

**Texas Department of Criminal Justice
Unit Level**

If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.

For information related to sexual abuse, please contact:

Unit Level:

Safe Prisons Coordinator/Staff
Medical Services

Mental Health Services

Hotline: 1-800-799-SAFE (7233)

What to do First

After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.

Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

ADAP Drug Assistance Program

(800) 255-1090

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

Emergency Homeless Services

AMARILLO AREA

Another Chance House **806 372-3344**

209 South Jackson; Amarillo, 79101

www.anotherchancehouse.org

Emergency shelter & permanent, low-income rental housing to homeless males.

City of Refuge **806 331-1891**

613 South Adams; Amarillo, 79101

www.jesusmyrefuge.org

Day Shelter. Serves breakfast & lunch, provides clothing, assists in attaining day labor work.

Family Support Services **806 342-2500**

Crisis Hotline **800 749-9026**

1001 South Polk; Amarillo, 79101

www.fss-ama.org

Assistance to victims of sexual assault and family violence; shelter, advocacy and support groups.

LUBBOCK AREA

Salvation Army Community Ctr **806 765-9434**

1111 16th Street; Lubbock, 79408

Emergency shelter and food for homeless individuals and families.

PERMIAN BASIN AREA

Door of Hope Mission **432 337-8294**

200 West 1st St.; Odessa, 79761

Shelters for men and women/children.

Jesus House **432 272-3362**

1335 East 6th St.; Odessa, 79760

www.jesushouseodessa.com

Provides food, clothing and life skills. A men's transitional home is also available.

Midland Fair Havens **432 689-3411**

2400 Whitmire Blvd; Midland, 79705

www.mfh.org

Housing program for single women/women with children; assistance with clothing, food and personal hygiene items.

Helpful Resources

2-1-1: Get free, confidential info for places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need. www.211texas.org

Lubbock Regional MHMR Center

P.O. Box 2828; Lubbock, TX 79408-2828

Toll Free: (800) 658-6198, Extension 308

Spanish: Extension 225/Extension 624

HIV Services Administrative Agency for Texas DSHS; monitors HIV services in 64 counties including Amarillo, El Paso, Lubbock, Midland and Odessa

Lubbock MHMR Crisis Line 800 687-7581

A 24 hour crisis line staffed by qualified professionals who can help you with mental health, mental retardation and substance abuse issues.

Lubbock VA Medical Clinic 806 472-3400

6104 Avenue Q South Drive; Lubbock, TX 79412

Medical Care for Veterans.

Medicaid 800 252-8263

Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

www.hhsc.state.tx.us/Medicaid/index.html

Medicare 800 633-4227

Information and assistance with Medicare. Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day. www.medicare.gov

PUBLIC TRANSIT

Amarillo City Transit (ACT) 806 378-3095

Provides fixed route and paratransit bus service.

All ACT buses are wheelchair accessible. Call or go to their website for current fare, route and schedule info. www.amarillo.gov/?page_id=163

Lubbock Citibus 806 712-2000

Provides fixed route and paratransit bus service (CitiAccess). Call or go to their website for current fare, route and schedule info. www.citibus.com

Social Security 800 772-1213

Get information, forms or locate an office. Live help available M-F 7am-7pm; automated system available 24 hours a day. www.ssa.gov

StarCare Crisis Line 800 687-7581

Staffed by qualified professionals to help with mental health and substance abuse issues. 24 hrs.

Substance Abuse Treatment Support

Alcoholics Anonymous 806 741-8780

Narcotics Anonymous 866 765-1247

Texas Rio Grande Legal Aid 866 757-1570

State Benefits Legal Assistance Hotline-staffed Monday-Friday and has a voicemail system that allows callers to leave their information when lines are busy/calls are unanswered. Staff will return calls as soon as possible.

Thomas E. Creek VA Medical Ctr 806-355-9703

6010 Amarillo Blvd West

Amarillo, TX 79106

Medical care and other services for Veterans.

Workforce Solutions S. Plains 866 765-3038

1218 14th Street; Lubbock, TX 79401

Provide services that are designed to meet the specific needs of regional employers and job seekers in order to build a workforce that regional businesses can depend on. Monday-Friday 8am-5pm.

Agencies: Medical Clinics and Social Services

AMARILLO AREA

Amarillo Child and Family Counseling

2109 West 7th Avenue; Amarillo, TX 79106

806 373-3898

Open: Monday-Friday, 10am-7pm

Offers affordable counseling services to individuals and families in the Amarillo area. www.amarillochildandfamily.org

Agencies: Medical Clinics and Social Services

AMARILLO AREA (continued)

