

HOUSTON RESOURCE GUIDE

The "Blue Book"

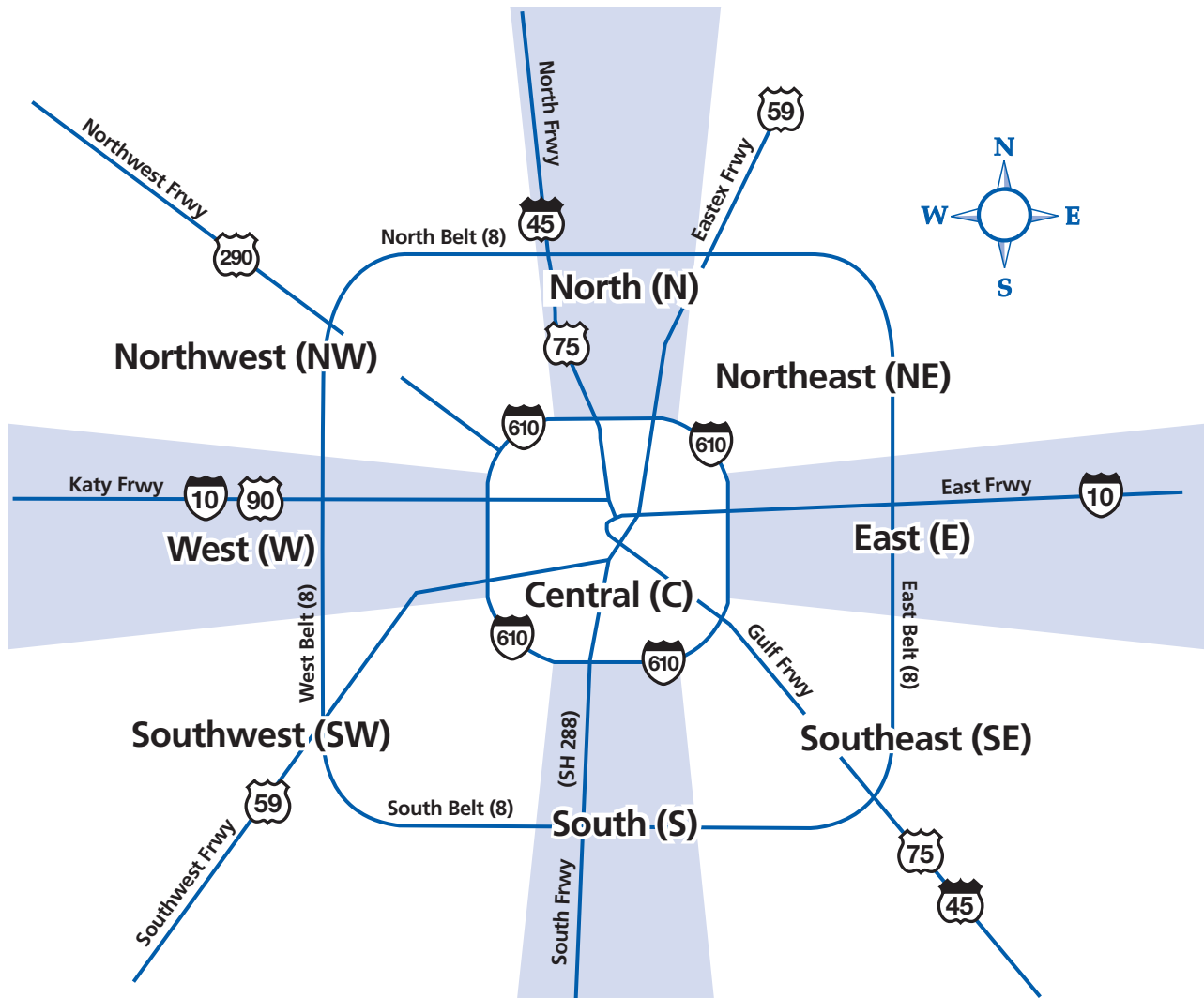
HOUSTON GUIA DE RECURSOS

El "Libro Azul"



2015 – 2016
free / gratis

HOUSTON AREA MAP MAPA DEL ÁREA DE HOUSTON



About the Blue Book...

The Houston area HIV/AIDS Resource Guide is a convenient source of information about services in the Greater Houston Area available to persons living with HIV/AIDS. This guide is not intended to be a directory of all agencies serving HIV+ persons. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council.

In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although we have done our best to provide accurate information, changes do occur, and what was correct when we went to print may no longer be correct at the time you are reading the guide.

We ask that you contact us at (713) 572-3724 or by e-mail at feedbackRWPC@hctx.net if you have comments or suggestions for improving future additions. Be sure to check our website for updated information: www.rwpchouston.org.

Acerca del Libro Azul...

La Guía de Recursos VIH/SIDA de Houston es una conveniente fuente de información que refiere a los servicios en el área de Houston disponibles a las personas viviendo con el VIH/SIDA. Sin embargo, no se pretende que sea un directorio de todas las agencias sirviendo a las personas con el VIH y las inclusiones no implican endoso por parte del Concilio de Planificación Ryan White.

En la preparación de esta publicación hemos confiado en que las agencias mismas nos proveyeran de los datos concernientes a sus programas y servicios. Aunque nuestra intención es el de ofrecer al lector información precisa, algunos cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente.

Le solicitamos que nos llame al (713) 572-3724, o se comunice con nosotros a través de nuestro correo electrónico: feedbackRWPC@hctx.net con sus comentarios o sugerencias a efecto de mejorar nuestras futuras ediciones. Visítenos a nuestro sitio del internet www.rwpchouston.org para la información más actualizada.

How To Use This Guide

The legend below applies to the legend codes used for many services in this book. Additional codes may be used occasionally and are self-explanatory.

When looking for a particular service, use the TABLE OF CONTENTS on page 4. If you don't find the exact service, scan the table of contents to see if it might be included in another category.

The SERVICE CATEGORY sections list the agencies that provide each service. The Service Category sections list the agency name, phone number and legend codes. Use the HOUSTON AREA MAP (opposite page) to find the general area (North, South, East, etc) where the agency is located.

If you know the name of the agency you are looking for, refer to the ALPHABETICAL LISTING, beginning on page 22.

The PULL OUT PHONE DIRECTORY on the last page is perforated and can be removed for easy reference.

Como Usar Esta Guía

La tabla debajo indica a los códigos de la leyenda que son utilizados en la mayoría de los servicios incluidos en este libro. Asimismo, otros códigos obvios pueden que sean esporádicamente usados.

Cuando necesite buscar un tipo de servicio, refiérase a la TABLA DE CONTENIDO en la página 4. Si no encuentra el servicio exacto, indague en la tabla para ver si está incluido en una categoría diferente.

Las secciones de CATEGORÍA DE SERVICIOS clasifican las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON (en la página opuesta) para encontrar el área general (norte, sur, este, etc.) donde la agencia está ubicada.

Si sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO al inicio de la página 22.

La GUÍA TELEFÓNICA ubicada en la última página, está perforado y se puede ser removida del libro para uso portátil y de referencia fácil.

LEGEND

M	Program for Men.
W	Program for Women.
C	Program for children, ages 0 – 12 (or age as specified).
Y	Program for youth, ages 13 – 24 (or age as specified).
Fam	Program for families (with at least one child).
All	Program for persons of all ages.
Esp	Spanish speaking personnel available.
Free	At least one service provided free of charge.
HIV+ only	Program for persons with HIV/AIDS only.
Ins	Accepts private medical insurance.
I/RR	Services for those recently released from jail or prison.
Lim	Limited availability of service.
Med	Accepts Medicare and/or Medicaid.
S\$	Sliding scale used to determine fee.
CD	Program for chemical dependency.
Walk-ins	No appointment needed.
Appt req	Appointment required

TABLA

M	Programa para hombres.
W	Programa para mujeres.
C	Programa para niños, 0 – 12 años.
Y	Programa para adolescentes, 13 – 24 años.
Fam	Se atienden a las familias con niños.
All	Servicios para toda persona.
Esp	Personal que habla español disponible.
Free	Por lo menos un servicio gratis, sin importar ingreso.
HIV+ only	Programa para VIH+ solamente.
Ins	Aceptan seguro médico privado.
I/RR	Servicios para personas que se han dado de alta de la cárcel o prisión.
Lim	Disponibilidad limitada de servicio.
Med	Se acepta Medicare y/o Medicaid.
S\$	Escala móvil utilizada para determinar costo.
CD	Programa para el abuso de sustancias.
Walk-ins	No Se Requiere Cita
Appt req	Se requiere cita previa

About the Artwork...

The artwork for the 2015-16 Houston Area HIV/AIDS Resource Guide has been generously provided by participants of the Healing Art Class at Art League Houston and by participants of the Day Treatment Program at Bering Omega Community Services.

Those who have given us permission to use their artwork are Arturo Salazar-Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White and Tammy Garrison (front cover).

We are very grateful to Bering Omega Community Services, the Art League Houston and the artists listed above for sharing their images and feelings with us for this publication.

For information about the Day Treatment Program see page 103, or contact Bering Omega Community Services at (713) 341-3750.

To learn more about the HIV+ Healing Art Group see page 99, or contact the Art League Houston at (713) 523-9530.

Acerca de la Gráfica...

La ilustraciones para la Guía de Recursos VIH/SIDA 2015-16 del área de Houston ha sido generosamente proveída por los participantes de la Liga de Arte Houston Grupo de Arte Curativo VIH y la Programa Diurno de Tratamiento a Servicios Comunitario Bering Omega.

Entre los que permitieron la publicación de sus trabajos se encuentran Arturo Salazar Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White y Tammy Garrison (portada).

Estamos agradecidos al Servicios Comunitario Bering Omega, a la Liga de Arte Houston y a los artistas previamente mencionados por compartir con nosotros en esta publicación las imágenes y los sentimientos expresados a través del arte.

Para mayor información sobre el Programa Diurno de Tratamiento vea la página 103, o póngase en contacto con el Servicios Comunitario Bering Omega al (713) 341-3750.

Para saber más acerca la Grupo de Arte Curativo VIH, vea la página 99, o póngase en contacto con la Liga de Arte Houston al (713) 523-9530.

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La publicación de esta guía fue posible gracias a fondos de la Ley de Extensión de Tratamiento Ryan White de 2009.

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Dear Friends,

Welcome to the 2015-2016 edition of the Houston Area HIV/AIDS Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. Once again, we are pleased to bring you the most up-to-date information about HIV services in Harris and the surrounding counties.

The Office of Support for the Ryan White Planning Council has been responsible for producing this book for twelve years. We hope you will find the changes in format more helpful than ever. The Council and staff are continually working to bring improvements that will make future editions of the Blue Book even better.

As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. These meetings are open to the public and all who wish to participate in our process are welcome. Please contact the Office of Support at the address listed above for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary.

With best wishes,

Estimados Amigos,

Bienvenidos a la edición 2015-2016 de la Guía de Recursos del VIH/SIDA del Área de Houston (el "Libro Azul"), publicado por el Concilio de Planificación Ryan White. Una vez más, estamos complacidos en ofrecerles la información al corriente sobre los servicios del VIH en el condado de Harris y los condados a su alrededor.

Este será duodécimo año en el cual la Oficina de Apoyo del Concilio de Planificación Ryan White ha tomado la responsabilidad de producir este libro. Esperamos que los cambios del formato les sean de mejor ayuda que nunca. El Concilio y su personal están trabajando arduamente para ofrecerles mayores innovaciones en el futuro.

Como siempre, los pedimos que cooperen con nosotros en proveer información precisa y cualquier dato útil para que esta guía de recursos sea efectiva y de fácil manejo. Por favor escriba, remita vía fax o llámenos para compartir sus ideas. También los alentamos a que hagan comentarios en las reuniones del Concilio. Estas reuniones están abiertas al público. Todas las personas interesadas en participar en este proceso son bienvenidas. Por favor, póngase en contacto con la Oficina de Apoyo, llamando al número mencionado arriba para la información sobre las reuniones.

Únase a nosotros en este trabajo para que en un día futuro esta guía de recursos ya no sea necesaria.

Saludos cordiales,



Steven Vargas
Chair, Ryan White
Planning Council



Tori Williams
Manager,
Office of Support



Diane Beck
Blue Book
Editor

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Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both. As with all listings in this guide, services and programs change, and only the agencies themselves can tell you whether or not you qualify.

Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones. Como todos los recursos en esta guía, los servicios y programas cambian y solamente las agencias en sí pueden informarle si Ud. califica.

Affordable Care Act:

Assistance with the Health Insurance Marketplace

La Ley del Cuidado de Salud Asequible:

Cómo Obtener Ayuda con el Mercado de Seguro de Salud

If you are a client at a Ryan White funded agency: Speak with your case manager. If you do not have a case manager, tell the receptionist that you want to talk with someone about signing up for health insurance.

Si usted es un cliente con una agencia financiada por Ryan White: Hable con su administrador de casos. Si usted no tiene un administrador de casos, dígame a la recepcionista que usted quiere hablar con alguien sobre inscribirse en un seguro de salud.

If you do not go to a Ryan White funded agency and do not have a case manager: You can go to any federally qualified health center (FQHC) and ask to speak with someone about signing up for the healthcare Marketplace. All FQHCs have staff that is trained to assist anyone who needs assistance; you do not need to be a patient at that clinic. For locations and contact information, please see the following:

Si no eres en una agencia financiada por Ryan White y no tienen un administrador de casos: Usted puede ir a cualquier centro de salud federalmente calificado (FQHC) y pida hablar con alguien en inscribirse en el mercado de la salud. Todos los FQHC tienen personal que está capacitado para ayudar a cualquier persona que necesite ayuda; no es necesario ser un paciente en la clínica. Para ubicaciones e información de contacto, por favor vea la siguiente:

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AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN

LEGEND / TABLA

ADAP - Texas HIV Medication Program

1-800-255-1090

Statewide

Free, Esp

Available to low-income, HIV-infected persons, this program covers the cost of many often-prescribed HIV medications. You will need your doctor's help to apply.

Disponible para personas con bajos ingresos infectadas con el VIH, este programa cubre el costo de muchos medicamentos con recetas médicas para combatir el VIH. Necesitará la ayuda de su médico para solicitar este servicio.

Important Resources Everybody Should Know

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The Center for AIDS Information & Advocacy

(713) 527-8219

C (Montrose)

Free, Esp

Located at Legacy Montrose Clinic, this is the only treatment and research information center in this region of the country. Their treatment specialists can help PLWH/A and service providers better understand treatments, explain medication regimens and give advice on what questions to ask doctors. They publish an excellent free treatment newsletter (RITA!).

Ubicado en el Campus de Legacy en Montrose, Este es el único centro de información en esta región del país sobre tratamientos e investigaciones. Sus especialistas pueden ayudar a las personas con el VIH/SIDA y a los proveedores de servicios a informarse sobre tratamientos, explicar sobre los regímenes de los medicamentos, y dar consejos sobre que preguntas hacer a los médicos. Publican un excelente boletín mensual gratis (RITA!).

Harris Co. Housing Resource Ctr (713) 578-2055

Harris County

Free, Esp

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public- and private- sector programs dedicated to helping Harris County's homeless population.

El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris.

Anyone can access the Housing Resource Center by calling the automated information line. They can also visit the website: www.hrc.hctx.net. The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.

Para más información llame o visite el sitio web: www.hrc.hctx.net. La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.

Health Insurance Co-Pay and Premium Assistance

(832) 548-5120

(C) Montrose

Free, Esp

This financial assistance program offers people living with HIV/AIDS assistance with HIV and non-HIV medication costs, ADAP co-pays and health insurance premiums, copays and deductibles. Located at Legacy Montrose Clinic.

El programa de asistencia financiera ofrece ayuda con el pago de medicamentos, incluyendo los del VIH para las personas con el VIH/SIDA, los copagos de ADAP y los copagos, deducibles, y primas del seguro médico del paciente. Ubicado en el Campus de Legacy en Montrose.

Link-Up-America/Lifeline

(866) 454-8387

Statewide

Free, Esp

These programs assist low-income individuals with the cost of establishing home or wireless phone service and offer a discount on basic monthly service. Applications for both programs can be made at the same time. www.lifelinesupport.org

Estos programas asisten a personas con bajo ingreso con el costo de establecer del teléfono residencial o servicio celular y ofrecen un descuento en el servicio básico mensual. Se puede solicitar los dos programas a la misma vez. www.lifelinesupport.org

Important Resources Everybody Should Know

Los Recursos Importantes Que Todos Deben Saber

AGENCY / AGENCIA

PHONE / TELÉFONO

LOCATION / UBICACIÓN LEGEND / TABLA

LITE UP Texas

(866) 454-8387

Statewide

Free, Esp

Under LITE UP Texas (Low Income Telephone and Electric Utilities Program), qualified low-income customers currently receiving Medicaid and food stamps or with a household income at or below 125% of the federal poverty level receive a discount off of their monthly electric bill.
www.liteuptexas.org

*Bajo LITE UP Texas (el programa de asistencia para el servicio telefónico y de electricidad), los clientes que tienen Medicaid y bonos de racionamiento o con bajos ingresos con un total que equivale o es menor al 125 por ciento del nivel federal de indigencia reciben un descuento en el costo mensual del uso de la electricidad.
www.liteuptexas.org*

Next Step Program (Legacy)

(281) 628-2002

(C) Montrose

Free, Esp

Next Step is an educational workshop offered to HIV+ persons and their families. The workshop is free and includes immune system lab work, information on safer sex, disclosing your HIV status, approved therapies, nutrition and referrals to other services.

Next Step es un taller educacional ofrecido a personas positivas con el VIH y a sus familias. El taller es gratuito e incluye varios análisis médicos, información sobre el sexo seguro, revelación del estado del VIH, terapias aprobadas, nutrición y referencias a otros servicios.

Operation I.D.

(281) 833-3508

(C) Med Center Walk-in Only, Esp

Assistance with obtaining photo ID and birth certificate; you must have an agency referral letter and co-pay (from agency or self-paid). Open most Tuesday and Thursday mornings, 9:00 a.m. to 11:30 a.m.

Asistencia en obtener cédula de identidad con foto y certificado de nacimiento; debe presentar una carta de referencia de una agencia y un copago (de agencia o propio). Abierto martes y jueves, 9:00 a.m. a 11:30 a.m.

Qualified Medicare Beneficiary (QMB) & Specified Low-income Medicare Beneficiary (SLMB) Programs

2-1-1

Statewide

Free, Esp

1-877-541-7905

The QMB program is federally mandated coverage for Medicare beneficiaries who have countable income of no more than 100 percent of the federal poverty level and who have limited resources. The state pays Medicare Part A & B premiums, Medicare deductibles, and Medicare co-insurance costs. Individuals may be eligible for both Medicaid and QMB benefits.

El programa QMB es una cobertura asignada por mandato federal para los beneficiarios de Medicare que tengan ingreso contable de no más del 100 por ciento del nivel federal de indigencia y recursos limitados. El estado paga la prima de la parte A y B de Medicare, los deducibles de Medicare, y el costo de seguros de Medicare. Los individuos pueden ser elegibles para ambos beneficios - Medicaid y QMB.

The SLMB program is a federally mandated coverage group that is an extension of the QMB group. Under this program, individuals are entitled only to the payment for Medicare Part B premium. Income must be more than 100% but less than 120% of the federal poverty level.

El programa SLMB es una cobertura asignada por mandato federal y una extensión del grupo QMB. Bajo este programa, los individuos son elegibles solamente al pago de la prima de la parte B de Medicare. El ingreso contable debe ser más de 100% pero menos de 120% del nivel federal de indigencia.

Apply online at www.yourtexasbenefits.com.

Aplique en línea en www.yourtexasbenefits.com.

Harris County Public Health Services, Ryan White Grant Administration

CPCDMS Client Registration Process

All clients are required to register in the CPCDMS in order to be eligible for Ryan White services. Listed below are the steps required to complete the registration. **Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.**

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Ryan White eligibility** (see below).
4. If the client provides **all necessary eligibility documentation** (HIV+ diagnosis, identity, residency, income, and health insurance verification), the agency serves client.

NOTE: Primary care providers can only register/update clients receiving primary care from their primary care site.

Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

Required Documentation

Acceptable Forms of Documentation

HIV+ diagnosis¹

Acceptable signatories

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician (**only acceptable by Harris County – Ryan White Grant Administration**)

- A computer-generated HIV+ laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed. Examples are:
 1. Antibody screening test {e.g. Reactive Enzyme Immunoassay (EIA) with confirmatory western blot or Indirect Immunofluorescence Assay test (IFA)} or
 2. HIV Nucleic Acid (DNA or RNA) detection test {e.g. Polymerase Chain reaction (PCR), HIV p24 Antigen test, HIV Isolation (viral culture)} or
 3. HIV Testing Medical Report on HDHHS letterhead
- A statement or letter signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is HIV+, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth (**valid for only 60 days from the start of services at the agency**).
- A Texas Department of Criminal Justice (TDCJ) physician-completed Medical Certification form.

NOTE: Proof of HIV+ diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV+ diagnosis must be presented at all agencies where services are accessed.

¹ For services available to non-HIV+ persons, documentation of the client's relationship to an HIV+ person and the HIV+ person's diagnosis must be provided.

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of identity

- Texas Driver's License (Primary & Preferred ID)
- Texas Identification Card
- Texas Department of Corrections identification card
- Employment badge with picture
- Student ID with picture
- U.S. immigration documents with picture
- Credit card with picture
- Metro picture ID
- U.S. naturalization, citizenship, passport or other Federal documents with picture
- Driver's license or identification card issued by another US state
- A government-issued ID from a country other than the U.S.
- Birth certificate (cannot be used by married women)
- Social Security card
- Medicaid/Medicare card
- Letter on Letterhead from another Social Service Agency
- Veterans Administration ID Card

Verification of residency within funding source's catchment area

Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)
- Current lease in the name of the client or listing the client as an occupant
- Property tax documents
- Utility/phone/cable/credit card bill in the name of the client
- Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility
- Business correspondence with the client's name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter
- Temporary agency affidavit signed and dated by client (valid for only 60 days from initial service date) (homeless or undocumented only)
- Letter on Letterhead from a social service agency (homeless or undocumented only)
- Supporter Statement with address and valid signature of client's supporter
- Payroll stub/copy of payroll check/bank statement - showing address
- P.O. Box, along with another means to verify the address such as current utility bill or case manager's verification letter

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of household income

All clients must be screened for financial eligibility for Ryan White funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.²

Documentation of income must be provided for all members of the client's household.³ Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.

Acceptable income documentation:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)
- Payroll stub/copy of payroll check/bank statement showing direct payroll deposit
- Letter from employer on company letterhead indicating weekly or monthly wages
- Unemployment benefits letter/copy of check
- IRS 1040 form (tax return)/W-2 form/1099 form (preferred)
- Social Security award letter
- VA benefits letter
- Private disability/pension letter on company letterhead
- Medicaid letter
- Child or spousal support order with judge's signature and date
- Food stamp award letter (TANF: Temporary Aid to Needy Families)

The following documentation is acceptable only for clients claiming no income:

- Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)
- Proof of application for Social Security (valid for 6 months only)
- Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses
- Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification
- Homeless client: Verification letter on company letterhead from homeless services

² See the US Dept. of Health and Human Services Poverty Guidelines for the current year and the "Ryan White Federal Poverty Guidelines" table.

³ Refer to P&P for determining household income.

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of Health Insurance Coverage: Medicaid/Medicare or Third Party Eligibility Verification

The following service categories must provide verification of client ineligibility for Medicaid/Medicare or third party coverage (to assure that Ryan White Part A is payer of last resort) at every visit or monthly (whichever is less frequent).

Medicaid/Medicare or Third Party Reimbursable Service Categories:

- Primary Medical Care (including pediatric and women’s services)
- Psychiatry
- Local Pharmacy Assistance Program (LPAP)
- Dental
- Substance Abuse Treatment
- Vision Services
- Transportation (Medicaid only)
- Case Management (children up to 20 years old and pregnant women)

Acceptable documentation to verify Medicaid/Medicare or third party eligibility status:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- The preferred method for documenting insurance verification is printing the results and filing in client record or electronically in an organized and identifiable manner
- Verification of employment, i.e. payroll stub, copy of payroll check, bank statement showing direct payroll deposit, letter from employer on company letterhead indicating weekly or monthly wages no greater than 6 months old (to demonstrate Medicaid/Medicare or third party eligibility status)
- Medicaid/Medicare or third party rejection/denial letter covering the dates of service
- Medifax slips or other automated system (must be done at least monthly)

The following documentation is acceptable only for undocumented and/or homeless clients:

- Letter on company letterhead from a case manager, social worker, counselor or other professional (certifying Medicaid/Medicare or third party eligibility status) from another agency who has personally provided services to the client, stating that the client is undocumented and/or homeless.

Servicios de Salud Pública del Condado Harris Administración de Subsidios Ryan White

Procedimiento de Registración del Cliente en el CPCDMS

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios de Ryan White. A continuación están los pasos a seguir para completar la registración. **La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.**

1. El cliente firma el formulario del consentimiento para recibir servicios.
2. El personal de la agencia completa el formulario de registración con el cliente.
3. El personal de la agencia asesora al cliente para su elegibilidad a la **Ryan White** (vea a continuación).
4. Si el cliente provee **toda la documentación necesaria para la elegibilidad** (confirmación de diagnóstico del VIH, identidad, residencia, ingreso, y verificación de seguro de salud), la agencia ofrece servicio al cliente.

AVISO: Los proveedores del cuidado primario de la Ryan White pueden registrar/poner al corriente solamente a los clientes recibiendo cuidado primario en su localidad primaria

Requerimientos de elegibilidad de la Ryan White

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

Documentación requerida

Tipos de documentación aceptables

Diagnóstico del VIH+¹

Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico **(aceptado solamente por el Condado de Harris – Servicios del VIH)**

- Un análisis de laboratorio del VIH+ elaborado por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso. Ejemplos:
 1. Análisis del anticuerpo, por ejemplo, Inmunoanálisis de Enzima Reactiva (EIA) con “Western blot” confirmatorio o Análisis de Inmunofluorescencia Indirecta (IFA); o
 2. Análisis de detección del Acido Nucleico del VIH (DNA o RNA) {por ejemplo, Reacción de Cadena Polimerase (PCR), Análisis de Antígeno VIH p24, Aislamiento del VIH (cultivo viral); o
 3. Reporte médico de la prueba del VIH en hoja membretado con HDHHS
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento **(válido solamente por 60 días del inicio del servicio en la agencia).**
- Un médico del Departamento de Justicia Criminal de Texas (TDCJ)- formulario de Certificación médica completada.

AVISO: La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.

¹Para los servicios disponibles a personas sin VIH, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptables
<p>Verificación de identidad</p>	<ul style="list-style-type: none"> • Licencia de conducir de Texas (Identificación primaria y preferida) • Cédula de identidad de Texas • Tarjeta de identidad del Departamento de Corrección de Texas • Tarjeta laboral con fotografía de identidad • Tarjeta estudiantil con fotografía • Documentos de inmigración de EEUU con fotografía • Tarjeta de crédito con fotografía • Tarjeta del Metro con fotografía • Documento de naturalización, ciudadanía, pasaporte u otro documento federal con fotografía • Licencia de conducir o tarjeta de identidad de otro estado de EEUU • Identificación gubernamental producida por otro país que no sea de EEUU • Certificado de nacimiento (no aceptable de mujeres casadas) • Tarjeta del Seguro Social • Tarjeta de Medicaid/Medicare • Carta con logo de otra agencia de servicios sociales • Tarjeta de identidad de la Administración de Veteranos
<p>Verificación residencial dentro de la zona de captación de los fondos</p>	<p>Documentación de residencia de menores de edad es requerida de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:</p> <ul style="list-style-type: none"> • Testimonio del cliente (aceptable cada 6 meses de reevaluación) afirmando que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable • Una copia válida y oficial de "verificación del sistema de CPCDMS" (solamente agencias que NO son poseedoras de registro del cliente) • Contrato de renta al día en nombre del cliente o que incluya al cliente como residente • Documentos de impuesto a la propiedad • Factura de electricidad/cable/tarjeta de crédito en nombre del cliente • Facturas de tarjeta de crédito en nombre del cliente • Carta con logo y firmada por el director de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria • Correspondencia de negocio con el nombre del cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid • Afidávit temporal de agencia firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio) • Carta con logo de una agencia de servicios sociales • Declaración por escrito de persona que sostiene al cliente, con dirección y firma de tal • Pago salarial/copia del cheque salarial/cuenta bancaria con dirección del cliente • Casilla de correo, adjunto con otro medio para verificar la dirección, así como la cuenta corriente de su servicio de electricidad, o carta de verificación de su administrador/a de casos

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptable
<p>Verificación del ingreso familiar</p>	<p>Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Ryan White. No se debe proveer servicios a cliente cuyo ingreso familiar sobrepasa el máximo establecido por el Concilio de Planeamiento Ryan White para cada categoría de servicio.²</p> <p>La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.³ La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside.</p> <p>Documentación de ingreso aceptable:</p> <ul style="list-style-type: none"> • Testimonio del cliente (aceptable cada 6 meses de reevaluación) afirmando que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable • Una copia valida y oficial de "verificación del sistema de CPCDMS" (solamente agencias que NO son poseedoras de registro del cliente) • Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso • Carta con logo escrita por el empleador indicando salario semanal o mensual • Carta de beneficio de desempleo/copia del cheque • Formulario del IRS 1040 (reembolso de impuesto)/W-2/1099 (preferido) • Carta del beneficio del Seguro Social • Carta de beneficio de la Administración de Veteranos • Discapacidad privada/carta de pensión que incluya el logo de la compañía • Carta de Medicaid • Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez • Carta de beneficio de estampillas para alimentos (TANF: Ayuda temporal a familias) <p>La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:</p> <ul style="list-style-type: none"> • Declaración temporal de una agencia, firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio) • Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses) • Carta de beneficios de estampillas para alimentos • Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia • Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que lo mantiene, incluyendo cantidad y tipo de sustento (alojamiento, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo mantiene • Cliente sin lugar donde vivir: Carta de verificación con logo del refugio/agencia para el desamparado

² Ver la guía de indigencia del año actual del Departamento de Salud y Servicios Humanitarios de EEUU y la tabla "Ryan White Federal Poverty Guidelines."

³ Refiérase a los Reglamentos y Procedimientos para determinar el ingreso familiar.

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida	Tipos de documentación aceptable
<p>Verificación de la Cobertura del Seguro de Salud: Medicaid/Medicare o Verificación de Elegibilidad de un Tercer Partido</p>	<p>Las siguientes categorías de servicios deben proveer verificación de la elegibilidad del cliente para Medicaid/Medicare o la cobertura de un tercer partido (para asegurar que la Parte A de Ryan White pagara como último recurso) a todas las visitas o mensualmente (cual fuera menos frecuente).</p> <p>Categorías de Servicio Reembolsable por Medicaid/Medicare o un Tercer Partido:</p> <ul style="list-style-type: none"> • Cuidado Médico Primario (incluye pediatría y servicios para mujeres) • Psiquiatría • Programa Local de Asistencia Farmacéutica (LPAP) • Dental • Tratamiento de Abuso de Substancias • Servicios de Visión • Transportación (Medicaid solamente) • Administración de Casos (niños/niñas hasta los 20 años de edad y mujeres embarazadas) • Documentación aceptable que verifique elegibilidad con Medicaid/Medicare o un tercer partido: • Testimonio del cliente (aceptable cada 6 meses de reevaluación) de que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable • El método preferido para documentar verificación de seguros es imprimiendo los resultados y registrándose en el archivo del cliente o electrónicamente de una manera identificable y organizada • Verificación de empleo, por ejemplo, planilla de pago, copia del cheque salarial, documento de cuenta bancaria que demuestra depósito directo del pago salarial, carta con membrete de la compañía del empleador indicando salario semanal o mensual fechado un máximo de seis meses de la fecha de presentación del documento (para demostrar estado de elegibilidad con Medicaid/Medicare o un tercer partido) • Una carta de rechazo/negación durante las fechas de servicio de Medicaid/Medicare o un tercer partido • Planillas de Medifax u otro sistema automatizado (debe hacerse por lo menos mensualmente) <p>Las siguientes documentaciones son aceptables sólo para clientes indocumentados y/o sin vivienda:</p> <ul style="list-style-type: none"> • Carta con membrete de la compañía de un administrador/a de casos, trabajador/a social, consejero/a u otro profesional (certificando el estado de elegibilidad con Medicaid/Medicare o un tercer partido) de otra agencia quien ha proveído personalmente servicios al cliente, afirmando que el cliente es indocumentado y/o sin vivienda.

Procedimiento de Registración del Cliente en el CPCDMS

SITIOS DE REGISTRACIÓN RYAN WHITE

AGENCY	PHONE #
AccessHealth	(281) 342-0529, x138
AIDS Foundation Houston (new and out of care only)	(713) 623-6796, x308
Bering Omega – Hospice Care	(713) 341-3781
City of Houston (new and out of care only)	(832) 393-5427
Harris County Sheriff’s Office (jail)	(713) 755-9252
Harris Health System – HIV Services	(713) 873-4011
Houston Area Community Services	(832) 384-1428
Legacy Community Health Services	(832) 548-5107
The Montrose Center	(713) 529-0037, x360
Saint Hope Foundation	(713) 778-1300
UT Health Science Center (Pediatrics)	(713) 500-6443
Veteran’s Administration	(713) 791-1414, x5292

Notes / Notas

Client Rights / Derechos del Cliente

As a client at an agency receiving services funded by the Ryan White Program, you have the following rights:

- To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- To services that are considerate and respectful and free from abuse, neglect and exploitation.
- To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law.
- To communicate about your services in a language and format that you understand.
- To be informed of all agency rules and regulations related to your services.
- To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- To withdraw your consent for services and/or seek services at another agency and to do so without pressure or intimidation.
- To know the qualifications of the staff providing you with services.

Como cliente de esta agencia que recibe fondos del Programa "Ryan White", Ud. tiene los siguientes derechos:

- A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- A saber la calificación del personal que está ofreciéndole el servicio.

Complaint Procedures / Procedimiento Para Reclamos

Certain services are funded by Ryan White Program funds administered by one of the entities listed below.

By contract, the agency providing the service is required to have a client complaint procedure. If you have questions on how to file a complaint regarding a Ryan White funded service, please call one of these two agencies:

Ciertos servicios son financiados por el Programa Ryan White y los fondos administrados por una de las siguientes entidades.

Bajo contrato, la agencia que provee el servicio debe tener un procedimiento a seguir para cuando surjan quejas del cliente. Si usted tiene preguntas acerca del procedimiento para registrar una queja sobre un servicio financiado por el Programa Ryan White, por favor llame uno o los dos estas agencias:

713 439-6089 English
713 439-6095 Spanish

Or write to: O escriba a:
Harris County Public Health Services
Ryan White Grant Administration
2223 West Loop South, #417
Houston, TX 77027

Reachelian Ellison,
Consumer Relations Coordinator
713 526-1016, Extension 104
rellison@hivresourcegroup.org

Or write to: O escriba a:
Houston Regional HIV/AIDS Resource Group
500 Lovett Boulevard, Suite 100
Houston, TX 77006

If your complaint remains unresolved after you have followed all procedures with the agency, you will be informed on how to file a formal grievance.

Si su queja no se ha resuelto después de haber tomado los pasos del procedimiento con la agencia, usted será informado de cómo registrar un agravio formal.

Harris Health System Eligibility

Elegibilidad del Harris Health System

The Harris Health System's mission is to improve our community's health by delivering high-quality healthcare to Harris County residents.

While medical care is not free at our facilities, there is financial assistance for those who qualify. Based on your household income, you may qualify for partial financial assistance on a sliding scale.

All Harris Health System patients are asked to make a minimum payment at the time of their hospital or clinic visit, except for pediatric and prenatal care visits. Service fees do not apply to patients in the Healthcare for the Homeless Program or other insurance plans. Insurance plan co-pays will be collected according to plan requirements.

La misión del Harris Health System es mejorar la salud de nuestra comunidad entregando la asistencia médica de alta calidad a residentes de Condado Harris.

Mientras la asistencia médica no es libre en nuestras instalaciones, hay ayuda financiera para aquellos que se licencian. Basado en sus ingresos de unidad familiar, usted puede tener derecho a la ayuda financiera parcial en una escala móvil.

A Todos los pacientes Harris Health les piden hacer un pago mínimo en el momento de su visita de clínica o hospital, excepto visitas de cuidado pediátricas y prenatales. Los honorarios de servicio no se aplican a pacientes en la Asistencia médica para el Programa sin Hogar u otros proyectos de seguros. Las co-pagas de plan de seguros serán coleccionadas según exigencias de plan.

How to Apply for Assistance

Fill out the application:

<https://www.harrishealth.org/SiteCollection/Documents/eligibility/applicant-forms/English/application-instructions-english.pdf>

Review the ***What to Submit with Your Application*** section (below) and attach copies of the requested documents.

You can mail your application or drop it off at an eligibility center (no appointment necessary):

Harris Health Financial Assistance Program
PO BOX 300488
Houston, TX 77230

If you need assistance, please call the Eligibility Information Line at 713-566-6509.

Cómo Solicitar Asistencia

Llene la solicitud:

<https://www.harrishealth.org/SiteCollection/Documents/eligibility/applicant-forms/English/application-instructions-english.pdf>

Repase la sección (abajo) ***Qué debo presentar con mi solicitud*** y adjunte copias de los documentos solicitados.

Puede enviar su solicitud por correo o dejarlo en la oficina de elegibilidad (no necesita una cita para hacerlo):

Harris Health Financial Assistance Program
PO BOX 300488
Houston, TX 77230

Si necesita asistencia, por favor llame a la línea de información de elegibilidad al 713-566-6509.

Eligibility Centers / Centros de Elegibilidad

Acres Home	818 Ringold St., Houston, TX 77088	7 a.m. - 4 p.m. 4th Tuesday: 7 a.m. - noon
Louis J. Moore	8901-B Boone Rd., Houston, TX 77099	7:30 a.m. - 4:30 p.m. 4th Wednesday: 7:30 a.m. - noon
East Mount Houston	11737B Eastex Freeway, Houston, TX 77039	8:00 a.m. - 4:30 p.m. 4th Friday: 8 a.m. - noon
Southeast	3550-A Swingle Rd., Houston, TX 77047	8:00 a.m. - 4:30 p.m. 3rd Friday: 8 a.m. - noon
Strawberry	925 Shaw Rd., Pasadena, TX 77506	7:30 a.m. - 4:30 p.m. 3rd Thursday: 7:30 a.m. - noon

Harris Health System Eligibility Elegibilidad del Harris Health System

What to Submit with Your Application

Please make and provide copies of the following papers with your application:

Identification (ID) (self and spouse)

State issued driver's license, state issued ID card, current student ID with picture, current employee job badge with picture, passport with picture, U.S. Immigration documents with picture, or foreign consulate ID card with picture. If a picture ID is not available, two of the following proofs may be used: birth certificate (not for married women), marriage license, social security card, other federal documents showing identity and residency in Harris County, hospital or birth records, adoption papers or records, voter's registration card, current wage stubs, Medicare card or Medicaid card.

Proof of address

One of the items below showing proof of address that includes your name or your spouse's name dated within the last 60 days:

Utility bill; current check stub; school record for children under the age of 18; mortgage coupon; credit card statement; printout from IRS of most current year's tax filing; certification documents or benefit checks from Social Security Administration or Texas Workforce Commission; certification documents from Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamp program), Medicaid or Medicare; letter from recognized social services agency; business mail; statement from a licensed child care provider; or Harris Health System Residence Verification Form (the form is available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/residence-verification-english.pdf) completed by a non-related person not living in the same household.

-OR-

One of the items below showing proof of address that includes your name or your spouse's name dated within the last year:

Current lease agreement, department of motor vehicles record, property tax documents, current automobile insurance documents, current automobile registration, or voter's registration card for current year.

Qué debe presentar con su solicitud

Le solicitamos que haga y suministre copias de la siguiente documentación junto con su solicitud:

Identificación (documento de identidad, suyo y de su cónyuge)

Licencia de conducir emitida por el estado, tarjeta de identificación emitida por el estado, tarjeta de identificación de alumno con foto actual, tarjeta de trabajo actual con foto, pasaporte con foto, documentos de inmigración de los Estados Unidos con foto, tarjeta de crédito con foto, tarjeta de identificación de un consulado extranjero con foto. Si la identificación con foto no se encontrara disponible, se podrán utilizar dos de los medios de prueba que se detallan a continuación: partida de nacimiento (excepto para mujeres casadas), licencia de matrimonio, tarjeta de seguro social, otros documentos federales que prueben la identidad, registros hospitalarios o de nacimiento, documentos o acta de adopción, tarjeta de registro de elector, recibos de sueldo actuales, tarjeta de Medicare o Medicaid actuales.

Prueba de domicilio

Un comprobante de domicilio que tenga su nombre o el de su cónyuge con fecha dentro de los últimos 60 días:

Recibos de servicios, registro escolar para niños menores de 18 años, recibo de hipoteca, resumen de tarjeta de crédito, impresión del IRS o de la declaración jurada impositiva más reciente, documentos de certificación o cheques de subsidio emitidos por la Administración del Seguro Social (SSA) o de la Comisión de Fuerza de Trabajo de Texas (TWC), documentos de certificación del Programa de Asistencia de Nutrición Suplementaria (SNAP, anteriormente conocido como cupones de alimentos), Medicaid o Medicare, carta de agencia reconocida de servicios sociales, correspondencia de negocios, declaración de un proveedor de cuidado infantil con licencia, formulario de verificación de residencia del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/residence-verification-spanish.pdf) completado por una persona sin vínculo familiar que no viva en la misma casa.

-O BIEN-

Un comprobante de domicilio que tenga su nombre o el de su cónyuge con fecha dentro del último año: Contratos de alquiler actuales, registro de vehículos automotores, documentos de impuestos a la propiedad, documentos de seguro de automotor (en vigencia), registro del automotor, o tarjeta de registro de elector para el año en curso

Harris Health System Eligibility Elegibilidad del Harris Health System

Proof of income for the past 30 days for each household member 18 or older

Cash contributions, dividends and royalties, rental property, alimony, workmen's compensation, military pay and allowances, current check stubs, child support documents, current IRS 1040/1040A tax return (all pages) if self-employed, Harris Health System Statement of Self Employment Income Form (the form is available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/self-employment-income-statement-english.pdf) if no tax return is filed, Harris Health System Wage Verification Form (the form is available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/wage-verification-english.pdf) (for cash and personal check wages only), Social Security award letter, Retirement award letter, Veteran Affairs letter or check, unemployment benefit records or Harris Health System Statement of Support Form (available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/support-statement-english.pdf) if no income.

Dependent proof for household members

Birth certificate, baptismal record, proof of full time school enrollment for students ages 18 to 26, Social Security award letter with dependents' names, school documents or insurance documents showing names of both parent and child, U.S. Immigration applications with dependents' names, divorce decree or child support documents, baby's Popras form, birth fact record or hospital armband for infants less than 90 days old, or death certificate for previous household members.

Immigration status for each household member

You must bring current or expired documents from the U.S. Citizenship and Immigration Services.

Comprobante de ingreso de los últimos 30 días para cada miembro de la familia que tenga 18 años de edad o más

Contribuciones de dinero en efectivo, dividendos y regalías, renta de propiedades, pensión alimenticia, indemnización por accidentes del trabajo, salario militar y contribuciones, talones de cheques actuales, manutención de niños, declaración jurada actual 1040/1040A del IRS (todas las páginas) si fuera autónomo, formulario de ingresos como trabajador independiente del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/self-employment-income-statement-spanish.pdf) para clientes que no presentan declaración jurada del impuesto a las ganancias, formulario de verificación de salario del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/wage-verification-spanish.pdf) (solo para sueldos en efectivo o con cheque personal), seguro social, jubilación, carta o cheque de Veteran Affairs, registros de seguro de desempleo o formulario de declaración de ayuda financiera del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/support-statement-spanish.pdf) si no posee ingresos

Comprobante de miembros dependientes en la casa

Partida de nacimiento, registro de bautismo, comprobante de inscripción escolar a tiempo completo para estudiantes de 18 a 26 años, carta de asignación del seguro social con el nombre de las personas a cargo, documentos escolares o documentos de seguro que muestren los nombres del padre y del hijo, solicitudes de inmigración de los Estados Unidos con los nombres de las personas a cargo, sentencia de divorcio o de manutención de menores, formulario Popras del bebé, registro de nacimiento o brazalete del hospital para niños menores de 90 días, certificado de Medicaid actual o partida de defunción para miembros anteriores de la familia.

Estado de inmigración correspondiente a cada miembro de la familia

Debe presentar un formulario de activos de Medicare (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/medicare-assets-spanish.pdf) y un comprobante de sus actuales recursos y obligaciones (todas las páginas de los resúmenes bancarios, facturas de tarjeta de crédito, préstamos, etc.).

Harris Health System Eligibility Elegibilidad del Harris Health System

Healthcare coverage* for each household member

Please bring current proof of Medicaid, CHIP, CHIP Perinatal, Medicare or health insurance.

**You must apply for CHIP, CHIP Perinatal, Medicaid, TANF (Temporary Assistance for Needy Families), SSI (Supplemental Security Income) or Title V benefits if you qualify.*

Resources for Medicare patients

You must provide a Medicare Asset Form (available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/medicare-assets-english.pdf) and proof of your current resources and liabilities (all pages of bank statements, credit card bills, loans, etc.).

Cobertura de salud* para cada miembro de la familia

Traiga un comprobante vigente de Medicaid, CHIP, CHIP Perinatal, Medicare u otro seguro de salud.

**Debe presentar la solicitud, si califica, para beneficios de CHIP, CHIP Perinatal, Medicaid, TANF (Asistencia temporaria para familias necesitadas), SSI (ingresos de seguro suplementarios), or Title V si cumple los requisitos.*

Recursos para pacientes de Medicare

Debe presentar un formulario de activos de Medicare (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/medicare-assets-spanish.pdf) y un comprobante de sus actuales recursos y obligaciones (todas las páginas de los resúmenes bancarios, facturas de tarjeta de crédito, préstamos, etc.).

Case Management / Administración de Casos

Community case management, medical case management and service linkage services are available free to Ryan White eligible HIV infected persons to make them aware of the services available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. Persons who think they need case management can call the agencies listed below. Proof of HIV status will be required.

La administración comunitaria y médica de casos, y el servicio de enlace ayudan gratuitamente a las personas de bajos ingresos infectadas con el VIH a informarse acerca de los servicios disponibles. Los administradores asisten a los clientes a desarrollar la habilidad necesaria para acceder por sí mismos a estos servicios. Si usted necesita de este servicio llame a una de las agencias mencionadas aquí. Se requiere presentar un comprobante del diagnóstico del VIH.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AccessHealth - HIV Program	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , Walk-ins, S\$, Med, RW Part B, Esp.	92
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp	95
AFH Get Started Program	(713) 623-6796	(SW) Mid West	HIV+ only	95
AAMA	(713) 926-9491	(E) East End	M, W, Fam, Y, Esp, Free, Walk-ins, CD.	99
Brazoria Co. Center for Independent Living	(713) 974-4621	(S) Angleton	All, Disabled, Free, Walk-ins	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	Adults, Fam, Free, Walk-ins, HIV+ only , I/RR, Immigrants, Esp. . .	106
Change Happens!	(713) 374-1200	(C) Third Ward	Varies by program.	107
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	110
Family Services of Greater Houston	(713) 861-4849	(C) Mem Park/ Washington Ave	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Call for intake	113
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	114
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD	117

Case Management / Administración de Casos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Gulf Coast Community Svcs Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt/Walk-ins, Esp. . . .	117
HHS Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp. . . .	123
HHS Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	122
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-in, Esp	123
HHS Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp. . . .	123
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp	125
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	126
Legacy North Street Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp. . .	131
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free	133
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD.	134
Montrose Center, The	(713) 529-0037	(C) Montrose	All, I/RR, Free, Walk-ins, HIV+ only , CD.	134
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	136
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp	137
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, HIV+ only , Med, Ins, Esp	153
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Medicaid, Appt req, HIV+ only , Esp	155

MEDICAL CASE MANAGEMENT / ADMINISTRACIÓN DE CASOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
HHS - Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp. . . .	123
HHS - Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-in, HIV+ only	122
HHS - Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-in, Esp	123
HHS - Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp. . . .	123
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp	125
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy North Street Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp. . . .	131
Montrose Center, The	(713) 529-0037	(C) Montrose	All, I/RR, Free, Walk-ins, HIV+ only , CD.	134
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	All, Fam, Free, S\$, HIV+ only , Med, Ins, Esp	153

Chemical Dependency Treatment

Tratamiento de la Dependencia de Sustancias

For people living with HIV/AIDS, the use of alcohol and drugs can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. Frequently the help is free of charge. Call today for more information.

El uso del alcohol y drogas puede debilitar el cuerpo de las personas infectadas con el VIH/SIDA. Afortunadamente, hay ayuda para cualquiera que desee estar libre del alcohol y drogas. Frecuentemente, la ayuda es gratuita. Llame para más información.

12-STEP PROGRAMS & SUPPORT GROUPS / PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Addicts Can Be Disciples Too	(713) 529-2840	(C) Third Ward	All, S\$, Appt/Referral required, CD	93
AAMA	(713) 926-9491	(E) East End	M, W, Fam, Y, Esp, Free, Walk-ins, CD	99
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD	116
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req.	124
Memorial Hermann Prevention & Recovery Center (PaRC)	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Flat fee, Ins, Private pay, Walk-ins, CD	134
Open Door Mission	(713) 921-7520	(C) East End	Men only, Walk-ins, Free	138
Palmer Drug Abuse Pgm (PDAP)	(281) 589-4833	Multiple Locations	Y (12-17 & 18-25 yrs), Free, Walk-ins, CD	138
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/Walk-in, Referral req	152

DETOX / DESINTOXICACIÓN

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD	117

IN HOSPITAL / EN EL HOSPITAL

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
DAPA Acute Inpatient Program	(713) 783-8889	(C) Medical Center	M, W, Fam, CD, I/RR	111
Memorial Hermann Prevention & Recovery	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Flat fee, Ins, Private pay, Walk-ins, CD	134

INPATIENT / PACIENTE INTERNO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AAMA	(713) 926-9491	(E) East End	M, W, Fam, Y, Esp, Free, Walk-ins, CD	99
Cenikor - Long-Term Inpatient	(716) 266-9944	(SE) Deer Park	Adults, CD, Flat, Appt req, Call for intake	107
Cenikor - Odyssey House Texas	(716) 266-9944	(SW) Central SW	Y, CD, S\$, Med, Ins, DSHS funding, Appt req.	107
Open Door Mission	(713) 921-7520	(C) East End	M, Walk-ins, Free	138

Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

OUTPATIENT / PACIENTE EXTERNO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Adult Rehabilitation Services	(713) 541-4422	(SW) Sharpstown	M, W, CD	93
AAMA	(713) 926-9491	(E) East End	M, W, Fam, Y, Esp, Free, Walk-ins, CD	99
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt or Walk-in, Waiting list, CD, Esp	105
Career and Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt Req, Walk-ins, CD	106
Cenikor - Odyssey House Texas	(716) 266-9944	(SW) Central SW	Y, CD, S\$, Med, Ins, DSHS funding, Appt req.	107
Change Happens!	(713) 374-1200	Various	Varies by program.	107
DAPA Intensive Outpatient Program	(713) 783-8894	(SW) Woodlake/ Briar Meadow	M, W, F, CD, I/RR	111
FLAS, Inc. - SOL Latino	(713) 772-2366	(SW) Sharpstown	Free, Walk-ins, Latino MSM (18+), Lim, CD, Esp	114
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req.	116
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam Free, S\$, Walk-ins, CD	117
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req.	124
Houston Area Community Services (HACS)	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp	125
Memorial Hermann Prevention & Recovery Center (PaRC)	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Flat fee, Ins, Private pay, Walk-ins, CD	134
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, eligibility based on income, CD . . .	134
Montrose Center, The	(713) 529-0037	(C) Montrose	All, I/RR, Free, Walk-ins, HIV+ only , CD.	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Appt req, Esp.	136
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	M, W, All, HIV+ only , Free, Walk-ins, CD	136
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt req. . .	145
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/Walk-in, Referral req	152
UT Health-Houston CNRA	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, I/RR.	154

RESIDENTIAL / RESIDENCIAL

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, HIV+ only , CD, Esp.	92
AAMA	(713) 926-9491	(E) East End	M, W, Fam, Y, Esp, Free, Walk-ins, CD	99
AAMA	(713) 967-6700	(C) Lawndale	M, W, Y (ages 13 - 24), Free, Walk-ins, Esp, CD.	99

Chemical Dependency Treatment / Tratamiento de la Dependencia de Sustancias

RESIDENTIAL / RESIDENCIAL

Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-in, Waiting list, CD, Esp	105
Cenikor - Long-Term Inpatient	(716) 266-9944	(SE) Deer Park	Adults, CD, Flat, Appt req, Call for intake	107
Cenikor - Odyssey House Texas	(716) 266-9944	(SW) Central SW	Y, CD, S\$, Med, Ins, DSHS funding, Appt req.	107
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD	116
Memorial Hermann Prevention & Recovery Center (PaRC)	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Flat fee, Ins, Private pay, Walk-ins, CD	134
Open Door Mission	(713) 921-7520	(C) East End	M, Walk-ins, Free	138
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt Req	145
Star of Hope	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD	149

Children's Services / Servicios para Niños

Children with HIV have special needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.

Los niños con el VIH tienen necesidades especiales. Houston ofrece servicios médicos y sociales para estos niños y sus familiares a un bajo costo o gratuitos. Aunque muchas de las agencias incluidas en esta guía pueden ayudar, las siguientes agencias tienen programas especiales para niños.

CHILD DAY CARE / CUIDADO DE NIÑOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	99
House of Tiny Treasures Childcare Center	(713) 923-7938	(C) East End	C (2 to 5 yrs).	146
Texas Child Care Information	(800) 862-5252	Statewide	All, Free	151

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AccessHealth	(281) 342-4530	(SW) Fort Bend	All, Walk-ins, S\$, Med, Ins, RW Part B, Esp.	92
Accesshealth - Brookshire Ctr	(281) 822-4235	(W) Brookshire	All, S\$, Ins, Med, Esp.	93
Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Medicaid, HIV+ only	150
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp	103
Children with Special Health Care Needs	(713) 767-3111	Statewide	C, Y, Free	152
Colby D Pediatric Home Health	(832) 563-4970	(SW) Westwood	M, W, C, Medicaid, Superior, Private pay.	110
HACS Bautista Pediatric Health Center	(713) 827-8266	(W) Memorial	C, Y, S\$, Ins, Med, CHIP, Esp	125
HACS Main Campus	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	125
Legacy Bissonnet Clinic	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp	130

Children's Services / Servicios para Niños

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	130
Legacy Mapleridge Clinic	(713) 779-7200	(SW) Gulfton	All, S\$, Ins, Med, CHIP, Esp	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy San Jacinto Campus	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	131
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp	131
Legacy Southwest Campus	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp	131
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req. . .	137
Reach Pediatric Nursing & Rehabilitation	(713) 383-2100	(C) Astrodome/ S. Loop	Ages 0-21, Med, Medicaid Managed Care, Private pay, Ins, Esp	142
TX Children's Hosp.- Allergy & Immunology Dept.	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid, Esp.	150
TX Children's Hosp. Retrovirology Clinic	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Medicaid, HIV+ only	150
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Med, Appt Req, HIV+ only , Esp	155

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AccessHealth	(281) 342-4530	(SW) Fort Bend	All, Walk-ins, S\$, Med, Ins, RW Part B, Esp.	92
AFH Camp Hope & Youth Leadership AAMA	(713) 623-6796 (713) 926-9491	Not applicable (E) East End	C, Y, HIV+ only , Lim.	95
Casa de Esperanza de los Niños, Inc.	(713) 529-0639	(C) Medical Center	C, Free, Esp.	106
Change Happens! RESCUE Program	(713) 374-1252	(C) Third Ward & Acres Home	All, Appt req, Free, CD	108
Children with Special Health Care Needs (DSHS)	(713) 767-3111	Statewide	C, Y, Free	152
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp . . .	117
Harris County WIC Program	(713) 407-5800	Various	Free (based on income), Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp	120
Hospice Care Team - Bereavement Svcs	(409) 938-0070	(SE) Texas City	All, Free, Appt req	125
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free.	128
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt req, CD	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, CD, Esp	136
Presbyterian Children's Home & Services	(713) 721-2908	(SW) Willow Meadows/ Willow Bend	All, Free	141
Texas Youth & Runaway Hotline	(800) 210-2278	Statewide	C, Y, Fam, Free, Esp	151

Clinics / Clínicas

Obtaining quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through the Harris Health System at the Northwest Community Health Center and at the Thomas Street Health Center. New Harris Health patients must go through an eligibility process before seeing a doctor (See page 19 for information on how to apply). The Michael E. DeBakey Veteran's Administration Medical Center offers HIV care to veterans. There are clinics located in the rural areas for those living outside Harris County.

El obtener tratamiento médico de alta calidad es muy importante. Los residentes del Condado Harris que no tienen seguro médico o tienen recursos limitados pueden obtener tratamiento del VIH a través del Harris Health System en Northwest Community Health Center y en Thomas Street Clinic. Los pacientes nuevos deben empezar con el proceso de elegibilidad antes de ver al médico. (Ver página 19 para más información de cómo inscribirse). El Centro Médico de la Administración de Veteranos ofrece cuidado del VIH para veteranos. Las personas que viven fuera del Condado Harris pueden ir a clínicas en áreas rurales que ofrecen cuidado médico del VIH.

HIV CLINICS / CLÍNICAS DEL VIH

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AccessHealth	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , Walk-ins, S\$, Med, Ins, RW Part B, Esp	92
Baylor International Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	Esp, C (ages 0-18), S\$, Medicaid, HIV+ only	150
Harris Co. Jail Early Intervention Svcs	(713) 755-9252	(C) Downtown	M, W, Free, Incarcerated, Esp . . .	121
HHS Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp . .	123
HHS Northwest Community Health Cntr Early Intervention Pgm	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-in, HIV+ only	122
HHS Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-in, Esp	
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-in, Esp	123
HHS Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp. . .	123
HACS Main Campus	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	125
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy North Street Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp . .	131
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD	134
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Texas City	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins.	144
TX Children's Hosp.- Allergy & Immunology Dept	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid, Esp.	150
TX Children's Hosp.- Retrovirology Clinic	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Medicaid, HIV+ only , Esp	150
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153
UT Houston Health Science Center	(713) 500-6608	(C) Medical Center	Fam, Free, Medicaid, Appt req, HIV+ only , Esp	155

Clinics / Clínicas

OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AccessHealth	(281) 342-4530	Fort Bend	All, Walk-ins, S\$, Med, Ins, RW Part B, Esp.	92
Accesshealth - Brookshire Center	(281) 822-4235	(W) Brookshire	All, S\$, Ins, Med, Esp.	93
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Ages 13-23, Free, Appt req.	101
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Females ages 13-23, Males ages 13-25, Free, Appt req.	101
Baylor Chavez High School Teen Health Clinic	(713) 495-6971	(SE) Meadowbrook	Free, Chavez HS students only.	101
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Free, Appt req, Ages 13-23	102
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Free, Appt req, Ages 13-23	102
Baylor LBJ Teen Clinic	(713) 566-5612	(NE) Trinity/Houston Gardens	Free, Appt req, Ages 13-23	102
Baylor Tejano Center Teen Health Clinic	(713) 645-0544	(SE) Park Place	Free.	102
Baylor Worthing High School Teen Clinic	(281) 394-0528	(SE) Sunnyside	Free.	102
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp.	103
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	Appt req, Esp.	114
Harris County Antoine Health Clinic	(713) 602-3300	(NW) Inwood Forest	All, S\$, Ins, Med, Appt req, Esp.	119
Harris County Baytown Health Clinic	(281) 427-5195	(E) Baytown	All, S\$, Ins, Med, Appt req, Esp.	119
Harris County Humble Health Clinic	(281) 446-4222	(N) Humble	All, S\$, Ins, Med, Appt req, Esp.	119
Harris County Southeast Health Clinic	(713) 740-5000	(SE) Pasadena	All, S\$, Ins, Med, Appt req, Esp.	119
HHS Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med.	121
HHS Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins.	121
HHS Baytown Health Center	(281) 427-6757	(E) Baytown	All, Walk-ins, Free S\$, Med.	121
HHS Casa de Amigos Health Center	(713) 222-2272	(C) Near Northside	All, Walk-ins, Free S\$, Med.	122
HHS Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free S\$, Med.	122
HHS People's Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free S\$, Med.	122
HHS Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-in, Esp.	123
HHS Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free S\$, Med.	123
Healthcare for the Homeless-Cathedral Clinic	(713) 276-3073	(C) Downtown	All, Homeless, Free, Walk-in, Med.	124
Healthcare for the Homeless-SEARCH Clinic	(713) 276-3073	(C) Midtown	All, Homeless, Free, Walk-in, Med.	124
HACS Main Campus	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.	125
HACS Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	M, W, S\$, Ins, Med, Esp.	126
Houston Humane Society-Burnie's Buddies	(713) 433-6421	(S)	HIV+ only , Free, Referral req, Esp.	127
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp.	130
Legacy Bissonnet Clinic	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp.	130
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.	130
Legacy Mapleridge Clinic	(713) 779-7200	(SW) Gulfton	All, S\$, Ins, Med, CHIP, Esp.	131

Clinics / Clínicas

OTHER CLINICS / OTRAS CLÍNICAS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy San Jacinto Campus	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	131
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp	131
Legacy Southwest Campus	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp	131
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, Free, Walk-ins, Esp.	140
Primary Health Network of S. TX- Hunter A. Hammill, MD	(713) 799-8994	(C) Medical Center	W, HIV+ only , Appt req, Med, Ins, Esp	141
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Homeless only, Esp.	145
SNAP - Animal Aid Program	(713) 343-1700	(SE) Pasadena	Free or Low cost, Walk-ins, Esp . .	148
SNAP - Animal Aid Program	(713) 863-8001	(C) Heights	Free or Low cost, Walk-ins, Esp . .	148
SNAP - Spay-Neuter Mobile Program	(713) 522-2337	Various	Free or low cost, First come- first served	148
U of H Speech, Language & Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req . . .	153
UT Health-Houston CNRA	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-in, CD, IRR	154

Clothing & Household Items Vestimenta y Artículos para la Casa

Affording enough clothing and household items can be difficult for persons with HIV, many of whom are living on low, fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at no charge.

La compra de vestimenta y artículos para la casa puede ser difícil para personas VIH+ quienes viven con bajos ingresos. Algunas agencias en el área de Houston podrán ofrecer gratuitamente vestimenta, muebles y otros artículos para la casa.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR.	111
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins . .	112
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD	116
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp.	117
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	128
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers. . .	132
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free.	133
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)	137
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required	142
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins	143
Salvation Army Houston Area Command	(713) 658-9205	(C) Downtown	All, Free, Esp.	145
Southeast Area Ministries	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free.	146
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-in, Esp	155

Day Programs & Respite Care *Programa Diurno y Asistencia para los Cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the HIV infected person with the attention he or she needs.

Si Ud. tiene el VIH o está cuidando a alguien que lo tiene sabrá que esta situación causa fatiga y estrés. El programa diurno y el de asistencia a cuidadores permiten que los cuidadores tomen un descanso mientras que la persona a quien cuida reciba el cuidado y la atención que el/ella necesite.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Bering Day Treatment Program	(713) 341-3750	(C) Montrose	Adults, \$20 co-pay/mo if above 100% FPL, HIV+ only , Esp	103
Cage's Medical Services, Inc.	(713) 674-5616	(NE)	All, Medicaid, Ins, Private pay, Walk-ins, Esp	106
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M, Free, Lim, CD, Documented homeless & Tuberculosis	118
Harmony Health Respite Center	(713) 237-1765	(C) Downtown	M, Free, Limited availability	118
Interfaith CarePartners® AIDS Care Team	(713) 682-5995	(W) Memorial	All, Free, Accepts rural collect calls, Esp	129
Open Door Mission	(713) 921-7520	(C) East End	M, Walk-ins, Free	138

Deaf & Hard of Hearing Services / *Servicios para Sordos*

In Houston there are agencies that serve HIV infected deaf and hard of hearing persons. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.

En Houston hay agencias al servicio de las personas sordas afectadas con el VIH. Todas las agencias mencionadas en este libro ayudan a dichas personas, pero las que están en esta lista se especializan en este grupo.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	105
Career and Recovery Resources, Inc.	(832) 431-3785	(C) Midtown	M, W, Free, Appt req, Walk-ins, CD	106
Fort Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	114
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	126
Montrose Center, The	(713) 529-0037	(C) Montrose	All, I/RR, Free, Walk-ins, CD	134
Sign Language Accessible Interpreters	(713) 263-9670	All	All, Flat fee	146
Sign Shares	(713) 869-4373	All	All, Flat fee, DARS DHHS funding available	146
U of H Speech, Language & Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req	153

Dental Services / Cuidado Dental

Don't neglect your teeth! Too few people with HIV get the routine oral health care they need to stay healthy, even when experiencing more frequent and more serious oral health issues. A neglected mouth can lead to more than localized tooth pain, tooth and gum infections can spread to other parts of the body and mouth pain can cause people to go without necessary nutrition - and even forgo their HIV medications.

Call one of the clinics listed below if you haven't seen a dentist in the past six months.

¡No descuide de sus dientes! Muy pocas personas viviendo con el VIH obtienen el cuidado oral rutinario que necesitan para mantenerse saludables, incluso cuando sufren de más frecuente y serias cuestiones de la salud. Una boca descuidada puede conducir a algo más serio que un dolor dental, la infección del diente y de la encía puede extenderse a otras partes del cuerpo y el dolor bucal puede causar que las personas no se nutran como es necesario e incluso faltar a los medicamentos del VIH. Llame a una de las clínicas enlistadas abajo si no ha visitado a un dentista en los últimos seis meses.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Bering Dental Clinic	(713) 341-3790	(C) Montrose	Adults, \$20 co-pay/visit if above 100% FPL, HIV+ only , Esp	104
Harris Co. Public Health Clinics	(713) 439-6000	Various	All, S\$, Ins, Med, Appt req, Esp	119
HHS Acres Home Health Center	(281) 448-6391	(NW) Acres Home	All, Walk-ins, Free, S\$, Med	121
HHS Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins	121
HHS Dental Center	(713) 757-0572	(C) OST/S. Union	All (age 16 & up), Walk-ins, Free, S\$, Med	122
HHS Gulfgate Health Center	(713) 495-3700	(C) Pecan Park	All, Walk-ins, Free, S\$, Med	122
HHS Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-in, Esp	123
HHS Strawberry Health Center	(713) 477-6851	(SE) Pasadena	All, Walk-ins, Free, S\$, Med	123
HHS Vallbona Health Center	(713) 272-2600	(SW) Sharpstown	All, Walk-ins, Free, S\$, Med	123
Healthcare for the Homeless-SEARCH Clinic	(713) 276-3073	(C) Midtown	All, Homeless, Free, Walk-in, Med	124
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp	130
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy North Street Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp	131
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153



Art by Gary

Education Programs / Programas Educativos

The following agencies provide education about HIV/AIDS and other topics (GED, ESL). Some employ professional and/or volunteer educators to give group presentations. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments. Other agencies provide written material free of charge

Las siguientes agencias proveen educación con respecto al VIH, SIDA y otros temas (ESL, GED). Algunas agencias emplean a profesionales y/o educadores voluntarios para realizar presentaciones a grupos. Los temas pueden incluir información básica y tratamientos avanzados del SIDA. Otras agencias proveen material por escrito gratuito.

