



Texas Department of Criminal Justice  
***Somebody Cares***  
Personal Medical Resource Guides

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## Area Contact Information

### **Austin-Travis County Area**

Austin/Travis County Health and Human Services Department (512) 972-5083  
HIV Resources Administration Unit  
7201 Levander Loop; Austin, TX 78702

### **Beaumont Area**

Houston Regional HIV/AIDS Resource Group (713) 526-1016  
500 Lovett Boulevard, Suite 100; Houston, TX 77006

### **Central Texas Area**

Brazos Valley Council of Governments (979) 595-2800  
P.O. Drawer 4128; Bryan, TX 77805-4128

### **Dallas-Dallas County Area**

Ryan White Planning Council of the Dallas Area (214) 819-1840  
2377 N. Stemmons Freeway, Suite 200; Dallas, TX 75207

### **El Paso Area**

Lubbock Regional MHMR Center (800) 658-6198,  
P. O. Box 2828; Lubbock, TX 79408-2828 Extension 308, 624 or 255

### **Fort Worth-North Central Texas Area**

North Central Texas Planning Council Office of Support (817) 321-4742  
1101 South Main Street, Suite 2500; Fort Worth, TX 76104

### **Houston-Harris County Area**

Ryan White Planning Council Office of Support (713) 572-3724  
2223 West Loop South, Suite 240; Houston, TX 77027 Spanish: (713) 439-6095

### **Lubbock-Pan West Area**

StarCare Specialty Health System (800) 658-6198,  
P. O. Box 2828; Lubbock, TX 79408-2828 Extension 308 or 624

### **San Antonio-Bexar County Area**

Division of Community Health (210) 335-7056  
Bexar County Dept. of Community Resources  
Vista Verde Plaza 233 N. Pecos Street, Suite 590; San Antonio, TX 78207

### **South Texas Area**

South Texas Development Council (956) 722-3995  
1002 Dickey Lane; Laredo, TX 78044-2187

**Texas Department of Criminal Justice  
Unit Level**

If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.

For information related to sexual abuse, please contact:

Unit Level:

Safe Prisons Coordinator/Staff

Medical Services

Mental Health Services

Hotline: 1-800-799-SAFE (7233)

**What to do First**

After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.

Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

**ADAP Drug Assistance Program**

**(800) 255-1090**

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

**AIDS Services of Austin**

**(512) 458-2437**

7215 Cameron Road, Suite A; Austin, TX 78752

Mailing Address: P.O. Box 4874; Austin, TX 78765

Bus Routes: 300 Govalle NB

Case management; oral health care; HIV testing; financial, housing (through the Housing Opportunities for Persons with AIDS (HOPWA) program) and legal assistance (not for criminal matters); food bank and medical nutrition therapy; early intervention services. Open Monday-Friday, 8:30am-5:30pm.

**Austin Travis County Integral Care**

**(512) 804-3650**

**Behavioral Health & Developmental Disabilities Services**

**Community AIDS Resources & Education (C.A.R.E.) Program**

1631 East 2nd Street, Building E; Austin, TX 78702

Bus Routes: 17 Cesar Chavez WB

Case management, mental health/substance use counseling and psychiatric services to individuals living with HIV/AIDS. Also offers HIV, Hepatitis C and Syphilis testing and harm reduction materials (condoms, needle/pipe cleaning kits, brochures, etc.) at no cost to the public. Open Monday-Friday, 8am-5pm.

**Austin/Travis County Health & Human Svcs**

**(512) 972-5430**

**Communicable Disease Unit**

**STD Clinic and HIV Services**

RBJ Building

15 Waller Street; Austin, TX 78702

Bus Routes: 21 & 22 RBJ Center

Hepatitis C and HIV testing, sexually transmitted disease (STD) testing and treatment, case management, housing assistance, prevention counseling and partner elicitation (PCPE) services. Open Monday-Friday, 8am-12pm & 1pm-5pm

**Caritas of Austin**

**(512) 472-4135**

611 Neches Street; Austin, TX 78701

Bus Routes: 4 and Silver Dillo

Offers assistance with rent/security deposits, utility payments/deposits and moving costs on a case by case basis. Open Mon-Wed-Thurs 8am-4pm; Tues 8am-6:30pm; Fri 8am-10am.

<p><b>Community Action Inc. of Central Texas</b> 101 Uhland Road, Suite 107; San Marcos, TX 78666</p> <p>HIV testing and counseling and HIV/AIDS education. The Rural AIDS Services Program provides case management for HIV positive individuals in Bastrop, Blanco, Burnet, Caldwell, Fayette, Hays, Lee, Llano and Williamson counties. Case management includes transportation to medical and dental appointments, financial assistance for housing, utilities, food, prescriptions, physician visits and radiology services. Open Monday-Friday, 8am-5pm</p>	<p><b>(512) 392-1161</b></p>
<p><b>CommUnityCare</b> <b>Central Texas Community Health Centers</b> <b>David Powell Clinic</b> 4614 North IH-35; Austin, TX 78751</p> <p>Bus Routes: 15 Red River, 37 Colony Park, 350 Airport</p> <p>HIV/AIDS testing and primary medical care, mental health services, medical case management, nutritional assessment/counseling, pharmacy services, individual counseling, health education and referral to services. Open Monday, Thursday, Friday 8:00am-5:00pm; Tuesday, Wednesday 8:00am-8:00pm</p>	<p><b>(512) 978-9100</b></p>
<p><b>Front Steps – ARCH Emergency Night Shelter</b> 500 East 7th Street; Austin, TX 78768</p> <p>Bus Routes: 4, 485</p> <p>An overnight shelter for homeless men. Overnight residents have access to shower and bathroom facilities, case management and breakfast. Maximum capacity is 230 individuals (100 beds and 130 mats). Spaces are filled on a lottery basis, beginning at 6pm daily. There is no limit to the number of nights that an individual may access the shelter through the lottery. Reserved beds and dinner are available for clients receiving case management through the ARCH, Caritas' Re-entry Program, Austin Travis County MHMR, Veteran's Administration or similar organizations. Open seven days a week from 6pm-6am.</p>	<p><b>(512) 305-4100</b></p>
<p><b>Housing Authority of Travis County</b> Main Office: 502 East Highland Mall Blvd., Suite 106-B Austin, Texas 78752</p> <p>An independent, government funded agency which provides access to safe, decent, low income housing to help meet the needs of the residents of Travis County (the city of Austin and most of the area surrounding Austin, including: Cedar Park, Lago Vista, Lakeway, Del Valle, Manor, Elgin, Pflugerville, as well as parts of Leander and Manchaca). The Housing Authority does not have funding available for emergency housing assistance. Go to <a href="http://www.hatctx.com">www.hatctx.com</a> for more locations.</p>	<p><b>(512) 480-8245</b></p>
<p><b>Project Transitions, Inc.</b> 7101-B Woodrow Ave.; Austin, TX 78757-1859 <i>Mailing Address: P.O. Box 4826; Austin, TX 78765</i></p> <p>Bus Routes: 5, 17</p> <p>Transitional, subsidized housing for people living with HIV/AIDS and their families at various sites. Includes assistance with planning and achieving goals, locating permanent housing and individual program plans. Monday-Friday 8am-5:30pm.</p> <p>Residential hospice and supportive care for persons living with HIV/AIDS. Services provided are palliative and include nursing, physical support, meals, emotional/spiritual support, medication and pain management. Open 24 hours.</p>	<p><b>(512) 454-8646</b></p>
<p><b>Waterloo Counseling Center</b> 314 E. Highland Mall Blvd, Suite 301; Austin, TX 78752</p> <p>Bus Routes: 7, 10, 300, 320, 339, 350</p> <p>Individual, family, couple and group counseling for straight and GLBT adults and children and people with HIV and their families. Offers support and psychotherapy groups for Coming Out Issues, Abuse/Trauma Issues and Transsexual/Transgender individuals, as well as play therapy for ages 5 and up, and counseling for children of gay parents; specializes in counseling for alternative family systems. Open Monday-Friday 8am-4:30pm; after-hours counseling is available.</p>	<p><b>(512) 444-9922</b></p>
<p><b>Wright House Wellness Center</b> 4301-B North IH-35; Austin, TX 78722</p> <p>Bus Routes: 339</p> <p>Complementary health therapies (massage, acupuncture, chiropractic), food bank, individual and couples counseling, weekly support group, transportation assistance, housing assistance, case management, HIV prevention and education. Case management for previously incarcerated adults with Hepatitis C who are homeless or at-risk of becoming homeless. Open Monday-Thursday 9am-5:30pm, Friday 9am-5pm; other hours by appointment.</p>	<p><b>(512) 467-0088</b></p>

## HELPFUL RESOURCES

### 2-1-1 Texas

Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 from anywhere in the state and tell the operator what you need. [www.211texas.org](http://www.211texas.org)

### Austin Community Voicemail

See your case manager to set up a voice mail box.

### Austin Travis County Integral Care Crisis Hotline

**(512) 472-HELP (4357)**

Mental Health crisis hotline providing licensed counselors 24 hours a day. Callers receive assessments, crisis intervention services if needed and referral to community resources.

### Austin/Travis County HHSD

**(512) 972-5083**

#### HIV Resources Administration Unit

Please call to have a complete copy of the Austin area resource guide mailed to you.

### Austin Outreach & Community Service Center

**(512) 428-4490**

6633 Hwy 290 East, Suite 303

Health education and prevention services to the community; referrals for medical and social services.

### Capital Metro Transit

**(512) 474-1200**

Information about bus routes and schedules. M-F 7am-8pm; S-S 8am-5pm; Automated service available 24 hrs.

[www.capmetro.org](http://www.capmetro.org)

### Central Texas Veterans Health Care System

#### Austin Outpatient Clinic

**(512) 823-4000**

Medical care and other services for Veterans. Open M-F 7:30am-4pm; Extended hours and Saturday by appointment only; Closed on Sunday and Federal holidays. [www.centraltexas.va.gov/visitors/austin.asp](http://www.centraltexas.va.gov/visitors/austin.asp)

### Medicaid

**(800) 252-8263**

Information about Texas Medicaid & the Children's Health Insurance Program (CHIP).

[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

### Medicare

**(800) 633-4227**

Information & assistance with Medicare. [www.medicare.gov](http://www.medicare.gov)

### Planned Parenthood

**(512) 477-5846**

1823 East 7th Street

HIV and STD testing; family planning services.

### Social Security

**(800) 772-1213**

Get information, forms or locate an office. Live help available M-F 7am-7pm; automated system available 24 hours a day. [www.ssa.gov](http://www.ssa.gov)

### Substance Abuse Treatment Support

Alcoholics Anonymous

**(512) 444-0071**

Cocaine Anonymous

**(512) 479-9327**

Narcotics Anonymous

**(512) 480-0004**

National Drug & Alcohol Abuse Toll Free Helpline

**(855) 378-4734**

**Texas Department of Criminal Justice  
Unit Level**

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**Emergency Homeless Services**

**Henry's Place** **409 832-4088**  
**1107 McFaddin Street; Beaumont, TX 77701**  
A day center offering respite from the street and meals for homeless individuals.

**Hospitality Center** **409 982-4842**  
**3959 Gulfway Drive; Port Arthur, TX 77642**  
A clean, safe and dignified environment where a hearty meal is provided. Open 7 days.

**Salvation Army** **409 892-1092**  
**2350 I-10 East; Beaumont, TX 77703**  
Offers an emergency shelter and other housing programs to help transition from homelessness. Can assist with food, utilities, rent, prescriptions, transportation, furniture, clothing & obtaining ID.

**Some Other Place** **409 832-7976**  
**590 Center Street; Beaumont, TX 77701**  
Provides assistance to those who are homeless or in an emergency need situation.

**Helpful Resources**

**2-1-1:** Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need. [www.211texas.org](http://www.211texas.org)

**Adult & Child Protective Services** **800 252-5400**  
**www.txabusehotline.org** **409 963-0312**  
Report abuse, neglect and exploitation of children, the elderly and people with disabilities.

**American Red Cross** **409 832-1644**

Emergency services, disaster assistance, health & safety courses.

**Commission for the Blind** **409 898-4188**  
Evaluation and purchase of assistive devices; education materials.

**CRISIS HOTLINES (24 HOURS)**

MHMR Crisis Hotline **800 937-8097**  
Nat'l Domestic Violence Hotline **800 799-7233**  
Rape & Suicide Hotline **800 793-2273**

## Helpful Resources *continued*

**Dept of Assistive & Rehabilitative Svcs** 409 898-3988  
Services for the disabled such as housing modifications, job training & case management. Toll free: 800 242-8334

**Dept of Human Services** 409 981-5920  
Financial assistance, food stamps and disability services for eligible individuals.

**Dr. Robert Hanson, MD (OB/GYN)** 409 835-3350

**Lone Star Legal Aid** 409 835-4971  
Free legal assistance to low-income individuals and families; no criminal matters. M-F 8am-12pm and 1pm-5pm. Toll free: 800 365-1861

**Medicaid** 800 252-8263  
Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).  
[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

**Medicare** 800 633-4227  
Information and assistance with Medicare.  
[www.medicare.gov](http://www.medicare.gov)

**National Domestic Violence Hotline** 800- 787-3224  
24-hours, over 170 languages. TTY: 800 787-8224

### PUBLIC TRANSIT

**Beaumont Public Transit** 409 835-7895  
**550 Milam Street; Beaumont, TX 77701**  
Provides fixed route and paratransit bus service Monday-Saturday. [www.beaumonttransit.com](http://www.beaumonttransit.com)

**Port Arthur Public Transit** 409 983-8767  
**444 4th St/PO Box 1089; Port Arthur, TX 77641**  
Provides fixed route and paratransit bus service Monday-Friday 6:15am - 6:15pm. [www.portarthur.net](http://www.portarthur.net)

**Social Security** 800 772-1213  
Get information, forms or locate an office. Live help available M-F 7am-7pm; automated system available 24 hours a day. [www.ssa.gov](http://www.ssa.gov)

**SE Texas Workforce Development** 409 839-8045  
Assistance for job seekers. Project RIO provides services to ex-offenders. Mon-Thurs 7:30am-5:30pm and Fri 8:30am-5pm.

### SUBSTANCE ABUSE TREATMENT SUPPORT

Alcoholics Anonymous 409 832-1107  
Cocaine Anonymous 409 939-9498  
Narcotics Anonymous 855 627-3826  
Nat'l Drug & Alcohol Toll Free Helpline 855 378-4734

**VA Outpatient Clinic - Beaumont** 409 981-8550  
**3420 Veterans Circle; Beaumont, TX 77707**  
Medical care and other services for Veterans.

