid through THHS, you will receive an enrollment packet for the Star or Star+Plus program. This will include "provider directories" for each HMO and a Health Plan Comparison Chart. You can then either fill out the forms and mail them in or you can call the enrollment broker, Maximus, and enroll over the phone. The number to call is listed below.

#### ¿Qué ocurre si mis ingresos son limitados y no puedo pagar por un plan de Medicare para recetas médicas?

Las personas que tienen Medicare y Medicaid y otros con ingresos y recursos limitados podrían ser elegibles para recibir ayuda para pagar por los costos del plan para recetas médicas. También podría inscribirse en un Plan Medicare Advantage u otro Plan de Salud de Medicare.

**Recuerde:** Si tiene cobertura de medicamentos recetados a través de su empleador pasado o actual o sindicato, comuníquese con el administrador de beneficios antes de hacer cualquier cambio a su cobertura de recetas médicas.

#### MEDICAID

Medicaid es un programa estatal administrado por los Servicios de Salud y Humanos de Texas (THHS). Todo aquel que recibe beneficios del SSI, esté o no recibiendo también el SSD, está cubierto por Medicaid. Medicaid cubre tratamientos agudos (consultas médicas, exámenes de laboratorio, rayos-x, hospitalización, etc.) y trata-mientos a largo plazo (cuidado, servicios de asistencia, etc.). A partir del 1° de octubre de 2005, los clientes de Medicaid de 21 años y mayores podrán recibir los siguientes beneficios: anteojos, lentes de contacto si son médicamente necesarios, audífonos, servicios prestados por un quiropráctico y servicios prestados por un podiatra. No habrá cambios en los beneficios para clientes de Medicaid menores de 21 años.

En la area del Condado Harris (los condados Brazoria, Fort Bend, Galveston, Harris, Montgomery y Waller) se ofrece Medicaid a través de dos programas de cuidado administrativo: Star and Star+Plus. Las personas que reciben beneficios TANF se inscriben en el programa Star y personas que reciben SSI se inscriben en el programa Star+Plus (Star+Plus incluye cuidado de largo plazo, sin embargo Star no).

Esto significa que todos aquellos que reciben Medicaid deben elegir un HMO (Organización de la Administración de la Salud, alistados a continuación) y un médico general que esté inscrito con el mismo. Al elegir a un médico, él o ella se encargará de todas sus atenciones de salud, a no ser que lo dirija a un especialista o Ud. elija otro médico general. Sin embargo, tiene el derecho de solicitar tratamiento psiquiátrico y de abuso de drogas directamente con un médico o un centro inscrito con su HMO, sin tener que acudir antes a su médico general.

Los médicos y las clínicas generalmente tienen convenios con más de un HMO. Cuando Ud. califica para Medicaid a través de THHS, recibirá un paquete de inscripción para el programa Star o Star+Plus. El paquete incluye una lista de proveedores en cada HMO y una Tabla de Comparación de los Planes de Salud. Ud. puede llenar los formularios y enviarlos por correo o contactar a la compañía encargada de las inscripciones, Maximus, e inscribirse por teléfono (vea a continuación).

## Medicare & Medicaid / Medicare y Medicaid

### MEDICAID

If you do not make a selection within thirty days, a primary care physician (and an HMO) will be chosen for you. If this happens, you will probably not be allowed to see your regular doctor and your medical care may be interrupted. If you are assigned a health plan you may still choose your own health plan and primary care provider, but until you have formally made that change, you will receive services through the plan and provider to which you were assigned. STAR+PLUS members may change health plans as often as once a month.

### MEDICAID

Si usted no selecciona un médico de cuidado primario (y un HMO) en un periodo de 30 días, uno será seleccionado para usted. Si esto ocurre, probablemente no será permitido ver a su médico regular y su cuidado médico puede ser interrumpido. Si usted es asignado un plan de salud puede seleccionar su propio médico y plan de salud, pero hasta que no haya hecho este cambio formalmente recibirá servicio bajo el plan y el proveedor con quien ha sido asignado. Beneficiarios de STAR+Plus pueden cambiar planes de salud una vez por mes.

## Important Star and Star+ Plus Numbers

Call to enroll or ask questions / Llama a inscribirse o hacer preguntas:

**Star & Star+Plus Helpline** (Línea de ayuda) Toll Free: (800) 964-2777

#### Medicaid Managed Care Helpline

The Medicaid Managed Care Helpline (formerly STARLink) is designed to help people who are already on Medicaid but need help accessing health care services. A priority is placed on individuals with urgent or complex health care needs.