HEALTH EDUCATION / EDUCACIÓN DE LA SALUD

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH Get Started	(713) 623-6796	(SW) Mid West	Adults, I/RR, HIV+ only	95
AFH Wall Talk Peer Education Program	(713) 623-6796	Various	Adults, Incarcerated.	96
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	99
Bee Busy Wellness Center	(713) 774-8800	(SW) Westwood	All, Free.	103
Change Happens! Project F.O.R.C.E.	(713) 374-1236	(C) Third Ward	M (18 & up), Free, I/RR, CD	107
FLAS, Inc. Colores Latinos	(713) 772-2366	(SW) Gulfton	Free, Walk-ins, Latino MSM (18 and up), Lim, Esp	114
Harris Co. Public Health Services	(713) 439-6000	(C) Galleria/ Post Oak	All, Esp	119
HHS Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp.	123
HHS Aldine Health Center	(281) 985-7600	(NE) Aldine	All, Free, S\$, Med, Walk-ins	121
HHS Northwest Community Health Center Early Intervention Pgm	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-in, HIV+ only	122
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-in, Esp	123
HHS Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp.	123
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	125
Legacy - The Center for AIDS	(713) 527-8219	(C) Montrose	All, Free, Esp.	130
Legacy Southwest Campus	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp.	131
LIVE Consortium	(713) 861-5483	Various	M, W, Free	131
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	All, Appt req, CD	136
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, Free, Walk-ins, Esp	140
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD.	141
Real Talk!	(832) 393-4663	(C) Montrose	M, Free, Walk-ins, CD	142
Special Treasures Inc.	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free	149
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153

EDUCATION PROGRAMS / PROGRAMAS EDUCATIVOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AAMA	(713) 967-6700	(C) Lawndale	M, W, Y (ages 13 - 24), Free, Walk-ins, CD, Esp.	99
AFH Education Programs	(713) 623-6796	(SW) Mid West	M, W, Y, Lim, Appt req.	95
Alief Educational Services Center	(713) 772-9085	(SW) Westwood	Varies by program.	97
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$	98

Education Programs / Programas Educativos

EDUCATION PROGRAMS / PROGRAMAS EDUCATIVOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Art League Houston HIV + Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, HIV+ only	99
Bay Area Council on Drugs and Alcohol, Inc.	(281) 212-2900	(SE) Clear Lake	All, CD	100
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Free, Walk-ins	105
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp	105
Change Happens! RESCUE Program	(713) 374-1252	(C) Third Ward & Acres Home	All, Appt req, Free, CD	108
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	110
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR	111
DARS Blind Division	(713) 948-7960	(SE) Ellington/ South Belt	All, Free, Blind/ Visually impaired	151
Family Services of Greater Houston	(713) 861-4849	Various	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Call for intake	113
FLAS, Inc. Colores Latinos	(713) 772-2366	(SW) Gulfton	Free, Walk-ins, Latino MSM (18 and up), Lim, Esp	114
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Free, Walk-ins	114
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp	117
Healthways Svcs-Project S.T.O.P.	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	126
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Free, Walk-ins	126
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	128
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free	133
National Alliance on Mental Illness	(713) 970-4419	(C) Montrose	All, Free, Lim, Esp	135
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp	136
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req	137
Open Door Mission	(713) 921-7520	(C) East End	M, Walk-ins, Free	138
Presbyterian Children's Home & Services	(713) 721-2908	(SW) Willow Meadows/ Willow Bend	All, Free	141
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required	142
Ryan White Planning Council Office of Support	(713) 572-3724	(C) Galleria/ Post Oak	All, Free	143
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Ins, Appt/Walk-in	152
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp	155

Employment & Training

Ayuda para Empleo y Entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.

Para una persona infectada con el VIH, ser productiva y activa es importante por razones económicas y emocionales. Algunas agencias tienen programas que ofrecen entrenamiento, consejos y referencias en la búsqueda de un empleo. Si Ud. puede trabajar, podrá beneficiarse con un salario fijo, seguro médico y otras opciones.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
America in Recovery	Online Only	All	All, Free, I/RR, CD	98
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	99
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	105
Career and Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-ins, CD . .	106
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	110
Cypress Assistance Ministries Operation Jobs	(281) 955-5895	(NW) Cy Fair	Adults, Free, I/RR	111
DARS Blind Division	(713) 948-7960	(SE) Ellington/South Belt	All, Free, Blind/Visually impaired.	151
DARS Houston Regional Office	(713) 267-8510	(SW) Woodlake/Briar Meadow	All, Free, Disabled	151
DARS Vocational Rehabilitation Pgm	(713) 866-7765	(C) Greenway Plaza	All, Free, Disabled	151
Family Svcs of Greater Houston Ft. Bend District Office	(713) 861-4849	(SW) Stafford	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Call for intake	113
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	114
Goodwill Industries Project Good Hope	(713) 590-3123	(C) Montrose	M, W, HIV+ only (and their families)	116
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most services), Appt Req, Lim, Esp	117
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, documented homeless & Tuberculosis.	118
Healthways Services Project S.T.O.P.	(832) 722-2085	(NW) Fairbanks/NW Crossing	All, Free, S\$, Flat, Ins, Appt req.	124
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	126
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free.	128
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free	133
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required.	142
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Homeless only, Walk-ins, CD, Esp	145
Texas Prevention Network	(713) 981-6063	(SW) Fondren Southwest	All, S\$, Flat fee, Ins, Appt/Walk-in, Call for intake	152
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt req, Walk-ins, Esp	155

Eye Care / Cuidado de la Vista

Certain illnesses associated with HIV infection can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Income-based eligibility, CD	134
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
University Eye Institute	(713) 743-2020	(C) Third Ward	All, S\$, Med, Ins, CHIP, Appt req.	154
University Eye Institute-Good Neighbor Healthcare Center	(713) 527-8480	(C) Montrose	M, W, Fam, S\$, Med, Appt req, Esp.	154



Art by Gary



Art by Kevin

Financial Assistance / Asistencia Financiaría

Financial assistance for HIV+ persons is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs, medical supplies, insurance premiums and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive.

Se dispone de asistencia financiera para las personas con el VIH por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos, equipo médico, prima de seguro y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp	95
BOCS Housing Assistance	(713) 341-3767	(C) Montrose	Free, Appt Req, HIV+ only , Esp, Call for intake	104
Brentwood Project WAITT	(713) 852-2551	(S) Central SW	All, Appt/walk-ins, Free, HIV+ only , CD.	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR	111
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	All, Free, Walk-ins	112
FLAS, Inc. Emergency Assistance Pgm	(713) 772-2366	(SW) Sharpstown	All, HIV+ only , Free, Appt req, Esp.	114
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most services), Appt req, Lim, Esp	117
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free.	128
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free	133
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	All, Appt req, CD.	136
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)	137
St. Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim, Proof of residence.	144
Salvation Army Houston Area Command	(713) 658-9205	(C) Downtown	All, Free, Esp	145
Southeast Area Ministries	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free	146
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, IRR, HIV+ only , Free, S\$, Med, Ins, Esp	153
West Houston Assistance Ministries, Inc.	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-in, Esp	155
Windsor Village Social Services Dept.	(713) 551-8792	(SW) Hiram Clarke	All, Free, Appt req, Lim, Esp	155

Food / Alimentos

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. Food pantries, soup kitchens and home meal delivery programs are available in the Houston area. All those listed below are free. Restrictions may apply.

Costear suficiente alimento puede ser difícil para personas VIH+ con bajos ingresos. El consumo de una variedad de comidas saludables es importante. Los servicios como despensa de alimentos, comedores y entrega a domicilio están disponibles en el área de Houston gratuitamente. Puede que existan algunas restricciones.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp	95
AFH Stone Soup	(713) 623-6796	(C) Mid West	HIV+ only	95
Brentwood Project WAITT	(713) 852-2551	(S) Central SW	All, Appt/Walk-in, Free, HIV+ only , CD, Food vouchers . . .	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-in, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt Req, I/RR.	111
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	M, W, Fam, All, Free, Walk-ins. . .	112
Fair Haven Food Pantry	(713) 467-4363	(W) Spring Branch	M, W, Fam, Free, Walk-ins, Halfway house residents	113
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD	116
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp	117
Harris County WIC Program	(713) 407-5800	Various	Free (based on income), Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp	120
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free.	128
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers. . .	132
Magnificat Houses - Loaves and Fishes	(713) 224-1373	(C) Downtown	All, Free	133
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)	137
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral required.	142
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins	143
Saint Mary Magdalene Social Services	(281) 540-1907	(N) Humble	All, Free, Walk-ins, Lim, Proof of residence.	144
Salvation Army Houston Area Command	(713) 658-9205	(C) Downtown	All, Free, Esp	145
Southeast Area Ministries	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free	146
West Houston Assistance Ministries	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-in, Esp	155

Information & Resources for the Formerly Incarcerated *Información y Recursos Para el Previamente Encarcelados*

WHAT TO DO FIRST

After release, your first call should be to your case manager or a community service organization to make an appointment to meet with a case manager - be sure to let them know that you were recently released from incarceration.

A case manager will help you to get registered in the CPCDMS client database (see page 8 for more information about the CPCDMS) and together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food and transportation.

If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment. Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life; if your needs change, let your case manager know right away!

ADAP Drug Assistance Program

TOLL FREE: (800) 255-1090

HOURS: M-F, 8am-5pm (except for state holidays)

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy (see page 69 for a list of ADAP pharmacies).

Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct.

Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance.

QUÉ HACER PRIMERO

Al ser liberado llame a su supervisor. También llame a su administrador/a de casos o solicite uno/a de una agencia comunitaria - asegúrese de informarle que fue recientemente liberado de encarcelamiento.

Dicha persona le inscribirá al sistema de base de datos (ver página 13 para más información sobre el sistema CPCDMS). Juntos desarrollarán un plan con el propósito de continuar recibiendo cuidado médico y determinar cuáles otras necesidades tenga, así como el obtener cédula de identidad, refugio/hospedaje, comida y transporte.

Si existen circunstancias fuera de su control que no le permita asistir a su primera cita, llame lo antes posible para informar su situación y hacer una nueva cita. No espere hasta el último momento en llamar a su administrador/a de casos para recibir la asistencia que necesite. Ellos están disponible para contestar sus preguntas y facilitarle la transición a una nueva vida; si sus necesidades cambian, asegúrese de informárselo a su administrador/a de casos inmediatamente.

Programa de Asistencia de Medicamentos ADAP

LLAME GRATIS: (800) 255-1090

HORAS: Lunes a viernes, 8am-5pm (sin incluir feriados estatales)

Al ser liberado, llame a ADAP para informarles de su liberación. Puede que tome varios días antes que reciba sus medicamentos, por lo tanto, es muy importante que llame lo antes posible. Cuando llame, se le asignará una farmacia (vea pagina 69 para una lista de las farmacias que participan en ADAP).

A veces necesitarán más información sobre usted, o le pedirán que complete una nueva aplicación Si lo necesita, su administrador/a de casos le puede asistir a completar la aplicación y asegurar que todo esté en orden.

Una vez inscrito, su farmacia asignada necesitará recetas médicas y su número de identificación de ADAP para ordenar sus medicinas. Luego, tomará unos días para que estén listos para ir por ellas. Si tiene alguna pregunta favor de llamar a ADAP o a su administrador/a de casos.

Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

EMERGENCY HOMELESS SERVICES / HOSPEDAJE DE EMERGENCIA

If you have nowhere to go when you are released, the agencies below are in the downtown area not far from the bus station and can help with basic needs like food, clothing and shelter.

Si no tiene dónde hospedarse al ser liberado, las siguientes agencias en el centro de la ciudad se encuentran no muy lejos de las estaciones de bus y pueden asistirle con necesidades básicas: comida, ropa y refugio.

Bread of Life 1703 Gray Street; Houston, TX 77003 713 650-0595

Day shelter with showers, laundry, meals, job training and more. Doors open at 6am, Monday-Friday
Refugio diario: ducha, lavandería, comida y más. Horas: 6am, lunes a viernes.

Coalition for the Homeless 600 Jefferson, Suite 2050; Houston, TX 77002 713 739-7514

Homeless resource information, referrals and crisis management available 24 hours a day, 7 days a week.
Información para personas sin vivienda, referencias & manejo de crisis: disponible las 24 horas del día, 7 días a la semana.

Houston Compass 1212 Prairie St.; Houston, TX 77002 713 229-8319

Haircut, toiletries, snacks, clothes, bus cards and assistance with ID cost for homeless job seekers. M-F 9am-2pm

Miryam's Hostel 2009 Congress Street; Houston, TX 77002 713 224-1373

Emergency shelter for women (located above Loaves and Fishes) offers showers, clothing and meals.
Hospedaje de emergencia para mujeres (ubicado arriba de Loaves and Fishes): ducha, ropa y comida

Salvation Army 2407 N Main Street; Houston, TX 77009 713 224-2875

Men's shelter, meals, showers, laundry and more. See page 145 for more information.
Refugio para hombres, comida, ducha, lavandería y más. Veá página 145 para más información.

SEARCH 2505 Fannin Street; Houston, TX 77002 713 739-7752

Day shelter: meals, showers, laundry, clothing, info, referrals and more. Open 8am-4pm, Monday- Friday.
See page 145 for more information.
Refugio diario: comida, ducha, lavandería, ropa, información, referencia y más. Horas: 8am-4pm, lunes a viernes. Veá página 145 para más información.

Star of Hope 1811 Ruiz Street; Houston, TX 77002 713 227-8900

Men's Development Center: provides shelter, meals, showers, referrals; employment programs. See page 149 for more information.
Centro de desarrollo para hombres: refugio, comida, ducha, referencia, programa de empleo. Veá página 149 para más información.

HELPFUL PHONE NUMBERS / NÚMEROS TELEFÓNICOS QUE PUEDEN SER DE AYUDA

2-1-1 Texas/United Way Helpline
Helpline database online:
<http://referral.unitedwayhouston.org>

Free, confidential information and referrals for food, housing, employment, counseling and much more. Just dial 2-1-1 from anywhere in the state, 24 hours a day.

La Línea de Ayuda 2-1-1 Texas/United Way
Base de datos de la línea de ayuda en la red:
<http://referral.unitedwayhouston.org>

Información gratis y confidencial, y referencias para comida, vivienda, empleo, consejería y más. Marque el 2-1-1 de cualquier lugar dentro del estado de Texas, 24 horas del día.

Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

HELPFUL PHONE NUMBERS / NÚMEROS TELEFÓNICOS QUE PUEDEN SER DE AYUDA

City of Houston-HOPWA

713 868-8328

Housing Opportunities for Persons with AIDS: rent, mortgage and utility assistance. Call for a list of current service providers.

EMPLOYMENT ASSISTANCE:

Career and Recovery Resources	713 754-7000
Cypress Assistance Ministries	281 955-5895
Goodwill Job Connection Center	713 699-6320
Humble Area Assistance Ministries	281 446-3663
Memorial Assistance Ministries	713 468-4516
SER-Jobs for Progress	713 773-6000
Workforce Solutions	1-888-469-JOBS (5627)

Harris County Housing Resource Center 713 578-2055

Recorded info on housing and emergency assistance available 24/7 in English, Spanish and Vietnamese. See page 118 for more information.

METRO

713 635-4000

www.ridemetro.org

Information about bus routes and schedules. Available Monday-Friday 6am-9pm, Saturday-Sunday 8am-8pm.

Información sobre rutas y horario de bus. Lunes a viernes 6am-9pm, sábado y domingo 8am-8pm.

Michael E. DeBakey VA Medical Cntr 713 791-1414

www.houston.va.gov

Medical care for Veterans; bus passes available for clients of the HIV Clinic. Monday-Friday 8am-4:30pm; the emergency room is open 24 hours. See page 134 for more information.

Cuidado médico para veteranos; pase de bus disponible en la clínica del VIH. Lunes a viernes 8am-4:30pm; sala de emergencia abierta las 24 horas. Vea página 134 para más información.

NeuroPsychiatric Center (NPC)

713 970-7070

24 hour crisis and emergency center at Ben Taub Hospital. The NPC can serve anyone with an urgent psychiatric condition. Call for information or support.

El centro de crisis y emergencia en Ben Taub está abierto las 24 horas del día. NPC provee servicio a cualquier persona con una condición psiquiátrica urgente. Llame para más información o apoyo.

Harris County Sheriff's Office

If you have questions about the medical care, referrals or other health related information that you received while in the county jail, please contact:

Harris County Sheriff's Office
I.D. Clinic - Counselors office
(713) 755-9252 or (713) 755-9253

St. Luke's Liver Health Outreach

832 355-5119

6620 Main St., Ste. 1505; Houston, TX 77030

Free Hepatitis C screenings Monday-Thursday, 9am-3pm (closed from 12pm-1pm). If even one risk factor may apply to you, come by and get tested. Parking is free. 1-800-72-LIVER. See page 48 for additional Hepatitis C resources.

SUBSTANCE ABUSE TREATMENT SUPPORT:

Alcoholics Anonymous	713 686-6300
Cocaine Anonymous	713 668-6822
Narcotics Anonymous	713 661-4200

Texas Attorney General - Child Support

www.oag.state.tx.us/cs/index.shtml 800 252-8014

The AGs office can assist with establishing paternity, establishing, enforcing and modifying child and medical support orders and collecting and distributing child support payments.

For assistance with access and visitation, call the hotline Monday-Friday, 1pm-7pm: 866 292-4636 or go to www.txaccess.org.

Procurador General de Texas-Apoyo a niños/niñas

La oficina del PG puede asistir en establecer paternidad, establecer, aplicar y modificar órdenes de apoyo a los niños/niñas y apoyo médico, y coleccionar y distribuir pagos de apoyo para los niños/niñas.

Para asistencia con acceso y las visitas, llame a la línea de ayuda de lunes-viernes, 1pm-7pm al 866 292-4636 o visite el internet al www.txaccess.org.

Texas Criminal Justice Coalition

512 441-8123

1714 Fortview Rd., Ste. 104; Austin, TX 78704

www.criminaljusticecoalition.org

The Texas Criminal Justice Coalition (TCJC) advocates for a just and accountable judicial system. They publish an online Resource Guide for people re-entering the world following incarceration; the guide is divided into nine geographic areas.

La coalición de justicia criminal de Texas (TCJC) patrocina un sistema judicial justo y responsable. La coalición publica por internet una guía de recursos para personas retornando a la sociedad libre después de un encarcelamiento; la guía está dividida en nueve áreas geográficas.

La oficina del alguacil municipal del Condado Harris

Si usted tiene preguntas acerca del cuidado médico, referencias u otra información servicios de la salud que recibió durante su estadía en la cárcel del condado, por favor póngase en contacto con:

*La oficina del alguacil municipal del Condado Harris
Clínica de I.D. – Oficina de consejeros
(713) 755-9252 ó (713) 755-9253*

Information & Resources for the Formerly Incarcerated *Información y Recursos Para El Previamente Encarcelados*

SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

The agencies listed below are affiliated with the Serving the Incarcerated and Recently Released (SIRR) Partnership of Greater Houston and have a special interest in serving the needs of formerly incarcerated individuals. Contact the agencies directly for more information.

Las agencias mencionadas abajo están afiliadas con SIRR (Servicio a los encarcelados y recientemente liberados) y tienen un especial interés en asistir a las necesidades de los individuos previamente encarcelados. Póngase en contacto directo para más información sobre los servicios disponibles y los requisitos de elegibilidad.

AccessHealth (281) 342-4530

Case management & CPCDMS registration, gas cards, medical clinic, pharmacy, psychotherapy and referrals to dental care, eye care and other services. AccessHealth provides HIV primary care to residents of Ft Bend, Waller, Wharton, Austin & Colorado counties. See page 92 for more information.

Administración de casos y registración en CPCDMS, tarjetas de gasolina, clínica médica y farmacia, psiquiatría y psicoterapia. Referencia al cuidado dental, visión y otros servicios. Accesshealth provee cuidado primario del VIH a residentes de los condados Fort Bend, Waller, Wharton, Austin y Colorado. Vea página 92 para más información.

AIDS Foundation Houston (713) 623-6796

Get Started Program – help for newly released minority offenders, includes METRO bus pass; Free HIV and syphilis testing; case management, food pantry, health education and permanent and transitional housing programs. AFH can also connect you to medical care, medication assistance, transportation and many other services. Appointment required, please call for more information. See page 95 for more information.

Programa Get Started – asistencia a personas minoritarias recién liberadas, incluyendo pases de METRO. Pueba del VIH & sífilis gratis, administración de casos, comida, educación de la salud, programa para la vivienda. También, AFH asiste con contactos al cuidado médico, medicamentos, transporte y otros servicios. Requieren de una cita. Vea página 95 para más información.

Association for the Advancement of Mexican Americans (AAMA) (713) 926-9491

Minorities Action Program – substance abuse services, HIV, Hep C & TB testing, HIV related case management and also helps Spanish speaking individuals to access services. AAMA can connect you to medical care, transportation, housing and many other services. Also offers free GED, ESL and computer classes. See page 99 for more information. AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para parar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis. AAMA también ofrece clases gratuitas de ESL, GED y computador. Vea página 99 para más información.

Bee Busy Wellness Center (713) 771-2292

Case management, chronic disease prevention and management, diabetic education, family planning, prenatal & postpartum care, health education - individual and group, HIV education "Lunch and Learn" classes, HIV, STD and TB testing, immunizations - adult and pediatric, medical clinic - adult and pediatric. Referrals given for dental care, eye exams, counseling and other needed services. See page 103 for more information.

Administración de casos, prueba del VIH, ETS y Hepatitis C, clínica médica (adulto y pediatría), educación de la salud y VIH (individual y de grupo). Referencia al cuidado dental, visión, consejería y otros servicios. Vea página 103 para más información.

Bering Omega Community Services (713) 529-6071

Services include a Day Treatment Program for adults with HIV that require nursing care during the day, a full service Dental Clinic for people with HIV/AIDS, Housing Assistance through HOPWA (Housing Opportunities for Persons with AIDS) and Omega House residential HIV hospice. See page 103 for more information.

Servicios incluyen Programa de Tratamiento de Día para adultos con VIH que requieren cuidado durante el día, Dental Clinic ofrece una variedad de servicios dentales a las personas con VIH/SIDA, asistencia para la vivienda por medio de HOPWA (Oportunidades de Vivienda para Personas con SIDA) y Omega House hospicio para personas VIH+. Vea página 103 para más información.

Carab Caring Homes (281) 409-0129

12100 Hwy 6 South, #1310; Sugar Land, TX 77479

Transitional housing for men (no sex offenders). Includes transportation and two meals a day, for \$250 per week. No drugs or alcohol, no overnight guests, no smoking indoors. Must seek/maintain employment and comply with the conditions of parole, as applicable.

Vivienda de transición para hombres (que no sean delinquentes de ofensa sexual). Incluye transportación y dos comidas diarias, por \$250 semanal. No se permite drogas, alcohol, huéspedes que pasen la noche, o fumar adentro. Se debe buscar/mantener empleo y cumplir con las reglas que aplican a la liberación condicional.

Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

Dispute Resolution Ctr of Harris Co (713) 755-8274

49 San Jacinto, Suite 220; Houston, TX 77002
www.co.harris.tx.us/drc/

HOURS/HORAS: Monday-Friday, 8am-5pm

BUS ROUTES/RUTA DEL BUS: 52, 78, 15, 80, 163

Provides free mediation services to help people resolve their disputes outside of court for matters that are in or out of court such as landlord/tenant, consumer/merchant, divorce and much more for residents of Harris, Brazoria, Galveston or any county that does not have a Dispute Resolution Center. You must have the contact information for both parties. Does not provide legal advice or resolve criminal matters.

Provee servicios gratis de mediación para ayudar a que las personas resuelvan sus disputas fuera del tribunal en cuestiones fuera o dentro de la corte, así como arrendador/ arrendatario, consumidor/ mercader, divorcio y otros asuntos de los residentes del Condado Harris, Brazoria, Galveston y cualquier otro condado que no tenga un centro de resoluciones de disputas. Usted debe tener información de contacto de ambos partidos. No se provee consejo legal, no se resuelven asuntos criminales.

Goodwill Industries of Houston (713) 590-3123 River Oaks Job Connection Center

Goodwill Industries of Houston provides education, training and job opportunities to people with disabilities and other barriers to employment (including, but not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases), improving the lives of individuals, families and communities. See page 116 for more information.

Proporcionamos la educación, la formación y las oportunidades de empleo para las personas con discapacidades y otras barreras al empleo (incluyendo, pero no limitado a, las discapacidades físicas y mentales, la falta de vivienda, antecedentes penales y enfermedades adictivas) la mejora de las vidas de las personas, familias y comunidades. Vea página 116 para más información.

Houston Area Community Services (713) 426-0027 (HACS)

Provides medical care, pharmacy, substance abuse treatment, mental health services, case management, housing, HIV testing and HIV/STD prevention education. No charge if Ryan White eligible; sliding fee scale for the uninsured. See page 125 for more information.

Provee cuidado médico, farmacia, tratamiento de abuso de sustancias, servicios de salud mental, administración de casos, vivienda, análisis del VIH y educación preventiva sobre el VIH/ETS. Gratis si es elegible con Ryan White, honorario de escala móvil para las personas sin seguro. Vea página 125 para más información.

Houston Volunteer Lawyers Program (713) 228-0735

Provides free legal services to residents of Harris and surrounding counties who meet eligibility requirements. Civil matters only, no criminal or employment matters or fee generating cases. See page 128 for more information.

Provee servicios legales gratuitos a los residentes de Harris y condados circundantes que se reúnen los requisitos de elegibilidad. Materia civil sólo, no se aceptan pleitos que requieren ganancia monetaria. Vea página 128 para más información.

Legacy Community Health Services (832) 548-5100

Offers primary health care, HIV testing and counseling, STD testing, family planning, GLBT healthcare, dental care, prevention education, counseling, psychiatry, eye care, nutritional counseling, wellness services, social services and Pharmacy. LCHS accepts Medicare, Medicaid and private insurance; sliding fee scale for the uninsured. LCHS has additional clinic locations, see page 129 for more information.

Ofrece cuidado primario de la salud, análisis y consejería del VIH, análisis de ETS, planificación familiar, cuidado de la salud para las personas GLBT, cuidado dental, educación preventiva, consejería, psiquiatría, cuidado de la vista, consejería nutricional, servicios del bienestar, servicios sociales y farmacia. LCHS acepta Medicare, Medicaid, y seguro privado; honorario de escala móvil para las personas sin seguro. LCHS tiene ubicaciones adicionales, vea página 129 para más información.

Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

MHMRA of Harris County

(713) 970-4444

3630 W. Dallas; Houston, TX 77019
www.mhmraharris.org

HOURS/HORAS: Mon-Thurs, 7:30am-6pm; Fri 8am-6pm
BUS ROUTES/RUTA DEL BUS: 3, 26, 27

Services for Harris County residents age 17+ with Axis I diagnosis of schizophrenia, severe major depression, bipolar or schizoaffective disorders only, include medication related services, counseling and psychotherapy, housing related skills services, coordination of services and independent living residential services. All clients must start at the eligibility center listed above; walk-ins are accepted but it is best to make an appointment. Also provides forensic services to inmates in the Harris County Jail, including pre-trial services and New Start program.

Servicios para residentes edades 17 y mayor del Condado Harris con diagnóstico Axis I de esquizofrenia, depresión mayor severa, trastorno bipolar o esquizofrénico afectivo, incluyendo servicios relacionados a medicamentos, consejería y psicoterapia, servicios relacionados a habilidades de vivienda, coordinación de servicios y apoyo en la independencia de la vivienda residencial. Todo cliente debe iniciar su solicitud en el centro de elegibilidad mencionado arriba; puede presentarse sin tener cita pero es preferible solicitar cita. También se provee servicios forensicos a encarcelados en el Condado Harris, incluyendo servicios precedentes al juicio y del programa New Start.

Montrose Center

(713) 529-0037

Services include Case Management, Education and Prevention Services, HIV Testing (8am-5pm), Mental Health Counseling for individuals, Couples, Families and Groups (sliding fee), Outpatient Substance Abuse Treatment and a variety of Support Groups. No sex offenders. See page 134 for more information.

Servicios incluyen administración de casos, educación de la salud y servicios de prevención, prueba del VIH (8am-5pm), consejería de salud mental para individuales, parejas, familiares y grupos (honorario de escala móvil), tratamiento por abuso de sustancias para pacientes externos y varios grupos de apoyo. Vea página 134 para más información.

St. Hope Foundation

(713) 778-1300

Offers primary medical care and pharmacy, mental health, service linkage and case management, dental care, support groups, clinical research, Hep C treatment, prevention services, health screenings and transportation. SHF has additional clinic locations, see page 144 for more information.

Ofrece cuidado médico primario y farmacia, salud mental, servicio de enlace y administración de casos, cuidado dental, grupos de apoyo, investigación clínica, tratamiento de la hepatitis C, servicios preventivos, asesoramiento de la salud y transportación. SHF tiene ubicaciones adicionales, vea página 144 para más información.

TDCJ - Parole Division

(713) 956-1478

Houston 01 Re-Entry Center

4949 W. 34th Street, Suite 115; Houston, TX 77018
www.tdcj.state.tx.us

HOURS/HORAS: Monday- Friday 8am-5pm
BUS ROUTES/RUTA DEL BUS: 23, 50

Provides education programs including anger management, cognitive skills, domestic violence, faith-based AA/NA groups, clothes closet (men and women), job placement and job counseling services for parolees in Harris and the surrounding counties.

Provee programas educacionales incluyendo manejo de la ira, habilidades cognitivas, violencia doméstica, grupos de AA/NA basados en fe, ropa (para hombres y mujeres), servicios de consejería y ubicación de empleo para prisioneros en libertad condicional en Harris y los condados que le rodean.

TDCJ - Parole Division Chaplaincy Program

(713) 685-3188

10110 Northwest Freeway; Houston, TX 77092
www.tdcj.state.tx.us

HOURS/HORAS: Monday- Friday 8am-5pm

The Chaplaincy Program within the Parole Division has a Parole Chaplain located in the Houston Metro Parole Regional office. Parole Chaplains provide pastoral counseling, pastoral care, crisis intervention support and faith-based programming to offenders on parole and their families.

Parole Chaplains work with TDCJ Unit Chaplains to expand their community based resources. Offenders are offered numerous programs while incarcerated, but services are limited once paroled. Continuing programs once on parole is critical to the offender's successful reentry.

El programa de capellanía, parte de la unidad encargada de los prisioneros en libertad condicional, dispone de un capellán localizado en la oficina del Houston Metro Parole. Los capellanes proveen consejería pastoral, cuidado pastoral, apoyo e intervención de crisis y programas basados en fe a los ex-delincuentes en libertad condicional y a sus familiares.

Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

Los capellanes de dicha unidad colaboran con los capellanes de la unidad del TDCJ con el propósito de expandir los recursos de base comunitaria. Durante encarcelamiento existen numerosos programas para los prisioneros, sin embargo los servicios son limitados una vez en libertad condicional. La continuación de programas es crítica para que así el prisionero en libertad condicional tenga un exitoso reingreso a la sociedad.

consejería de VIH, clínicas de especialidades y cuidado médico para la mujer, farmacia y psiquiatría y grupos de apoyo. Harris Health System tiene ubicaciones de las clínicas adicionales, vea página 123 para más información.

Thomas Street Health Center (713) 873-4000

Offers primary health care, case management, access to clinical trials, health education, Hep C and HIV dual diagnosis treatment, HIV testing and counseling, specialty clinics and well woman care, pharmacy and psychiatry and support groups. Harris Health System has additional clinic locations, see page 123 for more information.

Ofrece cuidado primario de salud, administración de casos, acceso a pruebas clínicas, educación de la salud, tratamiento de dúo diagnosis (Hep C y VIH), prueba y

Triangle AIDS Network (409) 832-8338

Offers primary health care, case management, dental care, legal assistance, medication assistance, counseling, rent and utility assistance, transportation to medical appointments, free HIV and syphilis testing, prevention education and free condom distribution. See page 153 for more information.

Ofrece cuidado primario de salud, administración de casos, cuidado dental, asistencia legal, asistencia con medicamentos, consejería, asistencia en el pago de la renta y cuenta de luz, transportación a citas médicas, análisis gratis del VIH y sífilis, educación preventiva y distribución de condones gratis. Vea página 153 para más información.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, HIV+ only, CD, Esp.	92
Addicts Can Be Disciples Too	(713) 529-2840	(C) Third Ward	All, S\$, Appt/Referral req, CD	93
AFH Chupik House	(713) 623-6796	(SW) Richmond	Men, CD, I/RR, HIV+ only, Occupancy fee (based on income), Lim	95
AFH Get Started Program	(713) 623-6796	(SW) Mid West	Adults, I/RR, HIV+ only	96
Alief Educational Services Center	(713) 772-9085	(SW) Westwood	All, Fam, I/RR, CD, S\$, Ins	97
America in Recovery	Online Only	Not applicable	All, Free, I/RR, CD	98
AseraCare Hospice	(713) 864-2626	(C) Heights	Adults, Ins, Med, Esp, I/RR	99
Career and Recovery Resources	(713) 754-7000	(C) Midtown	M, W, Free, Appt/Walk-in, CD	106
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-in, HIV+ only, I/RR, Immigrants, Lim, Esp	106
Change Happens! Project F.O.R.C.E.	(713) 374-1236	(C) Third Ward	M (18 & up), Free, I/RR, CD	108
Change Happens! Project JUMP START	(713) 374-1200	(C) Third Ward	Ages 14-21, CD, Homeless, Immigrants, I/RR, Free, Appt req.	108
Corder Place Apartments	(713) 741-4070	(SE) OST/S. Union	M, W, Fam, HIV+ household member, Homeless, CD, I/RR, S\$. . . .	110
Cypress Assistance Ministries Operation Jobs	(281) 955-5895	(NW) Cy Fair	Free, Adults, I/RR.	111
DAPA Acute Inpatient Program	(713) 783-8889	(C) Medical Center	M, W, Fam, CD, I/RR	111
DAPA Intensive Outpatient Program	(713) 783-8894	(SW) Woodlake/ Briar Meadow	M, W, F, CD, I/RR	111
DAPA Partial Hospital Program	(800) 828-3272	(NW) Fairbanks/ NW Crossing	M, W, F, CD, I/RR	112
Depression and Bipolar Support Alliance	(713) 600-1131	(C) Greenway Plaza	M, W, Y, I/RR, Homeless, Immigrants, CD, Free, Walk-ins . .	112
Family Services of Greater Houston -Central Office	(713) 861-4849	(C) Memorial Pk/ Washington	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins, Esp.	113

Information & Resources for the Formerly Incarcerated Información y Recursos Para El Previamente Encarcelados

SERVICE PROVIDERS / PROVEEDORES DE SERVICIOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt/Walk-ins, Esp	117
Harris County Jail Early Intervention Svcs	(713) 755-9252	(C) Downtown	M, W, Free, Incarcerated, Esp . . .	121
Houston Compass	(713) 229-8319	(C) Downtown	All, Free	126
Houston Volunteer Lawyers Program AIDS Project	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, HIV+ only , Filing fees if required by court . .	128
Magnificat Houses Morning Star Hostel	(713) 520-0461	(C) Midtown	M, HIV+ only , S\$, I/RR, Walk-ins, Lim, Esp	133
Magnificat Houses Myriam's Hostel	(713) 520-0461	(C) Downtown	W, Free, Walk-ins, CD, I/RR, Homeless, Lim, Esp	133
The Montrose Center	(713) 529-0037	(C) Montrose	M, W, Fam, I/RR, Free, Walk-ins, HIV+ only , CD	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp	136
Project Path Finder	(832) 830-3440	Not specified	M, W, I/RR	141
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	M, W, Y, Fam, I/RR, CD, Referral req	142
Salvation Army Social Services	(713) 658-9205	(C) Downtown	All, Free, Esp	145
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt req.	145
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, I/RR, Walk-ins, CD, Homeless only, Esp.	145
Special Treasures Inc.-SOCKS - Saving our Community Kids...Seniors	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free, Call for intake. . . .	149
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Texas City	(832) 431-5162	(SE) Texas City	M, W, CD, I/RR, S\$, Med, Ins.	144
Stop Turning Entering Prison-Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD.	150
UT Health-Houston Center for Neurobehavioral Research on Addictions	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, I/RR.	154



Art by Tammy



Art by Gary

Funeral Services / Servicios Funerarios

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable HIV infected persons and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veteran's Administration.

A nadie le gusta planear para un funeral o cremación cuando uno se siente bien, pero planificar con anticipación no solamente ayuda a prevenir una ansiedad futura, sino que también ayuda a las personas con el VIH y sus familiares a ahorrar una gran cantidad de dinero. Analizando costos y comparando servicios con anticipación les permite tomar mejores decisiones. Los veteranos podrían recibir beneficios de sepultura por medio de la Administración de Veteranos.

FUNERAL ASSISTANCE / AYUDA PARA FÚNEBRE

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/ South Union	All, Income-based eligibility, Free, Esp	92
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	M, W, Y, C, Fam, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Harris Co. Burial Assistance	(713) 696-1952	(NE) Eastex/Jensen	All, Income-based eligibility.	118

FUNERAL EDUCATION & INFORMATION / EDUCACIÓN E INFORMACIÓN FÚNEBRE

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/ South Union	All, Income-based eligibility, Free, Esp	92
Funeral Consumers Alliance of Houston	(713) 526-4267	All	All, Free, Donations & memberships encouraged	115

FUNERAL SERVICES / SERVICIOS FUNERARIOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Aldine Funeral Chapel, Direct Cremation	(281) 591-6055	(N) Aldine	Appt recommended	97
Harris Co. Burial Assistance	(713) 696-1952	(NE) Eastex/Jensen	All, Income-based eligibility.	118



Art by Tammy

Information & Resources for Hepatitis C

Información y Recursos Para La Hepatitis C

About 25% of people with HIV are co-infected with the hepatitis C virus. HIV co-infection more than triples the risk for liver disease, liver failure, and liver-related death from hepatitis C. Liver disease has become the leading cause of non-AIDS-related deaths among people with HIV/AIDS.

Adapted from the National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention fact sheet HIV and Viral Hepatitis, November 2011.

Aproximadamente el 25% de las personas con el VIH están infectadas con el hepatitis C. Esta doble infección triplica el riesgo a desarrollar la enfermedad del hígado, el deterioro del hígado, y muerte relacionada al hígado por causa de la hepatitis C. La enfermedad del hígado se ha convertido en la causa principal de muertes no relacionadas al SIDA entre las personas con VIH/SIDA.

Texto adoptado de un reporte de hechos del VIH y Hepatitis Viral del National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, Noviembre 2011.

HEPATITIS C TREATMENT AND SUPPORT RESOURCES

RECURSOS PARA TRATAMIENTO PARA LA HEPATITIS C

For Uninsured Patients with No Available Funds:

Harris Health System:

Residents of Harris County can apply for financial assistance (formerly known as the Gold Card) through the mail or at a patient eligibility center (See page 19). The application for financial assistance is available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english.pdf.

Once approved, make an appointment with one of the Community Health Centers. At your appointment, inform the medical provider of your Hep C status to be assessed for a referral to one of the two treatment centers located at Ben Taub and LBJ General Hospitals.

Appointments: (713) 526-4243

Voicemail: (713) 566-6064

Your call will be returned within 24 hours.

Harris Health Financial Assistance Program
PO BOX 300488
Houston, TX 77230

Para los pacientes sin seguro y sin fondos:

Harris Health System:

Residentes del Condado Harris pueden solicitar asistencia financiera (anteriormente denominada la tarjeta dorada) por correo o en el centro de elegibilidad del paciente (vea página 19). El formulario para la solicitud está disponible aquí: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-instructions-spanish.pdf.

Una vez aprobada su solicitud, haga una cita en una de las localidades del Community Health Center. En su cita informe al proveedor médico sobre su estado de la hepatitis C para así ser referido a uno de dos centros de tratamientos--el Hospital Ben Taub o el Hospital LBJ.

Citas: (713) 526-4243

Deje mensaje: (713) 566-6064

Su llamada será retornada dentro de las 24 horas.

Harris Health Financial Assistance Program
PO BOX 300488
Houston, TX 77230

St. Luke's Center for Liver Disease

6720 Bertner Ave.
Houston, TX 77030
(832) 355-1400
1-877-64-LIVER (1-877-645-4837)

www.stlukeshouston.com/OurServices/LiverClinic/Center-for-Liver-Disease-Overview.cfm

The Center for Liver Disease is dedicated exclusively to treating patients with all forms of liver disease - ranging from screening for abnormal liver function to medical management of disease and liver transplantation.

St. Luke's Center for Liver Disease

6720 Bertner Ave.
Houston, TX 77030
(832) 355-1400
1-877-64-LIVER (1-877-645-4837)

www.stlukeshouston.com/OurServices/LiverClinic/Center-for-Liver-Disease-Overview.cfm

Centro para la enfermedad del hígado está dedicado exclusivamente a tratar a pacientes con todo tipos de enfermedades del hígado - de asesoramiento de la función anormal del hígado al manejo médico de la enfermedad y la trasplatación.

Information & Resources for Hepatitis C Información y Recursos Para La Hepatitis C

HEPATITIS C TREATMENT AND SUPPORT RESOURCES RECURSOS PARA TRATAMIENTO PARA LA HEPATITIS C

St. Luke's Liver Health Outreach

6620 Main St., Suite 1505
Houston, TX 77030
(832) 355-5119

Hotline: 1-800-72-LIVER
www.texasliver.org

Free hepatitis B and C testing, clinical trials and resource information.

St. Luke's Liver Health Outreach

6620 Main St., Suite 1505
Houston, TX 77030
(832) 355-5119

Hotline: 1-800-72-LIVER
www.texasliver.org

Análisis gratis de la hepatitis B y C, ensayos clínicos, e información de recursos.

St. Luke's Advanced Liver Therapies

(832) 355-8966

Ongoing clinical trials available for previously treated and first time treatment seeking patients. Often these trials provide free treatment for hepatitis C and hepatitis B.

St. Luke's Advanced Liver Therapies

(832) 355-8966

En curso ensayos clínicos disponibles a pacientes anteriormente tratados así como también nuevos pacientes en busca de tratamientos. Con frecuencia estos ensayos ofrecen tratamientos gratis para las hepatitis B y C.

Research Specialists of Texas

(713) 634-5110

www.texasliver.com/hepatitis

Opportunities available to participate in clinical research protocols. Patients who have previously been treated for hepatitis C and those who have never been treated are welcome.

Research Specialists of Texas

(713) 634-5110

www.texasliver.com/hepatitis

Ofrecen oportunidades a participar en protocolos de investigación clínica. Los pacientes anteriormente tratados para el hepatitis C y los pacientes nunca tratados están bienvenidos.

Resources for clinical trials:

www.clinicaltrials.gov
www.centerwatch.com

Recursos para ensayos clínicos:

www.clinicaltrials.gov
www.centerwatch.com

PATIENT ASSISTANCE PROGRAMS / PROGRAMA DE ASISTENCIA AL PACIENTE

If you need help to pay for your hepatitis C medications, you may be eligible for a patient assistance program. The following pharmaceutical companies have programs that can reduce the cost of your prescriptions:

Si necesita ayuda para pagar sus medicamentos para la hepatitis C, usted puede ser elegible para un programa de asistencia al paciente. Las siguientes compañías farmacéuticas tienen programas que pueden reducir el costo de sus prescripciones:

Sovaldi

Gilead Support Path
855-769-7284
www.sovaldi.com

Pegasys and Copegus

Genentech Assistance
888-941-3331
www.pegasysaccesssolutions.com

Victrelis, PegIntron and Rebetol

Merck Patient Assistance
866-939-4372
www.merck-cares.com

Olysio

Janssen Patient Assistance
800-652-6227
www.olsio.com

Incivek

Vertex Patient Assistance
855-846-2484
www.incivek.com

Information & Resources for Hepatitis C

Información y Recursos Para La Hepatitis C

VACCINES FOR HEPATITIS A & B / VACUNAS PARA LA HEPATITIS A Y B

Most people can stay healthy when they are co-infected with HIV and hepatitis C. The most important thing to do is work with your doctor and nurse to discuss how to stay healthy and monitor your health for symptoms. Everyone with HIV and hepatitis C should get vaccinated against Hep A and Hep B if they have not already been exposed or vaccinated.

While there are vaccines available for Hep A and B, there is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Below is a list of resources, please contact each provider for information on pricing. The Hep B vaccine comes in 3 doses and the Hep A vaccine comes in 2 doses; prices are generally per dose, and may not indicate the total cost of the series.

La mayoría de las personas con las infecciones VIH y la hepatitis C puede mantenerse saludable. Lo más importante es mantener un buen diálogo con su médico y enfermera de cómo mantenerse saludable y estar al tanto de sus síntomas. Toda persona que tenga el VIH y la hepatitis C debe ser vacunada en contra de la Hep A y la Hep B si es que no ha sido expuesta o vacunada anteriormente.

Aunque hay vacunas en contra de la Hep A y la Hep B, en la actualidad no lo hay para la Hep C. Es importante que toda persona que no tenga inmunidad a la Hep A y la Hep B reciba las vacunas. A continuación es una lista de recursos, favor de contactar a cada proveedor para información sobre precio. La vacuna para la Hep B consiste de tres dosis y para la Hep A consiste de dos dosis; generalmente los precios refieren a una dosis, y no al costo total de la serie.

Location / Localidad	Address / Dirección	Phone / Teléfono
BCM (Baylor) Travel Medicine	6620 Main Street, Suite 1375 Houston, TX 77030	(713) 798-8785 www.bcm.edu
City of Houston Adult & Travelers Immunization Clinic	8000 North Stadium Drive Houston, TX 77054	(832) 393-5427
	6201 Bonhomme Road South tower, 3rd Floor Houston, TX 77036	(713) 780-5693 www.houstontx.gov/health/immunizations/foreigntravel2.htm
CVS/pharmacy	Various locations / Varias localidades	(866) 389-2727 www.cvs.com
HOPE Clinic	7001 Corporate Drive, Suite 120 Houston, TX 77036	(713) 773-0803 www.hopehc.org
Island Community Center	4700 Broadway Avenue Galveston, TX 77539	(409) 763-7227 www.gchd.org/chn/IMM.htm
Randall's Pharmacy	Various locations / Varias localidades	www.randalls.com
Texas City Clinic	9850 Emmett F. Lowry Expressway, Suite 104 B Texas City, TX 77591	(409) 949-3459 www.gchd.org/chn/IMM.htm
UT Health Services	7000 Fannin Street, Ste 1620 Houston, TX 77030	(713) 500-3248 www.uth.tmc.edu/uths
Walgreens Pharmacy	Various locations / Varias localidades	(866) 825-3227 www.walgreens.com

Information & Resources for Hepatitis C

Información y Recursos Para La Hepatitis C

SUPPORT GROUPS / GRUPOS DE AYUDA

Support groups can be very helpful for people with Hep C or co-infected with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases. A listing of support groups is included below.

Grupos de apoyo pueden ser de gran ayuda para las personas con el VHC o coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas. Aquí vea una lista de grupos de apoyo.

Group Name / Nombre de Grupo	Time & Date / Hora y Día	Contact / Contacto
Connect 4 Wellness Legacy Lyons Campus 5602 Lyons Avenue Houston, TX 77020 (832) 548-5400	For ages 50 and up. Every other Friday, 5pm to 6:30pm. <i>Para edades de 50 años o más.</i> <i>Cada dos viernes, 5pm to 6:30pm.</i>	Call for meeting dates. <i>Por favor llame para el horario de las reuniones</i>
Virtual Support Group AcariaHealth One-of-a-kind group discussions regarding Hep C therapies in a safe and confidential forum via phone. Discuss questions and concerns about new therapies so you know what to expect, discuss side effects and how to manage them. Convenient sessions are offered during day and evening hours, and support is provided by pharmacists and nurses with extensive experience in treating Hep C.	First Timers: For treatment naïve patients. 1st Thursday of the month at 10pm Give it Another Go: For treatment experienced patients. 2nd Thursday of the month at 1pm One Day at a Time: For patients on active treatment. 3rd Thursday of the month at 1pm What Can I Do About...? For patients seeking help with side effects. 4th Thursday* of the month at 10pm *Nov. & Dec. sessions will be held on the 3rd Thursday due to the holidays	Barbara Morgan, RN (800) 511-5144, ext. 1033 barbara.morgan@acariahealth.com <i>Actualmente no está disponible en español.</i>
Virtual Support Group Help-4-Hep Help-4-Hep is a trusted source of information, support and referrals - all free of charge to you. Your call is completely confidential. Help-4-Hep helpline is staffed by people who will listen to your concerns and have experience, either as a patient, a friend or loved one, dealing with Hep C – you can talk with a real person, one-to-one, about your specific situation. Help-4-Hep is there to support you from deciding to get tested to talking to your doctor about treatment options and finding resources to help with payment.	10am to 8pm, Monday-Friday (closed on holidays) <i>Español por cita.</i>	877-HELP-4-HEP (877-435-7443) www.help4hep.org
Liver Transplant Support Group Houston VA Medical Center 2002 Holcombe Blvd, Rm 5B-166 Houston, TX 77030	Tuesdays, 3pm-4pm For VA patients and their families. <i>Martes, 3pm-4pm</i> <i>Para pacientes veteranos y sus familias.</i>	Juleena Masters, LCSW (713) 791-1414, ext. 26286
Liver Transplant Support Group Palmer Memorial Episcopal Church 6221 Main Street, Room A202 Houston, TX 77038	11am - 12 noon 1st Tuesday of the month at 6pm <i>El primer martes de cada mes.</i>	Floyd Johnson (713) 704-6803

Information & Resources for Hepatitis C

Información y Recursos Para La Hepatitis C

PUBLICATIONS & INFORMATION / PUBLICACIONES Y INFORMACIÓN

For more information about Hepatitis C you may wish to contact the following resources:

Si usted desea más información sobre la hepatitis C sírvase contactar a las siguientes fundaciones:

Name / Nombre	Contact / Contacto	Description / Descripción
American Liver Foundation-Desert Southwest (Arizona, Texas, New Mexico, and Utah)	1-800-GO-LIVER (800-465-4837) www.liverfoundation.org/chapters/Arizona 4545 East Shea Blvd., Suite 246 Phoenix, AZ 85028	Patient support groups, info and physician referral, Liver Update educational seminars for physicians, patients, their families and friends; also publishes a yearly local chapter newsletter. <i>Grupos de apoyo, información y referencia a médico, seminarios educacionales sobre la hepatitis para médicos, pacientes, familiares y amistades; también publica un boletín anual.</i>
Centers for Disease Control & Prevention	1-800-CDC-INFO (800-232-4636) TTY: 1-888-232-6348 www.cdc.gov/hepatitis/index.htm	Free comprehensive information on viral hepatitis. <i>Información amplia y gratuita sobre la hepatitis viral.</i>
CDC Foundation Viral Hepatitis Action Coalition	www.cdcfoundation.org/vhac www.viralhepatitisaction.org	Provides information about advances in the prevention, screening and treatment of viral hepatitis. <i>Provee información sobre avances en prevención, asesoramiento y tratamiento de la hepatitis viral.</i>
City of Houston Hepatitis C Task Force	Adult Viral Hepatitis Prevention Coordinator: (832) 393-4706 www.houstontx.gov/health/HIV-STD/viralhepatitis.html 8000 North Stadium Dr. Houston, TX 77054	Information about viral hepatitis, testing and service provider training. <i>Información sobre hepatitis viral, análisis y entrenamiento a proveedores de servicios.</i>
Hepatitis C Advocates	www.hcvadvocate.org www.hcvadvocate.org/espanol.asp Hepatitis C Support Project PO Box 15144 Sacramento, CA 95813	Provides unbiased information, support, and ad-vocacy to all communities affected by HCV and HIV/HCV co-infection. <i>Provee información imparcial, apoyo, y abogacía a todas las comunidades afectadas por las infecciones del VHC y VIH/VHC.</i>
Hepatitis C Connection	1-800-522-HEPC www.hepc-connection.org slh@hepc-connection.org 1325 S. Colorado Blvd. Building B, Suite 302 Denver, CO 80222	National networking, partnership development and capacity-building to improve viral hepatitis programs. <i>Red nacional, desarrollo y capacidad en asociación para el mejoramiento de los programas de la hepatitis viral.</i>
Texas Department of State Health Services	Adult Viral Hepatitis Prevention Coordinator: (512) 533-3124 www.dshs.state.tx.us/idcu/disease/hepatitis Infectious Disease Control Unit PO Box 149347, Mail code 1960 Austin, TX 78714-9347 (512) 776-7676	National networking, partnership development and capacity-building to improve viral hepatitis programs. <i>Red nacional, desarrollo y capacidad en asociación para el mejoramiento de los programas de la hepatitis viral.</i>

HIV & STD Testing / Prueba del VIH y ETS

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This medical test is the only way to tell if someone is infected with the virus. The test can be done at a doctor's office or a clinic. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have your results ready for you in 10 – 14 days, some have tests that give immediate results.

Si Ud. cree que ha sido expuesto al VIH, debe seriamente considerar hacerse un análisis del VIH. Éste es el único método de saber si una persona está infectada con el virus. Lo puede hacer en la oficina del médico o en una clínica. En muchas clínicas públicas Ud. no tiene que revelar su nombre y el análisis es gratuito o de bajo costo. En algunos lugares recibirá el resultado en 10 a 14 días, en otros lugares dan resultados inmediatos.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, CD, Esp	95
AFH Prevention - Counseling, Testing & Referral	(713) 623-6796	Various	All	95
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	99
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Free, Appt req, Ages 13-23	101
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Free, Appt req, Females ages 13-23, Males ages 13-25 . . .	101
Baylor Chavez High School Teen Health Clinic	(713) 495-6971	(SE) Meadowbrook	Free, Chavez HS students only. . .	101
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Free, Appt req, Ages 13-23	102
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Free, Appt req, Ages 13-23	102
Baylor LBJ Teen Clinic	(713) 566-5612	(NE) Trinity/Houston Gardens	Free, Appt req, Ages 13-23	102
Baylor Tejano Center Teen Health Clinic	(713) 645-0544	(SE) Park Place	Free.	102
Baylor Worthing High School Teen Clinic	(281) 394-0528	(SE) Sunnyside	Free.	102
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Free	103
Ben Taub Hospital	(713) 873-2000	(C) Medical Center	All, Walk-ins, S\$, Med.	122
Career and Recovery Resources, Inc.	(713) 754-7000	(C) Midtown	M, W, Free, Appt Req, Walk-ins, CD	106
Change Happens!	(713) 374-1200	(C) Third Ward	M, W, CD, Free, Esp.	107
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	110
Ft. Bend County Clinical Health Services	(281) 342-6414	(SW) Rosenberg	Appt Req, Esp	114
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	All, Free, Walk-ins, Esp	114
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Free, S\$, Walk-ins, CD	117
Harris County Antoine Health Clinic	(713) 602-3300	(NW) Inwood Forest	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Baytown Health Clinic	(281) 427-5195	(E) Baytown	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Humble Health Clinic	(281) 446-4222	(N) Humble	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Southeast Health Clinic	(713) 740-5000	(SE) Pasadena	All, S\$, Ins, Med, Appt req, Esp . .	119
Harris County Jail Early Intervention Svcs	(713) 755-9252	(C) Downtown	M, W, Free, Incarcerated, Esp . . .	121
HHS Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Esp.	123
HHS Northwest Community Health Center	(713) 873-4157	(NW) Oak Forest/Garden Oaks	All, Free, S\$, Walk-ins, Esp	122

HIV & STD Testing / Prueba del VIH y ETS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	All, Free, S\$, Walk-ins, Esp	123
HHS Women's Program	(713) 873-4511	(C) Near Northside	All, Free, S\$, Walk-ins, Esp	123
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	125
LBJ Hospital	(713) 566-5100	(N) Kashmere Gardens	All, Walk-ins, S\$, Med.	122
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, Free, Walk-ins, Esp	140
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD	141
Saint Hope Foundation	(713) 778-1300	(SW) Sharpstown	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, I/RR, Free, S\$, Med, Ins, Esp	153

Home Assistance and Home Health Care Asistencia y Cuidado en el Hogar

Some HIV infected persons need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.

Algunas personas VIH+ necesitan ayuda en sus domicilios y hay varios tipos de ayuda disponibles. Para las personas que necesitan ayuda mínima en el aseo de la casa, se puede proporcionar este servicio gratuitamente o a bajo costo. Para personas que requieran ayuda con el aseo personal (bañarse, etc), hay disponible enfermeras y asistentes. A veces una orden médica es requerida.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Cage's Medical Services, Inc.	(713) 674-5616	Not specified	All, Medicaid, Ins, Private pay, Walk-ins, Esp	106
Citywide Home Healthcare	(713) 660-8888	(C) Braeswood	All, Med, Ins, Wkrs Comp.	147
Colby D Healthcare Inc.	(832) 563-4970	(SW) Westwood	M, W, C, Medicaid, Superior, Private pay.	110
Metro Health Services	(713) 777-9600	(SW) Westwood	Adults, Med.	134
NationsMed Healthcare	(281) 240-4144	(SW) Stafford	Adults, Med, Ins	136
Reach Healthcare Services	(713) 383-2100	(C) Astrodome/ S. Loop	All, Med, Ins, Private pay, Wkrs Comp, Managed Care, Esp	142

Hospice Care / Cuidado de Hospicio

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of AIDS. Physician approval is needed for this service, which can take place in a home, special residence, nursing facility or hospital.

El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del SIDA. La aprobación de un médico es necesaria para recibir este servicio, el cual puede ocurrir en el hogar, una residencia especial, u hospital.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AseraCare Hospice	(713) 864-2626	(C) Heights	Adults, I/RR, Ins, Med, Esp.	99
Bering Residential HIV Hospice	(713) 341-3780	(C) Montrose	HIV+ only , \$20 co-pay/day if above 100% FPL, Esp	104
Hospice Care Team	(409) 938-0070	(SE) Texas City	Terminal diagnosis, Appt/Walk-in, Med, S\$, Ins, CHIP	125

Housing and Emergency Shelters Vivienda y Refugios de Emergencia

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. These include subsidized apartments, group residential facilities, chemical dependency halfway houses, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (also see FINANCIAL ASSISTANCE). As a last resort, a number of emergency shelters serving men, women, adolescents, and families are located in the Houston area.

Houston ofrece varias opciones de vivienda para las personas VIH+ con bajos ingresos, y los que tienen necesidades especiales. Estas opciones incluyen departamentos de bajo costo, residencias en grupos, personas con dependencia de sustancias, y centros de vivienda transitoria. Estos están disponibles a muy bajo costo. Algunas agencias también proveen ayuda con la renta y/o utilidades para prevenir que las personas se queden sin vivienda o servicios públicos (también vea ASISTENCIA FINANCIERA). Como último recurso, existen refugios de emergencia para hombres, mujeres, adolescentes y familias de Houston.

HOUSING ASSISTANCE / ASISTENCIA PARA LA VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp.	153
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.	95
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	105
Brentwood Project WAITT	(713) 852-2551	(S) Central SW	All, Appt/Walk-in, Free, HIV+ only , CD, Food vouchers . . .	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	114
Harris County Housing Resource Center	(713) 578-2055	(C) Downtown	All, Free, Esp	118
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.	125
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	126
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD.	134
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	All, Appt req, CD.	136
Salvation Army Houston Area Command	(713) 658-9205	(C) Downtown	All, Free, Esp	145

Housing and Emergency Shelters / Vivienda y Refugios de Emergencia

EMERGENCY SHELTERS / REFUGIOS DE EMERGENCIA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Bay Area Homeless Services	(281) 837-1654	(E) Baytown	Adults, Homeless, Free, Esp	101
Bay Area Turning Point Crisis Shelter	(281) 338-7600	(SE) Webster	W, Fam, Free, Appt req, Esp	101
Bridge Over Troubled Waters Emergency Shelter	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp . .	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Lim, Esp	106
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	113
Ft. Bend County Women's Center	(281) 342-4357	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-in, Esp	114
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD	116
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp . .	117
Magnificat Houses- Myriam's Hostel	(713) 520-0461	(C) Downtown	W, Free, Walk-ins, CD, I/RR, Homeless, Lim, Esp	133
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req . . .	137
Star of Hope Men's Development Ctr	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD	149
Star of Hope Women & Family Shelter	(713) 222-2220	(C) Second Ward	W, Fam, Lim, Free, Esp	149
Stop Turning Entering Prison- Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD	150
West Heights House Shelter (AHCH)	(713) 864-1795	(C) Heights	M (age 19 & up), Flat fee, Appt req, Lim, HIV/AIDS only	96

LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, HIV+ only , CD	92
AFH A Friendly Haven	(713) 651-0833	(C) Midtown	Adults, Fam, HIV+ only , S\$ (based on income), Lim	95
AFH Chupik House	(713) 623-6796	(SW) Richmond	Men, CD, IRR, HIV+ only , Occupancy fee (based on income), Lim	95
AFH First Responders Housing Pgm	(713) 623-6796	Not specified	Adults only, CD, Occupancy fee (income based), Homeless, Disabled	96
AFH Help House Apartments	(713) 623-6796	(C) Montrose	Adults, HIV+ only , Homeless, Disabled, Occupancy fee (income-based)	96
AFH T.E.X.T. M.S.G. Housing Program	(281) 888-5316	Not specified	Age 18-24, HIV+ only , Homeless, Occupancy fee (income-based) . . .	96
Bridge Over Troubled Waters Emergency Shelter	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Lim, Esp	106

Housing and Emergency Shelters / Vivienda y Refugios de Emergencia

LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Change Happens! Rescue in Motion	(713) 374-1225	(C) Third Ward	W, Homeless, Disabled, Appt req	108
Change Happens! RESCUE in Motion 4-Him	(713) 374-1234	(C) Third Ward	M, Homeless, Disabled, Appt req, Free.	108
Corder Place Apartments	(713) 741-4070	(SE) OST/S. Union	M, W, Fam, HIV+ household member, Homeless, CD, I/RR, S\$. . .	110
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp.	110
San Jacinto Apartments	(713) 650-0306	(C) Downtown	HIV+ only	127
Stop Turning Entering Prison-Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD . . .	150
Swehla House (CEF)	(713) 528-0037	(C) Montrose	M, W, S\$, Appt req, HIV+ only . . .	110

SHORT TERM HOUSING / VIVIENDA TEMPORAL

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp.	110
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, Documented homeless & TB	118
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req. . .	137
San Jacinto Apartments	(713) 650-0306	(C) Downtown	HIV+ only	127
Star of Hope Transitional Living Ctr for Women & Families	(713) 748-7242	(C) MacGregor	W, Fam, Lim, Free, Esp	149

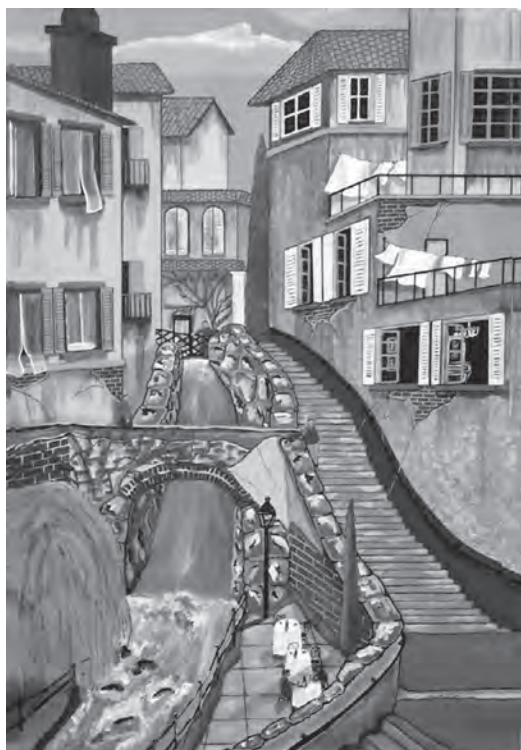
TRANSITIONAL HOUSING / VIVIENDA DE TRANSICIÓN

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, HIV+ only , CD.	92
Bridge Over Troubled Waters Emergency Shelter	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD	116
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp . . .	117
Magnificat Houses- Morning Star Hostel	(713) 520-0461	(C) Midtown	M, HIV+ only , S\$, I/RR, Walk-ins, Lim, Esp	133
Magnificat Houses- Women's Houses	(713) 520-0461	(C) Midtown	W, S\$, Lim, Walk-ins, Esp	133
Magnificat Houses-Men's Houses	(713) 520-0461	(C) Midtown	M, S\$, Lim, Walk-ins, Esp	133
Open Door Mission	(713) 921-7520	(C) (E) End	M, Walk-ins, Free	138

Housing and Emergency Shelters / Vivienda y Refugios de Emergencia

LONG TERM HOUSING / VIVIENDA DE LARGO PLAZO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C only, I/RR, CD, Free, Appt req.	145
Star of Hope Men's Development Ctr	(713) 227-8900	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD	149
Star of Hope Transitional Living Ctr for Women & Families	(713) 748-7242	(C) MacGregor	W, Fam, Lim, Free, Esp	149
Stop Turning Entering Prison-Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD....	150
West Heights House Shelter (AHCH)	(713) 864-1795	(C) Heights	M (age 19 & up), Flat fee, Appt req, Lim, HIV/AIDS only	96



Art by Kenneth



Art by Kenneth

HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 08/28/14)

The Houston area offers several housing options for HIV+ persons living on a fixed income, as well as for those with special needs. The agencies listed below receive HOPWA funds to provide the following Housing/Housing-related services:

Se ofrecen varias opciones de vivienda en el área de Houston para personas VIH+ de bajos ingresos y con necesidades especiales. Las agencias mencionadas aquí reciben fondos para proveer los siguientes servicios relacionados con la vivienda:

STRMU: Short Term Rent, Mortgage, Utility Assistance Program

TBRA: Tenant Based Rental Assistance

SS: Supportive Services
CR: Community Residences

Scan the list below to find an agency that provides the particular service that you need. Please see the next page for a full description of these services.

Busque en la lista a continuación la agencia que provee el servicio particular que necesita. Por favor vea la próxima página para una descripción completa de estos servicios.