**Women & Children's Shelter** 800 621-8882  
Safe house protection, 24-hour hotline, emergency transportation, legal referrals, counseling and more. Local calls: 409 832-7575

## Medical Clinics and Social Services

**Beaumont Public Health Department** 409 832-4000  
950 Washington Boulevard; Beaumont, TX 77705  
<http://cityofbeaumont.com>  
Immunizations for adults/children (Mon-Fri 8am-5pm), STD Clinic (Mon-Fri 8am-4pm, no appointment needed), TB Clinic (Mon-Fri 8am-5pm, appointment needed), Health Education (speakers and printed materials), WIC (Mon, Tues, Thurs 7am-6pm; Weds 7am-7pm; Fri 7am-12pm). Please call for more information or to schedule an appointment.

**Bering Omega Community Services** 713 529-6071  
1429 Hawthorne; Houston, TX 77006  
[www.beringomega.org](http://www.beringomega.org)

**Care Center** - for adults with HIV that require nursing care during the day. Open 7am-5pm. 713 341-3750

**Dental Clinic** - offers a full range of dental services. Intake on Monday and Friday from 9am-1pm. 713 341-3790

**Housing Assistance** - basic budget planning, resources and 1<sup>st</sup> months' rent/deposit assistance (HOPWA). 713 341-3767

**Omega House** - HIV hospice offering palliative care as well as psychosocial and bereavement services for the dying and their loved ones. Open 24 hours. 713 341-3783

<b>Medical Clinics and Social Services</b>	
<p><b>Catholic Charities of Southeast Texas</b> 2780 Eastex Freeway; Beaumont, TX 77703 Open: Monday-Friday, 8am-5pm</p> <p>Affordable counseling (sliding fee), grief support, immigration services, case management, daily meal and other services. Call for information or to schedule an appointment.</p>	<p><b>409 924-4400</b> <a href="http://www.catholiccharitiesbmt.org">www.catholiccharitiesbmt.org</a></p>
<p><b>Family Services of Southeast Texas</b> 3550 Fannin Street; Beaumont, TX 77701</p> <p><b>Port Arthur location:</b></p> <p>Affordable counseling and education for many general mental health and family issues. Offers parenting classes, workshops for married couples or couples interested in marriage, two resale shops offering gently used clothing and household items and an emergency shelter for women/children. Call for more information or to make an appointment.</p>	<p><b>409 833-2668</b> <a href="http://www.westngthenfamilies.org">www.westngthenfamilies.org</a></p> <p><b>409 983-4591</b></p>
<p><b>Gulf Coast Health Center, Inc.</b> 2548 Memorial Boulevard; Port Arthur, TX 77640 Open: Monday-Friday, 7am-6pm</p> <p>Comprehensive medical, dental, mental health and pharmacy services. Our satellite Centers (Silsbee, Jasper, and Orange) are open 5 days a week 8am to 5pm. Free transportation is available, call for more information.</p>	<p><b>409 983-1161 or 877-983-1161</b> <a href="http://www.gulfcoasthc.org">www.gulfcoasthc.org</a></p>
<p><b>Hardin County Health Department</b> 455 West Monroe Street; Kountze, TX 77625 Open: Mon-Tues 7am-11am &amp; 1pm-5pm; Weds-Thurs 8am-11am &amp; 1pm-6pm; Friday 8am-12pm</p> <p>Limited STD testing, Hepatitis B vaccine, TB testing and treatment, immunizations and a nurse on-site.</p>	<p><b>409 246-5188</b> <a href="http://www.co.hardin.tx.us">www.co.hardin.tx.us</a></p>
<p><b>Jasper Newton County Health Department</b> 139 West Lamar Street; Jasper, TX 75951 Open: Monday-Thursday, 7:30am-5pm</p> <p>HIV/STD testing &amp; counseling, health education and risk reduction, HIV/STD prevention education &amp; primary care clinic.</p>	<p><b>409 384-6829</b> <a href="http://www.jaspernewton.org">www.jaspernewton.org</a></p>
<p><b>UTMB Regional Maternal and Child Health Program</b> 201 North 10th Street; Orange, TX 77630</p> <p>Prenatal care and family planning (birth control), child health services, immunizations, breast and cervical cancer screening for eligible women age 50 and over, WIC, case management, STD and HIV testing and counseling and on-site Medicaid eligibility screening. Clinic hours: Tues, Wed, Thurs, Fri 8am-5pm; Mon 8am-7pm. WIC hours: Mon, 9am-7pm; Tues, Wed 8am-5pm, Thurs 8am-6pm; Fri 8am-3pm.</p>	<p><b>409 883-6119 - Clinic</b> <b>409 883-9115 - WIC</b></p>
<p><b>P.A.L.M. Center (Project AIDS Land Manor)</b> 355 North 18th Street, Suite 110 ; Beaumont, TX 77707</p> <p>HIV/AIDS educational programs and information, risk reduction counseling and materials, prevention education, anonymous and confidential HIV testing, incentives for testing, HIV early intervention case management and nutrition assistance. Call for information or to schedule an appointment.</p>	<p><b>409 839-8378</b></p>
<p><b>Port Arthur Health Department</b> 449 Austin Avenue; Port Arthur, TX 77641 Open: Monday-Friday, 8:30am-5pm</p> <p>Well child care and check-ups, dental care, STD testing and treatment and general medical care. Exam and treatment for tuberculosis are also provided.</p>	<p><b>409 983-8850 or 409 983-8853</b> <a href="http://www.portarthur.net">www.portarthur.net</a></p>
<p><b>Southeast Texas Council on Alcohol &amp; Drug Abuse</b> 4675-C Washington Blvd.; Beaumont, TX 77707 Open: Monday-Friday, 8am-5pm</p> <p>Outpatient and residential substance abuse treatment programs and education, individual counseling, as well as group education and counseling.</p>	<p><b>409 842-2408</b> (800) 221-8328 <a href="http://www.setcada.org">www.setcada.org</a></p>



## Medical Clinics and Social Services

### **Southeast Texas Hospice**

912 West Cherry Avenue; PO Box 2385; Orange, TX 77631  
Open: Monday-Friday, 8am-4:30pm

**409 886-0622**

(800) 749-3497  
[www.setxhospice.com](http://www.setxhospice.com)

Hospice care which includes the physical, psychological, social, financial and spiritual needs of the patient and their family in the comfort and privacy of their own home.

### **Spindletop MHMR – North Campus**

655 South 8th Street; Beaumont, TX 77701  
CRISIS HOTLINE: (800) 937-8097

**409 839-1000**

(800) 749-3497 Toll Free (Day)  
[www.stmhmr.org](http://www.stmhmr.org)

24-hour crisis screening, counseling and resolution. Offers residential and outpatient substance abuse treatment including individual, group and family counseling along with aftercare, relapse prevention, education and support groups. Offers inpatient and outpatient mental health treatment services, a transitional treatment center for ex-offenders and a work placement program.

### **Triangle AIDS Network**

1495 North 7th Street; Beaumont, TX 77702  
Open: Monday-Friday, 9am-5pm

**409 832-8338**

[www.tanbmt.com](http://www.tanbmt.com)

Primary care clinic and HIV care (7:30am-4pm), case management, dental care, legal assistance, medication assistance, psychological counseling, rent and utility assistance, transportation to medical appointments, HIV/STD testing and prevention education.

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Unit Level**

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**BRYAN-COLLEGE STATION AREA**

**Brazos Transit System**

**(979) 778-0607**

Web: [www.btd.org](http://www.btd.org)

Services include Fixed Routes, Paratransit Service and Demand & Response. Round-trip bus fare is \$1.50 for adults. Senior citizen and disabled fare is 75 cents with S-Pass/D-Pass. Operates Monday-Friday 5am to 7pm.

**Brazos Valley Community Action Agency**

**(979) 846-1100**

1500 University Drive East, College Station, TX 77840

Web: [www.bvcaa.org](http://www.bvcaa.org)

Counseling, testing and referral for HIV and Sexually Transmitted Infections (STIs).

**Brazos Valley Council on Alcohol and Substance Abuse**

**(979) 823-5300**

405 W 28th Street, Bryan, TX 77803

Web: [www.bvcasa.org](http://www.bvcasa.org)

Supportive Outpatient Continuum of Care (SOCC): outpatient treatment for people in Phase II of the TDCJ Initiative who have graduated from the SAFP/In-Prison Therapeutic Communities, and then completed Phase I in a transitional treatment center. The SOCC Program consists of therapeutic groups, peer support groups, and individual sessions with a Primary Counselor. This is a client driven program designed to last a total of six to nine or up to twelve months if necessary for TTC graduates and one to three months for Field Referral graduates. BVCASA also offers SOCC in Huntsville, Brenham, and Caldwell.

**Project Unity**

**(979) 595-2900**

4001 E 29<sup>th</sup> Street, Suite 150; Bryan, TX 77802

Open: Monday-Friday, 8am-5pm

Web: [www.projectunitytx.org](http://www.projectunitytx.org)

Provides assistance with case management, counseling, dental care, health insurance assistance, food pantry, housing and utility assistance, medical care, medication assistance, support groups and transportation.

<p><b>Twin City Mission</b>  410 South Randolph Avenue; Bryan, TX 77803  Web: <a href="http://www.twincitymission.org">www.twincitymission.org</a></p> <p>Offers an emergency shelter for homeless men, women and families and also assists with transitional housing needs. Case management is provided in all programs. Provides basic necessities (clothing, furniture, appliances, household items) to individuals and families. Nutritious meals available to everyone, free of charge.</p>	<p><b>(979) 822-1492</b></p>
<b>SAN ANGELO AREA</b>	
<p><b>Alcohol and Drug Abuse Council for the Concho Valley</b>  3553 Houston Harte; San Angelo, TX 76902  Web: <a href="http://www.adaccv.org">www.adaccv.org</a></p> <p>Provides alcohol and drug abuse education, prevention, intervention and treatment.</p>	<p><b>(325) 224-3481</b>  <b>1-800-880-9641 24 Hour Crisis Hotline</b></p>
<p><b>Concho Valley Transit</b>  Web: <a href="http://www.conchovalleytransit.org">www.conchovalleytransit.org</a>  Operates: Monday-Friday 6:30am to 5:30pm; Saturday 9:30am to 5:30pm</p> <p>Round-trip bus fare is \$1 for adults and 50 cents for students. Senior citizen and disabled fare is 50 cents. Call for more information.</p>	<p><b>(325) 947-8729</b></p>
<p><b>Salvation Army San Angelo</b>  122 West 2nd Street; San Angelo, TX 76903</p> <p>Offers shelter for homeless men, women and families on a temporary basis and serves two hot meals and a cold sacked meal daily to local and transient homeless. Provides a clothing voucher allowing for four changes of clothes from the Thrift Store. Emergency food boxes are provided for families and individuals in need through the social services office; financial assistance for rent, utilities and prescriptions provided as funds are available.</p>	<p><b>(325) 655-6981</b></p>
<p><b>Shannon Supportive Health Services</b>  210 East Harris Avenue; San Angelo, TX 76903  Web: <a href="http://www.shannonhealth.com">www.shannonhealth.com</a>  Open: Monday-Friday, 8am-5pm</p> <p>Provides assistance with insurance co-pays &amp; deductibles, case management, dental care, health insurance assistance, food pantry, rent and utility assistance, medical care, including specialized HIV care, medication assistance (including ADAP), mental health counseling, referrals to other locally available services, substance abuse treatment, transportation.</p>	<p><b>(325) 653-6741</b></p>
<b>TEMPLE-KILLEEN AREA</b>	
<p><b>Central Texas Council on Alcoholism and Drug Abuse</b>  4520 E. Central Texas Expressway, Ste 102; Killeen TX 76543  Web: <a href="http://bvca.org">bvca.org</a></p> <p>Provides educational and licensed professional counseling services as well as outpatient treatment.</p>	<p><b>(254) 690-4455</b></p>
<p><b>The HOP</b>  Hill Country Transit District (254) 933-3700 Toll Free: (800) 791-9601  Web: <a href="http://www.takethehop.com">www.takethehop.com</a></p> <p>Fixed bus routes and complementary paratransit public transportation service in the Killeen-Copperas Cove-Harker Heights and the Temple-Belton urban areas. All buses are wheelchair accessible. The fare for a one-way ride is \$1.00; elderly and disabled can ride for half fare with eligibility card and ID.</p>	
<p><b>Martha's Kitchen</b>  410 West Avenue G; Temple, TX 76504</p> <p>Provides emergency shelter and meals for the homeless.</p>	<p><b>(254) 770-0515</b></p>
<p><b>Olin E. Teague VA Medical Center</b>  1901 Veterans Memorial Drive; Temple, TX 76504  Web: <a href="http://www.centraltexas.va.gov">www.centraltexas.va.gov</a></p> <p>Medical care and other services for Veterans.</p>	<p><b>(254) 778-4811</b></p>

<b>United Way Central Texas Support Services</b> 2027 South 61 <sup>st</sup> St., Suite 100-B; Temple, TX 76504 Open: Monday-Friday 8:30am-4:30pm Provides assistance with case management, counseling, dental care, health insurance assistance, food pantry, housing and utility assistance, medical care, medication assistance and transportation (gas vouchers/bus tokens).	<b>(254) 778-2495</b>
<b>WACO AREA</b>	
<b>Heart of Texas Council on Alcoholism and Drug Abuse</b> 900 Austin Avenue, Ste 803; Waco, Texas 76701 Provides alcohol and drug abuse education, prevention and treatment.	<b>(254) 753-7332</b>
<b>Mission Waco</b> <b>My Brother's Keeper Emergency Homeless Shelter</b> 1226 Washington Ave; Waco, TX 76701 Intake: Monday-Thursday 10am to 1pm; Friday 8am to 11:30am; Saturday 6am to 10am Emergency shelter for men and women age 18 years or older.	<b>(254) 296-9866</b>
<b>Waco-McLennan County Public Health District</b> 225 W. Waco Drive; Waco, TX 76707 Web: <a href="http://www.waco-texas.com/cms-healthdepartment">www.waco-texas.com/cms-healthdepartment</a> Provides assistance with case management, counseling, dental care, HIV testing (free, anonymous & confidential), housing & utility assistance, medical care, medication assistance and transportation assistance. Hours vary by program.	<b>(254) 750-5499</b>
<b>Waco Transit</b> Web: <a href="http://www.waco-texas.com/transit/index.asp">www.waco-texas.com/transit/index.asp</a> Operates: Monday-Friday 5am to 7pm; Saturday 6am to 8pm Services include a fixed route bus service within the City of Waco and a Demand Response Van for individuals with special transportation needs. The cost for a one-way ride is \$1.50 for adults; senior citizen and disabled fare is 50 cents with Waco Transit ID card. Call for more information.	<b>(254) 750-1900</b>
<b>Waco VA Medical Center</b> 4800 Memorial Drive; Waco, TX 76711 Web: <a href="http://www.centraltexas.va.gov">www.centraltexas.va.gov</a> Medical care and other services for Veterans.	<b>(254) 752-6581</b>

## HELPFUL RESOURCES

### 2-1-1 Texas

Get free, confidential info and referrals for assistance with food, housing, employment, counseling and more. Just dial 2-1-1 from anywhere in the state and tell the operator what you need. [www.211texas.org](http://www.211texas.org)

### Brazos Valley Council of Governments

#### HIV Administrative Agency **(979) 595-2800**

3991 East 29th Street; Bryan, TX 77802

*Mailing Address: PO Drawer 4128; Bryan, TX 77805-4128*

Information about HIV service agencies in the region.