Help includes:

- Information about coverage.
- Guidance on how to access services.
- Referrals to the right place to get help.
- Direct assistance to resolve a problem.

The Medicaid Managed Care Helpline also provides general information about managed care programs.

Toll Free: (866) 566-8989

TTY: (866) 222-4306

#### La línea de ayuda de Medicaid

Llamada Medicaid Managed Care Helpline (conocida antes como STARLink), esta línea está diseñada para ayudar a las personas que ya tienen Medicaid pero necesitan asistencia en acceder los servicios médicos. Se da prioridad a individuos con necesidades de urgencia o de un cuidado complejo.

Help includes:

- Información sobre cobertura.
- Una guía de cómo acceder a los servicios.
- Referencias apropiadas a los recursos.
- Asistencia directa para resolver un problema.

Esta línea de ayuda además provee información general sobre programas administrativos del cuidado.

Toll Free: (866) 566-8989

TTY: (866) 222-4306

**HARRIS AND HARRIS EXPANSION SERVICE AREA:** Austin, Brazoria, Fort Bend, Galveston, Harris, Matagorda, Montgomery, Waller and Wharton Counties.

**JEFFERSON SERVICE AREA:** Chambers, Hardin, Jasper, Jefferson, Liberty, Newton, Orange, Polk, San Jacinto, Tyler and Walker Counties.

Plan Name	Plan Phone Number
AmeriGroup Community Care (Star & Star+Plus)	1-800-600-4441 1-800-855-2880 TTY-English 1-800-518-2884 TTY-Spanish
Community Health Choice (Star)	713-295-2294 or 1-888-760-2600 1-800-518-1655 TTY
Evercare of Texas (Star+Plus)	1-888-887-9003
Molina Healthcare of Texas (Star & Star+Plus)	1-866-449-6849 1-800-735-2989 TTY-English 1-800-662-4954 TTY-Spanish
Texas Children's Health Plan (Star)	1-866-959-2555 1-800-735-2989 TTY
United Healthcare Community Plan (Star)	1-888-887-9003 7-1-1 TTY

# How To Select an HMO

## ¿Cómo Seleccionar un HMO?

### Ask for help if you need it

Choosing the right HMO is a very important decision. You may feel overwhelmed trying to work through all the paperwork. Don't hesitate to ask for help! Consider asking any of the people listed below if you feel you need some guidance through the decision process.

1. Your spouse, partner, relatives, caregivers
2. Your doctor or nurse
3. Your case manager, service linkage worker, care coordinator
4. Friends or acquaintances who are already receiving care through one of the HMOs
5. Representatives of AIDS service organizations (AIDS Foundation Houston, Bering, Legacy, etc.)
6. A representative of the enrollment broker, Maximus (1-800-964-2777)

**Just remember: this is your decision about your health care; the HMO that was right for someone else, or that seems good to someone else, may not be the right one for you.**

### Pida ayuda si la necesita

La elección correcta de un HMO es una decisión muy importante y Ud. podría sentirse abrumado al tener que llenar los formularios sin equivocarse. No vacile en pedir ayuda a cualquiera de las siguientes personas durante el proceso de hacer esta decisión:

1. Su cónyuge, pareja, familiares o cuidadores
2. Su médico o enfermera
3. Su administrador/a de casos, trabajador/a de enlace a los servicios, o coordinador/a del cuidado
4. Amistades o conocidos que están recibiendo tratamiento a través de un HMO
5. Representantes de las organizaciones de servicio del VIH/SIDA (AAMA, Bering, Legacy, etc.)
6. Un representante de Maximus, la compañía encargada de las inscripciones (1-800-964-2777)

**Recuerde que ésta es una decisión suya y sobre su propia salud; el HMO que resultó apropiado para otra persona o que parece ser mejor para otra persona, puede no serlo para Ud.**

### Find your doctor

1. Check the provider lists of all the HMOs.
2. If your doctor is listed with only one HMO, this is probably the one for you.
3. If your doctor is listed with more than one HMO, use the Health Plan Comparison Chart included with your enrollment packet to help you decide (especially look for your preferred hospital and compare the value added services).
4. It is better if your doctor is listed under "primary care physicians" rather than under "specialists," because you will have easier access to him or her. If he or she is a "primary care physician" under one plan and a "specialist" under another, you may want to choose the "primary care physician" HMO.
5. Important: sometimes you may be able to have your doctor as your primary care physician, even if he or she is listed as a specialist; ask the HMOs about this option.

