Medical Resources

as of February 2014

Houston, TX

Texas Department of Criminal Justice	What to do First
Unit Level	After release, the first thing you should do after calling your parole/
If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.	probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food
For information related to sexual abuse, please contact:	pantry and transportation.
Unit Level: Safe Prisons Coordinator/Staff Medical Services Mental Health Services Hotline: 1-800-799-SAFE (7233)	Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

ADAP Drug Assistance Program

(800) 255-1090

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

Emergency Homeless Services

Bread of Life 713 650-0595

1703 Gray Street; Houston, TX 77003 Day shelter with showers, laundry, meals, job training and more. Doors open at 6am, Monday-Friday.

Coalition for the Homeless 713 739-7514

Homeless information, referrals and crisis management available 24 hours a day, 7 days a week.

Houston Compass 713 229-8319 1212 Prairie St.; Houston, TX 77002

Haircut, toiletries, snacks, clothes, bus cards & assist with ID cost for homeless job seekers. M-F 9am-2pm.

Miriam's Hostel 713 224-1373 2009 Congress Street; Houston, TX 77002

Emergency shelter for women (located above Loaves & Fishes) offers showers, clothing and meals.

NeuroPsychiatric Center Helpline 713 970-7070

If you have an urgent mental health crisis, call the 24 hour NeuroPsychiatric Center located at Ben Taub Hospital. The NPC can serve anyone with an urgent psychiatric condition, call for information or support.

Salvation Army 713 224-2875 2407 N Main Street; Houston, TX 77009

Men's shelter, meals, showers, laundry and more.

SEARCH 713 739-7752 2505 Fannin Street; Houston, TX 77002

A one-stop shop for all individuals and families who are homeless. Offers street outreach and a day shelter with showers, laundry facilities, phone and mail services, breakfast, hot lunch and employment services. SEARCH also operates an accredited early childhood center. Open 8am-4pm, Monday-Friday.

Star of Hope 713 227-8900 1811 Ruiz Street; Houston, TX 77002

Men's shelter providing meals, showers, referrals and employment programs.

Agencies: Medical Clinics and Social Services

AccessHeath

400 Austin Street Richmond, TX 77469 HOURS: Hours vary by program (281) 342-4530, www.myaccesshealth.org Ext. 3149 or 3156

Case management & CPCDMS registration, gas cards, medical clinic, pharmacy, psychotherapy and referrals to dental care, eye care and other services. AccessHeath provides HIV primary care to residents of Ft Bend, Waller, Wharton, Austin & Colorado counties.

AIDS Foundation Houston

6260 Westpark Dr., #100; Houston, TX 77057 (713) 623-6796 www.aidshelp.org HOURS: Monday-Thursday, 9am-6pm BUS ROUTES: 47, 81, 132, 163

Get Started Program - help for newly released minority offenders, includes METRO bus pass; Free HIV & Syphilis testing; case management, food pantry, health education and permanent and transitional housing programs. AFH can also connect you to medical care, medication assistance, transportation and many other services. Appointment required, please call for more information.

Association for the Advancement of Mexican Americans (AAMA)

204 Clifton Street Houston, TX 77011	(713) 926-9491 www.aamainc.us
HOURS: Monday-Friday, 8am-5pm	BUS ROUTES: 50, 20

Minorities Action Program – substance abuse services, HIV, Hep C & TB testing, HIV related case management and also helps Spanish speaking individuals to access services. AAMA can connect you to medical care, transportation, housing and many other services. Also offers free GED, ESL and computer classes.

AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para parar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis. AAMA también ofrece clases gratuitas de ESL, GED y computador.

Bee Busy Wellness Center

 9898 Bissonnet, Suite 258 Houston, TX 77036
 (713) 771-2292
 www.mybbwc.org

 HOURS:
 Monday-Friday, 8:30am-5:30pm
 BUS ROUTES: 65, 68

Case management, chronic disease prevention and management, diabetic education, family planning, prenatal & postpartum care, health education - individual and group, HIV education "Lunch and Learn" classes, HIV, STD and TB testing, immunizations - adult and pediatric, medical clinic - adult and pediatric. Referrals given for dental care, eye exams, counseling and other needed services.

Bering Omega Community Services

1429 Hawthorne Houston, TX 77006 HOURS: Monday-Friday, 8am-5pm (713) 529-6071 www.beringomega.org BUS ROUTES: 81, 82

Care Center: for HIV+ adults that require nursing care during the day. Open 7am-5pm. 713 341-3750 **Dental Clinic**: full range of dental services. Intake on Monday & Friday, 9am-1pm. 713 341-3790

Housing Assistance: basic budget planning, resources and 1st months' rent and deposit assistance through HOPWA. 713 341-3767

Omega House: HIV hospice offering palliative care as well as psychosocial and bereavement services for the dying and their loved ones. Open 24 hours. 713 341-3783

Houston Area Community Services

2150 W. 18th Street, #300 Houston, TX 77008 HOURS: Monday-Friday, 9am-5pm

(713) 426-0027 www.hacstx.org BUS ROUTES: 48

Bus passes, medical case management & CPCDMS registration, HIV, STD and Hepatitis C testing, housing related services, medical clinic, well woman/well man & pediatrics, mental health counseling (individual, couple, group), outpatient substance abuse treatment, pharmacy and transgender program.

Legacy Community Health Services

1415 California St.; Houston, TX 77006 HOURS: Hours vary by program

BUS ROUTES: 42, 81, 82 Bus passes, Case Management & CPCDMS Registration, medication and insurance premium and

(832) 548-5100 www.legacycommunityhealth.org

co-pay assistance, health education & risk reduction services, HIV, STD & Hepatitis testing, dental and vision care medical clinic and pharmacy, mental health counseling, psychiatric services and women's clinic. Legacy has additional clinic locations. Call for more information.