#### Medicaid **(800) 252-8263**

Information about Texas Medicaid & the Children's Health Insurance Program (CHIP).

[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

#### Medicare **(800) 633-4227**

Information & assistance with Medicare.

[www.medicare.gov](http://www.medicare.gov)

### Social Security

**(800) 772-1213**

Get information, forms or locate an office. Live help available M-F 7am-7pm; automated system available 24 hours a day. [www.ssa.gov](http://www.ssa.gov)

### Substance Abuse Treatment Support

Brazos Valley Council on Alcohol and Substance Abuse  
Bryan-College Station **(979)823-5300**

Alcohol and Drug Abuse Council for the Concho Valley  
San Angelo **(325) 224-3481**

Central Texas Council on Alcoholism and Drug Abuse  
Temple-Killeen **(254) 690-4455**

Heart of Texas Council on Alcoholism and Drug Abuse  
Waco **(254) 753-7332**

Drug & Alcohol Abuse Toll Free Helpline  
Nationwide **(855) 378-4734**

### Texas Department of State Health Services

#### HIV/STD Program

Info about services throughout the state of Texas.

<p><b>Texas Department of Criminal Justice Unit Level</b></p> <p>If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box. For information related to sexual abuse, please contact:</p> <p>Unit Level: Safe Prisons Coordinator/Staff Medical Services Mental Health Services</p> <p>Hotline: 1-800-799-SAFE (7233)</p>	<p><b>What to do First</b></p> <p>After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.</p> <p>Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.</p>
<p><b>ADAP Drug Assistance Program (800) 255-1090</b></p> <p>Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)</p>	

**Emergency Homeless Services**

<p><b>Austin Street Centre</b> <b>214 428-4242</b> 2929 Hickory Street Emergency overnight shelter. Offers food, clothing, medical &amp; psychiatric care, AA/NA meetings, Bible study and transitional housing. Open 4pm-10pm daily.</p>	<p><b>Dallas LIFE</b> <b>214 421-1380</b> 1100 Cadiz Street Provides food, shelter, clothing and counseling to all persons regardless of race, color, creed, sex or age.</p>	<p><b>Metro Dallas Homeless Alliance</b> <b>214 670 1101</b></p> <p><b>The Bridge</b> <b>214 670-1104</b> 1818 Corsicana Street Emergency shelter or referrals to other local shelters. Day services include meals, showers and storage.</p>	<p><b>Mobile Crisis 24 hour Hotline</b> <b>866-260-8000</b> If you have an urgent mental health crisis, call the 24 hour hotline.</p>
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**Agencies: Medical Clinics and Social Services**

<p><b><u>AIDS Arms</u></b></p>	
<p>351 W. Jefferson Blvd., Suite 300; Dallas, TX 75208 HOURS: Monday-Friday, 8am-5pm</p> <p>Free HIV, Syphilis, Hepatitis C testing and risk reduction education. Anyone who tests positive is linked to medical care and other needed services. Provides case management, outpatient medical care, medication assistance, referrals to mental health and substance abuse treatment and assistance with improving access to medical care, treatment and support services.</p>	<p>(214) 521-5191 BUS: 011 Cockrell Hill PTL</p>
<p><b><u>AIDS Interfaith Network</u></b></p>	
<p>501 N. Stemmons Frwy, Suite 120; Dallas, TX 75207 HOURS: Monday-Friday, 8:30am-5pm</p> <p>Provides services for persons with HIV/AIDS that include, transportation (van service and bus passes), hot meals (breakfast and lunch), adult day center, casework, volunteer programs and pastoral support services.</p>	<p>(214) 943-4444 TRAIN: Medical/Market Center Station</p>

**The Council on Alcohol & Drug Abuse**

1349 Empire Central Dr., Suite 800; Dallas, TX 75247  
HOURS: Monday-Friday, 8am-5pm

(214) 522-8600  
BUS: 526 Inwood/Love Field Station

Provides HIV testing, information, referrals, education and risk reduction steps to those living with substance abuse and HIV and those who are at risk for HIV and other STDs.

Offers substance abuse assessments, peer support group, intensive case management, risk reduction accountability and support for transportation, medical, dental, optical and mental health services.

**Dallas County Health & Human Services**

2377 N. Stemmons Freeway; Dallas, TX 75207

TRAIN: E-TRE-Union Station

**HIV Testing and Counseling**

(214) 819-1980

Confidential testing by appointment or walk-in. Monday-Friday 8am-6:30pm

**STD Clinic**

(214) 819-1819

Testing for most STDs by appointment. Monday-Thursday 8am-6:30pm, Fri 8am-4:30pm

**Welfare Department**

(214) 819-1800

Assistance with food, shelter, utilities and transportation for those with a physical or mental disability. Monday-Friday 7:45am-5pm.

**Homeward Bound, Inc.**

233 West 10<sup>th</sup> Street; Dallas, TX 75208  
HOURS: Monday-Friday, 8:30am-5pm

(214) 941-3500  
BUS: 1 Mockingbird Sta, 1 Wynnewood

Offers an inpatient residential program serving men and women with dual diagnosis (substance abuse issues and mental disorders) who are also HIV-positive. Also provides medical and substance abuse treatment, case management, mental health counseling, nutritional services, individual and group counseling and AA/NA support groups.

**Legacy Counseling Center**

4054 McKinney Ave., Suite 102; Dallas, TX 75204-2050  
HOURS: Monday-Friday, 8am-5pm

(214) 520-6308  
TRAIN: S-Red Line-Westmoreland, N-Red Line-Parker Rd, S-Blue Line-Ledbetter, N-Blue Line-Downtown Garland

The program offers individual, couple and group mental health counseling, substance abuse treatment and after care and various therapy/support groups including HIV/AIDS therapy.

**Metrocare Services**

1380 River Bend Drive; Dallas, TX 75247  
HOURS: Monday-Friday, 8am-5pm

(214) 743-1200  
BUS: 526 Record Crossing

Offers individually-tailored services for adult mental health that include outpatient clinics, community-based support and rehabilitative programs, housing and homeless services, 24-hour emergency services, hospital liaison services, intensive family services and long-term supports.

**Parkland Health & Hospital System**

5201 Harry Hines Boulevard; Dallas, TX 75235  
BUS: 027,029, 049, 404, 405, 408, 409, 453, 525, 544, 822

(214) 590-5618  
TRAIN: Green, Orange

All of Parkland's HIV Clinic locations perform medical case management, medical services for people with HIV and access to greater than 150 specialty and subspecialty clinics. Call for more information.

### **Resource Center Dallas**

2701 Reagan Street; Dallas, TX 75219  
HOURS: Monday-Friday, 9am-5pm

(214) 528-0144  
BUS: 409, 29

Offers hot meals, a food pantry, dental services, disease management, STD screening and treatment and mental health counseling.

### **Southwestern Medical Center**

#### **Community Prevention Intervention Unit**

400 S. Zang Boulevard, Suite 250; Dallas, TX 75208  
HOURS: Monday-Friday, 9am-5pm, Tuesday 9am-6:30pm

(214) 645-7300  
BUS: 001, 011, 522

Offers free, anonymous or confidential HIV counseling and testing for anyone over 12 years of age; testing for syphilis and Hepatitis C by appointment.

### **Urban League of Greater Dallas and North Central Texas**

4315 S. Lancaster Road; Dallas, TX 75216  
HOURS: Monday-Friday, 8am-5pm

(214) 915-4600  
TRAIN: S-Blue Line-Ledbetter, N-Blue line-Downtown Garland, N-Blue Line-8th & Corinth

Provides access to medical care, treatment and support services for HIV positive recently released ex-offenders. Also, HIV testing, HIV prevention and referrals.

## **Helpful Phone Numbers**

**2-1-1:** Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need.

**Dallas Area Rapid Transit** **214 979-1111**  
Information about bus routes and schedules. Available Monday-Friday 6am-8pm, Saturday-Sunday 8am-5pm.

**Dallas VA Medical Center** **214 742-8387**  
Medical care for Veterans; emergency room open 24 hours.

**Medicaid** **800 252-8263**  
Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

**Medicare** **800 633-4227**  
Information and assistance with Medicare.

**Metro Dallas Homeless Alliance** **214 670 1101**  
Homeless information. Located at The Bridge.

**Social Security** **800 772-1213**  
Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day.

**Substance Abuse Treatment Support**  
Alcoholics Anonymous 214 887-6699  
Cocaine Anonymous 214 557-1261  
Narcotics Anonymous 972 699-9306  
Nat'l Drug & Alcohol Toll Free Helpline 855 378-4734

<p><b>Texas Department of Criminal Justice Unit Level</b></p> <p>If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.</p> <p>For information related to sexual abuse, please contact:</p> <p>Unit Level: Safe Prisons Coordinator/Staff Medical Services Mental Health Services</p> <p>Hotline: 1-800-799-SAFE (7233)</p>	<p><b>What to do First</b></p> <p>After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.</p> <p>Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.</p>
<p><b>ADAP Drug Assistance Program (800) 255-1090</b></p> <p>Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)</p>	

**Emergency Homeless Services**

**Annunciation House, Inc.**  
 1003 E. San Antonio Avenue 915 545-4509  
 325 Leon Street 915 544-8451  
 815 Myrtle Avenue 915 533-4675

Transitional housing, serves homeless migrants.

**Centro San Vicente - Homeless Clinic** 915 351-8972  
 1208 Myrtle Street, El Paso, TX 79901

**Christian Home**  
 7365 Alameda Ave. 915 778-1810

Faith-based program for single men over 18. Must stay in building for the first 30 days, be a citizen/legal resident and have photo ID. Background check, convicted felons accepted.

**El Paso Coalition for the Homeless** 915 843-2170  
 Homeless information, referrals & crisis management.

**El Paso County General Assistance**  
 800 E. Overland, 3rd Fl 915 546-8150  
 9521 Socorro Road 915 859-4101  
 3410 Morenci (if homeless) 915 747-3660

Provides residents with emergency rent, mortgage & utility assistance, medications, food vouchers and other critical needs. Monday-Friday 8am-5pm.

**HUD Supported Housing Programs**  
 3410 Morenci (homeless) 915 747-3550

Low cost housing, includes supportive services.

**El Paso MHMR Hotline** 915 779-1800  
 24 hour suicide, crisis, rape hotline.

**Opportunity Center-Men's Shelter**  
 1208 Myrtle Ave. 915 577-0069

**Opportunity Center-Women's Shelter**  
 1220 Myrtle Ave. 915 577-0069,  
 Ext 262

Provides emergency shelter for individuals without children. Provides food, clothing, medical care, housing, employment counseling and other programs.

**Rescue Mission of El Paso**  
 1949 West Paisano 915 532-2575

Help for the homeless including food, clothing, shelter, counseling, job placement, employment for the disabled, drug and alcohol treatment program. Mostly individuals; limited space for families. Cannot accept sex offenders.

**Van Horn Community Christian Shelter**  
 210 E. Broadway; Van Horn 79855 432 283-1631

Emergency shelter for men women and families.



## **Agencies: Medical Clinics and Social Services**

### **Aliviane, Inc.**

E. Rio Grande Avenue; El Paso, TX 79902  
Mailing address: PO Box 371710, EL Paso 79937-1710

(915) 782-4000  
BUS: Arizona\Laurel (3189)

Substance abuse prevention, inpatient and outpatient treatment and educational services for adults and adolescents. Mental health counseling for children, adolescents and adults, HIV early intervention program, and many other programs to address the needs of the homeless, veterans, pregnant women and others.

### **Alternatives Centre for Behavioral Health**

7760 Alabama St.; El Paso, TX 79904  
HOURS: Monday-Friday, 8am-8pm

(915) 757-7999  
BUS: 7735 Alabama\Zion (3114)

Substance abuse prevention, inpatient and outpatient treatment and educational services for adults and adolescents. Psychiatric services for adults, parenting classes, anger management, BIPP/Family Violence program and more.

### **Casa Vida de Salud**

6000 Hueco Avenue; El Paso, TX 79903

(915) 775-0505  
BUS: Hueco\Copia (2341)

A 37-bed, residential recovery center in Central El Paso providing peer-to-peer recovery support services on both a fee-for-service basis and by self-pay individuals.

Services include recovery coaching, life skills, education and recovery classes, 12-step etiquette, spiritual support, transportation to recovery meetings and groups.

### **Catholic Counseling Services**

499 Saint Matthews Street; El Paso, TX 79907  
HOURS: Mon, Weds, Thurs: 9am-6pm; Tuesday: 1pm-8pm;  
Friday: 9am-5pm (no appointments)  
Office closed 12pm-1pm for lunch.

(915) 872-8424  
BUS: North Loop\St. Mathews (948)

Counseling services available to anyone regardless of religion, race, ethnicity, income, age, gender or sexual orientation.

### **Centro de Salud Familiar la Fe**

#### **Central Clinic**

700 S. Ochoa Street; El Paso, TX 79901

(915) 545-4550  
BUS: Myrtle\Kansas (1292)

Offers HIV medical care, medications, specialty medical care, health insurance assistance, dental care and case management.

### **Centro de Salud Familiar la Fe**

#### **La Fe C.A.R.E. Center**

1505 Mescalero Drive  
El Paso, TX 79925

(915) 772-3366  
BUS: Bassett Place (610)

HIV testing; provides information and referrals for people with HIV/AIDS.

### **El Paso Department of Public Health**

5115 El Paso Drive, Suite B, Clinic A; El Paso, TX 79905  
HOURS: Monday-Thursday, 7am-6pm;  
closed 11:30am-12:30pm for lunch

(915) 771-5702  
BUS: 5000 Alameda\Concepcion (748)

Testing and treatment for syphilis, gonorrhea, chlamydia, trichomonas and HPV. Testing for HIV, no medical treatment (see La Fe CARE Center or Texas Tech University Health Sciences Center). HIV and STD resources and education. No appointment necessary, clients are seen on a walk-in basis.

**Emergence Health Network**

El Paso Center for Mental Health/Intellectual Disabilities  
1600 Montana; El Paso, TX 79902

(915) 887-3410  
BUS: Yandell\Dallas (274)

Provides brief intervention, crisis counseling and support, referral for long-term treatment or to the El Paso Psychiatric Center. Available 24 hours.

**El Paso Methadone**

5004 Alameda Avenue; El Paso, TX 79905  
HOURS: Monday-Friday 5am-11pm; Saturday 8am-10am

(915) 772-2045  
BUS: 5000 Alameda\Concepcion (748)

Provides outpatient substance abuse treatment, detoxification, methadone maintenance and methadone detoxification. Provides treatment to specialized groups, including senior citizens, individuals with HIV, pregnant or post partum women and Spanish language variations.