### Busque a su médico

1. Revise las listas de los proveedores de todos los HMO.
2. Si su médico está inscrito en sólo un HMO, éste probablemente es el más apropiado para Ud.
3. Si su médico está inscrito con más de un HMO, use la Tabla de Comparación de los Planes de Salud incluida en el paquete de inscripción (especialmente busque los hospitales preferidos y compare el valor de los servicios).
4. Es preferible que su médico esté inscrito bajo "médico general" y no bajo "especialista" porque así él/ella le será más accesible. Si él/ella está inscrito como "médico general" en un plan y en otro como "especialista," sería preferible elegir el HMO en el cual esté inscrito como "médico general."
5. Importante: A veces es posible tener a su médico como un "médico general" a pesar de que esté inscrito como un especialista; pregunte al HMO acerca de esta posibilidad.

## How To Select an HMO / ¿Como Seleccionar un HMO?

### If your doctor isn't listed

1. Call your doctor's office to find out if he or she has signed up with any of the HMOs; since the provider lists included in your enrollment packet are printed in advance, they are probably not up-to-date.
2. If you prefer, you can call each of the HMOs to ask if your doctor is currently signed up with them.
3. If your doctor hasn't signed up with an HMO, advocate for yourself and ask him or her to sign up with one!

### If you must choose a new doctor (or if you don't have a doctor already)

1. Generally, you should select your primary care physician before you select an HMO.
2. It is important to have regular access to a physician experienced in treating HIV disease, so do not choose a doctor at random or just because the doctor's office is close to where you live.
3. Unless you already have a new doctor in mind, consider asking some of the people listed above (under "Ask for help if you need it") for recommendations. Start with your current doctor.
4. If you have trouble getting recommendations, you may want to call some of the listed doctors in your area and ask if they treat a lot of HIV patients. Answering "yes" doesn't guarantee that the doctor is an HIV specialist, but at least you can definitely rule out those who answer "no."
5. Remember, a new doctor who you are interested in seeing may be signed up with one or more HMOs even if he or she isn't listed in the provider directories, so ask the doctor—or the HMOs—before giving up.
6. If you are trying to choose between two or more equally acceptable doctors, it makes sense to select the one whose office will be easiest for you to get to.

### Accessing your doctor:

1. Remember that in this system you must go through your primary care physician to access a specialist. If you go to a specialist without going through the primary care physician, you may find yourself responsible for paying 100% of the charge.
2. Most primary care physicians have after hours and weekend telephone coverage and are accessible to patients through their main office number, even if the office is closed.

### Si su médico no está inscrito

1. Pregunte a su médico si él/ella está inscrito en algún HMO, ya que la lista de proveedores incluida en el paquete de inscripción está impresa anticipadamente y es probable que los datos no estén actualizados.
2. Si Ud. prefiere, puede llamar a todos los HMO para averiguar si su médico está inscrito actualmente con ellos.
3. Si su médico no está inscrito con un HMO, sugiera que lo haga.

### Si Ud. debe elegir un nuevo médico (o si aún no tiene un médico)

1. Generalmente, debe elegir un médico general antes de elegir un HMO.
2. Es importante tener un acceso fácil a un médico con experiencia en el tratamiento del VIH; por lo tanto no elija un médico al azar o por el hecho que la consulta se encuentre cerca de su casa.
3. A no ser que ya tenga en consideración un nuevo médico, tome en cuenta de consultar con las personas mencionadas anteriormente para recomendaciones. Empiece con su médico actual.
4. Si le es difícil conseguir recomendaciones, podría llamar a los médicos inscritos dentro de su área y preguntarles si atienden a muchos pacientes con el VIH. Una respuesta afirmativa no garantiza que es un especialista del VIH, pero por lo menos puede Ud. prescindir de aquellos que le contestan con una negación.
5. Recuerde, un médico nuevo que a Ud. le interesa puede estar inscrito en uno o más HMO aún si no aparece alistado, por lo tanto pregunte al médico o a los HMO antes de desistir.
6. Si está intentando elegir entre dos o más médicos con similares calificaciones, puede ser más sensato elegir la consulta que le sea más accesible a llegar.