AGENCY / AGENCIA

A Caring Safe Place (CR, SS)

1804 Carr Street
Houston, TX 77026
(713) 225-5441

AIDS Coalition of Coastal Texas

(STRMU, TBRA, SS)
707 23rd Street
Galveston, TX 77550
(409) 763-2437

AIDS Foundation Houston

(STRMU, TBRA, CR, SS)
6260 Westpark Dr., Ste 100
Houston, TX 77057
(713) 623-6796

AAMA (SS)

204 Clifton Street
Houston, TX 77011
(713) 926-9491

Bering Omega Community Services

(STRMU, TBRA, SS)
1429 Hawthorne
Houston, TX 77006
(713) 341-3767

Brentwood Community Foundation (STRMU, CR, SS)

13101 Landmark St.
Houston, TX 77045
(713) 852-1451

Catholic Charities

(STRMU, TBRA, SS)
2900 Louisiana
Houston, TX 77006
(713) 874-6589

Goodwill Industries (SS)

2520 Brun Road
Houston, TX 77019
(713) 590-3123

Houston Area Community Svcs

(STRMU, TBRA, SS)
2150 W. 18th St., Suite 300
Houston, TX 77008
(713) 426-0027

Houston HELP – Corder Place Apts (CR, SS)

7210 Peerless Street
Houston, TX 77021-5544
(713) 741-4070

Houston SRO Housing Corp. San Jacinto Apts (CR, SS)

2211 Norfolk Suite 740
Houston, TX 77098
(713) 526-9470

Houston Volunteer Lawyers Program, Inc. (SS)

1111 Bagby, Suite FLB300
Houston, TX 77002
(713) 228-0735, Ext 121

Montrose Center

(STRMU, TBRA, SS)
401 Branard Street
Houston, TX 77006
(713) 529-0037

SEARCH, Inc. (SS)

2505 Fannin Street
Houston, TX 77002
(713) 739-7752

The eligibility requirements for HOPWA-funded services are very basic, but some agencies may have additional restrictions placed on them by other funding sources that are more stringent. To be eligible for HOPWA funds you must:

1. Meet the definition of low income: 80% of median income for SS, 50% for TBRA and CR;
2. Have an HIV positive diagnosis; and
3. Live in one of the following ten counties: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery or Waller.

Please check with the service provider for additional eligibility requirements, restrictions and limitations.

Los requisitos para elegibilidad a los servicios fundados por HOPWA son muy básicos, pero algunas agencias puede que tengan restricciones adicionales exigidas por otras fuentes financieras que son más estrictas. Para ser elegible a recibir fondos de HOPWA usted debe:

1. Calificar bajo la definición de "bajo ingreso": 80% de la mediana de ingreso, 50% para TBRA y CR;
2. Estar diagnosticado con el VIH; y
3. Vivir en uno de los diez siguientes condados: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery o Waller.

Por favor hable con el proveedor para conocer de requisitos, restricciones y limitaciones adicionales.

HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of 08/28/14)

SERVICE DESCRIPTIONS / DESCRIPCIÓN DE SERVICIOS

Short Term Rent, Mortgage, Utility Assistance Program (STRMU):

STRMU will pay an eligible client's rent, mortgage and/or utility payments for UP TO 21 weeks in a 52-week period. These funds are NOT used to support:

- * Move-in Deposits
- * Security Checks
- * Credit Checks
- * Move-in support (supplies, furniture, minor repairs etc.)
- * Emergency shelter vouchers for hotel or motel.

Rent/utility payments are made to the owner/management of the property.

Tenant Based Rental Assistance (TBRA):

TBRA will pay for an eligible clients rent or utility for 12 to 24 months at a location determined by the client.

Locations must:

- * Meet Housing Quality Standards established by HUD/HCD; and
- * Cost of rent must meet federal median income

Rent/utility payments are made to the owner/management of the property.

Supportive Services (SS):

All agencies that receive HOPWA funds offer supportive services to eligible clients in establishing permanent housing. Each agency provides different supportive services. Supportive Services can include case management, housing counseling, professional counseling, nutritional services, child care, etc.

Community Residences (CR): Community residences provided through an agency. Contact the agencies providing CR for information on services.

Currently existing residences focus on:

- * Single men/Substance abuse
- * Single women/Substance abuse
- * Women and Children
- * Recently released men/women

Programa de asistencia de corto plazo para la renta, la hipoteca, y los servicios públicos (STRMU):

STRMU pagará la renta, la hipoteca y/o los servicios públicos POR 21 semanas en un periodo de 52 semanas. Estos fondos NO asisten con:

- * Depósito inicial para la renta
- * Seguridad
- * Crédito
- * Pagos para provisiones, muebles, reparaciones, etc.
- * Emergencia de refugio a hotel o motel.

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

Asistencia para la renta al arrendatario (TBRA):

TBRA pagará para los clientes elegibles la renta o los servicios públicos (luz, etc.) por 12 a 24 meses. El cliente determina la ubicación de la vivienda que debe:

- * Cumplir con el estándar de calidad de vivienda establecido por HUD/HCD; y
- * Costo de renta debe cumplir con el ingreso federal del punto medio

Los pagos de la renta/servicios públicos se entregan al dueño/administrador de la propiedad.

Servicios de apoyo (SS):

Todas las agencias que reciben fondos de HOPWA ofrecen servicios de apoyo a los clientes elegibles para establecerse en una vivienda permanente. Cada agencia provee diferentes servicios de apoyo. Dichos servicios pueden incluir administración de casos, consejería profesional, servicios nutricionales, cuidado de los niños, etc.

Residencias comunitarias (CR): Estas son proveídas por medio de una agencia. Póngase en contacto con las agencias que proveen CR para mayor información.

Actualmente, las residencias existentes sirven a:

- * Hombres solteros/abuso de sustancias
- * Mujeres solteras/abuso de sustancias
- * Mujeres y sus niños/niñas
- * Hombres/mujeres recientemente liberados de la prisión



Most agencies have limited funding for the services they offer. If you need additional resources, please call the United Way Helpline at 2-1-1, (713) 957-HELP or toll free at 1-800-833-5948. The Helpline is available 24 hours a day and is offered in over 150 languages. If you would like to email your inquiry to the helpline, you may do so at help@unitedwayhouston.org. You can search the United Way Community Resource Database online at: <http://referral.uwtgc.org/>. The database gives the option to search by zip code, service category, agency or program name and key word.

Information & Hotlines

Información y Línea Telefónica de Ayuda

Information and Referral lines provide information on where to find specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. 24-hour hotlines offer information or assistance during a crisis.

Las líneas de Información y Referencia proveen información sobre donde Ud. puede encontrar servicios específicos o contesta preguntas relacionadas con el VIH y otros temas de la salud. Las llamadas son gratuitas y anónimas. La línea de ayuda de 24 horas ofrece información o asistencia durante una crisis.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp.	153
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.	95
AIDSinfo	(800) 448-0440	National	All, Free, Esp.	97
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$.	98
Bay Area Council on Drugs and Alcohol, Inc.	(281) 212-2900	(SE) Clear Lake	All, CD.	100
The Center for AIDS Information & Advocacy	(713) 527-8219	(C) Montrose	All, Free, Esp.	130
City of Houston Office of Veteran Affairs	(832) 393-0992	(C) Downtown	Veterans and their families, Free, Walk-ins, Esp.	109
Crisis Intervention of Houston	(713) HOTLINE	All	All, Esp.	111
Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All, Free.	135
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most services), Appt req, Lim, Esp.	117
Harris County Housing Resource Center	(713) 578-2055	(C) Downtown	All, Free, Esp.	118
HIV/AIDS Community Referral Hotline (AHCH)	(713) 864-1795	All	All, Free.	96
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Houston Compass, Inc.	(713) 229-8319	(C) Downtown	All, Free.	126
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(C) Montrose	All, Free, Lim, Esp.	135
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req. . .	137
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free.	140
Ryan White Planning Council	(713) 572-3724	(C) Galleria/Post Oak	All, Free.	143
Social Security Administration	(800) 772-1213	National	All.	146
Texas Abuse, Neglect & Exploitation Reporting	(800) 252-5400	Statewide	All, Free, Esp.	151
Texas Child Care Information	(800) 862-5252	Statewide	All, Free.	151
Texas Youth & Runaway Hotline	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp.	151

Insurance Premium & Co-pay Assistance

Prima de Seguro y Asistencia del Copago

Many HIV infected persons are not fortunate enough to have private medical insurance. And, sadly, many others lose their insurance because they cannot afford the premiums. The agencies listed below may be able to help pay your insurance premiums and will answer your questions about COBRA benefits and keeping your insurance.

Muchas personas infectadas con el VIH no tienen acceso a un seguro privado de salud. Lamentablemente, muchas otras lo pierden por no poder pagar las cuotas. Las agencias mencionadas aquí quizás le puedan ayudar a pagar las primas del seguro médico y responder a preguntas sobre sus beneficios de COBRA.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Esp.	95
Legacy Montrose Clinic	(832) 548-5100	(C) Montrose	M, W, Appt req, HIV+ only , Esp. . .	130
Triangle AIDS Network	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153

Affordable Care Act: Assistance with the Health Insurance Marketplace

La Ley del Cuidado de Salud Asequible: Cómo Obtener Ayuda con el Mercado de Seguro de Salud

If you are a client at a Ryan White funded agency: Speak with your case manager. If you do not have a case manager, tell the receptionist that you want to talk with someone about signing up for health insurance.

If you do not go to a Ryan White funded agency and do not have a case manager: You can go to any federally qualified health center (FQHC) and ask to speak with someone about signing up for the healthcare Marketplace. All FQHCs have staff that is trained to assist anyone who needs assistance; you do not need to be a patient at that clinic. For locations and contact information, please see the following:

Accesshealth	92
Bee Busy	103
Change Happens!	107
Houston Area Community Services.	125
Legacy Community Health Services	129
Saint Hope Foundation	144
Thomas Street Health Center	123

Si usted es un cliente con una agencia financiada por Ryan White: Hable con su administrador de casos. Si usted no tiene un administrador de casos, dígame a la recepcionista que usted quiere hablar con alguien sobre inscribirse en un seguro de salud.

Si no eres en una agencia financiada por Ryan White y no tienen un administrador de casos: Usted puede ir a cualquier centro de salud federalmente calificado (FQHC) y pida hablar con alguien en inscribirse en el mercado de la salud. Todos los FQHC tienen personal que está capacitado para ayudar a cualquier persona que necesite ayuda; no es necesario ser un paciente en la clínica. Para ubicaciones e información de contacto, por favor vea la siguiente:

Accesshealth	92
Bee Busy	103
Change Happens!	107
Houston Area Community Services.	125
Legacy Community Health Services	129
Saint Hope Foundation	144
Thomas Street Health Center	123

Legal Services

Servicios Legales y Defensa Pública

Free or very low cost legal services are available to HIV+ individuals living in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians (“living wills”) and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Civil and criminal matters generally are not.

Existen servicios legales gratuitos o a bajo costo para personas VIH+ viviendo en Houston. Uno de los servicios más importantes es el de ayudar a completar documentos, así como testamentos, poder notarial, orden a médicos, y arreglos para funerales. A nadie le gusta pensar en estos documentos cuando uno se siente bien, pero esta preparación anticipada puede prevenir confusión y angustia. También existen otros tipos de asistencia legal, así como temas familiares, obteniendo beneficios por incapacidad, discriminación e inmigración. Generalmente, no se asiste en casos civiles y criminales.

LEGAL SERVICES / SERVICIOS LEGALES

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most services), Appt req, Lim, Esp	117
Houston Lawyer Referral Service, Inc.	(713) 237-9429	(C) Downtown	M, W, S\$, Esp	127
Houston Volunteer Lawyers Pgm AIDS Project	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, HIV+ only , Filing fees if required by court. . .	128

ADVOCACY / DEFENSA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Aid to Victims of Domestic Abuse	(713) 224-9911	(C) Downtown	All, S\$, Walk-ins, Esp.	94
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	105
Bridge Over Troubled Waters	(713) 472-0753	Southeast	All, W, Fam, Appt req, Free, Esp . .	105
Disability Rights Texas	(713) 974-7691	(C) Midtown	All, Fam, Appt req, Free.	112
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	114
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Houston Area Women’s Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	126

IMMIGRATION / INMIGRACIÓN

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-in, HIV+ only , I/RR, Immigrants, Lim, Esp	106

Medical Equipment / Equipo Médico

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.	95
Claude's Pharmacy	(281) 447-7648	(NW) Acres Home	M, W, Med, Walk-ins, Esp	110
Metro Health Services	(713) 777-9600	(SW) Westwood	Adults, Med.	134
NationsMed Healthcare	(281) 240-4144	(SW) Stafford	Adults, Med, Ins	136
Southside Infusion-DME	(713) 660-8888	(B) Braeswood	All, Med, Ins, Wkr Comp, Esp . . .	147

Mental Health Services / Servicios de Salud Mental

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual counseling is available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income. Many hospitals and clinics also provide psychiatric care.

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda profesional para enfrentar estos sentimientos. Se dispone de consejería individual para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente. Muchos hospitales y clínicas también proveen cuidado psiquiátrico.

NOTE: The Texas Department of Family and Protective Services has a 24-hour toll free hotline to report abuse, neglect or exploitation in Mental Health/Mental Retardation facilities in Texas: (800) 647-7418.

TOME EN CUENTA: El Servicio a la Familia y de Protección del Departamento de Texas tiene una Línea de Ayuda Telefónica disponible las 24 horas del día donde usted puede llamar gratuitamente a reportar abuso, negligencia o explotación en instalaciones o centros de Salud Mental/Retraso Mental en Texas: (800) 647-7418.

Please see page 80 for Support Group listings

Consulte la página 80 para la lista de Grupos de Apoyo

COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/S. Union	All, Income-based eligibility, Free, Esp.	92
Alief Educational Svcs BIPP Group Counseling	(713) 772-9085	(SW) Westwood	Adults, S\$, Appt req	97
Alief Educational Svcs Counseling & Psychotherapy	(713) 772-9085	(SW) Westwood	All, Fam, I/RR, CD, S\$, Ins	97
Alief Educational Svcs Staying Cool Anger Management Pgm	(713) 772-9085	(SW) Westwood	Adults, Y (ages 13-17), Flat fee.	97
Alief Educational Svcs Successful Parenting Program	(713) 772-9085	(SW) Westwood	Adults, Pregnant/parenting teens, Flat fee	97
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-in, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Change Happens! Rescue in Motion	(713) 374-1225	(C) Third Ward	W, Homeless, Disabled, Appt req	108
Change Happens! RESCUE in Motion 4-Him	(713) 374-1234	(C) Third Ward	M, Homeless, Disabled, Appt req, Free.	108
Change Happens! The Stairs Program	(713) 374-1227	(C) Third Ward	M, W, Free, Appt req, CD, Formerly chronically homeless. . .	108

Mental Health Services / Servicios de Salud Mental

COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Family Services of Greater Houston -Bay Area	(713) 861-4849	(SE) Clear Lake	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
Family Services of Greater Houston -Baytown	(713) 861-4849	(E) Baytown	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
Family Services of Greater Houston -Central	(713) 861-4849	(C) Mem. Park/ Washington Ave.	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
Family Services of Greater Houston -Ft. Bend	(713) 861-4849	(SW) Stafford	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
Family Services of Greater Houston -Montgomery Co.	(713) 861-4849	(N) Woodlands	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
Family Services of Greater Houston -Waller Co.	(713) 861-4849	(W) Brookshire	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	113
Ft. Bend County Women's Center	(281) 344-5750	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-in, Esp	114
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req	116
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD	116
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Hospice Care Team	(409) 938-0070	(SE) Texas City	All, Free Appt req	125
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	125
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Jewish Family Service	(713) 667-9336	(C) Meyerland	M, W, All, S\$, Appt req.	129
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp	130
Legacy Baytown Clinic	(281) 629-2020	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	130
Legacy Bissonnet Clinic	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp	130
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	130
Legacy Mapleridge Clinic	(713) 779-7200	(SW) Gulfton	All, S\$, Ins, Med, CHIP, Esp	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy San Jacinto Campus	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	131
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp	131
Legacy Southwest Campus	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp	131
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free	133
Montrose Center, The	(713) 529-0037	(C) Montrose	M, W, Fam, All, I/RR, Free, Walk-ins, HIV+ only , CD	134
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	All, Appt req, CD.	136
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp.	136
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.	137
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway/ Upper Kirby	Not specified	140

Mental Health Services / Servicios de Salud Mental

COUNSELING / CONSEJERÍA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Presbyterian Children's Home & Services	(713) 721-2908	(SW) Willow Meadows /Willow Bend	All, Free	141
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C only, I/RR, CD, Free, Appt req.	145
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-in, Call for intake.	152
Texas Report Abuse in MHMR Facilities	(800) 647-7418	Statewide	All, Free	151
Texas Youth and Runaway Hotline	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp.	151
Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt req, Walk-ins, Esp	123
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153

Mental Health Services / Servicios de Salud Mental

INPATIENT TREATMENT / TRATAMIENTO PACIENTES INTERNOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
DAPA - Acute Inpatient Program (AIP)	(713) 783-8889	(C) Medical Center	M, W, Fam, CD, I/RR	111

OUTPATIENT TREATMENT / TRATAMIENTO PACIENTES EXTERNOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
DAPA - Partial Hospital Program	(800) 828-3272	(NW) Fairbanks/ NW Crossing	M, W, Fam, CD, I/RR	112

Miscellaneous Services / Servicios Misceláneos

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.

Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp.	153
AHCH HIV/AIDS Public Speaker Bureau	(713) 864-1795	(C) Heights	Flat Fee.	96
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$.	98
Art League Houston HIV + Healing Art Group	(713) 523-9530	(C) Montrose	All, Free, HIV+ only	99
Casa de Esperanza de los Ninos, Inc.	(713) 529-0639	(C) Medical Center	C, Free, Esp	106

Miscellaneous Services / Servicios Misceláneos

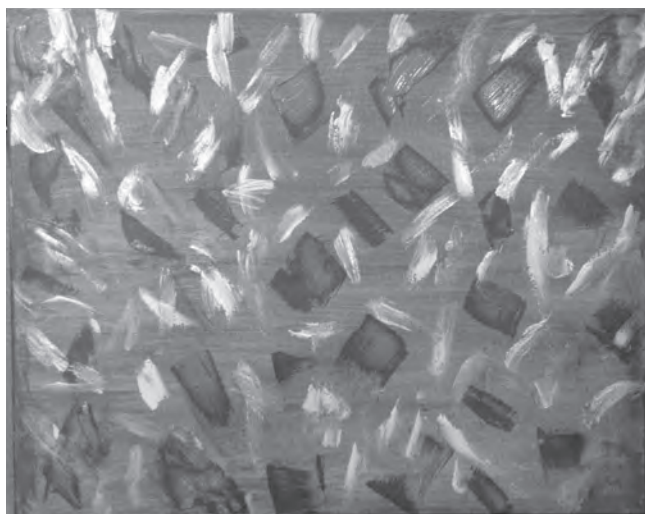
Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Change Happens! Project JUMP START	(713) 374-1200	(C) Third Ward	Ages 14-21, CD, Homeless, Immigrants, I/RR, Free, Appt req	108
City of Houston Office of Veteran Affairs	(832) 393-0992	(C) Downtown	Veterans and their families, Free, Walk-ins, Esp	109
Family Services of Greater Houston	(713) 861-4849	(C) Mem. Park/ Washington Ave	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Houston Compass, Inc.	(713) 229-8319	(C) Downtown	All, Free	126
Houston HIV Prevention Community Planning Group	(832) 393-5010	(C) Astrodome/ S. Loop	All, Free, Walk-in.	109
Houston Humane Society Burnie's Buddies	(713) 433-6421	(S)	HIV+ only , Free, Referral req, Esp	127
Houston Humane Society Paw Prints	(713) 433-6421	(S)	HIV+ only , Flat fee, Appt req, Esp.	127
LIVE Consortium	(713) 861-5483	All	M, W, Free	131
Magnificat Houses St. Joseph House	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins.	133
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt req, CD	134
Metro Health Services	(713) 777-9600	(SW) Westwood	Adults, Med.	134
National Alliance on Mental Illness	(713) 970-4419	(C) Montrose	All, Free, Lim, Esp	135
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)	137
PAWS Houston	(713) 840-7297	(C) Afton Oaks	All, Free, S\$, Lim	139
Pet Bereavement Counseling Services	(713) 522-8344	(C) Greenway/ Upper Kirby	Not specified	140
Pet Patrol	(281) 733-7696	All	All (low income & disabled), Free, S\$, Appt req	140
Ryan White Planning Council	(713) 572-3724	(C) Galleria/ Post Oak	All, Free	143
Sign Language Accessible Interpreters	(713) 263-9670	All	All, Flat Fee	146
Sign Shares	(713) 869-4373	All	All, Flat Fee, DARS DHHS funding available	146
Southside Pharmacy Patient Assistance Program	(832) 488-3205	All	All, Free, Esp	148
SNAP - Animal Aid Program	(713) 863-8001	(C) Heights	Free, Low cost, Walk-ins, Esp.	148
SNAP - Animal Aid Program	(713) 343-1700	(SE) Pasadena	Free-Low cost, Walk-ins, Esp	148
SNAP - Spay-Neuter Mobile Program	(713) 522-2337	All	Free or low cost, First come-first served.	148
Texas Abuse, Neglect & Exploitation Reporting	(800) 252-5400	Statewide	All, Free, Esp	151
Thomas Street Patient Advisory Council	(713) 873-4000	(C) Near Northside	All, Free	152

Nutrition & Wellness / *Nutrición y Bienestar*

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also the impact of mental, emotional and spiritual issues. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your health.

El bienestar es el concepto de mantener la salud completa de una persona, no solamente considera el aspecto físico, sino también el mental, emocional y espiritual. Una buena nutrición es una parte importante del bienestar. Hay muchas clases gratuitas donde Ud. puede aprender más sobre como mejorar su salud.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.	95
AFH Stone Soup	(713) 623-6796	(SW) Mid West	HIV+ only	95
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp	103
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp . . .	117
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, Documented homeless & TB	118
Harris County WIC Program	(713) 407-5800	Various	Free (based on income), Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp	120
HHS Aldine Health Center	(281) 985-7600	(NE) Aldine	Fam, All, Free, S\$, Med, Walk-ins	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-in, Esp	123
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat fee, Ltd scholarships	129
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	130
Legacy Southwest Campus	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp	131
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	All, Appt req, CD.	136
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153



Art by Brenda



Art by Brenda

Pharmacies / Farmacias

All of the pharmacies listed below accept Texas HIV Medication Program (THMP, also known as ADAP) assignments as of February 12, 2014 (see RESOURCES EVERYBODY SHOULD KNOW ABOUT). They are listed in order by Zip Code.

Pharmacies participating in the Texas HIV Medication Program (THMP) are allowed to charge a \$5 fee per prescription; this is the only payment pharmacies receive for this service. If you are unable to pay the fee you should still receive your medications.

If you are charged more than \$5 for medication dispensed through the ADAP program, or denied medication because you cannot afford to pay the fee, please contact the THMP toll free at 1-800-255-1090.

Goto www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm for the most up-to-date information.

Todas las farmacias enlistadas abajo aceptan el Programa de Medicamentos del VIH de Texas (THMP, también conocida como ADAP) asignadas a partir del 12 de abril del 2012 (también vea RECURSOS QUE TODOS DEBEN SABER). Estos se encuentran por orden de código postal.

Las farmacias que participan en el Programa de Medicamentos del VIH de Texas (THMP) están permitidas a cobrar un costo de \$5 por receta médica, siendo este cobro el único pago que las farmacias reciben por sus servicios. Y si usted no puede pagarlo, debe igual recibir sus medicamentos.

Si se le cobra más de \$5 por su medicamento ofrecido a través del programa ADAP, o si se le niega medicamento debido a que no puede pagar \$5, por favor póngase en contacto con THMP llamando gratis al 1-800-255-1090.

Favor diríjase a www.dshs.state.tx.us/hivstd/meds/pharmacy.shtm para más información al corriente.

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
630	CVS/pharmacy #5968	(713) 982-5527	402 Gray Street; Houston 77002
93	Harris Co Sheriff's Dept Clinic Pharmacy	(713) 755-6722	1200 Baker Street; Houston 77002
585	Medical Plaza Pharmacy	(713) 654-4137	2101 Crawford, Ste 101; Houston 77002
458	St. Joseph Professional Pharmacy	(713) 659-3030	2000 Crawford, Ste 104; Houston 77002
148	Amex Pharmacy	(713) 237-9301	3030 Canal Street; Houston 77003
46	Memorial Compounding Pharmacy	(713) 523-7847	2918 San Jacinto St.; Houston 77004
480	Park Plaza Pharmacy	(713) 524-2828	1213 Hermann Dr., Ste. 140; Houston 77004
386	CVS/pharmacy #7479	(713) 522-3983	6011 Kirby Drive; Houston 77005
577	CVS/pharmacy #7162	(713) 807-8491	1003 Richmond Ave.; Houston 77006
36	Kroger Pharmacy #243	(713) 526-1239	3300 Montrose Blvd.; Houston 77006
616	Walgreen's Pharmacy #15277	(713) 524-3494	1415 California St.; Houston 77006
307	Walgreen's Pharmacy #3157	(713) 520-7777	3317 Montrose Blvd.; Houston 77006
766	Walgreen's Pharmacy #9808	(713) 529-2969	2612 Smith Street; Houston 77006
664	Target Pharmacy T-2093	(713) 331-0377	2580 Shearner; Houston 77007
764	Walgreen's Pharmacy #6857	(713) 863-7663	950 Studemont St.; Houston 77007
735	HACS Pharmacy	(832) 384-1423	2150 W 18th St., Ste 300; Houston 77008
620	Heights-Studewood Pharmacy	(713) 869-2225	427 W 20th Street, #105; Houston 77008
67	Thomas Street Health Center Pharmacy	(713) 842-4315	2015 Thomas Street; Houston 77009
721	J & J Pharmacy	(713) 330-4400	13415 Woodforest Blvd., Ste. F; Houston 77015
652	Wallis Pharmacy	(281) 457-3838	5620 E Sam Houston Pkwy N; Houston 77015
667	Azteca Pharmacy	(713) 644-3600	3100 Broadway St., Ste. 105-F; Houston 77017
594	CVS/pharmacy #5910	(713) 884-4040	4150 N Shepherd Dr.; Houston 77018
103	Northwest Health Center Pharmacy	(713) 867-7838	1100 W 34th St.; Houston 77018
316	Walgreen's Pharmacy #3735	(713) 526-3621	1919 W Gray; Houston 77019
778	Lyons Pharmacy	(713) 675-9667	5602 Lyons Ave., Ste. 610; Houston 77020
714	Cullen Care Pharmacy	(713) 747-2100	5751 Blythewood St., Ste 300; Houston 77021
613	CVS/pharmacy #6726	(713) 957-7500	8201 Katy Freeway; Houston 77024
533	Target Pharmacy T-1435	(713) 300-0228	984 Gessner Rd.; Houston 77024

Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
676	Walgreen's Pharmacy #11752	(713) 827-0146	915 Gessner, Ste. 200; Houston 77024
675	Walgreen's Pharmacy #13142	(713) 468-4040	929 Gessner, Ste. 100; Houston 77024
507	Target Pharmacy T-1336	(713) 661-8213	8500 Main Street; Houston 77025
422	CVS/pharmacy #2988	(713) 386-1093	4755 Westheimer Rd.; Houston 77027
181	ReCept Pharmacy #31	(713) 627-2370	4126 Southwest Freeway, Ste. 100; Houston 77027
351	CarePlus CVS/pharmacy #3159	(713) 383-0591	6622 Fannin St.; Houston 77030
452	CVS/pharmacy #5833	(713) 218-2180	2266 W Holcombe Blvd.; Houston 77030
622	Southside Pharmacy	(713) 660-8890	7700 Main St., Ste. 100; Houston 77030
75	Texas Children's Hospital Pharmacy	(832) 822-3051	6701 Fannin St., 3rd Floor; Houston 77030
767	Walgreen's Pharmacy #10846	(713) 799-2459	6400 Fannin St., Ste. 102; Houston 77030
768	Walgreen's Pharmacy #13778	(713) 795-0199	6624 Fannin St., Ste. 120; Houston 77030
786	Rushmed Pharmacy	(832) 582-8542	5326 West Bellfort, Ste. 101; Houston 77035
804	Choice Pharmacy	(713) 778-0463	9207 Country Creek Dr., #202; Houston 77036
623	Clinical Care Pharmacy	(281) 272-8700	2770 N Sam Houston Pkwy West; Houston 77038
795	Tejas Pharmacy #2	(281) 741-3385	5228 Aldine Mail Rt., Ste. C; Houston 77039
456	CVS/pharmacy #6005	(713) 849-1100	7710 Gessner Rd.; Houston 77040
762	Target Pharmacy T-0858	(713) 343-2258	13250 Northwest Fwy.; Houston 77040
444	CVS/pharmacy #3181	(713) 458-2871	11012 Richmond Ave.; Houston 77042
412	Jack's Apothecary #2	(713) 733-7424	8109 Cullen Blvd., Ste. B; Houston 77051
718	Walgreen's Pharmacy #10847	(713) 795-4111	7400 Fannin, #120; Houston 77054
354	CVS/pharmacy #3177	(713) 961-0874	5204 Richmond Ave.; Houston 77056
593	CVS/pharmacy #5895	(713) 243-8050	6545 Westheimer Rd.; Houston 77057
678	CVS/pharmacy #7486	(713) 789-1681	6532 San Felipe Rd.; Houston 77057
602	Greenspoint Pharmacy	(281) 872-4177	165 Greens Rd.; Houston 77060
763	Walgreen's Pharmacy #5035	(713) 641-0389	8301 Broadway St.; Houston 77061
696	Target Pharmacy T-2139	(713) 331-0374	8605 Westheimer Rd.; Houston 77063
447	CVS/pharmacy #4983	(281) 517-7258	11600 FM 1960 W; Houston 77065
687	Target Pharmacy T-2144	(281) 949-2220	12701 FM 1960 W; Houston 77065
440	CVS/pharmacy #5838	(281) 880-1092	3140 FM 1960 W; Houston 77068
685	Target Pharmacy T-2066	(281) 716-1106	6801 FM 1960 W; Houston 77069
391	CVS/pharmacy #4456	(281) 517-5691	12234 Jones Road; Houston 77070
661	Scripts for Life	(832) 912-7400	11902 Jones Road, Ste P; Houston 77070
505	Target Pharmacy T-1124	(281) 379-2861	21515 Tomball Pkwy.; Houston 77070
435	CVS/pharmacy #5320	(713) 596-2165	8550 W. Airport Road; Houston 77071
353	CVS/pharmacy #3176	(713) 771-6652	7102 Beechnut St.; Houston 77074
642	Empirical Pharmacy	(713) 991-0072	9715 Telephone Rd. #105; Houston 77075
592	CVS/pharmacy #1753	(281) 368-1600	15010 Memorial Dr.; Houston 77079
382	CVS/pharmacy #3006	(713) 722-1491	9455 Hammerly Blvd.; Houston 77080
722	Healthco Pharmacy	(713) 218-6337	5730 Chimney Rock Rd.; Houston 77081
740	PrimeCare Pharmacy	(713) 661-7746	5900 Chimney Rock Rd., Ste. AC; Houston 77081
769	Allcare Pharmacy	(281) 558-8500	12579 Richmond Ave., Ste. 300-B; Houston 77082
462	CVS/pharmacy #4427	(281) 749-8863	12585 Richmond Avenue; Houston 77082
455	CVS/pharmacy #6001	(281) 776-3858	13555 Beechnut St.; Houston 77083

Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
431	CVS/pharmacy #3178	(281) 855-5461	6079 Hwy 6 N; Houston 77084
451	CVS/pharmacy #4706	(281) 272-7190	12601 Tomball Pkwy.; Houston 77086
643	NNWood Pharmacy, LLC	(281) 448-8836	8240 Antoine Dr. #108; Houston 77088
645	Walgreen's Pharmacy #11216	(281) 481-2434	11914 Astoria Blvd., Ste. 190; Houston 77089
800	1960 Pharmacy	(281) 893-6000	830 Cypress Creek Pkwy., Ste 20; Houston 77090
130	Claude's Pharmacy	(281) 447-7648	5740 W. Little York; Houston 77091
365	CVS/pharmacy #3190	(281) 859-6667	9101 Hwy 6 North; Houston 77095
633	Target Pharmacy T-1975	(713) 292-0031	300 Meyerland Plaza Mall; Houston 77096
142	Walgreen's Pharmacy #15320	(713) 521-1700	4101 Greenbriar, Ste. 235; Houston 77098
464	CVS/pharmacy #5882	(281) 776-3874	10902 Bissonnet; Houston 77099
58	CVS/pharmacy #6741	(936) 539-1336	910 West Davis; Conroe 77301
787	St. Hope Pharmacy - Conroe	(936) 494-2455	1414 South Frazier, Ste. 105; Conroe 77301
600	Lifechek Drug #45	(936) 539-4900	690 South Loop 336 West, Ste. 100; Conroe 77304
773	Deerbrook Pharmacy	(281) 446-0061	8901 FM 1960 Bypass W, #102; Humble 77338
534	Target Pharmacy T-1457	(281) 540-2126	20777 Hwy 59; Humble 77338
570	Randall's Pharmacy #1776	(281) 358-0011	600 Kingwood Dr.; Kingwood 77339
24	Brookshire Brothers Pharmacy #33	(936) 435-1234	2601 11th Street; Huntsville 77340
448	UTMB CMC Dept. of Pharmacy	(936) 437-5300	2400 Avenue I; Huntsville 77340
436	CVS/pharmacy #5328	(281) 812-5472	5440 Atascocita Rd.; Humble 77346
700	Target Pharmacy T-2389	(281) 318-2238	6931 FM 1960 E; Atascocita 77346
566	Magnolia Pharmacy	(281) 356-9089	18230 FM 1488, Ste. 100; Magnolia 77354
460	CVS/pharmacy #5977	(281) 288-1561	24802 Aldine Westfield; Spring 77373
388	Walgreen's Pharmacy #3424	(281) 350-5311	23110 Aldine Westfield; Spring 77373
465	CVS/pharmacy #5906	(281) 255-4020	24203 Tomball Parkway; Tomball 77375
775	First Care Pharmacy	(832) 698-1532	24922 Tomball Pkwy, Ste. 120; Tomball 77375
71	Gloyer's Pharmacy	(281) 351-5454	1010 W. Main St.; Tomball 77375
552	Target Pharmacy T-1904	(281) 255-6289	14302 FM 2920 Rd.; Tomball 77377
442	CVS/pharmacy #3005	(281) 257-7892	6945 Cypresswood Dr.; Spring 77379
610	CVS/pharmacy #8335	(281) 257-4320	8754 Spring Cypress Rd.; Spring 77379
498	Target Pharmacy T-0684	(281) 419-6944	1100 Lake Woodlands Dr.; The Woodlands 77380
582	Kroger Pharmacy #732	(281) 419-1137	8000 Research Forest Dr., Ste. 300; The Woodlands 77382
725	Kroger Pharmacy #373	(832) 813-0410	2301 Rayford Rd.; Spring 77386
535	Target Pharmacy T-1458	(281) 288-5018	19511 I-45 North; Spring 77388
434	CVS/pharmacy #5273	(713) 218-2291	5430 Bissonnet St.; Bellaire 77401
776	St. Hope Pharmacy - Bellaire	(832) 319-7610	6800 West Loop South #590; Bellaire 77401
520	Target Pharmacy T-1894	(281) 256-8102	25901 Hwy 290; Cypress 77429
489	HEB Pharmacy #584	(979) 578-8609	306 N. Mechanic; El Campo 77437
378	CVS/pharmacy #3702	(281) 646-2966	3103 N. Fry Rd.; Katy 77449
426	CVS/pharmacy #4474	(281) 403-2269	2781 Dulles Ave.; Missouri City 77459
510	Target Pharmacy T-1359	(281) 403-6584	6000 Hwy 6 & Murphy Rd.; Missouri City 77459
97	ACCESS Health	(281) 633-3188	400 Austin St.; Richmond 77469
425	CVS/pharmacy #3701	(281) 545-8841	1410 Crabb River Rd.; Richmond 77469
575	Randall's Pharmacy #2670	(281) 238-9790	1890 FM 359; Richmond 77469

Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
454	CVS/pharmacy #5972	(281) 232-1830	5306 Ave I; Rosenberg 77471
698	Target Pharmacy T-2205	(281) 232-1241	23912 Commercial Dr.; Rosenberg 77471
568	Randall's Pharmacy #1022	(281) 568-0385	11711 W Bellfort; Stafford 77477
411	CVS/pharmacy #5339	(281) 313-7603	1250 Highway 6; Sugar Land 77478
463	CVS/pharmacy #5804	(281) 988-1952	10110 Hwy 6 South; Sugar Land 77478
797	DeliverIt Pharmacy	(281) 277-1071	13303 West Airport Blvd.; Sugar Land 77478
466	CVS/pharmacy #5907	(281) 980-6666	16515 Lexington Blvd.; Sugar Land 77479
733	HEB Pharmacy #563	(281) 239-2055	19900 Southwest Fwy.; Sugar Land 77479
547	Target Pharmacy T-1786	(281) 340-0565	16300 Southwest Fwy.; Sugar Land 77479
553	Target Pharmacy T-1908	(281) 392-8385	23710 Westheimer Pkwy.; Katy 77494
430	CVS/pharmacy #3173	(713) 378-2851	3342 Spencer Highway; Pasadena 77504
433	CVS/pharmacy #4383	(281) 991-2590	5610 Spencer Highway; Pasadena 77505
531	Target Pharmacy T-1396	(281) 504-0144	5757 Fairmont Pkwy.; Pasadena 77505
802	Alvin Care Pharmacy	(281) 519-7030	204 E. House St.; Alvin 77511
490	Kroger Pharmacy #256	(979) 849-5460	1804 N. Velasco; Angleton 77515
653	The Medicine Shoppe #1040	(979) 849-9391	2301 E. Mulberry; Angleton 77515
139	Sullivan Pharmacy, Inc.	(281) 339-4577	1140 Grand Avenue; Bacliff 77518
410	CVS/pharmacy #5388	(281) 427-6156	3923 Garth Road; Baytown 77521
683	Target Pharmacy T-0887	(281) 422-5153	4510 Garth Road; Baytown 77521
771	M.D. Pharmacy	(281) 576-0106	11540 Eagle Dr., Ste. A; Baytown 77523
445	CVS/pharmacy #3699	(281) 476-3463	3505 Center St.; Deer Park 77536
711	Target Pharmacy T-2320	(281) 534-5421	1801 Gulf Freeway; Dickinson 77539
789	Parkwood Pharmacy	(832) 569-4059	405 E. Parkwood Ave.; Friendswood 77546
761	Broadway Drug	(409) 765-7701	2027 Broadway; Galveston 77550
488	Walgreen's Pharmacy #3420	(409) 763-3588	308 Seawall Blvd.; Galveston 77550
514	Target Pharmacy T-1535	(409) 740-0876	6128 Broadway St.; Galveston 77551
765	Walgreen's Pharmacy #9062	(409) 744-8152	2501 61st Street; Galveston 77551
512	Target Pharmacy T-1377	(281) 538-7957	255 FM 2094; Clear Lake Shores 77565
798	The Medicine Shoppe #1294	(979) 297-9503	109 Abner Jackson Pkwy., Ste. B; Lake Jackson 77566
374	The Medicine Shoppe #1145	(281) 471-1241	800 S. Broadway; La Porte 77571
453	CVS/pharmacy #5971	(281) 338-4010	102 W. Main St.; League City 77573
583	CVS/pharmacy #7094	(281) 538-2416	3013 Marina Bay Dr.; League City 77573
468	Kroger Pharmacy #264	(281) 485-1323	3245 E. Broadway; Pearland 77581
439	CVS/pharmacy #5807	(713) 436-8151	9522 Broadway Street; Pearland 77584
609	CVS/pharmacy #7120	(713) 436-8250	11600 Shadow Creek; Pearland 77584
783	Hazel's Compounding RX Pharmacy	(713) 340-0202	1801 Country Place Pkwy. #115; Pearland 77584
720	Kroger Pharmacy #308	(281) 669-1250	11003 Shadow Creek Pkwy.; Pearland 77584
536	Target Pharmacy T-1459	(713) 436-2516	3045 Silverlake Village Dr.; Pearland 77584
518	Target Pharmacy T-1837	(281) 819-4117	1801 W Bay Area Blvd.; Webster 77598
760	CVS/pharmacy #7477	(409) 721-5846	2712 State Hwy 365; Nederland 77627
277	Corner Pharmacy	(409) 842-3222	3570 Fannett Road; Beaumont 77705
636	CVS/pharmacy #1108	(409) 832-8001	3890 Phelan Blvd; Beaumont 77707
523	Target Pharmacy T-0158	(409) 898-1584	5850 Eastex Freeway; Beaumont 77708

Prescription Assistance

Asistencia para Prescripciones Médicas

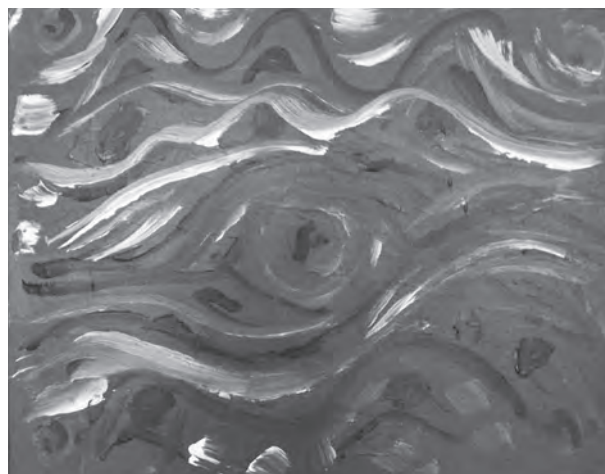
The following agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE). Another possible source of assistance is the manufacturer of your medication (see Patient Assistance and Co-Pay Programs on the next page). Be aware that each manufacturer has its own eligibility rules and you may need your doctor's help to apply. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también ASISTENCIA FINANCIERA). Otra posible fuente de asistencia es la compañía que hace sus medicamentos (vea Asistencia al Paciente y Programas de Copagos en la siguiente página). Cada compañía tiene sus propios criterios de elegibilidad y necesitará la ayuda de su médico para solicitar esta asistencia. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp.	153
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.	95
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD	116
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most svcs), Appt req, Lim, Esp . . .	117
Harris County Jail Early Intervention Services	(713) 755-9252	(C) Downtown	M, W, Free, Incarcerated, Esp . . .	121
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy North Street Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp. . .	131
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers. . .	132
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free	133
Southside Pharmacy Patient Assistance Pgm	(832) 488-3205	All	All, Free, Esp	148
Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, HIV+ only , Restrictions apply	152
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153



Art by Earnestine



Art by Marcus

Patient Assistance & Co-Pay Programs for Current HIV Medications Asistencia al Paciente y Programas de Copagos Para Medicamentos Corrientes Del VIH

(As listed on www.NASTAD.org as of February 13, 2014)

What is a Patient Assistance Program (PAP)?

A patient assistance program is a program run through pharmaceutical companies to provide free or low-cost medications to people with low incomes who do not qualify for any other insurance or assistance programs, such as Medicaid, Medicare, or ADAP. Each individual company has different eligibility criteria for application and enrollment in their patient assistance program.

What is a Co-payment Assistance Program (CAP)?

A co-payment assistance program is a program operated by pharmaceutical companies to offer co-payment assistance to people with private health insurance to obtain HIV drugs at the pharmacy.

¿Qué es un Programa de asistencia al paciente (PAP)?

Un Programa de asistencia al paciente administrado por compañías farmacéuticas que provee medicamentos gratis o de bajo costo a personas de bajo ingreso que no califiquen en ningún otro seguro o programa de asistencia, así como Medicaid, Medicare o ADAP. Cada compañía que ofrece un programa de asistencia tiene su propia solicitud con diferentes criterios de elegibilidad.

¿Qué es un Programa de asistencia con el copago (CAP)?

Este programa es administrado por compañías farmacéuticas para asistir con el copago de personas con seguro de salud privado para obtener medicinas para el VIH en la farmacia.

COMPANY / COMPAÑÍA	CONTACT INFO / CONTACTO	MEDICATION / MEDICAMENTO	DETAILS / DETALLES
AbbVie	1-800-222-6885 www.kaletra.com www.norvir.com	Kaletra Norvir	<p>CAP: Covers the first \$200/month for Kaletra and first \$50/month for Norvir. Must reapply each year.</p> <p>PAP: Financial eligibility is 500% federal poverty level.</p> <p>CAP: Cubre los primeros \$200/mensual para Kaletra y los primeros \$50/mensual para Norvir. Debe solicitar cada año.</p> <p>PAP: Elegibilidad financiera es 500% del nivel federal de pobreza.</p>
Boehringer Ingelheim	1-800-556-8317 http://us.boehringer-ingelheim.com/ our_responsibility/patients-families.html	Aptivus* Viramune XR*	<p>CAP: Assistance starts after the first \$25 is paid by the consumer, then unlimited. Must reapply each year.</p> <p>PAP: Financial eligibility is 500% federal poverty level.</p> <p>CAP: Asistencia inicia después del primer pago de \$25 por el consumidor, luego ilimitado. Debe solicitar cada año.</p> <p>PAP: Elegibilidad financiera es 500% del nivel federal de pobreza.</p>
Bristol-Myers Squibb	1-888-281-8981 www.bms.com	Reyataz Sustiva	<p>CAP: Covers the first \$200/month. Must reapply each year.</p> <p>PAP: Financial eligibility is 300-500% federal poverty level.</p> <p>CAP: Cubre los primeros \$200/mensual. Debe solicitar cada año.</p> <p>PAP: Elegibilidad financiera es 300-500% del nivel federal de pobreza.</p>
Bristol-Myers Squibb & Gilead Sciences	1-866-784-3431 1-866-290-4767 www.atripla.com	Atripla	<p>CAP: Covers the first \$400 per month. Must reapply each year.</p> <p>PAP: Financial eligibility is 500% federal poverty level.</p> <p>CAP: Cubre los primeros \$400/mensual. Debe solicitar cada año.</p> <p>PAP: Elegibilidad financiera es 500% del nivel federal de pobreza.</p>

*PAP only
**CAP only

Patient Assistance & Co-Pay Programs for Current HIV Medications
Asistencia al Paciente y Programas de Copagos Para
Medicamentos Corrientes Del VIH

(As listed on www.NASTAD.org as of February 13, 2014)

COMPANY / COMPAÑÍA	CONTACT INFO / CONTACTO		MEDICATION / MEDICAMENTO		DETAILS / DETALLES
Genentech	1-877-757-6243 www.fuzeon.com	PAP only	Fuzeon*	PAP: Financial eligibility is 950% federal poverty level.	PAP: Elegibilidad financiera es 950% del nivel federal de pobreza.
Gilead Sciences	1-877-505-6986 1-800-226-2056 www.complera.com www.stribild.com www.truvada.com	CAP PAP CAP/PAP CAP/PAP CAP/PAP	Complera Emtriva Stribild Truvada Viread	CAP: Covers the first \$400/month for Complera and Stribild and the first \$200 for Emtriva, Truvada and Viread. Renews automatically for enrolled patients. PAP: Financial eligibility is 500% federal poverty level.	CAP: Cubre los primeros \$400/mensual para Complera y Stribild y los primeros \$200 para Emtriva, Truvada y Viread. Renovación automática para los pacientes registrados. PAP: Elegibilidad financiera es 500% del nivel federal de pobreza.
Janssen Therapeutics	1-866-961-7169 www.janssen therapeutics.com 1-800-652-6227 www.jjpaf.org	CAP PAP	Atripla Intelence Prezista	CAP: Assistance starts after the first \$5 is paid by the consumer, then unlimited. Must reapply each year. PAP: Financial eligibility is 200% federal poverty level.	CAP: Asistencia inicia después de los primeros \$5 pagados por el consumidor, luego ilimitado. Debe solicitar cada año. PAP: Elegibilidad financiera es 200% del nivel federal de pobreza.
Merck & Co.	1-855-834-3467 www.isentress.com 1-800-850-3430 www.jjpaf.org	CAP PAP	Crixivan* Isentress	CAP: Covers the first \$400/month for Isentress. Must reapply each year. PAP: Financial eligibility is 500% federal poverty level.	CAP: Cubre los primeros \$400/mensual para Isentress. Debe solicitar cada año. PAP: Elegibilidad financiera es 500% del nivel federal de pobreza.
ViiV Healthcare	1-877-844-8872 www.mysupportcard.com 1-877-784-4842 www.ViiVhealthcareforyou.com	CAP PAP	Combivir Epivir Epzicom Lexiva Retrovir Selzentry Tivicay** Trizivir Viracept Ziagen	CAP: Covers up to the first \$200/month for each ViiV prescription except Tivicay. For Tivicay, the program covers up to \$400/month for the once daily dose and up to \$800/month for the twice daily dose. Must reapply every two years. PAP: Financial eligibility is 500% federal poverty level.	CAP: Cubre los primeros \$200/mensual para cada receta de ViiV excepto Tivicay. Para Tivicay, el programa cubre hasta \$400/mensual para una dosis diaria y hasta \$800/mensual para dos dosis diaria. Debe solicitar cada dos años. PAP: Elegibilidad financiera es 500% del nivel federal de pobreza.

*PAP only
**CAP only

Patient Assistance & Co-Pay Programs for Current HIV Medications *Asistencia al Paciente y Programas de Copagos Para Medicamentos Corrientes Del VIH*

(As listed on www.NASTAD.org as of February 13, 2014)

Additional Resources:

The following suggested resources may be of particular interest to individuals who are not eligible for either PAPs or CAPs.

Recursos adicionales:

Los siguientes recursos sugeridos podrían ser de interés a las personas que no son elegibles a obtener PAP o CAP.

Clinical Trials

www.clinicaltrials.gov

A service of the U.S. National Institutes of Health, ClinicalTrials.gov is a registry and results database of publicly and privately supported clinical studies of human participants conducted around the world.

Ensayos clínicos

www.clinicaltrials.gov

Un servicio del Instituto de Salud Nacional de EEUU, ClinicalTrials.gov es un registro y tiene una base de datos con resultados de estudios clínicos de participantes humanos a través del mundo apoyado pública y privadamente.

The Fair Pricing Coalition (FPC)

www.fairpricingcoalition.org

As part of their advocacy work, the Fair Pricing Coalition (FPC) negotiates with companies to ensure that Patient Assistance Programs (PAPs) are adequately generous and easy to apply for.

La coalición de Precios Justos (FPC)

www.fairpricingcoalition.org

Como parte de su abogacía, la coalición negocia con compañías para asegurar que el programa de asistencia a los pacientes siga recibiendo ayuda y sea fácil de solicitar.

Health Insurance Marketplace

www.healthcare.gov

The official site of the Health Insurance Marketplace, Healthcare.gov allows individuals and families to sign-up for insurance coverage through the Affordable Care Act.

El Mercado de Seguros de Salud

www.healthcare.gov

El sitio oficial en la web sobre el mercado de seguros de salud, Healthcare.gov permite a individuos y a familias a inscribirse para recibir cobertura a través del Affordable Care Act.

The Treatment Action Group

www.treatmentactiongroup.org

The Treatment Action Group collaborates with activists, community members, scientists, governments, and drug companies to make safer, more effective and less toxic treatment for HIV available.

El Grupo de Acción al Tratamiento

www.treatmentactiongroup.org

Este grupo colabora con activistas, miembros de la comunidad, científicos, entidades gubernamentales, y compañías farmacéuticas a generar tratamientos del VIH que sean más seguros, eficientes y menos tóxicos.



Art by Arturo

Prevention Services / Servicios de Prevención

The following agencies provide outreach to at-risk populations and/or prevention education about HIV/AIDS and related health topics. Topics can range from basic AIDS awareness and risk reduction to information about advanced treatments.

Las siguientes agencias proveen alcance a poblaciones de alto riesgo y/o educación con respecto al VIH, SIDA y otros temas relacionados con la salud. Los temas varían desde información básica del SIDA hasta información sobre tratamientos avanzados.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.	95
AIDS Foundation Houston	(713) 623-6796	(SW) Mid West	M, W, Y, Lim, Appt req.	95
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp.	99
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	All, Free	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp.	103
Change Happens! KAPOW Project	(713) 374-1200	(W) Prairie View	M, W, CD, Free, Esp.	108
Change Happens! RESCUE Program & Acres Home	(713) 374-1252	(C) Third Ward	All, Appt req, Free, CD.	108
Change Happens! Rescue Youth In School Program	(713) 374-1200	(C) Third Ward	C, Y, Free	108
Change Happens! SMART Cougars	(713) 374-1200	(C) Third Ward	M, W, CD, Free, Esp.	108
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21.	110
FLAS, Inc. Hablemos en Confianza	(713) 772-2366	(SW) Sharpstown	Fam, Free, Appt req, Esp	114
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req.	116
Gulf Coast Center Recovery Program	(409) 944-4337	(SE) Galveston	M, W, Fam, Free, S\$, Walk-ins, CD	117
Harris County Public Health Clinics	(713) 439-6000	(C) Galleria/ Post Oak	All, S\$, Ins, Med, Appt req, Esp.	119
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.	125
Houston HIV Prevention Community Planning Group	(832) 393-5010	(C) Astrodome/ S. Loop	All, Free, Walk-in.	109
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
LIVE Consortium	(713) 861-5483	All	M, W, Free	131
Montrose Center, The	(713) 529-0037	(C) Montrose	M, W, All, I/RR, Free, Appt req, CD, Esp	134
New Hope Counseling Center	(713) 776-8006	(S) Sharpstown	All, Appt req, CD.	136
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, Free, Walk-ins, Esp.	140
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD	141
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins.	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins.	144
Special Treasures Inc. SOCKS - Saving our Community Kids...Seniors	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free.	149
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-in.	152

Public Assistance / Asistencia Pública

The following is a list of government-funded agencies that offer a variety of social services and programs, mainly for low-income, disabled or abused/neglected persons.

Estas agencias reciben fondos del gobierno y ofrecen una variedad de servicios y programas sociales, principalmente a personas con bajos recursos económicos, discapacitadas o abusadas/ negligentes.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp	153
Change Happens! ACA Navigator Pgm	(713) 374-1276	(C) Third Ward	All, Free	107
Change Happens! Outreach Services	(713) 374-1200	(C) Third Ward	All, Free, Esp	108
Children with Special Health Care Needs (DSHS)	(713) 767-3111	Statewide	C, Y, Free	152
DARS Houston Regional Office	(713) 267-8510	(SW) Woodlake/ Briar Meadow	All, Free, Disabled	150
Harris County Public Health Services	(713) 439-6000	(C) Galleria/ Post Oak	All, S\$, Ins, Med, Appt req, Esp	119
Harris County WIC Program	(713) 407-5800	Various	Free (based on income), Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp	120
HHS Settegast Health Center	(713) 636-7192	(E) East End	Fam, All, S\$, Med, Appt/Walk-in, Esp	123
Report Abuse in MHMR Facilities	(800) 647-7418	Statewide	All, Free	151
Social Security Administration	(800) 772-1213	National	All	146
Texas Abuse, Neglect & Exploitation Reporting	(800) 252-5400	Statewide	All, Free, Esp	151
Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, HIV+ only , restrictions apply.	152

Social Support & Activities Apoyo Sociales y Actividades

Many people in the Houston area volunteer their time to help HIV infected persons and their families. Some volunteers serve as "buddies" by developing one-on-one relationships with HIV+ persons who need additional social or emotional support. "Phone buddies" provide support through telephone contact. "Care Teams" are groups of volunteers who provide companionship. Some volunteers help with food preparation, transportation, and running errands. Call one of the following agencies if you need this type of assistance. Also, there are many activities for HIV+ people and opportunities to meet others in the Houston area.

Muchos en Houston son voluntarios y ayudan a las personas infectadas con el VIH y sus familiares. Algunos toman el papel de "amigo" al desarrollar una relación con la persona VIH+ quien necesita apoyo social o emocional. Los "Amigos telefónicos" proveen apoyo por medio del teléfono. "Equipos de apoyo" son grupos de voluntarios que proveen compañía. A veces, los voluntarios ayudan con transporte, mandados o la preparación de alimentos. Llame si necesita este tipo de asistencia. En adición, hay muchas actividades y oportunidades donde una persona VIH+ puede conocer a otras en Houston.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH Camp Hope & Youth Leadership	(713) 623-6796	Not applicable	C, Y, HIV+ only , Lim.	95
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$.	98
Art League Houston HIV+ Healing Art Group	(713) 523-9530	(C) Montrose	All, Free	99
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	99

Social Support & Activities / Apoyo Sociales y Actividades

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	105
Change Happens! Project JUMP START	(713) 374-1200	(C) Third Ward	Ages 14-21, CD, Homeless, Immigrants, I/RR, Free, Appt req. . .	108
Change Happens! Rescue Youth In School Pgm	(713) 374-1200	(C) Third Ward	C, Y, Free	108
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Walk-ins, Parenting/pregnant moms under 21, Esp.	110
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	114
FLAS, Inc. Colores Latinos	(713) 772-2366	(SW) Gulfton	Free, Walk-ins, Latino MSM (18 and up), Lim, Esp	114
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M only, Free, Lim, CD, Documented, homeless & TB. . . .	118
HHS Northwest Community Health Center Early Intervention Program	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-in, HIV+ only	122
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-in, Esp	123
HHS Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp. . .	123
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	126
Houston Humane Society Burnie's Buddies	(713) 433-6421	(S)	HIV+ only , Free, Referral req, Esp	127
Houston Humane Society Paw Prints	(713) 433-6421	(S)	HIV+ only , Flat fee, Appt req, Esp.	127
Interfaith CarePartners® AIDS Care Team	(713) 682-5995	(W) Memorial	All, Free, Walk-ins, Accepts collect calls from rural clients, Esp	129
LIVE Consortium	(713) 861-5483	All	M, W, Free	131
Living without Limits, Living Large Inc.	(832) 545-5689	(C) Montrose	Infected/affected heterosexuals (M & W), Free	132
Magnificat Houses St. Joseph House	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins.	133
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req	137
Pet Patrol	(281) 733-7696	All	All (low income & disabled), Free, S\$, Appt req.	140
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free	140
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD	141
Real Talk!	(832) 393-4663	(C) Montrose	M, Free, Walk-ins, CD.	142

Support Groups / Grupos de Apoyo

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes help is needed to sort out these emotions. Support groups are available for people with HIV and their loved ones. These services are frequently either free of charge or based on the client's income.

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda para enfrentar estos sentimientos. Los grupos de ayuda están disponibles para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente.

SUPPORT GROUPS / GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$	98
BSN Bering Spiritual Support Group	(713) 526-1017	(C) Montrose	Adults, Walk-ins, Infected/affected.	104
BSN Lunch Bunch	(713) 526-1017	(C) Montrose	HIV+ only , Walk-ins, Free	104
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	105
Bridge Over Troubled Waters	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp.	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-in, HIV+ only , I/RR, Immigrants, Lim, Esp	106
Change Happens! Rescue in Motion	(713) 374-1225	(C) Third Ward	W, Homeless, Disabled, Appt req	108
Change Happens! RESCUE in Motion 4-Him	(713) 374-1234	(C) Third Ward	M, Homeless, Disabled, Appt req, Free.	108
Change Happens! The Stairs Program	(713) 374-1227	(C) Third Ward	M, W, Free, Appt req, CD, Formerly chronically homeless. . .	108
DBSA Greater Houston	(713) 600-1131	(C) Greenway Plaza	M, W, Y, I/RR, Homeless, Immigrants, CD, Free, Walk-ins.	112
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	114
HHS Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp. . .	123
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Medicaid, Medicare, HIV+ only , Appt Req, Walk-ins, Esp	123
HHS Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp	123
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Hospice Care Team	(409) 938-0070	(SE) Texas City	All, Free Appt req	125
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	126
Living without Limits, Living Large Inc.	(832) 545-5689	(C) Montrose	Infected/affected heterosexuals (M & W), Free	132
National Alliance on Mental Illness	(713) 970-4419	(C) Montrose	All, Free, Lim, Esp	135
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	All, Appt req, CD.	136
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp.	136
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req	137
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free	140
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD	141
Real Talk!	(832) 393-4663	(C) Montrose	M, Free, Walk-ins, CD.	142

Support Groups / Grupos de Apoyo

12-STEP PROGRAMS & SUPPORT GROUPS / PROGRAMAS "12-STEP" Y DE GRUPOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Addicts Can Be Disciples Too	(713) 529-2840	(C) Third Ward	All, S\$, Appt/Referral required, CD	93
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	99
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD	116
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Memorial Hermann Prevention & Recovery Center (PaRC)	(713) 939-7272	(NW) Spring Shadows	M, W, Y, Flat fee, Ins, Private pay, Walk-ins, CD	134
Open Door Mission	(713) 921-7520	(C) East End	M, Walk-ins, Free	138
PDAP: Age 12 to 17 groups	(281) 589-4602	Various	Ages 12-17, Free, Walk-ins, CD . . .	138
PDAP: Age 18 to 25 group	(281) 589-4602	Various	Ages 18-25, Free, Walk-ins, CD . . .	139
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-in	152

Transportation / Transporte

For HIV infected persons without their own transportation, it can be very hard to access services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need transportation and other restrictions may apply. Be aware that not all agencies will service your area, and that Metro offers special van services for the disabled individual. Part A clients may be eligible to receive an annual bus pass, see your case manager for details.

Para muchas personas infectadas con el VIH que no tienen su propio transporte les es muy difícil el acceso a los servicios. Las siguientes agencias ofrecen transportación con destino a servicios médicos y/o sociales, pero podría tener que hacer reservaciones mucho antes al día que necesite el transporte, y otras restricciones podrían aplicar. Metro ofrece transporte de grupos a personas discapacitadas. Los clientes del Parte A pueden ser elegibles a recibir un pase anual de Metro. Hable con un administrador de casos para más detalles.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Coalition of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.	95
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines for most services), Appt req, Lim, Esp	117
RIDES (Harris County Rides)	(713) 368-7433	(N) Eastex/Jensen	Disabled, Elderly or Low income, Flat, Esp	143
St. Hope Foundation	(713) 778-1300	(SW) Sharpstown	M, W, Ins, Self pay, S\$, Med.	144
Triangle AIDS Network, Inc.	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	153
West Houston Assistance Ministries, Inc.	(713) 977-9942	(W) Westchase	M, W, Fam, Free, Appt/Walk-in, Esp	155

METRO Metropolitan Transit Authority of Harris County

METRO Autoridad de Tránsito Metropolitano de Harris County

METRO offers a variety of services, including the METRO Bus, METRORail, METROLift, STAR (vanpool), and Ride Share programs.

METRO ofrece una variedad de servicios, que incluyen el METRO Bus, METRORail, METROLift, STAR (vanpool) y los programas Ride Share.

For more information, including maps, schedules and fares, visit www.ridemetro.org, or call 713-635-4000.

Para más información sobre, incluyendo mapas, horarios y tarifas, visite www.ridemetro.org, o llame al 713-635-4000.

Treatment Information & Clinical Trials

Información de Tratamientos y Pruebas Clínicas

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options. To help advance research and have access to "cutting edge" treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. HIV+ persons who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other HIV infected people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS.

Con tantos nuevos tratamientos prometedores, es ahora más importante que nunca el mantenerse informado/a. Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y otras a bajo costo. Para ayudar al adelanto de los tratamientos médicos, considere participar en pruebas clínicas. El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas VIH+ participan gratuitamente y quizás no vean beneficios inmediatos (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas VIH+ a vivir una vida más prolongada y saludable. Médicos pueden conectar a pacientes a las pruebas clínicas (vea PUBLICACIONES).

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Center for AIDS Information & Advocacy (Legacy)	(713) 527-8219	(C) Montrose	All, Free, Esp	130
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-in, Esp	123
HHS Women's Program	(713) 873-4511	(C) Near Northside	W, Free, S\$, Med, HIV+ only , Esp . .	123
St. Hope Foundation Bellaire	(713) 839-7111	(C) Bellaire	M, W, CD, I/RR, S\$, Med, Ins. . . .	144
St. Hope Foundation Conroe	(936) 441-2440	(N) Conroe	M, W, CD, I/RR, S\$, Med, Ins. . . .	144
St. Hope Foundation Sugar Land	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins. . . .	144
Southside Pharmacy	(713) 660-8890	(C) Braeswood	All, Esp	147
TX Children's Hosp. Allergy & Immunology Dept	(832) 824-2099	(C) Medical Center	C (ages 0-18), Y (up to age 24), Medicaid, Esp	150



Art by Arturo



Art by Hilton

STAY INFORMED

IMPORTANT:

It is vitally important that you take your medications exactly as prescribed, especially protease inhibitors. If you do not, the HIV in your body may become resistant to the medication and it will stop working! If you are experiencing unbearable side effects, notify your physician right away and ask him or her what you should do.

CD4 (T-CELL) COUNT:

Your immune system contains different types of cells that help protect the body from infection. One of these types of specialized cells is called the CD4 or T-cells. HIV attacks these types of cells and uses them to make more copies of HIV. In doing so, the CD4 cell becomes unable to do its job of protecting the body. At first, the body can make more of these T-cells but eventually the body can't keep up and the number of working T-cells decreases. This weakens the immune system and leaves the body at risk for different types of infections.

On a regular basis, your doctor will draw blood and measure the number of T-cells. The higher the number the better able your immune system to do its job. Most people without HIV have about 700 to 1000 CD4 cells. HIV infected people are considered to have "normal" CD4 counts if the number is above 500. If the number drops below 200, you are said to have AIDS and your doctor will start you on preventative medications to ward off infections and keep you healthy.

VIRAL LOAD:

The viral load test measures how much HIV is in your blood. Left untreated, the amount of HIV in the blood (viral load) increases as HIV disease progresses. A viral load above 100,000 is generally considered high. Unlike CD4 counts, where "higher is better," a "low" or "undetectable" viral load is considered desirable. Keep in mind, however, that an "undetectable" viral load does not mean that there is no more HIV in your body, only that there is less HIV in the blood than the test is able to measure. HIV might also be "hiding" in other organs in the body.

One way doctors use viral load testing is to measure the effectiveness of medications. If your viral load is staying the same over time or going down, your medication(s) are probably working. If your viral load is going up, your doctor may want to try a different medication regimen. Using both CD4 counts and viral load testing gives your doctor a more complete picture of your individual disease progression and, in turn, the best treatment strategy for you.

MANTÉNGASE INFORMADO

IMPORTANTE:

Es de vital importancia que Ud. tome sus medicamentos exactamente según las indicaciones, especialmente los inhibidores de proteasa. Si no lo hace, el VIH en su cuerpo podría hacerse resistente al medicamento y dejarlo inefectivo. Si padece de efectos secundarios intolerables, notifique a su doctor inmediatamente.

CONTEO DEL CD4 (CÉLULAS T):

El sistema inmunológico contiene diferentes tipos de células que ayudan a proteger al cuerpo de la infección. Uno de estos tipos de células especializadas se llama CD4 o células T. El VIH ataca a estas células y las usan para hacer más copias del VIH. Al hacerlo, el CD4 ya no puede cumplir con la función de proteger al cuerpo. Al principio, el cuerpo puede producir más de estas células, pero eventualmente no puede seguir produciéndolas y la cantidad de células se reduce. Esto causa que el sistema inmunológico se debilite y ponga al cuerpo a riesgo de diferentes tipos de infecciones.

Periódicamente su médico extraerá su sangre y medirá el número de células T. Mientras más elevado el número, mejor podrá el sistema inmunológico cumplir con su función. La mayoría de las personas sin el VIH tiene de 700 a 1000 células del CD4. Se considera "normal" si las personas infectadas con el VIH tienen un conteo del CD4 mayor de 500. Si el conteo es menor de 200, se dice que la persona tiene SIDA y el médico le recetará medicamentos preventivos en defensa de las infecciones y así mantenerle saludable.