**Family Service of El Paso**

6040 Surety Drive; El Paso, TX 79905  
HOURS: Monday-Friday, 8am-5pm

(915) 781-9900  
BUS: Montana\Geronimo (746)

Provides individual and group counseling and support groups for families, individuals, adults and youth. Services provided regardless of ability to pay. Case Management is available to all clients.

**MHMR Sun City Behavioral Health**

2929 Montana Avenue, Suite B; El Paso, TX 79903

(915) 351-4659  
BUS: Five Points Terminal #5 (1831)

Offers housing assistance through HOPWA for people with HIV/AIDS.

**Texas Tech University Health Sciences Center**

4801 Alberta Avenue; El Paso, TX 79903  
HOURS: Monday-Friday, 8am-5pm

(915) 545-6640  
BUS: 4815 Alameda\UMC (4046)

Offers HIV medical care, medications, specialty medical care, health insurance assistance and case management.

**Trinity Detoxification and Behavioral Health Center**

(Homeward Bound, Inc.)

8716 Independence Drive; El Paso, TX 79907  
HOURS: Intake & assessment Monday-Friday 7:30am-3:30pm

(915) 772-9111  
BUS: 8744 Alameda\Phillipy (831)

Offers medical detox and crisis stabilization staffed by medical personnel a 24-hours. Clients receive a full physical exam and counseling during detox. The average stay is 3-7 days, depending on the level of drug/alcohol use and the client's physical condition. Referrals to appropriate follow-up services upon discharge. Offers a specialized residential program for individuals with HIV/AIDS.

**University Behavioral Health El Paso**

1900 Denver Avenue; El Paso, TX 79902  
BUS: 1205 Cotton\Murchison (3135)

(915) 544-4000  
or 800-967-3411

Provides inpatient and outpatient mental health and chemical dependency care for children, adolescents, adults and seniors. Phones answered 24 hours.

## Helpful Resources

**2-1-1:** Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need.

**Alcoholics Anonymous** 915 562-4081

**Narcotics Anonymous** 915 566-6060

**Big Bend Regional Medical Center** 432 837-3447

2600 Highway 118 North, Alpine, TX 79830

**Center for Employment Training** 915 859-1070

294 Candelaria Street; El Paso, TX 79927

**Centro San Vicente Clinic** 915 859-7545

8061 Alameda Avenue, El Paso, TX 79915

TOLL FREE: 877-415-5106

**El Paso VA Medical Center** 915 564-6100

5001 N Piedras St, El Paso, TX 79930

Medical care and other services for Veterans. Open Mon-Wed-Thur-Fri 8am-4:45pm; Tues 9am-4:45pm

**International AIDS Empowerment**

**800 Montana Avenue** 915 590-2118

HIV testing (M-F, 8a-4p), HIV education, housing, utility assistance, NA and AA meetings.

**Medicaid** 800 252-8263

Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

**Medicare** 800 633-4227

Information and assistance with Medicare.

**Rio Grande Area Agency on Aging** 915 533-0998

Information, referrals and assistance, case management and benefits counseling for seniors.

**San Elizario Clinic** 915 851-0999

13017 Pericao Road, San Elizario, TX 79849

Toll Free: 877-415-5106

**Social Security** 800 772-1213

Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day.

**Sun Metro Paratransit-Lift** 915 544-2514

On-demand transportation using small buses with hydraulic wheelchair lifts. Trips can be scheduled from 4:30am-10pm Monday - Friday; 5:30am-10pm Saturday; and 6:30am-9pm Sunday and holidays. Trips must be scheduled at least 24 hours in advance.

**Texas Rio Grande Legal Aid, Inc.** 866 757-1570

State Benefits Legal Assistance Hotline-staffed Monday-Friday and has a voicemail system that allows callers to leave their information when lines are busy/calls are unanswered. Staff will return calls as soon as possible.

**Trinity-First U.M.C. Food Pantry** 915 533-2674

801 N. Mesa Street, El Paso, TX 79902

Mon, Weds, Fri 8:30am-4pm, Sat 8am-11am. Clients are eligible to receive food twice a month.

**University Medical Center of El Paso** 915 544-1200

(Formerly Thomason Hospital)

4815 Alameda Avenue, El Paso, TX 79905

**Valley Community Food Pantry** 915 588-5178

218 Fresno Drive, El Paso, TX 79915

**Viba Transportation** 915 544-8422

On-demand transportation using vans and small buses. Trips can be scheduled from 7am-7pm Monday-Friday; 7am-12pm Saturday. Trips must be scheduled at least 48 hours in advance.

## Medical Resources

as of February 2014

## Fort Worth/North Central TX

### Texas Department of Criminal Justice Unit Level

If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.

For information related to sexual abuse, please contact:

Unit Level:

Safe Prisons Coordinator/Staff  
Medical Services  
Mental Health Services

Hotline: 1-800-799-SAFE (7233)

### What to do First

After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.

Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

### ADAP Drug Assistance Program

**(800) 255-1090**

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

### ABILENE-BROWNWOOD-HASKELL AREA

#### Big Country AIDS Resources

1109 Walnut Street  
Abilene, TX 79601

**(325) 672-3077**

**[www.bcartx.org](http://www.bcartx.org)**

**Monday-Thursday, 9am-4pm**

BCAR offers case management, HIV medical services and medications, dental care, housing assistance, nutritional assessments, food pantry, support groups, transportation (gas cards, city/rural bus vouchers)

***Servicios que ofrecemos:*** Administración de casos (médica y de apoyo), servicios médicos de VIH y los medicamentos, cuidado dental, asistencia para viviendas, evaluación nutricional, despensa de alimentos, grupos de apoyo y transporte (Tarjetas para gasolina, cupones para autobús)

### FT WORTH-ARLINGTON-STEPHENVILLE-WEATHERFORD AREA

#### AIDS Healthcare Foundation

400 North Beach Street, Suite 104  
Fort Worth, TX 76111

**(817) 831-1750**

**[www.aidshealth.org](http://www.aidshealth.org)**

**Mon-Fri 8:30am-5:30pm; closed  
for lunch 12pm-1pm**

Advanced medical care and pharmacy services designed specifically for HIV+ individuals. Providers are knowledgeable of up-to-the-minute developments in HIV medical care. Medicaid/Medicare, private insurance and uninsured/underinsured clients are accepted.

#### Cook Children's Medical Center

801 Seventh Avenue  
Fort Worth, TX 76104

**(682) 885-4000**

**[www.cookchildrens.org](http://www.cookchildrens.org)**

**Monday-Friday, 8am-5pm**

Cook Medical Center offers case management (medical & supportive), HIV medical services including HIV medications, mental health counseling, teen support group, and transportation (gas cards).

***Servicios que ofrecemos:*** Administración de casos (médica y de apoyo), servicios médicos de VIH y los medicamentos, consejería de salud mental, grupo de apoyo para adolescentes, transporte (tarjetas para gasolina).

#### Health Education Learning Project

909 W. Magnolia, Suite 2; Fort Worth, TX 76104

**(817) 332-7722**

Free rapid HIV testing, prevention education and condoms for at risk populations.

<p><b>JPS Health Network Healing Wings Clinic</b> 1350 South Main Street, Suite 1600 Fort Worth, TX 76107</p> <p>Healing Wings Clinic offers case management (medical &amp; supportive), HIV medical services including HIV medications, nutritional assessments and transportation (bus passes, taxi vouchers, gas cards).</p> <p><b><i>Servicios que ofrecemos:</i></b> Administración de casos (médica y de apoyo), servicios médicos de VIH incluidos los medicamentos, evaluación nutricional y transporte (cupones para autobús).</p>	<p><b>(817) 702-3701</b> <b>www.jpshealthnet.org</b> <b>Monday-Thursday, 8am-5pm;</b> <b>closed Friday</b></p>
<p><b>Mental Health Mental Retardation of Tarrant Co. Addiction Services</b> 3840 Hulen Street, North Tower Fort Worth, TX 76107</p> <p>MHMR offers case management (medical &amp; supportive), mental health counseling and treatment, substance abuse counseling and treatment and transportation (gas vouchers).</p> <p><b><i>Servicios que ofrecemos:</i></b> Administración de casos - médica y de apoyo, consejería de salud mental, consejería de abuso de narcóticos, transporte (tarjetas para gasolina).</p>	<p><b>(817) 569-5760</b> <b>www.mhmrtc.org</b> <b>Monday-Friday, 8:00am-10:00pm</b></p>
<p><b>Planned Parenthood of Greater Texas</b> Call toll-free 1-800-230-PLAN (1-800-230-7526) to find the health center nearest you.</p> <p>Planned Parenthood offers birth control services, emergency contraception, general health care, HIV testing, LGBT services, men’s health services, patient education, pregnancy testing/options/services, STD testing/treatment and women’s health services.</p>	<p><b>www.plannedparenthood.org</b></p>
<p><b>Samaritan House</b> 929 Hemphill Street Fort Worth, TX 76104</p> <p>Samaritan House offers housing programs and transportation (van).</p> <p><b><i>Servicios que ofrecemos:</i></b> Programas de vivienda y transporte (camioneta/furgoneta).</p>	<p><b>(817) 332-6410, Extension 160</b> <b>www.samaritanhouse.org</b> <b>Monday-Friday, 8am-5pm;</b> <b>24 hour residential housing</b></p>
<p><b>Tarrant County HIV Testing, Counseling and Prevention Services</b> 1101 South Main Street; Fort Worth, TX 76104 536 W. Randol Mill Road; Arlington, TX 76011</p> <p>Confidential HIV and STD testing, diagnosis and treatment. Same day appointments are available, please call the morning of the day you wish to be seen. Clinic fees are based on client income.</p>	<p><b>(817) 321-4800</b> <b>Mon--Fri, 8am-5pm, Tues 8am-7pm</b> <b>817- 548-3999</b> <b>Tues--Sat, 8am-4:30pm, closed for lunch</b></p>
<p><b>Tarrant County Public Health HIV/AIDS Preventive Medicine Clinic</b> 1101 South Main Street, Suite 1500 Fort Worth, TX 76104</p> <p>Tarrant County Public Health offers case management (medical), HIV medical services including HIV medications, nutritional assessments and transportation (gas cards, bus passes).</p> <p><b><i>Servicios que ofrecemos:</i></b> Administración de casos - médica y de apoyo, servicios médicos de VIH incluidos los medicamentos, evaluación nutricional y transporte (tarjetas para gasolina, cupones para autobús).</p>	<p><b>(817) 321-4808</b> <b>www.tarrantcounty.com/ehealth</b> <b>Mon, Wed, Thurs, Fri 8:00am-5:00pm;</b> <b>Tuesday 10:00am-7:00pm</b></p>
<b>WICHITA FALLS-VERNON-JACKSBORO AREA</b>	
<p><b>Wichita Falls-Wichita County Public Health District HIV Early Intervention Program</b> 1700 Third Street; Wichita Falls, TX 76301</p> <p>Wichita County Public Health District offers case management (medical &amp; supportive), dental health care, HIV medical services including HIV medications, housing assistance, nutritional assessments/food pantry, and transportation (bus passes, taxi vouchers).</p> <p><b><i>Servicios que ofrecemos:</i></b> Administración de casos - médica y de apoyo, cuidado dental; servicios médicos de VIH incluidos los medicamentos, asistencia para viviendas, evaluación nutricional/dispensa de alimentos y transporte (pase de autobus, vales para taxi).</p>	<p><b>(940) 761-7898</b> <b>www.health.wichitafallstx.gov</b> <b>Monday-Friday, 8am-5pm</b></p>

## HELPFUL RESOURCES

### 2-1-1 Texas

Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 from anywhere in the state and tell the operator what you need. [www.211texas.org](http://www.211texas.org)

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### North Central Texas HIV Administrative Agency

**(817) 321-4740**

Information about HIV service agencies in the region, Monday - Friday 8am-5pm. [www.notexasaids.org](http://www.notexasaids.org)

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### Medicaid

**(800) 252-8263**

Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

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### Medicare

**(800) 633-4227**

Information and assistance with Medicare. [www.medicare.gov](http://www.medicare.gov)

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### Social Security

**(800) 772-1213**

Get information, forms or locate an office. Live help available Monday - Friday 7am-7pm; automated system available 24 hours a day. [www.ssa.gov](http://www.ssa.gov)

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### Substance Abuse Treatment Support

Alcoholics Anonymous

**(817) 332-3533**

Narcotics Anonymous

**(817) 624-9525**

Cocaine Anonymous

**(214) 557-1261**

National Drug & Alcohol Abuse Helpline

**(855) 378-4734**

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### Texas Department of State Health Services HIV/STD Program

**(512) 533-3000**

Information about HIV services available throughout the state of Texas, Monday - Friday 8am-5pm.

[www.dshs.state.tx.us/hivstd/default.shtm](http://www.dshs.state.tx.us/hivstd/default.shtm)

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## Medical Resources

as of February 2014

# Houston, TX

<p><b>Texas Department of Criminal Justice Unit Level</b></p> <p>If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.</p> <p>For information related to sexual abuse, please contact:</p> <p>Unit Level: Safe Prisons Coordinator/Staff Medical Services Mental Health Services</p> <p>Hotline: 1-800-799-SAFE (7233)</p>	<p><b>What to do First</b></p> <p>After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.</p> <p>Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.</p>
<p><b>ADAP Drug Assistance Program</b> <span style="float: right;"><b>(800) 255-1090</b></span></p> <p>Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)</p>	

## Emergency Homeless Services

**Bread of Life** **713 650-0595**  
**1703 Gray Street; Houston, TX 77003**

Day shelter with showers, laundry, meals, job training and more. Doors open at 6am, Monday-Friday.

**Coalition for the Homeless** **713 739-7514**

Homeless information, referrals and crisis management available 24 hours a day, 7 days a week.

**Houston Compass** **713 229-8319**  
**1212 Prairie St.; Houston, TX 77002**

Haircut, toiletries, snacks, clothes, bus cards & assist with ID cost for homeless job seekers. M-F 9am-2pm.

**Miriam's Hostel** **713 224-1373**  
**2009 Congress Street; Houston, TX 77002**

Emergency shelter for women (located above Loaves & Fishes) offers showers, clothing and meals.

**NeuroPsychiatric Center Helpline** **713 970-7070**

If you have an urgent mental health crisis, call the 24 hour NeuroPsychiatric Center located at Ben Taub Hospital. The NPC can serve anyone with an urgent psychiatric condition, call for information or support.

**Salvation Army** **713 224-2875**  
**2407 N Main Street; Houston, TX 77009**

Men's shelter, meals, showers, laundry and more.

**SEARCH** **713 739-7752**  
**2505 Fannin Street; Houston, TX 77002**

A one-stop shop for all individuals and families who are homeless. Offers street outreach and a day shelter with showers, laundry facilities, phone and mail services, breakfast, hot lunch and employment services. SEARCH also operates an accredited early childhood center. Open 8am-4pm, Monday-Friday.

