

**FY 2020 Houston EMA Ryan White Part A/MAI Service Definition  
Medical Nutritional Therapy**

HRSA Service Category Title: <b>RWGA Only</b>	<b>Medical Nutritional Therapy</b>
Local Service Category Title:	<b>Medical Nutritional Therapy and Nutritional Supplements</b>
Budget Type: <b>RWGA Only</b>	<b>Hybrid</b>
Budget Requirements or Restrictions: <b>RWGA Only</b>	<p><b>Supplements:</b> An individual client may not exceed \$1,000.00 in supplements annually without <b>prior</b> approval by RWGA.</p> <p><b>Nutritional Therapy:</b> An individual nutritional education/counseling session lasting a minimum of 45 minutes. Provision of professional (licensed registered dietician) education/counseling concerning the therapeutic importance of foods and nutritional supplements that are beneficial to the wellness and improved health conditions of clients. Medically, it is expected that symptomatic or mildly symptomatic clients will be seen once every 12 weeks while clients with higher acuity will be seen once every 6 weeks.</p>
HRSA Service Category Definition: <b>RWGA Only</b>	<b>Medical nutrition therapy</b> is provided by a licensed registered dietician outside of a primary care visit <b>and may include the provision of nutritional supplements.</b>
Local Service Category Definition:	<p><b>Supplements:</b> Up to a 90-day supply at any given time, per client, of approved nutritional supplements that are listed on the Houston EMA/HSDA Nutritional Supplement Formulary. Nutritional counseling must be provided for each disbursement of nutritional supplements.</p> <p><b>Nutritional Therapy:</b> An individual nutritional education/counseling session lasting a minimum of 45 minutes. Provision of professional (licensed registered dietician) education/counseling concerning the therapeutic importance of foods and nutritional supplements that are beneficial to the wellness and improved health conditions of clients. Medically, it is expected that symptomatic or mildly symptomatic clients will be seen once every 12 weeks while clients with higher acuity will be seen once every 6 weeks. Services must be provided under written order from a state licensed medical provider (MD, DO or PA) with prescribing privileges and must be based on a written nutrition plan developed by a licensed registered dietician.</p>
Target Population (age, gender, geographic, race, ethnicity, etc.):	HIV/AIDS infected persons living within the Houston Eligible Metropolitan Area (EMA) or HIV Service Delivery Area (HSDA).
Services to be Provided:	<p><b>Supplements:</b> The provision of nutritional supplements to eligible clients with a written referral from a licensed physician or PA that specifies frequency, duration and amount and includes a written nutritional plan prepared by a licensed, registered dietician.</p> <p><b>Nutritional Supplement Disbursement Counseling</b> is a component of</p>

	<p><i>Medical Nutritional Therapy. Nutritional Supplement Disbursement Counseling</i> is a component of the disbursement transaction and is defined as the provision of information by a licensed registered dietitian about therapeutic nutritional and/or supplemental foods that are beneficial to the wellness and increased health condition of clients provided in conjunction with the disbursement of supplements. Services may be provided either through educational or counseling sessions. Also included in this service are follow up sessions with clients' Primary Care provider regarding the effectiveness of the supplements. The number of sessions for each client shall be determined by a written assessment conducted by the Licensed Dietitian but may not exceed twelve (12) sessions per client per contract year.</p> <p><b>Medical Nutritional Therapy:</b> Service must be provided under written order of a state licensed medical provider (MD, DO, PA) with prescribing privileges and must include a written plan developed by state licensed registered dietitian. Client must receive a full range of medical nutritional therapy services including, but not limited to, diet history and recall; estimation of nutrition intake; assessment of weight change; calculation of nutritional requirements related to specific medication regimes and disease status, meal preparation and selection suggestions; calorie counts; evaluation of clinically appropriate laboratory results; assessment of medication-nutrient interactions; and bio-impedance assessment. If patient evaluation indicates the need for interventions such as nutritional supplements, appetite stimulants, or treatment of underlying pathogens, the dietitian must share such findings with the patient's primary medical provider (MD, DO or PE) and provide recommendations. Clients needing additional nutritional resources will be referred to case management services as appropriate and/or local food banks.</p> <p>Provider must furnish information on this service category to at least the health care providers funded by Ryan White Parts A, B, C and D and TDSHS State Services.</p>
<p>Service Unit Definition(s): <b>RWGA Only</b></p>	<p><b>Supplements:</b> One (1) unit of service = a single visit wherein an eligible client receives allowable nutritional supplements (up to a 90 day supply) and nutritional counseling by a licensed dietitian as clinically indicated. A visit wherein the client receives counseling but no supplements is <u>not</u> a billable <u>disbursement transaction</u>.</p> <p><b>Medical Nutritional Therapy:</b> An individual nutritional counseling session lasting a minimum of 45 minutes.</p>
<p>Financial Eligibility:</p>	<p>Refer to the RWPC's approved <i>Financial Eligibility for Houston EMA/HSDA Services</i>.</p>
<p>Client Eligibility:</p>	<p><b>Nutritional Supplements:</b> HIV-infected and documentation that the client is actively enrolled in primary medical care.</p>

	<b>Medical Nutritional Therapy:</b> HIV-infected resident and documentation that the client is actively enrolled in primary medical care.
Agency Requirements:	None.
Staff Requirements:	The nutritional counseling services under this category must be provided by a licensed registered dietician. Dieticians must have a minimum of two (2) years experience providing nutritional assessment and counseling to PLWHA.
Special Requirements: <b>RWGA Only</b>	<p>Must comply with Houston EMA/HSDA Part A/B Standards of Care, HHS treatment guidelines and applicable HRSA/HAB HIV Clinical Performance Measures.</p> <p>Must comply with the Houston EMA/HSDA approved Medical Nutritional Therapy Formulary.</p>