Montrose Center

401 Branard St., 2nd Fl.; Houston, TX 77006 HOURS: Monday-Friday, 8am-7pm

(713) 529-0037 www.montrosecenter.org **BUS ROUTES: 78, 25**

Bus passes, case management & CPCDMS registration, education & prevention services, HIV testing, mental health counseling (individual, couple, family and group), outpatient substance abuse treatment and support groups.

St. Hope Foundation

www.offeringhope.org 6800 West Loop South, Ste 560; Bellaire, TX 77401 (713) 839-7111 HOURS: Monday-Thursday, 8am-5pm **BUS ROUTES: 2**

Bus passes and van transportation, dental and vision care, health education, HIV and STD testing and counseling, medical case management & CPCDMS registration, MSM educational groups, medical clinic including well woman care, mental health counseling and psychiatry, pharmacy, and service linkage. St. Hope has additional clinic locations. Call for more information.

SEARCH Homeless Services

2505 Fannin Street; Houston, TX 77002 HOURS: Monday-Friday, 8am-4pm

www.searchhomeless.org (713) 739-7752 BUS ROUTES: 1, 11, 9, 52, 78, light rail

A one-stop shop for all individuals and families who are homeless. Offers street outreach and a day shelter with showers, laundry facilities, phone and mail services, breakfast, hot lunch and employment services. SEARCH also operates an accredited early childhood development center.

TDCJ Parole Division Houston 01 Re-entry Center

4949 W. 34th Street, Suite 115; Houston, TX 77018 (713) 956-1478 HOURS: Monday-Friday, 7:30am-4pm **BUS ROUTES: 23, 50**

Education programs including anger management, cognitive skills, domestic violence, faith-based AA and NA groups, a clothes closet for men and women, job placement and job counseling services for parolees in Harris and the surrounding counties.

Thomas Street Health Center

2015 Thomas Street; Houston, TX 77009 HOURS: Monday-Friday, 7:30am-4pm

(713) 873-4000 BUS ROUTES: 9, 24, 37, 52

Medical Case Management & CPCDMS registration, access to clinical trials, health education, Hep C and HIV dual diagnosis treatment, HIV testing and counseling, medical clinic, specialty clinic and well woman care, pharmacy (ADAP and medication assistance) and psychiatry and support groups.

Harris Health System has additional locations, see your case manager for details.

Helpful Resources

2-1-1

www.211texas.org

Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need.

Dispute Resolution Center of Harris County 49 San Jacinto, Suite 220; 77002 www.co.harris.tx.us/drc/

Free mediation services to help resolve disputes out of court for matters such as landlord/tenant, consumer/ merchant, divorce and more for residents of Harris, Brazoria, Galveston or any county that does not have a Dispute Resolution Center. Does not provide legal advice or resolve criminal matters. Open Mon-Fri, 8a-5p.

City of Houston-HOPWA

713 868-8328

Housing Opportunities for Persons with AIDS: rent, mortgage and utility assistance. Call for a list of current service providers.

EMPLOYMENT ASSISTANCE:

Career and Recovery Resources	713 754-7000
Cypress Assistance Ministries	281 955-5895
Goodwill Job Connection Center	713 699-6320
Humble Area Assistance Ministries	281 446-3663
Memorial Assistance Ministries	713 468-4516
SER-Jobs for Progress	713 773-6000
Workforce Solutions	1-888-469-JOBS
	(5627)

Harris County Housing Resource Center 713 578-2055

Recorded info on housing and emergency assistance available 24/7 in English, Spanish and Vietnamese.

Houston Area Blue Book Resource Guide 713 572-3724 www.rwpcHouston.org

Please call the Ryan White Planning Council Office of Support to have a copy mailed to you for free.

Houston Community Voicemail

Please see your case manager for information.

Medicaid 800 252-8263 www.hhsc.state.tx.us/Medicaid/index.html Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

Medicare www.medicare.gov

800 633-4227

Information and assistance with Medicare.

METRO www.ridemetro.org

713 635-4000

Information about bus routes and schedules. Available M-F 6am-9pm, S-S 8am-8pm.

Michael E. DeBakey VA Medical Ctr 713 791-1414 www.houston.va.gov

Medical care for Veterans; bus passes available for patients of the HIV Clinic. Mon-Fri 8am-4:30pm; emergency room open 24 hours.

St. Luke's Liver Health Outreach 832 355-5119 6620 Main Street, Suite 1505; 77030

Free screenings Mon-Thurs, 9am-3pm (closed 12-1pm). If even one risk factor may apply to you, come by and get tested. Parking is free. 1-800-72-LIVER

Social Security

800 772-1213

www.ssa.gov

Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day.

Substance Abuse Treatment Support

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Alcoholics Anonymous	713 686-6300
Cocaine Anonymous	713 668-6822
Narcotics Anonymous	713 661-4200
Nat'l Drug & Alcohol Toll free Helpline	855 378-4734

TX Attorney General-Child Support 800 252-8014 www.oag.state.tx.us/cs/index.shtml

Assistance to establish paternity, establish, enforce and modify child support.

For assistance with visitation, call M-F, 1pm-7pm: 1-866-292-4636 or go to www.txaccess.org.

Texas Criminal Justice Coalition 512 441-8123 www.criminaljusticecoalition.org

Publishes an online Resource Guide (divided by geographic area) for people re-entering the world following incarceration.