**Star of Hope** **713 227-8900**  
**1811 Ruiz Street; Houston, TX 77002**

Men's shelter providing meals, showers, referrals and employment programs.

## **Agencies: Medical Clinics and Social Services**

### **AccessHeath**

400 Austin Street Richmond, TX 77469  
HOURS: Hours vary by program

(281) 342-4530, [www.myaccesshealth.org](http://www.myaccesshealth.org)  
Ext. 3149 or 3156

Case management & CPCDMS registration, gas cards, medical clinic, pharmacy, psychotherapy and referrals to dental care, eye care and other services. AccessHeath provides HIV primary care to residents of Ft Bend, Waller, Wharton, Austin & Colorado counties.

### **AIDS Foundation Houston**

6260 Westpark Dr., #100; Houston, TX 77057  
HOURS: Monday-Thursday, 9am-6pm

(713) 623-6796 [www.aidshelp.org](http://www.aidshelp.org)  
BUS ROUTES: 47, 81, 132, 163

Get Started Program - help for newly released minority offenders, includes METRO bus pass; Free HIV & Syphilis testing; case management, food pantry, health education and permanent and transitional housing programs. AFH can also connect you to medical care, medication assistance, transportation and many other services. Appointment required, please call for more information.

### **Association for the Advancement of Mexican Americans (AAMA)**

204 Clifton Street Houston, TX 77011  
HOURS: Monday-Friday, 8am-5pm

(713) 926-9491 [www.aamainc.us](http://www.aamainc.us)  
BUS ROUTES: 50, 20

**Minorities Action Program** – substance abuse services, HIV, Hep C & TB testing, HIV related case management and also helps Spanish speaking individuals to access services. AAMA can connect you to medical care, transportation, housing and many other services. Also offers free GED, ESL and computer classes.

*AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para parar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis. AAMA también ofrece clases gratuitas de ESL, GED y computador.*

### **Bee Busy Wellness Center**

9898 Bissonnet, Suite 258 Houston, TX 77036  
HOURS: Monday-Friday, 8:30am-5:30pm

(713) 771-2292 [www.mybbwc.org](http://www.mybbwc.org)  
BUS ROUTES: 65, 68

Case management, chronic disease prevention and management, diabetic education, family planning, prenatal & postpartum care, health education - individual and group, HIV education “Lunch and Learn” classes, HIV, STD and TB testing, immunizations - adult and pediatric, medical clinic - adult and pediatric. Referrals given for dental care, eye exams, counseling and other needed services.

### **Bering Omega Community Services**

1429 Hawthorne Houston, TX 77006  
HOURS: Monday-Friday, 8am-5pm

(713) 529-6071 [www.beringomega.org](http://www.beringomega.org)  
BUS ROUTES: 81, 82

**Care Center:** for HIV+ adults that require nursing care during the day. Open 7am-5pm. 713 341-3750

**Dental Clinic:** full range of dental services. Intake on Monday & Friday, 9am-1pm. 713 341-3790

**Housing Assistance:** basic budget planning, resources and 1st months’ rent and deposit assistance through HOPWA. 713 341-3767

**Omega House:** HIV hospice offering palliative care as well as psychosocial and bereavement services for the dying and their loved ones. Open 24 hours. 713 341-3783



### **Houston Area Community Services**

2150 W. 18th Street, #300 Houston, TX 77008 (713) 426-0027 [www.hacstx.org](http://www.hacstx.org)  
HOURS: Monday-Friday, 9am-5pm BUS ROUTES: 48

Bus passes, medical case management & CPCDMS registration, HIV, STD and Hepatitis C testing, housing related services, medical clinic, well woman/well man & pediatrics, mental health counseling (individual, couple, group), outpatient substance abuse treatment, pharmacy and transgender program.

### **Legacy Community Health Services**

1415 California St.; Houston, TX 77006 (832) 548-5100 [www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)  
HOURS: Hours vary by program BUS ROUTES: 42, 81, 82

Bus passes, Case Management & CPCDMS Registration, medication and insurance premium and co-pay assistance, health education & risk reduction services, HIV, STD & Hepatitis testing, dental and vision care medical clinic and pharmacy, mental health counseling, psychiatric services and women's clinic. Legacy has additional clinic locations. Call for more information.

### **Montrose Center**

401 Branard St., 2nd Fl.; Houston, TX 77006 (713) 529-0037 [www.montrosecenter.org](http://www.montrosecenter.org)  
HOURS: Monday-Friday, 8am-7pm BUS ROUTES: 78, 25

Bus passes, case management & CPCDMS registration, education & prevention services, HIV testing, mental health counseling (individual, couple, family and group), outpatient substance abuse treatment and support groups.

### **St. Hope Foundation**

6800 West Loop South, Ste 560; Bellaire, TX 77401 (713) 839-7111 [www.offeringhope.org](http://www.offeringhope.org)  
HOURS: Monday-Thursday, 8am-5pm BUS ROUTES: 2

Bus passes and van transportation, dental and vision care, health education, HIV and STD testing and counseling, medical case management & CPCDMS registration, MSM educational groups, medical clinic including well woman care, mental health counseling and psychiatry, pharmacy, and service linkage. St. Hope has additional clinic locations. Call for more information.

### **SEARCH Homeless Services**

2505 Fannin Street; Houston, TX 77002 (713) 739-7752 [www.searchhomeless.org](http://www.searchhomeless.org)  
HOURS: Monday-Friday, 8am-4pm BUS ROUTES: 1, 11, 9, 52, 78, light rail

A one-stop shop for all individuals and families who are homeless. Offers street outreach and a day shelter with showers, laundry facilities, phone and mail services, breakfast, hot lunch and employment services. SEARCH also operates an accredited early childhood development center.

### **TDCJ Parole Division Houston 01 Re-entry Center**

4949 W. 34th Street, Suite 115; Houston, TX 77018 (713) 956-1478  
HOURS: Monday-Friday, 7:30am-4pm BUS ROUTES: 23, 50

Education programs including anger management, cognitive skills, domestic violence, faith-based AA and NA groups, a clothes closet for men and women, job placement and job counseling services for parolees in Harris and the surrounding counties.

## **Thomas Street Health Center**

2015 Thomas Street; Houston, TX 77009

HOURS: Monday-Friday, 7:30am-4pm

(713) 873-4000

BUS ROUTES: 9, 24, 37, 52

Medical Case Management & CPCDMS registration, access to clinical trials, health education, Hep C and HIV dual diagnosis treatment, HIV testing and counseling, medical clinic, specialty clinic and well woman care, pharmacy (ADAP and medication assistance) and psychiatry and support groups.

Harris Health System has additional locations, see your case manager for details.

## **Helpful Resources**

- 2-1-1** [www.211texas.org](http://www.211texas.org)  
Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need.
- Dispute Resolution Center of Harris County**  
**49 San Jacinto, Suite 220; 77002**  
[www.co.harris.tx.us/drc/](http://www.co.harris.tx.us/drc/)  
Free mediation services to help resolve disputes out of court for matters such as landlord/tenant, consumer/merchant, divorce and more for residents of Harris, Brazoria, Galveston or any county that does not have a Dispute Resolution Center. Does not provide legal advice or resolve criminal matters. Open Mon-Fri, 8a-5p.
- City of Houston-HOPWA** **713 868-8328**  
Housing Opportunities for Persons with AIDS: rent, mortgage and utility assistance. Call for a list of current service providers.
- EMPLOYMENT ASSISTANCE:**
- Career and Recovery Resources** **713 754-7000**
  - Cypress Assistance Ministries** **281 955-5895**
  - Goodwill Job Connection Center** **713 699-6320**
  - Humble Area Assistance Ministries** **281 446-3663**
  - Memorial Assistance Ministries** **713 468-4516**
  - SER-Jobs for Progress** **713 773-6000**
  - Workforce Solutions** **1-888-469-JOBS (5627)**
- Harris County Housing Resource Center** **713 578-2055**  
Recorded info on housing and emergency assistance available 24/7 in English, Spanish and Vietnamese.
- Houston Area Blue Book Resource Guide** **713 572-3724**  
[www.rwpcHouston.org](http://www.rwpcHouston.org)  
Please call the Ryan White Planning Council Office of Support to have a copy mailed to you for free.
- Houston Community Voicemail**  
Please see your case manager for information.
- Medicaid** **800 252-8263**  
[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)  
Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).
- Medicare** **800 633-4227**  
[www.medicare.gov](http://www.medicare.gov)  
Information and assistance with Medicare.
- METRO** **713 635-4000**  
[www.ridemetro.org](http://www.ridemetro.org)  
Information about bus routes and schedules. Available M-F 6am-9pm, S-S 8am-8pm.
- Michael E. DeBakey VA Medical Ctr** **713 791-1414**  
[www.houston.va.gov](http://www.houston.va.gov)  
Medical care for Veterans; bus passes available for patients of the HIV Clinic. Mon-Fri 8am-4:30pm; emergency room open 24 hours.
- St. Luke's Liver Health Outreach** **832 355-5119**  
**6620 Main Street, Suite 1505; 77030**  
Free screenings Mon-Thurs, 9am-3pm (closed 12-1pm). If even one risk factor may apply to you, come by and get tested. Parking is free. 1-800-72-LIVER
- Social Security** **800 772-1213**  
[www.ssa.gov](http://www.ssa.gov)  
Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day.
- Substance Abuse Treatment Support**
- Alcoholics Anonymous **713 686-6300**
  - Cocaine Anonymous **713 668-6822**
  - Narcotics Anonymous **713 661-4200**
  - Nat'l Drug & Alcohol Toll free Helpline **855 378-4734**
- TX Attorney General-Child Support** **800 252-8014**  
[www.oag.state.tx.us/cs/index.shtml](http://www.oag.state.tx.us/cs/index.shtml)  
Assistance to establish paternity, establish, enforce and modify child support.  
For assistance with visitation, call M-F, 1pm-7pm: 1-866-292-4636 or go to [www.txaccess.org](http://www.txaccess.org).
- Texas Criminal Justice Coalition** **512 441-8123**  
[www.criminaljusticecoalition.org](http://www.criminaljusticecoalition.org)  
Publishes an online Resource Guide (divided by geographic area) for people re-entering the world following incarceration.

<p><b>Departamento de Justicia Criminal de Texas</b> <b>Nivel de unidad</b></p> <p>Si necesita atención médica, complete la forma HSA-9 (Sick Call Request) y deposítelo en una caja con el mismo nombre.</p> <p>Para información sobre abuso sexual, favor contactar:</p> <p>Nivel de unidad: Safe Prisons Coordinator/Staff Medical Services Mental Health Services</p> <p>Teléfono: 1-800-799-SAFE (7233)</p>	<p><b>Qué Hacer Primero</b></p> <p>Al ser liberado llame a su supervisor. También llame a su administrador/a de casos o solicite uno/a de una agencia comunitaria. Dicha persona le inscribirá al sistema de base de datos (CPCDMS). Juntos desarrollarán un plan con el propósito de continuar recibiendo cuidado médico y determinar cuáles otras necesidades tenga, así como el obtener cédula de identidad, refugio/hospedaje, comida y transporte.</p> <p>No espere hasta el último momento en llamar a su administrador/a de casos para recibir la asistencia que necesite. Ellos están disponibles para contestar sus preguntas y facilitarle la transición a una nueva vida. Escriba los detalles de su primera cita en la próxima página.</p> <p>Si existen circunstancias fuera de su control que no le permita asistir a su primera cita, llame lo antes posible para informar su situación y hacer una nueva cita.</p>
<p><b>Programa de Asistencia de Medicamentos ADAP</b> <span style="float: right;"><b>(800) 255-1090</b></span></p> <p>Al ser liberado, llame a ADAP para informarles de su liberación. Puede que tome varios días antes que reciba sus medicamentos, por lo tanto, es muy importante que llame lo antes posible. Cuando llame, se le asignará una farmacia. A veces necesitarán más información sobre usted, o le pedirán que complete una nueva aplicación Si lo necesita, su administrador/a de casos le puede asistir a completar la aplicación y asegurar que todo esté en orden. Una vez inscrito, su farmacia asignada necesitará recetas médicas y su número de identificación de ADAP para ordenar sus medicinas. Luego, tomará unos días para que estén listos para ir por ellas. Si tiene alguna pregunta favor de llamar a ADAP o a su administrador/a de casos. Abierto de lunes a viernes, 8am-5pm (sin incluir feriados estatales)</p>	

**Servicios de Emergencia**

<p><b>Bread of Life</b> <span style="float: right;"><b>713 650-0595</b></span> <b>1703 Gray Street; Houston, TX 77003</b> Refugio diurno: ducha, lavandería, comida y más. Horas: 6am, Lunes a viernes.</p>	<p><b>Salvation Army</b> <span style="float: right;"><b>713 224-2875</b></span> <b>2407 N Main Street; Houston, TX 77009</b> Refugio para hombres, comida, ducha, lavandería y más.</p>
<p><b>Coalition for the Homeless</b> <span style="float: right;"><b>713 739-7514</b></span> Información para personas sin vivienda, referencias &amp; manejo de crisis: disponible las 24 horas del día, 7 días a la semana.</p>	<p><b>SEARCH</b> <span style="float: right;"><b>713 739-7752</b></span> <b>2505 Fannin Street; Houston, TX 77002</b> Refugio diurno: comida, ducha, lavandería, ropa, información, referencia y más. Horas: 8am-4pm, Lunes a viernes.</p>
<p><b>Miryam's Hostel</b> <span style="float: right;"><b>713 224-1373</b></span> <b>2009 Congress Street; Houston, TX 77002</b> Hospedaje de emergencia para mujeres (ubicado arriba de Loaves &amp; Fishes): ducha, ropa y comida.</p>	<p><b>Star of Hope</b> <span style="float: right;"><b>713 227-8900</b></span> <b>1811 Ruiz Street; Houston, TX 77002</b> Centro de desarrollo para hombres: refugio, comida, ducha, referencia, programa de empleo.</p>
<p><b>NeuroPsychiatric Center Helpline</b> <span style="float: right;"><b>713 970-7070</b></span> Si usted tiene una crisis de salud mental urgente, llame a NeuroPsychiatric Center en Ben Taub (24 horas del día).</p>	

**Agencias: Clínicas Médicas y Servicios Sociales**

**ACCESSHEATH**

400 Austin Street Richmond, TX 77469 (281) 342-0529, www.fbfhc.org  
Horas: Las horas del programa varían Ext. 138 or 149

Administración de casos y registración en CPCDMS, tarjetas de gasolina, clínica médica y farmacia, psiquiatría y psicoterapia. Referencia al cuidado dental, visión y otros servicios. Accesshealth provee cuidado primario del VIH a residentes de los condados Fort Bend, Waller, Wharton, Austin y Colorado.