### El acceso a su médico:

1. Recuerde que en el sistema de HMO debe contactar a su médico general (primary care physician) antes de tener acceso a un médico especialista. Si visita a un médico especialista sin primero contactar con su médico general, es posible que tenga que pagar el 100 por ciento de esa consulta médica.
2. La mayoría de los médicos generales tienen líneas telefónicas disponibles después de las horas normales de oficina y en los fines de semana. Aunque la oficina esté cerrada, ellos están disponibles a través del número telefónico principal de la oficina

# Publications / Publicaciones

NAME / NOMBRE	PHONE / TELÉFONO	DESCRIPTION / DESCRIPCIÓN	LEGEND / TABLA
A&U America's AIDS Magazine	(518) 426-9010 www.aumag.org	Periodical created for the HIV affected community.	\$24.95/yr; Free at many ASOs
amfAR News AIDS Research	publications@amfar.org www.amfar.org	amfAR produces a variety of publications. Most are available online and hard copy.	Free
AIDS Treatment News	www.aids.org/atn/	Twice monthly online treatment newsletter.	Free
Being Alive	(323) 874-4322 info@beingalivela.org www.beingalivela.org	PWA Coalition LA newsletter available in print and online. Standing articles cover timely issues such as HIV/AIDS treatment options, mental health, substance abuse, nutrition, advocacy, community referrals and a variety of other topics.	Reduced rate or Free for HIV+
BETA (Bulletin of Experimental Treatments for AIDS)	(415) 487-8060 beta@sfaf.org	BETA covers new developments in HIV/AIDS prevention, treatment and research. Includes in-depth articles on HIV prevention, as well as HIV treatment and strategies for living well with HIV.	Free
The Center for AIDS Information & Advocacy HIV Treatment Alerts	(713) 527-8219 (888) 341-1788 www.centerforaids.org	The Center for AIDS patient newsletter on treatment and research.	Free
CDC National Prevention Information Network (NPIN).  <i>Centro Nacional de Prevención e Información (NPIN) de los CDC</i>	(800) 458-5231 www.cdcnpin.org	Publications on HIV, STDs, TB and Hepatitis.  <i>Publicaciones de VIH, enfermedades de transmisión sexual, tuberculosis y hepatitis. Conversar con un especialista en información, lunes-viernes 10am-7pm.</i>	Esp, Free
Gay Men's Health Crisis Treatment Issues	ti@gmhc.org www.gmhc.org www.gmhc.org/en-espanol	A quarterly magazine for people living with HIV that covers timely HIV prevention and policy issues.	Free, Esp
HIV News and Views	www.thebody.com www.thebody.com/espanol.html	Weekly email/online newsletter.	Esp, Free
HIV Positive Magazine	www.hivpositivemagazine.com	Bi-monthly magazine. Available online for free.	\$18.95 for 1 yr; \$24.95 for 2 yrs
Homeless Services Directory	(713) 739-7514 info@homelesshouston.org www.homelesshouston.org	Detailed information on resources for the homeless: online database, downloadable resource guide and "Help Card".	Free
International Community of Women Living with HIV/ AIDS (ICW)  <i>La Comunidad Internacional de Mujeres Viviendo con VIH/SIDA (ICW)</i>	www.ICW.org  www.ICWlatina.org	Support, information and services available to women living with HIV worldwide.  <i>Apoyo, información y servicios disponibles para las mujeres del VIH+ de todo el mundo.</i>	Esp, Free
PIP eNews	(415) 558-8669 www.projectinform.org	Project Inform's monthly e-newsletter, includes the latest in information on HIV and hepatitis C treatment and care. <i>Periódico del tratamiento de Project Inform.</i>	Esp, Free
Positively Aware	(773) 989-9400 http://positivelyaware.com	TPAN, Chicago bimonthly newsletter (available in print and online).	Free, Esp for HIV+
POZ Magazine	(212) 242-2163 www.poz.com www.poz.com/latino/	Monthly magazine; single subscription available only with NAPWA membership (www.napwa.org); available free online.	Esp