Amarillo Public Health Department 1000 Martin Road; Amarillo, TX 79107 Offers testing for HIV and sexually transmitted diseases by appointment or walk-in. www.amarillopublichealth.com	806 378-6300 Open: Monday-Friday, 8am-5pm
Managed Care Center for Addictive and Other Disorders 808 Crockett Street; Amarillo, TX 79102 Offers a comprehensive, structured, viable continuum of care to individuals, family members and significant others who are suffering from the effects of chemical dependency and other disorders. Qualified staff provides detoxification services, residential and outpatient treatment for adults, prevention, intervention and outpatient treatment for youth.	806 331-2723 Open: Monday-Friday, 8am-5pm
Men's Health Center 211 S.E. 16th Street; Amarillo, TX 79101 Offers annual wellness exams and HIV & STD testing by appointment on Tuesday & Thursday 9:30am-5:30pm and Friday 8:30am-5:30pm.	806 322-1495
Panhandle AIDS Support Organization (PASO) 1501 S.W. 10 th Street; Amarillo, TX 79101 Offers case management which provides referrals to doctors, dentists, optometrists, therapeutic counseling, transportation, housing assistance, and support groups to persons with HIV disease. panhandleaso.org	806 372-1050 Open: Monday-Friday, 8:30am-5pm
Texas Panhandle Centers – Behavioral and Developmental Health Amarillo Outpatient Clinic 1501 South Polk Street; Amarillo, TX 79101 Offers screenings and services to individuals suffering from mental illness. www.texaspanhandlecenters.org	806 337-1000 1-800-692-4039 Crisis Hotline Open: Monday-Friday, 8am-5pm
Texas Panhandle Family Planning Health Centers 1501 South Taylor; Amarillo, TX 79101 Offers emergency contraception, STD/HIV testing and treatment, immunizations and male health services.	806 372-8731 Open: Monday-Friday, 8am-5pm

LUBBOCK AREA

Catholic Charities 102 Ave J; Lubbock, TX 79411 Offers family life services, youth counseling and emergency assistance. www.cclubbock.org	806 765-8629 Open: Monday-Friday, 8am-5pm
City of Lubbock Health Department 806 18th Street; Lubbock, TX 79401 Offers confidential testing for HIV and other sexually transmitted diseases by appointment or walk-in. Prevention and risk reduction counseling is provided to each person who is seen. Closed 12pm-1pm for lunch. www.mylubbock.us	806 775-2933 Open: Monday-Friday, 8am-5pm
Covenant Counseling Center 1302 Broadway; Lubbock, TX 79401 Offers counseling services to individuals, couples and families.	806 725-5443 Open: Monday-Friday, 8am-5pm
Family Counseling Services 5701 Avenue P; Lubbock, TX 79412 Offers affordable counseling services (individual, marital, family and group) for residents of Lubbock and the surrounding area.	806 747-3488 Open: Monday-Friday, 9am-9pm

LUBBOCK AREA (continued)**Managed Care for Addictive and Other Disorders**

2345 50th Street, Suite 100; Lubbock, TX 79412

806 780-8300

Open: Monday-Friday, 8am-5pm

Offers a comprehensive, structured, viable continuum of care to individuals, family members and significant others who are suffering from the effects of chemical dependency and other disorders. Detox services, residential and outpatient treatment for adults, and prevention, intervention and outpatient treatment for youth. www.mccaod.com

Planned Parenthood Association of Lubbock

#14 Briercroft Office Park; Lubbock, TX 79412

806 795-7123

Open: Monday-Friday, 8am-5pm

A family planning clinic, as well as STD testing and treatment, for men and women. Closed 12pm-1pm for lunch.

Project CHAMPS

3307 Ave X; PO Box 94692; Lubbock, TX 79411

806 771-0736

Open: Monday-Friday, 8am-5pm

Offers case management which provides referrals to doctors, dentists, optometrists, therapeutic counseling, transportation, housing assistance, and support groups to persons with HIV disease. www.spcaa.org

STARCARE Specialty Health System

P. O. Box 2828; Lubbock, TX 79408-2828

800 687-7581

Open: Monday-Friday, 8am-5pm

Offers services for adults, children and adolescents who have a diagnosis of mental illness, developmental disabilities or substance abuse. www.lubbockmhmr.org

PERMIAN BASIN AREA**Ector County Health Department**

221 North Texas Avenue; Odessa, TX 79761

432 498-4141

Open: Monday-Friday, 8am-5pm

Offers testing for HIV and sexually transmitted diseases; immunizations. Closed 12pm-1pm for lunch

Permian Basin Community Ctrs for MHMR**Basin Assistance Services (BAS)**

1118-B West 12th Street; Odessa, TX 79763

432 580-0713

Open: Monday-Friday, 8am-5pm

Offers case management which provides referrals to doctors, dentists, optometrists, therapeutic counseling, transportation, housing assistance, and support groups to persons with HIV disease. www.pbmhmr.com

Mental Health Services Clinic

221 East Illinois; Midland, TX 79701

432 570-3333

Open: Monday-Friday, 8am-5pm

Offers screenings and services to individuals suffering from mental illness. www.pbmhmr.com

Turning Point Program

2000 Maurice Rd.; Odessa, TX 79763

432 570-3333

Open: Monday-Friday, 8am-5pm

Detox and intensive residential treatment. Adults are assisted through detoxification, and then placed in a highly structured and supervised residential setting, designed for newly-recovering individuals. www.pbmhmr.com

Permian Basin Regional Council on Alcohol and Drug Abuse**Region 9 Prevention Resource Center**

120 E. 2nd Street; Odessa, TX 79763

432 580-5100

Open: Monday-Friday, 8am-5pm

Reduces the incidence and prevalence of substance addiction through education, training, coordination, program initiation and referral services. Provides outreach, screening, assessment and referrals for adults and youth who are dealing with substance use disorders <http://reg9prc.org>

Texas Department of State Health Svcs

1401 North Big Spring; Midland, TX 79705

432 571-4150

Free HIV and STD testing.