### **AIDS FOUNDATION HOUSTON**

6260 Westpark Dr., #100; Houston, TX 77057 (713) 623-6796 www.aids-help.org  
Horas: Lunes-Jueves, 9am-6pm Ruta del Bus: 47, 81, 132, 163

Programa Get Started – asistencia a personas minoritarias recién liberadas, incluyendo pases de METRO. Prueba del VIH & sífilis gratis, administración de casos, comida, educación de la salud, programa para la vivienda. También, AFH asiste con contactos al cuidado médico, medicamentos, transporte y otros servicios. Requieren de una cita, por favor llame para más información.

### **ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)**

204 Clifton Street Houston, TX 77011 (713) 926-9491 www.aamainc.us  
Horas: Lunes-Viernes, 8am-5pm Ruta del Bus: 50, 20

AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para pagar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis. AAMA también ofrece clases gratuitas de ESL, GED y computador.

### **BEE BUSY WELLNESS CENTER**

9898 Bissonnet, Suite 258 Houston, TX 77036 (713) 771-2292 www.mybbwc.org  
Horas: Lunes-Viernes, 8:30am-5:30pm Ruta del Bus: 65, 68

Administración de casos, prueba del VIH, ETS y Hepatitis C, clínica médica (adulto y pediatría), educación de la salud y VIH (individual y de grupo). Referencia al cuidado dental, visión, consejería y otros servicios.

### **BERING OMEGA COMMUNITY SERVICES**

1429 Hawthorne Houston, TX 77006 (713) 529-6071 www.beringomega.org  
Horas: Lunes-Viernes, 8am-5pm Ruta del Bus: 81, 82

**Centro del Cuidado** - adultos con VIH que requieren cuidado durante el día. Abierto 7am-5pm. 713 341-3750

**Clínica Dental** - ofrece una variedad de servicios dentales. Cita inicial los lunes & viernes, 9am-1pm. 713 341-3790

**Asistencia para la Vivienda** - planificación básica de presupuesto, recursos y asistencia por medio de HOPWA en el pago del 1er mes de renta y el depósito. 713 341-3767

**Omega House** - ofrece hospicio para personas VIH+, asistencia médica paliativa (comodidad), servicio psicosocial y de duelo para los moribundos y sus seres queridos. Abierto las 24 horas. 713 341-3783

### **HOUSTON AREA COMMUNITY SERVICES**

2150 W. 18th Street, #300 Houston, TX 77008 (713) 426-0027 www.hacstx.org  
Horas: Lunes-Viernes, 9am-5pm Ruta del Bus: 48

Pase de bus, administración de casos y registración en CPCDMS, prueba del VIH, ETS y Hepatitis C, servicios relacionados con la vivienda, clínica médica (adulto y pediatría), farmacia, consejería de salud mental (Individual, pareja y de grupo), tratamiento por abuso de sustancias para pacientes externos y programa para personas transgéneras.

### **LEGACY COMMUNITY HEALTH SERVICES**

1415 California St.; Houston, TX 77006 (832) 548-5100 www.legacycommunityhealth.org  
Horas: Las horas del programa varían Ruta del Bus: 42, 81, 82

Pase de bus, administración de casos y registración en CPCDMS, programa de educación para la salud y reducción de riesgos, prueba del VIH, ETS y Hepatitis, clínica médica y farmacia, consejería de salud mental, servicios psiquiátricos y clínica para la mujer, asistencia con el pago de medicamentos, prima y copago de seguro médico, y cuidado de la dental y visión. Legacy tiene ubicaciones adicionales, por favor llame para más información.

## **MONTROSE CENTER**

401 Branard St., 2nd Floor; Houston, TX 77006 (713) 529-0037 www.montrosecounselingcenter.org  
Horas: Lunes-Viernes, 8am-7pm Ruta del Bus: 78, 25

Pase de bus, administración de casos y registración en CPCDMS, educación de la salud y servicios de prevención, prueba del VIH, consejería de salud mental (Individual, pareja, familiar y de grupo), tratamiento por abuso de sustancias para pacientes externos y grupos de apoyo.

## **ST. HOPE FOUNDATION**

6800 West Loop South, #560 Bellaire, TX 77401 (713) 839-7111 www.offeringhope.org  
Horas: Lunes-Jueves, 8am-5pm Ruta del Bus: 2

Pase de bus, administración de casos y registración en CPCDMS, grupos educacionales para hombres gay, prueba y consejería del VIH y ETS, clínica médica y cuidado médico para la mujer, cuidado de la dental y visión, consejería de salud mental y psiquiatría, farmacia, servicio de enlace a recursos y transportación. St Hope tiene ubicaciones adicionales, por favor llame para más información.

## **THOMAS STREET HEALTH CENTER**

2015 Thomas Street Houston, TX 77009 (713) 873-4000  
Horas: Lunes-Viernes, 7:30am-4pm Ruta del Bus: 9, 24, 37, 52

Pase de bus, administración de casos y registración en CPCDMS, acceso a pruebas clínicas, educación de la salud, tratamiento de dúo diagnosis (Hep C y VIH), prueba y consejería de VIH, clínica médica, clínica especializada y cuidado médico para la mujer, farmacia (asistencia de medicamentos y ADAP) y psiquiatría y grupos de apoyo. Harris Health System tiene ubicaciones adicionales, vea a su administrador/a de casos para mayores detalles.

## **Recursos de Ayuda**

### **2-1-1**

**www.211texas.org**

Reciba información gratis y confidencial, y referencias a lugares que pueden asistir con comida, vivienda, empleo, consejería y más. Marque el 211 de cualquier lugar dentro del estado de Texas y dígame a la operadora lo que necesita.

### **Coalition for the Homeless**

**713 739-7514**

Información para personas sin vivienda, referencia y manejo de crisis las 24 horas del día.

### **Medicaid**

**800 252-8263**

**www.hhsc.state.tx.us/Medicaid/index.html**

Información sobre Texas Medicaid y Children's Health Insurance Program (CHIP).

### **Medicare**

**800 633-4227**

**www.medicare.gov**

Información y asistencia con Medicare.

### **METRO**

**713 635-4000**

**www.ridemetro.org**

Información sobre rutas y horario de bus. Lunes-Viernes 6am-9pm, Sábado-Domingo 8am-8pm.

### **Michael E. DeBakey VA Medical Ctr 713 791-1414**

**www.houston.va.gov**

Cuidado médico para veteranos; pase de bus disponible en la clínica del VIH. L-V 8am-4:30pm; sala de emergencia abierta las 24 horas.

### **Social Security**

**800 772-1213**

**www.ssa.gov**

Información, formas y ubicación de oficinas. Ayuda en vivo de 7am-7pm; ayuda con el sistema automático disponible las 24 horas.

### **Ayuda contra la Drogadicción**

Alcoholics Anonymous 713 686-6300

Cocaine Anonymous 713 668-6822

Narcotics Anonymous 713 661-4200

Nat'l Drug & Alcohol Toll Free Helpline 855 378-4734

**Si desea recibir el Libro Azul gratuitamente, por favor llame a La Oficina de Apoyo del Concilio de Planificación Ryan White: 713 439-6095**

**Texas Department of Criminal Justice  
Unit Level**

If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.

For information related to sexual abuse, please contact:

Unit Level:

Safe Prisons Coordinator/Staff  
Medical Services

Mental Health Services

Hotline: 1-800-799-SAFE (7233)

**What to do First**

After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.

Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

**ADAP Drug Assistance Program**

**(800) 255-1090**

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

**Emergency Homeless Services**

**AMARILLO AREA**

**Another Chance House** **806 372-3344**

209 South Jackson; Amarillo, 79101  
www.anotherchancehouse.org

Emergency shelter & permanent, low-income rental housing to homeless males.

**City of Refuge** **806 331-1891**

613 South Adams; Amarillo, 79101  
www.jesusmyrefuge.org

Day Shelter. Serves breakfast & lunch, provides clothing, assists in attaining day labor work.

**Family Support Services** **806 342-2500**

Crisis Hotline **800 749-9026**  
1001 South Polk; Amarillo, 79101  
www.fss-ama.org

Assistance to victims of sexual assault and family violence; shelter, advocacy and support groups.

**LUBBOCK AREA**

**Salvation Army Community Ctr** **806 765-9434**

1111 16th Street; Lubbock, 79408  
Emergency shelter and food for homeless individuals and families.

**PERMIAN BASIN AREA**

**Door of Hope Mission** **432 337-8294**

200 West 1st St.; Odessa, 79761  
Shelters for men and women/children.

**Jesus House** **432 272-3362**

1335 East 6th St.; Odessa, 79760  
www.jesushouseodessa.com  
Provides food, clothing and life skills. A men's transitional home is also available.

**Midland Fair Havens** **432 689-3411**

2400 Whitmire Blvd; Midland, 79705  
www.mfh.org  
Housing program for single women/women with children; assistance with clothing, food and personal hygiene items.

## Helpful Resources

**2-1-1:** Get free, confidential info for places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need. [www.211texas.org](http://www.211texas.org)

### **Lubbock Regional MHMR Center**

P.O. Box 2828; Lubbock, TX 79408-2828

Toll Free: (800) 658-6198, Extension 308

Spanish: Extension 225/Extension 624

HIV Services Administrative Agency for Texas DSHS; monitors HIV services in 64 counties including Amarillo, El Paso, Lubbock, Midland and Odessa

### **Lubbock MHMR Crisis Line 800 687-7581**

A 24 hour crisis line staffed by qualified professionals who can help you with mental health, mental retardation and substance abuse issues.

### **Lubbock VA Medical Clinic 806 472-3400**

6104 Avenue Q South Drive; Lubbock, TX 79412

Medical Care for Veterans.

### **Medicaid 800 252-8263**

Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

### **Medicare 800 633-4227**

Information and assistance with Medicare. Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day. [www.medicare.gov](http://www.medicare.gov)

## **PUBLIC TRANSIT**

### **Amarillo City Transit (ACT) 806 378-3095**

Provides fixed route and paratransit bus service.

All ACT buses are wheelchair accessible. Call or go to their website for current fare, route and schedule info. [www.amarillo.gov/?page\\_id=163](http://www.amarillo.gov/?page_id=163)

### **Lubbock Citibus 806 712-2000**

Provides fixed route and paratransit bus service (CitiAccess). Call or go to their website for current fare, route and schedule info. [www.citibus.com](http://www.citibus.com)

### **Social Security 800 772-1213**

Get information, forms or locate an office. Live help available M-F 7am-7pm; automated system available 24 hours a day. [www.ssa.gov](http://www.ssa.gov)

### **StarCare Crisis Line 800 687-7581**

Staffed by qualified professionals to help with mental health and substance abuse issues. 24 hrs.

## **Substance Abuse Treatment Support**

Alcoholics Anonymous 806 741-8780

Narcotics Anonymous 866 765-1247

### **Texas Rio Grande Legal Aid 866 757-1570**

State Benefits Legal Assistance Hotline-staffed Monday-Friday and has a voicemail system that allows callers to leave their information when lines are busy/calls are unanswered. Staff will return calls as soon as possible.

### **Thomas E. Creek VA Medical Ctr 806-355-9703**

6010 Amarillo Blvd West

Amarillo, TX 79106

Medical care and other services for Veterans.

### **Workforce Solutions S. Plains 866 765-3038**

1218 14th Street; Lubbock, TX 79401

Provide services that are designed to meet the specific needs of regional employers and job seekers in order to build a workforce that regional businesses can depend on. Monday-Friday 8am-5pm.

## Agencies: Medical Clinics and Social Services

### **AMARILLO AREA**

#### **Amarillo Child and Family Counseling**

2109 West 7<sup>th</sup> Avenue; Amarillo, TX 79106

**806 373-3898**

Open: Monday-Friday, 10am-7pm

Offers affordable counseling services to individuals and families in the Amarillo area. [www.amarillochildandfamily.org](http://www.amarillochildandfamily.org)

## Agencies: Medical Clinics and Social Services

### AMARILLO AREA (continued)

<b>Amarillo Public Health Department</b> 1000 Martin Road; Amarillo, TX 79107 Offers testing for HIV and sexually transmitted diseases by appointment or walk-in. <a href="http://www.amarillopublichealth.com">www.amarillopublichealth.com</a>	<b>806 378-6300</b> Open: Monday-Friday, 8am-5pm
<b>Managed Care Center for Addictive and Other Disorders</b> 808 Crockett Street; Amarillo, TX 79102 Offers a comprehensive, structured, viable continuum of care to individuals, family members and significant others who are suffering from the effects of chemical dependency and other disorders. Qualified staff provides detoxification services, residential and outpatient treatment for adults, prevention, intervention and outpatient treatment for youth.	<b>806 331-2723</b> Open: Monday-Friday, 8am-5pm
<b>Men's Health Center</b> 211 S.E. 16th Street; Amarillo, TX 79101 Offers annual wellness exams and HIV & STD testing by appointment on Tuesday & Thursday 9:30am-5:30pm and Friday 8:30am-5:30pm.	<b>806 322-1495</b>
<b>Panhandle AIDS Support Organization (PASO)</b> 1501 S.W. 10 <sup>th</sup> Street; Amarillo, TX 79101 Offers case management which provides referrals to doctors, dentists, optometrists, therapeutic counseling, transportation, housing assistance, and support groups to persons with HIV disease. <a href="http://panhandleaso.org">panhandleaso.org</a>	<b>806 372-1050</b> Open: Monday-Friday, 8:30am-5pm
<b>Texas Panhandle Centers – Behavioral and Developmental Health Amarillo Outpatient Clinic</b> 1501 South Polk Street; Amarillo, TX 79101 Offers screenings and services to individuals suffering from mental illness. <a href="http://www.texaspanhandlecenters.org">www.texaspanhandlecenters.org</a>	<b>806 337-1000</b> 1-800-692-4039 Crisis Hotline Open: Monday-Friday, 8am-5pm
<b>Texas Panhandle Family Planning Health Centers</b> 1501 South Taylor; Amarillo, TX 79101 Offers emergency contraception, STD/HIV testing and treatment, immunizations and male health services.	<b>806 372-8731</b> Open: Monday-Friday, 8am-5pm

### LUBBOCK AREA

<b>Catholic Charities</b> 102 Ave J; Lubbock, TX 79411 Offers family life services, youth counseling and emergency assistance. <a href="http://www.cclubbock.org">www.cclubbock.org</a>	<b>806 765-8629</b> Open: Monday-Friday, 8am-5pm
<b>City of Lubbock Health Department</b> 806 18th Street; Lubbock, TX 79401 Offers confidential testing for HIV and other sexually transmitted diseases by appointment or walk-in. Prevention and risk reduction counseling is provided to each person who is seen. Closed 12pm-1pm for lunch. <a href="http://www.mylubbock.us">www.mylubbock.us</a>	<b>806 775-2933</b> Open: Monday-Friday, 8am-5pm
<b>Covenant Counseling Center</b> 1302 Broadway; Lubbock, TX 79401 Offers counseling services to individuals, couples and families.	<b>806 725-5443</b> Open: Monday-Friday, 8am-5pm
<b>Family Counseling Services</b> 5701 Avenue P; Lubbock, TX 79412 Offers affordable counseling services (individual, marital, family and group) for residents of Lubbock and the surrounding area.	<b>806 747-3488</b> Open: Monday-Friday, 9am-9pm



**LUBBOCK AREA (continued)****Managed Care for Addictive and Other Disorders**

2345 50th Street, Suite 100; Lubbock, TX 79412

**806 780-8300**

Open: Monday-Friday, 8am-5pm

Offers a comprehensive, structured, viable continuum of care to individuals, family members and significant others who are suffering from the effects of chemical dependency and other disorders. Detox services, residential and outpatient treatment for adults, and prevention, intervention and outpatient treatment for youth. [www.mccaod.com](http://www.mccaod.com)

**Planned Parenthood Association of Lubbock**

#14 Briercroft Office Park; Lubbock, TX 79412

**806 795-7123**

Open: Monday-Friday, 8am-5pm

A family planning clinic, as well as STD testing and treatment, for men and women. Closed 12pm-1pm for lunch.