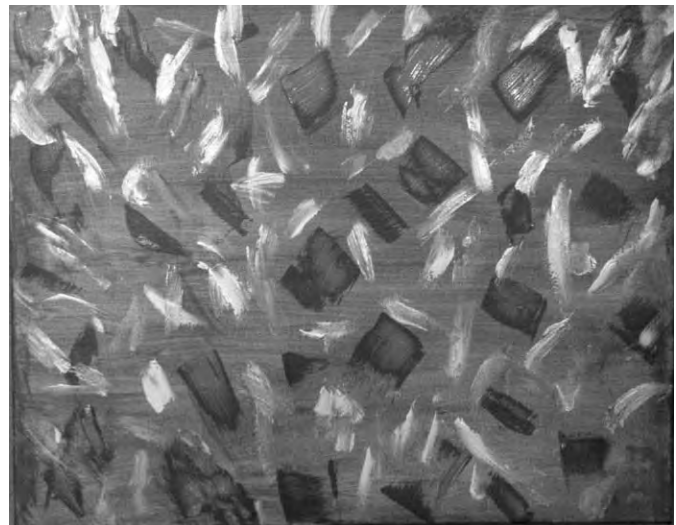


# Publications / Publicaciones

NAME / NOMBRE	PHONE / TELÉFONO	DESCRIPTION / DESCRIPCIÓN	LEGEND / TABLA
Senior Guidance	(713) 529-9991 www.srguidance.org	Convenient directory for older adults, available online and in Houston area Walgreens pharmacies	Free
Texas HIV/STD Community Resource Directory	www.dshs.state.tx.us/hivstd/services/	Available online and for download	Free
United Way Community Resource Directory	2-1-1 http://referral.unitedwayhouston.org/ help@unitedwayhouston.org	Houston area resources in a variety of categories; searchable online database.	\$45/print \$75/CD
Youth Services Directory for Harris County	(713) 295-2530 www.hc-ps.org	Directory includes the most commonly used resources available to the general public.	Free
Women Organized to Respond to Life-Threatening Disease (WORLD) Newsletter	(510) 986-0340 www.womenhiv.org	Quarterly newsletter by, for and about HIV positive women and their loved ones	Free