CARGA VIRAL:

La prueba de la carga viral mide cuanto VIH hay en su sangre. Si Ud. no recibe tratamiento, la cantidad del VIH en la sangre (carga viral) aumenta a medida que el VIH progresa. Una carga viral sobre 100,000 es considerada alta. A diferencia del conteo del CD4, donde un resultado elevado es mejor, una carga viral baja o indetectable es deseable. Sin embargo, tome en cuenta que una carga viral "indetectable" no significa que ya no existe el VIH en la sangre sino que la prueba no es capaz de detectar una pequeña cantidad. El VIH también puede estar "escondido" en otros órganos del cuerpo.

La prueba de la carga viral constituye un medio a través del cual los médicos miden la efectividad de los medicamentos. Si la carga viral se mantiene o ha disminuido con el tiempo, es probable que los medicamentos hayan sido efectivos. Si la carga viral aumenta, es posible que su doctor quiera intentar con un medicamento diferente. El uso conjunto del conteo CD4 y la prueba de la carga viral permite a su doctor obtener un panorama más completo del desarrollo de su enfermedad y por consecuencia elegir la mejor estrategia de tratamiento.

Veterans' Services Servicios para Veteranos

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge - honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad conduct discharges issued by general court-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.

*If you are a veteran, contact the VA eligibility office at 1-800-827-1000; you may be eligible for a pension or other benefits that you did not even know about!

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.

* Si Ud. es un veterano, póngase en contacto con la Oficina de Elegibilidad de la VA: 1-800-827-1000; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios!

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
City of Houston Office of Veteran Affairs	(832) 393-0992	(C) Downtown	Veterans and their families, Free, Walk-ins, Esp	109
Family Services of Greater Houston Central Office	(713) 861-4849	(C) Mem. Park/ Washington Ave	All, S\$, Ins, Med, CHIP, Appt preferred, Walk-ins	113
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req	116
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat, Ins, Appt req	124
Michael E. DeBakey VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD.	134
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	All, Appt req, CD.	136
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt Req	145
Stop Turning Entering Prison Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD	150

Volunteer Opportunities

Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services.

To find out more and get involved, call today!

Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente.

¡Para mayor información y participar, llame hoy!

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AIDS Foundation Houston	(713) 623-6796	(SW) Mid West	All	95
AIDS Housing Coalition Houston	(713) 864-1795	(C) Heights	M (age 19 & up)	96
Alief Educational Services Center	(713) 772-9085	(SW) Westwood	All	97
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$	98
AAMA	(713) 926-9491	(E) East End	All, Esp	99
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled	105
Catholic Charities AIDS Ministry	(713) 874-6627	(C) Midtown	All, Esp	106
Change Happens!	(713) 374-1200	(C) Third Ward	All	107
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	All	111
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	All	112
Ft. Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled	114
Ft. Bend County Women's Center	(281) 344-5750	(SW) Rosenberg	All	114
Gay and Lesbian Switchboard of Houston	(713) 529-3211	(C) Montrose	All	135
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All	116
Gulf Coast Community Services Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Esp	117
Harmony Health Recovery Center	(713) 237-1765	(C) Downtown	M, Free	118
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, Esp	126
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled	126
Houston HIV Prevention Community Planning Group	(832) 393-5010	(C) Astrodome/ S. Loop	All	109
LIVE Consortium	(713) 861-5483	All	All	131
Magnificat Houses Loaves and Fishes	(713) 224-1373	(C) Downtown	All	133
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	All	136
Open Door Mission	(713) 921-7520	(C) East End	M	138
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults	141
Real Talk!	(832) 393-4663	(C) Montrose	M	142
Rehoboth Foundation, Inc.	(713) 484-5850	(SW) Braeburn	All	142
Ryan White Planning Council	(713) 572-3724	(C) Galleria/Post Oak	All	143
Saint Hope Foundation	(713) 778-1300	(SW) Sharpstown	All	144
Southside Pharmacy	(713) 660-8890	(C) Braeswood	All, Esp	147
Thomas Street Patient Advisory Council	(713) 873-4000	(C) Near Northside	All	152
West Houston Assistance Ministries, Inc.	(713) 977-9942	(W) Westchase	All	155

Women's Services / Servicios para Mujeres

Many HIV infected women have discovered that there do not seem to be as many services for them as there are for HIV infected men. However, this situation is changing. The Houston area offers OB/GYN care and family planning to HIV+ women through physicians and community clinics.

Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.

Muchas mujeres infectadas con el VIH han descubierto que parece no haber tanta ayuda para ellas como la hay para los hombres. Sin embargo, esta situación está cambiando. El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar.

Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea SERVICIOS PARA NIÑOS). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.

HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH Burrell Street Apartments	(713) 623-6796	(N) Northside	W, HIV+ only , S\$ (based on income), Lim	95
Bay Area Turning Point, Inc.	(281) 338-7600	(SE) Webster	W, Fam, Free, Appt req, Esp	101
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	113
Ft. Bend County Women's Center	(281) 344-5750	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-in, Esp	114
Magnificat Houses- Myriam's Hostel	(713) 520-0461	(C) Downtown	W, Free, Walk-ins, CD, I/RR, Homeless, Lim, Esp	133
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, I/RR, CD, Free, Appt req. .	145
Stop Turning Entering Prison Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD	150

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AccessHealth	(281) 342-4530	(SW) Richmond, Missouri City, Stafford	All, Walk-ins, S\$, Med, Ins, RW Part B, Esp.	92
Accesshealth - Brookshire Center	(281) 822-4235	(W) Brookshire	All, S\$, Ins, Med, Esp.	93
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp	103
HHS Northwest Community Health Ctr Early Intervention Pgm	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/ Walk-ins, HIV+ only	122
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt Req, Walk-ins, Esp	123
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	125
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	130
Legacy San Jacinto Campus	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	131
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp	131
Legacy Southwest Campus	(713) 779-6400	(SW) Gulfton	W, C, S\$, Med, Ins, Esp	131
Planned Parenthood Gulf Coast	(800) 230-7526	All	M, W, Y, Free, Walk-ins, Esp	140
Primary Health Network of S. TX- Hunter A. Hammill, MD	(713) 799-8994	(C) Medical Center	W, HIV+ only , Appt req, Med, Ins, Esp	141

Women's Services / Servicios para Mujeres

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AccessHealth	(281) 342-4530	(SW) Richmond, Missouri City, Stafford	All, Walk-ins, S\$, Med, Ins, RW Part B, Esp.	92
Alief Educational Svcs Ctr Mental Health Counseling & Psychotherapy	(713) 772-9085	(SW) Westwood	All, Fam, I/RR, CD, S\$, Ins	97
Alief Educational Svcs Ctr Successful Parenting Program	(713) 772-9085	(SW) Westwood	Adults, Pregnant/parenting teens, Flat fee	97
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-in, Waiting list, CD, Esp	105
Bridge Over Troubled Waters, Inc., The	(713) 472-0753	(SE)	All, W, Families, Appt Req, Free, Esp	105
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt Req (Walk ins-crisis only)	113
Ft. Bend County Women's Center	(281) 344-5750	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-ins, Esp	114
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req	116
Harris County Public Health WIC Program	(713) 407-5800	(C) Galleria/ Post Oak	Free (based on income), Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp	120
Hospice Care Team	(409) 938-0070	(SE) Texas City	All ages, Free, Appt req	125
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Methodist Children's Home	(713) 682-8911	(NW) Oak Forest/ Garden Oaks	S\$, Appt req, CD	134
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp.	136
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)	137
Positive Efforts	(713) 812-0044	(NW) Langwood	Adults, Walk-ins, Free, CD	141
Presbyterian Children's Home & Services	(713) 721-2908	(SW) Willow Meadows/ Willow Bend	All, Free	141
Stop Turning Entering Prison Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD	150

Youth/Teen Services

Servicios para Jóvenes/Adolescentes

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.

Los jóvenes que viven con el VIH tienen necesidades muy particulares. Si Ud. tiene entre 13 y 19 años de edad y tiene el VIH, por favor llame a una de las agencias mencionadas aquí; ellos tienen programas especiales para jóvenes con el VIH.

HOUSING / VIVIENDA

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	110
Stop Turning Entering Prison Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD	150

MEDICAL SERVICES / SERVICIOS MÉDICOS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Accesshealth - Brookshire Center	(281) 822-4235	(W) Brookshire	All, S\$, Ins, Med, Esp.	93
Baylor Ben Taub Teen Health Clinic	(713) 873-3601	(C) Medical Center	Free, Appt req, Ages 13-23	101
Baylor Cavalcade Teen Health Clinic	(713) 673-1655	(NE) Kashmere Gardens	Free, Appt req, Females ages 13-23, Males ages 13-25.	101
Baylor Chavez High School Teen Health Clinic	(713) 495-6971	(SE) Meadowbrook	Free, Chavez HS students only.	101
Baylor Cullen Teen Health Clinic	(713) 440-7313	(C) MacGregor	Free, Appt req, Ages 13-23	102
Baylor Lawn Teen Health Clinic	(281) 847-9970	(N) Acres Home	Free, Appt req, Ages 13-23	102
Baylor LBJ Teen Clinic	(713) 566-5612	(NE) Trinity/Houston Gardens	Free, Appt req, Ages 13-23	102
Baylor Lee High School Teen Health Clinic	(713) 787-1756	(SW) Gulfton	Free, Appt Req, Lee HS students only	102
Baylor Tejano Center Teen Health Clinic	(713) 645-0544	(SE) Park Place	Free.	102
Baylor Worthing High School Teen Clinic	(281) 394-0528	(SE) Sunnyside	Free.	102
Bee Busy Wellness Center	(713) 771-2292	(SW) Westwood	All, Appt/Walk-in, S\$, Med, Ins, Esp	103
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	110
HHS Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp.	123
HHS Northwest Community Health Center Early Intervention Program	(713) 861-3939	(NW) Oak Forest/Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	122
Houston Area Community Services	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	125
Planned Parenthood Gulf Coast	(800) 230-7526	All	M, W, Y, Free, Walk-ins, Esp.	140

Youth/Teen Services / Servicios para Jóvenes/Adolescentes

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
AFH Camp Hope & Youth Leadership	(713) 623-6796	Not applicable	C, Y, HIV+ only , Lim	95
Alief Educational Svcs Ctr Mental Health Counseling & Psychotherapy	(713) 772-9085	(SW) Westwood	All, Fam, I/RR, CD, S\$, Insurance	97
Alief Educational Svcs Ctr Successful Parenting Program	(713) 772-9085	(SW) Westwood	Adults, pregnant/parenting teens, Flat fee	97
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	99
Cenikor Odyssey House Texas	(713) 266-9944	(SW) Central SW	Y, CD, S\$, Med, Ins, DSHS funding available, Appt req	107
Change Happens! Project JUMP START	(713) 374-1200	(C) Third Ward	Ages 14-21, CD, Homeless, Immigrants, I/RR, Free, Appt req	108
Change Happens! RESCUE Pgm	(713) 374-1252	(C) Third Ward & Acres Home	All, Appt req, Free, CD	108
Change Happens! Rescue Youth In School Pgm	(713) 374-1200	(C) Third Ward	C, Y, Free	108
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21	110
Global Counseling and Testing	(832) 244-8769	(SW) Sugar Land	All, Medicaid, Ins, Appt req	116
HATCH	(713) 529-3590	(C) Montrose	Y, Free, Walk-ins	124
HHS Adolescent Program	(713) 873-4100	(C) Near Northside	Y, Free, S\$, Med, HIV+ only , Esp.	123
HHS Northwest Community Health Center Early Intervention Program	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/ Walk-ins, HIV+ only	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.	126
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free.	128
National Alliance on Mental Illness	(713) 970-4419	(C) Montrose	All, Free, Lim, Esp	135
New Hope Counseling Center	(713) 776-8006	(SW) Sharpstown	All, Appt req, CD.	136
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp.	136
PDAP: Age 12 to 17 group	(281) 848-2650	(C) Heights	Ages 12-17, Free, Walk-ins, CD	138
PDAP: Age 12 to 17 group	(281) 528-7908	(N) Spring	Ages 12-17, Free, Walk-ins, CD	138
PDAP: Age 12 to 17 group	(281) 870-9311	(W) Addicks/Park 10	Ages 12-17, Free, Walk-ins, CD	138
PDAP: Age 12 to 17 group	(281) 870-9311	(W) Memorial	Ages 12-17, Free, Walk-ins, CD	138
PDAP: Age 18 to 25 group	(281) 870-9311	(C) Mem Park/ Washington Ave	Ages 18-25, Free, Walk-ins, CD	139
PDAP: Age 18 to 25 group	(281) 528-7908	(N) Spring	Ages 18-25, Free, Walk-ins, CD	139
PDAP: Age 18 to 25 group	(281) 870-9311	(W) Memorial	Ages 18-25, Free, Walk-ins, CD	139
PDAP: Age 18 to 25 group	(281) 870-9311	(W) Memorial	Ages 18-25, Free, Walk-ins, CD	139
Presbyterian Children's Home & Services	(713) 721-2908	(SW) Willow Meadows/ Willow Bend	All, Free	141
Special Treasures Inc. SOCKS - Saving our Community Kids...Seniors	(281) 352-7754	(C) Fifth Ward	All, I/RR, Free, Call for intake	149

Youth/Teen Services / Servicios para Jóvenes/Adolescentes

SUPPORT SERVICES / SERVICIOS DE APOYO

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page #
Stop Turning Entering Prison Shay's House	(832) 881-3193	(NE) Kashmere Gardens	W (age 16 & up), HIV+ only , Fam, Homeless, Veterans, I/RR, CD	150
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-in	152
Texas Youth and Runaway Hotline	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp	151



Art by Raphael



Art by Arturo



Art by Kevin

Alphabetical Listing of Agencies

Lista de Agencias por Orden Alfabético



3 "A" BEREAVEMENT FOUNDATION (3ABF)

5330 Griggs Road, Suite D108
Box 34
Houston, TX 77021-3756

MAIN..... (713) 649-3232
FAX..... (713) 649-2328
WEB..... www.3abereavement.org
EMAIL..... bereavement3a@aol.com

CITY SECTION..... Southeast
NEIGHBORHOOD..... OST/South Union
AREA SERVED..... Harris and Ft. Bend counties
LEGEND..... All, Income-based eligibility, Free

HOURS..... Monday-Friday, 9am to 5pm;
On-call nights & weekends

BUS ROUTES..... 5, 77
NEED FOR INTAKE..... Proof of income

Bereaved Family Assistance Fund

3ABF is a faith-based nonprofit organization, established in 1997 to eliminate the feelings of despair and hopelessness experienced by indigent and low-income bereaved families who have limited or no means to bury their loved ones. Most of the families served by 3ABF are classified as the working poor - hard working individuals and families trapped in terrible circumstances. These are the loved ones of crime victims, AIDS patients, the severely disabled, the elderly on fixed incomes, stillborn infants, babies and children with birth defects or terminal illnesses, runaways, etc.

3ABF assists and accompanies bereaved families through the often unfamiliar and difficult process of making funeral arrangements for a loved one. Comprehensive services, including arrangements, financial assistance and counseling, are freely rendered without regard to ethnic, religious or cultural background to indigent and low-income families that lack the financial means for a funeral service.

3ABF es una organización religiosa establecida en 1997 con el propósito de eliminar la desesperación y desesperanza en personas indigentes y familias de bajos recursos o con medios económicos limitados a enterrar a un ser querido. La mayoría de las familias asistidas son trabajadores con bajos recursos atrapados en circunstancias difíciles. Estos son familiares de víctimas de crímenes, pacientes con SIDA, discapacitados severos, ancianos con ingresos fijos, infantes mortinatos, bebés y niños/niñas con defectos en nacimiento o enfermedades terminales, jóvenes fugitivos, etc.

3ABF asiste y acompaña a las familias en luto en el difícil proceso de hacer arreglos funerarios para un ser querido. Servicios incluyen arreglos, asistencia financiera y consejos; no se considera el historial étnico, religioso o cultural de las familias que no tienen los medios financieros para obtener estos servicios.

A CARING SAFE PLACE

1804 Carr Street
Houston, TX 77026

MAIN..... (713) 225-5441
FAX..... (713) 225-5442
WEB..... www.acaringsafeplace.org

CITY SECTION..... Central
NEIGHBORHOOD..... Fifth Ward
LEGEND..... M (18+), Homeless, Appt req,
HIV+ only, CD, Esp

BUS ROUTES..... 5, 6, 37, 77

Transitional and long term housing programs for HIV+ men which includes case management, substance abuse counseling, support groups, life skills training, job search, placement and vocational training, nutritional services, HIV education and preparation for re-entry into independent living. Call for intake.

ACCESSHEALTH

(formerly Ft. Bend Family Health Center)
400 Austin Street
Richmond, TX 77469-4406

MAIN..... (281) 342-4530
FAX..... (281) 633-3174
INTAKE..... (281) 342-4530
Ext. 3156 or 3149

WEB..... www.myaccesshealth.org
EMAIL..... admin@myaccesshealth.org

CITY SECTION..... Southwest
NEIGHBORHOOD..... Richmond
AREA SERVED..... Austin, Colorado, Ft. Bend,
Waller and Wharton counties

HIV Program

LEGEND..... Adults, **HIV+ only**, Walk-ins, S\$, Med,
Colorado County indigent care, RW Part B
HOURS..... Monday-Friday, 8am to 5pm
NEED FOR INTAKE..... Photo ID, proof of address,
income and HIV status

AccessHealth's HIV Program provides medical case management to HIV positive people to ensure treatment support and individual coordination for ADAP medication program, dental and eye care, specialty care, laboratory, class A pharmacy, behavioral health services (psychotherapist), and gas cards for transportation as needed/available.

AID TO VICTIMS OF DOMESTIC ABUSE

1001 Texas Avenue, Suite 600
Houston, TX 77002

MAIN..... (713) 224-9911
FAX..... (713) 715-6935
WEB.....www.avda-tx.org

CITY SECTION..... Central

NEIGHBORHOOD..... Downtown

AREA SERVED..... Harris County

LEGEND..... Adults, Fam, S\$, Walk-ins, Esp

HOURS..... Monday-Friday, 8am to 5pm

BUS ROUTES..... 1, 5, 9, 11, 20, 24, 30, 60, 66,
77, 80, METRO Light Rail

AVDA is a non-profit whose mission is to end family violence. AVDA offers free legal services to victims of domestic violence for protective orders, divorce and child custody, as well as other support and resources.

Counseling and Outreach

Trained counselors assist adults and youth who have been traumatized by domestic violence, both present and past. In addition to pro bono counseling, AVDA also has staff who provide training and prevention programs to break the cycle of violence.

Consejería y Alcance

Consejeros entrenados asisiten a adultos y jóvenes quienes han sido traumatizados por la violencia doméstica en el presente o en el pasado. Además de proveer consejería pro bono (gratis), AVDA utiliza un personal que provee al público entrenamiento y programas de prevención para romper el ciclo de la violencia.

Victim Advocacy Services

The following services are available to all victims of domestic violence both over the phone and in person: Crisis counseling and safety planning; Information about the criminal justice system; Information about family law; Referral for shelter, counseling and other needed services; advocacy with the criminal justice system; and support group for women about the nature of domestic violence and its social context.

Servicios de la Defensa de la Víctima

Los servicios siguientes están disponibles para toda las víctimas de la violencia doméstica por teléfono y en persona: Asesoramiento de la crisis y planeamiento de seguridad; Información sobre el sistema criminal; Información sobre la ley de familiar; referencias para refugios, consejerilla y otros servicios necesarios; accesoria sobre el sistema criminal de la justicia; y grupo de apoyo para mujeres hacerla de la naturaleza de violencia domestica y so contéis social.



Legal Advocacy Services

A full time staff managing attorney, four staff attorneys and three contract attorneys licensed by the State Bar of Texas who provide legal representation in family law matters to victims of domestic violence who meet the program guidelines. An initial screening by Client Advocates at AVDA is required. The Legal Advocacy Program is conveniently located close to the courts in downtown Houston at the corner of Main and Texas. Please call ahead to schedule an office visit.

Servicios Legales de la Defensa

Un abogado administrador, un personal de cuatro abogados, y tres abogados por contrato que están autorizados por la barra del estado de Texas que proporcionan representación legal en cuanto a la ley familiar a las víctimas de la violencia doméstica que satisfacen los requisitos del programa. Una investigación inicial por medio de un(a) asesor(a) al cliente es requerido. El programa legal de defensa esta establecido convenientemente cerca de las cortes en el centro de Houston en la esquina de la Main y Texas. Por favor llamar anticipadamente para hacer una cita.

Battering Intervention and Prevention Services (BIPP)

A psycho-educational counseling program for men and women (separate programs) who are violent, abusive and/or controlling in their intimate relationships. Participants in the program attend a minimum of eighteen weekly group sessions with a trained facilitator. Facilitators are degreed professionals and many have licensure as a Master Social Worker, Psychological Associate or Professional Counselor. The group sessions educate participants about the nature of domestic violence and the historical and social context in which it occurs.

Programa de Intervención y Servicios de Prevención (BIPP)

Es un Psicol.-educativo para hombres y mujeres (programas separados) que son violentos, abusivos y/o controladores en sus relaciones íntimas. Los participantes en el programa atienden un mínimo de dieciocho sesiones semanales con un facilitador entrenado. Los facilitadores son profesionales graduados y muchos tienen licenciaturas en Maestría de Trabajador Social, Asociado Psicológica, y Consejeros Profesionales. Las sesiones del grupo educan a los participantes acerca de la naturaleza de la violencia domestica y en contexto histórico y social en al cual ocurre.

AIDS COALITION OF COASTAL TEXAS

707 23rd Street
Galveston, TX 77550

MAIN.....(409) 763-2437
FAX.....(409) 763-5482
TTY.....(409) 763-2437
WEB.....supportacct.org
EMAIL.....galveston.acct@gmail.com

CITY SECTION.....Southeast
NEIGHBORHOOD.....Galveston
AREA SERVED.....Brazoria, Galveston and
Matagorda counties

LEGEND.....All, **HIV+ only**, Free, CD, Esp
NEED FOR INTAKE .. Proof of HIV status, Call for intake

ACCT is a nonprofit organization providing service to the HIV/AIDS community in Galveston, Matagorda and Brazoria counties.

Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, case management, legal referrals, funeral planning, client workshops, transportation, emergency financial assistance, rental assistance, AIDS information library, support groups, speakers bureau, medical equipment & supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services.

Administradores de casos de habla hispana. Se provee parte de los pagos para las clínicas y recetas médicas, consulta nutricional, consejería sobre el contacto sexual más seguro, consejo sobre el manejo del estrés, administración de casos, referencia legal, planificación funeraria, talleres para el cliente, transportación, asistencia financiera de emergencia, pago de alquiler, biblioteca referente al SIDA, grupos de apoyo, equipo y suministro médico, visitas a la casa y al hospital, asistencia de cuidador/a, almacén de alimentos, apoyo telefónico y de voluntarios, servicio notarial. Debe comprobar que el cliente es una persona con el VIH; llame para su cita inicial.

AIDS FOUNDATION HOUSTON

6260 Westpark Drive, Suite 100
Houston, TX 77057

MAIN.....(713) 623-6796
FAX.....(713) 623-4029
WEB.....www.AIDShelp.org
EMAIL.....info@afhouston.org

CITY SECTION.....Southwest
HOURS.....Monday-Friday, 9am to 6pm.
Appointment required, call for intake

BUS ROUTES.....47, 81, 132, 163

AFH provides prevention, housing and supportive services to individuals and families affected and infected by HIV/AIDS. Prevention efforts include education, community mobilization, counseling, testing and referral services, outreach and peer-to-peer training programs. Housing programs are offered in the community as well as AFH



facilities and also serve those who have issues such as homelessness, mental health and substance abuse issues as well as economic difficulty. Supportive services include basic needs such as food and clothing. Starting in 2014, education, support groups and other needed services will be offered. AFH also provides services to young people who are affected by HIV through Camp Hope and our Youth Leadership program. Other efforts include AIDS Walk Houston and annual World AIDS Day luncheon.

A Friendly Haven

INTAKE.....(713) 651-0833
CITY SECTION.....Central
LEGEND.....**HIV+ only**

Housing and supportive services for HIV+ individuals and their families. The goals of the program are to increase medical adherence, greater self-determination by increasing income, stabilizing housing and individual goal setting.

Burress Street Apartments

CITY SECTION.....North
NEIGHBORHOOD.....Northside
LEGEND.....W, I/RR, **HIV+ only**, Appt req,
S\$ based on HUD calculations

Housing and supportive services for HIV+ women and transgender women (male to female). The goals of the program are to increase medical adherence, greater self-determination by increasing income, stabilizing housing and individual goal setting.

Camp Hope & Youth Leadership

LEGEND.....**HIV+ only**, C (ages 7-15)
HOURS.....Summertime
NEED FOR INTAKE.....Application, Call for intake.

Camp Hope and Teen Leadership programs engage young people in "fun" as a gateway into building age-appropriate coping skills while living with a chronic disease. Camp is non-disclosure. Referral from physician is required.

Camp Hope y el programa de liderazgo juvenil incorpora la "diversión" para desarrollar en los jóvenes las habilidades necesarias para seguir adelante mientras viven con enfermedades crónicas. El Camp no revela información. Se requiere referencia de un médico.

Chupik House

CITY SECTION.....Southwest
NEIGHBORHOOD.....Richmond
LEGEND.....Men, Appt req, **HIV+ only**, S\$ (HUD-based)

Housing and supportive services for HIV+ men. The goals for the program are to increase medical adherence, greater self-determination by increasing income, stabilizing housing and individual goal setting.

Education Programs

LEGEND.....M, W, Y, Lim

Various education and training programs that engage the community in the issues regarding HIV prevention and living with HIV. Program requirements vary, please call for more info.

First Responders Housing Program

LEGEND..... Adults, **HIV+ only**, CD, S\$, receiving SSI/SSD or VA benefits

Housing and supportive services for chronically homeless, HIV+ individuals. The goals for the program are to increase medical adherence, greater self-determination by increasing income, stabilized housing and individual goal setting.

Get Started

LEGEND..... **HIV+ only**, I/RR

Program to help HIV+ ex-offenders enroll in the Texas HIV Medication Program.

Help House Apartments

CITY SECTION..... Central

NEIGHBORHOOD..... Montrose

LEGEND..... Adults, **HIV+ only**, Disabled, S\$ based on HUD calculations

Housing and supportive services for chronically homeless, HIV+ individuals. The goals for the program are to increase medical adherence, greater self-determination by increasing income, stabilized housing and individual goal setting.

Prevention - Counseling, Testing & Referral

LEGEND..... All

NEED FOR INTAKE..... Call for intake

AFH's prevention department provides testing and outreach throughout the community.

Stone Soup

LEGEND..... **HIV+ only**

Stone Soup is a food/nutrition assistance program for those who meet the qualifications for access.

Stone Soup es un programa de alimentación/nutrición para aquellos que son elegibles.

T.E.X.T. M.S.G. Housing Program

INTAKE..... (281) 888-5316

LEGEND..... Age 18-24, **HIV+** & disabled, Homeless, S\$, Walk-ins, CD

NEED FOR INTAKE..... Referral required

Housing and supportive services for HIV+ individuals ages 18-24. The goals for the program are to increase medical adherence, greater self-determination by increasing income, stabilized housing and individual goal setting.

Volunteer Services

LEGEND..... All

Volunteer opportunities for community members who would like to serve those infected and affected

by HIV. Opportunities include supporting outreach and education efforts, patient navigation, supportive services in housing programs, camp counselor, mentor in youth programs. Administrative and event volunteering is also available.

Wall Talk Peer Education Program

LEGEND..... Incarcerated

Peer education program provided through the TDCJ prison system. Teaches individuals to become peer educators who provide specific education on HIV/AIDS and STDs.

AIDS HOUSING COALITION HOUSTON, INC. (AHCH)

502 West 24th Street

Houston, TX 77008

MAIN..... (713) 864-1795

WEB..... www.ahchinc.webs.com

EMAIL..... ahch@wt.net

CITY SECTION..... Central

NEIGHBORHOOD..... Heights

BUS ROUTES..... 50, 66

Provides HIV+ men who receive SSI, SSDI, VA pension or disability, with 90-day, fee-based, transitional housing. Referrals to other programs are provided for HIV+ women. AHCH provides mentoring on a variety of subjects related to HIV/AIDS. No drugs or alcohol allowed. GLBT friendly housing. 2007 Jefferson Award agency and 2011 Ryan White Community Leadership Award.

HIV/AIDS Community Referral Hotline

LEGEND..... All, Free

HOURS..... 8am to 8pm, 7 days a week

Free information, mentoring and referral for HIV+ people and their family, friends, loved ones and caregivers. Discuss health care options and availability, the social service process and general information about living with HIV/AIDS from long term survivors and trained volunteers.

HIV/AIDS Public Speaker Bureau

LEGEND..... Flat Fee

Long-term HIV/AIDS survivors available for public meetings, presentations, seminars and media interviews for a flat fee (nominal donation).

West Heights House Shelter

LEGEND..... M, W (ages 19 & up), Flat fee, Appt req, Lim, **HIV+ only**

NEED FOR INTAKE..... State ID, Proof of income & disability

Fee-based, furnished SRO bedrooms by the month for up to 90 days max. No deposit and all bills paid – cable TV, AC/heat in each room, new mattresses and carpet. The house has a full kitchen and shared bathroom and patio area; it is not handicap accessible. Hosted by HIV+ volunteer mentors. Intake: Monday-Saturday, 8am to 6pm.

AIDSINFO

MAIN..... (800) HIV-0400
TTY(888) 480-3739
WEB..... <http://aidsinfo.nih.gov>
LEGEND..... All, Free, Esp
HOURSMonday-Friday, 11am to 4pm (CST)

AIDSinfo is a U.S. Department of Health and Human Services (DHHS) project that offers the latest federally approved information on HIV/AIDS clinical research, treatment and prevention, and medical practice guidelines for people living with HIV/AIDS, their families and friends, health care providers, scientists and researchers. Live chat and mobile site available. Homework help for students in grades 6 through 12 to assist with school projects on HIV/AIDS.

AIDSInfo es un proyecto del Departamento de Salud y Servicios Humanos de los Estados Unidos de América (DHHS) que ofrece información actualizada y, federalmente aprobada, pertinente a las investigaciones sobre el VIH/SIDA, como así también de tratamientos, prevenciones y guías de práctica médica para las personas viviendo con el VIH/SIDA, sus familiares, amistades, proveedores del cuidado de la salud y científicos e investigadores. Se dispone de especialistas de la salud hispanohablantes. Preguntas en español serán contestadas a través del correo electrónico.

ALDINE FUNERAL CHAPEL, LLC



9504 Airline Drive
Houston, TX 77037-2208

24 HOURS (281) 591-6055
FAX (281) 591-7579
TOLL FREE (877) 468-4480
WEB..... www.aldinefuneralchapel.com
EMAIL staff@aldinefuneralchapel.com

CITY SECTION..... North
NEIGHBORHOOD.....Aldine
AREA SERVED..... Southwest Texas
LEGEND..... Appt recommended

HOURSAvailable by phone 24/7
BUS ROUTES..... 56
NEED FOR INTAKE Funeral home paperwork must be signed in person, by fax or by email by legal next of kin unless Appointment of Agent form is executed before death occurs.

Direct Cremation

Complete cremation services. Special Program, including crematory fee and one certified copy of the Death Certificate, available when death occurs in Harris County and decedent weighs less than 250 pounds; total cost includes all required fees: \$970.00. Staff available by phone 24 hours a day. Quotes available by phone, fax, mail or e-mail.

ALIEF EDUCATIONAL SERVICES CENTER



9894 Bissonnet St., Suite 632
Houston, TX 77036-8244

Mailing Address:

P.O. Box 722252
Houston, TX 77272-2252

MAIN.....(713) 772-9085
FAX(281) 825-4388
WEB.....www.aliefeducationstation.org

BUS ROUTES..... 65, 68
CITY SECTION..... Southwest
NEIGHBORHOOD..... Westwood

AESC is a nonprofit organization committed to improving the quality of life for individuals seeking to make positive changes in their lives. We provide services we believe will help strengthen the whole family, and therefore, improve the whole community.

BIPP Group Counseling

LEGEND..... Adults, S\$
NEED FOR INTAKE .. Valid ID, Proof of income, Referral.

The Battery Intervention and Prevention Program (BIPP) is designed to rehabilitate offenders convicted of domestic violence and other battering offenses - includes mandatory intake, orientation and 18 weeks of group counseling. Accredited by TDCJ and the Texas Council on Family Violence.

Mental Health Counseling/Psychotherapy

LEGEND..... All, I/RR, CD, Homeless, S\$, Insurance
HOURSMonday-Friday 8:30am to 8pm;
Saturday 9am to 2pm
NEED FOR INTAKE Valid ID if minor in need of treatment

Counseling services for individuals, couples, families and groups; mediation services for community based, family based and truancy issues; behavioral analysis for children experiencing behavioral concerns at school with an intervention plan to help modify behavior. Call for intake.

Staying Cool - Anger Management Program

LEGEND..... Adults, Y (ages 13-17), Flat fee
NEED FOR INTAKE Valid ID, Court order if ordered by court

A psychoeducational course designed to aid, improve and rehabilitate individuals by teaching effective ways to reduce levels of anger, learn forgiveness, identify triggering situations, direct anger into healthy problem-solving, address issues with assertiveness and requests and establish a plan of action. The course is offered to adults and separately to adolescents ages 13-17; an accelerated course is also available. A certificate is awarded upon completion of the course.

Successful Parenting Program

LEGEND..... Adults, Pregnant/parenting teens, Flat fee
NEED FOR INTAKE Valid ID, Court order if ordered by court

A psychoeducational course designed to aid, improve and rehabilitate pregnant/parenting teens as well as adults going through divorce or separation. Topics covered include coping with divorce, divorce and children, family dynamics, financial responsibilities and anger management. An accelerated course is also available. A certificate is awarded upon completion of the course.

ALZHEIMER’S ASSOCIATION



6055 South Loop East
Houston, TX 77087

24 HOURS (713) 314-1313
FAX (713) 314-1315
TOLL FREE/24 HRS(800) 272-3900
WEB.www.alztex.org

CITY SECTION Central
NEIGHBORHOOD Medical Center
AREA SERVED Southeast Texas (37 counties)
LEGEND Adults, S\$

HOURS Monday-Friday, 8:30am to 5pm
BUS ROUTES 5

The Alzheimer’s Association, Houston and Southeast Texas Chapter, provides a variety of services for persons affected by Alzheimer’s and dementia related illness, covering a 37 county region in Southeast Texas.

Information and Referral

The Alzheimer’s Association Helpline operates 24 hours a day, seven days a week, in 140 languages. Our staff is highly trained and knowledgeable about all aspects of Alzheimer’s disease. Call us if you have questions about: Alzheimer’s disease or memory loss, medications and treatment options, brain health and care options; how the Association can help you; caregiving tips and respite care options; and services/resources available in your community. You can also call us for emotional support as often as you need. We know that living with Alzheimer’s can be overwhelming at times. Remember, we are here for you - all day, every day.

Care Consultation

This service is designed to assist the person with Alzheimer’s and their family in planning for and dealing with all aspects of the illness including needs assessment, planning and problem solving. Call to schedule a meeting to develop a comprehensive plan.

Support Groups

Monthly gatherings of family, friends and caregivers that provide an opportunity for socializing, discussing and supporting one another on Alzheimer’s related issues. All support groups are facilitated by trained volunteers. Call or visit our website for more information.

MedicAlert + Safe Return

The Alzheimer’s Association and MedicAlert have formed an alliance to improve the safety of individuals with Alzheimer’s or a related dementia. Caregivers can call the 24 hour emergency response line to report a wandering/lost incident. Please call 1-888-572-8566 to enroll.

Education and Training

An array of educational programs designed to equip the diagnosed individual, family members and professionals with the knowledge and skills needed to enhance the quality of life of individuals with dementia. Visit the website to learn about upcoming programs. We also maintain a variety of educational materials (brochures, videos, audiotapes and books) on topics related to Alzheimer’s disease and related disorders. Call or visit our website to learn more about our library.

Message Boards

The Alzheimer’s Association message boards and chat rooms provide an online community for persons with Alzheimer’s, caregivers and care providers. Our message boards have thousands of registered members from around the United States and thousands more who refer to the stories and information that is available 24 hours a day.

Clinical Trials

TrialMatch™ is a free service that makes it easy for people with Alzheimer’s, caregivers, families and physicians to locate clinical trials based on personal criteria (diagnosis, stage of disease) and location. Many research studies pertaining to Alzheimer’s disease and related dementias are recruiting volunteers. TrialMatch lets you search these trials quickly and easily and narrows results to those trials where there is a reasonable chance to be accepted for enrollment. Call or visit our website for more information.

AMERICA IN RECOVERY

WEB www.americainrecovery.org
EMAILamericainrecovery@americainrecovery.org

CITY SECTION All
LEGEND All, Free, I/RR, CD

America in Recovery serves three groups: those released from jail (primarily on minor, non-violent offenses such as DWI); those who have undergone treatment to overcome addictions; and older adults, ages 55 plus - a population that may be overlooked but remains a valuable resource because of their experience. The main goal is to help put those who are “hard to employ” back to work.

This job hiring site brings people together with employers who are open to hiring them, enabling them to turn their lives around and be self-sufficient. Employers enter job listings, and you can look for possible jobs in your city or town.

It’s simple. Create a profile by entering a User name and Password and then post resume information on one or more hiring sites:

- Recovery at Work - For people in recovery from drug or alcohol abuse
- No U-Turns - For ex-offenders of the legal system
- Age and Experience - For the aging population

America in Recovery ofrece servicios a tres grupos: personas liberados de la cárcel (principalmente de ofensas menores, y no violentas así como DWI); personas que han recibido tratamientos de la adicción; y adultos mayores de 55 años de edad- una población poco notada pero con valiosos recursos debido a la experiencia. La meta principal es el de asistir a esta población que dificulta encontrar empleo.

En nuestra ubicación se hace posible el encuentro de empleadores que buscan empleados, y así ayudar a estas personas a reconstruir sus vidas y ser independientes. Los empleadores ofrecen una lista de empleos en las ciudades o pueblos de los clientes.

Es simple. Genere un perfil personal con un código (un paso y seña) y anuncie su resume en una de las ubicaciones de contrato de empleo:

- Recovery at Work: Para personas en recuperación del abuso de drogas o alcohol
- No U-Turns- Para exdelincuentes del sistema judicial
- Edad y Experiencia- Para personas de tercera edad

AMEX PHARMACY

3030 Canal Street
Houston, TX 77003

MAIN..... (713) 237-9301
FAX..... (713) 227-1130
WEB.....www.amexRx.com
EMAIL..... amexpharmacy@hotmail.com

CITY SECTION..... Central
NEIGHBORHOOD..... Second Ward

LEGEND..... All, Most major ins accepted, Esp
HOURS..... Monday-Friday, 9am to 6pm;
Saturday, 9am to 2pm

BUS ROUTES..... 20, 29, 37, 48

ART LEAGUE HOUSTON

1953 Montrose Boulevard
Houston, TX 77006

MAIN..... (713) 523-9530
FAX..... (713) 523-4053
WEB.....www.artleaguehouston.org
EMAIL..... alh@artleaguehouston.org

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose

LEGEND..... All, Free

HOURS..... Tuesday-Friday, 9am to 5pm;
Saturday, 12am to 5pm

BUS ROUTES..... 3, 34

HIV + Healing Art Program

Healing Art is the only program of its kind for adults in Houston, outside of hospital or clinical settings. Healing Art classes are offered free of charge in a fun and supportive atmosphere. Each Friday, September to May, two Healing Art classes are presented in four-hour sessions. The HIV+/AIDS and Cancer Related Illnesses

Class is taught by Rebecca Bass, and Emily Sloan instructs the MS and Physical Disabilities Class. Tuition and art supplies are provided at no cost to the students.

Healing Art students participate in two ALH sponsored events: The MARTY: A Montrose Art Party held each spring and the Healing Art Gala Silent Auction in the fall. There is a sense of camaraderie in the two Healing Art groups, and the on-going opportunities to exhibit and sell artwork gives students a sense of accomplishment. Please call for more information or to be added to the wait list.

ASERACARE HOSPICE



1235 North Loop West, Suite 215
Houston, TX 77008

MAIN/INTAKE..... (713) 864-2626
FAX..... (713) 864-9476
TOLL FREE..... (888) 646-8696
WEB..... www.aseracare.com
EMAIL..... ask@aseracare.com

CITY SECTION..... Central
NEIGHBORHOOD..... Heights

AREA SERVED... Austin, Brazoria, Chambers, Colorado, Ft. Bend, Galveston, Harris, Liberty, Matagorda, Montgomery, Walker, Waller and Wharton counties

LEGEND.....Adults, Ins, Med, Esp

HOURS..... 24 hours
BUS ROUTES..... 40, 50

Palliative care (comfort care) to persons with life limiting illness. Services include skilled nursing, social worker, pastoral counseling and bereavement support.

Cuidado paliativo para personas con existencia limitada a efecto de la enfermedad. Los servicios incluyen enfermeras capacitadas, trabajador/a social, consejero/a pastoral y atención prestada a personas que sufren por la pérdida de un ser querido.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)



204 Clifton Street
Houston, TX 77011

MAIN..... (713) 926-9491
FAX..... (713) 926-2672
WEB..... www.aama.org

CITY SECTION..... East
NEIGHBORHOOD..... East End

LEGEND..... M, W, Y, Fam, Free, Walk-ins, CD, Esp

HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES... 20, 50, METRO Light Rail coming soon
NEED FOR INTAKE... Varies by program, Call for info.

Health and Human Services

Project Tejas assists with issues related to alcohol and drugs by providing individual and family counseling, along with specialty group topics such as parenting, risk reduction, coping skills, and HIV, TB, STDs, hepatitis, alcohol and drug awareness are discussed.

The Minorities Action Program (MAP) HIV outreach team provides HIV/Hepatitis/TB testing and risk reduction counseling, information dissemination, prevention education, referrals and resources for substance abuse, treatment, housing, medical benefits and public health screenings to people who are at high risk of communicable infections. Counselors also serve as liaisons for those who are unable to access services due to language barriers.

MAP HIV Early Intervention (HEI) offers case management to HIV+ individuals who suffer from past or current substance abuse.

The DiNosaur (DiNo or Say No) Project operates in seven HISD elementary schools using a six-week, state approved curriculum that is culturally sensitive and age-appropriate. The program goals are to increase the resiliency and protective factors for youth and their families, and to ensure that there is a community-based process that promotes the need for children to learn to make positive choices at an early age.

Other services provided include information dissemination, monthly cultural events and activities, sports activities, summer camp for students, and prevention and parenting skills training.

Servicios de la Salud y Humanitarios

Project Tejas asiste con temas relacionados al alcohol y drogas, y provee consejería a individuos y familias. Además ofrece educación y apoyo con otros temas: cómo ser mejores padres, reducción de riesgos, habilidades para seguir adelante, y conocimiento de temas como el VIH, TB, ETS, hepatitis, alcohol y drogas.

Minorities Action Program (MAP) El personal provee pruebas y consejería sobre la reducción del VIH/Hepatitis/TB, diseminación de información, educación preventiva, referencias y recursos sobre el abuso de sustancias, tratamientos, vivienda, beneficios médicos y evaluación de salud pública a personas a alto riesgo de infecciones comunitarias. Además, los consejeros sirven de enlace para las personas con dificultad de acceso a los servicios debido al lenguaje.

Intervención Temprana del VIH (HEI) de MAP ofrece administración de casos a personas viviendo con el VIH que sufren del abuso de sustancias en el presente o el pasado.

El Proyecto DiNosaur (DiNo) participa en siete escuelas primarias de HISD utilizando un programa de seis semanas de duración, aprobado por el Estado, y de carácter sensitivo a la cultura y a las edades de las personas. La meta del programa es el de aumentar los factores de flexibilidad y protección para los jóvenes y sus familias, y el de asegurar que exista un proceso basado en valores comunitarios que promueve a que los niños y las niñas aprendan a hacer decisiones positivas desde una edad temprana.

Otros servicios incluyen la divulgación de información, eventos y actividades culturales mensuales, actividades deportivas, campamento de veraneo para estudiantes, y entrenamiento de prevención y desarrollo de habilidades para padres.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)



6001 Gulf Freeway
Houston, TX 77023

MAIN..... (713) 967-6700
FAX (713) 926-8035
INTAKE (713) 967-6700
WEB..... www.aama.org

CITY SECTION..... Central
NEIGHBORHOOD Lawndale
LEGEND... M, W, Y (ages 13-24), Free, Walk-ins, Esp, CD

HOURS Monday-Friday, 8:30am to 4:30pm
BUS ROUTES..... 26, 27
NEED FOR INTAKE ... Varies by program, Call for info.

AAMA's mission is to inspire and empower at-risk latinos to pursue their potential and achieve success. Our efforts are focused in the areas of education, workforce readiness and leadership development.

Casa Phoenix

Residential chemical dependency treatment for adolescent males.

Tratamiento de dependencia química residencial para hombres adolescentes.

George I. Sanchez High School

Education: Early childhood development, Pre-K, grades 6-12. Adelante: GED, computer classes and ESL.

Educación: Desarrollo infantil temprano, Pre-K, los grados 6-12. Adelante: GED, clases de computación y ESL.



BAY AREA COUNCIL ON DRUGS AND ALCOHOL, INC.



1300 Bay Area Boulevard, Suite 102
Houston, TX 77058

MAIN..... (281) 212-2900
FAX (281) 212-2901
TOLL FREE..... (800) 510-3111
WEB..... www.bacoda.com
EMAIL questionsforbacoda@bacoda.com

CITY SECTION..... Southeast
NEIGHBORHOOD Clear Lake/NASA
AREA SERVED..... South, southeast & eastern Harris
County, Brazoria, Matagorda and Galveston counties
LEGEND..... All, CD

Free substance abuse screening, treatment referral, assessments and counseling for those meeting eligibility requirements. All classes offered for a fee. Staff available for health fairs and speaking engagements at no cost. BACODA has offices in Clear Lake, Angleton and Bay City.

BAY AREA HOMELESS SERVICES

3406 Wisconsin Street
Baytown, TX 77520

Mailing Address:
P.O. Box 4130
Baytown, TX 77522

24 HOURS (281) 837-1654
FAX (281) 837-1031
ADMIN (281) 420-6728

CITY SECTION East
NEIGHBORHOOD Baytown
AREA SERVED Chambers, Liberty, and Eastern
Harris counties
LEGEND Adults, Homeless, Free, Esp
NEED FOR INTAKE Social security card, Photo ID

Temporary emergency shelter and meals for up to 6 weeks, includes comprehensive case management and transportation. Must be at least 17 years of age and be able and willing to seek and maintain full-time employment.

Refugio temporario y alimento por 6 semanas; administración de casos; transportación. Los clientes deben ser mayor de 17 años de edad y estar dispuestos a buscar y mantener empleo de tiempo completo.

BAY AREA TURNING POINT, INC.



Location Confidential

Mailing Address:
P.O. Box 890929
Houston, TX 77289

MAIN (281) 338-7600
FAX (281) 557-0290
24 HOURS (281) 286-2525
WEB www.bayareaturningpoint.org

CITY SECTION Southeast
NEIGHBORHOOD Webster
LEGEND W, Fam, Appt req, Esp
HOURS Monday-Friday, 8:30am to 5:30pm

Crisis shelter for victims of family violence and sexual assault. Includes therapy and victim assistance.

Refugio de crisis para víctimas de violencia familiar y acoso sexual. Incluye terapia y asistencia a la víctima.

BAYLOR TEEN HEALTH CLINICS

MAIN (713) 873-3601
FAX (713) 873-3608
WEB www.teenhealthclinic.org
AREA SERVED Harris County

Ben Taub Teen Health Clinic



1504 Taub Loop
Houston, TX 77030

MAIN (713) 873-3601
FAX (713) 873-3608

CITY SECTION Central
NEIGHBORHOOD Medical Center
LEGEND Free, Appt req, Ages 13-22

HOURS Monday-Thursday, 8am to 6:30pm
BUS ROUTES 1, METRO Light Rail

Testing and treatment for sexually transmitted infections, HIV testing, counseling and referrals for treatment; family planning services, pregnancy testing and referral, and postpartum exams.

Prueba y tratamiento para las infecciones transmitidas sexualmente; pruebas de VIH, consejería y referencias para el tratamiento, servicios de planificación familiar, prueba de embarazo y referencias y exámenes post-parto.

Cavalcade Teen Health Clinic



3815 Cavalcade
Houston, TX 77026

MAIN (713) 673-1655
FAX (713) 673-1549

CITY SECTION Northeast
NEIGHBORHOOD Kashmere Gardens
LEGEND Free, Appt req, Ages 14-22

HOURS Monday-Thursday, 8am to 6:30pm
BUS ROUTES 26, 27, 52

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; sports physicals.

Ofrece pruebas y tratamiento de enfermedades de transmisión sexual; prueba del VIH; servicios de planificación familiar; examen de embarazo; referencia y administración de casos; examen de posparto; examen físico deportivo.

Chavez High School Teen Health Clinic



8501 Howard
Houston, TX 77017

MAIN (713) 495-6971

CITY SECTION Southeast
NEIGHBORHOOD Meadowbrook
LEGEND Free, Chavez HS students only

HOURS Monday-Friday, 8am to 4:30pm

Primary health care; Immunizations; testing and treatment for sexually transmitted infections; Texas Health Steps; well adolescent exams; HIV counseling and screening; treatment of minor/acute illnesses; sports physicals; health education.

Cuidado primario de la salud; inmunizaciones; prueba y tratamiento para las infecciones transmitidas sexualmente; Texas Health Steps (Pasos de la Salud de Texas); exámenes de salud para adolescentes; consejería y asesoramiento del VIH; tratamiento para enfermedades leves y agudas; exámenes físicos para deportistas; educación de la salud.

Cullen Teen Health Clinic

5737 Cullen Boulevard
Houston, TX 77021

MAIN..... (713) 440-7313
FAX..... (713) 440-8358

CITY SECTION..... Central
NEIGHBORHOOD..... MacGregor
LEGEND..... Free, Appt req, Ages 14-22

HOURS..... Monday-Thursday, 8am to 6:30pm
BUS ROUTES..... 26, 27, 30

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; prenatal care and postpartum exams.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; análisis del embarazo; referencia y manejo de casos, exámenes de parto.

Lawn Teen Health Clinic

8111 Lawn Street
Houston, TX 77088

MAIN..... (281) 847-9970
FAX..... (281) 820-3740

CITY SECTION..... North
NEIGHBORHOOD..... Acres Home
LEGEND..... Free, Appt req, Ages 14-22

HOURS..... Monday-Thursday, 8am to 6:30pm
BUS ROUTES..... 40, 64

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; análisis del embarazo; referencia y manejo de casos, exámenes de parto.

LBJ Teen Clinic

5656 Kelley Street
Houston, TX 77026

MAIN..... (713) 566-5612
FAX..... (713) 566-5610

CITY SECTION..... Northeast
NEIGHBORHOOD..... Trinity/Houston Gardens
LEGEND..... Free, Appt req, Ages 14-22

HOURS..... Monday-Thursday, 8am to 6:30pm
BUS ROUTES..... 1, 80

Testing and treatment for sexually transmitted infections, HIV testing, counseling and referrals for treatment, family planning services, pregnancy testing and referral, and postpartum exams.



Prueba y tratamiento para las infecciones transmitidas sexualmente, pruebas de VIH, consejería y referencias para el tratamiento, servicios de planificación familiar, prueba de embarazo y referencias y exámenes post-parto.

Lee High School Teen Health Clinic

6529 Beverly Hill Street
Houston, TX 77057

MAIN..... (713) 787-1756
FAX..... (713) 787-1713

CITY SECTION..... Southwest
NEIGHBORHOOD..... Gulfton
LEGEND..... Free, Appt req, Lee HS students only

HOURS..... Monday-Friday, 8am to 4:30pm

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referral to treatment, family planning services; pregnancy testing and referral; primary health care; immunizations; Texas Health Steps; well adolescent exams; sports physicals.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH; consejería y referencia a tratamientos, servicios de planificación familiar; análisis del embarazo y referencias; cuidado primario de salud; inmunización; Texas Health Steps; examen de bienestar para el adolescente; examen físico deportivo.

Tejano Center Teen Health Clinic

2950 Broadway Street
Houston, TX 77017

MAIN..... (713) 645-0544
FAX..... (713) 635-3740

CITY SECTION..... Southeast
NEIGHBORHOOD..... Park Place
AREA SERVED... Students of Tejano Center School only
LEGEND..... Free
HOURS..... Monday-Friday, 8am to 4:30pm

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referral to treatment, family planning services; pregnancy testing and referral; primary health care; immunizations; Texas Health Steps; well adolescent exams; sports physicals.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH; consejería y referencia a tratamientos, servicios de planificación familiar; análisis del embarazo y referencias; cuidado primario de salud; inmunización; Texas Health Steps; examen de bienestar para el adolescente; examen físico deportivo.

Worthing High School Teen Clinic

9215 Scott Street
Houston, TX 77051

MAIN..... (281) 394-0528
FAX..... (713) 429-1537

CITY SECTION..... Southeast
NEIGHBORHOOD..... Sunnyside

Dental Clinic

1427 Hawthorne
Houston, TX 77006

MAIN..... (713) 341-3790
FAX..... (713) 524-7995

LEGEND..... Adults, \$20 co-pay/visit
if above 100% FPL, **HIV+ only**, Esp
HOURS..... Monday-Friday, 8am to 5pm

The dental clinic offers a full range of dental services for people living with HIV including emergency care, basic oral hygiene, treatment of lesions, ulcers and gum disease, dentures and other services. Learn more by calling us at 713-341-3790.

La clínica dental ofrece una gran variedad de servicios dentales para personas con el VIH/SIDA, e incluyen atención de emergencia, higiene oral básico, tratamiento de lesiones, úlceras y la enfermedad de la encía, dentadura postiza y más. Para más información, llámenos al 713-341-3790.

Housing Assistance

1429 Hawthorne
Houston, TX 77006

MAIN..... (713) 341-3767
FAX..... (713) 341-3758

AREA SERVED..... Austin, Brazoria, Chambers, Harris,
Ft. Bend, Galveston, Liberty, Montgomery,
San Jacinto and Waller counties

LEGEND..... Free, Appt req, **HIV+ only**, Esp
HOURS..... Monday-Friday, 8am to 5pm

The Housing Assistance program offers basic budget planning and resources through HOPWAs Short-term Rent, Mortgage and Utility (STRMU) assistance and Tenant based Rental Assistance (TBRA) programs and first month rent and deposit assistance for persons living with HIV/AIDS. We teach clients the necessary skills to live adequately on their reduced income. Learn more by calling us at 713-341-3767.

El programa de asistencia para la vivienda, por medio de HOPWA, ofrece ayuda en la planificación de un presupuesto básico, ayuda en el pago a la renta y el depósito, la electricidad, y la hipoteca, todos a corto plazo y a personas viviendo con el VIH. También orientamos a los clientes a efecto de adquirir la habilidad necesaria para que vivan adecuadamente con un ingreso limitado. El programa está disponible de lunes a viernes de 8am a 5pm. Para más información, llame al 713-341-3767.



Residential HIV Hospice

602 Branard
Houston, TX 77006

MAIN..... (713) 341-3780
FAX..... (713) 526-8144
INTAKE..... (713) 341-3783

LEGEND..... **HIV+ only**, \$20 co-pay/day
if above 100% FPL, Esp
HOURS..... 24-hour facility

Omega House is a safe and loving home environment where people living with AIDS can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The program offers social interaction with peers and volunteers, as well as recreational activities including pet therapy. Learn more by calling us at 713-341-3780.

La Casa de Omega es un hogar con un ambiente seguro, de amor y compasión, donde los pacientes con SIDA pueden vivir sus últimos días con dignidad. Este hospicio de ocho camas ofrece asistencia médica paliativa (comodidad) así como ayuda sicosocial y de duelo para los moribundos y para sus seres queridos. El cuidado médico en curso y el cuidado de enfermería es ofrecido, junto con soporte y asistencia emocional durante las actividades diarias. El programa ofrece la interacción social con compañeros y voluntarios, así como actividades recreacionales. Aprenda mas llamándonos en 713-341-3783.



BERING SUPPORT NETWORK

1440 Harold
Houston, TX 77006

MAIN..... (713) 526-1017
FAX..... (713) 520-6866
WEB..... www.beringsupportnetwork.org

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
BUS ROUTES..... 81, 82

Bering Spiritual Support Group

LEGEND..... Adults, Walk-ins, Infected/affected
HOURS..... Wednesdays, 6:30pm to 8:30pm

Spiritual support group for persons who are infected with or affected by HIV+. The evening starts with a covered dish dinner in the Fellowship Hall where announcements are made, followed by a topic presentation in room 217 and then small discussion groups.

Lunch Bunch

LEGEND..... **HIV+ only**, Walk-ins, Free
HOURS..... Tuesdays, 11am

The Lunch Bunch meets every Tuesday in Room 214 for a discussion group, followed by lunch at a local eatery (dutch treat).



BIO SCRIP PHARMACY

See Walgreens Pharmacy #15320 under Pharmacies (Page 71)

BRAZOS PLACE

1103 North Avenue H
Freeport, TX 77542

Mailing Address:
P.O. Box 2470
Freeport, TX 77541

MAIN.....(979) 233-3826
FAX.....(979) 233-3708
WEB.....www.brazosplace.org

CITY SECTION..... South
NEIGHBORHOOD..... Freeport
AREA SERVED..... Brazoria, Ft. Bend, Galveston and
Matagorda counties; court commitment clients
served statewide.

LEGEND... Adults, S\$, Appt/Walk-in, Waiting list, CD, Esp

HOURS..... Monday-Friday, 8am to 5pm
NEED FOR INTAKE..... Photo ID, Social security card

Residential treatment facility for both men and women age 18 and up who are indigent with serious substance abuse problems. This is the only facility in Brazoria county that accepts female clients for residential treatment. Intake hours Monday-Friday, 9am to 11am.

El personal incluye a consejeros hispanohablantes.

BRAZORIA COUNTY CENTER FOR INDEPENDENT LIVING

1104-D East Mulberry
Angleton, Texas 77515

MAIN/TTY.....(979) 849-7060
FAX.....(979) 849-8465
CONSUMER HOTLINE.....(888) 872-7957
WEB.....www.hcil.cc
EMAIL.....bccil@neosoft.com

CITY SECTION..... South
NEIGHBORHOOD..... Angleton
LEGEND..... All, Free, Walk-ins

HOURS..... Monday-Friday, 8am to 5pm

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer counseling and support, independent living skills training and development, information and referral, individual and systems advocacy, employment assistance for people with disabilities on SSI and/or SSDI, Deaf and hard of hearing services, computer access training classes, community-integration relocation services for people with disabilities living in nursing homes and support groups for men and women with disabilities.

BRENTWOOD COMMUNITY FOUNDATION

13033 Landmark Street
Houston, TX 77045

WEB.....www.brentwoodfoundation.org

Brentwood Project WAITT (We're All In This Together)



13101 Landmark Street
Houston, TX 77045

MAIN.....(713) 852-2551
FAX.....(713) 852-2559

CITY SECTION..... South
AREA SERVED..... Harris, Ft. Bend, Montgomery,
Chambers, Liberty and Waller counties

LEGEND... All, Appt/Walk-ins, Free, **HIV+ only**, CD, Esp

HOURS..... Monday-Friday, 9am to 5pm

BUS ROUTES..... 14

NEED FOR INTAKE..... ID, Proof of HIV status,
income and residence

Food vouchers, financial assistance, transitional housing, supportive services (HOPWA).

Vales de alimentos, asistencia financiera, vivienda de transición, servicios de apoyo (HOPWA). El horario para una cita inicial es de 9 am a 5pm.

BRIDGE OVER TROUBLED WATERS, INC., THE

Administration Office
3811 Allen-Genoa Rd
Pasadena, TX 77504

MAIN.....(713) 472-0753
FAX.....(713) 472-8759
24 HOURS.....(713) 473-2801
WEB.....www.tbotw.org

CITY SECTION..... Southeast
HOURS..... Monday-Friday, 8:30am to 5:30pm

The Bridge is a comprehensive crisis center, working with women, children and men dealing with the affects of domestic and sexual violence.

Emergency Shelter



Location Confidential

AREA SERVED..... Harris County including Pasadena,
La Porte, Jacinto City, South Houston,
Channelview, Deer Park, Galena Park,
Baytown, and Highlands

LEGEND..... All, W, Fam, Appt req, Free, Esp
HOURS..... 24 hours

Community outreach, long-term housing, emergency shelter, family violence, sexual assault counseling, support groups and hotline. Spanish advocate for casework available.

Alcance a la comunidad, vivienda a largo plazo, refugios de emergencia, violencia en la familia, agresión sexual, consejería, grupos de apoyo y línea telefónica de ayuda. Se dispone de ayuda en español para casos de rehabilitación.



CAGE'S MEDICAL SERVICES, INC.

11625 West Hardy Road
Houston, TX 77076-1900

MAIN..... (713) 674-5616
FAX..... (713) 674-5620
TOLL FREE..... (800) 417-0081
24 HOURS..... (713) 674-5616
CITY SECTION..... Northeast
LEGEND..... All, Med, Ins, Private pay, Walk-ins, Esp

Home health aides: Primary Home Care (PHC), Medically Dependent Children Program (MDCP), Community Based Alternatives (CBA) Program; respite care; homemaker services; sitters.

CARE GROUP OF TEXAS

See Reach Healthcare Services



CAREER AND RECOVERY RESOURCES, INC.

2525 San Jacinto
Houston, TX 77002

MAIN..... (713) 754-7000
FAX..... (713) 754-7068
TTY..... (832) 431-3785
WEB..... www.careerandrecovery.org

CITY SECTION..... Central
NEIGHBORHOOD..... Midtown
HIV/STD TESTING..... 77002, 77020, 77026, 77093
LEGEND..... M, W, Free, Appt req/Walk-ins, I/RR, CD

HOURS..... Monday-Thursday, 9am to 6pm
BUS ROUTES..... 1, 11, 52, METRO Light Rail
NEED FOR INTAKE..... Photo ID for most services

Career and Recovery Resources was founded in 1945 and is dedicated to helping people identify and overcome barriers, including drug and alcohol abuse, to employment.

Substance abuse counseling; employment services; HIV/STD testing; deaf and hard-of-hearing services (GED and job placement).

Consejería para el abuso de sustancias; servicios para obtener empleo; prueba del VIH/ETS; servicios para sordos y con problemas de audición (GED y colocación de empleos).

CASA DE ESPERANZA DE LOS NIÑOS, INC.

Location Confidential
P.O. Box 66581
Houston, TX 77266

MAIN/INTAKE..... (713) 529-0639
FAX..... (713) 529-9179
WEB..... www.casahope.org
EMAIL..... casa@casahope.org

CITY SECTION..... Central
NEIGHBORHOOD..... Medical Center
LEGEND..... C, Free, Esp

HOURS..... Monday-Friday, 9am to 5pm;
24 hours for emergencies

NEED FOR INTAKE..... Person with legal authority to place the child

Casa de Esperanza (House of Hope) is a safe place for children in crisis due to abuse, neglect or the effects of HIV. Casa de Esperanza provides residential, medical and psychological care according to the needs of each child.

Foster care for children ages 6 and younger. Specialized medical, psychological and developmental services. Case management for parents of children in care.

Cuidado adoptivo de niños menores de 6 años de edad. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para los padres de niños bajo cuidado.

CATHOLIC CHARITIES AIDS MINISTRY

2900 Louisiana Street
Houston, TX 77006

MAIN..... (713) 526-4611
FAX..... (713) 524-1904
TOLL FREE..... (866) 649-5862
INTAKE..... (713) 874-6627
WEB..... www.catholiccharities.org

CITY SECTION..... Central
NEIGHBORHOOD..... Midtown
AREA SERVED..... Austin, Brazoria, Ft. Bend, Galveston, Grimes, Harris, Montgomery, San Jacinto, Walker, and Waller counties
LEGEND..... Adults, Fam, Free, Walk-ins, **HIV+ only**, I/RR, Immigrants, Esp

HOURS..... Monday-Friday, 7:30am to 5:30pm
BUS ROUTES..... 53, 82, 163, 81, 78, 9
NEED FOR INTAKE..... Proof of HIV status and income, Photo ID

Catholic Charities AIDS Ministry provides holistic services:

Case Management and Financial Assistance: participation in the case management program offers limited financial and personal assistance in order to lead clients to self-sufficiency: rent and utility assistance, individual and group counseling, referrals, assistance with community resources and supportive services. Non-case management one-time assistance includes information and referral, funeral assistance and rent deposit assistance.

Emotional and Spiritual Support: Support group meetings, retreats and guided days of prayer, annual Mass of Remembrance and retreat scholarships enhance our information and referral services. Clients are provided assistance to identify their needs and then linked to community resources that are not provided by this program. Clients receive follow up to ensure the appropriateness of referrals.

Catholic Charities AIDS Ministry provee servicio holístico: **Administración de casos y asistencia financiera:** el programa de administración de casos ofrece asistencia financiera y personal limitada con el fin de ayuda a los clientes alcancen la autosuficiencia: asistencia para el alquiler y los servicios públicos, consejería individual y de grupo, referencias, asistencia en adquirir recursos comunitarios y servicios de apoyo. A parte de la de administración de casos, la asistencia incluye información y referencias, asistencia para funerarias y asistencia para el depósito del alquiler.

Apoyo emocional y espiritual: Reuniones de grupos de apoyo, retiros y días guiadas a la oración, la misa anual de la Memoria y retirarse becas mejorar nuestros servicios de información y referencia. Los clientes reciben ayuda para identificar sus necesidades y luego vinculados a recursos de la comunidad que no son proporcionados por este programa. Los clientes reciben un seguimiento para asegurar la adecuación de las remisiones.

CENIKOR FOUNDATION

Corporate Office
11111 Katy Freeway, Suite 500
Houston, TX 77079

MAIN.....(713) 266-9944
FAX.....(713) 780-3191
TOLL FREE.....(888) 236-4567
WEB.....www.cenikor.org
EMAIL.....info@cenikor.org

CITY SECTION..... West
NEIGHBORHOOD..... Memorial
HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 19

Cenikor Foundation is a 501(c)(3) non-profit organization, dedicated to providing quality behavioral health care services to the communities we serve. Since 1967, Cenikor has expanded to assist approximately 1,000 people a week achieve better health and better lives.

Cenikor is committed to helping people deal with behavioral health issues and addictions by providing a full continuum of care. Cenikor has a variety of programs including short-term and long-term inpatient programs, detoxification, outpatient and intensive outpatient services. Cenikor also provides adolescent short-term inpatient treatment, outpatient and intensive outpatient care.

Houston Long-Term Inpatient Facility

4525 Glenwood Avenue
Deer Park, TX 77536

CITY SECTION..... Southeast
NEIGHBORHOOD..... Deer Park
LEGEND.....Adults, CD, Flat, Appt req, Call for intake
HOURS..... Monday-Friday, 8am to 5pm
NEED FOR INTAKE..... Photo ID

Cenikor’s inpatient therapeutic community model (18-24 month) uses peer influence and clinical counseling to help residents change attitudes, behaviors and perceptions associated with substance abuse.

Modelo de comunidad terapéutica hospitalaria de Cenikor (18-24 meses) utiliza la presión de grupo y el asesoramiento clínico para ayudar a los residentes cambian las actitudes, conductas y percepciones relacionadas con el abuso de sustancias.