**Project CHAMPS**

3307 Ave X; PO Box 94692; Lubbock, TX 79411

**806 771-0736**

Open: Monday-Friday, 8am-5pm

Offers case management which provides referrals to doctors, dentists, optometrists, therapeutic counseling, transportation, housing assistance, and support groups to persons with HIV disease. [www.spcaa.org](http://www.spcaa.org)

**STARCARE Specialty Health System**

P. O. Box 2828; Lubbock, TX 79408-2828

**800 687-7581**

Open: Monday-Friday, 8am-5pm

Offers services for adults, children and adolescents who have a diagnosis of mental illness, developmental disabilities or substance abuse. [www.lubbockmhmr.org](http://www.lubbockmhmr.org)

**PERMIAN BASIN AREA****Ector County Health Department**

221 North Texas Avenue; Odessa, TX 79761

**432 498-4141**

Open: Monday-Friday, 8am-5pm

Offers testing for HIV and sexually transmitted diseases; immunizations. Closed 12pm-1pm for lunch

**Permian Basin Community Ctrs for MHMR  
Basin Assistance Services (BAS)**

1118-B West 12th Street; Odessa, TX 79763

**432 580-0713**

Open: Monday-Friday, 8am-5pm

Offers case management which provides referrals to doctors, dentists, optometrists, therapeutic counseling, transportation, housing assistance, and support groups to persons with HIV disease. [www.pbmhmr.com](http://www.pbmhmr.com)

**Mental Health Services Clinic**

221 East Illinois; Midland, TX 79701

**432 570-3333**

Open: Monday-Friday, 8am-5pm

Offers screenings and services to individuals suffering from mental illness. [www.pbmhmr.com](http://www.pbmhmr.com)

**Turning Point Program**

2000 Maurice Rd.; Odessa, TX 79763

**432 570-3333**

Open: Monday-Friday, 8am-5pm

Detox and intensive residential treatment. Adults are assisted through detoxification, and then placed in a highly structured and supervised residential setting, designed for newly-recovering individuals. [www.pbmhmr.com](http://www.pbmhmr.com)

**Permian Basin Regional Council on Alcohol and Drug Abuse  
Region 9 Prevention Resource Center**

120 E. 2nd Street; Odessa, TX 79763

**432 580-5100**

Open: Monday-Friday, 8am-5pm

Reduces the incidence and prevalence of substance addiction through education, training, coordination, program initiation and referral services. Provides outreach, screening, assessment and referrals for adults and youth who are dealing with substance use disorders <http://reg9prc.org>

**Texas Department of State Health Svcs**

1401 North Big Spring; Midland, TX 79705

**432 571-4150**

Free HIV and STD testing.

## Medical Resources

as of February 2014

# San Antonio Area

### Texas Department of Criminal Justice Unit Level

If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.

For information related to sexual abuse, please contact:

Unit Level:

Safe Prisons Coordinator/Staff

Medical Services

Mental Health Services

Hotline: 1-800-799-SAFE (7233)

### What to do First

After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.

Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

### ADAP Drug Assistance Program

**(800) 255-1090**

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

## Emergency Homeless Services

If you have nowhere to go when you are released, these places can help with basic needs like food, clothing and shelter.

### SAN ANTONIO AREA

**Battered Women & Children's Shelter 210 733-8810**

**Address confidential - phone answered 24 hours**

Serves families in domestic violence situations.

**Haven for Hope 210 220-2100**

**1 Haven for Hope Way; San Antonio 78278**

A multi-service residential homeless shelter for families and individuals. On bus routes 20, 79 and 89.

**Salvation Army Dave Coy Center 210 226-2291**

**226 Nolan Street; San Antonio 78202**

Men's Emergency Shelter and Workers Program: Emergency shelter and transitional housing, case management, employment assistance and meals for the homeless community. On bus route 22.

**SAMMinistries 210 979-6188**

**5922 Blanco Road; San Antonio 78216**

Transitional and permanent housing, life skills training, financial management, computer training, parenting classes and more. On bus route 2.

### UVALDE-EAGLE PASS AREA

**Winter Garden Women's Shelter 830 876-5676**

**253 Ruela Drive; Eagle Pass 78852**

Shelter for victims of violent crimes.

**Our Lady of Refuge Catholic Church 830 773-8451**

**810 N. Ceylon St.; Eagle Pass 78852**

Services for those who are homeless.

### VICTORIA AREA

**Christ's Kitchen 361 578-4233**

**611 E Warren Ave, Victoria 77901**

Christ's Kitchen provides mid-day meals to anyone at no cost. Donations are accepted to help offset operational expenses. Open Mon-Sat 11am-1pm.

**Salvation Army - Victoria 361 576-1297**

**1302 N. Louis, Victoria 77901**

Men, women and family shelter and feeding program open year-round. Provides assistance with food, clothing, rent and utilities. Social services open Mon-Fri, 9am-4pm.

## Helpful Resources

**2-1-1:** Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need. [www.211texas.org](http://www.211texas.org)

**Audie L. Murphy VA Hospital** 210 617-5300  
**7400 Merton Minter 78229** 877 469-5300  
Medical & dental care, social services and support for Veterans. Mon-Fri 8am-4:30pm; ER open 24 hours. On bus route 91 and 92. [www.southtexas.va.gov](http://www.southtexas.va.gov)

**Community Voice Mail**  
**Catholic Charities** 210 226-6178  
**1801 W. Durango Street; San Antonio, TX 78207**  
Community Voice Mail provides a phone number and a private, personalized voice mail box to those who do not have phone services available to them.

### HIV TESTING

Centro de Vida 210 261-3613  
San Antonio Fighting Back 210 271-7232

**Housing Authority of Eagle Pass** 830 773-3325  
**2095 Main Street, Eagle Pass 78852**

**Housing Authority of Victoria** 361 575-3682  
**4001 Halsey, Victoria 77901** or 361 575-5581

**Medicaid** 800 252-8263  
Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).  
[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

**Medicare** 800 633-4227  
Information and assistance with Medicare.  
[www.medicare.gov](http://www.medicare.gov)

**National Domestic Violence Hotline** 800-799-7233  
24-hours, over 170 languages. TTY: 800 787-8224

**Salvation Army Hope Center** 210 352-2020  
**910 N. Flores Street 78212**  
For Bexar County residents with a food card. Open the 1st and 3rd Friday each month. On bus routes 2, 82 & 88.

**San Antonio Food Bank** 210 337-3663  
**5200 Old Hwy 90 West 78227**  
There are no fees for services provided. Open Mon-Fri 8am-5pm. On bus route 76. Toll free: 800-246-9121

**Social Security** 800 772-1213  
Get information, forms or locate an office. Live help available Mon-Fri 7am-7pm; automated system available 24 hours a day. [www.ssa.gov](http://www.ssa.gov)

### SUBSTANCE ABUSE TREATMENT SUPPORT

Alcoholics Anonymous 210 828-6235  
Cocaine Anonymous 210 232-6382  
Narcotics Anonymous 210 434-0665

**Texas Rio Grande Legal Aid** 210 212-3700  
**1111 N. Main Avenue; San Antonio, TX 78212**  
Free civil legal assistance (no criminal matters) to low-income individuals. Open Mon-Fri 8am-5pm. On bus routes 4, 92 and 97.

### TRANSPORTATION

**VIA Metropolitan Transit** 210 362-2020  
Fixed route and paratransit bus service in San Antonio. Website has an online route planner, bus schedules, fare info and more. [www.viainfo.net](http://www.viainfo.net)

**Del Rio Transportation Department** 877 633-8747  
**100 West Ogden; Del Rio, TX 78840**  
Local transportation Mon-Sat 8am-6pm. Elderly or disabled \$1 per trip; General Public \$2 per trip.  
Del Rio offers out of town medical transportation, you must fill out an application to utilize this service. Please call for information about the schedule and cost.

**Kerrville Bus Company** 1-800-256-2757  
**Kerrville Bus Station** 830 773-9574  
**164 Jefferson Street; Eagle Pass, TX 78852**  
Open 6am-6:30pm. After hours: 800-335-3722  
[www.iridekbc.com](http://www.iridekbc.com)

**Victoria Transit** 361 578-8775  
Fixed route, flexible route and paratransit bus service in Victoria, Mon-Fri 7am-6pm. [www.victoriatransit.org](http://www.victoriatransit.org)

**Victoria VA Outpatient Clinic** 361 582-7700  
1502 E. Airline, Suite 40; Victoria, TX 77901  
Medical care & other services for Veterans. Monday-Thursday 8am-4:30pm, Friday 10am-4:30pm.  
[www.southtexas.va.gov/scd/victoria.asp](http://www.southtexas.va.gov/scd/victoria.asp)

## Agencies: Medical Clinics and Social Services

### SAN ANTONIO AREA

#### Alamo Area Resource Center

527 N. Leona Street, Building A, 3rd Floor; San Antonio, TX 78207  
Open: Monday-Friday, 8am-4:30pm

**210 358-9995**

[www.aarcsa.com](http://www.aarcsa.com)

Bus Routes: 20, 77, 79, 89

Offers housing assistance, THRIVE program for individuals newly diagnosed with HIV (or who are out-of-care), Project HIRE (program for ex-offenders), case management, mental health and substance abuse counseling, support groups, cafeteria vouchers for clients of the UHS-FFACTS clinic and medical transportation including door-to-door van service, bus passes and bus tokens.

#### BEAT AIDS

1017 N. Main Street, Suite 200; San Antonio, TX 78212  
Open: Monday-Friday, 8:30am-5pm

**210 212-2266**

[www.beataids.org](http://www.beataids.org)

Bus Routes: 90

HIV testing, housing/utility assistance and substance abuse counseling.

#### The Center for Health Care Services

3031 IH-10 West; San Antonio, TX 78201  
Open: Monday-Friday, 8:30am-5pm

**210 731-1300**

[www.chcsbc.org](http://www.chcsbc.org)

Bus Routes: 96

Outpatient and residential mental health and substance abuse treatment services for children, adolescents and adults. 24-hour crisis hotline: 210 223-7233 or 1-800-316-9241

#### Centro Med – Santa Rosa Clinic

315 North San Saba, Suite 103; San Antonio, TX 78207  
Open: Mon & Wed\* 8am-7pm; Tue, Thurs, Fri 8am-5pm  
*\*1st Wed of month 1pm-7pm*

**210 738-8222**

[www.centromedsa.com](http://www.centromedsa.com)

Bus Routes: 77

HIV primary medical care, on-site pharmacy and lab, professional counseling (individual & family) and nutrition services.

#### Metro Health STD/HIV/AIDS Program

332 W. Commerce Street, Room 104; San Antonio, TX 78210  
Open: Mon, Tues, Thurs, Fri 9am-3:30pm; Weds 4pm-7:30pm

**210 207-8830**

[www.sanantonio.gov/health](http://www.sanantonio.gov/health)

Bus Routes: 32, 232

Diagnosis of STD infections and treatment for most of them. Infections that require ongoing medical care will need management by a primary care provider. Referrals are provided. Counseling for STDs and HIV/AIDS is also available.

#### San Antonio AIDS Foundation

818 E. Grayson Street; San Antonio, TX 78208  
Open: Monday-Friday, 8:30am-5pm

**210 225-4715**

[www.txsaaf.org](http://www.txsaaf.org)

Bus Routes: 20

Short term transitional housing, HIV prevention education, HIV testing, hot meal program providing 3 free hot nutritious meals a day, dental care case management, referrals, 24-hour skilled nursing (with doctor's orders) and hospice care.

#### University Health System

4502 Medical Drive; San Antonio, TX 78229  
Open: Emergency Room open 24 hours; call for specialty care hours

**210 358-4000**

[www.universityhealthsystem.com](http://www.universityhealthsystem.com)

Bus Routes: 91, 92

Emergency medical care, general medical care, surgical care, mental health services and health education.

#### University Health System - FFACTS Clinic

903 W. Martin Street, 3<sup>rd</sup> Floor; San Antonio, TX 78207  
Open: Mon-Thurs, 8:30am-5pm; Fri 8:30am-2pm

**210 358-3710**

[www.universityhealthsystem.com/about-ffacts](http://www.universityhealthsystem.com/about-ffacts)

Bus Routes: 20, 77, 79, 89

AIDS service organization providing complete primary and specialized medical care, medical case management, psychiatry, mental health and substance abuse counseling, nutritional services, health education, dental care and a full service specialty pharmacy. Referrals made for support services.

**UVALDE – EAGLE PASS AREA**

**FOOD PANTRIES:** Please call for hours and eligibility requirements.

<b>Boys and Girls Club of Eagle Pass</b> Precinct 1 Computer Center, 2991 El Indio Highway; Eagle Pass 78852	<b>830 773-7262</b>
<b>Kickapoo Traditional Tribe of Texas Reservation</b> Eagle Pass, TX 78852	<b>830 757-0315</b>
<b>Quad Cities at Nick Carr Recreation Center</b> 253 Ruela Drive; Eagle Pass 78852	<b>830 752-1323</b>
<b>San Lucas Lutheran Church</b> 1725 Eidson Road; Eagle Pass 78852	<b>830 773-9310</b>
<b>Seco Mines Community Center</b> 2989 Sanchez Street; Eagle Pass 78852	<b>830 773-5588</b>
<b>Uvalde Food Pantry</b> 343 N. Getty; Uvalde 78801	<b>830 278-0052</b> uvaldefoodpantry.org

**Maverick County Hospital District** **830 757-4937**  
3406 Bob Rogers Drive; Eagle Pass, TX 78852  
www.mchdep.com  
Open: Monday-Friday 8am-5pm  
HIV testing and prevention counseling, primary and specialty medical care, dental services, professional counseling services for individuals with HIV/AIDS, medication assistance, WIC and help accessing support services.