Art by Kenneth



Art by Brenda



# Pull-Out Phone Directory / Guía Telefónica Portátil

3 "A" Bereavement Foundation . . . . .	(713) 649-3232	East Ft. Bend Human Needs Ministry, Inc. . . . .	(281) 261-1006
A Caring Safe Place . . . . .	(713) 225-5441	Educational Programs Inspiring Communities . . .	(713) 692-4278
Adult Rehabilitation Services . . . . .	(713) 541-4422	Evercare Hospice & Palliative Care . . . . .	(832) 384-8967
Aid to Victims of Domestic Abuse. . . . .	(713) 224-9911	Fair Haven Food Pantry . . . . .	(713) 467-4363
AIDS Coalition of Coastal Texas . . . . .	(409) 763-2437	Family Services of Greater Houston . . . . .	(713) 861-4849
AIDS Foundation Houston . . . . .	(713) 623-6796	FamilyTime Crisis & Counseling Center . . . . .	(281) 446-2615
AIDS Housing Coalition Houston, Inc. (AHCH) . .	(713) 864-1795	Ft. Bend County Clinical Health Services . . . . .	(281) 342-6414
AIDSinfo . . . . .	(800) HIV-0440	Ft. Bend Family Health Center, Inc. . . . .	(281) 342-0530
Art League HIV + Healing Art Group. . . . .	(713) 523-9530	Ft. Bend Family Health Center-Waller. . . . .	(281) 822-4235
AseraCare Hospice . . . . .	(713) 864-2626	F.L.A.S., Inc. . . . .	(713) 772-2366
Asian American Family Services . . . . .	(713) 600-9400	Funeral Consumers Alliance of Houston . . . . .	(713) 526-4267
AAMA (Clifton) . . . . .	(713) 926-9491	Gay and Lesbian Switchboard of Houston . . . . .	(713) 529-3211
AAMA (Gulf Freeway) . . . . .	(713) 967-6700	Good Shepherd Mission . . . . .	(936) 291-8156
Bay Area Council on Drugs and Alcohol, Inc. . .	(281) 212-2900	Goodwill Temporary Service-Project Good Hope . .	(713) 699-6724
Bay Area Homeless Services . . . . .	(281) 837-1657	Gulf Coast Center Recovery Program . . . . .	(409) 944-4337
Bay Area Turning Point, Inc. Crisis Shelter . . .	(281) 286-2525	Gulf Coast Community Svcs (Central). . . . .	(713) 393-4700
Baylor International Pediatric AIDS Initiative. .	(832) 822-1038	Gulf Coast Community Svcs (Baytown) . . . . .	(281) 426-4757
Baylor Teen Health Clinics . . . . .	(713) 873-3601	Harmony Health Recovery Center . . . . .	(713) 237-1765
Ben Taub General Hospital . . . . .	(713) 873-2000	Harris County Hospital District . . . . .	(281) HIV-INFO
Bering Omega Community Services. . . . .	(713) 529-6071	Adolescent Program . . . . .	(713) 873-4100
Day Treatment Program . . . . .	(713) 341-3750	Eligibility. . . . .	(713) 566-6509
Dental Clinic . . . . .	(713) 341-3790	NW Community Health Center . . . . .	(713) 861-3939
Housing Assistance. . . . .	(713) 341-3767	Thomas Street Health Center . . . . .	(713) 873-4000
Residential Hospice . . . . .	(713) 341-3780	Women's Program . . . . .	(713) 873-4511
Bering Support Network . . . . .	(713) 526-1017	Harris Co. Housing Resource Center . . . . .	(713) 578-2055
Brazoria County Center for Independent Living	(979) 849-7060	Harris Co. Public Health & Environ Svcs. . . . .	(713) 439-6000
Brazos Place . . . . .	(979) 233-3826	Antoine Health Clinic . . . . .	(713) 602-3300
Brentwood Project WAITT. . . . .	(713) 852-2551	Baytown Health Clinic. . . . .	(281) 427-5195
Bridge Over Troubled Waters Emgcy Shelter . .	(713) 473-2801	Humble Health Clinic . . . . .	(281) 446-4222
Cage's Medical Services, Inc. . . . .	(713) 674-5616	Southeast Health Clinic. . . . .	(713) 740-5000
Care Group of Texas . . . . .	(713) 383-2100	WIC Program . . . . .	(713) 407-5800
Career and Recovery Resources, Inc. . . . .	(713) 754-7000	Harris County Rides . . . . .	(713) 368-7433
Catholic Charities AIDS Ministry. . . . .	(713) 874-6624	HATCH . . . . .	(713) 529-3590
Center for AIDS Information and Advocacy. . .	(713) 527-8219	Health Information Line (CDC) . . . . .	(800) CDC-INFO
Centerpointe Counseling Services, Inc. . . . .	(713) 528-7007	Healthcare for the Homeless-Houston . . . . .	(713) 276-3073
Central Care Community Health Cntr (Delano) . .	(713) 831-9663	Hospice Care Team, Inc. . . . .	(409) 938-0070
Central Care Community Health Cntr (MLK Blvd). .	(713) 734-0199	Houston Area Community Services (HACS). . . . .	(713) 426-0027
Change Happens! . . . . .	(713) 374-1200	Houston Area Women's Center. . . . .	(713) 528-6798
City of Houston HIV Prevention Planning Group. .	(832) 393-5010	Houston Center For Independent Living . . . . .	(713) 974-4621
City of Houston HOPWA . . . . .	(713) 868-8328	Houston Community Voice Mail . . . . .	(713) 739-7514
City of Houston Office of Veterans Affairs. . . .	(832) 393-0992	Houston Compass, Inc. . . . .	(713) 229-8319
Citywide Home Healthcare. . . . .	(713) 660-6671	Houston GLBT Community Center . . . . .	(713) 524-3818
Coalition for the Homeless of Hou/Harris Cnty . .	(713) 739-7514	Houston Lawyer Referral Service, Inc. . . . .	(713) 237-9429
Colt 45's AIDS Trouble Fund. . . . .	(713) 526-6077	Houston SRO Housing-San Jacinto Apartments . .	(713) 650-0306
Combined Community Action. . . . .	(979) 540-2980	Houston Volunteer Lawyers AIDS Project . . . . .	(713) 228-0735
Corder Place Apartments . . . . .	(713) 741-4070	Humble Area Assistance Ministries . . . . .	(281) 446-3663
Covenant House Texas. . . . .	(713) 523-2231	Interfaith CarePartners® . . . . .	(713) 682-5995
Crisis Intervention of Houston . . . . .	(713) HOTLINE	Intergroup Association, Inc. (AA). . . . .	(713) 686-6300
Spanish . . . . .	(713) 526-8088	International Language Associates. . . . .	(713) 206-0910
Cypress Assistance Ministries . . . . .	(281) 955-7440	Jewish Family Service . . . . .	(713) 667-9336
DAPA Family Recovery Program. . . . .	(713) 783-8889	LAMBDA Center. . . . .	(713) 521-1243
Disability Rights Texas . . . . .	(713) 974-7691	Lazarus House: A Center for Wellness . . . . .	(713) 526-5071