Odyssey House Texas

5629 Grapevine Street
Houston, TX 77085



CITY SECTION..... Southwest
NEIGHBORHOOD..... Central Southwest
LEGEND..... Y, CD, S\$, Med, Ins, DSHS funding available, Appt req, Call for intake
HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 33
NEED FOR INTAKE..... Photo ID

The intensive inpatient treatment model (60-day) focuses on recovery for adolescents ages 13-18. The community acts as a change agent, teaching residents to live within the structure of the house, as behaviors and attitudes are addressed by peers and counselors.

El modelo de tratamiento hospitalario intensivo (60 días) se centra en la recuperación de adolescentes de entre 13 a 18. La comunidad actúa como un agente de cambio, la enseñanza de los residentes que vivan dentro de la estructura de la casa, como los comportamientos y las actitudes se abordan por sus compañeros y consejeros.

CHANGE HAPPENS!

3353 Elgin Street
Houston, TX 77004-3551



MAIN.....(713) 374-1200
FAX.....(713) 651-8045
WEB.....www.changehappenstx.org
EMAIL.....info@changehappenstx.org

CITY SECTION..... Central
NEIGHBORHOOD..... Third Ward
AREA SERVED..... Harris County

HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 29, 30, 52

Change Happens! is a local, community-based, non-profit primarily serving adults and at risk youth “Empowering People to Help Themselves”.

Affordable Care Act Navigator Program

LEGEND..... All, Free
NEED FOR INTAKE..... ID, Proof of household income, W-2 or tax return, Social Security numbers for household members

Navigators assist consumers to apply for health insurance through the ACA Marketplace. Navigators will provide information in a fair, accurate and impartial manner, provide referrals to consumer assistance programs, provide information that is culturally and linguistically appropriate, and facilitate the selection of a qualified health plan.

KAPOW Project

Prairie View A&M University
CITY SECTION West
NEIGHBORHOOD Prairie View
LEGEND M, W, CD, Free, Esp
HOURS Monday-Friday 9am to 6pm

The goal of the project is to implement substance abuse and HIV prevention programs to reduce behaviors that put young adults at risk for HIV on the campus of Prairie View A&M University in Waller County and residents in the surrounding area.

La meta del proyecto es el de implementar programas de abuso de sustancias y prevención del VIH para reducir el tipo de comportamiento que pone a riesgo a los jóvenes en la universidad de Prairie View A&M University en el Condado Waller y a los residentes de su alrededor.

Outreach Services

AREA SERVED Harris, Austin, Brazoria, Chambers, Colorado, Ft. Bend, Galveston, Liberty, Matagorda, Montgomery, Walker, Waller and Wharton counties
LEGEND All, Free, Esp
NEED FOR INTAKE Proof of household income & citizenship, Photo ID

Assist eligible families in applying for the Children's Health Insurance Program (CHIP), Medicaid, Temporary Assistance to Needy Families (TANF), food stamps (SNAP) and long-term care.

Asiste a familias elegibles a solicitar el programa de salud de niños/niñas (CHIP), Medicaid, asistencia temporaria para familias necesitadas (TANF), estampillas para comida (SNAP), y cuidado de largo plazo.

Project FORCE

INTAKE (713) 374-1236
AREA SERVED Zip codes: 77003, 77004, 77021, 77088, 77091, 77035
LEGEND M (18 & up), Free, I/RR, CD

A program designed to empower individuals with the knowledge and skills necessary to develop healthier lifestyles. The program utilizes innovative strategies that reduce risky behaviors, increase positive behaviors and reduce the risk for HIV infection.

Project JUMP START

AREA SERVED 77060, 77067, 77076, 77009, 77016, 77020, 77093, 77072, 77099, 77036, 77004, 77021, 77033, 77051, 77011, 77012, 77013, 77015, 77017, 77026, 77028, 77029, 77078, 77502, 77504, 77506, 77547
LEGEND Ages 14-21, CD, Homeless, Immigrants, I/RR, Free, Appt req
NEED FOR INTAKE Proof of involvement in the juvenile justice system, age and residency

Program for young offenders, 14-21 years of age, to enhance their future educational and career goals. This comprehensive program consists of case management, workforce development, education and training, mentoring, restorative justice/community service activities, and a Steering Committee.

RESCUE in Motion

INTAKE (713) 374-1225
LEGEND W, Homeless, Disabled, Appt req
NEED FOR INTAKE Photo ID, Proof of chronic homelessness history & disability

Provides permanent housing, intensive case management and other supportive services to 12 chronically homeless women with a disabling condition.

RESCUE in Motion 4-Him

INTAKE (713) 374-1234
LEGEND M, Homeless, Disabled, Appt req, Free
NEED FOR INTAKE Photo ID, Proof of chronic homelessness history & disability

Provides permanent scattered site housing, intensive case management and other supportive services to 12 chronically homeless men with a disabling condition.

RESCUE Program

INTAKE (713) 374-1252
NEIGHBORHOOD Third Ward and Acres Home
AREA SERVED Zip codes 77004 and 77091/Harris County
LEGEND All, Appt req, Free, CD

School and community-based prevention education, after school program, abstinence education and mentoring for youth in the juvenile justice system.

RESCUE Youth In School Program

LEGEND C, Y, Free

A program created as a proactive approach to address health and wellness for individuals, families and communities by enhancing protective factors that increase knowledge, skills and attitudes for making healthy choices. The program targets youth from a variety of ethnic, economic, educational and behavioral situations, including but not limited to youth that are currently or previously have been detained in juvenile facilities. The goal of this program is to successfully "reconnect" them, and transition them back into their school, community and home.

SMART Cougars

LEGEND M, W, CD, Free, Esp
A program designed to prevent and reduce substance abuse and transmission of HIV/AIDS among Hispanic and African American students ages 18-24 at the University of Houston, as well as in the minority communities surrounding the university.

Un programa diseñado para prevenir y reducir el abuso a sustancias y la transmisión del VIH/SIDA en estudiantes Latinos y Afroamericanos, edades 18-24 en la Universidad de Houston, así como también en las comunidades minoritarias de su alrededor.

The STAIRS Program

INTAKE (713) 374-1227
LEGEND M, W, Free, Appt req, CD, Formerly chronically homeless
NEED FOR INTAKE Photo ID, Residential lease, Proof of chronic homelessness history & disability

The Stairs Program (Services to Aid in Retaining Shelter) provides intensive case management and clinical/therapeutic services to formerly chronically homeless men and women who now reside in permanent housing.

CITY OF HOUSTON HIV PREVENTION COMMUNITY PLANNING GROUP (CPG)



8000 North Stadium Drive, 5th floor
Houston, TX 77054

MAIN..... (832) 393-5010
WEB.... <http://houstonprevention.com/index.php/cpg>
www.houstontx.gov/health/HIV-STD
CITY SECTION..... Central
NEIGHBORHOOD..... Astrodome/South Loop
AREA SERVED..... Houston
LEGEND..... All, Free, Walk-in
BUS ROUTES..... 14

In 1993, the Centers for Disease Control and Prevention (CDC) mandated HIV Prevention Community Planning for funded agencies in jurisdictions with the greatest number of new HIV infections each year. The Houston Department of Health and Human Services (HDHHS) implemented community planning locally in 1994. Planning bodies like HHPCPG ensure regular community input is gathered to help HDHHS accomplish HIV prevention activities with the highest impact for local communities.

The primary task of HHPCPG is to assist HDHHS in the development of a Jurisdictional HIV Plan that is based on scientific evidence and community values. This Plan includes specific, high-priority HIV prevention strategies and interventions targeted to defined populations. HHPCPG assists by analyzing the course of the epidemic in the Houston area, assessing HIV prevention needs, identifying HIV prevention interventions to meet those needs, and developing strategies that are directly responsive to the local epidemic.

For more information on meeting times/locations or how to apply for membership on HHPCPG, please contact the Bureau of HIV/STD and Viral Hepatitis Prevention at (832) 393-5010.

CITY OF HOUSTON OFFICE OF VETERANS AFFAIRS



901 Bagby, City Hall, 4th Floor
Houston, TX 77002

MAIN..... (832) 393-0992
FAX..... (832) 393-0962
WEB..... www.houstontx.gov/vetaffairs
EMAIL..... cohova@houstontx.gov
CITY SECTION..... Central
NEIGHBORHOOD..... Downtown
AREA SERVED..... Harris and surrounding counties
LEGEND. Veterans and their families, Free, Walk-ins, Esp
HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 6, 18, 36, 40, 50
NEED FOR INTAKE..... Call for intake

The mission of this office is to assist veterans of the United States Armed Forces through advocacy, referral and counseling, to ensure that neither they nor their dependents nor survivors are denied access to the entitlements promised to them by a grateful nation. This office works with the Harris County Veterans Services Office as well as other veteran organizations and community partners to meet the needs of our service members and veterans, particularly in the area of Veterans Administration benefits and services.

COHOVA assists veterans and returning service members by connecting them with services and benefits at federal, state and city agencies, as well as nonprofit organizations. We work to improve the quality of life for veterans by increasing local community support to the military community and act as an advocate for those veterans within the city of Houston who are at risk because of poverty and poor living conditions.

Ayudar a los veteranos que regresan y miembros del servicio conexión con servicios y beneficios a federales, estatales y agencias de la ciudad, así como organizaciones sin fines de lucro. Mejorar la calidad de vida para los veteranos de aumentar el apoyo de la comunidad local para la comunidad militar. Actuar como un defensor de los veteranos dentro de la ciudad de Houston, que se encuentran en situación de riesgo debido a la pobreza y las malas condiciones de vida.

CITYWIDE HOME HEALTHCARE dba South Side Home Health, Inc.



7700 Main Street
Houston, TX 77030

INTAKE..... (713) 660-6671
FAX..... (713) 660-6771
WEB..... www.ssr.com
CITY SECTION..... Central
NEIGHBORHOOD..... Braeswood
AREA SERVED.... Harris, Brazoria, Chambers, Ft. Bend, Liberty, Galveston, Matagorda, Montgomery, Walker, Waller and Wharton counties
LEGEND..... All, Med, Ins, Wkr Comp
HOURS..... Monday-Friday, 9am to 5pm
BUS ROUTES..... 4, 8, 10
NEED FOR INTAKE.... Demographics and Doctor's orders

We are committed to providing quality patient care and employ professional nurses who have been specifically trained to provide quality nursing in the home. Services are provided in accordance with a patient care plan, developed to meet the physician and patient's needs. Services include skilled nursing, home health aide, medical social worker, IV therapy, wound care including wound vac, physical therapy, occupational therapy, speech therapy, disease management, medication management, safety evaluations. Call for intake.

CLAUDE'S PHARMACY

5740 West Little York
Houston, TX 77091

MAIN..... (281) 447-7648
FAX..... (281) 447-7740

CITY SECTION..... Northwest
NEIGHBORHOOD..... Acres Home
LEGEND..... M, W, Med, Walk-ins, Esp

HOURS.....Monday-Friday, 9am to 7pm
BUS ROUTES..... 79, 85

Pharmacy and medical equipment. Delivery service available - please call for details.

Equipo médico y farmacéutico. Servicio de envío disponible - por favor llame para más detalles.

COLBY D HEALTHCARE INC.

9888 Bissonnet, Suite 150E
Houston, TX 77036

MAIN.....(832) 563-4970
FAX..... (713) 774-1842
SPANISH..... (832) 721-0153

CITY SECTION..... Southwest
NEIGHBORHOOD..... Westwood
AREA SERVED..... Harris and Ft. Bend Counties
LEGEND..... M, W, C, Medicare, Superior, Private Pay

HOURS..... Wednesday, 1pm to 5pm
BUS ROUTES..... 65, 68
NEED FOR INTAKE..... Call for intake 24/7

Pediatric Home Health

Pediatric home care providing skilled and private duty nursing, physical therapy, occupational therapy, speech therapy, respiratory therapy and durable medical equipment for children with special healthcare needs.

Cuidado pediátrico en la casa por enfermeras hábiles, terapia física, terapia ocupacional, terapia del habla, terapia respiratoria y equipo médico durable para niños/niñas con necesidades especiales en el cuidado de la salud.

COMMUNITY ENDOWMENT FOUNDATION (CEF) SWEHLA HOUSE

2516 Mandell Street, #6
Houston, TX 77006

MAIN.....(713) 528-0037
FAX.....(713) 520-5646
WEB.... www.community-endowment-foundation.org

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
LEGEND.....M, W, S\$, Appt req, **HIV+ only**

BUS ROUTES..... 81, 82, 35

Provides affordable, permanent housing for persons living with HIV/AIDS. A 12 unit efficiency apartment complex (permanent housing) for single persons with HIV/AIDS. Vacancies are only advertised through case



managers of social service agencies who primarily serve the HIV/AIDS community. Tenants must have a source of income as CEF does not provide financial assistance. Rent is based on a percentage of income. Intake by appointment only.

CORDER PLACE APARTMENTS HOUSTON HELP, INC.

7210 Peerless
Houston, TX 77021-3130

MAIN..... (713) 741-4070
FAX.....(713) 440-6549
EMAIL.....corderplace@sbcglobal.net

CITY SECTION..... Southeast
NEIGHBORHOOD..... OST/South Union
LEGEND..... Families, **HIV+ only**, Homeless, Appt req

HOURS.....Monday-Friday, 8:30am to 4pm
BUS ROUTES..... 60
NEED FOR INTAKE.... Shelter documentation required

Permanent housing program for homeless families affected by HIV which includes social services such as case management, child care, and legal services. Two bedroom units available for families of 2 to 4, rent is based on income. Intake: Monday-Thursday, 10am to 2pm.

Un programa de vivienda permanente para familias sin vivienda y afectadas por el VIH, que incluye servicios sociales así como administración de casos, cuidado de los niños/niñas, y servicios legales. Unidades de dos dormitorios disponibles para familias de 2 a 4, el alquiler basado en el ingreso. Citas: Lunes-jueves, 10am a 2pm.

COVENANT HOUSE TEXAS

1111 Lovett Boulevard
Houston, TX 77006

MAIN..... (713) 523-2231
FAX.....(713) 523-6904
TTY.....(800) 999-9915
24 HOURS.....(800) 999-9999
WEB..... www.covenanthousetx.org

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
LEGEND..... All (ages 18-21), Free, Esp, Walk-ins, Parenting/pregnant moms under 21

HOURS.... Open intake 24 hours a day, 365 days a year
BUS ROUTES..... 42, 81, 82

One Cares for Another

An emergency crisis shelter for runaway, homeless and 'throwaway' kids under the age of 21 years. Immediate assistance is provided in the form of shelter, food, clothing and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; HIV program; street outreach and runaway prevention and transitional living programs; speakers bureau.



Un refugio de emergencia para adolescentes que huyen de sus casas, son echados o no tienen donde vivir. Se provee atención inmediata ofreciendo refugio, alimento, vestimenta y evaluación y servicios para la salud, incluyendo tratamientos de malestares leves, asesoramiento familiar, de salud mental y abuso de sustancias; entrenamiento educacional, vocacional y ayuda en la búsqueda de empleo, clases para la capacitación de padres; alcance educacional y prevención de la huida de la casa y programas de vivienda transitoria.

CRISIS INTERVENTION OF HOUSTON

HOTLINE(713) 468-5463
 SPANISH(713) 526-8088
 TEENLINE(713) 529-TEEN
 WEB.....www.crisishotline.org

Crisis Intervention of Houston, Inc. (CIH) is a 501(c)3 nonprofit organization with the sole mission to help people in crisis. We operate free, confidential, anonymous hotlines including Crisis Hotline, Spanish Hotline and TeenLine 24 hours a day, seven days a week.

Our goal is to help people who don't know where to go for help and to overcome the barriers to help such as fear, isolation, abuse, physical disability, health, language, age, income, location, problem type or timing of the crisis.

Línea telefónica disponible las 24 horas del día para llamadas de emergencia o crisis.

CYPRESS ASSISTANCE MINISTRIES



11202 Huffmeister Road
 Houston, TX 77065

MAIN.....(281) 955-7684
 FAX.....(281) 955-7695
 ASSISTANCE(281) 955-7440
 WEB.....www.cypressassistanceministries.com

CITY SECTION..... Northwest
 NEIGHBORHOODCypress Fairbanks
 AREA SERVED..... Zips: 77065, 77429, 77433, 77095
 LEGEND..... M, W, Fam, Appt req, I/RR
 NEED FOR INTAKE Driver's license, SS card or birth certificate, lease agreement/mortgage statement, utility bill, proof of all income (including government assistance), proof of emergency causing financial crisis when possible.

CAM offers assistance with food, clothing, household items, rent/mortgage, utilities, employment assistance (See Operation Jobs), GED classes and ESL classes. Volunteers are welcome in all areas of the ministry.

Asistencia con alimentos, ropa, artículos para la casa, pago de renta y electricidad, asistencia de empleo, clases del GED y clases de inglés.

Operation Jobs

MAIN.....(281) 955-5895
 LEGEND.....Free, Adults, I/RR
 HOURS Monday-Friday, 9am to 4pm
 NEED FOR INTAKEAppt req

Operation Jobs is an outreach program of Cypress Assistance Ministries to assist unemployed and under-employed individuals in all zip codes of the community. Operation Jobs assists applicants by preparing a resume, coaching to improve interview skills, offering encouragement and giving advice for finding and keeping a job. OJ maintains a database of employment positions that is updated daily.



DAPA FAMILY RECOVERY PROGRAM

5500 Guhn Road, Suite 100
 Houston, TX 77040

MAIN.....(713) 783-8889
 FAX.....(713) 783-0499
 WEB.....www.DAPAhelp.com

Acute Inpatient Program (AIP)



Intracare Hospital
 7601 Fannin
 Houston, TX 77054

CITY SECTION..... Central
 NEIGHBORHOOD Medical Center
 LEGEND..... M, W, Fam, CD, I/RR
 BUS ROUTES..... 73

For patients requiring short to moderate hospitalization due to severe psychiatric disorders or substance abuse or both. AIP treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies, family therapy, individual therapy and initiation or stabilization of psychiatric medications. This program is administered at DAPA-affiliated hospitals in the Houston area. Adults, children and geriatric patients are treated in separate units for each age group.

Intensive Outpatient Program (IOP)

7011 Harwin, Suite 218
 Houston, TX 77036

MAIN.....(713) 783-8894
 CITY SECTION..... Southwest
 NEIGHBORHOOD Woodlake/Briar Meadow
 LEGEND..... M, W, F, CD, I/RR
 BUS ROUTES..... 81, 132

A three-phase addiction recovery program lasting one year and consisting of an intensive phase, an intermediate phase and a continued care maintenance phase. IOP gives the chemical dependent or dual disorder (chemical dependency and a major psychiatric disorder) patient - and the patient's family - a highly effective psycho-educational and counseling program administered while the patient continues to live at home and work.

Partial Hospital Program (PHP)

Toll Free (800) 828-3272
CITY SECTION Northwest
NEIGHBORHOOD Fairbanks/Northwest Crossing
LEGEND M, W, CD, I/RR

An intensive day program conducted five to six days a week and administered at the facilities of DAPA Community Mental Health Clinic. Treatment consists of psychiatric and psychosocial evaluations, medical history and physical, chemical dependency assessments when indicated, multiple group therapies and family therapy. All groups are small (no more than 10) and each patient is placed in a group that closely matches their condition. Patients enter this program with or without prior hospitalization and it is the most frequently used of DAPA's treatment programs.

DARS

See Texas Department of Assistive and Rehabilitative Services

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE GREATER HOUSTON

3800 Buffalo Speedway, Suite 350
Houston, TX 77098

MAIN (713) 600-1131
FAX (713) 600-1137
WEB www.dbsahouston.org

CITY SECTION Central
NEIGHBORHOOD Greenway Plaza
AREA SERVED Houston and surrounding areas
LEGEND M, W, Y, I/RR, Homeless, Immigrants, CD, Free, Walk-ins

HOURS Monday-Friday, 8am to 5pm
BUS ROUTES 53, 73

DBSA Greater Houston sponsors free and confidential support groups throughout the area that assist in the recovery of individuals with depression or bipolar disorder. Our support groups are also offered to family members, caregivers and friends who are trying to understand these two difficult mental illnesses as they try to assist loved ones. A current list of support groups is available on the website or call for more information.

DBSA Greater Houston ofrece grupo de apoyo gratis y confidencial y asiste en la recuperación de las personas con depresión y trastorno bipolar. Además, se ofrece grupo de apoyo a familiares, asistentes de salud, y amistades quienes ayudan en la recuperación del enfermo con el propósito de hacer conocer dichas enfermedades mentales. Vea lista de los grupos de apoyo en el internet o llame para mayor información.

DISABILITY RIGHTS TEXAS

(formerly Advocacy, Inc.)
1500 McGowan Street, Suite 100
Houston, TX 77004

MAIN (713) 974-7691
INTAKE (800) 252-9108

FAX (713) 974-7695
TOLL FREE (800) 315-3876
VIDEO PH (866) 362-2851
WEB www.disabilityrightstx.org

CITY SECTION Central
NEIGHBORHOOD Midtown
AREA SERVED East Texas
LEGEND All, Fam, Appt req, Free

BUS ROUTES 5, 52, 60

Legal advocacy for persons with disabilities by providing direct legal assistance to people with disabilities whose rights are threatened or violated; protecting the rights of individuals and groups of people with disabilities through the courts and justice system; advocating for laws and public policies that protect and advance the rights of people with disabilities; and informing people with disabilities and family members about their rights and making referrals to programs and services. Intake Monday-Friday 9am to 4pm.

Defensa legal para personas incapacitadas. Cita inicial de lunes a viernes 9am a 4pm.



EAST FT. BEND HUMAN NEEDS MINISTRY, INC.

425 Stafford Run
Stafford, TX 77477

Mailing Address:
P.O. Box 1611
Stafford, TX 77497-1611

MAIN (281) 261-1006
FAX (281) 261-0986
WEB www.humanneeds.org
EMAIL ministry@humanneeds.org

CITY SECTION Southwest
NEIGHBORHOOD Stafford
AREA SERVED Zip codes: 77477, 77478, 77479, 77459, 77489, 77583, 77545, 77053, 77083, 77085, 77099
LEGEND M, W, Fam, All, Free, Walk-ins

NEED FOR INTAKE Current utility bill and Social Security cards for everyone receiving food.

Full service food pantry open Mon 6pm-8pm; Tues, Thurs, Fri 10am to 1:30pm; Weds 6pm-8pm; for financial assistance call on Tues to make an appointment: 281-261-5470. Also offers a school supply program in August, monthly Food Fair, Thanksgiving and Christmas food baskets, and Tri-Cities Churches resale shop. Referrals available.



FAIR HAVEN FOOD PANTRY

1330 Gessner, Bldg. 9
Houston, TX 77055

MAIN..... (713) 467-4363
FAX..... (713) 468-1538

CITY SECTION..... West
NEIGHBORHOOD..... Spring Branch
AREA SERVED..... Zip codes: 77024, 77027, 77041

(Carverdale area), 77043, 77055, 77056, 77079, 77080
LEGEND..... M, W, Fam, Free, Walk-ins,
Halfway house residents

HOURS..... Monday-Friday, 10am to 2pm
BUS ROUTES..... 20, 46

Provide staple food items (limited number of times).
Must show proof of address and Photo ID.

FAMILY SERVICES OF GREATER HOUSTON

MAIN/INTAKE..... (713) 861-4849
FAX..... (713) 861-4021
WEB..... www.familyservices.org

LEGEND..... All, S\$, Ins, Med, CHIP,
Appt preferred, Walk-ins
HOURS..... Monday-Friday, 8am to 5pm

Whether you are struggling on your own or have a family that is counting on you, you can count on us. You'll find the help you need at Family Services of Greater Houston. You'll find someone who will listen, help you think through your problem and find the right solutions and gather the resources you need to overcome the challenges you meet as you move through life.

Central Office

4325 Lillian Street
Houston, TX 77007

CITY SECTION..... Central
NEIGHBORHOOD..... Memorial Park/Washington Ave.
BUS ROUTES..... 27, 36

Offers professional counseling for individuals, couples and families; financial education; parenting and life skills classes; marriage education; case management; support for Iraq and Afghanistan veterans and their families.

Ofrece consejería profesional a individuos, parejas y familias; educación financiera, clases sobre habilidad en el cuidado de hijos/hijas y cómo enfrentar retos de la vida, educación matrimonial; manejo de casos; apoyo a veteranos de Iraq y Afganistán y sus familias. Llamar para una cita inicial.

Bay Area District Office

1300 Bay Area Boulevard, Suite 230A
Houston, TX 77058

CITY SECTION..... Southeast
NEIGHBORHOOD..... Clear Lake/NASA

Counseling services. Call for intake.

Servicios de consejería.

Baytown District Office

1300 Rollingbrook Dr., Ste 406
Baytown, TX 77521

CITY SECTION..... East
NEIGHBORHOOD..... Baytown

Counseling services. Call for intake.

Fort Bend District Office

10435 Greenbough, Bldg 2, Suite 200
Stafford, TX 77477

CITY SECTION..... Southwest
NEIGHBORHOOD..... Stafford

Counseling services, employment services.

Servicios de consejería, servicios de empleo.

Montgomery County Office

719 Sawdust Road, Suite 309
The Woodlands, TX 77380

CITY SECTION..... North
NEIGHBORHOOD..... Woodlands

Counseling services, financial education.

Waller County District Office

531 FM 359 South
Brookshire, TX 77423

CITY SECTION..... West
NEIGHBORHOOD..... Brookshire

Counseling services.

FAMILYTIME CRISIS AND COUNSELING CENTER



1203 S. Houston Avenue
Humble, TX 77338

24 HOURS..... (281) 446-2615
FAX..... (281) 446-3691

WEB..... www.familytimeccc.org
EMAIL..... ftime@earthlink.net

CITY SECTION..... North
NEIGHBORHOOD..... Humble
AREA SERVED..... Harris, Liberty and east
Montgomery counties

LEGEND.... All, Free, S\$, Appt req (Walk ins-crisis only)

HOURS..... Monday-Thursday, 9am to 5pm;
Friday, 9am to 2pm

FamilyTime provides free services to victims of abuse such as professional counseling, support groups, legal advocacy, case management and a 24-hour helpline. We also provide short-term emergency shelter for victims of domestic violence and their children. Other services such as professional counseling for non-victim issues, anger management and parenting classes are available for a fee.

The main focus is helping victims of a crime. Shelter for victims and their children fleeing domestic violence (available 24 hrs/365 day a yr); 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy for non-victim issues (counseling only, no medication). Does not offer counseling for the severely mentally ill. Intake for non-resident services is Monday-Thursday 9am to 5pm and Fri 9am to 2pm.

El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para víctimas y los niños/as en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.

FT. BEND CENTER FOR INDEPENDENT LIVING

12946 Dairy Ashford Road, Suite 110
Sugar Land, TX 77478

MAIN/TTY..... (281) 980-2219
FAX..... (281) 980-2298
WEB..... www.hcil.cc
EMAIL..... fbcil@neosoft.com

CITY SECTION..... Southwest
NEIGHBORHOOD..... Sugar Land
LEGEND..... All, Free, Walk-ins
HOURS..... Monday-Friday, 8am to 5pm

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer counseling and support, independent living skills training and development, information and referral, individual and systems advocacy, employment assistance for people with disabilities on SSI and/or SSDI, Deaf and hard of hearing services, computer access training classes, community-integration relocation services for people with disabilities living in nursing homes and support groups for men and women with disabilities.

FT. BEND COUNTY CLINICAL HEALTH SERVICES

4520 Reading Road, Suite A
Rosenberg, TX 77471

MAIN..... (281) 342-6414
FAX..... (281) 342-7371
WEB..... www.co.fort-bend.tx.us

CITY SECTION..... Southwest
NEIGHBORHOOD..... Rosenberg
AREA SERVED..... Ft. Bend County
LEGEND..... Appt req, Esp
HOURS..... Monday-Friday, 8am to 5pm
NEED FOR INTAKE..... Immunizations only: a current immunization record.



HIV testing with pre and post test counseling; immunizations (schedule of clinics available); tuberculosis control; blood sugar and blood pressure screening; disease surveillance. Call for an appointment for HIV or STD services.

Prueba y consejería del VIH; inmunizaciones (se dispone de los horarios de las clínicas); control de la tuberculosis; asesoramiento de la presión y azúcar en la sangre; vigilancia de enfermedades. Llame para apuntar una cita para los servicios del VIH o de las infecciones transmitidas sexualmente.

FT. BEND COUNTY WOMEN'S CENTER

Mailing Address:
P.O. Box 183
Richmond, TX 77406

MAIN..... (281) 344-5750
24 HRS..... (281) 342-4357
TOLL FREE..... (888) 427-3650
FAX..... (281) 232-5041
WEB..... fortbendwomenscenter.org
EMAIL..... mail@fortbendwomenscenter.org

CITY SECTION..... Southwest
NEIGHBORHOOD..... Rosenberg
LEGEND..... M, W, Y, Fam, Free, Appt/Walk-ins, Esp

Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and referrals.

Ayuda para los adultos y sus niños/as sobrevivientes del abuso doméstico y el abuso sexual ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y referencias.

FUNDACION LATINO AMERICANA CONTRA EL SIDA, INC.

6666 Harwin Drive, Suite 370
Houston, TX 77036-2264

MAIN..... (713) 772-2366
FAX..... (832) 251-8121
WEB..... www.flasinc.org
EMAIL..... echino@flasinc.org

CITY SECTION..... Southwest
NEIGHBORHOOD..... Sharpstown
AREA SERVED..... Houston and Harris County

HOURS..... Monday-Friday, 9am to 5pm
BUS ROUTES..... 47, 81, 132, 163

F.L.A.S., Inc. provides HIV, substance abuse prevention and Hepatitis C information; education and information about HIV/STDs for youth, young adults, families, women and the general public; HIV counseling and testing; and referrals for Hepatitis C screening. We also provide outreach activities and emergency assistance for people living with HIV/AIDS.

F.L.A.S. provee diversas fuentes de información sobre el VIH, sobre la prevención del abuso de substancias y la hepatitis C; educación sobre el VIH/STDs para los



jóvenes, adultos jóvenes, familias, mujeres y el público en general; apoyo psicológico y análisis para el VIH; referencias para la reexaminación de la Hepatitis C.

FLAS - Colores Latinos



6711 Rampart, Suite 111
Houston, TX 77081

MAIN..... (713) 772-2366
CITY SECTION..... Southwest
NEIGHBORHOOD..... Gulfton
LEGEND..... M, Free, Walk-ins, Esp
HOURS..... Monday-Friday, 2pm to 10pm
BUS ROUTES..... 2

Educational workshops for Latino men who have sex with other men (MSMs), HIV and substance abuse prevention and HIV counseling and testing.

Talleres de inteligencia emocional para hombres Latinos que tienen sexo con otros hombres, prevention del VIH y del uso de drogas, y prueba y consejería del VIH.

Emergency Assistance Program

LEGEND..... All, **HIV+ only**, Free, Appt req, Esp
NEED FOR INTAKE..... ID, proof of HIV status, utility bill (in clients name)

Emergency assistance for people infected with HIV/AIDS in Harris County to pay the electricity, telephone, gas and water bills only. Must show proof of HIV status, ID and the utility bill must be in the clients name.

También proporcionamos actividades de alcance, y asistencia de emergencia para las personas infectadas con VIH/SIDA en el Condado de Harris. Dicha ayuda consiste en el pago de los servicios públicos como sea: la electricidad, teléfono, gas y el agua, únicamente. Debe demostrar prueba del estado de VIH/SIDA, Cédula de Identidad y las facturas deberán estar a nombre del cliente.

Hablemos en Confianza

(Let's Talk Honestly and Confidentially)

LEGEND.....Fam, Free, Appt req, Esp
HOURS.....Accommodations as needed

HIV, substance abuse and hepatitis prevention for Latino families and their children ages 10-17 in Harris County.

Este proyecto provee educación y prevención del HIV, el abuso de sustancias y de la Hepatitis. Este programa es para servir a las Familias Latinas y a sus hijos entre las edades de 10-17 en el condado de Harris.

HIV Counseling and Testing

LEGEND.....All, Free, Appt req, Esp
Rapid HIV testing (results in 20 minutes).

El programa de consejería y prueba del VIH/STD es para proveer la prueba rápida del VIH (resultados en 20 minutos).

SOL Latino

(Salud, Oportunidades y Libertad)

LEGEND..... Free, Walk-ins, Latino MSM (18 and up), Lim, CD, Esp

Substance abuse treatment for Latino men who have sex with men (MSMs), includes HIV and Hepatitis C screening.

Tratamiento para el uso de alcohol y drogas para hombres Latinos que tienen sexo con otros hombres, incluyen pruebas de VIH y Hepatitis C.

FUNERAL CONSUMERS ALLIANCE OF HOUSTON

Mailing Address:

1504 Wirt Rd
Houston, TX 77055-4919

MAIN..... (713) 526-4267
WEB..... funeralshouston.org
EMAIL..... FCAhouston2@gmail.com

LEGEND..... All, Donations accepted
HOURS..... Everyday from 8am to 8pm

We help people plan for their end-of-life and help select the most cost-effective arrangements. We provide assistance in obtaining cremations or funerals at a reasonable cost, probably the lowest cost in the greater Houston area (even over 100 miles away). It is very desirable to contact us in advance; once the deceased is sent to a funeral home it can be very expensive to move to another funeral home.

Information and Education regarding requirements and options in making near-death and after-death arrangements; Consumer Protection through education, legislation and action. Forms to pre-plan your wishes regarding near-death and after death arrangements; Speakers Bureau: we have experienced speakers available to speak to your Church, Civic, or Professional Group; "Before I Go, You Should Know" end-of-life planning kit: comes with state specific Directive to Physicians and Surrogates (Living Will) and Durable Medical Power of Attorney, plus a fill-in-the-blanks booklet for your funeral plans; Volunteer Opportunities: we always need volunteers with office and computer skills as well as Board Members and Board Advisors. Can refer to Spanish speaking funeral homes as well as other languages.

Harris County Burial Assistance: (713) 696-1952

Podemos proveer referencias sobre funerarios con personal hispanohablante y otros lenguajes.



GAY AND LESBIAN SWITCHBOARD OF HOUSTON

24 Hours (713) 529-3211
LEGEND..... All, Free

24 hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.

GLOBAL COUNSELING AND TESTING



10055 Belknap, Suite 208
Sugar Land, TX 77498

MAIN.....(832) 244-8769
FAX.....(832) 879-8207
WEB..... globalcounselingandtesting.com

CITY SECTION..... Southwest
NEIGHBORHOOD..... Sugar Land
LEGEND..... All, Medicaid, Ins, Appt req
HOURS..... Monday-Friday, 9am to 5pm

We provide a wide range of counseling services addressing ADHD, PTSD, depression, anxiety, domestic violence and other psychiatric disorders, in addition to psychological testing, therapy for sexual abuse, sex offenders and chemical dependency.

GOOD SHEPHERD MISSION



1005 Avenue F (M.L.K.)
Huntsville, TX 77320

Mailing Address:
P.O. Box 7281
Huntsville, TX 77342

MAIN.....(936) 291-8156
FAX.....(936) 291-9338
THRIFT STORE.....(936) 291-9375
WEB..... www.walkercountyonline.com/org/mission
EMAIL..... mission@walkercountyonline.com

CITY SECTION..... North
NEIGHBORHOOD..... Huntsville
AREA SERVED..... Walker County
LEGEND..... All , Free/\$5, Walk-ins, CD
HOURS..... 9am to 3pm

Provides food, clothing and temporary shelter (average of 850 bed uses monthly) to indigent locals and transients by serving two hot meals daily at noon and 6pm (the mission serves over 1,700 hot meals each month), operating the local food bank (the mission provides groceries to 120 households each week), offering two Thrift Stores for low cost shopping or vouchers for free clothing (the mission Gives out over 5,000 articles of clothing, coats, and household items each month). Other services include providing limited prescription assistance (antibiotics) and travel-aid vouchers. Faith-based counseling (crisis intervention, marital, addiction rehabilitation, grief, spiritual) is available by appointment.

Substance abuse recovery program: H.O.P.E. House (Healing, Open, Personalized Environment) is a 9 month holistic (MIND/BODY/SOUL) therapeutic program in collaboration with S.H.S.U. Counseling Dept. The program is limited to 12 participants. Must be able to go upstairs, no sex offenders. Not a medical or mental health facility.

Ofrece alimento, ropa, y refugio temporario (850 camas por mes) a personas indigentes locales y transitorias. Se ofrece dos comidas calientes diarias, 12pm y 6pm (la misión proporciona más de 1,700 por mes), tienda de alimentos (la misión provee a 120 familias por semana), dos tiendas de ropas de compra económica o con comprobante a recibir ropa gratis (la misión provee más de 5,000 artículos de casa, ropa, y abrigos por mes). . Otros servicios incluyen asistencia limitada de recetas médicas (antibióticos) y comprobante para transporte; también se ofrece por cita consejería de base religiosa (intervención de crisis, matrimonio, rehabilitación de adicción, pesar, espiritual).

Programa de recuperación del abuso de sustancias: Casa H.O.P.E. tiene un ambiente hospitalario, personal y sanador y ofrece un programa comprensivo terapéutico (mente, cuerpo, espíritu) de 9 meses en colaboración con el departamento de consejería de S.H.S.U. El programa está limitado a 12 participantes (debe ser hábil en subir escaleras). No se acepta delincuentes sexuales. No es una localidad médica o mental.

GOODWILL INDUSTRIES OF HOUSTON



2411 Bay Area Boulevard
Houston, TX 77058

MAIN.....(713) 692-6221
FAX.....(713) 699-6307
WEB..... www.goodwillhouston.org

Goodwill Industries of Houston provides education, training and job opportunities to people with disabilities and other barriers to employment (including, but not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases), improving the lives of individuals, families and communities.

Project Good Hope



2520 Brun Road
Houston, TX 77019

MAIN.....(713) 590-3123
CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
AREA SERVED..... Houston
LEGEND..... M, W, **HIV+ only** and their families
HOURS..... Monday-Friday, 8am to 4:30pm
BUS ROUTES..... 81, 82
NEED FOR INTAKE..... Photo ID, Proof of eligibility to work in the US, HIV status or family member's HIV status, and Household income

Through Project Good Hope (PGH), Goodwill Houston will place low-income, HIV positive persons and their families into employment and will help them retain such

employment as an important milestone on the road to self-sufficiency. PGH's goal is to connect clients with case management, counseling, legal services, referrals, vocational training, life skills training, work readiness training, job search assistance, on-the-job assistance and supportive services, such as transportation and clothing. PGH staff will not tell employers about client's HIV status.

A través de proyecto Good Hope (PGH), Goodwill de Houston colocará en empleos a las personas de bajos ingresos, viviendo con el VIH y a sus familiares. Asimismo, los ayudarán a retener dichos empleos como un paso importante hacia la autosuficiencia. La meta del PGH es el de proveer a los clientes la administración de casos, consejería, servicios legales, referencias, entrenamiento vocacional y para enfrentar destrezas de la vida diaria, entrenamiento para la disposición de trabajo, asistencia en la búsqueda de trabajo y asistencia en el trabajo. Además, los servicios incluyen transportación y prendas de vestir. Los empleados del PGH no informarán a los empleadores el estado del VIH del cliente.

GULF COAST CENTER, THE RECOVERY PROGRAM



123 Rosenberg, 6th floor
Galveston, TX 77550

MAIN.....(409) 944-4337
FAX.....(409) 944-4351
24 HOUR CRISIS.....(866) 729-3848
WEB.....www.gcmhmr.com

CITY SECTION.....Southeast
NEIGHBORHOOD.....Galveston
AREA SERVED.....Galveston, Brazoria and southeast
Harris counties
LEGEND.....M, W, Fam, Free, S\$, Walk-ins, CD
HOURS.....Monday-Thursday, 8am to 10pm;
Friday 8am to 12pm

Dual Diagnosis program provides case management for clients with co-existing mental health and substance abuse problems.

HIV Early Intervention (HEI) includes case management, support groups, prescription vouchers and individual counseling. Clients must be HIV+ and have a history or diagnosis of substance abuse problems.

HIV Outreach program includes community outreach, HIV testing, prevention education and materials, risk reduction and referrals.

The Recovery Program provides a full continuum of available substance abuse treatment services from hospital detox, residential and outpatient programs.

GULF COAST COMMUNITY SERVICES ASSOCIATION



Central Service Center
9320 Kirby Drive
Houston, TX 77054

MAIN.....(713) 393-4700
WEB.....www.gccsa.org

EMAIL.....services@gccsa.org

CITY SECTION.....Central
NEIGHBORHOOD.....Greenway Plaza
AREA SERVED.....Harris County
LEGEND.....All, Free (income guidelines for most services), Appt req/Walk-ins, Esp

HOURS.....Monday-Friday, 8am to 5pm
BUS ROUTES.....18
NEED FOR INTAKE.....Proof of residency and income

GCCSA is a 501(c)(3) Community Action Agency dedicated to strengthening the educational, social and economic well-being of individuals and families by administering high-quality programs and services designed to educate, equip and empower as they transition out of an economically distressed condition into a state of self-sufficiency and independence. GCCSA has a myriad of programs to address the various needs affecting Harris County's residents in poverty-related situations.

Back to School Program: The No Diamond Left Behind Program provides school supply gift cards and clothing gift cards to assist families with the cost school-readiness items.

Bus Passes: bus passes for individuals to access travel for the purpose of employment and GCCSA continuing education.

Case Management: Service Specialists are trained and experienced in making referrals and providing linkage to various services including but not limited to: Legal Services, Homeless Shelters, Drug Treatment, Mental Health Assistance and Health Care.

Community Learning Center: educational services that increase basic academic skills of youth and adults. The programs offered are as follows: English as a Second Language Class; Spanish as a Second Language; Adult Basic Education Class; General Education Diploma Class; Money Management Workshops; Workforce Development Workshop; Entrepreneurship Workshop; Nutrition Workshop; Secondary Education Workshop; Family Literacy Workshop (Seasonal); Homeownership Workshop; Homebuyer Education Seminar; Computer Literacy Class; The Here and Now Program (for single mothers); and The Tomorrow is Today Program (Re-Entry Program for men recently released from prison).

Employment Skills: The Brooks Program provides access to invitation-only job fairs and hiring events for clients. Clients must complete a Workforce Development Class to get access to this service.

Food Pantry: The Good Neighbor Program provides emergency food assistance to families and individuals.

Furniture: The Furniture Shop Program provides vouchers through the Houston Furniture Bank.

Head Start and Early Head Start: GCCSA Head Start and Early Head Start serves children (ages 0-5) and their families in the Southeast Houston Area, East End, Third Ward and Pasadena at 28 Head Start centers and one Early Head Start center.



Home Safety: The Home Remedy Program is specifically for seasoned citizens and people with disabilities. GCCSA provides minor installations and home modifications to make homes safer and more accessible to clients.

Housing Counseling/Home Assistance Program: The GCCSA Housing Department provides comprehensive housing services including home buying education classes, predatory lending counseling, tenant advocacy, Fair Housing Act outreach and comprehensive housing counseling.

Individual Development Account: This program is a savings incentive program that provides a monetary match for the purchasing of assets in the areas of entrepreneurship, home ownership and education. Services include Money Management Training, Business Development Workshops, Tax Preparation and facilitation of small business loan applications.

Prescription Vouchers: GCCSA provides vouchers to clients to assist with their prescription needs.

Rent/Mortgage/Utility Assistance: The Pay Myself Back Program provides emergency financial assistance to clients facing eviction and loss of utility service. The Care Program is a utility assistance program for Reliant Energy clients only. Clients do not need to have a disconnect notice for this service. The Neighbor to Neighbor Program is a utility assistance program for Direct Energy clients only. Clients do not need to have a disconnect notice for this service.

Transportation: The Progressive Movement Program provides transportation vouchers to seniors and people with disabilities.

Tax Assistance: Free tax assistance to clients between February 1st and April 15th through the Volunteer Income Tax Assistance Program.

Youth Services: The EYES Program is a youth development program designed to enhance the progressive behaviors of youth in at-risk circumstances. The following services are provided: Math Camp provides math tutoring to students between third grade and twelfth grade; Youth Savings Incentive Program provides a 1:1 match up to \$250 for students-the student will have \$500 dollars to apply towards a progressive asset; Leadership Academy provides an array of exposure to students including a community service legacy project; and Essay Contest and Spelling Bee provide activities focused on grammatical and literary progression

Asistencia con el regreso a la escuela, fichas para el METRO, administración de casos; vestimenta de emergencia, ESL y GED, despensa de alimentos, servicios para ancianos; vivienda, desarrollo individual de ahorro, información y referencias, en la búsqueda de empleo, referencias de empleo, vales para recetas médicas, renta/hipoteca, y transportación.

HARMONY HEALTH RECOVERY CENTER



602 Girard
Houston, TX 77007

MAIN (713) 237-1765
FAX (713) 237-1715
CITY SECTION Central
NEIGHBORHOOD Downtown
LEGEND . . . M, Free, Lim, CD, Documented homeless & TB

Services provided include case management, day programs, respite care (up to one year), employment and training, short term housing, nutrition and wellness, social support and activities, peer counseling, 12-step programs, transportation, and volunteer opportunities. Intake M-F, 10am to 4pm.

Harmony House Respite Center

LEGEND Men, Free, Lim

Services provided include case management, respite care (up to 1 year), employment, short term housing, nutrition and wellness, social support and activities, transportation, medical clinic on site, LCDC and counseling services, laundry, and food. Must be documented homeless and have referral from healthcare facility or clinic and recovering from an injury or medical illness as primary diagnosis, HIV/AIDS secondary. Must be able to care for self. Intake M-F, 10am to 4pm.

HARRIS COUNTY BURIAL ASSISTANCE

MAIN (713) 696-1952

HARRIS COUNTY HOUSING RESOURCE CENTER

24 HOURS (713) 578-2055
RESOURCE NAVIGATORS: (713) 696-1998
FAX (713) 578-2250
WEB www.hrc.hctx.net
EMAIL hrc@hctx.net

AREA SERVED Harris County
LEGEND All, Free, Esp

The Harris County Housing Resource Center is an easily accessible clearing house that contains the latest information on all federal, state and local programs aimed at helping low income residents with things like rent subsidies, home repairs, temporary housing, utility bills and down-payment assistance. The resource center also has the latest information on all public and private sector programs dedicated to helping Harris County's homeless population. Resource navigators are available to answer questions at (713) 696-1998 or navigator@csd.hctx.net.

The phone line has information available in English, Spanish and Vietnamese. The information on the Internet can also be viewed, downloaded and printed in several different languages.

El Centro de Recurso para la Vivienda del Condado Harris es un centro informativo fácilmente accesible

que contiene la información más reciente sobre los programas federales, estatales y locales dedicados a ayudar a los residentes con bajos ingresos con subsidios para el alquiler, reparación de casas, alojamiento temporario, cuentas de utilidad y ayuda hacia el pago del depósito. El centro también tiene información al día sobre programas del sector público y privado dedicados a ayudar a la población sin vivienda del Condado Harris. Navegantes de recursos están disponibles para contestar preguntas por teléfono al (713) 696-1998 o por correo electrónico en navigator@csd.hctx.net.

La línea telefónica tiene información disponible en inglés, español y vietnamita y la red electrónica dispone de información en varios idiomas.

HARRIS COUNTY PUBLIC HEALTH SERVICES

Main Office
2223 West Loop South
Houston, TX 77027

MAIN.....(713) 439-6000
FAX.....(713) 439-6080
WIC:.....(713) 439-6145
WEB.....www.hcphes.org

Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris county; provision of personal health services to eligible individuals that include family planning, immunizations, nutrition programs, well-child programs, risk factor screening and refugee health.

Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos y servicios para la salud de los refugiados.

HARRIS COUNTY PUBLIC HEALTH CLINICS

AREA SERVED.....Harris County
LEGEND..... All, S\$, Ins, Med, Appt req, Esp

Immunizations, family planning services for teens and adults, health education and prevention, screening and treatment of sexually transmitted diseases, tuberculosis (TB) screening/contact investigation/follow-up and Directly Observed Therapy, HIV counseling and testing, case management/social services, dental care and WIC.

Inmunizaciones, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, pruebas de tuberculosis (TB)/

investigación de personas en contacto/seguimiento y terapia directa observada (conocido en inglés como DOT, Directly Observed Therapy), análisis y consejería de VIH, administrador de casos, servicios sociales, cuidado dental, y el programa de nutrición para mujeres/bebes y niños (WIC).

Antoine Health Clinic

5815 Antoine, Suite A
Houston, TX 77091

MAIN.....(713) 602-3300
FAX.....(713) 602-3374

CITY SECTION..... Northwest
NEIGHBORHOOD..... Inwood Forest
HOURS.... Monday, Wednesday & Friday, 8am to 5pm
BUS ROUTES..... 45, 85

Immunizations and family planning.

Inmunizaciones y servicios de planificación familiar.

Baytown Health Clinic

1000 Lee Drive
Baytown, TX 77520

MAIN.....(281) 427-5195
FAX.....(281) 427-1785

CITY SECTION..... East
NEIGHBORHOOD..... Baytown
HOURS.... Tuesday and Thursday, 8am to 5pm

Immunizations and family planning.

Inmunizaciones y servicios de planificación familiar.

Humble Health Clinic

1730 Humble Place Drive
Humble, TX 77338

MAIN.....(281) 446-4222
FAX.....(281) 446-9563

CITY SECTION..... North
NEIGHBORHOOD..... Humble
HOURS.... Tuesday and Thursday, 8am to 5pm

Immunizations and family planning.

Inmunizaciones y servicios de planificación familiar.

Southeast Health Clinic

3737 Red Bluff
Pasadena, TX 77503

MAIN.....(713) 740-5000
FAX.....(713) 740-5110

CITY SECTION..... Southeast
NEIGHBORHOOD..... Pasadena
HOURS.... Monday, Wednesday & Friday, 8am to 5pm

Immunizations and family planning.

Inmunizaciones y servicios de planificación familiar.

HARRIS COUNTY WIC PROGRAM

APPOINTMENTS (713) 407-5800
AREA SERVED Harris County
LEGEND Free, Pregnant, postpartum &
breastfeeding women, C (0-5 yrs), Esp

NEED FOR INTAKE Appointment, ID, Proof of
residency and income

Women, Infants and Children (WIC) is a nutrition program sponsored by the Texas Department of State Health Services which helps pregnant women, new mothers and young children eat well, learn about nutrition and stay healthy. WIC provides nutrition education and counseling, nutritious foods and access to health care for low-income women, infants and children through it's Special Supplemental Nutrition Program. Eligible mothers can also receive breast pumps, breastfeeding supplies and peer-to-peer counseling through the WIC program. WIC is an Equal Opportunity Provider.

Women, Infants and Children (WIC) es un programa nutricional del Departamento Estatal de Servicios de la Salud de Texas que ayuda a mujeres embarazadas, madres nuevas, y niños/niñas a que reciban buena alimentación, conozcan de la buena nutrición, y se mantengan saludables. WIC ofrece educación nutricional y consejería, alimentos nutritivos y acceso al cuidado de la salud a las mujeres de bajos recursos, mediante el programa especial de nutrición suplementaria. Las madres elegibles reciben bomba de pecho, y otras provisiones para extraer la leche materna, consejería y apoyo de otras madres. WIC es un programa de igualdad de oportunidades.

Antoine WIC Center

5815 Antoine
Houston, TX 77091

APPOINTMENTS (713) 407-5800

CITY SECTION Northwest
NEIGHBORHOOD Inwood Forest
HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm,
Thurs after 3rd Sat 8am-2pm; closed Fri after 3rd Sat

BUS ROUTES 45, 85

Bear Creek WIC Center

16233 Clay Road, Suite 318
Houston, TX 77084

APPOINTMENTS (713) 407-5800

CITY SECTION West
NEIGHBORHOOD Bear Creek/Highway 6
HOURS Mon-Thurs 8am-7pm; Fri 8am-2pm;
3rd Sat 8am-5pm; Thurs after 3rd Sat 8am-2pm;
closed Fri after 3rd Sat

Decker Drive WIC Center

4128 Decker Drive
Baytown, TX 77521

APPOINTMENTS (713) 407-5800

CITY SECTION Southeast
NEIGHBORHOOD Baytown
HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm,
Thurs after 3rd Sat 8am-2pm; closed Fri after 3rd Sat

Emerald Plaza WIC Center

11509 Veterans Memorial Dr., Suite 400
Houston, TX 77067

APPOINTMENTS (713) 407-5800

CITY SECTION Northwest
NEIGHBORHOOD
HOURS Mon-Thurs 8am-7pm; Fri 8am-2pm;
3rd Sat 8am-5pm; Thurs after 3rd Sat 8am-2pm;
closed Fri after 3rd Sat

BUS ROUTES 108

Fallbrook WIC Center

14901 SH 249 Tomball Pkwy, Suite 107
Houston, TX 77086

APPOINTMENTS (713) 407-5800

CITY SECTION Northwest
NEIGHBORHOOD Willowood
HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm;
Weds after 3rd Sat 10am-7pm; closed Fri after 3rd Sat

BUS ROUTES 44

Humble WIC Center

8950 Will Clayton Pkwy, Suite A
Humble, TX 77338

APPOINTMENTS (713) 407-5800

CITY SECTION Northeast
NEIGHBORHOOD Humble
HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm;
Weds after 3rd Sat 10am-7pm; closed Fri after 3rd Sat

Pasadena WIC Center

908 E. Southmore, Suite 300
Pasadena, TX 77502

APPOINTMENTS (713) 407-5800

CITY SECTION Southeast
NEIGHBORHOOD Pasadena
HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm; Weds
after 3rd Sat 10am-7pm; closed Fri after 3rd Sat

Red Oak WIC Center

830 FM 1960 West, Suite 17
Houston, TX 77090

APPOINTMENTS (713) 407-5800

CITY SECTION North
NEIGHBORHOOD Bammel
HOURS Mon-Thurs 8am-7pm; Fri 8am-2pm;

3rd Sat 8am-5pm; Thurs after 3rd Sat 8am-2pm;
closed Fri after 3rd Sat

BUS ROUTES 86

Scarsdale WIC Center



10851 Scarsdale Boulevard, Suite 116
Houston, TX 77089

APPOINTMENTS (713) 407-5800

CITY SECTION Southeast

NEIGHBORHOOD Ellington/South Belt

HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm;
Weds after 3rd Sat 10am-7pm; closed Fri after 3rd Sat

BUS ROUTES 88

Shaver WIC Center



152 Fairmont Parkway
Pasadena, TX 77504

APPOINTMENTS (713) 407-5800

CITY SECTION Southeast

NEIGHBORHOOD Pasadena

HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm; Weds
after 3rd Sat 10am-7pm; closed Fri after 3rd Sat

Southeast WIC Center



3737 Red Bluff
Pasadena, TX 77503-3307

APPOINTMENTS (713) 407-5800

CITY SECTION Southeast

NEIGHBORHOOD Pasadena

HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm; Weds
after 3rd Sat 10am-7pm; closed Fri after 3rd Sat

Tomball WIC Center



701 East Main St., Suite 145B
Tomball, TX 77375

APPOINTMENTS (713) 407-5800

CITY SECTION Northwest

NEIGHBORHOOD Tomball

HOURS Mon & Weds 8am-7pm; Tues 10am-7pm;
Thurs & Fri 8am-2pm; 3rd Sat 8am-5pm; Weds
after 3rd Sat 10am-7pm; closed Fri after 3rd Sat

HARRIS COUNTY RIDES

See RIDES

HARRIS COUNTY SHERIFFS OFFICE

1200 Baker Street
Houston, TX 77002-1206

MAIN (713) 755-9252

FAX (713) 755-1246

WEB www.hcso.hctx.net

CITY SECTION Central

NEIGHBORHOOD Downtown

LEGEND M, W, Free, Incarcerated, Esp

Early Intervention Services for the Incarcerated

HCSO provides Early Intervention Services for inmates in the Harris County Jail. Services include assessment, education regarding disease and treatment, education and skills building to increase health literacy, establishment of THMP/ADAP eligibility (as applicable), care coordination with medical resources within the jail and service providers outside the jail, and discharge planning.

HCSO provee servicios de intervención temprana para presos en la cárcel del Condado Harris. Servicios incluyen asesoramiento, educación sobre enfermedades y tratamientos, educación sobre el mantenimiento de una buena salud, elegibilidad de THMPIADAP, coordinación del cuidado de los recursos médicos dentro de la cárcel y con proveedores de servicios fuera de la cárcel, y ayuda con planes al estar en libertad.

HARRIS HEALTH SYSTEM

2525 Holly Hall
Houston, TX 77054

MAIN (713) 873-4000

FAX (713) 873-4052

APPOINTMENTS: (713) 526-4243

WEB www.harrishealth.org

AREA SERVED Harris County

For appointment information, please call 713-526-4243. Please arrive 30 minutes before your appointment, and have all of your current medications and ID with you. Parking at the health centers is free.

Acres Home Health Center



818 Ringold Street
Houston, TX 77088

MAIN (281) 448-6391

CITY SECTION Northwest

NEIGHBORHOOD Acres Home

LEGEND All, S\$, Med

HOURS Monday-Friday, 8am to 5pm

BUS ROUTES 40, 64

Adult and pediatric outpatient primary care, adult dentistry, ophthalmology and podiatry; on-site laboratory, pharmacy and x-ray services, as well as nutrition and health education, counseling and social services.

Aldine Health Center



4755 Aldine Mail Route
Houston, TX 77039

MAIN (281) 985-7600

FAX (281) 985-7620

CITY SECTION Northeast

NEIGHBORHOOD Aldine

LEGEND Fam, All, Free, S\$, Med, Walk-ins

HOURS Monday-Friday, 8am to 5pm;

Saturday 6:45am to 3:30pm

BUS ROUTES 6, 59

Outpatient primary care, dental care, mammography services, midwifery and OB/GYN, podiatry and psychiatry; on-site laboratory, pharmacy and x-ray services, nutrition and health education and an array of other counseling and social services.

Baytown Health Center



1602 Garth Road
Baytown, TX 77520

MAIN..... (281) 427-6757

CITY SECTION..... East

NEIGHBORHOOD..... Baytown

LEGEND..... All, Walk-ins, Free S\$, Med

HOURS..... Monday-Friday, 7am to 5pm

Outpatient primary care, ophthalmology, OB/GYN, podiatry, psychiatry and behavioral counseling, radiology, on-site laboratory and pharmacy services, as well as nutrition and health education.

Ben Taub General Hospital



1504 Taub Loop
Houston, TX 77030

MAIN..... (713) 873-2000

HIV TESTING..... (713) 873-2649

CITY SECTION..... Central

NEIGHBORHOOD..... Medical Center

LEGEND..... All, Walk-ins, S\$, Med

HOURS..... 24 hours

BUS ROUTES..... 1, METRO Light Rail

Inpatient medical care. HIV counseling and testing is available Monday 9am to 11:30am and Tuesday, Thursday and Friday 1pm-2:30pm, no appointment necessary.

Casa de Amigos Health Center



1615 N. Main Street
Houston, TX 77009

MAIN..... (713) 222-2272

CITY SECTION..... Central

NEIGHBORHOOD..... Near Northside

LEGEND..... All, Walk-ins, Free S\$, Med

HOURS..... Monday-Friday, 6:45am to 4pm

BUS ROUTES..... 1, 5, 9, 15, 24, 52, 60, 78

Outpatient primary care, OB/GYN, ophthalmology and psychiatry, on-site laboratory and pharmacy services, nutrition and health education, counseling and other social services.

Dental Center



5230 Griggs Road
Houston, TX 77021

MAIN..... (713) 757-0572

APPOINTMENTS:..... (713) 526-4243

CITY SECTION..... Central

NEIGHBORHOOD..... OST/South Union

LEGEND..... All, S\$, Med, Referral req

HOURS..... Monday-Friday, 8am to 5pm

BUS ROUTES..... 5, 77

Harris Health System's Dental Center and eight health centers - Aldine, Acres Home, El Franco Lee, Gulfgate, MLK, Settegast, Strawberry and Vallbona - serve the preventive and restorative dental care needs of Harris County residents. Aldine and Vallbona Health Centers offer pediatric dental service on Saturdays from 8am to 1pm.

Harris Health provides an array of dental services, including regular examinations, cleanings, fillings and extractions, as well as full and partial dentures. Dental treatment is offered on a referral basis only. Individuals needing dental treatment are referred by their primary care physician.

Gulfgate Health Center



7550 Office Center Drive
Houston, TX 77012

MAIN..... (713) 495-3700

CITY SECTION..... Central

NEIGHBORHOOD..... Pecan Park

LEGEND..... All, Walk-ins, Free S\$, Med

HOURS..... Monday-Friday, 8am to 5pm;

Saturday 7am to 3pm

BUS ROUTES..... 36

Outpatient primary care, OB/GYN, dental and psychiatry; on-site pharmacy, laboratory and x-ray services, nutrition and health education, counseling, and other social services.

Lyndon B. Johnson General Hospital



5656 Kelley Street
Houston, TX 77026

MAIN..... (713) 566-5100

HIV Testing..... (713) 566-2178

CITY SECTION..... North

NEIGHBORHOOD..... Kashmere Gardens

LEGEND..... All, Walk-ins, S\$, Med

HOURS..... 24 hours

BUS ROUTES..... 1, 80

Inpatient medical care. HIV counseling and testing available Monday, Tuesday, Thursday and Friday 9am to 12pm.

**Northwest Community Health Center
Early Intervention Program**



1100 West 34th Street
Houston, TX 77018

MAIN..... (713) 861-3939

FAX..... (713) 867-7819

HIV TESTING..... (713) 873-4157

CITY SECTION..... Northwest

NEIGHBORHOOD..... Oak Forest/Garden Oaks

LEGEND..... M, W, Free, S\$, Med,

Appt/Walk-ins, **HIV+ only**

HOURSMonday-Thursday, 8am to 10pm;
Friday 8am to 5pm
BUS ROUTES 23, 50
NEED FOR INTAKE None for HIV test.

Outpatient primary care, OB/GYN, ophthalmology, podiatry and psychiatry, as well as HIV counseling and testing and case management of HIV/AIDS. The center also provides on-site counseling, laboratory, pharmacy and nutrition and health education services.

People’s Health Center

See Vallbona Health Center

Settegast Health Center

9105 North Wayside
Houston, TX 77028



MAIN (713) 636-7192
FAX (713) 636-7193
CITY SECTION East
NEIGHBORHOOD East End
LEGEND Fam, All, S\$, Med, Appt/Walk-ins, Esp
HOURS Monday-Friday, 7:30am to 5pm
BUS ROUTES 77, 45

Outpatient primary care and geriatric care, HIV counseling, optometry, podiatry, psychiatry, laboratory, nutrition and health education, and pharmacy services.

Cuidado primario para pacientes externos y cuidado geriátrica, análisis del VIH, optometría, podiatría, psiquiatría, consejería, laboratorio, educación sobre.

Strawberry Health Center

927 E. Shaw Road
Pasadena, TX 77506



MAIN (713) 477-6851
CITY SECTION Southeast
NEIGHBORHOOD Pasadena
LEGEND All, Walk-ins, Free, S\$, Med
HOURS Monday-Thursday, 7:30am to 6pm;
Friday 7:30am to 4:30pm

Outpatient primary care, OB/GYN, breast health, ophthalmologic, podiatric, psychiatry, on-site pharmacy and laboratory services, nutrition and health education, counseling, and other social services.

Thomas Street Health Center (TSHC)

2015 Thomas Street
Houston, TX 77009



MAIN (713) 873-4000
FAX (713) 873-4052
HIV TESTING (713) 873-4157
CITY SECTION Central
NEIGHBORHOOD Near Northside
LEGEND M, W, Free, S\$, Med, **HIV+ only**,
Appt req, Walk-ins, Esp

HOURS Monday-Friday, 7:30am to 4pm
BUS ROUTES 9, 24, 37, 52
NEED FOR INTAKE None for HIV test.

Outpatient primary care, OB/Gyn services, pharmacy, physical therapy, nutrition services/counseling, social services, psychiatry, education, case management, clinical trials access, HIV testing and counseling (Monday, Tuesday, Thursday and Friday 7:30am to 8:30pm, Wednesday 7:30am to 12pm), support groups.

Cuidado primario para pacientes externos, servicio obstétrico y ginecológico, farmacia, terapia física, servicios de nutrición, servicios sociales, psiquiatría, educación, administración de casos, acceso a pruebas clínicas, análisis y consejería del VIH (lunes, martes, jueves y viernes de 7:30am to 8:30pm, miércoles 7:30am to 12pm), grupos de apoyo.

TSHC - Adolescent Program

MAIN (713) 873-4100
LEGEND Y, Free, S\$, Med, **HIV+ only**, Esp
HOURS Monday-Friday, 7:30am to 4pm

Outpatient primary care; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

TSHC - Women’s Program

MAIN (713) 873-4511
LEGEND W, Free, S\$, Med, **HIV+ only**, Esp
HOURS Monday-Friday, 8am to 4pm

OB/Gyn services; medication access and information; social services; education; case management; pharmacy; support groups; HIV counseling and testing.

Cuidado primario de obstetricia/ginecología, acceso a medicamentos e información, servicios sociales, educación, administración de casos, farmacia, grupos de apoyo, consejería y análisis del VIH.

Vallbona Health Center

(formerly People’s Health Center)
6630 DeMoss
Houston, TX 77074



MAIN (713) 272-2600
CITY SECTION Southwest
NEIGHBORHOOD Sharpstown
LEGEND All, Walk-ins, Free, S\$, Med
HOURS Monday-Friday, 8am to 5pm
BUS ROUTES 2, 9

Outpatient primary care, dentistry, OB/GYN, mammography, podiatry and psychiatry; on-site laboratory, pharmacy and x-ray services, as well as a variety of counseling, nutrition and health education, and other social services.

HATCH

The Montrose Center
401 Branard Street, 2nd Floor
Houston, TX 77006

MAIN..... (713) 529-3590
FAX..... (713) 526-4367

WEB..... www.hatchyouth.org
EMAIL..... info@hatchyouth.org

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
LEGEND..... Y, Free, Walk-ins
BUS ROUTES..... 78

Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to become positive contributors to the community. Come hang out or participate - youth meetings every Tuesday at 5 p.m., every Friday at 7 p.m. and every Sunday at 6 p.m.

HEALTH INFORMATION HOTLINE (CDC)

MAIN..... (800) CDC-INFO
TTY..... (888) 232-6348
WEB..... www.cdc.gov
EMAIL..... cdcinfo@cdc.gov
LEGEND..... All, Free, Esp
HOURS..... Monday-Friday, 9am to 9pm (CST)

The Centers for Disease Control operates an info line to answer questions regarding HIV/AIDS and how to protect yourself. The website includes HIV information by population as well as Questions & Answers, Fact Sheets, Brochures, Slide Sets, Podcasts, Software, Journal Articles, Newsletters, Reports and Recommendations & Guidelines.

El Centro de Control de Enfermedades administra una línea telefónica donde se contestan preguntas del público sobre el VIH/SIDA y como protegernos. El sitio web incluye información por población, preguntas y respuestas, folletos, equipo de diapositivos, Podcasts, programas, periódicos, boletín de noticias, reportes, recomendaciones, y guías.