**VICTORIA AREA**

**Gulf Bend MHMR Center** **361 575-0611**  
6502 Nursery Drive, Suite 100; Victoria, TX 77904  
www.gulfbend.org  
Open: Monday-Friday, 8am-5pm  
Affordable, accessible, high-quality counseling services for children, adolescents, adults, couples and families.  
24-Hour Crisis Hotline: 1-877-723-3422

**Victoria City-County Health Department** **361 578-6281**  
**Pattie Dodson Public Health Center** **www.victoriacountytexas.org**  
2805 N. Navarro Street, Suite 104; Victoria, TX 79901  
Open: Mon 9am-6:30pm; Tues 8am-12pm; Weds and Thurs 8am-5:30pm; Fri 8am-3pm (closed 12pm-1pm daily)  
Support, assistance and education to persons living with or affected by HIV/AIDS. HIV and STD testing and counseling is available through the Nursing Division, call for more information.

**Texas Department of Criminal Justice  
Unit Level**

If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.

For information related to sexual abuse, please contact:

Unit Level:

Safe Prisons Coordinator/Staff  
Medical Services

Mental Health Services

Hotline: 1-800-799-SAFE (7233)

**What to do First**

After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.

Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

**ADAP Drug Assistance Program**

**(800) 255-1090**

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

**Emergency Homeless Services**

**BROWNSVILLE AREA**

**Catholic Charities - Rio Grande Valley**

**Brownsville 956 541-0220**  
**San Juan 956 702-4088**

Assistance with shelter, food, clothing, medical needs.

**Food Bank of the Rio Grande Valley 956 682-8101**  
**724 N. Cage Blvd., Pharr 78577**

Open Mon-Fri 8am-5pm and Sat 8am-12pm

**Good Neighbor Settlement House 866 505-7929**  
**1254 E. Tyler St., Brownsville 78520**

Emergency shelter, hot meals, food pantry, showers, clothing, rental assistance, and more.

**Loaves and Fishes 956 423-1014**  
**514 South E Street, Harlingen 78550**

Men & women's shelter (opens at 6pm), breakfast & dinner, Job Shop and family emergency assistance.

**Mujeres Unidas/Women Together 956 664-2826**  
**420 N. 21st Street, McAllen 78501**

Homeless shelter and rape crisis center.

**Salvation Army**  
**201 E. Monroe, Harlingen 78550 956 423-2454**  
**1600 N. 23rd St, McAllen 78501 956 682-1468**

Emergency assistance (financial, food, seasonal), shelter (McAllen), clothing, and counseling.

**CORPUS CHRISTI AREA**

**Catholic Charities of Corpus Christi 361 884-0651**

1322 Comanche Street; Corpus Christi, 78401  
Day shelter, showers, meals and much more.

**Good Samaritan Rescue Mission 361 883-6195**  
**210 S. Alameda St, Corpus Christi 78401**

Food, shelter, clothing, employment, spiritual counseling, and support services. Open 24 hours.

**Rainbow House (Women & Children) 361 887-0670**  
**1919 Leopard St., Corpus Christi 78408**

Transitional, supportive housing and emergency shelter; access to free counseling and child care.

**LAREDO AREA**

**Bethany House 361 723-2349**

**819 Hidalgo, Laredo 78040**

Shelter for men, breakfast, lunch, showers. 6pm-6am.

**DISMAS Charities 956 727-0552**  
**6752 Gilbert Rd., Laredo 78041**

Halfway house providing life skills, job skills, etc.

**Salvation Army 956 576-1297**  
**408 Matamoros, Laredo 78040**

Shelter for men, lunch. Open 24 hours.

## Helpful Resources

**2-1-1:** Free, confidential info for help with food, housing, employment, counseling and more.

[www.211texas.org](http://www.211texas.org)

**First Call** **877 724-2345**  
Free info on assistance available in the 12-county area.

### **HIV and STD TESTING**

**Cameron County Health Dept** **956 574-8745**  
**Corpus Christi Public Health** **361 826-7237**  
**HIV/STD Info and Referral Line** **956 795-4905**

**Medicaid** **800 252-8263**

Info about Texas Medicaid and the Children's Health Insurance Program (CHIP).

[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)

**Medicare** **800 633-4227**  
Info and assistance with Medicare. [www.medicare.gov](http://www.medicare.gov)

### **MENTAL HEALTH CRISIS SUPPORT**

**Tropical Texas Behavioral Health** **877 289-7199**  
Rio Grande Valley 24-hour crisis line.

*24-hour help is also available locally:*

**Edinburg** **956 289-7000**  
**Harlingen** **956 423-8094**  
**Brownsville** **956 546-2230**

Collect calls are accepted. Screenings/assessments are provided as needed to determine the need for hospitalization or other less restrictive treatment.

**Behavioral Health Center of Nueces County**  
**Crisis Hotline** **888 767-4493**

**Border Region Behavioral Health (Laredo)**  
**Crisis Hotline** **800 643-1102**

**National Domestic Violence Hotline** **800-799-7233**  
24-hours, over 170 languages. TTY: 800 787-8224

### **PUBLIC TRANSIT**

**Brownsville Metro** **956 548-6050**  
Fixed route and paratransit bus service. Available Mon-Sat, 6:30am-8pm <http://bmetro.cob.us>

**McAllen Metro** **956 681-3510**  
Fixed route and paratransit bus service. Available Mon-Sat, 6am-11pm; Sun 8am-8pm. [www.mcallen.net/metro](http://www.mcallen.net/metro)

**Metro Connect** **855 220-8827**  
Intercity bus service connecting the upper and lower Rio Grande Valley. Available Mon-Sun 5:20am-9pm. [www.rgvmetroconnect.com](http://www.rgvmetroconnect.com)

**Valley Metro** **800 574-8322**  
Public transit in Hidalgo, Cameron and Willacy counties. Available Mon-Sat, 6am-8pm. [www.lrgvdc.org/valleymetro](http://www.lrgvdc.org/valleymetro)

**Corpus Christi Transit Authority** **361 883-2287**  
**24-hour Bus Schedule Line** **361 289-2600**

Fixed route and paratransit bus service.

[www.ccrta.org](http://www.ccrta.org)

**El Metro** **361 883-2287**

Fixed route and paratransit bus service. Available Mon-Sun, 6am-10pm. [www.elmetrotransit.com](http://www.elmetrotransit.com)

### **Rio Grand Valley Housing Authorities**

Section 8 and public housing for low income families. Call for eligibility and availability information.

**Brownsville** **956 541-8315**  
**Corpus Christi** **361 889-3300**  
**Harlingen** **956 423-2341**

**St. Luke's Liver Health Outreach** **800 72-LIVER**  
**6620 Main Street, Ste 1505; Houston 77030**

Free Hepatitis B and C screenings Mon-Thurs, 9am-3pm (closed 12-1pm). Parking is free.

[www.stluketexas.com/AboutUs/LiverHealth/](http://www.stluketexas.com/AboutUs/LiverHealth/)

**Social Security** **800 772-1213**

Get information, forms or locate an office. Live help available M-F 7am-7pm; automated system available 24 hours a day. [www.ssa.gov](http://www.ssa.gov)

### **SUBSTANCE ABUSE TREATMENT SUPPORT**

*Brownsville Area:*

Alcoholics Anonymous 956 638-6346  
Narcotics Anonymous 956 227-0362  
Rio Grande Valley Council 956 787-7111

*Corpus Christi Area:*

Alcoholics Anonymous 361 992-8911  
Narcotics Anonymous 361 992-2113

*Laredo Area:*

Alcoholics Anonymous 956 722-9001

**Texas Rio Grande Legal Aid** **210 212-3700**  
**1111 N. Main Avenue, San Antonio 78212**

Free civil legal assistance (no criminal matters) to low-income individuals. Mon-Fri 8am-5pm.

**VA Outpatient Clinic Corpus Christi** **361 806-5600**  
**5283 Old Brownsville Road, 78405**

**VA Outpatient Clinic Laredo** **956 523-7850**  
**4602 N. Bartlett, 78041**

Medical care and other services for Veterans. Open Mon, Tues, Weds, Fri 8am-4:30pm, Thurs 10am-4:30pm. See website for additional locations.

[www.texasvalley.va.gov](http://www.texasvalley.va.gov)

## Agencies: Medical Clinics and Social Services

### BROWNSVILLE AREA

**Brownsville Community Health Center**  
2137 E. 22nd Street; Brownsville, TX 78521

**956 621-3657**  
Open: Monday-Friday, 8am-5pm;  
Wednesday, 10am-6pm

Adult medicine, women's center, pediatrics, dental care, immunizations, radiology, laboratory, pharmacy, health education, social services, behavioral health and referrals. [www.mybchc.org](http://www.mybchc.org)

### HIDALGO COUNTY HEALTH & HUMAN SERVICES DEPARTMENT CLINICS

Open: Monday-Friday, 7:30am-5:30pm

**Edinburg Health Clinic**  
3105 East Shunior; Edinburg TX 78539

**956 318-2040**

**McAllen Health Clinic**  
300 E. Hackberry; McAllen, Texas 78501

**956 682-6155**

Assistance with basic health care services, prescriptions, family planning, skilled nursing facility services, rural health clinic lab/x-ray, immunizations, annual physical exams, STD/HIV testing and medical screenings. Also assists residents of Hidalgo County in need of funeral and burial assistance. [www.hchd.org](http://www.hchd.org)

**Methodist Healthcare Ministries**  
MAIN: 4507 Medical Drive; San Antonio, TX 78229

**210 692-0234**  
Open: Monday-Friday, 8am-4:30pm

Primary medical and dental care, counseling, case management and social services, family wellness and parenting programs, and church-based community nursing programs. Many locations throughout the area, call for more info. [www.mhm.org](http://www.mhm.org)

**Valley AIDS Council Clinic**  
**Harlingen – Westbrook Clinic**  
2306 Camelot Plaza; Harlingen, TX 78550

**956 428-2653**  
Open: Mon, Thurs, Fri 8am-5pm;  
Tues, Weds 8am-8pm

Medical and dental care, nutrition advice, case management and pharmacy. You will need to be screened for eligibility. Free HIV and STD testing (Syphilis, Gonorrhea, and Chlamydia) Mon, Weds, Fri 1pm-5pm. [www.valleyaids.org](http://www.valleyaids.org)

### VALLEY BAPTIST HEALTH SYSTEM

**Harlingen Medical Center**  
2101 Pease Street; Harlingen, TX 78550

**956 389-1100**

**Brownsville Medical Center**  
1040 West Jefferson; Brownsville, TX 78520

**956 698-5400**

Medical services for adults and children, health education, behavioral health, Rio Grande Valley Indigent Health Care Program, senior services, spiritual and wellness services

### CORPUS CHRISTI AREA

**Catholic Charities of Corpus Christi**  
1322 Comanche Street; Corpus Christi, TX 78401

**361 884-0651**  
Open: Monday-Friday, 7:30am-5:30pm

Assistance with bus tokens, rent/deposit, utilities, prescriptions, food, clothing and other needs. Also offers professional counseling for children, teens, adults and couples. Operates a Homeless Day Shelter offering breakfast and snacks. Also provides lockers, showers, laundry facilities, phone and internet access, bus tokens, blankets, jackets, clothing, first aid and referrals to other services. [www.catholiccharities-cc.com](http://www.catholiccharities-cc.com)

**Coastal Bend Wellness Foundation**  
400 Mann Street, Suite 800; Corpus Christi, TX 78401

**361 814-2001**  
Open: Monday-Friday, 9am-5:30pm

Medical and social case management, mental health counseling, substance abuse treatment, health and prevention education, free HIV testing (Mon-Thurs 9am-4pm). [www.cbwellness.org](http://www.cbwellness.org)



<b>Coastal Plains Community Center</b> 200 Marriott Drive; P.O. Box 1336; Portland, TX 78374	<b>361 777-3991</b> Open: Monday-Friday, 8am-5pm
Case management and referrals to services, psychological assessments, counseling for individuals and families, speech/language services, and nursing services including medical assessments, physician referrals, health and safety education and consultation with specialists as needed. <a href="http://www.cpmhmr.org">www.cpmhmr.org</a>	
<b>Food Bank of Corpus Christi</b> 826 Krill Street; Corpus Christi, TX 78408	<b>361 887-6291</b> Open: Monday-Friday, 8am-4:30pm
Mobile Pantry Program: services to those in rural areas in the surrounding counties. Provides and distributes food and personal care items on a monthly basis in the smaller cities that don't have local help, cities like Benavides, Concepcion, Driscoll, Orange Grove, Premont, Realitos, and San Jose. <a href="http://www.foodbankcc.com">www.foodbankcc.com</a>	
<b>Nueces County Community Action Agency</b> 101 S. Padre Island Drive; Corpus Christi, TX 78405	<b>361 883-7201</b>
Offers a variety of programs to eligible, low income individuals and families including assistance with utilities, emergency food (rural areas), rental assistance, weatherization of homes, information and referrals, Notary service (free), and Early Head Start and Head Start programs. <a href="http://www.nccaatx.org">www.nccaatx.org</a>	
<b>Valley AIDS Council</b> <b>Corpus Christi – Westbrook Clinic</b> 400 Mann Street, Suite 850; Corpus Christi, TX 78401	<b>361 904-0616</b> Open: Monday-Friday, 8am-5pm
Medical and dental care, nutrition advice, case management and pharmacy. You will first need to be screened for eligibility, call for more information. <a href="http://www.valleyaids.org">www.valleyaids.org</a>	
<b>LAREDO AREA</b>	
<b>Border Region Behavior Health Center</b> 1500 Pappas Street; Laredo, TX 78041	<b>956 794-3000</b> Open: Monday-Friday, 8am-5pm
Treatment and support for adults and children with a mental illness diagnosis, intellectual/cognitive, pervasive developmental disorder and/or related conditions. <a href="http://www.borderregion.org">www.borderregion.org</a>	
<b>Gateway Community Health Center</b> 1515 Pappas Street; Laredo, TX 78041	<b>956 795-8100</b> Open: Monday-Friday, 8am-5pm
Medical care for adults and children, dental care, immunizations, checkups, OB/ GYN, family planning clinic, free pregnancy tests, STD testing, pharmacy.	
The Urgent Care Clinic is open Monday-Friday 6pm-10pm. <a href="http://www.gatewaychc.com">www.gatewaychc.com</a>	
<b>Laredo Health Department Early Intervention Services</b> 2600 Cedar Avenue; Laredo, TX 78040	<b>956 795-4905</b> Open: Monday-Friday, 8am-5pm
Provides Early Intervention Services to help persons living with HIV/AIDS with the costs of primary health care and support services, housing through the HOPWA program and monthly client meetings. Also offers free HIV, Syphilis and Hepatitis C testing and risk counseling. HIV/STD Info and Referral Line: 956 795-4905.	
<a href="http://www.ci.laredo.tx.us/health/healthindex.htm">www.ci.laredo.tx.us/health/healthindex.htm</a>	