# Pull-Out Phone Directory / Guía Telefónica Portátil

LBJ General Hospital . . . . .	(713) 566-5100	Social Security Administration . . . . .	(800) 772-1213
Legacy Community Health Services		Southeast Area Ministry . . . . .	(713) 944-0093
Administration . . . . .	(713) 548-5000	SNAP - Animal Aid Program . . . . .	(713) 862-3863
Baker-Ripley Clinic . . . . .	(713) 351-7350	Special Treasures/S.O.C.K.S. . . . .	(832) 215-6086
Center for AIDS Information & Advocacy . . . . .	(713) 527-8219	St. Hope Foundation . . . . .	(713) 778-1300
Legacy Montrose Clinic . . . . .	(713) 830-3000	Bellaire Clinic . . . . .	(713) 839-7111
Lyons Avenue Health Center . . . . .	(713) 671-3041	B.R.O. IV L.I.F.E. . . . .	(713) 884-8032
Southwest Clinic . . . . .	(713) 779-6400	Conroe Clinic . . . . .	(936) 441-2440
LIVE Consortium . . . . .	(713) 861-5483	Dental Clinic . . . . .	(713) 778-1300
Living without Limits, Living Large . . . . .	(832) 545-5689	Medications Program . . . . .	(832) 319-7610
Love INC (In the Name of Christ) . . . . .	(281) 422-5683	Stafford Clinic . . . . .	(281) 277-8572
Love U Foundation, Inc. . . . .	(832) 646-3516	St. Mary Magdalene Social Services . . . . .	(281) 540-1907
Medcare Pediatric . . . . .	(713) 995-9292	St. Pius Catholic Church . . . . .	(713) 473-9484
Memorial Assistance Ministries . . . . .	(713) 468-4516	Star of Hope Administration Office . . . . .	(713) 748-0700
Memorial Hermann Hospital System . . . . .	(713) 222-CARE	Men's Development Center . . . . .	(713) 227-8900
Memorial Hermann Prevention & Recovery . . . . .	(713) 939-7272	Transitional Living Cntr for Women & Families . . . . .	(713) 748-7242
MHMRA of Harris County . . . . .	(713) 970-7000	Women and Family Shelter . . . . .	(713) 222-2220
METROLine (Route & Schedule Information) . . . . .	(713) 635-4000	Stop Turning Entering Prison-Shay's House . . . . .	(832) 881-3193
Metro Health Services . . . . .	(713) 777-9600	Texas Attorney General-Child Support Division . . . . .	(800) 252-8014
Michael E. DeBakey VA Medical Center . . . . .	(713) 791-1414	Texas Children's Hospital . . . . .	(800) 364-KIDS
Montrose Counseling Center, Inc. . . . .	(713) 529-0037	Baylor International Pediatric AIDS Initiative . . . . .	(832) 822-1038
Morning Star Hostel . . . . .	(713) 520-0461	Department of Allergy & Immunology . . . . .	(832) 824-1319
Motherland, Inc. . . . .	(713) 290-0001	Department of Retrovirology . . . . .	(832) 822-1038
NationsMed Healthcare . . . . .	(281) 240-4144	Texas Dept of Assistive & Rehabilitative Svcs . . . . .	(800) 628-5115
New Hope Counseling Center . . . . .	(713) 776-8006	Houston Regional Office . . . . .	(713) 866-7765
New Horizon Family Center . . . . .	(281) 424-3300	Texas Dept of Family & Protective Svcs . . . . .	(713) 767-2700
Northshore Counseling Center . . . . .	(713) 637-6000	Abuse, Neglect & Exploitation Reporting . . . . .	(800) 252-5400
Northwest Assistance Ministries . . . . .	(281) 885-4555	Child Care Information . . . . .	(800) 862-5252
Palmer Drug Abuse Program . . . . .	(281) 589-4833	Report Abuse in MHMR Facilities . . . . .	(800) 647-7418
Path to Independence . . . . .	(713) 688-7400	Runaway Hotline . . . . .	(888) 580-HELP
PAWS Houston . . . . .	(713) 840-7297	Youth Hotline . . . . .	(800) 210-2278
Pet Bereavement Counseling Services . . . . .	(713) 522-8344	Texas Department of State Health Services . . . . .	(512) 458-7111
Pet Patrol . . . . .	(281) 733-7696	Children with Special Health Care Needs . . . . .	(800) 252-8023
PFLAG Houston . . . . .	(713) 46P-FLAG	HIV Medication Program (ADAP) . . . . .	(800) 255-1090
Planned Parenthood Gulf Coast . . . . .	(800) 230-PLAN	Medicaid Managed Care Helpline . . . . .	(800) 964-2777
Positive Brothers United . . . . .	(713) 454-7548	Medicaid Hotline . . . . .	(800) 252-8263
Positive Efforts . . . . .	(713) 812-0044	Medicaid Transportation . . . . .	(877) 633-8747
Primary Health Network of South Texas (Ob/Gyn) . . . . .	(713) 799-8994	Medicare Hotline . . . . .	(800) 442-2620
Rehoboth Foundation . . . . .	(713) 484-5850	Texas House . . . . .	(713) 956-6337
Resurrection Metropolitan Community Church . . . . .	(713) 861-9149	Texas Prevention Network . . . . .	(713) 981-6063
Rosenberg-Richmond Helping Hands, Inc. . . . .	(281) 232-4904	Thomas Street Health Center . . . . .	(713) 873-4000
Ryan White Planning Council Office of Support . . . . .	(713) 572-3724	Triangle AIDS Network, Inc. . . . .	(409) 832-8338
Ryan White Program Complaint Line . . . . .	(713) 439-6089	U of H Speech, Language & Hearing Clinic . . . . .	(713) 743-0915
Spanish . . . . .	(713) 439-6095	University Eye Institute	
Salvation Army, Houston Area Command . . . . .	(713) 658-9205	- Good Neighbor Healthcare Ctr . . . . .	(713) 527-8480
Santa Maria Hostel . . . . .	(713) 691-0900	UT Houston Health Science Center . . . . .	(713) 500-6608
SEARCH . . . . .	(713) 739-7752	UT Substance Abuse Research Center . . . . .	(713) 486-2800
House of Tiny Treasures Childcare Center . . . . .	(713) 923-7938	Wellsprings Village, Inc. . . . .	(713) 529-6559
SER Jobs for Progress of the TX Gulf Coast . . . . .	(713) 773-6000	West Heights House . . . . .	(713) 864-1795
Sign Language Accessible Interpreters . . . . .	(713) 263-9670	West Houston Assistance Ministries . . . . .	(713) 977-9942
Sign Shares . . . . .	(713) 869-4373	Windsor Village Social Services Dept. . . . .	(713) 551-8792
Sisters of Serenity-Gene's House . . . . .	(713) 738-4015		