HEALTHCARE FOR THE HOMELESS-HOUSTON

Mailing Address:
P.O. Box 66690
Houston, TX 77266

MAIN..... (713) 276-3073
FAX..... (713) 739-1233
WEB..... www.homeless-healthcare.org

CITY SECTION..... Central
LEGEND..... All, Homeless, Free, Walk-in, Med
NEED FOR INTAKE..... Proof of homelessness

The mission of HHH is to promote health, hope and dignity for Houston's homeless through accessible and comprehensive care. For thousands of Houston's homeless men, women and children we provide a



community-oriented, primary care setting where they can address a wide variety of medical needs. We are the city's largest private healthcare provider of services exclusively designed for this vulnerable and marginalized population.

Services include primary care, psychiatry, mental health and substance abuse counseling, TB and STD testing, vision assistance, health education, case management, pharmacy, and information and referrals.

Cathedral Clinic



1212 Prairie
Houston, TX 77002

HOURS . . . Monday-Wed 8am to 5pm, Fri 8am to 12pm,
Sat 8am to 12pm, Sun HOMES student-run
clinic 9am to 1pm

BUS ROUTES 1, 5, 6, 9, 11, 15, 20, 24, 30, 52, 60,
66, 77, 80; Project Access bus; 2 blks from
METRO Light Rail

SEARCH Clinic



2505 Fannin Street
Houston, TX 77002

HOURS . . . Monday-Thurs 8am to 5pm, Fri 8am to 12pm
BUS ROUTES 1, 11, 9, 52, 78, METRO Light Rail

HEALTHWAYS SERVICES



13831 Northwest Freeway, Suite 171
Houston, TX 77040

Mailing Address:
P.O. Box 41214
Houston, TX 77241

MAIN..... (832) 722-2085
FAX..... (832) 504-9500
TOLL FREE..... (888) 340-1116
TOLL FREE FAX..... (877) 700-5058
WEB..... healthwayservices.org
EMAIL..... info@healthwayservices.org

CITY SECTION..... Northwest
NEIGHBORHOOD Fairbanks/Northwest Crossing
LEGEND..... All, Free, S\$, Flat, Ins, Appt req

HOURS Monday-Friday 8:30am to 5pm
NEED FOR INTAKE Social Security card, Photo ID,
Medical verification, Award letters,
Proof of income & residence

Project S.T.O.P.

Counseling, assessment and evaluation; vocational services; earnings capacity evaluations; domestic violence intervention; anger management therapy; substance abuse treatment; DWI intervention; anti-theft intervention; HIV/AIDS and STD education; parenting classes; social security claims; worker's compensation claims; Veteran disability/survivor benefits; life care planning; expert testimony; litigation support; catastrophic case evaluation and management; medical record review and assistive technology evaluations.

HEIGHTS-STUDEWOOD PHARMACY



427 West 20th Street, Suite 105
Houston, TX 77008

MAIN..... (713) 869-2225
FAX..... (713) 869-0088
EMAIL.....studewoodpharmacy@sbcglobal.net
CITY SECTION..... Central
NEIGHBORHOOD..... Heights
LEGEND..... All, **HIV+ only**, Walk-ins, CD, Esp
HOURS..... Monday-Friday, 9am to 5:30pm
BUS ROUTES..... 34, 66

Full line prescription only pharmacy located centrally in Houston, inside a medical professional building. Free delivery within a 5 mile radius. Free mail order available. Accepts Texas HIV Medication program (ADAP) assignments; works with Legacy Community Health Services to provide copay reduction.

La única farmacia ubicada en el centro de Houston en un edificio profesional médico que ofrece una línea completa de recetas médicas. Reparto gratis dentro del radio de 5 millas. Envío por correo sin costo. Se acepta ADAP; participa con Legacy Community Health Services para reducir el costo del copago.

HOSPICE CARE TEAM



1708 Amburn Road, Suite C
Texas City, TX 77591

24 HOURS.....(409) 938-0070
FAX.....(409) 938-1509
TOLL FREE.....(800) 545-8738
WEB.....www.hospicecareteam.org
CITY SECTION..... Southeast
NEIGHBORHOOD..... Texas City
AREA SERVED..... Galveston, Brazoria & Southeast Harris counties

Bereavement Services

LEGEND.....All, Free, Appt req
HOURS.....Varies by group
NEED FOR INTAKE..... Call for intake

HCT offers bereavement services to survivors. Individual and bereavement support groups are offered at various times and locations. Childs grief workshops are held in May, June and December. Camp Erin-Houston is available in July. Mother's Retreat for grieving mothers is held annually.

Hospice Services

LEGEND.... All with terminal diagnosis, Appt/Walk-ins, Med, S\$, Ins, CHIP
HOURS..... Monday-Friday, 8am to 5pm; on-call nights/weekends
NEED FOR INTAKE.. Must have doctor's order to admit
HCT provides medical, emotional, spiritual and bereavement services to individuals facing a life-limiting illness and their families. Services are provided wherever patients are spending their final days, whether in their own home, in a family member's home, hospital or in a nursing home. The hospice team helps patients live out their final days with dignity and with as much physical

comfort as possible. Nurses are available 24 hours a day 7 days a week. Services are provided to all individuals that meet the criteria for hospice and their families regardless of ability to pay.

HOUSTON AREA COMMUNITY SERVICES (HACS)

WEB.....www.hacstxs.org
EMAIL.....info@hacstxs.org

Houston Area Community Services (HACS) is a Federally Qualified Healthcare Center (FQHC) that provides affordable, quality medical care, pharmacy, behavioral health and support services to individuals and families residing in Harris county and surrounding areas. HACS serves people with Medicare, Medicaid, CHIP, private insurance and all major credit cards. There is a sliding fee scale for the uninsured.

HACS Main Campus



2150 West 18th Street, Suite 300
Houston, TX 77008

MAIN..... (713) 426-0027
FAX..... (713) 426-0211
CITY SECTION..... Central
NEIGHBORHOOD..... Timbergrove
LEGEND..... All, S\$, Ins, Med, CHIP, Appt/Walk-in, Esp
HOURS... Monday-Thurs 9am to 6pm; Fri 8am to 5pm
BUS ROUTES..... 40, 48
NEED FOR INTAKE... ID, Proof of residence & income, Social Security card (if available), Proof of HIV status for Ryan White services

Family practice, OB/GYN, internal medicine, pediatrics, pharmacy, HIV specialty care and psychiatry. Substance abuse treatment is available on an outpatient basis. Mental health services consisting of individual, family or group therapy are available. Also offers HIV testing (rapid and conventional), syphilis and Hepatitis C testing and housing services.

Cuidado Médico primario, obstétrica/ginecología, medicina interna, pediatría, farmacia, cuidado especializado de VIH y psiquiatría. Tratamiento de abuso de sustancias se encuentra disponible en forma ambulatoria. Servicios de salud mental se encuentran disponibles para individuales, familiares o en terapia de grupos. También ofrece pruebas de VIH (la prueba rápida y la convencional), pruebas de sífilis y del hepatitis C y servicios de vivienda.

HACS Bautista Pediatric Health Center



902 Frostwood, Ste. 142
Houston, TX 77024

MAIN..... (713) 827-8266
CITY SECTION..... West
NEIGHBORHOOD..... Memorial
LEGEND..... C, Y, S\$, Ins, Med, CHIP, Esp
HOURS..... Monday, 8am to 8pm; Tuesday-Friday, 8am to 5pm
BUS ROUTES..... 70, 72, 46, 131
Pediatric services.
Servicios pediátricos.

HACS Spring Cypress
17010 Sugar Pine Drive
Houston, TX 77090-2213



MAIN..... (281) 537-8627
FAX..... (281) 537-8628
CITY SECTION..... North
NEIGHBORHOOD..... Ponderosa Forest
LEGEND..... M, W, S\$, Ins, Med, Esp
HOURS..... Monday & Wednesday, 12pm to 5pm;
Tuesday 8am to 12pm
BUS ROUTES..... 86

Adult medical services.

Servicios médicos para adultos.

HOUSTON AREA WOMEN'S CENTER



1010 Waugh Drive
Houston, TX 77019

MAIN..... (713) 528-6798
WEB..... www.hawc.org
EMAIL..... info@hawc.org
SEX ASSAULT 24 HRS..... (713) 528-7273
TOLL FREE..... (800) 256-0661
DOMESTIC VIOLENCE 24 HRS..... (713) 528-2121
TOLL FREE..... (800) 256-0551

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
AREA SERVED..... Houston
LEGEND..... W, C, Y, Free, Esp
HOURS..... Monday-Friday 8am to 9pm;
Saturdays 8:30am to 5:30pm
BUS ROUTES..... 34, 48

Crisis intervention and telephone counseling for victims of sexual assault, incest and domestic violence. Individual and group counseling for victims of sexual assault, incest and domestic violence. Shelter, advocacy and support services for victims and their non-offending family and friends. For safety reasons, the shelter location is not publicized; information about shelter services is available through the 24 hour hotlines.

Intervención de crisis y consejería por teléfono para víctimas de agresión sexual, incesto y violencia doméstica, consejería individual y de grupo para víctimas de agresión sexual, incesto y violencia doméstica. Refugio, abogacía y servicios de apoyo para víctimas y sus familiares y amistades no ofensivos. Por seguridad, la ubicación del refugio no se publica; información sobre servicios de refugio disponible a través de las líneas de ayuda de 24 horas.

HOUSTON CENTER FOR INDEPENDENT LIVING



6201 Bonhomme Road, Suite 105-S
Houston, TX 77036

MAIN/TTY..... (713) 974-4621
TTY DIRECT..... (713) 974-2703

FAX..... (713) 974-6927
WEB..... www.coalitionforbarrierfreeliving.com

CITY SECTION..... Southwest
NEIGHBORHOOD..... Sharpstown
AREA SERVED..... Houston, Harris County
LEGEND..... All, Free, Walk-ins

HOURS..... Monday-Friday 8am to 5pm
BUS ROUTES..... 81, 25
NEED FOR INTAKE..... Call for intake

A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer counseling and support, independent living skills training and development, information and referral, individual and systems advocacy, employment assistance for people with disabilities on SSI and/or SSDI, Deaf and hard of hearing services, computer access training classes, community-integration relocation services for people with disabilities living in nursing homes and support groups for men and women with disabilities.

HOUSTON COMPASS, INC.



John S. Dunn Outreach Center
1212 Prairie Street
Houston, TX 77002

Mailing Address:
1117 Texas Avenue
Houston, TX 77002

MAIN..... (713) 229-8319
FAX..... (713) 229-8560
WEB..... www.houstoncompass.org

CITY SECTION..... Central
NEIGHBORHOOD..... Downtown
LEGEND..... All, Free

HOURS..... Monday-Friday, 8am to 2pm -
first come, first served.
BUS ROUTES... 1, 5, 6, 9, 11, 15, 20, 24, 30, 52, 60, 66, 77,
80; Project Access bus; 2 blks from METRO Light Rail
NEED FOR INTAKE... ID is requested but not required

COMPASS is a small 501(c)3 nonprofit organization that gives compassionate direction toward employment and independence to our homeless and/or disadvantaged clients.

COMPASS provides a variety of services including assessment of needs, direction and guidance to those in crisis, information and referrals for basic needs, job search, medical care, mental health care, chemical dependency issues, legal assistance and more. Transportation (local bus fare) is provided for all of the above, and especially for job search. ID assistance, voice mail, toiletries, haircuts and reading glasses; employment counseling; Harris Health (gold card) eligibility assistance for the homeless: Monday-Friday at 9am (10 people may apply each day so please arrive early).

HOUSTON HELP, INC.

See Corder Place Apartments

HOUSTON HIV PREVENTION COMMUNITY PLANNING GROUP (CPG)

See City of Houston

HOUSTON HUMANE SOCIETY

14700 Almeda Road
Houston, TX 77053

MAIN..... (713) 433-6421
FAX..... (713) 433-4325
WEB..... www.houstonhumane.org
EMAIL..... mail@houstonhumane.org

CITY SECTION..... South
NEED FOR INTAKE..... Proof of HIV status

Services include acceptance of animals, adoptions, cruelty investigations and humane education. Our Wellness Center provides spay/neuter surgeries at a low cost of \$30 + an office fee. We also do exams and vaccinations. Special services such as injured dogs/cats can also be seen. We are not an emergency clinic.

Burnie's Buddies

LEGEND..... **HIV+ only**, Free, Referral req, Esp
HOURS..... Mon, Tues, Weds & Fri 10am to 1:30pm;
Thurs 10am to 4pm; Sat-Sun 10am to 2pm

Pet exams, medications and vaccinations at no charge.
Proveen exámenes, medicamentos y vacunas gratis para las mascotas.

Paw Prints

LEGEND..... **HIV+ only**, Flat Fee, Appt req, Esp
HOURS..... Monday-Weds & Fri 10am to 1:30pm

Paw Prints program assists qualified HIV/AIDS patients who must be hospitalized by providing temporary foster care and medical treatment for their pets.

El programa Paw Prints (Huellas de Mascotas) asiste a pacientes elegibles, viviendo con el VIH y son hospitalizados, con el cuidado y tratamiento médico temporario de sus mascotas.

HOUSTON LAWYER REFERRAL SERVICE, INC.

MAIN..... (713) 237-9429
TOLL FREE..... (800) 289-4577
WEB..... www.hlrs.org
EMAIL..... staff@hlrs.org
AREA SERVED..... Harris, Galveston, Brazoria,
Montgomery and Ft. Bend Counties

LEGEND..... M, W, S\$, Esp

HLRS is a non-profit public service helping local residents find qualified, experienced legal representation since 1958.

Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need. A reduced fee program is available. HLRS is a

community service project of the legal profession created to provide access to competent legal representation.

Referencia a abogados e información. Asiste a definir el problema del individuo y ofrece referencia a servicios sociales. Un programa de tarifa reducida está disponible. HLRS es un proyecto de la profesión legal al servicio de la comunidad creado para proveer acceso a una representación legal competente.

HOUSTON REGIONAL HIV/AIDS RESOURCE GROUP

500 Lovett Boulevard
Houston, TX 77006

MAIN..... (713) 526-1016
FAX..... (713) 526-2369
WEB..... www.hivresourcegroup.org

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
AREA SERVED..... Harris and surrounding counties
HOURS..... Monday-Friday, 8am to 5pm

Administrative Agency that manages grant funds for Ryan White Part B, C (rural), D and DSHS State Services. Does NOT provide any direct client services.

HOUSTON SRO HOUSING CORP.

2211 Norfolk, Suite 740
Houston, TX 77098

MAIN..... (713) 526-9470
FAX..... (713) 526-1849
WEB..... www.thehousingcorp.org
EMAIL..... linda@thehousingcorp.org

SRO Housing, an activity of The Housing Corporation of Greater Houston, focuses on the housing needs of the homeless, individuals and couples with little or no income, and persons affected by HIV/AIDS or related diseases. These persons must have a strong network of supportive services in order to maintain residential stability. Our responsibilities include developing and maintaining a service - enriched environment at each community operated to serve SRO Housing. The properties include single room occupancy housing facilities for formerly homeless individuals and permanent housing communities for individuals and families affected by HIV/AIDS. SRO Housing is a very significant aspect of Houston's "continuum of care" for the formerly homeless and those affected by HIV/AIDS.

San Jacinto Apartments

1111 McIllhenny
Houston, TX 77002

MAIN..... (713) 650-0306
CITY SECTION..... Central
NEIGHBORHOOD..... Downtown
AREA SERVED..... 10-County HOPWA service area
LEGEND..... **HIV+ only**

HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 1, 11; near METRO Light Rail

HOUSTON VOLUNTEER LAWYERS PROGRAM AIDS PROJECT

1111 Bagby, Suite FLB300
Houston, TX 77002

MAIN..... (713) 228-0735
FAX..... (713) 228-5826
WEB..... www.makejusticehappen.org
EMAIL..... info@hvlp.org

CITY SECTION..... Central
NEIGHBORHOOD..... Downtown
AREA SERVED..... Chambers, Ft. Bend, Harris, Liberty,
Montgomery and Waller counties
LEGEND..... M, W, Fam, Free, Esp, **HIV+ only**,
Filing fees if required by court

HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... All routes going downtown;
METRO Light Rail
NEED FOR INTAKE..... ID, Proof of income, residence
and HIV status

Legal assistance in civil matters only. Lawsuits for monetary damages and criminal matters are not accepted.

Asistencia legal sobre temas CIVILES únicamente. No se aceptan pleitos que requieren ganancia monetaria.

HUMBLE AREA ASSISTANCE MINISTRIES (HAAM)

Social Services
1302 First Street
Humble, TX 77338

Mailing Address:
P.O. Box 14051
Humble, TX 77347

MAIN..... (281) 446-3663
FAX..... (281) 446-2601
WEB..... www.haaministries.org

CITY SECTION..... North
NEIGHBORHOOD..... Humble
AREA SERVED..... Zips: 77336, 77338, 77339, 77345,
77346, 77347, 77357, 77365, 77372, 77396, 77532
LEGEND..... All, Fam, Free

HOURS..... Monday-Thursday, 10am to 2pm
NEED FOR INTAKE..... Photo ID, Proof of residence
and income.

H.A.A.M. is an interfaith organization united with others in the community to serve the basic needs of those in financial crisis and provide assistance towards self sufficiency.

You are strongly encouraged to call Client Services before visiting. This will help you find out if you are eligible for help and what paperwork to bring. Please note that you will be required to visit the facility before receiving assistance. We cannot conduct phone interviews.

Client Emergency Services: provides assistance with food, rent/mortgage, utilities and other basic needs.



Homeless Assistance Program: offers food, shower facilities and basic hygiene packs to community members who are displaced or homeless.

Employment Center: helps unemployed and under-employed persons find work. If you are looking to improve your employment situation, we offer a trusting and supportive program.

Skills Classes/Mentor Program: offers resource classes that are geared toward strengthening budgeting and money management, employment readiness and individual autonomy. Adult Literacy classes include basic reading, writing and English as a second language. The Mentor Program links community members with clients in a supportive environment. The mentors provide guidance, support and encouragement.

Child & Youth Program: offers educational, vocational, recreational and developmental programs for children and youth.

Se solicita que usted llame antes de visitarnos para determinar si es elegible y cuáles documentos deberá traer a su primera cita. Tome en cuenta que usted deberá asistir a una cita antes de recibir asistencia. No damos entrevistas por teléfono.

Client Emergency Services: provee asistencia de comida, renta/hipoteca, luz/gas residencial y otras necesidades básicas.

Homeless Assistance Program: ofrece comida, baños/ duchas para el higiene personal básico a miembros de la comunidad que no tienen vivienda.

Employment Center: asiste al desempleado y al trabajador con empleo deficiente a encontrar trabajo. Si busca mejorar su situación laboral, ofrecemos un programa confiable y de apoyo.

Skills Classes/Mentor: ofrece clases que ayuda a fortalecer el conocimiento del manejo del dinero y el presupuesto, preparación para el empleo, autonomía individual. Adult Literacy incluye clases en la enseñanza de la lectura y escritura básica, y el inglés. Mentor Program conecta al cliente con miembros de la comunidad mediante un mentor que ofrece guía, apoyo y ánimo.

Child & Youth Program: ofrece programas educacionales, vocacionales, recreacionales y de desarrollo para niños/ niñas y jóvenes.

HUNTER A. HAMMILL, MD

See Primary Health Network of South Texas



INTERFAITH CAREPARTNERS®

701 N. Post Oak Road, Suite 330
Houston, TX 77024

MAIN/TTY..... (713) 682-5995
FAX..... (713) 682-0639
WEB..... www.interfaithcarepartners.org
EMAIL..... info@interfaithcarepartners.org

CITY SECTION..... West
NEIGHBORHOOD..... Memorial
AREA SERVED..... Harris County
LEGEND..... All, Free, Walk-ins, Accepts collect
calls from rural clients, Esp

HOURS..... Monday-Friday, 8am to 5pm

AIDS Care Team® Program

Congregation-based teams of volunteers trained by Interfaith CarePartners® to respond to many of the social, emotional and physical needs of people touched by HIV/AIDS. Care team members view themselves as friends and extended family who can assist people in their home. Other programs include Alzheimer’s CareTeam®, Second Family CareTeam® for frail seniors and chronically ill adults, Kid’s Pals CareTeam® (pediatric, non HIV) and Geriatric Care Management.

Ofrecemos un equipo de voluntarios de congregaciones entrenado por Interfaith CarePartners® con el propósito de ayudar con muchas de las necesidades sociales, emocionales y físicas de las personas afectadas por el VIH/SIDA. Los voluntarios son considerados amigos y una extensión de la familia del cliente y ayudan a personas en sus domicilios. También asisten a personas con demencia del Alzheimer, personas frágiles de tercera edad y adultos con enfermedades crónicas, Kid’s Pals Care Team® (pediatría, no VIH) y en la administración del cuidado geriátrico.



JACK’S APOTHECARY #2

8109 Cullen Boulevard
Houston, TX 77051

MAIN..... (713) 733-7424
FAX..... (713) 733-1885
EMAIL..... jacksapothecary2@hotmail.com

CITY SECTION..... Central
NEIGHBORHOOD..... Astrodome/South Loop
LEGEND..... All, ADAP, Ins, Medicaid, Walk-ins, CD
BUS ROUTES..... 30, 87

JEWISH FAMILY SERVICE



4131 S. Braeswood
Houston, TX 77025

MAIN..... (713) 667-9336
FAX..... (713) 667-3619
WEB..... www.jfshouston.org

CITY SECTION..... Central
NEIGHBORHOOD..... Meyerland
LEGEND..... M, W, All, S\$, Appt req
BUS ROUTES..... 68

Counseling: individual, couples and group therapy.



LAZARUS HOUSE: A CENTER FOR WELLNESS



4106 Austin
Houston, TX 77004

MAIN..... (713) 526-5071
FAX..... (713) 523-0379
WEB..... www.thelazarushouse.org
EMAIL..... questions@thelazarushouse.org

CITY SECTION..... Central
NEIGHBORHOOD..... Midtown
LEGEND..... All, Flat fee, Ltd scholarships

HOURS..... Monday, Wednesday, Friday 7am to 12pm,
2pm to 6pm; Tuesday & Thursday 8am to 5pm;
Saturday 8:30am to 11:30am

BUS ROUTES..... 1, 60
NEED FOR INTAKE..... Photo ID, Physicians
phone/fax number

A unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related muscle loss through an integrated program of exercise, nutrition, mental and spiritual support.

LEGACY COMMUNITY HEALTH SERVICES

MAIN..... (832) 548-5000
FAX..... (832) 548-5092
WEB..... www.legacycommunityhealth.org

Legacy Community Health Services is a full-service Community Health Center that provides comprehensive, primary healthcare services to all Houstonians in a culturally sensitive, judgment-free and confidential environment. Legacy has specialized in HIV/AIDS testing, education, treatment and social services since the early 1980s. We also provide care for other chronic health conditions like diabetes and high blood pressure. Generous financial support from individuals, businesses and charitable foundations allows Legacy to provide no-cost or low-cost healthcare services to nearly 40,000 men, women and children each year. As a Federally Qualified Health Center many of our services are offered on a sliding fee scale; Medicaid, Medicare and most health insurance plans are accepted.

Baker-Ripley Clinic

6500 Rookin, Bldg B, Ste 200
Houston, TX 77074

MAIN..... (713) 351-7350
FAX..... (713) 351-7351

CITY SECTION..... Southwest
NEIGHBORHOOD..... Gulfton
LEGEND..... All, Fam, S\$, Ins, Med, Esp

HOURS..... Monday-Friday, 7:30am to 5pm
BUS ROUTES..... 9, 47

Family practice/primary health care, psychiatry, counseling, family planning, dental care and social services.

Medicina familiar/asistencia de salud primaria, psiquiatría, asesoramiento, planificación familiar, cuidado dental y servicios sociales.

Baytown Clinic

6730 Independence Blvd.
Baytown, TX 77521

MAIN..... (281) 629-2020
FAX..... (281) 629-2025

CITY SECTION..... East
NEIGHBORHOOD..... Baytown
LEGEND.... All, S\$, Ins, Med, CHIP, Appt or Walk in Esp

HOURS..... Monday-Thursday, 8am to 8pm;
Friday 8am to 5pm

Behavioral health services.

Servicios para la salud mental.

Bissonnet Clinic

12667 Bissonnet St.
Houston, TX 77099

MAIN..... (281) 498-6100
FAX..... (281) 498-6105

CITY SECTION..... Southwest
NEIGHBORHOOD..... Alief
LEGEND... All, S\$, Ins, Med, CHIP, Appt or Walk in, Esp

HOURS..... Monday-Thursday, 8am to 8pm;
Friday, 8am to 4pm; Saturday, 9am to 1pm

BUS ROUTES..... 65, 67, 132

Pediatrics, behavioral health services.

Pediatría y servicios para la salud mental.

The Center for AIDS Information and Advocacy

1415 California Street
Houston, TX 77006

MAIN..... (713) 527-8219
FAX..... (713) 521-3679
TOLL FREE..... (888) 341-1788

WEB..... www.centerforaids.org
EMAIL..... info@centerforaids.org
LEGEND..... All, Free, Esp

HOURS..... Monday-Friday, 9am to 5pm



One on one treatment consultations for HIV+ individuals; information on research, clinical trials and drugs in development. Publishes a patient newsletter, HIV Treatment Alerts. Offers support for medication adherence and smoking cessation. A program of Legacy Community Health Services since April 1, 2012.

Boletín informativo que incluye tratamientos para pacientes en español, presentaciones a grupos incluyendo a hispanohablantes monolingües sobre tratamientos relacionados con el VIH.

Legacy Montrose Campus

1415 California Street
Houston, TX 77006

MAIN..... (832) 548-5100
FAX..... (832) 548-5092

WALGREENS..... (713) 524-3494
RX FAX..... (713) 807-7629

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose
LEGEND..... All, Fam, S\$, Ins, Med, Esp

HOURS..... Monday-Wednesday, 8am to 6:30pm;
Thursday-Friday, 8am to 5pm; Saturday, 9am to 1:30pm
PHARMACY:..... Monday-Thursday, 9am to 7pm;
Friday 9am to 5pm

BUS ROUTES..... 81, 82

Primary health care, HIV testing and counseling, STD screening and treatment, family planning, GLBT healthcare, dental care, prevention education, counseling, vaccinations, psychiatry, eye care, glasses/contact lenses, nutritional counseling, personal training, social services and Walgreens Pharmacy. The financial assistance program offers people living with HIV/AIDS assistance with HIV and non-HIV medication costs, ADAP co-pays and health insurance copays and deductibles.

Cuidado de salud primario, análisis del VIH y consejería, asesoramiento y tratamiento de ETS, planificación familiar, cuidado de salud a las personas gay, lésbicas, bisexuales y transgéneras, servicio dental, prevención, educación, consejería, vacunas, psiquiatría, cuidado de la vista, anteojos/lentes de contacto, consejos de nutrición, entrenamiento personal, servicios sociales, farmacia Walgreens. El programa de asistencia financiera ofrece ayuda con el pago de medicamentos, incluyendo los del VIH para las personas con el VIH/SIDA, los copagos de ADAP y los copagos y deducibles del seguro médico del paciente.

Lyons Campus

5602 Lyons Avenue
Houston, TX 77020

MAIN..... (832) 548-5400
FAX..... (832) 548-5482

CITY SECTION..... Central
NEIGHBORHOOD..... Fifth Ward
LEGEND..... All, Fam, S\$, Ins, Med, Esp

HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 11, 26, 27, 29, 30, 42, 80, 137



Primary health care, family planning, psychiatry, counseling, STD testing and treatment, HIV testing, vaccinations/immunizations, diabetes care, nutritional counseling, prevention education, dental care, maternity care and social services.

Asistencia de salud primaria, planificación familiar, psiquiatría, asesoramiento, investigación y tratamiento de enfermedades de transmisión sexual, prueba del VIH, vacunaciones/inmunizaciones, cuidado de diabetes, asesoramiento nutricional, cuidado dental, educación y ayuda, servicios sociales y maternidad.

Mapleridge Clinic



6550 Mapleridge St., Ste 106
Houston, TX 77081

MAIN..... (713) 779-7200
FAX..... (713) 665-2266
CITY SECTION..... Southwest
NEIGHBORHOOD..... Gulfton
LEGEND... All, S\$, Ins, Med, CHIP, Appt or Walk in, Esp
HOURSMonday-Thursday, 8am to 8pm;
Friday, 8am to 5pm
BUS ROUTES 2, 33, 49

Adult primary care, pediatrics, behavioral health services.

Cuidado primario para adultos, pediatría y servicios para la salud mental.

North Street Clinic



3030 North St., Ste. 310
Beaumont, TX 77702

MAIN..... (409) 242-2577
FAX..... (409) 242-2588
CITY SECTION..... East
NEIGHBORHOOD..... Beaumont
LEGEND..... All, S\$, Ins, Med, **HIV+ only**, Esp
HOURS Monday & Wednesday, 8am to 5pm

HIV primary care, case management, medication assistance, medication adherence support and dental services.

Cuidado de salud primario, administración de casos, asistencia para los medicamentos, ayuda para adherencia a la medicación, cuidado dental.

San Jacinto Campus



4301 Garth Road, Ste 400
Baytown, TX 77521

MAIN..... (281) 420-8400
FAX..... (281) 420-8445
CITY SECTION..... East
NEIGHBORHOOD..... Baytown
LEGEND... All, S\$, Ins, Med, CHIP, Appt or Walk in, Esp
HOURS Monday-Friday, 8am to 5pm

Adult primary care, pediatrics, Ob/Gyn and maternity care, behavioral health services.

Cuidado primario para adultos, pediatría, obstetricial ginecología y maternidad, servicios para la salud mental.

South Park Campus



4450 Highland Ave.
Beaumont, TX 77705

MAIN..... (409) 242-2525
FAX..... (409) 242-2526

CITY SECTION..... East
NEIGHBORHOOD..... Beaumont
LEGEND... All, S\$, Ins, Med, CHIP, Appt or Walk in, Esp

HOURS Monday-Friday, 8am to 5pm

Adult primary care, pediatrics, Ob/Gyn and maternity care, behavioral health services.

Cuidado primario para adultos, pediatría, obstetricial ginecología y maternidad, servicios para la salud mental.

Southwest Campus



6441 High Star
Houston, TX 77074

MAIN..... (713) 779-6400
FAX..... (713) 779-9872

CITY SECTION..... Southwest
NEIGHBORHOOD..... Gulfton
LEGEND..... W, C, S\$, Med, Ins, Esp

HOURS Monday-Friday, 7:30am to 5pm

PEDIATRIC URGENT CARE ... Monday-Friday 7:30am to 10pm; Saturday, 9am to 6pm; Sunday 12pm-7pm

BUS ROUTES..... 9, 47

Pediatric care and after hours urgent care, obstetrics/gynecology (OB/GYN), vaccinations/immunizations, education, outreach, nutritional counseling, behavioral health services and social services.

Cuidado pediátrico y cuidado en urgencias pediátricas, obstetricial/ginecología (OB/GYN), vacunaciones/inmunizaciones, educación y ayuda, asesoramiento de nutrición y servicios sociales.

LIVE CONSORTIUM

Mailing Address:

P.O. Box 130897
Houston, TX 77219

MAIN..... (713) 861-5483
FAX..... (713) 861-5055

WEB..... www.liveconsortium.org

EMAIL..... contact@liveconsortium.org

LIVE Consortium provides HIV and anti-stigma education, support, research and advocacy-based programs so that all people, regardless of status, can have the opportunity to live a healthy and full life.

Men and Women's Education Initiative: reaches out to some of the most at-risk populations- young gay men, Latinos, and African Americans- to educate about the latest information about HIV infection rates, medical care, cure research, and the effects of HIV-related stigma. This program includes community-wide HIV education and awareness forums targeting specific at-risk populations.

LIVE Advocacy Series: community seminars that address current issues related to HIV through panel discussions and public input provide the latest information on laws pertaining to HIV/AIDS, the latest developments in cure research, and other relevant topics current to the discussion of HIV/AIDS. In addition, participants are directed to HIV-related information from a variety of reputable scientific, educational, and community resources.

University Anti-Stigma Campaign: month long intensive HIV education and awareness campaign to inform young adults about HIV, the negative effects of stigma, and what they can do to reduce both within their communities. The campaign includes meetings with key student groups, training students to educate other students, viral marketing, data gathering, and a university-wide symposium on the last day: Anti-Stigma Day. The campaign serves as one of the main foundations of LIVE's ongoing research into HIV-related stigma and the efficacy of anti-stigma interventions. This program has been replicated with great success at the University of Houston, Texas Southern University, and Rice University.

Needle Prick Project: an online HIV awareness campaign designed to stimulate conversation about the reality of HIV today and HIV-related stigma, and encourage HIV testing. The first part is the "Get Pricked" Photo Project, an online photo essay campaign involving individuals photographed with the "Get Pricked" logo and pledging to talk about HIV with their family and friends. The photos are shared on the Needle Prick Project website and through various social media sites. The second part is the "Needle Prick" Profile Series, a weekly editorial campaign featured in the Advocate, a national Gay and Lesbian Magazine, which centers on personal experiences with HIV and features a wide range of perspectives in an effort to put a face to the virus and create an ongoing dialogue of real life experiences with HIV.

Stigma Research Initiative: performs research on the stigma associated with HIV and the interventions used to reduce stigma. Under the direction of Dr. Michael Ross, a renowned expert and professor in the field of HIV at the University of Texas School of Public Health, LIVE's stigma research focuses on HIV+ gay and bisexual men's thoughts, reactions, expectations, and experiences-both in being stigmatized because they are HIV+ and the internalization of stigmatizing discourses.

LIVING WITHOUT LIMITS, LIVING LARGE INC.



Mailing Address:
P.O. Box 0650
Houston, TX 77001-0650

MAIN.....(832) 545-5689
EMAIL.....cysmith2003@yahoo.com
CITY SECTION..... Central

NEIGHBORHOOD Montrose
LEGEND.....Infected/affected heterosexuals (M & W), Free

A Place where HIV positive heterosexuals can thrive. Living without Limits Living Large is a place where heterosexual people infected and affected with the diagnosis of HIV/AIDS can embrace everyday life with new beginnings and expectations.

We also have group sessions and workshops co-sponsored with other local agencies. Please call for more information or for the monthly meeting schedule.

LOVE INC (IN THE NAME OF CHRIST)



206 N. Whiting
Baytown, TX 77520

Mailing Address:
P.O. Box 1116
Baytown, TX 77522-1116

MAIN.....(281) 422-5683
FAX.....(281) 427-7653
EMAIL.....LoveIncInBaytown@verizon.net

CITY SECTION..... East
NEIGHBORHOOD Highlands
AREA SERVED.... Zipcodes 77520, 77521, 77562, 77580
LEGEND.....All, Free, Gas vouchers, Diapers
HOURSMonday-Thursday, 9am to 3pm;
Friday 9am to noon

Referrals to food pantries, diapers, gas vouchers (for verifiable appointments only) and prescription assistance (one time only, no pain or mind-altering drugs) for eligible low income persons.



MAGNIFICAT HOUSES, INC.



3300 Caroline St.
Houston, TX 77004

Mailing Address:
P.O. Box 25415
Houston, TX 77265

MAIN/FAX.....(713) 520-0461
WEB.....www.magnificathousesinc.org
EMAIL.....magnificathouseinc@sbcglobal.net

CITY SECTION..... Central
NEIGHBORHOODMidtown
AREA SERVED..... Harris County
LEGEND..... M or W, \$\$, Lim, Walk-ins, Esp

HOURS24/7; Office open 8am to 4pm
BUS ROUTES..... 1, 11, 42, 60
NEED FOR INTAKEPrefer state issued ID, Social Security card, Gold Card, Food Stamps

Started in 1968 with one house, Magnificat has grown to eleven houses for residents who have mental illness, former offenders, homeless and adults with HIV/AIDS, all within Loop 610. In addition to our residences, we have a clubhouse for those with a mental illness, a hostel for women who are on the street, a soup kitchen serving a noon meal and the W.T. & Louise Moran Building that houses a resale and consignment shop, art studio and wood working facilities run by the residents of Magnificat.

Men's houses: House manager available 24/7, three meals per day and laundry. In return, residents are asked to do chores in the house and follow through with assigned work.

Casa de hombres. El encargado de las casa esta disponibles las 24 horas al dia. Tienen 3 comidas al dia y lavan sus ropas. A cambio, se les pide los residentes hacer los quehaceres de la casas o los trabajos asignados.

Women's houses: House mother 24/7, meals cooked and laundry.

Dos casas dedicadas para mujeres. La encargado esta disponible las 24 horas al dia. Tienen a alguien quien cocina y lava la ropa.

Loaves and Fishes



2009 Congress
Houston, TX 77002

MAIN..... (713) 224-1373
CITY SECTION..... Central
NEIGHBORHOOD..... Downtown
AREA SERVED..... Harris County
LEGEND..... All, Free
HOURS..... Closed on Mondays
BUS ROUTES..... 3, 6, 11, 20, 30, 37, 48, 77

Soup kitchen run by the residents of Magnificat House and supported by volunteers.

Comedor popular a cargo de los residentes de Magnificat House y con el apoyo de voluntarios.

Morning Star Hostel

INTAKE..... (713) 520-0461
CITY SECTION..... Central
NEIGHBORHOOD..... Midtown
AREA SERVED..... Harris County
LEGEND..... Adults, S\$, **HIV+ only**, I/RR, Walk-ins, Esp
HOURS..... 24 hour facility; office open 8am to 4pm
BUS ROUTES..... 1, 5, 11, 42, 60

Eight bed facility with a community feel. House Manager available 24/7. Cook and laundry services available.

La casa cuenta con 8 camas y un sentimiento de comunidad. El encargado de las casa esta disponible las 24 horas al dia. Cocinero y servicio de lavandería disponibles.

Myriam's Hostel

2009 Congress
Houston, TX 77002

CITY SECTION..... Central
NEIGHBORHOOD..... Downtown
AREA SERVED..... Harris County
LEGEND..... W, Free, Walk-ins, CD, I/RR,
Homeless, Lim, Esp

HOURS..... Office open 8am-4pm
BUS ROUTES..... 3, 6, 11, 20, 30, 37, 48, 77

Eight bed facility with a community feel. House Manager available 24/7, meals and laundry. Overnight guests leave at 7am and the doors open at 4:30pm. First come, first served. The facility is not handicap accessible.

Dos casas dedicadas para mujeres. La encargado esta disponible las 24 horas al dia. Tienen a alguien quien cocina y lava la ropa. Overnight guests leave at 7 in the morning and the doors open at 4:30 pm. First come, first served. The facility is not handicap accessible.

St. Joseph House



3307 Austin Street
Houston, TX 77004

INTAKE..... (713) 523-5958
FAX..... (713) 520-0461
EMAIL..... sjhclubhouse@gmail.com

CITY SECTION..... Central
NEIGHBORHOOD..... Midtown
AREA SERVED..... Harris County
LEGEND..... Adults, Free, Walk-ins
HOURS..... 8am to 4pm
BUS ROUTES..... 1, 5, 11, 42, 60

St. Joseph is a certified clubhouse for the mentally ill. The day program focus is participation in the program, interaction and support with one another in the following activities: horticulture, kitchen, computers, education and outreach.

San Jose esta certificado como clubhouse, para las personas que tienen problemas mentales. Es un programa de dia los que participar, se ayudan unos a otros. En la clubhouse tienen diferentes actividades como: jardinería, cocina, computadoras, educacion y hospitalidad.

MEMORIAL ASSISTANCE MINISTRIES



1625 Blalock Road
Houston, TX 77080-7320

MAIN..... (713) 468-4516
FAX..... (713) 468-4702
WEB..... www.helpherehelpnow.org
mamjobsnetwork.org

CITY SECTION..... West
NEIGHBORHOOD..... Spring Branch
AREA SERVED..... Zip codes: 77008, 77009, 77018, 77022,
77024, 77037, 77039, 77040, 77041, 77043, 77055,
77076, 77079, 77080, 77088, 77091, 77092.
LEGEND..... All, Free

HOURS Monday-Thursday, 9am to 2:30pm;
 Friday 9am to 11:30am
 BUS ROUTES 20
 NEED FOR INTAKE Photo ID, proof of residence,
 copy of lease for rental assistance, late or
 disconnect notice for utility assistance.

Financial assistance: pledge made with vacate or
 disconnect notice; limited medication/prescription
 assistance; employment services; clothing: referral
 to resale shop; back to school clothing provided
 through Spring Branch ISD Counselors/social workers.
 Appointment required for rent or utility assistance.

*Asistencia financiera con nota de desalojo o desconexión;
 asistencia limitada para los medicamentos; servicios de
 empleo; referencias a tiendas de reventa de prendas de
 vestir; prendas de vestir para uso al colegio proveído a
 través de los trabajadores sociales/consejeros del Distrito
 Escolar Spring Branch. Se requiere cita para solicitar la
 asistencia de renta y los servicios públicos.*

**MEMORIAL HERMANN PREVENTION
 & RECOVERY CENTER (PARC)**



3043 Gessner Road
 Houston, TX 77080

MAIN (713) 939-7272
 FAX (713) 329-7315
 TOLL FREE (877) 464-7272
 WEB <http://parc.memorialhermann.org>
 EMAIL parc@memorialhermann.org

CITY SECTION Northwest
 NEIGHBORHOOD Spring Shadows
 LEGEND Adults & adolescents, Flat fee, Ins,
 Private Pay, Walk-ins, CD

HOURS 24 hour facility
 BUS ROUTES 36, 46

PaRC is a confidential, non-profit alcohol and drug
 treatment center. A center of excellence, the PaRC is a
 nationally recognized, freestanding program that offers
 alcohol, substance abuse and dual diagnosis treatment
 for both adolescents and adults. The program and staff
 provide the highest level of quality care in a confidential
 setting for those suffering from alcohol and drug-
 related problems.

The PaRC offers all levels of care: alcohol and substance
 abuse screening, medical detox, residential treatment,
 day treatment, outpatient services, family services and
 aftercare. The PaRC also offers Intensive Outpatient
 programs in Northwest and Central Houston, Clear Lake,
 The Woodlands and Sugar Land. The PaRC is open 24
 hours a day, seven days a week.

METHODIST CHILDREN'S HOME



5005 Mitchelldale, Suite 119
 Houston, TX 77092

MAIN (713) 682-8911
 FAX (713) 682-4229
 TOLL FREE (877) 716-8535
 WEB www.methodistchildrenshome.org

CITY SECTION Northwest

NEIGHBORHOOD Oak Forest/Garden Oaks
 LEGEND 5\$, Appt req, CD
 HOURS Monday-Friday, 8am to 5pm
 Foster care agency providing voluntary foster care
 placements for families in crisis situations.

METRO HEALTH SERVICES



9894 Bissonnet, Suite 325
 Houston, TX 77036

MAIN (713) 777-9600
 FAX (713) 777-9664
 EMAIL metrohealthservices@gmail.com

CITY SECTION Southwest
 NEIGHBORHOOD Westwood
 LEGEND Adults, Med

HOURS Monday-Thursday, 9am to 5pm;
 Friday 9am to 2pm; Emergency/weekend 24 hours
 BUS ROUTES 65, 68

Skilled nursing, home health aide, certified nursing
 assistant, physical therapy, occupational therapy, speech
 therapy, medical social worker, personal assistant services
 and durable medical equipment and supplies.

**MICHAEL E. DEBAKEY
 HOUSTON VA MEDICAL CENTER**



2002 Holcombe Boulevard
 Houston, TX 77030

MAIN (713) 791-1414
 INTAKE (713) 794-7288
 APPOINTMENTS (713) 794-8985
 24 HOURS (800) 639-5137
 FAX (713) 794-7612
 TOLL FREE (800) 553-2278
 PHARMACY (713) 794-7648
 WEB www.houston.med.va.gov

CITY SECTION Central
 NEIGHBORHOOD Medical Center
 LEGEND M, W, Veteran, Walk-ins,
 Income-based eligibility, CD

BUS ROUTES 1, 26, 27

Case management/social work; chemical dependency;
 outpatient treatment; HIV primary medical care; eye
 care; pension and compensation assistance; housing
 assistance for homeless. Comprehensive Veteran health
 and wellness website: www.myhealth.va.gov.

MONTROSE CENTER, THE



401 Branard Street, 2nd Floor
 Houston, TX 77006

MAIN (713) 529-0037
 FAX (713) 526-4367
 24 HOURS (713) 529-3211
 HATCH (713) 529-3590
 VIDEO (832) 413-6192
 WEB www.montrosecenter.org
 EMAIL info@montrosecenter.org

CITY SECTION Central

NEIGHBORHOOD Montrose
 AREA SERVED Chambers, Ft. Bend, Harris,
 Liberty, Montgomery and Waller counties
 LEGEND M, W, Fam, All, I/RR, Free,
 Walk-ins, **HIV+ only**, CD
 HOURS Monday-Friday, 8am to 7pm
 BUS ROUTES 78

CPCDMS registration, assistance linking to needed services, includes special needs for deaf/hard of hearing clients; Licensed outpatient chemical dependency treatment for gay, lesbian, bisexual, transgender (or very friendly) individuals and people of color; professional counseling by licensed therapists - Spanish and Chinese available.

Inscripción del CPCDMS, asistencia para conectar al cliente con servicios que necesiten, incluyendo ayuda especial para la persona sordamuda; tratamiento externo, acreditado e intensivo para la dependencia de sustancias para personas gays, lésbicas, bisexuales, transgéneras e individuos amistosos a dicha población. Terapia profesional proveído por terapeutas licenciados; servicio disponible en español y chino.

Education and Prevention



AREA SERVED Brazoria, Chambers, Ft. Bend, Harris,
 Jefferson, Liberty, Montgomery, Walker
 and Waller counties
 LEGEND M, W, All, I/RR, Free, Appt req, CD, Esp
 Education on HIV, substance abuse, TB, Hepatitis,
 cultural diversity, STIs, disclosure, negotiating safer sex,
 club drugs.

Educación sobre una variedad de temas, incluyendo el VIH, abuso de sustancias, tuberculosis, hepatitis, enfermedades transmitidas sexualmente, drogas que se venden en las discotecas y bares, revelación del estado de la salud, diversidad cultural y métodos de negociación para prevenir enfermedades sexuales en la pareja.

Gay and Lesbian Switchboard of Houston

24 hours (713) 529-3211
 LEGEND All, Free

24 hour hotline for GLBT community for crisis counseling, HIV information, community resource information and crime survivor support.

HATCH

MAIN (713) 529-3590
 WEB www.hatchyouth.org
 EMAIL info@hatchyouth.org

Provides a safe social environment for GLBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower GLBT youth to become positive contributors to the community. Youth meetings on Friday and Sunday evenings.

Incarcerated Outreach/Discharge Planning

LEGEND M, W, I/RR, Free, **HIV+ only**, CD

Pre-release discharge planning for incarcerated within 6 weeks of release.

Planeamiento pre-liberación para personas presas dentro del periodo de 6 semanas antes de ser liberadas de la cárcel o prisión.



NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

3630 W. Dallas, Suite 140
 Houston, TX 77019

Mailing Address:
 P.O. Box 66270
 Houston, TX 77266-6270

MAIN (713) 970-4419
 FAX (713) 970-4436
 WEB www.namigreaterhouston.org
 EMAIL namimh@namigreaterhouston.org

CITY SECTION Central
 NEIGHBORHOOD Montrose
 LEGEND All, Free, Lim, Call for intake, Esp
 HOURS Monday-Friday 9am to 5pm
 BUS ROUTES 3, 18, 26

NAMI Greater Houston is a non-profit organization established in 1988 to address the increasing need for families and persons affected by mental illness to have a powerful voice in the mental health community.

NAMI Greater Houston es una organización sin lucro establecida en 1988 para enfrentar la problemática de la gran necesidad que existe en las familias y las personas afectadas por la enfermedad mental, y ser un voceo en la comunidad trabajando por la salud mental.

Education Programs

Education and support to people in recovery, family members, friends, professionals and the community at-large. We work to reach those in need of immediate support and resources by offering monthly support meetings, educational programs, community awareness events, information and referrals. Call or check the website for the class schedule.

Programas educacionales

Educación y apoyo para personas en recuperación, familiares, amistades, profesionales y la comunidad en general. Trabajamos para cumplir con las necesidades así como apoyo inmediato y recursos en forma de reuniones mensuales de apoyo, programas educacionales, eventos de conciencia comunitaria, información y referencias. Llame o vea el sitio web para el horario de las clases.

Support Groups

Made up of people living with mental illness in recovery, just diagnosed and family or friends of someone diagnosed with a mental illness. When you attend a support group, you will find that you are not alone—people who have been through, or are going through similar situations can relate to what you are going through and the groups can be a great place to find practical tips and resources. We encourage members to never give up hope, we've been there and we can help. Call or check the website to find a support group near you.

Grupos de apoyo

Consiste de las personas viviendo con dolencia mental en recuperación y recientemente diagnosticadas, y los familiares o amistades de dichas personas. Cuando usted asiste al grupo verá que no está solo/sola—otras personas con las mismas experiencias y situaciones pueden relacionar con lo que usted siente. Los grupos ofrecen ideas prácticas y recursos. Promovemos la idea de seguir adelante, de propia experiencia podemos ayudar. Llame o vea el sitio web para averiguar de un grupo cerca de usted.

Speakers Bureau

Offers several educational programs to bring hope to families and individuals who suffer with biological brain disorders (mental illness). Through education we can reduce stigma, provide resources and inform the public that treatment works. To learn more about our speaker bureau services or to schedule a presentation, call or email us thru the website. Please schedule 4 weeks in advance if possible.

Despacho de presentadores

Ofrece varios programas educacionales que levantan la esperanza a las familias los individuos que sufren del trastorno biológico cerebral (dolencia mental). Mediante la educación reducimos el estigma, ofrecemos recursos e informamos al público que el tratamiento funciona. Para más información sobre este servicio o para programar una presentación, llame o visite el sitio del web. Favor de reservar con 4 semanas de anticipación.

NATIONSMED HEALTHCARE



4677 Techniplex Drive
Stafford, TX 77477

INTAKE/24 HRS. (281) 240-4144
FAX (281) 240-4149
TOLL FREE (866) 251-3255
WEB. www.nationsmed.com

CITY SECTION. Southwest
NEIGHBORHOOD Stafford
AREA SERVED. Harris, Ft. Bend, Montgomery,
Brazoria, Galveston, Liberty, Waller, Chambers,
Austin and San Jacinto counties.

LEGEND. Adults, Med, Ins

NationsMed HealthCare provides professional health care and rehabilitation services delivered in your home under the direction of your personal physician. We

adjust our services to meet our clients' individual needs and emphasize the flexibility and reliability of our services. Services include nursing (certified wound care, physical therapy, occupational therapy and social work); infusion therapy (pharmacy); durable medical equipment; provider services/personal assistance. Spanish, Arabic, Urdu, Hindi and Chinese speaking staff.

NEW HOPE COUNSELING CENTER



6420 Hillcroft Street, Suite 408
Houston, TX 77081

Mailing Address:

P.O. Box 740936
Houston, TX 77274-0936

MAIN (713) 776-8006
FAX (713) 776-8030

CITY SECTION. South
NEIGHBORHOOD Sharpstown
AREA SERVED. Zip codes: 77002, 21, 98, 33, 35, 04, 06,
80, 82, 91, 60, 36, 35, 56, 88, 09, 26, 74

LEGEND. M, W, All, **HIV+ only**, Free, Walk-ins, CD

HOURS Monday-Friday, 9am to 5pm
BUS ROUTES 9, 46, 47, 82, 163

Health education and risk reduction programs targeting youth, African American females and the general public; community based volunteerism; alcohol and drug abuse prevention and counseling; food pantry; short term rent, mortgage and utility payment assistance; supportive services for PLWH/A; internship, after school programs and Abstinence Education programs.

CPR/AED Certification and Renewal: American Red Cross certified first aid/CPR/AED (adult and pediatric) training, certification and renewal.

NORTHSHORE COUNSELING CENTER



331 Freeport
Houston, TX 77015

MAIN (713) 637-6000
FAX (713) 637-6009
WEB. www.nshore.cc
EMAIL northshorecc@yahoo.com

CITY SECTION. East
NEIGHBORHOOD Northshore
AREA SERVED. Zipcodes 77015, 77044, 77049,
77530, 77521, Humble, Pasadena and Galena Park

LEGEND. All, Med, CHIP, Ins, Appt req, Esp

HOURS Monday-Saturday 9am to 7pm
BUS ROUTES 137

NEED FOR INTAKE Photo ID, insurance if applicable;
call for intake

Northshore Counseling Center's mission is to promote, enhance and support the well-being of individuals and families in the Northshore area and surrounding communities of Crosby, San Jacinto and Channelview. Northshore Counseling Center is committed to operating a quality mental health care center by providing

confidential, appropriate and responsive behavioral health care services for children, adolescents, adults, couples and families.

Individual, family and couples therapy including treatment, counseling and/or education for mood and anxiety disorders, ADHD, stress and anger management, marital conflict and divorce issues, parent-child conflict, trauma, domestic violence and substance abuse.

Other services include Intellectual, IQ and Adaptive Behavior Assessments/Tests, Academic Learning Competencies and Assessments and court-ordered anger management, substance abuse, decision making skills group and truancy classes; children’s trauma group and grandparents support group.

The Battering Intervention and Prevention Program (BIPP) is designed to help adults who are aggressive or intimidating toward their partner. The program teaches how to control anger, skills to manage negative thoughts and more. You can take the program if ordered by the court and likewise if you decide to end the violence in your home. Call for details.

Terapia individual, de pareja, incluyendo tratamiento, consejería y/o educación sobre el cambio de estado de ánimo, trastorno de la ansiedad, ADHD, manejo del estrés y la ira, conflictos matrimoniales y temas de divorcio, conflictos de padres e hijos, trauma, violencia doméstica y abuso de sustancias.

Otros servicios incluyen asesoramiento/análisis del intelecto, y la conducta adaptiva, competencia en aprendizaje académico, evaluación y manejo de la ira por orden judicial, abuso de sustancias, clases sobre la habilidad en hacer mejores decisiones y la ausencia injustificada en la escuela o el trabajo; grupo para niños/niñas con traumas, y de apoyo a abuelos/abuelas.

Battering Intervention and Prevention (BIPP) es un programa diseñado para ayudar a adultos agresivos y/o que intimidan a sus parejas. El programa enseña a cómo controlar la ira, maneras de lidiar con pensamientos negativos, y más. Inscríbese si la corte judicial lo requiere, o si desea eliminar la violencia en su casa. Llame para mayores detalles.

NORTHWEST ASSISTANCE MINISTRIES

15555 Kuykendahl Road
Houston, TX 77090

MAIN.....(281) 885-4555
FAX.....(281) 583-5621
FAM VIOLENCE/24 HRS.....(281) 885-4673
WEB.....www.namonline.org
EMAIL.....nam@namonline.org
CITY SECTION..... North
NEIGHBORHOOD..... Bammel
AREA SERVED . . . Zip codes 77014, 77032, 77038, 77050,
77060, 77066, 77067, 77068, 77069, 77070, 77073,
77086, 77090, 77373, 77379, 77386, 77388, 77389.
LEGEND..... Fam, Appt req
HOURS.....Monday-Thursday, 8am to 5pm;
Friday, 8am to 4pm



NAM is a community-based, multi-program social service agency that strives to supply basic human needs through neighbors helping neighbors. The organization was formed by ten Covenant Congregations who agreed to set aside their theological differences and pool their resources in a manner to better serve community needs. Today, NAM is supported by more than 50 congregations, 18 service partner organizations and more than 160 business community partners. NAM has served north and northwest Harris County since 1983 and currently has approximately 85 employees and 2,000 volunteers.

Emergency Basic Needs

Emergency services including food, prescriptions (non-narcotic), gasoline vouchers, bus tokens, clothing, financial help with rent/mortgage, natural gas and water bills (not electricity bills), school supplies and holiday food and toys. The appointment line is open Monday-Friday from 9am to 12pm and 1pm-3pm until all available appointments have been filled. Appointments are scheduled for the next day. To be eligible for assistance you must reside in zip code 77014, 77032, 77038, 77050, 77060, 77064, 77066, 77068, 77069, 77070, 77073, 77086, 77090, 77373, 77379, 77388, or 77389. Call for more information: (281) 583-5600.

Housing Services

Distributes funds from government grants to help prevent local residents from becoming homeless, or to help homeless families become stably housed. Special funding available for veterans and families with school-aged children. No assistance is offered over the phone, an appointment and personal interview is required. Please call for more information: (281) 885-4531.

Children’s Clinic

Quality medical care for infants and children up to age 18 for families who have Medicaid, CHIP, private insurance or who are self-pay/uninsured. Through a partnership with UT Health Science Center, the clinic provides a full range of services, from preventive care to acute care. Call for more information: (281) 885-4630.

Family Violence Center

The FVC offers a 24-hour hotline, bilingual outreach, telephone crisis counseling, referrals to emergency shelter, transportation, professional counseling for adults and their children, information and referrals for bettering intervention services, legal referrals and court accompaniment. Call for more information: (281) 885-4673 or 1-888-750-4673.

Food – Joanne Watford Nutrition Center

Nutritious groceries for individuals and families. Qualified clients can shop for and select food items, including fresh produce, based on the families nutritional needs. Call for more information: (281) 583-5600.

Interfaith Hospitality Network

Shelter and meals for homeless families in transition as well as assistance finding employment and housing. Call for more information: (281) 885-4567.

Learning Center

ESL classes, GED preparation, reading and writing literacy, job search seminars, financial literacy, legal seminars, and when available, computer classes. Classes are offered free or at reduced cost. Call for more information: (281) 885-4616.

Meals on Wheels Program

Hot, nutritious meals delivered to homebound seniors and individuals who are homebound because of illness or disability. Call for more information: (281) 885-4623.

Senior Services – Fifty Plus Program

The Senior Center offers activities such as exercise and dance classes, day trips, bridge and other card games, bingo, craft groups, and many other classes for active seniors. The Senior Center is a fun place to socialize, keep physically fit and mentally active. Call for more information: (281) 885-4616.



OPEN DOOR MISSION

5803 Harrisburg Blvd.
Houston, TX 77011

MAIN..... (713) 921-7520
FAX..... (713) 891-4206
WEB..... www.opendoorhouston.org
EMAIL..... info@opendoorhouston.org

CITY SECTION..... Central
NEIGHBORHOOD..... East End
LEGEND..... Men only, Walk-ins, Free

HOURS..... 24 hours/7 days
BUS ROUTES..... 50
NEED FOR INTAKE..... Background check, Addiction Severity Index, Personal interview

A faith and evidence based recovery and rehabilitation facility dedicated to transforming the lives of the most severely addicted, destitute, homeless and disabled men in our community.

DoorWay Substance Abuse Program

Intensive 10-month residential program includes AA, Celebrate Recovery, life skills classes, Bible studies, three meals per day, clothing, chapel services and relapse recovery.

Russell M. Scott, Convalescent Care Center

Provides homeless men a safe location to continue healing from surgery, injury or illness for up to one year. This is a comprehensive residential program providing residents the opportunity to rest while being able to access medical and supportive services that assist in completing their recuperation.

Education Center

GED courses for our residential clients and the community as well. All services are free of charge excluding the testing fees.

Se habla español limitada.



PALMER DRUG ABUSE PROGRAM ADMINISTRATION OFFICE

Three Memorial City Plaza
840 Gessner Road, Suite 1300
Houston, TX 77024

MAIN.....(281) 589-4602
FAX.....(281) 589-4834
WEB.....www.pdaphouston.org
EMAIL..... houston-pdap@att.net

AREA SERVED.....Harris County
NEED FOR INTAKE.....Please call location directly

The Palmer Drug Abuse Program (PDAP), the oldest substance abuse recovery program for youth in the Houston community, has operated continuously since 1971 providing free substance abuse recovery services to youth ages 12-25 and their parents.

The completely anonymous program provides 12-step support group meetings, crisis intervention, client assessments & referrals, individual and family counseling sessions, drug-free social and recreational activities and community education, prevention and intervention programs. These programs improve our neighborhood, our city and our schools by returning healthy kids to the community to become productive members of society.

AGE 12 TO 17 GROUPS:

LEGEND..... Ages 12-17, Free, Walk-ins, CD

Services include 12-step support group meetings, crisis intervention, client assessment & referrals, individual and family counseling sessions, and drug-free social and recreational activities.

Katy


Covenant Lutheran Church
3785 Barker Cypress Road
Houston, TX 77084

MAIN..... (281) 870-9311
CITY SECTION..... West
NEIGHBORHOOD..... Addicks/Park 10

Meetings are held on Mondays from 7:30pm to 9pm.


Grupo de apoyo en Español para los padres.



Memorial/Spring Branch 
West Houston Community Center
725 Bateswood #200
Houston, TX 77079

MAIN (281) 870-9311
CITY SECTION West
NEIGHBORHOOD Memorial
BUS ROUTES 131

Meetings are held on Wednesdays from 7:30pm to 9pm,
after school (Mon-Fri) 3pm-7pm and Saturday 12pm-6pm.
Grupo de apoyo en Español para los padres.

Midtown 
Council on Alcohol & Drugs Houston
303 Jackson Hill
Houston, TX 77007

MAIN (281) 848-2650
CITY SECTION Central
NEIGHBORHOOD Heights
BUS ROUTES 6

Meetings are held on Thursdays from 7pm to 8:30pm.


Spring/North Houston 
Holy Comforter Episcopal Church
2322 Spring Cypress Road
Spring, TX 77388

MAIN (281) 528-7908
CITY SECTION North
NEIGHBORHOOD Spring
LEGEND Ages 12-17, Free, Walk-ins, CD

Meetings are held on Mondays & Thursdays from
7:30pm to 9pm.

AGE 18 TO 25 GROUPS:

LEGEND Ages 18-25, Free, Walk-ins, CD
Services include 12-step support group meetings,
individual and family sessions and recovery based social
activities.

Midtown 
Council on Alcohol & Drugs Houston
303 Jackson Hill
Houston, TX 77007


MAIN (281) 870-9311
CITY SECTION Central
NEIGHBORHOOD Memorial/Washington Ave
BUS ROUTES 6

Meetings are held on Tuesdays from 7pm to 8:30pm.

Memorial/Spring Branch 
Emmanuel Episcopal Church
15015 Memorial Drive
Houston, TX 77079


MAIN (281) 870-9311
CITY SECTION West
NEIGHBORHOOD Memorial
BUS ROUTES 131

Meetings are held on Thursdays from 7:30pm to 9pm.

Memorial/Spring Branch 
St. Thomas Presbyterian Church
14100 Memorial Drive
Houston, TX 77079

MAIN (281) 870-9311
CITY SECTION West
NEIGHBORHOOD Memorial
BUS ROUTES 131

Meetings are held on Mondays from 7:30pm to 9pm.

Spring/North Houston 
Holy Comforter Episcopal Church
2322 Spring Cypress Road
Spring, TX 77388

MAIN (281) 528-7908
CITY SECTION North
NEIGHBORHOOD Spring

Meetings are held on Tuesdays from 7:30pm to 9pm.

PAWS HOUSTON
Pets are Wonderful Support

5201 Memorial Drive, Suite 1162
Houston, TX 77007

MAIN (713) 840-7297
FAX (713) 840-7205
WEB www.pawshouston.org
EMAIL info@pawshouston.org

CITY SECTION Central
NEIGHBORHOOD Afton Oaks
AREA SERVED City of Houston
LEGEND All, Free, S\$, Lim

PAWS Houston recognizes the importance of the human-animal bond and our mission is to sustain relationships between pet owners and their pets through a period of the owner's terminal and/or chronic illness in the hospital, hospice and at home. PAWS Houston arranges and facilitates "personal" pet visits to the hospital, hospice, nursing home and rehabilitation centers to improve physical and mental health for the pet owner. The goal of PAWS Houston is to assist pet owners that are living with a terminal illness in maintaining the bond with their companion pet and have their companion pet visit and/or be cared for during their hospital and in-home/hospice care.

Services for low income pet owners living with a terminal illness. Services include an animal food bank, subsidized veterinary care, volunteer pet care, grooming, and foster care when necessary. Provides Safe Pet Guidelines for clients as well as education of the medical and veterinary communities about the benefits and risks of animal companionship for people with medical and financial hardships.

Servicio para las personas de bajos recursos con una enfermedad terminal quienes necesitan ayuda con sus animales domésticos. El servicio incluye alimento, cuidado médico subsidiario, cuidado proveído por un voluntario, aseo y cuidado temporario del animal cuando sea

necesario. Además, ofrece educación sobre la seguridad del animal, y los beneficios y riesgos que corren las personas con dificultades médicas y financieras de tener un animal doméstico.

PET BEREAVEMENT COUNSELING SERVICES

2400 Westheimer, Suite 209 W
Houston, TX 77098-1305

MAIN..... (713) 522-8344
FAX..... (713) 522-1740

CITY SECTION..... Central
NEIGHBORHOOD..... Greenway/Upper Kirby

HOURS.....By appointment
BUS ROUTES..... 18, 81, 82

PBCS is dedicated to helping those whose lives have been altered due to the death of a pet.

Offering comfort and support to individuals, families and groups whose lives have been altered due the death of a pet. Consultations, workshops and educational seminars are also available.

PET PATROL

1809 W. 14th 1/2 Street
Houston, TX 77080

MAIN..... (281) 733-7696
WEB..... www.thepetpatrol.org

AREA SERVED... Eligible clients living inside the beltway
LEGEND.....All (low income & disabled), Free, S\$,
Appt req, Call for intake

NEED FOR INTAKE... Proof of disability and financial status

A volunteer-based 501(c)3 organization that assists those affected by a chronic or life-threatening illness, or frail elderly, to keep their pets. Services include free or low cost pet food, basic veterinary care, foster care, spaying/neutering and more.

PFLAG HOUSTON

Meeting Location:

St. Paul's United Methodist Church
5501 South Main (at Binz)
Houston, TX 77004

Mailing Address:

P.O. Box 66834
Houston, TX 77266-6834

MAIN..... (713) 467-3524
WEB..... www.pflaghouston.org
EMAIL..... helpline@pflaghouston.org

CITY SECTION..... Central
NEIGHBORHOOD..... Hermann Park
LEGEND..... All, Free

HOURS..... 1st Sunday each month, 1:30pm-4pm
(except holidays-check website)

BUS ROUTES..... 1, 8, 65, METRO Light Rail

The mission of PFLAG (Parents, Friends and Family of

Lesbians and Gays) Houston is to: Support Families - working to keep families in loving relationships by helping them understand and affirm their gay, lesbian, bisexual or transgendered family members; Educate the Public - seeking to dispel the myths and misinformation by working with educators, community and religious groups, the media and the general public; and Advocate for Equality - calling for equal human and civil rights. PFLAG provides opportunities for dialog about sexual orientation and gender identity, and acts to create a society that is respectful of human diversity.

The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom -- the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message.

Check our website for information about our general meetings and support groups in Clear Lake and Upper Kirby. Your call is very important to us, but if you are not in the Houston area, we suggest first looking for a chapter in your area by going to the PFLAG National web site at www.pflag.org/chapters/find.html. However, don't hesitate to call us if you cannot find help elsewhere.

Folletos en español, reuniones de grupos pequeños. Por favor llame primero para informarnos de sus necesidades.

PLANNED PARENTHOOD GULF COAST



4600 Gulf Freeway
Houston, TX 77023

TOLL FREE..... (800) 230-7526
WEB..... www.ppgulfoast.org
EMAIL..... information@ppgulfoast.org

CITY SECTION..... All
LEGEND..... M, W, Y, Free, Walk-ins, Esp

Planned Parenthood Gulf Coast is a leading non-profit provider of reproductive health care, sexuality education and advocacy for reproductive health care access and rights. Since 1936, we've been working to ensure that all women, men and teens have access to safe, affordable health care and accurate information. With a network of health centers in Houston and Southeast Texas, we help people get the health care they need so they can stay healthy and get accurate information.

To be automatically connected to the nearest clinic, call:

TOLL FREE..... (800) 230-PLAN

HIV testing and counseling, STD testing and treatment, birth control, well-woman exams, information about pregnancy options and related services.

Pruebas y asesoramiento de VIH, pruebas y tratamiento

de enfermedades de transmisión sexual para hombres y mujeres, métodos anticonceptivos, exámenes anuales e información sobre opciones de embarazo.

POSITIVE BROTHERS UNITED

See Real Talk Inc.

POSITIVE EFFORTS

7135 W. Tidwell Road
Bldg. M, Suite 102
Houston, TX 77092

MAIN..... (713) 812-0044
FAX..... (713) 957-1542
WEB..... www.positiveefforts.org
EMAIL..... positive_efforts@sbcglobal.net

CITY SECTION..... Northwest
NEIGHBORHOOD..... Langwood
LEGEND..... Adults, Walk-ins, Free, CD

HOURS..... Monday-Friday 9am to 5pm
BUS ROUTES..... 45

HIV and Syphilis testing, counseling and referrals; health and risk reduction education, SISTA Project (Sisters Informing Sisters About Topics on AIDS) - a social skills training intervention aimed at reducing HIV sexual risk behavior among African American women at highest risk; Voices/Voces (Video Opportunities for Innovative Condom Education and Safer Sex) - a single-session, video-based program for the prevention of HIV and other STDs; speaker bureau; community outreach.

PRESBYTERIAN CHILDREN’S HOME AND SERVICES

5020 W. Bellfort
Houston, TX 77035

MAIN..... (713) 721-2908
FAX..... (713) 721-2909
WEB..... www.pchas.org

CITY SECTION..... Southwest
NEIGHBORHOOD..... Willow Meadows/Willow Bend
LEGEND..... All, Free

HOURS..... Monday-Friday 8am to 5pm
BUS ROUTES..... 8, 10

PCHAS serves children and families who are facing a crisis such as death, divorce, illness, violence, homelessness, alcohol/drug abuse and other situations. The Child and Family program addresses their physical, emotional, social, educational, spiritual and financial concerns while working to keep families together, removing the barriers that can prevent families from receiving the services they need. Services are provided at no cost to families in need in 2 locations in the Houston area and in 18 cities in Texas, Missouri and Louisiana.

Child and Family Program

Provide crisis intervention and family preservation services, in-home family assessment, parenting skills and support, teaching and building life skills, family and individual counseling, and collaboration with community social services to assist families with all their needs. The goal is to address issues before a crisis results in out-of-home placement of children.

PRIMARY HEALTH NETWORK OF SOUTH TEXAS

7400 Fannin Street, Suite 1118
Houston, TX 77054

MAIN..... (713) 799-8994
FAX..... (713) 799-9931
WEB..... www.hunterhammillmd.com

CITY SECTION..... Central
NEIGHBORHOOD..... Medical Center
LEGEND..... W, All, Appt req, Med, Ins, Esp

HOURS..... Monday & Wednesday, 9am to 4pm;
Tuesday, 9am to 12pm
BUS ROUTES..... 14, 73

Office of Dr. Hunter A. Hammill

Prenatal care for pregnant HIV+ Women; gynecologist, well woman exams, all inpatient and outpatient care for Women; also involved in clinical trials. Dr. Hammill has delivered for more than 1,000 HIV+ women and taken care of more than 3,000 HIV+ women for gynecological care.

Servicio ginecológico y obstétrica cuidado prenatal para la mujer embarazada VIH+, examen para el bienestar; cuidado del paciente interno y externo. Dr. Hammill ha asistido en más de 1,000 partos de pacientes embarazadas con VIH, y más de 3,000 pacientes con el VIH has estado bajo su cuidado ginecológico.

PROJECT PATH FINDER

Mailing Address:
P.O. Box 721303
Houston, TX 77272-1303

MAIN..... (832) 830-3440
WEB..... www.projectpathfinderhouston.org
EMAIL..... projectpathfinderhouston@gmail.com

HOURS..... Wednesdays, 11:45am to 1:45pm

Project Pathfinder’s (PPF) mission is to break the cycle of incarceration for offenders and their families. By providing the tools and skills to each individual to become successful, law abiding citizens, that contribute to society we can break the cycle of recidivism. The focus is not only on the offender but also family members so that the entire family may regain a sense of safety, dignity and well-being.

Connects ex-offenders to resources such as housing, ID and birth certificate, employment services, bus passes, clothing and more. Call for more information.



REACH HEALTHCARE SERVICES

(formerly Care Group of Texas)
9220 Kirby Drive, Suite 1000
Houston, TX 77054



- 24 HOURS (713) 383-2100
- INTAKE FAX (713) 383-2122
- FAX (713) 383-2113
- TOLL FREE (800) 866-1851
- WEB..... www.reachhealthcareservices.com
- CITY SECTION..... Central
- NEIGHBORHOOD Astrodome/South Loop
- AREA SERVED... Brazoria, Chambers, Ft. Bend, Galveston,
Harris, Liberty, Montgomery and Waller counties
- HOURS Monday-Friday, 8:30am to 5pm
- NEED FOR INTAKE Physicians order,
insurance/payment information

Reach Healthcare Services is a full service home health, pediatric outpatient rehabilitation therapy and personal assistance services agency caring for seniors, adults and children. Our Medicare nursing and therapy services focus on skilled needs of the geriatric population. Our personal caregiver program offers a full continuum of care by offering non-medical care in the home.

Reach Healthcare Services

LEGEND..... All, Med, Ins, Private pay,
Workers Comp, Managed Care

Private duty nursing (RN & LVN), skilled nursing visit and unlicensed personal assistant services (caregiver); physical, occupational and speech therapy.

Pediatric Nursing & Pediatric Rehabilitation

LEGEND..... Ages 0-21 years, Medicare, Medicaid,
Medicaid Managed Care, Private Pay, Ins

Skilled nursing visits to facilitate enteral feeding and respiratory equipment discharge to home, physical therapy, speech therapy, occupational therapy, sensory integration therapy, feeding program (OT). Reach Therapy Center: Pediatric Outpatient Rehabilitation Clinics, located in central, north and southwest Houston.

REAL TALK INC.

8000 N. Stadium Drive, 5th Floor
Houston, TX 77054



- MAIN.....(832) 393-4663
- WEB.....www.realtalkproject.com
- HOURSMonday-Friday, 11am to 7pm

Real Talk - Community Outreach Program for high risk men of color who have sex with men (MSM), offers a variety of groups and referral programs to educate and support prevention efforts for MSM of color. Call or visit our website for more information. Available Monday-Friday from 11am to 6pm, by appointment only.

Positive Brothers United - service linkage/support program for African American MSM who are recently diagnosed with HIV or not in care. The program works with community health centers to link individuals into medical care and support them through the process of getting back into care. The group meets on the 3rd Thursday of the month, and offers socials, email support and prayer support. For more information please call or email us: realtalkoutreach@gmail.com.

Safe Talk - counseling program for high risk negative MSM of color. The 3 session group discusses HIV 101, safer sex, condom negotiation and partner notification. Free condoms and gift cards for those who attend. The group meets on the 2nd and 4th Tuesday of the month from 9am to 11am at SEARCH (2505 Fannin Street 77002).

Testing Testing 123 - HIV and STI Referral Program. It is important for those who engage in high risk sex to be tested on a regular basis. This program works with local community health centers to refer high risk HIV negative as well as positive MSM for HIV and STI testing. Those who show proof of testing (within 15-30 days) receive a gift card. The program averages 20-30 successful testing referrals a month.

Health Link - Employment and Job Skills Referral Program. Do you have questions about jobs, employment opportunities and other related questions? Get linked up today with Health Link and get the support that you need. Please call for more information.

REHOBOTH FOUNDATION, INC.

7707 Bissonnet, Suite 106
Houston, TX 77074

Mailing Address:
P.O. Box 710402
Houston, TX 77271

- MAIN.....(713) 484-5850
- FAX (713) 270-4110
- WEB..... www.rehobothfoundation.org
- EMAIL rehobothf@yahoo.com

CITY SECTION..... Southwest
NEIGHBORHOODBraeburn
LEGEND..... M, W, Y, Fam, I/RR, CD, Referral req
BUS ROUTES..... 65

Rehoboth Foundation is a nonprofit organization with a focus on community assistance and development programs; employment assistance: vocational education, skills assessment, workplace skills training; community education programs: computer literacy, financial literacy, health literacy, GED and other relevant capacity building and leisure learning programs; entrepreneurship and small business development programs (start up mentoring and coaching).

RIDES

(Harris County Rides)
9418 Jensen Drive
Houston, TX 77093

MAIN..... (713) 368-7433
FAX..... (713) 696-1977
WEB.....www.harriscountyrides.com

CITY SECTION..... North
NEIGHBORHOOD.....Eastex/Jensen
AREA SERVED.....Harris County
LEGEND..... Disabled, Elderly or Low income, Flat, Esp
HOURS.....Shared Ride: 7am to 7pm; Taxi: 24 hours
NEED FOR INTAKE.....Photo ID and Proof of disability

What is RIDES? RIDES is a curb-to-curb subsidized program that allows eligible customers and participating agencies to purchase transportation services at a significant discount. The customer/agency pays 50% of the total trip cost. Each customer may select from two levels of service: Shared Ride and Taxi Service.

Am I Eligible? RIDES coordinates non-emergency transportation services for the seniors and people with disabilities who are residents of Harris County and unable to access METRO services. To qualify, you must reside within Harris County and meet one or more of the following criteria: over 65 years of age (proof of age required); or disabled (proof of disability required: SSI Award letter or certification letter from your physician).

¿Que es RIDES? RIDES es un programa subvencionado de transporte que permite a los clientes elegibles y las agencias participantes que solo paguen 50% del costo para transportación. El cliente/agencia ahorra 50% del costo. Cada cliente puede elegir entre dos niveles de servicio: Viaje Compartido y Servicio de Taxi.

¿Soy elegible para el programa? RIDES brinda servicios de transporte (no de emergencia) para los habitantes mayores de 65 años de edad y personas con discapacidad quienes son residentes del Condado de Harris y no tienen la posibilidad de acceder a los servicios de METRO. Para calificar, usted debe residir en el Condado de Harris y cumplir con uno o más de los siguientes criterios: más de 65 años de edad (prueba de la edad requerida) o discapacidad (prueba de discapacidad requerido: Carta de adjudicación de SSI o un certificado médico).

ROSENBERG-RICHMOND HELPING HANDS, INC.

902 Collins Road
Richmond, TX 77469

Mailing Address:
P.O. Box 1268
Richmond, TX 77406

MAIN..... (281) 232-4904
FAX..... (281) 232-8050
WEB.....www.roserichhelpinghands.org
EMAIL..... hhfoodnb@comcast.net

CITY SECTION..... Southwest
NEIGHBORHOOD..... Richmond

AREA SERVED... Zip codes: 77417, 77421, 77441, 77444,
77451, 77461, 77464, 77469, 77471, 77476, 77481

LEGEND..... All, Free, Walk-ins

HOURS..... Monday-Thursday, 10am to 2:30pm
NEED FOR INTAKE..... Photo ID, Proof of address

Food Pantry

We receive a large amount of food from food drives and also purchase items so that our clients can be assured of getting a well-balanced variety of foods.

Clothing

Thanks to the generosity of the community, we have an abundance of most kinds of clothing.

Referrals

If we cannot help with a problem, we can make referrals to someone who can. We have a list of agencies and organizations that offer assistance.

RYAN WHITE PLANNING COUNCIL



2223 West Loop South, Suite 240
Houston, TX 77027

MAIN..... (713) 572-3724
FAX..... (713) 572-3740
TTY..... (713) 572-2813
WEB.....www.rwpcHouston.org
EMAIL..... feedbackRWPC@hctx.net

CITY SECTION..... Central
NEIGHBORHOOD.....Galleria/Post Oak
AREA SERVED..... Harris and surrounding counties
LEGEND..... All, Free

HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 73, 81, 82

Each year, the Ryan White Planning Council designs services and allocates federal funds for services to people living with HIV/AIDS. All meetings and processes are open to the public and community input is encouraged at all levels. The meeting calendar, Council publications and a wealth of other information is available on our website. The Office of Support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book" as well as a mini Blue Book that is available to inmates in the Harris County Jail and Texas Department of Criminal Justice.

Project LEAP (Learning-Empowerment-Advocacy-Participation) is a comprehensive advocacy training program for HIV+ individuals residing in Harris and the surrounding counties. The goal of the program is to train PLWHA to become active participants in local HIV/AIDS planning activities by serving on a planning body, such as the Ryan White Planning Council or the City of Houston HIV Prevention Planning Group.



SAINT HOPE FOUNDATION

WEB. www.offeringhope.org
AREA SERVED. Houston and surrounding counties

SHF is a full-service community health center providing comprehensive primary healthcare in Houston and the surrounding area in a culturally sensitive and confidential environment. Specializing in HIV/AIDS testing, education, treatment and social services since 1999, SHF also provides care for other chronic conditions such as diabetes, high blood pressure and Hep C. Generous financial support from individuals, businesses and charitable foundations allow SHF to provide no or low cost care to men and women each year.

As a Federally Qualified Health Center, many services are offered on a sliding fee scale and Medicaid, Medicare and most health insurance plans are accepted. Walk-ins are welcome, same day appointments and new patient appointments available daily.

Corporate Office



6200 Savoy, Suite 540
Houston, TX 77036

MAIN. (713) 778-1300
FAX (713) 778-0827
CITY SECTION. Southwest
NEIGHBORHOOD Sharpstown
LEGEND. Adults, S\$, Ins, Med, Appt req
HOURS Monday-Friday, 8am to 6pm
BUS ROUTES 81, 132
HIV/STD testing, Monday-Thursday, 8am to 5pm; Friday 9am to 12pm; medical transportation.

SHF Bellaire (Houston) Community Health Center



6800 West Loop South, Suite 560
Bellaire, TX 77401

MAIN. (713) 839-7111
FAX (713) 839-7156
CITY SECTION. Central
NEIGHBORHOOD Bellaire
LEGEND. M, W, F, All, I/RR, Free, Med, Ins, Appt/Walk-ins, Esp
HOURS Monday-Friday, 8am to 6pm
BUS ROUTES 2

Case management, HIV medical care, dental care, vision care, Hep C information and resources, HIV/STD testing and prevention services, mental health counseling, nutrition and wellness, pharmacy, and access to clinical trials.

SHF Conroe Community Health Center



1414 S. Frazier, Suite 105/106
Conroe, TX 77301

MAIN. (936) 441-2440
FAX (800) 240-5020

CITY SECTION. North
NEIGHBORHOOD Conroe
AREA SERVED. Montgomery, Waller and Harris Counties; Huntsville
LEGEND. All, **HIV+ only**, I/RR, Free, Med, Ins, Appt req, Esp

HOURS Monday, Wednesday, Friday, 8am to 6pm
Case management, HIV medical care, dental care, vision care, Hep C information and resources, HIV/STD testing and prevention services, mental health counseling, pharmacy, and access to clinical trials.

SHF Sugar Land Community Health Center



13020 S. Dairy Ashford Rd, Suite 101
Sugar Land, TX 77478

MAIN. (281) 277-8571
FAX (281) 277-8564
CITY SECTION. Southwest
NEIGHBORHOOD Stafford
AREA SERVED. Chambers, Ft. Bend, Liberty and SW Harris (outside Beltway 8) counties
LEGEND. All, I/RR, Free, Med, Appt req, **HIV+ only**, Esp
HOURS Monday-Friday, 8am to 6pm

Case management, HIV medical care, dental care, vision care, Hep C information and resources, HIV/STD testing and prevention services, pharmacy, and access to clinical trials.

SHF Texas City Clinic



6807 Emmett F. Lowry Expressway, Ste 302
Texas City, TX 77591

MAIN/FAX. (832) 431-5162
CITY SECTION. Southeast
NEIGHBORHOOD Texas City
LEGEND. All, Ins, Med, Appt/Walk-ins
HOURS Tuesday-Thursday, 9am to 6pm

SAINT MARY MAGDALENE SOCIAL SERVICES



527 S. Houston Avenue
Humble, TX 77338

MAIN. (281) 540-1907
CITY SECTION. North
NEIGHBORHOOD Humble
AREA SERVED. Zip codes: 77346, 77396 and 77338 east of Lee Road

LEGEND. All, Free, Walk-ins, Lim
HOURS Monday, Wednesday, Friday, 10am to 12pm or first 12 families in line
NEED FOR INTAKE Valid ID, Rent agreement or mortgage payment coupon, household income, Last report cards for children in home, Proof of residence

Food pantry, utility and rental assistance (only with termination, disconnect or eviction notice, once a year); referrals for other needs.

SALVATION ARMY, HOUSTON AREA COMMAND

2208 Main Street
Houston, TX 77002

MAIN..... (713) 658-9205
FAX..... (713) 658-9206
WEB..... www.salvationarmyhouston.org
CITY SECTION..... Central
NEIGHBORHOOD..... Downtown
AREA SERVED..... Harris and surrounding counties
(EXCEPT Galveston, Pasadena and Ft. Bend county)
LEGEND..... All, Free, Esp
HOURS..... Monday-Thursday, 8am to 3:30pm;
Friday, 8am to 11:30am
BUS ROUTES..... 1, 9, METRO Light Rail

Social Services

Emergency assistance with food, rent/mortgage, water bill and clothing. Please call for intake.

Asistencia de emergencia con alimentos, renta/hipoteca, cuenta de agua y prendas de vestir.

SAN JACINTO APARTMENTS

See Houston SRO Housing Corp.

SANTA MARIA HOSTEL

2605 Parker Road
Houston, TX 77093

MAIN/INTAKE..... (713) 691-0900
FAX..... (713) 691-0910
WEB..... www.santamariahostel.org
CITY SECTION..... North
NEIGHBORHOOD..... Eastex/Jensen
LEGEND..... W, W/C, I/RR, CD, Free, Appt req
BUS ROUTES..... 39

Santa Maria Hostel is a non-profit organization with over 50 years of experience serving women. The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives. Santa Maria serves women age 18 and up who reside in Harris or one of the 12 surrounding counties. Programs offered include residential substance abuse treatment programs for women and women with children ages 0-12, outpatient substance abuse treatment, transitional housing for up to one year, and programs for homeless women/homeless women with children ages 0-12 years, Veterans and HIV+.

Santa Maria treatment and housing clients also benefit from many additional services including: integrated mental health services for clients with co-occurring disorders, case management, counseling, parenting and life skills classes, educational and vocational services, peer-to-peer recovery coaching, court liaison services and childcare and transportation assistance.

SEARCH HOMELESS SERVICES



2505 Fannin Street
Houston, TX 77002

MAIN..... (713) 739-7752
FAX..... (713) 739-7706
WEB..... www.searchhomeless.org
EMAIL..... info@searchhomeless.org
CITY SECTION..... Central
NEIGHBORHOOD..... Midtown
LEGEND..... M, W, Fam, Free, I/RR, Walk-ins,
CD, Esp, Homeless only
HOURS..... Monday-Friday, 8am to 4pm
BUS ROUTES..... 1, 11, 9, 52, 78, METRO Light Rail

SEARCH operates a one-stop shop for individuals and families who are homeless. We offer street outreach and a day shelter which provides showers, laundry facilities, phone and mail services, breakfast and hot lunch. Employment services are also available. SEARCH also operates an accredited early childhood development center.

SEARCH ofrece servicios a individuos y familias sin vivienda, incluyendo un servicio de alcance en las calles de la ciudad. Ofrece baños/duchas, lavandería, teléfono y servicios de correo, desayuno, y almuerzos calientes. Además, ofrece servicios de empleos. Administran un centro acreditado de desarrollo temprano para niños/niñas.

HHH (Healthcare for the Homeless Houston) Clinic

Services include general care and podiatry, as well as psychological and psychiatric services. You must have a homeless letter (from an organization other than SEARCH) to access these services and you cannot have any form of health insurance already (i.e. hospital district eligibility, Medicaid/Medicare, etc.). If you do not have an appointment you may be able to access the clinic as a walk-in. Please note, however, that SEARCH staff never knows when the clinic will be accepting walk-ins.

Healthcare for the Homeless Houston, es una clínica que ofrece cuidado general y podiatría, y servicios psicológicos y psiquiátricos. Para recibir servicios, la persona debe obtener una carta de una agencia que no sea SEARCH, y no debe tener seguro médico (así como Medicaid/Medicare, o del distrito hospitalario). Uno puede llegar a SEARCH a obtener servicios sin cita, aunque tener cita es preferible.

HHH Dental Clinic

Provides APPOINTMENT ONLY dental care to clients that do not have any form of insurance (hospital district eligibility, Medicaid/Medicare, etc.), have a homeless letter (from an organization other than SEARCH) and have passed a medical screening in the HHH health clinic. Dental appointments are only made after someone has had a physical examination in the medical clinic.

La clínica dental ofrece cuidado dental con cita solamente para las personas que no tengan seguro médico (así como Medicaid/Medicare, o del distrito hospitalario), la persona debe obtener una carta de una agencia que no sea SEARCH y debe haber aprobado una evaluación en la clínica médica de SEARCH. Se le dará una cita dental solamente después que haya recibido una examinación médica.

House of Tiny Treasures Childcare Center



1529 Lombardy
Houston, TX 77023

MAIN..... (713) 923-7938
FAX..... (713) 923-7940
CITY SECTION..... Central
NEIGHBORHOOD..... East End
LEGEND..... C (1 to 5 yrs)
HOURS..... Monday-Friday, 7am to 5:30pm

An early childhood education program for children 2 to 5 years that provides developmentally-focused childcare for pre-school age children while their parents attend classes and begin working. Most families are residing in area shelters and other housing programs. Nutritious meals, education and intensive art, play and speech therapy fulfill student needs. HTT is Houston’s most recognized therapeutic center dedicated to providing this unique clientele with essential opportunities to prepare young children to succeed in school.

SIGN LANGUAGE ACCESSIBLE INTERPRETERS

(Accessible Signs)

P.O. Box 10126
Houston, TX 77206-0126

MAIN..... (713) 263-9670
FAX..... (713) 263-9737
24 HOURS..... (713) 501-8273
VP/TTY:..... (832) 413-6186
WEB..... www.accessiblesigns.com
CITY SECTION..... All
LEGEND..... All, Flat Fee
HOURS..... 24 hours

Sign and foreign language interpreters, oral interpreters and information and referral for the deaf and hard of hearing community. English, ASL and oral communication available. Interpreters are available 24-hours a day and many are trained in HIV/AIDS. CART and capturing services are available.

SIGN SHARES

99 Detering, Suite 160
Houston, TX 77007

MAIN/TTY/24 HRS..... (713) 869-4373
FAX..... (713) 869-8463
Video Relay IP..... 72.16.240.118
WEB..... www.signshares.com
CITY SECTION..... Central
LEGEND.... All, Flat Fee, DARS DHHS funding available
HOURS..... 24 hours

Sign language, oral interpreting and transliteration services. Specialty in medical, legal, technical and special events. Services also available for foreign sign language users and trilingual (Spanish) events. Services available 365 days/24 hours to all sectors and venues. Remote services are available to compatible clients. Services include trilingual English/ASL/Spanish and services to Deaf and hard of hearing immigrants of Spanish speaking countries.

Servicios del habla por señas, interpretación oral y traducción. Especializados en el área médica, legal, técnico, eventos especiales, el habla por señas utilizados en otros países, y en eventos trilingües (español). Estos servicios están disponibles las 24 horas del día, 365 días del año. Conferencia en video disponible con una cita para los clientes compatibles.

SOCIAL SECURITY ADMINISTRATION

MAIN..... (800) 772-1213
TTY..... (800) 325-0778
WEB..... www.ssa.gov
HOURS..... 24 hours

Use the automated telephone service 24 hours a day to get recorded information and conduct some business. If you cannot handle your business through the automated service, you can speak to a Social Security representative between 7 am and 7pm Monday through Friday. Generally, you’ll have a shorter wait time if you call during the week after Tuesday. If you are deaf or hard of hearing, call the toll-free TTY number between 7 am and 7pm Monday through Friday.

Tendrá acceso a nuestros servicios telefónicos automatizados que le proveen información pre-grabada y llevar acabo algunos de sus asuntos las 24 horas del día. Si no puede concluir sus asuntos a través de nuestros servicios automatizados, puede hablar con uno de nuestros agentes entre las 7:00 am y las 7:00 pm, de lunes a viernes. Por lo general, su tiempo de espera será más corto si nos llama después del martes. Si es sordo o tiene problemas de audición, llame a nuestro número gratis TTY, entre las 7:00 am y las 7:00 pm, de lunes a viernes.

SOUTHEAST AREA MINISTRIES



2102 Houston Boulevard
South Houston, TX 77587

Mailing Address:
P.O. Box 267
South Houston, TX 77587-0267

MAIN..... (713) 944-0093
FAX..... (713) 944-2157
WEB..... www.southeastareaministries.com
EMAIL..... southeministries@sbcglobal.net
CITY SECTION..... Southeast
NEIGHBORHOOD..... South Houston
AREA SERVED..... Zip codes: 77504, 77587, 77017,
77034, 77061, 77075, 77087, 77089 &
77012 south of Braes Bayou
LEGEND..... All, Fam, Walk-ins, Free

HOURS Monday-Thursday, 9:30am to 1:30pm
NEED FOR INTAKE Photo ID, SS numbers,
Proof of residence

SeAM is a coalition ministry providing assistance to families and individuals in South Houston, southeast Houston and southwest Pasadena.

Food, used clothing and household items; financial assistance for housing, utilities and prescriptions; school uniforms, shoes and supplies; Christmas gifts for children under 16. Gas vouchers available for verifiable appointments for job related trips or doctor appointment.

Alimentos, prendas de vestir de segunda mano y artículos para la casa, ayuda financiera para el alquiler, recetas médicas, uniformes escolares para niños/las menor de 16 años de edad, vales para gasolina para asistir a citas médicas o entrevista de trabajo bajo verificación.

SOUTHSIDE PHARMACY



MAIN (713) 660-8888
RETAIL (713) 660-8890
FAX (713) 661-4828
TOLL FREE (888) 660-6337
NURSING (713) 660-6671
WEB www.ssr.com
EMAIL inquire@ssrx.com
LEGEND All, Esp

South Side Pharmacy is a full service retail pharmacy providing comprehensive pharmacy care to individuals on maintenance medications as well as international patients. Pharmacists are specifically trained in high risk conditions and managed complex medication therapies. South Side Pharmacy accepts over 350 insurance plans including ADAP, and has competitive cash prices. Free local delivery available.

Other services provided include intravenous therapy and injectables, specialty compounding, convenient infusion suites with the comforts of home, home medical equipment, home health services and patient education. Southside Pharmacy provides an environment of collaboration when working with patients, physicians and care providers. Our "team approach" assures you that your health is our number one concern. It is our mission to focus on services resulting in improved patient care.

South Side Pharmacy es una farmacia que ofrece un servicio completo de venta de medicamentos al por menor para clientes locales e internacionales. Los farmacéuticos están entrenados específicamente para condiciones de alto riesgo y administran terapias complejas de medicamentos. Se acepta más de 350 planes de seguro incluyendo ADAP, y los precios son competitivos. Se ofrece reparto local gratis.

Además, se ofrece servicios de terapia intravenosa e inyectables, una serie de habitaciones convenientes y cómodas, provisiones médicas para la casa, servicios de salud en la casa y educación al paciente

Southside Pharmacy

7700 Main Street
Houston, TX 77030

MAIN (713) 660-8888
RETAIL (713) 660-8890
FAX (713) 661-4828
TOLL FREE (888) 660-6337
CITY SECTION Central
NEIGHBORHOOD Braeswood
HOURS Monday-Friday 8am to 8pm;
Saturday 9am to 3pm
BUS ROUTES 4, 8, 10

Southside Pharmacy II



1200 Binz Street, Ste. 260
Houston, TX 77004

MAIN (832) 553-1315
FAX (832) 553-1316
CITY SECTION Central
NEIGHBORHOOD Museum District
HOURS Monday-Friday 9am to 5pm
BUS ROUTES 1, 8, 65, METRO Light Rail

Southside Pharmacy



707 23rd Street, Ste B
Galveston, TX 77550

MAIN (409) 497-2767
FAX (409) 497-2948
CITY SECTION Southeast
NEIGHBORHOOD Galveston
HOURS Monday-Friday 9am to 5pm

Southside Pharmacy



1331 Grand Parkway North, Ste 110
Katy, TX 77493

MAIN (832) 831-7990
FAX (832) 831-7992
CITY SECTION West
NEIGHBORHOOD Katy
HOURS Monday-Friday 9am to 5pm

Southside Infusion-DME



7700 Main Street
Houston, TX 77030

MAIN (713) 660-8888
FAX (713) 661-4828
CITY SECTION Central
NEIGHBORHOOD Braeswood
AREA SERVED Harris, Brazoria, Chambers, Ft. Bend,
Liberty, Galveston, Montgomery, Walker,
Waller and Wharton counties
LEGEND All, Med, Ins, Wkr Comp, Esp
HOURS Monday-Saturday 9am to 5pm
BUS ROUTES 4, 8, 10

At SouthSide Infusion-DME we provide a variety of home medical equipment and accept all major insurance. Items

provided include diabetic supplies and shoes, walkers and rollators, commode and shower chairs, oxygen, CPAP, BiPAP, nebulizers, internal feeding and suction, wheelchairs, hospital beds, airless mattress and wound care as well as orthopedic braces, catheter supplies and incontinence supplies.

En South Side Infusion-DME ofrecemos una variedad de provisiones médicas para la casa, y aceptamos los mayores seguros médico. Las provisiones incluyen accesorios y zapatos para el diabético, andaderas, inodoro y sillas para la bañadera, oxígeno, CPAP, BIPAP, nebulizador, alimentación interna y succión, sillas de ruedas, camas de hospital, colchón sin aire, cuidado de lesión, braguero ortopédico, accesorio de catéter e incontinencia.

Southside Patient Assistance Program

MAIN.....(832) 488-3205
FAX.....(832) 553-7695
LEGEND..... All, Free, Esp
HOURS..... Monday-Friday 8am to 8pm
NEED FOR INTAKE.....Proof of income

We believe wellness is key and will assist with enrollment in Patient Assistance Programs to ensure necessary medications are accessible. Assistance is provided by phone. Proof of income is required.

Creemos que el bienestar es clave y asistiremos con la inscripción en el Programa de asistencia al paciente para asegurar que los medicamentos necesarios estén disponibles. Se provee asistencia por teléfono. Se requiere documentación de ingreso.

SPAY-NEUTER ASSISTANCE PROGRAM (SNAP)

Mailing Address:
P.O. Box 70286
Houston, TX 77270

MAIN.....(713) 862-3863
FAX.....(713) 880-3172
TOLL FREE.....(800) 762-7762
WEB.....www.snapus.org
EMAIL.....info@snapus.org
AREA SERVED.....Harris County

The SNAP mission is to prevent the suffering and death of dogs and cats due to overpopulation and preventable disease, especially in low-income areas.

Spay-Neuter Mobile Program

MAIN.....(713) 522-2337
INTAKE.....(713) 522-2337
LEGEND..... Free or low cost, first come-first served

Call for dates and locations. Free spay or neuter procedure on mobile unit. To qualify for free services, clients must bring Texas-issued identification and proof of participation in one of the following needs-based public assistance programs: food stamps, CHIP, free lunch program (public schools), Harris County Hospital District Gold Card, HUD Section 8 Housing, TANF, major VA disability, Medicaid, SSD, SSI or WIC.

SNAP - Animal Aid Program Surgery and Wellness Clinic

1801 Durham Drive, Suite 1
Houston, TX 77007

FAX.....(713) 863-8964
INTAKE.....(713) 863-8001
CITY SECTION..... Central
NEIGHBORHOOD..... Heights
LEGEND..... Free, Low cost, Walk-ins, Esp

HOURS... Monday/Tuesday 10am to 6pm; Wednesday/
Thursday 12pm-9pm; Friday/Saturday 9am to 6pm

BUS ROUTES..... 26
NEED FOR INTAKE... Proof of disability, status and income

Through our Animal Aid Program, SNAP provides free spay/neuter procedures and discounted wellness care for dogs and cats living with qualified families affected by HIV/AIDS. There is a limit of 2 animals per family. Individuals interested in applying for the Animal Aid Program should contact a SNAP representative at the administrative office at 713-862-3863, Monday-Friday, 9am to 5pm.

A través de nuestro programa Animal Aid, SNAP provee esterilización gratis y descuento de bienestar para los perros y gatos que viven con familias que califican afectadas for el VIH/SIDA. Limite de 2 animales por familia. Personas interesadas en aplicar para el programa Animal Aid debera ponerse en contacto con un representante de SNAP a las oficinas de administración al 713-862-3863, Lunes-Viernes de 9am to 5pm.

Surgery and Wellness Clinic

913 Shaw
Pasadena, TX 77506

MAIN.....(713) 343-1700
FAX.....(713) 343-1717
CITY SECTION..... Southeast
NEIGHBORHOOD..... Pasadena
LEGEND.....Free-Low cost, Walk-ins, Esp

HOURS..... Tuesday-Saturday, 10am to 6pm
NEED FOR INTAKE... Proof of disability, status and income

Through our Animal Aid Program, SNAP provides free spay/neuter procedures and discounted wellness care for dogs and cats living with qualified families affected by HIV/AIDS. There is a limit of 2 animals per family. Individuals interested in applying for the Animal Aid Program should contact a SNAP representative at the administrative office at 713-862-3863, Monday-Friday, 9am to 5pm.

A través de nuestro programa Animal Aid, SNAP provee esterilización gratis y descuento de bienestar para los perros y gatos que viven con familias que califican afectadas for el VIH/SIDA. Limite de 2 animales por familia. Personas interesadas en aplicar para el programa Animal Aid debera ponerse en contacto con un representante de SNAP a las oficinas de administración al 713-862-3863, Lunes-Viernes de 9am-5pm.

SPECIAL TREASURES INC.



SOCKS - Saving our Community Kids...Seniors
3030 Jensen Drive
Houston, TX 77026

MAIN..... (281) 352-7754
INTAKE(832) 215-6086
EMAILsockseduprevention@yahoo.com

CITY SECTION..... Central
NEIGHBORHOOD..... Fifth Ward
AREA SERVED.....Zip codes 77016, 77020,
77026, 77078, 77093

LEGEND.....All, I/RR, Free, Call for intake

HOURSMonday-Friday
BUS ROUTES 6

We provide HIV/AIDS prevention education and HIV/AIDS linkage services.

We also offer the "Focus on Youth" program impacting at risk African-American youth between the ages of 12 and 24. Our program goal is to give young people the knowledge and skills needed to protect themselves from acquiring HIV/AIDS or any other sexually transmitted infection. We also provide complimentary programs for their parents.

Provides referrals to needed services for those recently released from incarceration. Referrals are given to all clients as needed.

STAR OF HOPE

Administration Office
6897 Ardmore Street
Houston, TX 77054

MAIN..... (713) 748-0700
FAX (713) 748-5941
WEB.....www.sohmission.org

Men's Development Center

1811 Ruiz Street
Houston, TX 77002

MAIN..... (713) 227-8900
INTAKE (713) 226-5418
FAX (713) 227-5703

CITY SECTION..... Central
NEIGHBORHOOD..... Downtown

LEGEND..... M, Walk-ins, Homeless, Lim, Free, CD
BUS ROUTES 20, 30, 48, 77

Emergency shelter for homeless men with 3 meals per day. Extended stay (6 months) substance abuse program with spiritual emphasis, case management and licensed chemical dependency counseling; transitional living center, career development, education (tutoring, GED assistance) and clinic 4 days a week (including vision care). Must acquire an ID after 5 days or forfeit services.

Refugio de emergencia para hombres sin vivienda incluyendo tres comidas diaria. Estadía por 6 meses, programa para el abuso de sustancias con énfasis espiritual, manejo de casos y consejería sobre la dependencia de

sustancias, centro de vivienda de transición, desarrollo de una profesión, educación (tutoría, asistencia con el GED) y clínica disponible 4 días a la semana, cuidado de la vista. Se debe obtener tarjeta de identidad después de 5 días para continuar recibiendo servicios.

Transitional Living Center for Women and Families

6801 Ardmore Street
Houston, TX 77054

MAIN..... (713) 748-7242
FAX (713) 748-0891

CITY SECTION..... Central
NEIGHBORHOOD..... MacGregor
LEGEND..... W, Fam, Lim, Free, Esp
BUS ROUTES..... 26, 27, 87

Intensive 12-month recovery program consisting of case management, education, substance abuse recovery, mental health counseling, spiritual growth, employment assistance, life management skills and development. Facility accommodates 45 single women and 66 families.

Programa intensivo de recuperación de 12 meses de duración, manejo de casos, educación, abuso de sustancia, consejería de salud mental, desarrollo espiritual, asistencia en la búsqueda de empleo, habilidad con el manejo de la vida diaria. La localidad acomoda a 45 mujeres solteras y 66 familias.

Women and Family Shelter

419 Dowling Street
Houston, TX 77002

MAIN..... (713) 222-2220
FAX (713) 222-1046

CITY SECTION..... Central
NEIGHBORHOOD..... Second Ward

LEGEND..... W, Families, Lim, Free, Esp
BUS ROUTES..... 50

Emergency shelter for 30-90 days providing case management, computer learning center, medical clinic, parenting and life skills/enrichment classes, spiritual growth, nursery and preschool childcare. Requirements for admission are current and valid ID, birth certificates for children and marriage license for couples. Facility accommodates approximately 300.

Refugio de emergencia por 30-90 días, manejo de casos, centro de aprendizaje y computadoras, clínica médica, clases sobre la habilidad de cuidar los hijos/hijas y mejorar la calidad de vida, desarrollo espiritual, guardería de niños/niñas. Se requiere documentos actualizados, así como tarjeta de identidad, certificado de nacimiento del niño/niña, licencia de matrimonio. La instalación acomoda a más o menos 300 individuos.

**STOP TURNING ENTERING PRISON, INC.
SHAY'S HOUSE**

Mailing Address:
P.O. Box 21166
Houston, TX 77226

MAIN..... (713) 633-5878
INTAKE (832) 881-3193
FAX (713) 633-1045
WEB..... www.shayshouse.com

CITY SECTION..... Northeast
NEIGHBORHOOD Kashmere Gardens
LEGEND..... W (age 18 & up), I/RR, CD

HOURS Monday-Thursday, 9am to 4pm;
Friday, 8am to 1pm

BUS ROUTES 52
NEED FOR INTAKE ID, Social security card and
Proof of income (if any)

Our mission at Shay's House is to guide each client, help her to develop high self-esteem, become economically independent, provide family nourishment in a safe sheltering place, and hope to offer support, so each woman/teen can build a solid foundation to re-enter back in the community self-sufficient, and reduce recidivism.

Housing programs - transitional, SRO and family. Includes in house support groups, bible study, offsite meetings and many other support services. Call for intake.

SWEHLA HOUSE

See Community Endowment Foundation



**TEXAS CHILDREN'S HOSPITAL
ALLERGY AND IMMUNOLOGY DEPARTMENT**



Mail Code FC 330.01
1102 Bates, 3rd Floor
Houston, TX 77030-2399

MAIN..... (832) 824-1319
INTAKE/24 HRS..... (832) 824-2099
FAX (832) 825-1260
TOLL FREE..... (800) 364-5437
WEB..... www.texaschildrenshospital.org

CITY SECTION..... Central
NEIGHBORHOOD Medical Center
LEGEND... C (ages 0-18), Y (up to age 24), Medicaid, Esp
BUS ROUTES 2, 4, 8, 14, 26, 27, 68, 73, METRO Light Rail

Medical care for children with HIV. Clinical research studies for children, adolescents and pregnant women with HIV.

Cuidado medico para niños y adolescentes con VIH. También se ofrecen estudios clínicos para niños y madres con VIH.

**TEXAS CHILDREN'S HOSPITAL
DEPARTMENT OF RETROVIROLOGY**



WEB..... www.texaschildrenshospital.org

CITY SECTION..... Central
NEIGHBORHOOD Medical Center

LEGEND.... Esp, C (ages 0-18), S\$, Medicaid, **HIV+ only**
HOURS Monday-Friday, 8:30am to 4pm
BUS ROUTES... 2, 4, 8, 14, 26, 27, 68, 73, METRO Light Rail
NEED FOR INTAKE... Immunization record, Call for intake

Baylor International Pediatric AIDS Initiative



1102 Bates St., FC-630
Houston, TX 77030

MAIN..... (832) 822-1038
FAX (832) 825-1281
WEB..... www.BIPAI.org

Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

Asistencia médica especializada en el cuidado y tratamiento de niños viviendo con el VIH e infantes que nacen de madres viviendo con el VIH.

Retrovirology Clinic



6701 Fannin Street
Houston, TX 77030

MAIN..... (832) 822-1038
FAX (832) 825-1281
INTAKE (832) 822-1304

Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

Asistencia medica especializada en el cuidado y tratamiento de niños que son positivos con el virus VIH, y los bebes que nacen de madres que son positivas con el virus de HIV.

**TEXAS DEPARTMENT OF ASSISTIVE AND
REHABILITATIVE SERVICES**

5425 Polk Street, Ste 240D
Houston, TX 77023

Mailing Address:
PO Box 16017
Houston, TX 77222-6017

MAIN..... (713) 767-2700
TOLL FREE..... (800) 500-4266
WEB..... www.dars.state.tx.us
EMAIL..... DARS.Inquiries@dars.state.tx.us

DARS administers programs that help Texans with disabilities find jobs through vocational rehabilitation, ensure that Texans with disabilities live independently in their communities, and assist families in helping their children under age 3 with disabilities and delays

in development reach their full potential and enjoy the same opportunities as other Texans to live independent and productive lives.

The DARS Division for Rehabilitation Services is designated as the state's principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The Division's main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services through a variety of programs.

Blind Division



Southeast Field Headquarters
10060 Fuqua
Houston, TX 77089

MAIN..... (713) 948-7960
FAX..... (713) 944-0851
TOLL FREE..... (800) 687-7036

CITY SECTION..... Southeast
NEIGHBORHOOD..... Ellington/South Belt

AREA SERVED... Brazoria, Galveston and SE Harris County
LEGEND..... All, Free, Blind/Visually impaired

Independent living skills for the blind to help people with visual impairments remain at work; also provide training for returning to work.

Vocational Rehabilitation (VR) Program



Houston Central Field Office
3311 Richmond Avenue, Suite 175
Houston, TX 77098

MAIN..... (713) 866-7765
FAX..... (713) 942-9981

CITY SECTION..... Central
NEIGHBORHOOD..... Greenway Plaza

LEGEND..... All, Free, Disabled
BUS ROUTES..... 25, 53, 73, 78

The Vocational Rehabilitation (VR) Program helps people who have physical or mental disabilities prepare for, find or keep employment. Gaining skills needed for a career, learning how to prepare for a job interview or getting the accommodations needed to stay employed are just a few of the ways this program helps people with a wide variety of disabilities increase productivity and independence. The counselor and consumer work together to decide on an employment goal, and develop a program of vocational rehabilitation services to achieve the goal.

Work related services may include counseling, training, medical treatment, assistive devices, job placement assistance, and other services. Eligibility criteria include: the presence of a physical or mental disability that results in a substantial impediment to employment, whether the individual is employable after receiving services, and whether services are required to achieve employment outcomes. This program also helps students with disabilities plan the jump from school to work.

Services will be determined through informed consumer choice, that is, after providing information about options and alternatives. Please note that consumers can be served by only one DRS program at a time. Call for more information or to schedule an application appointment.

TEXAS DEPARTMENT OF FAMILY AND PROTECTIVE SERVICES

5425 Polk Street
Houston, TX 77023

MAIN..... (713) 767-2700
WEB..... www.dfps.state.tx.us

AREA SERVED..... Texas
LEGEND..... All, Free, Esp

Child Care Information

MAIN..... (800) 862-5252

Information about childcare in Texas. Live help available Monday-Friday 8am to 5pm, or search the online database 24 hours.

Información sobre el cuidado del niño/niña

Información sobre el cuidado del niño/niña en Texas. Línea telefónica disponible de lunes-viernes, 8am a 5pm, o vea la fuente de datos en el internet las 24 horas del día.

Report Abuse in MHMR Facilities

24 HOURS..... (800) 647-7418

Hotline to report abuse, neglect or exploitation in MHMR facilities.

Reporte abuso a las localidades de MHMR

Línea telefónica donde reportar abuso, negligencia o explotación.

Texas Abuse, Neglect & Exploitation Reporting System

24 HOURS..... (800) 252-5400

WEB..... www.txabusehotline.org

Report abuse, neglect, or exploitation of children, the elderly, or people with disabilities. Call your local law enforcement agency or 911 if the situation is an emergency. The online reporting system is provided to report instances of abuse or neglect that do not require an emergency response. This number is available across the US.

Sistema de reportaje de Texas sobre abuso, negligencia, o explotación

Reporte abuso, negligencia, o explotación de niños/niñas ancianos/as, o personas con incapacitación. Llame a su agencia local policíaca o al 911 si la situación es una emergencia. Dicho sistema es proveído para reportar incidentes de abuso o negligencia que no indique una emergencia. El número telefónico es para toda la región estadounidense.

Texas Youth and Runaway Hotline

24 HOURS..... (800) 989-6884

TEXT MSG..... (512) 872-5777

WEB..... www.texasyouth.org

24-hour confidential services including: crisis intervention, telephone counseling, services to runaways, potential

runaways, troubled youths, and families; information and referrals; free message service to promote communication between runaways and families.

Línea Telefónica de Texas Para Jóvenes y Fugitivos

Servicio confidencial de 24 horas incluye: intervención de crisis, consejos por teléfono, servicios para los fugitivos, fugitivos potenciales y sus familias; información y referencias; servicio de mensajes gratis para facilitar la comunicación entre el fugitivo y su familia.

TEXAS DEPARTMENT OF STATE HEALTH SERVICES

P.O. Box 149347
Austin, TX 78714-9347

INFO (888) 963-7111
TTY (800) 735-2989
WEB..... www.dshs.state.tx.us

Children with Special Health Care Needs (CSHCN)

TOLL FREE.....(800) 252-8023
LOCAL.....(713) 767-3111
WEB.....www.dshs.state.tx.us/cshcn/
LEGEND..... C, Y, Free

The Children with Special Health Care Needs (CSHCN) program helps children with special health-care needs and people of any age with cystic fibrosis. The program helps with health care, medication, special therapy, medical transportation, insurance premiums and more.

The program is available to anyone who lives in Texas, is under 21 years old (or any age with cystic fibrosis), meets the income guidelines, has a medical problem that is expected to last at least 12 months and will limit one or more major life activities, requires more health care than children usually need and has physical symptoms. The program does not cover clients with only a mental, behavioral or emotional condition, or a delay in development. All applicants must also apply for the Children’s Health Insurance Program (CHIP) and Medicaid.

Texas HIV Medication Program (THMP or ADAP)

MAIN.....(800) 255-1090
WEB.....www.dshs.state.tx.us/hivstd/meds

LEGEND..... Free, **HIV+ only**, Restrictions apply

The official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP has been in existence since 1987 and provides medications approved by the FDA for the treatment of illnesses caused by HIV and other opportunistic infections in HIV-infected individuals as prescribed by their doctor. The THMP currently supplies 40 different medications in more than 90 strengths and formulations and is operated through a network of participating pharmacies, local health departments and public health clinics. See page 69 for a list of pharmacies that accept ADAP.

El programa oficial de la Asistencia de Medicamentos para el SIDA en Texas (ADAP). THMP fue creado en el año 1987 y provee medicamentos, aprobados por FDA (la Administración Federal de Drogas) y autorizados

por médicos para el tratamiento de enfermedades causadas por el VIH y otras infecciones oportunisticas. Actualmente, THMP provee 40 diferentes medicamentos en más de 90 formulaciones, y opera a través de una red de farmacias, departamentos locales de salud, y clínicas públicas de salud. Vea la página 69 para la lista de farmacias que aceptan ADAP.

TEXAS PREVENTION NETWORK, INC.

10103 Fondren Rd, Suite 330
Houston, TX 77096

MAIN..... (713) 981-6063
FAX (713) 981-9772
WEB..... www.tpni.org
aatreatment.com
EMAILtpni@tpni.org

CITY SECTION..... Southwest
NEIGHBORHOOD Fondren Southwest
LEGEND... All, S\$, Flat fee, Appt/Walk-in, Referral req,
HOURS Monday-Friday, 9am to 5pm,
weekends by appointment
BUS ROUTES 10, 68, 163

Assists individuals, families and communities who are affected by mental health issues and substance abuse disease by offering support and preventive services. Our highly trained staff focuses on providing quality services by putting our clients first. Our intent is to enhance client dignity by providing them the tools that will enable them to live a quality life. Our hope is to see everyone affected by any disease be wholly restored. Our commitment is to give effective and individualized treatment programs to our clients to meet their emotional and social needs through innovative, efficient and responsive practices guided by personal choices and desired outcomes. At Texas Prevention Network we will foster a spirit of mutual respect, dignity, trust and cooperation among clients, staff and the community.

TPNI provides education services such as parenting classes, drug education, HIV/AIDS/STD education, anti-theft classes, Texas Offenders Education, DWI repeat offender classes, anger management, and life/social skills training. Call for intake.

THOMAS STREET HEALTH CENTER

See Harris Health System

THOMAS STREET PATIENT ADVISORY COUNCIL



2015 Thomas Street
Houston, TX 77009

MAIN.....(713) 873-4000
FAX (713) 873-4052
CITY SECTION..... Central
NEIGHBORHOOD Near Northside
LEGEND..... All, Free
BUS ROUTES 9, 24, 37, 52

The Thomas St. Patient Advisory Council meets on the 3rd Thursday of every month at 10:00am in the 3rd

floor large conference room at the Thomas Street Health Center (TSHC). Clients, their families and interested members of the public meet to discuss issues and share information regarding their health care, events and services at the TSHC, providing a platform for dialog between clients, the public and the staff at the TSHC. Membership requires attendance at 3 consecutive council meetings and the availability of open positions.

El Consejo Asesor de Pacientes de la Clínica Thomas Street (TSHC) se reúne en el tercer jueves de cada mes a las 10 de la mañana en el 3er piso de su centro de salud. Allí los clientes, familiares y el público en general se reúnen para discutir diversos temas y para compartir información referente al cuidado de la salud, los eventos y servicios del TSHC, dando lugar a una plataforma para el diálogo entre clientes, el público y los empleados del TSHC. Membresía requiere 3 asistencias consecutivas a las reuniones del Concilio, y la disponibilidad de una libre posición.

TRIANGLE AIDS NETWORK, INC.



1495 N. 7th Street
Beaumont, TX 77702

Mailing Address:
P.O. Box 12279
Beaumont, TX 77726

MAIN.....(409) 832-8338
FAX.....(409) 832-0976
INTAKE.....(409) 832-8338
WEB.....www.tanbmt.com
EMAIL.....tan@tanbmt.com
CITY SECTION..... East
NEIGHBORHOOD.....Beaumont
AREA SERVED...Hardin, Jefferson and Orange counties
LEGEND.... All, Fam, Free, S\$, **HIV+ only**, Med, Ins, Esp
HOURS..... Monday-Friday, 8am to 5pm
NEED FOR INTAKE..... Photo ID, Proof of residency,
income & HIV status

Free and confidential HIV and syphilis testing, referrals and early intervention medical clinic; education resources; workshops; annual conference; case management; counseling; Healthy Relationship and SISTA programs; linkage 2 Care; transportation; home health; nutritional services; advocacy; dental services; medication, doctor co-pay and insurance premium assistance; housing assistance; speakers bureau and condom distribution. Like us on Facebook.

Análisis gratuito y confidencial del VIH e intervención temprana; clínica. Recursos educativos, talleres, conferencia anual, administradores de casos, grupos de apoyo y apoyo psicológico,transportación, cuidado de salud en el hogar, servicio nutricional y dental, medicamentos, parte del pago para los médicos y asistencia para el pago de la prima del seguro médico, asistencia para la vivienda y distribución de preservativos y programa de prenatal y embarazo.



**U OF H SPEECH,
LANGUAGE & HEARING CLINIC**



4505 Cullen Boulevard
Houston, TX 77004

Mailing Address:
100 Clinical Research Center
Houston, TX 77204-6018

MAIN/INTAKE..... (713) 743-0915
FAX..... (713) 743-2926
WEB.....www.uh.edu/hshc
CITY SECTION..... Central
NEIGHBORHOOD..... Third Ward
LEGEND..... All (age 3 & up), S\$, Appt req
HOURS..... Monday-Friday, 9am to 5pm
BUS ROUTES..... 30

Hearing assessments and, when appropriate, clients are fitted with a hearing aid, often through the Hearing Aid Assistance Program (HAAP) for low income clients. Speech and language evaluation and therapy are offered to individuals who have or are at risk for developing a communication problem.

UNITED WAY OF GREATER HOUSTON



50 Waugh Drive
Houston, TX 77007

MAIN..... (713) 685-2300
FAX..... (281) 582-7731
TOLL FREE.....(800) 833-5948
WEB.....www.unitedwayhouston.org
http://referral.unitedwayhouston.org
EMAIL.....help@unitedwayhouston.org

CITY SECTION..... Central
NEIGHBORHOOD..... Memorial Park/Washington Ave.
LEGEND..... All, Free, Esp
HOURS..... 24 hours

211 Texas/United Way Helpline

2-1-1 or (713) 957-HELP

Provides a telephone and online information and referral service that links people to community health and human service organizations.

Verifique si hay empleados que hablan español durante las horas de operación para ser proporcionado con la descripción de los servicios.

UNIVERSITY EYE INSTITUTE

4901 Calhoun Road
Houston, TX 77204-2020

Mailing Address:
505 J. Davis Armistead Bldg.
Houston, TX 77204-2020

MAIN..... (713) 743-2020
FAX..... (713) 743-0963
WEB..... www.uei.uh.edu

CITY SECTION..... Central
NEIGHBORHOOD..... Third Ward
LEGEND..... All, S\$, Med, Ins, CHIP, Appt req

HOURS..... Monday-Friday, 8am to 5pm
BUS ROUTES..... 77, 80

NEED FOR INTAKE..... Driver's license, Insurance card,
Proof of residence, income and ID or birth cert
for all family members

Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.

Se ofrecen intérpretes para los servicios del cuidado de la visión.

Eye Care Assistance

The Eye Care Assistance Program was established to assist individuals in need of eye care. The professional staff at the University Eye Institute donates a portion, or in some cases, all of their time and services. Office visits, specialized testing and outpatient surgeries are provided as a professional courtesy according to the percentage or level of assistance for which you qualify. Spectacles, if required, will be offered at a reduced cost and will consist of frames from a special selection. Lenses will be provided as single vision, bifocal or trifocal and does not include extras such as tint, anti-reflective coating or progressive lenses. Patients are also eligible for contact lens examinations and fittings where applicable but there is no reduction of costs on materials.

Asistencia para el Cuidado de la Visión

El Programa de Asistencia para el Cuidado de la Visión fue establecido para asistir a las personas con necesidades del cuidado de la vista. Los profesionales del Instituto Universitario del Ojo donan sus servicios por medio tiempo o tiempo completo. Se provee citas, pruebas especializadas, cirugías externas o privadas como cortesía profesional y según el porcentaje o nivel de asistencia que usted califique. Los lentes serán ofrecidos a bajo costo con los marcos de una sección especial. Se proveerá lentes de visión singular, bifocales o trifocales, excluyendo tintes, revestimiento antirreflexivo o lentes progresivos. Los pacientes elegibles pueden recibir exámenes de lentes de contacto y ajustamiento, pero sin reducción de costo para los materiales.



Good Neighbor Healthcare Center

190 Heights Boulevard
Houston, TX 77007

MAIN..... (713) 527-8480

CITY SECTION..... Central
NEIGHBORHOOD..... Montrose

LEGEND..... M, W, Fam, S\$, Med, Appt req, Esp
BUS ROUTES..... 34, 50

Comprehensive eye and vision care. Medical treatment of most eye diseases.

Cuidado comprensivo del ojo y la visión. Tratamiento médico para casi todas las enfermedades del ojo. Se dispone de intérpretes.

UT HEALTH-HOUSTON CENTER FOR NEUROBEHAVIORAL RESEARCH ON ADDICTIONS

Behavioral and Biomedical Sciences Bldg.
1941 East Rd, 1st Floor
Houston, TX 77054

MAIN..... (713) 486-2800
FAX..... (713) 486-2807
WEB..... med.uth.edu/psychiatry/research/addiction/

CITY SECTION..... Central
NEIGHBORHOOD..... Medical Center
LEGEND..... Adults, Free, Appt/Walk-ins, CD, I/RR

HOURS..... Monday-Friday 7:30am to 4pm
BUS ROUTES..... 87

The CNRA, formerly The Substance Abuse Research Center, is a research facility that studies pharmacological and behavioral therapies to reduce drug abuse.

Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse. Participants must be screened and evaluated to determine eligibility.



UT HOUSTON HEALTH SCIENCE CENTER



6431 Fannin, MSB 3.126
Houston, TX 77030

MAIN.....(713) 500-6608
INTAKE.....(713) 500-6443
FAX.....(713) 500-5688

CITY SECTION..... Central
NEIGHBORHOOD..... Medical Center
AREA SERVED..... Chambers, Ft. Bend, Harris, Liberty,
Montgomery and Waller counties
LEGEND..... Fam, Free, Med, Appt req, **HIV+ only**, Esp
BUS ROUTES.....26, 27, 68, 87, METRO Light Rail

Provides case management services for women and children of all ethnic groups. HIV primary medical care for children and youth ages 0-24 years, inclusive of all ethnic groups.

Provee servicios de administración de casos para mujeres y niños de todos los grupos étnicos. También provee servicio de cuidado médico para niños y jóvenes de todo los grupos raciales y menor de 24 años de edad con un diagnóstico del VIH. Cuenta con un personal bilingüe.



WEST HOUSTON ASSISTANCE MINISTRIES, INC.



10501 Meadowglen Ln.
Houston, TX 77042

MAIN/INTAKE..... (713) 977-9942
FAX..... (713) 783-0761
JOB SEARCH:..... (832) 252-7748
WEB.....www.whamministries.org
EMAIL.....wham@whamministries.org

CITY SECTION..... West
NEIGHBORHOOD..... Westchase
AREA SERVED..... Zip codes: 77042, 77057, 77063,
77077 and 77082

LEGEND.....M, W, Fam, Free, Appt/Walk-ins, Esp
HOURS..... Monday-Friday, 10am to 2pm
BUS ROUTES..... 2, 25, 82
NEED FOR INTAKE .. ID, Proof of income and residence,
documentation of crisis

Assistance with food; clothing and household items; financial assistance with rent/mortgage, utilities and prescriptions; job lab (phone, fax, resume writing, job leads); and volunteer opportunities for those willing to receive instruction and committed to carry out the objectives of the ministry.

Se ofrece comida, ropa, y artículos para la casa; asistencia financiera para la renta/hipoteca, luz/gas de la casa, recetas médicas; centro para la búsqueda del empleo (teléfono, fax, preparación de curriculum vitae, ideas sobre empleos disponibles); y oportunidades

para voluntarios dispuestos a recibir instrucciones y comprometerse a los objetivos del ministerio. Asistencia de cámara para alimentos y ropa son disponibles de lunes al viernes de 10 am a 2 pm. Citas son necesarios para financieros Asistencia, que incluyen alquiler, servicios públicos, gafas y recetas. Algunas restricciones se aplican a estos programas.

WINDSOR VILLAGE SOCIAL SERVICES



12401 ½ S. Post Oak Rd., Suite 121
Houston, TX 77045

Mailing Address:
6011 W. Orem Drive
Houston, TX 77085

MAIN..... (713) 551-8792
FAX..... (713) 551-8790
WEB.....www.kingdombuilders.com
EMAIL.....socialservices@wvumc.com

CITY SECTION..... Southwest
NEIGHBORHOOD..... Hiram Clarke
AREA SERVED..... Harris and Ft. Bend counties
LEGEND..... All, Free, Appt req, Lim, Esp, Call for intake

HOURS..... Monday-Thursday, 8am to 5pm
BUS ROUTES..... 33
NEED FOR INTAKE .. Photo ID, SS card for all household members, Proof of income, late or delinquent lease or mortgage statement, current electric, water or gas bill in applicant's name.

Windsor Village Social Services is a non-profit organization that provides assistance to the community and members of Windsor Village United Methodist Church with rent, mortgage, electric, water and gas when funding is available. Rent/mortgage assistance by appointment only; appointments are scheduled on Mondays only on a first call, first served basis. Food pantry open on Tuesday-Wednesday, 9am to noon and Thursday 10:30am to 12:30pm (assistance provided once every 6 months)

El Servicio Social de Windsor Village es una organización sin fines de lucro que provee asistencia a la comunidad y a los miembros de la Iglesia Metodista Unida de Windsor Village con el alquiler, la hipoteca y los servicios públicos cuando existen fondos

Social Security Programs For People With HIV/AIDS

Programas del Seguro Social Para Personas Con VIH/SIDA

If you have HIV/AIDS and cannot work, you may qualify for disability benefits from the Social Security Administration. Your disability must be expected to last at least a year or end in death, and must be serious enough to prevent you from doing substantial gainful work. The amount of earnings we consider substantial and gainful changes each year. For the current figure, refer to the annual Update (Publication No. 05-10003).

If your child has HIV/AIDS, he or she may be able to get Supplemental Security Income (SSI) if your household income is low enough.

Si usted tiene VIH/SIDA y no puede trabajar, podría tener derecho a beneficios por incapacidad de la Administración del Seguro Social. Su incapacidad debe durar por lo menos un año o se espera que resulte en fallecimiento y debe ser bastante seria para impedirle realizar un trabajo sustancial. La cantidad de ganancias que consideramos ser sustancial y lucrativa cambia cada año. Para la cantidad actual, consulte la publicación anual Cambios (publicación número 05-10933).

Si su niño tiene VIH/SIDA, él o ella puede tener derecho a recibir Seguridad de Ingreso Suplementario (SSI, por sus siglas en inglés) si sus ingresos familiares son bastante bajos.

How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

1-800-772-1213 TTY: 1-800-325-0778

This service is available 7:00 a.m. – 7:00 p.m. Monday through Friday.

Social Security is also on the Internet. A lot of good program information is available at this site:

www.socialsecurity.gov

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative. You may call your representative before you receive a notice of award. After you receive the notice of award, you should call the toll-free service.

¿Cómo me pongo en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, verificar sus beneficios. obtener respuestas a preguntas generales es llamando al:

1-800-772-1213 TTY: 1-800-288-7185

Este servicio está disponible de 7:00 a.m. a 7:00 p.m. de lunes a viernes. Oprima el 2 si desea el servicio en español y espere a que le atienda un representante

El Seguro Social también está disponible en la red del Internet. Aquí podrá encontrar mucha información sobre sus programas:

www.socialsecurity.gov

Una vez que Ud. someta un reclamo para obtener beneficios le darán el nombre y el número telefónico de un representante del Seguro Social. Puede llamar al representante antes de recibir su notificación de beneficios. Después de recibir la notificación de adjudicación, debe llamar al servicio de llamadas gratuitas.

Benefits Paid Under Two Programs

Disability benefits are paid under two programs: the Social Security disability insurance program (SSD) for people who paid Social Security taxes; and the Supplemental Security Income program (SSI) for people who have little income and few resources. If your Social Security benefits are very low and you have limited income and resources, you may qualify for benefits from both programs.

Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be "disabled" to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by contacting the Social Security Administration by phone or online and requesting an "Earnings & Benefits Statement."

Beneficios Que Se Pagan Bajo Dos Programas

Los beneficios por incapacidad se pagan bajo dos programas: el programa de seguro de incapacidad del Seguro Social para personas que pagaron impuestos de Seguro Social; y el programa de SSI para personas que tienen pocos ingresos y recursos. Si sus beneficios de Seguro Social son muy bajos, y usted tiene ingresos y recursos limitados, podría tener derecho a recibir beneficios de ambos programas.

Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté "incapacitado" para recibir beneficios. Se puede averiguar anticipadamente el pago mensual del SSD al cual tendría derecho de recibir si se incapacitara hoy, poniéndose en contacto con la Administración del Seguro Social (SSA) por teléfono o en línea y solicitando una "Declaración de Beneficios e Ingresos."

How do I Qualify for Social Security Disability Benefits?

When you work and pay Social Security taxes, you earn Social Security credits. (Most people earn the maximum of four credits a year.) The number of years of work needed for disability benefits depends on how old you are when you become disabled. Generally, you need five years of work in the 10 years before the year you become disabled. Younger workers need fewer years of work. If your application is approved, your first Social Security disability benefit will be paid the sixth full month after the date your disability began.

Usually, HIV infected persons who have had one or more opportunistic infections qualify medically. Sometimes people with HIV can qualify as disabled even if they have had no opportunistic infections, but the approval process is more difficult and may take longer. It is important to remember that "disability" as defined by SSA is not the same as the Center for Disease Control (CDC) definition of AIDS. For example, having a T-cell count below 200 is not, by itself, enough to be considered disabled for Social Security purposes.

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

What will I get from Social Security?

The amount of your monthly benefits depends on how much you earned while you were working. You also will qualify for Medicare after you have been getting disability benefits for 24 months. Medicare helps pay for hospital and hospice care, lab tests, home health care and other medical services. For more information on Medicare, contact Social Security and ask for the publication, Medicare (Publication No. 05-10043).

¿Cómo Tengo Derecho a Beneficios del Seguro Social por Incapacidad?

Cuando usted trabaja y paga impuestos del Seguro Social, gana créditos de Seguro Social. (La mayoría de las personas ganan un máximo de cuatro créditos al año.) El número de años de trabajo necesario para tener derecho a beneficios por incapacidad depende de su edad cuándo usted se incapacitó. Por lo general, usted necesita haber trabajado cinco años en los 10 años precedentes al año en el que se incapacitó. Trabajadores más jóvenes necesitan haber trabajado menos años. Si su solicitud es aprobada, su primer beneficio de Seguro Social por incapacidad se pagará para el sexto mes completo después de la fecha en que su incapacidad comenzó.

Usualmente, personas infectadas con el VIH que han tenido una o más infecciones oportunistas califican médicamente. A veces, las personas califican como incapacitadas aunque no hayan tenido una infección oportunista, pero el proceso de aprobación es más difícil y puede demorar más tiempo. Es importante recordar que "incapacidad" como se define por la SSA no es lo mismo que la definición del CDC. Por ejemplo, el tener una cifra de células "T" menor de 200 no es, en sí, suficiente para ser considerado como incapacitado por el Seguro Social.

La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier personasolicitando elSSI debe ser un ciudadano estadounidense o inmigrante calificado. Llame a un representante de la SSA al 1-800-772-1213 para obtener la definición más reciente de "inmigrante calificado."