# United Way Helpline

## Línea Telefónica de Ayuda de United Way

2-1-1 Texas/United Way Helpline provides free information and referral assistance using the most comprehensive database of social services in our community. Individuals seeking assistance find that calm, reassuring call specialists are there for them, 24 hours a day, every day of the year, offering help in more than 150 languages.

With extensive knowledge of available community resources, the call specialists can connect people with social services that meet their needs in their community. Call specialists have expertise in areas such as basic needs, physical and mental health, child care, counseling, and disaster recovery.

When life's little problems are suddenly too big to manage alone, 2-1-1 Texas/United Way Helpline is the number to call.

You can also search the Helpline database online:

**<http://referral.unitedwayhouston.org>**

or email your inquiry the helpline:  
**[help@unitedwayhouston.org](mailto:help@unitedwayhouston.org)**

La Línea de Ayuda 2-1-1 Texas/United Way proporciona asistencia de información y referencia gratuita, utilizando la base de datos más comprensivo de servicios sociales en nuestra comunidad. Los especialistas que contestan sus llamadas están disponibles las 24 horas del día, cada día del año, ofreciendo ayuda en más de 150 idiomas y en una manera atenta y alentadora.

Con el conocimiento extenso de recursos disponibles en la comunidad, los especialistas del 2-1-1 pueden conectar a personas con servicios sociales y de salud en su propia comunidad. Los especialistas del 2-1-1 tienen conocimiento en áreas tal como necesidades básicas, la salud física y mental, guardería de niños, asesoramiento, y recuperación después de un desastre.

Cuando de repente los problemas de la vida son demasiado grandes para ser manejados solos, la Línea de Ayuda Texas/United Way 2-1-1 es el número para llamar.

Asimismo, puede buscar la base de datos de la línea de ayuda en la red **<http://referral.unitedwayhouston.org>** o escriba su pregunta a través del correo electrónico al **[helpline@unitedwayhouston.org](mailto:helpline@unitedwayhouston.org)**.

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**If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:**

***Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:***

**Ryan White Planning Council Office of Support**

2223 West Loop South, Suite 240; Houston, TX 77027

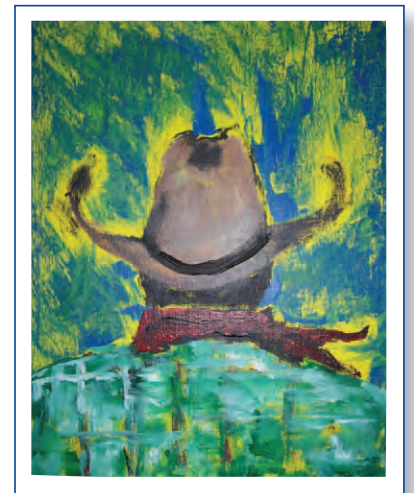
Phone: 713 572-3724 Fax: 713 572-3740 TTY: 713 572-2813

Web: **[www.rwpchouston.org](http://www.rwpchouston.org)**

Email: **[FeedbackRWPC@hctx.net](mailto:FeedbackRWPC@hctx.net)**

# HOUSTON RESOURCE GUIDE

## HOUSTON GUIA DE RECURSOS



The "Blue Book" El "Libro Azul"