¿Qué recibiré del Seguro Social?

La cantidad de su beneficio mensual depende de cuánto usted ganó mientras estuvo trabajando. Usted también tendrá derecho a Medicare después de haber recibido beneficios por incapacidad durante 24 meses. Medicare le ayuda a pagar sus gastos de hospital y cuidado de hospicio, análisis de laboratorio, servicio de cuidado de la salud en el hogar y otros gastos de servicios médicos. Para informarse mejor sobre Medicare, comuníquese con Seguro Social y pida la publicación Medicare (publicación número 05-10943).

How do I Qualify for SSI Disability Payments?

If you have not worked long enough to get Social Security or your Social Security benefits are low, you may qualify for SSI payments if your total income and resources are low enough.

If you get SSI, you most likely will be eligible for food stamps and Medicaid. Medicaid takes care of your medical bills while you are in the hospital or receiving outpatient care. In some states, Medicaid pays for hospice care, a private nurse and prescription drugs used to fight HIV disease. For more information about Medicaid, contact your local social services office.

Benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled.

How do I File for Benefits?

People with HIV should continue working for as long as they and their doctor agree that they are able to do so safely. However, it is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue.

If you file for benefits while you are still working, SSA must determine if the work you are doing is "substantial gainful activity" (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be "substantial." SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

You are encouraged to apply for benefits online at www.socialsecurity.gov/applyfordisability, or you can call the toll-free number, 1-800-772-1213 (for the deaf or hard of hearing, call the TTY number, 1-800-325-0778), to ask for an appointment. Representatives can answer specific questions Monday through Friday 7 a.m. to 7 p.m. and the automated phone service provides information 24 hours a day. All calls are treated confidentially. Be sure to tell the SSA representative that you have HIV; this may help speed up your claim.

Most hospitals and clinics have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home.

¿Cómo Tengo Derecho a Recibir Beneficios de SSI por Incapacidad?

Si usted no ha trabajado suficiente tiempo para recibir Seguro Social o sus beneficios de Seguro Social son bajos, usted podría tener derecho a recibir pagos de SSI si sus ingresos y recursos totales son suficientemente bajos.

Si usted recibe SSI, es probable que tenga derecho a recibir cupones de alimento y Medicaid. Medicaid cubre sus gastos médicos mientras que usted está en el hospital o recibiendo servicios ambulatorios. En algunos estados, Medicaid paga los gastos de cuidado de hospicio, de una enfermera privada y por medicinas recetadas para combatir la enfermedad de VIH. Para informarse mejor sobre Medicaid, comuníquese con su oficina local de servicios sociales.

Se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado.

¿Cómo Solicito Beneficios?

Las personas con el VIH deben continuar trabajando mientras ellos y sus doctores lo consideren posible, seguro y saludable. Sin embargo, por lo general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar.

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una "actividad gananciosa sustancial" (SGA). SGA se refiere al trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser "sustancial." SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y fracasos tentativos de trabajo. Si la SSA determina que está llevando a cabo la SGA, una decisión médica no será necesaria y su solicitud será rechazada.

Usted puede solicitar beneficios en línea, en www.segurosocial.gov/applyfordisability, o puede llamar al número gratis, 1-800-772-1213 (para las personas sordas o con problemas auditivos, marque nuestro número TTY, 1-800-325-0778) para pedir una cita. Preguntas específicas pueden ser contestadas de lunes a viernes, desde las 7 a.m. hasta las 7 p.m. También ofrecemos información telefónica automatizada las 24 horas al día. Todas nuestras llamadas telefónicas son confidenciales. Asegúrese de decirle al representante de la SSA que Ud. tiene el VIH. Esto puede acelerar su solicitud.

Proveemos servicios de intérprete gratis para ayudarle con sus trámites de Seguro Social. Estos servicios están disponibles tanto por teléfono como en nuestras oficinas.

La mayoría de los hospitales y clínicas tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI mientras que esté hospitalizado o visitando la clínica. También, en algunos casos excepcionales, la SSA tiene representantes que pueden entrevistarle y llenar la solicitud en su casa.

Social Security Programs / Programas del Seguro Social

Required Documents

SSA will need the following documents to complete your application for SSD or SSI. You should have as much of the following information as possible ready for your interview.

Keep your appointment, even if you do not have all of the information. They will help you get any missing information.

Documentos Requeridos

La oficina de la SSA necesita los siguientes documentos para completar su solicitud del SSD o SSI. Usted debe reunir tanta información como sea posible para su entrevista. Use la lista a continuación para llevar cuenta de la información que necesita.

Cumpla con su cita. No demore en solicitar, aunque no tenga toda la información. Ellos le ayudarán a obtener cualquier información que falta.

Checklist – Adult Disability Interview

- Medical records already in your possession. (They will help you get the rest of your medical records. Please bring whatever medical records you have to the interview).
- Workers' compensation information, including the settlement agreement, date of injury, claim number, and proof of other disability awarded payment amounts.
- Names and dates of birth of your minor children and your spouse.
- Dates of marriages and divorces.
- Checking or savings account number, including the bank's 9-digit routing number, if you want Direct Deposit for your benefit checks.
- Name, address, and phone number of a person we can contact if we are unable to get in touch with you.
- Complete Medical release Form SSA-827 (Authorization to Disclose Information to the Social Security Administration), sign and date with witness signature and return it as directed.
- If unable to file online, complete the "Medical and Job Worksheet – Adult" and bring to your interview.

Bring the Checklist items and information to your appointment or have them with you if your appointment is by telephone.

Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI. Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.

Hoja de cotejo – Entrevista de incapacidad adulto

- Expedientes médicos en su posesión. (Nosotros le ayudaremos a conseguir sus otros expedientes médicos. Por favor traiga consigo cualquier expediente médico en su posesión.)
- Información sobre su compensación de trabajo, incluso el acuerdo de establecimiento, la fecha de la lesión, el número de reclamación y comprobante de las cantidades de otros pagos adjudicados por incapacidad.
- Los nombres y fechas de nacimiento de sus niños menores y de su cónyuge.
- Fechas de matrimonios y divorcios.
- Su número de cuenta de cheques o ahorros, incluso el número de ruta del banco de 9 dígitos, si desea que su cheque de beneficios se deposite por depósito directo.
- El nombre, la dirección, y el número de teléfono de una persona con la que nos podamos comunicar si no podemos comunicarnos con usted.
- Completar el formulario para divulgar información médica SSA-827 (Autorización para divulgar información a la Administración del Seguro Social), signo y fecha con la firma de los testigo y devuélvalo tal como indicado.
- Si usted no puede solicitar a través del Internet, llene la «Hoja para recopilar información médica y del trabajo - adulto» y tráigala consigo a su entrevista.

Para su entrevista traiga los artículos e información en esta lista, o téngalos consigo si su entrevista se realizará por teléfono.

Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI. Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.

How do you Decide my Claim?

Applications received from people with HIV/AIDS are processed as quickly as possible. Social Security works with an agency in each state called the Disability Determination Services. The state agency will look at the information you and your doctor have provided and decide if you qualify for benefits.

You could receive SSI benefits right away for up to six months before a final decision is made on your claim if:

- ✓ You are not working;
- ✓ You meet the SSI rules about income and resources; and
- ✓ Your doctor or other medical source certifies that your HIV infection is severe enough to meet our medical eligibility rules.

How can I Help Speed up my Claim?

You can help speed up the processing of your claim by having certain information when you apply. This includes:

- ✓ Your Social Security number and birth certificate and the Social Security numbers and birth certificates of any family members who may be applying for benefits; and
- ✓ A copy of your most recent W-2 form. (If you are applying for SSI, we also will need information about your income and resources; for example, bank statements, unemployment records, rent receipts and car registration.)

SSA also needs information about:

- ✓ The names and addresses of any doctors, hospitals or clinics you have been to for treatment;
- ✓ How HIV/AIDS has affected your daily activities, such as cleaning, shopping, cooking, taking the bus, etc.; and
- ✓ The kinds of jobs you have had during the past 15 years.

Additionally, your doctor will be asked to complete a form about how your HIV infection has affected you. Call the 800 number to ask for form "SSA-4814" for adults or "SSA-4815" for children. You should take the form to your doctor to complete and bring or send the completed form to Social Security.

¿Cómo Decide el Seguro Social Sobre mi Reclamación?

Todas las solicitudes recibidas de personas con VIH/SIDA son tramitadas lo más pronto posible. El Seguro Social trabaja junto a la Agencia de Determinación de Incapacidad (en inglés, Disability Determination Services) en cada estado. La agencia estatal revisará la información que usted y su doctor nos facilitó y decide si usted tiene derecho a recibir beneficios.

Usted podría recibir beneficios de SSI inmediatamente por hasta seis meses antes de tomar una decisión final en su caso si:

- ✓ Usted no está trabajando;
- ✓ Usted cumple con las reglas de SSI sobre ingresos y recursos; y
- ✓ Su doctor u otra fuente médica certifica que su infección de VIH es bastante grave para cumplir con nuestras reglas de elegibilidad médica.

¿Cómo Puedo Ayudar en Acelerar mi Reclamación?

Usted puede ayudar en acelerar el proceso de su reclamación teniendo cierta información cuando solicita. Esto incluye:

- ✓ Su número de Seguro Social y certificado de nacimiento y los números de Seguro Social y certificados de nacimiento de cualquier otro miembro de su familia que podría estar solicitando beneficios y
- ✓ Una copia de su formulario W-2 más reciente. (Si usted está solicitando SSI, también necesitaremos información sobre sus ingresos y recursos; por ejemplo, estado de cuentas bancarias, expediente del desempleo, recibos de alquiler y el registro de su automóvil.)

SSA también las necesidades de información sobre:

- ✓ Los nombres y las direcciones de cualquier doctor, hospital o clínica que usted haya visitado para obtener tratamiento;
- ✓ Cómo VIH/SIDA ha afectado sus actividades diarias, así como hacer limpieza, hacer compra, cocinar, coger el autobús, etc.; y
- ✓ Los tipos de trabajo que usted ha desempeñado durante los últimos 15 años.

Además, su doctor deberá completar un formulario de que nos indique cómo usted está afectado por VIH. Llame al número gratis y pida el formulario «SSA-4814» para adultos o «SSA-4815» para niños. Usted debe llevar el formulario a su doctor para que lo complete y traernos o mandarnos el formulario completado

If you are Denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." SSA will request updated medical records and may require you to complete additional forms or see a special doctor hired by SSA to evaluate you. If your claim is denied a second time, you can file for an appeal before a judge. If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly, had you been approved sooner. If you exhaust all your appeals and are still denied, you can start the process again and reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

What Happens if I Go Back to Work?

If you return to work, there are special rules that let your benefits continue while you work. These rules are important for people with HIV/AIDS who may be able to go back to work when they are feeling better.

If you have SSD and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop. However, for 36 months beginning with the first month after the ninth trial work month, you can receive benefits for any month that you do not work at the SGA level. During this time, you will not need to reapply or wait for a new disability decision in order to receive benefits. You will also be eligible for an additional 39 months of Medicare coverage following your TWP (see Medicare and Medicaid, below).

If you have SSI, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

For more information on these rules, ask any Social Security office for a copy of the publication, *Working While Disabled—How We Can Help* (Publication No. 05-10095).

Si es Rechazado

Si su solicitud del SSD/SSI es rechazada, tendrá 60 días para inscribirse para una "reconsideración." SSA le solicitará nuevos documentos médicos y le podrá requerir que complete otros formularios o entrevistarse con un doctor especial seleccionado por SSA para hacerle una evaluación. Si su solicitud es rechazada nuevamente, puede pedir una apelación ante un juez. Si es aprobado finalmente, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

¿Qué Sucede si Regreso a Trabajar?

Si usted regresa a trabajar, hay reglas especiales que permiten la continuación de sus beneficios mientras usted trabaja. Estas reglas son importantes para personas con VIH/SIDA quienes pueden regresar a trabajar cuando se sienten mejor.

Si Ud. tiene el SSD y está interesado en regresar a trabajar, llame a la SSA para averiguar si es elegible para un periodo de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el quinto mes del periodo de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado nueve meses. Llame a un representante del SSA para más información.

Si después de los nueve meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos. Sin embargo, durante los próximos 36 meses después del primer mes de haber concluido el periodo de trabajo a prueba, Ud. podrá recibir beneficios por cualquier mes que su trabajo no se considere SGA. Durante este periodo no tendrá que volver a solicitar o esperar una nueva decisión médica de incapacidad para recibir beneficios. También será elegible para recibir 39 meses de cobertura de Medicare adicional después de su TWP (vea Medicare y Medicaid a continuación).

Si Ud. tiene el SSI, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante de la SSA para más información acerca de sus opciones.

Para informarse mejor sobre estas reglas, pida una copia de la publicación, *Cómo podemos ayudarle si trabaja mientras está incapacitado* (publicación número 05-10995) en cualquier oficina del Seguro Social.

Medicare & Medicaid / Medicare y Medicaid

MEDICARE

The Centers for Medicare & Medicaid Services (CMS) runs the Medicare and Medicaid programs - two national health care programs that benefit about 95 million Americans. All persons receiving Social Security Disability (SSD) are automatically enrolled in Medicare after 29 months of being disabled (usually 24 months receiving SSD + the first five months of disability). There are no exceptions to this rule!

COBRA. The COBRA Health Benefit Provision allows disabled persons to keep the health insurance they had through their employer for 18 months (or up to 29 or 36 months in some cases) if they have received a medical disability decision from SSA. The premiums are usually higher than the group rate and you will be expected to pay them yourself. However, the Ryan White funded Health Insurance program at Legacy Community Health Services may be able to help pay your premiums and will answer your questions about COBRA and keeping your insurance.

**** You must give your employer a copy of your SSA award letter as soon as possible. If you do not, your COBRA benefits will end after 18 months and you will have no medical coverage until Medicare begins 11 months later!**

Medicare is divided into several parts which help cover specific services if you meet certain conditions. Part A (Hospital Insurance) helps cover inpatient care in hospitals. Helps cover skilled nursing facility, hospice and home health care. Part A coverage is free of charge for most people because they paid Medicare taxes while working.

Part B (Medical Insurance) helps cover doctors' services and outpatient care. Part B also helps cover some preventive services to help maintain your health and to keep certain illnesses from getting worse. Part B, which is optional, requires a monthly premium.

Part C (Medicare Advantage Plans) is a health coverage choice (similar to an HMO or PPO) run by Medicare-approved private companies that limits membership to people with specific diseases or conditions, such as diabetes, congestive heart failure or HIV/AIDS; people who live in certain institutions (like a nursing home) or who live at home but need the same care as someone living in a nursing home; and people who have both Medicare and Medicaid. Part C includes Part A, Part B, and usually other coverage including prescription drugs (Part D). Premiums vary by company and plan.

Medicare Part D (Medicare Prescription Drug Coverage) helps cover the cost of prescription drugs. Part D may help lower your prescription drug costs and help protect against higher costs in the future.

MEDICARE

Los Centros de Servicios de Medicare & Medicaid (CMS) dirigen los programas de Medicare y Medicaid - dos programas nacionales del cuidado médico que benefician a cerca de 95 millones de estadounidenses. Medicare está disponible a todas las personas que reciben el Seguro Social por Discapacidad (SSD), pero no antes de 29 meses de estar incapacitado (generalmente 24 meses de recibir el SSD y los primeros cinco meses de discapacidad). ¡No hay excepciones a esta regla!

COBRA. La Provisión de Beneficios para la Salud COBRA permite a personas discapacitadas mantener sus seguros de salud (el que tuvieron durante el empleo) por 18 meses (o hasta 29 ó 36 meses en algunos casos) si recibieron una decisión de discapacidad médica por la Administración del Seguro Social (SSA). La prima del seguro es usualmente más elevada que la de grupo, y usted debe pagarla. Sin embargo, el programa de seguro médico ofrecido por Legacy Community Health Services y financiado por Ryan White podría asistirle con el pago de la prima, y además puede asistirle con otras preguntas que tenga sobre COBRA.

**** Ud. deberá entregarle a su empleador una copia de la carta de beneficios de la SSA lo más pronto posible. Si no lo hace, sus beneficios terminarán después de 18 meses y no tendrá más beneficios hasta que empiece la cobertura con Medicare, que son 11 meses más tarde.**

Medicare consiste de varias partes y asiste en cubrir servicios específicos si cumple con ciertas condiciones. La parte A (seguro para hospitalización) asiste con el pago del cuidado del paciente externo en los hospitales, el cuidado de salud en domicilio, en hospicios, y en localidades con enfermeras profesionales. La Parte A es gratis para la mayoría de las personas quienes pagaron impuestos para el Medicare cuando trabajaron.

La Parte B (seguro médico) asiste con el pago de los servicios ofrecidos por los médicos y el cuidado del paciente externo, servicios preventivos que asisten en mantener una buena salud, y evitar que ciertas enfermedades empeoren. La Parte B es opcional y requiere un pago mensual de una prima.

La Parte C (Planes de Ventaja) es una cobertura de elección (similar a un HMO o PPO) administrado por compañías privadas y aprobadas por Medicare, que limitan a las personas con enfermedades o condiciones específicas, así como la diabetes, la insuficiencia cardíaca congestiva, o el VIH/SIDA; personas quienes viven en ciertas instituciones (así como en hogares de cuidados médicos) o quienes viven en sus domicilios pero quienes necesitan el mismo cuidado que aquellos en hogares de cuidados médicos; y personas quienes tienen ambos-- Medicare y Medicaid. La Parte C incluye la Parte A, la Parte B, y usualmente otras coberturas incluyendo medicamentos recetados (Parte D). La prima varía dependiendo del plan y la compañía.

Medicare & Medicaid / Medicare y Medicaid

Premiums vary by company and plan.

Medicare will pay for much, but not all, of your health care costs. Medicare recipients have to pay limited deductibles and co-payments. Medicare does not pay for long-term care.

If you receive SSD but don't receive Supplemental Security Income (SSI), and your income falls below a certain level, you may qualify for help paying your Medicare costs through either the QMB (Qualified Medicare Beneficiary) or the SLMB (Specified Low-income Medicare Beneficiary) program.

These helpful programs, administered by Texas Health and Human Services, pay the Medicare part B monthly premiums, and QMB also covers part A monthly premiums as well as all deductibles and co-payments. Call the Texas Department of Aging and Disability Services at 713-692-1635 or 1-800-213-8471 for information about QMB and SLMB. If you receive both SSD and SSI and have been disabled for at least 29 months, you are eligible for both Medicare and Medicaid.

La Parte D (medicamentos recetados) asiste en el pago de dicha medicina. La Parte D puede que le ayude a reducir este costo y prevenir un alto costo en el futuro. La prima varía de acuerdo al plan y la compañía.

Medicare pagará por mucho pero no todo el costo del cuidado médico. Los pacientes con Medicare deben pagar los deducibles y copagos limitados. Medicare no paga el cuidado de largo plazo.

Si usted recibe SSD pero no recibe SSI, y su ingreso es reducido a cierto nivel, usted puede calificar para recibir ayuda con el pago de los costos de Medicare a través de los programas QMB (Beneficiario Calificado) o SLMB (Beneficiario Calificado de bajo ingreso).

Estos programas de ayuda, pagan mensualmente la prima de la Parte B, y QMB cubre la prima de la Parte A y los deducibles y los copagos. Llame al 713-692-1635 ó 1-800-213-8471 para información sobre QMB y SLMB. Si usted recibe ambos—SSD y SSI y ha estado discapacitado por lo menos 29 meses, usted es elegible para recibir Medicare y Medicaid.

Medicare Prescription Drug Plans / Plan de Medicare Para Recetas Médicas

Medicare offers prescription drug coverage to everyone with Medicare. If you decide not to join a Medicare drug plan when you're first eligible, and you don't have other creditable prescription drug coverage, or you don't get Extra Help, you'll likely pay a late enrollment penalty.

To get Medicare prescription drug coverage, you must join a plan run by an insurance company or other private company approved by Medicare. Each plan can vary in cost and drugs covered.

Medicare ofrece cobertura de medicamentos recetados a todas las personas con Medicare. Si usted decide no unirse a un plan de medicamentos de Medicare cuando es elegible por primera vez y no cuenta con otra cobertura válida para medicamentos recetados, o si usted no recibe Ayuda adicional, probablemente tenga que pagar una penalidad por inscripción tardía.

Para obtener la cobertura de medicamentos recetados de Medicare, usted debe unirse a un plan administrado por una compañía de seguros u otra compañía privada aprobada por Medicare. Cada plan puede variar en sus costos y medicamentos cubiertos.

How does the Original Medicare Plan work with a Medicare Prescription Drug Plan?

- You pay a separate monthly premium for your prescription drug plan.
- You pay a co-payment or co-insurance, and deductible for your prescription drugs.
- You get a prescription card from your Medicare Prescription Drug Plan. Show it when you get your prescriptions filled.
- You must go to pharmacies that belong to (are in the network of) the Medicare Prescription Drug Plan that you join. If you go to a pharmacy that isn't part of the plan you join, in most cases, your drug won't be covered and you will have to pay the full cost of the drug.
- Each Medicare Prescription Drug Plan has a list of covered prescription drugs which may vary from plan to plan. In most cases, only drugs on this list will be covered.

¿Cómo funciona el Plan Original de Medicare con los planes de Medicare para recetas médicas?

- Usted paga una prima mensual separada por el plan para medicamentos recetados.
- Usted paga un co-pago o co-seguro y el deducible del plan para medicamentos recetados.
- Usted obtiene una tarjeta del plan que debe mostrar cuando compra su medicamento.
- Usted debe ir a farmacias que pertenezcan a la red del plan de Medicare para recetas médicas en el que se ha inscrito. Si compra en una farmacia que no pertenece a la red del plan de Medicare, en la mayoría de los casos, el medicamento no estará cubierto y tendrá que pagar el precio total del mismo.
- Cada plan de Medicare para recetas médicas tiene una lista de los medicamentos recetados cubiertos y la misma puede variar con cada plan. En la mayoría de los casos, sólo estarán cubiertos los medicamentos de la lista.

What if I have a limited income and can't afford a Medicare Prescription Drug Plan?

People with Medicare and Medicaid, and other people with limited income and resources can qualify for help paying their Medicare Prescription Drug Plan costs. You might also want to join a Medicare Advantage Plan or other Medicare Health Plan.

Remember: If you have drug coverage through a previous or current employer or union, contact your benefits administrator before you make any changes to your prescription drug coverage.

MEDICAID

Medicaid is a state program administered by Texas Health and Human Services (THHS). Everyone receiving SSI benefits, whether or not they are also receiving SSD, is covered by Medicaid. Medicaid covers both acute care (doctor visits, lab work & x-rays, hospitalization, etc.) and long-term care (nursing home, attendant services, etc.). Beginning October 1, 2005, Medicaid clients age 21 years and older may receive the following benefits: eyeglasses, contact lenses if medically necessary, hearing aids, services provided by a chiropractor and services provided by a podiatrist. There are no changes to benefits for Medicaid clients under 21 years old.

Medicaid in the Harris County area (Brazoria, Fort Bend, Galveston, Harris, Montgomery and Waller Counties) is now being provided through two managed care programs: Star and Star+Plus. People receiving TANF benefits enroll in the Star program and people receiving SSI enroll in the Star+Plus program (Star+Plus includes long-term care, but Star does not).

This means that everyone receiving Medicaid is now required to select an HMO (listed below) and a primary care physician who has signed up with the HMO. Once you choose a primary care physician, you will go to this doctor for all your medical care, unless he or she refers you to a specialist or you choose a different primary care physician. However, you do have the right to access psychiatric or chemical dependency treatment directly - from a doctor or facility listed in your HMO's directory - without first going through your primary care physician.

Doctors and clinics frequently sign up with more than one HMO. When you qualify for Medicaid through THHS, you will receive an enrollment packet for the Star or Star+Plus program. This will include "provider directories" for each HMO and a Health Plan Comparison Chart. You can then either fill out the forms and mail them in or you can call the enrollment

¿Qué ocurre si mis ingresos son limitados y no puedo pagar por un plan de Medicare para recetas médicas?

Las personas que tienen Medicare y Medicaid y otros con ingresos y recursos limitados podrían ser elegibles para recibir ayuda para pagar por los costos del plan para recetas médicas. También podría inscribirse en un Plan Medicare Advantage u otro Plan de Salud de Medicare.

Recuerde: Si tiene cobertura de medicamentos recetados a través de su empleador pasado o actual o sindicato, comuníquese con el administrador de beneficios antes de hacer cualquier cambio a su cobertura de recetas médicas.

MEDICAID

Medicaid es un programa estatal administrado por los Servicios de Salud y Humanos de Texas (THHS). Todo aquel que recibe beneficios del SSI, esté o no recibiendo también el SSD, está cubierto por Medicaid. Medicaid cubre tratamientos agudos (consultas médicas, exámenes de laboratorio, rayos-x, hospitalización, etc.) y trata-mientos a largo plazo (cuidado, servicios de asistencia, etc.). A partir del 1° de octubre de 2005, los clientes de Medicaid de 21 años y mayores podrán recibir los siguientes beneficios: anteojos, lentes de contacto si son médicamente necesarios, audífonos, servicios prestados por un quiropráctico y servicios prestados por un podiatra. No habrá cambios en los beneficios para clientes de Medicaid menores de 21 años.

En la area del Condado Harris (los condados Brazoria, Fort Bend, Galveston, Harris, Montgomery y Waller) se ofrece Medicaid a través de dos programas de cuidado administrativo: Star and Star+Plus. Las personas que reciben beneficios TANF se inscriben en el programa Star y personas que reciben SSI se inscriben en el programa Star+Plus (Star+Plus incluye cuidado de largo plazo, sin embargo Star no).

Esto significa que todos aquellos que reciben Medicaid deben elegir un HMO (Organización de la Administración de la Salud, alistados a continuación) y un médico general que esté inscrito con el mismo. Al elegir a un médico, él o ella se encargará de todas sus atenciones de salud, a no ser que lo dirija a un especialista o Ud. elija otro médico general. Sin embargo, tiene el derecho de solicitar tratamiento psiquiátrico y de abuso de drogas directamente con un médico o un centro inscrito con su HMO, sin tener que acudir antes a su médico general.

Los médicos y las clínicas generalmente tienen convenios con más de un HMO. Cuando Ud. califica para Medicaid a través de THHS, recibirá un paquete de inscripción para el programa Star o Star+Plus. El paquete incluye una lista de proveedores en cada HMO y una Tabla de Comparación de los Planes de Salud. Ud. puede llenar los formularios y enviarlos por correo o contactar a la compañía encargada

Medicare & Medicaid / Medicare y Medicaid

broker, Maximus, and enroll over the phone. The number to call is listed below.

If you do not make a selection within thirty days, a primary care physician (and an HMO) will be chosen for you. If this happens, you will probably not be allowed to see your regular doctor and your medical care may be interrupted. If you are assigned a health plan you may still choose your own health plan and primary care provider, but until you have formally made that change, you will receive services through the plan and provider to which you were assigned. STAR+PLUS members may change health plans as often as once a month.

de las inscripciones, Maximus, e inscribirse por teléfono (vea a continuación).

Si usted no selecciona un médico de cuidado primario (y un HMO) en un periodo de 30 días, uno será seleccionado para usted. Si esto ocurre, probablemente no será permitido ver a su médico regular y su cuidado médico puede ser interrumpido. Si usted es asignado un plan de salud puede seleccionar su propio médico y plan de salud, pero hasta que no haya hecho este cambio formalmente recibirá servicio bajo el plan y el proveedor con quien ha sido asignado. Beneficiarios de STAR+Plus pueden cambiar planes de salud una vez por mes.

Important Star and Star+ Plus Numbers

Call to enroll or ask questions / Llame a inscribirse o hacer preguntas:

Star & Star+Plus Helpline (Línea de ayuda) Toll Free: (800) 964-2777

Medicaid Managed Care Helpline

The Medicaid Managed Care Helpline (formerly STARLink) is designed to help people who are already on Medicaid but need help accessing health care services. A priority is placed on individuals with urgent or complex health care needs

Help includes:

- Information about coverage.
- Guidance on how to access services.
- Referrals to the right place to get help.
- Direct assistance to resolve a problem.

The Medicaid Managed Care Helpline also provides general information about managed care programs.

Toll Free: (866) 566-8989

TTY: (866) 222-4306

La línea de ayuda de Medicaid

Llamada Medicaid Managed Care Helpline (conocida antes como STARLink), esta línea está diseñada para ayudar a las personas que ya tienen Medicaid pero necesitan asistencia en acceder los servicios médicos. Se da prioridad a individuos con necesidades de urgencia o de un cuidado complejo.

La ayuda incluye:

- Información sobre cobertura.
- Una guía de cómo acceder a los servicios.
- Referencias apropiadas a los recursos.
- Asistencia directa para resolver un problema.

Esta línea de ayuda además provee información general sobre programas administrativos del cuidado.

Toll Free: (866) 566-8989

TTY: (866) 222-4306

HARRIS AND HARRIS EXPANSION SERVICE AREA: Austin, Brazoria, Fort Bend, Galveston, Harris, Matagorda, Montgomery, Waller and Wharton Counties.

JEFFERSON SERVICE AREA: Chambers, Hardin, Jasper, Jefferson, Liberty, Newton, Orange, Polk, San Jacinto, Tyler and Walker Counties.

Plan Name		Plan Phone Number
AmeriGroup Community Care	Star & Star+Plus	1-800-600-4441 1-800-855-2880 TTY MPSWeb@amerigroup.com
Community Health Choice	Star	713-295-2294 or 1-888-760-2600
Molina Healthcare of Texas	Star & Star+Plus	1-866-449-6849
Texas Children's Health Plan	Star	1-866-959-2555 HealthPlan@texaschildrens.org
United Healthcare Community Plan	Star Star+Plus	1-800-213-5846 1-888-887-9003

How To Select an HMO

¿Cómo Seleccionar un HMO?

Ask for help if you need it

Choosing the right HMO is a very important decision. You may feel overwhelmed trying to work through all the paperwork. Don't hesitate to ask for help! Consider asking any of the people listed below if you feel you need some guidance through the decision process

1. Your spouse, partner, relatives, caregivers
2. Your doctor or nurse
3. Your case manager, service linkage worker, care coordinator
4. Friends or acquaintances who are already receiving care through one of the HMOs
5. Representatives of AIDS service organizations (AIDS Foundation Houston, Bering, Legacy, etc.)
6. A representative of the enrollment broker, Maximus (1-800-964-2777)

Just remember: this is your decision about your health care; the HMO that was right for someone else, or that seems good to someone else, may not be the right one for you.

Pida ayuda si la necesita

La elección correcta de un HMO es una decisión muy importante y Ud. podría sentirse abrumado al tener que llenar los formularios sin equivocarse. No vacile en pedir ayuda a cualquiera de las siguientes personas durante el proceso de hacer esta decisión:

1. Su cónyuge, pareja, familiares o cuidadores
2. Su médico o enfermera
3. Su administrador/a de casos, trabajador/a de enlace a los servicios, o coordinador/a del cuidado
4. Amistades o conocidos que están recibiendo tratamiento a través de un HMO
5. Representantes de las organizaciones de servicio del VIH/SIDA (AAMA, Bering, Legacy, etc.)
6. Un representante de Maximus, la compañía encargada de las inscripciones (1-800-964-2777)

Recuerde que ésta es una decisión suya y sobre su propia salud; el HMO que resultó apropiado para otra persona o que parece ser mejor para otra persona, puede no serlo para Ud.

Find your doctor

1. Check the provider lists of all the HMOs.
2. If your doctor is listed with only one HMO, this is probably the one for you.
3. If your doctor is listed with more than one HMO, use the Health Plan Comparison Chart included with your enrollment packet to help you decide (especially look for your preferred hospital and compare the value added services).
4. It is better if your doctor is listed under "primary care physicians" rather than under "specialists," because you will have easier access to him or her. If he or she is a "primary care physician" under one plan and a "specialist" under another, you may want to choose the "primary care physician" HMO.
5. Important: sometimes you may be able to have your doctor as your primary care physician, even if he or she is listed as a specialist; ask the HMOs about this option.

Busque a su médico

1. Revise las listas de los proveedores de todos los HMO.
2. Si su médico está inscrito en sólo un HMO, éste probablemente es el más apropiado para Ud.
3. Si su médico está inscrito con más de un HMO, use la Tabla de Comparación de los Planes de Salud incluida en el paquete de inscripción (especialmente busque los hospitales preferidos y compare el valor de los servicios).
4. Es preferible que su médico esté inscrito bajo "médico general" y no bajo "especialista" porque así él/ella le será más accesible. Si él/ella está inscrito como "médico general" en un plan y en otro como "especialista," sería preferible elegir el HMO en el cual esté inscrito como "médico general."
5. Importante: A veces es posible tener a su médico como un "médico general" a pesar de que esté inscrito como un especialista; pregunte al HMO acerca de esta posibilidad

How To Select an HMO / ¿Como Seleccionar un HMO?

If your doctor isn't listed

1. Call your doctor's office to find out if he or she has signed up with any of the HMOs; since the provider lists included in your enrollment packet are printed in advance, they are probably not up-to-date.
2. If you prefer, you can call each of the HMOs to ask if your doctor is currently signed up with them.
3. If your doctor hasn't signed up with an HMO, advocate for yourself and ask him or her to sign up with one!

If you must choose a new doctor (or if you don't have a doctor already)

1. Generally, you should select your primary care physician before you select an HMO.
2. It is important to have regular access to a physician experienced in treating HIV disease, so do not choose a doctor at random or just because the doctor's office is close to where you live.
3. Unless you already have a new doctor in mind, consider asking some of the people listed above (under "Ask for help if you need it") for recommendations. Start with your current doctor.
4. If you have trouble getting recommendations, you may want to call some of the listed doctors in your area and ask if they treat a lot of HIV patients. Answering "yes" doesn't guarantee that the doctor is an HIV specialist, but at least you can definitely rule out those who answer "no."
5. Remember, a new doctor who you are interested in seeing may be signed up with one or more HMOs even if he or she isn't listed in the provider directories, so ask the doctor—or the HMOs—before giving up.
6. If you are trying to choose between two or more equally acceptable doctors, it makes sense to select the one whose office will be easiest for you to get to.

Accessing your doctor:

1. Remember that in this system you must go through your primary care physician to access a specialist. If you go to a specialist without going through the primary care physician, you may find yourself responsible for paying 100% of the charge.
2. Most primary care physicians have after hours and weekend telephone coverage and are accessible to patients through their main office number, even if the office is closed.

Si su médico no está inscrito

1. Pregunte a su médico si él/ella está inscrito en algún HMO, ya que la lista de proveedores incluida en el paquete de inscripción está impresa anticipadamente y es probable que los datos no estén actualizados.
2. Si Ud. prefiere, puede llamar a todos los HMO para averiguar si su médico está inscrito actualmente con ellos.
3. Si su médico no está inscrito con un HMO, sugiera que lo haga.

Si Ud. debe elegir un nuevo médico (o si aún no tiene un médico)

1. Generalmente, debe elegir un médico general antes de elegir un HMO.
2. Es importante tener un acceso fácil a un médico con experiencia en el tratamiento del VIH; por lo tanto no elija un médico al azar o por el hecho que la consulta se encuentre cerca de su casa.
3. A no ser que ya tenga en consideración un nuevo médico, tome en cuenta de consultar con las personas mencionadas anteriormente para recomendaciones. Empiece con su médico actual.
4. Si le es difícil conseguir recomendaciones, podría llamar a los médicos inscritos dentro de su área y preguntarles si atienden a muchos pacientes con el VIH. Una respuesta afirmativa no garantiza que es un especialista del VIH, pero por lo menos puede Ud. prescindir de aquellos que le contestan con una negación.
5. Recuerde, un médico nuevo que a Ud. le interesa puede estar inscrito en uno o más HMO aún si no aparece alistado, por lo tanto pregunte al médico o a los HMO antes de desistir.
6. Si está intentando elegir entre dos o más médicos con similares calificaciones, puede ser más sensato legir la consulta que le sea más accesible a llegar.

El acceso a su médico:

1. Recuerde que en el sistema de HMO debe contactar a su médico general (primary care physician) antes de tener acceso a un médico especialista. Si visita a un médico especialista sin primero contactar con su médico general, es posible que tenga que pagar el 100 por ciento de esa consulta médica.
2. La mayoría de los médicos generales tienen líneas telefónicas disponibles después de las horas normales de oficina y en los fines de semana. Aunque la oficina esté cerrada, ellos están disponibles a través del número telefónico principal de la oficina.

Publications / Publicaciones

Name Nombre	Phone & Website Teléfono y Sitio Web	Description Descripción	Legend Tabla
A & U America's AIDS Magazine	25 Monroe Street; Ste 205 Albany, NY 12210 (518) 426-9010 www.aumag.org/wordpress/	Periodical created for the HIV affected community.	\$24.95/yr; Free online and at many ASOs.
amfAR Publications and E-newsletters	120 Wall Street, 13th Floor New York, NY 10005-3908 www.amfar.org/amfar-publications/	amfAR produces a variety of publications. Most are available online and hard copy.	Free
Being Alive People with HIV/AIDS Action Coalition	7531 Santa Monica Blvd, Ste 100 West Hollywood, CA 90046 (323) 874-4322 info@beingalivela.org www.beingalivela.org	PWA Coalition LA newsletter available in print and online. Standing articles cover timely issues such as HIV/AIDS treatment options, mental health, substance abuse, nutrition, advocacy, community referrals and a variety of other topics; available free online.	Reduced rate or free for HIV+
San Francisco AIDS Foundation -BETA (Bulletin of Experimental Treatments for AIDS)	1035 Market Street, Ste 400 San Francisco, CA 94103 (415) 487-8060 beta@sfaf.org	BETA covers new developments in HIV/AIDS prevention, treatment and research. Includes in-depth articles on HIV prevention, as well as HIV treatment and strategies for living well with HIV.	Free
The Center for AIDS Information & Advocacy -HIV Treatment Alerts! -Research Initiative/Treatment Action (RITA!)	P.O. Box 66308 Houston, TX 77266-6308 (713) 527-8219 or (888) 341-1788 www.centerforaids.org	The Center for AIDS publishes the latest HIV/AIDS information to the medical and HIV communities as well as a patient newsletter on treatment and research.	Free
CDC National Prevention Information Network (NPIN) Centro Nacional de Prevención e Información (NPIN) de los CDC	P.O. Box 6003 Rockville, MD 20849-6003 www.cdcnpin.org info@cdcnpin.org	Current information about organizations that provide HIV/AIDS, Viral Hepatitis, STD, and TB services, educational materials, and funding resources. <i>Información actual sobre organizaciones que proporcionen servicios relacionados con el VIH/SIDA, las ETS, las hepatitis virales, la tuberculosis u materiales didácticos y recursos de financiamiento.</i>	Esp, Free
HIV News and Views	www.thebody.com www.thebody.com/espanol.html	Weekly email/online newsletter. <i>Boletín semanal en línea (correo electrónico)</i>	Esp, Free

Publications / Publicaciones

Name Nombre	Phone & Website Teléfono y Sitio Web	Description Descripción	Legend Tabla
HIV Positive!	P.O. Box 2587 Glenwood Springs, CO 81602 (770) 262-9364 www.hivpositivemagazine.com	Bi-monthly magazine. Available online for free.	\$18.95 for 1 yr; \$24.95 for 2 yrs
PI Perspective eNews	273 Ninth Street San Francisco, CA 94103 (415) 558-8669 www.projectinform.org www.projectinform.org/espanol/	Monthly e-newsletter covering the latest on HIV and hepatitis C treatment and care. <i>Boletín electrónico mensual del tratamiento del VIH y de la hepatitis C.</i>	Esp, Free
Positively Aware	(773) 989-9400 http://positivelyaware.com	TPAN Chicago bimonthly newsletter (available in print and online).	Esp, Free for HIV+
POZ Magazine	(212) 242-2163 www.poz.com www.poz.com/latino/	Monthly magazine; available free online. <i>Publicación mensual; en línea libre disponible.</i>	\$19.97/ yr, free for HIV+, Esp
HIV and STD Services in Texas	www.dshs.state.tx.us/hivstd/services	Agencies providing HIV/STD services such as medical care, testing, treatment, and education.	Free
Senior Guidance Directory	(832) 443-5083 www.srguidance.org	Convenient directory for older adults, available online, by request and through many community partners.	Free
United Way Community Resource Directory	2-1-1 http://referral.unitedway-houston.org/ help@unitedwayhouston.org	Houston area resources in a variety of categories; online database and helpline are provided free of charge.	\$45
Youth Services Directory for Harris County	(713) 295-2530 www.hc-ps.org	Directory of the most commonly used nonprofit, United Way, church and government resources available to the general public.	Free

Please visit our website at www.rwpchouston.org/HIV_AIDS_Resources.htm for additional resources and web publications.

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211 Texas/United Way Helpline	2-1-1	Cypress Assistance Ministries	(281) 955-7440
3 "A" Bereavement Foundation	(713) 649-3232	Operation Jobs	(281) 955-5895
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Bridge Over Troubled Waters Emergency Shelter	(713) 473-2801	NW Community Health Center	(713) 861-3939
Cage's Medical Services	(713) 674-5616	Settegast Health Center	(713) 636-7192
Career and Recovery Resources	(713) 754-7000	Strawberry Health Center	(713) 477-6851
Casa de Esperanza de los Ninos	(713) 529-0639	Thomas Street Health Center	(713) 873-4000
Catholic Charities AIDS Ministry	(713) 526-4611	Vallbona (People's) Health Center	(713) 272-2600
Cenikor Foundation	(888) 236-4567	Women's HIV Program	(713) 873-4511
Center for AIDS Information & Advocacy	(713) 527-8219	HATCH	(713) 529-3590
Change Happens!	(713) 374-1200	Health Information Hotline (CDC)	(800) CDC-INFO
City of Houston HIV Community Planning Group	(832) 393-5010	Healthcare for the Homeless-Houston	(713) 276-3073
City of Houston HOPWA Program	(713) 868-8328	Healthways Services	(832) 722-2085
City of Houston Office of Veteran Affairs	(832) 393-0992	Homeless Coalition of Houston/Harris County	(713) 739-7514
Citywide Home Healthcare	(713) 660-6671	Hospice Care Team	(409) 938-0070
Cocaine Anonymous	(713) 668-6822	Houston Area Community Services Main Campus	(713) 426-0027
Colby D Healthcare Inc.	(832) 563-4970	HACS Bautista Pediatric Health Center	(713) 827-8266
Community Endowment Foundation	(713) 528-0037	HACS Spring Cypress	(281) 537-8627
Corder Place Apartments	(713) 741-4070	Houston Area Women's Center	(713) 528-6798
The Council on Alcohol and Drugs Houston	(713) 942-4100	Houston Center for Independent Living	(713) 974-4621
Covenant House Texas	(713) 523-2231	Houston Community Voice Mail	(713) 739-7514
Crisis Intervention of Houston	(713) 533-4500	Houston Compass	(713) 229-8319
Spanish	(713) 526-8088	Houston Humane Society	(713) 433-6421
Teenline	(713) 529-TEEN	Houston Lawyer Referral Service	(713) 237-9429

Phone Directory / Directorio telefónico

Houston SRO Housing	(713) 526-9470	Presbyterian Children's Home and Services	(713) 721-2908
San Jacinto Apartments	(713) 650-0306	Primary Health Network of South Texas (Ob/Gyn)	(713) 799-8994
Houston Volunteer Lawyers AIDS Project	(713) 228-0735	Project Path Finder	(832) 830-3440
Humble Area Assistance Ministries	(281) 446-3663	Reach Healthcare Services	(713) 383-2100
Interfaith CarePartners®	(713) 682-5995	Real Talk Inc.	(832) 393-4663
Jewish Family Service	(713) 667-9336	Rehoboth Foundation, Inc.	(713) 484-5850
Lazarus House: A Center for Wellness	(713) 526-5071	RIDES	(713) 368-7433
LBJ Hospital	(713) 566-5100	Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904
Legacy Community Health Services	(832) 548-5000	Ryan White Planning Council Office of Support	(713) 572-3724
Baker-Ripley Clinic	(713) 351-7350	Ryan White Complaint Line (Part A)	(713) 439-6089
Baytown Clinic	(281) 629-2020	Spanish	(713) 439-6095
Bissonnet Clinic	(281) 498-6100	Ryan White Complaint Line (Part B/State Services)	(713) 526-1016
Montrose Campus	(832) 548-5100	Saint Hope Foundation	(713) 778-1300
Lyons Campus	(832) 548-5400	Bellaire Community Health Center	(713) 839-7111
Mapleridge Clinic	(713) 779-7200	Conroe Community Health Center	(936) 441-2440
North Street Clinic	(409) 242-2577	Sugar Land Community Health Center	(281) 277-8571
San Jacinto Campus	(281) 420-8400	Texas City Clinic	(832) 431-5162
South Park Campus	(409) 242-2525	St. Luke's Center for Liver Disease	(832) 355-1400
Southwest Campus	(713) 779-6400	St. Luke's Advanced Liver Therapies	(832) 355-8966
Link-Up America/Lifeline	(866) 454-8387	Saint Mary Magdalene Social Services	(281) 540-1907
LITE UP Texas	(866) 454-8387	Salvation Army, Houston Area Command	(713) 658-9205
LIVE Consortium	(713) 861-5483	San Jacinto Apartments (Houston SRO Housing)	(713) 650-0306
Living without Limits, Living Large Inc.	(832) 545-5689	Santa Maria Hostel	(713) 691-0900
Love INC (In the Name of Christ)	(281) 422-5683	SEARCH Homeless Services	(713) 739-7752
Magnificat Houses	(713) 520-0461	House of Tiny Treasures Childcare Center	(713) 923-7938
Loaves and Fishes	(713) 224-1373	Sign Language Accessible Interpreters	(713) 263-9670
Morning Star Hostel	(713) 520-0461	Sign Shares	(713) 869-4373
Myriam's Hostel	(713) 520-0461	SNAP Animal Aid Program	(713) 862-3863
St. Joseph House	(713) 523-5958	Spay-Neuter Mobile Program	(713) 522-2337
Medicaid	(800) 252-8263	Surgery and Wellness Clinic	(713) 862-8964
Medicare	(800) 633-4227	Social Security Administration	(800) 772-1213
Memorial Assistance Ministries	(713) 468-4516	Southeast Area Ministries	(713) 944-0093
Memorial Hermann Hospital System	(713) 222-CARE	Special Treasures/S.O.C.K.S.	(281) 352-7754
Memorial Hermann PaRC	(713) 939-7272	Star of Hope	(713) 748-0700
Methodist Children's Home	(713) 682-8911	Men's Development Center	(713) 227-8900
Metro Health Services	(713) 777-9600	Transitional Living Center	(713) 748-7242
METROLine (route and schedule information)	(713) 635-4000	Women and Family Shelter	(713) 222-2220
MHMRA of Harris County	(713) 970-7000	Stop Turning Entering Prison- Shay's House	(832) 881-3193
Michael E. DeBakey VA Medical Center	(713) 791-1414	Texas Children's Hospital	(832) 824-1000
Montgomery County Women's Center	(936) 441-7273	Allergy and Immunology Department	(832) 824-1319
Montrose Center	(713) 529-0037	Baylor International Pediatric AIDS Initiative	(832) 822-1038
Narcotics Anonymous	(713) 661-4200	Retrovirology Clinic	(832) 822-1038
National Alliance on Mental Illness	(713) 970-4419	Texas Dept of Assistive & Rehabilitative Svcs.	(800) 628-5115
NationsMed Healthcare	(281) 240-4144	Texas Dept of Family & Protective Services	(512) 438-4800
NeuroPsychiatric Center	(713) 970-7070	Child Care Information	(800) 862-5252
New Hope Counseling Center	(713) 776-8006	Report Abuse in MHMR Facilities	(800) 647-7418
Northshore Counseling Center	(713) 637-6000	Report Abuse, Neglect & Exploitation	(800) 252-5400
Northwest Assistance Ministries	(281) 885-4555	Youth and Runaway Hotline	(800) 989-6884
Children's Clinic	(281) 885-4630	Texas Dept of State Health Services	(888) 963-7111
Emergency Basic Needs	(281) 583-5600	Children with Special Health Care Needs	(713) 767-3111
Family Violence Center	(281) 885-4673	HIV Medication Program (ADAP)	(800) 255-1090
Fifty Plus Program	(281) 885-4616	Texas Prevention Network	(713) 981-6063
Housing Services	(281) 885-4531	Thomas Street Health Center	(713) 873-4000
Joanne Watford Nutrition Center	(281) 583-5600	Thomas Street Patient Advisory Council	(713) 873-4000
Interfaith Hospitality Network	(281) 885-4567	Triangle AIDS Network	(409) 832-8338
Learning Center	(281) 885-4616	TX Attorney General Child Support Division	(800) 252-8014
Meals on Wheels Program	(281) 885-4623	U of H Speech, Language & Hearing Clinic	(713) 743-0915
Open Door Mission	(713) 921-7520	University Eye Institute	(713) 743-2020
Operation I.D.	(281) 833-3508	Good Neighbor Health Center	(713) 527-8480
Palmer Drug Abuse Program	(281) 589-4602	UT Health-Houston CNRA	(713) 486-2800
PAWS Houston	(713) 840-7297	UT Houston Health Science Center	(713) 500-6608
Pet Bereavement Counseling Services	(713) 522-8344	West Heights House Shelter	(713) 864-1795
Pet Patrol	(281) 733-7696	West Houston Assistance Ministries	(713) 977-9942
PFLAG Houston	(713) 46P-FLAG	Windsor Village Social Services Dept.	(713) 551-8792
Planned Parenthood Gulf Coast	(800) 230-PLAN	Workforce Solutions	(888) 469-JOBS
Positive Efforts	(713) 812-0044		

Houston Ryan White Planning Council

Timeline of Annual Activities

Consumers, providers and the general public are encouraged to attend and provide public comment at any of the meetings described below. For more information on Council processes or to receive monthly calendars and/or meeting packets, contact the Office of Support at 713 572-3724 or visit us on the web: www.rwpcHouston.org.

- JANUARY** – Develop the annual Council calendar.
- FEBRUARY** – Deadline for submitting New Idea Forms. Call the Office of Support (713 572-3724) for information and to request the required forms. There are two additional deadlines in June and September.
- The Council and all committees hold their first meeting of the year.
 - The Priority & Allocations (P&A) Committee meets to approve the policy for allocating unspent funds, priority setting and more.
- MARCH** – The Council approves the Joint Epidemiological Report.
- The Office of Support notifies the public about the Subcategory Allocation review process.
 - The EIIHA Workgroup meets.
 - Consumer Training for the How to Best Meet the Need (HTBMN) process.
- MARCH / APRIL** – Project LEAP class begins. Project LEAP is a free 17-week training course for persons infected with and affected by HIV to gain the knowledge and skills needed to help plan HIV prevention and care services in the Houston Area. See the following page for more info.
- APRIL** – The Council and community training for the Quality Assurance (QA) Committee’s HTBMN process; HTBMN Workgroups convene.
- P&A allocates Ryan White (RW) Part A unspent funds.
- MAY** – HTBMN Workgroup for the Blue Book. The Operations Committee reviews the Council Support budget.
- QA meets to approve the HTBMN results and review subcategory allocation requests.
 - P&A meets to recommend service priorities for RW Part A/B and State Services funding.
 - Public Hearing on the HTBMN results.
- JUNE** – Deadline for submitting New Idea Forms. See February (above) for more info.
- The Steering Committee and Council each meet to approve the HTBMN results.
 - Special P&A meetings to draft the funding allocations for RW Part A/B and State Services.
 - QA meets to review the assessment of the administrative mechanism.
 - P&A meets to approve the funding allocations for RW Part A/B and State Services.
 - Public Hearing on the recommended service priorities and funding allocations.
- JULY / AUGUST** – The Steering Committee and Council approve the service priorities and funding allocations.
- EIIHA Workgroup meets to make recommendations for the EIIHA Plan.
- SEPTEMBER** – Deadline for submitting New Idea Forms. See February (above) for more info.
- Consumer Training on Standards of Care and Performance Measures.
- OCTOBER** – Consumer Workgroup to review Standards of Care and Performance Measures.
- Community Workgroup to review Standards of Care and Performance Measures.
- NOVEMBER** – Council recognizes external committee members.
- Joint meeting of all Committees to review data reports and suggest changes.
 - Commissioners Court to receive the World AIDS Day Resolution.
- DECEMBER** – World AIDS Day (December 1st)
- Council meeting to elect officers for next year.
 - Project LEAP evaluation.

Project L.E.A.P.

Learning, Empowerment, Advocacy and Participation

What is Project L.E.A.P.?

Project L.E.A.P. is a free, 17-week comprehensive advocacy training course for individuals infected with and affected by HIV in the Greater Houston Area. The goal is to train people living with HIV/AIDS so that they become active participants in local HIV/AIDS planning activities by serving on a planning body, such as the Ryan White Planning Council or the City of Houston HIV Prevention Community Planning Group (CPG).

What will I Learn?

Some of the topics covered in class include:

- Parliamentary Procedure (Robert's Rules of Order)
- HIV 101
- The History of HIV in the Houston Area
- HIV trends in the Houston area for populations such as African Americans, Hispanics, Women, Youth, Heterosexuals, Transgender, etc.
- HIV trends in the Houston area and available services for people with mental health issues, substance abuse issues, the homeless and the incarcerated/recently released.
- HIV and Co-infections, HIV and Chronic Diseases, HIV and Stigma
- Designing HIV Services
- The Ryan White Program Service Prioritization and Funding Allocation Process
- HIV Prevention in the Houston Area

Additional class activities may include:

- Attend a Ryan White Planning Council and Committee meeting.
- Attend an HIV Prevention Community Planning Group (CPG) Meeting.
- Attend a community meeting of your choice.
- Leadership skills and team building.
- Introduction to National, State, and Local HIV plans.
- Class Needs Assessment project and presentation to the Planning Council.

When Does the Class Meet?

Wednesdays beginning in March or April.

Students can join one of two Project L.E.A.P. classes:

Day class: 10:00 am – 2:00 pm

Evening class: 5:30 pm – 9:30 pm

Lunch or dinner will be provided.

Assistance with transportation and child care is also available.

How Do I Apply?

A brief application and in-person interview is required. Applications are available by mail, fax, email, and can also be picked up in person or completed online.

If you have questions about Project L.E.A.P. or the application process, please contact the Ryan White Planning Council Office of Support at 713-572-3724 or visit us on the web: www.rwpcHouston.org.

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Center for AIDS Information & Advocacy	(713) 527-8219	HATCH	(713) 529-3590
Change Happens!	(713) 374-1200	Health Information Hotline (CDC)	(800) CDC-INFO
City of Houston HIV Community Planning Group	(832) 393-5010	Healthcare for the Homeless-Houston	(713) 276-3073
City of Houston HOPWA Program	(713) 868-8328	Healthways Services	(832) 722-2085
City of Houston Office of Veteran Affairs	(832) 393-0992	Homeless Coalition of Houston/Harris County	(713) 739-7514
Citywide Home Healthcare	(713) 660-6671	Hospice Care Team	(409) 938-0070
Cocaine Anonymous	(713) 668-6822	Houston Area Community Services Main Campus	(713) 426-0027
Colby D Healthcare Inc.	(832) 563-4970	HACS Bautista Pediatric Health Center	(713) 827-8266
Community Endowment Foundation	(713) 528-0037	HACS Spring Cypress	(281) 537-8627
Corder Place Apartments	(713) 741-4070	Houston Area Women's Center	(713) 528-6798
The Council on Alcohol and Drugs Houston	(713) 942-4100	Houston Center for Independent Living	(713) 974-4621
Covenant House Texas	(713) 523-2231	Houston Community Voice Mail	(713) 739-7514
Crisis Intervention of Houston	(713) 533-4500	Houston Compass	(713) 229-8319
Spanish	(713) 526-8088	Houston Humane Society	(713) 433-6421
Teenline	(713) 529-TEEN	Houston Lawyer Referral Service	(713) 237-9429

Pull-Out Phone Directory / Guía Telefónica Portátil

Houston SRO Housing	(713) 526-9470	Presbyterian Children's Home and Services	(713) 721-2908
San Jacinto Apartments	(713) 650-0306	Primary Health Network of South Texas (Ob/Gyn)	(713) 799-8994
Houston Volunteer Lawyers AIDS Project	(713) 228-0735	Project Path Finder	(832) 830-3440
Humble Area Assistance Ministries	(281) 446-3663	Reach Healthcare Services	(713) 383-2100
Interfaith CarePartners®	(713) 682-5995	Real Talk Inc.	(832) 393-4663
Jewish Family Service	(713) 667-9336	Rehoboth Foundation, Inc.	(713) 484-5850
Lazarus House: A Center for Wellness	(713) 526-5071	RIDES	(713) 368-7433
LBJ Hospital	(713) 566-5100	Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904
Legacy Community Health Services	(832) 548-5000	Ryan White Planning Council Office of Support	(713) 572-3724
Baker-Ripley Clinic	(713) 351-7350	Ryan White Complaint Line (Part A)	(713) 439-6089
Baytown Clinic	(281) 629-2020	Spanish	(713) 439-6095
Bissonnet Clinic	(281) 498-6100	Ryan White Complaint Line (Part B/State Services)	(713) 526-1016
Montrose Campus	(832) 548-5100	Saint Hope Foundation	(713) 778-1300
Lyons Campus	(832) 548-5400	Bellaire Community Health Center	(713) 839-7111
Mapleridge Clinic	(713) 779-7200	Conroe Community Health Center	(936) 441-2440
North Street Clinic	(409) 242-2577	Sugar Land Community Health Center	(281) 277-8571
San Jacinto Campus	(281) 420-8400	Texas City Clinic	(832) 431-5162
South Park Campus	(409) 242-2525	St. Luke's Center for Liver Disease	(832) 355-1400
Southwest Campus	(713) 779-6400	St. Luke's Advanced Liver Therapies	(832) 355-8966
Link-Up America/Lifeline	(866) 454-8387	Saint Mary Magdalene Social Services	(281) 540-1907
LITE UP Texas	(866) 454-8387	Salvation Army, Houston Area Command	(713) 658-9205
LIVE Consortium	(713) 861-5483	San Jacinto Apartments (Houston SRO Housing)	(713) 650-0306
Living without Limits, Living Large Inc.	(832) 545-5689	Santa Maria Hostel	(713) 691-0900
Love INC (In the Name of Christ)	(281) 422-5683	SEARCH Homeless Services	(713) 739-7752
Magnificat Houses	(713) 520-0461	House of Tiny Treasures Childcare Center	(713) 923-7938
Loaves and Fishes	(713) 224-1373	Sign Language Accessible Interpreters	(713) 263-9670
Morning Star Hostel	(713) 520-0461	Sign Shares	(713) 869-4373
Myriam's Hostel	(713) 520-0461	SNAP Animal Aid Program	(713) 862-3863
St. Joseph House	(713) 523-5958	Spay-Neuter Mobile Program	(713) 522-2337
Medicaid	(800) 252-8263	Surgery and Wellness Clinic	(713) 862-8964
Medicare	(800) 633-4227	Social Security Administration	(800) 772-1213
Memorial Assistance Ministries	(713) 468-4516	Southeast Area Ministries	(713) 944-0093
Memorial Hermann Hospital System	(713) 222-CARE	Special Treasures/S.O.C.K.S.	(281) 352-7754
Memorial Hermann PaRC	(713) 939-7272	Star of Hope	(713) 748-0700
Methodist Children's Home	(713) 682-8911	Men's Development Center	(713) 227-8900
Metro Health Services	(713) 777-9600	Transitional Living Center	(713) 748-7242
METROLine (route and schedule information)	(713) 635-4000	Women and Family Shelter	(713) 222-2220
MHMRA of Harris County	(713) 970-7000	Stop Turning Entering Prison- Shay's House	(832) 881-3193
Michael E. DeBakey VA Medical Center	(713) 791-1414	Texas Children's Hospital	(832) 824-1000
Montgomery County Women's Center	(936) 441-7273	Allergy and Immunology Department	(832) 824-1319
Montrose Center	(713) 529-0037	Baylor International Pediatric AIDS Initiative	(832) 822-1038
Narcotics Anonymous	(713) 661-4200	Retrovirology Clinic	(832) 822-1038
National Alliance on Mental Illness	(713) 970-4419	Texas Dept of Assistive & Rehabilitative Svcs.	(800) 628-5115
NationsMed Healthcare	(281) 240-4144	Texas Dept of Family & Protective Services	(512) 438-4800
NeuroPsychiatric Center	(713) 970-7070	Child Care Information	(800) 862-5252
New Hope Counseling Center	(713) 776-8006	Report Abuse in MHMR Facilities	(800) 647-7418
Northshore Counseling Center	(713) 637-6000	Report Abuse, Neglect & Exploitation	(800) 252-5400
Northwest Assistance Ministries	(281) 885-4555	Youth and Runaway Hotline	(800) 989-6884
Children's Clinic	(281) 885-4630	Texas Dept of State Health Services	(888) 963-7111
Emergency Basic Needs	(281) 583-5600	Children with Special Health Care Needs	(713) 767-3111
Family Violence Center	(281) 885-4673	HIV Medication Program (ADAP)	(800) 255-1090
Fifty Plus Program	(281) 885-4616	Texas Prevention Network	(713) 981-6063
Housing Services	(281) 885-4531	Thomas Street Health Center	(713) 873-4000
Joanne Watford Nutrition Center	(281) 583-5600	Thomas Street Patient Advisory Council	(713) 873-4000
Interfaith Hospitality Network	(281) 885-4567	Triangle AIDS Network	(409) 832-8338
Learning Center	(281) 885-4616	TX Attorney General Child Support Division	(800) 252-8014
Meals on Wheels Program	(281) 885-4623	U of H Speech, Language & Hearing Clinic	(713) 743-0915
Open Door Mission	(713) 921-7520	University Eye Institute	(713) 743-2020
Operation I.D.	(281) 833-3508	Good Neighbor Health Center	(713) 527-8480
Palmer Drug Abuse Program	(281) 589-4602	UT Health-Houston CNRA	(713) 486-2800
PAWS Houston	(713) 840-7297	UT Houston Health Science Center	(713) 500-6608
Pet Bereavement Counseling Services	(713) 522-8344	West Heights House Shelter	(713) 864-1795
Pet Patrol	(281) 733-7696	West Houston Assistance Ministries	(713) 977-9942
PFLAG Houston	(713) 46P-FLAG	Windsor Village Social Services Dept.	(713) 551-8792
Planned Parenthood Gulf Coast	(800) 230-PLAN	Workforce Solutions	(888) 469-JOBS
Positive Efforts	(713) 812-0044		

United Way Helpline

Línea Telefónica de Ayuda de United Way

2-1-1 Texas/United Way Helpline provides free information and referral assistance using the most comprehensive database of social services in our community. Individuals seeking assistance find that calm, reassuring call specialists are there for them, 24 hours a day, every day of the year, offering help in more than 150 languages.

With extensive knowledge of available community resources, the call specialists can connect people with social services that meet their needs in their community. Call specialists have expertise in areas such as basic needs, physical and mental health, child care, counseling, and disaster recovery.

When life's little problems are suddenly too big to manage alone, 2-1-1 Texas/United Way Helpline is the number to call.

You can also search the
Helpline database online:

<http://referral.unitedwayhouston.org>

or email your inquiry the helpline:

helpline@unitedwayhouston.org.

La Línea de Ayuda 2-1-1 Texas/United Way proporciona asistencia de información y referencia gratuita, utilizando la base de datos más comprensivo de servicios sociales en nuestra comunidad. Los especialistas que contestan sus llamadas están disponibles las 24 horas del día, cada día del año, ofreciendo ayuda en más de 150 idiomas y en una manera atenta y alentadora.

Con el conocimiento extenso de recursos disponibles en la comunidad, los especialistas del 2-1-1 pueden conectar a personas con servicios sociales y de salud en su propia comunidad. Los especialistas del 2-1-1 tienen conocimiento en áreas tal como necesidades básicas, la salud física y mental, guardería de niños, asesoramiento, y recuperación después de un desastre.

Cuando de repente los problemas de la vida son demasiado grandes para ser manejados solos, la Línea de Ayuda Texas/United Way 2-1-1 es el número para llamar.

Asimismo, puede buscar la base de datos de la línea de ayuda en la red **<http://referral.unitedwayhouston.org>** o escriba su pregunta a través del correo electrónico al **helpline@unitedwayhouston.org**.

If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:

Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:

Ryan White Planning Council Office of Support

2223 West Loop South, Suite 240; Houston, TX 77027

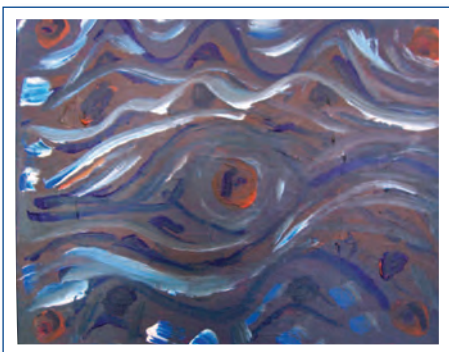
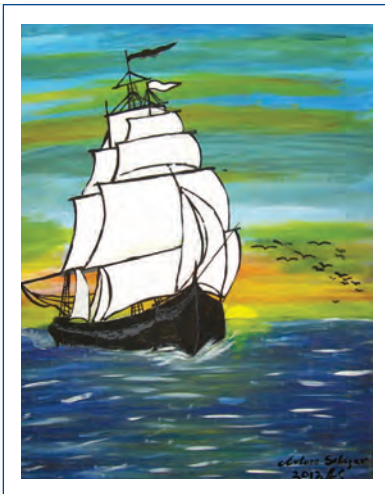
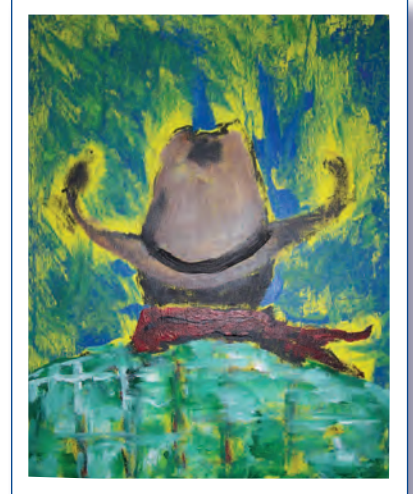
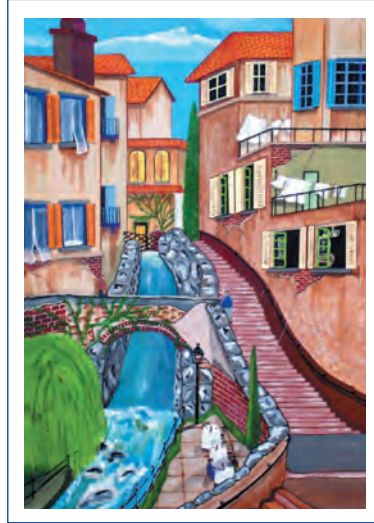
Phone: 713 572-3724 Fax: 713 572-3740 TTY: 713 572-2813

Web: **www.rwpc-houston.org**

Email: **FeedbackRWPC@hctx.net**

HOUSTON RESOURCE GUIDE

HOUSTON GUIA DE RECURSOS



The "Blue Book" El "Libro Azul"